



# Similkameen News Leader

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Volume 13 Issue 10 #620 ISSN 1712-090X

Tuesday, March 9, 2010



The GET 2 IT program introduced Grade 8 students to various trades last week. \*

## Swim Club wants lower pool rates

Kokanee Summer Swim Club wants to encourage more beginner swimmers to join the club and learn to swim well. To do this, they need lower pool rates.

Club Treasurer Suzanne Holland spoke to Town Council on March 1 to explain their goal and ask Council to cut the annual pool fee from \$3,000 to \$1,500. The usual fee per swimmer is \$150, of which one-third goes for insurance. The

club wants to reduce this to a more affordable \$95. In addition, there is a rate reduction for three or more children from the same family. The club wants a break on the season pool rate in order to achieve their goal.

Kokanee Swim Club had 21 youngsters enrolled in the swim program last year and operated at a deficit covered by previous sav- ..... continued on Page 2

## Town Councillors were...busy

Councillor Frank Armitage was in Richmond to help with the promotion of the Similkameen Valley during the Olympics. He said Keremeos area was a hit as they gave out Ambrosia apples and "fed half of Richmond". The south end of the valley promoted their organic products and offered samples of fruit juice.

The Princeton end had a huge photograph of China Ridge and took photographs of visitors dressed in Olympic scarves or hats using China Ridge as a background. These photos will be posted online and individuals can download their photos. Councillor Armitage praised the help received from Kelly Cook, Bob Coyne, Sharon Anderson and Nadine McEwen.

Councillor Jason Earle reported local students are now doing podcasts and doing a very good job of it. Other local youngsters, mem-

bers of Princeton Highland Dancers, went to Kamloops and did very well. Councillor Earle went to downtown Vancouver to enjoy the Olympic festivities. He advised Council Peter Pine is now in Russia. He met two Russians at Robson Square and gave them Princeton's favourite lapel pin as a souvenir.

Parks, Recreation and Culture Director Lyle Thomas reported having a great time at the Olympics as one of 25,000 volunteers who helped make it happen. He enjoyed working with the Latvian team, but what impressed him most was the excellence of the quality of service by the volunteers. He said it "re-inspired" him.

Councillor Marilyn Harkness reported on Council's trip to Copper Mountain where they enjoyed a tour of the site and were treated to a barbeque lunch. She said she could see they have made a lot of progress. They were cele-

brating the end of the first phase.

Councillor Harkness has been advised that Princeton has been selected for a pilot project on community health.

The project, called Advanced Care Planning, will be launched in April. She had no details on the nature of the project and who will participate.

Councillor Ray Jarvis had attended all of these activities, and spoke briefly about how impressed he is with the cooperative attitude of Council during the budget process.

Mayor Randy McLean discussed a meeting with Fortis BC executives regarding a feasibility study for a dam on the Similkameen River. He said the Americans will be participating to some extent in any planning. He added that water quality and water conservation are going to be major issues in the future.

A meeting with mine executives regarding housing needs deter-

mined that there will be a need in Princeton for 60 - 70 new housing units when the mine opens.

Mayor McLean said he met with two government Ministers who deal with mining, and both were "grinning from ear to ear" at the prospect of seeing a new mine opening in Princeton. B.C. has not had a mine open in 13 years.

A meeting was held involving members of China Ridge X-Country Ski Club, Town Council,

Ministry of Forest employees and ATV-BC concerning an alternative route between Tulameen and Princeton for motorized trail vehicles.

The idea is to prevent conflict between China Ridge users and motorized traffic. Forest Service members identified a possible alternative route for ATVs through some impressively scenic areas. At this point, the project is still in the "hopeful" stage.

**CONGRATULATIONS  
& GOOD LUCK**

**PRINCETON POSSE**

ON THE K I J H L  
OKANAGAN CONFERENCE PLAYOFFS  
(ROUND 3) THIS WEEK



### Similkameen News Leader THIS WEEK:

**YES 2 IT Program Brings Career Options - Page 2**  
**Skills Canada Competition Results - Page 9**



Similkameen News Leader  
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Think you may be interested in a career as an electrician? The Yes 2 It Program introduced Grade 8 students at Princeton Secondary School to a variety of career options March 2. \*

## Yes 2 It Program introduces career choices

Think back to when you were in Grade 8. Did you have a career path already chosen? If you did, you were one of the lucky ones. If you didn't, you would have benefitted greatly from the Yes 2 It Program.

YES 2 IT stands for Youth

Exploring Skills To Industry Training and is an interactive, hands-on activity for students in Grade 8 centered on skills used in trade careers.

PSS teacher John Kitts applied to the YES 2 IT group for grant funding used to provide activities for students March 2nd which included meat cutting, plumbing, carpentry, hairdressing and electrical.

Princeton area trades people provided a series of demonstrations to the students followed by hands-on activities, student awareness and exposure to different career opportunities.

Students participated in a pre-activity by researching a variety of trades. Parents were also included

in the program and were provided an opportunity to join in the demonstrations and assist their children during the hands-on activities.

"The more true-to-life the experience, the higher chance students will get excited and realize the potential of a career in the trades," Kitts told the News Leader.

Kitts says the program was successful thanks to the local trades people who assisted.

Demonstrations were hosted by Heather Herrick of Rootz Hairstyling, Kevin Thompson, Fred Bergsma of Fred & Company Builders, Steve Smeaton of Overwaitea and Todd Barnes of Hayes Creek Electric.

## Swim Club wants cut rate

..... continued from Front Page -ings. As the treasurer pointed out, the club cannot fund from savings indefinitely. They must have more beginner swimmers, as well as some new equipment.

The club has hired a swim coach much of whose pay will be covered by a summer employment grant. This coach has been very successful with his swimmers going to provincials, and he is prepared to stay with Kokanee Swim Club for two or three summers.

The club believes the new coach

will encourage older swimmers to stay in training and encourage younger swimmers to develop their skills.

The local swim club program focuses on endurance and strength training, and promotes competitive swimming as swimmers improve their skills. Swimmers from the club can go on to learn life saving and coaching skills which can lead to employment opportunities as they qualify.

Council asked some questions then referred the matter to budget.



**FINAL PUBLIC MEETING!**  
7:00 - 8:30 PM Saturday, March 20 Victory Hall, Keremeos

### SUSTAINABLE SIMILKAMEEN PROJECT - Mission Statement

To establish a socio-cultural, economic and environmental sustainability strategy for the Similkameen Valley that will maintain and enhance the quality of our rural and small town lifestyle.

This project, which started at the end of September and will be finished at the end of March, is for all communities within the Similkameen Valley.

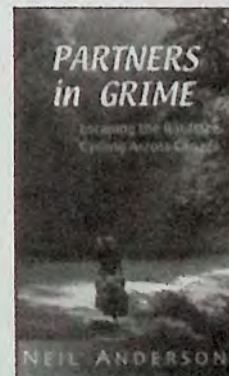
The public has been kept informed and encouraged to contribute ideas throughout this project.

Work on this project so far:

- 19 presentations at public/community meetings held throughout the valley
- 17 volunteer panel members (including residents from the municipalities of Keremeos and Princeton, the Lower Similkameen Indian Band, the Upper Similkameen Indian Band and RDOS (Electoral Areas B, G and H))
- 7 panel meetings - 9 media releases - 7 radio interviews

Also: advertisements on the television info station - Flyers - Website: [www.rdos.bc.ca/ssp](http://www.rdos.bc.ca/ssp) (with public input form)  
More advertisements and media releases leading up to the public meeting on March 20th.

**FINAL PUBLIC MEETING:**  
7:00 - 8:30 PM Saturday, March 20 Victory Hall, Keremeos  
**HAVE YOUR SAY!**



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# Arts Council welcomes piano trio March 14<sup>th</sup>

Based out of Kelowna, The Denton Trio is one of the top young string ensembles in the province. It is comprised of three brothers; cellist Nicholas, age 15 and 14 year old twin brothers, violinist David and Craig who plays viola. The trio has been awarded the Chamber Music Kelowna Society

'Outstanding Chamber Music Ensemble' award for the last two consecutive years and were awarded 'runner up' in last year's BC Performing Arts "Provincials" competition. The trio has been praised for their "vigorous playing with excellent musicality" and "great attention to detail".

This attention to detail has been honed through years of study and practice since a very young age. The boys receive their instruction in strings with teachers Bev Martens (violin/viola) and Morna Howie (cello) at the Vernon Community Music School. In addition to formal study in strings,

each of the boys is also an accomplished pianist currently studying with Canadian composer and pianist, Lorna Paterson at the Kelowna Community Music School. The unique ability of each of the members of the Denton Trio to 'switch' between strings and piano allows them access to a wide variety of repertoire and has been said to 'raise some eyebrows' as it is unusual to have performers capable of playing in a relatively high level ensemble on more than one instrument.

The Denton Trio's programs incorporate standard classical works and more recently the trio has begun incorporating jazz and more modern music into their repertoire. In fact, a cello quartet of which Nick is a member, has just been named a finalist in the 'Our Kids Have Talent' music talent contest affiliated with the Rarearth Jazz and Blues Festival (first prize is \$5,000 with the winners performing on mainstage at this major musical event). Their group, 'The Bridge' specializes in playing cello arrangements of heavy metal and rock music like Metallica's, 'Nothing Else Matters' and Ozzy Osbourne's 'No More Tears'.

Classical music, however, remains the mainstay of the trio and all three brothers have been trained classically to perform as soloists

and as members of various ensembles. Two years ago, as part of the 'Sturm und Drang String Quartet', the boys were successful in being named second best junior string ensemble in B.C. The boys are also active members of various orchestras. Nick successfully auditioned for the Okanagan Symphony Orchestra and is now performing with them on a regular basis. The boys also play with the Youth Symphony of the Okanagan conducted by world renowned composer, Imant Raminsh. This year Nick was selected as soloist for the Y.S.O. and will be performing Elgar's Cello Concerto, one of the most challenging pieces in cello repertoire. The boys are also members of the Kelowna Pops Orchestra which performs annually at the Canada Day Concert with maestro Leonard Camplin. In addition, they have been members for several years of the Vernon Music School's award winning 'Carriage House Orchestra'.

The Denton Trio is kept busy with performance requests throughout the year but is also committed to giving back to the community. They perform regularly on a volunteer basis and for benefit concerts.

The trio will be performing at Riverside Centre, Sunday, March 14th. Performance begins at 2:00 PM.

- submitted



The math involved in building a set of stairs/steps was explained March 2 as part of the Yes 2 It Program presented to Grade 8 students at Princeton Secondary School. \*

## Town of PRINCETON N Princeton Town Hall News

### WANTED OLD WOOD STOVES

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- Princeton Builders Mart: 295-6938
- Ok Falls Red Barn: 497-5552

For more information please contact a participating retailer or the RDOS @ 250-490-4212.

### RIVERSIDE THEATRE MOVIES

If you enjoy a good movie and popcorn call the Riverside Centre Movie Hotline for upcoming blockbusters.  
Movie times 7:00 pm Fridays \$5.00 at the door  
Family friendly times 6:00 pm and some matinees.  
To learn more contact the Community Recreation Office at 250-295-6067 line 2 for movie listings.

### CURBSIDE GARBAGE PICKUP

Princeton residents have a two bag/can garbage limit per week. A limit of TWO standard size garbage cans or bags will be allowed each collection week. A standard size garbage bag is 90 litres. The best practice is to have a covered/secured garbage receptacle for your household garbage.

Both garbage trucks may be running making curbside garbage collection quicker and more efficient. Therefore the time of day may change. Please remember to have your garbage at your curbside at 8:00 am.



### COMMUNITY RECREATION COURSES

#### FAMILY READING CIRCLE (K-Gr. 3+ ADULT)

Let's read! Join other families for a fun night that supports reading and comprehension of stories, a craft or baking and healthy evening snack. Sign up in the JAE Strong Start Room. Cost: FREE - Supported by Princeton Leaders for Literacy.

Each Thursday 6:00-7:15 pm JAE Strong Start Rm

#### RED CROSS BABYSITTING TRAINING (AGES 11 & UP)

This course will prepare new babysitters for the challenges of childcare. Learn basic first aid including CPR, ideas for snacks, games, activities and safety. Please bring a good snack and writing materials to each class.

Cost: \$50.00 Mon to Thurs 3:15-6:00pm March 22-25  
Riverside Centre Instructor: Carol Mack

#### RESTORATIVE YOGA (ADULT)

Join a great group of yoga enthusiasts weekly for a morning session of stretching, meditation, relaxation all while having a great work out. Please wear comfortable clothing and bring a yoga mat or blanket.

Cost: \$6.50 drop in Weds. 9:15-10:45am Riverside Centre

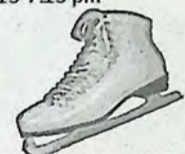
To register call the Princeton Community Recreation and Cultural Office at 250-295-6067.

### PRINCETON ARENA SCHEDULE

#### Spring Break Skating Times:

Date	Event	Time
March 9	Stick & Puck	1:15-2:30 pm
	Stick & Puck	4:30-5:30 pm
	Public Skate	6:00-7:00 pm
March 10	Stick & Puck	1:15-2:30 pm
March 11	Stick & Puck	1:15-2:30 pm
	Stick & Puck	4:30-5:30 pm
March 12	Stick & Puck	1:15-2:30 pm
	Public Skate	6:15-7:15 pm

Adult Draft Tournament March 13 & 14  
Princeton & District Multi-Use  
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### TREE REMOVAL

As part of the Town of Princeton's Wildfire Management Program the Town of Princeton will be removing trees on Crown Land along Airport Road. Removal of trees along Bonlin Road and West China Creek are also part of this program and this will be treated later this spring.

## Princeton is GamesTown

2010 PRINCETON N





[www.gotpeppers.info](http://www.gotpeppers.info)

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## Keremeos News



Keremeos Fire Chief Jordy Bosscha, left, presents John Sladen with a retirement gift. - photo submitted

## Valley requires holistic approach

by Melanie Bagley

*Community Liaison Project  
Manager Sustainable Similkameen  
Project*

"If we're going to be protecting our water, land and air, we need to have baseline measurements," commented Nancy Allison, one of the members of the Sustainable Similkameen panel. Nancy explained that, during the coalbed methane discussions there were times when the people in favour of the coalbed methane proposal had the upper hand.

"They said we didn't have a strong enough argument against the proposal because we had no measurements," said Nancy.

Key resource usage, such as water, land, air, forestry, mining and crown land, was high on the agenda for the Sustainable Similkameen panel at their final meeting on February 27th.

"We have to speak up for things that can't talk... water, land," said Lower Similkameen Indian Band Chief Rob Edwards. Edwards was a guest at the panel meeting,

convened to discuss the key issues in a sustainability strategy for the Similkameen.

Keremeos Mayor Walter Despot explained that, in planning discussions, the Similkameen Valley Planning Society is looking at developing two parallel strategies, one specifically for water.

"Water is going to be a separate issue from everything else," said Despot.

Other key issues included climate change, increasing population, public participation in governance and community, housing, community development of the Indian bands, economic development and the community of the valley as a whole.

The panel were in strong agreement that looking at the valley as a whole rather than concentrating on individual communities or natural areas is key to a sustainable way of living.

"The government has no concept of overlapping boundaries," said Edwards. "If you're tearing it [the region] apart, at the end of the day how are you going to put it back together?"

This phase of the Sustainable Similkameen project will be finished on March 31. There will be one final public meeting for the planning consultants to present the draft sustainability strategy. Public opinion and input will be very much encouraged at this meeting which will be held on March 20th, Saturday evening, 7 to 8.30 PM at the Keremeos Victory Hall. Further information on the Sustainable Similkameen project is available at this website: [www.rdos.bc.ca/ssp](http://www.rdos.bc.ca/ssp).

## KVFD honours Sladen

by Melanie Bagley

*Keremeos Volunteer Fire  
Department Publicity Department*

After dedicating 33 years as a volunteer firefighter, John Sladen was honoured by the Keremeos Volunteer Fire Department with a surprise retirement party.

On Saturday evening, Keremeos firefighters phoned John to say that there was a large structure fire and that they urgently needed his help to fill air bottles. Like many retired Keremeos volunteer firefighters, John had offered to help at any time should there be a major incident. Without hesita-

tion, John was out of his house and heading for the driveway where he was met by a fire truck that brought him back to the fire hall.

At the fire hall doors John was greeted with applause by current and retired firefighters, spouses and dignitaries. A potluck followed with speeches and presentations.

Sladen has been an integral part of the fire department including being Fire Chief for seven years. John's wife, Sandy, was also honoured for her support over the years.

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Eloise Dalton, played by Bridgit Auer, succumbs to the clever wiles of the dastardly Egbert Van Horn, played by Corentin Caro-Chambard, in the Cawston Players production of 'Curse You, Jack Dalton!' Friday, Saturday and Sunday March 26, 27 and 28 at the Cawston Community Hall. - photo submitted

# Cawston Players present...

The Cawston Players are offering an old fashioned melodrama in a March 26, 27 and 28 weekend at The Cawston Community Hall.

