Similkameen

Volume 12 Issue 32 #591 ISSN 1712-090X



The News Leader wishes Madison Johnston good luck this week in Merritt. See Ambassador story below. *

Council awards library, paving contracts Library contract details Museum, which will expand once "Although the tendered amounts In a motion made by Councillor prepared by True Consulting

Library contract details The tender for what is being called the Library Tenant Improvement project was awarded to Meszaros Construction Ltd. at the August 4th regular meeting of Town Council. The motion was made by Councillor Frank Armitage and seconded by Councillor Jason Earle to award the primary contract for the renovation of the former Goldion Restaurant on Vermilion Avenue.

The contractor has stated they are prepared to start work on the project within a week of being awarded the contract with a projected completion date of November 9, 2009.

The project, which attracted a total of eleven bids, will see the former restaurant renovated into a 2,500 square foot 'renewed and expanded community library.' The current Okanagan Regional Library is 1,350 square feet in a building shared with Princeton Museum, which will expand once the library is moved.

The project tender is valued at \$482,700 with an addition of \$39,700 for roofing for a total of \$521,700. Funding for the project will come from a provincial Towns for Tomorrow grant, Community Forest Corporation and municipal reserves.

The August 4th regular meeting

of Princeton Town Council began

with a speech presented by

Princeton's Candidate in the BC

Youth Ambassador Program,

Chambers wearing one of the peri-

od dresses former Mayor Gloria

Stout had made for herself to wear

Princeton's

Anniversary Celebration in 1985.

Johnston will spend the next

weekend in Merritt for the BC

Youth Ambassador event and read

her 'Community Speech' to Town

Council members so they could

The Future of Princeton Just Changed - Page 2

Shoreline Clean-Up - Page 8

Freedom Route 3 Schedule - Page 27

125th

15 LOAUGE THIS MEEK:

Johnston entered Council

Madison Johnston.

during

Similkameen

"Although the tendered amounts are over budget by \$13,021 it is recommended that the project proceed," explained CAO Patrick Robins in his report to Town Council.

"The shortfall will be financed through the additional appropriation of municipal reserves." **Paving contract details**

The Community Speech outlined

Princeton's history and listed the

many activities hosted during the

Everyone praised Johnston on both

The next order of business was the

swearing in of the 2009/10 Youth

The trio, Youth Ambassador

Alyssa Larsen, Vice Ambassador

Karis Bergsma and Friendship

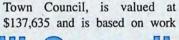
Ambassador Makenzie Johnston,

read the following Oath of Office

her speech and her appearance.

calendar year.

Ambassadors.



August 4th regular meeting of

"I swear that I will faithfully and truly perform my duty as Ambassador of the Town of Princeton, and that I will, in all manners connected with the discharge of such duty do all things, and such things only, as I shall truly chambers and conscientiously believe to be adopted to promote the objects for which the Youth Ambassador Committee was constituted, so

help me God." Each girl signed a copy of the

Oath, which was then co-signed by Mayor Randy McLean.



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Tuesday, August 11, 2009

Bonanza comes to town this week

The Canadian National Hereford Association (CHA) annual general meeting and Canadian National Junior Hereford Association (CJHA) Bonanza will be hosted in Princeton this week.

The Bonanza is the annual national conference and cattle show of the CJHA. It is organized for youth by youth and is a showcase of cattle, friendly competition and youth. The first Bonanza was held in Red Deer, Alberta in 1980 and 2009 will mark the 30th year that young Hereford breeders, their supporters and their cattle have traveled across Canada to congregate at this national conference and cattle show.

Bonanza has been hosted by a dif-

Ray Jarvis and seconded by

Councillor Frank Armitage

Cantex-Okanagan Construction

Ltd. was awarded the 2009 Road

The contract, awarded at the

ferent province on a rotational basis every year since it's inception in 1980. As such, each province has the opportunity of hosting this prestigious event once every seven years. Since the first Bonanza it has been held in larger centres such as Toronto, Calgary, Saskatoon, Regina, London, Sherbrooke, Charlottetown and Brandon, and smaller centres like Olds (AB), Virden (MB), Richmond (QC) and Markham (ON). BC first hosted Bonanza in 1983 in Chilliwack and since then it has been held twice in Abbotsford in 1989 and 1995. The last BC host was Salmon Arm in 2002.

Each year between 100 and 150 continued on Page 24

Work will begin immediately

and is expected to be completed by

August 31, 2009 and will focus on

five main areas: Fenchurch

Avenue (2nd Bench), Vernon

Avenue at Highway 3, Dollie

Street, Auburn Crescent and

Group.

Allison Avenue.



Pavement Works.

AN

The day that changed he future of Prince

Mayor Randy McLean announced at the August 4th regular meeting of Town Council that he had a very interesting invitation to an event he could not miss - he had been invited to not only attend, but to participate in the Copper Mountain Project official signing ceremony, planned for the following morning in Vancouver.

McLean told the News Leader all about the event hours after attending.

"t was a blast on the 25th floor at 700 West Georgia - what a view with champagne to toast the agreement and a superb Japanese sushi lunch."

McLean didn't go to the ceremony empty handed, either.

"The Town presented Kato-San (Toshinori Kato, Managing Director, President, Metals Company Mitsubishi) with a booklet of historic photos of Copper Mountain and Allenby when they were in production."

McLean added, "Jim (O'Rourke, President & Chief Executive Officer, CMMC) thanked all those who had worked so hard to be able to celebrate this renewed partnership."

The Mayor said it was an amazing feeling to be part of such a significant event in the history of Princeton and that he was also

filled with pride in his community. "I told them when they asked me to speak, I didn't know if I could wipe the smile off my face long enough to be able to speak."

Copper Mountain Project Official Signing Ceremony Agenda between Mitsubishi Materials Corporation and

Copper Mountain Mining Corporation Similco Mines Ltd. August 5, 2009 Vancouver, British Columbia

ATTENDEES:

Mitsubishi Materials Corporation - Toshinori Kato, Managing Director, President, Metals Company Mitsubishi

Minoru Yamaguchi, Executive Counselor, Metals Company

Nobuhiro Takayanagi, General Manager, Overseas Project Department, Metals Company - Yosuke Isoda, Assistant Manager, Overseas Project Department,

Metals Company Masatoshi Iwatsubo, General Manager, Vancouver Office

- Yoshiyuki Yamagishi, Assistant

General Manager, Vancouver Office

- Robert Bano, Legal Counsel Copper Mountain Mining Corporation

- Jim O'Rourke, President & Chief **Executive Officer**

- Rod Shier, Chief Financial Officer

- John Graf, Director
- John Tapics, Director

- Don Graham, Director of Investor Relations

- Elizabeth Harrison, Legal Counsel

Guests - Honorable Minister Hawes, Minister of State for Mining

Mayor Randy McLean, Princeton, BC

- Pierre Gratton, President and CEO, Mining AABC

SCHEDULE:

11:00 AM - Signing Ceremony 11:30 AM - Lunch 2:00 PM - Similco Board Meeting LOCATION: Farris, Vaughan, Wills & Murphy 25th Floor 700 West Georgia Street Vancouver, BC V7Y 1B3



The signing ceremony on Wednesday, August 5th included an impressive list of invited guests. Seated from left are: Minister of State for Mining Randy Hawes, Toshinori Kato, Managing Director, President, Mitsubishi Metals Company, Jim O'Rourke, President, Copper Mountain Mining Corporation and Town of Princeton Mayor Randy McLean. - photo submitted

PRINCETON Princeton **Town Hall News**

BURNING PROHIBITION

Due to the extreme wildfire hazard rating in the Kamloops Forest District effective immediately ALL open burning is prohibited within the town boundaries. This includes fire pits, outdoor fireplaces and fires for cooking.

This fire ban is in place to limit the risk of human-caused wildfires and applies to all properties within the town boundaries

This ban will remain in force until further notice. By order of the Fire Chief and Local Assistant to the Fire Commissioner Gregson.

SUMMER DAYCAMPS FOR KIDS

Summer Adventure Camps

Join our summer leaders for an active week or day of games, crafts, swimming, local trips and more. Kids have so much fun they are tired at the end of the day!! Cost: \$75 per week or \$15 per day Open 9am-3pm Located ate VFE School Monday to Friday Ages: gr.1-7

Aaron Heuser Memorial Basketball Camp The Aaron Heuser Memorial Fund sponsors this program so that the children of Princeton can learn about the game that Aaron loved so much. Skill development, games, endurance and fun are what this camp is all about. Prizes and lunch are provided on the last day. Ages 9-12 yrs Tuesday to Friday at PSS Gym 11am to 2pm Cost: FREE

Call 250-295-6067 to register today!

Between May 15, 2009 and September 30, 2009 sprinkling is restricted.

WATER RESTRICTIONS

Sprinkling is prohibited between noon and 6:00 pm

ODD numbered houses may water on ODD numbered days

EVEN numbered houses may water on EVEN numbered days.

Water conservation means controlling, protecting, managing and planning for the wise use of our water resources. Economically speaking, it makes sense. Not only do we have to think about using our existing supplies wisely; we also have to consider costs. Water is getting more expensive. It's costing us more to supply, to treat, to dispose of, and to treat again. The energy required to meet these demands is enormous and also carries with it an environmental price tag.

Some helpful watering hints:

- When watering your lawn on the permitted day, do it in the cool morning to avoid evaporation.
- Clean your sidewalks and driveway with a broom. Using a broom instead of a hose can save 200 litres of water each time.
- Don't water your lawn on windy days. .
- . All your lawn really needs is 2 - 5 cm of water a week.
- Keep your grass longer than usual (about 6 cm); taller grass holds the water better.

For more information on water conservation and helpful lawn and gardening tips, visit the Regional District of Okanagan-Similkameen website at www.rdos.bc.ca. Mayor and Council thank you for your cooperation.



TOWN SQUARE UPDATE

The town would like to take this opportunity to thank businesses and residents for their patience during the project. To ensure your safety as construction nears completion we would ask that the public refrain from walking behind the barricaded areas

Please respect the work area

FOSTER HOMES WANTED

If you would be interested in providing a temporary home for a lost or abandoned dog or cat please call Bylaw Officer Stephanie Palmar at 250-295-3135 and ask for more information.

Phone: (250) 295-3135 * Fax: (250) 295-3477 * Email: info@princeton.ca* Website: www.princeton.ca

KNOW WHAT TO DO TO FIGHT THE H1N1 FLU VIRUS

The H1N1 flu virus is a respiratory illness that causes symptoms similar to those of the seasonal flu (fever and cough, runny nose, sore throat, body aches, fatigue and lack of appetite).

All strains of flu can be dangerous; however, good infection prevention measures can help protect you and others if this virus begins to spread rapidly in Canada.

- Wash your hands often and thoroughly—for at least 20 seconds—in warm, soapy water or use hand sanitizer.
- Cough and sneeze in your sleeve, not your hand.
- Keep common surfaces and items clean and disinfected.
- Stay home if you're sick, and call your health care provider if your symptoms get worse.

KNOWLEDGE IS YOUR BEST DEFENCE

For more information on flu prevention, visit www.fightflu.ca or call 1-800-454-8302 TTY 1-800-465-7735

Public Health Agence de la santé Agency of Canada publique du Canada

Canadä

Similkameen News Leader





RDOS announces August dates

Yard waste collection occurs in Penticton, Naramata, Kaleden, West Bench, Heritage Hills and Carmi the week of August 17 to 21. Homes in Okanagan Falls, Twin Lakes, Oliver, Osoyoos, Keremeos and Electoral Areas A, B, C and G will receive pickups the week of August 24 to 28. Residents are asked to place bags and bundles out by 7:00 AM on their regular garbage collection day.

Residents should place their yard waste in clear sturdy bags and bundle branches with twine or string. Bags and bundles should weigh a maximum of 23 kg/50 pounds. Branches or stumps larger than 7.5 cm/3 inches and 1 m/3 feet in length cannot be picked up as they may damage compression equipment in the garbage trucks. Lumber and food waste cannot be collected as well. Home owners can dispose up to 500 kg/1,100 pounds per load of clean lumber, large branches and tree stumps at any landfill free of charge.

An unlimited amount of properly bagged or bundled yard waste will be taken from each property. The next scheduled pickups are for the end of September and early October. For more details check your Curbside Collection calendar.

Backyard compost bins are still available for sale at the Campbell Mountain, Oliver and Keremeos landfills. These easy to use compost bins come with an instruction manual and cost \$39 taxes included. These bins help turn kitchen scraps and yard waste into excellent food for your garden and house plants. For information on this limited time sale or tips on composting contact the RDOS Solid Waste Department.

If you have any questions, contact the RDOS or your local municipality. The RDOS Solid Waste Department can be contacted at (250) 490-4129, toll free at 1-877-610-3737 ext. 4129 or e-mail info@rdos.bc.ca. Information on the Yard Waste Collection program is available at www.rdos.bc.ca.



IS IT TIME TO SUBSCRIBE TO THE NEWS LEADER?

Similkameen Valley Mail - \$35.75 (Seniors Pay Only \$31.75) ALL PRICES INCLUDE GST

Elsewhere in Canada Mail - \$53.80 (Seniors Pay Only \$48.80) ALL PRICES INCLUDE GST

CALL FOR DETAILS

Similkameen News Leader



Jack Sery and Ernie Sykes entertained at the Keremeos Grist Mill and Gardens Sunday evening August 2nd. The next Grist Mill special event will be an August 29th birthday party for mill founder, Barrington Price, A special invitation is being extended for the birthday party to all of those involved

with the Grist Mill operation in past years. - photo submitted



Health / Lifestyle News

Keeping the kids active this summer

(NC)-It's summer vacation, and the kids are complaining they're bored. Instead of pulling out a video game, take the opportunity to introduce more movement into their day. Canada is experiencing an inactivity crisis that will have an unimaginable impact on our health, our economy and our society. According to the Canadian Fitness and Lifestyle Research Institute's Physical Activity Monitor, more than half of Canadians are inactive. And only 13 per cent of children are meeting the minimum guidelines in

Canada's Physical Activity Guides for Children and Youth.

This summer, Sun Life Financial and ParticipACTION are rallying Canadians to get off their couches, get moving, and inspire others to do through the same the ParticipACTION Sun Life -Inspire the nation tour. The tour is visiting 31 communities across the country to energize Canadians to join the physical activity movement.

"We recognize the importance of health and wellness to individuals, families and communities," says

over-the-counter antihistamine such

as Benadryl, which can start to

work in as little as 15 minutes.

Benadryl also offers an itch spray

and cream that can calm skin and

provide relief to the immediate area.

If the rash affects a large area of

skin or is serious, be sure to see a

Dean Connor, President, Sun Life Financial Canada, "We're sponsoring this tour to help Canadians live longer, healthier, more active lives."

"We want Canadians to join us in the movement to make physical activity part of who we are as a nation," says Kelly Murumets, President and CEO, ParticipACTION.

How can your family get more active?

1. Move more - walk the dog or cycle to work

2. Get active as a family - go for a daily walk or bike ride 3. Take the stairs

4. Driving somewhere? Park a few blocks away and walk to your destination

5. Record your own video! Visit the ParticipACTION Sun Life - Inspire the nation tour's "Inspiration Booth" and record a video about how your family has added movement into your lives

For more tips on getting active and the ParticipACTION Sun Life -Inspire the nation tour, visit participACTION.com.



- News Canada

The Benefits of Sunshine

These days, it seems like we hear nothing but how bad the sunshine is for us. Contrary to advertisements for sunscreen, there are some doctors who are fighting the trend to avoid sunshine. All doctors agree too much sunshine is bad for your skin, especially if you allow your skin to burn. The real truth is this: sunburn is bad for you. Sunshine is good for you.

