

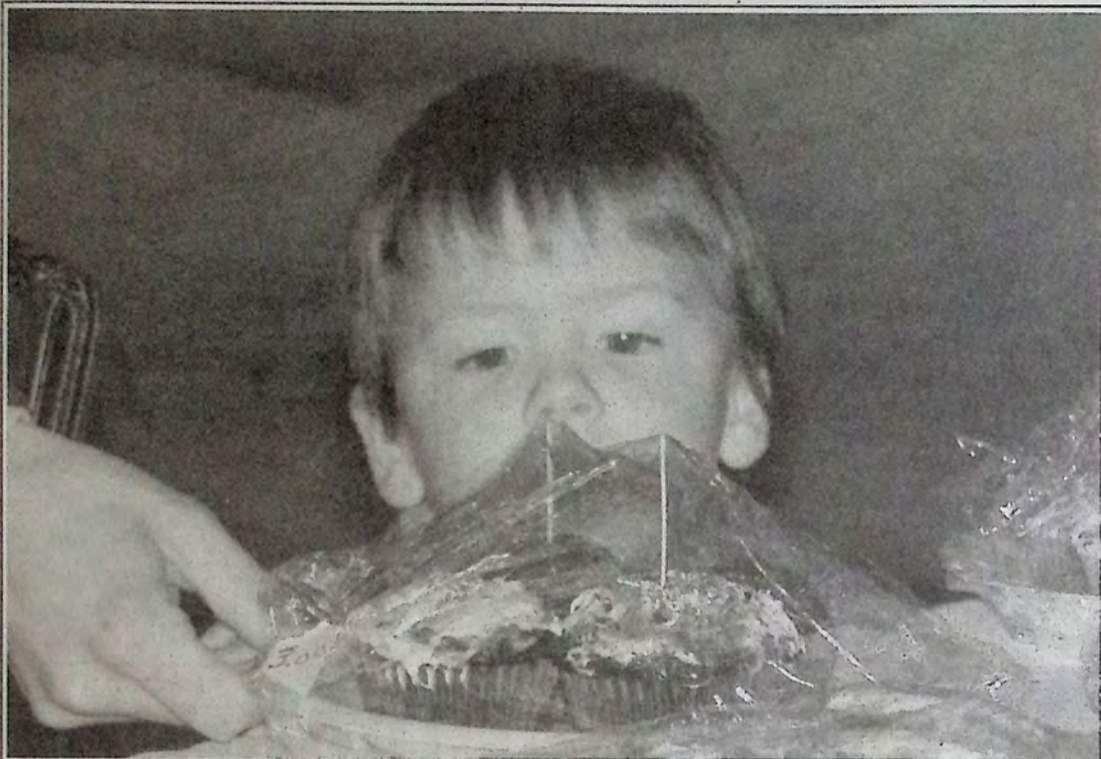


Similkameen News Leader

75¢
INCLUDES GST

Volume 13 Issue 7 #617 ISSN 1712-090X

Tuesday, February 16, 2010



Living Water Foursquare Church hosted a Bake Sale fundraiser February 13th. The church is raising money to purchase a new computer system. Needless to say, the treats were enjoyed by all!

PXA looks at problems

There are a lot of problem areas at the fairgrounds requiring work. When Princeton Exhibition Association (PXA) met February 9, President John Bey presented a list of what had been achieved last year and what should be done this year. Both lists were very long. What can be done this year depends on money available. Bey assured members he is seeking grants from any sources he can identify in order to continue work begun last year. The current PXA bank balance will not cover anything but the monthly bills for utilities. A grant from the Town is

expected annually, as the property belongs to the Town. Most of the work is done by volunteers.

Work for 2010 includes repairs and renovations to the grandstand, painting the washrooms and concession, making the facility more user-friendly and disabled, barn repairs, and continuation of improvements to water, electrical and telephone services.

President Bey gave members a document showing the probable community revenue generated by events held at the fairgrounds. The rodeo, horse races, ATV/BC event, continued on Page 2

CMMC says mine project is 'on schedule'

Copper Mountain Mining Corporation (TSX: CUM) (the "Company" or "Copper Mountain") announced February 8th that construction work on the Company's Copper Mountain Project is proceeding on schedule and as planned. Work to date has focused on the pouring of concrete for the concentrator building foundations which is now approximately 92% completed. Work to date is on schedule and on budget with steel erection anticipated to start late in first quarter of 2010.

To date the Company has incurred a total of \$285 million in spent and committed expenditures out of a planned \$438 million on the project. There are currently 175 construction people at site and this is expected to increase to 200 once steel erection begins. The Company has added some construction photos to the Company's web page for interested investors.

The overall schedule of the project has remained unchanged with pre-production mining expected to start late in the second quarter of 2010 with the delivery of half the mining fleet, while construction is expected to be completed by April 2011 and full production expected to be achieved by June 2011 at the rate of 35,000 TPD.

Jim O'Rourke, President and CEO, stated, "All aspects of the project are advancing on plan for full production in June 2011. Construction of mill foundations are well advanced for steel erection to start in early March. The current slow economic climate is providing favourable deliverables and significant cost savings for construction materials."

In addition the Company would like to announce that the Company has completed its head office relocation to 700 West Pender Street, Suite 1700, Vancouver BC V6C 1G8. The main office number has remained the same, while the fax number has been changed to 604-

682-2993. About Copper Mountain Mining Corporation:

Copper Mountain is a Canadian resource company managed by an experienced team of professionals with a solid track record of exploration and development success. The Company's shares trade on the Toronto Stock Exchange under the

symbol "CUM". Copper Mountain owns 75% and Mitsubishi Materials Corporation owns 25% of the Copper Mountain Project.

The 18,000 acre mine site is located 15 km south of the town of Princeton. The Copper Mountain Project has a current resource of approximately 5 billion pounds of

copper and it is Copper Mountain's goal to develop the Copper Mountain Project as a mid tier copper and precious metal mine to produce approximately 100 million pounds of copper per year by mid 2011.

Additional information is available on the Company's web page at www.CuMtn.com.

More good news from Sego Resources

Sego Resources reported February 9th further copper and precious metal grades from the drilling program in the Granby Zone at the Miner Mountain Project.

DDH-MM-09-11 62.79 metres 0.355% Cu, 0.165 g/t Au 2.52 g/t Ag, from 15.85m - 78.64 m including 10.76 metres of 0.48% Cu, 0.24 g/t Au and 3.38 g/t Ag from 35.97m to 46.73 m.

27.44 metres of 0.49% Cu, 0.26 g/t Au and 3.38 g/t Ag from 51.2 m - 78.64 m including 6.1 m of 0.91% Cu, 0.54 g/t Au from 72.54 m - 78.64m.

A second zone from 137.55m to 172.64m (35.09m) was mineralized with up to 2,688 ppm copper.

This new drilling builds upon the Sego 2008 program which encountered mineralized intercepts in holes 4, 5, 9 and 11 from 2009 and indicates a northward dipping upper zone of copper-precious metal mineralization (see Map on our website www.segoresources.com).

Analysis of both the 2008 and 2009 drilling has confirmed the presence of Alkaline Porphyry Copper style mineralization, lithology and alteration. At Miner Mountain there is an

enrichment in Platinum group elements, Albitic and Potassic alteration, the presence of sub-volcanic breccias and a zonation of sulphides from pyrite to chalcopyrite/bornite and bornite with chalcocite and covellite. Alkaline Porphyry Copper-Gold deposits form an important class of Porphyry Copper deposits in British Columbia which includes Mt Polley, Red Chris, Galore Creek, Afton, Ajax, and Copper Mountain.

The Granby Zone is open to the north and east, and the company is planning a spring core drilling continued on Page 5



Similkameen News Leader THIS WEEK:

Schouten Receives Honour - Page 5
Ben & Evan Take Us Inside The Posse - Page 10



Similkameen News Leader
Bengel Publishing Inc.



Canadian Publications Mail Agreement No. (1299263) • website: www.thenewsleader.ca • www.princetonbcnews.com

Published Weekly in Princeton, BC by Bengel Publishing Inc. 226A Bridge Street, PO Box 956, Princeton, BC V0X 1W0
Phone: (250) 295-4149 • 1-888-350-9969 • Fax: (250) 295-4103



RESUME

NEED SOME WORK?

SEE BRENDA AT:

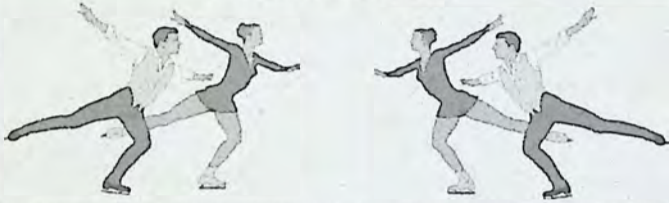
Similkameen News Leader

226A Bridge Street

Phone: (250) 295-4149
Fax: (250) 295-4103

Princeton Figure Skating Club

PROUDLY PRESENTS:



Skating Carnival 2010

2010 WINTER GAMES

Show Starts 1:00 PM

Sunday, February 28

Princeton Arena

TICKETS AT THE DOOR - \$5.00



Skaters are adding extra effort during regular practices as Princeton Figure Skating Club members prepare for their annual Carnival. This year's event is set for February 28th. *

PXA looks at problems

..... continued from Front Page

bull riding finals, Little Britches Rodeo, Fall Fair, and stall rentals draw many participants, many from out of town. A formula of \$171 per participant is a figure used by Tourism BC to calculate the revenue within the business community. For a single day event, \$1,304,730 is the estimated revenue. Most of the events held at the fairgrounds last two or three days. While this seems like a huge amount of money for one day, it includes money spent for motels or other accommodation, meals, vehicle fuel and incidental spending such as shopping for snacks, ice or souvenirs.

The PXA is looking for a person or group to take over operation of the concession during all annual events at the fairgrounds. The group would pay a percentage of profit to the organization hosting the event. No hard and fast rules have been laid out, leaving room for negotiation by an interested party.

Events at the fairgrounds draw vendors. The PXA is working on a ven-

dor rate that will be used by all groups hosting events. Vendors will pay a rate based on desirability of location, use of power and amount of space requested.

Advertisers using the front gate and fence to hang signs promoting their businesses will pay a set fee of \$500 per year no matter where the signs are located. Signs will be of the

Funding shortage limits Racing Days

Once again, a lack of funding is limiting Princeton's horse racing meet to just one day.

The Interior Racing Association will receive just \$200,000 in support of the horse racing industry. The money is used for purses and is split between the Interior racing organizations. Princeton Racing Days Association will get the least because it runs one day only.

Funding sources were reduced last year. BC Lottery Corporation opted out of grants to horse racing organizations, although the Horsemen's Benevolent and Protective Association (HBPA) continues to

same size and made from the same materials.

ATV/BC will be using the grounds for their annual get-together. They will arrive July 13 and continue their fun until July 19.

The first major event to be held at the fairgrounds this year is the Princeton Rodeo on May 15 and 16.

provide some funds. All other funding comes from local sponsorships.

Racing Days Association President John Bey expressed disappointment that there is no threshold of funding so that each horse racing organization knows what it will get from year to year. The way the funds are allocated now leaves little opportunity for long term planning.

Although Bey supports the action taken by government to establish a management committee for the horse racing industry, and is willing to sign the Memorandum of Agreement on behalf of the local organization, he will be writing a letter to the committee expressing his views.

There are many benefits the Lower Mainland racing organizations enjoy that are not available to the Interior Association. Bey would like to see equality within the industry.

Princeton Racing Days is cutting costs wherever it can. The association must have nearly \$40,000 for each day of racing. Despite cost-cutting measures, two days of racing are not possible this year. Letters will go out to potential sponsors in the near future.

What is certain for this year is this: horses will race in Princeton at 1:00

..... continued on Page 8

Hired Equipment Registration Okanagan Shuswap District

The Okanagan Shuswap District of the Ministry of Transportation and Infrastructure is creating its hired equipment list for the 2010/11 fiscal year.

All individuals or companies registered this past year through the office in Kelowna will be receiving invitations by mail to re-register equipment for the coming fiscal year.


Any individuals or companies not registered in 2009, but wishing to have equipment listed, are hereby invited to contact the District Office either in person or by phone to obtain the appropriate registration forms.

Equipment can only be registered in one area, and seniority is not transferable between areas. Only owned or lease-to-own equipment is eligible for registration.

Note that while you do not need to have Commercial (Comprehensive) General Liability insurance, or up-to-date WorkSafe BC coverage to register, you will have to meet these requirements prior to working on any ministry projects.


The deadline for new registrations for the 2010/2011 fiscal year is 4:30 p.m. on Friday, March 19, 2010. Late registrations will be accepted, but will be put at the bottom of the open list. Note that there is no charge for registering new equipment, or for changing or deleting equipment information already listed.

Register by March 19, 2010 at:
Okanagan Shuswap District Office
1358 St. Paul Street, Suite 300, Kelowna
or call 250 712-3660 to have the forms faxed to you



Ministry of Transportation and Infrastructure

Princeton Area Ghost Towns - The DVD



\$19.99

INCLUDES GST

Available at:
Similkameen News Leader
www.thenewsleader.ca

Explore The History Of Mining - Gold, Copper and Coal



The 'torch' is passed between participants during the February 7th China Ridge Relay. Photo: Lorraine Stubbins

Museum plans May opening

The renovation and expansion of Princeton Museum has been delayed again, leaving the Museum Society no option but to leave the expansion plan until after the Princeton 150th anniversary celebrations. The museum will open for the long weekend in May, and will close in September. The work on the museum will be done next winter.

While this was a big disappointment for all Museum Society members, they will go ahead with their customary arrangements for the tourist season. Operations manager Nick Mills is currently applying for grants to hire three students for summer employment at the museum.

Museum Society executive members will meet with the Town of Princeton to discuss a number of matters of interest to both, including the matter of a lease for the museum building.

At the Museum Society regular meeting held February 9, members were pleased to receive a letter from Alex Atamanenko wishing them success in facing the chal-

lenges of the coming year and offering to help in any way he could.

Mills reported a continuing flow of e-mail inquiries, most of which pertain to information about family history.

An author is requesting items from the archives. He has used the museum archives information in the past. Members hope he will make a donation to the museum in consideration of the work done on the author's behalf.

There was discussion of when the Granite Creek cemetery clean-up would be done.

It had been scheduled for autumn 2009, but inclement weather prevented the work. The clean-up calls for removal of some trees. It is likely to be done this spring.

Jon Bartlett brought to everyone's attention an online course in the basics of archival practice. The course costs \$300 - \$400 and would prove useful to the Museum Society if a member wanted to take the course.

Bartlett also advised members there will be a presentation on local

mining history by Randy Manuel, former curator of Princeton's museum. Manuel will speak at Riverside Centre on February 23 at 7:00 PM.

The next meeting of the Museum Society will be held on March 23.

Similkameen News Leader

WE'RE DIFFERENT, AND WE LIKE THAT.



LAKERIDGE HOMES

MANUFACTURED HOMES

AFFORDABLE HOUSING - BUILT TO BC BUILDING CODE
TRADE-INS WELCOME - QUICK DELIVERY AND SET-UP
NEW HOMES START AT \$62,000 - FINANCING AVAILABLE

Ralph Sather - Home Consultant

1091 Railway Street, Penticton

Phone: (250) 493-6751 - Toll Free: 1-888-493-6751

Fax: (250) 493-0599 - Cell: (250) 462-0882

www.lakeridgehomes.ca - e-mail: lakeridgehomes@shawbiz.ca

Princeton Area Ghost Towns - The DVD

Princeton Area Ghost Towns
Kinley - Skutumpah - Kintore - Copper Mountain - Granite Creek - Kestrel

\$19.99

INCLUDES GST

Available at:

Similkameen
News Leader

www.thenewsleader.ca

Explore The History Of Mining - Gold, Copper and Coal

Princeton Rotary Club Proudly Presents:



Midwinter Wine Fest 2010



Saturday, February 27th

7:00 - 10:00 PM - Princeton Legion

* Wine tasting from the Okanagan-Similkameen Wine Country

* International Hors D'oeuvres

* Bid for great items in the Silent Auction and Raffle

(CASH OR CHEQUE ONLY)

Tickets:
\$30.⁰⁰ per Person

PRICE INCLUDES:

Your own crystal wine glass,
wine tasting, hors d'oeuvres
and auctions

TICKETS AVAILABLE FROM:

Rotary Members, Shoppers Drug Mart,
Irlly Bird Building Centre, Princeton
Brewing Co., and at the door



All proceeds to benefit: Princeton Rotary Youth Exchange, Haiti Disaster Relief and other local projects

www.thenewsleader.ca

Here's My Card!
Advertise Your Business Here For As Little As...

\$ 10.⁰⁰ PER WEEK

Call Us For Details!
Similkameen News Leader (250) 295-4149

www.gotpeppers.info

Keremeos.net
(Keremeos on the web)

Web page design • POP3 e-mail accounts
Desktop publishing • Computer repair and servicing
Computer tutoring • CD creation
Custom graphic artwork and logos • photographic services

Bryan - webmaster@Keremeos.net

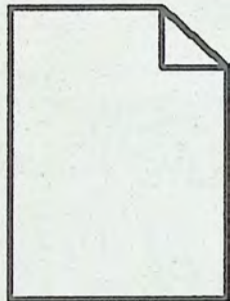
RESUME

NEED SOME WORK?

SEE BRENDA AT:

Similkameen News Leader
226A Bridge Street

Phone: (250) 295-4149
Fax: (250) 295-4103



BEWARE!
THIS COULD HAPPEN TO YOU



Albert had a vehicle he wanted to sell. He decided to put a Classified Ad in the News Leader. The vehicle sold. Advertising works. Call us for details.

Similkameen **News Leader**

Phone: (250) 295-4149 - 1-888-350-9969 Toll Free

IS IT TIME TO SUBSCRIBE TO THE NEWS LEADER?

Similkameen Valley Mail - \$35.75
(Seniors Pay Only \$31.75)
ALL PRICES INCLUDE GST

Elsewhere in Canada Mail - \$53.80
(Seniors Pay Only \$48.80)
ALL PRICES INCLUDE GST

CALL FOR DETAILS
Similkameen News Leader
(250) 295-4149

Keremeos News



Medevac is one of the skills firefighters learn. - photo submitted

Ever consider being a firefighter?

