



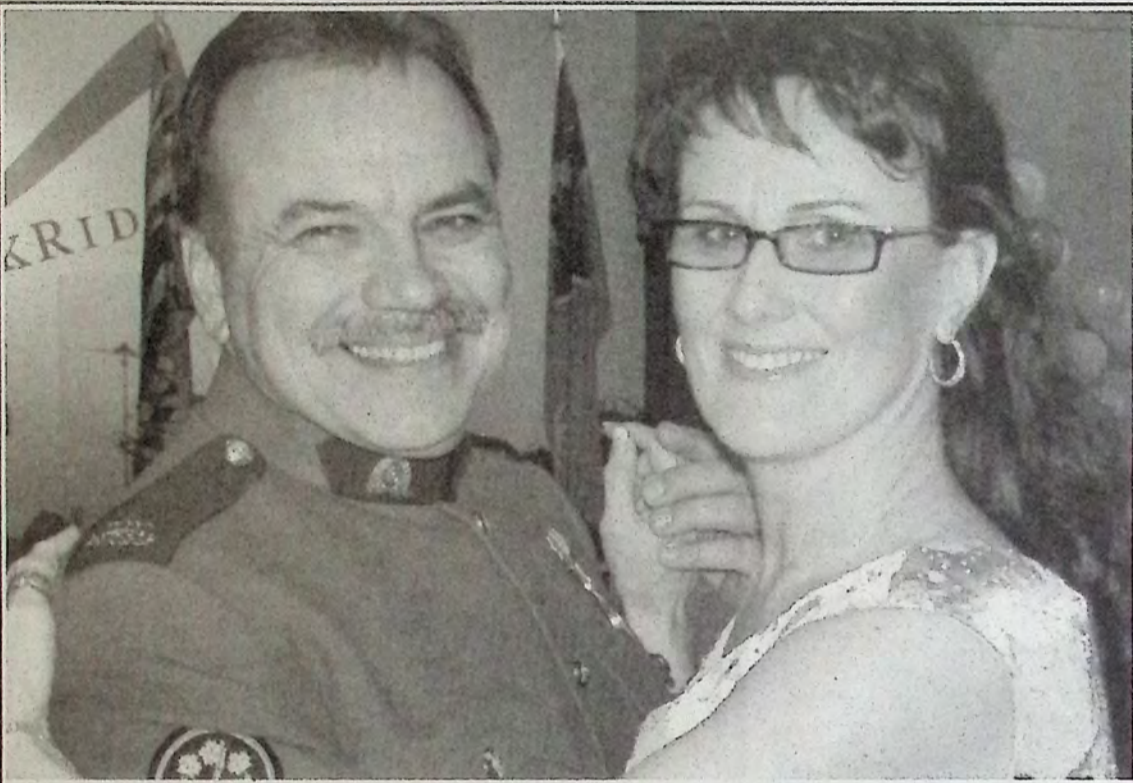
Similkameen

News Leader

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Volume 12 Issue 13 #572 ISSN 1712-090X

Tuesday, March 31, 2009



Princeton RCMP Sgt. Gary Macahonic shares a dance with his wife Kim at the Regimental Ball held March 28th at RockRidge Canyon. The event was in support of the DARE Program. *

Community Trust workers improve trails

Campsites, trails and recreation areas east of Princeton are being upgraded by five forest workers employed by the Upper Similkameen Indian Band, as a result of \$61,397 from the Community Development Trust's Job Opportunities Program, Community Development Minister Kevin Krueger and Forests and Range Minister Pat Bell announced March 27th.

"The Community Development Trust is one of our key tools to assist families and workers through this difficult economic time," said

Krueger. "By participating in the Job Opportunities Program, the Upper Similkameen Indian Band is keeping forest workers in the woods while improving outdoor recreation facilities for everyone in the region."

New picnic tables, fire rings and other infrastructure will be installed at the Dewdney Forest Service Recreation site and at the Old Hedley Road East and West sites. The project will also include silviculture work, such as the removal of noxious weeds and continued on Page 8

Sego! releases Miner Mountain report

Sego! Resources Inc. released details last week of a report prepared March 9th by Vittorio A. Preto, P. Eng. on the Miner Mountain Project.

The report includes a review of the project and recommendations for further exploration. Excerpts of the report are noted below with the complete report available at the Sego! Resources Inc. company website.

Summary

This report, prepared under the terms set out in NI 43-101, provides a geological review and summarizes recent work completed on the Miner Mountain Property (the "Property"), located near the town of Princeton, and makes recommendations as to further work to be conducted on the Property.

The mineral claims are owned by Mr. D. Hopper, Mr. A. Brandys and Omega Exploration Services Inc. and since 2007 have been under 100% option by Sego! Resources

Inc. (Sego!).

The Property consists of 12 claims totaling 1,720.94 hectares. It is located immediately NE of the town of Princeton, and is bounded by the Similkameen River on the South and the Allison Creek Valley on the west. The Property is within the southern portion of Quesnellia, an assemblage of Upper Triassic volcanic and comagmatic intrusive rocks noted for its mineral deposits, principally copper-gold porphyry deposits, and copper and gold skarns. The Property is primarily underlain by volcanic and comagmatic intrusive rocks of the Upper Triassic Nicola Group, which are in fault contact to the west with sedimentary and volcanic rocks of the Eocene Princeton Group.

Two zones of copper-gold porphyry style mineralization, known as the Granby and South zones, are known to occur on the Property which has been the object of intermittent mineral exploration efforts for 100 years, initially for coal, and since 1951 for copper. Most of the

physical work, consisting of bulldozer and excavator trenching, percussion and diamond drilling has been concentrated on the Granby Zone located in the central part of the Property where a zone of porphyry-style copper-gold mineralization, largely hosted by microdiorite but also by variably altered Nicola volcanics, has been identified. The same type of mineralization, hosted in variably altered microdiorite, has also been identified on the South Zone in the southwestern part of the Property, but here work has been limited to geological mapping and excavator trenching.

The Regal Zone, located in the west central part of the Property, which historically received considerable work because of good grade oxide copper mineralization at or near surface, has proven to consist of a layer of oxide rubble, resting on till or directly on barren sedimentary rocks of the Eocene Princeton Group. This Zone is believed to be the result of a landslide that originated from higher

ground of the Granby Zone to the east.

Two other zones, Miner and North, are small and contain only sparse copper mineralization and alteration, and have received little work.

In summary, it is concluded that the Property is of merit as it contains two zones of porphyry-style copper-gold mineralization which justify further exploration. Granby Zone in particular has a known zone of mineralization of significant grade which is open to extension. In addition, historic drilling has indicated more mineralization and strong hydrothermal alteration at two other locations 300 m southwest and 200 m south of the known zone. Little is known about the drift-covered intervening ground. South Zone has received only surface work by excavator trenching which has indicated sparse but significant copper-gold mineralization hosted by microdiorite that is ubiquitously altered to various degrees and variably textured.

A phased exploration programme consisting of a geophysical survey and diamond drilling is recommended, estimated to cost \$575,000 if done in its entirety. The first phase of this recommended programme is a Titan 24 Induced Polarization survey to identify and prioritize drill targets. Depending

on the results of this survey, a second phase consisting of excavator trenching and/or drilling is recommended.

Introduction

This report provides a summary of work completed on the Miner Mountain Property (the Property) located near Princeton, and includes recommendations for further work to be conducted on the Property. The Property is solely optioned by Sego! Resources Inc. (Sego!) from 3 different vendors, Mr. D. Hopper, Mr. Brandys and Omega Exploration Services Inc. V.A. Preto, P.Eng., authored this report for Sego!. This report has been prepared under the terms set out by National Instrument 43-101 and is to be used by Sego! for the purpose of completing a short form offering. Much of the background information contained within this report has been compiled from previous reports listed in Item 23, References. The author of this report is a "Qualified Person" as defined by National Instrument 43-101. He is registered with The Association of Professional Engineers and Geoscientists of British Columbia (Licence No. 6446) and is familiar with the Property, its geology and regional setting, having worked extensively in the area for the Ministry of continued on Page 24



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Olympic Flame to pass through Princeton

Princeton & District residents anxious to catch the Olympic Spirit will have the opportunity to see the Olympic Flame in person on Sunday, February 7, 2010 as it passes through on its way towards

the Vancouver 2010 Olympic Winter Games. The 2010 Olympic Torch Relay, presented by Coca-Cola and RBC, will reach 90 per cent of Canadians within a one-hour drive. The torch relay route is

available at vancouver2010.com and information on how residents can apply to be torchbearers can be found at icoke.ca and rbc.com/carrythetorch.

Residents interested in applying

for an once-in-a-lifetime opportunity to carry the Olympic Flame can apply at icoke.ca or rbc.com/carrythetorch. Coca-Cola and RBC, the relay's presenting partners, have the exclusive rights for the public to enter the Olympic Torchbearer program and are looking for Canadian applicants who commit to live healthier or are inspired to create a stronger community by volunteering or making sustainable choices.

The 2010 Olympic Torch Relay will begin its 106-day Canadian journey on October 30, 2009. The Flame's pan-Canadian journey will culminate on February 12, 2010 when it arrives in Vancouver for the Opening Ceremony before a

global viewing audience of billions.

The Vancouver 2010 Olympic Torch Relay route will be the longest domestic Torch Relay in Olympic history, stretching over 45,000 kilometers throughout Canada. Upon its conclusion, the Olympic Flame will have been welcomed in over 1,000 communities and passed within one-hour of more than 90 per cent of the entire Canadian population.

The Government of Canada is a proud supporter of the Olympic Torch Relay helping to bring the Olympic Flame to as many Canadians as possible.

ABOUT VANOC

VANOC is responsible for the playing, organizing, financing and staging of the XXI Olympic Winter Games and the X Paralympic Winter Games in 2010. The 2010 Olympic Winter Games will be staged in Vancouver and Whistler from February 12 to 28, 2010. Vancouver and Whistler will host the Paralympic Games from March 12 to 21, 2010. Visit vancouver2010.com for further details on programs and schedules.

For further information contact: Nadine McEwen, Princeton Community Recreation & Cultural Coordinator. Phone (250) 295-6067 or e-mail recreation@princeton.ca.

- submitted



Bill and Sandi Spring filled The Gallery with their art last week for a show and sale. Bill's woodworking skills are highlighted in this photo with bowls made from paralam.*

We're different, and we like that.

Similkameen
News Leader

It only takes a few minutes to shape the next few years.

The B.C. General Election and Referendum on Electoral Reform is Tuesday, May 12th.

If you're registered to vote and your voter information is up to date, voting will only take a few minutes - skip waiting in line to register at the polls. So register today.



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Ballet Kelowna performed in Princeton on April 29, 2007 when they brought their 'Butterfly Effect' tour to the Riverside Centre. It was their first visit to the community. *

Year 3 - Riverside Shines!

The theme for Arts and Culture week 2009 in Princeton is 'Riverside Shines' and marks the final step in a cycle that started four years ago.

In 2005 Riverside Elementary School was closed by School District 58 (Nicola-Similkameen) due to declining enrollment. The Arts Council with its eleven member groups took this opportunity to use some of the space for meetings, workshops and performances.

Arts and Culture Week 2006 was named 'Riverside Rises' and featured an open house with performances, art exhibitions and information on member groups.

Arts and Culture Week 2007 was named 'Riverside Steps Up' and saw the old school gym temporarily transformed to create a theatre with a local performing arts group play and a performance by Ballet

Kelowna to conclude the week.

In 2008 Riverside Centre took on a significant transformation as the old gym was extended and renovated to create a performing arts venue.

The Arts Council focused its energy in the downtown and the Gallery (the former Goldion Restaurant) but this year they will return to Riverside to celebrate 'Riverside Shines' Ballet Kelowna will return and this time it will be on stage.

In 2007 their outstanding innovative programme was sold out and this year the Arts Council hopes to pack the theatre including the dress circle!

Tickets are available for the Ballet Kelowna performance of 'The Promise of Angels' at the Winking Pedlar on Vermilion Avenue.

The schedule for the week

includes:

RIVERSIDE SHINES 2009

April 18 - Vermilion Artists host an Acrylic Workshop featuring Dale Mathews.

April 19 - Princeton Potters host the unveiling of the pottery mural in the foyer of Riverside Centre (6:30 PM).

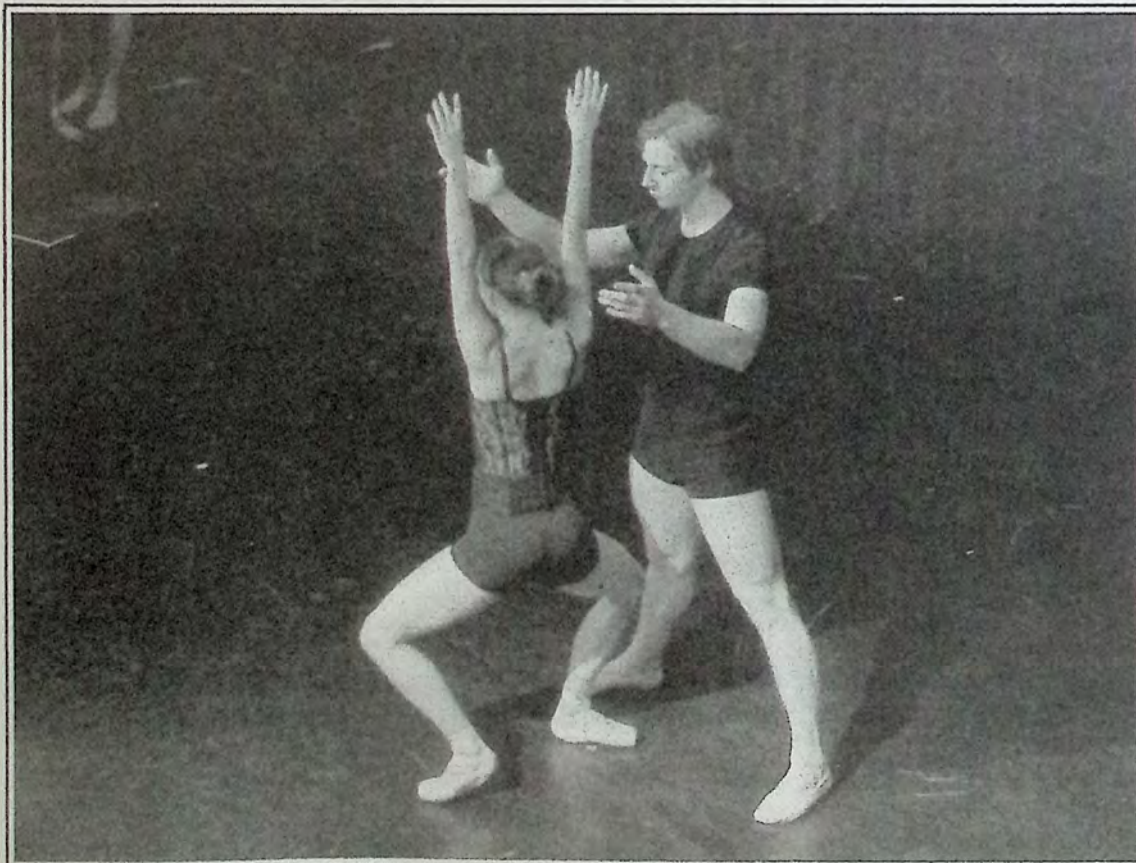
April 19 - Princeton Concerts presents 'Ballet Kelowna' at Riverside Centre Theatre (7:30 PM).

April 22 - Princeton Performing Arts present a Youth Theatre Group.

April 24 - Princeton Theatre presents the movie 'The Curious Case of Benjamin Button' (7:00 PM).

April 25 - Vermilion Artists host an Acrylic Workshop featuring Dale Mathews.

April 25 - Community Clean Up Day (meet at Riverside Centre) 9:30 AM - ??



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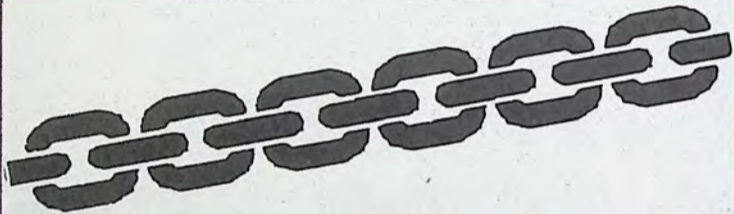
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Keremeos News



This vehicle flipped on Highway 3A near Yellow Lake March 21st. Photo: Cst. Myrl Stus, Keremeos RCMP

Slippery roads cause accidents

On Saturday, March 21st, at approximately 7:30 AM, Keremeos Volunteer Fire Department, BC Ambulance and R.C.M.P. responded to a report of a collision on Highway #3A near Yellow Lake.