A cast of familiar and new faces will deliver the heart-wrenching

tale of loss and redemption, good over evil and the triumph of true love in 'Curse You, Jack Dalton!' written in 1936 by Wilbur Braun.

It's dead serious but dastardly good fun. Doors open at 6:30 PM.

Showtime is 7:00 PM.

It's at the Cawston Hall. Tickets are \$10 each. Advance tickets are at Similkameen Agencies in Keremeos and The Cawston Marketplace. - submitted

# Lower valley news from RDOS

## KEREMEOS SOLID WASTE TRANSFER FACILITY CLIENT SURVEY

The Board carried a motion to that the Keremeos Sanitary Landfill hours of operation will remain unchanged in 2010.

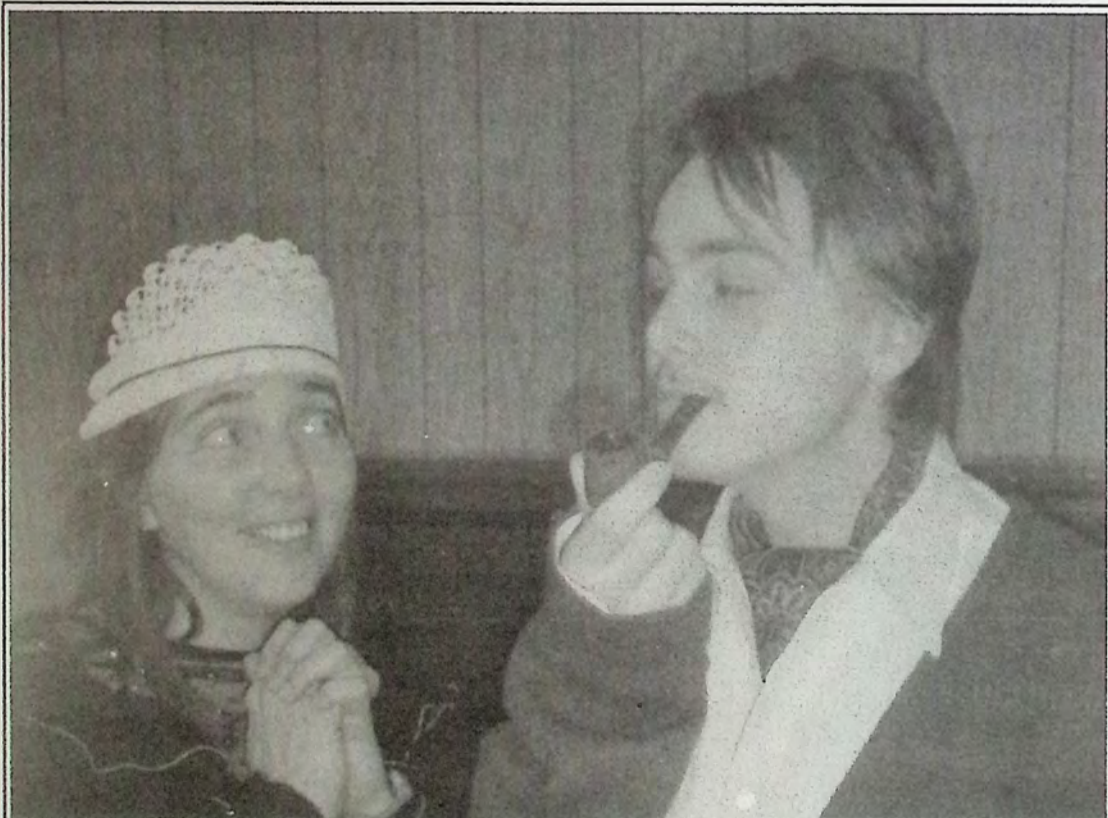
The Keremeos Sanitary Landfills hours of operation are Sunday from 10:00 AM to 4:00 PM.

## 2010 REGIONAL DISTRICT OF OKANAGAN-SIMILKAMEEN STERILE INSECT RELEASE PARCEL TAX BYLAW

The Board deems it desirable to impose a parcel tax on lands benefiting to recover a portion of the costs of the Sterile Insect Release (SIR) program.

The Bylaw will affect the City of Penticton, District of Summerland, Town of Oliver, Town of Osoyoos, Village of Keremeos and in all Electoral Areas of the Regional District.

The parcel tax shall be levied at a rate of \$139.26 per acre in accordance with the Sterile Insect Release Board Policy. - submitted



"Unhand me, you cad" cries Bertha Blair, played by Sarah Martin, as she resists the advances of Egbert Van Horn, played by Corentin Caro-Chambard, in the Cawston Players melodrama, 'Curse You, Jack Dalton!' at the Cawston Community Hall Friday, Saturday and Sunday March 26, 27 and 28. - photo submitted

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**FINANCIAL FOCUS**

**Map Out Your Retirement Goals**

A map can be invaluable when you're preparing for a journey, especially one you've never taken before. It can help you avoid wrong turns that can cost precious time and cause needless headaches.

This common-sense approach to travel also applies to planning your retirement - which itself is quite the journey. Although the word 'retirement' may mean something different to everyone, the better the road map, or strategy, the more likely you can live the retirement lifestyle you've dreamed of.

As a starting point, you might want to write down answers to two basic questions that will underpin your strategy: What do I want in retirement? And how will I pay for it?

In answering the first question, you need to take a careful look at not just the day-to-day expenses you expect to incur, but other retirement goals you may have, such as funding your grandchildren's education, helping support other family members or paying for a long vacation or a second home.

Then you need to see if your finances will get you where you want to go. It helps to detail all your sources of income, including government retirement benefits, pensions and annuities. You also need to consider whatever part-time employment income you may expect to earn. And of course, you'll have to tally up your assets. This encompasses all of your savings and investments, including stocks, bonds, mutual funds and GICs, within both your registered and non-registered accounts.

Then you need to itemize your retirement expenses. These can be broken down into two categories: necessities and discretionary expenses. Necessities include your mortgage, utilities, groceries and taxes, while travel and entertainment are considered discretionary.

This analysis can help determine if your sources of income can cover your retirement needs or whether there are shortfalls that must be addressed. For example, you may determine that you can pay for your necessities with outside sources of income, such as pensions, which might give you more flexibility with discretionary items. On the other hand, you might determine that working part time or delaying retirement is needed to boost your income so you can pay for those discretionary expenses while in retirement.

Remember, if you don't know where you're going, you could end up going nowhere or, even worse, heading in the wrong direction. A written strategy can start your retirement on the right path and help keep you there.

Speak with your financial advisor for help in crafting your retirement strategy and to see if everything is on track, or whether you should consider taking some actions now before it's too late.

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Edward Jones is a member CIPF

**Health / Lifestyle News**

**Dispelling the myths of debit card fraud**

(NC)—March is fraud prevention month, a national awareness program that informs consumers about the dangers of fraud and how to prevent it.

In an effort to combat debit card skimming and the production of counterfeit cards, Interac Association is currently transitioning to a new generation of payment card technology, known as 'chip' cards.

Following are some common myths about debit card fraud and chip technology, and the facts you need to know to protect yourself throughout the transition.

**Myth:** *Fraudsters have access to my personal and financial information if they are able to copy the magnetic stripe on my debit card.*

**Fact:** The type of information stored on your magnetic stripe is payment related information that allows the debit transaction to be authorized and processed, such as the debit card number, the financial institution code, or country code. If captured, fraudsters primarily use the payment information on your magnetic stripe to make a counterfeit card and steal money, not your identity.

With the transition to chip, the same information will now be stored within the chip, which is protected by multiple layers of security, making it extremely difficult to copy the information and make a counterfeit card.

**Myth:** *A chip card isn't any more secure than the magnetic stripe card. I received a call from my bank alerting me that my card had been compromised, even though I had the new chip card.*

**Fact:** The chip itself has not been compromised. The financial institu-



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**News Leader**

tion has called you because they suspect that your magnetic stripe and PIN information may have been stolen from your chip card for the purpose of making a counterfeit magnetic stripe card, not a chip card.

Chip cards and chip terminals have begun to roll out across Canada, however it's important to note that the complete transition to chip technology will take a number of years, given the number of debit cards, terminals and ABMs in the marketplace.

The transition to chip technology will be completed by 2015. Until this time, both magnetic stripe and chip transactions will be taking place, which means that although you have a chip card, in many cases you may be still conducting a magnetic stripe transaction if the store has not yet upgraded its terminals. A secure chip transaction can only take place when a chip card is inserted into a chip terminal, which means that until the transition is complete, we will continue to see fraud on magnetic stripe technology. Rest assured, financial institutions will continue to aggressively monitor unusual transaction pat-

terns and prevent fraud before it happens, as they do today.

Throughout the transition, it's important to continue the same debit card safety practices as you do today. Furthermore, if you have a chip card, insert the card into the terminal first. If the terminal is not chip capable, it will prompt you to swipe your card. By inserting first, you avoid any unnecessary need to swipe, and reduce the potential of being skimmed.

**Myth:** *If I become a victim of debit card fraud, my entire bank account could be wiped out.*

**Fact:** Victims of debit card fraud are protected and will not suffer any financial losses resulting from circumstances beyond their control. More information about the Interac Zero Liability Policy can be found online at [www.interac.ca](http://www.interac.ca).

Your financial institution has monitoring and detection systems in place that detect suspicious transaction patterns, and often prevent fraud before it happens. Also, in the instance that money is taken from your account, financial institutions usually take immediate action to return the funds to your bank account.

- News Canada

**Living Past 100**

**Feed Your Child For Athletics**

Many children and youths will be inspired by the Olympics to become athletes now. This is a good time to teach them the importance of eating well to improve performance. A child may not understand the connection between eating appropriate foods and doing well in sports.

In school, children learn the basic food groups but they may not learn of the specific foods that lead to not only good health but high performance in sports. Most parents do not know which foods will best prepare their children for athletic ability. Athletes are not born, they are created, beginning with early childhood nutrition.

The first and most important foods for children are protein foods and milk. Protein foods include fish, meat, eggs, milk, nuts, beans and winter squash. These foods provide a variety of proteins. Proteins build cells. Muscles are dense cells requiring a lot of protein. Children should not be forced to eat a lot of protein at one meal but should have small amounts of protein at most meals.

Milk is the most nourishing food you can feed a child. Milk is the best source of calcium. There is a strong relationship between strong muscles and calcium. Calcium deficiency results in muscle cramps. Of course, calcium also helps build strong bones. Children and youths should be consuming a litre of milk a day.

Milk contains fat, too, and many dairy products contain a lot of fat, such as cheese and butter. Milk, particularly two percent, will not add too much fat to your child's diet. If your child is active, the fat will be burnt off through exercise.

Children need to know the value of eating a wide variety of fruits and vegetables. Some vegetables are more valuable than others. For example, broccoli is packed with nutrients while lettuce has very few. If your children turn up their noses at cooked vegetables, serve them raw veggies with an olive oil dressing or a bit of yogurt.

If your child hopes to become an athlete, you must stress the importance of being active. It is physical activity that builds strong muscles and bones. Make sure your child spends hours outdoors in the sunshine for stronger bones.

While you teach your child what to eat, how about discussing what not to eat, such as junk food, sugary cereals and soft drinks? If you buy only good, wholesome food, that's what your child will eat, and that's how your child will thrive.



# This Week - 9 Years Ago

## Celebrating Princeton's 150<sup>th</sup>

W. George Elliott - Owner/Publisher Similkameen News Leader

News Leader - March 6, 2001

# Fundraiser aids foundation

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## EIGHTH ANNUAL Ladies Diamond Dinner

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VOLUME 4 ISSUE 10 PUBLISHED WEEKLY IN PRINCETON, B.C. CANADA 295-4149 MARCH 6, 2001

## Credit Union plans move

— Construction on new building starts



Princeton - Valley First Credit Union has planned a new building for the corner of Tepton Avenue and Bridge Street in Princeton. Tenders close this week and construction is expected to commence this month. The new building will provide added customer service and office space required by Valley First. Its present location at the corner of Bridge Street and Halford Avenue is no longer adequate.

Construction will continue through the summer months. The anticipated date for occupancy of the new premises is late September or early October. The new building will complete the development of Princeton Plaza and provide credit union customers with additional parking.

RCMP seek witnesses to pedestrian injury

At approximately 6:00 p.m. on the evening of Monday, February 26, an elderly Princeton

Valley First Credit Union employees have taken up the challenge begun by CIBC to raise money for Princeton General Hospital and Ridgewood Lodge Foundation. They will dress in hospital clothing every Friday to encourage members to make a donation to the Foundation. Left to right Amber Patenaude, Betty O'Hara, Leslie

Parents want hockey justice  
See page 20, 21  
Skating Show  
page 23

Keremeos tops list for new ambulance housing

A meeting held in Keremeos on February 15 aired the concerns of the ambulance providers. One of the major concerns was the accommodation for ambulances.

Major contributions came from within the community in support of Princeton General Hospital and Ridgewood Lodge Foundation as part of a fundraiser which took place nine years ago this week.

Although the top story on the front page of the March 6, 2001 Similkameen News Leader was about Valley First Credit Union planning a move, the major news that week revolved around Princeton General Hospital and Ridgewood Lodge Foundation.

Apparently the Princeton branch of the CIBC kick started the fundraiser and provided a corporate donation in the amount of \$10,000. The local branch also raised an additional \$1,734.25.

Princeton Light & Power, still a privately-owned and operated utility at the time, provided a \$40,000 donation.

Valley First Credit Union also jumped on board in response to a challenge from CIBC.

Speaking of Valley First, the plan to move announced nine years ago this week would see the member-driven financial service build a new building at the corner of Bridge Street and Highway 3.

"The new building will provide added customer service and office space," the front page story explained.

Do you remember where Valley First was located at the time? They were in the building presently occupied by Lordco Auto Parts.

Extra points for getting this one: Do you remember what business occupied part of the building prior to Lordco moving there? You'll find the answer to that at the end of this article.

The Similkameen Valley 'rocked and rolled' at 10:55 AM Wednesday, February 28, 2001 when an earthquake measuring 6.8 took place. The epicenter was located 10.35 miles northeast of Olympia, Washington and occurred at a depth of 33 miles "which, according to experts, prevented more serious damage occurring on the surface."

Nine years ago this week the News Leader reported on water shortage problems in Tulameen.

"The first to run dry was the Trading Post, then the Community Hall, since then several houses have had problems even trying to do a load of wash."

A mild winter was to blame.

Princeton Figure Skating Club's annual Carnival in 2001 was a salute to 'Fifty Years of Rock 'n' Roll' and was dedicated in the memory of Adele Nesbitt with proceeds from a fundraiser at the show going to the Adele Nesbitt Hospice Society.

The Princeton Business and Professional Women's Club expressed disappointment this time nine years ago.

They were upset about then-Councillor Dan Sulentic's opposition to a proposed park along the Similkameen River. The club has since folded and a park project located where both the Similkameen and Tulameen Rivers meet finally took wings and has been a joint project of Vermilion Trails Society and Princeton Rotary Club.

Some of the businesses advertising

in the March 6, 2001 News Leader included Hamilton Insurance Brokers, Country Food Market, Princeton Printers, Heritage Motor Company, Dr. Warren Gage (Chiropractor), Princeton Light & Power and Intertec Computer Services.

In other news from nine years ago this week, Princeton Golf Club raised dues for members. The increase amounted to five percent.

"A single golfer will pay \$504 to golf, The one-time fee for membership, called an initiation fee, is \$800. In addition to dues, members will pay a \$100 surcharge once again. This should be the final year for a surcharge."

The Club elected Keith Later as President, Stan Hiebert Vice President, Lois Simpson Treasurer and Kay Carpenter Secretary. Directors elected were Glenn Weissbach, Gordon Comeau, Tom McLaren, Sharleen Clifton, Dinny Mullin and Larry Stevens, Jr.

The back nine project had just been completed with an official opening set for June 23, 2001.

Did you remember what local business operated out of half of the former Valley First Credit Union building? It was the Similkameen News Leader.

"We were there only a few months and it wasn't a bad location," current News Leader Owner/Publisher George Elliott says.

"But Lordco wanted the whole building and we moved."



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Myrna Coates conducts Princeton Community Band on March 4 at Riverside Centre. Photo: Dawn Johnson

# Band concert was a hit

Princeton's Community Band is better and better at every concert. Under the guidance of bandleader Myrna Coates, young and old make some good music together.

The concert on March 4 at Riverside Centre began with a

rousing rendition of O Canada, then followed with a series of musical selection with the theme "Beyond Our Borders". The music was to take the audience from Utah to Mexico to Spain and through England, the Ukraine, Europe,

Egypt, Africa and back to Canada. The Community Band hopes to do one more concert before the summer holidays, tentatively scheduled for the end of May. The next concert will be in a school gym as Riverside is so heavily booked.

