Similkameen Nevys Leader Volume 11 Issue 50 #557 ISSN 1712-090X



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 No

 Stopping

 Anytime

Students challenge council

Three students from Vermilion Forks Elementary School brought their project to the attention of Town Council on December 1. Daniel Crosby, Austin Knopf and Charlie Allison are leaders in a Superheroes Campaign as part of a student leadership program.

The project is raising money for BC Children's Hospital, and they challenged Town Council to hold one meeting a month wearing a hat or jeans, and pay one dollar each for the privilege. Council accepted the challenge, but Town Administrative Officer Patrick Robins upped the ante by saying Town Hall staff would wear casual clothing one day a week and would pay five dollars.

It looked like it might become a bidding war, but Mayor McLean said, "They get paid more than we do."

Mayor McLean commended the students on their project and thanked them for coming to challenge Council.

Do you recognize this sign? By the number of times we've seen people parking in the yellow zone outside the post office since this sign went up it's obvious to us it needs to be enforced. *

CMMC receives \$28.75 million advanc

Copper Mountain Mining Corporation (CMMC) announced on December 1st that Mitsubishi Materials Corporation (Mitsubishi) had agreed to advance up to Cdn \$28.75 Million by way of a bridgeloan to Similco Mines Ltd. (Similco), a wholly-owned subsidiary of the Company. Similco holds the assets of the former Similco mine, which the Company plans to re-develop into a producing mine (the Project).

Canadian Publications Mail Agreement No. (1299263)

The funds will be used for development activities necessary to achieve the planned production start for the Project at the end of 2010. The Company and Mitsubishi continue to work on the definitive agreements in accordance with the MOU announced on October 1st and it is anticipated that the definitive agreements will be finalized as soon as possible.

John O'Rourke, Chief Executive Officer of the Company stated: "I am extremely pleased that Mitsubishi agrees to help us devel-



Similkameen

op this Project by the bridge-loan in a very challenging financial time. Despite the current economic turbulence, we have added confidence that the project will be developed within the budget and schedule. We are taking a long term positive view on the price of copper and expect an improvement in the global economic situation by 2011 when the mine is scheduled to be operating."

About Mitsubishi Materials Corporation:

Established in 1950, Mitsubishi is one of the worlds largest diversified materials companies and is a leader in metal smelting and refining, cement products, fabricated metals and advanced materials for electric components.

Mitsubishi has invested in 4 (four) copper mines now under operation, namely Los Pelambres, Escondida (both in Chile), Huckleberry (Canada) and Batu Hijau (Indonesia). Mitsubishi's highlevel research and development programs are instrumental in enabling it to maintain its dominant position in key markets. Mitsubishi comprises 227 subsidiaries and affiliates in 25 countries, employing 19,467 people.

ews Leader

About Copper Mountain Mining Corp.:

CMMC is a BC resource company that owns 100% of the Project located 15 km south of Princeton. The Company recently completed an independent feasibility study that confirmed the viability of restarting this past open pit copper and precious metal producer.

Development is based on the construction of a new 35,000 tonne per day concentrator to produce approximately 100 million pounds of copper per year in a copper concentrate with gold and silver credits by the end of 2010. The mine resource includes; a Measured and Indicated Mineral Resource of 186 million tons averaging 0.411% Cu containing 1.5 billion lbs copper and an Inferred Resource of 92 million tons averaging 0.344% Cu containing 0.6 billion lbs copper. A copy of the Independent 43-101 Technical Report pertaining to the interim resource estimate and a video presentation on the Copper Mountain Project may be found on the company's website. The Company's common shares currently trade on the TSX Exchange under the symbol CUM and additional information is available on the Company's web site at www.CuMtn.com. - submitted

Similkameen News Leader says so long to an old friend in "Gloria Stout: A Mayor to Remember" On Page 3



EDDY BEAR GAM Saturday, December 13th Princeton Posse vs Chase Chiefs

ANNUAL

When Princeton scores their first goal of the game, toss a stuffed animal on the ice. They will all be collected and donated to the Christmas Hamper Fund.

> Sponsored by: Princeton Posse, Princeton Dairy Queen and Similkameen News Leader

THIS WEEK

Page 3 - Gloria Stout: A Mayor to Remember / Page 8 - Cougar Annie REGULAR FEATURES Page 4 - Keremeos / Page 11-18 - TV Guide / Page 22 - Editorial / Page 23 - Current Comment

Phone: (250) 295-4149 • 1-888-350-9969 • Fax: (250) 295-4103 website: www.thenewsleader.ca - visited by 383* people daily in November 2008 • average figure according to AWStats

ed the viability of past open pit copper metal producer. t is based on the connew 35,000 tonne per trator to produce y 100 million pounds year in a copper con-

Similkameen



Tuesday, December 9, 2008

Gloria Stout: A Mayor to remember

by Dawn Johnson

She will remain an important part of Princeton's history. She was one of those people who have a vision and hang on to it until they make it come true. She lived life with zest, working hard through the tough times and celebrating the good times.

Gloria Stout was first elected to



Town Council in 1978 as an alderman. She was elected Mayor until defeated in 1990. During her time in office, there were some memorable occasions she approached with the same energy and determination she brought to every task. As mayor, Gloria Stout had one priority: if it was good for Princeton, then Princeton had to have it.

One of her first actions was to appoint a committee to plan a celebration of Princeton's 125th anniversary.

She was involved in the planning, and happy to be part of the ceremonies wearing a period gown and a flamboyant hat. Mayor Stout always had style, and always enjoyed a celebration.

The following year she attended the opening of the Coquihalla Highway and drove from Hope to Merritt, where she joined in the festivities.

It was the year of Expo '86, and her goal was to ensure nobody forgot Princeton, especially when handing out largesse from Victoria. In fact, Victoria was learning that Mayor Stout was likely to turn up in Victoria to push very hard for what was good for Princeton.

That was the same year Princeton

and Tonasket became Sister Cities. Mayor Stout went to Loomis, Washington for the official recognition of the relationship, and she ardently supported the International Pony Express Ride that originated at that meeting.

During her years as mayor, Gloria Stout pushed for downtown revitalization, and the beautified downtown was celebrated on September 17, 1987. It was quite a major event, featuring Bill Vander Zalm and his wife riding into town on the Welby Stage, escorted by cowboys, and featuring a hold-up in which Vander Zalm's watch was stolen (it was not his watch, and it was never returned).

Many people saw Gloria Stout as a hard-headed woman of great determination, which she was, but there was much more to her. She was raised on a farm in Sumas Prairie, and lived through the Great Depression and World War II came along in her youth. She worked in agriculture to earn money to go to U.B.C. and the University of Washington. She then ran her own dress shop for six years before marrying Tom Stout and moving to the Similkameen Valley.

Gloria and Tom lived first in Coalmont, where Tom worked at Blakeburn. Gloria's parents bought Skye Blue Lodge, and Gloria worked there in the kitchen and waiting tables.

The Stouts had five children, and Gloria could tell many stories of pinching pennies in those early days. Gloria was family-oriented and she dearly loved her children and grandchildren.

Stouts moved to Princeton in 1953, and while still busy being "Mom", Gloria decided Princeton needed a museum. With Isabelle Cattermole and Rosemary Pesut, and the help of husband Tom and members of the Kinsman Club, Princeton Pioneer Museum was born in a log cabin transported to Vermilion Avenue. The Museum Society remained Gloria's great passion until her health failed about three years ago.

Tom retired and Gloria had been diagnosed as having diabetes. In 1990, they moved to Oliver, but moved back a few years later. Her heart was in Princeton.

Gloria Stout passed away in Ridgewood Lodge at the age of 82, leaving her husband, children and grandchildren, and the Town of Princeton, with some great memories and profound respect for a very dynamic woman.

"She was Princeton" - Mayor Randy McLean

by Mayor Randy McLean She was Princeton.

She incorporated some great parts of Dave Brown and John Rubis and Eric Jacobson.

She was a dogged, determined, singleness of purpose lady, intent on one objective: to make our town the absolute best it could be.

For those who knew her or worked with her there was no secondary acceptable goal in mind, there was perfection and that was it, period, from the "I scrubbed the floors of the curling rink on my hands and knees" to the "that dogcatcher Carl Wales was a moose of a man" she was a most unforgettable character in my life and I will never forget her or the lessons she taught me.

At times she was gritty, she was abrasive and she was a bulldog but no one worked harder to make our town a better place. There was no avenue she wouldn't pursue in her unwavering determination to improve our way of life. Trips to Victoria to visit senior government officials left me with memories of sympathy for the browbeating they would have to endure in her half hour pleading of the case of a small town's needs. Some will remember the abrasive part of her nature, and others will remember the blunt matter of fact manner she dealt with obstacles or problem people because she would never suffer complications or fools easily.

Yet I recall a woman who was always concerned about those less fortunate who required and deserved a helping hand from those in public office. She brought a compassion and sensitivity only a woman could employ to a leadership position that often required realism and objectiveness.

As an elected official who has shaped his political behaviour on a learned mentor whose list of accomplishments is too numerous to mention I would have felt fortunate to have been blessed with half the fortitude she faced the world with on behalf of the people she represented.

She elevated that position with a dignity and a grace that reminded you how important it is that you have accepted the trust of the people to do everything you can to improve their way of life.

You can remember whatever Gloria you want to but I will always remember the iron willed lady who would go through Hell to do the job as she saw fit because I was one of the many Councillors that would have been right behind her.

So for me, when my council is attempting to come up with a tribute or a dedication appropriate for the contribution she made to the people of Princeton, they don't have a statue big enough or a street long enough.

She was Princeton to me.





Mayor Gloria Stout, dressed in period costume, August 1985 at Princeton's 125 Celebration.

Similkameen **News Leader**



keremeos and area news



Santa met with children in Victory Hall during Keremeos Light-Up December 5th.*

ganic institute takes giant step

Were you there in February 2004 when 35 residents of the Lower Similkameen unanimously identified development of an institute for training in organic farming as the best economic application of the new wireless internet system?

That's right, five break out groups came back with the same recom-

The Lower Similkameen is the right place for organic farming training. There are many different types of organic crops grown. Students can compare soils and crop production on land that has been farmed using organic methods for just a few years or for forty

Olalla rescinds boil water notice

The Regional District of Okanagan-Similkameen (RDOS), in conjunction with the Interior Health Authority, advises that the Boil Water Notice for the Olalla

Sizzle signs group

Although the organizing committee for Similkameen Sizzle, the annual Pepperfest, is on a Christmas break, some important business has already been taken care of - the booking of live enter-

Kelowna band 'The Cruzeros' will be performing live in Memorial Park during the September 19th cel-

Sizzle Committee Chair Carroll MacLean told the News Leader the band was available so the committee booked them right away.

The wealth of knowledge of our farmers that is our biggest asset.

Getting a training institution started turns out to be a complicated process. A legal entity had to be created, and so the Organic Farming Institute of BC was incorporated as a charitable society. The provincial organic certification organization needed to be persuaded to support the OFIBC. A business plan was written in 2005. About \$140,000.00 in funding has been raised.

The OFIBC surveyed farmers in four major farming regions in order to find out if there is a market for combined online and practical training. Results were very encour-

water system has been lifted as of December 4th.

The RDOS thanks the residents of Olalla for their patience and cooperation during the past week.

The cleaning of the water storage reservoirs is part of the RDOS's proactive approach to ensuring high drinking water quality standards.

Typically before a reservoir can be brought back into service after cleaning, acceptable bateriological test results must be received.

These tests can take up to four days to process. The test results have been received from the lab show no issues and IHA has given their approval to lift the boil water notice. For more information contact the Public Works Department at (250) 490-4135 or toll free at 1-877-610-3737. - submitted

aging. A relationship with an agricultural college was needed.

The OFIBC is working with the Agricultural Department at University of the Fraser Valley on designing field training for students and agriculture professionals.

Now, the OFIBC's first course is ready. It is 'Building and Maintaining Soil Fertility Using Organic Principles.' Two more courses are under development. The soils course will be tested and then offered in 2009.

The time has come when the OFIBC needs to hire someone to administer and manage the transition from a developing business to an operating business. That is a big step and it is made possible by funding from a private foundation and a Federal program. But, like any business, the OFIBC (a nonprofit business) must pay its costs from revenues it earns. Only forty enrollments are required to meet the first year expectations of the business plan.

The OFIBC concept was born in a public forum. Its objectives include adding income to farmers and to the economy in general. To be successful, it will need the participation of organic farmers as instructors. The OFIBC has gotten to where it is by the hard work of volunteer directors. As it takes the big step toward opening, it needs additional hands and minds to steer the tractor. At least two more directors are needed. There are many more big steps ahead for the OFIBC. - submitted

www.princetonbcnews.com



Princeton's new Town Council, with Cst. Meecham, left to right: Councillors Ray Jarvis and Marilyn Harkness, Mayor Randy McLean and Councillors Frank Armitage and Jason Earle. Photo: Dawn Johnson

New Council takes office

In a short ceremony at the Skills Centre, lawyer Stan Turner witnessed the oath of office of the newly elected members of Princeton Town Council. Turner has sworn in new Town Councils a number of times, and said, at the conclusion, what an honour it is for him to conduct this ceremony, and added commendation to members of Council for standing for public office.

Following the ceremony, Mayor Randy McLean took the time to express his sadness at the death of former Mayor Gloria Stout. With

Princeton Secondary School

obvious emotion, Mayor McLean said, "I worked with her a number of years. We used to call her a bulldog. When she set her teeth into something, she didn't quit 'til it was accomplished."

