

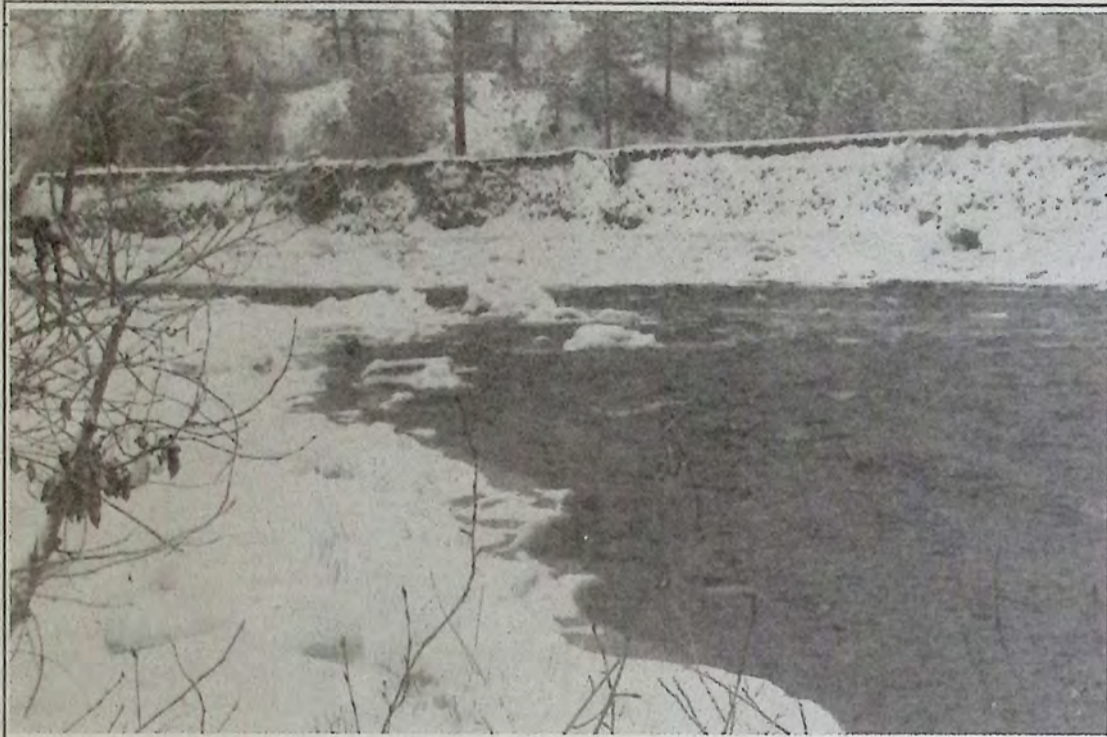


Similkameen News Leader

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Volume 13 Issue 1 #611 ISSN 1712-090X

Tuesday, January 5, 2010



We received reports of a 'wall of water' rushing down the Similkameen River mid-afternoon on Wednesday, December 30th. The river was back to normal when this photo was taken, but witnesses told the News Leader of a 4-foot increase in water level and a thundering noise that shook homes. *

Horse industry movement pleases Bey

Princeton Racing Days President, and President of the Interior Horse Racing Association, John Bey says planned changes to the horse racing industry in British Columbia are encouraging.

"I am impressed at the speed that the Minister (Rich Coleman, Minister Responsible for Gaming) moved to stabilize and improve the horse racing industry in BC," Bey stated last week.

"We will be working closely with Chris Curtis (Special Assistant to

the BC Horse Racing Industry Management Committee) in providing him with as much information as possible."

The Industry Management Committee met for the first time December 7th which was attended by Minister Coleman who challenged the committee "to work quickly to bring some immediate financial stability to the industry and pose some longer-term solutions in support of the 7,000 people continued on Page 5

Princeton 2009 - A year of achievement

While the rest of the country seemed focused on the recession, Princeton was focused on achieving goals.

At the beginning of the year, Town Council applied for a boundary extension to take in both the airport housing area and East Princeton. The extension was granted several months later and the Town began construction of a reservoir and service lines to supply water to the newly acquired districts.

Council began the year with the foundation for another project which will be achieved this year. Council appointed the Princeton 150 Committee. This committee was to organize a celebration to mark the 150th anniversary of the founding of Princeton.

There was one project which was left over from 2008: the reconstruction of the town square. The Town crew began the project in the autumn of 2008. As soon as the snow was gone and the weather

became warm enough in 2009, the project was underway again. It was completed in August, in time for the Traditional Music Festival, where it proved its worth. The Remembrance Day ceremonies emphasized the excellence of the new Veterans Square.

Recruiting physicians to Princeton was an ongoing project that did not meet with complete success, but Princeton did attract a couple of physicians. This project may go on for many years.

Another project on the back burner for Community Services was the purchase of a lot adjacent to Vermilion Court property. Community Services appealed to Town Council for a grant to add to existing funds to buy the lot. This grant will enable the expansion of Vermilion Court when provincial government money is available.

The "Bridge of Dreams" had been a dream project for a decade. Vermilion Trails Society envisioned a foot bridge across Tulameen River to join two sec-

tions of the TransCanada Trail. This dream became a reality in September 2009, proving a dream worth building should not be abandoned. Members of Vermilion Trails Society then carried out another plan, which was to move the old CP Rail caboose from the fairgrounds to the "roundhouse" along the side of the TransCanada Trail near the junction of Highway 3 and Bridge Street.

In February 2009, Princeton Posse showed it could get into the playoffs. Fans were delighted. In Minor Hockey, Princeton's teams met with a great deal of success. Hoping for greater budget control, Princeton Posse Board of Directors purchased a team bus.

Two Town projects are still in process. The library is slated to move into the renovated restaurant building on Vermilion Avenue near Veterans Square. When this is achieved, the museum will be expanded into the former library space, undergoing renovations to update plumbing and other struc-

tural elements. There is no completion date set for this project.

There were other matters not so pleasant in 2009. In February, the community learned the RCMP no longer wanted the Victim Assistance worker in place at the Detachment. The position was terminated despite uproar from the community, including appeals to Town Council to intervene. The upshot was that the person who had held the position is employed in Penticton now.

The local RCMP Detachment hosted a Regimental Ball in March at RockRidge Canyon. This was quite an elaborate military-style event. Proceeds went to the DARE program which discourages youth from using drugs.

There were some individual achievers of note in Princeton last year. Gordon Comeau received the 2009 B.C. Community

Achievement Award in recognition of his 26 years of service on the Board of Education of School District #58 (Nicola-Similkameen). Comeau was often Board Chair and in addition served many years on the Board of the B.C. School Trustees Association and on the Board of the Canadian School Trustees Association. Town Council honoured him, too, and presented him with a Princeton jacket.

Sherri Thompson received the Bobby Steen Career Award of Excellence for her work teaching young people the skills needed for good horsemanship.

Rika Ruebsaat and Jon Bartlett received an award from the B.C. Assembly of Arts Councils in recognition of their many years of researching and promoting British Columbia's folk music history. Rika and Jon founded Princeton's Traditional Music Society and the festival held every year.

Princeton's Colby Williams was a continued on Page 2



Similkameen News Leader THIS WEEK:

Princeton's 2010 Horoscope - Page 3 & 8
Posse vs. Kamloops - Page 9 & 10

Go, Posse, Go!



Go, Posse, Go!

Similkameen News Leader
Bengel Publishing Inc.



Canadian Publications Mail Agreement No. (1299263) • website: www.thenewsleader.ca • www.princetonbcnews.com

Published Weekly in Princeton, BC by Bengel Publishing Inc. 226A Bridge Street, PO Box 956, Princeton, BC V0X 1W0
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..... continued from Front Page member of the Under 16 regional girls' hockey team that brought home gold from the B.C. Cup Competition.

In Keremeos, Red Bosscha retired from the Volunteer Fire Department and was honoured for his 40 years of service to the Village of Keremeos. Also in Keremeos, the new 14 bed dementia wing of the health centre was opened, and the Village put new light green siding on Victory Hall, substantially improving the appearance of the downtown area. Arts & Culture Week was held in April at Riverside Centre. The new stage welcomed Kelowna Ballet during that week, as well as the performance of plays by Princeton Performing Arts

Society. Princeton Potters Guild unveiled a ceramic mural for the Riverside Centre foyer.

The Junior Hereford Association of Canada held its Bonanza week in Princeton in 2009 at Copper Creek Ranch.

With all of these achievements, there were still concerns and disappointments, and some odd-ball occurrences. For example, a sink hole appeared in a street in Deblyn Mobile Home Park, and a rock slide blocked the highway to Tulameen.

Early in the year, the Ministry of Environment predicted a drought year in the making due to a very low snow pack in the high country. The summer was hot and dry, but two rather amazing cloud-bursts occurred in August, one of

which flooded parts of Bridge Street.

Many residents were peeved that nothing was done about the deer population in town. The deer continued to enjoy vegetable and flower gardens. In July, three cougars were destroyed after they were spotted stalking human prey. Odd, with all those deer around!

Although there was little serious crime in Princeton last year, Princeton arena was damaged by a fire set in the Posse "clubhouse" at the east end of the arena. This facility was rebuilt at considerable expense.

Another round of crime occurred when a person, under the influence of a bad temper and something else, smashed a lot of windows of stores downtown.

There was a surprising kind of crime when a standoff occurred between police and an armed person. This incident ended peacefully.

Of course, there were still people growing marijuana and getting caught. A major bust took place at a grow op near Hedley.

Princeton's volunteer highway rescue crew was in desperate need of funds last spring. Members of the community came to the rescue with a fundraiser called a Golfspiel. This involved games of golf and curling. It was highly successful.

As soon as the snow was gone last spring, Princeton Exhibition Association went to work again on the project to improve the fairgrounds. Last year, a concrete

dance floor was added in the refreshment area. It proved to be a welcome addition to all of the events.

Princeton Rodeo Club hosted its annual rodeo in May, Racing Days hosted a horse racing meet at the end of June, a Little Britches Rodeo was held in July, the annual Fall Fair was held in late August, and the BC Bullriding Finals were held in Princeton in September.

These events at the fairgrounds were successful, but every group hosting an event had the same complaint: lack of attendance by the local community.

The Town of Princeton hosted Airport Appreciation Day on a blazing hot day in July. This event was a great success.

Other communities in the Similkameen watershed held their annual events. Keremeos put on a rodeo, Similkameen Sizzle Peppercorn, and Taste of Our Valley.

Lower Similkameen Indian Band hosted a powwow in August, and the Upper Similkameen Indian Band held one earlier in the year. Hedley celebrated Stamp Mill Days in May.

The Grist Mill, under new management, hosted the return of Fall Apple Day. Brenda Engel of the News Leader planned to enter a pie in the apple pie contest but decided not to at the last minute, but her hubby, George Elliott, was the big winner. He ate apple pie for a week while Brenda honed her skills.

When Copper Mountain Mining Company announced last spring it would delay opening until 2011, everyone in town was disappointed. The company was impacted by the recession and its shortage of capital. Mitsubishi Corporation came through with the funds, and by the end of the year, construction of the mill was well underway.

There was a provincial election in 2009. We elected a government that closely resembled the previous government.

An issue still not resolved for Princeton is the lack of housing for seniors and low income families. The issue gained a lot of sympathy but no real action.

There is still a lot of concern about housing, or the lack of it, as Princeton faces an influx of miners and their families when the mine opens.

A building that was a fixture in Princeton since the 1950s, the former mortuary, was torn down. The building came into disrepute when a former mortician mishandled cremains and was charged with 36 counts under the Criminal Code. The building was used for a flooring business for a couple of years, then a murder occurred in the attached suite in 2008. The building was subsequently condemned and removed, ending a long history of death.



Making BC's roads safer was an easy call.

An overwhelming majority of British Columbians support restricting cellphone use by drivers.

Beginning January 1, talking, typing, texting or dialing on a handheld cellphone or any handheld portable electronic device while driving is against the law. The fine is \$167. Texting or emailing while driving gets you an extra 3 penalty points. For new drivers, there will be a full ban on all cellphone and electronic devices including hands-free. This will help keep them focused and make the roads safer for everyone.

To learn more visit DriveCellSafe.ca



Princeton's 2010 Horoscope

by Dawn Johnson

We are entering our tenth year since the turn of the century. For

Princeton, these have not been great years, but the town has survived the economic downturn of

the past year. Many changes have occurred in the structure of the town, and these changes will con-

tinue for the next two years. For the most part, the changes are beneficial.

they express themselves to the world at large. These groups need to integrate and cooperate in their ventures or they will meet with failure. Organizations will have to review whether or not they have worked effectively toward their ideals and objectives. If they have done so, then they will be in for a couple of successful years ahead. Otherwise, they will experience a time of breakdown and clearing out to prepare for success in the future. For most organizations, this will be a year when they decide to fish or cut bait.

In many respects, this will be a good year for Princeton. One thing we will notice is a heightened pride in our community, not just in Princeton, but in every community in the Similkameen watershed. Employment will increase beginning in March. Our local economy will get a boost by the end of January, and the trend will continue through the year.

This is a year when local residents MUST learn to expand their minds to take a broader view of our corner of the world.

It is not enough to stick with what we have been: we have to open up new dimensions of reality and incorporate this into who we are today. This process is already underway. It began last fall. We need to look at the changes we have made, such as the expansion of town boundaries, the airport improvements, the new foot bridge and the new town square, and see how these changes can work for us now.

There is a strong indication that local organizations will have to work harder this year if they want continued success. They are going to have to make changes in how

People are always concerned about the weather, and many will be relieved to learn there will be a nice warm break for the last two weeks of January and at the end of February.

The warm-up at the end of February does hold the potential for a rapid run-off and all the problems that could bring.

For Princeton residents, 2010 will be a year of developing stronger economic security as a community. Economic changes will force the community to determine what it values. Limitations to resources will force Town Council to make choices. Circumstances beyond anyone's control have a way of continued on Page 8



Congratulations, Mike! Overwaitea Manager Mike Talarico officially retired from the food company December 31st following over 36 years with the chain. Described by many friends and co-workers as a 'genuinely nice guy,' Talarico plans to stay in Princeton and continue his activity in the Princeton Rotary Club, which he joined in 2003. The News Leader wishes Mike a happy retirement which will likely include a lot of snowmobiling and fishing. *



Princeton Town Hall News

A MESSAGE FROM THE MAYOR & TOWN COUNCIL

A huge 'THANK YOU' to all Community Volunteers who have worked tirelessly throughout 2009 on countless community projects, events and activities. Your efforts are what gives our community its character!

