



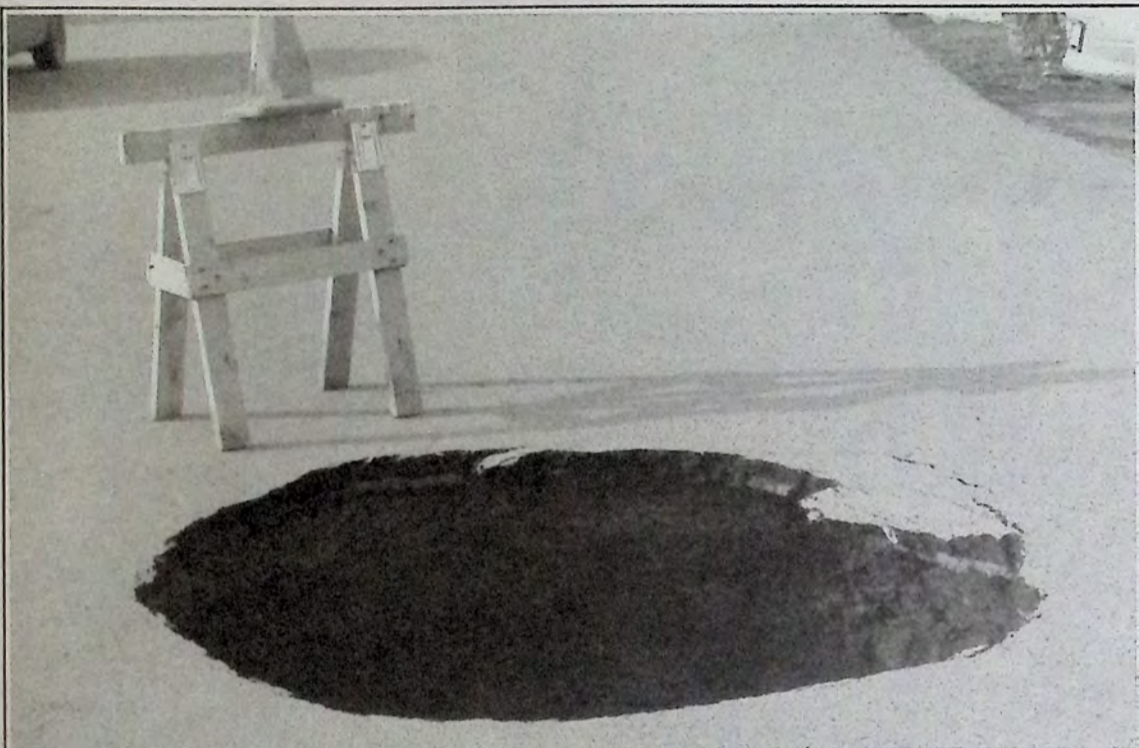
Similkameen

News Leader

75¢
INCLUDES GST

Volume 12 Issue 12 #571 ISSN 1712-090X

Tuesday, March 24, 2009



What first appeared as cracks in the road late last week turned into this sinkhole on Saturday, March 21st in Deblyn Trailer Park. At the time it measured six feet across and about 20 feet deep and revealed what looked like a mine shaft or a tunnel-like passage. It was quickly dubbed the Deblyn Tourist Trap. *

RCMP investigate Hedley arson

Princeton RCMP report that on Sunday, March 9th a 22-foot travel trailer near Hedley was set on fire and destroyed.

The trailer was parked on private property located at 6041 Highway 3 East, two kilometres from the tiny community.

Police say they believe the fire was deliberately set and are investigating

the incident as an arson.

Anyone with information regarding this trailer fire is asked to contact Princeton RCMP at (250) 295-6911 or if you wish to remain anonymous you can call CrimeStoppers at 1-800-222-TIPS (8477).

CrimeStoppers pays cash rewards for anonymous tips that assist police in solving crimes.

Museum deals with project problems

At the March 17 Museum Society meeting, nine members plus Area H Director Brad Hope and Councillor Frank Armitage dealt with a question raised by Operations Manager Nick Mills.

The question was: should the society put on hold its plans to expand and renovate the museum? The question arose as a result of delays due to repairs on the building's foundations, and the uncertainty about whether sufficient money would be available for the project.

Mills reviewed the sequence of events since the plan was first developed.

The plan, with detailed information and cost estimates was submitted to the Community Forest Corporation in 2007 in an application for a \$250,000 grant. Mills outlined a series of problems that had arisen since that time, including the fact that much of the first grant given for the renovation of the museum was earmarked by the

Town to pay for repairs to the building, which is owned by the Town. In the meantime, the Community Forest Corporation advised the Museum Society that a \$250,000 grant would be forthcoming, but this was reduced to \$150,000 last August.

In an effort to raise funds, the Museum Society applied to BC Lottery for a matching grant. The

Society was told it would not be eligible for such a grant because it needed a lease agreement with the Town and it needed to set up a "gaming account" in which the grant from the Community Forest Corporation had been deposited.

Mills wrote a letter to Town Council asking for assistance in resolving this problem. The letter was dealt with at the March 2 Town

Council meeting, in which Mills was told the money would be available after the work started, and invoices would be paid from Town Hall.

Councillor Frank Armitage said Council wants the project to go forward. Area H Director Brad Hope agreed it should go forward. All of the members want the project completed.

The project was not put on hold but everyone agreed that the first step must be a lease that clearly specifies areas of responsibility in regard to money spent on the museum and money spent on the structure.

The matter will go back to Town Council. Society members will receive an update at the next meeting on April 14.

Mayor vents on Highway #3

Ministry of Transportation representatives got an earful when they attended the March 16 Town Council meeting.

The Ministry reps were there to explain how the Ministry is set up, but when they were finished their presentation, Mayor Randy McLean launched into the issue of the lack of action on the Hope-Princeton Highway.

Mayor McLean spoke of 15 years of frustration. He reminded the Ministry representatives of the government promise made when the

Coquihalla Highway was constructed. Princeton, along with all other communities on Highway 3, had been assured the toll money from the Coquihalla Highway would be used to upgrade highways adjacent to it.

Mayor McLean told of the group of mayors from Highway 3 communities who had gone to Victoria more than once to request capital improvements on the Hope-Princeton Highway. He noted that even the mayor of Summerland gave priority to Hope-Princeton

Highway improvement. The response from Victoria has always been "there is not enough traffic on the Hope-Princeton."

The Highway 3 communities have presented plans to the Ministry of Transportation to show how the highway could be improved, and how those 20, 30 and 50 kilometre corners could be avoided. He mentioned the number of transport

trucks going off the highway during the winter months due to poor conditions on the Hope-Princeton.

The Ministry representatives gave a very diplomatic response to Mayor McLean. It was obvious they had come to promote what the Ministry does in the Okanagan-Shuswap region, and were unprepared for the onslaught from Mayor McLean.

News Leader gives away ads

It sounded easy at first - to give away \$2,500 in advertising - but it soon became a lot more difficult than we planned.

Our judges poured over the entries and narrowed it down to three very worthy local organizations. The tough part came when it was time to decide who got the \$2,500 Advertising Credit Memo.

Instead of making that decision we decided to split the prize into three portions.

Congratulations Princeton & District Highway Extrication Society, Princeton Traditional Music Society and Princeton Minor Fastball Association. We look forward to promoting your events in 2009!



Similkameen News Leader THIS WEEK:

HEDLEY HOSTS TRADITIONAL POW WOW - Page 11 & 12
TOWN PROCLAIMS ARTS WEEK - Page 2 - PXA REVIEWS 2009 ACTION - Page 7
SUDOKU CHALLENGE - Page 16 - TV GUIDE - Pages 13-18
EDITORIAL - Page 22 - CURRENT COMMENT - Page 23

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Explore The History Of Mining - Gold, Copper and Coal



Clean-Up Princeton Day was March 29th last year. Here Evan Esdale moves rusty vehicle parts from property along Highway 5A just below Princeton Secondary School. *

SCHOOL DISTRICT NO. 58 (NICOLA-SIMILKAMEEN)

BUDGET INFORMATION MEETINGS

In conjunction with the School District's desire to provide information regarding the budget planning process, there will be a budget and enrollment projection presentation for interested stakeholders, including all members of the public.

This meeting will review provincial funding, district projections for enrollment and provide more specific information regarding the district's annual budget.

Meetings have been scheduled as follows:

- PRINCETON - 6:00 PM, Monday, March 30, 2009 - Princeton Board Office
- MERRITT - 6:00 PM, Tuesday, March 31, 2009 - Merritt School Board Office

All interested members of the public are invited to attend



YoungLife

Young Life of Princeton

PRESENTS:

Complementary
Dessert, Coffee,
Entertainment, Fundraiser
Information Evening & Silent Auction

THE EVENT WILL INCLUDE PRESENTATIONS BY:

- Princeton teens sharing club and camp experiences
- Local Young Life Leader Scott Musgrove
- RockRidge Canyon Property Manager Peter Van Genne
- Young Life of Canada Representative

6:30 PM Tuesday, April 7
RockRidge Canyon

RSVP Scott Musgrove (250) 295-7945

Leiding promotes town clean-up event

RCMP Constable Mike Leiding wants to do it again this year.

Last year, Cst. Leiding organized a Princeton Clean-up Day to remove trash from highway ditches around Princeton.

It turned out to be a big event with 75 people participating, and included a barbecue. This year, he wants to see twice that number turn out to

clean up our roadsides.

April 25 is the date tentatively set this year. The event goes with Pitch In Canada Week, April 20 - 26, which the Town of Princeton proclaimed.

Cst. Leiding said he would like to raise some money for some dumpsters. He added he would like to see a fence put around the local

landfill to prevent garbage blowing out of the landfill onto roadside areas.

Council thanked him for his work last year in organizing the clean-up day, and offered encouragement for this year.

More information about this year's Princeton Clean Up Day will be available in the near future.

Town proclaims Arts Week

Princeton is making a name for itself in the arts and cultural circles of British Columbia.

Del Hall, a Director for Princeton and District Community Arts Council, appeared before Town Council to ask that April 19 to 25 be proclaimed as Arts and Culture Week in Princeton. Hall explained some of the history of Arts and Culture Week in Princeton, which was first recognized in 2006.

The first Arts and Culture Week was dubbed "Riverside Rises" and was celebrated with the grand opening of Riverside Centre, which was a major event drawing hundreds of people. The Riverside

Open House marked the new role of the closed school and the use of it by the Arts Council groups.

The second celebration featured the first play done by Princeton Performing Arts and a special show by Kelowna Ballet.

Last year, Arts and Culture Week was celebrated downtown, as a stage was under construction at Riverside Centre. The former Goldion Restaurant featured an art show, and a paint-up, clean-up initiative for downtown businesses.

This year, the celebration will be called "Riverside Shines" and the new theatre will welcome Kelowna Ballet once more for a more formal show than the show in 2007. In addition, there are plans for a special public viewing of a ceramic mural to be placed in the foyer of Riverside Centre. Princeton Potters Guild has been working on this project for the past year.

Hall went on to tell Council of the way Princeton's Arts Council is making an impact in the arts and culture field in B.C. Local Arts Council President Rika Ruebsaat, Secretary Jon Bartlett, and Del Hall

will be going to a Cultural Tourism workshop.

In May, Del Hall will be making a presentation to the annual conference of the BC Assembly of Arts Councils. Her topic will be on what an Arts Council can do in a small community.

Lyle Thomas, Community Service Director for the Town, added information from a Spirit of BC workshop he had attended. Community representatives were asked to tell what they accomplished with Olympics money received from the government. Most described small endeavours, and when Thomas told them Princeton had built a theatre, he was asked to talk about it, and received a great round of applause.

