

Volume 12 Issue 34 #593 ISSN 1712-090X

Tuesday, August 25, 2009

Members of Quicksbottom Morris dance on Vermilion Avenue during the Traditional Music Festival.*

RCMP bust two grow-ops near Hedley

Princeton RCMP spent two days harvesting a total of 475 pot plants from two locations near Hedley last week.

Sgt. Mike Savage put it this way in a news release: "On August 18th Princeton RCMP attended to Crown land near Hedley where they harvested 250 marihuana plants from one site. On August 19th Princeton RCMP returned to the same area and located and harvested yet another 225 plants from another illegal grow operation site."

What tipped off the RCMP? Alert residents in the area who reported "unusual vehicle activity."

Police say they are continuing their investigation into the illegal grow-ops.

"Total value of drug seized is in excess of \$450-thousand," Sgt. Savage adds.

RCMP remind you that if you see unusual vehicle activity in the backcountry you are requested to contact either the Princeton Detachment or CrimeStoppers.

Mitsubishi closes on purchase of 25% of Copper Mountain Project

Copper Mountain Mining Corporation ("CMMC" or the "Company") reported August 20th that Mitsubishi Materials Corporation ("Mitsubishi") have now closed the purchase whereby Mitsubishi acquired a 25% interest in the Copper Mountain Project ("Project"), located near Princeton, BC

The Project is an open pit porphyry copper mine that operated from 1972 to 1996 and over its life produced 1.74 billion pounds of copper, 730 thousand ounces of gold and 9.1 million ounces of silver. The current resource is estimated at 5 billion pounds of copper at a 0.15 % Cu cut-off. The resource estimate incorporates data from over 4,400 historical drill holes totalling approximately 400,000 metres, and 370 new drill holes, totalling 107,000 metres from the Company's 2007 and 2008 exploration programs.

To date, site activities have continued on schedule and were funded by the Company's equity contributions and a \$28.75 million line of credit from Mitsubishi. This line of credit has now been fully repaid. Long lead items have been ordered with the SAG and ball mill manufacturing well underway to maintain the target production schedule for mid 2011. Detailed engineering is progressing and site geotechnical excavation for the concentrator is now complete. The office and warehouse complex is now fully functional with power, heat, water, telephones, internet, and sewerage. The Company plans to start pouring concrete foundations in September 2009 in preparation for a very busy Spring 2010 construction schedule.

The Company has approximately 20 employees currently engaged at the site. It is estimated that the Project will provide employment for 200 construction workers at its peak and the ongoing operations will create 257 full time positions. Over the 17 year life of the Project, it is estimated that the mine will produce 1.47 billion pounds of copper, 452,000 ourices of gold, and

4.5 million ounces of silver.

About Mitsubishi Materials
Corporation:
- Established in 1950, Mitsubishi is

one of the world's largest diversified materials companies. In addition to being a leader in metal smelting and refining, cement products and fabricated metals – notably Advanced Materials Tools – Mitsubishi is also a major supplier of Electronic Materials Components.

Mitsubishi has invested in 4 (four) copper mines now under operation, namely Los Pelambres, Escondida (both in Chile), Huckleberry (Canada) and Batu Hijau (Indonesia). Mitsubishi's high-level research and development programs are instrumental in enabling it to maintain its dominant position in key markets. Mitsubishi comprises 221 subsidiaries and affiliates in 25 countries, employing 21,224 people.

About Copper Mountain Mining Corporation:

- CMMC is a Canadian resource company managed by an experienced team of professionals with a solid track record of exploration and development success. The Company's shares trade on the Toronto Stock Exchange under the symbol "CUM". CMMC currently owns 100% of the 18,000 acre Copper Mountain Project, located 15 km south of the town of Princeton.

The Copper Mountain Project is a past producer of 1.7 billion pounds of Copper that closed in 1996, and therefore, there is significant devel-

oped infrastructure on site that the Company can build upon. The Copper Mountain Project has a current resource of approximately 5 billion pounds of copper and it is CMMC's goal to develop the Copper Mountain Project as a mid tier copper and precious metal mine to produce approximately 100 million pounds of copper per year by mid 2011. Additional information is available on the Company's web page at www.CuMtn.com.

More on

Princeton's Fall Fair offers an expanded menu this year. In addition to the usual concession fair of hamburgers and hot dogs, a special Ukrainian food vendor will be on site offering cabbage rolls, perogys and garlic sausage.

Thanks to Rockridge Canyon volunteers, there will be a barbecue at 4:00 PM on the first day of the fair.

The BBQ features burgers and corn on the cob, enough to feed 200. Tickets will be on sale at the gate on Saturday morning, first come, first served.

Princeton Car Club is going to be part of the Fall Fair this year. They plan to go on parade in downtown Princeton on Saturday morning, then will stop at Vermilion Court so residents can view the vehicles.

Fall Fair

On leaving Vermilion Court, the parade of 'collector' cars will go to Highway 5A and on to the fair-grounds by noon, where the club's cars will be on display until 5:00 PM.

ADVERTISING WORKS...

OR YOU WOULDN'T BE READING THIS!

Similkameen News Leader Phone: (250) 295-4149 1-888-350-9969 Toll Free Fax: (250) 295-4103

Similkameen News Leader



Back to School Section - Pages 25-27
Traditional Music Festival Photos - Pages 10/21/24

Weed of the Week: Hound's Tongue - Page 9

LUCUUU IRIO MEER

Canadian Publications Mail Agreement No. (1299263) • website: www.thenewsleader.ca • www.princetonbcnews.com

Published Weekly in Princeton, BC by Bengel Publishing Inc. 226A Bridge Street, PO Box 956, Princeton, BC V0X 1W0 Phone: (250) 295-4149 • 1-888-350-9969 • Fax: (250) 295-4103

Fair offers big variety

From heavy equipment to having your tarot cards read, this year's Fall Fair offers a little something for everyone, courtesy of a big group of vendors.

There is a booth for Herbal Life, special Olympics, western items for sale, and flooring and carvings from Thailand. Shirley's Arts and Crafts has a booth, and Shirley is giving painting demonstrations for youngsters.

Whisper Ridge Country Store is doing sales, along with Le Barn Crafts and two other vendors feature western and general merchandise.

Douglas Lake Equipment is on site for those who like to look at big machines.

FortisBC is doing a demonstration, there is an air conditioning vendor, and a horse therapy booth. A vendor offers handmade soap, another sells jewellery, another sells ice cream, and another sells mini donuts. If you like ATV's, you will see some of those at the fair, along with many information booths, such as Vermilion Trails, the weed information booth, and the local sawmill union offers raffles and prizes in their special booth.

Vendors give those attending the fair a bigger variety of things to see and do.

There are more signing up for space every day, so this is just a partial list of vendors.

Auction action grows

The Fall Fair has its own special vendor booth at the end of the fair. The Fall Fair will feature a lot of fruit and vegetables this year thanks to the generosity of Keremeos fruit stands.

They have donated three times as much this year as last year, so the auction at the end of the fair should be really outstanding.

The auction is held after 3:30 PM on Sunday and is another fundraising activity of the Fall Fair.



It's empty now, but imagine the Appaloosa Band on stage, dancers on the new floor, and the stars shining overhead: Fall Fair Saturday night August 29. Photo: Dawn Johnson

PXA builds dance floor

Something new has been added at the fairgrounds, just in time for the Fall Fair and bull riding finals. Princeton Exhibition Association has put in a concrete dance floor in front of the stage in the refreshment garden. This will make a big difference for the folks who like to kick up their heels when the band is playing. At the Fall Fair, the Appaloosa Band will be playing from 5:00 PM to 10:00 PM. Saturday evening, and those who want to dance can try out the new floor.

We're different, and we like that.

Similkameen News Leader

PRINCETON Princeton Town Hall News

PRINCETON CENTENNIAL POOL



Session G Swim Lessons August 24—September 3 Evenings

Canadlan Swim Patrol—for kids who are ready to go beyond learn to swim, Swim Patrol training puts good swimmers on the ramp to lifeguarding. For 9-12 year olds with Red Cross Level 7

Rookie Patrol August 24— September 3



Call 250-295-6535 for more information or to register

LABOUR DAY OFFICE CLOSED

Princeton town hall will be closed Mondayn September 7th for the Labour Day holiday. We will resume normal hours on Tuesday, September 8th.

REQUESTS FOR EXPRESSIONS OF INTEREST

TOWING AND VEHICLE STORAGE SERVICES

The Town of Princeton is seeking Expressions of Interest and Qualifications from firms that can provide a reliable and efficient towing and vehicle storage service within the Town of Princeton.

Issue date: August 25th, 2009

Closing location:

The Town of Princeton

169 Bridge Street

Princeton, B.C. VOX 1W0

Attn. Patrick Robins

Closing date and time:

The deadline for submission of Expressions of Interest and Qualifications is September 8th 2009.

For more information, please contact Patrick Robins, Chief Administrative Officer directly at (250) 295-3135.

PRINCETON 150 COMMITTEE

The Princeton 150 Committee wants to learn more about activities or events that local groups are planning for Princeton's 150 Anniversary year during 2010. Our committee is applying for a large 150 Anniversary Grant that can include festival/celebration activities throughout the year with a deadline for submission in September 2009. A Princeton 150 calendar is also being developed that will highlight all of Princeton's events throughout the year that will be available in the community for Christmas. Please call Nadine at 250-295-6067 to discuss your activity or event as soon as possible

Princeton is featured on www.PictureBC.ca. Check it out

RIVERSIDE THEATRE

Let's Go To The Movies!

Riverside Theatre will be showing pre-released movies biweekly beginning again this Friday. Enjoy the show with movie snacks from our Loonie Concession.

X-Men Origins:Wolverine



Hugh Jackman reprises his role as the fierce fighting machine, who possess amazing powers. This movie tells the story of Wolverine's epically violent and romantic past, his complex relationship with Victor Creed and the ominous Weapon X. Several appearances by X-Men legends happen throughout the movie. Rated: 14A

Doors Open at 6:30 pm \$5.00 at the Door Friday, August 28 Riverside Theatre 148 Old Hedley Road Call 250-295-6067 to learn more

TAKE THE HEALTHY LIVING CHALLENGE AT WWW.ACTNOWBC.CA

Tell the world how individuals and organizations in your community are making a difference in supporting sport, healthy living, sustainable development and the Olympic Games spirit. Later this year, three B.C. communities will be picked as the gold, silver and bronze GamesTowns and will receive funds to put towards sports or healthy living facility improvements of their choosing. Many other great prizes, including tickets to the Winter Games will be awarded along the way.

BRITISH COLUMBIA

PROFESSIONAL BULLRIDERFINALS

Stock: C+ Rodeo - West Coast Thunder Drill Team

ADMISSION:

\$15 Adults 2-Day Pass - \$25

\$10 Students 2-Day Pass - \$17

\$10 Seniors 2-Day Pass - \$17

Children 12 & Under FREE





Top 20 BC Bull Riders

> 2 Rides Saturday 2 Rides Sunday

WINNERS: Best Scores of the 4 total rides

Announcer: Dave Poulsen - Clown: Dennis Halstead

1:30 PM September 12th & 13th PRINCETON FAIRGROUNDS

Saturday Night BBQ / Wingding

BBQ Tickets: \$20.00

For More Information Call: (295-4084)

WILD HORSE RACE LADIES JACKPOT BARREL RACING

REFRESHMENT GARDEN / CONCESSION

Similkameen Sizzle **News & Information** www.gotpeppers.info

Keremeos.net

(Keremeos on the web)

Web page design • POP3 e-mail accounts Desktop publishing • Computer repair and servicing Computer tutoring • CD creation Custom graphic artwork and logos • photographic services

Bryan - webmaster@Keremeos,net

Harvest Moon

HARVEST FESTIVAL Saturday, October 3
WINE TASTING - APPETIZERS

MEET AND GREET OUR LOCAL GROWERS

HARVEST REPORT ON HARKERS ORGANICS

PULLING OFF FIELDS: Canning Tomatoes READY FOR CANNING: Fresh Peaches PICKING: Melons, Super Sweet Corn HARVESTING PEARS THIS WEEK

DEVELOPMENT OF A PEST MANAGEMENT PLAN

Application No: TGI-ROW-2009

Applicant: Terasen Gas Inc. 1975 Springfield Road Kelowna BC V1Y 7V7 Tel: 250-868-4519

Agent: SMC Consulting 1582 Lawrence Avenue Penticton BC V2A 3C1 Tel/Fax: (250) 492-6193

The purpose of the proposed Pest Management Plan (PMP) is to manage vegetation on pipeline rights-of-way and roads within the Terasen Gas Inc. service area, which is located in proximity to the communities of Ellcford, Sparwood, Fernie, Elko, Cranbrook, Kimberley, Skookumchuck, Yahk, Creston, Salmo, Fruitvale, Trail, Nelson, Castlegar, Rossland, Christina Lake, Greenwood, Grand Forks, Midway Osoyoos, Oliver, Keremeos, Hedley, Princeton, Kingsvale, Okanagan Falls, Penticton, Summerland, Peachland, Westbank, Kelowna, Winfield, Coldstream, Lumby, Vernon, Enderby, Salmon Arm, Revelstoke, Sorrento, Armstrong, Chase, Kamlooj Merritt, Logan Lakee, Savona, Ashcroft, Cache Creek, Clinton, Horse Lake, 108 Mile House, Lac La Hache, Williams Lake, Kersley, Quesnel, Hixon, Buckhorn, Prince George, Summit Lake, Bear Lake, Mackenzie, Chetwynd, Hudson's Hope, and all of the Fraser Valley and the Lower Mainland, excluding Vancouver Island, Sunshine Coast, Texada Island, Squamish and Whistler.

The pest management methods proposed for use include mowing, brushing (slashing), frilling (girdling), grooming, pruning, and the use of pesticides (including a biological control agent). The use of pesticides is intended within the area to which the PMP applies. The common name and trade name of the pesticides proposed for use under this plan include: the fungus, Chondrostereum purpureum (Chontrol), glyphosate (Roundup, Roundup Weathermax, Glyphos, Vantage or Vantage Plus) and triclopyr (Garlon 4 or Garlon Ultra). Application methods include: wick/wipe-on, cut surface, basal bark, injection and backpack foliar applications.

The proposed duration of the PMP is from November 2, 2009 to November

A draft copy of the proposed FMP and maps of the proposed treatment areas may be examined online at www.terasengas.com/pmp or by contacting the Agent listed above.

"A person wishing to contribute information about a proposed treatment site, relevant to the development of the pest management plan, may send copies of the information to the applicant c/o SMC Consulting, Agent, at the address listed above, within 30 days of the publication of this notice."



The Terasen Gas name and logo are trademarks of Terasen Inc.

terasengas.com

were adopted, some additional tasks were included in the motion

A September 5th Harvest Dance will kick off the year's activity around the Cawston Community Hall. It's a fundraiser for hall improvements.

Here are the Village of Keremeos

'Media Highlights' from the

August 17th regular meeting of

- A public hearing was held to hear

from anyone who believed their

interest in property may be affect-

ed by the proposed rezoning of the

former RCMP property from

Public Institution to Duplex

Residential. There were two letters of support and one person

spoke at the hearing in support of

The minutes of the Special

Meeting held on August 5, 2009

were considered, and before they

relating to upgrades to the Spirit

Square areas in Memorial Park.

Hall hosts

the proposed rezoning.

Council:

A new local band called Infusion will set the tone for a family evening. Those attending are invited to bring to share some finger food and a non-alcoholic bev-

Musicians with Infusion are Destin Lydiatt, Kaaaly Levan, Abul, James Duperron, Kasper Messerli and Rob Robertson.

The Cawston Community Hall has been the hub of Cawston community life for the past 87 years since it's founding in 1922. The hall society operates the hall, a large park and playground area as well as the Cawston Community Cemetery.

Improvements being considered

It was agreed that brick work be installed around the perimeter of the Cenotaph to make it more accessible, that a drinking fountain be installed at the north edge of the water park, and that the large amenities/map sign be updated.

- A local business owner requested relief from his property tax penalties - Council denied the request.

- The assistance given by the Keremeos Volunteer Department for motor vehicle incidents was discussed. It was noted that while the Fire Department does get some compensation, it is not enough to cover their costs. Council agreed to request a meeting with the appropriate Minister at UBCM to discuss additional compensation

fundraiser

by the Hall Society Board include placing a sheltered portico at the front of the hall, rebuilding the bar and storage area, renovating the heating system for the Women's Institute Room, kitchen and washrooms. Some preliminary sketches of these plans will be on view at the September 5th dance.

Memberships in the hall society will also be available at the Harvest Dance. A Full membership costs \$2 per year and is open to residents of RDOS Area B. There are also associate memberships for out of area residents.

Admission is \$10. Kids attending with a grownup are admitted free. Doors open at 7:00 PM and Tickets are available at The Cawston Marketplace, Keremeos Pharmasave and Similkameen Agencies.

- The 2009 Budget Variance report as at June 30, 2009 was considered by Council. The report explained that interest revenue and building permit revenue were lower than originally anticipated when the budget was passed. Some budgeted expenditures have been adjusted and it is anticipated that a small surplus will result at the end of the fiscal year.

highlights

- Council discussed the report to increase the fees for Development Permit Applications. The fee has not been reviewed for over 10 years, and the current \$150 does not cover the costs of administering the applications. Council agreed to increase the fee to \$400 per DVP and to cease advertising the DVPs in the newspaper as this is not a statutory requirement under the Local Government Act.

- Council discussed the issue of servicing standards outlined in the Village's subdivision bylaw and agreed that staff should include some provisions for cash in lieu of some standards in certain development circumstances. detailed provisions will come forward when the Subdivision Bylaw

- Council discussed the rental fee for the new kitchen that is now operational in the Information Centre building in Memorial Park. The former 'cook shack' rental fee was \$35, and Council agreed to increase the rental fee for the new kitchen with its newer and better amenities, to \$75.

- The Official Community Plan and Zoning amendment bylaws for the former RCMP property now privately owned were each given third reading.



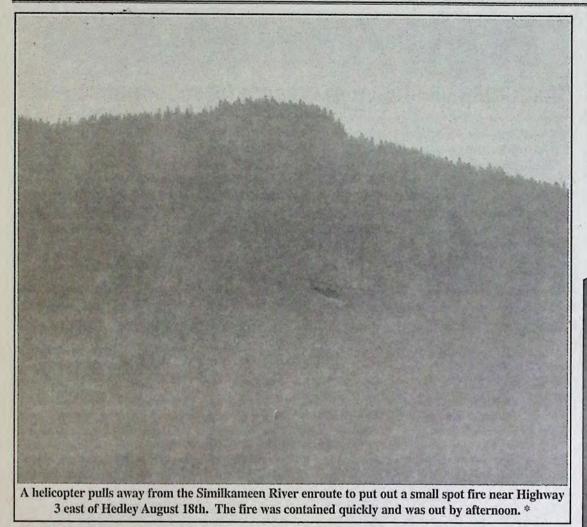
The grand entry at the Saturday night LSIB Powwow performance August 22. Photo: Brenda Engel

it! The Fall Fair is going to host a

watermelon eating contest this

weekend. If you're a big eater,

leave some room for watermelon.



Kids will love the Fair!

The Fall Fair this weekend is going to be a great place for kids. There are all kinds of animals for them to see at this year's fair, in addition to the kid's playground and the pet parade.

There are horses, as well as the horses doing the hay ride. There are miniature donkeys, llamas, alpacas, cows, rabbits, chickens, sheep and goats. Most children live in a town these days, so having the opportunity to see farm animals is an adventure for them. When taking your children to see the animals, they may have the opportunity to pet some of them. A hand washing station will be set up near the livestock pens. Be sure to have your children wash up before going elsewhere, and be sure to tell them not to put their hands on snacks or in their mouths before washing up.

Bike parade

Youngsters have the opportunity to decorate their bicycles and parade them at the Fall Fair on Sunday at noon. Their will be prizes awarded for the best decorated bikes in all age categories for both boys and girls.

·Family challenge

Who can create the best scarecrow? That's the challenge at the Fall Fair and there are big prizes. First prize is \$100, second is \$50 and third is \$25. This is a people's choice award. Be sure to enter your family's scarecrow in this contest.

How much melon can you eat? So you think you're a big eater? Now you have a chance to prove

Heat turns up on Sizzle

The Similkameen Sizzle Committee met August 19th to further confirm plans for the upcoming September 19th Pepperfest.

A total of \$3,350.00 in sponsorships have been committed with that total expected to jump before the end of the month.

A newly-designed t-shirt will be available this year with an updated look. Both mens and ladies styles will be available by the end of August.

Four tickets to the Brooks & Dunn October 16th concert in Penticton will form part of a prize package being developed for a fundraising raffle.

The plan is to partner the concert tickets, valued at \$650.00, with a meal and one night's accommodation to increase the value of the prize to \$1,000.00. Tickets will go on sale this week.

The Similkameen Sizzle website will be going through some changes to incorporate the new direction of the event. Those changes are expected to be finalized soon.

For more information on this year's pepperfest or to become a volunteer visit this website: www.gotpeppers.info or give Similkameen Country a call at (250) 499-5225.

www.gotpeppers.info

www.thenewsleader.ca

SINCE 1973

ROBERT R. WICKS

213 Vermilion Avenue, P.O. Box 760 Princeton, B.C., V0X 1W0 Fax: 295-7000 Phone: 295-3123

BEWARE!

THIS COULD HAPPEN TO YOU

Sue had a service and Bob had a business.

They both decided to advertise in the News Leader.

Funny thing happened...both of their businesses saw an increase in business.

Advertising works. Call us for details.

NOUS LOGIOF

Phone: (250) 295-4149 - 1-888-350-9969 Toll Free

44th Annual

Princeton & District Agricultural

Fall Fair

August 29 & 30 Princeton Fairgrounds

Fun for the whole family!

FEATURING THE APPALOOSA BAND

Saturday Night and 'ELVIS' with the Band on Sunday

LOCAL TALENT SHOW WINNERS BOTH DAYS

Pancake Breakfast - Hay Wagon Rides - Dancing Dog Show - Quilt Show
Exhibits of ALL kinds - Children's FREE Play Area - Climbing Wall
Scarecrow Contest - Silver Cloud Peruvians Show - Horseshoe Tournament
Refreshment Garden - Pet Grooming Demo - Watermelon Eating Contest
RockRidge Canyon BBQ (Saturday Night) - Horse Massage - BINGO
Food Concessions - Lots of Vendors - Fortis Demonstrations
Cowboy Church (Sunday Morning) - Pet Parade - Decorated Bike Parade
Special Awards and Auction Sunday - Gate Draws - G.O.A.T Draw

Gates Open 9:00 AM Daily DAILY ADMISSION:

*8.00 Adults - *5.00 Students/Seniors - Children 6 & Under: FREE



Norman Siding Tree Service

CERTIFIED - INSURED - EXPERIENCED CALL FOR ESTIMATE CLEAN-UP AVAILABLE

(250) 295-4123 CELL: (250) 295-2555



PRINCETON PLAZA PARKING LOT

NEED TO ADVERTISE?

