



Similkameen

News Leader

75¢

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Tuesday, April 13, 2010



A Canadian Air Forces CC-130 Hercules transport airplane landed at Princeton Airport April 6th with Search and Rescue parachutists on a training exercise. Photo: Patrick Robins

Town Council forms GamesTown 2010 committee

Remember that \$100,000 Princeton won in the GamesTown BC competition? Council is forming a committee to decide how the money should be used.

The GamesTown 2010 Advisory Committee will be comprised of Mayor Randy McLean and one other Council member, Town CAO Patrick Robins, Recreation and Cultural Director Lyle Thomas, and Area H Director Brad Hope.

Representatives of several local groups will be included. Each of the following groups will have one representative: Vermilion Trails Society, China Ridge Cross-Country Ski Association, Kokanee

Swim Club, Princeton District Community Arts Council, Princeton Minor Hockey Association, School District #58, and Princeton Exhibition Association.

The committee will have private meetings but must consult the public for input on how to use the money. The provincial government guidelines say the money must be used for "the improvement of a community facility or initiative that is dedicated to supporting sport, fitness or healthy living."

The committee must report back to Town Council no later than June 30, 2010.

Princeton Airport continues to grow!

From humble beginnings in the 1940s to today, the Princeton Regional Airport continues to grow.

The introduction of an automated fuel system in late 2008 has generated revenues for the airport operations. Since the system was installed, the airport has seen fuel sales in excess of \$170,000. The new terminal building will be completed in spring this year and will provide offices, a general lounge and washrooms for pilots, their passengers and companies operating out of the airport.

In 2009 the airport was the base for a research and development company, multiple exploration companies and forest fire fighting operations. The unfinished terminal building was leased last year to a research and development company conducting multiple unmanned flight missions that tested their unmanned air vehicles

(UAV); the UAV has multiple roles including the collection of geophysical and remote sensing (aerial photography) data.

The Town of Princeton reports that NAV CANADA has chosen to develop an electronic aid to aircraft navigating into the Princeton

Regional Airport. A runway survey will be completed in the next weeks, which will provide an accurate GPS based (RNAV) instrument approach for aircraft. With the survey completed, official readings for the Princeton aerodrome will allow RNAV equipped aircraft to make

full use of the approaches satisfying Transport Canada requirements and above all, ensuring aviation safety.

NAV CANADA, the country's civil air navigation services provider, is a private sector, non-share capital corporation financed

through publicly traded debt. With operations coast to coast, NAV CANADA provides air traffic control, flight information, weather briefings, aeronautical information services, airport advisory services and electronic aids to navigation.

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Ministry sends snowpack/water update

Environment Minister Barry Penner says British Columbia has experienced an unusually warm and dry winter, and with the below average snowpacks, there is potential for water-supply challenges to develop this summer.

Synopsis: Weather across B.C. over the winter has been variable, with the effects of a moderate El Niño dominating weather across much of the province for the past three months.

Much of central and southern B.C. experienced well above normal temperatures during January, February and the first half of March.

As a result of the unseasonably warm weather, melt of low- and mid-slope snow occurred in most areas of the Coast and Interior. The last week of March brought a change in weather, with temperatures moderating downward to be near or slightly below seasonal normal.

Precipitation has been variable over the winter. For the South Coast, a series of Pacific frontal storms during January brought heavy rain.

These storms also allowed significant snowpacks to develop on some high-elevation areas on Vancouver Island and the South

Coast. February and the first half of March had below normal precipitation, but then frontal storms in late March produced further snow accumulations. For the Interior, snowfall from January to late March was well below normal.

During late March, frontal storms arising off the Pacific swept across the Interior, bringing heavier than normal snowfall to some areas.

Current Snowpack: Typically, by April 1, more than 95 per cent of the winter's snow has accumulated. This year as of April 1, with the exception of high-elevation areas on Vancouver Island and the South Coast, snowpacks across B.C. are all below normal.

Basin snow water indices across B.C. vary from a low of 64 per cent of normal in the Similkameen and East Kootenay basins to a high of 99 per cent of normal on Vancouver Island. Basin snow water indices declined in many basins during

March (including the Upper Fraser, Nechako, Mid Fraser, North Thompson, South Thompson, Nicola, Columbia, Okanagan and Kettle).

A few basins experienced increases in their snow water during March (including the South Coast, Vancouver Island, Peace, Skeena and Nass). In most basins, low- and mid-elevation snow is absent or well below normal.

Overall, much of central B.C. (Fraser, Thompson, Peace) has 85-90 per cent of normal snowpack. Southern B.C. (Nicola, Okanagan, Kettle, Similkameen, Kootenay)

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Similkameen News Leader THIS WEEK:

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The Plan by Investors Group

Meet The Youth Ambassadors!
 A PRESENTATION OF SIMILKAMEEN NEWS LEADER
 EACH WEEK WE WILL INTRODUCE YOU TO ONE OF THE EIGHT CANDIDATES

Jessy Coers - Princeton A&W



Jessy Coers is 16 years old and moved to Princeton from Langley when she was six years old. She loves to be outdoors with her horses in the summer or snowmobiling with her friends in the winter. Her favourite subjects are Math, Chemistry and Biology. Jessy is currently on the cheerleading squad and attending a Peer Counselling class at Princeton Secondary. She wants to work for a year after high school until she decides on a career to pursue. Jessy is certified in CPR and Food Safety. At present she is working at Princeton A&W, who she is proud to have as her Youth Ambassador Program sponsor. -submitted

CMMC announces 'bought deal' financing increase

Copper Mountain Mining Corporation (TSX: CUM) ("Copper Mountain" or the "Company") announced last week that it had increased the size of its bought deal financing announced on April 5, 2010 to an aggregate of 9,850,000 common shares (the "Shares") of the Company at a price of Cdn\$3.05 per Share for gross proceeds of approximately Cdn\$30.0 million (the "Offering"). The syndicate of underwriters is co-lead by Wellington West Capital Markets Inc. and BMO Capital Markets, and includes Raymond James Ltd., Canaccord Financial Ltd. and Jennings Capital Inc. (collectively the "Underwriters").

The Underwriters also have the option to increase the size of the Offering by up to an additional

1,477,500 Shares (the "Underwriters' Option"), for aggregate gross proceeds under the Offering of approximately \$34.5 million if the Underwriters' Option is exercised in full.

Copper Mountain plans to use the net proceeds of this financing to advance the exploration and development of the Copper Mountain Project near Princeton and for general corporate purposes.

The Shares will be offered by way of a short form prospectus to be filed in certain provinces of Canada, other than Quebec, pursuant to National Instrument 44-101 Short Form Prospectus Distributions.

The offering is scheduled to close on or about April 26, 2010 and is subject to certain conditions

including, but not limited to, the receipt of all necessary approvals including the approval of the Toronto Stock Exchange and the securities regulatory authorities.

This news release does not constitute an offer to sell or a solicitation of an offer to buy any of the securities in the United States. The securities have not been and will not be registered under the United States Securities Act of 1933, as amended (the "1933 Act"), or any state securities laws and may not be offered or sold within the United States or to, or for the account or benefit of U.S. persons (as defined in Regulation S under the 1933 Act) absent such registration or an applicable exemption from such registration requirements.

About Copper Mountain Mining Corporation:

Copper Mountain is a Canadian resource company managed by an experienced team of professionals with a solid track record of exploration and development success. The Company's shares trade on the Toronto Stock Exchange under the symbol "CUM". Copper Mountain owns 75% and Mitsubishi Materials Corporation owns 25% of the Copper Mountain Project. Construction is in progress for a production start in June 2011 at a rate of plus 100 million pounds per year of copper with gold and silver credits.

The 18,000 acre mine site is located 15 km south of the town of Princeton.

Additional information is available on the Company's profile at www.sedar.com.

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A CAF CC-130 Hercules about to take off from Princeton Airport. The aircraft is part of an ongoing stream of activity taking place the past year at the facility. Photo: Patrick Robins

MP speaks out against CETA

BC Southern Interior MP, Alex Atamanenko stated on April 8th he was concerned that the proposed Canada-European Comprehensive Economic and Trade Agreement (CETA) will be a bad deal for Canada.

The agreement, which calls for more open labour mobility between Canada and Europe, will also open up government contracts to European countries.

"I am deeply concerned that we are slowly losing our ability to make decisions in the best interest of Canadians", said Atamanenko.

"Let's not forget that we have people that are out of work, many of them skilled tradesmen, who will now have to compete with foreigners for jobs. It does not make any sense".

The NDP MP is also worried that

local governments will no longer be able to give preference to local companies who bid on municipal contracts.

"Europe's most important goal is to get access to our federal, provincial and municipal contract. This is absurd. Ontario is stalling on signing on because of its Green Energy job creation program. They want these jobs to stay in Ontario".

Atamanenko believes that the current Buy American agreement is just a "warm-up" to CETA.

"We have already opened up our local contract to Americans and now are inviting Europeans to the party. What is wrong with our federal/provincial governments? Why are they not interested in protecting Canadian jobs?" questioned the MP.

The NDP Agriculture critic con-

cluded that he will be taking on this fight in the next few months prior to the summer recess.

Council proclaims two causes

Princeton Town Council has approved two different proclamations for the same week, April 18 to 25. The first is Arts and Culture Week, which begins with Kelowna Ballet at Riverside Centre on Sunday, April 18.

The second proclamation was to raise awareness about violence

against women. Rosemary Clarke, representing a local group of women concerned with violence and abuse in all relationships, gave Council some background on the problem.

The group is concerned with all forms of domestic violence and abuse, including elder abuse.

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WOULD LIKE TO INVITE YOU TO OUR
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Saturday, May 8

View the mine, have your photo taken with our new equipment, and join us for a complimentary hot dog lunch.

To ensure your spot on the Copper Mountain Tour Bus, please fill out the form below and submit it to one of the following locations:

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WorkZone
#10-136 Tipton Avenue, Princeton

Or send it to us by fax at: 250.295.0124
Or by e-mail: princetonoffice@cumtn.com

Reservations must be received no later than April 29, 2010. Please note that only pre-authorized vehicles will have access to the mine site on Family Day.

Yes! I want to attend Family Day at Copper Mountain on May 8, 2010

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Number of people in your party: _____ Names and ages of people in your party: _____

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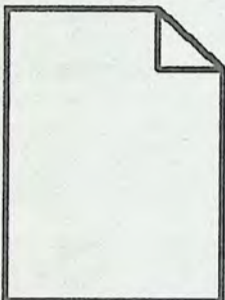
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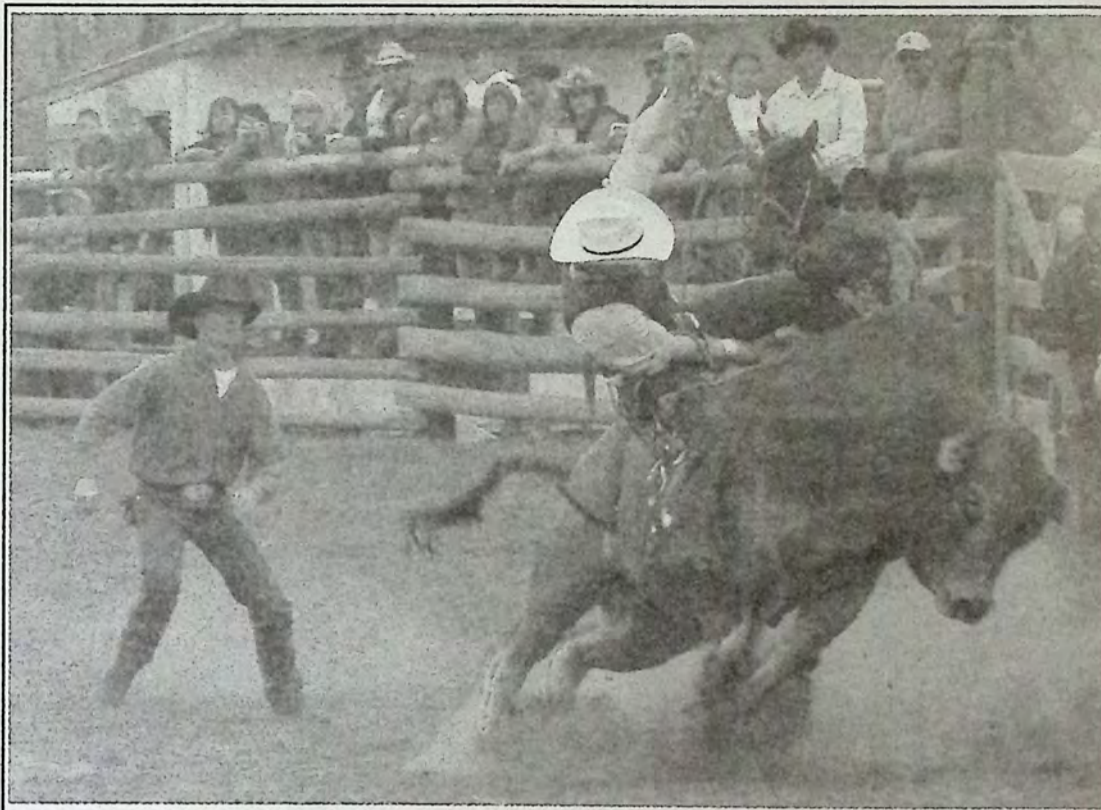


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Keremeos News



The first rodeo of the season was the Easter Sunday Chopaka Rodeo.*

Chopaka rodeo results

Here are the results from the April 4th Chopaka Rodeo:

Junior Cow Riding

- 1 Sterling Peterson
- 2. Nakoma Eustache
- 3. Dalton Arcand

Calf Roping

- 1. Clayton Moore
- 2. Neil Antoine
- 3. Ryan Marchant
- 4. Jarret Dais

Ladies Breakaway

- 1. Katie Waterson
- 2. Breanne Birch
- 3. Paige Gill
- 4. Cheyenne Gronen

Pee Wee Barrel Racing

- 1. Gracie Antoine
- 2. Emma Antoine

3. Jacklyn Kruger

Bull Riding

- 1. David Alexander

Ladies Barrel Racing

- 1. Taylor Schneider
- 2. Cam Sahota
- 3. Dakota Conley
- 4. Natalie Gordon
- 5. Joanne Peters

Saddle Bronc Riding

- 1. Carson Rosenke
- 2. Jarret Matley

Bareback Riding

NO Qualification

Team Roping

- 1. Tim Teripocki & Kyle Mills
- 2. Tim Teripocki & Clayton Freemantle
- 3. Archie Williams & Neil

Antoine

- 4. Kyle Mills & Spencer Rutherford
- 5. Lloyd Niddery & Dean McKinnon
- 6. Lloyd Niddery & Guy Robinson
- 7. Walter and Steve Archachan
- 8. John Calhoun & Ryan Marchant

Wild Cow Milking
Team Schneider

The Chopaka Rodeo continues to be the first event in the rodeo season which attracts cowboys and cowgirls from throughout the Pacific Northwest.

