



Similkameen

News Leader

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Tuesday, August 18, 2009



Carol Mack demonstrates the magic of a bubble gun at Wild, Wet & Western Night August 12th. *

Wheels turn on Posse bus plan

After weeks of following many leads the Princeton Posse Junior B Hockey Club has decided it will purchase a team bus.

"Bussing the team on road games was one of our biggest costs last year," explains Posse Marketing Director George Elliott.

"The club spent 35-thousand dollars last year in road trips."

The board of directors passed a motion at the August 11 bi-weekly meeting to set a budget of \$50,000 and to send a delegation to the lower mainland to follow up on leads on potential busses for sale.

The team executive is confident the expense will prove to be a valuable asset and investment in the

future of the community-owned hockey team.

"First off the cost of bussing our own team to road games will cost far less than the 35-thousand spent last year and secondly there is potential revenue generation through charter services," Elliott explains.

"There are other teams in this league who have turned bus chartering into their largest fundraising activity and we see that as a very real possibility here."

The club plans to have a bus in place in time for the start of the 2009/10 KIJHL hockey season.

"We are trying to turn this into a self sufficient organization."

How to enter your 2009 Fall Fair exhibit

Whether you are entering flowers, needlework, ceramics or a chicken, or maybe a lot of items for Junior Fair, the procedure is the same. You need an entry form, which can be found in an exhibitor's booklet (these are available at Kevin Acres). Extra entry forms are available at the fairgrounds during registration.

Using the booklet as a guideline, you fill in the entry form with the number code and the name of the item. You list your own name and contact information.

You take your item to the fairgrounds BEFORE the fair. Time for registration is **Thursday, August 27, 3:00 PM to 7:00 PM** and **Friday, August 28, 12 Noon to 7:00 PM.**

If you are entering livestock, you do not bring your animal until the day of the fair. Dogs, cats, birds and caveys entered in the pet parade may do so on Sunday afternoon just prior to the pet parade.

Be sure to read the rules for each category and class you intend to enter.

When you enter your exhibit, you must pay 50 cents per item, unless it is for Junior Fair. All Junior Fair exhibits are entered FREE.

Your exhibit must have a judging

tag in order to be eligible for a prize. You will be given as many tags as you need, and you must fill them out according to the class and name of item, along with your name.

Then your items, with tags attached, will be taken to the appropriate

building and section to be judged.

Judging is done on the Friday evening before the fair. The exhibits buildings are closed to anyone other than judges and convenors during judging. On Saturday morning, all of the tags

are turned into the office and compiled according to name. Each tag winning a first, second or third will be awarded \$5, \$3, or \$1. Top exhibitors will be announced on Sunday afternoon, but prize money will be available Saturday afternoon.

What shall I take to the Fair this year?

It is fun to take your hobbies and/or your produce to the fair. You can enter anything you grew in your garden (or a container) or anything you made during the past year. You may win a prize, not just a ribbon, but money, too.

There are divisions for home grown vegetables, fruit, nuts, and flowers (or plants). There are divisions for needlework, leisure crafts such as beadwork, ceramics, woodwork, paintings, and photography. If you wrote an essay or a poem, there is a category for that, too.

Perhaps you are a good baker. You can enter your baking. If you do

home canning, you can enter that division.

If you raise chickens, ducks, geese or turkeys, you can enter them in the fair, and you can enter eggs, too. If you make butter and cheese at home, enter them. If you raise bees, enter the honey.

All of these categories, and more, are in the Junior Fair division as well as the adult division.

People who make their own wine may enter them in the fair (one bottle for tasting, one for display).

You do not have to give away what you bring, but if you wish, you may donate baking, home canning, eggs, vegetables or other

items to the auction at the end of the fair, usually held at 3:30 PM Sunday. You could buy a whole box of goodies for very little at this auction.

Think about what you could enter in the fair, then enjoy seeing your items on display. Who knows? Maybe you will go home with money!

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**We're different,
and we like that.**

Similkameen News Leader

Princeton Lions Club



Thank You!



The Princeton Lions Club would like to thank the residents who have so generously donated for firewood collected at Princeton Post & Rail.

Funds from this site go towards supporting Camp Winfield for disabled children. Over the years eligible children from Princeton and outlying areas have participated in this program. This joint venture with P.P. & R. has been ongoing for four years and we wish to thank the management of P.P. & R. for allowing us the opportunity to participate in this event.

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DEVELOPMENT OF A PEST MANAGEMENT PLAN

Application No: TGI-ROW-2009

Applicant: Terasen Gas Inc.
1975 Springfield Road
Kelowna BC V1Y 7V7
Tel: 250-868-4519

Agent: SMC Consulting
1582 Lawrence Avenue
Penticton BC V2A 3C1
Tel/Fax: (250) 492-6193
e-mail: smcconsulting@shaw.ca

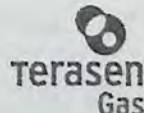
The purpose of the proposed Pest Management Plan (PMP) is to manage vegetation on pipeline rights-of-way and roads within the Terasen Gas Inc. service area, which is located in proximity to the communities of Elkford, Sparwood, Fernie, Elko, Cranbrook, Kimberley, Skookumchuck, Yahk, Creston, Salmo, Fruitvale, Trail, Nelson, Castlegar, Rossland, Christina Lake, Greenwood, Grand Forks, Midway, Osoyoos, Oliver, Keremeos, Hedley, Princeton, Kingsvale, Okanagan Falls, Penticton, Summerland, Peachland, Westbank, Kelowna, Winfield, Coldstream, Lumby, Vernon, Enderby, Salmon Arm, Revelstoke, Sorrento, Armstrong, Chase, Kamloops, Merritt, Logan Lake, Savona, Ashcroft, Cache Creek, Clinton, Horse Lake, 108 Mile House, Lac La Hache, Williams Lake, Kersley, Quesnel, Hixon, Buckhorn, Prince George, Summit Lake, Bear Lake, Mackenzie, Chetwynd, Hudson's Hope, and all of the Fraser Valley and the Lower Mainland, excluding Vancouver Island, Sunshine Coast, Texada Island, Squamish and Whistler.

The pest management methods proposed for use include mowing, brushing (slashing), frilling (girdling), grooming, pruning, and the use of pesticides (including a biological control agent). The use of pesticides is intended within the area to which the PMP applies. The common name and trade name of the pesticides proposed for use under this plan include: the fungus, *Chondrostereum purpureum* (Chontrol), glyphosate (Roundup, Roundup Weathermax, Glyphos, Vantage or Vantage Plus) and triclopyr (Garlon 4 or Garlon Ultra). Application methods include: wick/wipe-on, cut surface, basal bark, injection and backpack foliar applications.

The proposed duration of the PMP is from November 2, 2009 to November 1, 2014.

A draft copy of the proposed PMP and maps of the proposed treatment areas may be examined online at www.terasengas.com/pmp or by contacting the Agent listed above.

"A person wishing to contribute information about a proposed treatment site, relevant to the development of the pest management plan, may send copies of the information to the applicant c/o SMC Consulting, Agent, at the address listed above, within 30 days of the publication of this notice."



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This is how root beer floats were served August 12 during Wild, Wet & Western Night at Centennial Pool. *

Princeton Court News

Exclusive to the News Leader - by Dawn Johnson

Hedley party ends in Court

Gregory D. Sykes, a Hedley resident, stood trial in Provincial Court in Princeton on August 13 and 14. He defended himself on a charge of an assault causing bodily harm to another Hedley resident, Daniel Michael Orłowski.

Orłowski testified that he had gone to the home of Barb Donnelly on the morning of November 29, 2008, to look at some art work she had done. On the way, he had bought a six pack of beer, which he shared with others at Donnelly's home. Orłowski stated he had one beer, then Sykes had punched him in the eye for no reason. Photographs shown to the court depicted damage to Orłowski's right eye. Orłowski said Tony Heinrich had pulled Sykes off him. Orłowski had then gone home, where his brother had phoned the police and ambulance.

The next witness, Tony Heinrich,

stated the group had been drinking beer in the late afternoon. He said people were coming and going, but among the group were Orłowski and Sykes. Heinrich said he had known Sykes less than a year, but had known Orłowski for 20 to 25 years. Heinrich said Orłowski was intoxicated and was belligerent toward Sykes, taunting him about being a "city boy". Sykes had told Orłowski to "drop it".

Heinrich said Orłowski gets into a mood when he's drinking and wants to fight. Heinrich said he told Orłowski to calm down.

Heinrich went to the bathroom, and when he came out he said he heard "some kind of commotion". He saw Orłowski on the floor with Sykes on top of him and it looked like they were "kind of wrestling around". A coffee table had been pushed three or four feet out of

place. Heinrich pulled Sykes to his feet, and Sykes returned to his seat and continued drinking his beer. Orłowski got up, sat down again, and drank more beer. Heinrich said Orłowski had stayed on for another hour, during which Heinrich noted Orłowski's eye was swollen. Orłowski left peacefully.

Cst. P. Bolt, who responded to the 911 call, stated he went to Orłowski's residence at about 5:30 PM. He found Orłowski was drunk, loud, belligerent and uncooperative. Orłowski claimed he had internal injuries, and the ambulance came to take him to Penticton Hospital, but it took a lot of persuasion to get him to go. The police followed the ambulance to Penticton, then returned to Hedley. At approximately 8:30 PM, Cst. Bolt interviewed Sykes, and stated it was apparent Sykes had been drinking, but was polite, cooperative, and did not appear to be drunk. Sykes had no injuries. At some point during the investigation, Cst. Bolt spoke to Barb Donnelly, who told him Orłowski had started the fight.

Sykes called no witnesses on his behalf, saying Barb Donnelly had been his only witness, but she had passed away.

Judge Smith thoroughly reviewed the testimony, noting the inconsistencies between Orłowski's testimony and that of the other witnesses. In conclusion, Judge Smith said he could not find Sykes guilty beyond a reasonable doubt, and acquitted him.

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There was a different kind of posse in town August 12 for Wild, Wet and Western Night at Centennial Pool. *

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Princeton Court News

Exclusive to the News Leader - by Dawn Johnson

Judge orders new bail

In Provincial Court in Princeton on August 13, Daniel Forbes and Chantelle Vermette were granted a change in their bail conditions. They are under a \$1,000 recognizance, but cannot leave B.C. without approval, must not change addresses, and may not possess weapons.

Woman pleads guilty

Karin Bayer appeared in Provincial Court on August 13 to plead guilty to a charge of driving with a blood alcohol level over .08. She explained to the court she did not wilfully break the law, she had been drinking the evening before, had had a sleep and then drove. She was stopped for speeding on May 18, and her breath test gave readings of .190 and .180.

the minimum \$1,000 fine and she is prohibited from driving anywhere in Canada for one year.

Careless driver pays fine

In Provincial Court in Princeton on August 14, Kulwant Sivia entered a guilty plea through an interpreter to a charge of driving without due care and attention. The incident bringing the Fraser Valley farmer to court occurred on June 26, 2008, when local RCMP were called to a minor accident near Whipsaw Bridge 10 km. west of Princeton on Highway 3.

Police officers found a van in the ditch, and driver Sivia had evidence of having consumed some alcohol.

Judge Smith told Sivia, who had no prior driving offenses, that a driving prohibition would not be

imposed by the court, but the Superintendent of Motor Vehicles may choose to impose a prohibition. Sivia was ordered to pay a \$1,000 fine.

44th Annual
Princeton & District Agricultural Fall Fair
August 29 & 30
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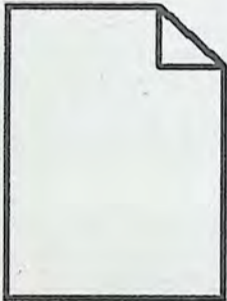
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Keremeos News



It's the time of year when all thoughts in Keremeos turn to peppers! *

Man pays for beating businessman

A news release last week stated Jonathan Kelton Tomkins, 37 years old of Penticton was facing several charges stemming from an alleged assault and theft incident which occurred at a Keremeos restaurant and liquor establishment on Wednesday evening August 5th, 2009, leaving the 67 year old male victim unconscious and bloody.

Keremeos RCMP were alerted to the alleged assault and theft when the victim awoke and stumbled into an adjoining business early Thursday morning August 6th, suffering from serious non-life threatening injuries.

Police said at the time, "The shaken and groggy 67 year old

victim exhibiting injuries to his face remembered little about the assault. The man was transported to the South Similkameen Health Center then to Penticton Regional Hospital and diagnosed as having incurred a major concussion. The victim was released from hospital the same day. RCMP investigators attended the scene and interviewed the oncoming staff who were shaken. Police examined and photographed the bloody scene, where the victim was left unconscious the night before."

Details from the investigation revealed Tomkins allegedly assaulted and tied up the employee at the Crow Bar Restaurant

and Grill at closing time, stealing the victim's wallet and cash along with the till contents. Tomkins is said to have also taken the man's car keys and took the red 2006 Mazda RX8 and fled leaving the victim unconscious.

Police received information on the incident when the victim regained consciousness the next morning on August 6th.

"On August 7th, Jonathan Tomkins turned himself into the Keremeos RCMP in connection with the investigation," RCMP officials stated.

"Keremeos RCMP were able to retrieve the stolen vehicle on August 7."

Tomkins remained in custody after his first court appearance on August 8th and appeared again in Penticton Provincial Court August 10th.

At that time RCMP added, "To date the following charges have been approved by Crown Counsel: • Forcible Confinement • Possession of Property Obtained by Crime • Theft."

Keremeos RCMP continued their investigation into the incident last week and requested that any persons with any information regarding the investigation were to contact the Keremeos RCMP at (250) 499-5511 or via CrimeStoppers at 1-800-222-8477.

Tomkins was sentenced August 13th where he received a 10-year firearms prohibition and was required to give a DNA sample. He was also handed Victim Surcharge fines and jail time.

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Julia Halipchuk looks over a display in the Joe Pollard Wing at Princeton Museum. The next Museum Board meeting is September 8 at 2:30 PM in the Chamber building with the next members meeting set for September 22. For more information contact the Museum. *

RDOS hosts open house

The Regional District of Okanagan-Similkameen (RDOS) has mapped sensitive ecosystems in rural Princeton and will be releasing the results at an open house on August 19th at 7:00 PM at the Riverside Centre in Princeton. The discussion will cover East Gate, Otter Lake and the Princeton-Summerland corridor.

Sensitive ecosystems and the wildlife they support are important to the quality of life of local residents. In fact, preliminary Official Community Plan (OCP) survey results indicate that the natural environment was the second most important reason for people to come to this area.

This project inventoried areas that are relatively undisturbed, fragile or rare within the province, not just locally. Endangered plants and animals which may be found in these areas were also identified.

The RDOS recognizes the importance of this mapping to locate and identify our special areas for consideration when reviewing development applications. Accurate mapping benefits property owners and the RDOS by ensuring that all parties have the best information possible for decision-making. According to the OCP survey, environmental protection is one of the top issues, which residents want to see improved.

"Mapping our sensitive areas will assist in maintaining the natural environment which is so important to local residents," pointed out Brad Hope, Electoral Area 'H' Director.

"Collaboration for project funding will result in many groups and agencies using this as a resource."

Contact the RDOS Environmental Coordinator, Jillian Tamblyn at 1 (877) 610-3737 if you have any questions.

Rodeo Club prepares for bull riders

Princeton Rodeo Club will host the annual BCPB British Columbia Professional Bull riders Finals September 12 and 13 at Princeton Fairgrounds.

The event will feature the top bull riders in the province as they tackle the best bulls in the province over two days of bull riding.

The weekend will also include a daily Wild Horse Race, Ladies Jackpot Barrel Racing and a barbecue and 'wingding' Saturday night.

Start time both days is 1:30 PM with ticket prices at the gate set at \$15 per day for adults (2-day pass \$25), \$10 per day for students and seniors (2-day pass \$17) and chil-

This project is sponsored by RDOS, Environment Canada, Real Estate Foundation and BC Ministry of Environment.

dren under 12 admitted free. Tickets for the Saturday night barbeque are \$20.00.

For more information call (250) 295-4084.

The current BCPB (British Columbia Professional Bull riders Association) standings show the top 10 riders are:

- 1) Ty Pozzobon, 8213.49
- 2) Devin Graham, 7096.57
- 3) Kyle Wallgren, 5605.98
- 4) Justin Davis, 5590.92
- 5) David Graham, 5254.8
- 6) Charlie Attrill, 5102.11
- 7) Steve Hohmann, 4485.08
- 8) Cody Charlieboy, 4409.9
- 9) Ty McCullough, 4230.16
- 10) Scott Zigler, 3667.12

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Health / Lifestyle News

How to survive 'are we there yet' road trips

(NC)—With the heat of summer upon us many families are looking forward to one of the most iconic Canadian experiences—the family road-trip. Whether you are heading up to the lake for a long weekend or braving a coast-to-coast adventure, a road-trip allows families to spend quality time with each other in an economical way.

Ask the Expert: Dr. Sophie Jamal

(NC)—Dr. Sophie Jamal, Director of the Osteoporosis Research and Clinical Programs at Women's College Hospital in Toronto, answers questions about osteoporosis.

Question: I'm 52 years old and although I've always been a healthy person, I've heard that women over 50 are at higher risk of osteoporosis. I want to do everything I can to help make sure I don't get it—what do I need to know?

Answer: Osteoporosis is often called the "silent thief" because it can cause bone loss, increasing your risk of fracture without any symptoms. Because it is silent, the key to prevention is being aware of your risk factors. If you are at risk for bone loss and fractures, there are several measures that you and your doctor can institute in order to reduce your risk of developing osteoporosis, or to help prevent further bone loss and fractures if you have already been diagnosed.

