



Area H Director Gerri Logan presents a \$10,000 cheque to Sylvia Bailey, President of Princeton Attainable Housing Society. They are joined by Tina Krause, Bob Hart, Nora Sutton, Murray Carter and Jim Short, all members of PAHS. See story below for details. - photo submitted

Council looks at water waste

The Town water supply has been a concern of Council from a variety of aspects for several years. The Town water expansion project, which will link the industrial park, East Princeton and the airport residential area is primed to go ahead in the near future.

Councillor Jim Manion recently attended a Water Management seminar. At the November 3 Town Council meeting, he discussed ground water management for quality of drinking water, along with water waste. Manion said Princeton wastes a lot of water in

the summer months. Even factoring in a 20 percent possible water leakage problem, Princeton uses 2.6 times the amount of water used by other communities in B.C.

Wasting water is not cost effective use of tax dollars, as the cost of pumping water increases dramatically in summer. In addition, the continuous flow of water requires increased amounts of chlorine added to the water, a further expense.

The Town will be looking at every possible way to save water, and money, in the coming year.

Magazine points to Similkameen

A cover story in the December issue of Harrowsmith Country Life magazine shouts: "Is rural real estate a good investment?" and features five locales with considering, including the Similkameen Valley.

The article refers to the Similkameen as 'a picturesque setting in the interior mountains of British Columbia' and uses the Similkameen River as a landmark to direct people to the area.

"By the time it meets the flow from the Tulameen at Princeton, the Similkameen is already a bone fide river, the focal point of a broad valley that can't fail to impress the eye."

The magazine goes on to describe the setting pointing to orchards, old mining towns and fruit stands all as features.

"It's a locale that would seem ripe for urban refugees, and to some extent, it is."

Although a realtor interviewed

for the article says there has been evidence of ex-city dwellers moving to the Similkameen, the point is made that this valley is attractive also because of its close proximity to the Okanagan.

"While the broader and longer valley just to the east is awash in cottage wineries, hobby ranches, lakeside condos and soaring real estate, the Similkameen isn't in quite the same league," the article adds.

In comparison, prices in the Similkameen are roughly 15 percent less than the Okanagan, yet the lifestyle afforded one in the Similkameen may be considered more to a prospective buyer than the hustle and bustle of city life experienced in many Okanagan communities.

The magazine goes on to list three examples of 'bargain' real estate in the Similkameen Valley. They include a five-acre property in Princeton listed at \$209,000 ("...seems a reasonable buy"), a heritage home in Hedley listed at \$370,000 ("...great character in a quaint setting, but anyone from anywhere other than BC might balk at the price") and a newer

custom-built home on an acreage in Keremeos listed at \$669,000 ("...price reflects proximity to the Okanagan").

In addition to providing other information of interest on the

Housing society receives \$\$\$

Princeton Attainable Housing Society (PAHS) announced late last week that they received a grant of \$10,000.00 from the Regional District Area H Special Projects Fund.

At the November 3 Town Council meeting, Council awarded \$700.00 to the Attainable Housing Society to bring in a guest speaker. She is Consultant Alice Sundberg of BC Housing and Community Development Services.

Sundberg will be retained for a

half day education and information gathering session. At this time, no date has been set.

"This grant (\$10,000) will help pay for a large portion of the entire feasibility and needs study," says PAHS President Sylvia Bailey.

"PAHS will be working at raising the balance needed during the next few months."

The \$10,000.00 cheque was presented to the PAHS by Area H Director Gerri Logan.

Society President Sylvia Bailey

specialized agriculture (fruit growing).

"Traditionally, this is an economically depressed area."

But at least the real estate is a great deal!

accepted the cheque on behalf of PAHS and was joined by 1st Vice President Tina Krause, 2nd Vice President Bob Hart, Secretary Nora Sutton, Treasurer Murray Carter and Director Jim Short.

"We would like to thank very much the Mayor and Town Council and Area H's Board of Directors for their assistance in starting this move forward to improve the Town of Princeton and surrounding areas citizens need for more safe and attainable housing," Bailey adds.

CARTER'S
Sudoku Challenge
PAGE 16 - IN YOUR TV GUIDE SECTION

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SCHOOL DISTRICT NO. 58 (NICOLA-SIMILKAMEEN)

CHANGE OF MEETING TIME



Please note that the Regular Meeting of the Board of Education will be as follows:
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starting at 6:00 PM.

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- 6. Accessible: www.gerrilogan.com

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Saturday, November 15th

8:00 AM - 8:00 PM, Princeton Legion Hall

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GERRI LOGAN

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Welcome to the
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& the Royal Canadian Legion Branch 58

Candidates for Area H Director in the November 15th election are, from left, incumbent Gerri Logan and challenger Brad Hope. Both spoke well during a recent all-candidates forum. *

Town receives cash

The Town of Princeton was the recipient of a lot of cash in October. First, the gas tax rebate, which is managed through the Union of BC Municipalities.

The Bridge of Dreams project received approval for \$95,000, Princeton Recycling Centre

Improvements and Solid Waste Update received approval for \$40,000, and Princeton Ground Water Management Planning received approval for \$59,000.

Terasen Gas franchise fees totalling \$60,318.24 were paid to the Town. Terasen pays three per-

cent of the gross revenues from the sale of natural gas in Princeton. This payment was for 2007.

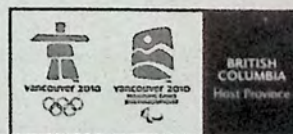
In essence, these tax rebates are initially charged to the consumer, then returned to the municipality as a source of revenue to the Town.



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Candidates for Councillor in the November 15th election include, from left, Ray Jarvis (incumbent), Rick Hudson, Solana Allison and Frank Armitage. *

Mayor learns of RCMP drug project

In the past, the RCMP in B.C. has focused its drug fighting efforts on major busts on drugs coming into Canada at seaports. In a meeting with an RCMP Deputy Commissioner, Mayor Randy McLean learned there is a new option under consideration for small towns.

Mayor McLean has learned that Princeton, like so many other small communities in B.C., may be able to access undercover RCMP officers to combat the drug trafficking problems in the community. The undercover officers work the local scene for some time without

making any arrests until they can make a clean sweep and arrest everyone involved in the drug trade. This technique worked in a northern B.C. community and resulted in the arrests of 50 people. Mayor McLean said he is hopeful Princeton will have access to this service in the near future.

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If you are voting for Mayor of Princeton, only pick ONE Candidate.

If you are voting for Councillors for the Town of Princeton, only pick FOUR Candidates.

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Mark your 'X' next to only ONE Candidate

CANDIDATE 1, Princeton.....
CANDIDATE 2, Princeton.....X

TOWN OF PRINCETON MAYOR
Mark your 'X' next to only ONE Candidate

CANDIDATE 1, Princeton.....
CANDIDATE 2, Princeton.....
CANDIDATE 3, Princeton.....
CANDIDATE 4, Princeton.....X

TOWN OF PRINCETON COUNCILLOR
Mark your 'X' next to only FOUR Candidates

CANDIDATE 1, Princeton.....
CANDIDATE 2, Princeton.....
CANDIDATE 3, Princeton.....
CANDIDATE 4, Princeton.....
CANDIDATE 5, Princeton.....X
CANDIDATE 6, Princeton.....
CANDIDATE 7, Princeton.....
CANDIDATE 8, Princeton.....
CANDIDATE 7, Princeton.....
CANDIDATE 8, Princeton.....
CANDIDATE 9, Princeton.....
CANDIDATE 10, Princeton.....X
CANDIDATE 11, Princeton.....X
CANDIDATE 12, Princeton.....X
CANDIDATE 13, Princeton.....
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CANDIDATE 15, Princeton.....
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keremeos and area news

The new Keremeos sign was a target during Halloween. Damage was minimal to the back of the sign. *

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News Leader**
226A Bridge StreetPhone: (250) 295-4149
Fax: (250) 295-4103**Village issues meeting highlights**

The following 'media highlights' were issued by the Village of Keremeos from their November 3rd regular council meeting:

It was noted that there was some vandalism on Halloween night in the Village, including some graffiti on the back of the new welcome sign, and on a privately owned fence. There was also damage to a deck area at a residence, caused by fireworks.

It was noted that a draft of the Village's road network study had been received, and it was Council's opinion that the study is not satisfactory and needs more information before a public input session can be arranged.

Several recommendations from the Committee of the Whole meeting held on October 27th were brought forward to Council and were ratified. They include:

- 1) A letter will be written to School District No. 53 asking for their input, by February 2009, regarding the types of trees they would like to have planted at the edge of their property adjacent to 2nd Avenue to replace the trees that were removed in 2006 by Village staff from the Village's 2nd Avenue road right-of-way, adjacent to the School's property.
- 2) A letter will be written to the Public Health Department of the Interior Health Authority asking them to define the impact material that will be acceptable for the Pine Park playground and to certify, in writing, that the material will be acceptable.
- 3) A letter will be written to the Public Health Department of the Interior Health Authority asking them to define the material that

will be acceptable for the Memorial Park playground and to certify such in writing.

4) Staff will contact a local cleaning service to perform a thorough cleaning of the Victory Hall heating ducts, false ceiling panels and other areas that have had recent mice contamination, at a cost of \$20.00 per hour.

5) Council agreed to proceed with the installation of two speed humps on 9th Street and one on 2nd Avenue near the corner of 2nd Avenue and 9th Street - this route is well-travelled by vehicles going to and from the school, and is used by many pedestrians, particularly students.

6) The Village's engineers will be asked to provide a cost and timeline estimate for engineering and installation of a sewer line from the property at 435 Highway 3A through the walkway at the north end of Innis Place to possibly take advantage of the timing of the excavation and water line installation being done by the Keremeos Irrigation District in that location.

7) Staff will be drafting a mobile home park re-development policy based on the provisions outlined in a report received by the Committee of the Whole on October 27th, and closely matching the policies of Penticton and other BC municipalities.

Council discussed providing an opportunity for the public to give input into the design of Memorial Park utilizing the Village's Spirit Squares Grant. A date of Monday, November 24, 2008 starting at 6:30 PM was scheduled for a Public Input Workshop to be held at the Victory Hall to discuss ideas

and obtain input from the community about the future of Memorial Park.

It was confirmed by Councillor Evans, the Village's liaison to the Recreation Commission, that the Commission does not want to lose the use of the 'wading pool' beside the swimming pool in Memorial Park. The wading pool is not filled with water but is used for pre-swimming lesson discussions with students.

Council supported an application for \$3,000.00 from the UBCM that will be administered by Similkameen Country to continue to pursue Agri-Tourism initiatives in the Similkameen Valley.

Council received the third-quarter budget variance report which estimates a budget surplus for 2008 to be approximately \$92,000.

Council adopted the following bylaws:

- 1) Financial Plan Amendment
- 2) Bylaw to impose Parcel Taxes on properties that will benefit from sewer service adjacent to the new 48 lot subdivision on 2nd Avenue (K-View Estates).
- 3) Bylaw to imposed Parcel Taxes on properties that are benefitting or will benefit from sewer service in the Upper Bench Phases I and II sewer area.

Council briefly discussed the Sewer User Fee Amendment Bylaw that would impose a \$300.00 per year sewer user fee on mobile homes in mobile home parks within the Village. Consideration of the bylaw was deferred until additional discussions take place with Council and staff.

- submitted

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Can you help Keremeos RCMP?

Keremeos RCMP are requesting the public's assistance from a report of a suspicious incident on October 23rd, 2007.

"An object in the sky was seen by a witness in Keremeos that seemed to have fallen in the Orifino Mountain area/Fairview Road near Cawston on October 27, 2007," says RCMP spokesman Cst. Myrl Stus.

"Information received at that time was passed on to Victoria's Rescue Centre by RCMP and another witness was found to be in Penticton who reported a plane that seemed to be in trouble over the reserve land along Highway 97 earlier the same day."

A massive search was implemented in the interior of the province near Kamloops and included the area from Merritt to Spences Bridge for pilot Ron Boychuk who was reported missing after failing to show up in Qualicum Beach on October 24, 2007.

"Although the information by witnesses in the Penticton/Keremeos area was passed on to the Search Centre, it was assessed that the

flight path would have been too far south to be Boychuk's plane," Cst. Stus explains.

The search for Ron Boychuk was called off and turned into a RCMP missing person investigation.

On November 1st, 2008, Ron Boychuk's two sons arrived in Penticton and rented a helicopter at their own expense and flew over the area of interest looking for debris or clues based on the witnesses information. Unfortunately they found nothing.

"The Boychuks have spent countless hours searching for their father on the ground and in the air, all at their own expense on their own time," Cst. Stus adds.

If anyone in the Keremeos, Cawston, Fairview Valley area remembers seeing anything unusual from October last year, they are asked to contact the Keremeos RCMP Detachment at (250) 499-5511.

There is also a website located at helpfindronboychuk.tripod.com which details information gathered to date and provides for the sharing of additional information via e-mail.

Elect for Councillor

Douglas Rebagliati



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Vision

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- Push for more recreation choices for youth
- Is against coal bed methane
- Will work to protect natural areas and historic sites
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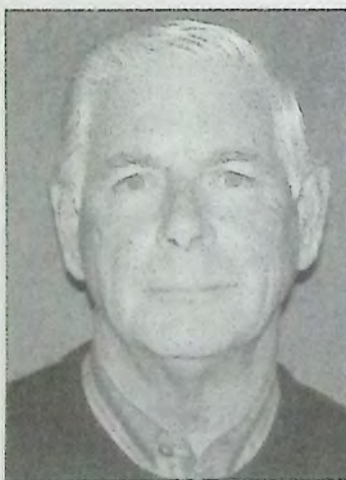


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news leader health and lifestyle page

Dealing with depression: Tailoring treatment

(NC)—The popular first line of defence for people suffering from depression are anti-depressant drugs. In fact, with some 6% of Canadians taking antidepressants, it's become the mental health version of the old cliché "Take two aspirins and call me in the morning."

But new research is challenging this approach. When it comes to treating depression, one size just doesn't fit all, says Dr. Scott Patten, a psychiatrist and professor at the University of Calgary.

"The health system needs to deliver a spectrum of treatments that includes a range of options," he says.

It's estimated that the number of people with clinical depression being treated with antidepressants soared from 15-20% in the early nineties to 50% today. "For physicians, who are the largest prescribers of antidepressants, they're the preferred treatment because they require less time and less specialized training."

But Patten argues it's time to move

to the next level in terms of the sophistication of how we treat depression. "There are a lot of areas where fine-tuning needs to be done, areas where Canada is falling behind other countries."

Using data from Statistics Canada, pharmaceutical companies and his own surveys in Alberta, Patten has found that the frequency, severity, and duration of depression varies greatly, as does the response to different treatments.

For example, his work, supported by the Canadian Institutes of Health Research, suggests that if you get depressed tomorrow, you have quite a high probability of recovering in a few weeks. "This means some people who come down with depression might not need any treatment, because it will soon go away on its own."

But, with each passing week you remain depressed, your chances of recovering without treatment typically get smaller and smaller. Even then, those with milder and shorter episodes of depression may often need short-term psychological ori-

entation rather than pharmaceuticals, he says.

At the other end of the spectrum are people with severe ongoing depression. For these patients, he argues, the medical community should be taking a longer-term, team approach. If antidepressants are prescribed and the depression subsides or disappears, it shouldn't be the end of treatment. Instead, severe depression should be treated in much the same way diabetes or hypertension are. "There should be a more proactive disease management strategy where a team follows people closely and optimizes their individual treatment," he says.