Yes, sunburn could cause skin cancer. However, the most dangerous kind of skin cancer - melanoma - generally occurs in those places the sun never touches: the back, the inner thighs, and similar locations on the body.

Sunshine on your skin has many benefits, beginning with increasing your level of Vitamin D. The human body does not produce Vitamin D except in the presence of sunlight. Vitamin D is essential for building strong bones. You probably knew that, but there are many other benefits from sunlight that you never guessed.

Sunlight helps normalize and lower blood pressure. Sunlight reduces blood cholesterol levels. Sunlight reduces the amount of free radicals in your body, so it is good for your heart. Because sunlight reduces plaque formation in the arteries, it helps prevent stroke. Sunlight helps stimulate the thyroid gland, thus causing weight reduction in people with an underactive thyroid.

Diabetics should get a dose of sunlight daily, as it has been shown to help stabilize blood sugar.

Sunlight has been proven to be effective in improving health in people suffering from all forms of arthritis.

Exposing the skin to sunlight is a good treatment for psoriasis, and for acne.

If you have a touch of jaundice, you will benefit from sunlight, which helps overcome the liver problem causing the yellowing of the skin.

Sunlight stimulates the immune system, thereby accelerating healing of infections and wounds.

Sunlight is a natural disinfectant.

Sunlight helps relieve the symptoms of a specific type of depression known as seasonal affective disorder (SAD).

Exposing your back and chest to sunlight will help you recover from any kind of respiratory infection.

Very few people will not benefit from sunlight. There are some people who have a disorder in which they cannot tolerate sunlight. For the rest of us, sunshine is our friend, and you know everybody seems to feel healthier and happier when the sun is shining.

The key to gaining the most from sunlight is this: don't overdo it. When the hot sun touches your skin with a burning sensation, take cover.

Protect yourself from poison plants! In the event of contact: A rash may not appear right away, but when it does it can be red and itchy. Try taking oatmeal baths for relief, or an

doctor.

or an afternoon hike. Yet it's easy to stumble upon some common poison plants that can cause some very unpleasant reactions when your skin comes in contact with the sap. Keep an eye out for these unwel-

Poison Ivy: The most common and widespread poisonous plant is characterized by its telltale three leaves. Grows low to the ground or as a vine, and turns bright yellow and

Poison Oak: Resembles poison ivy but is usually more shrub-like. Leaves resemble oak leaves, and are lighter green on the underside of the plant. From August to November it typically produces white flowers. Poison Sumac: Found most often in wet, swampy areas. Each stem contains seven to 13 leaves. Unlike non-poisonous sumac, it features hanging clusters of green berries.

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by Lisa Scott

Ever wondered where the concept of velcro came from? Well that credit goes to one of our more common invasive plants, burdock. There are two types of burdock in the Okanagan-Similkameen, both of which are European biennials. Common burdock (Arctium minus) is the most frequently occurring species, growing 1 to 3 metres in height. Flower heads are less than 2.5 centimetres across and scattered along the stems. The lower leaf stalks of common burdock are hollow. Great burdock (Arctium lappa), sometimes called giant burdock, is similar in appearance but lower leaf stalks are solid and flower heads are over 2.5 centimetres across and arranged in a flat-topped cluster rather than along the stem. It is quite rare in southern BC. Both species appear as rosettes during their first year, then grow tall producing purple blooms during their second year. The rhubarb-like leaves are very large with wavy margins. Most distinguishing about burdock and the link to velcro are the seed heads. The flower heads of burdock have many thin, hooked spines or bracts, which become a large sticky mass in midsummer. Burdock flower heads readily get entangled in clothing and animal fur, aiding plant dispersal. In 1941, a Swiss engineer named George de Mestral took a close look at the flower heads, which kept sticking to his dog's fur on their daily walks in the Alps during the summer. He examined their condition and saw the possibility of binding two materials reversibly in a simple fashion. He developed the hook and loop fastener and submitted his idea for patent in 1951. The end result - Velcro!

For some of our smaller wildlife species, burdock has proven to be deadly. This plant has undoubtedly been claiming the lives bats and small birds for several decades. I receive at least a couple reports each year of bats found stuck on the seed heads. More recently, I have learned about songbirds and hummingbirds also being caught on burdock. The large number of hooked spines on every seed head apparently traps these helpless animals, which are unable to break free and any attempt to do so only results in further entanglement. Livestock are also affected by burdock, as the spines can result in eve infections in horses and cattle, while the sticky seed heads can also irritate skin and stress animals, resulting in reduced sale values and potentially increased veterinary costs.

In the Princeton area, burdock is common in farmyards, along fence lines, roadsides, as well as creek side (riparian) areas with moist, fertile soils and high nitrogen content. As with other non-native plants, burdock has an advantage over our native plants because it lacks enemies, and therefore has a competitive edge. When the native plants are displaced, the animals that feed on them are forced to move elsewhere to find food, which diminishes their habitat.

Because burdock reproduces entirely by seed, control efforts should be directed towards reducing seed output and preventing dispersal. You can help by checking clothing and pets when moving between weedinfested and weed-free areas. Ensure that seeds remain in the affected area. Landowners can also help by reducing soil disturbance and maintaining healthy lands with a vigorous population of desirable plants to provide ground cover. Disturbed soils should be re-seeded as soon as possible to provide competition and prevent invasive plants from establishing.

Effective control of burdock is highly dependent on stage of growth. During its first year of growth, the growing tissue must be removed which means the top 3 to 4 inches of the roots must be dug-out. The taproot functions to store nutrient and energy reserves until the plant is ready to bolt the following spring. If plants have bolted and are blooming, there is no need to dig up the roots. Instead, at this stage, plants may be cut as close as possible to the ground. If plants have gone to seed, they should be carefully clipped and bagged, then taken to the landfill. Composting will not necessarily kill the seeds, so plant material should be buried.

Burdock is not the only sticky plant growing in the Princeton area.

Others hitchhikers include hound'stongue (which I will highlight in an upcoming article), western sticktight, cleavers and catchweed.

Western sticktight (Lappula occidentalis) is an annual native to the western plains region. It grows up to 30 centimetres tall and produces many small, white to blue flowers. The leaves are quite narrow and the stem is very branched. Western sticktight is named for its seeds, which can stick to clothing and fur.

Cleavers (Galium aparine), also known as catchweed bedstraw, is another North American annual. It has square stems with downward pointing bristles. The leaves are in whorls of 6-8 and also have stiff hairs. Very small white flowers are borne on short branches in the leaf axils. The fruit is two rounded halves and is covered in fine, hooked hairs. This weed is a problem in cultivated fields, where it sticks to, and tangles into the crop. The small fruits also cling to clothing, fur and feathers. I recall a few years ago, transporting a very distressed long-eared owl to the rehabilitation centre in Oliver. This owl was so completely covered in cleavers that it was unable to fly.

Catchweed (Asperugo procumbens) is a European annual. It grows like a vine due to its weak stem. The stem and leaves are covered in small, stiff hairs that can catch on to clothing, fur and animals. The flowers of catchweed are small and deep blue or violet. This species is becoming a common sight in waste places and cultivated areas, as well as on roadsides.

For more information on invasive plants, go to the regional district website www.rdos.bc.ca or check out www.weedsbc.ca.





Burdock flowers. Photo: Lisa Scott



NEED SOME WORK?

SEE BRENDA AT: Similkameen

News Leader

226A Bridge Street

Similkameen **News Leader**



Similkameen News Leader .



First published in The Trail News, the following is the first verse of a poem that appeared in The Princeton Star on February 20th, 1920.

We don't go much on parsons Here in the mining belt Tween Rossland and Similkameen But there was one we felt Most common liking for You may take my word for that -The latch string hung outside each door

For good old Father Pat.

It refers to the Reverend Henry Irwin, a missionary priest that served early BC settlers who, because of his unselfish and sympathetic manner, won great affection and respect amongst the pioneers of British Columbia.

Henry Irvin was born on August 2nd 1859, in Ireland among the Wicklow Mountains. His father was incumbent of Newtown, Mount Kennedy, grandfather Chaplain and Secretary to the Primate Archbishop Beresford and great-grandfather was Archdeacon of Emly. It is clearly evident the Church was inbred into Henry and even when a child his saying was "I am going to be a missionary."

From St Columbia's School, Dublin, in 1878 he attended Oxford University, where he joined the Missionary Association of Keble College. In 1881 Irwin took his degree, having fully resolved on taking Holy Orders, with the ultimate aim of offering himself for the work of a missionary. Because of his Irish origin he was always known to his friends as Pat, but it was not until he was in his first curacy that a colleague gave him

on the mines at Granite Creek."

..... continued on Page 24

Similkameen **News Leader**



(Vermilion Square Stage / Museum Stage on Vermilion Avenue) CELTIC - COWBOY POETRY - FIDDLE TUNES - SEA SHANTIES - LOGGER'S POETRY - MORRIS DANCING - ACCORDION MUSIC - TRADITIONAL BALLADS - ENGLISH COUNTRY DANCE MUSIC - BAGPIPES

> www.princetonfestival.wordpress.com e-mail: princetonfestival@telus.net Phone: (250) 295-6010



Bob Doucet will be performing at the Princeton Traditional Music Festival. - photo submitted

This is the fourth in a series of stories about some of the theme concerts being presented at the second annual Princeton Traditional Music

The Festival takes place August 21st to 23rd right in town. Festivities begin at 6:30 PM on Friday the 21st with an opening ceremony on Veterans' Way. This is followed at 7:00 PM by an Irish country dance right on the street. The dance is open to everyone; no experience is required - the caller will teach all the dances - and you don't even have to bring a partner. On Saturday and Sunday, August 22nd and 23rd there will be nonstop music from 10:00 AM to 6:00 PM on two stages - one in front of the Museum and one on Vermilion Square.

As well as the regular concerts by individual performing groups there will also be theme concerts. As described previously, a theme concert is focused on a particular topic presented by a group of singers and musicians who are on the stage at the same time.

Last week's article featured the "Songs of British Columbia" theme concert; this week will focus on the "Songs from the United States" concert.

This year's Festival has a significant contingent of performers from the US as well as many Canadians who used to be American. It is therefore fitting that there should be a panel concert featuring songs from south of the border. Some of these songs will be Appalachian ballads going back hundreds of years; some will be blues and others will be in the folk tradition of Woody Guthrie and Pete Seeger.

People who came to last year's Festival may remember Bob Doucet. Bob is from Bowen Island where he is a kingpin of the music community. He has orga-

nized monthly "kitchen Junkets" on the Island for several years. He is also founder of the Black Sheep morris team who danced in the streets at last year's Festival. Bob hails originally from Boston and brings to this panel concert a wealth of American songs. He is also a superlative guitarist as well as playing mandolin, dobro and button accordion.

Don Gilbert is another ex-patriot American appearing on this panel. Now living in New Westminster, Don is originally from North Carolina. He has been playing folk music for over forty years and plays mostly traditional, old time songs. Don likes the histories and stories in these songs that connect people.

Also appearing on this panel is Tom Rawson, a folksinger and storyteller from Seattle. Tom travels the Northwest playing at festivals and coffeehouses. He regularly puts on benefits in support of organizations working to reduce military spending and to channel resources to meet human needs. Tom's day job is teaching grades 1 and 2 in Seattle. Besides teaching and singing, Tom loves railways and has traveled thousands of miles by boxcar across North America. He is also a fisherman, which is how became a storyteller.

These are just a few of the performers who will be participating in theme concerts at this year's second annual Princeton Traditional Music Festival.

For a full lineup of who is performing visit the Festival's weblog at princetonfestival.wordpress.com or give Jon and Rika a call at (250) 295-6010.

1 ... +

Similkameen News Leader --





Vice Ambassador Karis Bergsma signs her Oath of Office at the August 4th Town Council meeting while Friendship Ambassador Makenzie Johnston and Ambassador Alyssa Larsen look on. *

Princeton's Lisa Coulter takes 2nd

Canadian Reining Team member, Lisa Coulter of Princeton, finished in second place on July 23 at the 2009 Reining Kentucky Cup CRI 4 held at the Kentucky Horse Park in Lexington, KY.

As the only woman in the competition, Coulter's goal was to go fast and accurate during the Individual competition to make it to the podium. She expertly guided Hollywood Aces, a six-year-old Quarter Horse gelding owned by Robert Thompson, to score 219.5 securing the silver medal.

"My horse felt tired in the team event, so I stayed off him for the next day and just warmed him up lightly and went and showed. Ace responded beautifully and we had a great run. I had a lot of confidence going in to the individual competition," said Coulter.

"Bob Thompson has always believed in me. He bought this cool horse and allowed me the chance to go for it. The crowd was amazing and I had over 2,500 people rooting for me. It was one ride I won't ever forget."

Tom McCutcheon of the United States and Darlins Not Painted won the competition with 222.5. Jose Vazquez and Juiced Up Doc from Mexico and Dell Hendricks of the US with Starbucks Sidekick tied for the bronze medal with a score of 218.0.

Francois Gauthier, of St. Hyacinthe, QC, aboard Jim O'Neil's Smartys Lil Image, a sixyear-old Quarter Horse gelding, finished in eighth place with a score of 208.5. Cochrane, AB, native Dave Young, riding Angels Mark, a six-year-old paint gelding also owned by Robert Thompson, scored 205 for 10th place.

The 2009 Kentucky Cup CRI4 was held from July 21-23 at the Kentucky Horse Park in Lexington, Kentucky, US, and will act as a test competition for the 2010 World Equestrian Games which will be held at the same event site.

Complete results are available at http://www.alltechfeigames.com/n ews/detail.aspx?id=2796.

For additional information on the Canadian Reining Committee and its programs, please visit the reining section of the Equine Canada website at www.equinecanada.ca/reining or e-mail reining@equinecanada.ca.

About Equine Canada

Equine Canada is a member-based association that represents, promotes and services Canada's equine community and industry. Its core areas of activity involve sport, equine health and welfare, education and safety, governance and marketing, representation and communication. Equine Canada is recognized by Sport Canada, Agriculture and Agri-Food Canada, the International Equestrian Federation (FEI), the Canadian Olympic Committee and Canadian Coaching Association of Canada as the national organization representing equestrian sport and equine interests in Canada. For more information about Equine Canada, please visit www.equinecanada.ca.



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Minister of State for Mining Randy Hawes, Toshinori Kato, Managing Director, President, Mitsubishi Metals Company, Jim O'Rourke, President, Copper Mountain Mining Corporation and Town of Princeton Mayor Randy McLean enjoy a glass of bubbly to celebrate the partnership formed between Copper Mountain Mining Corporation and Mitsubishi. The ceremony took place August 5th. - photo submitted

Where is Riverside (Wellness) Centre (School)?

Joan Kelly represented Princeton Arts Council at the August 4th regular meeting of Princeton Town

She was a delegation of one and requested five minutes of Council's time for "support for an idea for signage."

Kelly explained to Town Council that Riverside Centre is not the easiest location in Princeton to find. If you aren't a long time resident or weren't here when the facility was best known as Riverside Elementary (and later Intermediate) School, you may not be able to locate it.

Kelly pointed out that user groups who utilize out of town resource people are finding out just how difficult Riverside Centre is to find.

She presented concept drawings of her own of direction signs to be located at key locations in and around Princeton pointing to Riverside Centre and Princeton Arena. The concept could also become a large sign on the building itself to identify it as Riverside Centre.