Mayor McLean then made a speech expressing his confidence in the new Council, saying, "The group contains the essentials of expertise, enthusiasm, energy, an intent to work together, and most importantly, a desire to serve the community that elected them and a desire to build a better tomorrow for Princeton. I am absolutely con-

the people of Princeton. The mayor included community leaders in his prognosis for a suc-

them."

e cessful term of office. He referred to "the leaders and volunteers in our midst who turn limited funding and resources into triumphant projects and events that are essential to any thriving community."

vinced they will more than justify

the trust that has been placed in

He added praise for Town staff and

crew, commending their loyalty to

Mayor McLean challenged everyone to contribute to the success of Council through public input, participation and working together.

Councillor Frank Armitage, on behalf of the Councillors, responded by assuring Mayor McLean the new Councillors hope to bring something special to Council in this term.



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Explore The History Of Mining - Gold, Copper and Coal

Monday, December 8, at 7:00 PM. John Allison Elementary Christmas Concert held at Princeton Secondary School, Thursday, December 11 at 1:00 PM. Vermilion Forks Elementary

Christmas Concert, Friday, December 12 at 1:15 PM.

Community Christmas Concert,



ristmas concerts schedule





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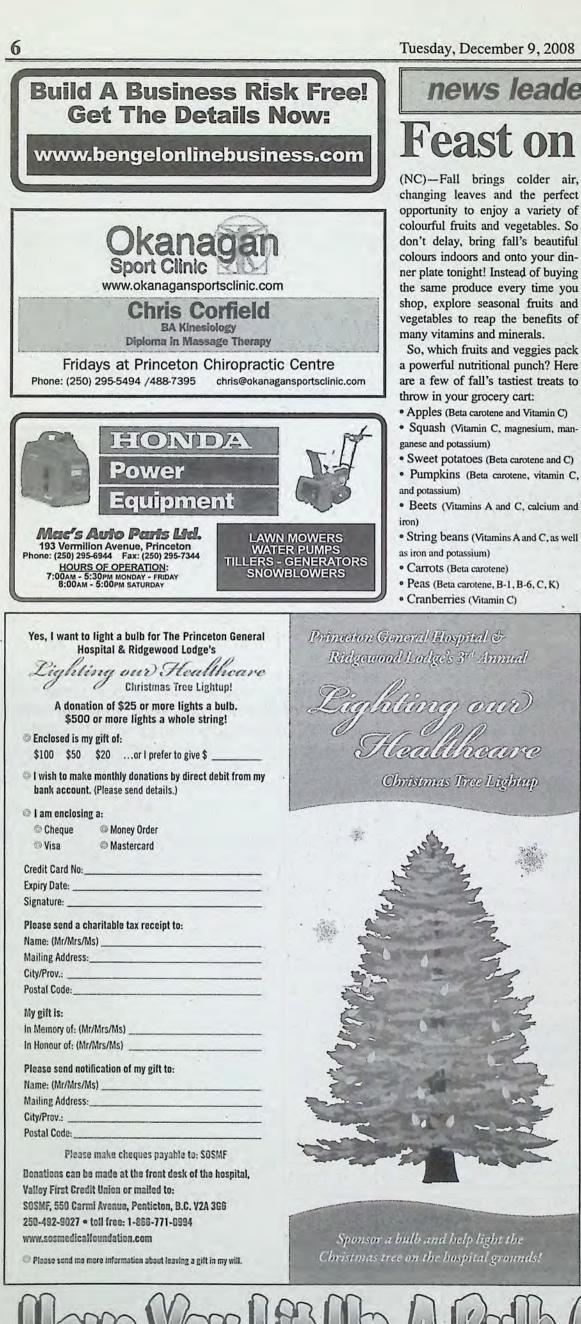
Enter to win 2 tickets to the next Princeton Posse home game -Friday, December 12 vs Kamloops Saturday, December 13 vs Chase

NAME_

PHONE ______ Mall Entry to: PO Box 956, Princeton, BC VOX 1W0 OR Drop off at: News Leader Office, 226A Bridge Street

Winners will be notified at least one day before scheduled game!

Similkameen News Leader



news leader health and lifestyle page Feast on fall's best flavours

(NC)-Fall brings colder air, • Pears (Vitamin C) changing leaves and the perfect opportunity to enjoy a variety of colourful fruits and vegetables. So don't delay, bring fall's beautiful colours indoors and onto your dinner plate tonight! Instead of buying the same produce every time you shop, explore seasonal fruits and vegetables to reap the benefits of

a powerful nutritional punch? Here are a few of fall's tastiest treats to

· Squash (Vitamin C, magnesium, man-

• Sweet potatoes (Beta carotene and C) · Pumpkins (Beta carotene, vitamin C,

· Pomegranates (Beta carotene, Vitamin C and E and folic acid)

Variety is important because fruits and vegetables are not created equal when it comes to nutrient content. Purchasing different colourful fruits and vegetables that you may not usually choose will provide your body with different vitamins and minerals.

"Colourful fall fruits and veggies at peak ripeness have their highest nutritional content," says registered dietitian Gina Sunderland. "Now is your chance to eat local produce to improve your nutrient intake."

Even with fall's variety of nutritough to eat the suggested 5-10 servings a day from Canada's Food Guide to get the recommended daily intake of essential vitamins and meeting your vitamin and mineral requirements every day, a well balanced multivitamin should complement your diet.

"The majority of my clients know that eating well is important to their health," says Sunderland. "What many people don't realize is that often we can't get all the vitamins and minerals we need from food alone."

It can be tricky choosing a wellbalanced vitamin and mineral supplement. If you rely on a cocktail of single supplements you may run the risk of ingesting unnecessarily high levels of nutrients. Certain nutrients can be harmful when taken in high doses. With vitamins and minerals, more is not necessarily better.

"A single, well-balanced multivitatious fruits and vegetable, it can be min like Centrum is a safe and practical way to ensure you are getting your daily requirements of vitamins and minerals," Sunderland says. "Centrum relies on nutritional sciminerals. To ensure that you are ence when formulating products to maximize overall health benefits." For more information please visit, www.centrumvitamins.ca.



Keep the chill out of Winter

Winter is the time when most people face the real challenges of health. If your health is not as good as it should be, if your immune system is down, if you are not taking a Vitamin D supplement, then you are at risk of contracting flu or pneumonia. These two diseases kill more older people than any other contagious diseases. There is a need to protect yourself from the cold, but that does not mean staying indoors all the time. In fact, staying indoors too much may be the worst thing you can do. At the same time, when you go outdoors, you need to dress for the weath-

The first, best protection starts with your head. You lose more heat out of the top of your head than from any other body part. Excessive exposure of the head can lead to severe problems with sinuses, as well as loss of body heat. The second most important area to protect is your neck. Major blood vessels are close to the skin in the neck, and you will lose body heat through exposure of the neck.

With the head and neck protected, the next thing you need to do is protect the chest. Most people try to protect the chest, but concentrate on protecting the front of the chest. The chest goes all the way around, and you need to protect your back as well as your front. Coats and jackets should go down past the hips and should have an inner or outer belt to prevent draughts. To ensure adequate protection for the chest, layers of clothing are most desirable. For example, a shirt with a sweater over it, form two layers under your jacket.

Surprisingly, the lower body seems to be able to withstand more cold than the upper body, but that does not mean you should not dress with an extra layer down there if the weather is very cold. Long underwear or tights are an excellent first layer under your slacks.

The best fabric for insulation is wool, but acrylic is good. Cotton against the skin is good because it absorbs any perspiration, but it is not as good as wool. Outer clothing should contain a layer of insulation, such as a fleece lining or quilted lining.

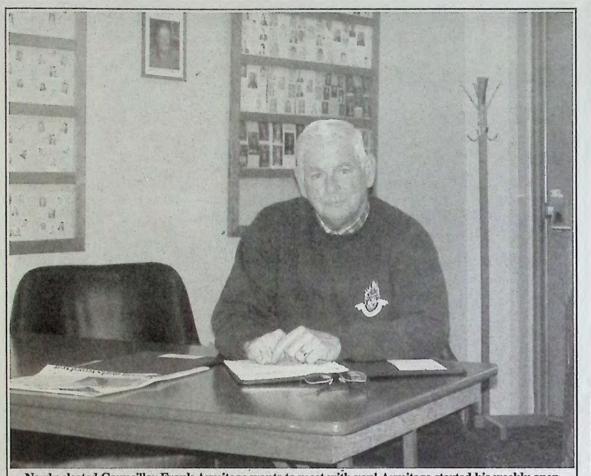
Feet should be in insulated boots, and hands should be in insulated mittens. Use gloves only for driving or starting the snow blower.

If the temperature is very cold, or there is a wind blowing, many older people find it hard to breathe. Your body loses a lot of heat internally if you breathe in very cold air. Always breathe through your nose, and in severe weather, put a scarf over your nose and mouth.

Why is this protection important? Although you may not get the flu, a cold or pneumonia just from being chilled, you must remember that your body works best at its proper heat. A chill can stress your immune system and make you susceptible to infections.

The most important thing to remember when you are out in the cold is: keep moving. By moving, you encourage your body to burn more calories to keep you warm, and you keep your warm blood flowing better.





Newly elected Councillor Frank Armitage wants to meet with you! Armitage started his weekly open meetings last Tuesday and will continue to be available for open discussions each Tuesday from 2:00 to 4:00 PM in Council Chambers at Town Hall. We think it's an idea the rest of Council should adopt. *

BC Southern Interior monthly report

Back To Work

The election is over and now it is time to get back to work. I would like to thank the citizens of BC Southern Interior for giving me a mandate to continue working on your behalf.

It is important to acknowledge the contribution of the other candidates during the election campaign. All of them worked very hard on behalf of their supporters and I would like to thank them for their efforts.

I think that all of us showed that a political campaign can be conducted with respect for opponents while at the same time, tackling the issues that are of major concern. It is my hope that the civility demonstrated between the political parties in BC Southern Interior could somehow spill over into the House of Commons.

There are many issues that need to be debated during the next session of parliament and it is possible to do this in an atmosphere of dignity and mutual respect. It is time for all MPs to rise to the occasion.

Once again our election results do not accurately reflect the vote of Canadians. We need to have the cause of Proportional Representation (PR) taken up by all political parties so that one day we will have a parliament that truly reflects the will of the people.

In addition to PR other priorities for the NDP are:

- cancellation of further corporate tax cuts

economic stimulus package
concrete steps to tackle climate

- pension protection

Government must play an active role in the best interests of the citizens it represents. We can not, especially in these difficult economic times, sit and watch the market forces regulate themselves. A certain amount of government intervention is necessary to stabilize the economy. One approach, supported by the provinces, is to strengthen our federal infrastructure. For example, by supporting a national affordable housing strategy, our federal government could address, not only the lack of affordable housing, but also provide a stimulus to the forest and construction industries.

As the NDP critic for Agriculture one of my responsibilities over the past few months has been to undertake a national food security tour as we look to develop a national food policy. In tough economic times, we need to support local food initiatives to provide good quality food and support local farmers.

There are a number of issues that I hope to tackle during the next year, one of them being the return of the Bridesville Post Office. It is important that we let Canada Post and our government know that the closure of post offices in our rural communities is not acceptable. In fact, we should be doing all we can to promote the quality of life in rural Canada by keeping well paying jobs in our communities.

Other concerns that my staff and I also hope to address are the Canada Summer Jobs program and museum funding. We have received feedback from a number of our museums and I will be bringing this forward to the Minister of Canadian Heritage, the Hon. James Moore. In regard to summer jobs, a number of Chambers of Commerce did not receive funding last summer for their tourism centres. I am hoping to get some ideas from our communities as we work together to develop criteria for 2009.

And, speaking of our communities, I would like to congratulate all those who were successful in the November 15th municipal elections. I look forward to working with you, our MLAs, First Nations representatives and others in the best interests of all our citizens.

At this time, my staff and I would like to wish everyone a very Merry Christmas and all the best in the New Year!

NEED SOME

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News Leader

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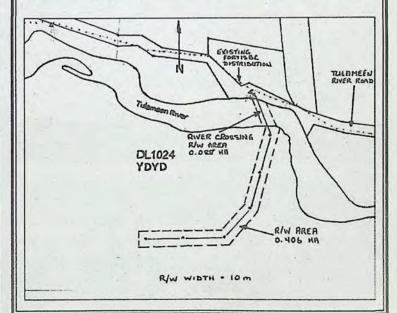
Land Act: Notice of Intention to Apply for a Disposition of Crown Land

Take notice that FortisBC Inc. of Trail, BC intends to make application to Integrated Land Management Bureau (ILMB), Southern Service Region - Kamloops Service Centre, Crown Land Adjudication office, for a Right-of-way for electrical distribution powerline purposes covering portion of District Lot 1024 together with unsurveyed foreshore being part of the bed of Tulameen River, YDYD situated on Provincial Crown land located in the vicinity of Tulameen.

The Lands File Number that has been established for this application is 3411744. Written comments concerning this application should be directed to the Section Head, Crown Land Adjudication at 3rd Floor, 145-3rd Avenue, Kamloops, BC V2C 3M1. Comments will be received by ILMB until January 16, 2009. ILMB may not be able to consider comments received after this date.

Please visit our website at http://www.arfd.bc.ca/ApplicationPosting/inde x.jsp --> Search --> Search by File Number: insert Lands File Number for more information.

Be advised that any response to this advertisement will be provided to be public upon request.