Patten adds specific advice for family doctors. "If I was a family doctor, I might need to expand my primary care network to make sure I can get good, quick access to short-term psychotherapy, have lots of information and resources I can give to people with early and mild depression, and have good referral connections for those with more severe forms that need more proactive ongoing management."

living past 100

Vitamins can be different

This winter you are going to hear a lot about the importance of Vitamin D supplements on a daily basis, but what about the other vitamins?

There was a time, in the not too distant past, when doctors assured their patients that a well-balanced diet was all they would need to stay healthy. Research into vitamin therapy and aging have brought about a change in the attitude of the medical profession. During the past 20 years, more research has been done on vitamins than was done in the previous 50 years. Along with research into vitamins, there has been increased research into minerals and the effects of minerals on body systems.

All of this research can be bewildering to the average person, and even to a pharmacist or physician. Each time new research is done, it may cause an alteration in recommendations of dosages and combinations of dosages. Keeping abreast of the latest developments is a major challenge.

Bioavailability is a key factor in much of the research done today. Bioavailability means your body can absorb it. For example, researchers discovered that plain old calcium, as an element, is less digestible than chelated calcium, meaning calcium that comes from a plant or animal source and has, in a sense, been pre-digested. Other vitamins and minerals may be very well absorbed, and may build up in the body to the point of "too much". Iron is a good example of "too much" and most multivitamins today are iron-free.

There is ongoing discussion about whether any vitamin and mineral supplement should be in tablet, capsule or liquid form. Some medical professionals believe it makes no difference, while others believe capsules or liquids are better, because they are more digestible and therefore better absorbed into the body.

The point of this discussion is to determine whether some vitamin supplements may be useless to some people. After all, what is the point of taking a supplement if you cannot digest it and therefore it is doing no good?

There are differences from person to person in the amount of stomach acid and digestive enzymes. Factors such as age (very young or elderly), illness, and medications can alter the body's ability to digest and absorb vitamin tablets, and these people probably should be taking liquid supplements. Liquid supplements are easier to swallow, so anyone with difficulty swallowing tablets or capsules may prefer liquid supplements.

Vitamin and mineral supplements do make a difference to health, but you need to think carefully about which supplements are the best for you.

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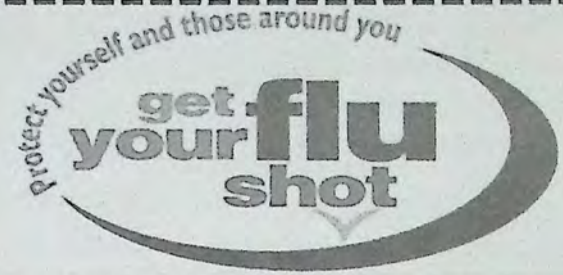


Candidates for Councillor in the November 15th election include, from left, Douglas Rebagliati, Jim Bernard, Kim Maynard and John Babiak. *

Council talks to developer

Mayor Randy McLean announced, at the November 3 Town Council meeting, that Council has had discussions with a developer interested in Princeton. Privacy legislation prevents Council from revealing any details of discussions which involve land and/or property negotiations until a deal has been made. However, Mayor McLean did add that Council and the developer did discuss all kinds of housing, including affordable housing.

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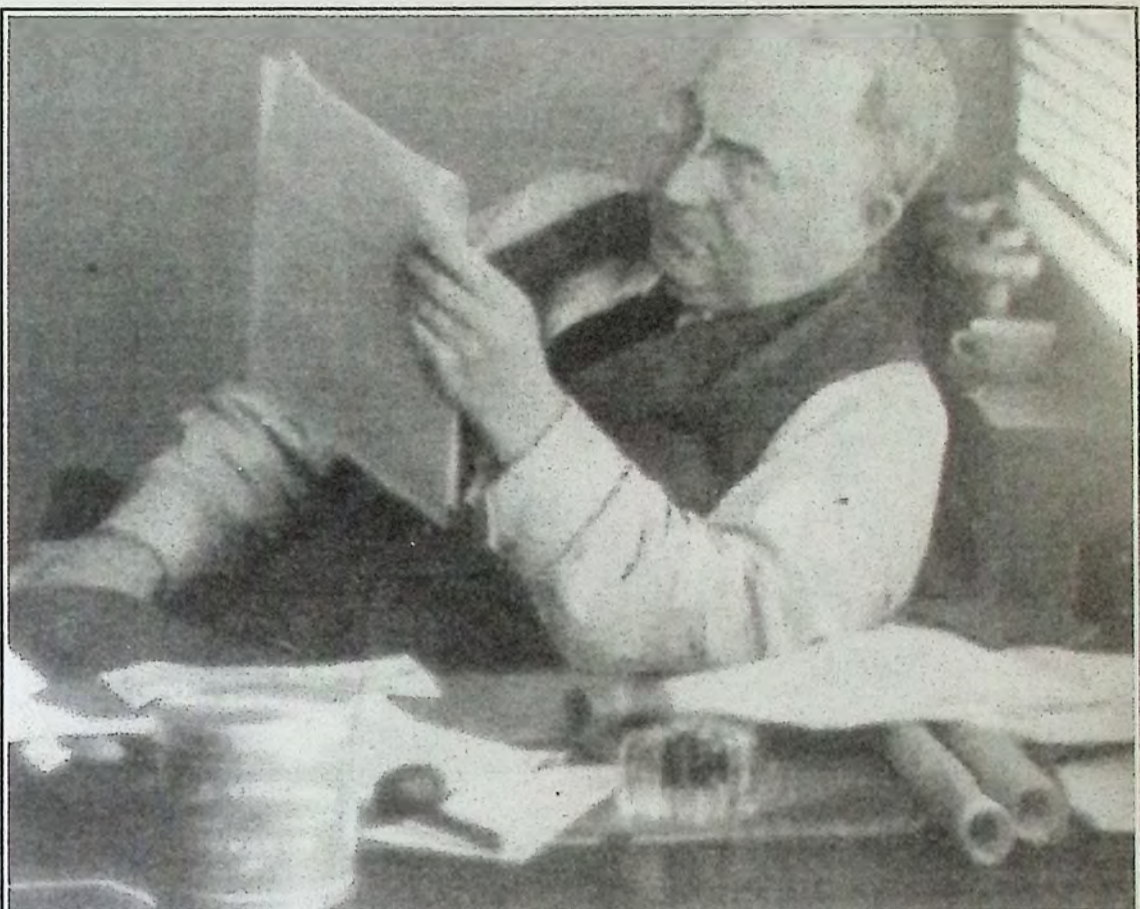


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Major Matthews at work in the archives, 1941. - photo submitted

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Published by: Similkameen News Leader

by Nick Mills, Princeton Museum & Archives

Major J. S. Matthews, adventurer, innovator and first archivist of the City of Vancouver, was born September 7th, 1878, in Wales.

After graduating from grammar school in Auckland, New Zealand, he worked as a timber clerk. In 1898 he sailed for the United States to 'make his fortune.' After arriving in San Francisco, Matthews moved north along the west coast, staying briefly in Tacoma, Seattle and Victoria where he was joined by his fiancée Valentia Maud Boscawen who had recently arrived from New Zealand. They went to Vancouver and immediately fell in love with the City and its surroundings and elected to make it their home.

Imperial Oil was the first oil company in British Columbia and Matthews' work for the pioneering firm, starting in 1899, was to

last for twenty years. His work for Imperial was to include clerk, travelling salesman and manager of various aspects of their Provincial operation.

The Matthews family doubled in 1900 with the arrival of twins, James and Herbert and the next year their third son, Hugh, was born. In 1902 Matthews fell ill with typhoid and was confined to Vancouver General Hospital for three months. There he met the woman who years later would become his second wife.

After recovering, Matthews was frequently out of town because of his work for Imperial Oil, or on militia duty during the miners' strike of 1913 in Nanaimo. He had joined a local militia unit in 1903, but when the 1914 war broke out he was transferred to the regular armed forces, serving in Europe from February 1916 until May 1918. Matthews led the first and second waves of a trench attack near Ypres, becoming something of a hero.

It was while in hospital in London recovering from war wounds that he conceived a method of compressing paraffin wax and sawdust into walnut-sized pellets, which could be ignited and give off enough heat to boil a quart of water, calling them 'Fire Cubes.' Army Commanders were impressed with the product, but with the end of conflict in 1918 interest waned. Matthews also served as the deputy returning officer in Belgium during the Canadian Federal Election of 1917.

Matthews returned to Vancouver

in 1918 to an estranged wife, but before their divorce he was able to persuade Maud to accompany him on a tour for the Federal Government to promote the sale of Liberty Bonds. Two years later, now free, he married Emily Edwards, his nurse of nearly twenty years earlier. She is credited as the co-founder of the City of Vancouver Archives, but little is known about her.

After the War Matthews began his own business as a scow-owner and tug boat operator, taking in his younger son, Hugh, as a partner. Two years later Hugh was killed in an elevator accident. In 1924 Matthews closed the business, briefly managed Canada Western Cordage, then retired.

With his working days at an end, Matthews began to devote himself to collecting and recording Vancouver history. He ran unsuccessfully for the Park Board in 1927 and 1928, when he was also Director of the Arts, Historical and Scientific Society - the predecessor to Vancouver Museum.

After filling every available space in their Kits Point home with city memorabilia, Matthews obtained space in the attic of City Hall - a room that came to be called the Deserted Chamber. There in the early days of the Vancouver City Archives, he worked in a room that was cold, dark and dirty; he called it a disgrace and enlisted the support of public figures for a better location.

In 1933 the archives moved to continued on Page 26

IMPORTANT NOTICE
From Alex Atamanenko
your Federal Member of Parliament

Do you need help with a passport?
Do you have a problem with a federal government service or issue?

Meet with M.P. Constituency Staff
Thursday, November 27 &
Thursday, December 11

► **In Keremeos, 9:00 am to 11:00 am**
Village Council Chambers (702- 4th Street)

► **In Princeton, 1:00 pm to 4:00 pm**
Princeton Community Skills Centre, 206 Vermilion

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ELECT Marilyn Harkness



WHY?

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Councillor - Town of Princeton

PAID FOR BY THE COMMITTEE TO ELECT MARILYN HARKNESS



Candidates for Councillor in the November 15th election include, from left, Jason Earle, Dina Slowikowski-Campbell, Tom Guerster and Darrell Dobie. *

Theatre opens to movies

Princeton Recreation is negotiating a deal to have movies shown at the new theatre facility at Riverside Centre. Nadine McEwen attended the November 3 Town Council meeting to explain how the deal will work.

For \$1,200.00 a year, Princeton Recreation can bring movies to Princeton twice a month, to be

shown at the new Riverside Performing Arts Centre. The movies are fairly up to date, shown three months before being released in video stores. The movies are not free, and admission will be charged.

The quality of sound will be up to the standard of a regular movie theatre, as the new sound system in

the Performing Arts Centre was installed to accommodate many forms of theatre productions.

Town Council was pleased with the news. Mayor McLean noted that young people have wished for a movie theatre for years.

"This is great!" Mayor McLean said. "It's been a long time coming."

First show is expected next month. McEwen added that the fall recreation program involves many more things for adults this year. She is preparing for the winter leisure guide, and advised the deadline for submissions is November 15.

She hopes groups planning recreational activities for the first quarter of 2009 will get in touch with her. She will have the new guide on the street in January.

Racing Days elects new board

Princeton Racing Days elected a new Board of Directors to serve in 2009.

John Bey was returned as President, with John Draper as Vice-President, Sandy Kinsey as

Treasurer and Carol Ruoss as Secretary.

Directors are Brian Anderson, Barry Fraser, Sandy Gabor, Abe Willis, Tom Wolski and Kim Laughlin.

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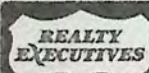


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Candidates for Councillor in the November 15th election include, from left, Jon Bartlett, Bob Hart, Marilyn Harkness and Randall Gibson. *

Students plan local radio

Students at Princeton Secondary School are involved in a project they chose as part of the Youth Community Building Strategy. They attended the November 3 meeting of Town Council to outline their planning process. Several students were introduced by Shauna Hassell, adult project leader hired by BC Healthy Living Alliance, which funds these pro-

jects. Hassell explained how the students had met in September to assess what they see as the needs of youth in the community. They decided a radio station to promote youth activities participation would be the best thing for their community. The students want to make Princeton "less boring" for youth, and they want to promote healthy living through a healthy snacks program, physical activity, recre-

ation and tobacco reduction. Councillor Ray Jarvis commented, "It's a heck of a good project. It would really help young people." Mayor Randy McLean praised them for setting a time line for action. He said it is easy to just sit around and talk, and he was pleased to learn they have goals and are not just talking. The group received a lot of compliments from Council and encouragement to continue.

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YOUR TOWN

OUR TOWN



AND HELP ME SECURE OUR FUTURE

MANION, Jim

X

PAID FOR BY THE COMMITTEE TO ELECT JIM MANION

weekly entertainment guide

TUESDAY, NOVEMBER 11, 2008 THROUGH MONDAY, NOVEMBER 17, 2008



Princeton Posse played their first home game in their new jerseys November 8th against Nelson. *

Posse take top team into overtime

When the number one team in the league comes to town, people take notice and November 8th was no exception when Valley First Princeton Posse hosted Nelson Leafs.

Both teams had come off of successful wins on the road the previous night (Princeton 4-2 in Summerland; Nelson 2-1 in Kamloops) and were set for an incredible match.

Aside from some fancy stick work by the home team, the most impressive part of the game was the amazing goaltending of Princeton's Michael Garteig who snatched flying pucks in mid-air, prevented rebounds and instinctively stopped blocked shots and shots fired into traffic. Garteig's spidey senses must have been tingling through the entire game based on his lightning fast moves.

Unfortunately, the rest of the team appeared disoriented at times, possibly due to the fact that they were wearing their brand new home jerseys for the first time this season.

There were some great set-ups, some fancy drop passes behind and through legs, plenty of passes sent off boards, but for some reason, the plays did not gel well for Princeton.

Regardless, they did light up the continued on next page

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FINANCIAL FOCUS

How To Respond To A Market Downturn

With major events affecting global stock markets throughout 2008 - from the dramatic rise and fall of commodity prices to troubles in the US financial sector - many investors are feeling uneasy and perhaps even tempted to take drastic action - like selling all of their holdings.

That type of emotional reaction is certainly understandable, but it's important to take a step back and appreciate the big picture before doing anything hastily. As a starting point, you might find it worthwhile to revisit your long-term financial goals and recognize that they need not be jeopardized by any short-term losses you may have experienced. Here are a few specific ideas you may want to consider when faced with the challenge of market declines:

- Stick to your investment strategy. It's almost always a bad idea to make long-term investment decisions in response to short-term market fluctuations. If you have built a diversified portfolio of quality investments, you're probably better off just "staying the course" during a market decline. (Keep in mind, though, that diversification, by itself, cannot guarantee a profit or protect against loss.) If these investments were suitable for you before a market drop, they are likely to still be appropriate now. Of course, at the same time, also remember that changes may be needed to keep your portfolio balanced. Accordingly, it's generally a good idea to use the changed market conditions as a catalyst for conducting a comprehensive portfolio review and to re-balance as required so you can maintain an appropriate level of diversification.

- Don't try to "time" the market. It would be great if you could know when the market had reached its low or high points, or which days would be "losers" and which ones "winners." If you had that foresight, you could always jump in and jump out of the market at the right times. Unfortunately, no one can make those predictions with any accuracy. And those people who do try to "time" the market in this manner often end up jumping out at the wrong times and missing both short- and long-term market rallies. In fact, they can end up buying high and selling low - the exact opposite of what long-term investors are generally trying to do. In short, remember that by staying invested through market ups and downs, you can make progress toward your long-term goals.

