



Similkameen News Leader

75¢

Volume 12 Issue 23 #582 ISSN 1712-090X

Tuesday, June 9, 2009



Kathy Froese shows off her retirement gift from School District 58. The district hosted their annual Long-Service/Retirement Celebration June 1st. Froese, who retires from John Allison Elementary after 13 years in District 58, was presented her gift by District Secretary Treasurer Bruce Tisdale, Superintendent of Schools Byron Robbie and District Board of Education Chair Gordon Comeau. *

School District honours dedication

School District 58 (Nicola-Similkameen) hosted their annual Long-Service/Retirement Celebration June 1st in Princeton.

Fraser-Nicola MLA Harry Lali was in attendance and congratulated teachers and support staff.

"On behalf of the Province of British Columbia thank you to each and every one of you for your achievement and for your service to the people of BC and the school district."

District Board of Education Chair Gordon Comeau shared a tip to those who were retiring from their duties.

"Find something you like to do, dig in and enjoy it."

In Princeton three retirees were recognized. Janet Taylor (14 years) and Kathy Froese (13 years) from John Allison Elementary, and Linda Neumann (14 years) from Vermilion Forks Elementary.

..... continued on Page 10

Princeton Town Council news

Rosemary Doughty, representing Red Rock Productions, attended the June 1 Town Council meeting to invite Council to attend the first showing of a 22 minute film produced locally with local actors. The film is about violence against women.

It premiered at Riverside Theatre on June 6. Council commended the group on completing the film project.

New Town Hall?

Town Council has contracted with Bruce Carscadden Architect Inc. for a Town Hall facilities review at a cost of \$14,000.

The review will include an evaluation of actual space needed, as well as an examination of the site, the energy efficiency, and the overall functioning of the present building. This could be the first step toward an expanded or completely new Town Hall.

Forest Service dumps protection project

After doing a survey of the potential for a wildfire endangering the town, the Forest Service identified several areas with a high potential for wildfire.

One of these areas is on Bonlin Road, northwest of town near Snowpatch Road. The Forest Service will not clear the land of the wildfire hazards, but gave the Town the go-ahead if the Town wishes to do the job. The trees and debris are on Crown Land, so the Town is not eager to undertake the costly project without financial and active participation of BC Forest Service.

Mark September 4, 2010

The Princeton 150 Committee has set Saturday, September 4, 2010 as the official date for celebrating Princeton's 150 anniversary.

A doctor is coming!

Dr. Karen Jacobs, of South Africa, has chosen Princeton as a place to practice. She visited the area in late March, receiving a warm welcome from local hosts.

At the June 1 Town Council

meeting, Councillor Marilyn Harkness thanked the welcoming committee for doing a great job of "selling" Princeton. Dr. Jacobs will arrive in approximately four months.

Council thanks Carlson

Ken Carlson, who travels by wheelchair all the time, has been a major mover in efforts to improve accessibility in Princeton. He organized the "wheel about" day in which members of Town Council and others spent time travelling around town in wheelchairs.

Council members thanked Carlson for an excellent job of organizing the event, and added thanks to the Youth Ambassador candidates who assisted.

Pool opens with problems

Princeton's Centennial Swimming Pool is open, but is losing water at a rate equivalent to a garden hose running 24 hours a day.

The leak is under the pool deck and impossible to fix without ripping out the deck. Warmed water

and purifying chemicals go out with the water, adding to the expense of operating the pool. Mayor Randy McLean commented, "It's time for an aquatic centre."

Council recognizes Presidents

Town Council took time on June 1 to acknowledge two new organizational heads. Rosemary Doughty is President of Attainable Housing Society, and Brad Hope is Chair of Similkameen Planning Society.

Friends in Tonasket

Mayor Randy McLean and Princeton's "Mr. Rodeo", Stan Thompson, travelled to Tonasket on May 30 for the annual Tonasket Founder's Day celebration.

Mayor McLean said it was good to meet old friends and renew friendships cemented during the days of the International Pony Express Friendship Ride, which linked Princeton and Tonasket as Sister Cities.

Tourism plan on the move

Town Council has received funding from Western Economic Development to hire a person to do a Tourism Plan.

A student from Thompson River University will begin work by the end of June, putting together a tourism strategy and a package tourist service businesses can work with.

Farmer's Market here?

Mayor Randy McLean told Town Council on June 1 he is trying to organize a weekly farmer's market at the mall.

There was some discussion of business licences or permits, and Council concluded they would settle for whatever seemed reasonable.

Municipal deer count

A deer count was held three weeks ago to estimate the number of deer in town. A total of 48 deer were counted, of which 17 were at the airport.

A second count will be done in autumn to determine whether there is an increase.



Similkameen News Leader THIS WEEK:

WIN A FREE BOOK - Page 3 - GREEN CORNER - Page 8
MP ALEX ATAMANENKO'S MONTHLY COLUMN - Page 10
SUDOKU CHALLENGE - Page 16 - TV GUIDE - Pages 13-18
EDITORIAL - Page 22 - CURRENT COMMENT - Page 23

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Canadian Publications Mail Agreement No. (1299263) • website: www.thenewsleader.ca • www.princetonbcnews.com

Published Weekly in Princeton, BC by Bengel Publishing Inc. 226A Bridge Street, PO Box 956, Princeton, BC V0X 1W0
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Invitation To Tender
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Contract #2: 755 Reservoir

Sealed Tenders clearly marked "Water System Extension Project - Contract #2: 755 Reservoir" will be received at the office of the Town of Princeton, PO Box 670 - 169 Bridge Street, Princeton, BC V0X 1W0 up to 2:00 PM local time, Thursday, June 18, 2009. Tenders will be opened in public in the office of the Town of Princeton at 2:05 PM on the tender closing date.

The project comprises the following works and approximate quantities:

- (1) Construction of a 755 cubic metre cast-in-place concrete reservoir with an option to double the size to 1,508 cubic metres if budget permits
- (2) Supply and installation of all mechanical piping, valves, concrete valve chamber and fittings
- (3) Construction of a 400 metre long gravel surfaced reservoir access road.

Tender Documents may be obtained from the offices of TRUE Consulting Group, #201-591 Bernard Avenue, Kelowna, BC or the Town of Princeton Office on or after Friday, May 29, 2009 upon payment of \$75.00 which is non-refundable.

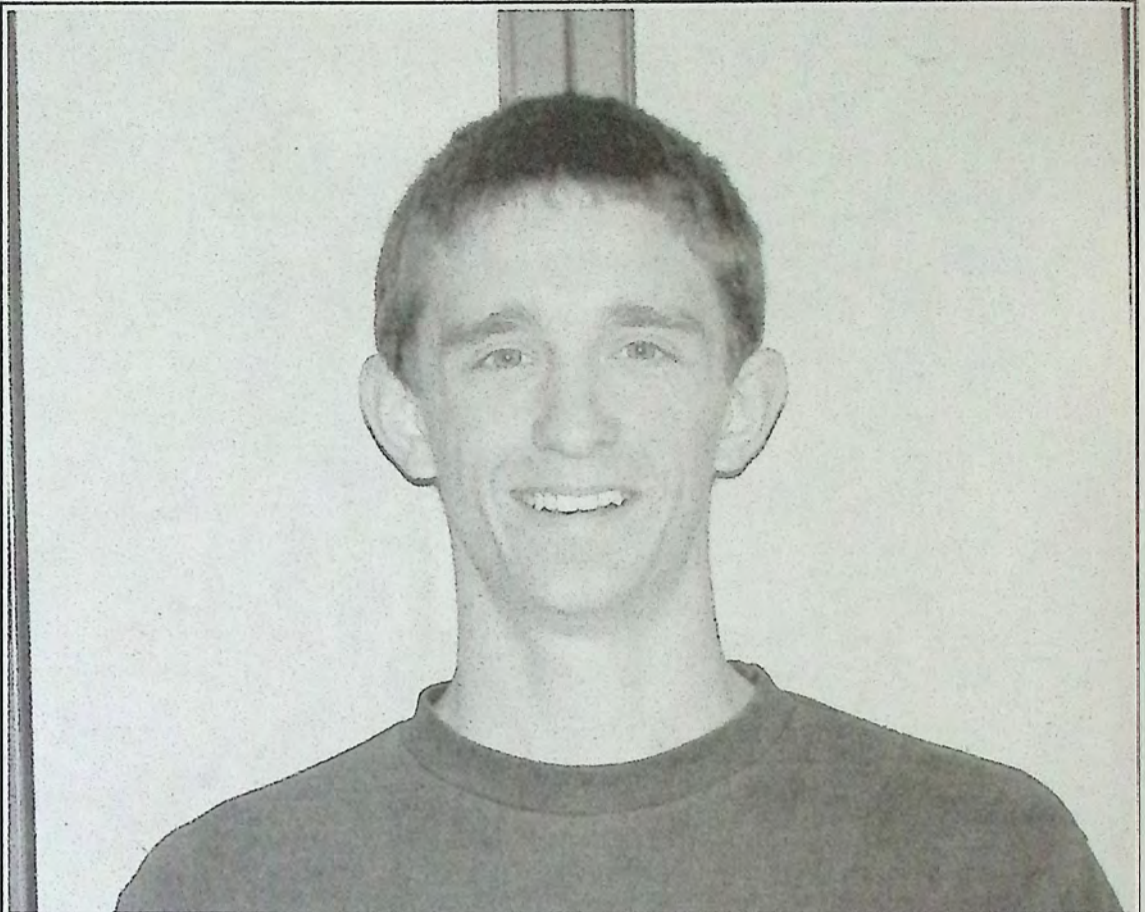
Tenders must be accompanied by the following:

- (1) A BID BOND, CASH DEPOSIT, CERTIFIED CHEQUE or IRREVOCABLE LETTER OF CLEAN CREDIT in the amount of ten percent (10%) of the Tendered Price.
- (2) If a Bid Bond is provided, a CONSENT OF SURETY relating to subsequent security arrangements for PERFORMANCE and LABOUR AND MATERIALS PAYMENT GUARANTEES.

If the information stipulated above is not enclosed with the Tender at the time of opening, the Tender will be rejected. Tenders received after the closing time will be returned unopened. The lowest or any Tender will not necessarily be accepted.

Owner Town of Princeton
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Phone: (250) 295-3135 Fax: (250) 295-3477

Engineer TRUE Consulting Group
#201-591 Bernard Avenue
Kelowna, BC V1Y 6N9
Phone: (250) 861-8783 Fax: (250) 861-8773



PSS Student of the Month is Mike Davis. The Grade 12 student was nominated for his compassionate care of teacher Debbie Cappos who fell ill while driving near the Davis home. Mike and his family got Cappos to hospital and cared for her home while she was away. "He (and his Mom) came to my rescue at a time I really needed help." Student of the Month is sponsored by PSS PAC. *

Council nixes garden grant

Town Council had been approached by the group building the community garden. The group asked for "in kind" donations if possible, and for a \$2,000 grant. On June 2, Council reviewed the request.

There was a lot of discussion about whether just materials should be given, or whether the \$2,000 grant should be included. Councillor Jason Earle was opposed to giving the grant, and Councillor Marilyn Harkness agreed with him. Councillor Ray Jarvis and Mayor Randy McLean were in favour of giving the \$2,000 as well as the materials.

Both the mayor and Councillor Jarvis noted that the previous Town Council, of which they were mem-

bers, had encouraged the development of a community garden.

When it came to a vote, Council was willing to let the group have materials stored in the works yard. These materials included interlocking sidewalk bricks, some lumber, and 45 gallon drums for garbage cans. Council agreed to give them

a composter. However, the motion to approve said the donation would be limited to these materials.

Councillors Frank Armitage, Jason Earle and Marilyn Harkness voted in favour, with the mayor and Councillor Jarvis opposed. Mayor McLean asked that his negative vote be recorded.

MP speaks out!

New Democrat Agriculture Critic Alex Atamanenko MP for BC Southern Interior - is demanding that the government stop blocking measures to protect farmers against large corporations.

Right now, in Tunisia, Canada's representatives at a meeting of the Governing Body of the International Treaty on Plant and Genetic Resources are holding up a resolution under negotiation to reaffirm farmers' rights to save, use, exchange and sell their seeds. "Far too often we see Canada blocking consensus at international forums in order to further the interests of multinational corporations who have been allowed to use patents as an instrument of control over the seed market," said Atamanenko.

"It is time for our government to get behind the more wholesome system of food production, that most countries around the world are fighting for."

The action plan in the draft resolution which has been approved by all the member states except for Canada has three main elements:

- Review all existing seed legislation for their impact on farmers' rights, including provisions on intellectual property rights (patents)
- Workshops and capacity building on farmers rights in different countries
- An ongoing information sharing and monitoring mechanism in each country on farmers' rights.

"This is an important opportunity to be part of an international commitment to protect farmers' rights, especially in regards to seed legislation," stated Atamanenko.

"Most Canadians want to be a part a global consensus against the corporate monopoly of the world's seeds, and it would be a travesty if our government were to vote against this important resolution."

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Deborah Barth, left, and Mary Bell were presented with their 20-Year Service pins at a ceremony June 1st hosted by School District 58 at PSS. The Long-Service/Retirement Celebration is held annually in Princeton and Merritt honouring teachers and staff at both ends of the district. Also receiving her 20-Year Service Pin was Kathi Koller, who was unable to attend the evening event. *

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Explore The History Of Mining - Gold, Copper and Coal

Book Review

Plan A Hike On Home Territory

by Dawn Johnson

Murphy Shewchuk has written a book called Coquihalla Trips and Trails, A Guide to B.C.'s North Cascade Mountains and Nicola Valley. This is an updated and revised edition of a previous book.

This is an excellent guide to trails accessed from the Coquihalla Highway.

It lists all of the exits from the highway, and tells where you can go from the exit. The trails include many locations accessible from Princeton, such as Tulameen River Road and the Hudson Bay Trail. Maps are included, as well as good lookout points and photography opportunities.

More than just a trail guide, the new edition gives many historical facts about the trails and the people who made the trails or who were involved in preserving the trails.

Locations accessible from the Okanagan Connector highway are part of the area offered for day or

overnight trips, as well as locations accessible from the Merritt-Ashcroft leg of the Coquihalla Highway. A historic ranchlands tour is included, and all provincial parks are detailed, along with angling opportunities.

Many Manning Park and Highway 5 locations are featured in this guide, such as the Dewdney Trail, Rhododendron Flats and Blackwall Mountain Road in Manning Park, and the Pike Mountain area off Highway 5A. This book encourages exploration by foot, bicycle or automobile, and offers tips on campgrounds.

If you are looking for a good way to spend an exciting summer of exploration, camping and outdoor adventure close to home, this guide is a good investment.

The News Leader has a copy to give away. If you would like to have a copy, drop your name in the box at the News Leader before Saturday.

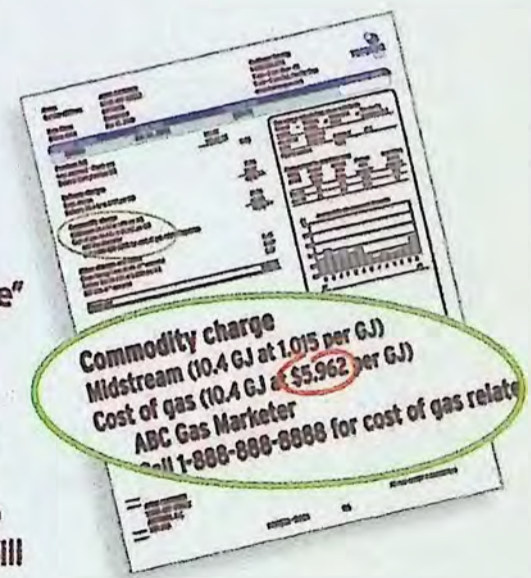
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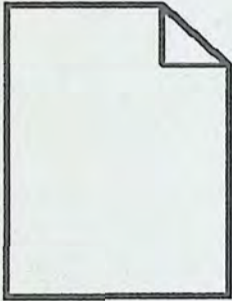
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Keremeos News



The Cruzeros performed at Similkameen Sizzle last year. Will they be here this year? *

Safety Village receives new life

Over 1,500 children will enjoy the newly refurbished Safety Village this year. After 25 years of use, it was time to rejuvenate the pint-sized village where children from throughout the South Okanagan and Similkameen learn the basics of bike, walk and fire safety.

Schools, preschools and daycares from Cawston, Summerland, Okanagan Falls, Oliver, Osoyoos, Naramata and Penticton have already started to visit the facility this year.

United Way partnered with the

Penticton Safety Village Society to coordinate the efforts of local businesses and volunteers as part of its annual Day of Caring.

United Way is well-known as a fundraising organization – raising dollars within the community to build stronger communities. It is less well known that United Way contributes to communities in other ways, like the Day of Caring.

“United Way Day of Caring is designed to bring together community efforts to do projects that might not otherwise get done,”

states Campaign Chair Cliff Bristow.

“We are proud that this upgrade, which could have taken years, was completed in less than a week. It is truly a community effort that will benefit all of our South Okanagan and Similkameen communities.”

Cantex Okanagan Construction and their employees contributed a great deal to the project, ripping out the old asphalt and laying down new pavement. Cantex General Manager Paul Carey explained that “Cantex and its employees are committed to road safety and support efforts to promote road safety to children and families.”

Cantex employees volunteered a day of work to the project.

Other Day of Caring sponsors are: Student Works Painting, Capital Glass, Westhills Aggregates, Morpheus Graphics, Cloverdale Paints, Sun FM, GIANT FM, Penticton Herald, Penticton Western News, Kiwanis K-Kids, RCMP Auxiliary, Penticton Search & Rescue, and Penticton Fire Department Auxiliary Fire Fighters.

“What a way to celebrate our 25th year,” remarked Penticton Safety Village Society president Liz Wilson.

“We are now in a great position to teach bike, walk and fire safety to children for another 25 years.”

The Penticton Safety Village was built in 1983 at 490 Edmonton Avenue. Schools, preschools, daycares and birthday parties can book visits by phoning the Safety Village at (250) 493-1808.



