



Similkameen News Leader

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Volume 13 Issue 11 #621 ISSN 1712-090X

Tuesday, March 16, 2010



The Princeton Posse 2009/10 season came to an end March 13th. Details on Pages 9 & 10. *

24th 'Community to Community' meeting held

The Town of Princeton, Area H of the Regional District Okanagan-Similkameen and the Upper Similkameen Indian Band held their first quarterly Community to Community Forum on February 24th at the Snaza'ist Centre in Hedley.

There were a total of 14 people at this meeting, including the Mayor and Council for the Town of Princeton, the Area H Director, the Chief and Council of the Upper Similkameen Indian Band and several support staff. This is the 24th

Community to Community Forum held by the three governments, with the first being held on March 27th, 2006.

Community to Community Forums are funded in part through the Union of BC Municipalities. This support is aimed at improving working relationships between local and regional governments and First Nations. These Forums have been held across the province.

During the most recent meeting, the participants discussed the continued on Page 22

Snowpack and water supply report

Environment Minister Barry Penner says there has been a decrease in snowpacks across the province over the past two months, following the warm and dry January and February. **Synopsis:**

Weather across B.C. over the past two months has been dominated by the effects of a moderate to strong El Niño, producing warm and dry conditions. For some locations in B.C., the January and/or February average temperature was the warmest on record, or close to the warmest on record.

The South Coast and Vancouver Island received near normal precipitation during January and February, but most of the rest of the province has been dry. For example, Castlegar in the West Kootenays experienced the lowest February snowfall ever recorded (based on a 45-year record), and Terrace in the Skeena River basin experienced the driest October to February period ever recorded (based

on a 55-year record).

Current Snowpack:

Snowpacks in all major river basins across B.C. are below normal, varying from a low of 65 per cent of normal in the East Kootenay basin to a high of 95 per cent of normal in the North Thompson. In most areas, low-elevation snow is generally absent and mid-elevation snow throughout Interior valleys is well below normal. Basin snow-water indices for individual basins stand at 92 per cent in the Upper Fraser, 95 per cent in the Nechako, 91 per cent in the Middle Fraser, 88 per cent in the Lower Fraser, 95 per cent in the North Thompson, 94 per cent in the South Thompson, 83 per cent in the Columbia, 71 per cent in the Kootenays, 86 per cent in the Okanagan-Kettle, 67 per cent in the Similkameen, 84 per cent in the South Coast, 89 per cent on Vancouver Island, 79 per cent in the Peace and 73 per cent in the Skeena-Nass.

Water Supply Outlook:

By this date, generally about 80 per cent of the B.C. mountain snowpack

has accumulated, and there is only four to six weeks of winter remaining to accumulate additional snow.

Minister Penner says while cooler weather and lower freezing levels this week are welcome, the below average snowpack conditions across much of the Interior (Okanagan, Nicola, Kettle, Similkameen, South Thompson, Kootenay, Skeena, Nass, Peace) indicate the potential for water-supply challenges to develop this summer. There is also a likelihood of below-normal freshet runoff during May and June, and thus a low risk for freshet flooding in the major river basins (Fraser, Thompson, Skeena, Nass, Peace, etc.).

To reduce the potential for summer low flow or drought problems, spring rainfall (April, May and June) will need to be at or above normal. In the case of the South Interior (Okanagan, Nicola, Kettle, Similkameen, South Thompson), current snow conditions suggest the potential to redevelop conditions similar to the 2009 summer drought (which resulted in very low river levels, with reduced lake,

reservoir and groundwater storage in the South Interior and in other parts of the province), should the spring weather remain dry. If El Niño conditions persist through spring, continuation of above-normal temperatures and below-normal precipitation can be expected.

In December 2009, the B.C. government officially embarked on a process of modernizing B.C.'s Water Act with

Meeting March 20 in Keremeos

by Melanie Bagley
Community Liaison
Project Manager

It's the downhill run for the Sustainable Similkameen project, which will be finishing at the end of this month. Seventeen volunteer panel members, guided by planning consultants and the Sustainable Similkameen steering committee, have worked tirelessly devising a sustainability strategy. Public support and input has also contributed substantially to the outcome.

There will be one final public meeting on March 20th. Planning consultants, Dr. Laurence Moss and Dr. Romella Glorioso, will be presenting the draft strategy to the public for their consideration and comment so that changes can be made where necessary.

Key issues that will be addressed

the launch of the Living Water Smart blog.

Living Water Smart: B.C.'s Water Plan outlines the B.C. government's vision and plan to keep B.C.'s water healthy and secure for the future. The plan uses a variety of measures including planning, regulatory change, education and incentives to ensure B.C.'s water resources are protected and sustainable. - submitted

by the sustainability strategy include natural resource use, climate change, economic development, migration into the valley, public participation in government and community, housing, collaboration of all valley communities and uniting the valley in working towards creating a Sustainable Similkameen valley. Public input is needed.

The Sustainable Similkameen public meeting will be held on Saturday, March 20 between 7:00 PM - 8:30 PM at the Victory Hall, Keremeos.

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Canadian Publications Mail Agreement No. (1299263) • website: www.thenewsleader.ca • www.princetonbcnews.com

Published Weekly in Princeton, BC by Bengel Publishing Inc. 226A Bridge Street, PO Box 956, Princeton, BC V0X 1W0
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Jordyn Senger - Princeton Golf Club



Jordyn Senger is 17 years old and was born and raised in Princeton. Her favourite subjects in school include English, Art and Physics. In her spare time she enjoys reading, sketching and painting. In the future, Jordyn would love to travel to Japan to learn more about the art forms and culture. For her post secondary education she intends to enroll at UBC Okanagan to receive a teaching degree. Jordyn plans on teaching at a high school level, though she is still unsure about which subjects to teach. Her sponsor for the Ambassador Program is Princeton Golf Club, where Jordyn has worked for the past four years in Divots Restaurant. - submitted

Goldcliff extends drill zone

George W. Sanders, President of Goldcliff Resource Corporation (GCN.TSXV), announced on March 8th that the Nordic Zone drill results contain multiple gold intercepts in multiple drill holes. The drilling has significantly increased the area of disseminated gold mineralization on the Nordic zone.

The Nordic Zone is one of four gold zones on the Company's 100 per cent-owned Panorama Ridge gold project located near Hedley, just east of Princeton.

Highlights of the gold intercepts include 25.62 metres grading 1.54 grams per tonne gold and 15.11 metres grading 1.20 g/t grams per tonne.

The drilling has extended and expanded the Nordic gold mineralized zone over an area of 70 metres by 250 metres.

The Nordic zone now measures 250 meters along a trend from north east to south west, and remains open in both directions. This drilling has also provided valuable information regarding the geometry of gold mineralization at the Nordic zone, particularly with respect to faults, dykes, boundaries and trend of mineralization.

The multiple gold intercepts occur throughout the core from the 37 holes of Nordic drilling. A total of 21 holes in the zone returned values ranging from 0.41 g/t gold to 1.54 g/t gold over core lengths ranging from 4.19 metres to 73.77 metres.

Six of these holes contained individual one metre intervals exceeding 5.00 g/t gold, including one metre of 12.80 g/t gold. These results further establish the continuity of near-surface disseminated gold mineralization.

Thirty seven drill holes, totalling 2,638 metres, were drilled from three set-ups. The holes were completed in a fan pattern at various angles and drill stem azimuths.

The purpose of this drilling was to establish both fill-in and step-out gold mineralization. All the holes drilled along the trend of the Nordic zone returned significant intersections of the Gold Mineralized Zone (GMZ), with most containing strong disseminated gold mineralization. Some holes drilled to the north-north west returned little or no significant gold values, thereby establishing that the Nordic zone is bounded in that direction.

Similarly, a few holes drilled further south of the south east limits of the Nordic zone returned limited or no significant gold values, thus indicating that the zone is bounded in that direction as well.

From set-up F, eleven holes were drilled. This set-up is at the north-west edge of the Nordic zone. From here, holes were drilled further north, north west and north east, as well as back into the zone.

The Panorama Ridge property is located four kilometres east of the historic Nickel Plate-Mascot mine that has produced 2.5 million ounces of gold.

The gold mineralization on the Panorama Ridge gold property is related to the pervasive silica-iron alteration (skarn replacement) of the Upper Triassic Nicola Group sedimentary and volcanic rocks.

The property was staked in 2000 after Goldcliff prospected new logging road outcrops that exposed skarn alteration.

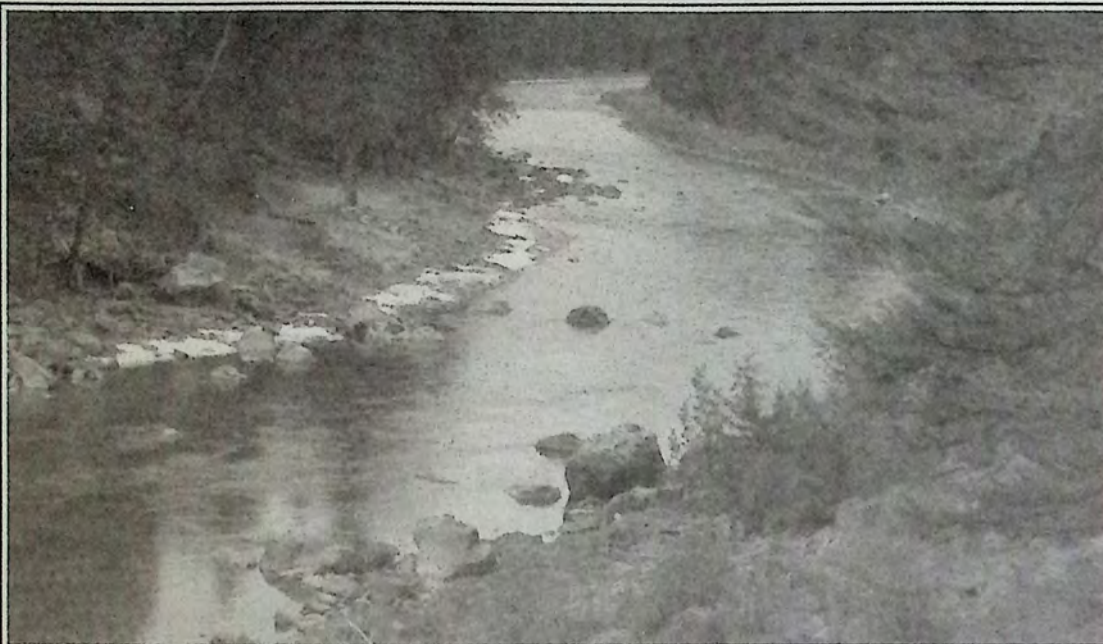
The property has mine-related infrastructure and is readily accessed by roads. Goldcliff has discovered several gold showings and four potentially economic gold zones.

Leonard W. Saleken, PGeo (geologist), is the qualified person as defined by National Instrument 43-101 who supervised the preparation and verification of the technical information in this release.

For further information, contact George W. Sanders, President, at 250.764.8879, toll free at 1-866-769-4802 or through e-mail at sanders@goldcliff.com.

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The peaceful Similkameen River as viewed from Old Hedley Road. *

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PXA looks at work ahead

Princeton Exhibition Association (PXA) met at Town Hall March 9 to review what has to be done this year. The money situation is very tight, but the need to continue upkeep of the fairgrounds does not stop.

Wayne Hooper said he has the paint to redecorate the washrooms. He does not know if he will be able to do the concession. There is a lot of painting to be done.

The former owners of Princeton Paint and Decorating donated 25 gallons of paint to the PXA in appreciation for their business.

Floodlights will be installed this spring. There is a lot of work to be done in general maintenance of the facility. The grandstand must have work done on it and the grounds always need a spring clean-up. As the work is done by volunteers working with a limited amount of money, it is difficult to get everything done that needs doing.

Two new events were approved for the coming months. On May 1, the Fall Fair will hold a combination yard sale and flea market in which people with goods to sell can rent a table or space. This event has been successful in the past. The second event is the 150 Dewdney Trail Ride. This takes

place August 20, 21 and 22. The participating riders will rent the horse facilities for the weekend.

Other events taking place include Princeton Rodeo on May 15, horse racing on July 3, the ATV/BC get-together in mid-July, Fall Fair in late August and the bull riding finals in mid-September.

4-H is no longer active in Princeton and some concern was expressed about storage of the dog trial equipment. Another concern was storage of the spook house equipment, as the firemen no longer do this Halloween event for local children.