# MP - Budget fails to address priorities of farmers

Alex Atamanenko, MP (BC Southern Interior) NDP Agriculture Critic, says it's time for the government to get their priorities right. "Instead of substantially addressing the farm income crisis affecting so many other sectors the government has chosen to undermine the grain industry, one of the few sectors that is doing just fine," accused Atamanenko in response to the federal budget.

The New Democrat agriculture critic was highly critical of the Conservative priority to provide so called 'marketing choice' to barley and wheat producers when outlining their plans for the Canadian Wheat Board and the Canada Grain Commission. "The US grain companies will be the ones most thrilled with the government's moves because in the absence of the CWB they would waste no time in replacing Canadian wheat, durum and barley in our export markets."

farmers, who understand the value of a strong Canada Grain Commission and the CWB's single desk monopoly, would prefer the government keep its interference to a minimum."

According to Atamanenko there was no commitment towards the National Food Strategy that farmers and consumers are increasingly calling for. "This is especially disappointing considering the US has developed a comprehensive Healthy Food Financing Initiative to create market opportunities for their farmers while simultaneously providing more nutritious and affordable food for its citizens," stated Atamanenko. "I would like to have seen much more in the budget to nurture the local food movement that is gaining in strength as Canadians try to do more to reduce the environment footprint, support farmers and eat healthier food."

Atamanenko noted there was nothing that would address the dire sit-

uation facing apple and cherry growers in BC who have lost so much money due to the continued dumping by the US allowed under NAFTA that they are now considering marketing boards.

"The emphasis of the budget is market access and trade even though this single minded pursuit has repeatedly and consistently failed to provide a stable business environment for our farmers," stated Atamanenko.

According to the NDP Agriculture critic, cattle producers have been making less than half of what they made 20 years ago for quite some time even though for the most part exports have tripled. "While the budget has given some attention to new technology and cattle processing (\$35million) it is not clear whether any of the \$40 million slated for Specified Risk Material (SRM) will help cover the \$31.70/head that our cattle

.....continued on Page 22

**BACK BY POPULAR DEMAND**

# ELIJAH'S CRY

CHRISTIAN YOUTH BAND FROM VANCOUVER

**SATURDAY, MARCH 13 - 7:00 PM - ??? LIVING WATER FOURSQUARE CHURCH (UPSTAIRS)**  
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News Leader

# Entertainment

Similkameen News Leader TV Guide Listings - March 10 - 16, 2010



Princeton Secondary School Skills Canada Competition Winners, from left, Ben Beller (Gold - Sumo Robot), Quinton Kent (Silver - Sumo Robot), Colton Calihoo (Bronze - Sumo Robot), Ian McKenzie (Bronze - Automotive Service) and Adam Dobbs (Bronze - Culinary Arts). The students were assisted by Andrew Nordquist (sumo robot), Lawrence Newman (automotive) and Shane O'Malley (foods). \*

## Skills become a competition

Skills/Compétences Canada (S/CC) is a national, not-for-profit organization that works with employers, educators, labour groups and governments to promote skilled trades and technology careers among Canadian youth. Their unique position among private and public sector partners enables them to work toward securing Canada's future skilled labour needs while helping youth to discover rewarding careers.

The program goals are:

- To provide a unique, proven, effective and efficient program to raise awareness in the current and emerging skilled trades and technology careers, by bringing Canadian youth into a competitive spotlight.

- To actively lead in developing dynamic partnerships with agencies and organizations involved in promoting current and emerging skilled trades and technologies by identifying and using best practices.

A lack of information regarding the opportunities in trades and technology currently prohibits many young Canadians from considering a career in skilled trades. Through provincial, national and international

skills competitions, they help make these occupations more visible to teachers, students, parents and the general public. The competitions are an incredible display of hands-on expertise, talent and determination which showcases the many promising futures to be found in trades and technology.

At Skills/Compétences Canada they are dedicated to introducing Canada's youth to the many opportunities, benefits and rewards of skilled and technological jobs. They believe that improving the expertise and confidence of the next generation pursuing technical careers will benefit us all.

Princeton Secondary School student participate in the various levels of Skills Canada competition and

usually place high in them.

This year Ben Beller took Gold in Sumo Robot and was joined by Quinton Kent who won Silver and Colton Calihoo who took Bronze in the same event.

Ian McKenzie won Bronze in the Automotive Service category with Adam Dobbs taking Bronze in the Culinary Arts.

Students also took part last week in an online 'virtual' competition.

Participants included Adam Gullason and Morgan Dobbs in TV/Video Production. They were assisted by Derek Bergen and in the Mechanical Drafting Competition a total of three students were competing from Princeton. They included Dan Howarth, Brandon Racich and Mitch Lamoureux.

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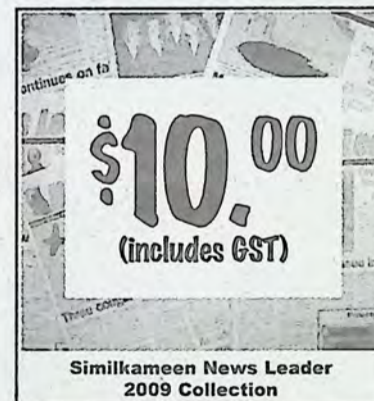
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# Skills Canada Competition



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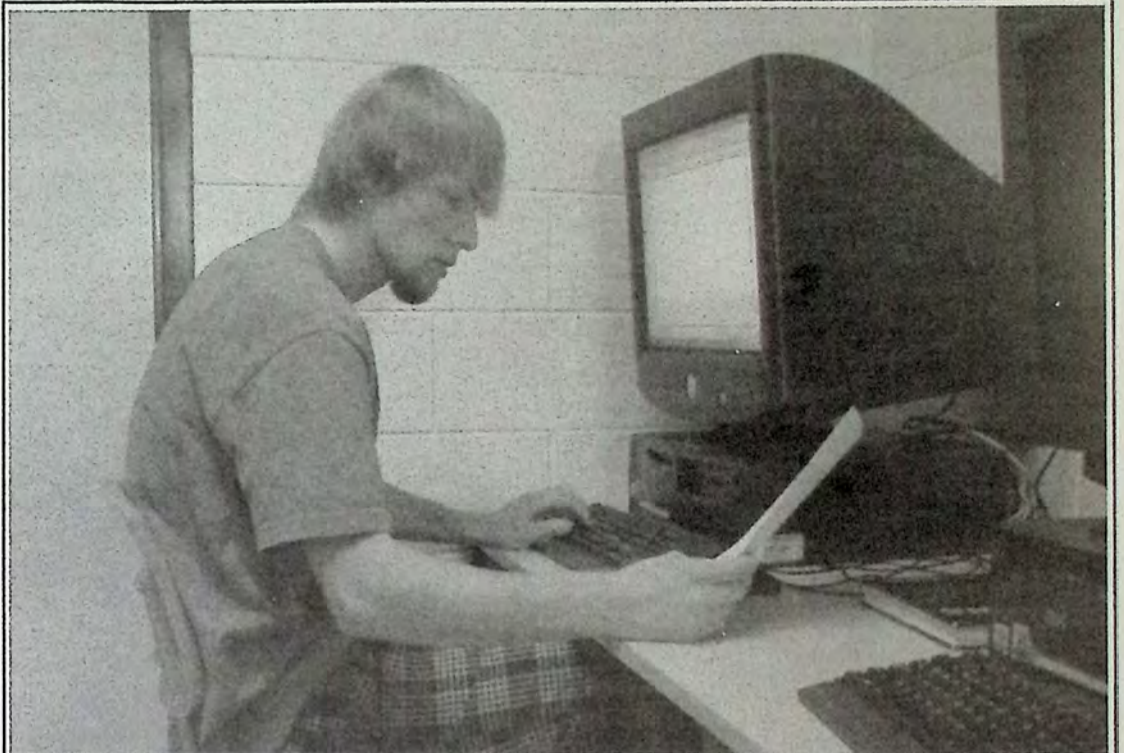
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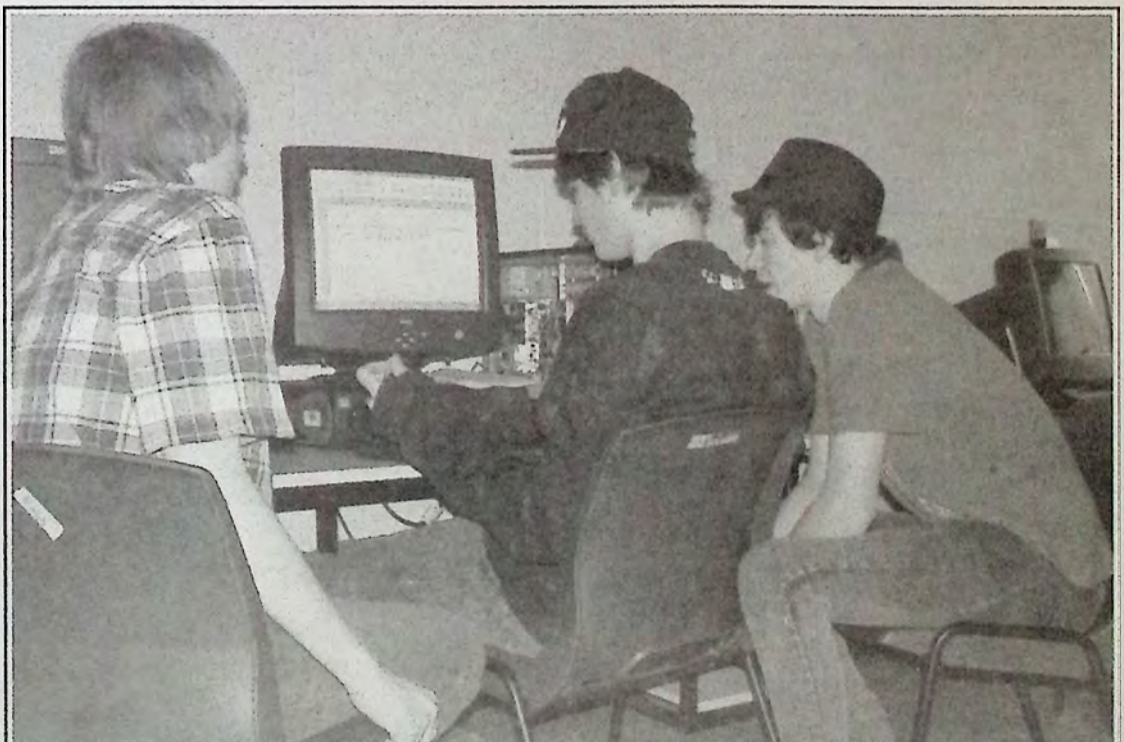
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Dan Howarth entered the Mechanical Drafting Skills Canada Virtual Competition March 4th. \*



Brandon Racich and Mitch Lamoureux were also in the Mechanical Drafting Virtual event. \*



Morgan Dobbs and Adam Gullason entered the Skills Canada TV/Video Production Virtual Competition. They worked on a PSA with the assistance of their 'actor' Derek Bergen. \*



TUESDAY, MARCH 2, 2010

	WTBS (3)	CHBC (4)	KNOW (5)	KSPS (6)	KHQ (7)	KREM (8)	A&E (9)	KXLY (10)	BCTV (11)	CITY (12)	CBC (13)	YTV (18)	TSN (19)	VTV (22)	DISC (24)	FAM (26)	CITY (29)	SPIKE (44)	TROP (45)	
6 AM :30	In the Heat of the Night	(5:30) Morning News (N)	Franklin George S.	Thomas Lions	News (N)	News	CSI: Miami	News	(5:30) Morning News (N)	(4:30) Morning News (N)	CBC News Now (N)	Being Ian Viva Piñata	SportsCentre	Canada AM	Daily Planet	Henry's Feet	CityLine	CSI: NY "The Ride-In"	Inside Box That News	
7 AM :30	Cosby		Clifford the Big Red Dog (DVS)	Arthur (EI) Martha	Today Shirley Jones; David Cassidy. (N)	The Early Show (N)	Cold Case Files	Good Morning America (N)			Dirtgirl Animal	SpongeBob League	SportsCentre		Mayday "Fire Fight"	Mickey Mickey	The Tyra Show (N)	CSI: Crime Scn	End Leash Last 10	
8 AM :30	Harvey Fresh Pr.		Sid the Science Kid	Sid			The First 48		100 Huntley Street		Bo on Go Busytown	Pokemon Rollbots	SportsCentre		Motor City Motors	Handy Handy	Rachael Ray	CSI: Crime Scn	Tube Tales	
9 AM :30	Fam. Feud	100 Huntley Street	Spider (10:36)	Super Why! Dinosaur			The 700 Club	The First 48	Live With Regis & Kelly	100 Huntley Street	World Vision	Super Why! Rolie Polie	Timber	Live With Regis & Kelly	Daily Planet	Feet	Role	CSI: Crime Scn	Colin-Justin	
10 AM :30	Reba	Hospital for Sick Kids	Sesame Street (EI)				The Price Is Right (N)	Criminal Minds	The View (N)	Hospital for Sick Kids	Debt Part ET Canada	Poko Doodlebop	Berenstein	The View (N)	How-Made	Mickey Handy	The O.C.	CSI: Crime Scn	Whatever	
11 AM :30	Jim Name Earl	World Vision	Rolie Polie Berenstain	Clifford Sit-Be Fit	Ellen DeGeneres Show	Young & Restless	The Sopranos	Paid Prog.	World Vision	(10:59) Noon News Hour (N)	Gofrette	George S. (11:40) Erky	Boxing	Fashion	License to Drill	Phineas Suite Life	CityLine	CSI: NY "The Ride-In"	Golden	
12 PM :30	Just Shoot King	Noon News Hour (N)	Maggie Rose (12:37)	Charlie Rose	Slim Down Penguins!	News	CSI: Miami	All My Children (N)	Noon News Hour (N)	Days of our Lives (N)	CBC News Now (N)	(12:05) Kid Mr. Men	Boxing: Antonio Escalante vs. Miguel Roman.	etalk	Deadliest Catch	Wizards Montana	The Bonnie Hunt Show	CSI: Crime Scn	3's Co. Ellen	
1 PM :30	The Office	As the World Turns (N)	Dinosaur	Quilling	Days of our Lives (N)	As the World Turns (N)	Cold Case Files	One Life to Live (N)	As the World Turns (N)	As the World Turns (N)	Doc Zone	(12:55) Viva Jacob	Sue Thomas: F.B.Eye	Sue Thomas: F.B.Eye	Motor City Motors	Cory	Judge J.	CSI: Crime Scn	Seinfeld	
2 PM :30	The Office Friends	Young & Restless	Franklin BluesClues	Barney WordWorld	The Bonnie Hunt Show	Let's Make a Deal (N)	The First 48	General Hospital (N)	Young & Restless	The Doctors	Steven and Chris	Pearlie Garfield	Around Interruptio	Dr. Phil	MythBusters	Replace School	CityLine	CSI: Crime Scn	Golden	
3 PM :30	Friends Seinfeld	The Doctors	(3:01) Little Bear	WordGirl Electric	Judge	Dr. Phil	The First 48	Rachael Ray	The Doctors	Young & Restless	Recipes Mercer	(2:50) Kid League	Record Sports	(2:59) The Dr. Oz Show (N)	Destroyed	Life Derek Suite Life	CityNews at 6 (N)	CSI: Crime Scn	End Leash Last 10	
4 PM :30	Family Guy	Oprah Winfrey	George S.	Cyberchas	Judge J.	Oprah Winfrey	Criminal Minds	Deal No	Oprah Winfrey	(3:59) Early Global Nat.	Ghost Whisperer	SpongeBob OddParent	Hockey: NHL Philadelphia Flyers at Tampa Bay Lightning.	Ellen DeGeneres Show	Daily Planet (N)	Phineas Wizards	Law & Order: SVU	UFC Unleashed	Parking	
5 PM :30	Payne	Early News	(4:57) Martha	BBC World Business	News (N)	News	Criminal Minds	News	Early News	(4:59) News Hour (N)	CBC News: Vancouver (N)	OddParent	SpongeBob	CTV News at Five (N)	How-Made	Suite/Deck Zoey 101	The Biggest Loser (N)	UFC Unleashed	Rescue Ink	
6 PM :30	Law & Order: SVU	Global Nat. News	Taste Buds Dogs	PBS NewsHour (N)	College Basketball	News	Criminal Minds	News	(5:59) News Hour (N)	ET Canada	Coronation	iCarly	CTV News (N)	Destroyed	Montana	Wizards	UFC Unleashed	Dog Whisperer		
7 PM :30	Seinfeld Name Earl	Ent ET Canada	Frontier of Construction (N)	NOVA "Pluto Files" (N)	The Doctors	Criminal Minds	Ent	Ent	The Good Wife "Bang"	ET Canada	Wheel Jeopardy!	iCarly	SportsCentre (Live)	Lost "Sundown" (N)	Swamp Loggers (N)	Sonny Suite Life	Parenthood "Pilot" (N)	BlueMount Players (N)	End Leash Last 10	
8 PM :30	Movie: "Good Will Hunting" (1997, Drama) Matt Damon.	NCIS: Los Angeles (N)	Movie: "Alice Neel" (2007) (DVS)	Frontline (N)	The Biggest Loser (N)	NCIS: Los Angeles (N)	Criminal Minds	Lost "Lighthouse" (N)	NCIS: Los Angeles (N)	NCIS: Los Angeles (N)	Mercer	Malcolm 22 Minutes	Chris	2009 World Series of Poker Main Event, from Las Vegas.	American Idol (Same-day Tape)	Daily Planet	Overruled! Montana	News EP Daily	UFC Unleashed	ET Canada
9 PM :30	Movie: "Feeling Minnesota" (1996)	CHBC News Final (N)	Radical Dreamer	Charlie Rose (N)	News (N)	News	(11:01) Criminal Minds	News	News Hour Final (N)	Ent ET Canada	(11:05) The Hour	Prank Ptrl Fries That?	SportsCentre (Live)	CTV News	How-Made	So Raven	Home Imp.	Unsolved Mysteries	Dog Whisperer	