Many Princeton Rodeo members attend and assist on site.



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Similkameen Sizzle is coming! The organizing committee for the annual Keremeos pepperfest met last week to start planning for the 9th annual event set for Saturday, September 18th. *

Keremeos wins Earth Hour Challenge

March 27 was Earth Day, and Fortis BC wanted people to put out their lights for one hour that

Saturday evening. Princeton Town Council had a competition with Keremeos to see who could save

the most electricity.

Councillor Jason Earle reported to Council, with some chagrin, that Princeton area lost by .002 percent. Now Town Council will have to buy lunch for Keremeos Village Council, who won the Fortis BC Earth Hour Challenge trophy. Councillor Earle vows Princeton area residents will win next year.

The power saving exercise saw the equivalent of 106,000 60 watt light bulbs turned off, saving 6.38 megawatts of power. On a per capita basis, the Fortis BC service area did better than BC Hydro.

RDOS meeting highlights

Here are a few highlights from the April 1st regular meeting of the RDOS (Regional District of Okanagan Similkameen) Board:

SOLID WASTE COLLECTION AND DROP-OFF SERVICE

- The Curbside Program for the Village of Keremeos has had a change to the fee amounts which were adopted via the 2010 RDOS Budget.
- The Fee increased to \$135/annum in 2010 in comparison to the \$120/annum previously levied in 2009.

be forwarded to the ALC indicating that the application (1427 Bakerhill Road – Electoral Area 'H') does not fit within the Electoral Area 'H' OCP.

OKANAGAN SIMILKAMEEN AIR SHED COALITION

- The Okanagan Similkameen Air Shed Coalition held a meeting on February 24, 2010 and the following recommendations were endorsed by the Board:
- Anti-idling (forward anti-idling policies to OSAC)
- Anti-idling (letter to agencies)
- Communication Strategy to Growers
- Highway Expansion

DEVELOPMENT SERVICES

- Agricultural Land Commission (ALC) Application – A letter will

Town Council News

COUNCIL RATIFIES FIRE DEPARTMENT

At the April 6 Princeton Town Council meeting, Council ratified the election of executive officers of Princeton Volunteer Fire Department. Eric Gregson returns as Fire Chief, with Rob Banks as Assistant Chief.

Other members elected include Dan Pippin as First Captain, with Harold Allison as Second Captain and Frank Harrison as Third Captain.

Kevin Sill was elected Lieutenant with Tony Kirkland as Secretary/Treasurer.

COUNCIL SEES DRAFT

Thompson Rivers University students have been doing a project to develop a tourism strategy for Princeton area. Town Council has seen the draft copy, and is awaiting the final report, which should be made available to the public in two weeks.

Council was pleased with the strategy. Mayor Randy McLean remarked on how most studies done for the Town lead to another study, but this tourism strategy has a number of action items that can be implemented in the near future.

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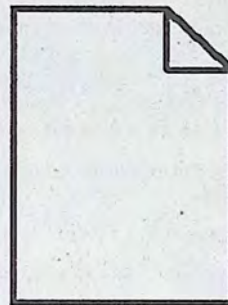
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Q. I have diabetes – should I be concerned about my sight?

A. Diabetic retinopathy is a sight threatening eye problem that people with diabetes may develop. The disease damages blood vessels in the retina, the tissue at the back of the eye that translates light into electrical impulses. The brain then interprets these electrical impulses as vision. Many people with diabetic retinopathy have no early symptoms such as pain, inflammation, or blurred vision. In fact, many do not encounter any visual impairment until the disease has advanced. At this point, the vision that has been lost cannot be restored. Only early detection, timely treatment, and regular monitoring can reduce your risk of severe vision loss or blindness from diabetic eye disease. I recommend you have a complete eye exam to detect these problems before they impair your vision, and let me know about any vision or eye health matters that concern you.



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Vitamins And Your Eyes

DR. JILL SLYWKA, Doctors EyeCare

DRY EYES A CHALLENGE? GET OUT OF THE DESERT

Do your eyes burn? You may be suffering from Dry Eye Syndrome. But you don't have to live with discomfort and irritation. There are simple environmental and dietary solutions:

- Use moisturizing drops – artificial tears, or lubricating eye drops, will help your dry eyes feel better. * Don't confuse artificial tears with formulas that "get the red out."
- Improve indoor air quality – an air cleaner filters out dust and other particles from the air, while a humidifier adds moisture to air that's dry because of air conditioning or heating.
- Wear well-fitted sunwear – if you spend a lot of time outdoors, always wear sunglasses to reduce exposure to sun, wind and dust. Choose styles with a snug seal, to prevent irritants from getting to your eyes at the top, bottom and sides.
- Consider punctal plugs – temporary or permanent silicone plugs in the tear ducts help retain moisture on your eyes by keeping tears from draining away too quickly. They can be inserted painlessly while you're in the Optometrist's office and are normally not felt once in place.
- Drink more liquids – mild dehydration can make dry eye problems worse. Experts agree that about 20% of the water your body needs comes from the food you eat, while the rest originates from the liquids you drink. The best choices are water, 100% fruit and vegetable juices, and milk.
- Add supplements and boost your diet – studies have found that nutritional supplements with certain essential fatty acids can decrease dry eye symptoms. Eat more cold-water fish such as sardines, cod, herring and salmon, which contain omega-3 fatty acids.

Only your Doctor can recommend the best solutions for your dry eyes. Pop in and see us about the many changes that will turn your winter desert into an oasis!



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Health / Lifestyle News

Sniffing, wheezing and sneezing: Must be allergy season

(NC)—Year after year, spring rolls in full of sunshine and crisp air, and seasonal allergy sufferers head indoors to escape pesky tree and grass pollens.

Ever wonder what causes the sniffing, watery/itchy eyes and nasal congestion? Seasonal allergies (allergic rhinitis) are caused by the immune system's interactions with pollens in the air.

What is pollen?

Technically defined, pollen is a powder that is produced by specific

plants when they reproduce during the spring, summer and fall seasons. The most common types of pollen come from non-fruit bearing plants, grasses, weeds and trees like birch, oak, elm, and maple to name a few. Pollen is picked up by the wind, allowing it to fertilize other plants, oftentimes hundreds of miles away.

Blame it on pollution

Remember those hot, muggy days, where you step outside and can feel the density of the air? Allergy sufferers beware. Recent studies have

found that higher levels of greenhouse gas in the atmosphere can lead to a boost in pollen production, making symptoms more severe for allergy sufferers.

"In the summer months, poor air quality and pollution can make breathing tough," says Dr. Mark Greenwald, a Toronto allergist.

"The combination of smog and pollen, also known as smollen, can make breathing very difficult for asthma patients and allergy sufferers. Antihistamines like Reactine offer 24-hour relief from allergy symptoms, and start to work in just 20 minutes."

Manage your symptoms and get outdoors

A recent survey conducted by Harris-Decima on behalf of Reactine discovered that nine out of ten allergy sufferers are not proactive when it comes to taking their allergy medication. The allergy sufferer has to get a head start by starting their antihistamine at the onset of allergy symptoms, to better manage symptoms and enjoy the outdoors.

Are you ASA resistant?

(NC)—It is estimated that over 4 million people in Canada take acetylsalicylic acid (ASA) to prevent heart attacks and stroke. Recent studies, however, demonstrate that up to 25 percent of people who take this remedy may not benefit from its anti-clotting effects.

"The miracle of ASA is its ability to prevent blood clots from forming and that reduces the risk of heart attack or stroke," says Dr. Doug Tkachuk at LifeLabs, a leading diagnostic centre. "Unfortunately, there is growing clinical evidence that ASA does not have the same effect on everyone. Quite simply, some of us are resistant to its benefits.

"The good news is: a simple urine test can tell your doctor if ASA is doing what it should be doing for your blood. That's an important thing to know because medical studies have also shown that individuals who are ASA resistant may have a 3-time greater risk of cardiovascular-related death."

The role of ASA

Acetylsalicylic acid works by reducing the production of thromboxane, a chemical in the body that makes blood platelets sticky. This helps to prevent blood clots from forming, ensures blood flows freely and reduces the risk of heart attack and stroke. A low level of thromboxane in the urine means that the

ASA is doing what it should. High levels of this biomarker may mean that your dosage is not effective and it's time to consult your physician about changing the dosage, or identifying an alternative therapy.

"If you're not sure, keep taking it, but do ask your doctor as soon as possible if you should be tested," Dr. Tkachuk adds. "Knowing the answer will not only give you peace of mind, it could end up saving your life."

- News Canada

- News Canada

Living Past 100

The Secrets Of Vitamin D

Canadians are hearing more and more about the importance of Vitamin D. We have always been told to take Vitamin D during the dark months. This is because our bodies can convert the sun's ultraviolet rays into Vitamin D when we have our sunny days, but we do not get enough sunshine in the winter. A Vitamin D supplement is essential during those months.

Recently, the push for more Vitamin D is based on a large number of benefits of Vitamin D which researchers have discovered in the past few years.

The importance of Vitamin D in building strong bones and teeth in children has been known a long time. Now, the importance of Vitamin D in keeping bones and teeth strong and healthy in older adults is becoming more widely advertised. Vitamin D is essential in preventing osteoporosis. Without Vitamin D, calcium supplements are not effective, and most calcium supplements are combined with Vitamin D.

Another important role of Vitamin D in the body is building immunity. It is no accident that most colds and flu become a concern in the dark months. Our immune systems are not as strong without Vitamin D. This has led to the promotion of Vitamin D as a way to prevent most illnesses, including cancer. A strong immune system can fight cancer.

Taking Vitamin D supplements is considered essential by Health Canada, particularly during the winter months, and for conditions such as osteoporosis. The increased immunity helps prevent viral infections common in winter, such as colds and flu.

In addition to these benefits, Vitamin D has been shown to reduce the effects of depression, particularly Seasonal Affective Disorder (SAD).

Taking a Vitamin D supplement is the beginning of a complex body process. The supplement is not used "as is" by the body. The supplement goes through activity by both the liver and kidneys before Vitamin D is in a form the body can use. People with liver or kidney problems cannot process the supplement properly and are at a higher risk of osteoporosis and reduced immunity.

Problems with digestion may interfere with Vitamin D absorption. Certain drugs interfere as well: drugs that lower cholesterol, antacids, steroids such as cortisone, and diuretics (water pills).

Vitamin D is found in fish liver oils, dairy products fortified with Vitamin D, egg yolks, sardines, tuna and some vegetable oils. There is no way to measure the amount you obtain from these foods unless you are taking a fish liver oil supplement.

The best source of Vitamin D is sunshine. People need sunshine, so now that spring is here, whatever age you are, go out into the sunshine at least three times a week.

**We're different,
and we like that.**



Similkameen
News Leader

This Week - 10 Years Ago

Celebrating Princeton's 150th

W. George Elliott - Owner/Publisher Similkameen News Leader

News Leader - April 11, 2000

Huge bust leads news ten years ago

The main headline in the April 11, 2000 Similkameen News Leader said it all: "Police seize pot, guns, loot - enough pot for every kid in the valley!"

The report stated that thousands of marihuana plants and 36-pounds of drying pot were seized in the South Okanagan Similkameen as a result of a 15-day operation involving RCMP members from Princeton, Osoyoos, Oliver, Penticton, South Okanagan Highway Patrol, Summerland, the Penticton RCMP Identification Section, Penticton Police Dog Services and Kelowna Air Services in joint forces with the Proceeds of Crime Section from Vancouver and the BC Electrical Inspector in what became the South Okanagan Marihuana Grow Eradication Team.

In addition to the pot 37 firearms were seized, including two prohibited weapons, two stolen weapons and three non-registered restricted weapons.

The investigation, which included 22 searches and 31 arrests, revealed that the majority of those involved were from outside the region and had moved to the area strictly to grow marihuana. Of the properties searched, 18 were rentals with the other four being owner occupied.

In other news from ten years ago this week: The BC 2000 Book made a stop in Princeton for residents to sign and the 3rd annual Rodeo Club Heritage Dinner honoured local ranchers and farmers.

PSS Students faired well at the Regional Science Fair in Kamloops. The participants were: Lynn Smart (gold), Kailee Smith (silver), Keri Petschl (silver), Rikki Weissbach



Vicki Marr, right, presents a \$500 cheque from Timberline Cruisers to Shelby Smith, of Princeton and District Search and Rescue Society for all the help given at Snocross 2000. Timberline Cruisers also gave \$300 to Coalmont Snowmobile Adventure Club for grooming the trail to Lodestone Mountain.

(bronze) Sarah Banks (bronze), and Dana Luchsinger (bronze).

Local residents filled the Senior Citizens' Hall April 8, 2000 to say goodbye to William 'Bill' Carl Kelly. Bill was well known in Princeton for many things but probably most for his years as Leader of the Princeton Air Cadets and for being Princeton Royal Canadian Legion Padre.

His many years with BC Tel were a valuable asset to Princeton Racing Days as Kelly designed the first internal phone system used at Sunflower Downs. A memorial bench bears his name in downtown Princeton.

www.gotbulls.info



RESUME

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Arts @ Riverside Centre
COUNCIL

PRESENTS:

Vermilion Artists' Show
Sunday, April 18 - 5:00 PM

Riverside Mural Presentation
Sunday, April 18 - 6:00 PM

"Ballet Kelowna"
Sunday, April 18 - 7:30 PM

Dale Mathews Weekend
Vermilion Artists' Workshop - April 24-25

Arts and Culture Week

www.bcartweek.org April 18-24, 2010

SCHOOL DISTRICT NO. 58 (NICOLA-SIMILKAMEEN)

BUDGET INFORMATION MEETINGS

In conjunction with the School District's desire to provide information regarding the budget planning process, there will be a budget and enrollment projection presentation for interested stakeholders, including all members of the public.

