



Similkameen

News Leader

75¢

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Tuesday, November 24, 2009



Santa visited with children November 21st at Princeton Legion Hall - his first official visit to the Similkameen Valley this Christmas season. Mrs. Claus was nearby watching Santa do his thing. *

Princeton receives grant-in-lieu of taxes

The Province, through the Ministry of Citizens' Services, is providing \$15.9 million to 63 B.C. municipalities as grants-in-lieu of property taxes for 2009, announced Minister Ben Stewart on November 17th.

In the past, it was the practice that one level of government did not tax the property of another level of government. However, beginning in the 1960s, the Province began to recognize its responsibility to compensate municipalities for local services that benefited these properties, such as roads, sewers and fire protection.

Grants-in-lieu of property taxes are distributed as a way to compensate

municipalities for services that benefited government properties. The grants are based on the assessed value of provincially-owned office buildings and other properties in each municipality.

Since 2002, the Government of British Columbia has distributed more than \$140 million as grants-in-lieu to B.C. municipalities. Each municipality sends a portion of its grant-in-lieu to its regional district, and those local governments use the money to help pay for local services.

The Town of Princeton's grant-in-lieu of taxes for 2009 totals \$1,046.18.

Town enforces unsightly premises bylaw

It has taken sixteen attempts over two and a half years by the Town of Princeton to get a property owner to clean up his yard.

In a motion made by Councillor Marilyn Harkness and seconded by Councillor Jason Earle at the November 16th regular meeting of Town Council the Town of Princeton will actually enforce the Order to Comply at a property located at 316 Billiter Avenue.

The Order to Comply will see municipal employees or other persons "at reasonable times and in a reasonable manner, enter the property and effect the removal at the expense of the person who failed to comply."

The estimated cost to remove the 'offending materials' is \$2,102.20. The property owner will be invoiced for the clean up and if it is not paid by December 31, 2009 the amount will then be added to the homeowner's property taxes as

arrears.

The list of the 'offending materials' includes unlicensed vehicles, a discarded tub, other discarded materials and rubbish.

While the action may sound harsh, the saga actually dates back to May 18, 2007 when the Bylaw Enforcement Department first went to the property and found the offending materials throughout the site.

Town of Princeton CAO Patrick Robins indicated at the Town Council meeting that the initial visit to the property was in response to a complaint.

A letter requesting clean up was hand delivered June 18, 2007. On August 6, 2008 another visit to the property revealed the condition had not changed very much. The following day a letter was mailed, again requesting the property owner to clean up the yard. A follow-up visit by Bylaw Enforcement on August 22, 2008 showed no attempt had been made at clean up.

A registered letter was sent August

27, 2008 setting a deadline of September 19, 2008 for clean up. The letter was returned to the Town of Princeton undelivered on September 17, 2008. On September 18, 2008 The CAO and Bylaw Enforcement Officer hand delivered a letter requesting property clean up and another follow up visit and site inspection on October 29, 2008 showed the property had still not been cleaned up.

On June 2, 2009 Bylaw Enforcement spoke to the property owner on the phone and received a promise to remove all vehicles by June 15, 2009. On that date another visit to the property showed no attempt at clean up and in a phone conversation later that day the property owner indicated vehicles would be moved starting the very next day.

A month later, on July 15, 2009, Bylaw Enforcement visited the property and noted one vehicle had been removed. On October 6, 2009 Bylaw Enforcement again visited the property, which had not been cleaned up. A phone call that day to

the property owner resulted in a hang up. The property was noted on October 22, 2009 as still not cleaned up. On October 30, 2009 the CAO and Bylaw Enforcement Officer affixed an Order to Comply on the rear door of the home and on November 13, 2009 another visit to the property indicated no further clean up had taken place.

To say the Town of Princeton has been more than generous in providing time and opportunity for the property owner to clean up is an understatement.

"We either stick to our bylaws and

make our community better or do nothing and do away with them," Mayor Randy McLean stated in speaking to the motion to enforce the Order to Comply which is quite likely the first time the Town has had to take such measures.

"In most cases this hasn't been necessary," Mayor McLean told the News Leader.

One interesting thing to note is that in the final Order to Comply that was left at the rear door of the property October 30, 2009 were details on how to appeal against the Order.

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Similkameen News Leader THIS WEEK:

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Princeton Secondary School Grade 8 Honour Roll students. *

PSS announces Term 1 Honour Roll

The 2009/10 Term 1 Honour Roll was released November 19th at Princeton Secondary School.

- The list is as follows:
- Principal's List - 86-100%
 - Gold List - 73-85%
 - Honourable Mention - 67-72%

GRADE 8

Principal's List

Alyssa Leiding, Makalea Parker-Moldowan

Gold List

Charlie Allison, Bradly Palumbo, Daniel Kostiuk, Casey Herspiegel, Jacinda Esselink, Fraser Esdale, Layne Robillard, Shania Bertucci (in a tie with) Chance Clarke, Carmen Brodie, Destiny Earle, Tully Adams, Lindsay Maclellan, Ryley Smeaton, Tyler Smeaton

Honourable Mention

Carver Carrat (tied with) Trystan Dmytryshyn, Logan Littlejohn, Lydina Hunt, Jeannine McIntosh, Kendra Krenn, Greyson Antonick, Hayden Riel, Darren Morton

GRADE 9

Principal's List

Clayton Jung, Kirsten Haayer, Kendra Leiding, Desiree Dunbar, Ally Myers, Brianna Musgrove

Gold List

Emily Allison (in a tie with) Colby Williams, Eric Hardin, Angie Marshall, Taylor Artis (tied with) Paige Wiren, Nathan Howarth, Michael White, Keisha Miller (tied with) Derek Northway, Jolene Goodman, Joshua Coyne, Skye Davis, Amanda Koebel, Kirsten Ashley, Austin Thibert, Wyatt Crimmon

Honourable Mention

Sam Kastor, Colton Callihoo, Julia Reichert, Morgan Dobbs (in a tie with) Clayton O'Bee, Dallas Earle (tied with) Austin Konst, Megan Pateman, Taylor Gibb, Adam Ali, Myles Dodd (in a tie with) Richard Shuman

GRADE 10

Principal's List

Alida Kleyn, Katrina Morton, Amanda Jackson, Dylan Lueke, Taylor Robillard, Kiana Paterson, Mia Crawford, Graham Bibby

(tied with) Brandon Racich, Felicia Northway, Hannah Crawford, Kelsey Crawford, Jordan Palumbo, Nathan Garton, Brady Johnson

Gold List

Amy Brewer, Josh Sanderson, Ayrton Hunt (tied with) Katelyn Powers, Morgan Reichert, Connor Butler, Allana Michaud, Kelly Webb, Brandt Fenrick, Courtney Hassell, Tyler Johnson

Honourable Mention

Brittany Shopshire, Brandon Ghiloni, Katie Lamoureux, Kristina Elmgren, Jonathan Warner

GRADE 11

Principal's List

Rachel Halipchuk, Skylar Daponte, Meagan Haayer, Jessica Dennis, Brandon Artis, Jordyn Senger

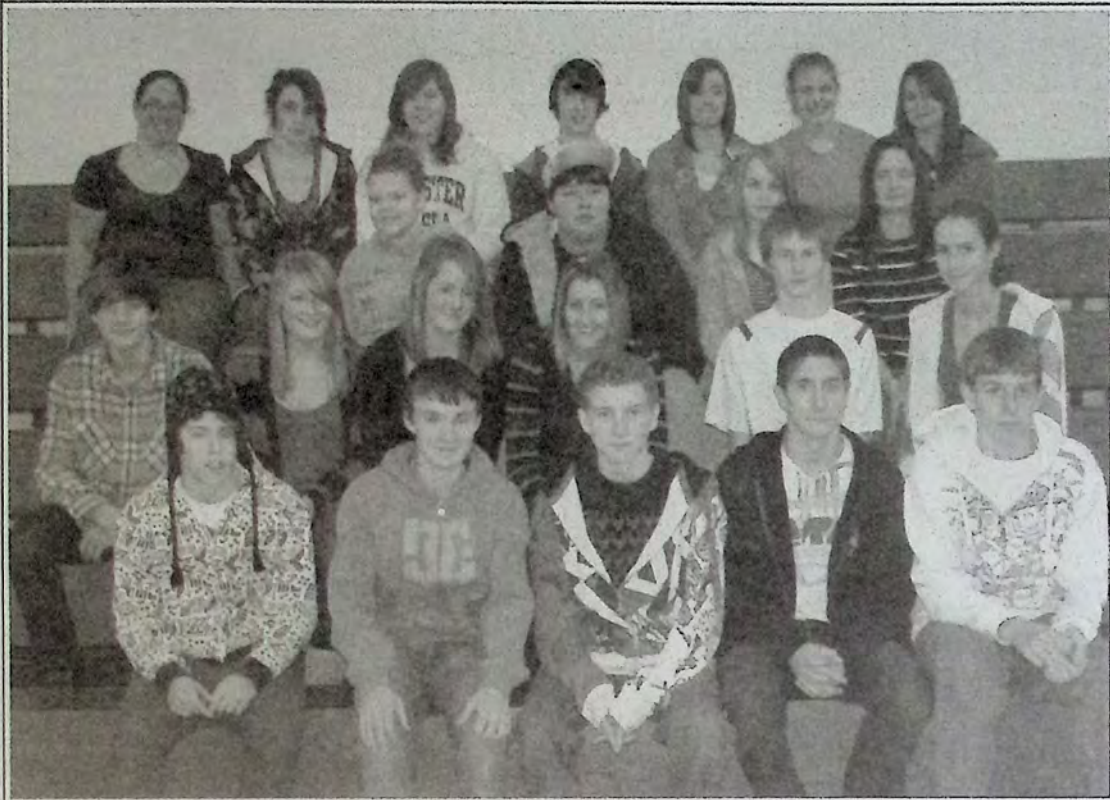
Gold List

Calli Martin, David Brama, Daysen Allen, Jonas Montgomery, Mark Cimbaro, Jessy Coers, Danielle Konst (tied with) Katelyn Marshall, Desiree Cosman, Ian

..... continued on Page 3



Princeton Secondary School Grade 9 Honour Roll students. *



Princeton Secondary School Grade 10 Honour Roll students. *

..... continued from Page 2
McKenzie, Alex Tardiff, Kelly Buhler, Madysen Salway
Honourable Mention
Blake Christianson (tied with) Taylor Kostiuik, Keaton Ashley, Jade Wasylenchuk, Devan Roberts
GRADE 12
Principal's List

Neko Bertucci, Mitchell Lamoureux, Adrienne Dodd, Helen Bibby, Alyssa Larsen, Levi Dube, Rachel Hoiland (tied with) Chelsie Clifton
Gold List
Makenzie Johnston, Daniel Howarth, Danielle Hassell, Chase Salisbury, Keaton Phillips, Ben

Stout, Julia Crimmon, Ben Reinbolt, Cody MacDonald, Kelcy Banks, Mitchell Sheridan, Cayden Johnson
Honourable Mention
Caitlin Merenick, Adam Dobbs, Dustin Haigh, Mariah Liddicoat, Karis Bergsma, Katie Liberatore, Tim Martens



Princeton Secondary School Grade 11 Honour Roll students. *


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OKAY

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Keremeos News



Santa arrived in Keremeos last year during Light-Up on the Harkers Organics/Rustic Roots float. *

Keremeos lights up next weekend

Keremeos marks the start of Christmas season this weekend with their annual Light-Up Celebration.

The two-day event (Friday, December 4th and Saturday, December 5th) includes a number of activities including the annual Christmas Craft Fair both days in Victory Hall, with concession and Johnny Reid Raffle Ticket sales.

The Light-Up Parade is Friday night with line-up to start at 5:00 PM and the parade to run from 5:30 PM. There will be live entertainment downtown prior to the parade as well as hot chocolate being served by CIBC.

After the parade Similkameen Country will host a social in the InfoCentre. Santa will be on site to meet children.

Hot dogs and hot chocolate will be available and Christmas Music will be provided to add to the

atmosphere.

Parade float judging will also take place with ballots available at the InfoCentre.

Santa will return Saturday for a breakfast social at a Keremeos Restaurant.

Light-Up has a long history in Keremeos according to Similkameen Country Manager Colleen Christensen.

"This event has been going on for over 25 years."

The Parade itself is one of the most visible elements in the celebration which always attracts a lot of attention and support from area businesses and organizations.

"We usually have around 50 entries for the parade and this year seems to be that many or more."

If you are considering entering the parade, Christensen says it's pretty easy.

"We are always looking for more

entries. There is no cost and entry forms can be filled out at the InfoCentre or any one can go online to our web site www.similkameencountry.org and download an application form and drop it off or fax it to Similkameen Country at (250) 499-5225."

The deadline to enter is November 30th, but last-minute entries are always accepted.

Not sure what to enter? Christensen offers a few suggestions to get you thinking.

"We would like any kind of entry. Walking entries, floats, decorated cars, decorated ATVs, Trikes, motorcycles, antique cars."

Think you'd like to get involved but don't want to enter a float? There are other ways you can assist with Light-Up.

"We are always looking for volunteers we need people to man the barricades, people to give out voting ballots and those who would like to just come to the InfoCentre and help with the children."

Parade and decorated business prizes will be awarded at the Craft Fair December 5th at 2:30 PM with the Johnny Reid ticket draw set to follow that at about 3:00 PM.

Need more information? Call the Similkameen Country InfoCentre at (250) 499-5225.

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Last week's announcement will contribute greatly to local horse racing at Sunflower Downs. *

Province establishes racing management team

The new B.C. Horse Racing Industry Management Committee will help to revitalize and restore financial strength to the province's horse racing industry, Housing and Social Development Minister Rich Coleman announced November 17th.

"Across North America, the horse racing industry is confronted with competing entertainment attractions that necessitate new, innovative approaches to this sector," said Coleman.

"Here in B.C., the Province is working with leading industry and business experts to help horse racing thrive, with a strong, coherent new management approach that includes centralized financial planning."

The horse racing industry in B.C. generates more than \$190 million annually in gross provincial revenue, and supports approximately 3,600 jobs directly and thousands of more jobs indirectly in areas such as agriculture. Horse racing was previously managed by independent groups from across the province. The new committee brings the industry together under a single team to establish and implement a more efficient financial management structure and develop a new marketing strategy to increase revenue.

The immediate focus of the committee will be to implement the new financial management structure beginning January 1, 2010, which includes:

- Reviewing and approving all industry finances.
- Managing all revenue generated from horse racing and government grants through a consolidated industry revenue fund.
- Providing financial allocations from the revenue fund to industry sectors and participants who will be accountable to the committee for the use, recording, reconciling and reporting of those allocations.
- Using these industry reports to

form the basis for annual audits and an annual industry financial report.

- Evaluating and improving the effectiveness of existing business activities.

- Developing and managing marketing strategies for the industry.

While the committee will be responsible for providing business leadership to the B.C. horse racing industry, the Province will continue to be responsible for regulating horse racing events. Once this model is formalized, decisions made by the committee will be binding.

What will this mean to Princeton's live horse racing event?

Princeton Racing Days Association President (and Interior Horse Racing President) John Bey released this statement November 20th in response to the November 17th announcement.

"I am very pleased with Honourable Rich Coleman and Assistant Deputy Minister Derek Stukos' news release. I have been working on this for over four years with the help of Brian Kozak, Richard Yates, all of the Interior race tracks and their secretaries, Cathy Inskip (IHRA) and Carol Ruoss (PRDA)."

Bey also thanked Mayors and Councils of communities involved in the Interior race circuit, MLAs and Regional District representatives.

"I believe this will improve horse racing, in the quality of the horses and performance at each track and improve tracks and equipment and bring horse racing to the forefront of live entertainment."

Backgrounder

BC Horse Racing Industry Management Committee

The committee consists of six members who were chosen for their experience managing large organizations and their strategic, financial and marketing skills. Members come from the provincial govern-

ment, horse racing industry, gaming and business sectors.

Committee members include:

- Bill Boden - largest standardbred owner in B.C. Boden is a chartered accountant, chairman of First Coal Corporation and was the founder and president of CW Funds Groups. In addition, he is the principal, chair and board member of several mining and petroleum companies.

- Michael Graydon - president and chief executive officer, BCLC. Graydon has extensive private sector experience in management, marketing, advertising and sales. He was previously vice-chair of the Canadian Chamber of Commerce and served on the board of directors of Symphony Nova Scotia and the Nova Scotia Tattoo.

- George Morfitt - chartered accountant. Morfitt is the vice-chair of both WorksafeBC and the Motor Vehicle Sales Authority of B.C., a director of the BC Safety Authority, a councillor of Health Council of Canada, adjunct professor at the University of Victoria, member of the BC Sports Hall of Fame, and a director of Canadian Sport Centre Pacific. Mr. Morfitt also served two terms as Auditor General of B.C.

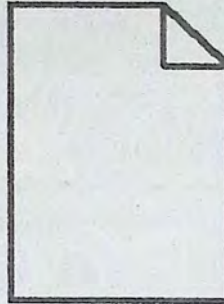
- Derek Sturko (committee chair) - assistant deputy minister and general manager, Gaming Policy and Enforcement, Province of British Columbia.

- Glen Todd - largest thoroughbred owner in B.C. Todd is the owner and operator of 18 national and international companies, a member of the B.C. and Canadian Softball Halls of Fame and the BC Sports Hall of Fame.

- Milton Woensdregt - chief financial officer, Great Canadian Gaming Corporation. Woensdregt is a chartered accountant and previously served as the interim chief financial officer for the Provincial Health Services Authority and senior vice-president of finance and chief financial officer and treasurer of Terasen Inc.

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Health / Lifestyle News

Save Your Skin: Butt Out!

(NC)—For thousands of Canadian women, looking young and staying that way seems like an endless search for the fountain of youth. But if a woman is a smoker, the key to looking youthful is more than just taking care of your skin – in fact, quitting smoking could be the most effective way to get back that gorgeous glow.