"While there, another vehicle went into the ditch and several more nearly collided with the parked vehicles and emergency personnel at the scene," explains Keremeos RCMP Cst. Myrl Stus.

"Due to the weather conditions - melting snow and ice during the day, freezing temperatures during the night, the road surface became very slippery."

The slippery surface caused vehicles to slide when entering the curves in the shaded areas of the highway.

"Luckily there were no injuries as the drivers in these incidents had slowed down, nevertheless, the tires lost traction and the drivers

had no control of their vehicles, one entered the oncoming lane and flipping over onto it's roof," Cst. Stus adds.

"This is a reminder that during this time of the year, while the road surfaces may appear in good condition on some sections of the highway, other sections shaded from the heat and sun will still be icy. The message is to slow down and get to your destination safe and sound." - submitted by Keremeos RCMP



While at the scene of one accident at Yellow Lake, more vehicles left the road March 21st. RCMP, BC Ambulance and Keremeos Volunteer Fire Department crews were kept busy. Photo: Keremeos RCMP



Here's a very young participant at the March 21st afternoon Pow Wow held in Hedley. *

The Green Corner

Do Your Vacation 'Green'

by Dawn Johnson

Have you ever thought about taking a "green" vacation? Most people planning a vacation do not think about keeping it green, but there are lots of things everyone can do to keep their summer activities green.

If you are planning a long trip, why not go by rail? Railways move more people with less damage to the environment than most forms of travel. There is a plus side to rail travel: it is more user friendly and healthier.

You can walk around, meet people, dine, and enjoy the scenery during the day, and then sleep in a bed at night. For older folk, traveling by rail should be the preferred way to travel due to less physical stress from sitting still for long periods as on airplanes or buses.

Keeping the environment clean should be part of the plan if you are traveling by car, especially if traveling with children. Teach children to use in-car waste disposal bags, and then teach them to put the car garbage in a proper roadside garbage disposal unit.

Going to the beach can be a great

outdoor experience. Going to parks, large or small, and going fishing are great ways to spend a vacation. Camping is one of those Canadian things we love to do. Protecting the outdoors from our garbage should be a priority. Not only do we keep the beaches, parks and campgrounds free of garbage for the sake of appearances, but to protect wildlife.

Teach your children not to throw cans or anything else into lakes, ponds and any other water. Plastic bags, bottles and cans are often disposed of by boaters and campers by throwing them in water. These can be bad for the environment, but often bad for people walking along beaches in bare feet. A broken bottle, tin can or broken plastic container can give a nasty cut.

If you like the idea of being out on the water, try to choose a canoe, a boat driven with oars, or a boat with an electric motor.

NEVER be one of those people who starts their boat motor in lake water for the first time of the season, blowing antifreeze and oil into the water. If you must use a gas-powered motor, run it in a tub of

water for the first time and drain the tub into a sewer system or gravel pit.

Among the green vacation ideas is a hiking trip, a visit to a guest ranch, or a bicycle tour. These are very "green" ways to enjoy the outdoors.

No matter what you do on your vacation, keep it as green as possible. Respect your environment.

PETS

If you take your pet on vacation, make sure your pet is welcome where you are. Not every place you go will welcome your pet. If you are in a provincial or state park, you are not allowed to let your dog roam free, and if your dog has a dump, you have to clean it up and dispose of the waste in a proper garbage unit.

Vacations can be very hard on dogs, so you might want to consider putting your dog in a kennel while you are on vacation. Some people leave their pets with friends or have a neighbour come in to feed, water and care for the pet. This is very stressful for a dog, as dogs need companionship. The dog will be happier and healthier in a good kennel.

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RockRidge Canyon
 RSVP Scott Musgrove (250) 295-7945

Health / Lifestyle News

Calculating the impact of the HPV vaccine

(NC)—Each year in Canada, approximately 400 women die of cervical cancer and another 1,400 are diagnosed with the disease. But that is about to change.

In 2006, Health Canada approved a vaccine that protects against four strains of human papillomavirus (HPV) that are responsible for causing 70% of cervical cancer cases. Soon after, provincial governments began introducing HPV immunization programs. Will the new vaccine really be as effective as many hope? How long will it take for cervical cancer rates to come down?

New vaccines always bring hope,

Can damaged skin be repaired?

(NC)—The human body has an enormous capacity to repair itself, and that includes the ability of your skin. Every day, 300 million new cells are produced for you, and indeed, every month, you have a totally new layer of skin. This means it's up to us to take care of it.

Natural processes cause the skin to age, with hormone levels changing as we grow older. In between, the chance of over exposure to sunlight, poor diet, a sedentary lifestyle, and even the air we breathe contributes to an aging appearance of the skin. From time to time, it will crack and flake with too much sun, or wind, dry air and pollutants—all of which is uncomfortable, unhealthy and unsightly.

Do lotions help?

"If you apply a good-quality moisturizer after showering every day, combined with a nutritious diet and regular exercise, you establish a regimen for effective skincare," says Adriana Izquierdo of Johnson and Johnson. "Lotions and moisturizers soothe, nourish, and protect our skin. Look for lotions containing glycerin, mineral oil, petrolatum and dimethicone. When combined, these agents strengthen the skin's natural moisture barrier to keep it hydrated."

The Lubriderm line of fragrance-free products is a case in point, she says, targeting hydration and skin replenishment.

"Lubriderm UV SPF 15 contains a sunscreen with powerful moisturizers," Izquierdo explained. "Or for dry skin healing, the Intense Dry Skin Repair Body Lotion rejuvenates constantly through the day with a gradual time-release technology. It not only retains natural moisture levels in the skin, but is enriched with soothing emollients and vitamins to provide itch relief

but the success of a vaccine depends on many factors, such as the number of people who decide to get vaccinated. Early numbers suggest that vaccine uptake has varied widely from province to province. With the help of funding from the Canadian Institutes of Health Research (CIHR), Dr. Christopher Bauch at the University of Guelph, his students and co-investigators are constructing a computer model that could help us anticipate the changes that will come with the HPV vaccine.

"The vaccine will reduce the number of cases of cervical cancer, but too."

Here are a few more tips for healthier spring and summer skin:

- Shower quickly. Keep showers under 10 minutes. Water hydrates, but too much will strip your skin of natural oils.
- Use warm water. Hot water robs your skin of essential oils.
- Use a mild soap. Choose natural cleansers suited to your condition, without detergents and fragrances.
- Use a puff. Each day you have millions of dead skin cells to slough off. A body puff assists the process, leaving you with more glowing younger looking skin.
- Moisturize immediately. Towel dry and apply. A good replenishing and repair lotion will trap water in the skin. If you're outdoors frequently, use a moisturizer with a sunscreen factor of at least SPF 15.

we're not sure how large the reduction will be or how quickly it will happen," says Bauch. "We can't predict the future, but computer models can help us project what might happen."

Public health officials will be able to use Bauch's model to estimate how cervical cancer rates will change and which women will benefit most from the immunization campaigns. The result is reduced health-care costs and more targeted treatment.

For example, if a large number of women decide to roll up their sleeves for the HPV vaccine, this could help change screening recommendations for cervical cancer. Currently, Health Canada recommends that women have a Pap smear every three years (or more frequently if they have specific risk factors) to help catch the disease in its early stages.

"If the vaccine reduces the incidence of cervical cancer by a large percentage, it might be sufficient for most women to be screened every five years. Then we could take the money that we save on screening and use it to create outreach programs for women who are less likely to be screened or who have a particularly high risk of developing cervical cancer," explains Bauch.

Bauch emphasizes that, for now, it is very important that all women continue to follow the current screening recommendations. But with the help of his research, we may be able to look forward to a future without cervical cancer.

Living Past 100

Is red meat bad for you?

The news has been all over the internet and the daily news: a study has shown that people who eat a lot of red meat die younger.

The key to this is: how much is a lot? How much is too much? Are there other factors involved? There is a lot we do not know about this study, so don't quit eating red meat just because you think you will die younger because of it.

To put some balance into the picture, let's take a look at Sitting Bull. He ate an almost steady diet of buffalo meat, which is red meat. A photo was taken of Sitting Bull, age 70 at the time, not long after the big fight at Little Bighorn. Sitting Bull looks better at age 70 than most 70 year old men today. Sitting Bull was murdered, so we do not know how long he might have lived, but he was in very good shape for somebody who ate a lot of red meat.

Let's add some more balance to the picture with another study done many years ago which showed the combination of red meat and sugar could be quite deadly. The combination, especially in men, was shown to build up what is commonly called a "beer belly", a forerunner to heart problems. Sitting Bull had almost no sugar in his diet of red meat.

Blood type makes a difference, too. Two blood types, O and B, have been shown to benefit from red meat. Type O benefits most from red meat, but most Type O cannot handle refined carbohydrates such as sugar and flour. There is one blood type, Type A, that does not benefit at all from red meat. The majority of people of European descent have Type A blood. The majority of native Americans have Type O or Type B blood. We do not know the blood types of the people involved in the red meat study.

The most important thing about what you eat is to keep a sensible balance in the food you consume. Most Canadians do not eat too much red meat, but they probably do not eat enough vegetables, and they probably do eat too many carbohydrates and too much fat.

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Esther Donovan and Monica Kleyn will perform a comedy sketch during the upcoming Princeton Performing Arts 'Classy Country' Gala planned to take place on April 29th. - photo submitted

Group hosts classy country gala

Princeton Performing Arts announced last week they will be hosting their 2nd annual spring Gala.

The event will take place at the RockRidge Canyon diningroom on Wednesday, April 29th.

The theme for this year's Gala is 'Classy Country' and tickets will sell for \$40.00 each and will be available at Image Emporium on Bridge Street and Whisper Ridge Country Store on Vermilion Avenue as well as from Performing Arts members.

Performers will include country singer, Steve Hillis. His bio is as follows:

Taking up guitar at age 10 turned out to be a good idea for Steve Hillis. Forming bands and prac-

ting after school was a major force then. Upon graduating, he toured all over North America as guitarist for a tribute act. Then, with years of experience to draw from, he formed his own act, including a "Garth Brooks" tribute.

Today he is a complete package, offering whatever your venue is looking for - whether it is rock, country or a tribute. First rate sound and lighting are standard in Steve's shows. Keeping the dance floor packed and interacting with an audience is what he loves.

The program for the evening will be punch and appetizers with a full buffet dinner, followed by dancing to Steve's music. He will be doing a "Garth Brooks Tribute" as

part of his show.

There will be two ten-minute comedy sketches performed by Princeton Performing Arts members and Princeton's own Elvis - Darrell Douglas will be singing several songs.

A number of raffles and draws will also take place throughout the evening.

"It has been so exciting to have the theater pretty much complete with the exception of stage curtains and dressing rooms and our profits from this year's Gala will be helping to raise funds for those things," says group spokesperson Esther Donovan.

"Plan to attend this great community event in support of our own theater."



These three actresses, from left, Rianfa Riel, Deborah Cappos, and Debbie Langstaff, have a special presentation planned for the Classy Country Gala hosted by Princeton Performing Arts. - photo submitted

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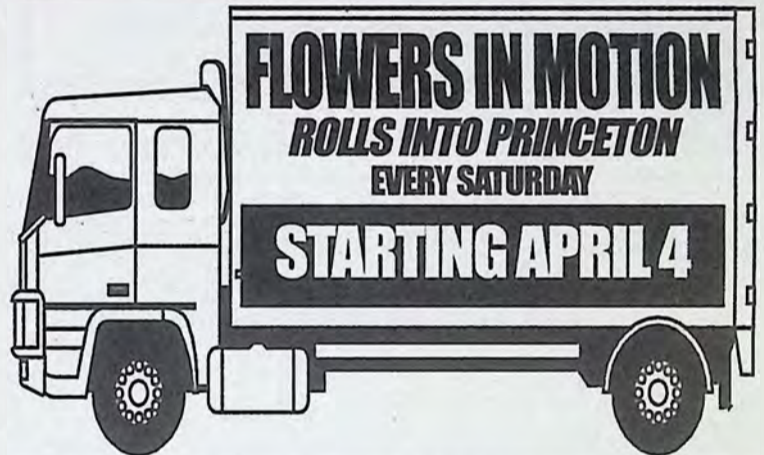


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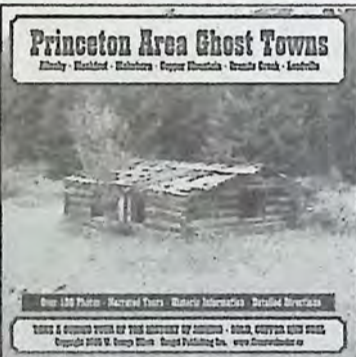


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Explore The History Of Mining - Gold, Copper and Coal



We're excited that work on the second phase of the Town Square Project will begin soon.*

..... continued from Front Page
brush that compete with seedlings
for sunlight and nutrients.

"The Job Opportunities Program
helps communities by creating
employment, improving public
facilities and preserving a skilled
workforce," said Bell.

"The program is using the expe-
rience and expertise of forest
workers to upgrade the recreation
infrastructure and improve the
health of the surrounding
forests."

The trail maintenance includes
tree-pruning, clearing and cutting
fallen trees and creating a
smoother trail surface for both
hikers and horseback riders, as
well as outhouse and fire ring
cleaning, minor sign improve-
ments and the removal of old and
damaged picnic tables.

"This funding will help improve
recreation sites and trails that are
already used by a wide variety of
British Columbians and visitors,"
said Bill Bennett, Minister of
Tourism, Culture and the Arts.
"These sites and trails are impor-
tant to the social and economic
well-being of the local communi-
ties and contribute to the diversi-
ty of our Province's tourism
offerings."

"The Upper Similkameen Indian
Band's forest workers find it sat-
isfying that their knowledge and
hard work will lead to improved
outdoor facilities and memories
for residents and visitors," said
Chief Richard Holmes.

"We have been building a diverse
and well-trained forestry opera-
tion over the years, and the Job
Opportunities Program is helping
us keep people at work in the
woods."

The Upper Similkameen Indian
Band signed two forest and range
agreements in 2007, with the
right to harvest about 288,000
cubic metres over five years. The
band also operates a woodlot and
is a partner of the Nicola-
Similkameen Innovative Forest
Society.

The band's forestry department
produces forest stewardship
plans, conducts harvesting and
silviculture projects, and owns
and operates heavy equipment
and a log-sort yard.

The \$26.25-million Job

Opportunities Program is reduc-
ing the impact of current layoffs
on workers employed in the for-
est industry, retaining skilled for-
est workers for the anticipated
future upturn, and preserving the
characteristics of the labour force
in forest-dependent communities.

Forest-dependent communities
or organizations, licensees and
contractors working in co-opera-
tion with a forest-dependent com-
munity are eligible to submit a
project proposal to the Job
Opportunities Program.

To date, the program has
approved over \$13 million to
support 79 projects, which will
employ more than 620 forest
workers in communities across
the province.

The Job Opportunities Program
is one component of the
Community Development Trust,
which was announced last spring.
B.C.'s share of the federal trust is
\$129 million over three years,
with funds also directed to a
tuition assistance program and
the Transition Assistance for
Older Workers Program.

In the 2009-2010 budget, the
Province committed an addition-
al \$30 million for further pro-
grams similar to those offered
under the Community
Development Trust.

For more information about the
Community Development Trust
and Job Opportunities Program,
go to: www.cd.gov.bc.ca/cdt/.

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Similkameen
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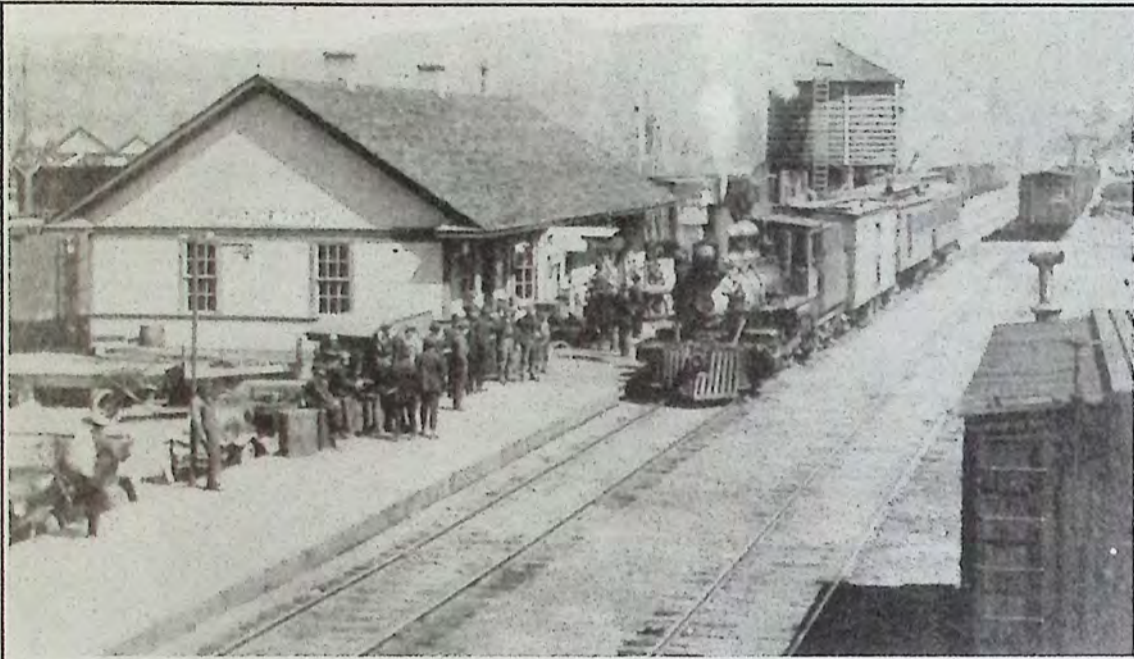
BALLS?