Although anyone can develop osteoporosis, postmenopausal women are especially at risk because of the drop in estrogen levels that happens at menopause. Estrogen plays an important role in keeping women's bones healthy.

There are five main factors that can increase a person's risk of fracture. These are: low bone mineral density (BMD); a prior history of a fragility fracture (one that occurs as a result of minimal trauma or no trauma, like falling from a standing height); being 65 years of age or older, use of oral steroid pills for at least 3 months; and a family history of osteoporosis.

However, without proper planning a road-trip can mean long hours in confined spaces with the constant echo of "are we there yet?" from the back seat. Here are the top three tips for creating an unforgettable road-trip this summer:

1. **Bring healthy drinks.** Pack a cooler with bags of cut-up veggies, plenty of cool bottled water and a bag of trail

If you believe you are at risk, I encourage you to speak with your doctor. He or she can perform a bone mineral density test to assess your bone mass and evaluate your fracture risk.

Healthy lifestyle habits, including regular weight-bearing exercise such as walking and eating a healthy diet rich in calcium and vitamin D can help protect some people from developing osteoporosis. For others, these measures may not be enough, and they may require a prescription medication, which can prevent further bone loss and reduce your risk of fracture by up to 50 per cent. There are several osteoporosis medications that can be taken in different ways so you and your doctor can tailor the treatment to your individual needs and preferences.

-News Canada

mix. Avoid giving your kids sugary drinks as they can cause mood swings and irritability, which makes for an unpleasant drive for everyone. And remember, according to the Dieticians of Canada, the human body needs 8–12 cups of liquids a day to stay well hydrated—just include plenty of bathroom breaks along the way.

2. **Who says you can't stay active on a road-trip?** Playing games will not only help the time fly by, but will also allow you and your family to enjoy some of the beautiful scenery. Map out your route ahead of time and pick scenic spots for a quick half hour walk to truly appreciate your surroundings.

3. **Be prepared.** Plan ahead for unforeseen emergencies to ensure you aren't trapped in a hot car with no supplies. In addition to a road-side emergency kit, bring non-perishable meal replacement bars and bottles of water—making sure to remind children the bottles are recyclable. By ensuring that your family always has food and clean water available, your unplanned road-side stay won't be a trip ender. The family road trip is one of the greatest ways to travel and can truly bring a family together. Being equipped with the "are we there yet" survival kit will ensure every road trip is a vacation to remember.

Living Past 100

Eat from The Horn of Plenty

The horn of plenty, also known as the cornucopia, is a symbol of plentiful foods. Within the horn of plenty are the foods that help us stay healthy, help children grow, and help us stay young. At this time of year, the horn of plenty is very full of great things for our health. We should be enjoying them.

This is the time of year when you can cut back on the expensive refined foods and substitute more vegetables and fruit to fill up the space wasted on refined foods. Vegetables and fruits are cheaper now, and provide the body with more nourishment than any of the refined foods. This is the season for salads, both vegetable and fruit salads.

There is an abundance of good things to eat at fruitstands, in gardens, and at the supermarket. Tomatoes, cucumbers, onions, radishes, and lettuce are all fresher than in winter. There are new potatoes, peppers, young carrots, corn, green beans, Swiss chard, beets and beet greens—all foods good for you. There are peaches, melons, apricots and several kinds of plums and berries at the fruit stands, and this year's first apples. Soon there will be pears, squash, grapes and late apples.

Selecting fresh produce adds a nutritional bonus. The nutrients are superior to winter fruit and vegetables because the produce has not travelled as far. Fruits are much better in summer because they are more naturally ripened, while fruits in winter have been picked in an unripe state so they will keep through the long transportation and marketing processes.

There is a large variety of vegetables and fruits to choose from. Rather than buying a whole lot of any one food (unless you plan to preserve it), buy smaller amounts and increase the variety. It is the variety that does you the most good.

If you are interested in preserving summer's bounty, then go for the larger quantities and begin canning or freezing. You will reap the benefits in winter. If you are not sure how to proceed, your local library, or an older person with experience, is a good source of information. If you are a beginner at canning or making jams or jellies, your local hardware store staff can advise you what you need and may give you some tips on processing. When older folks have yard sales, canning equipment is often on sale at rock bottom prices, or maybe you know an older woman who has not sold her equipment but would let you use it. As to freezing, it is simple, but you do need instructions pertinent to each vegetable. To freeze berries, just put them in a freezer bag, seal the bag, and place in the freezer. Most soft fruits will not freeze well, and are better canned.

STUDENT REGISTRATION - 2009/10

PRE-REGISTRATION For students "NEW" to School District No. 58 (Nicola-Similkameen), the schools are open for pre-registration Monday to Friday, August 31 to September 4, 2009 from 9:00 AM - 11:30 AM and 1:00 - 2:30 PM. Call ahead to confirm.

SCHOOL OPENING Tuesday, September 8, 2009 - Adjusted Hours: 10:00 AM - 12:00 Noon
Wednesday, September 9, 2009 - Regular School Hours.

SCHOOLS - John Allison Elementary, K - 3 (250-295-6727), Vermilion Forks Elementary, 4 - 7 (250-295-6642), Princeton Secondary School, 8 - 12 (250-295-3218), The Bridge, Princeton Alternative School (250-295-3180).

BUS STUDENTS Please check in the newspaper (August 25th) and with your school for bussing information. Tuesday, September 8, 2009: Busses will pick up students one hour LATER in the morning, and return students beginning at 12 Noon. Wednesday, September 9, 2009: Busses begin the regular schedule.

KINDERGARTEN: To register, a child must be 5 years of age, on or before December 31, 2009 and a birth certificate, immunization Record and Care Card should be presented. Kindergarten starting dates will be arranged through the school.

THE BRIDGE - PRINCETON ALTERNATIVE SCHOOL

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Invasive Plant Alert

Spiny Invaders

by Lisa Scott

As many as four varieties of Eurasian thistles are now distributed throughout the Princeton area, including Canada thistle (*Cirsium arvense*), bull thistle (*Cirsium vulgare*), nodding thistle (*Carduus nutans*) and Scotch thistle (*Onopordum acanthium*). These thistles invade cultivated fields, pastures, roadsides and cut blocks, as well as natural grasslands, forest openings, streambanks and shorelines. While few places are immune from thistle invasion, these spiny plants prefer open, well-drained, sunny sites with loamy clay soils that are deep and moist.

Thistle is an old English name for a large group of plants with a dubious reputation. In ancient history, the thistle represented part of the primeval curse on the earth in general, and on man in particular. In Greek history, Earth made the thistle in a moment of grief for the loss of Daphnis. In Norse mythology, Thor protected the plant, known as the lightning plant, and all those that wore it from harm. In some translations, thistle is also the basis of Hans Christian Anderson's tale *The Wild Swans*, where eleven princes were freed from their entrapment as swans when their sister made shirts from thistle and placed them on their backs. Scotch thistle has regal stature. During the reign of Malcolm I of Scotland, Norsemen attempted to capture the Staines Castle by wading across the moat in their bare feet, only to find the moat dry and overgrown with thistle. The painful cries of the warriors roused the castle guards and the Norsemen were defeated. To commemorate this victory, the flower became the emblem of Scotland.

While we tend to focus on their negative characteristics, some thistles have many useful traits. Europeans, Native Americans, and early settlers found many thistle species edible, as well as useful for medicinal purposes. Raw thistle seeds are bitter but were often roasted before being eaten. The young leaves of Canada and bull thistle, with the spines removed, can be served as a salad or cooked like spinach. The inner stem pith can be steamed and served like asparagus, once the outer layer is peeled off. The heads of these plants also can be used as rennet to curdle milk for cheese making.

Though its name would indicate otherwise, Canada thistle is a native of the Mediterranean region and southeast Europe. It was one of North America's earliest floral colonizers, arriving in contaminated hay and grain seed during the 17th century. In BC, Canada thistle is

listed as a provincially noxious species and is the most aggressive and difficult to control thistle occurring in the Okanagan-Similkameen region. This creeping rooted perennial reaches a height of 1.2 metres. Canada thistle can be recognized by its stalkless, dark green leaves that have irregular spiny lobes and by its small spineless rose-purple to white flowers. Plants produce an average of 1,500 seeds annually, which are predominantly spread by wind. About 90% of the seeds will germinate within one year, but other seeds can remain viable for about 20 years. Unlike other thistles, the Canada thistle has a deep and wide-spreading root system. Small fragments of the roots can sprout new thistle plants, so the plant is especially troublesome in fields where it is spread by cultivation. Control efforts should focus on preventing seed production and attacking the roots.

As its name indicates, the purple flowers of nodding thistle nod or droop towards the ground due to their large size (2.5 to 5 cm across). Plants grow up to 2.5 metres tall with spiny and winged stems, except for below the flowerhead. As this species may act as an annual or biennial with an extensive seed output, the key to management is preventing seed production. Plants may be repeatedly cut, mowed or hand-pulled when mature, or dug out in the rosette or first-year stage.

Scotch thistle and bull thistle are biennial invaders that most closely resemble the native wavy-leaved thistle (*Cirsium undulatum*). Bull

thistle is dark green and has deeply lobed leaves with long spikes. It is the only thistle with a spiny leaf surface. Plants grow upwards from 0.3 to 2.0 metres in height. Pinkish to dark purple flowers produce up to 4,000 seeds per plant. Scotch thistle is similar in colour to the native wavy-leaved thistle - a pale silvery green - however its overall form is much larger. Mature Scotch thistle plants range from 1.5 to 3.0 metres in height. The entire plant is spiky, with sharp yellow spikes on the large leaves, and spiny wings on the stems and branches. Plants produce large, solitary purple flowerheads. As both bull thistle and Scotch thistle are biennials, plants can be controlled in their second year by cutting mature plants at the base of the stem prior to seed production, or by digging-out plants during the rosette or first-year stage.

While there are a limited number of biological control agents or natural predators available for control of some thistles, bioagents unfortunately have yet to provide a substantial level of control. Introduced thistles continue to be a problematic species to landowners in the Princeton area. As with other invasive species, competition is a key component of battling the thistles. Minimizing soil disturbance and maintaining vigorous perennial plant communities can prevent new infestations. Disturbed areas should be seeded to perennial grasses to provide competition.

For more information on invasive plants, go to the regional district website www.rdos.bc.ca or check out www.weedsbc.ca.



Thistle. Photo: Lisa Scott

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Forget the marmots and deer. Downtown Princeton has been invaded by weeds!

The Green Corner

Simple steps to help protect the environment in your community

(NC)—There are easy ways to make a positive impact on the environment in your community, such as volunteering for local initiatives like a shoreline cleanup or a tree planting program. In addition to donating your time, you can also give where you live and make a contribution to an environmental project in your area — even a small donation to a local program can make a big difference.

One of Canada's longest-serving environmental charities, TD Friends of the Environment Foundation (TD FEF), has made it

easier to support the environment in your local community. The foundation's new website, www.tdfef.com, provides information on funding of local grassroots environment and wildlife projects across the country and how Canadians can get involved. Additional highlights include a new credit card donation feature, making it easy to give from the comfort of your own home.

Because all TD FEF donations are granted locally, you can be sure that your contribution will positively impact the environment in your community:

- By directing your online contribution to one of the more than 90 TD FEF Chapters across Canada, you ensure that your donation will support local projects in your neighbourhood;

- Your donation will go a long way - 100 per cent of every dollar that you donate to TD FEF goes to support environment and wildlife projects. TD Bank Financial Group assumes the management costs for TD FEF and matches donations up to \$1 million annually.

To learn more or make a donation, visit www.tdfef.com.



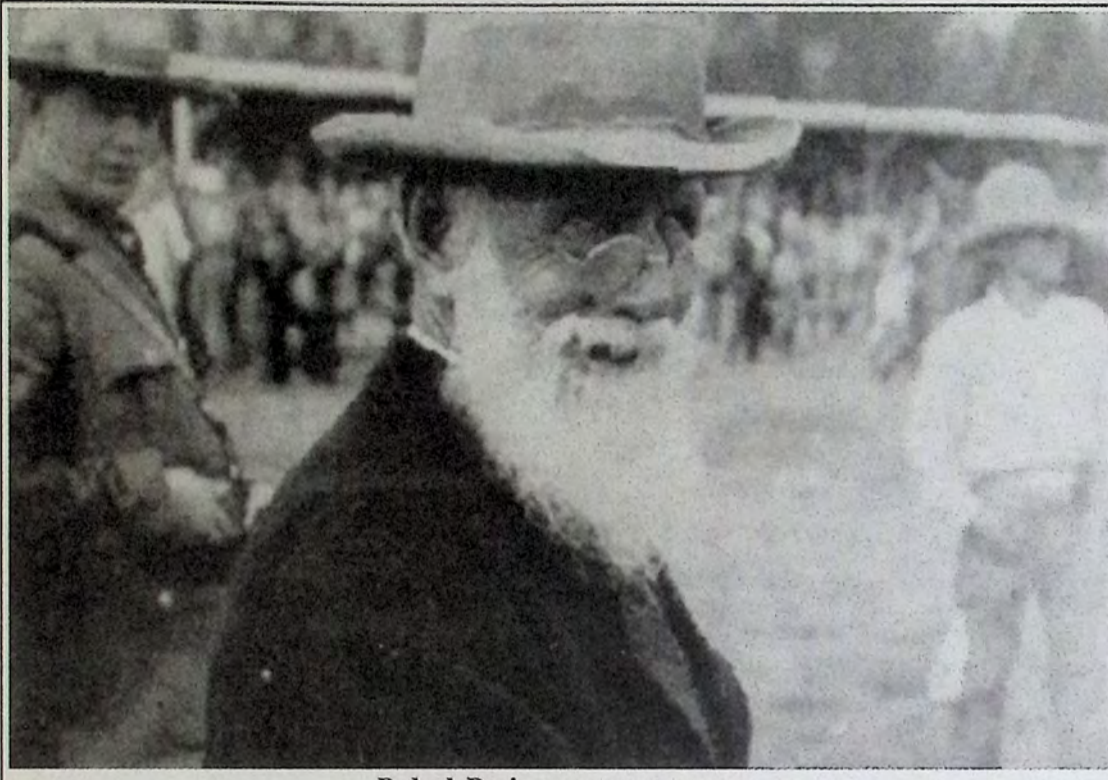
Weeds everywhere. Near the brand new Town Square Project, too!

Princeton 1860 - 2010

150 Years of Similkameen History

Nick Mills - Princeton & District Museum & Archives

"Just call me Podunk!"



Podunk Davis. Photos: Princeton Museum

Willard "Podunk" Davis was born in Louisville, Kentucky, on November 21st 1859. His parents were Oliver and Susan Davis and he had two brothers and a sister who had died before he was born. His father was a locomotive engineer, who during the early 1860's had spent seventeen months in the Cariboo gold rush, later owning flour mills and a sawmill.

Willard went to school in Civil Bend, Union County, South Dakota. He left there with the family in April, 1875 and went to Minnehaha County where his father had built a flour mill in 1872. According to nephew, Harry V. Davis, his early education included "Farming, barbering, blacksmithing and cow punching."

In 1879 Willard crossed the plains to Cheyenne, Wyoming, driving cattle from Oregon by traveling by the Old California Trail. Returning to Minnehaha County, he subsequently followed his family West in 1887 to Whatcom, now part of Bellingham, Washington. It was during this trip west that he stopped at a small town, where, because of his exploits, he earned the nickname "Podunk."

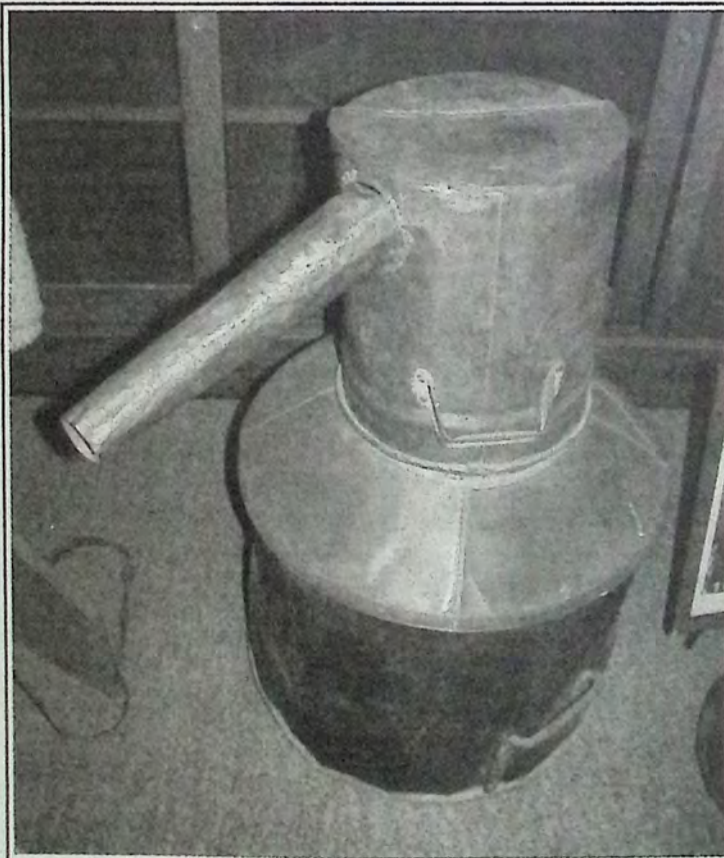
Later in 1887 Podunk came to BC, settling first in Yale where he cobbled shoes, later working on a section gang for the CPR. Whilst there, he also managed the old Canyon House Hotel for a while. He made his first trip to the Tulameen Valley that year arriving at Boulder Creek at the west end of Otter Lake on October 19th. His father had an interest in a property on Siwash Creek and put in the first stamp mill.