The Keremeos Volunteer Fire Department (KVFD) is actively seeking new recruits.

Previous training or experience in emergency response is not required as every new recruit brings valuable previously acquired skill and enthusiasm to the team.

Firefighters are given training in a variety of skills and tasks, many of which contribute to their personal life and careers.

Being a Keremeos volunteer firefighter is a unique and worthwhile experience.

If you are interested in contributing to your community in an exciting and positive way contact any firefighter or drop by on Tuesday practice night.

Application forms can be picked up at Keremeos Village Office, during office hours. Forms can also be downloaded at the KVFD website (see under Membership).

The KVFD website is www.keremeosfire.ca.

For further information, phone Doug MacLeod at 250.499.2785 or Jordy Bosscha at the Fire Hall at 250.499.2200.

Return the completed application to the Village Office or the Fire Hall or post to Keremeos Fire Hall, Box 17, Keremeos, B.C., VOX 1N0.

The deadline for applying is February 28, 2010. - submitted

Shanker's Bend still concerns MP

BC Southern Interior MP Alex Atamanenko wrote the following letter February 9th to Minister of Foreign Affairs Lawrence Cannon:

Dear Minister Cannon,
I wrote to the Minister of the Environment, The Hon. Jim Prentice, on October 20, 2009, asking him to follow up on a letter sent to him by the Regional District of Okanagan Similkameen (RDOS). The RDOS had request-

ed Minister Prentice and the Hon. Chuck Strahl, Minister of Indian Affairs and Northern Development, to directly intervene to oppose the Shanker's Bend high dam project.

Minister Prentice, in his response to me, stated that responsibility for this matter rests with Foreign Affairs Canada. Minister Strahl, also in response to my October 20th letter, stated that the Government of Canada through

your department has communicated with the U. S. authorities to ensure that they are fully aware of the requirements of the Boundary Water Treaty of 1909. I would like to thank you for doing this.

However, I would also like to ask you, as a follow-up to the concern expressed by the RDOS, to write the Chair of the Washington State Public Utilities District (PUD) as well as the Federal Energy Regulatory Commission (FERC), clearly stating Canada's opposition to the high dam project.

The Province of British Columbia has expressed its strong opposition to the high dam project. It is my hope that the Government of Canada will join with our Province in also voicing its strong opposition.

I would be happy to meet with you at our mutual convenience to discuss the concerns expressed by the RDOS, Okanagan Nation Alliance and others in regard to the Shanker's Bend Project.

Sincerely,
Alex Atamanenko, MP
BC Southern Interior

Princeton Area Ghost Towns - The DVD



\$19.99
INCLUDES GST

Available at:
Similkameen News Leader

www.thenewsleader.ca

Explore The History Of Mining - Gold, Copper and Coal



Vermilion Forks Field Naturalists pose for a group photo. - photo submitted

Schouten receives honour

Vermilion Forks Field Naturalists founder Madelon Schouten was honoured by the group in recognition of her over 19 years of leadership, training and formation of the Swan Lake Ecological Nature

Reserve.

The group presented her with flowers and a special Certificate of Recognition.

The group also elected a new Executive at their February 9th

Annual General Meeting:

Past President: Joann Gabriel

President: Cathie Yingling

Secretary: Joan Kelly

Treasurer: Linda Neuman

Directors are Cora Cherry; Janis Wright; Ken Yingling; Ken Hauser; Peter Antonick; Trudy Kowalchuck; Shirley Campbell (Vice-President); Madelon Schouten and Marion Marsel.

- submitted by Cathie Yingling



Madelon Schouten. - photo submitted

Sego sends progress report

..... continued from Front Page program to further enlarge the known zone of mineralization.

Two holes were also drilled in the South Zone and Sego is currently awaiting metallic assays.

Sego Resources Inc. is a mineral exploration company, exploring the Miner Mountain Project, a large scale porphyry copper -gold target northeast of Princeton that is 2,400 hectares in size.

Exploration to date, has located zones of high grade surface copper-gold mineralization and drilling has confirmed the presence of signifi-

cant copper-gold grades at depth. The Miner Mountain Project is 15 kilometres north of Copper Mountain Mining Corporation's former copper producer (closed 1996) that is scheduled to resume production in 2011, following a recent favourable feasibility study.

The Miner Mountain Project is situated within the traditional territory of the Upper Similkameen Indian Band with whom Sego has a memorandum of understanding which provides a constructive framework for future development and exploration.

**We're different,
and we like that.**

Similkameen News Leader

NEED TO ADVERTISE?

A DISPLAY AD THIS SIZE WILL COST YOU

\$70.00 + GST

**Newspaper Advertising
is NOT expensive!**

**We are the ONLY
independent newspaper in
the region and proud of it.**

Similkameen
News Leader

WE'RE DIFFERENT, AND WE LIKE THAT.
Phone: (250) 295-4149 • 1-888-350-9969 Toll Free

Opportunity Tree

At Wine Fest

HELP ROTARY TO HELP SERVE

USE YOUR IMAGINATION TO PUT A LEAF ON THE OPPORTUNITY TREE

YOU CAN DONATE & PUT A VALUE ON:

**Talents - Skills - Hosting - Arts & Crafts Items
Labour - Outdoor Experience - Service - Lessons**

FOR EXAMPLE:

**Crafted Projects - Horseback Lessons or Trip - Pottery Class
Hosted Meal - Skill Training - Music - Yard Clean-up
Firewood - Cottage Use - Fishing Trip**



**YOUR DONATION WITH A SET VALUE
BECOMES A LEAF FOR SALE ON THE**

OPPORTUNITY TREE

AT ROTARY WINE FEST

Princeton Legion Hall FEBRUARY 27th

Call Ernie (250) 295-6826 or (250) 295-6938

or Ed (250) 295-0822 WITH YOUR DONATION

THE ONLY LIMIT IS YOUR IMAGINATION



C.J.M. Plumbing
COMPETITIVE SALES AND SERVICE

*New Fixtures Supplied and Installed
Drain and Sewer Cleaning - Service Repair
Hot Water Tanks - Hot Water Heating*

Emergency Service Fully Licensed **295-7085 Dave Mack**




FAX SERVICE
SENDING OR RECEIVING

AVAILABLE AT:
Similkameen News Leader
226A Bridge Street


Phone: (250) 295-4149
Fax: (250) 295-4103

Time...
to think about
what security means to you.



When it comes to your investment portfolio, how do you define security? Short term capital protection, reliable income flow, the expectation of future gains?

Talk to us today about how financial alternatives like segregated funds can provide a measure of certainty for your investment portfolio.



Al Anderson, BBA, CFP, TEP
Financial Consultant

Phone: (250) 295-3555
alan.anderson@investorsgroup.com

The Plan by **Investors Group**
I.G. Insurance Services Inc.

*Trademark owned by IGM Financial Inc. and licensed to its subsidiary corporations. Insurance products and services distributed through I.G. Insurance Services Inc. in Quebec. Financial advisors only. 2010.02.16

Similkameen News Leader
2009 Collection



\$10.00
(includes GST)

Similkameen News Leader
2009 Collection

ALL 51 WEEKLY ISSUES OF THE
SIMILKAMEEN NEWS LEADER
PUBLISHED IN 2009 IN PDF FORMAT - IN A CD

AVAILABLE EXCLUSIVELY AT:
Similkameen News Leader
226A Bridge Street, Princeton

CELEBRATE PRINCETON'S 150th
WITH THIS UNIQUE SOUVENIR

Health / Lifestyle News

Tips on becoming a super saver

(NC)—If you were to rate your money savings abilities on a scale of one to 10, where would you be? Would you be average with a score of seven? Or, are you above-average because you have a huge nest egg and very little debt? Or would you be low on the scale because as with most Canadians you're carrying a lot of debt and have a little savings? If you fall into this last category, here are some tips on how you can become a Super Saver in 2010.

Identify your goals: Where will you be financially in five, 10, 20 years: eating pâté or cat food? Seriously consider what you want and start

putting your financial house in order. **Set up your savings plan:** You may think you have very little extra money at the end of the month, but you may be surprised. Revisit your spending habits and cut back on those incidental and impulse buys. You may find that there is enough to put away for a rainy day and retirement, even if it's just \$5 a month. Next, create a preauthorized savings program to automatically deposit the money into a TFSA and/or RRSP account. Remember the power of compounding interest and you'll quickly feel empowered. Also, find out if your company offers a group RRSP. This

is a great way to become a Super Saver since your company will take your contribution at each pay day before taxes. You end up paying less tax, which also reduces the sting at tax time.

Protect your investment: Would you be able to support your family and meet your financial responsibilities if you were in an accident or fell ill? A term insurance policy is an ideal solution because it's inexpensive and it will meet your short-term needs.

More information on these and other financial tips can be found online at www.dfs.ca. - News Canada

Know your rheumatoid arthritis facts

(NC)—Even though many Canadians have heard about rheumatoid arthritis (RA), many don't know the real facts about this disease.

It's a disease that can have devastating affects on a person's quality of life, and if it is not diagnosed and treated early, it can lead to irreversible joint damage and disability.

According to information on the websites of The Arthritis Society (www.arthritis.ca) and JointHealth (www.jointhealth.org), some key facts you should know about rheumatoid arthritis include:

Fact 1: Rheumatoid arthritis is not an older person's disease. In fact, it can affect people of all ages from young children to seniors, but it usually appears between the ages of 25 and 50.

Fact 2: RA is more common than you think. Approximately 300,000 or one in every 100 adult Canadians develop the disease.

Fact 3: Moderate to severe RA may reduce a person's life span by as much as 12 years, if left untreated.

Fact 4: Rheumatoid arthritis seems to affect women two out of three times more often than men and it has a tendency to attack people in the prime of their lives.

Fact 5: Rheumatoid arthritis is an autoimmune disease that causes inflammation in the lining of the joints. It is a disease process (like diabetes) where the body's immune system attacks its own healthy joints by mistake, usually affecting the hands and feet.

Fact 6: Rheumatoid arthritis can cause so much pain and swelling in and around the joints that people have difficulty doing the simplest things such as walking, cooking and getting dressed.

Fact 7: RA may start gradually or with a sudden, severe attack of flu-like symptoms. People may feel very weak and tired, they may have a fever or lose weight, they may experience morning stiffness that lasts longer than 30 minutes, but joint pain will be the main symptom.

If any of these symptoms last more than two weeks, talk to a physician.

Fact 8: A cure for RA has not yet been discovered, but being diagnosed early and starting the right treatment regimen allows patients to take control of the disease and reduces the risk of permanently damaging their joints.

Fact 9: Medications are used to reduce the pain and swelling, and to help patients avoid severe damage to their joints.

Most people can lead active and healthy lives with the help of the right medication including non-steroidal anti-inflammatory drugs and corticosteroids, disease-modifying anti-rheumatic drugs, and a new

class of medications known as biologics.

Fact 10: In addition to medication, rest, appropriate exercise, physical therapy, social support, job and home support, eating a well-balanced diet and joint protection should also be part of the overall treatment plan to ensure success in managing rheumatoid arthritis.

You are not alone if you have been diagnosed with rheumatoid arthritis. Speak to your doctor about local support groups and other resources available to you in your community or visit any of these websites for more information: www.arthritis.ca, www.jointhealth.org, or visit www.ihaveoptions.ca.

Living Past 100

Plan For Spring Walks

Canadians suffer from a number of conditions in winter. They put on weight, they feel depressed, they don't exercise enough, and they lack Vitamin D. All this can change as spring comes. If you are like most Canadians, especially those over age 40, you want to lose a few pounds and feel a lot better. Spring is the time to start a program to improve how you feel and look. After all, if you feel good, you look good. Healthy people are more attractive than unhealthy people.

An interesting story came out of Cuba after the Russians left. Medical professionals noticed an improvement in the health of their patients. They looked for the reason. They found the reason was the high price of gasoline. The Russians had supplied Cuba with cheaper gasoline. After the Russians left, the cost of gasoline skyrocketed. Most Cubans went back to walking to and from work. They walked to sports games, movies and stores.

You may think something as simple as walking cannot make much difference to your health, but Cuban doctors found significant improvement. The first big change was loss of excess weight and better muscle tone. The second thing was an improvement in the health of people with diabetes. The third thing they found was improved circulation and lower cholesterol.

The simple act of putting one foot in front of the other has been under rated but there are plenty of benefits. Walking builds bones. Researchers have discovered that the spine is lightly jarred when a person is walking, especially when walking over rough surfaces. This mild jarring stimulates the body to absorb calcium and build bones. Walking in the sunlight adds Vitamin D, another benefit, as this vitamin stimulates the body to absorb calcium. If you want strong bones, take a glass of milk or a calcium supplement and go for a long walk in sunshine.

Walking in sunshine has another unexpected benefit: it strengthens your immune system. There is something about the combination of physical action and sunlight that builds better immunity.

This spring, plan to go walking every day. Walking is your first step toward fitness.

This Week - 6 Years Ago

Celebrating Princeton's 150th

W. George Elliott - Owner/Publisher Similkameen News Leader

News Leader - February 17, 2004

School closes, airport receives attention



The front page photo of the February 17, 2004 News Leader was of this jackknifed semi on Highway 3 near Saturday Creek. The accident occurred when the driver lost control on an icy piece of road.

It was six years ago this week that the decision was made to close Riverside Intermediate School.

Board Chair Gordon Comeau spoke at the time about "phenomenal declining enrollment" adding, "Our schools are half empty."

Closing Riverside would net the school district a \$200,000 saving to which Comeau pointed out, "If we don't close a school, then what do we cut to find the dollars?"

At the time both John Allison Elementary and Riverside Intermediate had 50 percent occupancy rates with Princeton Secondary at 51% and Vermilion Forks Elementary at 70%.

The former school has since reopened as the Riverside Centre (originally Riverside Wellness Centre) and has become the local centre for arts and culture.

It was six years ago this week that a 'watchdog committee' was formed for Princeton Airport. Now known as the Airport Select Committee, the group was formed by Councillor Ray Jarvis and contained two other members of council and two pilots.

Jarvis stated at the time, "As none of us on Council fly planes, it is only right that we have input towards the airport from people who have that knowledge, namely, the pilots."

The airport has since seen construction of a cardlock fuel facility in addition to other upgrades and has been the scene of two annual Princeton Airport Appreciation Day airshows.

Last year, the airport was awarded the Airport Management Award

from the BC Aviation Council in recognition of improvements to the facility.

The annual Princeton Home Show was still taking place six years ago. The 2004 event was to take place April 30th and May 1st.

Organizer Lyle Thomas had indicated this time six years ago that he was pleased with the progress made with the 2004 event stating many participants the previous year had already been in contact with him booking space.

The Home Show, like many other events hosted over the years in the region, eventually died out due to lack of interest.

The 2004/05 Branch #56 Legion Ladies Auxiliary, installed this week six years ago included President Sharon Beausoleil, Vice President Charlene Longdo, Secretary Barbara Ryan and Treasurer Ann Bauder. Lila Tilburt was Sgt. at Arms, Eleanor Sinclair Past

President and the Executive Committee was comprised of Dorothy Monkman, Norma Kraetor and Evelyn Cook.

The annual Mens Open Curling Bonspiel attracted 11 rinks six years ago with the A Event being won by Princeton's Tip Anderson rink. Anderson's team included Tom McLaren, Gerry Cooper and Tom Parsons.

The 2004 Youth Ambassador Candidates were announced this week six years ago. A total of ten girls were sponsored in the program including: Stephanie Hlatky, Ashley Silvius, Diane Wentland, Renee Cleven, Amy Liberatore, Ashley Dore, Danica LaValley, Natalie Ihlen, Danielle Hilton and Rene Kovacs.

Thieves broke into four cabins at Osprey Lake six years ago this week and made off with an ATV, a motorcycle, tools and miscellaneous items.

www.gotbulls.info

Post and Rail Sale



Save 15% Local PWP Posts
Order NOW - Delivery in Spring

Garbage Disposal - Rolloff Bins - Small Bins for Residential Clean Up
Posts and Rails - Fencing Supplies - Wood Pellets - Bedding - Shavings

Old Style 250.295.0606 Brian Coyne

RESUME

NEED SOME WORK?

SEE BRENDA AT:

Similkameen News Leader
226A Bridge Street

Phone: (250) 295-4149
Fax: (250) 295-4103

Princeton Area Ghost Towns - The DVD

Princeton Area Ghost Towns
Kinley - Kambel - Kambel - Kopy House - Kambel Creek - Laidlaw

\$19.99
INCLUDES GST

Available at:

Similkameen News Leader
www.thenewsleader.ca

Explore The History Of Mining - Gold, Copper and Coal

KINDERGARTEN 2010 STUDENT REGISTRATION

The Board of Education of
School District No. 58 (Nicola-Similkameen)



Registration Schedule
Monday to Friday
February 15-26, 2010

Full day kindergarten is being offered in British Columbia for up to fifty percent of eligible students in the fall of 2010, and for all kindergarten-aged children in September 2011. To assist with the planning and organization of the full day kindergarten program in School District No. 58, it is important that parents register their child early.

9:00 - 11:30 AM / 1:00 - 2:30 PM
John Allison Elementary School
(250) 295-6727

For September 2010

- To register, a child must be 5 years of age on, or before December 31, 2010.
- Parents/Guardians should bring child's Birth Certificate, Immunization record and Care Card when registering.

NEED TO ADVERTISE?

A DISPLAY AD THIS SIZE WILL COST YOU

\$42.00 + GST

Similkameen News Leader

WE'RE DIFFERENT, AND WE LIKE THAT.
Phone: (250) 295-4149 • 1-888-350-9969 Toll Free

Similkameen
News Leader
WE'RE DIFFERENT, AND WE LIKE THAT.

Here's My Card!
Advertise Your Business Here For As Little As...
\$ 10.00 PER WEEK
Call Us For Details!
Similkameen News Leader (250) 295-4149

Princeton Area Ghost Towns - The DVD



\$19.99
INCLUDES GST

Available at:
Similkameen News Leader
www.thenewsleader.ca

Explore The History Of Mining - Gold, Copper and Coal



The Living Water Foursquare Church Bake Sale on February 13th was a huge success! *

Historical society hosts speaker

The Similkameen Branch of the Okanagan Historical Society is pleased to announce that Randy Manuel, ex-Curator of the Penticton Museum and a prolific creator of historical videos, will be our next guest in the continuing

series of presentations on local history.

