



Similkameen

News Leader

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Volume 13 Issue 34 #644 ISSN 1712-090X

Tuesday, August 24, 2010



The youngest member of the Black Sheep Morris street dancers contemplates a move on Vermilion Avenue during the 3rd annual Princeton Traditional Music Festival August 21st. *

RCMP bust 'elaborate' grow-op

Princeton RCMP report an interesting discovery August 16th while investigating a traffic-related incident.

"As a result of the investigation police executed a search warrant under the Controlled Drugs and Substance Act at a residence on Round Lake Road," states Princeton RCMP Cpl. Kevin McCracken.

"An elaborate marijuana grow

operation was located which resulted in excess of two-thousand marijuana plants and ten-pounds of dried marijuana along with marijuana growing equipment being seized."

No other details were released by RCMP.

If you have information concerning any illegal activity in the Princeton area call RCMP at 250.295.6911.

Fairgrounds management group may fold

Princeton Exhibition Association (PXA) faces collapse after 28 years of operation. This volunteer group took over management of Sunflower Downs, Princeton's fairgrounds facility. Although the property, now worth several million dollars, belongs to the Town of Princeton and its taxpayers, most of the work done at the grounds has been done by volunteers from the PXA, Rodeo Club, Racing Days Association and Fall Fair Association. At this point, there are not enough volunteers to carry the workload, and the situation will become far worse in the near future if nobody is willing to take over management of the grounds.

At the August 17 PXA meeting, President John Bey announced he will not seek re-election as President. He will remain in position until the annual general meeting in November. Bey is in his seventies, has done a sterling job as

President, but both age and health concerns have taken a toll, and he feels he no longer can commit so much effort to the work that needs doing around the grounds.

President Bey says he will still be around to help out when and where he can.

At the same meeting, Carol Ruoss, who has been Secretary/Treasurer of the PXA for many years, submitted her resignation effective the end of November. She has continued her work despite suffering several health crises, but she feels she can no longer do the job. Her husband, Peter Ruoss, has been a dedicated volunteer grounds manager for many years. He has suffered health setbacks as well, and he has announced he can no longer to continue to be on call for every event or job needed to be done at the grounds.

Membership in the PXA has shrunk to a handful of very hard working volunteers. There are no young people stepping forward to join, and the median age of current

members is well over 50.

To make matters worse, John Bey is resigning his additional position as President of Princeton Racing Days Association, and Carol Ruoss is resigning as Secretary of the Racing Days Association, leaving that organization with the problem of replacing two key members of the executive. Although both are willing to stay until the annual general meeting, their positions must be filled.

Bey told the few members of the PXA that the biggest problem faced by the PXA is lack of members and shortage of volunteers to take over the many tasks required to keep the fairgrounds facility in good shape. The PXA does not have enough money to hire people to do the work.

Unless people from the community step forward to fill the need, the PXA will no longer exist. Members of the PXA are well aware of the possible impact on events taking place at the fairgrounds if there is no management group. This year,

in addition to the rodeo, horse racing, and Fall Fair, there have been two weddings, a geo-caching event and an ATV/BC rendezvous. On a daily basis, race horses are trained

on the track and other horses are stabled and exercised on the grounds. Without the management group in action, it is doubtful these activities can continue.

Council praises bike park workers

Town Council is pleased with the progress being made on the new bike park east of the arena.

Councillor Jason Earle visited the site and said it looks good already. Councillor Frank Armitage praised the efforts of Kelly Cook and Trenna MacLeod for the planning and work they have done, as well

as praising Stan Thompson and Dennis Cook for the equipment and time donated to the project.

Mayor Randy McLean said during the August 16th Town Council meeting he went to the bike park, donned a helmet, and did a trial run of the new bike course. He said it was a good safe course.

Princeton Posse Exhibition Games PRINCETON ARENA

Thursday, September 2
7:00 PM vs Squamish

Sunday, September 5
2:00 PM vs Kamloops

Wednesday, September 8
7:00 PM vs Osoyoos

Similkameen News Leader
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Similkameen News Leader THIS WEEK:



Pirates Take Over Pool - Page 9

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Similkameen
News Leader

JOE SMUIN
Author of "KVR Mileboards" will give a presentation on the KVR in Princeton and Copper Mountain
Princeton Legion Hall - 2:00 PM September 11
Riverside Centre - 2:00 PM September 12
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Will Rogers passed through Princeton last week on the final leg of his "Million Dollar Journey to Stop Sexual Exploitation." Rogers is a 23-year veteran paramedic and travels with a decommissioned ambulance. For more information on his fundraising efforts visit his website www.willrogers.ca. *

RDOS releases Citizen's Survey results

The Regional District released the results of a Citizen Survey of services provided within the eight electoral areas in the Regional District. "It is intended that the 2010 Survey will provide baseline data that the organization will utilize to work on specific weaknesses and compare against in future years to gauge our progress", reported Bill Newell, Chief Administrative Officer.

