

Posse Assistant Coach Kevin Robillard presents team captain Kyle L'Arrivee February 20th with a plaque to mark the player's achievement of becoming the Princeton Posse Career Point Leader. L'Arrivee earned the distinction with his 88th point January 24th in Kimberley. Shortly after the presentation, L'Arrivee collected career point #100 and was presented with the puck.*

Team hands out hardware

The Valley First Princeton Posse hosted their 7th annual Awards Banquet February 22nd in the Princeton Curling Club.

Team President Stan Turner spoke briefly on the logistics of running a Junior B hockey club in a small community, which includes upwards of 40 volunteers, one paid employee (Head Coach Dale 'Duner' Hladun) and the support from businesses, individuals and fans.

"Our budget this year will be close to \$275,000," Turner stated.

"That's what it costs to run this hockey team."

Princeton & District Recreation & Culture Department Head Lyle Thomas was recognized with a

team jersey bearing his name as thanks from the organization. Thomas was one of the early supporters of bringing a KIJHL team to the community and has provided extra support from his duty as Manager of Princeton Arena.

Turner, who asked Spencer Brooks, Kyle L'Arrivee, Riley Ferster and Tanner Sheridan to stand, also recognized the four 20-year old players on the team this year.

"They are first class hockey players and high class gentlemen off the ice."

Head Coach Dale 'Duner' Hladun thanked the billet families for "taking care of our boys" at which point continued on Page 26

Mayor McLean blames RCMP

The termination of a contract for Victim Assistance Service brought many people to the February 16 Town Council meeting. Those protesting the loss of Victim Assistance employee, Rosemary Doughty, included young mothers, local men, and senior citizens.

Victims Assistance is a program that ranges from helping people understand court procedure to comforting a child victim of domestic violence to assisting people involved in a motor vehicle accident.

Solana Allison led the delegation, opening by saying the group was making an appeal for continuation of the service, adding that the position has been filled well for 10 years, and Doughty has gained community trust.

Dina Slowikowski-Campbell spoke of the government's need to cut funding. She said small communities in B.C. are looking for ways to keep Victim Assistance programs

operating. She suggested the program be administered by a local non-profit organization to keep the program in place.

A young woman spoke glowingly of her personal experience in gaining help from Doughty, and said, "This decision (to terminate Doughty's position) can have a profound effect on the community. People in power can make a decision without consultation. No one asked us. What about us, the clients?"

Former mayor Keith Olsen stated his concerns. He said he had heard no complaints about the service at any time. Olsen said Council has the responsibility to consider the welfare of the community. He stated decisions of this sort should not be made by people posted here for a couple of years. He asked Council to ensure some community organization picks up the contract from the Solicitor General.

Olsen received a great round of applause.

Solana Allison then presented Council with a petition signed by 388 local people and some letters supporting retention of Rosemary Doughty.

One of the delegates reminded Council they had been part of the hiring board when the contract was first issued, and wanted to know what Council's position is on the matter.

Mayor Randy McLean explained that the RCMP must go outside its own agency to hire people to work with them. He stated he has information that there is not a cancellation of the program, but a cancellation of Doughty's contract.

He went on to say Interior Health has been blamed, but IH has been administering the contract.

"This decision was made by the RCMP, not Interior Health," Mayor McLean stated. "This is an RCMP decision and they can stand up beside it. They have decided they don't want somebody, and Council has no jurisdiction."

Mayor McLean went on to say Council had received legal advice on Council's position, and Council cannot interfere in what is a 'labour matter'.

Allison replied, "This is a community matter!"

"Take the petition to the RCMP," Mayor McLean told her.

Allison said, "We have no forum to take this to Sgt. Macahonic

(Princeton RCMP Detachment) to discuss this. He can say this is an internal labour matter."

Mayor McLean said, "I have taken our concerns to the RCMP. I will take the petition to them. This service is very important to Princeton and we can ask that the service continue. We can't step in and ask for a specific person to be retained."

He later added, "We find it unfortunate that a person who has been so beneficial to the community will no longer be in that position."

Glow Lemon spoke out at this point saying she had information that the RCMP does not have the power to hire and fire for this position. She had called the main office of Victim Services and learned Victim Services provides the funding and the RCMP provides the space.

Councillor Marilyn Harkness, who

administered the contract when she was working for Interior Health, stated, "The whole program is under the RCMP."

Councillor Harkness introduced a motion stating Council should contact the Solicitor General to ask that the Victim Assistance position be retained in Princeton without interruption from March 31, 2009. Council adopted the motion.

Isabella Johnson, a well-respected senior citizen, stated, "People here should have an explanation for why Rosemary Doughty is being dismissed."

Many people spoke up in agreement.

In the meantime, the person at the center of this concern, Rosemary Doughty, has been nominated for an award recognizing the excellence of her service.

CARTER'S
Sudoku
Challenge
PAGE 16 - IN YOUR TV GUIDE SECTION

**We're different,
and we like that.**
Similkameen News Leader

Similkameen **News Leader** THIS WEEK
Page 3 - Candidate Profile: Danielle Hassell / Pages 11, 12, 26 - Posse award photos
REGULAR FEATURES
Page 4 - Keremeos / Page 11-18 - TV Guide / Page 22 - Editorial / Page 23 - Current Comment

Phone: (250) 295-4149 • 1-888-350-9969 • Fax: (250) 295-4103

website: www.thenewsleader.ca - visited by 399* people daily in January 2009 * average figure according to AWStats

THE HUT BOTTLE DEPOT

Winter Hours:
12 Noon - 5:00 PM
 Sunday, Monday, Wednesday, Thursday
12 Noon - 6:00 PM
 Friday, Saturday
CLOSED Tuesday

367 Highway 3

RESUME

NEED SOME WORK?

SEE BRENDA AT:

**Similkameen
News Leader
226A Bridge Street**

Phone: (250) 295-4149
 Fax: (250) 295-4103

TY FRENCH HEATING
HEAT PUMPS & AIR CONDITIONING

SPECIALIZING IN:

NEW HOME INSTALLATIONS
 heating - air conditioning - fireplaces - gas fitting

WOOD - NATURAL GAS - ELECTRIC - PROPANE

(250) 295-8341
 FULLY LICENCED - INSURED - BONDED



Princeton Posse player Matt Chomyc joined fellow line mates last week in getting mohawk-style haircuts. Tyme Wharton at Jealousy Hair Salon took care of the styling details for the boys. *

Want to talk to Council? Read these rules first

Princeton Town Council has adopted a procedure bylaw for individuals or groups who wish to make a presentation to Council.

1. No person or group of persons wishing to appear before Council may do so unless he or they have first notified the Clerk in writing before he has prepared the Agenda and the said Agenda has been considered by the Administrative Committee,

except on extraordinary occasions declared as such by the Mayor.

m. Every delegation shall be allowed a maximum time of fifteen (15) minutes to present its petition or submission unless extended by a two thirds vote of the Council, after which the Council may dispose of the petition or submission at the meeting, refer the subject matter to a committee or take such action as is

deemed expedient.

n. Every petition presented to Council shall include the name of each petitioner with his address and a description of the property of which he is the owner or which he occupies in the Municipality.

In the case of a corporation, the authority given by the corporation to sign the petition shall be produced in connection therewith.

Are you having a hard time understanding and reaching different levels of governments and their bureaucracies?

Are you a home-based business, farmer, orchardist, winery/vineyard, rancher or small business?

We can help keep the governments off of your back and out of your pocketbook!

Call 1-888-808-8635

**Interior Health****DEVELOPMENT OF A PEST MANAGEMENT PLAN**

Application #: IHA-WNV (L) - 2009

Applicant: Interior Health Authority, Health Protection Services, 519 Columbia Street, Kamloops, BC V2C 2T8 Phone: (250) 851-7346 Fax: (250) 851-7341

Agent: SMC Consulting, 1582 Lawrence Avenue, Penticton, BC V2A 3C1 Phone/Fax: (250) 492-6193 e-mail: smcconsulting@shaw.ca

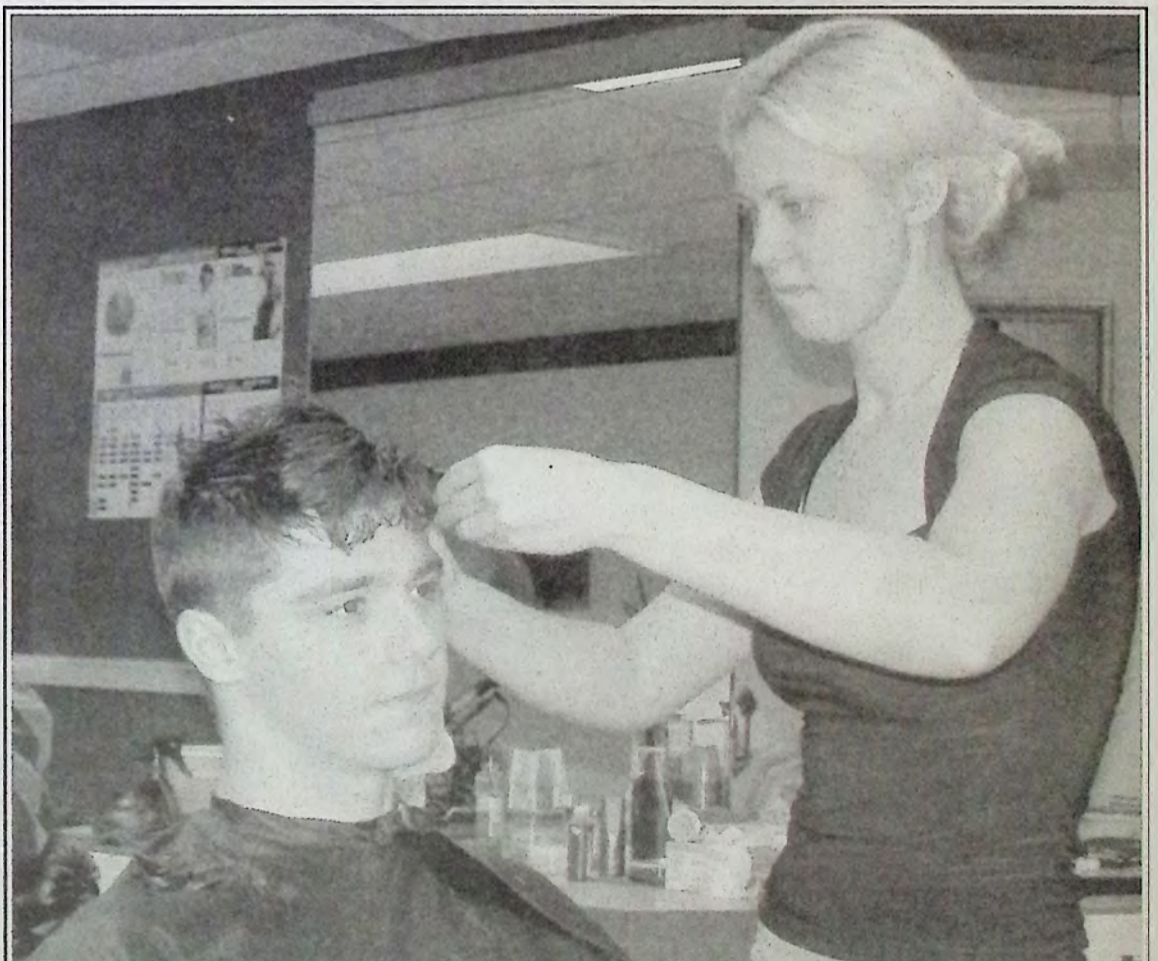
The purpose of the proposed Pest Management Plan (PMP) is to control the larval stage of mosquito species that are known or potential vectors of West Nile Virus. Adult mosquito control is excluded from this PMP. The PMP applies to areas located within the Interior Health Authority including: All Municipalities and Electoral Areas within the North, Central, Okanagan-Similkameen, Kootenay Boundary, Central Kootenay and East Kootenay Regional Districts.

The pest management methods proposed for use include water management, source reduction, public education and the application of pesticides by manual placement, backpack sprayer, truck-mounted power hose and nozzle, granular spreader, helicopter and fixed wing aircraft. The common name and trade name of the pesticides proposed for use under this plan include Biological Control Agents: *Bacillus thuringiensis israelensis* (Vectobac 200G, Vectobac 1200L, Aquabac 200G, Aquabac XT, Aquabac II XT, Teknar G, Teknar HP-D) and *Bacillus sphaericus* (VectoLex WSP, VectoLex CG, VectoLex WDG). Insect Growth Regulator: methoprene (Altosid XR Briquets, Altosid Pellets).

The proposed duration of the PMP is from April 15, 2009 to April 14, 2014.

A draft copy of the proposed PMP and maps of the proposed treatment areas may be examined online at <http://www.interiorhealth.ca/health-and-safety.aspx?id=450> or by contacting the Agent listed above.

"A person wishing to contribute information about a proposed treatment site, relevant to the development of the pest management plan, may send copies of the information to the applicant c/o SMC Consulting, Agent, at the address listed above within 30 days of the publication of this notice."



Princeton Posse home captain Kyle L'Arrivee takes his turn in the chair with Tyme Wharton at Jealousy Hair Salon. The Posse enter the first round of KIJHL playoffs this week. *

Meet The Youth Ambassadors!

A PRESENTATION OF SIMILKAMEEN NEWS LEADER
EACH WEEK WE WILL INTRODUCE YOU TO ONE OF THE FIVE CANDIDATES

Danielle Hassell - Princeton Redi-Mix



Danielle Hassell is a 16-year old Grade 11 student attending PSS. Danielle has grown up in Tulameen and enjoys being able to dirt bike in the summer and ski-doo throughout the winter. She is also very active in her school, being involved with student council, peer counselling, volleyball, soccer and cheerleading. Danielle plans to further her education by attending university to receive a degree in business. Danielle is happiest when with her friends and family. She is proudly sponsored by Princeton Redi-Mix.*

Citizens demand deer action

At the February 16 Town Council meeting, Edith Lapierre asked to speak to Council on behalf of Kay Goglan, who had written to Town Council regarding the deer problem.

She asked Council who would be responsible if a child were injured or killed in a deer attack.

Lapierre showed Council the March 14, 2000 edition of the News Leader, pointing to a story of a dog that had been attacked on Burton Avenue by a doe. A woman had been walking with her granddaughter and the family pet when a deer came from some bushes and attacked. The dog was severely injured.

Council was unable to say who would be held responsible, but Mayor Randy McLean went on to say Council has no jurisdiction when it comes to wildlife control. As has been the case in the past, Council suggested concerned citizens go to the Conservation

Officer.

Roxyne Powers spoke out at this point, saying people should be concerned about the damage done to gardens and the high cost of putting up deer-proof fences. As well, she referred to an instance three weeks prior to the meeting when a cougar killed a deer on river ice near the wooden bridge, which is right in town.

Goglan's letter reviewed the essentials of resident's opposition to deer roaming in residential areas, and expressed concern for the possibility of future attacks on dogs and people.

Councillor Frank Armitage noted an article expressing the same problem in communities in the Kootenays.

The bottom line is always the same: Council's hands are tied. The deer problem can be addressed only by the Ministry of Environment and its representative, the Conservation Officer.

TOWN OF PRINCETON WEBSITE:

www.princeton.ca



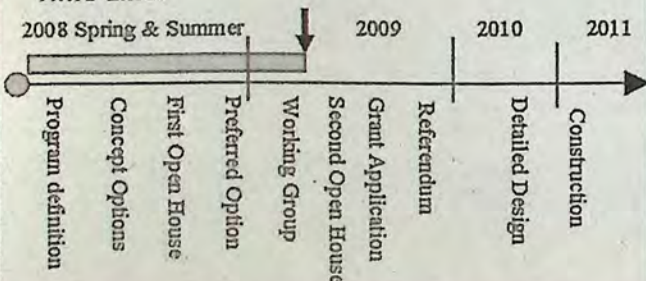
Princeton Town Hall News

AQUATIC CENTRE FEASIBILITY STUDY

For many years residents of the Princeton area have speculated about an aquatic centre in the community. The Town of Princeton with the financial support of the Princeton and District Community Forest Corporation, engaged the services of a consultant to conduct a feasibility study. The feasibility study is identifying options to serve the present and future needs of the local citizens. The study has involved considerable amount of research, including discussions with the public, recreation personnel and local organizations.

We are pleased to inform residents that the Aquatic Centre Feasibility Working Group recently met to put together a timeline for advancing this opportunity. One of the next stages will be to host a second Open House to present a preferred option that has been developed over the last six months. We will provide the public with advance notice of this meeting.

Time Line:



PRINCETON & DISTRICT COMMUNITY FOREST CORPORATION 2009 GRANT PROGRAM

Interested non-profit organizations are invited to obtain a Grant Information Package for the upcoming 2009 Grant Program of the Princeton and District Community Forest Corporation (PDCFC).

The 2009 Grant Program's objective is to make financial contributions to eligible *recreation and cultural* programs, services or capital projects within Princeton and Area 'H' of the Regional District. Eligible organizations are encouraged to pick up an information package (including guidelines to eligibility and application process) from the Secretary-Treasurer, PDCFC, at Town Hall, 169 Bridge Street during regular business hours.

Preference will be given to applications that have additional or matching funding. In-kind contributions may be considered as part of matching funding.

Grant applications from eligible organizations are to be received no later than March 16, 2009 for consideration for the 2009 grant allocation year. Eligible grant applications will be reviewed and evaluated by the Board of Directors at their second quarter meeting in 2009 with awarding of successful application(s) in late spring 2009. Please refer to the information package for evaluation criteria used by the PDCFC Board of Directors.

RIVERSIDE THEATRE

Experience a small town theatre with BIG sound & screen. Doors open 1/2 hour before show times listed. Price is \$5.00 per person aged 3 & up.