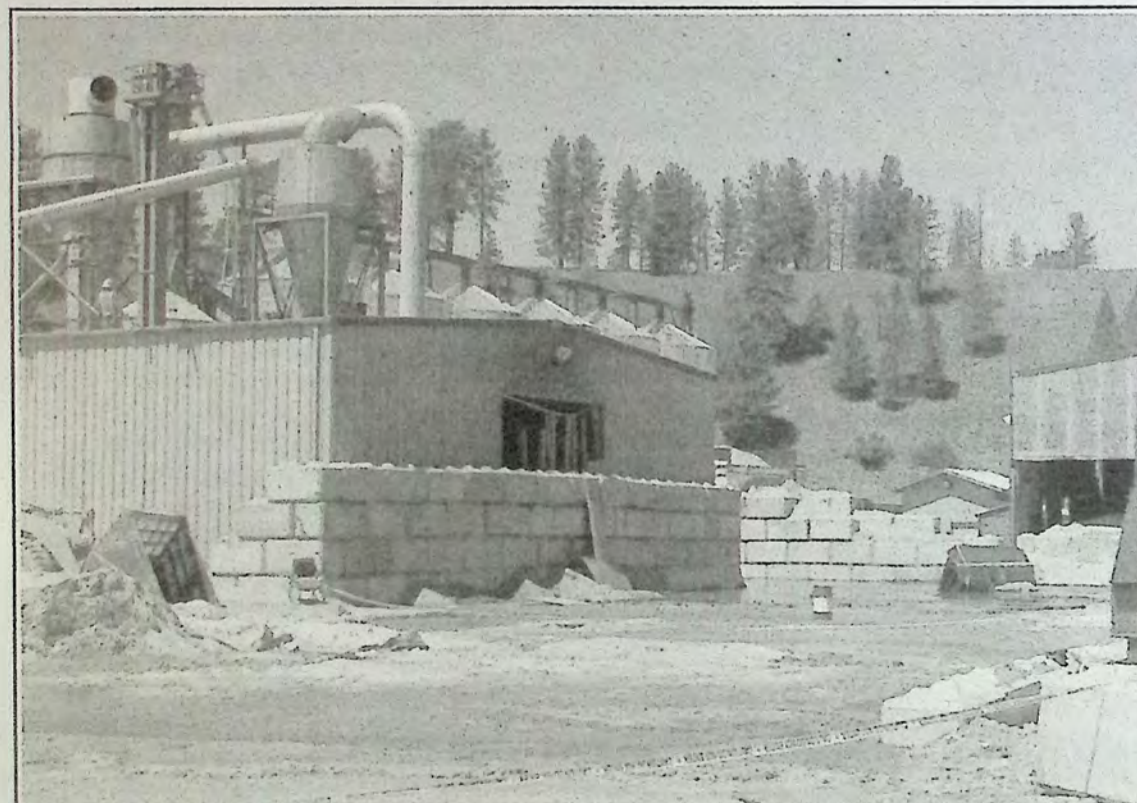
Carroll MacLean is once again chairing the Sizzle Committee. The group meets this week to start planning for Sizzle '09. *



Barb Bushewsky and John Babiak joined forces earlier this year and reopened Linguini's Restaurant on Vermilion Avenue. The menu has just expanded to include 'Appy Hour' specials. *



A fire June 6th at Princeton Co-Gen kept fire crews on site for most of the day cleaning up. Details on the cause of the blaze and estimated damage were not available at press time. * Photo: Brenda Engel



Another view of the building burnt by a fire at Princeton Co-Gen. * Photo: Brenda Engel

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Health / Lifestyle News

Long-Term Care? Things to watch out for

by W. George Elliott

My 84-year old mother has been in Kelowna General Hospital recovering from dehydration. She's been living in a 24-hour care facility in the Central Okanagan since late December. How did she get to this point and how can you prevent it from happening to a family member?

Mom has lived in the family home alone since 1990, when her husband (my father) passed away. She suffered a stroke two years ago and after months of physiotherapy she recovered completely and went back into her home. A second stroke last year left her in a wheelchair. Once her recovery peaked it was obvious she would not be able to live on her own again.

The system used by Interior Health is commonly referred to as the 'first available bed rule' and placed Mom in a care facility that is specifically designed for people with various forms of dementia - of which she did not have. This was to be her temporary home until a bed opened up in the care facility she wanted to move into.

The first tip I would offer you is press for Interior Health to place your family member in a facility that matches their physical and cognitive skills. You won't be able to bypass the 'first available bed rule' but you will avoid a lot of grief down the road.

Like in most care facilities, each resident's room has an unlocked door. In Mom's case she was woken up numerous times by a 'wanderer' and did have a possession of hers go missing. She values her privacy and it was violated many times.

My second tip is to press the care facility your loved one is in to either put a lock on their door, or what is called a 'velcro strip' across the

doorway. It creates a barrier and stops most wanderers from getting into a room. If privacy is an issue, then I strongly suggest these features be added to the room.

Mom ended up in hospital as a result of dehydration. She was not taking in enough fluids and went through spells of repeated vomiting. There were many other issues connected to this matter, but the fact of the matter was Mom was not eating and when she did, it wasn't always staying down.

My third tip is if you determine your loved one is having eating issues advise the care facility. Request 'feeding assistance', which basically means someone, will sit with the resident and spoon feed if necessary. If you live far away from the care facility, call and see if feeding assistance is required. One way to find out is request the staff pay attention to the amount of food served and compare that to the amount of untouched food at the end of mealtime. That should present a clue of something developing. Also make sure the care facility

staff will act appropriately when an issue is identified that may require medical attention other than what can be offered at the care facility.

When we determined there were problems with Mom's care, we took a very proactive approach and met with the care facility. We reviewed everything from her sleeping habits to changes in interaction with others. We eventually unlocked clues on areas that needed attention and made the caregivers incorporate them into their routine.

The final tip I offer is that although we thought our meeting with the care facility was enough, we later discovered we needed to check up on them to see if any of our suggestions were actually implemented. While this is probably not necessary at most care facilities, we did have to make a series of unannounced visits and file complaints with Interior Health and the BC Health Ministry to be heard.

For more information on dealing with care facilities and things to watch out for contact me at george@thenewsleader.ca.

Living Past 100

A new look at MS

Multiple sclerosis (MS) is a crippling disease about which little is known for sure. It is a difficult disease to diagnose, as diagnosis depends on a lot of different symptoms, many of which could be symptoms of something else. Multiple sclerosis depends on bundling these symptoms together to form a correct diagnosis.

The cause of multiple sclerosis is equally difficult to ascertain. Some researchers believe it originates with Epstein-Barr virus, which is a form of the herpes virus. Other researchers say most people have some level of Epstein-Barr virus, so why do only some people develop multiple sclerosis?

Lack of sunlight may influence who develops multiple sclerosis and who does not. Multiple sclerosis is a disease of temperate climates, and is most prevalent in the prairie provinces, where long winters and short winter days deprive people of sunshine. Some researchers recommend exposure to sunlight as a way of combatting the effects of multiple sclerosis.

Another avenue of study has led to the proposition that MS is linked to a lack of serotonin, an enzyme that is produced in the brain and makes us feel content. A doctor in New York has stated there is a link between calcification of the pineal gland. He found that all people with MS have pineal calcification. This would block the production of serotonin. He has his patients use electromagnetic stimulation of the pineal gland and sees marked improvement after magnets have been placed at the temples for 30 minutes a day.

All of this sounds interesting and worthwhile, but it does not answer this question: why are there people with pineal calcification who do not have MS?

None of the professionals treating MS deny there is benefit to being in sunlight. The recommended time is a minimum of 20 minutes a day. Most will not comment on electromagnetic treatment, but will let the patient decide. Naturopathic treatment recommends eating raw milk, sunflower seeds, bananas, turkey, nuts and corn, all of which contain L-tryptophan, a substance that the body turns into serotonin. They also recommend supplements of vitamins and minerals that promote serotonin: thiamine, niacin, vitamin B6, Vitamin B 12, biotin and magnesium.

There is no cure for MS, although there is plenty of research going on, and much more needed. For any medical research, funding is always a problem. At the same time, MS is an expensive disease, as it cripples patients and makes them increasingly dependent on the health care system, so much more funding should be given to finding a cure.

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Barb Gagnon models a bra from last year's Bra Auction fundraiser at Copper Mountain Bar & Grill. *

Cancer 'teams' join forces

The Princeton "Breast Friends Team" from the Weekend to End Breast Cancer, Tammy Holland, Trina Adams, Sandy Yee and Barb Gagnon along with their Vancouver team mates, Captain Paula Anderson and Christine Ringrose are joining forces with Nikki Smith and Lindsey Nesbitt to put an end to cancer. They will be holding a huge fundraiser at the Brown Bridge Pub June 13th starting at 7:00 PM.

Tickets are \$10.00 each and can be picked up at the pub. This will include a free "Appy" and an incredible evening of entertainment by some of the best tribute artists in the business.

Donating their time and talent for the evening are Dale Seaman who does a fabulous tribute to Garth Brooks, Ivan Prefontaine who not only does a tribute to Frank Sinatra but also Louis Armstrong. And for those of you who can't get enough of Elvis Presley we will be doubling your pleasure with performances by Darrell Douglas who does an incredible tribute of Elvis from the 70's and Paul Ellis who makes Elvis come alive again from the 50's and 60's.

We would like to take this time to thank Darrell Douglas and his lovely wife, Judith, for putting together this great ensemble. We know everyone will have a great time. Also included in the evening will be a silent auction, 50/50 draws, and other fun events.

Originally the Breast Friends team were going to have a dinner and show at Riverside Theatre, but, when we heard that Nikki and Lindsey were doing the same thing on the same night we thought why

not get together and make the evening twice the fun.

Lindsey Nesbitt, Nikki Smith and Paula Anderson will all be crewing for The Ride to Conquer Cancer benefiting the BC Cancer Foundation and Christine Ringrose will be riding her bike from Vancouver to Seattle in the ride on June 19th.

The Breast Friends team will be walking 60 kilometres August 15th and 16th with all proceeds benefiting the BC Cancer Foundation. Each team member has set a goal

to raise \$2,000.

This will be Paula and Barb's eighth walk, Christine's 5th walk, Sandy's 3rd walk, and Tammy and Trina's 2nd walk with lots of blisters and bandages along the way. You can learn more about the walk by logging on to this website: www.endcancer.ca.

For more information about the evening, the ride or the walk, please contact Nikki or Lindsey at the (250) 295-1281 or Barb at (250) 295-4050 or Tammy at (250) 295-1371.

- submitted



Nikki Smith with a bra purchased at a Weekend to End Breast Cancer Walk Bra Auction fundraiser held two years ago. *



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LOUIS ARMSTRONG AND ELVIS TRIBUTE ARTISTS!

7:00 PM Saturday, June 13
Brown Bridge Pub

Tickets \$10.00 (AVAILABLE AT THE PUB AND AT THE DOOR)

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SCHOOL DISTRICT NO. 58
(NICOLA-SIMILKAMEEN)

TRADES & TRANSITIONS

Applications are now being accepted for the Level 1 Residential Construction course offered February 2010 - June 2010

This 5-month course is an introduction to the carpentry trade and is offered with free tuition to Adults. You will gain familiarity with the use of hand tools, portable tools and other equipment regularly used by carpenters. Theory and practice is offered to allow students to build numerous projects including stairs, forms for concrete, framed floors, walls and roofs. Students spend approximately 70% of their time building various projects of which the major project is a house or similar project built in the community.


Individuals who complete the Carpenter Foundation program will receive Level 1 technical training credit and 450 work based hours credit toward completion of the Carpenter Level 1 apprenticeship program.

Education Requirements: Grade 10 or equivalent including English 10, and Mathematics 10. Preferred: Grade 12.

Applicants must pass an entrance exam prior to receiving a seat in the program.

Application Procedure: Applications can be picked up in Princeton at Princeton Secondary School and the Work Zone, and in Merritt at Merritt Secondary School and the Nicola Valley Community Futures.

For more information contact Darren Coates, SD58 Trades & Transitions Coordinator at (250) 315-1117 or Val Kynoch at (250) 315-1128.




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Hank Rabe, centre, was presented with a plaque to mark his 30 years of service to School District 58 (Nicola-Similkameen). The presentation was made by Superintendent of Schools Byron Robbie, left, and District Board of Education Chair Gordon Comeau during the annual Long-Service/Retirement Celebration June 1st at PSS. The event honours teachers and support staff in District 58. *

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IMPORTANT NOTICE
 From Alex Atamanenko
 your Federal Member of Parliament

Do you need help with a passport?
 Do you have a problem with a federal government service or issue?

Meet with M.P. Constituency Staff
Thursday, June 18
 And EVERY 3rd Thursday

► In Keremeos, 9:00 am to 11:00 am
 Village Council Offices, 702 4th Street

► In Princeton, 1:00 pm to 4:00 pm
 Princeton Community Skills Centre, 206 Vermilion

Or call 1-800-667-2393
AtamaA1@parl.gc.ca www.alexndp.ca

The Green Corner

Secrets to raising an environmentally friendly child

(NC)—Teaching your child to respect others builds good character and helps them grow into a well adjusted adult. Equally important is teaching your child to respect the environment. After all, your child and their children will inherit the earth that is left for them. Teach them well now and they'll take those lessons with them into adulthood.

Here are a few ways to raise an environmentally friendly child:

Foster an appreciation for nature. Take walks or bike rides with your child through safe, environmentally protected areas. There, they'll be able to appreciate undisturbed ecosystems with crickets, birds, vegetation and more.

Give them a global perspective. Share with kids the idea of becoming defenders of the planet. This message has a 'superhero' feel to it that children can relate to and will empower them to make a difference.

Charities like Christian Children's Fund of Canada, a child-centred international development organization, offers an inexpensive and educational way for you and your child to impact the environment by helping plant a garden or provide clean drinking water for a community living in extreme poverty in Africa or South America. The CCF website (www.ccfcanada.ca) shows ways your child can make a difference around the globe.

Lead by example. This may not be a newsflash, but it's often forgotten that children naturally do what they see their parents doing. So never litter and always try to recycle. The best teaching is done by showing; not lecturing.

What everyone ought to know about conserving water

(NC)—We turn on a tap and out it pours; cool and refreshing or hot and soothing. Water is part of our everyday lives. But what we may take for granted as an infinite resource may not be as unlimited as it appears. While water covers close to 80 percent of the earth's surface, drinking water—a life essential—comes from only two sources; water accessible beneath the earth's surface and above ground fresh water from lakes, rivers and streams. A growing concern around the world however, is that water is being drawn out more quickly than it can replenish itself.

So what can you do to conserve this precious resource?

In your house: If possible, replace your old toilet with a modern low-flush one. While using only about half the water of old-style toilets, most newer models are highly efficient.

At work: Your office may have a communal dishwasher. Wash only full loads and remember to replace the spray heads to reduce flow.

Around the world: Water is a global resource, so consider helping to manage water supplies in underprivileged communities around the world.

Charities like Christian Children's Fund of Canada, an international development organization, allow you to help build rainwater harvesting tanks. The tanks harvest, protect, and retain rainwater for daily use in places where drinking water is contaminated with bacteria and disease. More information is available online at www.ccfcanada.ca.

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Princeton 1860 - 2010

150 Years of Similkameen History

Nick Mills - Princeton & District Museum & Archives

Princeton Volunteer Fire Brigade



Princeton's first fire truck came from Quesnel in 1949. Photo: Princeton Museum

According to old newspaper records, it was during the year of 1905 that the first organization was formed in the Town to fight fires, whilst the first attempt to raise public money for the new service was a dance held at the Courthouse on January 2nd, 1907.

The fire bell, presently sited on the grass outside of the Museum building was ordered on February 19th, 1908, and was made by the Company Wood, Valance and Legget. Completed it weighed 800 pounds and cost \$120.00, whilst the cost of the freight to Princeton totaled \$170.00!

The actual Princeton Volunteer Fire Brigade was formed, after an organizational meeting held earlier in the same month, on February 17th 1906. J. R. Campbell was elected Chief and H. Cowan to the position of Secretary. The fire bell was hung in 1927 in a tower at the corner of Bridge Street and Harold, costing \$1,000 it was paid for by the Princeton Board of Trade. At the time the bell was also used to signal any death in Town with one stroke every ten seconds.

On June 12th, 1912, it was reported in the Similkameen Star that J. Gellately had said there was still \$100,000 owing on the first fire hose reel and that sometime after the first reel and equipment arrived it was still without a nozzle! A committee of J. Gellately, W. Ewart and A. Alamstrom led the way raising money for the cash-strapped service. On May 13th, 1921, Princeton Board of Trade suggested assistance for Fire Protection; property was then assessed at a total \$168,135.00.

On May 30th, 1930 the fire Brigade was re-organized and on

December 4th of that year a siren was purchased.

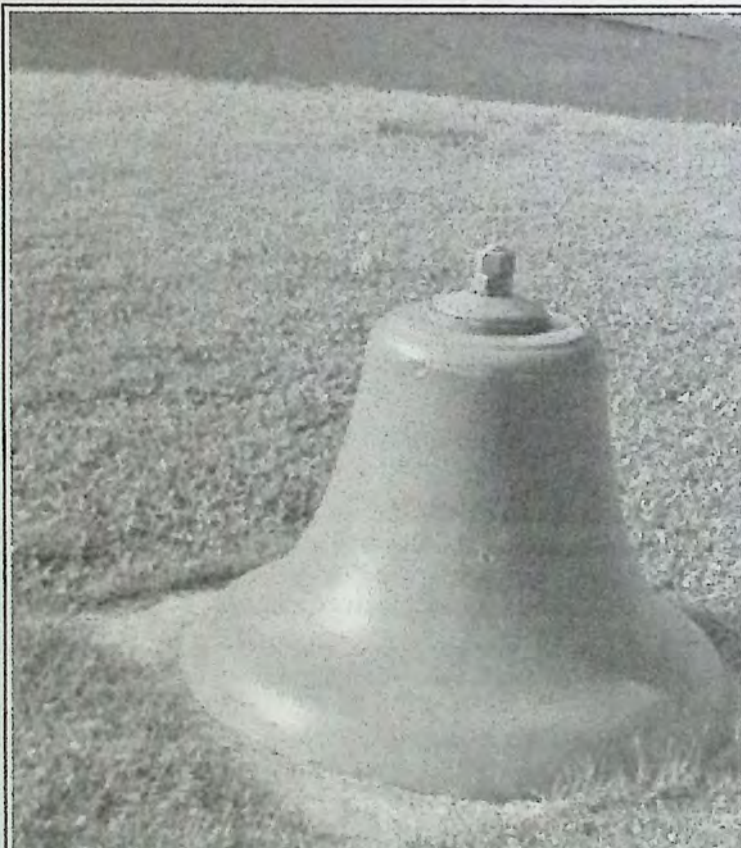
On January 31st, 1931, the first Fireman's Ball was held, whilst eight days previously the Annual General Meeting of Princeton Fire Fighting Association had elected P. W. Gregory, President, and P. D. Affleck, Secretary.