Princeton 1860 - 2010

150 Years of Similkameen History

Nick Mills - Princeton & District Museum & Archives

The Arrival of the Railway



A Great Northern train arrives in Princeton from the United States. Photo: Princeton Museum

In 1897 a bill to incorporate the Vancouver, Victoria and Eastern Railway and Navigation Company came before Parliament. The promoters were asking for articles incorporating them into a Company for the purpose of constructing, operating and maintaining a railway.

The proposal was to begin the railroad at Burrard Inlet in the City of Vancouver, then run in a southerly direction, cross the Fraser River at the City of New Westminster, through the municipalities of Delta, Surrey, Langley, Matsqui, Sumas and Chilliwack to a point near the village of Hope. From there the route would cross the Cascade Mountains and through the

Southern part of the Nicola and Okanagan Valleys into the great mining districts of Rock Creek, Kettle Creek, Boundary Creek and Trail Creek to the Columbia River and from there it would extend to the boundary of British Columbia, a distance of some 600 miles.

Having crossed the Cascade Mountains, the planned route would run in a South Easterly direction, about 100 miles south of the main line of the Canadian Pacific Railway and about 150 miles north of the Great Northern Railway in the United States.

The VV&E, as the railroad would become known, and was later destined to become a subsidiary of the GNR, had been born!

With the development of Princeton, the population had been demanding a railroad to meet the commercial demands of the area, it was essential if the full potential of the emerging Princeton Coalfield was to be realized.

Meanwhile, the United States was exploiting the vast new found mineral wealth of BC through the Great Northern running their lines across the border and in a straight line straight up the ore rich valleys of South Eastern British Columbia.

The eventual result would be the building of the Canadian Pacific backed Kettle Valley Railway, with its American President, who was in fierce competition with the continued on Page 27



GNR railroad car with passengers on platform in 1915, Princeton. Photo: Princeton Museum

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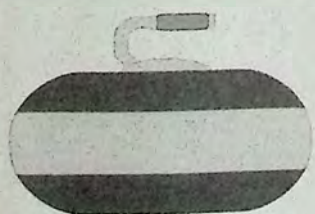
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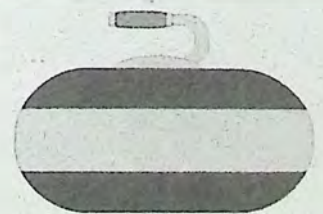
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STONES?



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The Youth Ambassador Candidates assisted in many ways during the RCMP Regimental Ball held March 28th at RockRidge Canyon. We managed to snap this photo before guests enjoyed dinner.*

Legion L.A. Report

by Carol Seaman

We opened our meeting with 13 ladies present. Maria Sadegur president of the main branch was there to give us a heads up on the coming

events. They will be starting with a total cleaning of our busy kitchen, to restock it with new utensils and will be reorganizing all the cupboards, to make it more efficient. The reno-

vements will include new electrical, plumbing, new flooring, and much needed remodeling in the wash-rooms.

They were planning a tasty beef stew dinner and music to celebrate St Patrick's Day. It doesn't stop there, a Mothers Day dinner is in the works. That brings us to our auxiliary tea and bake sale on April 18, from 11:00 AM to 2:00 PM where we will be serving sandwiches with our home baked squares, cakes and cookies all for \$3.50 per person. You can even buy some fresh baking to take home to your family. We have two very large baskets to raffle, one is an Italian assortment, including the wine, the other is an Easter basket, full to the brim with fine chocolate. You can check them out at the Legion lounge.

Honors and awards were given out to those who have been with the Legion for so many dedicated years. Burl Olsen was one of those who received their 25 year pin, so congratulations Burl, good for you! Our next meeting will be Tuesday April 14, at 7:00 PM in the Legion Hall, so if you think you would like to join us, please feel free to check us out. After the meeting was adjourned, we all crowded around the table to share ideas and enjoy some home baking.

SCA Br. 30 Report

by Carol Seaman

Council of Senior Citizens Organizations of B.C. wrote an article on how out of touch the government is with British Columbians. Almost \$400 million for a new roof for BC Place, but not a single cent to put a roof over a homeless senior's head. The whole promise to do something about social housing is a sham. The Province's social housing agency had its budget reduced by 91 million dollars. What we have seen however is continuing massive spending on other projects of questionable value. \$6 billion and counting for the 2010 Winter games, while reducing the budgets for prosecutors and the court system, thus sacrificing public safety. That 6 billion dollars could build twenty thousand social housing units which would provide much more of an economic stimulus than the winter games can provide. The

federal governments budget for seniors housing has been earmarked for supportive or assisted living only. This has produced a thriving industry for private profit making companies. Seniors should not be forced to leave their homes to be safe and secure. There are some real concerns now if this government should be re elected, that we will see even more major cuts in service to families and seniors.

Not counting other senior organizations, but those who are members with Branch # 30, there are one hundred and sixty members. Every day there are seniors gathering to play pool, do crafts, attend painting classes, play cards, have a nice hot bowl of soup, or just come to share their musical talents with us. If you love to do quilting, why don't you join us and bring your ideas, as we have a nice group of ladies who would be happy to have you join continued on

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News Leader Entertainment

Similkameen News Leader TV Guide Listings - March 31-April 6, 2009



Bill and Sandi Spring enjoy a dance during the RCMP Regimental Ball March 28th at RockRidge Canyon.*

Arts and Culture Week schedule

The theme of Arts and Culture Week, April 19 to 25, is "Riverside Shines 2009". The week begins with a special unveiling of the pottery mural in the foyer of Riverside Centre.

The Potters Guild has worked on this project for a year. The foyer will be redecorated before the mural is mounted on the wall. The unveiling of the mural will take place at 6:30 PM Sunday, April 19.

One hour later, Ballet Kelowna will perform in Riverside Centre Theatre. If you saw them on their first show in Princeton two years ago, you will appreciate how good they are. The dancers mix a combination of traditional ballet with modern interpretations for an exciting presentation. Tickets are \$25 each, \$20 for seniors (age 60 and over). Only 270 tickets are available. Go to the Winking Pedlar on Vermillion Avenue to pick up your ticket.

On Friday, April 25, Riverside Centre Theatre presents *The Curious Case of Benjamin Button*, an Oscar winning movie about a man who keeps getting younger. The movie begins at 7:00 PM.

Two special events take place at Riverside Centre on Saturday,

April 25. There is a second session of the acrylics painting workshop featuring Dale Matthews (it is fully booked).

Cst. Mike Leiding and friends meet at Riverside Centre on Saturday morning to begin the annual Clean Up and Green Up event. This project involves volunteers who clear trash from roadsides. If you cannot turn out to be part of Mike's crew of volunteers, you can help by cleaning up the

street in front of your own residence.

This is the same weekend the Town sponsors Free Dump Day. You can get rid of things you ordinarily would not put in your garbage or take to recycling and you will not be charged a fee.

The incentive is to make Princeton area far more attractive.

If you live in Area H, you are included in Clean Up and Green Up Day.

Princeton host Atoms

by Clint Clifton, Ref-in-Chief Princeton Minor Hockey

In the past Princeton has had the opportunity to host the 'AAA' Pee Wee Quebec qualifying hockey tournament. Unfortunately due to indifference the locale of that event has been changed.

This year though the opportunity has arisen again to host the 'AAA' Atom camp. A total of 120 of the best eight to ten year old hockey players in the province from communities all over BC will converge on Princeton April 4th to 5th to showcase their talent.

Local Atom player Laine French

was chosen as one of those players. French will have a chance to hone his skill with this elite group, we wish him the best!

Also, local hockey player Nicholas Yee, a member of the Penticton 'AAA' Midget Vees, travelled to Jaun de Fuca recently to play in the Provincial Midget Championships. Penticton went 6-0 to capture the provincial crown.

For many hockey fans they may remember Yee as an 'AP' player for the Princeton Posse this year.

Congratulations to both Laine and Nick on their accomplishments. Good luck in the future gentlemen!

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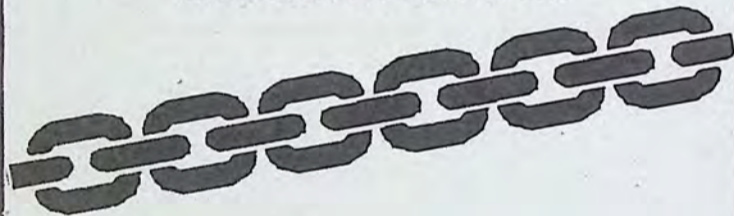


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**COMING SOON...
 TO PRINCETON**



Card Shark!



Cst. Mike Leiding and Minister of Public Safety and Solicitor General John van Dongen.*

The RCMP Regimental Ball

The Head Table list read like a who's who in BC policing and politics. Deputy Commissioner Gary Bass, Chief Superintendent Don Harrison, Solicitor General John van Dongen, Mayor Randy McLean, Sergeant Gary Macahonic and respective spouses. The Master of Ceremonies was Constable Mike Leiding and other notable guests included Area H Director Brad Hope, Yale-Lillooet MLA Harry Lali and many present and retired RCMP officers for the first ever Regimental Ball held in Princeton.

Regimental Dinners and Regimental Balls play a key role in RCMP culture by fostering high morale, fellowship and esprit de

corps as well as providing occasion to recall and honour past deeds and traditions in an atmosphere of formality and ceremony.

The correct form for an RCMP Regimental Ball follows the universal convention for formal dining, differing only in the addition of certain ritual and traditional RCMP customs. Formality must be observed if the occasion is to retain any degree of purpose or significance. A formal dinner with one's colleagues symbolizes mutual respect, self-esteem and pride of profession. Regimental Balls are 'family affairs' which is to say in the purest sense they are for only members of the Regiment.

Recognizing that policing has changed over time, and that community partnerships are key to the ability to effectively police the diverse communities in Canada, RCMP Balls organized by the members of the Detachments provide a like opportunity for members of the Regiment to meet in a similar fashion, with the same friendliness and formality, to share traditions with members of the community.

The RCMP Regimental Ball held March 28th at RockRidge Canyon was a first for Princeton Detachment members to organize in their community. It was also an 'alcohol-free' event with proceeds to support the youth DARE Program.



The Head Table was piped in by Ret'd Sergeant Peter Sharpe.*

TUESDAY, MARCH 31, 2009

	WTBS (3)	CHBC (4)	KNOW (5)	KSPS (6)	KHQ (7)	KREM (8)	A&E (9)	KXLY (10)	BCTV (11)	CITY (12)	CBC (13)	YTV (18)	TSN (19)	VTV (22)	DISC (24)	FAM (26)	CITY (29)	SPIKE (44)	TROP (45)
6 AM	Jeffersons Sanford	News (N) [E]	(6:12) George S.	Thomas Lions	News (N) [E]	News (N) [E]	The Sopranos [E]	News [E]	(5:30) News (N) [E]	(4:30) News (N) [E]	CBC News: Morning (N) [E]	Being Ian Monster	SportsCentr e [E]	Canada AM (N) [E]	Daily Planet [E]	Henry's King [E]	CityLine [E]	CSI: Crime Sen	Power Play "Evasion"
7 AM	In the Heat of the Night	Room That News	Martha Dora	Arthur (E) Martha	Today (N) [E]	The Early Show (N) [E]	Amer. Justice [E]	Good Morning America (N) [E]			Razzberry Animal	Neutron Rollbots	SportsCentr e [E]		What's That About? [E]	(6:56) Phineas	The Tyra Banks Show	CSI: Crime Sen	The Outer Limits [E]
8 AM	Cosby Cosby	Ad Pers What	(7:58) Hi-5 Magie Bus	Curious Sid			Cold Case Files [E]		100 Huntley Street [E]		Bo On Go Bustytown	Pokemon Viva Pinata	SportsCentr e [E]		The Detonators [E]	Weekend K. Possible	Rachael Ray [E]	CSI: Crime Sen	North of 60 [E]
9 AM	Fam. Feud Fam. Feud	Three Takes [E]	Berenstain Clifford	Super Why! Clifford		The 700 Club [E]	Cold Case Files [E]	Regis and Kelly [E]	100 Huntley Street [E]	World Vision [E]	Super Why! Gofrette	Rolie Polie Timothy	Off-Record Motoring	Regis and Kelly [E]	Daily Planet [E]	Feet Tigger	News (N) City	CSI: Crime Sen	Soap What
10 AM	Trivial Trivial	The Mom Show [E]	Sid (10:34)	Sesame Street (E)		The Price Is Right (N) [E]	CSI: Miami [E]	The View (N) [E]	Hospital- Sick [E]	Debt Part House	Wilbur [E] Doodlehop	George S. Berenstain	Bowling	The View (N) [E]	Monster Moves [E]	Mickey Handy	The O.C. [E]	CSI: Crime Sen	What The Nanny
11 AM	Harvey Steve H.	One House Designer	Rolie Polie Berenstain	Dragon Sit-Be Fit	Ellen DeGeneres Show	Young and the Restless	Crossing Jordan [E]	The Firm Paid Prog.	World Vision [E]	(10:59) News (N) [E]	Dinner Antiques	Dewitt Willa	ATP Tennis: Sony Ericsson	Twice in a Lifetime [E]	Really Big Things [E]	Benj Bear (11:25) King	The Bonnie Hunt Show	CSI: Crime Sen	Grace NewsRadio
12 PM	Fresh Pr. Fresh Pr.	Chef Design U	(11:59) (12:37)	Charlie Rose [E]	Paid Prog. Paid Prog.	News (N) Bold	The Sopranos [E]	All My Children (N) [E]	News (N) [E]	Days of our Lives (N) [E]	News (N) CBC News	Mr. Men Open -- Early Round.	etalk [E] Bold	Man vs. Wild "Sabara"	(11:49) Weekend	CityLine [E]	CSI: NY [E]	Seinfeld Seinfeld	
1 PM	Still Stnd Still Stnd	Home to Parents	Maggie Daniel	Painting Quilt	Days of our Lives (N) [E]	As the World Turns (N) [E]	Amer. Justice	One Life to Live (N) [E]	As the World Turns (N) [E]	As the World Turns (N) [E]	Martha Stewart	Jacob Erky Perky	From Miami. [E]	Sue Thomas: F.B.Eye	The Detonators [E]	Dragon Emperor	ER "Kisangani" [E]	CSI: NY [E]	Raymond King
2 PM	King King	Guiding Light (N) [E]	(1:59) BluesClues	Barney WordWorld	The Bonnie Hunt Show [E]	Guiding Light (N) [E]	Cold Case Files [E]	General Hospital (N) [E]	Young and the Restless	The Doctors [E]	Steven and Chris [E]	Viva Pinata Ruby	Horn Interruptio	General Hospital (N) [E]	MythBuster s [E]	(1:54) K. Possible	News (N) [E]	CSI: NY [E]	King Family Guy
3 PM	Seinfeld Friends	How Do I Look? [E]	(2:59) Zoboomafo o "Ants and Eaters"	Big World WordGirl	Judge Judge	Dr. Phil [E]	Cold Case Files [E]	Rachael Ray [E]	The Doctors [E]	Young and the Restless	Living Food	Grossology Pokemon	Off-Record Sports	Dr. Phil [E]	Destroyed Destroyed	Replace Emperor	News (N) [E]	CSI: NY [E]	What What
4 PM	Payne Payne	Debt Part Deal No	George S. Cyberchas	Fetch! Ruff Judge J.	Judge J. Judge J.	Oprah Winfrey [E]	CSI: Miami [E]	Deal No Deal No	Oprah Winfrey [E]	(3:59) News Global	Fashion F. Mercer	SpongeBob OddParent	Hockey NHL Hockey: Chicago Blackhawks at Montreal Canadiens.	Ellen DeGeneres Show	Daily Planet (N) [E]	(4:08) Phineas	Law & Order: SVU	UFC Unleashed	Vanity Tube Tales
5 PM	Movie: "Snake Eyes" (1998)	News (N) [E]	Martha (5:33) Business	BBC News NBC News	News (N) NBC News	News (N) CBS News	The First 48 [E]	News ABC News	News (N) Global	(4:59) News (N) [E]	Simpsons Fortune	OddParent SpongeBob	News (N) [E]	How-Made How-Made	Suite Life Montana	Jim Jim	UFC Unleashed	Tube Tales Seinfeld	
6 PM	Nicolas Cage. [E]	Global News	Mechanics Heads Up	News- Lehrer	News (N) Millionaire	News (N) Hollywood	The First 48 [E]	News News	News (N) [E]	ET Canada Entertain	News (N) [E]	Drake iCarly [E]	News (N) [E]	Destroyed Time Warp	Zoey 101 Life Derek	Scrubs Friends	Ultimate Knockouts	Seinfeld Raymond	
7 PM	Seinfeld Family Guy	E! News The Insider	Gardens Eden	Nova "Last Extinction"	Jeopardy! Fortune	The Doctors [E]	Manhunter Manhunter	Entertain The Insider	Entertain ET Canada	90210 "Life's a Drag"	Coronatn Jeopardy!	Adrenaline Prank Ptrl	SportsCentr e (Live) [E]	etalk [E] Hollywood	Combat School (N) [E]	Wizards Montana	Privileged [E]	DEA (N) [E]	Family Guy Married...
8 PM	Movie: "Snake Eyes" (1998)	The Biggest Loser Recent win- ners return.	New York: A Documentar y Film (N) [E] (DVS)	Wild! [E] (DVS)	The Biggest Loser Recent win- ners return. (N) [E]	NCIS (N) [E]	Manhunter Manhunter	Jim Jim	NCIS (N) [E]	NCIS (N) [E]	Mercer 22 Minutes	Malcolm Futurama	In Corner	American Idol The finalists per- form.	Daily Planet [E]	Suite Life Buzz	News (N) (8:35) News	DEA (N) [E]	Seinfeld Seinfeld
9 PM	Nicolas Cage. [E]	Global News	Mechanics Heads Up	News- Lehrer	News (N) Millionaire	News (N) Hollywood	The First 48 [E]	Dancing With the Stars	90210 "Life's a Drag"	Project Runway Canada	Wild Roses (N) [E]	Family Biz Prank Ptrl	Boxing [E]	Destroyed Time Warp	Wizards Life Derek	(9:06) Jimmy Kimmel	CSI: NY [E]	Family Guy King	
10 PM	Friends Family Guy	E! News Weekend (N) [E]	Devil, Hardball "Recycle"	Independen t Lens (N) [E]	Law & Order: SVU [E]	(10:01) Without a Trace (N) [E]	The First 48 [E]	(10:02) Cupid "Pilot" (N) [E]	Project Runway Canada	News Hour Final (N) [E]	National Falcon Beach [E]	Poker	Law & Order: SVU	Combat School [E]	School Cory	(10:06) Make Me a Supermodel	Disorderly Con.	King Married...	
11 PM	Sanford Montel W.	News (N) [E]	Cracking Up [E]	NW Profl	News (N) Tonight	News (N) Late Show	Manhunter Manhunter	News (11:35)	News (N) [E]	Entertain ET Canada	(11:05) The Hour [E]	Mystery Ghost	SportsCentr e (Live) [E]	News (N) [E]	How-Made How-Made	Suite Life Life Derek	Judge Paid Prog.	DEA [E]	Raymond King