GLORIOUS GOLD, GLISTENING CREEKS: Stories of the Forgotten Mines of the Red Earth Country is the title of Randy's talk, which will be accompanied by slides. The meeting will take place at Riverside Centre on February 23rd at 7:00 PM.

Admission is free, though membership in the Society is encouraged. Also available will be copies of the Society's Report. These valuable historical books have been issued each year since 1922 and contain articles and reviews of interest to local history buffs. We will have for sale the current issue (2009) and various back copies.

Randy Manuel was for many years the Curator of the Penticton

Museum. From an old Penticton family himself, he has immersed himself in the history of the region. Many Princetonites will remember his Gold Trails and Ghost Towns series on CHBC with Bill Barlee, a series that ran for an astonishing 14 years.

He followed this with Pioneers and Places with Mike Roberts, a series based on his regular newspaper column, of which some 520 were published. He has also made other videos, many concerning the various sections of the Kettle Valley Railway. Randy is also a skilled artist who has drawn and painted many heritage scenes throughout BC over the last thirty-five years.

For further information, contact Jon or Rika at 250.295.6010.

Funding affects Racing Days

..... continued from Page 2
PM on July 3. There will be music in the refreshment area, the concession will provide food, and there will be an opportunity for vendors.

Rotary will host the Racing Days parade on the evening of July 2.

Councillor Jason Earle told Racing Days Association members the community message board has been ordered. He could not give delivery or installation dates, but assured

everyone the board is state of the art.

The fairgrounds has a new address: 311 Laurie Currie Way. This road may undergo some corner corrections and paving this year if Town Council can afford it.

Another Racing Days planning session will be held on March 11 at Town Hall at 7:00 PM. Anyone interested in any aspect of the race meet, or in working with members, is invited to attend.

Thomasina's Tea Room

(ACROSS FROM GAZEBO ON VERMILION AVENUE)

NOW OPEN

9:00 AM - 3:00 PM Monday - Friday



TEAS, BAKED GOODS
Light Lunches Available



WHOLE GRAIN BREADS
Available Fridays

TO PRE-ORDER YOUR BREAD FOR PICK-UP CALL
(OR LEAVE A MESSAGE)
250.295.3810
Or e-mail: thomasinas.tea.room@gmail.com



FAX SERVICE
SENDING OR RECEIVING

AVAILABLE AT:
Similkameen News Leader
226A Bridge Street

Phone: (250) 295-4149
Fax: (250) 295-4103



News Leader Entertainment

Similkameen News Leader TV Guide Listings - February 17 - 23, 2010



Princeton's Brody Brewster (#16) in front of the Laker net February 10th.*

Posse dominate Lakers

Princeton Posse played host to Pentiction Lakers in a rare mid-week game February 10th.

The evening was designated Fan Appreciation Night which offered 2-for-1 pricing at the gate, numerous prizes and giveaways and informal speeches between periods thanking fans and volunteers for their years of support.

When it came to hockey, the Posse simply dominated the Lakers. Once Princeton penetrated the Pentiction defense and took positions around and near the Laker net it was just a matter of time before a goal was scored.

Princeton's Brendan Stephen scored the first goal of the night at 15:38 ripping a shot that hit Laker goalie Adam Harris on the shoulder and rolled down his back and into the net. Assists went to Dan Hillman and Lee Muir.

The Posse finished the first period with a three-goal lead scoring at 9:37 (Bill Marshall from Dan Hillman and Spencer Kristensen) and 5:55 (Bill Marshall from Chad Brears and Brooks Christensen).

The second period was all Princeton with the home team adding three more unanswered

goals giving them a 6-0 lead after 40-minutes of play. Goals were scored at 13:08 (Spencer Kristensen from Evan Stack and Dan Hillman), 11:19 (Spencer Kristensen from Lee Muir and Brody Brewster) and 7:57 (Bill Marshall from Brooks Christensen and Ben Morgan).

Pentiction did score the first two goals of the third period (at 19:23 and 14:00) but could not take control of the game away from the home team.

Princeton added another goal at 7:26 (Devon Grossler from Brody Brewster and Chad Brears) and Pentiction responded with one of their own at 2:08 but it was obvious by then that they were not going to be able to catch up to the much stronger Posse.

Final score: Princeton 7, Pentiction 3. Shots on goal: Princeton 28, Pentiction 20. Penalties in minutes: Pentiction 5 for 10-minutes, Princeton 3 for 6-minutes.

The win set a franchise record for the Posse giving them a 29-13-0-6 win-loss-tie-overtime loss record after 48 games this season. The previous best record was 29-18-0-5 in the 52-game 2007/08 season.

A total of 11 Posse players earned points in the game including Bill Marshall with 3 goals, Spencer Kristensen with 2 goals, 1 assist and Dan Hillman with 3 assists. Lee Muir, Chad Brears, Brooks Christensen and Brody Brewster all had 2 points with Brendan Stephen, Evan Stack, Ben Morgan and Devon Grossler each earning one.

**We're different,
and we like that.**
Similkameen News Leader

RESUME

NEED SOME WORK?

SEE BRENDA AT:

**Similkameen
News Leader**
226A Bridge Street

Phone: (250) 295-4149
Fax: (250) 295-4103

IS IT TIME TO SUBSCRIBE TO THE NEWS LEADER?

Similkameen Valley Mail - \$35.75
(Seniors Pay Only \$31.75)
ALL PRICES INCLUDE GST

Elsewhere in Canada Mail - \$53.80
(Seniors Pay Only \$48.80)
ALL PRICES INCLUDE GST

CALL FOR DETAILS
Similkameen News Leader
(250) 295-4149

Similkameen News Leader 2009 Collection



ALL 51 WEEKLY ISSUES OF THE
SIMILKAMEEN NEWS LEADER
PUBLISHED IN 2009 IN PDF FORMAT - IN A CD

AVAILABLE EXCLUSIVELY AT:
Similkameen News Leader
226A Bridge Street, Princeton

CELEBRATE PRINCETON'S 150th
WITH THIS UNIQUE SOUVENIR

Similkameen **News Leader**



FAX SERVICE
SENDING OR RECEIVING

AVAILABLE AT:
Similkameen News Leader
226A Bridge Street
Phone: (250) 295-4149
Fax: (250) 295-4103

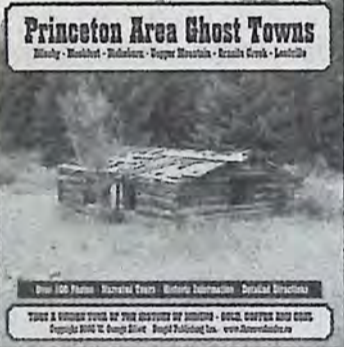
Similkameen News Leader
AN INDEPENDENT NEWSPAPER



There Are No Chains On Us!
100% LOCALLY OWNED & OPERATED

226A Bridge Street, P. O. Box 956, Princeton, B. C., V0X 1W0
Phone: (250) 295-4149 • Fax: (250) 295-4103
www.thenewsleader.ca

Princeton Area Ghost Towns - The DVD



\$19.99
INCLUDES GST

Available at:
Similkameen News Leader
www.thenewsleader.ca

Explore The History Of Mining - Gold, Copper and Coal

NEED TO ADVERTISE?

A DISPLAY AD THIS SIZE WILL COST YOU

\$70.00 + GST

Newspaper Advertising is NOT expensive!

We are the **ONLY** independent newspaper in the region and proud of it.

Similkameen **News Leader**

WE'RE DIFFERENT, AND WE LIKE THAT.
Phone: (250) 295-4149 • 1-888-350-9969 Toll Free

Princeton Posse
An Insider View of the Posse



Princeton's Evan Stack (#9) in action against Nelson Leafs February 5th. *

by Ben Morgan (#20) and Evan Stack (#9)

January 29th, 2010 was one of the best days ever to be a Princeton Posse player, with our largest crowd of the year and the brand new beer gardens it was an exciting atmosphere to be a part of.

With a 7-2 blowout of the Kamloops Storm, the crowd played an intricate part in our win. The next day we followed it up with a 3-1 victory over the division leading Revelstoke Grizzlies, which included an epic Martens vs. Brewster rematch fight, which can be seen on YouTube.

The game also included my first ever KIJHL fight which I highly doubt made YouTube. The January 29th weekend was a complete success as we beat two division rivals and the fans helped us "break in" our new beer gardens.

The following weekend was a weekend of character. We started out Friday, February 5th with a game against the Nelson Leafs who have the second best record in the league and are first in their division.

We significantly out played them for most of the game with the exception of the first ten minutes.

The officiating was questionable for both sides as 27 penalties were called for a total of 81 minutes, a stat neither team was impressed with. We showed our resiliency by battling back twice to tie the game but were unable to pull it out in the end losing 4-3.

Saturday, February 6th was a big win for us over our division rivals the Chase Chiefs. In the second period we were losing 4-1 and we were able to battle back and win the game 5-4 in double overtime. Our goalie Weston Joseph #33 stood on his head in the final period as well as in overtime to help us complete the comeback. Our Captain Dan Hillman #18 notched his first career KIJHL hat trick as part of a four point performance vaulting him back into the top ten in league scoring.

The nicest goal of the night goes to Chase Salisbury #8 who went roof daddy on a 2-1 to pull us within one goal. This along with a great performance earned him the cowboy hat as player of the game.

Sunday, February 7th we were up early in the morning and running with the Olympic torch, it was a great way to start off our day. We also got to participate, along with

our mayor, in running the first leg of the Princeton torch relay. This was quite an honour for our team. After all the festivities were over we hopped on the bus and headed for Kamloops.

We were ready to play and we destroyed the Storm 8-3. Everything was clicking for us, as we scored on our first two power plays of the game using only 12 and 19 seconds respectively to get it done. Evan Stack #9 received the cowboy hat after the game for his exceptional play, which included his first ever KIJHL hat trick, although the box score doesn't say so. The weekend was a complete success as we came away with four points and played exceptionally well and competed hard in all three of our games.

Going into the February 10th game against Penticton we sat in second place with 62 points, only two points away from beating the previous Posse record. The old record of 63 points is held by the 07-08 Princeton Posse.

With only three games left in the regular season this game proved to be one of our final tune ups in preparation for a long playoff run.

We've been working towards a championship all year long and with the playoffs just around the corner the excitement level in the locker room is high. However with the Sicamous Eagles only two points behind us in the battle for second place these last 3 games are key to our success.

So cheer loud and cheer proud because we all know that the 09-10 Princeton Posse are something to be excited about. Thanks for reading and enjoy the games!

Here's My Card!
Advertise Your Business Here For As Little As...

\$ 10.00 PER WEEK

Call Us For Details!
Similkameen News Leader (250) 295-4149

TUESDAY, FEBRUARY 16, 2010

	WTBS (3)	CHBC (4)	KNOW (5)	KSPS (6)	KHQ (7)	KREM (8)	A&E (9)	KXLY (10)	BCTV (11)	CITY (12)	CBC (13)	YTV (18)	TSN (19)	VTV (22)	DISC (24)	FAM (26)	CITY (29)	SPIKE (44)	TROP (45)
6 AM	In the Heat of the Night	(5:30) Morning News (N)	Franklin George S.	Thomas Lions	News (N)	News	CSI: Miami	News	(5:30) Morning News (N)	(4:30) Morning News (N)	CBC News Now (N)	Being Ian (6:25) Viva	SportsCentre	(3:00) XXI Olympic Morning (Live)	Breaking Point "House"	Henry's Feet	CityLine	CSI: NY	Inside Box That News
7 AM	Cosby	(7:01) Clifford the Big Red Dog	Arthur (E1) Martha	Today Lindsey Jacobellis; David Guas. (N)	The Early Show (N)	Cold Case Files	Good Morning America (N)	The First 48	100 Huntley Street	100 Huntley Street	Dirtgirl Animal	Invasion League	XXI Olympic Morning	(Live)	Mayday	Mickey Mickey	The Tyra Show (N)	CSI: Crime Scn	End Leash Last 10
8 AM	Harvey	Fresh Pr.	Sid the Science Kid	Curious Sid	Super Why! Dinosaur	The 700 Club	The First 48	Live With Regis & Kelly	100 Huntley Street	World Vision	Super Why! News	Rolie Polie Timothy	XXI Winter Olympics: Snowboardin g, Hockey, Curling, Snowboardin g, Hockey, Men's; Curling, Women's; Canada vs. Switzerland. (Live)	Dirty Jobs	Handy Handy	Rachael Ray	CSI: Crime Scene	Tube Tales	
9 AM	Fam. Feud	100 Huntley Street	Spider Sesame Street (N) (10:36)	Sesame Street (N)	The Price Is Right (N)	Criminal Minds	The View (N)	Hospital for Sick Kids	Debt Part ET Canada	Poko	Berenstain Doodlebop	Willa's	XXI Winter Olympics: Curling, Snowboardin g, Hockey, Men's; Curling, Women's; Switzerland. (Live)	Breaking Point "House"	Agent Oso	Amazing	CSI: Crime Scene	Colin/Justin's Helst	
10 AM	Reba	Hospital for Sick Kids	Rolie Polie Berenstain	Clifford Sit-Be Fit	Ellen DeGeneres Show	Young & Restless	The Sopranos	Paid Prog.	World Vision	(10:59) Noon News Hour (N)	Gofrette	George S. (11:40) Erky	XXI Winter Olympics: Curling, Snowboardin g, Hockey, Men's; Curling, Women's; Switzerland. (Live)	How-Made	Mickey Handy	The O.C.	CSI: Crime Scn	Whatever	
11 AM	Jim Name Earl	World Vision	Maggie Rose	Charlie Rose	Paid Prog. Penguins	News The Bold	CSI: Miami	All My Children (N)	Noon News Hour (N)	Days of our Lives (N)	CBC News Now (N)	(12:05) Kid Flamingo	XXI Winter Olympics: Curling, Snowboardin g, Hockey, Men's; Curling, Women's; Switzerland. (Live)	Toughest Race: Iditarod	Phineas Suite Life	Friends UEFA	CSI: NY	Golden	
12 PM	King King	Noon News Hour (N)	As the World Turns (N)	Your Brush Days of our Lives (N)	Days of our Lives (N)	As the World Turns (N)	Cold Case Files	One Life to Live (N)	As the World Turns (N)	As the World Turns (N)	Canadian Experience	(12:55) Viva Jacob	XXI Winter Olympics: Curling, Snowboardin g, Hockey, Men's; Curling, Women's; Switzerland. (Live)	Dirtiest Catch	Wizards Montana	Champions League Soccer: Teams TBA.	CSI: Crime Scn	3's Co. Ellen	
1 PM	Seinfeld	As the World Turns (N)	Dinosaur Quilting	Judge J. Let's Make a Deal (N)	Let's Make a Deal (N)	The First 48	General Hospital (N)	Young & Restless	The Doctors	Steven and Chris	Ruby Invasion	(2:50) Kid League	XXI Winter Olympics: Curling, Snowboardin g, Hockey, Men's; Curling, Women's; Switzerland. (Live)	Dirty Jobs	Cory Recess	Friends	CSI: Crime Scene	Seinfeld	
2 PM	The Office Friends	Young & Restless	Franklin BluesClues	Barney WordWorld	Judge J.	Let's Make a Deal (N)	The First 48	General Hospital (N)	Young & Restless	The Doctors	Steven and Chris	Ruby Invasion	XXI Winter Olympics: Curling, Snowboardin g, Hockey, Men's; Curling, Women's; Switzerland. (Live)	MythBusters	Replace School	CityLine	CSI: Crime Scene	Golden	
3 PM	Friends Name Earl	The Doctors	(3:01) Little Bear "I Can Do That"	WordGirl Electric	XXI Winter Olympics: Biathlon, Speed Skating.	Dr. Phil	The First 48	Rachael Ray	The Doctors	Young & Restless	Recipes Mercer	(2:50) Kid League	XXI Winter Olympics: Curling, Snowboardin g, Hockey, Men's; Curling, Women's; Switzerland. (Live)	Destroyed	Life Derek Suite Life	CityNews at 6 (N)	CSI: Crime Scn	End Leash Last 10	
4 PM	Family Guy	Oprah Winfrey	Fetch! Ruff Cyberchas	Fetch! Ruff Cyberchas	Oprah Winfrey	Criminal Minds	Deal-Deal Deal No	Oprah Winfrey	(3:59) Early Global Nat.	Ghost Whisperer	SpongeBob OddParent	XXI Winter Olympics: Curling, Snowboardin g, Hockey, Men's; Curling, Women's; Switzerland. (Live)	Daily Planet (N)	Phineas Wizards	Law & Order: SVU	UFC Unleashed	Parking		
5 PM	Payne	Early News	(4:57) BBC News	BBC News	News	News	Criminal Minds	News	Early News	(4:59) News Hour (N)	CBC News: Vancouver (N)	OddParent	XXI Winter Olympics: Curling, Snowboardin g, Hockey, Men's; Curling, Women's; Switzerland. (Live)	How/Made	Suite/Deck Zoey 101	How I Met Purpose	UFC Unleashed	Rescue Ink	
6 PM	Law & Order: SVU	Global Nat.	Taste Buds Dogs/Job	PBS NewsHour (N)	News Millionaire	News Access H.	Psychic Kids	News	(5:59) News Hour (N)	Ent	Coronation	Indie	XXI Winter Olympics: Curling, Snowboardin g, Hockey, Men's; Curling, Women's; Switzerland. (Live)	Destroyed	Montana Wizards	Scrubs Better Off	UFC Unleashed	Dog Whisperer	
7 PM	Movie: "Biker Boyz"	Ent ET Canada	Frontiers of "Extreme Ice"	NOVA "Extreme Ice"	Jeopardy! Wheel	The Doctors	Paranormal	Ent	The Good Wife	Ent	Wheel Jeopardy!	Fries That? Prank Ptr	XXI Winter Olympics: Curling, Snowboardin g, Hockey, Men's; Curling, Women's; Switzerland. (Live)	Swamp Loggers (N)	Sonny Suite Life	Dark Blue	BlueMount	End Leash Last 10	
8 PM	Laurence Fishburne	NCIS	Russia: Journey	Wild Lives	XXI Winter Olympics: Figure Skating, g. Speed Skating, (Same-day Tape)	NCIS	Paranormal	Lost "What Kate Does"	NCIS	NCIS	Mercer	The Next Star	XXI Winter Olympics: Curling, Snowboardin g, Hockey, Men's; Curling, Women's; Switzerland. (Live)	Daily Planet	Overruled! Montana	News EP Daily	UFC Unleashed	Tube Tales ET Canada	
9 PM	The Office	NCIS: Los Angeles	A President to Remember	Frontline (DVS)	Skating, g. Speed Skating, (Same-day Tape)	NCIS: Los Angeles	Criminal Minds	Lost "The Substitute"	NCIS: Los Angeles	NCIS: Los Angeles	Kids in-Hall Comedy	The Next Star	XXI Winter Olympics: Curling, Snowboardin g, Hockey, Men's; Curling, Women's; Switzerland. (Live)	Destroyed	Wizards Buzz	Chopping Block	UFC Unleashed	Parking	
10 PM	Movie: "Biker Boyz"	The Good Wife	Eden	Independent Lens "Mine; Home" (N)	The Good Wife	Psychic Kids	the forgotten (N)	The Good Wife	News Hour Final (N)	National	Family Biz Indie	(12:55) Viva Jacob	XXI Winter Olympics: Curling, Snowboardin g, Hockey, Men's; Curling, Women's; Switzerland. (Live)	Swamp Loggers	School Cory	Coach Judge	BlueMount	Rescue Ink	
11 PM	Laurence Fishburne Cheers	CHBC News Final (N)	Black Coffee	Yellowston	Letterman	Paranormal	News	News	News	Ent	City-Ian	Prank Ptr Fries That?	SportsCentre (Live)	How/Made	So Raven Life Derek	Home Imp. Pald Prog.	Unsolved Mysteries	Dog Whisperer	

