



Similkameen

News Leader

75¢

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Tuesday, September 1, 2009



Posse Try-Out Camp was held August 29 and 30. First exhibition game is September 1. Go Posse! *

B&E leaves \$1,100 damage

Princeton RCMP report that early in the morning of Tuesday, August 18th someone broke into the property of MWP Cascade Post & Rail on Old River Road.

Police say whoever broke into the property caused \$1,100 damage to one of the bucking machines used on site.

"At this time there are no suspects," Princeton RCMP say in a

News Release on the matter.

They are looking for any information related to the incident.

If you saw or heard anything early in the morning of August 18th in or around the MWP Cascade Post & Rail yard you are requested to call Princeton RCMP at (250) 295-6911 or to contact CrimeStoppers with an anonymous tip at 1-800-222-TIPS (8477).

Forest Corporation rides with the Posse

The Princeton & District Community Forest Corporation has given the Princeton Posse Junior B Hockey Club a \$25,000 grant to be used towards the purchase of a team bus.

A presentation by the Posse executive was made to the CFC at a special meeting held at Princeton Town Hall on August 26th.

The single largest expense for the team last season was the bussing of players to out-of-town hockey games, which cost a total of \$35,000. The bus the team intends to purchase is a 1986 MCI 102-A-3 from a charter bus company in Vancouver. The bus was used on the road in northern British Columbia.

CFC Chairman and Town of Princeton Mayor Randy McLean stated, "While the team has benefited and exists because of the support from people and businesses in Princeton, there has also been a

need for municipal assistance. Our board believes this grant will not only move the team towards financial independence but may also provide a charter service within our community. We thank all the volunteers and board members for working so hard to sustain a valuable asset in our community."

The purchase price of the bus, plus incidentals including insurance, the purchase of and installation of a video system and taxes will put the total at around \$20,000 with the club using the remaining \$5,000 to establish a bus maintenance fund which will be added to as the season progresses.

CFC and Area H Director Brad Hope added, "The Posse provides both a significant economic and social contribution to the community. We believe that this assistance will help the team in achieving long term financial stability and independence."

The bus is expected to be purchased, licensed and in use in time for the start of the teams 2009/10

KIJHL season. The bus will also be used to generate additional revenues through advertising and possible charter use.

The Posse Directors have already identified qualified and certified local drivers and have been able to determine that basic servicing of

Campfire restrictions return

Effective at noon on August 31, 2009 and until further notice, campfires are again prohibited in the Kamloops Fire Centre. This is in addition to the Category 1, 2 and 3 restrictions already in place.

This open fire ban is in effect to protect public safety and to limit the risk of person-caused wildfires. This ban does not restrict fires in stoves using gas, propane, or briquettes, but does restrict fires in portable wood burning fireplaces.

Open fire is defined in three categories. A Category 1 open fire means an open fire that burns piled material no larger than one metre high and one metre wide. This

the bus can be done by local qualified mechanics.

"This is a huge step towards the organization becoming self-sufficient," says Posse Treasurer and Marketing Director George Elliott.

While researching data for the presentation to the Community Forest

Corporation, the Posse Executive learned that two other teams in the same league have turned bus chartering into a major revenue source in the off-season.

"There's potential for it to generate a large portion of our annual operating funds," Elliott added.

Category 1 open fire ban includes the use of campfires.

A Category 2 open fire means an open fire that burns piled material no larger than two metres high and three metres wide, or grass over an area less than 0.2 hectares (2,000 square metres) in size.

A Category 3 open fire means an open fire that burns material in piles larger than two metres high and three metres wide, windrows, or grass over an area larger than 0.2 hectares (2,000 square metres) in size.

This open fire ban applies within BC Parks and to all public (Crown) and private land outside of organized areas. This fire ban does not apply within municipalities or regional districts that have their own burning bylaws. Please check with your local authorities before lighting a fire this summer.

The Kamloops Fire Centre extends from the northern border of Wells

Gray Park, north of Blue River to the US border in the south, and from the Bridge River Glacier west of Goldbridge to the Monashee Mountains east of Lumby.

On average, half of all of wildfires are caused by human activity. The BC Forest Service thanks the public for their co-operation in complying with the ban and assisting in the detection of wildfires.

If you see a wildfire, please report it to 1-800-663-5555 or *5555 on most cellular networks. For more information on open fire restrictions or for updates on current wildfire activity, visit www.bcwildfire.ca



Similkameen News Leader THIS WEEK:

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Mom Finally Gets Some Rest - Page 22

Similkameen News Leader



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PSS Principal Bill Lawrence presents Miranda Newman with the Governor General's 2008-2009 Academic Medal August 27th. The Bronze Medal is awarded for academic excellence to the student who achieves the highest average upon graduating from a secondary school. Photo: Brenda Engel

First BC human West Nile Virus case confirmed

British Columbia has confirmed its first indigenous human case of West Nile virus infection, and laboratory tests are underway to determine if another person has been infected as well.

"The confirmed case is a Kelowna resident and the suspected second case lives in the same household.

Ombudsman, staff tour region

British Columbia Ombudsman Kim Carter will tour the Okanagan and Similkameen area this September, spreading the word about the Ombudsman office's role in ensuring that provincial public agencies treat people fairly.

The tour of southern B.C. is part of the Ombudsman's ongoing efforts to improve understanding of the services provided by her office, which are free and confidential. The outreach tour allows the Ombudsman to meet with various community groups and some of the public agencies that fall under her jurisdiction. These agencies include provincial ministries, Crown corporations, colleges and universities, school boards, health authorities and local governments.

The tour also provides a chance for members of the public to make a complaint in person, as Ombudsman staff set up temporary offices in each community visited. Due to demand, appointments must be booked ahead of time by calling 1-800-567-3247.

Carter noted that while her office receives the bulk of complaints by

Both people had travelled within the central and south Okanagan areas and reported being bitten by mosquitoes," said Dr. Paul Hasselback, medical health officer with the Interior Health Authority. "Last week, a mosquito pool sample collected from the south Okanagan tested positive for West

telephone, mail or online, some people are more comfortable meeting face-to-face when raising their concerns. She said it's important to her that this opportunity is available to people throughout the province.

"We're here to serve the entire province, and I want people to know they can come to us if they believe a public agency has not dealt with them fairly."

The Ombudsman's office investigates complaints impartially and confidentially. While striving to settle complaints through consultation, the Ombudsman, as independent officer of the legislature, can also choose to make recommendations and issue public reports. The office responded to approximately 8,000 complaints and enquiries in the 2008/09 fiscal year.

The schedule for the Ombudsman's tour is: Monday, September 14 in Princeton - Tuesday, September 15 in Osoyoos - Wednesday, September 16 in Penticton and from Thursday, September 17 to Friday, September 18 in Kelowna.

Nile virus, and this week two more mosquito pool samples from the South Okanagan have tested positive."

"The lab test results we've obtained on the first person are sufficient to confirm West Nile virus," said Dr. Muhammad Morshed, program head, Zoonotic Diseases and Emerging Pathogens, at the Provincial Health Services Authority Public Health Microbiology and Reference Laboratory at BCCDC. "We are still testing blood drawn from the second individual. Given the context, including mosquito positives from the area, we fully expect this case will be confirmed as well."

All previously recorded cases of West Nile virus in B.C. have been travel-related, acquired outside the province. B.C. has been anticipating the arrival of West Nile virus for several years, given its spread across Canada and the United States.

"Once again, we would like to reiterate that people can and should take common-sense precautions to protect themselves from mosquito bites in the next few weeks, especially when outdoors," said Dr. Bonnie Henry, medical director of the Vector-borne Disease Program at BCCDC, an agency of the Provincial Health Services Authority.

"This includes wearing light-coloured, long-sleeved shirts and long pants - especially in the evenings and early mornings when mosquitoes are most active - and using mosquito repellents that are federally registered, such as those that contain DEET and lemon eucalyptus oil."

- submitted

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Happy Labour Day!

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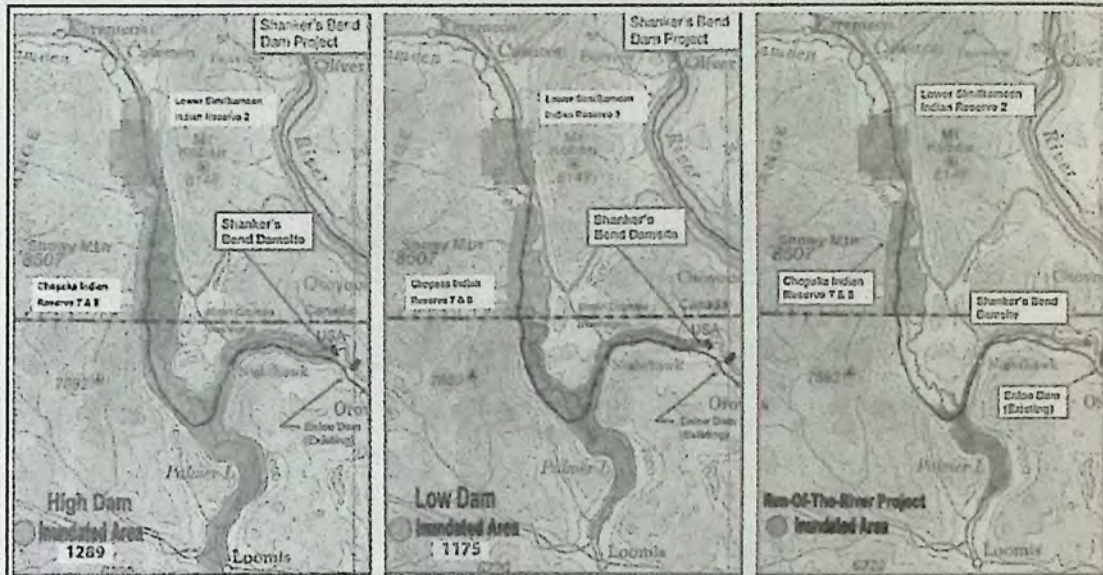
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Keremeos News



Project Inundation Maps from Department of Ecology White Paper - Similkameen River Storage Project (Shanker's Bend) 5/17/07 David Cummings

Shanker's Bend study draws strong opinions

About 130 people crowded the museum meeting room at the Oroville Depot on Monday evening, August 24th to hear The Okanagan Public Utility District to ask questions and make comment on the Similkameen River Appraisal Level Study - The Shanker's Bend Dam.

Jeremy Pratt presented the study results for Entrix Inc., an environmental and natural resource management consulting firm. Pratt described the current study as one done "from 30,000 feet above" and as such "very preliminary".

About a dozen people drove down from Canada to listen, comment and ask questions about the proposed dam. Dixon Terbasket of Cawston spoke in fervent objection

to the dam proposal.

RDOS vice-chair and Area "B" Cawston representative, George Hanson, expressed official opposition from the Canadian side where Hanson noted that the high dam would flood Lower Similkameen Indian Band lands and farmlands in the Organic Growing Capital of Canada. Firm opposition was voiced by Americans upriver of Shanker's Bend where flooding from even the lowest of the three separate dam height options would have flood effect on residences, farms and recreational business.

The study estimates that a high dam at Shanker's Bend would flood 12,000 acres of US lands and about 8,995 acres on the Canadian side.

The Public Meeting on August 24 was part of a process stemming from the August 14, 2007 Notice from the United States Federal Environmental Regulatory Commission (FERC) in which it received the PUD application for a dam at Shanker's Bend and at the same time solicited motions to intervene, protest and comment.

Online comment can be directed through the internet to shankers_bend@okpud.org and copied to Nick Christoph Environmental Coordinator NickC@okpud.org.

Mail about Shanker's Bend can go to Trish Butler, President of the Board of Commissioners for PUD at 1331 2nd Avenue N., Okanagan, Washington 98840.

Wineries join forces September 13

The fantastic Similkameen Wineries have paired together with another great treasure of the Similkameen Valley - the 1800's Grist Mill.

The wineries will gather on the grounds by the newly restored Mill to share good wine, food and fun for the whole family. The event takes place on Sunday, September 13th from 1:00 to 5:00 PM. Tickets are just \$25.

The wineries of the Similkameen are fast developing a reputation for the quality of their wines.

This event celebrates both this dynamic modern industry devoted to grape and fruit wines as well as the long history of farming in this Valley and the impor-

tance of heritage locations such as the Grist Mill. This event is the perfect Sunday afternoon outing for locals and visitors alike to take in the beauty of the Similkameen Valley and help support the Grist Mill.

The \$25 ticket price offers great value with guests receiving their very own Similkameen Wineries Association wine glass (to take home), a plate of locally grown and prepared food (proceeds supporting the Grist Mill), two wine tasting tickets and an afternoon of entertainment. Extra tickets for food and wine can be purchased for \$2 for wine tasting and \$6 for food.

The Grist Mill is located at 2691

on Upper Bench Road in Keremeos.

The Mill and Gardens are an educational family-fun place to visit. A Heritage BC location this unique site features a water-wheel-powered grist mill providing an exciting glimpse into the lives of our forefathers (and foremothers) dating back to 1877.

The site has recently been taken over by Jim and Brenda Millar with support from the local Grist Mill Heritage Club.

Also on the grounds are a Tearoom, Giftshop and RV Campground.

The Similkameen Valley is rapidly growing as a wine region. Acreage of vineyards has increased from 207 acres in 2004 to 580 acres in 2008.

This rapid growth reflects the re-discovery of the potential for this wine region.

More information on the recently formed Similkameen Wineries Association can be found at this website: www.similkameen-wine.com or by requesting details on the group at info@similkameenwine.com.

- submitted

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On Tuesday evening, August 25th, at approximately 9:00 PM, the Keremeos Volunteer Fire Department was called to a structure fire on Highway 3 in Cawston. On arrival, the single storey two bedroom house was fully involved with flames and smoke coming from both the main floor and the attic. There was no one in the building which was unoccupied. The main fire was quickly knocked down, however fire extensions in the walls threatened to re-ignite the fire. Fifteen firefighters worked for three and a half hours fighting the fire, extinguishing extensions, searching for other remaining hot-spots and cleaning up fire-fighting equipment. The building remained standing but the fire had caused serious damage. It is thought that the fire started in the living room area. The cause is yet to be determined. -submitted by KVFD

ATV Club has busy season

To date the Similkameen Valley Riders have had a busy season and it's not over yet. There are endless amount of places to ride in this wonderful area we live in. Most of the scheduled rides have

been very well attended with a good time had by all. We have had rides with other clubs that have come to our area.

We have volunteered and rode at the ATV Poker Run, had an entry in

the Racing Days Parade and helped maintain security safety at the Air Show.

The club also had an information table at the Fall Fair this past weekend.

Happy Trails!

- submitted



Another view of fire damage to a Cawston home August 25th.
- photo and story submitted by KVFD

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Health / Lifestyle News

Be aware of hearing loss: Canada's invisible disability

by Chester Decker, MSc

(NC)—More than three million Canadians of all ages suffer from hearing loss, a physical problem that can develop any time and usually is gradual and painless. You may not realize you have hearing loss because it evolves so slowly, but it can inhibit your ability to experience sounds to the extent that it can affect your life and those around you.

Causes include aging, long-term exposure to noise, heredity, birth trauma, illness, reactions to medications, ear wax, tumours or head injury.

Because hearing loss is gradual, you may not be aware of its extent until someone else does. Recognizing the condition is the first step toward improving quality of life. Symptoms include difficulty hearing in public gatherings where sound sources are far away, hearing the television or telephone, understanding conversation in

groups, misinterpreting what others say, hearing noise but not understanding speech, or noticing that others seem to mumble.

Hearing loss should not be a source of embarrassment. However, many who have not yet accepted the reality of their condition develop coping methods in difficult listening situations, such as asking others to repeat themselves or speak louder, turning to one side while listening, turning up audio volume to a disturbing level or avoiding gatherings where background noise makes it hard to understand conversation.

Get tested. A hearing care professional will administer a painless, quick and safe test that checks your ability to recognize tones and words at different volumes. The data produces a unique hearing pattern recorded on a chart called an audiogram, which is used to determine whether you might benefit from hearing instruments or whether medical treatment is indicated.

Hearing instruments can reconnect people to the joy of hearing and are made to selectively increase the volume of the sounds you want to hear. They can make soft sounds audible while making moderate or loud sounds comfortable, and are designed to provide relief in both noisy and quiet situations. To meet the different needs of Canada's growing community of baby boomers and the hard-of-hearing, Siemens Hearing Instruments, a division of Siemens Canada Limited (www.siemens.ca/hearing) has developed a wide array of instruments to suit various lifestyles, hearing losses and style preferences.

