# Similkameen 75th August 1986 A

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Tuesday, July 14, 2009



# Town controls dog kennels

In a motion made by Councilor Ray Jarvis and seconded by Councilor Marilyn Harkness the Town of Princeton gave Kennel Bylaw #819, 2009 three readings at the July 6th regular meeting of Town Council.

The introduction of a bylaw to regulate kennels was brought forward to set standards for the care of multiple dogs boarded in the same area and to establish the zones in which kennels can be operated. The kennel bylaw is different from the animal control bylaw and includes the following restrictions:

kennels are only allowed on properties zones M2 – Heavy Industrial

- maximum density of ten dogs per site

- minimum kennel sizes are defined

- requirements for property screening

 standards of care (clean environment, food and water requirements) are defined

- noise control

A number of the provisions within the bylaw have been adapted from the Canadian Veterinary Medical Association's 'A Code of Practice For Canadian Kennel Operations (2007)' and also provides additional resources for the Animal Control Officer in ensuring appropriate standards of care for dogs within a kennel facility.

### Town Council awards

A total of five contracts with a total value of \$886,900 were awarded at the July 6th regular meeting of Princeton Town Council.

#### 107 Vermilion Avenue

The first contract, worth \$18,617, went to Actes Environmental Ltd. for the removal of hazardous materials (asbestos) at the former Goldion Restaurant location at 107 Vermilion Avenue. Councilor Marilyn Harkness made the motion, seconded by Councilor Ray Jarvis, to award the contract to the lowest of three bids received.

The Town of Princeton had engaged Pacific Environmental Consulting (PEC) to provide a pre-renovation hazardous material survey on the new library location. A report was received February 23 of this year outlining the presence of hazardous materials that would require abatement prior to the start of renovations.

The hazardous materials survey

and abatement work were not originally contemplated in the overall library renovation project. The abatement work must be done prior to renovations as per WorkSafeBC regulations. The removed asbestos will go to the local landfill site at a specified location.

#### Wooden Bridge

The second contract, valued at \$19,928, went to Mainroad Lower Mainland Contracting Ltd. for repair work on the wooden bridge, which crosses over the Tulameen River. The motion was made by Councilor Frank Armitage and seconded by Councilor Marilyn Harkness to award the contract for interim repair and rehabilitation on the structure.

Watson Engineering Ltd was engaged to provide an inspection of the bridge and submitted a report to the Town of Princeton in February 2009 following inspections conducted in June, August, September and October 2007.

The first report was used as the basis for a Building Canada Fund

Similkameen

application submitted to the federal government on March 16, 2009. This application is still outstanding.

Considerable wear and tear has taken place on the bridge since the original inspections and a supplemental inspection was done. Watson Engineering Ltd. provided a supplemental report on June 2nd, which recommended a number of remedial works be completed, that

could not wait until funding was secured for the overall rehabilitation of the bridge.

"In my opinion we need to do this repair in a hurry," stated Mayor Randy McLean.

The bridge will be closed to all traffic for about a week so that repairs can be completed.

#### Water Reservoir

The third contract was awarded to

Acres Enterprises Ltd. to construct the water system extension project 1,500 cubic metre reservoir. Councilor Frank Armitage made the motion, seconded by Councillor Ray Jarvis, to award the \$595,355 contract.

ntracts

The water system extension project consists of three main components: the water main piping, concommunity continued on Page 2

### Town enforces

A policy was adopted at the July 6th regular meeting of Town Council that will save those who break bylaws a few bucks.

Formally known as #04-2009 Municipal Ticket Information (MTI) Form B Fine Reduction Policy, it was adopted to coincide with new bylaw enforcement mea-

The Town of Princeton Bylaw Enforcement Department started issuing bylaw infraction fines on July 6th along with parking violation tickets.

The proposed policy is expected to encourage those who have been fined for a parking violation to pay it within 72 hours.

Fines paid in that time frame will be half price.

For example parking in a yellow zone is a \$50.00 fine. \$25.00 if paid within 72 hours of receiving the violation ticket.

In 2007 the Town of Princeton started a multi-phase approach to updating and enhancing bylaw enforcement in the community. The phases were:

- updating the municipal bylaws
- a pilot bylaw infraction enforcement with the issuance of warning tickets

The third and final phase is the issuance of fines through a Municipal Ticketing Information

bylaws

system.

Council had identified a number of municipal bylaws that required immediate updating which included traffic, animal, noise and unsightly premises bylaws. Those have been updated.

Last July the Town of Princeton launched a pilot bylaw infraction enforcement program where warnings were issued to violators. Last week the final phase went into effect and the Town of Princeton has a full time bylaw enforcement officer on staff to issue the fines.

Similkameen News Leader



Posse 2009/10 schedule released - Page 11 Princeton's Got Talent - Pages 24, 26 & 27

Princeton Court News - Page 7

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CALL FOR DETAILS Similkameen News Leader

### The History of Princeton, British Columbia - In Print! -04 Summer 09



### Historic trails surround us

by Kelley Cook, Trail Rehabilitation Project

The Historic traits around Yak-

Consummer
The Historic traits around ValTulameen... Allison..., Vermilion
Forke... Princeton
The make geoptle that first inhabited
Western Canada had an extensive network of traits. They had
pleaty of time to flight the best
rustes that followed the over valleys and open rules. These arcient
traits lead to their hurling and gashcring grounds and were also used
to strade with other tribes.
In the early 1800's the fur inaling
begun in western Canada and the
Celumbia River was the main
transportation ruste between Fort
St. Jamus (established by Seman
Fraser of the North West Company)

by John Aster of the Buille Fur Contrany in ISBO. Asterious arche-port at the mouth of the Columbia River where it flows into the Paulic Occur.

The Hudson Bay Company (HBC) merged with the North West Company of Montreal in 1821. They samed to establish themselves in the west and built Fort Langley in 1827 and Fort Victoria in 1843 to creame British presence.

fished the international boundary at the 49th parallel. New all British trade routes had no be found to con-

### highway of the early pioneers

history of the Similkameen Valley. When I first moved to the area in

drift book to the time when the railway was in it's infancy and wonder
what life would have been like
took then. I had been been 100
years too late to experience growing up at a time when the railwas the super highway of it's day.
The super highway of it's day.
The super highway of it's day
the original transpondition routes
into the Valley.

Princeptor.

out ine towers and wires it sec-tions where bluffs and slides exist-ed there had to be enough room for people and animals to pass. Apparently builders on the job roade \$496,000 per mile to meet

those guidelines.

To be able to still identify traits duting back over 150 years I find nothing less than astoni-shing.

The fourth issue of Princeton BC News was printed late last week and copies are now available in various locations around Princeton, as well as at the News Leader office. The free publication follows the theme of 'historic trails' and features many never before seen photos from Princeton Museum. \*

### News

The fourth issue of 'Princeton BC News' was published late last week. The 8-page mini-newspaper continues to draw attention.

"Rarely a day goes by without at least one person stopping by our office for copies so they can have the whole set," says News Leader Owner/Publisher George Elliott.

"There's copies floating throughout North America and many have been sent around the world, which still surprises me."

The historic guide idea came to life just over a year ago.

"We used to publish a tourist information guide titled 'Discover The Similkameen' and at one time published a Winter and Summer edition," Elliott explains.

"We eventually couldn't get it into tourist information centres anymore and the local Chamber of Commerce refused to endorse it, so we just dropped it."

Elliott says a conversation with Nick Mills of Princeton Museum & Archives launched the idea of a 'historic newspaper' which Elliott designed into an informational piece of history heavy on facts and supported by photos from the Museum.

"Before I knew it we had support from the Town of Princeton Parks, Recreation & Culture Department and the Economic Development Officer in addition to complete access to whatever we needed from the local archives. It came together pretty quick, actually,"

The newest issue, the fourth published in only 13 months, centres on a theme of Historic Trails.

"Kelley Cook had approached me about the time the second issue was

near completion with an idea to build an issue around local trails and I thought it was a great idea."

Cook, Mills and Elliott wrote the content for Issue #4 which describes the history behind the HBC, Dewdney, Hope Pass and Whatcom Trails and touches on future rehabilitation plans to enhances sections of each.

There's also a tribute to Eric

Jacobson, Bob Harris, Harley Hatfield, Bill Huges and Dan Rice for their years of work in locating and promoting the old historic

"It's too bad Eric passed away while we were working on this as I'm sure he would have come into my office and told me it was about time I did something about the trails," Elliott adds.

### awards contracts

.... continued from Front Page -struction of a booster station and construction of a reservoir.

The original water system extension project contemplated a reservoir with a capacity of 755 cubic metres. Subsequent to the funding application and approval staff and engineers investigated the added benefits of increasing the size of the reservoir, which would allow for future development capacity and fire flow capacities.

**Booster Station** 

The fourth contract, valued at \$230,000, was awarded to Cumming Construction Ltd. Councilor Ray Jarvis made the motion, seconded by Councilor Marilyn Harkness to award the contract for the construction of a water booster station near the Princeton

As part of the three-part water system extension project, the booster station, along with the reservoir, will complete the major construction components of the extension project. Museum Expansion

The fifth contract, worth \$23,000, went to M. Milligan & Associates Ltd. in a motion made by Councilor Frank Armitage and seconded by Councilor Marilyn Harkness.

The contract is for the design and engineering work to support the renovations needed in order to expand the museum into the library area and provide for a climate controlled space in the basement to house archives.

The Town of Princeton/Community Forest Corporation received a request for funding from the Museum & Archive Society for renovations to the museum building in January 2007. The project as identified in the proposal was a \$300,000 capital project, which included moisture remediation work, structural renovations, electrical upgrades, mechanical upgrades and new displays.

Since then remedial work has been completed to address moisture problems. A data logger has been installed to monitor moisture and humidity levels in the basement to ensure that work completed is sufficient and has been running since January 2009. The information collected will be used to produce a mechanical recommendation and design plan.

### Town hosts airshow 'meet and greet'

The Town of Princeton will be hosting a "Meet and Greet" Friday July 17 at 7:00 PM at the Riverside Theatre where the public will have a chance to meet the featured performers and pilots of Airshow

2009

The pilots from the Fraser Blues Precision Formation Team and the members of the Canadian Forces Skyhawks Parachute Team will be at Riverside Theatre Friday evening at an informal public reception.

This will be the perfect time to meet the airshow's featured performers up close and personal. The performers will be providing the public with a sneak peak as to what to expect

Saturday during the airshow. Airshow 2009 features the Fraser

Airshow 2009 features the Fraser Blues Precision Formation Team, the Canadian Forces Skyhawks Parachute team, the Canadian Air Force CF18 Fighter Jet, Forest Service Rapattack Team and heritage aircraft from the Canadian Museum of Flight.

Static displays, food vendors, souvenirs, kid's tent and much more are all at airshow 2009. Gates open off at Airport Road at 10:00 AM and admission is by donation. All proceeds to the Princeton Regional Airport Improvement Fund.

### Town amends parking bylaw

The Town of Princeton Highways, Traffic and Parking Regulations Amendment (781) Bylaw No. 817, 2009 received three reading at the July 6th regular meeting of Town Council.

The proposed bylaw amendment, moved by Councilor Marilyn Harkness and seconded by Councilor Frank Armitage, amends Bylaw No. 781 which was adopted by Town Council in 2006. Bylaw No. 781 replaced a bylaw dating from 1991.

The amendment provides for restrictions to parking in a designated disabled parking zone. With the addition of designated disabled parking areas, it was necessary to restrict vehicles that do not have appropriate permits from parking in those areas.

The bylaw amendment also clari-

fies and adds to the roadway parking restriction to include trailers of a commercial or industrial use. This provision is to ensure that large tractor trailers do not park on roadways for more than 72 hours including residential streets.

The bylaw also includes an amendment to the fine schedule to include fines for violating the amended provisions.

For example, the fine for parking in a disabled parking zone is now \$100.00 and the fine for commercial or industrial trailers or vehicles is \$35.00.

Town Council continues to update and fine tune many existing bylaws on record at Town Hall. Some need major overhauls while others just need a slight change but all must go through the same process before adoption.





Princeton Centennial Pool staff get into the spirit of 'Blue Hawaii' Fun Night July 8th. The fun night included games, contests, prize draws and plenty of snacks enjoyed by all in attendance. \*

# Princeton Town Hall News

#### NOTICE OF BRIDGE CLOSURE

Please be advised that the Brown Bridge will be closed from Monday July 20th to Friday July 24 for maintenance. All traffic will be redirected via Old Hedley Road to Highway 5A for the duration of the closure.

#### SUMMER ADVENTURE CAMP SALE

The summer adventure camp is slashing its price for the summer to help kids come to camp.

Day camp is a place for kids to spend time with friends, be active and creative. Walking/biking trips to local venues, swimming at the pool and splashing at the water park. Registering for a week long camp entitles you to the Child Tax Benefit refund.

New camp prices: 1 week/\$75.00 or daily for \$15.00. Weekly camps will run until August 14 from 9am to 3pm Monday to Friday at VFE school.

Call Nadine at 250-295-6067 to register.

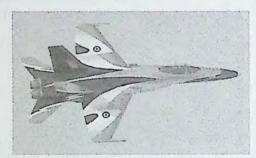
#### **2009 PROPERTY TAX NOTICES**

Tax Notices for 2009 have been mailed. If you have not received a Tax Notice please contact the Town Office at 169 Bridge Street or telephone 250-295-3135. Owners are responsible for 2009 Taxes and applicable penalties, regardless of whether or not a Tax Notice is received.

Payments and/or Provincial Home Owner Grant applications must be in the hands of the Collector at the Town Office by close of business on Thursday July 31, 2009 to avoid the Penalty of 10%.

Postmarks are NOT accepted as date of payment.

## airshow 2009



MEET AND GREET
THE SKYHAWKS PARACHUTE TEAM
&

FRASER BLUES PILOTS FRIDAY JULY 17 at 7PM RIVERSIDE THEATRE



AIRSHOW 2009
PRINCETON REGIONAL AIRPORT
SATURDAY JULY 18TH

Grab your lawn chairs, slather on your sunscreen and get ready for the 2009 Princeton Regional Airport Appreciation Day and Airshow Saturday, July 18<sup>th</sup>.

Returning for 2009 is the Fraser Blues Precision Formation Team. The team of vintage circa 1940 Navion aircraft will take to the skies for two shows this year. Watch as they conduct precision formations over the skies. The team consists of ex-military pilots (two former Canadian Air Force Snowbirds) and airline captains. Also returning is the thundering CF18 Hornet Fighter Jet. The CF18 is the frontline jet fighter of the Canadian Air Force. The jet is flying out of Cold Lake Alberta, a mere 20 minutes away by supersonic jet! New this year is the SkyHawk Parachute Team. This elite

New this year is the SkyHawk Parachute Team. This elite twenty member team of the Canadian Army thrills audiences with their precision formations in the sky. Their signature jumps include team members with Canadian flags and trailing smoke. The Canadian Museum of Flight will be attending with three of their vintage aircraft: 1942 Harvard, 1936 Waco and a WW I Sopwith Camel replica.

See aircraft from the RCMP, Canadian Coast Guard and Ministry of Forests as well as static displays of private aircraft, The Armed Forces and RCMP will also be providing static displays

Crews from Princeton Fire Department, Ground Search & Rescue, and Fire Suppression Initial Attack Crew will be on hand all day to showcase their invaluable service to our community. Stop by the Kids Tent for lots of fun. Learn more about radio controlled Jets that use our airport on a regular basis and take a tour at the Weather Station.

Gates open off of Airport Road at 10:00 a.m.
Admission by donation.

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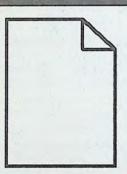


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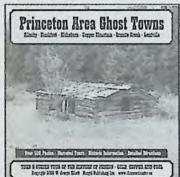


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### Koromoos Nows



Lower Similkameen Indian Band was one of nine First Nations Bands to participate in the 'Pulling Together Canoe Journey '09' last week. The trip started at the North end of Okanagan Lake July 4th and ended July 10th in Skaha Lake (above) at Okanagan Falls. Photo: Brenda Engel

### Fire keeps

Five incidents in two days kept the Keremeos Volunteer Fire Department busy. Firefighters responded to three motor vehicle incidents, a structure fire and a forestry assist.

Friday's (July 3rd) incidents started off with a call to a structure fire on Middle Bench and Highway 3, Keremeos. The fire was in a playhouse. The damage was approximately \$100.

Minutes after this incident one of the KVFD officers, returning to Keremeos, came across a car and brush fire just south of Yellow Lake. The officer kept forestry

updated on this incident until forestry crews arrived, otherwise KVFD assistance was not required.

Approximately one hour later, firefighters attended a motor vehicle incident on Main Street, Olalla. No extrication was required. Firefighters assisted ambulance.

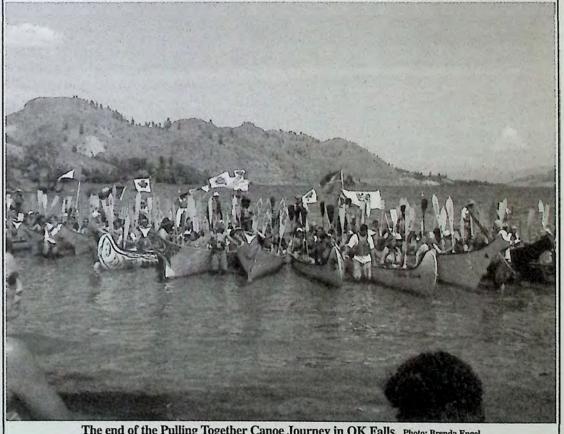
Within three hours, the firefighters were called to another motor vehicle accident, a man who had been run over by a tractor in Cawston. Firefighters assisted ambulance.