WEDNESDAY, MARCH 3, 2010

	WTBS (3)	CHBC (4)	KNOW (5)	KSPS (6)	KHQ (7)	KREM (8)	A&E (9)	KXLY (10)	BCTV (11)	CITY (12)	CBC (13)	YTV (18)	TSN (19)	VTV (22)	DISC (24)	FAM (26)	CITY (29)	SPIKE (44)	TROP (45)
6 AM :30	In the Heat of the Night	(5:30) Morning News (N)	Franklin George S.	Bob Build Lions	News (N)	News	CSI: Miami	News	(5:30) Morning News (N)	(4:30) Morning News (N)	CBC News Now (N)	Being Ian Viva Piñata	(5:00) NHL on TSN: TradeCentre '10 News and analysis of deals at the NHL's 2010 trade deadline.	Canada AM	Daily Planet	Henry's Franny	CityLine	CSI: NY	Inside Box Spilled
7 AM :30	Cosby		Clifford the Big Red Dog (DVS)	Arthur (EI) Martha	Today "The Brady Bunch"; Lady Antebellum. (N)	The Early Show (N)	Cold Case Files	Good Morning America (N)			Dirtgirl Animal	SpongeBob Penguins	SportsCentre		Mayday	Mickey Mickey	The Tyra Show (N)	CSI: Crime Scn	Project Runway Canada
8 AM :30	Harvey Fresh Pr.		Sid the Science Kid	Sid			The First 48		100 Huntley Street		Bo on Go Busytown	Pokemon Rollbots	SportsCentre		Worst Handyman	Handy Handy	Rachael Ray	CSI: Crime Scn	Are You Smarter
9 AM :30	Fam. Feud	100 Huntley Street	Spider (10:36)	Super Why! Dinosaur			The 700 Club	The First 48	Live With Regis & Kelly	100 Huntley Street	Hospital for Sick Kids	Super Why! Rolie Polie	Timber	Live With Regis & Kelly	Daily Planet	Feet	Role	CSI: Crime Scn	Colin-Justin
10 AM :30	Reba	World Vision	Sesame Street (EI)				The Price Is Right (N)	Criminal Minds	The View (N)	World Vision	Debt Part ET Canada	Poko Doodlebop	Berenstein	The View (N)	How-Made	Mickey Handy	The O.C.	CSI: Crime Scn	Whatever
11 AM :30	Jim Name Earl	Hospital for Sick Kids	Rolie Polie Berenstain	Clifford Sit-Be Fit	Ellen DeGeneres Show	Young & Restless	The Sopranos	Paid Prog.	Hospital for Sick Kids	(10:59) Noon News Hour (N)	Gofrette	George S. (11:40) Erky	Boxing	Fashion	Destroyed	Phineas Suite Life	CityLine	CSI: NY	Golden
12 PM :30	Just Shoot King	Noon News Hour (N)	Maggie Rose (12:37)	Charlie Rose	Paid Prog. Turbo	News	CSI: Miami	All My Children (N)	Noon News Hour (N)	Days of our Lives (N)	CBC News Now (N)	(12:05) Kid Mr. Men	etalk	Monster Moves	Wizards Montana	The Bonnie Hunt Show	CSI: Crime Scn	3's Co. Ellen	
1 PM :30	The Office	As the World Turns (N)	Dinosaur	Sewing	Days of our Lives (N)	As the World Turns (N)	Cold Case Files	One Life to Live (N)	As the World Turns (N)	As the World Turns (N)	Doc Zone	(12:55) Viva Jacob	NHL on TSN: TradeCentre '10	Sue Thomas: F.B.Eye	Swamp Loggers	Cory	Judge J.	CSI: Crime Scn	Seinfeld
2 PM :30	The Office Friends	Young & Restless	Franklin BluesClues	Barney WordWorld	The Bonnie Hunt Show	Let's Make a Deal (N)	The First 48	General Hospital (N)	Young & Restless	The Doctors	Steven and Chris	Pearlie Garfield	Dr. Phil	MythBusters	Replace School	CityLine	CSI: Crime Scn	Golden	
3 PM :30	Friends Seinfeld	The Doctors	(3:01) Little Bear	WordGirl Electric	Jeopardy!	Dr. Phil	The First 48	Rachael Ray	The Doctors	Young & Restless	Recipes Mosque	(2:50) Kid League	SportsCentre	(2:59) The Dr. Oz Show (N)	Canada's Worst Driver	Life Derek Suite Life	CityNews at 6 (N)	DEA "Up the Ladder"	Project Runway Canada
4 PM :30	Family Guy	Oprah Winfrey	George S.	Cyberchas	Judge J.	Oprah Winfrey	Criminal Minds	Deal No	Oprah Winfrey	(3:59) Early Global Nat.	Ghost Whisperer	SpongeBob OddParent	Hockey: NHL Vancouver Canucks at Detroit Red Wings.	Ellen DeGeneres Show	Daily Planet (N)	Phineas Wizards	Law & Order: SVU	Die	Rescue Ink
5 PM :30	College Basketball: Kentucky at Georgia. (Live)	Early News	(4:57) Martha	BBC World Business	News (N)	News	Dog the Bounty Hunter	News	Early News	(4:59) News Hour (N)	CBC News: Vancouver (N)	OddParent	SpongeBob	CTV News at Five (N)	The Colony (N)	Suite/Deck Zoey 101	Mercy (N)	Die	Hoarders
6 PM :30	Georgia. (Live)	Global Nat. News	Creatures Dogs	PBS NewsHour (N)	News (N)	News	Dog the Bounty Hunter	News	(5:59) News Hour (N)	ET Canada	Coronation	iCarly	CTV News (N)	Man vs. Wild	Montana	Wizards	Cougar	Die	Hoarders "Patty; Bill"
7 PM :30	Seinfeld Name Earl	Ent ET Canada	Frontier of Construction (N)	NOVA "Pluto Files" (N)	The Doctors	Criminal Minds	Ent	Ent	The Deep End "Pilot"	ET Canada	Wheel Jeopardy!	iCarly	SportsCentre (Live)	etalk	Solv.History	Sonny Suite Life	(7:01) Ugly Betty	1,000-Lie	Parking
8 PM :30	Law & Order: SVU	Bones	Mekong: Soul	The National Parks	Mercy (N)	Chris	Seagal	Family	Bones	Bones	Dragons' Den (N)	Malcolm Chris	Record	American Idol (Same-day Tape)	Daily Planet	Overruled! Montana	News EP Daily	BlueMount Players	Spoiled
9 PM :30	Movie: Kitchen Nightmares	Movie: "La Fille du Régiment" (1996) Ewa Podles. Premiere.	America's Best Idea	Law & Order: Special Victims Unit "P.C.; Savior"	Criminal Minds (N)	CSI: NY (N)	(9:01) Dog the Bounty Hunter	Family Cougar	Kitchen Nightmares	Kitchen Nightmares	Republic of Doyle (N)	8 Rules	24/7	Solv.History	Wizards	TO Show	1,000-Lie	Die	Parking
10 PM :30	TBA	CHBC News Final (N)	Radical Dreamer	Charlie Rose (N)	News (N)	News	(11:01) Dog the Bounty Hunter	News	News Hour Final (N)	Ent ET Canada	(11:05) The Hour	Prank Ptrl Fries That?	SportsCentre (Live)	CTV News	How-Made	So Raven	Home Imp.	Unsolved Mysteries	Hoarders "Patty; Bill"



# Similkameen News Leader - Horoscopes

March 10 - 17, 2010

**Aries** - You may feel lazy and self-indulgent for the next couple of weeks, which is bad if you are dieting. This is a good time to see yourself as others see you, and update your appearance.

**Taurus** - Work around your home may be necessary now. Do what needs doing. Your mood is better, so is your health. Don't overwork, take your vitamins, be gentle with your back. Do planning now.

**Gemini** - Career matters are still at the top of your list, but planning for the future becomes important this week and next. Work on your people skills. Watch what you say, listen well.

**Cancer** - Your career is favoured now and for the next month. Career activity increases, is more rewarding. Money problems must be solved by June. Life at home needs organizing, discipline, control.

**Leo** - You gain now by putting your high energy together with determination. You can achieve a great deal in the next two months if you work hard and smart. Gain through study, training.

**Virgo** - Relationships of all kinds are important now and bring rewards. You gain through doing work related to taxes, investments, debts. Stabilize your budget to solve your money worries. Conserve!

**Libra** - If you are a single man, you may meet the woman of your dreams now. If you are female, you may enjoy the company of other women. All one-to-one relationships run smoothly now.

**Scorpio** - Career is more demanding, pace picks up. There may be conflict between career demands and needs of home or parents. Your health is good, job runs smoothly. Look for some good news.

**Sagittarius** - You can have more fun now. Enjoy time spent with younger folk. Singing, dancing and music are good for you now. You benefit from time spent at home or with parents, elders.

**Capricorn** - You work to beautify your home now. Renovations should be successful. Parents, elders are good to you. Work on taxes, paying debts, and sharing resources. Expect good news soon.

**Aquarius** - You may be tempted to spend, but if you do, you'll regret. You want to spend on gaudy things of poor taste. You will probably hear good news from siblings or neighbours. Patience!

**Pisces** - More money would come your way for the next three weeks. Either that, or you will spend foolishly. It can go either way, it's an easy come, easy go phase. Watch your budget. Do taxes.

# Similkameen News Leader

## Tuesday Movies

### EVENING

8:00 pm WTBS (3) ★★★ "Good Will Hunting" (1997, Drama) Matt Damon. A therapist, a mathematician and working-class roughs vie for the soul of a janitor with a genius IQ.

9:00 pm KNOW (5) "Alice Neel" (2007, Documentary) Premiere. (E)  
10:30 pm WTBS (3) ★★★ "Feeling Minnesota" (1996, Comedy-Drama) Keanu Reeves. Two lowlife lovers and a dog flee with loot to Las Vegas with angry people on their trail. (E)

## Wednesday Movies

### EVENING

9:00 pm KNOW (5) "La Fille du"

Régiment" (1996, Comedy) Ewa Podles. Premiere. (E)

## Thursday Movies

### EVENING

8:00 pm WTBS (3) ★★★ "Murder at 1600" (1997, Suspense) Wesley Snipes. A homicide detective and a Secret Service agent investigate a secretary's murder in the White

House. (E)  
10:00 pm WTBS (3) ★★★ "Trading Places" (1983, Comedy) Dan Aykroyd. Sporting billionaire brothers reverse the roles of a Wall Street commodities broker and a street hustler. (E)

# Similkameen News Leader - Recipe Corner

Recipe #313

## So Nice Monkey Pancakes

(NC)—Start your day on the right foot with a delicious and nutritious banana pancake recipe your whole family will enjoy for breakfast.

### Ingredients

- 1 banana, mashed
- 1 1/4 cup (300 mL) So Nice Original soy beverage
- 1 tbsp (15 mL) maple syrup
- 1 cup (250 mL) flour - all purpose or whole wheat
- 2 tsp (10 mL) baking powder
- 1 banana, sliced

### Instructions

1. In medium bowl, combine mashed banana, So Nice Original soy beverage and maple syrup.
2. In measuring cup or small bowl, combine flour and baking powder and mix well. Add flour mixture to wet ingredients and stir just until smooth. Add sliced bananas, if desired.
3. Pour a small amount (about 1/4 cup) of batter for each pancake and cook until the tops bubble. Turn, cook the second side for about 1 minute. If desired, garnish with some slices of banana, a drizzle of maple syrup and hazelnuts. Makes about 8 pancakes.

Nutrition info per pancake: Calories 84, Protein 3.1 g, Fat 0.8 g, Carbohydrates 17.2 g, Dietary Fibre 2.1 g, Calcium 88 mg, Iron 0.8 mg, Niacin 86 mg.

More nutritious recipes can be found online at [www.sonice.ca](http://www.sonice.ca).

- News Canada

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Fax: (250) 295-4103

## Friday Movies

### EVENING

7:00 pm YTV (18) ★★★ "Hairspray" (2007, Musical Comedy) John Travolta. Premiere. In 1960s Baltimore a plump teen becomes an overnight celebrity after she wins a spot on a local dance program called "The Corny Collins Show." (In Stereo) (E)

7:30 pm FAM (26) "Free Style" (2009, Drama) Corbin Bleu. Premiere. A young man bucks the odds as he tries to win a coveted slot on the Grand National motocross racing team. (In Stereo)

8:00 pm WTBS (3) ★★★ "Trading Places" (1983, Comedy) Dan Aykroyd. Sporting billionaire brothers reverse the roles of a Wall Street commodities broker and a street hustler. (E)

9:00 pm FAM (26) ★★★ "Eddie's Million Dollar Cook-Off" (2003, Comedy) Taylor Ball. A 14-year-old

baseball prodigy tries to juggle the playoffs and a cooking contest in the same day. (In Stereo) (E)

9:30 pm YTV (18) ★★★ "Grease" (1978, Musical) John Travolta. Nice Sandy and greaser Danny try to be like each other in their 1950s high school. (In Stereo) (E)

10:30 pm WTBS (3) ★★★ "Gothika" (2003, Horror) Halle Berry. A criminal psychologist awakens to find herself confined in a penitentiary, accused of murdering her husband. (E)

FAM (26) ★★★ "Willy Wonka and the Chocolate Factory" (1971, Fantasy) Gene Wilder. A poor boy and his grandfather win a tour through a wily candymaker's marvelous factory. (In Stereo) (E)

11:00 pm SPIKE (44) ★½ "Lake Placid" (1999, Horror) Bill Pullman. A New York paleontologist goes to the backwoods of Maine and teams up with the local game warden to stop a 35-foot killer crocodile. (In Stereo)