While no hearing instrument can solve every hearing problem or restore normal hearing, they are designed to provide programmable and adjustable amplification so you can hear better. Consider a yearly hearing test as an important part of your physical examination.

Don't let breast cancer return: Maintaining treatment

(NC)—Advances in treatments are improving outcomes for women diagnosed with breast cancer. However, results of a new Leger Marketing survey reveal that an alarming number of breast cancer patients still do not understand just how important it is to take the full course of therapy in order to reduce the chance of their cancer returning.

While the majority of women surveyed believe that adhering to medications is important, one in four admit to not always doing so. The most common reason cited for not following a physician's instructions for taking medication is forgetting to take it.

Dr. Dominique Synnott, General Surgeon and Surgery in Oncology, Head of Breast Clinic in Sacred-Heart Hospital and Associate Professor at the University of Montreal, finds this concerning. "The fact that women are forgetting seems to indicate that they do not realize just how strong the connection is between adhering to treatment and reducing the risk of recurrence. Side effects, including muscle aches and bone pain are another reason for discontinuation. I closely monitor my patients and address issues to ensure they stay on therapy to maximize the benefits."

Research from the Journal of Clinical Oncology supports these findings — many women are not adhering to their full course of therapy. In fact, approximately one in four women with hormone sensitive early stage breast cancer stopped taking their anti-estrogen treatment during the first year, and after three years nearly half of all women with early stage breast cancer discontinued their therapy.

"When I started, my doctor told me that following the treatment regime was one of the best things I could do

to reduce the chances of my cancer coming back," says Linda Dias, CBCN Board Member and breast cancer survivor. "I did everything I could and involved my doctor and my personal circle of care to get me through the process. In order to obtain the best outcomes possible, whether you are pre- or post-menopausal, it is

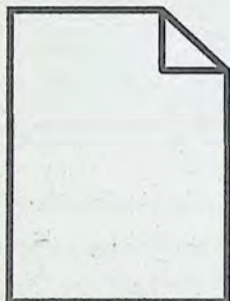
important to take care of yourself by sticking to a healthy diet, maintaining good bone health, and ensuring a balanced lifestyle and emotional wellbeing."

To help learn more about available treatment options and how to adhere to treatment, speak to your doctor or visit www.cbcn.ca. — News Canada



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Living Past 100

"Beet" Your Blood Pressure

The more researchers learn about vegetables, the more important vegetables become as a source of physical health. The more researchers learn about vegetables, the more it seems like vegetables act like medicines in our bodies.

All of us hear a constant barrage of health information telling us to eat our vegetables. There is a lot more to eating vegetables than you might suspect. For example, eating your vegetables can keep your blood pressure down, especially if you eat beets.

British researchers discovered that drinking two cups of beet juice can lower your blood pressure by 10 points. Other vegetables that help lower blood pressure include radishes, kale, spinach, cabbage, string beans, leeks, green onions, potatoes and carrots. What is more interesting, the component in these vegetables that reduces blood pressure is NOT affected by cooking.

There is a catch to all of this. You have to chew your vegetables well. These vegetables contain a form of nitrite that becomes useful only when mixed with your saliva. So, don't just wolf down your veggies, give them a good chewing.

Canadian researchers have discovered that eggs may give you the same benefits, as cooked eggs, when digested, produce an enzyme that helps lower blood pressure. However, we cannot eat a whole lot of eggs every day if we want to keep our fat under control. This is not the case when eating vegetables. You can generally eat all the vegetables you want with no ill effects, as long as you don't slather the vegetables with butter, cream, mayonnaise or cheese sauces and gravies.

While we are discussing the blood pressure benefits of beets and other vegetables, keep in mind that researchers have promoted most vegetables for their cancer prevention qualities.

The great thing about eating a lot of vegetables is not just a lot of health benefits, but benefits to your food bill. Kilo for kilo, vegetables are the cheapest foods you can buy. If you are smart enough to grow a good garden, you can be even kinder to your wallet. Think about it: you're healthier and it's saving you money, too, so you can use the savings to make your life better in other ways. What a boon!

Invasive Plant Alert

Spiny Buffalobur



Spiny Buffalobur. Photo: John Pettifer

by Lisa Scott

I thought I'd introduced readers to a spiny invader that generates some interest from local gardeners every summer. Not surprisingly, reports of this unique weed have started mid-summer so I thought it would be timely to include another article on this plant. The culprit I am speaking of is buffalobur (*Solanum rostratum*), also known as Kansas thistle, Texas thistle or Colorado bur. The range of this North American annual extends from Central Mexico northward across the Great Plains of the United States. The name buffalobur dates back to the time of settlement of the Great Plains when the plant grew abundantly in the disturbed soil of buffalo wallows. Buffalo carried the burs great distances in their shaggy coats.

Repeatedly introduced into the Pacific Northwest, buffalobur usually appears in gardens, where it was planted with flower or vegetable seeds. Occasionally, plants sold as tomato seedlings have matured into buffalobur, although the plant is in fact a member of the potato family. Additionally, a press release issued in 2006 by the Department of Agriculture in the State of Idaho listed buffalobur as a regular contaminant of domestic or wild bird feed mixes. There are also reports of this weed showing up on re-seeded rangeland in the Penticton area.

Despite the frequent, repetitive introductions into the Pacific Northwest, particularly central and eastern Washington, buffalobur has never become established. Its failure to establish in

Washington is due to aggressive control measures taken against the plant rather than its lack of ability to survive in this state. It is known to be highly aggressive and invasive in its native range. Buffalobur grows in cultivated fields, pastures, dry rangeland, roadsides and other disturbed areas. Although it is adapted to sandy soils, it will also grow on dry hard soils to rich moist soils of cultivated fields.

The stems are upright and bushy, mostly branching in the upper part and reaching heights of up to 60 cm (2 feet). Except for the flower petals, the entire plant is covered with straight yellow spines that can be over one cm (1/2 inch) long. The leaves are alternate and 5-15 cm (2-6 inches) long, including the stalks. Each leaf is irregularly cut into five to seven lobes and is covered by short yellow star-like hairs, and the midribs, veins and leaf stalks are spiny. The yellow flowers are five-lobed, wheel-shaped, 2.5 - 4 cm (1 to 1.5 inches) across, in few flowered clusters on spiny flower stalks. The plants bloom in late June to early August and the seeds mature from July to October. To identify buffalobur, look for the tomato-like yellow flowers and the unique, extremely prickly leaves, stems and fruits.

While the plant is physically imposing, it is not very competitive and survives only in disturbed, dry areas. I don't foresee buffalobur ever becoming a problem in the Okanagan, however its certainly one worth paying attention to because of its many undesirable properties. Its sharp spines may injure grazing animals and

people. It competes with forage and other crop plants for moisture.

If you discover buffalobur on your property, don't grab it, or you will be rewarded for your bravery by receiving a hand full of spines. Individual plants or small patches should be hand-pulled using leather gloves or by hoeing before blossoms appear. Plants with seeds should be carefully bagged and taken to the landfill for disposal. Infestations occurring in a pasture situation should be controlled to make sure that the plant does not contaminate hay. I would appreciate notification of any additional sightings of this invader.

For more information on invasive plants, go to the regional district website www.rdos.bc.ca or check out www.weedsbc.ca.

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Jim Clarke 250-295-6558



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Osoyoos	Sept. 15	
Penticton	Sept. 16	
Kelowna	Sept. 17&18	

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Princeton Friendship Ambassador Makenzie Johnston added her artistic skills to face painting during Carnival Fun Night August 26th at Centennial Pool. *

The Green Corner**Cycling is the eco-friendly way to go**

(NC)—"Now that the weather is nice and the days are longer, strapping on a helmet and hopping on a bike sounds like a terrific idea. We have to travel everyday - to get to work or school, or just to run errands. Getting around by bike is a great way to have fun, get exercise, save money ... and it's environmentally friendly too. You simply can't go wrong when you go by bike," said Denise Boisvert, an advisor in insurance and underwriting, AssurFinance for Institutions, AssurDirect and Desjardins Relations.

Did you know that according to Vélo Québec, 59 percent of employees who bike to work enjoy their commute, compared to just 38 percent of employees who drive to work?

The benefits

Cycling is great... for your heart, your body (weight control, coordination and balance) and your

mood. It's a great aerobic workout that allows people of all ages to get moving and start seeing the benefits in just a few weeks.

In addition to increasing lung function and reducing stress, regular cycling increases the blood circulation in your legs, keeps osteoporosis at bay and transforms fat into muscle. As an added bonus, biking is so enjoyable that it will probably put you in a great mood too.

At your own pace

It's important that you find the right balance and pace yourself. Don't go too fast, or for too long a ride. When you're starting out, choose a day that's not too windy, stick to fairly flat terrain, and limit your ride to no more than an hour and a half. If your experience is a positive one, you'll be more likely to do it again soon, by finding the right speed for the route you select.

What you need to know

"If you're going to ride your bike, remember that Ontario's Highway Traffic Act (or your own province's legislation) applies to everyone who shares the road: drivers, pedestrians, and cyclists alike," Boisvert says.

Here are some great tips to get you started:

- Protect your brain—wear a helmet.
- Keep right and always ride in the direction of traffic.
- Use bike paths when they are available.
- Always be alert and expect the unexpected.

It's also important to ride in a predictable, straight line, as well as to be visible at all time — especially at night. In fact, Ontario's Highway Traffic Act requires cyclists to equip their bikes with a white light in front and a red light in back from half an hour before dusk to half an hour after dawn.

"But just being visible isn't enough," added Boisvert. "Cyclists also have to be able to anticipate what's going on around them. In particular, they should keep an eye out for parked cars to avoid winning the dreaded "door prize" and pay special attention at intersections."

Cycling holidays

If you want to try a cycling vacation, the possibilities are endless: you can bike and camp in a national park, do some exotic cycling in Corsica or test your stamina in the Rockies. You might consider cycling all the way to New Brunswick, or even touring in Provence.

- News Canada

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Princeton 1860 - 2010

150 Years of Similkameen History

Nick Mills - Princeton & District Museum & Archives

Princeton Light & Power Co. Ltd.



Edwin Barr-Hall with pack train on the Hope Trail. Photo: Princeton Museum

Princeton Light and Power was founded in March 1922 by a group of Princeton businessmen. West Kootenay Power were extending their grid into the Similkameen Valley to provide electric power to the many mines that at the time operated in the area and so it was that the Princeton group, led by E. Barr-Hall, Francis Glover and Ernest Waterman, saw the opportunity to incorporate the Company on March 3rd 1922.

The first Board of Directors was listed as Edwin Barr Hall, Francis Glover and Ernest Waterman, with Waterman serving as the Company's first President, with Barr-Hall succeeding him in 1925, a position he held until his retire-

ment in 1952.

Edwin Barr-Hall, an English immigrant, arrived in Princeton during 1897. He had trained as a mining engineer, traveling originally to San Francisco; he was drawn to Canada by the discovery of gold on the Fraser River. Mr. Hall was an entrepreneur and on his route North tried many ways to earn a living. One of his ventures was a pack horse business which operated between Hope and Yale and along the Dewdney Trail though the Similkameen Valley and onwards into the Okanagan.

Although he never worked in BC as a mining engineer, he eventually settled in Princeton working for the Princeton Land and Coal

Company. The power for Town residents used electricity produced by the mine's coal-fired generators during the night time hours when the mine was shut down and had surplus energy to spare.

In 1922, Princeton was beginning to operate as a Community and the possibility to distribute the grid power now becoming available to the area was just another opportunity that Edwin Barr-Hall thought that needed investigation.

In 1929 West Kootenay Power applied to the BC Government to expand their service area which was then a radius of 150 miles from Rossland on the Canadian side of the Canada/US border. This meant

..... continued on Page 24

Princeton Light & Power Co., Limited

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—BY USING ELECTRIC WASHING MACHINES, COOKERS, IRONS AND VACUUM CLEANERS.

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Newspaper ad promoting the benefits of electric light and power. Photo: Princeton Museum

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(NICOLA-SIMILKAMEEN)**

School District No. 58 (Nicola-Similkameen) is accepting applications for the following relief positions:

Relief Janitor: Applicants are required to have a minimum Grade 10 education and a valid BC Driver's License.

Relief Bus Driver: Successful applicants will be required to have a Class 2 or higher license with air, a minimum Grade 10 education and six months to one year commercial driving experience or equivalent combination of training and experience. Preference will be given to those with bus driving experience. Drivers will also be required to provide a Driver's Abstract.

Relief SEA: Applicants for relief Special Education Assistants will work with special needs student(s) in various schools in the District. Qualification requirements will vary subject to the needs of the student(s).

Relief Secretary: A minimum typing speed of 55 w. p. m. is required.

Relief Noon Hour Supervisors: 1 hour per school day. Previous experience dealing with students would be an asset.

All positions are on-call positions. Salary and benefits will be in accordance with the C. U. P. E. Local 847 Collective Agreement.

Application forms are available at Princeton Secondary School, 201 Old Merritt Road, Princeton, BC, or on-line at www.sd58.bc.ca, click on Jobs, Support Positions, and follow the prompts. Applications, including a detailed resume with a minimum of three references will be accepted until **September 4, 2009**.

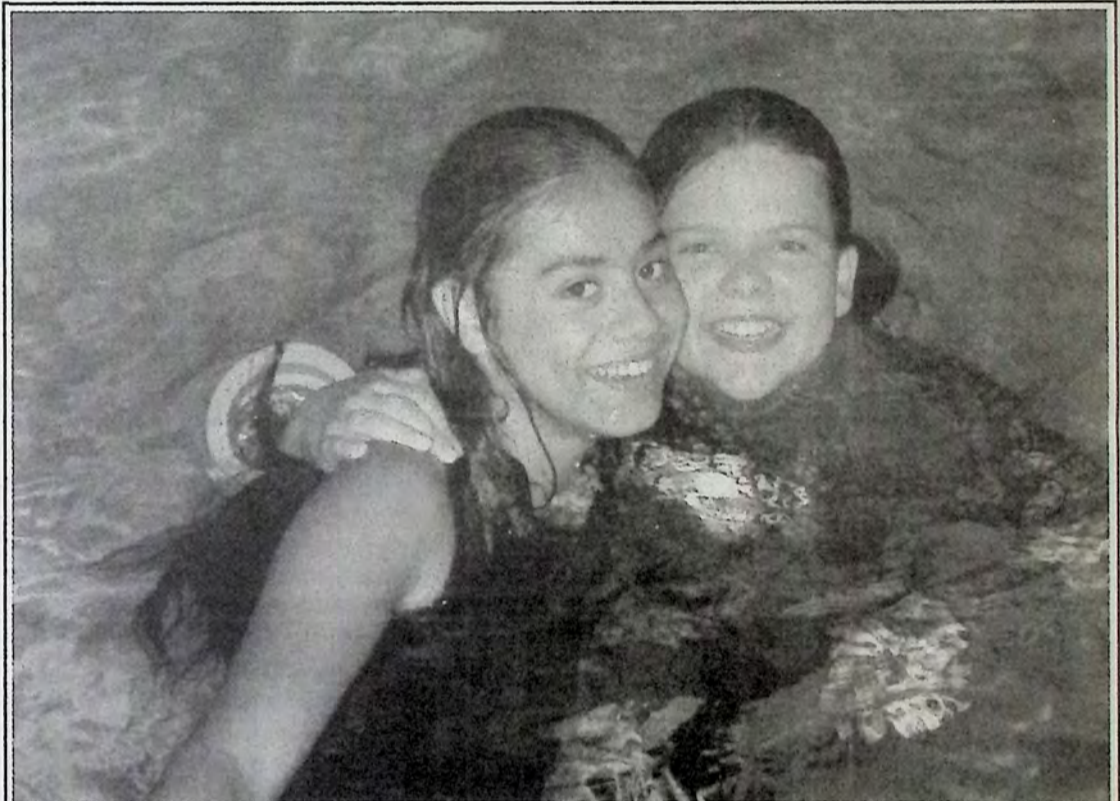
Please forward to:

Attn: Secretary Treasurer
School District No. 58 (Nicola-Similkameen)
P. O. Box 4100, 1550 Chapman Street
Merritt, BC V1K 1B8
Fax: (250) 378-6263

Only those applicants being interviewed will be contacted.



Face painting and fun at Centennial Pool August 26th during Carnival Fun Night. *



The pool was cool August 26th during Carnival Fun Night. *



Another look at some face painting received during Carnival Fun Night. *



News Leader Entertainment

Similkameen News Leader TV Guide Listings - September 1 - 7, 2009



Kokanee Swim Club members gather for a group photo. The swimmers are, from left, Mark Cimbaro, Nicholas Cimbaro, Dylan Carmichael, Taylor Carmichael, Sara Whitbread (coach) and Karmen Whitbread (coach). Missing from photo: Norman Anderson. - photo submitted

Local swimmers compete at Provincials

May 1st of each year marks the beginning of the summer swimming season.