A total of 400 residents were randomly selected to share their opinions and ideas about the Regional District as their local government with respect to Quality of Life, Service Satisfaction, Environment, Communications, Information Technology, and Fiscal Responsibility.

Residents overall satisfaction ratings indicated 74% of residents rate the quality of life in their community as excellent, with the highest being Naramata at 88%. 60% rate it as an excellent place to raise children, with the highest rating going to Area B (Cawston) at 90% and 77% rate the Regional District as an excellent place to retire, with Areas A (Osoyoos), C (Oliver), D (Okanagan Falls/Kaleden) & E (Naramata) virtually tying at 80%. 85% agree the Regional District is doing a good job overall.

A total of 78% of citizens believe they got good value for taxes paid. When asked, 68% of citizens prefer that the District offers the same level of service at the same level of taxation while 11% would prefer that the District reduces the current level service. Asked whether they might support a tax increase, 17% said they would support an increase for increased service.

Council honours Jarvis

At the August 16 Town Council meeting, Mayor Randy McLean presented a certificate of recognition to Councillor Ray Jarvis for his contribution to the Airport Committee and his work on that committee during the past several years.

On July 17, the airport terminal building was named in Jarvis' honour. The certificate is a personal memento of that occasion. Mayor McLean, after presenting the certificate with a round of applause from Council, joked, "At least you're off our backs now."

Council likes art work

Members of Town Council like what they see being done to three local buildings.

In celebration of Princeton's 150th anniversary, one wall of the Legion, and the firehall, are being painted with murals. Riverside Centre's facing wall is being prepared for the ceramic mural depicting a tree and its roots.

This mural will be unveiled on September 5 as part of the 150th anniversary celebration that begins Saturday, September 4.

You are invited!

Everyone is invited to attend the Unveiling Ceremony for the Community Mosaic Mural at Riverside Community Centre on Sunday, September 5th at 1:00 PM.

The mural commemorates Princeton's 150th anniversary and is the work of local glass mosaic artist, Robin Lowe and ceramic artists, Sue LePoidevin and Ed Staples.

In addition to the unveiling of the mural, there will be musical entertainment, hot dogs and face painting for the kids.

www.similkameenteen.com

The complete report on the 2010 Citizen Survey is available for download from the Regional District of Okanagan Similkameen website at www.rdos.bc.ca or by contacting the Regional District at 250.492.0237.

Lots to see at the Agricultural Fall Fair

Princeton's annual Fall Fair begins with opening ceremonies on Friday afternoon at 3:00 PM.

The Anthem Riders will bring in the flags, members of Town Council will speak, MLA Harry

Lali will speak, and Fall Fair President Keith Olsen will announce the high points exhibitors in various categories and hand out some trophies. The exhibits buildings will open to the

public at 4:00 PM and the Dancing Dogs show begins.

Music is the theme for the evening, beginning at 5:00 PM. Jim Abbott plays a wide variety of music, including some oldtime

rock and roll. The concession will be open. This year, a contractor is doing all of the concession work, providing something a little different. The refreshment area will be open.

You can stay for dinner and dance to the music of Jump the Planet until 10:00 PM. The fairgrounds has a dance floor now.

Saturday begins with a pancake breakfast, and all of the vendors will be in place.

Thomasina's Tea House will be open, serving tea and her specialty breads will be on sale. Look for Reichert's display of quads, and a Dodge dealer, classic cars and the newest in equipment from West Coast and Douglas Lake. Fortis will have a booth and demonstrations. Highway Rescue will do a demonstration. The Fire Department has a tug of war challenge at 10:00 AM.

Farm animals will be on display for the children, the climbing wall and bouncy castle will be open, along with other children's activities. Everybody loves a hay wagon ride and these start at 11:00 AM.

Princeton Community Band is running the drop-in bingo again this year.

