



Similkameen

News Leader

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Tuesday, October 6, 2009



Princeton's Midget Rep Team will be in the pink this month. Story and photos on Pages 26 & 27. *

RCMP bust huge grow-op near Hedley

Princeton RCMP report on September 22nd they were assisted by RCMP Air Services in Kamloops with a helicopter to harvest a total of 2,500 marijuana plants from an outdoor grow site near the Nickel Plate Forest Service Road.

"This was a sophisticated outdoor marijuana production operation utilizing a gravity-fed irrigation system," says Princeton RCMP Detachment Commander Sgt. Dave Clare.

"With the seizure and destruction of these marijuana plants it has elimi-

nated approximately 424,500 marijuana joints or cigarettes from entering our community."

Sgt. Clare credits local citizens for continuing to report outdoor marijuana grow operations and encourages continued reports from citizens noting unusual activity in backcountry, either vehicle traffic or other abnormal sightings.

"I encourage everyone to call the Princeton RCMP Detachment at (250) 295-6911 or CrimeStoppers at 1-800-222-Tips (8477) to report any crime or suspicious activity."

Goldcliff defines targets in Tulameen project

George Sanders, President of Goldcliff Resource Corporation, reported September 30th that the results on the Tulameen Project field program have defined high priority gold and copper exploration targets near the Copper Mountain deposit at Princeton.

The exploration program on Goldcliff's claims consisted of prospecting, geological mapping, stream sediment sampling and 1,533 kilometre Resolve airborne geophysical surveying. Exploration located a number of potential copper-gold targets on the Tulameen Project property that have anomalous gold values ranging up to 9.08 grams per tonne and copper values up to 133 parts per million.

Acquired by staking in early 2008, the large Tulameen land position is owned 100 per cent by Goldcliff. The property covers the highly prospective region between the Tulameen platinum-gold district

(to the northwest) and the Copper Mountain copper-gold camp (to the southeast).

Geological Setting

The Tulameen Project property is located within the southern portion of the Quesnel Terrane, or Quesnellia, of the Intermontane Tectonic Belt of British Columbia. Quesnellia is a northwesterly trending belt of Upper Triassic to Lower Jurassic submarine and subaerial alkali and calc-alkali volcanic rocks, related sedimentary rocks, and comagmatic intrusive rocks.

In the southern part of the Province this assemblage of volcanoplutonic arc rocks is known as the Nicola Group.

Throughout the Intermontane Tectonic Belt these rocks are noted for their mineral deposits, principally copper-gold porphyry deposits, and copper and gold skarns. The large northerly trending fault systems -- such as the Allison, Summers Creek, Whipsaw and Boundary-- are believed to represent deep-seated crustal features

that dominated the geology of the region in the Late Triassic time.

The Tulameen Project property has the geological setting for alkalic copper-gold porphyry, Alaskan gold-platinum, Kuroko gold-silver-zinc, and other vein-type deposits associated with the Tertiary Princeton Group and Triassic Nicola Group rocks.

Airborne Geophysical Survey

The Tulameen Project property airborne geophysical survey located a large number of electromagnetic (EM) conductors, magnetite anomalies and interpreted potassic alteration zones that are both associated with the copper-gold porphyry deposits in the Copper Mountain mine camp and related to the Nicola Group rocks.

On the Tulameen Project property, a large number of electromagnetic conductors occur immediately to the west of the Copper Mountain copper-gold mine area. The magnetic and resistivity data correlates with geological features and suggests faults trending toward the

Copper Mountain mine camp area. Many conductors form a northerly trending group from the southern boundary of Goldcliff's claimed area, extending approximately 25 km to the north, suggesting the existence of significant EM conductivity within Goldcliff's claims.

On Goldcliff's claims, the Princeton Group rocks contain many EM conductors that overlie the Nicola Group rocks. A number of these conductors, some quite strong, form linear trends that correlate with magnetic trends and contacts between the younger Tertiary Princeton Group rocks that overlie the older Triassic Nicola Group rocks, the latter of which hosts copper and gold mineralization in the Copper Mountain mine area.

On the Tulameen Project property, the magnetite response anomalies can be seen throughout the survey area and are in regions of EM conductivity.

The radiometric data has identified a large area, mostly in Nicola

Group rocks, that shows high potassium/thorium ratios that are interpreted to reflect potassic alteration.

The strong magnetite anomalies form a northwest trend, commonly associated with EM conductivity, within the interpreted zone of potassic-altered Nicola Group rocks. This strong magnetic trend, as well as the long trend of EM conductors west of the Copper Mountain mine area, is believed to represent highly prospective exploration target zones for precious metals and base metal mineralization similar to that found in the Copper Mountain area. Broad, deep seated magnetic highs within Goldcliff's claimed area show similar signatures to the magnetic highs associated with the intrusive source rock related to the Copper Mountain copper-gold camp min-
..... continued on Page 2

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Similkameen **News Leader THIS WEEK:**

MIDGET REPS GO PINK!

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PRINCETON GOLF CLUB - NOTICE
ANNUAL GENERAL MEETING



1:00 PM
Sunday, October 25
Princeton Curling Club

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An interesting view of the Bridge of Dreams across Tulameen River shows some of the additional detailing that has been installed as the project continues to get closer to completion. *

Goldcliff defines Tulameen targets

..... continued from Front Page
-eralization.

The same intrusive rock type is interpreted to occur beneath the Princeton and Nicola rocks and is

postulated to be the source for much of the conductivity on Goldcliff's claims.

Tulameen Project Property Targets

On the Tulameen Project Property area, Goldcliff's exploration has identified a number of potential copper-gold targets that require follow-up exploration to assess their potential mineral deposit value. The exploration targets have the geophysical features, geological setting and the geochemical values that warrant ongoing exploration.

The geochemical values on the property, along with the geophysical features and geological setting, support the discovery of new copper-gold mineralization on the property.

The exploration target areas have gold values in stream sediments ranging up to 9,080 parts per billion (ppb) or 9.08 grams/tonne and 133 parts per million (ppm) copper. The anomalous gold values range from 151 ppb to 9,080 ppb.

The anomalous copper values range from 25 ppm to 133 ppm. These values are both highly significant and encouraging, as they offer the potential for new discoveries in the Copper Mountain copper-gold deposit porphyry camp.

Conclusions

The Copper Mountain Mine project, located 15 kilometres southwest of Princeton, is 75 per cent-owned by Copper Mountain

Mining Corp. and 25 per cent-owned by Mitsubishi Materials Corp.

The project is an open-pit porphyry copper mine that operated from 1972 to 1996 and produced 1.74 billion pounds of copper, 9.1 million ounces of silver and 730,000 ounces of gold. The current resource is estimated at five billion pounds of copper at a 0.15 per cent copper cut off grade.

The resource estimate incorporates data from over 4,400 historic drill holes (totalling approximately 400,000 metres) and 370 new drill holes (totalling 107,000 metres) drilled by Copper Mountain in 2007 and 2008.

Goldcliff's large 100 per cent owned claimed area that is immediately west of the Copper Mountain copper-gold camp contains significant potential for additional similar mineral deposits.

The Copper Mountain district is 40 kilometres west of Hedley, where Goldcliff's Panorama Ridge gold project is located. At Panorama Ridge, Goldcliff is exploring a large disseminated gold deposit in the Hedley gold district.

The Panorama Ridge project continues to be the Company's main focus.

The assay results from approximately 4,000 metres of drill core sampling are expected over the next several weeks. - submitted

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Customer Choice is a program that offers consumers the option to purchase natural gas from a gas marketer at a fixed rate or remain on the Terasen Gas variable rate.

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Each gas marketer offers a different plan. To compare rates and conditions, visit terasengas.com/choice



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We're different, and we like that.

Similkameen News Leader

Panel begins Sustainable Similkameen Project

by Melanie Bagley, Community Liaison/Project Manager for the Sustainable Similkameen Project

For the first time, residents of the valley, from Princeton to Chopaka, have joined together to plan for a Sustainable Similkameen Valley. The first planning session was held on Saturday, September 26th in Princeton's Riverside Centre.

This unique project was instigated by the Similkameen Valley Planning Society.

Advertisements and requests recruited the Sustainable Similkameen panel. The panel members were chosen to represent a cross-section of the whole valley. Between them, they have experience in agriculture, arts/culture,

business (small/service/manufacturing/processing), education, employment/economics, environment/conservation, First Nations, forestry, health care, history/archaeology, infrastructure (servicing/communication/utilities), marketing, media, politics/governance, recreation/trails, public safety (police/fire/ambulance), science,

seniors, spirituality, tourism, transportation.

The seventeen panel members range in age from twenties to seventies. The panel is still looking for one or two high school students who would be willing to represent the youth in this valley.

The Sustainable Similkameen Project aims to establish a sustainable and harmonious socio-cultural, economic and environmental strategy for the Similkameen Valley that will enhance the quality of our rural and small town lifestyle.

The Similkameen Valley Planning Society has hired consultants Dr. Laurence Moss and Dr. Romella Glorioso to facilitate the planning process. Dr. Moss is a world-renowned specialist in strategic analysis, planning, management & environmental assessment, urbanization & regional planning, cultural change analysis, amenity migration & tourism analysis and planning. Dr. Moss, a Western Canadian, has lived and worked principally in western North America, Pacific Asia and central Europe, working for local communities and regional and national bodies, and through a number of international organizations in some 25 countries.

Dr. Glorioso has worked both in Canada and internationally. Dr. Glorioso is a specialist in commu-

nity strategic planning, geographic information system mapping & analysis for public policy research and decision-making, engineering geology environmental impact assessment and ecosystems management.

The panel members have volunteered their time and energy for the project, which will consist of eight planning sessions plus research in between sessions. The venue for the sessions will alternate between Princeton and Keremeos.

The project will comprise four full days of planning and four evening sessions. The public will be invited to participate in two of the evening sessions to have input and help with the major decision making. Communities working together can help in their futures. The Sustainable Similkameen Project aims to encourage working together for the overall benefit of the valley while at the same time celebrating the diversity of the valley.

The panel includes from Princeton:

Marilyn Harkness, Brad Hope, Judy Short, Doug Haayer, George Elliott and Pastor Drew Lacey. From Hedley: Karen Nendick and from the Keremeos/Cawston area: Walter Despot, Joe Dennis, Brian Mennell, Joan McMurray, Sarah Martin, Baljit Dhaliwal, Duncan Baynes and Nancy Allison.



One of the many enhancements taking place at Two Rivers Park includes planting of new trees. *



Princeton Town Hall News

TOWN OF PRINCETON
AND REGIONAL DISTRICT AREA "H"
FREE LANDFILL DAYS

FREE DUMPING is being offered once again at the LANDFILL on October 24 & 25, 2009 for Town of Princeton and Regional District Okanagan Similkameen Area "H" residents only. Free Dumping is an opportunity to drop off trash items that are regularly charged a fee such as:

- Home renovation materials (i.e. floor coverings, drywall, roofing, etc.)
- Refrigerators
- Air conditioners
- Televisions
- Old furniture, etc.



OFFICE CLOSED FOR THANKSGIVING

Princeton Town Hall will be closed Monday, October 12, 2009 for the Thanksgiving Holiday. We will reopen Tuesday, October 13.

YOGA CLASSES

Join Lynn for a morning of Hatha Yoga of stretching, meditation and relaxation. Please wear comfortable clothing and bring a yoga mat or blanket. 10 classes/\$52.50 or 5 pass punch card \$30.00. Wednesdays from 9:15-10:45am at Riverside Centre. Call 250-295-6067 to learn more.



TOWN OF PRINCETON TAX EXEMPTION BYLAW

At the October 5th regular meeting town council will consider providing permissive tax exemption for the following properties for the 2010 taxation year in accordance with section 224 of the Community Charter.