- Look for buying opportunities. By definition, a market decline means that stock prices are lower - which means you may find some good buying opportunities. Of course, you'll want to know if the stock's price is low because of the effects of a broad-based market decline or because of other factors specific to the stock, such as poor management, non-competitive products or a decline in the industry to which it belongs.

No one likes to see big declines in the stock market. But if you're a long-term investor and have a portfolio that is managed to fit your risk tolerance, you'll be in a much better position to withstand market drops - and well prepared for the potential recovery.

Speak to your financial advisor to ensure you have an appropriate long-term investment strategy suited to your particular needs and risk tolerance.

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I INTEND TO BE A FORCEFUL SPOKESMAN FOR HOUSING - HEALTH CARE AND THE HOSPITAL

PAID FOR BY THE COMMITTEE TO RE-ELECT RAY JARVIS

..... continued from Page 11
scoreboard first at 12:34 with a goal by Kyle L'Arrivee, assisted by Kieran Friesen.

Princeton's second goal came from a mistake made by Nelson goalie Peter Alexander who tried to pass the puck to one of his teammates just in front of the goal crease when Princeton's Nick Cecconi zipped in, took the puck off the goalie's stick and flipped it high and into the net. Kyle L'Arrivee received an assist on the short-handed goal.

Nelson fired back in the second period scoring their first goal of the contest at 18:36 on the power play.

Princeton responded with a power play goal of their own at 14:41 (Matt Chomyc from Spencer Brooks and Kyle L'Arrivee).

Nelson bounced back scoring at 13:16.

Play by this time was back and forth with shots fired, and misfired by both teams.

Princeton widened their lead at 7:04 (Derrick DeLisser from Spencer Brooks) but Nelson was not done and scored two quick power play goals at 5:49 and 4:32 to tie the game at 4-all. In total, six goals were scored in the second period and although the stats sheet says differently, neither team was able to over power the other.

In the third period, Princeton broke the tie at 14:22 (Nick Cecconi from Brody Brewster) and Nelson responded at 11:41 to bring the score to 5-all.

The final 9-minutes of the game was still the same as the rest of the game, drop passes, long shots and missed chances on both ends of the rink, which forced an overtime period.

In the extra five-minute frame, neither team was able to put it together enough to score the winning goal and as it was shaping up to head into a shoot-out to decide the winner, Nelson's Kai Bauman got enough of his stick on the puck while Princeton's Michael Garteig's spidey senses were reacting to the original shot on goal to break the tie with only .3 of a second left.

The home team deserves credit for pushing the top team in the league into an overtime game, and for keeping cool heads throughout the match. Princeton collected only eight penalties (all minors) totaling 16-minutes with Nelson adding only six minors worth 12-minutes to their team total.

Final score: Nelson 6, Princeton 5 OT. Shots on goal: both teams tied at 65.

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The Town We All Call Home

The managing of the Town of Princeton is without a doubt a business but it is also a community with moms and dads and sons and daughters and grandpas and grandmas who all want to be looked after and cared for by the elected officials they put their faith in. They want a community that will offer health care when they are very sick, and education that will prepare their children for their future. They want meaningful well paying jobs that their kids can find right here in our own town. They want recreational and cultural exposure. They want grocery and retail shopping with a wide variety of quality choices and reasonable prices in a pleasant environment. They want a movie theatre and an aquatic centre if we can afford it and a whole range of activities for their children that keep them busy. They want a community where our children's children can enjoy the same healthy environment that we did as young people in Princeton.

They want to go to sleep at night knowing their grandmas and grandpas are content in their homes and will be able to access housekeeping, home repair and gardening services and stay in their houses as long as they want. They want a farmers market with local produce together with street shopping in a charming downtown where moms can wheel their babies down a street filled with barrels of flowers and historic pictures.

That is the town I see when I lay my head down on a pillow after all-day meetings trying to make it all come true. That is the town I see when I'm talking to community volunteers who are making it happen. That is the town I see when I am asking people to believe in me when they get behind that curtain on Election Day. Trust me when I say that we have the tools, we have the spirit and if you will elect councillors that will bring enthusiasm, that will bring inspiration, that will bring a willingness to work hard, we will make "the town we all call home" a reality.

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TUESDAY, NOVEMBER 11, 2008

	WTBS (3)	CHBC (4)	KNOW (5)	KSPS (6)	KHQ (7)	KREM (8)	A&E (9)	KXLY (10)	BCTV (11)	CITY (12)	CBC (13)	YTV (18)	TSN (19)	VTV (22)	DISC (24)	FAM (26)	CITY (29)	SPIKE (44)	TROP (45)
6 AM	Jeffersons	News (N)	(6:12)	Thomas	News (N)	News (N)	The Sopranos	News	(5:30) News (N)	(4:30) News (N)	CBC News: Morning (N)	Being Ian Gross	SportsCentre	Canada AM	Daily Planet	Henry's King	CityLine	Unsolved Mysteries (N)	F/X: The Series
6:30 AM	Jeffersons	Christine	George S.	Lions															
7 AM	In the Heat of the Night	Room	Martha	Arthur (EI)	Today David Archuleta;	The Early Show (N)	American Justice	Good Morning America (N)			Poko	Hawks	SportsCentre		To Be Announced	(6:56) Phineas	The Tyra Banks Show	CSI: NY "Boo"	The Outer Limits
7:30 AM		That News	Dora	Martha							Animal	Monster							
8 AM	Cosby	Ad Pers	Hi-5	Curious	Anthony Edwards;		Cold Case Files		100 Huntley Street (N)		Bo On Go	Pokemon	SportsCentre	Canada's Worst Driver	Weekend K. Possible	Rachael Ray	Married... Married...	North of 60	
8:30 AM	Cosby	What	Bus	Sid	Peter						Busytown	Flamingo							
9 AM	Fam. Feud	Three Takes	Berenstain	Super Why!	Greenberg; Seal. (N)	The 700 Club	Cold Case Files	Regis and Kelly	100 Huntley Street (N)	World Vision	Super Why!	Timothy	Off-Record	Regis and Kelly	Daily Planet	Feet	News (N)	Married...	Soap
9:30 AM	Fam. Feud		Clifford	Clifford							Gofrette	George S.	Fishing			Tigger	City	Married...	What
10 AM	Trivial	The Mom Show	Noonbory	Sesame Street (EI)		The Price Is Right (N)	CSI: Miami "Hard Time"	The View (N)	World Vision	Debt Part House	CBC News: Special (Same-day Tape)	Eryk Perky	ATP Tennis: Masters Cup - Early Round. From Shanghai, China. (Taped)	The View (N)	Mayday	Mickey Movers	The O.C. "The Swells"	Unsolved Mysteries	Survivor: Marquesas
10:30 AM			(10:35)								Jane	Care Bears		Least We Forget	Destroyed	Benj Bear (11:25) King	The Bonnie Hunt Show	Unsolved Mysteries	Deal No
11 AM	Steve H. Harvey	Dinner Designer	Rolle Polle	Dragon	Ellen DeGeneres Show	Young and the Restless	Crossing Jordan	Bootcamp Paid Prog.	Debbie Travis' Facelift	(10:59) News (N)		Jacob	Round. From Shanghai, China.		Destroyed	Weekend	CityLine	CSI: Crime Scn	Seinfeld
11:30 AM											SpongeBob	China. (Taped)		etalk	Sport Science				
12 PM	Fresh Pr.	News (N)	(12:13)	Charlie Rose	Paid Prog.	News (N)	The Sopranos	All My Children (N)	News (N)	Days of our Lives (N)	CBC News: Today (N)			etalk	Sport Science	Weekend			Seinfeld
12:30 PM	Fresh Pr.	Design U	(12:36)		Paid Prog.	Bold & B.					Grossology			Bold & B.					Seinfeld
1 PM	Still Stud	Home to Buy Me	Maggie	Painting	Days of our Lives (N)	As the World Turns (N)	American Justice	One Life to Live (N)	As the World Turns (N)	As the World Turns (N)	Martha Stewart	Dewitt Ruby	Timber	Sue Thomas: F.B.Eye	Canada's Worst Driver	Dragon Emperor	ER	Unsolved Mysteries (N)	King
1:30 PM	Still Stud	Buy Me	Daniel	Quilting															King
2 PM	King	Guiding Light (N)	(2:05)	Barney	Raymond	Guiding Light (N)	Cold Case Files	General Hospital (N)	Young and the Restless	The Doctors	Steven and Chris	Viva Pinata	Horn	General Hospital (N)	MythBusters	(1:54) K. Possible	News	Unsolved Mysteries	King
2:30 PM	King	Light (N)	BluesClues	WordWorld	Millionaire							Jib Jab	Interruptio						Family Guy
3 PM	Seinfeld	Whose Wedding Is It?	(3:04)	Big World	Judge	Dr. Phil	Cold Case Files	Rachael Ray	The Doctors	Young and the Restless	Living Food	Being Ian	Off-Record	Dr. Phil	Ult Cars	Replace	News (N)	CSI: NY	Soap
3:30 PM	Friends	Wedding Is It?	Zoboomafo o (DVS)	WordGirl	Judge							Pokemon	Sports		Ult Cars	Emperor			Big Screen
4 PM	Payne	Debt Part	Paddington	Fetch! Ruff	Judge J.	Oprah Winfrey	CSI: Miami "Hard Time"	Inside Deal No	Oprah Winfrey	(3:59) News	Fashion	SpongeBob	NHL Hockey: Ottawa Senators at Montreal Canadiens.	Ellen DeGeneres Show	Daily Planet	Proud (4:36)	Law & Order: SVU	CSI: NY "Boo"	Beverly Hills, 90210
4:30 PM	Payne	Deal No	George S.	Cyberchas	Judge J.						Global	Mercer	OddParent						
5 PM	Movie: "Long Kiss Goodnight"	News (N)	Martha	BBC News	News (N)	News (N)	The First 48	News	News (N)	(4:59) News (N)	Simpsons	OddParent	Senators at Montreal Canadiens.		How-Made	Suite Life	Rita Rocks	CSI: Crime Scn	Soap
5:30 PM			(5:37)	Business	NBC News	CBS News		ABC News	Global		Fortune	SpongeBob		How-Made	Montana		Rita Rocks		What
6 PM	Geena Davis. (1996)	Global News	Mechanics	News-Lehrer	News (N)	News (N)	The First 48	News	News (N)	ET Canada	News	Drake		News (N)	Destroyed	Zoey 101	Privileged (N)	UFC Unleashed	Family Guy
6:30 PM			Nationals		Millionaire	Hollywood				Entertain		Carly	Sports		Destroyed	Life Derek			Seinfeld
7 PM	Family Guy	The Insider	Eden	Jopardy!	The Doctors	Rookies	Entertain	Entertain	90210 (N)	Coronatn	Malcolm Jeopardy!	Home Imp.	2008 World Series of Poker (Taped)	etalk	Mighty Ships "Becruz"	Wizards So Raven	Chris Friends	Ultimate Knockouts 5	Seinfeld
7:30 PM				Fortune										Hollywood					King
8 PM	Family Guy	The Biggest Loser: Families (N)	Wild!	Wild!	The Biggest Loser: Families (N)	NCIS (N)	Jacked	Dancing With the Stars	House "The Itch" (N)	House "The Itch" (N)	Mercer	Malcolm Sabrina		Law & Order (N)	Daily Planet	Suite Life	News (N)	MANswers	Family Guy
8:30 PM	Seinfeld															Sadie	(8:35) News	MANswers	Married...
9 PM	Movie: "Long Kiss Goodnight"	The Best Years	Billy Bang's Redemption Song	Law & Order: SVU	Without a Trace (N)	The First 48	(10:02) Eli Stone (N)	Kitchen Nightmares (N)	News Hour Final (N)	National	Mystery	Adrenaline		Law & Order: SVU	Mighty Ships "Becruz"	School Cory	Judge EP Daily	Star Trek: Voyager	Married...
9:30 PM				NW Prof.															King
10 PM	Montel W.	Guy Stuff	Hardwood	Charlie Rose (N)	Tonight	Late Show				Entertain	(11:05) The Hour	Mystery	SportsCentre (Live)	News (N)	How-Made	Suite Life	News	Deep Space 9	King
10:30 PM										ET Canada		Ghost		News (N)	How-Made	Life Derek	Paid Prog.		King