And another 'THANK YOU' to all Town Employees (Crew and Staff) for working so hard in 2009 to make Princeton the place we all love to call home. And 'THANK YOU' to all local businesses for toughing out a challenging 2009...with all of us working together just imagine what 2010 will be like!

May we all enjoy a very, happy New Year! - Mayor & Council



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PROPOSED BOARD DATES
SUBJECT TO CHANGE

PUBLIC NOTICE IS HEREBY GIVEN THAT the Board Meeting dates for the year 2010 are as follows:

Regional District of Okanagan-Similkameen
2010 Meeting Schedule

January	February	March	April	May	June
7 21	4 18	4 18	1 15	6 20	3 17
July	August	September	October	November	December
8 22	5 19	2 16	7 21	4 18	16

Regular Board Meetings will be held at the Regional District of Okanagan-Similkameen Boardroom located at 101 Martin Street, Penticton, BC per the above scheduled dates. Please refer to the RDOS website www.rdos.bc.ca for meeting start times.

Keremeos News



Keremeos fire department doing what they do best. - photo submitted

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2009 was busy for fire department

by Melanie Bagley, KVFD

The Keremeos Volunteer Fire Department (KVFD) had their busiest year yet with a total of 151 calls. Approximately 30 percent of KVFD page outs are for motor vehicle incidents (MVI) and 50 percent for fires of various types.

A closer look at the 2009 figures show the KVFD responded to a total of 55 MVA (Motor Vehicle Assist) calls, 17 investigations, 16 grass/brush fires, 14 illegal burn incidents, 12 alarm acts, 8 structure fires, 6 vehicle fires, 6 ambulance assists, 4 mutual aid calls, 3 public assist/rescues, 2 chimney fires, 2 miscellaneous fires, 2 false alarms, 2 electrical fires and 2 gas leak/spill calls. The total number of calls for 2008 was 133.

Sometimes there are a couple of

weeks when there are no calls and then there can be other weeks or days when there are several calls. For example on Wednesday, December 30th, a call came in just before noon for a single vehicle MVI in Cawston. As that call was finishing another call came to attend a MVI head-on collision east of Hedley. Our rescue truck had just returned from that second call when there was third page out for a single vehicle rollover on Highway 3A. Three calls back to back are unusual but it does happen.

The busiest months for the KVFD in 2009 were during summer with 23 incidents in August and 22 in July. November was the quietest month with only 2 calls with January recording twice that

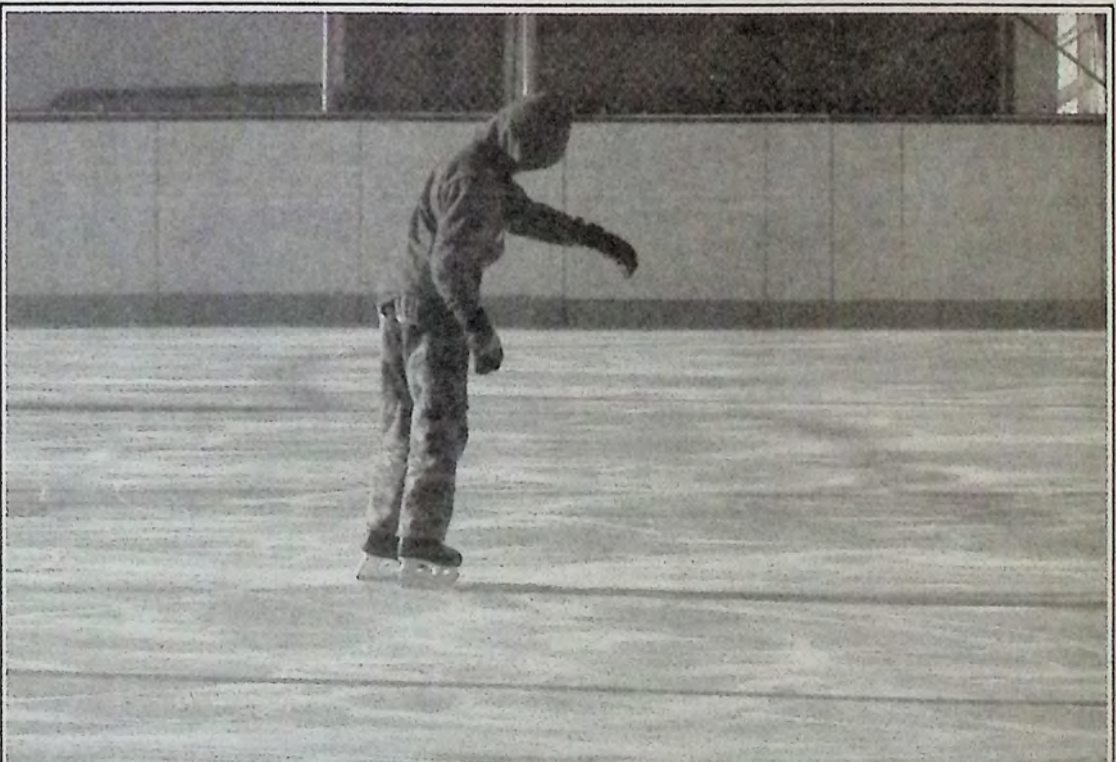
number.

As well as local emergencies, KVFD responds to mutual aid calls and has helped fight fires with the Princeton Fire Department. Princeton Fire Department and Princeton Road Rescue have also responded to help KVFD with mutual aid.

The department currently has 25 dedicated volunteer firefighters. Practices are every Tuesday evening. The above photo shows firefighters using the water monitor during a summer practice on pumps and hoses.

Approximately every 18 months to 2 years KVFD has a recruiting drive. There will be one in 2010.

The Keremeos Volunteer Fire Department would like to wish everyone a happy and safe year.



A skater works on his skills at the outdoor ice rink in Keremeos December 27th. *

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The News Leader's George Elliott takes cover after lighting the fuse to some fireworks on New Year's Eve. "We really wanted to start 2010 with a bang," Elliott says. Photo: Brenda Engel

..... continued from Front Page who work directly or indirectly in the business."

The BC Horse Racing Industry Management Committee is seen as a critical part of efforts to stabilize and revitalize BC's horse racing industry and the partnership formed between government and the industry to seek solutions to the serious challenges faced by the industry.

The committee will provide strategic direction and business leadership to the horse racing industry in BC.

Horse racing operators, associations, breeders and owners will continue to make operational decisions consistent with their responsibilities, but will do so within the broad business and fiscal framework established by the committee.

The committee says it recognizes the difficulties facing the industry, the urgency of the situation and the need to work together to achieve solutions as quickly as possible. It also recognizes that difficult decisions and compromise, in the best interest of the overall industry, will be required.

The priorities of the committee include:

- Implementing the new industry financial model, including the allocation of all anticipated rev-

enue for the period beginning April 1, 2009 and the replacement of the current complicated array of agreements with a small number of more strategic agreements;

- Expanding public awareness, involvement and, most importantly, attendance through improved marketing;

- Evaluating and improving the effectiveness of existing industry programs and activities; and

- Proposing longer-term solutions to systemic industry problems.

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Skaters enjoy a sunny day outside at Keremeos Recreation Centre. *

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THE NOTARY GROUP#108-2205 Louie Drive, Westbank, BC V4T 3C3
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by Laine Kuyer

Community Nutritionist, Public Health, Population Health, Interior Health

We have reached a new era in the fight against obesity and nutrition related chronic illness. It is becoming more widely recognized that aspects of the "built environment" — that is, the places and spaces created or modified by people including buildings, parks and transportation systems — impact our food choices every day. When people have easy access to healthy food, and are connected to their food system, they are more likely to eat a healthy diet, which contributes to better health. We can design our built environment to make the healthy choice the easy choice!

It may be difficult for people to improve the way they eat if nutritious food is not readily accessible. Grocery stores typically offer a wide variety of healthy food choices however grocery stores are not equally accessible. In particular, low-income communities often have few grocery stores and an abundance of fast food restaurants and convenience stores that provide food high in calories, but low in nutritional value. The lack of nearby grocery stores makes accessing healthy food especially difficult for people who don't have a car or for those with limited time.

What are some ways we can design the built environment to provide better access to healthy food?

Municipalities can play a major role in improving our food environment through land use planning policies that guide how land can be used and zoning by-laws that regulate development. Land use planning can help establish new grocery stores and farmers' markets and can help integrate agriculture into our built environment in the form of community and school gardens or rooftop gardens in underserved areas. Zoning can be used to limit the number of fast food restaurants in our neighbourhoods.

Food access can also be improved by focusing on creating sidewalks and bicycle lanes and improving public transportation. Ensuring grocery stores and farmers' markets are within walking or cycling distance or on public transportation routes will make healthy food more easily accessible to everyone.

As citizens, you can help municipalities choose the best land use planning options by becoming informed and talking to city council members or attending city council meetings and by voting. Participate in and give feedback during the development of your community's Official Community Plan. You can show your support for community, school and rooftop gardens by getting involved or volunteering on committees. Connecting with your local food coalition or council is a great way to hear about other exciting things you can do to support the creation of healthy food environments.

In order to improve access to healthy food as a way of tackling the obesity epidemic, we need city planners, public health professionals, community members and others to work together to design healthy built environments. Let's work together to make the healthy choice the easy choice!

Living Past 100**Give Your Kids A Better Start**

Results were released last month of a study done by Swedish military doctors. The study clearly showed the link between higher levels of physical activity in childhood and youth and the level of I.Q. in adulthood. In short, physically active children are going to be smarter than inactive children.

Other studies have shown that people with higher I.Q. tend to live longer. Many studies have shown the link between childhood inactivity and obesity. Obesity leads to an earlier death due to the many health hazards linked to obesity: diabetes, heart disease and cancer.

It just makes sense there is a link between physical activity and brain power. Physical activity helps children grow stronger, gives them a better circulatory and immune system, and is a key factor in stimulating growth. The more active a child is, the better the brain grows.

Brain health is not only a key factor in I.Q., it is a key factor in staying healthy well into the elderly years. The breakdown of the brain is linked to many health problems of the elderly. It is not enough to keep the brain active: physical activity is required, too. Your body performs best all over when both the brain and the body are active.

Active children eat better and eat more at mealtime. This is another factor that prevents obesity. Much of what children (and adults) eat when not active consists of snack foods high in sugar and/or fat. A well-balanced diet is a factor in childhood growth and development, but if a child sits down to a meal after a lot of snacks, the chances are that child will be a picky eater at mealtimes. A child who is physically active will come to the dinner table hungry and will eat more of what is good for him.

These links between physical activity, nutrition and I.Q. should not only be a concern of parents, public health officials and physicians, but of educators as well. This knowledge could change our system of raising children so that more real physical activity is included in every day of a child's life from early childhood to late teens. We know today there is a health link between excessive television viewing and computer time. This does not mean a child should never watch television or use a computer, it means sitting in front of one of these things or the other should not take the place of physical activity.

The kid who spends his after school hours playing soccer or hockey or basketball is going to be smarter and live longer. We could, as a society, work on ensuring every child has more opportunity to be involved in sports, regardless of ability. Even if a child is awkward or undersized, and sports excellence is not possible, that child should be able to participate in some kind of sport or physical activity on a daily basis. That is not happening now. Children who are good at athletics are given preference, while those who are not so good are turned away. Worse still are secondary school policies that tie academic achievement to opportunity to participate in sports. This new study from Sweden show the more the non-academic student participates in sports, the higher the I.Q. is likely to become!

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The Similkameen News Leader will be offering a new product for sale this month. *

2009 News Leaders on a CD?

Later this month you'll be able to purchase the complete set of 2009 issues of the Similkameen News Leader on a CD.

The idea came to News Leader Owner/Publisher George Elliott many months ago.

"There's always an interest in back issues of the News Leader," Elliott says.

"Sometimes it's someone looking for an issue with a photo of a family member, sometimes it's because of an article and sometimes it's just someone who missed an issue or two, but there's rarely a week that goes by without at least one person in our office looking for a past issue."

So Elliott decided that putting full copies of the News Leader - complete with ads and everything else - together in a collection may be of interest to readers.

"We convert each page to a pdf

file prior to uploading them to the website used by our printing company, but once the paper is printed the files get deleted. I started keeping back up copies of pages from my very first day here, but only decided to release a collection with the 2009 set."

The CD will feature the complete set of 52 News Leader's from 2009 which can be viewed on any computer.

Each issue will be complete in a file of its own dated to coincide with that weekly issue date of the paper.

"Going through hard copy archive files are difficult enough when we are looking for something that happened weeks or months ago in a cross reference for a story or photo so I discovered using the pdf files made it a lot easier for me, so it should be the same for the consumer," Elliott adds.

The price has not been determined, but Elliott says it will be affordable and says that if there is enough interest in the 2009 News Leader Collection he may release older sets later this year.

"It really comes down to whether or not the interest we already see in back issues of the News Leader translates into interest in back issues on a CD rather than in a printed form."

Elliott also says the existing four issues of Princeton BC News may also end up on a CD for purchase.

"We've basically run out of copies of the first two issues and there's a constant demand for more so it's not impossible to see that product may also see life as a CD collection."

The News Leader published a total of four issues of Princeton BC News in a 13-month stretch and plans to publish more in 2010.




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With the Christmas break finally over it's going to be back to business for the Princeton Posse who are well on their way to the first round of playoffs with only a few games left in the season. *

..... continued from Page 3

facing issues related to financial security. This does not mean the community will suffer from poverty, but it does mean the community will determine how to make itself more secure. Decisions made last year will be reviewed and a number of changes may take place in an effort to guarantee a more secure future for the community. This is a repeat of a process that took place in 1980 and 1981. We will rely heavily on Town Council and Regional District to enter into the process with the goal of finding the best possible way to make the future more secure while maintaining community values.

Those who determine the direction of the community, which includes organizations as well as elected officials, will likely do some soul-

searching and may even feel somewhat doubtful and depressed about the issues they face, but this is a poor approach to the community's future. The best solution will be to buckle down and to the best possible planning.

Historically, under current influences, change has become more rapid and more permanent. Leaving the "old" behind is the keynote. In Princeton, there will be strong resistance to change from those who have become comfortable with the way things have been. In the end, it is the younger people who will make change happen and who will embrace the changes taking place.

One of the key tasks of the community will be to promote the area for development.