Councillor Ray Jarvis, who has been Council's liaison with Princeton Arts Council for the past eight years, told Hall how pleased and proud he is with what the Arts Council has done in the past few years.

More detailed information about Arts and Culture Week will be publicized in the near future.

We're different,
and we like that.



Similkameen
News Leader

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www.thenewsleader.ca

The upcoming Regimental Ball serves youth

Sgt. Gary Macahonic, dressed in red serge, attended the March 16 Town Council meeting to remind Council the RCMP Regimental Ball is for an cause important to

Princeton's youth. The ball, which is to take place on March 28 at RockRidge Canyon, will be a fundraiser for continuation of the DARE program. This

program teaches Grade 5 students how to make lifestyle choices that resist the temptation to try drugs and alcohol. With this in mind, the Regimental Ball is the first non-

alcoholic ball of its kind. Ticket sales have been going well, but Sgt. Macahonic has heard that Princeton residents have a habit of waiting until the last minute to buy tickets to attend any function, and he urged people to buy tickets now. Some people are hesitant to buy tickets, not knowing what to wear. For men, a dark suit, white shirt and a tie, for women an evening gown or cocktail dress, is suitable. RCMP wear their dress uniforms.

Cst. Mike Leiding explained the importance of the DARE program, and the need to ensure it continues. He was trained four years ago as an instructor of the program, but he is being transferred to Keremeos, and his duties will be quite different from in Princeton, so a new DARE

instructor must be trained if the program is to continue.

He noted there is an added benefit to the DARE program: youngsters have a bridge of communication with a police officer which would not occur under usual circumstances.

"This is the first non-alcoholic ball, and it's a stand we're taking," Cst. Leiding told Council. "Almost 80 percent of the calls we take are alcohol related, whether it is domestic violence, assaults, brawls, or drunk driving."

Sgt. Macahonic reminded Council that the number one issue for both police and Council during the past few years is the drug problem, which is what the DARE program addresses.

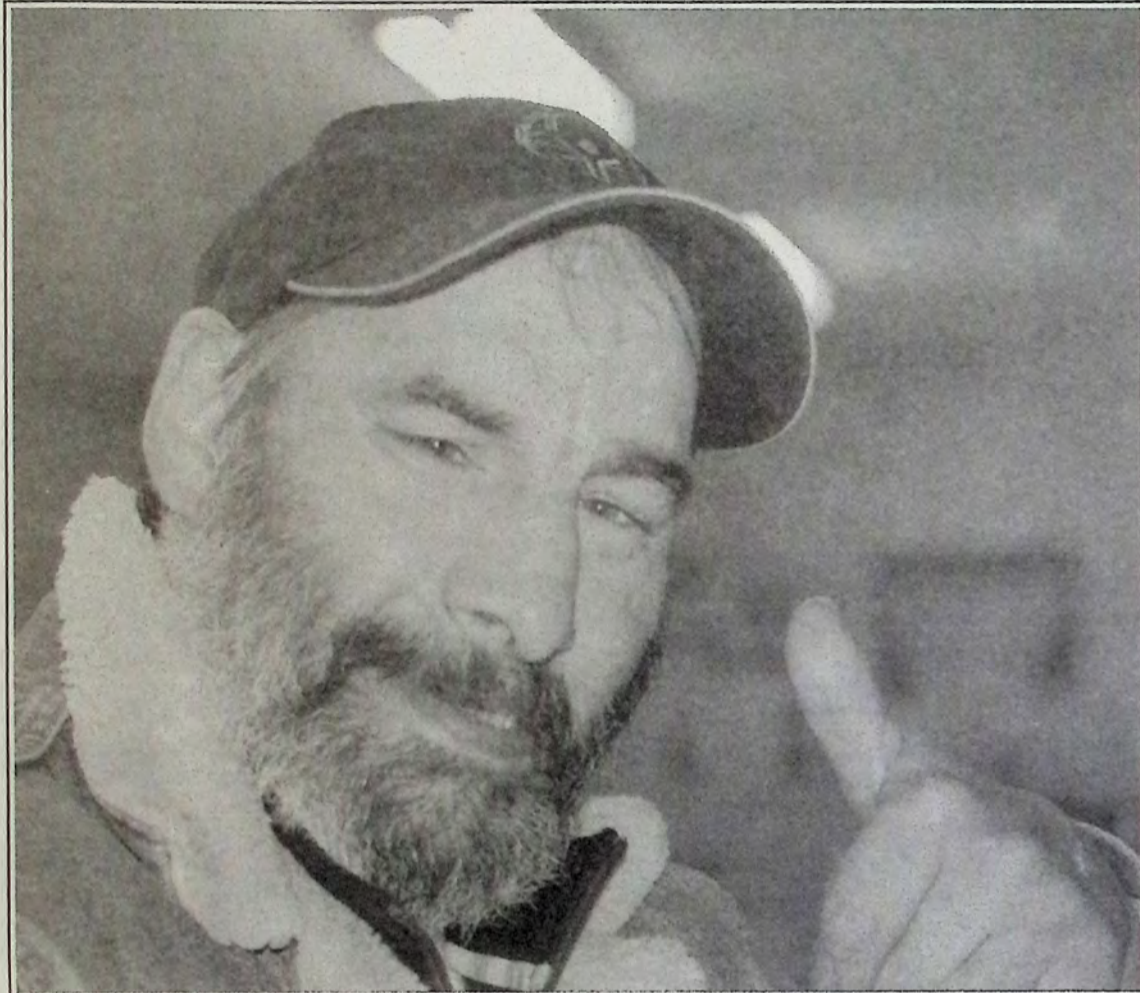
How would you like to celebrate?

Town Council has received a formal invitation to put forward ideas for ways to celebrate Princeton's 150th anniversary. There will be a "visioning" meeting on April 2 at 7:00 PM at Riverside Centre.

The Princeton 150 Committee, chaired by Nadine McEwen, is eager to hear from community groups who would like to be involved in the planning for this

event to take place next year. It is important to have input from as many community groups as possible so that there will be no conflicts between dates and venues of events.

If any community group has something to celebrate, or would like to share in a community celebration, please send representatives to the visioning meeting.



Mark Bzdel has had a lot of fun curling with the Princeton Special Olympics team. Photo: Bob Wicks

www.princeton.ca



Princeton Town Hall News

INVITATION TO ATTEND

Join members of Council at the Community Skills Centre (206 Vermillion Avenue) Tuesday April 14 at 7:00pm for an Open House to hear about the Town's strategic direction over the next few years and hear about highlights of the draft 2009 - 2013 Financial Plan. The Open House will be an opportunity for the community to ask questions about Town priorities, initiatives and the future for our community.

EASTER OFFICE CLOSING

Princeton town hall will be closed Friday April 10 and Monday April 13 for the Easter Holiday. We will resume normal hours on Tuesday, April 14.

PRINCETON 150TH - EVERYONE WELCOMED

Princeton's 150th Anniversary Committee invites YOU to attend a visionary meeting on:

Thursday, April 2
7:00 pm
Riverside Centre

Please RSVP by calling 250-295-6067
or at recreation@princeton.ca

Princeton will celebrate it's 150th Anniversary in 2010. Is your organization or group planning a celebration or project that we can add to our calendar of events? Do you have ideas as to how Princeton should celebrate its 150th birthday? If so, please share with us your ideas.

OPEN HOUSE

The Town of Princeton has completed a draft of the Industrial Park Land Use Plan. The plan sets out the strategy for developing a quality business park where business and light industry can flourish. We invite the public to view and comment on this draft.

Date: April 21, 2009 at 7:00 p.m.
Location: Princeton and District Community Skills Centre 206 Vermillion Avenue
For more information call 250-25-3135

RECREATION PROGRAMS

RED CROSS BABYSITTING COURSE

This course will prepare new babysitters for the challenges of childcare including snacks, games & activities. Learn basic first aid & emergency procedures including CPR. Instructor: Carol Mack Note: If you will be 12 this year you may register. Ages: 12 & up Cost: 5 classes/\$50 includes manual Where: VFE 3:15-6:00pm Tues/Thurs April 7-20

RED CROSS STANDARD FIRST AID

A comprehensive course for people wanting to learn the first aid skills & knowledge necessary to deal with first aid situations. CPR C is also included. Instructor: Carol Mack Ages: 14 years & older Cost: 5 classes/\$90 youth/\$95 Adult Where: TBA 3:30-7:30 pm Mon to Thurs March 30 - April 2 Call 250-295-6067 to register today.

Community Clean-up Initiative

Please join us on Saturday April 25th at 9:30 am at the arena parking lot for the Second Annual Community Clean-up Campaign. Volunteers will be sent to clean up the litter from our highways and roads. The town will be supplying garbage bags, gloves, "easy reaches" and reflective vests for participants.

Let's show our community pride!

TOWN OF PRINCETON AND REGIONAL DISTRICT AREA "H" FREE LANDFILL DAYS

FREE DUMPING is being offered once again at the LANDFILL on APRIL 25 & 26, 2009 for Town of Princeton and Regional District Okanagan Similkameen Area "H" residents only.

Free Dumping is an opportunity to drop off trash items that are regularly charged a fee such as:

Home renovation materials
(i.e. floor coverings, drywall, roofing, etc.)

Refrigerators
Air conditioners
Televisions
Old furniture, etc.



RIVERSIDE 'MOVIE' THEATRE

RIVERSIDE THEATRE

Experience a small town theatre with Big sound & screen. Doors open 1/2 hour before show times listed. Price is \$5.00 per person aged 3 & up.

Marley & Me

The heartwarming & unforgettable story of a family & their wondrously neurotic dog who taught them what really matters in life. Rated: PG
Friday, March 27 Showtime: 7pm

Yes Man

Jim Carrey stars as a guy who challenges himself to say Yes to everything. Rated: PG
Friday, April 3 Showtime: 7pm

Call 250-295-6067 for more information.

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keremeos and area news



If you haven't already seen it, here's the 'new' Cawston sign on Highway 3A. It's big, colourful and you can't miss it. To find out more visit the Cawston website at www.rootsincawston.com. *

RDOS plans glass pick up dates

Residents in the Towns of Oliver and Osoyoos, the Village of Keremeos, Okanagan Falls, Cawston, Hedley and Olalla will receive a scheduled glass pick up on their garbage collection day between March 23 and 27.

Residents can place clear and coloured glass in sturdy reusable plastic or wooden containers. Remove all lids but labels are fine.

Residents should not place glass in cardboard boxes. The bottoms of cardboard boxes can break open and the empty boxes can blow away after use. Residents can use plastic or wooden boxes. Residents should place glass at their regular garbage pick up spot by 7:00 AM on their garbage pick up day this week.

