#### Volume 11 Issue 48 #555 ISSN 1712-090X Canadian Publications Mail Agreement No. (1299263)

Similkameen

News Leader November 25, 2008 Published Weekly in Princeton, BC Bengel Publishing Inc. 226A Bridge Street, PO Box 956, Princeton, BC V0X 1W0

WIN \$500! See Page 10

roblem es antlers

Once again, Town Council has been confronted with a letter from an irate citizen demanding action on the deer problem. Council was sympathetic to the problem, but its hands are tied by lack of appropriate provincial legislation which would allow the Town of Princeton to take action.

Councillor Jim Manion expressed his feelings with considerable passion and concluded by saying, "Stop feeding the deer and they'll go away!"

Mayor Randy McLean said he was confused as to what the majority of citizens want, as some like having the deer around, and feel it is good for the tourist trade.

**INCLUDES GST** 

Tuesday

Councillor Ray Jarvis said he had not heard of tourists phoning to see if we have deer wandering around. Mayor McLean said he would like to have some indication from townspeople as to whether they would approve of a project to remove the deer from the town.

Councillor Manion replied that it might work for awhile, but the deer would come back if there was still food available to them, because the deer are all around the town.

Council could not resolve the problem.



in March 1971, left to raise a family, then returned. In total she worked 32 years at CIBC. \*

## gives thanks all rou ounc

There will be a new Town Council sworn into office on December 1. The November 17 meeting was the last for the present Town Council. When Chief Administrative Officer Patrick Robins was asked to give his report, he asked Lyle Thomas to help him. The two Town employees brought out plaques and framed photographs of Town Council to present to members of Council on behalf of the people of Princeton. Each member of Council received a plaque expressing thanks for "dedication and service to the Town of Princeton from 2005 to 2008".

Mayor Randy McLean gave a short speech thanking the four Councillors with whom he has worked for the past three years. He expressed appreciation for their willingness to work hard for the people of Princeton, and he said he will miss the camaraderie



of working with them and the staff to achieve goals. Mayor McLean mentioned feeling very positive about the past

three years. His sentiments were echoed by

Councillors.

Councillor Jim Manion said, "It was great working with you guys for the past three years," and congratulated Mayor McLean and the new Councillors. He thanked Town Hall staff for their support. Councillor Ray Jarvis said he will

miss Maria Sadegur, Pam Jones and Jim Manion on Council.

Mayor McLean thanked the people who had put their names forward to run for Council, and said he is looking forward to working with the new Town Council. He promised to fulfill his duties to warrant the trust people have put in him.

At the end of the meeting, several people thanked Town Council for their work and support during their term of office.

# res

The mountain pine beetle infestation and a report titled Labour Market Dislocation in the Interior Forest Industry prompted several BC Interior school districts to prepare for a time when employment in the forest industry may no longer be available to increasing numbers of forest industry workers.

At the November 19 meeting of the Board of Trustees of School District #58 (Nicola-Smilkameen), trustees approved a plan to provide skills training for dislocated forest industry workers and district students. The plan is called the Interior School District and Post Secondary Partnership. Other schools districts involved are: Revelstoke, Cariboo/Chilcotin, Kamloops/-Thompson, Gold Trail and North

Okanagan/Shuswap. Post Secondary institutions involved in the partnership are Thompson Rivers University, Nicola Valley Institute of Technology, and Okanagan College.

The goal of the partnership is to provide training locally through teleconference classrooms as well as computer assisted learning programs.

No funding is available at this time, but when all partners have signed the agreement, the Partnership will apply for funding from a variety of sources. The funds will be used to set up the basic infrastructure for delivery of the training programs.

Business and industry will be enlisted as consultative resources to ensure the programs offered are current, relevant technical and trades programs.

### **Robins declares election results official**

Patrick Robins, Chief Election Officer for the Town of Princeton, has released the 'official' results for the General Local Election held November 15th.

The results for Mayor changed slightly from the 'unofficial' results, with no change in the overall outcome.

Randy McLean was re-elected

Mayor with 386 votes (up from 371 in the 'unofficial' results). Jim Manion finished with 270 votes (up from 252), Esther Donovan had 264 votes (up from 252) and Maria Sadegur finished with 166 votes (up from 161).

In the Councillor results only one change was made: candidate Douglas Rebagliati received one

more vote than had originally been credited to him in the 'unofficial' results. The final results were declared official at 4:00 PM on



Monday, November 17th. The new town council will be sworn in Monday, December 1st.

THIS WEEK



Page 8 - BC's wet birth day! / Page 11 - New season brings new feature REGULAR FEATURES Page 4 - Keremeos / Page 11-18 - TV Guide / Page 22 - Editorial / Page 23 - Current Comment

Phone: (250) 295-4149 • 1-888-350-9969 • Fax: (250) 295-4103 website: www.thenewsleader.ca - visited by 455\* people daily in October 2008 \* average figure according to AWStats

#### Tuesday, November 25, 2008

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Similkameen News Leader





# The Best Place to Share and Celebrate.

Winning our bid to host the 2010 Olympic and Paralympic Winter Games was a huge achievement for British Columbia and for the thousands of people who contributed to that success. And now, with the Games drawing close, British Columbians are once again dedicating themselves to ensure our province makes the most of this unparalleled opportunity. As we approach 2010, this is the spirit that's getting us ready to host the best Games ever.

To find out how you can get involved, no matter where you live in the province, visit bestplaceonearth.ca







The new Princeton Exhibition Association executive, left to right, seated: Ruby Bey, John Bey, Carol Ruoss. Standing: Judi Esdale, Terry Inglis, Sandy Gabor, Peter Ruoss. Missing: Eric Gregson, Stan Thompson, Ernie Willis, Cathy Pusell. Photo: Dawn Johnson

# **PXA returns Bey**

John Bey was elected President of Princeton Exhibition Association (PXA) at the annual general meeting held November 18. Carol Ruoss will serve another term as Vice-President. She was appointed Secretary as well, with Ruby Bey appointed Treasurer.

Directors are Stan Thompson, Terry Inglis, Ernie Willis, Eric Gregson, Sandy Gabor, Cathy Pusell, Judi Esdale and Peter Ruoss.

President Bey said he would like more members of user groups to attend PXA meetings in the future to improve communication between the groups and the PXA, and to discuss working together for the betterment of everyone.

Upgrades on the grounds continue. Recent improvements include a new electrical system that will save about \$2,000 a year.

ATV BC has asked for a weekend to be reserved in June 2009 for another major get-together. President Bey noted some of the problems that arose last year. After some discussion, it was agreed that the PXA and ATV BC discuss how these may be resolved.

Horse racing dates are tentatively set for June 26, 2009. This will be the weekend before Canada Day. Knowledge Network asked the PXA for permission to show photographs of Sunflower Downs on the network in 2010. The photos were taken by Gerri Logan. President Bey advised he had signed a document granting use of the photos.

A new lease agreement between the Town of Princeton, owners of Sunflower Downs, and the PXA which manages the grounds, is under negotiation. The new lease will include an annual \$20,000 operating and maintenance grant from the Town.

President Bey noted a special \$2,000 grant has been approved for repairs to the facades of the buildings at Sunflower Downs. The false fronts of the buildings need to be repaired and painted. Wayne Hooper has been generously volunteering to do painting required on the buildings.

There was some discussion as to whether building or buying a portable stage would be most economic. This stage proposal came up last year, and a grant application went in to Community Forest Corporation to finance purchase of such a stage. The application was denied funding. PXA members may go ahead and

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Phone: (250) 295-4149 Fax: (250) 295-4103 plan how to build a stage. President Bey reminded members that this would be a stage that could be used by all community groups, and he said contacts should be made with other potential users to see whether they could contribute some funds. The newest idea would be to outfit a fifth wheel trailer as a sound stage which could be moved around the community by a half-ton pick-up truck.

All of the groups who use the PXA facilities are winding down for the year. The PXA will not meet again until February 10, 2009.

#### www.princetonbcnews.com

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#### NOTICE OF PRUNING

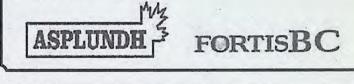
FortisBC Inc. has contracted Asplundh Canada ULC to manage vegetation near power lines within its service area. This work is necessary to reduce safety hazards near electrical wires and to prevent power outages caused by trees or tree limbs making contact with the lines.

Clearing around the low voltage lines that deliver power to individual residences remains the responsibility of the property owner. For safety reasons, FortisBC encourages homeowners to enlist the help of a qualified professional when pruning near low voltage lines.

Over the next few weeks, Asplundh Canada ULC crews will be pruning, treating and removing hazard trees in the FortisBC service area of **PRINCETON-SUMMERLAND ROAD** (Highway 40) **FROM PINEWOOD CREEK ROAD SOUTH TOWARDS PRINCETON.** Every effort will be made to minimize disturbance to local property owners. If you have any questions about this project, please call Asplundh Canada ULC at 1-800-663-5860.

As a by-product of this work, free wood chips will be available in 8 cubic metre loads. If you are interested please call 1-800-663-5860.

Thank you for your cooperation.



THANK YOU, PRINCETON! I appreciate your support in the November 15<sup>th</sup> Municipal Election

Town of

Est. 1860

Thank you, again. John Babiak

I would also like to congratulate those candidates who were elected to Town Council...

The voters of Princeton have selected an awesome group of people to move the town forward!

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Tuesday, November 25, 2008

Similkameen News Leader



#### Similkameen **News Leader**

## Different kids need different ways to learn

All children have different ways of learning.

At the November 19 School Board meeting, Sylvia Wilkins, a teacher at John Allison Elementary School, outlined for trustees the different methods of addressing each student's learning needs.

Each school in Princeton has done a study to identify students at risk of failure.

Each school has developed a variety of ways of assisting those students having learning difficulties. Wilkins presented methods at work in her school.

One of the methods is Guided Reading. The teacher works with small groups of students and the students work with each other to increase reading skills.

Math skills are taught in groups

Princeton Crisis Assistance

Society, best known at this time of

year as the 'hamper people,'

requests your support going into

The group has distributed boxes in

many area businesses for the col-

Christmas season.

which use games and other activities and resources. Students work with each other as partners in some activities. Understanding of the Math concepts is the priority outcome.

Teachers continuously assess each

student's progress.

These are new methods using new learning resources. The success of the curriculum will be assessed as time goes on, and will be based on the overall learning progress of each student.

strict bids farewell

Two school trustees sat at their final school board meeting on defeated.

November 19. Dina Slowikowski-Campbell, of Princeton, Marguerite and Kempen, of Merritt, will not be serving on the board for the next three years.

Kempen, who has been a trustee off and on for the past 27 years, says she is retiring.

Slowikowski-Campbell ran for a

lection of non-perishable food

items and new toys for inclusion in

the annual Christmas Hamper

cash donations to assist with costs

associated with the purchase of

The Society is also requesting

Drive.

seat on Town Council and was Both were presented with an

engraved old-fashioned teacher's bell as a farewell gift from the school district.

Kempen had gifts of her own to distribute - jars of homemade jelly.

Both trustees said they had enjoyed working with fellow board members during the past three years.

encouraged to toss a stuffed animal on the ice. All stuffed animals will

be gathered and given to Crisis

Assistance for the Christmas

The Teddy Bear Game is sponsored by Princeton Posse,

Princeton Dairy Queen and Similkameen News Leader.

items for the hampers.

1W0.

Hampers.



www.thenewsleader.ca

**TRAINED - FRIENDLY - RELIABLE** 

Monday, December 1st 7:00 PM **Princeton & District Community Skills Centre** 

The regular Council meeting will follow at 7:30 PM. Informal reception to follow.



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Elvis Tribute Artist Darrell Douglas will be performing as part of a fundraiser November 29th in the United Church Hall in support of Shirley's Cupboard and Basics for Babies. For more information call Judith at (250) 295-6313 or Dave/Char at 295-6277. - photo submitted

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#### Tuesday, November 25, 2008

Similkameen **News Leader** 



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# news leader health and lifestyle page riving kids? Drive smoke-free

(NC)-Kids, cars and cigarettes don't mix. That message is spreading quickly across Canada, as more cities and provinces move towards banning smoking in cars carrying children. This past spring, Ontario became the third province in the country to introduce this legislation, behind Nova Scotia and British Columbia.

There's good reason for the momentum - children can be exposed to up to sixty times the concentration of secondhand smoke while in a vehicle, compared to less confined indoor spaces, according to a recent Ontario Medical Association report.

"Second-hand smoke is a major cause of illness, especially for children who are unable to remove themselves from exposure while in vehicles," says George Habib, your journey to quitting smoking: President and CEO, The Lung Association.

interest of children and we look for-

ward to seeing the positive impact that will result from this initiative." Now is a good time for smokers to reduce-to-quit smoking in preparation for this new legislation, which comes into effect on January 21, 2009.

The following tips can help you on

· Set a personal goal. Aim to quit smoking by early next year, when "This new legislation is in the best the new legislation banning cigarette smoking in cars with kids comes into effect.

#### nutrition hift to better

(NC)-About 30% of Canadians are shift workers and getting enough sleep isn't their only concern. Factory workers, 24-hour retailers, telemarketers and emergency service staff can find themselves struggling to eat healthy on the job because of their busy schedules.

Eating well can prove to be a real challenge during night shifts when the only food readily available may be from vending machines or fast food restaurants. Vending machine snacks and fast food tend to pack in a lot of fat and sugar. Though these foods provide a quick energy boost, after the initial rush you're left feeling even more tired and sluggish.

Instead of relying on your next sugar high to get you through your shift, use these simple tips to help you feel great.

Pack a lunch: Healthy meals and snacks from home will make it easier to eat well on your shift. Include a variety of nutritious foods such as plenty of vegetables and fruit and whole grain products. Choose lower fat milk products like skim, 1% or 2% milk and yogurt, lean meats and protein alternatives such as boiled eggs or peanut butter.

Watch portions: Portion control is the best and quickest way to limit calories and avoid weight gain. Instead of eating a large meal before and after work, try eating smaller meals and snacks during your shift to tide you over.

Take a multivitamin: You can't always get the vitamins and minerals you need from diet alone. So a great way to ensure you are getting all the nutrients you need is to include a well balanced multivitamin, like Centrum into your health regime.

Drink lots of water: Drink plenty of ater and other fluids to prevent dehydration, which can leave you feeling tired. Remember that by the time you feel thirsty you are likely already dehydrated. Keep a water bottle close by and drink regularly throughout your shift.

Eat meals according to time of day, not your shift. If you start work in the afternoon, have your main meal in the middle of the day, rather than in the middle of your shift. If you're working nights, eat your main meal before your shift starts, preferably

between 5 and 7:00 PM.

Cut down on caffeine. Caffeine stays in your system for up to eight hours which can make it difficult to fall asleep later. It's best to have caffeinated drinks before or early in your shift. Even better, switch to decaffeinated tea or coffee and enjoy fruit juice, low fat milk or water.

Reducing the effects of shift work on your body starts with good nutrition. A consistent diet of fruits and vegetables, a multivitamin such as Centrum and plenty of water and rest are the best ways to make sure' your body is getting the nutrients it needs. A good nutritional foundation will help you avoid the pitfalls of shift work and allow you to work at your best no matter the time of day. - News Canada · Use a smoking cessation aid. There are many options available to help smokers quit gradually including the patch, gum, lozenges and prescription medications. Nicotine replacement therapies like Nicorette gum, lozenges or the Nicoderm patch can double a smoker's chances of quitting successfully.

· Be patient with cravings. When you want a cigarette, wait a few minutes - a nicotine craving usually lasts three to five minutes. Do something else instead of smoking; try chewing gum or drinking water.

· Avoid triggers. Try to avoid triggers that increase your desire for a cigarette, including alcohol and coffee.

· Reward yourself. Plan something special for reducing or eliminating your cigarette intake - treat yourself to a nice meal or spa service.

Visit www.reducetoquit.ca for more helpful quit tips. - News Canada

# living past 100

#### **Banish those cold sores**

Cold sores begin as little eruptions along the edge of your lips, but they can soon grow into embarrassing, painful large blisters. What's more, they can spread to anyone you kiss or are silly enough to share a glass or bottle with. Cold sores are not caused by the virus that causes colds. Cold sores come from an entirely different virus called oral herpes. This is what is known as a "sleeper" virus. It is common to everyone, but not everyone will get cold sores. Some people get cold sores all of the time, and some people never seem to get cold sores. The difference may be in the amount of a specific amino acid in their diet.

Lysine is an amino acid which prevents the invasion of herpes into the cell, thus preventing an outbreak of cold sores.

Oral herpes virus can be there, in your body, just waiting for an opportunity, such as a stressful time or a time when your immune system is fighting off another virus. Then herpes will find less resistance and it stops "sleeping" and goes to work in the form of cold sores.