WEDNESDAY, FEBRUARY 17, 2010

	WTBS (3)	CHBC (4)	KNOW (5)	KSPS (6)	KHQ (7)	KREM (8)	A&E (9)	KXLY (10)	BCTV (11)	CITY (12)	CBC (13)	YTV (18)	TSN (19)	VTV (22)	DISC (24)	FAM (26)	CITY (29)	SPIKE (44)	TROP (45)
6 AM	In the Heat of the Night	(5:30) Morning News (N)	Franklin George S.	Bob Build Lions	News (N)	News	CSI: Miami "The Score"	News	(5:30) Morning News (N)	(4:30) Morning News (N)	CBC News Now (N)	Being Ian (6:25) Viva	SportsCentre	(3:00) XXI Olympic Morning (Live)	Daily Planet	Henry's Feet	CityLine	CSI: NY	Inside Box Spoiled
7 AM	Cosby	(7:01) Clifford the Big Red Dog	Arthur (E1) Martha	Today Shaun White; Olympic trivia. (N)	The Early Show (N)	Cold Case Files	Good Morning America (N)	The First 48	100 Huntley Street	100 Huntley Street	Dirtgirl Animal	Invasion League	XXI Olympic Morning	(Live)	Mayday	Mickey Mickey	The Tyra Show (N)	CSI: Crime Scn	Project Runway Canada
8 AM	Harvey	Fresh Pr.	Sid the Science Kid	Curious Sid	Super Why! Dinosaur	The 700 Club	The First 48	Live With Regis & Kelly	100 Huntley Street	Spirit for Survival	Super Why! News	Rolie Polie Timothy	XXI Winter Olympics: Cross-Country Skiing, Hockey, Men's; Curling, Women's; Switzerland. (Live)	Worst Handyman	Handy Handy	Rachael Ray	CSI: Crime Scn	Are You Smarter	
9 AM	Fam. Feud	100 Huntley Street	Spider Sesame Street (E1) (10:36)	Sesame Street (E1)	The Price Is Right (N)	Criminal Minds	The View (N)	World Vision	Debt Part ET Canada	Poko	Berenstain Doodlebop	Willa's	XXI Winter Olympics: Cross-Country Skiing, Hockey, Men's; Curling, Women's; Switzerland. (Live)	Daily Planet	Agent Oso	Amazing	CSI: Crime Scn	Colin-Justin	
10 AM	Reba	World Vision	Rolie Polie Berenstain	Clifford Sit-Be Fit	Ellen DeGeneres Show	Young & Restless	The Sopranos	Paid Prog.	Canada	(10:59) Noon News Hour (N)	Gofrette	George S. (11:40) Erky	XXI Winter Olympics: Cross-Country Skiing, Hockey, Men's; Curling, Women's; Switzerland. (Live)	How-Made	Mickey Handy	The O.C.	CSI: Crime Scn	Whatever	
11 AM	Jim Name Earl	Canada	Maggie Rose	Charlie Rose	Paid Prog. Turbo	News The Bold	CSI: Miami "The Score"	All My Children (N)	Noon News Hour (N)	Days of our Lives (N)	CBC News Now (N)	(12:05) Kid Flamingo	XXI Winter Olympics: Cross-Country Skiing, Hockey, Men's; Curling, Women's; Switzerland. (Live)	Destroyed	Phineas Suite Life	Friends UEFA	CSI: NY	Golden	
12 PM	King King	Noon News Hour (N)	As the World Turns (N)	Art Work Sewing	Days of our Lives (N)	As the World Turns (N)	Cold Case Files	One Life to Live (N)	As the World Turns (N)	As the World Turns (N)	Canadian Experience	(12:55) Viva Jacob	XXI Winter Olympics: Cross-Country Skiing, Hockey, Men's; Curling, Women's; Switzerland. (Live)	Forensic Factor	Wizards Montana	Champions League Soccer: Teams TBA.	CSI: Crime Scn	3's Co. Ellen	
1 PM	Seinfeld	As the World Turns (N)	Dinosaur Sewing	Judge J. Let's Make a Deal (N)	Let's Make a Deal (N)	The First 48	General Hospital (N)	Young & Restless	The Doctors	Steven and Chris	Ruby Invasion	(2:50) Kid League	XXI Winter Olympics: Cross-Country Skiing, Hockey, Men's; Curling, Women's; Switzerland. (Live)	Swamp Loggers	Cory Recess	Friends	CSI: Crime Scn	Seinfeld	
2 PM	The Office Friends	Young & Restless	Franklin BluesClues	Barney WordWorld	Judge J.	Let's Make a Deal (N)	The First 48	General Hospital (N)	Young & Restless	The Doctors	Steven and Chris	Ruby Invasion	XXI Winter Olympics: Cross-Country Skiing, Hockey, Men's; Curling, Women's; Switzerland. (Live)	MythBusters	Replace School	CityLine	CSI: Crime Scn	Golden	
3 PM	Friends Name Earl	The Doctors	(3:01) Little Bear	WordGirl Electric	XXI Winter Olympics: Cross-Country Skiing.	Dr. Phil	The First 48	Rachael Ray	The Doctors	Young & Restless	Recipes Mosque	(2:50) Kid League	XXI Winter Olympics: Curling, Snowboardin g, Hockey, Men's; Curling, Women's; Switzerland. (Live)	Canada's Worst Driver	Life Derek Suite Life	CityNews at 6 (N)	DEA "Deadly Chase"	Project Runway Canada	
4 PM	Family Guy	Oprah Winfrey	Fetch! Ruff Cyberchas	Fetch! Ruff Cyberchas	Oprah Winfrey	Criminal Minds	Deal-Deal Deal No	Oprah Winfrey	(3:59) Early Global Nat.	Ghost Whisperer	SpongeBob OddParent	XXI Winter Olympics: Curling, Snowboardin g, Hockey, Men's; Curling, Women's; Switzerland. (Live)	Daily Planet (N)	Phineas Wizards	Law & Order: SVU	Ways Die	Rescue Ink		
5 PM	College Basketball: Georgia at Tennessee. (Live)	Early News	(4:57) BBC News	BBC News	News	News	Dog the Bounty Hunter	News	Early News	(4:59) News Hour (N)	CBC News: Vancouver (N)	OddParent	XXI Winter Olympics: Curling, Snowboardin g, Hockey, Men's; Curling, Women's; Switzerland. (Live)	The Colony (N)	Suite/Deck Zoey 101	How I Met Die	Hoarders		
6 PM	Law & Order: SVU	Global Nat.	Creatures Dogs	PBS NewsHour (N)	News Millionaire	News Access H.	Dog the Bounty Hunter	News	(5:59) News Hour (N)	Ent	Coronation	Indie	XXI Winter Olympics: Curling, Snowboardin g, Hockey, Men's; Curling, Women's; Switzerland. (Live)	Man vs. Wild "Texas"	Montana Wizards	Family Cougar	Die	Hoarders "Linda; Todd"	
7 PM	Movie: "Road to Perdition"	Ent ET Canada	Blue Realm	Jeopardy! Wheel	The Doctors	Dog the Bounty Hunter	Ent	The Insider	Ent	The Deep End (N)	Wheel Jeopardy!	Fries That? Prank Ptr	XXI Winter Olympics: Curling, Snowboardin g, Hockey, Men's; Curling, Women's; Switzerland. (Live)	Mayday	Sonny Suite Life	(7:01) Ugly Betty	MANswers	Parking	
8 PM	The Office	Bones (PA)	Chinese School	The National Parks: America's Best Idea	XXI Winter Olympics: Snowboardin g, Speed Skating, (Same-day Tape)	Christine Seagal	Family	Bones (PA)	Bones (PA)	Bones (PA)	Dragons' Den	The Next Star	XXI Winter Olympics: Curling, Snowboardin g, Hockey, Men's; Curling, Women's; Switzerland. (Live)	Daily Planet	Overruled! Montana	News EP Daily	BlueMount	Spoiled	
9 PM	Movie: "Road to Perdition"	Kitchen Nightmares	Dido and Aeneas (N)	America's Best Idea	Criminal Minds	Dog the Bounty Hunter	Family Cougar	Family Cougar	Kitchen Nightmares	Kitchen Nightmares	Republic of Doyle	The Next Star "16 to 6"	XXI Winter Olympics: Curling, Snowboardin g, Hockey, Men's; Curling, Women's; Switzerland. (Live)	Mayday	Wizards Buzz	Royal Pains	MANswers	Parking	
10 PM	(2002) Tom Hanks.	The Deep End (N)	Sorceress-Kiri	Paving the Way	CSI: NY	(10:01) Dog the Bounty Hunter	(10:01) Ugly Betty	The Deep End (N)	News Hour Final (N)	National	Family Biz Indie	(12:55) Viva Jacob	XXI Winter Olympics: Curling, Snowboardin g, Hockey, Men's; Curling, Women's; Switzerland. (Live)	The Colony	School Cory	Coach Judge	CSI: Crime Scn	Hoarders	
11 PM	Laurence Fishburne Cheers	CHBC News Final (N)	Stratford City Time	Charlie Rose (N)	News	Letterman	(11:01) Dog the Bounty Hunter	News	News	News	Ent	City-Ian	Prank Ptr Fries That?	SportsCentre (Live)	Man vs. Wild "Texas"	So Raven Life Derek	Home Imp. Pald Prog.	Unsolved Mysteries	Hoarders "Linda; Todd"

Similkameen News Leader - Horoscopes

February 17 - 24, 2010

Aries - Your health is good, your energy level is high. You are learning a lot in a group. You are pleased with yourself but a bit rebellious by limits placed on you by others. Tit for tat!

Taurus - Check into health problems. You may be challenged by people close to you regarding property. Clear problems now or you face them again. Elders provide information. Listen to them.

Gemini - Your focus shifts to career and you can make gains now. Elders may be generous. You may get a raise in pay. Kids may be a burden or restrict you. Learn patience with problems.

Cancer - Money problems are easing but will return. You are not out of the woods financially until this fall. Stick to budget. Benefits come from learning, travel, visitors. Review loans, insurance.

Leo - Be careful what you say and how you say it. Silence is truly golden now. Don't let paperwork pile up. Keep everything current. Gain from bank, estate of dead, insurance. Be discreet.

Virgo - Romance can light up your life now. Others are good to you. Pay attention to information about health and job. Money is still tight. Worries ease a bit. Creativity is at low ebb. Chin up!

Libra - You must begin to take life more seriously, respect your responsibilities. This is your time to develop maturity. Excellent time for job promotion. Health is good. Be a steady worker.

Scorpio - Pay attention to information about home, property. You may have some worries. You need a good health regimen. Love and romance, along with good fortune, can be yours now. Enjoy!

Sagittarius - Anything to do with home, your property and family seem to be under good influences now. Enjoy it. Travel is not favoured, nor education, religion. Check your health. Work.

Capricorn - Matters related to insurance, estate, investment ease off now. Focus on happy messages. Short trips prove beneficial. Check bank records frequently, pay attention to balance. Be cautious.

Aquarius - This year will be better for finances or acquiring possessions. Don't go into debt. You still have to deal with opposition. You won't see real gains before October. Proceed steadily.

Pisces - Work out a good health regimen and stick to it. You will feel good, but make sure nothing is hidden. Most important: be happy. Go out and do things, spread joy, plan for pleasant times. Enjoy!

Similkameen News Leader - Recipe Corner

Recipe #310

Thai Shrimp WITH COCONUT-ALMOND RICE

(NC)—This warm, creamy rice is infused with coconut milk and toasty almonds. The natural sweetness of almonds and coconut marries well with the spicy chili sauce on the shrimp. Makes: 4 servings

Ingredients:

- 1/2 cup (125 mL) slivered almonds, toasted
- 2 cups (500 mL) jasmine rice
- 1 cup (235 mL) water
- 1 cup (235 mL) light coconut milk
- 1 tablespoon (15 mL) canola oil
- 1 pound (454 g) shelled and deveined frozen shrimp, thawed
- 1/4 cup (60 mL) prepared Thai-style chili sauce
- Chopped scallions to garnish

Preparation:

Place almonds in a single layer in a dry skillet, and turn heat to medium. Toast, stirring occasionally, until almonds are golden brown, 4 to 5 minutes and set aside. Prepare rice according to package instructions, replacing half the water with coconut milk. In a sauté pan, heat 1 tablespoon (15 mL) oil and cook shrimp until pink, 3 to 4 minutes. Add chili sauce and stir until heated throughout. Stir almonds into cooked rice and top with shrimp mixture and fresh scallions. Serve.

Calories 518 Cholesterol 171 mg Total fat 26.5 g Fibre 4 g Saturated 13.9 g Calcium 105 mg Monounsaturated 7.1 g Magnesium 103 mg Polyunsaturated 3.7 g Sodium 404 mg Carb 43 g Potassium 528 mg Protein 30 g Vitamin E 6 mg

Recipe courtesy of the Almond Board of California

- News Canada

FREE Better Homes & Gardens RECIPES 24/7
<http://myhomeandgardennews.blogspot.com>
 A FREE SERVICE OF SIMILKAMEEN NEWS LEADER

If you have a favourite recipe you would like to share, contact us for details!
226A Bridge Street, Princeton

Similkameen News Leader

Tuesday Movies

EVENING

7:00 pm WTBS (3) ★★ "Biker Boyz" (2003, Action) Laurence Fishburne. A young prodigy threatens the undefeated champion of an underground club of motorcycle racers. (C)

9:30 pm WTBS (3) ★★ "Biker Boyz" (2003, Action) Laurence Fishburne. A young prodigy threatens the undefeated champion of an underground club of motorcycle racers. (C)

Wednesday Movies

EVENING

9:00 pm WTBS (3) ★★ "Road to Perdition" (2002, Crime Drama) Tom

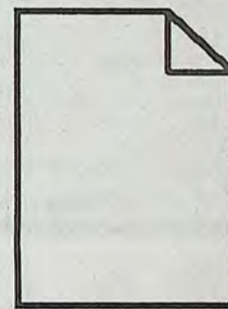
Hanks. During the Depression, a mobster takes his son along as he seeks to avenge the murders of his wife and younger child. (C)

Thursday Movies

EVENING

7:00 pm WTBS (3) ★★ "Blade: Trinity" (2004, Horror) Wesley Snipes. Blade and a pair of vampire slayers battle Dracula, the newly resurrected ancestor of the undead. (C)

9:30 pm WTBS (3) ★★ "Blade: Trinity" (2004, Horror) Wesley Snipes. Blade and a pair of vampire slayers battle Dracula, the newly resurrected ancestor of the undead. (C)



RESUME

NEED SOME WORK?