Starting at noon, the local group call Jazz on 3, Eh! will strike up the

music in the refreshment area, followed by Kamloops Oldtime Fiddlers, then the action switches to the famous local Silver Cloud Peruvians demonstrating the smoothest horse back riders in the world. Hearts of the West trick riders are next, then the bullwhip contest.

After the grandstand show, the fiddlers are back with their second show, then Jim Abbott comes to the stage and at 7:00 PM. Saturday, Frame 313 entertains with music for dancing until 10:00 PM.

You can go to church on Sunday morning at the fairgrounds, enjoying a pancake breakfast and the sweet sounds of All Things New. The hay rides, bingo and trick riders will keep you entertained.

The last event of the fair is always the auction of fruit, baking, vegetables and sometimes home canning and other items. There are some great raffle prizes to be announced, the top prize a sling of lumber from Weyerhaeuser, along with a drawing by Lyn Melnechenko, a ceramic piece from Shirley's Arts and Crafts and camping accessory from Home Hardware.

No matter which day you attend, admission is just \$5.00 per person, with children under 12 entering free.



Alyssa Larsen and Stacey Muise may not look scary here but they were part of a nasty crew of pirates who took over Centennial Pool August 18th. More photos of the mayhem on Page 8. *

Town of PRINCETON Princeton Town Hall News

PRINCETON 150 FESTIVAL INVITATION



Celebrating 150 Years of Princeton Heritage
SATURDAY, SEPTEMBER 4, 2010
8:30 am to 9:00 pm

- Vermilion Avenue & Around Town
- FREE ENTERTAINMENT
- 2 Live Stages
- Pioneer Tea
- Susan Allison Dedication
- Children's Activities
- Pancake Breakfast
- BBQ
- Taste of Ale
- Living History
- Fire Hall Fun
- Museum Visits
- Street Dance
- Displays and Vendors

SUNDAY, SEPTEMBER 5, 2010 9:00 am-3:00 pm
Riverside Centre
148 Old Hedley Road
Historical Morning Hike
Movie: My Voice-My History
Tree of Life Mural Dedication & Concert

PRINCETON 150 FESTIVAL SCHEDULE OF EVENTS

WWW.PRINCETON.CA

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- Copper Mountain Mining Corporation
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- Billy's Restaurant
- Weyerhaeuser
- The Princeton Glass Co. Ltd.
- Bruce Carscadden Architect Inc.
- Princeton Rotary Club
- Keller Equipment Supply
- Royal Canadian Legion
- Belaire Restaurant
- West Coast Farm & Industrial Equipment

BURNING PROHIBITION

Due to the extreme wildfire hazard rating in the Kamloops Forest District ALL open burning is prohibited within the Town of Princeton and Area H Boundaries. This includes fire pits, outdoor fireplaces and fires for cooking. This fire ban is in place to limit the risk of human-caused wildfires and applies to all properties within the Town of Princeton and Area H Boundaries.

This ban will remain in force until further notice. By order of the Fire Chief and Local Assistant to the Fire Commissioner Gregson.



MEETINGS WITH COUNCILLOR EARLE

Councillor Earle will be at Town Hall on Friday mornings from 9:00 am to 11:00 am. Please drop by to share your thoughts with him.

LABOUR DAY OFFICE CLOSED

Princeton Town Hall will be closed Monday, September 6th, 2010 for the Labour Day holiday. Normal hours resume on Tuesday, September 7th, 2010.

Princeton is GamesTown



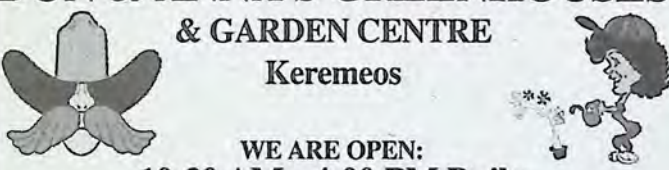
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Similkameen Sizzle - Keremeos Peppercast
 Saturday, September 18, 2010
 Memorial Park, Keremeos

www.gotpeppers.info

**Chili Cook-Off - Sear Factor
 Live Entertainment
 Vendors - Raffles
 Childrens Activities**

Keremeos News



Valu-Plus Foods in Keremeos was closed Monday, August 16th due to a break-in. Keremeos RCMP say the incident occurred at 6:20 AM and suspects made off with four computer hard drives from the store. Similar robberies were reported earlier that morning at grocery stores in Summerland as well as in Lake Country and Kelowna. The store was open the following day. Photo: Brenda Engel

Keremeos wildfire still on ministry radar

Thick smoke in the Kamloops Fire Centre serves as a reminder for the public not to become complacent in the forest.