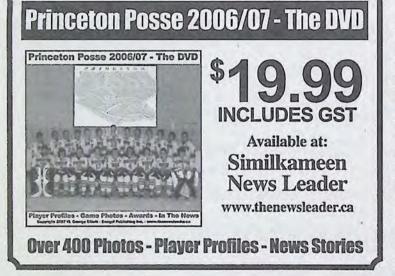
If you are one of those people who frequently breaks out in cold sores, lysine can be taken to prevent this condition. Lysine is an amino acid that can be taken as a supplement, but if you are a chronic sufferer of cold sores, you might want to look at what you eat. Lysine is plentiful in turkey, ricotta cheese, avocado, eggs and chocolate. Yogurt, the kind with acidophilus, is very good as a bacteria fighter, and can be consumed in large amounts (up to 3 cups) during a cold sore outbreak.

There are some foods you can avoid because they contain arginine, another amino acid, which oral herpes loves. Avoid nuts, seeds, pork, milk and all cheese except ricotta.

#### Protect others

If you have a cold sore outbreak, please protect others from your virus. Do not share a glass, or a kiss, or a towel or face cloth with anyone else while your blisters are weeping. In fact, it is not a good idea to share any personal care products with anyone at any time, because they could be spreading disease to you!

Follow the rules for preventing the spread of flu or colds: wash your hands frequently, do not touch your eyes or nose unless your hands are very clean. Disinfect doorknobs, and other surfaces you touch frequently, and wash your dishes in very hot water.



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Princeton Lions Club President Wayne Passey, standing, greets members and guests to the club's 38th Charter Night Dinner November 22nd. The event celebrates the birth of the club in Princeton. \*

# **From The Hip**

#### **Opinion by Ed Vermette**

#### Another time in Princeton

After our recent civic election, I was reminiscing about another time in Princeton, the 70's and early 80's. A time when jobs were plentiful and our community prospered.

In the 1970's Princeton had two main employers, the mill and the mine. We had a proud and functioning hospital with many doctors, a local forestry department, a full school board department and also a local unemployment office.

As a teenager and young adult during the 70's, I can remember Princeton having the services of two drug stores, two barber shops, two television repairmen, two small engine repair shops, two grocery stores, three banking institutes, four clothing stores, a jewellery store, a portrait photography shop, a furniture store, a large dry cleaners, a meat market, a shoe store, a car dealer, two ski hills and a movie theatre. This was just some that easily come to mind.

The community spirit was extremely strong and our corporate leaders made huge contributions to the area and its residents. It was an easier time with opportunity and hope.

So what is the big difference with today? We had two major employers and a variety of minor employers that made for a stable and growing economy. Although the closing of the mine had a big impact on the slow demise of some services, Princeton has managed to continue on in a slow housekeeping fashion.

Perhaps with the potential of the mine opening, opportunity knocks at the door once again. Or will we remain economically vulnerable by having all our eggs in one basket? Small or large industry has to be looked at seriously to help rebuild a sleeping village because it's difficult to keep up when you take two steps backwards for everyone else's one step forward. Our success or failure is dependent on having the foresight to plan for the future,



**Build A Business Risk Free!** 

Now that our civic elections have been completed, and the voters of Princeton have spoken, I offer my hearty congratulations to Mayor Randy McLean and to all members of Town Council.

During my term on council, I have made many friends, including members of the various boards that I have had the pleasure of serving on, our town staff, and members of other town councils. To all of you, I offer my thanks for your assistance and friendship. Good luck to you all.

In closing, I offer my thanks to the citizens of Princeton. It has been an honour serving you. I wish all of you, the very merriest of Christmases, and all the best for a healthy, happy, and successful new year.

Maria Sadegur



I wish to express my sincere thanks and appreciation to each of you who supported me during our recent elections. I look forward to working with you for the betterment of our community.

As promised, I will be available each TUESDAY from 2:00 to 4:00 PM at the TOWN OFFICE, starting December 2nd. Please drop in to discuss any town related matter of interest to you.

Respectfully Frank Armitage, Councillor





Clean your furnace filters. Clean or replace air filters in your forced air heating system once a month to help your unit run more efficiently.

For more bright ideas, visit www.fortisbc.com or call FortisBC PowerSense at 1-866-4FORTIS (1-866-436-7847).

Enter to win 2 tickets to the next Princeton Posse home game -Friday, November 28 vs Castlegar Saturday, November 29 vs Summerland

Mail Entry to: PO Box 956, Princeton, BC VOX 1W0 OR Drop off at: News Leader Office, 226A Bridge Street

Winners will be notified at least one day before scheduled game!

Saving energy makes sense

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Similikameen News Leader



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# egion hosts annual doubles crib tournament

On Sunday, November 2nd the 9th annual Jean Smith Doubles Crib Tournament was held in Princeton Legion Hall.

A total of 32 teams participated, which made it a great day of fun for all. Two teams came from Okanagan Falls to try to win their share of the big money.

Tournament organizers thank all the great volunteers who helped out. Ron, Ed and Stan set up the tables Saturday night.

Jean Borud made two soups for the lunch and Jan Terepocki helped her make all the sandwiches for a

#### **RCMP** report

Princeton RCMP have released information to the media on two incidents - one dating back to summer.

On July 5th, following a night of watching 'Extreme Fighting' on TV at the Brown Bridge Pub on Vermilion Avenue, a fight erupted which resulted in other patrons of the establishment getting involved.

-0

"A patron suffered severe head trauma - fractured skull and jaw resulting in surgery to repair the damages," says Princeton RCMP Detachment Sgt. Gary Macahonic.

"A resident of Princeton is facing charges of Causing a Disturbance and Assault."

A tentative court date has been scheduled for December 11th.

And on October 4th a young male was stabbed in the lower leg in front of 185 Luard Avenue.

"The victim received medical attention and was released shortly thereafter," Sgt. Macahonic says.

A Princeton resident is facing a charge of assault with a weapon. A tentative court date has been scheduled for January 8, 2009.

#### Lali runs for 4<sup>th</sup>

Yale-Lillooet NDP MLA Harry Lali launched his candidacy for the May 12th provincial election from the Nicola Valley Institute of Technology. Joined by many friends, family and supporters the crowd urged him on as he seeks his 4th term as MLA, this time within the new boundaries of Fraser-Nicola.

"Rural British Columbia has been abandoned, ignored and forgotten by the Gordon Campbell Government in Victoria," said Lali.

"When they came into office the Campbell-Liberals falsely promised a brighter future for all, but conveniently forgot the hinterlands of BC."

Lali said, ""Premier Campbell is out-of-touch with the needs of Rural British Columbians and average families across the province. After squandering the provinces riches during good economic times, Mr. Campbell arrogantly believes that British Columbians will trust him with a third term.".

Lali adds, "The people of Fraser-

great lunch.

Cec Anderson came out and helped Kim Herzig check and total up all the scores for the crib. Chuck Whitlock had the coffee on early so it would be ready when everyone showed up.

Last, but not least, Jeanette Lee and Cam Powley sat all day selling tickets for raffles and side pot prizes. What would we do without our volunteers?

After 19 games of crib the winners of the tournament were:

1st Place: Bob and Sharon Paterson (with Flossy Parsons 2nd half)

\$400.00 - 2226

2nd Place: Fred Kline and Derek Winter - \$250.00 - 2222

3rd Place: Marg Weatherup and Bob Huckell - \$150.00 - 2207

4th Place: Jack Powell and Joe

Beausoliel - \$100.00 - 2202 5th Place: Swany Bernier and Dell

- \$60.00 - 2189

Low Score (and free entry into the

# orothy sends her court report

next tournament) - Jim and Linda

18 Hand - Sandy Harrop - \$20.00

22 Hand - Derek Winter - \$20.00

23 Hand - Bing Wong - \$20.00

Crib Flush - Ed White - \$20.00

4 of a kind - Ena Weller - \$20.00

28 Hand - Swany Bernier - \$60.00

29 Hand - still not one. It will be

worth \$340.00 at the next tourna-

Martindale - 2019

ment.

The temperature is cool but the beautiful blue skies are so pretty. The forecast tells us that clouds and

snow will soon be here - probably by the time this arrives.

We residents have been enjoying

our usual activities. Surprising how many words we made from the brief phrase "When will it snow?" · Our horoscopes were read and for once they were complementary for each of us.

19 Pot - \$22.80 Sharon Paterson -

50/50 - \$56.00 Wayne Harrop -

extend thanks to Laura Haw, Anne

McIntosh and Swany Bernier for

their contributions to the event.

Tournament organizers also

- submitted by Kim Herzig

\$50.00 Sandy Harrop

\$120.00 Steve Jaster

Of course we did exercises to the organ music played by Ruth with many of us quietly singing along.

Then on Tuesday we were treated to a two-hour film with the action happening about mid-1880's. Horses of course, a love affair naturally and vast open fields and mountains with herds of cattle on the run.

The title was, "Return To Snowy River." Many of you will have seen the film but I haven't. It was much enjoyed.

Next week, weather permitting. we'll go on a shopping trip and have lunch out. The stores will probably be decorated for Christmas. That should be very interesting and tempting.

#### - submitted by D. Stenvold

#### Actors give big ticket

Young actors attended the November 17 Town Council meeting to present a big ticket to Mayor Randy McLean. The young people, and some older actors, were there to encourage Town Council to attend their upcoming production of children's plays.

The plays will be performed at Riverside Centre on December 4, 5 and 6, three evening performances with a matinée on Saturday, December 6.

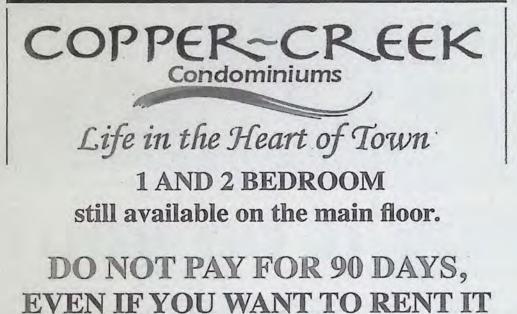
Monsters Under the Bed is a play about facing fears and overcoming them. The Prince Who Wouldn't Talk is an entirely different kind of play in which the audience is asked to participate in finding whether there is a moral to the story.

There are 21 youngsters and several adults involved in the play, from stage hands to actors, under the direction of Susan Kerr.

Mayor McLean said he would be pleased to bring the giant ticket to the play, but he was given a wallet size ticket instead. The big ticket created by the young people will be used as a poster to advertise the plays at Town Hall.

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9



Campbell gives them credit for."

Lali said, "My constituents are telling me that they have had enough of the Campbell-Liberals uncaring and mean-spirited policies. They are telling me that Mr. Campbell and his Liberal Government have abandoned seniors and rural health care, Aboriginal people, students and youth, and forestry workers and small towns."

NVIT has long held a special place in the local MLAs heart.

Lali said, "This building is a far cry from the classes I used to address in the Basement of the

Indian

eighties. In 1999, I convinced my NDP Government to build this \$11-million campus. It showcases what I can do when we have a government that cares about rural British Columbia and its development!"

Lali, the longest-serving MLA for Yale-Lillooet, said since 2001 the Campbell-Liberals have shut down 60 sawmills and pulp mills and eliminated 30,000 forestry jobs.

"Forestry is in a crisis with record number of jobs lost, real wages in decline, and more and more people having to fight harder and harder to survive," said Lali.

"The uncaring BC Liberals have done absolutely nothing to protect forestry jobs and communities."

Lali adds, "My constituents from Princeton to Logan Lake, Merritt to Lillooet, and from Ashcroft and Skeetchestn in our new Fraser-Nicola constituency are telling me to continue to stand up to Gordon Campbell and his friends and insiders in Victoria and to continue to fight for their local, rural issues such as long-term care beds, lower tuition fees, hospital operating rooms, forestry jobs and Aboriginal issues."

Lali said, "I am honoured to take up the challenge again and continue to stand up and fight on behalf of my constituents as I have done for most of the past 20 years, as a councillor in the City of Merritt and former Cabinet Minister and MLA for Yale-Lillooet."

- submitted by Harry Lali's office, Merritt

Similkameen News Leader

A very lucky Similkameen News Leader reader will celebrate Christmas with a cash prize of...

# Will it be you?

Here's how to enter. Two issues of the News Leader (November 25 and December 2) will have letters hidden on pages that spell out 'News Leader' all you have to do is collect the letters and attach them to the entry form below. Mail or drop your completed entry off at our office located at 226A Bridge Street (PO Box 956, Princeton, BC, VOX 1WO). Draw to be made at 12 Noon Friday, December 5th. Only original entries will be accepted (no photocopies) and you must be 18 years of age or older to win. We've even given you a head start by supplying the E's!

Official 2008 Similkameen I \$500.00 Giveaway I	
Name	COMPLETED ORIGINAL ENTRIES (NO PHOTOCOPIES) ARE TO BE DROPPED OFF OR MAILED TO:
	Similkameen News Leader 226A Bridge Street, PO Box 956, Princeton, BC VOX 1WO
Address	Draw will be made 12 Noon Friday, December 5, 2008 One cash prize to be awarded of \$500.00
Phone	You must be 18 or older to enter. Letters are hidden throughout this issue of the News Leader to complete the puzzle below. We've even given you a hand by supplying the 3 letter E's. Good luck and have fun!
CONTEST OPEN TO ALL READERS OF THE NEWS LEADER EXCEPT RELATIVES/EMPLOYEES OF Bengel Publishing Inc.	Proof of age may be requested prior to awarding of prize.
NEWS LE!	<b>NDER</b>



**TUESDAY, NOVEMBER 25, 2008 THROUGH MONDAY, DECEMBER 1, 2008** 



Princeton Posse 'webcast crew' includes play-by-play announcer George Elliott, left, and colour/cameraman and Assistant Coach Kevin Robillard, right. The team have been broadcasting Posse home games over the internet since the start of the current hockey season. Photo: Brenda Engel

# New season brings new feature

Fans in attendance at Princeton Arena may not be aware of it, but when the Valley First Princeton Posse started the 2008/09 season, they added a new feature to their home games – internet webcasts.

The KIJHL website, located at www.kijhl.com is where the webcasts can be located and if you miss a live one, you can always access an archived game from this season. The webcast equipment includes a handycam camera mounted on a tripod, a mixing board, a laptop computer and two headsets with microphones.

"It sounds pretty simple, but with technology the way it is these days, that's all we need to get the show online," says Posse internet playby-play announcer George Elliott. "I'm actually quite impressed with the clarity and detail the small cam-

era can produce." Admitting that this season has so far been filled with trial and error with dropped signals, varying microphone levels and incorrectly identified players, Elliott says the 'work in progress' is coming along just fine.

"Posse Assistant Coach Kevin Robillard deserves much of the credit for getting the webcasts online. He's usually got the equipment set up and ready to go by the time I arrive and he handles the camera work and provides valuable insight during games, so I really appreciate his presence during the webcasts," Elliott adds.

A normal hockey night starts an hour before the game when Elliott arrives at Princeton Arena.

"I do some homework the afternoon of a game where I'll get the visiting team line up from the internet, and pull out a few stats from both teams, lay the information out on 'cheat sheets' and then I'll compare the names and numbers during the pre-game warm-up. That's usually where I'll discover if I've missed anyone so I'll add them to the list and I'm pretty much ready for the opening face-off."

Elliott says the webcasts have made him look at the local team in a different light.

"I see the webcasts as an excellent opportunity for us to promote Princeton in a way that isn't already being done and I see how many volunteers give so many of their weekends to the community by doing something at the arena during game night. Without them it would be difficult to host a home game." Elliott also sees the webcast as filling a slightly different role for the

team. "At first I thought we were doing this as a league requirement, then after I started getting e-mails from family members watching the webcasts from all over BC, Alaska and into the United States it became apparent that we were providing a pretty important link for families separated due to hockey. When one parent wrote to say Princeton was over a thousand kilometres away and that they never missed a game their son had played at home and how grateful they were to be able to see their boy play – and to be able to see the game in the comfort of their own home - that really put it into a different perspective for me."

As for the mechanics of play-byplay announcing, Elliott says it's been fun.

"I had never done a play-by-play broadcast of any kind in my radio career so I was pretty excited about the challenge, and although I got off to a shaky start, it's actually been a lot easier than I thought it would be."

He's also made other observations about the game.

"Even a not so good hockey game looks differently from the webcast booth as we are up high and can see things developing on ice that maybe can't be as easy to spot from the stands. I've also noticed there's a lot of chatter on ice you can't hear in the stands."

And the number one difference? "Doing the play-by-play makes the average hockey game go by far faster than sitting in the stands watching it."