PXA President John Bey said he is still looking for somebody to run the concession for the big events. Keith Olsen, President of Fall Fair, told Bey the Fall Fair will run its own concession.

Vendor forms are being prepared for use by all of the groups who host events at the fairgrounds. There are many vendors who want to display goods for sale at all the major events.

The PXA wants a single vendor rate for all events.

Members agreed to change the date of the PXA meetings from the second Tuesday of the month to the third Tuesday, making the next PXA meeting on April 20.

Public open house PowerSense Program Plan for 2011

Your views are important to us

FortisBC is seeking public input as we update our PowerSense demand side management program which helps customers manage their electricity bills through energy efficiency improvements. Since it began in 1989, the PowerSense program, has helped customers save more than 360 million kilowatt hours — enough electricity to power about 27,700 homes each year.

Over the next few months, FortisBC will be completing a review of existing PowerSense programs and planning for new and enhanced programs for 2011. We invite you to learn more about demand side management and share your thoughts on the topic with us. Examples of program options include residential heat pumps, commercial lighting, low income programs, as well as general energy efficiency education.

Feedback received from customers and stakeholders will be considered, along with technical and financial information, as FortisBC prepares to file the 2011 Demand Side Management Plan with the BC Utilities Commission, as part of the FortisBC Capital Expenditures Plan.

Please drop by any of the following open houses — project information panels will be on display and a presentation is scheduled for 6:30 p.m.

- Creston:** Monday, March 22, 2010 | 6 – 8 p.m.
Adam Robertson Elementary School, 421 9th Ave N.
- Castlegar:** Tuesday, March 23, 2010 | 6 – 8 p.m.
Sandman Hotel, 1944 Columbia Ave
- Osoyoos:** Wednesday, March 24, 2010 | 6 – 8 p.m.
Osoyoos Seniors Centre, 17 Park Place
- Kelowna:** Thursday, March 25, 2010 | 6 – 8 p.m.
Holiday Inn Express, 2429 Highway 97 N.

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Keremeos News



At 6:45 AM on Friday, March 12th Heather Walkus of Keremeos, right, lit her torch and started her section of the Paralympic Torch Relay in downtown Vancouver assisted by her guide dog Nimitz.

RDOS announces glass pickup

Residents in the Towns of Oliver, Osoyoos, the Village of Keremeos, Okanagan Falls, Twin Lakes, Cawston, Hedley and Olalla will receive container glass collection March 22nd to 26th. Residents should place out container glass at their regular garbage pickup spot by 7:00 AM on their garbage day.

Glass should never be placed in blue bags! Residents can place out

clear and colored glass in sturdy reusable plastic or wooden containers. Remove all lids but labels are fine. Broken glass can contaminate other products and create a safety hazard for recyclers. Glass should be kept separate from other recyclables. Free glass depots are available at all landfills and the T2 Market in Oliver during open hours.

Residents should not place out

glass in cardboard boxes. The bottoms of cardboard boxes can break open and empty boxes can blow away after use. Residents must use plastic or wooden boxes.

For further information on glass recycling consult your Curbside Garbage and Recycling Programs Calendar. Residents can also phone at 250.490.4129, toll free 1-877-610-3737 or email info@rdos.bc.ca. - submitted



Heather Walkus of Keremeos and her guide dog Nimitz take the Paralympic Torch through downtown Vancouver March 12th. The event was a huge thrill for the Similkameen resident. - photos submitted

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We were told a couple weeks ago that the Buttercups were out on Old Hedley Road, so we checked it out and found hillsides virtually covered in them. Spring is on the way! *

Mining scores high in survey

In February of 2010, NRG Research Group was retained by PR Associates to conduct a public opinion survey. PR Associates, on behalf of the Mining Association of British Columbia, is looking to better understand residents' impressions of mining in three key communities.

The primary objectives of the survey were to:

- Identify how citizens gather information regarding industries in their region;
- Understand how residents view mining in terms of economic impact, safety, and environmental impact; and,
- Gauge approval of mining among residents.

NRG Research Group conducted telephone interviews for the MABC Survey between February 4th and February 16th, 2010 with 900 residents in three British Columbia communities (Smithers: 300, Princeton: 300, and Kamloops: 300) The survey instrument, was developed by PR Associates and NRG Research Group with input from the MABC team. Results for all respondents per community contained in this report carry an overall maximum margin of error of +5.7% at the 95% level of confidence.

The survey was conducted among residents of Kamloops, Smithers and Princeton aged 18 years or older using a random digital dial (RDD) sample source. Quotas were set to ensure that respondents represented the overall population base of each community. To account for over-sampling of certain demographic groups, the results are weighted to reflect the population by age and gender according to the Census.

Overall

- The internet is the most used information source for industry information among residents in all communities. When on the internet, they generally just use search engines such as Google to find information. This highlights the importance of a strong online presence that is optimized for search engines.

- Mining's ability to contribute to the local economies of these communities is recognized by residents although the community's dependence on this contribution varies.

- The level of connection to the mining industry varies however, those that are connected to the mining industry tend to view the industry's workplace safety, environmental impact and First Nations efforts more favorably. In addition, they tend to more strongly approve of mining overall.

- Many residents would consider working in the mining industry in their area, however, most would require training. Younger men tend to be more likely to consider mining as a career option.

- Among those who can rate it, the mining industry's workplace safety is generally rated high and is considered about the same as other major industries in the areas. However, it is important to note that there is a general lack of awareness about workplace safety in all three communities with a significant proportion of residents not being able to rate workplace safety.

- Generally, residents think that negative environment impacts of mining can be minimized by the mining company with some suggesting that these impacts can be reversed.

- Perceptions of mining relations

with First Nations in the area varies by community, although a significant proportion of residents are not aware of the efforts or interactions continued on Page 22

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FINAL PUBLIC MEETING!

7:00 - 8:30 PM Saturday, March 20 Victory Hall, Keremeos

SUSTAINABLE SIMILKAMEEN PROJECT - Mission Statement

To establish a socio-cultural, economic and environmental sustainability strategy for the Similkameen Valley that will maintain and enhance the quality of our rural and small town lifestyle.

This project, which started at the end of September and will be finished at the end of March, is for all communities within the Similkameen Valley.

The public has been kept informed and encouraged to contribute ideas throughout this project.

Work on this project so far:

- 19 presentations at public/community meetings held throughout the valley
- 17 volunteer panel members (including residents from the municipalities of Keremeos and Princeton, the Lower Similkameen Indian Band, the Upper Similkameen Indian Band and RDOS (Electoral Areas B, G and H))
- 7 panel meetings - 9 media releases - 7 radio interviews

Also: advertisements on the television info station - Flyers - Website: www.rdos.bc.ca/ssp (with public input form) More advertisements and media releases leading up to the public meeting on March 20th.

FINAL PUBLIC MEETING:

7:00 - 8:30 PM Saturday, March 20 Victory Hall, Keremeos

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Health / Lifestyle News

Multivitamin myths debunked

(NC)— Confused about multivitamin use? You're not alone. There are a few misconceptions when it comes to taking multivitamins. Diana Steele, registered dietitian, separates myth from fact. Food gives me the vitamins and minerals I need. Despite best efforts, it can be difficult to meet the daily nutrition requirements outlined by Canada's Food Guide. In fact, a recent international women's study revealed that although 80 per cent of women recognize eating well as being important to their overall health, they sometimes find it challenging to incorporate fruits and vegetables into their daily routines. To ensure adequate intakes (AI) of all nutrients are met on a daily basis, a multivitamin can be a good and convenient option.

A multivitamin isn't necessary if you're already taking vitamin supplements. Multivitamins can be a smart choice as they provide a combination of the fundamental vitamins the body needs daily, including important minerals. However, ensuring the body has its daily requirement of some vitamins and minerals (vitamin D for example) can be a challenge for many Canadians. In addition to proper nutrition, additional supplements used alongside a daily multivitamin can help achieve the proper daily intake. I can take as many vitamins as I want. Health Canada outlines recommended daily intake for vitamins and minerals, as it is possible to

overdose. A daily multivitamin is best to complement a healthy diet as it delivers nutrients in the right balance. All multivitamins are created equal. Traditional multivitamins typically contain a combination of the basic vitamins and minerals we need daily, such as Iron, Calcium and vitamins C, B and D. However, newer innovations with additional benefits are starting to enter the market. Multibionta – the first probiotic multivitamin caplet in Canada – offers the benefit of natural probiotics with essential vitamins and minerals to help promote strong immunity. It doesn't matter when I take my multivitamin. Always read the instructions on the multivitamin label carefully. Typically, the recommendation is to take with food or a meal. If taken on an empty stomach, your body won't absorb it fully and this can result in an upset stomach. To help you remember to take your multivitamin, choose the same mealtime every day so that it becomes a habit. You can learn more about the benefits of taking a multivitamin online at www.mpowerme.ca.

Put a halt on the salt

(NC)— There's an excess of salt in many of the foods we eat, particularly processed, preserved and fast foods. Do we need it? No. Is it prevalent? Yes. Can we do something about it? Absolutely, according to Karen Rongve who was diagnosed with kidney damage over fifty years ago, but is still going strong.

Experts agree that reducing your salt intake is key to managing your health and curtailing disease. Karen Rongve knows the importance. In 2004, his kidney function declined by over 30% largely due to hypertension. Now, the kidney friendly diet he follows helps ensure that his organ function drops no lower than nature would dictate. "Managing your health is a decision that is within your control," says Mr. Rongve. But it remains a real challenge for kidney patients whose diet may need to change according to developments in their bloodwork, medication or organ's function. "I've cut out processed foods," says Karen, "and I eat out very rarely." The rewards are worth it. Now seventy-two, he's been able to keep kidney failure at bay - a substantial feat thanks to a delicate balance of healthy eating, exercise and proper use of medication.

"Consuming more salt than we need can lead to high blood pressure," says Paul Shay, national executive director of The Kidney Foundation of Canada, a member of Hypertension Canada, "and after diabetes, hypertension is the most common cause of kidney failure. So it stands to reason that if you care about your health, you'll want to put a halt on the salt." The foundation's web site at www.kidney.ca provides a wealth of information on healthy eating, including a blog by registered dietitian June Martin.

Living Past 100

Understand Probiotic Foods

It seems there are lots of advertisements about "probiotics" these days, but do you really understand what the word means. Most people have a hazy notion about probiotics being good for them but do not really understand what probiotics do in the body. A probiotic food is a fermented food in which the fermentation process is still at work. Yogurt is the most popular example of a probiotic food because the bacteria that turns milk into yogurt is still at work (or should be!). Fermented foods are basically pre-digested foods. The bacteria that cause fermentation performs much the same task as your stomach and small intestine do when your food is being digested. Fermentation occurs when bacteria and enzymes break down food as part of a natural process. The health benefits are great when we consume the bacteria in fermented foods. Your intestines need this bacteria because the fermentation bacteria fight harmful bacteria such as salmonella and the bacteria that causes ulcers, and can prevent diarrhea. The beneficial bacteria in fermented foods appear to boost the immune system, prevent blood clots and help prevent colon cancer. Sauerkraut, soy sauce and miso are fermented foods with great health benefits. However, if you buy canned sauerkraut, it has been pasteurized and all of those beneficial bacteria are dead. If you know how to make sauerkraut at home, that's the good stuff, unless you have a source of frozen sauerkraut. Miso is made from fermented soybeans or barley. It is used to flavour soups and sauces, but it must be treated kindly. When making soup or sauce, let it cool down a bit before adding miso or the good bacteria will be killed. The Chinese make a fermented product called bean curd. You are not likely to find this on your supermarket shelves, or even in the ordinary Chinese restaurant. You need to find a source, or go to a restaurant where the Chinese eat. You could take supplements to put the beneficial bacteria into your gut. Supplements may be the best source of probiotics. If you buy supplements containing lactobacillus acidophilus and bifidobacterium bifidum, you won't have to eat all that homemade sauerkraut, bean curd, yogurt or miso. You can just take the pill.



This Week - 10 Years Ago

Celebrating Princeton's 150th

W. George Elliott - Owner/Publisher Similkameen News Leader

News Leader - March 14, 2000

The future from ten years ago



MLA Harry Lali dropped in to Little Folks Nursery School to bring good news about a grant, and to take a good look at the preschool facility. Left to right: teacher Sandy Yee, Harry Lali, and society representative April Earle.