The Cariboo Fire Centre reported August 19th that there were 97 active wildfires contributing to the haze in the Interior and Okanagan. Many of the wildfires grew significantly the day before due to strong winds ahead of a cold front that moved through the province. Winds pushed the smoke south and a temperature inversion is holding the smoke in valley bottoms.

With daytime heating, the inversion is expected to lift somewhat; however, there is still an air quality advisory in place for Kamloops and the surrounding areas.

For more information visit www.bcairquality.ca.

There are only two wildfires of note within the Kamloops Fire Centre.

The Jade Wildfire is 2,000 hectares in size and 75 per cent contained. Fire activity is mostly from unburned fuels within the existing perimeter. The Yalakom Forest Service Road area restriction has now been lifted.

The Tweddle Creek Wildfire 9 km west of Keremeos is now mapped at 252 hectares in size. Helicopters and ground crews are attempting to steer this fire towards more favourable ground and air-tankers worked to slow the rate of spread towards the Ashnola drainage.

This fire is not threatening structures and is moving away from Keremeos; however, it is highly

visible from Highway 3.

Since August 18th, the Kamloops Fire Centre has responded to five person-caused wildfires all of which were contained at less than one hectare in size. This season, the fire centre has responded to 227 wildfires, well below the ten-year average of 445 wildfires. The fire danger rating is high to extreme throughout the Kamloops Fire Centre.

For the latest information on fire activity, bans and restrictions and current conditions, visit the Wildfire Management Branch website at www.bcwildfire.ca. For Facebook and Twitter updates, as well as details about evacuation orders and alerts, road conditions and air quality advisories, go to www.firesafebc.ca. - submitted

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Explore The History Of Mining - Gold, Copper and Coal



Ashley Hunt was hired this summer by Similkameen Country. The 18-year old 'lifetime' Keremeos resident has been the Tourist InfoCentre Summer Student and plans to attend UVic for studies towards becoming a teacher. She also wants to add more Mission work to her resume. Hunt is one of many students employed through summer grant programs throughout the Similkameen Valley. *

Group releases monthly newsletter

Similkameen Country - the Chamber of Commerce serving Keremeos and area - released their monthly newsletter for August last week:

August 2010 Similkameen Country Newsletter

Serving Similkameen Country members and the people of the South Similkameen region.

Branding Design

Mayor Despot reported that the Village is looking into design options for a logo/theme to represent our community. The directors discussed several possible themes at their August meeting.

Map of Keremeos Sign Project

Materials are being chosen. Initial response to the map design has been generally positive. Construction around the Info Centre has meant delays in the installation of the sign but it should be up soon.

Similkameen Sizzle

Things are on track for this event. New merchandise will be offered this year. There have been two bands hired. Matt Duffus is a family entertainer that kids will enjoy and he will perform at 11:00 AM and 1:00 PM. Melanie Bagley and her dance troupe will perform at 12 Noon. Gary Comeau and the Voodoo Allstars have signed as the Headliner. Three 45 minute sets starting at 2:00 PM. The kids playground will feature the Climbing Wall and the Sea Castle with a slide.

Taste of the Similkameen

This year the event will be held at the historic Grist Mill in Keremeos, with a portion of proceeds from the event going to support the maintenance and improvements of this great piece of local history. The event includes lunch, two wine tasting tickets (extra tickets \$2.50),

live music and more. Last year's event was great fun on the beautiful grasses at the Mill. Children's entry is free. Come visit the beautiful Similkameen this September experience the great food and wine of the region. Buy tickets online at www.similkameenwine.com

Info Centre News

We had 731 visitors for the month of June. This was 97 visitors more than last year. However in July we had 97 fewer visitors that last year. In general the business community seems to agree that July was a slow month. Ashley, our summer student, started work on July 1st as has become a very good tourism councillor.

Next Meeting

Next directors meeting: September 21st, 7:30 AM

Similkameen News Leader has been a longtime a member of Similkameen Country



Field crop progress on the side of the road in Keremeos. *

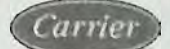
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FRIDAY, SEPTEMBER 3

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 for your chance to win tickets to see Howie Mandel

Health / Lifestyle News

Eat your way to happiness

(NC)—You may be determined to eat right to lose weight or improve your health, but did you know that the foods you choose could also make you happier?