Town Council members all agreed with Kelly that she had presented a problem that needs fixing and thanked her for bringing it to their attention.



Toshinori Kato, Managing Director, President, Mitsubishi Metals Company accepts a gift from Town of Princeton Mayor Randy McLean at the official signing ceremony August 5th in Vancouver. - photo submitted

TUESDAY, AUGUST 11, 2009

		WTBS 3	CHBC (4)	KNOW	KSPS 6	KHQ (7)	KREM (8)	A&E	KXLY (10)	BCTV	CITV (12)	CBC	YTV (18)	TSN (19)	VTV (22)	DISC 24	FAM (26)	CITY (29)	SPIKE	TROP (45)
6		Jeffersons Sanford	News Tube Tales	Franklin	Thomas	News (N)	News	American Justice	News	(5:30) Morning	(4:30) Morning	CBC News: Morning	Rolie Polie Dewitt		Canada AM			CityLine T	CSI: NY Outside	Power Play
-	:30 AM		Room	George S. Martha	Lions Arthur (El)		The Early	Amer.	Good	News (N)	News (N)	(N) Razzberry	Berenstain	SportsCentr		Air Dogs	King IE Mickey	The Tyra	Man" CSI: NY	The Outer
7	:30	of the Night	That News	(7:29) Dora	Martha	"Shrek the Musical":	Show (N)	Justice	Morning America (N)	Ĩ.		Animal	Rolie Polie	e 🔃		Air Dogs	Mickey	Banks Show	"Rain" [3]	Limits (@)
8	AM :30	Cosby Cosby	Ad Pers What	the Explorer Magic Bus	Curious	children and step parents;		Cold Case Files [6]	œ		100 Huntley Street 📧	Bo On Go Busytown	Timothy Willa	SportsCentr e [ff]		What's That	Handy Handy	Rachael Ray 📧	CSI: Crime Scn	North of 60
9	1000	Fam. Feud	Three Takes	Berenstaln		liquid nutri- tion. (N) [团]	The 700 Chub [8]	The First 48	Regis and Kelly	100 Huntley Street [4]	World Vision IE	Super Why!	3 days i	Record	Regis and Kelly	About? Daily Planet	Feet	News	CSI: Crime Scn	Soap
-	:30 AM	Fam, Feud Trivial	The Mom	Clifford Noonbory	Clifford Sesame		The Price Is	The First 48		Doc	Debt Part	Gofrette Wilbur 📧	(9:25) Kid (10:05) Viva	Fishing ATP Tennis:		Blueprint	Tigger Mickey	City The O.C.	CSI: Crime	What
10	:30	Trivial	Show IE	(10:25)	Street (EI)		Right (N)	E	œ	"Eminent Domain"	House	Doodlebop	Erky Perky	Rogers Cup	III View	for Disaster	Handy	E	Sen	Inside
11	AM	Harvey	One House	Rolle Polle	Dragon	Ellen DeGeneres	Young and the Restless	The Sopranos	Food Fast	World Vision	(10:59) Noon News	Dinner	(10:50)	Round. From	Twice in a	Worst	Benj Bear	The Bonnie Hunt Show	CSI: Crime Sen	Hollywood
11	:30 PM	Harvey Fresh Pr.	Designer Chef	Berenstain (11:56)	Sit-Be Fit Charlie	Show Slim in 6	News	(II) American	Paid Prog. All My	Noon News	Hour (N) Days of our	Antiques CBC News:	Ruby Monster	Montreal.	etalk (0)		(11:25) King		1	Soap Seinfeld
12	:30	Fresh Pr.	Design U	(11:56)	Rose [f]	Wall St	Bold	Justice	Children (N) [f]	Hour (N)	Lives (N)	Today (N)	Grossology	(Live) [tt]	Bold	The Detonators	(11:49) Weekend	CityLine [ff]	Sen	Seinfeld
1	PM	Still Stnd	Home to	Maggie	Dewberry	Days of our Lives (N)	As the World	Amer. Justice	One Life to Live (N)	As the World	As the World	Martha Stewart	Hawks		Sue Thomas:	Heli- Loggers (II)	Dragon	ER "The Test" [8]	CSI: Crime Scn	Raymond
	:30 PM	Still Stnd King	Parents	Sagwa (1:56)	Quilting Barney	The Bonnie	Turns (N)	Cold Case	General	Turns (N) Young and	Turns (N) The Doctors		(1:40) Viva Mystery	Horn	F.B.Eye General	MythBuster	Emperor (1:54)		CSI: Crime	King
2	:30	King	Light (N)	BluesClues	WordWorld	PLACE AND ADDRESS OF	Light (N)	Files (#)	and the second se	the Restless		Chris 🔃	Team	Interruptio	Hospital (N)	s Outtakes.	K. Possible	5 (N) 📧	Scn	Family Guy
3	PM :30	Seinfeld Friends	How Do I Look? [E]	(2:57) Zoboomafo	Big World WordGirl	Judge Judge	Dr. Phil 🖽	The First 48	Rachael Ray (#)	The Doctors	Young and the Restless	Living Food	Pretty Cure Pokemon	Record Sports	Dr. Phil 📧	Jetstream	Replace Emperor	CityNews at 6 (N) [E]	Wars V: The	Office Temps [ff]
A		MLB Baseball:	Debt Part	o "Talk To Me"	Fetch! Ruff		Oprah	The First 48	Deal No	Oprah Winford (191	(3:59) Early	Fashion F.	SpongeBob	ATP Tennis:		Daily Planet		Hell's	Empire Strikes	Power Play
4		Washington	That News	George S.	Cyberchas	Judge J.			Deal No	Winfrey (C)	Global	Mercer	OddParent	Rogers Cup Early	DeGeneres Show	œ	Phineas	3	Back" (1980) Mark	CC.
5	PM :30	Nationals at Atlanta Braves.	Deal No News	Martha (5:33)	BBC News Business	News (N) NBC News	News CBS News	The First 48	ABC News	Early News Global	(4:59) News Hour (N)	Simpsons Fortune	OddParent SpongeBob	Round. From	CTV News at Five (N)	How-Made How-Made	Suite Life Montana	Be a Millionaire	Hamill.	Tube Tales Tube Tales
6	1000	(Live)	Global	Mechanics	News- Lehrer	News (N)	News	The First 48 (N) [E]	1000	(5:59) News Hour (N)	ET Canada	CBC News: Vancouver	iCarly 📧	Montreal. (Live) [[5]	News (N)	Against the Elements	Zoey 101	More to	Movie: "Star Wars V: The	100 C 10 C 10 C
6	:30 PM	Seinfeld	News E! News	Heads Up Gardens	Journeys	Millionaire Jeopardy!	Hollywood	The Cleaner	News	Entertain	Entertain The Unit	Coronatn	Drake Drake	SportsCentr		Deadliest	Life Derek Wizards	0	Empire Strikes	Family Guy
7	:30	Family Guy		Eden	Through the British	Fortune	E	(N) E	The Insider	Contra Series ()	"Inside Out"	Jeopardy!	Prank Ptrl	e (Live) 🖾	Hollywood	Catch (N)	Montana	Supermodel		Seinfeld
8		Family Guy	Taking It Off [6]	Mighty Movers [6]	Isles	America's Got Talent	NCIS E	Extreme	Be a Millionaire	NCIS @	NCIS 💷	Mercer	Malcolm		So You Think You	Daily Planet		News	Hamill.	Seinfeld
-	-10 Tault	Harvey Movie: "The	Rocker	Masterpiece	Journeys Through	America's	(9:01) Big	ist The First 48	Better Off	(9:01) Big	(9:01) Big	22 Minutes Being Erica	Futurama Family Biz	Record Boxing:	Can Dance Canada (N)	Against the	Buzz Wizards	News (9:06)	CSI: Crime	Raymond Family Guy
9	:30	Natural" (1984,	Better Off		the British Isles	Got Talent (Same-day	Brother 11 (N) [32]	EE	Better Off	Brother 11 (N) [f]	Brother 11 (N) @	(DVS)	Prank Ptrl	Friday Night Fights. (6)	œ	Elements	Life Derek	Jimmy Kimmel	Scn	King
10	PM :30	Drama) Robert Redford,	Ruby (N) Ruby (N)	Breaking Ranks 🚱	Journeys, British Isles	Tape) [E]		The First 48	Primetime	The Unit "Inside Out"	News Hour Final (N)	National	Falcon Beach "Lost"		Flashpoint (DVS)	Deadliest Catch	School Cory	(10:06) I Love New York [6]	Most Amazing Videos	King Seinfeld
11	PM	Robert Duvall. [6]	News (N) Guy Stuff	Homefront EE	Charlie Rose (N) [E]	News (N) Tonight	News Late Show	The Cleaner	News (11:35)	News Hour Final (N)	Entertain ET Canada	(11:05) The Hour [6]	Mystery Ghost	SportsCentr e (Live) [ff]	News News (N)	How-Made How-Made	Suite Life Life Derek	Judge Paid Prog.	Disorderly Con.	Married King

WEDNESDAY, AUGUST 12, 2009

		WTBS 3	CHBC 4	KNOW 5	KSPS 6	KHQ 7	KREM 8	A&E	KXLY 10	BCTV	CITV (12)	CBC	YTV 18	TSN 19	VTV (22)	DISC 24	FAM (26)	CITY 29	SPIKE	TROP 45
	AM	Jeffersons	News	Franklin	Bob Build		News	Angel		(5:30)	(4:30)	CBC News:	Rolie Polie	and the second se		Daily Planet			CSI: NY EE	
6	:30			George S.	Lions	œ		Angel		Morning News (N)	Morning News (N)	Morning (N)	Dewitt	e 🖾	Œ	(EE)	King (g)			Stairway
100	AM	In the Heat	Room	Martha	Arthur (EI)	Today	The Early	Angel		(cc)	CC	Save-Ums!	Berenstain	SportsCentr		Blueprint	Mickey	The Tyra	CSI: NY	The Outer
7	:30	of the Night	That News	(7:29) Dora	Martha		Show (N)	Angel	Morning .		1	Animal	Rolie Polie	c 💷		for Disaster	Mickey		"Officer	Limits 🔃
-		Cosby	Ad Pers	the	Curious	McAdams and Eric	Œ	Angel	America (N)		100 Huntley		Timothy	SportsCentr	5	How-Made	Handy	Rachael	Blue"	North of 60
8	AM			Explorer		Bana;			E C	4	Street @	222122		e @		How-Made		Contractor South States	Scn	Œ
0	:30		What	Magle Bus	Sid	Today's		Angel				Busytown	Willa	1			Handy		1	
0		Fam. Feud	Three Takes	Berenstain	Super Why!		The 700 Club (E)	Dog	and show the second second	100 Huntley Street [ff]	World Vision	Super Why!		Record	Regis and Kelly	Daily Planet	Feet	News	CSI: Crime Scn	1000
9	:30	Fam. Feud	ED.	Clifford	Clifford	Antonio Sabato Jr	Ciup (E)	Dog	Keny	Street (b)	VISION	Gofrette	(9:25) Kid	Yachting	Keny		Tigger	City	ocu	What
	AM	Trivial	The Mom	Sid	Sesame	(N) 📧		Dog	The View	Doc "The	Debt Part	Wilbur 🔃	(10:05) Viva	A CARL CARDON SHOW	100000000000000000000000000000000000000	Against the	Mickey	The O.C.	CSI: Crime	What
10	:30	Trivial	Show [tt]	(10:25)	Street (EI)		Right (N)	Dog	(III)	Great Wall"	House	Doodlebop	Erky Perky	Rogers Cup	EE	Elements	Handy	Œ	Scn	Inside
1	221	Harvey	One House	Rolie Polie	Dragon	Ellen	Young and	Angel	Paid Prog.	World	(10:59)	Dinner	(10:50)	Round.	Twice in a	Monster	Benj Bear	The Bonnie	CSI: Crime	Hollywood
11		Harvey	Guys	Berenstain	Sit-Be Fit	DeGeneres	the Restless	Angel	Paid Prog.	Vision	Noon News	Antiques	Ruby	From	Lifetime 📧	Moves (t)	(11:25) King	Hunt Show	Scn	Reality
-		Fresh Pr.	Chef	(11:56)	Charlie	Show Paid Prog.	News	Angel	All My	Noon News	Hour (N) Days of our	CBC News:	Monster	Montreal. (Live) [ff]	etalk (G)	Ultimates	(11:49)	CityLine (tt)	CSI: Crime	Scinfeld
12		1		And the second	Rose [Bold		Children	Hour (N)	Lives (N)	Today (N)	Grossology	(Live) the	Bold	"Thrill	Weekend	The second se	Scn	Seinfeld
14		Fresh Pr.	Design U	(12:32)				Angel	(N) 🖭							Parks"			001 0 1	
4	PM	Still Stnd	Home to	Maggie	Art Work	Days of our Lives (N)	As the World	Angel	One Life to Live (N)	As the World	As the World	Martha Stewart	Hawks		Sue Thomas:	Deadliest Catch	Dragon	ER "Blackout"	CSI: Crime Scn	
1	:30	Still Stnd	Parents	Sagwa	Sewing		Turns (N)	Angel	Line (in)	Turns (N)	Turns (N)	Siemari	(1:40) Viva		F.B.Eye	caten	Emperor	E		Fresh Pr.
-	PM	King	Guiding	(1:56)	Barney	the same second and the same	Guiding	Angel	General	Young and	The Doctors	CORPORATION CONTRACTOR	Mystery	Horn	General	MythBuster	(1:54)	a second second second second	CSI: Crime	Fresh Pr.
2	:30	King	Light (N)	BluesClues	WordWorld	Hunt Show	Light (N)	Angel	Hospital (N)	the Restless	(EE)	Chris 💽	Team	Interruptio	Hospital (N)	s (N) 🖽	K. Possible	5 (N) [C]	Scn	Family Guy
-	PM	Seinfeld	Whose	(2:57)	Big World	Judge	Dr. Phil @	Dog	Rachael	The Doctors	Young and	Living	Pretty Cure	Record	Dr. Phil [c]	Qubit (N)	Replace	CityNews at	Movie: "Star	Office
3	:30	1	Wedding Is	Zoboomafo	WordGirl	Judge		Dog	Ray II	(B)	the Restless	Food	Pokemon	Sports		Qubit (N)	Emperor	6 (N) 🔃	Wars VI:	Temps (tt)
			It?	o "Pop Goes the Tiger"	Fetch! Ruff		Oprah	Dog	Deal No	Oprah	(3:59) Early		SpongeBob	ATP Tennis:	Filen	Daily Planet	1		Return of the Jedi" (1983)	Crow-
A	PM						Winfrey (Winfrey (Global	and a start of the	OddParent	Rogers Cup	DeGeneres	E .	Phineas	Order: SVU		Stairway
7	:30	1		George S.	Cyberchas	Judge J.		Dog	Deal No		Contraction of	Red Green	1	Early	Show				Hamill.	
E	PM		Deal No	Martha	BBC News	News (N)	News	Dog the Bounty	News	Early News	(4:59) News Hour (N)	Simpsons	OddParent	Round. From	CTV News at Five (N)	Mighty Ships (C)	Suite Life	Be a Millionaire		What
5	:30	"Interview With the	News	(5:33)	Business	NBC News	CBS News	Hunter	ABC News	Global	Œ	Fortune	SpongeBob	Montreal.		omps 🖭	Montana	e		What
-	PN	Vampire"	Global	Think Big	News-	News (N)	News	Dog the	News	(5:59) News	ET Canada	CBC News:	iCarly 🗷	(Live) I	News (N)	Deadliest	Zoey 101	Murdoch	Movie: "Star	
6	:30	(1994) Tom	News	Chiefs	Lehrer	Millionaire	Hollywood	Bounty Hunter	News	Hour (N)	Entertain	Vancouver	Drake		Œ	Catch	Life Derek	The second se	Wars VI: Return of the	Deal
-	PN	Cruise. (4)	E! News	Captive:	Make-	Jeopardy!	The Doctors	Criss Angel	Entertain	Entertain	The	Coronatn	In Real Life	SportsCentr	etalk @	Mayday [C]	Wizards	Murdoch	Jedi" (1983)	Family Guy
17	:30	the second	The Insider	Esther	Laugh	Fortune	Œ	Mindfreak	The Insider	ET Canada	Philanthrop	Jeopardy!	Œ	e (Live) 🔣	Hollywood		Montana		Mark	Seinfeld
-		1 march 1		Himalaya-	Live From	50 Funniest	Christine	Criss Angel		House	ist (N) House	Dragon's	Malcolm		So You	Daily Planet	Suite Life	News	Hamill.	Seinfeld
8	PN	Fellow	E)	Palin	Lincoln	Phrases	Gary	Mindfreak	Millionaire	"Emancipati		Den [tt]	Futurama	Desard	Think You	œ	Buzz	News		Raymond
0	:30	Americans"			Center (N)					on"	on"			Record	Can Dance					
0	PN	(1996) 📧	Richards	Don Giovanni	GC.	America's Got Talent	Criminal Minds (ff)	Dog the Bounty	Wipeout (N)	In Plain Sight	In Plain Sight	The Tudors	Survive	World Scries	Canada (N)	Mayday [tt]		(9:06) Jimmy	Madden	Family Guy
9	:30		Kendra (N)	Olovania		Con marter	in the set	Hunter	LEL	"Jailbait"	"Jailbait"	(013)	Adrenaline	ounda		1	Life Derek	Kimmel	MANswers	Fresh Pr.
1.0	PN	Movie:	Keep Up	Yo-Yo: Bac	h Wide Angle		CSI: NY	Dog the	Primetime:	The	News Hour	National	Falcon	World	CSI: NY	Mighty	School		Disorderly	Fresh Pr.
10	:30	"Straight Talk" (1992)	Candy Girl		00	Philanthrop ist (N)	Prey" [[]	Bounty Hunter	Crime (N)	Philanthrop ist (N)	Final (N)		Beach [Series	"Prey" (Ships (tt)	Cory	Love Money	Con.	Scinfeld
-	PN	Talk (1992)	News (N)	Hockey	Charlie	News (N)	News	Criss Angel	News	News Hour	ET Canada	(11:05) The	Mystery	SportsCentr	News	Deadliest	Suite Life		Disorderly	Married
111		Parton. [ff]	Guy Stuff	-	Rose (N) (Tonight	Late Show	Mindfreak	(11:35)	Final (N)	Poker	Hour [Ghost	e (Live)	News (N)	Catch	Life Derek	Paid Prog.	Con.	Fresh Pr.
1.	:30	1		-	lun	1				1	1	F	and the second s							