SEE BRENDA AT:
Similkameen News Leader
 226A Bridge Street

Phone: (250) 295-4149
 Fax: (250) 295-4103

Friday Movies

EVENING

7:00 pm WTBS (3) ★★ "American Beauty" (1999, Comedy-Drama) Kevin Spacey. An unhappy husband rebels against his stifling existence. (C)

7:30 pm FAM (26) ★★ "My Dog Skip" (2000, Drama) Frankie Muniz. In 1942 a shy boy receives an exuberant Jack Russell terrier that plays matchmaker and helps protect him from bullies. (In Stereo) (C)

8:00 pm KXLY (10) ★★ "Meet the Fockers" (2004, Comedy) Robert De Niro. A man fears the worst when he accompanies his fiancée's uptight father and mother to meet his free-spirited mom and dad. (In Stereo) (C)

9:05 pm FAM (26) ★★ "Cadet Kelly" (2002, Comedy-Drama) Hilary Duff. A new cadet at a military academy must prove that she is stronger than the upperclassman who wants to

break her. (In Stereo) (C)
 10:00 pm WTBS (3) ★★ "American Beauty" (1999, Comedy-Drama) Kevin Spacey. An unhappy husband rebels against his stifling existence. (C)

KNOW (5) ★★ "A Married Couple" (1969, Documentary) Premiere. A couple allow cameras into their home to document the domestic crisis they are experiencing. (C)

10:45 pm FAM (26) "Class President" (2002, Comedy) Sam Poppen. A shifty campaign manager helps a 10-year-old boy run for class president against a girl. (In Stereo)

11:00 pm SPIKE (42) ★★ "They Live" (1988, Science Fiction) Roddy Piper. Premiere. When two men put on special sunglasses they see aliens and subliminal messages. (In Stereo)

Princeton Area Ghost Towns - The DVD



\$19.99
 INCLUDES GST

Available at:
Similkameen News Leader
www.thenewsleader.ca

Explore The History Of Mining - Gold, Copper and Coal

THURSDAY, FEBRUARY 18, 2010

	WTBS (3)	CHBC (4)	KNOW (5)	KSPS (6)	KHQ (7)	KREM (8)	A&E (9)	KXLY (10)	BCTV (11)	CITY (12)	CBC (13)	YTV (18)	TSN (19)	VTV (22)	DISC (24)	FAM (26)	CITY (29)	SPIKE (44)	TROP (45)
6 AM :30	In the Heat of the Night	(5:30) Morning News (N)	Franklin George S.	Thomas Lions	News (N)	News	CSI: Miami "Silencer"	News	(5:30) Morning News (N)	(4:30) Morning News (N)	CBC News Now (N)	Being Ian (6:25) Viva	SportsCentre	(3:00) XXI Olympic Morning (Live)	Daily Planet	Henry's Feet	CityLine	CSI: NY	Inside Box Reality
7 AM :30	Cosby		(7:01) Clifford the Big Red Dog	Arthur (El) Martha	Today Skier Emily Cook; guys tell all. (N)	The Early Show (N)	Cold Case Files	Good Morning America (N)			Dirtgirl Animal	Invasion League	XXI Olympic Morning		Mayday	Mickey	The Tyra Show (N)	CSI: Crime Scn	Soap Reality
8 AM :30	Harvey Fresh Pr.		Sid the Science Kid (DVS)	Curious Sid			The First 48		100 Huntley Street	Bo on Go (7:55)				Man vs. Wild "Texas"	Handy	Rachael Ray	CSI: Crime Scn	Comeback Whatever	
9 AM :30	Fam. Feud	100 Huntley Street		Super Why? Dinosaur		The 700 Club	The First 48	Live With Regis & Kelly	100 Huntley Street	World Vision	Super Why? News	Rolie Polie Timothy	XXI Winter Olympics: Biathlon, Snowboardin g, Curling, Biathlon, Women's; Snowboardin g, Curling. (Live)	XXI Winter Olympics: Curling, Speed Skating, From Vancouver, B.C.	Daily Planet	Agent Oso	Amazing	CSI: Crime Scn	Colin-Justin
10 AM :30	Reba	World Vision	Spider (10:36)	Sesame Street (N)		The Price Is Right (N)	The First 48	The View (N)	World Vision	Debt Part ET Canada	Poko Doodlehop	Berenstain Willa's		How-Made	Mickey	The O.C.	CSI: Crime Scn	Whatever	
11 AM :30	Jim Name Earl	World Vision	Rolie Polie Berenstain	Clifford Sit-Be Fit	Ellen DeGeneres Show	Young & Restless	The Sopranos	Paid Prog. Paid Prog.	World Vision	(10:59) Noon News Hour (N)	Gofrette Dirtgirl	George S. (11:40) Erky		The Colony	Phineas Suite Life	CityLine	CSI: NY	Golden	
12 PM :30	King King	Noon News Hour (N)	Maggie (12:38)	Charlie Rose	Paid Prog. Sheldon	News The Bold	CSI: Miami "Silencer"	All My Children (N)	Noon News Hour (N)	Days of our Lives (N)	CBC News Now (N)	(12:05) Kid Flamingo		Man vs. Wild "Texas"	Wizards Montana	The Bonnie Hunt Show	CSI: Crime Scn	3's Co. Ellen	
1 PM :30	Seinfeld	As the World Turns (N)	Go Diego Dinosaur	Simp Paint Quilting	Days of our Lives (N)	As the World Turns (N)	Cold Case Files	One Life to Live (N)	As the World Turns (N)	As the World Turns (N)	Canadian Experience	(12:55) Viva Jacob		Speed Skating: 1000m, Ladies.	MythBuster s	Replace	CityLine	CSI: Crime Scn	Seinfeld Golden
2 PM :30	The Office Friends	Young & Restless	(2:01) BluesClues	Barney WordWorld	Judge J. Judge J.	Let's Make a Deal (N)	The First 48	General Hospital (N)	Young & Restless	The Doctors	Steven and Chris	Ruby Invasion		CTV News	MythBuster s	School	CityLine	CSI: Crime Scn	Golden
3 PM :30	Friends Name Earl	The Doctors	(3:02) Little Bear	WordGirl Electric	XXI Winter Olympics: Snowboardin g, Biathlon.	Dr. Phil	The First 48	Rachael Ray	The Doctors	Young & Restless	Recipes 22 Minutes	(2:50) Kid League	XXI Winter Olympics: Curling, Hockey.	XXI Winter Olympics: Hockey.	Cash Cab	Life Derek	CityNews at 6 (N)	CSI: Crime Scn	Soap Comeback
4 PM :30	Family Guy	Oprah Winfrey	George S.	Fetch! Ruff Cyberchus		Oprah Winfrey	The First 48	Deal-Deal Deal No	Oprah Winfrey	(3:59) Early Global Nat.	Ghost Whisperer	SpongeBob OddParent	Figure Skating, Hockey.	Snowboardin g, Figure Skating, Medal Ceremonies, Hockey; Snowboardin g, Halfpipe, Ladies; Figure Skating: Free Skate, Men's; Medal Ceremonies. (Live)	Daily Planet (N)	Phineas Wizards	Murdoch Mysteries	CSI: Crime Scn	Reality Whatever
5 PM :30	Payne	Early News	(4:58) Martha	BBC News Business	News NBC News	News CBS News	The First 48	ABC News	Early News Global Nat.	(4:59) News Hour (N)	CBC News: Vancouver (N)	OddParent SpongeBob	Figure Skating: Free Skate, Men's; Hockey, Men's; Slovakia vs. Russia. (Live)	Alaska: Most Extreme	Suite/Deck Zoey 101	How I Met My Parks	UFC Unleashed	Family Guy	
6 PM :30	Law & Order: SVU	Global Nat. News	Heads Up Dogs	PBS NewsHour (N)	News Millionaire	News Access H.	The First 48 (N)	News	(5:59) News Hour (N)	ET Canada Ent	Coronation	Indie	Figure Skating: Men's; Hockey, Men's; Slovakia vs. Russia. (Live)	Arctic Roughnecks	Wizards	30 Rock	TNA IMPACT! (N)	Seinfeld	
7 PM :30	Movie: "Blade: Trinity"	Ent ET Canada	Frontiers of	Spokane's Century Fox	Jeopardy! Wheel	The Doctors	Manhunter	Ent	Ent	90210	Wheel Jeopardy!	Fries That? Prank Ptrl	Figure Skating: Free Skate, Men's; Medal Ceremonies. (Live)	MythBuster s	Sonny Suite Life	Dark Blue	'70s Show	King	
8 PM :30	Wesley Snipes	Survivor: Hero	New York: A Documentar y Film (DVS)	Sherlock Holmes	XXI Winter Olympics: Figure Skating, Snowboardin g, Speed Skating. (Same-day Tape)	Survivor: Hero	Manhunter	The Deep End (N)	Survivor: Hero	Survivor: Hero	The Nature of Things	The Next Star "16 to 6"		Daily Planet	Overruled! Montana	News EP Daily	UFC 110 Countdown	Comeback ET Canada	
9 PM :30	The Office	The Office	MI-5 (DVS)	Skating, Snowboardin g, Speed Skating. (Same-day Tape)	The Mentalist	(9:01) The First 48	Grey's Anatomy (N)	The Office	The Office	The Office	Tasered (N)	Prank Ptrl		Alaska: Most Extreme	Wizards Buzz	Celebrity Fit Club	MANswers Trailers	Family Guy	
10 PM :30	Movie: "Blade: Trinity" (2004)	90210	Soundstage (N)	CSI: Crime Scene	(10:01) The First 48	(10:01) Private Practice (N)	90210	News Hour Final (N)	National	Indie				Arctic Roughnecks	School Cory	Coach Judge	CSI: Crime Scn	Seinfeld	
11 PM :30	Wesley Snipes Cheers	CHBC News Final (N)	Beautiful Noise (N)	Charlie Rose (N)	News Letterman	Manhunter	News	News	News	Ent	City-Jan	Prank Ptrl	Olympics	CTV News	MythBuster s	So Raven Life Derek	Home Imp. Paid Prog.	Unsolved Mysteries	'70s Show King

FRIDAY, FEBRUARY 19, 2010

	WTBS (3)	CHBC (4)	KNOW (5)	KSPS (6)	KHQ (7)	KREM (8)	A&E (9)	KXLY (10)	BCTV (11)	CITY (12)	CBC (13)	YTV (18)	TSN (19)	VTV (22)	DISC (24)	FAM (26)	CITY (29)	SPIKE (44)	TROP (45)
6 AM :30	In the Heat of the Night	(5:30) Morning News (N)	Franklin George S.	Bob Build Lions	News (N)	News	CSI: Miami "Fade Out"	News	(5:30) Morning News (N)	(4:30) Morning News (N)	CBC News Now (N)	Being Ian (6:25) Viva	Sports	(3:00) XXI Olympic Morning (Live)	Daily Planet	Henry's Feet	CityLine	CSI: NY "Sweet 16"	Inside Box MakeBreak
7 AM :30	Cosby		(7:01) Clifford the Big Red Dog	Arthur (El) Martha	Today Today's Olympic	The Early Show (N)	CSI: Miami "Skeletons"	Good Morning America (N)			Dirtgirl Animal	Invasion League	XXI Olympic Morning		Mayday	Mickey	The Tyra Show (N)	CSI: Crime Scn	Deal-No Deal
8 AM :30	Harvey Fresh Pr.		Sid the Science Kid (DVS)	Curious Sid	Kitchen; romance rehab. (N)		CSI: Miami "Deviant"		100 Huntley Street	Bo on Go (7:55)				MythBuster s	Handy	Rachael Ray	CSI: Crime Scn	6 Degrees Switch	
9 AM :30	Fam. Feud	100 Huntley Street		Super Why? Dinosaur		The 700 Club	CSI: Miami "Collision"	Live With Regis & Kelly	100 Huntley Street	Canada	Super Why? News	Rolie Polie Timothy	XXI Winter Olympics: Ski Jumping.	XXI Winter Olympics: Skiing, Cross-Country Skiing, Curling. (Live)	Daily Planet	Agent Oso	Amazing	CSI: Crime Scn	Colin-Justin
10 AM :30	Reba	World Vision	Spider (10:36)	Sesame Street (El)		The Price Is Right (N)	Criminal Minds	The View (N)	World Vision	Debt Part ET Canada	Poko Doodlehop	Berenstain Willa's		How-Made	Mickey	The O.C.	CSI: Crime Scn	Whatever	
11 AM :30	Jim Name Earl	World Vision	Rolie Polie Berenstain	Clifford Sit-Be Fit	Ellen DeGeneres Show	Young & Restless	The Sopranos	Paid Prog. Paid Prog.	World Vision	(10:59) Noon News Hour (N)	Gofrette Dirtgirl	George S. (11:40) Erky		Junk Raiders	Phineas Suite Life	CityLine	CSI: NY "Sweet 16"	Golden	
12 PM :30	King King	Noon News Hour (N)	Maggie (12:38)	Charlie Rose	Paid Prog. Sheldon	News The Bold	CSI: Miami "Fade Out"	All My Children (N)	Noon News Hour (N)	Days of our Lives (N)	CBC News Now (N)	(12:05) Kid Flamingo		Alaska: Most Extreme	Wizards Montana	The Bonnie Hunt Show	CSI: Crime Scn	3's Co. Ellen	
1 PM :30	Seinfeld	As the World Turns (N)	Go Diego Dinosaur	Wyland's B Organic	Days of our Lives (N)	As the World Turns (N)	CSI: Miami "Skeletons"	One Life to Live (N)	As the World Turns (N)	As the World Turns (N)	Heartland (DVS)	(12:55) Viva Jacob		Arctic Roughnecks	Cory Recess	Judge J. Judge J.	CSI: Crime Scn	Seinfeld	
2 PM :30	The Office Friends	Young & Restless	Franklin BluesClues	Barney WordWorld	Judge J. Judge J.	Let's Make a Deal (N)	CSI: Miami "Deviant"	General Hospital (N)	Young & Restless	The Doctors	Steven and Chris	Ruby Invasion		MythBuster s	Replace	CityLine	CSI: Crime Scn	Golden	
3 PM :30	Friends Name Earl	The Doctors	(3:02) Little Bear	WordGirl Electric	XXI Winter Olympics	Dr. Phil	CSI: Miami "Collision"	Rachael Ray	The Doctors	Young & Restless	Recipes Red Green	(2:50) Kid League	XXI Winter Olympics: Figure Skating, Skiing, Ski Medal Ceremonies. (Live)	XXI Winter Olympics: Figure Skating, Skeleton, Medal Ceremonies. (Live)	Cash Cab	Life Derek	CityNews at 6 (N)	CSI: Crime Scn	Deal-No Deal
4 PM :30	Family Guy	Oprah Winfrey	George S.	Biz Kid\$ Cyberchus		Oprah Winfrey	Criminal Minds	Deal-Deal Deal No	Oprah Winfrey	(3:59) Early Global Nat.	Ghost Whisperer	SpongeBob OddParent	Figure Skating, Skiing, Ski Jumping, Curling; Figure Skating: Super-G, Men's; Ski Jumping: Individual large hill. (Live)	Daily Planet (N)	Phineas Wizards	Murdoch Mysteries	CSI: Crime Scn	6 Degrees Switch	
5 PM :30	Payne	Early News	(4:58) Martha	BBC News Business	News NBC News	News CBS News	Criminal Minds "Jones"	News	Early News Global Nat.	(4:59) News Hour (N)	CBC News: Vancouver (N)	Penguins SpongeBob	Figure Skating: Super-G, Men's; Ski Jumping: Individual large hill. (Live)	Dirty Jobs "Tar Rigger"	Suite/Deck Zoey 101	G. Martin G. Martin	UFC Fight Night	Family Guy	
6 PM :30	Law & Order: SVU	Global Nat. News	Animals Dogs	PBS NewsHour (N)	News Millionaire	News Access H.	Criminal Minds	News	(5:59) News Hour (N)	ET Canada Ent	Coronation	Indie	Figure Skating: Super-G, Men's; Ski Jumping: Individual large hill. (Live)	Man vs. Wild	Zeke Jonas	Man Tracker (DVS)	Cleveland Seinfeld		
7 PM :30	Movie: "American Beauty" (1999)	Ent ET Canada	Leaving the Lights	Wash. McLaughlin	Jeopardy! Wheel	The Doctors	Criminal Minds	Ent	Ent	NUMB3RS "7 Men Out"	Wheel Jeopardy!	Indie	Men's; Ski Jumping: Individual large hill. (Live)	JFK: Inside	Sonny	Dark Blue	Best of PRIDE Fighting	'70s Show King	
8 PM :30	Kevin Spacey	Dollhouse	Poirot (N)	Bill Moyers Journal (N)	XXI Winter Olympics: Figure Skating, Skeleton, Skiing, Ski Jumping. (Same-day Tape)	Ghost Whisperer	Criminal Minds	Movie: "Meet the Fockers" (2004, Comedy)	Dollhouse	Dollhouse	Mercer	The Next Star		Daily Planet	Movie: "My Dog Skip" (2000)	News EP Daily	Ways Die	6 Degrees ET Canada	
9 PM :30	The Office	Shark Tank	Dalziel and Pascoe	NOW, PBS Moment	Skating, Skeleton, Skiing, Ski Jumping. (Same-day Tape)	NUMB3RS	(9:01) Criminal Minds	20/20	NUMB3RS	NUMB3RS	National	Prank Ptrl		Man vs. Wild	(9:05) Movie: "Cadet Kelly"	Real Chance of Love Coach	MANswers	Family Guy	
10 PM :30	Movie: "American Beauty" (1999)	NUMB3RS	Movie: "A Married Couple" (1969)	Globe Trekker	News	Letterman	Criminal Minds	(11:01) News	News	News	City-Jan	Prank Ptrl	SportsCentre (Live)	Dirty Jobs "Tar Rigger"	(10:45) Judge	UFC 110 Countdown	Cleveland Seinfeld		
11 PM :30	Kevin Spacey	CHBC News Final (N)			News	Letterman	Criminal Minds	(11:35) O Show	O Show	ET Canada	(11:35) The	Fries That?		JFK: Inside	Movie: "Class President"	Home Imp. Paid Prog.	Movie: "They Live"	'70s Show King	

News Leader Puzzle Page

CARTER'S Sudoku Challenge

CREATED FOR THE NEWS LEADER BY CARTER BOSWELL

HOW TO PLAY:

Sudoku is a game of logic. There is no math involved. The object of the game is to fill the grid so that the numbers 1 through 9 appear only once in each row, column and 3 x 3 box. The numbers can appear in any order and Carter has left you some clues below.