"The connection between food and mood has long been known, but we've come a long way in understanding how new foods can speed the process of helping you feel better by eating right. There are simple ways to tweak your diet that can have profound effects on how good you feel and how consistent your mood is, even while you lose weight and improve health," says registered dietitian, Elizabeth Somer, author of the book, "Eat Your Way to Happiness." (Harlequin 2009) Somer offers the following ways to eat your way to a newer, happier you:

Make breakfast a natural high: Even a four-hour lag between meals leaves some people feeling shaky and grumpy because they're essen-

Practical things you can do to save for retirement

(NC)—Will you receive Canada Pension Plan (CPP) income when you retire? Many Canadians are unsure about how CPP works and how much money they can expect to receive from it during their retirement years.

The Canadian Pension Plan (CPP) is a program for Canadian citizens who pay into it, and represents a supplemental source of income in retirement.

While some people have a firm grasp on how much money they will receive from CPP, others may have inflated expectations regarding the amount of income available to them through this program. In fact, the average monthly CPP payment is a little over \$500.

"The CPP provides a limited amount of retirement income, so it's important Canadians take charge of their retirement by taking steps to secure themselves financially," says Tina Di Vito, Head, BMO Retirement Institute. "One way to do this is by regularly investing in a Registered Retirement Savings Plan (RRSP), which can actually serve as a main source of retirement income."

While the government considers various proposals designed to improve public pension plans and individual retirement savings programs, it's important that Canadians be proactive if they want to realize

tially running on fumes. Restock your fuel stores in the morning with healthy foods, and your body, mind and energy will repay you throughout the day. Use the 1-2-3 rule to create an energy-building combination: No. 1, eat at least one serving of high-fiber carbs such as 100 percent whole grain cereal or bread; No. 2, eat two servings of fruits and veggies, such as a banana and vegetable juice; and No. 3, add a third, protein-rich food such as a whole egg, lean meat, or fat-free or low fat milk.

Embrace the "good" fats: You may have heard about the importance of incorporating good fats such as omega-3s into your diet. However, all omega-3s are not created equal. For example, the form of omega-3 found in flaxseeds and walnuts (ALA omega-3) helps lower your heart disease risk, but does not offer the brain-boosting benefits of DHA omega-3, which helps you feel great, think fast and stay mentally sharp. The more DHA omega-3 you eat, the more it is incorporated into brain cells, the more flexible your brain cell membranes become, the better you think, the more you remember and the happier you are.

Almost 97 percent of the omega-3s in the brain are DHA, which is why this fat is so important in lowering

the risk of depression and dementia. Yet, most consumers don't get enough of this nutrient. Fatty fish like salmon are good dietary sources of DHA. But if you're vegetarian, don't like fish or are concerned about mercury levels in seafood, there are products available that are made with sustainable, algae-based DHA. Look for products bearing life'sDHA on the label, such as So Good Omega DHA soy beverage, Li'L Ones Yogurt from Dairyland, Cool Ones Yogurt, Dempster's Smart 100% Whole Wheat Bread, and Nanomega-3 Drink Mix. A listing of more products can be found online at lifesdha.com

Eat right at night: If you start the day with the right foods, be sure to end it with the right foods. How well you sleep has a huge impact on your mood, energy level and weight. It takes your system hours to digest a large meal, making it difficult to completely relax into a deep sleep. Keep the evening meal light and low-fat and eat no less than three hours before bedtime, and you're more likely to sleep like a baby all night.

By following these simple tips, you'll not only feel better and more energized, but your mood will lift and you'll be a newer, happier you.

Living Past 100

Food For Lower Blood Pressure

You will hear these words everywhere when it comes to food advice: eat plenty of vegetables. One of the reasons to eat vegetables is the high level of potassium in most vegetables. Potassium is essential in keeping your blood pressure within safety range. Potatoes are one of those vegetables, especially when you cook them with their skins on. Beans, avocados, steamed clams, bananas, and dried fruits such as raisins are high in potassium.

Celery is a food particularly good for those whose blood pressure is climbing. The Chinese have used it for centuries as a folk remedy for high blood pressure, as it is a good source of potassium. Four stalks of celery per day may lower your blood pressure without medication. Celery contains a chemical called 3-n-butyl phthalide that relaxes the muscles of the arteries, causing blood pressure to drop. That's a lot of celery every day, but probably worth the effort if you want to keep blood pressure down. WARNING: Don't eat bushels of celery as it contains sodium and sodium raises blood pressure.