To replace a horse drawn wagon, constructed from a Model T frame, on April 10th, 1947, the Town's first fire truck was bought. The second hand 1934 truck had previously seen service in Quesnel and in January 1990 Mayor Gloria Stout announced that an initial award of \$3,000 had been made by the Heritage Trust to allow restoration

of the truck to its former glory which, together with volunteer hours from the Princeton Fire Department and support from businesses and residents, allowed the project to be completed. Today, the truck sits with pride for all to see in storage next to the Museum.

In 1947 the new Fire District was formed, with a new Fire Hall built the following year and in 1952, the bell removed, the old tower was torn down.

Over the past 150 years there have been many fires in the Town. From 1883 when the Allison House burnt up until the disasters of more recent years, there are many tales to be continued on Page 27



The old Fire Hall bell located outside Princeton Museum.

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Janet Taylor retires from teaching this year after 14 years in the district. Her years of service were recognized June 1st at the annual Long-Service/Retirement Celebration hosted by School District 58. Taylor was presented with an engraved school bell and a copy of Life Magazine from the year of her birth by District Secretary Treasurer Bruce Tisdale, Superintendent of Schools Byron Robbie and Board of Education Chair Gordon Comeau. The event was held in the library at PSS. *

MP Alex Atamanenko

BC Southern Interior Monthly Report

Time To Be Heard About Pensions

The government has begun a process that may lead to big changes in federally regulated pension plans. A discussion paper, titled 'Strengthening the Legislative and Regulatory Framework for Private Pension Plans Subject to the Pension Benefits Standards Act, 1985,' is the basis for the process to consult Canadians. It can be viewed on the Department of Finance website at www.fin.gc.ca. The public consultations on pensions were announced on March 4th and ran from March 13th starting in Ottawa and wrapping up in Winnipeg on April 13th.

Ironic to say the least, that at the

same time as these consultations were taking place, the deadline for e-mail submissions was closed on the Department of Finance website. This means that if you were not willing, or able to get to one of the actual hearings, it was too late to make your views known.

This review came amid dour economic times with employers clamouring to reduce costs across the board, including the funding of pensions.

The review had a narrow focus and only looked into federally regulated pensions, which amounted to approximately 10% of the pensions in Canada. Notably absent from the process was any attempt

to look at improving the Canada Pension Plan, a move that would have made sense since 93% of Canadian workers are covered by that pension. The review did not look at installing some form of pension insurance that jurisdictions like Ontario have employed. These oversights are unfortunate as pension security becomes a bigger issue. The government could have undertaken a more ambitious agenda.

The review looked at the funding of federal pensions and there are fears that the focus will have been on reducing the minimum level of funds that must be kept in plans by employers. This could be a dangerous precedent.

Underfunded pensions will not have the ability to perform for retirees if a company becomes insolvent. If that is the case, pensioners are left hanging and Canadians are left paying the freight.

School District honours dedication

..... continued from Front Page
Other Long-Service honours were presented to:

- 30 Year Pin : Hank Rabe (Maintenance).
- 25 Year Pin: Mary Masiel (Board Office TOC).
- 20 Year Pin: Mary Bell (Princeton Secondary), Deborah Barth (John Allison Elementary), Kathi Koller (Vermilion Forks Elementary).
- 10 Year Pin: Carol MacDonald (Princeton Secondary School - Noon Hour Supervisor).

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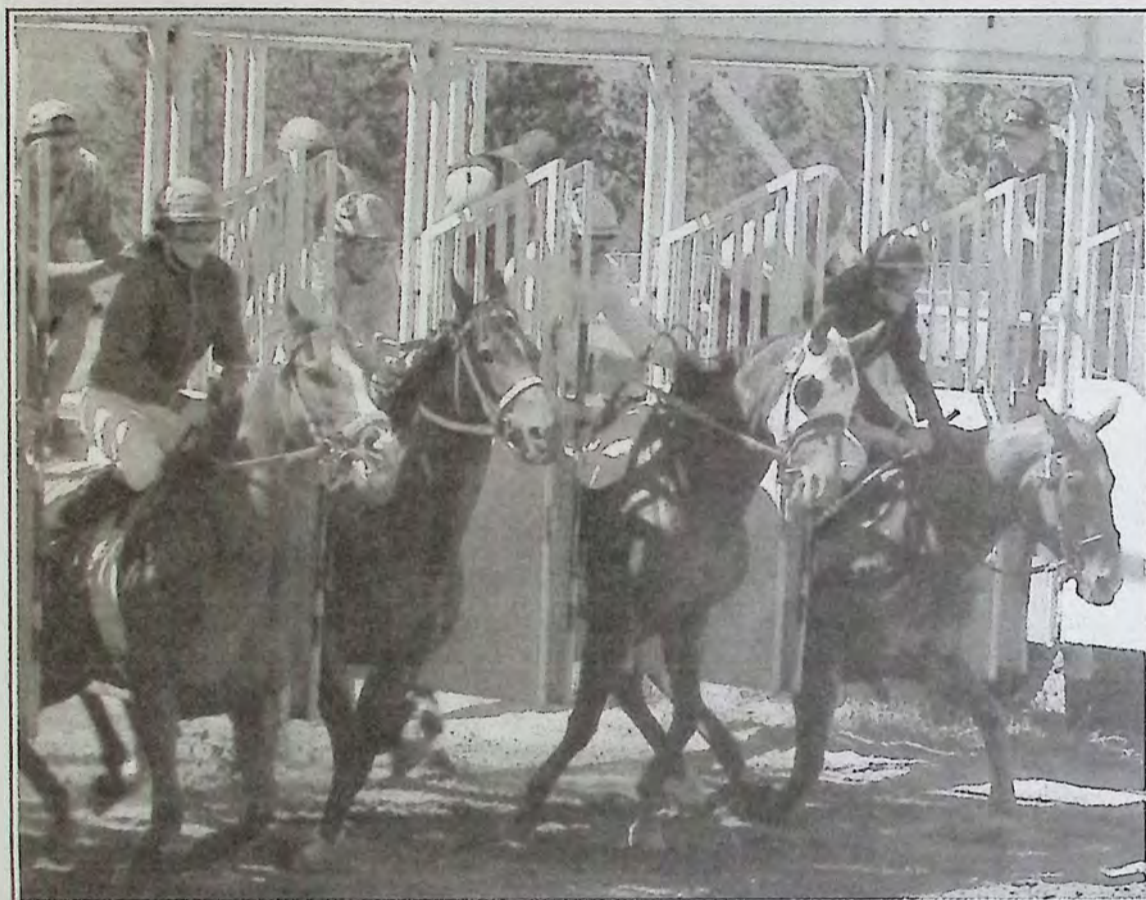
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News Leader Entertainment

Similkameen News Leader TV Guide Listings - June 9 - 15, 2009



And they're off! Princeton Racing Days celebration is two weeks away. *

What a weekend!

What a weekend is right!

The annual tradition built around live horse racing returns to Princeton's Sunflower Downs race track on Friday, June 26th with Princeton Racing Days.

The event will feature another historic reenactment of the 1900 Klootchmens Race at 2:30 PM at Sunflower Downs with post time for regular races set for 3:00 PM.

The live racing afternoon card will also include the 41st running of the Similkameen Cup. With up to \$50,000 in purse money being offered, organizers are expecting a full race card.

There will also be pari-mutuel wagering on site so you can try your luck betting on your favourite horses.

While the live horse races are considered the major event during the weekend celebration, it is by no means the only event.

The Princeton Lions Club will host their annual Pancake Breakfast from 8:00 AM to 11:00 AM Saturday, June 27th in Rotary Park. Their annual Duck Race down Tulameen River will take place after the Pancake Breakfast. Lions Club members have been 'selling'

ducks the past couple weeks in high traffic locations around town. The event is a fundraiser for the club.

The annual Racing Days Parade will take place at 12 Noon on Saturday, June 27th. This event is organized annually by Princeton Rotary Club and this year they have chosen "Winter Olympics In June" as the theme for parade entries to use as a guideline for their floats and displays.

For more information on how to enter call Judy Short at (250) 295-0217 or fill out the form located on Page 27 of this issue of the Similkameen News Leader.

The Princeton Golf Club will host their annual Racing Days Mixed Golf Tournament on Saturday and Sunday, June 27 and 28. Details on that event are available by calling the Pro Shop at (250) 295-6123.

The Princeton Youth Ambassador Program will host their final event of the season with the crowning of the 2009/2010 Youth Ambassadors.

This ceremony traditionally takes place after the Rotary Parade. Each of the candidates will ride in the parade in a vehicle or float entered by their specific sponsor.

The Vermilion Artists will host

their annual Racing Days Art Show Friday and Saturday, June 26 and 27 from 10:00 AM to 6:00 PM each day at the Gallery located on Vermilion Avenue.

Racing Days weekend is traditionally considering 'homecoming' weekend as many Princeton Secondary School graduates return to their home town to celebrate with family, friends and classmates. It's for this reason that there is usually no less than two Grad Reunions held during Racing Days weekend.

Many downtown businesses also take advantage of the influx of traffic during Racing Days weekend and offer a variety of sales specials. Most are unadvertised, so you'll have to ask around, but you will likely save a few bucks - hopefully the few bucks you won at the race-track!

For more information on Racing Days contact either John Bey at (250) 295-3970 or Carol Ruoss at (250) 295-7891. If you are considering volunteering to assist at Sunflower Downs during the live horse races, contact Bey or Ruoss so that they can assign you specific duties. New volunteers are always welcome.



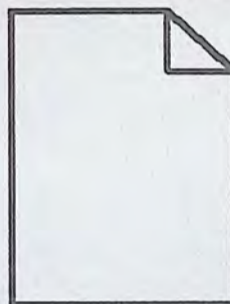
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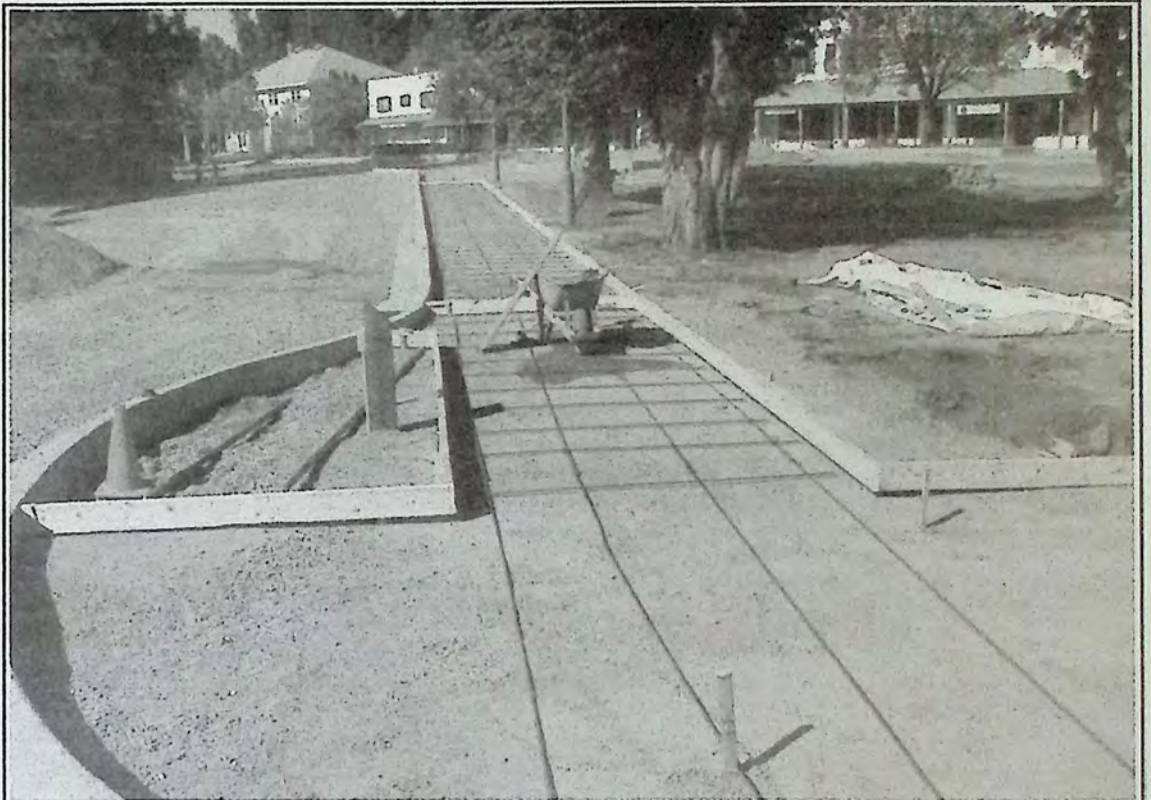
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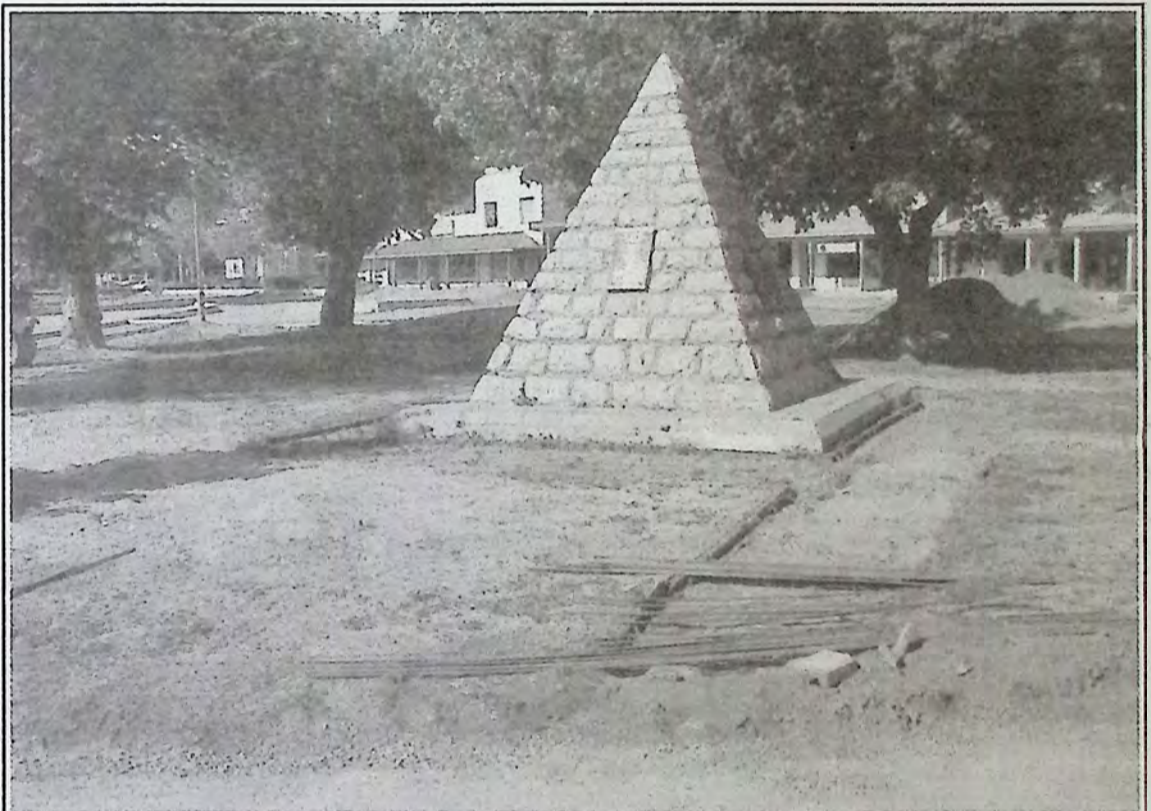
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Sidewalk forms went in last week on part of the Town Square Project. *



Work continues at the Cenotaph portion of the Town Square Project. *



This will eventually be a large green space as part of the Town Square Project. *