This meeting will review provincial funding, district projections for enrollment and provide more specific information regarding the district's annual budget.

Meetings have been scheduled as follows:

- PRINCETON - 6:00 PM, Tuesday, April 13, 2010 - Princeton Board Office
- MERRITT - 6:00 PM, Wednesday, April 14, 2010 - Merritt School Board Office

All interested members of the public are invited to attend

Similkameen
News Leader

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Financial Study
is changing the way

people are handling
their money.

Topics include

Getting out of debt
Spending
Saving and Investing
Budgeting
Giving
Earning money
Training children

The Results

On average, life group members are

- Reducing their personal debt by 38%
- Increasing their savings by 58%
- Strengthening their marriages
- Devoting more time to prayer and Bible study



The Requirements

The life group meets once a week for two hours. Approximately two hours of preparation are required outside of class each week. Life group members complete a homework assignment, memorize Scripture, and pray for one another daily. The entire study lasts 10 weeks.

NEXT SESSION STARTS MONDAY, MAY 3

Living Water Foursquare Church
Kenley Avenue, Princeton

FEE: \$30.00 (for materials)

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FOR INFO OR TO REGISTER - SPACE IS LIMITED



449 Squadron Comox parachutist landing at Princeton Airport during recent exercise. Photo: Patrick Robins

Princeton Court News

Exclusive to the News Leader
Court Reporter - by Dawn Johnson

Man pleads to assault

In Provincial Court in Princeton on April 8, Peter Langlois entered a guilty plea to charges of assault and mischief.

The circumstances relating to the case were told to the court. Langlois had been sleeping at his home and awoke around 5:00 AM to discover his wife, Cheryl, was not in bed with him. He went looking for her, and saw her vehicle parked at the home of Derek Cartwright.

Langlois went to the door and knocked. Nobody responded, so he went and looked in a window. He saw his wife in bed with Cartwright. Langlois pounded on the window, breaking it, then went to the door and broke it open.

In the meantime, Cartwright went

**Man agrees to
Peace Bond**

Garry Lokstet appeared in Provincial Court in Princeton on April 8 on a charge of uttering threats, and on a complaint of fear of injury. The complainant stated she and a friend had been at home watching television when Lokstet appeared at the end of the driveway shouting threats to burn down the house. Lokstet claimed this was a lie, but admitted he was angry with the couple because they had reported he was driving a stolen vehicle when it was not stolen.

The matter was resolved when Lokstet agreed to a one year peace bond with the condition he not have contact with the complainants and enter the area where they live only during daylight hours and only to specific addresses.

into the bathroom and began calling 911. Langlois broke down the bathroom door and began beating Cartwright.

Langlois told Judge Sinclair that, upon seeing his wife in bed with Cartwright, he had "lost it".

Judge Sinclair said it was unlawful, but understandable.

Langlois was given a two year suspended sentence during which he is

to have no contact with Cartwright, and such contact with his former wife only related to care of the children. Langlois must pay \$800 to Cartwright for the damages done to Cartwright's house.

In addition, Langlois is to take whatever counselling is recommended by his probation officer, and he is not to own firearms for three years.

Judge orders jail

A First Nations man from Merritt, Loren Basil, appeared in Provincial Court in Princeton on April 9 to plead guilty to a charge of driving while prohibited and refusing to give a breath sample. The charge was laid May 9, 2009, when police noticed Basil and his passengers not wearing seat belts and stopped them on Highway 5A.

Basil, a ranch hand, is age 37 with a family to support and employment obligations. Driving while prohibited brings jail time, but Basil had a bad driving history that would involve a longer sentence. He appealed to the Crown for a delayed sentence that would permit him to work during haying season and continue to support his family.

Crown Counsel took a different route, suggesting to Judge Sinclair that Basil serve his jail time under house arrest. Judge Sinclair agreed Basil is no threat to the community, and sentenced him to six months house arrest for driving while prohibited and an additional three months for refusing to blow, plus a two year, nine month driving prohibition.

Basil will be allowed to go to his job, attend to medical appointments and other necessary matters away from home, but he is not to possess or consume alcohol, or any drug not prescribed for him, and during the last three months of his sentence, he is on a 10:00 PM to 6:00 AM curfew.

Judge orders fine for refusing

In Provincial Court in Princeton on April 8, Richard Krenn, a 45 year old Princeton resident, entered a guilty plea on a charge of refusing to give a breath sample. Krenn had been stopped by police who noticed he had no tail lights on his vehicle. He showed signs of impairment and failed a roadside

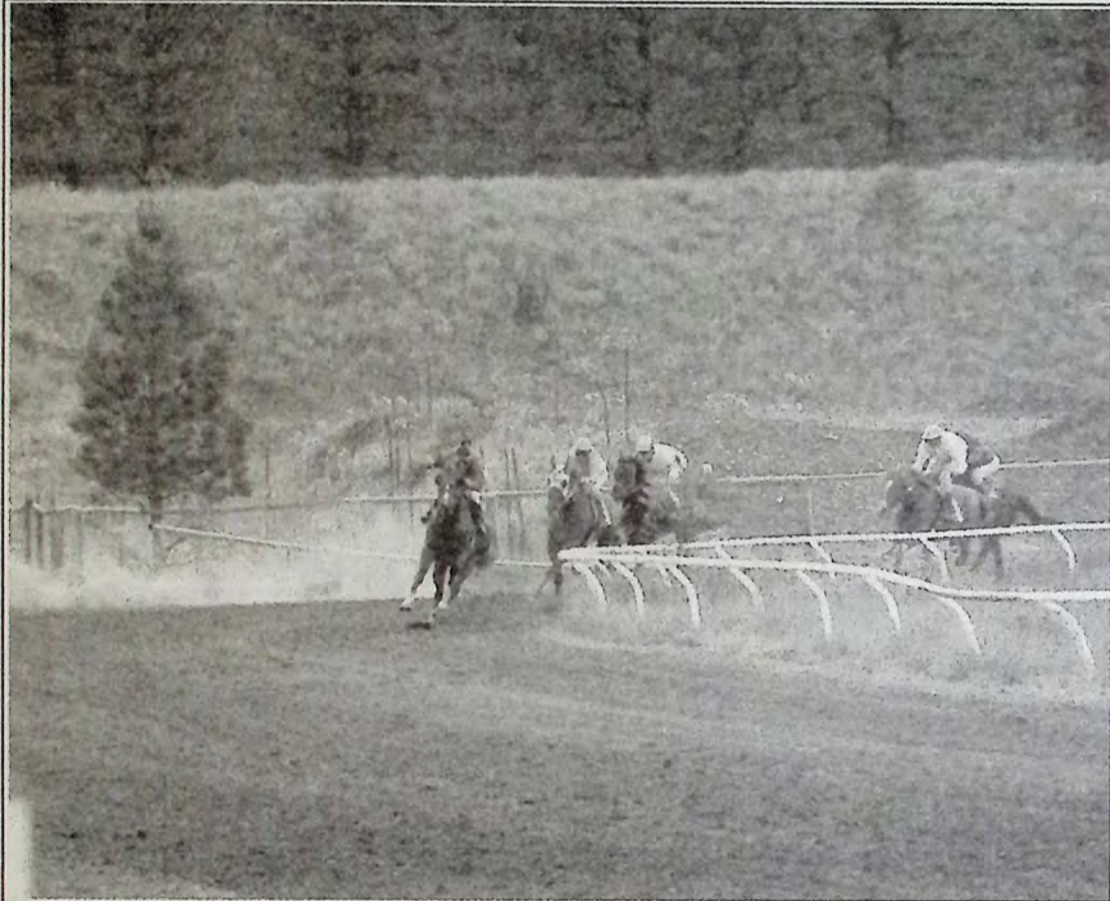
test. At the RCMP detachment office, Krenn refused to give a breath sample.

Judge Sinclair reminded Krenn the penalty for refusing to give a sample is the same as for impaired driving. Krenn must pay the minimum \$1,000 fine and is prohibited from driving for one year.



News Leader Entertainment

Similkameen News Leader TV Guide Listings - April 13 - 19, 2010



Action from the third race at Sunflower Downs in 2009. *

Racing Days confirms plans

The horses will race at Sunflower Downs at 1:00 PM on Saturday, July 3. The first race will be the 2010 John Deere Bonus Challenge Race featuring quarter horses. Only those owners who are members of the American Quarter Horse Association will be permitted to enter their horses in this race. The remaining six races will be for thoroughbreds.

At the April 8 meeting of Princeton Racing Days Association, President John Bey said he is approaching sponsors for the stakes book. This book will go out to all horsemen and will be posted on the website.

The Interior Horse Racing Association was seriously short changed this year, receiving only

\$100,000 for the entire race season. Princeton's share is only \$19,000, as the allocation is based on how many races are held. Racing Days Association needs local financial support to make this year's race meet successful.

Keith Reid will be the announcer this year, but a local man is going to be asked to assist.

President Bey reviewed the list of volunteers responsible for the many tasks preparing for, and during, the race meet. Most of the main volunteers are in place, but 20 or more volunteers for the parimutuels are needed. They will work for approximately six hours in the wickets.

The more who volunteer, the easier it will be. Anyone interested in

volunteering should call Roberta Baron at 250.295.6836 or Carol Ruoss at 250.295.7891.

Vendors wishing to take advantage of a sales opportunity during the race meet are welcome to apply. The PXA has recently standardized the vendor rates. Any vendor interested in space on the grounds on July 3 should contact Ruby Bey at 250.295.3970 to book a space.

The next meeting of Racing Days Association will be at Town Hall at 7:00 PM on May 6. Anyone wishing to participate may attend.

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Princeton Posse

Junior B Hockey Club
ANNUAL GENERAL MEETING



Election of Officers (Directors)

All season ticket holders are eligible to vote. The Posse also need more volunteers to assist in the operation of Princeton's community-owned KJHL hockey team. If you are interested, come out and see what you can do to help make next season new and exciting!

7:00 PM Tuesday, April 20
Riverside Centre

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Last September the Bridge of Dreams went from being transported to Princeton to being assembled on site. *

Bridge dedication this week!

The final step in the long journey to span the Tulameen River with a foot bridge will take place this week.

The Bridge of Dreams will be officially dedicated Thursday, April 15th.

Vermilion Trails Society, the stewards of the portion of the Trans-Canada Trail that runs from Brookmere to Osprey Lake, are hosting the day of celebration beginning at 10:00 AM.

A variety of guest speakers are expected as well as representatives from various trail organizations, local and regional dignitaries, sponsors and patrons.

A number of information booths will be set up along the Trans-Canada Trail near the Bridge of Dreams as well as booths offering

food and snacks.

The last spike of the Kettle Valley Railway was driven at Princeton on April 23, 1915. The former CPR train station in Princeton (now home to two food service businesses) was closed January 9, 1975 and sat empty for close to twenty years.

Once the tracks were removed from the railbed, many people started using it for hiking and biking.

In 1998 the Brookmere to Osprey Lake section of the KVR was chosen as the preferred route of the Trans-Canada Trail, which was just under development at the time.

The Vermilion Trail Society has continued to work hard on turning the Princeton section of the TCT into a safe and exciting recreation corridor.

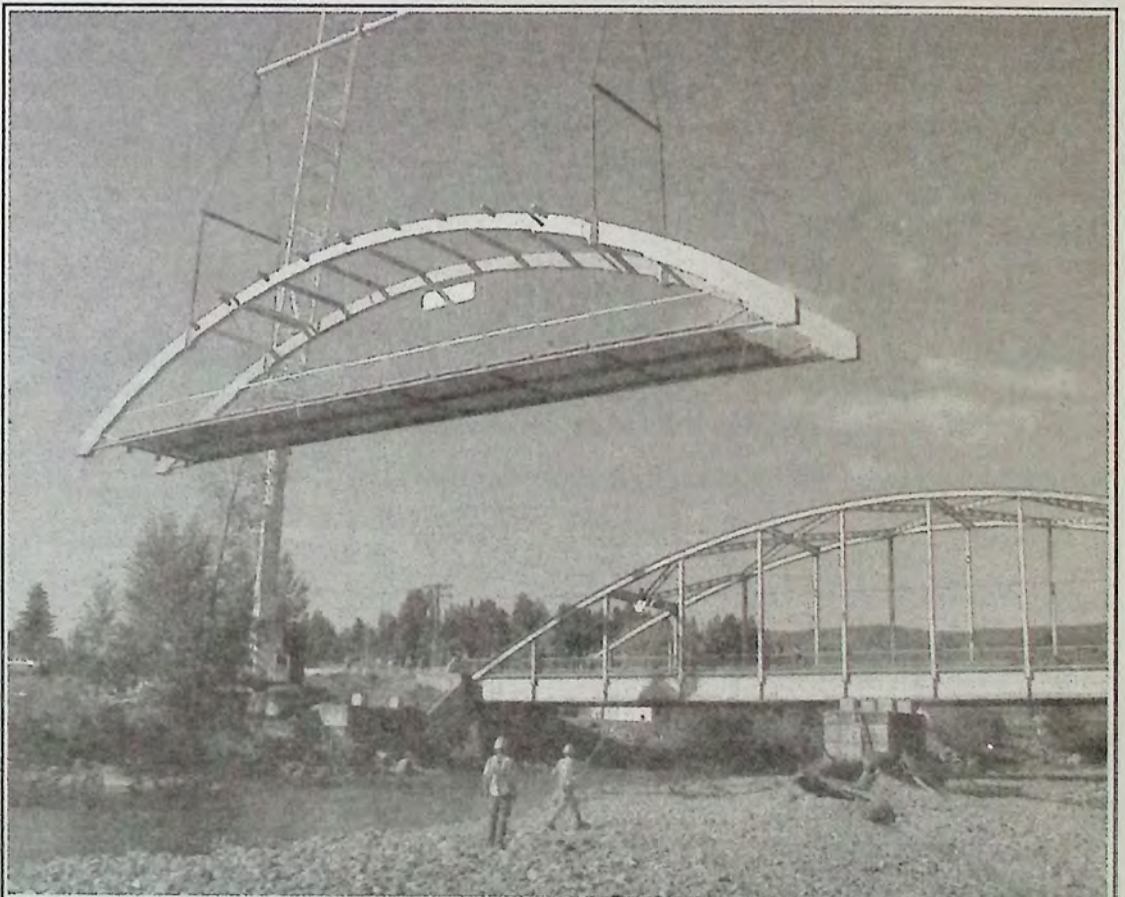
A number of information kiosks dot the route and volunteers work year round to clear the route of snow in winter and rock slides or washouts in the summer.