WEDNESDAY, APRIL 1, 2009

	WTBS (3)	CHBC (4)	KNOW (5)	KSPS (6)	KHQ (7)	KREM (8)	A&E (9)	KXLY (10)	BCTV (11)	CITY (12)	CBC (13)	YTV (18)	TSN (19)	VTV (22)	DISC (24)	FAM (26)	CITY (29)	SPIKE (44)	TROP (45)
6 AM	Jeffersons Sanford	News (N) [E]	(6:12) George S.	Bob Build Lions	News (N) [E]	News (N) [E]	The Sopranos [E]	News [E]	(5:30) News (N) [E]	(4:30) News (N) [E]	CBC News: Morning (N) [E]	Being Ian Monster	SportsCentr e [E]	Canada AM (N) [E]	Daily Planet [E]	Henry's King [E]	CityLine [E]	CSI: Crime Sen	Crow- Stairway
7 AM	In the Heat of the Night	Room That News	Martha Dora	Arthur (E) Martha	Today Keith Urban; tax tips; Dr. Gail	The Early Show (N) [E]	American Justice [E]	Good Morning America (N) [E]			Turbo Animal	Neutron Skunk Fu!	SportsCentr e [E]		Megaworld [E]	(6:56) Phineas	The Tyra Banks Show	CSI: Crime Sen	The Outer Limits [E]
8 AM	Cosby Cosby	Ad Pers What	(7:58) Hi-5 Magie Bus	Curious Sid	Saltz; Shaun Robinson. (N) [E]		Cold Case Files [E]		100 Huntley Street [E]		Bo On Go Bustytown	Pokemon Viva Pinata	SportsCentr e [E]		How-Made How-Made	Weekend K. Possible	Rachael Ray [E]	CSI: Crime Sen	North of 60 [E]
9 AM	Fam. Feud Fam. Feud	Three Takes [E]	Berenstain Clifford	Super Why! Clifford		The 700 Club [E]	Cold Case Files [E]	Regis and Kelly [E]	100 Huntley Street [E]	Hospital for Sick Kids	Super Why! Gofrette	Rolie Polie Timothy	Off-Record SnowTrax	Regis and Kelly [E]	Daily Planet [E]	Feet Tigger	News (N) City	CSI: Crime Sen	Reality What
10 AM	Trivial Trivial	The Mom Show [E]	Noonbory (10:36)	Sesame Street (E)		The Price Is Right (N) [E]	CSI: Miami [E]	The View (N) [E]	World Vision [E]	Debt Part House	Wilbur [E] Doodlehop	George S. Berenstain	Bowling	The View (N) [E]	Destroyed Time Warp	Mickey Handy	The O.C. [E]	CSI: Crime Sen	What The Nanny
11 AM	Harvey Steve H.	One House Designer	Rolie Polie Berenstain	Dragon Sit-Be Fit	Ellen DeGeneres Show	Young and the Restless	Crossing Jordan [E]	Juicing Paid Prog.	World Vision [E]	(10:59) News (N) [E]	Dinner Antiques	Dewitt Willa	Boxing [E]	Twice in a Lifetime [E]	Mayday [E]	Benj Bear (11:25) King	The Bonnie Hunt Show	CSI: Crime Sen	Grace NewsRadio
12 PM	Fresh Pr. Fresh Pr.	Chef Design U	(12:01) (12:38)	Charlie Rose [E]	Trainer Paid Prog.	News (N) Bold	The Sopranos [E]	All My Children (N) [E]	News (N) [E]	Days of our Lives (N) [E]	News (N) CBC News	Being Ian George S.	ATP Tennis: Sony Ericsson	etalk [E] Bold	Blueprint for Disaster	Weekend	CityLine [E]	CSI: NY [E]	Seinfeld Seinfeld
1 PM	Still Stnd Still Stnd	Home to Parents	Maggie Daniel	Art Work Sewing	Days of our Lives (N) [E]	As the World Turns (N) [E]	American Justice	One Life to Live (N) [E]	As the World Turns (N) [E]	As the World Turns (N) [E]	Martha Stewart	Jacob Erky Perky	Open Motorcycle	Sue Thomas: F.B.Eye	Combat School [E]	Dragon Emperor	ER "Now What?" [E]	CSI: NY [E]	Raymond "70s Show"
2 PM	King King	Guiding Light (N) [E]	Franklin BluesClues	Barney WordWorld	The Bonnie Hunt Show [E]	Guiding Light (N) [E]	Cold Case Files [E]	General Hospital (N) [E]	Young and the Restless	The Doctors [E]	Steven and Chris [E]	Viva Pinata Ruby	Horn Interruptio	General Hospital (N) [E]	MythBuster s [E]	(1:54) K. Possible	News (N) [E]	CSI: NY [E]	"70s Show" Family Guy
3 PM	Seinfeld Friends	The Big Party Plan- Off	(3:01) Zoboomafo o "Snake"	Big World WordGirl	Judge Judge	Dr. Phil [E]	Cold Case Files [E]	Rachael Ray [E]	The Doctors [E]	Young and the Restless	Living Food	Flamingo Edgar	Off-Record Sports	Dr. Phil [E]	How-Made How-Made	Replace Emperor	News (N) [E]	CSI: NY [E]	What "Oedipus Hex" What
4 PM	Payne Payne	Debt Part Deal No	Bellies" George S.	Fetch! Ruff Judge J.	Judge J. Judge J.	Oprah Winfrey [E]	CSI: Miami [E]	Deal No Deal No	Oprah Winfrey [E]	(3:59) News Global	Fashion F. TBA	SpongeBob Kid vs. Kat	Hockey NHL Hockey: Philadelphia Flyers at Toronto Maple Leafs. [E]	Ellen DeGeneres Show	Daily Planet (N) [E]	(4:08) Phineas	Law & Order: SVU	UFC Unleashed	Vanity Ad Pers
5 PM	Movie: "Phantoms" (1998)	News (N) [E]	Martha (5:35) Business	BBC News NBC News	News (N) NBC News	News (N) CBS News	Dog Dog	News ABC News	News (N) Global	(4:59) News (N) [E]	Simpsons Fortune	OddParent SpongeBob	News (N) [E]	Dirty Jobs [E]	Suite Life Montana	The Chopping Block (N) [E]	UFC Fight Night (Live)	Ad Pers Seinfeld	
6 PM	Horror Peter O'Toole.	Global News	Think Big Into Wild	News- Lehrer	News (N) Millionaire	News (N) Hollywood	Dog the Bounty Hunter	News News	News (N) [E]	ET Canada Entertain	News (N) [E]	Drake iCarly [E]	News (N) [E]	Deadliest Catch [E]	Zoey 101 Life Derek	Nip/Tuck [E]	Raymond [E]	Seinfeld Raymond	
7 PM	Harvey Seinfeld	E! News The Insider	Great Canadian Parks	Coming PBS	Jeopardy! Fortune	The Doctors [E]	Dog Extern	Entertain The Insider	Entertain ET Canada	(7:02) Life on Mars (N) [E]	Coronatn Jeopardy!	Frank Ptrl Frank Ptrl	SportsCentr e (Live) [E]	etalk [E] Hollywood	Mayday [E]	Wizards Montana	Murdoch Mysteries (N) [E]	The Ultimate Fighter (N)	Family Guy Married...
8 PM	Family Guy Family Guy	Knight Rider [E]	Marvels- Asia	Jerusalem: Center of the World (N) [E]	The Chopping Block	I Get That a Lot (N) [E]	Extern Extern	Scrubs (N) Better Off	Lie to Me (N) [E]	Lie to Me (N) [E]	Leonard Cohen- London	Frank Ptrl Frank Ptrl	Off-Record	Criminal Minds [E]	Daily Planet [E]	Suite Life Buzz	News (N) (8:35) News	The Ultimate Fighter	Seinfeld Seinfeld
9 PM	Movie: "Phantoms" (1998)	J. Dickinson	Opera Under the Stars	Charlton Heston	Law & Order "Falling"	CSI: NY [E]	Dog the Bounty Hunter	(10:02) Life on Mars (N) [E]	(10:02) Life on Mars (N) [E]	News Hour Final (N) [E]	National Falcon Beach "Vigil"	Poker	American Idol [E]	MythBuster s [E]	Dirty Jobs [E]	School Cory	(9:06) Jimmy Kimmel	Disorderly Con.	Family Guy "70s Show"
10 PM	Horror Peter O'Toole.	Run Heels The Dish	A Voice Out of the Cold	Law & Order "Falling"	CSI: NY [E]	Dog the Bounty Hunter	(10:02) Life on Mars (N) [E]	(10:02) Life on Mars (N) [E]	News Hour Final (N) [E]	News Hour Final (N) [E]	National Falcon Beach "Vigil"	Poker	CSI: NY [E]	Dirty Jobs [E]	School Cory	(10:06) The Flavor of Love [E]	Disorderly Con.	Married...	
11 PM	Sanford Montel W.	News (N) [E]	Montreal Jazz	Charlie Rose (N) [E]	News (N) Tonight	News (N) Late Show	Dog Extern	News (11:35)	News (N) [E]	ET Canada Irish Poker	(11:05) The Hour [E]	Mystery Ghost	SportsCentr e (Live) [E]	News (N) [E]	Mayday [E]	Suite Life Life Derek	Judge Northern	The Ultimate Fighter	Raymond "70s Show"

Similkameen News Leader - Horoscopes

April 1 - 8, 2009

Aries - You are still stewing about something. Get it out in the open, but only if you can do so diplomatically. If not, wait. Check your health. Job problems are not yours.

Taurus - Talk about career problems with people who can help. Say what you want to say, but do it in a nice way. Youngsters may have problems. You do not feel creative. Don't gamble.

Gemini - Career is still hectic. Things change fast. Spend time learning, studying things that will help you succeed. Plans are on hold until month end. Associates are no help.

Cancer - Yes, you still want to travel, but things are in the way. Do the planning for later. Career plans are on hold now, but you can still talk about them. Take action next week on career.

Leo - You may have to take short trips to gain information. Career seems humdrum right now. Matters involving debts, investments, and other financial matters need creative fix.

Virgo - People you talk to seem to bring you nothing but bad news. Friends and partner seem full of self-interest and/or ego. Give firm, direct responses, don't get your emotions involved.

Libra - Good news and sweet words come your way from friends, partner. Employment and health are areas of concern. Learn symptoms of depression and pull yourself out.

Scorpio - You see improvement in job and health. Activity with younger folk increases, and you feel more like having fun. Plans are very firm. Home life can give benefits in peace or fun.

Sagittarius - Activity around your home and property may demand hard work, but will pay off. Now is the time to make home and career work together for your comfort.

Capricorn - Home life is peaceful. You may want to do some home renovation or redecorate. You can make headway on any home project for the next week. Action centers around errands.

Aquarius - You are entering a period when your dreams far exceed your ability to make them come true. You do not have the resources you need for your dreams. Find ways.

Pisces - You are hitting a fast pace of activity, as well as too much ego and self-interest. Restrictions imposed by others may be just what you really need. Put your life in balance!

Similkameen News Leader - Recipe Corner

Recipe #265

Orange-Glazed Carrots

Serves: 4 to 6 - Prep time: 8 to 10 minutes - Way To Grill: direct medium heat (350° to 450°F)
Grilling Time: 4 to 6 minutes

Ingredients:

- 2 1/4 teaspoons kosher salt, divided
- 12 medium carrots, each 6 to 8 inches long and about 1 inch wide at the stem, peeled and trimmed
- 3 tablespoons unsalted butter, melted
- 2 tablespoons honey or maple syrup
- 2 teaspoons finely grated orange zest
- 2 teaspoons balsamic vinegar
- 2 tablespoons finely chopped fresh Italian parsley

Directions:

1. Fill a large saucepan with water to within a few inches of the top. Add 2 teaspoons of the salt to the water and bring to a boil over high heat. Add the carrots to the boiling water and cook until tender but still crisp, 4 to 6 minutes. Remove from the saucepan and plunge into an ice bath to cool them rapidly. Then remove the carrots from the ice bath and drain.
2. Prepare the grill for direct cooking over medium heat.
3. In a large bowl combine the melted butter, honey, orange zest, vinegar, and the remaining 1/4 teaspoon of salt. Add the carrots to the bowl and toss to coat them evenly.
4. Brush the cooking grates clean. Remove the carrots from the bowl and let the excess butter mixture drip back into the bowl. Set the bowl aside. Grill the carrots over direct medium heat, with the lid closed as much as possible, until lightly caramelized, 4 to 6 minutes, turning occasionally. Place the carrots back into bowl with the remaining butter mixture. Toss to coat thoroughly. Garnish with the parsley and serve warm.

Recipe from Weber's Way to Grill by Jamie Purviance. Used with permission.

- News Canada

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Tuesday Movies

AFTERNOON

5:00 pm WTBS (3) ★ 1/2 "Snake Eyes" (1998, Suspense) Nicolas Cage. A corrupt detective and his Navy friend probe a U.S. official's assassination at an Atlantic City boxing match. (E)

EVENING

8:00 pm WTBS (3) ★ 1/2 "Snake Eyes" (1998, Suspense) Nicolas Cage. A corrupt detective and his Navy friend probe a U.S. official's assassination at an Atlantic City boxing match.

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Wednesday Movies

AFTERNOON

5:00 pm WTBS (3) ★★ "Phantoms" (1998, Horror) Peter O'Toole. A British professor comes to the aid of vacationing sisters who discover eerie killings in a Colorado ski town.