TUESDAY, JUNE 9, 2009

	WTBS (3)	CHBC (4)	KNOW (5)	KSPS (6)	KHQ (7)	KREM (8)	A&E (9)	KXLY (10)	BCTV (11)	CITY (12)	CBC (13)	YTV (18)	TSN (19)	VTV (22)	DISC (24)	FAM (26)	CITY (29)	SPIKE (44)	TROP (45)	
6 AM	Jeffersons	News (N)	(6:12) George S.	Thomas Lions	News (N)	News (N)	The Sopranos (N)	News	(5:30) News (N)	(4:30) News (N)	CBC News: Morning (N)	Being Ian (6:25)	SportsCentre (N)	Canada AM (N)	Daily Planet (N)	Henry's King (N)	CityLine (N)	CSI: NY "YoungBlood"	Power Play (N)	
7 AM	In the Heat of the Night	Room That News	Martha Dora	Arthur (EI) Martha	Today Sandra Bullock;	The Early Show (N)	American Justice	Good Morning America (N)			Razzberry (6:50) Viva Animal	(6:50) Viva Rollbots	SportsCentre (N)		Discovery Project Earth	(6:56) Phineas	The Tyra Banks Show	CSI: NY (N)	The Outer Limits (N)	
8 AM	Cosby	Ad Pers	(7:58) Hi-5	Curious	Melissa Gilbert; Father's		Cold Case Files (N)		100 Huntley Street (N)		Bo On Go Bystown	Pokemon Monster	SportsCentre (N)		Worst Handyman	Weekend K. Possible	Rachael Ray (N)	CSI: NY "Bad Beat"	North of 60 (N)	
9 AM	Fam. Feud	Three Takes (N)	Berenstain Clifford	Super Why! Clifford	Day: Joshua Radin. (N)	The 700 Club (N)	CSI: Miami (N)	Regis and Kelly	100 Huntley Street (N)	Hospital for Sick Kids	Super Why! Gofrette	Rolie Polie Timothy	Off-Record Fishing	Regis and Kelly	Daily Planet (N)	Feet Tigger	News (N) City	CSI: NY "YoungBlood"	Soap What	
10 AM	Trivial	The Mom Show (N)	Sid (10:34)	Sesame Street (EI)		The Price Is Right (N)	CSI: Miami (N)	The View (N)	World Vision (N)	Debt Part House	Wilbur (N)	Berenstain Dewitt	Darts: 2008 World GP	The View (N)	How Do They Do It? Handy	Mickey	The O.C. (N)	CSI: NY (N)	What Videos	
11 AM	Harvey	One House	Rolie Polie	Dragon	Ellen DeGeneres Show	Young and the Restless	Crossing Jordan (N)	Paid Prog.	World Vision (N)	(10:59) News (N)	Martha Stewart	Willa (11:25)	Billiards	Twice in a Lifetime (N)	Austin Stevens	Benj Bear (11:25) King	The Bonnie Hunt Show	CSI: NY "Bad Beat"	Videos Ellen (N)	
12 PM	Fresh Pr.	Chef	(11:59)	Charlie Rose (N)	The Firm	News (N)	The Sopranos (N)	All My Children (N)	News (N)	Days of our Lives (N)	News (N)	George S. (12:40)	Movie: "Truth in 24" (2008, Documentar y)	etalk (N)	Gridlock	(11:49)	CityLine (N)	CSI: Crime Scn	Seinfeld	
1 PM	Still Stud	Home to	Maggie	Painting	Days of our Lives (N)	As the World Turns (N)	American Justice	One Life to Live (N)	As the World Turns (N)	As the World Turns (N)	Steven and Chris (N)	(1:05) Viva Ruby	Sue Thomas: F.B. Eye	Worst Handyman	Dragon Emperor	ER "Dream House"	CSI: Crime Scn	Raymond King		
2 PM	King	Guiding Light (N)	(1:59)	Barney	The Bonnie Hunt Show	Guiding Light (N)	Cold Case Files (N)	General Hospital (N)	Young and the Restless	The Doctors (N)	Living Mercer	Flamingo (2:35) Being Interruptio	Horn	General Hospital (N)	MythBusters (N)	(1:54) K. Possible	News (N)	CSI: Crime Scn	King Family Guy	
3 PM	Seinfeld	How Do I Look? (N)	Zoboomafo o Zoboob invents a game.	Big World	Judge	Dr. Phil (N)	CSI: Miami (N)	Rachael Ray (N)	The Doctors (N)	Young and the Restless	Jeopardy! Coronatn	Grossology Pokemon	Off-Record Sports	Dr. Phil (N)	Destroyed	Replace Emperor	News (N)	CSI: Crime Scn	North of 60 (N)	
4 PM	MLB Baseball: Pittsburgh	Debt Part	Deal No	George S.	Cyberchas	Judge J.	Oprah Winfrey (N)	CSI: Miami (N)	Deal No	Oprah Winfrey (N)	(3:59) News Global	Simpsons	SpongeBob	Hockey	Ellen DeGeneres Show	Daily Planet (N)	(4:08) Phineas	Law & Order: SVU	CSI: Crime Scn	Power Play (N)
5 PM	Pirates at Atlanta Braves.	News (N)	Martha (5:33)	BBC News	News (N)	News (N)	The First 48	News	News (N)	(4:59) News (N)	NHL Hockey: Stanley Cup -- Red Wings at Penguins	Drake	NBA Basketball: Finals Game	News (N)	Destroyed	Zoey 101	Hitched or Ditched (N)	UFC Unleashed (N)	Seinfeld	
6 PM	(Live)	Global	Mechanics	News-Lehrer	News (N)	Millionaire	Hollywood	The First 48	NBA Basketball: Finals Game	(5:59) News (N)	ET Canada	Survive	3 - Los Angeles Lakers at Orlando Magic.	etalk (N)	Deadliest Catch (N)	Wizards	Make Me a Supermodel	Jesse James	Family Guy	
7 PM	Videos	E! News	Life In Cold Blood (N)	Live From Lincoln Center (N)	Jeopardy!	The Doctors (N)	The First 48	3 - Lakers at Magic	Entertain	Mental (N) (PA)	News (N)	Survive	22 Minutes	Malcolm	Canada-Model	Daily Planet (N)	Suite Life	News (N)	UFC Countdn	Seinfeld
8 PM	Family Guy	Inside Hollywood (N)	Megabridge s "Greece"	Bill Gates: How a Geek	NHL Hockey: Stanley Cup Final Game	NCIS "Dagger"	The First 48	Storms	Mental (N) (PA)	Durham County (N)	Planet Earth (N)	Family Biz	Sports	The Mentalist (N)	Destroyed	Wizards	(9:06) Jimmy Kimmel	CSI: Crime Scn	Family Guy	
9 PM	Movie: "Save the Last Dance"	X-Weighted (N)	Masterpiece	In the Footsteps of Marco Polo (N)	6 - Red Wings at Penguins	The Mentalist (10:01) 48 Hours Mystery (N)	The First 48	Entertain	Durham County (N)	News Hour Final (N)	National	Falcon Beach (N)	Motoring 2008	Law & Order: SVU	Deadliest Catch (N)	School Cory	(10:06) I Love New York (N)	CSI: Crime Scn	King	
10 PM	(2001) Julia Stiles.	Ruby (N)	Movie: "Deliver Us From Evil" (2006) Premiere.	Charlie Rose (N)	News (N)	News (N)	The First 48	News	News (N)	Entertain	(11:05) The Hour (N)	Mystery	SportsCentre (Live) (N)	News (N)	How-Made	Suite Life	Judge	World's Most Shocking	Married... King	
11 PM	Sanford	News (N)	(2006) Premiere.	Charlie Rose (N)	News (N)	News (N)	The First 48	News	News (N)	Entertain	(11:05) The Hour (N)	Mystery	SportsCentre (Live) (N)	News (N)	How-Made	Suite Life	Judge	World's Most Shocking	Married... King	

WEDNESDAY, JUNE 10, 2009

	WTBS (3)	CHBC (4)	KNOW (5)	KSPS (6)	KHQ (7)	KREM (8)	A&E (9)	KXLY (10)	BCTV (11)	CITY (12)	CBC (13)	YTV (18)	TSN (19)	VTV (22)	DISC (24)	FAM (26)	CITY (29)	SPIKE (44)	TROP (45)	
6 AM	Jeffersons	News (N)	(6:12) George S.	Bob Bulld Lions	News (N)	News (N)	The Sopranos (N)	News	(5:30) News (N)	(4:30) News (N)	CBC News: Morning (N)	Being Ian (6:25)	SportsCentre (N)	Canada AM (N)	Daily Planet (N)	Henry's King (N)	CityLine (N)	CSI: NY (N)	Crow-Stairway	
7 AM	In the Heat of the Night	Room That News	Martha Dora	Arthur (EI) Martha	Today Martha Stewart;	The Early Show (N)	American Justice	Good Morning America (N)			Save-Ums! (6:50) Viva Animal	(6:50) Viva Skunk Fu!	SportsCentre (N)		Mega Builders (N)	(6:56) Phineas	The Tyra Banks Show	CSI: NY "Jamalot"	The Outer Limits (N)	
8 AM	Cosby	Ad Pers	(7:58) Hi-5	Curious	weddings; MC Hammer;		Cold Case Files (N)		100 Huntley Street (N)		Bo On Go Bystown	Pokemon Monster	SportsCentre (N)		How-Made	Weekend K. Possible	Rachael Ray (N)	CSI: NY "Trapped"	North of 60 (N)	
9 AM	Fam. Feud	Three Takes (N)	Berenstain Clifford	Super Why! Clifford	makeovers; celebrity gossip. (N)	The 700 Club (N)	CSI: Miami "Pirated"	Regis and Kelly	100 Huntley Street (N)	World Vision (N)	Super Why! Gofrette	Rolie Polie Timothy	Off-Record Tbl Tennis	Regis and Kelly	Daily Planet (N)	Feet Tigger	News (N) City	CSI: NY (N)	Reality What	
10 AM	Trivial	The Mom Show (N)	Noonbory (10:36)	Sesame Street (EI)		The Price Is Right (N)	CSI: Miami (N)	The View (N)	World Vision (N)	Debt Part House	Wilbur (N)	Berenstain Dewitt	Darts: 2008 World GP	The View (N)	Destroyed	Mickey	The O.C. (N)	CSI: NY "Jamalot"	What Videos	
11 AM	Harvey	One House	Rolie Polie	Dragon	Ellen DeGeneres Show	Young and the Restless	Crossing Jordan (N)	Juicing	World Vision (N)	(10:59) News (N)	Martha Stewart	Willa (11:25)	Billiards	Twice in a Lifetime (N)	Canada's Worst Driver	Benj Bear (11:25) King	The Bonnie Hunt Show	CSI: NY "Trapped"	Videos Ellen (N)	
12 PM	Fresh Pr.	Chef	(12:01)	Charlie Rose (N)	Paid Prog.	News (N)	The Sopranos (N)	All My Children (N)	News (N)	Days of our Lives (N)	News (N)	George S. (12:40)	World Poker Tour From Las Vegas. (Taped)	etalk (N)	Mammals vs. Dinos	(11:49)	CityLine (N)	CSI: Crime Scn	Seinfeld	
1 PM	Still Stud	Home to	Maggie	Art Work	Days of our Lives (N)	As the World Turns (N)	American Justice	One Life to Live (N)	As the World Turns (N)	As the World Turns (N)	Steven and Chris (N)	(1:05) Viva Ruby	Sue Thomas: F.B. Eye	Deadliest Catch	Dragon Emperor	ER "The Human Shield"	CSI: Crime Scn	Raymond		
2 PM	King	Guiding Light (N)	Franklin	Barney	The Bonnie Hunt Show	Guiding Light (N)	Cold Case Files (N)	General Hospital (N)	Young and the Restless	The Doctors (N)	Living Food	Flamingo (2:35) Being Interruptio	Horn	General Hospital (N)	MythBusters (N)	(1:54) K. Possible	News (N)	CSI: Crime Scn	Fresh Pr.	
3 PM	Seinfeld	Whose Wedding Is It?	(3:01) Zoboomafo o "Bovine"	Big World	Judge	Dr. Phil (N)	CSI: Miami "Pirated"	Rachael Ray (N)	The Doctors (N)	Young and the Restless	Jeopardy! Coronatn	Grossology Pokemon	Off-Record Sports	Dr. Phil (N)	How-Made	Replace Emperor	News (N)	CSI: Crime Scn	North of 60 (N)	
4 PM	MLB Baseball: Pittsburgh	Debt Part	Deal No	George S.	Cyber	Judge J.	Oprah Winfrey (N)	CSI: Miami (N)	Deal No	Oprah Winfrey (N)	(3:59) News Global	Fashion F. Red Green	SpongeBob	Hockey	Ellen DeGeneres Show	Daily Planet (N)	(4:08) Phineas	Law & Order: SVU	CSI: Crime Scn	Crow-Stairway
5 PM	Pirates at Atlanta Braves.	News (N)	Martha (5:35)	BBC News	News (N)	News (N)	The First 48	News	News (N)	(4:59) News (N)	Simpsons	OddParent	Boxing: Chad Dawson vs. Antonio Tarver. (Taped)	News (N)	Treasure Quest (N)	Suite Life	Friends	CSI: Crime Scn	What	
6 PM	(Live)	Global	Think Big	News-Lehrer	News (N)	Millionaire	Hollywood	Dog the Bounty Hunter	News	(5:59) News (N)	ET Canada	Drake	Antonio Tarver. (Taped)	News (N)	Deadliest Catch	Zoey 101	Goode	Deadliest Warrior	Seinfeld	
7 PM	Videos	E! News	Stewart Marshall	"Natural-Chickn"	Jeopardy!	The Doctors (N)	Tattoo	Entertain	Entertain	The Unusuals (N)	22 Minutes	In Real Life (N)	SportsCentre (Live) (N)	etalk (N)	MaydaySystem	Wizards	Murdoch Mysteries	The Ultimate Fighter (N)	Family Guy	
8 PM	Family Guy	Psych (N)	Mao: A Chinese Tale	American Masters (N)	Celebrity	Christine Gary	Gene Simmons	Wipeout (N)	Wipeout (N)	Wipeout (N)	Movie: "Celine" (2008)	Malcolm	In Corner	So You Think You Can Dance (N)	Daily Planet (N)	Suite Life	News (N)	The Ultimate Fighter	Raymond	
9 PM	Movie: "Stership Troopers"	Richards Kendra (N)	Art of Conducting (N)	Smothered: Censorship	Law & Order (N)	Criminal Minds (N)	The First 48	Goode	(9:01) In Plain Sight (N)	(9:01) In Plain Sight (N)	Christine Ghawi. (N)	Survive	World Extreme Cagefighting (N)	MaydaySystem	Wizards	(9:06) Jimmy Kimmel	CSI: Crime Scn	Family Guy		
10 PM	Casper Van Dien. (N)	Keep Up	Art of Conducting (N)	Jeep	Law & Order "Rapture"	CSI: NY "Enough"	Dog the Bounty Hunter	(10:01) The Unusuals (N)	(10:01) The Unusuals (N)	(10:01) The News Hour Final (N)	National	Falcon Beach (N)	Poker	CSI: NY "Enough"	Treasure Quest (N)	School Cory	(10:06) I Love New York (N)	Dangerous Animals	Fresh Pr.	
11 PM	Sanford	News (N)	Montreal Jazz	Charlie Rose (N)	News (N)	News (N)	Tattoo	News	News (N)	ET Canada	(11:05) The Hour (N)	Mystery	SportsCentre (Live) (N)	News (N)	Deadliest Catch	Suite Life	Judge	Dangerous Animals II	Married... King	

Similkameen News Leader - Horoscopes

June 10 - 17, 2009

Aries - Your desire to spend money could get out of hand. You are doing it out of ego and could spend foolishly on gaudy things. Keep it under control or you'll have regrets.

Taurus - Your energy should be climbing, and a sense of contentment with it. Avoid wild notions this weekend - keep daydreaming under control. Keep focus on career. Help elders.

Gemini - You could be overcome by a secret desire for luxury, a romantic affair, or a craving for sweets. It's a bad time to indulge. You are your own worst enemy. Cure: speak up!

Cancer - Make good plans now. You have the ability to make dreams come true, but watch out if it involves debt. Double check fine print on agreements dealing with debt or insurance.

Leo - Watch out for persuasive sales pitch from friend, partner or anyone you consult. There is likely a catch to it. If it sounds too good to be true, it is probably false. Be cautious.

Virgo - You enjoy learning something new, and you enjoy travel, even though effort and difficulty are involved. Partner or friend is unpredictable. Don't overdo goodies, focus on work.

Libra - Don't let your ego get involved when dealing with young people, especially women. You feel highly creative, and even romantic, but don't have an affair you will regret.

Scorpio - Young folk are unpredictable, home life is confused. You feel opposition from friends, partner, on some matters, and willing cooperation on others. Deal with debts, investments.

Sagittarius - Double check all information coming your way. There is likely some confusion, but it could be funny. Spend time with friends, partner. Guard health, work hard on job.

Capricorn - Focus on health, employment. Watch out for accidents while playing. Creative juices flow strongly. You might want to redecorate, improve environment, do art work. Enjoy!

Aquarius - Take some time to clear your mind of distractions. Keep feet firmly on ground. Don't tell well-meaning untruths to young folk. See obligations clearly (debt, bills).

Pisces - You can have fun taking short trips and doing errands. Your focus is on home and family, your house, your property. Stop daydreaming, do the work! Stay away from sweets, booze.

Tuesday Movies

AFTERNOON

12:00 pm TSN (19) "Truth in 24" (2008, Documentary) The Audi team competes in a grueling 24-hour race in Le Mans, France.

EVENING

9:00 pm WTBS (3) ★★ "Save the Last Dance" (2001, Romance) Julia Stiles. A white teenager moves to

Chicago after her mother's death and falls for a black student who shares her love of dance. (C)
 10:00 pm KNOW (5) ★★ "Deliver Us From Evil" (2006, Documentary) Premiere. Filmmaker Amy Berg documents the case of convicted pedophile Oliver Grady who, as a priest in northern California, molested the children of his parishioners; he now lives free under church protection in Ireland. (C)

Wednesday Movies

EVENING

7:00 pm KSPS (6) ★★ "The Natural History of the Chicken" (2000, Documentary) The poultry industry generates \$40 billion in revenue each year while others choose to domesticate their birds.

8:00 pm CBC (13) "Celine" (2008, Biography) Christine Ghawi.

Impoverished as a child, singer Céline Dion rises to stardom, selling more than 200 million albums. (In Stereo) (C)
 9:00 pm WTBS (3) ★★ "Starship Troopers" (1997, Science Fiction) Casper Van Dien. Members of Earth's space fleet battle a vicious army of gigantic insects bent on destroying humanity. (C)

Thursday Movies

EVENING

7:00 pm WTBS (3) ★★ "Election" (1999, Comedy) Matthew Broderick. When a school's goody-two-shoes runs for class president, a teacher/adviser schemes to

keep her from winning. (C)
 10:30 pm WTBS (3) ★★ "Election" (1999, Comedy) Matthew Broderick. When a school's goody-two-shoes runs for class president, a teacher/adviser schemes to keep her from winning. (C)

Friday Movies

EVENING

6:00 pm WTBS (3) ★ "Dreamcatcher" (2003, Horror) Morgan Freeman. While staying at a cabin in the woods, telepathic friends confront aliens that are being hunted by the military. (C)

SPIKE (44) ★★ "Hero" (2002, Action) Jet Li. Flashbacks reveal how a warrior stopped the elusive assassins who tried to kill the emperor of China. (In Stereo) (C)

7:00 pm YTV (18) ★ "Just My Luck" (2006, Romance-Comedy) Lindsay Lohan. A young woman, who has always led a charmed life, suffers a reversal of fortune after kissing a stranger at a costume party. (In Stereo) (C)

7:30 pm FAM (26) "Camp Rock" (2008, Musical Comedy) Joe Jonas. A talented singer works in the kitchen at a summer camp for aspiring musicians.

9:05 pm FAM (26) "Minutemen" (2008, Comedy) Jason Dolley. Three high-school outcasts face unexpected problems when they use a time machine to change the past. (C)

10:00 pm WTBS (3) ★★ "Metro" (1997, Action) Eddie Murphy. A hostage negotiator and a SWAT marksman track a psychotic jewel thief who killed a colleague. (C)

10:36 pm FAM (26) ★★ "Beetlejuice" (1988, Comedy) Michael Keaton. A ghoul helps a newly dead couple haunt the tasteless new owners of their beloved home. (C)

11:00 pm SPIKE (44) ★★ "Jackass: The Movie" (2002, Comedy) Johnny Knoxville. Premiere. Nitwits perform outrageous stunts and pull practical jokes on an unsuspecting public. (In Stereo) (C)

Similkameen News Leader - Recipe Corner

Recipe #275

Herb and Garlic Shrimp Kabobs

Number of servings: 4 appetizer servings

All You Need:

- 3 tbsp (45 mL) Club House La Grille*
- 30 Minutes Herb and Garlic Marinade
- 12 jumbo shrimp, shell removed, except tail

All You Do:

- Combine marinade and shrimp in plastic bag.
- Leave 30-60 minutes. Thread 3 shrimp on each of 4 skewers.
- Grill or broil 2 to 3 minutes on each side or until shrimp are just turning pink and are tender and juicy.