A DISPLAY AD THIS SIZE WILL COST YOU

Newspaper Advertising is NOT expensive!

WE'RE DIFFERENT, AND WE LIKE THAT. Phone: (250) 295-4149 • 1-888-350-9969 Toll Free

COULD HAPPEN TO YOU Jim owns a local business. Sales were down. He decided to advertise in the News Leader. He sold lots of inventory. Advertising works. Call us for details. Phone: (250) 295-4149 - 1-888-350-9969 Toll Free

Health / Lifestyle Ne

Black cohosh shown to be safe for menopause relief

(NC)-When women were told in most researched herb for the treat-2002 that hormone replacement therapy (HRT) increased their risk of heart attack, stroke and breast cancer, it sent them looking for safe alternatives to treat menopause symptoms and many discovered the herb black cohosh.

Now women are being told black cohosh isn't safe either, that it's estrogenic and disrupts hormones.

Black cohosh is not estrogenic and has no effect on hormones. It is the

ment of menopause symptoms and has been shown to help reduce or eliminate hot flashes, profuse perspiration, night sweats, headaches, PMS, painful menstruation, sleep disturbances, thinning of the vagina, vaginal dryness, nervousness, irritability and loss of concentration.

A study published in the March 2003 issue of the gynecological journal, Maturitas, showed that black cohosh helped reduce the symptoms of hot flashes and night sweats in women with estrogen receptor positive breast cancer taking the drug tamoxifen. The researchers stated black cohosh is a safe, effective treatment for hot flashes in those women studied, proving black cohosh is not estrogenic.

Look for a menopause formula at your local health food store that contains black cohosh-it is safe and effective. - News Canada

Be prepared for fun — and safety — when camping or cottaging with the kids ointments and allergy medication.

(NC)-Enjoying a summer long weekend or extended trek to cottage country with your kids can be a fun and memorable experience for the entire family. Make sure your first trip is even more enjoyable with these top tips:

Pack and plan together: Let the kids help pack the gear, shop for meals, and decide on what activities they'd like to try.

Be prepared! Bring extra clothing, shoes, and a "preparedness pack" with sunscreen, insect repellent and first aid supplies such as bandages, Insect bites and poison ivy are all too common no matter whether you're hiking the woods, relaxing on the dock or playing games in the yard. Packing an antihistamine made especially for kids will help soothe minor to moderate allergic reactions quickly. Benadryl offers a number of kid-friendly choices, including Benadryl Meltaways that dissolve in the mouth and an itch stick and spray that can be used to relieve pain and itching.

If you're camping, try backyard

camping first: Sleeping outside away from home can be scary for little kids, so try camping out in your backyard overnight before planning an extended stay in the great outdoors.

Anticipate a rainy day: Pack favourite board games and seek out nearby indoor attractions in case of inclement weather.

Create lasting memories: Don't forget to pack the camera, and encourage your kids to keep a journal or start a scrapbook about the experi-- News Canada

New osteoporosis treatment offers proven fracture protection and added convenience

(NC)-Canadians with postmenopausal osteoporosis have a new treatment option that provides proven protection against fractures, with a convenient, once-a-month dosing regimen. Actonel 150 mg is the first and only once-a-month dosing option available in Canada for the treatment of postmenopausal osteoporosis.

"Many of my osteoporosis patients have asked me about the availability of a once-a-month dosing option," says Dr. Rick Adachi, Professor, Department of Medicine, Michael G. DeGroote School of Medicine, St. Joseph's Healthcare -McMaster University. "For those

women who lead active lifestyles and who want to simplify their dosing regimen, Actonel 150 mg is an ideal option because it is conve-

The new Actonel 150 mg may be an attractive option for patients looking for fracture protection with the convenience of a once-a-month

dosing regimen.

"I'm very excited about the new once-a-month dosing option because it will make my life simpler," says osteoporosis patient Anne Wolf. "I have made a commitment to take charge of my osteoporosis and this will be a good fit with my lifestyle."

Living Past 100

Perk Up With Peppers

This is the season when fresh green peppers are available at fruit stands. There is a big difference between field ripened peppers and the winter hothouse variety. You can smell the difference. Take a fruit stand green pepper, put it up to your face and inhale. Peppers smell great!

Sweet peppers, whether green, orange or red, have been shown to fight cataracts and heart disease. Because they are not hot like some peppers, you can eat a lot of them.

Sweet peppers contain high levels of Vitamin C, and the redder the pepper, the more beta-carotene it contains. Beta-carotene is known for its health benefits, and is found in broccoli and leafy green vegetables. If you are not keen on broccoli, maybe you should switch to peppers. Beta-carotene keeps the immune system healthy, and fights free radicals, which are believed to cause heart disease and cataracts.

When it comes to soaking up Vitamin C, sweet peppers contain twice as much as an orange.

If you are not accustomed to eating peppers, here are a few tips on what to do with them: you can put them raw or cooked into a sandwich, you can sauté them lightly, you can put them into a stir-fry, or you can chop them and add them to a salad. Of course, eating them raw preserves all of the Vitamin C and beta-carotene. Never overcook a pepper – you will destroy the Vitamin C.

If you want just the taste, they add a nice touch to soups and stews.

Peppers are easy to freeze. Wash and dice the pepper, then put the diced pepper onto a cookie sheet covered with waxed paper. Freeze. When frozen, put the peppers into plastic bags or containers. This is a great way to have peppers for soups, stews and stir-fry in the winter.

Buy peppers in bulk at fruit stands for freezing. In September, peppers are at their lowest price, and buying in bulk means getting a real bargain. NOTE: Some people who suffer from rheumatoid arthritis find their condition is aggravated by the consumption of peppers.

Advertising?

We've Got Your Space!

Phone: (250) 295-4149 1-888-350-9969 Toll Free Fax: (250) 295-4103



Invasive Plant Alert

Hitchhiker Weeds

by Lisa Scott

Some readers may have attended the recent invasive plant field tour of the Princeton area. We had a great turnout and had the opportunity to discuss a variety of species that are prevalent in the area. Hound's-tongue (Cynoglossum officinale) was one of the species that was highlighted.

Unfortunately this invader is rather abundant in the Princeton area, although as we learned, help is on the way.

Hound's-tongue harbors an abundance of viable seeds that are waiting for an opportunity to spread far and wide. This invader uses a unique mode of seed dispersal that entails hitching a ride on passing humans, wildlife, livestock and pets. You may recall my recent article on burdock, which has a similar mode of spread. These weeds have been aptly nicknamed hitchhiker weeds. Most Princeton residents are probably all too familiar with the small tear-shaped seeds of hound's-tongue, which readily attach to fur, clothing and footwear.

This Eurasian biennial invades rangelands, pastures, cut-blocks, disturbed habitats, ditches, stream banks and roadsides. In Princeton, hound's-tongue is common in low to mid elevation grasslands and forests, as well as creek side (riparian) areas with moist, fertile soils and high nitrogen content. Once established, hound's-tongue has the potential to out-compete native vegetation, negatively impacting wildlife habitat and livestock rangeland. Hound's-tongue plants are toxic and may cause liver damage in grazing animals, especially horses and cattle. The seeds can also irritate skin and stress livestock, resulting in reduced sale values and potentially increased veterinary costs.

Many people are not familiar with this plant in its first-year stage, when it exists as large tufts of low growing leaves. Hound's-tongue has distinctly tongue-shaped leaves, musky purple flowers and grows from 0.3 to 1.2 metres (1 to 4 feet) tall. Plants bolt and flower during their second year. Seed production begins shortly after flowering, typically yielding 2,000-4,000 seeds per plant.

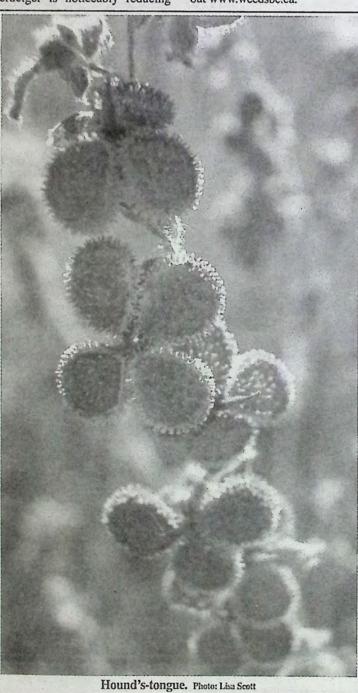
Because hound's-tongue reproduces entirely by seed, control efforts should be directed towards reducing seed output and preventing dispersal. You can help by checking clothing and pets when moving between weed-infested and weed-free areas. Ensure that seeds remain in the affected area. Landowners can also help by reducing soil disturbance and maintaining healthy lands with a vigorous population of desirable

plants to provide ground cover. Disturbed soils should be re-seeded as soon as possible to provide competition and prevent invasive plants from establishing.

Effective control of hound'stongue is highly dependent on stage of growth. During its first year of growth, the growing tissue must be removed which means the top 3 to 4 inches of the roots must be dug-out. The taproot functions to store nutrient and energy reserves until the plant is ready to bolt the following spring. If plants have bolted and are blooming, there is no need to dig up the roots. Instead, at this stage, plants may be cut as close as possible to the ground. At this time of year when seeds are present, plants should be carefully clipped and bagged, then taken to the landfill. Composting will not necessarily kill the seeds, so plant material should be buried. For large infestations, we are fortunate to have access to a very effective biological control agent or natural insect enemy. A small oval-shaped and blackish brown beetle referred to as Mogulones cruciger is noticeably reducing

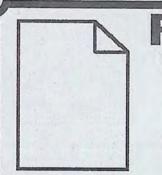
populations of hound's-tongue throughout the Southern Interior. The beetles were given their Latin 'species' name - cruciger - due to the white cross that is marked at the center top of the wing covers. Young beetles, or larvae feed primarily on the root; however, if food is short they will attack any part of the hound's tongue plant. Mature adult beetles feed heavily and reproduce throughout the summer months. The combined attack of the beetles at all their life stages decreases the plant's strength, as well as reproductive and competitive ability. As a general rule, biological control reduces weeds to a point where infestations are at a balance with their natural enemies, or from our point of view, a more environmentally and economically acceptable level. We have in fact established a site north of Princeton at Allison Lake where we are breeding this beetle, with the hopes of collecting and redistributing this insect beginning in 2010.

For more information on invasive plants, go to the regional district website www.rdos.bc.ca or check out www.weedsbc.ca.



STORE SUMMER HOURS: 9:00 AM - 9:00 PM Daily (10:00 AM - 6:00 PM Tuesdays) BOTTLE DEPOT SUMMER HOURS: 12 Noon - 6:00 PM Sunday, Monday, Wednesday, Thursday, Friday 10:00 AM - 6:00 PM - Saturday CLOSED - Tuesday 367 Highway 3





RESUME

NEED SOME WORK?

SEE BRENDA AT:

Similkameen News Leader 226A Bridge Street

Phone: (250) 295-4149 Fax: (250) 295-4103

NEED TO ADVERTISE?

A DISPLAY AD THIS SIZE WILL COST YOU

\$42.00

+ GST

NOUS LOAGOF

WE'RE DIFFERENT, AND WE LIKE THAT. Phone: (250) 295-4149 • 1-888-350-9969 Toll Free

Princeton Minor Fastball

BINGO

BONANZA Pre-Call First 48 #s 5:45 PM

LOONIE POT LIGHTNING BINGO PICK 8 - NUMBER 7,

3 Up: \$ 2.50 6 Up: \$ 5.00 9 Up: \$ 7.50

HELP SUPPORT THE BOYS & GIRLS OF MINOR FASTBALL

12 Up: \$10.00

BC Gaming Event License # 12778

Princeton Legion Hall Last Wednesday

Last Wednesday of Every Month 5:00 PM

5:00 PM Doors Open

We're different, and we like that.

Similkameen News Leader



C.J.M. Plumbing COMPETITIVE SALES AND SERVICE

New Fixtures Supplied and Installed Drain and Sewer Cleaning - Service Repair Hot Water Tanks - Hot Water Heating

Emergency Service Fully Licensed 295-7085 Dave Mack

SMI Computer Services

SALES - SERVICE - PARTS - GAMES
PC - NINTENDO - GAMEBOY - GAMECUBE - PLAYSTATION - DS - XBOX - WII



Visit our NEW downtown location!

117 Vermilion Avenue

(250) 295-6622 · Shawn Milner

IS IT TIME TO SUBSCRIBE TO THE NEWS LEADER?

Similkameen Valley Mail - \$35.75 (Seniors Pay Only \$31.75) ALL PRICES INCLUDE GST

Elsewhere in Canada Mail - \$53.80 (Seniors Pay Only \$48.80) ALL PRICES INCLUDE GST

CALL FOR DETAILS Similkameen News Leader (250) 295-4149



The Green Corner

Little drops, big ripples: winning water tips

(NC)—When a national survey conducted by Angus Reid Strategies on behalf of Purex Natural Elements laundry detergent showed that 91 per cent of Canadians believe that what you put down your drain has an impact on our environment, but that only 57 per cent of Canadians actually always thought about it, the company challenged Canadians to retrain their brains about what they were putting down their drains.

More than 81,000 Canadians submitted their tips for preserving our water system and a London, Ontario mom and a Scarborough, ON teacher are the winners in the national contest.

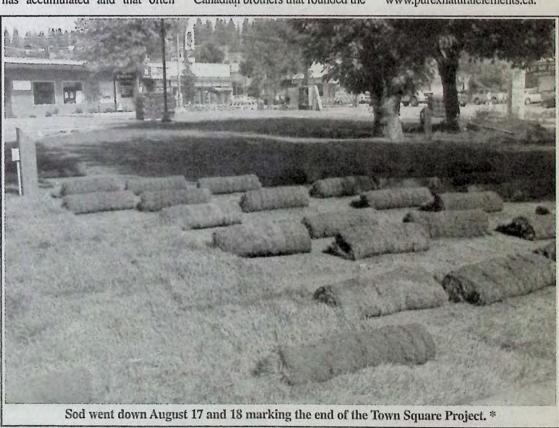
"Sweeping sidewalks and driveways instead of hosing them down prevents soil, grit and debris that has accumulated and that often contains contaminants from entering our water system and polluting our water," said Anna Given on London, Ontario, the family winner of a new top rated GE energy efficient, front-loading washing machine and gas dryer.

Suzanne Sholer, a Grade Two teacher at Mary Shadd Public School in Scarborough, ON submitted two great tips for her class: don't put garbage in open containers so that it doesn't blow into storm drains, lakes and streams; and don't dump art paint down the sink - let the paint dry in egg carton palettes and reuse it later. "My students really love to be able to take the leftover paint home with them," said Ms. Sholer. Her students have won a presentation by Craig or Marc Kielburger, the two Canadian brothers that founded the

Free The Children charity and the Me to We social enterprise.

"We were overwhelmed by the number of entries we received from right across the country," said Roxanne Gregory, brand manager, Henkel Consumer Goods Canada Inc. "Canada has more lakes than anywhere else in the world and we wanted Canadians to share their everyday tips to help protect this precious resource. We were looking for suggestions that were easy to do, practical and that could make a real difference."

For more tips on how you can help keep our water system clean, or to download resources for educating students about the connection between what goes down the drain at home and how it affects our environment, please visit www.purexnaturalelements.ca.



+

INCETON 1860 - 2 150 Years of Similkameen History Nick Mills - Princeton & District Museum & Archives

Sporting Memories



Blakeburn Senior Soccer Team, 1928-1929. Photo: Princeton Museum

In its past Princeton has always been able to boast a successful and diverse sports record, but Community sporting events have tended to rise and fall in tandem with the rise and fall of the fortunes of the area's mining industry.

An example of this is the game of lacrosse, so popular at the time that in 1913 a league was formed involving Princeton, Hedley and Keremeos. Records show that in 1914 a team from Hope travelled on horseback over the Hope-Princeton Trail to play Princeton who they promptly beat 6-3. Keremeos fared no better than their Similkameen neighbours losing 19-2 to the visitors! Unfortunately World War I intervened and after the cessation of hostilities in Europe the game was rarely again played in the Valley.

Baseball had boomed before the Second World War, but in the years immediately following Princeton Royals, so called because of the popular brand of beer brewed in Town, and who were coached by George Schisler, dominated the game throughout the Okanagan. In the three years 1946 - 1948 they played a total of 72 games of which they only lost 9! Such was their success that G. M. McGonagall, manager of the Hedley Gold Mine, imported an entire baseball team from Vancouver so that Hedley residents could claim bragging rights over their near neighbours. The game was scheduled to be played on July 1st, 1947 on the old Wallace field and over \$1,000 was wagered by spectators on the result. Needless to say, Princeton duly won!

The Princeton Royals also deserve some of the credit for securing present day Memorial Park for the Town's use as it was they who obtained the first lease of the ground from the Indian Band. This was later transferred.

Andy Stenvold headed a group of Scandinavians who built the first ski hill in Princeton. They put together the Princeton "A" hill. Having arrived from Phoenix, BC, where he had previously formed the Ski Club, this talented championship winning skier was, in 1924,

instrumental in forming the Princeton Ski Club which was active until taken over by the Amber Ski Club in 1941.

Great rivalry existed between the different sporting groups in Princeton, Keremeos, Hedley, Blakeburn and Copper Mountain, but the first time that local curlers competed for the Cole Cup was in 1930. Curling was played on natural ice and the bonspiels played on Copper Mountain are still remembered by some senior Town resi-... continued on Page 10



1931 Cole Cup Winners, from left, R. Arthur, Tug Wilson, H. H. Avery and H. W. Pattinson. Photo: Princeton Museum



HONDA

Equipment

Power



Mac's Auto Parts Ltd. 193 Vermilion Avenue, Princeton Phone: (250) 295-6944 Fax: (250) 295-7344

HOURS OF OPERATION: 7:00am - 5:30pm monday - Frida 8:00am - 5:00pm saturday

WATER PUMPS TILLERS - GENERATORS **SNOWBLOWERS**



www.ombudsman.bc.ca

Do you think you've been treated unfairly by a provincial ministry or public agency? The B.C. Ombudsman may be able to help.

The Ombudsman's staff will be in your community on the following dates, and are available by appointment to discuss your problem or complaint:

Princeton Sept. 14 Osoyoos Sept. 15

For info or an appointment, call (toll-free):

Sept. 16 Penticton Kelowna Sept. 17&18

1-800-567-3247

Princeton Area Ghost Towns - The DVD



INCLUDES GST

Available at: Similkameen **News Leader** www.thenewsleader.ca

Explore The History Of Mining - Gold, Copper and Coal

NEED TO ADVERTISE?

A DISPLAY AD THIS SIZE WILL COST YOU

Newspaper Advertising is NOT expensive!

We are the ONLY independent newspaper in the region and proud of it.

WE'RE DIFFERENT, AND WE LIKE THAT. Phone: (250) 295-4149 • 1-888-350-9969 Toll Free

TUCKER BACKHOE

Septic :

Septic Installations
R.O.W.P. Certified Septic Planner/Installer

Excavations Waterlines Foundations Landclearing Site Prep Landscaping

jcclarke@nethop.net

Daryl Clarke 250 293-6021

Jim Clarke 250-295-6558

Princeton Area Ghost Towns - The DVD



\$19.99 INCLUDES GST

Available at:
Similkameen
News Leader
www.thenewsleader.ca

Explore The History Of Mining - Gold, Copper and Coal

BEWARE!

THIS COULD HAPPEN TO YOU

Allan's business was going broke.

He decided to advertise in the News Leader and before he knew it, business picked up.

And he was able to use the cost of advertising as a business expense which helped his bottom line.

Advertising works. Call us for details.

Hays Loader

Phone: (250) 295-4149 - 1-888-350-9969 Toll Free

IS IT TIME TO SUBSCRIBE TO THE NEWS LEADER?

Similkameen Valley Mail - \$35.75 (Seniors Pay Only \$31.75) ALL PRICES INCLUDE GST

Elsewhere in Canada Mail - \$53.80 (Seniors Pay Only \$48.80) ALL PRICES INCLUDE GST

CALL FOR DETAILS
Similkameen News Leader
(250) 295-4149

Traditional Music Fest



The Billy Gals of Vancouver perform on stage in Vermilion Square Saturday, August 22. *



dents. Princeton's first curling rink was located on the left bank of the Tulameen. When the highway was re-routed and the new Tulameen Bridge was built, it encroached onto the curling rink grounds and it was necessary to relocate. George Schisler led a group of businessmen that spearheaded the erection of a new modern rink at the entrance to

the Town.

Over the years basketball has been played in various halls around Princeton. The game was first played upstairs at the White's Hardware hall, later changing to the Orange Hall where the roof was found to be too low! When the Orange Hall was finally condemned, basketball teams had to switch to Allenby to play their

games. Finally, when the new auditorium was built, home games were transferred to the old school situated on Vermillion Avenue.

Under the guidance of Jim Norman, Boxing had its heyday in the 1930's. He operated the barber's shop that was situated at the Brown Bridge end of Bridge Street and was later to serve as a Village Commissioner for many years. The present day Golf Club is a true Princeton success story, but the first golf course to be used in Town appears to have been situated at Allenby.

There have been many outdoor skating rinks in Princeton. One of the first rinks though was a covered one on Harold. In 1939 the rink was on the old school grounds, there was also an outdoor one situated on

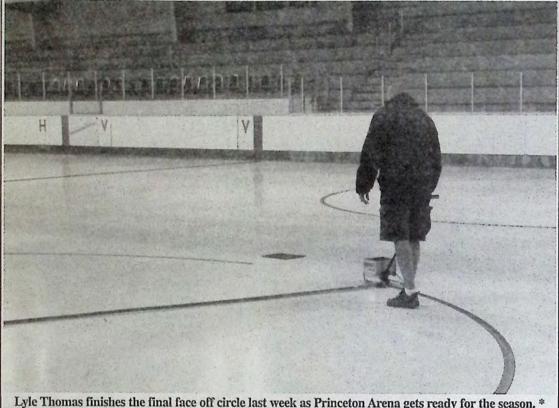
Allison Flats In the 1960's there was another outdoor rink on the North side of the Tulameen which was placed near the new silver bridge over the river.