On November 11th, Podunk arrived in Princeton, having made his first trip over the Hope-Princeton Trail. From that date, Willard Albert "Podunk" Davis was to belong to the Similkameen Valley and played many parts in its history including road building, ranching, mining, prospecting, rail-roading, exploring and even distilling!

According to his late nephew Harry Davis, "My first visit to see Podunk was circa 1917 with my brother Arthur. We helped around the place, cut many fence posts as Podunk had an order for over a

hundred. He had at the time been making "Backwoods Gin"...we found his 'still' location dug into the side of a hill in a most unlikely place."

"We noticed that his chickens were always fed really plump wheat and that occasionally some of the chickens were not very steady on their feet. Even at our age of 12 and 14 it was obvious he was distilling the fermented wheat. This prompted our search unbeknownst to him. Eventually he offered us a drink, pure alcohol it was, one taste was enough as it nearly burned our continued on Page 26



Podunk's still is on display at Princeton Museum.



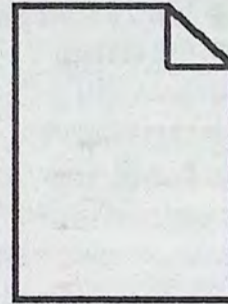
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Traditional Music Fest



Princeton's very own Dr. Douglas Reid. - photo submitted

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This is the fifth in a series of stories about some of the theme concerts being presented at the second annual Princeton Traditional Music Festival.

The Festival takes place this weekend -- August 21st to 23rd -- right in town. Festivities begin at 6:30 PM on Friday with an opening ceremony on Veterans' Way. This is followed at 7:00 PM by an Irish country dance right on the street. The dance is open to everyone; no experience is required -- the caller will teach all the dances -- and there is no need to bring a partner. On Saturday and Sunday, August 22nd

and 23rd there will be non-stop music from 10:00 AM to 6:00 PM on two stages -- one in front of the Museum and one on Vermilion Square.

As well as the regular concerts by individual performing groups there will also be theme concerts. As described previously, a theme concert is focused on a particular topic presented by a group of singers and musicians who are on the stage at the same time. Last week's article featured the "Songs from the US" theme concert; this week will focus on the "Songs from the British Isles" concert.

This year's Festival has many Canadians who used to be Brits. It is therefore fitting that there should be a theme concert featuring songs from Great Britain. Some of these songs will be traditional ballads going back hundreds of years, some will be songs from Scotland, from the farms of Ireland and southern England and others will be workers' songs from Britain's industrial north.

One of the singers appearing in the "Songs from the British Isles" concert is someone Princetonites will remember. Doug Reid is a retired Princeton family physician who delivered babies and attended to illnesses here in town. What people may not know is that Doug is a fine singer and guitar player. He brings with him a rich

repertoire of songs from his native Scotland as well as a wealth of songs from the British folk revival of the 1960's.

Also participating in this concert is Sassenach Rebellion, a duo consisting of Laurie and Nell Postans, from Victoria. Laurie and Nell began singing together in 1997 but both have been performing since the early 1960's. Laurie's early influences include the Kingston Trio, Gordon Lightfoot and Pete Seeger. Over the years he has performed in countless folk clubs, festivals in Canada, the US, Britain and New Zealand. Laurie plays guitar, banjo, concertina and octave mandolin.

Nell's music was influenced by the British folk revival and her Welsh mother. Since moving to Victoria in 1986 she has been a regular performer at the Victoria Folk Music Society's coffeehouse. Nell plays guitar, autoharp, mando-cello and recorder. She also writes songs in the tradition.

These are just a few of the performers who will be participating in theme concerts at this year's second annual Princeton Traditional Music Festival.

For a full lineup of who is performing visit the Festival's weblog at princetonfestival.wordpress.com or give Jon and Rika a call at (250) 295-6010.



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News Leader Entertainment

Similkameen News Leader TV Guide Listings - August 18 - 24, 2009



Dylan Carmichael shows his winning form in the pool. - photo submitted

Posse volunteers and fans are #1!

In thanks to the many volunteers and fans that have supported the Princeton Posse over the years the team executive decided at the August 11th regular meeting to retire jersey #1.

"It's something we've looked at off and on for a couple of years," says Posse Marketing Director George Elliott.

"Our volunteers and fans are most definitely number one, and without them there would be no team in our community."

The Posse executive has been looking at ways to honour the dedication of both volunteers and fans leading up to the 2009/10 KIJHL season. The first step was to reduce ticket prices substantially, including season tickets, to encourage attendance.

"We're trying very hard to show our appreciation to everyone for their help and support so we've taken the approach that we need to give back a little this year," Elliott explains.

"Retiring a jersey number just seemed to be the right thing to do."

The community-owned team will have a ceremony at one of their first home games to officially retire the jersey number and will take that opportunity to say thanks.

"It's something we intend to promote in our game program, during games and on the website that the

role volunteers play within our organization is so very important to us and that the fans are also another key part of the equation."

The Posse Hockey Club will also honour dedicated volunteers in other ways during the season.

"We have a few ideas on what we would like to do just for our volunteers at the end of the season - possibly a dinner or something and

Swim Club makes waves in Merritt

As Canada's greatest swimmers were stepping up to the starting blocks at the World Aquatic Championships in Rome, the Princeton Kokanee Summer Swim Club was competing a little closer to home.

The Merritt swim meet saw over 180 swimmers competing from 11 swim clubs from all over BC. The club had an excellent swim meet with the following swimmers all posting new personal best times: Emily Allison, Charlie Allison, Norman Anderson, Kiara Anderson, Dylan Carmichael, Taylor Carmichael, Mark Cimbaro, Nicholas Cimbaro, and Eric Gutierrez-Ogrinc.

Dylan Carmichael won the Bronze Aggregate Medallion, placing third overall in the swim meet for the Division 1 Boys.

Taylor Carmichael broke the Princeton Record for the 100 m Individual Medley, which was previ-

ously held by her, with a time of 1:23.97. She also came within 0.2 seconds of breaking the meet records in both the 50 m Fly as well as the 50 m Backstroke. These performances earned Taylor the Gold Aggregate Medallion, placing first overall in the swim meet for the Division 3 Girls.

The Club is always looking for volunteers to assist in a variety of ways from providing billet homes to helping on game nights. For more information on how you can become part of the Posse Volunteer Crew contact Club President Jim Manion at (250) 295-8155.

ously held by her, with a time of 1:23.97. She also came within 0.2 seconds of breaking the meet records in both the 50 m Fly as well as the 50 m Backstroke. These performances earned Taylor the Gold Aggregate Medallion, placing first overall in the swim meet for the Division 3 Girls.

In addition to Merritt, the team has competed in meets in Penticton, Kelowna, Golden, Revelstoke, and Salmon Arm. The team now has their eyes set on the Okanagan Regional Championships which will be held in Kamloops on August 8th and 9th. Swimmers placing in the top 3 in each event, or achieving a Provincial Qualifying Time in the finals, will qualify for the Provincials which will be held August 21st to 23rd in Abbotsford.

If you want to know more about the Kokanee Summer Swim Club call Amanda Carmichael, Club President, at (250) 295-3450. -submitted

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They were called Horse Patties and the ingredients included chocolate pudding and gummy worms. The event was held during Wild, Wet Western Night at Centennial Pool August 12. *



Need a place to cool down on a hot summer day? Visit Princeton's Centennial Pool. Call (250) 295-6535 for Public Swim times and for more information on fun nights planned this season. *



The competition was fierce, the rules were simple and it made for a lot of fun during Wild, Wet Western Night at Centennial Pool August 12th. Carnival Night is on August 26th. *

TUESDAY, AUGUST 18, 2009

	WTBS (3)	CHBC (4)	KNOW (5)	KSPS (6)	KHQ (7)	KREM (8)	A&E (9)	KXLY (10)	BCTV (11)	CITV (12)	CBC (13)	YTV (18)	TSN (19)	VTV (22)	DISC (24)	FAM (26)	CITY (29)	SPIKE (44)	TROP (45)
6 AM	Jeffersons	News	Franklin	Thomas	News (N)	News	American Justice	News	(5:30) Morning News (N)	(4:30) Morning News (N)	CBC News: Morning (N)	Rolie Polie Dewitt	SportsCentre	Canada AM	Daily Planet	Henry's King	CityLine	CSI: NY	Power Play
7 AM	In the Heat of the Night	Room That News	Martha (7:29) Dora the Explorer	Arthur (E1) Martha Curious	Today Today's Consumer; Today's Kitchen; Liz Vaccariello; cooking gadgets (N)	The Early Show (N)	Amer. Justice	Good Morning America (N)			Razzberry Animal	Berenstain Rolie Polie	SportsCentre		Mammals vs. Dinos	Mickey Mickey	The Tyra Banks Show	CSI: NY	The Outer Limits
8 AM	Cosby	Ad Pers	Ad Pers	Curious	Today's Kitchen; Liz Vaccariello; cooking gadgets (N)	The 700 Club	Cold Case Files		100 Huntley Street	World Vision	Bo On Go Busytown	Timothy Willa	SportsCentre		What's That About?	Handy Handy	Rachael Ray	CSI: Crime Scn	North of 60
9 AM	Fam. Feud	Three Takes	Berenstain Clifford	Super Why! Clifford		The Price Is Right (N)	The First 48	The View	Hospital-Sick	Debt Part House	Wilbur Doodlehop	(10:05) Viva Erky Perky	Record Fishing	Regis and Kelly	Daily Planet	Feet Tigger	News City	CSI: Crime Scn	Soap
10 AM	Trivial	The Mom Show	Noonbory (10:25)	Sesame Street (E1)		The Price Is Right (N)	The First 48	The View	Hospital-Sick	Debt Part House	Wilbur Doodlehop	(10:05) Viva Erky Perky	WTA Tennis: Rogers Cup -- Day Two. From Toronto.	The View	Blueprint for Disaster	Mickey Handy	The O.C. "The Gringos"	CSI: Crime Scn	What Inside Hollywood
11 AM	Harvey	One House	Rolie Polie	Dragon	Ellen DeGeneres Show	Young and the Restless	The Sopranos	Paid Prog.	World Vision	(10:59) Noon News Hour (N)	Dinner Antiques	(10:50) Ruby	SportsCentre	Twice in a Lifetime	Worst Handyman	Benj Bear (11:25) King	The Bonnie Hunt Show	CSI: Crime Scn	Soap
12 PM	Fresh Pr.	Chef	(11:56)	Charlie Rose	Paid Prog.	News Bold	American Justice	All My Children (N)	Noon News Hour (N)	Days of our Lives (N)	CBC News: Today (N)	Monster Grossology	etalk	etalk	The Detonators	(11:49) Weekend	CityLine	CSI: Crime Scn	Seinfeld
1 PM	Still Stnd	Home to Parents	Maggie Sagwa	Dewberry Quilling	Days of our Lives (N)	As the World Turns (N)	Amer. Justice	One Life to Live (N)	As the World Turns (N)	As the World Turns (N)	Martha Stewart	Hawks (1:40) Viva	Sue Thomas: F.B. Eye	Heli-Loggers	Dragon Emperor	ER "Status Quo"	CSI: Crime Scn	Raymond King	
2 PM	King	Guiding Light (N)	(1:56) Barney	WordWorld	The Bonnie Hunt Show	Guiding Light (N)	Cold Case Files	General Hospital (N)	Young and the Restless	The Doctors	Steven and Chris	Mystery Team	ATP Tennis	General Hospital (N)	MythBusters (N)	(1:54) K. Possible	CityNews at 5 (N)	CSI: Crime Scn	King Family Guy
3 PM	Seinfeld	How Do I Look? (N)	(2:57) Zoboofafo (DVS)	WordGirl	Judge	Dr. Phil	The First 48	Rachael Ray	The Doctors	Young and the Restless	Living Food	Pretty Cure	Sports	Dr. Phil	Jetstream "Do or Die"	Emperor	CityNews at 6 (N)	CSI: Crime Scn	Office Temps
4 PM	Family Guy	Debt Part		Fetch! Ruff	Judge J.	Oprah Winfrey	The First 48	Deal No	Oprah Winfrey	(3:59) Early Global	Fashion F. Mercer	SpongeBob	Interruption	Ellen DeGeneres Show	Daily Planet	(4:08) Phineas	Hell's Kitchen (N)	CSI: Crime Scn	Power Play
5 PM	Payne	Deal No	Martha	BBC News	News (N)	News	The First 48	News	Early News	(4:59) News Hour (N)	Simpsons Fortune	OddParent	WTA Tennis: Rogers Cup -- Day Two. From Toronto.	CTV News at Five (N)	How-Made	Suite Life Montana	Be a Millionaire	UFC Unleashed	Tube Tales
6 PM	Movie: "Set It Off" (1996) Jada	Global News	Mechanics	News-Lehrer	News (N)	News	The First 48 Past cases.	News	(5:59) News Hour (N)	ET Canada	CBC News: Vancouver	iCarly	CTV News (N)	Against the Elements	Zoey 101 Life Derek	More to Love (N)	UFC Unleashed	Deal-No Deal	
7 PM	Pinkett, Queen Latifah	E! News	Gardens	Nova (DVS)	Jeopardy! Fortune	The Doctors	The Cleaner (N)	Entertain The Insider	Entertain ET Canada	The Unit "Sacrifice"	Coronatn Jeopardy!	Drake Prank Ptrl	SportsCentre (Live)	etalk	After the Catch (N)	Wizards Montana	Make Me a Supermodel	UFC Unleashed	King
8 PM	Seinfeld	Inside Hollywood (N)	Ultimate Factories	Nova scienceNOW (N)	America's Got Talent	NCIS "Toxic"	The Cleaner	Be a Millionaire	NCIS "Toxic"	NCIS "Toxic"	Mercer 22 Minutes	Malcolm Futurama	Record	So You Think You Can Dance	Daily Planet	Buzz	News	MANswers	King
9 PM	Movie: "Set It Off" (1996) Jada	X-Weighted (N)	Masterpiece	Wild!	America's Got Talent Ten contestants perform.	(9:01) Big Brother 11 (N)	The First 48	Shaq Vs. (N)	(9:01) Big Brother 11 (N)	(9:01) Big Brother 11 (N)	Being Erica (DVS)	Family Biz Prank Ptrl	ATP Tennis: W&S Financial	Canada (N)	Against the Elements	Wizards Life Derek	(9:06) Jimmy Kimmel	CSI: Crime Scn	King
10 PM	Pinkett, Queen Latifah	Ruby (N)	Why Thee Wed? (N)	Appalachia: History	Medium	The First 48 Past cases.	Primetime	The Unit	News Hour Final (N)	National	Falcon Beach	Group Masters	Flashpoint "Eagle Two"	After the Catch	School Cory	(10:06) I Love New York	UFC Unleashed	King	
11 PM	Montiel W.	News (N)	Vendetta Soig	Charlie Rose (N)	News (N)	News	The Cleaner	News	News Hour Final (N)	Entertain ET Canada	(11:05) The Hour	Mystery Ghost	SportsCentre (Live)	News	How-Made	Suite Life Life Derek	Judge Northern	Disorderly Con.	Married... Seinfeld