Australia

This 3 hour romantic action-adventure set in northern Australia prior to World War 2 starring Nicole Kidman and Hugh Jackman. Rated: PG

Friday, February 27 Showtime: 7:00 pm

007 Quantum of Solace

Join 007 James Bond as he once again leads you through a high action adventure. Rated:PG

Friday, March 13 Showtime: 7:00pm

Call 250-295-6067 for more information.

THANK YOU

The Town of Princeton Spirit of BC Committee would like to thank the following individuals for their support and enthusiasm of the Princeton Winter Celebration & Bedtime & Books Events that took place during the Spirit of BC 1 Year Countdown from Feb. 6 to 14.

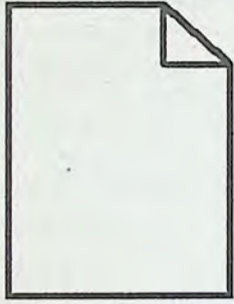
China Ridge Cross Country Ski Association Members, Peter Pine, Kelley Cook, Cowboy Coffee, Princeton Bakery, Growers Press Inc, Clint Cook & Danny Hillman, Mike Grgich Contracting, Ted Coyne, Lyn Melnecheko, Rod Diken, Town of Princeton Crew -Pat Hayes, Bob Coyne & Cody Thomas, Princeton's Literacy Outreach Coordinator, Shauna Hassell, Lorna Gregson, Kathy & Corney Froese, JAE, Sylvia Wilkins and Dave Rainer.

Keremeos.net

(Keremeos on the web)

Web page design • POP3 e-mail accounts
Desktop publishing • Computer repair and servicing
Computer tutoring • CD creation
Custom graphic artwork and logos • photographic services

Bryan - webmaster@Keremeos.net



RESUME

NEED SOME WORK?

SEE BRENDA AT:

**Similkameen
News Leader**
226A Bridge Street

Phone: (250) 295-4149
Fax: (250) 295-4103

Got Peppers?

For info visit:
www.gotpeppers.info

Similkameen Sizzle

THE ADRENALINE RUSH IS FREE



DO YOU:

- Want to feel the excitement and reward of saving lives?
- Want to make a difference and give back to your community?
- Want to learn wilderness survival skills, map and compass navigation skills, GPS and radio operations, search and rescue techniques?

ARE YOU:

- 18 years of age or older and self-motivated (16 with parents' signatures)
- Available to consistently attend regular weekly training sessions?
- Willing to attend Justice Institute of BC Certification in Ground Search & Rescue and other SAR related disciplines and get a First Aid ticket?
- Prepared to represent the 'Team' in a professional and proficient manner and accept direction and guidance?
- Prepared to have a Criminal Record Background Check done?

THEN YOU:

- Should join the Princeton Ground Search and Rescue Team

HOW YOU CAN JOIN:

- Call Arnie at (250) 295-8482 or Randy at (250) 295-5364
- Leave a message at (250) 295-7216
- e-mail pgsrs@telus.net for more information

Princeton Ground Search & Rescue Society
is now accepting applications for the
Spring 2009 Training Session

keremeos and area news



Alicia Osland, Olivia Osland and Shannon Eriksen strike a dramatic pose from the melodrama, "Where There's A Will There's A Way" at the Cawston Hall on February 7th. - photo submitted

Literacy group celebrates Spirit of BC

The Spirit of BC sponsored a Similkameen Family Literacy event at the Cawston Hall on Saturday, February 7th.

Stories from the Best Place on Earth involved about fifteen people, nine of whom developed a performance piece drawn from the 19th

century melodrama tradition.

The day's work was viewed by a local audience in the afternoon followed by a reception featuring local artisans, businesses and clubs.

Work will continue on developing heritage themes in the form of short plays with the prospect of a revived

Keremeos Grist Mill as a venue for local players.

Similkameen Family Literacy, a program of the Lower Similkameen Community Services Society, promotes the enjoyment and good use of language in heard, read, written and spoken communication.

Green Party plans valley-wide campaign

Green Party of BC members and supporters will meet March 7th in Osoyoos to organize around the May 12th Provincial General Election.

The Green Party Leader, Jane Sterk, has declared that the party will field candidates in all 85 Electoral Districts in BC.

The March 7th meeting in Osoyoos will be the first for the party in the newly created Electoral District of Boundary Similkameen that extends from Christina Lake to

Hedley and Kaleden to Osoyoos.

Prospective Green Party Candidates for Boundary Similkameen must submit to a vetting process by a committee led by the Provincial Leader. Local nominations remain open through March 7th.

The Green Party of BC was founded in 1983 and has yet to win a seat in the Provincial Legislature. The party has fielded candidates in both Provincial and Federal Elections in the Southern Interior of BC since

1984.

BC voters get their chance to decide about a new proportional electoral system in a referendum provided on the May 12th ballot.

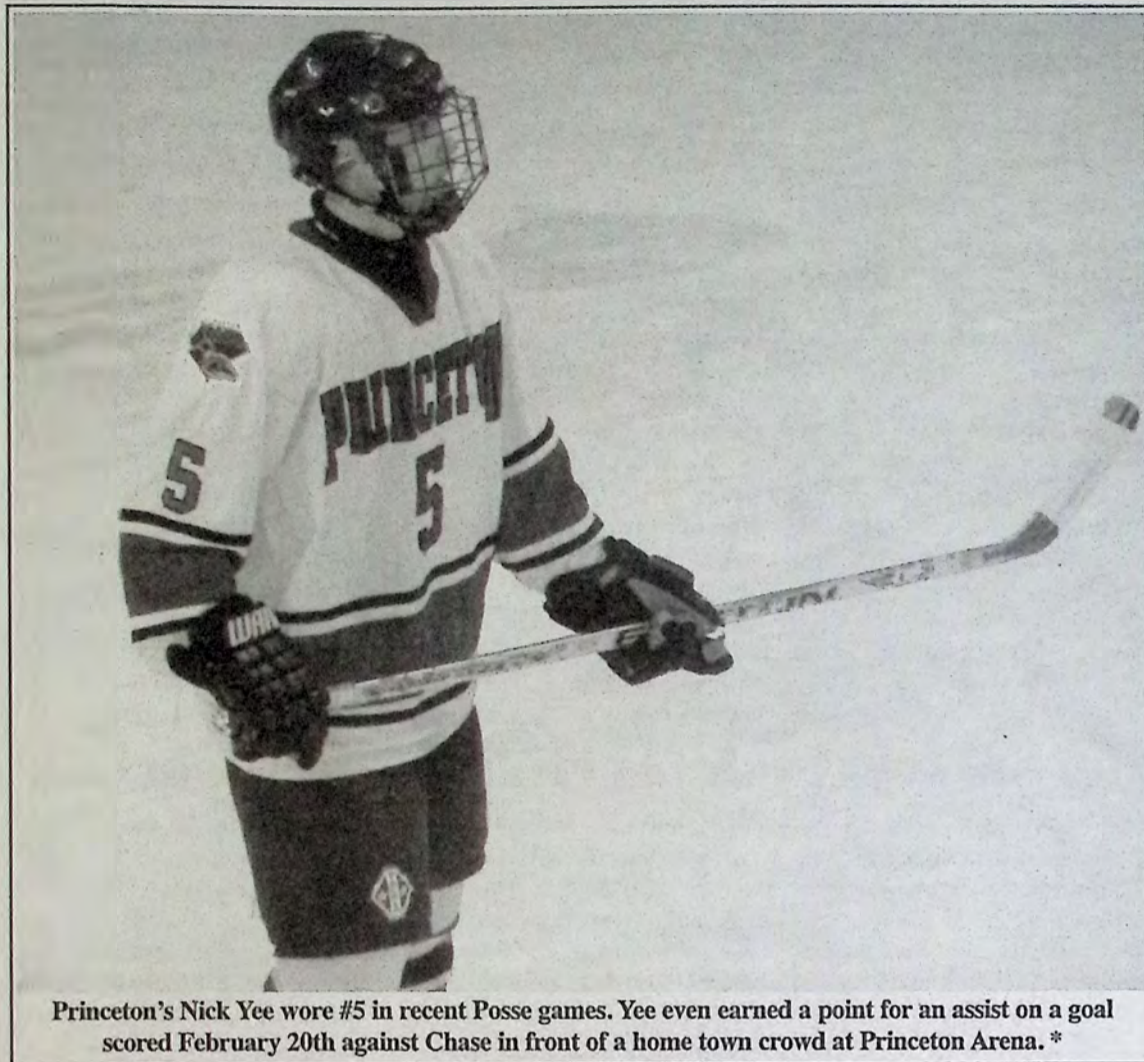
In the proposed proportional system, or STV, the present Boundary Similkameen would add the Okanagan Valley through to Lake Country including part of Kelowna. More than one MLA would represent the area. The Green Party supports a system of proportional representation.

- submitted



Poor waifs portrayed by Olivia Osland and Shannon Eriksen in the February 7th Theatre Workshop at the Cawston Hall. - photo submitted

www.princetonbcnews.com



Princeton's Nick Yee wore #5 in recent Posse games. Yee even earned a point for an assist on a goal scored February 20th against Chase in front of a home town crowd at Princeton Arena. *

Arts Council looks ahead

A full slate of things to do for entertainment is planned for Princeton for the coming months.

Performers

Princeton Performing Arts is planning a gala evening in a "western" theme for April 29. The gala event will be held at Rockridge Canyon. The group is planning a talent competition this summer, with auditions in advance, and it could be there is a pantomime in the future.

Field Naturalists

Vermilion Forks Field Naturalists are continuing their hikes. A special evening lecture on March 10 will be on wildflowers and wildlife.

Writers

Princeton Writers Group is hosting a writer's workshop on March 28 from 10:00 AM to 1:30 PM Carolyn Sinclair, a published author and instructor at Simon Fraser University, will conduct the workshop. There is no age limit to those attending, but the workshop will be limited to 20. To confirm your attendance at this workshop, contact 295-7827, 295-7659 or 295-4015.

Traditional Music

Princeton Traditional Music Society received a grant to discover

er old songs and poems of the Kootenay area. Jon Bartlett and Rika Ruebsaat did research at Selkirk College and found a treasure trove of materials from old newspapers, yielding a database of 2,000 songs.

Traditional Music Society continues its concert presentations until mid-June. These take place on a Sunday afternoon. Jon and Rika will be giving their own show at the next concert on March 15, talking about the origins of some of the old songs they will sing.

Ballet

Kelowna Ballet will perform in Princeton on April 19 to launch Arts and Culture Week. The week will end with a concert on April 26. Dell Hall will apply for a grant and posters to advertise the week. Tickets to the ballet are \$25 (\$20 for seniors, students).

Princeton's Party

At the February 18 Arts Council meeting, Jon Bartlett advised members there will be a Princeton 150 meeting on April 2. Individuals and groups in Princeton who wish to have input and/or participate in the celebration of Princeton's 150th anniversary should bring their ideas to this

meeting. It will held from 7:00 to 9:00 PM in the Arts Council room at Riverside Centre.

Treasurer Nick Mills advised that a couple of groups have not paid their 2008-09 Arts Council dues. These must be paid in order for the group to be eligible for the annual grant. There will be further discussion about grants at the next meeting, to be held Thursday, March 26.

Princeton Community Arts Council will send two delegates to the annual conference of the Assembly of Arts Councils. This event, held on the first weekend in May in Kelowna, brings together Arts Council members from many communities in B.C. The networking provides a valuable sharing of ideas and resources.

Princeton Area Ghost Towns The DVD

Only \$19.99
(+ \$2.00 S & H)
See Us For Details!

**We're different,
and we like that.**

Similkameen News Leader

**MAKE \$2,000
PER WEEK!**

WORK FROM HOME

**SEE WHY THE EXPERTS CALL THIS
THE HOTTEST BUSINESS
OPPORTUNITY IN THE WORLD!**

**Discover the 24 Hour
WEBCASH Secret!**

CALL 1-800-719-8268 Ext. 14181
or visit our website at:
www.bengelonlinebusiness.com

THE ADRENALINE RUSH IS FREE



DO YOU:

- Want to feel the excitement and reward of saving lives?
- Want to make a difference and give back to your community?
- Want to learn wilderness survival skills, map and compass navigation skills, GPS and radio operations, search and rescue techniques?

ARE YOU:

- 18 years of age or older and self-motivated (16 with parents' signatures)
- Available to consistently attend regular weekly training sessions?
- Willing to attend Justice Institute of BC Certification in Ground Search & Rescue and other SAR related disciplines and get a First Aid ticket?
- Prepared to represent the 'Team' in a professional and proficient manner and accept direction and guidance?
- Prepared to have a Criminal Record Background Check done?

THEN YOU:

- Should join the Princeton Ground Search and Rescue Team

HOW YOU CAN JOIN:

- Call Arnie at (250) 295-8482 or Randy at (250) 295-5364
- Leave a message at (250) 295-7216
- e-mail pgsrs@telus.net for more information

**Princeton Ground Search & Rescue Society
is now accepting applications for the
Spring 2009 Training Session**

**HARRY
LALI**

MLA

**Harry Lali hosts
MLA David Chudnovsky's free public screening of the
documentary short film on homelessness in British Columbia
"The Way Home"**

1:00 PM Thursday, February 26th

Riverside Wellness Centre Theatre - 148 Old Hedley Road, Princeton



news leader health and lifestyle page

Tips to saving at the drugstore

(NC)—With difficult economic times upon us, one of the easiest ways to save money in 2009 is by shopping smart at your local drugstore. Here is a quick list of savings that will add up at the checkout:

Use flyers
Pick up a flyer at the front of the store or go to the pharmacy's Web site to download a flyer. Items on the flyer, especially on the front page, can offer savings of up to 50% off or more.

Shop the store brand
Store brands such as Rexall Brand are less expensive than national brand products and have the same

quality standards. Rexall even has a 100% satisfaction guarantee or your money back.

Take advantage of free health programs

Pharmacies often have free health clinics and health programs that you can take advantage of to keep you healthy, saving you money on medication.

Sign-up for your pharmacy's online newsletter

Signing up for online newsletters is a great way to get insider coupons. Rexall launched their new on-line newsletter with a \$5.00 off coupon and routinely offers special promo-

tions.

Get a loyalty card

Loyalty cards are a great way to get free products, trips and more. One of the most popular loyalty cards is Air Miles and not only can you accumulate rewards at the drugstore, you can also earn them at many other retail locations.

Shop the end aisles

Special promotions are featured at the end of the aisles. Look for these and highlighted deals throughout the stores.

Visit www.rexall.ca for more information on great savings at the Rexall family of pharmacies.

Herbal treatment is effective for psoriasis

(NC)—Psoriasis may not be life threatening, but for those who cope with it worldwide, it can be a life of quiet desperation. At least one million Canadians rely on a combination of daily treatments to control the red, itchy blotches associated with this condition.

With normal skin, the time necessary for an epidermal cell to go from creation to shedding is about 28 days. Psoriasis skin completes the process in three to four days. As a result, there is enormous build up, inadequate maturation, and finally plaque formation on the surface cells.

To deal with the frustration and embarrassment of cracked and scaling skin, daily routines usually include an annoying cycle: flare ups; scratching; showering away scales with coal-tar soaps; applying cortisone-steroid creams; repeat. Worse still, the long-term application of many creams and soaps can produce serious side effects ranging from advanced osteoporosis and high blood pressure (from corticosteroids) to liver and kidney abnormalities (from methotrexate) or hair loss, gingivitis, and foetal malformation with the use of retinoids.

82 percent effective

It is encouraging, therefore, to learn that researchers have discovered an effective new herbal treatment from a plant known as Mahonia aquifolium (M-Folia), otherwise known as Oregon Grape Root. The active ingredients of this plant have been found to effectively alleviate the symptoms for more than 82 percent of psoriasis and eczema sufferers.

"Mahonia aquifolium is abundant in the forests of the North American Pacific coast," says Vince Leitao at GoaPharma Canada. "In recent

years, scientists have discovered that the extract of the bark and root contains alkaloids, which are believed to be strong antimicrobial and antifungal agents. Cell culture studies have demonstrated that these alkaloids induce powerful antioxidant activity. They inhibit the growth of abnormal skin cells and alleviate inflammation."

The action of these alkaloids explains why M-Folia extract (sold in Canada as PsoEcz Care) has been successfully used to treat psoriasis and eczema, as well as other skin conditions.

"And tolerance of the ointment and cream is also very positive," Leitao adds. "It has been evaluated as 'good' or 'very good' by 82.4 percent of patients. Mahonia aquifolium (and PsoEcz Care) are considered to be safe with no apparent adverse side effects observed in any tests to date.

"But of equal importance," he continued, "the treatment is also seen to produce a significant 'improvement of life', a subjective parameter throughout the testing."

More information is available online at goapharma.com.

living past 100

Beat mealtime doldrums

Most Canadians find February and March hard to bear. We want springtime to spring out suddenly, but it never happens fast enough. One of the things that becomes most depressing is mealtime. We do not want to gain weight, but we tend to crave sweets to make ourselves feel more energized. There is a cure: boost the fresh vegetable content of your meals.

Before you start planning menus, are you taking your Vitamin D supplement? That is the first step toward feeling better.

The second step is getting out in the fresh air. Take time to go for a walk. You will feel more energized. We Canadians stay indoors too long in the winter months (for good reason). Boost your energy and your immune system by going outdoors.

Now, let's get down to mealtimes. There are plenty of fresh vegetables you can enjoy in winter. Eating raw vegetables is a good way to tone up your body and feel energized. Raw vegetables and fruit make your bowels work better.

A salad is a simple way to put those raw vegetables into your diet. You do not have to spend a lot. A grated carrot and a chopped celery stalk, along with a grated apple and a handful of raisins, all moistened with a bit of olive oil base mayonnaise, makes a great salad at little cost. If you want to change this, try throwing in a half cup of red grapes.