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similkameen News Leader



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BC Bull Riding Finals return to Princeton September 2009.*

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Similkameen News Leader



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TUESDAY, DECEMBER 9, 2008

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11		Harvey Harvey	Dinner Guys	Rolie Polie Berenstain	Dragon Sit-Be Fit	Ellen DeGeneres Show	Young and the Restless	The First 48	Juicing Paid Prog.	Debbie Travis' Facelift	(10:59) News (N)	Miracles Antiques	Care Bears Jacob	UEFA UEFA	Twice in a Lifetime [ff]	Destroyed Destroyed	Benj Bear (11:25) King	The Bonnie Hunt Show	CSI: NY (E)	
12		Fresh Pr. Fresh Pr.	News (N) Design U	(12:12) (12:35)	Charlie Rose 🔃	Paid Prog. Paid Prog.	News (N) Bold & B.	The First 48	All My Children (N) [E]	News (N)	Days of our Lives (N)	News [#] CBC News	Santa Grossology	Champions League Soccer:	etalk (ff) Bold & B.	After the Catch (ff)	(11:49) Weekend	CityLine [f]	CSI: NY [E]	Seinfeld Seinfeld
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2		King King	Guiding Light (N)	(2:04) BluesClues	Barney WordWorld	Raymond Millionaire	Guiding Light (N)	The First 48	General Hospital (N)	Young and the Restless	The Doctors	Steven and Chris 🖭	Viva Pinata Jib Jab	Horn Interruptio	General Hospital (N)	MythBuster	(1:54) K. Possible	News [ff]	CSI: NY IE	King Family Guy
3	1000	Seinfeld Friends	Whose Wedding Is It?	(3:03) Zoboomafo o 匠 (DVS)	Big World WordGirl	Judge Judge	Dr. Phil (1)	The First 48	Rachael Ray (E)	The Doctors	Young and the Restless	Living Food	Being Ian Pokemon	Off-Record Sports	Dr. Phil 🕮	Naked Science (N)	Replace Emperor	News (N)	CSI: NY "Oedipus Hex"	Soap Big Screen
4	1000	Раупе Раупе	Debt Part Deal No	Paddington George S.	Fetch! Ruff Cyberchas	Judge J. Judge J.	Oprah Winfrey 🔃	The First 48	Inside Deal No	Oprah Winfrey [£]	(3:59) News Global	Fashion F. Mercer	SpongeBob OddParent	NBA Basketball: Toronto	Ellen DeGeneres Show	Daily Planet (N) (E)	Proud (4:36)	Law & Order: SVU	CSI: Crime	Beverly Hills, 90210
5	PM :30	Movie: "Blood Work"	News (N)	Martha (5:34)	BBC News Business	News (N) NBC News	News (N) CBS News	The First 48	News ABC News	News (N) Global	(4:59) News (N) [6]	Simpsons Fortune	OddParent SpongeBob	Raptors at Cleveland Cavaliers.	News (N)	How-Made How-Made	Suite Life Montana	Privileged EE	CSI: Crime Scn	Soap What
6	PM :30	(2002) Clint Enstwood, Jeff Daniels.	Global News	Mechanics Reach	News- Lehrer	News (N) Millionaire	News (N) Hollywood	The First 48 (N) [E]	News News	News (N)	ET Canada Entertain	News 🔃	Drake iCarly [ff]	E SportsCentr	News (N)	Destroyed Destroyed	Zoey 101 Life Derek	Jim Jim	UFC Unleashed	Family Guy Seinfeld
7	PM :30	Seinfeld	E! News The Insider	Gardens Eden	Nova 🖭 (DVS)	Jeopardy! Fortune	Avista Sp. Extra (N)	Manhunter Manhunter	Entertain The Insider	Entertain ET Canada	NCIS "About Face"	Coronatn Jeopardy!	Malcolm Home Imp.	e (Live) 🔃 Hockey	etalk (ff) Hollywood	Dirty Jobs (E)	Wizards So Raven	Chris Friends	UFC Unleashed	Seinfeld King
8	PM :30	Family Guy Family Guy	The Biggest Loser: Families (N)	Sacred Music (N)	Wild! "Predator Bay"	The Biggest Loser: Families (N)	"About	Jacked Jacked	Funniest Home Videos	House (N)	House (N)	Legend of Frosty	Fresh Pr. Sabrina	Sports In Corner	Movie: "Shrek" (2001)	Daily Planet	Suite Life Sadie	News (N) (8:35) News	MANswers MANswers	Family Guy Married
9	PM :30	Movie: "Blood Work"	œ	Museum	Frontline (DVS)	œ	The Mentalist	The First 48		(9:01) NCIS "About Face"	(9:01) Kitchen Nightmares	The Tudors (N) [E]	Futurama Prank Ptri	UEFA Champions League	Voices of Mike Myers.	Destroyed Destroyed	Montana Life Derek	(9:06) Jimmy Kimmel	CSI: NY 📧	Seinfeld Seinfeld
10	PM :30	(2002) Clint Eastwood, Jeff Daniels.	The Best Years	To See If I'm Smiling	Independen t Lens (N)	Law & Order: SVU	Without a	The First 48	Eli Stone "Help!" (N)	Kitchen Nightmares	News Hour Final (N)	National	Mystery Adrenaline	Soccer	Law & Order: SVU	Dirty Jobs (E)	School Cory	Judge EP Daily	Star Trek: Voyager 🖽	Married King
11	PM :30	Montel W.	News (N) Guy Stuff	Full Cover Girl 🖭	Charlie Rose (N) [E]	News (N) Tonight	News (N) Late Show	Manhunter Manhunter	News (11:35)	News (N)	Entertain ET Canada	(11:05) The Hour (ff)	Mystery Ghost	SportsCentr e (Live) 🔃	News (N) News (N)	How-Made How-Made	Suite Life Life Derek	News 🔢 Paid Prog.	Deep Space 9	King King

WEDNESDAY, DECEMBER 10, 2008

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	1	WTBS 3	CHBC (4)	KNOW	KSPS	KHQ (7)	KREM 8	A&E	KXLY 10	BCTV	CITV 12	CBC	YTV 18	TSN 19	VTV 22	DISC 24	FAM (26)	CITY 29	SPIKE 44	TROP 45
	AM	Jeffersons	News (N)	(6:12)	and the second second	News (N)		The	News	(5:30) News	(4:30) News	and the second sec	Being Ian	the second s	the second se	Daily Planet	the second s	CityLine I		
6	S2 63 50	Jeffersons	Christine	George S.	Lions	Œ		Sopranos	i cha	(N) (E)	(N) 匪	Morning (N)	Grossology	e Œ	Œ	œ	King 🔃	Chy Dine CD		Stairway
7	10.00	In the Heat of the Night	1	Martha		Today Keanu	The Early Show (N)	American Justice	Good Morning			Curious	Hawks Skunk Fu!	SportsCentr e (ff)		Monster Moves 😥	(6:56) Phineas	The Tyra Banks Show	CSI: NY (E)	The Outer Limits (#
	:30		That News	Dora	Martha	Reeves;	œ	1999	America (N)			Animal								
0	AM	Cosby	Ad Pers	(7:57) Hi-5	Curious	Carrie Fisher;		Cold Case Files (ff)	EE		100 Huntley Street [E]	Bo On Go	Pokemon	SportsCentr e [6]		How-Made	Weekend	Rachael Ray (tt)	CSI: NY (North of 60
8	:30	Cosby	What	Magic Bus	Sid	gourmet		rues ta			Sueer m	Busytown	Flamingo	e ta		How-Made	K. Possible	icity the	June	
~	AM	Fam. Feud	Three Takes	Berenstain	Super Why!	cookies;	The 700	Cold Case	Regis and	100 Huntley	and the state of the	Super Why!	Timothy	Off-Record		Daily Planet	Feet	News (N)	CSI: NY	Reality
9	:30	Fam. Feud	œ	Clifford	Clifford	fashions. (N)	Club (ff	Files 🔃	Kelly	Street [d]	Vision [tt]	Gofrette	George S.	UEFA	Kelly	Œ	Tigger	City	"Sweet 16"	What
	AM	Trivial	The Mom	Sid	Sesame		The Price Is	CSI: Miami	The View	World	Debt Part	Wilbur 🔃	Erky Perky	Champions League	The View	Destroyed	Mickey	The O.C.	CSI: NY	
10	1000	Trivial	Show [E]	(10:33)	Street (EI)	2	Right (N)	Œ	Dr. Oz. (N)	Vision [House	Doodlebop	Jane	Soccer	Dr. Oz. (N)	Destroyed	Handy	Œ		Thailand
-	122	Harvey	Dinner	Rolie Polie	Dragon	Ellen	Young and	Crossing	Paid Prog.	Debbie	(10:59)	Miracles	Care Bears		Twice in a	Mega	Benj Bear	The Bonnie	CSI: NY EE	
11		Harvey	Guys	Berenstain	Sit-Be Fit	DeGeneres	the Restless	Jordan (Paid Prog.	Travis'	News (N)	Antiques	Jacob	UEFA	Lifetime 🖽	Builders ((11:25) King	Hunt Show		The Nanny
	.00		News (N)	(12:11)	Charlie	Show Hip Hop	News (N)	The	All My	Facelift News (N)	E Days of our	News III	Santa	Champions	etalk [6]	Verminator	(11:49)	CityLine [ff]	CSI: NY R	
12	1. 1. 31	Fresh Pr.			Rose [Low an and the	Sopranos	Children	CC	Lives (N)	CBC News	11	League	Bold & B.	s EE	Weekend	City Line OL	contra E	Seinfeld
I des		Fresh Pr.	Design U	(12:34)		Paid Prog.	Bold & B.	(CC)	(N) 🖭	Sum			Grossology	Soccer			Contractory .		CORE AND FOR	
-1		Still Stnd	Home to	Maggie	Art Work	Days of our Lives (N)	As the World	American Justice	One Life to Live (N)	As the World	As the World	Martha Stewart	George S.		Sue Thomas:	Dirty Jobs	Dragon	ER The Human	CSI: NY @	
1	:30	Still Stnd	Buy Me	Daniel	Sewing	Lines (III)	Turns (N)	Jusuce	Live (14)	Turns (N)	Turns (N)	Stemati	Ruby		F.B.Eye		Emperor	Shield"		'70s Show
-	PM	King	Guiding	(2:03)	Barney	Raymond	Guiding	Cold Case	General	Young and	The Doctors	the state of the state of the state of the	Viva Pinata	Horn	General	MythBuster	(1:54)	News G	CSI: NY	'70s Show
2	:30	King	Light (N)	BluesClues	WordWorld	Millionaire	Light (N)	Files 🔃	Hospital (N)	the Restless		Chris [ff]	Mr. Men	Interruptio	Hospital (N)	s (ff)	K. Possible	1	"Sweet 16"	Family Gu
1.0	PM	Seinfeld	Whose	(3:02)	Big World	Judge	Dr. Phil [6]	Cold Case	Rachael	The Doctors	Young and	Living	Being Ian	Off-Record	Dr. Phil 🔢	How-Made	Replace	News (N)	CSI: NY C	Reality
3	:30	Friends	Wedding Is	Zoboomafo	WordGirl	Judge		Files (C)	Ray 🔃	Œ	the Restless	Food	Pokemon	Sports		How-Made	Emperor	(ff)		Ad Pers
-	PM	Payne	It? Debt Part	o E (DVS) Paddington	Fetch! Ruff	Judge J.	Oprah	CSI: Miami	Inside	Oprah	(3:59) News	Fashion F.	SpongeBob	Hockey	Ellen	Daily Planet	Proud	Law &	UFC	Beverly
4		Payne	Deal No	George S.	Cyberchas	Judge J.	Winfrey (œ	Deal No	Winfrey (Global	Laughs	OddParent	NHL	DeGeneres	(N) 💽	(4:36)	Order: SVU	Unleashed	Hills, 90210
-	:30 PM	Movie:	News (N)	Martha	BBC News	News (N)	News (N)	Dog	News	News (N)	(4:59) News		OddParent	Hockey: Calgary	Show News (N)	Cash Cab	Suite Life	Little	UFC	Reality
5	:30	"Conspiracy	3	(5:33)	Business	NBC News	CBS News	Dog	ABC News	Global	(N) (E)	Fortune	SpongeBob	Flames at	(ff)	Destroyed	Montana	Spirit: Christmas	Unleashed	What
-		Theory" (1997) Mel	Global	Think Big	News-	News (N)	News (N)	Dog the	News	News (N)	ET Canada	News [tt]	Drake	Detroit Red	News (N)	Monster	Zoey 101	A MARY OF THE OWNER OF THE OWNER	UFC Fight	Family Gu
6		Gibson, Julia	the second state of the	Wintertime	Lehrer	Millionaire	Hollywood	Bounty	News	E	Entertain		iCarly [8]	Wings. (Live) [tf]	[EE]	Moves III	Life Derek	1	for the	Seinfeld
	:30	Roberts.	E! News	Into Wild	Emperors	Jeopardy!	The Doctors	Hunter	Entertain	Entertain	Bones IE	Coronatn	Romeo!	SportsCentr	etalk [tt]	Mayday [6]	Wizards	I Love	Troops (Live)	Seinfeld
7	PM :30		The Insider		of the Ice	Fortune	E	Parking	The Insider	ET Canada	Dones (B)	Jeopardy!	Home Imp.	e (Live) 🖽	Hollywood	and any and	So Raven	Money I	(Line)	'70s Show
	1.220	(8:15)	Secret	School	Jolly	Little	Christine	Parking	Pushing	Bones [tt]	Bones (PA)	Movie: "The	Fresh Pr.		Law &	Daily Planet	Suite Life	News (N)		Family Gu
8		The state of the state of the	Millionaire	School	Holiday	Spirit:	Gary	Parking	Daisies (N)		æ	Santa	Sabrina	Off-Record	Order	(C)	Sadie	(8:35) News		Married
		(8:45)	(N)	1000	P.O.V.	Christmas	Criminal		Private	Bones (PA)	The Guard	Clause" (1994) Tim	Futurama	UEFA	"Sweetie" Criminal	MythBuster	11		UFC Fight	Scinfeld
9	PM :30	(9:15) Movie:	E! News [E]	in Vienna	"Inheritance	"Canyon	Minds (ff)	Dog Dog	Practice (N)	and the second second	(N) E	Allen.	Prank Ptri	Champions	Minds (N)	s 🖽	Life Derek	and the second se	for the	Seinfeld
	PM	Conspiracy	True	Christmas	" (N) (B)	Flowers" Law &	CSI: NY	Dog the	(10:01)	The Guard	News Hour	National	Mystery	League	CSI: NY	Cash Cab	School	Kimmel Judge	Troops	Married
10		11997.	Hollywood	Together	Ozzie	Order	"The	Bounty	Dirty Sexy	(CC)	Final (N)		Adrenaline		"The	Destroyed	Cory	EP Daily		'70s Show
	:30	(Suspense)	Story News (N)	Montreal	Charlie	"Sweetie" News (N)	Triangle" News (N)	Hunter Parking	Money (N) News	News (N)	Entertain	(11:05) The		SportsCentr	Triangle"		Suite Life			'70s Show
11	PM	Julia		Jazz	Rose (N) (E	1				EE -		Hour [4]	Mystery	e (Live)	Contraction of the	Mayday 📧		News [ff]		and the second s
21	:30	Roberts.	Guy Stuff			Tonight	Late Show	Parking	(11:35)	-	Late Poker		Ghost		News (N)		Life Derek	Paid Prog.		'70s Show