The Similkameen News Leader from March 14, 2000 featured a front-page story on Similco Mines. At the time, Leader Mining International Inc. of Calgary had stated they intended to re-open the copper mine and go into production. Imperial Metals was the Similco owner at the time and approval of the sale to Leader was required from Leader's board of directors and the BC Ministry of Mines.

Leader stated a decade ago, "The fully permitted and bonded Similco Mill, located at the site, adds substantial asset value to the project. To install a new mill complex of comparable size (27,000 tons/day) would require over \$200-million (Canadian) to set up and 3 to 5 years of environmental review and permitting."

Local MLA Harry Lali, representing the Yale-Lillooet riding as it was known at the time, offered his assistance, "It would be great to have more people working here (Princeton). They (Leader Mining) haven't approached my office, but if they do I'll be glad to help them with any advice on programs. If they are interested, I'll be more

than happy to talk to them."

A local hero dog was inducted into Purina Hall of Fame in Toronto this time ten years ago. Holly, a spaniel, saved a young girl from a deer attack a year before.

The Skills Centre unveiled a six-month \$143,000 economic development plan before Town Council on March 6, 2000. Town Council was approached for approval and partial financial support of the proposal.

Skills Centre Manager Sharan Jung told Town Council the facility's directors and staff "see their role as greater than just as a learning or training centre. They see themselves as community partners."

What the Skills Centre wanted to do at the time was to become a facilitator through bringing a person into the community to work with groups to develop what the groups need, do some training, and develop action plans, and develop the ability of groups to communicate well with each other on the basis of common training.

Little Folks Nursery School received a cheque for \$3,324 in government funding a decade ago

this week. The funds were earmarked to replace appliances and windows at the facility as well as to provide for more outdoor equipment and cleaning supplies.

A meeting held March 6, 2000 at Princeton Secondary School showed parents that break and enter incidents and thefts around town were tied to drugs.

Princeton RCMP Cst. Tracy Ross and Keremeos RCMP Cst. Hiscock said they thought incidents involving drugs in the Similkameen were on the rise.

PSS Principal Lawrence Stoochnoff told the News Leader at the time, "There are a lot of week-end things going on. Some of it is getting pretty serious." Adults of all ages need education, and that was the message made by The Bridge Administrator Jaymie Atkinson at the March 8, 2000 School Board meeting.

A total of 82 students were using the facility at the times, each with various educational needs.

The Bridge still meets many of those needs today assisting local students seeking their GED or extra courses leading into post-secondary training.



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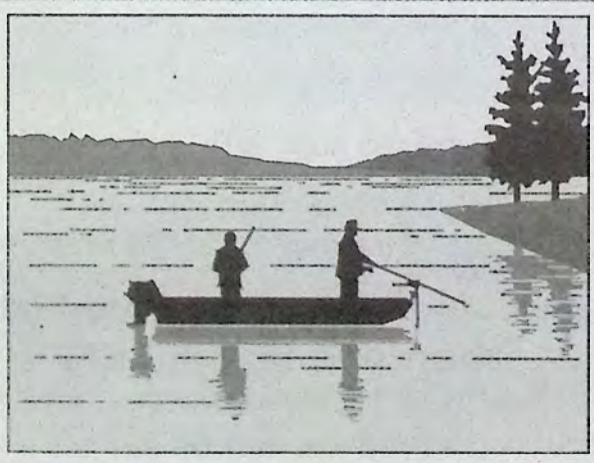
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At least the entrance to the new library looks interesting. We took a peek last week. *

Princeton Court News

News Leader Court Reporter - by Dawn Johnson

No driving for a year

In Provincial Court in Princeton on March 11, Colin Wood entered a guilty plea for driving with blood alcohol over .08. Wood was apprehended September 1, 2009, when a police officer on patrol noted a vehicle with no tail lights. He followed and discovered the driver had signs of impairment. Wood was taken for a breath test with a .170 result.

Wood was ordered to pay the \$1,000 minimum fine and is pro-

hibited from driving for a year.

Woman accepts Peace Bond

A 19 year old Princeton resident, Kristy McIvor, agreed to a peace bond by a complainant after a dis-

agreement at a party in which a lot of alcohol had been consumed. McIvor will have no contact with the complainant except at school. The bond will last one year.

Hospital Auxillary News

The Hospital Auxiliary welcomed a full house for our March meeting. Lots of smiling faces that were all especially happy to see Cathy Orser and Dorothy Stenvold back with us.

Robin Degerness resigned as Sunshine Lady after graciously taking over when Marion Marsel was sick. We are pleased that Christina Scarisbrick was so willing to take on that position for us, we know she will do wonderful job.

All members agreed that we should order a new device for the doctors at the hospital for testing eye pres-

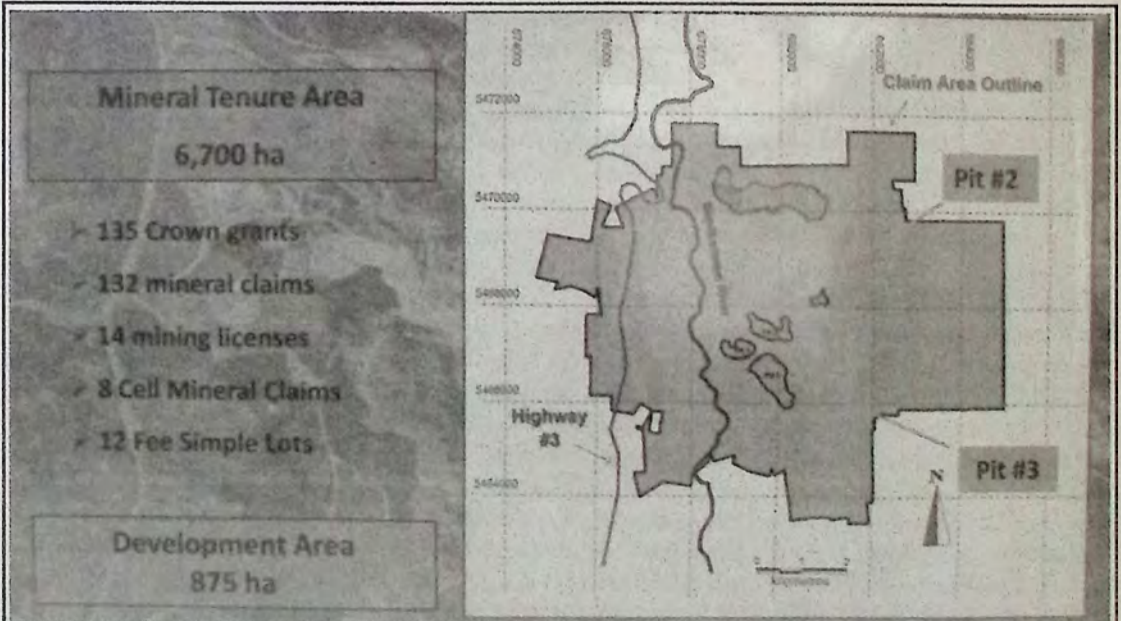
sure as their old one is missing parts. Carol Walker will do this for us.

We discussed having a Strawberry Tea in May and president Ann Van Skiver stated she will look into a venue for us. This month's door prize was won by Diane Wick.

Following our meeting we all enjoyed yummy goodies made for us by Don Nelson and Marge Hage with our coffee. Our next meeting will be April 12th. New members are always welcome, so come join us.

- submitted by Maureen Turner

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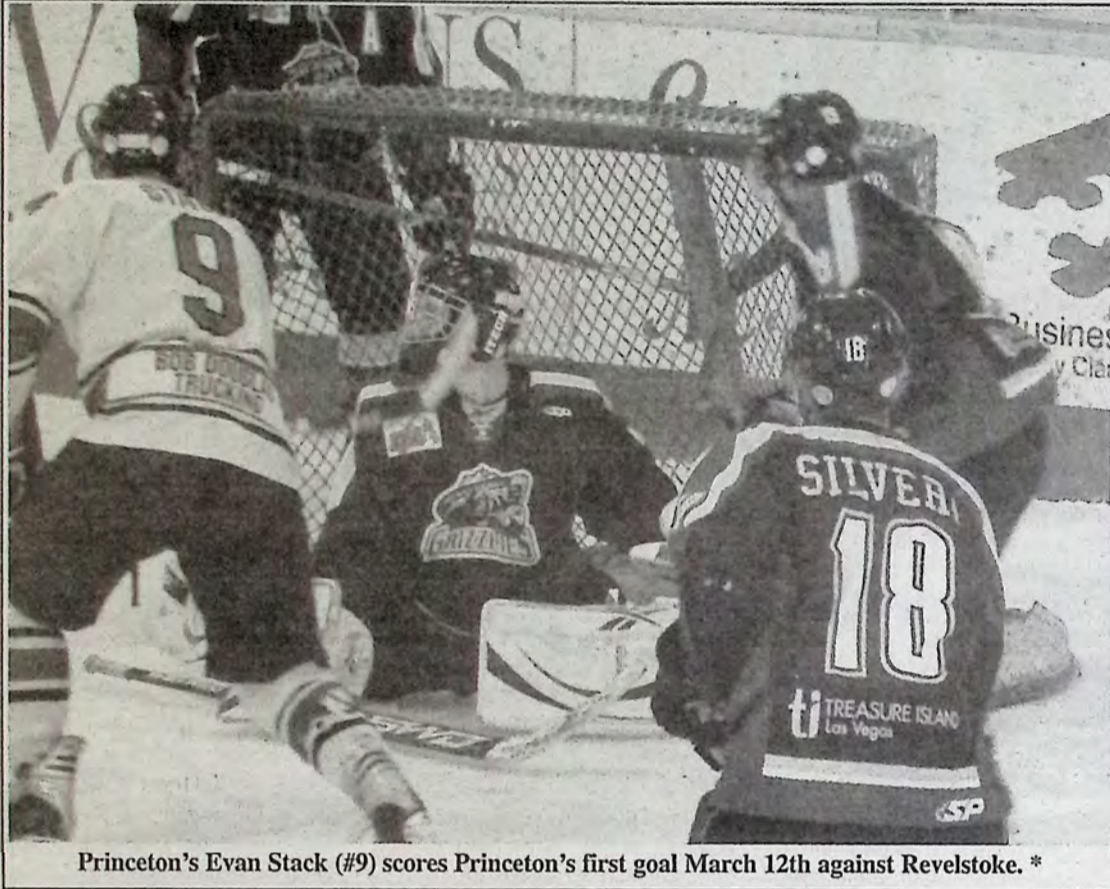


This chart explains the land tenure at Copper Mountain. *



News Leader Entertainment

Similkameen News Leader TV Guide Listings - March 16 - 22, 2010



Princeton's Evan Stack (#9) scores Princeton's first goal March 12th against Revelstoke. *

Grizzlies lead series 3-0

The 2009/10 Princeton Posse continued to navigate uncharted territory March 12th hosting their first-ever (in franchise history) Conference Playoff game.

Although the game was the third in a proposed best-of-seven series and the visiting team came to town with a two-game lead, stats were gathered and analyzed showing that during regular season play both teams split their six game series 3-3. The stats also showed Revelstoke had not won a game on Princeton ice at all during the season. The stats also showed the teams were so evenly matched that Revelstoke lead the regular season series scoring 24 goals to Princeton's 20.

But that was during the regular season.

The Grizzlies finished the regular season at the top of the Okanagan Shuswap Division and that was obvious with the way they played Game 3. The Posse, however, struggled throughout the majority of the game with their passing game and it showed.

Princeton's Evan Stack scored first at 3:28 of the first period with assists going to Spencer Kristensen and Dan Hillman.

Revelstoke tied the game at 1:49. The second period was dominated

by the Grizzlies, although both teams took the time to finish checks and tried to physically take control of each other.

Princeton's Jared Hidber nailed a Revelstoke player at 15:09 and was first assessed a hitting from behind penalty. Upon further consultation with players, coaches and fellow linesmen, referee Nick Swaine added a game misconduct to the call which appeared to have an affect on the way the Posse played the rest of the game.

Revelstoke added two more goals to lead the game 3-1 going into the third frame.

The Posse tried frantically at times

to even the score and despite their hard work in front of, behind, beside and from every angle on goal they just couldn't fully penetrate the Revelstoke defense.

Princeton pulled goalie Brett Patchett for an extra man for the final two minutes of the game and came close, but Revelstoke's Kyle Ceretzke blew the wind out of the sails when a long shot from his own end found its way to the empty net.

Final score: Revelstoke 4, Princeton 1. Shots on goal: Princeton 30, Revelstoke 18. Penalties in minutes: Princeton 7 for 22-minutes, Revelstoke 2 for 4-minutes.