Name	Civic Address	2009 Exemption
Roman Catholic Church	43 Billiter	310.30
Princeton Silver Crest Housing Center	30 Billiter	89.63
Princeton Silver Crest Housing Center	23 Fenchurch	168.07
Foursquare Gospel Church	38 Kenley	157.34
Foursquare Gospel Church	Kenley Ave	105.19
Foursquare Gospel Church	Kenley Ave	29.80
Foursquare Gospel Church	Hallford Ave	14.02
Pentecostal Assemblies	165 Vermillion	100.80
W. Long - St Paul's Presbyterian Church	190 1st St	233.60
Princeton Long Term Care Society		172.83
Interior Health Authority	595 Ridgewood	1,934.01
Princeton Congregation of Jehovah's Witnesses	604 Ridgewood	261.21
Crown Provincial BC - trails		16.65
Crown Provincial BC - trails		20.16
Baptist Church of Princeton	160 Old Hedley Rd	294.52
Crown Provincial BC - trails		11.83
Crown Provincial BC - trails		69.25

This bylaw proposes to exempt properties from taxation that would have otherwise generated approximately \$4,000 annual tax revenue.

EMPLOYMENT OPPORTUNITY

Princeton Parks, Recreation and Culture Department is looking for a Family Reading Circle Facilitator. This position is responsible for the planning and preparation of a 6 week family orientated reading program beginning in October. Individuals who have experience working with children (K-Grade 3) and adults in a group setting should apply. This program is funded by Princeton Leaders for Literacy. Call Nadine at 250-295-6067 or drop off a resume at Town Hall 169 Bridge Street (Box 670) Princeton, BC V0X 1W0.

DO THEY KNOW WHERE YOU ARE?

FIRE



POLICE



AMBULANCE



Calling 911 is the second step to getting help. The first step is displaying your civic number! PLEASE ENSURE YOUR HOUSE NUMBER CAN BE SEEN FROM THE ROAD. And remember—the emergency responder trying to find your house may not be from Princeton.

COUNCILLOR ARMITAGE

Councillor Frank Armitage will once again be available to meet with interested citizens in Council Chambers on Tuesdays between 2 and 4pm. Please drop by to share your thoughts with him.

RIVERSIDE MOVIES

Friday nights at Riverside Centre are a great place to bring the family, go on a date or come to enjoy a great show. Why not check it out with this blockbuster?

Transformers 2: Revenge of the Fallen
Rated: PG13 Show Time at 7:00 pm October 9

Doors open at 6pm for the PASTRY Youth Group Open House. Stop in to meet these fantastic Princeton Youth to learn more about their podcasting program and healthy youth initiatives.

Cost: \$5.00 at the door

MOVIE HOTLINE 250-295-6067 LINE 2

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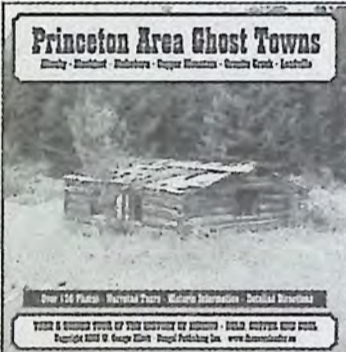
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Keremeos News



Renovation work on Victory Hall started last week. Photo: Brenda Engel

New InfoCentre attracts visitors

The new Keremeos Tourist Information Centre certainly proved its worth this year. The number of visitors was up 35 percent this year compared with 2008. July had 1,843 visitors, and August had 2,427 visitors. The numbers for September were shaping up very much the same way.

July and August visitors were primarily family groups, with seniors and Europeans foremost in September.

Many of the inquiries were about fruit stands and wineries. Both these Keremeos/Cawston industries are reporting a good summer visitor level, with August numbers

highest.

Similkameen Country will pre-

Sizzle hits YouTube

If you were to enter the words 'Similkameen Sizzle' in the search window on YouTube last week you'd be hard pressed to learn much about the annual pepperfest.

That changed only days ago when Sizzle Committee member George Elliott posted a 3-minute feature titled, "If It Burns, It Better Sizzle" on the popular video sharing site.

"There's a lot of interesting video on YouTube about Keremeos and the Similkameen but I wanted to

pare a season report later this month, after Taste of Our Valley.

basically create a 3-minute long commercial to promote Sizzle."

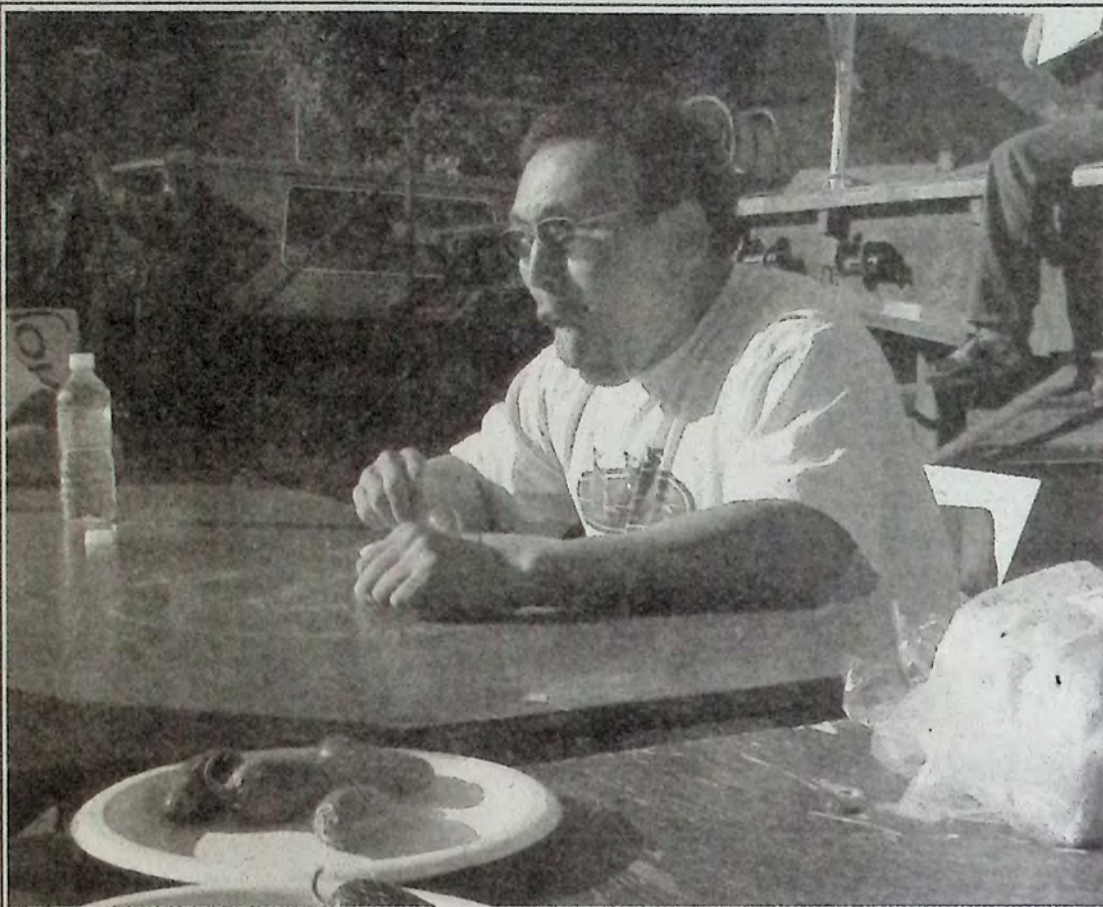
Elliott used photos selected from the past three years of the pepperfest and a very scaled down approach to blending the photos together.

"It's a medium that doesn't need a lot of tricks to get the message across so I kept it simple."

The Sizzle 'commercial' will remain to promote the event all year long and cross promotes the website www.gotpeppers.info.



Another look at the Victory Hall renovation project. Photo: Brenda Engel



Similkameen Sizzle is now featured on YouTube. "I decided it was time to produce a little something to promote the event that would have some shelf life," says Sizzle Committee member George Elliott - who created the 3-minute long look at the annual Peppercornfest through photos taken over the past three years.

NDP Party nominates Atamanenko

MP Alex Atamanenko was acclaimed Saturday September 26th as the NDP candidate for the federal riding of BC Southern Interior in the next federal election, at a Nomination and Annual General Meeting in Castlegar.

Back from a series of public MP Community Forums across the Similkameen and South Okanagan part of the riding, Atamanenko said he is ready for an election, if it is called.

"Our membership is solid, and we have a dedicated Executive with some new faces ready to take up the challenge. I would like to thank all the members for their support," said the NDP MP.

Linda Duncan, federal NDP Environment Critic was guest speaker, the lone opposition and NDP MP from Alberta. Nelson Creston MLA Michelle Mungall also spoke and blasted the provincial government for its 62% cuts to the Ministry of the Environment.

Duncan met with some local environmental activists separately, and spoke at the evening banquet.

"I know well Mr. Harper's history and his agenda, coming from Alberta," said Duncan. "His agenda is about dismantling federal government roles and responsibilities. That agenda, designed at the National Citizens' Coalition, has yet to be fully realized. If he ever gets the desired majority government, look out."

Duncan is focusing her sights on a Countdown to Copenhagen campaign through to the end of November to raise awareness of the last two federal governments' sorry record on reducing greenhouse gases and combating climate change.

"We're calling on Canadians to take action to urge the federal government to meet the science-based greenhouse gas reduction targets by passing Bill C-311, the Climate Change Accountability Act.

According to Duncan, most other countries - USA, European nations, even China - have figured out that the new economy is the green economy. "Harper's cancellation of alternative energy research and development incentive funding in Canada has meant investment dollars have gone south, and Canada has lost its competitive edge. It is a travesty," stated the federal

Environment critic. "Studies show undeniably that, per investment dollar, MORE jobs - well-paying jobs - can be created in the Green Economy, in the transportation, construction, research and development sectors."

Duncan has served as the Assistant Deputy Minister for Renewable Resources in Yukon and the Head of Law and Enforcement for the North American Commission for Environmental Cooperation, before being elected MP in 2008 in Edmonton Strathcona. She founded the Environmental Law Centre of Alberta.

- submitted

SIMILKAMEEN SIZZLE ONLINE:
www.gotpeppers.info

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Health / Lifestyle News

How to fight your needle phobia

(NC)—With flu season around the corner and health officials recommending a double vaccine to protect against the H1N1 virus, many of us are once again having needle nightmares.

"It's a very common phobia," says Shelly Andrews, a client services manager at LifeLabs. "Some patients are so overwhelmed they faint. Others refuse to have the procedure done at all."

Tetra Pak - a true blue "green" company

(NC)—Over the last few years, the "green" trend has been on the radar of every business - each developing plans to build sustainability programs and foster a healthier environment. For some companies however, consideration of their environmental footprint has been a much longer-term goal.

For more than 50 years Tetra Pak has put its commitment to the environment at the forefront of its business. We all know "juice boxes" can be recycled at home and at school, but what are some other reasons to continue using the company's cartons in our children's lunch boxes this fall? Here are some of the ways that Tetra Pak has demonstrated leadership in environmental practices:

- Tetra Pak's paper supply, a renewable resource, comes from sustainably-managed U.S. and Canadian forests.
- Today's cartons are 20 percent lighter than they were 20 years ago. Due to their lightweight, brick shape design and unique filling process, the cartons use considerably less energy to manufacture, fill, ship, and store than virtually any other comparable liquid food package.
- Unfilled cartons are stored in compact rolls, rather than pre-formed like glass, metal and most plastic containers. As a result, one standard truck can transport half a million empty Tetra Pak cartons. In comparison, it would take more than 26 trucks to deliver the same number of cylindrical pre-formed packages. Fewer trucks mean less gas and oil consumption, less vehicle emissions, a reduction in the greenhouse effect, and less wear and tear on the roads.
- Most Tetra Pak packaged products are shelf stable and therefore they don't require energy-intensive refrigeration during storage and transportation.
- More than 80 per cent of Canadian households are currently able to recycle Tetra Pak packaging.
- Currently, most Tetra Pak cartons collected for recycling are being recovered as paper for tissue products at mills in Canada, USA, and overseas.

Overcoming a needle-phobia is important for maintaining overall health. Blood tests, for example, are frequently required to accurately diagnose a health condition, and this requires a needle. If such tests are avoided a treatable condition might develop into something more serious.

"Getting a needle is never as bad as you've built up in your head," Andrews continued. "Many patients say afterwards 'that wasn't so bad'. It helps to think of your skin as being very porous. The ultra fine needle isn't piercing it but just slipping through one of a billion tiny pores."