On Saturday, July 4th extrication

was required at a motor vehicle incident on Highway 3 near Daly Drive in Cawston. The female driver was the only occupant of the vehicle. She was taken by ambulance to hospital with serious injuries.

#### Kitchen deck fire

In the early hours of Wednesday, July 8th, at 2:00 AM, the Keremeos Volunteer Fire Department was called to a kitchen/deck fire. The fire, on River Road in Keremeos, had started in the enclosed deck. 10 firefighters were on scene for approximately 2 hours.



The end of the Pulling Together Canoe Journey in OK Falls. Photo: Brenda Engel



Princeton Museum opened 'Museum 2' this week - a special summer exhibit of photos and artifacts that are not normally on view at the museum. Museum 2 is located on Vermilion Avenue in the Town Square, Above, Kailee Smith poses with part of the display on Susan Allison. \*

### II Business News

### **CFIB - Canadian Federation of Independent Business**

The Similkameen News Leader is one of many local small business members of the CFIB.

Credit card companies and major Canadian banks challenged to adopt a Code of Conduct for small business

In its continuing battle against unfair credit card practices affecting merchants across the country, the Canadian Federation of Independent Business (CFIB) is challenging Visa, Mastercard, chartered banks and card processing companies to adopt a Code of Conduct on behalf of the small business sector.

"Small firms across Canada are outraged with the dramatic rise in credit card merchant fees and the introduction of new premium cards by Visa, Mastercard and Canadian banks. It is time that the various players in the credit card industry demonstrate reasonable business practices for consumers and merchants, especially as we fear the current unfair policies and fees may be expanded into debit services offered by Visa and Mastercard," said Dan Kelly, CFIB's senior vice-president of legislative affairs.

CFIB is pleased that governments are paying close attention to this issue following hearings by the Senate Committee on Banking, Trade and Commerce, the Competition Bureau and the combined House of Commons Standing Committee of Industry, Science and Technology and Standing Committee on Finance. CFIB has raised this issue with Finance Minister Jim Flaherty, Opposition Leader Michael Ignatieff and dozens of other MPs and ministers. "In all our dealings with government, we have been clear that regulation of the credit card industry is not our first choice, but may become necessary if we do not see any movement on implementing a more transparent and fair card processing fee system for small firms," said Kelly.

As an alternative to strict regulation of the industry, CFIB is calling on credit card companies and the banks to adopt a Code of Conduct for small business. CFIB has prepared a code to focus on 10 principles it feels would significantly improve the relationship between credit card companies, card processing companies and banks with their small business clients. These practices include:

- Premium cards should never be distributed without the request of a customer;
- Merchants should know the total

fee associated with a card before accepting it;

- Merchants should be able to refuse any card or assess a fee for accepting it;
- Merchants should be able to exit a contract without penalty if the terms change; and,
- Credit card companies should commit to never introduce a "percentage of sale" fee should they enter the debit card marketplace.

"We are very pleased many of CFIB's principles were endorsed in the recent report of the Standing Senate Committee on Banking, Trade and Commerce, including the need for a code of conduct. As a result, we are calling on credit card companies, Canada's banks and the card processors to work with us on this code in the weeks ahead," Kelly added. "Should these institutions not wish to consider these voluntary practices, CFIB will have to consider alternate strategies to protect the small business sector."

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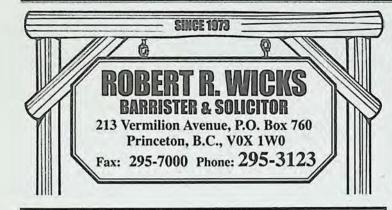
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### Public open house Rate design

### Your views are important to us.

FortisBC is seeking public input as we review how existing electricity rates are structured for all customers—residential, commercial, industrial, wholesale and irrigation—and determine what updates to rate structures are needed.

Over the next few months, FortisBC will be completing a review of cost of service and rate design to make sure rates charged to customers are fair and equitable. We invite you to learn more about rate design options and share your thoughts on this topic with us. Some examples of rate design options include conservation-based rates such as critical peak pricing, inclining rates, and time of use rates.

Feedback received from customers and stakeholders will be considered, along with technical and financial information, as FortisBC prepares a rate design application for submission with the BC Utilities Commission in September 2009.

Please drop by any of the following open houses. Each open house will begin with a presentation at 6 p.m.:

Monday, July 27, 2009 | 6-8 p.m.

Rotocrest Hall, 2308 19th Avenue

Castlegar: Tuesday, July 28, 2009 | 6-8 p.m. Sandman Hotel, 1944 Columbia Avenue

Wednesday July 29, 2009 | 6-8 p.m.

Manteo Resort, 3762 Lakeshore Road

Thursday, July 30, 2009 | 6-8 p.m.

Sonora Community Centre, 8505 68th Avenue

For more information, call 1-866-4FORTIS (1-866-436-7847) or visit www.fortisbc.com.

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### Health / Lifestyle News

### 80 per cent of homes fail smoke alarm inspection where woman perished in fire

(NC)-It may be just one city and one education blitz. But fire safety officials everywhere are worried that results of a smoke alarm inspection in a neighborhood surrounding the home of a 61-year-old fire victim is indicative of complacency right across the country.

Fire officials in St. Catharines, Ontario recently found that roughly eight of 10 homes they inspected three days after a local resident died from fire, lacked adequate smoke alarm protection. They launched the impromptu safety blitz following the tragedy, hoping nearby residents would be more receptive to their smoke alarm messages.

What firefighters found instead was that in 32 of 41 homes visited there were no smoke alarms present, or batteries were missing, or there were not enough alarms installed in the home.

Tragically, although the victim had two smoke alarms in her home at the time of the fire, neither was working because they didn't have batteries.

"Tragedies like this could be prevented easily and inexpensively," says Carol Heller, a home safety specialist with Kidde Canada, the country's largest manufacturer of smoke and carbon monoxide alarms. "Batteries are affordable to just about everyone. And when it comes to adding or replacing smoke alarms, there are makes and models to suit almost any budget. It is essential to protect your family from fire, in accordance with laws or recommendations made by fire safety organizations."

Ontario law requires a working

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smoke alarm on each storey of a home and outside sleeping areas. The National Fire Protection Association recommends the same alarm placement in provinces where no formal law exists.

Beyond having the correct number of working smoke alarms installed and making sure they are all less than 10 years old, one of the most dangerous smoke alarm issues involves tampering.

"We know that people remove alarm batteries if they go off due to cooking or shower steam," Heller says. "But with today's new technology, there is no excuse to put your family at risk this way. Simply installing the correct alarms in the proper locations can reduce false alarms significantly."

Heller also notes that homeowners should only purchase smoke alarms equipped with a "Hush" button that, when pushed, silences a false alarm temporarily so steam or smoke from burnt food can be cleared. The alarm will re-sound if a real fire is detected, and at the end of the "Hush" period, the alarm resets

Heller also points out that there are two types of smoke alarms available, ionization alarms and photoelectric alarms. Testing shows that near kitchens, photoelectric alarms are the best choice as they are sensitive to slow smoldering and other fires typical of this area of your

More safety tips can be found on the www.SafeAtHome.ca web site.

### Living Past 100

### **Old And New Arthritis Treatments**

Osteoarthritis is the name for a condition in which the cartilage in joints wears down and the bones rub together. This is an extremely painful disorder. It is called a disorder because it is not caused by a virus or bacteria, but is often the result of too much wear and tear on the joints.

Some people never get osteoarthritis, and some people get it very young. It can be a crippling condition, especially in the knees, hips and fingers, If you cannot walk comfortably or cannot use your hands properly, you are somewhat disabled.

Hip and knee replacements are very common surgeries these days. Osteoarthritis hurts a great deal, but so do the surgical after effects. Healing takes time, and even when months have passed, the replacement parts do not always work as well as the original. The human body is amazing: to replace a knee joint, surgeons put in a joint made of titanium, the strongest metal known. That's how much wear and tear we put on our joints.

The latest treatment for osteoarthritis includes taking four cod liver oil capsules twice daily. Cod liver oil is a good source of Vitamin D as well as those important Omega factors in any fish oil. British medical researchers proved cod liver oil not only relieves pain and stiffness of the joints, it reverses the damage done to cartilage.

An old remedy for the pain of osteoarthritis is devil's claw. Herbalists recommend taking two grams of devil's claw daily for best results.

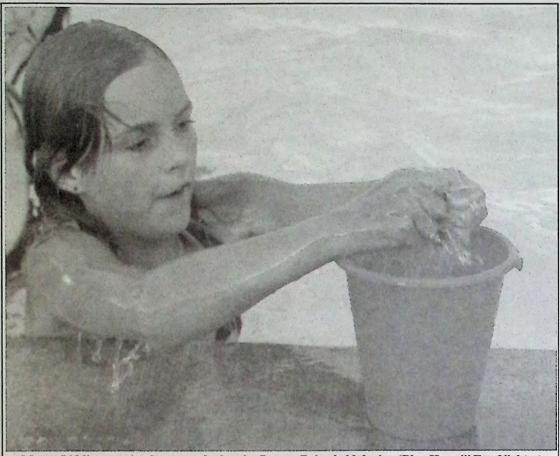
Researchers in Belgium found that a combination of Glucosamine sulfate and chondroitin relive joint pain, and actually reversed damage done to the

If you are in the early stages of osteoarthritis, that is, you are beginning to experience pain and stiffness in any of your joints, now is a good time to start trying some of these so-called "home remedies" to prevent further

Doctors in the Netherlands, in studying the relationship between the workers and their likelihood of developing osteoarthritis, discovered that those workers who lift a lot of heavy things, triples the risk of developing osteoarthritis of the hip joint.

While going out and buying the home remedies for osteoarthritis, think about the amount of punishment you put on your hips and knees every day by your body weight. If you are overweight, you are putting more pressure on these joints. Think about how much you weighed when you were young, and how much you have gained since then. When you were young, your body was probably carrying the amount of weight for which you are built. The more you add to that weight, the more you put stress on your joints. Try to get back to the body weight you had at age 18 or 19. You will feel a whole lot better if you do and you may be able to prevent being crippled in your later years.

Some people may shrug off worrying about how they will be, physically, in their old age. Think about this: the government will be paying you to do as you please. Wouldn't you like to be physically able to enjoy the freedom?



Megan Liddicoat assists her team during the Sponge Relay held during 'Blue Hawaii' Fun Night at Centennial Pool July 8th. Three teams battled for candy prizes. \*

### Princeton Court News

#### **Exclusive to the News Leader - by Dawn Johnson**

Drivers lose licences

In Provincial Court in Princeton on July 9, a number of drivers entered guilty pleas to charges related to driving violations.

Kirsten Aitchison, of Princeton, was driving while prohibited on April 8, 2008, when stopped by police. She was ordered to pay a \$500 fine and is prohibited from driving for one year.

Sidney J. Byle pled guilty to driving with over .08 blood alcohol. He will be sentenced November 12, 2009.

William Cook pled guilty to impaired driving on June 30, 2007. He was apprehended following a complaint to RCMP of a vehicle being driven in an unsafe manner. The officer who stopped him noticed signs of impairment along with opened bottles of liquor in the vehicle. Cook was fined \$1,000 and is prohibited from driving for one year.

Jason D. Sperling pled guilty to driving while prohibited on March 13. When stopped by police, he could not produce a driver's licence. He was ordered to pay a \$500 fine and is prohibited from driving for one year.

Luke Waddington was charged with a violation of his sentence. He had been convicted May 7, 2008, for dangerous driving causing death, and was ordered to serve 18 months conditional sentence. Two of the conditions were to abstain from alcohol and to observe a 9:00 PM curfew. Waddington admitted he had breached the conditions by having two beer and being out of his

home after 9:00 PM on May 29, 2009. He said he had been helping his parents install a pool, had had two beers, and had gone downtown to buy cigarettes. Crown Counsel wanted to send Waddington to jail but Judge Sinclair told him his sentence must be served. Judge Sinclair told Waddington that one more breach would see him serving the rest of his sentence in jail.

Man sentenced for assault

Adam Judd, of Princeton, appeared in Provincial Court to enter a guilty plea to a charge of assault with a weapon. On October 4, 2008, following an evening of drinking with a 14 year old male, the two had an argument. Later that evening, Judd approached the youth and stabbed him in the knee.

Judd was subsequently beaten by the youth's friends and hospitalized, losing 24 days before he could go to work. The youth's friends have already been sentenced for this assault.

Judge Sinclair ordered Judd to serve a one year conditional discharge, during which he is to keep the peace and be of good behaviour, and is to possess no weapons. Window smasher case dismissed

Scott Michaud appeared in Provincial Court in Princeton on July 9 to plead guilty to a charge of mischief involving smashing windows on 11 business premises. Michaud apologized to the court for his behaviour. He had put a public apology in a local newspaper, had apologized in person to all of the business owners and had

paid all the damages.

Judge Sinclair dismissed the charges.

Husband agrees to Peace Bond

On June 4, Kevan Martell, age 63, of Tulameen, became involved in an argument with his wife of 28 years. Both had been drinking. Martell began throwing dishes around the kitchen and pushed his wife. He then called police and went to bed.

He appeared in Provincial Court in Princeton on July 9 and agreed to a peace bond for one year, during which he is to abstain from alcohol, and to leave his wife's presence should she request it.

Judge orders jail

Donald Neumann, age 55, of Princeton, appeared in Provincial Court to plead guilty to a charge of breaching the conditions of a recognizance he entered into on January 25. Rebecca Williams had sworn out a complaint of assault, and Neumann's recognizance specified no contact with Williams. On February 18, he accosted her outside her residence and Williams said made some "ungentlemanly" statements to her.

Judge G. Sinclair ordered 30 days in jail to be served concurrently (he is presently in custody).

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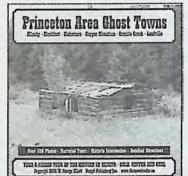
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## The Green Corner

### Kids eco-activities for each week of the summer

(NC)-Have fun all summer long and do your part for a cleaner, greener planet at the same time. You can help your child discover unforgettable summer activities each week that make a real difference. Why not try the following:

Week 1:

Reduce your carbon footprint: Find an online carbon-footprint calculator and let the kids enter in what your family consumes. Brainstorm five things you can do to make your family's carbon footprint smaller. Track your success and compare your results at the end of the summer break.

Week 2:

Get involved: Apply to be a Sunlight Green Clean Kid. It's a panel of Canadian kids dedicated to seeing small eco-changes make a big difference across the country. The selected panel members will each receive a \$2,000 honourarium and a chance to develop environmental programs that encourage Canadian kids across the country to go green. Visit this helpful website: www.SunlightGreenCleanKids. com for details. The deadline for applications is July 24, 2009.

Eco-exploring: Instead of taking a road trip, reduce carbon emissions by going for a hike or a long bike ride. Visit local parks and bike trails to learn more about the ecosystems and habitats in your community.

Week 4:

Find your age: Find a tree the same

age as you by counting its whorls or branches. Branches grown in the same year all radiate out from the same area, so count the sets of branches for the approximate age. Look closely to see scars from old branches and add extra years for branch whorls the tree lost at its base.

Week 5:

Go local: Picking berries and fruit is fun opportunity to learn how food gets from a farm to your table. Plant fresh vegetables in your backyard and watch them grow and ripen during the summer.

Week 6:

Composting Crusaders: Now that you have a small garden, create compost to help it grow. Collect dead plant scraps (look for brown dried leaves and pine needles) and living parts (grass clippings, kitchen vegetable scraps and weeds) to make a nutrient rich mixture.

Week 7:

Scavenger Hunt: Search through your home to find items that can be made greener. Start by checking all the light bulbs; are they energy efficient? Check to see if cleaning products are biodegradable. Make sure your family uses reusable cloth bags instead of plastic bags. Be sure to look in every room, closet and cupboard to see what other items can be greener.

Week 8:

Get Crafty: Recycling is a kidfriendly concept that stretches the imagination. Use old clothes and cardboard boxes to create ecodefender costumes and a headquarters for your neighbourhood eco-

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### Princeton 1860 - 2010

150 Years of Similkameen History

Nick Mills - Princeton & District Museum & Archives

Susan Allison - Part 2
In Her Own Words - A Pioneer Woman's Life of Struggle

# | Robert Wilfred (Will) | Randed Street | Rose Islands | Street Islands |

The Allison Family Tree. Photo: Princeton Museum

Few women made a singular mark in the pioneer days of the Colony and Province of British Columbia. It was a man's world and the deeds and misdeeds of men fill the history books. This is not to say that women did not contribute, they did, but all but a few are unknown, unhonored and unsung.

Mrs. Susan Louisa Allison, nee Moir, was one of these women she arrived with her family from England in 1860 and they went almost immediately from Victoria to Hope. She lived in the Interior from 1867 to 1928 and died in Vancouver in 1937 at the age of 92. When Mrs. Allison died, she left eleven children, sixty-five grandchildren and the family has grown considerably since 1937! Her obituary reads "Courageous, cheery and bright, she was a mother, nurse and confidante of the District for more than half a century." In short, Mrs. Allison was a true pioneer woman.