Princeton goalie Brett Patchett grabs one. *

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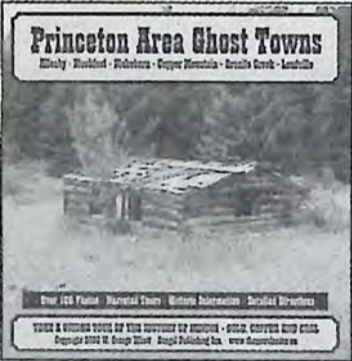
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Princeton Posse Playoffs



Princeton's Evan Stack (#9) faces off with a Revelstoke player in Game 4. *

Princeton's longest season comes to an end

Princeton Posse hosted Revelstoke Grizzlies March 13th for Game 4 of the Okanagan Conference Finals. Revelstoke came into the Princeton & District Multi-Purpose Arena with a commanding 3-0 lead in the best-of-seven series.

It was obvious early in the game that a different Princeton team was on the ice although Revelstoke finished the first period with two goals.

The start of the second period was delayed in order to give the wet ice surface a chance to freeze up.

Once play got underway both teams pushed and shoved their way into each other's ends.

Princeton got their first goal of the game at 4:04 on the power play. Dan Hillman got the goal with assists going to Spencer Kristensen and Brendan Stephen.

Getting on the scoreboard sent a jolt through the team, which showed on ice.

The third period was a completely

different 20-minutes which saw a total of six goals scored.

Princeton tied the game at 15:01 with a power play goal by Ben Morgan. Assists went to Chad Brears and Brooks Christensen. It changed the whole momentum of the game until Revelstoke took back the lead at 9:28.

Then the Grizzlies added their fourth goal at 6:20 and their fifth goal at 4:55 and their sixth goal with 1:06 left to play.

Princeton continued to fight the rest of the game trying hard to regain ground but couldn't.

The Posse did add another goal with 49.5-seconds left (Dan Hillman from Jared Hidber and Nick Ceconi) but it was too late for Princeton.

The long season for the KIJHL team in the smallest market in the league was finally over. The 2009/10 Posse team went farther than any team before it playing a total of 58 games this season.

"It was easily the best Posse team ever assembled," said webcast play-by-play announcer George Elliott.

"I've watched just about every home game since the team moved to Princeton and I thought last season's team was the all-time best but this group of players were even better than that team. They have set franchise and personal records, which will likely be used for comparison of every Posse team to follow. It'll be a tough season to beat."

Final score: Revelstoke 6, Princeton 3. Shots on goal: Princeton 34, Revelstoke 22. Penalties in minutes: Princeton 7 for 38-minutes, Revelstoke 9 for 18-minutes.

Revelstoke wins the Okanagan Conference title sweeping the series in four games and takes on the winners of the Nelson/Fernie Kootenay Conference for the League Championships.

THANK YOU PRINCETON POSSE!

It has been both a pleasure and an honour to be your webcast play-by-play announcer for the 2009/10 season.

I would also like to thank those who also assisted with the webcasts over the season: Kevin Robillard, Clint Clifton, Des Cosman, the Posse Executive and Posse Players.

I look forward to the 2010/11 season!

- George Elliott

TUESDAY, MARCH 16, 2010

TV schedule grid for Tuesday, March 16, 2010, listing programs across various channels (WTBS, CHBC, KNOW, KSPS, KHQ, KREM, A&E, KXLY, BCTV, CITY, CBC, YTV, TSN, VTV, DISC, FAM, CITY, SPIKE, TROP) and time slots (AM 6:30, 7:30, 8:30, 9:30, 10:30, 11:30, PM 12:30, 1:30, 2:30, 3:30, 4:30, 5:30, 6:30, 7:30, 8:30, 9:30, 10:30, 11:30).

WEDNESDAY, MARCH 17, 2010

TV schedule grid for Wednesday, March 17, 2010, listing programs across various channels (WTBS, CHBC, KNOW, KSPS, KHQ, KREM, A&E, KXLY, BCTV, CITY, CBC, YTV, TSN, VTV, DISC, FAM, CITY, SPIKE, TROP) and time slots (AM 6:30, 7:30, 8:30, 9:30, 10:30, 11:30, PM 12:30, 1:30, 2:30, 3:30, 4:30, 5:30, 6:30, 7:30, 8:30, 9:30, 10:30, 11:30).

Similkameen News Leader - Horoscopes

March 17- 24, 2010

Aries - You are in your own element now, feeling and looking good. You want more fun, more time with youth, and you're more creative. This phase lasts into June. Don't overdo fun: moderation.

Taurus - This is a good time to look into your own mind, review past, plan for the future. Your mind is more at ease now, but very active. Job may bring problems, but they won't be serious. Relax!

Gemini - You can make plans now for a vacation. You want a time to relax. You should be learning a lot about budgets, finance, spending. Watch out for vehicle or appliance breakdowns.

Cancer - Money problems grow, work on sorting out values. Home needs work, family needs discipline, scheduling. Put your foot down and get the work done. Be determined and carry it through.

Leo - Energy levels increase. You can proceed with great determination and hard work on projects that mean the most to you. Vehicle troubles may cost you, but banks will give you a loan.

Virgo - You can be a great for a younger people. Your creativity is at low ebb, but you can finish projects through willpower. You gain through tax breaks. Look at all the angles so you benefit. Think!

Libra - Romance is in the air for all Librans but you may be too busy to enjoy romance. Wait until October if you're single and looking. The time will be right then if it isn't now. Go slow.

Scorpio - Your job runs smoothly and health your health is good now. Get things done you haven't had energy for before. People are paying attention to what you say, so speak out. Career goes into high gear.

Sagittarius - You can benefit now by socializing. Short trips can bring pleasure. You are highly creative for two weeks. Make the most of this creative energy by completing projects. Enjoy!

Capricorn - Home renovation and redecoration projects can continue with success for three weeks. Go for it. Don't expect financial help. People enjoy talking with you. Show your sense of humour.

Aquarius - You are still in a phase when people you know may oppose you. Keep a low profile. If you plan a long trip before mid-June, it will be full of problems. Save your money, pay bills.

Pisces - Discuss money, values, budget. Don't let your enthusiasm for spending get you into financial trouble. You want to expand this year, but expand your mind and understanding, not your waistline.

Similkameen News Leader - Recipe Corner

Recipe #314

Shiitake Mushroom Scramble

(NC)—In Italy and France truffles and eggs combine to create a superb taste sensation. Here the woody, earthy flavour of Shiitake mushrooms creates a similar flavour. Drizzle with truffle oil just before serving to add the crowning touch. Preparation Time: 5 minutes Cooking Time: 8 minutes

- 1 tbsp (15 mL) olive oil or a combination of butter and oil
- 4 oz (125 g) fresh shiitake mushrooms, stemmed and sliced
- 4 large eggs
- 1 tbsp (15 mL) milk
- pinch salt and pepper

In a medium non-stick skillet heat oil over medium-high heat; sauté mushrooms about 3-4 minutes or until lightly browned. Meanwhile whisk eggs, milk, salt and pepper together until well combined. Lower heat to medium-low; pour egg mixture over mushrooms.

With wooden spoon or heatproof rubber spatula push the eggs gently around the pan as they set. Continue until they are just set, creamy and still moist, about 2-4 minutes. Remove from heat and serve immediately. Makes 2 servings

Tip: The eggs will continue to cook from the heat of the pan so remove from heat before you think they are done.

Variation: Add 1 minced clove garlic with the mushrooms and stir in diced cream cheese, or Brie to taste just as the eggs are set.

More delicious recipe ideas are available online at www.mushrooms.ca.

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Tuesday Movies

MORNING

10:00 am YTV (18) ★★★ "Flushed Away" (2006, Comedy) Voices of Hugh Jackman. Animated. After an ignoble landing in Ratopolis, a pampered rodent enlists the help of a sewer scavenger in finding his way back to his posh London flat. (In Stereo) (E)

8:00 pm WTBS (3) ★½ "Batman & Robin" (1997, Action) Arnold Schwarzenegger. Batgirl joins the caped crusaders to stop Mr. Freeze and Poison Ivy from wreaking revenge upon the world. (E)

9:00 pm KNOW (5) ★★★ "My Flesh and Blood" (2003, Documentary) Susan Tom. Filmmaker Jonathan Karsh profiles Susan Tom, a woman who has adopted 11 children who are physically impaired or ill. (E)

10:30 pm WTBS (3) ★★ "The Ice Harvest" (2005, Comedy-Drama) John Cusack. A mob lawyer tries to keep his cool after he and his pornographer partner steal a small fortune from a powerful figure. (E)

AFTERNOON

1:00 pm YTV (18) ★★★ "Chicken Run" (2000, Comedy) Voices of Mel Gibson. Premiere. Animated. A dashing rooster and the hen he loves lead an escape from a farm in 1950s England. (In Stereo) (E)

EVENING

Wednesday Movies

MORNING

10:00 am YTV (18) ★★★ "Surf's Up" (2007, Comedy) Voices of Shia LaBeouf. Animated. Followed by a documentary film crew, a teenage penguin heads to Pen Gu Island for his first professional surfing competition. (In Stereo) (E)

save their kidnapped parents. (In Stereo) (E)

EVENING

8:00 pm WTBS (3) "American Pie Presents: Band Camp" (2005, Comedy) Tad Hilgenbrink. A lewd teen causes mischief when he must attend a camp for musicians. (E)

10:00 pm WTBS (3) ★★ "Above the Rim" (1994, Drama) Duane Martin. A high-school basketball star is torn by loyalties to a drug dealer and an ex-player. (E)

AFTERNOON

1:00 pm YTV (18) "Air Buddies" (2006, Comedy) Patrick Cranshaw. Five talking puppies band together to

Thursday Movies

MORNING

10:00 am YTV (18) ★★½ "Looney Tunes: Back in Action" (2003, Comedy) Brendan Fraser. Live action/animated. Bugs Bunny tries to find Daffy Duck after the latter loses his job and travels to Las Vegas with a man. (In Stereo) (E)

EVENING

6:00 pm SPIKE (44) ★★★ "Predator" (1987, Science Fiction) Arnold Schwarzenegger. A sneaky alien monster attacks commandos on a jungle mission in South America. (In Stereo)

8:00 pm WTBS (3) ★★★ "Grosse Pointe Blank" (1997, Romance-Comedy) John Cusack. An assassin on assignment attends his high-school reunion. (E)

AFTERNOON

1:00 pm YTV (18) ★★★ "Home Alone" (1990, Comedy) Macaulay Culkin. Accidentally left by his Paris-bound family, an 8-year-old makes mincemeat of two burglars in the house. (In Stereo) (E)

10:00 pm WTBS (3) ★★½ "Payback" (1999, Action) Mel Gibson. A man seeks revenge on his wife and crime partner, who shot him and left him for dead. (E)

Friday Movies

MORNING

10:00 am YTV (18) ★★½ "Barnyard" (2006, Comedy) Voices of Kevin James. Animated. Otis the bull would rather sing and dance with the other farm animals, but somehow he must find the courage to lead when responsibility is thrust upon him. (In Stereo) (E)

seeks revenge on his wife and crime partner, who shot him and left him for dead. (E)

9:30 pm FAM (26) "Stuck in the Suburbs" (2004, Comedy-Drama) Danielle Panabaker. Two friends set out to reveal the true persona of a pop star whose flashy image was manufactured by his record company. (In Stereo) (E)

AFTERNOON

1:00 pm YTV (18) ★★ "The Mighty Ducks" (1992, Comedy) Emilio Estevez. Premiere. To get out of trouble, a hotshot lawyer opts for community service coaching rowdies in pee-wee hockey. (In Stereo) (E)

10:00 pm WTBS (3) ★½ "Double Team" (1997, Adventure) Jean-Claude Van Damme. An international spy teams with a flamboyant weapons dealer to escape from a penal colony and save his family. (E)

EVENING

7:30 pm FAM (26) "Starstruck" (2010, Drama) Sterling Knight. Premiere. A Midwestern girl visits Los Angeles and spends time with a rising Hollywood pop star. (In Stereo) (E)

10:48 pm FAM (26) ★★ "Richie Rich" (1994, Comedy) Macaulay Culkin. The boy zillionaire saves his parents and Rich Industries from a scheming executive. (In Stereo) (E)

8:00 pm WTBS (3) ★★½ "Payback" (1999, Action) Mel Gibson. A man

THURSDAY, MARCH 18, 2010

Grid of TV schedules for Thursday, March 18, 2010. Columns represent channels (WTBS, CHBC, KNOW, KSPS, KHQ, KREM, A&E, KXLY, BCTV, CITY, CBC, YTV, TSN, VTV, DISC, FAM, CITY, SPIKE, TROP) and rows represent time slots (6:30 AM to 11:30 PM). Each cell contains program titles and channel identifiers.