Many sports in Princeton no longer receive the attention they once did, some having disappeared from view altogether or at least for the foreseeable future.

Indoor sports played have included badminton, basketball, bowling, curling, hockey, skating, rifle-shooting and bowling; the outdoor ones, lacrosse, hockey, skating, skiing, curling, hunting, fishing, trail-riding, gymkhana events, horse racing, swimming, golfing, tennis, baseball, soccer, softball, track and field events, even cricket! Over the years the long list seems endless!

News Leader

Similkameen News Leader TV Guide Listings - August 25 - 31, 2009



Posse prepare for start of season

With the ice in at Princeton Arena it can only mean one thing - summer is officially over.

Arena staff worked all through the weekend flooding the surface many times in an effort to complete the ice making process in time for the delayed Princeton Posse Try-Out Camp.

The camp, which was originally set for mid-August, will now take place this weekend from August 29th to

The delay was a result of the arena electrical renovations and upgrades taking a little longer than originally planned.

This season the Posse will play on ice at Princeton Arena covered in a total of eleven corporate sponsor logos.

"The support we have received from our big corporate citizens has been very encouraging," says Posse Marketing Director George Elliott.

"In addition to the support from these and many other sponsors, Lyle Thomas and the Arena staff have been very supportive and cooperative as we work together to make this a great season for Posse fans."

Contributions from the Arena include a 'new look' centre ice logo, tipped on it's side for better viewing for webcast fans and a full size mural on the far wall of the Arena.

"Herb Castle has done it again," says Elliott.

"You have to see his work to truly appreciate the passion this facility has for our community-owned hockey club. It's really something else."

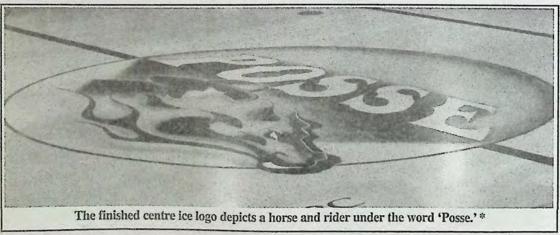
Other changes this year include a newly revamped website which will be updated frequently to keep Posse fans on top of their favourite team. Elliott credits Assistant Coach

Kevin Robillard for the website work.

"Kevin has been working closely with the company contracted to design, develop and take care of the website and I saw a mock up of the site last week and it is very impressive."

Another big change with the Posse this year is a slashing of prices for season tickets. Fans can purchase season tickets for the 2009/10 KIJHL Season at the News Leader office for \$150.00 + GST.

"We cut the price to make it more attractive to fans who may have considered the purchase in the past but didn't due to price and with the recent economic conditions we felt it was important to give a little something back to our loyal fans."



We're different, and we like that.

Similkameen News Leader



FAX SERVICE

SENDING OR RECEIVING

AVAILABLE AT:

Similkameen **News Leader** 226A Bridge Street

> Phone: (250) 295-4149 Fax: (250) 295-4103

Just The Fax, Ma'am!

Cover2Cover Bookkeeping

& Office Services

226A Bridge Street Princeton

(250) 295-4149

PROVIDING RESUMÉ, WORD PROCESSING, FAX, SCANNING AND COPYING SERVICES

IS IT TIME TO SUBSCRIBE TO THE **NEWS LEADER?**

Similkameen Valley Mail - \$35.75 (Seniors Pay Only \$31.75)
ALL PRICES INCLUDE GST

Elsewhere in Canada Mail - \$53.80 (Seniors Pay Only \$48.80) ALL PRICES INCLUDE GST

CALL FOR DETAILS Similkameen News Leader

Phone: (250) 295-4149 • 1-888-350-9969 • Fax: (250) 295-4103 • e-mail: george@thenewsleader.ca

Similkameen News Leader AN INDEPENDENT NEWSPAPER



There Are No Chains On Us! 100% LOCALLY OWNED & OPERATED

226A Bridge Street, P. O. Box 956, Princeton, B. C., V0X 1W0 Phone: (250) 295-4149 • Fax: (250) 295-4103 www.thenewsleader.ca

Just The Fax, Ma'am!

Cover2Cover Bookkeeping & Office Services



226A Bridge Street Princeton

(250) 295-4149

PROVIDING RESUMÉ, WORD PROCESSING, FAX, SCANNING AND COPYING SERVICES

Princeton Area Ghost Towns - The DVD



INCLUDES GST

Available at: Similkameen **News Leader** www.thenewsleader.ca

Explore The History Of Mining - Gold, Copper and Coal

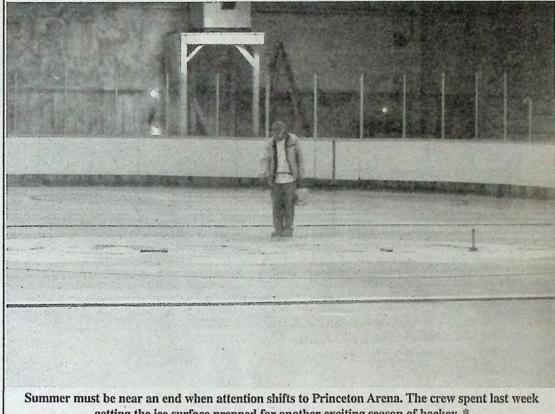
NEED TO ADVERTISE?

A DISPLAY AD THIS SIZE WILL COST YOU

Newspaper Advertising is NOT expensive!

We are the ONLY independent newspaper in the region and proud of it.

Phone: (250) 295-4149 • 1-888-350-9969 Toll Free



getting the ice surface prepped for another exciting season of hockey.



Hockey fans are in for a treat this season with the addition of murals in the arena by Herb Castle. *



This year the centre ice logo sits on it's side in Princeton Arena to allow for better viewing during Princeton Posse internet webcasts. There's also 11 sponsor logos on the ice as well!*

TUESDAY, AUGUST 25, 2009

		WTBS	CHBC (4)	KNOW (5)	KSPS 6	KHQ (7)	KREM (8)	A&E	KXLY	BCTV	CITV (12)	CBC	YTV (18)	TSN 19	VTV	DISC (24)	FAM (26)	CITY 29	SPIKE	TROP (45)
6	AM :30	Jeffersons Sanford	News Tube Tules	Franklin George S.	Thomas Lions	News (N)	News	American Justice	News	(5:30) Morning News (N)	(4:30) Morning News (N)	CBC News: Morning (N)	Rolie Polie Dewitt	SportsCentr e [ii]	Canada AM	Daily Planet	Henrys King III		CSE NY "The Closer"	Power Play
7	:30	In the Heat of the Night	Room That News	Martha (7:29) Dora	Arthur (EI) Martha	Today Postpartum depression:	The Early Show (N)	Amer. Justice	Good Morning America (N)	(11)	(E)	Razzberry Animal	Berenstain Rolie Polie	SportsCentr e [fi]		Mammals vs. Dinos	Mickey	The Tyra Banks Show	CSI: NY 📧	The Outer Limits (E)
8	AM :30	Cosby	Ad Pers What	the Explorer Magic Bus	Curious Sid	Colbie Caillat: weekend		Cold Case Files (E)	(et)		100 Huntley Street (6)	Bo On Go Busytown	Timothy Willa	SportsCentr e 🖫		What's That About?	Handy Handy	Rachael Ray 🖭	CSI: Crime Sen	North of 60 JE
9	:30	Fam. Feud	Three Takes	Berenstain	Super Why! Clifford	getaways. (N) IEI	The 700 Club (E)	The First 48		100 Huntley Street (II)	World Vision	Super Why! Gofrette	Casper (9:25) Kid	Record Fishing	Regis and Kelly	Daily Planet	Feet Tigger	News City	CSI: Crime Scn	Soap What
10		Trivial Trivial	The Mom Show (E)	Noonbory (10:25)	Sesume Street (EI)		The Price Is Right (N)	The First 48	STATE AT PURCH	Hospital for Sick Kids	Debt Part House	Wilbur [6] Doodlebop	(10:05) Viva Erky Perky	2009 Canada Summer	The View	Blueprint for Disaster	Mickey Handy	The O.C.	CSI: Crime Sen	What Inside
11	:30		One House Designer	Rolle Polle Berenstain	Dragon Sit-Be Fit	Ellen DeGeneres Show	Young and the Restless	The Sopranos -	Paid Prog. Paid Prog.	World Vision	(10:59) Noon News Hour (N)	Dinner Antiques	(10:50) Ruby	Games (Live) [#]		Dirty Jobs: Egg Farm	Benj Bear (11:25) King	The Bonnie Hunt Show	CSI: Crime Sen	Hollywood Soap
12	:30	Fresh Pr. Fresh Pr.	Chef Design U	(11:56) (12:32)	Charlie Rose [6]	Slim in 6 Paid Prog.	News Bold	American Justice	All My Children (N) [E]	Noon News Hour (N)	Days of our Lives (N)	CBC News: Today (N)	Monster Grossology	2009 Canada Summer	etalk 🔃 Bold	The Detonators	(11:49) Weekend	CityLine [E]	CSI: Crime Scn	Seinfeld Seinfeld
1		Still Stnd Still Stnd	Home to Parents	Maggie Sagwa	Dewberry Quilting	Days of our Lives (N)	As the World Turns (N)	Amer. Justice	Live (N)	As the World Turns (N)	As the World Turns (N)	Martha Stewart	Hawks (1:40) Viva	Games (Live) [ff]	Sue Thomas: F.B.Eye	Heli- Loggers [t]	Dragon Emperor	ER "Truth Will Out"	CSI: Crime Scn	Raymond King
2	PM :30	King	Guiding Light (N)	(1:56) BluesClues	Barney WordWorld	The Bonnie Hunt Show	Guiding Light (N)	Cold Case Files [ff]	General Hospital (N)	Young and the Restless	The Doctors	Steven and Chris (E)	Mystery Team	NASCAR Racing	General Hospital (N)	MythBuster s [8]	(1:54) K. Possible	CityNews at 5 (N) [6]	CSI: Crime Scn	King
3	PM :30	Seinfeld Friends	How Do I Look? (N)	(2:57) Zoboomafo o Zoboo	Big World WordGirl	Judge Judge	Dr. Phil 🖭	The First 48		The Doctors	Young and the Restless	Living Food	Pretty Cure Pokemon	SportsCentr e (Live) [ff]	Dr. Phil 🔃	Jetstream	Replace Emperor	CityNews at 6 (N) [8]	(3:09) Movie: "Star Wars:	Office Temps @
4	PM :30	Family Guy Family Guy	Debt Part That News	invents a George S.	Fetch! Ruff Cyberchas	Judge J. Judge J.	Oprah Winfrey 📧	The First 48	Deal No Deal No	Oprah Winfrey 📧	(3:59) Early Global	Fashion F. Mercer	SpongeBob OddParent	MLB Baseball; Tampa Bay	Ellen DeGeneres Show	Daily Planet	(4:08) Phineas	Law & Order: SVU		
5	PM :30	Payne Payne	Deal No News	Martha (5:33)	BBC News Business	News (N) NBC News	News CBS News	The First 48		Early News Global	(4:59) News Hour (N)	Simpsons Fortune	OddParent SpongeBob	Rays at Toronto Blue Jays. (Live)		How-Made How-Made	Suite Life Montana	Hell's Kitchen (N)	(2002) Ewan McGregor.	Tube Tales Tube Tales
6	PM :30	"Romeo		Mechanics Heads Up	News- Lehrer	News (N) Millionaire	News Hollywood	The First 48	News News	(5:59) News Hour (N)	ET Canada Entertain	CBC News: Vancouver	iCarly @	Œ	(N) IE	Against the Elements	Zoey 101 Life Derek	More to Love (N) [E]		Inside Hollywood
7	PM :30	Action) let	E! News The Insider	Gardens Eden	Nova (E) (DVS)	Jeopardy! Fortune	The Doctors	The Cleaner		Entertain ET Canada	The Unit (N) @	Coronatn Jeopardy!	Drake Prank Ptrl	SportsCentr e (Live) @	etalk @ Hollywood	After the Catch (N)	Wizards Montana	Make Me a Supermodel	Movie: "Star Wars: Episode II	King King
8	PM :30	Scinfeld	Inside Hollywood (N)	Ultimate Factories	Nova scienceNO W (N)	America's Got Tulent	NCIS 🖭	The Cleaner	Shaq Vs. [tt]	NCIS @	NCIS Œ	Mercer 22 Minutes	Malcolm Futurama	Record	So You Think You Can Dance	Daily Planet	Suite Life Buzz	News News	Attack of the Clones" (2002)	King King
9	PM :30	"Nothing to	X-Weighted		Wild! "Forest Tigers"		(9:01) Big Brother 11 (N) @	The First 48	(N) (E)	(9:01) Big Brother 11 (N) (E)	(9:01) Big Brother 11 (N) @	Being Erica	Family Biz Prank Ptrl	WEC WrekCage (N)		Flomante	Wizards Life Derek	(9:06) Jimmy Kimmel		King
10	:30	(E)	Ruby (N)	When, Levees	Be a Predator	tants per-	The	The First 48		The Unit	News Hour Final (N)	National	Falcon Beach @	NASCAR Racing	Flashpoint	Cotch	School Cory	(10:06) I Love New York @	Scn I Bet You	King King
11		Sanford Montel W.	News (N) Guy Stuff	(11:10) Flight from Darkness	Charlie Rose (N) III	News (N) Tonight	News Lute Show	The Cleaner	News (11:35)	News Hour Final (N)	Entertain ET Canada	(11:05) The Hour Paul Rudd.	Mystery Ghost	SportsCentr e (Live) [E]		How-Made How-Made	Suite Life Life Derek	Judge Northern	Disorderly Con.	Married Seinfeld

WEDNESDAY, AUGUST 26, 2009

		WTBS	CHBC 4	KNOW 5	KSPS 6	KHQ 7	KREM B	A&E	KXLY	BCTV	CITV 12	CBC	YTV 18	TSN 19	VTV	DISC 24	FAM 26	CITY 29	SPIKE 44	TROP 45
6	:30	Sanford	Tube Tales	Franklin George S.	Bob Build Lions	News (N)		American Justice	News	(5:30) Morning News (N)	(4:30) Morning News (N)	CBC News: Morning (N)	Rolie Polie Dewitt	SportsCentr e @	Canada AM	Daily Planet	Henrys King (t)	CityLine @	CSI: NY 📧	Crow- Stairway
	:30	n the Heat of the Night			Arthur (El) Martha	Martha	The Early Show (N)	American Justice	Good Morning America (N)	Œ	Œ	Save-Ums! Animal	Berenstain Rolie Polie	SportsCentr e 🔃		Mayday "Gimli Glider"	Mickey	The Tyra Banks Show	CSI: NY 📧	The Outer Limits (E)
9		Cosby	Ad Pers What	the Explorer Magic Bus	Curious .	homework; makeup; Kellie		Cold Case Files @	æ		100 Huntley Street @	Bo On Go Busytown	Timothy Willa	SportsCentr e 🔃		7-11-11-11-11-11-11-11-11-11-11-11-11-11	Handy Handy	Rachael Ray Œ	CSI: Crime Scn	North of 6
		Fam. Feud	Three Takes	Berenstain Clifford	Super Why! Clifford	Pickler. (N)	The 700 Club 📧	Cold Case Files @	Regis and Kelly	100 Huntley Street [6]	World Vision [6]	Super Why! Gofrette	Casper (9:25) Kid	2009 Canada Summer	Regis and Kelly	Daily Planet	Feet Tigger	News City	CSI: Crime Scn	Reality What
	10000		The Mom Show @	Sid (10:25)	Sesame Street (EI)		The Price Is Right (N)	CSI: Miami "The Score"	The View	Doc Œ	Debt Part House	Wilbur @ Doodlebop	(10:05) Viva Erky Perky	Games	The View	Against the Elements	Mickey Handy	The O.C.	CSI: Crime Scn	What Inside
1-1	AM	Iarvey	One House Guys	Rolie Polie Berenstain	Dragon Sit-Be Fit	Ellen DeGeneres Show	Young and the Restless	The Sopranos	Paid Prog.	World Vision	(10:59) Noon News Hour (N)	What's- Antiques	(10:50) Ruby		Twice in a Lifetime (£)	Monster Moves [tt]	Benj Bear (11:25) King	The Bonnie Hunt Show	CSI: Crime Sen	Hollywood (武) Reality
10	PM	Fresh Pr.	Chef Design U	(11:56)	Charlie Rose (E)	Paid Prog.	News Bold	American Justice	All My Children (N) @	Noon News Hour (N)	Days of our Lives (N)	CBC News: Today (N)	Monster Grossology	2009 Canada	etalk (#)	Ultimate Cruise Ship	(11:49) Weekend		CSI: Crime Scn	Seinfeld Seinfeld
4	PM S	Still Stnd Still Stnd	Home to Parents	Maggie Sagwa	Art Work Sewing	Days of our Lives (N)	As the World Turns (N)	American Justice	One Life to Live (N)	As the World Turns (N)	As the World Turns (N)	Martha Stewart	Hawks (1:40) Viva	Summer Games (Live) @	Sue - Thomas:	After the Catch	Dragon Emperor	ER "Under Pressure"	CSI: Crime Scn	Raymond Fresh Pr.
2		King	Guiding Light (N)	(1:56) BluesClues	Barney WordWorld	The Bonnie Hunt Show	Guiding Light (N)	Cold Case Files @	General Hospital (N)	Young and the Restless	The Doctors	Steven and Chris @	Mystery		F.B.Eye General Hospital (N)	MythBuster s 📧	(1:54) K. Possible	CityNews at 5 (N) [E]	CSI: Crime Scn	Fresh Pr. Raymond
-2		Seinfeld Friends	The Big	(2:57) Zoboomafo o "Bovine"	Big World WordGirl	Judge Judge	Dr. Phil (f)	Cold Case Files [#]	Rachael Ray [E]	The Doctors	Young and the Restless	Living Food	Pretty Cure Pokemon	SportsCentr e (Live) @	Dr. Phil @		Replace Emperor	CityNews at 6 (N) @	(3:09) Movie: "Star Wars:	Office Temps @
/		Family Guy Family Guy	Debt Part	(DVS) George S.	Fetch! Ruff Cyberchus	Judge J. Judge J.	Oprah Winfrey 🕸	CSI: Miami "The Score"	Deal No Deal No	Oprah Winfrey @	(3:59) Early Global	Fashion F. Red Green	SpongeBob OddParent	CONTROL PURSUE VALUE OF THE	Ellen DeGeneres Show	Daily Planet	(4:08) Phineas	Law & Order: SVU	Episode III - - Revenge of the Sith"	
E .		Movie: 'Next of Kin" (1989)	Deal No News	Martha (5:33)	BBC News Business	News (N) NBC News	News CBS News	Dog the Bounty Hunter	News ABC News	Early News Global	(4:59) News Hour (N)	Simpsons Fortune	OddParent SpongeBob	Rays at Toronto Blue Jays. (Live)	CTV News	Mighty Ships (N)	Suite Life Montana	Goode Surviving	(2005) Ewan McGregor.	What What
6	PM	Patrick Swayze.	Global	Think Big Chiefs	News- Lehrer	News (N) Millionaire	News Hollywood	Dog Dog	News News	(5:59) News Hour (N)	ET Canada Entertain	CBC News: Vancouver	iCarly @	Œ	CTV News (N) Œ	After the Catch	Zoey 101 Life Derek	Less-Kind Less-Kind	(6:18)	Inside Hollywood
	PM :30	Scinfeld Movie:	E! News The Insider	Louisbourg	Freedom Songs Rights	Jeopardy! Fortune	The Doctors	Criss Angel Mindfreak	Entertain The Insider	Entertain ET Canada	In Plain Sight (N)	Coronatn Jeopardy!	In Real Life	SportsCentr e (Live) @	etalk @ Dance	Mayday @	Wizards Montana	Murdoch Mysteries	Movie: "Star Wars: Episode III -	Raymond Raymond
8	PM	"Unleashed" (2005, Action) let	Psych (N)	Himalaya- Palin	Great Performanc es (N) (E)	America's Got Talent	Christine Gary	Criss Angel Mindfreak	Wipeout (N)	Wipcout (N)		Dragon's Den 🖭	Malcolm Futurama	Record	To Be Announced	Daily Planet	Suite Life Buzz	News	- Revenge of the Sith" (2005)	Raymond Raymond
0	PM	Li. (E) Movle:	Richards Kendra (N)	Sorceress- Kiri	Parks	America's Got Talent	Criminal Minds [6]	Dog the Bounty Hunter	(9:02) Crash Course (N)	(9:02) In Plain Sight	(9:02) In Plain Sight	The Tudors	Survive Adrenaline	World Series	Criminal Minds (ft)	CONTRACTOR OF THE PARTY OF THE	Wizards Life Derek	(9:06) Jimmy	CSI: Crime	Raymond
10	PM :30	"Unleashed" (2005, Action) Jet	Keep Up Candy Girl	Yo-Yo: Bacl	Wide Angle (N) (E)	Law & Order: SVU		Dog Dog	Primetime: Crime [6]	(10:02) In Plain Sight	(N) (E) News Hour Final (N)	National	Falcon Beach [#]	World Series	CSI: NY Œ	Mighty Ships	School	Kimmel (10:06) I Love Money	Sen	Raymond Raymond
4.4	PM	Li. (II) Montel W.	News (N) Guy Stuff	Hockey	Charlie Rose (N) [60	News (N) Tonight	News Late Show	Criss Angel Mindfrenk	News (11:35)	News Hour Final (N)	ET Canada Poker	(11:05) The Hour (4)	Mystery	SportsCentr e (Live) [f]	News CTV News	After the Catch	Suite Life	LESS .	Disorderly Con.	Married Fresh Pr.

S Leader - Horoscopes

August 26 - September 2, 2009

Aries - Major changes begin around home, affecting your job, health and partner/spouse. Life seems to speed up. These changes can be positive if you use your energy right.

Taurus - Watch out for colds, flu. Take good care of yourself. Career or older folk put demands on you. Children are a source of pleasure. You may want to redecorate, improve home now.

Gemini - Changes occur affecting money and possessions. You hear good news. Sports could be topic. You may have to check investments, debts, insurance. Improve property.

Cancer - Your energy climbs. So does your ego. Watch your tongue. Change occurs in finances of partner. Some news or information proves challenging. Keep your cool. Pay attention.

Leo - You enter a few weeks where you feel and look good. Good time to improve appearance. Sun shines on your finances, but don't spend much. Conserve through October.

Virgo - Plans may go awry this week, but you will feel a lot better. You hear news regarding finances. Your mind is more at peace. Take things in stride: you have more power now.