Ingredients

Directions

A few tins:

- News Canada

THURSDAY, DECEMBER 11, 2008

		WTBS 3	CHBC (4)	KNOW 5	KSPS 6	KHQ (7)	KREM B	A&E 9	KXLY	BCTV	CITV	CBC	YTV	TSN	VTV (22)	DISC 24	FAM (26)	CITY	SPIKE	THOP
6		Jeffersons Jeffersons	News (N) Christine	(6:12) George S.	Thomas Lions	News (N)	News (N)	The Sopranos (6)	News	(5:30) News (N) [E]	(4:30) News (N) (E)	CBC News: Morning (N)		and the second second second second	Canada AM	and the second designed and the second se	Concernance and an and a second se	CityLine (IE)	CSI: NY "Silent Night"	Traders "Rumours"
7	AM :30	In the Heat of the Night	Room That News	Martha Dora	Arthur (El) Martha	Today Dr. Nancy Snyderman;	The Early Show (N)	American Justice	Good Morning America (N)			Poko	Hawks Yu Gi Oh	SportsCentr e (E)		Mighty Ships	(6:56) Phineas	The Tyra Banks Show	CSI: NY "Obsession"	The Outer Limits (1)
8		Cosby Cosby	Ad Pers What	(7:57) HI-5 Magic Bus	Curious	Golden Globe nomi-		Cold Case Files [6]	(E)		100 Huntley Street (E)	Bo On Go Busytown	Pokemon	SportsCentr e @		"Maersk" Dirty Jobs III	Weekend K. Possible	Rachael Ray (E)	CSI: NY GE	North of 60
9	AM	Fam, Feud Fam, Feud	Three Takes	Berenstain Clifford	Super Why! Clifford	nations; Jean Georges. (N)		Cold Case Files [E]	Regis and Kelly	100 Huntley Street IE	World Vision	Super Why! Gofrette		Off-Record UEFA	Regis and Kelly	Daily Planet	Feet	News (N) City	CSI: NY (E	Make What
10	AM :30	Trivial Trivial	The Mom Show [[]]	Noonbory (10:34)	Sesame Street (EI)		The Price Is Right (N)	CSI: Miami "Rap Sheet"	The View (N) (E)	World Vision	Debt Part House	Wilbur (E) Doodlebop	Erky Perky Jane	Champions League Soccer	The View (N) [6]	Cash Cab	Mickey	The O.C.	CSI: NY (E	Survivor: Thailand
11	AM :30	Harvey Harvey	Dinner Guys	Rolie Polie Berenstain	Dragon Sit-Be Fit	Ellen DeGeneres	Young and the Restless	Crossing Jordan 🖽	Paid Prog. Paid Prog.	Debbie Travis'	(10:59) News (N)	Miracles	Care Bears	Triathlon:	Twice in a Lifetime [6]	Blueprint for Disaster	Benj Bear (11:25) King	Gringos" The Bonnie Hunt Show	CSI: NY "Silent	[6] Deal No The Nanny
12		Fresh Pr. Fresh Pr.	News (N) Design U	(12:12)	Charlie Rose (#)	Show Paid Prog. Paid Prog.	News (N) Bold & B.	The Sopranos	All My Children	Facelift News (N)	Days of our Lives (N)	News [Santa Grossology	Ironman Strength	etalk (ff) Bold & B.	Mayday 🖽	(11:49) Weekend	CityLine [1]	Night" CSI: NY "Obsession"	Seinfeld
1	PM	Still Stnd Still Stnd	Home to Buy Me	Maggie Daniel	Landscape	Days of our Lives (N)	As the World	(E) American Justice	(N) [E] One Life to Live (N)	As the World	As the World	Martha Stewart	Dewitt	2008 Summer X-	Sue Thomas:	Monster Moves [ff]	Dragon Emperor	ER "Two Ships" [@]	CSI: NY Œ	
2	PM	King King	Guiding Light (N)	(2:04) BluesClues	Barney WordWorld	Raymond Millionaire	Turns (N) Guiding Light (N)	Cold Case Files [2]	General Hospital (N)	Turns (N) Young and the Restless	Turns (N) The Doctors	Steven and Chris [6]	Viva Pinata Jib Jab	Games Horn Interruptio	F.B.Eye General Hospital (N)	MythBuster s [ff]		News (22)	CSI: NY 🗷	
3		Seinfeld	(E) Whose Wedding Is	(3:03) Zoboomafo	Big World WordGirl	Judge Judge	G Dr. Phil (G)	Cold Case Files (E)	Rnchael Rny [ff]	The Doctors	Young and the Restless	Living 22 Minutes	Being Ian Pokemon	Off-Record Sports	Dr. Phil 😨	How-Made How-Made	Replace	News (N)	CSI: NY (1.1.1
4	PM	Payne Payne	It? Debt Part Deal No	o (E) (DVS) Paddington George S.	Fetch! Ruff Cyberchas		Oprah Winfrey [6]	CSI: Miami "Rap Sheet"	Inside Deal No	Oprah Winfrey [E]	(3:59) News Global	NHL Hockey:	SpongeBob OddParent	Hockey Madden	Ellen DeGeneres	Daily Planet		Law & Order: SVU	CSI: Crime Sen	
5	PM	Friends Friends	News (N)	Martha	BBC News	News (N)	News (N) CBS News	The First 48	News	News (N) Global	(4:59) News	Tampa Bay Lightning at Montreal	OddParent	NFL Football:	Show News (N)	Impact Earth [6]	Suite Life	Ugly Betty	CSI: Crime Scn	
6		Movie: "Rat Race"	Global	(5:34) Creatures	Business News- Lehrer	News (E)	News (N)	The First 48	News	News (N)	ET Canada	Canadiens. (Live) [ff]	SpongeBob Drake	New Orleans Saints at Chicago	News (N)		Montana Zoey 101	30 Rock	TNA iMPACT!	What Family Guy
7	:30 PM	(2001) Rowan Atkinson.	News El News The Insider	Animals Edge	Mr. Christmas	Millionaire Jeopardy! Fortune	Hollywood The Doctors	The First 48	The second second	Entertain	Entertain NUMB3RS	News [iCarly (ff) Home Imp.	Bears. (Live)	etalk [ff]	MythBuster s @		(6:31) 30 Friends	(N) 🖭	Seinfeld Seinfeld
. 8	:30 PM :30	E - Friends	Secret Millionaire	Amber Time	El Sherlock Holmes	Name Earl Kath &	Survivor: Gabon [6]	Manhunter Manhunter	The Insider Ugly Betty (6)	Survivor: Gabon (N)	Survivor: Gabon (N)	Jeopardy! Coronatn Fortune	Home Imp. Sabrina Sabrina	SportsCentr e (Live) [6]	Hollywood CSI: Miami		So Raven Suite Life Sadie	Friends News (N) (8:35) News	The Ultimate	Frasier Family Guy Married
9		Family Guy	(N) You Smarter?	Machine Art of the Heist (N)	New Tricks "Dockets"	The Office	CSI: Crime Sen	The First 48	Anatomy	The Office Billable	The Office Billable	Chocolate Confidentia	Futurama Prank Ptri	Triathlon: Ironman	CSI: Crime Scn	Monster Moves [6]	Montana Life Derek	(9:06) Jimmy	Fighter Disorderly Con.	Seinfeld Seinfeld
10	PM	Seinfeld Movie: "Rat	X-Weighted	E Vertical Design e2	Jolly Holiday	(10:01) ER "The High	(10:01) Eleventh	The First 48	(10:01) Private	(10:01) NUMB3RS	News Hour Final (N)	National	Mystery Adrenaline	Poker Night (Taped)	"The High	Impact Earth 📧	School Cory	Kimmel Judge EP Daily	Rock Band Married	Married
11	PM :30	Race" (2001) (回	News (N) Guy Stuff	Fatherhood Dreams	Charlie Rose (N) (E)	Holiday" News (N) Tonight	Hour News (N) Late Show	The First 48	and the second second second second	EE News (N) EE	Entertain ET Canada	(11:05) The Hour @	Mystery Ghost	SportsCentr e (Live) [@	Holiday" News (N) News (N)		Suite Life Life Derek	News [5] Paid Prog.	"The Running Man"	Frasier Frasier