March has the potential to come in like a lamb, but it will not last. Rain and snow storms will make the remainder of the month unsettled, with a cold snap in the final two weeks. April is likely to come in like March's lion and soften up. This is going to be a month of warm winds. There is a big potential for brush fires.

The first week of May is likely to disappoint gardeners, but the remainder of the month will be warmer and is likely to be dry. The long weekend should be hot and dry.

This is a month of big changes for Princeton. People become creative, full of new ideas and definitely in the mood to have fun. This desire for fun coincides with the trend to break down rigid patterns from the past. People are looking for new experiences, new opportunities, more excitement in their lives. People involved in the arts will see a rebirth of enthusiasm and an opportunity to expand the role of arts, crafts and creative groups in the community.

There is a down side to this sudden

new trend: youngsters may overdo their efforts to have fun and may get into trouble. They will be all right if they can be involved in positive, new stimulating experiences.

New community leaders will emerge in June. There is a strong element in May and June of unpredictability of events. Some will welcome all the excitement of not knowing what might happen next, others will resist.

For the most part, it is a time for adventure and fun. Old folks will be challenged to get out and enjoy life.

The first week of August holds the potential for some really extraordinary events such as fires, storms, maybe even an earthquake or landslide. Tulameen Family Days will need good security to prevent uproar and conflict, and they could see a storm spoil the fun.

The Fall Fair should enjoy good weather, and Princeton's 150th celebration should enjoy good weather.

Autumn is likely to be sunnier this year than last. Thanksgiving should be warmer this year than last. Late October should find us enjoying an unusual warm spell.

November and December are likely to be a time for the community to look back over the events of the year and evaluate whether goals have been reached and what else could have been done, or what could have been done better.

As autumn turns to winter, expect a lot of snow to fall in some serious snow storms between December 11 and 22.

An economic change on the positive side should take place in December. Local merchants should do all they can to promote Christmas shopping, because people will want to buy.

KEY TO 2010: Expand your horizons, enjoy the events, meet the economic challenges.

TO ALL STAKEHOLDERS AND FACILITY USERS OF THE PRINCETON EXHIBITION FAIRGROUNDS

In order to maintain and hopefully upgrade the facilities currently in place at the Princeton Exhibition Fairgrounds, the PXA Executive requires your input and assistance in identifying and prioritizing necessary projects.

If you would take a few minutes of your time to write out the items of your concern and forward them to the PXA at PO Box 1293, Princeton, BC V0X 1W0 it would be very much appreciated.

The executive is already aware of many necessary projects, but is limited by the funding available. We hope to access grant funding and with community involvement we can continue to improve the existing facilities, which only exist as a result of countless volunteers and the support of so many businesses over the years.

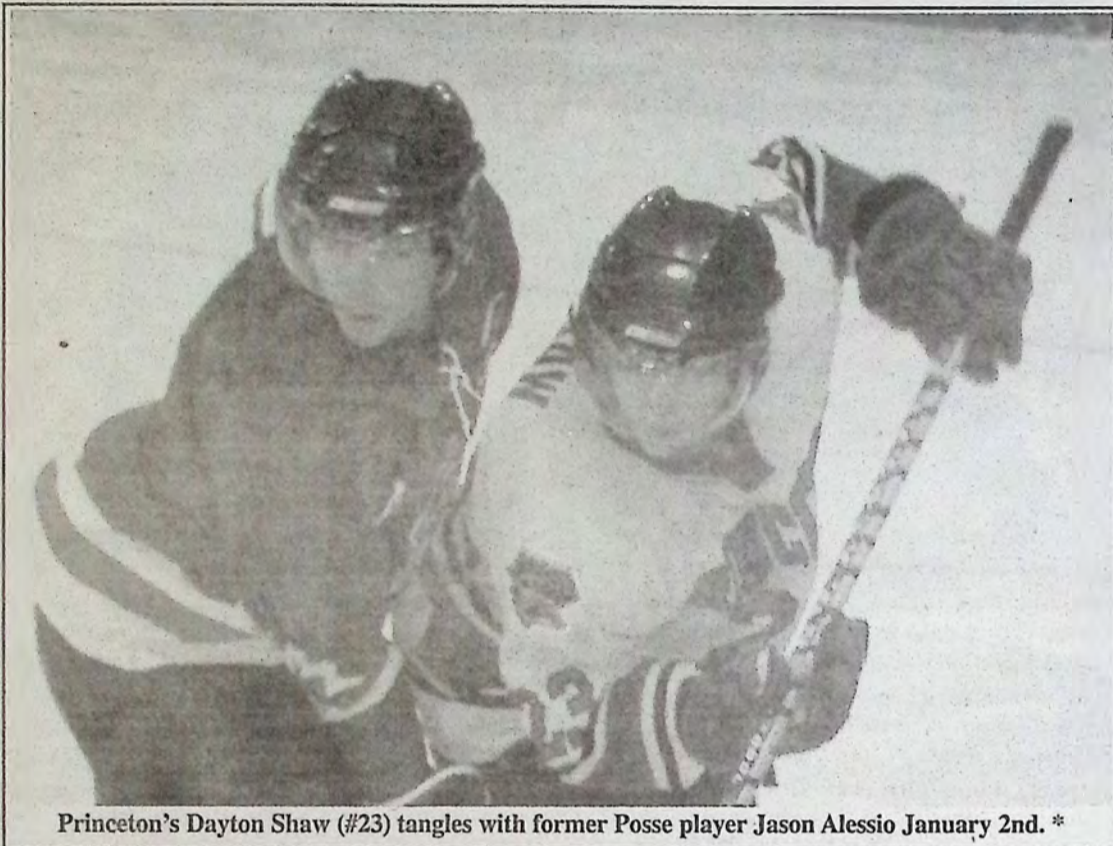
Thanking you in advance for your assistance,

Terry Inglis, PXA Vice President



News Leader Entertainment

Similkameen News Leader TV Guide Listings - January 5 - 11, 2010



Princeton's Dayton Shaw (#23) tangles with former Posse player Jason Alessio January 2nd. *

Posse take Storm in OT

The first Princeton Posse home game of 2010 followed a two-week Christmas break and put the home team against Kamloops Storm.

With only 18 players dressed, Kamloops would be faced with longer or more frequent shifts for the shorter bench, which assisted Princeton only slightly.

Princeton scored first at 17:17 on the power play. Brendan Stephen took the puck from behind his own net and sent a forward pass to Lee Muir while crossing the Posse blue line. Muir picked up the pass at centre ice and dropped it back to Stephen once he crossed over the centre line. Stephen took the puck

past the Kamloops blue line and fired a sharp angle shot from near the boards on the right side. It sailed across the front of the Kamloops net and bounced off of a Kamloops player and into the goal.

Princeton's second goal came on another power play at 11:49. Lee continued on next page



Princeton's Ben Morgan (#20) nearly scores a goal against Kamloops. *

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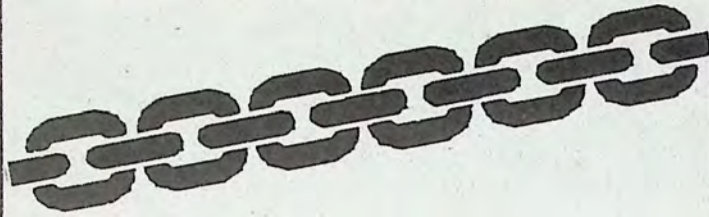
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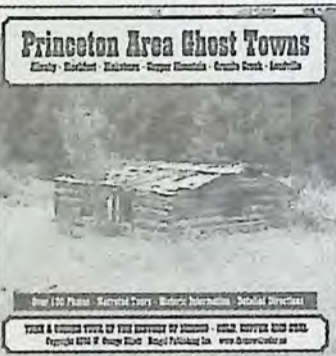


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Princeton's Ben Morgan (#20) tries to win a face off against Kamloops.*

..... continued from Page 9
 Muir fired a shot on goal and Evan Stack popped the rebound into the net.

Kamloops scored with 1:18 left in the period.

Posse Assistant Coach Kevin Robillard described the play during the first intermission, with this observation:

"From my standpoint I think we're really dictating the control of play. We have to be careful here that we're not getting too offensively minded from our back line." Robillard explained, "A couple of times we pinched down working to keep the puck in play and we didn't have that support which gave them

(Kamloops) two-on-ones or three-on-tuos, so we've got to look at that."

The second period saw Kamloops tie the game with a short-handed goal at 16:30.

Princeton took back the lead at 10:45 (Chad Brears from Spencer Kristensen and Jared Hidber).

Kamloops tied the game again at 10:49 in the third period.

Both teams battled hard to break the tie but could not, which put the game into overtime.

With 2:40 left in the extra frame Princeton's Devon Grossler took the puck into the Kamloops zone and tried to pass out front but the puck bounced off a Storm defend-

er. Ben Morgan was in the right spot at the right time and took control of the puck and passed it out to Grossler from deep in the left corner. Grossler sent a short wrist shot on goal, which was kicked away. Lee Muir took the rebound from the right side and tucked it away for the winning goal.

Final score: Princeton 4, Kamloops 3 OT. Shots on goal: Princeton 40, Kamloops 25. Penalties in minutes: Princeton 3 for 6-minutes, Kamloops 4 for 8-minutes.

Princeton spends the majority of January on the road with their next home game not scheduled until January 29th - against Kamloops.



Princeton's Alex Whitfield (#26) assists with the lucky puck toss fundraiser.*

TUESDAY, JANUARY 5, 2010

	WTBS (3)	CHBC (4)	KNOW (5)	KSPS (6)	KHQ (7)	KREM (8)	A&E (9)	KXLY (10)	BCTV (11)	CITV (12)	CBC (13)	YTV (18)	TSN (19)	VTV (22)	DISC (24)	FAM (26)	CITY (29)	SPIKE (44)	TROP (45)
6 AM :30	In the Heat of the Night	(5:30) Morning News (N)	Franklin George S.	Thomas Lions	News (N)	News	CSI: Miami	News	(5:30) Morning News (N)	(4:30) Morning News (N)	CBC News Now	Being Ian (6:25) Viva	SportsCentre	Canada AM	Discovery: 15 Years	Henry's Feet	CityLine	CSI: NY	Inside-Box That News
7 AM :30	Cosby		(7:01) Clifford the Big Red Dog Pop	Arthur (El) Martha	Today Mika Brzezinski; college interviews. (N)	The Early Show (N)	Cold Case Files	Good Morning America (N)			Dirtdgirl Animal	Invasion League	SportsCentre	Mayday "Gimli Glider"	Mickey	The Tyra Show	CSI: Crime Scn	End Leash Last 10	
8 AM :30	Harvey		Sid the Science Kid	Curious Sid			The First 48		100 Huntley Street	100 Huntley Street	Bo on Go Busytown	(7:55) (8:20)	SportsCentre	Dirty Jobs	Handy	Rachael Ray (N)	CSI: Crime Scn	Tube Tales	
9 AM :30	Fam. Feud	100 Huntley Street	Spider (10:35)	Super Why! Dinosaur		The 700 Club	The First 48	Live With Regis & Kelly	100 Huntley Street	World Vision	Super Why! News	Rolie Polie Timothy	Motoring Golf: Long Drive Champ.	Discovery: 15 Years	Feet Agent Oso	News City	CSI: Crime Scn	Colin-Justin	
10 AM :30	Reba	Hospital for Sick Kids	Sesame Street (El)		The Price Is Right (N)	Criminal Minds	The View	Hospital for Sick Kids	Debt Part ET Canada	Poko Doodlebop	Berenstain Willa's		The View	How-Made	Mickey Handy	The O.C.	CSI: Crime Scn	Whatever	
11 AM :30	Jim Name Earl	World Vision	Rolie Polie Berenstain	Clifford Sit-Be Fit	Ellen DeGeneres Show	Young & Restless	The Sopranos	Paid Prog.	World Vision	(10:59) Noon News Hour (N)	Gofrette Dirtdgirl	George S. (11:40) Erky	Billiards: Trick	Fashion	Phineas Suite Life	CityLine	CSI: Crime Scn	Golden	
12 PM :30	King King	Noon News Hour (N)	Maggie Rose (12:37)	Charlie Rose	Total Gym Paid Prog.	News The Bold	CSI: Miami	All My Children (N)	Noon News Hour (N)	Days of our Lives (N)	CBC News Now (N)	(12:05) Kid Flamingo	NFL PrimeTime	etalk	Deadliest Catch	Wizards Montana	The Bonnie Hunt Show	CSI: Crime Scn	3's Co. Ellen
1 PM :30	Seinfeld	As the World Turns (N)	(1:02) Wibbly Pig	Your Brush Quilting	Days of our Lives (N)	As the World Turns (N)	Cold Case Files	One Life to Live (N)	As the World Turns (N)	As the World Turns (N)	China Rises (DVS)	(12:55) Viva Jacob	Hockey	Sue Thomas: F.B. Eye	Dirty Jobs	Cory Recess	Judge J.	CSI: Crime Scn	Seinfeld
2 PM :30	Friends	Young & Restless	Franklin BluesClues	Barney WordWorld	The Bonnie Hunt Show	Let's Make a Deal (N)	The First 48	General Hospital (N)	Young & Restless	The Doctors	Steven and Chris	Ruby Invasion	Dr. Phil	MythBusters "Jet Pack"	Replace School	CityNews at 5 (N)	CSI: Crime Scn	Golden	
3 PM :30	The Office Name Earl	The Doctors	(3:01) Little Bear	WordGirl Electric	Judge Judge	Dr. Phil	The First 48	Rachael Ray (N)	The Doctors	Young & Restless	Recipes Mercer	(2:50) Kid League	Sports	(2:59) The Dr. Oz Show	Destroyed	Life Derek Suite Life	CityNews at 6 (N)	CSI: Crime Scn	End Leash Last 10
4 PM :30	Family Guy	Oprah Winfrey	George S.	Fetch! Ruff Cyberchus	Judge J.	Oprah Winfrey	Criminal Minds	Deal No	Oprah Winfrey	(3:59) Early Global Nat.	Ghost Whisperer	SpongeBob OddParent	Hockey 2010 IIHF	Ellen DeGeneres Show	Daily Planet (N)	Phineas Wizards	Law & Order: SVU	UFC Unleashed	Parking
5 PM :30	Payne	Early News	(4:57) Martha	BBC News Business	News (N) NBC News	News CBS News	Criminal Minds	News ABC News	Early News Global Nat.	(4:59) News Hour (N)	CBC News: Vancouver (N)	Penguins SpongeBob	Hockey	CTV News at Five (N)	How/Made	Suite Life Zoey 101	The Biggest Loser Strenuous	UFC Unleashed	Rescue Ink
6 PM :30	Law & Order: SVU	Global Nat. News	Taste Buds Dogs	PBS NewsHour (N)	Millionaire Access H.	News	Psychic Kids	News	(5:59) News Hour (N)	ET Canada	Ent. Ton. Coronation	Indie	etalk	License to Drill (N)	Sonny Suite Life	The Jay Leno Show (N)	MANswers	Dog Whisperer	
7 PM :30	Movie: "Jerry Maguire"	Ent. Ton. ET Canada	Court Nova (N)	Nova (N) Wheel	Jeopardy! The Doctors	The Doctors	Paranormal	Ent. Ton. The Insider	Ent. Ton. ET Canada	The Good Wife (N)	Wheel Jeopardy!	iCarly	etalk	License to Drill (N)	Sonny Suite Life	The Jay Leno Show (N)	MANswers	End Leash Last 10	
8 PM :30	(1996) Tom Cruise, Cuba Gooding Jr.	NCIS "Ignition" (N)	What the Ancients Did	Wild Lives	The Biggest Loser Strenuous	NCIS "Ignition" (N)	Celebrity Ghost Stories	Scrubs (N) Better Off	NCIS "Ignition" (N)	NCIS "Ignition" (N)	Mercer 22 Minutes	Malcolm Chris	Movie: "Blades of Glory"	Daily Planet	Overruled! Montana	CityNews	MANswers	Tube Tales	
9 PM :30		NCIS: Los Angeles (N)	Movie: "Etre et Avoir" (2002) Alize Premiere.	This. Emotional Life "Facing Our Fears" (N)	The Jay Leno Show (N)	The Good Wife (N)	Psychic Kids	the forgotten (N)	The Good Wife (N)	News Hour Final (N)	National Family Biz Indie	8 Rules What I Like	NHL Charity Poker	Law & Order: SVU	License to Drill	School Cory	Coach Judge	CSI: Crime Scn	Rescue Ink
10 PM :30	Movie: "Head of State"	The Good Wife (N)	(2002) Alize Premiere.	This. Emotional Life "Facing Our Fears" (N)	The Jay Leno Show (N)	The Good Wife (N)	Psychic Kids	the forgotten (N)	The Good Wife (N)	News Hour Final (N)	National Family Biz Indie	8 Rules What I Like	NHL Charity Poker	Law & Order: SVU	License to Drill	School Cory	Coach Judge	CSI: Crime Scn	Rescue Ink
11 PM :30	(2003) Chris Rock.	CHBC News Final (N)	Forgetful Not Forgotten	Charlie Rose (N)	News (N) Tonight	News Letterman	Paranormal	News (11:35)	News Hour Final (N)	Ent. Ton. ET Canada	(11:05) The Hour (N)	Prank Ptl Fries That?	SportsCentre (Live)	CTV News	How/Made	So Raven Life Derek	Home Imp. CityNews	Star Trek: Voyager	Dog Whisperer