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similikameen News Leader



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#### TUESDAY, NOVEMBER 25, 2008

		WTBS 3	CHBC 4	KNOW	KSPS 6	KHQ (7)	KREM (8)	A&E 9	KXLY 10	BCTV	CITV (12)	CBC	YTV	TSN	VTV (22)	DISC	FAM (26)	CITY	SPIKE	TROP
6	AM :30	Jeffersons Jeffersons	News (N) Christine	(6:12) George S.	Thomas Lions	News (N)	News (N)	The Sopranos	News	(5:30) News (N) [[]]	(4:30) News (N) EE	CBC News: Morning (N)	Being Ian Grossology	SportsCentr e 🖭	Canada AM	Daily Planet	Henrys King (H)	CityLine III	Disorderly Con.	F/X: The Series "Thief"
7	AM :30	In the Heat of the Night	Room That News	Martha Dora	Arthur (El) Martha	Today All- American Rejects:	The Early Show (N)	American Justice	Good Morning America (N)			Poko Animal	Hawks Monster	SportsCentr e 💷		Mighty Ships "Maersk"	(6:56) Phineas	The Tyra Banks Show	CSI: NY (III)	The Outer Limits (ii)
8	AM :30		Ad Pers What	(7:58) Hi-5 Magic Bus	Curious Sid	Martha Stewart; Sheila		Cold Case Files IE	œ		100 Huntley Street (N)	Ba On Go Busytown	Pokémon Flamingo	SportsCentr e [[]]		Canada's Worst Driver	Weekend K. Possible	Rachael Ray (E)	CSI: NY 📧	North of 60
9	AM :30		Three Takes	Berenstain Clifford	Super Why! Clifford		The 700 Club 📧	Cold Case Files [[]]		100 Huntley Street (N)	Hospital for Sick Kids	Super Why! Gofrette	Timothy George S.	Off-Record UEFA	Regis and Kelly	Daily Planet	Feet Tigger	News (N) City	CSI: NY "A Man a Mile"	Sonp What
10	AM :30		The Mom Show (E)	Noonbory (10:37)	Sesame Street (EI)		The Price Is Right (N)	CSI: Miami "Shattered"		Hospital- Sick	Debt Part House	Wilbur 🖾 Doodlebop	Erky Perky Jane	Champions League Soccer	The View (N) [E]	Mayday 🖽	Mickey Movers	The O.C.	CSI: NY "Outside Man"	Survivor: Thailand
11	AM ;30		Dinner Designer	Rolie Polie Berenstain	Dragon Sit and Be	Ellen DeGeneres Show	Young and the Restless	Crossing Jordan (II)	Paid Prog. Paid Prog.	Junk Food	(10:59) News (N)	Miracles Antiques	Care Bears Jacob	UEFA	Twice in a Lifetime [][]	Destroyed Destroyed	Benj Bear (11:25) King	The Bonnie Hunt Show	CSI: NY "Rain" III	Deal No The Nanny
12	PM :30		News (N) Design U	(12:15) (12:39)	Charlie Rose [f]	Paid Prog. Paid Prog.	News (N) Bold & B.	The Sopranos	All My Children (N) (E)	News (N) E	Days of our Lives (N)	News (E) CBC News	SpongeBob Grossology	Champions League Soccer	etalk (E) Bold & B.	Sport Science [[[]	(11:49) Weekend	CityLine []]	CSI: NY (E	Seinfeld Seinfeld
1	PM		Home to Buy Me	Arthur (E) (DVS) Daniel	Painting Quilting	Days of our Lives (N)	As the World Turns (N)	American Justice		As the World Turns (N)	As the World Turns (N)	Martha Stewart	Dewitt Ruby		Sue Thomas: F.B.Eye	Canada's Worst Driver	Dragon Emperor	ER "Refusal of Care"	Movie: "Star Wars: Episode II	King
2	PM :30		Guiding Light (N)	(2:08) BluesClues	Barney WordWorld	Raymond Millionaire	Guiding Light (N)	Cold Case Files 🖭	General Hospital (N)	Young and the Restless	The Doctors	Steven and Chris [E]	Viva Pinata Jib Jab	Horn Interruptio	General Hospital (N)	MythBuster	(1:54) K. Possible	News 🔄	Attack of the Clones" (2002)	King Family Guy
3	PM	Seinfeld Friends	Whose Wedding Is It?	(3:06) Zoboomafo o "Eyc Spy"	Big World WordGirl	Judge Judge	Dr. Phil @	Cold Case Files [E]	Rachael Ray [E]	The Doctors	Young and the Restless	Living Food	Being Inn Pokemon	Off-Record Sports	Dr. Phil 🔞	Naked Science [ff]	Replace Emperor	News (N)	(2002)	Soap Big Screen
4	PM :30	Payne Payne	Debt Part Deal No	Paddington George S.	Fetch! Ruff Cyberchas	Judge J. Judge J.	Oprah Winfrey 🗃	CSI: Miami "Shattered"	Inside Deal No	Oprah Winfrey [6]	(3:59) News Global	Fashion F. Mercer	SpongeBob OddParent	Hockey Madden	Ellen DeGeneres Show	Daily Planet (N) [E]	Proud (4:36)	Law & Order: SVU	Movie: "Star Wars: Episode III -	Beverly Hills, 90210
5	PM :30	Movie: "After the Sunset"	News (N)	Martha (5:39)	BBC News Business	News (N) NBC News	News (N) CBS News	The First 48	C.C.S.	News (N) Global	(4:59) News (N) (E)	Simpsons Fortune	OddParent SpongeBob	Boxing: Jeff Lacy vs. Jermain	News (N)	How-Made How-Made	Suite Life Montana	Rita Rocks Rita Rocks	- Revenge of the Sith" (2005)	Soap What
6	PM :30	(2004) Pierce	Global News	Mechanics Reach	News- Lehrer	News (N) Millionaire	News (N) Hollywood	The First 48 "Blackout"	News News	News (N)	ET Canada Entertain	News 🖽	Drake iCarly [[]	Taylor. [8]	News (N)	Destroyed Destroyed	Zoey 101 Life Derek	Stylista 🖭	(2005)	Family Guy Seinfeld
7	PM	Harvey	E! News The Insider	Gardens Eden	Nova (N) (DVS)	Jeopardy! Fortune	The Doctors	Rookies Rookies	Entertain The Insider	Entertain ET Canada	NCIS "Dagger"	Coronatn Jeopardy!	Malcolm Home Imp.	SportsCentr e (Live) (5)	etalk (E) Hollywood	Dirty Jobs E	Wizards So Raven	Chris Friends	MANswers MANswers	Seinfeld King
8	PM		The Biggest Loser: Families (N)	World of Albert Kahn	Wild! The five big cats.	The Biggest Loser: Families (N)	"Dagger"	Jacked Jacked	Charlie Brown	House "Last Resort"	House "Last Resort"	Mercer 22 Minutes	Malcolm Sabrina	In Corner	Law & Order: SVU	Daily Planet	Suite Life Sadie	News (N) (8:35) News	MANswers MANswers	Family Guy Married
9	PM	"After the	Œ	Commandin g Heights	Frontline "The Hugo Chavez	E	The Mentalist (N) (E)	The First 48	Dancing With the Stars	(9:08) NCIS "Dagger" (N) (E)	(9:08) Kitchen Nightmares	The Tudors	Futurama Prank Ptrl	UEFA Champions League	Dancing With the Stars (6)	Destroyed Destroyed	Montana Life Derek	(9:06) Jimmy Kimmel	CSI: NY "A Man a Mile"	Seinfeld Seinfeld
10	PM	(2004) Pierce	The Best Years	Commandin g Heights	Show" Independen	Law & Order: SVU	Without a	The First 48 "Blackout"		(10:08) Kitchen Nightmares	News Hour Final (N)	National	Mystery Adrenaline	Soccer		Dirty Jobs (E)	School Cory	Judge EP Daily	Star Trek: Voyager [E]	Married King
11	PM :30	Montel Williams (E	News (N) Guy Stuff	Winning (#)	t Lens (N) Geocache	News (N) Tonight	News (N) Late Show	Rookies Rookies	News (11:35)	News (N)	Entertain ET Canada	(11:05) The Hour @	Mystery Ghost	SportsCentr e (Live) [ff]	News (N) News (N)	How-Made How-Made	Saite Life Life Derek	News (E) Paid Prog.	Deep Space 9	King King

#### WEDNESDAY, NOVEMBER 26, 2008

		WTBS	CHBC 4	KNOW 5	KSPS	KHQ (7)	KREM 8	A&E	KXLY 10	BCTV	CITV 12	CBC	YTV 18	TSN 19	VTV 22	DISC 24	FAM (26)	CITY 29	SPIKE 44	TROP 45
-	AM	Jeffersons	News (N)	(6:12)	and the second sec	News (N)	News (N)	The	News	(5:30) News	(4:30) News	CBC News:	Being Ian	and the second se	Canada AM	and the second se	the second s			the second s
6		Jeffersons	Christine	George S.	Lions	œ		Sopranos [6]		(N) (E)	(N) (E)	Morning (N)	Grossology	e 📧	œ	Œ	King 😰		Scn	Series 🖽
7	MA	In the Heat of the Night		Martha		Today Beyoncé;	The Early Show (N)	American Justice	Good Morning		1	Curious	Hawks	SportsCentr e (ff)		Monster Moves (#)	(6:56)	The Tyra Banks Show	CSI: Crime Scn	The Outer Limits (6)
	:30		That News	Dora	Martha	raising	Œ		America (N)			Animal	Skunk Ful				Phineas			
8	MA	Cosby	Ad Pers	(7:58) Hi-5	Curious	assertive children;		Cold Case Files [6]	æ		100 Huntley Street (N)	1.00000000	Pokemon	SportsCentr e @		How-Made	Weekend	Rachael Ray [ff]	CSI: Crime Scn	North of 6
0	:30	Cosby	What	Magic Bus	Sid	Today's						Busytown	Flamingo		in march	How-Made	K. Possible			
0	AM	Fam. Feud	Three Takes	Berenstain	Super Why!		The 700	Cold Case	Regis and	100 Huntley		Super Why!	Timothy	Off-Record	Regis and	Daily Planet	Feet	News (N)	CSI: Crime	Reality
9	:30	Fam. Feud	E	Clifford	Clifford	Œ	Club 🖭	Files 🔃	Kelly	Street (N)	Vision (#	Gofrette	George S.	UEFA Champions	Kelly	Œ	Tigger	City	Sen	What
10	MA	Trivial	The Mom	Sid	Sesame		A COMPANY STORAGE AND A ST	CSI: Minmi	Charles of Long and Charles	World	Debt Part	Wilbur 🚯	Erky Perky	League	The View	Destroyed	Mickey	The O.C.	CSI: Crime	Survivor:
10	:30	Trivial	Show (E)	(10:33)	Street (EI)		Right (N)	"Slow Burn"	(N) (E)	Vision	House	Doodlebop	Jane	Soccer	(N) 🖭	Destroyed	Handy	Œ	Scn	Thailand
4.4	MA	Harvey	Dinner	Rolie Polie	Dragon	Ellen	Young and	Crossing	Paid Prog.	Junk	(10:59)	Miracles	Care Bears		Twice in a	Megabuilde	Benj Bear		CSI: Crime	Deal No
11	:30	Harvey	Designer	Berenstain	Sit-Be Fit	DeGeneres Show	the Restless	Jordan 🔃	Paid Prog.	Food	News (N)	Antiques	Jacob	UEFA	Lifetime छ	rs 🖭	(11:25) King		Scn	The Nanny
10	PM	Fresh Pr.	News (N)	(12:11)	Charlie	Paid Prog.	News (N)	The	All My	News (N)	Scinfeld	News [ff]	SpongeBob	Champions League	etalk 📧	Verminator	(11:49)	CityLine (		Seinfeld
12	:30	Fresh Pr.	Design U	(12:35)	Rose 🖭	Paid Prog.	Bold & B.	Sopranos	Children (N) (E)		Seinfeld	CBC News	Grossology	Soccer:	Bold & B.	s (#	Weekend		Scn	Seinfeld
-	PM	Still Stud	Home to	Maggie	Art Work	Days of our	As the	American	One Life to	As the	As the	Martha	George S.	Bordeaux vs. Chelsea. [ff]	Sue	Dirty Jobs	Dragon	ER "Ruby	CSI: Crime	'70s Show
1	:30	Still Stnd	Buy Me	Daniel	Sewing	Lives (N)	Turns (N)	Justice	Live (N)	World Turns (N)	World Turns (N)	Stewart	Ruby		Thomas: F.B.Eye	Œ	Emperor	Redux" [tt]	Scn	'70s Show
-	PM	King	Guiding	(2:04)	Barney	Raymond	Guiding	Cold Case	General	Seinfeld	The Doctors		Viva Pinata	Horn	General	MythBuster	(1:54)	News [t]	Movie: "Star	'70s Show
2	:30	King	Light (N)	BluesClues	WordWorld	Millionaire	Light (N)	Files (E)	Hospital (N)	Seinfeld	G	Chris (ff)	Mr. Men	Interruptio	Hospital (N)	s Œ	K. Possible		Wars: Episode III -	Family Gu
	PM	Seinfeld	Whose	(3:02)	Big World	Judge	Dr. Phil	Cold Case	Rachael	The Doctors	Seinfeld	Living	Being Ian	Off-Record	Dr. Phil 📧	How-Made	Replace	News (N)	- Revenge of	Reality
3	:30	Friends	Wedding Is It?	Zoboomafo o "Fearfest"	WordGirl	Judge		Files 🖭	Ray (E)	Œ	Seinfeld	Food	Pokemon	Sports		How-Made	Emperor	Œ	the Sith" (2005)	Ad Pers
	PM	Payne	Debt Part	Paddington	Fetch! Ruff	Judge J.	Oprah	CSI: Miami	Inside	Oprah	(3:59) News	Fashion F.	SpongeBob	Hockey	Ellen	Daily Planet	Proud	Law &		Beverly
4	:30	Payne	Deni No	George S.	Cyberchas	Judge J.	Winfrey 🖻	"Slow Burn'	Deal No	Winfrey (ff)	Global	Laughs	OddParent	NHL Hockey:	DeGeneres Show	(N) (E)	(4:36)	Order: SVU		Hills, 9021
E	PM		News (N)	Martha	BBC News	News (N)	News (N)	Dog	News	News (N)	(4:59) News (N) (E)	Simpsons	OddParent	Montreal	News (N)	Cash Cab	Suite Life	Stylista "Clip Show"	The Ultimate	Reality
5	:30	Beautiful Mind"	Œ	(5:35)	Business	NBC News	CBS News	Dog	ABC News	Global	111712	Fortune	SpongeBob	Canadiens at		Destroyed	Montana	(N)	Fighter	What
-	PM	(2001)	Global	Think Big	News-	News (N)	News (N)	Dog	News	News (N)	ET Canada	News 📧	Drake	Detroit Red Wings. [ff]	News (N)	Monster	Zoey 101	Rosie Live	The	Family Gu
6	:30	Russell Crowe, Ed	News	Wild	-Lehrer	Millionaire	Hollywood	Dog	News	Œ	Entertain		iCarly 🖭		Œ	Moves [	Life Derek	œ	Ultimate Fighter	Seinfeld
-	PM		E! News	Into Wild	Monarchy:	Jeopardy!	The Doctors	Parking	Entertain	Entertain	House	Coronatn	Malcolm	NHL	etalk 🔃	Mayday 📧	Wizards	I Love	The	Seinfeld
7	:30	(7:45)	The Insider	Meerkat	- The Royal Family at	Fortune	œ	Parking	The Insider	ET Canada	"Wilson's Heart"	Jeopardy!	Home Imp.	Hockey: Los Angeles	Hollywood		So Raven	Money [4]	Ultimate Fighter	'70s Show
	PM	(8:15)	Knight	School	Work (N)	Rosie Live	Christine	Parking	Pushing	Bones [tt]	Bones (N)	Mosque	Malcolm	Kings at	You Can	Daily Planet	Suite Life	News (N)	The	Family Gu
8	:30	(8:45)	Rider (1)	School		C	Gary	Parking	Daisies (N)		(PA) 📧	Sophie (N)	Fresh Pr.	Edmonton Oilers. [6]	Dance	œ	Sadie	(8:35) News	Ultimate Fighter	Married
	PM	(9:15)	Deal or No	Commandi	and the second		Criminal	Dog	Private	House	The Guard	fifth estate	Futurama		Criminal	MythBuster	Montana	(9:06)	CSI: NY	Seinfeld
9	:30	Movie: "A	Deal (N)	g Heights	t Lens "Lioness"	Deal (N)	Minds (N)	Dog	Practice (N)	"Wilson's Heart"	"Wake" (N)		Prank Ptrl	Sports	Minds (N)	s (tt)	Life Derek	Jimmy Kimmel	"Officer Blue"	Seinfeld
	PM	and the second se	Heidi	Commandi		Deal or No	CSI: NY	Dog	(10:01)	The Guard	News Hour	National	Mystery	Boxing	CSI: NY	Cash Cab	School	Judge	Star Trek:	Married
10	:30	(2001.	Klum: THS	g Heights	NW Profi	Deal (N)	"The Box" (N)	Dog	Dirty Sexy Money (N)	"Wake" (	Final (N)		Adrenaline		"The Box" (N)	Destroyed	Cory	EP Daily	Voyager [1]	'70s Show
	PM	Russell	News (N)	Montreal	Charlie	News (N)	News (N)	Farking	News	News (N)	Entertain	(11:05) The	Mystery	SportsCentr	News (N)	Mayday 🖪	Suite Life	News 📧	Deep Space	'70s Show
11	:30	Crowe, Ed	Guy Stuff	Jazz	Rose (N) IE	Tonight	Late Show	Parking	(11:35)	<b>(()</b>	Poker Den	Hour [6]	Ghost	e (Live)	News (N)		Life Derek	Paid Prog.	9	70s Show

14

\*



- 1 cup frozen peas, thawed 250 mL
- 1 cup cubed cooked ham 250 mL
- 1/4 cup each prepared basil pesto, chopped sun-dried tomatoes and grated Parmesan cheese
- 2 large tomatoes, sliced 1 tbsp extra-virgin olive oil 15 mL
- Salt and pepper
- Toasted pine nuts (optional) - Lemon rind (optional)
- Parmesan cheese (optional)
- Preparation

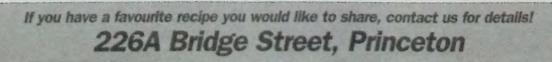
1. Prepare rice according to package directions. Toss hot rice with the peas, ham, pesto, sun-dried tomatoes and Parmesan cheese until well combined.