Research has shown that smoking can lead to premature aging by ten years or more. Not only does smoking reduce blood flow and deprive your skin of the nutrients it needs to repair itself and generate new cells, but smoking can also lead to a deepening of wrinkles around the eyes and lips, and to a dull or washed out complexion. The habit can even cause 'crow's feet' and 'smoker's face' – hollow cheeks created from the continual puckering from inhaling cigarettes.

The good news is it's not too late to turn back the clock. Studies show that after just one month of being smoke free, your face will start to lose its grayish pallor and become brighter and less wrinkled.

If you're ready to throw away the veil of smoke and save your skin, here are a few tips to help you on your journey:

1. **Avoid triggers.** Identify your triggers and be mindful of them at large gatherings, parties or other social settings. If you typically have a cigarette while enjoying cocktails, limit your alcohol intake to avoid the temptation to light up. Try alcohol-free versions of your favourite cocktails, sip on drinks slowly or opt for pop, sparkling water or juice instead.

2. **Carry a list of all the reasons you decided to butt out.** Carry pictures or personal notes from loved ones that highlight how much they love you and how proud they are of you for attempting to quit smoking. Take these with you and read them when you are tempted to light up.

3. **Use a therapeutic aid.** If you're

thinking about quitting smoking or are trying to quit, arm yourself with a smoking cessation tool such as nicotine replacement therapies like Nicorette gum, inhaler or lozenges, or the Nicoderm patch to double your chances of quitting successfully. More tips are available online at www.reducequit.ca.

Test Your Osteoporosis IQ

(NC)—In the fight against osteoporosis, knowledge is the best weapon. Take this quiz to see how much you know about this chronic condition that affects more than two million Canadians.

1. **Bones don't change once they're fully grown.**

False. Healthy bone constantly renews itself by removing old bone and replacing it with new bone. As you age, this process becomes less efficient. You start to lose more bone than is replaced, making your bones weaker and increasing your risk of fracture.

2. **I will be able to tell if I fracture a bone because of the pain.**

False. It may sound strange, but some fractures don't cause pain. For example, spinal fractures are often painless, making them much more difficult to diagnose and treat. Over time, vertebral fractures can cause you to become shorter and develop a curved back.

3. **I would know if I had osteo-**

porosis. False. Osteoporosis is often called the "silent thief" because it develops without symptoms that you can see or feel. Many people don't know they have bone loss until they experience a fracture.

4. **If I exercise and take calcium, I won't get osteoporosis.**

False. Exercising and taking calcium are both good for your bones and can help to delay or reduce bone loss, but that may not be enough. If you are over 50 and you've suffered a fracture after a minor fall, or lost more than 2 cm (3/4 inch) of height in the past year, you should ask your doctor about being tested for osteoporosis.

5. **Even if I have already experienced bone loss, there are many things I can do to prevent fractures.**

True. There are steps you can take to help improve your bone health, such as getting an adequate amount of calcium and vitamin D, and exercising continued on Page 23

Living Past 100

PMS? No! It's IMS

The man is grumpy, jealous, impatient, hostile, touchy, feels unloved, and is stressing about everything.

Sounds like PMS, doesn't it?

It is IMS, which is Irritable Male Syndrome. It is related to a reduction in the male hormone testosterone. Some health practitioners have called it male menopause, but the official name is now Irritable Male Syndrome (IMS).

The reduction in testosterone tends to make men too sensitive in social situations (don't say one wrong word). A man may be anxious, frustrated with everything, moody, and angry about nothing and everything.

Men suffering from IMS tend to stress about everything: money, relationships, sexual performance, work conditions, and anything else they can find to worry about. They become negative and often fail to accept that there is something wrong inside, and blame others for how they feel and behave.

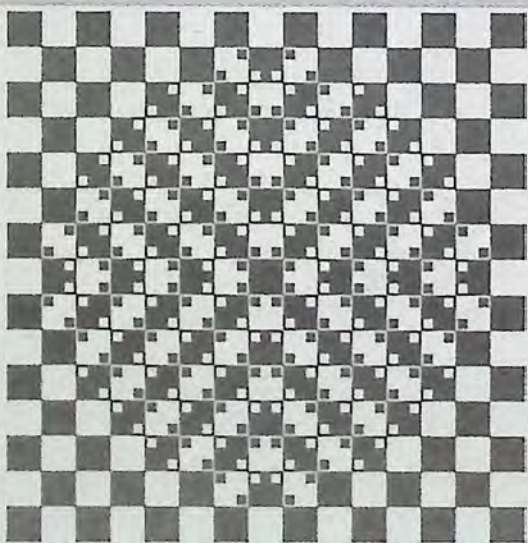
What men need to understand is that they are growing older and the high levels of testosterone of their early manhood years is declining. There is no set age for this decline, just as there is no set age for menopause, but IMS generally strikes men around age 50.

So, what can a man do if he feels stressed and has turned into an overly sensitive grouch? First, he needs to admit he is at least part of the problem. Second, he needs to take at least half an hour a day to exercise hard enough to work up a sweat. Men need exercise to maintain the level of contentment they need. The side effect of exercise on the body is improved health and physical strength.

Jed Diamond is the founder of MenAlive, a therapy and education center in Willits, California. This center deals with the problems men face as they hit middle age. He has written two books, *The Irritable Male Syndrome* (Rodale Press) and *Male Menopause* (Sourcebooks). For other information, go to www.menalive.com

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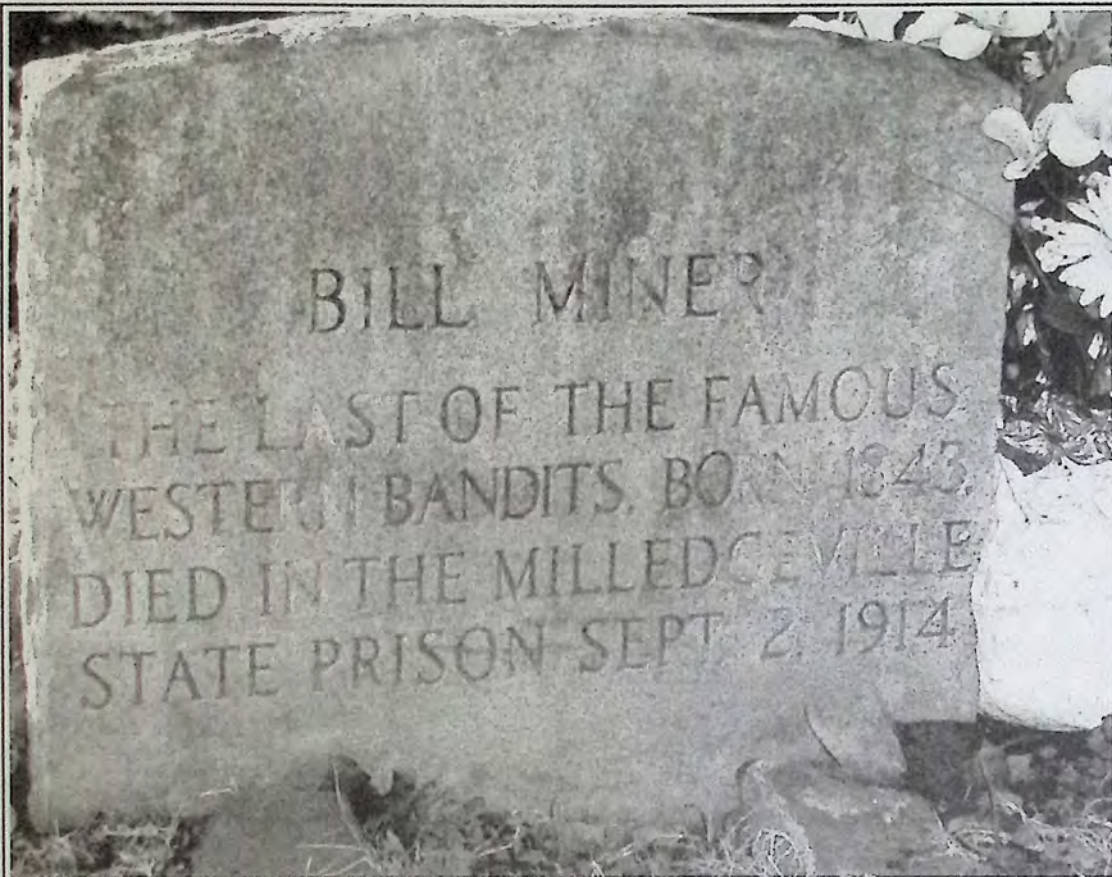
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Princeton 1860 - 2010

150 Years of Similkameen History

Nick Mills - Princeton & District Museum & Archives

William A. Miner - Part 2 "George Edwards & Friends"



Bill Miner's final resting place. Photo: Princeton Museum

In 1904 a stranger arrived in Princeton. The man was an unobtrusive, but distinguished type, with cosmopolitan habits.

Calling himself George Edwards, the newcomer to Town soon moved into a ramshackle ranch on Baldy Mountain that had been pre-empted by the rather strange and somewhat mysterious character known to the locals as Jack Budd.

Budd had first arrived in the Princeton area around 1900 and in 1902, in partnership with George Aldous, built the first Tulameen Hotel in Town, which burnt to the ground on March 2nd, 1904. On February 15th, 1902, accompanied by Podunk Davis, he left for Aspen Grove to work on the Joe Dandy group of claims which were owned by Aldous, Budd and a third party by the name of Roberts. According to the Similkameen Star dated March 16th, 1914, Budd subsequently struck it rich on the Lone Star claim at Aspen Grove and later that year, in September, he and Hans Richter of Keremeos carried off the first prizes for horsemanship at the contests held at the Vancouver Exhibition. In 1903 Budd had pre-empted 320 acres of land at Five Mile Creek, near Princeton, and ranched there until his death 48 years later.

The fact was the man was not the person who he said he was. The man who claimed the name Jack Budd was really one Rainey McDonald, a US citizen, a horseman of great repute and a proven rustler. Many later said that "Budd"

was in fact a half-brother of train robber Bill Miner, but in truth the two had served time together on one of Miner's numerous visits to San Quentin prison. What perhaps is more interesting is at that time the name of the prison Governor was a John Budd! Unfortunately, time in jail did nothing to quell McDonald's enthusiasm for

rustling and when, at the age of 54, US lawmen finally caught up with him again, he was left with no option, as was the way of the times, to flee across the border into Canada, changing his name in the process.

Bearing in mind their past friendship and Budd's ability with horses continued on Page 23



Jack Budd walking down Bridge Street. This photo was taken shortly before his death in 1948. Photo: Princeton Museum

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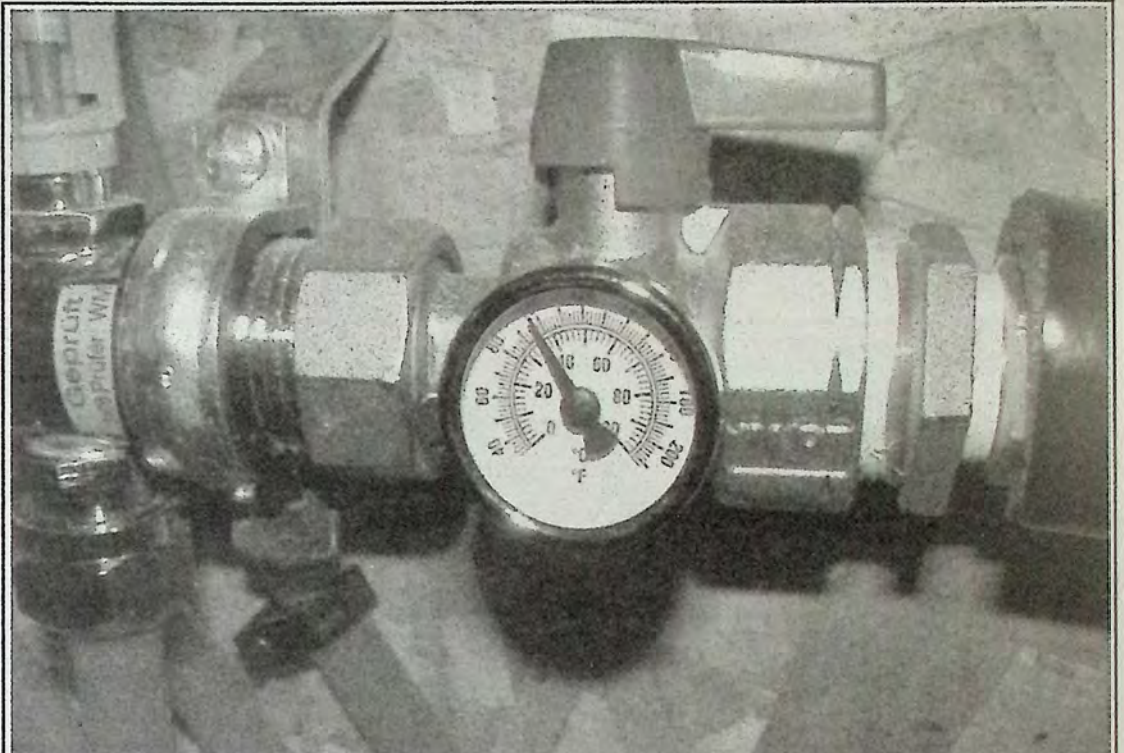
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The switch went on for the heat radiant flooring in the Posse Training Centre November 18th. This gauge shows the hot water going through the system is at 97 degrees F. *

The Green Corner

Reduce Your Impact On The Environment

(NC)—With new 'green' products launching all the time, a recent survey shows that Canadians are facing some confusion about how to make their laundry habits more sustainable. The Leger survey, sponsored by Tide Canada, revealed that nine in ten Canadians said it's very important to them to use an environmentally-friendly detergent. However, when asked to identify what makes a laundry detergent "environmentally-friendly," most respondents (33%) chose "phosphate-free."

"What might be surprising to consumers is that most laundry products sold in Canada are phosphate-free and have been for several years," says Robert Pettifer, product researcher, Procter & Gamble.

As environmental awareness has increased, consumers have become bombarded with green messaging, some of which is confusing. In addition to suggesting phosphate-free products, survey respondents also selected biodegradable (26%) and

natural/organic (14%) to round out the top three things that make a laundry detergent more environmentally-friendly.

Consumer confusion may stem from an overuse of the word "green" in product names. Almost two thirds of Canadians surveyed (64%) believe that laundry products with 'green' in the name are more environmentally-friendly but there are many factors to take into account such as the size of the packaging, if the container is recyclable, how much energy is used in shipping and manufacturing, or if it is compatible with energy-saving appliances.

According to Pettifer, when it comes to laundry behaviour, the ability to make a difference is in the hands of the consumer. "Two of the best things you can do when washing your clothes is to wash in cold water and use a high-efficiency machine," he says.

Pettifer stresses that these are small changes, like switching to compact fluorescent light bulbs or using cloth

grocery bags: "The changes are easy to incorporate into our lives because they involve something you would be doing anyway," he maintains.

Canadians have embraced cold-water washing, with 82 per cent agreeing that washing in cold water can be just as effective as washing in warm or hot water. However, while 30 per cent of the respondents currently use a high-efficiency washing machine, only slightly over half are aware that they need to use a specially-formulated detergent for best results.

Making the switch to cold water can save 50 per cent of the energy in every load and using a high-efficiency machine can deliver even more savings in water. "Most of the energy used to wash your clothes goes to heating the water," says Pettifer.

"Switching to cold-water washing is an easy way to make a difference while still getting great cleaning results." - News Canada



The cold water gauge shows a temperature of 47 degrees F. *



News Leader Entertainment

Similkameen News Leader TV Guide Listings - November 24 - 30, 2009



The KIJHL signed a deal with Firststar Sports early this month. *

Posse benefits from league sponsorship

The Kootenay International Junior Hockey League (KIJHL) announced November 15th that a multi-year corporate partnership agreement had been signed with Firststar Sports Inc. The multi-year agreement gives Firststar Sports Inc. the naming rights of "official jersey and performance apparel supplier" to the KIJHL. The deal is a 3 year agreement between the KIJHL and Firststar that is sure to enhance the brand and image of the KIJHL.

"We are very excited to have Firststar on board as a major corporate sponsor with the KIJHL," says KIJHL President, Bill Ohlhausen.

"Having a partner like Firststar allows our league to grow in ways that we haven't seen to this point in our history. The quality of our on-ice product, the quality of our brand, and our positioning in the North American hockey hierarchy has dramatically improved overnight by associating ourselves with a brand like Firststar."

"We are proud to have reached a multi-year agreement with the KIJHL," states corporate Director of Firststar, Matt Stermer.

"We are excited for what the future holds for our company and the KIJHL as they are the leading developmental Junior hockey league in North America. They are serious about increasing the profile

of their brand and we are happy to help them achieve that goal."

What does this mean to the Princeton Posse?

"This is huge," says team Marketing Director George Elliott.

"The KIJHL has spent a lot of time and effort in developing league-wide corporate sponsorship opportunities and I see Firststar as the first of many to jump on board."

Elliott adds, "The league is moving forward in a big way and is positioning itself as a first-class, professionally run hockey league in Canada which is already attracting attention."

While it is not known exactly how much of the sponsorship deal from Firststar will translate into financial support to each individual team, the deal gives each team large discounts on product purchasing.

"That alone will save the Posse a bundle of money on player equipment costs," Elliott says.

"It instantly has improved the financial picture for Princeton's community-owned hockey team which will pay dividends down the road when we need to replace worn out items."

Through this partnership KIJHL fans will be able to order the very best clothing that Firststar has to offer, featuring their favourite KIJHL team's logo, through

Firststar's online shop at www.firststar-sports.com.

Orders can be placed online, through your local team or retailer and will be available soon.

For more information on Firststar Performance Apparel and the products they offer please visit: www.firststarsports.com. For all your KIJHL scores, stats, new stories and webcasts visit www.kijhl.ca and look for the new league website to be launched later this month.