Libra - Your health improves now, and you are busy on the job. Plans run smoothly. Career is a challenge, demands work and may be hectic. Express yourself graciously.

Scorpio - Career runs smoothly this week, but travel is full of difficulty. Good week to stay home. This is an excellent time to make plans. Change takes place re: siblings, plans, neighbours.

Sagittarius - The sun shines on your career now and will show steady improvement. Travel for business will go smoothly. Changes are in the works, but impact is subtle.

Capricorn - Things change for you this week. Changes occur in travel, career, investments, and affect partner. Changes can be very positive. Don't allow partner's ego problems to affect you.

Aquarius - Your job will be hectic this week, and you may have health problems. Your financial problems will begin to clear up, but slowly. A romance may light up coming month.

Pisces - Honest interaction with friends and partner is essential now. Discuss money, possessions. Pet or child may have problems or cause problems. Subtle change occurs in social life.

OWS Leader - Recipe Corner Recipe #286

Blueberry Watermelon Twist

(NC)—Whether it's bending the rules of a board game or going your own way with a special drink, yellow tail is encouraging Canadians to play by their own rules this summer. As you enjoy the warm and sunny weather, relax with yellow tail Bubbles with a blueberry and watermelon twist.

- 1 oz yellow tail Bubbles
- 1.5 ozs blueberry-flavoured vodka
- 1 oz watermelon liqueur
- 2 ozs fresh lemonade

Directions:

- Shake all ingredients except yellow tail Bubbles in a martini shaker with ice
- Strain into a chilled martini or Collins glass
- · Top with yellow tail Bubbles
- Garnish with fresh blueberries and a small watermelon wedge

This summer yellow tail is packing up its play by your rules attitude and hitting the road in an Airstream trailer bringing games and its tasty yellow tail wine to events and retailers across Canada. More information on the campaign and the different stops it will be making is available online at www.yellowtailwine.com/playbyyourrules.

- News Canada

FREE Better Homes & Gardens RECIPES 24/7 http://myhomeandgardennews.blogspot.com A FREE SERVICE OF SIMILKAMEEN NEWS LEADER

If you have a favourite recipe you would like to share, contact us for details! 226A Bridge Street, Princeton

Tuesday Movies

AFTERNOON

3:09 pm SPIKE 44 ** "Star Wars: Episode II - Attack of the Clones" (2002, Science Fiction) Ewan McGregor. Obi-Wan Kenobi and his Jedi apprentice, Anakin Skywalker, protect the former queen from political separatists. (In Stereo)

6:00 pm WTBS 3 **%"Romeo Must Die" (2000, Action) Jet Li. While seeking vengeance for his-

brother's murder, a former Hong Kong policeman falls for his foe's daughter.

daughter. 6:21 pm SPIKE 444 * * * "Star Wars: Episode II — Attack of the Clones" (2002, Science Fiction) Ewan McGregor. Obi-Wan Kenobi and his Jedi apprentice, Anakin Skywalker, protect the former queen from political separatists. (In Stereo) 9:00 pm WTBS 3 * * * "Nothing to Lose" (1997, Comedy-Drama) Martin Lawrence. A dispirited white ad executive teams up with a black car-

executive teams up with a black car-jacker for a crime spree. [6]

AFTERNOON

3:09 pm SPIKE [44] ***"Star Wars: Episode III – Revenge of the Sith" (2005, Science Fiction) Ewan McGregor. Seduced by the dark side, Anakin Skywalker turns against his mentor, Obi-Wan Kenobi and becomes Darth Vader. (In Stereo) 5:00 pm WTBS [3] ***"Next of Kin" (1989, Crime Drama) Patrick Swayze. A Chicago policeman and his Kentucky hills brother hunt a mob enforcer for killing another brother.

EVENING

6:18 pm SPIKE (44) ***\"Star Wars: Episode III - Revenge of the Sith" (2005, Science Fiction) Ewan McGregor. Seduced by the dark side, Anakin Skywalker turns against his mentor, Obi-Wan Kenobi and becomes Darth Vader. (In Stereo) 7:30 pm WTBS (3) **\"\"Unleashed" (2005, Action) Jet Li. Enslaved by a loan shark, a violent fighter escapes and meets a blind man who teaches him humanity. (E2)

9:30 pm WTBS ③

★ ½"Unleashed" (2005, Action) Jet
Li. Enslaved by a loan shark, a violent
fighter escapes and meets a blind man
who teaches him humanity. ☑

Inuisday Mo

EVENING

7:00 pm WTBS ③ ★★"Aeon Flux"
(2005, Science Fiction) Charlize
Theron. In the last city on Earth,
underground rebels dispatch their top assassin to kill a government leader.

8:00 pm CHBC (4) * * "The Grudge" (2004, Horror) Sarah

American exchange student and her boyfriend encounter vengeful spirits that haunt a house in Tokyo. (E) 9:30 pm WTBS (3) **Aeon Flux" (2005, Science Fiction) Charlize Theron. In the last city on Earth, underground rebels dispatch their top assassin to kill a government leader.

Just The Fax, Ma'am!

Cover2Cover Bookkeeping



& Office Services

226A Bridge Street Princeton

(250) 295-4149

PROVIDING RESUMÉ, WORD PROCESSING, **FAX. SCANNING AND COPYING SERVICES**

Friday Moyles

AFTERNOON

1:00 pm YTV (3) **"Garfield: The Movie" (2004, Comedy) Breckin Meyer. Live action/animated. An orange cat tries to save his owner's new dog after a television personality kidnaps it. (In Stereo)

EVENING

6:00 pm WTBS (3) *** "Minority Report" (2002, Science Fiction) Tom Cruise. A policeman tries to establish his innocence in a future where law

nis innocence in a future where law enforcement can arrest killers before their crimes. SPIKE 44 *5"Resident Evil" (2002, Horror) Milla Jovovich. Commandos infiltrate a research facility after a deadly virus turns the entire staff into ravenous zombies. (In Stereo)

Story" (2004, Romance-Comedy) Hilary Duff. A teenager with a wicked

stepmother develops an online relationship with a popular high-school quarterback. (In Stereo) 18:00 pm FAM 26 "Wizards of Waverly Place The Movie" (2009,

Comedy) Selena Gomez. Premiere.
A young wizard conjures a spell that jeopardizes her family. (In Stereo) © 9:30 pm WTBS ③ ★★¼"The Out-

9:30 pm WTBS 3 ** "The Outof-Towners" (1999, Comedy) Steve
Martin. An Ohio couple reinvigorate
their passionless marriage during a
bizarre 24 hours in New York City. 5
9:52 pm FAM 26 "Spymate" (2003,
Comedy) Chris Potter. A former agent
and his onetime chimpanzee partner
reunite for a final mission to save the
man's brilliant daughter from a villainous scientist. (In Stereo)
11:16 pm FAM 26 * "Theodore
Rex" (1996, Comedy-Drama) Whoopi
Goldberg. A murder involves a smartaleck detective with talking dinosaurs
brought back by genetic science in the
near future. (In Stereo)

THURSDAY, AUGUST 27, 2009

		WTBS	CHBC 4	KNOW 5	KSPS 6	KHQ (7)	KREM (8)	A&E	KXLY	BCTV	CITV	CBC	YTV	TSN	VTV	DISC 24	FAM (26)	CITY 29	SPIKE	TROP
6		Jeffersons Sanford	News Tube Tales	Franklin George S.	Thomas Lions	News (N)	News	American Justice	News	(5:30) Morning News (N)	(4:30) Morning News (N)	CBC News: Morning (N)	Rolie Polie Dewitt	SportsCentr e 🔃	Canada AM	Daily Planet	Henrys King (E)	CityLine (E)		Traders End
7	AM :30	In the Heat of the Night	Room That News	Martha (7:29) Dora	Arthur (Et) Martha	Today Today's Health;	The Early Show (N)	American Justice	Good Morning America (N)	œ.	E .	Razzberry	Berenstain Rolle Polle	SportsCentr e [ff]		Qubit [ff]	Mickey Mickey	The Tyra Banks Show	CSI: NY [8]	Games" The Outer Limits [6]
8	AM :30	Cosby	Ad Pers What	the Explorer Magic Bus	Curlous	Today's Kitchen; centerpieces;		Cold Case Files [E]	(B)		100 Huntley Street [6]	Bo On Go Busytown	Timothy Willa	SportsCentr e 🖫		How Do They Do It?	Handy Handy	Rachnel Ray (6)	CSI: Crime Sen	North of 60
9	AM :30	Fam. Feud Fam. Feud	Three Takes	Berenstain Clifford	Super Why! Clifford	makeovers. (N) III	The 700 Club [li]	Cold Case Files 🖭	Regis and Kelly	100 Huntley Street [6]	World Vision [6]	Super Why! Gofrette	Casper (9.25) Kid	Record Tbl Tennis	Regis and Kelly	Daily Planet	Feet Tigger	News City	CSI: Crime Sen	Make What
10	AM :30	Trivial Trivial	The Mom Show [6]	Noonbory (10.25)	Sesame Street (EI)		The Price Is Right (N)	CSI: Miami "Silencer"	The View	Hospital- Sick	Debt Part House	Wilbur E	(10:05) Viva Erky Perky	2009 Canada Summer	The View	Mighty Ships	Mickey Handy	Contraction of the Contraction o	CSI; Crime Sen	Inside
11	:30	Harvey Harvey	One House Designer	Rolle Polle Berenstain	Dragon Sit-Be Fit	Ellen DeGeneres Show	Young and the Restless	The Sopranos	Paid Prog. Paid Prog.	World Vision	(10:59) Noon News Hour (N)	Dinner Antiques	(10:50) Ruby	Games (Live) [E]	Twice in a Lifetime [8]	Gridlock	Benj Bear (11 25) King	The Bonnie Hunt Show	Control or other control	Hollywood (ft) Make
12	:30	Fresh Pr. Fresh Pr.	Chef Design U	(11:56) (12:32)	Charlie Rose [4]	The Firm Paid Prog.	News Bold	American Justice	All My Children (N) [6]	Noon News Hour (N)	Days of our Lives (N)	CBC News: Today (N)	Monster Grossology		etalk (E) Bold	Mayday [6]	(11:49) Weekend	The second second second	CSI: Crime Sen	Seinfeld Seinfeld
1	:30	Still Stnd Still Stnd	Parents	Maggle Sagwa	Painting Quilting	Days of our Lives (N)	As the World Turns (N)	American Justice	One Life to Live (N)	As the World Turns (N)	As the World Turns (N)	Martha Stewart	Hawks (1:40) Viva		Sue Thomas: F.B.Eye	Megabuilde rs	Dragon Emperor		CSI: Crime Scn	Raymond Just Shoot
2	:30	King	Guiding Light (N)	(1:56) BluesClues	Barney WordWorld	Hant Chan	Guiding Light (N)	Cold Case Files [6]	General Hospital (N)	Young and the Restless	The Doctors	Steven and Chris [E]	Mystery Team	WEC WrekCage	General Hospital (N)	MythBuster s Sayings.	(1:54) K. Possible		CSI: Crime Sen	Just Shoot Family Guy
3	PM :30	Seinfeld Friends	Clean	(2:57) Zoboomafo o "Slimy	Big World WordGirl	Judge Judge	Dr. Phil 🔞	Cold Case Files [II]	Rachael Ray (E)	The Doctors	Young and the Restless	Living Food	Pretty Cure Pokemon	SportsCentr e (Live) [8]	Dr. Phil 🔃	How-Made How-Made	Replace Emperor	City News at 6 (N) (E)	UFC Unleashed	Office Temps (6)
4	PM :30	Family Guy Family Guy		Buddies" George S.	Fetch! Ruff Cyberchas	Judge J. Judge J.	Oprah Winfrey 🖾	CSI: Miami "Silencer"	Deal No Deal No	Oprah Winfrey (C)	(3:59) Early Global	Fashion F. 22 Minutes	SpongeBob OddParent	Boxing	Ellen DeGeneres Show	Blue Realm	(4:08) Phineas	Law & Order: SVU	UFC	Traders "End Games"
5	PM :30	Friends Friends	Deal No News	Martha (5:33)	BBC News Business	News (N) NBC News	News CBS News	The First 48	News ABC News	Early News Global	(4:59) News Hour (N)	Laughs Fortune	OddParent SpongeBob	World Series	CTV News at Five (N)	Nature's Most Amazing	Suite Life Montana	30 Rock Parks	UFC Unleashed	Inside Hollywood
6	PM :30	Friends Friends	Global	Creatures Working	News- Lehrer	News III Millionaire	News Hollywood	The First 48	News News	(5:59) News Hour (N)	ET Canada Entertain	CBC News: Vancouver	iCarly @	World Series	CTV News (N) [6]	Nature's Most Amazing	Zoey 101 Life Derek	Less-Kind (6:31) 30	TNA iMPACT! (N)	Inside Hollywood
7	PM :30	Movie: "Acon Flux" (2005)	E! News The Insider	Eden Into Wild	Visions of Ireland [§]	Jeopardy! Fortune	The Doctors	The First 48 "Ditched"	Entertain The Insider	Entertain ET Canada	House @	Coronatn Jeopardy!	Drake Family Biz	SportsCentr e (Live) [ff]	etalk @ Hollywood	MythBuster	Wizards Montana	Law & Order: UK		Family Guy Family Guy
8	:30	Charlize Theron.	Movie: "The Grudge" (2004)	Africa (E)	Sherlock H.	30 Rock Parks	Big Brother 11 Eviction.	Crime 360 "Cleveland"	Grey's Anatomy	Big Brother 11 Eviction.	Big Brother 11 Eviction.	Canine Confidential	Malcolm Futurama	Record	CSI: NY "Trapped"	Blue Realm	Suite Life Buzz	News News	UFC 102: Countdown	Family Guy Family Guy
9		Seinfeld Movie:	Premiere.	How Art Mude	MI-5 "Celebrity"	The Office (9:31) 30	CSI: Crime Sen	The First 48		(8:59) The The Office	(8:59) The The Office	This Beat Goes On (N)	In Real Life	NASCAR Racing		Nature's Most Amazing	Wizards Life Derek	(9:06) Jimmy Kimmel	MANswers Game	Family Guy Family Guy
10	,00	"Aeon Flux" (2005) Charlize		World of Albert Kahn		Law & Order [E]	(10:01) The Mentalist	The First 48	ALC: N	House [6]	News Hour Final (N)	National	Falcon Beach [6]	Motoring X Games	The Listener (N)	Nature's	School Cory		Batman (10:34)	Family Guy
11	PM :30	Montel W.	News (N)	Through the Red Gate	Charlie Rose (N) [6]	News (N) Tonight	News Late Show	The First 48 "Ditched"		News Hour Final (N)	Entertain ET Canada	(11:05) The Hour [f]	Mystery Ghost	SportsCentr e (Live) 谜	News CTV News		Suite Life Life Derek	Judge Northern	UFC 102: Countdown	Married Just Shoot

FRIDAY, AUGUST 28, 2009

		WTBS	CHBC	KNOW 5	KSPS 6	KHQ (7)	KREM 8	A&E	KXLY 10	BCTV	CITV 12	CBC	YTV 18	TSN 19	VTV 22	DISC 24	FAM 26	CITY 29	SPIKE	TROP
100		Jeffersons Sanford	News	Franklin George S.	Bob Build Llons		News	American Justice	News	(5:30) Morning	(4:30) Morning	CBC News: Morning	Rolie Polie Dewitt	Committee of the Commit		Blue Realm		CityLine @	the second second second	Adventure of Sinbad
7		In the Heat of the Night		Martha (7:29) Dora	Arthur (EI)	C-1000000000000000000000000000000000000	Show (N)	American Justice	Good Morning	News (N)	News (N)	(N) Save-Ums! Animal	Berenstain Rolie Polie	SportsCentr e 健		Greatest Ever (E)	Mickey	The Tyra Banks Show	Most Amazing	The Outer
	AM		Ad Pers What	the Explorer Magic Bus	Curious	estate; Venus Williams	屈	Cold Case Files @	America (N)		100 Huntley Street @	Bo On Go	Timothy	SportsCentr		MythBuster		Rachael Ray 🖭	Videos Most Amazing	North of 6
	AM	Fam. Feud Fam. Feud	Three Takes	Berenstain Clifford	Super Why! Clifford	Today's	The 700 Club @	Cold Case Files @	Regis and Kelly	100 Huntley Street [6]	Hospital for Sick Kids	Super Why!	Casper (9:25) Kid	Record	Regis and Kelly	Blue Realm	Feet	News	Videos Most Amazing	Tube Tales What
10	AM	Trivial Trivial	The Mom Show (E)	Sid (10:25)	Sesame Street (EI)	Kitchen. (N)	The Price Is Right (N)	Criminal Minds @	The View	Doc "The Family Tree"	Debt Part House	Wilbur (E)	(10:05) Viva Erky Perky	Motorcycle Racing	The View	Mayday [ff]	Mickey	The O.C.	Videos Most Amazing	What Inside
11	AM	Steve H. Harvey	One House Designer	Rolie Polie Berenstaln	Dragon Sit-Be Fit		Young and the Restless	The Sopranos	Paid Prog.	World Vision	(10:59) Noon News	Dinner Antiques	(10:50) Ruby	Champ. Darts	Twice in a Lifetime @	1077 AART - C	Benj Bear (11:25) King	Hunt Chave	Videos Disorderly Con.	Hollywood Tube Tales
9 A B	PM	Fresh Pr.	Chef Design U	(11:56)	Charlie Rose (f)	Show . Paid Prog. Friend	News Bold	American Justice	All My Children	Noon News Hour (N)	Hour (N) Days of our Lives (N)	CBC News: Today (N)	346	NASCAR Racing	etalk @	Alcatraz Nature's Most	Phineas Suite Life	CityLine @	Amazing	Seinfeld Seinfeld
1	PM	Still Stnd Still Stnd	Home to	Mnggle Sagwa	Wylands Scrapbook	A. A. S.		American Justice	(N) (E) One Life to Live (N)	As the World	As the World	Martha Stewart	Movie: "Garfield:	E:60 @	Sue Thomas:	Amazing Nature's Most	Wizards So Raven	ER "The Chicago	Videos Most Amazing	Raymond Frasier
2		King	Guiding Light (N)	(1:56) BluesClues	Barney WordWorld	The Bonnie	Turns (N) Guiding Light (N)	Cold Case Files [6]	General Hospital (N)	Turns (N) Young and the Restless	Turns (N) The Doctors	Steven and Chris @	The Movie" (2004) OddParent	WEC WrekCage	F.B.Eye General Hospital (N)		Cory	Way" CityNews at 5 (N) [E]	Videos Most Amazing	Frasier Seinfeld
-	PM	Seinfeld Friends	© Clean House (N)	(2:57) Zoboomafo o Zoboo	Big World WordGirl	Judge Judge	Dr. Phil 🔞	Cold Case Files @	Ruchael Ray @	The Doctors	Young and the Restless	Living Food	Barnyard SpongeBob	4.00	Dr. Phil @	How-Made How-Made	(3:12) Jonas Sonny	LOS CONCESSORS IN N	Videos UFC 102: Countdown	Office Temps 🚱
	PM	Family Guy	Debt Part	wants to fly. George S.	Biz Kid\$ Cyberchas	Judge J. Judge J.	Oprah Winfrey 📧	Criminal Minds @	Deal No	Oprah Winfrey @	(3:59) Early Global	Fashion F. Air Farce	SpongeBob OddParent	CFL Pre	Ellen DeGeneres Show	Daily Planet	Wizards Suite Life	CAPTER STATE OF STREET	UFC Unleashed	War of the Wheels [6]
5	PM	Payne Payne	Deal No News	Martha (5:33)	BBC News Business	News (N) NBC News	NFL Preseason Football:	Criminal Minds (6)	News ABC News	Early News Global	(4:59) News Hour (N)	Laughs Fortune	OddParent SpongeBob	Football: Calgary Stampeders		Dirty Jobs	Suite Life Wizards-		UFC Unleashed	TV Made TV Made
6	PM	Movle: "Minority	Global	Heads Up	News- Lehrer		New England Patriots at	Criminal Minds @	News News	(5:59) News Hour (N)	ET Canada Entertain	CBC News: Vancouver	The Next Star 2 [#]	at Toronto Argonauts. (Live) @	CTV News (N) [E]	Man vs. Wild "Namibia"	Place Wizards	Ugly Betty	Movie: "Resident Evil" (2002)	Inside Hollywood
7	PM	Report" (2002) Tom Cruise,	E News The Insider	No Price Too High	Wash Wk McLaughlin		Washington Redskins.	Criminal Minds (ff)	Entertain The Insider	Entertain ET Canada	NUMB3RS	Inonardel	Movie: "A Cinderella Story"	SportsCentr	etalk (f) Hollywood	Forensic Factor (N)	Wizards Wizards			Seinfeld Seinfeld
8		Colin Farrell. (E)	THS Investigates (N) (E)	Poirot IE	Bill Moyers Journal (N)	Southland (PA) (E)	Hollywood Paid Prog.	Criminal Minds (E)	Supernanny	The Unit	The Unit	Ron James-	(2004) Hilary Duff.	e (Live) @	Ghost Whisperer	What's That About?	Movie: "Wizards of Waverly	News News	MANswers MANswers	Seinfeld Seinfeld
9	PM :30	Seinfeld Movie: "The		New Tricks 個	NOW Served	Dateline NBC [6]	Backroads Paid Prog.	Criminal Minds (t)	Ugly Betty	Mental (E)	Mental 35	Wild Roses	Prank Ptri Prank Ptri	World Series	Without a Trace [6]	Man vs.	Place The Movie"	(9.06) Jimmy Kimmel	Spike Men- MANswers	Seinfeld Seinfeld
10	PM	Out-of- Towners" (1999) 個	The second second second	The Longest Road [6]	P.O.V. (N)		The Doctors	Criminal Minds (数)	20/20 [[4]	NUMBJRS "Tabu" [6]	News Hour Final (N)	National	Family Biz Adrenaline	World Series	Criminal Minds [ff]	Dirty Jobs		(10:06)	Ways Die Ways Die	Seinfeld Seinfeld
44	PM		News (N) Guy Stuff	Haida Art	P.O.V. "This Way Up"	News (N) Tonight	News Late Show	Criminal Minds (8)	News (11:35)	News Hour Final (N)	(11:03) ECW (E)	(11:05) The Hour (f)	Mystery	SportsCentre (Live) @	News CTV News	Forensic Factor		Judge Northern		Married

Nows Leader Puzzle Page

Challenge

CREATED FOR THE NEWS LEADER BY CARTER BOSWELL

HOW TO PLAY:

Sudoku is a game of logic. There is no math involved.