2. Divide the tomato slices between four serving plates. Drizzle with olive oil and season with salt and pepper.

3. Spoon equal amounts of the rice mixture onto each plate. Garnish with toasted pine nuts, lemon rind and Parmesan (if using). Serve immediately or at room temperature.

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5:00 pm WTBS ③ ★★★"Twister" (1996, Action) Helen Hunt. Storm-chasers finalizing their divorce try to place equipment inside a tornado on the Oklahoma plains. E SPIKE [44] ★★★★"Star Wars IV: A New Hope" (1977, Science Fiction) Mark Hamill. Robots and other allies help a youth and a space lockay reshelp a youth and a space jockey res-cue a rebel princess and battle dark

forces bent on intergalactic rule. (In Stereo) EVENING

7:00 pm YTV (B) \* \* "Uptown Girls" (2003, Comedy) Brittany Murphy.
Forced to get a job, a freewheeling woman becomes a nanny to the uptight daughter of a New York exec-utive. (In Stereo) (E)
7:30 pm FAM (20) \* \* "Mr. Nanny" (1993, Comedy) Terry "Hulk" Hogan. Premiere. As a favor to his former trainer, a retired wrestler takes a job as a computer tycoon's bodyouard.

Values, a reured Wrester takes a job as a computer tycoon's bodyguard. 8:00 pm KHQ [] ★★★¼"The Incredibles" (2004, Adventure) Voices of Craig T. Nelson, Animated, Now fighting boredom in suburbia, a former superhero and his family get a channet to save the world (in Stread) chance to save the world. (In Stereo)

KXLY 10 \*\*\*"The Polar

Express" (2004, Fantasy) Voices of Tom Hanks, Animated. A train con-ductor guides a boy who doubts the existence of Santa Claus to the North

existence of Santa Claus to the North Pole. (In Stereo) 9:00 pm WTBS (3) "American Pie Presents: Band Camp" (2005, Comedy) Tad Hilgenbrinck. A lewd teen causes mischief when he must attend a camp for musicians. (a) KNOW (5) "Dalziel and Pascoe: A Killing Kindness" (1997, Mystery) (Part 1 of 2) Warren Clarke. The detectives track a serial killer who phones the newspaper after each murder with quotes from "Hamlet."

FAM [26] \* \* "Dennis the Menace"

FAM [26] ★★"Dennis the Menace"
 (1993, Comedy) Walter Matthau. The comic-strip moppet plays pranks on Mr. Wilson, the crotchety fellow who lives next dcor. (27)
 10:00 pm KNOW [5] ★★"The Wonderful, Horrible Life of Leni Riefenstahl" (1993, Documentary) (Part 1 of 2) Premiere. Film clips and interviews help illustrate this portrait of the controversial woman behind

interviews help illustrate this portrait of the controversial woman behind "Triumph of the Will." [E] 10:36 pm FAM [20] \*\*\*\*"Doc Hollywood" (1991, Romance-Comedy) Michael J. Fox. An upstart plastic sur-geon gets stuck in a one-doctor Southern town and falls in love with a local local.

#### THURSDAY, NOVEMBER 27, 2008

		WTBS 3	CHBC 4	KNOW 5	KSPS 6	KHQ (Z)	KREM (8)	A&E 9	. KXLY	BCTV	CITV [2]	CBC (13)	YTV	TSN	VTV (22)	DISC 24	FAM (26)	CITY	SPIKE	TROP
6	AM :30	Jeffersons Jeffersons	News (N) Christine	(6:12) George S.	Thomas Lions	News (N)	News (N)	Cold Case Files (E)		(5:30) News (N) @	(4:30) News (N) @	CBC News: Morning	Being Ian Grossology		Canada AM	the second second second		Contraction of the second s	CSI: NY "Officer	F/X: The Series (E)
7	AM :30	of the Night	Room That News	Martha Dora	Arthur (El) Martha	Today Chef Tyler	Show (N)	Cold Case Files (IE)	Good Morning	(		(N) Poko Animal	Hawks Yu Gi Oh	SportsCentr e @		Machines Machines	(6.56) Phineas	The Tyrn Banks Show	Blue" CSI: NY "Night,	The Outer Limits [[]]
8	AM	Cosby	1.5.	(7:58) Hi-5	Curious	Florence; Today's Travel. (N)		Cold Case Files (E)	America (N)		100 Huntley Street (N)	Bo On Go	Pokemon	SportsCentr e [6]		Dirty Jobs	Weekend	Rachael Ray (E)	Mother" CSI: NY "In-	North of 60 "Limbo"
0	:30 AM	Fam, Feud	Three Takes		Super Why!	Macy's Thanksgivin	NFL Today	Cold Case Files [8]		100 Huntley Street (N)	World Vision (E)	Busytown Super Why!	Flamingo Timothy	Off-Record	and the second sec	Daily Planet	K. Possible Feet	News (N)	Borough" CSI: NY	Make
10	:30 AM		The Mon	Clifford Noonbory	Clifford Sesame	g Day Parade	NFL Football: Tennessee	Cold Case	The View	World	Debt Part	Gofrette Wilbur [E]	George S. Erky Perky	UEFA Champions League	Kelly The View	(II) Cash Cab	Tigger Mickey	City The O.C.	"Recycling" CSI: NY	What Survivor:
10	:30 AM	Trivial Harvey	Show [E]	(10:37) Rolie Polie	Street (EI)	(Same-day Tape) [2]	Tituns at Detroit	Files [E]		Vision Junk	House (10:59)	Doodlebop Miracles	Jane Care Bears	Soccer	Twice in a	Destroyed Blueprint	Movers Benj Bear	"The Journey" The Bonnie	"Tanglewoo d" CSI: NY	Thailand (E) Deal No
11	:30 PM	Harvey Fresh Pr.	Designer News (N)	Berenstain	Sit-Be Fit Charlie	The	Lions, From Ford Field in Detroit.	Files [[]]	Paid Prog.	Food	News (N)	Antiques	Jacob	In Corner	Lifetime 🔃	for Disaster	(11:25) King	Hunt Show	"Night, Mother"	The Nanny
12	:30	Fresh Pr.	Design U	(12:15) (12:38)	Rose [E]	National Dog Show	(Live) [副	Files [[]]	All My Children (#)	News (N)	Days of our Lives (N)	News [E] CBC News	SpongeBob Grossology	Billiards: Int'l Challenge	etalk [E] TBA	Mayday 📧	(11:49) Weekend	CityLine [1]	CSI: NY "Tri- Borough"	Seinfeld Seinfeld
1	PM :30		Home to Buy Me	Maggie Daniel	Landscape Quilting	(N) (E)	The Thanksgivin g Day	Cold Case Files []]	One Life to Live (E)	Malcolm Malcolm	Malcolm Malcolm	Martha Stewart	Dewitt Ruby	2008 Summer X- Games	Sue Thomas: F.B.Eve	Monster Moves	Dragon Emperor	ER "You Are Here"	CSI: NY "Recycling"	Frasier Frasier
2	PM :30		'70s Show '70s Show	(2:07) BluesClues	Barney WordWorld	Movie: "Miracle on	Parade on CBS (Same-	Cold Case Files [E]		Young and the Restless	The Doctors	Steven and Chris [6]	Viva Pinata Jib Jab	Review Review	General Hospital (#	MythBuster s 💷	(1:54) K. Possible	News [8]	CSI: NY "Tanglewoo	Frasier Family Guy
3	PM :30	Seinfeld Friends		(3:05) Zoboomafo	Big World WordGirl	(1947) TE	vvie: Parade on Cold liracle on CBS (Same-File: th Street" day Tape) 447) IE IS Cold	Cold Case Files [f]	Rachael Ray [E]	The Doctors	Young and the Restless	Living	Being Ian Pokemon	Off-Record Sports	Dr. Phil 🔃	How-Made How-Made	Replace Emperor	News (N)	CSI: Crime Sen	Make
4	PM	Payne	II? Debt Part	o (E) (DVS) Paddington	Fetch! Ruff		Oprah Winfrey [6]	Cold Case Files (E)		Oprah Winfrey (E)	(3:59) News	Fashion F.	SpongeBob	Hockey	Ellen DeGeneres	Daily Planet	Proud	Law & Order: SVU	CSI: Crime	Beverly Hills, 90210
-	:30 PM		Deal No News (N)	George S. Martha	Cyberchas BBC News	Judge J. News (N)	News (N)	The First 48	Deal No News	News (N)	Global (4:59) News	22 Minutes Simpsons	OddParent OddParent	Madden NFL Football:	Show News (N)	To Be	(4:36) Suite Life	30 Rock	CSI: Crime	Make
5	:30 PM		Global	(5:37) Creatures	Business News-	NEC News News (N)	CBS News News (N)	The First 48		Global News (N)	(N) 📧 ET Canada	Fortune News [tt]	SpongeBob Drake	Arizona Cardinals at	E News (N)	Announced	Montana Zoey 101	30 Rock 30 Rock	Scn TNA	What Family Guy
6	:30 PM		News E! News	Animals Edge	Lehrer	Millionaire Jeopardy!	Hollywood	The First 48	News	(B) Entertain	Entertain The Office	Coronatn	iCarly 📧 H2O Just	Philadelphia Eagles. (Live) [E]	etalk (#)	MythBuster	Life Derek Wizards	30 Rock Friends	IMPACT! (N) EE	Seinfeld Seinfeld
7	:30		The Insider	Big Ideas	Lanza	Fortune	<b>G</b>	œ	The Insider	ET Canada	The Office	Jeopardy!	Prank Ptrl		Dance	s 📧	So Raven	Friends		Frasier
8	PM :30	1	the standard strength of the strength of the	Hemingway Adventure	Sherlock Holmes	Movie: "The Incredibles" (2004)	Gabon (E)	The First 48	Prof. and the shifts	Survivor: Gabon (N)	Survivor: Gabon (N)	The Nature of Things	Malcolm Sabrina	SportsCentr e (Live) [t]	CSI: Miami	Daily Planet	Suite Life Sadie	News (N) (8:35) News	CSI: Crime Scn	Family Guy Married
9	PM :30	Movie:	Movie: "Anna's Storm"	Art of the Heist (N)	Globe Trekker	Voices of Craig T. Nelson.	CSI: Crime Sen	The First 48		The Office	The Office (N)	Pagan Christ 🔃	Futurama Prank Ptri	E:60 (N) 📧	CSI: Crime Scn	Monster Moves	Montana Life Derek	(9:06) Jimmy Kimmel	Disorderly Con.	Seinfeld Seinfeld
10	PM :30	Day (1993)	(2007)	Vertical Design e2	Zappa Plays Zappa	and the second second	(10:01) Eleventh Hour (6)	The First 48	"Dream a	The Office The Office	News Hour Final (N)	National	Mystery Adrenaline	Poker Night (Taped)	CSI: NY 🔃	To Be Announced	School Cory	Judge EP Daily	MANswers MANswers	Married Frasier
11	PM :30	Montel W,	News (N) Guy Stuff	Minor Keys	(11:02) Charlie Rose (N) (E)	News (N) Tonight	News (N) News (N) The Fit	The First 48		News (N)	Entertain ET Canada	(11:05) The Hour [ff]	Mystery Ghost	SportsCentr e (Live) [@	News (N) News (N)		Suite Life Life Derek	News 🚯 Paid Prog.	Disorderly Con.	Frasier Frasier