WEDNESDAY, AUGUST 19, 2009

	WTBS (3)	CHBC (4)	KNOW (5)	KSPS (6)	KHQ (7)	KREM (8)	A&E (9)	KXLY (10)	BCTV (11)	CITV (12)	CBC (13)	YTV (18)	TSN (19)	VTV (22)	DISC (24)	FAM (26)	CITY (29)	SPIKE (44)	TROP (45)
6 AM	Jeffersons	News	Franklin	Bob Build	News (N)	News	Amer. Justice	News	(5:30) Morning News (N)	(4:30) Morning News (N)	CBC News: Morning (N)	Rolie Polie Dewitt	SportsCentre	Canada AM	Daily Planet	Henry's King	CityLine	CSI: NY "Hush"	Crow-Stairway
7 AM	In the Heat of the Night	Room That News	Martha (7:29) Dora the Explorer	Arthur (E1) Martha Curious	Today Joe Drapa; Padma Lakshmi; Money 911; Today's	The Early Show (N)	American Justice	Good Morning America (N)			Save-Ums! Animal	Berenstain Rolie Polie	SportsCentre		Blueprint for Disaster	Mickey Mickey	The Tyra Banks Show	CSI: NY "The Fall"	The Outer Limits
8 AM	Cosby	Ad Pers	Ad Pers	Curious	Today's Kitchen; Liz Vaccariello; cooking gadgets (N)	The 700 Club	Cold Case Files		100 Huntley Street	World Vision	Bo On Go Busytown	Timothy Willa	SportsCentre		How-Made	Handy Handy	Rachael Ray	CSI: Crime Scn	North of 60
9 AM	Fam. Feud	Three Takes	Berenstain Clifford	Super Why! Clifford		The 700 Club	Cold Case Files	Regis and Kelly	100 Huntley Street	World Vision	Super Why! Gofrette	Casper (9:25) Kid	Record Motoring	Regis and Kelly	Daily Planet	Feet Tigger	News City	CSI: Crime Scn	Reality
10 AM	Trivial	The Mom Show	Sid (10:25)	Sesame Street (E1)		The Price Is Right (N)	CSI: Miami	The View	Doc	Debt Part House	Wilbur Doodlehop	(10:05) Viva Erky Perky	WTA Tennis: Rogers Cup -- Day Two. From Toronto.	The View	Against the Elements	Mickey Handy	The O.C.	CSI: Crime Scn	What Inside Hollywood
11 AM	Harvey	One House	Rolie Polie	Dragon	Ellen DeGeneres Show	Young and the Restless	The Sopranos	Paid Prog.	World Vision	(10:59) Noon News Hour (N)	What's Antiques	(10:50) Ruby	SportsCentre	Twice in a Lifetime	Monster Moves	Benj Bear (11:25) King	The Bonnie Hunt Show	CSI: Crime Scn	Reality
12 PM	Fresh Pr.	Chef	(11:56)	Charlie Rose	Slim in 6	News Bold	American Justice	All My Children (N)	Noon News Hour (N)	Days of our Lives (N)	CBC News: Today (N)	Monster Grossology	etalk	etalk	Ultimates "Explosions"	(11:49) Weekend	CityLine	CSI: Crime Scn	Seinfeld
1 PM	Still Stnd	Home to Parents	Maggie Sagwa	Art Work Sewing	Days of our Lives (N)	As the World Turns (N)	American Justice	One Life to Live (N)	As the World Turns (N)	As the World Turns (N)	Martha Stewart	Hawks (1:40) Viva	Sue Thomas: F.B. Eye	After the Catch	Dragon Emperor	ER	CSI: Crime Scn	Raymond	
2 PM	King	Guiding Light (N)	(1:56) Barney	WordWorld	The Bonnie Hunt Show	Guiding Light (N)	Cold Case Files	General Hospital (N)	Young and the Restless	The Doctors	Steven and Chris	Mystery Team	ATP Tennis	General Hospital (N)	MythBusters (N)	(1:54) K. Possible	CityNews at 5 (N)	Ultimate Iceman: Chuck	Fresh Pr. Family Guy
3 PM	Seinfeld	The Big Party Plan-Off	(2:57) Zoboofafo "Creature Neighbors"	WordGirl	Judge	Dr. Phil	Cold Case Files	Rachael Ray	The Doctors	Young and the Restless	Living Food	Pretty Cure	Sports	Dr. Phil	Qubit (N)	Emperor	CityNews at 6 (N)	I Bet You	Office Temps
4 PM	Family Guy	Debt Part		Fetch! Ruff	Judge J.	Oprah Winfrey	CSI: Miami	Deal No	Oprah Winfrey	(3:59) Early Global	Fashion F. Red Green	SpongeBob	Interruption	Ellen DeGeneres Show	Daily Planet	(4:08) Phineas	Law & Order: SVU	Disorderly Con.	Crow-Stairway
5 PM	Movie: "Trading Places" (1983, Comedy) Dan Aykroyd	Deal No	Martha	BBC News	News (N)	News	Dog the Bounty Hunter	News	Early News	(4:59) News Hour (N)	Simpsons Fortune	OddParent	WTA Tennis: Rogers Cup -- Day Two. From Toronto.	CTV News at Five (N)	Mighty Ships (N)	Suite Life Montana	Be a Millionaire	Ultimate Iceman: Chuck	What
6 PM	Movie: "Trading Places" (1983, Comedy) Dan Aykroyd	Global News	Think Big	News-Lehrer	News (N)	News	Dog the Bounty Hunter	News	(5:59) News Hour (N)	ET Canada	CBC News: Vancouver	iCarly	CTV News (N)	After the Catch	Zoey 101 Life Derek	Murdoch Mysteries	Disorderly Con.	Deal-No Deal	
7 PM	Seinfeld	E! News	Spirit Wind	Making Sense of Place	Jeopardy! Fortune	The Doctors	Criss Angel Mindfreak	Entertain The Insider	Entertain ET Canada	In Plain Sight "Jailbait"	Coronatn Jeopardy!	In Real Life	SportsCentre (Live)	etalk	Mayday	Wizards Montana	Murdoch Mysteries	Disorderly Con.	Raymond
8 PM	Movie: "Trading Places" (1983, Comedy) Dan Aykroyd	Psych (N)	Himalaya-Palin	Time Team Special Edition (N)	America's Got Talent	Christine Gary	Angel	Be a Millionaire	Bones	Bones	Dragon's Den	Malcolm Futurama	Record	So You Think You Can Dance	Daily Planet	Buzz	News	I Bet You	Raymond
9 PM	Movie: "Trading Places" (1983, Comedy) Dan Aykroyd	Richards Kendra (N)	Satie and Suzanne		America's Got Talent	Criminal Minds	Dog the Bounty Hunter	Wipeout	Wipeout	Wipeout	The Tudors (DVS)	Survive Adrenaline	ATP Tennis: W&S Financial	Canada (N)	Mayday	Wizards Life Derek	(9:06) Jimmy Kimmel	CSI: Crime Scn	Raymond
10 PM	Movie: "Trading Places" (1983, Comedy) Dan Aykroyd	Women	Yo-Yo: Bach	Wide Angle (N)	Law & Order: SVU	CSI: NY	Dog the Bounty Hunter	Primetime: Crime	In Plain Sight "Jailbait"	News Hour Final (N)	National	Falcon Beach	Group Masters	CSI: NY	Mighty Ships	School Cory	(10:06) I Love Money	Disorderly Con.	Raymond
11 PM	Montiel W.	News (N)	Vendetta Soig	Charlie Rose (N)	News (N)	News	Criss Angel Mindfreak	News	News Hour Final (N)	ET Canada	(11:05) The Hour	Mystery Ghost	SportsCentre (Live)	News	After the Catch	Suite Life Life Derek	Judge Northern	Disorderly Con.	Married... Fresh Pr.

Similkameen News Leader - Horoscopes

August 19 - 26, 2009

Aries - You could hear news this week that could disrupt your peace of mind, and affect your health. Be careful while driving, as your stress level could cause lack of caution.

Taurus - Concerns about children, youngsters or pets could make you feel depressed. You are not at your best this week. Creativity is low. You may feel life is a burden. Chin up!

Gemini - You may feel very frustrated this week about life in general. Things you hear about, conditions at home with property, cause stress. Look into yourself for answers.

Cancer - Siblings may be a source of disappointment this week. Finances may not be just what you want. News may upset you. Don't let this affect your health. Take time to plan action.

Leo - Financial news could cause concern this week. Do not take any money risks. Your period of difficulty is nearly over, but hold back on spending. Plans can go awry.

Virgo - You could experience trouble in your career this week. Exert self-control. What is happening with others is not your problem. Do not let temper lead you to saying wrong thing.

Libra - Be careful of your health this week. You could have problems on the job. Do not let depressing thoughts control your actions. Learn everything you must to gain success.

Scorpio - Plans tend to fall apart this week. Be ready to adapt quickly to changes, including changes in career. News of a death could disturb you. Make plans as things settle down.

Sagittarius - This has the makings of a difficult week for you, but the weekend will start an period of improvement in your career. You will have to dig in and meet the demands, but things are going to start working in your favour.

Capricorn - Don't travel this week. If you must travel, count on things not going well. Leave extra time to get where you're going. Children, youngsters or pets could cause problems.

Aquarius - Money crunch, or problems with insurance, investments or mortgage can come to a head this week. Do not count on friends for help. Keep a level head. Plan.

Pisces - Home, partner and friends can be source of problems or concern this week. You may feel the universe is working against you. Be patient. Let things resolve themselves. Smile.

Tuesday Movies

EVENING

6:00 pm WTBS (3) ★★★"Set It Off" (1996, Action) Jada Pinkett. Desperation drives four inner-city women to bank robbery in Los Angeles, then they start mistrusting one another. (E)

9:00 pm WTBS (3) ★★★"Set It Off" (1996, Action) Jada Pinkett. Desperation drives four inner-city women to bank robbery in Los Angeles, then they start mistrusting one another. (E)

We're different, and we like that.

Similkameen News Leader

Wednesday Movies

AFTERNOON

5:00 pm WTBS (3) ★★"Trading Places" (1983, Comedy) Dan Aykroyd. Sporting billionaire brothers reverse the roles of a Wall Street commodities broker and a street hustler. (E)

EVENING

8:00 pm WTBS (3) ★★"Trading Places" (1983, Comedy) Dan Aykroyd. Sporting billionaire brothers reverse the roles of a Wall Street commodities broker and a street hustler. (E)

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Similkameen News Leader - Recipe Corner

Recipe #285

Watermelon Donuts

(NC)—Start the day off with a clever take on a popular pastry. Juicy watermelon topped with sweetened sour cream and almonds all made up to look like a donut. Hard to believe but even harder to resist.

INGREDIENTS:

- watermelon slices shaped like donuts
- sour cream
- sugar to taste
- vanilla to taste
- slivered almonds

DIRECTIONS:

- Cut out donut shapes from 1 1/2-inch (3.5 cm) thick slices of seedless watermelon.
- Sweeten sour cream with sugar and a touch of vanilla to taste.
- Frost half of the watermelon donut slices and sprinkle with almonds.
- Add another layer of watermelon slices and top with sweetened sour cream.
- Sprinkle toasted slivered almonds and serve.

Source: www.watermelon.org

- News Canada

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Thursday Movies

EVENING

7:00 pm WTBS (3) ★★★"Clear and Present Danger" (1994, Suspense) Harrison Ford. An acting CIA chief learns the president has triggered a war with Colombian drug

cartels. (E)
 10:30 pm WTBS (3) ★½"Showtime" (2002, Comedy) Robert De Niro. A straight-laced cop must work with a bumbling patrolman on a reality-based TV show. (E)

Friday Movies

AFTERNOON

1:00 pm YTV (18) ★★★"Flushed Away" (2006, Comedy) Voices of Hugh Jackman. Animated. After an ignoble landing in Ratropolis, a pampered rodent enlists the help of a sewer scavenger in finding his way back to his posh London flat. (In Stereo) (E)

9:00 pm WTBS (3) ★★★"Maverick" (1994, Western) Mel Gibson. A conniving cardsharp heads for a high-stakes poker game. (E)

9:02 pm FAM (26) ★★★"The Secret Garden" (1993, Drama) Kate Maberly. An English orphan discovers her bitter uncle's garden with her sickly cousin, and it is magical. (In Stereo) (E)

EVENING

6:00 pm SPIKE (4) ★★★"Aliens" (1986, Science Fiction) Sigourney Weaver. The survivor of a horrific alien attack returns to planet LB 426 with soldiers. (In Stereo)

10:00 pm KNOW (5) ★★★"Carny" (2008, Documentary) Filmmaker Alison Murray examines the colorful characters who work at a traveling carnival. (E)

7:00 pm YTV (18) ★★★"Big" (1988, Fantasy) Tom Hanks. A wishing machine turns a boy into a 35-year-old man with a fun job and a girlfriend. (In Stereo) (E)

10:43 pm FAM (26) "The Little Treasure Hunters" (2004, Adventure) Molly Hall. A girl leads her friends down her beloved river in search of a legendary treasure that could save her family's home. (In Stereo) (E)

7:30 pm FAM (26) "Johnny Kapahala: Back on Board" (2007, Comedy) Brandon Baker. A snowboarder from Vermont goes to Hawaii for the wedding of his grandfather, a legendary surfer. (In Stereo) (E)

11:00 pm SPIKE (4) ★½"Lake Placid" (1999, Horror) Bill Pullman. A New York paleontologist goes to the backwoods of Maine and teams up with the local game warden to stop a 35-foot killer crocodile. (In Stereo)

THURSDAY, AUGUST 20, 2009

	WTBS (3)	CHBC (4)	KNOW (5)	KSPS (6)	KHQ (7)	KREM (8)	A&E (9)	KXLY (10)	BCTV (11)	CITY (12)	CBC (13)	YTV (18)	TSN (19)	VTV (22)	DISC (24)	FAM (26)	CITY (29)	SPIKE (44)	TROP (45)
6 AM	Jeffersons Sanford	News Tube Tales	Franklin George S.	Thomas Lions	News (N) [E]	News	American Justice	News	(5:30) Morning News (N) [E]	(4:30) Morning News (N) [E]	CBC News: Morning (N) [E]	Rolie Polie Dewitt	SportsCentr e [E]	Canada AM [E]	Daily Planet [E]	Henry's King [E]	CityLine [E]	CSI: NY [E]	Traders [E]
7 AM	In the Heat of the Night	Room That News	Martha (7:29) Dora the Explorer	Arthur (E) Martha Curious	Today Frozen embryos; hidden costs of college; makeovers. (N) [E]	The Early Show (N) [E]	American Justice	Good Morning America (N) [E]			Razzberry Animal	Berenstain Rolie Polie	SportsCentr e [E]		Qubit [E] Qubit [E]	Mickey Mickey	The Tyra Banks Show	CSI: NY [E]	The Outer Limits [E]
8 AM	Cosby Cosby	Ad Pers What	Explorer Magic Bus	Sid			Cold Case Files [E]	100 Huntley Street [E]	World Vision	Doc "Wake Up Call" [E]	Bo On Go Busytown	Timothy Willa	SportsCentr e [E]		How Do They Do It? Handy	Handy Handy	Rachael Ray [E]	CSI: Crime Scn	North of 60 "The Road"
9 AM	Fam. Feud Fam. Feud	Three Takes [E]	Berenstain Clifford	Super Why! Clifford		The 700 Club [E]	Cold Case Files [E]	100 Huntley Street [E]	World Vision	Super Why! Gofrette	Casper (9:25) Kid	Record	Regis and Kelly	Daily Planet [E]	Feet Tigger	News City	CSI: Crime Scn	Make What	
10 AM	Trivial Trivial	The Mom Show Parties.	Noonbory (10:25)	Sesame Street (E)		The Price Is Right (N) [E]	CSI: Miami [E]	The View [E]	Doc "Wake Up Call" [E]	Debt Part House	Wilbur [E] Doodlebop	(10:05) Viva Erky Perky	WTA Tennis: Rogers Cup [E]	The View [E]	Mighty Ships	Mickey Handy	The O.C. [E]	CSI: Crime Scn	What Inside Hollywood
11 AM	Harvey Harvey	One House Designer	Rolie Polie Berenstain	Dragon Sit-Be Fit	Ellen DeGeneres Show	Young and the Restless	The Sopranos [E]	Paid Prog. Paid Prog.	World Vision	(10:59) Noon News Hour (N) [E]	What's- Antiques	(10:50) Ruby	From Toronto. (Live) [E]	Twice in a Lifetime [E]	Factory Made [E]	Benj Bear (11:25) King	The Bonnie Hunt Show	CSI: Crime Scn	Make
12 PM	Fresh Pr. Fresh Pr.	Chef Design U	(11:56) (12:32)	Charlie Rose [E]	Paid Prog. Paid Prog.	News Bold	American Justice	All My Children (N) [E]	Noon News Hour (N) [E]	Days of our Lives (N) [E]	CBC News: Today (N) [E]	Monster Grossology		etalk [E] Bold	Mayday [E]	(11:49) Weekend	CityLine [E]	CSI: Crime Scn	Seinfeld Seinfeld
1 PM	Still Std Still Std	Home to Parents	Maggie Sagwa	Painting Quilting	Days of our Lives [E]	As the World Turns (N) [E]	American Justice	One Life to Live (N) [E]	As the World Turns (N) [E]	As the World Turns (N) [E]	Martha Stewart	Hawks (1:40) Viva		Sue Thomas: F.B.Eye	Inside Queen Mary 2	Dragon Emperor	ER "Atonement" [E]	CSI: Crime Scn	Raymond Just Shoot
2 PM	King King	Guiding Light (N) [E]	(1:56) BluesClues	Barney WordWorld	The Bonnie Hunt Show [E]	Guiding Light (N) [E]	Cold Case Files [E]	General Hospital (N) [E]	Young and the Restless [E]	The Doctors [E]	Steven and Chris [E]	Mystery Team	ATP Tennis	General Hospital (N) [E]	MythBuster s (N) [E]	(1:54) K. Possible	CityNews at 5 (N) [E]	CSI: Crime Scn	Just Shoot Family Guy
3 PM	Seinfeld Friends	Clean Clean	(2:57) Zoboomafo o	Big World WordGirl	Judge Judge	Dr. Phil [E]	Cold Case Files [E]	Rachael Ray [E]	The Doctors [E]	Young and the Restless [E]	Living Food	Pretty Cure Pokemon		Dr. Phil [E]	How-Made How-Made	Replace Emperor	CityNews at 6 (N) [E]	CSI: Crime Scn	Office Temps [E]
4 PM	Family Guy Family Guy	Debt Part That News	"Swimming" George S.	Fetch! Ruff Cyberchas	Judge J. Judge J.	Oprah Winfrey [E]	CSI: Miami [E]	Deal No Deal No	Oprah Winfrey [E]	(3:59) Early Global	Fashion F. 22 Minutes	SpongeBob OddParent	Interruptio WTA	Ellen DeGeneres Show	Blue Realm [E]	(4:08) Phineas	Law & Order: SVU	CSI: Crime Scn	Traders [E]
5 PM	Friends Friends	Deal No News	Martha (5:33)	BBC News Business	News (N) NBC News	News CBS News	The First 48 [E]	News ABC News	Early News Global	(4:59) News Hour (N) [E]	Simpsons Fortune	OddParent SpongeBob	From Toronto. [E]	CTV News at Five (N) [E]	The Sun	Suite Life Montana	Be a Millionaire	UFC Unleashed	Inside Hollywood
6 PM	Friends Friends	Global News	Creatures Working	News- Lehrer	News [E] Millionaire	News Hollywood	The First 48 [E]	News News	(5:59) News Hour (N) [E]	ET Canada Entertain	CBC News: Vancouver	iCarly (N) iCarly [E]		CTV News (N) [E]	Sci-Trek "Volcanos"	Zoey 101 Life Derek	30 Rock (6:31) 30	TNA iMPACT! (N)	Inside Hollywood
7 PM	Movie: "Clear and Present Danger" (1994, Suspense)	E! News The Insider	Eden Into Wild	Secrets- Vatican	Jeopardy! Fortune	The Doctors [E]	Crime 360 [E]	Entertain The Insider	Entertain ET Canada	House (N) [E]	Coronatn Jeopardy!	Drake Family Biz	SportsCentr e (Live) [E]	etalk [E] Hollywood	MythBuster s [E]	Wizards Montana	Law & Order: UK (N)	Family Guy Family Guy	
8 PM	Harrison Ford. [E]	True Hollywood Story	How Art Made	MI-5 "Outsiders" [E]	The Office (9:31) 30	CSI: Crime Scn	The First 48 [E]	Grey's Anatomy [E]	(8:59) The Office	The Office (9:31) The	Spies Who Came	In Real Life [E]	ATP Tennis: W&S Financial	CSI: Crime Scn	The Sun	Wizards Life Derek	(9:06) Jimmy Kimmel	Inglorious Game	Family Guy Family Guy
10 PM	Seinfeld Movie: "Showtime" (2002) [E]	The Beast (N) [E]	World of Albert Kahn	Soundstage [E]	Law & Order [E]	(10:01) The Mentalist [E]	The First 48 [E]	(10:02) Private Practice [E]	House [E]	News Hour Final (N) [E]	National	Falcon Beach "Vigil"	Group Masters	The Listener (N) [E]	Sci-Trek "Volcanos"	School Cory	(10:06) Hell's Kitchen [E]	(10:04) (10:34)	Family Guy Family Guy
11 PM	Montel W.	Guy Stuff	Hard Rock and Water	Charlie Rose (N) [E]	News (N) Tonight	News Late Show	Crime 360 [E]	News [E]	News Hour Final (N) [E]	Entertain ET Canada	(11:05) The Hour Mariane	Mystery Ghost	SportsCentr e (Live) [E]	News CTV News	MythBuster s [E]	Suite Life Life Derek	Northern MXC	MXC	Married... Just Shoot