LifeLabs conducts more than 50 million, physician-requested diagnostic tests on more than 10 million Canadians every year, so their staff is an expert on needle know-how. Here are some LifeLabs tips to manage your fear:

- Share your fear. Inform the person giving the needle that you have an anxiety so that they can help you feel more comfortable.
- Don't look. Turn your head away

from the needle during the whole procedure. From preparation to injection, it usually takes about a minute.

- Distract yourself. Talk during the process, read a book or try a brain teaser like 'If the day before the day before yesterday is 3 days after Saturday, what day is it?'
 - Relax. Our muscles tense up when we're nervous or afraid but this will only make matters worse. Think about something enjoyable and visualize it in your head.
 - Breathe deeply. This will help minimize the slight pinch of the injection.
 - Don't move. It will all be over in just 5 seconds -- and then you'll realize it wasn't nearly as bad as you thought.
- For extreme fear:*
- Numb the spot. Topical anaesthetics are available at your local drug store.
- For parents:*
- Set an example by rolling up your sleeve enthusiastically and demonstrating how painless the process can be.
- News Canada

Living Past 100

Beware Lack Of Stomach Acid

The acid in your stomach is essential for proper digestion of your food. If you cannot properly break down the food you eat, you will suffer from malnutrition. Hydrochloric acid (HCl) in your stomach reduces protein from meat into elemental bits of nutrients your body can absorb. The other thing this acid does is kill viruses and bacteria.

When you have insufficient stomach acid, you are in trouble. Your food is not properly digested, and the result can be gas from rotting food.

Unfortunately, many of us are victims of television advertising when it comes to dealing with stomach acid imbalance. We take antacids to calm our stomachs when we should be considering why we are having the pain in the first place. The antacid reduces the HCl in your stomach, but suppose the problem is that you don't have enough stomach acid? When you take the antacid, you are making the problem worse.

People over age 60 are most likely to suffer from abuse of antacids. This is because the old folks produce less stomach acid than the young folks. There are very few teenagers suffering from acid reflux or excess gas. This is a problem of the over 60 crowd.

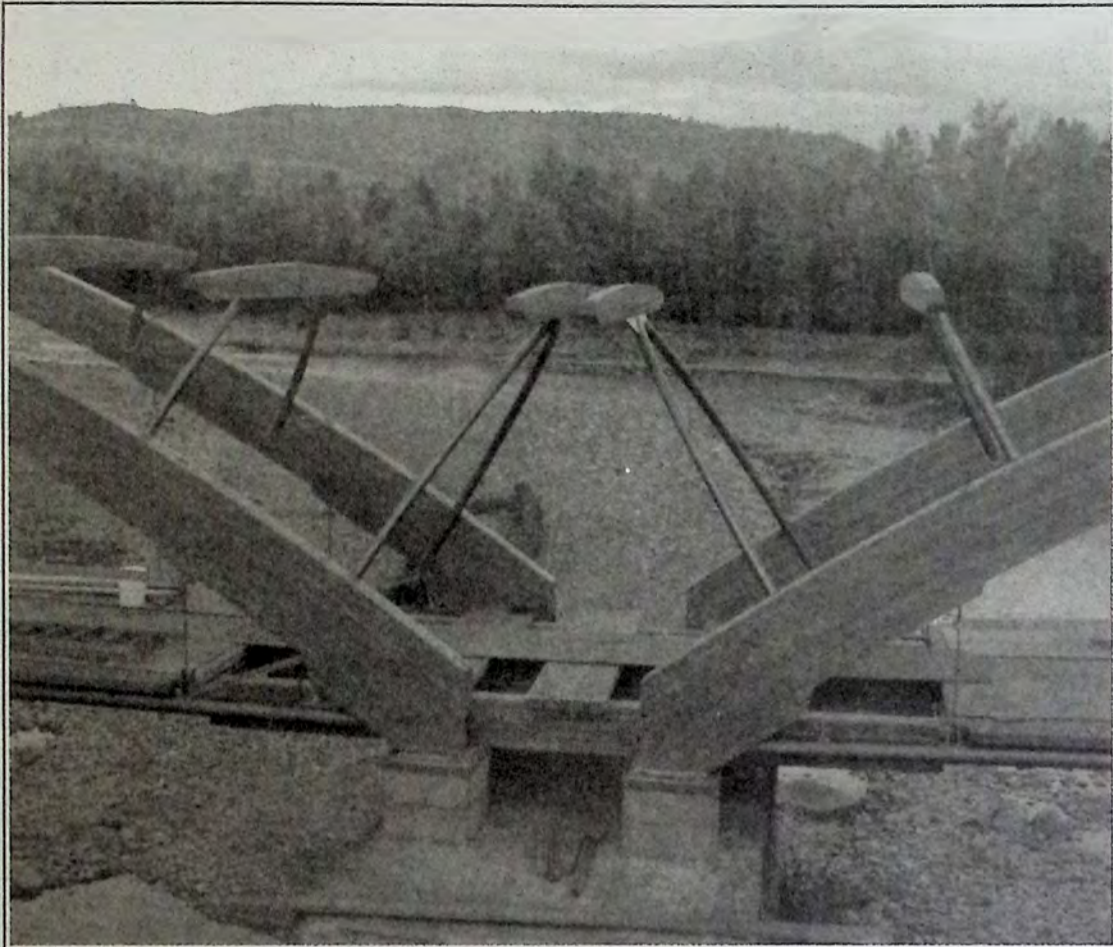
Many people age 60 or older are taking prescriptions for acid reflux, which is another problem associated with lack of stomach acid. The HCl in your stomach determines when the valve from your stomach to your intestines opens. If there is not enough HCl in your stomach, the valve does not open, and the food sits in your stomach, fermenting and forming gas. The gas has to go somewhere, so it moves back up your esophagus, taking some acid with it, causing the condition known as acid reflux.

Before prescribing antacid medications, your doctor should first test to see if you are suffering from too little stomach acid rather than too much. You can make a good guess yourself by an old-fashioned technique from way back when. Take a half glass of apple cider vinegar with your meal. It tastes awful, so try mixing it with a little sweetener. If this seems to work for you, then you probably lack sufficient stomach acid.

There are other things you can do if you lack stomach acid. You can take B vitamins (good for stress, too!) and you can take digestive enzymes, which can be purchased at most health food stores. In addition, cut out starchy foods, like cake, bread, cookies, and potatoes, and try eating more protein foods. Protein foods, such as meat, stimulate the production of stomach acid.

If you really do have too much stomach acid, then an antacid is right for you, but don't take antacids until you are sure the problem is too much acid, especially if you are age 60 or more.

- News Canada



Work continues on finishing the installation of the Bridge of Dreams across Tulameen River. *

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MP Alex Atamanenko

BC Southern Interior Monthly Report

Harmonized Sales Tax - HST

The proposal from the federal Conservatives and the provincial Liberals to create a new blended sales tax is making many people angry in British Columbia.

The federal and provincial governments are trying to say that combining the provincial sales tax with the GST to create a new 12 percent tax will create jobs and improve investment.

Ottawa is planning to spend \$1.6 billion to get BC to agree to the new expanded harmonized sales tax (HST). In other words, one level of government is spending our tax dollars to bribe another to raise its taxes.

This HST clearly shifts the tax burden from business onto families and consumers.

Currently, the GST is charged on more products and services than existing provincial sales tax so harmonization will increase the cost on many of the everyday things people buy for their families including funerals, restaurant meals and haircuts.

None of these services was charged in the provincial sales tax that the Liberals will rescind in exchange for harmonizing sales taxes. So where are the savings for consumers?

Value-added taxes are regressive because they affect low-income families more as they spend a greater percentage of their income even on necessities like home heating oil.

According to the Canadian Food and Restaurant Association, from its Election 2009 website, BC

restaurant owners lost 9.5 percent of their business when the GST was introduced in 1991.

They estimate that British Columbians will pay an additional \$694 million on restaurant meals alone if the HST is introduced. That will hurt restaurants for certain. Some businesses will benefit from the introduction of the HST. The BC Construction Association recently endorsed the HST since it will reduce the input costs on construction projects.

However, I think it is unfair to bring in a tax that benefits one sector of the economy over another during an economic downturn. The Premier is using one study to justify introducing this tax now. The study, by Michael Smart, found that investment in manufacturing and equipment went up after the HST was introduced in four Atlantic provinces. But as David Schreck reported in the Tyee, two

of those provinces, Newfoundland and Labrador and Nova Scotia had huge investments in offshore oil and gas in the 1990s. That's where the investments in equipment were happening.

Those investments were not as a result of the HST introduction cutting manufacturing costs, but of changes in technology that made offshore projects possible and increasing oil and natural gas prices worldwide that made offshore projects economical.

This was not just a provincial Liberal initiative. On page 166 of Budget 2009, the federal Conservatives announced that they would be trying to convince the five provinces that still had retail sales tax to move to a value-added tax system.

All the Conservative MPs voted to push provinces to move to value-added taxes when they voted for the most recent budget.

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The Green Corner

Volunteers Clean Up Osprey Lake



Just a sample of some of the trash collected from Osprey Lake. - photo submitted

by Terry Tellier

The TD Great Canadian Shoreline Cleanup took place on Saturday September 19th at Osprey Lake. It was the second Osprey Lake cleanup but the TD National Cleanup was celebrating its 16th anniversary across Canada. We are trying to keep shorelines clean for the health of wildlife and plants living in or near the water. By these actions we hope to encourage everyone to respect the environment and keep litter at a minimum. Overall the lake shoreline was cleaner than the previous year. We collected about half the weight of debris than we did in 2008. This is a good report card for all who use Osprey Lake!

Volunteers for the cleanup were: Lynne Adams, Jack Brock, Norm Christman, Rick Law, Glen Loveng, Steve Paterson, Jill Pelland, Norm Quadling, Carol Terry, Greg and Terry Tellier.

During our event some campers at the Forestry Recreation site assisted us too by gathering and reporting litter. We would like to extend special thanks to the Sweeney's for supplying garbage bags. The municipality of Princeton should also be commended for waiving the landfill fees.

Participants met at Tellier's Fisherman's Cove then scoured the shoreline of Osprey Lake looking for litter. We picked garbage out of the lake from boats and some waded right in the water. Litter was also gathered from the shoreline area by walking. Everything was taken to Tellier's where it was sorted. Recycling was carried out and the remainder was taken to the landfill in Princeton. Data cards are used to record and summarize the items collected. We try to focus on what

items are in the greatest abundance so we can think of ways to prevent people from littering. One comment by a volunteer was that a garbage bag found at the main beach access for the community was actually being used so the litter on the beach and in the water was less than expected for that area. The main source of garbage found there was from smoking activities such as cigarette butts and cigarillo holders. Did you know ingested butts will kill birds, fish, amphibians and rodents? A suggestion for the beach access is to place a large tin with sand in it to invite butting out there instead of on the ground. Do you have any other ideas for our area?

Our cleanup ended with a barbeque and campfire hosted by Terry and Greg at Tellier's Fisherman's Cove.

Garbage found along the shoreline and in the shallow water are a direct result of human activity including:

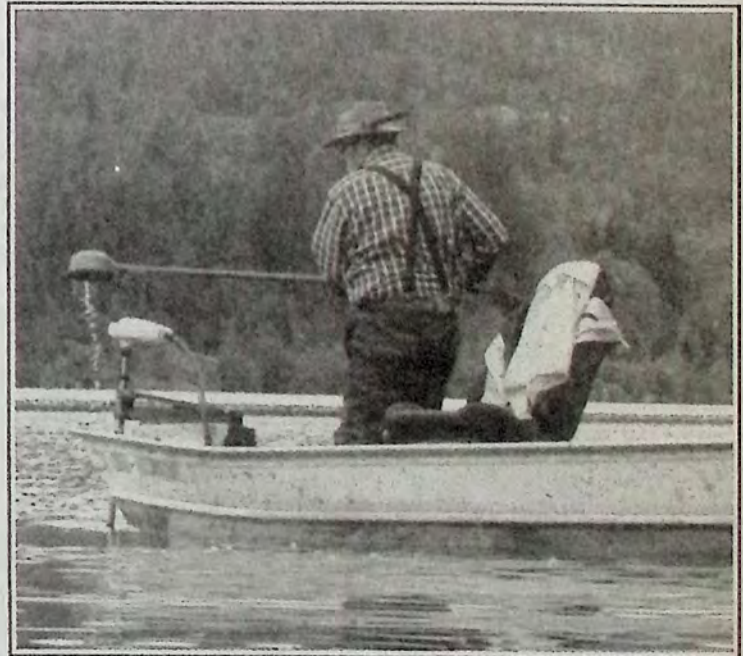
- Shoreline/recreational eg. Plastic

- bags, cans, toys, Styrofoam coolers, broken glass, lawn chairs
- Waterway e.g. Bait containers, fishing line, lures, tarps
- Smoking-related e.g. Cigarillo tips, cigarette butts, lighters
- Dumping e.g. Batteries, tires, propane tanks
- Medical/personal hygiene

Any sized article can have serious consequences for our waterways and marine life. The most distressing item we found was small pieces of Styrofoam from smashed coolers. The debris was scattered across the lake and spread quickly due to the wind. Large dead rainbow trout were seen floating in the water nearby.