#### FRIDAY, NOVEMBER 28, 2008

		WTBS 3	CHBC (4)	KNOW 5	KSPS 6	KHQ (7)	KREM (8)	A&E 9	KXLY 10	BCTV	CITV 12	CBC	YTV 18	TSN 19	VTV 22	DISC 24	FAM (26)	CITY 29	SPIKE 44	TROP 45
G	AM	Jeffersons	News (N)	(6:12)	Bob Build	News (N)	News (N)	CSI: Miami	the second se	(5:30) News	(4:30) News	CBC News:	Being Ian	SportsCentr	Canada AM	Daily Planet	and the second sec		CSI: Crime	F/X: The
6	:30	Jeffersons	Christine	George S.	Lions	(6)		œ		(N) ( .	(N) (C)	Morning (N)	Grossology	e (#)	<b>EE</b>	Œ	King (tt)		Sen	Series [6]
7	AM :30	In the Heat of the Night	Room That News	Martha Dora	Postcards Martha	Today Barry Manilow;	The Early Show (N)	CSI: Miami "Inside Out"	Good Morning	3		Poko Animal	Hawks Team	SportsCentr e 📧		Mayday 🔃	(6:56) Phineas	The Tyra Banks Show	CSI: NY "Snow Day"	The Outer Limits [t]
-	AM	Cosby	Ad Pers	(7:57) Hi-5	Curious	the Scottos; turkey burg-	<b>EE</b>	CSI: Miami	America (N)		100 Huntley		Pokemon	SportsCentr	-	MythBuster		Rachael	CSI: Crime	North of 60
8	:30	Cosby	What	Magic Bus	Sid	ers. (N) 🖭		œ	in a start		Street (N)	Busytown	Flamingo	e 📧		s Œ	K. Possible	Ray (E)	Scn	"The Visit"
. 9	AM		Three Takes		Super Why!		Macy's Holiday	CSI: Miami	College Football:	100 Huntley Street (N)	World Vision	Super Why!	Timothy	Off-Record	Regis and Kelly	Daily Planet	Feet	News (N)	CSI: NY	1
3	:30	Fam. Feud		Clifford	Clifford		Parade	E.	West			Gofrette	George S.	Fishing			Tigger	City	001.01	Whatever
10	AM :30	A REAL PROPERTY AND	The Mom Show [2]	Sid (10:32)	Abby in Wonderland		College	CSI: Miami "Sunblock"	Pittsburgh.	Fighting for Canada	House	Wilbur @ Doodlebop	Erky Perky Jane	2007 Poker Million (N)	The View (N) 🖭	What's That	Mickey Handy	The O.C.	CSI: Crime Scn	Survivor: Thailand
	AM	Change 1	Eat, Shrink	Rolie Polie	(N) Dragon	Ellen	Foot.	CSI: Miami	(Live)	Junk	(10:59)	Miracles	Care Bears		Twice in a	About? Greensburg	Benj Bear	The Bonnie	CSI: NY	E Deal No
11	:30	Harvey	Designer	Berenstain	Sit-Be Fit	DeGeneres Show	College	œ		Food	News (N)	Antiques	Jacob		Lifetime (5)	Ice storm.	(11:25) King	Hunt Show	"The Deep"	The Nanny
12		Fresh Pr.	News (N)	(12:10)	Charlie Rose 📧	Paid Prog.	Football: LSU at	CSI: Miami		News (N)	Days of our Lives (N)	News [tt]	SpongeBob	Billiards: Int'l	etalk 🖽	To Be Announced	(11:49)	CityLine @	CSI: Crime Scn	Seinfeld
16		Fresh Pr. Still Stnd	Design U Home to	(12:34) Maggie	Watercolor	Paid Prog. Days of our	Arkansas. (Live) 🖽	CSI: Miami	College Football:	Malcolm	Malcolm	CBC News Martha	Grossology George S.	Challenge 2008	TBA		Weekend Dragon	ER (G)	CSI: NY (E)	Seinfeld Fresh Pr.
1	:30	Still Stnd	Buy Me	Daniel	Beads Bbl	Lives (N)	(Live) (C)	"Inside Out"	Colorado at Nebraska.	Malcolm	Malcolm	Stewart	Ruby	Summer X-	Thomas:		Emperor	ER GE	Col. MI (II)	Fresh Pr.
0	PM	King	70s Show	(2:03)	Barney	Raymond		CSI: Miami	(Time)	Young and	The Doctors	and the second second	Viva Pinata	Games UEFA	F.B.Eye To Be	MythBuster	(1:54)	News [E]	CSI: Crime	Fresh Pr.
2	:30	King	'70s Show	BluesClues	WordWorld	Millionaire		Œ		the Restless	Œ	Chris @	Mr. Men	Champs	Announced	s Œ	K. Possible		Scn	Family Guy
3	PM	1	Whose Wedding Is	(3:01) Zoboomafo			Dr. Phil 🖭	CSI: Miami		The Doctors	Young and the Restless	Living	Being Ian	Off-Record	Dr. Phil 📧	Cash Cab How-Made	Replace	News (N)	CSI: Crime Scn	Tube Tales
	:30 PM		It? Debt Part	o "Buddies" Paddington	Carrier a l	Judge Judge J.	Oprah	CSI: Miami	Inside	Oprah	(3:59) News	Food Fashion F.	Pokemon SpongeBob	Sports NBA	Ellen	Daily Planet	Emperor	Law &	CSI: Crime	Tube Tales Beverly
4	:30	Payne	Deal No	George S.	Cyberchas	Judge J.	Winfrey 📧	"Sunblock"	Deal No	Winfrey 📧	Global	Air Farce	OddParent	Basketball: Atlanta	DeGeneres Show	(N) 🔃	(4:36)	the state of the second second	Scn	Hills, 90210
P	PM		News (N)	Martha	BBC News	News (N)	News (N)	CSI: Miami	News	News (N)	(4:59) News	Simpsons	OddParent	Hawks at	News (N)	the second second second second	Suite Life	and a second sec	Movie: "Star	Tube Tales
5	:30	"Twister" (1996,	œ	(5:33)	Business	NBC News	CBS News	Œ	TBA	Global	(N) @	Fortune	SpongeBob	Raptors.	Œ	la contra	Montana	Mysteries	Wars IV: A New Hope"	Whatever
6	PM :30	Action) Helen Hunt.	Giobal News	Heads Up Animals	News- Lehrer	News (N) Millionaire	News (N) Hollywood	CSI: Miami	News	News (N)	ET Canada Entertain	News [G]	Mighty B	SportsCentr	News (N)	Wild	Zoey 101 Buzz	Privileged	(1977) Mark Hamill,	Family Guy
		Cheers	E News	Hockey	Wash Wk		The Doctors	CSI: Miami	Constant of the	Entertain	90210 (N)	Coronata	Movie:	e (Live)	etalk 🖭	"Zambia" Earthshocks		Privileged	Harrison Ford.	Seinfeld
7	:30		Gemlni		MeLaughlin	Fortune	e	E	The Insider	ET Canada	Œ	Jeopardy!	"Uptown Girls"	Hockey	Hollywood	-	Movie: "Mr.			Family Guy
8		Family Guy Seinfeld	22nd Genesis	The Royal	Bill Moyers Journal (N)		Whisperer	Criminal Minds (E)	Movie: "The Polar	90210 @	NUMB3RS	Air Farce Mercer	(2003) Brittany	Sports Off-Record	Ghost Whisperer	Daily Planet	Nanny" (1993) Premiere.	News (N) (8:35) News	CSI: NY 🗺	Family Guy Married
	:30 PM	Movie:	Awards You	"Dalziel:	NOW		(E) Ghost	CSI: Miami	Express" (2004),	Life [ff]	Life 💽	Doctor Who	Murphy. Smallville	Boxing:	(ff) Ghost	Man vs.	Movie:	(9:06)	MANswers	Seinfeld
9	:30	"American Pie Presents:	Smarter?	Killing"	Served	Craig T. Nelson.	Whisperer E	Œ	Michael Jeter			Œ	"Gemini"	Barrera vs. Ventura	Whisperer E	Wild "Zambia"		Jimmy Kimmel	MANswers	Seinfeld
10		Band Camp"	20/20 (2)	"Wonderful, Horrible	The Vicar of Dibley	The Office	NUMB3RS	CSI: Minmi	20/20 @	NUMB3RS	News Hour Final (N)	National	Oracle Mystery		Law & Order	Greensburg [ff]		Judge EP Daily	Game	Married Fresh Pr.
	:30 PM	Montel	News (N)	Life"	Austin City	News (N)	News (N)	CSI: Miami	News	News (N)	(11:03)	(11:05) The	Mystery	SportsCentr	"Bling" News (N)	Earthshocks	Movie: "Doc	News [#]	Unsolved	Fresh Pr.
11	:30	Williams (E)	Guy Stuff	Ravens	Limits (N)	Tonight	Late Show	<b>(()</b>	(11:35)	œ	ECW (N)	Hour [	Ghost	e (Live)	News (N)	œ	and the second	Paid Prog.	Mysteries (N)	Family Guy

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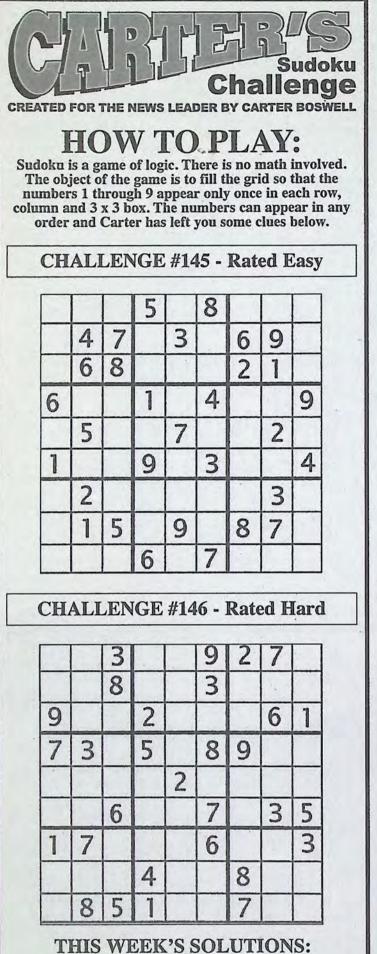
to stop a hit woman's so-called Alphabet Crimes. [6]

12:00 pm FAM 26 "Roxy Hunter and the Secret of the Shaman" (2008,

the Secret of the Shaman" (2008, Mystery) Aria Wallace. A girl believes the town's old vagrant is a shaman in disguise. (E) 1:30 pm A&E (9) \* \* \* "My Cousin Vinny" (1992, Comedy) Joe Pesci. A wise-guy Brooklyn lawyer and his motormouth girlfriend go to Alabama to defend his innocent cousin for murder. (E) FAM (26) \* \* "The Baby-Sitters Club" (1995, Drama) Schuyler Fisk. Seven girls balance the growing pains of adolescence with the demands of operating a daycare camp for children. (E) 2:00 pm SPIKE (4) \* \* \* \* Star

MORNING

AFTERNOON



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#### saturday movies

Wars IV: A New Hope" (1977, Science Fiction) Mark Hamill. Robots 10:30 am WTBS ③ ★★★"Matilda" (1996, Comedy) Mara Wilson. A little girl develops extraordinary mental abilities, despite neglectful parents and a brutal headmistress. [£]
11:30 am A&E ⑨ ★★%"Beverly Hills Cop II" (1987, Comedy) Eddie Murphy. Premiere. A clever detective from Detroit shows Los Angeles how to stop a bit woman's so-called

Wars IV: A New Hope" (1977, Science Fiction) Mark Hamill. Robots and other allies help a youth and a space jockey rescue a rebel princess and battle dark forces bent on inter-galactic rule. (In Stereo)
4:00 pm YTV (B) \*\*"Baby's Day Out" (1994, Comedy) Joe Mantegna. The active 9-month-old son of a rich Chicago couple crawls away from klutzy kidnappers. (In Stereo) (E)
5:00 pm WTBS (3) \*\*\*"Twister" (1996, Action) Helen Hunt. Storm-chasers finalizing their divorce try to place equipment inside a tornado on the Oklahoma plains. (E)
SPIKE (4) \*\*\*\*"Star Wars V: The Empire Strikes Back" (1980, Science Fiction) Mark Hamill. Yoda teaches Luke Skywalker to be a Jedi knight, and Han Solo woos Princess Leia, as Darth Vader returns to theostan. Leia, as Darth Vader returns to threaten the rebel forces trying to save the galaxy. (In Stereo)

#### EVENING

6:00 pm CITY 29 \* \* \* "Eve & the Fire Horse" (2005, Drama) Phoebe Jojo Kut. Premiere. A 9-year-old Chinese girl and her older sister embrace their experiences at a Roman Catholic Sunday school. [E]

7:00 pm WTBS 3 \*%"Hard Rain" (1998, Action) Morgan Freeman. A (1995, Action) Molgar President. A thief, a sheriff and the nephew of an armored-truck driver seek money bags in a flooding Indiana town.
 8:00 pm KHQ (2) \* \* "Along Came Polly" (2004, Romance-Comedy) Ben Stiller, A man finds solace with cheate with cheate

- Ben Stiller. A man tinds solace with another woman after his wife cheats on him during their honeymoon. (In Stereo) [5] SPIKE [44] \*\*\*\*Star Wars V: The Empire Strikes Back" (1980, Science Fiction) Mark Hamill. Yoda teaches Luke Skywalker to be a Jedi knight, and Han Solo woos Princess Leia as Darth Varder returns to
- knight, and Han Solo woos Princess Leia, as Darth Vader returns to threaten the rebel forces trying to save the galaxy. (In Stereo) 9:00 pm FAM (26) \*\*\* \*\*Free Willy" (1993, Drame) Jason James Richter. An abandoned boy with a chip on his shoulder befriends an ill-fated Willer whole at a water park [5] chip on his shoulder befriends an ill-fated killer whale at a water park. (E) 9:30 pm WTBS (3) \*\*\*"Candyman" (1992, Horror) Virginia Madsen. A professor's wife links a local legend to a Chicago ser-ial killer fitted with a hook. 10:52 pm FAM (2) \*\*"Only You" (1994, Romance-Comedy) Marisa Tomei. A Pittsburgh teacher leaves her fiance for Italy in pursuit of a man with the name of her soul mate. (E)

#### sunday movies

#### MORNING

- 9:00 am WTBS (3) \*\*\* "Matilda" (1996, Comedy) Mara Wilson. A little girl develops extraordinary mental abilities, despite neglectful parents and a brutal headmistress. 9:30 am A&E (9) \*\*\* "My Cousin Vinny" (1992, Comedy) Joe Pesci. A wise auv. Brooklym Jourgar and his
- wise-guy Brooklyn lawyer and his motormouth girlfriend go to Alabama to defend his innocent cousin for murder. [CC]
- Thurder. Let 11:00 am WTBS ③ ★★★"The Big Chill" (1983, Comedy-Drama) William Hurt. Ex-college friends reunite in a big house after a funeral, the big house after a funeral, to play old records and talk.

#### AFTERNOON

- 12:00 pm YTV IB \*\*"Rudolph the Red-Nosed Reindeer: The Movie" (1998, Musical) Voices of John Goodman. Animated. It's up to Santa's most famous reindeer to
  - Santa's most famous reindeer to save the day when an evil queen conjures up a storm on Christmas. (In Stereo) (E) FAM (20 \* "3 Ninjas Knuckle Up" (1995, Comedy) Victor Wong. Three boys stop a polluter's henchmen with martial arts learned from their Asian grandfather. (E)
- granoratier, tes 1:00 pm WTBS ③ ★★"Now and Then" (1995, Comedy-Drama) Christina Ricci. A modern-day reunion frames this account of the friendship shared by four girls during the summer of 1970. 1:30 pm FAM (28) ★★½"Johnny Tsunami" (1999, Drama) Brandon

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Baker. A teenage Hawalian surfer moves to Vermont, where his grand-father helps him become a first-class snowboarder. 2:00

2:00 pm CHBC ④ ★★½"Annle" (1982, Musical Comedy) Alleen Quinn. Daddy Warbucks protects lit-tle orphan Annie from Miss Hannigan and crooks in Depression-era New York.

York. E YTV (B) \*\*"To Grandmother's House We Go" (1992, Comedy) Mary-Kate Olsen. Two goofy crooks kidnap twin little girls who have left home to get out of their mother's hair. (In Stereo) E SPIKE (H) \*\*\*\* Star Wars V: The Empire Strikes Back" (1980, Science Fiction) Mark Hamill. Yoda teaches Luke Skywalker to be a Jedi knight, and Han Solo woos Princess Leia. as Darth Vader returns to

teaches Luke Skywalker to be a Jedi knight, and Han Solo woos Princess Leia, as Darth Vader returns to threaten the rebel forces trying to save the galaxy. (In Stereo) 3:00 pm WTBS 3 \*\* "Shattered" (1991, Suspense) Tom Berenger. A West Coast developer has amnesia after a car accident and begins to suspect his wife of treachery. [6] 4:00 pm YTV [18] \*\* \*\* "Home Alone" (1990, Comedy) Macaulay Culkin. Accidentally left by his Paris-bound family, an 8-year-old makes mincemeat of two burglars in the house. (In Stereo) [6] 5:00 pm WTBS [3] \*\* \*\* "Iwister" (1996, Action) Helen Hunt. Storm-chasers finalizing their divorce try to place equipment inside a tornado on the Oklahoma plains. CBC [13] \*\* "Jingle All the Way" (1996, Comedy) Arnold Schwarzenegger. A crazed postman, a tough policeman and a shady Santa impede a workaholic seeking a coveted toy for his son. (In Stereo) [6]

SPIKE 44 \*\*\* 2"Star Wars VI: Return of the Jedi" (1983, Science Fiction) Mark Hamili. Luke Skywalker, now an experienced Jedi knight, tries to discover Darth Vader's identity. (In Stereo)

#### EVENING

6:00 pm YTV 18 ★★"Christmas With the Kranks" (2004, Comedy)

Tim Allen. A Chicago couple scram-ble to put together a holiday cele-bration after their daughter decides to come home for Christmas. (In Stereo) (E) 7:00 pm WTBS (3) \*\*\*"Cast Away" (2000, Drama) Tom Hanks. After a plane crash at sea, a Federal Express engineer survives on a

- Express engineer survives on a remote island for four years in com-
- Anter a plate clash at sea, a redetail Express engineer survives on a remote island for four years in complete isolation.
  8:00 pm CBC [13] \*\*\*"Harry Potter and the Goblet of Fire" (2005, Fantasy) (Part 1 of 2) Daniel Radeliffe. Signs of Voldemort's return emerge as Harry's friends help him prepare for a tournament with Europe's best student wizards. (In Stereo) [62]
  SPIKE [44] \*\*\*"Star Wars VI: Return of the Jedi" (1983, Science Fiction) Mark Hamili. Luke Skywalker, now an experienced Jedi knight, tries to discover Darth Vader's identity. (In Stereo)
  9:00 pm FAM [26] \*\*\*"Freaky Friday" (2003, Comedy) Jamie Lee Curtis. Two fortune cookies cause an engaged psychotherapist and her teenage daughter to magically exchange bodies. [63]
  9:30 pm WTBS [3] \*\*"Now and Then" (1995, Comedy-Drama) Christina Ricci. A modern-day reunion frames this account of the friendship shared by four girls during the summer of 1970.
  10:00 pm KNOW [5]"Dalziel and Pascoe: A Killing Kindness" (1997, Mystery) (Part 1 of 2) Warren Clarke. The detectives track a serial killer who phones the newspaper after each murder with quotes from "Hamlet." [69]
  10:10 pm CBC [13] \*\*"Harry Potter and the Goblet of Fire"

- "Hamlet." [E]
  10:10 pm CBC [3] \*\*\*"Harry Potter and the Goblet of Fire" (2005, Fantasy) (Part 2 of 2) Daniel Radcliffe. Signs of Voldemort's return emerge as Harry's friends help him prepare for a tournament with Europe's best student wizards. (In Stereo) [8]
  10:37 pm FAM [26] \*\*\*"Beetlejuice" (1988, Comedy) Michael Keaton. A ghout helps a newly dead couple haunt the tasteless new owners of their beloved home. [8]