CHALLENGE #269 - Rated Easy

4		5			7			
	1	3		8	6			
	5		1		4			
1			7					8
	9		3					6
8			6	5				4
	7		8		1			
	3	7		9	5			
2								3

CHALLENGE #270 - Rated Hard

	3	9		6	1			
			3					1
2								6
	5				9			
	7	8				5	9	
			5	3				2
4	9							3
7					4			
			7	1		4	8	

THIS WEEK'S SOLUTIONS: Page 18

Carter's Sudoku Challenge grids, puzzles and solutions copyright 2009 Carter Boswell, Princeton, BC and published by Similkameen News Leader

**We're different,
and we like that.**

Similkameen News Leader

Saturday Movies

MORNING

8:30 am WTBS (3) ★½ "The Tuxedo" (2002, Comedy) Jackie Chan. A chauffeur embarks on a covert mission after a tuxedo from a secret agent gives him extraordinary abilities. (E)
10:30 am SPIKE (44) ★½ "Lake Placid" (1999, Horror) Bill Pullman. A New York paleontologist goes to the backwoods of Maine and teams up with the local game warden to stop a 35-foot killer crocodile. (In Stereo)

AFTERNOON

12:00 pm FAM (26) "The New Adventures of Spin and Marty" (2000, Adventure) David Gallagher. Two newfound friends spy on a pair of creepy neighbors in this updated version of the 1950s serial. (In Stereo) (E)
12:30 pm SPIKE (44) ★★½ "Deliverance" (1972, Adventure) Jon Voight. Four Atlanta businessmen encounter unexpected terrors during a rafting trip down a raging backwoods river. (In Stereo) (E)
1:00 pm CBC (13) "Marple: At Bertram's Hotel" (2007, Mystery) Geraldine McEwan. Miss Jane Marple investigates the murder of a commissionaire while staying at a London hotel. (In Stereo) (E)
1:30 pm FAM (26) ★★½ "The Neverending Story" (1984, Fantasy) Barret Oliver. An imaginative boy is transported to a magical kingdom in danger of destruction. (In

EVENING

Stereo) (E)
4:00 pm SPIKE (44) ★★ "The Hills Have Eyes" (2006, Horror) Aaron Stanford. A family road trip takes a terrifying turn when the travelers become stranded in a government atomic zone inhabited by a band of bloodthirsty mutants. (In Stereo) (E)
5:00 pm WTBS (3) ★★½ "Charlie's Angels" (2000, Action) Cameron Diaz. Three private detectives try to rescue a kidnapped computer pro whose voice-ID software would threaten global security. (E)
A&E (9) ★★½ "The Green Mile" (1999, Drama) Tom Hanks. In 1935 a head prison guard realizes a man on death row may be innocent and have a supernatural ability to heal others. (E)
6:00 pm CITY (29) ★★ "On the Nose" (2001, Comedy) Robbie Coltrane. A janitor with a gambling problem finds a head in a jar, which can pick winning horses in a race. (E) (DVS)
6:30 pm SPIKE (44) ★ "The Hills Have Eyes 2" (2007, Horror) Michael McMillian. Premiere. Cannibalistic mutants attack a group of National Guardsmen investigating a distress signal in the New Mexican desert. (In Stereo) (E)
7:00 pm WTBS (3) ★★½ "Titanic" (1997, Drama) Leonardo DiCaprio. A woman falls for an artist aboard the ill-fated ship. (E)
CITY (2) "The Bad Son" (2007,

Suspense) Catherine Dent. Premiere. A Seattle policewoman searches for a serial killer whose mother helps him commit the crimes. (E)
8:00 pm CHBC (4) BCTV (11) "The Last Trimester" (2006, Suspense) Chandra West. Premiere. A couple tries to adopt a baby, but the mother who wants to blackmail them ends up dead. (E)
KSPS (6) ★★½ "Dangerous Liaisons 1960" (1959, Drama) Gerard Philippe. A diplomat and his wife use sexual conquests against each other in this updated version of the 18th-century novel. (E)
KXLY (10) ★★½ "Harry Potter and the Prisoner of Azkaban" (2004, Fantasy) Daniel Radcliffe. The young wizard and his friends confront Sirius Black, a fugitive with ties to Harry's past. (In Stereo) (E)
CBC (13) ★★½ "Coach Carter" (2005, Drama) Samuel L. Jackson. A high-school basketball coach turns a losing team around, then faces criticism for pushing the athletes to put grades first. (In Stereo) (E)
8:30 pm SPIKE (44) ★★ "The Hills Have Eyes" (2006, Horror) Aaron Stanford. A family road trip takes a terrifying turn when the travelers become stranded in a government atomic zone inhabited by a band of bloodthirsty mutants. (In Stereo) (E)
9:00 pm FAM (26) ★★½ "The Mighty" (1998, Drama) Sharon Stone. Friendship develops as a physically handicapped youngster teaches a fellow outcast how to read. (In Stereo) (E)
9:01 pm A&E (9) ★★½ "The Green Mile" (1999, Drama) Tom Hanks. In 1935 a head prison guard realizes a man on death row may be innocent and have a supernatural ability to heal others. (E)
10:40 pm FAM (26) ★★½ "City Slickers" (1991, Comedy) Billy Crystal. A midlife crisis prompts an ad exec to join a cattle drive. (In Stereo) (E)
11:00 pm WTBS (3) ★★ "Dickie Roberts: Former Child Star" (2003, Comedy) David Spade. Hoping to make a comeback, a man stays with a suburban family to prepare for the lead role in a Rob Reiner film. (E)
KNOW (5) ★★ "A Married Couple" (1969, Documentary) A couple allow cameras into their home to document the domestic crisis they are experiencing. (E)
11:30 pm CBC (13) ★★½ "The Pink Panther" (1964, Comedy) Peter Sellers. Clumsy Inspector Jacques Clouseau chases a jewel thief and his nephew. (In Stereo) (E)

Princeton Area Ghost Towns - The DVD



\$19.99
INCLUDES GST

Available at:
Similkameen News Leader
www.thenewsleader.ca

Explore The History Of Mining - Gold, Copper and Coal

Sunday Movies

MORNING

8:00 am WTBS (3) ★★½ "Charlie's Angels" (2000, Action) Cameron Diaz. Three private detectives try to rescue a kidnapped computer pro whose voice-ID software would threaten global security. (E)
11:00 am A&E (9) ★★½ "The Green Mile" (1999, Drama) Tom Hanks. In 1935 a head prison guard realizes a man on death row may be innocent and have a supernatural ability to heal others. (E)

AFTERNOON

12:00 pm FAM (26) "Roxy Hunter: The Myth of the Mermald" (2008, Mystery) Aria Wallace. A girl realizes that a mysterious amnesiac is a mermaid who needs to find her way home. (In Stereo) (E)
1:32 pm FAM (26) "Recess: Taking the Fifth Grade" (2003, Comedy) Voices of Rickey D'Shon Collins. Animated. TJ and his friends find some unwelcome changes in store for them when the new school year begins. (In Stereo) (E)
2:00 pm WTBS (3) ★★½ "Pride" (2007, Drama) Terrence Howard. In

the 1970s an aficionado and a janitor renovate an abandoned pool and establish a swim team in one of Philadelphia's roughest neighborhoods. (E)
4:00 pm YTV (18) "Alice, Upside Down" (2007, Comedy) Alyson Stoner. A girl uses daydreams to cope with the growing pains of adolescence. (In Stereo) (E)
5:00 pm CBC (13) ★★½ "Lemony Snicket's A Series of Unfortunate Events" (2004, Comedy) Jim Carrey. A dastardly count plots to steal an inheritance from three young orphans placed in his care. (In Stereo) (E)

EVENING

6:00 pm YTV (18) "King of the Camp" (2008, Musical) Justin Stadnyk. A kitchen worker at a summer camp competes in wakeboarding and tries to win the heart of a counselor. (In Stereo) (E)
7:30 pm WTBS (3) ★★½ "Pride" (2007, Drama) Terrence Howard. In the 1970s an aficionado and a janitor renovate an abandoned pool and establish a swim team in one of Philadelphia's roughest neighbor-

hoods. (E)
8:00 pm CBC (13) ★★½ "Saint Ralph" (2004, Comedy-Drama) Adam Butcher. A rebellious youth at a 1950s Roman Catholic school trains for the Boston Marathon with the help of a sympathetic priest. (In Stereo) (E)
9:00 pm FAM (26) ★★½ "City Slickers II: The Legend of Curly's Gold" (1994, Comedy) Billy Crystal. Three grown men follow a trail guide's map to buried treasure near Las Vegas. (In Stereo) (E)
9:09 pm SPIKE (44) ★★½ "Die Hard With a Vengeance" (1995, Action) Bruce Willis. Suspended from the police force, John McClane enlists a Harlem shopkeeper to help stop a terrorist bomber. (In Stereo) (E)
9:30 pm WTBS (3) ★★½ "Rumble in the Bronx" (1995, Action) Jackie Chan. A Hong Kong policeman in New York defends a woman shopkeeper against bikers who want protection money. (E)
10:55 pm FAM (26) ★★½ "The Rookie" (2002, Drama) Dennis Quaid. A high-school baseball coach makes it to the major leagues as a middle-aged relief pitcher. (In Stereo) (E)

SATURDAY, FEBRUARY 20, 2010

Table for Saturday, February 20, 2010. Columns include channel numbers (WTBS, CHBC, KNOW, KSPS, KHQ, KREM, A&E, KXLY, BCTV, CITY, CBC, YTV, TSN, VTV, DISC, FAM, CITY, SPIKE, TROP) and program titles such as Paid Prog., Hunter, Wibbly Pig, Heartland, Today (N), etc.

SUNDAY, FEBRUARY 21, 2010

Table for Sunday, February 21, 2010. Columns include channel numbers (WTBS, CHBC, KNOW, KSPS, KHQ, KREM, A&E, KXLY, BCTV, CITY, CBC, YTV, TSN, VTV, DISC, FAM, CITY, SPIKE, TROP) and program titles such as Sports, World, Wibbly Pig, Mr Rogers, Today (N), etc.

MONDAY, FEBRUARY 22, 2010

	WTBS (3)	CHBC (4)	KNOW (5)	KSPS (6)	KHQ (7)	KREM (8)	A&E (9)	KXLY (10)	BCTV (11)	CITY (12)	CBC (13)	YTV (18)	TSN (19)	VTV (22)	DISC (24)	FAM (26)	CITY (29)	SPIKE (44)	TROP (45)
6 AM	In the Heat of the Night	(5:30) Morning News (N)	Franklin	Bob Build	News (N)	News	CSI: Miami	News	(5:30) Morning News (N)	(4:30) Morning News (N)	CBC News Now (N)	Being Ian	SportsCentre	(3:00) XXI Olympic Morning (Live)	Daily Planet	Henry's Feet	CityLine	CSI: NY	Inside Box
7 AM	Cosby		Clifford the Big Red Dog (DVS)	Arthur (E1)	Today (N)	The Early Show (N)	Cold Case Files	Good Morning America (N)			Dirtgirl	Invasion	XXI Olympic Morning		Mayday "Gimli Glider"	Mickey Mickey	The Tyra Show	CSI: Crime Scene	Carlawood
8 AM	Harvey		Sid the Science Kid (DVS)	Sid			The First 48		100 Huntley Street		Bo on Go	(7:55)		Canada's Worst Driver	Handy Handy	Rachael Ray	CSI: Crime Scene	Re-Vamped	
9 AM	Fam. Feud	100 Huntley Street		Super Why!		The 700 Club	The First 48	Live With Regis & Kelly	100 Huntley Street	World Vision	Super Why!	Rolie Polle	XXI Winter Olympics: Ski Jumping, Curling, Cross-Country Skiing, Team, Hocky, Women's: Semifinal; Curling, Women's: Team Sprint. (Live)	XXI Winter Olympics: Curling, Cross-Country Skiing, Curling, Team Sprint. (Live)	Daily Planet	Agent Oso	Amazing	CSI: Crime Scene	Colin-Justin
10 AM	Reba	Hospital for Sick Kids	Spider	Sesame Street (E1)		The Price Is Right (N)	Criminal Minds	The View (N)	Hospital for Sick Kids	Debt Part	Poko	Berenstain	Hockey, Curling, Ski Jumping, Team, Hocky, Women's: Semifinal; Curling, Women's: Team Sprint. (Live)	XXI Winter Olympics: Curling, Cross-Country Skiing, Curling, Team Sprint. (Live)	How-Made	Mickey Handy	The O.C.	CSI: Crime Scn	Whatever
11 AM	Jim Name Earl	World Vision	Rolie Polie Berenstain	Clifford Sit-Be Fit	Ellen DeGeneres Show	Young & Restless	The Sopranos	Paid Prog.	World Vision	(10:59) Noon News Hour (N)	Gofrette	George S.	Tea; Hocky, Women's: Semifinal; Curling, Women's: Team Sprint. (Live)	XXI Winter Olympics: Curling, Cross-Country Skiing, Curling, Team Sprint. (Live)	Forensic Factor	Phineas Suite Life	CityLine	CSI: NY	Golden
12 PM	King	Noon News Hour (N)	Maggie	Charlie Rose	Paid Prog.	News	CSI: Miami	All My Children (N)	Noon News Hour (N)	Days of our Lives (N)	CBC News Now (N)	(12:05) Kid Flamingo	Tea; Hocky, Women's: Semifinal; Curling, Women's: Team Sprint. (Live)	XXI Winter Olympics: Curling, Cross-Country Skiing, Curling, Team Sprint. (Live)	License to Drill	Wizards Montana	The Bonnie Hunt Show	CSI: Crime Scene	3's Co.
1 PM	Seinfeld	As the World Turns (N)	(1:02) Dinosaur	Fine Art Sewing	Days of our Lives (N)	As the World Turns (N)	Cold Case Files	One Life to Live (N)	As the World Turns (N)	As the World Turns (N)	Canadian Experience	(12:55) Viva Jacob	Tea; Hocky, Women's: Semifinal; Curling, Women's: Team Sprint. (Live)	XXI Winter Olympics: Curling, Cross-Country Skiing, Curling, Team Sprint. (Live)	Dirty Jobs	Cory Recess	Judge J.	CSI: Crime Scene	Seinfeld
2 PM	The Office	Young & Restless	Franklin	Barney	Judge J.	Let's Make a Deal (N)	The First 48	General Hospital (N)	Young & Restless	The Doctors	Steven and Chris	Ruby	Tea; Hocky, Women's: Semifinal; Curling, Women's: Team Sprint. (Live)	XXI Winter Olympics: Curling, Cross-Country Skiing, Curling, Team Sprint. (Live)	MythBusters	Replace School	CityLine	CSI: Crime Scene	Golden
3 PM	Friends	The Doctors	(3:01) Little Bear	WordGirl	XXI Winter Olympics: Cross	Dr. Phil	The First 48	Rachael Ray	The Doctors	Young & Restless	Recipes	(2:50) Kid League	Tea; Hocky, Women's: Semifinal; Curling, Women's: Team Sprint. (Live)	XXI Winter Olympics: Curling, Cross-Country Skiing, Curling, Team Sprint. (Live)	Worst Handyman	Life Derek Suite Life	CityNews at 6 (N)	CSI: Crime Scn	Carlawood
4 PM	Family Guy	Oprah Winfrey	North Pole. George S.	Fetch! Ruff Cyberchas	Country Skiing	Oprah Winfrey	Criminal Minds	Deal-Deal Deal No	Oprah Winfrey	(3:59) Early Global Nat.	Ghost Whisperer	SpongeBob OddParent	Tea; Hocky, Women's: Semifinal; Curling, Women's: Team Sprint. (Live)	XXI Winter Olympics: Curling, Cross-Country Skiing, Curling, Team Sprint. (Live)	Daily Planet (N)	Phineas Wizards	Law and Order	Movie: "The Last Boy Scout" (1991, Action) Bruce Willis.	Re-Vamped
5 PM	Payne	Early News	(4:57) Martha	BBC News	News	News	Intervention "Danielle"	ABC News	Early News	(4:59) News Hour (N)	CBC News: Vancouver (N)	SpongeBob iCarly	Tea; Hocky, Women's: Semifinal; Curling, Women's: Team Sprint. (Live)	XXI Winter Olympics: Curling, Cross-Country Skiing, Curling, Team Sprint. (Live)	MythBusters	Suite/Deck Zoey 101	The Bachelor: On the Wings of Love (N)	CSI: Crime Scn	Parking
6 PM	Monica	Global Nat.	Mechanics	PBS NewsHour (N)	News	News	Intervention "Rob"	News	(5:59) News Hour (N)	ET Canada	Coronation	Indie	Tea; Hocky, Women's: Semifinal; Curling, Women's: Team Sprint. (Live)	XXI Winter Olympics: Curling, Cross-Country Skiing, Curling, Team Sprint. (Live)	Breaking Point (N)	Montana Wizards	Wings of Love (N)	CSI: Crime Scn	Flipping Out
7 PM	Law & Order: SVU	Ent	Eden	'Allo, 'Allo!	Jeopardy!	The Doctors	Hoarders (N)	Ent	Ent	Cold Blood	Wheel	Scorpion	Tea; Hocky, Women's: Semifinal; Curling, Women's: Team Sprint. (Live)	XXI Winter Olympics: Curling, Cross-Country Skiing, Curling, Team Sprint. (Live)	Dirty Jobs	Sonny Suite Life	Dark Blue	CSI: Crime Scn	Launch My Line
8 PM	Movie: "Varsity Blues"	House (PA)	Art of the Heist	Antiques Roadshow (N)	XXI Winter Olympics: Figure Skating, Freestyle Skiing, Ski Jumping. (Same-day Tape)	How I Met My Purpose	Paranormal	The Bachelor: On the Wings of Love (N)	House (PA)	House (PA)	18 to Life	The Next Star	Tea; Hocky, Women's: Semifinal; Curling, Women's: Team Sprint. (Live)	XXI Winter Olympics: Curling, Cross-Country Skiing, Curling, Team Sprint. (Live)	Daily Planet	Overruled! Montana	EP Daily	BlueMount	ET Canada
9 PM	(1999), Jon Voight	24 (N) (PA)	Power of Art	American Experience	Jumping. (Same-day Tape)	Two Men Big Bang	Intervention "Danielle"	Wings of Love (N)	24 (N) (PA)	24 (N) (PA)	Winnipeg Comedy	Fries That? Frank Ptrl	Tea; Hocky, Women's: Semifinal; Curling, Women's: Team Sprint. (Live)	XXI Winter Olympics: Curling, Cross-Country Skiing, Curling, Team Sprint. (Live)	MythBusters	Buzz	Rock of Love Bus	BlueMount	Parking
10 PM	Movie: "Varsity Blues"	Cold Blood	Black Coffee	American Masters	Jumping. (Same-day Tape)	CSI: Miami	Intervention "Rob"	Castle	Cold Blood	News Hour Final (N)	National	Family Biz Indie	Tea; Hocky, Women's: Semifinal; Curling, Women's: Team Sprint. (Live)	XXI Winter Olympics: Curling, Cross-Country Skiing, Curling, Team Sprint. (Live)	Dirty Jobs	School Cory	Coach Judge	CSI: Crime Scn	Flipping Out
11 PM	(1999), Jon Voight	CHBC News Final (N)	Leaving the Lights	Remember		News Letterman	Hoarders	News	News	Ent	City-Ian	Prank Ptrl	SportsCentre (Live)	CTV News (N)	Breaking Point	So Raven Life Derek	Home Imp. Paid Prog.	Unsolved Mysteries	Launch My Line

Monday Movies

AFTERNOON

4:00 pm SPIKE (44) ★★ ★ "The Last Boy Scout" (1991, Action) Bruce Willis. An ex-Secret Service agent plays private eye with an ex-quarterback on a case of sports gambling and murder. (In Stereo)

EVENING

8:00 pm WTBS (3) ★★ "Varsity Blues" (1999, Comedy-Drama) James Van Der Beek. A second-string quarterback is propelled to sudden glory. (E)

10:00 pm WTBS (3) ★★ "Varsity Blues" (1999, Comedy-Drama) James Van Der Beek. A second-string quarterback is propelled to sudden glory. (E)

www.thenewsleader.ca

LOCAL NEWS/SPORTS - LETTERS TO THE EDITOR - EDITORIALS
COURT NEWS - CLASSIFIEDS - WEATHER - ROADS

Similkameen Souvenirs

TAKE HOME A UNIQUE SOUVENIR FROM YOUR VISIT!