FRIDAY, DECEMBER 12, 2008

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		WTBS 3	CHBC 4	KNOW 5	KSPS 6	KHQ (7)	KREM 8	A&E	KXLY (10)	BCTV	CITV (12)	CBC	YTV (18)	TSN (19)	VTV 22	DISC 24	FAM (26)	CITY 29	SPIKE	TROP 45
6	AM :30	Jeffersons Jeffersons	News (N) Christine	(6:12) George S.	Bob Build Lions	News (N)	News (N)	The Sopranos	News	(5:30) News (N) [ff]	(4:30) News (N) (E)	CBC News: Morning (N)	Being Ian Grossology	SportsCentr e 📧	Canada AM			CityLine 🗷		Adventures of Sinbad
7	AM :30	In the Heat of the Night	Room That News	Martha Dora	Postcards Martha	Œ	The Early Show (N)	American Justice 🖽	Good Morning America (N)			Poko Animal	Hawks Team	SportsCentr e [ff]		Mayday Trains col- lide.	(6:56) Phineas	The Tyra Banks Show		The Outer Limits (6)
8	AM :30	Cosby Cosby	Ad Pers What	(7:57) Hi-5 Magic Bus	Curious Sid			Cold Case Files 🖽	(C)		100 Huntley Street (ff)	Bo On Go Busytown	Pokemon Flamingo	SportsCentr e 🖽		MythBuster s [ff]	Weekend K. Possible	Rachael Ray 💷	CSI: NY "The Ride- In"	North of 60
9	AM :30	Fam. Feud Fam. Feud	Three Takes	Berenstain Clifford	Super Why! Clifford		The 700 Club (G	Cold Case Files (f)	Regis and Kelly	100 Huntley Street (ff)	World Vision	Super Why! Gofrette	Timothy George S.	Off-Record Timber	Regis and Kelly	Daily Planet	Feet Tigger	News (N) City	CSI: NY E	Tube Tales What
10	AM :30	Trivial Trivial	The Mom Show (E)	Sid (10:33)	Sesame Street (El)		The Price Is Right (N)	CSI: Miami	The View (N) (E)	World Vision	Debt Part House	Wilbur (E) Doodlebop	Erky Perky Jane	Auto Race In Corner	The View (N) (E)	Out Cold	Mickey Handy	The O.C.	CSI: NY (E)	Survivor (
11	AM :30	Harvey Harvey	Eat, Shrink Guys	Rolie Polie Berenstain	Dragon Sit-Be Fit	Ellen DeGeneres Show	Young and the Restless	Crossing Jordan @	Paid Prog. Paid Prog.	Debbie Travis' Facelift	(10:59) News (N)	Miracles Antiques	Care Bears Jacob	Hockey	Twice in a Lifetime (#	Greensburg E	Benj Bear (11:25) King	The Bonnie Hunt Show	CSI: NY (Deal No The Nanny
12	PM :30		News (N) Design U	(12:11) (12:34)	Charlie Rose 📧	Paid Prog. Paid Prog.	News (N) Bold & B.	The Sopranos (E)	All My Children (N) (E)	News (N)	Days of our Lives (N)	News E	Santa Grossology	UEFA Champs	etalk 📧 Bold & B.	Impact Earth 🗷	(11:49) Weekend	CityLine 🕮	CSI: NY "The Ride- In"	Seinfeld Seinfeld
1	PM :30		Home to Buy Me	Maggie Daniel	Watercolor Beads Bbl	Days of our Lives (N)	As the World Turns (N)	American Justice [6]	One Life to Live (N)	As the World Turns (N)	As the World Turns (N)	Martha Stewart	George S. Ruby	2008 Summer X-	Sue Thomas:		Dragon Emperor	ER "I Do"	CSI: NY (Fresh Pr. Fresh Pr.
2	PM :30	King King	Guiding Light (N)	(2:03) BluesClues	Barney WordWorld	Raymond Millionaire	Guiding Light (N)	Cold Case Files (g)	General Hospital (N)	Young and the Restless	The Doctors	Steven and Chris @	Viva Pinata Mr. Men	Games Horn Interruptio	F.B.Eye General Hospital (N)	MythBuster s @	(1:54) K. Possible	News 🔃	CSI: NY @	Fresh Pr. Family Guy
3	PM :30	Seinfeld Friends	Whose Wedding Is It?	(3:02) Zoboomafo o "H2O"	Big World WordGirl	Judge Judge	Dr. Phil (E)	Cold Case Files [2]	Rachael Ray 🕮	The Doctors	Young and the Restless	Living Food	Being Ian Pokemon	Off-Record Sports	Dr. Phil 📧	How-Made How-Made	Replace Emperor	News (N)	CSI: NY @	Tube Tales Tube Tales
4	PM	Payne	Debt Part Deal No	Paddington George S.	Fetch! Ruff Cyberchas	Jadge J. Jadge J.	Oprah Winfrey 🖭	CSI: Miami	Inside Deal No	Oprah Winfrey 🔃	(3:59) News Global	Fashion F. Air Farce	SpongeBob OddParent	Hockey	Ellen DeGeneres	Daily Planet (N) 🖽	Proud (4:36)	Law & Order: SVU	CSI: NY	Beverly Hills, 90210
5		Movie: "The Prince &	News (N)	Martha (5:34)	BBC News Business	News (N) NBC News	News (N) CBS News	CSI: Miami	News ABC News	News (N) Global	(4:59) News (N) (E)	Simpsons	OddParent SpongeBob	Basketball: Toronto Raptors at	Show News (N) (E)	Greensburg (N) @	Suite Life Montana	Songs of the Season	UFC Unleashed	Tube Tales What
6	1.201	Julia Stiles, Ben Miller.	Global	Heads Up Time	News- Lehrer	News (N) Millionaire	News (N) Hollywood	CSI: Miami	News	News (N)	ET Canada Entertain	News (ff)	Mighty B	New Jersey Nets. 🔃	News (N)	Man vs. Wild (N) 📧	Zoey 101 Buzz	Lipstick Jungle (N)	The Ultimate	Family Guy Family Guy
7	PM :30	00	E News The Insider	Hockey	Wash Wk McLaughlin	Jeopardy! Fortune	The Doctors	CSI: Miami "All In" (2)	Entertain The Insider	Entertain ET Canada	90210 (#	Coronatn Jeopardy!	Movie: "Home	SportsCentr c (Live) [E]	etalk (ff) Hollywood	Interrogatio n	Wizards Movie:	Crusse (E)	Fighter	Seinfeld Family Guy
8		Family Guy	You Smarter?	The Royal (N) [註]	Bill Moyers Journal (N)	Songs of the Senson	Frosty Frosty	Criminal Minds (E)	Wife Swap (N) (E)	90210 [8]	NUMB3RS "Power"	Santa Claus	Alone" (1990) Macaulay Culkin,	Off-Record	Rankin- Reunion	Daily Planet	"Jack Frost" (1998) @	News (N) (8:35) News	I Bet You	Family Guy Married
9		Movie: "The Prince &	Deal No Deal No	"Dalziel: Deadheads"	NOW Served	Lipstick Jungle (N)	"Christmas"	CSI: Miami	Supernanny (N) (E)	Life [ti]	Life (N) 🔢	Doctor Who		NASCAR Sprint Cup Awards	Supernanny (N) 🖭	Man vs. Wild 🖭	(9:11) Movie: "The Christmas	(9:06) Jimmy Kimmel	Game Next Great	Seinfeld Seinfeld
10	PM :30	Julia Stiles, Ben Miller,	20/20 [1]	"Volcano: Life and Death of	The Vicar of Dibley	Dateline NBC (E)	NUMB3RS "Power"	CSI: Miami	20/20 💽	NUMB3RS "Power"	News Hour Final (N)	National	Oracle Mystery	From New York. (N)	Law & Order @	Greensburg @	Star" (1986) (10:45)	Judge Flavor	MXC Movie:	Married Fresh Pr.
11	PM :30	1001	News (N) Guy Stuff	Malcolm Lowry"	Austin City Limits [8]	News (N) Tonight	News (N) Late Show	CSI: Miami "All In" (E)	News (11:35)	News (N)	(11:03) ECW (N)	Hour	Mystery Ghost	SportsCentr e (Live) 🖽	News (N) News (N)	Interrogatio n	Movie: "Mr. Nanny" (1993) [ff]	News [1] Paid Prog.	"Afro Samurai" (2007)	Fresh Pr. Family Guy

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9:00 am WTBS 3 * * "A Kid in King Arthur's Court" (1995, Fantasy) Thomas Ian Nicholas. An earthquake transports a hapless California teen and his knapsack of

California teen and his knapsack of belongings back to 6th-century England and Camelot. 11:00 am WTBS ③ ★★★"In Good Company" (2004, Comedy-Drama) Dennis Quaid. Demoted from his corporate job, a man learns his new, younger replacement is also dating his daughter.

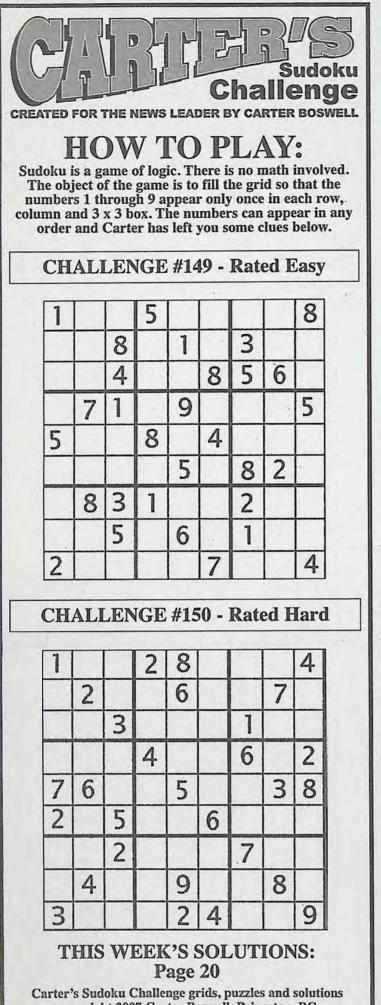
12:00 pm FAM ② ★★%"Snow" (2004, Comedy-Drama) Tom Cavanagh. A North Pole-based toy

Cavanagh. A North Pole-based toy distributor must go to California to rescue one of his family's magical reindeer from a zoo. [2] 1:30 pm FAM [26] "The Ultimate Christmas Present" (2000, Comedy) Hallee Hirsh. Two girls' plan to close school by making it snow in Los Angeles jeopardizes Christmas. [2] 2:00 pm YTV [8] "Christmas Carol" (1997) Voices of Tim Curry. Animated. Dickens' London miser Ebenezer Scrooge meets the chosts

Ebenezer Scrooge meets the ghosts

MORNING

AFTERNOON



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saturday movies

of Christmases past, present and yet to come. (In Stereo) (E) 4:00 pm YTV (B) **"To Grandmother's House We Go" (1992, Comedy) Mary-Kate Olsen. Two goofy crooks kidnap twin little girls who have left home to get out of their mother's hair. (In Stereo) (E) 5:00 pm WTBS (3) **"Feeling Minnesota" (1996, Comedy-Drama) Keanu Reeves. Two lowlife lovers and a dog flee with loot to Las Vegas with angry people on their trail.

EVENING

- 6:00 pm CITY 29"Out of Sync" (2000, Drama) Gail O'Grady. Premiere. A record producer schemes to use a housewife's extra-ordinary voice to dub over a talent-less diva's vocals. (E) 7:00 pm WTBS 3
- (1992, 100 pm WTBS (3) * * % "Housesitter" (1992, Comedy) Steve Martin. An architect has a girlfriend who won't move into his house and a dizzy woman who
- 8:00 pm KHQ [7] **** *"It's a Wonderful Life" (1946, Comedy-Drama) James Stewart. Ruined by a miser on Christmas Eve, a suicidal family man sees life anew thanks to his guardian angel. (In Stereo) 💷

VTV 22 "Last Exit" (2006, Suspense) Kathleen Robertson. Road rage leads two Canadian Canadian

- Boad rage leads two Canadian mothers on an extended car chase. (In Stereo) (E) (DVS)
 B:05 pm KSPS (E) "Ballet Shoes" (2007, Drama) Emma Watson. Adopted by an eccentric explorer, three orphans struggle to fulfill their ambitious dreams. (In Stereo) (E)
 9:00 pm CHBC (4) KXLY (10) ★%"Surviving Christmas" (2004, Comedy) Ben Affleck. A lonely man returns to his childhood home and celebrates the holiday with the strangers who live there. (In Stereo) FAM (20) ★ ★"Call Me Claus" (2001, Comedy) Whoopi Goldberg. Premiere. Facing mandatory retirement after 200 years, Santa Claus asks a television producer to replace him. him.
- him. 30 pm WTBS ③ ★½"Small Soldiers" (1998, Action) Kirsten Dunst. Faulty military microchips tum children's action toys into a tiny but lethal army. Live action/animatron-10:30

10:33 pm FAM 20 * * "Bob the Butler" (2005, Comedy) Tom Green. A novice manservant takes a job with a neurotic single mother and her mis-chievous children. (19)

sunday movies

MORNING

- 9:00 am WTBS ③ ★★★"In Good Company" (2004, Comedy-Drama) Dennis Quaid. Demoted from his corporate job, a man learns his new, younger replacement is also dating
- younger replacement is also dating his daughter. A&E ④ ★★★"Braveheart" (1995, Historical Drama) Mel Gibson, Enraged by the killing of his wife, Scotsman William Wallace leads a revolt against the tyrannical English king in the 13th century. **11:00** am WTBS ③ ★ "Small Soldiers" (1998, Action) Kirsten Dunst, Faulty military microchips turn children's action toys into a tiny but lethal army. Live action/animatron-ics. (1)

AFTERNOON

- 12:00 pm YTV (18) **"Babes in Toyland" (1997, Musical) Voices of Charles Nelson Reilly. Animated. Nursery rhyme characters spring to life in order to save a toy factory from being shut down before Christmas. (In Stereo) (E) FAM (26) ★★%"An All Dogs
 - FAM 20 ** % "An All Dogs Christmas Carol" (1998, Adventure) Voices of Steven Weber. Premiere. Animated. Divine intervention is needed when a bulldog with a bad attitude makes plans to ruin the
- Christmas holiday. 1:00 pm WTBS 3 **"Man of the House" (2005, Comedy) Tommy Lee Jones. A tacitum Texas Ranger goes under cover as a coach to pro-text a corum of college obsertanders
- goes under cover as a coach to pro-tect a group of college cheerleaders who witnessed a murder. 1:30 pm FAM 26 ★★"Christmas Carol: The Movie" (2001, Fantasy) Voices of Simon Callow. Animated. London miser Ebenezer Scrooge
- has a change of heart after he encounters three ghosts. 1:00 pm CHBC (4) ****"L.A. Confidential" (1997, Crime Drama)

- Kevin Spacey. Policemen become immersed in corruption, scandal, pol-itics and prostitution in 1950s Hollywood. [EE]
- Hollywood. E
 3:00 pm WTBS ③ ★¼"Excess Baggage" (1997, Comedy-Drama) Alicia Silverstone. A thief ruins a young woman's attempt to get ran-som from her wealthy father by fak-ing her own kidnapping.
 4:00 pm YTV (IB) ★★¼"Yogl's First Christmas" (1980) Voices of Daws Butler. Animated. Hoping to ensure a happy Christmas for Mrs.
- Butler. Animated. Hoping to ensure a happy Christmas for Mrs. Trockmorton, Huck and the gang awaken Yogi Bear out of his winter sleep to help in their preparations. (In Stereo) (£) 5:00 pm WTBS (3) * * "Sliding Doors" (1998, Romance-Comedy) Gwyneth Paltrow. After a series of misfortunes, a woman with an unfaithful boyfriend experiences an alternate reality.

unfaithful boyfriend experiences an alternate reality. CBC [3] ★★"Eloise at Christmastime" (2003, Comedy) Julie Andrews. A 6-year-old girl tries to reunite a young woman with a for-mer boyfriend before she marries another. (In Stereo) [6]

EVENING

- 7:00 pm WTBS ③ ★★"Sliding Doors" (1998, Romance-Comedy) Gwyneth Paltrow. After a series of misfortunes, a woman with an unfaithful boyfriend experiences an elternete reality
- alternate reality. VTV 22 "Anne of Green Gables: A New Beginning" (2008, Drama) Shirley MacLaine. Premiere. While working on a new play, a middle-aged writer learns the truth about her
- aged white fearns the truth about her parents and her orphaned childhood. (In Stereo) [€] (DVS) 8:00 pm (XLY [10] ★★"The Santa Clause 2" (2002, Comedy) Tim Allen. Santa must get married by Christmas Eve in order to save the belidew and keap his ich (In Strea) holiday and keep his job. (In Stereo)