FRIDAY, MARCH 19, 2010

Grid of TV schedules for Friday, March 19, 2010. Columns represent channels (WTBS, CHBC, KNOW, KSPS, KHQ, KREM, A&E, KXLY, BCTV, CITY, CBC, YTV, TSN, VTV, DISC, FAM, CITY, SPIKE, TROP) and rows represent time slots (6:30 AM to 11:30 PM). Each cell contains program titles and channel identifiers.

News Leader Puzzle Page

CARTER'S Sudoku Challenge

CREATED FOR THE NEWS LEADER BY CARTER BOSWELL

HOW TO PLAY:

Sudoku is a game of logic. There is no math involved. The object of the game is to fill the grid so that the numbers 1 through 9 appear only once in each row, column and 3 x 3 box. The numbers can appear in any order and Carter has left you some clues below.

CHALLENGE #277 - Rated Easy

		6		1 4				5
	2			7 6	1			
5					7 3			
		3			9			2
	7			5				8
9			7			6		
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2			6 3		8			

CHALLENGE #278 - Rated Hard

		3 7						
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	1		4				5	
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4 2							1	
		1 4 8			5			
				1 2				

THIS WEEK'S SOLUTIONS:
Page 18

Carter's Sudoku Challenge grids, puzzles and solutions copyright 2009 Carter Boswell, Princeton, BC and published by Similkameen News Leader

We're different, and we like that.

Similkameen News Leader

Saturday Movies

MORNING

10:00 am WTBS (3) ★★ "Angela's Ashes" (1999, Historical Drama) Emily Watson. Based on Frank McCourt's memoir of his impoverished boyhood.

AFTERNOON

12:00 pm FAM (26) ★★ "The Even Stevens Movie" (2003, Comedy) Shia LaBeouf. The Stevens family's free vacation turns into a nightmare. (In Stereo) (E)

1:33 pm FAM (26) "The New Adventures of Spin and Marty" (2000, Adventure) David Gallagher.

Two newfound friends spy on a pair of creepy neighbors in this updated version of the 1950s serial. (In Stereo) (E)

5:00 pm WTBS (3) ★★½ "The Guardian" (2006, Drama) Kevin Costner. A trainer in a Coast Guard program for rescue swimmers turns a cocky recruit into his protege and takes him on a mission to the Bering Strait. (E)

EVENING

6:00 pm CITY (29) ★★★ "The Saddest Music in the World" (2003, Musical) Mark McKinney. During the Great Depression, a beer

baroness holds a competition to find the saddest music in the world. (E) (DVS)

7:00 pm CITY (12) "Ice Blues" (2008, Mystery) Chad Allen. After the death of a lawyer, Strachey hunts the killer before he strikes again. (E)

7:30 pm WTBS (3) ★★½ "The Alamo" (2004, War) Dennis Quaid. In 1836 Davy Crockett, Jim Bowie and more than 180 Texans hold off the Mexican army for 13 days during Sam Houston's revolution. (E)

8:00 pm CHBC (4) BCTV (11) "Ice Blues" (2008, Mystery) Chad Allen. Premiere. After the death of a lawyer, Strachey hunts the killer before he strikes again. (E)

9:00 pm FAM (26) ★★½ "Superman II" (1980, Science Fiction) Christopher Reeve. The Man of Steel gets serious with Lois Lane and fights three Krypton outcasts in league with Lex Luthor. (In Stereo) (E)

9:30 pm WTBS (3) ★★★ "G.I. Jane" (1997, Drama) Demi Moore. A female Navy SEALs recruit completes rigorous training under a tough officer's command. (E)

11:00 pm KNOW (5) ★★ "Startup.com" (2001, Documentary) Two longtime friends create an online business that enjoys rapid success before its spectacular fall. (E)

11:07 pm FAM (26) ★½ "Batman & Robin" (1997, Action) Arnold Schwarzenegger. Batgirl joins the caped crusaders to stop Mr. Freeze and Poison Ivy from wreaking revenge upon the world. (In Stereo) (E)

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Sunday Movies

MORNING

8:00 am WTBS (3) ★★ "Mimic" (1997, Horror) Mira Sorvino. Married scientists battle killer cockroaches with the ability to assume human form. (E)

10:00 am WTBS (3) ★½ "The Haunting" (1999, Horror) Liam Neeson. A parapsychologist and three others stay in a house reputed to be the site of many awful tragedies. (E)

A&E (9) ★★ "Striking Distance" (1993, Suspense) Bruce Willis. An alienated Pittsburgh police officer and his new partner on the River Rescue Squad hunt a serial killer. (E)

AFTERNOON

12:00 pm WTBS (3) ★½ "I Know What You Did Last Summer" (1997, Horror) Jennifer Love Hewitt. A killer stalks North Carolina teens who disposed of an auto accident's live victim. (E)

FAM (26) "Camp Rock" (2008, Musical Comedy) Joe Jonas. A talented singer works in the kitchen at a summer camp for aspiring musicians. (In Stereo) (E)

1:34 pm FAM (26) ★★½ "Eddie's Million Dollar Cook-Off" (2003, Comedy) Taylor Ball. A 14-year-old

baseball prodigy tries to juggle the playoffs and a cooking contest in the same day. (In Stereo) (E)

2:00 pm WTBS (3) ★★★ "Grosse Pointe Blank" (1997, Romance-Comedy) John Cusack. An assassin on assignment attends his high-school reunion. (E)

YTV (18) "The Reef" (2006, Comedy) Voices of Freddie Prinze Jr. Animated. An orphaned fish must deal with a jealous bully while trying to win the heart of a finned beauty. (In Stereo) (E)

4:00 pm WTBS (3) ★★½ "What Lies Beneath" (2000, Suspense) Harrison Ford. Supernatural events plague a college professor and his wife as they investigate a murder she believes occurred next door. (E)

YTV (18) ★★ "Over the Hedge" (2006, Comedy) Voices of Bruce Willis. Animated. An opportunistic raccoon teaches fellow animals about the edible treasures that the new humans in the neighborhood conveniently leave outdoors. (In Stereo) (E)

5:00 pm CBC (13) ★★½ "High School Musical 3: Senior Year" (2008, Musical Comedy) Zac Efron, Troy, Gabriella and the rest of the Wildcats plan an elaborate spring musical to express their experiences, hopes and fears for their

futures. (In Stereo) (E)

EVENING

6:00 pm YTV (18) ★★★ "Ice Age" (2002, Comedy) Voices of Ray Romano. Animated. A woolly mammoth, a saber-toothed tiger and a sloth find a human baby and try to reunite him with his tribe. (In Stereo) (E)

6:45 pm WTBS (3) ★★½ "What Lies Beneath" (2000, Suspense) Harrison Ford. Supernatural events plague a college professor and his wife as they investigate a murder she believes occurred next door. (E)

8:00 pm CBC (13) "Facing Ali" (2009, Documentary) George Chuvalo. Ten former rivals pay tribute to Muhammad Ali. (In Stereo) (E)

8:30 pm SPIKE (44) ★★ "The Hills Have Eyes" (2006, Horror) Aaron Stanford. A family road trip takes a terrifying turn when the travelers become stranded in a government atomic zone inhabited by a band of bloodthirsty mutants. (In Stereo)

9:00 pm FAM (26) ★★ "Oh, God!" (1977, Comedy) George Burns. God comes to Earth as an elderly man with a twinkle and picks a supermarket produce manager to spread his word. (In Stereo) (E)

9:30 pm WTBS (3) ★ "The Haunting" (1999, Horror) Liam Neeson. A parapsychologist and three others stay in a house reputed to be the site of many awful tragedies. (E)

10:38 pm FAM (26) ★★ "Practical Magic" (1998, Comedy-Drama) Sandra Bullock. Raised by their aunts, two sisters use different means to avoid a family legacy of witchcraft. (In Stereo) (E)

11:00 pm SPIKE (44) ★★ "The Lost Boys" (1987, Horror) Jason Patric. A woman and her sons move to a coastal California town full of teenage vampire punks. (In Stereo)

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SATURDAY, MARCH 20, 2010

	WTBS (3)	CHBC (4)	KNOW (5)	KSPS (6)	KHQ (7)	KREM (8)	A&E (9)	KXLY (10)	BCTV (11)	CITV (12)	CBC (13)	YTV (18)	TSN (19)	VTV (22)	DISC (24)	FAM (26)	CITY (29)	SPIKE (44)	TROP (45)
6 AM	Paid Prog.	World Vision	Wibbly Pig	America	Today (N)	(5:00) The Early Show (N)	Sell House	Paid Prog.	World Vision	Fishing	News	Grossology	SportsCentre	OWL/TV Kingdom	Canada's Worst Driver	Jungle Wubbzy	CHIN Dharti	Disorderly Con.	Torrens Paid
6:30 AM	Paid Prog.	Saturday Morning News (N)	(7:05) Little Clifford	MotorWeek Travels	News (N)	Busytown	Sell House	Good Morning America	Saturday Morning News (N)	Saturday Morning News (N)	Animal Super Why!	OddParent	Sportfish	Anne	Man vs. Wild "China"	Mickey Manny	Eye on Asia	Disorderly Con.	Friends
7 AM	Movie	George S. Bus	Woodsmith	Hometime	Busytown	Flip This House	Emperor	Replace	Busytown	Flip This House	Rangers	Rangers	Razzberry	SpongeBob	Kids	Ancient World	Phineas Studio	Xtreme 4x4	Family Guy
7:30 AM	Movie	(6:58) Arthur (DVS)	Woodshop Old House	Old House	Will's	College Basketball	Flip This House	Montana	Fish'n	Powerboat	Fashion	SpongeBob	Billiards: Trick Shots	Amnesty International	Canada's Worst Driver	Zeke	Hockey	Best of PRIDE Fighting	Dog Whisperer
8 AM	Movie: "Angela's Ashes" (1999)	Fishing	Spider	Kitchen	Jane	College Basketball	Flip This House	Suite Life	Fishing	Tradition	Antiques	SpongeBob	Billiards: Trick Shots	Amnesty International	Canada's Worst Driver	Zeke	Hockey	Best of PRIDE Fighting	Dog Whisperer
8:30 AM	Movie: "Angela's Ashes" (1999)	Powerboat	Rolie Polie Olie	Christina Food	Paid Prog.	College Basketball	Flip This House	Countdown	Powerboat	Simpsons	Speed Skating	League	NASCAR Racing: Nationwide	Sledhead: Hockey	Junk Raiders	Zoey 101	EP Weekly	Best of PRIDE Fighting	Dog Whisperer
9 AM	Movie: "Angela's Ashes" (1999)	Tradition	Food	Food	Paid Prog.	College Basketball	Flip This House	NASCAR	Tradition	Simpsons	Speed Skating	League	NASCAR Racing: Nationwide	Sledhead: Hockey	Junk Raiders	Zoey 101	EP Weekly	Best of PRIDE Fighting	Dog Whisperer
9:30 AM	Movie: "Angela's Ashes" (1999)	Tradition	Food	Food	Paid Prog.	College Basketball	Flip This House	NASCAR	Tradition	Simpsons	Speed Skating	League	NASCAR Racing: Nationwide	Sledhead: Hockey	Junk Raiders	Zoey 101	EP Weekly	Best of PRIDE Fighting	Dog Whisperer
10 AM	Movie: "Angela's Ashes" (1999)	Tradition	Food	Food	Paid Prog.	College Basketball	Flip This House	NASCAR	Tradition	Simpsons	Speed Skating	League	NASCAR Racing: Nationwide	Sledhead: Hockey	Junk Raiders	Zoey 101	EP Weekly	Best of PRIDE Fighting	Dog Whisperer
10:30 AM	Movie: "Angela's Ashes" (1999)	Tradition	Food	Food	Paid Prog.	College Basketball	Flip This House	NASCAR	Tradition	Simpsons	Speed Skating	League	NASCAR Racing: Nationwide	Sledhead: Hockey	Junk Raiders	Zoey 101	EP Weekly	Best of PRIDE Fighting	Dog Whisperer
11 AM	Movie: "Angela's Ashes" (1999)	Tradition	Food	Food	Paid Prog.	College Basketball	Flip This House	NASCAR	Tradition	Simpsons	Speed Skating	League	NASCAR Racing: Nationwide	Sledhead: Hockey	Junk Raiders	Zoey 101	EP Weekly	Best of PRIDE Fighting	Dog Whisperer
11:30 AM	Movie: "Angela's Ashes" (1999)	Tradition	Food	Food	Paid Prog.	College Basketball	Flip This House	NASCAR	Tradition	Simpsons	Speed Skating	League	NASCAR Racing: Nationwide	Sledhead: Hockey	Junk Raiders	Zoey 101	EP Weekly	Best of PRIDE Fighting	Dog Whisperer