We would like to thank all the volunteers who helped with the Osprey Lake Cleanup. It is up to all of us to do our part to keep our shorelines free of litter and healthy for all to enjoy.

For more information or to become involved next year go to www.vanaqua.org/cleanup.

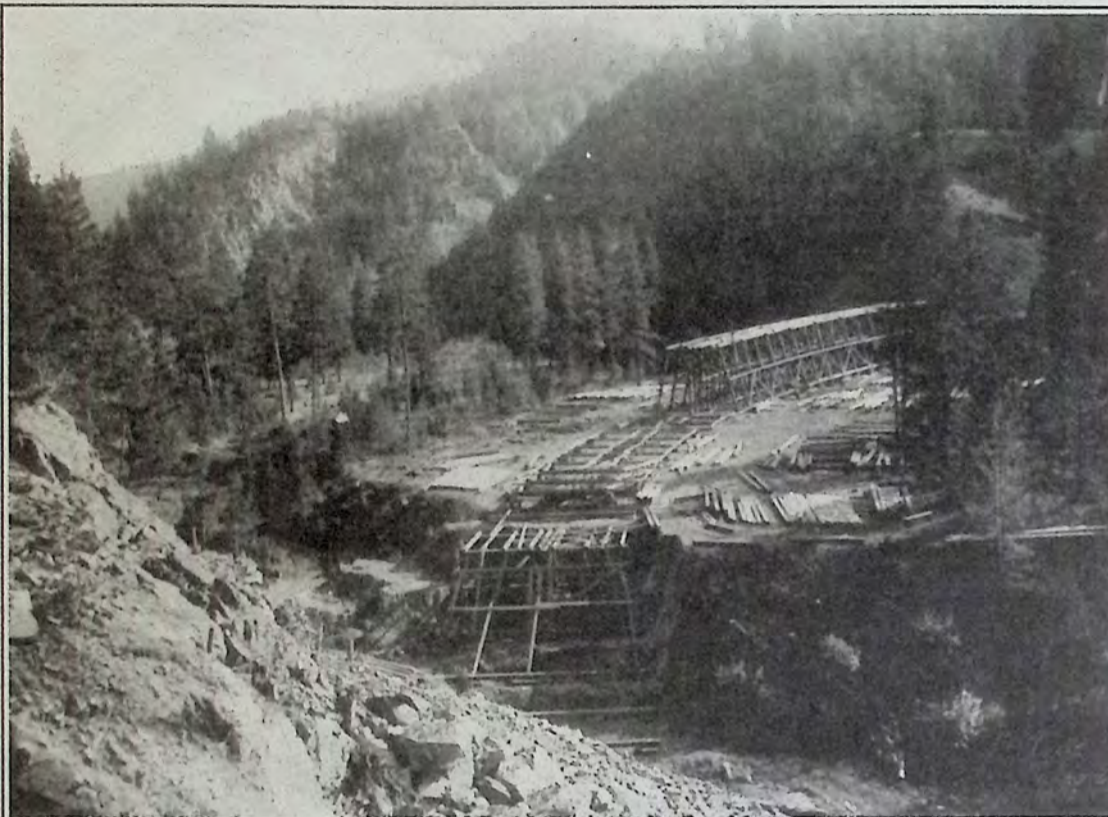


Princeton 1860 - 2010

150 Years of Similkameen History

Nick Mills - Princeton & District Museum & Archives

The Voights of Copper Mountain



Building the railway to Copper Mountain. The trestle south of Smelter Lake. Photo: Princeton Museum

In the 1910 report of the Minister of Mines for BC it was reported "Copper Mountain has been extensively prospected by the BC Copper Company and that the camp has progressed little since it was reported by Mr. Robertson in 1901. At the Mountain and at Voights Camp work continues by means of diamond drilling, open cuts, trenching, tunneling and shallow shafts".

An immigrant from Europe, the industrious Emil F. Voight had first located the "Centre Star" claim on Copper Mountain soon after his arrival in Princeton in October

1898. Mineral Claim Records also show that his wife Mary, between the years 1903 to 1909, filed many claims under her own name on Copper Mountain, which in 1906 included the "Duke" claim on March 17th and the "Blue Bird" claim on June 1st. Meanwhile, without a railway to transport the mined ore out of the Similkameen, others that had speculated on future riches had lost interest in their claims and it was Emil Voight who collected title to the most valuable of these and was soon acclaimed "King of Copper Mountain". In 1909 things started to alter as the

Vancouver Victoria and Eastern Railway (Great Northern) pushed its way up the Valley towards Princeton.

At various times a number of Companies took options on the Voight properties, but no purchases were affected. It was common knowledge that Emil Voight was offered large sums for the claims, but cash offers never seemed to equal the demands.

Time and time again he rejected purchase offers from the large corporations such as Granby which wanted the Voight properties to continued on Page 24



Voights grave, 2009. Photo: Robbie Mills



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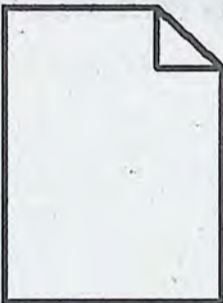
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A look across the Bridge of Dreams at Tulameen River. Crews continue to work on the project. *

Tourist levels stayed high

This summer's statistics showed no real decline in tourists at the Princeton Tourist Information Centre. Centre Manager Lori Thomas told the News Leader last week that the numbers for 2009 compared favourably with the numbers from 2008.

The numbers in August were on a par with August 2008, and slightly higher this July than last.

The big surprise was the increase in June, with approximately 500

more visitors in June 2009 than in 2008.

September was shaping up to be the equivalent to 2008. Excellent September weather helped.

British Columbians formed the majority of visitors by far, with Europeans second in numbers. Alberta and other areas of Canada were the third greatest group of visitors.

American visitors did not amount to high numbers at all, with slight-

ly over 100 per month.

Lori Thomas noted a slightly higher number of inquiries as to camping facilities this year. The greatest number of inquiries were related to accommodation, adventure recreation, attractions and parks. Inquiries about the Trans-Canada Trail/KVR were less than 100 per month.

There were a total of 26 inquiries from people interested in investing in or moving to the Princeton area.



The Trans-Canada Trail grade now meets the Bridge of Dreams on one side. *



News Leader Entertainment

Similkameen News Leader TV Guide Listings - October 6 - 12, 2009



Princeton Posse team captain Dan Hillman accepts a thank you card from students of John Allison School. Posse players have been working at the Community Garden located at the school. *

Posse edge Chase in OT

Princeton Posse hosted Chase Chiefs for the second part of a home and home series October 3rd. Princeton had beat Chase 4-2 the night before and with an ongoing rivalry between the teams the second game between them in two nights had all the makings of an exciting series.

There was a short presentation by students of John Allison Elementary School prior to the opening face off.

Students thanked Posse players for their assistance at the Princeton Community Garden, located at the school, with a large thank you card signed by the over 120 students.

Team Captain Dan Hillman accepted the card on behalf of the team.

The exciting part of the game took only 30-seconds to kick into gear when Derrick Delisser opened the scoring at 19:30 with an unassisted goal against the team he once played for.

The following 19-minutes saw a lot of end-to-end hockey but no further scoring.

Princeton opened the second period on the power play and this time with only 27-seconds off the clock Derrick Delisser fired home his second goal of the night. Assists went to Jared Hidber and John

Minot.

Chase quickly responded with a goal at 18:20 and tied the game at 17:02.

The visiting team kept pressing Princeton and took the lead for the first time in the game at 5:42 of the third period.

Princeton responded with only 1:07 left in the period with goalie Weston Joseph pulled from the net for an extra attacker. Dayton Shaw fed the puck to Bill Marshall who was just inside the blue line and drifted a line drive right at the Chase goal. The shot sent the puck skipping across the ice like a flat rock on the smooth water of the Similkameen River and sailed deep into the bottom corner of the net.

Officials held off on acknowledging the goal debating whether or not there was a penalty on the play but quickly awarded Princeton the tying goal after a short deliberation.

Both teams battled hard throughout the game and never let up but could not break the tie in regulation

time.

After the game Posse Head Coach Dale 'Duner' Hladun told the News Leader that just prior to the start of the extra frame he suggested to team Assistant Captain Derrick Delisser that he had 30-seconds to score. A reference to Delisser's two goals earlier in the game scored at 30 and 27-seconds into separate periods.

It actually took a little longer, but at 3:34 Dayton Shaw zipped a quick unassisted goal past Chase's Jordan Bytellar for the win.

Final score: Princeton 4, Chase 3 OT. Shots on goal: Princeton 29, Chase 26. Penalties in minutes: Princeton 7 for 22-minutes, Chase 8 for 16-minutes.

The rest of October will be busy for the Posse and thrilling for hometown fans considering the win against Chase gives Princeton a 6-2 record worth 12 points, one point away from leading their division.

Princeton's next six games will be at home with their next road trip not until October 30th in Sicamous.

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Princeton Posso



Princeton's Ben Morgan, right, tries to wrestle the puck away from a Chase player October 3rd. *



Princeton's John Minot (#12) and Devon Grossler (#11) keep the puck away from two Chase players. *



A crowded blue line face off during the Posse/Chase Chiefs game October 3rd. *

Similkameen News Leader - Horoscopes

October 7 - 14, 2009

Aries - Home is where the action is, and there may be disputes involving partner. This is a time for you to think about how you relate to others. Health is good: job runs smoothly.

Taurus - You need to take good care of your health. On the plus side, you may enjoy some good times with younger folk. By end of week, Career gets a positive boost, so does health. Enjoy!

Gemini - Home front is a happy place, but what you do may cost a bundle if you can afford it. Focus on young people and pets now: they may need care. Make plans for hobbies.

Cancer - Your high energy, high ego, phase ends next week. If you have been using this energy well, you accomplished a lot. Focus shifts to home, family. Make improvements, organize.

Leo - You are moving into a high energy cycle next week. Don't let ego run away with your good sense. When you speak, be gracious. Use ego energy for work, not conflict.

Virgo - This is a great time to make plans for future achievement. It is also a time to consider self improvement, maybe a makeover. Some doors close, some open. Look for opportunity.

Libra - Career continues to demand a lot of energy. Don't let conflict behind the scenes to ruin what you're trying to achieve. At this time, focus on inner self: outer appearance.

Scorpio - Health is good, but don't push it. You could have problems. Watch for behind the scenes difficulties on the job. Work for the advancement of others as well as your own.

Sagittarius - Career is still on smooth track, but planning may not be possible now, even though you want to make solid plans. Wait 10 days. Look for good news about money.

Capricorn - Partner's problems are still evident and impact career. Try to keep everything in balance. Expect improvements in career by next week. Travel is full of problems: drive safely.

Aquarius - Health problems are still possible. Pay attention to healthy lifestyle. Financial problems won't clear up before month end, but you can make gains in mental peace.

Pisces - Your focus shifts to financial matters related to estate, insurance, investments. You have had a strong desire to have fun, but it is ebbing. Turn attention to possible health problems.