A little more expensive is a veggie dip plate with tiny tomatoes, strips of avocado, florets of broccoli and cauliflower, and some crunchy cucumber. This will cost you the equivalent of a bag of cookies or a cake, but is much better for you.

Fresh fruit is very expensive in winter, if you want berries. Much less expensive are apples, pears and frozen berries from our own province. Canned fruit is good, too, especially if you do your own home canning with minimal sugar.

If you have children and a tight budget, you may want to think twice about some of the fresh fruit and vegetables, but children are better off with more of the fresh food than with some of the "extras" they may want as treats.

The group most likely to ignore their need for fresh, raw foods are the elderly. They need this boost in diet as much, or more perhaps, than the middle aged people. If you are over age 60, or you care for somebody over age 60, make sure they get plenty of fresh fruit and vegetables, as well as Vitamin D.

Spring is coming, along with the lower costs for fresh foods. In the meantime, do yourself a favour and enjoy the health benefits now.

Princeton Posse 2006/07 The DVD
Only \$19.99
See Us For Details!

HONDA Power Equipment

Mac's Auto Parts Ltd.
193 Vermilion Avenue, Princeton
Phone: (250) 295-6944 Fax: (250) 295-7344
HOURS OF OPERATION:
7:00AM - 5:30PM MONDAY - FRIDAY
8:00AM - 5:00PM SATURDAY

LAWN MOWERS
WATER PUMPS
TILLERS - GENERATORS
SNOWBLOWERS

FAX SERVICE SENDING OR RECEIVING

AVAILABLE AT:
Similkameen News Leader
226A Bridge Street
Phone: (250) 295-4149
Fax: (250) 295-4103

MAKE \$2,000 PER WEEK!
WORK FROM HOME

SEE WHY THE EXPERTS CALL THIS THE HOTTEST BUSINESS OPPORTUNITY IN THE WORLD!

Discover the 24 Hour **WEBCASH Secret!**

CALL 1-800-719-8268 Ext. 14181
or visit our website at:
www.bengelonlinebusiness.com

Regional District Okanagan-Similkameen

Rural Land Use Bylaw Application
(km 27.5) Summers Creek Road, Electoral Area 'H'
Lot 3, Plan KAP85381, District Lot 3345, KDYD

NOTICE OF PUBLIC HEARING:
Monday, March 2, 2009 - 6:00 pm
Riverside Wellness Centre
148 Old Hedley Road, Princeton, BC

PURPOSE:
Propose to amend the Official Community Plan Bylaw and Zoning Bylaw to facilitate a four (4) lot subdivision of the subject property with each lot to be approximately 2 hectares (ha) in size.

Amendment Bylaw No. 1725.23, 2008: to amend the Official Community Plan Bylaw by changing the land use designation of the subject property from Resource Area (RA) to Small Holdings (SH) and to amend the Zoning Bylaw by changing the zoning from Resource Area (RA) to Small Holdings 2 (SH2).

SH2 zone permitted uses include: agriculture, single family dwellings, or mobile homes or travel trailers, home occupation, care centre, public parks, buildings and structures auxiliary to the uses permitted, including roof shelters over travel trailers

Amend Official Community Plan Bylaw No. 2463, 2003
from: Resource Area (RA)
to: Small Holdings (SH)

Amend Zoning Bylaw No. 2464, 2003
from: Resource Area (RA)
to: Small Holdings Two (SH2)
indicative only

VIEW COPIES OF THE DRAFT BYLAWS & SUPPORTING INFORMATION AT:
Regional District Okanagan-Similkameen
101 Martin Street, Penticton, BC
Monday to Friday - 8:30 a.m. to 4:30 p.m.

Princeton Town Hall
169 Bridge Street, Princeton, B.C.
Monday to Friday - 8:30 a.m. to 4:30 p.m.

Anyone who considers themselves affected by the proposed bylaw amendments can present written information or speak at the public hearing. All correspondence for the public hearing to be addressed to: **Public Hearing Bylaw No. 1725.23, c/o Regional District Okanagan-Similkameen**. No letter, report or representation from the public will be received after the conclusion of the public hearing. This public hearing has been delegated to a Director of the Regional District.

FOR MORE INFORMATION PLEASE CONTACT DEVELOPMENT SERVICES:
Telephone: 250-490-4107 Fax: 250-492-0063 Email: planning@rdok.bc.ca Web: www.rdos.bc.ca

Tracey Batten, BBA
General Manager of Administration Services



Princeton Rotary Club 5th annual mid-Winter Winefest was a success. The event, held February 21st at the Legion Hall, featured wines from Similkameen Valley wineries along with snacks from local restaurants. Harmony Montgomery of Copper Mountain Bar & Grill was serving meatballs during the evening. *

Museum plans outdoor displays

This year, Princeton's Museum my undergo renovations if the funding comes through. Planning for the renovations means changes not only to the interior displays, but finding a place to store the interior artifacts while the renovations are underway.

To find additional storage area, the Museum Society plans to upgrade the shed area outside the museum and turn it into a storage and display area. The artifacts presently stored in the shed consist mainly of industrial and agricultural equipment. The Museum Society has requested that Princeton Exhibition Association take the agricultural equipment.

Nick Mills said he had spoken with John Bey, and Bey said there is no suitable area at the fairgrounds for this equipment.

The Museum Society has decided to go through everything stored in the shed and make a decision as to which of these artifacts are worth keeping and which should be disposed of. Disposal may be done through allowing purchase to individuals or simply taking unwanted artifacts to be recycled. Councillor Frank Armitage is looking for other possible storage locations. The final decisions will be made at the March 17 meeting of the society.

The "Mile 0" cairn located at the first bend of Highway 5A after leaving Bridge Street will be moved to the Museum grounds. This historic marker was put in place many years ago to mark the beginning of the Yellowhead Highway, which was a new route through the Rockies from B.C. to the northern prairies. Since the construction of the Coquihalla Highway, this portion of the

Yellowhead Highway has been renamed Highway 5A.

The Princeton 150 committee is planning celebrations for Princeton's 150th anniversary of founding. The Museum Society expects to provide historical information to groups planning to participate in the celebrations. Nick Mills requested that the Princeton 150 committee advise groups to seek grants to help cover the cost to

Sawmill future looks good

Mayor Randy McLean met with Weyerhaeuser executives on February 13, and issued a very positive statement at the February 16 Town Council meeting.

Mayor McLean stated Weyerhaeuser is "very vigilant of the global economic situation". There was a discussion of current market conditions, and their experts reflect "the same gloomy forecast" Mayor McLean heard at the Council of Forest Industry Convention.

Fred Rowson, Sawmill Operations Manager for Western Canada for Weyerhaeuser, stated, "We are not bullet-proof".

At the same time, Rowson said the Princeton plant is at this point man-

aging to operate and is in a favourable position, with good wood supply, good management, hard working employees, and a well-maintained facility that would bode well for the future.

Weyerhaeuser has invested \$2.5 million in the Princeton plant last year, and \$4 million in capital investment the year before. They are looking to the future in Princeton, but did say the amount of community donations of previous years may not be possible.

Jon Bartlett is still trying to establish a Similkameen Branch of the Okanagan Historical Society. He will be doing a presentation to OHS at their annual general meeting. In the meantime, he is seeking people in Hedley, Keremeos and Cawston who are interested in recording the history of the Similkameen Valley.

Mayor McLean said he told them their ongoing donation of nearly uninterrupted employment of Princeton employees and loggers is more than enough in these tough times.

Here's My Card!
Advertise Your Business Here For As Little As...
\$ 10.00 PER WEEK
Call Us For Details!
Similkameen News Leader (250) 295-4149

**We're different,
and we like that.**

Similkameen News Leader



FAX SERVICE
SENDING OR RECEIVING

AVAILABLE AT:

**Similkameen
News Leader**
226A Bridge Street

Phone: (250) 295-4149
Fax: (250) 295-4103

Just The Fax, Ma'am!

**Cover2Cover Bookkeeping
& Office Services**

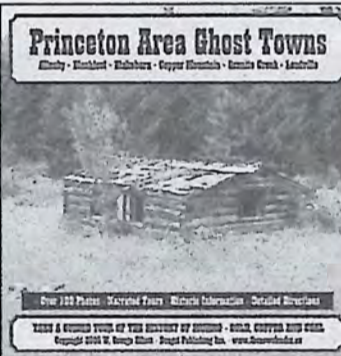


226A Bridge Street
Princeton

(250) 295-4149

PROVIDING RESUMÉ, WORD PROCESSING,
FAX, SCANNING AND COPYING SERVICES

Princeton Area Ghost Towns - The DVD



\$19.99
INCLUDES GST

Available at:
**Similkameen
News Leader**
www.thenewsleader.ca

Explore The History Of Mining - Gold, Copper and Coal

SEVENTH ANNUAL

Ladies Diamond Dinner



Saturday, April 4th

Hosted by: Princeton Legion - Br. 56



\$ 1,000 WORTH OF DIAMONDS
Plus Door Prizes to be Won!

NON-WINNERS QUALIFY FOR EXTRA DIAMOND DRAW

LADIES: ENJOY A SEMI-FORMAL CATERED EVENING
(Dinner & Refreshments - Served by Men!)

TICKETS
\$30.00
ONLY 100 TICKETS TOTAL



LIMIT 6 TICKETS PER PERSON - DUE TO DEMAND
TICKETS ON SALE 8:30 AM Wednesday, March 4th AT LEGION - NO RESERVES

**Save \$\$\$ When You Shop!
Get The Details Now:**

www.bengelonlinestore.com

REALTY EXECUTIVES PRINCETON - Gateway to the Okanagan
250-295-1811



Susan C. Collins BSW
Licensed Sales Representative


Phone: 250-295-1811
Susan.collins@nethop.net

Phone: 250-295-5359
250-292-8430
Fax: 250-295-1851
#8-136 Tipton Ave. Box 150,
Princeton, BC V0X 1W0



Just The Fax, Ma'am!

Cover2Cover Bookkeeping & Office Services



**226A Bridge Street
Princeton**

(250) 295-4149

PROVIDING RESUMÉ, WORD PROCESSING,
FAX, SCANNING AND COPYING SERVICES



Royal Canadian Legion Branch #56 member Hurley Conrad (left) receives his 40 year membership pin from Past President Sharon Paterson during the February 20th awards night. Photo: Dawn Johnson

Legion, L. A. receive awards

Royal Canadian Legion and Ladies Auxiliary members received awards and honours on Friday night following an excellent (as usual) potluck supper. Although attendance was poor, it was a special occasion for those who enjoyed the dinner.

Ladies Auxiliary Zone Commander Mavis Brommeland

presented the L.A. awards. Blanche Christie and Beth Fairley received 40 year membership pins (in absentia). Beryl Olsen (absent) and Dorothy Monkman received 25 year pins. Elizabeth Kightley, Ann Bauder and Gerry Waddell received 10 year pins.

Legion Past President Sharon Paterson presented the awards to Legion members. Ordinary members Robert Pelly, Cam Powley, Colin Taylor and Michel Vincent received five year pins. The following Associated and Affiliate members received five year pins: Shayne Cromarty, Tara English, Lynda McLean, George Norman, Sue Pearson, Maurice Dufour, Denise Duguay, Leonard Greenwood, Ina Hartman, Roy Larson, Ken Riehl, Al Jones, Pat Taylor and Rick Van Heeswijk.

Ten year pins were awarded to

ordinary members Russ Pederson and Gunter Weber, and to Associate and Affiliate members Wayne Anderson, Wayne Cummings, Craig English, Kelly English, Pearly Homes, Betty Jarvis, Gerry Kind, Lynda Martindale, Sharon Paterson, Glenn Scott, Bev Smith, Cecile Anderson, Jean Bowles, Beverly Ceccon, Jim Emmons, Helen Gallagher, Floyd Heagy, Kim Herzig, Bernard Horvath, Daniel Howson, George Judd, Cindy Legree, Len Miller, and Dennis Smith.

Ordinary members receiving 20 year pins were R.G. Baron, Clifford Glover, and Laurance Yuile. Associate members who received 20 year pins were Dorothy Bowden, Grace Fredin, and Cornie Froese.

..... continued on Page 21

Deposits

100% GUARANTEED

As a BC credit union member, your deposits now carry **unlimited deposit insurance protection.**

The Credit Union Deposit Insurance Corporation (CUDIC), a government corporation, guarantees deposits and non-equity shares of British Columbia credit unions as provided by the Financial Institutions Act. Visit www.cudicbc.ca to learn more.

CreditUnionsBC



Legion Ladies Auxiliary Zone Commander Mavis Brommeland (left) presents a 25 year membership pin to Dorothy Monkman at the Honours and Awards banquet. Photo: Dawn Johnson

COULD YOUR NON-PROFIT ORGANIZATION USE...

\$2,500

...IN ADVERTISING?

Similkameen News Leader will give away \$2,500.⁰⁰ in Advertising Support to a local non-profit organization to use to promote local events and activities in 2009.

GUIDELINES:

- 1) **ALL** non-profit groups are welcome to apply for Advertising Support from Similkameen News Leader but local youth groups will receive special consideration.
- 2) The \$2,500.00 in Advertising Support has no 'cash' value and cannot be transferred into cash and must be completely 'spent' in the 2009 calendar year.

All you need to do is write or e-mail us with details on why your group needs our Advertising Support.
Deadline for submission is February 28, 2009 with a selection to be made March 1, 2009.

Similkameen News Leader, PO Box 956, Princeton, BC V0X 1W0
e-mail: george@thenewsleader.ca

**We're different,
and we like that.**

Similkameen News Leader

WEST COAST
Farm & Industrial
Equipment

Division of West Coast Heavy Duty Truck Parts Ltd.

BUY - SELL - CONSIGN
FINANCING AVAILABLE
NOW SELLING PORTABLE BAND SAW MILLS

311 Culbertson Way
(250) 295-0101 - Fax: (250) 295-6433

Thank You Princeton & Area for your support!



From left, Riley Nikic, Cody Wharton, Justin Milligan and Joey Sandli. - photo submitted

Just The Fax, Ma'am!

**Cover2Cover Bookkeeping
& Office Services**



226A Bridge Street
Princeton
(250) 295-4149

PROVIDING RESUMÉ, WORD PROCESSING,
FAX, SCANNING AND COPYING SERVICES

THE ADRENALINE RUSH IS FREE



DO YOU:

- Want to feel the excitement and reward of saving lives?
- Want to make a difference and give back to your community?
- Want to learn wilderness survival skills, map and compass navigation skills, GPS and radio operations, search and rescue techniques?

ARE YOU:

- 18 years of age or older and self-motivated (16 with parents' signatures)
- Available to consistently attend regular weekly training sessions?
- Willing to attend Justice Institute of BC Certification in Ground Search & Rescue and other SAR related disciplines and get a First Aid ticket?
- Prepared to represent the 'Team' in a professional and proficient manner and accept direction and guidance?
- Prepared to have a Criminal Record Background Check done?

THEN YOU:

- Should join the Princeton Ground Search and Rescue Team

HOW YOU CAN JOIN:

- Call Arnie at (250) 295-8482 or Randy at (250) 295-5364
- Leave a message at (250) 295-7216
- e-mail pgrs@telus.net for more information

Princeton Ground Search & Rescue Society
is now accepting applications for the
Spring 2009 Training Session

What does NNNQ mean?

by Justin Milligan

NNNQ is a motto that the Princeton Bantam Hockey team follows and demonstrates each and every single game. NNNQ was once said by Winston Churchill, it means 'Never, never, never quit!'

The team started following this motto early in the season when the coach Richard Wilkins brought it to the teams attention near Remembrance Day.

The same day the Bantam coach Richard told the team about this, the four over age players, Cody Wharton, Riley Nikic, Joey Sandli and Justin Milligan wrote those four powerful letters on their sticks and the rest of the team followed right away.

The whole team made a commitment to Never Quit no matter how the game is going. Since then the Bantam team has kept their commitment to not only their coach and other teammates but to themselves as well, playing every game with their heart and soul and with everything they've got, giving it 100% for the whole sixty minutes of the game, win or lose.

The Princeton Bantam team is made up of many different age players. They have four over age players: Joey, Riley, Cody and Justin. These four individuals are playing on the Bantam team because there is currently no Midget hockey team in Princeton, and they didn't want to miss hockey for the season because of their love for the game.

The Bantam team also has a young girl who plays for them and the Pee wee team. This amazing little hockey player is Jacinda Esselink. She plays on both of the teams for the love of the game and to challenge herself for the future. The rest of the Bantam team would

like to thank her for playing 'up' with them for the season.

The Princeton Bantam Flyers are currently in the playoffs. They hope to have a successful year and bring home a championship banner. No matter what happens as long as everyone plays hard and never quits, win or lose.

The Bantams would like to thank their coaches, Richard Wilkins, Jimmy Hardin, Susy Johnson (team manager and organizer) for giving them a season they will always remember. And for the other kids involved in sports remember this motto: NNNQ and give it your best!

-submitted

Council notes

Council proclaims March Services Awareness Month

At the February 16 Town Council meeting, Council proclaimed March as Community Social Services Awareness Month.

The proclamation states community social services are vital to the quality of life of all British Columbians. These services include services to families and children, people with disabilities, people dealing with substance abuse, community justice services, correction services and victim assistance programs, women and their families in transition houses, sexual assault centres, aboriginal peoples, community projects, employment training programs, child care, multicultural, settlement and immigrant services.

The proclamation declares the availability of these supportive services helps improve the quality of life for everyone while making communities stronger and more stable.

Council agrees to spread the word

BC Housing runs a program for low income working families to assist them with rent costs. Families who have a total annual income of \$35,000 or less, and who have been involved in the work force during the past year, may

apply for rental assistance if they are not housed in government supported residences.