WEDNESDAY, NOVEMBER 12, 2008

	WTBS (3)	CHBC (4)	KNOW (5)	KSPS (6)	KHQ (7)	KREM (8)	A&E (9)	KXLY (10)	BCTV (11)	CITY (12)	CBC (13)	YTV (18)	TSN (19)	VTV (22)	DISC (24)	FAM (26)	CITY (29)	SPIKE (44)	TROP (45)
6 AM	Jeffersons	News (N)	(6:12)	Bob Build	News (N)	News (N)	The Sopranos	News	(5:30) News (N)	(4:30) News (N)	CBC News: Morning (N)	Being Ian	SportsCentre	Canada AM	Daily Planet	Henry's King	CityLine	Unsolved Mysteries (N)	F/X: The Series
6:30 AM	Jeffersons	Christine	George S.	Lions															
7 AM	In the Heat of the Night	Room	Martha	Arthur (EI)	Today Daniel Craig; Annie	The Early Show (N)	American Justice	Good Morning America (N)			Curious	Hawks	SportsCentre		Monster Moves	(6:56) Phineas	The Tyra Banks Show	CSI: NY "Buzzkill"	The Outer Limits
7:30 AM		That News	Dora	Martha							Animal	Skunk Fu!							
8 AM	Cosby	Ad Pers	Hi-5	Curious	Leibovitz; Jamie Oliver. (N)		Cold Case Files		100 Huntley Street (N)		Bo On Go	Pokemon	SportsCentre	Canada's Worst Driver	How-Made	Weekend K. Possible	Rachael Ray	Married... Married...	North of 60
8:30 AM	Cosby	What	Magic Bus	Sid							Busytown	Flamingo							
9 AM	Fam. Feud	Three Takes	Berenstain	Super Why!		The 700 Club	Cold Case Files	Regis and Kelly	100 Huntley Street (N)	World Vision	Super Why!	Timothy	Off-Record	Regis and Kelly	Daily Planet	Feet	News (N)	Married...	Reality
9:30 AM	Fam. Feud		Clifford	Clifford							Gofrette	George S.	PBA Bowling			Tigger	City	Married...	What
10 AM	Trivial	The Mom Show	Sid	Sesame Street (EI)		The Price Is Right (N)	CSI: Miami	The View (N)	World Vision	Debt Part House	Wilbur	Eryk Perky		The View (N)	Destroyed	Mickey Handy	The O.C.	Unsolved Mysteries	Survivor: Marquesas
10:30 AM			(10:35)								Doodlebop	Jane		Destroyed					
11 AM	Steve H. Harvey	Dinner Designer	Rolle Polle	Dragon	Ellen DeGeneres Show	Young and the Restless	Crossing Jordan	Juicing Paid Prog.	Debbie Travis' Facelift	(10:59) News (N)	Miracles	Care Bears	ATP Tennis: Masters Cup - Early Round. From Shanghai, China. (Taped)	Giller Prize	Bone Detectives	Benj Bear (11:25) King	The Bonnie Hunt Show	Unsolved Mysteries	Deal No
11:30 AM											Antiques	Jacob							The Nanny
12 PM	Fresh Pr.	News (N)	(12:13)	Charlie Rose	Paid Prog.	News (N)	The Sopranos	All My Children (N)	News (N)	Days of our Lives (N)	News	SpongeBob		etalk	Verminator	(11:49) Weekend	CityLine	CSI: Crime Scn	Seinfeld
12:30 PM	Fresh Pr.	Design U	(12:36)		Paid Prog.	Bold & B.					CBC News	Grossology		Bold & B.					Seinfeld
1 PM	Still Stud	Home to Buy Me	Maggie	Art Work	Days of our Lives (N)	As the World Turns (N)	American Justice	One Life to Live (N)	As the World Turns (N)	As the World Turns (N)	Martha Stewart	George S. Ruby	China. (Taped)	Giller Prize	Mighty Ships "Becruz"	Dragon Emperor	ER "Twas the Night"	Unsolved Mysteries (N)	"70s Show
1:30 PM	Still Stud	Buy Me	Daniel	Sewing															"70s Show
2 PM	King	Guiding Light (N)	(2:05)	Barney	Raymond	Guiding Light (N)	Cold Case Files	General Hospital (N)	Young and the Restless	The Doctors	Steven and Chris	Viva Pinata	Horn	General Hospital (N)	MythBusters	(1:54) K. Possible	News	Unsolved Mysteries	"70s Show
2:30 PM	King	Light (N)	BluesClues	WordWorld	Millionaire							Mr. Men	Interruptio						Family Guy
3 PM	Seinfeld	Whose Wedding Is It?	(3:04)	Big World	Judge	Dr. Phil	Cold Case Files	Rachael Ray	The Doctors	Young and the Restless	Living Food	Being Ian	Off-Record	Dr. Phil	How-Made	Replace	News (N)	CSI: NY	Reality
3:30 PM	Friends	Wedding Is It?	Zoboomafo o (DVS)	WordGirl	Judge							Pokemon	Sports		How-Made	Emperor			Ad Pers
4 PM	Payne	Debt Part	Paddington	Fetch! Ruff	Judge J.	Oprah Winfrey	CSI: Miami	Inside Deal No	Oprah Winfrey	(3:59) News	Fashion	SpongeBob	Hockey	Ellen DeGeneres Show	Daily Planet	Proud (4:36)	Law & Order: SVU	CSI: NY "Buzzkill"	Beverly Hills, 90210
4:30 PM	Payne	Deal No	George S.	Cyberchas	Judge J.						Global	Laughs	OddParent						
5 PM	Movie: "The Bourne Supremacy"	News (N)	Martha	BBC News	News (N)	News (N)	Dog	News	News (N)	(4:59) News (N)	Simpsons	OddParent	2008 Hockey Hall of Fame Induction	News (N)	Cash Cab	Suite Life	The 42nd Annual CMA Awards (Live)	CSI: Crime Scn	Reality
5:30 PM			(5:37)	Business	NBC News	CBS News	Dog	ABC News	Global		Fortune	SpongeBob		News (N)	Destroyed	Montana			What
6 PM	Geena Davis. (2004)	Global News	Sparks	News-Lehrer	News (N)	News (N)	Dog	News	News (N)	ET Canada	News	Drake		News (N)	Monster Moves	Zoey 101	Awards (Live)	UFC Unleashed (N)	Family Guy
6:30 PM			Wild		Millionaire	Hollywood	Dog	News		Entertain		Carly	NHL Pre			Life Derek			Seinfeld
7 PM	Harvey	EI News	Into Wild	Monarchy: The Royal Family at Work (N)	Jeopardy!	The Doctors	Parking	Entertain	Entertain	The Guard (N)	Coronatn Jeopardy!	Malcolm Home Imp.	NHL Hockey: Colorado Avalanche at Vancouver Canucks.	etalk (N)	Mayday "Out of Sight"	Wizards So Raven		Ultimate Fighter (N)	Seinfeld
7:30 PM	Family Guy	The Insider	Meerkat		Fortune									Hollywood					"70s Show
8 PM	Family Guy	Knight Rider (N)	Oldest-Band	Work (N)	Knight Rider (N)	Christine Gary	Parking	The 42nd Annual CMA	Bones (N) (PA)	Bones (N) (PA)	Mosque	Malcolm Sophie	Fresh Pr.	You Can Dance	Daily Planet	Suite Life	News (N)	The Ultimate Fighter	Family Guy
8:30 PM	Seinfeld															Sadie	(8:35) News		Married...
9 PM	Movie: "The Bourne Supremacy"	Deal or No Deal	Zarzuela Concert With Plácido Domingo	Torturing Democracy	Life "Black Friday" (N)	Criminal Minds (N)	Dog	Awards (Same-day Tape)	NCIS (N)	NCIS (N)	fifth estate	Futurama	Sports	Criminal Minds (N)	MythBusters	Montana	(9:06) Jimmy Kimmel	CSI: NY	Seinfeld
9:30 PM												Prank Ptrl				Life Derek			Seinfeld
10 PM	Montel Williams	Guy Stuff	Montreal Jazz	Charlie Rose (N)	Tonight	Late Show	Parking	News	News (N)	Entertain	(11:05) The Hour	Mystery	SportsCentre (Live)	News (N)	How-Made	Suite Life	News	Deep Space 9	"70s Show
10:30 PM										ET Canada		Ghost		News (N)	How-Made	Life Derek	Paid Prog.		King

Horoscopes

November 12 - 19, 2008

Aries - You may start the week with a feeling of disappointment, but this will change to better relations on the job and with parents. Discuss shared resources, debts, investments.

Taurus - If you plan to travel, the next three weeks are good. This is a good time for spiritual matters and education. This weekend, discuss with partner everything related to finances.

Gemini - Pace on the job is slowing a little. Devote weekend time to partner, friends. Look for silver lining re: debts, mortgage, investments. You could find hidden assets. Look!

Cancer - Partner, spouse and/or friends are good to you for the next three weeks. If you started a redecoration project, you have one week to finish it. Job gets hectic on weekend. Guard health.

Leo - You may have a lot of turmoil related to your financial position, but things improve after this weekend. You need to be totally realistic now. Health is good, job brings rewards.

Virgo - Stay at home this weekend, avoid driving. Child, partner or friend may offer surprising news. Take it in stride. Pattern of confusion on job clears up now. Start cleansing diet. Rest.

Libra - Home life runs smoothly, parents may offer gift. Finances need to be assessed realistically. Take conservative stance re: children, pets. Watch their health. Curb tongue.

Scorpio - You need to assess your financial picture this week and deal with debts, investments. Costs rise. Make a clear budget and stick to it. Good news comes from siblings, neighbours.

Sagittarius - You begin a period of ego-driven activity that will last to late December. Energy soars, put efforts into home, career, to make profits. Guard tongue, be gracious.

Capricorn - This is a time when a "make-over" works really well. Time for a new diet, new exercise regime, new look. Keep finances under control, but consider how you look to others.

Aquarius - You may feel irritable and distressed, or even depressed now, but this is because you must face reality. This is good for you. Look for hidden assets you can use.

Pisces - Daydreams stop, groups you belong to seem more fun, and you still feel you have too many restrictions. Put your energy into career. It will pay off by Christmas. Pattern is breaking.

Regular Meetings

- Otter Valley Fish & Game Club regular meetings 3rd Saturday of month, noon, at clubhouse
- Similkameen Christian Riders meet at Dairy Queen every Wednesday evening at 6 pm for a ride. To join, show up
- Princeton Writers Group meets every second and fourth Thursday 7pm at Riverside Wellness Centre
- Hospital Auxiliary meets 2nd Monday each month at 2 pm Hospital board room
- PGH/Ridgewood Lodge Foundation meets 2nd Monday, 12:15 Hospital Boardroom
- Hedley Library open 2-7pm Thursdays
- Princeton Paintball Club meets every Sunday at 10 a.m. Contact 295-0673
- Princeton Rifle and Revolver Club meets every Thursday at 7 p.m. from October 1 to May 30 at the indoor range in the Cultural Centre. 295-6150.
- Princeton Fish & Game Club meets first Monday of month at 7 p.m. at Weyerhaeuser training building Call Ray 295-7508.
- Princeton Chamber of Commerce meets every 3rd Thursday at Chamber office 7 pm
- Legion Branch 56 meets 3rd Sunday of month 1:00 p.m. Legion Hall
- Princeton Motor Sports meets the first Tuesday of month 5:30 pm Arena Mezzanine
- Southern Cruisers Similkameen Chapter #53 meets for rides every Thursday night.
- Vermilion Trails Society meets 2nd Wednesday of the month, 7:00 PM in Chamber of Commerce meeting room.
- Princeton GSAR meets first 3 Tuesday of the month, 7:00 PM in GSAR Hall, Rocklin Avenue.
- Princeton Lions Club meets 1st and 3rd Tuesday of the month, 6:30 PM in the Chamber of Commerce meeting room.
- Course Of Miracles Group meets every Tuesday, 7:00 PM at The Anchorage on Vermilion.
- Learn How To Relax and Meditate Group meets Tuesday, 7 PM at Riverside Centre. Last Tuesday of the month will feature a Spiritual Movie.
- U'th Group 7 PM, 1st and 3rd Tuesdays, Living Water Church.
- U'th Social Night 7 PM, 2nd and 4th Fridays, Living Water Church
- Princeton Badminton Club welcomes new members. Mondays 7:30 - 9:30 PM PSS Gym
- Little Folks Nursery School Parent/Board Meetings, 3rd Wednesday of each month, 7:00 PM at the school.
- Legion Ladies Aux., second Tuesday each month, 7:00 PM, Legion.

thursday movies

EVENING

- 7:00 pm WTBS (3) ★★ ★ "Cliffhanger" (1993, Action) Sylvester Stallone. Villains force two Colorado climbers to find three suitcases containing \$100 million lost in the Rockies.
- 9:00 pm CHBC (4) "How I Married My High School Crush" (2007,

Romance) Katee Sackhoff. A teen's wish magically transports her and the hunk she loves to their wedding day 17 years later. (E)
 10:30 pm WTBS (3) ★★ ★ "Cliffhanger" (1993, Action) Sylvester Stallone. Villains force two Colorado climbers to find three suitcases containing \$100 million lost in the Rockies.

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Explore The History Of Mining - Gold, Copper and Coal

friday movies

AFTERNOON

- 5:00 pm WTBS (3) ★★ ½ "The Recruit" (2003, Suspense) Al Pacino. A veteran CIA agent assigns his young protégé to find a mole within the organization.

EVENING

- 7:00 pm YTV (18) ★★ "The Perfect Man" (2005, Romance-Comedy) Hilary Duff. A crafty teen invents a secret admirer to prevent her mother from having another bad relationship. (In Stereo) (E)
- 7:30 pm FAM (26) "Jump In!" (2007, Drama) Corbin Bleu. A promising young boxer joins an all-girl team to compete in double Dutch jump-rope. (E)
- 9:00 pm WTBS (3) ★★ ½ "The Recruit" (2003, Suspense) Al Pacino. A veteran CIA agent assigns his young protégé to find a mole with-

in the organization.
 KNOW (5) "Daziel and Pascoe: Ruling Passion" (1997, Mystery) (Part 1 of 2) Warren Clarke. Pascoe and his wife discover a friend and her guests murdered, and her husband missing. (E)
 FAM (26) ★★ ½ "Surf Ninjas" (1993, Comedy) Ernie Reyes Jr. Premiere. Two California surfers must overthrow a dictator after discovering they are the long-lost princes of an obscure nation.
 10:00 pm KNOW (5) ★★ ★ ½ "Salesman" (1969, Documentary) Jamie Baker. Premiere. Filmmakers Albert Maysles, David Maysles and Charlotte Zwerin show four door-to-door Bible salesmen in Boston, Chicago and Miami. (E)
 10:30 pm FAM (26) "Get a Clue" (2002, Comedy) Lindsay Lohan. A 13-year-old student enlists the aid of her friends in order to rescue her English teacher. (E)

Similkameen News Leader

Recipe Corner (Recipe #245)

Brought To You By: Similkameen News Leader

Black Bean and Rice Salad

(NC)—High in fibre. High in flavour. Quick to make. Such a tasty twist to rice. Feel great serving this low-fat, meatless side dish to your loved ones. It is an excellent source of vitamin C and folacin and is very high in dietary fibre.

Makes: 4 servings

Ingredients

- 1 cup uncooked Minute Rice Whole Grain Brown Rice 250 mL
- 1 can (14 fl oz/398 mL) black beans, drained, rinsed 1 can
- 1 medium red pepper, cut into thin strips
- 1/2 cup Peppercorn Ranch Dressing 125 mL
- 2 green onions, sliced
- 1/4 cup chopped cilantro 50 mL
- 1 tsp. ground cumin 5 mL

Preparation

1. Cook Minute Rice Whole Grain Brown Rice as directed on package; place in large bowl.
2. Add remaining ingredients; mix lightly. Cover.
3. Refrigerate 1 hour to allow flavours to blend.