This year over 5,000 athletes from 61 clubs across the province, as well as from Washington State, resumed training and practicing their sport in hopes of earning a spot at the BC Provincial Championship Swim Meet.

For four swimmers from the Kokanee Summer Swim Club the 2009 swimming season culminated in exactly that. Norman Anderson, Dylan Carmichael, Taylor Carmichael and Mark Cimbaro competed in Abbotsford on August 21-23rd against the best of the best. Norm Anderson (division 1) swam the 50 m backstroke achieving a new personal best time.

Dylan Carmichael (division 1) swam the 50 m backstroke shattering the Princeton record with a time of 54.26 seconds, placing 15th overall. Dylan also swam the 100 m Individual Medley, 50 m Breast stroke, 100 m freestyle where he achieved personal best times in all three events. To conclude the meet, Dylan swam backstroke for the lead leg of the Regional Medley Relay Team along side his team mates from Revelstoke, Salmon Arm and Kelowna. The team placed 8th overall.

Taylor Carmichael (division 3) swam the 50 m freestyle in a time of

32.70 earning her the 14th place in the event. In the 50 m butterfly, Taylor broke the Princeton record with a time of 35.84 seconds, placing 14th. In the backstroke she placed 8th overall with a swim of 37.92. In the 100 m freestyle Taylor once again set the Princeton Record with a time of 1:11.44, placing 12th in the event.

To conclude the meet, Taylor swam backstroke for the lead leg of the Regional Medley Relay Team along side her three team mates who were all from Salmon Arm. The team placed 6th overall.

Mark Cimbaro (division 6) swam the 50 m freestyle where he posted a new personal best time.

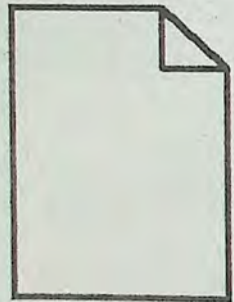
The end of the Provincial Championships marks the end of another exciting swim year. The commitment and dedication of all the swimmers is evidenced by their achievements, both for those that

participated at the Provincials, and those that did not. New friends were made, in other cases old friendships were strengthened. A great sense of pride and accomplishment should be felt by all the swimmers.

As well, as the year comes to a close, the parents of all the swimmers deserve recognition for the hours they put into getting their young athletes to the practices, to swim meets, volunteering at swim meets, being there when their child is crying for being disqualified, and being their when their child is elated for winning gold. A parents job is never done, so you may as well enjoy the journey.

As the 2009 swimming season becomes a memory and a story, the dreams of what the 2010 season may hold have already been seeded.

Congratulations to all the swimmers for a fantastic season, and the best of luck next year. -submitted



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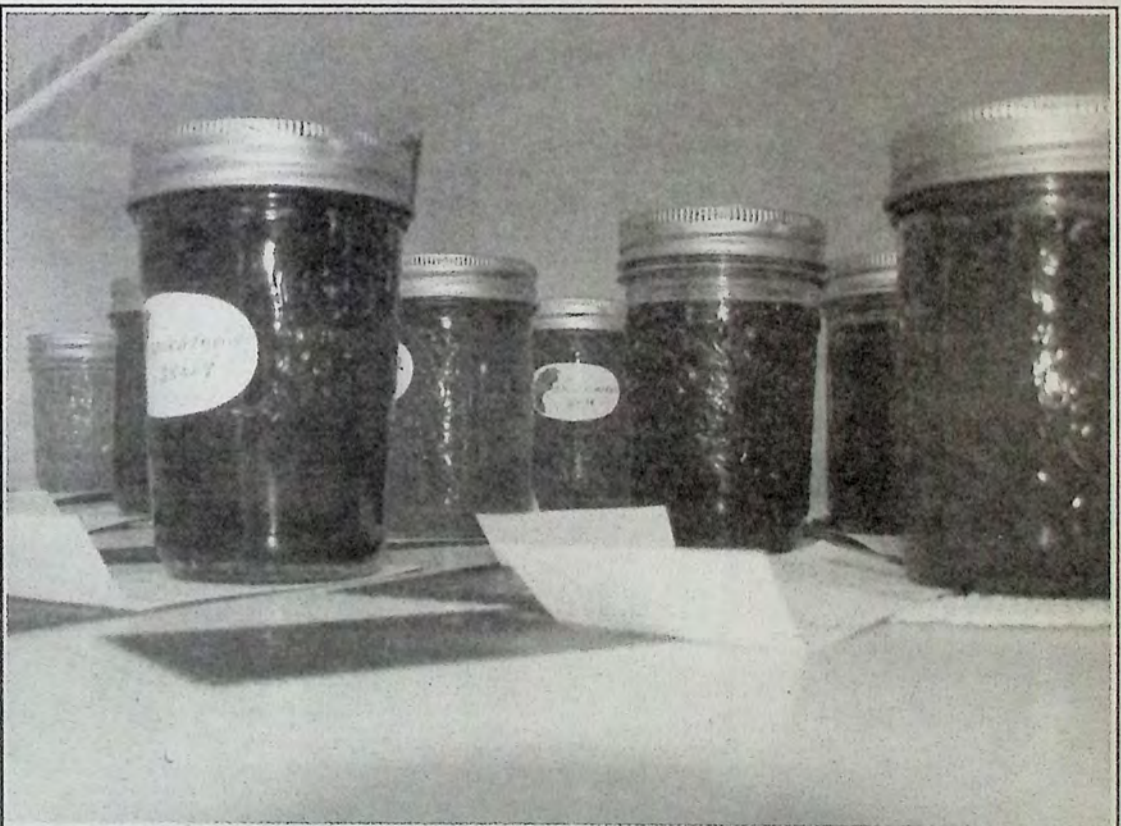
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Alyssa Larsen provided live entertainment during Fall Fair August 29th. *



Matt Duffus provided live entertainment during the 44th annual Fall Fair.



Many other activities and exhibits provided entertainment during Fall Fair. *

TUESDAY, SEPTEMBER 1, 2009

	WTBS (3)	CHBC (4)	KNOW (5)	KSPS (6)	KHQ (7)	KREM (8)	A&E (9)	KXLY (10)	BCTV (11)	CITV (12)	CBC (13)	YTV (18)	TSN (19)	VTV (22)	DISC (24)	FAM (26)	CITY (29)	SPIKE (44)	TROP (45)
6 AM	Jeffersons	News	Franklin	Thomas	News (N)	News	American Justice	News	(5:30) Morning News (N)	(4:30) Morning News (N)	CBC News: Morning (N)	Rolie Polie Dewitt	SportsCentre	Canada AM	Daily Planet	Henry's King	CityLine	Disorderly Con.	Power Play
6:30	Sanford	Tube Tales	George S.	Lions															
7 AM	In the Heat of the Night	Room That News	Clifford the Big Red Dog (DVS)	Arthur (EI) Martha	Today How not to get sick; back-to-school basics. (N)	The Early Show (N)	Cold Case Files	Good Morning America (N)			Save-Ums!	Berenstain Animal	SportsCentre		Dinosaurs Return	Mickey Mickey	The Tyra Banks Show	Disorderly Con.	The Outer Limits
7:30																			
8 AM	Cosby	Ad Pers	Sid the Science Kid (DVS)	Sid			CSI: Miami "Collision"		100 Huntley Street		Bo On Go	Timothy	SportsCentre		Mayday "Gimli Glider"	Handy Handy	Rachael Ray	Disorderly Con.	North of 60 "The Road"
8:30																			
9 AM	Fam. Feud	Three Takes	Super Why!	Super Why!		The 700 Club	CSI: Miami	Regs and Kelly	100 Huntley Street	World Vision	Super Why!	Casper	Record	Regs and Kelly	Daily Planet	Feet	News	Disorderly Con.	Soap
9:30	Fam. Feud			Clifford							Wilbur	(9:25) Kid	Fishing			Tigger	City		What
10 AM	Trivial	The Mom Show	Spider (10:35)	Sesame Street (EI)		The Price Is Right (N)	Criminal Minds	The View	Hospital for Sick Kids	Debt Part House	Poko	(10:05) Viva	Tennis: U.S. Open, Men's & Women's First Round.	The View	Blueprint for Disaster	Mickey Handy	The O.C.	Deadliest Warrior	Dawson's Creek
10:30																			
11 AM	Harvey	One House	Rolie Polie	Dragon	Ellen DeGeneres Show	Young and the Restless	The Sopranos	Paid Prog.	World Vision	(10:59) Noon News Hour (N)	Gofrette	(10:50) Animal	Ruby	DeGrassi	Dirty Jobs	Benj Bear	The Bonnie Hunt Show	Deadliest Warrior	Raymond
11:30	Harvey	Designer	Berenstain	Sit-Be Fit										DeGrassi	Leeches	(11:25) King			
12 PM	Fresh Pr.	Chef	Maggie	Charlie Rose	The Firm	News	American Justice	All My Children (N)	Noon News Hour (N)	Days of our Lives (N)	CBC News: Today (N)	Monster	National Tennis Center in Flushing, N.Y. (Live)	etalk	The Detonators	(11:49) Weekend	CityLine	Deadliest Warrior	Seinfeld
12:30	Fresh Pr.	Design U	(12:35)		Paid Prog.	Bold						Grossology		Bold					
1 PM	Still Stnd	Home to	Wibbly Pig	Dewberry	Days of our Lives (N)	As the World Turns (N)	Cold Case Files	One Life to Live (N)	As the World Turns (N)	As the World Turns (N)	Doc Zone	Hawks	(1:40) Viva	Sue Thomas: F.B. Eye	Helicopter Loggers	Dragon Emperor	Judge J.	Deadliest Warrior	'70s Show
1:30	Still Stnd	Parents	Sagwa	Quilting										General Hospital (N)	MythBusters	(1:54) K. Possible	CityNews at 5 (N)	Deadliest Warrior	3's Co.
2 PM	King	Guiding Light (N)	Franklin	Barney	The Bonnie Hunt Show	Guiding Light (N)	CSI: Miami "Collision"	General Hospital (N)	Young and the Restless	The Doctors (N)	Steven and Chris	SpongeBob Team		etalk	After the Catch (N)	Wizards	Valentine	Surviving Disaster (N)	Family Guy
2:30	King		BluesClues	WordWorld										Hollywood		Montana			'70s Show
3 PM	Seinfeld	How Do I Look? (N)	(3:01) Little Bear	Big World	Judge	Dr. Phil	CSI: Miami	Rachael Ray	The Doctors (N)	Young and the Restless	Fashion F.	Pretty Cure	Record	Dr. Phil	Destroyed	Emperor	CityNews at 6 (N)	Deadliest Warrior	Parker
3:30	Friends			WordGirl	Judge									Destroyed					Parker
4 PM	Family Guy	Debt Part	WordWorld	Fetch! Ruff	Judge J.	Oprah Winfrey	Criminal Minds	Deal No	Oprah Winfrey	(3:59) Early Global	Ghost Whisperer	SpongeBob OddParent	Tennis: U.S. Open, Men's & Women's First Round. (Live)	Ellen DeGeneres Show	Daily Planet (N)	(4:08) Phineas	Law & Order: SVU	Deadliest Warrior	'70s Show
4:30	Family Guy	That News	George S.	Cyberchas	Judge J.														'70s Show
5 PM	Payne	Deal No	Babar	BBC News	News (N)	News	The First 48	News	Early News	(4:59) News Hour (N)	CBC News: Vancouver at Six (N)	Penguins	First Round.	CTV News at Five (N)	How-Made	Suite Life	Hell's Kitchen (N)	Deadliest Warrior	The Outer Limits
5:30	Payne	News	Martha	Business	NBC News	CBS News		ABC News	Global			SpongeBob		CTV News (N)	How-Made	Montana			
6 PM	Moyie: "Set It Off" (1996) Jada	Global	Taste Buds	News-Lehrer	News (N)	News	The First 48 (N)	News	(5:59) News Hour (N)	ET Canada	Coronatn	iCarly		CTV News (N)	Destroyed	Zoey 101	More to Love (N)	Deadliest Warrior	ET Canada
6:30														Destroyed					Switch (N)
7 PM	Pinkett, Queen Latifah	E! News	Gardens	Nova (DVS)	Jeopardy!	The Doctors (N)	The Cleaner (N)	Entertain	Entertain	In Plain Sight	Fortune	Drake		etalk	After the Catch (N)	Wizards	Valentine	Surviving Disaster (N)	Family Guy
7:30		The Insider	Eden		Fortune			The Insider	ET Canada		Jeopardy!	Prank Ptrl		Hollywood		Montana			'70s Show
8 PM	Seinfeld	Inside Hollywood (N)	Ultimate Factories	Nova scienceNOW (N)	America's Got Talent	NCIS "Legend"	The Cleaner	Crash Course	NCIS "Legend"	NCIS "Legend"	Mercer	Penguins	SportsCentre (Live)	So You Think You Can Dance	Daily Planet	Suite Life	News	Surviving Disaster	'70s Show
8:30											22 Minutes	Futurama				Buzz	CityNews		'70s Show
9 PM	Moyie: "Set It Off" (1996) Jada	X-Weighted (N)	Masterpiece	Wild!	America's Got Talent (Same-day)	(9:01) Big Brother 11 (N)	The First 48	Shaq Vs. (N)	(9:01) Big Brother 11 (N)	(9:01) Big Brother 11 (N)	Being Erica (DVS)	Family Biz	World Poker Tour	Canada Top 18.	Destroyed	Wizards	To Be Announced	CSI: Crime Scn	Family Guy
9:30												Prank Ptrl		Destroyed					Seinfeld
10 PM	Pinkett, Queen Latifah	Ruby (N)	Ungrateful Dead	Be a Predator "Poles"	Tape	NCIS "Legend"	The First 48	Primetime	In Plain Sight	News Hour Final (N)	National	Falcon Beach		Flashpoint (DVS)	After the Catch	School Cory	Coach Judge	Surviving Disaster	Family Guy
10:30																			Married...
11 PM	Montel W.	News (N)	Moscow Freestyle	Charlie Rose (N)	News (N)	News	The Cleaner	News	News Hour Final (N)	ET Canada	(11:05) The Hour Jason Mewes.	Mystery	SportsCentre (Live)	CTV News	How-Made	Suite Life	Home Imp.	Disorderly Con.	3's Co.
11:30		Guy Stuff			Tonight	Late Show		(11:35)				Ghost		CTV News	How-Made	Life Derek	CityNews		3's Co.