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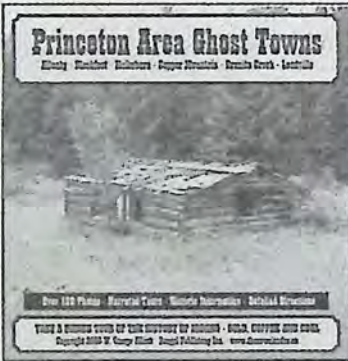
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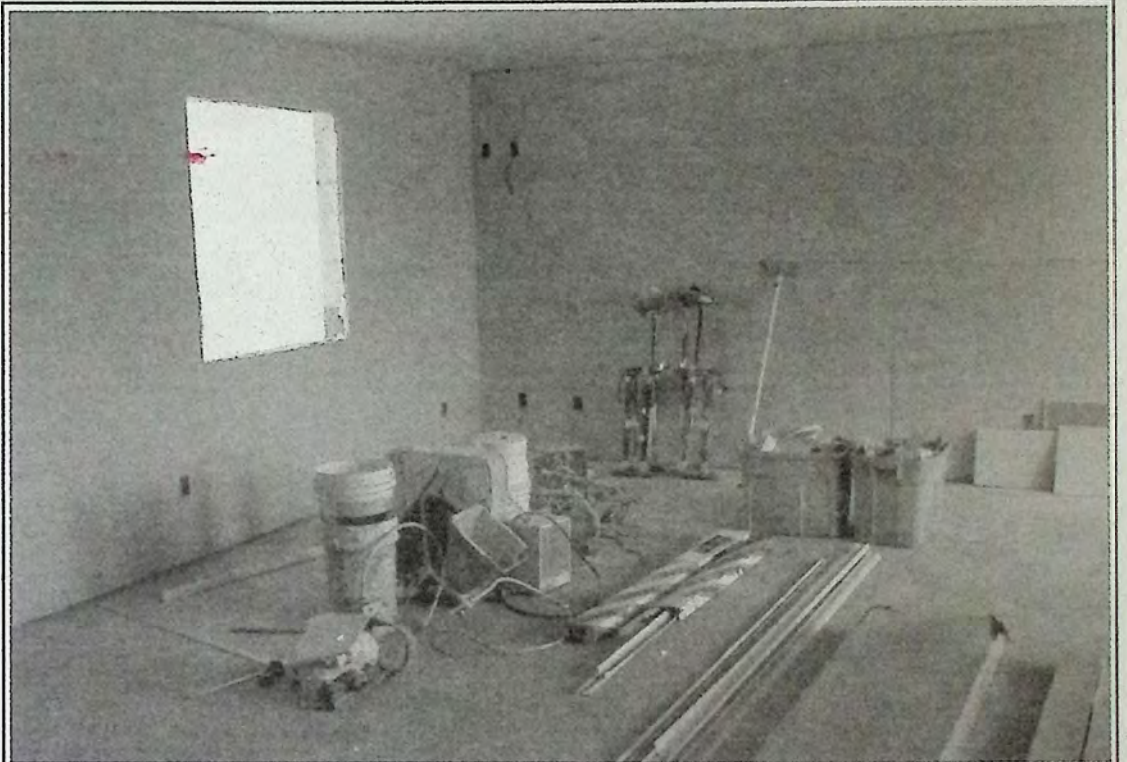
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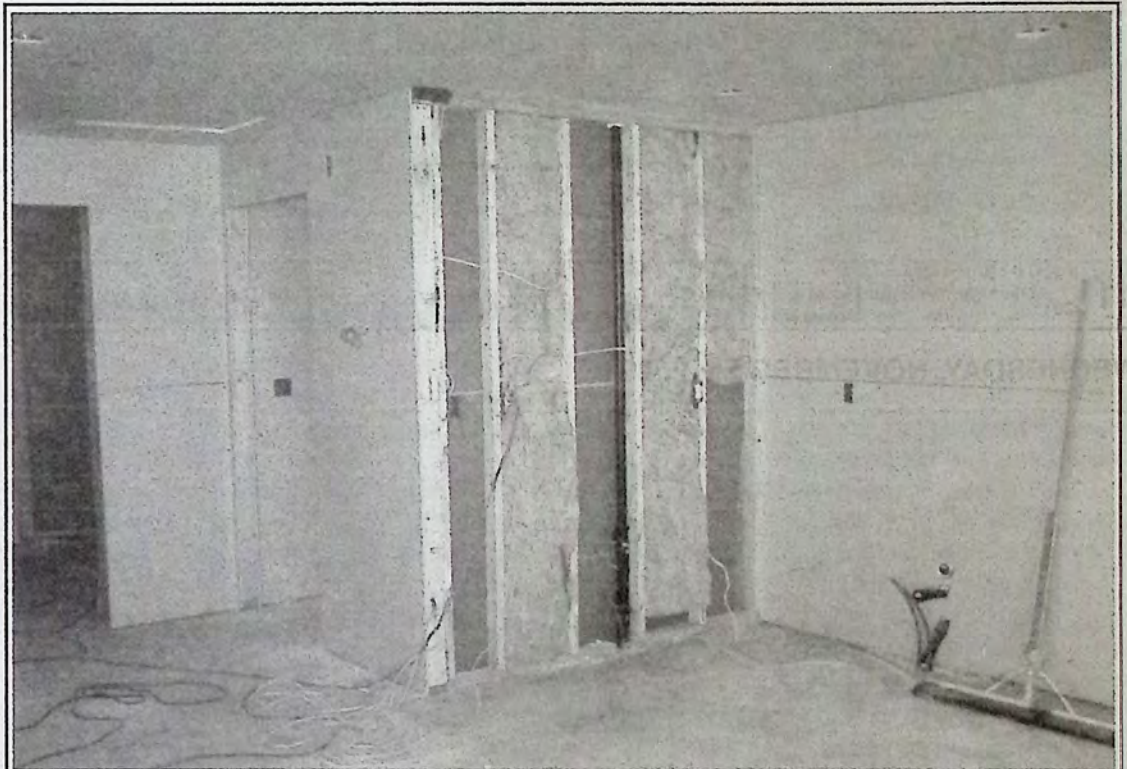
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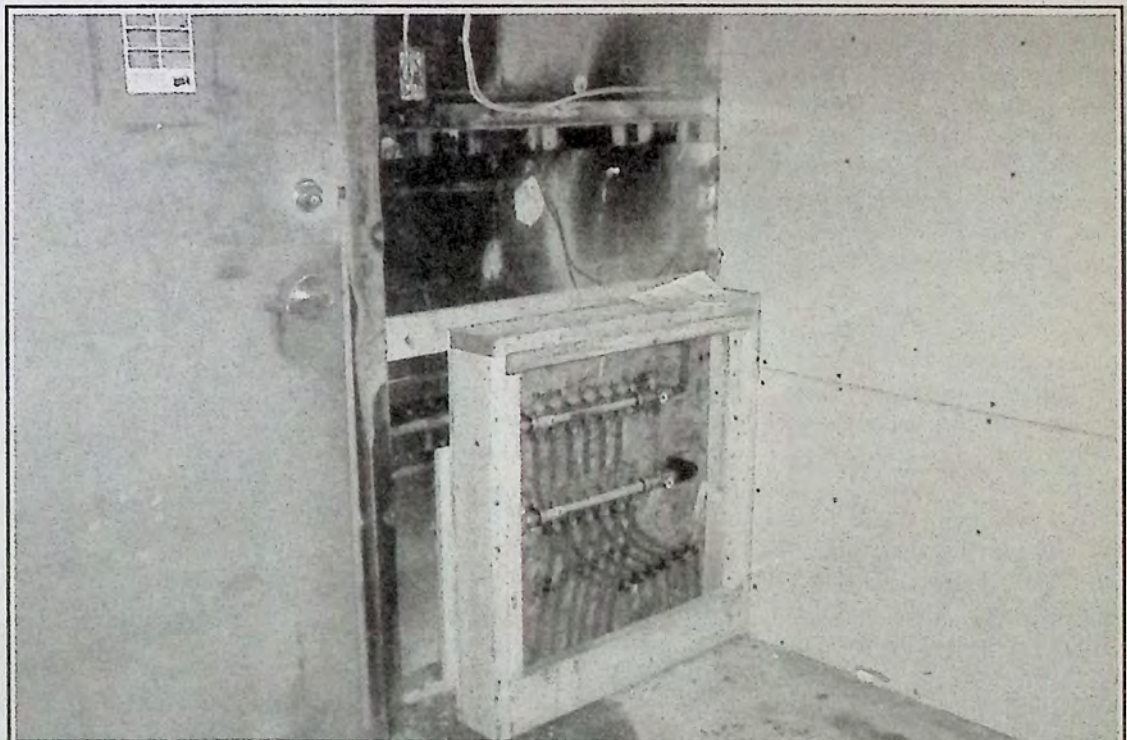
Posse Training Centre



Drywalling was completed November 18th. Mud and tape is next! *



The washroom is framed and insulated. Work continues this week. *



The radiant heat control panel was installed November 18th. Evidence of the fire that destroyed the building can still be seen above the panel. The system pumps warm water through tubing in the floor. *

TUESDAY, NOVEMBER 24, 2009

	WTBS (3)	CHBC (4)	KNOW (5)	KSPS (6)	KHQ (7)	KREM (8)	A&E (9)	KXLY (10)	BCTV (11)	CITV (12)	CBC (13)	YTV (18)	TSN (19)	VTV (22)	DISC (24)	FAM (26)	CITY (29)	SPIKE (44)	TROP (45)
6 AM	In the Heat of the Night	(5:30) Morning News (N)	Franklin George S.	Thomas Lions	News (N)	News	American Justice	News	(5:30) Morning News (N)	(4:30) Morning News (N)	CBC News Now (N)	Being Ian Viva Piñata	SportsCentre	Canada AM	Daily Planet	Henry's Feet	CityLine	CSI: Crime Scn	Power Play
7 AM	Cosby		Clifford the Big Red Dog (DVS)	Arthur (EI) Martha	Today Alicia Keys sings: Al Roker's	The Early Show (N)	CSI: Miami	Good Morning America (N)			Dirtgirl Animal	SpongeBob Rollbots	SportsCentre		Monster Moves	Mickey Mickey	The Tyra Show (N)	CSI: Crime Scn	The Outer Limits
8 AM	Harvey		Curious	Sid the Science Kid	"The Morning Show"		Cold Case Files		100 Huntley Street	100 Huntley Street	Bo on Go Busytown	Pokemon Kid vs. Kat	SportsCentre		Canada's Worst Driver	Handy Handy	Rachael Ray	CSI: Crime Scn	North of 60
9 AM	Fam. Feud	100 Huntley Street	Spider-Man	Super Why!	Murders: holiday overspending. (N)	The 700 Club	The First 48	Regis and Kelly	100 Huntley Street	World Vision	Super Why! Wilbur	Rolie Polie Timothy	Fishing	Regis and Kelly	Daily Planet	Feet	News	CSI: Crime Scn	Soap
10 AM	Reba	PLAN Canada	Sesame Street (N) (10:35)	Sesame Street (EI)		The Price Is Right (N)	Criminal Minds	The View (N)	PLAN Canada	Debt Part ET Canada	Poko Doodlebop	Berenstain Willa's	30 for 30	The View (N)	Human Toolkit	Mickey Handy	The O.C.	CSI: Crime Scn	Dawson's Creek
11 AM	Jim Name Earl	World Vision	Rolie Polie Berenstain	Clifford Sit-Be Fit	Ellen DeGeneres Show	Young and the Restless	The Sopranos	Foreclos Paid Prog.	World Vision	(10:59) Noon News Hour (N)	Gofrette Dirtgirl	(11:10) Erky George S.	Tennis	Fashion	Austin Stevens	Phineas Suite Life	CityLine	CSI: Crime Scn	Raymond
12 PM	King King	Noon News Hour (N)	Maggie (12:35)	Charlie Rose	Paid Prog. Bold	News Bold	American Justice	All My Children (N)	Noon News Hour (N)	Days of our Lives (N)	CBC News Now (N)	Mr. Men GoGoRiki		etalk	Mighty Ships	Wizards Montana	The Bonnie Hunt Show	CSI: Crime Scn	Seinfeld
1 PM	Seinfeld	As the World Turns (N)	Wibbly Pig Dinosaur	Your Brush Quilting	Days of our Lives (N)	As the World Turns (N)	CSI: Miami	One Life to Live (N)	As the World Turns (N)	As the World Turns (N)	Life & Times	Viva Piñata Jacob	OverBolts	Sue Thomas: F.B. Eye	Canada's Worst Driver	Cory Recess	Judge J.	CSI: Crime Scn	'70s Show
2 PM	Friends	Young and the Restless	Franklin BluesClues	Barney WordWorld	The Bonnie Hunt Show	Let's Make a Deal (N)	Cold Case Files	General Hospital (N)	Young and the Restless	The Doctors	Steven and Chris	Casper Neutron	Horn Interruption	Dr. Phil	MythBusters	Replace School	CityNews at 5 (N)	CSI: Crime Scn	3's Co.
3 PM	The Office Name Earl	The Doctors	(3:01) Little Bear	WordGirl Electric	Judge Judge	Dr. Phil	The First 48	Rachael Ray	The Doctors	Young and the Restless	Fashion F. Mercer	Barnyard SpongeBob	Off-Record Sports	(2:59) The Dr. Oz Show	Destroyed	Life Derek Suite Life	CityNews at 6 (N)	CSI: Crime Scn	Parker
4 PM	Family Guy	Oprah Winfrey	WordWorld George S.	Fetch! Ruff Cyberchas	Judge J. Judge J.	Oprah Winfrey	Criminal Minds	Deal No Deal No	Oprah Winfrey	(3:59) Early Global	Ghost Whisperer	SpongeBob OddParent	NHL Hockey: Columbus Blue Jackets at Montreal Canadiens.	Ellen DeGeneres Show	Daily Planet	Phineas Wizards	Law & Order: SVU	UFC Unleashed	'70s Show
5 PM	Payne	Early News	Babar	BBC News	News (N)	News	Criminal Minds	News	Early News	(4:59) News Hour (N)	CBC News: Vancouver (N)	OddParent	SpongeBob	CTV News at Five (N)	How-Made	Suite Life Zoey 101	The Biggest Loser (N)	Ultimate Knockouts 6	The Outer Limits
6 PM	Law & Order: SVU	Global News	Taste Buds Dogs	News-Lehrer	News (N) Millionaire	News Hollywood	Hoarders "Patty; Bill"	News	(5:59) News Hour (N)	ET Canada	Entertain Coronatn	iCarly		CTV News (N)	Destroyed	Wizards		Ultimate Knockouts 5	Switch (N)
7 PM	Movie: "Sister Act" (1992)	Entertain ET Canada	Frontiers of Nova (N) (DVS)	Nova (N) (DVS)	Jeopardy! Fortune	The Doctors "Tara; Betty"	Hoarders "Tara; Betty"	Entertain The Insider	Entertain ET Canada	The Good Wife (N)	Fortune Jeopardy!	Drake Indie	SportsCentre (Live)	etalk	Time Warp (N)	Sonny Suite Life	The Jay Leno Show (N)	UFC Unleashed	Family Guy
8 PM	Whoopi Goldberg.	NCIS "Child's Play" (N)	Stephen Fry in America	At Close Range	The Biggest Loser (N)	NCIS "Child's Play" (N)	Hoarders "Patty; Bill"	V (N)	NCIS "Child's Play" (N)	NCIS "Child's Play" (N)	Mercer 22 Minutes	Chris	Off-Record	V (N)	Daily Planet	Overruled! Montana	CityNews	UFC Unleashed	'70s Show
9 PM	Movie: "Sister Act" (1992)	NCIS: Los Angeles (N)	Movie: "Dreams With Sharp Teeth"	Frontline (N) (DVS)	The Jay Leno Show (N)	The Good Wife (N)	Hoarders "Patty; Bill"	(9:01) Criminal Minds	(9:01) Dancing With the Stars (Same-day Tape)	NCIS: Los Angeles (N)	Belng Erica (N)	8 Rules What I Like	World Poker	(9:01) Dancing With the Stars (Same-day Tape)	Destroyed	Wizards Buzz	Make Me a Supermodel	Prisoners-Ctrl	Family Guy
10 PM	Whoopi Goldberg.	The Good Wife (N)	Teeth Eden	Independen 1 Lens (N)	The Jay Leno Show (N)	The Good Wife (N)	Hoarders "Patty; Bill"	(10:01) Stars	The Good Wife (N)	News Hour Final (N)	National Family Biz	World Poker	Stars (Same-day Tape)	Time Warp	School Cory	Coach Judge	CSI: Crime Scn	Married...	
11 PM	In the Heat of the Night	CHBC News Final (N)	(11:09) School of Secrets	Charlie Rose (N)	News (N) Tonight	News Late Show	Hoarders "Tara; Betty"	News (11:35)	News Hour Final (N)	Entertain ET Canada	(11:05) The Hour	Adrenaline Mystery	SportsCentre (Live)	CTV News	How-Made	So Raven Life Derek	Home Imp. Paid Prog.	Star Trek: Voyager	3's Co.