Tips:

- Replace some or all of shrimp with large scallops.
- Serve with lemon or lime wedges.

These are also delicious cold.

If using wooden skewers soak them in water 2 hours to prevent burning.

Courtesy of McCormick Canada. For more information, go to www.clubhouse.ca

- News Canada

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THURSDAY, JUNE 11, 2009

	WTBS (3)	CHBC (4)	KNOW (5)	KSPS (6)	KHQ (7)	KREM (8)	A&E (9)	KXLY (10)	BCTV (11)	CITY (12)	CBC (13)	YTV (18)	TSN (19)	VTV (22)	DISC (24)	FAM (26)	CITY (29)	SPIKE (44)	TROP (45)
6 AM	Jeffersons Sanford	News (6:12)	George S.	Thomas Lions	News (N)	News (N)	The Sopranos	News	(5:30) News (N)	(4:30) News (N)	CBC News: Morning (N)	Being Ian (6:25)	SportsCentre	Canada AM	Daily Planet	Henry's King	CityLine	CSI: NY "Wasted"	Traders
7 AM	In the Heat of the Night	Room That News	Martha Dora	Arthur (EI) Martha	Today Tiger Woods; outdoor family fun; swap party; Mark Consuelos.	The Early Show (N)	American Justice	Good Morning America (N)			Razzberry Animal	(6:50) Viva Kid vs. Kat	SportsCentre		Building the Biggest	(6:56) Phineas	The Tyra Banks Show	CSI: NY "Risk"	The Outer Limits
8 AM	Cosby	Ad Pers	(7:58) Hi-5	Curious			Cold Case Files		100 Huntley Street		Bo On Go	Pokemon	SportsCentre		Deadliest Catch	Weekend K. Possible	Rachael Ray	CSI: NY "Stuck on You"	North of 60
9 AM	Fam. Feud	Three Takes	Berenstain	Super Why!	(N)	The 700 Club	CSI: Miami	Regis and Kelly	100 Huntley Street	World Vision	Super Why!	Rolie Polie	Off-Record	Regis and Kelly	Daily Planet	Feet	News (N)	CSI: NY "Wasted"	Make
10 AM	Trivial	The Mom Show	Sid	Sesame Street		The Price Is Right (N)	CSI: Miami	The View (N)	Hospital for Sick Kids	Debt Part House	Wilbur	Berenstain	Darts: 2008 World GP	The View (N)	Treasure Quest	Mickey Handy	The O.C.	CSI: NY "Risk"	What Videos
11 AM	Harvey	One House	Rolie Polie	Dragon	Ellen DeGeneres Show	Young and the Restless	Crossing Jordan	Paid Prog.	World Vision	(10:59) News (N)	Dinner Antiques	Willa (11:25)	NHRA Drag Racing: United	Twice in a Lifetime	Megabuilders	Benj Bear (11:25) King	The Bonnie Hunt Show	CSI: NY "Stuck on You"	Videos Ellen
12 PM	Fresh Pr.	Chef	(11:59)	Charlie Rose	Ten-Trainer	News (N)	The Sopranos	All My Children (N)	News (N)	Days of our Lives (N)	News (N)	George S.	Association Route 66 Nationals.	etalk	MaydaySystem	(11:49)	CityLine	CSI: Crime Scn	Seinfeld
1 PM	Still Stud	Home to	Maggie	Painting	Days of our Lives (N)	As the World Turns (N)	American Justice	One Life to Live (N)	As the World Turns (N)	As the World Turns (N)	Martha Stewart	(1:05) Viva Ruby	From Joliet, Ill.	Sue Thomas: F.B. Eye	Austin Stevens	Dragon Emperor	ER "Two Ships"	CSI: Crime Scn	Raymond Just Shoot
2 PM	King	Guiding Light (N)	(1:59)	Barney	The Bonnie Hunt Show	Guiding Light (N)	Cold Case Files	General Hospital (N)	Young and the Restless	The Doctors	Steven and Chris	Flamingo (2:35) Being	Horn Interruption	General Hospital (N)	MythBusters	(1:54) K. Possible	News (N)	CSI: Crime Scn	Just Shoot Family Guy
3 PM	Seinfeld	Clean	Zoboomafo o Different kinds of	WordGirl	Judge	Dr. Phil	CSI: Miami	Rachael Ray	The Doctors	Young and the Restless	Living Coronatn	Grossology	Off-Record	Dr. Phil	How-Made	Replace	News (N)	CSI: Crime Scn	North of 60
4 PM	Payne	Debt Part	Fetch! Ruff	Judge J.	Oprah Winfrey	CSI: Miami	Deal No	Oprah Winfrey	(3:59) News	Jeopardy!	SpongeBob	Hockey	Ellen DeGeneres Show	Daily Planet	(4:08)	Law & Order: SVU	UFC Unleashed	Traders	
5 PM	Friends	News (N)	Martha	BBC News	News (N)	News (N)	The First 48	News	News (N)	(4:59) News (N)	Simpsons	OddParent	News (N)	Man vs. Wild	Suite Life	Kimmel	UFC Unleashed (N)	Inside Hollywood (N)	
6 PM	Friends	Global	Creatures	News-Lehrer	News (N)	News (N)	The First 48	NBA Basketball: 4 -- Lakers at Magic	(5:59) News (N)	ET Canada	News (N)	Drake	NBA Basketball: Finals Game	Man vs. Wild	Zoey 101	30 Rock	TNA Wrestling (N)	Seinfeld Raymond	
7 PM	Movie: "Election" (1999)	E! News	Eden	Adventure Lodges	Jeopardy!	The Doctors	Crime 360 (N)	Entertain	Harper's Island "Seep"	22 Minutes	Prank Ptrl	Los Angeles Lakers at Orlando Magic.	etalk	MythBusters	Wizards	Law & Order "Care" (N)	CSI: Crime Scn	Family Guy	
8 PM	Matthew Broderick	Name Earl	Voyages of Discovery	Midsomer Murders	Celebrity	Christine	Manhunter	Manhunter	Bones (PA)	Bones (PA)	Doc Zone	Malcolm Futurama	CSI: Crime Scn	Daily Planet	Suite Life	News (N)	Pros vs. Joes: All Stars	Seinfeld Raymond	
9 PM	Family Guy	True Hollywood Story	Art	MI-5 "Clean Skin"	The Office	CSI: Crime Scn	The First 48	Storms	The Office	The Office	Doc Zone	In Real Life	Sports	You Can Dance	Man vs. Wild	Wizards	(9:06) Jimmy Kimmel	MANswers	Family Guy
10 PM	Seinfeld	The Beast (N)	Girl in a Mirror (N)	Artists Den	(10:01) The Listener (N)	(10:01) The Mentalist	The First 48	Entertain	Harper's Island "Seep"	News Hour Final (N)	National	Falcon Beach	WrekCage (N)	(10:01) The Listener (N)	Man vs. Wild	School	Flavor of Love	MANswers	Just Shoot
11 PM	Movie: "Election" (1999)	News (N)	On Screen	Charlie Rose (N)	News (N)	News (N)	Crime 360	News	News (N)	Entertain	(11:05) The Hour	Mystery	SportsCentre (Live)	News (N)	MythBusters	Suite Life	Judge	UFC Countdn	Married... Just Shoot

FRIDAY, JUNE 12, 2009

	WTBS (3)	CHBC (4)	KNOW (5)	KSPS (6)	KHQ (7)	KREM (8)	A&E (9)	KXLY (10)	BCTV (11)	CITY (12)	CBC (13)	YTV (18)	TSN (19)	VTV (22)	DISC (24)	FAM (26)	CITY (29)	SPIKE (44)	TROP (45)
6 AM	Jeffersons Sanford	News (6:12)	George S.	Bob Build Lions	News (N)	News (N)	The Cleaner	News	(5:30) News (N)	(4:30) News (N)	CBC News: Morning (N)	Being Ian (6:25)	SportsCentre	Canada AM	Daily Planet	Henry's King	CityLine	CSI: NY "Fare Game"	Adventures of Sinbad
7 AM	In the Heat of the Night	Room That News	Martha Dora	Arthur (EI) Martha	Today Bras; Black Eyed Peas;	The Early Show (N)	The Cleaner "Rebecca"	Good Morning America (N)			Save-Ums! Animal	(6:50) Viva Pretty Cure	SportsCentre		Greatest Ever...	(6:56) Phineas	The Tyra Banks Show	CSI: NY "Cool Hunter"	The Outer Limits
8 AM	Cosby	Ad Pers	(7:58) Hi-5	Curious	Barbara Corcoran; health food		The Cleaner		100 Huntley Street		Bo On Go	Pokemon	SportsCentre		MythBusters	Weekend K. Possible	Rachael Ray	CSI: NY	North of 60
9 AM	Fam. Feud	Three Takes	Berenstain	Super Why!	imposters.	The 700 Club	CSI: Miami "Addiction"	Regis and Kelly	100 Huntley Street	World Vision	Super Why!	Rolie Polie	Off-Record	Regis and Kelly	Daily Planet	Feet	News (N)	CSI: NY "Fare Game"	Tube Tales
10 AM	Trivial	The Mom Show	Noonbory	Sesame Street (EI)		The Price Is Right (N)	CSI: Miami "Darkroom"	The View (N)	Hospital for Sick Kids	Debt Part House	Wilbur	Berenstain	Motoring 2009	The View (N)	What's That About?	Mickey Handy	The O.C.	CSI: NY "Cool Hunter"	What Videos
11 AM	Harvey	One House	Rolie Polie	Dragon	Ellen DeGeneres Show	Young and the Restless	The Cleaner "Pilot"	Paid Prog.	World Vision	(10:59) News (N)	Martha Stewart	Willa (11:25)	Track and Field	Twice in a Lifetime	Mighty Ships "Becruz"	Benj Bear (11:25) King	The Bonnie Hunt Show	CSI: NY	Videos Ellen
12 PM	Fresh Pr.	Chef	(12:01)	Charlie Rose	Health	News (N)	The Cleaner	All My Children (N)	News (N)	Days of our Lives (N)	News (N)	George S.	NASCAR Racing: Sprint Cup	etalk	Man vs. Wild	(11:49)	CityLine	CSI: Crime Scn	Seinfeld
1 PM	Still Stud	Home to	Maggie	Painting	Days of our Lives (N)	As the World Turns (N)	The Cleaner "Rebecca"	One Life to Live (N)	As the World Turns (N)	As the World Turns (N)	Steven and Chris	(1:05) Viva Ruby	In Corner	Sue Thomas: F.B. Eye	Man vs. Wild	Dragon Emperor	ER "I Do"	CSI: Crime Scn	Raymond Frasier
2 PM	King	Guiding Light (N)	Franklin	Barney	The Bonnie Hunt Show	Guiding Light (N)	The Cleaner	General Hospital (N)	Young and the Restless	The Doctors	Living	Flamingo	Horn	General Hospital (N)	MythBusters	(1:54) K. Possible	News (N)	CSI: Crime Scn	Frasier Family Guy
3 PM	Seinfeld	Clean	(3:01) Zoboomafo o Zoboo	WordGirl	Judge	Dr. Phil	CSI: Miami "Addiction"	Rachael Ray	The Doctors	Young and the Restless	Jeopardy!	Grossology	Off-Record	Dr. Phil	How-Made	Replace	News (N)	CSI: Crime Scn	North of 60
4 PM	Payne	Debt Part	wants to fly.	Biz Kid\$	Judge J.	Oprah Winfrey	CSI: Miami "Darkroom"	Deal No	Oprah Winfrey	(3:59) News	Fortune	SpongeBob	MLB Baseball: Florida	Daily Planet	(4:08)	Law & Order: SVU	CSI: Crime Scn	Adventures of Sinbad	
5 PM	Payne	News (N)	Martha	BBC News	News (N)	News (N)	CSI: Miami "Ambush"	News	News (N)	(4:59) News (N)	NHL Hockey: Stanley Cup	OddParent	Marlins at Toronto Blue Jays. (Live)	News (N)	Doing Da Vinci (N)	Suite Life	Real Alberta	CSI: Crime Scn	TV Made
6 PM	Movie: "Dreamcatcher" (2003, Horror)	Global	Heads Up	News-Lehrer	News (N)	News (N)	CSI: Miami "All In"	News	(5:59) News (N)	ET Canada	Final Game 7 -- Penguins at Red Wings	iCarly	Jackson	News (N)	Worst Handyman	Jonas (N)	Departures	Movie: "Hero" (2002, Action)	Seinfeld Amer Dad
7 PM	Morgan Freeman	E News	For King and Country	Wash Wk	Jeopardy!	The Doctors	CSI: Miami	Entertain	Entertain	NUMB3RS	Movie: "Just My Luck" (2006)	SportsCentre (Live)	etalk	Machines of Malice	Sonny	Out There	Out There	Seinfeld	
8 PM	Family Guy	THIS Investigates (N)	Poirot	Bill Moyers Journal (N)	NHL Hockey: Stanley Cup	Ghost Whisperer	Criminal Minds	Wife Swap	The Unit	The Unit	News (N)	Lindsay Lohan.	Off-Record	Ghost Whisperer	Daily Planet	"Camp Rock" (2008)	News (N)	Jesse James	Seinfeld Raymond
9 PM	Family Guy	Life Begins	NOW	Final Game 7 -- Penguins at Red Wings	Flashpoint	CSI: Miami "Ambush"	Samantha	NCIS "Twisted Sister"	NCIS "Twisted Sister"	News Hour Final (N)	National	Family Biz	Boxing: Friday Night Fights. (Same-day Tape)	Spectacle: Elivs	Worst Handyman	(9:05) Minutemen " (2008)	(9:06) Jimmy Kimmel	MANswers	Family Guy Amer Dad
10 PM	Movie: "Metro" (1997) Eddie	20/20	Juicy Danger	Monty Python	NUMB3RS	CSI: Miami "All In"	20/20	NUMB3RS	News Hour Final (N)	National	Family Biz	Adrenaline	Party Poker	Doing Da Vinci	Movie: "Beetlejuice" (1988)	Judge	"Jackass: The Movie"	Married... Just Shoot	
11 PM	Murphy	News (N)	General Idea: Art, AIDS	Austin City Limits	News (N)	News (N)	CSI: Miami	News	News (N)	(11:03) ECW (N)	(11:05) The Hour	Mystery	SportsCentre (Live)	News (N)	Machines of Malice	Paid Prog.			

News Leader Puzzle Page

CARTER'S Sudoku Challenge

CREATED FOR THE NEWS LEADER BY CARTER BOSWELL

HOW TO PLAY:

Sudoku is a game of logic. There is no math involved. The object of the game is to fill the grid so that the numbers 1 through 9 appear only once in each row, column and 3 x 3 box. The numbers can appear in any order and Carter has left you some clues below.

CHALLENGE #199 - Rated Easy

						7	9	
	7	1				8		3
8			2		6			1
1			8			5	6	
	5	6						
					4	1		
				5				3
	2	3	6	9				4
4	9					3	2	

CHALLENGE #200 - Rated Hard

9								4
1		3	4	5	6	7		9
				1				
		9		4		2		
3	6						7	1
			8		7			
			5		1			
		7		8		9		
5		1				6		8

THIS WEEK'S SOLUTIONS:
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Saturday Movies

MORNING

10:00 am WTBS (3) ★★ "Dennis the Menace" (1993, Comedy) Walter Matthau. The comic-strip moppet plays pranks on Mr. Wilson, the crotchety fellow who lives next door. (E)

AFTERNOON

12:00 pm FAM (26) "Bailey's Billions" (2005, Comedy) Dean Cain. Two embezzlers plot to steal money from a talking dog that has inherited a fortune. (E)
1:32 pm FAM (26) ★★ "Max Keeble's Big Move" (2001, Comedy) Alex D. Linz. When his parents announce they are moving, a schoolboy decides to take revenge

against his tormentors. (E)
2:00 pm A&E (9) ★★ "Independence Day" (1996, Science Fiction) Will Smith. A fighter pilot, a computer whiz and others fight back after 15-mile-wide alien ships zap Earth's major cities. (E)
KXLY (10) ★★ "Stuart Little 2" (2002, Comedy) Geena Davis. Stuart the mouse and Snowball the cat journey through New York City to rescue a friend from a falcon. (In Stereo)
4:00 pm YTV (18) ★★ "Rugrats Go Wild" (2003, Comedy) Voices of Bruce Willis. Animated. The toddlers meet the Thornberry family after an accident leaves them stranded on a tropical island. (In Stereo) (E)
5:00 pm WTBS (3) ★★ "Mother's Boys" (1994, Suspense) Jamie Lee Curtis. A deserter returns to Los Angeles, determined to win back her husband and three sons. (E)
A&E (9) ★★ "The Fugitive" (1993, Suspense) Harrison Ford. Premiere. A U.S. marshal hunts a doctor on the run who was convicted of murdering his wife. (E)

EVENING

6:00 pm CITY (29) "Nightwaves" (2003, Drama) Sherilyn Fenn. After the death of her husband, an investigative reporter hears about a murder over a police scanner. (E) (DVS)
7:30 pm WTBS (3) ★★ "Mother's

Boys" (1994, Suspense) Jamie Lee Curtis. A deserter returns to Los Angeles, determined to win back her husband and three sons. (E)
8:00 pm KSPS (6) ★★ "Suspicion" (1941, Suspense) Cary Grant. Alfred Hitchcock directed this thriller about a woman who suspects that her husband is plotting to murder her. (In Stereo) (E)
KXLY (10) ★★ "The Haunted Mansion" (2003, Comedy) Eddie Murphy. A real estate agent and his family encounter ghosts in an old New Orleans house on a remote bayou. (In Stereo) (E)
9:00 pm A&E (9) ★★ "The Fugitive" (1993, Suspense) Harrison Ford. A U.S. marshal hunts a doctor on the run who was convicted of murdering his wife. (E)
FAM (26) ★★ "The Goonies" (1985, Adventure) Sean Astin. Coastal Oregon kids follow the treasure map of pirate One-Eyed Willie past his deadly traps to gold. (E)
10:54 pm FAM (26) ★★ "Bob the Butler" (2005, Comedy) Tom Green. A novice manservant takes a job with a neurotic single mother and her mischievous children. (E)
11:30 pm CBC (13) ★★ "Catch Me if You Can" (2002, Comedy-Drama) Leonardo DiCaprio. An FBI agent pursues Frank Abagnale Jr., a con man who assumes various identities and commits forgery. (In Stereo) (E)

Princeton Area Ghost Towns The DVD

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Sunday Movies

MORNING

9:00 am WTBS (3) ★★ "The Tuxedo" (2002, Comedy) Jackie Chan. A chauffeur embarks on a covert mission after a tuxedo from a secret agent gives him extraordinary abilities. (E)
A&E (9) ★★ "Independence Day" (1996, Science Fiction) Will Smith. A fighter pilot, a computer whiz and others fight back after 15-mile-wide alien ships zap Earth's major cities. (E)
11:00 am WTBS (3) ★★ "The Great Outdoors" (1988, Comedy) Dan Aykroyd. A Chicago man and his family go camping with his obnoxious brother-in-law and his family.