WEDNESDAY, SEPTEMBER 2, 2009

	WTBS (3)	CHBC (4)	KNOW (5)	KSPS (6)	KHQ (7)	KREM (8)	A&E (9)	KXLY (10)	BCTV (11)	CITV (12)	CBC (13)	YTV (18)	TSN (19)	VTV (22)	DISC (24)	FAM (26)	CITY (29)	SPIKE (44)	TROP (45)
6 AM	Jeffersons	News	Franklin	Bob Build	News (N)	News	American Justice	News	(5:30) Morning News (N)	(4:30) Morning News (N)	CBC News: Morning (N)	Rolie Polie Dewitt	SportsCentre	Canada AM	Daily Planet	Henry's King	CityLine	CSI: NY	Crow-Stairway
6:30	Sanford	Tube Tales	George S.	Lions															
7 AM	In the Heat of the Night	Room That News	Clifford the Big Red Dog (DVS)	Arthur (EI) Martha	Today After a miscarriage; Money 911. (N)	The Early Show (N)	Cold Case Files	Good Morning America (N)			Save-Ums!	Berenstain Animal	SportsCentre		Mayday	Mickey Mickey	The Tyra Banks Show	CSI: NY "YoungBlood"	The Outer Limits
7:30																			
8 AM	Cosby	Ad Pers	Sid the Science Kid (DVS)	Sid			CSI: Miami "Driven"		100 Huntley Street		Bo On Go	Timothy	SportsCentre		How-Made	Handy Handy	Rachael Ray	CSI: Crime Scn	North of 60 "The Cold"
8:30																			
9 AM	Fam. Feud	Three Takes	Super Why!	Super Why!		The 700 Club	CSI: Miami "Dead Air"	Regs and Kelly	100 Huntley Street	World Vision	Super Why!	Casper	Record	Regs and Kelly	Daily Planet	Feet	News	CSI: Crime Scn	Reality
9:30	Fam. Feud			Clifford							Wilbur	(9:25) Kid	Motoring			Tigger	City		What
10 AM	Trivial	The Mom Show	Spider (10:35)	Sesame Street (EI)		The Price Is Right (N)	Criminal Minds	The View	Hospital for Sick Kids	Poko	(10:05) Viva	Tennis: U.S. Open -- Men's First Round.	The View	Destroyed	Mickey Handy	The O.C.	CSI: Crime Scn	Dawson's Creek "Kiss"	
10:30														Destroyed					
11 AM	Harvey	One House	Rolie Polie	Dragon	Ellen DeGeneres Show	Young and the Restless	The Sopranos	Paid Prog.	Hospital for Sick Kids	(10:59) Noon News Hour (N)	Gofrette	(10:50) Animal	Ruby	DeGrassi	Mighty Ships	Benj Bear	The Bonnie Hunt Show	CSI: Crime Scn	Raymond
11:30	Harvey	Designer	Berenstain	Sit-Be Fit										DeGrassi	Ships	(11:25) King			Raymond
12 PM	Fresh Pr.	Chef	Maggie	Charlie Rose	Paid Prog.	News	American Justice	All My Children (N)	Noon News Hour (N)	Days of our Lives (N)	CBC News: Today (N)	Monster	National Tennis Center in Flushing, N.Y. (Live)	etalk	The Devil's Triangle	(11:49) Weekend	CityLine	CSI: Crime Scn	Seinfeld
12:30	Fresh Pr.	Design U	(12:35)		Paid Prog.	Bold						Grossology		Bold					
1 PM	Still Stnd	Home to	Wibbly Pig	Art Work	Days of our Lives (N)	As the World Turns (N)	Cold Case Files	One Life to Live (N)	As the World Turns (N)	As the World Turns (N)	Doc Zone	Hawks	(1:40) Viva	Sue Thomas: F.B. Eye	After the Catch	Dragon Emperor	Judge J.	CSI: Crime Scn	King
1:30	Still Stnd	Parents	Sagwa	Sewing										General Hospital (N)	MythBusters	(1:54) K. Possible	CityNews at 5 (N)	CSI: Crime Scn	3's Co.
2 PM	King	Guiding Light (N)	Franklin	Barney	The Bonnie Hunt Show	Guiding Light (N)	CSI: Miami "Driven"	General Hospital (N)	Young and the Restless	The Doctors (N)	Steven and Chris	SpongeBob Team		etalk	Mayday "Gimli Glider"	Wizards	Murdoch Mysteries	Surviving Disaster	Family Guy
2:30	King		BluesClues	WordWorld										Dance		Montana			King
3 PM	Seinfeld	The Big Party Plan-Off	(3:01) Little Bear	Big World	Judge	Dr. Phil	CSI: Miami "Dead Air"	Rachael Ray	The Doctors (N)	Young and the Restless	Fashion F.	Pretty Cure	Record	Dr. Phil	How-Made	Emperor	CityNews at 6 (N)	CSI: Crime Scn	Project Runway Canada
3:30	Friends			WordGirl	Judge									Qubit					
4 PM	Family Guy	Debt Part	WordWorld	Fetch! Ruff	Judge J.	Oprah Winfrey	Criminal Minds	Deal No	Oprah Winfrey	(3:59) Early Global	Ghost Whisperer	SpongeBob OddParent	Tennis: U.S. Open, Men's First Round and Women's Second Round. (Live)	Ellen DeGeneres Show	Daily Planet (N)	(4:08) Phineas	Law & Order: SVU	CSI: Crime Scn	King
4:30	Family Guy	That News	George S.	Cyberchas	Judge J.														King
5 PM	Moyie: "Take the Lead" (2006), Rob Brown	Deal No	Babar	BBC News	News (N)	News	Dog the Bounty Hunter	News	Early News	(4:59) News Hour (N)	CBC News: Vancouver at Six (N)	Penguins	First Round.	CTV News at Five (N)	Pitchmen (N)	Suite Life	Goode	CSI: Crime Scn	The Outer Limits
5:30		News	Martha	Business	NBC News	CBS News		ABC News	Global			SpongeBob		CTV News (N)	Mighty Ships "Maersk"	Zoey 101	Scrubs	UFC Unleashed	ET Canada
6 PM		Global	Creatures	News-Lehrer	News (N)	News	Dog	News	(5:59) News Hour (N)	ET Canada	Coronatn	iCarly		CTV News (N)		Life Derek	Less-Kind	Unleashed	What
6:30		News	Chiefs	Millionaire	Hollywood	Dog	News												
7 PM	Seinfeld	E! News	Childhood Lost	American Masters "Trumbo"	Jeopardy!	The Doctors (N)	Criss Angel Mindfreak	Entertain	Entertain	In Plain Sight	Fortune	Drake		etalk	Mayday "Gimli Glider"	Wizards	Murdoch Mysteries	Surviving Disaster	Family Guy
7:30		The Insider			Fortune			The Insider	ET Canada		Jeopardy!	Prank Ptrl		Dance		Montana			King
8 PM	Moyie: "Take the Lead" (2006), Rob Brown	Psych (N)	Himalaya-Palin	(N)	America's Got Talent	Christine Preview	Criss Angel Mindfreak	Wipeout (N)	Wipeout (N)	Wipeout (N)	Dragon's Den	Penguins	SportsCentre (Live)	You Can Dance	Daily Planet	Suite Life	News	UFC Unleashed	King
8:30												Futurama				Buzz	CityNews		King
9 PM		Richards	The Four Seasons	America's Landlocked	America's Got Talent	Criminal Minds	Dog the Bounty Hunter	(9:02) Crash Course (N)	Glee "Pilot" (N)	(9:02) Glee "Pilot" (N)	The Tudors (DVS)	Survive	Score Golf	Criminal Minds	Mayday	Wizards	To Be Announced	CSI: Crime Scn	Family Guy
9:30												Adrenaline				Life Derek			Seinfeld
10 PM	Moyie: "Corrina, Corrina" (1994) Whoopi Goldberg.	Keep Up	Orchestra	Wide Angle (N)	Law & Order: SVU	CSI: NY "Greater Good"	Dog	(10:01) Primetime: Crime	In Plain Sight	News Hour Final (N)	National	Falcon Beach	Triathlon: Ironman	CSI: NY "Greater Good"	Pitchmen	School Cory	Coach Judge	Most Amazing Videos	Family Guy
10:30		Candy Girl																	Married...
11 PM		News (N)	Hockey	Charlie Rose (N)	News (N)	News	Criss Angel Mindfreak	News	News Hour Final (N)	ET Canada	(11:05) The Hour Jason Mewes.	Mystery	SportsCentre (Live)	CTV News	Mighty Ships "Maersk"	Suite Life	Home Imp.	Disorderly Con.	3's Co.</

Similkameen News Leader - Horoscopes

September 2 - 9, 2009

Aries - Working hard around your home may be opposite to your desire to have fun, but you can blend the two by being creative while you make home a nicer place to live. Enjoy!

Taurus - You may experience a sore throat or some sort of respiratory infection, or you may just be inclined to verbalize your anger. Stay at home to stay happy, spend time with youngsters.

Gemini - You may need to spend, but this may ruin your budget. Focus is on home, and the meaning of your life. Take time for your inner self. You could review recent actions.

Cancer - Ego energy drives you now, along with a temptation to spend on gaudy things. Spend time with or talk to a sibling and download what's bothering you. Take back bad words.

Leo - Watch out for accidents to your feet or hands. Don't let hidden frustrations double cross you. Take time to improve your appearance. Clear sibling misunderstanding.

Virgo - You are in your element now and things turn in your favour. Plans may change suddenly, and groups you belong to may be in a turmoil. Youngsters could be too demanding. Rest.

Libra - Your biggest challenge right now is your career. Parents or old folks could be a problem. You may have to backtrack on something you said. Do so graciously. Smile!

Scorpio - Career runs smoothly, plans work out. You may want to review or rethink some matters. Long distance travel now would be full of problems. Health upsets clear up in October.

Sagittarius - Career is favoured now, but keep plans flexible, you may have to change in near future. Home life is happier, home improvements go well. Open mind to possibilities.

Capricorn - Partner may be source of upsets and even disputes. People giving you negative vibes are having ego problems. Don't buy into their fight. Your best activity now is studying.

Aquarius - Watch out for cuts, burns, and infections now. Try not to cause further financial upsets. Things will be finalized soon. Friend or partner may turn romantic. Enjoy.

Pisces - This is not your best time of year, and it may seem burdensome this year more than others. Use your creative skills in some kind of work that benefits you and friend/spouse/partner.

Tuesday Movies

EVENING

6:00 pm WTBS (3) ★★ "Set It Off" (1996, Action) Jada Pinkett. Desperation drives four inner-city women to bank robbery in Los Angeles, then they start mistrusting one another. (R)

9:00 pm WTBS (3) ★★ "Set It Off" (1996, Action) Jada Pinkett. Desperation drives four inner-city women to bank robbery in Los Angeles, then they start mistrusting one another. (R)

Wednesday Movies

AFTERNOON

5:00 pm WTBS (3) ★★ "Take the Lead" (2006, Musical) Antonio Banderas. Ballroom dancer Pierre Dulaine teaches street-wise students at a New York school. (R)

Lead" (2006, Musical) Antonio Banderas. Ballroom dancer Pierre Dulaine teaches street-wise students at a New York school. (R)

9:30 pm WTBS (3) ★★ "Corrina, Corrina" (1994, Comedy-Drama) Whoopi Goldberg. A housekeeper brings joy to a Jewish widower and his young daughter in 1959 Los Angeles. (R)

EVENING

7:30 pm WTBS (3) ★★ "Take the

Thursday Movies

EVENING

6:00 pm WTBS (3) ★★ "Anaconda" (1997, Suspense) Jennifer Lopez. A snake hunter commandeers a documentary crew in the Brazilian jungle, forcing them to battle a monster boa. (R)

snake hunter commandeers a documentary crew in the Brazilian jungle, forcing them to battle a monster boa. (R)

11:00 pm SPIKE (4) ★★ "Sniper" (1993, Action) Tom Berenger. A lone Marine sharpshooter goes on a Panama mission with a Washington bureaucrat accustomed to paper targets. (In Stereo) (R)

8:30 pm WTBS (3) ★★ "Anaconda" (1997, Suspense) Jennifer Lopez. A

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Friday Movies

MORNING

11:00 am SPIKE (4) ★★ "Sniper" (1993, Action) Tom Berenger. A lone Marine sharpshooter goes on a Panama mission with a Washington bureaucrat accustomed to paper targets. (In Stereo) (R)

Fully Loaded" (2005, Comedy) Lindsay Lohan. Premiere. The independent-minded Volkswagen helps the feisty daughter of a NASCAR champion find her way to the fast lane. (In Stereo) (R)

AFTERNOON

1:00 pm YTV (18) ★★ "Garfield: A Tail of Two Kitties" (2006, Comedy) Voices of Bill Murray. Garfield follows Jon to England and gets the royal treatment after he is mistaken for the heir to a grand castle. But the feline will need all nine lives to foil the plans of evil Lord Dargis, who wants to turn the castle into a resort. (In Stereo) (R)

9:11 pm FAM (26) "Life Is Ruff" (2005, Comedy) Kyle Massey. A teenage slacker adopts a stray as part of a plan to win a large cash prize at an upcoming dog show. (In Stereo) (R)

2:00 pm SPIKE (4) ★★ "Sniper" (1993, Action) Tom Berenger. A lone Marine sharpshooter goes on a Panama mission with a Washington bureaucrat accustomed to paper targets. (In Stereo) (R)

10:00 pm KNOW (5) ★★ "Comic Book Confidential" (1988, Documentary) Lynda Barry. Interviews with the pioneers and innovators of the comic-book industry make up this portrait tracing its history. (R)

EVENING

7:00 pm WTBS (3) ★★ "Charlie's Angels" (2000, Action) Cameron Diaz. Three private detectives try to rescue a kidnapped computer pro whose voice-ID software would threaten global security.

10:35 pm FAM (26) ★★ "Bob the Butler" (2005, Comedy) Tom Green. A novice manservant takes a job with a neurotic single mother and her mischievous children. (In Stereo) (R)

YTV (18) ★★ "Material Girls" (2006, Comedy-Drama) Hilary Duff. Two sibling cosmetics heiresses must grow up quickly when a company scandal leaves them penniless. (In Stereo) (R)

7:30 pm FAM (26) ★★ "Herbie:

Similkameen News Leader - Recipe Corner

Recipe #287

Cran-Pom Cobbler

(NC)—Whether it's bending the rules of a board game or going your own way with a special drink, yellow tail is encouraging Canadians to play by their own rules this summer. As you enjoy the warm and sunny weather, relax with yellow tail Shiraz and a splash of pomegranate goodness.

- 1 oz yellow tail Shiraz
- 1 oz rum
- 1 oz pomegranate liqueur
- 2 oz cranberry juice
- 1 fresh lime, pressed
- Splash of simple syrup
- Club soda
- Seasonal berries, mint leaf

Directions:

- In a cocktail shaker mix simple syrup and fresh lime juice
- Add ice and the remaining ingredients
- Strain into a Collins glass half filled with ice and seasonal berries
- Top with a splash of club soda
- Garnish with a mint leaf

This summer yellow tail is packing up its play by your rules attitude and hitting the road in an Aistream trailer bringing games and its tasty yellow tail wine to events and retailers across Canada. You can find more information on the campaign and the different stops it will be making online at www.yellowtailwine.com/playbyourrules.