WEDNESDAY, NOVEMBER 25, 2009

	WTBS (3)	CHBC (4)	KNOW (5)	KSPS (6)	KHQ (7)	KREM (8)	A&E (9)	KXLY (10)	BCTV (11)	CITV (12)	CBC (13)	YTV (18)	TSN (19)	VTV (22)	DISC (24)	FAM (26)	CITY (29)	SPIKE (44)	TROP (45)
6 AM	In the Heat of the Night	(5:30) Morning News (N)	Franklin George S.	Bob Build Lions	News (N)	News	American Justice	News	(5:30) Morning News (N)	(4:30) Morning News (N)	CBC News Now (N)	Being Ian Viva Piñata	SportsCentre	Canada AM	Daily Planet	Henry's Feet	CityLine	CSI: Crime Scn	Crow-Stairway
7 AM	Cosby		Clifford the Big Red Dog (DVS)	Arthur (EI) Martha	Today Bon Jovi; Money 911;	The Early Show (N)	CSI: Miami	Good Morning America (N)			Dirtgirl Animal	SpongeBob Dinosaur	SportsCentre		Hel-Loggers	Mickey Mickey	The Tyra Show (N)	CSI: Crime Scn	The Outer Limits
8 AM	Harvey		Curious	Sid the Science Kid	Thanksgiving cocktails; last-minute cooking tips. (N)		Cold Case Files		100 Huntley Street	100 Huntley Street	Bo on Go Busytown	Pokemon Kid vs. Kat	SportsCentre		How-Made	Handy Handy	Rachael Ray	CSI: Crime Scn	North of 60 "The Trial"
9 AM	Fam. Feud	100 Huntley Street	Spider-Man	Super Why!	Murders: holiday overspending. (N)	The 700 Club	The First 48	Regis and Kelly	100 Huntley Street	Hospital for Sick Kids	Super Why! Wilbur	Rolie Polie Timothy	Timber	Regis and Kelly	Daily Planet	Feet	News	CSI: Crime Scn	Reality
10 AM	Reba	World Vision	Spider-Man (10:35)	Sesame Street (EI)		The Price Is Right (N)	Criminal Minds	The View (N)	World Vision	Debt Part ET Canada	Poko Doodlebop	Berenstain Willa's	30 for 30	The View (N)	Destroyed	Mickey Handy	The O.C.	CSI: Crime Scn	Dawson's Creek
11 AM	Jim Name Earl	Hospital for Sick Kids	Rolie Polie Berenstain	Clifford Sit Be Fit	Ellen DeGeneres Show	Young and the Restless	The Sopranos	Paid Prog. Paid Prog.	Hospital for Sick Kids	(10:59) Noon News Hour (N)	Gofrette Dirtgirl	(11:10) Erky George S.	Tennis	Fashion	Verminator	Phineas Suite Life	CityLine	CSI: Crime Scn	Raymond
12 PM	King King	Noon News Hour (N)	Maggie (12:35)	Charlie Rose	Paid Prog. Bold	News Bold	American Justice	All My Children (N)	Noon News Hour (N)	Seinfeld	CBC News Now (N)	Mr. Men GoGoRiki		etalk	Megabuilders	Wizards Montana	The Bonnie Hunt Show	CSI: Crime Scn	Seinfeld
1 PM	Seinfeld	As the World Turns (N)	Wibbly Pig Dinosaur	Art Work Sewing	Days of our Lives (N)	As the World Turns (N)	CSI: Miami	One Life to Live (N)	As the World Turns (N)	As the World Turns (N)	Life & Times	Viva Piñata Jacob	OverBolts	Sue Thomas: F.B. Eye	Time Warp	Cory Recess	Judge J.	CSI: Crime Scn	King
2 PM	Friends	Young and the Restless	Franklin BluesClues	Barney WordWorld	The Bonnie Hunt Show	Let's Make a Deal (N)	Cold Case Files	General Hospital (N)	Young and the Restless	The Doctors	Steven and Chris	Casper Neutron	Horn Interruption	Dr. Phil	MythBusters	Replace School	CityNews at 5 (N)	CSI: Crime Scn	3's Co.
3 PM	The Office Name Earl	The Doctors	(3:01) Little Bear	WordGirl Electric	Judge Judge	Dr. Phil	The First 48	Rachael Ray	The Doctors	Young and the Restless	Fashion F. Mosque	Barnyard SpongeBob	Off-Record Sports	(2:59) The Dr. Oz Show	How-Made	Life Derek Suite Life	CityNews at 6 (N)	CSI: Crime Scn	Project Runway Canada
4 PM	Family Guy	Oprah Winfrey	WordWorld George S.	Fetch! Ruff Cyberchas	Judge J. Judge J.	Oprah Winfrey	Criminal Minds	Deal No Deal No	Oprah Winfrey	(3:59) Early Global	Ghost Whisperer	SpongeBob OddParent	NHL Hockey: Toronto Maple Leafs at Tampa Bay Lightning.	Ellen DeGeneres Show	Daily Planet	Phineas Wizards	Law & Order: SVU	UFC Unleashed	King
5 PM	Law & Order: SVU	Early News	Babar	BBC News	News (N)	News	Dog the Bounty Hunter	News	Early News	(4:59) News Hour (N)	CBC News: Vancouver (N)	OddParent	SpongeBob	CTV News at Five (N)	Pitchmen	Suite Life Zoey 101	The Biggest Loser "Where Are They Now?" (N)	UFC Unleashed	The Outer Limits
6 PM	The Office	Global News	Creatures Dogs	News-Lehrer	News (N) Millionaire	News Hollywood	Dog the Bounty Hunter	News	(5:59) News Hour (N)	ET Canada	Entertain Coronatn	iCarly		CTV News (N)	Mega Builders (N)	Montana Wizards		The Ultimate Fighter	ET Canada
7 PM	Movie: "28 Days" (2009)	Entertain ET Canada	Arctic Mission: Climate	Secrets of the Dead (N)	Jeopardy! Fortune	The Doctors	Dog	Entertain The Insider	Entertain ET Canada	Melrose Place "Grand"	Fortune Jeopardy!	Drake Weird	NHL Hockey: Phoenix Coyotes at Calgary Flames. (Live)	etalk	Mayday "Falling Fast"	Sonny Suite Life	The Jay Leno Show (N)	The Ultimate Fighter	Family Guy
8 PM	Sandra Bullock.	Bones	Mao: A Chinese Tale	American Masters	The Biggest Loser "Where Are They Now?" (N)	Christine Gary	Manhunter	Family The Middle	Bones	Bones	Dragons' Den (N)	Malcolm Chris		Medium (N)	Daily Planet	Overruled! Montana	CityNews	Super	King
9 PM	The Office	Glee "Hairography" (N)	Suzie LeBlanc	NW Profil	Criminal Minds "100"	(9:01) Dog the Bounty Hunter	(9:01) Dog the Bounty Hunter	Family Cougar	Glee "Hairography" (N)	Glee	Geologic Journey	8 Rules What I Like	Sports	Criminal Minds "100"	Mayday "Falling Fast"	Wizards Buzz	Celebrity Fit Club	Riots-Control	Family Guy
10 PM	Movie: "28 Days" (2009)	Melrose Place "Grand"	Suzie LeBlanc	Jack Lemmon	The Jay Leno Show (N)	CSI: NY	(10:01) Dog the Bounty Hunter	(10:01) Eastwick (N)	Melrose Place "Grand"	News Hour Final (N)	National Family Biz	World Poker	Timber	CSI: NY (N)	Pitchmen	School Cory	Coach Judge	CSI: Crime Scn	Married...
11 PM	Heat	CHBC News Final (N)	(11:09) School of Secrets	Charlie Rose (N)	News (N) Tonight	News Late Show	Dog	News (11:35)	News Hour Final (N)	ET Canada	(11:05) The Hour	Adrenaline Mystery	SportsCentre (Live)	CTV News	Mega Builders	So Raven Life Derek	Home Imp. Paid Prog.	Star Trek: Voyager	3's Co.

Similkameen News Leader - Horoscopes

November 25 - December 2, 2009

Aries - This is a good time of year for you. One of the things you should do this week is broaden your horizons through study, reading, expanding your mind. Boost your brain!

Taurus - This is a good time to get in touch with your inner self, your emotional health, and plan for changes in your life. Express your inner self. Pay attention to your health, fitness.

Gemini - Work with other people now. Listen to others even when you are tempted to argue. Workplace activities run smoothly, health is good. Watch out for injuries to fingers.

Cancer - Your job and your health demand attention now. Job may be hectic. Guard against throat and lung infections. Get plenty of rest. Clear up matters with children now. Be gentle.

Leo - This is the beginning of one of your favourite times of year. You do love the pre-Christmas season. Meet your daily obligations, but make plans for helping others enjoy life.

Virgo - Your mind is focused on home and family. This is a good time to clean house, make your home a haven, and to interact with older family members. Communication is the key.

Libra - You are busy with short trips and errands at this time. The temptation to spend should be curbed to reasonable levels. Increase interaction with friends, neighbours.

Scorpio - You could find you're bogged down with paperwork related to your financial situation. Do the work, it's important. Improve personal appearance this week. Look for value.

Sagittarius - At this time of year, you are able to recharge yourself for the coming year. You can project yourself better now. Make an impression on others. Improve your image.

Capricorn - Look back over the year and see how well you have managed the art of living. You need time alone to reflect in peace and quiet. Writing in a journal will help clarify life.

Aquarius - Groups you belong to are important now. pay attention to those relationships. How well do you meet each other's needs? Career runs smoothly. Others bring fun.

Pisces - Career is busy, may be challenging. Things smooth out by end of the week. Interaction with parent (s) is important now if there are problems. Be yourself, be honest with everyone.

Tuesday Movies

EVENING

7:00 pm WTBS (3) ★★ "Sister Act" (1992, Musical Comedy) Whoopi Goldberg. A Reno lounge singer on the run plays nun and shows a San Francisco convent's chorus how to rock. (E)

9:00 pm WTBS (3) ★★ "Sister Act" (1992, Musical Comedy) Whoopi Goldberg. A Reno lounge singer on the run plays nun and shows a San Francisco convent's chorus how to rock. (E)
KNOW (5) "Dreams With Sharp Teeth" (2007, Documentary) (E)

Similkameen News Leader

WE'RE DIFFERENT, AND WE LIKE THAT.

Wednesday Movies

EVENING

7:00 pm WTBS (3) ★★ "28 Days" (2000, Comedy-Drama) Sandra Bullock. A writer is forced to come to

terms with her addictions. (E)
9:30 pm WTBS (3) ★★ "28 Days" (2000, Comedy-Drama) Sandra Bullock. A writer is forced to come to terms with her addictions. (E)

Thursday Movies

AFTERNOON

2:00 pm KHQ (7) ★★ "Dr. Dolittle" (1998, Comedy) Eddie Murphy. A 20th-century San Francisco doctor rediscovers his ability to communicate with animals. (In Stereo) (E)

tle for his young daughters. (E)
9:30 pm WTBS (3) ★★ "Daddy's Little Girls" (2007, Romance) Gabrielle Union. An unexpected romance blooms between a struggling mechanic and the attorney who is representing him in a custody battle for his young daughters. (E)

EVENING

7:00 pm WTBS (3) ★★ "Daddy's Little Girls" (2007, Romance) Gabrielle Union. An unexpected romance blooms between a struggling mechanic and the attorney who is representing him in a custody bat-

11:00 pm SPIKE (4) ★★½ "Beavis and Butt-head Do America" (1996, Comedy) Voices of Mike Judge. Premiere. Animated. Numbskull teens wander after their stolen television and into the clutches of arms dealers. (In Stereo)

Friday Movies

EVENING

7:00 pm WTBS (3) ★★ "Men in Black II" (2002, Comedy) Tommy Lee Jones. Two interstellar agents try to stop an alien disguised as a lingerie model from destroying the world. (E)
CITY (12) ★★ "Ice Age: The Meltdown" (2006, Comedy) Voices of Ray Romano. Premiere. Animated. Manny, Sid and Diego reunite to warn their friends about the danger to their homes posed by swiftly melting ice. (In Stereo) (E)

9:00 pm CITY (29) ★★ "Bull Durham" (1988, Romance-Comedy) Kevin Costner. A literary baseball groupie romances a pitcher and a catcher on a minor-league North Carolina team. (E)

YTV (18) ★ "Material Girls" (2006, Comedy-Drama) Hilary Duff. Two sibling cosmetics heiresses must grow up quickly when a company scandal leaves them penniless. (In Stereo) (E)
7:30 pm FAM (26) "Skyrunners" (2009, Science Fiction) Kelly Blatz. Premiere. A teen and his younger brother uncover an extraterrestrial plot against Earth. (In Stereo) (E)

9:04 pm FAM (26) ★★ "Max Keeble's Big Move" (2001, Comedy) Alex D. Linz. When his parents announce they are moving, a schoolboy decides to take revenge against his tormentors. (In Stereo) (E)

9:15 pm WTBS (3) ★★ "Men in Black II" (2002, Comedy) Tommy Lee Jones. Two interstellar agents try to stop an alien disguised as a lingerie model from destroying the world. (E)

8:00 pm CHBC (4) BCTV (11) ★★ "Ice Age: The Meltdown" (2006, Comedy) Voices of Ray Romano. Premiere. Animated. Manny, Sid and Diego reunite to warn their friends about the danger to their homes posed by swiftly melting ice. (In Stereo) (E)

10:00 pm KNOW (5) ★★ "Long Night's Journey Into Day" (2000, Documentary) Mary Burton. Premiere. Filmmakers Frances Reid and Deborah Hoffmann document four cases of racial violence that took place during South African apartheid. (E)

KHQ (7) VTV (22) ★★ "The 40-Year-Old Virgin" (2005, Romance-Comedy) (PA) Steve Carell. Three dysfunctional co-workers embark on a mission to help their newfound friend lose his sexual innocence. (In Stereo) (E)

10:30 pm FAM (26) ★★ "Around the World in 80 Days" (2004, Adventure) Jackie Chan. With help from his two sidekicks, an eccentric inventor bets he can circle the globe in less than three months. (In Stereo) (E)

SPIKE (4) ★★ "Lethal Weapon" (1987, Action) Mel Gibson. A detective with a family hunts drug smugglers with his new partner, a loner with a death wish. (In Stereo) (E)

Similkameen News Leader - Recipe Corner

Recipe #299

California Kiwi Sandwich

(NC)—This delicious combination of creamy cheese, tangy olives and California kiwi on grainy bread is a quick and modern take on a sandwich.

- 1 California kiwi or pear
- 2 strips home-roasted or store-bought roasted red peppers
- 2 slices grainy sandwich bread
- 4 tsp olive paste or tapenade 20 mL
- 3 tbsp goat or Boursin cheese, at room temperature 45 mL
- sprouts to taste

Peel kiwi, then thinly slice. If using pear, peel if you wish, core and thinly slice.

Wash and pat pepper dry. Spread 1 side of each bread slice with olive paste, then spread with cheese. Top 1 side with red pepper, then kiwi and some sprouts. Top with other bread slice, cheese side down.

Makes 1 sandwich.

Source: Recipe provided by Heather Trim and Brian MacDonald.