SUNDAY, MARCH 21, 2010

	WTBS (3)	CHBC (4)	KNOW (5)	KSPS (6)	KHQ (7)	KREM (8)	A&E (9)	KXLY (10)	BCTV (11)	CITV (12)	CBC (13)	YTV (18)	TSN (19)	VTV (22)	DISC (24)	FAM (26)	CITY (29)	SPIKE (44)	TROP (45)
6 AM	Sports	Hunter	Wibbly Pig	Mr Rogers	Today (N)	Paid Prog.	Private Sessions	Paid Prog.	Hunter	Hunter	Razzberry	Grossology	SportsCentre	Daily Planet	Out Cold	Rangers	Travels	MuscleCar	Big Flip
6:30 AM	Saved-Bell	Fishful	Franklin	Angelina	News (N)	Paid Prog.	Private Sessions	Paid Prog.	Fishful	Fish'n	Bo on Go	Rollbots	SportsCentre	Daily Planet	Out Cold	Wubbzy	Planet	MuscleCar	Paid Prog.
7 AM	Saved-Bell	Fishing	(7:05) Little Clifford	Zula Patrol	News (N)	CBS News Sunday Morning	The Sopranos	Good Morning America	Fishing	Canada	Super Why!	Casper	Reporters	Sue	Clash of the Dinosaurs	Mickey	Eye on Asia	MuscleCar	Friends
7:30 AM	Saved-Bell	Canada	Clifford	Big World	Northwest	CBS News Sunday Morning	The Sopranos	Good Morning America	Canada	That News	Coronation	Pearlie	Reporters	Sue	Clash of the Dinosaurs	Mickey	Eye on Asia	MuscleCar	Friends
8 AM	Movie: "Mimic" (1997)	Sunday Morning News (N)	George S. Bus	Dragonfly	Meet the Press (N)	Nation	The Sopranos	This Week (N)	Sunday Morning News (N)	TribalTrail	Coronation	Garfield	NASCAR Now (Taped)	Instant	Clash of the Dinosaurs	Phineas	Eye-Asia	Xtreme 4x4	Seinfeld
8:30 AM	Movie: "Mimic" (1997)	Sunday Morning News (N)	George S. Bus	Dragonfly	Meet the Press (N)	Nation	The Sopranos	This Week (N)	Sunday Morning News (N)	TribalTrail	Coronation	Garfield	NASCAR Now (Taped)	Instant	Clash of the Dinosaurs	Phineas	Eye-Asia	Xtreme 4x4	Seinfeld
9 AM	Horror	Mira Sorvino	(8:58) Arthur "Binky"	Animalia	Babar	College Basketball	The Sopranos	Mtthws	Hour of Power	Hour of Power	Coronation	Penguins	Motorcycle	Nature	Mayday	I'm in Band	Italiano di Johnny Lombardi	Trucks!	Survivor: Hero
9:30 AM	Horror	Mira Sorvino	(8:58) Arthur "Binky"	Animalia	Babar	College Basketball	The Sopranos	Mtthws	Hour of Power	Hour of Power	Coronation	Penguins	Motorcycle	Nature	Mayday	I'm in Band	Italiano di Johnny Lombardi	Trucks!	Survivor: Hero
10 AM	Movie: "The Haunting" (1999)	Driving TV	Rules/Meet	Design	Hockey: New York Rangers at Boston Bruins. (Live)	College Basketball	The Sopranos	Hometime	Driving TV	Listen Up	AHL Hockey: Abbotsford	OddParent	Hockey: New York Rangers at Boston Bruins. (Live)	PLAN	Breaking Point	Zeke	Hockey	UFC Fight Night	Shark Tank
10:30 AM	Movie: "The Haunting" (1999)	Driving TV	Rules/Meet	Design	Hockey: New York Rangers at Boston Bruins. (Live)	College Basketball	The Sopranos	Hometime	Driving TV	Listen Up	AHL Hockey: Abbotsford	OddParent	Hockey: New York Rangers at Boston Bruins. (Live)	PLAN	Breaking Point	Zeke	Hockey	UFC Fight Night	Shark Tank
11 AM	Movie: "The Haunting" (1999)	Driving TV	Rules/Meet	Design	Hockey: New York Rangers at Boston Bruins. (Live)	College Basketball	The Sopranos	Hometime	Driving TV	Listen Up	AHL Hockey: Abbotsford	OddParent	Hockey: New York Rangers at Boston Bruins. (Live)	PLAN	Breaking Point	Zeke	Hockey	UFC Fight Night	Shark Tank
11:30 AM	Movie: "The Haunting" (1999)	Driving TV	Rules/Meet	Design	Hockey: New York Rangers at Boston Bruins. (Live)	College Basketball	The Sopranos	Hometime	Driving TV	Listen Up	AHL Hockey: Abbotsford	OddParent	Hockey: New York Rangers at Boston Bruins. (Live)	PLAN	Breaking Point	Zeke	Hockey	UFC Fight Night	Shark Tank

MONDAY, MARCH 22, 2010

	WTBS (3)	CHBC (4)	KNOW (5)	KSPS (6)	KHQ (7)	KREM (8)	A&E (9)	KXLY (10)	BCTV (11)	CITV (12)	CBC (13)	YTV (18)	TSN (19)	VTV (22)	DISC (24)	FAM (26)	CITY (29)	SPIKE (44)	TROP (45)
6 AM	In the Heat of the Night	(5:30) Morning News (N)	Franklin George S.	Bob Build Lions	News (N)	News	CSI: Miami	News	(5:30) Morning News (N)	(4:30) Morning News (N)	CBC News Now (N)	Being Ian Viva Piñata	SportsCentre	Canada AM	Daily Planet	Henry's Feet	CityLine	CSI: NY	Inside Box Switch
7 AM	Cosby		Clifford the Big Red Dog (DVS)	Arthur (EI) Martha	Today (N)	The Early Show (N)	Cold Case Files	Good Morning America (N)			Dirtgirl	SpongeBob OddParent	SportsCentre		Mayday	Mickey Mickey	The Tyra Show	CSI: Crime Scn	Carlawood Parker
8 AM	Harvey		Sid the Science Kid "I Want Cake"	Curious Sid			The First 48		100 Huntley Street		Bo on Go	Pokemon Rollbots	SportsCentre		Canada's Worst Driver	Handy Handy	Rachael Ray	CSI: Crime Scn	Re-Vamped
9 AM	Fam. Feud	100 Huntley Street		Super Why! Dinosaur		The 700 Club	The First 48	Live With Regis & Kelly	100 Huntley Street	World Vision	Super Why! News	Rolie Polie Timothy	Sportfish	Live With Regis & Kelly	Agent Oso	Role	Amazing	CSI: Crime Scn	Collin-Justin
10 AM	Reba	Canada	Spider (10:35)	Sesame Street (EI)		The Price Is Right (N)	Hoarders	The View (N)	Canada	Debt Part	Poko	Berenstain Willa's	Bowling	The View (N)	How-Made	Phineas	The O.C. "The Shower"	CSI: Crime Scn	Whatever
11 AM	Jim Name Earl	World Vision	Rolie Polie Berenstain	Clifford Sit-Be Fit	Ellen DeGeneres Show	Young & Restless	The Sopranos	Paid Prog.	World Vision	(10:59) Noon News Hour (N)	Gofrette	George S. (11:40) Erky	Billiards: Mosconi Cup	Fashion	Forensic Factor	Phineas Suite Life	CityLine	CSI: NY	Golden
12 PM	Just Shoot King	Noon News Hour (N)	Maggie Rose (12:37)	Charlie Rose	Paid Prog.	News Bold	CSI: Miami	All My Children (N)	Noon News Hour (N)	Days of our Lives (N)	CBC News Now (N)	(12:05) Kid Mr. Men	SnowTrax	etalk	License to Drill	Wizards Montana	The Bonnie Hunt Show	CSI: Crime Scn	Fresh Pr. Frasier
1 PM	King The Office	As the World Turns (N)	(1:02) Dinosaur	Fine Art Sewing	Days of our Lives (N)	As the World Turns (N)	Cold Case Files	One Life to Live (N)	As the World Turns (N)	As the World Turns (N)	Canine Confidential	(12:55) Viva Jacob	2010 World Women's Championship: Canada vs. Latvia. (Live)	Sue Thomas: F.B.Eye	Dirty Jobs	Cory Recces	Judge J. Judge J.	CSI: Crime Scn	Seinfeld
2 PM	The Office Friends	Young & Restless	Franklin BluesClues	Barney WordWorld	The Bonnie Hunt Show	Let's Make a Deal (N)	The First 48	General Hospital (N)	Young & Restless	The Doctors	Steven and Chris	Pearlie Invasion		Dr. Phil	MythBusters	Replace School	CityLine	CSI: Crime Scn	Golden
3 PM	Friends Seinfeld	The Doctors	(3:01) Little Bear Waiting for snow	WordGirl Electric	Judge Judge	Dr. Phil	The First 48	Rachael Ray	The Doctors	Young & Restless	Recipes Sophie	(2:50) Kid League	Sports	(2:59) The Dr. Oz Show	Worst Handyman	Life Derek Suite Life	CityNews at 6 (N)	CSI: Crime Scn	Carlawood Parker
4 PM	Family Guy	Oprah Winfrey	George S.	Fetch! Ruff Cyberchas	Judge J.	Oprah Winfrey	Hoarders	Deal-Deal Deal No	Oprah Winfrey	(3:59) Early Global Nat.	Ghost Whisperer	SpongeBob OddParent	NHL Hockey: Pittsburgh Penguins at Detroit Red Wings.	Ellen DeGeneres Show	Daily Planet	Phineas Wizards	Law and Order	UFC's Ultimate Fight Night	Re-Vamped
5 PM	Payne	Early News	(4:57) Martha	BBC World Business	News (N) NBC News	News CBS News	Hoarders	News ABC News	Early News Global Nat.	(4:59) News Hour (N)	CBC News: Vancouver (N)	OddParent SpongeBob	CTV News at Five (N)	MythBusters	Suite/Deck Zoey 101	How I Met How I Met			Wipeout (N)
6 PM	Monica	Global Nat.	Mechanics	PBS NewsHour (N)	News (N) Millionaire	News Access H.	Hoarders	News	(5:59) News Hour (N)	Ent	Coronation	Indie	Curling: 2010 World Women's Championship: p. Canada vs. China. (Live)	CTV News (N)	Dirty Jobs (N)	Montana Wizards	Trauma "13" (N)	TNA Wrestling (Live)	Wipeout (N)
7 PM	Seinfeld	Ent	Eden	'Allo, 'Allo! Roadshow	Jeopardy!	The Doctors	Hoarders	Ent	Ent	Cold Blood	Wheel Jeopardy!	iCarly	2010 World Women's Championship: p. Canada vs. China. (Live)	etalk	Motor City Motors (N)	Sonny Suite Life	Chuck (N)		Parking
8 PM	Law & Order: SVU	House "Instant Karma"	Art of the Heist	Antiques Roadshow	Chuck (N)	How I Met Rules	Kirstie	Dancing With the Stars The contestants perform.	House "Instant Karma"	House "Instant Karma"	18 to Life Mosque	Malcolm Chris	8 Rules	Hiccups (N) Dan-Mayor	Daily Planet	Overruled! Montana	News EP Daily	Fastest Police Chases	Parker ET Canada
9 PM	Movie	24 (N) (PA)	Power of Art	American Experience	Trauma "13" (N)	Two Men Big Bang	(9:01) Hoarders		24 (N) (PA)	24 (N) (PA)	The Cult	10 Things	Sports	Two Men Big Bang	Wizards Buzz	Rock of Love Bus	(9:08) DEA "Deep Cover"	Seinfeld	
10 PM		Cold Blood	Invisible City	American Masters	Law & Order (N)	CSI: Miami "Dishonor"	(10:01) Hoarders	(10:02) Castle (N)	Cold Blood	News Hour Final (N)	National	Family Biz Indie	Motoring 2010	CSI: Miami "Dishonor"	Motor City Motors	School Cory	King of Hill Bernie Mac	CSI: Crime Scn	Wipeout
11 PM	TBA	CHBC News Final (N)	Yoho National Park	Charlie Rose (N)	News (N) Jay Leno	News Letterman	(11:01) Hoarders	News	News Hour Final (N)	Ent ET Canada	(11:05) The Hour	Prank Ptrl Fries That?	SportsCentre (Live)	CTV News	Dirty Jobs	So Raven Life Derek	Coach Judge	(11:08) Unsolved Mysteries	Wipeout

Monday Movies

MORNING

10:00 am YTV (18) ***"Over the Hedge" (2006, Comedy) Voices of Bruce Willis. Animated. An opportunistic raccoon teaches fellow animals about the edible treasures that the new humans in the neighborhood conveniently leave outdoors. (In Stereo) [E]

AFTERNOON

1:00 pm YTV (18) **"Agent Cody Banks" (2003, Adventure) Frankie Muniz. Recruited by the CIA, a teen works under cover to befriend a girl whose father is a pawn for an evil organization. (In Stereo) [E]

EVENING

9:00 pm WTBS (3) **"Head of State" (2003, Comedy) Chris Rock. An alderman becomes a presidential candidate and chooses his unsophisticated brother as a running mate. [E]

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It is with great sadness that we announce the passing of Raymond Darryl Howarth on March 4th, 2010 at Victoria Jubilee Hospital

Ray passed away after a major stroke in Victoria, BC. His 4 children, Marcy Howarth James, Daryl Howarth, Kelly Howarth and Dennis Howarth, as well as some grandchildren were with him the week before his passing at the hospital.