Bryan Smith's "Similkameen" DVD
\$15.00
Featuring 200 Photos of the Similkameen Valley



George Elliott's "Princeton Posse" DVD
\$19.99
Featuring 400+ photos from the 2006/07 season!



George Elliott's "Ghost Towns" DVD
\$19.99
Take a guided tour of the history of mining!

AVAILABLE AT:
Similkameen News Leader
226A Bridge Street, Princeton
(250) 295-4149 1-888-350-9969

Similkameen News Leader 2009 Collection



ALL 51 WEEKLY ISSUES OF THE SIMILKAMEEN NEWS LEADER PUBLISHED IN 2009 IN PDF FORMAT - IN A CD

AVAILABLE EXCLUSIVELY AT:
Similkameen News Leader
226A Bridge Street, Princeton

CELEBRATE PRINCETON'S 150th WITH THIS UNIQUE SOUVENIR



News Leader Classified Ads

25 Words - \$7.00 (includes GST) - Pay for two weeks, the third week is FREE!

obituary	obituary	coming events	services	for rent
-----------------	-----------------	----------------------	-----------------	-----------------

Charles Ewan 'Wally' Wallace

March 19, 1933 - February 9, 2010

Wally died on February 9, 2010, after an inspirational 14-year journey with prostate cancer.

Wally was born on March 19, 1933 in Carberry, Manitoba and grew up in Castlegar, BC. In 1954, he enlisted with the Royal Canadian Air Force and went on to a distinguished 26-year career that took him across Europe, North Africa, and much of Canada. He was especially proud to have served on the very first United Nations Peacekeeping Mission to the Suez Canal in 1956.

In 1955, Wally married his Trail sweetheart, Joy Groslin, and together they raised their three children.

Wally was an electrician by trade and well known and respected for his work ethic and attention to detail. Once, during a driving rainstorm, he spotted a fuel leak on an airplane that could have crashed but for his keen eye. For that, he was awarded a rare Commendation for Excellence.

In 1979, Wally brought his many skills and sense of humour to the electrical department at the copper mine in Princeton.

After 13 years there, Wally and Joy embarked on an epic retirement. The two of them traveled thousands of miles in their RV; golfed, cross-country skied, and curled; made and drank wine; tinkered with all manner of appliances, fixtures, hot tubs, and fish ponds; gave countless volunteer hours to the Church, the Legion, and most especially the Princeton Golf Club (and not just in the clubhouse); and enjoyed the love and hospitality of family and friends from coast to coast. One of Wally's fondest memories was carrying the Olympic torch in 1988, and he beamed as he watched Joy carry it on his behalf in 2010.

Wally is survived by Joy, his wife of 54 years; his 100-year-old mother Mary Wallace; his children Don, Kris (Andy Ali), Scott (Tracy); four cherished granddaughters Crystal Bigelow (Trevor), Piper Ali, Miranda & Mackenzie Wallace; and one adored great-grandson Mason Bigelow.

Also left to cherish his memory are his 95-year-old Mother-in-Law Alice McDonald; his sisters Dorothy McMillan, Mima Quigley (Sam); his brother Don (Marlene); and many nieces, nephews, cousins, and very dear friends. He was predeceased by his father Don Wallace and his big sister Ellen O'Leary.

In a life filled with adventures, Wally left no stone unturned; no words unspoken; no heart untouched. At ease, soldier.

A celebration of Wally's life will be held on February 19, at 12:00, at the Legion hall in Princeton. In lieu of flowers, Wally asked that you consider a donation to Prostate Cancer Canada. www.prostatecancer.ca. 1.888.255.0333. Condolences can be sent to jolly4ever@live.com.

Pamper Yourself Women's Boutique" Saturday February 27th, 10:00 AM to 3:00PM. Community Skills Centre, 206 Vermilion Avenue, Princeton. Featuring: Arbonne International, Silpada Designs Jewellery, Shades of Linen Clothing, Send Out Cards, Voth Photography. Free admission - Prize Draws - Bring a Friend! (250) 494-4394 or (250) 492-2453. Feb 09 23

notices

Mez Smith
of
Northern Lights
Massage Therapy

would like her clients to know
she'll be away until
mid-April 2010.

Feb 16

for sale

Star Choice dish & receiver. \$200.00
OBO Call (250) 295-6833. Feb 09 23

Horses Rock Tack Shop, 3078 Skaha Lake Road, Penticton. For the month of February, 25% off entire inventory (except consignment) For more information call (250) 492-2025. Feb 09 23

Recliner chair in excellent condition. Asking \$75.00. Call (250) 295-7044. Feb 10

Go, Posse, Go!

Go, Posse, Go!

TIN MAN

METAL ROOFING
Sales • Installations

295-3743
1-888-647-3377

Jul 06-1fn

wanted

Young family wants to lease or care take horse acreage near Princeton race track. Train racing QH, operate Wild Horse Power equine medicine and massage. Call (250) 484-5601 or e-mail wildhorsepower@hotmail.com Feb 10 Mar 23



www.gotpeppers.info

wanted

Luxury rooms, own jacuzzi tub, fridge and microwave, \$300 - \$350/week. Large chalet 3-bedroom plus loft, call for more information. Princeton Castle Resort. (250) 295-7988. Sep 22-23

1-bedroom suite, downtown. Close to everything. Call Sharon (250) 295-1845. Nov 25-26

1-bedroom house available March 1st. \$750/month, utilities included. References required, no smoking. Call (250) 295-0280. Feb 09 23

real estate

Mobile for sale on 2+ acres, Baker Hill Road on Princeton-Summerland Road. Hay barn and fenced rail pasture. 15-minutes from town. \$159,000. Call (250) 295-6456. Feb 10 Mar 23

to give away

FREE. Beer fridge. Clean. Can deliver. Call between 10:00 AM-1:00 PM. Call (250) 295-6141. Feb 09 23

Princeton Area Ghost Towns - The DVD

\$19.99
INCLUDES GST

Available at:
Similkameen News Leader
www.thenewsleader.ca

Explore The History Of Mining - Gold, Copper and Coal

wanted

wanted

BUYING GOLD!

JEWELLERY, NUGGETS, BROKEN, UNWANTED

*** SILVER COINS ***
TESTED/APPRaised AS YOU WAIT
IMMEDIATE CASH

GARY or DIANNE - Bridge Street Family Pawn
302 Bridge Street, Princeton 250.295.7900

Dinner...on the river?

Thursday, July 15
CO-SPONSORED BY
LOCAL BREAST CANCER
FUNDRAISERS

Classified Ad Deadline: 12 Noon Fridays • All Classified Ads MUST be paid in advance
Payment Options: Cash, Cheque, Debit, Visa, Mastercard
Phone: (250) 295-4149 • 1-888-350-9969 • Fax: (250) 295-4103 • e-mail: george@thenewsleader.ca

notices

MONDAY NIGHT BINGO IN PRINCETON SENIOR CITIZENS BR. #30

162 Angela Avenue
4:30 PM Sales Start
5:30 PM 1st 47 Bonanza #'s SPECIALS, REGULAR GAMES, ODD & EVEN, PROGRESSIVE SNOWBALL & LOONIE POT, "LUCKY 7" WON EVERY MONDAY (MIN. \$50.00 GUARANTEED) BC Gaming License #16525 "KNOW YOUR LIMIT. PLAY WITHIN IT"

Narcotics Anonymous

OPEN MEETINGS
Wednesdays 7:30 PM

160 OLD HEDLEY ROAD
Baptist Church Basement
(USE BACK DOOR)
Sundays 7:30 PM
Living Water Foursquare Church, Kenley Avenue

Info: (250) 295-7919 OR 295-6531, 295-6723

INDIVIDUALLY PREPARED HOROSCOPE

Natural character chart - \$25.
Basic chart plus predictive - \$50.

Phone 295-6063
Completely confidential

sudoku

CARTER'S Sudoku Challenge
SOLUTIONS TO PUZZLES ON PAGE 14

CHALLENGE #269 - Easy

349	256	871
271	348	659
685	917	423
156	472	398
794	831	265
832	695	714
967	583	142
413	729	586
528	164	937

CHALLENGE #270 - Hard

539	461	278
867	325	941
214	897	365
152	679	834
378	142	596
946	538	127
491	286	753
783	954	612
625	713	489

Drinking a problem?

Alcoholics Anonymous
Meets 7:30 PM Thursdays
Princeton Baptist Church
160 Old Hedley Road
Fred 295-7272/Marena 295-7663

souvenirs

souvenirs

souvenirs

Similkameen Souvenirs

TAKE HOME A UNIQUE SOUVENIR FROM YOUR VISIT!

Bryan Smith's "Similkameen" DVD

\$15.00

Featuring 200 Photos of the Similkameen Valley

George Elliott's "Princeton Posse" DVD

\$19.99

Featuring 400+ photos from the 2006/07 season!



George Elliott's "Ghost Towns" DVD

\$19.99

Take a guided tour of the history of mining!

AVAILABLE AT:

Similkameen News Leader
226A Bridge Street, Princeton
(250) 295-4149 1-888-350-9969

help wanted

help wanted

Is debt turning your world upside down?
Relief is only a call away!

Call Anne Hamilton, Estate Administrator at 1-800-661-3661 today to set up your free consultation.

Donna Mihalcheon CA, CIRP, KPMG Inc.
Trustee in Bankruptcy.

SMS EQUIPMENT You Can Define Us!

Journeypersons

SMS Equipment is looking for:

- Heavy Equipment Technicians (HET-12220-100209)
- Electricians (E-12220-100209)

These positions will be working out of Princeton, British Columbia at the Copper Mountain Project and Tumbler Ridge, British Columbia.

This is a very exciting time to be a part of SMS Equipment Inc. We are one of the largest Komatsu dealers in the world and believe our continued growth is a result of our highly skilled and engaged employees who deliver excellence in the workplace. If you are interested in working for a very dynamic company where your input, your ideas and your participation is valued, apply today. Our growth means your success.

Apply today

Please submit your resume, quoting the appropriate reference number, to:

E-mail: jobs@smsequip.com
Fax: 780-451-2646

www.smsequip.com

Similkameen News Leader 2009 Collection



\$10.00
(includes GST)

Similkameen News Leader 2009 Collection

ALL 51 WEEKLY ISSUES OF THE SIMILKAMEEN NEWS LEADER PUBLISHED IN 2009 IN PDF FORMAT - IN A CD

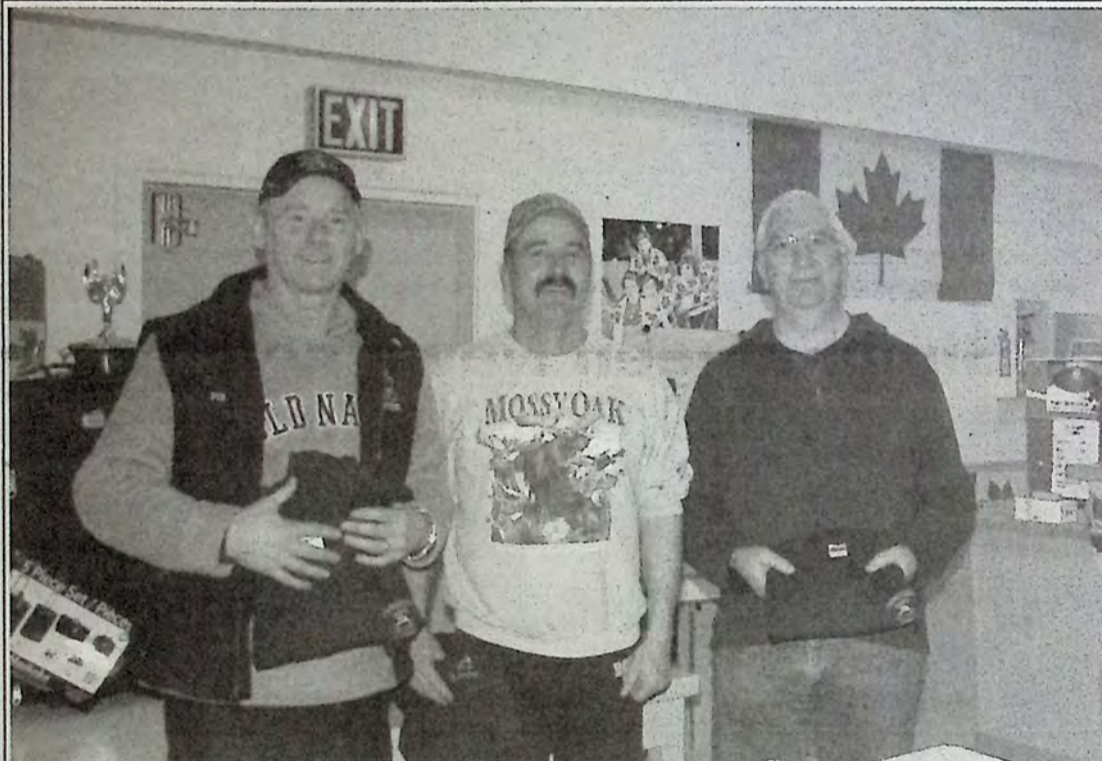
AVAILABLE EXCLUSIVELY AT:
Similkameen News Leader
226A Bridge Street, Princeton

CELEBRATE PRINCETON'S 150th WITH THIS UNIQUE SOUVENIR

Men's Open Bonspiel



The Bambi Team from Vernon celebrate their Bonspiel victory at Princeton Curling Club. * - photo submitted



Princeton's McLean Rink were winners during the February 6-7 Men's Curling Bonspiel. * - photo submitted



The Ganges Rink of New Westminister took prizes in the Men's Curling Bonspiel. * - photo submitted

Similkameen News Leader

WE'RE DIFFERENT, AND WE LIKE THAT.

REALTY EXECUTIVES PRINCETON Gateway to the Okanagan



Susan C. Collins BSW
Licensed Sales Representative

Phone: 250-295-1811
Susan.collins@nethop.net

Phone: 250-295-5359
250-292-8430
Fax: 250-295-1851
#8-135 Tipton Ave. Box 150,
Princeton, BC V0X 1W0



RESUME

NEED SOME WORK?

SEE BRENDA AT:

**Similkameen
News Leader**
226A Bridge Street

Phone: (250) 295-4149
Fax: (250) 295-4103

IMPORTANT NOTICE

From Alex Atamanenko
your Federal Member of Parliament

Do you need help with a passport?

Do you have a problem with
a federal government service or issue?

Meet with M.P. Constituency Staff

Thursday, February 18th

And EVERY 3rd Thursday of the month

12:00 pm to 3:00 pm

Princeton Community Skills Centre
206 Vermilion

Or 1-800-667-2393 AtamaA1@parl.gc.ca
www.alexatamanenko.ndp.ca or www.alexndp.ca

BEWARE!

THIS COULD HAPPEN TO YOU



Albert had a vehicle he wanted to sell. He decided to put
a Classified Ad in the News Leader. The vehicle sold.
Advertising works. Call us for details.

Similkameen News Leader

Phone: (250) 295-4149 - 1-888-350-9969 Toll Free



Editorial Page

News Leader

Similkameen News Leader, 226A Bridge Street, PO Box 956, Princeton, BC V0X 1W0

My Turn...

T4 - The Mocking Of The Machines

I'm a bit miffed about the Torch Relay.

I'm not miffed at the event, nor am I miffed about it passing through Princeton. In fact, what impressed me most about the Torch Relay coming through the centre of Princeton was the 1,500+ residents and neighbours who came together to experience something that they actually created by being there.

What has me miffed is the fact that the Torch Relay website did not have Princeton listed on the schedule. It's not as if the convoy zipped by Princeton on Highway 3 with someone holding the Torch out the window waving it at GamesTown in a form of mockery.

I'm also disappointed that the Premier couldn't fit ten minutes into his extremely busy Olympic PR Program and didn't even stop in GamesTown for a fast coffee and a nod, which would have been fitting had the Torch zipped by on Highway 3 and waved mockingly at GamesTown.

The other day, when I couldn't stand it enough I did some investigating. I'm not much for investigative reporting for two reasons. First: it takes time. Second: it takes me a lot longer than the average Liberal to figure out whether or not I have a clue.

Well, oddly enough, that's what I discovered after my first question. I hope you're sitting down for this. The reason why Premier Gordon Campbell didn't attend the Torch Relay in Princeton on February 7th was because when he looked at a map of British Columbia to plan his Olympic PR Program he somehow was not able to find the name 'GamesTown' on the map.

Apparently a couple of NDP MLAs have since enlightened him on the actual location of Princeton. My crack investigative team informs me that Gordo's response was something along the lines of, "Yeah, I remember. I stopped at Frosty's once to take a leak."

Then a few days later I received a link to a high-resolution photo of Gordo and California Governor Arnold Schwarzenegger along with a note that made it sound like I was really missing something not witnessing this momentous occasion.

It took me a moment to realize that was in reference to the two wannabes in the photo or maybe it was in reference to the moment after the photo was taken when Arnold whacked Gordo with the Torch scolding him for ignoring Princeton's major achievement.

For those who aren't certain of what I'm talking about, the major achievement I'm referring to would be the GamesTown 2010 honour and not the fact that the copper mine is reopening, although that's right up there.

Maybe the next time Gordo's in town to take a leak we can discuss it further.



Nothing beats sharing treats at a bake sale! *

...Your Turn

Cuts To Service Still An Issue

Below is a letter written by BC Southern Interior MP Alex Atamanenko regarding Greyhound Canada.

The Honourable John Baird, P.C.,
M.P.
Minister of Transport,
Infrastructure and Communities
Place de Ville, Tower C, 29th
Floor
330 Sparks Street
Ottawa, ON
K1A 0N5
Dear Minister Baird,
As you know Greyhound Canada
has been cutting back service to

rural communities across Canada. We have certainly felt the effect here in southern British Columbia.