At the February 16 Town Council meeting, Council agreed to a request to "spread the word" about the Rental Assistance Program by obtaining brochures to be distributed from Town Hall.

Anyone who wishes to apply for assistance may call 1-800-257-7756 now or wait until Town Hall has a supply of brochures.

Council objects to Greyhound plan

At the February 16 meeting of Town Council, a letter was received from B.C. Passenger Transportation Board. The letter explained that Greyhound Canada Transportation Corp. has applied to reduce bus service on Highway 3 from 11 to 7 trips weekly from Penticton to Vancouver.

Council voted to send a letter to the Transportation Board strenuously objecting to Greyhound's proposed reduction in service.

Anyone wishing to object may write to B.C. Passenger Transportation Board, Box 9850 Stn. Prov. Govt., Victoria, BC V8W 9T5 or fax (250) 953-3788. e-mail letters may be sent to ptboard@gov.bc.ca

Quote application # X1209-08/Route C.

weekly entertainment guide

TUESDAY, FEBRUARY 24, 2009 THROUGH MONDAY, MARCH 2, 2009



Kyle L'Arrivee was presented with the Most Valuable Player Award during the team's awards banquet February 22nd. L'Arrivee is joined by Assistant Coach Tyler Gunn, Head Coach Dale 'Duner' Hladun and Assistant Coach Kevin Robillard. L'Arrivee also received the Best Offensive Player Award. *

Chase beat Princeton at home

The start of the Valley First Princeton Posse game against Chase Chiefs was delayed slightly February 20th to allow for a short presentation. Team captain Kyle L'Arrivee was honoured with a plaque recognizing his distinction as Princeton Posse Career Points Leader. L'Arrivee had passed former Posse player Jeremy Wagner's 87 point total when he scored a goal and an assist in the January 24th game against the Dynamiters in Kimberley bringing his totals to 41 goals and 47 assists for 88 points.

L'Arrivee also became the first Posse player in franchise history to be named KIJHL Player of the Month (Okanagan/Shuswap Conference) in November 2008.

Posse Assistant Coach Kevin Robillard presented L'Arrivee with an engraved wooden plaque congratulating him on his achievement and for his leadership role with the team

on and off the ice.

Team President Stan Turner also praised L'Arrivee and wished him well in his future after playing Junior B hockey.

Prior to the opening face-off, L'Arrivee was sitting at 99 points for his career and anticipation was high that he could break the century mark in front of a home crowd in the final regular season game at Princeton Arena.

Assistant Coach Kevin Robillard who stated after the final buzzer that "defensive zone breakdowns" cost the Posse the match best summed up the game itself.

Chase scored first at 10:44. Princeton tied the game at 8:02 with a short-handed goal scored by Nick Ceconi with assists going to Kyle L'Arrivee and John Minot. Before play could resume, referee Darin Harold presented L'Arrivee with the puck that earned him his 100th career

point as a Posse player.

The second period was all Chase as the Chiefs added three unanswered goals, one on the power play.

Chase added goal number five at 12:57 in the third period.

Princeton did a great job of keeping the puck in the Chase zone throughout the game but saw few breaks that led to goals, but with only 27-seconds left in the game Brooks Christensen added another Princeton goal to the scoreboard.

Assists went to Wade Masch and Princeton's very own Nick Yee who was in a Posse uniform as an 'AP' and collected his first ever Junior B point.

Final score: Chase 5, Princeton 2. Shots on goal: Princeton 35, Chase 24. The Princeton Dairy Queen/Overwaitea Foods players of the game were: #3 - Brooks Christensen, #2 - Kyle L'Arrivee and #1 - John Minot.



Fan Favourite Derrick DeLisser with Gunn, Hladun and Robillard. *



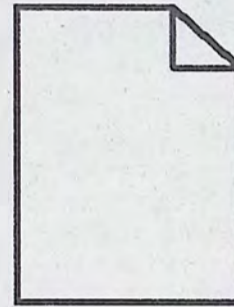
FAX SERVICE

SENDING OR RECEIVING

AVAILABLE AT:

Similkameen News Leader
226A Bridge Street

Phone: (250) 295-4149
Fax: (250) 295-4103



RESUME

NEED SOME WORK?

SEE BRENDA AT:

Similkameen News Leader
226A Bridge Street

Phone: (250) 295-4149
Fax: (250) 295-4103

Princeton Area Ghost Towns - The DVD



\$19.99
INCLUDES GST

Available at:

Similkameen News Leader

www.thenewsleader.ca

Explore The History Of Mining - Gold, Copper and Coal

Princeton Posse 2006/07 - The DVD



\$19.99
INCLUDES GST

Available at:

Similkameen News Leader

www.thenewsleader.ca

Over 400 Photos - Player Profiles - News Stories

Just The Fax, Ma'am!

Cover2Cover Bookkeeping & Office Services



226A Bridge Street
Princeton

(250) 295-4149

"Buy Canadian...Shop Local."

PROVIDING RESUMÉ, WORD PROCESSING, FAX, SCANNING AND COPYING SERVICES

www.lovechunk.info

Here's My Card!
Advertise Your Business Here For As Little As...

\$ 10.00 PER WEEK

Call Us For Details!
Similkameen News Leader (250) 295-4149

*PARTNERS
in GRIME*

Partners in Grime
by Neil Anderson

Available at
Princeton Pharmasave
and
Backroads Bike Shop

NEIL ANDERSON

Similkameen News Leader
AN INDEPENDENT NEWSPAPER



There Are No Chains On Us!
100% LOCALLY OWNED & OPERATED

226A Bridge Street, P. O. Box 956, Princeton, B. C., V0X 1W0
Phone: (250) 295-4149 • Fax: (250) 295-4103
www.thenewsleader.ca

Princeton Posse 2006/07 - The DVD

Princeton Posse 2006/07 - The DVD



Player Profiles - Game Photos - Awards - In The News
Copyright 2007 by George Elmer - Elmer Publishing Inc. - www.similkameennewsleader.ca

\$19.99
INCLUDES GST

Available at:
**Similkameen
News Leader**
www.thenewsleader.ca

Over 400 Photos - Player Profiles - News Stories

Just The Fax, Ma'am!

**Cover2Cover Bookkeeping
& Office Services**



226A Bridge Street
Princeton
(250) 295-4149

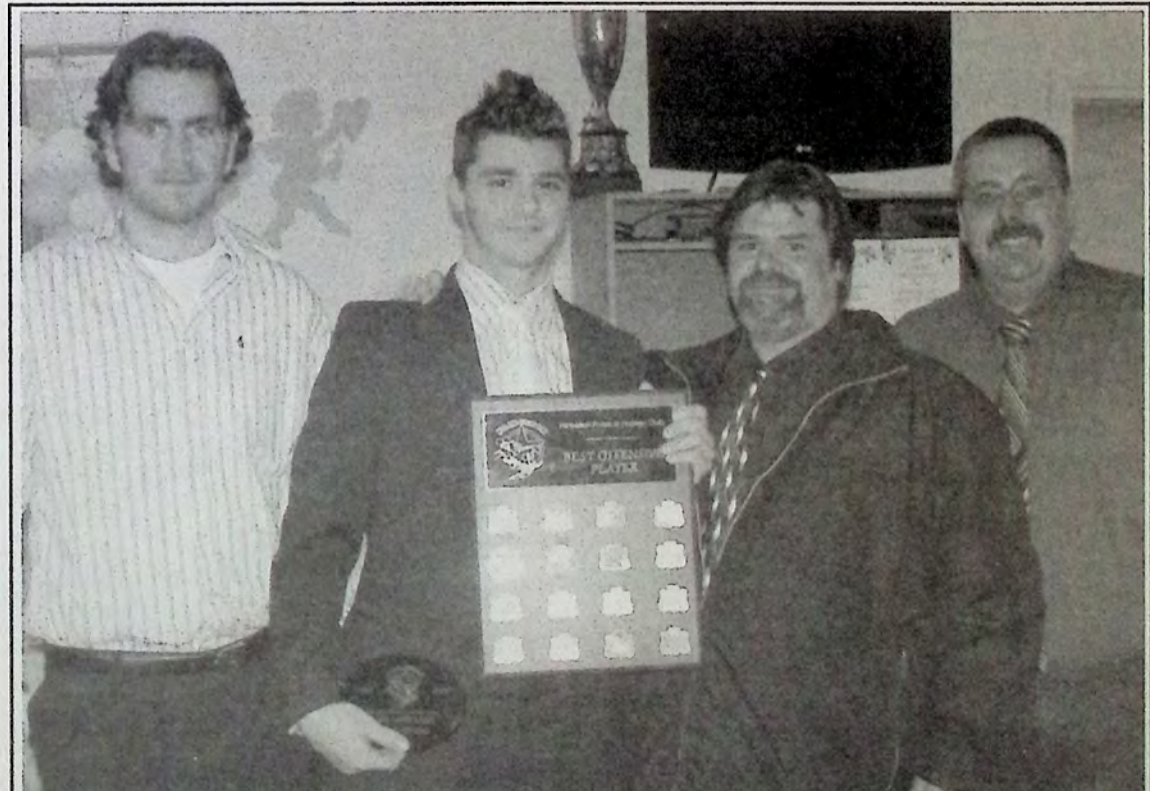
PROVIDING RESUMÉ, WORD PROCESSING,
FAX, SCANNING AND COPYING SERVICES



Derrick DeLisser was named Hardest Working Player at the Posse Awards Banquet February 22nd. He is joined by Assistant Coach Tyler Gunn, Head Coach Dale 'Duner' Hladun and Assistant Coach Kevin Robillard. DeLisser also received the Fan Favourite Award. *



John Minot was named Most Improved Player at the February 22nd Princeton Posse Awards Banquet. He was presented his award by Gunn, Hladun and Robillard. *



Kyle L'Arrivee was named Princeton Posse Best Offensive Player at the February 22nd Awards Banquet. He was also named Most Valuable Player. He celebrated the honour with his coaching staff. *

TUESDAY, FEBRUARY 24, 2009

Table with 20 columns (WTBS, CHBC, KNOW, KSPS, KHQ, KREM, A&E, KXLY, BCTV, CIVT, CBC, YTV, TSN, VTV, DISC, FAM, CITY, SPIKE, TROP) and 24 rows (6 AM to 11:30 PM) listing TV programs and channels.

WEDNESDAY, FEBRUARY 25, 2009

Table with 20 columns (WTBS, CHBC, KNOW, KSPS, KHQ, KREM, A&E, KXLY, BCTV, CIVT, CBC, YTV, TSN, VTV, DISC, FAM, CITY, SPIKE, TROP) and 24 rows (6 AM to 11:30 PM) listing TV programs and channels.

News Leader Horoscopes

February 25 - March 4, 2009

Aries - You begin what is probably your best time of the year. Your energy soars, you feel happier. Make the most of it. Finish projects, clear out, clean out, ready for summer.

Taurus - Plans put on hold can go ahead now. Career continues positive and demanding to mid-March. Your mind is at ease.

Gemini - Take care of unfinished business and/or projects because your career is going to rev up and become hectic two weeks from now. Plans on hold will move ahead fast.

Cancer - Keep working on financial planning. Career plans may reach standstill until late March. Be cautious while driving all March (accident potential). Talk to neighbours, siblings.

Leo - This month, you need to look at financial planning. What can you do to make your position secure? Don't daydream: plan! Take care of taxes, insurance, debts.

Virgo - Get ready for unexpected happenings related to friends, partner. They may seem unpredictable or flighty. Relationships change. There could be disputes. Love affairs are unstable.

Libra - Partner's income may change, be disrupted in March. Your income may become unstable. Be conservative in spending, take care of business. Be reliable, dependable.

Scorpio - Family life is demanding, home needs work. You want to have more fun, be creative. Health is good, job runs smoothly. You may feel lazy or just too laid back. Smarten up!

Sagittarius - You enjoy taking short trips, doing things in your own community. Career is still demanding. Home life is full of unexpected events. Focus on home and community.

Capricorn - Plans for improving home have to be put on hold. Family plans, too. When you spend this month, be sure it is for real value. Travel is restricted. Finances are an issue. Control.

Aquarius - Tension occurs as a result of limitations to what you want. Put your financial house in order. Sibling or neighbour changes relationship. Try to be nicer to people.

Pisces - Good conditions will last all month if you focus on self-improvement. Don't let childish thought patterns alienate others. Strive to be mature. Take care of business, keep temper.

News Leader Recipe Corner (Recipe #260)

Brought To You By: Similkameen News Leader

Mexican Fish Salad

Prep Time: 10 minutes / Servings: 4 / Total Time: 25 minutes

Ingredients

- 4 BlueWater Potato Crunch Fillets
- 4 cups shredded lettuce
- 1 (4oz) can Diced Green Chiles
- 1/3 cup sliced green onions
- 1 large tomato, seeded and chopped
- 1/3 cup sliced ripe olives
- 1 cup shredded cheddar cheese
- 1 cup medium heat salsa
- 1/2 cup crushed tortilla chips

Preparation

Cook fish fillets according to directions and cut each fillet into 4 pieces. Layer lettuce, fish, chilies, onions, tomato, olives, cheese, and salsa in a large salad bowl. Toss right before serving. Garnish with tortilla chips.

- News Canada

FREE Better Homes & Gardens RECIPES 24/7
<http://myhomeandgardennews.blogspot.com>
A FREE SERVICE OF SIMILKAMEEN NEWS LEADER

If you have a favourite recipe you would like to share, contact us for details!

226A Bridge Street, Princeton

Princeton Area Ghost Towns - The DVD

Princeton Area Ghost Towns
 Windy - Windfall - Windburn - Copper Mountain - Granite Creek - Sandville



\$19.99
 INCLUDES GST

Available at:
**Similkameen
 News Leader**
www.thenewsleader.ca

Explore The History Of Mining - Gold, Copper and Coal

tuesday movies

AFTERNOON

5:00 pm WTBS (3) ★★½ "The Last Castle" (2001, Suspense) Robert Redford. A court-martialed general leads a revolt against a corrupt warden in a military prison. (E)

EVENING

9:00 pm WTBS (3) ★★½ "The Last Castle" (2001, Suspense) Robert Redford. A court-martialed general leads a revolt against a corrupt warden in a military prison. (E)

wednesday movies

AFTERNOON

5:00 pm WTBS (3) ★★ "Sleepers" (1996, Crime Drama) Kevin Bacon. A DA and a reporter fix the trial of childhood pals who killed a sadistic guard they all knew as teens in a detention center. (E)

EVENING

9:00 pm WTBS (3) ★★ "Sleepers" (1996, Crime Drama) Kevin Bacon. A DA and a reporter fix the trial of childhood pals who killed a sadistic guard they all knew as teens in a detention center. (E)

Princeton Posse 2006/07 - The DVD

Princeton Posse 2006/07 - The DVD



\$19.99
 INCLUDES GST

Available at:
**Similkameen
 News Leader**
www.thenewsleader.ca

Over 400 Photos - Player Profiles - News Stories

thursday movies

EVENING

7:00 pm WTBS (3) ★★½ "Orange County" (2002, Comedy) Colin Hanks. A high schooler tries to fix a mistake after his guidance counselor sends the wrong papers to Stanford University. (E)

9:00 pm CHBC (4) "Time and Again"

(2007, Drama) Brooke Burns. An old music box allows a woman to travel back in time and change tragic events. (E)

10:15 pm WTBS (3) ★★½ "Orange County" (2002, Comedy) Colin Hanks. A high schooler tries to fix a mistake after his guidance counselor sends the wrong papers to Stanford University. (E)

friday movies

AFTERNOON

5:00 pm WTBS (3) ★★ "American Beauty" (1999, Comedy-Drama) Kevin Spacey. A man in midlife crisis and at odds with his wife begins working out to impress his teenage daughter's friend. (E)

EVENING

7:00 pm YTV (18) ★★ "Yours, Mine and Ours" (1968, Comedy) Lucille Ball. A widow with eight children meets, courts and weds a widowed Navy officer with a brood of 10. (In Stereo) (E)

7:30 pm FAM (26) ★★ "The Neverending Story" (1984, Fantasy) Barret Oliver. Premiere. An imaginative boy is transported to a magical kingdom in danger of destruction.

9:00 pm WTBS (3) ★★ "American Beauty" (1999,

Comedy-Drama) Kevin Spacey. A man in midlife crisis and at odds with his wife begins working out to impress his teenage daughter's friend. (E)

FAM (26) ★★ "Camp Nowhere" (1994, Comedy) Jonathan Jackson. Youths dupe their parents into sending them to an unsupervised summer camp. (E)

10:00 pm KNOW (5) ★★½ "Six O'Clock News" (1997, Documentary) Premiere. Filmmaker Ross McElwee examines the stories that lurk behind television's coverage of disastrous events. (E)

10:36 pm FAM (26) ★★ "Miracle" (2004, Drama) Kurt Russell. Coach Herb Brooks leads the U.S. Olympic hockey team to victory over the Soviet team in 1980.

THURSDAY, FEBRUARY 26, 2009

Grid for Thursday, February 26, 2009. Columns: Time, Channel, Program, and 18 other channels (WTBS to TROP). Rows: 6 AM to 11 PM.

FRIDAY, FEBRUARY 27, 2009

Grid for Friday, February 27, 2009. Columns: Time, Channel, Program, and 18 other channels (WTBS to TROP). Rows: 6 AM to 11 PM.

We're different, and we like that.

Similkameen News Leader

CARTER'S Sudoku Challenge

CREATED FOR THE NEWS LEADER BY CARTER BOSWELL

HOW TO PLAY:

Sudoku is a game of logic. There is no math involved. The object of the game is to fill the grid so that the numbers 1 through 9 appear only once in each row, column and 3 x 3 box. The numbers can appear in any order and Carter has left you some clues below.