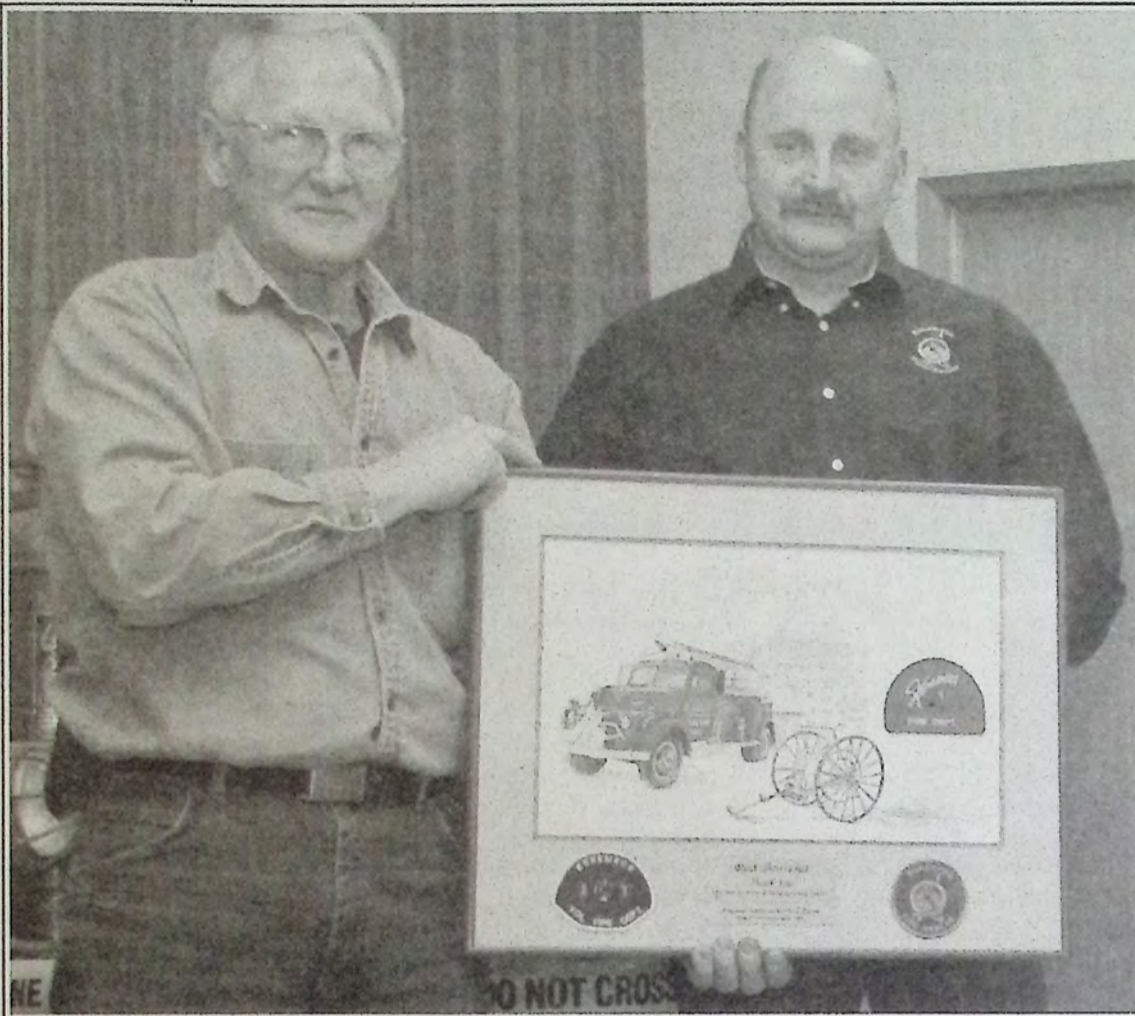
Yard waste collection starts April 6th for residents in the Towns of Oliver and Osoyoos, the Village of Keremeos, Okanagan Falls, Cawston, Hedley and Olalla and April 13th for residents in Penticton, Naramata, Kaleden, Carmi and West Bench. Residents should place yard waste in clear bags or bundles by 7:00 AM on your collection day.

For further information on this program consult your Curbside Garbage and Recycling Programs Calendar.

Residents can also phone (250) 490-4129 or toll free at 1-877-610-3737 or e-mail info@rdos.bc.ca. - submitted



We spotted this Bald Eagle in a tree along Highway 3A in Cawston. *



Having dedicated 40 years to the fire service, Red Bosscha received several awards at his retirement party. Here Fire Chief Jordy Bosscha, right, presents his father with a commemorative picture. Photo: Frank Mileto

Fire department loses hero

by Melanie Bagley

Red Bosscha's fire hat has now been officially retired.

"No one else will use it because it smells too much!" joked Mayor Walter Despot.

On a more serious note, Despot, Red's long-time friend, praised Red's dedication to firefighting.

"His hat smells of sweat from work. It smells of smoke from work," said Despot.

Red, who has devoted 40 years to the fire service including 31 years in the Keremeos Volunteer Fire Department (KVFD), has retired from firefighting along with his hat.

Red has served his community in many ways. For many years, volunteers manned the ambulance station and Red spent 24 years as a volunteer ambulance attendant.

"He's a hero," said son, Fire Chief Jordy Bosscha. "In all that time, how many properties did he protect, how many lives did he save and how many rescues did he perform? How many people have done that?"

A surprise retirement party was planned for Red and, despite Keremeos being a small town, he had no idea what was going to hap-

pen.

Just before the arranged pick up time, Peggy, his wife of 50 years, told Red that she thought she smelt smoke in the basement. Red rushed downstairs to check on the problem. As he came back upstairs, a fire truck pulled into his yard. The firefighters informed Red that he had a chimney fire. Once outside it was obvious that there was no fire only transportation to take Red to his party.

Red arrived in good spirits and was greeted by 60 people who had gathered in his honour.

Rick Owens, a director of the Fire Commissioners Association of B.C. (FCABC), read a letter on behalf of the President of the FCA which said, "A marvellous precedence has been set by Red Bosscha by serving his community for 40 years.... He joins the elite few."

Michael Grandbois, from the Office of the Fire Commission (OFC), read a letter on behalf of the OFC stating their heartfelt thanks for Red's dedication, zeal, courage and self-sacrifice. They are grateful that his passion for service has passed onto his son, Jordy Bosscha, who has been in the fire service for 21 years and Keremeos

Fire Chief for 11 years.

Jordy was 4 years old when his dad joined the Penticton Fire Department as a paid-on-call firefighter. Jordy can only remember a very brief time when his dad was not a firefighter when, in 1975, the Bosscha family moved to Keremeos. However by mid-1977 Red had joined the KVFD.

Red thanked his wife, Peggy, for always being there for him despite cold feet, and troubled nights after difficult calls. Red stressed that without Peggy he could not have volunteered the way he did.

As well as helping Red, Peggy also was an essential part of the fire department. Before the advent of pagers, firefighter wives manned the phones while their husbands were at work. When there was a fire call, a phone tree ensured that all firefighters were notified.

Red's retirement has left a huge void in the fire department. He is one of the eight long-serving Keremeos volunteer firefighters who have retired from the Keremeos Volunteer Fire Department in recent years. They have a total of 226 firefighting years between them. All of them are heroes.

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Similkameen News Leader

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- Prepared to represent the 'Team' in a professional and proficient manner and accept direction and guidance?
- Prepared to have a Criminal Record Background Check done?

THEN YOU:

- Should join the Princeton Ground Search and Rescue Team

HOW YOU CAN JOIN:

- Call Arnie at (250) 295-8482 or Randy at (250) 295-5364
- Leave a message at (250) 295-7216
- e-mail pgsrs@telus.net for more information

**Princeton Ground Search & Rescue Society
is now accepting applications for the
Spring 2009 Training Session**

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MLA

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news leader health and lifestyle page

Designing the next generation of vaccines

(NC)—Our world is home to many nasty diseases. But with the right vaccines, or improvements to older vaccines, we could stop many of these diseases in their tracks.

What if we could create needle-free vaccines to ensure that needle-phobes get immunized? Or immunize pregnant women so that they pass antibodies on to their children while they're still in the womb? These are just two of the ideas that Dr. Scott Halperin and his colleagues are exploring at the Centre for Vaccinology at the IWK Health Centre in Halifax, Nova Scotia.

The Centre is funded in part by the Canadian Institutes of Health Research (CIHR) and Canada's Research-Based Pharmaceutical Companies (Rx&D). Researchers at the Centre are working to develop and test new vaccines, improve older vaccines, and help public health officials build more effective immunization policies.

In one of the Centre's many pro-

Migraine or headache? How to know the difference

(NC)—Bills are piling up, your car payments are overdue, and your boss just announced wage cuts across your department. Your head is pounding. You feel nauseous. Is this the start of a tension headache or a full-blown migraine?

Tension, cluster and migraine headaches make up the most common types of headaches that people experience. Here's how to tell the difference:

Tension Headaches – Tension headaches are the most common. They are usually occasional but may be chronic and occur more frequently. They affect both men and women in equal numbers, and are common in children.

Cluster Headaches – Cluster headaches are rare and can be severe and debilitating. Cluster headaches occur in groups, or "clusters," over a period of weeks to months, followed by a pain-free interval that usually lasts months or even years. Men experience cluster headaches more often than women, and 20 to 40 years olds are the most at-risk age group.

Migraine Headaches – Migraine headaches are a recurrent headache

disorder accompanied by nausea, vomiting and sensitivity to light, noise and smell. Migraine headaches are three times more common in women than men, and are most prevalent in adults aged 20 to 50. The good news is they generally become less severe and less frequent with age.

jects, Halperin and Dr. Song Lee are working to develop needle-free vaccines. At the moment, they are studying *Streptococcus gordonii*, a harmless bacterium that lives in our mouths, as a possible oral vaccine.

By modifying *S. gordonii* so that it impersonates harmful germs and then spraying it into our mouths to stimulate an immune response, researchers could use this helpful bacteria as an ouch-less vaccine for diseases such as whooping cough.

"There's a lot of needle-phobia out there," says Halperin.

"Needle-free vaccines could encourage more adults to get immunized and make immunization more comfortable for children."

Members of the Centre's research team, including Drs. Beth Halperin, Shelly McNeil and Joanne Langley, are also looking for better ways to protect infants against whooping cough by vaccinating expecting moms.

"In Canada, we have several

deaths each year from pertussis (whooping cough), and they all occur in infants who are too young to have completed the regular immunization program," says Halperin.

"The idea is to give the mother the pertussis vaccine in the final trimester of her pregnancy, so that she can transfer protective antibodies to the baby across the placenta before delivery."

To explore such diverse vaccine projects, the Centre has recruited researchers from many different areas of expertise.

"One of the important features of our group is that a lot of our researchers are not 100% vaccinologists," says Halperin.

"They have more than one research focus, so they can combine their knowledge in virology or cancer research or anthropology."

This integrative research strategy could be our best shot at a healthier future.

- News Canada

Over-the-counter analgesic such Tylenol or Tylenol Migraine Pain Ultra Relief can be used to treat pain associated with mild to moderate migraine pain as they are least likely to interact with other medications.

For more information on headaches and ways to cope with stress, visit www.livingwell.ca.

If you are prone to headaches, there are a number of triggers to watch out for, including stress, poor diet, and lack of sleep. The current economic climate and the stress that goes along with financial concerns can certainly have an impact on our bodies. During these challenging times, taking care of your health should be your number one priority. Speak with your doctor if you continue to experience head pain, or if the frequency or severity increases.

- News Canada

living past 100

Is this why men die younger?

Any life insurance agent will tell you men tend to die at a younger age than women. There is really no reason for this, but if we look at some of the studies done regarding men's health habits, perhaps we can speculate.

One study done by the American Dental Association showed that men do not take as good care of their teeth as women do. Not only do they not floss and brush regularly, they tend to avoid going to the dentist.

You might be thinking, "So what?"

Here's what: another study done regarding loss of teeth showed that the earlier in life you lose your teeth, the shorter your life is likely to be. Perhaps this is related to the cave man fact that when you cannot chew your food, you start dying. Or perhaps there are other things involved, such as some signals to your brain that affect longevity. We do not know.

Another study done on men's health showed men are not so concerned about weight gain as women. Women, for fashion as well as health reasons, tend to fight weight gain. Men, for whom it is much easier to lose weight, don't bother. They go out and buy bigger pants, or just let the fat hang out over their belts. Men tend to gain belly fat and leave it there, but belly fat is an indicator of probable future heart problems. While women with belly fat tend to fight it by restricting their intake of fatty foods and carbohydrates, men will continue to demand bacon and eggs for breakfast and steak for dinner, and will still have a night out for beer with the boys.