EVENING

9:00 pm WTBS (3) ★★ "Phantoms" (1998, Horror) Peter O'Toole. A British professor comes to the aid of vacationing sisters who discover eerie killings in a Colorado ski town.

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Thursday Movies

EVENING

6:00 pm WTBS (3) ★★ 1/2 "Consenting Adults" (1992, Suspense) Kevin Kline. A psychotic neighbor ensnares a suburban couple in a nightmarish plot of wife-

swapping and murder.
9:30 pm WTBS (3) ★★ 1/2 "Consenting Adults" (1992, Suspense) Kevin Kline. A psychotic neighbor ensnares a suburban couple in a nightmarish plot of wife-swapping and murder.

Friday Movies

AFTERNOON

5:00 pm WTBS (3) ★★ "Philadelphia" (1993, Drama) Tom Hanks. Fired by his firm, a lawyer with AIDS fights back in court with help from his lawyer.

EVENING

7:30 pm FAM (26) ★★ "Richie Rich" (1994, Comedy) Macaulay Culkin. The boy zillionaire saves his parents and Rich Industries from a scheming executive. (E)

9:00 pm WTBS (3) ★★ "Philadelphia" (1993, Drama) Tom Hanks. Fired by his firm, a lawyer with AIDS fights back in court with

help from his lawyer.
9:04 pm FAM (26) ★★ "Blank Check" (1994, Comedy) Brian Bonsall. An 11-year-old cashes a crook's check for \$1 million and becomes the envy of his family. (E)
10:00 pm KNOW (5) ★★ 1/2 "The Times of Harvey Milk" (1984, Documentary) Harvey Milk. Premiere. Harvey Fierstein narrates this Oscar-winning account of the life and death of openly gay politician Harvey Milk.
10:36 pm FAM (26) ★★ "Willy Wonka & the Chocolate Factory" (1971, Fantasy) Gene Wilder. A poor boy and his grandfather win a tour through a wily candymaker's marvelous factory. (E)

THURSDAY, APRIL 2, 2009

	WTBS (3)	CHBC (4)	KNOW (5)	KSPS (6)	KHQ (7)	KREM (8)	A&E (9)	KXLY (10)	BCTV (11)	CITY (12)	CBC (13)	YTV (18)	TSN (19)	VTV (22)	DISC (24)	FAM (26)	CITY (29)	SPIKE (44)	TROP (45)
6 AM	Jeffersons Sanford	News (N) George S.	(6:12) Thomas	Thomas Lions	News (N) Lions	News (N)	The Sopranos "D-Girl"	News	(5:30) News (N)	(4:30) News (N)	CBC News: Morning (N)	Being Ian Monster	SportsCentr e	Canada AM (N)	Daily Planet King	Henry's King	CityLine	CSI: Crime Scn	Traders
7 AM	In the Heat of the Night	Room That News	Martha Dora	Arthur (El) Martha	Today (N) Today	The Early Show (N)	American Justice	Good Morning America (N)			Razzberry Animal	Neutron Kid vs. Kat	SportsCentr e		Megabulde rs	(6:56) Phineas	The Tyra Banks Show	CSI: Crime Scn	The Outer Limits
8 AM	Cosby Cosby	Ad Pers What	(7:58) Hi-5 Bus	Curious Sid			Cold Case Files		100 Huntley Street	100 Huntley Street	Bo On Go Bustown	Pokémon Viva Pinata	SportsCentr e		Combat School	Weekend K. Possible	Rachael Ray	CSI: Crime Scn	North of 60
9 AM	Fam. Feud Fam. Feud	Three Takes Clifford	Berenstain Clifford	Super Why! Clifford		The 700 Club	Cold Case Files	Regis and Kelly	100 Huntley Street	Hospital for Sick Kids	Super Why! Gofrette	Rolie Polie Timothy	Off-Record PBA	Regis and Kelly	Daily Planet	Feet Tigger	News (N) City	CSI: Crime Scn	Make What
10 AM	Trivial Trivial	The Mom Show	Sid (10:36)	Sesame Street (El)		The Price Is Right (N)	CSI: Miami "Bloodline"	The View (N)	Hospital for Sick Kids	Debt Part House	Wilbur Doodlebob	George S. Berenstain	Bowling: Long Island Classic	The View (N)	Dirty Jobs Handy	Mickey Handy	The O.C. Handy	CSI: Crime Scn	What The Nanny
11 AM	Harvey Harvey	One House Guys	Rolie Polie Berenstain	Dragon Sit-Be Fit	Ellen DeGeneres Show	Young and the Restless	Crossing Jordan	Paid Prog. Paid Prog.	World Vision	(10:59) News (N)	Dinner Antiques	Dewitt Willa	Secret Game	Twice in a Lifetime	Forensic Factor	Benj Bear (11:25) King	The Bonnie Hunt Show	CSI: Crime Scn	Grace NewsRadio
12 PM	Fresh Pr. Fresh Pr.	Chef Design U	(12:01) (12:39)	Charlie Rose	Reverse Paid Prog.	News (N) Bold	The Sopranos "D-Girl"	All My Children (N)	News (N) News (N)	Days of our Lives (N)	News (N) CBC News	Mr. Men George S.	ATP Tennis: Sony Ericsson	etalk	Mayday	(11:49) Weekend	CityLine	CSI: NY	Seinfeld Seinfeld
1 PM	Still Stud Still Stud	Home to Parents	Maggie Daniel	Painting Quilting	Days of our Lives (N)	As the World Turns (N)	American Justice	One Life to Live (N)	As the World Turns (N)	As the World Turns (N)	Martha Stewart	Jacob Erky Perky	Open In Corner	Sue Thomas: F.B. Eye	Deadliest Catch	Dragon Emperor	ER "The Lost"	CSI: NY	Raymond Just Shoot
2 PM	King King	Guiding Light (N)	Franklin BluesClues	Barney WordWorld	The Bonnie Hunt Show	Guiding Light (N)	Cold Case Files	General Hospital (N)	Young and the Restless	The Doctors (N)	Steven and Chris	Viva Pinata Ruby	Horn Interruption	General Hospital (N)	MythBuster s	(1:54) K. Possible	News (N) Handy	CSI: NY	Just Shoot Family Guy
3 PM	Seinfeld Friends	Clean Clean	(3:01) Zoboomafo o "Playtime"	Big World WordGirl	Judge Judge	Dr. Phil	Cold Case Files	Rachael Ray	The Doctors (N)	Young and the Restless	Living Food	Grossology Pokémon	Off-Record Sports	Dr. Phil	How-Made How-Made	Replace Emperor	News (N) Emperor	CSI: NY	What What
4 PM	Payne Payne	Debt Part Deal No	(DVS) George S.	Fetch! Ruff Cyberchas	Judge J. Judge J.	Oprah Winfrey	CSI: Miami "Bloodline"	Deal No Deal No	Oprah Winfrey	(3:59) News Global	Fashion F. 22 Minutes	SpongeBob OddParent	NHL Hockey: Montreal	Ellen DeGeneres Show	Daily Planet (N)	(4:08) Phineas	Law & Order: SVU	UFC Unleashed	Vanity Inside Hollywood
5 PM	Friends Friends	News (N) News (N)	Martha (5:35)	BBC News Business	News (N) NBC News	News (N) CBS News	The First 48 (N)	News ABC News	News (N) Global	(4:59) News (N)	Simpsons Fortune	OddParent SpongeBob	Canadiens at New York Islanders.	News (N) News (N)	Mega Heist (N)	Suite Life Montana	Mother Friends	UFC Unleashed	Seinfeld Seinfeld
6 PM	Movie: "Consenting Adults" (1992)	Global News	Creatures Animals	News- Lehrer	News Millionaire	News (N) Hollywood	The First 48 (N)	News News	News (N) ET Canada	ET Canada Entertain	News (N) iCarly	Drake iCarly	SportsCentr e (Live)	etalk	MythBuster s	Zoey 101 Life Derek	Hell's Kitchen (N)	TNA IMPACT! (N)	Seinfeld Raymond
7 PM	Kevin Kline. The Insider	E! News The Insider	Eden Big Ideas	Johnny Mathis	Jeopardy! Fortune	The Doctors (N)	The First 48 (N)	Entertain The Insider	Entertain ET Canada	Life "Initiative 38" (N)	Coronatn Jeopardy!	Jackson H2O Just	Hockey Hollywood	etalk	MythBuster s	Wizards Montana	Privileged (N)	CSI: NY	Family Guy Married...
8 PM	Family Guy Family Guy	Name Earl Name Earl	Francesco's Italy	New Tricks (N)	ER "Retrospecti ve" (N)	Survivor: Tocantins (N)	The Beast "Capon"	Mother Samantha	Survivor: Tocantins (N)	Survivor: Tocantins (N)	Doc Zone (N)	Malcolm Futurama	Sports Off-Record	CSI: Crime Scn	Daily Planet (N)	Suite Life Buzz	News (N) (8:35) News	The Ultimate Fighter	Seinfeld Seinfeld
9 PM	Seinfeld Movie: "Consenting Adults" (1992)	Gay Wedding	Broadway: Musical	MI-5 "One Last Dance"	ER "Series Finale" (Series Finale) (N)	CSI: Crime Scn	The First 48 (N)	Grey's Anatomy (N)	The Office Kink	The Office Kink	Doc Zone "Pornemic"	In Real Life (N)	Score Golf UEFA	ER "Series Finale" (Series Finale) (N)	Deadliest Catch	Wizards Life Derek	(9:06) Jimmy Kimmel	MANswers Game	Family Guy Just Shoot
10 PM	Kevin Kline. Montel W.	Party Monsters: Cabo	Genius, Photo.	Artists Den (N)	(10:01) Eleventh Hour	(10:01) Eleventh Hour	The First 48 (N)	Life "Initiative 38" (N)	News Hour Final (N)	News Hour Final (N)	National Falcon Beach	Series of Poker	Mega Heist (N)	School Cory	(10:06) The Flavor of Love	MANswers Game	MANswers Game	Just Shoot Married...	
11 PM	Montel W.	News (N) News (N)	N. Pole- NYC	Charlie Rose (N)	News (N) Tonight	News (N) Late Show	The First 48 (N)	News (11:35)	News (N) ET Canada	Entertain (11:05) The Hour	Mystery Ghost	SportsCentr e (Live)	News (N) News (N)	Suite Life Life Derek	Northern MXC	MXC Just Shoot	MXC Just Shoot	Raymond Just Shoot	

FRIDAY, APRIL 3, 2009

	WTBS (3)	CHBC (4)	KNOW (5)	KSPS (6)	KHQ (7)	KREM (8)	A&E (9)	KXLY (10)	BCTV (11)	CITY (12)	CBC (13)	YTV (18)	TSN (19)	VTV (22)	DISC (24)	FAM (26)	CITY (29)	SPIKE (44)	TROP (45)
6 AM	Jeffersons Sanford	News (N) George S.	(6:12) Thomas	Bob Build Lions	News (N) Lions	News (N)	The Sopranos "D-Girl"	News	(5:30) News (N)	(4:30) News (N)	CBC News: Morning (N)	Being Ian Monster	SportsCentr e	Canada AM (N)	Daily Planet King	Henry's King	CityLine	CSI: Crime Scn	Adventures of Sinbad
7 AM	In the Heat of the Night	Room That News	Martha Dora	Arthur (El) Martha	Today Spring cleaning;	The Early Show (N)	American Justice	Good Morning America (N)			Turbo Animal	Neutron Pretty Cure	SportsCentr e		Mayday	(6:56) Phineas	The Tyra Banks Show	CSI: Crime Scn	The Outer Limits
8 AM	Cosby Cosby	Ad Pers What	(7:58) Hi-5 Bus	Curious Sid	Today's Pets; rain gear;		Cold Case Files		100 Huntley Street	100 Huntley Street	Bo On Go Bustown	Pokémon Viva Pinata	SportsCentr e		MythBuster s	Weekend K. Possible	Rachael Ray	CSI: Crime Scn	North of 60 "Partners"
9 AM	Fam. Feud Fam. Feud	Three Takes Clifford	Berenstain Clifford	Super Why! Clifford		The 700 Club	Cold Case Files	Regis and Kelly	100 Huntley Street	World Vision	Super Why! Gofrette	Rolie Polie Timothy	Off-Record Score Golf	Regis and Kelly	Daily Planet	Feet Tigger	News (N) City	CSI: Crime Scn	Tube Tales What
10 AM	Trivial Trivial	The Mom Show	Noonbory (10:36)	Sesame Street (El)		The Price Is Right (N)	CSI: Miami "Rush"	The View (N)	World Vision	Debt Part House	Wilbur Doodlebob	George S. Berenstain	ATP Tennis: Sony Ericsson	The View (N)	Naked Science	Mickey Handy	The O.C. Handy	CSI: Crime Scn	What The Nanny
11 AM	Harvey Harvey	One House Designer	Rolie Polie Berenstain	Dragon Sit-Be Fit	Ellen DeGeneres Show	Young and the Restless	Crossing Jordan	Paid Prog. Paid Prog.	World Vision	(10:59) News (N)	Dinner Antiques	Dewitt Willa	Secret Game	Twice in a Lifetime	Super Ships (N)	Benj Bear (11:25) King	The Bonnie Hunt Show	CSI: Crime Scn	Grace NewsRadio
12 PM	Fresh Pr. Fresh Pr.	Eat, Shrink Design U	(12:01) (12:39)	Charlie Rose	Paid Prog. Paid Prog.	News (N) Bold	The Sopranos (N)	All My Children (N)	News (N) News (N)	Days of our Lives (N)	News (N) CBC News	Being Ian George S.	Racing: O'Reilly Spring Nationals. (Taped)	etalk	Mega Heist (N)	(11:49) Weekend	CityLine	CSI: NY "Sweet 16"	Seinfeld Seinfeld
1 PM	Still Stud Still Stud	Home to Parents	Maggie Daniel	Painting Beads Bbl	Days of our Lives (N)	As the World Turns (N)	American Justice	One Life to Live (N)	As the World Turns (N)	As the World Turns (N)	Martha Stewart	Jacob Erky Perky	Open In Corner	Sue Thomas: F.B. Eye	Dragon Emperor	ER "Dear Abby"	CSI: NY	Raymond Frasier	
2 PM	King King	Guiding Light (N)	Franklin BluesClues	Barney WordWorld	The Bonnie Hunt Show	Guiding Light (N)	Cold Case Files	General Hospital (N)	Young and the Restless	The Doctors (N)	Steven and Chris	Viva Pinata Ruby	Horn Interruption	General Hospital (N)	MythBuster s	(1:54) K. Possible	News (N) Handy	CSI: NY "Silent Night"	Frasier Family Guy
3 PM	Seinfeld Friends	Clean House	(3:01) Zoboomafo o "Talk To	Big World WordGirl	Judge Judge	Dr. Phil	Cold Case Files	Rachael Ray	The Doctors (N)	Young and the Restless	Living Food	Grossology Pretty Cure	Off-Record Sports	Dr. Phil	How-Made How-Made	Replace Emperor	News (N) Emperor	CSI: NY "Obsession"	What What
4 PM	Payne Payne	Debt Part Deal No	(DVS) George S.	Biz Kid\$ Cyberchas	Judge J. Judge J.	Oprah Winfrey	CSI: Miami "Rush"	Deal No Deal No	Oprah Winfrey	(3:59) News Global	Fashion F. Air Farce	SpongeBob Mighty B	Hockey Interruption	Ellen DeGeneres Show	Daily Planet (N)	(4:08) Phineas	Law & Order: SVU	UFC Unleashed	Vanity TV Made
5 PM	Movie: "Philadelphi a" (1993)	News (N) News (N)	Martha (5:35)	BBC News Business	News (N) NBC News	News (N) CBS News	CSI: Miami "Cop Killer"	News ABC News	News (N) Global	(4:59) News (N)	Simpsons Fortune	OddParent SpongeBob	NBA Basketball: Cleveland Cavaliers at Orlando Magic.	News (N) News (N)	Heli- Loggers (N) Montana	Suite Life Montana	Mantracker (DVS)	UFC Unleashed	Seinfeld Seinfeld
6 PM	Tom Hanks, Denzel Washington.	Global News	Heads Up Time	News- Lehrer	News (N) Millionaire	News (N) Hollywood	CSI: Miami (N)	News News	News (N) Entertain	ET Canada Entertain	News (N) iCarly	Family Biz Family Biz	Cavaliers at Orlando Magic.	etalk	Man vs. Wild "Namibia"	Zoey 101 Wizards	Survivorm n (DVS)	CSI: NY "Obsession"	Seinfeld Family Guy
7 PM	Seinfeld	The Insider	In Korea	Wash Wk McLaughlin	Jeopardy! Fortune	The Doctors (N)	CSI: Miami "Identity"	Entertain The Insider	Entertain ET Canada	NUMB3RS "Blowback"	Coronatn Jeopardy!	Nickelodeon 's 22nd Annual Kids' Choice Awards	SportsCentr e (Live)	Hollywood	Forensic Factor (N)	Sonny Movie: "Richie Rich" (1994) (8:35) News	Out There News (N)	UFC Unleashed	Family Guy Married...
8 PM	Family Guy Family Guy	Are You Smarter	Poirot "The Lost Mine"	Bill Moyers Journal (N)	Howie Do Howie Do	Ghost Whisperer (N)	Criminal Minds	Wife Swap (N)	Howie Do Howie Do	Howie Do Howie Do	Mercer Marketple	Prank Ptrl Prank Ptrl	Boxing: Friday Night Fights. (Same-day Tape)	Flashpoint "Aisle 13"	Daily Planet	Movie: "Richie Rich" (1994) (8:35) News	News (N) (8:35) News	DEA Seinfeld	Seinfeld
9 PM	Movie: "Philadelphi a" (1993)	Friday Night Lights (N)	Life Begins (N)	NOW Served	Friday Night Lights (N)	Flashpoint "Aisle 13"	CSI: Miami "Cop Killer"	Supernanny (N)	(9:01) Dollhouse "Needs" (N)	(9:01) Dollhouse "Needs" (N)	fifth estate Prank Ptrl	Prank Ptrl Prank Ptrl	Boxing: Friday Night Fights. (Same-day Tape)	Flashpoint "Aisle 13"	Man vs. Wild "Namibia"	(9:04) Movie: "Blank Check"	(9:06) Jimmy Kimmel	MANswers Game	Family Guy Family Guy
10 PM	Tom Hanks, Denzel Washington.	20/20	Movie: "The Times of Harvey Milk"	The Vicar of Dibley	Dateline NBC	NUMB3RS "Blowback"	CSI: Miami (N)	20/20	NUMB3RS "Blowback"	News Hour Finl (N)	National Family Biz	Adrenaline	Spectacle: Elvis	Heli- Loggers	"Willy Wonka & Chocolate"	PartyPoker	Judge Northern	DEA Raymond	Raymond
11 PM	Montel W.	News (N) News (N)	Halda Art	Austin City Limits	News (N) Tonight	News (N) Late Show	CSI: Miami "Identity"	News (11:35)	News (N) ET Canada	(11:03) ECW (N)	Mystery Ghost	SportsCentr e (Live)	News (N) News (N)	Suite Life Life Derek	Northern MXC	MXC Just Shoot	MXC Just Shoot	Raymond Just Shoot	