CHALLENGE #169 - Rated Easy

7		5	2					
	6			4				7
		2	3			4		5
			5		4	7		1
	7							2
2		6	7		1			
4		1			7	9		
	3			1				4
					8	2		

CHALLENGE #170 - Rated Hard

		1	8					4
	6							7 8
9				5		2		
8				6				
2			5		4	7		
	9	5		3				4
			6					9
6			2					8
	3			9	5	4		

THIS WEEK'S SOLUTIONS:
Page 20

Carter's Sudoku Challenge grids, puzzles and solutions copyright 2009 Carter Boswell, Princeton, BC and published by Similkameen News Leader

saturday movies

MORNING

10:00 am WTBS (3) ★★½ "Honey, I Blew Up the Kid" (1992, Comedy) Rick Moranis. The wacky inventor who shrunk the kids makes his 2-year-old boy the size of a Las Vegas casino. (E)

AFTERNOON

12:00 pm FAM (26) "Zenon: Z3" (2004, Science Fiction) Kirsten Storms. As Zenon prepares for an important contest, an activist seeks her help in a quest to prevent the moon's colo-

nization. (E)

1:30 pm FAM (26) "The Cheetah Girls: One World" (2008, Comedy-Drama) Adrienne Bailon. The Cheetah Girls go to India to appear in a Bollywood musical, but the director can choose only one of them for the role. (E)

4:00 pm YTV (18) ★★ "Casper: A Spirited Beginning" (1997, Comedy) Steve Guttenberg. The lovable apparition is aided by a 10-year-old boy in his quest to save an old mansion from being demolished. (In Stereo) (E)

5:00 pm WTBS (3) ★★½ "Guess Who" (2005, Comedy) Bernie Mac. The sarcastic patriarch of a black family freely expresses his opinion of his daughter's white boyfriend. (E) SPIKE (44) ★★½ "Star Wars: Episode III - Revenge of the Sith" (2005, Science Fiction) Ewan McGregor. Seduced by the dark side, Anakin Skywalker turns against his mentor, Obi-Wan Kenobi and becomes Darth Vader. (In Stereo)

EVENING

6:00 pm CITY (29) "Earthstorm" (2006, Science Fiction) Stephen Baldwin. Scientists turn to a demolitions expert for help after learning the instability of the moon threatens all life on Earth. (E)

7:00 pm WTBS (3) ★★ "U.S. Marshals" (1998, Crime Drama) Tommy Lee Jones. A chief deputy and his team pursue an escaped fugitive accused of killing two gov-

ernment agents. (E) 8:00 pm CHBC (4) "A Job to Kill For" (2006, Suspense) Sean Young. An executive at an advertising agency lands in trouble when a beautiful woman helps him save a major account. (E)

9:00 pm KXLY (10) ★★ "Bewitched" (2005, Romance-Comedy) Nicole Kidman. An actual witch and a neurotic movie star land the lead roles in a television remake of the 1960s sitcom. (In Stereo)

VTV (22) "Mayerthorpe" (2008, Docudrama) Henry Czerny. Heavily armed, habitual criminal James Roszko shoots and kills four members of the Royal Canadian Mounted Police. (In Stereo) (E)

FAM (26) ★★ "Rudy" (1993, Drama) Sean Astin. With heart and determination an Illinois youth tackles shortcomings to play Notre Dame football. (E)

10:00 pm WTBS (3) ★★ "Love Walked In" (1997, Suspense) Denis Leary. Things don't go well for a lounge pianist using his singer girlfriend to seduce and blackmail a rich patron.

10:31 pm FAM (26) ★★½ "Short Circuit" (1986, Comedy) Ally Sheedy. An animal lover befriends harmless runaway military robot No. 5, followed by its inventor. (E)

11:00 pm SPIKE (44) ★★ "The Big Bounce" (2004, Comedy-Drama) Owen Wilson. A seductive woman asks a drifter who works for a judge to help her double-cross a shady developer. (In Stereo)

sunday movies

MORNING

8:00 am WTBS (3) ★★ "I Am Sam" (2001, Drama) Sean Penn. A man with the mental capacity of a child hires a lawyer to regain custody of his daughter.

10:30 am WTBS (3) ★★½ "Romy and Michele's High School Reunion" (1997, Comedy) Mira Sorvino. Two pinheads try to impress former classmates with far-fetched success stories.

AFTERNOON

12:00 pm FAM (26) "Jump In!" (2007, Drama) Corbin Bleu. A promising young boxer joins an all-girl team to compete in double Dutch jump-rope. (E)

SPIKE (44) ★★½ "Star Wars: Episode III - Revenge of the Sith" (2005, Science Fiction) Ewan

McGregor. Seduced by the dark side, Anakin Skywalker turns against his mentor, Obi-Wan Kenobi and becomes Darth Vader. (In Stereo)

12:30 pm WTBS (3) ★★½ "Alfie" (2004, Comedy-Drama) Jude Law. A Londoner continues his womanizing ways while working as a chauffeur in New York.

1:32 pm FAM (26) ★★ "Angus" (1995, Drama) Charlie Talbert. An overweight freshman who pines for a pretty cheerleader is the target of a high-school quarterback's cruel prank. (E)

2:30 pm WTBS (3) ★★ "Disclosure" (1994, Suspense) Michael Douglas. A computer-firm boss seduces her married co-worker, then accuses him of sexual harassment.

3:00 pm VTV (22) "Plague City: SARS in Toronto" (2005, Drama) Kari Matchett. Canadian health-care workers are on the front line in a battle against the deadly disease SARS when it spreads to Toronto. (In Stereo) (E) (DVS)

4:00 pm YTV (18) ★★ "Stuart Little 2" (2002, Comedy) Geena Davis. Stuart the mouse and Snowball the cat journey through New York City to rescue a friend from a falcon. (In Stereo) (E)

5:00 pm WTBS (3) ★★ "Unfaithful" (2002, Drama) Richard Gere. A man becomes increasingly distraught after he discovers his wife is having an affair with a Frenchman. CBC (13) ★★½ "The Princess Diaries" (2001, Comedy) Julie Andrews. A woman gives etiquette lessons to her reluctant granddaughter who is heir apparent to a throne. (In Stereo) (E)

EVENING

6:00 pm YTV (18) ★★ "Flushed Away" (2006, Comedy) Voices of Hugh Jackman. Animated. After an ignoble landing in Ratropolis, a pampered rodent enlists the help of a sewer scavenger in finding his way back to his posh London flat. (In Stereo) (E)

7:30 pm WTBS (3) ★★ "Unfaithful" (2002, Drama) Richard Gere. A man becomes increasingly distraught after he discovers his wife is having an affair with a Frenchman.

8:00 pm CBC (13) ★★ "The Devil Wears Prada" (2006, Comedy) Meryl Streep. A recent college graduate lands a job working for a famous and diabolical editor of a New York fashion magazine. (In Stereo) (E)

9:00 pm KREM (8) "Jesse Stone: Thin Ice" (2009, Crime Drama) Tom Selleck. Premiere. A police chief lands in trouble with the town council after a shootout on the streets of Boston. (In Stereo) (E)

FAM (26) ★★ "Bob the Butler" (2005, Comedy) Tom Green. A novice manservant takes a job with a neurotic single mother and her mischievous children. (E)

10:00 pm WTBS (3) ★★ "Mimic" (1997, Horror) Mira Sorvino. Married scientists battle killer cockroaches with the ability to assume human form.

10:32 pm FAM (26) ★★ "Space Jam" (1996, Comedy) Michael Jordan. Live action/animated. NBA star Michael Jordan helps the good Looney Tunes take on the bad Monstars in a basketball game.

11:00 pm SPIKE (44) ★★ "Extreme Ops" (2002, Action) Devon Sawa. Members of a film crew and three athletes try to elude a Serbian war criminal and his gang of terrorists in the Austrian Alps. (In Stereo) (E)

Cover2Cover Bookkeeping

& Office Services

Fax Services
Scanning
Word Processing
Resumes - Letters

(250) 295-4149
226A Bridge Street

Cover2Cover Bookkeeping

& Office Services

Fax Services
Scanning
Word Processing
Resumes - Letters

(250) 295-4149
226A Bridge Street

We're different, and we like that.

Similkameen News Leader

SATURDAY, FEBRUARY 28, 2009

Table with 20 columns (WTBS to TROP) and 24 rows (6 AM to 11:30 PM) listing TV programs and their corresponding channels.

SUNDAY, MARCH 1, 2009

Table with 20 columns (WTBS to TROP) and 24 rows (6 AM to 11:30 PM) listing TV programs and their corresponding channels.

MONDAY, MARCH 2, 2009

	WTBS (3)	CHBC (4)	KNOW (5)	KSPS (6)	KHQ (7)	KREM (8)	A&E (9)	KXLY (10)	BCTV (11)	CITV (12)	CBC (13)	YTV (18)	TSN (19)	VTV (22)	DISC (24)	FAM (25)	CITY (29)	SPIKE (44)	TROP (45)
6 AM	Jeffersons	News (N)	(6:12)	Bob Build	News (N)	News (N)	The Sopranos	News	(5:30) News (N)	(4:30) News (N)	CBC News: Morning (N)	Being Ian	SportsCentr e	Canada AM	Daily Planet	Henry's	CityLine	Married... Married...	Once a Thief
6:30 AM	Jeffersons	Tube Tales	George S.	Lions								Team				King			
7 AM	In the Heat of the Night	Room	Martha	Arthur (E)	Today (N)	The Early Show (N)	Amer. Justice: Killer	Good Morning America (N)			Turbo	Hawks	SportsCentr e		Cash Cab	(8:58)	The Tyra Banks Show	Married... Married...	The Outer Limits
7:30 AM		That News	Dora	Martha							Animal	Dinosaur		Out Cold	Phineas				
8 AM	Cosby	Ad Pers	(7:58) Hi-5	Curious			Cold Case Files			100 Huntley Street (N)	Bo On Go	Pokemon	SportsCentr e	How-Made	Weekend	Rachael Ray	Unsolved Mysteries	North of 60	
8:30 AM	Cosby	What	Magic Bus	Sid							Busytown	Viva Pinata		How-Made	K. Possible				
9 AM	Fam. Feud	Three Takes	Berenstain	Super Why!		The 700 Club	Cold Case Files	Regis and Kelly	100 Huntley Street (N)	Hospital for Sick Kids	Super Why!	Rolie Polie	Off-Record	Regis and Kelly	Daily Planet	Feet	News (N)	Unsolved Mysteries	TV Made
9:30 AM	Fam. Feud		Clifford	Clifford							Gofrette	Timothy	Fishing		Tigger	City			
10 AM	Trivial	The Mom Show	Noonbory	Sesame Street (E)		The Price Is Right (N)	CSI: Miami "Free Fall"	The View (N)	World Vision	World Vsn House	Wilbur	George S.	Bowling	The View (N)	Ult Cars	Mickey	The O.C.	Unsolved Mysteries	What
10:30 AM	Trivial		(10:36)								Doodlebob	Berenstain		Destroyed	Handy				
11 AM	Harvey	One House	Rolie Polie	Dragon	Ellen DeGeneres Show	Young and the Restless	Crossing Jordan	Paid Prog.	World Vision	(10:59) News (N)	Miracles	Dewitt	Billiards: WPBA	Twice in a Lifetime	Mega Builders	Benj Bear	The Bonnie Hunt Show	Unsolved Mysteries (N)	Beverly Hills, 90210
11:30 AM	Harvey	Designer	Berenstain	Sit-Be Fit							Antiques	Willa			(11:25) King				
12 PM	Fresh Pr.	Chef	(12:01)	Charlie Rose	Paid Prog.	News (N)	The Sopranos	All My Children (N)	News (N)	Days of our Lives (N)	News	Mr. Men	Motoring 2009	etalk	Super Ships	(11:49)	CityLine	CSI: NY	Seinfeld
12:30 PM	Fresh Pr.	Design U	(12:39)								CBC News	George S.		Bold	Weekend				
1 PM	Still Stnd	Home to	Maggie	The Brain Fitness Program	Days of our Lives (N)	As the World Turns (N)	Amer. Justice: Killer	One Life to Live (N)	As the World Turns (N)	As the World Turns (N)	Martha Stewart	Jacob Erky Perky	Wtr. X-Games	Sue Thomas: F.B.Eye	Dirty Jobs	Dragon	ER	CSI: NY	Raymond
1:30 PM	Still Stnd	Parents	Daniel												Emperor				
2 PM	King	Guiding Light (N)	Franklin	BluesClues	The Bonnie Hunt Show	Guiding Light (N)	Cold Case Files	General Hospital (N)	Young and the Restless	The Doctors	Steven and Chris	Viva Pinata	Horn	General Hospital (N)	MythBuster s	(1:54)	News (N)	CSI: NY	Raymond
2:30 PM	King											Ruby	Interruptio		K. Possible				
3 PM	Seinfeld	Split Ends	(3:01) Zobofo	WordGirl	Judge	Dr. Phil	Cold Case Files	Rachael Ray	The Doctors	Young and the Restless	Living Food	Gross	Off-Record	Dr. Phil	Worst Handyman	Replace	News (N)	CSI: NY	What
3:30 PM	Friends		"Ants and Eaters"									Pokemon	Sports		Emperor				
4 PM	Payne	Debt Part		Fetch! Ruff	Judge J.	Oprah Winfrey	CSI: Miami "Free Fall"	Deal No	Oprah Winfrey	(3:59) News	Fashion F.	SpongeBob	NHL Hockey: Colorado	Ellen DeGeneres Show	Daily Planet (N)	(4:08)	Law & Order: SVU	CSI: Crime Scn	TV Made
4:30 PM	Payne	Deal No	George S.	Cyberchas	Judge J.			Deal No		Global	Red Green	OddParent	Avalanche at New York Islanders.		Phineas				
5 PM	Movie: "Out of Time" (2003)	News (N)	Martha	BBC News	News (N)	News (N)	Intervention "John"	News	News (N)	(4:59) News (N)	Simpsons	OddParent	MythBuster s	News (N)	Suite Life	The Bachelor (Season	CSI: Crime Scn	Tube Tales	
5:30 PM			(5:35)	Business	NBC News	CBS News		ABC News	Global		Fortune	SpongeBob			Montana				
6 PM	Denzel Washington.	Global	Taste Buds	News-Lehrer	News (N)	News (N)	Intervention "Nik" (N)	News	News (N)	ET Canada	News	Drake		News (N)	Dirty Jobs	Zoey 101	Police Shootout	Make	
6:30 PM		News	Mechanics	Millionaire	Hollywood					Entertain		iCarly	SportsCentr e (Live)		Life Derek				
7 PM	Brother	E! News	Undersea	Celtic Thunder	Jeopardy!	The Doctors	Paranormal	Entertain	Entertain	Heroes "Exposed" (N)	Coronatn	Adrenaline		etalk	Guinea Pig	Wizards	(7:02) The Bachelor (N)	Police Shoot.	Soap
7:30 PM	Seinfeld	The Insider	Landscape		Fortune						Jeopardy!	Prank Ptr	Hockey	Hollywood	Guinea Pig	Moutana			
8 PM	Family Guy	The Soup	History of Britain		Chuck (N)	Big Bang	Paranormal	The Bachelor (Season Finale) (N)	24 (N) (PA)	24 (N) (PA)	Mosque	Malcolm	Sports	Big Bang	Daily Planet	Suite Life	News (N)	Special Forces	Deal-No Deal
8:30 PM	Family Guy	How I Met				How I Met					Sophie	Futurama	Off-Record	Gary	Buzz	(8:35) News			
9 PM	Movie: "Out of Time" (2003)	Rules	Life of Frida Kahlo	Great Performances	Heroes "Exposed" (N)	Two Men Rules	Intervention "John"				Just for Laughs (N)	Prank Ptr	Boxing: Friday Night Fights. (Taped)	Two Men (9:31)	Dirty Jobs	Wizards	(9:06) Jimmy Kimmel	CSI: NY	Seinfeld
9:30 PM		Rules									Zixx Level				Life Derek				
10 PM	Denzel Washington.	Snoop	EltonJohn-Opra		Medium (N)	CSI: Miami (N)	Intervention "Nik" (N)	(10:02) The Bachelor (N)	Heroes "Exposed" (N)	News Hour Final (N)	National	Falcon Beach		CSI: Miami (N)	Guinea Pig	School	Rock of Love	Disorderly Con.	Married...
10:30 PM		Snoop												Guinea Pig	Cory				
11 PM	Sanford	News (N)	Haida Art	Charlie Rose (N)	News (N)	News (N)	Paranormal	News	News (N)	Entertain	(11:05) The Hour	Mystery	SportsCentr e (Live)	News (N)	MythBuster s	Suite Life	Judge	Most Amazing Videos	Raymond
11:30 PM	Montel W.		Landscape		Tonight	Late Show		(11:35)		ET Canada		Ghost		News (N)	Life Derek	Paid Prog.			

monday movies

AFTERNOON

5:00 pm WTBS (3) ★★½ "Out of Time" (2003, Suspense) Denzel Washington. Considered a suspect in a deadly arson, a police chief must cover his tracks while trying to prove his innocence. (E)

9:00 pm WTBS (3) ★★½ "Out of Time" (2003, Suspense) Denzel Washington. Considered a suspect in a deadly arson, a police chief must cover his tracks while trying to prove his innocence. (E)

EVENING

VISIT US ONLINE AT:
www.thenewsleader.ca
 LOCAL NEWS/SPORTS - LETTERS TO THE EDITOR - EDITORIALS
 COURT NEWS - CLASSIFIEDS - WEATHER - ROADS

We're different, and we like that.
 Similkameen News Leader
www.thenewsleader.ca

ADVERTISING WORKS... OR YOU WOULDN'T BE READING THIS!

For information on how to get people reading YOUR ad call:

JOHN GILLIS
 News Leader
 Advertising Sales Rep
 (250) 295-4149

Similkameen Souvenirs

TAKE HOME A UNIQUE SOUVENIR FROM YOUR VISIT!