For more information on how you can get involved in the Vermilion Trails Society contact Judy Short at 250.295.0217 or visit their website at www.vermiliontrailsociety.ca.

Princeton Area Ghost Towns The DVD

Only \$19.99 (+ \$2.00 S&H)

See Us For Details!



On September 17, 2009 the Bridge of Dreams was lifted in place over the Tulameen River. *

TUESDAY, APRIL 13, 2010

	WTBS (3)	CHBC (4)	KNOW (5)	KSPS (6)	KHQ (7)	KREM (8)	A&E (9)	KXLY (10)	BCTV (11)	CITV (12)	CBC (13)	YTV (18)	TSN (19)	VTV (22)	DISC (24)	FAM (26)	CITY (29)	SPIKE (44)	TROP (45)
6 AM	In the Heat of the Night	(5:30) Morning News (N)	Franklin	Thomas	News (N)	News	CSI: Miami	News	(5:30) Morning News (N)	(4:30) Morning News (N)	CBC News Now (N)	Being Ian	SportsCentre	Canada AM	Daily Planet	Henry's Feet	CityLine	Unsolved Mysteries (N)	Inside-Box That News
7 AM	Cosby		Clifford the Big Red Dog (DVS)	Arthur (EI)	Today	The Early Show (N)	Cold Case Files	Good Morning America (N)			Dirtgirl	SpongeBob	SportsCentre		Cleopatra-Killer	Mickey	The Tyra Show (N)	Unsolved Mysteries (N)	End Leash
8 AM	Harvey		Sid the Science Kid (DVS)	Curious	Mary Higgins Clark (N)		The First 48		100 Huntley Street	100 Huntley Street	Bo on Go	Pokemon	SportsCentre		Motor City Motors	Handy	Rachael Ray	Unsolved Mysteries (N)	Tube Tales
9 AM	Fam. Feud	100 Huntley Street	Super Why!	Dinosaur	The 700 Club	The First 48	Live With Regis & Kelly		100 Huntley Street	World Vision	Super Why!	Rolie Polie	Fishing	Live With Regis & Kelly	Daily Planet	Feet	Role	CSI: Crime Scene	Colin-Justin
10 AM	Reba	PLAN Canada	Spider Street (EI)	Sesame Street (EI)	The Price Is Right (N)	Criminal Minds	The View (N)	PLAN Canada	Debt Part	Poko	Berenstain		Bowling	The View (N)	Cleopatra-Killer	Mickey	The O.C.	CSI: Crime Scene	What
11 AM	Accrd Jim Name Earl	World Vision	Rolie Polie	Clifford	Ellen DeGeneres Show	Young & Restless	The Sopranos	Paid Prog.	World Vision	(10:59) Noon News Hour (N)	Gofrette	George S.	Billiards: Mosconi Cup.	Fashion	Forensic Factor	Phineas	CityLine	CSI: Crime Scene	Golden
12 PM	Just Shoot King	Noon News Hour (N)	Maggie	Charlie Rose	Paid Prog.	News	CSI: Miami	All My Children (N)	Noon News Hour (N)	Days of our Lives (N)	CBC News Now (N)	(12:05) Kid Rollbots	ATP Tennis	etalk	Canada's Worst Driver	Wizards	The Bonnie Hunt Show	CSI: Crime Scene	Fresh Pr.
1 PM	King	As the World Turns (N)	(1:02) Wibbly Pig	Your Brush	Days of our Lives (N)	As the World Turns (N)	Cold Case Files	One Life to Live (N)	As the World Turns (N)	As the World Turns (N)	Doc Zone	(12:55) Viva Jacob		Sue Thomas: F.B.Eye	Motor City Motors	Cory	Jdg Judy	Ways Die	Seinfeld
2 PM	The Office	Young & Restless	Franklin	Barney	The Bonnie Hunt Show	Let's Make a Deal (N)	The First 48	General Hospital (N)	Young & Restless	The Doctors (N)	Steven and Chris	Pearlie	Around	Dr. Phil	MythBusters	Replace	CityLine	DEA	Golden
3 PM	Friends	The Doctors (N)	(3:01) Little Bear	WordGirl	Judge	Dr. Phil	The First 48	Rachael Ray	The Doctors (N)	Young & Restless	Recipes	(2:50) Kid League	Off-Record	(2:59) The Dr. Oz Show (N)	Destroyed	Life Derek	CityNews at 6 (N)	The Unit	End Leash
4 PM	Family Guy	Oprah Winfrey	Fetch! Ruff	Jdg Judy	Oprah Winfrey	Criminal Minds	Deal-Deal	Deal No	Oprah Winfrey	(3:59) Early Global Nat.	Ghost Whisperer	SpongeBob	Cup Fantasy	Ellen DeGeneres Show	Daily Planet	Phineas	Law & Order: SVU	The Unit	The Celebrity Apprentice
5 PM	Payne	Early News	(4:57) BBC World	News (N)	News	Criminal Minds	News	ABC News	Early News	(4:59) News Hour (N)	CBC News: Vancouver (N)	OddParent	NHL	CTV News at Five (N)	Egypt Unwrapped (N)	Suite/Deck	The Biggest Loser (N)	UFC Unleashed	
6 PM	Law & Order: SVU	Global Nat.	Taste Buds	PBS	News (N)	News	Criminal Minds	News	(5:59) News Hour (N)	ET Canada		iCarly	Stanley Cup Preview	CTV News (N)	Destroyed	Montana		Deadliest Warrior	Dog Whisperer
7 PM	Seinfeld	Ent	Frontiers of	NOVA (N)	Jeopardy!	The Doctors (N)	CSI: Miami	Ent	Ent	The Good Wife	Wheel	iCarly	SportsCentre (Live)	Lost (N)	Swamp Loggers (N)	Sonny	Parenthood (N)	Deadliest Warrior	End Leash
8 PM	Movier: "The Wood" (1999) Omar Epps	NCIS "Child's Play"	We Built This City	Survival	The Biggest Loser (N)	NCIS "Child's Play"	CSI: Miami	Dancing With the Stars	NCIS "Child's Play"	NCIS "Child's Play"	HNIC-Countdown	Malcolm	Off-Record	American Idol (Same-day Tape)	Daily Planet	Overruled!	News	UFC Unleashed	Tube Tales
9 PM	Epps	ET Canada	Movier: "Mondovino" (2004) Michael Broadbent.	Frontline (N)	NCIS: Los Angeles	(9:01) Criminal Minds	(9:01) Criminal Minds	Lost (N)	ET Canada	ET Canada	Laughs	8 Rules	Boxing: David Estrada vs.	Big Bang	Egypt Unwrapped	Wizards	Daisy of Love	DEA	Seinfeld
10 PM	Movier: "The Wood" (1999) Omar Epps	ET Canada	Movier: "Hell-o" (N)	Michael Broadbent.	Independen t Lens (N)	Parenthood (N)	The Good Wife	(10:02) V "John May"	The Good Wife	News Hour Final (N)	National	Family Biz	Orlando Lora. (Taped)	Law & Order: SVU	Swamp Loggers	School	King of Hill	Deadliest Warrior	The Celebrity Apprentice
11 PM	Epps	News Final	Prince of Pot	Charlie Rose (N)	News (N)	News	(11:01) CSI: Miami	News	(11:35) News	Ent	(11:05) The Hour	Prank Ptrl	SportsCentre (Live)	CTV News	How-Made	So Raven	Coach	Star Trek: Voyager	

WEDNESDAY, APRIL 14, 2010

	WTBS (3)	CHBC (4)	KNOW (5)	KSPS (6)	KHQ (7)	KREM (8)	A&E (9)	KXLY (10)	BCTV (11)	CITV (12)	CBC (13)	YTV (18)	TSN (19)	VTV (22)	DISC (24)	FAM (26)	CITY (29)	SPIKE (44)	TROP (45)
6 AM	In the Heat of the Night	(5:30) Morning News (N)	Franklin	Bob Build	News (N)	News	CSI: Miami "Bunk"	News	(5:30) Morning News (N)	(4:30) Morning News (N)	CBC News Now (N)	Being Ian	SportsCentre	Canada AM	Daily Planet	Henry's Feet	CityLine	Unsolved Mysteries (N)	Inside-Box Spoiled
7 AM	Cosby		Clifford the Big Red Dog (DVS)	Arthur (EI)	Today	The Early Show (N)	Cold Case Files	Good Morning America (N)			Dirtgirl	SpongeBob	SportsCentre		Egypt Unwrapped	Mickey	The Tyra Show	Unsolved Mysteries (N)	Project Runway Canada
8 AM	Harvey		Sid the Science Kid (DVS)	Curious	Mary Higgins Clark (N)		The First 48		100 Huntley Street	100 Huntley Street	Bo on Go	Pokemon	SportsCentre		Worst Handyman	Handy	Rachael Ray	Unsolved Mysteries (N)	Are You Smarter
9 AM	Fam. Feud	100 Huntley Street	Super Why!	Dinosaur	The 700 Club	The First 48	Live With Regis & Kelly		100 Huntley Street	Nature	Super Why!	Rolie Polie	Timber	Live With Regis & Kelly	Daily Planet	Feet	Role	CSI: Crime Scn	Colin-Justin
10 AM	Reba	World Vision	Spider Street (EI)	Sesame Street (EI)	The Price Is Right (N)	Criminal Minds	The View (N)	World Vision	Debt Part	Poko	Berenstain		Fantasy	The View (N)	Egypt Unwrapped	Mickey	The O.C.	CSI: Crime Scn	What
11 AM	Jim Name Earl	Canada	Rolie Polie	Clifford	Ellen DeGeneres Show	Young & Restless	The Sopranos	Paid Prog.	Canada	(10:59) Noon News Hour (N)	Gofrette	George S.	Billiards: Mosconi Cup.	Fashion	Destroyed	Phineas	CityLine	CSI: Crime Scn	Golden
12 PM	Just Shoot King	Noon News Hour (N)	Maggie	Charlie Rose	Paid Prog.	News	CSI: Miami "Bunk"	All My Children (N)	Noon News Hour (N)	Days of our Lives (N)	CBC News Now (N)	(12:05) Kid Rollbots	ATP Tennis	etalk	Mighty Ships "Maersk"	Wizards	The Bonnie Hunt Show	CSI: Crime Scn	Fresh Pr.
1 PM	King	As the World Turns (N)	(1:02) Wibbly Pig	Art Work	Days of our Lives (N)	As the World Turns (N)	Cold Case Files	One Life to Live (N)	As the World Turns (N)	As the World Turns (N)	Wheel	(12:55) Viva Jacob		Sue Thomas: F.B.Eye	Swamp Loggers	Cory	Jdg Judy	Ways Die	Seinfeld
2 PM	The Office	Young & Restless	Franklin	Barney	The Bonnie Hunt Show	Let's Make a Deal (N)	The First 48	General Hospital (N)	Young & Restless	The Doctors (N)	Ghost Whisperer	Pearlie	Around	Dr. Phil	MythBusters	Replace	CityLine	DEA	Golden
3 PM	Friends	The Doctors (N)	(3:01) Little Bear	WordGirl	Judge	Dr. Phil	The First 48	Rachael Ray	The Doctors (N)	Young & Restless	Recipes	(2:50) Kid League	Off-Record	(2:59) The Dr. Oz Show (N)	Canada's Worst Driver	Life Derek	CityNews at 6 (N)	The Unit "Exposure"	Project Runway Canada
4 PM	Family Guy	Oprah Winfrey	Fetch! Ruff	Jdg Judy	Oprah Winfrey	Criminal Minds	Deal-Deal	Deal No	Oprah Winfrey	(3:59) Early Global Nat.	NHL Hockey: Playoffs.	SpongeBob	NHL Hockey: Playoffs.	Ellen DeGeneres Show	Daily Planet	Phineas	Law & Order: SVU	The Unit	Dog Whisperer
5 PM	Movier: "Nacho Libre" (2006) Jack Black	Early News	(4:57) BBC World	News (N)	News	Dog the Bounty Hunter	News	ABC News	Early News	(4:59) News Hour (N)	Teams TBA. (Subject to Blackout)	OddParent	Teams TBA. (Subject to Blackout)	CTV News at Five (N)	Egypt Unwrapped (N)	Suite/Deck	Minute to Win It	UFC Unleashed	Hoarders
6 PM	Black.	Global Nat.	Creatures	PBS	News (N)	News	Dog the Bounty Hunter	News	(5:59) News Hour (N)	ET Canada		iCarly	(Live)	CTV News (N)	Howe & Howe Tech (N)	Montana	Family	UFC Unleashed	Hoarders
7 PM	Seinfeld	Ent	Rivers	Ask the Governor	Jeopardy!	The Doctors (N)	Dog	Ent	Ent	Melrose Place (N)	NHL Hockey: Playoffs.	iCarly	SportsCentre (Live)	etalk	Mayday	Sonny	(7:01) Ugly Betty (N)	The Ultimate Fighter (N)	Parking
8 PM	Law & Order: SVU	Bones (N)	Tea Road to the Sky	When Families Grieve	Minute to Win It	Chris	Billy	Family	Bones (N)	Bones	Teams TBA. (Subject to Blackout)	Malcolm	Off-Record	Criminal Minds (N)	Daily Planet	Overruled!	News	Best of PRIDE Fighting	Spoiled
9 PM	Movier: "Nacho Libre" (2006) Jack Black	Kitchen Nightmares (N)	Beethoven "The Rebel"	Worse Than War (N)	Law & Order: SVU	Criminal Minds (N)	Dog	Family	Kitchen Nightmares (N)	Kitchen Nightmares (N)	Malcolm	8 Rules	24/7	American Idol	Egypt Unwrapped	Wizards	For the Love of Ray J	The Ultimate Fighter	Seinfeld
10 PM	Black.	Melrose Place (N)	"Beethoven's Hair"		Law & Order: SVU	CSI: NY "Redemptio"	(9:31) Dog the Bounty Hunter	(10:01) Ugly Betty (N)	Melrose Place (N)	News Hour Final (N)	National	Family Biz	PBA Bowling	CSI: NY "Redemptio"	Destroyed	School	King of Hill	CSI: Crime Scn	Hoarders
11 PM	To Be Announced	CHBC News Final (N)	Empire of the Word	Charlie Rose (N)	News (N)	News	Dog	News	News Hour Final (N)	Ent	(11:05) The Hour	Prank Ptrl	SportsCentre (Live)	CTV News	Howe & Howe Tech	So Raven	Coach	Star Trek: Voyager	Hoarders

Similkameen News Leader - Horoscopes

April 14, 2010

Aries - This week begins on a high note for you. Your energy level increases, you feel more pleased with life. Problems ease, and opposition from others takes a break. Enjoy time spent recharging.