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THURSDAY, AUGUST 13, 2009

	-	WTBS 3	CHBC 4	KNOW	KSPS 6	KHQ (7)	KREM (8)	A&E (9)	KXLY (10)	BCTV	CITV (12)	CBC	YTV (18)	TSN (19)	VTV (22)	DISC (24)	FAM [26]	CITY [29]	SPIKE	TROP (45)
6	000	Jeffersons Sanford	News Tube Tales	Franklin George S.	Thomas	News (N)	News	American Justice	News	(5:30) Morning News (N)	(4:30) Morning News (N)	CBC News: Morning (N)	Rolie Polie Dewitt	SportsCentr e (11)		Daily Planet	and the second s	CityLine (III	CSI: NY "Night,	Traders IE
7		In the Heat of the Night	4 A 101 A 10	Martha (7:29) Dora	Arthur (El) Martha	Today Frozen	The Early Show (N)	American Justice	Good Morning	Œ	E	Razzberry	Berenstain Rolie Polie	SportsCentr e 32		Qubit 🗐 -	Mickey	The Tyra Banks Show	Mother" CSI: NY "Tri-	The Outer Limits 🖻
8	AM	Cosby Cosby	Ad Pers What	the Explorer	Curious	embryos; Today's Kitchen;	œ.	Cold Case Files (@)	America (N)		100 Huntley Street IE	Bo On Go	Timothy	SportsCentr		Qubit (E) How Do They Do It?	Mickey Handy	Rachael Ray 30	Borough" CSI: Crime Sen	North of 60
9	AM	Fam. Feud Fam. Feud	Three Takes		Sid Super Why!	ambush makeovers. (N) [55]	The 700 Club (E)	Cold Case Files [8]	Regis and Kelly	100 Huntley Street [6]	Hospital for Sick Kids		Willa Casper	Record	Regis and Kelly	Daily Planet	1 million and	News	CSI: Crime Sen	Make
	AM	Trivial	The Mom	Clifford Noonbory	Clifford Sesame		The Price Is	CSI: Miami		Doc [t]	Debt Part	Gofrette Wilbur @	(9:25) Kid (10:05) Viva	Thl Tennis Champ.	The View	Mighty	Tigger Mickey	City The O.C.	CS1: Crime	What What
10		Trivial Harvey	Show [f] One House	(10:25) Rolie Polie	Street (EI) Dragon	Ellen	Right (N) Young and	GC The	E Paid Prog.	World	House (10:59)	Doodlebop Dinner	Erky Perky (10:50)	Darts Golf: PGA	3E) Twice in a	Ships (E)	Handy Benj Bear	The Bonnie	Scn CSI: Crime	Inside Hollywood
11		Harvey Fresh Pr.	Designer	Berenstain (11:56)	Sit-Be Fit Charlie	DeGeneres Show The Firm	the Restless	Sopranos [6] American	Paid Prog. All My	Vision Noon News	Noon News Hour (N) Days of our	Antiques CBC News:	Ruby Monster		Lifetime [3]	Loggers [E]	(11:25) King	Hunt Show	Sen	Make
12	:30	Fresh Pr.	Design U	(12:32)	Rose [6]	Paid Prog.	Bold	Justice	Children (N) [E]	Hour (N)	Lives (N)	Today (N)	Grossology	From Hazeltine	etalk (G) Bold	Mayday 健	(11:49) Weekend	CityLine [@	CSI: Crime Scn	Seinfeld
1		Still Stnd Still Stnd	Home to Parents	Maggie Sagwa	Painting Quilting	Days of our Lives (N)	As the World Turns (N)	American Justice	One Life to Live (N)	As the World Turns (N)	As the World Turns (N)	Martha Stewart	Hawks (1:40) Viva	National Golf Club in Chaska,	Sue Thomas: F.B.Eve	Forensic Factor 📧	Dragon Emperor	ER "Coming Home"	CSI: Crime Scn	Rnymond Just Shoot
2		King King	Guiding Light (N)	(1:56) BluesClues	Barney WordWorld	The Bonnie Hunt Show	Guiding Light (N)	Cold Case Files (C)	General Hospital (N)	Young and the Restless	The Doctors	Steven and Chris [0]	Mystery Team		General Hospital (N)	MythBuster s (N) [33]	(1:54) K. Possible	CityNews at 5 (N) [8]	CSI: Crime Scn	Just Shoot Family Guy
3		Seinfeld Friends	Style Style	(2:57) Zoboomafo	Big World WordGirl	Judge Judge	Dr. Phil (2)	Cold Case Files [ii]	Rachael Ray [E]	The Doctors	Young and the Restless	a standard water and the second	Pretty Cure Pokemon		Dr. Phil 🕼	How-Made How-Made	Replace Emperor	CityNews at 6 (N) [8]	CSI: Crime Scn	Office Temps [33]
4	PM	Family Guy Family Guy	Debt Part	o "Happy Lemur Day" George S.	Fetch! Ruff Cyberchas	Judge J. Judge J.	Oprah Winfrey 🖭	CSI: Miami	Deal No Deal No	Oprah Winfrey 🔃	(3:59) Early Global	Fashion F. 22 Minutes	SpongeBob OddParent		Ellen DeGeneres	Blue Realm (N)	(4:08) Phineas	Law & Order: SVU	CSI: Crime Scn	Traders [6]
5	PM	Friends	Deal No	Martha	BBC News	News (N)	News	The First 48	News	Early News	(4:59) News Hour (N)	Simpsons	OddParent	Sports	Show CTV News at Five (N)	Mighty Ships (ff)	Suite Life	Be a Millionaire	UFC Unleashed	Inside Hollywood
-		Friends Friends	News Global	(5:33) Creatures	Business News-	NBC News	CBS News News	The First 48	ABC News	Global (5:59) News	C ET Canada	Fortune CBC News:	SpongeBob iCarly [ff]	CFL Pre CFL	News (N)	Somali	Montana Zoey 101	30 Rock	TNA	Deal-No
6		Friends Movie: "The	News El News	Animals Eden	Lehrer Frank,	Millionaire Jeopardy!	Hollywood The Doctors	Crime 360	News Entertain	Hour (N) (E) Entertain	Entertain House "The	Vancouver	Drake Drake	Football: Calgary Stampeders	etalk @	Pirate MythBuster	Life Derek Wizards	(6:31) 30 (7:01) Law	IMPACT! (N)	Deal Family Guy
7	:30	Whole Ten Yards"	The Insider	Into Wild	Dean- Crooners	Fortune	300	(N) [3]	The Insider	ET Canada	Right Stuff"	Jeopardy!	Family Biz	at Edmonton Eskimos.	Hollywood	s Œ	Montana	& Order: UK (N)		Seinfeld
8	PM :30	(2004) [0]	Name Earl	Africa 🖭	Midsomer Murders (E)	30 Rock Parks	Big Brother 11 [33]	Crime 360	Be a Millionaire	Big Brother 11 (C)	Big Brother 11 @	India Reborn 🔃	Malcolm Futurama	(Live) Œ	CSI: NY "Bad Beat"	Blue Realm	Suite Life Buzz	News News	Police Chases	Seinfeld Raymond
9	:30	Seinfeld Movie:	True Hollywood Story	How Art Made	MI-5 "Persephone " [tt]	The Office (9:31) 30	CSI: Crime Scn	The First 48	Grey's Anatomy	(8:59) Mental "Life &	Mental "Life & Limb"		In Real Life	Sports NASCAR	CSI: Crime Scn	Mighty Ships (8)	Wizards Life Derek	(9:06) Jimmy Kimmel	MANswers Game	Family Guy Just Shoot
10	PM :30	"Donnie Brasco" (1997) Al		World of Albert Kahn		Law & Order "Pledge"	(10:01) The Mentalist	The First 48		House "The Right Stuff"	News Hour Final (N)	National	Falcon Beach	Racing Motoring	The Listener (N)	Somali Pirate	School Cory	(10:06) Hell's Kitchen (E)	(10:04) (10:34)	Just Shoot Seinfeld
11	PM	Pacino, Johnny Depp. 📧	News (N) Guy Stuff	Talking Canadian	Charlie Rose (N) [f]	News (N) Tonight	News Late Show	Crime 360	News (11:35)	News Hour Final (N)	Entertain ET Canada	(11:05) The Hour (#)	Mystery Ghost	SportsCentr e (Live) 📧	News News (N)	MythBuster s (ff)	Suite Life Life Derek	Judge Paid Prog.	MXC MXC	Married Just Shoot