Women will exercise more than men to keep the pounds off. Unless ordered by their doctors, men will tend to eat dinner and relax for the rest of the evening when they should be going for a walk or a round of golf.

Those are only two examples of the way men do not take care of themselves. Men's bodies were meant to be lean and muscular. Nature built men to survive the physical stress of hunting, fishing and building shelters. Could it be that leading a soft life leads to a shorter life for men?

How do we get men to pay more attention to their health?

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Similkameen
News Leader



A major project at the end of 2008 at Princeton Fairgrounds saw all utility services move underground.*

PXA reviews 2009 action

There is always something to do at the fairgrounds, and Princeton Exhibition Association (PXA), which manages the grounds for the Town of Princeton, is responsible for seeing the work is done. The PXA relies heavily on volunteers to make sure the grounds are kept in good condition, the buildings are repaired, and all systems function properly.

Old farm equipment

At the March 17 PXA meeting, members heard a request from the Museum Society to determine which agricultural equipment stored at the museum grounds would be worth moving to the fairgrounds. Terry Inglis and Wayne Hooper will inspect the equipment and tag what they feel is suitable for display at the fairgrounds.

Bleacher repairs

The portable bleachers need repairs. Many of the seats must be replaced. Wayne Hooper advised the lumber should be painted before being bolted into place, and volunteered to paint the lumber on four sides. A work party will repair the bleachers in time for

Princeton's rodeo on May 9 and 10.

Horse racing funding concerns

Racing Days Association President John Bey, along with representatives from other communities operating racetracks, attended a meeting with Gaming and Enforcement officials in Vancouver on March 11. The primary concern of the racetrack operators was to ensure future funding is secure. A new system of distributing gaming returns is being put in place, as the former system had flaws. A representative of Gaming and Enforcement will be appointed to determine the needs of the horse racing industry. Bey said racetrack operators are hoping Gaming and Enforcement is looking at long term financing.

Move the caboose?

Judy Short, on behalf of Vermilion Trails Society, attended the meeting at Town Hall to ask the PXA if the Trails Society could have the caboose. The PXA promptly endorsed a motion to give the caboose to the Trails Society, who plan to make it part of their display

on Highway 3. The plan is to refurbish the caboose and use it as a trails information centre. There were questions about legalities involved, but these were easily resolved.

Short assured the PXA that the Trails Society would take responsibility for moving the caboose. No date was set for the move, as Short is awaiting word regarding a grant. PXA members agreed the Trails Society would put the caboose to much better use than just sitting at the fairgrounds.



This trench ran in front of the Fall Fair buildings.*



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Notice to Intending Bidders

Intermediate Salvage

Forest Licences to Cut (FLTC) A85053 and A85057

Pursuant to Section 47.6 of the *Forest Act* and Section 2 of the *Forestry Licence to Cut Regulation*, the above two FLTCs are offered for sale using Variable Cost Upset rates within the Merritt Timber Supply Area; Cascades Forest District.

Purpose: To salvage lodgepole pine attacked by mountain pine beetle.

Species and Location: Salvage dead and dying lodgepole pine timber in the vicinity of Osprey Lake, located approximately 136 kms southeast of Merritt.

Table of Licences, Volumes, and Tender Closing Dates:

(Note: the following volumes are based on ocular estimates, and the licences have not been cruised).

Location	Order of Opening	FLTC Number	Estimated Volume (cubic metres)	Term (years)	Tender Closing Date	Tender Closing Time
Osprey Lake	1	A85053 Conventional and Smallwood	5,000	2	Apr. 14, 2009	10 a.m.
Osprey Lake	2	A85057	5,000	2	Apr. 14, 2009	10 a.m.

Closing Date/Time: Applications received after date and time given in the table above will not be accepted. A separate application must be submitted for each licence. All tenders must be submitted to the Cascades Forest District office in Merritt.

Tender packages can be obtained in person from the District Manager, Cascades Forest District, 3840 Airport Road, Merritt, BC, V1K 1M5, 250-378-8400 or toll free at 1-800-665-1511. Contacts: René Pike, 250-378-8428, or Ray Senger, Princeton Field Office, 250-295-4611.

www.princetonbcnews.com

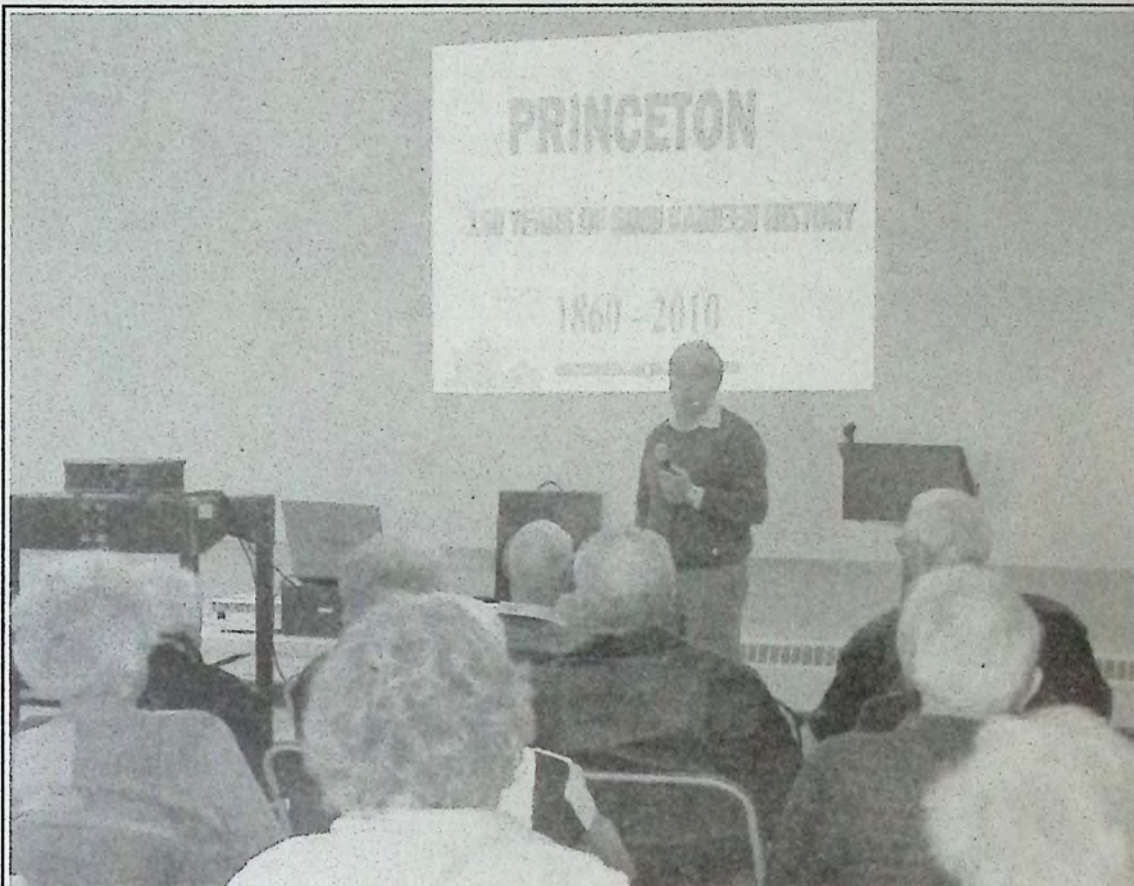
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We didn't have room for this photo last week. It's a nother shot of Princeton Museum's Nick Mills sharing the history of Princeton during a presentation at Penticton Museum. - photo submitted

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Conservatives announce candidate

Joe Cardoso fans—and we know there are many in Boundary-Similkameen, can vote for their man, on election day in May.

Wilf Hanni, the leader of the B.C. Conservative Party, announced that Joe Cardoso is the candidate for the riding. Speaking at an event at the Campo-Marina in Osoyoos on Thursday, March 19th, Hanni showed his obvious pleasure at having Cardoso on board, and on the ballot.

"We are delighted to have Joe come on board, he will be a strong voice for us, but more importantly we know he will be a strong voice for the people of Boundary-Similkameen" Hanni stated.

The BC Conservative Party is all about putting the people first, it's about freedom of speech and expression, and free-enterprise. It's the party of "Change You Can Trust".

Joe Cardoso most recently made the news for his B.C. Liberal Party candidacy in the riding. He handily won the nomination process over the other candidates John Slater and Ron Hovannes in November 2008. Then, after a rather embarrassing display of insider commu-

nications, which involved a number of unsupported allegations, the Liberal party finally found a loop-hole that allowed it to drop Cardoso as a candidate. Apparently Cardoso wrote a letter to the editor of the Oliver Chronicle, which was published in October 2005, and which suggested that Premier Campbell should be fired, because contracts with the nurses were being ripped up, the teachers were striking, and the whole civil service was in turmoil.

The letter was published in the only paper of record for the Town of Oliver, but, the Liberal Party decided that that was not public disclosure, and turfed Cardoso on the basis of failure to disclose. A letter to the editor is not open and public disclosure? Not to the Liberal Party apparently.

"I felt very bad for the people who supported me," said Cardoso. And obviously a lot of those supporters feel really bad about having become Liberals.

Joe signed up 538 people to join the Liberal party, most of whom joined simply to support Joe. A lot of those people are now moving their allegiance to the B.C. Conservative Party.

"Everyday now we are having dis-

affected Liberals inquiring with our party, even some NDP members are now talking about "voting for the candidate" and not the party this time round" explained Hanni.

Joe Cardoso was the Area Director for Rural Oliver, on the Board of the Regional District of Okanagan-Similkameen for two terms. He understands that the rural lifestyle, that the business of farming, is under siege in this province. "Small business is the driving force behind a healthy fiscal environment, and farmers are small businessmen. They should be treated with the respect they deserve," says Cardoso.

Cardoso was the first Economic Development Officer in Osoyoos, was the Executive Director who brought about the successful KVR steam train project in Summerland, and now works as the Director of Community Relations for the Regal Ridge project in Osoyoos. He and his wife Beth own a farm near Oliver, have three grown children, and have deep roots in the Oliver-Osoyoos area.

"I'm ready to work with the people of Boundary-Similkameen to bring change; change to renew our faith in the democratic system; change for a strong voice in Victoria; change so that your problems are my problems: in short, Change You Can Trust," ended Cardoso. -submitted

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Princeton 1860 - 2010

150 Years of Similkameen History

Nick Mills - Princeton & District Museum & Archives

John Fall Allison - Part 2

John and Susan Allison were married in 1868 and their honeymoon was spent horseback riding over the Indian summer trail between Hope and Princeton, with very few responsibilities the young couple's introduction to the Similkameen was blissful, but life was harder on arrival in Princeton.

John Allison constructed their furniture from tea chests; it was some years later that the family piano was packed from Hope. Their nearest neighbours were at Keremeos, forty five miles down the Indian river trail.

Princeton during the 1870's was a cattle centre. Okanagan and Similkameen herds were driven over the Hope Trail and then taken by boat to New Westminster and Victoria.

The winter of 1870-71, the Allison's spent at Hope where their second child, Wilfred was born. The next year they rented the old Hudson Bay Post in Keremeos, but in 1873, still looking to avoid the Princeton winter weather, the Allison's moved with their cattle to a ranch in the Okanagan, near Westbank and the site of the present day Quails Gate winery. They returned to Princeton, but continued to winter their herds in the Okanagan, driving their cattle along an old Indian trail that roughly followed the route of today's Princeton-Summerland Road. In 1878, the Okanagan ranch was sold to one John Phillips.

John Allison's colleague Hayes joined him at Westbank, but it is clear from her writings that Susan Allison did not appreciate him and it was here in 1878 that the two partners split. John, Susan and their children returned to Princeton. Hayes disappeared, never to be heard of again.