Taurus - You feel better now and you feel like socializing. Get in touch with friends. Make plans for good times to come. Job is less demanding, health improves. Children may have problems.

Gemini - Health is good now. Opportunities come your way for career advancement. Tone down your voice, strive to be pleasant. Enjoy a balanced life: not too much work or too much play.

Cancer - Focus is still on career but life at home improves. Partner, friends are changing in subtle ways. Watch for the little changes. You still have money problems but you can work on solving them.

Leo - Focus your energy on career now. You can make an excellent impression by using your charm. Expect disruption this weekend if you plan to travel. Don't be aggressive without cause.

Virgo - Work runs smoothly, health is good. Benefits come to you from friends, associates, partner. Singles can count on some romance. If you have visitors, or you travel to visit, you will have fun.

Libra - Others are willing to help you if you are ready to do the work. Health is good. Job runs smoothly if you don't take on too much at once. Pace yourself. Steady work wins over haste.

Scorpio - If you are looking for romance, keep your eyes wide open now. People are kind, generous and friendly. A special someone may express an interest in you. Career continues demanding.

Sagittarius - Your workplace could be a source of socializing this week. On the weekend, watch out for disruptive elements. Do something for fun. Enjoy time spent at home with family.

Capricorn - You are still focused on your home and family. Young folks bring pleasure. Pets are a joy. Social life improves. You will be busy with errands, short trips, neighbours. Take time for fun.

Aquarius - Focus on improving the look of your home and neighbourhood. Siblings may contact you to discuss matters. This is a good time to resolve differences. Take criticism quietly.

Pisces - Your special gift this week is saying the right thing to others and spreading goodwill. Use your charm. Activities with neighbours and siblings will bring a lot of pleasure. Errands will be a lot of fun.

We're different, and we like that.

Similkameen News Leader

Tuesday Movies

EVENING

8:00 pm WTBS (3) ★★ "The Wood" (1999, Drama) Omar Epps. Young men, one of whom is about to be married, reminisce about their childhood during the 1980s in Inglewood, Calif. (E)

9:00 pm KNOW (5) ★★ "Mondovino" (2004,

Documentary) Michael Broadbent. Premiere. Filmmaker and sommelier Jonathan Nossiter examines the wine industry around the world. (E)

10:00 pm WTBS (3) ★★ "The Wood" (1999, Drama) Omar Epps. Young men, one of whom is about to be married, reminisce about their childhood during the 1980s in Inglewood, Calif. (E)

Wednesday Movies

AFTERNOON

5:00 pm WTBS (3) ★★ "Nacho Libre" (2006, Comedy) Jack Black. To raise money for an orphanage, a Mexican cook named Ignacio moonlights as a professional wrestler. (E)

Libre" (2006, Comedy) Jack Black. To raise money for an orphanage, a Mexican cook named Ignacio moonlights as a professional wrestler. (E)

10:00 pm KNOW (5) ★★ "Beethoven's Hair" (2005, Documentary) Re-enactments and depictions of the composer follow a snipped clump of his hair, taken after his death in 1827. (E)

EVENING

9:00 pm WTBS (3) ★★ "Nacho

Similkameen News Leader - Recipe Corner

Recipe #318

Baby Back Ribs

Prep Time: 10 minutes. Cook Time: 1.5 hours.

All You Need:

- 2 racks baby back pork ribs – 3 to 4 lbs (1.5 to 2 kg)
- 6 to 8 tbsp (90 to 125 mL) Club House La Grille Pork Spice Rub

All You Do:

1. Rub Pork Spice Rub evenly over both sides of each rack of ribs.
2. Bake in 375° F (190° C) oven 1 hour or until meat starts to pull away from bones.
3. Transfer ribs to grill.
4. Grill over medium-high heat 1 to 2 minutes per side or until evenly browned.
5. Cut into 2 rib portions to serve.

Alternate cooking method:

1. Place ribs on foil-lined baking pans.
2. Rub Pork Spice Rub evenly over both sides of each rack of ribs.
3. Cover with foil; refrigerate overnight.
4. Bake in 300° F (150° C) oven 1 hour and 40 minutes.
5. Uncover and bake another 20 minutes or until meat starts to pull away from bones.

Makes 6 to 8 servings.

Nutrition per serving:

462 cal., 36 g protein, 31 g total fat (11 g saturated fat), 6 g carbohydrate, 2 g fibre, 93 mg cholesterol, 557 mg sodium. More information is available online at www.clubhouse.ca or toll-free at 1-800-265-2600.

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Thursday Movies

AFTERNOON

5:30 pm SPIKE (4) ★★ "The Hills Have Eyes" (2006, Horror) Aaron Stanford. A family road trip takes a terrifying turn when the travelers become stranded in a government atomic zone inhabited by a band of bloodthirsty mutants. (In Stereo)

Farce" (2007, Comedy) Larry the Cable Guy. An Army officer mistakes three buddies for Army Reservists and deploys them to Iraq, but their vehicle is prematurely ejected over Mexico. (E)

10:00 pm WTBS (3) ★★ "Delta Farce" (2007, Comedy) Larry the Cable Guy. An Army officer mistakes three buddies for Army Reservists and deploys them to Iraq, but their vehicle is prematurely ejected over Mexico. (E)

EVENING

8:00 pm WTBS (3) ★★ "Delta

Friday Movies

MORNING

7:30 am FAM (2) "Mickey's Adventures in Wonderland" (2009, Adventure) Voices of Wayne Allwine. Premiere. Animated. Mickey Mouse and Donald Duck encounter a magic land full of colorful characters. (In Stereo) (E)

Stereo) (E)

FAM (2) ★★ "My Favorite Martian" (1999, Comedy) Christopher Lloyd. A befuddled martian crash-lands on Earth, assumes human form and befriends a TV-news producer. (In Stereo) (E)

9:34 pm FAM (2) ★★ "Nancy Drew" (2007, Mystery) Emma Roberts. Accompanying her father on a business trip to Hollywood, the young sleuth investigates the long-unsolved death of a movie star. (In Stereo) (E)

10:00 pm WTBS (3) ★★ "Sleepers" (1996, Crime Drama) Kevin Bacon. A DA and a reporter fix the trial of childhood pals who killed a sadistic guard they all knew as teens in a detention center. (E)

EVENING

7:00 pm YTV (8) ★★ "New York Minute" (2004, Comedy) Ashley Olsen. An uptight teenager and her laid-back twin spend a wild day on the streets of Manhattan. (In Stereo) (E)

8:00 pm KHQ (7) "Secrets of the Mountain" (2010, Adventure) Barry Bostwick. Premiere. A woman, her three children and an attorney search for treasure on a mountain. (In

THURSDAY, APRIL 15, 2010

Table with 20 columns (WTBS, CHBC, KNOW, KSPS, KHQ, KREM, A&E, KXLY, BCTV, CITY, CBC, YTV, TSN, VTV, DISC, FAM, CITY, SPIKE, TROP) and 24 rows (6 AM to 11 PM) listing TV programs and their corresponding channels.

FRIDAY, APRIL 16, 2010

Table with 20 columns (WTBS, CHBC, KNOW, KSPS, KHQ, KREM, A&E, KXLY, BCTV, CITY, CBC, YTV, TSN, VTV, DISC, FAM, CITY, SPIKE, TROP) and 24 rows (6 AM to 11 PM) listing TV programs and their corresponding channels.

News Leader Puzzle Page

CARTER'S Sudoku Challenge

CREATED FOR THE NEWS LEADER BY CARTER BOSWELL

HOW TO PLAY:

Sudoku is a game of logic. There is no math involved. The object of the game is to fill the grid so that the numbers 1 through 9 appear only once in each row, column and 3 x 3 box. The numbers can appear in any order and Carter has left you some clues below.

CHALLENGE #285 - Rated Easy

	2	3						
6			7			8	4	
1				3	4			
			9			5	1	
	1	9		4		3	7	
	5	6			3			
			5	2				1
	7	8			1			2
						9	5	

CHALLENGE #286 - Rated Hard

			7	6		4	9	
	8		5			2	7	
6	2							
					4		3	1
9				5				7
1	6		3					
							8	2
		1			3		4	
4	5		9	7				

THIS WEEK'S SOLUTIONS:

Page 18

Carter's Sudoku Challenge grids, puzzles and solutions copyright 2009 Carter Boswell, Princeton, BC and published by Similkameen News Leader

We're different, and we like that.

Similkameen News Leader

Saturday Movies

MORNING

- 8:00 am WTBS (3) ★★ "Secondhand Lions" (2003, Comedy-Drama) Michael Caine. In the 1960s, an urban teen stays with his rural great-uncles and listens to their fantastic tales. (E)
- 10:00 am WTBS (3) ★★ "2 Days in the Valley" (1996, Crime Drama) Danny Aiello. A hit man falls for an art dealer's helper amid confusion in the San Fernando Valley. (E)

AFTERNOON

- 12:00 pm FAM (26) "Go Figure" (2005, Drama) Jordan Hinson. A teenage figure skater must join the girls' hockey team to obtain a scholarship at the school of a renowned coach. (In Stereo) (E)
- 1:30 pm FAM (26) ★★ "The Cheetah Girls" (2003, Comedy-Drama) Raven. Four teens aim to take the world by storm with their music. (In Stereo) (E)

- 5:00 pm WTBS (3) ★★ "Old School" (2003, Comedy) Luke Wilson. Three friends try to recapture the fun of their college years by starting their own off-campus fraternity. (E)

EVENING

- 6:00 pm FAM (26) ★★ "A Bug's Life" (1998, Fantasy) Voices of Dave Foley. Premiere. Animated. An inventor ant teams up with other insects to keep a gang of grasshoppers from terrorizing his colony. (In Stereo) (E)
- CITY (29) "One Way Out" (2002, Suspense) James Belushi. Casino owners order a policeman posing as a hit man to kill a married woman who happens to be his lover. (DVS) (E)
- 7:00 pm WTBS (3) ★★ "Sleepers" (1996, Crime Drama) Kevin Bacon. A DA and a reporter fix the trial of childhood pals who killed a sadistic guard they all

- knew as teens in a detention center. (E)
- CITY (12) "The Perfect Assistant" (2008, Drama) Rachel Hunter. A woman feels the need to tell her married boss that she is in love with him. (E)
- 8:00 pm CHBC (4) BCTV (11) "The Perfect Assistant" (2008, Drama) Rachel Hunter. A woman feels the need to tell her married boss that she is in love with him. (E)
- KSPS (6) ★★ "To Have and Have Not" (1944, Adventure) Humphrey Bogart. A boat skipper flirts with a singer and fools Nazis on the island of Martinique. (In Stereo) (E)
- KXLY (10) ★★ "Shark Tale" (2004, Comedy) Voices of Will Smith. Animated. A bottom feeder pretends to be a fearsome shark slayer after the son of a finned hoodlum meets an accidental death. (In Stereo) (E)
- 9:00 pm FAM (26) ★★ "Bob the Butler" (2005, Comedy) Tom Green. A novice manservant takes a job with a neurotic single mother and her mischievous children. (In Stereo) (E)
- 9:30 pm WTBS (3) ★★ "Vegas Vacation" (1997, Comedy) Chevy Chase. Clark and Ellen Griswold's disastrous family outing includes a visit with boorish Cousin Eddie. (E)
- 10:31 pm FAM (26) ★★ "Batman" (1989, Action) Jack Nicholson. The Caped Crusader saves dismal Gotham City and gorgeous Vicki Vale from the freaky Joker. (In Stereo) (E)
- 11:00 pm KNOW (5) ★★ "Is the Crown at War With Us?" (2002, Documentary) The Canadian government and the native Mi'gmaq people fight over traditional fishing rights. (E)

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Sunday Movies

MORNING

- 8:00 am WTBS (3) ★★ "Underdog" (2007, Adventure) Voices of Jason Lee. A canine superhero must save the day when an evil scientist and his enormous henchman threaten the citizens of Capitol City. (E)
- 10:00 am WTBS (3) ★★ "Dickie Roberts: Former Child Star" (2003, Comedy) David Spade. Hoping to make a comeback, a man stays with a suburban family to prepare for the lead role in a Rob Reiner film. (E)

AFTERNOON

- 12:00 pm WTBS (3) "American Pie Presents: Band Camp" (2005, Comedy) Tad Hilgenbrink. A lewd teen causes mischief when he must attend a camp for musicians. (E)
- FAM (26) ★★ "All Dogs Go to Heaven" (1989, Fantasy) Voices of Dom DeLuise. Animated. A junkyard

- dog returns to life and his dachshund buddy in 1939 New Orleans. (In Stereo) (E)
- 1:30 pm FAM (26) ★★ "Black Beauty" (1994, Adventure) Sean Bean. Based on Anna Sewall's novel about a horse in Victorian England and its often cruel treatment by various owners. (In Stereo) (E)
- 2:00 pm WTBS (3) ★★ "Old School" (2003, Comedy) Luke Wilson. Three friends try to recapture the fun of their college years by starting their own off-campus fraternity. (E)
- YTV (18) ★★ "Rugrats in Paris: The Movie" (2000, Adventure) Voices of E.G. Daily. Animated. When Stu Pickles must travel to Paris to work on a new amusement park, the gang accompanies him. (In Stereo) (E)
- 4:00 pm WTBS (3) ★★ "Freaky Friday" (2003, Comedy) Jamie Lee Curtis. Two fortune cookies cause an engaged psychotherapist and her

- teenage daughter to magically exchange bodies. (E)
- YTV (18) ★★ "Catch That Kid" (2004, Adventure) Kristen Stewart. With help from her two friends, an adventurous 12-year-old plots to rob a bank to pay for her father's surgery. (In Stereo) (E)

EVENING

- 6:00 pm WTBS (3) ★★ "Freaky Friday" (2003, Comedy) Jamie Lee Curtis. Two fortune cookies cause an engaged psychotherapist and her teenage daughter to magically exchange bodies. (E)
- CBC (13) ★★ "An American Tail" (1986, Fantasy) Voices of Cathianne Blore. Animated. A Russian immigrant mouse finds himself alone in New York City after being separated from his family. (In Stereo) (E)
- YTV (18) ★★ "Agent Cody Banks" (2003, Adventure) Frankie Muniz. Recruited by the CIA, a teen works under cover to befriend a girl whose father is a pawn for an evil organization. (In Stereo) (E)
- 8:00 pm WTBS (3) ★★ "Selena" (1997, Biography) Jennifer Lopez. A beautiful Mexican-American singer's skyrocketing international career ends abruptly. (E)
- 9:00 pm FAM (26) ★★ "City Slickers" (1991, Comedy) Billy Crystal. A midlife crisis prompts an ad exec to join a cattle drive. (In Stereo) (E)
- 10:30 pm WTBS (3) "American Pie Presents: Band Camp" (2005, Comedy) Tad Hilgenbrink. A lewd teen causes mischief when he must attend a camp for musicians. (E)
- FAM (26) ★★ "Grumpy Old Men" (1993, Comedy) Jack Lemmon. Minnesota neighbors rekindle a 10-year feud when they fall for the same widow. (In Stereo) (E)

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SATURDAY, APRIL 17, 2010

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SUNDAY, APRIL 18, 2010

Table with 19 columns (WTBS, CHBC, KNOW, KSPS, KHQ, KREM, A&E, KXLY, BCTV, CITY, CBC, YTV, TSN, VTV, DISC, FAM, CITY, SPIKE, TROP) and 24 rows (6 AM to 11:30 PM) listing TV programs and their details.