Tuesday Movies

EVENING

7:00 pm WTBS (3) ★★ "Gothika" (2003, Horror) Halle Berry. A criminal psychologist awakens to find herself confined in a penitentiary, accused of murdering her husband. (TV) (14)

9:00 pm WTBS (3) ★★ "Idle Hands" (1999, Horror) Devon Sawa. A

teenage slacker wakes up Halloween Day, finds his parents gruesomely murdered and his right hand possessed by the devil. (TV) (14)

KNOW (5) ★★ "God Grew Tired of Us" (2006, Documentary) Narrated by Nicole Kidman. Premiere. Three refugees from war-torn Sudan adjust to life in the United States. (TV) (14)

Wednesday Movies

MORNING

6:00 am SPIKE (44) ★★ "Jackass: The Movie" (2002, Comedy) Johnny Knoxville. Nitwits perform stunts and pull practical jokes. (In Stereo)

★★★ "American Beauty" (1999, Comedy-Drama) Kevin Spacey. An unhappy husband rebels against his stifling existence. (TV) (14)

10:00 pm WTBS (3) ★★ "American Beauty" (1999, Comedy-Drama) Kevin Spacey. An unhappy husband rebels against his stifling existence. (TV) (14)

EVENING

7:00 pm WTBS (3)

Thursday Movies

MORNING

6:00 am SPIKE (44) ★★ "John Carpenter's Escape From L.A." (1996, Action) Kurt Russell. The fascist U.S. president enlists a jailed war hero to retrieve a top-secret device stolen by his daughter on island Los Angeles in 2013. (In Stereo)

A killer stalks North Carolina teens who disposed of an auto accident's live victim. (TV) (14)

9:30 pm WTBS (3) ★★ "I Know What You Did Last Summer" (1997, Horror) Jennifer Love Hewitt. A killer stalks North Carolina teens who disposed of an auto accident's live victim. (TV) (14)

10:00 pm KNOW (5) ★★ "Marlene Dietrich: Her Own Song" (2002, Documentary) Burt Bacharach. Premiere. Filmmaker J. David Riva documents the life and career of the legendary actress with rare home movies and other footage. (TV) (14)

EVENING

7:00 pm WTBS (3) ★★ "I Know What You Did Last Summer" (1997, Horror) Jennifer Love Hewitt.

Friday Movies

MORNING

6:00 am SPIKE (44) ★★ "Lake Placid" (1999, Horror) Bill Pullman. A New York paleontologist goes to the backwoods of Maine and teams up with the local game warden to stop a 35-foot killer crocodile. (In Stereo)

romance with a fellow student. (In Stereo) (TV) (14)

7:30 pm FAM (26) "Twitches" (2005, Fantasy) Tia Mowry. Reunited on their 21st birthday, twin sisters use their magic powers to save their kingdom from the forces of darkness. (In Stereo) (TV) (14)

9:00 pm FAM (26) "Phantom of the Megaplex" (2000, Adventure) Taylor Handley. A theater employee wonders if a legendary spirit is up to its old tricks after a series of strange occurrences. (In Stereo) (TV) (14)

10:00 pm WTBS (3) "Princess of Thieves" (2001, Adventure) Keira Knightley. Robin Hood's daughter leads a gang of merry men to free her imprisoned father and defeat Prince John. (TV) (14)

KNOW (5) ★★ "The Gleaners and I" (2000, Documentary) Premiere. Modern gleaners include women who collect fallen crops, a man who lives on trash, and a chef who forages for his restaurant. (TV) (14)

10:30 pm FAM (26) ★★ "Magic in the Water" (1995, Fantasy) Mark Harmon. A local sea-monster legend entrances a divorced radio psychologist and his kids while they vacation on a Canadian lake. (In Stereo)

AFTERNOON

4:00 pm SPIKE (44) ★★ "Kung Fu Hustle" (2004, Action) Stephen Chow. An aspiring hoodlum gets a chance to prove his abilities when gang members hire him to spring a powerful master from an asylum. (In Stereo)

EVENING

7:00 pm WTBS (3) ★★ "Failure to Launch" (2006, Romance-Comedy) Matthew McConaughey. The parents of a young man who still lives at home hire a beautiful woman to entice him to finally leave the nest. (TV) (14)

YTV (16) ★★ "First Daughter" (2004, Romance-Comedy) Katie Holmes. Under close guard by the Secret Service, the president's daughter heads to college and finds

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Similkameen News Leader - Recipe Corner

Recipe #292

Sweet Onion Brie Bundle

(NC)—Start the evening off with this simple yet elegant appetizer that beautifully showcases the rich, buttery flavour of sweet onions and pecans.

- 2 tbsp butter 25 mL
- 2 Southern U.S. Vidalia or Texas 1015 Sweet Onions, sliced into 1-inch [2.5-cm] rings
- 1/2 tsp each: salt and pepper 2 mL
- 1/2 cup sherry [optional] 125 mL
- 1/4 cup chopped Southern U.S. Pecans 50 mL
- 2 sheets filo pastry 2
- 7 oz brie wheel 210 g
- 1/2 cup red pepper jelly 125 mL
- 2 tbsp melted butter 25 mL
- 1 green onion, white part cut off 1

In skillet over medium-high heat, melt butter. Add onions, salt and pepper; cook until onions brown. Add sherry; bring to boil. Reduce heat and simmer until liquid evaporates, about 10 minutes. Stir in pecans.

On baking sheet, place filo pastry; top with brie. On top of brie, spread jelly. Brush filo edges with butter; roll edges over sides of brie, leaving top bare. Place onion mixture on top of brie. Bake in 350(F [180(C)] oven until pastry is golden, about 15 minutes. Serve warm.

For decoration, tie green onion around center of brie bundle.

Serves 8.

Source: www.gosouthfresh.com

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THURSDAY, OCTOBER 8, 2009

Table with 20 columns (WTBS, CHBC, KNOW, KSPS, KHQ, KREM, A&E, KXLY, BCTV, CITV, CBC, YTV, TSN, VTV, DISC, FAM, CITY, SPIKE, TROP) and 24 rows (6 AM to 11:30 PM) listing TV programs and channels.

FRIDAY, OCTOBER 9, 2009

Table with 20 columns (WTBS, CHBC, KNOW, KSPS, KHQ, KREM, A&E, KXLY, BCTV, CITV, CBC, YTV, TSN, VTV, DISC, FAM, CITY, SPIKE, TROP) and 24 rows (6 AM to 11:30 PM) listing TV programs and channels.

News Leader Puzzle Page

CARTER'S Sudoku Challenge

CREATED FOR THE NEWS LEADER BY CARTER BOSWELL

HOW TO PLAY:

Sudoku is a game of logic. There is no math involved. The object of the game is to fill the grid so that the numbers 1 through 9 appear only once in each row, column and 3 x 3 box. The numbers can appear in any order and Carter has left you some clues below.

CHALLENGE #233 - Rated Easy

	8			3				5
4			5		7			3
		3		9		4		
	7					8		
	4		1		8			9
		1				5		
		4				3		
	6		4		9			8
1				2				7

CHALLENGE #234 - Rated Hard

		2	1		3	4		
		8			5			
3							5	9
4	6							8
			6		7			
2				4			7	5
7	2							3
			4				7	
		9	8		1	5		

THIS WEEK'S SOLUTIONS:
Page 20

Carter's Sudoku Challenge grids, puzzles and solutions copyright 2009 Carter Boswell, Princeton, BC and published by Similkameen News Leader

Saturday Movies

MORNING

- 6:00 am SPIKE (44) ★★★ "Hot Shots!" (1991, Comedy) Charlie Sheen. A top-gun pilot keeps up with his rival and re-creates Hollywood love scenes with his girlfriend. (In Stereo)
- 11:00 am A&E (9) ★★½ "Beverly Hills Cop II" (1987, Comedy) Eddie Murphy. A clever detective from Detroit shows Los Angeles how to stop a hit woman's so-called Alphabet Crimes. (E)

AFTERNOON

- 12:00 pm FAM (26) "The Scream Team" (2002, Comedy) Tommy Davidson. Three ghosts try to help two children after an angry spirit refuses to let their grandfather rest in peace. (In Stereo) (E)
- SPIKE (44) ★★ "Kung Pow: Enter the Fist" (2002, Comedy) Steve Oedekerk. Premiere. New footage is inserted and dialogue re-dubbed in this comedic re-working of a 1970s martial-arts movie. (In Stereo)
- 12:30 pm WTBS (3) ★★ "Lethal Weapon 4" (1998, Action) Mel Gibson. Los Angeles police partners take on members of a Chinese triad who are smuggling families from the mainland. (E)
- 1:00 pm A&E (9) ★★½ "Beverly Hills Cop III" (1994, Comedy-Drama) Eddie Murphy. A hip detective from Detroit tracks a crime ring to a Los Angeles fun park called WonderWorld. (E)
- 1:30 pm FAM (26) ★★ "Tower of Terror" (1997, Mystery) Steve Guttenberg. A journalist and helpers investigate a 1939 mystery in which

five people vanished from a hotel elevator on Halloween. (In Stereo) (E)

- 2:00 pm SPIKE (44) ★★ "Kung Fu Hustle" (2004, Action) Stephen Chow. An aspiring hoodlum gets a chance to prove his abilities when gang members hire him to spring a powerful master from an asylum. (In Stereo)
- 5:00 pm WTBS (3) ★★ "Failure to Launch" (2006, Romance-Comedy) Matthew McConaughey. The parents of a young man who still lives at home hire a beautiful woman to entice him to finally leave the nest. (E)
- SPIKE (44) ★★ "Kung Fu Hustle" (2004, Action) Stephen Chow. An aspiring hoodlum gets a chance to prove his abilities when gang members hire him to spring a powerful master from an asylum. (In Stereo)

EVENING

- 6:00 pm CITY (29) "Christie's Revenge" (2007, Drama) Danielle Kind. A woman seeks vengeance against the man she blames for the death of her father. (E)
- 7:00 pm WTBS (3) ★½ "Boat Trip" (2003, Comedy) Cuba Gooding Jr. Two skirt-chasing buddies discover too late that their travel agent has booked them on an all-gay cruise. (E)
- SPIKE (44) ★★ "Die Another Day" (2002, Action) Pierce Brosnan. Left in Progress. James Bond teams with a beautiful agent to battle a terrorist and a businessman bent on world domination. (In Stereo)

8:00 pm KSPS (6) ★★ "Boomerang!" (1947, Drama) Dana Andrews. A prosecutor begins to doubt his own case against a vagrant accused of murdering a clergyman in cold blood. (In Stereo) (E)

- 9:00 pm WTBS (3) ★★ "Old School" (2003, Comedy) Luke Wilson. Three friends try to recapture the fun of their college years by starting their own off-campus fraternity. (E)
- FAM (26) ★★ "Gremlins" (1984, Fantasy) Zach Galligan. Premiere. An inventor gives his son an odd little creature which multiplies into monsters which wreck the town. (In Stereo)
- 10:00 pm SPIKE (44) ★★ "Die Another Day" (2002, Action) Pierce Brosnan. Left in Progress. James Bond teams with a beautiful agent to battle a terrorist and a businessman bent on world domination. (In Stereo)
- 10:46 pm FAM (26) ★★½ "Batman Forever" (1995, Action) Val Kilmer. The Caped Crusader woos a criminal psychologist, takes on a sidekick and battles Two-Face and the Riddler. (In Stereo) (E)
- 11:00 pm WTBS (3) ★★½ "Nothing to Lose" (1997, Comedy-Drama) Martin Lawrence. A dispirited white ad executive teams up with a black car-jacker for a crime spree. (E)

Sunday Movies

MORNING

- 8:00 am WTBS (3) ★★ "Zathura" (2005, Adventure) Josh Hutcherson. A mysterious game propels two young brothers into outer space. (E)
- 10:00 am WTBS (3) ★★ "Are We There Yet?" (2005, Comedy) Ice Cube. A divorcee's two children torment a man on a road trip.