FRIDAY, AUGUST 21, 2009

	WTBS (3)	CHBC (4)	KNOW (5)	KSPS (6)	KHQ (7)	KREM (8)	A&E (9)	KXLY (10)	BCTV (11)	CITY (12)	CBC (13)	YTV (18)	TSN (19)	VTV (22)	DISC (24)	FAM (26)	CITY (29)	SPIKE (44)	TROP (45)
6 AM	Jeffersons Sanford	News Tube Tales	Franklin George S.	Bob Build Lions	News (N) [E]	News	Crime 360 [E]	News	(5:30) Morning News (N) [E]	(4:30) Morning News (N) [E]	CBC News: Morning (N) [E]	Rolie Polie Dewitt	SportsCentr e [E]	Canada AM [E]	Blue Realm [E]	Henry's King [E]	CityLine [E]	Disorderly Con.	Adventures of Sinbad
7 AM	In the Heat of the Night	Room That News	Martha (7:29) Dora the Explorer	Arthur (E) Martha Curious	Today Natasha Bedingfield; real estate; ice cream sandwiches. (N) [E]	The Early Show (N) [E]	Crime 360 [E]	Good Morning America (N) [E]			Save-Ums! Animal	Berenstain Rolie Polie	SportsCentr e [E]		Interrogatio n	Mickey Mickey	The Tyra Banks Show	Disorderly Con.	The Outer Limits [E]
8 AM	Cosby Cosby	Ad Pers What	Explorer Magic Bus	Sid			The First 48 "Memphis" [E]	100 Huntley Street [E]	Hospital for Sick Kids	Super Why! Gofrette	Casper (9:25) Kid	Record	Regis and Kelly	Blue Realm [E]	Feet Tigger	News City	Most Amazing Videos	Tube Tales What	
9 AM	Fam. Feud Fam. Feud	Three Takes [E]	Berenstain Clifford	Super Why! Clifford		The 700 Club [E]	The First 48 [E]	100 Huntley Street [E]	Hospital for Sick Kids	Super Why! Gofrette	Casper (9:25) Kid	Record	Regis and Kelly	Blue Realm [E]	Feet Tigger	News City	Most Amazing Videos	Tube Tales What	
10 AM	Trivial Trivial	The Mom Show [E]	Sid (10:25)	Sesame Street (E)		The Price Is Right (N) [E]	CSI: Miami "Prey" [E]	The View [E]	Doc "Blindsided" [E]	Debt Part House	Wilbur [E] Doodlebop	(10:05) Viva Erky Perky	WTA Tennis: Rogers Cup [E]	The View [E]	Mayday [E]	Mickey Handy	The O.C. [E]	Most Amazing Videos	What Inside Hollywood
11 AM	Harvey Harvey	One House Guys	Rolie Polie Berenstain	Dragon Sit-Be Fit	Ellen DeGeneres Show	Young and the Restless	The Sopranos [E]	Paid Prog. Paid Prog.	World Vision	(10:59) Noon News Hour (N) [E]	What's- Antiques	(10:50) Ruby	Quarterfinals From Toronto. [E]	Twice in a Lifetime [E]	Forensic Factor [E]	Benj Bear (11:25) King	The Bonnie Hunt Show	Disorderly Con.	Tube Tales
12 PM	Fresh Pr. Fresh Pr.	Chef Design U	(11:56) (12:32)	Charlie Rose [E]	Paid Prog. Paid Prog.	News Bold	Crime 360 [E]	All My Children (N) [E]	Noon News Hour (N) [E]	Days of our Lives (N) [E]	CBC News: Today (N) [E]	SpongeBob SpongeBob		etalk [E] Bold	The Sun	Phineas Suite Life	CityLine [E]	Disorderly Con.	Seinfeld Seinfeld
1 PM	Still Std Still Std	Home to Parents	Maggie Sagwa	Wylands Scrapbook	Days of our Lives (N) [E]	As the World Turns (N) [E]	Crime 360 [E]	One Life to Live (N) [E]	As the World Turns (N) [E]	As the World Turns (N) [E]	Martha Stewart	Movie: "Flushed Away" (2006) [E]		Sue Thomas: F.B.Eye	Sci-Trek "Volcanos"	Wizards So Raven	ER [E]	Most Amazing Videos	Raymond Frasier
2 PM	King King	Guiding Light (N) [E]	(1:56) BluesClues	Barney WordWorld	The Bonnie Hunt Show [E]	Guiding Light (N) [E]	The First 48 "Memphis" [E]	General Hospital (N) [E]	Young and the Restless [E]	The Doctors [E]	Steven and Chris [E]	OddParent	ATP Tennis	General Hospital (N) [E]	MythBuster s [E]	Cory Montana	CityNews at 5 (N) [E]	Most Amazing Videos	Frasier Family Guy
3 PM	Seinfeld Friends	Clean House (N) [E]	(2:57) Zoboomafo o Scary- looking ani-	Big World WordGirl	Judge Judge	Dr. Phil [E]	The First 48 [E]	Rachael Ray [E]	The Doctors [E]	Young and the Restless [E]	Living Food	Barnyard SpongeBob		Dr. Phil [E]	How-Made How-Made	(3:12) Jonas Sonny	CityNews at 6 (N) [E]	Most Amazing Videos	Office Temps [E]
4 PM	Family Guy MLB Baseball: Florida Marlins at Atlanta Braves. (Live)	Debt Part That News	looking ani- George S.	Biz Kid\$ Cyberchas	Judge J. Judge J.	Oprah Winfrey [E]	CSI: Miami "Prey" [E]	Deal No Deal No	Oprah Winfrey [E]	(3:59) Early Global	Fashion F. Air Farce	SpongeBob OddParent	CFL Pre CFL	Ellen DeGeneres Show	Daily Planet [E]	Wizards Suite Life	Law & Order: SVU	UFC Unleashed	War of the Wheels [E]
5 PM	Baseball: Florida Marlins at Atlanta Braves. (Live)	Deal No News	Martha (5:33)	BBC News Business	News (N) NBC News	News CBS News	CSI: Miami [E]	News ABC News	Early News Global	(4:59) News Hour (N) [E]	Simpsons Fortune	OddParent SpongeBob	Roughriders at Montreal Alouettes. (Live) [E]	CTV News at Five (N) [E]	Worst Handyman	Suite Life Montana	Man Tracker [E] (DVS)	UFC Unleashed	TV Made TV Made
6 PM	Baseball: Atlanta Braves. (Live)	Global News	Heads Up Time	News- Lehrer	News (N) Millionaire	News Hollywood	CSI: Miami [E]	News News	(5:59) News Hour (N) [E]	ET Canada Entertain	CBC News: Vancouver	The Next Star 2 [E]		CTV News (N) [E]	Man vs. Wild "Belize"	Zoey 101 Jonas [E]	Ugly Betty [E]	Movie: "Aliens" (1986, [E])	Inside Hollywood
7 PM	Seinfeld	E News The Insider	No Price Too High	Wash Wk McLaughlin	Jeopardy! Fortune	The Doctors [E]	CSI: Miami [E]	Entertain The Insider	Entertain ET Canada	NUMB3RS [E]	Coronatn Jeopardy!	Movie: "Big" (1988, Fantasy) [E]		etalk [E]	Forensic Factor (N)	Sonny	Out There [E]	Science Fiction) Sigourney Weaver, Carrie Henn.	Seinfeld Seinfeld
8 PM	Family Guy Harvey	THS Investigates (N) [E]	Poirot "The Lost Mine" [E]	Bill Moyers Journal (N) [E]	Southland (PA) [E]	Ghost Whisperer [E]	Criminal Minds "Lo- Fi" [E]	Supernanny [E]	The Unit "Bad Beat" [E]	The Unit "Bad Beat" [E]	Quest for the West [E]	Tom Hanks. [E]	Football: Winnipeg Blue Bombers at BC Lions. (Subject to Blackout)	Ghost Whisperer [E]	Against All Odds	Kapahala: Back on Board" News	News	Seinfeld Seinfeld	
9 PM	Movie: "Maverick" (1994) Mel Gibson, Jodie Foster. [E]	Mysterious Murder	NOW Served	Dateline NBC [E]	Medium [E]	CSI: Miami [E]	Ugly Betty [E]	Mental [E]	Mental (N) [E]	Wild Roses [E] (DVS)	Prank Ptrl Prank Ptrl	Castle [E]	Man vs. Wild "Belize"	(9:02) Movie: "The Secret Garden" (10:43) "The Little Treasure Hunters"	(9:06) Jimmy Kimmel	(9:06) Party Poker [E]	MANswers MANswers	Seinfeld Seinfeld	
10 PM	Movie: "Maverick" (1994) Mel Gibson, Jodie Foster. [E]	20/20 [E]	Movie: "Carny" (2008) [E]	P.O.V. "Made in L.A." [E]	NUMB3RS [E]	CSI: Miami [E]	20/20 [E]	NUMB3RS [E]	News Hour Final (N) [E]	National	Family Biz Adrenaline	Criminal Minds [E]	News CTV News	Forensic Factor	(10:43) "The Little Treasure Hunters"	Northern MXC	Ways Die Ways Die	Seinfeld Seinfeld	
11 PM	Montel W.	Guy Stuff	Hard Rock and Water	Charlie Rose (N) [E]	News (N) Tonight	News Late Show	Crime 360 [E]	News [E]	News Hour Final (N) [E]	Entertain ET Canada	(11:03) ECW (N) [E]	Mystery Ghost	SportsCentr e (Live) [E]	News CTV News	Forensic Factor	Northern MXC	Ways Die Ways Die	Movie: "Lake Placid"	Married... Amer Dad

News Leader Puzzle Page

CARTER'S Sudoku Challenge

CREATED FOR THE NEWS LEADER BY CARTER BOSWELL

HOW TO PLAY:

Sudoku is a game of logic. There is no math involved. The object of the game is to fill the grid so that the numbers 1 through 9 appear only once in each row, column and 3 x 3 box. The numbers can appear in any order and Carter has left you some clues below.

CHALLENGE #219 - Rated Easy

1		6						8
	2			8				
9		3		4				1
8			4			5		
3		6		5		2		7
		4				6		1
	5			9		7		4
			5					8
7					4			9

CHALLENGE #220 - Rated Hard

		5	2					9
	4			3				8
	1			9		7		
3		9	8		6			
4				5				7
			4		3	8		6
		3		6				7
	2			4				6
1					9	2		

THIS WEEK'S SOLUTIONS:
Page 20

Carter's Sudoku Challenge grids, puzzles and solutions copyright 2009 Carter Boswell, Princeton, BC and published by Similkameen News Leader

Saturday Movies

MORNING

9:00 am WTBS (3) ★ "Baby Geniuses" (1999, Comedy) Kathleen Turner. Evil partners experiment on an infant and send his twin to a reputable research nursery.

AFTERNOON

12:00 pm FAM (26) "Hatching Pete" (2009, Comedy) Jason Dolley. A teenager becomes a big hit when he dons a chicken suit to become a high-school mascot. (In Stereo) (CC)

1:30 pm FAM (26) ★★ "My Dog Skip" (2000, Drama) Frankie Muniz. In 1942 a shy boy receives an exuberant Jack Russell terrier that plays matchmaker and helps protect him from bullies. (In Stereo) (CC)
4:00 pm YTV (18) ★★ "The Rugrats Movie" (1998, Adventure) E.G. Daily. Animated. Tommy and his plucky pals go on a forest adventure in his father's latest invention, the Reptar Wagon. (In Stereo) (CC)

EVENING

6:00 pm CITY (29) ★★ "The Snow Walker" (2003, Adventure) Barry Pepper. A bush pilot agrees to take a young Inuit to a hospital, but the plane nosedives, and they must make their way out of the Arctic. (CC)
8:00 pm VTV (22) "In God's Country" (2007, Drama) Kelly Rowan. A determined woman flees her polygamous husband, taking her children with her. (In Stereo) (CC) (DVS)
8:30 pm WTBS (3) ★★ "Varsity Blues" (1999, Comedy-Drama) James Van Der Beek. When the star quarterback is injured, a rigid high-school football coach expects an irreverent player to lead the team to victory. (CC)
9:00 pm FAM (26) ★★ "War of the Worlds" (2005, Science Fiction) (RA) Tom Cruise. A New Jersey man and his two children face an epic battle for survival when hostile aliens invade Earth. (In Stereo)
9:00 pm FAM (26) ★★ "With Honors" (1994, Drama) Joe Pesci. Premiere. A homeless man finds a Harvard student's thesis. (In Stereo) (CC)
10:43 pm FAM (26) ★★ "Miracle" (2004, Drama) Kurt Russell. Coach Herb Brooks leads the U.S. Olympic hockey team to victory over the Soviet team in 1980. (In Stereo) (CC)
11:30 pm CBC (13) ★★ "The Last Samurai" (2003, Adventure) Tom Cruise. In the 1870s a Westerner is caught in the middle of a battle between Japan's emperor and the samurai. (In Stereo) (CC)

Princeton Area Ghost Towns - The DVD



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www.thenewsleader.ca

Explore The History Of Mining - Gold, Copper and Coal

Sunday Movies

MORNING

9:00 am WTBS (3) ★★ "Now and Then" (1995, Comedy-Drama) Christina Ricci. A modern-day reunion frames this account of the friendship shared by four girls during the summer of 1970. (CC)

11:00 am WTBS (3) ★★ "Elizabethtown" (2005, Comedy-Drama) Orlando Bloom. In Kentucky to bury his father, a troubled man gets his life on track with the help of a free-spirited flight attendant. (CC)

AFTERNOON

12:00 pm FAM (26) ★★ "Dennis the Menace" (1993, Comedy) Walter Matthau. The comic-strip moppet plays pranks on Mr. Wilson, the crotchety fellow who lives next door. (In Stereo) (CC)

1:30 pm WTBS (3) ★★ "Ocean's Eleven" (2001, Comedy-Drama) George Clooney. A parolee organizes a gang to steal \$150 million from three Las Vegas casinos in a single heist. (CC)

1:36 pm FAM (26) ★★ "First Kid" (1996, Comedy) Sinbad. A loud Secret Service agent understands the president's teenage son, though most consider him difficult. (In Stereo) (CC)

3:00 pm VTV (22) "The Stork Derby" (2002, Docudrama) Megan Follows. A wealthy lawyer offers \$1 million to the Toronto woman who gives birth to the most babies in 10 years. (In Stereo) (CC) (DVS)

MORNING

4:00 pm WTBS (3) ★★ "Titanic" (1997, Drama) Leonardo DiCaprio. A woman falls for an artist aboard the ill-fated ship. (CC)

YTV (18) ★★ "Racing Stripes" (2005, Comedy) Bruce Greenwood. A former horse trainer prepares his daughter to race a baby zebra against Thoroughbreds. (In Stereo) (CC)

5:00 pm CBC (13) "Daniel and the Superdogs" (2004, Drama) Matthew Harbour. With help from his friends, a boy trains a dog to compete in an annual event. (In Stereo) (CC)

EVENING

6:00 pm YTV (18) ★★ "Barnyard: The Original Party Animals" (2006, Comedy) Voices of Kevin James. Animated. Otis the bull would rather sing and dance with the other farm animals, but somehow he must find the courage to lead when responsibility is thrust upon him. (In Stereo) (CC)

8:00 pm WTBS (3) ★★ "Save the Last Dance" (2001, Romance) Julia Stiles. A white teenager moves to Chicago after her mother's death and falls for a black student who shares her love of dance. (CC)

KNOW (5) "Inspector Morse: The Death of the Self" (1992, Mystery) John Thaw. Inspector Morse encounters an old adversary while investigating a woman's death at an Italian psychotherapy center. (CC) CBC (13) ★★ "Mission: Impossible III" (2006, Action) (Part 1 of 2) Tom Cruise. Now a trainer for IMF recruits, agent Ethan Hunt squares off against the toughest foe he has ever faced: a ruthless arms and information broker. (In Stereo) (CC)

9:00 pm FAM (26) ★★ "Strange Brew" (1983, Comedy) Dave Thomas. The Canadian McKenzie brothers cork a beer-factory brewmeister who's out to rule the world. (In Stereo) (CC)