WEDNESDAY, JANUARY 6, 2010

	WTBS (3)	CHBC (4)	KNOW (5)	KSPS (6)	KHQ (7)	KREM (8)	A&E (9)	KXLY (10)	BCTV (11)	CITV (12)	CBC (13)	YTV (18)	TSN (19)	VTV (22)	DISC (24)	FAM (26)	CITY (29)	SPIKE (44)	TROP (45)
6 AM :30	In the Heat of the Night	(5:30) Morning News (N)	Franklin George S.	Bob Build Lions	News (N)	News	CSI: Miami "Legal"	News	(5:30) Morning News (N)	(4:30) Morning News (N)	CBC News Now	Being Ian (6:25) Viva	SportsCentre	Canada AM	Daily Planet	Henry's Feet	CityLine	CSI: NY "Young Blood"	Inside-Box Spoiled
7 AM :30	Cosby		(7:01) Clifford the Big Red Dog	Arthur (El) Martha	Today Tim Allen; Dr. Drew Pinsky. (N)	The Early Show (N)	Cold Case Files	Good Morning America (N)			Dirtdgirl Animal	Invasion League	SportsCentre	Mayday	Mickey	The Tyra Show	CSI: Crime Scn	Project Runway Canada	
8 AM :30	Harvey		Sid the Science Kid	Curious Sid			The First 48 "Memphis"		100 Huntley Street	100 Huntley Street	Bo on Go Busytown	(7:55) (8:20)	SportsCentre	Worst Handyman	Handy	Rachael Ray	CSI: Crime Scn	Smarter	
9 AM :30	Fam. Feud	100 Huntley Street	Spider (10:35)	Super Why! Dinosaur		The 700 Club	The First 48	Live With Regis & Kelly	100 Huntley Street	Hospital for Sick Kids	Super Why! News	Rolie Polie Timothy	TblTennis X Games	Live With Regis & Kelly	Daily Planet	Feet Agent Oso	News City	CSI: Crime Scn	Colin-Justin
10 AM :30	Reba	World Vision	Sesame Street (El)		The Price Is Right (N)	Criminal Minds	The View	Hospital for Sick Kids	Debt Part ET Canada	Poko Doodlebop	Berenstain Willa's		The View	How-Made	Mickey Handy	The O.C.	CSI: Crime Scn	Whatever	
11 AM :30	Jim Name Earl	Hospital for Sick Kids	Rolie Polie Berenstain	Clifford Sit-Be Fit	Ellen DeGeneres Show	Young & Restless	The Sopranos	Paid Prog.	Hospital for Sick Kids	(10:59) Noon News Hour (N)	Gofrette Dirtdgirl	George S. (11:40) Erky	Fashion	Destroyed	Phineas Suite Life	CityLine	CSI: Crime Scn	Golden	
12 PM :30	King King	Noon News Hour (N)	Maggie Rose (12:37)	Charlie Rose	Paid Prog.	News The Bold	CSI: Miami "Legal"	All My Children (N)	Noon News Hour (N)	Days of our Lives (N)	CBC News Now (N)	(12:05) Kid Flamingo	etalk	Five Years on Mars	Wizards Montana	The Bonnie Hunt Show	CSI: Crime Scn	3's Co. Ellen	
1 PM :30	Seinfeld	As the World Turns (N)	(1:02) Wibbly Pig	Art Work Sewing	Days of our Lives (N)	As the World Turns (N)	Cold Case Files	One Life to Live (N)	As the World Turns (N)	As the World Turns (N)	China Rises (DVS)	(12:55) Viva Jacob	Away From Home	Sue Thomas: F.B. Eye	License to Drill	Cory Recess	Judge J.	CSI: Crime Scn	Seinfeld
2 PM :30	Friends	Young & Restless	Franklin BluesClues	Barney WordWorld	The Bonnie Hunt Show	Let's Make a Deal (N)	The First 48 "Memphis"	General Hospital (N)	Young & Restless	The Doctors	Steven and Chris	Ruby Invasion	Around Interruption	MythBusters	Replace School	CityNews at 5 (N)	CSI: Crime Scn	Golden	
3 PM :30	The Office Name Earl	The Doctors	(3:01) Little Bear Owl is grumpy.	WordGirl Electric	Judge Judge	Dr. Phil	The First 48	Rachael Ray	The Doctors	Young & Restless	Recipes Mosque	(2:50) Kid League	Off-Record	(2:59) The Dr. Oz Show	Canada's Worst Driver	Life Derek Suite Life	CityNews at 6 (N)	CSI: Crime Scn	Project Runway Canada
4 PM :30	Family Guy	Oprah Winfrey	George S.	Fetch! Ruff Cyberchus	Judge J.	Oprah Winfrey	Criminal Minds	Deal No	Oprah Winfrey	(3:59) Early Global Nat.	Ghost Whisperer	SpongeBob OddParent	NHL Hockey: Toronto	Ellen DeGeneres Show	Daily Planet (N)	Phineas Wizards	Law & Order: SVU	UFC Unleashed	Rescue Ink
5 PM :30	Law & Order: SVU	Early News	(4:57) Martha	BBC News Business	News (N) NBC News	News CBS News	Dog the Bounty Hunter	News ABC News	Early News Global Nat.	(4:59) News Hour (N)	CBC News: Vancouver (N)	Penguins SpongeBob	Hockey	CTV News at Five (N)	Destroyed	Suite Life Zoey 101	Mercy (N)	UFC Unleashed	Hoarders (N)
6 PM :30	The Office	Global Nat. News	Creatures Dogs	PBS NewsHour (N)	Millionaire Access H.	News	Bounty	News	(5:59) News Hour (N)	ET Canada	Ent. Ton. Coronation	iCarly	etalk	License to Drill	Montana Wizards	Family Cougar	Die	Hoarders "Patty: Bill"	
7 PM :30	Movie: "The Devil's Advocate"	Ent. Ton. ET Canada	Blue Realm (DVS)	The Human Spark (N)	Jeopardy! The Doctors	The Doctors	Seagal	Ent. Ton. The Insider	Ent. Ton. ET Canada	House	Wheel Jeopardy!	iCarly	etalk	Mayday "Gimli Glider"	Sonny Suite Life	The Jay Leno Show (N)	MANswers	Parking	
8 PM :30	(1997) Keanu Reeves, Al Pacino.	House	School	The Key of G	Mercy (N)	I Get That a Lot (N)	Seagal	The Middle	House	The 36th Annual People's Choice Awards	Dragons' Den (N)	Malcolm Chris	Movie: "Ocean's Thirteen"	Daily Planet	Overruled! Montana	CityNews	Die	ET Canada	
9 PM :30		The 36th Annual People's Choice Awards	Carnegie Hall Opening Night 2006	This. Emotional Life "Rethinking Happiness" (N)	Law & Order: SVU	The 36th Annual People's Choice Awards	Dog (9:31) Dog the Bounty Hunter	Family Cougar	The 36th Annual People's Choice Awards	Choice Awards	Republic of Doyle (N)	8 Rules What I Like	World Poker	Mayday "Gimli Glider"	Wizards Buzz	Glam God-Fox	DEA	Parking	
10 PM :30	Movie: "Consenting Adults" (1992)	CHBC News Final (N)	From Berlin 2006	Charlie Rose (N)	News (N) Tonight	News Letterman	Seagal	News (11:35)	News Hour Final (N)	Ent. Ton. ET Canada	(11:05) The Hour (N)	Prank Ptl Fries That?	SportsCentre (Live)	CTV News	License to Drill	So Raven Life Derek	Home Imp. CityNews	Star Trek: Voyager	Hoarders "Patty: Bill"

Similkameen News Leader - Horoscopes

January 6 - 13, 2010

Aries - Many things occur to challenge you. Career problems may arise, there may be problems with parents or the elderly. Be an optimist. Problems clear up by next week. Hang in.

Taurus - If it seems like your problems just keep coming back, you're right. This will go on until mid-June. What cannot be solved may have to be abandoned. This month is easier.

Gemini - Resources you share with others will come under scrutiny and you may find benefits you did not expect. This is a good month to review/update your financial position.

Cancer - A lot of interaction with partner and close friends can result in an improvement in your relationships, but don't expect miracles. There will be some opposition. Take care of health.

Leo - Ego issues go to back burner, and energy steadies. Health and job come first this month, so focus energy there. You may not feel like talking to others. Keep own counsel.

Virgo - You never have much fun in January but there will be some pleasant times. Job will run smoothly, health is good. On January 20, friends and partner will be generous and giving.

Libra - Matters related to home, property and family are challenging now, but look for the bright side. There is a silver lining. Things change in subtle ways. Luck is possible.

Scorpio - Communications are rewarding now but career problems seem to go on and on. Career demands slack off a little but problems may continue with parent/elderly. Keep chin up.

Sagittarius - Need for learning continues. Benefits come from a distant source or from business travel. Money situation eases a bit, but focus on income sources. Look ahead.

Capricorn - You look good and feel good now. Problems arise with those who share your resources. Problem won't be solved soon. Things get hectic next week re: siblings, neighbourhood.

Aquarius - This is your time to look into yourself. You may find patterns of self-defeat and you can correct them now. Pay attention to friends, partner, those you consult. Listen!

Pisces - Your focus shifts now to groups you belong to. They are important, but things will change very soon. New phase begins Jan. 20. Watch for weight gain, health problems.

Tuesday Movies

EVENING

7:00 pm WTBS (3) ★★½ "Jerry Maguire" (1996, Romance-Comedy) Tom Cruise. A Los Angeles sports agent finds love with a pretty accountant after an attack of conscience costs him his job and fiancée. (D)

8:00 pm VTV (22) ★★½ "Blades of Glory" (2007, Comedy) Will Ferrell. Several years after being banned from men's singles competition, two rival skaters exploit a loophole that

allows them to compete as a pair. (In Stereo) (D)

9:00 pm KNOW (5) ★★½ "Etre et Avoir" (2002, Documentary) Alizé. Premiere. In a one-room schoolhouse in France, a dedicated teacher instructs children from age 4 to 10 on every subject. (D)

10:00 pm WTBS (3) ★★ "Head of State" (2003, Comedy) Chris Rock. An alderman becomes a presidential candidate and chooses his unsophisticated brother as a running mate.

Wednesday Movies

EVENING

7:00 pm WTBS (3) ★★½ "The Devil's Advocate" (1997, Suspense) Keanu Reeves. After moving to New York, a lawyer and his wife gradually learn his new employer's true identity. (D)

8:00 pm VTV (22) ★★½ "Ocean's Thirteen" (2007, Comedy-Drama)

George Clooney. Danny Ocean and his gang plot revenge against a casino owner who wronged one of their own. (In Stereo) (D)

10:30 pm WTBS (3) ★★½ "Consenting Adults" (1992, Suspense) Kevin Kline. A new neighbor lures a couple into wife-swapping as a setup to an insurance-scam murder. (D)

Thursday Movies

EVENING

7:00 pm WTBS (3) ★★½ "Just Friends" (2005, Romance-Comedy) Ryan Reynolds. A music executive tries to woo his high-school crush while keeping his suspicious ex-girl-

friend at bay. (D)

9:30 pm WTBS (3) ★★½ "Just Friends" (2005, Romance-Comedy) Ryan Reynolds. A music executive tries to woo his high-school crush while keeping his suspicious ex-girlfriend at bay. (D)

Similkameen News Leader - Recipe Corner

Recipe #304

Penne Rigate

(WITH CHICKEN, PEPPER & MUSHROOMS)

Fast and family-friendly dinner: Penne Rigate with Chicken, Pepper and Mushrooms

(NC)—Do you need a fast dinner to feed the family?