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THURSDAY, MARCH 4, 2010

	WTBS (3)	CHBC (4)	KNOW (5)	KSPS (6)	KHQ (7)	KREM (8)	A&E (9)	KXLY (10)	BCTV (11)	CITY (12)	CBC (13)	YTV (18)	TSN (19)	VTV (22)	DISC (24)	FAM (26)	CITY (29)	SPIKE (44)	TROP (45)
6 AM	In the Heat of the Night	(5:30) Morning News (N)	Franklin	Thomas	News (N)	News	CSI: Miami	News	(5:30) Morning News (N)	(4:30) Morning News (N)	CBC News Now (N)	Being Ian	SportsCentre	Canada AM	Daily Planet	Henry's	CityLine	CSI: NY	Inside Box
6:30 AM	Cosby		George S.	Lions								Viva Piñata			Feet				Reality
7 AM	Cosby		Clifford the Big Red Dog	Arthur (E)	Today Jerry Seinfeld and Tom Papa.	The Early Show (N)	Cold Case Files	Good Morning America (N)			Dirtgirl	SpongeBob	SportsCentre		Mayday	Mickey	The Tyra Show	CSI: Crime Scn	Soap
7:30 AM	Harvey		(DVS)	Martha							Animal	Invasion			Mickey				Reality
8 AM	Fresh Pr.		Sid the Science Kid	Curious			The First 48			100 Huntley Street	Bo on Go	Pokemon	SportsCentre		Forensic Factor	Handy	Rachael Ray	CSI: Crime Scn	Comeback
8:30 AM	Fam. Feud	100 Huntley Street	Science Kld	Sid							Busytown	Rollbots			Handy				Whatever
9 AM	Fam. Feud		Super Why!	Dinosaur		The 700 Club	The First 48	Live With Regis & Kelly	100 Huntley Street	World Vision	Super Why!	Rolie Polie	Drug Racing: NHRA	Live With Regis & Kelly	Daily Planet	Agent Oso	Amazing	CSI: Crime Scn	Colin-Justin
9:30 AM	Fam. Feud		Dinosaur								News	Timothy							
10 AM	Reba	World Vision	Spider	Sesame Street (E)		The Price Is Right (N)	The First 48	The View (N)	World Vision	Debt Part	Poko	Berenstein	Kragen O'Reilly	The View (N)	How-Made	Mickey	The O.C.	CSI: Crime Scn	Whatever
10:30 AM	Reba		(10:30)							ET Canada	Doodlebop	Willa's	Wintematons	How-Made	Handy				Whatever
11 AM	Jim Name Earl	World Vision	Rolie Polie Berenstain	Clifford Sit-Be Fit	Ellen DeGeneres Show	Young & Restless	The Sopranos	Paid Prog.	World Vision	(10:59) Noon News Hour (N)	Gofrette	George S.	Billiards: Mosconi Cup	Fashion	The Colony	Phineas	CityLine	CSI: NY	Golden
11:30 AM	Just Shoot King	Noon News Hour (N)	Maggie	Charlie Rose	Naked	News	CSI: Miami	All My Children (N)	Noon News Hour (N)	Days of our Lives (N)	CBC News Now (N)	(12:05) Kid Mr. Men	Billiards: Mosconi Cup	etalk	Man vs. Wild	Wizards	The Bonnie Hunt Show	CSI: Crime Scn	3's Co.
12 PM	King	As the World Turns (N)	(1:01)	Simp Paint	Days of our Lives (N)	As the World Turns (N)	Cold Case Files	One Life to Live (N)	As the World Turns (N)	As the World Turns (N)	CBC News Special	(12:55) Viva Jacob	World Poker	Budget 2010 (Live)	Solv.History	Cory	Judge J.	CSI: Crime Scn	Seinfeld
1:30 PM	The Office	Young & Restless	Dinosaur	Quilting											Recess	Judge J.			Seinfeld
2 PM	The Office	Friends	Franklin	Barney	The Bonnie Hunt Show	Let's Make a Deal (N)	The First 48	General Hospital (N)	Young & Restless	The Doctors	Steven and Chris	Pearlie	Around	Dr. Phil	MythBusters	Replace	CityLine	CSI: Crime Scn	Golden
2:30 PM	Friends		BluesClues	WordWorld								Garfield	Interruptio		School				Golden
3 PM	Friends	The Doctors	(3:01) Little Bear	WordGirl	Judge	Dr. Phil	The First 48	Rachael Ray	The Doctors	Young & Restless	Recipes	(2:50) Kid League	Off-Record	(2:59) The Dr. Oz Show (N)	Cash Cab	Life Derek	CityNews at 6 (N)	CSI: Crime Scn	Soap
3:30 PM	Seinfeld		Electric	Judge							22 Minutes		Sports		Suite Life				Comeback
4 PM	Family Guy	Oprah Winfrey	Fetch! Ruff	Judge J.	Oprah Winfrey	The First 48	Deal No	Oprah Winfrey	(3:59) Early Global Nat.	Ghost Whisperer	SpongeBob	NHL Hockey: Toronto	Ellen DeGeneres Show	Daily Planet (N)	Phineas	Law & Order: SVU	UFC Unleashed	Reality	
4:30 PM	Family Guy		George S.	Cyberchas	Judge J.						OddParent	Maple Leafs at Boston Bruins.	CTV News at Five (N)	Dirty Jobs	Suite/Deck	Community	UFC Unleashed	Family Guy	
5 PM	Payne	Early News	(4:58)	BBC World	News (N)	News	The First 48	News	Early News	(4:59) News Hour (N)	CBC News: Vancouver (N)	OddParent	CTV News at Five (N)	Dirty Jobs	Montana	Purpose	TNA Wrestling (N)	Seinfeld	
5:30 PM	Payne	News	Martha	Business	NBC News	CBS News		ABC News	Global Nat.			SpongeBob		Dirty Jobs	Wizards	Family		Seinfeld	
6 PM	Law & Order: SVU	Global Nat.	Heads Up	PBS NewsHour (N)	Millionaire	Access H.	The First 48 (N)	News	(5:59) News Hour (N)	ET Canada	Coronation	Indie	SportsCentre	CSI: Crime Scn	MythBusters	Sonny	The Marriage Ref (N)	King	
6:30 PM	Seinfeld	Ent	Frontiers of	Golden Apple Awards	Jeopardy!	The Doctors	Manhunter	Ent	Ent	90210	Wheel	iCarly		CSI: Crime Scn	MythBusters	Overruled!	News	Players	Comeback
7:30 PM	Name Earl	ET Canada			Wheel		Manhunter	The Insider	ET Canada		Jeopardy!	Prank Ptrl	NHL Hockey: Canadiens at San Jose Sharks.	American Idol	Daily Planet	Overruled!	EP Daily	1,000-Lie	ET Canada
8 PM	Movie: "Murder at 1600"	Survivor: Hero	Going to Extremes	Sherlock Holmes	Community	Survivor: Hero	Manhunter	Grey's Anatomy	Survivor: Hero	Survivor: Hero	The Nature of Things	Malcolm	Chris	Grey's Anatomy (N)	Dirty Jobs	Wizards	Celebrity Fit Club	Trailers	Family Guy
8:30 PM	Movie: (1997) Wesley Snipes.	The Office (N)	Empire of the Word	MI-5	The Office (N)	CSI: Crime Scene	(9:01) The First 48	Grey's Anatomy (N)	The Office (N)	The Office (N)	Love, Hate	8 Rules	What I Like	Grey's Anatomy (N)	Dirty Jobs	Buzz	Fit Club		Family Guy
9:30 PM	Movie: "Trading Places"	90210	Movie: "Naked States"	Soundstage	The Marriage Ref (N)	The Mentalist (N)	(10:01) The First 48	(10:01) Private Practice (N)	90210	News Hour Final (N)	National	Family Biz	SportsCentre (Live)	The Mentalist (N)	Dirty Jobs	School	Coach	(10:04)	Seinfeld
10:30 PM	Movie: (1983) Dan Aykroyd.	CHBC News Final (N)	(2000)	Charlie Rose (N)	News (N)	News	Manhunter	News	News Hour Final (N)	Ent	(11:05) The Hour	Prank Ptrl	SportsCentre (Live)	CTV News	MythBusters	So Raven	Home Imp.	Unsolved Mysteries	70s Show
11:30 PM			Landscape	Jay Leno	Letterman	Manhunter		(11:35)		ET Canada		Fries That?		CTV News	Life Derek	Paid Prog.		King	

FRIDAY, MARCH 5, 2010

	WTBS (3)	CHBC (4)	KNOW (5)	KSPS (6)	KHQ (7)	KREM (8)	A&E (9)	KXLY (10)	BCTV (11)	CITY (12)	CBC (13)	YTV (18)	TSN (19)	VTV (22)	DISC (24)	FAM (26)	CITY (29)	SPIKE (44)	TROP (45)
6 AM	In the Heat of the Night	(5:30) Morning News (N)	Franklin	Bob Build	News (N)	News	CSI: Miami	News	(5:30) Morning News (N)	(4:30) Morning News (N)	CBC News Now (N)	Being Ian	SportsCentre	Canada AM	Daily Planet	Henry's	CityLine	CSI: NY	Inside Box
6:30 AM	Cosby		George S.	Lions								Viva Piñata			Feet				MakeBreak
7 AM	Cosby		Clifford the Big Red Dog	Arthur (E)	Today Lisa Kudrow; Curis Stone.	The Early Show (N)	CSI: Miami	Good Morning America (N)			Dirtgirl	SpongeBob	SportsCentre		Mayday "Ghost Plane"	Mickey	The Tyra Show	CSI: Crime Scn	Deal-No Deal
7:30 AM	S. Harvey		(DVS)	Martha							Animal	Garfield			Mickey				
8 AM	Fresh Pr.		Sid the Science Kid	Curious			CSI: Miami			100 Huntley Street	Bo on Go	Pokemon	SportsCentre		MythBusters	Handy	Rachael Ray	CSI: Crime Scn	6 Degrees
8:30 AM	Fam. Feud	100 Huntley Street	Science Kld	Sid							Busytown	Rollbots			Handy				Switch
9 AM	Fam. Feud		Super Why!	Dinosaur		The 700 Club	CSI: Miami "Bloodline"	Live With Regis & Kelly	100 Huntley Street	Hospital for Sick Kids	Super Why!	Rolie Polie	2009 World Series of Poker Main Event, from Las Vegas.	Live With Regis & Kelly	Daily Planet	Franny	Role	CSI: Crime Scn	Colin-Justin
9:30 AM	Fam. Feud		Dinosaur								News	Timothy							
10 AM	Reba	World Vision	Spider	Sesame Street (E)		The Price Is Right (N)	Criminal Minds	The View (N)	World Vision	Debt Part	Poko	Berenstein	Kragen O'Reilly	The View (N)	How-Made	Mickey	The O.C.	CSI: Crime Scn	Whatever
10:30 AM	Reba		(10:30)							ET Canada	Doodlebop	Willa's	Wintematons	How-Made	Handy				Whatever
11 AM	Jim Name Earl	World Vision	Rolie Polie Berenstain	Clifford Sit-Be Fit	Ellen DeGeneres Show	Young & Restless	The Sopranos	Paid Prog.	World Vision	(10:59) Noon News Hour (N)	Gofrette	George S.	Billiards: Mosconi Cup	Fashion	Junk Raiders	Phineas	CityLine	CSI: NY	Golden
11:30 AM	Just Shoot King	Noon News Hour (N)	Maggie	Charlie Rose	Naked	News	CSI: Miami	All My Children (N)	Noon News Hour (N)	Days of our Lives (N)	CBC News Now (N)	(12:05) Kid Mr. Men	Billiards: Mosconi Cup	etalk	Dirty Jobs	Wizards	The Bonnie Hunt Show	CSI: Crime Scn	3's Co.
12 PM	King	As the World Turns (N)	(12:38)	Wyland's B Organic	Days of our Lives (N)	As the World Turns (N)	CSI: Miami	One Life to Live (N)	As the World Turns (N)	As the World Turns (N)	Heartland (DVS)	(12:55) Viva Jacob	Speed	Sue Thomas: F.B. Eye	Dirty Jobs	Cory	Judge J.	CSI: Crime Scn	Seinfeld
1:30 PM	The Office	Young & Restless	Dinosaur	Quilting										Recess	Judge J.				Seinfeld
2 PM	The Office	Friends	Franklin	Barney	The Bonnie Hunt Show	Let's Make a Deal (N)	CSI: Miami	General Hospital (N)	Young & Restless	The Doctors	Steven and Chris	Pearlie	Around	Dr. Phil	MythBusters	Replace	CityLine	CSI: Crime Scn	Golden
2:30 PM	Friends		BluesClues	WordWorld								Garfield	Interruptio		School				Golden
3 PM	Friends	The Doctors	(3:02) Little Bear	WordGirl	Judge	Dr. Phil	CSI: Miami "Bloodline"	Rachael Ray	The Doctors	Young & Restless	Recipes	(2:50) Kid League	Off-Record	(2:59) The Dr. Oz Show (N)	Cash Cab	Life Derek	CityNews at 6 (N)	CSI: Crime Scn	Deal-No Deal
3:30 PM	Seinfeld		Electric	Judge							Red Green		Sports		Suite Life				
4 PM	Family Guy	Oprah Winfrey	Fetch! Ruff	Judge J.	Oprah Winfrey	Criminal Minds	Deal No	Oprah Winfrey	(3:59) Early Global Nat.	Ghost Whisperer	SpongeBob	NBA Basketball: New York Knicks at Toronto Raptors.	Ellen DeGeneres Show	Daily Planet (N)	Phineas	Murdoch Mysteries	UFC Fight Night	6 Degrees	
4:30 PM	Family Guy		George S.	Cyberchas	Judge J.						OddParent		CTV News at Five (N)	Dirty Jobs	Suite/Deck	Who Do You		Family Guy	
5 PM	Payne	Early News	(4:58)	BBC World	News (N)	News	Criminal Minds	News	Early News	(4:59) News Hour (N)	CBC News: Vancouver (N)	OddParent	CTV News at Five (N)	Dirty Jobs	Montana	Purpose	TNA Wrestling (N)	Seinfeld	
5:30 PM	Payne	News	Martha	Business	NBC News	CBS News		ABC News	Global Nat.			SpongeBob		Dirty Jobs	Wizards	Family		Seinfeld	
6 PM	Law & Order: SVU	Global Nat.	Animals	PBS NewsHour (N)	Millionaire	Access H.	Criminal Minds "Lo-Fi"	News	(5:59) News Hour (N)	ET Canada	Coronation	Indie	SportsCentre (Live)	CSI: Crime Scn	MythBusters	Sonny	The Marriage Ref (N)	King	
6:30 PM	Seinfeld	Ent	Shadow-Chief	Wash. McLaughlin	Jeopardy!	The Doctors	Criminal Minds	Ent	Ent	NUMB3RS (N)	Wheel	Movie: "Hairspray" (2007) John Travolta.	Off-Record	etalk	Man vs. Wild	Zeke	Supernanny (N)	Best of PRIDE Fighting	Cleveland
7:30 PM	Name Earl	ET Canada			Wheel			The Insider	ET Canada		Jeopardy!		Hockey	Access H.	Machines of Malice	Murdoch Mysteries	Best of PRIDE Fighting	70s Show	
8 PM	Movie: "Trading Places"	X-Weighted "Daniel"	Poirot (N)	Bill Moyers Journal (N)	Who Do You	Ghost Whisperer (N)	Criminal Minds	Supernanny (N)	X-Weighted "Daniel"	X-Weighted "Daniel"	Mercer	Movie: "Grease" (1978, Musical) John Travolta.	Off-Record	etalk	Man vs. Wild	Eddie's Million Dollar Cook-Off	Coach	CSI: Crime Scn	Cleveland
8:30 PM	Movie: (1983, Comedy) Dan Aykroyd.	Shark Tank	Datziel and Pascoe	NOW, PBS Moment	Dateline NBC	Medium (N)	(9:01) Criminal Minds	20/20	Shark Tank	Shark Tank	fifth estate	Movie: "Grease" (1978, Musical) John Travolta.	Boxing	The Bridge Frank organizes a walk-out strike.	Man vs. Wild	Real Chance of Love	Judge	Unsolved Mysteries	Family Guy
9:30 PM	Movie: "Gothika" (2003) Halle Berry.	NUMB3RS (N)	Elizabeth Smart: Angels	At Close Range	NUMB3RS (N)	NUMB3RS	(10:01) Criminal Minds "Lo-Fi"	20/20	NUMB3RS (N)	News Hour Final (N)	National	John Travolta.	Boxing	Man vs. Wild	Willy Wonka & Chocolate	Home Imp.	Movie: "Lake Placid"	70s Show	
10:30 PM	Movie: (2003) Halle Berry.	CHBC News Final (N)	Hands of History	Globe Trekker	News (N)	News	(11:01) Criminal Minds	News	News Hour Final (N)	Ent	(11:05) The Hour		SportsCentre (Live)	CTV News	Life Derek	Paid Prog.		King	
11:30 PM					Jay Leno	Letterman		(11:35)		ET Canada				CTV News					



# News Leader Puzzle Page

## CARTER'S Sudoku Challenge

CREATED FOR THE NEWS LEADER BY CARTER BOSWELL

### HOW TO PLAY:

Sudoku is a game of logic. There is no math involved. The object of the game is to fill the grid so that the numbers 1 through 9 appear only once in each row, column and 3 x 3 box. The numbers can appear in any order and Carter has left you some clues below.

#### CHALLENGE #275 - Rated Easy

2	1		5					7
			9	1	4			2
			3					
	2			3			9	
1	5	9		8		7	4	3
	3		5				6	
			4					
8			7	6	5			
7			2				5	9

#### CHALLENGE #276 - Rated Hard

	8	6		4	7			
			6					4
1							6	9
	5			8	2			
	7	1				3	8	
			7	9			4	
3	9							5
2				8				
			5	6		2	3	

THIS WEEK'S SOLUTIONS:  
Page 18

Carter's Sudoku Challenge grids, puzzles and solutions copyright 2009 Carter Boswell, Princeton, BC and published by Similkameen News Leader

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Similkameen News Leader

## Saturday Movies

### MORNING

6:00 am SPIKE (44) "Today You Die" (2005, Action) Steven Seagal. A world-class thief escapes from prison to exact revenge on the partners who doubled-crossed him. (In Stereo) (R)

8:30 am WTBS (3) ★★½ "Blue Chips" (1994, Drama) Nick Nolte. Corrupt recruiting practices cast a cloud over a college basketball coach's discovery of three amazing players.