News Canada

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THURSDAY, NOVEMBER 13, 2008

	WTBS (3)	CHBC (4)	KNOW (5)	KSPS (6)	KHQ (7)	KREM (8)	A&E (9)	KXLY (10)	BCTV (11)	CITY (12)	CBC (13)	YTV (18)	TSN (19)	VTV (22)	DISC (24)	FAM (26)	CITY (29)	SPIKE (44)	TROP (45)
6 AM	Jeffersons	News (N)	(6:12) George S.	Thomas Lions	News (N)	News (N)	The Sopranos	News	(5:30) News (N)	(4:30) News (N)	CBC News: Morning (N)	Being Ian Grossology	SportsCentre	Canada AM	Daily Planet	Henry King	CityLine	Unsolved Mysteries (N)	FX: The Series
7 AM	In the Heat of the Night	Room That News	Martha Dora	Arthur (EI) Martha	Today John Stamos; Today's	The Early Show (N)	American Justice	Good Morning America (N)			Poko Animal	Hawks Yu Gi Oh	SportsCentre		Machines	(6:56) Phineas	The Tyra Banks Show	CSI: NY	The Outer Limits
8 AM	Cosby	Ad Pers	Hi-5	Curious	Health; Jose Andres; Everyone		Cold Case Files		100 Huntley Street (N)	Bo On Go	Pokemon	SportsCentre		Mighty Ships "Beerus"	Weekend K. Possible	Rachael Ray	Married... Married...	North of 60	
9 AM	Fam. Feud	Three Takes	Berenstain Clifford	Super Why! Clifford	Has a Story. (N)	The 700 Club	Cold Case Files	Regis and Kelly	100 Huntley Street (N)	World Vision	Super Why! Gofrette	Timothy George S.	Off-Record 2008	Regis and Kelly	Daily Planet	Feet Tigger	News (N) City	Married... Married...	Make What
10 AM	Trivial	The Mom Show	Noonbory (10:37)	Sesame Street (EI)		The Price Is Right (N)	CSI: Miami	The View (N)	World Vision	Debt Part House	Wilbur	Erky Perky Jane	Hockey Hall of Fame Induction	The View (N)	Cash Cab Destroyed	Mickey Movers	The O.C.	Unsolved Mysteries	Survivor: Marquesas
11 AM	Harvey	Dinner	Rolie Polie	Dragon	Ellen DeGeneres Show	Young and the Restless	Crossing Jordan	Paid Prog.	Debbie Travis' Facelift	(10:59) News (N)	Miracles Antiques	Care Bears Jacob	ATP Tennis: Masters Cup -- Early Round. (Taped)	Twice in a Lifetime	Blueprint for Disaster	Benj Bear (11:25) King	The Bonnie Hunt Show	Unsolved Mysteries	Deal No The Nanny
12 PM	Fresh Fr.	News (N)	(12:15) Charlie Rose	Painting	Paid Prog.	News (N)	The Sopranos	All My Children (N)	Days of our Lives (N)	(10:59) News (N)	News	SpongeBob Grossology	etalk (N) Bold & B.	Mayday "Out of Sight"	(11:49) Weekend	CityLine	CSI: Crime Scn	Seinfeld	
1 PM	Still Std	Home to Buy Me	Maggie Daniel	Painting Quilting	Days of our Lives (N)	As the World Turns (N)	American Justice	One Life to Live (N)	As the World Turns (N)	As the World Turns (N)	Martha Stewart	Dewitt Ruby	Motoring Strength	Sue Thomas: F.B.Eye	Monster Moves	Dragon Emperor	ER "Skin"	Unsolved Mysteries (N)	Frasier
2 PM	King	Guiding Light (N)	(2:07) Barney	Raymond	Guiding Light (N)	Millionaire	Cold Case Files	General Hospital (N)	Young and the Restless	The Doctors	Steven and Chris	Viva Pinata	Horn	General Hospital (N)	MythBusters	(1:54) K. Possible	News	Unsolved Mysteries	Family Guy
3 PM	Seinfeld	Whose Wedding Is It?	(3:06) Zoboonafo o "Stinky"	WordGirl	Judge	Dr. Phil	Cold Case Files	Rachael Ray	The Doctors	Young and the Restless	Living Food	Being Ian	Off-Record Sports	Dr. Phil	How-Made	Replace Emperor	News (N)	CSI: NY	Make Fashion
4 PM	Payne	Debt Part	Paddington	Fetch! Ruff	Judge J.	Oprah Winfrey	CSI: Miami	Inside Deal No	Oprah Winfrey	(3:59) News Global	Fashion 22 Minutes	SpongeBob OddParent	Hockey Madden	Ellen DeGeneres Show	Daily Planet	Proud (4:36)	Law & Order: SVU	CSI: NY	Beverly Hills, 90210
5 PM	Friends	News (N)	Martha (5:37)	BBC News Business	News (N) NBC News	News (N) CBS News	The First 48 "Silenced"	News ABC News	News Global	(4:59) News (N)	Simpsons Fortune	OddParent SpongeBob	NFL Football: New York Jets at New England Patriots. (Live)	News (N) etalk	Interrogation	Suite Life Montana	Ugly Betty (N)	CSI: Crime Scn	Make What
6 PM	Friends	Global	Creatures	News-Lehrer	Millionaire	News (N) Hollywood	The First 48	News	News (N) ET Canada	News (N) Entertain	News (N) Coronatn Jeopardy!	Drake iCarly	H2O Just Prank Ptrl	News (N) etalk	True Stories	Zoey 101	30 Rock (6:31) 30	TNA IMPACT! (N)	Family Guy Seinfeld
7 PM	Movies: "Cliffhanger" (1993)	El News	Edge Big Ideas	Frank Sinatra	Fortune Raymond	The Doctors	The First 48	Entertain The Insider	Entertain ET Canada	Life on Mars (N)	Jeopardy!	H2O Just Prank Ptrl	(Live)	Dance	MythBusters	Wizards So Raven	Stylista (N)	Seinfeld Frasier	
8 PM	Sylvester Stallone.	Name Earl Kath &	Hemingway Adventure	Sherlock Holmes	Name Earl Kath &	Survivor: Gabon	Crime 360 "Fatal Feud"	Ugly Betty (N)	Survivor: Gabon (N)	Survivor: Gabon (N)	The Nature of Things	Malcolm Sabrina	SportsCentre (Live)	CSI: Crime Scn	Daily Planet	Suite Life Naturally	News (N) (8:35) News	MANswers	Married... Married...
9 PM	Family Guy	Movies: "How I Married My	Art of the Heist	Globe Trekker	The Office (9:31) 30	CSI: Crime Scn	The First 48 "Silenced"	Grey's Anatomy (N)	The Office Billable	The Office Billable	Doc Zone (N)	Futurama Prank Ptrl	E:60 (N)	Grey's Anatomy (N)	Monster Moves	Montana Life Derek	(9:06) Jimmy Kimmel	UFC 91 Countdown	Seinfeld
10 PM	Seinfeld	High School Crush	Arthur Erickson	Soundstage	ER "Heal Thyself" (N)	(10:01) Eleventh Hour	The First 48	(10:01) Life on Mars (N)	(10:01) Life on Mars (N)	News Hour Final (N)	National	Mystery Adrenaline	Poker Night (Taped)	ER "Heal Thyself" (N)	Interrogation	School Cory	Judge EP Daily	Married... Married...	Frasier
11 PM	Movies: "Cliffhanger" (1993) Action	News (N) Guy Stuff	Fighting Their Fears	Charlie Rose (N)	News (N) Tonight	News (N) Late Show	The First 48	News (11:35)	News (N) ET Canada	Entertain (11:05) The Hour	Mystery Ghost	SportsCentre (Live)	News (N)	True Stories	Suite Life Life Derek	News (N) Paid Prog.	MANswers	Frasier	

FRIDAY, NOVEMBER 14, 2008

	WTBS (3)	CHBC (4)	KNOW (5)	KSPS (6)	KHQ (7)	KREM (8)	A&E (9)	KXLY (10)	BCTV (11)	CITY (12)	CBC (13)	YTV (18)	TSN (19)	VTV (22)	DISC (24)	FAM (26)	CITY (29)	SPIKE (44)	TROP (45)
6 AM	Jeffersons	News (N)	(6:12) George S.	Bob Build Lions	News (N)	News (N)	The Sopranos "Boca"	News	(5:30) News (N)	(4:30) News (N)	CBC News: Morning (N)	Being Ian Grossology	SportsCentre	Canada AM	Daily Planet	Henry King	CityLine	Unsolved Mysteries (N)	FX: The Series
7 AM	In the Heat of the Night	Room That News	Martha Dora	Postcards Martha	Today Enrique Iglesias;	The Early Show (N)	American Justice	Good Morning America (N)			Poko Animal	Hawks Team	SportsCentre		Mayday	(6:56) Phineas	The Tyra Banks Show	CSI: NY	The Outer Limits
8 AM	Cosby	Ad Pers	Hi-5	Curious	Masi Oka; Radio City Rockettes;		Cold Case Files		100 Huntley Street (N)	Bo On Go	Pokemon	SportsCentre		MythBusters	Weekend K. Possible	Rachael Ray	Married... Married...	North of 60	
9 AM	Fam. Feud	Three Takes	Berenstain Clifford	Super Why! Clifford	Carson Daly and Damien Fahey. (N)	The 700 Club	Cold Case Files	Regis and Kelly	100 Huntley Street (N)	World Vision	Super Why! Gofrette	Timothy George S.	Off-Record ATP Tennis: Masters Cup -- Quarterfinals. (Taped)	Regis and Kelly	Daily Planet	Feet Tigger	News (N) City	Married... Married...	Tube Tales What
10 AM	Trivial	The Mom Show	Sid (10:35)	Sesame Street (EI)		The Price Is Right (N)	CSI: Miami "Cop Killer"	The View (N)	World Vision	Debt Part House	Wilbur	Erky Perky Jane	ATP Tennis: Masters Cup -- Quarterfinals. (Taped)	The View (N)	Survive Survive	Mickey Handy	The O.C.	Unsolved Mysteries	Survivor: Marquesas
11 AM	Harvey	Eat, Shrink	Rolie Polie	Dragon	Ellen DeGeneres Show	Young and the Restless	Crossing Jordan	Paid Prog.	Debbie Travis' Facelift	(10:59) News (N)	Miracles Antiques	Care Bears Jacob	NASCAR Racing: Sprint Cup Qualifying	Twice in a Lifetime	Greensburg	Benj Bear (11:25) King	The Bonnie Hunt Show	Unsolved Mysteries	Deal No The Nanny
12 PM	Fresh Fr.	News (N)	(12:13) Charlie Rose	Bootcamp	News (N)	News (N)	The Sopranos "Boca"	All My Children (N)	Days of our Lives (N)	(10:59) News (N)	News	SpongeBob Grossology	NASCAR Racing: Sprint Cup Qualifying	etalk	Interrogation	(11:49) Weekend	CityLine	CSI: Crime Scn	Seinfeld
1 PM	Still Std	Home to Buy Me	Maggie Daniel	Watercolor Bends Bbl	Days of our Lives (N)	As the World Turns (N)	American Justice	One Life to Live (N)	As the World Turns (N)	As the World Turns (N)	Martha Stewart	George S. Ruby	Sue Thomas: F.B.Eye	True Stories	Dragon Emperor	ER "Only Connect"	Unsolved Mysteries (N)	Fresh Pr.	
2 PM	King	Guiding Light (N)	(2:05) Barney	Raymond	Guiding Light (N)	Millionaire	Cold Case Files	General Hospital (N)	Young and the Restless	The Doctors	Steven and Chris	Viva Pinata Mr. Men	Horn	General Hospital (N)	MythBusters	(1:54) K. Possible	News	Unsolved Mysteries	Family Guy
3 PM	Seinfeld	Whose Wedding Is It?	(3:04) Zoboonafo o (DVS)	WordGirl	Judge	Dr. Phil	Cold Case Files	Rachael Ray	The Doctors	Young and the Restless	Living Food	Being Ian	Off-Record Sports	Dr. Phil	Cash Cab	Replace Emperor	News (N)	CSI: NY "Child's Play"	Tube Tales
4 PM	Payne	Debt Part	Paddington	Fetch! Ruff	Judge J.	Oprah Winfrey	CSI: Miami "Cop Killer"	Inside Deal No	Oprah Winfrey	(3:59) News Global	Fashion Air Farce	SpongeBob OddParent	Hockey Madden	Ellen DeGeneres Show	Daily Planet	Proud (4:36)	Law & Order: SVU	CSI: NY	Beverly Hills, 90210
5 PM	Movies: "The Recruit" (2003) Al	News (N)	Martha (5:37)	BBC News Business	News (N) NBC News	News (N) CBS News	CSI: Miami	News ABC News	News Global	(4:59) News (N)	Simpsons Fortune	OddParent SpongeBob	NBA Basketball: Denver Nuggets at Boston Celtics. (Live)	News (N) etalk	Greensburg	Suite Life Montana	Secret-Teen	CSI: Crime Scn	Tube Tales What
6 PM	Pacino, Colin Farrell.	Global	Heads Up	News-Lehrer	News (N) Millionaire	News (N) Hollywood	CSI: Miami "Sunblock"	News	News (N) ET Canada	News (N) Entertain	News (N) Coronatn Jeopardy!	Mighty B iCarly	Nuggets at Boston Celtics. (Live)	News (N) etalk	Man vs. Wild	Zoey 101 Buzz	Crusoe (N)	The Ultimate Fighter	Family Guy
7 PM	Family Guy	E News	Emily of New Moon	Wash Wk MeLaughlin	Jeopardy! Fortune	The Doctors	CSI: Miami "Sunblock"	Entertain The Insider	Entertain ET Canada	Life (N) NUMB3RS (N)	Air Farce Mercer	Movie: "The Perfect Man" (2005) Hilary Duff.	SportsCentre (Live)	Ghost Whisperer (N)	Dinos-Return	Wizards Movie: "Jump In!" (2007)	Lipstick Jungle (N) News (N) (8:35) News	Seinfeld	
8 PM	Seinfeld	Deal or No Deal	The Royal (N)	Bill Moyers Journal (N)	Deal or No Deal (N)	Ghost Whisperer (N)	Criminal Minds	Supernanny (N)	Life (N) NUMB3RS (N)	NUMB3RS (N)	NUMB3RS (N)	NUMB3RS (N)	Doctor Who "Wrath" (N)	Smallville "Wrath" (N)	2008 World Series of Poker	Super-Manny (N)	Man vs. Wild	MANswers	Seinfeld
9 PM	Movies: "The Recruit" (2003) Al	You Smarter?	"Dalziel-Pascoe"	NOW Served	Crusoe (N)	NUMB3RS "Power"	CSI: Miami	Super-Manny (N)	NUMB3RS "Power"	NUMB3RS "Power"	NUMB3RS (N)	NUMB3RS (N)	2008 World Series of Poker	Super-Manny (N)	Man vs. Wild	Movie: "Surf Ninjas" (1993)	(9:06) Jimmy Kimmel Judge	MANswers	Seinfeld
10 PM	Pacino, Colin Farrell.	20/20	Movie: "Salesman" (1959)	The Vicar of Dibley	Lipstick Jungle (N)	NUMB3RS	CSI: Miami	20/20	NUMB3RS (N)	NUMB3RS (N)	News Hour Final (N)	Oracle Mystery	Law & Order	Greensburg	Movie: "Get a Clue" (2002)	EP Daily	Game	Fresh Pr.	
11 PM	Montel W.	News (N) Guy Stuff	Premiere. Ravens	Austin City Limits (N)	News (N) Tonight	News (N) Late Show	CSI: Miami "Sunblock"	News (11:35)	News (N) ET Canada	(11:03) ECW (N)	(11:05) The Hour	Mystery Ghost	SportsCentre (Live)	News (N)	Dinos-Return	News (N) Paid Prog.	Movie: "The Medallion"	Fresh Pr.	

CARTER'S Sudoku Challenge

CREATED FOR THE NEWS LEADER BY CARTER BOSWELL

HOW TO PLAY:

Sudoku is a game of logic. There is no math involved. The object of the game is to fill the grid so that the numbers 1 through 9 appear only once in each row, column and 3 x 3 box. The numbers can appear in any order and Carter has left you some clues below.

CHALLENGE #141 - Rated Easy

	3	1			9			5
7	6				1			9 4
			8	2				
	5	7		6		3		
		8		1		2		
							5	6
5			2					
2	1		4				3	9
3					6	4	8	

CHALLENGE #142 - Rated Hard

		9				7		
		3		9		8		
	7		3		5		1	
9			1		2			5
8	6	5				4	2	1
			6		4			
2	8						3	9
5				7				4
			2		9			

THIS WEEK'S SOLUTIONS:
Page 20

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saturday movies

MORNING

9:00 am WTBS (3) ★★ "Mortal Kombat" (1995, Action) Robin Shou. Three martial artists are forced to battle demonic adversaries with the fate of the world hanging in the balance. (R)
11:00 am WTBS (3) ★★ "Beverly Hills Ninja" (1997, Comedy) Chris Farley. A ninja watches out for his portly adopted brother, hired to track a mystery woman's beau in Southern California. (R)

AFTERNOON

12:00 pm FAM (26) ★★ "3 Ninjas Kick Back" (1994, Comedy) Victor Wong. Young martial artists face their grandfather's foes when they accompany him to Japan to deliver a priceless dagger. (R)
1:00 pm A&E (9) ★★ "Open Range" (2003, Western) Robert Duvall. Cattle herders unite to battle a ruthless rancher and his henchmen in 1882. (R)
1:34 pm FAM (26) ★★ "3 Ninjas Knuckle Up" (1995, Comedy) Victor Wong. Three boys stop a polluter's henchmen with martial arts learned from their Asian grandfather. (R)
4:00 pm YTV (18) ★★ "Dennis the Menace Strikes Again" (1998, Comedy) Don Rickles. A devilish boy introduces his grandfather to crotchety neighbor Mr. Wilson and thwarts two con men. (In Stereo) (R)

5:00 pm WTBS (3) ★★ "Lara Croft Tomb Raider: The Cradle of Life" (2003, Adventure) Angelina Jolie. A globe-trotter must find Pandora's box before a maniacal scientist can harness its power for world domination. (R)
A&E (9) "The Andromeda Strain" (2008, Science Fiction) Benjamin Bratt. A reporter uncovers a government conspiracy when a deadly pathogen from a U.S. satellite spreads through Utah. (R)

EVENING

6:00 pm CITY (29) ★★ "Childstar" (2004, Comedy-Drama) Don McKellar. Premiere. Accompanied by his mother, a 12-year-old actor from a hit sitcom flies to Canada to star in a movie. (DVS)
7:30 pm WTBS (3) ★★ "The Haunting" (1999, Horror) Liam Neeson. A parapsychologist and three others stay in a house reputed to be the site of many awful tragedies. (R)
8:00 pm KSPS (6) ★★ "The Last Emperor" (1987, Biography) John Lone. Named Emperor of China at age 3 in 1908, Pu Yi becomes a prisoner of destiny. (R)
KREM (8) VTV (22) ★★ "Wedding Crashers" (2005, Comedy) Owen Wilson. Premiere. Two divorce mediators spend a wild weekend partying with a politician and his eccentric family. (In Stereo) (R)

9:00 pm A&E (9) "The Andromeda Strain" (2008, Science Fiction) Benjamin Bratt. A reporter uncovers a government conspiracy when a deadly pathogen from a U.S. satellite spreads through Utah. (R)
FAM (26) ★★ "Hometown Legend" (2002, Drama) Terry O'Quinn. Retired for 12 years, a high-school football coach returns to his former team and resurrects their spirit. (R)
10:40 pm KSPS (6) ★★ "Help!" (1965, Musical Comedy) The Beatles. John, Paul, George and Ringo are chased by religious zealots seeking one of Ringo's rings.
10:45 pm FAM (26) ★★ "Little Big League" (1994, Comedy) Luke Edwards. The 12-year-old heir and manager of the Minnesota Twins coaches the baseball team to a winning streak by teaching the players to love the game once more. (R)
11:00 pm WTBS (3) ★★ "Screamers" (1995, Action) Peter Weller. Knife-wielding mechanical creatures block peace talks on a 21st-century planet ravaged by nuclear war. (R)

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sunday movies

MORNING

8:00 am WTBS (3) ★★ "Eight Legged Freaks" (2002, Suspense) David Arquette. Toxic waste produces a horde of giant spiders that terrorizes residents in a small Arizona town.
9:00 am A&E (9) ★★ "Open Range" (2003, Western) Robert Duvall. Cattle herders unite to battle a ruthless rancher and his henchmen in 1882. (R)
10:00 am WTBS (3) ★★ "The Fifth Element" (1997, Science Fiction) Bruce Willis. A New York City cab-driver tries to save 2259 Earth from impact with an onrushing anti-life force.