On January 17th, 2010 the bus schedule was amended from two buses arriving and departing daily for destinations east and west to one bus daily. Another bus is added three days per week. That leaves four days with limited bus service to and from our communities.

Given the fact that senior levels of government have been directly involved in funding transportation infrastructure in our country, I

would like to ask you to consider the possibility of doing the same for rural bus service. We are told by Greyhound that many rural bus lines are not profitable and, as a result, services need to be scaled back.

The federal government in partnership with provincial governments has helped fund transport projects in major cities such as Vancouver.

Via Rail is another example of federal government involvement in transportation for the benefit of rail passengers.

I believe that it would be logical for our federal government to explore the possibility of a partnership with Greyhound and other bus lines to ensure that adequate bus service is maintained between communities in rural Canada.

A strong network of public transportation assists in making rural communities attractive places to live.

Sincerely,
Alex Atamanenko, M.P.
BC Southern Interior

Canada

PAP Registration No. 11034

We acknowledge the financial support of the Government of Canada through the Publications Assistance Program towards our mailing costs.

EDITORIAL GUIDE

We would like you to write to us, but please remember to abide by anti-discrimination laws.

The News Leader reserves the right to refuse to print any letter which is not signed by the writer or is slanderous, libelous or of uncommon sense!

The Editor reserves the right to condense any letter or to substitute proper language for improper language.

CONGRATULATIONS

Princeton Posse

ON MAKING THE 2009/10 PLAYOFFS!



Let's make it a long run!

**SIMILKAMEEN
NEWS LEADER**

Current Comment

Please Put Down That Phone!



Dawn Johnson
editor@thenewsleader.ca

The law forbidding use of a cell phone while driving went into effect on February 1 but I still see drivers with a mobile phone stuck to their ears.

One hand on the phone and the other on the steering wheel is a prescription for disaster. Don't these people understand how dangerous it is to drive that way, or are they just immature enough to want to defy the law?

I was impressed with an Oprah show on television a few weeks ago. It showed the dangers of talking on the phone, or texting, while driving.

Three people who had complete confidence in their ability to drive while using a cell phone were asked to prove it by driving an obstacle course. The course was not difficult, and all three went through it flawlessly on the test run in which they were not allowed to use their cell phones. In the second trial around the course, they made mistakes while talking on the phone. When they tried texting, their performance behind the wheel was ridiculously bad.

By the end of the test, every driver said he, or she, would never again use a cell phone while driving.

There was input from experts that really shocked me. As you know, I go to criminal court two days a month, and I have seen many drunk drivers convicted. What shocked me was the information that a person talking on a cell phone while driving is just as likely to be in an accident as a drunk driver. Both are four times more likely to have an accident. As for the driver texting, he or she is eight times more likely to have an accident! God knows how dangerous a drunk driver using a cell phone would be.

This particular television show had a lot of feedback from viewers

and prompted a second show on the topic. One woman confessed she had been in the habit of using her cell phone while driving with her children in the vehicle. She vowed to never do it again.

Another thing one viewer pointed out was the lack of consideration by those who call a person on the cell phone knowing full well that person is likely behind the wheel. I recall this happening to a person I know and guess what the message was? "Where are you now?" How important was it? Not at all, it was just curiosity.

Personally, I do not own a cell phone and I don't intend to buy one. They may be handy in an emergency, but I hate phones in general. For most of my working life, I had to answer phones.

I have hearing deficiency in one ear because people screamed at me over the phone (I worked for Employment Insurance).

Answering phones is one of the things I don't like to do unless it is

a good friend or relative with something worth listening to. I would still rather they came to visit.

As for talking on the phone while driving, I can't think of anything more likely to ruin my day. When I drive, I want peace and quiet. I don't even have the radio or CD playing. I want to hear the sounds the car is making and I want to hear any sirens or loud external noises.

Around here, using a cell phone while driving could be doubly hazardous. When I think of the number of times I have nearly hit a deer or a boulder, I am thankful I had both hands on the steering wheel.

I guess enough folks will have to be caught and fined for using their phones while driving before everybody pays attention to the new law. In the meantime, how about giving the errant drivers the one-finger salute when we see them breaking the law?

Broadband?

High-Speed Internet is NOW available in
Coalmont and Tulameen!

For Information contact:
China Creek Internet Service 295-7944

Similkameen News Leader 2009 Collection



ALL 51 WEEKLY ISSUES OF THE
SIMILKAMEEN NEWS LEADER
PUBLISHED IN 2009 IN PDF FORMAT - IN A CD

AVAILABLE EXCLUSIVELY AT:
Similkameen News Leader
226A Bridge Street, Princeton

CELEBRATE PRINCETON'S 150th
WITH THIS UNIQUE SOUVENIR

Similkameen News Leader

WE'RE DIFFERENT, AND WE LIKE THAT.



George Elliott
OWNER/PUBLISHER
george@thenewsleader.ca

Brenda Engel
OFFICE ADMINISTRATOR
brenda@thenewsleader.ca

226A Bridge Street
P. O. Box 956, Princeton, B. C., V0X 1W0
Phone: (250) 295-4149 • Fax (250) 295-4103

INVITATION TO WORSHIP

LIVING WATER
FOURSQUARE CHURCH
38 Kenley Avenue
Join Us for a time of
Contemporary Worship Sundays at 10:30 AM
(FOLLOWED BY COFFEE)
PASTOR DREW & LYNN LACEY
www.livingwater4sqchurch.com

**Princeton
Pentecostal Church**
(The Pentecostal Assemblies of Canada)
PAOC APDC
165 Vermillion Avenue
(BESIDE THE LIBRARY)
invites you to join us in
SUNDAY WORSHIP
10:30 AM - Morning Worship
7:00 PM - Evening Worship
Pastor Tony Essex 295-7951

BAPTIST CHURCH OF PRINCETON
Family Worship 10:00 AM
Praise & Prayer - 7:00 PM
Wednesdays
**COME AND
JOIN US!**
ACROSS FROM ARENA
OLD HEDLEY ROAD
Pastor Dan Brama
295-7752

**St. Paul's
United Church**
Office Hours
Tue / Thu 9:30AM - 12 NOON
WORSHIP SERVICE
10:30 AM
190-1st Street (BEHIND COURT HOUSE)
Phone: 295-7714
Also serving the Anglican Community

**St. Peter's
Roman Catholic Parish**
SUNDAY MASS
6:00 PM - Saturday
11:30 AM - Sunday
43 Billiter Avenue, Princeton
(250) 295-3541

**Hedley
Grace Church**
856 Ellis Avenue
Hedley BC
Sunday Service 9:30 AM
Pastor Graham Gore
(250) 292-8444

J's PLACE - FOODS THAT HEAL

Are you suffering from a degenerative disease?

Alzheimer's, Arthritis, Cancer, Heart Disease, Diabetes, Obesity, Gall Bladder or Prostate problems?
Concerned? Come and see us!

Call: 250.295.3695



HONDA
Power
Equipment



Mac's Auto Parts Ltd.
193 Vermilion Avenue, Princeton
Phone: (250) 295-6944 Fax: (250) 295-7344
HOURS OF OPERATION:
7:00AM - 5:30PM MONDAY - FRIDAY
8:00AM - 5:00PM SATURDAY

LAWN MOWERS
WATER PUMPS
TILLERS - GENERATORS
SNOWBLOWERS



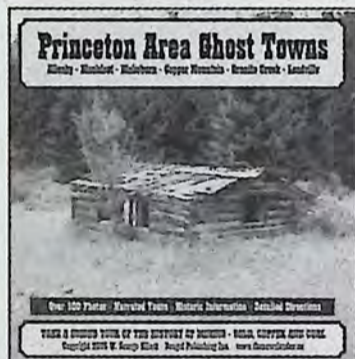
CARPET & TILE INSTALLATION

Commercial - Residential
Big or Small Jobs
*** FREE ESTIMATES ***

PRE-OWNED MOTEL FURNITURE
& MATTRESSES - WHOLE ROOM SETS

Phone: 250.378.9210
e-mail: plt604@hotmail.com

Princeton Area Ghost Towns - The DVD



\$19.99
INCLUDES GST

Available at:
Similkameen News Leader

www.thenewsleader.ca

Explore The History Of Mining - Gold, Copper and Coal

IS IT TIME TO SUBSCRIBE TO THE NEWS LEADER?

Similkameen Valley Mail - \$35.75
(Seniors Pay Only \$31.75)
ALL PRICES INCLUDE GST

Elsewhere in Canada Mail - \$53.80
(Seniors Pay Only \$48.80)
ALL PRICES INCLUDE GST

CALL FOR DETAILS
Similkameen News Leader
(250) 295-4149



Princeton's Chase Salisbury (#8) introduces himself to a North Okanagan Knight. February 12th. *

Posse win sets new record

Two games and two records set for Princeton Posse this past week.

The team set a points record with their victory over Penticton February 10th and two nights later set a franchise win record with 30 after a win February 12th against North Okanagan.

The February 12th game was also the final regular season home game for the Posse. The team quite simply dominated North Okanagan from the opening face off to the final buzzer with 12 players adding 18 points to the team totals.

Dan Hillman and Lee Muir led the way with three assists each with Evan Stack and Brooks Christensen earning two points apiece.

Princeton scored first at 16:48 of the opening frame. Devon Grossler

got the goal with assists going to Bill Marshall and Tyler Bestward.

North Okanagan replied at 15:50 and took the lead at 9:57 but it would be the last goal they would score that evening.

Princeton tied the match on the power play at 18:58 of the second period (Evan Stack from Dan Hillman and Lee Muir) and took the lead at 9:55 (Ben Morgan from Brooks Christensen and Chase Salisbury).

The Posse added two more goals

(6:28 - Ben Reinbolt from Brooks Christensen and Lee Muir and 4:22 - Evan Stack from Dan Hillman and Spencer Christensen) to finish the period with a commanding lead.

It was at this point in the game that the Knights changed goalies and Princeton added another goal at 18:56 of the final period from Brendan Stephen. Assists went to Dan Hillman and Lee Muir.

Final score: Princeton 6, North Okanagan 2. Shots on goal: Princeton 23, North Okanagan 14.

FOLLOW THE POSSE ONLINE AT:

www.princetonposse.org
SCORES - POLLS - PHOTOS - STORIES



A crowded blue line face off between Princeton and North Okanagan February 12th. *

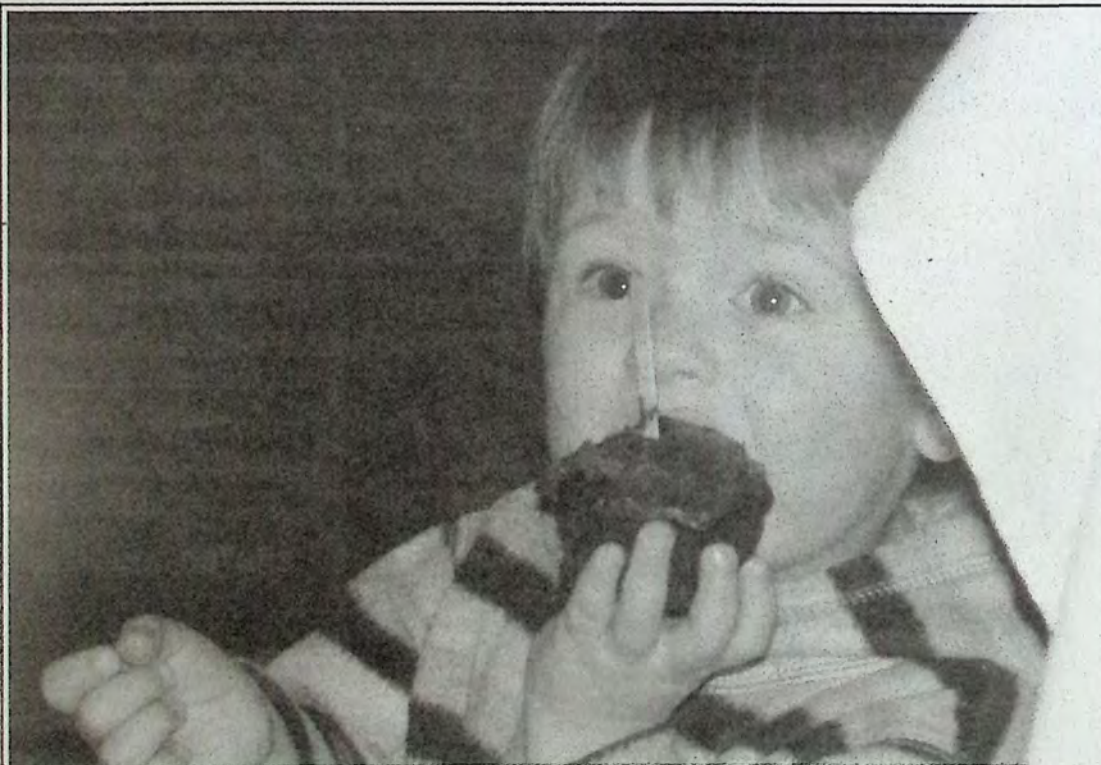
Foursquare Bake Sale



The results from the test kitchen are good! Foursquare Church Bake Sale February 13th. *



Tarts, pies, muffins, cookies and more filled the Foursquare Church February 13th. *



What else can you say? A Bake Sale is a lot of fun! *

SINCE 1973

ROBERT R. WICKS
BARRISTER & SOLICITOR
213 Vermilion Avenue, P.O. Box 760
Princeton, B.C., V0X 1W0
Fax: 295-7000 Phone: 295-3123

ADVANCED COMFORT

FURNACES • HEAT PUMPS • VENTILATION
ENERGY STAR HEATING & COOLING SYSTEMS
WATER PURIFICATION SALES & SERVICE

COMPLETE GAS FITTING 
FOR ALL YOUR HOME COMFORT NEEDS
CALL FOR A FREE ESTIMATE Turn to the Experts

DOUG GRIGG **250 295 3966**
LICENSED & BONDED

RESUME
NEED SOME WORK?
SEE BRENDA AT:
Similkameen News Leader
226A Bridge Street
Phone: (250) 295-4149
Fax: (250) 295-4103

NEED TO ADVERTISE?

A DISPLAY AD THIS SIZE WILL COST YOU

\$42.00 + GST

Similkameen
News Leader

WE'RE DIFFERENT, AND WE LIKE THAT.
Phone: (250) 295-4149 • 1-888-350-9969 Toll Free

BEWARE!
THIS COULD HAPPEN TO YOU

Sue had a service and Bob had a business.
They both decided to advertise in the News Leader.
Funny thing happened...both of their businesses
saw an increase in business.
Advertising works. Call us for details.

Similkameen
News Leader
Phone: (250) 295-4149 - 1-888-350-9969 Toll Free

Brenda Crawford



brenda@bcland.net
(250) 295-8182

Susan Collins



susan_collins@nethop.net
(250) 295-5359

Steve White



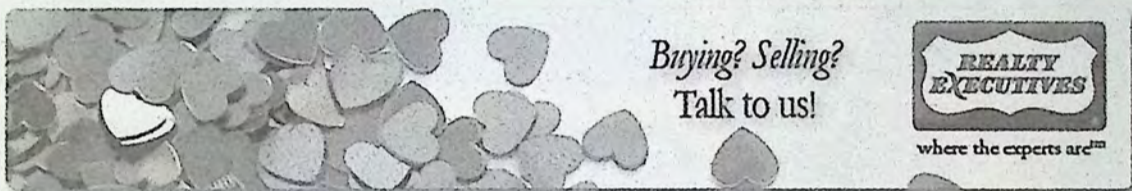
sales@bcland.net
(250) 295-8525

April Earle



april@bcland.net
(250) 293-1005

Do a good deed and help fill the need!



Crisis Centre *always* needs non-perishables and staple items

YES WE CAN PROGRAM!

Bright & Beautiful!



121 West China Creek Road

Looking for that perfect rancher in the perfect neighbourhood, with a dream garden, relaxing atmosphere and mountain views? This home is fabulous and has everything your family could want. Located in the premier neighbourhood of Deerview Estates, there is enough space to enjoy your family and pets in the 1/2 acre fully fenced yard, garden pond included! Inside there is a large family room with bay window, patio doors to the deck and french doors into the dining area. Master suite has ensuite with large shower. There is elegant parquet flooring in many areas with decorative details, oak trim and skylights throughout. Bright and beautiful is the perfect description. Other features include the two car garage, workshop, mudroom, breezeway with storage shed and garden shed. This is a must see to truly enjoy this location and home.

NEW!

\$369,900
MLS®107519

Solid Investment!



37-263 Highway 3

Located in the Pines MHP this home offers you many extras to make it a solid home and excellent investment. 4 1/2 year new metal roof, formal dining room, sunken living room and sky lights to brighten your everyday. The large family room includes extra storage and an exterior door for your safety and convenience. There are over 100 sq ft of bathroom with a large oval soaker tub and a double seater, double shower head shower unit and of course, a double set of sinks! Keel cool in summer and toasty all winter with a 2008 new heat pump/air exchanger. Outside you can enjoy your covered deck and very private yard with perennials. Don't wait to view this one!

NEW!

\$109,000
MLS®107518

There's So Much!



3927 Princeton-S'land Rd

You can have it all and here it is! This solid 2-bedroom home features fir flooring, bright kitchen, separate dining area, spacious living room with woodstove to help with heating costs and large picture windows bringing Mother Nature to you! French doors open from the kitchen onto a 20x40 deck area with both covered and open areas to enjoy year round, not to mention the hot tub so you can soak away the cares of the day. This spa-like bath has separate glass block shower and soaker tub surrounded by tasteful ceramic tiles. And there's more! Cement 10x40 storage area under the deck is the perfect space for the toys, they are dry and secure. For the hobbyists, there is a 36x24 garage/workshop with woodstove including a separate 12x24 living area with 3-piece bath, perfect for overflow company. All of this set on a private 2 acres, close to all recreation opportunities. Truly a dream come true!

NEW!

\$429,000
MLS®107656

REALTY EXECUTIVES PRINCETON
Gateway to the Okanagan

#8-136 Tapton Avenue (Princeton Plaza)
Office: (250) 295-1811 Fax: (250) 295-1851 www.bcland.net
EACH OFFICE INDEPENDENTLY OWNED AND OPERATED