- News Canada

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RESUME

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THURSDAY, NOVEMBER 26, 2009

	WTBS (3)	CHBC (4)	KNOW (5)	KSPS (6)	KHQ (7)	KREM (8)	A&E (9)	KXLY (10)	BCTV (11)	CITY (12)	CBC (13)	YTV (18)	TSN (19)	VTV (22)	DISC (24)	FAM (26)	CITY (29)	SPIKE (44)	TROP (45)
6 AM :30	In the Heat of the Night	(5:30) Morning News (N)	Franklin George S.	Thomas Lions	News (N)	News	The First 48	News	(5:30) Morning News (N)	(4:30) Morning News (N)	CBC News Now (N)	Being Ian Viva Piñata	SportsCentre	Canada AM	Daily Planet	Henry's Feet	CityLine	Wild World Band of Brothers	Traders "Rumours"
7 AM :30	Cosby		Clifford the Big Red Dog (DVS)	Arthur (EI) Martha	Today Salvation Army	The Early Show (N)	The First 48	Good Morning America (N)			Dirtygirl Animal	SpongeBob Yu Gi Oh	SportsCentre		How-Made	Mickey	The Tyra Show		The Outer Limits
8 AM :30	Harvey		Sid the Science Kid	Curious	Thanksgiving (N)		The First 48			100 Huntley Street	Bo on Go Bustrystown	Pokemon Kid vs. Kat	SportsCentre	Super Ships "Top Ten"	Handy	Rachael Ray		Band of Brothers	North of 60 "Refugees"
9 AM :30	Fam. Feud	100 Huntley Street	Super Why! Dinosaur	Macy's Thanksgiving Day Parade (Same-day Tape)	Thanksgiving Day Parade on CBS (Same-day Tape)		The First 48	Regis and Kelly	100 Huntley Street	World Vision	Super Why! Wilbur	Rolie Polie Timothy	Motoring Speed	Regis and Kelly	Feet	Agent Oso	News	Band of Brothers	Make What
10 AM :30	Reba	World Vision	Spider (10:35)	Sesame Street (EI)	Parade (Same-day Tape)		The First 48	The View	World Vision	Children ET Canada	Poko Doodlebop	Berenstain Willa's	E:60	The View	Pitchmen	Mickey Handy	Football: Green Bay Packers at Detroit Lions (Live)	Band of Brothers	Dawson's Creek
11 AM :30	Jim Name Earl	Children TV Made	Rolie Polie Berenstain	Clifford Sit-Be Fit			The First 48	Slim Down Paid Prog.	Children TV Made	(10:59) Noon News Hour (N)	Gofrette Dirtygirl	(11:10) Erky George S.	World Poker	Fashion	Mega Builders	Phineas Suite Life		Band of Brothers	Raymond
12 PM :30	King	Noon News Hour (N)	Maggie (12:35)	Charlie Rose	The National Dog Show (N)	Backroads NFL	The First 48	All My Children (N)	Noon News Hour (N)	Days of our Lives (N)	CBC News Now (N)	Mr. Men GoGoRiki	World Poker	etalk TBA	Mayday "Falling Fast"	Wizards Montana	Postgame	Band of Brothers	Seinfeld
1 PM :30	Seinfeld	To Be Announced	Go Diego Dinosaur	Simp Paint Quilting		NFL Football: Oakland Raiders at Dallas Cowboys. (Live)	The First 48	One Life to Live (N)	To Be Announced	To Be Announced	Life & Times	Viva Piñata Jacob	Tennis	Sue Thomas: F.B.Eye	Destroyed Recess	Cory	NFL Football: Oakland Raiders at Dallas Cowboys. (Live)	Band of Brothers	Seinfeld
2 PM :30	Friends	Young and the Restless	Franklin BluesClues	Barney WordWorld	Movie: "Dr. Dolittle" (1998) Eddie Murphy.	Raiders at Dallas Cowboys. (Live)	The First 48	General Hospital (N)	Young and the Restless	The Doctors	Steven and Chris	Casper Neutron		Dr. Phil	MythBusters	Replace School	Raiders at Dallas Cowboys. (Live)	Band of Brothers	3's Co.
3 PM :30	The Office Name Earl	The Doctors	(3:01) Little Bear	WordGirl Electric	Judge J.		The First 48	Rachael Ray	The Doctors	Young and the Restless	Fashion F. 22 Minutes	Barnyard SpongeBob	Off-Record Sports	(2:59) The Dr. Oz Show	How-Made	Life Derek Suite Life		Band of Brothers	Bob-Doug
4 PM :30	Family Guy	Oprah Winfrey	WordWorld George S.	Fetch! Ruff Cyberchas	Judge J.	Backroads	The First 48	Deal No	Oprah Winfrey	(3:59) Early Global	Ghost Whisperer	SpongeBob OddParent	Hockey NHL Columbus Blue Jackets at Ottawa Senators.	Ellen DeGeneres Show	Daily Planet (N)	Phineas Wizards	TBA	Band of Brothers	Seinfeld
5 PM :30	Payne	Early News	Babar	BBC News	News (N)	News	The First 48	News	Early News	(4:59) News Hour (N)	CBC News: Vancouver (N)	OddParent	SpongeBob	CTV News at Five (N)	Life "Birds" (N)	Suite Life Zoey 101	30 Rock		The Outer Limits
6 PM :30	Law & Order: SVU	Global News	Heads Up Dogs	News-Lehrer	News	News	The First 48	News	(5:59) News Hour (N)	ET Canada	Coronatn	iCarly	CTV News (N)	Life "Insects" (N)	Montana Wizards	Curb	TNA Wrestling (N)	ET Canada	
7 PM :30	Movie: "Daddy's Little Girls" (2007)	Entertain ET Canada	Frontiers of	Julia Child Memories: Bon Appetit!	Jeopardy! Fortune	The Doctors	The First 48	Entertain The Insider	Entertain ET Canada	90210	Fortune Jeopardy!	Drake Indie	SportsCentre (Live)	etalk Hollywood	MythBusters	Sonny Suite Life	The Jay Leno Show (N)		Family Guy
8 PM :30	Survivor: Samoa	Victorian Farm	Appetit!	The Office "Niagara"	Survivor: Samoa (N)	Crime 360	Charlie Brown	Survivor: Samoa (N)	Survivor: Samoa (N)	Survivor: Samoa (N)	Carbon Hunters (N)	Malcolm Chris	Off-Record	The Vampire Diaries	Daily Planet	Overruled!	News	MANswers	Seinfeld
9 PM :30	The Office Movie: "Daddy's Little Girls" (2007)	The Office "Niagara"	The Choir	MI-5 "The Sting"	Matt Lauer	CSI: Crime Sen	(9:01) The First 48	Beyoncé ... I Am Yours	The Office "Niagara"	The Office "Niagara"	The Border "Dark Ride"	8 Rules What I Like	Boxing: Rumble at Rama X	CSI: Crime Scn	Life "Birds" Buzz	Wizards	I Love New York	MANswers	Family Guy
10 PM :30	90210	Cinema Asia "Iran"	Soundstage	The Jay Leno Show (N)	The Mentalist	(10:01) The First 48	Paul McCartney	90210	News Hour Final (N)	National	Family Biz Frank Prtl		The Mentalist	Life "Insects"	School Cory	Judge	MANswers	Married...	
11 PM :30	Heat	CHBC News Final (N)	Beautiful Noise	Charlie Rose (N)	News (N) Tonight	News Late Show	(11:01) The First 48	News (11:35)	News Hour Final (N)	Entertain ET Canada	(11:05) The Hour	Adrenaline Mystery	SportsCentre (Live)	CTV News	MythBusters	So Raven Life Derek	The Bonnie Hunt Show	"Beavis and Butt-head"	3's Co.

FRIDAY, NOVEMBER 27, 2009

	WTBS (3)	CHBC (4)	KNOW (5)	KSPS (6)	KHQ (7)	KREM (8)	A&E (9)	KXLY (10)	BCTV (11)	CITY (12)	CBC (13)	YTV (18)	TSN (19)	VTV (22)	DISC (24)	FAM (26)	CITY (29)	SPIKE (44)	TROP (45)	
6 AM :30	In the Heat of the Night	(5:30) Morning News (N)	Franklin George S.	Bob Build Lions	News (N)	News	Criminal Minds	News	(5:30) Morning News (N)	(4:30) Morning News (N)	CBC News Now (N)	Being Ian Viva Piñata	SportsCentre	Canada AM	Daily Planet	Henry's Feet	CityLine	Band of Brothers	Adventures of Sinbad	
7 AM :30	Cosby		Clifford the Big Red Dog (DVS)	Arthur (EI) Martha	Today Good Housekeeping's toy awards; donating usable items;	The Early Show (N)	Criminal Minds	Good Morning America (N)			Dirtygirl Animal	SpongeBob League	SportsCentre		Mayday	Mickey	The Tyra Show	Band of Brothers	The Outer Limits	
8 AM :30	Harvey		Sid the Science Kid	Curious			Criminal Minds			100 Huntley Street	Bo on Go Bustrystown	Pokemon Kid vs. Kat	SportsCentre	MythBusters	Handy	Rachael Ray		Band of Brothers	North of 60	
9 AM :30	Fam. Feud	100 Huntley Street	Super Why! Dinosaur	Sophia Loren; hot toys. (N)	The 700 Club		Criminal Minds	College Football: Teams TBA. (Live)	100 Huntley Street	PLAN Canada	Super Why! Wilbur	Rolie Polie Timothy	Fort Strong NFL Films	Regis and Kelly	Daily Planet	Feet	Agent Oso	News	Band of Brothers	Tube Tales
10 AM :30	Reba	World Vision	Spider (10:35)	Sesame Street (EI)	Backroads	Criminal Minds		College Ptbl	World Vision	Debt Part ET Canada	Poko Doodlebop	Berenstain Willa's	E:60	The View (N)	Mayday	Mickey Handy	The O.C.	Band of Brothers	Dawson's Creek	
11 AM :30	Jim Name Earl	World Vision	Rolie Polie Berenstain	Clifford Sit-Be Fit	Ellen DeGeneres Show	College Football: Alabama at Auburn. (Live)	Criminal Minds		World Vision	(10:59) Noon News Hour (N)	Gofrette Dirtygirl	(11:10) Erky George S.	Boxing: Rumble at Rama X	Fashion	Monster Moves	Phineas Suite Life	CityLine	Band of Brothers	Raymond	
12 PM :30	King	Noon News Hour (N)	Maggie (12:35)	Charlie Rose	Paid Prog.	College Football: Alabama at Auburn. (Live)	Criminal Minds		Noon News Hour (N)	Days of our Lives (N)	CBC News Now (N)	Mr. Men GoGoRiki	etalk TBA	Life "Birds" (N)	Wizards Montana	The Bonnie Hunt Show		Band of Brothers	Seinfeld	
1 PM :30	Seinfeld	To Be Announced	Go Diego Dinosaur	Wylands Beads Bbl	Days of our Lives (N)		Criminal Minds		To Be Announced	To Be Announced	Heartland (DVS)	Viva Piñata Jacob	Tennis	Sue Thomas: F.B.Eye	Life "Insects"	Cory Recess	Judge J.	Band of Brothers	Frasier	
2 PM :30	Friends	Young and the Restless	Franklin BluesClues	Barney WordWorld	The Bonnie Hunt Show		Criminal Minds		Young and the Restless	The Doctors	Steven and Chris	Casper Neutron		Dr. Phil	MythBusters	Replace School	CityNews at 5 (N)	Band of Brothers	3's Co.	
3 PM :30	The Office Name Earl	The Doctors	(3:01) Little Bear	WordGirl Electric	Judge	Dr. Phil	Criminal Minds		The Doctors	Young and the Restless	Fashion F. Red Green	Barnyard SpongeBob	Off-Record Sports	(2:59) The Dr. Oz Show	How-Made	Life Derek Suite Life	CityNews at 6 (N)	Band of Brothers	TV Made	
4 PM :30	Family Guy	Oprah Winfrey	WordWorld George S.	Biz Kid\$ Cyberchas	Judge J.	Oprah Winfrey	Criminal Minds		Deal No	(3:59) Early Global	Ghost Whisperer	Penguins	Hockey NBA Boston Celtics. (Live)	Ellen DeGeneres Show	Daily Planet (N)	Phineas Wizards	Law & Order: SVU	Band of Brothers	Frasier	
5 PM :30	Payne	Early News	Babar	BBC News	News (N)	News	Criminal Minds		Early News	(4:59) News Hour (N)	CBC News: Vancouver (N)	(4:55) The Fairly OddParents	Basketball: Toronto Raptors at Boston Celtics. (Live)	CTV News at Five (N)	Canada's Worst Driver	Suite Life Stone	Supernanny (N)	Band of Brothers	The Outer Limits	
6 PM :30	Law & Order: SVU	Global News	World Dogs	News-Lehrer	News	News	Criminal Minds		(5:59) News Hour (N)	ET Canada	Coronatn	True Jackson, VP (N)	CTV News (N)	Man vs. Wild (N)	Stone	Ugly Betty (N)		Band of Brothers	TV-Torrens	
7 PM :30	Movie: "Men in Black II" (2002)	Entertain ET Canada	Battlefield Mysteries	Wash Wk McLaughlin	Jeopardy! Fortune	The Doctors	Criminal Minds		Entertain The Insider	Entertain ET Canada	Fortune Jeopardy!	Movie: "Material Girls" (2006) Hilary Duff.	SportsCentre (Live)	etalk Hollywood	Earthshocks: Hyper	Stone	The Jay Leno Show (N)		Fraser	
8 PM :30	Movie: "Ice Age: The Meltdown" (2006)	Movie: "Ice Age: The Meltdown" (2006)	Poirot	Bill Moyers Journal (N)	Movie: "The 40-Year-Old Virgin" (2005) (PA)	Ghost Whisperer	CSI: Miami	Supernanny (N)	Movie: "Ice Age: The Meltdown" (2006)	NUMB3RS "Jacked"	NUMB3RS "Jacked"	Prank Prtl	Off-Record	Movie: "The 40-Year-Old Virgin" (2005) (PA)	Daily Planet	"Skyrunners" (2009)	News	Disorderly Con.	Fraser	
9 PM :30	Movie: "Men in Black II" (2002), Will Smith	NUMB3RS "Jacked"	"Long Night's Journey Into Day"	AT Close Range	The Jay Leno Show (N) Tonight	News	Criminal Minds		Ugly Betty (N)	News (11:01) Criminal Minds	(11:01) Criminal Minds	Prank Prtl	Cagefighting	Man vs. Wild	Movie: "Max Durham" (1988) Kevin Costner.	Movie: "Lethal Weapon" (1987)	Disorderly Con.	Family Guy		
10 PM :30	In the Heat of the Night	CHBC News Final (N)	Beautiful Noise	Charlie Rose (N)	News (N) Tonight	News Late Show	(11:01) Criminal Minds		News Hour Final (N)	(11:03) ECW (N)	(11:05) The Hour	Adrenaline Mystery	SportsCentre (Live)	CTV News	Earthshocks: Hyper	So Raven Life Derek	The Bonnie Hunt Show	"Beavis and Butt-head"	3's Co.	

News Leader Puzzle Page

CARTER'S Sudoku Challenge

CREATED FOR THE NEWS LEADER BY CARTER BOSWELL

HOW TO PLAY:

Sudoku is a game of logic. There is no math involved. The object of the game is to fill the grid so that the numbers 1 through 9 appear only once in each row, column and 3 x 3 box. The numbers can appear in any order and Carter has left you some clues below.

CHALLENGE #247 - Rated Easy

		2	3		8	6		
		1			2	6		
9					1		4	3
8	1			5				9
			8		7			
2							1	6
4	6		1					7
			2	8		3		
		3	7		9	1		

CHALLENGE #248 - Rated Hard

			7					
	3	1		4		6		
	7				1	4	5	
9								1
	5				3		9	
		3		1	2			
	4	8					3	6
		9		5		2	4	
			8			7		

THIS WEEK'S SOLUTIONS:
Page 18

Carter's Sudoku Challenge grids, puzzles and solutions copyright 2009 Carter Boswell, Princeton, BC and published by Similkameen News Leader

Saturday Movies

MORNING

- 6:00 am SPIKE (4) ★★★ "Hot Shots!" (1991, Comedy) Charlie Sheen. A top-gun pilot keeps up with his rival and re-creates Hollywood love scenes with his girlfriend. (In Stereo)
- 10:00 am SPIKE (4) ★★★ "Lethal Weapon 2" (1989, Action) Mel Gibson. An accountant leads a wild detective and his cautious partner to a South African diplomat running drugs. (In Stereo)

AFTERNOON

- 12:00 pm FAM (2) ★★ "Agent Cody Banks" (2003, Adventure) Frankie Muniz. Recruited by the CIA, a teen works under cover to befriend a girl whose father is a pawn for an evil organization. (In Stereo)
- 12:30 pm WTBS (3) ★★½ "Payback" (1999, Action) Mel Gibson. A man seeks revenge on his wife and crime partner, who shot him and left him for dead.
- SPIKE (4) ★★★ "Lethal Weapon 3" (1992, Action) Mel Gibson. Premiere. Los Angeles police detectives crush a guns-to-gangs operation with a wild woman from internal affairs. (In Stereo)
- 1:42 pm FAM (2) ★★ "Minutemen" (2008, Comedy) Jason Dolley. Three high-school outcasts face unexpected

- problems when they use a time machine to change the past. (In Stereo)
- 2:30 pm A&E (9) ★★★ "Executive Decision" (1996, Action) Kurt Russell. A commando squad must conduct a midair assault upon a hijacked plane loaded with terrorists and a deadly nerve gas.
- 3:00 pm SPIKE (4) ★★★ "Forrest Gump" (1994, Drama) Tom Hanks. JFK, LBJ, Vietnam, Watergate and other history is seen through the eyes of an Alabama man with an IQ of 75. (In Stereo)

EVENING

- 6:00 pm CITY (2) "A Lover's Revenge" (2005, Suspense) Alexandra Paul. A radio psychologist meets a handsome stranger who, unbeknownst to her, is plotting against her. (DVS)
- SPIKE (4) ★★★ "Forrest Gump" (1994, Drama) Tom Hanks. JFK, LBJ, Vietnam, Watergate and other history is seen through the eyes of an Alabama man with an IQ of 75. (In Stereo)
- 7:00 pm WTBS (3) ★★★ "Catch Me If You Can" (2002, Comedy-Drama) Leonardo DiCaprio. An FBI agent pursues Frank Abagnale Jr., a con man who assumes various identities and commits forgery.
- 8:00 pm CITY (2) "Recipe for a

- Perfect Christmas" (2005, Romance-Comedy) Christine Baranski. A fledgling food critic agrees to visit a struggling restaurant if its chef will date her meddling mother.
- 8:30 pm KHQ (7) ★★★ "The Incredibles" (2004, Adventure) Voices of Craig T. Nelson. Animated. Now fighting boredom in suburbia, a former superhero and his family get a chance to save the world. (In Stereo)
- 9:00 pm CHBC (4) BCTV (1) "Recipe for a Perfect Christmas" (2005, Romance-Comedy) Christine Baranski. A fledgling food critic agrees to visit a struggling restaurant if its chef will date her meddling mother.
- FAM (2) ★★ "Richie Rich" (1994, Comedy) Macaulay Culkin. The boy zillionaire saves his parents and Rich Industries from a scheming executive. (In Stereo)
- SPIKE (4) ★★ "Road House" (1989, Action) Patrick Swayze. Hired to tame a rowdy Missouri bar, a Ph.D. bouncer romances a doctor and tames the whole town. (In Stereo)
- 10:34 pm FAM (2) ★★ "Contact" (1997, Science Fiction) Jodie Foster. A scientist seeks alien beings after receiving mysterious messages from deep space via radio telescope dishes. (In Stereo)

Sunday Movies

MORNING

- 8:00 am WTBS (3) ★★ "Big Daddy" (1999, Comedy) Adam Sandler. Hoping to lure back his exasperated girlfriend, a goofy slacker gains custody of a 5-year-old boy.
- 10:00 am WTBS (3) ★★½ "Home for the Holidays" (1995, Comedy) Holly Hunter. Fights and reconciliations mark a single mom's Thanksgiving with her dysfunctional Baltimore clan.
- SPIKE (4) ★★★ "Star Wars IV: A New Hope" (1977, Science Fiction) Mark Hamill. Robots and other allies help a youth and a space jockey rescue a rebel princess and battle dark forces bent on intergalactic rule. (In Stereo)

AFTERNOON

- 12:00 pm KSPS (6) ★★★ "The Natural History of the Chicken" (2000, Documentary) The poultry industry generates \$40 billion in revenue each year while others choose to domesticate their birds. (In Stereo)
- YTV (8) ★★ "Blizzard" (2003, Fantasy) Brenda Blethyn. A youngster learns about true friendship with the help of a magically gifted reindeer from the North Pole. (In Stereo)
- FAM (2) "Skyrunners" (2009, Science Fiction) Kelly Blatz. A teen and his younger brother uncover an extraterrestrial plot against Earth. (In Stereo)
- 1:00 pm KXLY (10) ★½ "Surviving Christmas" (2004, Comedy) Ben Affleck. A lonely man returns to his childhood home and celebrates the holiday with the strangers who live there. (In Stereo)
- SPIKE (4) ★★★ "Star Wars V: The Empire Strikes Back" (1980, Science Fiction) Mark Hamill. Luke Skywalker, Han Solo and Princess