- News Canada

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THURSDAY, SEPTEMBER 3, 2009

	WTBS (3)	CHBC (4)	KNOW (5)	KSPS (6)	KHQ (7)	KREM (8)	A&E (9)	KXLY (10)	BCTV (11)	CITY (12)	CBC (13)	YTV (18)	TSN (19)	VTV (22)	DISC (24)	FAM (26)	CITY (29)	SPIKE (44)	TROP (45)
6 AM	Jeffersons Sanford	News Tube Tales	Franklin George S.	Thomas Lions	News (N) News (N)	News News	American Justice	News News	(5:30) Morning News (N)	(4:30) Morning News (N)	CBC News: Morning (N)	Rolie Polie Dewitt	SportsCentr e	Canada AM e	Daily Planet e	Henry's King	CityLine	CSI: NY "Bad Beat"	Traders
7 AM	In the Heat of the Night	Room That News	Clifford the Big Red Dog	Arthur (E) Martha	Today Billy Crystal; how to take a great picture. (N)	The Early Show (N)	Cold Case Files	Good Morning America (N)				Save-Ums! Animal	Berenstain Rolie Polie	SportsCentr e	How-Made Qubit	Mickey Mickey	The Tyra Banks Show	CSI: NY	The Outer Limits
8 AM	Cosby Cosby	Ad Pers What	Sid the Science Kid (DVS)	Curious Sid			CSI: Miami "Shock"	Repls and Kelly	100 Huntley Street	World Vision	Bo On Go Busytown	Timothy Willa	SportsCentr e		Mighty Ships	Handy Handy	Rachael Ray	CSI: Crime Scn	North of 60 "Ghosts"
9 AM	Fam. Feud Fam. Feud	Three Takes e	Science Kid (DVS)	Super Why! Clifford		The 700 Club	CSI: Miami "Shock"	Repls and Kelly	100 Huntley Street	World Vision	Super Why! Wilbur	Casper (9:25) Kid	Record Fins Skins	Regis and Kelly	Daily Planet e	Feet Tigger	News City	CSI: Crime Scene	Make What
10 AM	Trivial Trivial	The Mom Show	Spider (10:35)	Sesame Street (E)		The Price Is Right (N)	Criminal Minds	The View	World Vision	Debt Part House	Poko Doodlebop	(10:05) Viva Erky Perky	Tennis: U.S. Open, Men's & Women's	The View e	Pitchmen	Mickey Handy	The O.C. e	CSI: Crime Scene	Dawson's Creek
11 AM	Harvey Harvey	One House Designer	Rolie Polie Berenstain	Dragon Sit-Be Fit	Ellen DeGeneres Show	Young and the Restless	The Sopranos	Food Fast Paid Prog.	Debt Part House	(10:59) Noon News Hour (N)	Gofrette Animal	(10:50) Ruby	Second Round, From the	Degrassi Degrassi	Secrets- Crystal	Benj Bear (11:25) King	The Bonnie Hunt Show	CSI: Crime Scn	Raymond Raymond
12 PM	Fresh Pr. Fresh Pr.	Chef Design U	Maggie (12:35)	Charlie Rose	Slim in 6 Paid Prog.	News Bold	American Justice	All My Children (N)	Noon News Hour (N)	Days of our Lives (N)	CBC News: Today (N)	Monster Grossology	USTA National Tennis	etalk	Mayday "Gimli Glider"	(11:49) Weekend	CityLine	CSI: Crime Scn	Seinfeld Seinfeld
1 PM	Still Std Still Std	Home to Parents	Go Diego Sagwa	Painting Quilting	Days of our Lives (N)	As the World Turns (N)	Cold Case Files	One Life to Live (N)	As the World Turns (N)	As the World Turns (N)	Doc Zone e	Hawks (1:40) Viva	Center in Flushing, N.Y. (Live)	Sue Thomas: F.B.Eye	Time Warp Destroyed	Dragon Emperor	Judge J. Judge J.	CSI: Crime Scene	Seinfeld Seinfeld
2 PM	King King	Guiding Light (N)	Franklin BluesClues	Barney WordWorld	The Bonnie Hunt Show	Guiding Light (N)	CSI: Miami "Shock"	General Hospital (N)	Young and the Restless	The Doctors (N)	Steven and Chris	SpongeBob Team		General Hospital (N)	MythBuster s	(1:54) K. Possible	CityNews at 5 (N)	CSI: Crime Scene	3's Co. 3's Co.
3 PM	Seinfeld Friends	Clean Clean	(3:01) Little Bear	Big World WordGirl	Judge Judge	Dr. Phil	CSI: Miami "Shock"	Rachael Ray	The Doctors (N)	Young and the Restless	Fashion F. 22 Minutes	Pretty Cure Pokemon	Record Sports	Dr. Phil	How-Made How-Made	Replace Emperor	CityNews at 6 (N)	CSI: Crime Scn	Bob-Doug Bob-Doug
4 PM	Family Guy Family Guy	Debt Part That News	WordWorld George S.	Fetch! Ruff Cyberchas	Judge J. Judge J.	Oprah Winfrey	Criminal Minds	Deal No Deal No	Oprah Winfrey	(3:59) Early Global	Ghost Whisperer	SpongeBob OddParent	Tennis: U.S. Open, Men's & Women's	Ellen DeGeneres Show	Daily Planet (N)	(4:08) Phineas	Law & Order: SVU	CSI: Crime Scn	Seinfeld Seinfeld
5 PM	Friends Friends	Deal No News	Babar	BBC News Business	News (N) NBC News	News CBS News	The First 48 ABC News	News Global	Early News Global	(4:59) News Hour (N)	CBC News: Vancouver at Six (N)	Penguins SpongeBob	Second Round, (Live)	CTV News at Five (N)	MythBuster s Automotive fables.	Suite Life Montana Parks	30 Rock Parks	UFC Unleashed	The Outer Limits
6 PM	Movie: "Anaconda" (1997)	Global News	Heads Up Animals	News- Lehrer	News Millionaire	News Hollywood	The First 48 e	News e	(5:59) News Hour (N)	ET Canada Entertain	Coronatn e	iCarly		CTV News (N)	MythBuster s Automotive fables.	Zoey 101 Life Derek	Scrubs (6:31) 30	TNA Wrestling (N)	ET Canada TV Made
7 PM	Jennifer Lopez.	E! News The Insider	Eden Into Wild	Chihuly in the Hotshop	Jeopardy! Fortune	The Doctors (N)	The First 48 e	Entertain The Insider	Entertain ET Canada	90210 (N) e	Fortune Jeopardy!	Drake Family Biz		etalk	MythBuster s	Wizards Montana	Law & Order: UK (N)		Family Guy Seinfeld
8 PM	Seinfeld Movie: "Anaconda" (1997)	Name Earl "Til Death	Africa e	Sherlock Holmes	30 Rock Parks	Big Brother 11	Crime 360 (N)	Grey's Anatomy e	Big Brother 11	Big Brother 11	Doc Zone e	Penguins Futurama	SportsCentr e (Live)	CSI: NY "Wasted"	Daily Planet e	Suite Life Buzz	News CityNews	Surviving Disaster	Seinfeld Seinfeld
9 PM	Movie: "Anaconda" (1997) Jennifer Lopez.	True Hollywood Story	How Art Made	MI-5	The Office (9:31) 30	CSI: Crime Scn	The First 48 e	Grey's Anatomy e	The Office The Office	The Office The Office	This Beat Goes On (N)	In Real Life "Pilots"	World Extreme Cagefightin g (Taped)	CSI: Crime Scn	MythBuster s Automotive fables.	Wizards Life Derek	To Be Announced	MANswers Game	Family Guy Seinfeld
10 PM	In the Heat of the Night	The Beast (N)	World of Albert Kuhn	Soundstage e	Law & Order	(10:01) The Mentalist	The First 48 e	(10:02) Private Practice	90210	News Hour Final (N)	National Falcon Beach	Falcon Beach		(10:01) The Mentalist e	School Cory	Coach Judge	Ways Die Ways Die	Family Guy Married...	
11 PM	Montel W.	News (N) Guy Stuff	Childhood Lost	Charlie Rose (N)	News (N) Tonight	News Late Show	The First 48 e	News (11:35)	News Hour Final (N) ET Canada	Entertain ET Canada	(11:05) The Hour	Mystery Ghost	SportsCentr e (Live)	CTV News e	MythBuster s	Suite Life Life Derek	Home Imp. CityNews	Movie: "Sniper" (1993)	3's Co. 3's Co.

FRIDAY, SEPTEMBER 4, 2009

	WTBS (3)	CHBC (4)	KNOW (5)	KSPS (6)	KHQ (7)	KREM (8)	A&E (9)	KXLY (10)	BCTV (11)	CITY (12)	CBC (13)	YTV (18)	TSN (19)	VTV (22)	DISC (24)	FAM (26)	CITY (29)	SPIKE (44)	TROP (45)
6 AM	Jeffersons Sanford	News Tube Tales	Franklin George S.	Bob Buil Lions	News (N) News (N)	News News	CSI: Miami e	News News	(5:30) Morning News (N)	(4:30) Morning News (N)	CBC News: Morning (N)	Rolie Polie Dewitt	SportsCentr e	Canada AM e	Daily Planet e	Henry's King	CityLine	CSI: NY "Jamalot"	Adventures of Sinbad
7 AM	In the Heat of the Night	Room That News	Clifford the Big Red Dog	Arthur (E) Martha	Today Must- have fall fashion items. (N)	The Early Show (N)	CSI: Miami e	Good Morning America (N)				Save-Ums! Animal	Berenstain Rolie Polie	SportsCentr e	Austin Stevens	Mickey Mickey	The Tyra Banks Show	CSI: NY "Trapped"	The Outer Limits
8 AM	Cosby Cosby	Ad Pers What	Sid the Science Kid (DVS)	Curious Sid			CSI: Miami e		100 Huntley Street	World Vision	Bo On Go Busytown	Timothy Willa	SportsCentr e		MythBuster s	Handy Handy	Rachael Ray	CSI: Crime Scn	North of 60
9 AM	Fam. Feud Fam. Feud	Three Takes e	Science Kid (DVS)	Super Why! Clifford		The 700 Club	CSI: Miami e	Repls and Kelly	100 Huntley Street	World Vision	Super Why! Wilbur	Casper (9:25) Kid	Record Tbl Tennis	Regis and Kelly	Daily Planet e	Feet Tigger	News City	CSI: Crime Scn	Tube Tales What
10 AM	Trivial Trivial	The Mom Show	Spider (10:35)	Sesame Street (E)		The Price Is Right (N)	Criminal Minds	The View	World Vision	Hospital for Sick Kids	Poko Doodlebop	(10:05) Viva Erky Perky	Tennis: U.S. Open -- Men's	The View e	Mayday	Mickey Handy	The O.C. e	Surviving Disaster	Dawson's Creek
11 AM	Harvey Harvey	One House Designer	Rolie Polie Berenstain	Dragon Sit-Be Fit	Ellen DeGeneres Show	Young and the Restless	CSI: Miami e	Paid Prog. Paid Prog.	Debt Part House	(10:59) Noon News Hour (N)	Gofrette Animal	(10:50) Ruby	Second Round and Women's	Degrassi Degrassi	Raging Nature	Benj Bear (11:25) King	The Bonnie Hunt Show	Movie: "Sniper" (1993) Tom	Raymond Raymond
12 PM	Fresh Pr. Fresh Pr.	Chef Design U	Maggie (12:35)	Charlie Rose	Paid Prog. Friend	News Bold	CSI: Miami e	All My Children (N)	Noon News Hour (N)	Seinfeld Seinfeld	CBC News: Today (N)	SpongeBob SpongeBob	Third Round, (Live)	etalk	MythBuster s Automotive fables.	Phineas Suite Life	CityLine	Berenger. e	Seinfeld Seinfeld
1 PM	Still Std Still Std	Home to Parents	Go Diego Sagwa	Wylands Beads Bbl	Days of our Lives (N)	As the World Turns (N)	CSI: Miami e	One Life to Live (N)	As the World Turns (N)	As the World Turns (N)	Heartland (DVS)	"Garfield: A Tail of Two Kitties"	Sue Thomas: F.B.Eye	Wizards So Raven	Judge J. Judge J.	Surviving Disaster	Frasier Frasier		
2 PM	King King	Guiding Light (N)	Franklin BluesClues	Barney WordWorld	The Bonnie Hunt Show	Guiding Light (N)	CSI: Miami e	General Hospital (N)	Seinfeld	The Doctors (N)	Steven and Chris	OddParent		General Hospital (N)	MythBuster s	Cory Montana	CityNews at 5 (N)	Movie: "Sniper" (1993) Tom	3's Co. 3's Co.
3 PM	Seinfeld Friends	Clean House (N)	(3:01) Little Bear Lost egg.	Big World WordGirl	Judge Judge	Dr. Phil	CSI: Miami "Bloodline"	Rachael Ray	The Doctors (N)	Seinfeld Seinfeld	Fashion F. Red Green	SpongeBob SpongeBob	Sports	Dr. Phil	How-Made How-Made	(3:12) Jonas Sonny	CityNews at 6 (N)	Berenger. e	TV Made
4 PM	Family Guy Family Guy	Debt Part That News	WordWorld George S.	Biz Kid\$ Cyberchas	Judge J. Judge J.	Oprah Winfrey	Criminal Minds	Deal No Deal No	Oprah Winfrey	(3:59) Early Global	Ghost Whisperer	SpongeBob OddParent	Tennis: U.S. Open -- Men's	Ellen DeGeneres Show	Daily Planet (N)	Wizards Suite Life	Law & Order: SVU	Pros vs. Joels	Frasier Frasier
5 PM	Payne Payne	Deal No News	Babar	BBC News Business	News (N) NBC News	News CBS News	Criminal Minds	News ABC News	Early News Global	(4:59) News Hour (N)	CBC News: Vancouver at Six (N)	Penguins SpongeBob	Second Round and Women's	CTV News at Five (N)	Dirty Jobs: Egg Farm	Suite Life Montana	Man Tracker	Pros vs. Joels	The Outer Limits
6 PM	SEC Preview	Global News	World Time	News- Lehrer	News (N) Millionaire	News Hollywood	Criminal Minds	News e	(5:59) News Hour (N)	ET Canada Entertain	Coronatn e	The Next Star (N)	Third Round.	CTV News (N)	Man vs. Wild	Zoey 101 Jonas (N)	Ugly Betty "Curveball"	Pros vs. Joels	ET Canada Torrens
7 PM	Movie: "Charlie's Angels" (2000) Cameron Diaz.	E News The Insider	Liberation of Holland	Wash Wk McLaughlin	Jeopardy! Fortune	The Doctors (N)	Criminal Minds "P911"	Entertain The Insider	Entertain ET Canada	NUMB3RS "Disturbed"	Fortune Jeopardy!	Movie: "Material Girls" (2006) Hilary Duff. e	Sports CFL	etalk	Mystery Hollywood	Sonny Movie: "Herbie: Fully Loaded"	Out There Out There	Pros vs. Joels	Family Guy Frasier
8 PM	Movie: "Charlie's Angels" (2000) Cameron Diaz.	You Smarter?	Poirot	Bill Moyers Journal (N)	Southern "Westside"	Ghost Whisperer	Criminal Minds	Supernanny e	Howie Do It e	Howie Do It (N)	Ron James e	Weird Prank Ptrl	Football: Montreal Alouettes at BC Lions. (Subject to Blackout)	CSI: Miami "Nailed"	Man vs. Wild	(9:11) Movie: "Life Is Fear"	To Be Announced	Pros vs. Joels	Family Guy Seinfeld
9 PM	Movie: "Charlie's Angels" (2000) Cameron Diaz.	THIS Investigates (N)	New Tricks e	NOW Served	Dateline NBC	Medium	Criminal Minds	Ugly Betty "Curveball"	Glee "Pilot" e	Glee "Pilot" e	Wild Roses (DVS)	Family Biz Adrenaline	Sports	Defying Gravity "Fear"	Dirty Jobs: Egg Farm	Ruff (2005) e	Party Poker e	Pros vs. Joels	Family Guy Married...
10 PM	Movie: "Charlie's Angels" (2000) Cameron Diaz.	News (N) Guy Stuff	Confidential e	Inside "Speed Week"	News (N) Tonight	News Late Show	Criminal Minds "P911"	News (11:35)	News Hour Final (N) ET Canada	(11:03) ECW (N)	(11:05) The Hour	Mystery Ghost	SportsCentr e (Live)	CTV News e	Mystery CTV News	Movie: "Bob the Butler"	Home Imp. CityNews	Pros vs. Joels	3's Co. 3's Co.

News Leader Puzzle Page

CARTER'S Sudoku Challenge

CREATED FOR THE NEWS LEADER BY CARTER BOSWELL

HOW TO PLAY:

Sudoku is a game of logic. There is no math involved. The object of the game is to fill the grid so that the numbers 1 through 9 appear only once in each row, column and 3 x 3 box. The numbers can appear in any order and Carter has left you some clues below.

CHALLENGE #223 - Rated Easy

		2	1	5				
	7	3				5	1	
	5						9	
7			8		4			3
1				2				8
6			1		7			9
	6							4
	9	2				3	7	
			5	4	2			

CHALLENGE #224 - Rated Hard

		2				6		
	6		5		7		8	
9								5
			7		1			
	4							9
		3	8		4	1		
	5							4
8			6		2			9
		7		1		5		

THIS WEEK'S SOLUTIONS:
Page 20

Carter's Sudoku Challenge grids, puzzles and solutions copyright 2009 Carter Boswell, Princeton, BC and published by Similkameen News Leader

Saturday Movies

MORNING

10:00 am SPIKE (44) ★★"Basic" (2003, Suspense) John Travolta. A DEA agent investigates the disappearance of a fearsome sergeant and his Special Forces trainees. (In Stereo) (E)

AFTERNOON

12:00 pm A&E (9) ★★½"The Matrix" (1999, Science Fiction) Keanu Reeves. A computer hacker joins forces with rebel warriors to battle a malevolent cyberintelligence. (E)

FAM (26) ★★"Good Boy!" (2003, Comedy) Molly Shannon. After adopting a dog, a 12-year-old learns the animal is an interplanetary scout sent to investigate other canines. (In Stereo) (E)

12:30 pm WTBS (3) ★★½"The Longest Yard" (2005, Comedy) Adam Sandler. At a Texas penitentiary, jailed NFL veterans train their fellow inmates for a football game against the guards. (E)

1:00 pm SPIKE (44) ★★"Basic" (2003, Suspense) John Travolta. A DEA agent investigates the disappearance of a fearsome sergeant and his Special Forces trainees. (In Stereo) (E)

1:30 pm FAM (26) "Bailey's Billions" (2005, Comedy) Dean Cain. Two embezzlers plot to steal money from a talking dog that has inherited a fortune. (In Stereo) (E)

4:00 pm YTV (18) ★★"Rugrats Go Wild" (2003, Comedy) Voices of Bruce Willis. Animated. The toddlers meet the Thornberry family after an accident leaves them stranded on a tropical island. (In Stereo) (E)

5:00 pm WTBS (3) ★★"Bewitched" (2005, Romance-Comedy) Nicole Kidman. An actual witch and a neurotic movie star land the lead roles in a television remake of the 1960s sitcom. (E)

EVENING

6:00 pm CITY (29) "Wall of Secrets" (2003, Suspense) Nicole Eggert. An architect's wife finds her perception of reality twisted after her neighbor dies under mysterious circumstances. (E)

7:00 pm WTBS (3) ★★½"Mean Girls" (2004, Comedy) Lindsay Lohan. A teen becomes friends with three cruel schoolmates. (E)

8:00 pm VTV (22) "Terry" (2005, Docudrama) Shawn Ashmore. Supported by his friend and brother, amputee Terry Fox strives to run across Canada to raise money for cancer research. (In Stereo) (E)

9:00 pm WTBS (3) ★★½"Freaky Friday" (1995, Fantasy) Shelley Long. An overworked single mother and her teenage daughter magically switch bodies for a day. (E)

9:30 pm KXLY (10) ★★½"Lemony Snicket's A Series of Unfortunate Events" (2004, Comedy) Jim Carrey. A dastardly count plots to

steal an inheritance from three young orphans placed in his care. (In Stereo) (E)

FAM (26) ★★½"Akeelah and the Bee" (2006, Drama) Laurence Fishburne. An 11-year-old girl in South Los Angeles discovers she has a talent for spelling. (In Stereo) (E)

SPIKE (44) ★★"Basic" (2003, Suspense) John Travolta. A DEA agent investigates the disappearance of a fearsome sergeant and his Special Forces trainees. (In Stereo) (E)

10:30 pm CBC (13) ★★½"World Trade Center" (2006, Drama) Nicolas Cage. Two Port Authority officers become trapped in the rubble of the World Trade Center after going in to help people escape from the buildings during the terrorist attacks of Sept. 11, 2001. (In Stereo) (E)

10:52 pm FAM (26) "My Brother The Pig" (2000, Comedy) Scarlett Johansson. When a spell turns an 8-year-old boy into swine his sister and best friend race to find the cure. (In Stereo) (E)

11:00 pm WTBS (3) ★½"Double Team" (1997, Adventure) Jean-Claude Van Damme. An international spy teams with a flamboyant weapons dealer to escape from a penal colony and save his family. (E)

Sunday Movies

MORNING

8:00 am WTBS (3) ★½"Crocodile Dundee in Los Angeles" (2001, Comedy) Paul Hogan. Mick and his girlfriend return to America and link the mysterious death of a reporter to a movie studio. (E)

10:00 am WTBS (3) ★★½"Bill & Ted's Excellent Adventure" (1989, Comedy) Keanu Reeves. Dopey dudes time-travel to fetch celebs for school project.