FRIDAY, AUGUST 14, 2009

		WTBS 3	CHBC (4)	KNOW	KSPS 6	KHQ ⑦	KREM 8	A&E	KXLY 10	BCTV	CITV 12	CBC	YTV 18	TSN 19	VTV 22	DISC 24	FAM (26)	CITY 29	SPIKE	TROP 45
	ARE	Jeffersons	News	Franklin	Bob Build	News (N)	News	Crime 360	News	(5:30)	(4:30)	CBC News:	Rolie Polie	SportsCentr		Blue Realm	Henrys	CityLine (C)		Adventures
6	0.000	Sanford	Tube Tales	George S.	Lions	œ	inchia i	Œ	incus.	Morning	Morning	Morning	Dewitt	e 🖽	(E)	Dide Realin	King [- ChyLine (Con.	of Sinbad
			A REAL PROPERTY.	Martha	- Future	Today Flo	The Early	Crime 360	Good	News (N)	News (N)	(N) Save-Ums!	Berenstain	SportsCentr		Inside	Mickey	The Tyra	Most	Outer
7		In the Heat of the Night	a second s	and the second			Show (N)	Crime 500	Morning	m	(re)	1	The second second	e C		Queen		Banks Show	Amazing	Limits (
	:30		That News	(7:29) Dora the	Martha	ing in high	33	E.	America (N)	÷		Animal	Rolie Polie			Mary 2	Mickey		Videos	
0	AM	Cosby	Ad Pers	Explorer	Curious	heels; dorm		The First 48	œ		100 Huntley Street [C]	Bo On Go	Timothy	SportsCentr		MythBuster s 🔃		Rachael Ray @	Disorderly Con.	North of 60
8	:30	Cosby	What	Magic Bus	Sid	makeovers.		69			Succe m	Busytown	Willa	e w		3 [10]	Handy	Kay te	con.	CH.
-	AM	Fam. Feud	Three Takes	Berenstain	Super Why!	(N) 🕮	The 700	The First 48			Hospital for	Super Why!	Casper	X Games	Regis and	Blue Realm	Feet	News	Disorderly	Tube Tales
9	:30	Fam. Feud	œ	Clifford	Clifford		Club @	(E)	Kelly	Street [Sick Kids	Gofrette	(9:25) Kid	Motoring	Kelly		Tigger	City	Con.	Whatever
1	AM	Trivial	The Mom	Sid	Sesame	1	the state of the second second	CSI: Miami	1. A. Peter Model and Complexity of the Compl	Doc 📧	Debt Part	Wilbur 🕅	(10:05) Viva	NASCAR	The View	Mayday	Mickey	The O.C.	Most	What
10	:30	Trivial	Show (C)	(10:25)	Street (EI)		Right (N)	"Recoil"			House	Doodlebop	Erky Perky	Racing	(EE)	"Lost" 🕼	Handy	Œ	Amazing Videos	Inside
	1000	Harvey	One House	Rolie Polie	Dragon	Ellen	Young and	The	Paid Prog.	World	(10:59)	What's-	(10:50)	Golf: PGA	Twice in a	Forensic	Benj Bear	The Bonnie	Disorderly	Hollywood
11	20.002	Harvey	Designer	Berenstain	Sit-Be Fit	DeGeneres	the Restless	Sopranos	Paid Prog.	Vision	Noon News	Antiques	Ruby	Championshi	Lifetime 🖽	Factor 🖪	(11:25) King	Hunt Show	Con.	[6] Tube Tales
	2000	Fresh Pr.	Chef	(11:56)	Charlie	Show Paid Prog.	News	Crime 360	All My	Noon News	Hour (N) Days of our	CBC News:	SpongeBob	p Second Round.	etalk (6)	Mighty	Phineas	CityLine (g)	Most	Seinfeld
12	1000		1 martine 1		Rose E	Paid Prog.	Bold	æ	Children	Hour (N)	Lives (N)	Today (N)		From	Bold	Ships (Suite Life	- Chylane G	Amazing	Seinfeld
1	1000	Fresh Pr.	Design U	(12:32)			and the second	01	(N) (E)				SpongeBob	Hazeltine	1	C		PD volu	Videos	a salara
1		Still Stnd	Home to	Maggie	Wylands	Days of our Lives (N)	As the World	Crime 360	One Life to Live (N)	As the World	As the World	Martha Stewart	Movie: "Over the	National Golf Club in	Sue Thomas:	Somali Pirate	Wizards	ER "Skye's the Limit"	Disorderly Con.	Raymond
1	:30	Still Stnd	Parents	Sagwa	Scrapbook		Turns (N)	S		Turns (N)	Turns (N)		Hedge"	Chaska,	F.B.Eye		So Raven		-	Frasier
0	PM	King	Guiding	(1:56)	Barney	Contraction of the day	Guiding	The First 48	and the second	Young and	The Doctors		(2006)	Minn. (Live)	General	MythBuster	Cory	CityNews at 5 (N) [f]	Disorderly Con.	Frasier
2	:30	King	Light (N)	BluesClues	WordWorld	Hunt Show	Light (N)	(FE)	Hospital (14)	the Restless	Œ	Chris 🖽	OddParent	æ	Hospital (N)	SU	Montana	15 (N) (H)	con.	Family Guy
-	PM	Seinfeld	Clean	(2:57)	Big World	Judge	Dr. Phil 😥	The First 48		The Doctors		Living	Barnyard	1	Dr. Phil 🖭	How-Made	(3:12) Jonas		Most	Office
3	:30	Friends	House (N)	Zoboomafo o "Humans"	WordGirl	Judge		Œ	Ray [g]	œ	the Restless	Food	SpongeBob	1		How-Made	Sonny	6 (N) Œ	Amazing Videos	Temps (C)
-	Contra la	Family Guy	C Debt Part	(DVS)	Biz Kid\$	Judge J.	Oprah	CSI: Miami	Deal No	Oprah	(3:59) Early	Fashion F.	SpongeBob		Ellen	Daily Planet	Wizards	Law &	UFC	War of the
4		MLB	That News	George S.	Cyberchas	Judge J.	Winfrey 📧	"Recoil"	Deal No	Winfrey (Global	Air Farce	OddParent	CFL	DeGeneres	œ	Suite Life	Order: SVU	Unleashed	Wheels @
-		Baseball:	Deal No	Martha	BBC News	News (N)	News	CSI: Miami	News	Early News	(4:59) News	Simpsons	OddParent	Football:	Show CTV News	Worst	Suite Life	Man	UFC	TV Made
5	1 C 1 C 1 C 1	Philadelphia Phillies at	News	(5:33)	Business	NBC News	CBS News	۵£	ABC News	Global	Hour (N)	Fortune	SpongeBob	BC Lions at Toronto	at Five (N)	Handyman	Montana		Unleashed	TV Made
-		Atlanta	Global	Heads Up	News-	News (N)	News	CSI: Miami	News	(5:59) News	ET Canada	CBC News:	The Next	Argonauts.	News (N)	Man vs.	Zoey 101	(DVS) Ugly Betty	Movie:	Deal-No
6	PM	Braves.		A COLORADO	Lehrer	Millionaire	Hollywood	"Rio" 📧	News	Hour (N)	Entertain	Vancouver	Star 2 [(Live) II	œ	Wild	Jonas [tc]	E	"Basic"	Deal
0	10.000	(Live)	News	Time			The Doctors	CSI: Miami		(III)	1. 10 1. 10 m m m			-	at the FRE	"Yukon" Forensic		Out There	(2003) John	Paral C
7	PM		E News	No Price Too High	Wash Wk	Jeopardy!	I ne Doctors	E Miami	Entertain	Entertain	"Guilt Trip"	Coronatn	Movie: "Spice	0.00	etalk छ	Factor (N)	Sonny Movie:		Travolta. Premiere.	Family Guy
-		Seinfeld	The Insider		McLaughlin				and the second second	ET Canada		Jeopardy!	World"	SportsCentr e (Live) @			"Black	Out There		Seinfeld
0	1	Family Guy		Poirot (11)	Bill Moyers Journal (N)	Southland (PA)	Neil Diamond	Criminal Minds [ff]	Supernanny	The Unit	The Unit	Air Farce	(1997) The Spice Girls.	a la constante	Castle "Ghosts" [#]	Daily Planet	Beauty"	News	MANswers	Seinfeld
8	:30	Harvey	Smarter?	1.	Journal (IV)	(IN) ES		Conners (15)	354	1991	TEE	Laughs	spice onis.		Chosta E	CE1	(1994) 匪	News	MANswers	Raymond
-	PM	Movie:	THS	Mysterious	NOW	Dateline	Ghost	CSI: Miami		Contraction of States of States	Mental (N)		Prank Ptrl	Boxing:	Ghost	Man vs.	Movie: "My	(9:06)	MANswers	Family Guy
9	:30	"Enemy at the Gates"	Investigates (N)	Murder	Served	NBC IE	Whisperer 00	œ	œ	œ	[[@ (DVS)	Prank Ptri	Friday Night Fights.	Whisperer	Wild "Yukon"	Dog Skip" (2000) [E]	Jimmy Kimmel	MANswers	Amer Dad
-	PM	(2001, War)	20/20 [8]	"Volcano:	P.O.V. (6)	1	NUMB3RS	CSI: Miami	20/20 [@]	NUMB3RS	News Hour	National	Family Biz	(Same-day	Criminal	Worst		(10:06)	Ways Die	Frasier
10	:30	Joseph -		Life and	1		"Guilt Trip"	"Rio" [[]		"Guilt Trip"	Final (N)		Adrenaline	Tape)	Minds (tt)	Handyman	(10:35)	Party Poker	Madden	Seinfeld
	PM	Fiennes.	News (N)	Death of Malcolm		News (N)	News	CSI: Miami	News	News Hour	(11:03)	(11:05) The	Mystery	SportsCentr	News	Forensic	Movie:	Judge	Movie:	Married
11		Montel W.	Guy Stuff	Lowry"	NW Profi	Tonight	Late Show	(B)	(11:35)	Final (N)	ECW (N)	Hour I	Ghost	e (Live) [News (N)	Factor	"City Slickers"	Paid Prog.	"Basic"	Amer Dad
	:30	monter w.	Suj Stun	1	1					1.	Œ	-		- and the second		1			(2003)	

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Similkameen News Leader

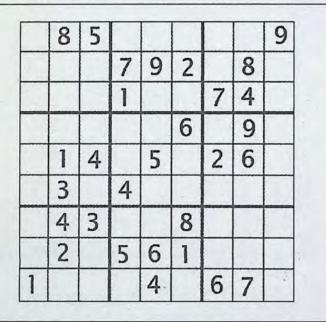




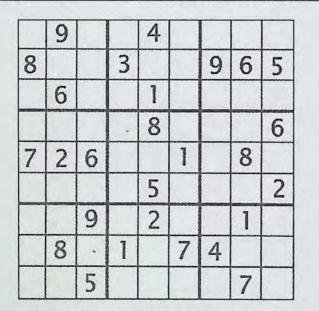
HOW TO PLAY:

Sudoku is a game of logic. There is no math involved. The object of the game is to fill the grid so that the numbers 1 through 9 appear only once in each row, column and 3 x 3 box. The numbers can appear in any order and Carter has left you some clues below.

CHALLENGE #217 - Rated Easy



CHALLENGE #218 - Rated Hard



THIS WEEK'S SOLUTIONS: Page 20

Carter's Sudoku Challenge grids, puzzles and solutions copyright 2009 Carter Boswell, Princeton, BC and published by Similkameen News Leader

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Saturday Hoyles

MORNING

- 9:00 am WTBS (3) **"Cats & Dogs" (2001, Comedy) Jeff Goldblum. An eager beagle joins undercover canines on a mission to foil a feline plot to make all people allergic to dogs. [E]
 10:00 am SPIKE (44) **"Sniper" (1902 Action) Targ Bergard Approx
- (1993, Action) Tom Berenger. A lone Marine sharpshooter goes on a Panama mission with a Washington bureaucrat accustomed to paper tar-

AFTERNOON

- 12:00 pm FAM ② ★ ★ % "The Adventures of Pinocchio" (1996, Fantasy) Martin Landau. A fairy answers a wish, bringing to life the puppet of woodcarver Geppetto, who names him Pinocchio. (In Stereo) ③ 1:00 pm SPIKE ④ ★ "Sniper" (1993, Action) Tom Berenger. A lone Marine sharpshooter goes on a Panama mission with a Washington bureaucrat accustomed to paper targets. (In Stereo)
- bureaucrat accustomed to paper tar-gets. (In Stereo) 1:34 pm FAM 26 ★★"The Kids Who Saved Summer" (2004, Comedy-Drama) Daniel Massey. Feisty children try to save their beloved park from a construction company that wants to tear it down. (In Stereo) [ft] (In Stereo) Œ 2:00 pm KXLY 10 ★★"Dr. Seuss'

The Cat in the Hat" (2003, Comedy) Mike Myers. Looking for fun, a mis-chievous feline invades the home of two children while their mother is

two children while their mother is away. (In Stereo) (2) 4:00 pm YTV [13] **"Casper: A Spirited Beginning" (1997, Comedy) Steve Guttenberg. A teacher helps a boy dissuade his father, a developer, from razing a friendly ghost's home. (In Stereo) (2) 5:00 pm WTBS (3) **"Fire Down Below" (1997, Action) Steven Seagal. A lone environmental agent takes on ruthless industrialists dumping toxic waste in the Kentucky hills. (2)

EVENING

- 6:00 pm CITY (29) ***A Problem With Fear" (2003, Comedy) Paulo Costanzo. A young man in a futuristic Canadian city must overcome his fears in order to end a plot that is causing people to die. (E)
 7:00 pm WTBS (3) ***On Deadly Ground" (1994, Action) Steven Seagal. An oil-company trouble-shooter must blow up his employer's unsafe refinery to protect inuit land in the far North. (E)
 8:00 pm KXLY (10) ***"Shark
- the far North. (£) 8:00 pm KXLY [10] ** "Shark Tale" (2004, Comedy) Voices of Will Smith. Animated. A bottom feeder pretends to be a fearsome shark slayer after the son of a finned hood-hum meets an excidential death (In

lum meets an accidental death. (In Stereo) VTV(22)"Would Be Kings" (2008, Crime Drama) (Part 2 of 2) Currie

TAT I

- Graham. Police corruption, power and money affect the lives of two lawmen and their family. (In Stereo) (DVS) 9:00 pm FAM (2) ***"Holes" (2003, Adventure) Sigourney Weaver. A boy and his friends ques-tion the motives of a woman who forces them to dig holes at a deten-tion camp. (In Stereo) (2) SPIKE (4) **"Road House" (1989, Action) Patrick Swayze. Hired to tame a rowdy Missouri bar, a Ph.D. bouncer romances a doctor and tames the whole town. (In Stereo) 9:00
- Stereo)
- Stereo)
 10:00 pm WTBS ③ ★%"Double Team" (1997, Adventure) Jean-Claude Van Damme. An international spy teams with a flamboyant weapons dealer to escape from a penal colony and save his family. (10:57 pm FAM 20) ★★★"The Bridges of Madison County" (1995, Romance) Clint Eastwood. Memoirs tell a deceased woman's children of her four-day affair in 1965 with a photographer on assignment.
- with a photographer on assignment, (In Stereo)
 11:00 pm SPIKE 44 "Road House 2" (2006, Action) Johnathon Schaech. An undercover DEA agent tries to save his uncle's bar from a group of drug runners intent on taking over

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save his uncle's bar from a group of drug runners intent on taking over. (In Stereo) 11:30 pm CBC [3] ★★%"Wimbledon" (2004, Romance-Comedy) Kirsten Dunst. An English tennis player reinvigorates his game after finding romance with an American counterpart. (In Stereo) [5]

MORNING

- 11:00
- 9:30 am WTBS ③ ★ * "Superman IV: The Quest for Peace" (1987, Science Fiction) Christopher Reeve. Superman is challenged by the radioactive Nuclear Man. (E) 11:00 am SPIKE 44 ★ * * "Rocky" (1976, Drama) Sylvester Stallone. Heavyweight champ Apollo Creed gives Philadelphia club fighter Rocky Balboa a tille shot. (In Stereo) 11:30 am WTBS ③ ★ * * "Drumline" (2002, Comedy-Drama) Nick Cannon. A young man from Harlem joins a Southern univer-sity's marching band but antago-nizes the musical director and its leader. (E) 11:30

AFTERNOON

- 12:00 pm FAM 20 **%"Johnny Tsunami" (1999, Drama) Brandon Baker, A teenage Hawaiian surfer moves to Vermont, where his grand-father helps him become a first-class snowboarder. (In Stereo) EE
 1:31 pm FAM 20 **%"Gotta Klck It Up" (2002, Drama) Susan Egan. A teacher inspires a group of Latina schoolgifts to reach for their full potential and become a champi-onship dance team. (In Stereo) EE
 1:39 pm SPIKE 44 ***"Rocky II" (1979, Drama) Sylvester Stallone. Underdog Philadelphia fighter Rocky Balboa gets another shot at heavy-weight champ Apollo Creed. (In Stereo)
- Stereo) 2:00 pm WTBS 3 **"The Wood" (1999, Drama) Omar Epps. Young men, one of whom is about to married. reminisce about their childhood during the 1980s in

Inglewood, Calif. (E) 3:00 pm VTV(2) "Zeyda and the Hitman" (2004, Comedy) Judd Hirsch. Denied access to his grand-son, a man hires a gangster to kill his mouthy son-in-law. (In Stereo) (E) (DVS)

- (DVS) 4:00 pm WTBS ③ ★★"Sister Act" (1992, Musical Comedy) Whoopi Goldberg. A Reno lounge singer on the run plays nun and shows a San Francisco convertis chours how to Francisco convent's chorus how to
- rock. (2006, Comedy) Voices of Martin Lawrence. Animated. A mule deer shakes up the easy life of a domesti-stard bear. (In Strong) [5]
- shakes up the easy life of a corneste-cated bear. (In Stereo) [€] 4:21 pm SPIKE [4] ★★★"Rocky III" (1982, Drama) Sylvester Stallone. Old foe Apollo Creed trains ex-boxing champ Rocky Balboa for a rematch with brutish Clubber Lang. (In Stereo) (In Stereo)

EVENING

- 6:00 pm WTBS [3] * * "Sister Act" (1992, Musical Comedy) Whoopi Goldberg. A Reno lounge singer on the run plays nun and shows a San Francisco convent's chorus how to rock. [2]
 YTV [B] * * "The Adventures of Sharkboy and Lavagirl" (2005, Adventure) Taylor Lautner. Three children try to save a distant planet. (In Stereo) [2]
 6:30 pm SPIKE [4] * * "Rocky IV" (1985, Drama) Sylvester Stallone. Champ Rocky Balboa trains in Siberia for a bout against a lab-test-ed Soviet with a 2000-psi punch. (In Stereo)
- Stereo)
- 8:00 pm WTBS 3 **"I Spy" (2002, Comedy) Eddie Murphy. A

special agent and a boxing champi-on travel to Budapest, Hungary, to locate an arms dealer and a stealth bomber. (E) KNOW (5) "Happy Families" (1992, Mystery) John Thaw.