In her memoirs her husband, John Allison, is mentioned very little until their marriage, around September 19th 1867, when her husband had ridden to New Westminster to get a special licence from Governor Seymour. "Then began my camping years and the wild free life I enjoyed till age and infirmity put and end to it."

Honeymooning over what is now called the Allison Pass, the couple and their two horses, together with three local packers - Cockshist, Johnny Suzan and Yacum Tacum - who was the bellboy and cook, made their way over the mountains to Princeton.

Soon Susan Allison was established in her own home in the Similkameen and her husband was establishing a ranching business. The nearest Doctor was half a World away as far as the Allison's were concerned and it is recorded that at the time of the birth of her first child whiskey was the native remedy to get rid of the pain! "About nine o'clock the following morning my baby was born, two months too soon, he was the first white child born in the Similkameen."

No one was ever short of food from the river and creeks, field and forest. "The Similkameen River and its tributaries gave us trout in abundance. We had heavy crops of saskatoons and huckleberries in their season, wild roots and vegetables for those who knew enough to gather them and for those that desired meat there was deer and bear, grouse and wild chicken, in short a sportsman's Eden!"

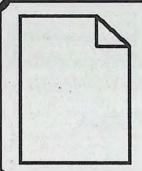
Winters were often very severe. "It was Poo-la-lee, our Indian mail carrier with the soles of both his feet frozen.......Mr. Allison took him in and we gave the kitchen to him and his friends who doctored his poor feet. This was done by applying red-hot coals to the soles, what he must have suffered without a moan. But we broke the law and gave him two or three good drinks of whiskey."



Susan Louisa Allison, February 1, 1937. Photo: Princeton Museum

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### Invasive Plant Alert

### Hawk Eyes required to detect Hawkweeds

by Lisa Scott

For those of you who are avid outdoor recreationists or even if you simply enjoy scenic drives, now is the time to head up the hills and view the abundance of wildflowers that are blooming at mid- and high elevation sites. Lupine, paintbrush, tiger lilies and columbine are just a few of the attractive flowers that will catch your attention. However, there may be some yellow and orange flowering plants in this mix that at first glance, do not appear

I am speaking about hawkweeds. There are several varieties of hawkweeds growing in our region, with close to half of the species being non-native. Invasive hawkweeds are among the most troublesome weeds in the Pacific Northwest region, yet we are only just realizing the severity of the problem. The first species arrived to the region as recent as fifty years ago, probably from the western expansion of infestations from eastern Canada and the U.S. shortly after the Second World War.

Hawkweeds are members of the genus Hieracium, which consists of between 700-1,000 perennials. Hawkweed is a slang name taken from folklore which says that hawks would chew on the brightly coloured plants to improve their eyesight. There are approximately eight native hawkweeds in BC and 13 invasive hawkweeds. All but one native species have yellow flowers, the exception being white hawkweed, which is fairly common in our region. Similarly, all but one invasive species has yellow flowers. The uniquely coloured invader is orange hawkweed (H. aurantiacum), aptly named due to its bright orange flowers. Several hawkweed species are popular ornamental plants, particularly orange hawkweed. They have been and continue

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to be spread by intentional and accidental human activities.

Hawkweeds are fibrous rooted, perennial herbs growing from a stout rhizome. Plants reproduce by seeds, and vegetatively by stolons, rhizomes and adventitious root buds. The small dandelion-like heads are borne singly at the top of a long stem or in compact, rounded or loose clusters. While their brightly coloured flowers are quite an attractant during the summer blooming period, the hawkweeds are difficult to detect when not in bloom due to the leaves being predominantly located at the base of the plant.

Hawkweeds are pros when it comes to being invasive - they have high seed production, high germination rates, long distance seed dispersal, and spread from root fragments, root buds, stolons and rhizomes. In addition, they have a very rapid generation time with one plant able to produce as many as 700 root buds in as little as 63 days! Pretty impressive. Unfortunately, this equates to an ability to rapidly invade open fields, pastures, mountain meadows, clearings in forest zones, abandoned pastures, roadsides and other modified habitats where the soil is well drained. coarse-textured and moderately low in organic matter. On a positive note, hawkweeds do not appear to invade our dry, natural grasslands, which are already under tremendous development pressure and vulnerable to invasion by virtually hundreds of other invasive plants.

Hawkweeds occur most commonly at low to mid elevations, but have been discovered at altitudes in excess of 1,700 metres (5,500 feet). In the Princeton area, there have been very few sightings of invasive hawkweeds, so that makes it all the more important for people to report sightings of these plants. Most recently, a patch of orange hawkweed was detected within town boundaries and it would not be surprising to learn of more infestations in people's backyards. Orange hawkweed is particularly attractive and has been commonly planted as a garden ornamental. However, once established it has the potential to take over an entire lawn or flower garden and is extremely difficult to control.

So how to control hawkweeds? As with every other invasive plant, prevention is your number one tool. Learn to identify the hawkweeds and monitor your property annually for new invaders. Check sources of fill, gravel, hay and seed for potential contaminants. Clean vehicles and equipment that have been in hawkweed areas. Maintaining a healthy vegetative cover helps to avoid initial infestations. If hawkweeds are present on your property, plants can be cut and pulled but these methods are ineffective unless done with frequency and diligence to eliminate re-growth. In agricultural situations, hawkweed plants will not withstand regular tillage. There are presently no biological control agents available, however research is ongoing.

To report infestations of orange hawkweed, contact the regional district office at 1-877-610-3737 or email info@rdos.bc.ca. For more information on orange hawkweed and other invasive plants, go to the regional district website www.rdos.bc.ca or check out www.weedsbc.ca or www.invasiveplantcouncilbc.ca.



Orange Hawkweed. Photo: Lisa Scott



Similkameen News Leader TV Guide Listings - July 14 - 20, 2009



Nothing beats wrestling an inflatable gator into submission especially if it happens during a public swim fun night at Princeton's Centennial Pool. July 8th was 'Blue Hawaii' night which included games, contests, prize draws and snacks for all participants. The staff even got in on the fun! \*

### Posse schedule released

The Princeton Posse 2009/10 Season game schedule has been released by the KIJHL.

The 50-game regular season is evenly split between home and away games with the team playing a total of 14 home and 11 away games in the first half of the season with the second half featuring 11 home and 14 away games.

The first regular season game is a home game Friday, September 11th against Sicamous Eagles and the first regular season road game is Friday, September 18th in Penticton against the Lakers.

There are a total of six games scheduled for September (4 home, 2 away), nine games in October (7 home, 2 away), eleven games in November (4 home, 7 away), seven games in December (4 home, 3 away), eleven games in January (2 home, 9 away) and six games in February (4 home, 2 away).

With the addition of the North Okanagan Knights in Armstrong and the move of Summerland Sting to Penticton to become the Lakers combined with a shift in scheduling travel costs will likely decrease for the Posse. The schedule actually features only two long road trips – Friday and Saturday, November 20th and 21st to Fruitvale to take on Beaver Valley and Spokane to play the Chiefs, and a three-game swing January 8, 9 and 10 to Invermere (Columbia Valley), Golden and Creston.

Princeton will also play host to Fernie, Kimberly, Castlegar, Grand Forks and Nelson but will not travel to those locations this season.

The Posse will play Penticton, North Okanagan (Armstrong), Chase and Kamloops a total of seven times, Sicamous and Revelstoke six times and the remaining ten teams in the league only once.

Princeton Posse Coach Dale 'Duner' Hladun says the high number of home games in the beginning of the season – 11 in the first two months – will assist the team in providing fans with a number of opportunities to cheer on their team right away.

It will also provide the Princeton Posse Hockey Club with extra cash flow from gate receipts early in the 2009/10 campaign.

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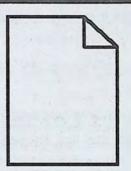
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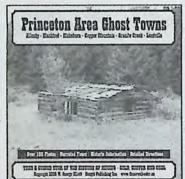
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Nothing beats having fun on a hot summer day in Princeton's Centennial Pool. July 8th was 'Blue Hawaii' Fun Night at the pool which included games, prizes and snacks for all in attendance.



Summer Adventure Camp participants designed fish last week for the 'Under The Sea' theme. For more information on how to become part of the program call (250) 295-6067. \*

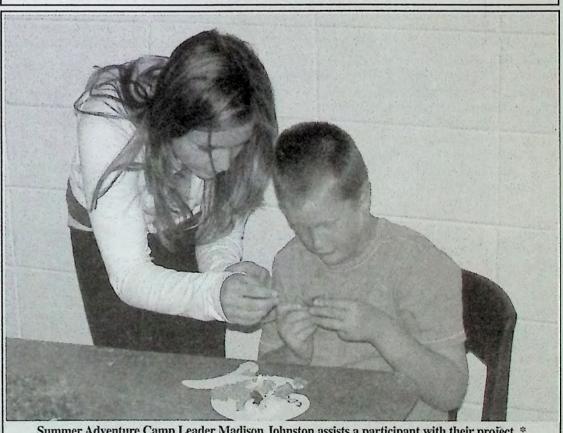
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Summer Adventure Camp Leader Madison Johnston assists a participant with their project. \*

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11	:30	Harvey	Guys	Berenstain	Sit-Be Fit	DeGeneres Show	the Restless	<b>(III)</b>	Pald Prog.	Vision	News (N)	Antiques	Ruby	TV	Lifetime [83]	Handyman	Wubbzy	Hunt Show		Ellen [E]
10	PM	Fresh Pr.	Chef	(11:56)	Charlie	Paid Prog.	News (N)	The First 48	COUNTY STATE	News (N)	Days of our	CBC News:	Monster	World	etalk 📵	Mega	(11:49)	CityLine [15]	CSI: Crime	Seinfeld
12	:30	Fresh Pr.	Design U	(12:32)	Rose [	Friend	Bold	(E)	(N) (E)	<b>(II)</b>	Lives (N)	Today (N)	Grossology	Poker Tour	Bold	Builders (E)	Weekend		Sen	Seinfeld
	PM	Still Stnd	Home to	Maggie	Dewberry	Days of our	As the	The First 48	One Life to	As the	As the	Martha	Hawks		Sue	American	Dragon	ER "Scoop	CSI: Crime	Raymond
1	:30	Still Stnd	Parents	Sagwa	Quilting	Lives (N)	World	<b>(3)</b>	Live (N)	World Turns (N)	World	Stewart	(1:40) Viva		Thomas: F.B.Eye	Loggers III	Emperor	and Run"	Scn	King
	PM	King	Guiding	(1:56)	Barney	The Bonnie	Turns (N) Guiding	The First 48	General	Young and	Turns (N) The Doctors	Steven and	Mystery	Horn	General	MythBuster	(1:54)	News (N)	CSI: NY	King
2	:30		Light (N)	BluesClues	WordWorld	Hunt Show	Light (N)	<b>(13)</b>		the Restless	Œ	Chris [ff]	Team	Interruptio	Hospital (N)	s (III)	K. Possible	00	"Time's Up"	Family Guy
	1110		How Do I			Indee	Dr. Did GE	The First 48	Pachael	The Doctors	Voung and	Living	Pretty Cure	Off-Record	Dr Phil (8)	Jetstream	Replace	News (N)	CSI: NY (E)	The state of the s
3	РМ		Look? (N)	(2:57) Zoboomafo		Judge	Dr. Phil @	CC CHSC 40	Ray (E)	C	the Restless	Food	SpongeBob	Sports	Di. I mi (E)	Œ	Emperor	(E)	Con Ita de	<b>(E)</b>
-	:30	Friends		o "Bovine"	WordGirl	Judge							130000000000000000000000000000000000000		****	- u			COT. C. I	D D
Λ	PM	Family Guy		匪 (DVS)	Fetch! Ruff		Oprah Winfrey (6)	The First 48		Oprah Winfrey 🖽	(3:59) News		SpongeBob	Billiards: WPBA	Ellen DeGeneres	Daily Planet		Law & Order: SVU	CSI: Crime Sen	Power Play
4	:30	Family Guy	That News	George S.	Cyberchas	Judge J.	Willie's Gas	CIL	Deal No -	Transcy CL	Global	Mercer	SpongeBob		Show		Phineas			301, 54000
-	PM	Payne	Deal No	Martha	BBC News	News (N)	News (N)	The First 48	News	News (N)	(4:59) News	Simpsons	SpongeBob	World	News (N)	How-Made	Suite Life	Jim	CSI: Crime Scn	Tube Tales
5	:30	Payne	News	(5:35)	Business	NBC News	CBS News	(E)	ABC News	Global	(N) (EI)	Fortune	SpongeBob	(Taped)	Œ	How-Made	Montana	Jim	Sch	Tube Tales
	PM	Movie:	Global	Mechanics	News-	News (N)	News (N)	The First 48	News	(5:59) News	ET Canada	G4-45 CM - 5 CM - 5 CM - 5 CM	iCarly 🖽		News (N)	Destroyed	Zoey 101	Murdoch	Ways Die	Seinfeld
6	:30	"Twister" (1996,	News	Heads Up	Lehrer	Millionaire	Hollywood	(N) (E	News	(N) (EE)	Entertain	<b>EE</b>	Carly (E)		(E)	Destroyed	Life Derek	Mysteries	Ways Die	Raymond
	PM	Control of the State of the Sta	E! News	Moon	Nova [ff]	Jeopardy!	The Doctors	The Cleaner	Entertain	Entertain	NCIS 🕮	Coronatn	Family Biz	SportsCentr	etalk [#]	Deadliest	Wizards	Make Me a	Ways Die	Family Guy
7	:30	Helen Hunt.	The Insider	Machines	(DVS)	Fortune	团	(N) 🖭	The Insider	ET Canada		Jeopardy!	Prank Ptrl	e (Live) 🕮	Hollywood	Catch (N)	Montana	Supermodel	MANswers	Seinfeld
	PM	Seinfeld	Inside	(N) Mighty	Nova	Am. Road	NCIS "Love	The Cleaner			NCIS "Love	2000	Malcolm		Canada-	Daily Planet	Suite Life	News (N)	MANswers	Seinfeld
8	:30	Harvey	Hollywood	Movers [	scienceNO	Trip	& War"	Œ	Superstars (N) [6]	& War"	& War"	22 Minutes	Futurama	In Corner	Model	(E)	Buzz	(8:35) News	MANswers	Raymond
		Movie:	(N) Better Off	Masterpiece	W (N) Wild Lives	America's	Big Brother	The First 48		Big Brother	Big Brother	Being Erica	Family Biz	Premier	Criminal	Destroyed	Wizards	(9:06)	CSI: Crime	Family Guy
9	:30	"Donnie	Rocker		Œ	Got Talent	11 (N) 🖭	Œ	Scrubs	11 (N) @	11 (N) 🖭	Œ (DVS)	Prank Ptrl	Poker	Minds 🖽	Destroyed	Life Derek	Jimmy Kimmel	Scn	King
10	PM	(1997) Al	Ruby (N)	Rage 🔃	"Okie	Law &	48 Hours	The First 48	Primetime	NCIS (E)	News Hour	National	Falcon	Premier	Law & Order: SVU	Deadliest Catch [#]	School	(10:06) I	Ways Die	King
10	:30		Ruby (N)		Noodling II"	Order: SVU	Mystery (8)	Œ			Final (N)		Beach 🖭	Poker	Order: SVU	Catch (tt)	Cory	York @	MANswers	Seinfeld
44		Sanford	News (N)	Depression:	Charlie	News (N)	News (N)	The Cleaner	News	News (N)	Entertain	(11:05) The	Mystery	SportsCentr	News (N)	How-Made	Suite Life	Judge	Disorderly Con.	Married
	-30	Montel W.	Guy Stuff	Fighting	Rose (N)	Tonight	Late Show	(60)	(11:35)	Œ	ET Canada	Hour (tt	Ghost	e (Live) [	News (N)	How-Made	Life Derek	Jim	Con.	King