SPIKE (44) ★★"Road House" (1989, Action) Patrick Swayze. Hired to tame a rowdy Missouri bar, a Ph.D. bouncer romances a doctor and tames the whole town. (In Stereo) (E)

11:30 am A&E (9) ★★½"The Silence of the Lambs" (1991, Suspense) Jodie Foster. An FBI trainee seeks advice from a brilliant, psychopathic prisoner to catch a killer who skins his victims. (E)

AFTERNOON

12:00 pm FAM (26) "Princess Protection Program" (2009, Comedy) Selena Gomez. A princess stays with a covert agent and his daughter. (In Stereo) (E)

1:00 pm CITY (29) ★★½"Ferris Bueller's Day Off" (1986, Comedy) Matthew Broderick. A brash teen and his friends have an adventure in Chicago. (E)

SPIKE (44) ★★"Road House" (1989, Action) Patrick Swayze. Hired to tame a rowdy Missouri bar, a Ph.D. bouncer romances a doctor and tames the whole town. (In Stereo) (E)

1:30 pm FAM (26) "The Cheetah Girls 2" (2006, Comedy-Drama) Raven. Members of a teenage vocal group find adventure while participating in

a music festival in Barcelona, Spain. (In Stereo) (E)

2:00 pm WTBS (3) ★★½"Mean Girls" (2004, Comedy) Lindsay Lohan. A teen becomes friends with three cruel schoolmates. (E)

3:00 pm VTV (22) "The Man Who Lost Himself" (2005, Docudrama) David James Elliott. Canadian football player Terry Evanshen awakens from a coma with no memory of his life or loved ones. (In Stereo) (E)

4:00 pm WTBS (3) ★★"Bewitched" (2005, Romance-Comedy) Nicole Kidman. An actual witch and a neurotic movie star land the lead roles in a television remake of the 1960s sitcom. (E)

YTV (18) "Stuart Little 3: Call of the Wild" (2005, Comedy) Voices of Wayne Brady. Animated. A friendly skunk helps a little mouse rescue a cat from a dreaded forest creature. (In Stereo) (E)

EVENING

6:00 pm WTBS (3) ★★"Bewitched" (2005, Romance-Comedy) Nicole Kidman. An actual witch and a neurotic movie star land the lead roles in a television remake of the 1960s sitcom. (E)

YTV (18) ★★½"How to Eat Fried Worms" (2006, Comedy-Drama) Thomas Cavanagh. Bravado lands an 11-year-old boy in a predicament at a new school when he accepts the challenge of a bully to eat 10 worms in a single day. (In Stereo) (E)

7:30 pm BCTV (11) CITY (12) ★★½"Spider-Man 2" (2004, Action) Tobey Maguire. Tormented Peter Parker battles a sinister scientist who uses mechanical tentacles for destructive purposes. (In Stereo) (E)

8:00 pm WTBS (3) ★★½"Emma" (1996, Drama) Gwyneth Paltrow.

Things keep getting worse after a young matchmaker finds a mate for a simple young woman in rural 1800s England. (E)

CBC (13) "Guns" (2009, Crime Drama) (Part 1 of 2) Elisha Cuthbert. Premiere. The trafficking of illegal guns causes a ripple effect in the lives of four families. (In Stereo) (E)

VTV (22) ★★½"The Fast and the Furious: Tokyo Drift" (2006, Action) Lucas Black. An American street racer in Japan learns a new style and takes on the champion. (In Stereo) (E)

8:30 pm KHQ (7) ★★½"Friday Night Lights" (2004, Drama) Billy Bob Thornton. A high-school football coach in Odessa, Texas, tries to lead his players to the state championship. (E)

9:00 pm FAM (26) ★★½"Without Honors" (1994, Drama) Joe Pesci. A homeless man finds a Harvard student's thesis. (In Stereo) (E)

10:30 pm SPIKE (44) ★★"Road House" (1989, Action) Patrick Swayze. Hired to tame a rowdy Missouri bar, a Ph.D. bouncer romances a doctor and tames the whole town. (In Stereo) (E)

10:43 pm FAM (26) ★★½"City Slickers II: The Legend of Curly's Gold" (1994, Comedy) Billy Crystal. Three grown men follow a trail guide's map to buried treasure near Las Vegas. (In Stereo) (E)

We're different, and we like that.
Similkameen News Leader

MONDAY, SEPTEMBER 7, 2009

	WTBS (3)	CHBC (4)	KNOW (5)	KSPS (6)	KHQ (7)	KREM (8)	A&E (9)	KXLY (10)	BCTV (11)	CITV (12)	CBC (13)	YTV (18)	TSN (19)	VTV (22)	DISC (24)	FAM (26)	CITY (29)	SPIKE (44)	TROP (45)
6 AM	Jeffersons	News	Franklin	Bob Build	News (N)	News	Criminal	News	(5:30) Morning	(4:30) Morning	Nanalan'	Being Ian	SportsCentr	Canada AM	Daily Planet	Henry's	CityLine	Surviving	Once a
7 AM	In the Heat	Room	Clifford the	Arthur (E)	Today (N)	The Early	Criminal	Good			Save-Ums!	Casper	SportsCentr		Mighty	Mickey	The Tyra	Disorderly	The Outer
8 AM	Cosby	Ad Pers	George S.	Lions							Animal	League			How-Made	Handy	Rachael	Disorderly	North of 60
9 AM	Fam. Feud	Three Takes	Charlie	Dinosaur							Super Why!	SpongeBob			How-Made	Handy	News	Surviving	TV Made
10 AM	Trivial	The Mom	Spider	Sesame							Wilbur	Penguins			Canada's	Mickey	The O.C.	Pros vs.	Dawson's
11 AM	Harvey	One House	Rolie Polie	Clifford	PGA Tour	Tennis					Gofrette	OddParent			Day of the	Benj Bear	The Bonnie	Pros vs.	Raymond
12 PM	Fresh Pr.	Chef	Maggie	Charlie	Bank	Championshi					TBA	SpongeBob			Surviving	Phineas	CityLine	Pros vs.	Seinfeld
1 PM	Harvey	Home to	Wibbly Pig	Fine Art							Doc Zone	SpongeBob			Destroyed	Wizards	Judge J.	Pros vs.	Raymond
2 PM	King	To Be	Franklin	Barney							Steven and	Back at the			MythBuster	Cory	CityNews at	Pros vs.	3's Co.
3 PM	Seinfeld	Split Ends	(3:01) Little	WordGirl	Judge	Dr. Phil	Criminal	Rachael	The Doctors	Young and	Fashion F.	Barnyard			Canada's	(3:12) Jonas	CityNews at	Pros vs.	Carlawood
4 PM	Family Guy	Debt Part	WordWorld	Fetch! Ruff	Judge J.	Oprah	Criminal	Deal No	Oprah	(3:59) Early	Ghost	SpongeBob			Cash Cab	Wizards	Law &	Pros vs.	Raymond
5 PM	Payne	Deal No	Babar	BBC News	News (N)	News	Intervention	News	Early News	(4:59) News	CBC News:	OddParent			MythBuster	Suite Life	Murdoch	Pros vs.	The Outer
6 PM	Movie:	Global	Mechanics	News-	News (N)	News	Intervention	News	(5:59) News	ET Canada	Coronatn	Jackson			Dirty Jobs	Zoey 101	Easy Money	Pros vs.	ET Canada
7 PM	Movie:	Global	Mechanics	News-	News (N)	News	Intervention	News	(5:59) News	ET Canada	Coronatn	Jackson			Dirty Jobs	Zoey 101	Easy Money	Pros vs.	ET Canada
8 PM	Movie:	How I Met	Hot Rocks	Antiques	Law Order:	How I Met	Paranormal	Castle	House	House	Movie:	Malcolm			Dirty Jobs	Jonas	Easy Money	Pros vs.	ET Canada
9 PM	Matthew	The Soup	The World	History	Law Order:	Two Men	Intervention	Castle	Lie to Me	Lie to Me	Elisha	8 Rules	Premier	Law Order:	MythBuster	Wizards	To Be	CSI: Crime	Family Guy
10 PM	Movie:	How I Met	Hot Rocks	Antiques	Law Order:	How I Met	Paranormal	Castle	Lie to Me	Lie to Me	Elisha	8 Rules	Premier	Law Order:	MythBuster	Wizards	To Be	CSI: Crime	Family Guy
11 PM	Movie:	How I Met	Hot Rocks	Antiques	Law Order:	How I Met	Paranormal	Castle	Lie to Me	Lie to Me	Elisha	8 Rules	Premier	Law Order:	MythBuster	Wizards	To Be	CSI: Crime	Family Guy

Monday Movies

6:00 pm WTBS (3) ★★ "Blue Streak"
(1999, Comedy) Martin Lawrence. A jewel thief returns to a construction site to retrieve his cache and finds a police station on the spot.

7:30 pm FAM (26) "The Cheetah Girls: One World" (2008, Comedy-Drama) Adrienne Bailon. The Cheetah Girls travel to India to appear in a musical. (In Stereo)

8:00 pm WTBS (3) ★★ "Sahara" (2005, Adventure) Matthew McConaughey. A treasure hunter and his sidekick join forces with a doctor to

search for a Confederate ship in Africa.

9:00 pm CBC (13) "Guns" (2009, Crime Drama) (Part 2 of 2) Elisha Cuthbert. The trafficking of illegal guns causes a ripple effect in the lives of four families. (In Stereo)

10:30 pm WTBS (3) ★★ "Critters 4" (1992, Horror) Don Oppen. Space salvagers find an earthman in suspended animation, sharing a pod with alien eggs.

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Audrey Winnifred Elliott

August 21, 1924 - August 27, 2009

Audrey Winnifred Elliott (nee Bowers) was born August 21, 1924 in Prince Albert, Saskatchewan. She grew up in North Battleford, Saskatchewan as one of the adopted daughters of Wilbur Morris and Grace Florence Bowers. Audrey passed away peacefully following a short battle with pneumonia in Kelowna General Hospital on August 27, 2009, only a few days after her 85th birthday. Audrey was predeceased by her husband of 31 years, George Fortune "Scotty" Elliott, in 1990. George and Audrey were married in Edmonton, Alberta in April of 1959 shortly after they had first met. She is survived by her two sons, Wilbur George (Brenda) Elliott of Princeton, BC and Charles Bruce (Wendi) Elliott of Guelph, Ontario. Her family and her large circle of friends will sadly miss Audrey.

Audrey became a dedicated volunteer of the Kelowna General Hospital Auxiliary a few years after Scotty's passing and found friendship and purpose in assisting in the Hospital Gift Shop. She took on the task of knitting baby booties and caps for newborns at the hospital and had single-handedly donated hundreds of sets over the years using wool donated by friends just for the project. Audrey also took great pride in operating the Lottery Booth that sat in the lobby of Kelowna General Hospital for a few years and was recently presented with honours to recognize her 15 years of service with the Hospital Auxiliary. She had the reputation of always being able to fill in at a moment's notice as she lived barely a block away from the Main Entrance of KGH.

Audrey's health started to decline but her stubborn spirit did not as she was able to recover enough from her first stroke two years ago to be able to remain in her home, the very same home the family had moved to in 1968. It was with that same courage that she fought back after a second stroke that left her in a wheelchair. Audrey found the changes to her life challenging, but never gave up and rarely complained other than to point out the annoyance she felt about not being able to do the things she used to enjoy. She was always in regular contact with her boys and was thrilled to see both of them "married off" within weeks of each other in 2004. Gaining two daughters-in-law in her 80th year was truly a highlight for her.

Visitation for Audrey will be on Tuesday September 1, 2009 from 7pm to 8pm and Funeral Service will be Wednesday, September 2, 2009 at 10am in the Chapel of Springfield Funeral Home, 2020 Springfield Road, Kelowna. Interment at Lakeview Memorial Gardens, Highway 97 North in the family plot located in the Field of Honour to follow. In lieu of flowers, donations in Audrey's memory may be made to K.G.H. Auxiliary, 2268 Pandosy Street, Kelowna, BC, V1Y 1T2 attn: President. Arrangements entrusted in care of Springfield Funeral Home, Kelowna, BC. Condolences may be sent to the family by visiting this website: www.springfieldfuneralhome.com, 250-860-7077.

Over 100 evening party dresses from \$50.00 or rent from \$20.00. Call Kim (250) 295-4373 or 295-7988. Nov 25th

Firewood. 7-8 cords split. 20" - 23". \$600.00 you haul it. Call (250) 295-0331 or cell (250) 438-0357. Aug 16-Sep 01

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Bemina sewing machine and table. Model 930 \$340.00, Wooden rocking chair \$25.00, Large deepfreeze. Best offer. Call (250) 295-6129. Aug 16-Sep 01

Complete fireplace insert with pipes, \$700.00. Princeton Hotel old cast iron steam radiators and 2 bathtubs for scrap unless sold. Offers. '85 Kawasaki 750 Vulcan, \$2,000 OBO. Call (250) 295-6531. Aug 25-Sep 15

3 Volkswagons: '85 Rabbit, '86 Rabbit and '86 Scirocco, includes 2 spare engines, some spare parts. Professional work shop manual, cost over \$100. Exhaust removal tool - cost \$100. Asking \$1,000 firm for all. Call (250) 295-7284. Aug 25-Sep 03

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Aug 25-Sep 08

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Dr. Greg Gill will commence
practice at our office as of
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Dr. Gill practiced with our
office from 1973 to 1976.

Please phone
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after September 14th
for appointments.

Sep 01-22

1-bedroom suite, downtown. Close to everything. Call Sharon (250) 295-1845. Nov 25th

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2-bedroom apartment downtown, no stairs, ideal for seniors. Asking \$700.00/month. Includes heat, lights and laundry. Adults only, no pets. A damaged deposit and good references are required. Call (250) 295-6408. Sep 09-22

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PRINCETON & DISTRICT COMMUNITY SERVICES SOCIETY NOTICE OF ANNUAL MEETING

On Monday, September 14, 2009 in the Vermilion Court Lounge, 72 Fenchurch Avenue.
Meeting will commence at 7:30 PM. Registration opens at 7:00 PM.
Election of Officers will take place at this meeting.

New Members WELCOME!