# **FROM LOVE CHUNK TO LOVE HUNK** www.lovechunk.info

#### SATURDAY, NOVEMBER 29, 2008

		WTBS 3	CHBC ④	KNOW 5	KSPS 6	KHQ 7	KREM 8	A&E	KXLY	BCTV	CITV 12	CBC	YTV	TSN	VTV 22	DISC 24	FAM (23)	CITY 29	SPIKE	TROP
G		Paid Prog.	News (N)		America	Today (N)	(5:00) The	Sell House	Paid Prog.	Fishing	Whata	Super Why!	Being Ian	SportsCentr	OWLITY	Dirty Jobs	Overdrive	About You	TNA	Let's Build
6	:30	Paid Prog.	Powerboat		Fly Tying	Œ	Early Show (N)	Sell House	Paid Prog.	Fishing	Fishn	Busytown	Grossology	e EE	Kingdom	E	Rangers	Dharti	iMPACT!	Paid Prog.
7	AM	Paid Prog.	Ad Pers	Martha	MotorWeek	News (N)	Calce []]	Rocco-Real	Contraction of the second s	News (N)	News (N)	Bo On Go	Viva Pinata	Special	Katie-Orbie	Man vs.	(6:54)	Eye on Asia		'70s Show
1	:30	Paid Prog.	Big Coast	Clifford	Field Guide		Horseland	Rocco-Real	Morning America	œ	Œ	Animal	Skunk Fu!	Olympics Day on TSN	Hobo	Wild "Zambia"	School		( I	'70s Show
0	AM	Videos	Foodies	George S.	Everyday		Dino	Flip This	Emperor			Wilbur (11)	SpongeBob	(Live) EE	Good	Earthshocks	Suite Life	Polish	Hesepwer	Raymond
8	:30	Videos	Driving TV	Magic Bus	Hometime		Sushi Pack	House I	Replace			Goldfish	OddParent		Morning Canada [E]	Œ	(8:43) Zoey	Studio [[[]	MuscleCar	Raymond
0	AM	Cheers	Paid Prog.	(9:05)	Workshop		College	Flip This	So Raven		Driving TV	Bold	Mighty B	Fishing	Canada (E	Cash Cab	Cory	Paid	Trucks!	Seinfeld
9	:30	Cheers	Paid Prog.	Upside	Old House		Football: Teams to Be	House 🖭	So Raven		Fishing	Presents "Sibs".	Barnyard	Preview		How-Made	So Raven	Program	Xtreme 4x4	Seinfeld
	AM	Friends	EI News	Maggie	Ask This	Dragon	Announced.	Parking	Golf: LG	Fishn	Energy TV	Figure	Monster	Golf: LG	Amnesty	Forensic	Phil	CityLine (IC	Unsolved	Family Guy
10	:30	Movie:	Daily 10	(10:31)	Test Kitch	Zula Patrol	(Live)	Parking	Skins Game	Fishing	Real Invest	Skating: Trophee Eric	Buster Club	Skins Game	Internation	Factor (E)	Wizards		Mysteries	Family Guy
	AM	"Matilda" (1996) Mara	20 Hippest	Dora	Cook	College		Parking		Mining TV	Fishing	Bompard	Transform	Nine. From	PLAN	A Haunting	School	Paid Prog.	Hrsepwer	Amer Dad
11	:30	Wilson. (C)	Hotspots	Franklin	The Brain	Football: State Farm		Movie:	Indian Wells, Calif.	Real Invest	Big Coast	Cachemire	Hawks	Indian Wells Calif.	. Canada 📧	080	Suite Life	Paid Prog.	MuscleCar	King
	PM		True	Rolie Polie	Fitness Program (@	Bayou		"Beverly Hills Cop II"	cair.	News (N)	Paid Prog.	World Cup	Wolverine	Caur.	Daily Planet	Deadliest	"Roxy	Hospitality	Trucks!	Friends
12	:30	Seinfeld	Hollywood Story	(12:34) Miss	Program (c	Classic Grambling	College	(1987)	College	œ	Seinfeld	Skiing	Fantaste 4	Timber	( <b>B</b> )	Catch III	Hunter and the Secret"	Role	Xtreme 4x4	Friends
-	PM	King	Scream	Paddington	Dr. Wayne	State vs.	Football: Teams to Be	Premiere.	Football: Teams to Be	Energy TV	Seinfeld	World Cup	Dinosaur	Motoring	Chef	Greensburg	the secter	Jack Nation	Unsolved	Raymond
1	:30	King	Play [[]]	(1:26) Lilly	Dyer: The Power of	Southern.	Announced.	Movie: "My		Paid Prog.	Simpsons	Skiing: Men's	Grossology	Auto Race	Thirsty	(et)	Movie: "The	Countdown	Mysteries	Raymond
	PM	American	True	00	Intention	(Live) (E)	(Live)	Cousin Vinny"	(Live)	Seinfeld	Simpsons	Downhill.	SpongeBob	Strength	Car	MythBuster	Baby-Sitters Club" [tt]	Nite Life	Movie: "Star	Wipcont (G)
2	:30	Chopper [	Hollywood Story	George S.	EED .			(1992,		Simpsons	Simpsons	œ	SpongeBob	NFL Films	Animal	s 💷	Club LEL	In Fashion	Wars IV: A	
	PM	Scinfeld	Movie	Babar		Fortune		Comedy) Joe		Simpsons	Family Guy	Sat. Report	SpongeBob	SportsCentu	MTV	How-Made	Согу	News (N)	New Hope" (1977) Mark	Family Guy
3	:30	Family Guy		(3:35)		Penguins		Pesci. [E]		Simpsons	Family Guy	HNIC	SpongeBob	e (Live) [E]	Shuffle [E]	How-Made	Suite Life	Amazing	Hamill.	Family Guy
-	- Andrews	Payne		WordGirl	Andre Rieu	Veggie •	Access	CSI: Miami	NASCAR	Family Guy	Family Guy	NHL	Movie:	E:60 [#]	Twice in a	Destroyed	Suite Life	Survivorma	Harrison Ford.	Amer Dad
4	:30	Payne		(4:35) Taste	Live in	Turbo	Hollywood	CIC)	News	Family Guy	Global	Hockey:	"Baby's Day		Lifetime [3]	Destroyed	Proud	n [cf]		Reality
	1000	Movie:	News (N)	Fetch! Ruff	Vienna (E)	News (N)	(N) News (N)	CSI: Miami	College	Family Guy	(4:59) News	Philadelphia Flyers at	Out" (1994) Joe	Boxing:	First Story	Monster	K. Possible	Less-Kind	Movie: "Star	Friends
5	:30	"Twister" (1996,	Sports	(5:28)		NBC News	CES News	661	Football:	Global	- CCC	Toronto	Mantegna.	Ricky	First Story	Moves IE	Montana	Kaya [ff]	Wars V: The	Friends
	1300	Action)	That News	Profiles of	Нарру	News (N)	News (N)	CSI: Miami	Teams to Be Announced.	News (N)	Ultimate	Maple Leafs (Live) [6]	Adrenaline	Hatton vs. Paulie	News (N)	Canada's	Sadie	Movie: "Eve	Empire Strikes	Seinfeld
6		Helen Hunt.	What	Nature 💷	Holidays:	Women	Scrubs	"Shock"	(Live) [ff]	(EC)	Engineering	4	Mystery	Malignaggi.	Œ	Worst Driver	Flight 29	& the Fire Horse"	Back" (1980) Mark	Seinfeld
		Movie:	E News	Gabon:	Andy Williams	CSI: NY IE	New Smile	The		Ultimate	Tank	NHL	Wolverine	Boxing:	W-FIVE	Angel	So Raven	(2005)	Hamill.	Family Guy
7	:30	"Hard Rain"	The Soup	Triumph-	My Music:	-		Sopranos		Engineering	The second secon	Hockey:	Transform	Verno	(N) [6]	Angel	(7:22) Zoey	Premiere.	-	Family Guy
		(1998) Morgan	Soup	Wild Heartbeat	Love Songs	Movie:	NUMB3RS	The		Tank	Painkiller	Vancouver Canucks at	Naruto	Phillips vs. Paul	(DVS) To Be	A Haunting	Life Derek	News (N)	Movie: "Star	What
8	:30	Freeman.	Behind	œ	1	"Along	"Thirteen"	Sopranos	The Insider	Overhaul	Jane 📧	Calgary	Dragon	Williams.	Announced	Œ	Montana	Reviews	Wars V: The	What
	1.00.00	Family Guy	Dr. 90210	Midsomer	Roy	Came Polly" (2004) Ben	48 Hours	CSI: Miami	Entertainm	Painkiller	Kenny	Flames. [	Zatch Bell	(f) Sports	Law &	Canada's	Movie:	Thomas	Empire Strikes	Amer Dad
9		Movie:	"Reinvention	Murders	Orbison:	and the second second second second	Mystery	(C)	ent Tonight	Jane 📧	Kenny	HNIC	Bleach	Poker	Order 🕅	Worst	"Free Willy"	Bills Week	Back"	Friends
	PM	"Candyman"	To Be	"Midsomer Rhapsody"	Black & White Night	Law &	"Final Justice" (N)	CSI: Miami	Storms	Kenny	News (N)	After Hours	Hawks	E:60 (N) [6	Law &	Driver Angel	(1993) Jason James	Paid Prog.	(1980) Mark Hamill.	Seinfeld
10	:30	(1992) Virginia	Announced	00	(10:31)	Order: SVU	A REAL PROPERTY AND A REAL	"Shock"	Storms	Kenny	Driving TV	News [EC]	Oracle	-	Order: SVU	Angel	Richter.	Paid Prog.		Seinfeld
-	PM	Madsen.	E News	Montreal	Zappa Play	News (N)	News (N)	The	Edition	News (N)	J.R. Digs	Hockey	Mystery	SportsCentu	News (N)	A Haunting	(10:52)	Paid Prog.	Sports	Raymond
11	:30	Sanford	FANatical	Jazz	Zappa NW Profi	Sat. Night	Legend of	Sopranos	Paid Prog.	Sat. Night	Sat. Night	Night	Ghost	e (Live) [	News (N)	<b>(()</b>	Movie:	Body Tech	Sports	Raymond
	.00							(CE)				Replay		-			"Only You"			

#### SUNDAY, NOVEMBER 30, 2008

	1	WTBS 3	CHBC (4)	KNOW	KSPS	KHQ (7)	KREM 8	A&E 9	KXLY 10	BCTV	CITV 12	CBC 13	YTV 18	TSN 19	VTV 22	DISC 24	FAM (26)	CITY 29	SPIKE	TROP 45
	AM	and the second se	Pioneers		Maya	Today (N)	Paid Prog.	Private	Paid Prog.	Is Written	Driving TV	Animal	Being lan	SportsCentr	the second s	Mayday	Overdrive	Mix TV	Married	Fish TV
			Pioneers	1	Fetch! Ruff	1777	Paid Prog.	Sessions (G)	Paid Prog.	Fishful	Let's Build	Lunar Jim	Dewitt	e Œ	Morning		Rangers		Married	Paid Prog.
and the second second		Saved-Bell		Martha	Zula Patrol	News (N)	CBS News	The	Good	Foodies	Canada	Doodlebop	Winx Club	Reporters	Canada [ff]	To Be	(6:54)	Eye on Asia	Married	King
7	0000	Videos	Fishing	Clifford	Animalia	œ	Sunday	Sopranos .	Morning	Canada	Is Written	Coronatn	Viva Pinata	Reporters		Announced	School		Hrsepwer	King
		Videos		George S.	Reading	Meet the	Morning (N) [E]	fff The	America Wall St	News (N)	TribalTrail	Coronatn	Ruby	NFL	Kids		Suite Life	Eye-Asia	Hrsepwer	Raymond
0	1000	Videos	Powerboat	Magic Bus	Real	Press (N)	Nation	Sopranos	Matthews	Œ	Marriage	Coronatn	Neutron	Countdown	PLAN		(8:43) Zoey	Festival	MuscleCar	Raymond
		Movie:	Neighborho		Wishbone	[06]	NFL Today	(ff) Parking	This Week		Hour of	Coronatn	OddParent	(Live) [ff]	PLAN	Funniest	Cory	Italiano di	Trucks!	Seinfeld
O			od		Biz Kid\$	Paid Prog.	(Live) [E]	Movie: "My	With	-	Power [t]	Coronatn	Barnyard			Animals	So Raven	Johnny Lombardi	Xtreme 4x4	Seinfeld
	:30	(1996,		Upside			NFL	Cousin	George	DelaiseTU	Vieter Vie	CBC News:		PBA	NFL	MythBuster		(In Italian)	UFC	King
110	120101	Comedy) Mara			Design	Skiing: USSA	Football:	Vinny"		Driving TV		Sunday (C	SpongeBob	Bowling		s 🔃	Wizards		Unleashed	King
	:30	Wilson.	Marriage	(10:32)	Place		Regional	(1992, Comedy) Joe	Suite Life	Listen Up	Foodies (N)		Mighty B		Teams to Be			Reviews	UFC 89	'70s Show
11		Movie: "The Big Chill"		Go Diego	Foreign	Action Sports (N)	Coverage	Pesci. [E]	Thanksgivin g Parade	Power [6]	Energy TV		iCarly 📧		Announced. (Live) [6]	Monster Moves [#]	School		Countdown:	
11	:30	(1983)		(11:31)	European	œ					Mining TV		Naked	Auto Race			Suite Life	EP Weekly	Bisping vs.	'70s Show
		William Hurt.	Christina Aguilera (E)	Rolie Polie	Rodney Yee: Power			Intervention : Heroin		News (N)	Seinfeld	Land Sea	"Rudolph the Red-	Preview		Destroyed	Movie: "3 Ninjas	Amazing	Leben	Friends
	:00		Abancia Co	(12:35) Miss	of Yoga	lan al	-		Golf: LG Skins Game		Seinfeld	Doc Zone	Nosed	Golf: LG Skins Game		Destroyed	Knuckle Up'	Role		Friends
-1	PM	Movie: "Now and	1	Paddington		Holiday Celebration	NFL	Intervention	- Back	Big Coast	Seinfeld		Reindeer: The Movie"	- Back	SportsCentr e (Live) (	Mayday	(1995)	NFL Football:		Raymond
1	:30	Then"	TBA	(1:27) Secret	Qi Gong	on Ice From	Chiefs at	000	Nine. From Indian Wells.	Seinfeld	Simpsons	Steven and Chris		Nine. From	and the second second		Movie: "Johnny	Teams to Be		Raymond
0	PM	(1995)	Movie:	10a	Brain Fitness 2:	Las Vegas. (N)	Raiders or Steelers at	Intervention After	Calif.	Seinfeld	Simpsons	Can's te	Movie: "To Grandmothe	Indian Wells Calif.	Sue Thomas:	How-Made	Tsunami"	Announced.	Movie: "Star Wars V: The	
2	:30	Christina Ricci.	"Annie" (1982)	George S.	Sight and		Patriots	Alter		Simpsons	Simpsons	Fashion F.	's House We		F.B.Eye	How-Made	(1999)		Empire	Dear (14)
0	PM	Movie:	Aileen	(2:59)	Sound	Paid Prog.		CSI: Miami	Paid Prog.	Simpsons	Family Guy	World Cup	Go" (1992)		W-FIVE	Cash Cab	Cory		Strikes	You
3	:30	"Shattered" (1991) Tom	Quinn. Albert	(3:35)	Victor	Paid Prog.		œ	Paid Prog.	Simpsons	Family Guy	Skiing	1	e (Live) [	(DVS)	How-Made	Suite Life		Back" (1980) Mark	Smarter?
		Berenger.	Finney.	WordGirl	Borge (E)	Football	Extra (N)	CSI: Miami	Storms	Family Guy	Family Guy	Jeopardy!	Movie:	Football	Question	MythBuster	Suite Life	TBA	Hamill.	Soap
4	:30	00	The Soup	(4:34) Think		Night	œ	(C)	Storms	Family Guy	Global	Fortune	"Home Alone"	Night	Period [ff]	s (cc)	Proud	Two Men		Make
-	PM	Movie:	News (N)	Mechanics	Great	(5:15) NFL	News (N)	CSI: Miami	Movies	Family Guy	(4:59) News		(1990)	(5:15) NFL	In Fashion	The Body	K. Possible	Valentine	Movie: "Star	Friends
5	:30	"Twister" (1996) Heler	Ad Fers	Amazon	Performanc es IE	Football: Chicago	CBS News	"Addiction"	ABC News	Global	œ	"Jingle All the Way"	Macaulay Culkin.	Football: Chicago	FashionTel	Machine (N) [E]	Montana	"Valentine"	Wars VI: Return of the	Friends
		Hunt, Bill	That News	Saddle	1	Bears at	News (N)	CSI: Miami	News	News (N)	16X9 (N)	(1996),	Movie:	Bears at	News (N)		Sadie	the second second second second	Jedi" (1983)	Reality
IG	:30	Dayton	What	Saddle	1	Minnesota Vikings.			Team	œ	King of Hill	Sinbad [#]	"Christmas With the	Minnesota Vikings.	œ		Flight 29	Œ	Mark Hamill.	Fashion
A	PM	Movie:	Mysteries	Dian Fossey	Panda Tales		60 Minutes	CSI: Miami	and the second se	16X9	Brothers &		Kranks"	(Live)	Star Wars	MythBuster	So Raven	Less-Kind		Weekend
17	:30	Inc	Mysteries		(E)		(N) 🖭		Home Videos	King of Hill	Sisters (N)	(N)	(2004) 🖽		Degrassi	s 🕼	(7:22) Zoey	Less-Kind		Soap
-		(2000, Drama) Tom	Extreme-	Doc Martin	Celtic		The	CSI: Miami	the second s	Simpsons	Simpsons	Movie:	SpongeBob		The	Anthony	Life Derek	News (N)	Movie: "Star	What
		Hanks, Helen Hunt.	Home		Woman: The	Sports	Amazing Race 13	œ	Home	King of Hill	King of Hill	"Harry Potter and	Prank Ptrl	SportsCentr	Amazing Race 13	Bourdain	Montana	EP Weekly	Wars VI: Return of the	What
	PM	Helen Hunt.	What Is	The	Greatest	Law &	Cold Case	CSI: Miami	Desperate	Family Guy	Family Guy	the Goblet of	The Next	e (Live) E	Desperate	The Body	Movie:	EP Canada	Jedi" (1983)	
		Movie:	Sexy? 2008	Whistleblow	Journey	Order: SVU	(N) 匪	"Addiction"	Housewives	Amer Dad	Amer Dad	Fire"	Star 📧	Strength	Housewives	Machine @	"Freaky	Amazing	Mark	Friends
-	PM	"Now and	Real	ers "Dalziel:	Red Hurley:	CSI: NY	The Unit	CSI: Miami	(10:01)	(10:01)	News (N)	"Harry	Falcon	UEFA	(10:01) CSI:		Friday" (2003) [6]	Paid Prog.	Hamill.	Seinfeld
10		Then" (1995)	Housewives	<ol> <li>South American and American Street Str</li></ol>	Songs		(N) 匪	œ	Brothers &	Brothers &	(10:33)	Potter"	Beach [	Champs	NY Œ		(10:37)	Role		Seinfeld
-	:30 PM	Christina	of OC News (N)	Montreal	Chronicles	News (N)	News (N)	CSI: Miami	Sisters (N) News	Sisters (N) News (N)	Popoli	News [6]	Mystery	SportsCentr	News (N)	MythBuster	Movie:	Paid Prog.	CSI: Crime	
11		Ricci. Chopper	Ad Pers	Jazz	America's	Paid Prog.	Seahawks	œ	Van Impe	(11:35)	Paid Prog.	fifth estate	Ghost	e (Live)	News (N)	s 🖭	"Beetlejuice " (1988) [E]	Paid Prog.	Scn	Smarter?
	:30	cuobber		1						(		and courte	GHUST				11000 00		-	