Ray was born in Princeton, BC July 8th, 1933 to parents John and Alice Howarth (Williams). Ray was born into a family of 7 children: John, Catherine, David, Dennis, Ted and Mark.

The family is planning a memorial celebration of the life of Ray Howarth at the Legion #91, 761 Station Avenue, Langford, Victoria on the Easter weekend, Saturday, April 3, 2010 from 2:00 PM onward.

So it is with great sadness that we say goodbye to a great guy, Dad, Grandpa, Brother, Uncle and Friend.

for lease

2,500 sq ft commercial space for lease. Zoned C2, on site parking, lots of windows, single washroom, perfect for retail or office. Located in a high traffic location downtown on Bridge Street. Available immediately. Call Lee Mowry at 250.295-1990 Century 21 Princeton Realty. Mar 09th

for rent

Newer 3,100 sq ft home on private 5-acres with small creek. Fenced for horses. 20-minutes from Princeton. Available in April. Rent to own for only \$1,700 per month with \$500-\$800 credit toward mortgage depending on down payment! References required. Call 250.859.4944. Mar 09-23

for sale

2007 Aerolite 30-foot Travel Trailer with tip-out. Sleeps 8. Fully loaded - surround sound stereo, 3 TV hook-ups, microwave, air conditioning, fantastic fan, filtered water, outside barbeque and shower, cargo door. Lightweight and easy to tow. Four years left on warranty. New condition - used only 8 times. Asking \$20,000 FIRM. View at 145 Angela Avenue. Phone 250.295.6408. Mar 02-23

help wanted

3-bedroom house downtown available immediately. Asking \$750 per month. No smoking, no pets. Contact Heather Johnson at Century 21 Princeton Realty 250.295.6977. Mar 09th

Full-time and part-time employees wanted starting April 15 at Doug's Homestead Meats. E-mail resume to dougshomestead@gmail.com or snail mail to PO Box 219, Hedley, BC V0X 1K0. Mar 09-23

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notices

Dr. Barry Cook is pleased to announce Dr. Greg Gill will commence practice at our office as of March 8, 2010.

Dr. Gill practiced with our office from 1973 to 1976.

Please phone 250.295.6212 for appointments.

notices

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Legion Hall on Bridge Street
Mar 16-23

real estate

Mobile for sale on 2+ acres, Baker Hill Road on Princeton-Summerland Road. Hay barn and fenced rail pasture. 15-minutes from town. \$159,000. Call (250) 295-6456. Feb 16-Mar 23

House for sale, Similkameen Avenue. 3 lots, 4-bedroom, 1 bath, 2 storey, unfinished basement, new furnace. Phone 250.295.6238 or 250.295.1633. Mar 16-Apr 20

wanted

Young family wants to lease or care take horse acreage near Princeton race track. Train racing QH, operate Wild Horse Power equine medicine and massage. Call (250) 484-5601 or e-mail wildhorsepower@hotmail.com Feb 16-Mar 23

help wanted

The Tulameen Community Club is looking for a Facilities Maintenance Manager. This position requires the successful candidate handle facility rentals and maintenance, including both the interior and exterior of Community Club properties. The position is a part time, hourly, as required, and is best suited to someone who is a 'handyman' type and resides in the Tulameen area. For full description and more details visit www.tulameenbc.com. Mar 02-16

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1-bedroom suite, downtown. Close to everything. Call Sharon (250) 295-1845. Mar 25-15

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Available March 15, 3-bedroom house on Tipton Avenue. 1,150 sq ft on main floor, large kitchen, 4 appliances, partial basement with lots of storage space. New gas furnace, small fenced yard, \$800/month. References required. Call 604.853.3410 or email wkrueger@shaw.ca. Mar 16-30

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SOLUTIONS TO PUZZLES ON PAGE 14

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786	314	295
329	576	148
514	928	736
143	869	572
672	153	489
958	742	613
435	287	961
861	495	327
297	631	854

CHALLENGE #278 - Hard

253	796	481
746	138	925
198	524	367
874	265	193
912	843	756
635	917	842
427	359	618
361	482	579
589	671	234

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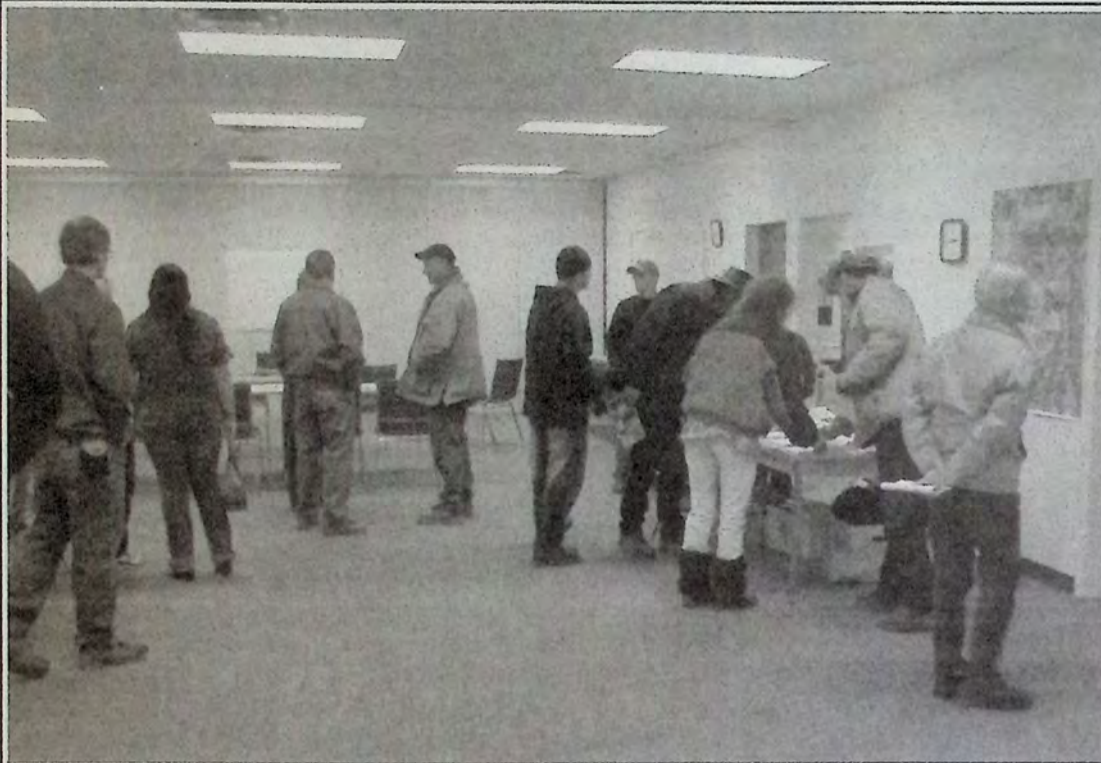
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CMMC Open House



Copper Mountain Mining Corporation hosted an open house March 11th at the Skills Centre. *

ACTIVITIES FOR 2010

- **Construction:**
 - Mill Building Steel Erection - April
 - Equipment Installations - April 2010 - April 2011
- **Preproduction Mining:**
 - Key Operation Supervisors - April
 - Mobile Equipment and Mining - June
- **Exploration:**
 - Drill Test Geophysical Targets

Project on Schedule for Full Production in June 2011

CMMC has big plans for 2010, as explained in this outline. *



Many interested residents attended the open house which ran from 2:30 to 8:30 PM. *

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Editorial Page News Leader

Similkameen News Leader, 226A Bridge Street, PO Box 956, Princeton, BC V0X 1W0

My Turn...

Closure Sounds So Final

I knew the day would come when it had to happen, so I guess I can't say it wasn't expected, but I tried to stay as cold and calculated as I possibly could.

I want to call it cleaning day but in actual fact it was the day that signaled the beginning of the end.

I'm talking about us finally getting around to cleaning Mom's house out, six months after her passing and it wasn't nearly as easy as I tried to convince myself it would be.

Maybe the wait has been what's been keeping me on edge lately. I'm not normally this cranky or angry. But I know if we started it any sooner than this it would have been probably a lot harder.

The home in Kelowna I grew up in was about to leave the family after being such a big part of my life. I vaguely remember moving into it in 1968 but I have many, many fond memories of the years spent there. Even after I moved away to start my own life in 1981 I kept going back as it was a comfortable, safe part of my past that I always appreciated.

Mom continued to live in the house until her first stroke two years ago forced her into an extended stay in hospital, but she fought back and was able to spend just over another year in family home.

A second stroke last year forced her into a wheelchair and pushed us all into realizing the family home was far too much for Mom to handle. Believe me, we looked at options that would keep her there, but they weren't realistic in the end.

My trips to Kelowna became more frequent as Mom's health declined and I always knew I had a place to stay. Somewhere I had strong connections to and somewhere I was comfortable being regardless of the circumstances.

We will end up putting the house up for sale by the end of the month once we complete the massive task of removing basically everything inside. Mom was a bit of a 'pack rat' so although the task sounded huge in the beginning, it got easier as time passed.

I retrieved some belongings of my own I had stored there and collected things that connected me to the house, the years spent there, growing up in Kelowna and memories from the past.

I haven't felt much of a connection to my 'home town' for many, many years, but the family house had a way of settling me down whenever I was there. The old neighbourhood has changed a number of times over the years and neighbours have come and gone, but the house I grew up in was always there sitting proudly in the front part of the property welcoming me whenever I wanted to stop by.

Soon that will be all gone.

But at least I'll still have all my memories.

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EDITORIAL GUIDE

We would like you to write to us, but please remember to abide by anti-discrimination laws.

The News Leader reserves the right to refuse to print any letter which is not signed by the writer or is slanderous, libelous or of uncommon sense!

The Editor reserves the right to condense any letter or to substitute proper language for improper language.



Samples of the ore pulled out of the ground at Copper Mountain were on display during the open house March 11th at the Skills Centre, hosted by Copper Mountain Mining Corporation. *

...Your Turn

Thank You, Isabella!

Dear Editor,

On Sunday March 7th I attended the Celebration of Life for Isabella Johnson. Members of Isabella's family, and friends, told of her many accomplishments and shared memories of this special woman.

I want to thank Isabella for her important contributions to our community.

She was an active volunteer in the Health Coalition, Seniors Branch 30, Old Age Pensioners, Save Our Similkameen, and municipal, provincial, and federal elections. Her concern for others, her informed opinions, and her willingness to speak out for social jus-

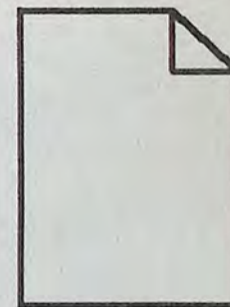
tice and peace will be missed.