By Order of the Board
Princeton & District Community Services Society

Sep 01-08

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Info: (250) 295-7919 OR 295-6531, 295-6723

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Fred 295-7272/Marena 295-7663

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Weekly!

sudoku



SOLUTIONS TO PUZZLES ON PAGE 16

CHALLENGE #223 - Easy

946 215 837
873 469 512
251 378 694

729 854 163
134 926 758
685 137 429

568 793 241
492 681 375
317 542 986

CHALLENGE #224 - Hard

572 983 614
461 527 983
938 146 725

285 791 436
146 235 897
793 864 152

659 378 241
814 652 379
327 419 568

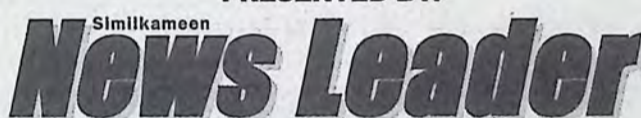
Princeton Posse 2009/10

CLIP 'N' SAVE

Game Schedule



PRESENTED BY:



- FRI SEP 11 - Sicamous at PRINCETON
- SAT SEP 12 - Fernie at PRINCETON
- FRI SEP 18 - PRINCETON at Penticton
- FRI SEP 25 - Penticton at PRINCETON
- SAT SEP 26 - PRINCETON at N Okanagan
- SUN SEP 27 - Kimberley at PRINCETON
- FRI OCT 02 - PRINCETON at Chase
- SAT OCT 03 - Chase at PRINCETON
- FRI OCT 09 - Revelstoke at PRINCETON
- SAT OCT 10 - Revelstoke at PRINCETON
- SAT OCT 17 - N Okanagan at PRINCETON
- TUE OCT 20 - Kamloops at PRINCETON
- FRI OCT 23 - Revelstoke at PRINCETON
- SAT OCT 24 - Sicamous at PRINCETON
- FRI OCT 30 - PRINCETON at Sicamous
- SUN NOV 01 - PRINCETON at Kamloops
- FRI NOV 06 - Penticton at PRINCETON
- SAT NOV 07 - PRINCETON at Penticton
- SUN NOV 08 - N Okanagan at PRINCETON
- FRI NOV 13 - PRINCETON at Revelstoke
- SAT NOV 14 - PRINCETON at Revelstoke
- SUN NOV 15 - PRINCETON at Chase
- FRI NOV 20 - PRINCETON at Beaver Valley
- SAT NOV 21 - PRINCETON at Spokane
- FRI NOV 27 - N Okanagan at PRINCETON
- SAT NOV 28 - Sicamous at PRINCETON
- FRI DEC 04 - Chase at PRINCETON
- SAT DEC 05 - PRINCETON at Chase
- FRI DEC 11 - Castlegar at PRINCETON
- SAT DEC 12 - PRINCETON at Kamloops
- WED DEC 16 - Kamloops at PRINCETON
- FRI DEC 18 - PRINCETON at Sicamous
- SAT DEC 19 - Grand Forks at PRINCETON
- SAT JAN 02 - Kamloops at PRINCETON
- SUN JAN 03 - PRINCETON at Sicamous
- FRI JAN 08 - PRINCETON at Col. Valley
- SAT JAN 09 - PRINCETON at Golden
- SUN JAN 10 - PRINCETON at Creston
- FRI JAN 15 - PRINCETON at Penticton
- SUN JAN 17 - PRINCETON at N Okanagan
- FRI JAN 22 - PRINCETON at Penticton
- SAT JAN 23 - PRINCETON at N Okanagan
- FRI JAN 29 - Kamloops at PRINCETON
- SAT JAN 30 - PRINCETON at Revelstoke
- FRI FEB 05 - Nelson at PRINCETON
- SAT FEB 06 - Chase at PRINCETON
- SUN FEB 07 - PRINCETON at Kamloops
- WED FEB 10 - Penticton at PRINCETON
- FRI FEB 12 - N Okanagan at PRINCETON
- SAT FEB 13 - PRINCETON at Chase

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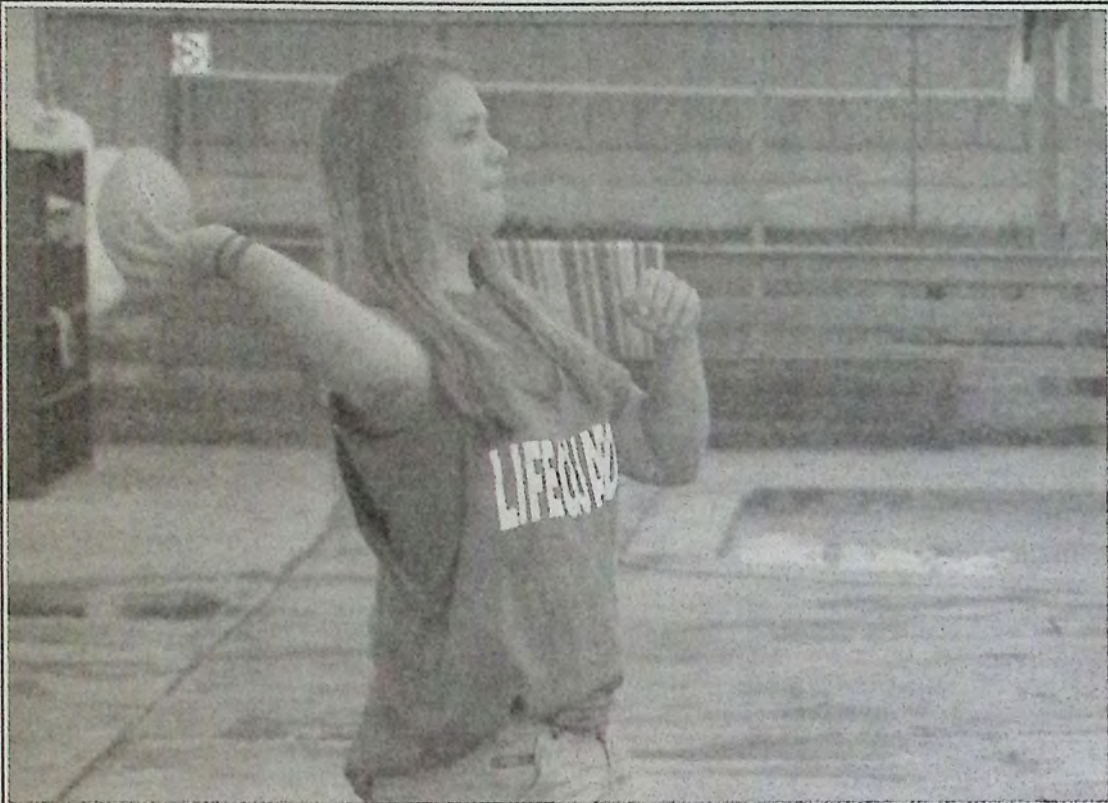
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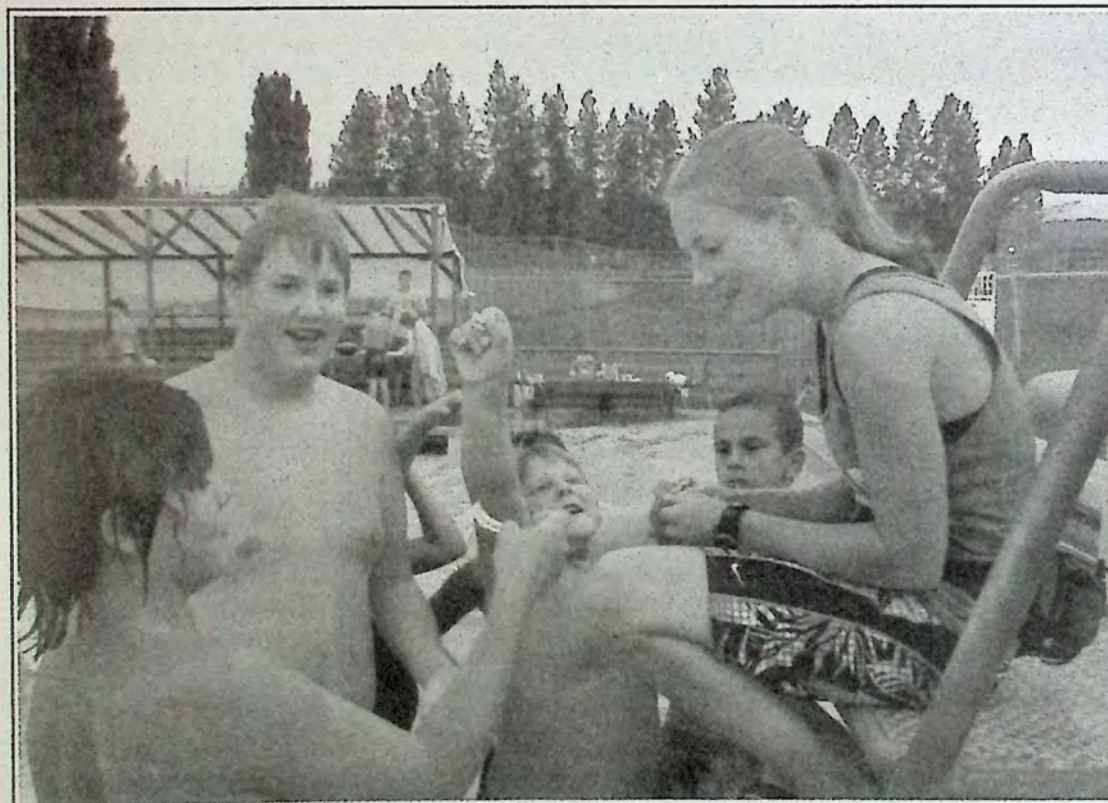
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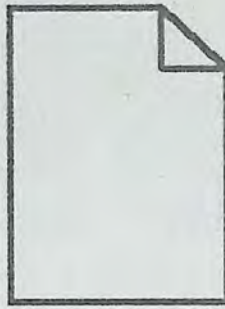
There was lots of fun flying around Centennial Pool August 26th during Carnival Fun Night. *



Princeton Vice Ambassador Karis Bergsma, right, assisted with face painting during Carnival Night. *



Fun and games were all the rage during Carnival Fun Night at Centennial Pool. *



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Editorial Page News Leader

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My Turn...

This Is A Story About Timing

Anyone who has read this paper for any length of time will be aware of my ongoing complaints about the way Interior Health does business.

My most recent concerns about the failing of their system stems from how our mother had been treated over the past nine months.

My main complaint is with the utterly useless 'first available bed' rule used by IHA when placing elderly citizens in long-term care.

Our mother had picked a place she wanted to be (referred to as her preferred site) months before her health had forced her into long-term care. She chose The Village at Mill Creek in Kelowna which was in close proximity to the family home, was on a city bus route so her elderly friends could easily visit and was in a neighbour that contained small strip malls and other interesting features that Mom would have enjoyed on a nice day out in her wheelchair.

The first bed available happened to be at Windsor Manor in Rutland. To their credit, it's a nice little facility, but it is mostly populated by residents with various forms of dementia, of which Mom did not have at the time of her placement (December 18, 2008).

Windsor Manor is also tucked away in a small residential neighbourhood just off of a very busy highway and far removed from any part of Kelowna our family ever went in the years we lived there. The location also made it difficult for Mom's friends to go to and she spent many days without visitors and stayed in her room as there were limited possibilities for her to have stimulating interaction with other residents.

Her family (my brother and I) spent weeks and finally months trying to push Interior Health to move her somewhere else. There were e-mails of complaint sent to IHA and the Ministry of Health which launched three independent investigations into our complaints which, weeks later, solved very little. We only got an apology in one of many tele-conference calls when we pushed harder for change.

IHA did finally come up with a possible relocation bed in a facility named Three Links Manor, which turned out to be a block away from Mom's preferred site. I toured Three Links Manor last week (Mom's 85th birthday) and reported back to my brother that I thought it was a very good alternative from Mill Creek and would ultimately get Mom back in Kelowna and closer to her friends. Between us we chose to take the next room there.

Only days later IHA contacted us with news that a bed had opened at Three Links Manor but needed a decision later that day. A follow-up e-mail demanded a much earlier response to which I replied, "Cut us some slack. We're not dealing with cattle here."

By the end of the day we chose to move Mom to her new home at Three Links Manor. She would be in her new home the next afternoon.

In the meantime, Mom was not feeling well, having come down with something. Her girlfriends took it upon themselves to pack her things up from Windsor Manor and got her new room at Three Links Manor ready for her. We had reports that her room was on the second floor and overlooked a beautiful fountain in the garden below. We knew Mom would love it.

She moved in and spent maybe two hours in her new home when the Head Nurse at Three Links Manor had Mom transported to Kelowna General Hospital for treatment of what was starting to look like the signs of pneumonia.

She passed away quietly the following morning in hospital.

Canada

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EDITORIAL GUIDE

We would like you to write to us, but please remember to abide by anti-discrimination laws.

The News Leader reserves the right to refuse to print any letter which is not signed by the writer or is slanderous, libelous or of uncommon sense!

The Editor reserves the right to condense any letter or to substitute proper language for improper language.



Audrey Winnifred Elliott August 21, 1924 - August 27, 2009.

No longer in pain, finally at peace. *

...It's Still My Turn

Calling Harry Lali...Calling Harry Lali

An open letter to Fraser-Nicola MLA Harry Lali from Similkameen News Leader Owner/Publisher George Elliott Harry,

You and I have spoken a few times about BC Healthcare and the problems that have surfaced as a result of regionalization of services.

With last week's Throne Speech there was a notation that there would be a review of health authorities in the province.

This makes me think it would be a great time for you to contact your buddy Health Critic Adrian Dix and start rattling some chains at Interior Health.

I'd be more than happy to give you fodder for the cannon as you fire a few rounds.

My concerns are many but include a need for IHA to quit treating seniors like cargo or freight that gets moved around and sometimes lost in transit.

There needs to be more hospital

beds in hospitals and I see smaller hospitals playing a role in easing the pressure on larger ones.

IHA has to quit pressuring doctors to move patients out of beds in much the same manner restaurants 'rotate' seats to make money. One example I can give you was a recent stay in KGH for our mother who clearly was not even close to being in shape to be released being told that after a two-day stay she was going back to her long-term care facility, which was in no way equipped to continue the care she was receiving at KGH.

Thankfully staff working on that ward also took the same stance as family members and she was allowed an extended stay until she was well enough to move.

Probably my biggest bitch with IHA is the stupid 'first available bed' rule used for placement of elderly patients in long-term care.

While the concept is good, there has to be distinctions related to cognitive functioning that would

maybe make some of the placements easier on patients and families.

While I'm at it, without getting into the reasons why the paramedics are on strike as it's not relevant to the point I want to make, any system that allows a key component of the delivery of service (in this case, the location, stabilization and transportation of people in need of emergency care) to be 'on strike' is a system in need of some serious changes and a complete overhaul.

I have access to piles of documents that may or may not interest you but I'm sure you and Adrian can navigate your way through this one.

There's no doubt in my mind that many parts of the existing BC HealthCare system are failing and failing not just in practice but failing the British Columbians it was designed to assist.

I look forward to chatting with you again,
George

Current Comment

Who's Who, Not Who Carries Guns



Dawn Johnson
editor@thenewsleader.ca

Occasionally I see on television a story about somebody going crazy or just being destructive with a gun.

There are always stories about somebody taking a gun and killing a lot of people. Those stories are horrific. There are stories about so-called "hunters" who go out and kill wildlife just for the fun of killing.

I am not one of those people who is totally opposed to the use of firearms. I was raised on a farm where a rifle was one of the tools we used when such a tool was needed. The rifle was not a plaything, it was simply a tool for use when required, like a hammer or a pitchfork or a tractor. I learned to handle a rifle and to shoot with some degree of accuracy. That was it. There was nothing romantic or adventurous about it.

This is in sharp contrast to those people who see guns as some kind of power trip. The "gun nuts" of the world will become quite hostile at the least suggestion of gun control. Paranoid people will see firearm registration as a government plot leading to the eradication of firearm use by private citizens. There are all sorts of reasons people will oppose firearm registration, but the first question people will ask when there is a senseless killing is "Who let that idiot (or kid) have a gun?"

In the United States, those opposed to gun control offer an argument I find way off the mark. They always hoot about "the right to bear arms". They have no idea of the real meaning of that statement.

The phrase "the right to bear arms" is fixed in people's minds as meaning the right to own a firearm. That is not the origin of the phrase. "The right to bear

arms" did not mean the right to carry and use a weapon.

The phrase originates from the days when knights wore body armour that concealed their identity. The knights had to be of noble birth to become knights, and only men of noble birth could compete in tournaments. Each knight identified himself by an emblem on his shield. This emblem was called a coat of arms. To ensure the social status of each competitor, heralds kept track of bloodlines and coats of arms.

Coats of arms denoted a noble bloodline, and the "right to bear arms" actually meant "the right to carry a coat of arms".

Today, it is the heralds who are the keepers of the archives that say who is who among the nobility, and who is allowed to use a coat of arms.