Try this easy to prepare meal that also delivers one-third of their daily fibre requirement...and they'll never know it.

- 1 pkg (500 g) Catelli Smart Penne Rigate pasta
- 30 mL (2 tbsp) olive oil
- 3 boneless, skinless chicken breasts, cut into strips
- 250 g (1/2 lb) mushrooms, halved
- 1 red or yellow pepper, chopped
- 1 jar (700 mL) meatless pasta sauce
- 30 mL (2 tbsp) chopped fresh parsley
- Salt and freshly ground pepper

- Cook penne rigate according to package directions.
- Heat oil in a skillet set over medium-high heat; sauté chicken until golden.
- Remove and set aside. Add mushrooms and pepper; sauté until tender.
- Stir in pasta sauce, parsley and reserved chicken; heat through.
- Season to taste with salt and pepper.
- Serve sauce over hot penne rigate.

Serves 4 / Prep time: 15 minutes

- News Canada

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RESUME

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Friday Movies

EVENING

7:00 pm WTBS (3) ★★½ "Crocodile Dundee" (1986, Comedy) Paul Hogan. A rich reporter tours outback Australia with a crocodile hunter, then brings him to Manhattan. (D)

7:30 pm FAM (26) "Life Is Ruff" (2005, Comedy) Kyle Massey. A teenage slacker adopts a stray as part of a plan to win a large cash prize at an upcoming dog show. (In Stereo) (D)

9:00 pm FAM (26) ★★ "Dennis the Menace" (1993, Comedy) Walter Matthau. A mischievous boy's antics annoy his grumpy old neighbor. (In Stereo) (D)

9:30 pm WTBS (3) ★★½ "Crocodile Dundee" (1986, Comedy) Paul

Hogan. A rich reporter tours outback Australia with a crocodile hunter, then brings him to Manhattan. (D)

10:36 pm FAM (26) "Adventures of the Cactus Kid" (2000, Adventure) Thomas Curtis. A boy fantasizes about robbing a bank in the style of his comic-book hero. (In Stereo) (D)

11:00 pm SPIKE (4) ★★ "Street Fighter" (1994, Action) Jean-Claude Van Damme. Commandos and their leader raid a psychotic warlord's hide-out to rescue 63 hostages. (In Stereo)

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THURSDAY, JANUARY 7, 2010

	WTBS (3)	CHBC (4)	KNOW (5)	KSPS (6)	KHQ (7)	KREM (8)	A&E (9)	KXLY (10)	BCTV (11)	CITY (12)	CBC (13)	YTV (18)	TSN (19)	VTV (22)	DISC (24)	FAM (26)	CITY (29)	SPIKE (44)	TROP (45)
6 AM	In the Heat of the Night	(5:30) Morning News (N)	Franklin George S.	Thomas Lions	News (N)	News	CSI: Miami "Hell Night"	News	(5:30) Morning News (N)	(4:30) Morning News (N)	CBC News Now	Being Ian (6:25) Viva	SportsCentre	Canada AM	Daily Planet	Henry's Feet	CityLine	CSI: NY "Bad Beat"	Inside-Box Reality
7 AM	Cosby		(7:01) Clifford the Big Red Dog	Arthur (E) Martha	Today Whoopi Goldberg;	The Early Show (N)	Cold Case Files	Good Morning America (N)			Dirtgirl	Invasion	SportsCentre		Mayday	Mickey Mickey	The Tyra Show	CSI: Crime Sen	Soap Reality
8 AM	Harvey		Sid the Science Kid	Curious	David Mizejewski. (N)		The First 48		100 Huntley Street	100 Huntley Street	Bo on Go	(7:55) Busytown (8:20)	SportsCentre		Mars Rising	Handy Handy	Rachael Ray	CSI: Crime Sen	Comeback What
9 AM	Fam. Feud	100 Huntley Street		Super Why!	Dinosaur		The First 48	Live With Regis & Kelly	100 Huntley Street	World Vision	Super Why! News	Rolie Polie	SnowTrax	Live With Regis & Kelly	Daily Planet	Agent Oso	News City	CSI: Crime Sen	Collin-Justin
10 AM	Reba	World Vision	Spider (10:36)	Sesame Street (E)		The Price Is Right (N)	The First 48	The View	World Vision	Debt Part ET Canada	Poko	Berenstain	Willa's NFL Films	The View	How-Made	Mickey Handy	The O.C.	CSI: Crime Sen	Whatever
11 AM	Accrd/Jim Name Earl	World Vision	Rolie Polie Berenstain	Clifford Sit-Be Fit	Ellen DeGeneres Show	Young & Restless	The Sopranos	Paid Prog.	World Vision	(10:59) Noon News Hour (N)	Gofrette	George S. (11:40) Erky	Billiards: Trick	Fashion	Destroyed	Phineas	CityLine	CSI: Crime Sen	Golden
12 PM	King	Noon News Hour (N)	Maggie (12:38)	Charlie Rose	Paid Prog.	News	CSI: Miami "Hell Night"	All My Children (N)	Noon News Hour (N)	Days of our Lives (N)	CBC News Now (N)	(12:05) Kid Flamingo	NHL Charity Poker	etalk	License to Drill	Wizards Montana	The Bonnie Hunt Show	CSI: Crime Sen	3's Co. Ellen
1 PM	Seinfeld	As the World Turns (N)	(1:02) Go, Diego, Go!	Simp Paint Quilling	Days of our Lives (N)	As the World Turns (N)	Cold Case Files	One Life to Live (N)	As the World Turns (N)	As the World Turns (N)	China Rises (DVS)	(12:55) Viva Jacob	NHL Charity Poker	Sue Thomas: F.B.Eye	Mayday "Gimli Glider"	Cory Recess	Judge J. Judge J.	CSI: Crime Sen	Seinfeld
2 PM	Friends	Young & Restless	(2:01) BluesClues	Barney WordWorld	The Bonnie Hunt Show	Let's Make a Deal (N)	The First 48	General Hospital (N)	Young & Restless	The Doctors	Steven and Chris	Ruby Invasion	Around Interruption	Dr. Phil	MythBusters	Replace School	CityNews at 5 (N)	CSI: Crime Sen	Golden
3 PM	The Office	The Doctors	(3:02) Little Bear Fishing trip.	WordGirl Electric	Judge	Dr. Phil	The First 48	Rachael Ray	The Doctors	Young & Restless	Recipes 22 Minutes	(2:50) Kid League	Off-Record Sports	(2:59) The Dr. Oz Show	Cash Cab	Life Derek	CityNews at 6 (N)	CSI: Crime Sen	Soap
4 PM	Family Guy	Oprah Winfrey	George S.	Cyberchas	Judge J.	Oprah Winfrey	The First 48	ABC News	Oprah Winfrey	(3:59) Early Global Nat.	Ghost Whisperer	SpongeBob OddParent	NHL Hockey: Ottawa	Ellen DeGeneres Show	Daily Planet (N)	Phineas Wizards	Law & Order: SVU	UFC Unleashed	Reality
5 PM	Payne	Early News	(4:58) News	BBC News	News (N)	News	The First 48	College Football: Citi BCS National	Global Nat.	(4:59) News Hour (N)	CBC News: Vancouver (N)	Penguins	Senators at Washington Capitals.	CTV News at Five (N)	Mega Beasts	Suite Life Zoey 101	Community Parks	UFC Unleashed	Family Guy
6 PM	Law & Order: SVU	Global Nat.	Heads Up Dogs	PBS NewsHour (N)	Millionaire	Access H.	The First 48	Championship Game -- Alabama vs. Texas.	(5:59) News Hour (N)	Ent. Ton.	Coronation	Indie	College Football: Citi BCS National	CTV News (N)	Mega Beasts	Montana Wizards	30 Rock	TNA Wrestling	Seinfeld
7 PM	Movier "Just Friends" (2005) Ryan Reynolds.	Ent. Ton.	Frontier of Construction	Rememb-When	Jeopardy!	The Doctors	The First 48	Championship Game -- Alabama vs. Texas.	Ent. Ton.	90210 "The Porn King"	Wheel Jeopardy!	iCarly	College Football: Citi BCS National	etalk	MythBusters	Sonny Suite Life	The Jay Leno Show (N)	CSI: Crime Sen	70s Show
8 PM	Reynolds.	Bones (PA)	New York	Sherlock Holmes	Community Parks	CSI: Crime Sen	The First 48	Bones (PA)	Bones (PA)	The Nature of Things	Malcolm Chris		Championship Game	CSI: Crime Sen	Daily Planet	Overruled! Montana	CityNews	ET Canada	
9 PM	The Office	The Office	MI-5	The Office	CSI: Crime Sen	(9:01) The First 48	News	The Office	The Office	The Office	The Border (N)	8 Rules	Sports	CSI: Crime Sen	Mega Beasts	Wizards Buzz	New York	MANswers	Family Guy
10 PM	Movier "Just Friends" (2005) Ryan Reynolds.	90210 "The Porn King"	Annie Liebovitz	Soundstage	The Jay Leno Show (N)	(10:01) The Mentalist	(10:01) The First 48	Ent. Ton.	90210 "The Porn King"	News Hour Final (N)	National	Family Biz Indie	Billiards: Trick	(10:01) The Mentalist	Mega Beasts	School Cory	Coach Judge	(10:04) (10:34)	Seinfeld
11 PM	Heat	CHBC News Final (N)	Landscape	Charlie Rose (N)	News (N)	News	(11:01) The First 48	News	News Hour Final (N)	Ent. Ton.	(11:05) The Hour (N)	Prank Ptrl Fries That?	SportsCentre (Live)	CTV News	MythBusters	So Raven	Home Imp.	Unsolved Mysteries	70s Show

FRIDAY, JANUARY 8, 2010

	WTBS (3)	CHBC (4)	KNOW (5)	KSPS (6)	KHQ (7)	KREM (8)	A&E (9)	KXLY (10)	BCTV (11)	CITY (12)	CBC (13)	YTV (18)	TSN (19)	VTV (22)	DISC (24)	FAM (26)	CITY (29)	SPIKE (44)	TROP (45)
6 AM	In the Heat of the Night	(5:30) Morning News (N)	Franklin George S.	Bob Build Lions	News (N)	News	CSI: Miami "Bloodline"	News	(5:30) Morning News (N)	(4:30) Morning News (N)	CBC News Now	Being Ian (6:25) Viva	SportsCentre	Canada AM	Daily Planet	Henry's Feet	CityLine	CSI: NY	Inside-Box
7 AM	Cosby		(7:01) Clifford the Big Red Dog	Arthur (E) Martha	Today Marriage after an affair;	The Early Show (N)	CSI: Miami "Rush"	Good Morning America (N)			Dirtgirl	Invasion	SportsCentre		Mayday	Mickey M. Mouse	The Tyra Show	CSI: Crime Sen	Deal-No Deal
8 AM	Harvey		Sid the Science Kid	Curious	Zachary Levi. (N)		CSI: Miami "Burned"		100 Huntley Street	100 Huntley Street	Bo on Go	(7:55) Busytown (8:20)	SportsCentre		MythBusters	Handy Handy	Rachael Ray	CSI: Crime Sen	6 Degrees
9 AM	Fam. Feud	100 Huntley Street	Science tools.	Super Why!	Dinosaur		The First 48	Live With Regis & Kelly	100 Huntley Street	Hospital for Sick Kids	Super Why! News	Rolie Polie	TblTennis	Live With Regis & Kelly	Daily Planet	Agent Oso	News City	CSI: Crime Sen	Colin-Justin
10 AM	Reba	World Vision	Spider (10:36)	Sesame Street (E)		The Price Is Right (N)	Criminal Minds	The View	World Vision	Debt Part ET Canada	Poko	Berenstain	Willa's NFL Films	The View	How-Made	Mickey Handy	The O.C.	CSI: Crime Sen	Whatever
11 AM	Accrd/Jim Name Earl	World Vision	Rolie Polie Berenstain	Clifford Sit-Be Fit	Ellen DeGeneres Show	Young & Restless	The Sopranos	Paid Prog.	World Vision	(10:59) Noon News Hour (N)	Gofrette	George S. (11:40) Erky	Billiards: Trick	Fashion	Mighty Ships "Faust"	Phineas	CityLine	CSI: Crime Sen	Golden
12 PM	King	Noon News Hour (N)	Maggie (12:38)	Charlie Rose	Paid Prog.	News	CSI: Miami "Bloodline"	All My Children (N)	Noon News Hour (N)	Days of our Lives (N)	CBC News Now (N)	(12:05) Kid Flamingo	NHL Charity Poker	etalk	Mega Beasts	Wizards Montana	The Bonnie Hunt Show	CSI: Crime Sen	3's Co. Ellen
1 PM	Seinfeld	As the World Turns (N)	(1:02) Go, Diego, Go!	Wylands Organic	Days of our Lives (N)	As the World Turns (N)	CSI: Miami "Rush"	One Life to Live (N)	As the World Turns (N)	As the World Turns (N)	Heartland	(12:55) Viva Jacob	NHL Charity Poker	Sue Thomas: F.B.Eye	Mega Beasts	Cory Recess	Judge J. Judge J.	CSI: Crime Sen	Seinfeld
2 PM	Friends	Young & Restless	(2:01) BluesClues	Barney WordWorld	The Bonnie Hunt Show	Let's Make a Deal (N)	CSI: Miami "Burned"	General Hospital (N)	Young & Restless	The Doctors	Steven and Chris	Ruby Invasion	Around Interruption	Dr. Phil	MythBusters	Replace School	CityNews at 5 (N)	CSI: Crime Sen	Golden
3 PM	The Office	The Doctors	(3:02) Little Bear Chasing dan.	WordGirl Electric	Judge	Dr. Phil	CSI: Miami	Rachael Ray	The Doctors	Young & Restless	Recipes Red Green	(2:50) Kid League	Off-Record Sports	(2:59) The Dr. Oz Show	Cash Cab	Life Derek	CityNews at 6 (N)	CSI: Crime Sen	Deal-No Deal
4 PM	Family Guy	Oprah Winfrey (N)	George S.	Cyberchas	Judge J.	Oprah Winfrey (N)	Criminal Minds	Deal No	Oprah Winfrey (N)	(3:59) Early Global Nat.	Ghost Whisperer	SpongeBob OddParent	NBA Basketball: Toronto Raptors at Philadelphia 76ers.	Ellen DeGeneres Show	Daily Planet (N)	Phineas Wizards	Murdoch Mysteries	UFC Unleashed	6 Degrees
5 PM	Payne	Early News	(4:58) News	BBC News	News (N)	News	Criminal Minds	ABC News	Global Nat.	(4:59) News Hour (N)	CBC News: Vancouver (N)	Penguins	Raptors at Philadelphia 76ers.	CTV News at Five (N)	Dirty Jobs	Suite Life Zoey 101	Supernanny (N)	UFC Unleashed	Family Guy
6 PM	Law & Order: SVU	Global Nat.	Whale Dogs	PBS NewsHour (N)	Millionaire	Access H.	Criminal Minds	News	(5:59) News Hour (N)	Ent. Ton.	Coronation	Indie	SportsCentre (Live)	CTV News (N)	Man vs. Wild "Namibia"	Zeke Jonas	Man Tracker (DVS)	Ultimate Fighting Championships	Cleveland
7 PM	Movier "Crocodile Dundee"	Ent. Ton.	Wolves of Labrador	Wash Wk McLaughlin	Jeopardy!	The Doctors	Criminal Minds	Ent. Ton.	Ent. Ton.	NUMB3RS "Scratch"	Wheel Jeopardy!	iCarly "iGo to Japan"	Hockey	etalk	Hunt Mad Trap	Sonny	The Jay Leno Show (N)	hip 95: Sanchez vs. Stevenson	70s Show
8 PM	(1986) Paul Hogan.	Dollhouse (N)	Peirot "The ABC Murders"	Bill Moyers Journal (N)	Law & Order (N)	Ghost Whisperer (N)	Criminal Minds	Supernanny (N)	Dollhouse (N)	Dollhouse (N)	Mercer	iCarly	Off-Record	Ghost Whisperer (N)	Daily Planet	"Life Is Ruff" (2005)	CityNews	ET Canada	
9 PM	The Office	Shark Tank (N)	Classical	NOW Dateline NBC	Medium (N)	(9:01) Criminal Minds	Shark Tank (N)	Shark Tank (N)	Shark Tank (N)	Shark Tank (N)	fifth estate	Weird	Boxing: Card To Be Announced.	Medium (N)	Man vs. Wild "Namibia"	Movier: "Dennis the Menace"	Coach	Disorderly Con.	Family Guy
10 PM	Movier "Crocodile Dundee"	NUMB3RS "Scratch"	Picture of Light The Northern Lights.	Windsors-Royal	The Jay Leno Show (N)	NUMB3RS "Scratch"	(10:01) Criminal Minds	20/20	NUMB3RS "Scratch"	News Hour Final (N)	National	Prank Ptrl	(Taped)	Flashpoint "Aisle 13"	Dirty Jobs	(10:36) Judge	"Adventures of the Cactus Kid"	American Gladiators	Movier: "Street Fighter"
11 PM	Heat	CHBC News Final (N)	Landscape	Charlie Rose (N)	News (N)	News	(11:01) Criminal Minds	News	News Hour Final (N)	Ent. Ton.	(11:05) The Hour (N)	Prank Ptrl Fries That?	SportsCentre (Live)	CTV News	Hunt Mad Trap		CityNews		King