AFTERNOON

- 12:00 pm FAM (26) "Roxy Hunter and the Horrific Halloween" (2008, Mystery) Aria Wallace. Roxy thinks that her classmate is a vampire from Transylvania. (In Stereo) (E)
- 1:30 pm FAM (26) "Halloweentown II: Kalabar's Revenge" (2001, Fantasy) Debbie Reynolds. Two witches try to stop a villain who wants to permanently transform trick-or-treaters into their costume characters. (In Stereo) (E)

2:00 pm WTBS (3) ★ "Mr. Deeds" (2002, Comedy) Adam Sandler. A television producer tries to get the scoop on a small-town pizzeria owner after he inherits \$40 billion. (E)

- YTV (18) ★★ "Rugrats in Paris: The Movie" (2000, Adventure) Voices of E.G. Daily. Animated. When Stu Pickles must travel to Paris to work on a new amusement park, the gang accompanies him. (In Stereo) (E)
- 3:00 pm SPIKE (44) ★★½ "Star Wars: Episode II - Attack of the Clones" (2002, Science Fiction) Ewan McGregor. Obi-Wan Kenobi and his Jedi apprentice, Anakin Skywalker, protect the former queen from political separatists. (In Stereo)
- 4:00 pm WTBS (3) ★★ "Failure to Launch" (2006, Romance-Comedy) Matthew McConaughey. The parents of a young man who still lives at home hire a beautiful woman to entice him to finally leave the nest. (E)
- YTV (18) ★★ "Are We There Yet?" (2005, Comedy) Ice Cube. A divorcee's two children torment a man on a road trip. (In Stereo) (E)
- 5:00 pm CBC (13) ★★ "Nancy Drew" (2007, Mystery) Emma Roberts. The young sleuth probes the long-unsolved death of a Hollywood movie star. (In Stereo) (E)

EVENING

- 6:00 pm WTBS (3) ★★ "Failure to Launch" (2006, Romance-Comedy) Matthew McConaughey. The parents of a young man who still lives at

home hire a beautiful woman to entice him to finally leave the nest. (E)

- YTV (18) ★★ "Cheaper by the Dozen 2" (2005, Comedy) Steve Martin. While on vacation, Tom Baker discovers old rival Jimmy Murtaugh and his family are also there; the Bakers and Murtaughs find themselves in less-than-friendly competition. (In Stereo) (E)
- SPIKE (44) ★★½ "Star Wars: Episode III - Revenge of the Sith" (2005, Science Fiction) Ewan McGregor. Seduced by the dark side, Anakin Skywalker turns against his mentor, Obi-Wan Kenobi and becomes Darth Vader. (In Stereo)
- 8:00 pm WTBS (3) ★★ "Sliding Doors" (1998, Romance-Comedy) Gwyneth Paltrow. After a series of misfortunes, a woman with an unfaithful boyfriend experiences an alternate reality. (E)
- 9:00 pm FAM (26) ★★ "Beetlejuice" (1988, Comedy) Michael Keaton. Two ghosts try to scare away their home's new tenants. (In Stereo) (E)
- 10:31 pm FAM (26) ★★½ "Superman II" (1980, Science Fiction) Christopher Reeve. The Man of Steel gets serious with Lois Lane and fights three Krypton outcasts in league with Lex Luthor. (In Stereo) (E)
- 11:00 pm SPIKE (44) ★★ "Airplane!" (1980, Comedy) Robert Hays. A pilot afraid to fly follows his stewardess ex-girlfriend and must take over for the poisoned crew. (In Stereo) (E)

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Similkameen News Leader

MONDAY, OCTOBER 12, 2009

	WTBS (3)	CHBC (4)	KNOW (5)	KSPS (6)	KHQ (7)	KREM (8)	A&E (9)	KXLY (10)	BCTV (11)	CITV (12)	CBC (13)	YTV (18)	TSN (19)	VTV (22)	DISC (24)	FAM (26)	CITY (29)	SPIKE (44)	TROP (45)
6 AM	In the Heat of the Night	(5:30) Morning News (N)	Franklin George S.	Bob Build Lions	News (N)	News	American Justice	News	(5:30) Morning News (N)	(4:30) Morning News (N)	Nanalan* Poko	Being Ian Viva Piñata	SportsCentre	Canada AM	Daily Planet	Henry's Feet	CityLine	Ways Die	Seinfeld
7 AM	Cosby		Clifford the Big Red Dog (DVS)	Arthur (N) Martha	Today (N)	The Early Show (N)	Cold Case Files	Good Morning America (N)			Dirtgirl Animal	Neutron Invasion	SportsCentre		Discovery Project Earth	Mickey Mickey	The Tyra Show (N)	The Ultimate Fighter	Seinfeld
8 AM	Steve H. Fresh Pr.		Sid the Science Kid (DVS)	Sid			CSI: Miami		100 Huntley Street		Bo On Go Busytown	Charlie Br. Garfield	SportsCentre		How-Made	Handy Handy	Rachael Ray	Disorderly Con.	Seinfeld
9 AM	Fam. Feud	100 Huntley Street	Spider (10:35)	Sesame Street (EI)		The 700 Club	CSI: Miami	Regis and Kelly	100 Huntley Street	World Vision	Super Why! Wilbur	Movie: "Barnyard: The Original Party Animals"	Fishing CFL Pre	Regls and Kelly	Daily Planet	Feet	News	Ways Die	Seinfeld
10 AM	Reba	Hospital for Sick Kids				The Price Is Right (N)	Criminal Minds	The View (N)	Hospital for Sick Kids	Debt Part ET Canada	Poko Doodlebop		CFL Football: Calgary Stampede	The View (N)	Worst Handyman	Mickey Handy	The O.C.	"Lucky Number Slevin"	Seinfeld
11 AM	Jim Name Earl	World Vision	Rolie Polie Berenstain	Clifford Sit-Be Fit	Ellen DeGeneres Show	Young and the Restless	The Sopranos	Paid Prog	World Vision	(10:59) Noon News Hour (N)	Gofrette	Movie: "Babe" (1995)	Stampede at Montreal Alouettes. (Live)	Canada-Model	Mayday	Phlneas Suite Life	The Bonnie Hunt Show	(2006) Josh Hartnett.	Seinfeld
12 PM	King	Noon News Hour (N)	Maggie Rose (12:35)	Charlie Rose	Paid Prog Jacob	News	American Justice	All My Children (N)	Noon News Hour (N)	Days of our Lives (N)	CBC News TBA	James Cromwell	etalk	Nature's Most Amazing	(11:49) Weekend	CityLine	Movie: "Star Wars IV: A New Hope"	Seinfeld	
1 PM	Seinfeld	As the World Turns (N)	Wibbly Pig (N)	Fine Art Sewing	Days of our Lives (N)	As the World Turns (N)	Cold Case Files	One Life to Live (N)	As the World Turns (N)	As the World Turns (N)	Doc Zone	Movie: "Babe: Pig in the City" (1998)	CFL Pre	Sue Thomas: F.B. Eye	Man vs. Wild "Oregon"	Dragon	Judge J.	(1977) Mark Hamill, Harrison Ford.	Seinfeld
2 PM	Harvey Fresh Pr.	Young and the Restless	Franklin BluesClues	Barney WordWorld	The Bonnie Hunt Show	Let's Make a Deal (N)	CSI: Miami	General Hospital (N)	Young and the Restless	The Doctors	Steven and Chris		Bombers at Hamilton Tiger-Cats. (Live)	Canada's Worst Driver	Sonny (3:40) Jonas	CityNews at 5 (N)	Movie: "Star Wars V: The Empire Strikes Back" (1980) Mark Hamill.	Seinfeld	
3 PM	The Office Name Earl	The Doctors	(3:01) Little Bear	WordGirl Electric	Judge Judge	Dr. Phil	CSI: Miami	Rachael Ray	The Doctors	Young and the Restless	Fashion F. Sophie	Barnyard	(2:59) The Dr. Oz Show	Canada's Worst Driver	Sonny (3:40) Jonas	CityNews at 6 (N)	Movie: "Star Wars V: The Empire Strikes Back" (1980) Mark Hamill.	Seinfeld	
4 PM	Family Guy	Oprah Winfrey	WordWorld George S.	Fetch! Ruff Cyberchas	Judge J.	Oprah Winfrey	Criminal Minds	Deal No	Oprah Winfrey	(3:59) Early Global	Ghost Whisperer	SpongeBob	Countdown	DeGeneres Show	Cash Cab (4:36) Jonas	Order: SVU	Back" (1980) Mark Hamill.	Seinfeld	
5 PM	Payne	Early News	Babar	BBC News	News (N)	News	Intervention "Brittany"	News ABC News	Early News Global	(4:59) News Hour (N)	Battle of the Blades	OddParent	NFL	CTV News at Five (N)	MythBusters	Suite Life	How I Met	Seinfeld	
6 PM	Law & Order: SVU	Global News	Mechanics Dogs	News-Lehrer	News (N) Millionaire	News Hollywood	Intervention "Joey"	News	(5:59) News Hour (N)	ET Canada	News Coronatn	iCarly	Football: New York Jets at Miami Dolphins. (Live)	CTV News (N)	Junk Raiders (N)	Premiere.	Trauma (N)	Movie: "Star Wars VI: Return of the Jedi" (1983)	Seinfeld
7 PM	Movie: "My Best Friend's Wedding" (1997)	Entertain ET Canada	Eden Landscape	'Allo, 'Allo! Europe	Jeopardy! Fortune	The Doctors	Hoarders	Entertain The Insider	Entertain ET Canada	Heroes (N)	Fortune Jeopardy!	Drake Indie	Hollywood	etalk	Dirty Jobs	Handy Manny	The Jay Leno Show (N)	Mark Hamill.	Seinfeld
8 PM		House "Instant Karma"	Monarchy "Aengland"	Antiques Roadshow	Heroes (N)	How I Met Purpose	Paranormal State	Dancing With the Stars	House "Instant Karma"	House "Instant Karma"	Blades Mosque	Malcolm Chris	SportsCentre (Live)	Dancing With the Stars (Live)	Cash Cab	Buzz	CityNews		Seinfeld
9 PM	Movie: "My Best Friend's Wedding" (1997)	Lie to Me "Honey" (N)	Visions of Space (N)	Latin Music USA "Bridges; The Salsa Revolution"	Trauma (N)	Two Men Big Bang	Intervention "Brittany"	(Same-day Tape)	Lie to Me "Honey" (N)	Lie to Me "Honey" (N)	Just for Laughs (N)	8 Rules	What I Like	ATP Tennis: Shanghai Masters 1000	MythBusters	Wizards	(9:05) Friends	DEA	Seinfeld
10 PM		Heroes (N)	Prince of Pot	The Jay Leno Show (N)	CSI: Miami (N)	Intervention "Joey"	(10:02) Castle "Fool Me Once"	Heroes (N)	News Hour Final (N)	National	The Next Star	The Next Star	Shanghai Masters 1000	(10:02) CSI: Miami (N)	Dirty Jobs	School Cory	Coach Judge	CSI: Crime Scn	Seinfeld
11 PM	Cheers Heat	CHBC News Final (N)	Lynchings-Louis	Charlie Rose (N)	News (N) Tonight	News Late Show	Hoarders	News (11:35)	News Hour Final (N)	Entertain ET Canada	The Hour	Adrenaline Mystery	SportsCentre (Live)	CTV News	Junk Raiders	Suite Life Life Derek	Home Imp. CityNews	Star Trek: Voyager	Seinfeld

Monday Movies

MORNING

9:00 am YTV (18) ★★½ "Barnyard: The Original Party Animals" (2006, Comedy) Voices of Kevin James. Animated. Olis the bull would rather sing and dance with the other farm animals, but somehow he must find the courage to lead when responsibility is thrust upon him. (In Stereo) [E]

9:30 am SPIKE (44) ★★½ "Lucky Number Slevin" (2006, Crime Drama) Josh Hartnett. A case of mistaken identity lands a man in the middle of a war between crime lords. (In Stereo)

11:00 am YTV (18) ★★½ "Babe" (1995, Drama) James Cromwell. An Australian farmer adopts a piglet that becomes a champion herder of sheep. Live action/animatronics. (In Stereo) [E]

AFTERNOON

12:00 pm SPIKE (44) ★★½ "Star Wars IV: A New Hope" (1977, Science Fiction) Mark Hamill. Robots and other allies help a youth and a space jockey rescue a rebel princess and battle dark forces bent on intergalactic rule. (In Stereo)