Bryan Smith's "Similkameen" DVD
\$15.00
 Featuring 200 Photos of the Similkameen Valley

George Elliott's "Princeton Posse" DVD
\$19.99
 Featuring 400+ photos from the 2006/07 season!

George Elliott's "Ghost Towns" DVD
\$19.99
 Take a guided tour of the history of mining!

AVAILABLE AT:
 Similkameen News Leader
 226A Bridge Street, Princeton
 (250) 295-4149 1-888-350-9969

ads@thenewsleader.ca

Similkameen News Leader, 226A Bridge Street, P. O. Box 956, Princeton, B. C., V0X 1W0

Classified Advertising Rates



25 words \$6.50 (includes GST)
Pay for 2 weeks and get the third week FREE!
(.5¢ for each additional word)



All Classified Ads **must** be paid in advance!

Payment methods accepted:

Cash, Cheque, Debit Card,
MasterCard, Visa or American Express.



WEEKLY DEADLINE IS 12 NOON FRIDAYS



obituary

obituary



Robert Edgar Compton



Passed away on February 10, 2009 at Ridgewood Lodge in Princeton at the age of 85 years. Bob was a member of the BC Elks Association and of the Royal Canadian Legion.

He will be lovingly missed by his step-son David (Elizabeth) Henley, granddaughter Stephanie Henley, and sister-in-law Pat (Bill) Fillmore, all of Trail, BC, nieces; Mary Wood of Red Deer, Alberta, Ruth Drew of Olds, Alberta and nephew Don McGarva of Edmonton, Alberta. Bob was predeceased by his daughter Marilyn Compton, his parents, three sisters and two brothers.

Arrangements entrusted to
HANSONS' PRINCETON FUNERAL CHAPEL (250) 295-6102

Howe (nee Maten) Amelia Eugene "Emma"

Born June 9, 1935, passed away February 17, 2009 after an illness with cancer. She is survived by her husband Ed of 53 years, a step-daughter from Port Alberni, Cindy (Don) Prefontaine, 3 sons in Princeton, Dan (Barb), Bill (Connie), Bob (Teena), and numerous grand and great grandchildren. No service by request. A cremation burial service to be held in the spring.

notices

notices

Here's My Card!
Advertise Your Business Here For As Little As...

\$ 10.00 PER WEEK

Call Us For Details!
Similkameen News Leader (250) 295-4149

Hi, Mom...

To Everything There Is A Season - Ecclesiastes 3:1-8

To every thing there is a season, and a time to every purpose under the heaven: A time to be born, and a time to die; a time to plant, and a time to pluck up that which is planted; A time to kill, and a time to heal; a time to break down, and a time to build up; A time to weep, and a time to laugh; a time to mourn, and a time to dance; A time to cast away stones, and a time to gather stones together; a time to embrace, and a time to refrain from embracing; A time to get, and a time to lose; a time to keep, and a time to cast away; A time to rend, and a time to sew; a time to keep silence, and a time to speak; A time to love, and a time to hate; a time of war, and a time of peace.

for sale

Over 100 evening party dresses from \$50.00 or rent from \$20.00. Call Kim (250) 295-4373 or 295-7988. Nov 25th

2 young cockatiels in premium quality cage with toys and accessories, looking for caring home. Call for info. (250) 295-3097. Feb 10-24

Queen bed, mattress, box spring and roller frame. Asking \$175.00 OBO. Call (250) 499-0168 and leave a message. Feb 24-Mar 10

MOVING SALE

Grizzly bear hide, \$4,000.00, guns (5), books, 5th-wheel mount, Yamaha organ, antiques, desks, computers, '91 Firefly, '91 Dakota, tools, horns (moose, deer, elk), misc. Call (250) 295-7013 to Feb 28. Feb 24

ADVERTISING WORKS

Or you wouldn't be reading this!

Classified Ads
as low as \$6.50 per week (including GST)
For details call the News Leader at:
(250) 295-4149
1-888-350-9969

help wanted

services

TIN MAN METAL ROOFING Sales • Installations

295-3743
1-888-647-3377

Jul 06-tfn

wanted

WANTED: DEAD OR ALIVE!

Large construction equipment. Cats, bulldozers, etc. Call Scotty at (250) 295-0101. Oct 28th

Scrap Metal Removal. Cars, appliances, farm implements, etc. You call - I'll haul. (250) 295-5102 or 295-3055. Jan 20-Feb 24

List something you want to sell here for as low as \$6.50 per week (including GST). Or ask about our rates to advertise on our website. Call (250) 295-4149 or 1-888-350-9969 for details.

card of thanks

Ed Howe and family would like to thank all Princeton General Hospital staff, Princeton Ambulance Services, doctors, nurses, Health Unit Assessors, Princeton Home Support, Meals on Wheels, friends and neighbours for their heartfelt care and assistance to Emma.

Ed Howe and families.

List something you want to sell here for as low as \$6.50 per week (including GST). Call (250) 295-4149 for details.

help wanted



SCHOOL DISTRICT NO. 58 (NICOLA-SIMILKAMEEN)

RELIEF BUS DRIVERS

Applications are invited for the position of Relief Bus Driver with School District No. 58 (Nicola-Similkameen) in Princeton, BC.

Successful applicants will be required to have a Class 2 with air or higher license, and provide a Driver's Abstract.

Application forms are available at Princeton Secondary School, 201 Old Merritt Road, Princeton, BC or online at www.sd58.bc.ca, click on Jobs/Support Positions and follow the prompts. Applications, including a detailed resume with a minimum of three references, will be accepted until **February 26, 2009**. Please forward to:

Attn: Secretary Treasurer
School District No. 58 (Nicola-Similkameen)
P. O. Box 4100, 1550 Chapman Street,
Merritt, B. C., V1K 1B8
Fax: (250) 378-6263

For further information, contact Mr. Jim Garfield at 315-1113.
Only those applicants being interviewed will be contacted.

for rent

For rent immediately - clean, cozy 2-bedroom mobile home in adult park. Covered carport. Quiet area, close to town. Call (250) 295-6760 during office hours or (250) 295-6775 after hours. Nov 05th

1-bedroom suite, downtown. Close to everything. Call Sharon (250) 295-1845. Nov 25th

Princeton Castle Resort

4-5 bedroom lakefront house for rent. \$2,200.00 per month inclusive.

Luxury chalets for rent. \$1,200.00 and \$1,800.00 per month, includes utilities+.

Call (250) 295-7988. Nov 25th

3-bedroom, 64 Billiter Avenue. \$800.00 per month. No pets, no smoking, reference required. Available April 1, 2009. Contact Heather Johnson at Century 21 Princeton Realty. Call (250) 295-6977. Feb 24 - th

1-bedroom apartment for rent in Princeton. Available now. Adult-only building. Applicants will need excellent references and damage deposit. No pets. Phone (778) 786-0935 or (250) 295-1130 for details. Leave a message and phone number you can be contacted at. Feb 17-Mar 03

Newly remodeled apartment. All utilities included. Two bedroom, full bathroom and kitchen. Washer and dryer in unit. Nice neighbourhood. Pets and smoking allowed. \$700 per month. e-mail: michealanders1@gmail.com Feb 10 - Mar 31

Cabin for rent only 5-minutes from town. Needs TLC or handyman. \$500.00 per month plus utilities. Available immediately. Call (604) 275-9036 or (778) 868-6977 or pager (604) 686-3786. Feb 16-Mar 03

List something you want to sell here for as low as \$6.50 per week (including GST). Call (250) 295-4149 for details.

notices

Horse Boarding

Mountain Side Ranch & Stables

(250) 295-3215 10 Mar 03

Barb's Scrapbooking

Come see the Creative Memories line of products including: Albums, Papers, Stickers, Tools & more.

Call Barb for drop-in times.

(250) 295-1389 10 Mar 03

BINGO!

Thursday Nights

Hosted by:

Valley First Princeton Posse Hockey Club

Princeton Elks Hall

4:00 PM - Doors Open/Sales Start
5:30 PM - Numbers Called

Classified Advertising Rates



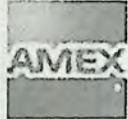
25 words \$6.50 (includes GST)
Pay for 2 weeks and get the third week FREE!
(.5¢ for each additional word)



All Classified Ads must be paid in advance!

Payment methods accepted:

Cash, Cheque, Debit Card,
MasterCard, Visa or American Express.



WEEKLY DEADLINE IS 12 NOON FRIDAYS



notices

MONDAY NIGHT BINGO
IN PRINCETON
SENIOR CITIZENS BR. #30

162 Angela Avenue
4:30 PM Sales Start
5:30 PM 1st 47 Bonanza #'s
SPECIALS, REGULAR GAMES, ODD &
EVEN, PROGRESSIVE SNOWBALL &
LOONIE POT, "LUCKY 7" WON EVERY
MONDAY (MIN. \$50.00 GUARANTEED)
BC Gaming License #9154
"KNOW YOUR LIMIT. PLAY WITHIN IT"

INDIVIDUALLY PREPARED HOROSCOPE

Natural
character chart - \$25.
Basic chart plus
predictive -\$50.

Phone 295-6063
Completely confidential

notices

Narcotics Anonymous

OPEN MEETINGS
Wednesdays 7:30 PM

160 OLD HEDLEY ROAD
Baptist Church Basement
(USE BACK DOOR)
Sundays 7:30 PM
Living Water Foursquare Church, Kenley Avenue

Info: (250) 295-7919 OR 295-6531, 295-6723

Drinking a problem?
Alcoholics Anonymous

Meets 7:30 PM Thursdays
At The Anchorage,
136 Vermilion Ave.

Fred 295-7272/Marena 295-7663

PRINCETON POSSE

First Round Playoff Schedule

Tuesday, January 24

Chase @ PRINCETON - 7:00 PM

Wednesday, January 25

PRINCETON @ Sicamous - 7:30 PM

Thursday, January 26

Kamloops @ PRINCETON - 7:00 PM

Friday, January 27

PRINCETON @ TBA

Sunday, March 1

PRINCETON @ Chase - 7:00 PM

Monday, March 2

Sicamous @ PRINCETON - 7:00 PM

Tuesday, March 3

PRINCETON @ Kamloops - 7:00 PM

Wednesday, March 4

TBA @ PRINCETON - 7:00 PM



www.princetonbcnews.com

sudoku

CARTER'S
Sudoku
Challenge

SOLUTIONS TO PUZZLES ON PAGE 16

CHALLENGE #169 - Easy

745	289	136
963	145	872
812	376	495
389	524	761
174	863	529
256	791	384
421	637	958
538	912	647
697	458	213

CHALLENGE #170 - Hard

321	879	645
564	321	978
987	456	231
843	967	512
216	584	793
795	132	864
472	618	359
659	243	187
138	795	426

RESUME

NEED SOME WORK?

SEE BRENDA AT:

**Similkameen
News Leader**
226A Bridge Street

Phone: (250) 295-4149
Fax: (250) 295-4103

Just The Fax, Ma'am!

**Cover2Cover Bookkeeping
& Office Services**



226A Bridge Street
Princeton

(250) 295-4149

"Buy Canadian...Shop Local."

PROVIDING RESUMÉ, WORD PROCESSING,
FAX, SCANNING AND COPYING SERVICES

help wanted

help wanted

Is debt turning your world
upside down?
Relief is only a call away!

Call Harry Martens, Estate Administrator at
1-800-661-3661 today to set up your free consultation.

Donna Mihalcheon CA, CIRP, KPMG Inc.
Trustee in Bankruptcy.

YARD WORK - PLUS MORE

A GUY FOR ALL SEASONS

Raking - Snow Shoveling - Snow Removal - Weeding
Cutting Lawns - Gardening (Planting) - Maintenance
Watering - House Sitting - Painting

Call Paul 295-7820 or 295-1687 and leave message

LIMITED PRINT BLAKEBURN MAP

"DELUXE EDITION"

is now available at Princeton Pharmasave and Chamber of Commerce
From the Author of: "Blakeburn - B. C.'s Forgotten Ghost Town"



Legion Past President Sharon Paterson (left) presents Certificates of Appreciation to Legion members Chuck Whitlock (center) and Jan Terepocki for service "above and beyond". Photo: Dawn Johnson

..... continued from Page 8
Ordinary member Esther Peardon received a 25 year pin.

Thirty year pins went to ordinary member Norman Swaile, and to Associate members Linda Allison, W.B. Byron and D.A. Maclellan.

Ordinary members Pat Mellor, Muriel Jordan, W. Sanderson, and W. Taylor received 35 year pins, along with Associate members W. Cromarty, Lynda English, P.J. English, Ruby English, Terrance Hicks, Ray Jarvis, Sandra Kinsey and Dave Scotland.

Fifty year pins were awarded to Hurley Conrad, Robert Derker, A.G. Lawrence and Edmond Proulx.

In Honours, Jean Bowles, Cliff Glover, Fred Krenn and Wayne Terpocki received Executive Medal and Bar. The special medal for Past President two or more times went to Ray Jarvis and Bob Paterson. Paterson also received a Poppy Bar and Youth Bar. Russ Pederson received a Youth Bar. Chuck Whitlock was awarded a Sergeant at Arms Bar and Bud Sadegur received the Honours and Awards Bar.



Ladies Auxiliary Zone Commander Mavis Brommeland (left) presents 10 year pins to Elizabeth Kightley and Ann Bauder.



Legion Past President Sharon Paterson (left) presents a 35 year pin to associate member Ray Jarvis. Photo: Dawn Johnson



Legion member Pat Mellor (left) receives his 35 year pin from Past President Sharon Paterson. Photo: Dawn Johnson

VISIT US ONLINE AT:
www.thenewsleader.ca

Princeton Area Ghost Towns - The DVD

Princeton Area Ghost Towns
Blackfoot - Blackfoot - Blackfoot - Copper Mountain - Grand Coulee - Kimberly

\$19.99
INCLUDES GST

Available at:
**Similkameen
News Leader**
www.thenewsleader.ca

Explore The History Of Mining - Gold, Copper and Coal

**MAKE \$2,000
PER WEEK!**
WORK FROM HOME

SEE WHY THE EXPERTS CALL THIS
THE HOTTEST BUSINESS
OPPORTUNITY IN THE WORLD!

Discover the 24 Hour
WEBCASH Secret!

CALL 1-800-719-8268 Ext. 14181
or visit our website at:
www.bengelonlinebusiness.com

THE ADRENALINE RUSH IS FREE



DO YOU:

- Want to feel the excitement and reward of saving lives?
- Want to make a difference and give back to your community?
- Want to learn wilderness survival skills, map and compass navigation skills, GPS and radio operations, search and rescue techniques?

ARE YOU:

- 18 years of age or older and self-motivated (16 with parents' signatures)
- Available to consistently attend regular weekly training sessions?
- Willing to attend Justice Institute of BC Certification in Ground Search & Rescue and other SAR related disciplines and get a First Aid ticket?
- Prepared to represent the 'Team' in a professional and proficient manner and accept direction and guidance?
- Prepared to have a Criminal Record Background Check done?

THEN YOU:

- Should join the Princeton Ground Search and Rescue Team

HOW YOU CAN JOIN:

- Call Arnie at (250) 295-8482 or Randy at (250) 295-5364
- Leave a message at (250) 295-7216
- e-mail pgsr@telus.net for more information

Princeton Ground Search & Rescue Society
is now accepting applications for the
Spring 2009 Training Session

**Princeton Area
Ghost Towns
The DVD**

Only \$19.99
(+\$2.00 S & H)
See Us For Details!

**Cover2Cover
Bookkeeping
& Office Services**

Fax Services
Scanning
Word Processing
Resumes - Letters

(250) 295-4149
226A Bridge Street

editor@thenewsleader.ca

Similkameen News Leader, 226A Bridge Street, P. O. Box 956, Princeton, B. C., V0X 1W0

my turn

Tag...you're it!

The wonders of graffiti.

I don't know about you, but I find a lot of the 'tagging' going on quite an art form. I've seen railway cars, bridges, tunnels and walls covered in some pretty detailed and time consuming art.

Graffiti these days has graduated far and away from the once standard spray-paint obscene scribbling of some angry young person shouting out to whoever could read their handwriting. I think we sort of have the computer age to thank for the demise of that kind of graffiti. When you consider no one knows how to write anymore after growing up with a keyboard or text messaging device attached to your hand, who has time to learn how to use a pen or pencil like they did in ancient times?

What I've also noticed about taggers is that some of them are pretty good at what they do picking visible places and refrain from the obscene ramblings of the pre-computer age spray painter.

I even enjoyed one afternoon of what I considered performance art. Someone chose to spray paint single words in bright green in the snow. Far from permanent. It spoke to me as an observation of how fragile our environment is if you write the word 'SEX' in the snow and it's gone a few days later either melted or accidentally stepped in by those pesky deer we keep seeing around town.

It reminded me of the short-lived chalk drawings on sidewalks you see pictures of in magazines. So beautiful, but gone after a rainfall or a pass by the municipal water truck.

What I don't get is the somewhat hard to read and therefore disturbing messages in magic marker in various locations downtown. What happened to the art? Maybe it's an apprentice out working the streets, getting marked on originality, location, message and keen use of the English language.

If I were one of the judges I would have offered the snow spray painter a bursary of some kind to assist in taking that talent somewhere else where as the current tagger(s) downtown should maybe go back to the drawing board and re-examine the whole point of tagging in the first place.

The best I can figure is it's basically to say 'I was here' and although it is really an act of vandalism, some of the graffiti artists have developed a method of designing their nicknames into a stylized logo that mimics a brand of some kind. While many of them look very attractive and artistic, they are still forms of vandalism.

Myself personally, I sort of like what some of the artwork has become. Take the skateboard park for example. I think the tagging there is not bad.