News Leader Puzzle Page

CARTER'S Sudoku Challenge

CREATED FOR THE NEWS LEADER BY CARTER BOSWELL

HOW TO PLAY:

Sudoku is a game of logic. There is no math involved. The object of the game is to fill the grid so that the numbers 1 through 9 appear only once in each row, column and 3 x 3 box. The numbers can appear in any order and Carter has left you some clues below.

CHALLENGE #257 - Rated Easy

2	5			1				
8				5		9	1	
		9						3
		5	1	9				2
	9		7	5		4		
4			2	6	7			
	7					5		
	3	6		1				8
			8				6	7

CHALLENGE #258 - Rated Hard

			1	4		7	8	
5	7		9			3		
4								
					1	4	7	
7				9				6
2	6		3					
							5	1
		7			3		9	
9	6		5	2				

THIS WEEK'S SOLUTIONS: Page 18

Carter's Sudoku Challenge grids, puzzles and solutions copyright 2009 Carter Boswell, Princeton, BC and published by Similkameen News Leader

**We're different,
and we like that.**

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Saturday Movies

MORNING

- 6:00 am SPIKE (4) ★★½ "Hard Target" (1993, Action) Jean-Claude Van Damme. Hired to find a missing person in New Orleans, a merchant seaman becomes the prey of those who hunt men for sport. (In Stereo) (D)
- 8:00 am WTBS (3) ★★ "The Legend of Zorro" (2005, Adventure) Antonio Banderas. The masked swordsman and his wife fight a European count plotting to block California's statehood. (D)
- 10:00 am SPIKE (4) ★★½ "Lethal Weapon" (1987, Action) Mel Gibson. A detective with a family hunts drug smugglers with his new partner, a loner with a death wish. (In Stereo) (D)

AFTERNOON

- 12:00 pm KXLY (10) ★★½ "Baby Boom" (1987, Comedy) Diane Keaton. A Manhattan career woman with a live-in boyfriend suddenly inherits a baby girl and moves to Vermont. (D)
- FAM (26) ★★ "The Cheetah Girls" (2003, Comedy-Drama) Raven. Four teens aim to take the world by storm with their music. (In Stereo) (D)
- 12:30 pm SPIKE (4) ★★½ "Lethal Weapon 2" (1989, Action) Mel Gibson. An accountant leads a wild detective and his cautious partner to a South African diplomat running drugs. (In Stereo) (D)
- 1:33 pm FAM (26) ★★½ "Black Beauty" (1994, Adventure) Sean Bean. Based on Anna Sewell's novel about a horse in Victorian England and its often cruel treatment by various owners. (In Stereo) (D)
- 3:00 pm SPIKE (4) ★★½ "Lethal Weapon 3" (1992, Action) Mel Gibson. Los Angeles police detectives crush a guns-to-gangs operation with a wild woman from internal affairs. (In Stereo) (D)
- 5:00 pm WTBS (3) ★★½ "Lord of War" (2005, Drama) Nicolas Cage. A relentless Interpol agent tracks an arms dealer trying to stay one step ahead of his business rivals. (D)
- 5:30 pm SPIKE (4) ★★½ "Die Hard" (1988, Action) Bruce Willis. A New York policeman outwits foreign thugs holding his wife and others in a Los Angeles high-rise. (In Stereo) (D)

- 7:00 pm CITV (12) "In Her Mother's Footsteps" (2006, Suspense) Emma Caulfield. Premiere. A woman sees visions of murders after her family inherits her wealthy father's house. (D)
- 7:30 pm WTBS (3) ★★½ "Hamburger Hill" (1987, War) Anthony Barrile. Fourteen Army recruits try again and again to take a muddy hill in Vietnam. (D)
- 8:00 pm CHBC (4) BCTV (11) "In Her Mother's Footsteps" (2006, Suspense) Emma Caulfield. Premiere. A woman sees visions of murders after her family inherits her wealthy father's house. (D)
- 8:05 pm KSPS (6) ★★½ "An American in Paris" (1951, Musical) Gene Kelly. A GI stays in Paris to paint and falls in love with a young woman. (In Stereo) (D)
- 8:30 pm SPIKE (4) ★★½ "Batman" (1989, Action) Jack Nicholson. Premiere. The Caped Crusader saves dismal Gotham City and gorgeous Vicki Vale from the freaky Joker. (In Stereo) (D)
- 9:00 pm FAM (26) ★★½ "Grumpy Old Men" (1993, Comedy) Jack Lemmon. Minnesota neighbors rekindle a 10-year feud when they fall for the same widow. (In Stereo) (D)
- 10:30 pm WTBS (3) ★★ "The Legend of Zorro" (2005, Adventure) Antonio Banderas. The masked swordsman and his wife fight a European count plotting to block California's statehood. (D)
- 10:44 pm FAM (26) ★★½ "Bob the Butler" (2005, Comedy) Tom Green. A novice manservant takes a job with a neurotic single mother and her mischievous children. (In Stereo) (D)

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Sunday Movies

MORNING

- 8:00 am WTBS (3) ★★ "Ace Ventura: Pet Detective" (1994, Comedy) Jim Carrey. A bungling gumshoe uncovers more than just a simple kidnapping when he searches for the Miami Dolphins' missing mascot. (D)
- 10:00 am SPIKE (4) ★★½ "Batman" (1989, Action) Jack Nicholson. The Caped Crusader saves dismal Gotham City and gorgeous Vicki Vale from the freaky Joker. (In Stereo) (D)
- 12:00 pm FAM (26) ★★ "Good Boy!" (2003, Comedy) Molly Shannon. After adopting a dog, a 12-year-old learns the animal is an interplanetary scout sent to investigate other canines. (In Stereo) (D)
- 1:00 pm SPIKE (4) ★★½ "The Last Boy Scout" (1991, Action) Bruce Willis. Premiere. An ex-Secret Service agent plays private eye with an ex-quarterback on a case of sports gambling and murder. (In Stereo) (D)
- 1:30 pm FAM (26) ★★½ "The Adventures of Pinocchio" (1996, Fantasy) Martin Landau. A fairy answers a wish, bringing to life the puppet of woodcarver Geppetto, who names him Pinocchio. (In Stereo) (D)
- 2:00 pm WTBS (3) ★★ "Old School" (2003, Comedy) Luke

- Wilson. Three friends try to recapture the fun of their college years by starting their own off-campus fraternity. (D)
- YTV (18) ★★ "Five Children and It" (2004, Fantasy) Kenneth Branagh. Sent to live with their dotly uncle, London siblings encounter an 8,000-year-old creature who grants them wishes. (In Stereo) (D)
- 3:30 pm SPIKE (4) ★★½ "Eraser" (1996, Action) Arnold Schwarzenegger. Premiere. A Witness Protection Program agent hides a woman who knows about defense-field traitors planning to sell a superweapon. (In Stereo) (D)
- 4:00 pm WTBS (3) ★★½ "I Spy" (2002, Comedy) Eddie Murphy. A special agent and a boxing champion travel to Budapest, Hungary, to locate an arms dealer and a stealth bomber. (D)
- YTV (18) ★★½ "Alex Rider: Operation Stormbreaker" (2006, Action) Alex Pettyfer. A teenage spy for MI6 investigates a billionaire who may have an ulterior motive for his recent donation of computers to England's schools. (In Stereo) (D)
- 5:00 pm CBC (13) ★★½ "Spy Kids 3-D: Game Over" (2003, Adventure) Antonio Banderas. A boy tries to rescue his sister inside a virtual-reality game created by a madman out to enslave children. (In Stereo) (D)

EVENING

- 6:00 pm WTBS (3) ★★½ "I Spy" (2002, Comedy) Eddie Murphy. A special agent and a boxing champion travel to Budapest, Hungary, to locate an arms dealer and a stealth bomber. (D)
- YTV (18) ★★ "The Adventures of Sharkboy and Lavagirl" (2005, Adventure) Taylor Lautner. A 10-year-old and his imaginary friends try to save a distant planet from the forces of darkness. (In Stereo) (D)
- SPIKE (4) ★★½ "Three Kings" (1999, War) George Clooney. Premiere. Near the end of the Gulf War, soldiers use a map that may lead them to gold that Saddam Hussein stole from Kuwait. (In Stereo) (D)
- 8:00 pm WTBS (3) ★★½ "Corrina, Corrina" (1994, Comedy-Drama) Whoopi Goldberg. A housekeeper brings joy to a Jewish widower and his young daughter in 1959 Los Angeles. (D)
- CBC (13) ★★ "Shake Hands With the Devil" (2007, Drama) Roy Dupuis. Lt. Gen. Roméo Dallaire witnesses atrocities while leading a U.N. peacekeeping mission to Rwanda. (In Stereo) (D)
- 9:00 pm FAM (26) ★★½ "Grumpy Old Men" (1993, Comedy) Jack Lemmon. Premiere. The wedding of their children and the arrival of a romantic prospect preoccupies bickering Minnesota retirees John and Max. (In Stereo) (D)
- 10:30 pm SPIKE (4) ★★½ "Eraser" (1996, Action) Arnold Schwarzenegger. A Witness Protection Program agent hides a woman who knows about defense-field traitors planning to sell a superweapon. (In Stereo) (D)
- 10:40 pm FAM (26) ★★ "Space Jam" (1996, Comedy) Michael Jordan. Live action/animated. NBA star Michael Jordan helps the good Looney Tunes take on the bad Monstars in a basketball game. (In Stereo) (D)