### AFTERNOON

12:00 pm FAM (26) "Minutemen" (2008, Comedy) Jason Dolley. Three high-school outcasts face unexpected

problems when they use a time machine to change the past. (In Stereo) (R)

1:00 pm A&E (9) ★★ "Striking Distance" (1993, Suspense) Bruce Willis. An alienated Pittsburgh police officer and his new partner on the River Rescue Squad hunt a serial killer. (R)

1:30 pm FAM (26) "Stuck in the Suburbs" (2004, Comedy-Drama) Danielle Panabaker. Two friends set out to reveal the true persona of a pop star whose flashy image was manufactured by his record company. (In Stereo) (R)

5:00 pm WTBS (3) ★★ "The Patriot" (2000, War) Mel Gibson. A pacifist farmer of South Carolina reluctantly joins the Revolutionary

War and fights alongside his son. (R)

### EVENING

6:00 pm CITY (29) "Butterfly on a Wheel" (2007, Suspense) Pierce Brosnan. After kidnapping the daughter of a couple, a man forces the two to comply with a series of daunting tasks. (DVS) (R)

7:00 pm CITY (12) "A Woman's Rage" (2008, Suspense) Brandy Ledford. Premiere. Jilted by her latest beau, one woman vows revenge against another by stealing away the latter's teenage son. (R)

8:00 pm WTBS (3) ★★ "The Patriot" (2000, War) Mel Gibson. A pacifist farmer of South Carolina reluctantly joins the Revolutionary War and fights alongside his son. (R) CHBC (4) BCTV (11) "A Woman's Rage" (2008, Suspense) Brandy Ledford. Premiere. Jilted by her latest beau, one woman vows revenge against another by stealing away the latter's teenage son. (R)

9:00 pm FAM (26) ★★ "Michael" (1996, Drama) John Travolta. Tabloid employees investigate a rumor about an angel and find a surprising creature with healing powers and a lot of sex appeal. (In Stereo) (R)

10:45 pm FAM (26) ★½ "Vegas Vacation" (1997, Comedy) Chevy Chase. Clark and Ellen Griswold's disastrous family outing includes a visit with boorish Cousin Eddie. (In Stereo) (R)

11:00 pm WTBS (3) ★½ "Hard Rain" (1998, Action) Morgan Freeman. A thief, a sheriff and the nephew of an armored-truck driver seek money bags in a flooding Indiana town. (R)

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## Sunday Movies

### MORNING

8:00 am WTBS (3) ★★ "Man of the House" (2005, Comedy) Tommy Lee Jones. A taciturn Texas Ranger goes under cover as a coach to protect a group of college cheerleaders who witnessed a murder.

10:00 am WTBS (3) ★★ "Freaky Friday" (2003, Comedy) Jamie Lee Curtis. Two fortune cookies cause an engaged psychotherapist and her teenage daughter to magically exchange bodies. (R)

### AFTERNOON

12:00 pm YTV (18) "Spectacular!" (2009, Drama) Nolan Gerard Funk. A teen joins a band that competes in a national championship. (In Stereo) (R)

FAM (26) ★★ "Max Keeble's Big Move" (2001, Comedy) Alex D. Linz. When his parents announce they are moving, a schoolboy decides to take revenge against his tormentors. (In Stereo) (R)

1:30 pm FAM (26) "The New Adventures of Spin and Marty" (2000, Adventure) David Gallagher. Two newfound friends spy on a pair of creepy neighbors in this updated

version of the 1950s serial. (In Stereo) (R)

2:00 pm WTBS (3) ★½ "Boat Trip" (2003, Comedy) Cuba Gooding Jr. Two skirt-chasing buddies discover too late that their travel agent has booked them on an all-gay cruise. (R)

YTV (18) ★★ "Raise Your Voice" (2004, Drama) Hilary Duff. A small-town teenager defies her father and heads to Los Angeles to study at a performing arts school. (In Stereo) (R)

4:00 pm WTBS (3) ★★ "300" (2007, Action) Gerard Butler. Badly outnumbered Spartan warriors clash with the Persian army at the Battle of Thermopylae. (R)

YTV (18) ★★ "Sister Act 2: Back in the Habit" (1993, Musical Comedy) Whoopi Goldberg. Premiere. A Las Vegas singer teaches a mother superior's flock how to rock and save the school from closure. (In Stereo) (R)

5:00 pm CBC (13) ★★ "Enchanted" (2007, Fantasy) Amy Adams. Live action/animated. Banished by an evil queen, a princess from a fairytale world lands in modern Manhattan, where music, magic and

"happily ever after" are sorely lacking. (In Stereo) (R)

### EVENING

6:30 pm WTBS (3) ★★ "The Devil's Advocate" (1997, Suspense) Keanu Reeves. After moving to New York, a lawyer and his wife gradually learn his new employer's true identity.

YTV (18) ★★ "Hairspray" (2007, Musical Comedy) John Travolta. In 1960s Baltimore a plump teen becomes an overnight celebrity after she wins a spot on a local dance program called "The Corny Collins Show." (In Stereo) (R)

8:00 pm CBC (13) "Marple: They Do It With Mirrors" (2009, Mystery) Julia McKenzie. Miss Marple investigates the murder of a man during a dress rehearsal. (In Stereo) (R)

8:30 pm KHQ (7) ★★ "Bad Boys II" (2003, Action) (PA) Martin Lawrence. Two detectives uncover a conspiracy involving a drug kingpin while trying to stop the trafficking of Ecstasy in Miami. (In Stereo) (R)

9:00 pm FAM (26) ★★ "Richie Rich" (1994, Comedy) Macaulay Culkin. The boy zillionaire saves his parents and Rich Industries from a scheming executive. (In Stereo) (R)

9:30 pm WTBS (3) ★½ "Boat Trip" (2003, Comedy) Cuba Gooding Jr. Two skirt-chasing buddies discover too late that their travel agent has booked them on an all-gay cruise. (R)

10:34 pm FAM (26) ★½ "Lost & Found" (1999, Romance-Comedy) David Spade. To spend time with an attractive neighbor, a man kidnaps her dog, which proceeds to swallow a valuable ring. (In Stereo) (R)

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SATURDAY, MARCH 6, 2010

	WTBS (3)	CHBC (4)	KNOW (5)	KSPS (6)	KHQ (7)	KREM (8)	A&E (9)	KXLY (10)	BCTV (11)	CITY (12)	CBC (13)	YTV (18)	TSN (19)	VTV (22)	DISC (24)	FAM (26)	CITY (29)	SPIKE (44)	TROP (45)
6 AM	Paid Prog.	Hunter	Wibbly Pig	Heartland	Today (N)	(5:00) The Early Show (N)	Sell House	Paid Prog.	Hunter	Fishing	News	Grossology	SportsCentre	OWL/TV Kingdom	Canada's Worst Driver	Agent Oso	CHIN	Movie: "Today You Die" (2005)	TBA
6:30 AM	Paid Prog.	That News	Franklin	Fly Tying			Sell House	Hometime	That News	Fishn	Busytown	Rollbots				Agent Oso	Dharti	Steven Seagal	Friends
7 AM	Paid Prog.	Saturday Morning News (N)	(7:05) Little Clifford	MotorWeek	News (N)	Busytown	Self House	Good Morning America	Saturday Morning News (N)	Saturday Morning News (N)	Animal	OddParent	Sportfish	Anne	Man vs. Wild	Agent Oso	Eye on Asia		Friends
7:30 AM	Paid Prog.			Travels		Noonbory	Self House	Emperor			Super Why!	OddParent	Motoring	Anne		Agent Oso			Friends
8 AM	Jim		George S.	Woodsmith		Busytown	Flip This House	Replace			Razzberry	SpongeBob	SnowTrax	Kids	Naked Science	Phineas	Polish Studio	Xtreme 4x4	Family Guy
8:30 AM	Movie: "Blue Chips" (1994, Drama) Nick Nolte.		Bus	Hometime		Sabrina	House				Goldfish	Kid vs. Kat	Motorcycle	Hobo		Suite/Deck		Horse.	Family Guy
9 AM			(8:58) Arthur (DVS)	Woodshop		College Basketball: West	Flip This House	Rangers		Driving TV	Kilimanjaro	Penguins	Yachting	Hobo	Cash Cab	I'm in Band	Travels	Trucks!	'70s Show
9:30 AM				Old House				Rangers		Fishing		Penguins	Auto Race: Targa	Inst'l Star	How-Made	Wizards	Planet	MuscleCar	King
10 AM		Fishn		Old House	Gymnastics: American Cup. (Live)	Virginia at Villanova.	Flip This House	Montana	Fishn	Powerboat	Fashion	SpongeBob		Amnesty International	Canada's Worst Driver	Zeke	Hockey	Ways Die	Parking
10:30 AM	College Basketball: Auburn at Alabama. (Live)	Fishing	Spider	Kitchen				Suite Life	Fishing	Tradition	Antiques	SpongeBob	Speed			Sonny	Tow Biz	Ways Die	Parking
11 AM		Powerboat	Rolie Polie Olie	Christina		College Basketball: Kansas at Missouri.	Flip This House	Rangers	Powerboat	Simpsons	Skling	OddParent	Curling: 2010 Tim Hortons	Is Written	Junk	Zoey 101	EP Weekly	Xtreme 4x4	Launch My Line
11:30 AM		Tradition		Food				Rangers	Tradition	Simpsons		League	Pringle	Raiders		Montana	Reviews	Horse.	
12 PM		News	(12:01) Cook	PGA Tour Golf: Honda Classic, Third Round. (Live)			Flip This House	Paid Prog.	News	PGA Tour Golf: Honda Classic, Third Round. (Live)		OddParent	Brier, Draw 1. From Halifax. (Live)	To Be Announced	Destroyed	Movie: "Minutemen" (2008)	Amazing	Trucks!	Flipping Out
12:30 PM		PGA Tour Golf: Honda Classic, Third Round.	(12:32) Zohoomafo o "Families" (DVS)	Garden		College Basketball: UCLA at Arizona State.	Movie: "Striking Distance" (1993) Bruce Willis.	NASCAR The Insider			Skling	The Fairly OddParents		Living Life	Dirty Jobs	Movie: "Stuck in the Suburbs"	Kaya	Ways Die	Survivor: Hero
1 PM	College Basketball: Mississippi at Arkansas.		Franklin	The New Affluence: Money Helps on the Way				Shark Tank				SpongeBob	SportsCentre (Live)	Car Buss	MythBusters	Travels	Disorderly Con.	Parking	
2 PM			(2:35) Little Bear									SpongeBob		Frisky					
3 PM	The Office	Simpsons	Martha		Athlete	Paid Prog.	CSI: Miami	Madness	Simpsons	Family Guy	National	SpongeBob		Sue Thomas: F.B.Eye	Cash Cab	Suite Life	Amazing	Disorderly Con.	Re-Vamped
3:30 PM	The Office	Simpsons			Turbo	Paid Prog.			Simpsons	Family Guy	HNIC	SpongeBob	Curling: 2010 Tim Hortons	Madonna	Cash Cab	Stone	Cooking	UFC 89: Bisping vs Leben	Survivor: Hero
4 PM	Payne	Family Guy	Arthur	European	Sheldon	Busytown	CSI: Miami "Inside Out"	Awards	Family Guy	Family Guy	NHL Hockey: Toronto	Drake	Brier, Draw 2. From Halifax. (Live)	etalk Oscar	Destroyed	Sonny	G. Martin	Bisping takes on Leben. From	Friends
4:30 PM	Payne	Family Guy	(4:35) George S.	Visions of Canada	Penguins	Noonbory	Academy Awd.	ABC News	Family Guy	Global Nat.	Maple Leafs at Ottawa Senators. (Live)	Drake		etalk Oscar	Destroyed	Montana	Out There	England.	Family Guy
5 PM	Movie: "The Patriot" (2000, War)		(5:28) Art		News (N)	News	CSI: Miami		Family Guy	(4:59) News Hour (N)		Drake		etalk Oscar	Destroyed	Montana	Out There	England.	Family Guy
5:30 PM					NBC News	CBS News		ABC News	Global Nat.			Drake		etalk Oscar	Destroyed	Montana	Out There	England.	Family Guy
6 PM	Mel Gibson, Heath Ledger.	Global Nat.	Profiles of Nature	Pat Boone: Love Letters	News	News	CSI: Miami	News	(5:59) News Hour (N)	reganade		iCarly	SportsCentre (Live)	CTV News (N)	Dirty Jobs	(6:01) Jonas	"Butterfly on a Wheel"	UFC: Best of 2009	6 Degrees
6:30 PM					Paid Prog.	Scrubs		Oscars	Jane Show			iCarly		W5 (DVS)	Verminator (N)	Suite/Deck	(2007) (DVS)		Torrens
7 PM		reganade	National Geographic	Rain: A Tribute to the Beatles	CSI: NY "The Ride-In"	Grey's Anatomy	CSI: Miami "Chip/Tuck"	Entertainment Tonight	Jane Show	Movie: "A Woman's Rage" (2008)	NHL Hockey: Montreal	iCarly		Westminster Kennel Club Dog Show: Opening Night. (Taped)	Law & Order (N)	Ghost Lab	Suite Life	Crusoe	Bob-Doug
7:30 PM		Jane Show			Parenthood "Pilot"	NCIS Citywide blackout.	CSI: Miami	20/20	Movie: "A Woman's Rage" (2008)	Love-Death	Canadiens at Los Angeles Kings.	iCarly		The Bridge Frank organizes a walk-out strike.	Criss Angel Mindfreak	Movie: "Michael" (1996)	Real Chance of Love	UFC 89: Bisping vs Leben	Family Guy
8 PM	Movie: "The Patriot" (2000, War)	Movie: "A Woman's Rage" (2008)	Heartbeat	SCTV Golden Classes	Law & Order	CSI: Miami	(9:01) CSI: Miami	Oprah Winfrey	Love-Death	News Final	HNIC: After Hours	Frank Ptrl	Survive	Destroyed	(10:45) Movie: "Vegas Vacation"	Role			Family Guy
8:30 PM				Mike Neun	Law & Order: SVU	48 Hours Mystery (N)	(10:01) CSI: Miami	Castle "Deep in Death"	The G-Spot	Driving TV	News	Ghost		Destroyed					Family Guy
9 PM	Mel Gibson, Heath Ledger.	Love-Death	Midsomer Murders "Small Mercies" (N)		Law & Order: SVU														Family Guy
9:30 PM		The G-Spot																	Family Guy
10 PM	Movie: "Hard Rain"	News Final	Elizabeth Smart: Angels	Austin City Limits	News (N)	News	(11:01) CSI: Miami "Chip/Tuck"	Inside Edit.	News Final	(10:58) J.R.	Hockey Night: Replay	Adrenaline	SportsCentre (Live)	CTV News	Verminator	Role			'70s Show
10:30 PM		SNL			SNL	(11:35) Cold		Paid Prog.	SNL	SNL		Mystery		CTV News		Reviews			King