### WEDNESDAY, JULY 15, 2009

	WTBS	CHBC	KNOW	KSPS	KHQ	KREM	A&E	KXLY	BCTV	CITV	CBC	YTV	TSN	VTV	DISC	FAM	CITY	SPIKE	TROP
	3	4	5	6	7	8	9	10	111	12	[3]	18	19	22	24	26	29	44	45
	Jeffersons	News 🖽	Franklin	Bob Build	News (N)	News (N)	The Sopranos	News	(5:30) News (N) (E)	(4:30) News (N) 🖭	CBC News: Morning	Rolle Polie	e @	Canada AM	CE Planet		CityLine [15]	Married	Crow- Stairway
	Sanford	Tube Tales	George S.	Lions	·	1	Œ		,	,	(N)	Dewitt			1	King (E)		Married	
_ AN		Room	Martha	Arthur (El)	Today	The Early	American	Good		V	Save-Ums!	Berenstain	SportsCentr		Megabuilde	(6:56)	The Tyra Banks Show	Married	The Outer
1 :30	of the Night	That News	(7:29) Dora	Martha		Show (N)	Justice	Morning America (N)		(	Animal	Rolie Polie	e Œ		rs Œ	Phineas	Danks Show	Married	Limis (M)
_ AN	Cosby	Ad Pers	the Explorer	Curious	picnics; what		Cold Case	Œ	- 1	100 Huntley	Bo On Go	Timothy	SportsCentr		How-Made	Weekend	Rachael	Pros vs.	North of 60
8 :30		What	Bus	Sid	not to wear to a wed-		Files [ff]			Street (tt)	Busytown	Willa	e (ff)		How-Made	K. Possible	Ray [tt]	Joes	Œ
	Fam. Feud	Three Takes	Berenstaln	Super Why!		The 700	CSI: Miami	Regis and	100 Huntley	World	Super Why!	Casper	Off-Record	Regis and	Daily Planet	Feet	News (N)	Married	Reality
•	Fam. Feud	133	Clifford	Clifford		Club 🖭	"Wannabe"	Kelly	Street [ff]	Vision @	Gofrette	(9:25) Kid	Fins Skins	Kelly	Œ	Tigger	City	Married	What
.50	1 Trivial	The Mom	Sid	Sesame		The Price Is	CSI: Miami	The View	Hospital	Debt Part	Wilbur (C)	(10:05) Viva	Champ.	The View	Destroyed	Mickey	The O.C.	CSI: NY	What
40	Trivial	Show [	(10:25)	Street (EI)		Right (N)	"Deadline"	Daughtry.		House	Doodlebop	Erky Perky	Darts	Daughtry.	Destroyed	Handy	Œ	"Boo" (tt)	Videos
		O 11	W. Carlonson	D	Ellen	Vanna and	Crossing	(N)	World	200	What's-	(10:50)	NHRA Drag	(N)	Canada's	Benj Bear	The Bonnie	CSI: NY 📵	1000
11	Harvey	One House	Rolie Polie	Dragon	DeGeneres	Young and the Restless	Jordan (C)	Paid Prog.	Vision	(10:59) News (N)	( ) ( ) ( ) ( ) ( ) ( )	1000	Racing:	Lifetime E	Worst	The Colonian Co.	Hunt Show	Cal. NI M	Ellen [tt]
1 1 :30		Guys	Berenstain	Sit-Be Fit	Show			Paid Prog.		(1)	Antiques	Ruby	Mopar Mile-		Driver	Wubbzy			
10 Ph	A Fresh Pr.	Chef	(11:56)	Charlie Rose (E)	The Firm	News (N)	The Sopranos	All My Children	News (N)	Days of our Lives (N)	CBC News: Today (N)	Monster	High Nationals.	etalk [ff]	Monster Moves (#)	(11:49)	CityLine (E)	CSI: Crime Scn	
12 :30	Fresh Pr.	Design U	(12:32)	Kuse III	Paid Prog.	Bold	(f)	(N) (E)	CEL	Lives (iv)	roday (14)	Grossology	From	Bold	Mores (III	Weekend			Seinfeld
_ PA	A Still Stnd	Home to	Maggle	Art Work	Days of our	As the	American	One Life to	As the	As the	Martha	Hawks	Denver.	Sue	Deadliest Coatel (T)	Dragon	ER @	CSI: Crime Scn	Raymond
7 :3	Still Stnd	Parents	Sagwa	Sewing	Lives (N)	World Turns (N)	Justice	Live (N)	World Turns (N)	World Turns (N)	Stewart	(1:40) Viva	(Taped) [E	Thomas: F.B.Eye	Catch @	Emperor		Scn	Fresh Pr.
_ PA	A King	Guiding	(1:56)	Barney	The Bonnie	Guiding	Cold Case	General	Young and	The Doctors	(4) CHOS 100000 PR 903,000	Mystery	Horn	General	MythBuster	(1:54)	News (N)	CSI: NY	Fresh Pr.
2 :3		Light (N)	BluesClues	WordWorld	Hunt Show	Light (N)	Files (ff)	Hospital (N)	the Restless	Œ	Chris @	Team	Interruptio	Hospital (N)	s 🔃	K. Possible	Œ	"Boo" 🔃	Family Guy
_ PI		Whose	(2:57)	Big World	Judge	Dr. Phil @	CSI: Miami	Rachael	The Doctors	Young and	Living	Pretty Cure	Off-Record	Dr. Phil @	Qubit (N)	Replace	News (N)	CSI: NY @	North of 60
3 :3		Wedding Is	Zoboomafo	WordGirl	Judge		"Wannabe"	Ray 🖽	<b>(EI)</b>	the Restless	Food	SpongeBob	Sports		Qubit (N)	Emperor	Œ		Œ
,0	M Family Guy	It?	o Zoboo wants to fly.	Fetch! Ruff	1000	Oprah	CSI: Miami	Deal No	Oprah	(3:59) News	Fashion F.	SpongeBob	Billiards:	Ellen	Daily Planet	(4:08)	Law &	CSI: Crime	Crow-
	Family Guy		George S.	Cyberchas	Judge J.	Winfrey (	III POWER MEDICAL PROPERTY.	Deal No	Winfrey @	Global	Red Green	SpongeBob	WPBA	DeGeneres	Œ	Phineas	Order: SVU		Stairway
				BBC News		Name (ND	Dog	News	News (N)	(4:59) News	Simpsons	SpongeBob	World	Show News (N)	Mighty	Suite Life	Goode	CSI: Crime	What
5 P	Movie: "Ba	Deal No	Martha		News (N)	News (N)				(N) E	1		Poker Tour	Œ	Ships (N)	Montana	Surviving	Scn	What
3 :3	0 News Bears (2005) Billy	News	(5:35)	Business	NBC News	CBS News	Dog	ABC News	Global		Fortune	SpongeBob	(Taped)		D. W. Salah		100000000000000000000000000000000000000		10000
e PI	M Bob Thomton.	Global	Think Big	News- Lehrer	News (N)	News (N)	Dog the Bounty	News	(5:59) News (N) @	ET Canada	News (N)	iCarly @		News (N)	Deadliest Catch [ff]	Zoey 101	Japanese Game Show	UFC Fight Night	Seinfeld
6 :3	O CE	News	Ocean	Demer	Millionaire	Hollywood	Hunter	News	(11)	Entertain	a.	iCarly [tt]				Life Derek			Raymond
PI	M	E! News	Moon	Make-	Jeopardy!	The Doctors	Thttoo	Entertain	Entertain	The	Coronatn	Family Biz	SportsCentre e (Live) [tt]	etalk [tt	Mayday 📧	Wizards	Mandoon		Family Guy
1 :3	0 Seinfeld	The Insider	Machines (N)	Laugh	Fortune	<b>©</b>	Thttoo	The Insider	ET Canada	Philanthrop ist (N)	Jeopardy!	Prank Ptrl	e (Live) w	Hollywood		Montana	Mandoon		Seinfeld
_ PI	M Movie: "Ba	Psych (N)	Feast India	A COMMENT OF THE PARTY OF THE P	America's	Christine	Tattoo		Wipeout (N)	Wipeout (N	The second second	Malcolm		So You	Daily Planet	Suite Life	News (N)	UFC	Seinfeld
	0 News Bears (2005) Billy	1 7227	Feast India	America (N	) Got Talent	Gary	Thttoo	(6)	(SE)	Œ	Den [ff]	Futurama	Boxing	Think You Can Dance	Œ	Buzz	(8:35) News	Unleashed	Raymond
pi	M Bob	Richards	"My War	Ascent of	America's	Criminal	Dog	Japanese	(9:02) In	(9:02) In	Stones	Survive		(N) (E)	Mayday (C)	Wizards	(9:06)	CSI: Crime	Family Gu
9 :3	Thornton.	Kendra (N)	Years:	Money (N)	Got Talent	Minds [6]	Dog	Game Show	Plain Sight	Plain Sight	Laughs	Adrenaline			Name of the last	Life Derek	Jimmy Kimmel	Sen	Fresh Pr.
. PI	Print.	Keep Up	Amold"	Wide Angle	The	CSI: NY IE		Primetime:	(N) Œ	(N) (E) News Hour	National	Falcon	1	CSI: NY (E)	Mighty	School	(10:06) I	Most	Fresh Pr.
	Sanford	Candy Girl	Cello	30	Philanthrop		Bounty	Crime @	Philanthrop		-	Beach (C)	V.		Ships	Cory	Love Money		Seinfeld
		News (N)	Hockey	Charlie	Ist (N) News (N)	News (N)	Hunter Tattoo	News	ist (N) News (N)	ET Canada	(11:05) The	Mystery	SportsCentr	News (N)	Deadliest	Suite Life	Judge	Videos Disorderly	Married
and and	M Sanford	The second second	Livency	Rose (N)	THE STATE OF THE PARTY OF THE P	Late Show			(II)	Poker	Hour (	Ghost	e (Live) [	News (N)	Catch [ff]	Life Derek	Paid Prog.	Con.	Fresh Pr.
1 13	Montel W.	Guy Stuff			Tomgat	Late Snow	Tattoo	(11:35)	1.5	Poker		Gnost		ivens (iv)		Life Detek	raiu rrog.		r resu r r.

### OUS Leader - Horoscopes

July 15 - 22, 2009

Aries - You will be busy around your home and with youngsters this week. You have the gift right now of saying the right. Watch out for cuts and burns to hands and fingers.

Taurus - Your desire to spend on pretty things is strong now, especially when it comes to making home beautiful. This desire is fine if you can afford it or if it improves the value of home.

Gemini - You need to express yourself, and you can do it with charm and a sense of humour. Your best relationships are with siblings or people in your immediate surroundings.

Cancer - You can talk about plans to spend money, and make sure those plans are solid and worthwhile. Don't give in to impulse spending. Speak kindly to co-workers. Guard health.

Leo - You are coming into your own element now. You will be able to express the inner you much better for the next two weeks. Pay attention to how you express yourself: surprises?

Virgo - Your career demands a lot from you as the pace picks up. Keep a good attitude, and do not react to adverse authority figures. You are entering a time when you can teach and learn.

Libra - Learn everything you must learn, and do it willingly. You can start making solid plans now. Be sure to do more than talk: write them down, establish a time frame. Work!

Scorpio - Your career takes on new focus this week. Problems you encounter can be easily overcome with work plus charm. Speak to those who can help your career advancement. Focus!

Sagittarius - There are a lot of things you need to learn now. Listen to those who have experience, but look at new methods too. You can soon break through limiting circumstances.

Capricorn - Focus shifts to both job and health as well as your financial position. You will confront problems in your neighbourhood and solve them with determination and grace. Do it!

Aquarius - Talking to friends, experts and partner are in sharp focus this week and next. Prepare to deal with debts, insurance, investments, estate matters. Kids can be a pain.

Pisces - Now is a time for home, family and contemplating your own mortality. You need to get right with your inner self. You may feel limited by a relationship with a partner, friend, expert.

### OUS LOAGOT - Recipe Corner Recipe #280

### Horseradish & Dill Butter Salmon Steaks

Makes: 4 Servings

#### INGREDIENTS

- 4 fresh Atlantic salmon steaks
- 1 stick (1/2 cup) soft butter
- 1/2 cup (125 ml) drained bottled horseradish
- 2 tbsp (30 ml) finely chopped fresh dill
- 1 tbsp (15 ml) finely chopped shallot
- 1 tsp (5 ml) salt
- 3/4 tsp (3.75 ml) black pepper
- 1 2 tbsp (15 to 30 ml) oil

#### DIRECTIONS

- Stir together butter, horseradish, dill, shallot, 1/4 teaspoon salt and 1/4 teaspoon black pepper in a bowl.
- Transfer butter to a sheet of parchment or wax paper and roll into a 1-inch-thick cylinder. Close the ends of the paper, and then chill until firm, about 25 minutes.
- Brush salmon steaks on both sides with oil, and then sprinkle with remaining salt and pepper.
- Oil grill rack, then grill salmon steaks for 8 to 10 minutes or until cooked to taste.
- Serve each salmon steak topped with a slice of horseradish butter.
- News Canada

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### Tuesday Movies

#### **EVENING**

6:00 pm WTBS 3 \*\* "Twister" (1996, Action) Helen Hunt. Storm-(1996, Action) Helen Hunt. Storm-chasers finalizing their divorce try to place equipment inside a tornado on the Oklahoma plains. 

9:00 pm WTBS ③ ★★★"Donnie Brasco" (1997, Crime Drama) Al Pacino. An undercover FBI agent

uses the patronage of an unwitting mobster to infiltrate the New York Mafia. (E)
10:00 pm KSPS (6) "Okle Noodling II" (2008, Documentary) Fishermen use their bare hands to catch catfish in Oklahoma. (In Stereo) (E)

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### Vodnosday Mov

#### **AFTERNOON**

5:00 pm WTBS 3 \*\*%"Bad News Bears" (2005, Comedy) Billy Bob Thornton. A single mother recruits a former baseball player to coach a ragtag team of misfit Little Leaguers. ©

8:00 pm WTBS 3 \*\* "Bad

News Bears" (2005, Comedy) Billy Bob Thornton. A single mother recruits a former baseball player to coach a ragtag team of misfit Little Leaguers. (£) 9:00 pm KNOW (5) "My War Years: Arnold Schoenberg" (1992, Documentary) A profile of the controversial composer focusing on the

versial composer, focusing on the years from 1906 to 1923. @

### Thursday Movies

#### **EVENING**

7:00 pm WTBS ③ ★★\*"Patriot Games" (1992, Suspense) Harrison Ford. An IRA terrorist vows revenge against the ex-CIA agent who killed the man's brother and thwarted an

attack on royalty. 

10:00 pm WTBS 3 \*\* "Kicking & Screaming" (2005, Comedy) Will Ferrell. A vitamin salesman and his overly competitive father go head-to-head as coaches of children's rival soccer teams.

### Friday Movie

#### **EVENING**

6:00 pm SPIKE 44 ★★"Jackass: The Movie" (2002, Comedy) Johnny Knoxville. Nitwits perform stunts and

pull practical jokes.

1:00 pm YTV (B) "Spectacular!"

1:00 (2009, Drama) Nolan Gerard Funk.

1:00 Ousted from his band, a teenager joins a new group that competes for a national championship. (In Stereo)

7:30 pm FAM 26 \* \* "My Magic Dog" (1998, Drama) Leo Milbrook. Premiere. A boy's invisible dog helps him outwit a wicked, money-grubbing aunt and her hired hoods. (In Stereo) 9:00 pm WTBS 3 \* \* \* "The Devil's Own" (1997, Suspense) Harrison Ford. A New York policeman learns that his Irish houseguest is an IRA terrorist seeking U.S. weapons.

9:02 pm FAM 26 \* \* "My Favorite Martian" (1999, Comedy)

Christopher Lloyd. A befuddled mart-ian crash-lands on Earth, assumes human form and befriends a TV-news

producer. (In Stereo) (€)

10:00 pm KNOW (5) ★★½"Picture of Light" (1994, Documentary) A film crew braves the rigors of the Canadian Arctic Circle in winter to document the beauty of the aurora borealis.

borealis.

10:35 pm FAM 26 "The Luck of the Irish" (2001, Fantasy) Ryan Merriman. A teenager must battle for a gold charm to keep his family from being controlled by an evil leprechaun. (In Stereo) 11:00 pm SPIKE 44 \* "Jackass: The Movie" (2002, Comedy) Johnny Knoxville. Nitwits perform stunts and pull practical jokes.