- KNOW (5) "Happy Families" (1992, Mystery) John Thaw. Inspector Morse notices a lack of apparent grief among the family members of a murdered business-CBC (13) "Iron Bost"
- members of a murdered businessman. [3]
 CBC [3] "Iron Road" (2009, Drama) (Part 2 of 2) Peter O'Toole. A Chinese woman works on the Canadian Pacific Railway in the 1800s. (In Stereo) [3] (DVS)
 8:33 pm SPIKE (44) **''Rocky V" (1990, Drama) Sylvester Stallone. Broke, punchy and at odds with his son, boxer Rocky trains a hungry contender, then must street-fight him. (In Stereo)
 9:00 pm FAM [26] ***''Ruchy and at odds with his son, boxer Rocky trains a hungry contender, then must street-fight him. (In Stereo)
 9:00 pm FAM [26] ***''The Last Starfighter" (1984, Science Fiction) Lance Guest. A teenage video-game whiz stems an intergalactic invasion. (In Stereo) [3]
 10:00 pm WTBS [3] **''Rumble In the Bronx" (1995, Action) Jackie Chan. A Hong Kong policeman in New York defends a woman shopkeeper against bikers who want protection money. [3]
 10:40 pm FAM [26] ***''Michael" (1996, Drama) John Travolta. Tabloid employees investigate a rumor about an angel and find a surprising creature with healing powers and a lot of sex appeal. (In Stereo) [3]
 11:00 pm SPIKE [44] ***''48

11:00 pm SPIKE (4) ****48 HRS." (1982, Action) Nick Nolte. Premiere. A rumpled detective gets a slick convict released into his custody for two days to help him find a murderer in San Francisco. (In Stereo)

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SATURDAY, AUGUST 15, 2009

6 :3 7 ^{AI} :3	30 Ì	Paid Prog.		5	6	$\overline{\mathbf{D}}$	KREM 8	A&E	KXLY	BCTV	CITV 12	CBC	YTV	TSN 19	VTV 22	DISC (24)	FAM (26)	CITY	SPIKE	TROP
7 ^{AI} ;3	Safet a		News		America	Today (N)	(5:00) The	Sell House	Paid Prog.	Fishing	Fishing	Super Why!	Being Ian	SportsCentr	OWL/TV	Treasure	Rangers	CHIN	TNA	Soap
7 :3	MI	Paid Prog.	Tube Tales		Fly Tying		Early Show (N)	Sell House	Paid Prog.	Fishing	Fishn	Busytown	Grossology	e 🔟	Kingdom	Quest [[[]	Handy	Dhartl	IMPACTI	Paid
		Paid Prog.	Ad Pers	Martha	MotorWeek	News (N)	Cake II	Flip This	Good	Saturday	Saturday	Turbo	Pretty Cure	Fishing	Anne Grn	Man vs.	Mickey	Eye on Asia		The Outer
1	30 1	Paid Prog.	Fishing	Clifford	Seasoned		Horseland	House []]	Morning America	Morning News (N)	Morning News (N)	Animal	Rollbots	Motoring	Kids	Wild "Yukon"	Phineas			Limits III
0 "	M	Videos	Foodies	George S.	Woodsmith		Dino	Flip This	Emperor	Œ	©	Razzberry	SpougeBob	Golf: PGA	Jeff	Mighty	Sulte Life	Polish	Xtreme 414	What
8 ;3	30	Videos	Driving TV	Magic Bus	Hometime		Sushi Pack	House (N)	Replace			Goldfish	Kid vs. Knt	Championshi p Third	Pringle	Ships (III)	School	Studio [E]	Hrsepwer	Raymond
O AI	M	Moviet	Paid Prog.	(8:58)	Workshop		Strawberry	Keyshawn	So Raven		Driving TV		SpongeBob	Round.	Pringle	How-Made	Zoey 101	Amazing	Trucks!	Seinfeld
A 13	30 1	"Cats &: Dogs"	Bullet	(9:28)	Old House		Care Bears	Keyshawn	So Raven		Fishing	Presents (E)	Casper	From Hazeltine	Alice	How-Made	So Raven	Downright	MuscleCar	Seinfeld
A	M	(2001) [[[]]	E! News	Maggie-	Ask This	Track and	NCAA	Hammer	Montana	Fishn	Heart of a	Canoe/Kaya	OddParent	National	Justice	Naked	Montana	CityLine (E)	Movie:	Family Guy
10 :3	30 1	Friends	Dally 10	Beast	Test Kitch	Field: IAAF World	Football	Hammer	Suite Life	Fishing	Child I	k	League	Golf Club in Chaska,	Child Fund	Science I	Wizards		"Smper" (1993) Tom	Family Guy
A AI		Movie:	To Be	Rolle Polle	Christinn	Championshi		Hammer	Rangers	Heart of a	Fishing	Track and	Transform		PLAN	Mayday	Sonny	Paid Prog.	Berenger,	'70s Show
11 3		"Dumb & Dumber"	Announced	Paddington	Primal Grill	ps.	Championshi p Third	Hammer	Rangers	Child	Big Coast	Field	Wolverine	. IBI)	Canada 🗷	"Cruel Skies"	Suite Life	Paid Prog.	Billy Zane.	King
P	M	(1994) Jim	To Be	Lilly (31)	Cooking	Gymnastics	Round.	Hammer	Paid Prog.	Noon News	Magic	ATP Tennis:	Pokemon		Daily Planet		"The	Cityl ine [6]	Trucks!	Friends
12 :3	30	Carrey.	Announced	Miss BG	Garden		From Hazeltine	Angel	Paid Prog.	Hour (N)	Seinfeld	-Rogers Cup Semifinal.	Dinosaur		36	Handyman	Adventures		MuscleCar	Friends
P	MI	Frasler	To Be	(1:05) Taste	Antiques	Action	National	Angel	Paid Prog.	Real Renos	Seinfeld	From	Dragon		Uber Guide	Animals	Pinocchio"	King	Movie:	Raymond
7 3	30 1	King	Announced	Mechanics	Roadshow	Sports From Portland,	Golf Club in Chaska,	Angel	Storms	Paid Prog.	Simpsons	Montreal. (Live) [0]	Monster		30	Animals	(1:34) "The	King	"Sniper" (1993) Tom	Raymond
P	MI	King	To Be	(2:03)	History		Minn. (Live)	Criss Angel	Movie: "Dr.	Seinfeld	Simpsons	(Live/ tel	Rollbots		Cur	MythBuster	Kids Who Saved	EP Canada	Berenger,	'70s Show
2 :3	30	Seinfeld	Announced	Fetch! Ruff	Detectives [67]	[16]	35	Mindfreak	Seuss' The Cat in the	Simpsons	Simpsons		Hawks	1	Into Wild	s (N) []]]	Summer"	Reviews	Billy Zane	Scinfeld
P	M	Seinfeld	To Be	Upside	Saddle Up	Athlete		CSI: Miami		Simpsons	Family Guy	Sat. Report	Team		Twice in a	Cash Cab	Suite Life	CityNews/6	Disorderly	Bob-Doug
3 .3	30 1	Family Guy	Announced	(3:27) Little	Trek	Veggie		"Ambush"		Simpsons	Family Guy	Marketplc	Mystery		Lifetime [ff]	Qubit (N)	Suite Life	Amazing	Con.	Parker
P	MI	Payne	To Be	(4:02)	Europe	Penguins	Access	CSI: Miami	NASCAR	Family Guy	Family Guy	ATP Tennis:	Movie:	Sports	First Story	Cash Cab	Wizards	Murdoch	UFC's	Family Guy
4	30 1	Payne	Announced	(4:27)	Food Trip	Turbo	Hollywood (N)	"All In" [G]	Storms	Family Guy	Global	- Rogers Cup	"Casper: A Spirited	CFL Pre	First Story	How-Made	Cory	Mysteries	Ultimate 100	Family Guy
_ P		Movie: "Fire	E! News	George Shrinks	Summer	News (N)	News	CSI: Miami	Storms ·	Family Guy	(4:59) News	From	Beginning"	CFL	etalk (C)	Destroyed	Sonny	Murdoch	UFC's	Friends
5 .3	30	Down Below"	News	Creatures	Keep Up	NBC News	CBS News	[3]	ABC News	Global	Hour E	Montreal.	(1997)	Football: Montreal	Madonna	Time Warp	Montana	Mysteries	Ultimate 100	Friends
P	M	(1997)	Global	Profiles of	Lawrence	News (N)	News	CSI: Minmi	News	(5:59) News	Doc (Kid vs. Kat		News (N)	Deadliest	(6:01) Jonas	Movie: "A	UFC's	Bob-Doug
6 .3	30	Steven Seagal.	What	Nature [ff]	Welk Show	Judge J.	Scrubs	00	The Insider	Hour (N)		Laughs	League	Winnipeg Blue	192	Catch	Buzz.	Problem With Fear"	Ultimate 100	Parker
_ P	M	Movie: "On	Out There	National	Benny	CSI: NY (0)	Cold Case	CSI: Mlaml	Entertainm	Doc	Doc [ff]	The Nature	Prank Ptrl	Bombers.	W-FIVE C	Destroyed	Suite Life	(2003) [6]	UFC's	Family Guy
7 :		Deadly Ground"	E News	Geo.	Time Goes		"Joseph")))))	ent Tonight	"Welcome to NY"	1	of Things	Prank Ptri	(Live)	(DVS)	Guinea Pig	(7:19) Zocy		Ultimate 100	Family Guy
P		(1994,	Rich Poor	Heartheat	The Civil	Gymnastics:	Flashpoint	The	Movie:	Doc II	Doc "Daddy	Dragon's	Survive	SportsCentr	Movie:	Angel	Suite Life	News	UFC's	Bob-Doug
8 :3	30	Action) (III)	Rich Poor	œ	War "Simply	2009 Visa Championshi		Sopranos [ct]	"Shark Tale" (2004)		Dearest"	Den [ff]	Adrenaline	e (Live) 健	"Would Be Kings"	Angel	Montana	Reviews	Ultimate 100	Parker
P	M	American	Movie	Midsomer	Murder"	ps. 3	Criminal	CSI: Mlami		Doc "Safety	Doc	Da Vinci's	In Real Life	The Lost	(2008)	Deadliest	Movie:	EP Canada	Movie:	Friends
0	30	Chopper (III)		Murders		-	Minds [6]	(E)	Will Smith.	First" (#)	"Breaking Away"	City Hall	"Pilots"	Son of Havana (N)	Currie	Catch	"Holes" (2003)	Amazing	"Road House"	Friends
P	M	Movie:		"Country Matters" [E]		Law &	48 Hours	CSI: Miami	Castle [Doc (tt	News Final	Intelligence	Prank Ptrl	CC (N)	Graham. Law &	Destroyed		Paid Prog.	(1989)	'70s Show
10	nal	"Double Team"			NW Profi	Order: SVU	Mystery [6]	Œ			Driving TV	(DVS)	Prank Ptrl	-	Order: SVU	Time Warp	Weaver. [1]	Paid Prog.	Patrick	Seinfeld
	M	(1997,	News (N)	Montreal	Austin City	News (N)	News	CSI: Miami	Edition	News Final	J.R. Digs	News	Mystery	SportsCentr	News	Destroyed	"Bridges-	Paid Prog.	Swayze. Movie:	Mad Abt.
11		Adventure)	E News	Jazz	Limits @	Sat. Night	Legend of	Œ	Paid Prog.	Sat. Night	Sat. Night	"Wim	Ghost	e (Live) 🕮	News (N)	Guinea Pig	Madisn"	Paid Prog.	"Road House 2"	Mad Abt.