- Leia face Darth Vader's wrath. (In Stereo)
- 1:34 pm FAM (2) "Wendy Wu: Homecoming Warrior" (2006, Adventure) Brenda Song. A popular teen learns she is the reincarnation of a Chinese warrior who must save the world from an evil villain. (In Stereo)
- 2:00 pm WTBS (3) ★★½ "Murder at 1600" (1997, Suspense) Wesley Snipes. A homicide detective and a Secret Service agent investigate a secretary's murder in the White House.
- YTV (8) ★★ "To Grandmother's House We Go" (1992, Comedy) Mary-Kate Olsen. Two goofy crooks kidnap twin little girls who have left home to get out of their mother's hair. (In Stereo)
- 4:00 pm WTBS (3) ★★½ "Deliver Us From Eva" (2003, Romance-Comedy) LL Cool J. In order to get a breather from their meddling sister-in-law, three men pay a playboy \$5,000 to romance her.
- YTV (8) ★★ "Home Alone" (1990, Comedy) Macaulay Culkin. Accidentally left by his Paris-bound family, an 8-year-old makes mince-meat of two burglars in the house. (In Stereo)
- SPIKE (4) ★★½ "Star Wars VI: Return of the Jedi" (1983, Science Fiction) Mark Hamill. Luke Skywalker, now an experienced Jedi knight, tries to discover Darth Vader's identity. (In Stereo)
- 5:00 pm CBC (13) ★★ "Ice Princess" (2005, Comedy-Drama) Joan Cusack. A teen risks disappointing her mother by forgoing college plans to become a champion figure skater. (In Stereo)

EVENING

- 6:00 pm WTBS (3) ★★½ "Deliver Us From Eva" (2003, Romance-Comedy) LL Cool J. In order to get a

- breather from their meddling sister-in-law, three men pay a playboy \$5,000 to romance her.
- YTV (8) ★★ "Christmas With the Kranks" (2004, Comedy) Tim Allen. A Chicago couple scramble to put together a holiday celebration after their daughter decides to come home for Christmas. (In Stereo)
- 7:00 pm SPIKE (4) ★★½ "Star Wars IV: A New Hope" (1977, Science Fiction) Mark Hamill. Robots and other allies help a youth and a space jockey rescue a rebel princess and battle dark forces bent on intergalactic rule. (In Stereo)
- 8:00 pm WTBS (3) ★★½ "She's So Lovely" (1997, Drama) Sean Penn. Institutionalized for an accidental shooting, a man returns 10 years later to find his wife remarried with children.
- CBC (13) ★★ "Elf" (2003, Comedy) Will Ferrell. A man leaves Santa's workshop to search for his family. (In Stereo)
- 9:00 pm KREM (8) "A Dog Named Christmas" (2009, Drama) Bruce Greenwood. Premiere. A mentally challenged man embarks on a mission to find homes for dogs during the holidays. (In Stereo)
- FAM (2) ★★½ "Lost & Found" (1999, Romance-Comedy) David Spade. To spend time with an attractive neighbor, a man kidnaps her dog, which proceeds to swallow a valuable ring. (In Stereo)
- 10:00 pm SPIKE (4) ★★½ "Star Wars V: The Empire Strikes Back" (1980, Science Fiction) Mark Hamill. Luke Skywalker, Han Solo and Princess Leia face Darth Vader's wrath. (In Stereo)
- 10:35 pm FAM (2) ★★ "The Last Starfighter" (1984, Science Fiction) Lance Guest. A teenage video-game whiz stems an intergalactic invasion. (In Stereo)

We're different, and we like that.
Similkameen News Leader

SATURDAY, NOVEMBER 28, 2009

	WTBS (3)	CHBC (4)	KNOW (5)	KSPS (6)	KHQ (7)	KREM (8)	A&E (9)	KXLY (10)	BCTV (11)	CITY (12)	CBC (13)	YTV (18)	TSN (19)	VTV (22)	DISC (24)	FAM (26)	CITY (29)	SPIKE (44)	TROP (45)	
6 AM	Paid Prog. Hunter	Hunter	Wibbly Pig	America	Today (N)	(5:00) The Early Show (N)	Sell House	Paid Prog. Hunter	Fishing	Fishing		Gross	Fishing	OWLTV	Worst Handyman	Agent Oso	CHIN	Movie: "Hot Shots!" (1991)	Mysteries	
6:30 AM	Paid Prog. Fishing	Fishing	Franklin	Fly Tying			Sell House	Paid Prog. Fishing	Fish	Fish	Busytown	Rollbots	Motoring	Kingdom	Handyman	Agent Oso	Dharti	(1991)	Paid	
7 AM	Paid Prog. Saturday Morning News (N)	Saturday Morning News (N)	Little Bear	MotorWeek	News (N)	Busytown	Sell House	Good Morning America	Saturday Morning News (N)	Saturday Morning News (N)	Animal	OddParent	Grey Cup	Anne Grn	Man vs. Wild	Mickey	Eye on Asia	Charlie Sheen	Raymond	
7:30 AM	Paid Prog. Saturday Morning News (N)	Saturday Morning News (N)	Clifford	Travels		Noonbory-7	Sell House	Super Why!	Super Why!	Super Why!	Super Why!	OddParent	Reporters	Anne Grn	Wild	Handy			Raymond	
8 AM	American Chopper		George S.	Woodsmith	Busytown	Flip This House	Emperor	Replace			Razzberry	The Fairly OddParents	Grey Cup Saturday	Kids	Earthshocks	Phineas	Polish Studio	Xtreme 4x4	Seinfeld	
8:30 AM			Magic Bus	Hometime	Sabrina	House					Goldfish	OddParents	Saturday	Hobo	Hyper	School	Studio	Hrseperw	Seinfeld	
9 AM	College Football (Live)		Arthur	Workshop	To Be Announced	Flip This House	So Raven			Driving TV	Alpine Ski Series	The Fairly OddParents	University Football: Vanier Cup	Hobo	How-Made	Zoey 101	Travels	Trucks!	King	
9:30 AM			Miss BG	Old House		House	So Raven			Fishing	Alpine Ski Series	OddParents	Football: Vanier Cup	Alice	How-Made	So Raven	Planet	MuscleCar	King	
10 AM		Fish		Ask This	Sheldon	Paid Prog. Flip House	Montana	Fish	Powerboat	Powerboat	Aspen	The Fairly OddParents	Teams TBA. (Live)	Amnesty International	Junk Raiders	Montana	Hockey	Movie: "Lethal Weapon 2"	Family Guy	
10:30 AM		Fishing	Spider	Test Kitch	Jane	Paid Prog. I Survived	Suite Life	Fishing	Big Coast	Big Coast	Alpine Ski Series	OddParent	League	Is Written	Canada's Worst Driver	Sonny	EP Weekly	(1989, Action) Mel Gibson	Fraser	
11 AM		Powerboat	Rolle Polie Olie	Christina	College Football: State Farm Bayou	To Be Announced	I Survived	Cougar	Big Coast	Poor	NASCAR	OddParent	League	Children	Worst Driver	Suite Life	Reviews		Fraser	
11:30 AM		Big Coast		Gourmet	Football		I Survived	Football	Noon News Hour (N)	Paid Prog. Simpsons	Alpine Ski Series	Pokemon	Gladiators	Mars Rising	Destroyed	Movie: "Agent Cody Banks"	Amazing		Fraser	
12 PM	Movie: "Payback" (1999) Mel Gibson		Zoboo	Garden	College Football: State vs. Southern. (Live)	College Football: Florida State at Florida. (Live)	I Survived	College Football: Teams TBA. (Live)	Realtor	Simpsons	Figure Skating: Skate Canada International	Dinosaur	Grey Cup	Ultimate Africa	Canada's Worst Driver	Movie: "Minutemen"	Role	Movie: "Lethal Weapon 3"	70s Show	
12:30 PM																				
1 PM		Realtor	Go, Diego, Go!	Pledge	State vs. Southern. (Live)	State vs. Southern. (Live)	I Survived	Realtor	Simpsons	Simpsons	Skating: Skate Canada International	Yu Gi Oh	Awards	Car	MythBusters	Jason Dolley	Kaya	Movie: "Lethal Weapon 3"	70s Show	
1:30 PM		Poor	Franklin																	
2 PM		Simpsons	Little Bear				Movie: "Executive Decision" (1996, Action) Kurt Russell		Simpsons	Family Guy	National	SpongeBob	SportsCentre (Live)	Sue Thomas: F.B. Eye	Cash Cab	Suite Life	Travels	Movie: "Forrest Gump"	Friends	
2:30 PM		Family Guy							Family Guy	Family Guy	HNIC	SpongeBob	SportsCentre (Live)	Thomas: F.B. Eye	How-Made	Suite Life	Travels	(1994, Drama) Tom Hanks,	Family Guy	
3 PM	The Office	Simpsons		Pledge	Fortune				Family Guy	Family Guy	HNIC	SpongeBob	SportsCentre (Live)	Sue Thomas: F.B. Eye	How-Made	Suite Life	Travels	(1994, Drama) Tom Hanks,	Family Guy	
3:30 PM	The Office	Family Guy	(3:31)		Zula Patrol				Family Guy	Family Guy	HNIC	SpongeBob	SportsCentre (Live)	Thomas: F.B. Eye	How-Made	Suite Life	Travels	(1994, Drama) Tom Hanks,	Family Guy	
4 PM	Payne	Family Guy	Arthur		Friend	Access Hollywood (N)		Storms	Family Guy	Family Guy	NHL Hockey: Calgary Flames at Columbus Blue Jackets.	Penguins	Grey Cup Saturday	Scoring With the Stars	Cash Cab	Wizards	My RONA Home	(1994, Drama) Tom Hanks,	Family Guy	
4:30 PM	Payne	Family Guy	(4:45)		Will's			News	Family Guy	Global	NHL Hockey: Calgary Flames at Columbus Blue Jackets.	Penguins	Grey Cup Saturday	Scoring With the Stars	Cash Cab	Wizards	My RONA Home	(1994, Drama) Tom Hanks,	Family Guy	
5 PM	Reba	Family Guy	George S.	Pledge	News (N)	News	Criminal Minds	College Football: Teams TBA. (Live)	Family Guy	(4:59) News Hour	Flames at Columbus Blue Jackets.	Penguins	Reporters	etalk	Destroyed	Sonny	G. Martin	Robin Wright	Friends	
5:30 PM	Reba	News	(5:26) Art		NBC News	CBS News			Global	Hour		Penguins	Gladiators	Salt Lake	Destroyed	Montana	Out There		Friends	
6 PM	Celeb Kitchen	Global	Profiles of Nature		News (N)	News	Criminal Minds	(Live)	(5:59) News Hour	renewed	(Live)	Kid vs. Kat	Awards	CTV News (N)	Canada's Worst Driver	(6:01) Jonas	Movie: "A Lovers' Revenge"	(1994, Drama) Tom Hanks,	Seinfeld	
6:30 PM		News			TakeHeart	Scrubs			Jane Show	Jane Show		League	SpoCentre	CTV News (N)	Canada's Worst Driver	(6:27)	(2005) (DVS)		Cleveland	
7 PM	Movie: "Catch Me if You Can"	renewed	National Geographic	Pledge	CSI: NY "The Box"	Grey's Anatomy	Criminal Minds	renewed	Project Runway Canada	Project Runway Canada	NHL Hockey: Edmonton Oilers at Vancouver Canucks.	Prank Ptrl	SportsCentre (Live)	Sid vs. Alexander	Time Warp	Suite Life	News	Robin Wright	Family Guy	
7:30 PM		Jane Show			Merry	The Good Wife	CSI: Miami "Payback"	Project Runway Canada	Movie: "Recipe for a Perfect Christmas"	Project Runway Canada	NHL Hockey: Edmonton Oilers at Vancouver Canucks.	Funnist Home Videos	SportsCentre (Live)	CSI: Crime Sen	Criss Angel Mindfreak	Montana	Role	Wright	Family Guy	
8 PM	Leonardo DiCaprio	Project Runway Canada	Hearbeat		Movie: "The Incredibles"	Criminal Minds	(9:01) Criminal Minds	The Insider	Movie: "Recipe for a Perfect Christmas"	Movie: "Recipe for a Perfect Christmas"	NHL Hockey: Edmonton Oilers at Vancouver Canucks.	Weird	ATP Tennis: World Tour Masters 1000: First Semifinal. (Taped)	Criminal Minds	Canada's Worst Driver	Movie: "Richie Rich" (1994)	Party Poker	Movie: "Road House"	Friends	
8:30 PM		Canada																		
9 PM	Movie: "Recipe for a Perfect Christmas"	renewed	Midsomer Murders "The Magician's Nephew"	Pledge	Jump: A Frogumentary	48 Hours Mystery (N)	(10:01) Criminal Minds	ReGenesis	News Final	Driving TV	News	Ghost	Survive	Russell Peters	Destroyed	(10:34) Movie: "Contact"	Paid Prog.	Kelly Lynch	Friends	
9:30 PM		Christmas (2005)																		
10 PM	Family Guy	Jim																		
10:30 PM																				
11 PM	American Chopper	News Final Sat. Night	Montreal Jazz	Austin City Limits	News (N) Sat. Night	News (11:35) Cold Criminal Minds		Paid Prog.	Sat. Night	Sat. Night	Hockey Night: Replay	Adrenaline	SportsCentre (Live)	CTV News	Time Warp	Movie: "Contact"	Body Tech	Prisoners	70s Show	
11:30 PM																				