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#### MONDAY, DECEMBER 1, 2008

		WTBS 3	CHBC (4)	KNOW	KSPS	KHQ (7)	KREM	A&E	KXLY 10	BCTV	CITV 12	CBC 13	YTV 18	TSN 19	VTV 22	DISC 24	FAM 26	CITY 29	SPIKE	TROP
-	AM	Jeffersons	News (N)	(6:12)	Bob Build	News (N)	News (N)	The	News	(5:30) News	(4:30) News	CBC News:	Being Ian		Canada AM		Henrys	CityLine (	Unsolved	Once a
6	:30	Jeffersons	Christine	George S.	Lions	Œ	and the second	Sopranos		(N) 🖭	(N) 🖭	Morning	Grossology	e 🖪	•	(E)	King (E)		Mysteries	Thief (E)
-	AM	In the Heat	Room	Martha	Arthur (EI)	Today (N)	The Early	(E) American	Good			(N) Curious	Hawks	SportsCentr		Daily Planet	(8:56)	The Tyra	(N) CSI: NY (E)	The Out
7	:30	of the Night		Dora	Martha	Œ	Show (N)	Justice	Morning			Animal	Dinosaur	e 🖽		AND THE	Phineas	Banks Show		Limits [
	AM	Cosby	Ad Pers	(7:59) Hi-5	Curious		Œ	Cold Case	America (N)		100 Huntley		Pokemon	SportsCentr			Weekend	Rachael	Married	North of
8	1.5	Cosby	What					Files [	Let .		Street (N)	Busytown	Flamingo	e 🖭			K. Possible	Ray [	Married	100
-	:30			Magic Bus	5.4 .		The 700	Cold Case	Pro- 1	100 Huntley	The section is the section of the se		Timothy	Off-Record		Daily Planet		News (N)	Married	TV Mad
9	AM	Fam. Feud	Three Takes		Super Why!		Club [ff]	Files G			Sick Kids				the second se	E			Married	Whatey
~	:30	Fam, Feud		Clifford	Clifford							Gofrette	George S.	Fishing			Tigger	City		
0	AM	Trivial	The Mom Show [ff]	Sid	Sesame Street (EI)		The Price Is Right (N)	CSI: Miami		World Vision (ff)	Debt Part	Wilbur 🔃	Erky Perky	Motoring	the second se	Man vs. Wild [6]	Mickey	The O.C.	Disorderly Con.	Survivo
10	:30	Trivial	onon tes	(10:35)	Succe (Li)						House	Doodlebop	Jane	Golf: LG Skins Game			Handy	Summer State		CCC
1-1	AM	Harvey	Dinner	Rolie Polie	Dragon	Ellen DeGeneres	Young and the Restless	Crossing Jordan [6]		Junk	(10:59) News (N)	Miracles	Care Bears	- Front	Twice in a Lifetime [6]	Mega Builders [6]	Benj Bear	The Bonnie Hunt Show	Star Trek: Voyager [6]	Denl No
0.0	:30	Harvey	Guys	Berenstain	Sit-Be Fit	Show	the Resuess	Jordan de	Paid Prog.	Food	(CE)	Antiques	Jacob .	Nine. From	Literine (M	Dunders M	(11:25) King			The Na
10	PM	Fresh Pr.	News [tt]	(12:13)	Charlie	Paid Prog.	News (N)	The	All My		Days of our	News [ff]	Santa .	Indian Wells, Calif.	etalk 📧	Mayday [6]	(11:49)	CityLine []	Contraction of the second second	Seinfeld
12	:30	Fresh Pr.	Design U	(12:36)	Rose [tt]	Paid Prog.	Bold & B.	Sopranos	Children (N) [55]	œ	Lives (N)	CBC News	Grossology		Bold & B.		Weekend		Sen	Seinfeld
	PM	Still Stnd	Home to	Maggie	The Brain	Days of our	As the	American	One Life to	And the second second	As the	Martha	George S.	NFL		Mighty	Dragon	ER 🖭	Unsolved	Raymo
1	:30	Still Stnd	Buy Me	Daniel	Fitness Program (6)	Lives (N)	World Turns (N)	Justice		World Turns (N)	World Turns (N)	Stewart	Ruby	Primetime	Thomas: F.B.Eye	Ships "Becrux"	Emperor		Mysteries (N)	Raymo
	PM	King	Guiding	(2:05)	Program (4)	Raymond	Guiding	Cold Case	General	Young and	The Doctors	Steven and	Viva Pinata	Horn		MythBuster	(1:54)	News [0]	Unsolved	Raymo
2	100	King	Light (N)	BluesClues	WordWorld	Millionaire	Light (N)	Files [ff]	Hospital (N)	the Restless	<u>[1]</u>	Chris 🖭	Mr. Men	Interruptio	Hospital (N)	s	K. Possible		Mysteries	Raymon
		Seinfeld	Whose	(3:04)	Big World	Judge	CC Dr. Phil (C)	Cold Case	Rachael	The Doctors	Young and	Living	Being Ian	Off-Record	Dr. Phil (E)	Destroyed	Replace	News (N)	CSI: NY CE	That No
3	:30	Friends	Wedding Is	Zoboomafo	WordGirl	Judge	-	Files [G]	Ray [	œ -	the Restless	Food	Pokemon	Sports		Destroyed	Emperor	<b>(E)</b>		That No
			It? Debt Part	o [f] (DVS) Paddington			Oprah	CSI: Miami	Inside	Oprah	(3:59) News	Fashion F.	SpongeBob	Hockey	Ellen .	Daily Planet	Section 1	Law &	CSI: NY	TV Ma
4		Payne	Deal No				Winfrey (	COL MILLIN	Deal No	Winfrey [	Global	Red Green	OddParent	Countdown		(N) (E)	(4:35)	Order: SVU	and the second sec	Very Ba
		Payne		George S.	Cyberchas	Judge J.				N	Carlo and			Countdown	Show			(1)	001.0.	Men (N
5	-	Movie: "Jumanji"	News (N)	Martha	BBC News	News (N)	News (N)	Intervention		News (N)	(4:59) News (N) [E]	Simpsons	OddParent			MythBuster s [6]	2	Chuck (N)	CSI: Crime Sen	
9	:30	(1995,		(5:35)	Business	NBC News	CBS News		and the second	Global		Fortune		NFL Football:			Montana			Whatev
G	PM	Fantasy) Robin	Global	(6:01) Taste	News- Lehrer	News (N)	News (N)	"Asa" [6]	News	News (N)	ET Canada	News (tt)	Drake	Jacksonville	News (N)	Dirty Jobs	Zocy 101	The Price Is Right [6]	Movie: "Training	Make
6	:30	Williams.	News	renegade	Leurer	Millionaire	Hollywood	Aba ter	News		Entertain		iCarly 🔃	Jaguars at			Life Derek	reight (1)	Day" (2001)	TV Mad
7	PM	ТВА	E! News	Undersea	Victor	Jeopardy!	The Doctors	The First 48	Entertain	Entertain	Prison	Coronatn	Malcolm	Houston Texans.	etalk [tt]	Canada's	Wizards	Fashion	Denzel	Soap
1	:30	Family Guy	The Insider	Landscape	Borge: 100 Years of	Fortune	(())	(CE)	The Insider	ET Canada	Break (N)	Jeopardy!	Home Imp.	(Live)	Hollywood	Worst Driver	So Raven	Less-Kind	Washington, Scott Glenn,	Reality
	PM	Family Guy	Name Earl	History of	Music	Chuck (N)	Big Bang	The First 48	Shrek	Prison	My Own	Dragon's	Malcolm			Daily Planet	Suite Life	News (N)		Final 2
8	:30	Seinfeld	How I Met	Britain (C	Andre Rieu:	[EE]	How I Met		Grinch	Break (N)	Worst Enemy	Den (N)	Fresh Pr.	SportsCentr	(8:32)	[ <u>[]</u> ]	Sadie	(8:35) News	MANswers	"JFK J
	PM	Movie: "Jumanji"	How I Met	Museum Maestros	Live in Vienna 📧	Heroes (N)	Two Men	Intervention	Samantha	Heroes (N)	Heroes (N)	The Border (N) (E)	Futurama	e (Live) 🖽	A DECEMBER OF THE OWNER	Dirty Jobs	Montana	(9:06) Jimmy	CSI: NY "Hush" [E]	Seinfel
9	:30	(1995,	Worst	(ff)			Worst	œ	Samantha			(11) (11)	Prank Ptrl	Motoring	Announced		Life Derek	Kimmel	TUSH DEL	Seinfel
10			(10:01) Boston	School of Secrets [ff]	Banan	My Own Worst	CSI: Miami	Intervention "Asa" @	(10:01) Boston	My Own Worst	News Hour Final (N)	National	Mystery	Awards	CSI: Miami	Canada's Worst	School	Judge	Star Trek: Voyager 🖭	Marrie
		Williams.	Legal		Benny	Enemy			Legal	Enemy			Adrenaline		1	Driver	Cory	EP Daily		The Na
1-1	PM	Williams FF	News (N)	Haida Art	Charlie Rose (N) [ff]	News (N)	News (N)	The First 48		News (N)	Entertain	(11:05) The Hour III	Mystery	e (Live)		MythBuster s (E)		News 🔃	Deep Space	Raymo
u a	:30	., mants or	Guy Stuff	Landscape	1000 (14) 100	Tonight	Late Show	Call .	(11:35)	- CEL	ET Canada	and an	Ghost	- (Lance) LED	News (N)	-	Life Derek	Paid Prog.	200	Raymo

#### monday movies

#### AFTERNOON

5:00 pm WTBS ③ ★★%"Jumanji" (1995, Fantasy) Robin Williams. A magic board-game brings forth African perils and a guy who disappeared in 1969 while playing it.

EVENING

6:00 pm SPIKE 44 \*\*\* Training

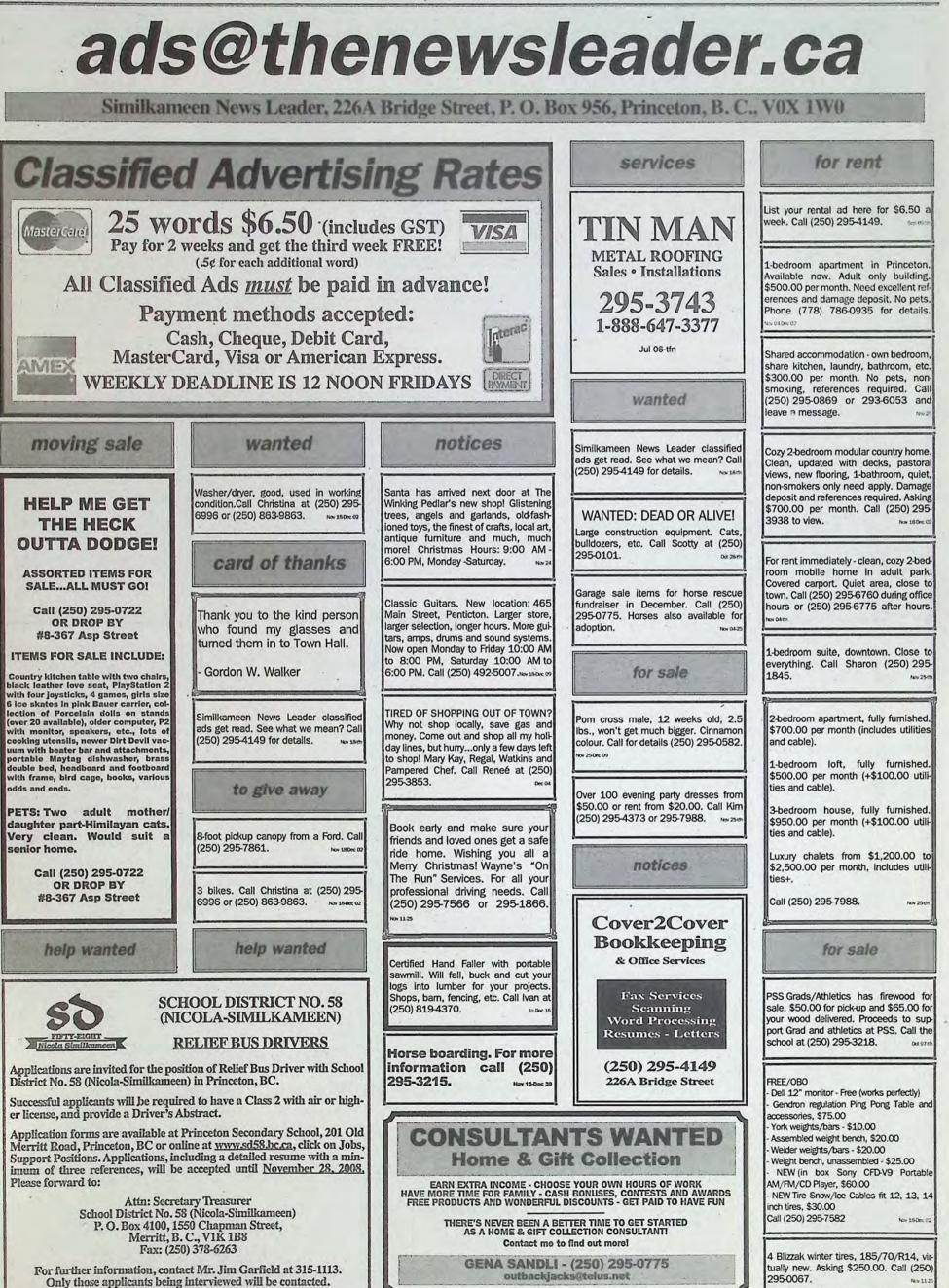
Day" (2001, Crime Drama) Denzel Washington. A rookie cop meets a cor-rupt Los Angeles narcotics officer who rupt Los Angeles narcotics omcer who wants to include him in his schemes. (In Stereo)
9:00 pm WTBS ③ ★★%"Jumanji" (1995, Fantasy) Robin Williams. A magic board-game brings forth African perils and a guy who disappeared in 1969 while playing it.