SUNDAY, AUGUST 16, 2009

		WTBS 3	CHBC (4)	KNOW 5	KSPS	KHQ (7)	KREM (8)	A&E	KXLY (10)	BCTV	CITV 12	CBC (13)	YTV (18)	TSN (19)	VTV (22)	DISC 24	FAM (26)	CITY 29	SPIKE	TROP 45
-	AM	and the second second	News		Maya	Today (N)	Paid Prog.	Private	Paid Prog.	Is Written	Driving TV	Animal	Being Ian		Daily Planet		Rangers	Amazing	Married	Driving TV
6	1000	Saved-Bell	Pioneers		Fetch! Ruff	Œ	Paid Prog.	Sessions (III)	Paid Prog.	Fishful	Whata	Save-Ums!	Grossology	e 🖽	Œ	a Warship	Handy	In Fashion	Married	Paid Prog.
-	1.1.1.1	Saved-Bell	Hunter	Martha	Raggs IE	News (N)	CBS News	The	Good	Foodies	Canada	Razzberry	Monster	Reporters	Twice in a	Mighty	Mickey	Eye on Asla	Married	The Outer
7	:30	Videos	Fishing	Clifford	Animalia	Northwest	Sunday	Sopranos [ff]	Morning	Canada	Is Written	Coronatn	Casper	Reporters	A DESCRIPTION OF A DESC	Ships 🔃	Phineas		Hrsepwer	Limits 🕮
	AM	Videos	Fishn	George S.	Reading	Meet the	Morning (N) [E]	The	America This Week	Sunday	TribalTrail	Coronatn	Kid vs. Kat	Golf: PGA	Anne Grn	Somali	Suite Life	Eye-Asia	Xtreme 4x4	What
8	:30	In the Heat	Powerboat	Magic Bus	Electric	Press (N)	Nation	Sopranos [@]	With George	Morning News (N)	Ride Guide	Coronatn	League	Championshi p - Final	Pringle	Pirate	School	Festival	Hrsepwer	Raymond
-	AM	of the Night	Neighborho	(8:58)	Wishbone	Paid Prog.	Pald Prog.	The	Matthews	œ	Hour of	Coronatn	OddParent	Round.	PLAN	Funniest	Zoey 101	Italiano di Johnny	Trucks!	Seinfeld
9	:30	Movie:	od	(9:28)	Biz Kid\$	Paid Prog.	Paid Prog.	Sopranos	Wall St		Power C	Coronata	Barnyard	From Hazeltine	Canada 📧	Animals	So Raven	Lombardi	MuscleCar	Seinfeld
10	AM	"Superman IV: The	Vanity	Maggie-	Make (Paid Prog.	Backroads	Obsessed	Hometime	Driving TV	Listen Up	Fashion F.	SpongeBob	National	Child Fund	Secrets-	Montana	(In Italian)	Police	Just Shoot
10	:30	Quest for	Marriage	Beast	Ride, Lives	Paid Prog.	Paid Prog.		Food Fast	Listen Up	Foodics	ATP Tennis:	iCarly 🔃	Golf Club in Chaska,	Travel	Crystal	Wizards		Shoot.	Just Shoot
44	AM	Peace"	TBA	Rolie Polie	Foreign	Track and	Golf: PGA	Obsessed	Paid Prog.	Hour of	Driving TV	Rogers Cup Final.	Jackson	Minn. (Live)		How-Made	Suite Life	Reviews	Movie:	King
11	:30	Movie:	TBA	Paddington	European	Field: IAAF World	Championshi p Final	"Richie" [E]	Paid Prog.	Power 3	Disaster	From	H2O Just	[G]	Worst Driver	How-Made	Suite Life	EP Weekly	"Rocky" (1976,	King
10	PM	"Drumline" (2002) Nick	To Be Announced	Lilly @	Globe Trekker	Championshi ps.	Round. From	Obsessed "Nidia;	Back to School	Noon News Hour (N)	Seinfeld	Montreal. (Live)	The Next Star 2 [6]	1	W-FIVE C	Heli- Loggers [65]	Movie: "Johnny	Amazing	Drama) Sylvester	Friends
12	:30	Cannon, Zoe Saldana, 📧	Announceu	Miss BG			Hazeltine	Rick"	School	Hour (14)	Seinfeld	-	Star 2 (9)		(DV3)	Loggers Gg	Tsunami"	Cook	Stallone,	Friends
-1	PM	Saldana, des	To Be Announced		The History Project	Action Sports From	National Golf Club in	Extreme	Storms	Big Coast	Seinfeld	Track and Field	In Real Life		Sinner in Paradise	Canada's Worst	(1999)	The O.C.	Talia Shire.	Raymond
1	:30			Mechanics		Portland,	Chaska,	ist	Story	Seinfeld	Simpsons	1.				Driver	(1:31) Movie:		(1:39) Movie:	Raymond
2	PM	Movie: "The Wood"	To Be Announced	World Og	Swiss Rail Journeys	Ore. (Live)	Minn. (Live)	Simmons	NFL Preseason	Seinfeld	Simpsons	CBC News: Sunday	Adrenaline		Twice in a Lifetime [6]	MythBuster s (N) [ff]	"Gotta Kick	The O.C.	"Rocky If"	Seinfeld
4	:30	(1999) Omar		Fetch! Ruff		-		Simmons	Special	Simpsons	Simpsons		Survive	-	1		It Up"		(1979, Drama)	Seinfeld
3	PM	Epps. IE	To Be Announced	Upside	Wait God	Fortune		Simmons	Homeland	Simpsons	Family Guy	fifth estate	Prank Ptrl		Movie: "Zeyda and	Cash Cab	Suite Life	CityNews/6	Sylvester	GoldMind
3	:30			(3:27) Little	1000	Babar [6]	D. La Chill	Simmons	USA	Family Guy		1.10	Family Biz	CPT	the Hitman"	How-Made	Suite Life	Amazing	Stallone, Talia Shire.	GoldMind
A	PM	Movie: "Sister Act"	To Be Announced	(4:02)	Money Hometime	CSI: NY "Bad Beat"	Extra (N)	Gene Simmons	XTERRA	Magic Family Guy	Family Guy	Land Sea Mansbridg	Movie: "Open	CFL Football:	(2004, Comedy)	MythBuster s @	Wizards	TO Show Chris	(4:21)	Carlawood
-	:30	(1992)	0	(4:27) George	Workshop	Name (20)	News	Simmons	Movies	Family Guy	(4:59) News	Pet Food-	Season" (2006,	Hamilton Tiger-Cats at	In Eachion	The Sun (N)		Bea	Movie:	Inside
5	PM	Whoopi Goldberg.	Okanagan News	Shrinks Creatures	Old House	News [8] NBC News	CBS News	Simmons	ABC News	Global	Hour I	Dog	Comedy) [6]	Saskatchewa	FashionTel	The Sun (14)	Montana	Millionaire	"Rocky III" (1982)	Hollywood
-	:30	Movie:	Global	Saddle	Lark Rise	News IE	KREM 2	Simmons	News	(5:59) News	16:9	Jeopardy!	"The	n Roughriders.	News (N)	Sci-Trek	(6:01) Jonas	Royal Pains	Sylvester	Carlawood
6		"Sister Act"	What	Undersea	to	Paid Prog.	News at 6	Simmons	Storms	Hour (N)	Amer Dad	Fortune	Adventures	(C)	œ	"Volcanos"	Buzz	E	Stallone. Movie:	Parker
-	:30 PM	(1992) Whoopi	Taking It	Nat. Geo.	Candleford Nature [3]	Merlin (N)	(N) 60 Minutes	Gene	Funniest	IE 16:9	Simpsons	Heartland	of Sharkboy and	SportsCentr	Merlin (N)	(N) MythBuster		Crusoe [8]	"Rocky IV"	GoldMind
7	:30	Goldberg.	Off (N) E	Expl.	(DVS)	. III	3D	Simmons	Home	Amer Dad	Family Guy	"Do or Die"	Lavagirl"	e (Live) 😥	[00]	s 🔃	(7:19) Zoey	(DVS)	(1985) Sylvester	GoldMind
	PM	Movie: "L	Deal or No	Movie:	Masterpiece	Merlin (N)	Big Brother	Criss Angel	Videos Be a	Big Brother	Big Brother	Movie:	(t) SpongeBob		Merlin (N)	Anthony	Suite Life	News	Stallone.	What
8	:30	Spy" (2002)	Deal (3)	"Нарру	Mystery!	C	11 (N) 🖭	Mindfreak	Millionaire	11 (N) 🖭	11 (N) 🖭	"Iron Road" (2009,	Prank Ptrl	Motoring	œ	Bourdain	Montana	EP Weekly	(8:33)	Weekend
	PM	Eddie Murphy. [65]	Movie	Families" (1992) John	匯 (DVS)	Saturday	Neighborho	Simmons	Shark Tank	Family Guy	Family Guy	(2009, Drama)	In Real Life	WEC	Cold Case	The Sun	Movie; "The	American	Movie:	Friends
9	:30			Thaw.	West	Night Live Presidential	bo	Dog	(N) (12)	Family Guy	Family Guy	Peter O'Toole,	12	WrekCage (N)			Last Starfighter"	Gladiators	"Rocky V" (1990)	Friends
-		Movie:		Mysterious	MI-5	Bash 2008	Cold Case	Simmons	Defying	Simpsons	News Final	CBC News:	Adrenaline		Defying	Sci-Trek	(1984)	Northern	Sylvester Stallone,	Seinfeld
110	:30	"Rumble in the Bronx"		Murder	"Persephone	(C)	00	Simmons	Gravity "H21K"	Family Guy	16:9	Sun.	Survive		Gravity "H21K"	"Volcanos"	(10:40)	Role	Talia Shire.	Seinfeld
-	PM	(1995,	News (N)	Montreal	Globe	News (N)	News	Gene	News	News Final	Paid Prog.	News	Mystery	SportsCentr		MythBuster	Movie: "Michael"	Role	Movie: "48	Mad Abt.
111	:30	Action) [II]	Okanagan	Jazz	Trekker	Paid Prog.	(11:35)	Simmons	Van Impe	16:9	Paid Prog.	Dr. Who	Ghost	e (Live) [E]	News (N)	s Œ	(1996) 🕮	Body Tech	HRS." +	Mad Abt,

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MONDAY, AUGUST 17, 2009

		WTBS	CHBC (4)	KNOW 5	KSPS	KHQ (7)	KREM	A&E	KXLY (10)	BCTV	CITV 12	CBC	YTV 18	TSN (19)	VTV 22	DISC 24	FAM (26)	CITY 29	SPIKE	TROP
-	AM		News	Franklin	Bob Build	News (N)	News	Obsessed	News	(5:30)	(4:30)	CBC News:	Rolie Polie	SportsCentr		Daily Planet	Henrys	CityLine [6]		Once a
6	:30		Tube Tales	George S.	Lions	(E)		(E)		Morning News (N)	Morning News (N)	Morning (N)	Dewitt	e 💷	œ	CC .	King (@)		"Recycling"	Thief ()
7	AM	of the Night	Room	Martha	Arthur (El)	Today (N)	The Early Show (N)	Obsessed "Richie" [E]	Good Morning	Œ	œ	Save-Ums! Animal	Berenstain Rolie Polie	SportsCentr c III		Chine	Mickey Mickey	The Tyra Banks Show	CSI: NY "Tanglewoo	The Outer Limits 20
	:30		That News	(7:29) Dora the	Martha		3		America (N)							"Becrux			d"	
Q	AM		Ad Pers	Explorer	Curious			Obsessed "Traci: Judi"	GC		100 Huntley Street [6]		Timothy	SportsCentr e IE	6 13		Handy		CSI: Crime Scn	North of 6 "Harvest"
0	:30	Cosby -	What	Magic Bus	Sid			That, your			outer an	Busytown	Willa	-		How-Made	Handy		1999 (I	
9	AM		Three Takes	Berenstain	Super Why! Clifford		The 700 Club III	"Brooke"	Regis and Kelly	100 Huntley Street IE	World Vision	Super Why! Gofrette	Casper (9:25) Kid	Record	Regis and Kelly	Daily Planet	Feet Tigger	News City	CSI: Crime Sen	TV Made What
-	:30						m. n.t. t.		m 10		DIAD				TL - 17	and second			CSI: Crime	What
10	AM		The Mom Show [1]	Sid	Sesame Street (EI)		Right (N)	"Brad"	The view	Hospital	Debt Part	Wilbur (@	(10:05) Viva	WTA Tennis:	The View	Worst	Mickey	A REAL PROPERTY AND A REAL	Sen	12000
10	:30	Trivial		(10:25)							House		Erky Perky	Rogers Cup	1	Driver	Handy			Inside Hollywood
-1-1	AM	Harvey	One House	Rolie Polie	Dragon	Ellen DeGeneres	Young and the Restless	Obsessed	Paid Prog.	World Vision .	(10:59) Noon News	Dinner	(10:50)	Day One. From	Twice in a Lifetime [6]	Mayday Trains col-	Benj Bear	Strength Strength Strength	CSI: Crime Scn	(A)
0 0	:30	Harvey	Designer	Berenstain	Sit-Be Fit	Show	une resuess		Paid Prog.	VISION .	Hour (N)	Antiques	Ruby	Toronto.	Encome ge	lide.	(11:25) King	india conour	U.I.	TV Made
10	PM	Fresh Pr.	Chef	(11:56)	Charlie	Paid Prog.	News	Obsessed	All My	Noon News	Days of our	CBC News:	Monster	(Live) (E	etalk 📧	Mighty	(11:49)	CityLine @		Seinfeld
12	:30	Fresh Pr.	Design U	(12:32)	Rose (C	Paid Prog.	Bold	Œ	Children (N) [65]	Hour (N)	Lives (N)	Today (N)	Grossology		Bold	Ships	Weekend		Sen	Seinfeld
	PM	Still Stnd	Home to	Maggie	Fine Art	Days of our	As the	Obsessed	One Life to	As the	As the	Martha	Hawks		Sue	Monster	Dragon			Raymond
1	:30	Still Stnd	Parents	Sagwa	Sewing	Lives (N)	World Turns (N)	"Richie" [tt]	Live (N)	World Turns (N)	World Turns (N)	Stewart	(1:40) Viva		Thomas: F.B.Eye	Moves [Emperor	Patients" [Scn	Raymond
	PM	King	Guiding	(1:56)	Barney	The Bonnie	Guiding	Obsessed	General **	Young and	The Doctors	Steven and	Mystery	ATP Tennis	General	MythBuster	(1:54)	CityNews at	CSI: Crime	Raymond
2	:30	King	Light (N)	BluesClues	WordWorld	Hunt Show	Light (N)	"Traci; Judi"	Hospital (N)	the Restless	33	Chris 🖽	Team		Hospital (N)	s (N) 💷	K. Possible	5 (N) 📧	Sen	Raymond
	PM	Seinfeld	G Split Ends	(2:57)	Big World	Judge	Dr. Phil [C]	Intervention	Rachael	The Doctors	Young and	Living	Pretty Cure	- 1	Dr. Phil (Canada's	Replace	CityNews at	CSI: Crime	Office
3	:30		(N) 🖭	Zoboomafo	WordGirl	Judge		"Brooke"	Ray 📧		the Restless	Food	Pokemon	Sports		Worst	Emperor	6 (N) 🖭	Sen	Temps T
		Family Guy	Deht Part	o "Green Creatures"	Fetch! Ruff		Oprah	Intervention	Deal No	Oprah	(3:59) Early		SpongeBob	WTA	Ellen	Driver Daily Planet		Law &	CSI: Crime	Once a
4			That News	George S.	Cyberchas	Judge J.	Winfrey ("Brad"	Deal No	Winfrey @	Global	Red Green	OddParent	Tennis:	DeGeneres	Œ	Phineas	Order: SVU		Thief IE
-	:30		DIGINI A COM				News	Internetica	a scale of	Faste Name			OddParent	Rogers Cup	Show CTV News	MythBuster		Bea	UFC	Carlawood
5	PM	1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1	Deal No	Martha	BBC News	News (N)		"Donald"		Early News	(4:59) News Hour (N)	Simpsons	1.	Day One. From	at Five (N)	s (ff)		Millionaire	Unleashed	
0	:30	Payne	News	(5:33)	Business	NBC News	CBS News		12000 12	Global	1	Fortune	SpongeBob	Toronto.			Montana			Parker
6	PM	Movie: "Jackie	Global	Taste Buds	News- Lehrer	News (N)	News	(N) [E]		(5:59) News Hour (N)	ET Canada	CBC News: Vancouver	iCarly 📧	(Live)	News (N)	Dirty Jobs (N) E	Zoey 101	Dating in the Dark	UFC Unleashed	Ground U
6	:30	Brown"	News	Mechanics			Hollywood	121	News	EE	Entertain	1	Jackson				Life Derek	(N)	and the second second	-
7	PM	1000 C	E! News	Undersea	'Allo, 'Allo!	Jeopardy!	The Doctors	Hoarders (N) (C)	Entertain	Entertain	Brothers & Sisters III	Coronatn	The Next Star 2 [6]	SportsCentr e (Live) [ff]	etalk 🔃	Hell-	Wizards	(7:01) Murdoch	UFC Unleashed	Parker
1	:30	Grier, Samuel L.	The Insider	Landscape	Europe	Fortune	(m)	(14) (11)	The Insider	ET Canada	Sisters III	Jeopardy!	Star 2 (4)	e (Live) ta	Hollywood	Loggers I	Montana	Mysteries	Onleasned	Parker
0	PM	Jackson. [E]	How I Met	Hot Rocks	Antiques	Am. Road	How I Met	Paranormal	the second s	House	House	Mosque	Malcolm		Criminal	Daily Planet	Suite Life	News	UFC	Parker
8	:30		How I Met	"Belief"	Roadshow	Trip	How I Met	Paranormal	Millionaire	"Locked In"	"Locked In"	Sophie '	Futurama	Record	Minds @	œ	Buzz	News	Unleashed	Parker
0	PM	(9:15)	The Soup	Margaret	History	Law Order:	Two Men		Dating in	Lie to Me	Lie to Me	Just for	League	ATP Tennis:		MythBuster	Wizards	(9:06)	CSI: Crime	Seinfeld
9	:30	(9:45)	How I Met	Atwood	Detectives (N)	CI	Big Bang	"Donald"	the Dark (N)	Œ	Œ	Laughs 🛱	Zixx Level	W&S Financial	ст	s (EE	Life Derek	Jimmy Kimmel	Sen	Seinfeld
10	PM	Movie: "A Night at the	Final 24 (N)	And They	Inside 📧	Dateline	and the second se	Intervention		Brothers &	News Hour	National	The Next	Group	CSI: Miami		School	Flavor of	UFC	Raymond
10	:30	Roxbury"	EE	Danced 🔃	0	NBC ("Chip/Tuck"	GE	Castle "Ghosts" [t]	Sisters [f]	Final (N)		Star 2 (tt	Masters	"Chip/Tuck"	Loggers (E)	Cory	Love	Unleashed	Seinfeld
	PM	(1998) 🔃	News (N)	Ravens	Charlie	News (N)	News	Hoarders	News	News Hour	Entertain	Cold and the second second second	Mystery	SportsCentr	News	Dirty Jobs	Suite Life	Judge	Disorderly	Raymond
17	:30	Montel W.	Guy Stuff	Landscape	Rose (N) [Tonight	Late Show	33	(11:35)	Final (N)	ET Canada	Hour David	Ghost	e (Live)	News (N)	Œ	Life Derek	News	Con.	Raymond

Monday Movies

EVENING

6:00 pm WTBS ③ ★★★"Jackie Brown" (1997, Crime Drama) Pam Grier. A bail bondsman helps a smuggler frame her boss, an arms dealer who plans to kill her. @ 9:45 pm WTBS ③ ★½"A Night at the Roxbury" (1998, Comedy) Will Ferrell. Desperate to meet women and open their own dance club, brainless brothers Steve and Doug Butabi cruise Beverly Hills. [£]