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Similkameen News Leader

CARTER'S Sudoku Challenge

CREATED FOR THE NEWS LEADER BY CARTER BOSWELL

HOW TO PLAY:

Sudoku is a game of logic. There is no math involved. The object of the game is to fill the grid so that the numbers 1 through 9 appear only once in each row, column and 3 x 3 box. The numbers can appear in any order and Carter has left you some clues below.

CHALLENGE #179 - Rated Easy

			9					
	4		7			8	3	
9		8		5				1
		5				4		
	8		2	3	5			1
		1		8		2		
7				4		6		5
8	5	9			6		4	
				1				

CHALLENGE #180 - Rated Hard

4					2			
		2	7				4	8
	6			4			2	
	1			6				
		7	8				1	6
2					9	5		
					6	4		
5	9			3				
	4			1				9

THIS WEEK'S SOLUTIONS:
Page 20

Carter's Sudoku Challenge grids, puzzles and solutions copyright 2009 Carter Boswell, Princeton, BC and published by Similkameen News Leader

Saturday Movies

MORNING

- 10:00 am WTBS (3) ★ "Gone Fishin'" (1997, Comedy) Joe Pesci. Two lifelong friends have disastrous misadventures after winning a fishing trip to the Everglades.
- 11:00 am A&E (9) ★★½ "Turner & Hooch" (1989, Comedy-Drama) Tom Hanks. A drooling dog helps a tidy detective link California beach-town foul play to a drug-money laundry. (E)

AFTERNOON

- 12:00 pm FAM (26) "Motocrossed" (2001, Adventure) Alana Austin. A teenager secretly masquerades as her injured twin brother so that she can compete in motocross races. (E)
- 1:31 pm FAM (26) ★★½ "The Rookie" (2002, Drama) Dennis Quaid. A high-school baseball coach makes it to the major leagues as a middle-aged relief pitcher. (E)
- 4:00 pm YTV (18) ★★ "All Dogs Go to Heaven 2" (1996, Fantasy) Voices of Ernest Borgnine. Animated. A junkyard dog and a newly deceased pal return to Earth to retrieve Gabriel's trumpet. (In Stereo) (E)
- 5:00 pm WTBS (3) ★★½ "Elizabethtown" (2005, Comedy-Drama) Orlando Bloom. In Kentucky to bury his father, a troubled man gets his life on track with the help of a free-spirited flight attendant.

EVENING

- 6:00 pm CITY (29) "Secret Lives" (2005, Suspense) Daphne Zuniga. A woman investigates the hidden past of the husband she thought had been dead for more than 10 years. (E) (DVS)
- 7:30 pm WTBS (3) ★★½ "Elizabethtown" (2005, Comedy-Drama) Orlando Bloom. In Kentucky to bury his father, a troubled man gets his life on track with the help of a free-spirited flight attendant.
- 8:00 pm CHBC (4) "Imaginary Playmate" (2006, Suspense) Dina Meyer. A woman suspects that her stepdaughter's imaginary friend is a ghost haunting their new house. (E) KSPS (6) ★★½ "Run Silent, Run Deep" (1958, War) Clark Gable. Despite his lieutenant, a submarine commander hunts the Japanese destroyer that sank his last sub. (E) KXLY (10) ★★ "Yours, Mine & Ours" (2005, Comedy) Dennis Quaid. Premiere. A household threatens to burst at the seams when the marriage of two widowed parents creates a family of 18 children. (In Stereo) (E)
- YTV (18) ★★½ "The Karate Kid" (1984, Action) Ralph Macchio. A New Jersey teen moves to California, meets bullies and learns karate from a handyman, Mr. Miyagi. (In Stereo) (E)
- 9:00 pm FAM (26) ★★½ "City

- Slickers" (1991, Comedy) Billy Crystal. Premiere. On vacation, three men get to play cowboy on a dude-ranch cattle drive, but unexpected circumstances test their skills and stamina.
- SPIKE (4) ★★½ "Lucky Number SleVIN" (2006, Crime Drama) Josh Hartnett. A conflict between black and Jewish gangsters in New York City and a case of mistaken identity land a man in the middle of a revenge plot of a crime boss. (In Stereo)
- 10:30 pm WTBS (3) ★★½ "She's So Lovely" (1997, Drama) Sean Penn. Institutionalized for an accidental shooting, a man returns 10 years later to find his wife remarried with children.
- 10:52 pm FAM (26) ★★ "Curly Sue" (1991, Comedy-Drama) James Belushi. A con man targets a corporate lawyer and steals her heart with his adorable adopted daughter. (E)

Sunday Movies

MORNING

- 9:00 am WTBS (3) ★★ "The Mighty Ducks" (1992, Comedy) Emilio Estevez. To get out of trouble, a hot-shot lawyer opts for community service coaching rowdies in peewee hockey. (E)
- A&E (9) ★★½ "Turner & Hooch" (1989, Comedy-Drama) Tom Hanks. A drooling dog helps a tidy detective link California beach-town foul play to a drug-money laundry. (E)
- 11:00 am WTBS (3) ★★ "Dennis the Menace" (1993, Comedy) Walter Matthau. The comic-strip moppet plays pranks on Mr. Wilson, the crotchety fellow who lives next door. (E)
- A&E (9) ★★½ "Good Morning, Vietnam" (1987, Comedy) Robin Williams. In 1965 Saigon, disc jockey Adrian Cronauer turns Armed Forces Radio on its ear with his irreverent brand of humor. (E)

AFTERNOON

- 12:00 pm KSPS (6) ★★½ "The Linguists" (2007, Documentary) Specialists document languages in Siberia, India and Bolivia that are on the verge of extinction. (In Stereo) (E)
- FAM (26) ★★½ "The Swan Princess" (1994, Musical) Voices of Jack Palance. Animated. A vengeful wizard curses a princess to exist as a swan by day until her prince declares his undying love. (E)
- 1:00 pm WTBS (3) ★★ "I Spy" (2002, Comedy) Eddie Murphy. A special agent and a boxing champion travel to Budapest, Hungary, to locate an arms dealer and a stealth bomber. (E)
- 1:30 pm FAM (26) "Roxy Hunter and the Mystery of the Moody Ghost"

- (2007, Mystery) Aria Wallace. With help from her best friend, a 9-year-old tries to solve an enigma related to the supernatural. (E)
- 3:00 pm WTBS (3) ★★½ "Showtime" (2002, Comedy) Robert De Niro. A straight-laced cop must work with a bumbling patrolman on a reality-based TV show. (E)
- VTV (22) "Murder Most Likely" (1999, Drama) Paul Gross. Former undercover drug agent Patrick Kelly is charged with the murder of his wife. (In Stereo) (E)
- 4:00 pm YTV (18) ★★ "Good Boy!" (2003, Comedy) Molly Shannon. After adopting a dog, a 12-year-old learns the animal is an interplanetary scout sent to investigate other canines.
- 5:00 pm WTBS (3) ★★½ "Glory Road" (2006, Drama) Josh Lucas. Coach Don Haskins leads the first all-black basketball team to NCAA victory during the 1966 season. (E) CBC (13) ★★½ "Mouse Hunt" (1997, Comedy) Nathan Lane. Brothers inherit a dilapidated mansion inhabited by a resourceful rodent that refuses to leave. (In Stereo) (E)

EVENING

- 6:00 pm YTV (18) "Air Buddies" (2006, Comedy) Patrick Cranshaw. Five talking puppies band together to save their kidnapped parents. (In Stereo) (E)
- 7:30 pm WTBS (3) ★★½ "Glory Road" (2006, Drama) Josh Lucas. Coach Don Haskins leads the first all-black basketball team to NCAA victory during the 1966 season. (E)
- 8:00 pm KNOW (5) ★★ "Inspector Morse: Service of All the Dead" (1982, Mystery) John Thaw. Inspector Morse investigates the

- brutal murder of a church warden. (E)
- VTV (22) "Playing for Keeps" (2009, Docudrama) Jennifer Finnigan. Premiere. A woman's affair with a married basketball player results in a custody battle over their son. (In Stereo) (E) (DVS)
- 9:00 pm CBC (13) "Diamonds" (2009, Drama) (Part 1 of 2) James Purefoy. Premiere. The African diamond trade affects the lives of a ruthless businessman, his father, a U.S. senator, a model and an orphan. (In Stereo) (E)
- FAM (26) ★★ "Baby Geniuses" (1999, Comedy) Kathleen Turner. Evil partners experiment on an infant and send his twin to a reputable research nursery. (E)
- 10:00 pm WTBS (3) ★★ "Dennis the Menace" (1993, Comedy) Walter Matthau. The comic-strip moppet plays pranks on Mr. Wilson, the crotchety fellow who lives next door. (E)
- 10:34 pm FAM (26) ★★ "Look Who's Talking Now" (1993, Comedy) John Travolta. Mikey and Julie each get dogs, while James fends off an over-friendly boss. (E)
- 11:00 pm SPIKE (4) ★★½ "Animal" (2005, Drama) Ving Rhames. A fellow inmate helps a brutal convict transform himself into a civil citizen. (In Stereo)

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Similkameen News Leader

MONDAY

	WTBS (3)	CHBC (4)	KNOW (5)	KSPS (6)	KHQ (7)	KREM (8)	A&E (9)	KXLY (10)	BCTV (11)	CITV (12)	CBC (13)	YTV (18)	TSN (19)	VTV (22)	DISC (24)	FAM (26)	CITY (29)	SPIKE (44)	TROP (45)
6 AM :30	Dawson's Creek (E)	News (E) Room	(Off Air)	Body Elec. Caillou (E)	News (E)	News	City Confidential (E)	(5:00) News (E)	News (E)	(5:00) News (Live) (E)	CBC News: Morning	Gadget Monster	SportsCentre (E)	News (E) Canada AM (E)	Cable in the Classroom	(6:06) King Spider-Man	Rachael Ray (E)	The A-Team	Counterstrike (E)
7 AM :30	Movie: "Excess Baggage" (1997) (E)	Life Today 100 Huntley Street (E)	BluesClues Dora	Barney Arthur (E)	Today (E)	The Early Show (E)	American Justice	Good Morning America (E)			George S. Lunar Jim	Being Ian Yu-Gi-Oh	SportsCentre (E)		Ultimate Thrill Parks	K. Possible (7-24)	CityLine (E)	Deep Space 9	Night Heat (E)
8 AM :30		Collectors	Berenstain Clifford	Curious			Cold Case Files (E)		100 Huntley Street (E)		Curious Clifford	Pokémon Flamingo	SportsCentre (E)		How-Made How-Made	Weekend Lilo Stitch	Deep Space 9	V.I.P. (E)	Due South "Letting Go"
9 AM :30	NewsRadio	Body Judge	Magic Bus Rolie Polie	Dragon Big World		Discover Discover	Crossing Jordan (E)	Regis and Kelly	100 Huntley Street (E)	World Vision (E)	Poko Save-Ums!	George S. LazyTown	Off-Record Fishing	Regis and Kelly	MegaWorld: Italy	Pool Bear	News (E) City	The A-Team	Ad Pers Inside
10 AM :30	Harvey Harvey	The Price Is Right (E)	Paddington Pancakes	Sesame Street (E)	Ellen DeGeneres Show	The Price Is Right (E)	CSI: Miami "Nailed"	The View (N) (E)	World Vision	Design House	Zoboo Doodlebob	Jane Pippi	ATP Tennis: Sony Ericsson	The View (N) (E)	Conspiracy Files (E)	JoJo Feet	Movie: "Rudy: The Rudy"	Deep Space 9	Ellen (E) Grace
11 AM :30	Harvey Harvey	Seinfeld Seinfeld	Chasing the Cure (E)	Bob Build Sit-Be Fit	Dr. Keith Ablow (N) (E)	Young and the Restless	24 (E)	Paid Prog. Paid Prog.	Judge J. House	News (Live) (E)	The Gill Deacon Show	Mischief Jacob	Open -- Early Round.	eTalk (E) Diary (E)	The New Detectives	Higglytown (11:25) King	Giuliani Story" (2003)	Star Trek: Next Gener.	The Nanny Frasier
12 PM :30	Home Imp. Home Imp.	News (E)	Canada-History	Charlie Rose (E)	Paid Prog. Paid Prog.	News Bold & B.	City Confidential (E)	All My Children (N) (E)	News (E)	Days of our Lives (N)	CBC News: Today (E)	Being Ian Flamingo	From Miami. (Live)	Degrassi Bold & B.	Mayday (E)	(11:49) Weekend	CityLine (E)	Star Trek: Next Gener. Seinfeld	
1 PM :30	Yes, Dear Yes, Dear	Diva Dime Homes	Animals Moving On	Fine Art Sewing	Days of our Lives (N)	As the World Turns (N)	American Justice	One Life to Live (N)	As the World Turns (N)	As the World Turns (N)	Living What's-	George S. Beasts	NASCAR Now (N)	Sue Thomas: F.B. Eye	Blueprint for Disaster	Dragon Emperor	Big Holly Star! Daily	Star Trek: Voyager (E)	Mad Abt. Frasier
2 PM :30	King King	Guiding Light (N) (E)	Gaslight Home	Reading Lions	Passions (N) (E)	Guiding Light (N) (E)	Cold Case Files (E)	General Hospital (N)	Passions (N) (E)	Passions (N) (E)	The Gill Deacon Show	LazyTown Winx Club	Motoring Interruption	General Hospital (N)	How-Made How-Made	Lilo Stitch Proud	Ellen DeGeneres Show	Star Trek: Voyager (E)	Beverly Hills, 90210
3 PM :30	Seinfeld Seinfeld	Room Design	Hi-5	Arthur (E) Postcards	Judge Judge	Dr. Phil (E)	Crossing Jordan (E)	Rachael Ray (E)	Young and the Restless	Young and the Restless	Miracles	Mystery Neutron	Off-Record Sports	Dr. Phil (E)	Highest Job	Weekend Lloyd	CSI: Crime Sen	Due South "Letting Go"	
4 PM :30	Raymond Raymond	Days of our Lives (N)	Dora (4:37) Little	Cyberchas Zoboo	Judge J. Judge J.	Oprah Winfrey (E)	CSI: Miami "Nailed"	Millionaire Millionaire	Oprah Winfrey (E)	News (E) Global	Frasier Red Green	Phantom Robot Boy	NHL Hockey: Anaheim Ducks at Detroit Red Wings.	The Tyra Banks Show	Daily Planet (N) (E)	Barbarian Proud	Friends Hollywood	CSI: Crime Sen	Ad Pers Inside
5 PM :30	Friends Friends	News (E)	George S. (5:32) Business	BBC World NBC News	News (E) News	News	CSI: Miami (E)	News (E) ABC News	News (E) Global	News (Live) (E)	Simpsons Arrested	OddParent SpongeBob	News (E)	MythBusters Whirlpools.	K. Possible Suite Life	Movie: "The Patriot" (2000, War)	CSI: Crime Sen	Seinfeld Seinfeld	
6 PM :30	Friends Friends	Body Caitlin	Fetch! With Creatures	News-Lehrer Raymond	News (E) Hollywood	News	The Sopranos "D-Girl"	News (E)	News (E)	ET Canada Entertain	CBC News at Six (E)	Being Ian Ruby	(Live) (E) Hockey	News (E)	American Chopper (E)	So Little Darcy	Mel Gibson, Heath Ledger. (E)	Movie: "Crocodile Dundee II" (1988, Comedy) Paul Hogan.	Married... Married... Frasier
7 PM :30	Family Guy Family Guy	Out There Jeopardy!	Edge Ocean	Served My Hero	Jeopardy! Fortune	Health Link Scrubs	The Sopranos "Full Leather	Entertain The Insider	Entertain ET Canada	24 (N) (PA) (E)	Coronatn Aquatics	Sabrina Malcolm	SportsCentre (Live) (E)	eTalk (E) Hollywood	Dirty Jobs (N) (E)	So Raven Smart Guy	News (E)	CSI: Crime Sen	ET Canada
8 PM :30	Seinfeld Seinfeld	Deal or No Deal (N)	That'll Teach 'em (E)	Antiques Roadshow	Deal or No Deal (N)	How I Met Christine	Leather Simmons	Dancing With the Stars	Prison Break (N) (E)	Prison Break (N) (E)	"The Walter Gretzky Story: Waking Up Wally"	Falcon Beach (E)	PBA Bowling: Denny's Champ.	Dancing With the Stars	Daily Planet (E)	Suite Life Life Derek	News (E)	Sports	Ad Pers
9 PM :30	Movie: "Galaxy Quest" (1999) (PA)	Two Men King	Indecently Exposed	To Be Announced	Heroes (E)	Two Men Rules	CSI: Miami (E)	What About Brian (N) (E)	The Black Donnellys (N) (E)	News (Live) (E)	National	Prank Ptrl Bob	Score Golf	CSI: Miami (E)	Dirty Jobs (E)	Popular "Booty Camp"	(10:06) Movie: "It Had to Be You" (2000) Michael Vartan.	Star Trek: Voyager (E)	Married... Married... Frasier
10 PM :30	Movie: "Spaceballs"	News (E) Room	Canada-History	Charlie Rose (N) (E)	News (E) Tonight	News (E) Late Show	The Sopranos (E)	News (E)	News (E)	Entertain ET Canada	The Hour (E)	Madison Hollywood	SportsCentre (Live) (E)	News (E)	MythBusters Whirlpools.	Life Derek	Sports	The Nanny	