For ten years from 1860, Princeton was "Government Headquarters for the Similkameen District". It was in 1878 Allison acquired several abandoned pre-emptions until he owned 5,000 acres in and around the area. With all this land



Susan Louisa Allison. Born Columbo, Ceylon August 18, 1845. Passed away in Vancouver February 1, 1937. Photo: Princeton Museum

Allison contracted to graze cattle.

It was on April 1st, 1883, with all the men folk away, that Susan was alone with the children, when the Allison's house burnt down. That night four inches of snow fell and they were forced to sleep in an abandoned cabin, they were left with 10 pounds of flour and a small quantity of bacon. She saved her bag containing \$100 and the family bible and with the help of friends rebuilt on a site nearby.

In 1900, Susan Allison opened a school, but it was an English Company that then launched the Princeton town site on the original Allison pre-emption which John Allison had abandoned for better grazing land; the monies made from the development therefore went to a Mr. S. D. Sands who had married the fifth Allison child, Rose, who died in 1902 (when Sands went off to New Guinea to

seek new fortunes).

The Allison's then, in partnership with Edgar Dewdney, promoted a rival township five miles down the river. A school, rail station and Government office were the inducements and Susan Allison started her second Similkameen School. John Allison, however, was utterly vanquished and he stated that they lost heavily on the enterprise.

In her writings, Mrs. Allison records that for some time her husband had issued mining licences "But did not bargain for work like this". She says he was urged to be Gold Commissioner, but agreed only to act until someone else was appointed. In fact he was appointed Assistant Gold Commissioner for the Rock Creek Mining Division on April 5th, 1885, three months before the first recorded discovery at Granite Creek.

From Granite Creek, many made their way to Princeton and with the new 1900 town site, Princeton entered a new era. John Allison, the true founder, barely glimpsed it. He died November 28th, 1897, after about a month's illness. Susan Allison said he was never the same man after he was thrown from a horse in 1877, when he was unconscious for thirty-six hours.

Susan Allison, the subject of a future article in this series, survived her husband by forty years. She died, aged 92, February 1st 1937 and rests alongside her husband in the Allison family cemetery along the Old Hedley Road.



John Allison's property at Westbank. Photo: Princeton Museum

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Similkameen News Leader Owner/Publisher George Elliott, left, presents Rika Ruebsaat and Jon Bartlett of Princeton Traditional Music Society with a Credit Memo for advertising. The group was one of three selected by the paper to receive free advertising in 2009. Photo: Brenda Engel

Church hosts gospel concert

Musician, songwriter, performer, speaker and Gospel recording artist Joanie Kotanen will be presenting a concert next Sunday evening at the Pentecostal Church located beside our town library.

She shall be singing Gospel favourites together with her own compositions, including those from her recently released CD entitled "The Fragrance Of Love." A portion of all her concerts provides those in attendance with the opportunity of being able to sing along with her.

Joanie is a mainstay of local gospel music in northern Ontario, but her music takes her from coast to coast across Canada and throughout the USA.

While she performs in both small villages and the largest of cities, she prefers to journey on the path less travelled.

Joanie is well known for traveling and performing in places where other people simply won't go. She goes off the beaten path, including First Nations reserves and remote locations. She has appeared in prisons, soup kitchens and shelters, as she has never needed a formal stage to deliver her music and message.

You are invited to bring your family and friends to participate in Joanie's concert beginning at 7:00 PM on Sunday, March 29th. A product table will be available. Admission is free. A free-will offering for Joanie shall be received.

- submitted

Writers plan workshop

Princeton Writers Group, a member of the Princeton Arts Council, is sponsoring a one-day seminar on Saturday, March 28th at the Riverside Wellness Centre, starting at 10:00 AM.

The seminar will include 3 1/2 hours of classroom instruction. There will be one coffee break with coffee provided. There will also be a short discussion period. Bring a lunch if desired.

There will be no entry fee, expenses to be borne by the club; therefore, participation must be limited to the first twenty entrants.

The workshop will include;
- a short free writing exercise
- discussion of the purposes of free

writing
- some longer writing exercises
- sharing of writing
- discussion on writing group
- guidelines and feedback
Instructor will be Carolynne Sinclair, published author and educator.

Her qualifications include instruction at Simon Fraser University and Literacy Mentor for the Vancouver School District.

For further information and if you are a budding or established writer, or simply have a story to tell, confirm your reservation with John Sandness at (250) 295-7827, Doreen Sheaves (250) 295-7659 or HP Toews (250) 295-4015. - submitted



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Say good bye to a 'Great Man' Larry Barenscott

With great sadness in our hearts the management and staff of Century 21 Princeton Realty and Westland Insurance say good bye to a 'great man' - Mr. Larry Barenscott who passed away suddenly on March 16, 2009.



Larry was one of the founders of Hamilton Realty/Insurance which eventually became Century 21 Princeton Realty.

Larry retired from the business in 1999 and moved to Kelowna with his loving wife, Judy - who also made a huge contribution to the family business.

Many of Larry's friends and colleagues will remember him as a great mentor and for always being there to provide guidance and assurance.

We all benefited just having known him.



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Entertainment

Similkameen News Leader TV Guide Listings - March 24-30, 2009



Teen dancer Elizabeth Spike of Lillooet concentrates on her moves at the USIB Pow Wow. *

Museum plans later opening

Princeton Museum will open a little later this year due to staffing requirements. The museum will open May 18 and close after the last weekend in September. This is a shorter span than in past years, primarily because of the need to reorganize.

Hours of operation will be 10:00 AM to 5:00 PM seven days a week, with longer hours, to 7:00 PM, in July and August. The museum can be opened beyond those hours for

special tour groups. To arrange for a special tour, call 250-295-7588.

USIB hosts pow wow

The Upper Similkameen Indian Band (USIB) hosted their annual Traditional Pow Wow March 20th to 22nd.

The event was held at Chuchuwayha Hall on Highway 3 and featured four performances with Grand Entries at 7:00 PM Friday, 1:00 PM and 7:00 PM

Saturday and 12 Noon Sunday.

Master of Ceremonies for the weekend was Derek 'Buck' Sheena with Cecil Sheena as Whipman. Oly Bent also returned as Arena Director for the weekend.

There were many vendors and participants present for all performances.



The Teen Girls Dance during the Upper Similkameen Pow Wow in Hedley. *

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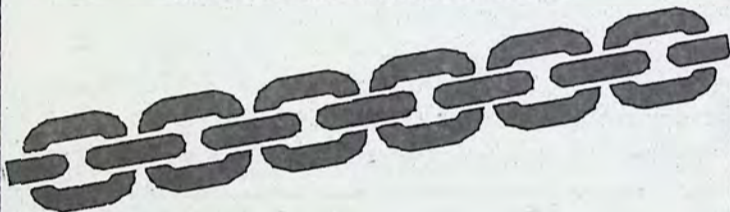
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Photos from the USIB Traditional Pow Wow held March 20-22 in Hedley. *

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TUESDAY, MARCH 24, 2009

Table with 20 columns (WTBS to TROP) and 24 rows (6 AM to 11 PM) showing TV schedules for Tuesday, March 24, 2009.

WEDNESDAY, MARCH 25, 2009

Table with 20 columns (WTBS to TROP) and 24 rows (6 AM to 11 PM) showing TV schedules for Wednesday, March 25, 2009.

Similkameen News Leader - Horoscopes

March 25-April 1, 2009

Aries - Although this is your best time of year, you may have some anger working its way in the back of your mind. Be cautious about blurting out inappropriate remarks. Chill.

Taurus - This is not a great time for you, but you do have more energy than usual. Try to direct your energy to positive gains in your career. You can advance by charm and planning skills.

Gemini - Groups you belong to can be your source of comfort and cheer now, and can reduce some of the pressure you feel in your career. If you can take a long trip, do it for fun.

Cancer - The urge to travel may hit you. You want to go places and do things. There is a lot of talk about your career. Look for opportunities to capitalize on resources you share with others.

Leo - You may be having problems with debt, taxes, investments, insurance or estate matters. Make sure your financial foundation is solid. Consult knowledgeable people.

Virgo - You can gain through managing your finances. Make good use of resources you share with others. Problems that arise will come from others' ego issues. Don't react to negativity.

Libra - Somebody is going to talk to you in a charming way. Don't ignore it. This could be a valuable friend or even a mate. If married, this is the time to strengthen relationship.

Scorpio - You could be in the mood for some lusty romance, but don't expect a lasting relationship. If you have kids, they could be troublesome. Your strength now is planning, achieving goal.

Sagittarius - You could be really busy around home, or have problems with property. Sports and recreation provide relief. Career is demanding. You gain by communicating.

Capricorn - Things at home go smoothly, and you could be active around home. Errands may annoy you by too many demands. Finances need solid management for best results.

Aquarius - You would really love to be rich and feel the limitations of too small an income. Look for ways to expand your world without spending a lot. Make your own fun.

Pisces - Your energy level is very high now, and your ego is very strong. Watch out for a need to spend to satisfy ego needs. Partner may set limits. Don't react badly. You need limits now.

Similkameen News Leader - Recipe Corner

Recipe #264

Carrot and Cabbage Noodles

Ingredients

- 1 package (250 g) Thai Kitchen thin rice noodles
- 3 tbsp (45 mL) vegetable oil
- 2 tbsp (30 mL) minced fresh garlic
- 1 cup (250 mL) chopped red onion
- 2 tsp (10 mL) brown sugar
- 1 cup (250 mL) shredded carrots
- 2 cups (500 mL) shredded green cabbage
- 1/2 cup (125 mL) diagonally sliced green onion
- 4 tbsp (60 mL) Thai Kitchen red chili dipping sauce
- 4 tbsp (60 mL) soy sauce

Directions

- 1) Bring a large pot of water to boil. Add noodles and cook 3-5 minutes until al dente.
- 2) Drain and set aside.
- 3) Meanwhile, heat vegetable oil in a large skillet over medium-high heat. Add garlic and stir-fry for 1 minute. Add onion and brown sugar. Stir-fry for 2-3 minutes until onion is soft. Add carrots, cabbage, green onion, chili dipping sauce, and soy sauce. Stir-fry for 5 minutes. Add reserved noodles. Stir-fry for 3-5 minutes to combine vegetables and noodles. Serve immediately.

Makes six 1 cup (250 mL) servings.