The object of the game is to fill the grid so that the numbers 1 through 9 appear only once in each row, column and 3 x 3 box. The numbers can appear in any order and Carter has left you some clues below.

CHALLENGE #221 - Rated Easy

6					3	5		
	8	1		5			3	
9				1			2	6
	***************************************	1014534E			2	4		
	6			8			7	
		7	4					
8	1			9				2
	3			4		8	5	
		4	3					1

CHALLENGE #222 - Rated Hard

		3	6	7				-
	2					7	1	
	4				8			5
	1000000	6		1				2
	3						5	
4				3		9		
4 2			1				8	
	1	5					4	
				2	7	6		

THIS WEEK'S SOLUTIONS: Page 20

Carter's Sudoku Challenge grids, puzzles and solutions copyright 2009 Carter Boswell, Princeton, BC and published by Similkameen News Leader

Saturday Mo

MORNING

9:00 am WTBS 3 *%"The Haunting" (1999, Horror) Liam Neeson. A parapsychologist and three others stay in a house reputed to be the site of many awful tragedies.

AFTERNOON

12:00 pm FAM 26 **%"Double Teamed" (2002, Docudrama) Poppi Monroe. Twins Heather and Heidi Burge develop a rivalry in high school and make it to the WNBA. (In Stereo) (E) SPIKE (44) *** "Rocky" (1976, Drama) Sylvester Stallone. Heavyweight champ Apollo Creed gives Philadelphia club fighter Rocky Balboa a title shot. (In Stereo) 1:33 pm FAM (26) ** "Cadet Kelly" (2002, Comedy-Drama) Hilary Duff. A new cadet at a military academy must prove that she is stronger than the upperclassman who wants to break her. (In Stereo) (E)

2:30 pm A&E (9) ***Edward Scissorhands" (1990, Fantasy) Johnny Depp. A deceased inventor's unfinished creation becomes an instant celebrity when a cheery suburbanite brings him home. (£)
2:39 pm SPIKE (44) ***Rocky II" (1979, Drama) Sylvester Stallone. Underdog Philadelphia fighter Rocky Balboa gets another shot at heavy-

Balboa gets another shot at heavy-weight champ Apollo Creed. (In

Stereo)
4:00 pm YTV [8] ** * "Pinocchio 3000" (2004) Voices of Whoopi Goldberg. Animated. A child-hating mayor tricks an innocent android boy into helping him turn the city's children into robots. (In Stereo) [5]
5:00 pm WTBS [3]
** * * "Minority Report" (2002, Science Fiction) Tom Cruise. A policeman tries to establish his innocence in a future where law enforcement can arrest killers before their crimes. [6]

A&E [9] * * * "My Cousin Vinny" (1992, Comedy) Joe Pesci. An inept lawyer tries to free his cousin from a Dixie jail. [6]
5:21 pm SPIKE [4] * * * "Rocky III" (1982, Drama) Sylvester Stallone. Old foe Apollo Creed trains ex-boxing champ Rocky Balboa for a rematch with brutish Clubber Lang. (In Stereo)

EVENING

7:30 pm SPIKE 44 * *"Rocky IV" (1985, Drama) Sylvester Stallone. Champ Rocky Balboa trains in Siberia for a bout against a lab-tested Soviet with a 2000-psi punch. (In Stereo)

Stereo)
8:00 pm WTBS ③ ★★%"Star Trek:
Insurrection" (1998, Science
Fiction) Patrick Stewart. To uphold the principles of his Starfleet oath and save an alien race, Capt. Picard defies Federation orders.

**"Filghtplan" (2005, Suspense)
Jodie Foster. Premiere. A frantic
widow searches for her daughter on
an airplane. (In Stereo)
9:00 pm A&E [9] * * * *"My Cousin
Vinny" (1992, Comedy) Joe Pesci.
An inept lawyer tries to free his
cousin from a Dixie jail. [2]
FAM [26] * * "Dennis the
Menace" (1993, Comedy) Walter
Matthau. The comic-strip moppet
plays pranks on Mr. Wilson, the
crotchety fellow who lives next door.
(In Stereo) [3]
9:33 pm SPIKE [44] * * 2"Rocky V"
(1990, Drama) Sylvester Stallone.
Broke, punchy and at odds with his
son, boxer Rocky trains a hungry
contender, then must street-light
him. (In Stereo) [5]
10:35 pm FAM [26] * * *"Snow Dogs"
(2002, Comedy) Cuba Gooding Jr. A
Miami dentist travels to Alaska to
claim his inheritance, a mischievous
team of sled dogs. (In Stereo) [5]
11:00 pm WTBS [3] * * * "Starship
Troopers" (1997, Science Fiction)
Casper Van Dien. Members of
Earth's space fleet battle a vicious
army of gigantic insects bent on
destroying humanity. [6]
11:30 pm CBC [3] * * * * "Bend it
Like Beckham" (2002, Comedy)
Parminder Nagra. An Anglo-Indian
teenager does not tell her traditionminded parents that she has joined a
women's soccer team. (In Stereo) [5]

MORNING

9:00 am WTBS 3

*%"Dreamcatcher" (2003, Horror)
Morgan Freeman. While staying at a
cabin in the woods, telepathic friends
confront aliens that are being hunted
by the military. (£)

10:00 am A&E 9 ***Edward
Scissorhands" (1990, Fantasy)
Johnny Depp. A deceased inventor's
unfinished creation becomes an
instant celebrity when a cheery suburbanite brings him home. (£)

11:30 am WTBS 3 ***"Star Trek:
Insurrection" (1998, Science
Fiction) Patrick Stewart. To uphold
the principles of his Starfleet oath
and save an alien race, Capt. Picard
defies Federation orders. (£)

AFTERNOON

12:00 pm FAM 26 "Wizards of Waverly Place The Movie" (2009, Comedy) Selena Gomez. A young wizard conjures a spell that jeopardizes her family. (In Stereo) (E)

12:30 pm A&E (9) * * * "My Cousin Vinny" (1992, Comedy) Joe Pesci. An inept lawyer tries to free his cousin from a Dixie jail. (E)

1:30 pm WTBS (3) * * "The Chronicles of Riddick" (2004, Science Fiction) Vin Diesel. On the run from mercenaries, a fugitive lands on a planet endangered by an invading ruler and his bloodthirsty army. (E)

FAM (26) "Get a Clue" (2002, Comedy) Lindsay Lohan. A 13-year-old student enlists her friends to rescue her English teacher. (In Stereo) (E)

3:00 pm VTV(22) "Plague City: SARS

3:00 pm VTV 22 "Plague City: SARS in Toronto" (2005, Drama) Kari Matchett. Canadian health-care workers are on the front line in a bat-

6:00 pm YTV 18 ***"Over the Hedge" (2006, Comedy) Voices of Bruce Willis. Animated. An opportunistic raccoon teaches fellow animals about the edible treasures that the new humans in the neighborhood conveniently leave outdoors. (In Stereo) 15 CITY 29 ***Touch of Plnk" (2004, Romance-Comedy) Jimi Mistry. A gay Muslim, who turns to an imaginary Cary Grant for advice, tries to hide his true nature from his marriage-minded mother. 15 7:00 pm WTBS 3 ***"Minority Report" (2002, Science Fiction) Tom Cruise. A policeman tries to establish his innocence in a future where law enforcement an arture Willers hefers their

cence in a future where law enforcement can arrest killers before their

crimes. EE
8:00 pm CBC [3] **"National
Treasure" (2004, Adventure) (Part 1
of 2) Nicolas Cage. An adventurer

must steal the Declaration of Independence and use its hidden map to find a legendary fortune. (In Stereo) © VTV[22] "Paradise City: Degrassi Goes Hollywood" (2009, Drama) Raymond Ablack. Premiere. Students travel to Los Angeles to score roles in a musical directed by actor Jason Mewes. (In Stereo) © (DVS)

score roles in a musical directed by actor Jason Mewes. (In Stereo) (DVS)
9:00 pm FAM (26) **"Little Big League" (1994, Comedy) Luke Edwards. A 12-year-old boy inherits the Minnesota Twins and takes over as team manager. (In Stereo) (10:00 pm WTBS (3) ***"The Devil's Own" (1997, Suspense) Harrison Ford. A New York policeman learns that his Irish houseguest is an IRA terrorist seeking U.S. weapons. (10:10 pm CBC (13) **"National Treasure" (2004, Adventure) (Part 2 of 2) Nicolas Cage. An adventurer must steal the Declaration of Independence and use its hidden map to find a legendary fortune. (In Stereo) (19) ** The Bridges of Madison County" (1995, Romance) Clint Eastwood. Memoirs tell a deceased woman's children of her four-day affair in 1965 with a photographer on assignment. (In Stereo) (19) SPIKE (44) **"John Carpenter's Escape From L.A." (1996, Action) Kurt Russell. The fascist U.S. president enlists a jailed war hero to retrieve a top-secret device stolen by his daughter on island Los Angeles in 2013. (In Stereo)

We're different, and we like that. Similkameen News Leader

SATURDAY, AUGUST 29, 2009

		WTBS	CHBC	KNOW	KSPS 6	KHQ (7)	KREM 8	A&E	KXLY	BCTV	CITV (12)	CBC	YTV	TSN	VTV	DISC	FAM (26)	CITY	SPIKE	TROP
-	AM	Paid Prog.	News		America	Today (N)	(5:00) The	Sell House	Paid Prog.	Fishing	Fishing	Super Why!	1000	SportsCentr		Treasure	Rangers	CHIN	TNA	Soup
6	:30	Paid Prog.	Tube Tales		Fly Tying		Early Show	Sell House	Paid Prog.	Fishing	Fishn	Busytown	Grossology	e [0]	Kingdom	Quest [6]	Handy	Dharti	IMPACT!	Paid
	AM	Paid Prog.	Ad Pers	Martha	MotorWeek	News (N)	Cake [R]	Flip This	Good	Saturday	Saturday	Turbo	Pretty Cure	Fishing	Anne Grn	Man vs.	Mickey	Eye on Asia		The Outer
1	:30	Paid Prog.	Fishing	Clifford	Seasoned		Horseland	House [15]	Morning	Morning	Morning	Animal	Rollbots	Motoring	Kids	Wild	Phineas			Limits (E)
	AM	Videos	Foodies	George S.	Woodsmith		Dino	Flip This	America	News (N)	News (N)	Razzberry	SpongeBob	Triathlen:	Jeff	"Namibia" Mighty	Suite Life	Polish	Xtreme 4x4	What
8	:30	Videos	Driving TV	Magic Bus	Hometime		Sushi Pack	House (N)	Replace			Goldfish	Kid vs. Kat	Ironman	Pringle	Ships III	School	Studio 30	Hrsepwer	Raymond
	AM	Movie: "The	Paid Prog.	(8:58)	Workshop		Strawberry	Keyshawn	Little		Driving TV		SpongeBob	NASCAR	Pringle	How-Made	Zocy 101	Amazing	Trucks! (N)	Seinfeld
9	:30	Haunting" (1999) Liam	Back 2 Life	(9:28)	Old House		Care Bears	Keyshawn	League		Fishing	Presents I	Casper	Racing	Alice	How-Made	So Raven	Downright	MuscleCar	Seinfeld
-	AM	Neeson. [6]	Clean Slate	Maggie-	Ask This	Zula Patrol	WTA	Hoarders	Baseball: World	Fishn	Heart of a	Dinner	OddParent	2009	Justice	Dust to	Montana		Disorderly	Inside
10	:30		Daily 10	Beast	Test Kitch	Friend	Tennis: Pilot	"Patty; Bill"	Series, Int'I	Fishing	Child	Antiques	League	Canada	Child Fund	Glory	Wizards	CityLine III	Con.	Hollywood
		Friends	To Be	Rolle Polie	Christina	Pald Prog.	Pen Final	Hoarders	Championshi p Teams	Heart of a	Fishing	Track and		Summer						Œ
111	12 (23.00)	Cheers	Announced	Paddington				(II)	TBA	Child (N)	Clean Slate	Field:	Transform	Games (Live) [6]	PLAN Canada (8)		Sonny		UFC 102: Countdown	'70s Show
-			То Ве	Lilly (C)	Cooking	Volleyball:	PGA Tour	11	Little	N'	100000	Golden	Wolverine				Suite Life	Paid Prog.		King
12		Frasier	Announced	Miss BG		AVP Crocs	Golf: The	Angel	League	Noon News Hour (N)	Back 2 Life		Pokemon	PGA Tour Golf: The	Daily Planet	Dirty Jobs	Movie: "Double	CityLine 3	Movie: "Rocky"	Friends
		Seinfeld	T- D-		Garden	Tour	Barclays	Criss Angel Mindfreak	Baseball:		Seinfeld	MLS Soccer:	Dinosaur	Barclays			Teamed"		(1976,	Friends
1		Seinfeld	To Be Announced	(1:06) Taste	Antiques Roadshow	Golf: Amateur	Third Round.		World Series, U.S.	Real Renos	Seinfeld	Toronto FC	Dragon	Third Round.	Uber Guide		(2002)	King	Drama) ' Sylvester	Raymond
-	100			Mechanics		Championshi	From Jersey	Criss Angel Mindfreak	Championshi		Simpsons	at Seattle Sounders	Monster	From Jersey	LESS	Animals	(1:33) Movie:	King	Stallone,	Raymond
2	PM	King	To Be Announced	(2:03)	History Detectives	p	City, N.J. (E)	Mindireak	P	Seinfeld	Simpsons	FC. (Live)	Rollbots	City, N.J.	Car	MythBuster	"Cadet	EP Canada	Talia Shire	'70s Show
-	:30	King		Fetch! Ruff	CE ·			Movie: "Edward	ТВА	Simpsons	Simpsons	(II)	Hawks	(Live)	Into Wild	s Œ	Kelly"	Reviews	(2:39)	Seinfeld
3	0.000	Family Guy	To Be Announced	Upside	Railway	Athlete	Paid Prog.	Scissorhands	Montana	Simpsons	Family Guy	24.5.5554	Team	SportsCentr		Cash Cab	(2002) Hilary Duff,	CityNews/6	Movie: "Rocky II"	Boh-Doug
3		Family Guy	Announced	(3:27) Little	Adv.	Veggie	Paid Prog.	" (1990)	Suite Life	Simpsons	Family Guy	Creature	Mystery	e (Live) [E	Lifetime @	Qubit (N)	Suite Life	Amazing	(1979,	Parker
1	77.00	CAR COLLEGE	To Be	(4:02)	Europe	Penguins	Dino	Johnny Depp. (E)	NASCAR	Family Guy	Family Guy	Who Do	Movie:	CFL	First Story	Cash Cab	Wizards	Less-Kind	Drama) Sylvester	Inside
4	:30	Payne	Announced	(4:27)	Food Trip	Turbo	Sushi Pack		Storms	Family Guy	Global	Project X	"Pinocchio 3000"	Football: Hamilton	First Story	How-Made	Cory	NFL	Stallone,	Hollywood
-		Movie:	E! News	George Shrinks	Summer	News (N)	NFL	Movie: "My	Storms	Family Guy	(4.59) News	Antiques	(2004) [3]	Tiger-Cats at	etalk [tc]	Destroyed	Sonny	Preseason Football:	Talia Shire.	Friends
5	:30	"Minority Report"	News	Creatures	Keep Up	NBC News	Preseason Football;	Cousin Vinny"	ABC News	Global	Hour [E]	Roadshow	(5.45) Kid	Edmonton Eskimos.	etalk [tt]	Time Warp	Montana	Butfalo Bills	(5:21)	Friends
	PM	(2002) Tom	Global	Profiles of	Lawrence	News (N)	San Diego	(1992,	News	(5:59) News	Doc [th]	Sat. Report	Kid vs. Kat	(Live) [CTV News	Dirty Jobs	(6:01) Jonas	at Pittsburgh		Friends
6	:30	Cruise, Colin	What	Nature [6]	Welk Show	Judge J.	Chargers at Atlanta	Comedy) Joe Pesci. [8]	The Insider	Hour (N)		Marketple	League		(N) [3]	[60]	Buzz	Steelers. (Live) [6]	"Rocky III" (1982)	Friends
_	PM	Farrell, @	Out There	National	Benny	CSI: NY	Falcons.	resci. (6)	Entertainm	Doc [tt]	Doc [c]	The Nature	Prank Ptrl	SportsCentr	W FIVE	Destroyed	Suite Life		Sylvester	Inside
7	:30		E News	Geographic	Time Goes	"Trapped"		Simmons	ent Tonight			of Things	Prank Ptrl	e (Live) [6]		Guinea Pig	(7:19) Zoey		Stallone. Movie:	Hollywood
	PM	Movie: "Star	Rich Poor	Heartbeat	The Civil	Law Order:	Access	Simmons	Movie:	Doc [fc]	Doc [tt]	Dragon's	Survive		Movie:	Angel	Suite Life	News	"Rocky IV"	Bob-Doug
8	:30	Trek: Insurrection"	Rich Poor	Œ_	War "War Is	CI	Hollywood	Simmons	"Flightplan"			Den 🖫	Adrenaline	World	"Flightplan"	Angel	Montana	Reviews	(1985) Sylvester	Parker
-	PM	(1998)	Movie	Midsomer	All Hell: 1865" [6]	WrestleMan	(N) Paid Prog.	Movie: "My	(2005) Jodie Foster	Doc "Men in	Doc "Wake	Da Vinci's	In Real Life	Extreme	(2005) Jodie Foster.	Dirty Jobs	Movie:	EP Canada	Stallone.	Friends
9	:30			Murders		in	Backroads	Cousin		Tights"	Up Call"	City Hall	Œ	Cagefightin	i oster.	(E)	"Dennis the	Amazing	(9:33)	Friends
	- (30.1	American		"Last Year's Model" (E)		Law &	Paid Prog.	Vinny"- (1992,	Jimmy	Doc "Swing	News Final	Intelligence	Prank Ptrl	E CIL	Law &	Destroyed	Menace" (1993)	Paid Prog.	Movie:	'70s Show
10	:30	Chopper @		TOUR CIED	Parks	A	Scrubs	Comedy) Joe	7-500 YS 2.4.	Shift" [E]	Driving TV	(DVS)	Prank Ptrl	Speed	Order: SVU	Time Warp			"Rocky V"	1
	300	"Starship	News (N)	Montreal	1 -01		THE PERSON NAMED IN	Pesci. [ff]	Valleto-	Name Plant			10000	The second second	F		(10:35) Movie:	Northern	(1990) Sylvester	Seinfeld
111		Townson"	E News	THE TRANSPORT AND REST	Limits @	News (N)	News	Character	Edition	News Final	J.R. Digs	News	Mystery	SportsCentre (Live) [6]		Destroyed	"Snow	Northern	Stallone,	Mad Abt.
	:30		E News			Sat. Night	Seeker	Simmons	Paid Prog.	Sat. Night	Sat. Night	"Bend It"	Ghost		CTV News	Guinea Pig	Dogs"	Northern	Talia Shire.	Mad Abt.