Monday Movies

EVENING

6:00 pm WTBS (3) ★★½ "Boyz N the Hood" (1991, Drama) Larry Fishburne. Three boys become men, one guided by his father, in their racially divided Los Angeles neighborhood. (E)

9:30 pm WTBS (3) ★★½ "Boyz N the Hood" (1991, Drama) Larry Fishburne. Three boys become men, one guided by his father, in their racially divided Los Angeles neighborhood. (E)

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obituary

William G. Beattie

July 26, 1925 - March 15, 2009



William G. Beattie was born July 26, 1925 in Golden BC and passed away suddenly in Kelowna General Hospital on March 15, 2009.

William was a lumber inspector on Vancouver Island and in the Lower Mainland. He retired to Missequela Lake in 1981 and moved into Princeton in 1998. He was a 25-year member of the Princeton Legion.

William is survived by his loving wife Margaret of 60 years and daughters Katherine (Walter) and Susan (Gary) and Maura (Tom) and 7 grandchildren and 3 great-grandchildren and his brother Gordon (Shirley), brother-in-law Gordon Z., and several nieces and nephews.

In lieu of flowers donations graciously accepted in William's memory for the Heart & Stroke Foundation.

obituary

for sale

Over 100 evening party dresses from \$50.00 or rent from \$20.00. Call Kim (250) 295-4373 or 295-7988. Nov 25th

Hospital bed, bathroom safety items, antiques, truck tool box, tables and chairs, TV, dressers, old computer and lots of other stuff. Call (250) 295-0800. Mar 31 Apr 14

Australian Shepherd/Blue Heeler cross pups. 6-weeks old, have had first shots, great colours. \$300.00. Call (250) 295-7898. Mar 24 Apr 07

Custom lined drapes, red and gold design. Two panels 60" wide x 85.5" long. Two panels 96" wide x 85.5" long. Two rods 10' and 16' c/w draws hooks, brackets. Open to offers. Call (250) 295-6052. Mar 24 Apr 07

Reliable 1997 Chevy S-10 truck with flatbed. Only 80,000 KMS. 4-cylinder, automatic, good running engine, strong suspension, block heater, new battery, two sets of tires. \$3,600.00 Firm. Call Britanni at (250) 293-6534 or 295-6876. Mar 24 Apr 07

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for rent

Furnished shared accommodation (single occupant). 2-bedrooms available May 1st. Shared bathroom, own laundry, shared kitchen and livingroom. No pets, no smoking. \$300.00 per month (per room). Call (250) 295-0869. Mar 31

1-bedroom suite, downtown. Close to everything. Call Sharon (250) 295-1845. Nov 25th

Princeton Castle Resort

4-5 bedroom lakefront house for rent. \$2,200.00 per month inclusive. Luxury chalets for rent \$1,200.00 and \$1,800.00 per month, includes utilities+. Call (250) 295-7988. Nov 25th

3-bedroom, 64 Billiter Avenue. \$800.00 per month. No pets, no smoking, reference required. Available April 1, 2009. Contact Heather Johnson at Century 21 Princeton Realty. Call (250) 295-6977. Feb 24 - 1st

Newly remodeled apartment. All utilities included. Two bedroom, full bathroom and kitchen. Washer and dryer in unit. Nice neighbourhood. Pets and smoking allowed. \$700 per month. e-mail: michealanders1@gmail.com Feb 10 Mar 31

3-Bedroom/1-Bath
1,800 sq. ft. home on 3-acre, private riverfront property located 25 KM east of Princeton. Wood heat, wood sauna, equipped gym, great swimming, vegetable garden. \$1,100.00/month H/E about \$75.00/month \$1,200.00/month furnished. Call Heather: (250) 295-3883

3-Bedroom - 2nd Bench
Newly renovated, spectacular view, 5-minute walk to town, fireplace, W/D, F/S and dishwasher. Available anytime. \$850.00/month + utilities. Call Heather: (250) 295-3883 to Mar 31

2-bedroom house, 81 Kenley Avenue. \$650.00/month plus utilities. No smoking, no pets. References required. Call Century 21 Princeton Realty at (250) 295-6977. Mar 25th

card of thanks

Thank you to the Paramedics who were so very, very good. Thank you to Dr. Riskin, the nurses, the x-ray and lab technicians for your dedication and understanding in your care of William Beattie.

Thank you from Margaret and family during our trying time.

notices

NOTICE OF
ANNUAL GENERAL MEETING
PRINCETON POSSE
JUNIOR HOCKEY CLUB SOCIETY

7:00 PM
Wednesday, April 15
Riverside Centre

All Season Ticket holders for the 2008/09 Posse hockey season are eligible to vote at the Annual General Meeting.

The prime order of business will be to elect 4 new Directors (2-year term). The existing Directors with one year left on their term are: Ted Coyne, Loma Coyne, Jim Manlon and Rob Hicks.

Stanley G. Turner
President
Princeton Posse Junior Hockey Club

lost

Two Suzuki rubber car mats. Left in the car wash on Bridge Street. Call (250) 295-3780.

notices

Princeton Performing Arts Society
Annual General Meeting

7:00 PM
Tuesday, April 7
Riverside Centre

2009 Membership Dues (\$10.00) must be paid prior to voting at the AGM. Mar 24 31

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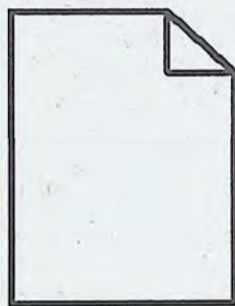
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My Turn...

Getting kicked to the curb

It's no big secret that I've been walking to work most mornings and have been for probably the last couple months or so.

My trip takes me from our neighbourhood on Burton Avenue to the Trans-Canada Trail, across Highway 3 at the 'controlled' intersection and along Vermilion Avenue to the office on Bridge Street.

It's only a 10-minute walk (I walk fast) and over the past couple of months I've made some observations along the way.

Probably on the top of my list is the hope that something can be done about the 'controlled' crossing on Highway 3 at Burton Avenue. I use it at about 7:50 each morning and lucky for me there's barely any traffic at that hour. I'd hate to try to cross the highway in a month or two with the crossing the way it is today.

The second thing I've noticed really came to light at a meeting I attended last week of the Accessibility Awareness Committee. There was discussion about the 'waviness' of sidewalks downtown. They aren't even in places due to a variety of reasons including tree growth, frost heaves and general wear and tear.

The following mornings I walked to work and imagined if I was tracing my route in a wheelchair, a walker or in a manner other than I currently do. It surprised me to note how much of the route I walk where I walk on the pavement since most of the sidewalk in my neighbourhood is so beaten up. The stretch down Vermilion Avenue revealed to me a lot of uneven places where even a person unsteady on their feet (including some seniors) could trip and injure themselves.

In a way I was taking a risk just to walk to work.

The Accessibility Awareness Committee will continue to lobby the Town of Princeton and other governing bodies for change and it will eventually take place.

The group also plans on another 'field trip' day where members of Town Council will be invited to travel to local public destinations in the community in a wheelchair to experience first-hand the difficulties some residents encounter on what many of us would consider simple tasks around town.

I also think the committee should open that day up to anyone who needs convincing that it's not easy to get around in Princeton for everyone. Try reaching the 'controlled' crossing signal at Highway 3 and Burton Avenue in a wheelchair for example. Try to use the 'public' washrooms at Town Hall with a wheelchair. Try getting a wheelchair over some of the curbing at the end of some of the sidewalk ramps in the downtown core. Try accessing many downtown businesses with a wheelchair. It's just not that easy.

The other side of the coin is that many local businesses have recognized the need to improve accessibility for customers and have done so, and not just a little. Those who have made the changes have done so in a big way and are probably reaping benefits as a result.

The Accessibility Awareness Committee has a great idea. That is to make Princeton a completely accessible community. I think it's a great idea that demands support from all of us.

And if you can't participate on Access Awareness Day (date to be determined), maybe see if you can borrow a wheelchair and take a trip down Vermilion Avenue or wherever just to get the feel of what the issue is all about.

You'll never see a stroll down the street the same way again.

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We would like you to write to us, but please remember to abide by anti-discrimination laws.

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Princeton was one of the last stops in Rick Hanson's Man In Motion World Tour. Princeton welcomed Hanson and his crew May 15, 1987 in a public ceremony at Princeton Arena where he was presented with donations and spoke to the capacity crowd about his journey. Photo: George Elliott

...Your Turn

There's so much to do!

To The Editor:

Community of Princeton: Do you know what you're missing?

We just had a great show of colourful dancers at the new Riverside Theatre...Bollywood belly dancers to be exact. There were as many dancers as there were Princetonites attending. I commended the group for their professionalism, as they danced as if there was a full house - talented, charming, varied with interesting choreography and music, some history and diversity of the dances explained. Just a wonderful evening.

They advertised with large colourful posters around town...and yet I ran into a number of folks who said they never saw any advertising. I just heard that there was a 'by invitation only' art show the same night that drew 80 of our usual cultural activities attendees to it. It's Spring...there is usually a lot of overlap at this time of year. So be it.

After being out of town for five weeks, and returning only a couple of weeks ago, I have attended a Naturalist's walk/snowshoeing trip and wiener roast up China Creek, Jon and Rika's traditional music concert (with new repertoire and

new interesting history of the area), a Community Band Concert with young members of the music circle in Princeton entertaining as well, James Bond 007 Movie Night at the theatre - and I 'could have' enjoyed a fine Celtic Spirit concert at the Hitching Post if it didn't conflict with the belly dancing. I also usually go to Cowboy Coffee on Saturday nights and enjoy the blues and jazz we get from local musicians - the cost of this is a cup of tea.

The total cost for the above-mentioned entertainment was \$25.00! (there is a yearly membership for the Naturalist group - so I didn't include that).

I have heard so many complaints from people here in Princeton that there is nothing to do. There is so much to do!!!! Look for the posters at the Post Office, and various downtown businesses. Most importantly, watch your newspapers for ads - and rip them out when you first notice them - put them up on your fridge or enter the info on your calendar...like RIGHT NOW!

Also, Nadine McEwen (our Recreation person at Riverside Community Centre) puts together a great Leisure Guide and I have

just called her line (250) 295-6067 which has a directory of what is upcoming re: movies and other activities. Really great, Nadine!

I must also mention Joan Kelly and Del Hall who organize a number of these activities through the Arts Council and are working really hard at developing future cultural activities as well.

As an aside, do you know we have a new Jazz/Contemp./Hip Hop teacher here in town who is excellent? Kat teaches all ages, not just kids. I loved her classes that I took early winter this year.

Coming up I am already looking forward to 'Harp Dog' Blues music at the Senior Centre early April. Sunday, April 19th the Kelowna Ballet is coming to our theatre.

This past week there was a Grad/RCMP Hockey Game, the RCMP Regimental Ball and another movie screening at Riverside.

The people involved with these venues put a lot of time and effort into coming and performing in our small town; the organizers trying to bring diverse, live culture here to the community.

I'm sure having fun being entertained here in Princeton!

- Linda Neumann, Princeton

Current Comment

What About Your Food Supply?



Dawn Johnson
editor@thenewsleader.ca

Among the native people of North America, this time of year was known as "the starving month". Food was scarce. Food stored for winter was nearly gone, but the weather was still too cool to grow or gather the greens and game was wary after being hunted all winter. Many years, people starved to death.

We avoid starvation in Canada by having big food supplies. Much of our food is brought to us from other countries during the winter months. These imported foods come at a higher price. The further the food must be transported, or the more scarce the food is, the more it costs.

If you do the grocery shopping at your house, you know food costs have increased a lot during the past year. There was some kind of grain shortage, so we have seen the cost of a loaf of bread increase to levels we never thought we would ever see. Pasta and rice are now very much more expensive.

At the same time, the cost of transporting the food to the store increased. Remember the high gasoline costs? That meant every single item we purchased went up in price.

There is now a hidden food cost you may not feel for awhile, but it is there, and farmers are paying it. The hidden cost is the BC government's carbon tax on farms and ranches.

One rancher told me there are ranchers going broke due to this carbon tax. I do not know how hard it is hitting other forms of agriculture, but I do know this: it is fundamental to the security of a nation to protect and encourage its own food supply. Canada does not do a good job of this, and BC does very little compared with other provinces. The carbon tax is just one more burden on an industry already under a lot of pressure.

I do not know why our government is so clueless as to make life

more difficult for food producers. Food security is essential for any population and the closer to home it is produced, the better (and less expensive) it is.

Levy a carbon tax on our producers is really stupid. If the government wants to levy a carbon tax on food sources, levy it on the imported produce, especially the imported produce that competes unfairly with our own produce.

I believe the carbon tax is stupid for another reason. The carbon tax is to fight global warming, right? I cannot see the relationship between a tax on farms and cleaning the air.

If the government really wanted to clean the air, the airplanes should be grounded. One average air trip exhausts the equivalent of 27 car exhausts in one year. Now, compare that to one rancher operating a pick-up truck and a tractor. I ask you: which could you live without, food or airline travel?

The other thing about the carbon tax that makes no sense to me is why we are so concerned about

global warming. The 2007-08 winter and this past winter saw the temperatures dropping. Last spring, crops were two weeks later than usual. I heard a couple of weather experts commenting on this past winter, saying it was three degrees cooler than normal! What they are telling us is that we were not just back to normal, but cooler than normal. One expert said the weather goes in cycles, and we are probably reverting back to a cooler cycle. Isn't that a complete change of tune?

Are we now going to see ourselves taxed indefinitely for a global warming that is no longer happening? Are our farmers and ranchers going to go broke for the sake of a tax which has no validity? There is an election coming in May. Shouldn't we be asking our elected representatives why they are threatening our food security with a carbon tax that may not solve any climate problems and create more problems for us?