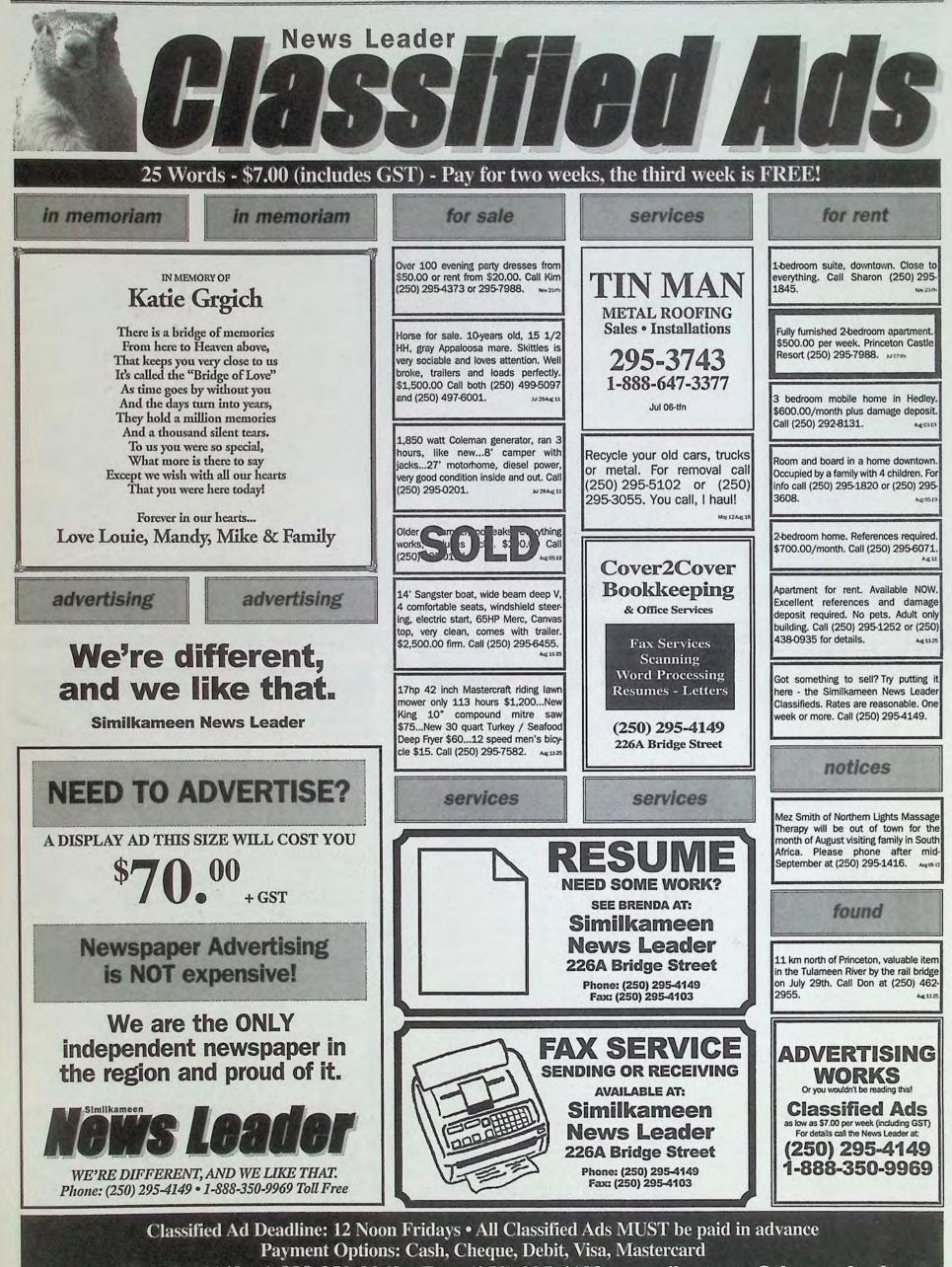
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Similkameen News Leader



Dude, where's my artsy place?

I attended the August 4th meeting of Princeton Town Council and a member of our arts community got me thinking. Her reason for speaking to Council was to request directional and building signage at Riverside Centre.

I attend regular meetings in that building and it never really occurred to me that anyone would have trouble finding it, since it's "the first big building on your right after you cross the wooden bridge."

But you know what, if I was new to town or I was a visiting guest speaker or an out of towner seeking to participate in one of the countless activities now held in the former school I'd have trouble finding it.

Forget that there are no signs downtown directing you to either Riverside Centre or the Princeton Arena (you know, the first big building on your LEFT after you cross the wooden bridge) but consider that the cultural centre, or wellness centre, or theatre with classrooms attached (whatever you want to call it) doesn't have a sign outside proudly announcing to the world whatever it actually is.

I suggested earlier this year that the Arena build a giant hockey puck and put it on its edge on the roof of the building. Slap a giant Princeton Posse logo on it and nobody would have trouble forgetting where the place with the giant puck is.

In fact, I would imagine non-hockey fans would seek it out in the off-season just to see it.

I suggest the same for Riverside. No, not a giant hockey puck, but something similar in concept.

There's a great piece of grass out front with parking on both sides. Maybe a massive sculpture of some kind should go there.

Think really, really big.

121

15%

And maybe the Arts Council could host a competition where local residents would be asked for suggestions of what this giant sculpture should be.

Think of the added tourist traffic. Think of the added exposure.

What would your suggestion be?

- 100	PAP Registration No. 11034
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EDITORIAL GUIDE

We would like you to write to us, but please remember to abide by anti-discrimination laws. The News Leader reserves the right to refuse to print any letter which is not signed by the writer or is slanderous , libelous or of uncommon sense! The Editor reserves the right to condense any letter or to substitute proper language for improper language.



Princeton as it looked in 1926. This photo highlights the 'second' wooden bridge to span Tulameen River, which was built in 1902. Nick Mills at Princeton Museum just discovered this photo last week and wanted us to share it with our readers. Note the empty Allison Flats in the background.



A few of us just don't help tourists

To The Editor:

I wanted to write this letter not with any expectation of response or restitution, but simply to point out some facts and opinions to the people, and primarily the tourism industry, of Princeton.

On the B.C. Day long weekend, I was travelling by car from Nelson to Victoria with my spouse and 6 year-old daughter. Knowing that the drive would be long, hot, and motels would be busy, we made reservations at a motel in Princeton on Sunday, August 2.

We booked with a credit card to hold the room since we would be arriving late.

Imagine our anger when we arrived at 11:00 PM and to be told that they had sold our room to someone else. I reminded the owner that we had confirmed with a credit card. He shrugged. It was like that 'Seinfeld' episode: "You know how to take a reservation; you just don't know how to KEEP a reservation". It was a completely outrageous and infuriating situation. Being the Sunday of a long weekend at 11:00 PM, there of course was not another motel or hotel room to be found anywhere. We called Hope, Chilliwack – nothing was available. We drove on, and had an uncomfortable two hours sleep in the car in the Hope Slide parking lot.

So what's my response? Simple. I won't stop in Princeton again. There's an old adage: You've got one chance to make a first impression. My impression of Princeton is now shaded by the memory of being burned by

memory of being burned by inhospitality. I'll go to a B&B in Keremeos next time.

Now, I'm just one person, and you may think, 'well, one guy won't come here again, so what'? But guess how many people I've told this story to?

In a town like Princeton, which appears to be struggling with a tough economy that's shifting from a resource-base to tourism, it is incumbent on everyone that they not only exhibit hospitable behaviours to visitors, but encourage all businesses in town to think of the impact of these types of actions.

And if you think that this doesn't affect you as a resident and taxpayer in Princeton, think again. If your tourism industry can't pick up the slack from mining and forestry, businesses will close. The tax burden shifts onto you, the individual. It's all connected. So please, encourage your citizens, corporate and individual, to really think about the impacts of a bit of negative publicity. Regards,

- S. Harris, Victoria, BC

(Editor's Note: The News Leader contacted Mr. Harris and first apologized for the experience his family had and then explained many of the good things one can experience in Princeton. While this letter was written when emotionally charged, Mr. Harris makes a very good point. Are there some of us in Princeton who just don't understand the importance of tourism and the damage a bad experience can cause?)

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Similkameen News Leader



Current Comment

Why Do We Have Religion?



Dawn Johnson editor@thenewsleader.ca

All people have religious or spiritual beliefs. I read that somewhere. Every society has concepts of how we arrived here and what we're supposed to do now that we are here. Every society has ideas about where our spirits go when our bodies die. It would appear that this is one of the very human things we do.

Some religions have thrived upon making us afraid we will go to a horrible place when we die unless we prevent it by doing the right things while we are alive. Regardless of whether the religion thrives on fear or guilt or ritual, every religion demands a certain code of behaviour from its followers.

Have you ever wondered why this should be so, and why people can become so fanatical about following every code and custom dictated by religious leaders? I have a theory about this.

If you examine a human being quite objectively as merely a species of mammal, then we are truly just another animal. We eat flesh and vegetation with a digestive tract very similar to other mammals. We grow hair on our bodies like other mammals. We have teeth, and claws, like other mammals. We reproduce in much the same manner as other mammals.

If we compare ourselves to primates like the gorilla or chimpanzee, the difference between us and them is very small in physical terms, and there are similarities in behaviour. Sometimes the similarities are damned uncomfortable!

I believe all of us recognize, consciously or unconsciously, our resemblance to animals at the scientific level. What distinguishes us from them is our behaviour. One of the things religion does is

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regulate behaviour. Religion teaches a code of conduct meant to lift us above the "dog eat dog" level of animals. Religion teaches us there is more to who we are than mere mammals.

You do not need to tell me there have been crimes against humanity performed by religious people. At the same time, what would we be without the restraints taught by religion?

Believing in something or somebody has led people to do some wonderful things, and some terrible things. At the basis of all of this is the need we humans have to believe in something. Religion serves that purpose.

If we look back just 70 years ago, we see the German people enthralled by Hitler and National Socialism. The Nazis believed in the superiority of being a German, and sought glory for their nation. The Nazi system included the eradication of communists and Jews, and anybody else who disagreed with their world view. Religion was not held in respect.

Go back 90 years, and we see the Russians getting rid of their class system and introducing Communism. Thousands of Russian citizens were killed because they belonged to the wrong class or because they disagreed with the principles of Communism. Religion was outlawed.

In trying to lift ourselves above our "animal" state, we humans have done some incredibly stupid things, and some equally magnificent things. We have tried to destroy others who did not believe as we did, we have waged wars, and yet we have built beautiful buildings dedicated to the highest and best principles by which to live.

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More recently, we have gone through a phase in which we tried to elevate the status of animal life by saving tigers, whales and even marmots. We can now see other species as our "fellow animals" and seek to preserve their habitats. No other animal seeks to preserve another species habitat, so environmental preservation seems more human than anything.

The decline of religion in North America seems to have gone hand in hand with the rise of environmental protectionism. Was one form of religion replaced by another? I have read books in which the earth was treated as a goddess, as if the planet had a spirit of its own quite independent from every creature on the planet. Illogical, but I'm sure quite appealing to some people.

Then there was the New Age movement, in which people were seeking a greater spirituality than the mere rituals of religious practice. In many ways, this was a good thing, because people were consciously seeking answers rather than merely following a ritual. Churches did not embrace a positive view toward the New Age explorers, but that was a side effect of questioning, I'm sure. No religious organization appreciates questioners and doubters.

Getting back to my theory: I believe it is important for people to have a code of conduct. It helps us define the non-animal part of us. Most of us know we are more than just tooth and claw: we have intellect, we think about who we are and what we do. We need principles and guidelines to keep us on the right track. A belief system answers that need.



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Mayor Randy McLean co-signs the Oath of Office taken by Princeton Youth Ambassadors at the August 4th regular meeting of Town Council. *

CHA and CJHA come to Princeton this week

...... continued from Front Page juniors and their families converge on the host community and over a period of four or five days give back to the many businesses, institutions and community organizations that get involved putting together an event like this, by boosting the local economy in terms of accommodations, food and shopping. Bonanza is much more than just a cattle show; as it encompasses a variety of competitions and events to match all interest and skill levels of the participants.

In addition to the basic cattle show component where a qualified adult judge evaluates the cattle and ranks them according to his or her preferences, Juniors under the age of 21 also participate in Individual and Team Grooming; Individual and

he story of Father Pat

..... continued from Page 9 Pat worked from the mining community of Rossland, later for a short while it was Trail.

There are countless stories of his good deeds throughout the Southern Interior of BC, but a particular one tells of the green, threadbare, coat he always wore. His caring parishioners took a collection and bought him a new one. A few days after receiving it Father Pat was seen wearing his old one again. On being questioned about it he said that he had given his new one to a man without a coat!

Late in 1901 he set off for England by train, inexplicably getting off some distance before reaching Montreal and disappearing. Early in January 1902 he was discovered by a farmer, a few miles from Montreal, in bad shape, walking

We're different,

and we like that.

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with difficulty along the Sault au Recollect Road, on the frozen ice. Father Pat was taken to Notre Dame Hospital in Montreal where the only name he would give the nurses was "William Henry". After breathing complications set-in, he passed away there on January 13th, 1902.

As soon as the news of Father Pat's death reached British Columbia, whole communities wished that he be buried amongst them, but instead the returning coffin was placed in the Cathedral Church of New Westminster where crowds of people came from across BC to pay their last tributes.

On a sunny afternoon, among many friends, he was finally laid to rest in the pretty hillside cemetery, alongside the wife he had loved so dearly. Team Judging; Team Marketing; Showmanship; the Challenge Cup (a trivia game show); Public Speaking, Scrapbook; Art, Photography & Literature; Stall & Display; Individual and Provincial Grand Aggregate as well as many other unique competitions.

The Princeton event will start Tuesday, August 11th with the arrival of CHA Directors and will wrap up with a barbeque at Copper Creek Ranch at 6:00 PM.

Wednesday, August 12th is a full day including CHA meetings with the CJHA Public Speaking Competition at 2:00 PM (Copper Creek Ranch), CJHA Challenge Cup (Cowboy Olympics) at 5:00 PM.

Thursday, August 13th features a day of CHA workshops and meetings with the CJHA Team Marketing Competition at 1:00 PM and CJHA Team Grooming Competition at 2:00 PM followed by CJHA Little League Grooming at 3:00 PM, CJHA Team Judging at 4:00 PM and CJHA Challenge Cup (Wii Challenge) at 7:30 PM. All CJHA events will take place at Copper Creek Ranch.

Friday, August 14th includes CJHA Open Grooming & Showmanship at 8:30 AM, CJHA Bred & Owned Show at 2:00 PM, the CJHA Challenge Cup (Scavenger Hunt) at 7:00 PM and CJHA Advertising Competition at 7:30 PM. The CHA AGM will start at 7:00 PM with the CJHA AGM at 8:30 PM.

The final day of activities, Saturday, August 15th, includes mostly casual 'meet and greet' events for participants wrapping up with a dance at Riverside Centre at 9:00 PM.

similkameen News Leader



NAME AND A DESCRIPTION OF A

A town that has been abandoned, usually because the economic activity that supported it no longer exists.

There are a total of six such ghost towns in the Princeton area:

Allenby, Blackfoot, Blakeburn, Copper Mountain, Granite Creek and Leadville.



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SUSAN

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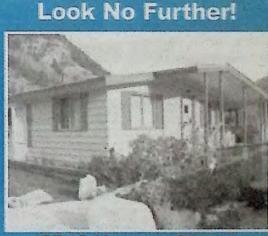
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