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tuesday movies

AFTERNOON

5:00 pm WTBS (3) ★★½ "Underworld" (2003, Horror) Kate Beckinsale. A female vampire tries to protect a medical student from werewolves intent on creating a hybrid species. (C)

EVENING

9:00 pm WTBS (3) ★★½ "Underworld" (2003, Horror) Kate Beckinsale. A female vampire tries to protect a medical student from werewolves intent on creating a hybrid species. (C)

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wednesday movies

AFTERNOON

5:00 pm WTBS (3) ★★★ "Spider-Man" (2002, Action) Tobey Maguire. Peter Parker uses his superhuman powers to battle his archenemy, the Green Goblin. (C)

EVENING

9:00 pm WTBS (3) ★★★ "Spider-Man" (2002, Action) Tobey Maguire. Peter Parker uses his superhuman powers to battle his archenemy, the Green Goblin. (C)

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thursday movies

EVENING

7:00 pm WTBS (3) ★ "Mr. Deeds" (2002, Comedy) Adam Sandler. A television producer tries to get the scoop on a small-town pizzeria

owner after he inherits \$40 billion. (C) 10:30 pm WTBS (3) ★ "Mr. Deeds" (2002, Comedy) Adam Sandler. A television producer tries to get the scoop on a small-town pizzeria owner after he inherits \$40 billion. (C)

friday movies

AFTERNOON

5:00 pm WTBS (3) ★★ "Stealth" (2005, Action) Josh Lucas. Three naval pilots must stop a fighter jet controlled by artificial intelligence that has run amok. (C)

(1997, Drama) Demi Moore. A female Navy SEALs recruit completes rigorous training under a tough officer's command. (C)

EVENING

7:00 pm YTV (18) ★★ "She's the Man" (2006, Romance-Comedy) Amanda Bynes. Romantic complications ensue when a student poses as her twin brother and replaces him at his boarding school. (In Stereo) (C)

9:25 pm FAM (26) ★★★ "Akeelah and the Bee" (2006, Drama) Laurence Fishburne. Akeelah, an 11-year-old girl living in South Los Angeles, discovers she has a talent for spelling, which she hopes will take her to the National Spelling Bee. (C)

7:30 pm FAM (26) ★★½ "The Goonies" (1985, Adventure) Sean Astin. Coastal Oregon kids follow the treasure map of pirate One-Eyed Willie past his deadly traps to gold. (C)

11:17 pm FAM (26) ★★★ "Rudy" (1993, Drama) Sean Astin. With heart and determination an Illinois youth tackles shortcomings to play Notre Dame football. (C)

9:00 pm WTBS (3) ★★ "G.I. Jane" (1997, Drama) Demi Moore. A female Navy SEALs recruit completes rigorous training under a tough officer's command. (C)

www.frameyourpets.info

THURSDAY, MARCH 26, 2009

Table with 20 columns (WTBS, CHBC, KNOW, KSPS, KHQ, KREM, A&E, KXLY, BCTV, CITY, CBC, YTV, TSN, VTV, DISC, FAM, CITY, SPIKE, TROP) and 24 rows of programming schedules for Thursday, March 26, 2009.

FRIDAY, MARCH 27, 2009

Table with 20 columns (WTBS, CHBC, KNOW, KSPS, KHQ, KREM, A&E, KXLY, BCTV, CITY, CBC, YTV, TSN, VTV, DISC, FAM, CITY, SPIKE, TROP) and 24 rows of programming schedules for Friday, March 27, 2009.

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Similkameen News Leader

CARTER'S Sudoku Challenge

CREATED FOR THE NEWS LEADER BY CARTER BOSWELL

HOW TO PLAY:

Sudoku is a game of logic. There is no math involved. The object of the game is to fill the grid so that the numbers 1 through 9 appear only once in each row, column and 3 x 3 box. The numbers can appear in any order and Carter has left you some clues below.

CHALLENGE #177 - Rated Easy

		2		7		1		
	1			9				8
4			1					2
		6			1	3		
3	2						4	1
		8	5			2		
7					6			8
	3			8				2
		9		3		7		

CHALLENGE #178 - Rated Hard

			5			3		
	7		4	6		1	5	
3	2							
							4	8
	6		2		4		3	
8	3			1				
			8				7	5
	5	6		2				9
		9			7			

THIS WEEK'S SOLUTIONS:
Page 20

Carter's Sudoku Challenge grids, puzzles and solutions copyright 2009 Carter Boswell, Princeton, BC and published by Similkameen News Leader

saturday movies

MORNING

10:00 am WTBS (3) ★★ "Election" (1999, Comedy) Matthew Broderick. When a school's goody-two-shoes runs for class president, a teacher/adviser schemes to keep her from winning. (E)
11:00 am A&E (9) ★★ "Pearl Harbor" (2001, War) Ben Affleck. Best friends join the war effort after the Japanese attack U.S. troops stationed on the Hawaiian island of Oahu. (E)

AFTERNOON

12:00 pm FAM (26) "Life Is Ruff" (2005, Comedy) Kyle Massey. A teenage slacker adopts a stray as part of a plan to win a large cash prize at an upcoming dog show. (E)
1:30 pm FAM (26) "The Luck of the Irish" (2001, Fantasy) Ryan Merriman. A teenager must battle for a gold charm to keep his family from being controlled by an evil leprechaun. (E)
4:00 pm YTV (18) ★★ "The Rugrats Movie" (1998, Adventure) E.G. Daily. Animated. Tommy and his plucky pals go on a forest adventure in his father's latest invention, the Reptar Wagon. (In Stereo) (E)
5:00 pm WTBS (3) ★★ "Stealth" (2005, Action) Josh Lucas. Three naval pilots must stop a fighter jet controlled by artificial intelligence that has run amok. (E)

EVENING

6:00 pm CITY (29) "The Conclave" (2006, Historical Drama) Rolf Kanies. A young cardinal must elect a new pope in 1458 Rome. (E)
7:30 pm WTBS (3) ★★ "Without a Paddle" (2004, Comedy) Seth Green. Three childhood friends embark on a canoe trip to find a plane hijacker's stash of money.
8:00 pm CHBC (4) "The Party Never Stops" (2007, Drama) Sara Paxton. Binge drinking takes its toll on a college freshman and her new room-

mate. (E)
KSPS (6) ★★ "Three Coins in the Fountain" (1954, Romance) Clifton Webb. Three single American women make wishes at Rome's Fountain of Trevi. (E)
KXLY (10) ★★ "Just Like Heaven" (2005, Romance-Comedy) Reese Witherspoon. Premiere. A San Francisco widower falls in love with a ghostly doctor while subletting her apartment. (In Stereo) (E)
YTV (18) ★★ "The Addams Family" (1991, Comedy) Anjelica Huston. Gomez, Morticia and their ghoulish household are prey to a scam involving long-lost Uncle Fester. (In Stereo) (E)
9:00 pm FAM (26) ★★ "Angus" (1995, Drama) Charlie Talbert. An overweight freshman who pines for a pretty cheerleader is the target of a high-school quarterback's cruel prank. (E)
10:00 pm WTBS (3) ★★ "Cop Land" (1997, Crime Drama) Sylvester Stallone. The sheriff of a small New Jersey police community confronts key men on both sides of a law-enforcement cover-up. (E)
10:32 pm FAM (26) ★★ "The Karate Kid" (1984, Action) Ralph Macchio. A New Jersey teen moves to California, meets bullies and learns karat

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sunday movies

MORNING

8:30 am WTBS (3) ★★ "The Tuxedo" (2002, Comedy) Jackie Chan. A chauffeur embarks on a covert mission after a tuxedo from a secret agent gives him extraordinary abilities. (E)
9:00 am A&E (9) ★★ "Pearl Harbor" (2001, War) Ben Affleck. Best friends join the war effort after the Japanese attack U.S. troops stationed on the Hawaiian island of Oahu. (E)
10:30 am WTBS (3) ★★ "The Whole Ten Yards" (2004, Comedy) Bruce Willis. A retired hit man, his wife and a dentist face the wrath of a mobster just released from prison. (E)

AFTERNOON

12:00 pm FAM (26) "Roxy Hunter: The Myth of the Mermald" (2008, Mystery) Aria Wallace. A girl realizes that a mysterious amnesiac is a mermaid who needs to find her way home. (E)

12:30 pm WTBS (3) ★★ "Cop Land" (1997, Crime Drama) Sylvester Stallone. The sheriff of a small New Jersey police community confronts key men on both sides of a law-enforcement cover-up. (E)
1:30 pm FAM (26) ★★ "Madeline" (1998, Comedy-Drama) Frances McDormand. A fearless French orphan involves her schoolmates and headmistress in a series of misadventures. (E)
2:30 pm WTBS (3) ★★ "Bandits" (2001, Comedy) Bruce Willis. Two bank robbers fall for a bored housewife who helps them commit heists across the country. (E)
4:00 pm YTV (18) ★★ "Dennis the Menace Strikes Again" (1998, Comedy) Don Rickles. A devilish boy introduces his grandfather to crotchety neighbor Mr. Wilson and thwarts two con men. (In Stereo) (E)
5:00 pm WTBS (3) ★★ "Stealth" (2005, Action) Josh Lucas. Three naval pilots must stop a fighter jet controlled by artificial intelligence that has run amok. (E)

EVENING

6:00 pm YTV (18) ★★ "Open Season" (2006, Comedy) Voices of Martin Lawrence. Animated. Stranded in the wilderness, a mule deer and a domesticated bear try to make their way back to the safety of a town preserve before a hunter catches them. (In Stereo) (E)
7:30 pm WTBS (3) ★★ "The Chronicles of Riddick" (2004, Science Fiction) Vin Diesel. On the run from mercenaries, a fugitive lands on a planet endangered by an invading ruler and his bloodthirsty army. (E)
8:00 pm KNOW (5) ★★ "Inspector Morse: The Silent World of Nicholas Quinn" (1992, Mystery) John Thaw. A cinema stub is the only clue to the murder of a hearing-impaired member of the Foreign Examinations Syndicate. (E)
9:00 pm FAM (26) ★★ "Ernest Goes to Jail" (1990, Comedy) Jim Varney. A case of mistaken identity lands a bumbling bank janitor in the slammer and his criminal look-alike on the streets. (E)
10:00 pm WTBS (3) ★★ "The Tuxedo" (2002, Comedy) Jackie Chan. A chauffeur embarks on a covert mission after a tuxedo from a secret agent gives him extraordinary abilities. (E)
10:30 pm FAM (26) ★★ "Bob the Butler" (2005, Comedy) Tom Green. A novice manservant takes a job with a neurotic single mother and her mischievous children. (E)