SUNDAY, AUGUST 30, 2009

		WTBS	CHBC 4	KNOW	KSPS 6	KHQ 7	KREM 8	A&E	KXLY	BCTV	CITV 12	CBC	YTV 18	TSN 19	VTV 22	DISC 24	FAM 26	CITY 29	SPIKE	TROP 45
6	AM :30	Sports Saved-Bell	News Pioneers		Maya Fetch! Ruff	COT.	Paid Prog.	Private Sessions @	Paid Prog.	Is Written Fishful	Driving TV Whata	Animal Save-Ums!	Being Ian Grossology	Formula One Racing	Daily Planet	Japan's Ghost Fleet	Overdrive Handy	Amazing In Fushion	Shocking Moments	Driving T
_	- Total	Saved-Bell	Hunter	Martha	Raggs (ff)	News (N)	CBS News	The	Good	Foodies	Canada	Razzberry	Monster	Reporters	Twice in a	Nature's	Mickey	Eye on Asia	World's	The Outer
7	:30	Videos	Fish	Clifford	Animalia	Northwest	Sunday Morning	Sopranos	Morning . America	Canada	Is Written	Coronatn	Casper	Reporters	Lifetime [#]	Most Amazing	Phineas		Most Shocking	Limits 📧
0	AM	Videos	Fishn	George S.	Reading	Meet the Press (N)	(N) (E)	The Sopranos	This Week With	Sunday Morning	TribalTrail	Coronatn	Kid vs. Kat	Score Golf	Anne Grn	Nature's	Suite Life	Eye-Asia	Xtreme 4x4	What
8	:30	Videos	100000	Magic Bus	Electric	(II)	Nation	(6)	George	News (N)	Ride Guide	Coronatn	League		Pringle	Most Amazing	School	Festival Italiano di	Hrsepwer	Raymond
9	-	Movje: "Dreamcatch	Neighborho od		Wishbone	Paid Prog.	Tennis: Arthur Ashe	The Sopranos	Matthews	Œ	Hour of Power (C	Coronatn	OddParent	PGA Tour Golf: The	PLAN Canada @	Funniest Animals	Zoey 101	Johnny	Trucks!	Seinfeld
_	:30	er" (2003, Horror)	Jan-	(9:28) Maggie-	Biz Kid\$ Design	Paid Prog. Track and	Kids' Day.	Movie:	Wall St Hometime	Driving TV		Coronatn	Barnyard	Barclays			So Raven	(In Italian)	MuscleCar	Seinfeld
10		Morgan	Marriage	Beast .	Ride, Lives	Field:	Preview	"Edward	Paid Prog.	Listen Up	Listen Up Foodies	CBC News: Sunday	SpongeBob	Fins Skins	Jeff	Mayday 🔃	Montana Wizards		Most Amazing	Just Shoot Just Shoot
	AM	Freeman. [60]		Rolie Polie	Foreign	Golden League	PGA Tour	Scissorhands " (1990)	Paid Prog.	Hour of	Driving TV	fifth estate	Jackson	NASCAR	Canada's	How-Made	Suite Life	Reviews	Videos Most	King
11		Movie: "Star	0.000	Paddington	European	Beach	Golf: The	Johnny	Paid Prog.	Power @	Canada		H2O Just	Racing:	Worst	How-Made	Suite Life	EP Weekly	Amazing	King
	PM	Trek: Insurrection"		Lilly 🔃	Globe	Volleyball: AVP Crocs	Barclays – Final Round.	Depp. (f)	Little	Noon News	Seinfeld	Land Sea	The Next	Nationwide Series –	Driver W FIVE	American	"Wizards of	Amazing	Videos Most	Friends
12	:30	(1998) 匪	Announced	Miss BG	Trekker [E]	Tour	From Jersey City, N.J.	Movie: "My	League Baseball:	Hour (N)	Seinfeld	Mansbridg	Star 2 [H]	NAPA Auto Parts 200.		Loggers [ff]	Waverly Place"	Cook	Amazing Videos	Friends
4	PM		To Be		The History Project	Golf: U.S. Amateur	(Live) 🖫	Cousin Vinny"	World Series,	Big Coast	Seinfeld	Steven and	In Real Life		W-FIVE	Canada's		39.35 Sept. 10.55 Sept. 10.55	Most	Raymond
1	:30	Movie: 'The Chronicles	the same of	Mechanics		Championshi		(1992, Comedy) Joe	World	Seinfeld	Simpsons	Chris 🖫	E .	-	Degrassi Story	Worst Driver	Movie: "Get a Clue"		Amazing Videos	Raymond
2		of Riddick"	To Be Announced	World Og	Swiss Rail Journeys	p Final Round.	1	Pesci. [6]	Championshi		Simpsons	Fashion F.	Adrenaline	1	Twice in a	MythBuster s 🕮	(2002) 国	The second second second second	Most Amazing	Seinfeld
_	100	(2004) Vin Diesel. 🖭	То Ве	Fetch! Ruff Upside	Wait God	Paid Prog.	Paid Prog.	CSI: Miami	Story	Simpsons	Simpsons	72 Hours	Survive	Ct-Ct-			Code VIII		Videos	Seinfeld
3	PM :30	The same	Announced	(3:27) Little		Babar [6]	Paid Prog.	"Ambush"	Security	Simpsons Family Guy	Table State	Arctic Rush	Family Biz	SportsCentr e (Live) 🖾	"Plague	Cash Cab Qubit (N)	Suite Life Suite Life	CityNews/6 Amazing	Most Amazing	GoldMind GoldMind
_	.00	Movie:	To Be	(4:02)	Money	NBC News	Extra (N)	CSI: Miami	Storms	Bullet Ex	Family Guy	Jeopardy!	Movie:	WEC	City: SARS in Toronto"	MythBuster			Videos Most	Carlawood
4	:30	"Minority	Announced	(4:27)	Hometime	Fortune	Œ	"All In" @	Storms	Family Guy		Fortune	"Casper's	WrekCage	(2005)	s 🖭	Cory	Less-Kind	Amazing	Parker
_	PM	Report" (2002) Tom	Okanagan	George Shrinks	Workshop	NFL	News	Criminal	Movies	Family Guy	(4:59) News	Movie: "Spy	Scare School"	(N) NFL	In Fashion	MythBuster	Sonny	Murdoch	Videos Most	Inside
5	:30	Cruise, Colin	News	Creatures	Old House	Preseason Football:	CBS News	Minds III	ABC News	Global	Hour @	Kids" (2001) Antonio	(2006) 匪	Preseason Football:	FashionTel	s Automotive	Montana	A TANCHUS CHARLES	Amazing Videos	Hollywood
6	PM	Farrell. [65]	Global	Saddle	Lark Rise	Chicago Bears at	KREM 2 News at 6	Criminal Minds [8]	News	(5:59) News Hour (N)	16:9	Banderas.	Movie: "Over the	Chicago	CTV News	fables. 🖭	(6:01) Jonas	Movie:	Pros vs.	Carlawood
6			What	Undersea	Candleford	Denver	(N)		Storms	(II)	Amer Dad	(E)	Hedge"	Bears at Denver	(N) EE	\	Buzz	Pink" (2004)	Joes	Parker
7		Movie: "Minority	Taking It Off (N) ©	National Geographic	Nature (DVS)	Broncos. (Live) [E]	60 Minutes	Criminal Minds (C)	Funnlest Home	16:9	Simpsons	Heartland "Dark	(2006, Comedy) (£)	Broncos. (Live) [#]	Corner Gas	MythBuster s (N) 🖭	Suite Life	C-1000	Pros vs. Joes	GoldMind
-	:30	Report"	How'd They		Masterpiece	News (IC)	(8:01) Big	Criminal	Videos Extreme-	Amer Dad (8:01) Big	Family Guy (8:01) Big	Horse" Movie:		SportsCentr	Big Bang "Paradise	Anthony	(7:19) Zoey Suite Life			GoldMind
8	:30	Cruise, Colin	Do That?	Morse "Absolute	Mystery!	News (B)	Brother 11	Minds [f]	Home	Brother 11 (N) (II)	Brother 11	"National Treasure"	Prank Ptrl	e (Live) @	City: Degrassi	Bourdain	Montana	EP Weekly	Pros vs. Joes	What Weekend
9	PM :30		Movie	Conviction"	(DVS) West	CSI: NY "Wasted" [ff]	Neighborho od	Criminal Minds (E)			Family Guy Amer Dad	(2004) Nicolas	In Real Life	Friday Night	Goes	s	Movie: "Little Big	Cladistore	Ways Die Ways Die	Friends Friends
		Movie: "The		New Tricks	MI-5	Dateline	(9:59) Cold	Criminal	Defying	Simpsons	News Final	(10:10)	Adrenaline	Fights. (Taped) (E)	Defying	Automotive fables. (£)	League" (1994) Luke		Ways Die	Seinfeld
10		Devil's Own" (1997)		刨	"Celebrity"	NBC III	Case "Wings"	Minds (E)	Gravity (N)	Family Guy	16:9	"National Treasure"	Survive		Gravity (N)		Edwards.	100	Ways Die	Seinfeld
	PM	Harrison	News (N)	Montreal	Globe	News (N)	News	Criminal		News Final	Paid Prog.	CBC News	Mystery	SportsCentr			"Bridges-	Paid Prog.	"Escape	Mad Abt.
11	:30	Ford.	Okanagan	Jazz	Trekker @	Paid Prog.	(11:35) Cold	Minds (E)	Van Impe	16:9	Paid Prog.	Dr. Who	Mystery	e (Live) [E]	CTV News	s Œ	Madisn"	Paid Prog.	From L.A."	Mad Abt.

+

MONDAY, AUGUST 31, 2009

	4	WTBS	CHBC	KNOW	KSPS	кно	KREM	A&E	KXLY	BCTV	CITV	CBC	YTV	TSN	VTV	DISC	FAM	CITY	SPIKE	TROP
		3	4	5	6	7	8	9	10	111	12	[3]	[18]	19	22	24	26	29	44	45
6	AM	Jeffersons	News	Franklin	Bob Build	News (N)	News	American Justice (tt)	News	(5:30) Morning	(4:30) Morning	CBC News: Morning	Rolle Polle	SportsCentr	Canada AM	Daily Planet		CityLine @	Amazing	Once a Thief (6)
6	:30	Sanford	Tube Tales	George S.	Lions					News (N)	News (N)	(N)	Dewitt				King [6]		Videos	
7	AM	In the Heat of the Night	Room	Martha	Arthur (EI)		The Early Show (N)	Cold Case Files @	Good Morning	Œ	111	Save-Ums!	Berenstain	SportsCentr		Mighty Ships	Mickey	The Tyra Banks Show	Most Amazing	The Outer
1	:30	of the Night	That News	(7:29) Dora the	Martha	TEL.	EE (14)	rues (iii	America (N)			Animal	Rolie Polie	C DEL		"Maersk"	Mickey	Danks Grow	Videos	Limits (9)
0	AM	Cosby	Ad Pers	Explorer	Curious		100	CSI: Miami	(E)		100 Huntley	Bo On Go	Timothy	SportsCentr		How-Made	Handy	Rachael	Most	North of 60
8	:30	Cosby	What	Magic Bus	Sid			"Fade Out"			Street [E	Busytown	Willa	e Œ		How-Made	Handy	Ray 🖾	Amazing Videos	"Harvest"
-	AM	Fam. Feud	Three Takes	Berenstain	Super Why!	- 1	The 700	CSI: Miami		100 Huntley	World	Super Why!	Casper	Record	Regis and	Daily Planet	Feet	News	Most	TV Made
9	:30	Fam. Feud	(E)	Clifford	Clifford		Club ["Deviant"	Kelly	Street [E	Vision @	Wilbur ((9:25) Kid	Fishing	Kelly		Tigger	City	Amazing Videos	What
	AM	Trivial	The Mom	Sid	Sesame		The Price Is	Criminal	The View	Hospital for	Hospital for	Poko	(10:05) Viva	Tennis: U.S.	Andreas Printer and Control	Canada's	Mickey	The O.C.	Most	Dawson's
10	:30	Trivial	Show [6	(10:25)	Street (EI)		Right (N)	Minds (tt)	Œ	Sick Kids	Sick Kids	Doodlebop	Erky Perky	Open, Men's & Women's	Œ	Worst Driver	Handy	Œ	Amazing Videos	Creek "Pilot"
	AM	Steve H.	One House	Rolie Polie	Dragon	Ellen	Young and	The	Paid Prog.	World	(10:59)	Gofrette	(10:50)	First Round.	Twice in a	Mayday [6]	Benj Bear	The Bonnle	Most	Raymond
11	:30	Harvey	Guys	Berenstain	Sit-Be Fit	DeGeneres Show	the Restless	Sopranos	Paid Prog.	Vision [t]	Noon News Hour (N)	Animal	Ruby	From the USTA	Lifetime (65)	4	(11:25) King	Hunt Show	Amazing Videos	Raymond
	PM	Fresh Pr.	Chef	(11:56)	Charlie	Paid Prog.	News	American	All My	Noon News	Days of our	CBC News:	Monster	National	etalk (E)	Mighty	(11:49)	CityLine [10]		Seinfeld
12	:30	Fresh Pr.	Design U	(12:32)	Rose (Paid Prog.	Bold	Justice @		Hour (N)	Lives (N)	Today (N)	Grossology	Tennis	Bold	Ships	Weekend		Amazing	Seinfeld
	PM	Still Stnd	Home to	Maggie	Fine Art	Days of our	As the	Cold Case	(N) (C) One Life to	As the	As the	Doc Zone:	Hawks	Center in Flushing,	Sue	Destroyed	Dragon	Cold Case	Videos Most	Raymond
1	:30	Still Stnd	Parents	Sagwa	Sewing		World	Files @	Live (N)	World	World	Dubai	(1:40) Viva	N.Y. (Live)	Thomas:	Destroyed	Emperor	Œ	Amazing	Raymond
-	PM	King	Guiding	(1:56)	Barney	The Bonnie	Turns (N) Guiding	CSI: Miami	General	Turns (N) Young and	Turns (N) The Doctors	Steven and	SpongeBob	Œ	F.B.Eye General	MythBuster		CityNews at	Videos Pros vs.	3's Co.
2	:30	King	Light (N)	BluesClues	WordWorld	The state of the s	Light (N)	"Fade Out"		the Restless	Œ	Chris 🖭	Team	3 1	Hospital (N)	The Market Street Control of	K. Possible	5 (N) 🖫	Joes	3's Co.
	PM		Split Ends	(2:57)	Big World	Judge	Dr. Phil @	CSI: Miami	Rachael	The Doctors	Young and	Fashion F.	Pretty Cure	Record	Dr. Phil 🔞	Canada's	Replace	CityNews at	Pros vs.	Carlawood
3		Friends	(N) E	Zoboomafo	WordGirl	Judge	Di. t illi (tt)	"Deviant"	Ray (t)	Œ	the Restless	Sophie	Pokemon	Sports	Di. I iii (E)	Worst	Emperor	6 (N) IE	Joes	Carlawood
	:30		Data Bard	0			Onsoh	Criminal	Deal No	Onnah	(O.FO) Faster		State of the state	Tennis: U.S.	Ellen	Driver Daily Planet		Law &	Dana su	
1		Family Guy	for the same of	"Powerhouse	Fetch! Ruff	Judge J.	Oprah Winfrey 🕮	Minds (E)		Oprah Winfrey (f)	(3:59) Early	Whisperer	SpongeBob	Open, Men's	The second second second second	(N) (E)	Phineas	Order: SVU	Pros vs. Joes	Raymond
-	:30	Family Guy	That News	George S.	Cyberchas	Judge J.	71-21		Deal No	4.	Global	(1)	OddParent	& Women's	Show					Raymond
5	PM	Payne	Deal No	Martha	BBC News	News (N)	News	Intervention		Early News	(4:59) News Hour (N)	CBC News: Vancouver	Penguins	First Round. (Live) [6]	at Five (N)	MythBuster s (6)		Murdoch Mysteries	Pros vs. Joes	The Outer
5	:30	Payne	News	(5:33)	Business	NBC News	CBS News			Global	Œ	at Six (N)	SpongeBob				Montana			
6	PM	Movie: "Air Force One"	Global	Taste Buds	News- Lehrer	News (N)	News	Intervention "Nikki"	News	(5:59) News Hour (N)	ET Canada		iCarly "iRuc	4	(N) E	Dirty Jobs (N)	Zoey 101	Valentine	Pros vs. Joes	ET Canada
0	:30	(1997,	News	Mechanics	Lenrer	Millionaire	Hollywood	INIKE	News	(I)	Entertain	Coronatn	the Day		(14) [61	(14) (15)	Life Derek	Las	Jucs	Comeback
7	PM		E! News	Undersea	'Allo, 'Allo!	Jeopardy!	The Doctors	The second second	Entertain	Entertain	The Unit	Fortune	The Next		etalk (tt)	Heli-	Wizards	Man	Pros vs.	Family Guy
-	:30	Harrison Ford. (5)	The Insider	Landscape	Europe	Fortune	(E)	"Tara; Betty"	The Insider	ET Canada	Œ	Jeopardy!	Star 2 🔃	4	Hollywood	Loggers [f]	Montana	(DVS)	Joes	Raymond
	PM	100000	How I Met	Hot Rocks	Antiques	Law Order:	How I Met	Paranormal		The second second	House	Mosque	Penguins	The state of the s		Daily Planet	Suite Life	News	Pros vs.	Raymond
8	:30	Seinfeld	How I Met	"Salt" Œ	Roadshow	CI	How I Met	Paranormal	Festival: Country's	"Saviors"	"Saviors"	Sophie	Futurama	e (Live) 🖫	CI	Œ.	Buzz	News	Joes	Raymond
	PM		The Soup	Movie:	History	Law Order:	Two Men	Intervention	Night to	Lie to Me	Lie to Me	Comedy	Lengue	NASCAR		MythBuster	Wizards	То Ве	Most	Family Guy
9	:30	Force One" (1997.	How I Met	"Sketches of Frank	Detectives (N)	CI	Big Bang	"Jeff" (Rock (N)	"Better Half"	"Better Half"	Comedy	Zixx Level	Racing	CI	s 🔃	Life Derek	Announced	Amazing Videos	Seinfeld
-	PM	*C3-C1C**	Final 24 (N)	The state of the s	Inside	Dateline	CSI: Miami	Intervention		Brothers &	News Hour	National	The Next	Motoring	CSI: Miami	A STATE OF THE PARTY OF THE PAR	School	Flavor of	Most	Family Guy
10	:30	Harrison Ford. @	Œ	Granirer	"Speed Week"	NBC @	Œ	"Nikki"		Sisters @	Final (N)		Star 2 🖫	Boxing	@	Loggers [1]	Cory	Love	Amazing Videos	Married
	PM	rord. (E)	News (N)	Haida Art	Charlie	News (N)	News .	Hoarders	News	News Hour	Entertain	(11:05) The	Mystery	SportsCentr	News	Dirty Jobs	Suite Life	Judge	Most	3's Co.
11	:30	Montel W.	Guy Stuff	Landscape	Rose (N) III	Tonight	Late Show	"Tara;	(11:35)	Final (N)	ET Canada	Hour E	Ghost	e (Live) [CTV News	匪	Life Derek	News	Amazing	3's Co.
	.00				L	10000		Betty"											Videos	1

Honday Movies

EVENING

6:00 pm WTBS 3 *** Air Force
One" (1997, Suspense) Harrison
Ford. Demanding the release of a
political prisoner, a terrorist and his
gang hijack the U.S. president's
plane. (E)

9:00 pm WTBS ③ ★★★"Air Force One" (1997, Suspense) Harrison Ford. Demanding the release of a

political prisoner, a terrorist and his gang hijack the U.S. president's plane. (E)
KNOW (5) ***"Sketches of Frank Gehry" (2005, Documentary)
Filmmaker Sydney Pollack pays tribute to the famous architect, whose Disney Concert Hall in Los Angeles and Guggenheim Museum in Spain are among his best-known designs. (E)



www.thenewsleader.ca

LOCAL NEWS/SPORTS - LETTERS TO THE EDITOR - EDITORIALS COURT NEWS - CLASSIFIEDS - WEATHER - ROADS



TAKE HOME A UNIQUE SOUVENIR FROM YOUR VISIT!

Bryan Smith's "Similkameen" DVD

\$15.00

Featuring 200 Photos of the Similkameen Valley



George Elliott's "Princeton Posse" DVD

Featuring 400+ photos from the 2006/07 season!



George Elliott's "Ghost Towns" DVD

Take a guided tour of the history of mining!

AVAILABLE AT: Similkameen News Leader 226A Bridge Street, Princeton (250) 295-4149 1-888-350-9969



Classifications

25 Words - \$7.00 (includes GST) - Pay for two weeks, the third week is FREE!

obituary

obituary

Douglas Carl Bollman



We are so sad to announce the passing of Doug. We don't have the words to say how much Doug will be missed by his daughter Tanya (Kris) Kahle and granddaughter Rebecca, his son Todd (Karen) Bollman, Marlene and her family, Dan and Karen Fraser, Cale and Ashley, Colin and Cory, Gord and Margaret Fraser, Scott and Diane Fraser, Chris, Carley and Scotty. Also his sister Penny (Helmet) Eger, his brothers Ted, Barry (Pam), Glen (Cathy) and their families, his aunts Marlin (Ron) Kowatski, Kim Clarke and Phillis Douglas and his many good friends as well as his four-legged friends Aggle, Jones and Luci. He was predeceased by his parents Carl Bollman and Evelyn Amott.

Doug was beyond brave and never let his health rule his life. In his own words to a nurse about two months ago, "You will find me a great patient and a humourous fellow." This was so true.

Marlene hosted a gathering at their home at 21.74 Princeton-Summerland Road on Sunday, August 23rd at 2:00 PM where friends joined in to "have a bite and a beer" on Doug, at his request.

A very special thank you to Dr. John Adams in Princeton and Dr. Sarah Broder in Penticton for their care and true kindness over the past years. In lieu of flowers please make a donation to Canuck Place, Children's Hospital or to your choice of charity. Thank you.

Condolences may be sent to the family c/o hansons@shawcable.com. Arrangements entrusted to the care of HANSONS' PRINCETON FUNERAL AND CRE-MATION CENTRE (250) 295-6102

We're different, and we like that.

Similkameen News Leader

NEED TO ADVERTISE?

A DISPLAY AD THIS SIZE WILL COST YOU

\$70.00 + GST

Newspaper Advertising is NOT expensive!

We are the ONLY independent newspaper in the region and proud of it.

News Leader

WE'RE DIFFERENT, AND WE LIKE THAT. Phone: (250) 295-4149 • 1-888-350-9969 Toll Free for sale

Over 100 evening party dresses from \$50.00 or rent from \$20.00. Call Kim (250) 295-4373 or 295-7988.

14' Sangster boat, wide beam deep V, 4 comfortable seats, windshield steering, electric start, 65HP Merc, Canvas top, very clean, comes with trailer. \$2,500.00 firm. Call (250) 295-6455.

17hp 42 inch Mastercraft riding lawn mower only 113 hours \$1,200...New King 10" compound mitre saw \$75...New 30 quart Turkey / Seafood Deep Fryer \$60...12 speed men's bicycle \$15. Call (250) 295-7582.

Firewood, 7-8 cords split, 20" — 23", \$600.00 you haul it. Call (250) 295-0331 or cell (250) 438-0357. Ag 1850 01

2007 Aerolite 30 ft travel trailer with tip out. Very easy to tow. Only used 8 times. Excellent unit to live in, travel or head south for the winter. Includes balance of 7 year warranty. \$20,000 firm. View at 145 Angela Ave. Phone (250) 295-6408.

Bernina sewing machine and table. Model 930 \$340.00, Wooden rocking chair \$25.00, Large deepfreeze. Best offer. Call (250) 295-6129. Act 185cp 01

2005 Buick Allure CXL. 76,000km. Call (250) 295-4802.

3 Volkswagons: '85 Rabbit, '86 Rabbit and '86 Scirocco, includes 2 spare engines, some spare parts. Professional work shop manual, cost over \$100. Exhaust removal tool - cost \$100. Asking \$1,000 firm for all. Call (250) 295-7284.

services

TIN MAN

METAL ROOFING Sales • Installations

295-3743 1-888-647-3377

Jul 06-tfn

Recycle your old cars, trucks or metal. For removal call (250) 295-5102 or (250) 295-3055. You call, I haul!

May 12 Aut

for sale

Complete fireplace insert with pipes, \$700.00. Princeton Hotel old cast iron steam radiators and 2 bathtubs for scrap unless sold. Offers. '85 Kawasaki 750 Vulcan, \$2,000 OBO. Call (250) 295-5631.

business opportunity

LOOKING for a BUSINESS PARTNER

117 Vermilion Avenue

Portion of Art Gallery space for small framing business or small cafe in exchange for caretaking the Gallery.

Call Karen for details. (250) 295-7274

Aug 25-Sep 08

for rent

1-bedroom suite, downtown. Close to everything. Call Sharon (250) 295-1845.

Fully furnished 2-bedroom apartment. \$500.00 per week, Princeton Castle Resort (250) 295-7988.

Apartment for rent. Available NOW. Excellent references and damage deposit required. No pets. Adult only building. Call (250) 295-1252 or (250) 438-0935 for details.

2-bedroom apartment downtown, no stairs, ideal for seniors. Asking \$700.00/month. Includes heat, lights and laundry. Adults only, no pets. Ad a m a g e d e p o s i t and good references are required. Call (250) 295-6408. Ad 1850-01

1-bedroom, shared bathroom with one other, shared laundry, free wireless internet, fully furnished, within walking distance of town. Asking \$300/month per single occupancy. Available immediately. No smoking, no pets, references required. Call (250) 295-0869.