MONDAY, APRIL 19, 2010

	WTBS (3)	CHBC (4)	KNOW (5)	KSPS (6)	KHQ (7)	KREM (8)	A&E (9)	KXLY (10)	BCTV (11)	CITY (12)	CBC (13)	YTV (18)	TSN (19)	VTV (22)	DISC (24)	FAM (26)	CITY (29)	SPIKE (44)	TROP (45)
6 AM	In the Heat of the Night	(5:30) Morning News (N)	Franklin George S.	Bob Build Lions	News (N)	News	CSI: Miami	News	(5:30) Morning News (N)	(4:30) Morning News (N)	CBC News Now (N)	Being Ian	Sports	Canada AM	Daily Planet	Henry's Feet	CityLine	Unsolved Mysteries (N)	Inside Box Switch
7 AM	Cosby		Clifford the Big Red Dog	Arthur (EI) Martha	Today (N)	The Early Show (N)	Cold Case Files	Good Morning America (N)			Dirtgirl	Invasion League	Running: Boston Marathon. (Live)		Monster Moves	Mickey Mickey	The Tyra Show	Unsolved Mysteries (N)	Carlawood Parker
8 AM	Harvey		Sid the Science Kid (DVS)	Curious			The First 48		100 Huntley Street	Bo on Go	Pokemon			Canada's Worst Driver	Handy Handy	Rachael Ray	Unsolved Mysteries (N)	Re-Vamped	
9 AM	Fam. Feud	100 Huntley Street	Super Why! Dinosaur			The 700 Club	The First 48	Live With Regis & Kelly	100 Huntley Street	World Vision	Super Why! News	Rolie Polie Timothy	Fishing	Live With Regis & Kelly	Daily Planet	Agent Oso	Role Amazing	CSI: Crime Scn	Colin-Justin
10 AM	Reba	Canada	Spider Street (EI)	Sesame Street (EI)		The Price Is Right (N)	Criminal Minds "Jones"	The View (N)	Canada	Debt Part	Poko	Berenstain Willa's	PBA Bowling	The View (N)	How-Made Cash Cab	Mickey Handy	The O.C.	CSI: Crime Scn	What
11 AM	Jim Name Earl	World Vision	Rolie Polie Berenstain	Clifford Sit-Be Fit	Ellen DeGeneres Show	Young & Restless	The Sopranos	Paid Prog.	World Vision	(10:59) Noon News Hour (N)	Gofrette	George S. (11:40) Erky	PBA Bowling	Fashion	License to Drill	Phineas Suite Life	CityLine	CSI: Crime Scn	Golden
12 PM	Just Shoot King	Noon News Hour (N)	Maggie (12:37)	Charlie Rose	Paid Prog.	News Bold	CSI: Miami	All My Children (N)	Noon News Hour (N)	Days of our Lives (N)	CBC News Now (N)	(12:05) Kid Rollbots	North American Tour	etalk	Breaking Point	Wizards Montana	The Bonnie Hunt Show	CSI: Crime Scn	Fresh Pr. Frasier
1 PM	King The Office	As the World Turns (N)	(1:02) Wibbly Pig	Fine Art Sewing	Days of our Lives (N)	As the World Turns (N)	Cold Case Files	One Life to Live (N)	As the World Turns (N)	As the World Turns (N)	Wheel Jeopardy!	(12:55) Viva	North American Tour	Sue Thomas: F.B. Eye	Monster Moves	Cory Recces	Judge J. Judge J.	Ways Die	Seinfeld
2 PM	The Office Friends	Young & Restless	Franklin BluesClues	Barney WordWorld	The Bonnie Hunt Show	Let's Make a Deal (N)	The First 48	General Hospital (N)	Young & Restless	The Doctors	Ghost Whisperer	Monster Invasion	Around Interruptlo	Dr. Phil	MythBusters	Replace. School	CityLine	DEA "Flip The Stripper"	Golden
3 PM	Friends Seinfeld	The Doctors	(3:01) Little Bear	WordGirl Electric	Judge Judge	Dr. Phil	The First 48	Rachael Ray	The Doctors	Young & Restless	Recipes Coronation	(2:50) Kid League	Off-Record	(2:59) The Dr. Oz Show	Worst Handyman	Life Derek Suite Life	CityNews at 6 (N)	The Unit	Carlawood Parker
4 PM	Family Guy	Oprah Winfrey	George S. Cyberchas	Fetch! Ruff	Judge J. Judge J.	Oprah Winfrey	Criminal Minds "Jones"	Deal-Deal Deal No	Oprah Winfrey	(3:59) Early Global Nat.	NHL Hockey: Playoffs: (Subject to Blackout)	SpongeBob OddParent	NHL Hockey: Playoffs: (Live)	Ellen DeGeneres Show	Daily Planet	Phineas Wizards	Law & Order: SVU	UFC Unleashed	Re-Vamped
5 PM	Payne	Early News	(4:57) Martha	BBC World Business	News (N) NBC News	News CBS News	Intervention "Vinnie"	News ABC News	Early News Global Nat.	(4:59) News Hour (N)	Teams TBA. (Subject to Blackout)	OddParent	Teams TBA. (Live)	CTV News at Five (N)	MythBusters	Suite/Deck Zoey 101	How I Met How I Met	The Ultimate Fighter	Wipeout
6 PM	Law & Order: SVU	Global Nat. News	Mechanics Dogs	PBS NewsHour (N)	News (N) Millionaire	News Access H.	Intervention "Amy P."	News	(5:59) News Hour (N)	ET Canada	Indie	iCarly	CTV News (N)	Dirty Jobs (N)	Montana Wizards	Trauma "Sweet Jane"	TNA Wrestling (Live)	Wipeout (N)	
7 PM	Seinfeld Name Earl	Ent. ET Canada	Eden Landscape	'Allo, 'Allo! Europe	Jeopardy! Wheel	The Doctors Runaway	Runaway	Ent The Insider	Ent ET Canada	NCIS: Los Angeles	News To Be Announced	Survive	SportsCentre (Live)	etalk	Motor City Access H.	Sonny Suite Life	Chuck	Parking	
8 PM	Movie: "Star Trek: First Contact" (1996)	House "Knight Fall" (N)	Empire of the Word	Antiques Roadshow (N)	Chuck	How I Met Rules	Runaway	Dancing With the Stars	House "Knight Fall" (N)	House "Knight Fall" (N)	In Real Life	Off-Record	Survive	Boxing: Jason Estrada vs. Tony Thompson.	Two Men Big Bang	MythBusters	Wizards Buzz	The Flavor of Love	Seinfeld
9 PM	Movie: "Mimic" (1997)	NCIS: Los Angeles	Mad Cow, Sacred Cow	American Experience Environment	Trauma "Sweet Jane"	Law & Order	CSI: Miami "Backfire"	Castle (N)	NCIS: Los Angeles	News Hour Final (N)	National	Indie	Family Biz	CTV News (N)	Dirty Jobs (N)	So Raven Life Derek	Coach	(11:08) Star Trek: Voyager	Wipeout
11 PM	Horror Mira Sorvino	CHBC News Final (N)	Master's Orders-Pilot	Charlie Rose (N)	News (N) Jay Leno	News Letterman	Runaway	News (11:35)	News Hour Final (N)	Ent ET Canada	(11:05) The Hour	Prank Ptrl Fries That?	SportsCentre (Live)	CTV News	Dirty Jobs	So Raven Life Derek	Coach	(11:08) Star Trek: Voyager	Wipeout

Monday Movies

EVENING

8:00 pm WTBS (3) ★★ ★ "Star Trek: First Contact" (1996, Science Fiction) Patrick Stewart, Picard, Riker and the others set off to stop the half-robot Borg from sabotaging a historic

rocket flight in 2063. (E) 10:00 pm WTBS (3) ★★ "Mimic" (1997, Horror) Mira Sorvino. Married scientists battle killer cockroaches with the ability to assume human form. (E)

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Mark Kernaghan

1962 - 2010



This notice is to advise friends of Mark Kernaghan of his sudden passing on Tuesday, April 6 2010.

He died in Kamloops, after a brief, but bravely fought battle with liver cancer. Mark was born in Prince Albert, Saskatchewan in 1962. He worked in the auto-body field for many years, starting at the age of seventeen. He was a proven carpenter, tile setter and much more, with expertise in many fields.

Mark was also an avid dancer and with his partner Carolyn, they traveled to many dance workshops where they learned a variety of dances. But it was West Coast Swing that was Mark's vocation. He did it with style and grace and a grin. They both were lucky enough, at Mark's suggestion, to teach dance in Kamloops and helped bring West Coast Swing to the town. Mark was very proud of that achievement.

Mark's auto-body career started in Nelson, even before he finished high school. Previous to Nelson, Mark completed all of his primary schooling in Princeton, BC where he lived the life of Huckleberry Finn, having an absolute ball growing up. His fishing and hunting exploits are legendary. His mother Rosemary taught school there and his father, Bryon Kernaghan was the Deputy Government Agent. Mark's high school education was completed in Nelson, BC where his parents were able to continue their chosen professions

It was in Nelson that Mark met his high school sweetheart, Heather Drake and they were married shortly after graduating. Things changed after a number of years and he met and married Veronica Swaine. Together they had Mark's greatest joy, a boy who they named Dawson.

At the time of his death Mark was living very happily with the love of his life, Carolyn Bays.

Mark was a good, honest person, never taking anything that wasn't earned, always told the truth and never hurt anyone. He was predeceased by his little sister Leslie Kernaghan, of Wasa, BC, who died of brain cancer a few years previous. He is survived by his mother Rosemary McDowell (nee-Kernaghan) of Summerland BC, his sister Shannon Kernaghan, of Delta BC, his brother Kurt Kernaghan of Wasa BC, his dad Bryon Kernaghan of Wasa BC, his step-dad Sandy McDowell of Summerland BC, his step mom Marie Kernaghan of Wasa BC, his spouse Carolyn Bays of Kamloops BC and cousins, uncles, aunts and of course many friends.

If you knew Mark, you knew he was very much a person of value and high morals.

When you think of him, please don't think sad thoughts, but smile and remember him the way he was.

Much love to Mark and to all who knew and respected him.

He knew how much he was loved.

His Family

A Celebration of Mark's life was held at 11:00 am on Saturday, April 10, 2010 in the Kamloops Funeral Home Chapel, 285 Fortune Drive. Following the service, Mark was laid to rest at Hillside Cemetery.

Arrangements entrusted to Kamloops Funeral Home 250-554-2577

Condolences may be emailed to the family from www.kamloopsfuneralhome.com

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594 Auburn Crescent. 4-bedroom, one level home on double lot in Princeton. Large fenced yard. Lots of room for your RV. Asking \$220,000. Call 250.295.4003 for info. Mar 16Apr 20

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Hours of Operation will be 10:00 AM - 6:00 PM (7:00 PM July & August) 7 days a week.

It is essential that interested candidates should be returning to full-time education in the Fall of 2010. Applications should be made in writing to Nick Mills, Operations Manager, Princeton Museum, Princeton, BC, VOX 1W0 and from whom further details are available.