AFTERNOON

12:00 pm A&E (9) ★★ "American Gangster" (2007, Crime Drama) Denzel Washington. A Harlem mobster combines ingenuity and strict business codes to dominate organized crime, while a veteran cop searches for a way to bring him down. (R)
FAM (26) "Life is Ruff" (2005, Comedy) Kyle Massey. A teenage slacker adopts a stray as part of a plan to win a large cash prize at an upcoming dog show. (R)
12:30 pm WTBS (3) ★★ "Mission: Impossible 2" (2000, Action) Tom

Cruise. IMF agent Ethan Hunt and his team try to stop a former agent from unleashing a deadly, engineered virus. (R)
1:30 pm FAM (26) ★★ "Air Bud: Golden Receiver" (1998, Comedy-Drama) Kevin Zegers. A golden retriever with a flair for sports helps a boy handle football and the new boyfriend of the boy's widowed mother. (R)
2:00 pm CHBC (4) ★★ "Great Balls of Fire!" (1989, Biography) Dennis Quaid. Rock 'n' roll outlaw Jerry Lee Lewis causes a 1950s scandal by marrying his 13-year-old cousin. (R)
3:00 pm WTBS (3) ★★ "Bless the Child" (2000, Suspense) Kim Basinger. A nurse learns her 6-year-old niece possesses special powers that evil people wish to harness. (R)
5:00 pm WTBS (3) ★★ "Ocean's Eleven" (2001, Comedy-Drama) George Clooney. A parolee organizes a gang to steal \$150 million from three Las Vegas casinos in a single heist. (R)
CBC (13) ★★ "The Pacifier" (2005, Comedy) Vin Diesel. A Navy SEAL faces the ultimate test when he must care for five children and protect them from their father's enemies. (In Stereo) (R)

EVENING

6:00 pm YTV (18) ★★ "Are We There Yet?" (2005, Comedy) Ice Cube. Hoping to impress a beautiful divorcee, a man takes her two mischievous children on a disastrous road trip. (In Stereo) (R)
7:30 pm WTBS (3) ★★ "Ocean's Eleven" (2001, Comedy-Drama) George Clooney. A parolee organizes a gang to steal \$150 million from three Las Vegas casinos in a single heist. (R)
9:00 pm FAM (26) ★★ "Doc Hollywood" (1991, Romance-Comedy) Michael J. Fox. An upstart plastic surgeon gets stuck in a one-doctor Southern town and falls in love with a local.
10:00 pm WTBS (3) ★★ "Bless the Child" (2000, Suspense) Kim Basinger. A nurse learns her 6-year-old niece possesses special powers that evil people wish to harness. (R)
KNOW (5) "Dalziel and Pascoe: Ruling Passion" (1997, Mystery) (Part 1 of 2) Warren Clarke. Pascoe and his wife discover a friend and her guests murdered, and her husband missing. (R)
10:31 pm FAM (26) ★★ "Dungeons & Dragons" (2000, Fantasy) Jeremy Irons. Evil Mage Profion seeks Empress Savina's magic scepter in his quest to overtake the kingdom of Izmer for his group of magic users. (R)

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SATURDAY, NOVEMBER 15, 2008

	WTBS (3)	CHBC (4)	KNOW (5)	KSPS (6)	KHQ (7)	KREM (8)	A&E (9)	KXLY (10)	BCTV (11)	CITY (12)	CBC (13)	YTV (18)	TSN (19)	VTV (22)	DISC (24)	FAM (26)	CITY (29)	SPIKE (44)	TROP (45)	
6 AM	Paid Prog.	News (N)		America	Today (N)	(5:00) The Early Show (N)	Sell House	Paid Prog.	Fishing	Whata	Super Why!	Being Ian	SportsCentre	OWLTV Kingdom	Man vs. Wild "Jungle"	Overdrive	About You	TNA IMPACT!	Let's Build	
:30	Paid Prog.	Powerboat		Fly Tying			Sell House	Paid Prog.	Fishing	Fishn	Busytown	Grossology				Rangers	Dharti	IMPACT!	Paid Prog.	
7 AM	Paid Prog.	Ad Pers	Martha	MotorWeek		Cake	Business	Good Morning America	News (N)	News (N)	Bo On Go	Viva Pinata	Fishing	Katie-Orble	Man vs. Wild	(6:54)	Eye on Asia		70s Show	
:30	Paid Prog.	Big Coast	Clifford	Field Guide		Horseland	Rocco-Real				Animal	Skunk Fu!	Motoring	Lit. Hobo		School			70s Show	
8 AM	Videos	Foodies	George S.	Everyday	News (N)	Dino	Flip This House	Emperor			Wilbur	SpongeBob	Timber	Good Morning Canada	Dinos-Return	Suite Life (8:43) Zoey	Polish Studio	Hrsepw	Raymond	
:30	Videos	Driving TV	Magic Bus	Hometime		Sushi Pack		Replace			Goldfish	OddParent	Strength		Cash Cab	Cory	Paid	Trucks!	Seinfeld	
9 AM	Movie: "Mortal Combat"	Paid Prog.	(9:06)	Workshop		College Football: Navy vs.	Flip This House (N)	So Raven			Bold Presents	Mighty B Barnyard	CFL Playoffs: Pregame		How-Made	So Raven	Program	Xtreme 4x4	Seinfeld	
:30	(1995) Robin Shou.	El News	Maggie	Ask This	Jane	Notre Dame. From M&T Bank	Flip This House	Montana	Fishn	Energy TV	Miracles	Tak	CFL Football: East Final - Teams TBA. (Live)	World Wildlife Fund PLAN Canada	Forensic Factor	Phil	CityLine	The Ultimate Fighter	Family Guy	
10 AM	Movie: "Beverly Hills Ninja"	Good to Be	Dora	Cook	Money	Stadium in Baltimore.	Flip This House	NASCAR	Mining TV	Fishing	Royal Winter Fair	Transform	Wolverine Fantaste 4	Daily Planet	Dendliest Catch	Movie: "3 Ninjas Kick Back" (1994)	Hospitality	The Ultimate Fighter	Amer Dad	
:30	(1997) Chris Farley.	Love Ride	Rolie Polie	Katie	Adventure Sports (N)	College Football: Teams to Be Announced. (Live)	Flip This House	College Football: Teams to Be Announced. (Live)	College Football: Teams to Be Announced. (Live)	College Football: Teams to Be Announced. (Live)	College Football: Teams to Be Announced. (Live)	College Football: Teams to Be Announced. (Live)	College Football: Teams to Be Announced. (Live)	College Football: Teams to Be Announced. (Live)	College Football: Teams to Be Announced. (Live)	College Football: Teams to Be Announced. (Live)	College Football: Teams to Be Announced. (Live)	College Football: Teams to Be Announced. (Live)	College Football: Teams to Be Announced. (Live)	College Football: Teams to Be Announced. (Live)
11 AM	Movie: "Friends"	25 Hottest Hollywood Cougar	Paddington (1:27) Lilly	Antiques Roadshow	Golf: Kiwi Challenge - Day 1. From New Zealand.	Movie: "Open Range" (2003, Western) Robert Duvall, Kevin Costner.	Flip This House	CSI: Miami	Mathews	Family Guy	Family Guy	NHL Hockey: Toronto Maple Leafs at Vancouver Canucks. (Live)	Adrenaline	Boxing (Taped)	First Story	Monster Moves	K. Possible	Less-Kind	UFC	Friends
:30	(1997) Friends	Tales	George S.	Swiss Rail Journeys																
12 PM	Movie: "Seinfeld"	THS Investigates: Hot For Student	(3:01)	Travels	Fortune															
:30	Family Guy	(3:36)	Travel	Penguins																
1 PM	Payne	Student	(4:01)	Europe	College Basketball	Access Hollywood (N)	CSI: Miami	Mathews	Family Guy	Family Guy	NHL Hockey: Toronto Maple Leafs at Vancouver Canucks. (Live)	Adrenaline	Boxing (Taped)	First Story	Monster Moves	K. Possible	Less-Kind	UFC	Friends	
:30	Payne	Taste	(4:36)	Rudy Maxa																
2 PM	Movie: "Lara Croft Tomb Raider: The Cradle of Life"	That News	Profiles of Nature	Lawrence Welk Show	News (N)	News (N)	College Football: Teams to Be Announced. (Live)	College Football: Teams to Be Announced. (Live)	College Football: Teams to Be Announced. (Live)	College Football: Teams to Be Announced. (Live)	College Football: Teams to Be Announced. (Live)	College Football: Teams to Be Announced. (Live)	College Football: Teams to Be Announced. (Live)	College Football: Teams to Be Announced. (Live)	College Football: Teams to Be Announced. (Live)	College Football: Teams to Be Announced. (Live)	College Football: Teams to Be Announced. (Live)	College Football: Teams to Be Announced. (Live)	College Football: Teams to Be Announced. (Live)	College Football: Teams to Be Announced. (Live)
:30	(2003)	What	Nature	Raymond	Scrubs	Science Fiction)														
3 PM	Movie: "The Haunting"	E News	National Geographic	May-Dec.	CSI: NY	New Smile	Benjamin Bratt, Eric McCormack.	Disaster-Cent.	Turning Points	NHL Hockey: Colorado Avalanche at Edmonton Oilers. (Live)	Adrenaline	Boxing: Jermain Taylor vs. Jeff Lacy. (Live)	W-FIVE (N)	W-FIVE (N)	Angel	So Raven (7:22) Zoey	News (N)	Disorderly Con.	Family Guy	
:30	(1999) Liam Neeson.	The Soup	Time Goes																	
4 PM	Movie: "The Haunting"	Behind	Heartbeat	Movie: "The Last Emperor"	Knight Rider	Movie: "Wedding Crashers"	Movie: "The Andromeda Strain"	Entertainment Tonight	Painkiller Jane	Kenny	Kenny	HNIC	Bleach	Sports	Canada's Worst Driver	Sadie	Movie: "Childstar" (2004) Don McKellar.	Disorderly Con.	Family Guy	
:30	(1999) Liam Neeson.	Behind	Heartbeat	Movie: "The Last Emperor"	Knight Rider	Movie: "Wedding Crashers"	Movie: "The Andromeda Strain"	Entertainment Tonight	Painkiller Jane	Kenny	Kenny	HNIC	Bleach	Sports	Canada's Worst Driver	Sadie	Movie: "Childstar" (2004) Don McKellar.	Disorderly Con.	Family Guy	
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11 PM	Movie: "The Haunting"	Behind	Heartbeat	Movie: "The Last Emperor"	Knight Rider	Movie: "Wedding Crashers"	Movie: "The Andromeda Strain"	Entertainment Tonight	Painkiller Jane	Kenny	Kenny	HNIC	Bleach	Sports	Canada's Worst Driver	Sadie	Movie: "Childstar" (2004) Don McKellar.	Disorderly Con.	Family Guy	
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SUNDAY, NOVEMBER 16, 2008