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MONDAY, MARCH 30, 2009

	WTBS (3)	CHBC (4)	KNOW (5)	KSPS (6)	KHQ (7)	KREM (8)	A&E (9)	KXLY (10)	BCTV (11)	CITV (12)	CBC (13)	YTV (18)	TSN (19)	VTV (22)	DISC (24)	FAM (26)	CITY (29)	SPIKE (44)	TROP (45)
6 AM	Jeffersons	News (N)	(6:12)	Bob Build	News (N)	News (N)	The Sopranos	News	(5:30) News (N)	(4:30) News (N)	CBC News: Morning (N)	Being Ian	SportsCentre	Canada AM	Daily Planet	Henry's King	CityLine	CSI: Crime	Once a Thief
7 AM	In the Heat of the Night	Room That News	Martha Dora	Arthur (EI)	Today (N)	The Early Show (N)	American Justice	Good Morning America (N)			Turbo Animal	Hawks	SportsCentre		Cash Cab	(8:56)	The Tyra Banks Show	CSI: Crime	The Outer Limits
8 AM	Cosby	Ad Pers	(7:58) Hi-5	Curious			Cold Case Files		100 Huntley Street	100 Huntley Street	Bo On Go	Pokemon	SportsCentre		How-Made	Weekend	Rachael Ray	CSI: Crime	North of 60
9 AM	Fam. Feud	Three Takes	Berenstain	Super Why!		The 700 Club	Cold Case Files	Regis and Kelly	100 Huntley Street	Hospital for Sick Kids	Super Why!	Rolie Polie	Off-Record	Regis and Kelly	Daily Planet	Fest	News (N)	CSI: Crime	TV Made
10 AM	Trivial	The Mom Show	Noonbory	Sesame Street (EI)		The Price Is Right (N)	CSI: Miami	The View (N)	World Vision	Debt Part House	Wilbur	George S. Berenstain	PBA Bowling: Long Island Classic	The View (N)	Air Dogs	Mickey Handy	The O.C.	CSI: Crime	What
11 AM	Harvey	One House	Rolie Polie	Dragon	Ellen DeGeneres Show	Young and the Restless	Crossing Jordan	Paid Prog.	World Vision	(10:59) News (N)	Dinner	Dewitt	ATP Tennis: Sony Ericsson	Twice in a Lifetime	Megabuilders	Benj Bear	The Bonnie Hunt Show	CSI: Crime	Grace
12 PM	Fresh Pr.	Chef	(12:01)	Charlie Rose	Paid Prog.	News (N)	The Sopranos	All My Children (N)	News (N)	Days of our Lives (N)	News	Being Ian	Open - Early Round. From Miami.	etalk	Truth-Moonlandings	(11:49)	CityLine	CSI: NY	Seinfeld
1 PM	Still Std	Home to	Maggie	Fine Art	Days of our Lives (N)	As the World Turns (N)	American Justice	One Life to Live (N)	As the World Turns (N)	As the World Turns (N)	Martha Stewart	Jacob Erky Perky	Sue Thomas: F.B.Eye	Dirty Jobs	Dragon	ER	CSI: NY	"Super Men"	Raymond
2 PM	King	Guiding Light (N)	BluesClues	WordWorld	The Bonnie Hunt Show	Guiding Light (N)	Cold Case Files	General Hospital (N)	Young and the Restless	The Doctors	Steven and Chris	Viva Pinata	General Hospital (N)	MythBusters	(1:54)	News (N)	CSI: NY	Raymond	
3 PM	Seinfeld	Split Ends	(3:01)	Big World	Judge	Dr. Phil	Cold Case Files	Rachael Ray	The Doctors	Young and the Restless	Living Food	Grossology	Off-Record	Dr. Phil	Worst Handyman	Replace	News (N)	CSI: NY	What
4 PM	Payne	Debt Part	Fetch! Ruff	Judge J.	Oprah Winfrey	CSI: Miami	Deal No	Oprah Winfrey	(3:59) News	Fashion F.	SpongeBob	NHL Hockey: New Jersey Devils at New York Rangers.	Ellen DeGeneres Show	Daily Planet (N)	(4:08)	Law & Order: SVU	UFC Unleashed	Vanity Reality	
5 PM	Movie: "Underclassman" (2005)	News (N)	Martha (5:34)	BBC News	News (N)	News (N)	Intervention	News	News (N)	(4:59) News (N)	Simpsons	OddParent	News (N)	MythBusters	Suite Life	Chuck (N)	UFC Unleashed	Reality	
6 PM	Nick Cannon.	Global News	Taste Buds	News-Lehrer	News (N)	News (N)	Intervention "Brooke"	News	News (N)	ET Canada	News	Drake	SportsCentre (Live)	News (N)	Dirty Jobs	Zoey 101	Less-Kind	Ultimate Knockouts	
7 PM	Harvey	E! News	Undersea	'Allo, 'Allo!	Jeopardy!	The Doctors	Paranormal	Entertain	Entertain	Heroes "Into Asylum"	Coronatn	Karaoke Star Junior	Hockey	Hollywood	Wizards	Mantracker	Ultimate Knockouts	Are You Smarter	
8 PM	Family Guy	The Soup	The Mu	Antiques Roadshow (N)	Chuck (N)	Big Bang	Paranormal	Dancing With the Stars	House (N)	House (N)	Mosque	Malcolm	Sports	Big Bang	Daily Planet	Suite Life	News (N)	Ultimate Knockouts	
9 PM	Movie: "Underclassman" (2005)	My Boys	Mr. Boogie Woogie Man	American Experience (DVS)	Heroes "Into Asylum"	Two Men	Intervention	News	Heroes "Into Asylum"	24 (N)	Comedy	League	Motoring	Two Men	Dirty Jobs	Wizards	(9:08)	CSI: NY	
10 PM	Nick Cannon.	True Hollywood Story	Commandin g Heights	PBS	Medium (N)	CSI: Miami (N)	Intervention "Brooke"	(10:02) Castle (N)	24 (N)	News Hour Final (N)	National	Falcon Beach	Poker	CSI: Miami (N)	The Detonators	School	Rock of Love	Disorderly Con.	
11 PM	Brother	News (N)	Haida Art	Charlie Rose (N)	News (N)	News (N)	Paranormal	News	News (N)	Entertain	(11:05) The Hour	Mystery	SportsCentre (Live)	News (N)	MythBusters	Suite Life	Judge	Ultimate Knockouts	

monday movies

AFTERNOON
 5:00 pm WTBS (3)
 ★ ½ "Underclassman" (2005, Comedy) Nick Cannon. A rookie policeman works under cover at a prep school to investigate the mysterious death of a student.

EVENING
 9:00 pm WTBS (3)
 ★ ½ "Underclassman" (2005, Comedy) Nick Cannon. A rookie policeman works under cover at a prep school to investigate the mysterious death of a student.

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Richard Hugh Allison



Passed away peacefully at home with family at his side. He is survived by his wife of 50 years, Donna; son, Richard (Laura) and their family, Tyler, Alyssa, and Kale; two daughters, Kathy (David), Sue (Doug).

He will be remembered by family and friends as a man who walked softly, a kind and gentle soul. He loved life, family and the beauty of the land. Richard wishes to thank the palliative health care team who eased his passing and family and friends whose visits brightened his days.

A service in remembrance was held at the Cawston Hall -2:00PM Saturday, March 21, 2009. The eagle soars. Arrangements in care of Everden Rust Funeral Services (250) 493-4112.

Over 100 evening party dresses from \$50.00 or rent from \$20.00. Call Kim (250) 295-4373 or 295-7988. Nov 25th

1 1/2 year old custom LaZBoy rocker/recliner (like new). Top grade fabric (soft sage velour). 10-year fabric treatment warranty. (New \$1,179.00) Asking \$500.00. Call (250) 295-6052. Mar 10/24

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Gen/Set Diesel 6000 LE - electronic start (new). New value: \$6,500.00. Asking: \$3,500.00 OBO per gen. Gas-powered Pressure Washer - 2,500 PSI capacity, New value: \$700.00. Asking: \$400.00 OBO. Call (250) 295-6198 or 295-8288. Mar 10/24

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3-bedroom, 64 Billiter Avenue. \$800.00 per month. No pets, no smoking, reference required. Available April 1, 2009. Contact Heather Johnson at Century 21 Princeton Realty. Call (250) 295-6977. Feb 24 th

Newly remodeled apartment. All utilities included. Two bedroom, full bathroom and kitchen. Washer and dryer in unit. Nice neighbourhood. Pets and smoking allowed. \$700 per month. e-mail: michealanders1@gmail.com Feb 10 Mar 31

3-Bedroom/1-Bath

1,800 sq. ft. home on 3-acre, private riverfront property located 25 KM east of Princeton. Wood heat, wood sauna, equipped gym, great swimming, vegetable garden. \$1,100.00/month H/E about \$75.00/month \$1,200.00/month furnished. Call Heather: (250) 295-3883

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Newly renovated, spectacular view, 5-minute walk to town, fireplace, W/D, F/S and dishwasher. Available anytime. \$850.00/month + utilities. Call Heather: (250) 295-3883 to Mar 31

2-bedroom house, 81 Kenley Avenue. \$650.00/month plus utilities. No smoking, no pets. References required. Call Century 21 Princeton Realty at (250) 295-6977. Mar 24th

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help wanted

Small Water Systems Operator

The Hedley Improvement District requires a small water systems operator. This will be a contract position. For contract requirements please contact the HID Office at (250) 292-8637 or e-mail hid@nethop.net.

Tenders will be accepted until 12:00 Noon on Thursday, March 26, 2009.

The lowest bid will not necessarily be accepted.

to Mar 24

in memoriam



Josie Schmidhammer
December 2, 1941 - March 22, 2008

When family ties are broken
And loved ones have to part,
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And an ever-aching heart.
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Annual General Meeting

7:00 PM
Tuesday, April 7
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Mar 24/3

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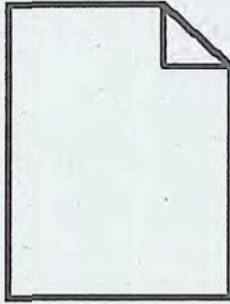
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CHALLENGE #177 - Easy

862	374	195
517	692	483
493	158	672
946	821	357
325	967	841
178	543	269
754	216	938
631	789	524
289	435	716

CHALLENGE #178 - Hard

641	572	389
978	463	152
325	918	467
192	736	548
567	284	931
834	195	726
213	849	675
756	321	894
489	657	213

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Editorial Page News Leader

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My Turn...

Watch for rock on road

Mayor Randy McLean made his feelings known about Highway 3 in no uncertain terms during a recent Town Council meeting. To quickly explain, Ministry of Transportation representatives spoke at the March 16th public meeting. Mayor McLean used the opportunity to remind them of many empty promises made over the years regarding repairs to the highway.

When the Coquihalla Highway had a toll on it, one of the promises made was that a portion of the money collected was going to be spent on upgrading other highways in the region.

Highways 3 and 5A have been virtually ignored, and in case you forgot, the toll has since been lifted from the Coquihalla Highway.

The elected officials in communities along the Highway 3 Corridor formed an informal group identified as the Highway 3 Mayors and Chairs Committee. Their top priority has always been to lobby for improvements to Highway 3.

The concept made sense and continues to but whenever an attempt is made in Victoria to argue the case the usual response is that traffic volumes on Highway 3 didn't warrant serious attention.

I suspect the Princeton BC Ambulance station and Highway Extrication Society (Road Rescue Team) would beg to differ on that point concerning this stretch of highway.

I really think highway upgrades can be twisted into another election issue if we really wanted it to be and I think Mayor McLean only tapped on it lightly.

If anyone's looking for a real issue to protest about around town I suggest you pick the highways. And forget about protesting in downtown Princeton about it – get right out on the highway. Block traffic for part of the day by crossing back and forth at the poor excuse of a highway crossing at Burton Avenue.

With the right kind of motivation and all day to spend it traffic could be held up at that crossing for hours. Maybe that would get the word out.

The Mayors and Chairs should do the same thing where Highway 3 passes through their communities. The protests should be timed to take place at the exact same time on the same day, which will in effect shut the entire route down.

And do it frequently. Once a week or so just to rub it in a little that rural BC can still wag the dog.

If Victoria hasn't heard the message in the past 15+ years, maybe they'll get the message this way. Seeing as it's close to a Provincial Election just imagine what such a shutdown could do for some election campaigns.

I can see it now. Campaign slogans like "my way or the highway" would suddenly take on a whole new meaning.

So when should we shut down Highway 3 this week?

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EDITORIAL GUIDE

We would like you to write to us, but please remember to abide by anti-discrimination laws.

The News Leader reserves the right to refuse to print any letter which is not signed by the writer or is slanderous, libelous or of uncommon sense!

The Editor reserves the right to condense any letter or to substitute proper language for improper language.



From the mid 1980's - Princeton Lions Club 'Snooshing' event. This particular race took place where the Dairy Queen now sits. Have a photo you'd like to share? We'd love to see it at the News Leader.

...Your Turn

Harry thanks Tulameen

Dear Editor:

I want to take this opportunity to thank everyone who came out to the Town Hall Meeting in Tulameen on Monday evening hosted by MP Alex Atamanenko, Regional District Trustee Brad Hope, and me.

It was a great turnout in a small community in the middle of a snow storm. A handful of folks even drove in from Princeton to participate.

It was also fantastic exchanging views, hearing the wealth of knowledge residents shared, and the emotion with which they pre-

sented their concerns and ideas.

People showed concern on a number of issues and topics such as homelessness, local transportation needs, protection of the environment and our dwindling water resources, fighting coal-bed methane development, privatization of the province's rivers and streams and power generation, the Otter Lake Campsite, and local fire protection.

Over all, I was uplifted, knowing that our citizens want government to "think globally, but act locally," especially when it comes to protecting their drinking water supply and their environment. I also appreciated the compassion shown by Tulameen residents to the growing number of homeless persons in the area and in B.C. in the last few years.

People were also very concerned with how the provincial government convinced the federal government to secretly change the Navigable Waters Protection Act (by embedding it into the Federal Budget Bill), thereby, limiting, controlling, and even cutting off

public access to British Columbia's rivers, streams and lakes by recreational users, wilderness out-fitters, hunters, kayakers, canoeists, swimmers, fishermen, and First Nations.