Where I take exception is when taggers start marking up places that they really shouldn't, like walls, posts and various surfaces in downtown Princeton.

But where else can they go?

EDITORIAL GUIDE

We would like you to write to us, but please remember to abide by anti-discrimination laws.

The News Leader reserves the right to refuse to print any letter which is not signed by the writer or is slanderous, libelous or of uncommon sense!

The Editor reserves the right to condense any letter or to substitute proper language for improper language.

Similkameen News Leader

ISSN 1712-090X

An Independent Newspaper - There Are No Chains On Us!

Published weekly by Bengel Publishing Inc.

226A Bridge Street, P.O. Box 956,
Princeton, B.C., V0X 1W0

Phone (250) 295-4149 • Fax (250) 295-4103

www.thenewsleader.ca

MEMBER OF THE FOLLOWING GROUPS:

Princeton Rotary Club
Similkameen Country, Keremeos
Canadian Federation of Independent Business

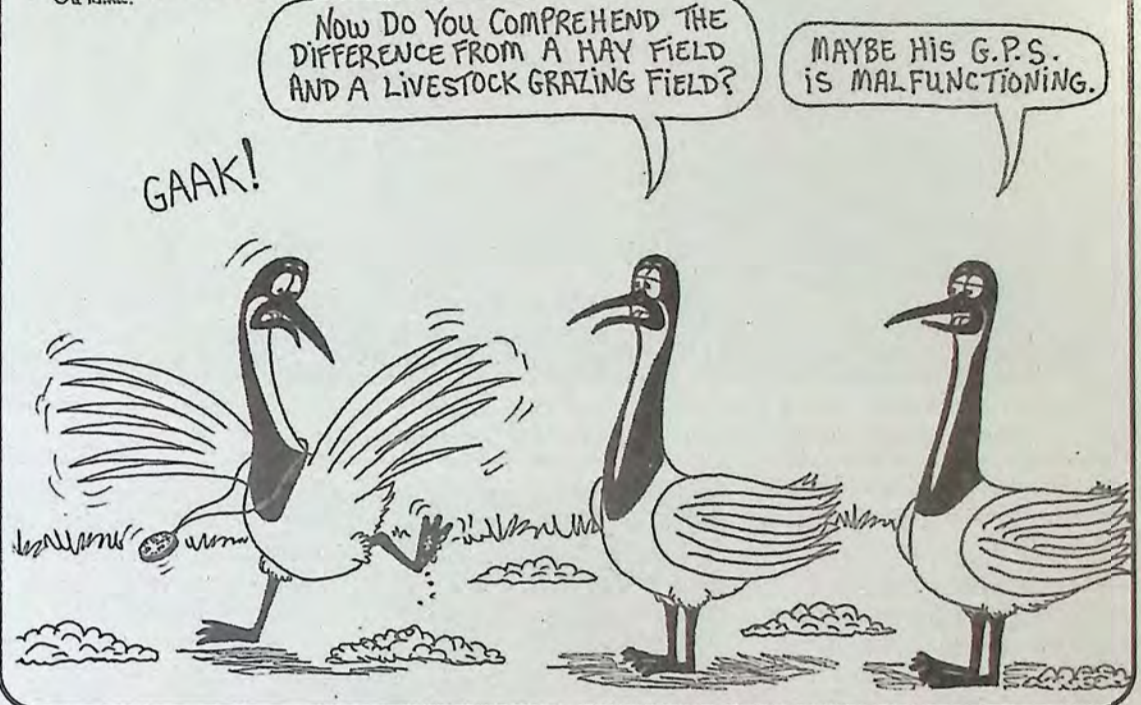
PAP Registration No. 11034

Canada We acknowledge the financial support of the Government of Canada through the Publications Assistance Program towards our mailing costs.

Publisher:
Office Administrator:
Reporter:

George Elliott
Brenda Engel
Dawn Johnson

TIS TOONS



your turn

The Rafe Mair traveling road show

To The Editor;

I understand that Rafe Mair and the Save Our Rivers Society spoke to a gathering in Princeton on Thursday, February the 19th.

If the past is any indicator of what Thursday's meeting was like, Mr. Mair's presentation was undoubtedly short on facts and heavy on misinformation.

The Save Our Rivers Society and their spokesperson, Rafe Mair, are part of an aggressive, well-funded

campaign being waged against all new green energy projects in BC. This campaign has been stacking public meetings all over BC with out-of-town activists who rudely shout down any speaker who disagrees with what they have to say.

The union that represents BC Hydro employees, COPE 378, also figures prominently in this aggressive campaign against new renewable energy sources.

Fortunately, the myths being

spread about run-of-river and other green energy projects, by Mr. Mair and others, are easily discredited and I invite you and your readers to visit our BC Citizens for Green Energy website for more accurate information: www.greenenergybc.ca/myths.html.

BC Citizens for Green Energy is an advocacy group representing a cross-section of British Columbians who encourage a legacy of clean, sustainable electricity for future generations.

Regards,
David Field, Co-spokesperson
BC Citizens for Green Energy
Burnaby, BC

Letter To The Editor

We've gone fool circle!

To The Editor;

Flourishing out of control drug trade, kidnapers, indiscriminate shootings, murder, increasing violence, an insecure populace and a sterile justice system is Afghanistan, right? Wrong!

It's BC's lower mainland and Canada, experiencing a war of creeping moral and economic collapse. Time for Canada to re-deploy our troops from Afghanistan to our Canadian streets and put our own house in order.

One war already is one war too many.

Regards,
Joe Schwarz, Princeton

Letter To The Editor

Who are the real victims?

Dear Editor;

I along with hundreds of Princeton citizens are deeply concerned re the non-renewal by Sergeant Macahonic of Rosemary Doughty's contract with Victim Services and with no explanation.

Rosemary Doughty has worked in Princeton some ten years or more and her services have been excellent with no complaints whatsoever to the contrary everyone has nothing but praise for her.

This Sergeant is stationed here for a short time and decides not to renew Rosemary's contract with no explanation given.

Interior Health say they are not responsible. However, I understand that Victim Services come

under their portfolio.

I also understand that Sergeant Macahonic has no authority re the contract of Victim Services. What gives? From what I heard at the Town Council meeting Monday, February 16th it looks like they are sitting on the fence. They seem reluctant to stand up for Rosemary Doughty who has worked so hard for victimized Princeton citizens.

I would advise that a good lawyer be called in to handle this injustice.

I suppose Sergeant Macahonic will soon be transferred to another small community and Princeton will be without Rosemary.

Sincerely,
Isabella Johnson, Princeton

We're different, and we like that.

Similkameen News Leader

Current Comment:

Some views on the gang war



Dawn Johnson
editor@thenewsleader.ca

The shootings in the Lower Mainland are creating a lot of fear among residents of the area because the shootings are taking place in public places. People are well aware that the gang warfare going on could result in the injury of Mom as she goes to the grocery store or fills the gas tank.

As I watched the gang warfare news on television this month, it reminded me of the gang warfare in Vancouver and Victoria when I was in my teens. As it is today, in those days the shootings were all about drugs. In the 1950's, the drug war was about heroin. This war is about marijuana, and that makes it a matter of concern for all of us.

If you know nothing about gangs, and think they are just something young fellows do to look tough, then you need to know what gangs are really about. These gangs are gangsters. They are organized crime, and organized crime exists to make money. In BC today, there are close to 100 gangs, and the way they make money is from the drug trade. In BC, this means the marijuana trade.

What I see happening is a war between gangs for dominance. Like corporations who try to eliminate the competition through hostile takeovers, gangs see the advantage of eliminating the competition and their methods are very hostile.

The usual gang war for dominance in the drug trade is a fight to control distribution of the drug. In BC, this could get far uglier. Not only due to the high number of gangs, but due to the fact that BC is a major producer of marijuana. Anybody organized enough to do a takeover of distribution will go for control of production. This could affect many communities in BC where grow ops are common.

Although the gun violence seems to be isolated in the Lower Mainland, if the gangsters who win start going for control of production, the violence could spread to the BC Interior in no time flat.

There is another aspect to the war to control the trade. Nobody is safe who has anything to do with producing or selling illegal drugs. Gangs operate on enforced loyalty. That means anybody who is not known as a loyal member of the dominant gang is likely to be eliminated. A family growing a little pot in the basement or a fellow who just sells a little pot to a small circle of friends could suddenly find himself at the wrong end of a pistol or club, and so could anybody who might see or know about any attacks. Organized crime leaves no witnesses alive. The goal of the winning gang will be to eliminate all of the other gangs' connections and put their own loyal members in place to make money. They will go for a monopoly.

Producers and distributors of drugs have always seen the police as the enemy. What we're seeing now is an enemy far worse than the police. If I were in any way linked to the drug trade, I would rather be in police custody than looking over my shoulder for the next gang hit. At least the

police are an enemy you can identify. The gangsters could be anybody. Police play by a set of rules called law. Gangsters do not recognize any rules except absolute loyalty to the gang and deadly force to get what they want.

We have no way of knowing how long this gang warfare will last nor how far it will spread. One thing we do know is that it is going to be very dangerous for anybody having anything to do with the drug trade, including young people who maybe just drop in to a dealer for a couple of grams of pot on a Saturday night. When you have gangsters fighting to dominate the trade and control the flow of money, there is no safe zone around anybody dealing drugs at any level.

During the 1950's, there were very few gangs, but the murders continued for about two years. With so many gangs in BC, who knows how long the gang warfare will go on? There is one thing we can be sure of: the police will not be able to stop it soon. There are just too many people involved and too much territory to cover.

The smart people in the drug trade will pack up and head out to someplace far away from BC, and they won't waste time getting out. The question remains: how many people in the drug trade are smart?

Broadband?
High-Speed Internet is NOW available in
Coalmont and Tulameen!
For information contact:
China Creek Internet Service 295-7944

Princeton Area Ghost Towns - The DVD

\$19.99
INCLUDES GST
Available at:
Similkameen News Leader
www.thenewsleader.ca
Explore The History Of Mining - Gold, Copper and Coal

Similkameen News Leader
AN INDEPENDENT NEWSPAPER - THERE ARE NO CHAINS ON US!

Brenda Engel
OFFICE ADMINISTRATOR
brenda@thenewsleader.ca
George Elliott
OWNER / PUBLISHER
george@thenewsleader.ca
226A Bridge Street
P. O. Box 956, Princeton, B. C., V0X 1W0
Phone: (250) 295-4149 • Fax (250) 295-4103

INVITATION TO WORSHIP

LIVING WATER
FOURSQUARE CHURCH
38 Kenley Avenue
Join Us for a time of
Contemporary Worship Sundays at 10:30 AM
(FOLLOWED BY COFFEE)
PASTOR BOBSTEWART
www.livingwater4sqchurch.com

Princeton Pentecostal Church
(The Pentecostal Assemblies of Canada)
PAOC APDC
165 Vermilion Avenue
(BESIDE THE LIBRARY)
invites you to join us in
SUNDAY WORSHIP
10:30 AM - Morning Worship
7:00 PM - Evening Worship
Pastor Tony Essex 295-7951

BAPTIST CHURCH OF PRINCETON
Family Worship 10:00 AM
Praise & Prayer - 7:00 PM
Wednesdays
COME AND JOIN US!
ACROSS FROM ARENA
OLD HEDLEY ROAD
Pastor Dan Brama
295-7752

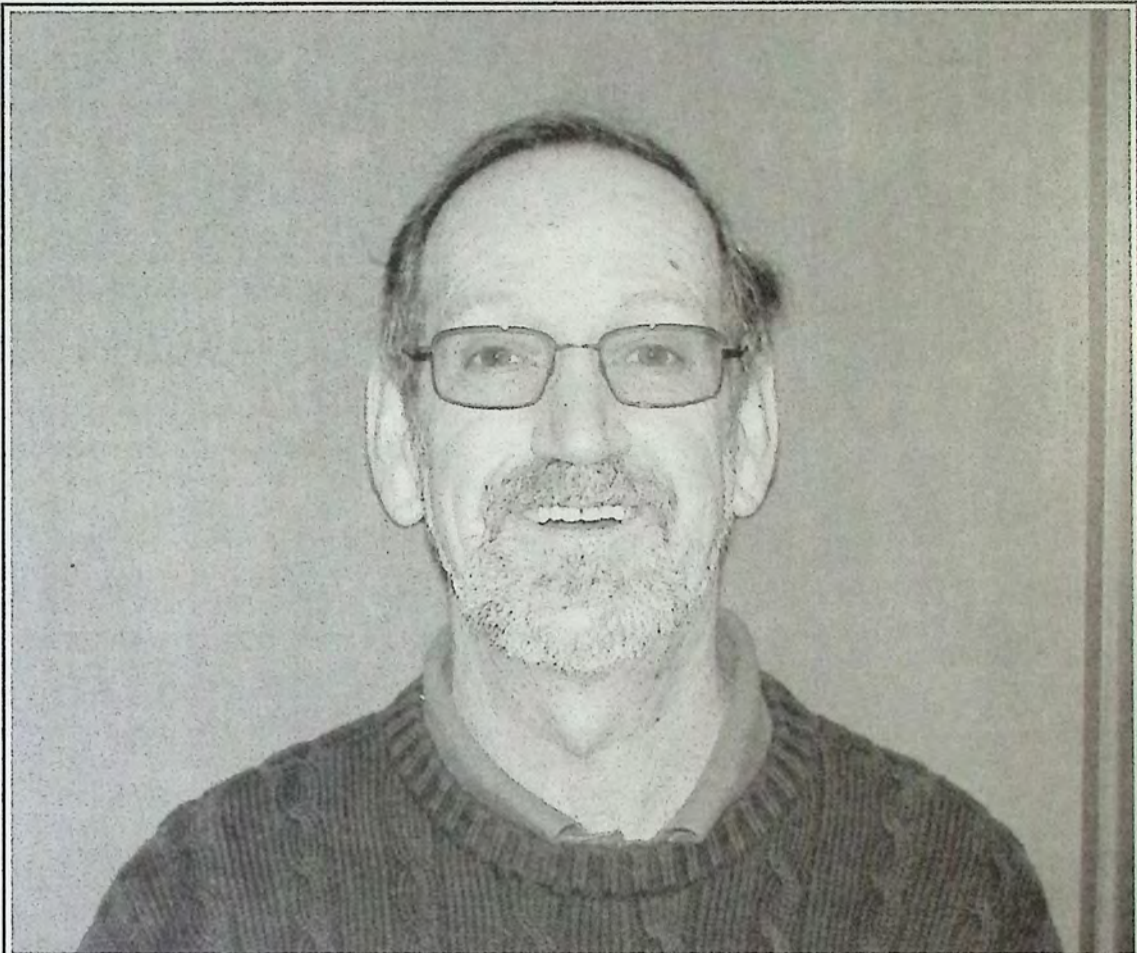
St. Paul's United Church
Office Hours
Tue / Thu 9:30AM - 12 NOON
WORSHIP SERVICE
10:30 AM
190-1st Street (BEHIND COURT HOUSE)
Phone: 295-7714
Also serving the Anglican Community

St. Peter's Roman Catholic Parish
SUNDAY MASS
6:00 PM - Saturday
11:30 AM - Sunday
43 Billiter Avenue, Princeton
(250) 295-3541

SEVEN DAYS WITHOUT GOD... MAKES ONE WEAK!

SINCE 1973


ROBERT R. WICKS
BARRISTER & SOLICITOR
 213 Vermilion Avenue, P.O. Box 760
 Princeton, B.C., V0X 1W0
 Fax: 295-7000 Phone: 295-3123



For more than 26 years Gordon Comeau has contributed to education in the province and his community as a School Trustee in School District 58 (Nicola-Similkameen). Comeau served as President of the BC School Trustees' Association and has served as President of the Canadian School Boards Association. *

Just The Fax, Ma'am!

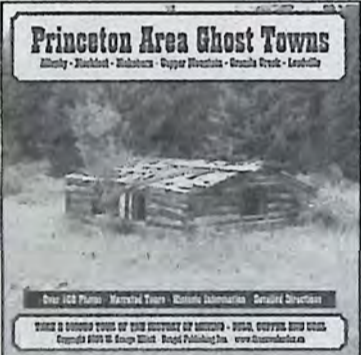
Cover2Cover Bookkeeping & Office Services



226A Bridge Street
Princeton
(250) 295-4149

PROVIDING RESUMÉ, WORD PROCESSING,
FAX, SCANNING AND COPYING SERVICES

Princeton Area Ghost Towns - The DVD



\$19.99

INCLUDES GST

Available at:
Similkameen News Leader
www.thenewsleader.ca

Explore The History Of Mining - Gold, Copper and Coal

Province announces community achievers

Forty-five outstanding British Columbians were named February 20th as recipients of the sixth annual BC Community Achievement Awards by Premier Gordon Campbell and Keith Mitchell, chair of the British Columbia Achievement Foundation.

The list included one local recipient, Gordon Comeau of Princeton. "Together, British Columbians build a stronger province, and in the midst of these demanding times, we gather confidence from those in our province who consistently and honourably create safe, caring and vital communities," said Premier Campbell.

"I applaud the outstanding contribution these individuals have made to regions throughout British Columbia and their commitment to making our province the best place on earth."

"The initiative, impact and inspiration to others demonstrated by this year's award recipients warrants public affirmation," added Mitchell.

"We're privileged to showcase and celebrate the contributions of these exceptional British Columbians."

An independent advisory council selects the recipients of the British Columbia Community Achievement Awards. The 2009 advisory council members are Mayor Gerry Furney, Township of Port McNeill; Mayor Mary Sjostrom, City of Quesnel; George Puil of Vancouver (2008 recipient); Sharon Smith of Houston and Grace Wong of Vancouver (2006 recipient).