	WTBS (3)	CHBC (4)	KNOW (5)	KSPS (6)	KHQ (7)	KREM (8)	A&E (9)	KXLY (10)	BCTV (11)	CITY (12)	CBC (13)	YTV (18)	TSN (19)	VTV (22)	DISC (24)	FAM (26)	CITY (29)	SPIKE (44)	TROP (45)
6 AM	Stars	Pioneers		Maya	Today (N)	Paid Prog.	Private Sessions	Paid Prog.	Is Written	Driving TV	Animal	Being Ian	SportsCentre	Good Morning Canada	Mayday "Lost"	Overdrive	Mix TV	Married...	Fish TV
:30	Saved-Bell	Pioneers		Fetch! Ruff		Paid Prog.		Paid Prog.	Fishful	Let's Build	Lunar Jim	Dewitt				Rangers		Married...	Paid Prog.
7 AM	Saved-Bell	Hunter	Martha	Zula Patrol	News (N)	CBS News Sunday Morning	The Sopranos	Good Morning America	Foodies	Canada	Doodlebop	Winx Club	Reporters		Interrogation	(6:54)	Eye on Asia	Married...	King
:30	Videos	Fishing	Clifford	Animalia		Nation	The Sopranos "Eloise"	Wall St Tech	Canada	Is Written	Coronatn	Viva Pinata	Reporters		School			Hrsepw	King
8 AM	Movie: "Eight Legged Freaks"	Let's Build	George S.	Reading	Meet the Press	NFL Today	Movie: "Open Range" (2003, Western) Robert Duvall, Kevin Costner.	This Week With George	News (N)	TribalTrail	Coronatn	Ruby	NFL Countdown (Live)	Kids	True Stories	Suite Life (8:43) Zoey	Eye-Asia	Hrsepw	Raymond
:30	(2002, Suspense)	Powerboat	Magic Bus	Real	Friend	(Live)		Hour of Power		Marriage	Coronatn	Neutron	Countdown (Live)					MuscleCar	Raymond
9 AM	Movie: "The Haunting"	Let's Build	George S.	Reading	Meet the Press	NFL Today	Movie: "Open Range" (2003, Western) Robert Duvall, Kevin Costner.	This Week With George	News (N)	TribalTrail	Coronatn	Ruby	NFL Countdown (Live)	Kids	True Stories	Suite Life (8:43) Zoey	Eye-Asia	Hrsepw	Raymond
:30	(2002, Suspense)	Powerboat	Magic Bus	Real	Friend	(Live)		Hour of Power		Marriage	Coronatn	Neutron	Countdown (Live)					MuscleCar	Raymond
10 AM	Movie: "The Haunting"	Let's Build	George S.	Reading	Meet the Press	NFL Today	Movie: "Open Range" (2003, Western) Robert Duvall, Kevin Costner.	This Week With George	News (N)	TribalTrail	Coronatn	Ruby	NFL Countdown (Live)	Kids	True Stories	Suite Life (8:43) Zoey	Eye-Asia	Hrsepw	Raymond
:30	(2002, Suspense)	Powerboat	Magic Bus	Real	Friend	(Live)		Hour of Power		Marriage	Coronatn	Neutron	Countdown (Live)					MuscleCar	Raymond
11 AM	Movie: "The Haunting"	Let's Build	George S.	Reading	Meet the Press	NFL Today	Movie: "Open Range" (2003, Western) Robert Duvall, Kevin Costner.	This Week With George	News (N)	TribalTrail	Coronatn	Ruby	NFL Countdown (Live)	Kids	True Stories	Suite Life (8:43) Zoey	Eye-Asia	Hrsepw	Raymond
:30	(2002, Suspense)	Powerboat	Magic Bus	Real	Friend	(Live)		Hour of Power		Marriage	Coronatn	Neutron	Countdown (Live)					MuscleCar	Raymond
12 PM	Movie: "The Haunting"	Let's Build	George S.	Reading	Meet the Press	NFL Today	Movie: "Open Range" (2003, Western) Robert Duvall, Kevin Costner.	This Week With George	News (N)	TribalTrail	Coronatn	Ruby	NFL Countdown (Live)	Kids	True Stories	Suite Life (8:43) Zoey	Eye-Asia	Hrsepw	Raymond
:30	(2002, Suspense)	Powerboat	Magic Bus	Real	Friend	(Live)		Hour of Power		Marriage	Coronatn	Neutron	Countdown (Live)					MuscleCar	Raymond
1 PM	Movie: "The Haunting"	Let's Build	George S.	Reading	Meet the Press	NFL Today	Movie: "Open Range" (2003, Western) Robert Duvall, Kevin Costner.	This Week With George	News (N)	TribalTrail	Coronatn	Ruby	NFL Countdown (Live)	Kids	True Stories	Suite Life (8:43) Zoey	Eye-Asia	Hrsepw	Raymond
:30	(2002, Suspense)	Powerboat	Magic Bus	Real	Friend	(Live)		Hour of Power		Marriage	Coronatn	Neutron	Countdown (Live)					MuscleCar	Raymond
2 PM	Movie: "The Haunting"	Let's Build	George S.	Reading	Meet the Press	NFL Today	Movie: "Open Range" (2003, Western) Robert Duvall, Kevin Costner.	This Week With George	News (N)	TribalTrail	Coronatn	Ruby	NFL Countdown (Live)	Kids	True Stories	Suite Life (8:43) Zoey	Eye-Asia	Hrsepw	Raymond
:30	(2002, Suspense)	Powerboat	Magic Bus	Real	Friend	(Live)		Hour of Power		Marriage	Coronatn	Neutron	Countdown (Live)					MuscleCar	Raymond
3 PM	Movie: "The Haunting"	Let's Build	George S.	Reading	Meet the Press	NFL Today	Movie: "Open Range" (2003, Western) Robert Duvall, Kevin Costner.	This Week With George	News (N)	TribalTrail	Coronatn	Ruby	NFL Countdown (Live)	Kids	True Stories	Suite Life (8:43) Zoey	Eye-Asia	Hrsepw	Raymond
:30	(2002, Suspense)	Powerboat	Magic Bus	Real	Friend	(Live)		Hour of Power		Marriage	Coronatn	Neutron	Countdown (Live)					MuscleCar	Raymond
4 PM	Movie: "The Haunting"	Let's Build	George S.	Reading	Meet the Press	NFL Today	Movie: "Open Range" (2003, Western) Robert Duvall, Kevin Costner.	This Week With George	News (N)	TribalTrail	Coronatn	Ruby	NFL Countdown (Live)	Kids	True Stories	Suite Life (8:43) Zoey	Eye-Asia	Hrsepw	Raymond
:30	(2002, Suspense)	Powerboat	Magic Bus	Real	Friend	(Live)		Hour of Power		Marriage	Coronatn	Neutron	Countdown (Live)					MuscleCar	Raymond
5 PM	Movie: "The Haunting"	Let's Build	George S.	Reading	Meet the Press	NFL Today	Movie: "Open Range" (2003, Western) Robert Duvall, Kevin Costner.	This Week With George	News (N)	TribalTrail	Coronatn	Ruby	NFL Countdown (Live)	Kids	True Stories	Suite Life (8:43) Zoey	Eye-Asia	Hrsepw	Raymond
:30	(2002, Suspense)	Powerboat	Magic Bus	Real	Friend	(Live)		Hour of Power		Marriage	Coronatn	Neutron	Countdown (Live)					MuscleCar	Raymond
6 PM	Movie: "The Haunting"	Let's Build	George S.	Reading	Meet the Press	NFL Today	Movie: "Open Range" (2003, Western) Robert Duvall, Kevin Costner.	This Week With George	News (N)	TribalTrail	Coronatn	Ruby	NFL Countdown (Live)	Kids	True Stories	Suite Life (8:43) Zoey	Eye-Asia	Hrsepw	Raymond
:30	(2002, Suspense)	Powerboat	Magic Bus	Real	Friend	(Live)		Hour of Power		Marriage	Coronatn	Neutron	Countdown (Live)					MuscleCar	Raymond
7 PM	Movie: "The Haunting"	Let's Build	George S.	Reading	Meet the Press	NFL Today	Movie: "Open Range" (2003, Western) Robert Duvall, Kevin Costner.	This Week With George											

MONDAY, NOVEMBER 17, 2008

	WTBS (3)	CHBC (4)	KNOW (5)	KSPS (6)	KHQ (7)	KREM (8)	A&E (9)	KXLY (10)	BCTV (11)	CITV (12)	CBC (13)	YTV (18)	TSN (19)	VTV (22)	DISC (24)	FAM (26)	CITY (29)	SPIKE (44)	TROP (45)
6 AM	Jeffersons	News (N)	(6:12)	Bob Build	News (N)	News (N)	The Sopranos	News	(5:30) News (N)	(4:30) News (N)	CBC News: Morning (N)	Being Ian	SportsCentre	Canada AM	Daily Planet	Henry's	CityLine	Unsolved Mysteries (N)	F/X: The Series
6:30 AM	Jeffersons	Christine	George S.	Lions								Grossology							
7 AM	In the Heat of the Night	Room That News	Martha Dora	Arthur (EI) Martha	Today (N)	The Early Show (N)	American Justice	Good Morning America (N)			Curious Animal	Hawks	SportsCentre		Daily Planet (N)	(6:56) Phineas	The Tyra Banks Show	CSI: NY	The Outer Limits
7:30 AM																			
8 AM	Cosby	Ad Pers	(7:57) Hi-5	Curious							Bo On Go	Pokemon	SportsCentre		How-Made	Weekend	Rachael Ray	Married... Married...	North of 60
8:30 AM	Cosby	What	Magic Bus	Sid						100 Huntley Street (N)	Busytown	Flamingo		How-Made		K. Possible			
9 AM	Fam. Feud	Three Takes	Berenstain	Super Why!							Super Why!	Timothy	Off-Record	Regis and Kelly	Daily Planet	Feet	News (N)	Married... Married...	TV Made
9:30 AM	Fam. Feud		Clifford	Clifford							Gofrette	George S.	Fishing			Tigger	City		What
10 AM	Trivial	The Mom Show	Sid	Sesame Street (EI)							Wilbur	Erky Perky	PBA Bowling	The View Hot topics (N)	Man vs. Wild	Mickey Handy	The O.C.	Disorderly Con.	Survivor: Marquesas
10:30 AM	Trivial		(10:33)								Doodlebop	Jane							
11 AM	Harvey	Dinner	Rolie Polie	Dragon	Ellen DeGeneres Show	Young and the Restless	Crossing Jordan	Paid Prog.	Debbie Travis' Facelift	(10:59) News (N)	Miracles	Care Bears		Twice in a Lifetime	Mega Builders	Benj Bear	The Bonnie Hunt Show	Star Trek: Voyager	Deal No
11:30 AM	Harvey	Guys	Berenstain	Sit-Be Fit							Antiques	Jacob	UEFA		(11:25) King				The Nanny
12 PM	Fresh Pr.	News	(12:11)	Charlie Rose	Paid Prog.	News (N)	The Sopranos	All My Children (N)	News (N)	Days of our Lives (N)	News	SpongeBob	NASCAR Now	etalk	Super Ships	(11:49) Weekend	CityLine	CSI: Crime Scn	Seinfeld
12:30 PM	Fresh Pr.	Design U	(12:35)		Paid Prog.	Bold & B.					CBC News	Grossology		Bold & B.					Seinfeld
1 PM	Still Std	Home to	Maggie	Fine Art	Days of our Lives (N)	As the World Turns (N)	American Justice	One Life to Live (N)	As the World Turns (N)	As the World Turns (N)	Martha Stewart	George S. Ruby	NFL Primetime	Sue Thomas: F.B. Eye	Sport Science	Dragon Emperor	ER "The Providers"	Unsolved Mysteries (N)	Raymond
1:30 PM	Still Std	Buy Me	Daniel	Sewing															Raymond
2 PM	King	Guiding Light (N)	(2:04)	Barney	Raymond	Guiding Light (N)	Cold Case Files	General Hospital (N)	Young and the Restless	The Doctors	Steven and Chris	Viva Pinata	Horn	General Hospital (N)	MythBusters	(1:54) K. Possible	News	Unsolved Mysteries	Raymond
2:30 PM	King		BluesClues	WordWorld	Millionaire							Mr. Men	Interruption						Raymond
3 PM	Seinfeld	Whose Wedding Is It?	(3:02)	Big World	Judge	Dr. Phil	Cold Case Files	Rachael Ray	The Doctors	Young and the Restless	Living	Being Ian	Off-Record	Dr. Phil	Destroyed	Replace	News (N)	CSI: NY	That News
3:30 PM	Friends		Zoboomafoo (DVS)	WordGirl	Judge						Food	Pokemon	Sports		Destroyed	Emperor			That News
4 PM	Payne	Debt Part	Paddington	Fetch! Ruff	Judge J.	Oprah Winfrey	CSI: Miami	Inside	Oprah Winfrey	(3:59) News Global	Fashion	SpongeBob	Hockey	Ellen DeGeneres Show	Daily Planet (N)	Proud	Law & Order: SVU	CSI: NY	TV Made
4:30 PM	Payne	Deal No	George S.	Cyber	Judge J.			Deal No			Red Green	OddParent	Countdown		(4:36)				Very Bad Men
5 PM	Movie: "A Night at the Roxbury"	News (N)	Martha	BBC News	News (N)	News (N)	Intervention "Allison"	News	News (N)	(4:59) News (N)	Simpsons	OddParent		News (N)	MythBusters	Suite Life	Chuck (N)	CSI: Crime Scn	What
5:30 PM			(5:34)	Business	NBC News	CBS News		ABC News	Global		Fortune	SpongeBob	NFL			Montana			
6 PM		Global	Taste Buds	News-Lehrer	News (N)	News (N)	Intervention "Phillip"	News	News (N)	ET Canada	News	Drake	Football: Browns at Buffalo	News (N)	Dirty Jobs	Zoey 101	Celebrity Fit Club	CSI: NY	Make
6:30 PM	Harvey	News	renegade	Millionaire	Hollywood			News		Entertain		iCarly			Life Derek				TV Made
7 PM	(7:15)	E! News	Life in Cold Blood (N)	Benny	Jeopardy!	The Doctors	The First 48	Entertain	Entertain	Prison Break (N)	Coronatn	Malcolm	Jeopardy!	etalk	Canada's Worst Driver	Wizards	Curb	CSI: NY	Soap
7:30 PM	(7:45)	The Insider		'Allo, 'Allo	Fortune			The Insider	ET Canada		Jeopardy!	Home Imp.		Hollywood	So Raven	Less-Kind			Reality
8 PM	(8:15)	Name Earl	Hockey	Antiques Roadshow	Chuck (N)	Big Bang	The First 48	Dancing With the Stars	Prison Break (N)	My Own Worst Enemy	Dragon's Den (N)	Malcolm	Fresh Pr.	Dancing With the Stars (Live)	Daily Planet	Suite Life	News (N)	CSI: Crime Scene	Final 24
8:30 PM		How I Met				How I Met										Sadie	(8:35) News		Marvin Gaye.
9 PM	Movie: "A Night at the Roxbury" (1998)	How I Met	The Man Who Shot Chinatown (N)	American Experience (DVS)	Heroes "It's Coming"	Two Men Worst	Intervention "Allison"	Samantha	Heroes "It's Coming"	Heroes "It's Coming"	The Border (N)	Futurama	Prank Ptrl	Dirty Jobs	Montana	(9:06) Jimmy Kimmel	CSI: NY	Seinfeld	
9:30 PM		Worst													Life Derek				Seinfeld
10 PM	Montel Williams	Boston Legal (N)	Grannies	NW Prof	My Own Worst Enemy	CSI: Miami (N)	Intervention "Phillip"	(10:02) Boston Legal (N)	My Own Worst Enemy	News Hour Final (N)	National	Mystery	UEFA	CSI: Miami (N)	Canada's Worst Driver	School Judge	Star Trek: Voyager	Married...	
10:30 PM												Adrenaline	Strength			Cory	EP Daily		The Nanny
11 PM	Sanford	Guy Stuff	Landscape	Charlie Rose (N)	News (N)	News (N)	The First 48	News	News (N)	Entertain	(11:05) The Hour	Mystery	SportsCentre (Live)	News (N)	MythBusters	Suite Life	News	Deep Space 9	Raymond
11:30 PM				Tonight	Late Show			(11:35)		ET Canada		Ghost		News (N)	Life Derek	Paid Prog.			Raymond

monday movies

AFTERNOON

5:00 pm WTBS (3) ★½ "A Night at the Roxbury" (1998, Comedy) Will Ferrell. Desperate to meet women and open their own dance club, brainless brothers Steve and Doug Butabi cruise Beverly Hills. [E]

EVENING

8:45 pm WTBS (3) ★½ "A Night at the Roxbury" (1998, Comedy) Will Ferrell. Desperate to meet women and open their own dance club, brainless brothers Steve and Doug Butabi cruise Beverly Hills. [E]



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WEEKLY DEADLINE IS 12 NOON FRIDAYS



in memoriam

in memoriam

notices

In Memory of Rose O'Rourke

November 20, 1932 - November 11, 1984
24 YEARS SINCE SHE LEFT US

*Feel no guilt in laughter, they know how much you care,
Feel no sorrow in a smile, that they're not here to share,
You cannot grieve forever, they would not want you to
They'd hope that you would carry on, the way you always do
So talk about the good times, and the ways you showed you cared
The days you spent together, all the happiness you shared.*

*Let memories surround you, a word someone may say,
Will suddenly recapture, a time, an hour, a day
That brings them back so clearly, as though they were still here
And fills you with all the feelings, that they are always near
For if you keep those moments, you will never be apart
And they will live forever, locked safe within your heart.*

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Jul 06-11n

wanted

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WANTED: DEAD OR ALIVE!