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695	712	843
187	634	295
342	967	518
819	245	376
756	183	429
934	526	781
578	491	632
261	378	954

CHALLENGE #285 - Hard

513	762	498
489	531	276
627	849	315
758	924	631
934	156	827
162	378	954
396	415	782
271	683	549
845	297	163

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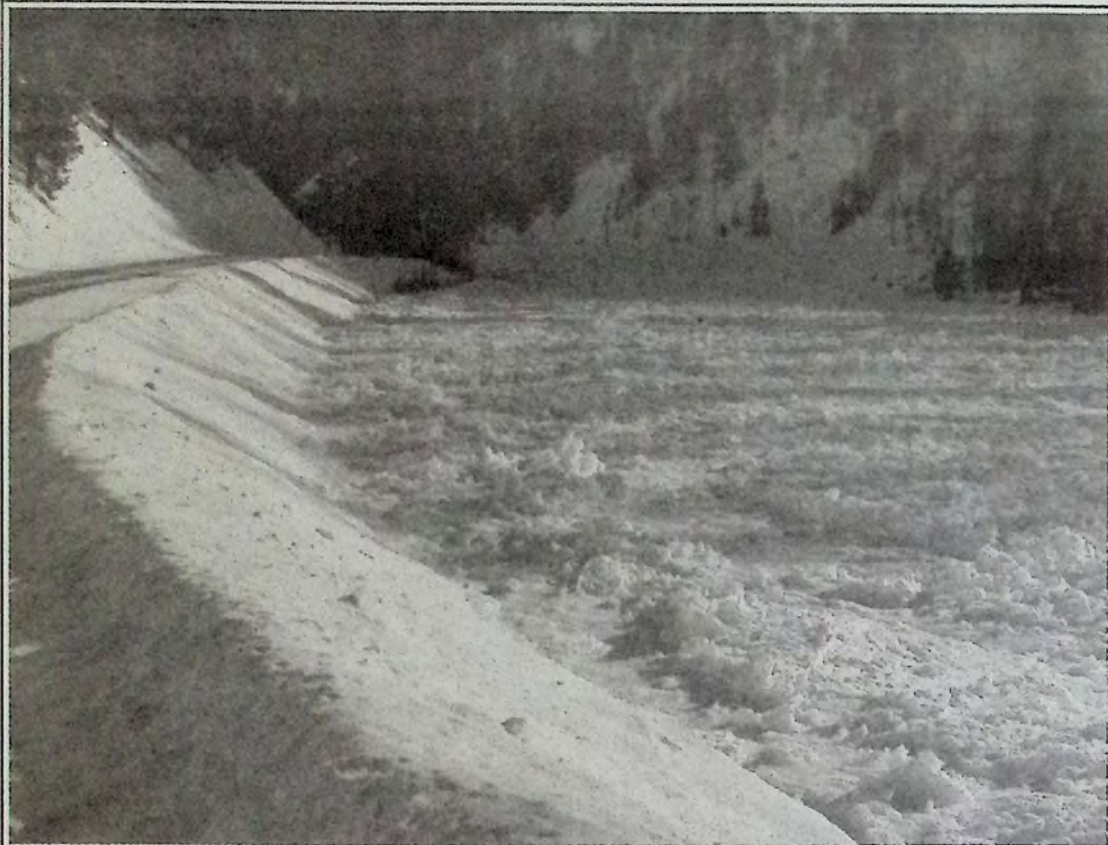


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CELEBRATE PRINCETON'S 150th WITH THIS UNIQUE SOUVENIR



Ice clogged Similkameen River near San Ang Estates two winters ago. Winters have been milder since. *

..... continued from Front Page has 65-85 per cent of normal snowpack. The East Kootenay and Similkameen basins stand out as having particularly poor snowpacks.

The Skeena and Nass basins are also dry, at only 81 per cent, but they have improved notably from their 73 per cent level a month ago.

Water Supply Outlook:

Conditions as of April 1 indicate a likelihood of well below normal freshet runoff during May and June, and low risk for freshet flooding in the major river basins (Fraser, Thompson, Skeena, Bulkley, Nass, Peace and Liard).

Water levels on these large rivers typically begin to rise by late April, peaking in late May or early June.

Minister Penner says the below normal snowpack conditions across much of the Interior

(Okanagan, Nicola, Kettle, Similkameen, West Kootenay, East Kootenay, Skeena, Nass and Peace) indicate potential for water-supply challenges to develop during the summer.

The low snowpack and smaller than normal snowmelt runoff may be reflected in such things as lower than normal lake and reservoir levels, lower than normal recharge of groundwater aquifers, and lower than normal river levels during summer.

Snow conditions at the end of the winter comprise only part of the peak flow and water supply forecast picture. Spring weather has a large influence. To reduce the potential for summer low-flow or drought problems, spring rainfall (April, May and June) will need to be at or above normal. The first week of April has been cool and wet. However, the long-range sea-

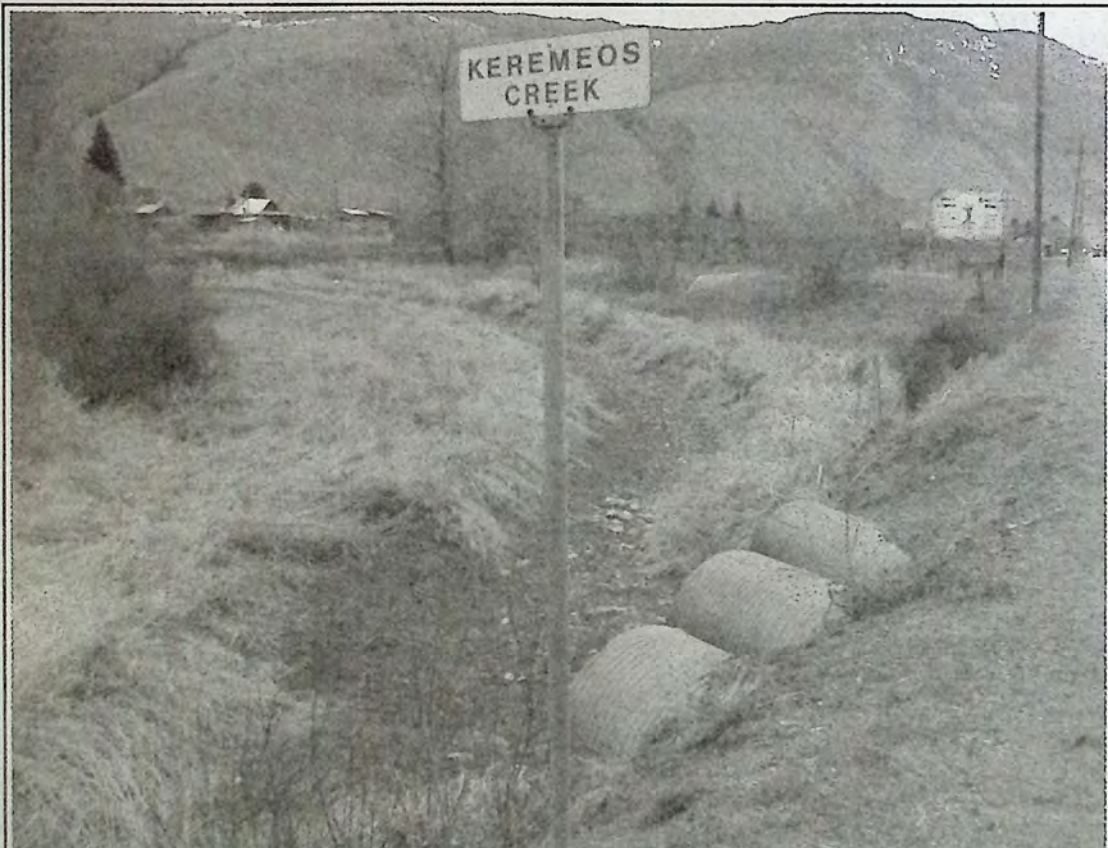
sonal forecast from Environment Canada is for warmer than normal weather over the next three months.

For additional information, go to: <http://www.env.gov.bc.ca/rfc/index.htm>.

In December 2009, the B.C. government officially embarked on a process of modernizing B.C.'s Water Act with the launch of the Living Water Smart blog.

Living Water Smart: B.C.'s Water Plan outlines the B.C. government's vision and plan to keep B.C.'s water healthy and secure for the future. The plan uses a variety of measures including planning, regulatory change, education and incentives to ensure B.C.'s water resources are protected and sustainable.

To check out the site or post a comment on the blog, go to: <http://www.livingwatersmart.ca/>.



Keremeos Creek is completely dry near Cawston this spring. *

information

information

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Similkameen News Leader

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APPENDIX C
to Order G-63-10

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BC TOLL FREE: 1-800-663-1385
FACSIMILE: (604) 660-1102

Application by Shaw Cablesystems Limited and Shaw Business Solutions Inc. to continue to use FortisBC Inc.'s Transmission Facilities

NOTICE OF APPLICATION AND PROCEDURAL CONFERENCE

PROCEDURAL CONFERENCE
Tuesday, May 11, 2010
Time: 1:00 PM
Location: Holiday Inn Express
2429 Highway 97 North, Kelowna, BC

The APPLICATION

On October 26, 2009 Shaw Cablesystems Limited and Shaw Business Solutions Inc. (collectively, Shaw) applied for an order directing FortisBC Inc. (FortisBC) to allow Shaw to continue to use FortisBC's electric transmission facilities for Shaw's telecommunication facilities throughout the FortisBC service area (the Application) pursuant to section 70 of the Utilities Commission Act (the Act).

The Application requests that the British Columbia Utilities Commission (the Commission) issue an Order directing FortisBC to allow Shaw to install, operate and maintain telecommunications cables and related interconnection facilities on FortisBC's electric transmission facilities including the facilities located on FortisBC's 11 line, 40 line, 50 line and 76 line and setting reasonable terms and rates for Shaw's use of FortisBC's facilities. Shaw submits that such an order is in the public interest.

THE REGULATORY PROCESSES

The Commission reviewed the Application and the various submissions received and determined by Order G-24-10 dated February 17, 2010 with Reasons for Decision attached that it had the jurisdiction to and would hear the Application. On March 5, 2010, FortisBC filed a request for Reconsideration of Order G-24-10, served a Leave to Appeal application to the B.C. Court of Appeal from that Order and filed a proposed Regulatory Timetable. The Commission held a one-half day hearing for the Reconsideration Application and by Order G-63-10 dismissed the Reconsideration Application and established a Regulatory Timetable for the review of the Application.

The Commission will hold a Procedural Conference on May 11, 2010 in Kelowna, BC to discuss procedural matters in the Application.

Public Inspection of the Applications

The Application is available for inspection at the following locations:

- | | |
|--|---|
| Shaw
c/o Bull Housser & Tupper
3000 Royal Centre
1055 West Georgia Street
Vancouver, BC V6E 3R3
Telephone: (604) 641-4969 | British Columbia Utilities Commission
Sixth Floor, 900 Howe Street
Vancouver, BC V6Z 2N3
Telephone: (604) 660-4700 |
|--|---|

REGISTERING TO PARTICIPATE

Persons who expect to actively participate in the review process and Procedural Conference should register as Interveners. Interveners will receive copies of the Application, all correspondence and filed documents. Persons not expecting to actively participate should register with the Commission as Interested Parties and will receive a copy of the Application summary and the Commission's Decision.

Interveners and Interested Parties should inform the Commission Secretary, in writing or online web registration, by Thursday, April 29, 2010 of their intention to become Interveners or Interested Parties with respect to the Application and their intention to attend the Procedural Conference.

All submissions and/or correspondence received from active participants or the public relating to the Application will be placed on the public record and posted to the Commission's web site.

Further Information

For further information, please contact Ms. Erica M. Hamilton, Commission Secretary, as follows:

- Telephone: (604) 660-4700
BC Toll Free: 1-800-663-1385
Facsimile: (604) 660-1102
E-mail: commission.secretary@bcuc.com



Editorial Page

News Leader

Similkameen News Leader, 226A Bridge Street, PO Box 956, Princeton, BC V0X 1W0

My Turn...

Back Space, Back Space, Delete

I spend a lot of time in front of computers. About half of it with my laptop.

There are days when I am very grateful for tools that check both spelling and grammar.

I am also grateful that I'm not writing these things 'old school' with paper and pen in long hand.

Although some days in front of the computer seem to drag on, my only escape sometimes is an online game or just drifting off somewhere in a daydream.

The other night we looked at some old family slides salvaged from Mom's house in Kelowna and I think I may have discovered where I got my habit of detailing as much information as I can about otherwise trivial things.

In one box of slides was a case of probably 250 slides dating from 1951 to 1953.

I know this because on the index card on the inside of the case was a listing of each slide and in most cases names and locations corresponding with any numbered slide.

Just in case that wasn't clear enough, Mom wrote on each slide the same information as well as the exact date each slide was taken.

So, for example, since I will likely never visit Sarasota, Florida I do have a great photo of Mom sitting in the front garden of a hotel there on March 19, 1951. I can tell you it was a beautiful sunny day and the palm trees looked spectacular.

I shudder to think what information she could have stored had she figured out how to use a computer in her final years.

But in her final years the computer in her brain was showing signs of wear and tear on the hard drive. Small bits of information were getting lost and there was no easy way to defrag and recover those files. In some cases she would mix more than one file together and come up with a new file that didn't exist. Almost as if a virus had affected the data and was slowly working it's way through the hard drive.

Then there were days when all she needed was a good rest and a fresh reboot and everything was fine.

Going through the slides and photos that date back to my childhood days uncovered files in my memory bank I had forgotten. There are also some I probably won't be able to recover simply because the photos don't assist in pulling out other filed memories.

It made me ponder my past.

Have I said or done something I wish I could just backspace to and delete?

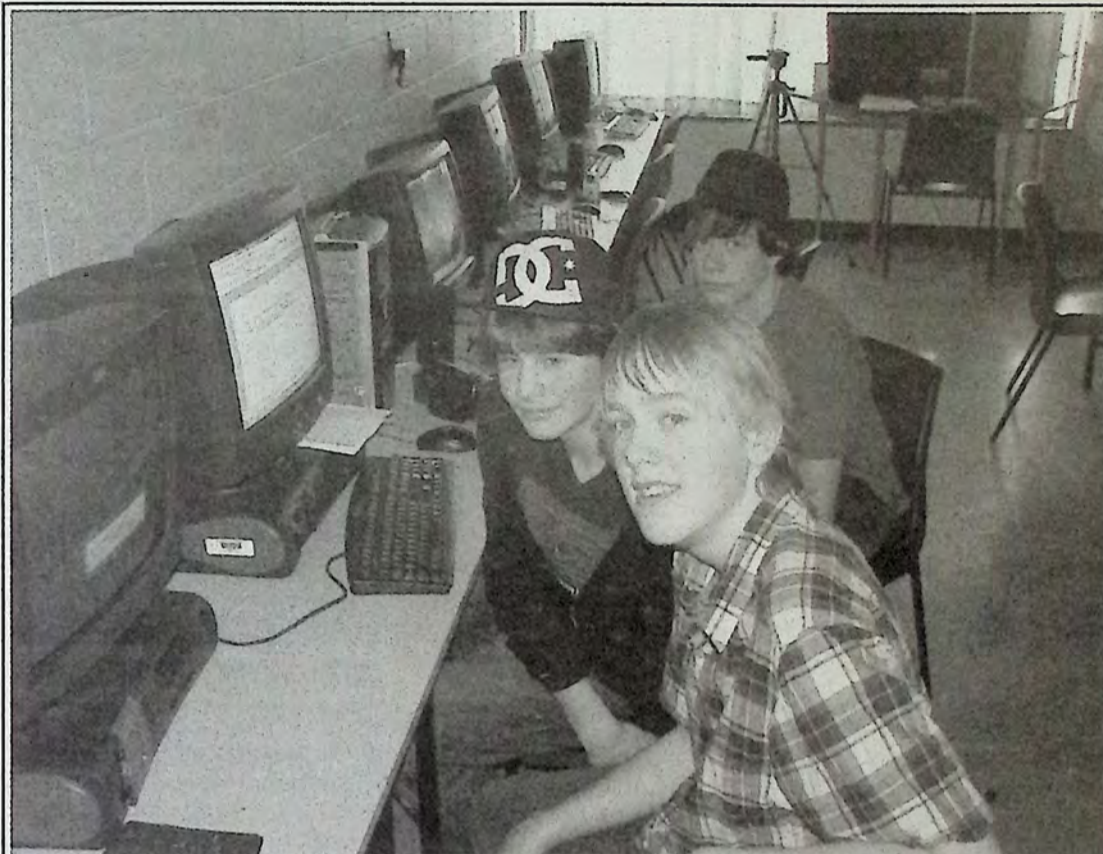
Haven't we all?