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- CBC [3] *** The Polar Express" (2004, Fantasy) Voices of Tom Hanks. Animated. A train conductor guides a boy who doubts the existence of Santa Claus to the North Pole. (In Stereo) [6]
 9:00 pm WTBS [3] ** "Man of the House" (2005, Comedy) Tommy Lee Jones. A tacitum Texas Ranger goes under cover as a coach to protect a group of college cheerleaders who witnessed a murder. [6]
 CHBC [4] "Recipe for a Perfect Christmas" (2005, Romance-Comedy) Christine Baranski. A fledgling food critic agrees to visit a struggling restaurant if its chef will date her meddling mother. [6]
 FAM [6] ** "Babes in Toyland" (1997, Musical) Voices of Charles Nelson Relly. Animated. Nursery rhyme characters spring to life in order to save a toy factory from being shut down before Christmas.
 10:00 pm KNOW [5] "Dalziel and Pascoe: Deadheads" (1997, Mystery) (Part 1 of 2) Warren Clarke. Detective Pascoe questions a man he suspects is next on a list of company workers being murdered. [6]
- of company workers being mur-dered. [0]

dered. [15] 10:30 pm FAM 26) ★ "Dungeons & Dragons" (2000, Fantasy) Jeremy Irons. Evil Mage Profion seeks Empress Savina's magic scepter in his quest to overtake the kingdom of Izmer for his group of magic users. [5]

FROM LOVE CHUNK TO LOVE HUNK www.lovechunk.info

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SATURDAY, DECEMBER 13, 2008

		WTBS 3	CHBC (4)	KNOW 5	KSPS	KHQ (7)	KREM (8)	A&E	KXLY (10)	BCTV	CITV (12)	CBC (13)	YTV (18)	TSN (19)	VTV (22)	DISC	FAM (26)	CITY (29)	SPIKE	TROP 85
~	AM	Paid Prog.	News (N)		America	Today (N)	(5 00) The	Sell House	Paid Prog.	Going	Whata	Super Why!		SportsCentr	and the second se	Dirty Jobs	Overdrive	About You	The	Let's Build
6	:30	Paid Prog.	Powerboat		Fly Tying		Early Show (N)	Sell House	Paid Prog.	Fishing	Fishn	Busytown	Grossolegy	e 🖽	Kingdom	Œ	Rangers	Dharti	Ultimate Fighter	Paid Prog.
-	AM	Paid Prog.	Ad Pers	Martha	MotorWeek	News (N)	Cake [6]	Business	Good	News (N)	News (N)	Bo On Go	Viva Pinata	Fishing	Katie-Orbie	Man vs.	(6:54)	Eye on Asia		"70s Show
1	:30	Paid Prog.	Big Coast	Clifford	Field Guide		Horseland	Rocco-Real	Morning America		3C	Animal	Skunk Fu!	Motoring	Lit. Hobo	Wild (ff)	School		Ultimate Fighter	"70s Show
-	AM	Videos	Foodies	George S,	Everyday		Dino	Flip This	Emperor			Wilbur (@)	SpongeBob	Timber	Good	Interrogatio	Suite Life	Polish	The	Raymond
8	:30	Videos	Driving TV	Magic Bus	Hometime		Sushi Pack	House [6]	Replace			Goldfish	OddParent	Auto Race	Morning Canada [6]	n	(8.43) Zocy	Studio [10]	Ultimate Fighter	Raymond
0	AM	Movie: "A	Paid Prog.	(9:05)	Workshop		Strawberry	Flip This	So Raven		Driving TV	Bold	Flamingo	Bowling	Canada (9)	How-Made	Cory	Paid	The	Seinfeld
9	:30	Kid in King Arthur's	Paid Prog.	Upside	Old House		Care Bears	House [6]	So Raven		Fishing	Presents (III)	Edgar			How-Made	So Raven	Program	Ultimate Fighter	Seinfeld
10	AM	Court"	E! News	Maggie	Ask This	Dragon	Strawberry	Flip This	Montana	Fishn	Energy TV	Miracles	Phantom	Motorcycle	World	Forensic	Phil	CityLine (iii)	The	Family Guy
10	:30	(1995)	Daily 10	(10:31)	Test Kitch	Zula Fatrol	Care Bears	House [G]	Suite Life	Fishing	Real Invest	Antiques	The X's	Racing	Wildlife Fund	Factor [1]	Wizards		Ultimate Fighter	Family Guy
	AM	Movie: "In	Shocking	Dora	Cook	Food Fast	College	Flip This	Montana	Mining TV	Fishing	W. Cup	CatDog	Golf: Three-	PLAN	A Haunting	School	Paid Prog.	The	Amer Dad
11	;30	Good Company"	Divorces	Franklin	Perfect	Triathlon:	Basketball: Memphis at	House 🚯	Suite Life	Real Invest	Big Coast	Skiing	Mystery	Tour Challenge	Canada (E)	(11)	Suite Life	Paid Prog.	Ultimate Fighter	King
-0	PM	(2004)	Why Stars	Rolie Polie	Katie	Ironman Champ.	Georgetown.		Neiman	News (N)	CEO TV	Figure	Robot Boy	Front Nine	Daily Planet		Movie:	Hospitality	The	Friends
12	:30	Dennis Ouaid,	Split	(12:34) Miss	Garden			House (Marcus	œ.	Seinfeld	Skating: ISU Grand	Tn-Titans		Œ	Catch [ii]	"Snow" (2004) [6]	Role	Ultimate Fighter	Friends
4	PM	Friends	Sins	Paddington	Antiques	FGA Tour	College	Filp This	Paid Prog.	Vancouver	Seinfeld	Prix Cup	The Happy	PGA Tour	Chef	Greensburg	(Lood)/ LLI	Jack Nation	The	Raymond
1	:30	King	Sins	(1:26) Lilly	Roadshow	Golf: Merrill Lynch	Basketball: Indiana at	House []	Paid Prog.	Santa Claus Parade	Simpsons	of Russia.	Elf (#)	Golf: Merrill Lynch	Thirsty	(<u>(</u>	"The	Countdown	Ultimate Fighter	Raymond
0	PM	American	Extreme	Œ	Spain-On	Shootout	Kentucky.	Flip This	All-America		Simpsons	World Cup	Movie:	Shootout	Car	MythBuster	Ultimate Christmas	Nite Life	The	Wipeout [@]
2	:30	Chopper [E]	Hollywood	George S.	Road		Œ	House [E]		Simpsons	Simpsons	Skiing	"Christmas Carol"	1 1	Africa	s III)	Present"	In Fashion	Ultimate Fighter	
0	PM	Scinfeld	THS	(2:59)	Travels	Fortune	Paid Prog.	Serial Killer	Golf: Three-	Simpsons	Family Guy	Sat. Report	(1997)	SportsCentr	a start failer. It is the set of the set of	How-Made	Cory	News (N)	The	Family Guy
3	:30	Family Guy	Investigates Starving for	(3:35)	Travel	Penguins	Paid Prog.		Tour Challenge	Simpsons	Family Guy	HNIC	Mouse	e (Live)	Shuffle (#)	How-Made	Suite Life	Amazing	Ultimate	Family Guy
4	PM	Payne	Perfection	WordGirl	Europe	Veggie	Access	CSI: Miami	Front Nine	Family Guy	Family Guy	Colorador and	Movie: "To	E:60 (N) [6]	the second se	Destroyed	Suite Life	Survivorma	The	Amer Dad
4	:30	Payne	Œ	(4:35) Taste	Travels	Turbo	Hollywood	"Identity"		Family Guy	Global	Hockey: Lightning at	Grandmother 's House We		Lifetime [tt]	Destroyed	Proud	n 🖭 (DVS)	Ultimate Fighter	Reality
F	PM	Movie:	News (N)	Fetch! Ruff	Summer	News (N)	News (N)	CSI: Miami	Storms	Family Guy	(4:59) News	Senators or	Go" (1992)	Boxing	First Story	Mighty	K. Possible	Crusoe [8]	The	Friends
5	:30	"Feeling Minnesota"	Sports	(5:29)	Keep Up	NBC News	CBS News	"Whacked"	ABC News	Global	œ	Capitals at Canadiens		(Taped) [ff]	First Story	Ships "Maersk"	Montana		Ultimate Fighter	Friends
0	PM	(1996)	That News	Profiles of	Lawrence	News (N)	News (N)	CSI: Miami	News	News (N)	Billy		C. Brown		News (N)	Canada's	Sadie	Movie: "Out	The	Seinfeld
6	:30		What	Nature [E]	Welk Show	Raymond	Time Life	"10-7" 国	The Insider	Œ	Graham Special	1	Yogi Bear		(ff)	Worst Driver	Flight 29	of Syne" (2000) Gail	Ultimate Fighter	Seinfeld
-	PM	Movie:	E News	National	May-Dec.	CSI: NY		The	Entertainm	Billy	Doc (N) [E]	NHL	A	SportsCentr	a second s	Angel	So Raven	O'Grady. [ff]	(Live)	Family Guy
1	:30	"Housesitter " (1992)	The Soup	Geographic	Time Goes	1	Smile	Sopranos	ent Tonight	Graham Special		Hockey: Vancouver	Flintstones Christmas	e (Live) [[[Peace Warrior	Angel	(7:22) Zoey			Family Guy
0	PM	Steve	Soup	Heartbeat	(8:05)	Movie: "It's	a film of the factor of the second	The	Funniest	Doc (G	Painkiller	Canucks at	Carol		Movie:	A Haunting	Life Derek	News (N)		What
8	:30	Martin.	Behind	(C)	Movie: "Ballet	a Wonderful Life" (1946)	Hour [6]	Sopranos	Home Videos	1	Jane [ff]	Edmonton Oilers. [6]	He Man	PGA Tour	"Last Exit" (2006)	Mary Vogel.	Montana	Reviews		What
0	PM	Family Guy	Movie:	Midsomer	Shoes"	James	48 Hours	CSI: Miami	Movie:	Painkiller	Kenny			Golf: Merrill Lynch	Kathleen	Canada's	Movie:	Thomas	The	Amer Dad
9	:30	King	"Surviving Christmas"	Murders "Dead	4 Star	Stewart, Donna Reed.	Mystery (@)	"Whacked"	"Surviving Christmas"	Jane 🔃	Kenny	HNIC	Invader	Shootout	Robertson.	Worst Driver	"Call Me Claus"	Bills Week	Ultimate Fighter	Friends
10		Seinfeld	(2004) Ben	Letters" (N)	Tonic Sol-	œ	48 Hours	CSI: Miami	(2004) Ben	Kenny	News (N)	After Hours	Ren Stimp		Law &	Angel	(2001)	Paid Prog.		Seinfeld
10	:30	Movie:	Affleck.	œ	Fa Christmas	1	Mystery ("10-7" @	Affleck.	Kenny	Driving TV	News (C)	Oracle	Auto Race	Order: SVU	Angel	(10:33)	Paid Prog.		Seinfeld
44	PM	"Small Soldiers"	E News	Montreal	Ozzie	News (N)	News (N)	The	Edition	News (N)	J.R. Digs	Hockey	Mystery	SportsCentr	News (N)	A Haunting	"Bob the	Paid Prog.		Raymond
11	:30	(1998)	FANatical	Jazz	Ozzie	Sat. Night	Legend of	Sopranos	Paid Prog.	Sat. Night	Sat. Night	Night Replay	Ghost	e (Live) [E]	News (N)	Mary Vogel.	Butler"	Body Tech	1	Raymond