Large construction equipment. Cats, bulldozers, etc. Call Scotty at (250) 295-0101. Oct 29 05n

Dry storage for 1-3 classic cars for the winter. Call (250) 295-1214 or (604) 817-5612. Nov 04 05n

Garage sale items for horse rescue fundraiser in December. Call (250) 295-0775. Horses also available for adoption. Nov 04 05n

found

One item of jewellery between PSS and Arena on October 22. Please describe to claim. Call (250) 295-6515. Oct 29/Nov 11

notices

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Gena Sandli
1:00 PM November 23rd
Outbackjacks Horse Ranch
1269 Highway 3 East, Princeton
RSVP by November 17th
Phone: (250) 295-0775
e-mail: outbackjacks@telus.net

Come and enjoy snacks and view our wonderful product. November's Christmas sale flyer is 75% OFF!

for rent

List your rental ad here for \$6.50 a week. Call (250) 295-4149. Sep 09/11n

1.5 bedroom house, downtown Princeton. Wheelchair accessible, natural gas heat. \$550.00 per month, plus utilities. Available now. Need excellent references, etc. Call (604) 484-2783 and leave a message. Nov 11

Shared accommodation - own bedroom, share kitchen, laundry, bathroom, etc. \$300.00 per month. No pets, non-smoking, references required. Call (250) 295-0869 or 293-6053 and leave a message. Nov 11

1-bedroom apartment in Princeton. Available now. Adult only building. \$500.00 per month. Need excellent references and damage deposit. No pets. Phone (778) 786-0935 for details. Nov 04 05n

Shared accommodation. Female only. \$500.00 per month, utilities included. No pets, no addictions. References required. Share house in Hedley with other female, one dog, two cats. Call (250) 292-8097. Oct 29/Nov 11

For rent immediately - clean, cozy 2-bedroom mobile home in adult park. Covered carport. Quiet area, close to town. Call (250) 295-6760 during office hours or (250) 295-6775 after hours. Nov 04 05n

for sale

Stacking washer/dryer, \$325.00. Piano, \$200.00. After 6:00 PM call (250) 295-6468. Nov 04 05n

PSS Grads/Athletics has firewood for sale. \$50.00 for pick-up and \$65.00 for your wood delivered. Proceeds to support Grad and athletics at PSS. Call the school at (250) 295-3218. Oct 07 05n

FREE/OBO
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- Cross Country poles, 52"
Downhill poles, 41", 43", 50"
Call (250) 295-7582 Nov 04 05n

1992 Nissan Pathfinder, V6, auto, 4x4, good condition, runs good. \$2,500.00 OBO. Call (250) 295-6156. Oct 28/Nov 11

Upright piano, \$600.00 OBO. Snow blower, 10 HP, 24" low time, \$500.00 OBO. Roof baggage trunk, \$100.00 OBO. Call (250) 295-6455 Nov 04 05n

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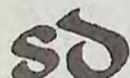
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Applications are invited for the position of Relief Bus Driver with School District No. 58 (Nicola-Similkameen) in Princeton, BC.

Successful applicants will be required to have a Class 2 with air or higher license, and provide a Driver's Abstract.

Application forms are available at Princeton Secondary School, 201 Old Merritt Road, Princeton, BC or online at www.sd58.bc.ca, click on Jobs, Support Positions. Applications, including a detailed resume with a minimum of three references, will be accepted until November 21, 2008. Please forward to:

Attn: Secretary Treasurer
School District No. 58 (Nicola-Similkameen)
P. O. Box 4100, 1550 Chapman Street,
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Fax: (250) 378-6263

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AWAY

Fri, Nov 14 - Grand Forks
Sat, Nov 15 - Kamloops
Fri, Nov 28 - Castlegar
Sat, Nov 29 - Summerland

Fri, Nov 21 - Sicamous
Sat, Nov 22 - Col. Valley
Sun, Nov 23 - Golden

Fri, Dec 12 - Kamloops
Sat, Dec 13 - Chase

Fri, Dec 5 - Chase
Sat, Dec 6 - Kamloops
Fri, Dec 19 - Beaver Valley
Sat, Dec 20 - Spokane
Sun, Dec 21 - Grand Forks

Fri, Jan 2 - Sicamous
Sat, Jan 3 - Summerland
Wed, Jan 21 - Chase
Fri, Jan 30 - Revelstoke
Sat, Jan 31 - Kamloops

Sun, Jan 4 - Summerland
Fri, Jan 9 - Sicamous
Sat, Jan 10 - Revelstoke
Fri, Jan 23 - Fernie
Sat, Jan 24 - Kimberley
Sun, Jan 25 - Creston

Fri, Feb 6 - Kimberley
Sat, Feb 14 - Revelstoke
Sun, Feb 15 - Sicamous
Fri, Feb 20 - Chase

Sun, Feb 8 - Summerland
Fri, Feb 13 - Chase
Wed, Feb 18 - Summerland
Sat, Feb 21 - Revelstoke

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762	531	894
945	827	163
457	962	318
698	315	247
123	784	956
584	293	671
216	478	539
379	156	482

CHALLENGE #142 - Hard

129	468	753
653	791	842
478	325	916
934	182	675
865	937	421
712	654	398
287	546	139
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my turn

Do Your Part

By the time you read this I will have already voted in the Municipal Election. I took advantage of the advance poll thinking I could avoid a crowd on November 15th and once I cast my ballot(s) the guess work would be over for me.

My decision being made, I now have to stick with it. No last minute campaigning can change my mind now.

Now that I've voted I can finally say it.

I'm insulted.

I am insulted as a voter by how this election campaign has gone.

I am insulted by the lack of respect shown to voters in Princeton and Area H by some of the candidates.

And I'm insulted as a resident of Princeton in how so many election signs have been moved, stolen, relocated and destroyed during this election campaign.

Now the other side of the coin.

I'm impressed with the interest shown in this election. Never in the history of this community has there been so many candidates seeking the chance to contribute to their community and possibly assist in the future growth of the area.

I'm also impressed with the interest shown by voters who virtually filled one venue and packed another to listen to and possibly learn something from the candidates at forums held during the election campaign.

I'm also impressed with the voter turn out at the advance polls. It says something about the voters in the area. Say it's a desire for change, but I think it's more related to the fact that voters in the area are finally interested in what happens to their community.

One thing that still bothers me about these kinds of elections is that there will still be a number of voters who won't take this seriously and will either not bother to vote or 'throw away their vote' once in the polling place.

I've said it before, and I'll say it again. This next three-year term will be a huge milestone in the history of our community. It will be the term that will be remembered as the one that was in place when the copper mine reopened. It will be remembered as the term that took place during the Olympics in Vancouver. It will be remembered as the term that saw completion of a number of projects started by the current term. It will be remembered as a very important three year section of Princeton's history and my only hope is that voters realize this and vote with their brains and not out of spite, anger, disgust, fear or whatever negative emotion you can attach to it.

I hope voters will cast ballots for one Area H Director, one Mayor and four Councillors and put in place the right combination of people who will take our community into the future and accomplish huge goals along the way.

I hope we end up with the right council for the times.

I hope you also feel the same way on November 15th.

EDITORIAL GUIDE

We would like you to write to us, but please remember to abide by anti-discrimination laws.

The News Leader reserves the right to refuse to print any letter which is not signed by the writer or is slanderous, libelous or of uncommon sense!

The Editor reserves the right to condense any letter or to substitute proper language for improper language.

Similkameen News Leader

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Office Administrator:
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George Elliott
Brenda Engel
Dawn Johnson

TIS TOONS



your turn

Still more election talk

To The Editor;
RE: A lesson in Leadership
by Randy McLean

Just a short comment regarding

the statement 'others will want your job.'

The thought that entered my mind was that three years ago

Letter To The Editor

Stan has hope

The Editor;

I am going to vote for Gerri Logan in the upcoming election.

I don't want to have no hope of attracting any new business enterprises. Every time a new enterprise is interested in our community we have no hope of them

coming to our community.

I believe Gerri is doing a good job for us. She is always accessible for our concerns. Gerri is doing her best.

I don't want to feel hopeless after the election.

- Stan Thompson, Princeton

nobody wanted it except Randy McLean. If people were so satisfied and things were going so well, why then do we have three others wanting the position?

I seriously doubt it is for the reasons perceived by our present Mayor.

Another thought: I seriously doubt that any of the others are pursuing it because they want a JOB, but, rather an opportunity to serve the citizens of this town.

I'm confident that Princeton will make a wise choice on November 15th.

- George Donovan, Princeton



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Current Comment:

A new voice lifts Americans



Dawn Johnson
editor@thenewsleader.ca

One of the advantages of being my age and still of sound mind is that I can remember so many other times.

I remember the fire hoses in Montgomery, Alabama, that nailed marchers to the wall while police dogs attacked them. I remember children dying in a church in Birmingham, Alabama, when somebody threw a bomb into the church.

I remember Martin Luther King's

poor people's march and his speech "I have a dream". I remember the American government afraid to make the changes that were needed to give black Americans equal rights.

Now the American people have elected their first black President, but that meant a lot less to me than the colour of his skin. I heard something about the colour of his soul.

Last Tuesday night, I listened to Barack Obama and I remembered John Kennedy.

There was a theme in Obama's acceptance speech so similar to the theme of John Kennedy. Obama did not ask Americans to give him power, he led them to empower themselves, to dare to dream the American dream and make the changes they need to make.

Obama never denied there are problems. He never denied the problems are going to be difficult to solve. What he told people was that they could do it, together.

"Yes, we can!" was the theme of

his entire campaign, and it touched the hearts, minds and consciousness of the average American. He let them know he understands their problems, and he will work toward solving those problems, but he expects them to work with him. This is what John Kennedy meant when he said, "Ask not what your country can do for you, but what you can do for your country."

There is a big difference between the Kennedy campaign and the Obama campaign: Kennedy and his family were rich while Obama had to rely on ordinary people to back him. Obama thanked them, the ordinary Americans who dug into their pockets to give him more financial support than any previous presidential candidate in the United States. Not only did his supporters give him money: they turned out to the polls in record numbers to ensure he won, and he won by a landslide.

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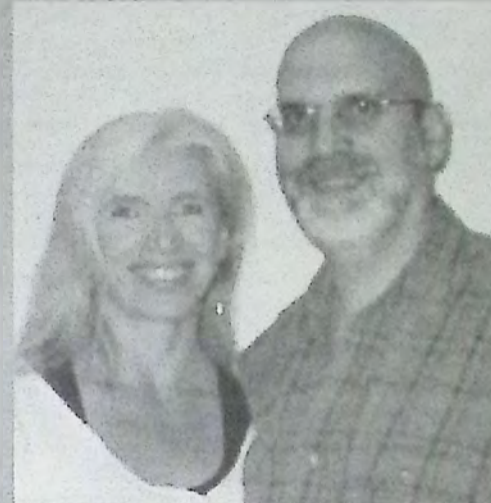
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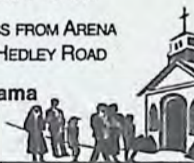
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Rachel Halipchuk is the Student of the Month for September. The Grade 10 student was nominated because she "demonstrates a high level of academic and athletic excellence." Her leadership skills on the junior girls volleyball team were also noted. Student of the Month is sponsored by PSS PAC. *

Letter To The Editor

Reader says it's time for change

Dear Editor;
Without Prejudice
Experience versus Change:
While change has to start somewhere, experience should make things easy.
In noting this paper and Letters to The Editor, in some cases support the incumbents running for Municipal office.

I personally see experienced councillors who have not done their job properly, in my opinion. Example: Mayor Randy McLean at the end of this term has served 18 years - 9 years as Councillor and 9 years as Mayor. Councillor Jim Manion 9 years as Councillor, Councillor Ray Jarvis 6 years as Councillor.

That is 33 years of combined municipal office experience. Princeton is still waiting for a prop-

er and an appropriate bylaw budget to back up both a full time bylaw officer and to enforce Princeton's bylaws and animal control.

These councillors and Mayor Randy McLean have both voted on and passed into law these same bylaws that today are still not up

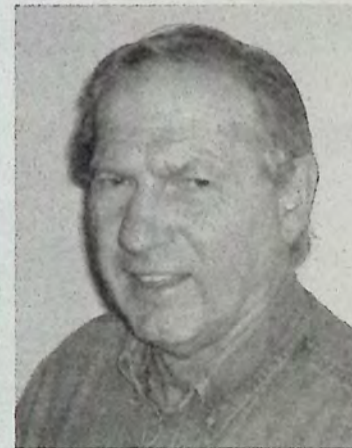
and running properly. If it takes this long with these councillors and mayor to get things done, God help Princeton.

I could be corrected on the number of years served by above council and mayor. If so, I apologize.
- Don Fleming, Princeton

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The candidates for Mayor in the November 15th Municipal Election include, from left, Randy McLean (incumbent), Jim Manion, Maria Sadegur and Esther Donovan. *

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.....continued from Page 8
 Holden Street, then into the new City Hall and then into the main library, before relocating to its current location in Vanier Park.
 For many years Matthews was embroiled in controversy with the Library Board over the ownership and organization of the documents he had collected. The City's position was that official recognition of the archives in 1932, along with an honorarium of \$30.00 a month,

amounted to ownership of the material by the City. Matthews disagreed and moved the collection back to his house. After weeks of wrangling he was appointed City Archivist and then returned the material to City Hall.

As a result of his efforts, Vancouver became the first City in Canada to erect a municipal archives building, appropriately it was named in Major Matthews' honour. He died in 1970 at the age of 92.

From The Hip

Opinion by Ed Vermette

Just vote!

This week I would like to discuss and stress the importance of this particular civic election and your vote.

My position over the past two weeks has been clear, and probably ruffled some feathers. The controversy created is healthy for our community, because if you are talking about it, you are interested and you do care. If I made you mad or encouraged you somehow to vote, then I have succeeded with my initial intentions.

Princeton has opportunity staring it in the face, and it's up to us to act on it. A few small groups are trying to convince us that we must maintain the quaint small town that we are.

I disagree. It's time to start building a future for ourselves, our children and our grandchildren. It is time to hang the sign that Princeton is open for business and with the right people we can rebuild and prosper. Nobody wants to jeopardize our health or style of living, but a closed door policy does not attract industry.

Think about this.
 We do not historically have a great voter turn out for a civic election, and with 20 people running for 5

council positions the vote could very likely be split to the point that any candidate could win by the smallest margin. Your apathy could be the deciding factor.

Regardless who represents our new Council, I would like to offer a couple of suggestions.

We should be rethinking our economic development situation and how we are attempting to attract industry. Secondly, it is not uncommon for the Mayor to have an Advisory Committee to help with decision making.

I would like to suggest that each member of council have a hand-selected advisory committee consisting of 4 or 5 residents. With up to 25 people helping Council with their decision making process, we would have a consensus of our community to move in a forward direction without the controversy after the fact.

So there you have it, I have made my point, mission accomplished. Now it's up to you.

Regardless of how you vote, just vote and make sure you take someone who does not normally vote. If we each did this, we could double the voter turn out. It could be the difference in an election that I predict will have very close margins.
 See you in three years!

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Letter To The Editor

Reader shares observations

Dear Editor;

I so enjoy reading your paper, and learn so much from it.

Dawn Johnson is a prize and meaningful writer and Nick Mills always astounds me with the history of this nation.

Those poor kids and the chocolate bars sure got the rough end, all in the name of communism.

I loved reading about the watch dog and how he is watching what happens on the farm of 'Princeton' short and sweet, but ankle-biting to the point!

It is so good to see everyone who has offered themselves to public service and just shows what a great place and concern of the people,

Princeton has. I won't comment on your elections as I am not from there, and other than one or two gents faces I really don't know of anyone!

But I will say that if Solana gets an opportunity, it seems she will do Princeton a good service.

"Kids first!" They are your future! And if you don't want them running away to big cities for good, treat them well from where they are from. Some will go and become doctors and return to practice there because they will remember someone cared.

With that in mind, Princeton being one of the prettiest and friendly towns in BC, any kid with good

memories would be attracted back.

Anyone who can vote should get out there and VOTE! But, remember what Professor Cornel West once said (when you cast your vote) and see if the person you vote for fits his statement - "You cannot lead the people if you do not love the people" and "You cannot save the people if you do not serve the people."

The best leader will be the one you know can love and serve you!
Go VOTE!

- Brad Bradfield, Vancouver

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If we have omitted anyone's name, please accept the Fair Board's apology.

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