Summer is a wonderful time for eating vegetables. So many vegetables are produced nearby, or in your own garden, and they are fresh as can be. The fresher the vegetable, the more food value it contains. If the vegetable is one formed above ground, such as tomatoes, peppers and cucumbers, you can enjoy the height of field-ripened taste.

Fruit is generally a good source of potassium, too. The abundance of fruit in the summer, especially if naturally ripened, makes summertime food a delight. Melons, such as cantaloupe or watermelon, are definitely a boon for your blood pressure. Watermelon, Crenshaw and honeydew melons contain a special kind of potassium that acts as a diuretic (water pill) avoiding too much water accumulating in the body, which can cause high blood pressure.

Many people look at the cost of fresh fruit and vegetables and think they cannot afford these good foods. Which is more expensive: food or prescriptions for high blood pressure pills? You will find there is a difference, and it's in favour of vegetables and fruits.

..... continued on Page 19

This Week - 4 Years Ago

Celebrating Princeton's 150th

W. George Elliott - Owner/Publisher Similkameen News Leader

News Leader - August 22, 2006

Similkameen News Leader

AN INDEPENDENT NEWSPAPER - THERE ARE NO CHAINS ON US!

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Fire destroys peeler building



Gary Ziesler hoses down hot spots following the destruction of the peeler building at Princeton Wood

Loss temporarily cuts workforce down to 8 employees

A fire that started early Sunday morning, August 12th at the Princeton Wood Preservers Ltd plant approximately 18 kilometers East of Princeton on Highway 3 totally destroyed a building on site.

According to General Manager Blair Noel, the fire was reported by 7:30 AM, and the plant is still under-repaired pending completion of the fire investigation.

The 100 foot by 26 foot building was significant to the operation of the value added wood manufacturing.

"The building we lost was our #1 Peeler building and electrical room," Blair says.

"The peeler did about 70 percent of our production. That means significant to the loss of electrical components. We still have two other peeler

facilities, but we currently have no power to these areas."

"The fire has knocked the workforce down considerably."

"We usually employ 25 to 27 people, but currently only have eight working," Noel explains.

"We are in the process of trying to get some temporary power to get our peeler and our testing plant operational. If we can do this within the next couple of weeks, we should be able to get an additional 6 to 10 people back to work."

Noel is optimistic in light of the loss.

"We are hoping to get back to full production before the end of fall."

Princeton Wood Preservers Ltd suffered a loss of equipment and the main shop building in a fire December 2004 which also cut pro-

A devastating fire at Princeton Wood Preservers took front page four years ago.

Similkameen News Leader

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WATER PUMPS
TILLERS - GENERATORS
SNOWBLOWERS

Two kinds of 'fire' filled news

Big news on the front page of the August 22, 2006 Similkameen News Leader was about an early morning fire at Princeton Wood Preservers which destroyed the #1 Peeler building and electrical room.

According to General Manager Blair Noel the fire was reported at 7:30 AM August 12th and dealt a devastating blow to the local business.

"The peeler did about 70 percent of our production," Blair told the News Leader at the time.

"Even more significant is the loss of electrical components."

Blair added that although two other production lines and the treating facility were not damaged, without power to those areas the fire affected more than just the 100-foot by 26 foot building leveled by the blaze.

"We usually employ 25 to 27 people, but currently only have eight working."

The proposed coal-fired plant project of Compliance Energy was still in the news four years ago this week.

The News Leader had letters to the Editor that argued both sides of the coin. One letter focused on the beauty of the area and how such a plant would negatively affect that while another letter viewed the project as an opportunity for residents with many benefits.

Take a guess what side of the fence the News Leader was on with an Editorial titled, "Clean air wins by a nose!"