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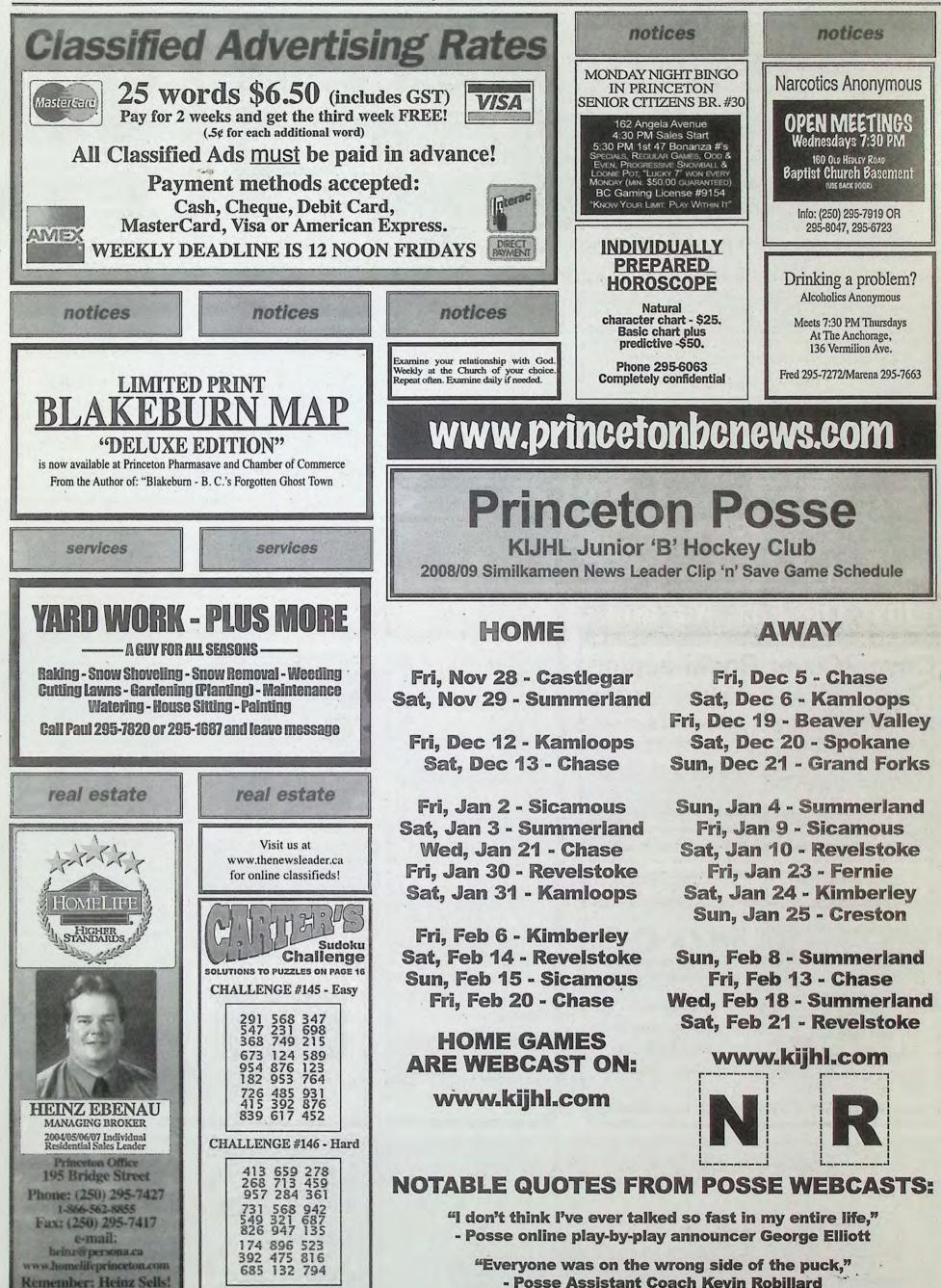


Tuesday, November 25, 2008

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#### Similkameen News Leader



Similkameen News Leader

Tuesday, November 25, 2008



Similkameen News Leader

editor@thenewsleader.ca

Similkameen News Leader, 226A Bridge Street, P. O. Box 956, Princeton, B. C., VOX 1W0

#### The two-way street

my turn

Before the 'new' Town Council is sworn in I need to get this off my chest.

One of the criticisms we receive often in our office about our elected officials is the perceived lack of communication with residents.

I am thinking off the top of my head about the changes to the intersection of Bridge Street and Vermilion Avenue.

From where I'm sitting, I think there was a lot of information shared about the project, yet, when changes were being made a lot of our customers voiced their displeasure over what was being done and that "nobody asked for input" on the project.

I know that is not entirely true.

And I'm not going to point fingers as I am pretty sure the plans for that particular project went through the proper channels. A drawing of the completed project was still posted in the window of the former Goldion Restaurant the last time I looked, so there's information available.

But the constant feedback received in our office about what Town Council was or was not telling the public tells me something. Maybe the 'new' Town Council will have to examine how they release information to the public. One newly-elected Councillor suggested to me the possibility of regular 'town hall-style' meetings where the public can attend a casual, informal meeting where items are discussed and plans reviewed.

I think that's a step in the right direction.

Another suggestion from the same source was a monthly (or more often) report from each Councillor on activities they are involved in, projects being worked on, concerns from committee meetings attended, etc.

These reports would be publishing in local media.

Again, I think that's a step in the right direction.

Although current members of Council may feel they were being 'transparent' during their term, based on what we've heard in our office, maybe they were not transparent enough.

I think that's a fair assessment to make considering what we've been hearing. Personally, I think they told us what they wanted us to know, and on occasion, told us a little more. Maybe there's a lesson to be learned in that which hopefully the 'new' Town Council acts upon.

Nobody wants to be told only part of the story, but by the same token, we all owe it to ourselves to listen a little more carefully to what we are being told.

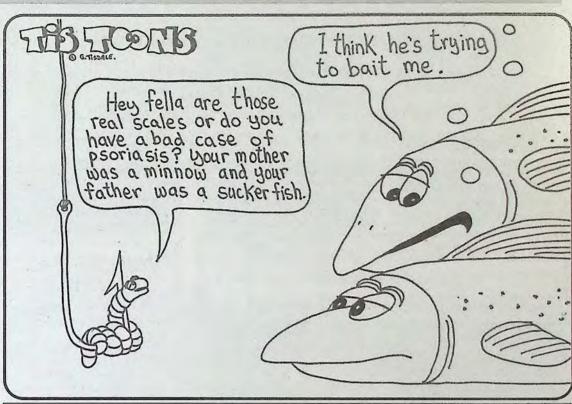
Reading between the lines only happens when the message is unclear. And if the 'new' Town Council hears this message loud and clear, they may actually prove to us that communication is indeed a two-way street.

#### EDITORIAL GUIDE

We would like you to write to us, but please remember to abide by anti-discrimination laws.

The News Leader reserves the right to refuse to print any letter which is not signed by the writer or is slanderous, libelous or of uncommon sense! The Editor reserves the right to condense any letter or to substitute proper language for improper language.





# your turn In reply to Mr. Dietz

Mr. Dietz; How differently we see Princeton.

You see a town of run down buildings, overbearing real estate signs, rough trails and ineffective town councillors. I see a town of caring, responsible people working individually and together to the benefit of our small community.

Princeton is certainly not perfect. We need to promote sustainable, environmentally responsible businesses. We need to create strategies that encourage attainable housing.

We need to upgrade many buildings, especially in the downtown area. As a community volunteer, I had interactions with the last two town councils. While I sometimes disagreed with their decisions, I appreciate and respect the time and effort they gave to improving Princeton.

You see a town that <u>could</u> be <u>vibrant</u>, a word defined by the Oxford Dictionary to mean thrilling and lively.

I see a town that is dynamic which according to the same dictionary means energetic and active.

On occasion Princeton is, and will continue to be, thrilling and lively; for example, Racing Days and the Heritage Music Festival. But the Princeton I see is energetic and active every day.

To exemplify the energetic and active nature of our town, I have prepared a list of dynamic groups and activities.

I realize this list is not complete and I invite others to help complete it.

- Community Services Society -New Beginnings, home care, assisted living

- Princeton Crisis Assistance Society

- Princeton Accessibility Committee

- Princeton Volunteer Fire Department

- Princeton Ground Search and Rescue

- Programs for children and families - Princeton Child Care Society, Communities for Kids, Family Place, Little Folks Nursery School, Strong Start, Preschool Support Program, Literacy Now - Seniors Centre

- Arts programs - drama, community band, singing, painting, potting, quilting, art gallery

- Recreation Programs - Riverside Centre, Princeton Arena, community and school sports, China Ridge Cross Country Ski Association, Curling Club

 Vermilion Forks Field Naturalists - Swan Lake reserve
 Vermilion Trails Society -

Weyerhauser gazebo, Bridge of Dreams - Sunflower Downs group - Fall Fair, Racing Days, Rodeo

- Hospital Auxiliary
- Museum Society

- Service Clubs - Legion, Lions,

- Rotary - Church groups
- Church groups
- Community garden committee
  Posse Hockey Club

- Tosse Hockey Chub

- Individuals who give their time and effort to paint or roof a building for a non-profit group, or drive an elderly neighbour to an appointment in Penticton, or volunteer in so many kind ways to help friends and others.

You see a town whose only long term asset is our heritage town and surrounding area. I see a town whose most important asset is the caring nature of the people that live here.

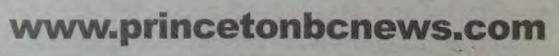
Princeton is not, and may never be, the most affluent small town, or the fastest growing small town, or the prettiest small town. But we are already an amazingly caring small town.

As we work to improve Princeton, we need to appreciate and nurture what we have that makes us such a caring place because that is why many of us choose to live here.

We don't <u>have</u> to live in Princeton.

We <u>want</u> to live in Princeton.
 Yours truly,

Susan Hamilton, Princeton



# Our plastics are destroying boys



Dawn Johnson editor@thenewsleader.ca

What happens to the human race if there are no men who can reproduce?

This is a serious concern of many medical researchers today. Baby boys are being miscarried, or born with substandard sex organs, or developing reproductive problems as they mature. This is an alarming, accelerating medical danger which can be traced back to the petrochemical industry. In short, plastics are destroying male reproductive capabilities.

We are the garbage dump

Perhaps you do not know the full story of plastics. We have had them around so long we forget why the plastics industry developed. We do not associate plastics with the oil industry. Raw petroleum comes from the decomposed bodies of dinosaurs. The bodies were covered with silt and sediment and the body fluids became compressed, forming crude oil or tar sands. When crude oil is refined, a number of fuel products are derived, beginning with the most pure aviation gasoline, through regular gasoline, down to diesel and things like axle grease.

When all of the good gasoline, oil and usable greases (like axle grease and petroleum jelly) are removed, the sludge left at the bottom of the tank forms the basis for a wide variety of plastics. The development of plastics was a boon to the petroleum industry because it gave commercial value to a substance that was literally garbage. In short, plastics are the waste material of the oil refining process.

That is a very simple explanation for a very complex industry known as the petrochemical industry. This industry has given us such things as detergents, plastic tubing, creams, shampoos, shower gel, pop bottles, garbage bags, grocery bags, pantyhose, fleece, imitation fur, antron, dacron, and all kinds of footwear and footwear parts.

Plastic is one of the most versatile of products, but unfortunately, some plastics have biological side effects. Some cause cancer, and some alter the sex and sexuality of males.

#### It starts in the man

For a child to be conceived, a man's sperm must be plentiful and it must be strong and properly developed. To achieve this condition, the man's testosterone level must be high. The side effect of some plastics is to reduce the ratio of male to female hormones, because these "rogue" plastics leach synthetic female hormone (estrogen). Every human produces both male and female hormones, so when a man is getting a lot of synthetic female hormone, it reduces the male hormone level, and reduces the number, strength and development of the sperm he produces. Increasing numbers of young couples are going to fertility clinics, and male infertility is an increasing reason for conception problems. Male sperm counts are down dramatically compared with 40 years ago, and researchers are blaming it on the rogue plastics.

Women are part of the problem When a baby is conceived, it is female for the first few weeks. It is only when a flood of male hormones surrounds the embryo that the embryo can become male. There has to be enough testosterone (male sex hormone) to do the job right. If the mother's body is flooded with synthetic female hormones, the embryo may remain female, or a male may be produced having inadequate male sex organs. This is happening with increasing frequency.

It doesn't stop in the womb

More damage is done when little boys are exposed to plastics that leak synthetic female hormones. Testicles and penis may not develop properly, and painful surgery may be required. The full effects are not yet known. Increasing numbers of grown men are showing less than optimal levels of male hormone, which is essential to male health. Some researchers blame the synthetic female hormones leached from rogue plastics for the increasing levels of prostate problems and

Broadban

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prostate and testicular cancers. Forecast for the future

Unless we act now to ban the use of plastics that leach synthetic female hormones, the day may come when the only males born who can reproduce will be males from non-industrialized areas of the world, such as the upper Amazon, the Himalayas, and various wilderness areas where people are not exposed to these plastics. As it is the industrialized nations of the world where most people are exposed to these synthetic female hormones, we may, in the next three generations, see the end of the white race.

#### What can we do?

The first thing we must do is demand laws banning the use of any plastics that leak synthetic female hormones. As it takes govemment so long to change legislation, we must avoid buying any drinks or food stored in plastic bottles or in tins lined with this plastic. We should encourage every manufacturer to use glass (liked they did 20 years ago!). Our food is a primary source of synthetic female hormone, but don't forget shower gels and shampoo. Use ordinary soap containing animal fat. Avoid most creams and lotions and oils on the skin unless you are sure they are purely vegetable or animal in origin (like they used to be!). Wear 100 percent cotton or wool against your skin, if at all possible. Most important, keep your children away from synthetic fabrics, shower gels, and shampoos. Don't have any drinks stored in plastics, and keep those soft plastic and fleece items away from them, unless your health nurse tells you it is safe.

#### Look to old ways

When I was a kid, we washed with soap, and we had fabrics made from cotton, wool or rayon (rayon is made from wood). Our milk and other liquid foods came in glass bottles, our bread was wrapped in paper (and didn't go moldy so fast), and when we went shopping, our groceries were put into paper bags or boxes. Our biggest concern during our child bearing years was that we not have too many children!



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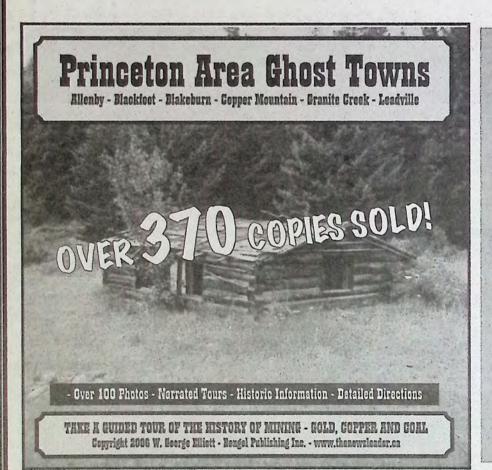


# **Ghost Town**

A town that has been abandoned, usually because the economic activity that supported it no longer exists.

There are a total of six such ghost towns in the Princeton area:

Allenby, Blackfoot, Blakeburn, Copper Mountain, Granite Creek and Leadville.



Explore Princeton's historic past with:

Princeton Area Ghost Towns - The DVD

WRITTEN & PRODUCED BY:

Similkameen News Leader Owner/Publisher George Elliott



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Tuesday, November 25, 2008

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Similkameen News Leader





The News Leader's Brenda Engel shows her true colours at a recent Princeton Posse game. \*

#### Letter To The Editor

# **Greyhound operator issues warning**

#### To The Editor;

We are writing this to inform the citizens of Princeton and surrounding areas that Princeton Greyhound will be closing its doors December 31, 2008.

We regret to have to make this decision, but due to drastic cuts from Greyhound management, we are one of several small agencies unable to afford to keep open. We will be open longer hours in December to help with Christmas shipping and travelling which we will post at Greyhound in the following weeks.

We would like to take this time to thank all our loyal customers and apologize for this inconvenience to you.

We are guessing that passengers will continue to be picked up and

able to buy their tickets at the next depot available but are unsure of where this bus stop will be.

Hopefully Greyhound gets back to us as soon as possible so we can relay this information on to you to make the travel changes as smooth as we can.

For all your freight and shipping needs in the new year or any other questions, please come in the Princeton Greyhound and speak to Lynette, who will try to get your answers from Greyhound.

Thank you! - Curtis & Lynette Boyd

- Mike & Sarah Baines

#### Letter To The Editor her's deer solution

#### To The Editor;

During the Mayors' All-Candidate Forum the question came up again about deer control.

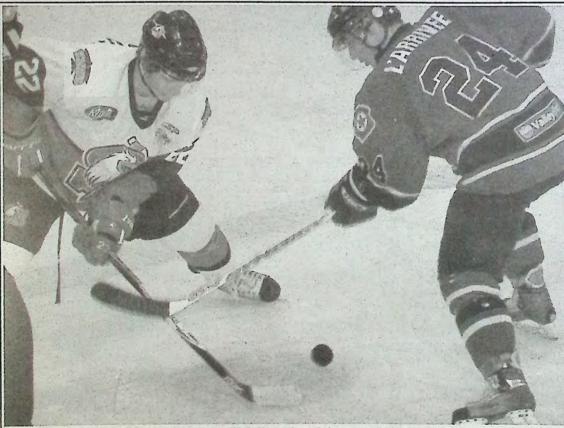
As everyone is aware, we have a huge deer population in our area and it is such a problem. I forgot to tell you (during the Forum) my secret.

We purchased some organic deer

spray and spray all the ornamentals and flowers around the yard. I haven't had ANY problems with the deer eating ANY of the sprayed flowers or bushes. It really works and I would recommend it.

You have to spray following a rain otherwise it lasts a long time. Good luck!

- Esther Donovan, Princeton



The 'real' #24 - Posse home Captain Kyle L'Arrivee doing some 'stick handling' at a face off. \*



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