AFTERNOON

12:00 pm FAM (26) ★★ "Good Boy!" (2003, Comedy) Molly Shannon. After adopting a dog, a 12-year-old learns the animal is an interplanetary scout sent to investigate other canines. (E)
1:00 pm WTBS (3) ★★ "Homegrown" (1998, Comedy-Drama) Billy Bob Thornton. A go-between helps California marijuana growers take action when their boss is killed.
1:30 pm FAM (26) "Life Is Ruff" (2005, Comedy) Kyle Massey. A teenage slacker adopts a stray as part of a plan to win a large cash prize at an upcoming dog show. (E)
3:00 pm WTBS (3) "Princess of Thieves" (2001, Adventure) Keira Knightley. Robin Hood's daughter leads a gang of merry men to free her imprisoned father and defeat Prince John. (E)
VTV (22) ★★ "Love & Murder" (2000, Mystery) Wendy Crewson. Childhood friends whose lives diverged radically try to renew their

relationship as adults. (In Stereo) (E)
4:00 pm YTV (18) ★★ "The Flintstones" (1994, Comedy) John Goodman. Betty's Barney helps Wilma's Fred move up the ladder at Slate & Co. in Stone Age Bedrock. (In Stereo) (E)
5:00 pm WTBS (3) ★★ "Elizabethtown" (2005, Comedy-Drama) Orlando Bloom. In Kentucky to bury his father, a troubled man gets his life on track with the help of a free-spirited flight attendant. (E)
CBC (13) ★★ "Lemony Snicket's A Series of Unfortunate Events" (2004, Comedy) Jim Carrey. A dastardly count plots to steal an inheritance from three young orphans placed in his care. (E)

EVENING

6:00 pm YTV (18) ★★ "Nacho Libre" (2006, Comedy) Jack Black. To raise money for an orphanage, a Mexican cook named Ignacio moonlights as a professional wrestler.
7:30 pm WTBS (3) ★★ "Elizabethtown" (2005, Comedy-Drama) Orlando Bloom. In Kentucky to bury his father, a troubled man gets his life on track with the help of a free-spirited flight attendant. (E)
8:00 pm KNOW (5) "Inspector Morse: Infernal Serpent" (1990, Mystery) John Thaw. An investigation into the murder of a famed environmentalist uncovers evidence of child abuse in the man's family. (E)
CBC (13) "René Lévesque II" (2009, Biography) (Part 1 of 2) Emmanuel Bilodeau. Premiere. René Lévesque becomes premier of Quebec in 1976, but faces opposition when he tries to implement major reforms. (In Stereo) (E)

VTV (22) "She Drives Me Crazy" (2007, Drama) Melinda Clarke. Premiere. After her husband dies, a woman and her estranged sister embark on a road trip to their high-school reunion. (In Stereo) (E) (DVS)
9:00 pm KHQ (7) ★★ "10.5: Apocalypse" (2006, Suspense) (Part 2 of 2) Kim Delaney. The president and a top scientist work together to save North America from potentially devastating earthquakes. (In Stereo) (E)
KXLY (10) ★★ "White Water Summer" (1987, Drama) Kevin Bacon. A spoiled city youth learns lessons about courage and maturity while attending a demanding summer wilderness camp.
FAM (26) ★★ "Doc Hollywood" (1991, Romance-Comedy) Michael J. Fox. An upstart plastic surgeon gets stuck in a one-doctor Southern town and falls in love with a local. (E)
10:00 pm WTBS (3) ★★ "The Great Outdoors" (1988, Comedy) Dan Aykroyd. A Chicago man and his family go camping with his obnoxious brother-in-law and his family.
10:30 pm FAM (26) ★★ "3 Ninjas Knuckle Up" (1995, Comedy) Victor Wong. Three boys stop a polluter's henchmen with martial arts learned from their Asian grandfather. (E)
11:00 pm SPIKE (44) ★★ "Lake Placid" (1999, Horror) Bill Pullman. A New York paleontologist goes to the backwoods of Maine and teams up with the local game warden to stop a 35-foot killer crocodile.

We're different, and we like that.
Similkameen News Leader

SATURDAY, JUNE 13, 2009

	WTBS (3)	CHBC (4)	KNOW (5)	KSPS (6)	KHQ (7)	KREM (8)	A&E (9)	KXLY (10)	BCTV (11)	CITY (12)	CBC (13)	YTV (18)	TSN (19)	VTV (22)	DISC (24)	FAM (26)	CITY (29)	SPIKE (44)	TROP (45)
6 AM	Paid Prog. News (E)			America Fly Tying	Today (N) (E)	(5:00) The Early Show (N)	Sell House	Paid Prog. Fishing	Going	Going	Super Why!	Being Ian	SportsCentre (E)	OWL/TV Kingdom	Bog Bodies (E)	Overdrive	CHIN	TNA Wrestling (E)	Soap
6:30 AM	Paid Prog. News (E)																		
7 AM	Paid Prog. Ad Pers	Martha	MotorWeek	News (N)	Cake (E)	Sell House	Good Morning America	News (N) (E)	News (N) (E)	Turbo	Pretty Cure	Fishing	Anne Grn	Worst Handyman	(7:04)	Eye on Asia			Mad Abt.
7:30 AM	Paid Prog. Fishing	Clifford	Travel		HorseLand	Sell House				Animal	Rollbots	Motoring	Kids		Montana				Mad Abt.
8 AM	Videos Foodies	George S.	Woodsmith		Dino	Flip This House (E)	Emperor			Razzberry	SpongeBob	Yachting	Jeff	Machines of Malice	Suite Life Zoey 101	Polish Studio (E)	Hrsepwer	Raymond	
8:30 AM	Videos Driving TV	Magie Bus	Hometime		Sushi Puck		Replace			Goldfish	Kid vs. Kat	Rally	To Be Announced	How-Made	Cory	Amazing	Trucks!	Raymond	
9 AM	In the Heat of the Night	Upside	Old House		Strawberry	Flip This House (E)	So Raven		Driving TV	Bold Presents (N) (E)	SpongeBob Casper	Score Golf	Alice	How-Made	So Raven	Downright	Xtreme 4x4	Seinfeld	
9:30 AM	Paid Prog. Upside				Care Bears		So Raven		Fishing										
10 AM	Movie: "Dennis the Menace" (1993) (E)	El News Daily 10	Maggie-Beast	Ask This Test Kitch	Zula Patrol Friend	College Track and Field	The Cleaner (E)	Montana Suite Life	Fishn	World Vision (E)	Dinner Antiques	OddParent	MLB Baseball: Florida Marlins at Toronto Blue Jays. (Live)	Child Fund Amnesty	Austin Stevens	Phil Wizards	CityLine (E)	Xtreme 4x4 Countdn	Family Guy
10:30 AM	Movie: "Dennis the Menace" (1993) (E)	El News Daily 10	Maggie-Beast	Ask This Test Kitch	Zula Patrol Friend	College Track and Field	The Cleaner (E)	Montana Suite Life	Fishn	World Vision (E)	Dinner Antiques	OddParent	MLB Baseball: Florida Marlins at Toronto Blue Jays. (Live)	Child Fund Amnesty	Austin Stevens	Phil Wizards	CityLine (E)	Xtreme 4x4 Countdn	Family Guy
11 AM	To Be Announced	Rolie Polie Paddington	Christina Primal Grill	Christina Primal Grill	Christina Primal Grill	Christina Primal Grill	The Cleaner (E)	Rangers	World Vision (E)	Fishing Big Coast	Gymnastics	Transform Wolverine	PLAN Toronto Blue Jays. (Live)	Mayday (E)	School Suite Life	Paid Prog.	MuscleCar	King	
11:30 AM	To Be Announced	Rolie Polie Paddington	Christina Primal Grill	Christina Primal Grill	Christina Primal Grill	Christina Primal Grill	The Cleaner (E)	Rangers	World Vision (E)	Fishing Big Coast	Gymnastics	Transform Wolverine	PLAN Toronto Blue Jays. (Live)	Mayday (E)	School Suite Life	Paid Prog.	MuscleCar	King	
12 PM	Friends	To Be Announced	(12:04) Lilly	Cooking	PGA Tour Golf: St. Jude Classic	PGA Tour Golf: St. Jude Classic	The Cleaner (E)	News (N)	PGA Tour Golf: St. Jude Classic	News (N)	PGA Tour Golf: St. Jude Classic	Simpsons	To Be Announced	Dinosaur	Daily Planet (E)	Doing Da Vinci	Movie: "Bailey's Billions" (2005)	CityLine (E)	Trucks!
12:30 PM	Seinfeld	To Be Announced	(12:35) Miss	Garden	PGA Tour Golf: St. Jude Classic	PGA Tour Golf: St. Jude Classic	The Cleaner (E)	News (N)	PGA Tour Golf: St. Jude Classic	News (N)	PGA Tour Golf: St. Jude Classic	Simpsons	To Be Announced	Dinosaur	Daily Planet (E)	Doing Da Vinci	Movie: "Bailey's Billions" (2005)	CityLine (E)	Trucks!
1 PM	King	To Be Announced	(1:10) Taste	Antiques Roadshow	Motorcycle Racing: Alli Series	Motorcycle Racing: Alli Series	The Cleaner (E)	Explorer	Simpsons	Round. (E)	Simpsons	Equestrian: CN Grand Prix. (Taped)	Dragon	Sports	Motorhead	Animals	King	Xtreme 4x4	Raymond
1:30 PM	King	To Be Announced	(1:10) Taste	Antiques Roadshow	Motorcycle Racing: Alli Series	Motorcycle Racing: Alli Series	The Cleaner (E)	Explorer	Simpsons	Round. (E)	Simpsons	Equestrian: CN Grand Prix. (Taped)	Dragon	Sports	Motorhead	Animals	King	Xtreme 4x4	Raymond
2 PM	American Chopper (E)	To Be Announced	(2:10) Fetch! Ruff	Adventure Lodges			Movie: "Stuart Little 2" (2002)	Geena Davis	Simpsons	Family Guy	TBA	Team	NASCAR Racing: Nationwide Series Qual.	Car	MythBusters (E)	Unwanted	Cory	News (N)	Disorderly Con.
2:30 PM	American Chopper (E)	To Be Announced	(2:10) Fetch! Ruff	Adventure Lodges			Movie: "Stuart Little 2" (2002)	Geena Davis	Simpsons	Family Guy	TBA	Team	NASCAR Racing: Nationwide Series Qual.	Car	MythBusters (E)	Unwanted	Cory	News (N)	Disorderly Con.
3 PM	Seinfeld	To Be Announced	(3:36) Little	Trek	Veggie	Paidd Prog.	Movie: "The Fugitive" (1993)	Will Smith, Bill Pullman. (E)	Simpsons	Family Guy	TBA	Mystery		Twice in a Lifetime (E)	How-Made	Suite Life	Amazing	Disorderly Con.	Parker
3:30 PM	Family Guy	To Be Announced	(3:36) Little	Trek	Veggie	Paidd Prog.	Movie: "The Fugitive" (1993)	Will Smith, Bill Pullman. (E)	Simpsons	Family Guy	TBA	Mystery		Twice in a Lifetime (E)	How-Made	Suite Life	Amazing	Disorderly Con.	Parker
4 PM	Payne	To Be Announced	(4:14) Europe	Penguins	Access Hollywood (N)	Access Hollywood (N)	Storms	Family Guy	Family Guy	Global	To Be Announced	Movie: "Rugrats Go Wild" (2003)	Sports	First Story	Cash Cab	Suite Life	Without a Trace (E)	Disorderly Con.	Family Guy
4:30 PM	Payne	To Be Announced	(4:14) Europe	Penguins	Access Hollywood (N)	Access Hollywood (N)	Storms	Family Guy	Family Guy	Global	To Be Announced	Movie: "Rugrats Go Wild" (2003)	Sports	First Story	Cash Cab	Suite Life	Without a Trace (E)	Disorderly Con.	Family Guy
5 PM	Movie: "Mother's Boys" (1994) Jamie Lee Curtis. (E)	El News	George Shrinks	Summer	News (N)	News (N)	Movie: "The Fugitive" (1993)	ABC News	Global	(4:59) News (E)	TBA	Comedy (E)	NASCAR Racing: Nationwide Series -- Meijer 300. (Live) (E)	etalk (E)	Destroyed	K. Possible	Murdoch Mysteries	Disorderly Con.	Friends
5:30 PM	Movie: "Mother's Boys" (1994) Jamie Lee Curtis. (E)	El News	George Shrinks	Summer	News (N)	News (N)	Movie: "The Fugitive" (1993)	ABC News	Global	(4:59) News (E)	TBA	Comedy (E)	NASCAR Racing: Nationwide Series -- Meijer 300. (Live) (E)	etalk (E)	Destroyed	K. Possible	Murdoch Mysteries	Disorderly Con.	Friends
6 PM	Global	Profiles of Nature	Lawrence Welk Show	News (N)	News (N)	Harrison Ford. Premiere. (E)	The Insider	Entertainment Tonight	To Be Announced	Doc (E)	The Nature of Things	Prank Ptrl	Kid vs. Kat League	W-FIVE (E)	I Way Out	So Raven	Movie: "Nightwaves" (2003) Sherilyn Fenn. (E)	Disorderly Con.	Family Guy
6:30 PM	Global	Profiles of Nature	Lawrence Welk Show	News (N)	News (N)	Harrison Ford. Premiere. (E)	The Insider	Entertainment Tonight	To Be Announced	Doc (E)	The Nature of Things	Prank Ptrl	Kid vs. Kat League	W-FIVE (E)	I Way Out	So Raven	Movie: "Nightwaves" (2003) Sherilyn Fenn. (E)	Disorderly Con.	Family Guy
7 PM	Movie: "Mother's Boys" (1994) Jamie Lee Curtis. (E)	Rich Poor	Heartbeat (E)	Movie: "Suspicion" (1941) Cary Grant. (E)	Law & Order: SVU	Harper's Island "Seep"	Movie: "The Fugitive" (1993)	Suspense) Harrison Ford. (E)	Pushing Daisies (N)	Doc (E)	News (N)	Intelligence (E) (DVS)	Prank Ptrl	Boxing	Law & Order "Bailout"	Destroyed	Time Warp	Paidd Prog.	Disorderly Con.
7:30 PM	Movie: "Mother's Boys" (1994) Jamie Lee Curtis. (E)	Rich Poor	Heartbeat (E)	Movie: "Suspicion" (1941) Cary Grant. (E)	Law & Order: SVU	Harper's Island "Seep"	Movie: "The Fugitive" (1993)	Suspense) Harrison Ford. (E)	Pushing Daisies (N)	Doc (E)	News (N)	Intelligence (E) (DVS)	Prank Ptrl	Boxing	Law & Order "Bailout"	Destroyed	Time Warp	Paidd Prog.	Disorderly Con.
8 PM	Movie: "Mother's Boys" (1994) Jamie Lee Curtis. (E)	Rich Poor	Heartbeat (E)	Movie: "Suspicion" (1941) Cary Grant. (E)	Law & Order: SVU	Harper's Island "Seep"	Movie: "The Fugitive" (1993)	Suspense) Harrison Ford. (E)	Pushing Daisies (N)	Doc (E)	News (N)	Intelligence (E) (DVS)	Prank Ptrl	Boxing	Law & Order "Bailout"	Destroyed	Time Warp	Paidd Prog.	Disorderly Con.
8:30 PM	Movie: "Mother's Boys" (1994) Jamie Lee Curtis. (E)	Rich Poor	Heartbeat (E)	Movie: "Suspicion" (1941) Cary Grant. (E)	Law & Order: SVU	Harper's Island "Seep"	Movie: "The Fugitive" (1993)	Suspense) Harrison Ford. (E)	Pushing Daisies (N)	Doc (E)	News (N)	Intelligence (E) (DVS)	Prank Ptrl	Boxing	Law & Order "Bailout"	Destroyed	Time Warp	Paidd Prog.	Disorderly Con.
9 PM	Movie	News (N)	Montreal Jazz	Legends & Lyrics (E)	News (N)	News (N)	Sat. Night	Legend of	Manhunter	Paidd Prog.	Sat. Night	Sat. Night	"Catch	Ghost	SportsCentre (Live) (E)	Guinea Pig	Movie: "Bob the	Paidd Prog.	Disorderly
9:30 PM	Movie	News (N)	Montreal Jazz	Legends & Lyrics (E)	News (N)	News (N)	Sat. Night	Legend of	Manhunter	Paidd Prog.	Sat. Night	Sat. Night	"Catch	Ghost	SportsCentre (Live) (E)	Guinea Pig	Movie: "Bob the	Paidd Prog.	Disorderly