SUNDAY, NOVEMBER 29, 2009

	WTBS (3)	CHBC (4)	KNOW (5)	KSPS (6)	KHQ (7)	KREM (8)	A&E (9)	KXLY (10)	BCTV (11)	CITY (12)	CBC (13)	YTV (18)	TSN (19)	VTV (22)	DISC (24)	FAM (26)	CITY (29)	SPIKE (44)	TROP (45)
6 AM	Sports	Foodies	Noonbory-7	Angelina	Today (N)	Paid Prog. Private Sessions		Paid Prog. Foodies	Hunter	Poko	Grossology	SportsCentre	Daily Planet	Mighty Ships "Maersk"	Agent Oso	Travels	Unsolved	Mysteries	Fish TV
6:30 AM	Saved-Bell	Fishful	Franklin	Big World				Hometime	Fishful	Fish	Nalan	Rollbots		Agent Oso	Planet				Paid Prog.
7 AM	Saved-Bell	Fishing	Little Bear	Raggs	News (N)	CBS News Sunday Morning	The Sopranos	Good Morning America	Fishing	Canada	Save-Ums!	Casper	The Reporters	Sue Thomas F.B. Eye	JFK: Inside	Mickey	Eye on Asia	Unsolved	Mysteries
7:30 AM	JJ Atlanta	Canada	Clifford	Animalia	Northwest	(N) (N)	The Sopranos	This Week With George	Canada	Fishing	Coronatn	SpongeBob							Dog Whisperer
8 AM	Movie: "Big Daddy"	Sunday Morning News (N)	George S.	Dragonfly	Meet the Press (N)	Nation	The Sopranos	Sunday Morning News (N)	TribalTrail	Coronatn	Garfield	Garfield	Sunday NFL Countdown	Alice	JFK Ruby Con.	Phineas	Eye-Asia	Xtreme 4x4	Dog Whisperer
8:30 AM			Magic Bus	Fetch! Ruff					Foodies	Coronatn	Kid vs. Kat	Kid vs. Kat	(Live)	Is Written	School	Festival	Itallano di Lombardi	Trucks!	Dog Whisperer
9 AM	Movie: "Big Daddy"		Arthur	Wishbone	Babar	The NFL Today	The Sopranos	So Raven	Hour of Power	Coronatn	Penguins	Penguins	(Live)	PLAN Canada	Mayday	Zoey 101	Lombardi (In Italian)	MuscleCar	Dog Whisperer
9:30 AM			(9:31)	Biz Kid\$	Paid Prog.			So Raven	Hour of Power	Coronatn	SpongeBob	SpongeBob							Dog Whisperer
10 AM	Movie: "Home for the Holidays"	Driving TV	Spider	Travel	Off Road Race	NFL Football: Regional Coverage. (Live)	Intervention Special	Paid Prog. Listen Up	Listen Up	Design	NBA Basketball: Phoenix Suns at Toronto Raptors. (Live)	Drake	Grey Cup Pregame (Live)	NFL Football: Teams TBA. (Live)	Mighty Ships	Montana	Wizards	Movie: "Star Wars IV: A New Hope"	Dog Whisperer
10:30 AM		Listen Up						Announced	Hour of Power	Big Coast	Suns at Toronto Raptors. (Live)	iCarly	(Live)	Junk Raiders	Suite Life	Hockey	Tow Biz	(1977) Mark Hamill, Harrison Ford.	Dog Whisperer
11 AM	Holidays	Hour of Power	Rolle Polie Olie	Life	Alli Dew Tour	Coverage. (Live)	Intervention: Heroin		Hour of Power	Fresh	(Live)	iCarly		Worst Handyman	Movie: "Skrunners"	Cook	Ed's Up		Dog Whisperer
11:30 AM																			
12 PM	King	Noon News Hour (N)	Lilly	"Natural-Chickn"	Skding: Winteration		Intervention	Will-Grace	Noon News Hour (N)	Fresh	Alpine Ski Series	Brenda Blethyn	SportsCentre	Funnist Animals	(1:34) "Wendy Wu: Homecoming Warrior"	NFL Football: Teams TBA. (Live)	Movie: "Star Wars V: The Empire Strikes Back"	(1980) Mark Hamill.	Dog Whisperer
12:30 PM	King								Will-Grace	Will-Grace	Steven and Chris	Movie: "To Grandmother's House We Go" (1992)	Countdown	Sid vs. Alexander	Cash Cab	Suite Life			Dog Whisperer
1 PM	Seinfeld	Paid Prog. Will-Grace	Go, Diego, Go!	Pledge	Holiday Celebration on Ice From Little Rock, Ark.	NFL Postgame	Intervention "Tressa"	Movie: "Surviving Christmas"	Will-Grace	Simpsons	Land Sea	Movie: "To Grandmother's House We Go" (1992)	Countdown	Sid vs. Alexander	Cash Cab	Suite Life			Dog Whisperer
1:30 PM	Seinfeld								Will-Grace	Simpsons	Land Sea	Movie: "To Grandmother's House We Go" (1992)	Countdown	Sid vs. Alexander	Cash Cab	Suite Life			Dog Whisperer
2 PM	Movie: "Murder at 1600"	Simpsons	Franklin			To Be Announced	Intervention "Dillon"	Simpsons	Simpsons	Simpsons	Land Sea	Movie: "To Grandmother's House We Go" (1992)	Countdown	Sid vs. Alexander	Cash Cab	Suite Life			Dog Whisperer
2:30 PM		Simpsons	Little Bear						Simpsons	Simpsons	Land Sea	Movie: "To Grandmother's House We Go" (1992)	Countdown	Sid vs. Alexander	Cash Cab	Suite Life			Dog Whisperer
3 PM	Wesley Snipes	Family Guy	(3:31)						Family Guy	Ante Up for Africa (N)	Fashion F. Antiques	Movie: "Home Alone" (1990)	Countdown	Sid vs. Alexander	Cash Cab	Suite Life			Dog Whisperer
3:30 PM									Family Guy	Ante Up for Africa	Fortune	Movie: "Home Alone" (1990)	Countdown	Sid vs. Alexander	Cash Cab	Suite Life			Dog Whisperer
4 PM	Movie: "Deliver Us From Eva"	Ante Up for Africa	Arthur	Peep	Football Night	Extra (N)	CSI: Miami	Kitchen	Ante Up for Africa	Global	Fortune	Movie: "Home Alone" (1990)	Countdown	Sid vs. Alexander	Cash Cab	Suite Life			Dog Whisperer
4:30 PM									Global	Global	Fortune	Movie: "Home Alone" (1990)	Countdown	Sid vs. Alexander	Cash Cab	Suite Life			Dog Whisperer
5 PM	Movie: "Deliver Us From Eva"	Family Guy	George S.	Pledge	(5:15) NFL Football: Pittsburgh Steelers at Baltimore Ravens. (Live)	News	Criminal Minds "Jones"	News	Family Guy	(4:59) News Hour	Movie: "Ice Princess" (2005) Joan Cusack.	Movie: "Christmas With the Kranks"	Postgame	Degrassi	MythBusters	Suite Life	Conviction Kitchen	Movie: "Star Wars IV: A New Hope"	Dog Whisperer
5:30 PM			(5:26) Art						Family Guy	Hour									Dog Whisperer
6 PM	Movie: "Deliver Us From Eva"	Global	Frontiers of			KREM 2 News at 6 (N)	Criminal Minds	News	Family Guy	(5:59) News Hour (N)	Parler	Movie: "Christmas With the Kranks"	Postgame	Degrassi	MythBusters	Suite Life	Conviction Kitchen	Movie: "Star Wars IV: A New Hope"	Dog Whisperer
6:30 PM									Family Guy	Hour	Parler	Movie: "Christmas With the Kranks"	Postgame	Degrassi	MythBusters	Suite Life	Conviction Kitchen	Movie: "Star Wars IV: A New Hope"	Dog Whisperer
7 PM	Movie: "She's So Lovely"	16:9 Parker	National Geographic	Pledge	(Live)	60 Minutes (N)	Criminal Minds	Funnist Home Videos	Brothers & Sisters (N)	Brothers & Sisters (N)	Heartland "Miracle"	Movie: "Elf" (2003)	Postgame	Degrassi	MythBusters	Suite Life	Conviction Kitchen	Movie: "Star Wars IV: A New Hope"	Dog Whisperer
7:30 PM									Brothers & Sisters (N)	Brothers & Sisters (N)	Heartland "Miracle"	Movie: "Elf" (2003)	Postgame	Degrassi	MythBusters	Suite Life	Conviction Kitchen	Movie: "Star Wars IV: A New Hope"	Dog Whisperer
8 PM	Movie: "She's So Lovely"	Simpsons	A Touch of Frost "Dancing in the Dark"			The Amazing Race 15	CSI: Miami	Extreme-Home	Simpsons	Simpsons	Movie: "Elf" (2003)	Will Ferrell	Postgame	Degrassi	MythBusters	Suite Life	Conviction Kitchen	Movie: "Star Wars IV: A New Hope"	Dog Whisperer
8:30 PM									Simpsons	Simpsons	Movie: "Elf" (2003)	Will Ferrell	Postgame	Degrassi	MythBusters	Suite Life	Conviction Kitchen	Movie: "Star Wars IV: A New Hope"	Dog Whisperer
9 PM	Movie: "She's So Lovely"	Family Guy	Amer Dad	Pledge	CSI: Miami	Movie: "A Dog Named Christmas"	(9:01) Criminal Minds	Desperate Housewives	Family Guy	Family Guy	James Caan	Smallville "Legion"	ATP Tennis: World Tour Masters 1000: Final.	Desperate Housewives	Waking the Baby Mammoth	Movie: "Lost & Found"	American Gladiators	Ford.	Dog Whisperer
9:30 PM									Family Guy	Family Guy	James Caan	Smallville "Legion"	ATP Tennis: World Tour Masters 10						

MONDAY, NOVEMBER 30, 2009

	WTBS (3)	CHBC (4)	KNOW (5)	KSPS (6)	KHQ (7)	KREM (8)	A&E (9)	KXLY (10)	BCTV (11)	CITV (12)	CBC (13)	YTV (16)	TSN (19)	VTV (22)	DISC (24)	FAM (26)	CITY (29)	SPIKE (44)	TROP (45)
6 AM	In the Heat of the Night	(5:30) Morning News (N)	Franklin George S.	Bob Build Lions	News (N)	News	Hoarders "Patty; Bill"	News	(5:30) Morning News (N)	(4:30) Morning News (N)	CBC News Now (N)	Belng Ian Viva Piñata	SportsCentre	Canada AM	Daily Planet	Henry's Feet	CityLine	CSI: NY "Tanglewood"	Once a Thief
7 AM	Cosby		Clifford the Big Red Dog (DVS)	Arthur (EI) Martha	Today (N)	The Early Show (N)	Hoarders "Patty; Bill"	Good Morning America (N)			Dirtgirl Animal	SpongeBob Invasion	SportsCentre		Extreme Machines	Mickey Mickey	The Tyra Show	CSI: Crime Scen	The Outer Limits
8 AM	Harvey		Sid the Science Kid "I Want Cake"	Curious Sid			Intervention			100 Huntley Street	Bo on Go Busytown	Pokemon Kid vs. Kat	SportsCentre		How-Made	Handy Handy	Rachael Ray	CSI: Crime Scen	North of 60
9 AM	Fam. Feud	100 Huntley Street	Spider	Super Why! Dinosaur		The 700 Club	Intervention "Coley"	Regis and Kelly	100 Huntley Street	World Vision	Super Why! News	Santa Timothy	Fishing PBA	Regis and Kelly	Daily Planet	Feet	News	Movier: "Until Death"	TV Made What
10 AM	Reba	Hospital for Sick Kids	Spider (10:35)	Sesame Street (EI)		The Price Is Right (N)	Intervention "Asa"	The View (N)	Hospital for Sick Kids	Debt Part ET Canada	Poko Doodlebop	Berenstain Willa's	Bowling	The View (N)	World's Biggest Airliner	Mickey Handy	The O.C.	(2007, Action), Stephen Rea	Dawson's Creek
11 AM	Jim Name Earl	World Vision	Rolie Polle Berenstain	Clifford Sit-Be Fit	Ellen DeGeneres Show	Young and the Restless	Hoarders "Tara; Betty"	Paid Prog.	World Vision	(10:59) Noon News Hour (N)	Gofrette Dirtgirl	(11:10) Erky George S.	X Games Review	Fashion "Fog of War"	Phineas	Suite Life	CityLine	CSI: NY "Tanglewood"	Raymond
12 PM	King King	Noon News Hour (N)	Maggie (12:35)	Charlie Rose	Paid Prog.	News Bold	Hoarders	All My Children (N)	Noon News Hour (N)	Days of our Lives (N)	CBC News Now (N)	Santa GoGoRiki	Review NFL Films	etalk Bold	Rogue Nature "Lions"	Wizards Montana	The Bonnie Hunt Show	CSI: Crime Scen	Seinfeld
1 PM	Seinfeld	As the World Turns (N)	Wibbly Pig Dinosaur	Fine Art Sewing	Days of our Lives (N)	As the World Turns (N)	Hoarders "Patty; Bill"	One Life to Live (N)	As the World Turns (N)	As the World Turns (N)	Life & Times	Viva Piñata Jacob	NFL PrimeTime	Sue Thomas: F.B. Eye	Dirty Jobs	Cory Recess	Judge J.	CSI: Crime Scen	Raymond
2 PM	Friends	Young and the Restless	Franklin BluesClues	Barney WordWorld	The Bonnie Hunt Show	Let's Make a Deal (N)	Intervention	General Hospital (N)	Young and the Restless	The Doctors	Steven and Chris	Casper Neutron	Horn Interruptio	MythBuster's	Replace School	CityNews at 5 (N)	CSI: Crime Scen	3's Co.	
3 PM	The Office Name Earl	The Doctors	(3:01) Little Bear	WordGirl Electric	Judge Judge	Dr. Phil	Intervention "Coley"	Rachael Ray	The Doctors	Young and the Restless	Fashion F. Sophie	Barnyard SpongeBob	Off-Record Sports	(2:59) The Dr. Oz Show	Canada's Worst Driver	Life Derek	CityNews at 6 (N)	CSI: Crime Scen	Carlawood
4 PM	Family Guy	Oprah Winfrey	WordWorld George S.	Fetch! Ruff Cyberchas	Judge J.	Oprah Winfrey	Intervention "Asa"	Deal No	Oprah Winfrey	(3:59) Early Global	Ghost Whisperer	SpongeBob OddParent	Hockey Countdown	Ellen DeGeneres Show	Daily Planet (N)	Phineas	Law & Order: SVU	CSI: Crime Scen	Raymond
5 PM	Payne	Early News	Babar	BBC News	News (N)	News	Intervention "Marci"	News ABC News	Early News Global	(4:59) News Hour (N)	CBC News Vancouver (N)	SpongeBob iCarly	NFL Football: New England Patriots at New Orleans	CTV News at Five (N)	MythBuster's	Suite Life Zoey 101	How I Met	CSI: Crime Scen	The Outer Limits
6 PM	Law & Order: SVU	Global News	Mechanics Dogs	News-Lehrer	News (N) Millionaire	News Hollywood	Intervention "Linda" (N)	News	(5:59) News Hour (N)	ET Canada	Coronatn Jackson	England Patriots at New Orleans	CTV News (N)	Dirty Jobs (N)	Montana	Trauma "Blue Balloon"	Wild World	ET Canada	
7 PM	Movie: "The Pelican Brief" (1993) Julia Roberts	Entertain ET Canada	Eden Landscape	'Allo, 'Allo! Europe	Jeopardy! Fortune	The Doctors	Hoarders "Augustine"	Entertain The Insider	Entertain ET Canada	Heroes (N)	Fortune Jeopardy!	Drake Weird	Patriots at New Orleans (Live)	etalk	Canada's Worst Driver	Sony Suite Life	The Jay Leno Show (N)	CSI: Crime Scen	Raymond
8 PM	Movie: "The Pelican Brief" (1993) Julia Roberts	House "Wilson" (N)	Monarchy	Antiques Roadshow	Heroes (N)	How I Met Purpose	Hoarders	Grinch Shrek	House "Wilson" (N)	House "Wilson" (N)	Mosque	Malcolm Chris	SportsCentre (Live)	Shrek	Montana	CityNews	CSI: Crime Scen	Raymond	
9 PM	Movie: "The Pelican Brief" (1993) Julia Roberts	(9:01) Lie to Me "Fold Equity"	Life of Frida Kahlo	To Be Announced	Trauma "Blue Balloon"	Two Men Big Bang	Intervention "Marci"	Find My Family (N)	(9:01) Lie to Me "Fold Equity"	(9:01) Lie to Me "Fold Equity"	Just for Laughs	8 Rules What I Like	NFL Films	Movie: "Wedding Crashers"	MythBuster's	Buzz	Rock of Love Bus	Super	Seinfeld
10 PM	Movie: "The Pelican Brief" (1993) Julia Roberts	Heroes (N)	(10:03) School of Secrets	To Be Announced	The Jay Leno Show (N)	CSI: Miami	Intervention "Linda"	Castle "Deep in Death"	Heroes (N)	News Hour Final (N)	National	Family Biz Prank Pirl	OverBolts Moting	(2005) Owen Wilson	Canada's Worst Driver	School Cory	Coach Judge	CSI: Crime Scen	Family Guy Married...
11 PM		CHBC News Final (N)	Battlefield Mysteries	Charlie Rose (N)	News (N) Tonight	News Late Show	Hoarders "Augustine"	News	News Hour Final (N)	Entertain ET Canada	(11:05) The Hour	Adrenaline Mystery	SportsCentre (Live)	CTV News	Dirty Jobs	So Raven	Home Imp. CityNews	Star Trek: Voyager	3's Co.

Monday Movies

MORNING

9:00 am SPIKE (44) "Until Death" (2007, Action) Jean-Claude Van Damme. After waking from a coma, a troubled detective must save his kidnapped wife from the men he tried to apprehend. (In Stereo)

EVENING

7:00 pm WTBS (3) ***"The Pelican Brief" (1993, Suspense) Julia Roberts. A Washington reporter helps an on-the-run law student who

knows too much about a government cover-up. (E)

9:00 pm VTV (22) ***"Wedding Crashers" (2005, Comedy) Owen Wilson. Two divorce mediators spend a wild weekend partying with a politician and his eccentric family. (In Stereo) (E)

9:30 pm WTBS (3) ***"The Pelican Brief" (1993, Suspense) Julia Roberts. A Washington reporter helps an on-the-run law student who knows too much about a government cover-up. (E)

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NOTICE TO CREDITORS AND OTHERS

RE: ESTATE OF SHIRLEY ARLEINE HEINRICH
also known as Shirley Arlene Heinrich

NOTICE IS GIVEN that creditors and others having claims against the estate of Shirley Arlene Heinrich also known as Shirley Arlene Heinrich, formerly of 5614 Webster Street, Hedley, B. C., deceased, who died on July 12, 2008, are required to send full particulars of such claims to the Administratrix, c/o Labossiere & Company, Barristers and Solicitors, 1726 Sonora Drive, Kelowna, B. C., V1Y 8K7, on or before December 29, 2009, after which date the Administratrix will distribute the estate among the parties entitled, having regard only to the claims of which she has notice.

JODY DOREEN HEINRICH, Administratrix
by RONALD P. LABOSSIERE
Barrister and Solicitor


obituary

obituary

obituary

Princeton & District Fall Agricultural Fair Association
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6:30 PM Tuesday, December 1
Princeton Town Hall

Legion Ladies Auxiliary Tea & Bake Sale
11:00 AM - 2:00 PM Saturday November 28
Legion Hall 170 Bridge Street
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Marie Ruth Strong

Marie Ruth Strong passed away suddenly on Thursday, November 12th, 2009 at the Princeton General Hospital, Princeton, BC.

She was born on the family farm near Wawanesa, Manitoba on May 2nd, 1917. At the age of 10 she entered domestic service, then began working at the Sanatorium, Ninette, Manitoba at the age of 16. Married H. Alvin Strong in 1937. They farmed in the Tiger Hills south of Wawanesa, Manitoba. Their home was the gathering place in the area. Good food, lots of laughs. In 1962 they moved to Chilliwack, BC. Alvin working for Boves Moving and Storage, Marie working as a cook in a restaurant, then working for a care facility, Norman Manor as cook and aide. 1971 they moved to Princeton, BC, Alvin working at Northwood Mills, Marie continued work with the Ruth Rebecca Lodge, joined the Grandmothers Quilting Guild. Her quilts have found homes in Europe, during the war years - 1939 to 1945, Canada and the United States. Everyone who has a quilt cherishes it.

Marie's legacy will be her strength and devotion to her family and friends, her great culinary skills, and gardening. Teaching each person who entered her home to play crib.

Marie is predeceased by her husband H. Alvin, her brothers Mike, Pete, Steve, Harry and Joseph, survived by her sisters - Anne Quaade, Parksville, BC and Josephine Griff, Abbotsford, BC, children James Strong, Abbotsford, BC, Larry Strong, Crystal Beach, Ontario and daughter Patricia Vinthers (Gerry), Princeton, BC, and numerous nieces and nephews, grand and great grandchildren, as well as three great great grandchildren.

Marie requested a "Celebration of Life" to be held on May 2nd, 2010 at the home of her daughter and son-in-law, Gerry and Patty Vinthers.

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It's Christmas!



Youth Ambassador Alyssa Larsen assists Santa during his visit November 21st. *



Princeton Lions Club members take a break from serving hot chocolate and popcorn to pose with Santa during his November 21st visit at Legion Hall. *



Vice Ambassador Karis Bergsma with Santa during his visit November 21st. *

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CARTER'S Sudoku Challenge

SOLUTIONS TO PUZZLES ON PAGE 14

CHALLENGE #247 - Easy

752	348	691
341	926	578
986	571	243
814	652	739
639	817	452
275	493	816
468	135	927
197	284	365
523	769	184

CHALLENGE #248 - Hard

495	768	123
231	549	687
876	231	459
927	485	361
154	673	892
683	912	574
548	127	936
719	356	248
362	894	715

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Mom's last Christmas gift to me

by W. George Elliott,
Owner/Publisher
Similkameen News Leader

This Christmas will be very different for us. It will be the first Christmas for me without my mother, who passed away in August. It will be my wife's first Christmas without her father, who passed away in February. To say that 2009 was a tough year on us would be putting it lightly.

Neither of us has been looking forward to the holiday and I have commented more than once how much I'd like to skip over it as if it didn't exist.

Easier said than done. It's pretty hard to ignore the Christmas trees and decorations going up all over town.