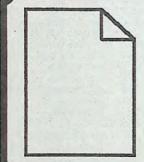
wanted

Discer set (farm equipment), 8-foot or less. Call Pete at (250) 295-7982. Aug 23

found

11 km north of Princeton, valuable item in the Tulameen River by the rail bridge on July 29th. Call Don at (250) 462-2955.

www.gotbulls.info



RESUME

NEED SOME WORK? SEE BRENDA AT:

Similkameen News Leader 226A Bridge Street

> Phone: (250) 295-4149 Fax: (250) 295-4103

Cover2Cover Bookkeeping

& Office Services

Fax Services Scanning Word Processing Resumes - Letters

(250) 295-4149 226A Bridge Street

Classified Ad Deadline: 12 Noon Fridays • All Classified Ads MUST be paid in advance Payment Options: Cash, Cheque, Debit, Visa, Mastercard

Phone: (250) 295-4149 • 1-888-350-9969 • Fax: (250) 295-4103 • e-mail: george@thenewsleader.ca

Classified Advertising Rates



25 words \$7.00

VISA

Pay for 2 weeks and get the third week FREE! (.5¢ FOR EACH ADDITIONAL WORD)

All Classified Ads <u>must</u> be paid in advance! Payment methods accepted: Cash, Cheque, Debit, MasterCard or Visa. WEEKLY DEADLINE IS 12 NOON FRIDAYS



notices

notices

Visit Us **Online At:**

www.thenewsleader.ca

Local News **Local Sports** Court News **Letters To Editor** Calendar of Events Classifieds Weather **Road Reports**

> **Updated** Weekly!

> > sudoku



CHALLENGE #221 - Easy

CHALLENGE #222 - Hard

notices

Princeton Posse 2009/10 CLIP 'N' SAVE Game Schedule



PRESENTED BY:

FRI SEP 11 - Sicamous at PRINCETON SAT SEP 12 - Fernie at PRINCETON FRI SEP 18 - PRINCETON at Penticton FRI SEP 18 - PRINCETON at Penticton
FRI SEP 25 - Penticton at PRINCETON
SAT SEP 26 - PRINCETON at N Okanagan
SUN SEP 27 - Kimberley at PRINCETON
FRI OCT 02 - PRINCETON at Chase
SAT OCT 03 - Chase at PRINCETON
FRI OCT 09 - Revelstoke at PRINCETON
SAT OCT 10 - Revelstoke at PRINCETON
SAT OCT 17 - N Okanagan at PRINCETON
TUE OCT 20 - Kamloops at PRINCETON
FRI OCT 23 - Revelstoke at PRINCETON
SAT OCT 24 - Sicamous at PRINCETON SAT OCT 24 - Sicamous at PRINCETON FRI OCT 30 - PRINCETON at Sicamous SUN NOV 01- PRINCETON at Kamicops FRI NOV 06 - Penticton at PRINCETON SAT NOV 07 - PRINCETON at Penticton SAT NOV 07 - PRINCETON at Penticton
SUN NOV 08 - N Okanagan at PRINCETON
FRI NOV 13 - PRINCETON at Revelstoke
SAT NOV 14 - PRINCETON at Revelstoke
SUN NOV 15 - PRINCETON at Chase
FRI NOV 20 - PRINCETON at Beaver Valley
SAT NOV 21 - PRINCETON at Spokane
FRI NOV 27 - N Okanagan at PRINCETON
SAT NOV 28 - Sicamous at PRINCETON SAT NOV 28 - Sicamous at PRINCETON FRI DEC 04 - Chase at PRINCETON SAT DEC 05 - PRINCETON at Chase FRI DEC 11 - Castlegar at PRINCETON SAT DEC 12 - PRINCETON at Kamioops WED DEC 16 - Kamloops at PRINCETON FRI DEC 18 - PRINCETON at Sicamous SAT DEC 19 - Grand Forks at PRINCETON SAT JAN 02 - Kamioops at PRINCETON SUN JAN 03 - PRINCETON at Sicamous FRI JAN 08 - PRINCETON at Col. Valley SAT JAN 09 - PRINCETON at Golden SUN JAN 10 - PRINCETON at Creston FRI JAN 15 - PRINCETON at Penticton SUN JAN 17 - PRINCETON at N Okanagan FRI JAN 22 - PRINCETON at Penticton SAT JAN 23 - PRINCETON at N Okanagan FRI JAN 29 - Kamloops at PRINCETON SAT JAN 30 - PRINCETON at Revelstoke FRI FEB 05 - Nelson at PRINCETON SAT FEB 06 - Chase at PRINCETON SUN FEB 07 - PRINCETON at Kamloops WED FEB 10 - Penticton at PRINCETON FRI FEB 12 - N Okanagan at PRINCETON SAT FEB 13 - PRINCETON at Chase

notices

MONDAY NIGHT BINGO IN PRINCETON SENIOR CITIZENS BR. #30

162 Angela Avenue 4:30 PM Sales Start 5:30 PM 1st 47 Bonanza #'s Specials, Regular Games, Odd & Even, Progressive Snowball & Loonie Pot, "Lucity 7" Won Every Monday (Min. \$50.00 Guaranteed) BC Gaming License #16525 "KNOW YOUR LIMIT, PLAY WITHIN IT

INDIVIDUALLY PREPARED HOROSCOPE

character chart - \$25. Basic chart plus predictive -\$50.

Phone 295-6063 Completely confidential

notices

Narcotics Anonymous

OPEN MEETINGS Wednesdays 7:30 PM

160 OLD HEDLEY ROAD Baptist Church Basement Sundays 7:30 PM Living Water Foursquare Church, Kenle

Info: (250) 295-7919 OR 295-6531, 295-6723

Drinking a problem? Alcoholics Anonymous

Meets 7:30 PM Thursdays Princeton Baptist Church 160 Old Hedley Road

Fred 295-7272/Marena 295-7663

FREE AND CONFIDENTIAL COUNSELLING SERVICE

Available to any woman who has experienced physical, sexual or emotional abuse in their past or present life.

Funded by the Ministry of Community Services, Stopping the Violence Branch

OFFICE HOURS 8:30 AIVI - 4:30 PM

KEREMEOS: Tuesdays ONLY call (250) 499-3018 PRINCETON: Tuesdays ONLY call (250) 295-4453

help wanted

help wanted

Is debt turning your world Łumop apisdn Relief is only a call away!

Call Harry Martens, Estate Administrator at 1-800-661-3661 today to set up your free consultation.

Donna Mihalcheon CA, CIRP, KPMG Inc. Trustee in Bankruptcy.

YARD WORK - PLUS MORE

A GUY FOR ALL SEASONS

Raking - Snow Shoveling - Snow Removal - Weeding Cutting Lawns - Gardening (Planting) - Maintenance **Watering - House Sitting - Painting**

Call Paul 295-7820 or 295-1687 and leave message

LIMITED PRINT

"DELUXE EDITION"

is available at Shoppers Drug Mart and Chamber of Commerce From the Author of: "Blakeburn - B. C.'s Forgotten Ghost Town

Traditional Music Fest



Mike & Nakos (in the foreground) Marker perform on the Museum stage August 23rd. *



Goldcliff discovers new targets

George W. Sanders, President, reported August 17th that Goldcliff has identified several high priority airbornegeophysical anomalies on the Company's 100%-owned Panorama Ridge property near Hedley.

These anomalies have a high correlation with the known geology and mineralization in the Hedley Gold Basin, along with that of the nearby historic Nickel Plate and Canty mines (owned by Barrick Gold), and the GoodHope and French mines, which adjoin the Panorama Ridge property claims.

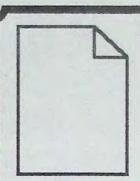
The new anomalies clearly identify the mineralized zones associated with the York-Viking and Nordic zones being drilled by Goldcliff. Additional anomalies have identified new targets around Panorama Ridge, as well as new target areas away from the ridge, which suggests the possibility of a regional occurrence of mineralization. Follow up prospecting and geochemical sampling is underway on several of these targets.

Flown last October 2008, the airborne geophysical survey accumulated a total of 312 line kilometres of electromagnetic, magnetic and radiometric data at a line spacing of 200 metres.

Goldcliff recently received the

final interpretation report of this data.

The objectives of the survey were to obtain geophysical information that would define geophysical features that may be related to geological changes associated with known gold occurrences and to suggest new areas to explore for additional gold mineralization.



RESUME

NEED SOME WORK?

SEE BRENDA AT:

Similkameen News Leader 226A Bridge Street

> Phone: (250) 295-4149 Fax: (250) 295-4103



FAX SERVICE

SENDING OR RECEIVING

AVAILABLE AT:

Similkameen News Leader 226A Bridge Street

> Phone: (250) 295-4149 Fax: (250) 295-4103

Here's My Card! Advertise Your Business Here For As Little As...

\$10.00 PER WEEK

Call Us For Details! Similkameen News Leader (250) 295-4149

Princeton Area Ghost Towns - The DVD



\$19.99 INCLUDES GST

Available at:
Similkameen
News Leader
www.thenewsleader.ca

Explore The History Of Mining - Gold, Copper and Coal

BEWARE!

THIS COULD HAPPEN TO YOU



Albert had a vehicle he wanted to sell. He decided to put a Classified Ad in the News Leader. The vehicle sold. Advertising works. Call us for details.

Rows Loader

Phone: (250) 295-4149 - 1-888-350-9969 Toll Free

Editorial Page

Similkameen News Leader, 226A Bridge Street, PO Box 956, Princeton, BC V0X 1W0

HY TURN

Too Much Information

Have you ever viewed your home from space?

One afternoon at work, when things appeared to slow down enough to allow for some extra googling, we explored Google Earth.

In much the same manner as I always look in the new phone book to see what my listing looks like, we checked out our neighbourhood.

Crystal clear images surrounded our community but on the day that the satellite passed over Princeton the sky was cloudy and the images were, well, similar to ones I delete from the digital camera as they just don't look very good.

That was our first experience with Google Earth, but then many months later we checked it out again and were able to see Princeton, our neighbourhood and our home with a clarity we did not expect.

We zoomed in and from approximately 100 feet above our property I discovered something very amazing.

We aren't very good at keeping our yard clean.

Probably what disturbed me most was that I needed to learn this fact from a satellite image and not from a quick glance off the back porch.

It made me think that if there really is an intelligent life form from another galaxy viewing our neighbourhood with Google Earth, they may decide to leave our part of the planet alone for a little while longer and check back in a few thousand years to see if we've caught up any from this week's visit.

Another thing I learned from seeing our yard from 100 feet above it is that what I thought was a perfectly square fence line is not. What I thought was a reasonably manicured lawn is not.

My first thought was to spend the rest of the year cleaning, clearing, cutting and trimming so that if the Google Earth satellite passes over again in my lifetime at least our home and yard would look far greater than it did before, in case someone else was checking out the neighbourhood.

I quickly dropped that idea when I reasoned there would be no reason for anyone other than us to have a remote interest in what our yard looked like from space. It's not as if we're being judged on the appearance of our home and surrounding area.

At least not yet, I hope, as I'm pretty sure the bylaw enforcement officer doesn't use Google Earth.

PAP Registration No. 11034 We acknowledge the financial support of the Government of Canada through the Publications Assistance Program towards our mailing costs.

EDITORIAL GUIDE

We would like you to write to us, but please remember to abide by anti-discrimination

The News Leader reserves the right to refuse to print any letter which is not signed by the writer or is standerous , libelous or of uncommon sense!

The Editor reserves the right to condense any letter or to substitute proper language



The Victoria-based dance group known as Quicksbottom Morris performed on Vermilion Avenue August 23rd as part of the 2nd annual Princeton Traditional Music Festival. 3

__Your Turn

Reader voices opinion on energy plan

Dear Editor,

British Columbia recently took a big step forward in the quest for clean, renewable energy when the Bear Mountain wind park near Dawson Creek began delivering electricity to BC Hydro's power grid.

But just ten days before the Bear Mountain wind turbines started turning, the B.C. Utilities Commission decided to push

British Columbia several steps backward with their ill-considered decision to substantially increase the use of Port Moody's Burrard Thermal power generating station.

In so doing, the B.C. Utilities Commission essentially cancelled out, nearly nine times over, the progress that the Bear Mountain wind park represents.

British Columbia has a reputa-

tion for leading the world in clean, renewable electricity. We should be shining a light on the green path we've laid down so that others can follow.

But thanks to the B.C. Utilities Commission, and their backward-thinking Burrard Thermal decision, British Columbia now risks becoming the new poster child for brown energy.

- Tia Harceg, Creston, BC



Princeton Boys Lacrosse Team, November 1918. Photo: Princeton Museum

Phone: (250) 295-4149 • 1-888-350-9969 • Fax: (250) 295-4103 • e-mail: george@thenewsleader.ca

Current Comment

HST Is The Same Old Rip-Off!



Dawn Johnson editor@thenewsleader.ca

People have been asking me what I think of the idea of having a harmonized sales tax (HST). I don't like it, even though I don't know much about what its impact will be on my budget. I wish I knew what things are exempt and what are not, and I wish I knew whether I would get a rebate quarterly like I do for the GST. Even if I do, I'm still against it.

Let me tell you why I am against the HST, and why I think it is a rip-off.

My feelings have nothing to do with what the tax is called nor how much it is.

My feelings about it go a long way back to when I was a young adult and we paid the Hospital Tax. Yes, all you young folks, we British Columbians agreed to pay a sales tax called the Hospital Tax so our government could build and staff modern hospitals throughout the province.

We agreed to pay it. If memory serves me properly, it was originally three percent and went up to five percent. The sales tax is no longer a Hospital Tax, it's just revenue that goes into the big government slush fund with all of the other taxes and fees we pay.

Because we British Columbians agreed, initially, to pay the tax to build more hospitals, I did not see it as a rip-off. When the tax became the Provincial Sales Tax (PST) and increased, that's when I started to see it as a rip-off. When the federal government created the GST, I knew for sure that was a rip-off.

I wrote editorials against it, reminding everyone the Conservatives we elected had promised they would not implement that tax.

At the next election, the Liberals promised they would get rid of it, but it was the same old "promises, promises" better known as "promise them anything 'til we're elected".

Why do I call these taxes a ripoff? First, because they are totally unfair to the poorest people. People earning the minimum wage may take home around \$1,200 a month. That 12 percent sales tax comes up front, directly out of their pockets, and those pockets are not very deep. Compare what they can afford with somebody who takes home \$3,600 a month.

Suddenly, the sales tax is a lot less harsh, even though it may still hurt. For somebody who takes home more than \$5,000 a month, the sales tax makes much less impact.

Let's look at it from an out of pocket point of view: who hurts the most from the sales tax when buying a new pair of shoes? The guy taking home \$1,200 may not be able to afford that new pair of shoes if he has to add 12 percent onto the cost. The guy who earns three times as much just goes out and buys the shoes. Simple, isn't it?

The GST is a nasty tax. It requires places like the Hospital Auxiliary Thrift Shop and school hot dog sales to pay the sales tax. I think this is really disgusting. What I am afraid of is the HST will fill in the blanks the PST has left, and the Thrift Shop and school hot dog sales will be paying 12 percent next year. I fear nothing will be sales tax exempt.

These sales taxes are an added administrative cost for everyone in business

The remittances to government are very demanding, and God help you if you can't make the payment one month. The government simply freezes your bank account and could shut you down. It has happened to people I know. The government gets its money – or else! These tax collectors are no better than the Roman tax collectors in Judea when Jesus walked the earth. In fact, today's tax collectors may be worse.

These sales taxes are just part of a smoke and mirrors game these politicians are playing. They will tell you your income taxes will be less this year, and brag how good their government is, even while they are increasing the sales tax. If they were to consult me, which they won't, I would tell them their income taxes are a lot more fair for the poor than the sales tax.

If you tax people on what they actually earn in a year, and you scale it according to a poverty line, then those earning the highest incomes pay the most taxes.

You know what is the worst thing about these sales taxes? We, who live in a free society where we can elect our representatives, WE dummies elected these tax collectors. We have tolerated their broken promises and their deceptions.

We are to blame for what they do, and we are too damned tolerant of their notions. These governments of ours are taxing us more all the time, and spending more all the time, and don't let them kid you that it all goes for good things like health care and education. Those are the first things they cut when times are tough.

Now you know what I think of the HST, and why I think it is a rip-off.

Hews Leader

WE'RE DIFFERENT, AND WE LIKE THAT.

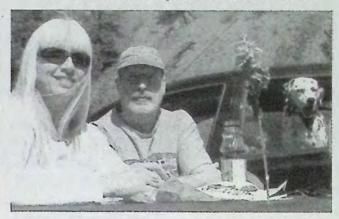
Broadband?

High-Speed Internet is NOW available in Coalmont and Tulameen!

For Information contact: China Creek Internet Service 295-7944

Hews Leader

VE'RE DIFFERENT, AND WE LIKE THAT,



Brenda Engel
OFFICE ADMINISTRATOR
brenda@thenewsleader.ca

George Elliott

OWNER / PUBLISHER
george@thenewsleader.ca

226A Bridge Street
P. O. Box 956, Princeton, B. C., VOX 1W0
Phone: (250) 295-4149 • Fax (250) 295-4103







38 Kenley Avenue
Join Us for a time of
Contemporary Worship Sundays at 10:30 AM
OULDWED BY COPPED

PASTOR DEEM & LYNNIA ACEV

PASTOR DREW & LYNN LACEY

Princeton
Pentecostal Church
(The Pentecostal Assemblies of Canada)
PAOC APDC

165 Vermilion Avenue
(BESIDE THE LIBRARY)
invites you to join us in
SUNDAY WORSHIP
10:30 AM - Morning Worship
7:00 PM - Evening Worship

DAPTIST CHURCH OF PRINCETON

Family Worship 10:00 AM Praise & Prayer - 7:00 PM Wednesdays

COME AND JOIN US!

ACROSS FROM ARENA
OLD HEDLEY ROAD
Pastor Dan Brama

ALA

St. Paul's United Church

Pastor Tony Essex 295-7951

Office Hours Tue / Thu 9:30AM - 12 NOON

Worship Service 10:30 am

190-1st Street (BEHIND COURT HOUSE) Phone: 295-7714

Also serving the Anglican Community

St. Peter's Roman Catholic Parish

> SUNDAY MASS 6:00 PM - Saturday 11:30 AM - Sunday

43 Billiter Avenue, Princeton (250) 295-3541 SEVEN DAYS WITHOUT GOD... MAKES ONE WEAK!

www.princetonbcnews.com

DO YOU NEED ACCESS TO A POINT OF SALES MACHINE TO PROCESS

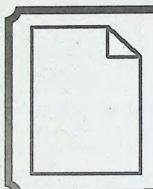


AND DEBIT CARDS?

Being a Member of the CFIB gives you the best prices in the industry AND no contracts!

CALL 1-888-808-8635

This is for all businesses small and large, home-based, etc.
FARMERS - ORCHARDISTS - RANCHERS - VINEYARDS - WINERIES
We help you keep the Government out of your pocketbook!
1-888-808-8635 OR don.ingram@cfib.ca



RESUME

NEED SOME WORK?

SEE BRENDA AT:
Similkameen
News Leader
226A Bridge Street

Phone: (250) 295-4149 Fax: (250) 295-4103

IS IT TIME TO SUBSCRIBE TO THE NEWS LEADER?

Similkameen Valley Mail - \$35.75 (Seniors Pay Only \$31.75) ALL PRICES INCLUDE GST

(Seniors Pay Only \$48.80)
ALL PRICES INCLUDE GST

CALL FOR DETAILS
Similkameen News Leader
(250) 295-4149

NEED TO ADVERTISE?

A DISPLAY AD THIS SIZE WILL COST YOU

\$70.00 + GST

Newspaper Advertising is NOT expensive!

We are the ONLY independent newspaper in the region and proud of it.

News Leader

WE'RE DIFFERENT, AND WE LIKE THAT. Phone: (250) 295-4149 • 1-888-350-9969 Toll Free

Traditional Music Fest



Mike Ballantyne on stage in Vermilion Square Saturday, August 22. *



Local performer Glen Esdale entertained with his bagpipes during the Traditional Music Festival.*

continued from Page 21 focused on the Nordic zone and at the Bonanza Trench area. Due to the high-grade nature and complex geology of the Bonanza Trench area, sampling and assaying of these holes was given priority. Results disclosed April 6, 2009, confirmed several drilling intercepts containing elevated gold grades.

Goldcliff has begun shipping over 4,000 metres of drill core samples to the assay laboratory. These samples are primarily from the Nordic zone drilling, but they also include holes from the York-Viking and Bonanza Trench areas. These holes were drilled during the 2008 field season, but the core was retained in a secure facility pending improved financing conditions and equity markets.

To date, trenching and drilling have

concentrated on developing two gold zones at Panorama Ridge: the York-Viking and the Nordic. The Bonanza Trench area is located in the southwest corner of the York-Viking zone. These two zones have demonstrated good continuity of gold mineralization up and down the holes, from hole to hole, and from section to section. Trenching and drilling have also demonstrated that the mineralization comes to surface. Both zones remain open, and other showings on Panorama Ridge remain to be drill tested.

As financing sources evaporated and equity markets drastically declined in late 2008 and early 2009, Goldcliff elected to curtail further property expenditures in an effort to conserve cash. Recent financings have enabled the company to proceed with the pro-

gram outlined above.

The gold mineralization on the Panorama Ridge gold property is related to the pervasive silica-iron replacement (skam alteration) of the sedimentary rocks. The Panorama Ridge property is located four kilometres east of the historic Nickel Plate-Mascot mines that once produced 2.5 million ounces of gold. Discovered in 2000 when Goldcliff.prospected new logging road outcrops the property has minerelated infrastructure and is readily accessed by roads.

Goldcliff has identified multiple gold zones that have economic potential. The results of the airborne geophysical survey have expanded the scope of exploration and the potential for additional gold mineralization within Goldcliff's claimed area.