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MONDAY, JANUARY 11, 2010

	WTBS (3)	CHBC (4)	KNOW (5)	KSPS (6)	KHQ (7)	KREM (8)	A&E (9)	KXLY (10)	BCTV (11)	CITY (12)	CBC (13)	YTV (18)	TSN (19)	VTV (22)	DISC (24)	FAM (26)	CITY (29)	SPIKE (44)	TROP (45)
6 AM	In the Heat of the Night	(5:30) Morning News (N)	Franklin George S.	Bob Build Lions	News (N)	News	CSI: Miami	News	(5:30) Morning News (N)	(4:30) Morning News (N)	CBC News Now	Being Ian (6:25) Viva	SportsCentre	Canada AM	Daily Planet	Henrys Feet	CityLine	Fastest Police Chases	Inside-Box Switch
7 AM	Cosby		(7:01) Clifford the Big Red Dog	Arthur (EI) Martha	Today (N)	The Early Show (N)	Cold Case Files	Good Morning America (N)			Dirtgirl	Invasion League	SportsCentre		Mayday	Mickey Mickey	The Tyra Show	Police Chases	Carlawood Parker
8 AM	Harvey		Sid the Science Kid	Curious Sid			The First 48		100 Huntley Street	100 Huntley Street	Bo on Go	(7:55) (8:20)	SportsCentre		Canada's Worst Driver	Handy Handy	Rachael Ray	Police Chases	Re-Vamped
9 AM	Fam. Feud	100 Huntley Street	Spider-Man	Super Why! Dinosaur		The 700 Club	The First 48	Live With Regis & Kelly	100 Huntley Street	World Vision	Super Why! News	Rolie Polie Timothy	Sportfish	Live With Regis & Kelly	Daily Planet	Agent Oso	News City	Prisoners-Ctrl	Colin-Justin
10 AM	Reba	Hospital for Sick Kids	Spider-Man (10:36)	Sesame Street (EI)		The Price Is Right (N)	Criminal Minds	The View (N)	Hospital for Sick Kids	Debt Part ET Canada	Poko Doodlebop	Berenstain Willa's	Bowling	The View (N)	How-Made	Mickey Handy	The O.C.	UFC Unleashed	Whatever
11 AM	Accrd/Jim Name Earl	World Vision	Rolie Polie Berenstain	Clifford Sit-Be Fit	Ellen DeGeneres Show	Young & Restless	The Sopranos	Paid Prog.	World Vision	(10:59) Noon News Hour (N)	Gofrette	George S. (11:40) Erky	Wtr. X-Games	Fashion	Animal Face-Off Colossal	Phineas Suite Life	CityLine	UFC Unleashed	Golden
12 PM	King	Noon News Hour (N)	Maggie (12:37)	Charlie Rose	Paid Prog. Willa's	News The Bold	CSI: Miami	All My Children (N)	Noon News Hour (N)	Days of our Lives (N)	CBC News Now (N)	(12:05) Kid Flamingo	Boxing: Card To Be Announced.	etalk	squid; sperm whale.	Wizards Montana	The Bonnie Hunt Show	UFC Unleashed	3's Co. Ellen
1 PM	Seinfeld	As the World Turns (N)	(1:02) Wibbly Pig Bear	Fine Art Sewing	Days of our Lives (N)	As the World Turns (N)	Cold Case Files	One Life to Live (N)	As the World Turns (N)	As the World Turns (N)	Doc Zone (DVS)	(12:55) Viva Jacob	Sue Thomas: F.B. Eye	Dirty Jobs	Cory	Judge J. Recess	Judge J.	UFC's Ultimate 100	Seinfeld
2 PM	The Office	Young & Restless	Franklin BluesClues	Barney WordWorld	The Bonnie Hunt Show	Let's Make a Deal (N)	The First 48	General Hospital (N)	Young & Restless	The Doctors	Steven and Chris	Ruby	Around Interruption	Dr. Phil	MythBusters	Replace School	CityNews at 5 (N)	UFC's Ultimate 100	Golden
3 PM	Friends	The Doctors	(3:01) Little Waiting for snow.	WordGirl Electric	Judge Judge	Dr. Phil	The First 48	Rachael Ray	The Doctors	Young & Restless	Recipes Sophie	(2:50) Kid League	Off-Record Sports	(2:59) The Dr. Oz Show	Destroyed	Life Derek Suite Life	CityNews at 6 (N)	UFC's Ultimate 100	Carlawood Parker
4 PM	Family Guy	Oprah Winfrey	Oprah Winfrey	Fetch! Ruff Cyberchas	Judge J. Judge J.	Oprah Winfrey	Criminal Minds	Deal No Deal No	Oprah Winfrey	(3:59) Early Global Nat.	Ghost Whisperer	SpongeBob OddParent	NBA Basketball: Toronto Raptors at Indiana Pacers.	Ellen DeGeneres Show	Daily Planet	Phineas Wizards	Chuck (N)	UFC's Ultimate 100	Re-Vamped
5 PM	Law & Order: SVU	Early News	(4:57) News	BBC News Business	News (N) NBC News	News CBS News	Intervention "Gabe V."	ABC News	Early News Global Nat.	(4:59) News Hour (N)	CBC News: Vancouver (N)	Penguins SpongeBob	CTV News at Five (N)	MythBusters	Suite Life Zoey 101	The Bachelor: On the Wings of Love (N)	UFC's Ultimate 100	Parking	
6 PM	Payne	Global Nat.	Mechanics	PBS NewsHour (N)	News (N) Millionaire	News Access H.	Intervention "Jackie"	News	(5:59) News Hour (N)	ET Canada	Coronation	iCarly	CTV News (N)	Man vs. Wild "Alaska"	Wizards	Sonny Suite Life	The Jay Leno Show (N)	Flipping Out (N)	
7 PM	Movie: "The Legend of Bagger Vance"	Ent. Ton. ET Canada	Eden Landscape	'Allo, 'Allo! Europe	Jeopardy! Wheel	The Doctors "Linda; Todd"	Hoarders "Linda; Todd"	Ent. Ton. The Insider	Ent. Ton. ET Canada	Heroes "Close to You"	Wheel Jeopardy!	Scorpion Hockey	etalk	Dirty Jobs (N)	Overruled! Montana	News CityNews	Wild World	Parker	
8 PM	Vance (2000) Will Smith.	House (N)	Monarchy	Antiques Roadshow (N)	Chuck (N)	How I Met Purpose	Paranormal State	The Bachelor: On the	House (N)	House (N)	18 to Life Mosque	Malcolm Chris	Sports Off-Record	The Mentalist	Daily Planet	Overruled! Montana	CityNews	MANswers ET Canada	
9 PM	Movie: "The Legend of Bagger Vance"	Lie to Me	Emily in Japan (N)	American Masters (N)	Heroes "Close to You"	Two Men Big Bang	(9:01) Intervention "Gabe V."	Wings of Love (N)	Lie to Me	Lie to Me	Winnipeg Comedy	8 Rules What I Like	Triathlon: Ironman	Two Men Big Bang	MythBusters	Wizards Buzz	Rock of Love Bus	UFC Fight Night	Parking
10 PM	Movie: "The Legend of Bagger Vance"	Heroes "Close to You"	Fixing My Brain	American Masters	The Jay Leno Show (N)	CSI: Miami (N)	(10:01) Intervention "Jackie"	Castle (N)	Heroes "Close to You"	News Hour Final (N)	National Indie	Family Biz Indie	Billiards	CSI: Miami (N)	Dirty Jobs	School Cory	Coach Judge	Flipping Out	
11 PM	CHBC News Final (N)	Banff National Park	Charlie Rose (N)	News (N) Tonight	News Letterman	News (11:01) Hoarders "Linda;	News (11:35)	News News Hour Final (N)	Ent. Ton. ET Canada	(11:05) The Hour	Prank Ptrl Fries That?	SportsCentre (Live)	CTV News	Man vs. Wild "Alaska"	So Raven Life Derek	Home Imp. CityNews	MANswers	Launch My Line	

Monday Movies

EVENING

7:00 pm WTBS (3) ***"The Legend of Bagger Vance" (2000, Drama) Will Smith. A golf caddy shows a disillusioned young war veteran how to master challenges and find meaning in life. (E)

9:30 pm WTBS (3) ***"The Legend of Bagger Vance" (2000, Drama) Will Smith. A golf caddy shows a disillusioned young war veteran how to master challenges and find meaning in life. (E)

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obituary	obituary	obituary	card of thanks	

JOHNSON, Barry Hollinger

Passed away at Princeton General Hospital on December 30, 2009 from the effects of osteoporosis and COPD. Barry was born in Ottawa May 2, 1935, and spent the war years in Nova Scotia. The family returned to Ontario in 1945 and his youth was spent in Barrie. At age 16, he joined the merchant navy on the oilers between Portland, Maine and Venezuela. After a year at sea, he returned to Ontario, worked for a short time, then travelled west to B.C. and later lived in Edmonton. At age 20, he joined the Canadian Air Force and was posted in 1955 to Comox, B.C. where he met his wife, Dawn Shenton, in 1956. They would remain married nearly 53 years and raise two daughters. They moved to Cold Lake, Alberta in 1957, then with NATO to Montmedy, France in 1960 and Decimomannu, Sardinia, Italy in 1961. They returned to Cold Lake in 1964, and Barry left the armed forces in 1969. He had visited Princeton several times and loved the area of his wife's home town. He worked in the forest industry for most of his working life, except for several years of working for the Park's Branch.

In his youth, Barry loved swimming. He loved the outdoors and hunting. In his retirement years he enjoyed his hobbies: painting, carpentry, wood carving, photography and soapstone carving. He has left a legacy of many art objects for his family to enjoy. He was an outstanding bowler and a member of the 400 Club for several years.

Barry is survived by his wife Dawn, daughters Sharon, of Vernon, and Elizabeth (Sam) of Kamloops, three grand-children, Sarah (Chris), Scott Henderson, and Eliza Henderson (Jon) in Ontario, and three great-grand daughters, brothers Broderick and Martin of North Bay, sisters Phyllis Bedard of Marmora and Dixey Johnson of Gravenhurst, Ontario, and their families, and one aunt, Millie Allan, of Ottawa.

Barry chose to be cremated, with no service. A family memorial gathering will be held at a later date.

The family of Barry Johnson gives heartfelt thanks to Dr. Adams and the nurses at Princeton General for their kindness and care during his final days. We extend our heartfelt thanks to the Community Care Nurses, as well as the Home Support workers from Community Services Society who gave the excellent care that made it possible for him to remain at home despite his lengthy illness.

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sudoku

**CARTER'S
Sudoku
Challenge**

SOLUTIONS TO PUZZLES ON PAGE 14

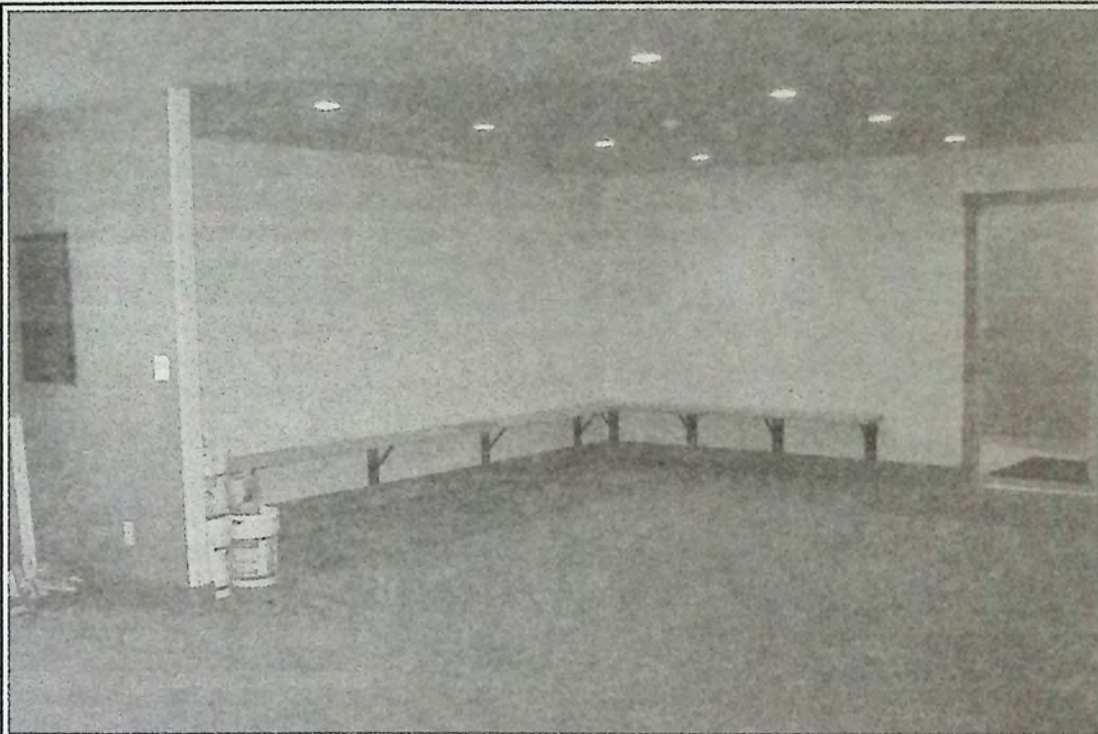
CHALLENGE #257 - Easy

253	961	874
847	352	916
619	478	235
765	149	382
392	785	641
481	236	759
178	624	593
936	517	428
524	893	167

CHALLENGE #258 - Hard

623	145	789
571	986	324
489	237	165
938	621	547
714	598	236
265	374	918
342	769	851
857	413	692
196	852	473

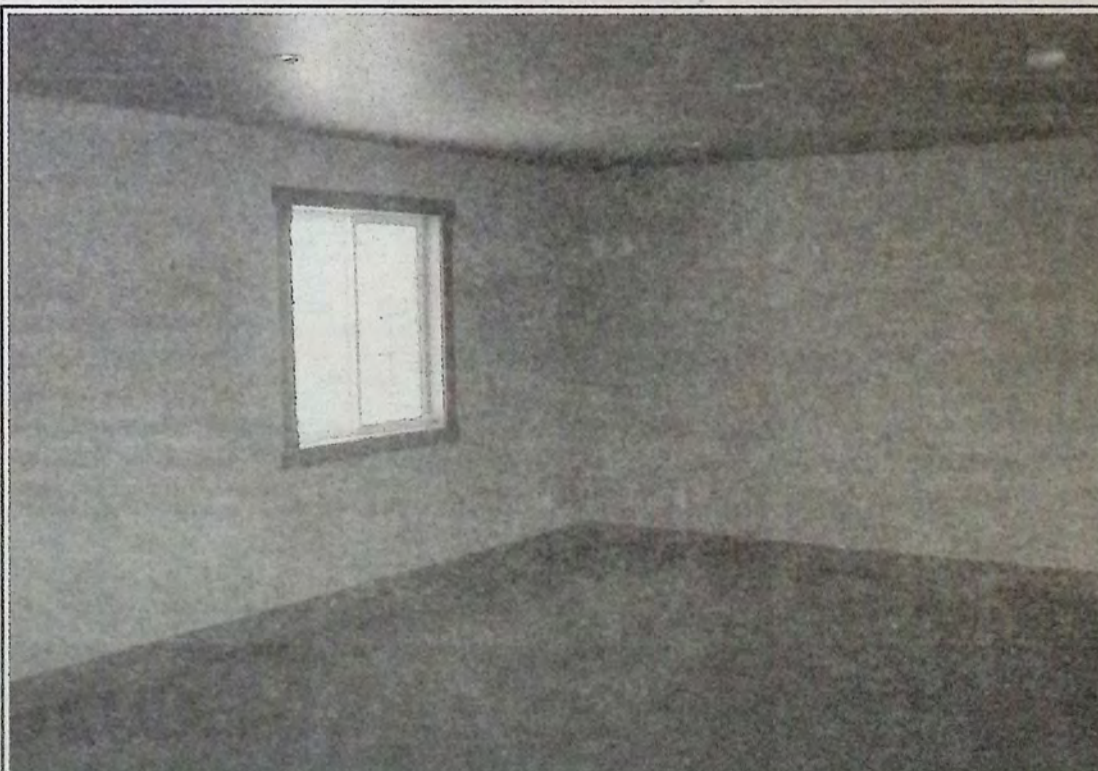
Posse Training Centre



The new Posse Training Centre/Lounge was completed this week, thanks to the dedication of many contractors and tradesmen in the area including Fred Bergsma of Fred & Company. *