### THURSDAY, JULY 16, 2009

		WTBS	CHBC	KNOW 5	KSPS 6	KHQ (7)	KREM 8	A&E	KXLY	BCTV	CITV 12	CBC	YTV 18	TSN	VTV	DISC 24	FAM	CITY 29	SPIKE	TROP
6	AM :30	Jeffersons Sanford	News [k] Tube Tales	Franklin George S.		News (N)	News (N)	The Sopranos	News	(5:30) News (N) @	(4:30) News (N) 📧	CBC News: Morning	Rolie Polie Dewitt			Daily Planet	Henrys King (E)	CityLine (E)		Traders III
7	AM	In the Heat	100000000000000000000000000000000000000	Martha		Today	The Early	American	Good			(N) Razzberry	Berenstain	First Round.		Qubit	(6:56)	The Tyra	Married	The Outer
1	:30	of the Night	That News	(7:29) Dora the	Martha		Show (N)	Justice	Morning America (N)			Animal	Rolie Polie	From Ailsa Championshi		Qubit	Phineas	Banks Show	Married	Limits [ii]
8	AM	Coshy	Ad Pers What	Explorer Bus	Curious	ding: Hawaiian		Cold Case Files (II)	(E)		100 Huntley Street [E]	Bo On Go Busytown	Timothy	p Course at Turnberry in		Deadliest Catch ©	Weekend K. Possible	Rachael Ray [6]	Pros vs. Joes	North of 60 "Limbo"
_	:30 AM	Fam. Feud		Berenstain	Super Why!	chef; home	The 700	CSI: Miami	Pagis and	100 Huntley	World	Super Why!	Casper	Ayrshire, Scotland,	Regis and	Daily Planet		News (N)	Most	Make
9	:30	Fam. Feud	Time Takes	Clifford	Clifford	All-	Club (@)	E	Kelly	Street @	Vision (E)	Gofrette	(9:25) Kid	(Live)	Kelly	III	Tigger	City	Amazing Videos	What
-	AM	Trivial	The Mom	Noonbory	Sesame	American Rejects. (N)	The Price Is		UKO WYO ZOUTO III. P	Doc @	Debt Part	Wilbur 🔢	(10:05) Viva		The View		Mickey	The O.C.	CSI: NY	What
10	:30	Trivial	Show [II]	(10:26)	Street (El)	(C)	Right (N)	"Rap Sheet"	(N) 🖭		House	Doodlebop	Erky Perky		(N) IE	Ships	Handy	Œ	"Buzzkill"	Videos
44	AM	Harvey	One House	Rolie Polie	Dragon	Ellen	Young and	Crossing	Paid Prog.	World	(10:59)	What's-	(10:50)		Twice in a		Benj Bear	The Bonnie	CSI: NY IS	Videos
11	:30	Harvey	Designer	Berenstain	Sit-Be Fit	DeGeneres Show	the Restless	Jordan 🔃	Paid Prog.	Vision	News (N)	Antiques	Ruby	Golf: British	Lifetime (II)	rs 🖭	Wubbzy	Hunt Show		Ellen (B)
12		Fresh Pr.	Chef	(11:56)	Charlie Rose [6]	Paid Prog.	News (N)	The Sopranos	All My Children	News (N)	Days of our Lives (N)	CBC News: Today (N)	Monster	Open - First Round	etalk 🔯	Mayday (K)	(11:49)	CityLine (ff)	CS1: Crime Sen	
12		Fresh Pr.	Design U	(12:32)		Paid Prog.	Bold	(E)	(N) [te]				Grossology	(Cont'd). (Live)	Bold		Weekend			Seinfeld
1		Still Stnd	Home to	Maggle	Painting	Days of our Lives (N)	As the World	American Justice	One Life to Live (N)	As the World	As the World	Martha Stewart	Hawks		Sue Thomas:	Austin Stevens	Dragon	ER "City of Mercy" [EC]	CSI: Crime Scn	
		Still Stnd	Parents	Sagwa	Quilting	The same	Turns (N)		0 1	Turns (N)	Turns (N)		(1:40) Viva		F.B.Eye		Emperor		CCL NV	Just Shoot Just Shoot
2		King King	Gulding Light (N)	(1:56) BluesClues	Barney WordWorld	The Bonnie Hunt Show	Gulding Light (N)	Cold Case Files (E)	General Hospital (N)	Young and the Restless	The Doctors	Chris [4]	Mystery Team		General Hospital (N)	MythBuster s @	(1:54) K. Possible	News (N)	CSI: NY "Buzzkill"	Family Guy
0	PM	Seinfeld	Dress Nest	(2:57)	Big World	Judge	Dr. Phil 🔃	CSI: Miami		The Doctors	Young and	Living	Pretty Cure	Off-Record	Dr. Phil 📧	How-Made	Replace	News (N)	CSI: NY 📧	North of 60
3	:30	Friends	Dress Nest	Zoboomafo o "The Nose	WordGirl	Judge		<b>(EC)</b>	Ray 🔢	Œ	the Restless	Food	SpongeBob	Sports		How-Made	Emperor	Œ		Limbo
Л		Family Guy		Knows"	Fetch! Ruff	Judge J.	Oprah Winfrey 🔃	CSI: Miami "Rap Sheet"		Oprah Winfrey (ff)	(3:59) News		SpongeBob	Boxing: Clottey vs.	Ellen DeGeneres	Daily Planet		Law & Order: SVU	CSI: Crime	Traders [tt]
4		Family Guy	175050 M. H	George S.	Cyberchas	Judge J.			Deal No		Global	22 Minutes	SpongeBob	Cotto	Show		Phineas			
5	PM		Deal No	Martha	BBC News	News (N)	News (N)	The First 48		News (N)	(4:59) News (N) [tt]		SpongeBob	CHINA IN	News (N)	In the Shadow of	Suite Life	30 Rock	UFC Unleashed	Inside Hollywood
9	:30	Something of the	News	(5:35)	Business	NBC News	CBS News		168000000	Global		Fortune	SpongeBob	CFL Pre		the Moon	Montana	Less-Kind Jim	TNA	(II)
6		Friends Friends	Global	Creatures	News- Lehrer	News [55] Millionaire	News (N) Hollywood	The First 48	News	(5:59) News (N) (C)	ET Canada Entertain	News (N)	iCarly (II) Jackson	CFL Football:	News (N)	Œ	Zoey 101 Life Derek	(6:31) 30	IMPACT!	Seinfeld Raymond
	:30	Movie:	E! News	Moon	Paris	Jeopardy!	The Doctors	Crime 360	Entertain	Entertain	House (C)	Coronatn	Family Biz	BC Lions at Edmonton	etalk [tt]	MythBuster		Law &		Family Guy
7	:30	"Patriot	The Insider	Muchines		Fortune	Œ.	"Little		ET Canada	Trouse LE	Jeopardy!	Prank Ptrl	Eskimos.	Hollywood	s @	Montana	Order: UK		Seinfeld
		Games" (1992,	How I Met	Voyage-	Midsomer	30 Rock	Big Brother	Rock" Crime 360	JK Rowling	Big Brother	Big Brother		Malcolm	(Live) @		Daily Planet	Suite Life	News (N)	Jesse James	Seinfeld
8	:30	Suspense)	'Til Death	Zheng	Murders [6]	The Office	11 @	"Run & Gun"		11 @	11 @	(C)	Futurama		Sen	<b>3</b>	Buzz	(8:35) News		Raymond
0	PM	Ford.	True	Art	MI-5 "The	The Office	ACC. 2000 000 000 000 000 000 000 000 000 0	The First 48	ACCOUNT OF THE PARTY OF THE PAR	The Office	The Office	Doc Zone	In Real Life	Sports	You Can	In the Shadow of	Wizards	(9:06) Jimmy	MANswers	Family Guy
9	:30		Hollywood Story	Lost Gods	Sleeper"	(9:31) 30	Sen	Œ	Anatomy   ©	The Office	The Office	(E)	•	Score Golf TV	Dance	the Moon	Life Derek	Kimmel	Game	Just Shoot
10	PM :30	Movie: "Kicking & Screaming"	The Beast (N) [ff]	World of Albert Kahn	Soundstage "Billy Idol"	(10:01) The Listener "Iris" (N)	(10:01) The Mentalist	The First 48	(10:02) Private Practice [6]	House 🔃	News Hour Final (N)	National	Falcon Beach @	Poker	(10:01) The Listener "Iris" (N)	Œ	School	(10:06) Hell's Kitchen 📧	MANswers MANswers	Just Shoot Seinfeld
	PM	(2005) Will	News (N)	On Screen	Charlie	News (N)	News (N)	Crime 360	News	News (N)	Entertain	(11:05) The	Mystery	SportsCentr		MythBuster	Suite Life	Judge	MXC @	Married
11	:30	Ferrell.	Guy Stuff	(3)	Rose (N) [E]	Tonight	Late Show	"Little Rock"	(11:35)	Œ	ET Canada	Hour [ts	Ghost	e (Live) [	News (N)	s (#)	Life Derek	Paid Prog.	MXC (E)	Just Shoot

#### FRIDAY, JULY 17, 2009

		WTBS	CHBC 4	KNOW	KSPS 6	KHQ 7	KREM 8	A&E	KXLY	BCTV	CITV 12	CBC	YTV 18	TSN 19	VTV 22	DISC 24	FAM 26	CITY 29	SPIKE 44	TROP 45
6			News @ Tube Tales	Franklin George S.	Bob Build Lions	News (N)	News (N)	The Sopranos	News	(5:30) News (N) @	(4:30) News (N) (E)	CBC News: Morning (N)	Rolle Polie Dewitt	(4:00) Golf: British Open Second	Canada AM	Daily Planet	Henrys King 🖽	CityLine @	Married	Adventures of Sinbad
7	AM :30	In the Heat of the Night	Room That News	Martha (7:29) Dora	Arthur (EI) Martha	Today (N)	The Early Show (N)	Amer.	Good Morning			Save-Ums! Animal	Berenstain Rolie Polie	Round. From Ailsa Championshi		Building the Biggest	(6:56) Phineas	The Tyra Banks Show	Married	The Outer Limits (C)
8	AM		Ad Pers What	the Explorer Bus	Curious		Œ	Cold Case Files (E)	America (N)		100 Huntley Street @	Bo On Go Busytown	Timothy Willa	p Course at Turnberry in		MythBuster s 🖭	Weekend K. Possible	Rachael Ray 🕮	Most Amazing Videos	North of 60 "The Visit"
9	AM	Fam. Feud	Three Takes	Berenstain Clifford	Super Why!		The 700 Club @	CSI: Miami	Regis and Kelly	100 Huntley Street [#]	World Vision	Super Why!	Casper (9:25) Kid	Ayrshire, Scotland. (Live)	Regis and Kelly	Daily Planet	Feet Tigger	News (N)	Most Amazing Videos	Tube Tales Whatever
10	AM	Trivial Trivial	The Mom	Sid (10:25)	Sesame Street (EI)		The Price Is Right (N)	CSI; Miami "Lost Son"	The View	Doc "Donny's	Debt Part House	Wilbur @	(10:05) Viva Erky Perky		The View	Austin Stevens	Mickey	The O.C.	CSI: NY @	What
11	AM	Harvey	One House	Rolie Polie	Dragon	Ellen DeGeneres	Young and the Restless	Crossing Jordan @	Paid Prog.	Millions" World Vision	(10:59) News (N)	Dinner	(10:50)	0.16.0.16.5	Twice in a Lifetime [f]	Mighty Ships @	Benj Bear Wubbzy	The Bonnie Hunt Show	CSI: NY "Child's	Videos Ellen 📧
10	PM	Harvey Fresh Pr.	Guys	Berenstain (11:56)	Sit-Be Fit Charlie Rose @	Show Paid Prog.	News (N)	The Sopranos	Paid Prog.  All My Children	News (N)	Days of our Lives (N)	Antiques  CBC News: Today (N)	Ruby Monster	Golf: British Open Second	etalk 🖭	In the Shadow of	Phineas	CityLine @	Play" CSI: Crime Scn	Seinfeld
12		Fresh Pr. Still Stnd	Design U Home to	(12:32) Maggie	Wylands	Paid Prog. Days of our	As the	Amer.	(N) (E) One Life to	As the	As the	Martha	Grossology Hawks	Round (Cont'd). (Live)	Bold Sue	the Moon	Suite Life Wizards	ER "Breach	CSI: Crime	Seinfeld Raymond
1	50061	Still Stnd King	Parents Guiding	Sagwa (1:56)	Scrapbook Barney	Lives (N) The Bonnie	World Turns (N) Guiding	Justice Cold Case	Live (N) General	World Turns (N) Young and	World Turns (N) The Doctors	Stewart Steven and	(1:40) Viva Mystery		Thomas: F.B.Eye General	MythBuster	So Raven Cory	of Trust" News (N)	CSI: NY (E)	Frasier Frasier
2	:30	King	Light (N)	BluesClues (2:57)	WordWorld Big World	Hunt Show	Light (N)  EE  Dr. Phil EE	Files (E)		the Restless The Doctors	Young and	Chris Œ	Team	Off-Record		s 📧 How-Made	Montana (3:12) Jonas	News (N)	CSI: NY	Family Guy
3	:30	Seinfeld Friends	Clean House (N)	Zoboomafo o	WordGirl	Judge		Œ	Ray @	Œ	the Restless	Food	SpongeBob	Sports		How-Made	Sonny	Œ	"Child's Play"	"The Visit"
4		Family Guy MLB	Debt Part That News	"Powerhouse George S.	Biz Kid\$ Cyberchas	Judge J. Judge J.	Oprah Winfrey @	CSI: Miami "Lost Son"	Deal No	Oprah Winfrey (#)	(3:59) News Global	Fashion F. Air Farce	SpongeBob SpongeBob	Interruptio Boxing	Ellen DeGeneres Show	Five Years on Mars	Wizards Suite Life	Law & Order: SVU		of Sinbad
5	PM :30	Baseball: New York Mets at	Deal No News	Martha (5:35)	BBC News Business	News (N) NBC News	News (N) CBS News	CSI: Miami "Kill Zone"	News ABC News	News (N) Global	(4:59) News (N) [f]	Simpsons Fortune	SpongeBob SpongeBob	CFL Pre	News (N)	Worst Handyman	Suite Life Montana	Man Tracker 🕮	UFC Unleashed	TV Made TV Made
6	PM :30	Atlanta Braves. (Live)	Global	Heads Up Time	News- Lehrer	News (N) Millionaire	News (N) Hollywood	CSI: Miami	News News	(5:59) News (N) [E]	ET Canada Entertain	News (N)	The Next Star 2 (N)	CFL Football: Toronto	News (N)	American Loggers [@]	Zoey 101 Jonas (N)	AMPIA Awards [ff]	Movie: "Jackass: The Movie"	Seinfeld Amer Dad
7	PM :30	Seinfeld	E News The Insider	Moon Machines	Wash Wk	Jeopardy!	The Doctors	CSI: Miami		Entertain ET Canada	NUMB3RS	Coronatn Jeopardy!	Movie: "Spectacular	Argonauts at Calgary	etalk 🖭 Hollywood	True Stories	Sonny Movie: "My	Out There	(2002, Comedy)	Family Guy Seinfeld
8	200	Family Guy	A STATE OF THE STA	"Suits" Poirot ©	Bill Moyers Journal (N)	The	Ghost Whisperer	Criminal Minds @	Surviving	The Unit	The Unit	Air Farce Laughs	!" (2009) Nolan Gerard Funk.	Stampeders. (Live) [6]	Ghost Whisperer	Five Years on Mars	Magic Dog" (1998)	News (N) (8.35) News	Ways Die Ways Die	Seinfeld Raymond
9	100000	Movie: "The Devil's	Investigates	Life Begins	NOW Served	Dateline NBC (6)	Flashpoint (E)	CSI; Miami "Kill Zone"	Jim Jim	Mental (N) (PA) [f]	Mental (N) (PA) 📧	Wild Roses	Prank Ptrl Prank Ptrl	Sports Boxing:	Castle [6]	American Loggers (II	(9:02) Movie: "My Favorite	(9:05) Jimmy Kimmel	MANswers MANswers	Family Guy Amer Dad
10	1000	Harrison	20/20 [6]	Movie: "Picture of	(10.01) P.O.V.		NUMB3RS	CSI: Miami	20/20 [底]	NUMB3RS	News Hour Final (N)	National	Family Biz	Clottey vs.	To Be Announced	Worst Handyman	Martian" (10:35)		Ways Die Ways Die	Frasier Scinfeld
		Sanford	News (N)	Light" (1994)	"Life Suppor		News (N)	CSI: Miami	News	News (N)	(11:03)	(11:05) The	Mystery	SportsCentr	News (N)	True Stories	Movie: "The Luck of the	Judge	"Jackass:	Married

# News Leader Puzzle Page

# Challenge

CREATED FOR THE NEWS LEADER BY CARTER BOSWELL

### **HOW TO PLAY:**

Sudoku is a game of logic. There is no math involved. The object of the game is to fill the grid so that the numbers 1 through 9 appear only once in each row, column and 3 x 3 box. The numbers can appear in any order and Carter has left you some clues below.

### CHALLENGE #209 - Rated Easy

		7				6		3
	8		4		3			
		4		2		1		
		1	2					4
	4			6			2	
9					8	5		
		6		5		3		
	1		7		6		9	
7		5				8		3

### CHALLENGE #210 - Rated Hard

	4		9	2				
	3	7			1		8	2
	8					1		
		3			7	6		
6								5
		8	1			2		
		9						
7	1		4				5	
				8	5		9	

#### THIS WEEK'S SOLUTIONS: Page 20

Carter's Sudoku Challenge grids, puzzles and solutions copyright 2009 Carter Boswell, Princeton, BC and published by Similkameen News Leader

### Saturday Movie

#### MORNING

10:00 am A&E ① ★★%"Cocktail"

(1988, Romance) Tom Cruise. The hottest bartender in Manhattan leaves his partner, goes to Jamaica and falls for a nice girl. (£)

10:30 am WTBS ③ ★★%"Three Men and a Little Lady" (1990, Comedy) Tom Selleck. The bachelors must rethink their joint role of father when Mary's mother decides to marry a stuffy stage director. (£)

#### **AFTERNOON**

12:00 pm A&E ② \*\* \*"Edward ScIssorhands" (1990, Fantasy) Johnny Depp. Premiere. A deceased inventor's unfinished creation becomes an instant celebrity when a cheery suburbanite brings him home. (E)

home. E
FAM 26 "The Cheetah Girls 2"
(2006, Comedy-Drama) Raven.
Members of a teenage vocal group
find adventure while participating in
a music festival in Barcelona, Spain.
(In Stereo) E
1:00 pm KREM 8
\*\*Shanghal Noon" (2000,
Comedy) Jackie Chan. A Chinese
Imperial Guardsman teams up with a
robber to rescue a princess, taken to
the Old West by the guard's former
captain.