Isabella was one of the very many volunteers that are vital to the social and economic well being of Princeton. To honour Isabella's life

I ask that you join me in thanking these women and men as you encounter them in our community.

Yours sincerely,

Susan Hamilton, Princeton



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Current Comment

Throw The Book At Bilkers



Dawn Johnson
editor@thenewsleader.ca

In recent months, we have seen the faces of men who stole money from people who invested in their so-called investment firms which were nothing but a sham. In essence, these fraudulent investment schemes simply bilked people out of their savings. To my way of thinking, these bilkers should spend at least a life sentence in prison. In the old days in the west, they might have been shot or hanged for just stealing a horse because a horse represented how a person made a living, and sometimes, having a horse meant the difference between living or dying. I feel the same way about the sort of theft these bilkers have done.

A common thief may steal a car, a computer, or a television set, and it is a crime, but most of us have insurance on those things. We do not have insurance to repay our unwise investments, so it is not just a matter of breach of trust when we are defrauded, it is a matter of grand larceny. Even corporations can insure against embezzlement, but there is little a small investor can do to recoup money lost through fraud.

Many of the people who were sucked into the schemes in New York, Quebec and B.C. were bilked out of savings they had worked for a lifetime to put away. Just what does it mean when we say "life savings"? When I think about that money, I think of the hours of a life given over to earning a living. I think of them supporting themselves, paying taxes, contributing to the economy and building a nation. Those of us who go out into the workforce and put in those hours of work are people who make our communities and our nation strong. What was stolen from these people was the hours of their lives.

You might say their lives were stolen.

To my way of thinking, that makes the bilkers worse than horse thieves by a long shot.

I watched victims telling their stories on television. One elderly woman had counted on having some extra income in her old age, so she invested in one of these fraudulent investment schemes. Now she has to sell the house her husband worked so hard to pay for, and she must downsize her own life so she can afford to keep a roof over her head and food on the table. The bilker stole the hours her husband worked and stole her home and comfort.

Another couple fleeced by the investor con man had worked their whole lives, had paid for their home and everything else they owned, and had counted on their savings to allow them to travel and do things they had denied themselves while they were working. Now they have no money to do these things. Maybe you can't put money value on a dream, because a dream is just something you carry inside yourself, but sometimes it is the dream that sustains us and makes all our effort worthwhile. The theft of this couple's dream of travel is like

some kind of surgery that never heals.

This is white collar crime, which gives the impression it is not all that bad because nobody was physically injured or killed. When you steal people's homes, turn them from comfortable to frightened, and you steal their dreams, there is nothing "white" about it, that is, nothing clean or gentle. Although you can't see blood, there is bleeding. Scars are formed. Pain is felt.

The law will take from the criminals all they own, and put them in jail for awhile, but the pain they caused others will last much longer, won't it?

I think our justice system, our laws, our securities and investment investigators and our banks must be more vigilant in order to prevent this sort of crime. How is it that a person can set himself up as a fraudulent investment company and have it last 25 years? There is something really wrong with that. Nobody else can set up a business that takes money and gives nothing in return.

Yes, let's give the bilkers a life sentence. They stole other people's lives and dreams. It may not have been homicide, but when you steal that many hours of people's lives, I rank the crime right up there, don't you?

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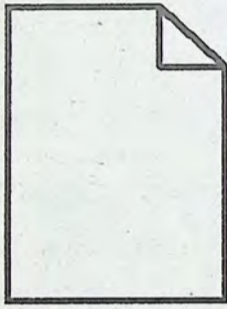
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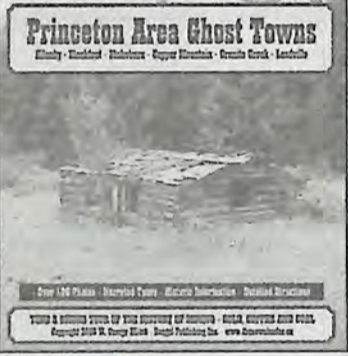


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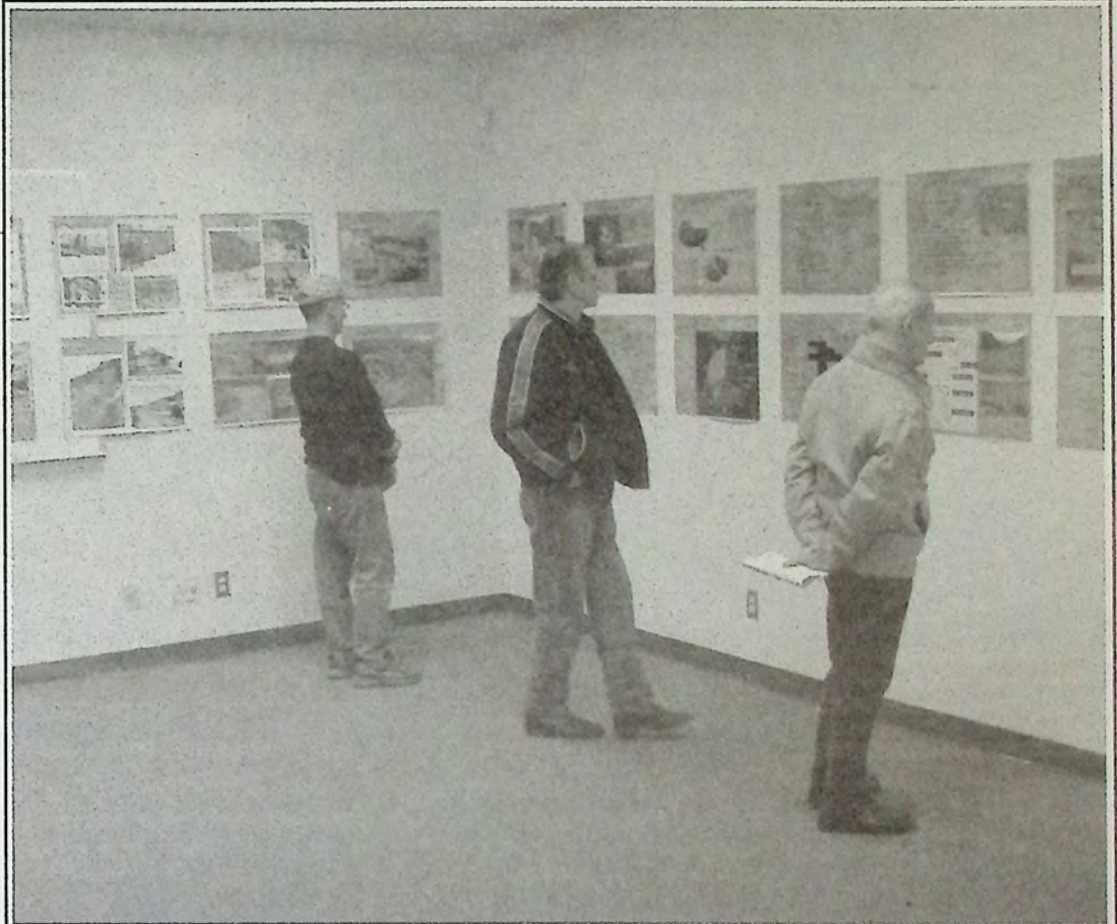
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CELEBRATE PRINCETON'S 150th
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The open house March 11th at the Skills Centre hosted by Copper Mountain Mining Corporation attracted a lot of residents curious about the mine re-opening project. *

Mining survey reveals high level of support

..... continued from Page 5
between these groups.
Overall, approval ratings for mining in the three communities are high. As mentioned, a connection to the industry is a strong driver for higher approval ratings.

Princeton
• Although the internet is the most used information source for residents, there are several other sources that are used by residents including 'Politicians or City Council', 'Newspaper', 'Friends /Family / Word of Mouth', 'Phone Book' and

'Chamber of Commerce/BBB'. 9% of those who use the internet would visit an industry association site while the majority will just search the internet using a search engine such as Google.
• 'Logging' and the 'Mill' are perceived to be large contributors to the local Princeton economy by the majority of residents. Although 'Mining' was only mentioned by one-third of residents when asked for top-of-mind industries, when asked about mining directly, 75% noted that it is/will be a vital part of

the local economy.
• Nearly half of residents do not have any connections to mining.
• Four-in-ten Princeton residents would consider working in the mining industry but most would require training.
• One-in-five (21%) Princeton residents feel that they do not know enough about mining workplaces to rate workplace safety in the mining industry. However, among those that did rate workplace safety, a high proportion rated it as '4' or '5' on a five-point scale where 1 is 'Very Dangerous' and 5 is 'Very Safe'.
When compared to other industries, however, most residents perceive mining's workplace safety to be about the same.

Progress made at meeting

..... continued from Front Page
progress of work on a development plan for a proposed Heritage Park near the confluence of the Similkameen and Tulameen Rivers and finalizing the incorporation documents for the Vermilion Forks Community Forest Corporation, which will hold the licence for the new Community Forest.

awarded in the near future and logging should begin before summer of this year through the management partner, Weyerhaeuser Princeton.

The next Community to Community Forum will likely occur sometime in May. In the meantime, contact the Town of Princeton if you have any question or would like additional information.

It is expected the licence to be

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• Although some residents don't think negative environmental impacts can be minimized, most do. In fact 52% think that mining companies can minimize these impacts and 30% believe the mining company can reverse negative impacts. This suggests that although the environment is a consideration, residents are very receptive to the idea that a company can create programs and procedures to address environmental impacts.
• Residents generally think that the mining industry has made efforts to involve local First Nations although the perceived outcome of these efforts are mixed. This inconsistency, in addition to the 37% who noted they don't know about this issue, suggests there is a lack of awareness in the community regarding efforts or agreements between these two groups.
General approval ratings are high with 62% 'Completely' approving and 25% 'Somewhat' approving of mining in the Princeton region.



Jacinda Esselink and Colby Williams with their BC Winter Games silver medals won as part of Team Okanagan. The team travelled to Terrace for the games on March 4th. - photo submitted

Local girls win silver with Team Okanagan

by Kevin Williams

On March 4th Colby Williams and Jacinda Esselink traveled to Terrace BC to compete in the BC Winter Games with 18 other hockey team mates. With the first game under way the girls won this game 3-0 against Fraser Valley-Delta.

Their next game was an easy one which saw them win this game 10-0 against Team North. Their third game was going to decide who played for gold and who dropped to the bronze game. This was a tough game against North Vancouver.

Colby scored a shorthanded goal as well as a power play goal, to advance Team Okanagan to the gold medal game with a 3-1 win.

The gold medal game was full of excitement with both teams scoring a goal in the first period. It went back and forth in the second yet nobody could beat either netminders.

In the third period Fraser Valley scored taking the lead. They kept coming but just could not score; in the end they lost 4-1 when Fraser Valley scored an empty net goal.

We are very proud of what the girls accomplished for both Colby and Jacinda put points on the score sheet and they all played with a lot of heart.

Also for Colby to be named Captain was a great honour for her. This will be a memory to cherish forever. Congratulations.

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Team Okanagan with their BC Winter Games silver medals. - photo submitted

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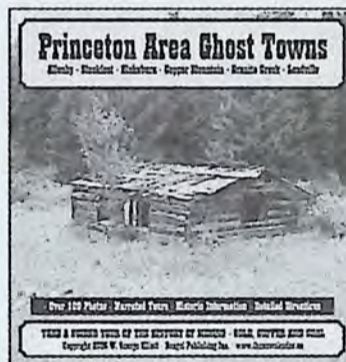
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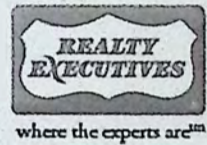


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246 Allison Avenue



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Don't miss out on this incredible opportunity! A beautiful home and great mortgage helper with a suite in the basement! Why not have someone else pay half your mortgage? Your own personal 1,480 sq ft of living space boasts both practical and beautiful updates - high efficient gas furnace, water tank and wiring, as well as lustrous hardwood floors. Renter in place. **MLS @ 105409 \$209,900**

840 Cawston Avenue



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321 Riverside Avenue



NEW!
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299 Panorama Crescent



SOLD!
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909 Ellis Avenue



NEW!
Located in the beautiful heritage village of Hedley, think - warm, wonderful and exquisite and you will be describing this home to yourself! From the foundation to the roof tops this home has been lovingly cared for and finished to the finest detail. Living in this home will mean that you have chosen to surround yourself with the finishing details of a master. This house has it all! **MLS @ 107925 \$219,900**

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