When the phrase "the right to bear arms" appeared in the American constitution in 1776, did it really mean the right to carry a gun?

Could it have meant, back in those days, that every American citizen was equal to every other American citizen, regardless of bloodline? Because of the times, I suspect the phrase had more to do with equality than with carrying weapons.

If we look back at the way things were back then, those people who were among the nobility had all kinds of privileges denied to the ordinary citizen. A person who shared the bloodline of

nobility was able to secure the best positions, could secure bank loans, and a good education, just because of the blood relationship to nobility. An ordinary citizen might be more clever or better qualified, but was often denied opportunity. Even in sporting competitions, ordinary citizens were often denied the opportunity to participate because they were not of noble birth.

At the same time, ordinary citizens were allowed to carry weapons. In fact, the ordinary British subject was required to go to war on behalf of the Crown at a moment's notice, and was expected to know something about soldiering. Of course, those of noble bloodlines became the officers and had the privileges of officers, and the rest of the lot were foot soldiers who did the muck work.

Considering the times before the American Revolution, I would not be surprised to learn the intent of the writers of the constitution included the phrase "the right to bear arms" to make it clear that, in this new nation, there would be no preferences and privileges based on noble bloodlines.

Regardless of what the intention was when that phrase was included, I am confident it did not mean that any nut could take a gun and shoot anybody he pleased, nor did it mean a so-called "hunter" could go out and shoot anything that moved.

It is because of the "gun nuts" we need gun control.



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Letter To The Editor

Event organizers say 'thanks'

Dear People of Princeton:

The second annual Princeton Traditional Music Festival is over and the dust has now settled sufficiently for us to say a few thank yous.

Thank you to the Town of Princeton and the RDOS (Area H) for your continuing financial assistance. It makes planning and budgeting so much easier to know we have this ongoing support. A big thank you also to the Town for making sure that the new town square was ready for the Festival. Many of the performers as well as visitors commented on the beauty of the square and how ideal it was for the Festival and what an asset it was to the town.

Thank you to Canadian Heritage's "Building Communities Through Arts and Heritage" program for financial assistance for this year's and last year's Festivals. Thank you to all who gave donations to the Festival. The money from grants and donations is spent on Festival publicity, on the tents and the sound, on performers' travel expenses, on the rental of a campsite for performers and on office and other administrative expenses.

Thank you to the Similkameen News Leader, who ran a series of articles publicizing the festival and a series of (free) ads. Thank you, too, to the Spotlight, which undertook the production of our Festival Guide, which was greatly appreciated by the audiences.

Thank you to the Festival organizing committee - Del Hall, John Henry, Sue LePoidevin, Mary Masiel, Johanna Nott and Ed Staples for all your hard work. It was pleasure having such a responsible and dedicated team to work with. Thank you to all who opened their homes to billet scores of performers and their families. We've heard nothing but praise for the hospitality they were shown. Thank you to all who cooked delicious meals for the Saturday potluck supper - the performers were blown away by all the people who brought so much delicious food. We fed over 250 people!

Thank you to all who helped set up for the supper and stayed for hours to clean up afterwards. Thank you to St. Paul's Church for the rental of their facility.

Thank you to all the Stage Managers and MC's who looked after the performances. A recurring comment from performers and others was how smoothly and punctually everything ran.

Thank you to all who worked in the office, signing in performers, stage managers and MC's, selling performers' CD's, babysitting musical instruments, handing out programs and being the "face" of the Festival for the weekend. Many performers and visitors commented

on what a warm welcome they received there.

Thank you to Dave Mai from Skaha Sound in Penticton and his crew for the excellent job of running the sound systems for the Festival.

Thank you to the restaurants that fed the performers - Billy's, Copper Mountain Grill, Cowboy Coffee, Dairy Queen, Linguini's, Rumours, Santo's and Shirley's. We heard nothing but praise for the food and service.

Thank you to Valley First Credit Union for the free use of their tents. Thank you to Princeton Exhibition Association for the free use of their stages. Thank you to the Town and RDOS for use of the chairs and tables from Riverside.

Thank you to all who helped by stacking chairs, loading and unloading stages and chairs or just pitching in whenever and wherever you could.

Thank you, a huge thank you, to all the performers who donated their talents.

Letter To The Editor

Couple gives praise

To The Editor:

Congratulations and a huge thank you to Jon and Rika and all the volunteers and musicians for putting on such an amazing music festival. We missed last year but will never miss another year!

And finally, a big, warm thank you to the people of Princeton who supported and came to the Festival. Many performers and visitors commented on what a friendly, welcoming town we have. We were excited by the number of people who participated in the street dance on Friday evening and particularly delighted with how willingly and lustily Princetonites sang along. Every time there was a song with a chorus the audience joined in enthusiastically.

We have also been touched by the number of people who have spoken to us on the street saying how much they enjoyed the Festival and thanking us for putting it on. That kind of support is very heartwarming.

If anyone reading this would like to be involved with next year's Festival on August 20 - 22, 2010, we would love to hear from you. Please give us a call at (250) 295-6010.

- Jon Bartlett & Rika Ruebsaat, Princeton

A musician at the festival said we were lucky to have Jon and Rika as part of our community...we agree.

Thank you for your vision!
- Bill and Cathy Montgomery, Princeton

The history of PLP

..... continued from Page 9 there would be an overlap with Princeton Light and Power in the Similkameen Valley.

The duplication of supply and service was eliminated, so allowing cost reduction, when the two companies signed an agreement whereby West Kootenay would supply the power and Princeton Light and Power would supply all the operating and maintenance staff plus equipment to service both Companies' customers in the Similkameen Valley.

Princeton Light and Power Company's first President from 1922 - 1925 was Ernest Waterman. He was succeeded by Edwin Barr-Hall who held office until 1952 to be followed for fourteen years by General Manager William Maywood. 1966 - 1988 saw Director John Ewart take the helm and finally the grandson of founder member Edwin Barr-Hall, John Hall, took over the Presidency until 2005.

In 1993 the Company ran into some controversy within the Valley when they made application to the Ministry of Energy, Mines and Petroleum Resources to approve a plan for generating power using an

earth filled dam to be located upriver from the Similco mine site.

Whilst the majority of the Princeton population seemed generally pleased at the thought of extra employment being created, in the short-term at least, downstream the Upper and Lower Similkameen Indian Bands together with many concerned residents opposed the project. Despite the Environmental Assessment Branch's evaluation which stated "There do not appear to be any major environmental issues related to the project that would prevent its regulatory approval", the project did not get off the ground.

Princeton Light and Power Co Ltd operated successfully for 83 years, but on May 31st, 2005, it, together with West Kootenay Power, was taken over by FortisBC, a wholly owned subsidiary of Fortis Inc., a giant utilities conglomerate with its roots in Eastern Canada.

On December 31st the following year, despite some local opposition, FortisBC closed the service office in Princeton that had been the former PLP Headquarters. Today, the building stands empty on Bridge Street with a large "For Sale" sign on the outside.

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A town that has been abandoned, usually because the economic activity that supported it no longer exists.

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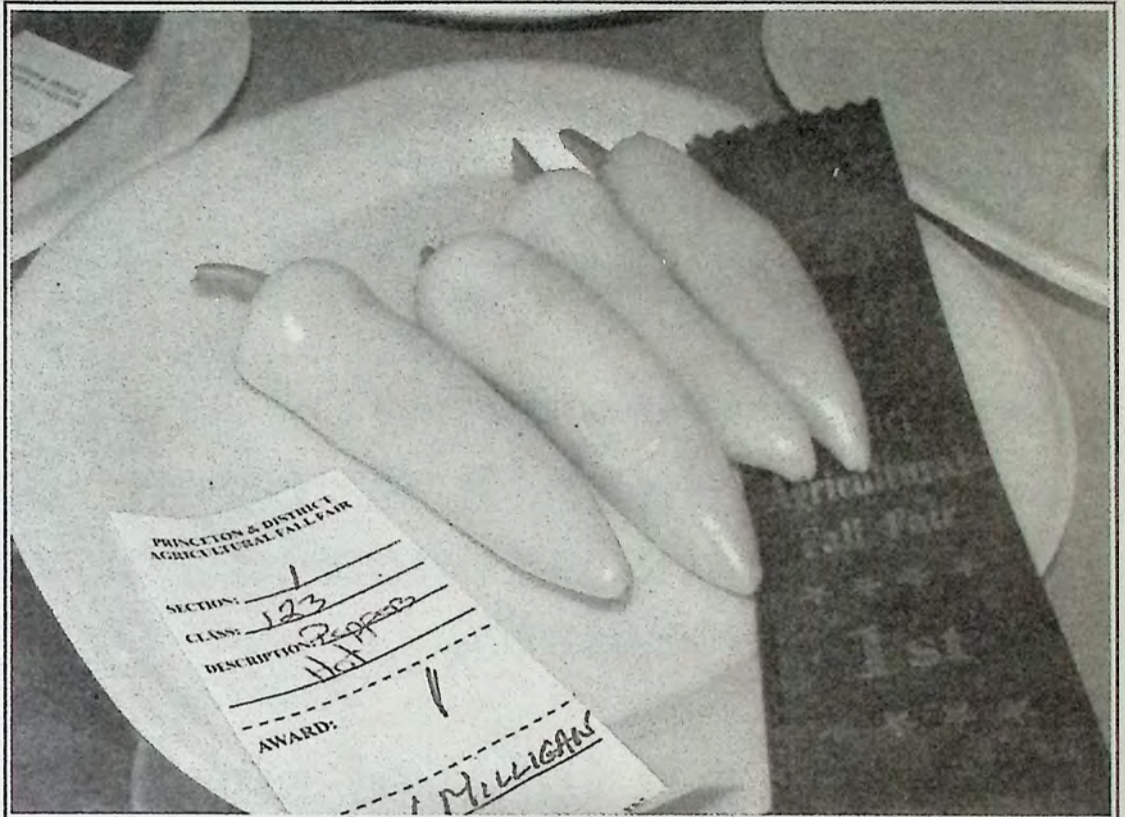
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The many different activities and demonstrations were awesome at the Fall Fair. *

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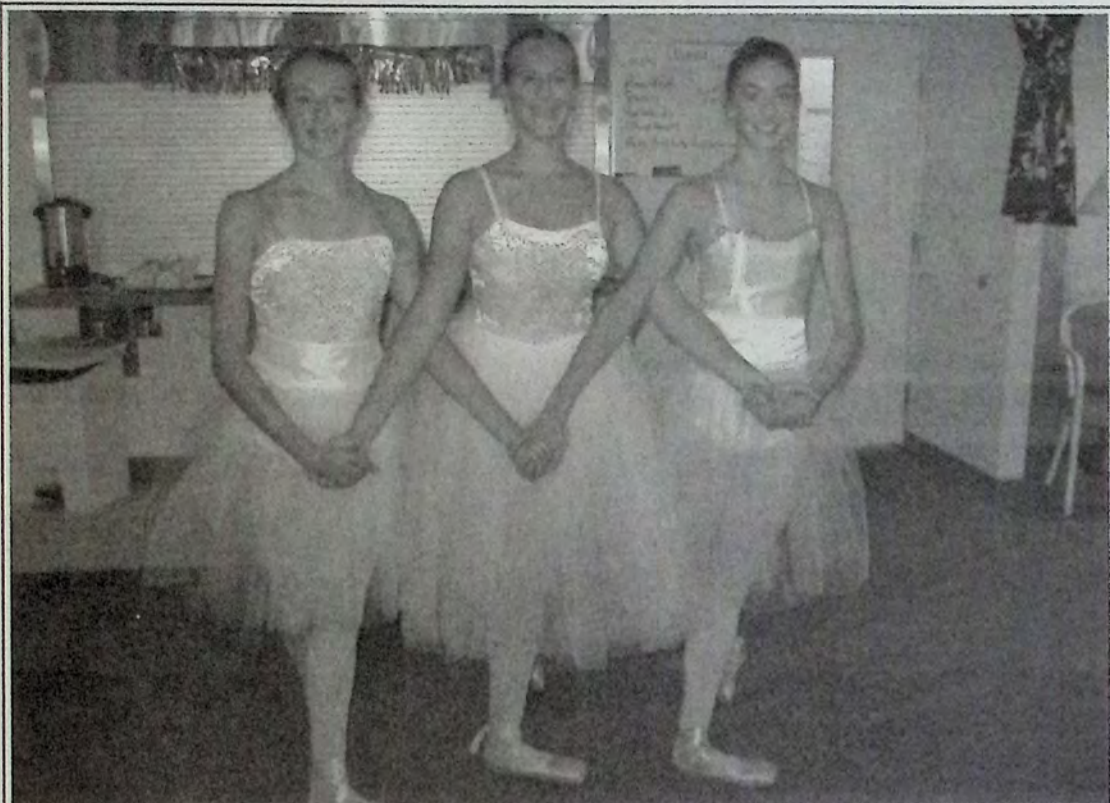
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Younger residents had an awesome time at the annual Fall Fair. *



Natalie, Alexandra and Melanie performed last week at Vermilion Court. - photo submitted

Dancers make annual visit to Vermilion Court

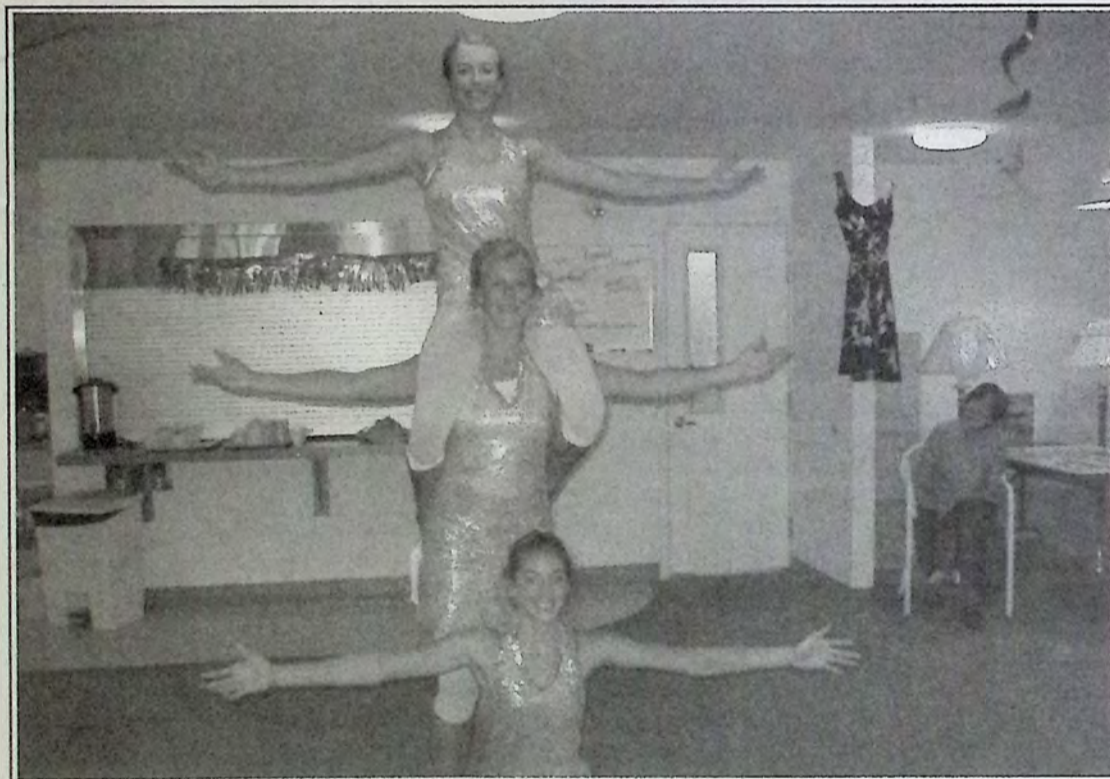
by Donna Wilson

Once again for five years in a row we were graced with the beautiful dancing of Ernie and Celica Alexandre's granddaughters. Natalie, Alexandra and Melanie performed jazz, lyrical and ballet numbers as the ladies watched in

awe. We all look forward every year to their performances, and are looking forward to their next visit. Thank you girls for your excellent performances and to your family for bringing you.

We would also like to thank Dave Milner for coming and playing his

guitar and singing for our Hawaiian Days. We all enjoyed it very much. Thanks to Donna K and Annie who made Hawaiian Chicken Stir Fry, Kula marinated vegetables and other good things to eat. We also enjoyed walking to a local restaurant for coffee in our Hawaiian outfits.



The girls perform each year to the delight of residents at Vermilion Court. - photo submitted



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