The kitchen area is ready to use, just waiting for appliances and utensils to be donated. *



This corner will eventually contain sofas, a television and other forms of entertainment. *

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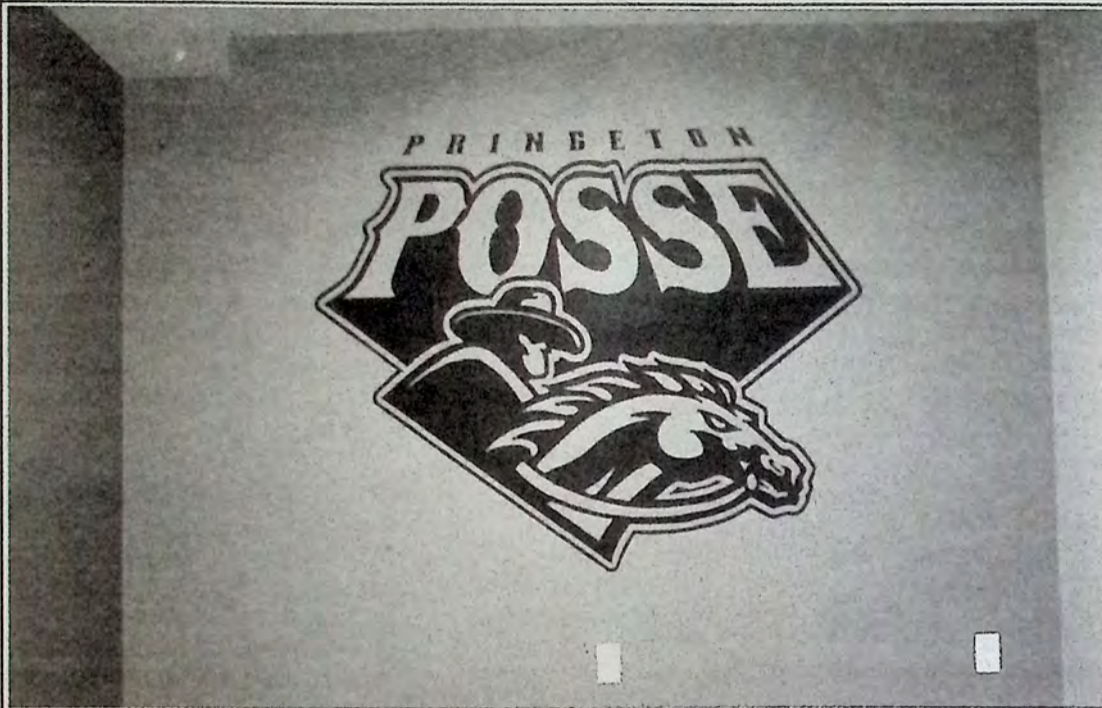
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Posse Training Centre



Herb Castle has completed the giant Posse logo that greets you when you enter the Posse Lounge/Training Centre. The wall will be covered with framed photos of former Posse players who have advanced in their hockey careers to showcase the success of the Princeton hockey program. *



Ever wonder where broken hockey sticks go? *



Brody Brewster (#16) tries to clear a path in front of the Kamloops goal January 2nd. *

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My Turn...

I'll Take A Happy One

The only New Year's resolution I make each year is to not make any. For the past dozen or so years that's worked out pretty well for me.

Think about it. It takes all the pressure off of trying to lose weight or drink less coffee or spend less time on the internet and doesn't make you feel bad when you fail at any or all of them.

However, 2010 is a different matter.

This year I'm bending my rule a little by actually wishing for a happy new year.

While I had all the hope and optimism that 2009 was going to be a year I'd never forget, I got exactly what I was hoping for - however, the reasons why I'll never forget 2009 were not exactly what I would consider worthy of hope and optimism.

What we had was what I can only describe as a sad and painful year.

Three of us here at the News Leader lost a loved one in 2009.

Brenda's father Theodore Alexander Engel passed away February 1st.

My mother Audrey Winnifred Elliott passed away August 27th and Dawn's husband Barry Hollinger Johnson passed away just last week (December 30th).

Those are tough blows to any family, but for three members of the News Leader family to lose someone in eleven months has been hard. Far harder than I thought the year would be in the beginning.

We did weather the 'soft economy' along with everyone else and by the end of the year things didn't look quite as bleak, as far as business was concerned.

Sure, we spent most of the year in a fog trying to cope with the losses all the while trying to keep our ship from running aground. Probably because that was about all we could manage.

So when Dawn came into the office last week with news about Barry it made sense that we wished each other a 'Happy New Year' instead of dwelling on why we'll remember the past one as being a lot more crappy than happy.

I cannot remember any other year I was more anxious to see end than 2009. I even stayed up late on December 31st to see the year actually reach an end with my own eyes. The 'ritual' has changed a lot for me over the years but one thing remains, when the clock strikes midnight I keep wishing for a happy new year.

Only this time around I really meant it.

Canada

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We acknowledge the financial support of the Government of Canada through the Publications Assistance Program towards our mailing costs.

EDITORIAL GUIDE

We would like you to write to us, but please remember to abide by anti-discrimination laws.

The News Leader reserves the right to refuse to print any letter which is not signed by the writer or is slanderous, libelous or of uncommon sense!

The Editor reserves the right to condense any letter or to substitute proper language for improper language.



These road jerseys will see a lot of mileage this month as the Posse spend most of January on the road. *

...Your Turn

We Can Do It!

Letter to the Editor,

The global economy continues to fight for stability and direction while the environment struggles on the brink of collapse.

Freedom, privacy, respect and honesty seem to be all but lost as those meant to lead us become consumed with greed, power and total control.

When we actually stop and look at our own consumer habits, banking choices or political and community involvement we soon realize our individual power and influence in a world spiraling out of control.

WE have the power to control the greedy, regain our own health, wellness and live in sync with nature, animals and each other. We have the power to decide what food we eat, what chemicals and pollutants we refuse to support, purchase or allow to exist in our community, what companies (and people) we allow to become successful or obsolete based on their integrity, ethics and practices.

I beg everyone in Canada to regain their power through their voice, their wallet and their conscious actions. Support Canadian credit unions that support community NOT billion dollar profits as continually achieved by Royal Bank, TD Canada Trust and CIBC.

Support car companies who didn't turn to us for a bailout - kudos to FORD! Vote for politicians and community leaders who work honestly for the collective good of every single Canadian and impeach the many who continue to lie, steal and promote corrup-

tion - there are many!

Activism not Consumerism.
Nature not Genetically Modified.
Local not Imported. Labeled not Creatively Marketed. Honesty not PR or Legalese.

Self Esteem not Celebrity Obsession. Knowledge not Fear. Support not Discrimination. Respect earned not bought, appointed or expected.

Justice not political correctness or courtroom ineptness. Education not War!

Bless humanity in the face of self destruction!

- Jeff Leggat, Burnaby

**We're different,
and we like that.**

Similkameen News Leader

Current Comment

So What Did We Learn Last Year?



Dawn Johnson
editor@thenewsleader.ca

In the Medicine Wheel philosophy, each time we celebrate a birthday, we are to have learned something and we are to begin the new year a step higher in the learning cycle toward ultimate wisdom.

That is such a lofty philosophy to apply to a human being, but I know many of us strive to attain something like ultimate wisdom. We strive to do better, to know more. Well, what did we learn last year?

Maybe, as a society, we could look at New Year's Day as the start of our year of learning, although I suspect this is kind of a futile endeavour for the human race. I am convinced we are among the slowest learners despite our big brains. We know and teach our history but we keep right on repeating it.

What might we have learned last year?

One of the big things we should have learned, as Canadians, is that we can survive an economic recession better than most nations thanks to our banking system and social support network. We need to protect these.

We also learned we are too dependent on the United States as a market for our goods. I noted with interest the number of foreign countries who are investing in Canada's currency because they no longer have that much faith in the American dollar. Russia stated this point blank in November.

We learned a thing or two about the new American president. Barack Obama keeps his word. He is pushing for a better health care system in the United States, just as he said he would do.

He is going to put more troops in Afghanistan, just as he said he would do. He adopted a "buy American" policy to create more jobs in the States, just as he said he would do. He is doing his best to keep his campaign promises. Isn't that refreshing in a politician of any stripe?

Now that we are entering our year of Winter Olympics, we have learned more about some of the costs nobody told anybody about when Vancouver so ardently pursued the torch.

We learned how many businesses are going to lose money because of the Olympics. A number of retail stores will have their streets cordoned off and a few flight schools will have to cease training pilots, thanks to the Olympics. The rest of us will have to wait to find out what it is going to cost us taxpayers to put Whistler on the world sports stage.

We learned last year we could die from a stupid flu bug generated from a pig farm in Mexico. We also learned how fast our medical researchers could come up with a vaccine for it.

Medical researchers did some-

thing simply outstanding last year: they found a cure for multiple sclerosis.

Let's hope our health care system can organize well enough this year to put thousands of people back on their feet.

Some people never learn anything despite television advertisements and law enforcement. Drunk driving is on the increase, and it's not just young people who are doing it. In fact, from what I see in court, the majority are well past being young.

What? They thought the law had changed as they got older? Or is early dementia setting in?

If B.C. became notorious for anything other than B.C. Bud last year, it was for gang warfare. Of course, all of the gang warfare was tied to B.C. Bud and some other exotic chemical concoctions designed to destroy the brain. Did we learn anything from all those murders?

One thing we did learn last year was to avoid holding a stapler if confronted by police officers. A stapler could get you Tazered to death.

We learned never to carry a utility knife, because that will get you shot dead.

Many of us do not understand why police officers have not been trained to disarm people carrying staplers or utility knives, but until they receive such training, avoid showing a stapler or utility knife to a cop.

On the other hand, we learned there are some people who have been getting away with hoarding small arsenals of illegal firearms.

I learned to add just a few more items to my list proving this is a crazy world.

How about you?

Similkameen News Leader

WE'RE DIFFERENT, AND WE LIKE THAT.



Brenda Engel
OFFICE ADMINISTRATOR
brenda@thenewsleader.ca

George Elliott
OWNER / PUBLISHER
george@thenewsleader.ca

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Princeton Posse webcast colour commentator Clint Clifton and Des 'The Camera Girl' Cosman during a recent game. The Posse webcast crew is well known throughout the KIJHL. *

Posse webcast crew #2 in the league!

It started as an online joke by Princeton Posse internet play-by-play announcer George Elliott during a webcast earlier this season. "We've received e-mails the past two seasons from family members and fans about our webcasts," Elliott says. "So we know people are tuning in and from what they tell us they've really liked what we've been doing so I started to kid around about a non-existent contest going on throughout the league to pick the number one webcast crew and, well, it sort of took a life of its own." Not only has Elliott and the Posse received e-mails, but now they are being received at the KIJHL. "Last year we received praise from the league at one of their

meetings singling out the Posse webcasts as one of the best in the KIJHL, which I really didn't expect," Elliott explains. "Before I started doing play-by-play for the Posse at the start of last season I was really not much of a fan of that part of the game but I discovered how much fun it can be and how the play-by-play sort of sucks me right into the action." Elliott is the first to point out he is just a part of a team. "It's a number of us who put it all together. Kevin Robillard is probably the most important part of the team with his computer experience and then Des 'the Camera Girl' is a huge part of the package. There's Ian Elko and Lisa Haigh who switch off playing the music in the booth, Clint and Kevin who assist

with the colour commentary and I just basically describe the game and I couldn't do it without everyone else doing their part." What makes people tune into the webcasts? "Mostly it's family watching their boys play, but there's just hockey fans out there, too so we try to be informative and we also have fun doing it which I'm sure comes across during the webcasts." Where does Elliott rank the Posse webcasts? "I know we're up there, but I'd hate to have something like a ranking in place to try to beat next season. I'd rather just do what we're doing and if people like it, that's great." Posse webcasts can be viewed at www.kijhl.ca.



Princeton Posse webcast colour commentator and sometimes 'music man' Kevin Robillard splits duties between being the team's Assistant Coach and internet webcast/website manager. *

Posse Practice Session



Early on New Year's Day the News Leader found activity at Princeton Arena. The Posse were participating in the first of two practice sessions planned for the day. Head Coach Dale 'Duner' Hladun instructs players as they prepare for a long month of road trips. *

Posse prepare for busy month on the road

Princeton Posse fans will have to wait for the end of the month to see their favourite Junior B hockey team play another home game.

The January game schedule gives Princeton the most games on the road in the league with nine. Grand Forks is the only other team in the league with just about as many road games during the month with eight.

In the Okanagan Division Chase has seven road games, Kamloops and Sicamous each have five with Revelstoke, Penticton and North Okanagan totalling three road games each.

"I think the schedule is a big plus for players and fans in January," says Princeton Posse Marketing Director George Elliott.

"Traditionally right after the Christmas break the fan base dips in Princeton and we see fewer people at home games so I think it'll work out for the best," Elliott adds.

"The fewer games in January also gives our volunteers a much deserved rest from being at the rink for each home game."

Following the January 2nd game against Kamloops at home, the Posse will be away for the next

three weekends which includes a long road trip this weekend into the Kootenays to play Columbia Valley, Golden and Creston three days in a row.

The next home game is Friday, January 29th against Kamloops.

"Myself, personally, I would like to have seen more home games this month, but I truly believe the schedule will benefit the team, fans and volunteers," Elliott says.

"And hopefully by the end of the month everyone will be chomping at the bit for the Posse to play at home."



Players gather around to hear coaching staff explain details of plays being developed. *

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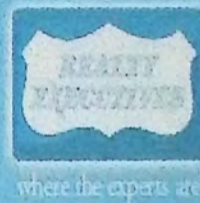
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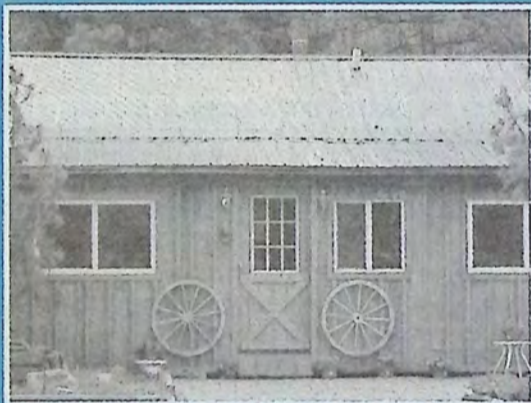
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