So two weeks ago I came up with a plan. I was actually inspired by a Facebook friend of mine who did some volunteer work during Thanksgiving but never really put much more thought into what I wanted to do this Christmas until recently.

I pretty much knew what I didn't want. We will not be putting up any decorations, a tree or exchanging gifts this year. Those things we agreed upon almost instantly.

I spoke with my Pastor a week ago and indicated I was looking for something different to mark my first Christmas in 48 years without Mom.

He asked if I was trying to avoid something or if I was looking for something meaningful for myself. It was obvious to me that I wanted to do something meaningful for myself. Something to assist with the grieving process and hopefully something to give myself a very different focus.

Everyone heals in different ways and at different speeds.

For many years I was involved in the Princeton Crisis Assistance Society's Christmas Hamper Drive. I was, in fact, the groups Vice President for a few of those years. It was a good feeling to do something good for someone else. I knew that was the direction I was going, but wanted to do something different from that kind of charitable work.

I also had to consider where I would be during the holidays. We will be in Kelowna for a few days so I pretty much decided that there had to be a place where I could spend a day helping out with something.

We looked into a couple of volunteer opportunities and discovered a yearlong waiting list existed in some cases.

Luckily Brenda knew someone who had helped at Kelowna's Gospel Mission in the past. She made contact with a volunteer coordinator, explained the situation via exchanged e-mails and before I knew it I had two 'offers' for December 24th.

I took a day to weigh out the morning kitchen prep opportunity and the afternoon dinner service suggestion. I could not decide and ended up asking if I could do both.

I got confirmation later that day. It's already made me feel a bit better about Christmas.

I had also planned on keeping my Christmas plans quiet, but then mentioned it to a couple people who seemed to think it wasn't such a bad idea. A few more indicated an interest in doing some sort of charity work themselves.

So I decided to share my story before Christmas in hopes of inspiring more to get into the spirit of giving by giving of themselves this holiday season. You don't have to go to the extent I have to do what I plan to do but it wouldn't hurt to do something for someone else.

In Princeton alone there are many ways you can do this. Buy an extra couple of non-perishable food items and donate them in the various boxes located around town or make a cash donation to the Christmas Hamper Fund. If that's not exactly what you want to do you can offer to do someone a favour by clearing a neighbours sidewalk of snow or just holding a door open for someone or helping a senior carry groceries to their car.

There's so many ways to give a little back all it takes is a little effort and maybe you'll start a new tradition!



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My Turn...

Maybe I Can Relax A Little

I used to worry a lot. Being a property owner brings a lot of responsibilities and I have tried very hard to keep up my end of the deal.

I don't try to abuse garbage pickup. Typically we only have a partial bag of garbage on the weeks we remember to take it to the curb. On recycle pickup days I stack boxes of recyclables neatly for pickup.

During the summer months I rarely water the lawn opting to conserve. I try to mow the lawn every week, but sometimes I miss one. Or two. Sometimes three.

I try hard to keep the amount of trash collected in the yard at a minimum and have a fenced off area we like to toss and stack various bits and pieces until the next free dump day.

I was pretty sure that if we were ever going to get pegged by Bylaw Enforcement to clean up the yard it would be because of the sometimes high volume of dog poop that our Dalmatian likes to produce at the most inconvenient of times.

That was my biggest fear and thanks to a property owner in a different part of town I have discovered our yard is just about the Crown Jewel of the neighbourhood – dog poop and all – in comparison.

That doesn't mean I can't or won't do better than I have, but when you consider the condition of some of the yards around town (not so much in my neighbourhood, except for the one yard covered in dog poop where that newspaper guy lives with his wife and spotted dog) it's nice to see Town Council taking the phrase Bylaw Enforcement seriously.

I was thinking that the department should have been called Bylaw Suggestion, but as of last week I have determined I had that one figured out so very wrong.

I'm actually quite impressed with how Town Council handled dealing with a property owner with far more trash in their yard than I could ever accumulate in the next ten years. They gave him time to clean up his act. Maybe two and a half years was too much time, but they were understanding, and cut the guy a lot of slack.

If they treated me like that I'd gladly clean up the dog poop in our yard thinking I had been given a second chance and I shouldn't blow it.

But there is a point where you starting thinking your requests are not being taken seriously and you eventually have to light the fuse.

The Town of Princeton was more than willing if there had been a hint of cooperation so it's not their fault for finally getting to the enforcement part. Maybe in the future it won't be so hard for them to get people to comply.

Even if it means something as simple as shoveling a bit of dog poop each day or so.



Princeton Secondary School Term 1 Grade 12 Honour Roll students.*

...Your Turn

There's More Than One Side To A Story

To The Editor;

RE: *Dump Rage on October 25 - Free Dump Day*

Jean Ancil's problem with recycling his metal appliances were, according to him, definitely no fault of his own.

Socializing landfill attendants, misunderstood signage and not to be forgotten, somebody else did it first were his excuses.

I should point out the 'ALL METALS' sign is the largest in the area and can be seen from the far end of the landfill site.

The loud shouting directed across the property at Mr. Ancil was to get his attention so he could correct his mistake. In no way was this intended to upset Mrs. Ancil or to cause a confrontation with Mr. Ancil.

End of story.

Apparently not.

Mr. Ancil neglected to inform the readers that he threatened the attendant for upsetting his wife. He left this area of the landfill and parked his truck in the recycle area and walked back to the office to make his threat.

End of story.

Not really as Mr. Ancil returned to the landfill site on November 1st and his first words were a threat.

Mr. Ancil's visit to Town Hall was, no doubt, an attempt to cast doubt on the honesty and integrity

of the landfill attendants.

Let me explain our procedure: The material brought in to the landfill site is assessed for tipping value and recorded in the till and a receipt is printed and offered to the customer.

The daily recorded transactions are tallied as well as again at the end of the week. This amount is what is tendered to the town office.

I hope this clarifies the situation to the readers and Mr. Ancil.
- Dwight Winquist, Princeton

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We acknowledge the financial support of the Government of Canada through the Publications Assistance Program towards our mailing costs.

EDITORIAL GUIDE

We would like you to write to us, but please remember to abide by anti-discrimination laws.

The News Leader reserves the right to refuse to print any letter which is not signed by the writer or is slanderous, libelous or of uncommon sense!

The Editor reserves the right to condense any letter or to substitute proper language for improper language.

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Current Comment

How To Become The Town Joke



Dawn Johnson
editor@thenewsleader.ca

As News Leader readers know, I cover criminal court each month. I have done so for the past 27 years. If you have never been to court, you may believe it is a place of shocking revelations and high excitement. This belief is probably fed by television shows full of courtroom drama. Actually, if you watch Judge Judy, you will see the courtroom more like it really is, except Judge Judy deals with civil disputes. Criminal court is a little different.

There is no high drama in our local criminal court. Some of what you may hear is sordid, some is pitiful, but most of it is just plain stupid stuff. Yes, I said STUPID. I remember one Crown Counsel saying there should be a section of the Canada Criminal Code under which a criminal can be charged with stupidity. He said he would automatically attach it to every case.

After 27 years of listening to the proceedings in our local courtroom, I can heartily agree. There is a mind-boggling level of stupidity involved in much of what brings people to court.

What is most obvious in our courtroom is the number of repeat offenders. These are people who show up year after year, often charged with the same stupid crimes. These people are the finest example of slow learners you might ever see. They are convicted, pay a fine, do probation or lose their driver's licences, and yet they will do the same stupid thing over and over again. They will eventually be sent to jail because the justice system believes a higher penalty, like a prison term, might teach them. Surprisingly, the prison term does not smarten up many criminals. They get out, swear to do better, and then they show up again. There is more than one kind of stu-

pidity, of course. There is the stupid idea some have that they will never be caught. They firmly believe they are too smart to be caught, despite the evidence that they are repeatedly caught, charged, and punished for their crimes. What happens after they appear in court and face their punishment? I wonder if they leave with the firm belief that next time they will not be caught. This flies in the face of all of the facts, and displays one level of stupidity.

There is another kind of stupidity among those who commit crimes as a result of too much alcohol or consumption of illegal drugs. I know drug and alcohol abuse are the cause of many crimes, and that substance abuse is some kind of disease or disorder, but there is a certain amount of stupidity involved. If booze and/or drugs takes them to court once, then the smart ones would tell themselves they have a serious problem and would go about doing whatever it takes to solve the problem. There are some smart ones who appear once and never again, but they are not the majority.

Among the drug and alcohol abusers there is another kind of stupidity called denial. This can be quite hilarious. I have seen people apprehended by police and taken for a breath test where readings of .220 or .230 were obtained. I have heard these same people claim they only had two beers. Maybe those two beers are the only ones they can remember? However, they will read the police findings and still deny they were drunk. That is pretty darned stupid.

Another form of stupidity involves the criminal who denies he is a criminal. This is the person who firmly believes the rules do

not apply to him. He believes he is always right, even if what he does goes against the law. I wonder what goes on in the heads of such people. Do they really believe they are some kind of gods who can do whatever they please no matter what the law, the police or the judges say? These people are just as stupid as the other types I mentioned, because they must work very hard to maintain their delusions about being entitled to do as they please.

After 27 years of covering court news, I have had plenty of time spent in the hallway of the courthouse or on the front steps, and I have heard what people say. I have had people stop me on the street to ask if what I reported in the newspaper was exaggerated, because they could not believe anybody could be so stupid.

Do these petty criminals ever come to an understanding that people laugh at them? Princeton, Tulameen, Hedley and Coalmont are small communities. People tend to know most of the criminals whose names appear in the newspaper. They know who has gone to court for what and, except for the thieves and sexual offenders, most of the criminals are a laughing-stock. Probably the criminals do not know they are being laughed at behind their backs. If they knew, would they stop?

Sometimes what a person fears most is ridicule. Being laughed at by an entire community must be truly humiliating. When our long-time readers see an article about somebody who is a repeat offender, they just shake their heads and wonder if this dumbbell will ever learn. I wonder if our local repeat offenders understand they are seen as ridiculous?

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The Similkameen News Leader has been the drop off location for used stamps since the Princeton Light & Power/FortisBC office closed to the public. Stamps from all over make their way to the News Leader. *

Eastern Star stamp collection update

by Eva Mitravitz

Once again the Christmas season is upon us and although many people do not send greeting cards anymore, they do keep in touch with family and friends with annual letters and in some instances, send packages.

This is the busiest mail season of the year and we would appreciate it if you could spare a few moments of thought for us and our work with cancer and remove the stamps from your Christmas mail. If possible, using scissors, cut off stamps leaving 1/2" of paper around the outside edge so that we may trim and sort according to requests from collectors.

It is very interesting to talk to these stamp collectors and discover the reasons for their hobbies. Some people collect only booklets, others concentrate on flowers or insects, animals or souvenir sheets, famous people or transportation and commemorative stamps. There are those who devote their energies to stamp colours, number of perforations and adhesives. All are interested in stamps from around the world.

The money realized from the sale of used stamps, postcards and any stamp collections is directly deposited with the B.C. Cancer Agency and is used to purchase material from the Agency, which is

then cut and folded and returned to them so that all who may need cancer bandages may have them free-of-charge.

This past year we have been the grateful recipients of stamp collections from two families, which has boosted our fund reserves at the Cancer Agency.

Chuck and Joan Guild donated their family collection and the second family has moved and so we do not have permission to print her name. But, both families know how very much we appreciate their generosity.

In Keremeos collection boxes can be found at the Diagnostic Centre and the Seniors Centre. Sharon Blakeborough at the Variety Store will accept your donations and pass them to us. If you wish, pick-up can be arranged by calling (250) 499-2702. In Princeton, please continue to drop off your stamps and postcards at the Similkameen News Leader.

We have been the grateful recipients of Princeton's generosity for many years. For the past 11 years I have been involved with this very worthwhile program. Our heartfelt thanks go out to Similkameen News Leader owners, Brenda and George, for allowing us to use their office as a drop off depot. Special thanks to all the business people, church members, school children and their teachers and all community members throughout the Town for saving their stamps, and postcards for as long as this program has been in place. Please continue to help us in our fight against cancer.

Our very best wishes for a warm and wonderful Christmas and may the New Year see all your hopes and dreams fulfilled.

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Vancouver Daily Province clippings following Bill Miner. Photo: Princeton Museum

reporting the last of a sensational series of train robberies by the notorious international bandit, Bill Miner, and of his capture in flight from his final coup at Ducks, BC.

The people of Princeton felt cheated, there was of course much looking back and it was discovered that George Edwards' absences strangely coincided with certain train robberies. A local ranch neighbor recalled that he had met Edwards in Chilliwack just before the first train robbery had taken place in Mission. The mineral claims at Aspen Grove lay on the direct route to Ducks and the CPR mainline and had provided an ideal blind. Adequate horses had to be available for the getaway. Jack Budd, supposedly innocent and never officially involved, was told to be ready at a rendezvous at Douglas Lake.

Bill Miner had two partners who were both local men, Shorty Dunn, a trapper and a cowhand, and Lewis Colquhoun who worked at the Nickel Plate Gold Mine.

Due to a mix-up over the horses, following the robbery the three of them were overtaken by a posse, led by one Sgt Wilson of the RNWMP.

Taken to Kamloops for trial, Miner and his two cohorts, having been found not guilty by the first, were convicted by a second jury; the trio was sentenced to spend long periods in the Provincial Penitentiary at New Westminster. At the railway depot in Kamloops a large crowd, headed by a brass band, gathered on the platform to give Bill Miner/George Edwards a royal sendoff to Okalla, all pleased that someone had taken the unpopular CPR to-task.

Barely a year later, on the morning of August 9th, 1907, under questionable circumstances, Bill Miner tunneled his way out of the prison and escaped making his way south to the US from whence he had first come. Two years later, he robbed a bank in Portland and in 1911 he led a train robbery in White Sulphur, Georgia, but Bill was now an old man and time was catching up with him and after his last effort was caught by men from the Pinkerton's Detective Agency. He was returned to Milledgeville State prison in Georgia and on September 2nd, 1914, Bill Miner, alias George Edwards, died quietly in his sleep.

Of his partners in the Ducks robbery, Shorty Dunn served his sentence, but later drowned in a lake near Kamloops; whilst Lewis Colquhoun died of tuberculosis whilst still in prison.

Jack Budd continued to live in Town and was often seen around Princeton until his death at the hospital on April 5th, 1948. Nobody ever knew his true age, but it seems very likely he was in excess of 100 years. Sadly, with his passing went a lot of the unanswered questions surrounding the exploits of William A. Miner.

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..... continued from Page 7 perhaps it is not surprising that George Edwards soon moved in with Jack Budd and lived at the ramshackle ranch house on Baldy Mountain.

For the next few years Edwards was a respected citizen. He was an envied conversationalist, he avoided trouble, and indulged, but only with moderation and dignity and was always the master of ceremonies at the village concerts and dances; attending church on Sundays he mixed with the best

society and kids loved him for the candies he always seemed to be dispensing whilst the ladies were always entranced by his chivalry and charm.

Edwards had occasional absences from Princeton and despite his charm there was always a certain distance about the man, it was said that he had mines south of the border in Mexico.

And so it was that one morning in May, 1906, that the people of Princeton awoke to unwanted fame. The Coast newspapers were

Test your IQ

..... continued from Page 6 regularly. In addition, if your doctor has prescribed a medication, be sure to take it as directed to ensure you get the most benefit. There is a range of osteoporosis medications that can be taken in different ways including daily, weekly and monthly oral dosing options.

6. Fractures only happen if you have an accident. If I'm careful, I'll be okay.

False. It is important to prevent accidents like falls, but even if you never have a fall you could still fracture a bone. If your bones are weak from osteoporosis, you could suffer a fracture even with simple movements. Wrist, spine and hip

fractures are most commonly associated with osteoporosis. It is important to take your medication as directed by your doctor, to help ensure you get the intended benefit. 7. Osteoporosis is an old person's disease.

False. If you are over 50, and you've suffered a fracture after a minor fall, or lost more than 2 cm (3/4 inch) of height in the past year, you should talk to your doctor about being tested for osteoporosis. Osteoporosis affects one in four women and one in eight men over 50.

More information on this topic is available online at www.fightosteoporosis.ca.

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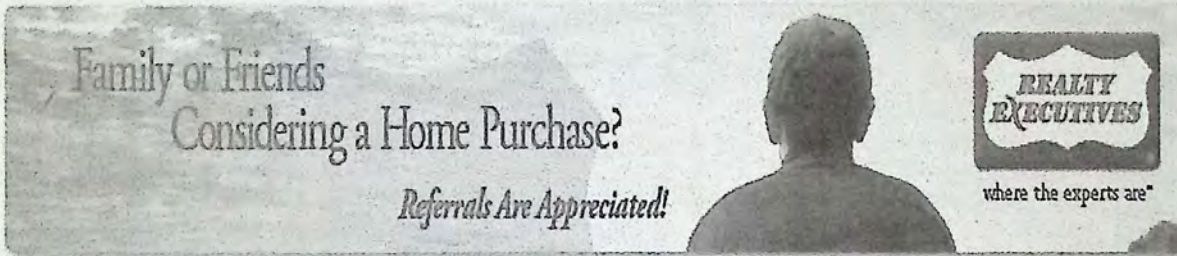
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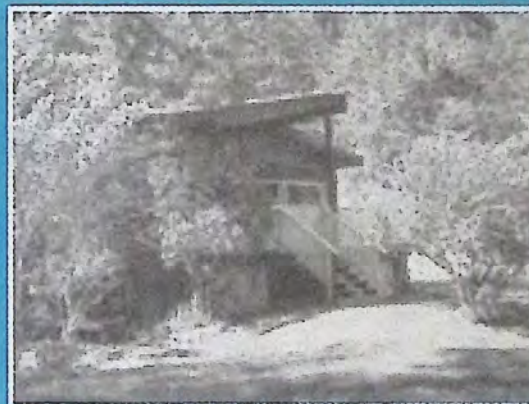
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1028 Old Hedley Road

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379 Burton Avenue

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