SUNDAY, JUNE 14, 2009

	WTBS (3)	CHBC (4)	KNOW (5)	KSPS (6)	KHQ (7)	KREM (8)	A&E (9)	KXLY (10)	BCTV (11)	CITY (12)	CBC (13)	YTV (18)	TSN (19)	VTV (22)	DISC (24)	FAM (26)	CITY (29)	SPIKE (44)	TROP (45)
6 AM	Sports	News (E)		Maya	Today (N) (E)	Paidd Prog.	Private Sessions (N)	Paidd Prog.	Is Written	Driving TV	Animal	Being Ian	SportsCentre (E)	Daily Planet (E)	Mayday "Out of Sight"	Overdrive	Amazing	Married...	Driving TV
6:30 AM	Sports	News (E)		Maya	Today (N) (E)	Paidd Prog.	Private Sessions (N)	Paidd Prog.	Is Written	Driving TV	Animal	Being Ian	SportsCentre (E)	Daily Planet (E)	Mayday "Out of Sight"	Overdrive	Amazing	Married...	Driving TV
7 AM	Saved-Bell	Pioneers		Fetch! Ruff					Fishful	Whata	Save-Ums!	Grossology	Reporters	Twice in a Lifetime (E)	Man vs. Wild	(7:04)	Eye on Asia	Married...	Mad Abt.
7:30 AM	Saved-Bell	Pioneers		Fetch! Ruff					Fishful	Whata	Save-Ums!	Grossology	Reporters	Twice in a Lifetime (E)	Man vs. Wild	(7:04)	Eye on Asia	Married...	Mad Abt.
8 AM	Videos	Fishing	Clifford	Animalia	Northwest	CBS News Sunday Morning (N) (E)	The Sopranos	Good Morning America	Foodies	Canada	Razzberry	Monster	Reporters	Twice in a Lifetime (E)	Man vs. Wild	Montana		Machines	Mad Abt.
8:30 AM	Videos	Fishing	Clifford	Animalia	Northwest	CBS News Sunday Morning (N) (E)	The Sopranos	Good Morning America	Foodies	Canada	Razzberry	Monster	Reporters	Twice in a Lifetime (E)	Man vs. Wild	Montana		Machines	Mad Abt.
9 AM	Videos	Fishn	George S.	Reading	Meet the Press (N) (E)	Nation	The Sopranos "Boca"	This Week With George	News (N) (E)	TribalTrail	Coronatn	Kid vs. Kat	Fins Skins	Anne Grn	Man vs. Wild	Suite Life	Eye-Asia	Hrsepwer	Raymond
9:30 AM	Videos	Powerboat	Magie Bus	Electric	Paidd Prog.	Paidd Prog.	Movie: "Independence Day"	Wall St	Hour of Power (E)	Coronatn	League	NASCAR Racing	Pringle	Funniest Animals	Cory	Johnny Lombardi (In Italian)	Festival	MuscleCar	Raymond
10 AM	Movie: "The Tuxedo" (2002)	Neighborhood	Upside	Biz Kid\$	Paidd Prog.	Paidd Prog.	Movie: "Independence Day"	Wall St	Hour of Power (E)	Coronatn	Barnyard	NASCAR Racing: Sprint Cup -- LifeLock 400. From Michigan International Speedway in Brooklyn, Mich. (Live) (E)	PLAN Canada (E)	Funniest Animals	So Raven	Lombardi (In Italian)	Xtreme 4x4	Seinfeld	
10:30 AM	Movie: "The Tuxedo" (2002)	Neighborhood	Upside	Biz Kid\$	Paidd Prog.	Paidd Prog.	Movie: "Independence Day"	Wall St	Hour of Power (E)	Coronatn	Barnyard	NASCAR Racing: Sprint Cup -- LifeLock 400. From Michigan International Speedway in Brooklyn, Mich. (Live) (E)	PLAN Canada (E)	Funniest Animals	So Raven	Lombardi (In Italian)	Xtreme 4x4	Seinfeld	
11 AM	Jackie Chan. (E)	Kurnell's Marriage	Maggie-Beast	Make West	Paidd Prog.	Paidd Prog.	ReGenesis (1996) Will Smith, Bill Pullman. (E)	Hometime	Driving TV	Listen Up	CBC News: Sunday	SpongeBob iCarly (E)	Amnesty	Tutankhamun	Phil Wizards		Jesse James	Just Shoot	
11:30 AM	Jackie Chan. (E)	Kurnell's Marriage	Maggie-Beast	Make West	Paidd Prog.	Paidd Prog.	ReGenesis (1996) Will Smith, Bill Pullman. (E)	Hometime	Driving TV	Listen Up	CBC News: Sunday	SpongeBob iCarly (E)	Amnesty	Tutankhamun	Phil Wizards		Jesse James	Just Shoot	
12 PM	Movie: "The Great Outdoors" (1988), John Candy	TBA	Rolie Polie Paddington	European	Paidd Prog.	Paidd Prog.	Backroads	Health	Hour of Power (E)	Driving TV	Soccer: FIFA Confederations Cup -- New Zealand vs. Spain.	Prank Ptrl	W-FIVE (E)	Austin Stevens	Movie: "Good Boy!" (2003) (E)	The O.C. (E)	Amazing	The Ultimate Fighter	Friends
12:30 PM	Movie: "The Great Outdoors" (1988), John Candy	TBA	Rolie Polie Paddington	European	Paidd Prog.	Paidd Prog.	Backroads	Health	Hour of Power (E)	Driving TV	Soccer: FIFA Confederations Cup -- New Zealand vs. Spain.	Prank Ptrl	W-FIVE (E)	Austin Stevens	Movie: "Good Boy!" (2003) (E)	The O.C. (E)	Amazing	The Ultimate Fighter	Friends
1 PM	Movie: "Homegrown" (1998)	To Be Announced	(1:09) Think Big (E)	Adventure Lodges	Paidd Prog.	Paidd Prog.	Action Sports From Beijing. (N) (E)	Gene Simmons	NASCAR Wipeout (E)	Simpsons	Family Guy	Prank Ptrl	Survive	Sports	Twice in a Lifetime (E)	MythBusters (E)	Cory	News (N)	UFC Unleashed
1:30 PM	Movie: "Homegrown" (1998)	To Be Announced	(1:09) Think Big (E)	Adventure Lodges	Paidd Prog.	Paidd Prog.	Action Sports From Beijing. (N) (E)	Gene Simmons	NASCAR Wipeout (E)	Simpsons	Family Guy	Prank Ptrl	Survive	Sports	Twice in a Lifetime (E)	MythBusters (E)	Cory	News (N)	UFC Unleashed
2 PM	Billy Bob Thornton.	To Be Announced	(2:01) Fetch! Ruff	Green Builders (E)															
2:30 PM	Billy Bob Thornton.	To Be Announced	(2:01) Fetch! Ruff	Green Builders (E)															
3 PM	Movie: "Princess of Thieves" (2001) (E)	To Be Announced	(4:08)	Chronicles	CSI: NY "Child's Play"	Extra (N) (E)	Dog	Kimmel	Paidd Prog.	Family Guy	Global	To Be Announced	Movie: "The Flintstones" (1994) John Goodman.	NBA Wendy Crewson.	Worst Handyman	Suite Life	Kimmel	UFC Unleashed	Carlawood
3:30 PM	Movie: "Princess of Thieves" (2001) (E)	To Be Announced	(4:08)	Chronicles	CSI: NY "Child's Play"	Extra (N) (E)	Dog	Kimmel	Paidd Prog.	Family Guy	Global	To Be Announced	Movie: "The Flintstones" (1994) John Goodman.	NBA Wendy Crewson.	Worst Handyman	Suite Life	Kimmel	UFC Unleashed	Carlawood
4 PM	Movie: "Elizabethan" (2005)	Okanagan	George Shrinks	Workshop	News (E)	News (N)	Dog	(5:01) NBA Basketball: Finals Game	Global	(4:59) News (E)	"Lemony Snicket's Series of	Movie: "Nacho Libre" (2006) Jack Black.	SportsCentre (Live) (E)	Movie: "She Drives Me Crazy" (2007)	Angels vs. Demons	Sadie Buzz	Royal Pains "Pilot" (N) (E)	UFC Unleashed	Carlawood
4:30 PM	Movie: "Elizabethan" (2005)	Okanagan	George Shrinks	Workshop	News (E)	News (N)	Dog	(5:01) NBA Basketball: Finals Game	Global	(4:59) News (E)	"Lemony Snicket's Series of	Movie: "Nacho Libre" (2006) Jack Black.	SportsCentre (Live) (E)	Movie: "She Drives Me Crazy" (2007)	Angels vs. Demons	Sadie Buzz	Royal Pains "Pilot" (N) (E)	UFC Unleashed	Carlawood
5 PM	Movie: "Elizabethan" (2005)	Okanagan	George Shrinks	Workshop	News (E)	News (N)	Dog	(5:01) NBA Basketball: Finals Game	Global	(4:59) News (E)	"Lemony Snicket's Series of	Movie: "Nacho Libre" (2006) Jack Black.	SportsCentre (Live) (E)	Movie: "She Drives Me Crazy" (2007)	Angels vs. Demons	Sadie Buzz	Royal Pains "Pilot" (N) (E)	UFC Unleashed	Carlawood
5:30 PM	Movie: "Elizabethan" (2005)	Okanagan	George Shrinks	Workshop	News (E)	News (N)	Dog	(5:01) NBA Basketball: Finals Game	Global	(4:59) News (E)	"Lemony Snicket's Series of	Movie: "Nacho Libre" (2006) Jack Black.	SportsCentre (Live) (E)	Movie: "She Drives Me Crazy" (2007)	Angels vs. Demons	Sadie Buzz	Royal Pains "Pilot" (N) (E)	UFC Unleashed	Carlawood
6 PM	Orlando Bloom. (E)	Global	Saddle	Lark Rise to Candleford	Paidd Prog.														
6:30 PM	Orlando Bloom. (E)	Global	Saddle	Lark Rise to Candleford	Paidd Prog.														
7 PM	Movie: "Elizabethan" (2005)	Orlando Bloom. (E)	Taking It Off (N) (E)	National Geographic	Nature "Killers in Eden"	Dateline NBC (E)	60 Minutes (E)	Hammer	King of Hill	King of Hill	Heartland (E) (DVS)	Movie: "Nacho Libre" (2006) Jack Black.	SportsCentre (Live) (E)	Movie: "She Drives Me Crazy" (2007)	Angels vs. Demons	Sadie Buzz	Royal Pains "Pilot" (N) (E)	UFC Unleashed	Carlawood

MONDAY, JUNE 15, 2009

	WTBS (3)	CHBC (4)	KNOW (5)	KSPS (6)	KHQ (7)	KREM (8)	A&E (9)	KXLY (10)	BCTV (11)	CITV (12)	CBC (13)	YTV (18)	TSN (19)	VTV (22)	DISC (24)	FAM (26)	CITY (29)	SPIKE (44)	TROP (45)
6 AM	Jeffersons	News (N)	(6:12)	Bob Build	News (N)	News (N)	The Sopranos	News	(5:30) News (N)	(4:30) News (N)	CBC News: Morning (N)	Being Ian (6:25)	SportsCentre	Canada AM	Daily Planet	Henry's King	CityLine	CSI: NY	Once a Thief
6:30 AM	Sanford	Tube Tales	George S.	Lions															
7 AM	In the Heat of the Night	Room That News	Martha Dora	Arthur (EI) Martha	Today (N)	The Early Show (N)	American Justice	Good Morning America (N)			Save-Ums! Animal	(6:50) Viva Casper	SportsCentre		Monster Moves	(6:56) Phineas	The Tyra Banks Show	CSI: NY "Super Men"	The Outer Limits
7:30 AM																			
8 AM	Cosby	Ad Pers	(7:58) Hi-5	Curious			Cold Case Files		100 Huntley Street	100 Huntley Street	Bo On Go	Pokemon	SportsCentre		How-Made	Weekend	Rachael Ray	CSI: NY	North of 60
8:30 AM																			
9 AM	Fam. Feud	Three Takes	Berenstain Clifford	Super Why!		The 700 Club	CSI: Miami	Regis and Kelly	100 Huntley Street	Hospital for Sick Kids	Super Why! Gofrette	Rolie Polie Timothy	Off-Record	Regis and Kelly	Daily Planet	Feet Tigger	News (N) City	CSI: NY	TV Made
9:30 AM																			
10 AM	Trivial	The Mom Show	Noonbory (10:36)	Sesame Street (EI)		The Price Is Right (N)	CSI: Miami	The View Hot topics (N)	World Vision	Debt Part House	Wilbur	Berenstain Dewitt	Motoring Rally	The View Hot topics (N)	Greatest Ever...	Mickey Handy	The O.C.	CSI: NY "Super Men"	What Videos
10:30 AM																			
11 AM	Harvey	One House	Rolie Polie	Dragon	Ellen DeGeneres Show	Young and the Restless	Crossing Jordan	Paid Prog.	World Vision	(10:59) News (N)	Martha Stewart	Willa (11:25)	NHRA Drag Racing: United	Twice in a Lifetime	Mayday	Benj Bear (11:25) King	The Bonnie Hunt Show	CSI: NY	Videos
11:30 AM	Steve H.	Guys	Berenstain	Sit-Be Fit															
12 PM	Fresh Pr.	Chef	(12:01)	Charlie Rose	Paid Prog.	News (N)	The Sopranos	All My Children (N)	News (N)	Days of our Lives (N)	News (N)	George S.	Association Supernationals (Taped)	etalk	Canada's Worst Driver	(11:49) Weekend	CityLine	CSI: Crime Scn	Seinfeld
12:30 PM																			
1 PM	Still Std	Home to Parents	Maggie Daniel	Fine Art Sewing	Days of our Lives (N)	As the World Turns (N)	American Justice	One Life to Live (N)	As the World Turns (N)	As the World Turns (N)	Steven and Chris	(1:05) Viva Ruby		Sue Thomas: E.B. Eye	Monster Moves	Dragon Emperor	ER	CSI: Crime Scn	Raymond
1:30 PM																			
2 PM	King	Guiding Light (N)	Franklin BluesClues	Barney WordWorld	The Bonnie Hunt Show	Guiding Light (N)	Cold Case Files	General Hospital (N)	Young and the Restless	The Doctors	Living To Be Announced	Flamingo (2:35) Being	Horn Interruptio	General Hospital (N)	MythBusters	(1:54) K. Possible	News (N)	CSI: Crime Scn	Raymond
2:30 PM																			
3 PM	Seinfeld	Split Ends (N)	(3:01) Zboomafro "H2O"	Big World WordGirl	Judge	Dr. Phil	CSI: Miami	Rachael Ray	The Doctors	Young and the Restless	Food	Pokemon	Sports	Dr. Phil	Canada's Worst Driver	Replace Emperor	News (N)	CSI: Crime Scn	North of 60
3:30 PM																			
4 PM	Payne	Debt Part	The rain	Fetch! Ruff	Judge J.	Oprah Winfrey	CSI: Miami	Deal No	Oprah Winfrey	(3:59) News Global	Fashion F. Red Green	SpongeBob OddParent	Billiards	Ellen DeGeneres Show	Daily Planet (N)	(4:08) Phineas	Law & Order: SVU	CSI: Crime Scn	Once a Thief
4:30 PM																			
5 PM	Payne	News (N)	Martha (5:35)	BBC News Business	News (N) NBC News	News (N) CBS News	Intervention "Kristen"	News ABC News	News (N) Global	(4:59) News (N)	Simpsons Fortune	OddParent SpongeBob	World Poker Tour (Taped)	News (N)	MythBusters	Suite Life Montana	The Bachelorette (N)	UFC Unleashed	Carlawood Parker
5:30 PM																			
6 PM	Movie: "The Fighting Temptations"	Global	Taste Buds Mechanics	News-Lehrer	News (N) Millionaire	News (N) Hollywood	Intervention "Donald"	News	(5:59) News (N)	ET Canada	News (N) Drake	Carly		News (N)	Dirty Jobs Lecches.	Zoey 101 Life Derek		UFC Unleashed	Ground Up
6:30 PM																			
7 PM	" (2003) Cuba Gooding Jr.	El News	Undersea	'Allo, 'Allo! Europe	Jeopardy! Fortune	The Doctors	Obsessed (N)	Entertain The Insider	Entertain ET Canada	Cold Blood	Coronatn Jeopardy!	Prank Ptrl	SportsCentre (Live)	etalk	Worst Handyman	Wizards Montana	Newlyweds	4th and Long (N)	Are You Smarter
7:30 PM																			
8 PM	Family Guy	Rocker	Around the World	Antiques Roadshow	Celebrity	Big Bang How I Met	Crime 360	The Bachelorette (N)	House (PA)	House (PA)	Movie: "René Lévesque II" (2009) (Part 2 of 2)	Malcolm Futurama	Off-Record	Big Bang	Daily Planet	Suite Life Buzz	News (N) (8:35) News	Pros vs. Joes: All Stars	Weekend Bob-Doug
8:30 PM																			
9 PM	Family Guy	The Soup	Buffy St Marie	American Experience	Law Order: CI	Two Men Big Bang	Intervention "Kristen"		Lie to Me "Pilot"	Lie to Me "Pilot"	(2009) (Part 2 of 2)	League Zixx Level	NASCAR Racing	Law Order: CI	MythBusters	Wizards Life Derek	(9:06) Jimmy Kimmel	4th and Long	Seinfeld
9:30 PM																			
10 PM	Movie: "The Fighting Temptations"	The Best Years (N)	On Screen	Crossroads	Dateline NBC	CSI: Miami	Intervention "Donald"	Newlyweds	Cold Blood	News Hour Final (N)	National	Falcon Beach	E:60	CSI: Miami	Worst Handyman	School Cory	(10:06) Love New York	Pros vs. Joes: All Stars	Raymond
10:30 PM																			
11 PM	" (2003)	News (N)	Haida Art Landscape	Charlie Rose (N)	News (N) Tonight	News (N) Late Show	Obsessed	News (11:35)	News (N)	Entertain ET Canada	(11:05) The Hour	Mystery Ghost	SportsCentre (Live)	News (N)	Dirty Jobs Lecches.	Suite Life Life Derek	News	Justice	Raymond
11:30 PM																			

Monday Movies

EVENING

6:00 pm WTBS (3) ★★½ "The Fighting Temptations" (2003, Comedy) Cuba Gooding Jr. To collect his aunt's inheritance, an unemployed man must form a gospel choir and lead it to success. (E)

8:00 pm CBC (13) "René Lévesque II" (2009, Biography) (Part 2 of 2) Emmanuel Bilodeau. René Lévesque becomes premier of Quebec in 1976,

but faces opposition when he tries to implement major reforms. (In Stereo) (E)

10:00 pm WTBS (3) ★★½ "The Fighting Temptations" (2003, Comedy) Cuba Gooding Jr. To collect his aunt's inheritance, an unemployed man must form a gospel choir and lead it to success. (E)

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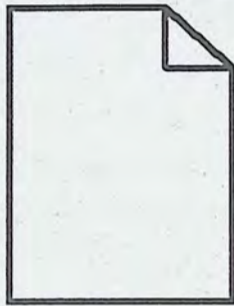
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My Turn...