Local citizens also wanted a fair structure for B.C. Hydro rates so that those living in the sadly-neglected economy of Rural B.C. – where power is generated – are not gouged excessively while those living in the prosperous Lower Mainland accrue all the benefits.

I also appreciated the opportunity to share my ideas in exchange. All in all, it was a great night that will be beneficial when I address the Legislature on all of our behalf in the coming weeks.

Again, for those who came and spoke, I thank you! To those of you who were unable to attend, I welcome your thoughts and ideas any time.

Please drop a note to my office and let me know about the issues that are a priority for you.

Yours truly,

Harry S. Lali, MLA

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Current Comment:

What to do when poverty looms



Dawn Johnson
editor@thenewsleader.ca

I was shocked when I watched a television show about what American homeowners did when they could not pay their mortgages. Some simply abandoned their homes and possessions. Others trashed the house. Others had to be forcibly removed. This was not what shocked me. The real shock came when I looked at all of the things people left behind.

These were people who did not know how to deal with downsizing when there was a money pinch.

I was seventeen years old when I learned to see the value of money in a whole new light. I had to buy a new pair of shoes. I have always had to buy expensive shoes because they must be leather uppers. The shoes I needed cost \$7.95.

I was earning 69 cents an hour. It struck me then that the money I would spend represented 12 hours of my life. I had to work as a waitress for 12 hours to pay for a pair of shoes.

From that time forward, I began to see money in terms of hours of my life spent working for somebody. I saw my husband's life being used up to get money to pay for his family. Let's face it: all of us need the money we earn to pay for the things we need and the things we want.

We give up countless hours of our lives to pay for all these things, and we fear losing our jobs, and our incomes.

What struck me as really wrong was what those American families had done when they knew they

could not pay their mortgages. When a family buys a home, it is probably the first biggest investment they make. That investment represents many years of work to pay off the mortgage. In other words, somebody is giving a lot of hours of their lives to put a secure roof over their heads. They should protect that investment from the start.

When a family loses its income, the most important things they need are food, shelter, telephone and utilities. Everything else is non-essential.

With job loss either now or in the immediate future, cut out all the non-essentials. Cut out television services, internet (if you're not locked in), haircuts, new clothes, new anything, and gasoline. Yes, walk instead of driving. Maybe you can cancel your car insurance if you are on a monthly plan. If you get a job, it's easy enough to reinsure.

Cut down on expensive groceries. You can feed breakfast to a family of four cheaply on a bag of oatmeal. In fact, a big bag may last a whole month and cost the same as one box of the other cereal.

Eat lots of home cooked bean dishes. They are good for you and they are cheap. Cut out stuff like

cakes and ice cream, and all those household cleaners and deodorizers.

Do what you need to do to protect your biggest investment, but do not cancel health insurance. Look at your assets and how you could use them. Could you have a yard sale?

Could you take in a boarder? Your house is an asset and somebody may need a place to live. That person can help pay the mortgage.

Most people have yard space they can turn into a garden. It is amazing how little it costs to make a garden. All you need is a spade, a rake, a hoe and some seed.

A package of lettuce seed may cost \$2.00, but you can grow \$40 worth of lettuce from it, even in a small space. You can grow potatoes and carrots in a flower bed, along with the flowers.

The best time to start preparing for a recession is before it happens. Many people these days do not know how to save money, but learning to save money is a good thing to do while you have a job. Every family should have the equivalent of three months' wages in a savings account. If you do not have this now, this is the time to start.

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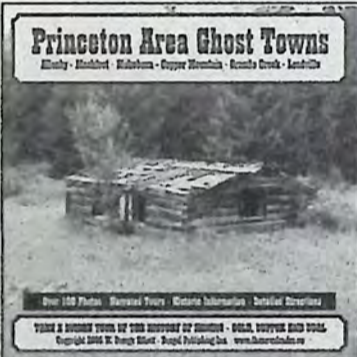
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Similkameen News Leader Owner/Publisher George Elliott presents Princeton Minor Fastball Association President Shari Thompson with a credit memo for advertising. Minor Fastball was one of three local groups the News Leader selected to support with free advertising in 2009. * Photo: Brenda Engel

The 'Green' Corner

De-Bug The Green Way

by Dawn Johnson

Insecticides and pesticides are heavy-duty pollutants. Not only do they pollute the water, but spraying them pollutes the air and everything the pesticides touch. Residue from pesticides stay around longer than you may think.

The first, best way to get rid of insects in your house is to keep your house very clean. The kitchen is a room which will be first to attract insects. They come for the bits of food dropped here and there. Clean the inside of your cupboards regularly. Vacuum regularly. Tell the kids not to leave any bits of food around the house.

A vacuum cleaner is a wonderful tool for ridding your home of insects. Generally speaking, the fine dust inside the vacuum cleaner catchment area will kill most insects through clogging their breathing organs. Thoroughly vacuum clean your house at least once a month, with light vacuuming

(without moving furniture) at least once a week. Areas of the house used for storage are often home to insects you never notice. Clean all closets and storage areas frequently during the year.

Pets are often a source of insects in the home. Make sure your pets are clean and free of fleas. Check them for ticks in the spring. Shampoo dogs regularly. Clean bird cages at least once a week.

Put screens on doors and windows to prevent flying insects from entering your home.

Here are some "green" products to use in your home to keep insects out: cedar oil, available in a manual spray pump, can be sprayed on window sills and door sills to repel fleas. (Note: some people are allergic to cedar oil.) Pine oil will repel ants if used full strength on door sills and around the foundation of your home. Borax powder attracts ants to it, but it will kill them when they eat it. Borax bait is used to get rid of cockroaches, but be cautious if you have children or pets in your home.

To get rid of any possible insect eggs in clothing or bedding, hang it out in bright sunlight. If you have moth problems, be sure to hang the material for two days. Hanging out laundry to dry helps get rid of insect larvae and also kills viruses.

Insects such as house flies often lay eggs on walls and ceilings. Washing walls and ceilings in the fall or winter is a good way to prevent insects developing inside the home.

To prevent flies from landing on kitchen surfaces, wipe with a 50/50

water/vinegar solution. This repels flies.

There are some clever traps on the market for dealing with wasps and hornets. Never try to trap bees as they are beneficial to the environment. If a bee does enter your home, trap it in a drinking glass, slide a piece of paper under the opening of the glass, and put the bee back outside. Be sure you and your family know the difference between wasps and bees.

If wasps build a nest attached to your home, wait until the morning is cold enough to immobilize the wasps, then knock the nest to the ground and stomp on it repeatedly until all of the wasps are dead.

Spiders are the most difficult insects to get rid of, as they hide well. Your only evidence of the presence of a spider is likely to be the cobwebs. Even so, you may spot a spider's nest on occasion, especially in autumn. Get rid of it by crushing it or putting it in water and freezing it. While none of us really like spiders, nests in the outdoors should be left alone as spiders do eat a lot of other insects.

Last, but not least, reduce the number of insects outside your home by encouraging birds to live on your property. Birds work all day at ridding your trees, bushes and lawns of insects. Encourage them by belling your cat and by providing a safe birdbath or a small, fine spray sprinkler.

Do not chase birds away by bothering their nests. Many birds, if encouraged, will come back next year along with the next generation.

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News Leader Owner/Publisher George Elliott, left, presents Princeton Highway Extrication President Peter Hartinger with an advertising credit memo - one of three given away by the paper. * Photo: Brenda Engel

Hospital Auxillary Report

The general meeting of the Auxiliary was held March 9th with President Christina Scarisbrick in the chair.

A motion was made to change the time of our meetings. Starting in April we will then change from 2:00 PM to 1:00 PM meetings and because the second Monday is

Easter weekend we will meet April 20th at 1:00 PM.

We welcomed Wendy Engulf as a possible new member. At this time we would like to invite you to join us come to a meeting and you will be greeted by a very friendly group. We meet in the Hospital board room.

Our Hospital Auxillary will be cel-

ebrating our 100th Centennial we are open to ideas for this event, if you have any ideas you would like to share please contact Christina at (250) 295-4330 we look forward to hearing from you.

Remember there is a bag sale every week this month, so come and fill a bag. -submitted by A. Salter

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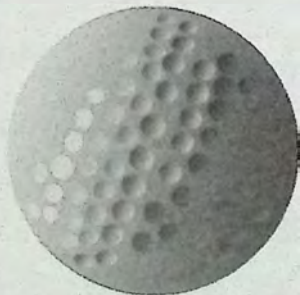
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A dancer performs during the Inter-Tribal Dance at the Upper Similkameen Pow Wow in Hedley. *

Ranching Ain't Easy

When Pigs Fly

by Lyn Melnechenko

I used to live just a half mile from the livestock auction yards, and every Saturday and Wednesday there was a steady stream of trucks and trailers driving past my house hauling all manner of livestock back and forth. One Saturday I was out in the yard working when a livestock hauler was passing. It was early spring and because of the heavy traffic there were a couple of nasty pot holes in the road. The large truck bounced vigorously in the holes and the spring loaded back door popped open. A small wiener pig dropped off the back of the load onto the road.

I yelled and waved my arms but the driver drove on oblivious to the dilemma.

The pig came up running and squealing and headed straight down my driveway. I tried to catch him but have you ever tried to catch a scared pig? It was like trying to catch the wind. He dodged past me, ran past the barn and out to the open field, continuing to squeal the whole while.

My entire herd of horses suddenly came thundering across the field, ears back, teeth bared and with a murderous glint in their eyes. I have no idea what kind of threat they thought that pig was but they were determined to rid the field of it. I've never seen such an angry bunch of horses.

I waved a broom and yelled but it didn't deter them in the least. They were hell bent towards the cliff edge with a thirty-five foot drop and a grove of large cedars

below. With several sets of gnashing teeth hot on his tail, the little pig was running for his life and was scared, blind to where he was headed. He ran off the edge of the cliff, bounced off a rock and flew through the air, landing in the top of a large tree below.

I quickly scrambled down the cliff to the ground below to catch him when he landed. He should just fall down through those tree limbs, right?

After a few minutes with no sign of the pig I climbed back up to the top and peered into the tree. That pig sat there staring at me, caught up in the branches of the tree. He was quite happy to be away from those nasty teeth and hooves and wasn't even trying to get out of that tree.

Now, I had no experience extracting pigs from trees so I thought on it a while until I formed a plan. I went up to the barn and I quickly saddled my sturdiest horse and pulled out my lariat. Then I rode back to the cliff. After I built a wide loop I swung high and wide and after a couple of misses I managed to rope the top of that cedar.

Then I dallied on the saddle horn and made my horse back up until the branches of the tree touched the rocks. I tied the rope hard and fast, dismounted, and crept up to the edge of the cliff. I reached into the branches but I was still a few inches from reaching the little pig.

I hollered for my horse to back a bit more. Just as my fingertips touched the pig I heard a loud

crack as the tree quivered and then suddenly the tree top snapped off and landed on my head, tangling in my hair. I looked up just in time to see the pig being catapulted through the air.

I sat on that cliff edge watching in awe as that pig streaked across the sky, his little legs flailing madly like Wiley Coyote in the cartoons. He emitted a continuous high pitched squeal as he flew away beyond my fence. His chubby pink body disappeared out of sight on the other side of a bramble hedge. I went looking for that pig but he had completely vanished and I never saw him again.

But to this day I think twice before I use the phrase "When Pigs Fly".

(Lyn has released a collection of her poems and drawings in "Cowgirls Cuss Too!" Contact her at lyn@nethop.net to purchase your copy.) copyright 2009 Lyn Melnechenko

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