10:00 pm WTBS (3) ★★ "She's So Lovely" (1997, Drama) Sean Penn. Institutionalized for an accidental shooting, a man returns 10 years later to find his wife remarried with children. (CC)

10:10 pm CBC (13) ★★ "Mission: Impossible III" (2006, Action) (Part 2 of 2) Tom Cruise. Now a trainer for IMF recruits, agent Ethan Hunt squares off against the toughest foe he has ever faced: a ruthless arms and information broker. (In Stereo) (CC)

10:30 pm FAM (26) ★★ "Ernest Goes to Jail" (1990, Comedy) Jim Varney. A case of mistaken identity lands a bumbling bank janitor in the slammer and his criminal look-alike on the streets. (In Stereo) (CC)

We're different, and we like that.
Similkameen News Leader

SATURDAY, AUGUST 22, 2009

	WTBS (3)	CHBC (4)	KNOW (5)	KSPS (6)	KHQ (7)	KREM (8)	A&E (9)	KXLY (10)	BCTV (11)	CITV (12)	CBC (13)	YTV (18)	TSN (19)	VTV (22)	DISC (24)	FAM (26)	CITY (29)	SPIKE (44)	TROP (45)
6 AM	Paid Prog. News	News		American Fly Tying	Today (N)	(5:00) The Early Show (N)	Sell House	Paid Prog.	Fish	Fish	Super Why!	Being Ian	2009 Canada Summer	OWL/TV	Treasure Quest	Rangers	CHIN	TNA IMPACT!	Snap
6:30 AM	Paid Prog. Tube Tales	Tube Tales							Fishing	Fishn	Busytown	Grossology		Kingdom		Handy	Dharti		Paid
7 AM	Paid Prog. Ad Pers	Martha	MotorWeek	News (N)	Cake	Flip This House	Good Morning America	Saturday Morning News (N)	Saturday Morning News (N)	Turbo	Pretty Cure	Games (Live)		Anne Grn	Man vs. Wild "Belize"	Mickey	Eye on Asia		The Outer Limits
7:30 AM	Paid Prog. Fishing	Clifford	Seasoned		Horseland	Flip This House (N)	Emperor			Animal	Rollbots			Kids		Phineas			
8 AM	Videos Foodies	George S.	Woodsmith		Dino	Flip This House (N)	Replace			Razzberry	SpongeBob			Jeff	Mighty Ships "Faust"	Suite Life	Polish Studio	Xtreme 4x4	What
8:30 AM	Videos Driving TV	Magic Bus	Hometime		Sushi Pack					Goldfish	Kid vs. Kat			Pringle		School		Hrseper	Raymond
9 AM	Movie: "Baby Geniuses"	Paid Prog. Back 2 Life (9:26)	(6:56) Workshop		Strawberry	Keyshawn	So Raven		Driving TV	Bold Presents "Sibs"	SpongeBob			Pringle	How-Made	Zoey 101	Amazing	Trucks!	Seinfeld
9:30 AM	Movie: "Baby Geniuses" (1999) Kathleen Turner	Debt Daily 10	Maggie-Beast	Ask This Test Kitch	Track and Field: IAAF World	To Be Announced	Flip This House	Montana Suite Life	Fishn	Heart of a Child	Track and Field: IAAF World	OddParent League	MLB Baseball: Los Angeles Angels of Anaheim at Toronto Blue Jays	Child Fund	Megaworld	Montana	CityLine	UFC's Ultimate Fight Night	Family Guy
10 AM	Friends Cheers	To Be Announced	Rolie Polle Pudding	Christina Primal Grill	Championships	PGA Tour Golf: Wyndham	Obsessed	Rangers	Heart of a Child	Fishing	Championships	Transform		PLAN Canada	Machines of Malice	Sonny	Paid Prog.		"70s Show" King
10:30 AM	Friends Cheers	To Be Announced	Rolie Polle Pudding	Christina Primal Grill	Championships	PGA Tour Golf: Wyndham	Obsessed	Rangers	Heart of a Child	Fishing	Championships	Transform		PLAN Canada	Machines of Malice	Sonny	Paid Prog.		"70s Show" King
11 AM	Friends Cheers	To Be Announced	Rolie Polle Pudding	Christina Primal Grill	Championships	PGA Tour Golf: Wyndham	Obsessed	Rangers	Heart of a Child	Fishing	Championships	Transform		PLAN Canada	Machines of Malice	Sonny	Paid Prog.		"70s Show" King
11:30 AM	Friends Cheers	To Be Announced	Rolie Polle Pudding	Christina Primal Grill	Championships	PGA Tour Golf: Wyndham	Obsessed	Rangers	Heart of a Child	Fishing	Championships	Transform		PLAN Canada	Machines of Malice	Sonny	Paid Prog.		"70s Show" King
12 PM	Cheers Frasier	To Be Announced	Lilly Miss BG	Cooking Garden	Motorcycle Racing	Championship p -- Third Round	Obsessed	Little League Baseball: World Series Pool Play	News	Back2Life	WTA Tennis: Rogers Cup -- Semifinal. From Toronto	Pokemon Dinosaur		Daily Planet	Worst Handyman	Movie: "Hatching Pete" (2009)	King	UFC 75: Champion vs. Champion	Friends
12:30 PM	Cheers Frasier	To Be Announced	Lilly Miss BG	Cooking Garden	Motorcycle Racing	Championship p -- Third Round	Obsessed	Little League Baseball: World Series Pool Play	News	Back2Life	WTA Tennis: Rogers Cup -- Semifinal. From Toronto	Pokemon Dinosaur		Daily Planet	Worst Handyman	Movie: "Hatching Pete" (2009)	King	UFC 75: Champion vs. Champion	Friends
1 PM	Frasier King	To Be Announced	(1:06) Taste Mechanics	Antiques Roadshow	PGA Tour Golf: Champions	(Live)	Obsessed "Nidia; Rick"	World Series	PGA Tour Golf: Wyndham Championship p -- Third Round	Simpsons	Dragon	NASCAR Racing		Uber Guide	Animals	Movie: "My Dog Skip" (2000)	EP Canada		Raymond
1:30 PM	Frasier King	To Be Announced	(1:06) Taste Mechanics	Antiques Roadshow	PGA Tour Golf: Champions	(Live)	Obsessed "Nidia; Rick"	World Series	PGA Tour Golf: Wyndham Championship p -- Third Round	Simpsons	Dragon	NASCAR Racing		Uber Guide	Animals	Movie: "My Dog Skip" (2000)	EP Canada		Raymond
2 PM	King Seinfeld	To Be Announced	(2:03) Fetch! Ruff	History Detectives	Lady Liberty Awards (N)		Hoarders	NASCAR		Simpsons	Rollbots	Horse Racing		Car	MythBusters (N)		Reviews		"70s Show" Seinfeld
2:30 PM	King Seinfeld	To Be Announced	(2:03) Fetch! Ruff	History Detectives	Lady Liberty Awards (N)		Hoarders	NASCAR		Simpsons	Rollbots	Horse Racing		Car	MythBusters (N)		Reviews		"70s Show" Seinfeld
3 PM	Seinfeld Family Guy	To Be Announced	Upside (3:27) Little	Railway Adv.	Athlete Veggie	Paid Prog.	CSI: Miami	Paid Prog.	Simpsons	Family Guy	Sat. Report	Team	Sports	Twice in a Lifetime	Cash Cab	Suite Life	CityNews/6	Ultimate Fighting Champions	Bob-Doug
3:30 PM	Seinfeld Family Guy	To Be Announced	Upside (3:27) Little	Railway Adv.	Athlete Veggie	Paid Prog.	CSI: Miami	Paid Prog.	Simpsons	Family Guy	Sat. Report	Team	Sports	Twice in a Lifetime	Cash Cab	Suite Life	CityNews/6	Ultimate Fighting Champions	Bob-Doug
4 PM	MLB Baseball: Florida Marlins at Atlanta Braves	To Be Announced	(4:02) Europe	Penguins	Access Hollywood (N)	CSI: Miami	Paid Prog.	Family Guy	Family Guy	WTA Tennis: Rogers Cup -- Semifinal. From Toronto	Movie: "The Rugrats Movie" (1998)	Survive Adrenaline	SportsCentre (Live)	Movie: "In God's Country" (2007) Kelly Rowan	Angel	Montana	Reviews	UFC 75: Champion vs. Champion	Parker
4:30 PM	MLB Baseball: Florida Marlins at Atlanta Braves	To Be Announced	(4:02) Europe	Penguins	Access Hollywood (N)	CSI: Miami	Paid Prog.	Family Guy	Family Guy	WTA Tennis: Rogers Cup -- Semifinal. From Toronto	Movie: "The Rugrats Movie" (1998)	Survive Adrenaline	SportsCentre (Live)	Movie: "In God's Country" (2007) Kelly Rowan	Angel	Montana	Reviews	UFC 75: Champion vs. Champion	Parker
5 PM	Marlins at Atlanta Braves	ET News	George Shrinks	Summer News (N)	News	CSI: Miami	Storms	Family Guy	(4:59) News Hour	Global	(5:45) Kid vs. Kat	Dragon	NASCAR Racing	etalk	Destroyed	Sonny	Murdoch Mysteries		Friends
5:30 PM	Marlins at Atlanta Braves	ET News	George Shrinks	Summer News (N)	News	CSI: Miami	Storms	Family Guy	(4:59) News Hour	Global	(5:45) Kid vs. Kat	Dragon	NASCAR Racing	etalk	Destroyed	Sonny	Murdoch Mysteries		Friends
6 PM	King Seinfeld	Global	Profiles of Nature	Lawrence Welk Show	News (N)	News	CSI: Miami	News	(5:59) News Hour (N)	Healthy Ever After	Laughs	League		CTV News (N)	Dirty Jobs	(6:01) Jonas Buzz	Movie: "The Snow Walker" (2003) Barry Pepper	UFC Fight for the Troops	Friends
6:30 PM	King Seinfeld	Global	Profiles of Nature	Lawrence Welk Show	News (N)	News	CSI: Miami	News	(5:59) News Hour (N)	Healthy Ever After	Laughs	League		CTV News (N)	Dirty Jobs	(6:01) Jonas Buzz	Movie: "The Snow Walker" (2003) Barry Pepper	UFC Fight for the Troops	Friends
7 PM	Seinfeld Payne	Out There	National Geographic	Benny Time Goes	CSI: NY	Cold Case	CSI: Miami	Entertainment Tonight	Healthy Ever After (N)	Doc	The Nature of Things	Prank Ptrl		W-FIVE (DVS)	Destroyed	Suite Life	(7:19) Zoey		Family Guy
7:30 PM	Seinfeld Payne	Out There	National Geographic	Benny Time Goes	CSI: NY	Cold Case	CSI: Miami	Entertainment Tonight	Healthy Ever After (N)	Doc	The Nature of Things	Prank Ptrl		W-FIVE (DVS)	Destroyed	Suite Life	(7:19) Zoey		Family Guy
8 PM	Payne Movie: "Varsity Blues" (1999) Jon Voight	Rich Poor	Heartbeat	The Civil War "Valley of the"	Law Order: CI	Without a Trace "True"	The Sopranos	Jim	Doc	Doc	Dragon's Den	Survive Adrenaline	SportsCentre (Live)	Movie: "In God's Country" (2007) Kelly Rowan	Angel	Montana	Reviews	UFC 75: Champion vs. Champion	Parker
8:30 PM	Payne Movie: "Varsity Blues" (1999) Jon Voight	Rich Poor	Heartbeat	The Civil War "Valley of the"	Law Order: CI	Without a Trace "True"	The Sopranos	Jim	Doc	Doc	Dragon's Den	Survive Adrenaline	SportsCentre (Live)	Movie: "In God's Country" (2007) Kelly Rowan	Angel	Montana	Reviews	UFC 75: Champion vs. Champion	Parker
9 PM	Movie: "Varsity Blues" (1999) Jon Voight	Rich Poor	Heartbeat	The Civil War "Valley of the"	Law Order: CI	Without a Trace "True"	The Sopranos	Jim	Doc	Doc	Dragon's Den	Survive Adrenaline	SportsCentre (Live)	Movie: "In God's Country" (2007) Kelly Rowan	Angel	Montana	Reviews	UFC 75: Champion vs. Champion	Parker
9:30 PM	Movie: "Varsity Blues" (1999) Jon Voight	Rich Poor	Heartbeat	The Civil War "Valley of the"	Law Order: CI	Without a Trace "True"	The Sopranos	Jim	Doc	Doc	Dragon's Den	Survive Adrenaline	SportsCentre (Live)	Movie: "In God's Country" (2007) Kelly Rowan	Angel	Montana	Reviews	UFC 75: Champion vs. Champion	Parker
10 PM	American Chopper	News (N)	Montreal Jazz	Austin City Limits	News (N)	News	CSI: Miami	Edition	News Final	(10:58) J.R.	News	Mystery	SportsCentre (Live)	News	Destroyed	Northern			Mad Abt.
10:30 PM	American Chopper	News (N)	Montreal Jazz	Austin City Limits	News (N)	News	CSI: Miami	Edition	News Final	(10:58) J.R.	News	Mystery	SportsCentre (Live)	News	Destroyed	Northern			Mad Abt.
11 PM	Heat	E News		Sat. Night	Seeker			Paid Prog.	Sat. Night	Sat. Night	"Last	Ghost		CTV News	Guinea Pig		Northern	Ult. Iceman	Mad Abt.