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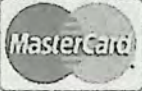
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Fred 295-7272/Marena 295-7663

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sudoku

CARTER'S Sudoku Challenge

SOLUTIONS TO PUZZLES ON PAGE 16

CHALLENGE #233 - Easy

789	234	615
416	587	239
523	691	487
637	952	841
245	168	793
891	743	562
974	815	326
362	479	158
158	326	974

CHALLENGE #234 - Hard

952	163	487
148	795	362
376	284	159
467	519	238
583	627	941
291	348	675
724	956	813
815	432	796
639	871	524

Princeton Posse 2009/10

CLIP 'N' SAVE

Game Schedule

PRINCETON



PRESENTED BY:

Similkameen News Leader

- FRI OCT 09 - Revelstoke at PRINCETON
- SAT OCT 10 - Revelstoke at PRINCETON
- SAT OCT 17 - N Okanagan at PRINCETON
- TUE OCT 20 - Kamloops at PRINCETON
- FRI OCT 23 - Revelstoke at PRINCETON
- SAT OCT 24 - Sicamous at PRINCETON
- FRI OCT 30 - PRINCETON at Sicamous
- SUN NOV 01 - PRINCETON at Kamloops
- FRI NOV 06 - Penticton at PRINCETON
- SAT NOV 07 - PRINCETON at Penticton
- SUN NOV 08 - N Okanagan at PRINCETON
- FRI NOV 13 - PRINCETON at Revelstoke
- SAT NOV 14 - PRINCETON at Revelstoke
- SUN NOV 15 - PRINCETON at Chase
- FRI NOV 20 - PRINCETON at Beaver Valley
- SAT NOV 21 - PRINCETON at Spokane
- FRI NOV 27 - N Okanagan at PRINCETON
- SAT NOV 28 - Sicamous at PRINCETON
- FRI DEC 04 - Chase at PRINCETON
- SAT DEC 05 - PRINCETON at Chase
- FRI DEC 11 - Castlegar at PRINCETON
- SAT DEC 12 - PRINCETON at Kamloops
- WED DEC 16 - Kamloops at PRINCETON
- FRI DEC 18 - PRINCETON at Sicamous
- SAT DEC 19 - Grand Forks at PRINCETON
- SAT JAN 02 - Kamloops at PRINCETON
- SUN JAN 03 - PRINCETON at Sicamous
- FRI JAN 08 - PRINCETON at Col. Valley
- SAT JAN 09 - PRINCETON at Golden
- SUN JAN 10 - PRINCETON at Creston
- FRI JAN 15 - PRINCETON at Penticton
- SUN JAN 17 - PRINCETON at N Okanagan
- FRI JAN 22 - PRINCETON at Penticton
- SAT JAN 23 - PRINCETON at N Okanagan
- FRI JAN 29 - Kamloops at PRINCETON
- SAT JAN 30 - PRINCETON at Revelstoke
- FRI FEB 05 - Nelson at PRINCETON
- SAT FEB 06 - Chase at PRINCETON
- SUN FEB 07 - PRINCETON at Kamloops
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Princeton Posse



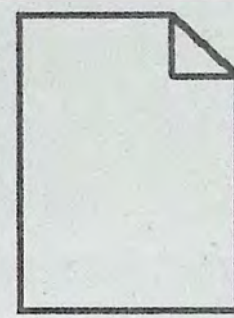
Princeton's Dayton Shaw is swamped by team mates after scoring the game winning goal in overtime to give the Posse a 4-3 OT victory over Chase Chiefs October 3rd. *



Hockey action from October 3rd. Posse against Chase. *



Princeton's Brooks Christensen (#15) has words with Kevin Monfette of Chase. *



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My Turn...

Don't Get Me Started...

Last week I dodged a vehicle that narrowly missed me as I crossed Bridge Street at Fenchurch Avenue.

Drivers ignoring pedestrians is a pet peeve of mine, and that intersection continues to be on my hit list.

Then later the same day I was a fraction of a second away from a head-on collision with someone zipping down the sidewalk on a bicycle as I exited a business on Bridge Street.

Another one of my pet peeves. Bikes on sidewalks clearly marked 'No Bikes' on most every corner downtown.

It's not the first time it has happened to me and it is not the first time I've written about it. So far, I have not been injured but I know of others who have not been as lucky as me.

I had to find out more about the sidewalk issue as the crosswalk is likely a Motor Vehicle Act guideline to be enforced by RCMP so I made an inquiry and found out that if there is in fact a bylaw on the books in Town Hall about riding bikes on the sidewalk, it would be something the Town would have to enforce.

Here's where it gets a little strange.

I have watched cyclists trying to use the roadway on Bridge Street and no wonder some of them end up on the sidewalk. It's no doubt safer for them than to take their chances on the road.

However, it puts pedestrians in an interesting position.

There's days when I've asked myself, should I dash out of the office in hopes of missing getting hit or should I just take my chances?

I've considered lifting the interlocking bricks in front of my office in a foot wide strip from the office to the curb to create a sort of reverse speed bump but knowing my luck there's probably a bylaw in place for that.

I've considered laying out a strip of tacks from the office to the curb, but knowing my luck I'll flatten the tires of a half dozen scooters that share the sidewalks with those pesky cyclists - and there's probably a bylaw against that.

So I'm actually considering painting over top all the "No Bikes" signs painted on downtown sidewalks as there appears to be no way to enforce the situation and nobody seems to see those signs anyway.

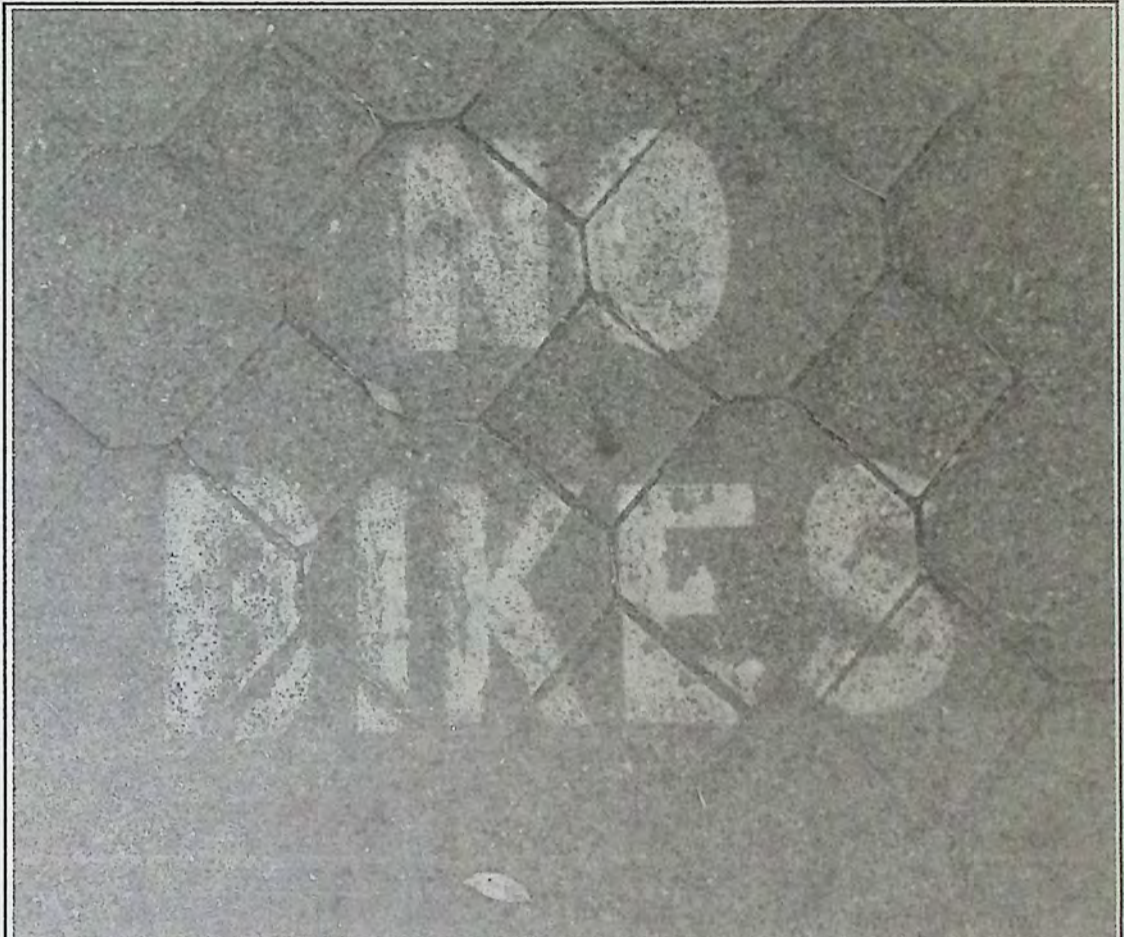
I just haven't decided what those signs should say.

I did come up with "Don't Paint On The Sidewalk" but it's too wordy and I'm not sure I want to spend a lot of money on paint.

I did consider "Enforce This" but decided against it as I'd probably end up spending the next few weeks explaining what it meant which, in my mind, would defeat the whole point of the exercise.

I sort of like "Enjoy Princeton" or "Go, Posse!" or "Shop Downtown" or "Drive Safe" or "Don't Walk Here" but I'm not sure which direction to go with this.

And come to think of it, if no one sees the existing "No Bikes" signs what are the chances anyone will see my signs?



Any idea where this photo was taken? This sign is painted on several downtown sidewalks, yet it gets ignored by many. Maybe it's time to explore the cost of enforcing the rule or removing the signage. *

...Your Turn

Reader plugs us into power issue

Dear Editor,

It's truly unfortunate that an important issue like clean energy has been hijacked in B.C. over the past year by a bogus debate about public versus private electricity production.

Anyone with any sense can see that we need a blend of both in order to optimize B.C.'s clean energy potential and benefit from

the strengths that each has to offer.

Even with private companies generating and supplying new clean electricity to B.C.'s grid, major public projects like the Site C dam and extensive retrofits and upgrades to existing publicly owned dams like the Mica and Revelstoke mean that public BC Hydro will continue to pro-

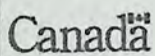
duce the overwhelming share of electricity in this province.

And as BC Hydro ratepayers we should be glad to let the private sector rather than public BC Hydro shoulder the enormous risks and costs involved in implementing new clean energy technologies like wind, geothermal and small hydro run-of-river.

As a BC Hydro ratepayer I certainly don't want to be the one paying the cost of unsuccessful clean energy projects on my hydro bill each month; We're probably still paying off the \$120 million wasted on the failed Duke Point power scheme from a few years ago.

As a British Columbia taxpayer and as a BC Hydro ratepayer, I'm glad to let the private sector take on the riskier pieces of British Columbia's energy puzzle and leave the relative safety of mega dams to BC Hydro. It's the best of both worlds.

- Kevin Lee, Vancouver, B.C



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We would like you to write to us, but please remember to abide by anti-discrimination laws.

The News Leader reserves the right to refuse to print any letter which is not signed by the writer or is slanderous, libelous or of uncommon sense!

The Editor reserves the right to condense any letter or to substitute proper language for improper language.

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Current Comment

A Dismal View Of The World?



Dawn Johnson
editor@thenewsleader.ca

There are a lot of people who watch the daily news and see the world we live in as a nasty, unfeeling place.

There is no doubt a lot of bad things happen, and there is no doubt television news will search a long way to tell you about it. In fact, television news will tell you about a bus crashing in India with 10 people killed, or a ferry boat capsizing in Indonesia with several people killed.

For some reason, television news delights in telling us the world is a dangerous place in which to live.

People who know me well call me a relentless optimist. They could be right, although I believe I am not so much an optimist as a realist. I do tend to see the potential for the positive in most situations in daily life, but I see those difficult times as just something to muddle through until times get better. Most of all, I am grateful for the good things of life.

This coming weekend is Thanksgiving, a long standing North American holiday. It is time to count our blessings and appreciate the good things of our lives.

For those of us who live in the Similkameen Valley, Thanksgiving is the season in which we can see the abundance of the place we live, and the beauty of our valley. The fruit stands are filled with local produce, the barns are filled with hay for the cattle we produce. The cottonwood poplars along the river are golden, showering leaves of gold onto the water. As the English poet described autumn, it is the season of "mellow fruitfulness".