The recipients of the 2009 British Columbia Community Achievement Awards will be recognized in a formal presentation at Government House in Victoria on March 10, 2009. Each individual will receive a certificate and a medallion designed by BC artist Robert Davidson.

The British Columbia Community Achievement Awards are generously sponsored by Canwest, Canada's leading international media company, whose presence in BC includes daily and community newspapers, online media and television stations.

The British Columbia Achievement Foundation is an independent foundation established and endowed by the Province of BC to recognize and celebrate excellence in the arts, humanities, enterprise and community service. The Community Achievement Awards, launched in 2003, were the first initiative of the foundation, followed by BC Creative Achievement Award for Applied Art and Design, BC's National Award for Canadian Non-Fiction, BC Creative Achievement Award for Aboriginal Art, Time to Read Award for early literacy and the BC Aboriginal Business Awards.

Superintendent Robbie retires

The Board of Education of School District No. 58 (Nicola-Similkameen) announced February 19th that Superintendent of Schools, Dr. Byron Robbie, will be retiring on July 31st.

Dr. Robbie has spent the last four years with the district and was responsible for a number of new initiatives during that time. Under Dr. Robbie's leadership, the district has implemented a strong Trades and Transition Program, which has culminated in the district sub-contracting to construct a house this spring.


Dr. Robbie has been actively involved in leading the district into a partnership with six other districts and three colleges in regard to applications for funding from the Western Pine Beetle Diversification

Fund. He served on the district committee that brought forth the recommendation for the implementation of a Laptop Program for all Grade 7 students in the district.

Chair of the Board, Gordon Comeau, stated that "Dr. Robbie was a highly visible figure in the district in the communities of Princeton and Merritt. He worked tirelessly on behalf of the students, parents and staff of School District No. 58 (Nicola-Similkameen). His leadership will be missed in the district."

Dr. Robbie and his wife, Joanne, will be residing in Merritt in the foreseeable future and the Board thanks Dr. Robbie for his contributions to the district and wish both Byron and Joanne health in their retirement.

- submitted



**SCHOOL DISTRICT NO. 58
(NICOLA-SIMILKAMEEN)**

**NOTICE OF
PUBLIC CONSULTATION**

**PROPOSED SALE OF 0.885 HECTARES OF
KENGARD SCHOOL PROPERTY**

The Board of Education of School District No. 58 (Nicola-Similkameen) will be holding a Public Consultation hearing on the sale of 0.885 hectares of the northern portion of the Kengard School property.

A map outlining the proposed portion of the property to be sold is available for inspection at the School Board office, 1550 Chapman Street, Merritt, during regular business hours of 8:30 AM to 12:00 PM and 1:00 PM to 4:30 PM and also on the district's website at www.sd58.bc.ca.

The sale of the property would be to the City of Merritt to be used for the development of a new production well and pump station for the municipal water distribution system.

If you wish to address the Committee or have questions regarding the sale, please attend the Public Consultation meeting at the School Board office on:

Monday, March 9, 2009 at 6:00 PM

Your comments/concerns may also be presented in writing by addressing them to the undersigned on or before March 16, 2009, or at the public consultation in person, by petition or by agent. No letter, report or representation from the public will be received by the Board after March 16, 2009.

H. Bruce Tisdale,
Secretary Treasurer

Note: This is the first of two consecutive Public Notices.

Dated this 23rd day of February, 2009 at Merritt, BC

**We're different,
and we like that.**

Similkameen News Leader

Ghost Town

A town that has been abandoned, usually because the economic activity that supported it no longer exists.

There are a total of six such ghost towns in the Princeton area:

Allenby, Blackfoot, Blakeburn, Copper Mountain, Granite Creek and Leadville.

Princeton Area Ghost Towns

Allenby - Blackfoot - Blakeburn - Copper Mountain - Granite Creek - Leadville

OVER **380** COPIES SOLD!

- Over 100 Photos - Narrated Tours - Historic Information - Detailed Directions

TAKE A GUIDED TOUR OF THE HISTORY OF MINING - GOLD, COPPER AND COAL
Copyright 2006 W. George Elliott - Bengal Publishing Inc. - www.thenewsleader.ca

Explore Princeton's
historic past with:

Princeton Area
Ghost Towns - The DVD

WRITTEN & PRODUCED BY:

Similkameen News Leader
Owner/Publisher
George Elliott

\$19.99

INCLUDES GST

AVAILABLE IN THE PRINCETON AREA AT:

Similkameen News Leader
226A Bridge Street

(250) 295-4149

**We're different,
and we like that.**

Similkameen News Leader

C.J.M. Plumbing

COMPETITIVE SALES AND SERVICE

*New Fixtures Supplied and Installed
Drain and Sewer Cleaning - Service Repair
Hot Water Tanks - Hot Water Heating*

**Emergency Service
Fully Licensed**

**295-7085
Dave Mack**

**NEED FREE ADVICE OR ANSWERS
TO REAL ESTATE QUESTIONS?**

CONFIDENTIAL

Call John Henry, Associate Broker
Homelife Vermilion Forks Realty

**OFFICE: (250) 295-7427
CELL: (250) 295-5588**

Here's My Card!
Advertise Your Business Here For As Little As...

\$ 10.00 PER WEEK

Call Us For Details!
Similkameen News Leader (250) 295-4149

Just The Fax, Ma'am!

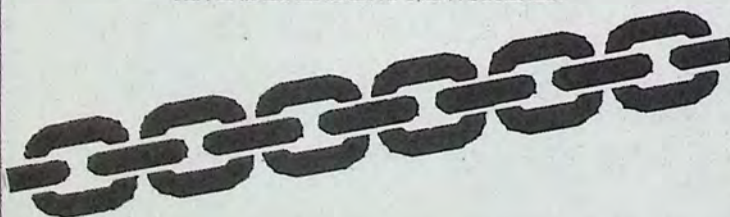
**Cover2Cover Bookkeeping
& Office Services**



**226A Bridge Street
Princeton
(250) 295-4149**

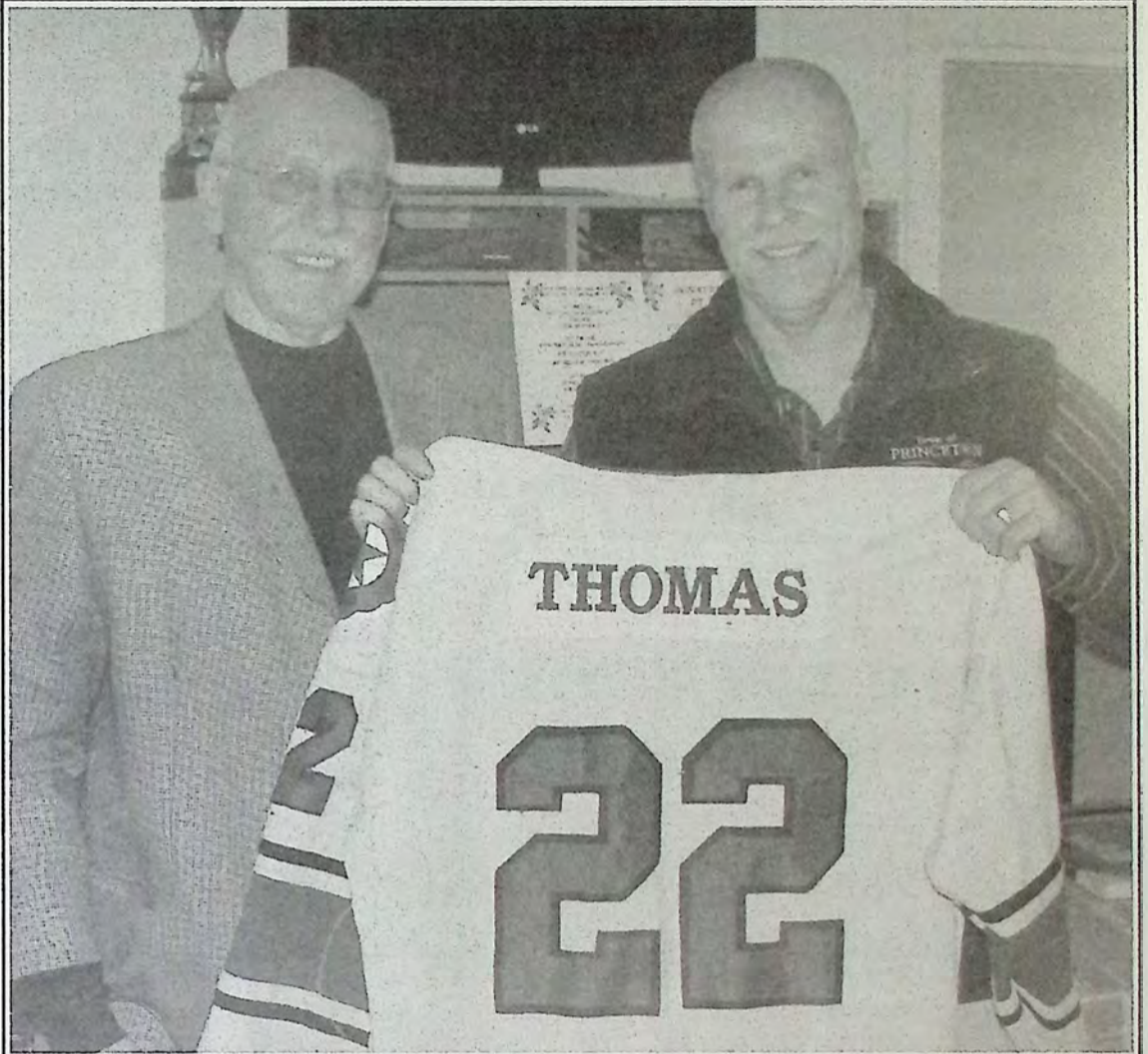
PROVIDING RESUMÉ, WORD PROCESSING,
FAX, SCANNING AND COPYING SERVICES

Similkameen News Leader
AN INDEPENDENT NEWSPAPER



There Are No Chains On Us!
100% LOCALLY OWNED & OPERATED

226A Bridge Street, P. O. Box 956, Princeton, B. C., V0X 1W0
Phone: (250) 295-4149 • Fax: (250) 295-4103
www.thenewsleader.ca



Princeton Posse President Stan Turner, left, presented Lyle Thomas with a Posse jersey February 22nd to recognize Thomas' continued support of Junior B hockey in Princeton. *

Princeton Posse hands out awards

..... continued from Front Page the players all stood and gave the billet families a round of applause. "We have one of the better, if not the best billet system in the league," Duner said. Turner went on to thank corporate sponsors and individual sponsors

who donate in a variety of ways throughout the hockey season. "Without them we would never be able to meet our budget." A total of nine awards were presented:
Most Sportsmanlike Player
Jason Alessio

- Best Offensive Player**
Kyle L'Arrivee
- Best Defensive Player**
Jared Hidber
- Hardest Working Player**
Derrick DeLisser
- Most Improved Player**
John Minot
- Fan Favourite**
Derrick DeLisser
- Rookie of the Year**
Michael Gartieg
- Unsung Hero**
Brody Brewster
- Most Valuable Player**
Kyle L'Arrivee

The Posse will head into an intense first round of the KIJHL playoffs, which will see the team play eight games in nine days in a round-robin format.



Partners in Grime
by Neil Anderson

Available at
Princeton Pharmasave
and
Backroads Bike Shop

Vermilion Court Report

by Dorothy Stenvold

Another busy week for the residents as we prepared for our Tea and Bake Sale. A wonderful response from the public making us so happy. Many thanks for such wonderful support from the community - not only for attending but for all their contributions. We real-

ly appreciate their attendance, support and donations.

This week we found words from the letters in 'Spring is in the air.' We found many before time was up and we did exercises. Ruth comes most Tuesdays and Thursdays to play the organ while

we contort ourselves into various poses. The Line Dancers came and danced to various tunes. As they had not been here recently we noted quite an improvement. Congratulations, girls!

We have readings from the local papers, too. Our horoscopes of course bring many a smile and laugh. A letter re Victim Services was read and and of course the letter from Rafe Mair as well as other items of interest.

A bus trip to a local pub today where 18 enjoyed a lunch of her choice. No liquor but wonderful food! No wonder we don't lose weight!

Save \$\$\$ When You Shop!

Get the Details Now:

www.bengelonlinestore.com



There was lots to see and do at the 5th annual Rotary Mid-Winter Winefest February 21st in Princeton Legion Hall. Here two participants sample wine from Rustic Roots Winery in Cawston. *

Legion Br. 56 L.A. Report

by Carol Seaman

Our meeting opened with eleven ladies present. With spring in the air our thoughts were on our tea and bake sale, but keeping in mind the St. Patrick's Day Tea on March 18th would be first, held by the main branch.

We love spring as so many events are being planned and attended. All the ladies look forward to the diamond dinner on April 4th this year. It's such a treat having the gents cook and serve our dinner while we visit and enjoy happy hour!

We are in a buzz, planning our bake sale and tea coming up on

April 18th. It seems so far away right now, but we have plenty to prepare before that day arrives. We plan to have a basket or two. One with wine and cheese, the other with chocolate. The ladies will be selling tickets on these baskets real soon.

There will be a line dancing Jamboree at our hall on May 2nd, so the ladies will be busy preparing sandwiches and sweets. For a few of the ladies who have been a part of the auxiliary over the years, we applaud you. Liz will receive her 10 year pin, along with Burl and Dorothy who will receive their 25

year pins. Good for you, gals!

We closed the evening sharing ideas on the upcoming events, over coffee and home baking provided by Char and Ann. We will be meeting again at the Legion Hall March 10th at 7:00 PM. You are more than welcome to join us!

SCA #30 Report

by Carol Seaman

It has its perks being a senior. Most of us do not have to worry about mortgage insurance fraud, but that doesn't mean it doesn't affect us. TD and Canada Life give people the impression if one dies, their mortgage is covered, when in fact it is not.

Most of us seniors are past this, and only have to worry about who is showing up to play cards, or who won the pool tournament. It is sad that any trusted bank can defraud customers. Most of us believe we are being treated honestly at our branch, but are we?

On top of this we hear of a mail scam that was supposedly sent out by Canada Revenue, wanting personal information. Seniors were advised never to give this kind of

information unless they were sure it was going to the right source.

On a different note, we are looking forward to the coming months of activities. Our quilters are hard at work now they have their new sewing machine. Our hard working volunteers are still putting out great lunches five days a week. Exercise classes are in full swing. For the card players, there is whist and crib the first Saturday of every month.

Our book sale and Valentine tea was a success, now we are working on our flea market sale for this Saturday.

We have our spring convention in Kelowna, this March, so four of our members will be attending. Our doors are open seven days a week, so we look forward to meeting you.

www.gotpeppers.info

Just The Fax, Ma'am!

Cover2Cover Bookkeeping
& Office Services



226A Bridge Street
Princeton

(250) 295-4149

"Buy Canadian...Shop Local."

PROVIDING RESUMÉ, WORD PROCESSING,
FAX, SCANNING AND COPYING SERVICES

**MAKE \$2,000
PER WEEK!**

WORK FROM HOME

SEE WHY THE EXPERTS CALL THIS
THE HOTTEST BUSINESS
OPPORTUNITY IN THE WORLD!

Discover the 24 Hour
WEBCASH Secret!

CALL 1-800-719-8268 Ext. 14181
or visit our website at:
www.bengelonlinebusiness.com

VERMILION FORKS
Automotive Service
Dave & Lynda Gould
256 Old Copper Mountain Road



OPEN
8:00 AM - 5:00 PM
Monday-Saturday

Quality Service
at
Fair Prices

FEBRUARY SPECIAL:

Lube, Oil & Filter
\$39.95

(Includes 41-point maintenance inspection)

BOOK YOUR
APPOINTMENT TODAY.

Dave and Lynda invite you to 'come check us out!'
For Appointments Call: (250) 295-6808
GIFT CERTIFICATES AVAILABLE!

BRENDA CRAWFORD



brenda@bcland.net
(250) 295-8182

SUSAN COLLINS



susan_collins@nethop.net
(250) 295-5359

STEVE WHITE

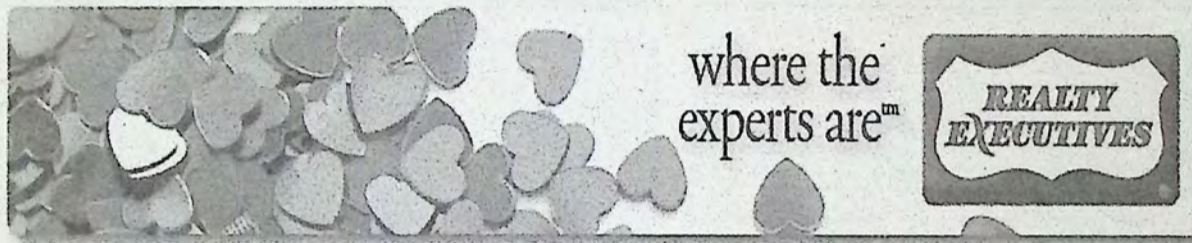


sales@bcland.net
(250) 295-8525

PICTURE YOURSELF HERE!



DO A GOOD DEED & HELP FILL THE NEED!



CRISIS CENTRE NEEDS NON-PERISHABLES!

YES
WE
CAN
PROGRAM!

My customers know me by name.
I am an Executive.

As a Productive Professional, with focus and integrity my customers have the confidence and trust in my ability to make every transaction a successful one.

Find out today why making a move to Realty Executives is a move in the right direction.

Experience the Advantages
of Working with An Executive

You'll find us at:

REALTY EXECUTIVES PRINCETON
Gateway to the Okanagan

Your EXECUTIVE Team members...Brenda Crawford, Susan Collins, Steve White
#8-136 Tapton Avenue (Princeton Plaza) www.bcland.net Office: (250) 295-1811 Fax: (250) 295-1851

EACH OFFICE INDEPENDENTLY OWNED AND OPERATED