SUNDAY, AUGUST 23, 2009

	WTBS (3)	CHBC (4)	KNOW (5)	KSPS (6)	KHQ (7)	KREM (8)	A&E (9)	KXLY (10)	BCTV (11)	CITV (12)	CBC (13)	YTV (18)	TSN (19)	VTV (22)	DISC (24)	FAM (26)	CITY (29)	SPIKE (44)	TROP (45)
6 AM	Sports Saved-Bell	News		Maya Fetch! Ruff	Today (N)	Paid Prog.	Private Sessions (N)	Paid Prog.	Is Written	Driving TV	Animal	Being Ian	Formula One Racing	Daily Planet	Ocean Ranger Disaster	Rangers	Amazing	Married...	Driving TV
6:30 AM	Sports Saved-Bell	News		Maya Fetch! Ruff	Today (N)	Paid Prog.	Private Sessions (N)	Paid Prog.	Is Written	Driving TV	Animal	Being Ian	Formula One Racing	Daily Planet	Ocean Ranger Disaster	Rangers	Amazing	Married...	Driving TV
7 AM	Saved-Bell	Hunter	Martha	Ruggs	News (N)	CBS News	The Sopranos	Good Morning America	Canada	Razzberry	Monster	Reporters	Twice in a Lifetime	The Sun	Mickey	Eye on Asia	Married...	The Outer Limits	
7:30 AM	Saved-Bell	Hunter	Martha	Ruggs	News (N)	CBS News	The Sopranos	Good Morning America	Canada	Razzberry	Monster	Reporters	Twice in a Lifetime	The Sun	Mickey	Eye on Asia	Married...	The Outer Limits	
8 AM	Videos	Fishing	Clifford	Animalla	Northwest	(N)	The Sopranos	This Week With George	Sunday Morning News (N)	TribalTrail	Coronatn	Kid vs. Kat	Fishing	Anne Grn	Sci-Trek "Volcanos"	Suite Life	Eye-Asia	Xtreme 4x4	What
8:30 AM	Videos	Fishing	Clifford	Animalla	Northwest	(N)	The Sopranos	This Week With George	Sunday Morning News (N)	TribalTrail	Coronatn	Kid vs. Kat	Fishing	Anne Grn	Sci-Trek "Volcanos"	Suite Life	Eye-Asia	Xtreme 4x4	What
9 AM	Movie: "Now and Then" (1995) Christina Ricci	Neighborhoo od	(6:58) (9:28)	Wishbone	Food Fast	CW's Fall	The Sopranos	Matthews	Hour of Power	Coronatn	Coronatn	OddParent	NASCAR Racing	PLAN Canada	Funnist Animals	Zoey 101	Johnny Lombardi (In Italian)	Trucks!	Seinfeld
9:30 AM	Movie: "Now and Then" (1995) Christina Ricci	Neighborhoo od	(6:58) (9:28)	Wishbone	Food Fast	CW's Fall	The Sopranos	Matthews	Hour of Power	Coronatn	Coronatn	OddParent	NASCAR Racing	PLAN Canada	Funnist Animals	Zoey 101	Johnny Lombardi (In Italian)	Trucks!	Seinfeld
10 AM	Movie: "Elizabethan" (2005)	TBA	Rolie Polle Pudding	Foreign European	Track and Field: IAAF World	Runaway	Hoarders	Juicing	Listen Up	Foodies	WTA Tennis: Rogers Cup -- Final. From Toronto	iCarly	MLB Baseball: Los Angeles Angels of Anaheim at Toronto Blue Jays	Child Fund	Super Ships	Montana	Reviews	UFC Fight for the Troops	King
10:30 AM	Movie: "Elizabethan" (2005)	TBA	Rolie Polle Pudding	Foreign European	Track and Field: IAAF World	Runaway	Hoarders	Juicing	Listen Up	Foodies	WTA Tennis: Rogers Cup -- Final. From Toronto	iCarly	MLB Baseball: Los Angeles Angels of Anaheim at Toronto Blue Jays	Child Fund	Super Ships	Montana	Reviews	UFC Fight for the Troops	King
11 AM	Movie: "Elizabethan" (2005)	TBA	Rolie Polle Pudding	Foreign European	Track and Field: IAAF World	Runaway	Hoarders	Juicing	Listen Up	Foodies	WTA Tennis: Rogers Cup -- Final. From Toronto	iCarly	MLB Baseball: Los Angeles Angels of Anaheim at Toronto Blue Jays	Child Fund	Super Ships	Montana	Reviews	UFC Fight for the Troops	King
11:30 AM	Movie: "Elizabethan" (2005)	TBA	Rolie Polle Pudding	Foreign European	Track and Field: IAAF World	Runaway	Hoarders	Juicing	Listen Up	Foodies	WTA Tennis: Rogers Cup -- Final. From Toronto	iCarly	MLB Baseball: Los Angeles Angels of Anaheim at Toronto Blue Jays	Child Fund	Super Ships	Montana	Reviews	UFC Fight for the Troops	King
12 PM	Orlando Bloom	To Be Announced	Lilly Miss BG	Globe Trekker	Championships	PGA Tour Golf: Wyndham	Angel	World Series Pool Play	News	PGA Tour Golf: Wyndham Championship p -- Final Round. (Live)	Track and Field	In Real Life	Sports	Dangerous Obsessions	Canada's Worst Driver	Movie: "Dennis the Menace" (1993) (1:36)	The O.C.	UFC Unleashed	Raymond
12:30 PM	Orlando Bloom	To Be Announced	Lilly Miss BG	Globe Trekker	Championships	PGA Tour Golf: Wyndham	Angel	World Series Pool Play	News	PGA Tour Golf: Wyndham Championship p -- Final Round. (Live)	Track and Field	In Real Life	Sports	Dangerous Obsessions	Canada's Worst Driver	Movie: "Dennis the Menace" (1993) (1:36)	The O.C.	UFC Unleashed	Raymond
1 PM	Movie: "Ocean's Eleven" (2001) George Clooney	To Be Announced	World Og Fetch! Ruff	Swiss Rail Journeys	PGA Tour Golf: Champions (Live)	Criss Angel Mindfreak	Simmons	Mountain Games	News	TEVA	CBC News: Sunday	Adrenaline Survive	IndyCar Racing: Indy Grand Prix of Sonoma. (Live)	Twice in a Lifetime	MythBusters	Movie: "First Kid" (1996) (Comedy)	The O.C. "The Journey"	UFC Unleashed	Seinfeld
1:30 PM	Movie: "Ocean's Eleven" (2001) George Clooney	To Be Announced	World Og Fetch! Ruff	Swiss Rail Journeys	PGA Tour Golf: Champions (Live)	Criss Angel Mindfreak	Simmons	Mountain Games	News	TEVA	CBC News: Sunday	Adrenaline Survive	IndyCar Racing: Indy Grand Prix of Sonoma. (Live)	Twice in a Lifetime	MythBusters	Movie: "First Kid" (1996) (Comedy)	The O.C. "The Journey"	UFC Unleashed	Seinfeld
2 PM	George Clooney	To Be Announced	Upside (3:27) Little	Wait God	Paid Prog.	Paid Prog.	Simmons	Homeland Security USA	Simpsons	Family Guy	fifth estate	Prank Ptrl	Prix of Sonoma. (Live)	Movie: "The Stork Derby" (2002) Megan Follows	Cash Cab	Suite Life	Amazing	UFC Unleashed	GoldMind
2:30 PM	George Clooney	To Be Announced	Upside (3:27) Little	Wait God	Paid Prog.	Paid Prog.	Simmons	Homeland Security USA	Simpsons	Family Guy	fifth estate	Prank Ptrl	Prix of Sonoma. (Live)	Movie: "The Stork Derby" (2002) Megan Follows	Cash Cab	Suite Life	Amazing	UFC Unleashed	GoldMind
3 PM	Movie: "Titanic" (1997) Leonardo DiCaprio	To Be Announced	(4:02) (4:27)	Moneytrk	CSI: NY "Jamalot"	Extra (N)	Simmons	Storms	Back2Life	Family Guy	Global	Fortune	Movie: "Daniel and the Comedies" (2005)	World Series	Nature's Most Amazing	Sonny	Be a Millionaire	UFC Unleashed	Inside Hollywood
3:30 PM	Movie: "Titanic" (1997) Leonardo DiCaprio	To Be Announced	(4:02) (4:27)	Moneytrk	CSI: NY "Jamalot"	Extra (N)	Simmons	Storms	Back2Life	Family Guy	Global	Fortune	Movie: "Daniel and the Comedies" (2005)	World Series	Nature's Most Amazing	Sonny	Be a Millionaire	UFC Unleashed	Inside Hollywood
4 PM	Movie: "Titanic" (1997) Leonardo DiCaprio	To Be Announced	(4:02) (4:27)	Moneytrk	CSI: NY "Jamalot"	Extra (N)	Simmons	Storms	Back2Life	Family Guy	Global	Fortune	Movie: "Daniel and the Comedies" (2005)	World Series	Nature's Most Amazing	Sonny	Be a Millionaire	UFC Unleashed	Inside Hollywood
4:30 PM	Movie: "Titanic" (1997) Leonardo DiCaprio	To Be Announced	(4:02) (4:27)	Moneytrk	CSI: NY "Jamalot"	Extra (N)	Simmons	Storms	Back2Life	Family Guy	Global	Fortune	Movie: "Daniel and the Comedies" (2005)	World Series	Nature's Most Amazing	Sonny	Be a Millionaire	UFC Unleashed	Inside Hollywood
5 PM	Leonardo DiCaprio	Okanagan	Saddle	Lark Rise to Candleford	News	KREM 2 News at 6 (N)	Simmons	Storms	(5:59) News Hour (N)	16:9	Superdogs (2004)	Movie: "The Original Party Animals"	World Series	CTV News (N)	Nature's Most Amazing	(6:01) Jonas Buzz	Miss Universe 2009 (Live)	UFC Unleashed	Parker
5:30 PM	Leonardo DiCaprio	Okanagan	Saddle	Lark Rise to Candleford	News	KREM 2 News at 6 (N)	Simmons	Storms	(5:59) News Hour (N)	16:9	Superdogs (2004)	Movie: "The Original Party Animals"	World Series	CTV News (N)	Nature's Most Amazing	(6:01) Jonas Buzz	Miss Universe 2009 (Live)	UFC Unleashed	Parker
6 PM	Oscar-winning account of the doomed 1912 ocean																		

MONDAY, AUGUST 24, 2009

	WTBS (3)	CHBC (4)	KNOW (5)	KSPS (6)	KHQ (7)	KREM (8)	A&E (9)	KXLY (10)	BCTV (11)	CITY (12)	CBC (13)	YTV (18)	TSN (19)	VTV (22)	DISC (24)	FAM (26)	CITY (29)	SPIKE (44)	TROP (45)
6 AM	Jeffersons	News	Franklin	Bob Build	News (N)	News	American Justice	News	(5:30) Morning News (N)	(4:30) Morning News (N)	CBC News: Morning (N)	Rolie Polie Dewitt	SportsCentre	Canada AM	Daily Planet	Henry's King	CityLine	CSI: NY	Once a Thief
7 AM	In the Heat of the Night	Room That News	Martha (7:29) Dora the Explorer	Arthur (EI)	Today (N)	The Early Show (N)	Amer. Justice	Good Morning America (N)			Save-Ums! Animal	Berenstain Rolie Polie	SportsCentre		Mighty Ships	Mickey	The Tyra Banks Show	CSI: NY "On the Job"	The Outer Limits
8 AM	Cosby	Ad Pers	the Explorer	Curious			Cold Case Files		100 Huntley Street	100 Huntley Street	Bo On Go	Timothy	SportsCentre		How-Made	Handy	Rachael Ray	CSI: Crime Scn	North of 60 "Ghosts"
9 AM	Fam. Feud	Three Takes	Berenstain	Super Why!		The 700 Club	Cold Case Files	Regis and Kelly	100 Huntley Street	Hospital for Sick Kids	Super Why!	Casper	Record	Regis and Kelly	Daily Planet	Feet	News	CSI: Crime Scn	TV Made
10 AM	Trivial	The Mom Show	Sid (10:25)	Sesame Street (EI)		The Price Is Right (N)	CSI: Miami	The View	Doc	Debt Part	Wilbur	(10:05) Viva	Motorcycle Racing	The View	Canada's Worst Driver	Mickey Handy	The O.C.	CSI: Crime Scn	What
11 AM	Harvey	One House	Rolie Polie	Dragon	Ellen DeGeneres Show	Young and the Restless	The Sopranos	Paid Prog.	World Vision	(10:59) Noon News Hour (N)	Dinner	(10:50) Ruby	Champ. Darts	Twice in a Lifetime	Mayday	Benj Bear	The Bonnie Hunt Show	CSI: Crime Scn	TV Made
12 PM	Fresh Pr.	Chef	(11:56)	Charlie Rose	Paid Prog.	News	American Justice	All My Children (N)	Noon News Hour (N)	Days of our Lives (N)	CBC News: Today (N)	Monster Grossology	NHRA Drag Racing: Toyo Tires	etalk	Mighty Ships	(11:49) Weekend	CityLine	CSI: Crime Scn	Seinfeld
1 PM	Still Std	Home to Parents	Maggie Sagwa	Fine Art Sewing	Days of our Lives (N)	As the World Turns (N)	Amer. Justice	One Life to Live (N)	As the World Turns (N)	As the World Turns (N)	Martha Stewart	Hawks (1:40) Viva	Nationals. From Reading, Pa.	Sue Thomas: F.B. Eye	Destroyed	Dragon	ER	CSI: Crime Scn	Raymond
2 PM	King	Guiding Light (N)	(1:56) BluesClues	WordWorld	The Bonnie Hunt Show	Guiding Light (N)	Cold Case Files	General Hospital (N)	Young and the Restless	The Doctors	Steven and Chris	Mystery Team	(Taped)	General Hospital (N)	MythBusters	(1:54) K. Possible	CityNews at 5 (N)	CSI: Crime Scn	Raymond
3 PM	Seinfeld	Split Ends (N)	(2:57) Zoboomba o "Buddies"	WordGirl	Judge	Dr. Phil	Cold Case Files	Rachael Ray	The Doctors	Young and the Restless	Living Food	Pretty Cure	SportsCentre (Live)	Dr. Phil	Canada's Worst Driver	Replace Emperor	CityNews at 6 (N)	Movie: "Star Wars: Episode 1 - The Phantom Menace" (1999)	Office Temps
4 PM	Family Guy	Debt Part	(DVS)	Fetch! Ruff	Judge J.	Oprah Winfrey	CSI: Miami	Deal No	Oprah Winfrey	(3:59) Early Global	Fashion F. Red Green	SpongeBob OddParent	MLB Baseball: Tampa Bay Rays at Toronto Blue Jays. (Live)	Ellen DeGeneres Show	Daily Planet	(4:08) Phineas	Law & Order: SVU	Once a Thief	
5 PM	Payne	Deal No	Martha (5:33)	BBC News	News (N)	News	Intervention "Casie"	News	Early News	(4:59) News Hour (N)	Simpsons Fortune	OddParent	SportsCentre (Live)	CTV News at Five (N)	MythBusters	Suite Life Montana	Murdoch Mysteries	Carlawond Parker	
6 PM	Movie: "Mississippi Burning"	Global News	Taste Buds Mechanics	News-Lehrer	News (N)	News	Intervention "Gloria" (N)	News	(5:59) News Hour (N)	ET Canada	CBC News: Vancouver	iCarly	CTV News (N)	Dirty Jobs (N)	Zoey 101	Dating in the Dark (N)	Movie: "Star Wars: Episode 1 - The Phantom Menace" (1999)	Ground Up	
7 PM	(1988) Gene Hackman	E! News	Undersea	'Allo, 'Allo!	Jeopardy!	The Doctors	Hoarders "Patty: Bill"	Entertain	Entertain	Brothers & Sisters	Coronatin Jeopardy!	The Next Star 2	SportsCentre (Live)	etalk	Heli-Loggers	Wizards-Place	The Phantom Menace" (1999)	Parker	
8 PM	Seinfeld	How I Met	Hot Rocks "Water"	Antiques Roadshow	Am. Road Trip	How I Met	Paranormal	Dating in the Dark	House (PA)	House (PA)	Mosque	Malcolm	Law & Order "Bailout"	Daily Planet	Suite Life Buzz	News		Parker	
9 PM	Movie: "Once Upon a Time in Mexico"	The Soup	When, Levees	History Detectives (N)	Law Order: CI	Two Men Big Bang	Intervention "Casie"	Dating in the Dark (N)	Lie to Me "Undercover"	Lie to Me "Undercover"	Comedy	League	Law Order: CI	MythBusters	Wizards Life Derek	(9:06) Jimmy Kimmel	CSI: Crime Scn	Seinfeld	
10 PM	Mexico" (2003)	Final 24 (N)	When the Levees Broke: A Requiem	American Masters	Dateline NBC	CSI: Miami	Intervention "Gloria"	(10:01) Castle	Brothers & Sisters	News Hour Final (N)	National	The Next Star 2	CSI: Miami	Heli-Loggers	School Flavor of Love	Cory		Raymond	
11 PM	Sanford	News (N)	Requiem	Charlie Rose (N)	News (N)	News	Hoarders "Patty: Bill"	News	News Hour Final (N)	Entertain	(11:05) The Hour Jimmy Carter	Mystery Ghost	SportsCentre (Live)	News	Dirty Jobs	Suite Life Life Derek	Judge	Raymond	

Monday Movies

AFTERNOON
 3:00 pm SPIKE (44) ★★ "Star Wars: Episode I - The Phantom Menace" (1999, Science Fiction) Liam Neeson. As an enemy threatens the peaceful Galactic Republic, young Anakin Skywalker comes under the tutelage of Obi-Wan Kenobi and his Jedi master. (In Stereo)
EVENING
 6:00 pm WTBS (3) ★★ "Mississippi Burning" (1988, Drama) Gene Hackman. Two FBI agents face racism while investigating the disappearance of three civil

rights activists in 1964 Mississippi. (E) SPIKE (44) ★★ "Star Wars: Episode I - The Phantom Menace" (1999, Science Fiction) Liam Neeson. As an enemy threatens the peaceful Galactic Republic, young Anakin Skywalker comes under the tutelage of Obi-Wan Kenobi and his Jedi master. (In Stereo)
 9:00 pm WTBS (3) ★★ "Once Upon a Time in Mexico" (2003, Action) Antonio Banderas. A corrupt CIA agent recruits a tormented gunman to stop conspirators from assassinating the president of Mexico. (E)

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ON AUGUST 21st!



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FROM YOUR FAMILY AND FRIENDS
IN PRINCETON & KELOWNA

Over 100 evening party dresses from \$50.00 or rent from \$20.00. Call Kim (250) 295-4373 or 295-7988. Nov 25th

14' Sangster boat, wide beam deep V, 4 comfortable seats, windshield steering, electric start, 65HP Merc, Canvas top, very clean, comes with trailer. \$2,500.00 firm. Call (250) 295-6455. Aug 11 25

17hp 42 inch Mastercraft riding lawn mower only 113 hours \$1,200...New King 10" compound mitre saw \$75...New 30 quart Turkey / Seafood Deep Fryer \$60...12 speed men's bicycle \$15. Call (250) 295-7582. Aug 11 25

Firewood. 7-8 cords split. 20" — 23". \$600.00 you haul it. Call (250) 295-0331 or cell (250) 438-0357. Aug 18 Sep 01

2007 Aerolite 30 ft travel trailer with tip out. Very easy to tow. Only used 8 times. Excellent unit to live in, travel or head south for the winter. Includes balance of 7 year warranty. \$20,000 firm. View at 145 Angela Ave. Phone (250) 295-6408. Aug 19 25

Bemina sewing machine and table. Model 930 \$340.00, Wooden rocking chair \$25.00, Large deepfreeze. Best offer. Call (250) 295-6129. Aug 18 Sep 01

card of thanks

I would like to express my thanks to all friends and neighbours who sent cards, flowers and meals following the loss of my father.

Also, to all those who came to help me send him off in style on 9th August, 2009. Your presence was a tribute to him and a great comfort to me.