1:36 pm FAM 26 "Wendy Wu: Homecoming Warrior" (2006, Adventure) Brenda Song. A popular teen learns she is the reincarnation

of a Chinese warrior who must save the world from an evil villain. (In Stereo)

Stereo)

2:30 pm A&E ③ \*\*\*"The
Fugitive" (1993, Suspense)
Harrison Ford, A U.S. marshal hunts
a doctor on the run who was convicted of murdering his wife. [6]
4:00 pm YTV [8] \*\*"Yu-Gl-Oh!"
(2004, Fantasy) Voices of Dan
Green. Animated. Young Yugi must
use his game skills to defeat his bitter rival and an Egyptian mummy. (In
Stereo) [6]
5:00 pm WTBS ③ \*\*"The
Legend of Zorro" (2005, Adventure)
Antonio Banderas. The swordsman
and his wife fight a count. [6]

Altitudio Balletas. He swotskillar and his wife fight a count. 

A&E ① \*\*\*My Cousin Vinny" (1992, Comedy) Joe Pesci. 
An inept lawyer tries to free his cousin from a Dixie jail. 

©

6:00 pm CITY 29 \*\*"Suddenly Naked" (2001, Romance-Comedy) Wendy Crewson. A middle-aged author falls for a fledgling writer who is half her age. (E) (DVS) 7:00 pm SPIKE 44 \*\*"Any Given Sunday" (1999, Drama) Al Pacino. A football head coach and an applied guarterback clash with the

aging quarterback clash with the new, contemporary, money-oriented owner of their team.

30 pm WTBS 3

:30 pm WTBS 3

\*\*Anacondas: The Hunt for the
Blood Orchid" (2004, Suspense)
Johnny Messner. While exploring the

jungles of Borneo, scientists and their guide encounter monstrous, man-eating snakes. 

8:00 pm VTV(22) \* \* "Wilby Wonderful" (2004, Comedy-Drama) James Allodi. A Nova Scotian with a secret makes various suicide attempts while his fellow islanders deal with issues of their own. (In Stereo) (DVS)

9:00 pm A&E (2) \* \* \* "My Cousin Vinny" (1992, Comedy) Joe Pesci. An inept lawyer tries to free his cousin from a Dixie jail. 
FAM (26) \* \* \* "The Rookie" (2002, Drama) Dennis Quaid. A high-school baseball coach makes it to the major leagues as a middle-aged relief pitcher. (In Stereo) (9:30 pm WTBS (3) \* \* \* "Three Men and a Little Lady" (1990, Comedy) Tom Selleck. The bachelors must rethink their joint role of father when Mary's mother decides to marry a stuffy stage director. 
11:08 pm FAM (26) \* \* \* \* "My American Cousin" (1985, Comedy) Drama) Margaret Langrick. Summerof-59 boredom ends for a British Columbia girl when her handsome cousin arrives in a red Cadillac. (In Stereo) (13) \* \* \* "Kill Bill: Vol. 1" (2003, Action) Uma Thurman. Awaking from a coma, an assassin seeks vengeance against her former boss and his ruthless gang. (In Stereo)

8:30 am WTBS 3 \*\*Cats & Dogs" (2001, Comedy) Jeff Goldblum. An eager beagle joins undercover canines on a mission to foil a feline plot to make all people allergic to dogs. (E)

10:00 am WTBS 3 \*%Beverly Hills Ninja" (1997, Comedy) Chris Farley. A ninja watches out for his portly adopted brother, hired to track a mystery woman's beau in Southern California. (E)

A&E 9 \*\*%"The Fugltive" (1993, Suspense) Harrison Ford. A U.S. marshal hunts a doctor on the run who was convicted of murdering his wife. (E)

#### AFTERNOON

12:00 pm WTBS ③ ★★¼"Valley Girl" (1983, Romance) Nicolas Cage. A California girl with a region-al dialect falls totally for a punk rock-

er, FAM 26 \* \*The Thirteenth Year" (1999, Drama) Chez Starbuck. As a boy approaches adolescence he grows scales and fins, communicates with fish and breathes underwater. (In Stereo) 1:30 pm FAM 26 "You Wish!" (2003, Fantasy) A.J. Trauth. An exasperated teen makes a wish that he didn't have a younger brother, and awakens to find that it has come true. (In Stereo)
2:00 pm WTBS 3 \*%"Ella

Stereo)
2:00 pm WTBS ③ \*\*%"Ella
Enchanted" (2004, RomanceComedy) Anne Hathaway. A young
woman embarks on a journey to
break the curse of obedience placed
upon her by a fairy godmother. 
③
3:00 pm VTV② \*\*"Murder in the

Hamptons" (2005, Docudrama) Poppy Montgomery. Amid a bitter split from his wife, multimillionaire Ted Ammon is found dead at his East Hampton estate. (In Stereo)

(DVS)
4:00 pm WTBS ③ ★★★"Mean Girls" (2004, Comedy) Lindsay Lohan. A teen becomes friends with three cruel schoolmates. [6]
YTV [8] ★%"Catch That Kid" (2004, Adventure) Kristen Stewart. With help from her two friends, an adventurous 12-year-old plots to rob a bank to pay for her father's surgery. (In Stereo) [6]
5:00 pm CBC [8] ★★★\*"The Wizard of Oz" (1939, Fantasy) Judy Garland. After a tornado whisks Kansas farm girl Dorothy to a magic land, she must travel to the Emerald City for help in getting back home. (In Stereo) [6]

#### **EVENING**

6:00 pm WTBS 3 \*\* \* "Mean Girls" (2004, Comedy) Lindsay Lohan. A teen becomes friends with three cruel schoolmates. ED YTV 18 \*\* \* "Spy Kids 3-D: Game Over" (2003, Adventure) Antonio Banderas. A boy tries to rescue his sister inside a virtual-reality game created by a madman out to enslave children. (In Stereo) ED 8:00 pm WTBS 3 \*\* \* "Ella Enchanted" (2004, Romance-Comedy) Anne Hathaway. A young woman embarks on a journey to break the curse of obedience placed upon her by a fairy godmother.

upon her by a fairy godmother. (5)
KNOW (5)"Inspector Morse: Who
Killed Harry Field?" (1991,
Mystery) John Thaw. Morse gets a taste of the bohemian lifestyle when

he investigates the death of an artist who also dabbled in forgery. (E)
CBC [3] "The Summit" (2008, Suspense) (Part 1 of 2) Mia Maestro. A union leader and a bioterrorism expert must find the antidote to a biological weapon that threatens millions of lives. (In Stereo) (E)
9:00 pm KHQ [7] "Meteor" (2009, Suspense) (Part 2 of 2) Christopher Lloyd. A collision between two massive rocks in outer space sends a large meteor hurtling toward Earth. (In Stereo) (E)
FAM (26) \*\* \* \* \* "Hero at Large" (1980, Comedy) John Ritter. An actor costumed as Captain Avenger foils a grocery-store robbery and becomes a sensation. (In Stereo)

10:00 pm WTBS 3 \*%"Beverly
Hills Ninja" (1997, Comedy) Chris
Farley. A ninja watches out for his
portly adopted brother, hired to track
a mystery woman's beau in
Southern California. 
SPIKE 44 \*\*"Lucky Number
Slevin" (2006, Crime Drama) Josh
Hartnett. A conflict between black
and Jewish gangsters in New York
City and a case of mistaken identity
land a man in the middle of a
revenge plot of a crime boss.
10:38 pm FAM 26 \*\*\*"Oh,
God!" (1977, Comedy) George Burns.
God comes to Earth as an elderly man
with a twinkle and picks a supermarket
produce manager to spread his word.
(In Stereo) [5]

### We're different, and we like that. Similkameen News Leader

### SATURDAY, JULY 18, 2009

		WTBS	CHBC 4	KNOW 5	KSPS	KHQ	KREM	A&E	KXLY	BCTV	CITV	CBC	YTV	TSN	VTV	DISC	FAM	CITY	SPIKE	TROP
-	AM	-	News 🔞	(5)	6 America	Today (N)	(8)	9	(10)	(1)	(12)	[3]	[18]	[19]	[22]	[24]	26)	29	(44)	45
6						(E)	(5:00) The Early Show	Sell House	Golf: British Open	Fishing	Fishing	Super Why!		Golf: British Open		Combat School @	Overdrive	CHIN	TNA iMPACT!	Soap
_	:30		Tube Tales		Fly Tying		(N)	Sell House	Third	Fishing	Fishn	Busytown	Grossology	Third Round	Kingdom		Rangers	Dharti		Paid
7	AM		Ad Pers	Martha	MotorWeek	News (N)	Cake [tt]	Flip This House [6]		News (N)	News (N)	Turbo	Pretty Cure	(Cont'd).	Anne Grn	American	(7:04)	Eye on Asia		Mad Abt.
-	:30	Paid Prog.	Fishing	Clifford	Travel		Horseland	nouse us	From Ailsa Championshi	1	70	Animal	Rollbots	From Ailsa Championshi	Kids	Loggers (C)	Cory		9	Mad Abt.
0	AM	Videos	Foodies	George S.	Woodsmith		Dino	Flip This	p Course at			Razzberry	SpongeBob	p Course at	Jeff	True Stories	Suite Life	Polish	Hrsepwer	Raymond
0	:30	America's	Driving TV	Bus	Hometime		Sushi Pack	House (N)	Tumberry in Ayrshire,	() (t)		Goldfish	Kid vs. Kat	Turnberry in Ayrshire,	Pringle		School	Studio E	MuscleCar	Raymond
-	AM	Cheers	Paid Prog.	(8:58)	Workshop		Strawberry	Keyshawn	Scotland.	8 8	Driving TV	Bold	SpongeBob	Scotland.	Pringle	How-Made	Zoey 101	Amazing	Trucks!	Seinfeld
9	:30	Cheers	Paid Prog.	(9:28)	Old House		Care Bears	Keyshawn	(Live)	4	Fishing	Presents (N)	Casper	(Live)	Alice	How-Made	So Raven	Downright	Xtreme 4x4	Seinfeld
	AM	Friends	E! News	Maggie-	Ask This	Zula Patrol	Paid Prog.	Movie:		Fishn	Plan	MLS	OddParent		Child Fund	The	Montana	CityLine [8]	Pros vs.	Family Guy
10	:30	Movie:	Daily 10	Beast	Test Kitch	Friend	Health	"Cocktail"		Fishing	Internation	Soccer:	League		Justice	Detonators	Wizards		Joes	Family Guy
	AM	"Three Men	To Be	Rolle Polie	Christina	Paid Prog.	Homeown	(1988) Tom Cruise. (#)		Plan	al (N) Fishing	Houston Dynamo at	Transform		PLAN	Mayday (E)	Sonny	Paid Prog.	Pros vs.	'70s Show
111	:30	and a Little	Announced	Paddington	Primal Grill	Paid Prog.	Ron H.		NASCAR	Internation	Big Coast	Toronto FC.	Wolverine	Sports	Canada 🕮	Contract of the Contract of th	Suite Life	Paid Prog.	Joes	King
-	PM	(1990)	To Be	Lilly (C)	Cooking	Golf:	Backroads	Movie:	Emperor	al (N) News (N)	Paid Prog.	Track and	Pokemon	CFL	Daily Planet			1	Pros vs.	Friends
12	:30	-	Announced	Miss BG	Garden	American	Paid Prog.	"Edward	Replace	Œ	Seinfeld	Field: IAAF	Dinosaur	Football:	E	Handyman	Cheetah	CityLine is	Joes	Friends
-	PM		To Be	The state of the s	Antiques	Century Championshi		Scissorhands	So Raven	Paid Prog.		Golden		Montreal			Girls 2"			
1			Announced	(1:06) Taste	Roadshow	p Second	"Shanghai	" (1990) Johnny		110000000000000000000000000000000000000	Seinfeld	League	Dragon	Alouettes at Saskatchewa	Why are the part of the part o	Animals	(2006)	King	Pros vs. Joes	Raymond
	:30			Mechanics		Round.	Noon"	Depp. 🖭	So Raven	Paid Prog.	Simpsons		Monster	n		Animals	(1:36) "Wendy Wu:	King		Raymond
2	PN		To Be Announced	(2:03)	History Detectives	(Live) (II)	(2000) Jackie Chan.		Open Highlights	Seinfeld	Simpsons	Swimming	Rollbots	Roughriders. (Live) [8]	Car	MythBuster s [f]	Homecomin		Pros vs. Joes	'70s Show
_	:30			Fetch! Ruff	(E)			Movie: "The Fugitive"		Simpsons	Simpsons		Hawks	(Live) Dis	Z00	3 634	g Warrior"	Reviews	Joes	Seinfeld
2	PM	Family Guy	CONTRACTOR OF THE SECOND	Upside	Saddle Up	Athlete	Paid Prog.	(1993,	Paid Prog.	Simpsons	Family Guy	5.500 March 11	Team	CFL	Twice in a	Cash Cab	Suite Life	News (N)	Pros vs.	Bob-Doug
3	:30	Family Guy	Announced	(3:26) Little	Trek	Veggie	Paid Prog.	Suspense)	Paid Prog.	Simpsons	Family Guy	Creature	Mystery	Football: Winnipeg	Lifetime [#]	Qubit (N)	Suite Life	Amazing	Joes	Parker
A	PM	Payne	To Be	(4:02)	Europe	Penguins	Access	Harrison Ford. [8]	Hometime	Family Guy	Family Guy	POPER NUMBER OF STREET	Movie: "Yu-	Blue	First Story	Cash Cab	Wizards	Without a	Pros vs.	Family Guy
4	:30	Payne	Announced	(4:27)	Burt Wolf	Turbo	Hollywood (N)		Explorer	Family Guy	Global	13	Gi-Oh!" (2004)	Bombers at Hamilton	First Story	How-Made	Cory	Trace [E]	Joes	Family Guy
-	PM		E! News	George Shrinks	Summer	News (N)	News (N)	Movie: "My	Storms	Family Guy	(4:59) News	To Be	Voices of	Tiger-Cats.	etalk [6]	Destroyed	Sonny	Murdoch	Pros vs.	Friends
5	:30	Legend of Zorro"	News	Creatures	Keep Up	NBC News	CBS News	Cousin Vinny"	ABC News	Global	III)	Announced	Dan Green.	(Live) @	Watchmen	Time Warp	Montana	Mysteries	Joes	Friends
	PM	- C.	Global	Profiles of	Lawrence	News (N)	News (N)	(1992,	News	(5:59) News	Doc 🔃	Sat. Report	Kid vs. Kat	NASCAR	News (N)	Deadliest	(6:01) Jonas	Movie:	Pros vs.	Bob-Doug
6	:30	Antonio	What	Nature [6]	Welk Show	Judge J.	Scrubs	Comedy) Joe	The Insider	(N) (E)		Marketplc	League	Racing:	[60]	Catch @	Buzz	"Suddenly	Joes	Parker
-	PM	Danderas.	Out There	Moon	Benny	CSI: NY	Cold Case	Pesci. [E]	Entertainm	Doc (t)	Doc [tt]	The Nature	Prank Ptrl	Nationwide Series	W-FIVE-	Destroyed	Suite Life	Naked" (2001) [6]	Movie:	Family Guy
7	:30		E News	Machines	Time Goes	"Taxi" (E)	"The Letter"	Hammertim	ent Tonight			of Things	Prank Ptrl	Missouri-	Musical	Guinea Pig	(7:19) Zoey	(DVS)	"Any Given	Family Guy
100	PN	The Hunt for	Rich Poor	(N) Heartbeat	George	Kings "The	The Unit	e 🕮	Wipcout [tt]	Doc 761	Doc "Wake	Week	Survive	Illinois Dodge	Brain Movie:	Angel	Suite Life	News (N)	Sunday" (1999,	Bob-Doug
8		the Blood	Rich Poor	Œ	Carlin:	New King"	<b>(E)</b>	Hammer	Tripeout (81	DOC (M)	Up Call"	Women	Adrenaline	Dealers 250.	"Wilby	Angel	Montana	Reviews	Drama) Al	Parker
-	:30	The same of the sa	Movie	Midsomer	Twain Prize	Law Orden	NID ID ID	No.	C-d-m	Des Willeles	Dee	All Assess	Transconding.	(Live) @	Wonderful"			717.00.00	Pacino,	1000
9	PN		Movie	Murders		Law Order: CI	NUMB3RS (E)	Movie: "My Cousin		Doc "Wake Up Call"	Doc "Blindsided"	All Access Concerts	In Real Life		(2004) James	Deadliest Catch @	Movie: "The Rookie"	EP Canada	Cameron Diaz, Dennis	Friends
-	:30	Movie: "Three Men		"Dead	Mike Neun			Vinny"			(6)	(N)		Sports	Allodi.		(2002)	Amazing	Quaid.	Friends
10	PN	and a Little		Letters" @	Monty Python	Law & Order: SVU	48 Hours	(1992, Comedy) Joe		Doc "Blindsided"	News (N)	Intelligence	Prank Ptrl	X-Games Classix (N)	Law & Order: SVU	Destroyed	Dennis Quaid. [t]	Paid Prog.		'70s Show
10	:30	(1990)				3.4	The state of the s	Pesci. (E)		(E)	Driving TV		Prank Ptrl	Towns A		Time Warp	Quald. (E)	Paid Prog.	Prisoners- Ctrl	Seinfeld
111	PN	(1330)	News (N)	Montreal Jazz	Austin City Limits [3]	News (N)	News (N)		Edition	News (N)	(10:58) J.R.	News [ff]	Mystery	SportsCentr e (Live) @	News (N)	1 Way Out	(11:08) "My	Paid Prog.	Ciri	Mad Abt.
111	:30	Chopper	E News	Juzz	Lunis IVI	Sat. Night	Legend of	Hammer	Paid Prog.	Sat. Night	Sat. Night	"Kill Bill"	Ghost	e (Live) (C	News (N)	Destroyed	American Cousin"	Paid Prog.	Riots	Mad Abt.