SUNDAY, MARCH 7, 2010

	WTBS (3)	CHBC (4)	KNOW (5)	KSPS (6)	KHQ (7)	KREM (8)	A&E (9)	KXLY (10)	BCTV (11)	CITY (12)	CBC (13)	YTV (18)	TSN (19)	VTV (22)	DISC (24)	FAM (26)	CITY (29)	SPIKE (44)	TROP (45)
6 AM	Sports	World	Wibbly Pig	Mr Rogers	Today (N)	Paid Prog.	Private Sessions	Paid Prog.	World	Hunter	Super Why!	Grossology	Sports	Daily Planet	Japan's Ghost Fleet	Agent Oso	Travels	MuscleCar	TBA
6:30 AM	Saved-Bell	Fishful	Franklin	Angelina		Paid Prog.		Paid Prog.	Fishful	Fishn	Coronation	Rollbots	Curling: 2010 Tim Hortons	Sue Thomas: F.B.Eye	Cash Cab	Agent Oso	Planet	MuscleCar	Paid Prog.
7 AM	Saved-Bell	Fishing	(7:05) Little Clifford	Zula Patrol	News (N)	CBS News Sunday Morning (N)	The Sopranos	Good Morning America	Fishing	Canada	Coronation	Casper	Brier, Draw 3. From Halifax. (Live)	Inst'l Star	Cash Cab	Agent Oso	Eye on Asia	MuscleCar	Friends
7:30 AM	JJ Atlanta	Canada		Big World	Northwest	Nation	The Sopranos	This Week (N)	Canada (Off Air)	Coronation	Pearlie				Cash Cab	Agent Oso	Unique	Friends	
8 AM	Movie: "Man of the House" (2005, Comedy)	Sunday Morning News (N)	George S.	Dragonfly	Meet the Press (N)	Nation	The Sopranos	This Week (N)	Tribal Trail	Coronation	Garfield	Kid vs. Kat	(Live)	Is Written	Cash Cab	Phineas	Eye-Asia	Xtreme 4x4	Seinfeld
8:30 AM			Bus	Fetch! Ruff					Living	Coronation				Nature	Mayday	I'm in Band	Festival Italiano di Johnny Lombardi (In Italian)	Trucks!	'70s Show
9 AM			(8:58) Arthur Stage fright; argument.	Biz Kid\$	NIHL	College Basketball: Florida at Kentucky.	The Sopranos	Mithws	Hour of Power	NBA Basketball: Philadelphia	SpongeBob	Reporters	Sick Kids			Wizards	Lombardi	MuscleCar	King
9:30 AM					Hockey: Regional Coverage. (Live)			Wall Street		76ers at Toronto Raptors. (N)	Mighty B	Billiards: Trick	Jeff's Adv.	Breaking Point "House"	Zeke	Sonny		MuscleCar	Shark Tank
10 AM	Movie: "Freaky Friday" (2003) Jamie Lee Curtis.	Driving TV	Rolie Polie Olie	Life	College Basketball		Billy	NBA	Hour of Power	Simpsons	iCarly	Curling: 2010 Tim Hortons	Question Period	The Baby Mammoth	Montana	Hockey	Xtreme 4x4	Dog Whisperer	
10:30 AM		Listen Up		Europe Jrnl			Billy	NBA	Hour of Power	Simpsons	iCarly				Montana	Tow Biz	Horse.		
11 AM	King	News	(12:01) Lilly	Globe Trekker	PGA Tour Golf: Honda Classic, Final Round. (Live)	College Basketball: Michigan at Michigan State.	Billy	Basketball: Los Angeles Lakers at Orlando Magic. (N)	News	PGA Tour Golf: Honda Classic, Final Round. (Live)	Land Sea	Movie: "Spectacular!" (2009)	Nolan Gerard Funk.	etalk Oscar Special	Funnest Animals	Movie: "New Adventures Spin"	Without a Trace	Disorderly Con.	Hoarders
11:30 AM	King	PGA Tour Golf: Honda Classic, Final Round.	Zohoomafo o "Families" (DVS)	To Be Announced			Billy		PGA Tour Golf: Honda Classic, Final Round. (Live)		Steven and Chris	Movie: "Raise Your Voice" (2004)	etalk Oscar	Cash Cab	Suite Life	Role	Die	Project Runway Canada	
1 PM	Seinfeld		Franklin	Christiane Northrup: Menopause and Beyond	Paid Prog.	Paid Prog.	Dog	Bsktbl	Simpsons	Family Guy	Breeze (N)	Hilary Duff.	Curling: 2010 Tim Hortons	etalk at the Oscars (Live)	MythBusters	Stone	Murdoch Mysteries (DVS)	Die	Hoarders
1:30 PM	Seinfeld																		
2 PM	Movie: "Boat Trip" (2003) Cuba Gooding Jr.	Simpsons	Martha		Paid Prog.	Paid Prog.	Dog	At-Movies	Simpsons	Family Guy	Jeopardy!	Movie: "Sister Act 2: Back in the Habit" (1993) Amy Adams. (N)	Movie: "Enchanted" (2007) Amy Adams. (N)	Oscars	To Be Announced	Sonny	Die	Rescue Ink	
2:30 PM																			
3 PM	Gerard Butler, Lena Headey.	Global Nat.	(5:28) Art	Entertainm	News	CBS News	Dog	The 82nd Annual Academy Awards (Live)	Global Nat.	(4:59) News Hour (N)	Movie: "Enchanted" (1993) Amy Adams. (N)	Premiere.	The 82nd Annual Academy Awards (Live)			(6:01) Jonas	Murdoch Mysteries	Die	Flipping Out
3:30 PM																			
4 PM	Movie: "The Devil's Advocate" (1997, Suspense)	16:9	National Geographic	When Irish Eyes Are Smiling: Irish	Dateline NBC	60 Minutes (N)	Dog the Bounty Hunter		16:9	Simpsons	Heartland (N)	Hairspray (2007) John Travolta, Nikki Blonsky. (N)	Westminster Kennel Club Dog Show: Closing Night. (Taped)	MythBusters	Suite/Deck	Hot Toxic Love	Entourage	Big Flip	
4:30 PM																			
5 PM																			
6 PM																			
7 PM																			
8 PM																			
8:30 PM																			
9 PM																			
9:30 PM																			
10 PM																			
10:30 PM																			
11 PM																			
11:30 PM	Chopper	16:9	Empire of the Word	Justice: Right	(11:08) Paid Prog.	News	(11:01) Dog the Bounty Hunter	News	J. Kimmel	16:9	Paid Prog.	Doc Zone	Mystery	CTV News	MythBusters	Movie: "Lost & Found"	Body Tech	Disorderly Con.	King



MONDAY, MARCH 8, 2010

	WTBS (3)	CHBC (4)	KNOW (5)	KSPS (6)	KHQ (7)	KREM (8)	A&E (9)	KXLY (10)	BCTV (11)	CITY (12)	CBC (13)	YTV (18)	TSN (19)	VTV (22)	DISC (24)	FAM (26)	CITY (29)	SPIKE (44)	TROP (45)
6 AM	In the Heat of the Night	(5:30) Morning News (N)	Franklin George S.	Bob Build Lions	News (N)	News	CSI: Miami "Lost Son"	News	(5:30) Morning News (N)	(4:30) Morning News (N)	CBC News Now (N)	Being Ian	Sports	Canada AM	Daily Planet	Henry's Feet	CityLine	CSI: NY	Inside Box Switch
7 AM	Cosby		Clifford the Big Red Dog (DVS)	Arthur (EI) Martha	Today (N)	The Early Show (N)	Cold Case Files	Good Morning America (N)			Dirtgirl	SpongeBob	Curling: 2010 Tim Hortons		Mayday	Mickey Mickey	The Tyra Show	CSI: Crime Scn	Carlawood Parker
8 AM	S. Harvey		Sid the Science Kid Sid is growing.	Sid			The First 48		100 Huntley Street	100 Huntley Street	Bo on Go	Pokemon	6. From Halifax. (Live)	Canada's Worst Driver	Handy Handy	Rachael Ray	CSI: Crime Scn	Re-Vamped	
9 AM	Fam. Feud	100 Huntley Street		Super Why! Dinosaur		The 700 Club	The First 48	Live With Regis & Kelly	World Vision	World Vision	Super Why!	Rolie Polie		Live With Regis & Kelly	Daily Planet	Agent Oso	Amazing	CSI: Crime Scn	Colin-Justin
10 AM	Reba	Hospital for Sick Kids	Spider (10:36)	Sesame Street (EI)		The Price Is Right (N)	Criminal Minds	The View (N)	Hospital for Sick Kids	Debt Part	Poko	Berenstein	Dog Challenge	The View (N)	How-Made	Mickey Handy	The O.C.	CSI: Crime Scn	Whatever
11 AM	Jim Name Earl	World Vision	Rolie Polie Berenstain	Clifford Sit-Be Fit	Ellen DeGeneres Show	Young & Restless	The Sopranos	Paid Prog.	World Vision	(10:59) Noon News Hour (N)	Gofrette	George S.	Curling: 2010 Tim Hortons	Fashion Factor	Forensic	Phineas Suite Life	CityLine	CSI: NY	Golden
12 PM	Just Shoot King	Noon News Hour (N)	Maggie (12:37)	Charlie Rose	Paid Prog.	News	CSI: Miami "Lost Son"	All My Children (N)	Noon News Hour (N)	Days of our Lives (N)	CBC News Now (N)	(12:05) Kid Mr. Men	Brier, Draw 7. From Halifax. (Live)	etalk	License to Drill	Wizards	The Bonnie Hunt Show	CSI: Crime Scn	3's Co. Ellen
1 PM	The Office	As the World Turns (N)	(1:02) Dinosaur	Pat Boone: Love Letters	Days of our Lives (N)	As the World Turns (N)	Cold Case Files	One Life to Live (N)	As the World Turns (N)	As the World Turns (N)	India Reborn	(12:55) Viva Jacob		Sue Thomas: F.B. Eye	Dirty Jobs	Cory Recess	Judge J.	CSI: Crime Scn	Seinfeld
2 PM	The Office Friends	Young & Restless	Franklin BluesClues		The Bonnie Hunt Show	Let's Make a Deal (N)	The First 48	General Hospital (N)	Young & Restless	The Doctors	Steven and Chris	Pearlie	Around Off-Record	Dr. Phil	MythBusters	Replace School	CityLine	CSI: Crime Scn	Golden
3 PM	Friends Seinfeld	The Doctors	(3:01) Little Bear	WordGirl Electric	Judge Judge	Dr. Phil	The First 48	Rachael Ray	The Doctors	Young & Restless	Recipes Sophie	(2:50) Kid League	Sports	(2:59) The Dr. Oz Show	Worst Handyman	Life Derek Suite Life	CityNews at 6 (N)	CSI: Crime Scn	Carlawood Parker
4 PM	Family Guy	Oprah Winfrey	George S.	Fetch! Ruff Cyberchas	Judge J.	Oprah Winfrey	Criminal Minds	Deal No	Oprah Winfrey	(3:59) Early Global Nat.	Ghost Whisperer	SpongeBob	Brier, Draw 8. From Halifax. (Live)	CTV News at Five (N)	MythBusters	Suite/Deck Zoey 101	Law and Order	UFC Fight Night	Re-Vamped
5 PM	Payne	Early News	(4:57) BBC World	PBS NewsHour (N)	News (N)	News	Intervention "Sandra"	ABC News	Global Nat.	(4:59) News Hour (N)	CBC News: Vancouver (N)	OddParent		CTV News (N)	Dirty Jobs (N)	Montana Wizards	The Bachelor "Jason and Molly's Wedding"	TNA Wrestling	Flipping Out
6 PM	Monica	Global Nat.	Mechanics	NewsHour (N)	News (N)	News	Intervention	News	(5:59) News Hour (N)	ET Canada	Coronation	Indie	SportsCentre (Live)	etalk	Motor City Motors (N)	Sonny Suite Life	Chuck (N)	Launch My Line	
7 PM	Seinfeld Name Earl	ET Canada	Recreating Landscape	More Funny Ladies	Jeopardy!	The Doctors	Hoarders	Ent The Insider	Ent ET Canada	Cold Blood	Wheel Jeopardy!	iCarly	Hockey	Access H.	Motor City Motors (N)	Sonny Suite Life	Chuck (N)	Launch My Line	
8 PM	Law & Order: SVU	House "Private Lives"	Art of the Heist	Rain: A Tribute to the Beatles	Chuck (N)	How I Met Rules	Paranormal	The Bachelor "Jason and Molly's Wedding"	House "Private Lives"	House "Private Lives"	18 to Life Mosque	Chris	Sports Off-Record	Hiccups (N)	Daily Planet	Overruled! Montana	News EP Daily	(8:08) TNA Epics "X-Division"	Parker ET Canada
9 PM	Movie: "Minority Report"	24 (N) (PA)	Power of Art	Trauma "Tunnel Vision"	Two Men Big Bang	(9:01) Intervention "Sandra"	Molly's Wedding (N)	Castle (N)	24 (N) (PA)	24 (N) (PA)	Quest for the West	8 Rules What I Like	Boxing: Wilton Hilaro vs. Martin Honorio.	Two Men Big Bang	MythBusters	Wizards Buzz	Rock of Love Bus	(9:08) DEA "Deadly Chase"	Parking
10 PM	(2002) Tom Cruise, Colin Farrell	Cold Blood	Norm	Beatles Rocked	Law & Order (N)	CSI: Miami (N)	Intervention (10:01)	Castle (N)	Cold Blood	News Hour Final (N)	National	Family Biz Indie		CSI: Miami (N)	Motor City Motors	School Cory	Coach Judge	CSI: Crime Scn	Flipping Out
11 PM		CHBC News Final (N)	Shadow-Chief	Charlie Rose (N)	News (N)	News Jay Leno	Letterman	News Hoarders	News Final (N)	Ent ET Canada	(11:05) The Hour	Prank Ptrl Fries That?	SportsCentre (Live)	CTV News	Dirty Jobs	So Raven Life Derek	Home Imp. Role	(11:08) Unsolved Mysteries	Launch My Line

Monday Movies

EVENING

9:00 pm WTBS (3) ★★½ "Minority Report" (2002, Science Fiction) Tom Cruise. A policeman tries to establish his innocence in a future where law enforcement can arrest killers before their crimes.

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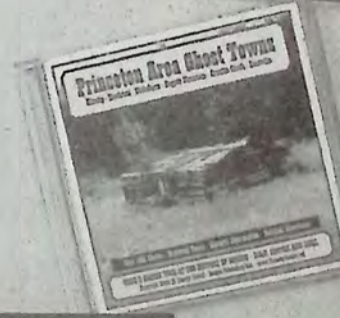
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# News Leader Classified Ads

25 Words - \$7.00 (includes GST) - Pay for two weeks, the third week is FREE!

**obituary**

**Winifred Huyssoon**



Winifred, a long-time resident of Princeton, quietly slipped away from this life on March 4, 2010 at the age of 94. Born and raised in Edinburgh, Scotland, she moved to Canada as a war bride in 1951. After several moves across Canada, she settled in Princeton in 1973. Winifred was sadly predeceased by her husband of 60 years William (Bill) Huyssoon in July 2007. She is survived by her loving daughters Jane Kane of North Vancouver and Pat Keehn (Vic) of Summerland, grandchildren Aideen and Nolan Kane, and Danny and Graham Keehn. Winifred dedicated her life to her family and enjoyed countless hours sewing, weaving, cooking and volunteering in many capacities. She will be remembered for her grace, kindness, creativity and positive personality. The family would like to thank the entire staff at Ridgewood Lodge for allowing her to carry on in her dignified, lady-like way. A private, family service will be held. Donations in memory of Winifred may be made to Ridgewood Lodge in Princeton.

**obituary**

**notices**

**Vermilion Trails Society**  
7:00 PM Wednesday March 10  
Chamber Board Room  
Election of Officers  
Membership dues  
All are welcome to attend!

**HEDLEY HERITAGE MUSEUM SOCIETY**

Is looking for:  
a person/persons to operate  
a small Tea Room as an  
independent business from  
April 1 (weekends only for April)  
to September 31, 2010.

FoodSafe Certificate is required  
and some knowledge of local  
history would be an asset.

Deadline for  
Expression of Interest  
is March 15, 2010.

Contact the Museum at  
250.292.8787 or  
e-mail [hedleymuseum@nethop.net](mailto:hedleymuseum@nethop.net)

Mar 02-09

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Jul 06-tfn

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1-bedroom suite, downtown. Close to everything. Call Sharon (250) 295-1845. Nov 25-09

2-bedroom mobile home with addition. 11km Old Hedley Road. Gas heat, A/C, 5 appliances. \$800/month + utilities and D.D., Available March 1st. Call (250) 295-7668. Feb 23-Mar 03

Bright clean storefront available immediately. Prime downtown location, monthly rent \$575.00-plus GST or two year lease at \$550.00-plus GST. Contact 250-295-6622. Feb 23-Mar 09

Hedley house, 2 or 3 bedroom, fenced yard, corner lot, washer/dryer. \$750/ month, hydro included, 1032 Mascot Avenue. Call Jennifer at (250) 292-8097. Feb 23-Mar 09

Bachelor suite, 3rd bench area, fully renovated, private entrance, above ground, own laundry facilities, shower, furnishings available, and house-keeping available, great for shift workers. \$500/month includes satellite and utilities. Call 250.295.2255 for more information. Feb 23-Mar 09

Apartment in Princeton. Excellent references and damage deposit required. No pets, adult building only. Call either (778) 786-0935 or (250) 438-0935 for details. Mar 02-10

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**for lease**

2,500 sq ft commercial space for lease. Zoned C2, on site parking, lots of windows, single washroom, perfect for retail or office. Located in a high traffic location downtown on Bridge Street. Available immediately. Call Lee Mowry at 250.295-1990 Century 21 Princeton Realty. Mar 09-10

**for rent**

Newer 3,100 sq ft home on private 5-acres with small creek. Fenced for horses. 20-minutes from Princeton. Available in April. Rent to own for only \$1,700 per month with \$500-\$800 credit toward mortgage depending on down payment! References required. Call 250.859.4944. Mar 09-23

**for sale**

2007 Aerolite 30-foot Travel Trailer with tip-out. Sleeps 8. Fully loaded - surround sound stereo, 3 TV hook-ups, microwave, air conditioning, fantastic fan, filtered water, outside barbeque and shower, cargo door. Lightweight and easy to tow. Four years left on warranty. New condition - used only 8 times. Asking \$20,000 FIRM. View at 145 Angela Avenue. Phone 250.295.6408. Mar 02-23

3-bedroom house downtown available immediately. Asking \$750 per month. No smoking, no pets. Contact Heather Johnson at Century 21 Princeton Realty 250.295.6977. Mar 09-23

**help wanted**

Full-time and part-time employees wanted starting April 15 at Doug's Homestead Meats. E-mail resume to [doughomestead@gmail.com](mailto:doughomestead@gmail.com) or snail mail to PO Box 219, Hedley, BC V0X 1K0. Mar 09-23

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**for sale**

Power Wheels, Fisher Price Kawasaki, plastic, battery operated quad. In excellent condition. Asking \$300.00. Mig welder — will trade. Call (250) 293-6284. Feb 23-Mar 09

1999 Plymouth Breeze, loaded, new battery and brakes, BC Certified 1 1/2 years ago. Can be viewed at N&L Auto Service. Asking \$1,400.00. Feb 23-Mar 09

1994 Ford Ranger XLT, extended cab, loaded, with matching canopy, 161,000km, 2nd owner. \$4900.00 firm. Call Larry (250) 295-1299. Mar 02-10

**help wanted**

The Tulameen Community Club is looking for a Facilities Maintenance Manager. This position requires the successful candidate handle facility rentals and maintenance, including both the interior and exterior of Community Club properties. The position is a part time, hourly, as required, and is best suited to someone who is a 'handyman' type and resides in the Tulameen area. For full description and more details visit [www.tulameenbc.com](http://www.tulameenbc.com). Mar 02-10