Inferior Health?

The meeting was early one morning last week. Very early. I didn't even have time for coffee.

We met in a room on same floor Mom was on. It gave them home field advantage and I didn't like it. I like to be on home turf or at least neutral ground. I thought about protesting but decided against it, as I didn't want to be perceived as being a whiner.

We introduced ourselves to each other then my brother lobbed one at them. He heaped a ton of praise (deservedly so) on the nursing staff.

He stopped short of 'sucking up' but somewhere past 'a little too much' but it worked. It threw them off balance.

It was an excellent opening move.

Once they got over patting each other on the back we got down to business. They knew we weren't happy with the level of care Mom had been receiving in the 'holding tank' she had been calling home while putting in time on the waiting list no one is willing to admit actually exists.

They wanted to make it clear to us they took our complaints seriously so they made their opening move.

They first didn't seem to believe we could back up our claims because there are apparently standards in place at Inferior Health. But to be sure, three separate investigations were launched as a result of our complaints.

I was mildly impressed.

It also sounded like they were on the defensive and I liked it. Then my brother fed them a little taste of our evidence. They bit. At first they showed signs of shock that there was a flaw in the system, but the evidence clearly showed the standards they thought were in place were not being met. Or more accurately, were missed by a mile.

It was another great move, which knocked them off balance once more.

Then the negotiations began. They countered with three options for Mom we could discuss. I expected something really lame, like better meal selection or longer visitor hours.

They threw us off balance with three incredible options. Each one pushed Mom further up that non-existent waiting list. Two placed her in 'top priority' status. One was a huge carrot dangled in front of us.

Three peace offerings all wrapped in ribbon and bows.

It was at about that moment I realized we had in fact won. We took on Inferior Health and they couldn't handle staring into a mirror. It was too much for them to take. Our accusations forced the accountability issue to the point that although not a single person said they were sorry or apologized or admitted they were wrong, we had proven without a shadow of a doubt their health care system failed. And failed miserably.

The options were clearly their way of trying to please us to the point where we'd go away and leave them alone. Without admitting guilt. Which sort of ticked me off in a way but not enough to do anything more than point it out in an editorial.

Because the way I see it, a win is still a win and I think we won a big one.



Princeton Volunteer Fire Brigade in 1965. Front row (seated): Denis Clement, Mel Turner, Austin Fraser, Bruce Forsythe, George Angstadt and Louis Schulli. Middle row (standing): Danny Kraetor, Art McMann, Bill Forbes, George Kassa, Barney Hind, Danny Sulentich and Ron Reid. Back row (standing): Dave Brown, Jack Hume, George Meston, Dave Thomas, Bob Dunn, Jack Cunliffe and Les LaValley. Photo: Princeton Museum

...It's Still My Turn

Lessons learned from an inferior system

I've been trying to come up with the proper word to describe our recent experience with a care facility located in the central Okanagan.

Disappointed, disgusted, annoyed, angry, frustrated, dismayed and stressed are all words that come to mind as I think about the things my brother and I had to do as a family in order to advocate for improved care for our elderly mother.

While I'm still somewhat stunned and amazed that a care facility providing 24-hour care did not recognize the symptoms of dehydration, I cannot believe the number of people who have shared similar stories with me in the past few weeks since I started writing about it in my newspaper.

It's really not hard to see that the current system in place is inadequate and failing miserably.

I still can't get a straight answer from anyone when I ask why it took so long for the care facility to act when Mom was clearly not taking in any liquids. Surely her repeated vomiting spells would have been a clue that something was wrong.

If that didn't do it I would imagine the trays of untouched food taken

from her room would have been a dead giveaway.

We've had reports of staff at the care facility Mom has been in allowing her to sleep through meals when they were fully aware that she required feeding assistance (someone actually physically feeding her).

We had trouble getting data on Mom's monthly weight figures, which would have been another telltale sign. The facility got sloppy in recording those figures due to staff being on holidays.

So when I had had enough I wrote a letter to both Interior Health and the Minister of Health (and published in this paper and many others in BC). Not surprisingly the Minister has yet to acknowledge the letter, however, Interior Health acted swiftly and thoroughly.

In our last meeting with Interior Health last week in Kelowna we were told three separate investigations were launched into Mom's care facility as a result of our complaints. While it appeared at times they did not fully believe our story, they did not hesitate to basically give us whatever we wanted to not

only smooth things over, but to get us out of their hair.

It was very clear to me Interior Health did not appreciate being told their system is not working. A clear example of that was the 14-room ward Mom was on in Kelowna General Hospital. There were no less than 4 beds in the hallway during her 10-day stay. Each room holds four beds.

The pressure Interior Health puts on doctors and nursing staff to shuffle people in and out of hospital beds is nothing short of intense and here's where a lot of the problems come from. While our mother was near death in her first few days in KGH we were told more than once she was taking up space of someone far sicker than her.

It made me wonder what could possibly be sicker than near death.

Interior Health needs to examine the way it does business. It has top notch people working in a system that is not working which obviously affects the level of care.

My advice to those of you with family members receiving care, don't be afraid to complain to IHA. The nurses are only doing their job.

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EDITORIAL GUIDE

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The Editor reserves the right to condense any letter or to substitute proper language for improper language.

Current Comment

Will North Korea Not See The Light?



Dawn Johnson
editor@thenewsleader.ca

Last Saturday marked the 65th anniversary of D-Day. For those of you who are too young to recognize what that means, it was the anniversary of the invasion of Normandy, the beginning of the end of World War II. Thousands of Allied military men gave their lives on the beaches of Normandy. They made the ultimate personal sacrifice to stop a madman's dream of conquering the world for National Socialism. The madman was Adolf Hitler, and his military regime had subjugated Europe and hoped to conquer Russia. It took the tremendous effort of many other nations to stop him. England, along with all of the Commonwealth nations, plus the United States, put their efforts together to push back the Nazi army, air force and navy. At the same time, another nation had attacked the United States, and Australia, New Zealand, Singapore, the Phillipines, and all of Polynesia, Burma, China, Hong Kong and India redirected their attention to the threat of Japanese invasion.

Now, a tinpot dictator in North Korea is rattling his sword and his nuclear weapons potential, toward the rest of the world, but especially toward South Korea, Japan, and the United States. The sanity of this man must be questioned. He let his own countrymen starve while he spent the nation's money on developing nuclear capability. He calls the South Koreans "traitors" and just hates Japan and the USA on general principles dating back to 1953, when the United Nations sent troops to Korea and drove the Communist invaders north, creating a divided nation.

Like Hitler, and the Japanese leader Hirohito, this North

Korean dictator has never looked at a world map. I don't know what gets into these leaders that makes them think the whole world exists within their little countries. It is all very well to have pride in the achievements of one's nation, but a leader needs to be realistic, too, or lead the nation into death.

Hitler seemed to think Germany was so powerful it could go out and conquer the world. With the help of Mussolini, the Nazis made a lot of headway in North Africa as well as in Europe. Still, a good look at a globe should have awakened in him a little doubt. India, Canada and Australia, could swallow Germany's length and breadth dozens of times, to say nothing of the United States. What Hitler did not seem to recognize was the tremendous power of the resources at the disposal of the other continents.

Hirohito made the same mistake. China was easy to attack because it was poor. The Phillipines and Singapore were not prepared. Yet, even with the devastation of military strength at Pearl Harbour, the Americans recovered and entered the war on two fronts, as did Canada, New Zealand, India and Australia.

This North Korean dictator does not appear to have learned this lesson of history: when you are a small nation, your resources will run out before the rest of the world's resources, and the rest of the world will not quit until the little guy is crushed.

This North Korean dictator does not appear to have listened to world news during the past cou-

ple of decades, so he has not learned that the other nations of the world are not keen on allowing anybody to start wars, whether traditional or nuclear. In fact, threatening nuclear war is probably the worst mistake a nation can make these days. Nobody wants it, and nobody will put up with it.

It is said that power corrupts, but when I consider history, I suspect the power of dictators does not corrupt them, it drives them insane. No sane leader would have attempted what Hitler did, or what Hirohito did, or for that matter, Idi Amin and Saddam Hussein. Dictators tend to bite the dust out of their own arrogance, stupidity, and insanity. History shows the rise and fall of countless dictators, either through war with foreign nations or through assassination by their own countrymen who have had more than enough of oppression.

I sincerely hope somebody can put a stop to North Korea's dictator before he leads his nation into a war he cannot win. I am surprised his countrymen have let him last this long. If he continues in his madness, he will bring nothing but death to his people, and that would be a pity, because they are not to blame for what he does.

I do not know who said, "If we do not learn from history we are doomed to repeat it", but surely there are enough intelligent people in North Korea who have learned from history and could have taught the leader to look at the folly of his thinking. Of course, there is another old saying about leading a horse to water.

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Julia Halipchuk is excited to be working at Princeton Museum again this summer. She joins Kailee Smith and Blake Tarswell as the three summer students employed by the facility. *

MP says no to planned service reduction

According to the application summary found on the British Columbia Passenger Transportation Board (PTB) website, Greyhound Canada is applying to reduce service from two daily busses going in each direction through the riding of BC Southern en route to Vancouver or Calgary to one.

"Although this matter falls within provincial jurisdiction, if the application is successful, the result will have a profoundly negative effect on people throughout this riding," said Alex Atamanenko, NDP MP for BC Southern Interior. "I'm hearing that people and businesses count on these busses and any reduction of this service will be a hardship for many."

"The bus is my only transit and transportation connection for the holidays, to participate in workshops and health forums. Greyhound may be a private corporation but it is the only bus available connecting our communities and highways," said Shawna Schuh, resident of Grand Forks and a person with a disability, in a recent

email to Atamanenko's office.

Katrine Conroy, MLA for Kootenay West, also told Atamanenko, "I am very concerned about the proposed cuts to the Greyhound service levels in this area. I hope that the BC Passenger Transportation Safety Board takes a careful look at how this will impact people in the Kootenays".

Changes may include having to stay extra nights in Kelowna or Vancouver because of the time of day when the "once a day bus" will leave or waiting several hours to make connections to Vancouver Island.

Scheduling appointments in the larger centers, while not easy now, could become even harder with reduced access to Greyhound's service.

The people of Princeton have already experienced loss of service to their area. According to the mayor, Randy McLean, regionalization of medical and other government services has led to seniors and those with disabilities facing more complications and increased

expenses when trying to organize appointments around the new Greyhound schedule than they did previous to the changes.

"The Greyhound run from Calgary along Highway 3, through the various smaller communities, to Vancouver, was once the highest revenue producing run in Canada for Greyhound," he says.

"After the changes were implemented, the bus service became more difficult to use for those living along Highway 3, ridership was reduced and now Greyhound wants to further cut the service. Since Greyhound holds a monopoly on these routes, they have the responsibility to serve everyone in the region," McLean added.

Atamanenko says that he is aware that regional districts, municipalities, organizations and individuals through the region are making their views known to the PTB. He feels that it's important to speak up now in an effort to preserve the convenience and access that is presently available.

"The proposed reduction of service by Greyhound is just not acceptable," Atamanenko concluded.

The deadline for public comment on Greyhound's application to the Passenger Transportation Board is June 17, 2009.

According to their website (<http://www.ptboard.bc.ca/>), interested parties may submit written comments to:

Passenger Transportation Board
 PO Box 9850 Stn Prov Govt
 Victoria, British Columbia,
 V8W 9T5
 Fax: (250) 953-3788
 Email: ptboard@gov.bc.ca
 Quote "application X71-09"

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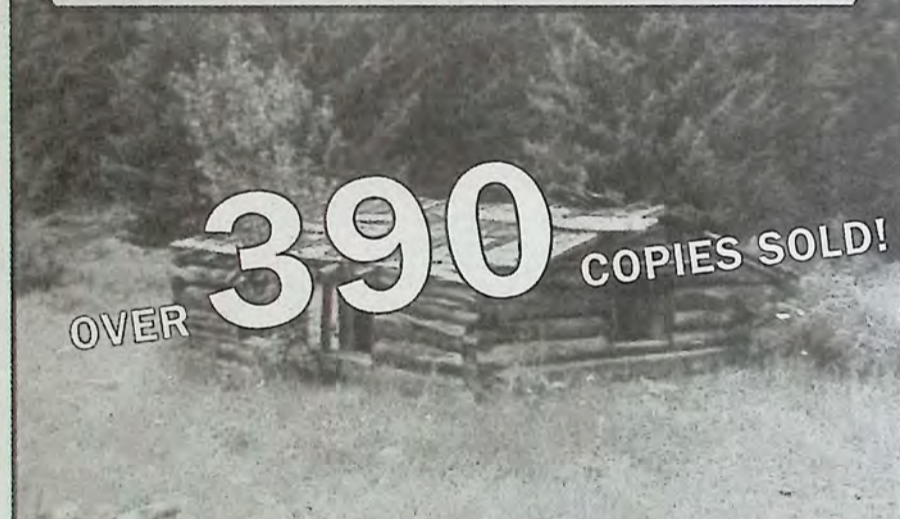
Ghost Town

A town that has been abandoned, usually because the economic activity that supported it no longer exists.

There are a total of six such ghost towns in the Princeton area:

Allenby, Blackfoot, Blakeburn, Copper Mountain, Granite Creek and Leadville.

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The Annual "Rootz" celebration weekend was held in Armstrong on May 29th, 30th and 31, 2009. This celebration is held to honour, celebrate aboriginal culture, and to honour foster families that take in aboriginal children, it is a great way to keep children connected with their culture. Taneesha Beaupre, seen here, was invited to perform again at this years event. Other events such as first nations and metis storytelling, drumming, bannock on a stick, face painting, tomahawk throwing, art demonstrations, genealogy, mural painting, red river cart rides, and inukshuk making took place. Photo: Karen Beaupre

FortisBC files power plan

Increased self-sufficiency, expanded conservation programs and a diversified generation portfolio that is primarily focused on clean, renewable resources are the cornerstones of FortisBC's 20-year Resource Plan filed with the British Columbia Utilities Commission (BCUC).

FortisBC currently generates approximately 45 per cent of its electricity requirements. The balance is met through short and long term power purchase arrangements including an increasing reliance on spot market purchases.

"Our plan for meeting customer's increased electricity demand in the future will start with expansion of our PowerSense conservation programs," said John Walker, President and CEO of FortisBC. "However, conservation will be insufficient by itself."

In the filing, FortisBC outlines an intention to meet 50 per cent of new energy demand through conservation by 2020. The Company's forecast shows that after these targets are met, the growth in customer demand for electricity that will need to be met through supply side resources is expected to be approximately 25 per cent over the next 20 years.

"Our four generating stations on the Kootenay River have served us well but to meet customer's long term electricity needs, we need to both expand our conservation pro-

grams and add new generation resources over the next 20 years," said Walker.

The 2009 Resource Plan filed with the BCUC seeks acceptance of a power supply resource portfolio that includes a combination of small hydroelectric power, pumped storage hydroelectric power and other clean, renewable power projects, along with peaking natural gas generation. The natural gas resource is planned to be used on a temporary basis until the other proposed long-term generation resources can be developed, and later remain as a standby generation resource.

FortisBC's 2009 Resource Plan is well aligned with the British Columbia Energy Plan released in 2007, which envisions provincial self-sufficiency and emphasizes the importance of energy conservation programs and clean energy.

"In the process of developing the Resource Plan, FortisBC met with representatives from more than 15 communities and gathered input from over 1,200 customers through workshops, focus groups and public opinion surveys," said Walker.

"This input helped us better understand public attitudes and preferences about future resource options. Our preferred solution reflects this input."

Public open houses are planned over the next few months as the next step in the Company's consul-

tation process. These open houses will outline FortisBC's findings to date and solicit further feedback on the Resource Plan.

The BCUC will establish a schedule for the regulatory process to review the 2009 Resource Plan in accordance with the BCUC's resource planning guidelines. For more information on how to get involved in the regulatory review process, visit the BCUC website at www.bcuc.com.

The full plan including appendices is available on FortisBC's web site at www.fortisbc.com as well as BCUC's website at www.bcuc.com.

About FortisBC Inc.

FortisBC Inc. is an integrated regulated electric utility based in Kelowna.

Focused on the safe delivery of reliable and cost-effective electricity, FortisBC serves approximately 158,000 customers directly and indirectly through wholesale utilities in the southern interior of B.C. FortisBC owns and operates four regulated hydroelectric generating plants and approximately 7,000 kilometres of transmission and distribution power lines.

FortisBC employs over 500 people in British Columbia and is an indirect wholly owned subsidiary of Fortis Inc., the largest investor-owned distribution utility in Canada.

Fortis Inc. shares are listed on the Toronto Stock Exchange and trade under the symbol FTS.

Additional information can be accessed at www.fortisinc.com or www.sedar.com.

www.frameyourpets.com



Kailee Smith looks forward to seeing you at Princeton Museum. Smith, along with two other students, will greet many visitors this tourist season at Princeton Museum on Vermilion Avenue. *

..... continued from Page 9
told, whether the downtown fire a week before Christmas in 1945 that destroyed a whole block or the various Hotels that have burned over the years, all have their own stories. For example, when the Jackson House Hotel had burned there was no water in the tanks. In his haste a fireman had placed the pumping

plant too close to the building's smoke stack which had fallen, destroying the dampening source. Perley Russell writing, in the Similkameen Star of May 29th, 1930, of Johnny Campbell, at the time (1905) fire chief and the Town's druggist, "I remember at the Jackson Hotel fire the smoke was coming out in bushels. But there is

Johnny creeping out of the building on his hands and knees, below the smoke. Johnny had seen service in Nelson, he knew his stuff." Even today, it sums up the spirit of Princeton Volunteer Fire Service well.

Vermillon Court Report

by Dorothy Stenvold

Since last week we haven't done very much. The weather has been very warm so any activities have mostly been done in the morning. We are thinking of our fall plant sale so several of us try to take cuttings from our older plants to start new ones. One never knows.

Like me, I had two volunteers come up in an 8-inch pot so I let

them grow - and grow they did! At least 10-feet tall.

By this time they haven't let me know what to call them. They are large and don't look like anything grown before. So if possible I'll take them to the Fall Fair for others to see.

There hasn't been anything else I can think of. Perhaps next week there should be.

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