#### **SUNDAY, JULY 19, 2009**

		WTBS	CHBC 4	KNOW 5	KSPS 6	KHQ (7)	KREM 8	A&E	KXLY	BCTV	CITV 12	CBC	YTV 18	TSN (19)	VTV 22	DISC 24	FAM 26	CITY 29	SPIKE	TROP 45
	AM	Sports	News (tt)		Maya	A description of the second	Paid Prog.	Private	Golf: British	Is Written	Driving TV		Being Ian	(5:00) Golf:		Earthshocks		Amazing	Married	Driving T
6	:30	Saved-Bell	Pioneers		Fetch! Ruff	Œ	Paid Prog.	Sessions (N)	Open Final Round.	Fishful	Whata	Save-Ums!	Grossology	British Open Final	[4]		Rangers	In Fashion	Married	Paid Prog.
_	AM	Saved-Bell	Hunter	Martha	Raggs 🔃	News (N)	CBS News	The	From Ailsa	Foodies	Canada	Razzberry	Monster	Round	Twice in a	Treasure	(7:04)	Eye on Asia	Married	Mad Abt.
1	:30	Videos	Fishing	Clifford	Animalia	Northwest	Sunday Morning	Sopranos	Championshi p Course at	Canada	Is Written	Coronatn	Casper	(Cont'd). From Ailsa	Lifetime [6]	Quest [tt]	Cory		Hrsepwer	Mad Abt.
	AM	Videos	Fishn	George S.	Reading		(N) (E)	The	Tumberry in	News (N)	TribalTrail	Coronatn	Kid vs. Kat	Championshi	Anne Grn	Mighty	Suite Life	Eye-Asia	Hrsepwer	Raymond
8			Powerboat	Bus	Electric	Press (N)	Nation	Sopranos	Ayrshire, Scotland.	33	Marriage	Coronatn	League	p Course at Tumberry in	Pringle	Ships	School	Festival	MuscleCar	Raymond
			Neighborho	(8:58)	Wishbone		Paid Prog.	The	(Live)	l. 1	Hour of	Coronatn	OddParent	Ayrshire,	PLAN	Funniest	Zoey 101	Italiano di Johnny	Trucks!	Seinfeld
9		(2001) @	od	(9:28)	Biz Kid\$	Trainer	Paid Prog.	Sopranos (E)			Power [tt]	Coronatn	Barnyard	Scotland.	Canada [tt]	Animals	So Raven	Lombardi	Xtreme 4x4	Seinfeld
	-	Movie:	Vanity	Maggie-	Make 📧	Paid Prog.	Backroads	Movie: "The		Driving TV	Listen Up	CBC News:	SpongeBob		Jeff	Interrogatio	Montana	(In Italian)	Jesse James	Just Shoot
10	:30	"Beverly Hills Ninja"	Marriage	Beast	Ride, Lives	Paid Prog.	Paid Prog.	Fugitive" (1993,	X-Fighters	Listen Up	Foodies	Sunday	iCarly [tt]	Sports	Travel	n -	Wizards			Just Shoot
	AM	(1997) Chris	TBA	Rolie Polie	Foreign	A	American	Suspense)	(Taped)	Hour of	Driving TV	fifth estate	Jackson	Fishing	Canada's	How-Made	Suite Life	Reviews	Jesse James	King
11	:30	Farley.	TBA	Paddington	European	Sports (Taped)	Idol Rewind	Harrison Ford. @	Make	Power CC	Disaster		H2O Just	Motoring	Worst	How-Made	Suite Life	EP Weekly		King
	PM	Movie:	То Ве	Lilly (EC	Globe		Extra (N)	Tota. W	Ironman	News (N)	Seinfeld	Land Sea	The Next	NASCAR	W-FIVE-	Heli-	Movie: "The	Amazing	Jesse James	Friends
12		"Valley Girl" (1983)	Announced	Miss BG	Trekker	American Century	(C)	Simmons	Triathlon	(EC)	Seinfeld	Mansbridg	Star 2 📧	Racing	Musical Brain	Loggers (ff	Thirteenth Year" (1999)	Role		Friends
	_		То Ве	(1:06) Think	The History		To Be	Simmons	TEVA	Big Coast	Seinfeld	Steven and	In Real Life	Softball:	W-Five-My	Mayday 🔃	real (1999)	The O.C.	Jesse James	Raymond
1	:30	Cage.	Announced	Mechanics	Project	p Final Round.	Announced	Simmons	Mountain Games	Seinfeld	Simpsons	Chris [	[33]	Canada vs. United	Messy Life		Movie: "You	"The Swells"		Raymond
	PM	Movie: "Ella	To Be	World Og	Swiss Rail	(Live) @		Simmons	Open	Seinfeld	Simpsons	Fashion F.	Adrenaline	States	THE DESIGNATION OF	MythBuster	Wish!" (2003.	The O.C.	UFC	Seinfeld
2		Enchanted"	Announced	Fetch! Ruff	Journeys			Simmons	Highlights	Simpsons	Simpsons	72 Hours	Survive		Lifetime [tt]	s [t]	Fantasy)	[12]	Unleashed	Seinfeld
	PM		To Be	Upside	Walt God	Paid Prog.	Paid Prog.	Parking	Paid Prog.	Simpsons	Family Guy	Doc Zone	Prank Ptrl	SportsCentr	Movie:	Cash Cab	Suite Life	News (N)	UFC	GoldMind
3	:30		Announced	(3:27) Little	Wait God	Paid Prog.	Detox	Parking	Paid Prog.	Family Guy	Family Guy	(EE)	Family Biz	e (Live) [tt]	"Murder in	How-Made	Suite Life	Amazing	Unleashed	GoldMind
		Movie:	To Be	(4:02)	Moneytrk	CSI: NY	Access	Parking	Wall St	Paid Prog.	Family Guy	Jeopardy!	Movie:	Boxing:	Hamptons"	MythBuster	Wizards	Two Men	UFC	Carlawood
4	:30	"Mean Girls"	Announced	(4:27)	Hometime	"Hostage"	Hollywood (N)	Parking	Matthews	Family Guy	Global	Fortune	"Catch That Kid" (2004)	Friday Night Fights.	(2005)	s Sayings.	Cory	Chris	Unleashed	Parker
	PM		Okanagan	George Shrinks	Workshop	News @	News (N)	Dog	Movies	Family Guy	(4:59) News	Movie: "The	Kristen		In Fashion	Journey to	Sonny	Kings [tt]	UFC	Friends
5	:30	Lindsay	News	Creatures	Old House	NBC News	CBS News	Dog	ABC News	Global	Œ	Wizard of Oz" (1939)	Stewart.		FashionTel	the Edge of the	Montana		Unleashed	Friends
		Lohan. [4] Movie:	Global	Saddle	Lark Rise	News (E)	News (N)	Simmons	News	(5:59) News	16:9	Judy	Movie: "Spy	2009 ESPY	News (N)	Universe [ff]	(6:01) Jonas	Royal Pains	UFC	Carlawood
6	:30	"Mean	What	Undersea	to Candleford	Fortune		Simmons	Storms	(N) Œ	Amer Dad	Garland.	Kids 3-D: Game Over"	Awards (N)	Œ		Buzz	Œ	Unleashed	Parker
_		(2004)	Inside	First on the	Nature	Am. Road	60 Minutes	Hammer	Funniest	16:9	Simpsons	Heartland	(2003)		Corner Gas	MythBuster	Suite Life	Crusoe [tt]	Jesse James	GoldMind
7	:30	Lindsay Lohan, (6)	Hollywood (N)	Moon	"Superfish"	Trip	(E)	Hammer	Home Videos	Amer Dad	Family Guy	Œ (DVS)			Degrassi	s [tt]	(7:19) Zoey	(DVS)		GoldMind
		Movie: "Ella		"Inspector	Masterpiece	Merlin (N)	Big Brother	Hammer	Extreme-	Big Brother	Big Brother	Movie: "The	Prank Ptrl	SportsCentr	Merlin (N)	Anthony	Suite Life	News (N)	Jesse James	What
8	:30	Enchanted"	Home	Morse: Who Killed Harry	Mystery!	Œ	11 (N) Œ	Hammer	Home	11 (N) (E)	11 (N) @	Summit" (2008) Mia	Prank Ptrl	e (Live) III	(E)	Bourdain	Montana	EP Weekly		Weekend
1	PM	(2004) Anne Hathaway.	Movie	Field?" [C]	(DVS)		Cold Case	Dog	Desperate	Family Guy	Family Guy		In Real Life	Premier	Cold Case	Journey to	Movie:	American	MANswers	Friends
9	:30				West	"Meteor" (2009)	Œ	Dog	Housewives	Simpsons	Simpsons		(II)	Poker	(E)	the Edge of	"Hero at	Gladiators	MANswers	Friends
		Movie:	4	Life Begins	MI-5 "The	300 CC   100	Without n	Simmons	(10:01)	Simpsons	News (N)	CBC News:	Adrenaline	Premier	Without a	Universe (C)	Large" (1980) 📵	Paid Prog.	Movie:	Seinfeld
10	:30	"Beverly	3	383	Sleeper"		Trace (E)	Simmons	Brothers & Sisters [tt]	Family Guy	16:9	Sun.	Survive	Poker	Trace [tt]		(10:38)	Role	"Lucky	Seinfeld
	_ 11.03	Hills Ninja" (1997) Chris	News (N)	Montreal	Globe	News (N)	News (N)	Hammer	News	News (N)	Paid Prog.	News [ff]	Mystery	SportsCentr	News (N)	MythBuster	Movie: "Oh,	Role	Number Slevin"	Mad Abt.
11	:30	Farley.	Okanagan	Jazz	Trekker		(11:35)	Hammer	Van Impe	16:9	Paid Prog.	Dr. Who	Ghost	e (Live) @	News (N)	s Œ	God!" (1977) [E]	Body Tech	(2006)	Mad Abt.

#### **MONDAY, JULY 20, 2009**

		WTBS	CHBC	KNOW	KSPS	KHQ	KREM	A&E	KXLY	BCTV	CITV	CBC	YTV	TSN	VTV	DISC	FAM	CITY	SPIKE	TROP
		3	4	5	6	7	8	9	10	111	[12]	[3]	18	(19)	22	24	26	29	44	45
6	:30	Jeffersons Sanford	News (N) Tube Tales	Franklin George S.	Bob Build Lions	News (N)	News (N)	The Sopranos	News	(5:30) News (N) [E]	(4:30) News (N) Œ	CBC News:	Rolie Polie Dewitt	e @	Canada AM	s @	King [tt]	CityLine [6]	Married	Once a Thief @
-	AM	In the Heat	Room	Martha	Arthur (EI)	Today (N)	The Early	American	Good			(N) Save-Ums!	Berenstain	SportsCentr		Austin	(6:56)	The Tyra	CSI: Crime	The Outer
7	:30	of the Night	That News	(7:29) Dora	Martha	Œ	Show (N)	Justice	Morning	- 1		Animal	Rolle Polie	e @		Stevens	Phineas	Banks Show		Limits 🔢
_	AM	Cosby	Ad Pers	the Explorer	Curious		(tt	Cold Case	America (N)		100 Huntley		Timothy	SportsCentr		How-Made	Weekend	Rachael	CSI: Crime	North of 6
8	:30	Cosby	What	Bus	Sid			Files III			Street III	Busytown	Willa	e 🔃		How-Made	K. Possible	Ray 🕮	Sen	Œ
_	AM	Fam. Feud	Three Takes	Berenstain	Super Why!		The 700	LONG YEAR OLD COLLEGE	Regis and	T+05/F106/refQ+75	World	Super Why!	Casper	Off-Record		MythBuster	Feet	News (N)	CSI: Crime	TV Made
9	:30	Fam. Feud		Clifford	Clifford		Club @	"Pro Per"	Kelly	Street [	Vision	Gofrette	(9:25) Kid	Fishing	Kelly	s (ff)	Tigger	City	Sen	What
10	AM	Trivial	The Mom	Sid	Sesame		Marie Company of the Company		The View	Hospital for	Debt Part	Wilbur @	(10:05) Viva	Champ.	The View	Canada's	Mickey	The O.C.	CSI: Crime	What
10	:30	Trivial	Show [ff]	(10:25)	Street (EI)		Right (N)	Œ	(N) (E)	Sick Kids	House	Doodlebop	Erky Perky	Darts	(N) (E	Worst Driver	Handy	"The Swells"	Sen	Videos
4.4	AM	Harvey	One House	Rolie Polie	Dragon	Ellen	Young and	Crossing	Paid Prog.	World	(10:59)	Dinner	(10:50)	Down the	Twice in a	Mayday	Benj Bear	The Bonnie	PSUSPENDING PAULON	Videos
11	:30	Harvey	Guys	Berenstain	Sit-Be Fit	DeGeneres Show	the Restless	Jordan @	Paid Prog.	Vision	News (N)	Antiques	Ruby	Barrel [	Lifetime @	"Ripped Apart"	(11:25) King	Hunt Show	Sen	Ellen @
40	PM	Fresh Pr.	Chef	(11:56)	Charlie	Paid Prog.	News (N)	The	All My	News (N)	Days of our	CBC News:	Monster		etalk 🔃	Forensic	(11:49)	CityLine [6]	10-7004-08-70-86-70-08-70-7	Seinfeld
12	:30	Fresh Pr.	Design U	(12:32)	Rose @	Paid Prog.	Bold	Sopranos	(N) Œ	Œ	Lives (N)	Today (N)	Grossology		Bold	Factor (6)	Weekend		Sen	Seinfeld
4	PM	Still Stnd	Home to	Maggie	Fine Art	Days of our	As the	American	One Life to	As the	As the	Martha	Hawks	Boxing:	Sue	Megabuilde	Dragon	ER "A		Raymond
1	:30	Still Stnd	Parents	Sagwa	Sewing	Lives (N)	World Turns (N)	Justice	Live (N)	World Turns (N)	World Turns (N)	Stewart	(1:40) Viva	Friday Night Fights. [tt]	Thomas: F.B.Eye	rs	Emperor	House Divided"	Sen	Raymond
2	PM :30	King King	Guiding Light (N)	(1:56) BluesClues	Barney WordWorld	The Bonnie Hunt Show	Guiding Light (N)	Cold Case Files @	General Hospital (N)	Young and the Restless	The Doctors	Steven and Chris E	Mystery Team		General Hospital (N)	MythBuster s @	(1:54) K. Possible	News (N)	CSI: Crime Sen	Raymond Raymond
	PM	Seinfeld	Split Ends	(2:57)	Big World	Judge	Dr. Phil @	CSI: Miami	The second second	The Doctors	Young and	Living	Pretty Cure	Off-Record	Dr. Phil @	Canada's	Replace	News (N)	CSI: Crime	
3	:30	Friends	(N) (E)	Zoboomafo o Meeting	WordGirl	Judge		"Pro Per"	Ray [tt]	Œ	the Restless	Food	SpongeBob	Sports		Worst Driver	Emperor	Œ	Scn	Œ
4	PM	Family Guy	Debt Part	smart ani-	Fetch! Ruff	Judge J.	Oprah	CSI: Miami	Deal No	Oprah	(3:59) News	Fashion F.	SpongeBob	Boxing	Ellen	Direct From	(4:08)	Law &	UFC	Once a
4	:30	Family Guy	That News	George S.	Cyberchas	Judge J.	Winfrey (C)	Œ	Deal No	Winfrey @	Global	Red Green	SpongeBob		DeGeneres Show	the Moon	Phineas	Order: SVU	Unleashed	Thief @
-	PM	Payne	Deal No	Martha	BBC News	News (N)	News (N)	Intervention	News	News (N)	(4:59) News	Simpsons	SpongeBob	World	News (N)	MythBuster	Suite Life	The	UFC	Carlawoo
5	:30	Payne	News	(5:33)	Business	NBC News	CBS News	"Allison"	ABC News	Global	(N) E	Fortune	SpongeBob	(Taped)	Œ	s (ff)	Montana	Bachelorett e "The Men	Unleashed	Parker
6	PM	The state of the s	Global	Taste Buds	News-	News (N)	News (N)	Intervention	News	(5:59) News	ET Canada	News (N)	iCarly (E)		News (N)	Dirty Jobs	Zoey 101	Tell All" (N)		Ground U
6	:30	Weather Man" (2005)	News	Mechanics	Lehrer	Millionaire	Hollywood	(N) (E)	News	(N) Œ	Entertain	Œ	iCarly [ff]		Œ	"Egg Farm"	Life Derek	Œ	Unleashed	
7	PM	(100 miles)	E! News	Undersea	'Allo, 'Allo!	Jeopardy!	The Doctors	Obsessed (N) (C)	Entertain	Entertain	Without a	Coronatn	The Next Star 2 [tt]	SportsCentre (Live) [tt]	etalk 🔃	American	Wizards	(7:02) Dating in	4th and	Are You
1	:30		The Insider	Landscape	Europe	Fortune		(14) [35]	The Insider	ET Canada	Trace (M)	Jeopardy!	Sur 2 (G)	e (Live) (E)	Hollywood	Loggers (N)	Montana	the Dark	Long (N)	Smarter
Q	PM			First on the Moon	Antiques Roadshow	Law & Order	How I Met	The Cleaner	The Bachelorett	House (#)	House @	Triple Sensation	Malcolm		Law & Order	Direct From the Moon	Suite Life	News (N)	Jesse James	Weekend
8	:30	Movie: "The Weather				"Pledge"	Rules	Y	e "The Men	1		(N)	Futurama	Off-Record	"Pledge"		Buzz	(8:35) News		Bob-Doug
9	PM :30	Man" (2005) Nicolas	The Soup Wildest TV	The Blues	History Detectives (N)	Law Order: CI	Two Men Big Bang	Intervention "Allison"	Tell All" (N)	Lie to Me "Unchained"	Lie to Me "Unchained"	Just for Laughs @	League Zixx Level	2009 ESPY Awards (E)	Law Order: CI	MythBuster s @	Wizards Life Derek	(9:06) Jimmy Kimmel	CSI: Crime Scn	Seinfeld Seinfeld
10	PM	Cage.	Final 24 (N)	PRODUCTION AND DRIVENING	Paving the	The Wanted		Intervention		The Unit	News Hour	National	The Next		CSI: Miami	Committee of the second second second	School	Flavor of	Most	Raymond
10	:30	Sanford	Œ	Œ	Way	(N) EE	(8)	Œ	Dating in the Dark	(EE)	Final (N)		Star 2 ct		Œ	Loggers (ff)	Cory	Love	Amazing Videos	Seinfeld
4-4	РМ	Sanford	News (N)	Ravens	Charlie	News (N)	News (N)	Obsessed	News	News (N)	Entertain		Mystery	SportsCentr	News (N)	Dirty Jobs	Suite Life	Judge	Disorderly	Raymond
11	:30	Montel W.	Guy Stuff	Landscape	Rose (N)	Tonight	Late Show	(C)	(11:35)	(E)	ET Canada	Hour (tt	Ghost	e (Live) (	News (N)	"Egg Farm"	Life Derek	News (t)	Con.	Raymond