School District 58 - Back To School



8:16

8:18

8:20 8:25

8:35

AM 7:27 7:30

7:33

Gibson (#411)

SCHOOL DISTRICT NO. 58 (Nicola-Similkameen)

SCHOOL BUS SCHEDULE PRINCETON 2009 - 2010

OLD	HEDLEY ROAD	58OHR		Highway 5A	
AM		PM	ME	RRITT Highway	SMH
7:35	Turn around		AM		PM
7:38	Davis		7:45	Round Lake	3:47
	2508 Old Hedley	4:04	7:49	Gravel Pit	3:45
7:39	Gledhill (#2470)	4:03	8:02	7 Mile	3:32
7:47	Bretender	3:57	8:03	#1056	3:31
7:48	Smith	3:56	8:05	Summers Cr Rd.	3:30
7:51	Harmon (#1440)	3:55	8:06	Old Merritt Hwy/	
7:52	Keegan (#1380)	3:54		Summers Rd. (#866	3:29
7:53	Thair (#1138)	3:53	8:08	Old Merritt Hwy/	
7:54	Lucke (#1126)	3:52		Belfort Rd.	3:28
7:55	McInroy (#112)	3:51	8:10	Cedar Creek Rd.	3:27
7:56	Johnsen (#1092)	3:50	8:11	Remple (#460)	3:26
7:57	Haigh (#1070)	3:49	8:12	Bruneau (#423)/	
7:58	Goebel (#1026)	3:48		Cook (#441)	3:25
8:05	Coyne (#556)	3:41	8:14	Sunflower Estates	3:23
8:06	Wilson (#475)	3:40	8:15	Wilkinson (#103)	3:22
8:07	Adams	3:39	8:25	P. S. S.	3:20
8:08	Caruso (#382)	3:38	1		
8:09	Dobbs (#357)	3:38			
8:10	East Princeton	3:37	Hi	ghway 3 - EAST 58	нзе
8:15	Martins Lake	3:29	AM		PM

8	Cooks (#381)	3:26	7:54	Old Gravel Pit	
)	McNamara Rd (#31	9) 3:20		Turn Around	3:50
;	P. S. S.	3:20	8:03	Mushroom Farm	3:47
,	Vermilion Forks	3:05	8:07	San Ang	3:44
			8:10	Taylor's Mill	3:40
			8:15	Pine Trailer Park	3:34
_	Highway 40		8:20	P. S. S.	3:28
U	SPREY LAKE 580	DL	8:24	Aspen St	3:20
		PM	8:27	Auburn Playgrnd	3:23
	Link Lake Road	4:20	8:35	Vermilion Forks	3:15
)	Dodd (#3820)	4:17	8:47	John Allison	3:05

7:56

Sandli (#1269)

3:52

7:33	Crawford (#3516)	4:14			
7:34	Chain Lake	4:13			-
7:43	DaPonte (#2817)	4:04	TUL	AMEEN - COALM	IONT
7:44	Pinewood Cr.	4:03		58TUL	
7:48	Miller (#2390)	3:59	AM		PM
7:49	Kopola (#2271)	3:58	7:45	McEwen	3:50
7:51	Philips (#2128)	3:56	7:50	Tulameen Store	3:55
7:52	Elmgren (#2104)	3:55	8:00	Coalmont	3:45
7:53	Senger/Sperling (#2043)	TO STATE OF THE PARTY OF THE PA	8:13	Lind Road	3:37
7:58	Buhler (#1599)	3:49	8:17	Gibbs	3:33
7:59	Cromorty (#1597)	3:48	8:20	Snowpatch	3:30
8:01	Baker Hill Road	3:46	8:25	PSS	3:25
8:06	Crimmon	3:41	8:30	John Allison	3:15
		100000	8:35	Tapton Avenue	3:10
8:08	Hilton/Mervin	3:39	8:45	Vermilion Forks	3:05
8:21	P. S. S.	3:20	1000 100	1000	

AM		PM
8:05	Black Mine Road	3:25
8:10	Wright Road	3:30
8:17	Westridge	
	Subdivision	3:35
8:20	Vermilion Forks	3:20
8:25	Tapton Avenue	3:18
8:30	P.S.S.	3:13
8:35	John Allison	3:05



Remember to:

Clip 'n' Save This Bus Schedule

STUDENT REGISTRATION - 2009/10

PRE-REGISTRATION For students "NEW" to School District No. 58 (Nicola-Similkameen), the schools are open for pre-registration Monday to Friday, August 31 to September 4, 2009 from 9:00 AM - 11:30 AM and 1:00 - 2:30 PM.

SCHOOL OPENING Tuesday, September 8, 2009 - Adjusted Hours: 10:00 AM - 12:00 Noon Wednesday, September 9, 2009 - Regular School Hours.

SCHOOLS - John Allison Elementary, K - 3 (250-295-6727), Vermilion Forks Elementary, 4 - 7 (250-295-6642), Princeton Secondary School, 8 - 12 (250-295-3218), The Bridge, Princeton Alternate School (250-295-3180). The following fees can be paid on the first day:

Activity Fee: \$20.00 (supports student council initiatives and student agendas)

Lock: \$ 7.00

Yearbook: \$35.00 (It is recommended that you purchase your yearbook at this time as they are often sold out.)

BUS STUDENTS Please check in the newspaper (August 25th) and with your school for bussing information.

Tuesday, September 8, 2009: Busses will pick up students one hour LATER in the morning, and return students beginning at 12 Noon. Wednesday, September 9, 2009: Busses begin the regular schedule.

KINDERGARTEN: Students must be 5 years of age, on or before December 31, 2009. Upon registration, parents will need to bring their child's birth certificate, immunization Record and Care Card. Kindergarten starting dates will be arranged through the school.

THE BRIDGE - Princeton Alternate School:

148 Old Hedley Road.

REGISTRATIÓN DATE: September 8, 2009 - 10:00 AM to 3:00 PM

For more information, call (250) 295-3180 or contact: Princeton Secondary School (250) 295-3218.

STRONGSTART EARLY LEARNING CENTRE

StrongStart is a free, school based, drop-in early learning program for children from birth to 5 years old and their parents, grandparents or caregivers. Together they share learning experiences and social interactions with other children and adults in positive and open ended play environment.

TRANSPORTATION ASSISTANCE

Families living beyond the regular school bus routes may be eligible for transportation assistance for the 2009/2010 school year and are asked to make application before October 16, 2009 regardless of whether transportation assistance was received in the past. Applications after this date will be approved as of the date the application is received, and will not be retroactive. Please note that parents of kindergarten students who are required to pick their child up or bring them to the school at lunchtime may also qualify. Transportation Assistance forms are available at each school in Princeton.

Parents are reminded that road/weather conditions may cause delays/cancellations to the regular bus run(s). In extreme circumstances, notice of delays will be announced over the local radio station and the school will attempt to contact parents by phone, in order that children do not wait extended time periods at a bus stop.

REGISTRATION OF HOME SCHOOL LEARNERS PARENT INFORMATION

The School Act states:

"A parent of a child who is required to enroll in an educational program under section 3 (Division 4 - Home Education)

a) may educate the child at home or elsewhere in accordance with this Division, and b) must provide that child with an educational program.

Registration

A parent of a child who is required under the above section to provide the child with an educational program must register the child on or before September 30 in each year with

a) a school of the parent's choice that is operating in the school district in which the parent resides,
b) a distance education school providing services to the school district in which the parent resides or with the Ministry of Education if no distance education school provides services to that district, or
c) an independent school operating in B. C."

To register or to obtain further information, telephone the school of your choice, or write to the Superintendent of Schools, The Board of Education of School District No. 58 (Nicola-Similkameen), Box 4100, Merritt, B. C., V1K 1B8.



SCHOOL DISTRICT NO. 58 (Nicola-Similkameen)

School Calendar for the 2009/2010 School Year Days in Session 192 - Number of Instructional Days 185

September 8, 2009 - Tuesday October 9, 2009 - Friday October 12, 2009 - Monday October 23, 2009 - Friday November 11, 2009 - Wednesday November 17-18, 2009 - Tue/Wed

November 19, 2009 - Thursday

December 18, 2009 - Friday December 21-January 1, 2010 January 4, 2010 - Monday January 29, 2010 - Friday February 1, 2010 - Monday February 19, 2010 - Friday March 5, 2010 - Friday March 8-12, 2010 March 15, 2010 - Monday March 23-24, 2010 - Tue/Wed

April 2, 2010 - Friday April 5, 2010 - Monday April 6, 2010 - Tuesday April 7, 2010 - Wednesday April 8, 2010 - Thursday April 9, 2010 - Friday April 15, 2010 - Thursday

May 24, 2010 - Monday June 30, 2010 - Friday

SCHOOL OPENING School Hours 10:00 AM - 12 Noon (Bus schedule to be adjusted for the first day of school)
Middle School Day at Coquihalla Middle School
THANKSGIVING DAY
Non-Instructional Day (District)

Princeton - Shortened Day for Parent/Teacher interviews (Schools closed 1 hour early) Merritt - Shortened Day for Parent/Teacher interviews (Schools close 2 hours early each day)
Last day of school before WINTER VACATION WINTER BREAK

Semester Change Day - Princeton Secondary AND Merritt Secondary Start of Semester 2 - Princeton Secondary AND Merritt Secondary Non-Instructional Day (District) Last day of school before Spring Break SPRING BREAK

SCHOOLS REOPEN

Princeton - Shortened day for Parent/Teacher interviews (Schools closed 1 hour early)

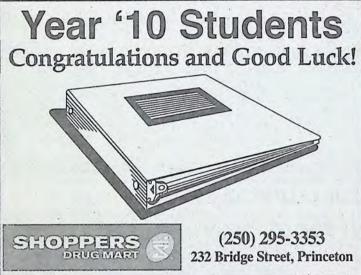
Easter Monday Non-Instructional Day (District/in lieu) Non-Instructional Day (District/in lieu) Non-Instructional Day (District/in lieu)

School Improvement: Focus on Literacy (District)
Merritt - Shortened Day for Parent/Teacher interviews
(Schools closed 2 hours early each day)

ADMINISTRATION DAY - SCHOOLS CLOSED

News Leader - Back to School







SCHOOL DISTRICT NO. 58 (NICOLA-SIMILKAMEEN)

School District No. 58 (Nicola-Similkameen) is accepting applications for the following relief positions:

Relief Janitor: Applicants are required to have a minimum Grade 10 education and a valid BC Driver's License.

Relief Bus Driver: Successful applicants will be required to have a Class 2 or higher license with air, a minimum Grade 10 education and six months to one year commercial driving experience or equivalent combination of training and experience. Preference will be given to those with bus driving experience. Drivers will also be required to provide a Driver's Abstract.

Relief SEA: Applicants for relief Special Education Assistants will work with special needs student(s) in various schools in the District. Qualification requirements will vary subject to the needs of the stu-

Relief Secretary: A minimum typing speed of 55 w. p. m. is required.

Relief Noon Hour Supervisors: 1 hour per school day. Previous experience dealing with students would be an asset.

All positions are on-call positions. Salary and benefits will be in accordance with the C. U. P. E. Local 847 Collective Agreement.

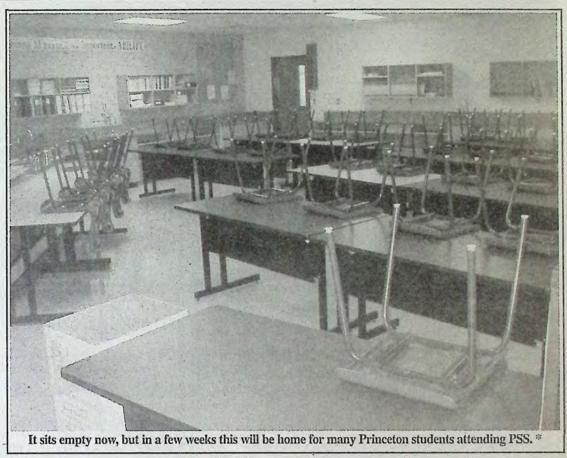
Application forms are available at Princeton Secondary School, 201 Old Merritt Road, Princeton, BC, or on-line at www.sd58.bc.ca, click on Jobs, Support Positions, and follow the prompts. Applications, including a detailed resume with a minimum of three references will be accepted until September 4, 2009.

Please forward to:

1-1

Attn: Secretary Treasurer School District No. 58 (Nicola-Similkameen) P. O. Box 4100, 1550 Chapman Street Merritt, BC V1K 1B8 Fax: (250) 378-6263

Only those applicants being interviewed will be contacted.



Get prepped for the school year

· Perform a purge: This time of

the year means back to school

shopping and new things that take up space. Get rid of the overflow

and make space for the new addi-

tions. It's also the perfect time to pack away summer clothes and

items and to bring out the fall rota-

tion, purging what you don't want

(NC)-Once the calendar turns from August to September, many families' lives seem to kick into high gear. Besides the start of a new school year, families are heavily involved in sports, dance, and other recreational activities that tend to start in September, which can make life a little crazy. In order to keep order in the home, it's a good idea to put in a little prep time when possible. Here are a few ideas

to keep at the same time. While you are at it, take a look at your

to get you started:

By Bruce Donnelly.

(NC)-Stretching every dollar is a way of life for most students, but when Derek Szeto was in university he turned that necessary frugality into a business. Inspired by his own need to save money, he created RedFlagDeals.com, a website that highlights the best deals and coupons around Canada. What started as a hobby is now one of the largest websites in Canada with over two million visitors every month.

He started the website with only \$100 and the time he had between classes and studying. Rather than seeing that as a disadvantage, he saw it as an opportunity. "Because I was a student, everyone was happy to give me advice or help out when they could. I was free to experiment because I didn't have a family counting on me to put food on the table."

When Szeto graduated from Queen's University in 2005, he had an important decision to make: running RedFlagDeals.com full time or join the workforce with a regular job. Szeto says the decision was easy: "I felt the site was on the cusp of really taking off. If I hadn't given it a shot, I think I would have regretted it the rest of my life." So with the

Advice for student entrepreneurs company's first employee, Derek rented a small unairconditioned office in downtown Toronto, "I was definitely bootstrapping the business, but years of being a student entrepreneur had prepared me for that. I was passionate about what I

was doing. That's the key."

That was four years ago; RedFlagDeals.com has since moved to a much larger office and now has twelve employees in Toronto and Montreal. Szeto offers the following advice for budding student entrepreneurs: "When you're in university, you're surrounded by new ideas and people from every walk of life. Absorb it all and take advantage of everything around you. Opportunities are everywhere."

Szeto takes care to donate his time to aspiring entrepreneurs. For the past two years he has been a judge for the national finals of the ACE Student Entrepreneur of the Year award, a competition he participated in when he was in university. Szeto adds: "It's inspiring to see student entrepreneurs striving to achieve their dreams. Even in tough times, you can't extinguish the entrepreneurial spirit," - News Canada

computer hard-drive. Like your closet, it also can get clogged up with items you no longer need. Delete what you don't need, back up what you do and update virus scanners to ensure your PC is ready

· Organize your life: A family calendar looks great on the wall, but it isn't much help when you're in your car trying to remember what time soccer practice is finished. One of the best ways to keep your busy family organized is to use your PC with a Windows operating system. Keep calendars and to-do lists up to date and share them with each other online so the kids are always picked up at the right time. You can also sync your calendar from your PC to your Windows Mobile device, putting all the information you need at your fingertips no matter where you are.

 Phase into your new routine: Adjusting to the new school year can be tough on kids and parents. The early mornings and long days can take their toll if the whole family is thrown into a new routine all at once. A few weeks before school starts, try slowly phasing in new wake up and bed times. It will help soften the shock of the new schedule come September.

· Schedule time to spend with your kids: Once the school year gets started family time can get lost in the hustle and bustle. Be sure to organize regular family nights to ensure that you don't miss out on quality time together.

· And perhaps the most important tip of all: once you've got your family and home prepped for the new school year, try to squeeze in some time for yourself.

Taking the headache out of back to school shopping

by Margaret Sykes

(NC)-Back to school means back to school shopping, and if you're not careful, you can end up spending thousands of dollars outfitting your kids for the coming year. Canadians spend nearly \$2 billion annually on back to school shopping. Is there any way to avoid breaking the bank?

"You can absolutely get more for less," says Pegah Aarabi of Scarlett.RedFlagDeals.com. Canada's premiere shopping community for women, "but you've got to be careful. What works best for younger children is different from what works best for older kids and teens."

For example, end-of-season sales

racks are a great place to shop for younger kids. If you're able to estimate your child's size over the next year you can pick up a ton of clothes at a fraction of the full retail price. And if you go shopping alone you won't have to hear any whining, begging or cries of "I'm bored."

On the other hand, a teen's fashion preferences can change on a weekly-if not daily-basis, so it may be impossible to shop in advance for

What's the best way to save money when you're back-to-school shopping for a teen? Pick a budget figure, put it on a prepaid cash card and give it to your teen so they can do the shopping.

"It might be scary at first," says

For kids of all ages, it's best to go through their closet before you start shopping. That way, you can determine what they have and what they still need. Doing this goundwork, rather than merely shopping spontaneously, can be a huge money-- News Canada

Scarlett.RedFlagDeals.com's Aarabi, "but your teen will love the autonomy, and you'll love knowing that you won't go over budget." And what if your teen splurges on a pair of designer jeans and forgets about shirts and sweaters? That's what birthday and holiday gifts are for-no one says you have to buy an entire year's worth of clothes before school starts.

Good Luck! We Wish You All The **Best This School Year** Back Stevens & Stevens to Notaries Public School 195 Bridge Street, Princeton (250) 295-6973

STAY SAFE THIS SCHOOL YEAR!

The Hut Groceries & Bottle Depot



367 Highway 3, Princeton (250) 295-3835

Education savings motivate children to excel

(NC)-It's never too early to start thinking about your child's future and how post-secondary education can help them succeed. While it's clear that starting to save early to cover those future tuition fees makes good financial sense, there's a second advantage - investing in your child's education at an early age is also a powerful motivator for them as well.

Peter Lewis, vice president of Canadian Scholarship Trust Foundation, Canada's oldest and largest provider of Registered Education Savings Plans (RESPs), notes how many plan beneficiaries say that having an RESP encouraged them to excel.

"I was raised knowing there would always be money for me if I continued with my education after high school. Because of that, there' was never a doubt in my mind that I would go on to post-secondary education," said Amy Lynn Stevenson, who benefited from a Canadian Scholarship Trust RESP.

According to Statistics Canada, young Canadians who had savings put aside for their post-secondary education were more likely to take some post-secondary education (74 per cent compared with 50 per cent). This dramatic difference highlights the importance of putting aside money and how parents' expectations about saving for college, university or trade school have a big impact on whether a child pursues higher education.

Statistics Canada also reports that close to 60 per cent of students cite financial support from family as a key source of funding for their post-secondary education.

Emily Christine Parks attributes her aspiration for higher learning to her Canadian Scholarship Trust RESP. "Without financial support, post-secondary education just wouldn't be an option. It has benefited both my sister and me and made our decisions easier when choosing a career, knowing that we could afford post-secondary education."

An RESP is an education savings

plan registered under the Federal Income Tax Act that helps families save for post-secondary education. Income earned on contributions grows in a tax-shelter until a child is ready to attend college, university or trade school. The federal government will also provide a 20 per

cent match on RESP contributions through the Canada Education Savings Grant program - this can add up to \$500 per year per child or \$7,200 over the life of the plan.

More information on this topic is available online at www.cst,org or toll-free at 1-877-333-7377.

Good Luck Princeton Students!



May You Have A Safe School Year!



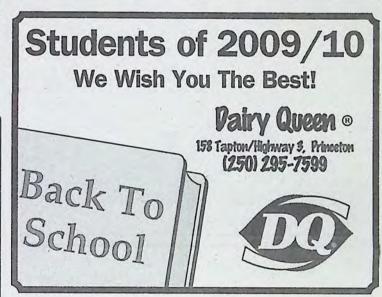
Billy's Family Restaurant 301 Vermilion Avenue, Princeton (250) 295-3939

IS IT TIME TO SUBSCRIBE TO THE **NEWS LEADER?**

Similkameen Valley Mail - \$35.75 (Seniors Pay Only \$31.75)
ALL PRICES INCLUDE GST

Elsewhere in Canada Mail - \$53.80 (Seniors Pay Only \$48.80) ALL PRICES INCLUDE GST

CALL FOR DETAILS Similkameen News Leader 250) 295-4149



Princeton area students... play safe and be safe this school year!



BUILDING CENTRE True

Value.

Princeton Builders Mart Irly Bird - True Value Hardware 222 Burton Avenue, Princeton (250) 295-6938

The Savings Add Up For **Back To School!**

· calculators computers - from complete systems to accessories software and CD-R/CD-RW accessories



259 Bridge Street, Princeton



BRENDA CRAWFORD

brenda@bcland.net (250) 295-8182



SUSAN COLLINS

susan_collins@nethop.net (250) 295-5359



STEVE WHITE

sales@bcland.net (250) 295-8525

Family or Friends
Considering a Home Purchase?

Referrals Are Appreciated!



Questions? Concerns? Need advice? Contact us today...we can help!

The difference
between
FOR SALE and
SOLD is just a
phone call away!

New! New! New!



454 Auburn Crescent

If you saw the before' you won't believe the after!' Elegant ceramic tile entry with mosaic design is only one of the countless renovations that make this home truly a work of art. New flooring, new granite kitchen countertops, stainless steel appliances, island with wet bar, light fixtures, 2 sets of French doors to enlarged patio area and the list just continues. Currently used as a 6 bedroom home, the possibilities are endless for your family. 3 bathrooms with new fixtures, 2 have ceramic flooring also, Landscaped yard with several sitting areas and garden provide an enjoyable spot for morning coffee or just some R&R. Located on a quiet street across from the park means a great place for the kids to play and keep them in sight. Don't you and the family deserve the best? Then come see this home—you won't be disappointed!

\$294,000 MLS 105470 River Runs By It!



2613 Old Hedley Road

That's right...more than 2 acres and the Similkameen River runs by it! This well-planned and well-built Winton Global engineered home will impress you with its beautiful details over sized windows, vaulted ceiling, open kitchen lay out and custom painted colours! From the ground up you will appreciate the built-in quality of this home including R-20 in the walls, R-44 in the roof, 2x6 construction, top of the line Jenweld windows and photos from start to finish! Enjoy the mountain views from your every window or from the wrap-around 6-foot wide deck—there really is somewhere for everyone in this home! Don't forget that you have access to the Similkameen River and plenty of Crown land, too! There's even a guest cottage for family and friends. What are you waiting for? You know you want if!

\$410,000 MLS 104625 1910 Heritage Home!



749 Daly Avenue

Absolutely charming 1910 heritage home. Located on the "sunny side of town." Period features leaded glass windows, tin ceiling, drop moldings, fir flooring throughout. Huge kitchen with island. Upper floor refinished fir floors and domer ceilings. New forced air furnace and under floor insulation. Newer additions natural gas fireplace, updated plumbing and electrical, both bath renovated, new floor coverings. Septic repaired and maintained. Large lot 75 feet by 100 feet, landscaped, shade trees, perennial beds. Huge 17 x 23 workshop/shed at rear, lane access. Ideally located across from Museum for a home-based business. Experience the area's heritage first hand!

\$227,000 MLS 103299

REALTY EXECUTIVES PRINCETON

Gateway to the Okanagan

Your EXECUTIVE Team members...Brenda Crawford, Susan Collins, Steve White #8-136 Tapton Avenue (Princeton Plaza) www.bcland.net Office: (250) 295-1811 Fax: (250) 295-1851

EACH OFFICE INDEPENDENTIA OWNED AND OPERATED