I believe somebody should answer for this nonsense.

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..... continued from Front Page
Energy, Mines and Petroleum Resources and having acted as a consultant to Sego! on the Property in 2007 and 2008. The author has no connection with the vendors or the optionor of The Property and has prepared this report solely on a fee-for-service basis. He does not own any interest in the Property or Sego!. **Accessibility, Climate, Local Resources, Infrastructure and Physiography**

Main access to the Property is by traveling 2 km northeast of Princeton, on the Summerland Road and then 0.5 km northeast on the Iron Mountain Road. A number of smaller roads and tracks traverse most of the Property. Princeton, the main population centre in the area, lies 4.5 km southeast of the centre of the Property and provides the infrastructure required to base and carry out an exploration program, including accommodation, communication services, supplies and ease of access.

The area is at the southern boundary of the Interior Plateau, borders the Cascade Mountains to the south and west, and receives an average of 40 cm of annual precipitation. Higher elevations are generally moister and well timbered, with lower elevations being semi-arid open grassland sparsely timbered by Ponderosa pine, Douglas fir, lodgepole pine and aspen. The Property ranges in elevation from 700 to 1,310 metres, and consists of benches and moderate slopes of open grassland and a few rocky bluffs.

Winters on the Property are generally mild with little or no snow, lasting from November to February. Summers are hot and dry with temperatures reaching 30 degrees Celsius or higher. Exploration on the Property can generally be carried out year round. The entire area of the Property has been extensively glaciated and drift cover ranges from nil to more than 15 metres.

Exploration

Since acquiring the Property in July 2007, Sego! has performed the following exploration work:
2007 - In the fall of 2007 geological mapping of natural exposures was started and continued until the onset of winter.

2008 - In April approximately 99 line kilometres of soil sampling was done by SabreX Contracting Ltd. Nineteen hundred and seventy-three samples of the B Horizon were collected at 50 m intervals along east-west lines spaced 100 m apart and covering most of the Property from a northerly line at UTM 5486700 to a southerly line at UTM 5482800. A north-south baseline for the grid was established at UTM 684300 east. Samples were sent to Acme Analytical Laboratories Ltd. for analysis. Soil anomalies coincide well with areas of mineralization, particularly the Granby, South and Regal Zones.

As soon as ground conditions allowed, an excavator trenching programme was started. All old bulldozer trenches were reopened, deepened and, where practicable, extended. In

total 5,306 metres of trenches were excavated, mapped and 2,170 samples taken. The location of each trench and sample was determined by GPS. Trench mapping and sample results were entered in the geological database. Because all trenches are in grazing land and when open pose a danger to livestock, mapping and sampling was done as soon as possible after excavation and the trenches closed and reclaimed as soon as practicable. Excavator trenching proved to be a very cost effective method of exploration in the largely drift covered, open range land of the Property. Zones of known mineralization determined by previous operators were confirmed, in some cases extended, opened and re-sampled. In August and September ten NQ drill holes totalling 1,039.89 metres were completed.

In addition to the exploration work described above, Sego! has done extensive work to digitally integrate past exploration data sets and reports with current exploration results. All known drill logs and assays, geological, geochemical and geophysical surveys, and trenching results that could be obtained were integrated into an ESRI Arc GIS database. In the field crews use a tablet computer for mapping and core logging and send the data to the head office every night. This allows for real time comparison between past and present data, making it possible for management to follow the course of exploration and react quickly to new information. Field mapping, sampling and core logging was done by Sego! geologists with consulting services provided by the author of this report and by Chris Sampson, P.Eng.

Summary

Drilling in 2008 by Sego! on the Regal Zone confirmed previous work indicating that the oxide mineralization is a layer of landslide rubble a few metres to 15 metres in thickness which may rest either on till or directly on tertiary sediments of the Princeton Group. Copper values in the oxide are significant and locally exceed one percent. However, the volume and distribution of this material, though undetermined, appears to be limited.

Copper-gold mineralization on the Granby Zone is hosted mostly in microdiorite, but variably altered Nicola volcanics may also be well mineralized. Holes MM-08-04 and 09 encountered copper-gold mineralization of appreciably better grade than indicated by the nearby Bethlehem Hole 73-4 and the Granby 1965 percussion drilling. Both of these holes had to be abandoned prematurely and both bottomed in excellent grade material.

Drilling by Nustar in 2000 encountered significant copper mineralization and moderate to strong pyrite-gypsum/anhydrite alteration some 200 metres south of the Sego! 2008 drilling. Gold values were not reported.

Drilling in 1997 by Nustar some 300 metres southwest of the Sego! drilling encountered spotty copper

values in intensely bleached rock with abundant pyrite and gypsum/anhydrite. This is a zone of strong hydrothermal activity that may be peripheral to a yet undetected mineralized zone. This zone of intense alteration is at the crest of the hill overlooking the Regal Zone where the well mineralized oxide forming the landslide rubble probably originated.

Recommendations

The following two-phased exploration program is recommended for the Property.

(i) Phase 1 - Geophysics

The Granby and South Zones and the intervening ground should be covered by a Titan 24 Induced Polarization (IP) survey to identify drill targets. This relatively new type of IP survey was recently used at the Copper Mountain Mine 15 kilometres south of Princeton where it successfully identified drill targets that through subsequent drilling increased the mineral resource at that property. It is recommended that the Titan 24 IP survey be carried out at the Property as early as practicable in the spring before grazing pastures are open to cattle. The estimated cost of this survey is \$250,000.

(ii) Phase 2 - Trenching and Drilling

Upon completion and interpretation of the Titan 24 IP survey, and depending on its results, identified targets should be trenched by excavator and/or drilled as practicable and in the order of priority indicated by the IP survey. A detailed estimate of the amount of trenching and diamond drilling that will be justified is premature prior to the completion of the IP survey. It is anticipated that a minimum of 2,000 metres of excavator trenching and 2,000 metres of drilling will be justified at an estimated cost of \$325,000.

If no drill targets are identified by the Titan 24 IP survey, or if this survey can not be carried out, drilling should be continued on the Granby Zone to extend the mineralized zone identified in the vicinity of Bethlehem Hole 73-4 and of Sego!'s 2008 drilling.

Extension of this zone to the northwest, east, south and at depth appears possible.

Depending on results it is anticipated that 1,500 to 2,000 metres of drilling will be required for this work, estimated to cost \$225,000 - \$300,000.

The proposed programme is a necessary first step to properly evaluate the two higher priority zones on the Property, Granby and South, and the intervening ground to better evaluate areas of known mineralization on both zones, to close gaps in drilling information on the Granby Zone, and to test both zones at depth.

The reader is cautioned that in the event of positive results from this phased programme, much more exploration and investment will be required to exhaustively evaluate the Property. For the time being work on the other three lower priority zones on the Property should be deferred.

- submitted

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Vermilion Girl Guides visited Princeton Museum Archives last week. - photo submitted

Arts Council member groups thrive

Princeton District Community Arts Council met March 26 to review member group activities. The Arts Council is comprised of 12 groups, each group busy with its own area of interest, but all working together to offer arts and cultural activities for local residents.

Sue LePoidevin reported the Potters Guild is doing well, and two classes held recently were success-

ful. The pottery mural is nearly complete and she is looking forward to placing it in Riverside Centre's foyer.

Joan Kelly represented Princeton Community Band, which has 63 members now. The band held a successful concert in March, in Riverside Centre Theatre, and enjoyed an excellent turnout. They love performing in the theatre, and will do so again on June 8. The band has been invited to play at the Traditional Music Festival in August.

Vermilion Forks Field Naturalists continues to grow and thrive, unlike so many other similar groups. VFFN now has 88 members. The combination of interesting field trips and lecturers appears to be the reason for the steady growth. On April 10, the meeting features an overview of the fishery in the Tulameen and Similkameen Rivers by Tara White, from Fisheries Canada. On April 18 the group will hike to a lake.

Local Field Naturalists will be part of the Meadowlark Festival again in May. They will host a very special evening on May 14 at Riverside Centre Theatre. Jeff and Sue Turner have returned from Britain with a copy of their new film *The Great Salmon Run*. This film has been seen by millions of people in Europe, but this will be the first public presentation in Canada.

Bill and Sandi Spring have held a show of art and woodwork in the former Goldion Restaurant, and this week a show featuring the work of Johanna Nott will begin on Friday from 5:00 to 7:00 PM, and will be open 11:00 AM to 3:00 PM on Saturday and Sunday. This will be the last art show held at that location, as it is slated for renovation for the new library.

The Arts Council talked about finding a new venue downtown for art shows. The success of the

shows at the Goldion has proven Princeton could do with a small gallery. The Arts Council gave a vote of thanks to Joan Kelly and Del Hall for running Princeton's first art gallery. It took a lot of work and a spirit of dedication.

Kelly and Hall will be Princeton's delegates to the annual conference of members of the BC Assembly of Arts Councils. The conference will be held in Kelowna May 1 to 3. Hall will do a presentation on the way Princeton Arts Council has used the unoccupied school as a centre for arts and cultural activities. The BC Assembly is interested, as this is a first in British Columbia. The Olympics Site grant which made the theatre possible has added to the value of the former school to the community at large as well as providing a venue for Princeton Performing Arts.

Nick Mills reported he will open the museum on Saturday, May 16. A "Geocaching" group requested a tour of the museum as part of their long weekend event. They begin in Merritt, then camp out at Granite Creek, followed by a camp-out in Princeton before moving on. Mills added there is a never ending series of requests for family history information. Mills has been giving talks about Princeton's 150 years, and gave one to the Girl Guides last week.

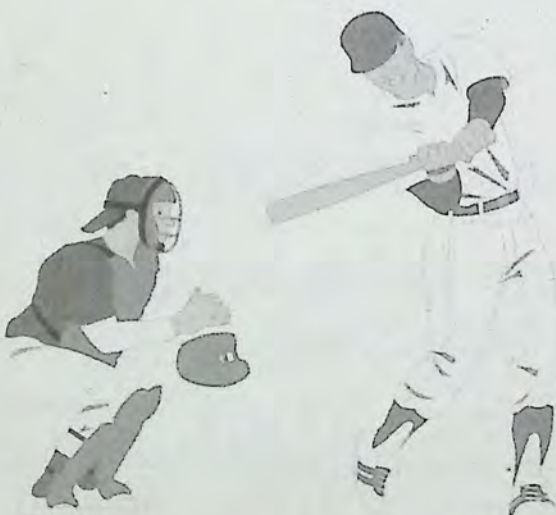
Princeton Traditional Music Society (PTMS) held their AGM and re-elected Rika Ruebsaat as President. Invitations have gone out to musicians to attend the annual Traditional Music Festival to be held in August. A 93 year old folk music vocalist from San Francisco has said she would like to come and PTMS is looking for funding to bring her.

The festival will begin with an open air dance at sunset on Friday evening, and all-day mini-concerts will begin at 10:00 AM Saturday and Sunday.

PRINCETON MINOR FASTBALL ASSOCIATION

DEADLINE FOR REDUCED REGISTRATION

The final date for the subsidized pre-registration for Princeton Minor Fastball will be April 6, 2009. After this date, the registration fees are going to go up from \$30.00 to \$90.00 per child. Anyone who requires a lifetime membership will still be required to pay an additional \$10.00 as well as registration fees. To make arrangements to register please call Princeton Minor Fastball President Shari Thompson at (250) 295-3067 for more information or mail your registration forms to:



**Princeton Minor
Fastball Association**
PO Box 1575
Princeton, BC
VOX 1W0

Anyone who has ball uniforms from last year, please call Shari to make arrangements to return them.



Bill and Sandi Spring filled The Gallery with their art last week for a show and sale. The walls of The Gallery were covered with Sandi's work.*

..... continued from Page 9 American owned Great Northern Railroad, led by Canadian James Hill, but despite much pressure on all parties Princeton had to wait its turn.

The construction of the VV & E railroad into Princeton was part of Hill's long planned route between Spokane, Washington and Vancouver. He had already built several lines from Spokane, including one across the border into Grand Forks, but in 1905 started building westwards from Republic, Washington, as he believed that there would always be free trade between Canada and the United States and his railway would be able to capitalize by carrying the goods without any cross-border taxes.

Construction was slow because it was difficult country in which to build a railway and before it was completed the First World War had started.

Eventually, around 1908 the railway entered Keremeos and during 1909 they built onwards to Princeton, a distance of 41 miles. The line was opened on December 23rd, 1910 and the following year the grading was underway from Princeton to Coalmont which at that time was known as Cardiff. The track was laid in the fall of that year, but was not fully operational until May 1912. Grading was then continued a further 26 miles as far as Otter Summit, later renamed Brookmere, tracks were laid in 1914. With the arrival of the long awaited railway people celebrated, soon the Similkameen valley became known as "The Jimhillkameen" valley!

Arrangements were then made between the Great Northern and the Canadian Pacific (KVR) for the CPR to use the track between

Princeton and Otter Summit in return for the VV & E using the KVR right of way from Otter Summit into Hope, but that's another story!

Until 1927, the VV & E service down the Valley was fairly well maintained, but it had never been a fully paying proposition. In only two years out of eighteen did the railway show a profit and they were 1927 and 1928. In 1927 passenger service was reduced to three trains a week from June to September and once a week during the remainder of the year. In November 1921 the GNR had lost its mail service contract to a bus company, the end for the rail line was already in sight.

In March 1933 the Company

announced its intention to abandon the line due to ever increasing losses, for example in 1932 the maintenance costs of the line from Princeton to the Border had been \$13,000. The section planned for abandonment was from Chopaka to Princeton, naturally, there was much protest from residents.

In the high water of 1934, considerable damage was done to the right of way about ten miles below Princeton and although it was not realized at the time this marked the end of Vancouver, Victoria and Eastern trains in Princeton.

Service from Hedley to Oroville continued until the 1940's, a cross-border distance of 56 miles, a journey time for the mixed traffic trains of nearly three hours!

Branch 30 Report - con't

..... continued from Page 10 them.

Along with our regional meeting coming up on March 27, we have our Provincial meeting in Cranbrook this year in May, which we will be sending two delegates from our branch.

Our 2009 events will reflect a 150

year flavor.

We are happy to report that our St Patty's tea was a success as was our pancake breakfast, but if you happened to miss this one, make sure you keep an eye for one coming up in the following months.

Hope to see you there and be sure to bring a friend!

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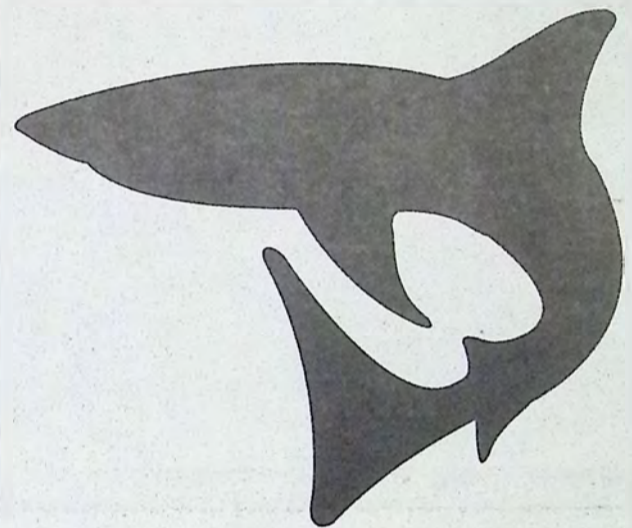
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- Prepared to have a Criminal Record Background Check done?

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HOW YOU CAN JOIN:

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- Leave a message at (250) 295-7216
- e-mail pgsrs@telus.net for more information

Princeton Ground Search & Rescue Society
is now accepting applications for the
Spring 2009 Training Session



BRENDA CRAWFORD

brenda@bcland.net
(250) 295-8182



SUSAN COLLINS

susan_collins@nethop.net
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sales@bcland.net
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#15-453 Taylor Mill Drive

This home offers you much more than just a lot of very affordable living space! There have been many updates that will leave you absolutely stress free! Updates began with a new roof in 2002 and ended with new kitchen cupboards, laminate, tile and paint on the inside - more paint, new vinyl windows and new vinyl siding on the outside in 2008. The bath is large with a double head shower and is easily accessible if you have any physical challenges. Best of all - Taylor Mill MHP has the most reasonable pad rentals and an air tight wood stove will keep your monthly costs more than affordable.

\$ 89,000
MLS 101274

Updates Are Amazing!



340 Vernon Avenue

This property has an unusually large lot with in the town of Princeton and it is zoned multi-family. The yard is completely fenced and very private. Inside this home boasts many updates with a 2 year new kitchen, energy efficient appliances and easy-care flooring. The basement is 95% finished with a large family/media room, two more large bedrooms and another full bath. All this and there is still potential for you to make this so much more!

\$289,000
MLS 43879

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297 Bridge Street

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