### Monday Movies

**EVENING** 

6:00 pm WTBS ③ ★★%"The Weather Man" (2005, Comedy-Drama) Nicolas Cage. A Chicago weather forecaster tries to mend relations with his father, his ex-wife and his two children. 配 8:30 pm WTBS 3 \*\*%"The Weather Man" (2005, Comedy-Drama) Nicolas Cage. A Chicago weather forecaster tries to mend relations with his father, his ex-wife and his two children. ©



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births

births

### Alena Maria Barker

June 18, 2009 - Penticton, BC

Holten, Karisa & Shalane announce the arrival of their baby sister Alena Maria!



Mommy & Daddy: Bonnie & Warren Barker

**Grandparents:** Dave & Luisa Cardin

Dave & Marge Baker

Another tiny blessing! Our family is complete!

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Last week's Summer Adventure Camp theme was 'Under the Sea' and on Wednesday, July 8th everyone made a colourful fish to decorate their wall mural at Vermilion Forks Elementary. \*





Summer Adventure Camp Leader Chantelle White assists a participant with their project. \*

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Tylor Edzerza

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Attention

Diane McIvor Box 431 Princeton, B.C. VOX 1W0

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Attention:

Patrick Hurley Box 1989 Princeton, B.C. VOX 1W0

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Attention:

Margaret Coultish General Delivery Princeton, B.C. VOX 1W0

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Attention:

Crash Crawly's - Bill Enefer Unit 1 14300 Wollridge Street Coquitlam, B.C. V3K 6Y6

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# **Editorial Page**

Similkameen News Leader, 226A Bridge Street, PO Box 956, Princeton, BC V0X 1W0

### You may as well fine me

Before I get into my rant about bylaws I have to say this: the Town of Princeton has recognized the need to update their massive collection of bylaws.

This is a very good thing.

The Town has also decided to finally attach fines (rather than warnings) to bylaw infractions (also good) and has employed a full-time bylaw officer for enforcement (also good).

But I see some flaws that need to be addressed.

First of all I think the fines are too low and the fact that if you pay your fine within 72 hours of receiving your ticket your fine is reduced by 50% makes the original fine amount laughable.

For example: If you are caught parking in a yellow zone the fine is \$50.00. Pay it right away and it'll cost you the bargain price of \$25.00. I think if I were dumb enough to park in a yellow zone and received a fine of \$100 or better, with no special offer for early payment, I'd probably think twice about doing it

Another example: If you are caught sleeping in your vehicle it'll cost you \$35.00. Pay it early and it's only going to sting as much as \$17.50. Either way, still cheaper than a hotel room so what message are we sending here?

How about those big RV's towing cars behind them parked in empty lots for the night on weekends?

Which brings me to my second point. I imagine the bylaw enforcement officer doesn't work weekends. Last weekend a big RV with a fancy sports car towed behind it spent the night in a lot near my home. For free.

I'm all for welcoming tourists to our fabulous little town, but if you can afford a monster RV and a toy to pull behind it I think you can afford to park for the night at a local RV park. In fact, if I owned a RV park I'd be walking over to Town Hall now to speak to someone about this very issue.

Number Three. Failure to yield to a pedestrian is a \$100.00 fine (\$50.00 if paid in 72 hours). All the bylaw enforcement officer has to do is set up a lawnchair at the intersection of Bridge Street and Fenchurch Avenue and after a few days the Town of Princeton Reserve Fund would be in pretty good shape.

Ask anyone who's tried to scurry across that intersection and you'll find out exactly what I mean. I considered carrying a paintball gun with me each time I go to get the mail so I could mark infractions on my own, but I'd probably be violating a bylaw of some kind.

At least I'd be able to knock the fine down by 50% if I paid it early which would leave me a few bucks for extra paintballs.

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We acknowledge the financial support of the Government of Canada through the Publications Assistance Program towards our mailing costs."

#### EDITORIAL GUIDE

We would like you to write to us, but please remember to abide by anti-discrimination

The News Leader reserves the right to refuse to print any letter which is not signed by the writer or is standerous , libelous or of uncommon sense!

The Editor reserves the right to condense any letter or to substitute proper language for improper language.



Wayne Harrop blasts one into the outfield in a mixed slo-pitch match Saturday, July 11th between the Blue Bombers and Over 60 teams at Princeton's Memorial Park main ball field. \*

### ...It's Still my Turn

### Whose cherries are in your pie?

A friend of mine from the Lower Similkameen called the other day.

He's a fruit grower with a problem. It's got to do with NAFTA and antidumping agreements that he and his orchardist friends don't think are being enforced.

I looked into it. Partly because I'm interested in how we are going to support the '100 Mile Challenge' if growers in the Keremeos area a forced to plow under crops and partly because I wanted to know a little more about the cherries I buy at the grocery

I had to start at the beginning, which was to find out about the North American Free Trade Agreement (NAFTA) which was a free trade agreement reached by the United States, Canada and Mexico in 1994. The agreement instituted a schedule for phasing out tariffs and also eliminated a number of fees and hurdles to basically encourage free trade between the North American countries.

My research revealed that - not surprisingly - agriculture still

remains a controversial topic within NAFTA (and many other free trade agreements).

NAFTA's Chapter 19 deals with antidumping and countervailing duty determinations.

Dumping in economics is basically any form of predatory pricing but is usually used in the context of international trade where dumping is the act of a manufacturer in one country exporting a product to another country at a price either lower than it costs in it's home market or below the cost of production.

So when my friend from the Lower Similkameen tells me cherries are selling for \$1.00 per pound retail and the cost of production is close to that, it doesn't take a rocket scientist to see it isn't making the local growers much at all.

Add to that cherries shipped in from - pick anyplace in the Northern United States, for example - then the picture starts to get clearer and I am thankful I'm not an orchardist.

My friend tells me he's seen on the internet places in Calgary and Toronto where they are just giving away cherries.

Who would have thought cherries would become the lost litre to get you to buy something else?

We no doubt have free trade to thank for that.

No wonder the cherries in my cherry pie aren't from around here. When you get cherries flooding the market from somewhere else at a bargain basement price at a time when the current economy is still soft, the cheap cherries will always get picked first by the con-

Maybe my fruit growing pal is right. It's time someone started to make a little noise in support of the farmers in our valley.

Pick up your pen or computer keypad and write to you MP. Phone him if you prefer. Regardless of how you reach him, tell him you've had enough of someone else's cherries.

You want to support the 100 Mile Challenge and weak antidumping regulations are not helping you to achieve that goal.

Then we'll move on to apples.

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### Current Comment

### **Teens And Hi-Tech Stupidity**



Dawn Johnson editor@thenewsleader.ca

All of us who are older than 25 know how stupid teenagers can be. Often, they are criminally or dangerously stupid.

I am not suggesting teens lack brainpower, for most surely their brains are fully developed. What teens lack is experience, along with the ability to think things through to the consequences.

Teenage girls have been committing suicide in the United States because of stupid things they have done on their hi-tech cell phones. One girl used her cell phone to send nude photos of herself to her boyfriend.

He saved them.

When they broke up, he was so angry he sent those photos, via phone, to every guy he knew. Suddenly, everyone at school was laughing at this girl and teasing her. There is always a price to pay for stupidity. She hanged herself.

The young fellow who sent these photos was equally stupid. The girl was under age 18. The police are now considering charging the ex-boyfriend with distributing child pornography. Should he be charged and convicted, he will not only have a criminal record, he will be classified as a sex

Imagine the long term consequences of that label. Imagine him at age 30, with a wife and child, and the police come knocking at his door because there has been a child molestation in his neighborhood. As a registered sex offender, he would face this situation time and again, because of his teenage stupidity.

Should he be convicted of this crime, he will never be allowed to move to another country, and the doors to job opportunities in many different professions or careers will be closed to him. Increasingly, employers are asking for intensive background searches before they hire anyone for a position of trust and high responsibility.

Teenagers think they have plenty of experience and know the ropes. They delude themselves. They may know a great deal about what's on the educational curriculum, but they are often surprised by things not in the curriculum.

Most have not ever read the Canada Criminal Code. It should be a book they read before they wind up in court.

In North Vancouver, some teenage girls have been advertising their sexual availability on internet.

Apparently, they do not consider this to be prostitution. They feel they are not in the same class of the sex trade as the girls walking the streets. In fact, I doubt if they consider themselves as sex trade workers (the other name for prostitutes).

They feel they are safer than the girls on the street, but they fool themselves. At some point, they have to be alone with the guy who's paying for sexual favours, and that is when the danger

They have no guarantees the guy who wants their body is not cut from the same cloth as Robert Picton or the Green River killer or any number of serial killers who thought prostitutes were fair

I am sure the other thing these girls never thought about was what happens when Mom and Dad find out what she's up to. Or what happens when Grandpa and Grandma hear about it, and all those aunts, uncles and cousins?

Think of trying to charm or

explain or weep your way out of

Soliciting sex is a crime. Sex trade workers are arrested on a regular basis, charged, convicted, and sometimes jailed for quite

They have criminal records, and this often prevents them from leaving the sex trade and going on to a regular job. A criminal record is not something you can just leave in the past and go on with your life. You have to wait seven years after conviction, and be very good, before you can receive a pardon.

Looking at the personal lives of these girls, how are they going to explain to prospective husbands that they once sold their sexual favours via internet? What would the in-laws think? And, if they ever have children and those children ever find out, how do they explain their past behav-

There are plenty of hazards to avoid among teens using today's hi-tech communication devices, anything from making friends with sexual predators to the stupid things mentioned above. I am not going to blame parents for any of this, although the experts say parents should be monitoring what their kids are putting on internet. That's hard enough to do when the hook-up is at home, but these young people can go to the net or on a cell phone in a vast number of loca-

What parents need to do is explain to teens to think past the moment, think of the consequences, and be smart.

Regardless of the time and place, teaching teens those lessons is the toughest job in the

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Hannah Gould and Kodi Lindley sing their hearts out as part of Princeton Performing Arts Society's talent show 'Princeton's Got Talent.' Fourteen acts, in three age categories, competed July 11th at Riverside Theatre for a spot to perform on stage during the Princeton Fall Fair. More photos on Pages 26 and 27. \*

.....continued from Page 9

feet. But though seemingly cruel the treatment was effective for the Indian did not seem any the worse the next time I saw him."

For weeks, often months, the only person Mrs Allison saw with any regularity were the Indians and rare was the pioneer family which was not burned out at least once and many families lost their homes several times and often in the dead of winter. The Allison's' home/store went up in flames one night. It was a case of rebuild and start again. "We took a small piece of bacon off the storeroom counter and an open sack with about fifteen pounds of flour and left the doomed house. Looking up at the building it looked red hot. Then the melted glass poured down from the windows and the store shelves, flour and everything was red - then it crashed."

In 1878, the Allison's had a flourishing ranch on bench land above Okanagan Lake. It was a rough winter, with bitter cold in February that weakened the cattle, then a fast thaw in March that was followed by another cold spell that covered the grazing land with a blanket of ice. "The thermometer dropped to 60 below and the cattle tired and heated from the long drive, died in piles; frozen in one pile they counted 200 huddled together. That night alone lost us half our bunch. Vernon's,

O'Keif, Leqimme and others as well as ourselves lost two thirds of our stock."

This cruel stroke of nature ended the Allison's ranching hopes in the Okanagan. That spring they returned to Princeton where their ventures prospered and Susan Allison became the best known and most loved lady in the Similkameen.

### Blakeburn reunion a success!

by Terry Malanchuk

It has been 69 years since the Coal Camp of Blakeburn closed its doors, forever. But the memories of life atop the mountain are as fresh today as back in 1940. Last Saturday, at the Princeton Legion Hall, Organizer Lillian Young once again hosted a gathering of Blakeburn and Coalmont Alumni.

Though their numbers are steadily falling, twenty guests attended this years Reunion.

They came from as far as Calgary and Prince Rupert. Several well-known families were represented, such as the Rhodes, Coles, Murrays, Smarts, Browns and Millers.

Countless photos and memories were shared of days gone by. Each guest expressed their gratitude to all who have taken the time to record and promote the rich history of the Similkameen area. It is their firm wish that this work should continue.

Everyone received copies of the recently published Princeton BC News, which were eagerly and appreciatively devoured.



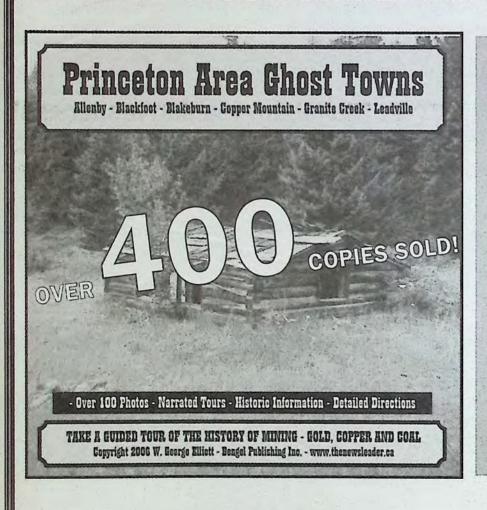
The scene of the 2009 Blakeburn Reunion July 11th at Princeton Legion Hall. Former residents visited with each other, sharing stories and good times. Photo: Terry Malanchuk

# Ghost Town

A town that has been abandoned, usually because the economic activity that supported it no longer exists.

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First Place in the '12 and Under' category of Princeton's Got Talent went to Elizabeth Eggertson who performed a ballet while lip syncing to a song. Winners were chosen by People's Choice ballot. \*



Alyssa Larsen won First Place in the 'Youth' category during Princeton Performing Arts Society's 'Princeton's Got Talent' show July 11th at Riverside Theatre. Larsen sang the song "Angel." \*

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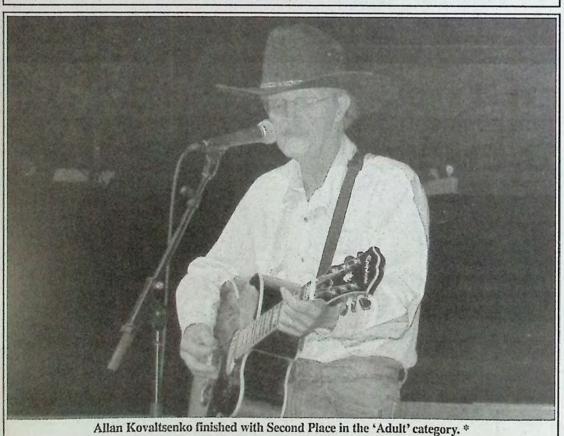
Dave Milner took First Place in the 'Adult' category during 'Princeton's Got Talent' July 11th. Milner did an Elvis Presley piece which was linked to Johnny Cash and explained his black outfit. \*



Megan Liddicoat finished 'Princeton's Got Talent' with Second Place in the '12 and Under' category. \*



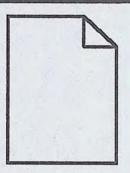
Levi Dube took Second Place in the 'Youth' category during 'Princeton's Got Talent.' \*



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### RESUME

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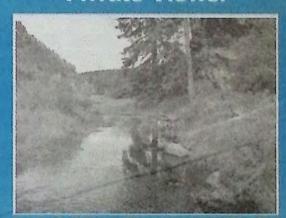
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