- Valerie Tarlo (daughter of Thomas P Jackson)

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2-bedroom home. References required. \$700.00/month. Call (250) 295-6070. Aug 18

Apartment for rent. Available NOW. Excellent references and damage deposit required. No pets. Adult only building. Call (250) 295-1252 or (250) 438-0935 for details. Aug 11 25

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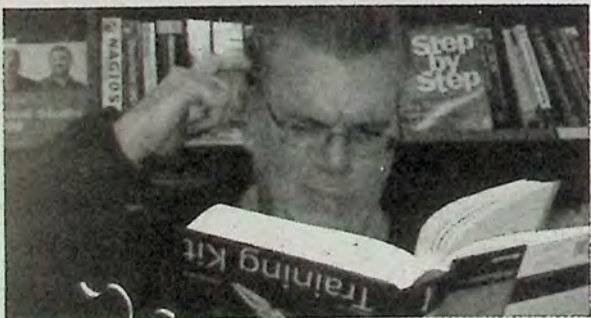
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notices

Narcotics Anonymous

OPEN MEETINGS
Wednesdays 7:30 PM

160 OLD HEDLEY ROAD
Baptist Church Basement
(USE BACK DOOR)
Sundays 7:30 PM
Living Water Foursquare Church, Kenley Avenue

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Fred 295-7272/Marena 295-7663

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147 635 928
625 918 473
983 742 615
812 479 536
396 851 247
574 326 891
258 193 764
439 567 182
761 284 359

CHALLENGE #220 - Hard

735 218 649
942 637 185
618 594 732
379 826 514
486 951 327
251 473 896
593 162 478
827 345 961
164 789 253

notices

notices

Princeton Posse 2009/10

CLIP 'N' SAVE

Game Schedule



PRESENTED BY:



- FRI SEP 11 - Sicamous at PRINCETON
- SAT SEP 12 - Fernie at PRINCETON
- FRI SEP 18 - PRINCETON at Penticton
- FRI SEP 25 - Penticton at PRINCETON
- SAT SEP 26 - PRINCETON at N Okanagan
- SUN SEP 27 - Kimberley at PRINCETON
- FRI OCT 02 - PRINCETON at Chase
- SAT OCT 03 - Chase at PRINCETON
- FRI OCT 09 - Revelstoke at PRINCETON
- SAT OCT 10 - Revelstoke at PRINCETON
- SAT OCT 17 - N Okanagan at PRINCETON
- TUE OCT 20 - Kamloops at PRINCETON
- FRI OCT 23 - Revelstoke at PRINCETON
- SAT OCT 24 - Sicamous at PRINCETON
- FRI OCT 30 - PRINCETON at Sicamous
- SUN NOV 01 - PRINCETON at Kamloops
- FRI NOV 06 - Penticton at PRINCETON
- SAT NOV 07 - PRINCETON at Penticton
- SUN NOV 08 - N Okanagan at PRINCETON
- FRI NOV 13 - PRINCETON at Revelstoke
- SAT NOV 14 - PRINCETON at Revelstoke
- SUN NOV 15 - PRINCETON at Chase
- FRI NOV 20 - PRINCETON at Beaver Valley
- SAT NOV 21 - PRINCETON at Spokane
- FRI NOV 27 - N Okanagan at PRINCETON
- SAT NOV 28 - Sicamous at PRINCETON
- FRI DEC 04 - Chase at PRINCETON
- SAT DEC 05 - PRINCETON at Chase
- FRI DEC 11 - Castlegar at PRINCETON
- SAT DEC 12 - PRINCETON at Kamloops
- WED DEC 16 - Kamloops at PRINCETON
- FRI DEC 18 - PRINCETON at Sicamous
- SAT DEC 19 - Grand Forks at PRINCETON
- SAT JAN 02 - Kamloops at PRINCETON
- SUN JAN 03 - PRINCETON at Sicamous
- FRI JAN 08 - PRINCETON at Col. Valley
- SAT JAN 09 - PRINCETON at Golden
- SUN JAN 10 - PRINCETON at Creston
- FRI JAN 15 - PRINCETON at Penticton
- SUN JAN 17 - PRINCETON at N Okanagan
- FRI JAN 22 - PRINCETON at Penticton
- SAT JAN 23 - PRINCETON at N Okanagan
- FRI JAN 29 - Kamloops at PRINCETON
- SAT JAN 30 - PRINCETON at Revelstoke
- FRI FEB 05 - Nelson at PRINCETON
- SAT FEB 06 - Chase at PRINCETON
- SUN FEB 07 - PRINCETON at Kamloops
- WED FEB 10 - Penticton at PRINCETON
- FRI FEB 12 - N Okanagan at PRINCETON
- SAT FEB 13 - PRINCETON at Chase

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The view of the 'new' Princeton Town Square with the fountain running. Progress has continued on the project with finishing touches taking place during the past couple of weeks. *



One of the many 'green areas' in the Town Square Project just prior to planting last week. *



Another 'green space' located in the Town Square prior to planting last week. *

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My Turn..

How To Write An Editorial

One of the many chores I took on when I bought this business over five years ago was the weekly Editorial.

At first I was somewhat intimidated by it.

I thought I'd have to come up with something very thought provoking and current that had to come across as being well researched and representative of the direction and voice of this newspaper.

Probably a hundred or so Editorials later I actually figured it out.

The Editorial (which I playfully called 'My Turn' from the very start) was really nothing more than that. My turn to say something. My words, my thoughts.

The only place in the paper where I can share, complain, vent or praise.

I guess I had over thought it a touch prior to that realization.

And, quite honestly, I've never found it to be much of a chore. I have never written a series of them in advance opting to write the Editorial the week I'm putting together the issue it will appear in.

Nor have I spent more time on it than on anything else you see in this paper.

Usually 99% of what you are reading in this Editorial column is the first draft. I may tighten up or expand a thought or point but for the most part, this is the original.

Often the topic is pulled from something that happened a day or two before it is written and most of the time it's connected to something local. A local issue or something local residents can relate to.

The majority of Editorials are written late at night sitting alone in the livingroom at home on my laptop computer. Every so often it's pounded out during a quiet (no interruptions) time in the office. It never, ever takes longer than half an hour from start to finish.

The weekly Editorial is sometimes funny. Sometimes not.

Sometimes it's about an issue. Sometimes not.

One thing is for sure, it's not rocket science and I don't ever want it to be.

I had to be convinced to archive previous Editorials on our website (www.thenewsleader.ca) because - I was told - people might want to read them.

Well, the website stats show that wasn't such a bad idea after all. Although I'm still sure some of the visitors to that section got there purely by accident and left once they had had enough of my sharing, complaining, venting and praising.

My wife often asks me how I come up with so many things to write about.

The answer is easy. It's a pretty interesting little town we live in. There's no shortage of things to talk about. Which, of course, is a very good thing.

Especially if one of your jobs is to write the weekly Editorial.

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EDITORIAL GUIDE

We would like you to write to us, but please remember to abide by anti-discrimination laws.

The News Leader reserves the right to refuse to print any letter which is not signed by the writer or is slanderous, libelous or of uncommon sense!

The Editor reserves the right to condense any letter or to substitute proper language for improper language.



Can someone explain to us why someone would drive into one of the flower beds in the Town Square? *

...Your Turn

Locals react and reach out to tourist

Dear Editor:

Well, as someone who believes in writing letters to the powers-that-be to complain about poor service, it's only fair for me to do the same to highlight good service.

Last week, I wrote a letter about a poor experience with a local motel unexpectedly cancelling a credit-card held reservation, leaving us stranded late at night on the Sunday of a long weekend. My lament was really more for the unintended consequences that a simple slip-up like that can have on a town's reputation. My grumbling gets shared with friends and family, and the story persists. Perhaps it's unfair, but that's the

reality.

After writing the letter, I was contacted by the Chamber of Commerce, the publisher of this newspaper, and even a private citizen, who all apologized for the incident (even though none of those three had no responsibility for it whatsoever). They assured me that Princeton really was a hospitable place, and this was surely an unfortunate one-off. The Princeton resident who contacted me went so far as to even offer my family a place to stay with his family on our next trip through town!

Well, you've restored my faith. The story I can now tell about my weekend experience will certainly

ly have a different ending; I'll tell people that my belief in the goodness of people is restored, and that I'll be happy to make Princeton a stop on another journey through the Similkameen.

As someone who believes in free enterprise, I want to see businesses succeed. Their success pays the taxes that pay for all the other good things we in B.C. enjoy - roads, schools, hospitals, etc. My first letter was really about wanting business owners to really pay attention to those small things that can cause large ripples - both good, and bad. Encourage more good, and find ways to mitigate the bad.

It seems Princeton understands this, and that's good.

It's heartening to see people recognize a problem, and take action to repair it. Everyone makes mistakes; it's how we handle those mistakes and learn for next time that marks us as responsible citizens.

Looking forward to visiting your town again,

- S. Harris, Victoria

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Similkameen News Leader

Current Comment

We Have More Music In Our Town



Dawn Johnson
editor@thenewsleader.ca

The Traditional Music Festival is on its way. The weekend of August 21, 22 and 23 will see our downtown core filled with music. Isn't this a great thing?

Traditional music includes so much of what we have inherited from the musical past. This can include the music from Europe, China, India, and from North America. An old cowboy song or a song from Nova Scotia is our traditional music.

Our musical heritage can include sea shanties, reels, the traditional Métis fiddler's music, Highland dancing, the reels and square dances brought to us from Scotland, and the jigs and reels from Ireland.

On the same weekend, there is a powwow at the Ashnola campsite hosted by the Lower Similkameen Indian Band, featuring the music and dances from many native nations.

Part of our heritage of music styles can include the Spanish guitar and the haunting songs from Mexico.

We are blessed with a huge music heritage. Some of what you will hear in the festival will be familiar. Some of the pieces, and instruments, will surprise you.

I am so impressed with the work Jon Bartlett and Rika Ruebsaat have done to pull this festival together. I am equally impressed with the huge number of volunteer artists who are so happy to come to Princeton to play, sing and dance for us.

Have you noticed how much more live music there is for us in Princeton?

Actually, there is much more live music throughout our valley than there used to be. The Performing Arts Society went looking for local talent, and the

winner will be showing their stuff at the Fall Fair this year. Throughout the past year, we have had many opportunities to enjoy the musical talent available in a number of concerts.

I can't stop with just the Traditional Music Festival in giving praise to hard work of some individuals. Myrna Coates has worked hard putting together Princeton Community Band. They have put on concerts, and have proven they can play music all of us can enjoy.

Listening to music on the radio or on disc is nice, and I have quite a collection of tapes and CDs and even 33rpm records. I like listening to them, but nothing beats a live performance. I am convinced we absorb music through our skin as well as our ears, and that is how a live performance seems so much better than recordings. We can feel the music.

I have a book about harmonics and the effects of music on our bodies. It is quite fascinating to learn how some notes can make us feel sad and some can have the opposite effect. The great composers of the past knew all about this effect, and those who were most successful knew how to create a symphony that would take the audience through a range of emotions.

They were experts at gauging the audience response, because all performances back then were live performances. If you have ever sat through a symphony in a grand hall with great acoustics, you will know what I mean when I say you can feel the music.

This does not mean our town's music festival is anything less. On the contrary, our festival is

meant to make us feel happier. It is set up to give us enjoyment. We are meant to have fun. What could be better?

Music is a form of universal language. We do not need the words to understand what the music is saying. There are some forms of traditional music which do not appeal to me at all. I cannot abide listening to anything played on a sitar - the whine and twang of that instrument grates on my nerves - but millions of people in the Middle East, India and Russia, seem to thoroughly enjoy that sound.

This indicates another aspect of music: each of us resonates to certain kinds of sound in an individual way.

Regardless of your taste in music, isn't it a wonderful thing to have so many local musicians, and visiting musicians, come to our festival to lift our spirits? Don't you think this is very generous of them?

We need to find ways to show our appreciation. Loud applause, whistles and yelling praise are good ways, and if you really like what you hear, why not shower them with flowers, or drinks, or some kind of treats? That's the least we can do.

Our festival weekend should be a great time for all of us to sit back and enjoy. Our new town square is supposed to be finished by that time, so we can enjoy it, too.

Be sure to bring a comfortable portable chair. You can buy a cool drink and snack or meal downtown, but seating outdoors is severely limited. After all, nothing spoils fun like a numb bum.

See you there!

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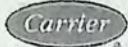
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The view of the Town Square water fountain looking towards the post office last week. *

Letter To The Editor**Motel operator offers free room**

To The Editor;

I was very disturbed to read about the appalling treatment Mr. Harris of Victoria received in our friendly and hospitable town.

Not to honour a reservation is unforgivable and certainly not the policy of 99% of motels. There are about 10 motels in town and unfortunately and unfairly when something like this happens we all get tarred by the same brush. But please note there was only one which displayed this utter disregard to a tourist.

Apologies may now be futile but I would like to extend to Mr. Harris and his family a complimentary room next time he (hopefully) stops in our small but very caring and considerate town.

Please convey our regrets for the

inconsiderate treatment shown to him and the nightmare that ensued.

As he wrote, you have only one chance to make a first impression. I hope he gives us a second chance to create a favourable second

impression which hopefully will last longer than the first.

- Alan Jones, Cedars Motel, Princeton

(Editor's Note: We have passed this on to Mr. Harris).

Fire season far from over

The Province will continue its vigilant enforcement of the campfire bans, Forests and Range Minister Pat Bell reminded British Columbians last week in his weekly Provincial Fire Briefing.

"Although the weather is giving some crews a break in parts of B.C., our enforcement of fire restrictions will not diminish," said Bell.

"In fact, we're doubling the patrols that will be out compared to the previous weekend."

Between August 6 and 12, officers issued 43 tickets, and also discovered 30 abandoned campfires. The tickets were for \$345 each. More than 240 staff from the Ministry of Forests and Range and the Ministry of Environment covered more than 40,000 kilometres on patrols around the province, enforcing campfire bans and other restrictions. Ministry officials spoke to 3,756 people and, in addition to enforcing campfire restrictions, instructed 53 people to douse open flames such as candles and tiki-

torches.

Under the Wildfire Act, penalties for causing a wildfire, even accidentally, can range up to \$1 million and three years imprisonment, in addition to liability for costs and damages.

"Even though the weather has been cooler and damper in the last week, a short spell of dry weather can easily put us right back where we were a few weeks ago," added Bell.

"Each British Columbian must understand the danger a campfire in these dry conditions brings to human life and property."

The 2009 wildfire season has been one of the most active and dangerous in recent memory. There have been more than 2,400 fires to date, 530 more than at the same point in 2003.

The public reports nearly half of all wildfires in B.C. Please continue to report smoke and flames by calling toll-free 1-800-663-5555 or *5555 on most cellular networks. For the latest information, visit <http://bcwildfire.ca>.

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We can't wait to see the completed Town Square! Here's one of the flower beds along Vermillion Avenue. *

..... continued from Page 9 tongue off!"

"Podunk knew one try was enough to keep us from the bottle!"

Podunk Davis is most noted for his persistence in searching for, and eventually finding, Nurse Warburton who became lost while trying to hike the trail from Hope to Princeton in August, 1926. She was lost and had almost given up hope of ever being found, except for Podunk's persistence. He found her in Paradise Valley on September 27th, 1926 and was awarded a medal for his bravery by The Humane Society that was later presented to him at a public ceremony in Princeton by BC Premier John Oliver.

So how did Willard Albert Davis earn his nickname in the first

place?

It was on that 1886 trip back west to his family in Whatcom that he stopped at a small unknown town. In those days, as was many other places, the railway was the town centre and most buildings would be built parallel to the tracks and store fronts maybe 100 feet back. There would be sidings to load cattle and goods to and from the freight cars. An almost standard piece of equipment was a one-at-a-time ramp for loading and unloading cattle. This was moved by hand, taking perhaps four men to lift it into position and had a steep slope with a long solid floor.

Willard, then a young and rather handsome young man, had made friends with an attractive young lady and was making love to her on

the loading ramp when they heard voices approaching. They both remained very quiet when two men sat down on the ground under the ramp and started to discuss how to rob the local jewelry store. Willard and his friend heard all the conversation, but they were very careful not to move until the would be robbers were clear away.

He then got a posse of men and told the story of the robbery which was to take place when a train had slowed to pass though the town. The robbers would then "hop" the train and be miles away before the robbery was discovered. However, the posse was ready, catching them red-handed with the stolen goods and subsequently charging them.

Then the question was asked "How did Willard know about the planned robbery and getaway?" He couldn't tell about the real circumstances and the young lady, who was the daughter of a prominent town citizen, wasn't going to talk about it either!

At that time there was series of paperback detective stories publications about a successful fictitious detective called "Podunk". Any time Willard was asked how he found out about the robbery he would answer "Just call me Podunk!" The nickname fitted so ever-after it was always the same when he met someone new, they were always told "Just call me Podunk!"

Willard Albert "Podunk" Davis died in Princeton Hospital, having been admitted on August 30th, on October 27th, 1943. He had been in failing health for a longtime, but it was only after great pressure that he finally consented to accept the care and comfort that the hospital could offer, rather than the rugged life of his ranch. He was 84. His philosophy is best summed up in his own words "I've had a good time. Life owes me nothing."

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Have you seen the new look Cenotaph at night? It's worth the trip to see it! *

MP speaks out on genetically modified foods

A new genetically manipulated variety of corn will soon be in use in foods in Canada but the potent new technology behind it, 'SmartStax', was approved without undergoing an assessment of its health and environmental impacts. A moratorium should be placed on approvals for new varieties of GM seeds until a comprehensive review of the entire regulatory system is undertaken, says New Democrat Agriculture Critic Alex Atamanenko (BC Southern Interior).

"The Creators of 'SmartStax', Monsanto and Dow AgroSciences, are in the enviable position of having a government that is both their champion and their regulator," said Atamanenko. "As long as this conflict of interest continues there is no way to be assured that the pursuit of profit won't trump the precautionary principle, and the way SmartStax has been approved is a prime example."

SmartStax, so called for having genetically combined six insect-resistant (Bt) and two herbicide-resistant traits in one seed, was approved without independent scientific studies by either the government or the companies involved. Other Monsanto GM corn varieties, such as MON 810, still available in Canada, have been banned in several countries, following health and environmental concerns raised by independent scientists.

"Given the unintended consequences that can arise from the use of these technologies, the government must act responsibly and rescind approval for SmartStax immediately," added Atamanenko. "A moratorium on new GM seed varieties is the only way to ensure

that Canadians are not being exposed to dangerous compounds until a comprehensive review of the entire regulatory system is undertaken."

During cross-country consultations as part of his "Food for Thought Tour" Atamanenko heard a great deal of concern about Monsanto's increasing control over the seed market, and apparent lack of concern for public health.

"In the last Parliament an opportu-

Letter To The Editor

Traveler says 'thanks'

To The Editor:

On August 11th my wife and I were returning from a trip to the coast when just east of Princeton we had a somewhat spectacular tire blow out on our Honda.

Behind us were two couples on motorcycles. When the tire blew they quickly stopped and within minutes these two good-natured

nity was lost to enable Canadians to avoid GM foods when the Conservatives and Liberals voted against Bill C-517 to require mandatory labeling," noted Atamanenko. "Disturbingly, the government continues to move mountains on behalf of corporate interests and seems to see no problem with forcing genetically modified food onto the dinner plates of Canadians who wouldn't knowingly touch them with a ten-foot pole."

men had our tire changed for us. As a retired couple in our 70s this was much appreciated.

One couple was from Princeton and the other from Golden. How's that for a 'random act of kindness?' Thanks so much to Princeton's biker folks!

- Russ and Donna Garward, Penticton

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