As Canadians, we are blessed with a lot to be thankful for. We have a health care system we complain about, but as flawed as

it may seem, at least we have a health care system. There are places in our world where there is no health care system at all, and other places where good health care is available only to the rich.

We Canadians try to look after each other, not only in sickness, but in old age. We try to ensure that our old folks have enough to live on, and that they are cared for if they cannot care for themselves.

This is not the fate of the elderly in the majority of the world's nations. If one has no children or brothers to care for one, one dies on the street.

When we adopt an attitude of gratitude for the good things we have, it is worth including our many opportunities for education. Online education has grown by leaps and bounds. Anyone who wants to find a new career, or just become educated to open more doors of opportunity, can enroll in online education. Before we go even that far, we are blessed with a good public education system. Yes, we complain about public education, but we have it, and it is pretty darned good.

The majority of Canadians have jobs. They can be grateful for that. Even if they are out of work, or unable to work, there are social safety nets that kick in and provide them with an income.

The majority of Canadians have a roof over their heads. Yes, I

know the number of homeless people has grown, and that is a disgrace, but we are trying to do something to correct the situation. In at least half the countries of the world, if you are homeless, tough luck.

We Canadians complain endlessly about our politicians, and I am not suggesting we should ever stop being the watchdogs of our political system, but I feel we should be grateful we have so little corruption in our politics. There are plenty of nations where nothing gets done for the citizen unless the right politicians and government workers are bribed.

When it comes to feeling grateful, and giving thanks, most of us forget all of the good things we Canadians enjoy. We focus on being thankful for things close to us. I do that, too.

I am grateful my great grandchildren have been born healthy, without disabilities. I am thankful my children are happy, and my grandchildren are doing well, even though times are tough.

At this time of year, as we enjoy Indian summer and the golden trees, we should take time to stop long enough to appreciate the beauty and the good that comes into our lives from many sources.

I wish everyone a happy Thanksgiving. Enjoy the holiday. It's the last really nice holiday before winter sets in and we all start crabbing about the cold, snow, slush and the heating bills.

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OFFICE ADMINISTRATOR
brenda@thenewsleader.ca

George Elliott
OWNER / PUBLISHER
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September KIJHL Player of the Month and Princeton Posse team captain Dan Hillman watches the play during the October 3rd game against Chase Chiefs in Princeton Arena. *

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..... continued from Page 9 complete their own hold on the then known ore deposits on Copper Mountain, but it wasn't to be and the family dreams were never realized.

On September 14th, 1925, aged 55, Mary Voight passed away. Succumbing to a flu epidemic, her husband died two years later on April 5th, 1927, aged 70, and it was

soon after that the Granby Mining Company acquired the properties at their own price.

Thirteen kilometres from Highway #3 up today's Copper Mountain Road and a few yards from the southern summit of Wolfe Creek hill is a newly restored fenced plot enclosing three graves. A short distance from the former site of Voight's Camp lie Emil F. Voight

and Mary A. Voight and between these two graves is the final resting place of their son Victor.

The Similkameen Spotlight, May 15th, 1914, reported "Victor M. Voight passed away at the hospital on May 14th, following an appendicitis operation. He was 26 years old and had only been sick a day or two. The death came as shock to all as he had a powerful physique and was a well-known athlete."

Victor Lake, a small lake between Voight's Camp and Copper Mountain is so called in memory of the son.

Meanwhile, difficulties surrounding the ore treatment had been solved, during 1914 Pardoe Wilson surveyed a railway branch line from Princeton to Copper Mountain and in 1916 a power contract was arranged with the West Kootenay Power Company. Financing necessitated the formation of a new Company, the Canada Copper Corporation, which controlled and financed the new organization.

The first initiative to restore the Voights' gravesite came two years ago from local veterinary Doctor Alan Gill, when he approached the Princeton Museum with the offer of his help. In the summer of 2009, of his own generosity, local rancher Brian Ferguson donated, and arranged the erection of, fencing to protect the grave site and subsequently Similco Mines have donated staff time to clear the immediate area of the excess deadwood and brush that had collected over time. Currently the Princeton Museum awaits a manufactured commemorative plaque, which will be erected on site in November 2009.

One final footnote, just outside the fenced area is a long and heaped pile of weathered earth and rocks; it lies alongside and parallel to the left hand grave. Although not documented, it is said that buried below is Emil Voight's former trusty steed. There is no note of the horse's name in the records!



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Most people need to withdraw some money from their portfolio, so having the right mix of investments to generate sufficient income and growth is important. You also might want to consider consolidating your accounts. It can help you gain a clearer picture of your retirement savings and the withdrawal amounts that may be needed from both your registered and non-registered accounts.

The amount you withdraw from your portfolio can depend on factors such as your age, risk tolerance, how your money is invested and the desire to leave a legacy. Everyone's situation is different, but retirement can last 20 years or more, so an initial withdrawal rate of 4% can be a good place to start. A moderate withdrawal rate allows you to be more flexible because your income needs may rise and fall.

Regarding the make-up of your portfolio, it should provide you with an appropriate amount of income. This can come from Guaranteed Investment Certificates (GICs) and individual bonds, which can help provide a predictable flow of income. Some people decide to invest only in GICs because they provide income with less risk. But remember that GICs alone likely won't provide a return that can keep pace with inflation.

As for stocks and mutual funds, you should look for those with a history of paying dividends and increasing them over time - though keep in mind that dividends can be increased, decreased or totally eliminated at any point without notice. Although equities possess more risk relative to bonds, their growth potential can help protect against inflation. To help reduce risk, consider buying quality that you can hold for the long term - and don't overlook the importance of diversifying your investments. While diversification does not guarantee a profit or protect against loss, it has proven over time to be an effective investment strategy.

Life annuities and Guaranteed Minimum Withdrawal Benefit plans* may be another option for some of your retirement income. With these options, which can be customized to meet your retirement needs, you would essentially entrust money to an insurance company in exchange for a guaranteed income stream that will last your lifetime and pay for your necessary living expenses.

Speak with your financial advisor to create a long-term strategy that can help meet your needs today and into the future.

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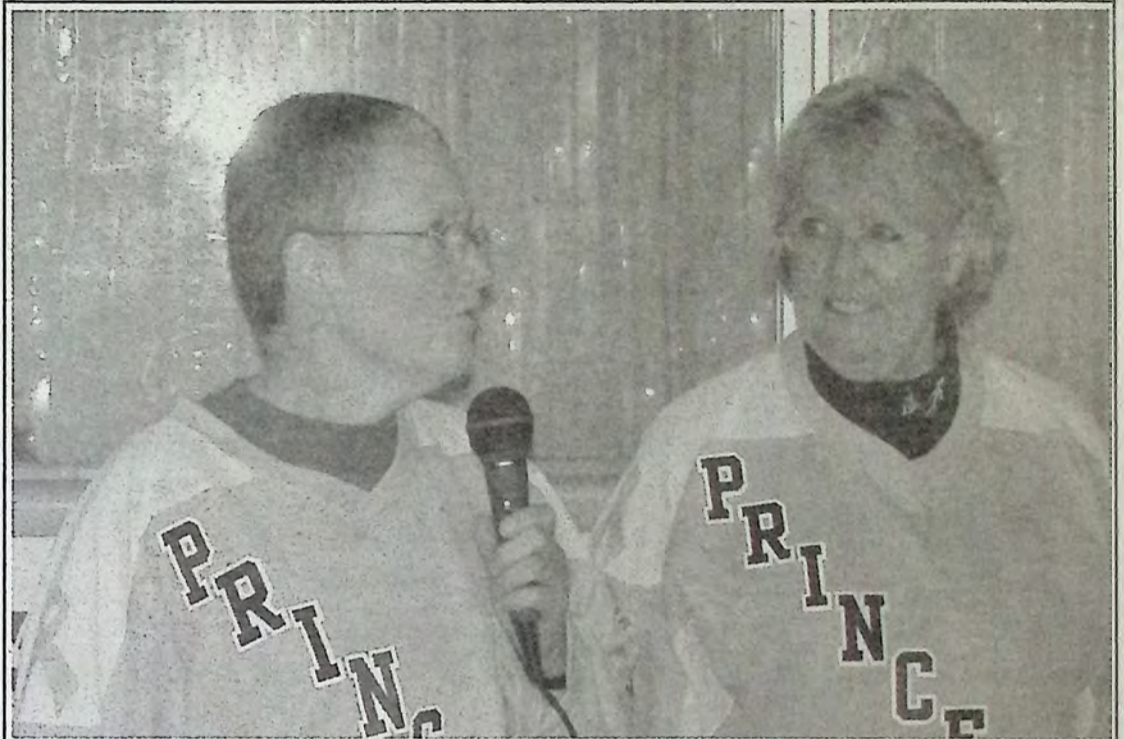
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Midget Rep Hockey



Darla Biagioni, left, and Barb Gagnon, thanked Princeton Midget Rep players for supporting National Breast Cancer Awareness Month with their choice to wear pink jerseys throughout the month of October.*

Midget Rep Team thinks pink

This past weekend (October 3 & 4) the Princeton Midget Rep Hockey Team were in the pink to support Breast Cancer Awareness. October is National Breast Cancer Awareness Month.

The members of the Midget Rep Team will be wearing pink jerseys at both their home and away games throughout the month of October to bring awareness to breast cancer. They will also be collecting dona-

tions to help with the continuing fight against this terrible disease.

You are asked to support these kids by attending their games and if possible wear pink to show them you care and help them with this cause by making a donation to support the fight against breast cancer. All donations over \$10.00 will receive a tax receipt.

UPCOMING MIDGET REP GAMES:

October 16 - Kamloops, 7:00 - 9:00 PM in Memorial Arena

October 17 - Kamloops, 12:15 - 2:15 PM in Memorial Arena

October 18 - Princeton, 2:00 - 4:30 PM in Princeton Arena.

For more information on how you can assist with the Princeton Midget Rep Hockey Team's Breast Cancer Awareness campaign, contact Carol at (250) 295-7891. -submitted



Biagioni and Gagnon are escorted off ice following a short presentation October 3rd.*

We're different, and we like that.

Similkameen News Leader

Midget Rep Hockey



The official puck drop to start the Princeton Midget Rep game against Kelowna October 3rd. It included Darla Biagioni, who is currently battling breast cancer, and Barb Gagnon, a breast cancer survivor. *



Princeton Midget Reps proudly show their support of Breast Cancer Month. *



Hockey action: Princeton vs. Kelowna, October 3rd. *

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Two Lakes Nearby!



124 Link Lake Road

Osprey Lake just a stones throw away and Link Lake around the corner for endless opportunities to 'catch the big one' or just go for a dip! This home is perfect for recreation activities, retirement or just some plain old R & R! One level, 2 bedrooms, bright kitchen, CSA approved woodstove in livingroom for those chilly nights. Large windows and covered porch bring Mother Nature to your doorstep. Well built with solid 2x6 construction and extra insulation keeps it warm in winter and cool in summer. Larger corner lot with garage/workshop for the hobbies and storage for the toys. On seasonal community water system. An incredible chance to live like you've always dreamed of...don't let it slip by!

\$289,000
MLS 103080

Bring The Family!



1862 Shinish Creek Rd

A golden opportunity to own LAKEFRONT ACREAGE! This 3.51 acre parcel gives everyone their own space and a family purchase makes owning recreation property affordable. This solid 2 bedroom cabin has an open plan kitchen/living area with an enclosed porch overlooking picturesque Chain Lake. Imagine just stepping out your door for a dip in the lake, or a leisurely row to 'catch the big one!' The Trans-Canada Trail is minutes away offering limitless exploring. Paradise has been found and is waiting for you!

\$599,000
MLS 103831

REALTY EXECUTIVES PRINCETON

Gateway to the Okanagan

Your EXECUTIVE Team members...Brenda Crawford, Susan Collins, Steve White, April Earle
#8-136 Tapton Avenue (Princeton Plaza) www.bcland.net Office: (250) 295-1811 Fax: (250) 295-1851

EACH OFFICE INDEPENDENTLY OWNED AND OPERATED