SUNDAY, DECEMBER 14, 2008

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		WTBS 3	CHBC (4)	KNOW 5	KSPS	KHQ (7)	KREM (8)	A&E	KXLY	BCTV	CITV (12)	CBC (13)	YTV (18)	TSN (19)	VTV (22)	DISC (24)	FAM (26)	CITY 29	SPIKE	TROP (45)
_ A	MA	Stars	Pioneers		Maya	Today (N)	Paid Prog.	Private	Paid Prog.	Is Written	Driving TV	Animal	Being Ian	SportsCentr		Mayday (t)	Overdrive	Mix TV	Sports	Fish TV
6		Saved-Bell	Pioneers		Fetch! Ruff	œ	Paid Prog.	Sessions [Paid Prog.	Fishful	Let's Build	Lunar Jim	Dewitt	e 🔃	Morning Canada (#)		Rangers		Sports	Paid Prog.
A	M	Saved-Bell	Hunter	Martha	Zula Patrol	News (N)	CBS News	The	Good	Foodies	Canada	Coronatn	Winx Club	Reporters	Canada (6)	Impact	(6:54)	Eye on Asia	Hrsepwer	King
7		Videos	Fishing	Clifford	Animalia	(B)	Sunday	Sopranos	Morning	Canada	Is Written	Coronatn	Viva Pinata	Reporters		Earth 📧	School		MuscleCar	King
		Videos	Let's Build	George S.	Reading	Meet the	Morning (N) (E)	The	America Wall St	News (N)	TribalTrail	Coronatn	Ruby	NFL	Kids		Suite Life	Eye-Asia	Trucks!	Raymond
8	1000	Videos	Powerboat	Magie Bus	Postcards	Press (N)	Nation	Sopranos	Tech	Œ	Marriage	Coronatn	Being Ian	Countdown	PLAN		(8:43) Zoey	Festival	Xtreme 4x4	Raymond
		Movie: "In	Neighborho	1. 1. 1. 1. 1. 1. 1. 1. 1. 1. 1. 1. 1. 1	Wishbone	(III) Friend	NFL Today	Movie:	This Week		Hour of	Coronatn	OddParent	(Live) [ff]	PLAN	Funniest	Cory	Italiano di	UFC	Seinfeld
Q		Good	od	1	Biz Kid\$	Paid Prog.	(Live) ["Braveheart"	With	1	Power I	NBA	Phantom		Canada 📧	Animals	So Raven	Johnny Lombardi	Unleashed	Seinfeld
	1000	Company" (2004)	In Fashion	Maggie	Design	Auto	NFL	(1995) Mel Gibson, A	George Politics	Driving TV	Listen Up	Basketball:	SpongeBob	Golf:	NFL	MythBuster		(In Italian)	UFC	King
10		Dennis	Marriage	Little Bear	Place	Racing:	Football:	Scottish	Matthews	Listen Up	Foodies (N)	New Orleans Hornets at	Neutron	Wendy's	Football:	s 📧	Wizards		Unleashed	King
	_	Quaid. Movie:	The Soup	Go Diego	Foreign	Baja 1000.	Buffalo Bills at New York		Golf:	Hour of	Energy TV	Toronto	Rugrats	Three-Tour Challenge	Teams to Be Announced.	Monster	School	Reviews	UFC	'70s Show
11		"Small	The Dish	(11:29)	European	ng	Jets. (Live)	men against	and the second se	Power (Mining TV	Raptors.	Arnold	Back Nine.	(Live) [Moves (Suite Life	EP Weekly	Unleashed	'70s Show
-		Soldiers"	E! News	Rolie Polie	Globe	PGA Tour	(CC)	England.	Three-Tour Challenge	News (N)	Scinfeld	World Cup	Movie:	PGA Tour		Destroyed	"An All	Amazing	UFC	Friends
12	PM	(1998) Kirsten		2	Trekker	Golf: Merrill			Back Nine.	(CC	Seinfeld	Skiing	"Babes in	Golf: Merril			Dogs	Role	Unleashed	Friends
-	_	Dunst.	Daily 10	(12:33) Miss	10.00.000	Lynch	A-12-7	Marturter	T. D.	D's Cost		CIDCON	Toyland"	Lynch	0	Destroyed	Christmas	NFL	UFC	
		Movie: "Man.of the	Sins	Paddington	Myths and Heroes	Shootout Final Round.	NFL Football:	Manhunter	To Be Announced	Big Coast	Seinfeld	CBC News: Sunday [8]	(1997, Musical) [ff]	Shootout - Final Round.	e (Live) (C	Mayday 🔃	Carol"	Football:	Unleashed	Raymond
	:30	House"	Hollywood	(1:25) Secret World of		(Live)	Denver	Manhunter		Seinfeld	Simpsons			(Live) [tt]			"Christmas Carol: The	Teams to Be		Raymond
2		(2005. Comedy) 📧	Movie: "L.A.	Og	The Berlin Celebration	N.	Broncos at Carolina	First Person Killers	in a sure	Seinfeld	Simpsons		Popeye- Voyage		Sue Thomas:	How-Made	Movie"	Announced. (Live) [tt]	UFC Unleashed	Deal or No Deal (N)
	:30		Confidential	George S.	Concert 🕥		Panthers.			Simpsons	Simpsons	-			FBEye	How-Made	-			
	PM	Movie: "Excess	" (1997) Kevin	(2:58)	1	Paid Prog.	(Live) [CSI: Miami "Identity"	Team	Simpsons	Family Guy	Blue Jean Confidentia		SportsCentr e (Live) [8]	W-FIVE- Pence	Cash Cab	Cory		UFC Unleashed	You Smarter?
3,	:30	Baggage"	Spacey,	(3:33)	Renaissance	a second as			and the second second	Simpsons	Family Guy				Warrior	How-Made	Suite Life			
1	PM	(1997)	Russell	(3:58)		Football Night	Extra (N)	CSI: Miami	Storms	Family Guy	Family Guy	Jeopardy!	Movie: "Yogi's First	Football Night	Question Period (8)	MythBuster s @	Suite Life	ТВА	UFC Unleashed	Soap
4	:30		Crowe.	(4:33) Think	Hometime	, and the second s		us.	Movie	Family Guy	Global	Fortune	Christmas"				Proud	Two Men		Make
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6	:30	Gwyneth Paltrow,	What	Saddle	Road	Dallas Cowboys.		"Rush" [Paid Prog.	Œ	King of Hill	(CC)	Smurfy	Dallas Cowboys.	LEL .	Driver	Flight 29	Friends	Awards	Fashion
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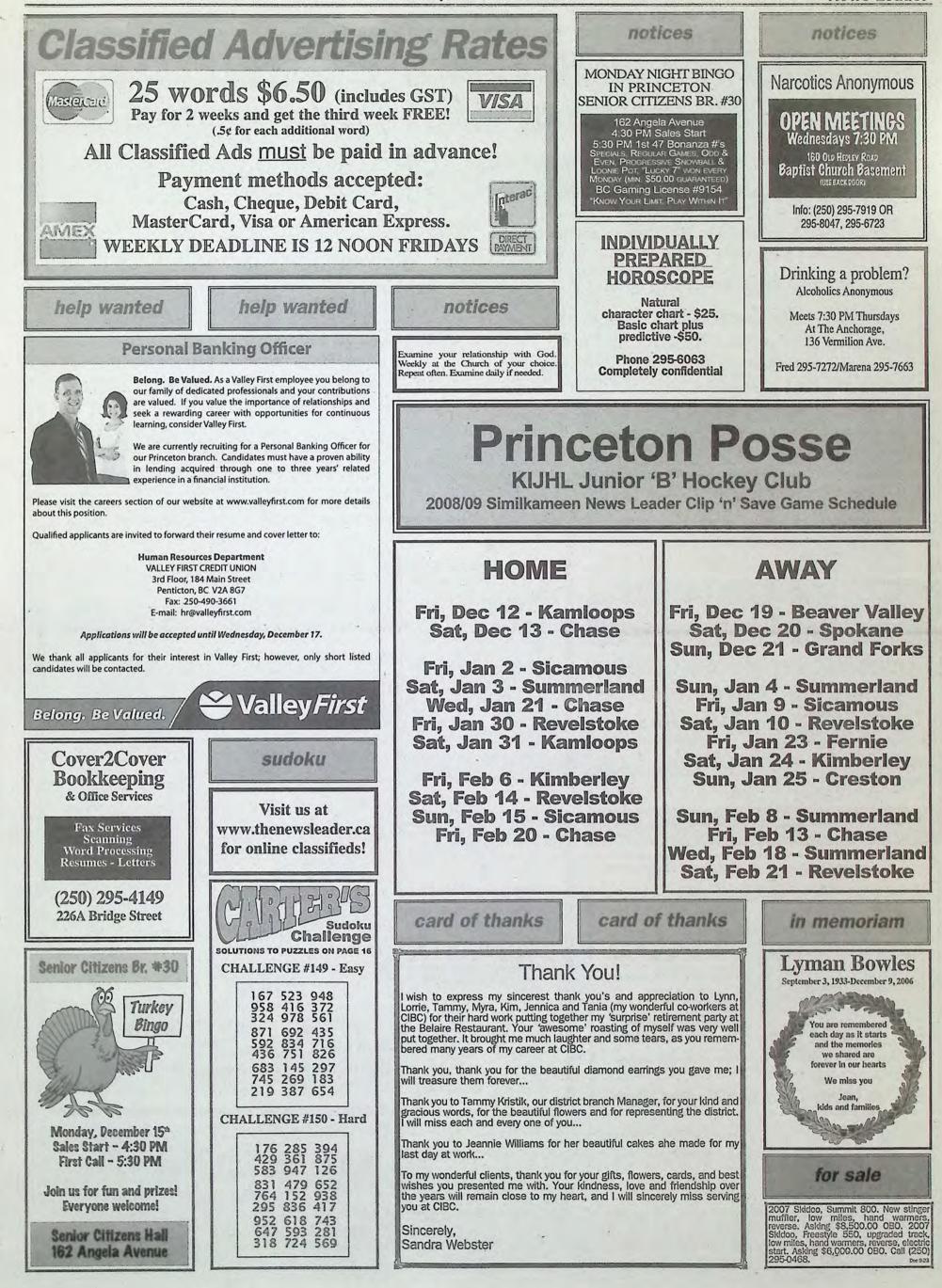
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my turn

How to build a town - Part 1

Here's a quick and simple lesson on how to build a town.

Step One: Once you have picked the ideal location for your town, build infrastructure. This can include a number of things such as roads, subdividing lots and servicing those lots with the necessary utilities.

Step Two: Before encouraging growth of your community, complete Step One first.

Step Three: If your town has grown to capacity, go back to Step One. There you have it! Real simple rules to follow in building any community. The bottom line is, without infrastructure you have nothing. No foundation to build on.

So when I hear talk about the possible need for houses for an influx of residents, or the need for affordable housing for existing residents I shake my head.

As far as I can tell, there's nowhere in town where the infrastructure exists to attract future development which makes me think I'm not going to see a subdivision of 25 to 50 homes popping up any time soon.

I'm not ignoring the water project to East Princeton as that is a part of the infrastructure needed to build our community.

Which is a good start.

Ex.1

\$

What bothers me is that we seem to always play 'catch up' with these things. Where's the vision that would have developed fully serviced lots years ago? Why are we just getting around to these things?

I think we, as a community, need to support our Town Council and remind them we are tired of playing catch up. The potential exists where our community could be self-sufficient. With a slightly larger tax base and slightly higher taxes, we may eventually get to the point where we don't have to beg for government money in order to accomplish projects we should have had in place years ago.

It bugs me to no end to see how much we could accomplish and how little we end up accomplishing because we're so willing to just accept the crumbs that fall our way.

We need to crush that mind set and take control of our own destiny. With a strong, vibrant town we can do these things. We will also experience growth.

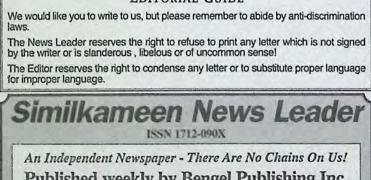
But it all is not possible without the infrastructure in place to begin with. Have you ever tried to put jam on a sandwich without bread? Have you ever tried to roof a building without walls? It can't be done.

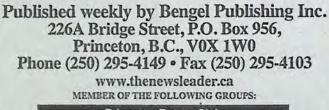
Until we get the infrastructure in place to build on, we will also play catch up. I'm tired of being on the team that plays with borrowed or worn out equipment.

I want to be on the winning team that gets all the best players, the best equipment and the best places to play.

And I see that being possible in Princeton. We just have to quit settled for second or third best and strive for being Number One. And when in doubt, just refer back to Step One.

EDITORIAL GUIDE





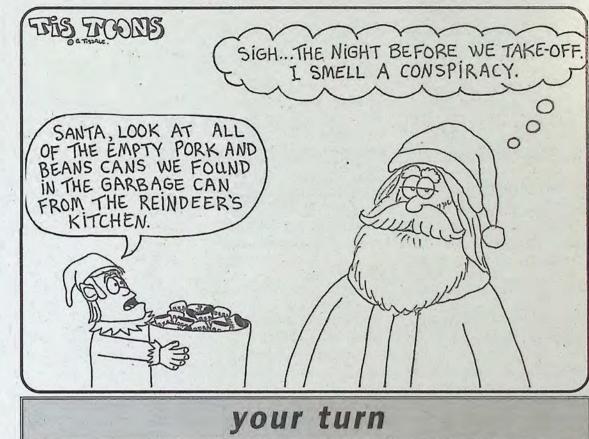
Princeton Rotary Club Similkameen Country, Keremeos Canadian Federal of Independent Business

Canada We acknowledge the financial support of the Government of Canada through the Publications Assistance Program towards our mailing costs." Publisher: George Elliott

Brenda Engel

Dawn Johnson

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Wanna talk about politics?

Dear Editor,

Yes, these are curious times in Canadian politics. Be you for or against a coalition government, this is not the first time such events, or even stranger events have occurred in Canada. For example, in the Canadian federal election of 1925 incumbent Prime William Minister Lyon Mackenzie King's Liberal Party won fewer seats than Arthur Meighen's Conservative Party. Yet, with the support of the Governor General, King formed a minority government by forming a coalition with the Progressives. To further complicate matters, Mackenzie King did not win his seat in the House of Commons and had to be elected in a "safe seat" by-election, defeating, of all young people, a John Diefenbaker.

Shortly, even after all of these machinations, King's government suffered from a bribery scandal. Sensing a loss of confidence and certain defeat in the Commons, King asked the Governor General to call another election, the Governor General refused, King resigned, and Arthur Meighen became Prime Minister. Those of you familiar with Canadian history will be aware that the Meighen government of 1926 is the shortest lived government in Canadian history, and Mackenzie King returned to power with a majority

government in September of 1926.

And what does this have to do with our current debacle? Since the election of January 2006, Stephen Harper's duly elected minority government operated with the support of the House of Commons. It required the support of either the Bloc, Liberal Party, or NDP to survive. Yes, they always needed and had the support from least one of these at parties...including the Bloc...to pass their legislation. In fact, the Harper government enjoyed this support throughout their term, as it was Stephen Harper, without a loss of confidence from the House, who asked the Governor General to call an early election.

A coalition government of the Liberals and NDP differs little, in an operational sense, from the situation of the current Conservative government. Just as the Harper government requires the cooperation and support of another party, a Liberal/NDP coalition government will also require the support of another party, be it the Bloc or the Conservatives, to survive and do the government's business. All political rhetoric aside, our Constitution allows for majority, minority, and coalition governments. The key is in the governing group having the confidence of the House of Commons.