EDITORIAL GUIDE

We would like you to write to us, but please remember to abide by anti-discrimination laws.

The News Leader reserves the right to refuse to print any letter which is not signed by the writer or is slanderous, libelous or of uncommon sense!

The Editor reserves the right to condense any letter or to substitute proper language for improper language.



Adam Gullason, left, and Morgan Dobbs, foreground, won Third Place in the Skill Canada TV/Video Production Virtual Competition with their PSA on Human Rights. They were assisted by Derek Bergen. *

...Your Turn

Carlson Requests Your Support

Dear Readers,

Spring is the season of renewed energy, excitement, and hope. It is also the season many charitable organizations begin their fundraising drives, and this includes the Multiple Sclerosis Society. I have participated in the MS Walk for the past seven years, but unfortunately, for health reasons, this is the final year I will participate as a fundraiser.

Multiple Sclerosis is the most common neurological disease of young adults in Canada. MS affects each person differently and can include several stages; benign, relapsing-remitting, primary progressive, and the stage I am at, secondary progressive. Most people with MS are diagnosed between the ages of 15 and 40, although children, some as young as three years of age, have been diagnosed. Symptoms of MS can include vision problems, extreme fatigue, loss of balance, pain, depression, memory problems, loss of co-ordination, and paralysis.

An estimated 75,000 Canadians that have Multiple Sclerosis, and

although my opportunity to benefit from a cure may seem to be passing, my primary purpose for participating in the MS Walk continues to be to generate funding to help researchers develop a cure for MS. Considering the rapid advances in medical knowledge I am not without hope of a cure for myself and future generations. In fact, we now have five disease modifying drugs, more at the testing stage, cross application immuno-suppressive drugs such as mitoxantrone, and research areas such as bone marrow transplants and the chronic cerebrospinal venous insufficiency (CCSVI) therapy. Research is the key to finding a cure for MS.

I will be participating in the MS

Walk on April 25 in Penticton. If you are able to support my efforts, please make your cheque payable to the MS Society - Research Only. All donations, small and large, will be greatly appreciated. The MS Society will issue a tax deductible receipt for all contributions of \$20 or greater. Cheques can be post-dated to April 26, 2010.

Please send your cheque to Ken Carlson, Box 1354, Princeton, BC V0X 1W0.

You may also choose to sponsor me on-line at www.mssociety.ca and follow the links to the MS Walk in Penticton and my name. If you have any questions, please contact me, 250.295.7582.

Thank you for caring.
- Ken Carlson, Princeton

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Current Comment

Where Did The Cavemen Go?



Dawn Johnson
editor@thenewsleader.ca

When I used to think about Neanderthal men, I thought "cave-man". I don't think that way anymore.

A friend recently passed along some old copies of National Geographic. One had an article on the latest findings about the early creatures known as Neanderthals. Their name comes from the first discovery of fossilized human-like creatures found in a cave in the Neander Valley in Germany. The most recent, and most important, discovery of such fossilized bones was in a cave in Spain, but the remains are just like those found in Germany many years ago.

Scientists believed, for a long time, that chimpanzee DNA was closest to human. This has changed.

The fascinating thing about the bones in that deep cave in Spain is that some were well preserved enough to yield DNA. What scientists discovered when they examined the DNA was how close to our DNA was that of these ancient people. At the same time, scientists learned how far apart the Neanderthals were from what is known as "modern man".

Modern man is believed to have emerged out of Africa some 60,000 years ago. At that time, the population of Europe was the home of the Neanderthal. Modern man is taller and more slender than the Neanderthal.

The Neanderthal is often pictured as a beetle-browed, long-armed creature resembling a great ape. This is far from the reality of what Neanderthals were. They were shorter than modern man, with an average height of five foot five for a male, but with a heavy bone and muscle structure weighing about 180 pounds.

Short, strong, with a large chest cavity, the Neanderthals were built

for hard work and for survival. Yet, scientists believed they disappeared because they needed 5,000 calories a day, and they ran out of food.

This is pure speculation based on nutritional stress lines found in teeth, and on a very small sample of bones.

Using the bones as a base line, scientists developed an image of the Neanderthal. Just as forensic scientists reconstruct a face from a skull, the paleoanthropologists developed a face for a Neanderthal. The image that emerged was not the face of an ape-like creature, but a face that would not be too unusual among the people of today's world.

Their skulls had a larger brain cavity than that of modern man, meaning they were intelligent. Their DNA indicated they had the gene for red hair and pale complexion. They had the gene for speech, a characteristic that has long separated chimpanzee DNA from human DNA.

Other evidence indicates Neanderthals were not merely primitive cavemen who grunted at each other and spent their time foraging.

They made tools as good as the old tribal peoples of the world, and certainly as good as "modern man" when he emerged from

Africa. They made body ornaments and paint, using certain stones as pigments. They appear to have been as skilled as the invading "modern man" out of Africa.

Where did the Neanderthals go? Scientists say they "disappeared". However, there is one paleoanthropologist who says, thanks to the similarity in DNA, the Neanderthal could have mated with the new people from Africa. Others disagree, saying there is no evidence of Neanderthal mitochondrial DNA in the mitochondrial DNA of today's population. Perhaps, but the Neanderthal DNA on record is from just one individual.

Who knows what the rest of the population might have had for DNA?

There is a lot of speculation about what happened to the Neanderthals, but scientists now agree the Neanderthals were humans very much like us. Not exactly like us, but damned close. Perhaps some future scientist will find out why the Neanderthals did not survive. Or did they survive? Are they, after 60,000 years, part of who we are?

Wouldn't it be a hoot if we learned we got the genes for red hair and fair skin from those so-called cavemen?

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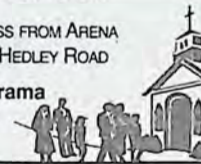
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Double Quartet: Davin Luce, Cai Glover, Eloi Homier and Tiffany Bilodeau. Ballet Kelowna returns to Princeton's Riverside Centre for one performance only this season on April 18. Photo: Glenna Turnbull

Arts Council presents Ballet Kelowna

Feel the artistic tension, drive and excitement of Ballet Kelowna's "Masters' Play" as we pay homage to the Canadian Master Choreographers whose influential and ground breaking ballets helped shape dance in Canada, along with formative ballets commissioned by Ballet Kelowna or created by our own Artistic Director David LaHay.

The Princeton Arts Council is presenting Ballet Kelowna's "Masters' Play" at the Riverside Theatre on April 18th at 7:30 PM.

"As we honour our great Canadian athletes in this Olympic year, I feel it is fitting and proper that we also celebrate the wonderfully moving and innovative legacy of great Canadian choreography," explains David LaHay, Artistic Director for Ballet Kelowna.

"Masters' Play pays homage to the genius of Canadian choreographers in a diverse repertoire of ground-breaking and influential works that span 60 years of our rich heritage."

Canadian master choreographer Brian Macdonald's seminal ballet

"Double Quartet" was inspired by the music of Franz Schubert and Canadian composer R. Murray Shafer. "Double Quartet" is a perfect marriage of music and movement that has garnered national and international praise from audiences and critics alike.

Both "Etude" by Vancouver choreographer Kay Armstrong (which won international acclaim) and Ottawa choreographer Nesta Toumine's hypnotic and ethereal "Gymnopodies" explore the dynamic fusion of classical and contemporary dance.

Vancouver choreographer Joe Laughlin created "Butterfly Affect" in 2006 and reworked it especially as a pointe ballet for six dancers for Ballet Kelowna. "Butterfly Affect" displays Joe's unique stylization of movement and witty musicality and has touched audiences everywhere. David LaHay's fast-paced "Donizetti Dances" rounds out this all Canadian program.

"I am absolutely passionate about touring and bringing professional dance to communities throughout

BC," says LaHay.

"We are so pleased to be presented by the Princeton Arts Council again this year. It will be the third time Ballet Kelowna will move Princeton audiences with our inno-classical style of modern and classical ballets and we are so appreciative of your active Arts Council and its dynamic volunteers and especially Del Hall for making this performance possible."

Tickets are \$10-20 and available at the Princeton Chamber of Commerce, Phone: 250.295.3103 or online at www.balletkelowna.ca. Complete tour and ticket information is online at BalletKelowna.ca.

Ballet Kelowna is breathtakingly beautiful and elegantly bold. This proudly 'Made in Kelowna' professional dance company is in its seventh year of presenting the signature 'inno-classical' style featuring both classical and innovative, modern ballets.

Named 'BC Touring Artist of the Year in 2008', Ballet Kelowna will be touring to 40 communities in the 2009/10 Performance Season.



"Le Banc" - Raelynn Heppell and Eloi Homier. Photo: Glenna Turnbull



The Fraser Blues during a performance at Airshow 2009 at Princeton Airport. *

Princeton Airport continues to grow

..... continued from Front Page

The Princeton Regional Airport continues to be host to some very interesting aircraft operations. On Wednesday, April 6th the airport hosted a Canadian Air Force CC-130 Hercules transport airplane on a training exercise.

The visiting Hercules carried Search and Rescue parachutists on training from their Comox base. Princeton typically sees the CC-115 Buffalo aircraft training locally, a much smaller aircraft than the Hercules.

The CC-130 Hercules is a four-engine fixed-wing turboprop aircraft that can carry up to 78 combat

troops. It is used for a wide range of missions, including troop transport, tactical airlift (both palletized and vehicular cargo), search and rescue (SAR), air-to-air refueling (AAR), and aircrew training. It can carry more than 17,000 kilograms (about 38,000 pounds) of fuel for tactical AAR. In the tactical AAR role, the Hercules can transfer 450 to 900 kilograms (about 1,000 to 2,000 pounds or 450 to 900 litres) of fuel per minute, and refuels the CF-Hornet fighter aircraft in less than five minutes.

Upcoming in the 3rd annual Air Show and Airport Appreciation Day on Saturday, July 17th at

Princeton Regional Airport. This year's show is much bigger and will feature some unique performers - a must see! An aerobatics team, restored World War II aircraft, high performance jets and much more are scheduled for this year. Official news and details on this year's air show will be released soon. - submitted

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Solid Waste Management Plan Review

Call for Applications for Public Advisory Committee

The Regional District of Okanagan-Similkameen (RDOS) seeks members of the public to review the RDOS Solid Waste Management Plan. Everyone is encouraged to apply to join the Public Advisory Committee that will oversee this review. Go to www.rdos.bc.ca or visit your local government office for a copy of the application form. The RDOS seeks public committee members from every municipality, Band area and unincorporated community within the RDOS.

Deadline for application: Friday April 23rd, 2010

Application forms available at www.rdos.bc.ca or at your local government office.

For more information contact:

RDOS Solid Waste Department:

101 Martin Street Penticton, BC V2A 5J9

Tel: 250-490-4203 Toll Free: 1-877-610-3737

Fax: 250-492-0063 info@rdos.bc.ca



Brenda Crawford



brenda@bcland.net
(250) 295-8182

Susan Collins



susan_collins@nethop.net
(250) 295-5359

Steve White



sales@bcland.net
(250) 295-8525

April Earle



april@bcland.net
(250) 293-1005

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247 Cement Street



NEW!

Only minutes from Princeton this property, almost 3.5 acres sits privately up against rolling hills and low mountains of the Similkameen Valley. Enjoy the sweet little house with plenty of room for that RV and the toys that help you to enjoy all the area has to offer - snow mobiling, ATVing, hunting, fishing - you name it! There's also a brand new park-model mobile that your family or friends can use! **MLS@108656 \$375,000**

441 Darcy Mtn. Road



NEW!

Almost 7 acres and only minutes from town! You will enjoy the incredible views of the Similkameen River and surrounding mountains from the more than 400 sq ft deck and the many large windows on the front of this home. Updates include windows, pellet stove, bathroom, hot water tank, new well October 2009 and so much more! The new flooring is beautiful! **MLS@108668 \$329,900**

316 Pine Street



NEW!

This is a great family home that will provide you with both privacy and room to grow! Enclose the carport and have the shop you always wanted - until then the storage shed and fully fenced yard will keep you and yours safe. This yard has room for a garden and the toys - check out the swimming pool - which is negotiable. Inside updates bring you a bright and sunny kitchen! **MLS@108691 \$224,000**

181 Missezula Lake Road



Fabulous custom-built home in popular Missezula Lake Subdivision. Incredible landscaping with easy maintenance perennials, wrap-around deck to enjoy morning coffee or evening sunsets. 20x30 garage with skylights, outbuildings, 6 1/2 foot low basement, perfect for storage. This home has been built with the best materials including Nascor Styroline insulation wall construction. **MLS@104752 \$387,400**

143 Skye Blue Loop



This Allison Lake view home will provide you with all the benefits of lakeshore living without the lack of privacy that lakefront often brings. For those who enjoy boating or fishing there are two points of shared lake access. This home boasts stunning lake and mountain views from every window and from four separate decks. The yard is beautifully manicured with trees and shrubs. **MLS@105492 \$532,300**

112 Bankier Place



Feel the tension of everyday life slip away the minute you enter this serene environment. Soothing colours, nature inspired decor, and wonderful views of Osprey Lake all give you that "aaaaah" feeling. With 4 bedrooms and 3 full bathrooms everyone has their own space. The master suite comes complete with fireplace and deck overlooking the lake making every morning a joy to wake up to. **MLS@105788 \$499,000**

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