Princeton Golf Club requires the following staff for our upcoming 2010 season. Waitresses/Servers, cooks, pro shop attendants, greenskeepers/course crew, golf cart/driving range attendant. Part-time and full-time positions. Suitable for students. Please send resumes to: Box 1346 Princeton, BC V0X 1W0 Fax: (250) 295-6246 Email: [pgcmgr@eastlink.ca](mailto:pgcmgr@eastlink.ca) Mar 02-09

**real estate**

Mobile for sale on 2+ acres, Baker Hill Road on Princeton-Summerland Road. Hay barn and fenced rail pasture. 15-minutes from town. \$159,000. Call (250) 295-6456. Feb 16-Mar 23

**for rent**

4+ bedroom, 2 1/2 bath, available March 15 or possibly sooner. Damage deposit and references required. Close to hospital and school. Call (250) 295-6329 or (250) 295-0048. Feb 23-Mar 09

Single room, Hedley, \$400 or \$350/month, hydro included, shared kitchen, bath, living room, washer/dryer. 1032 Mascot Avenue. For information call Jennifer at (250) 292-8097. Feb 23-Mar 09

**wanted**

Young family wants to lease or care take horse acreage near Princeton race track. Train racing QH, operate Wild Horse Power equine medicine and massage. Call (250) 484-5601 or e-mail [wildhorsepower@hotmail.com](mailto:wildhorsepower@hotmail.com) Feb 16-Mar 23

**wanted**

**wanted**

**Dr. Barry Cook is pleased to announce Dr. Greg Gill will commence practice at our office as of March 8, 2010.**

**Dr. Gill practiced with our office from 1973 to 1976.**

**Please phone 250.295.6212 for appointments.**

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Living Water Foursquare Church, Kenley Avenue

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SOLUTIONS TO PUZZLES ON PAGE 14

**CHALLENGE #275 - Easy**

214	856	937
376	914	582
985	237	416
628	473	195
159	682	743
437	591	268
562	349	871
891	765	324
743	128	659

**CHALLENGE #276 - Hard**

586	947	123
729	613	854
143	825	769
654	382	971
971	456	382
832	791	546
398	274	615
265	138	497
417	569	238

**Drinking a problem?**

Alcoholics Anonymous  
Meets 7:30 PM Thursdays  
Princeton Baptist Church  
160 Old Hedley Road  
Fred 295-7272/Marena 295-7663

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Applications are invited for the position of Relief First Nations Support Worker with School District No. 58 (Nicola-Similkameen) in Princeton, BC.

The successful applicant will be responsible for providing counseling support, communicating with students and parents/guardians, tutoring, and cultural education.

Application forms are available at the School Board Office, 1550 Chapman Street, Merritt, BC, or on-line at www.sd58.bc.ca, click on Jobs/Support Positions and follow the prompts provided. Applications, including a detailed resume with a minimum of three references, will be accepted until March 12, 2010. Please forward to:

Attn: Secretary Treasurer  
School District No. 58 (Nicola-Similkameen)  
P. O. Box 4100, 1550 Chapman Street,  
Merritt, B. C., V1K 1B8  
Fax: (250) 378-6263

Only those applicants being interviewed will be contacted.

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Grade 8 students take a hands-on approach to local career options. \*

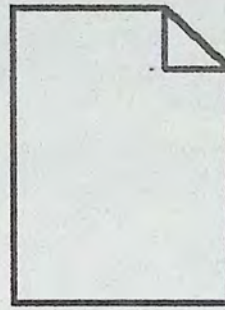


The Yes 2 It Program was held at PSS March 2. \*



Students learned about meat cutting, plumbing, carpentry, hairdressing and electrical. \*

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## RESUME

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# Editorial Page News Leader

Similkameen News Leader, 226A Bridge Street, PO Box 956, Princeton, BC V0X 1W0

## My Turn...

### Oh, Canada.Com

All the talk about changing the words to our national anthem got me thinking. I sing it on a regular basis and rarely think of the words as I sing it. Maybe the old tune is due for a slight upgrade.

First off I'd change the name. 'O Canada' sounds like something said back in the days of King Arthur so I propose a more contemporary spin to the name. Something in tune with today's world. I think it should be called 'O Canada.com' or maybe more accurately 'O Canada.ca' providing some American hasn't already snatched up those domains.

I'm not too fond of the line, 'our home and native land' either. I think it's not politically correct enough to include those of us who are non-natives. It's just so very, very wrong. Not that I have anything against our natives, First Nations or Aboriginal peoples, but I think for those of us who aren't any of those singing 'our home and native land' just doesn't sound right.

I think the line should be changed to 'our home on Canadian soil,' or 'our home on native land.'

I also dislike the line 'True patriot love.' It discriminates against those who aren't patriotic. I'm not talking that kind of 'right to bear arms and wave my flag in your face' kind of patriotic spirit that one finds in every corner of the country below the 49th parallel but those of us who may flip flop between cheering the Canucks or the Penguins depending on who has the best team that week kind of non-patriot.

I think the line should be changed to 'true passionate love', which is more reflective of the overly-tolerate nature of your average Canadian.

The line referencing the 'true north strong and free' is so flawed I'm amazed it's still in the song.

It sends the wrong message from the very beginning.

All I picture when I hear that line is a frozen landscape of tundra and igloos and if there's any truth to this rumour I keep hearing about climate change I think we better do all we can to erase that image from the minds of Canadians from far and wide (another line I'll get to).

Therefore I propose 'true north strong and free' be changed to 'deeper in debt, not free' and when I sing 'from far and wide' I picture Canada long before it was stolen from the First Nations people when it was pretty much two day ride on a very angry buffalo before you encountered another human.

The line should be changed to the more accurate 'limited space available' to better reflect the growing population through immigration.

It also annoys me when you often find only half of the song sung in English with the rest being in French. Who's idea was that?

At least in church if someone's speaking in tongues there's someone else interpreting. How do I even know if the French stuff is even about Canada?

Imagine what little Banjit or Sven are thinking when they can barely understand the English parts and now they get to hear French?

Yep. Our National Anthem is one huge mess in need of a major overhaul.

No doubt about it.

(Editor's Note: Late last week the federal government decided to back off of plans to change some of the words to 'O Canada' citing public feedback as the main reason).

Canada

PAP Registration No. 11034

We acknowledge the financial support of the Government of Canada through the Publications Assistance Program towards our mailing costs.

### EDITORIAL GUIDE

We would like you to write to us, but please remember to abide by anti-discrimination laws.

The News Leader reserves the right to refuse to print any letter which is not signed by the writer or is slanderous, libelous or of uncommon sense!

The Editor reserves the right to condense any letter or to substitute proper language for improper language.



Put two of them together, flip them over and you have a giant bucket for a massive dump truck. Some of the 'heavy' equipment for Copper Mountain Mining Corporation's copper mine arrived late last week. \*



News Leader Owner/Publisher George Elliott gets a closer look at equipment heading to Copper Mountain. "This makes the project very real for a lot of locals," Elliott said of the flatdeck loads of truck and crane parts that came through town in the past few days. Photo: Brenda Engel

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# Current Comment

## What The Olympics Said About Canadians



Dawn Johnson  
editor@thenewsleader.ca

Vancouver did a great job of hosting the Olympics. Canada shone during the big games, not only in gold medals, but in volunteers and hospitality. There was some bad press at the beginning when the young Georgian died and the one leg of the Olympic flame failed to rise from the floor. The big flame outside came in for criticism when the chain link fence interfered with photographs, but this was remedied in a few days.

Whether or not they won anything, most people went home happy with the way they were treated. Everybody admits the weather could have been better on occasion, but VANOC chose an El Nino year, so they had to deal with it.

One of the events Canadians loved was the women's hockey finals, and if there was anything that ticked us off, it was the IOC remark about discontinuing women's hockey because there was not a higher level of skill. Phooey! I didn't hear them saying they would discontinue figure skating all those years when Russia and the United States dominated that sport, and that lasted at least forty years.

Canadian athletes did exceptionally well. If you look at our population, we should not be winning that many gold medals. The United States has ten times the population of Canada, and Germany has more than twice as many, yet Canada's athletes took all those gold medals despite the lower population pool to draw from. Our population is roughly equivalent to that of Belgium, but we don't see many international sports stars coming out of Belgium.

Until recent years, Canada has been quite cheap about supporting our athletes with money for train-

ing and living expenses. The Own the Podium program is the biggest investment in athletes to date. That said, money alone won't win gold medals: the talent has to be there.

What does this tell you about Canadians? Maybe it tells us we are naturally athletic? Does the gold medal start in our schools with athletic programs, or does it start with our many minor sports activities?

Where does the urge to compete begin? Doing one's best is worthy of respect, but putting one's skill on the line in competition with others who are highly skilled speaks of determination and confidence. The Olympic sports show us how winning the medals inspires so many athletes to outdo their previous best.

Of course, there is a mystique about an Olympic medal. Athletes who have won in world competitions are not satisfied until they win an Olympic medal, prefer-

ably gold.

We Canadians have often been told, and even have told ourselves, that we do not have a national identity nor a national culture. The opening ceremonies certainly told the world about our identity and our culture (or our multi-culture). The opening ceremonies were part history, but more culture. We saw drummers and dancers from our First Nations, the fiddlers, singers and dancers of the eastern provinces, and the technological talent that put on the show.

I was thrilled to see pride in Canada so evident in the streets of Vancouver. We know who we are and we are proud to be who we are.

Looking at our achievement despite our low population, our diversity, and the challenges we face as a land of the north, I have concluded our real identity, as Canadians, is this: we are amazing!

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# Similkameen News Leader

WE'RE DIFFERENT, AND WE LIKE THAT.



George Elliott  
OWNER/PUBLISHER  
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Brenda Engel  
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brenda@thenewsleader.ca

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Pastor Tony Essex 295-7951

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Praise & Prayer - 7:00 PM  
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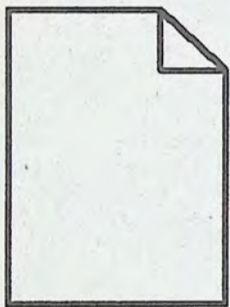
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Pierre and Adam trade chords during jam night last week. Photo: Brenda Engel



## RESUME

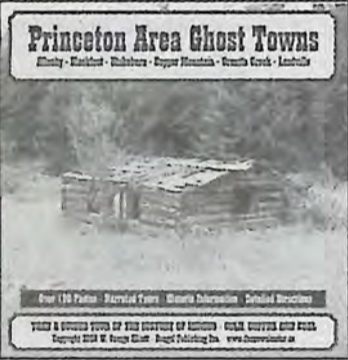
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CELEBRATE PRINCETON'S 150<sup>th</sup>  
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..... continued from Page 8  
producers must pay, which US farmers do not, in order to comply with Canada's SRM standards."

Atamanenko says the government seems oblivious to the fact that farm income programs are still failing to be bankable and responsive. Farm leaders are predicting that thousands of Ontario farmers will exit agriculture in the coming years, putting the local food supply in jeopardy.

In spite of this, the federal government refuses to step up to the plate for the Risk Management Program that the province is willing to support and that farmers desperately need.

"All in all, what is clearly indicated in this budget is that the

Conservatives determination to stay the course with these failed policies and lack of vision will

ensure the number of family farms continue to decline." concluded Atamanenko.

- submitted

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Truckloads of mining equipment started to arrive last week in Princeton. Photo: Brenda Engel



# Meet The Youth Ambassadors!

A PRESENTATION OF SIMILKAMEEN NEWS LEADER  
EACH WEEK WE WILL INTRODUCE YOU TO ONE OF THE EIGHT CANDIDATES  
**Natasha Adams - Princeton Lions Club**



Natasha Adams is the daughter of Lola Kozowy and Roy Adams (may he R.I.P.). She was born June 14, 1993 in Penticton and has lived in Princeton most of her life. She is currently a Grade 11 student at Princeton Secondary School. After school Natasha plans on getting her hairdressing license in Abbotsford or Penticton. Then she hopes to get into UBC Vancouver and carry on to be a criminal lawyer. Her all time hero is Spiderman. Natasha loves to go camping, fishing, watch hockey games, play road hockey, read, draw, and hang out with friends and family. Natasha is very proud to be sponsored by the Princeton Lions Club. - submitted

## Small Business 101

### CFIB - Canadian Federation of Independent Business

BC small business confidence falls as national confidence continues to rise

Overall business optimism among British Columbia's small business owners dipped slightly to 68.7 in February. This marks the third consecutive month BC confidence has fallen since reaching a two-year high of 72.9 last November. BC has moved from the second most optimistic province in Canada last month to the fifth most optimistic this month. At the national level the index rose to 68.5 in February, up from 66.9 last month. This is the second consecutive month of growth nationally, which has not occurred since last summer.

BC's indicator is calculated using a 2-month moving average.

**Highlights:**

- The index for BC is currently 68.7. Last month it was at 70.1.
- 49 per cent of businesses in BC say the overall state of business is satisfactory, 27 per cent say it is good, and 24 per cent say it is bad.
- 12 per cent of BC businesses plan to increase full-time employment and 19 per cent plan to increase part-time employment. 71 per cent of BC business owners say they will keep current levels of full time employment or hire more employees.
- 58 per cent of BC small businesses say that insufficient domestic demand is their greatest business constraint, followed by shortage of working capital (29 per cent).

- Tax and regulatory costs continue to be the most significant cost pressure in BC, with 66 per cent of business owners saying these costs are causing difficulties for their business.

- Industries most pessimistic include agriculture, transportation, and hospitality.

All of this is outlined and illustrated in the BC Business Barometer

for February 2010. The national report, including a comparison chart of CFIB's business barometer and GDP, can be found online at the following web address: <http://www.cfib.ca/research/barometer/>.

*The News Leader is one of hundreds of Similkameen Valley businesses with membership to the CFIB.*

**CFIB**  
Canadian Federation of Independent Business

### BC Property Taxes

Spring 2009

**Princeton: Total Business vs. Residential Property Tax on a representative \$167,383 property in 2008**

Breakdown of the property tax gap Princeton						
	Municipal business taxes per \$100,000	Municipal residential taxes per \$100,000	Municipal Gap 2003 (Total Gap)	Municipal Gap 2009 (Total Gap)	08-03	Princeton Rank
Princeton	1272	294	433 (3.3%)	297 (2.4%)	Increased	11

Chart produced by CFIB shows the property tax gap between business and residential continues to widen in Princeton. The gap in 2003 was 2.97 and increased to 4.33 in 2008 - ranking 11th in BC.

**CFIB**

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**613 Similkameen Avenue**  
**NEW!**  
Close to everything - Trans-Canada Trail, Similkameen River, and minutes to downtown Princeton. This large home on an extra lot with 3 separate titles, rests on the end of Similkameen Avenue. The recently completed family room - with warm colours and lots of day light is only one of many updates for this home. More drywalling and painting have been finished over the last winter. MLS@107777 \$298,500



**#1-76 Kenley Avenue**  
**SOLD!**  
Located within walking distance to all amenities and a hop and skip from the river, this well-kept strata unit has a unique layout and looks like new! Fresh paint and updated appliances only add to the comfort and security you will enjoy with this property. A new roof in 2006, only 4 units, low strata fees and only one strata meeting per year make this a simple way to live in style! MLS@107517 \$144,500



**285 Aspen Street**  
**NEW!**  
This unique duplex on the upper bench is located at the end of a quiet cul-de-sac could be a 3-bedroom family home with a 2-bedroom unit as a mortgage helper, or just a great investment opportunity. One side is presently rented out at \$650.00 and the reliable tenant would like to stay. A new roof in 2007 just makes this one even better! MLS @107751 \$322,200



**2 Eagle Crescent**  
**NEW!**  
This immaculate home sits on a large corner lot with plenty of room for RV parking and a double garage. The living room is bright and spacious with wonderful mountain views to enjoy nature year round from your favourite chair. An efficient kitchen with lots of cupboard space, reverse osmosis water system and sliding doors to your 8x16 deck, a great place to entertain. MLS@107842 \$299,000



**12 Fenchurch Avenue**  
**SOLD!**  
Located in downtown Princeton, this charming house has something for everyone. The yard is level, partially landscaped and treed, a perfect spot to sit on warm summer evenings. For those hobbyists, the large 24x24 garage has a place for the car and still room to putter. One bedroom and bathroom on the main floor, and the same on the top level means no waiting and elbow room for all. MLS@107755 \$140,000



**#15-453 Taylor Mill Drive**  
**NEW!**  
Updates including an 8-year young metal roof, kitchen cabinets, laminate and tile flooring, vinyl windows and vinyl siding in 2008 - make this home into stress-free affordable living. In 2009 the sellers added a new propane furnace as back-up for the airtight wood stove that keeps monthly costs down. The addition makes this a very comfortable family-sized unit. MLS@107750 \$68,900

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