Now that the Governor General

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has granted prorogue to the Conservative government, Mr. Harper has a few choices. In January, he can deliver a budget that will gain the support of at least one of the opposition parties, or he can deliver a pre-election style budget to garner the support of the Canadian electorate. In either case, we are at least two months, or in an election scenario, several months from addressing the current economic crisis.

Canada's recovery from the global economic crisis becomes more difficult and expensive with each passing day of uncertainty in Ottawa. And sadly, most everything, including the environment, healthcare, homelessness, education, and sovereignty are related to our economic health. Taking into consideration each of the attributes that make Canada one of the world's most compassionate, caring, progressive, and fortunate countries, with planned and considered steps, we need to move forward and we need to move forward sooner rather than later. The Canadian economy does not work outside of the global economy and these delays are causing us to lose ground to the rest of the world, delays we can ill afford.

Let us hope that cooperation becomes the new order of the day in Ottawa.

Yours truly, - K. Carlson, Princeton

What can you give to the elders?



Dawn Johnson editor@thenewsleader.ca

"Tis the season to give gifts, and to spread goodwill, but I know one of the hardest groups to buy for are the older people. For one thing, most of them are downsizing and don't want any more "stuff". That makes gift-giving a real challenge, so I though I would suggest a few things that might help.

Don't give appliances unless you know those appliances are required!

For example, I have two coffee makers and two toasters and two blow dryers. These may last the rest of my life.

Those older folks might like new linens, as they tend to wear out and are expensive to replace. Find out whether towels, bedding or pillows would be appreciated.

Do-not buy clothing for older people.

They are really picky, although pajamas and a nice warm robe might be just the thing. If you give slippers, make sure they have a non-skid sole.

Many older people have hobbies and appreciate new supplies, or better yet, a gift certificate for some of these supplies.

For the ladies, a gift certificate to their favourite hairdresser shop would be greatly appreciated. Older people like gifts that either save them time or effort or money. Gift certificates are a great idea. Gift certificates for DVDs, restaurant meals, or grocery stores are always good.

Gift subscriptions are great, too. Favourite magazines and the local newspaper can be gifts that last all year, and bring pleasure time and again.

Photo albums and scrap books make great gifts for older people, and become family treasures eventually.

Like many older people, I am sensitive to many cosmetic products, so I do not appreciate things like body lotions, perfumes and so on, because I have specific brands I use.

However, a gift certificate to cover the cost would be great. Many older people love music,

and own a CD player. For most, their favourite popular music dates from when they were young.

There are plenty of CDs out there to choose from, and you can always ask the sales person what was popular back in the '50s, '60s and '70s. Be sure to stick to individual taste in music, as some people love western music, some folk music, and others prefer pop rock.

Older folks like receiving gifts of things they can eat, but unless you are sure you are buying for a chocolate lover, stick to things like tins of cookies. When buying treats for older folks, you want to avoid sweets and salty foods for diabetics, and most people who wear dentures will not appreciate nuts. A fruit basket can be a great gift, or you can make up a pasta basket, or coffee basket, or a basket of some of their favourite foods.

Many older people are avid readers, especially in the evening. Buy a book or books in a field of interest which would appeal to the person for whom you are buying. Many older people feed birds in the winter, and might enjoy A Field Guide to Western Birds. A Danielle Steele fan might like the latest Steele novel, and a mystery fan could go for the latest bestseller mystery.

You really need to know the taste in books.

A calendar with big squares in which to write appointments is a good gift for an older person, and there is a wonderful selection of calendars in many shops.

These tips may be helpful if you have some older people on your list. The most precious gift you can give is the gift of yourself, and your time.

Visit the older folks and bring your most cheerful self. If you live far from some old folks you love, send them a small album of your family activities through the year, or send a CD or DVD of what's been happening at your house.

NOTE:

While you are making up your Christmas list, don't forget the Christmas Hamper fund is always in need, and the hospital has a Christmas wish list. Charity should begin in your own home town.





7:00 PM - Evening Worship

Pastor Tony Essex 295-7951

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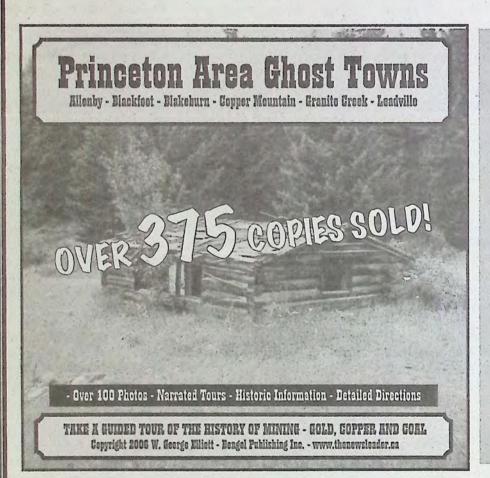


Ghost Town

A town that has been abandoned, usually because the economic activity that supported it no longer exists.

There are a total of six such ghost towns in the Princeton area:

Allenby, Blackfoot, Blakeburn, Copper Mountain, Granite Creek and Leadville.



Explore Princeton's historic past with:

Princeton Area Ghost Towns - The DVD

WRITTEN & PRODUCED BY:

Similkameen News Leader Owner/Publisher George Elliott



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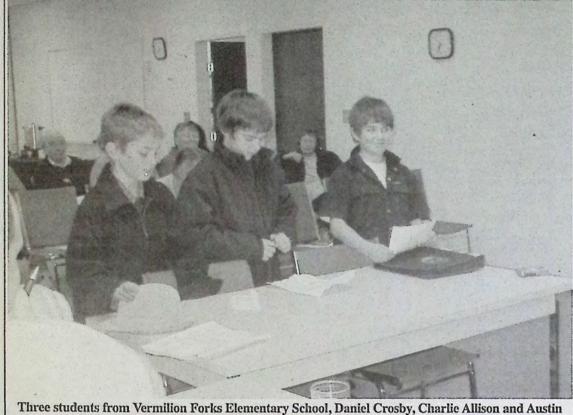
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Roxanne is correct, its a matter of time before we will be forced to address the problem after a tragic incident. Let's put our heads together and address the problem now.

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care of the problem. We believe that tranquilizing the deer and transporting them to an area far enough from town that they would not return anytime soon. Maybe move them to an



Three students from Vermilion Forks Elementary School, Daniel Crosby, Charlie Allison and Austin Knopf present a challenge to Town Council. For details see Front Page. Photo: Dawn Johnson

Stout family says 'thanks'

To The Editor;

The Stout family would like to say thank you to one of Princeton's most treasured possessions - the Ridgewood extended care facility.

For three years the nurses and support staff went above and beyond the call of duty many times as they lovingly cared for Gloria. As a community, Princeton ought to be extremely proud and satisfied that there is a facility like this in the community to take care of our loved ones when they cannot take care of themselves.

They treat people like people and have a sense of history and respect

for the residents who were once an active part of the community fabric and who now need to be taken care of.

Like any relationship, sometimes there were issues that we felt had to be addressed, and we felt confident' in bringing them forth because there was that sense of caring there. Most of the issues were Interior Health issues, not ones with the staff.

We found the staff very supportive of all of us and especially to our Dad, Tom.

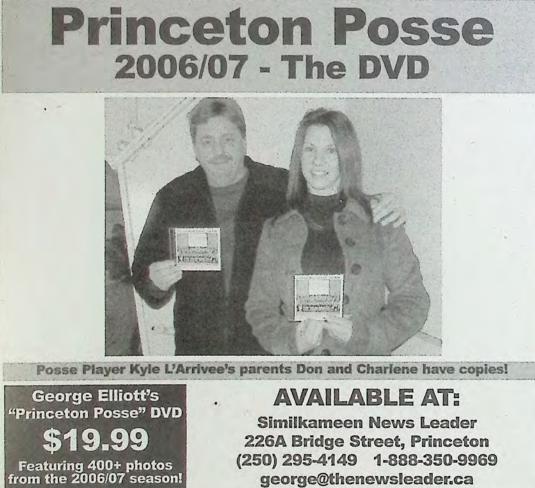
We would just like to say to the staff, from the nurses, support people, to the administration, that we respect the difficult job you do and we appreciate from the bottom of our heart the effort that you put into what you do.

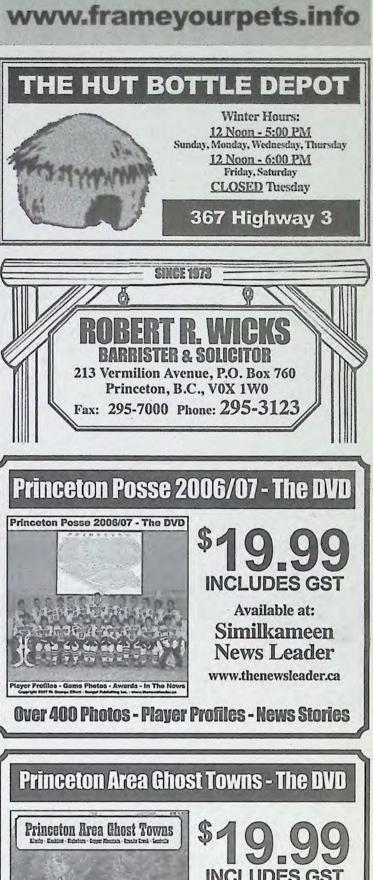
Everyone contributes. There really is no job more important than the other because without everyone contributing, nothing would get done.

The staff does such an excellent job under often difficult and emotional situations. It is a reminder of what grace and calmness should really be like.

So be proud and thankful Princeton that you have this jewel up on the hill.

nurses, support peoup on the hill. - The Stout Family

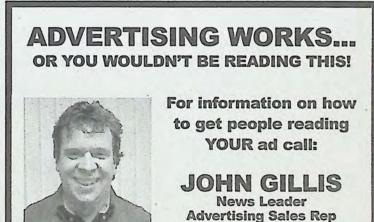




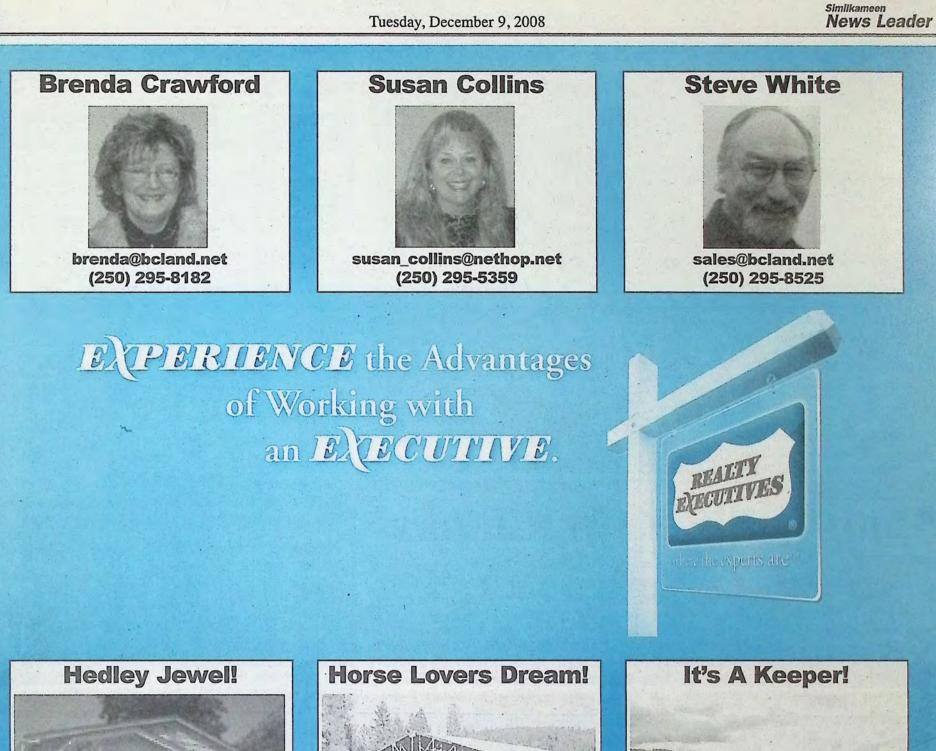


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Explore The History Of Mining - Gold, Copper and Coal

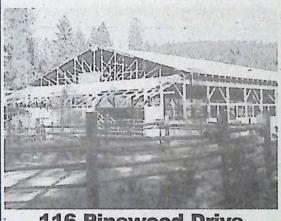


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Well cared for, and it shows! This updated, immaculate home has had all the hard work done to it! A perfect retirement or get away home located on a double lot in Hedley with mountain views. There's a garage and workshop to store 'the stuff' and still leave room to putter. It has all you need. Come and make it yours!



116 Pinewood Drive

This property is a horse lovers dream! Fenced and cross fenced with a great 60' x 160' indoor riding arena complete with wired viewing and tack rooms. The 80-gallon per minute well has no problem bringing water to the entire property. There is easy access onto Crown Land and the KVR for unlimited riding and legal access through Crown to the back of the property. There's room for old friends and new with guest accommodation and a 4-year old cozy rancher for two! The very solid bones are here...for your hobby farm? Horse training centre? Weekend workshops? Or...??? The ideas and potential are unlimited with sunshine all year round.



2496 Princeton S'land Rd CONTINGENT LISTING - Over 9 acres of beautiful-

ly benched property approximately 25-kilometres from Princeton on an easily driven paved road (also known as Highway 40). Another few kilometres and you can enjoy fishing at Osprey, Link or Chain Lakes. Unlimited horse riding is yours with the Trans Canada Trail on the back end of the property. There is a shared driveway and drilled well in place. This is a valuable piece of land priced to sell!

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\$132,900 MLS 46775

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