45TH Annual

Princeton & District Agricultural

Fall Fair

Friday, August 27

(Gates Open 3:00 PM)

Saturday & Sunday, August 28 & 29

(Gates Open 9:00 AM)

Princeton Fairgrounds

Friday

- 3:00 PM - Opening Ceremonies
- Top Prizes announced
- Anthem Riders with Flags
- Concession opens, Refreshments
- 4:00 PM - Exhibits buildings open
- Dancing Dogs perform
- 5:00 PM - Stage performances begin:
- Brittany & Friend
- 5:30 PM - Jim Abbott, old-time rock 'n' roll
- 6:30 PM - Jim Abbott
- 7:00 - 10:00 PM - Jump The Planet, dance

Saturday

- 8:00 - 11:00 AM - Pancake Breakfast
- 9:00 AM - Gates and buildings open
- 10:00 AM - Fire Department 'Tug-O-War'
- 11:00 AM - Hay Wagon Rides begin
- Highway Rescue Demo
- 12 Noon - Jazz On 3, Eh!
- 1:00 PM - Kamloops Old-time Fiddlers
- 2:15 PM - Anthem Riders
- Silver Cloud Peruvians show
- 3:00 PM - Hearts of the West Trick Riders
- 3:30 PM - Bullwhip Contest
- 4:00 PM - Kamloops Old-time Fiddlers
- 5:00 - 6:30 PM - Jim Abbott
- 7:00 - 10:00 PM - Frame 313, dancing

Sunday

- 8:00 - 11:00 AM - Pancake Breakfast
 - 9:00 - 11:00 AM - Cowboy Church featuring "All Things New" band
 - 11:00 AM - 2:00 PM - Hay Wagon rides
 - 11:00 AM - Hearts of the West Trick Riders
 - 11:30 AM - Bullwhip Contest
 - 12 Noon - Jazz On 3, Eh!
 - Bike Parade
 - 1:00 PM - Pet Parade
 - 4:00 PM - Produce Auction
- Saturday & Sunday daily: Concession, Refreshment Garden, Pottery Demos, Bingo, Farm animals on display, Vendor displays and demos, Children's Activities

GATE FEE: \$5.00 - Children Under 12: FREE

Sunken Ships & Pirates Bliss



Well, there's something you don't see every day in Princeton. Alyssa Larsen, left, is forced to walk the plank August 18th at Princeton's Centennial Pool. *



It was a nasty collection of strange foods found on a pirate ship and the fastest eater won a prize. One of many games played during theme nights at the pool. *



This unsuspecting victim was caught sneaking one too many treats and had to pay for it. The pirates may have smiled a time or two but they meant business! *



The pirate's tavern opened during "Sunken Ships & Pirates Bliss" theme night at Centennial Pool August 18th serving a varied assortment of treats. *



Master Pirate Carol Mack gets into the swim of things during the August 18th theme night by walking the plank and taking snapshots of other victims of the same fate. *



We could only describe this as cruel and unusual punishment and it was standard practice once a band of pirates took over Centennial Pool August 18th. *



News Leader Entertainment

Similkameen News Leader TV Guide Listings - August 24 - 30, 2010



A band of pirates took control of Centennial Pool August 18 and made everyone eat something from their galley. It didn't look good, but everyone was game and prizes were awarded to the brave ones. *

150 Festival attracts local groups

Local Princeton community groups are supporting the Princeton 150 Festival with a variety of unique fundraising activities for the community to enjoy on September 4.

Princeton Highland Dancers are starting the 150th festival with a pancake breakfast in Veterans Square beginning at 8:30 AM to the Opening Ceremony at 10:00 AM. Money raised from the pancake breakfast will support the dancers with travel and costume expenses.

The Bunchgrass Quilters are hosting a Tea and Quilt Show in the United Church from 10:00 AM to 4:00 PM to raise funds to support their unique charity work. The Bunchgrass Quilters design and sew quilts for local children in crisis within our community. These quilts are given to children as gifts so that they are comforted during a time of crisis in their lives.

Princeton Basketball Association is opening their concession on Vermilion Avenue near the court house from 11:00 AM to 3:00 PM. Stop by for a great meal as you wander the displays or sit at the one of the two stages for some great entertainment. All money raised support local youth basketball programs.

Princeton Legion is hosting a BBQ in Veterans Square from 4:00 to 7:00 PM. Bring the family for a great meal as you listen to music on the main

stage in the gazebo. The Princeton Legion supports a variety of programs with the fundraising they do.

Adults are invited to the Rotary Taste of Ales on the museum grounds from 4:00 to 8:00 PM. Stop is for a taste of Okanagan Breweries as you listen to music from the Kettle Valley Brakemen and Princeton's own Patrick LePoidevin.

Vermilion Avenue will be alive with vendors and displays throughout the

day. Drop in at the Gold Panning booth to learn how it was done in 1860 and watch out for local Sherriffs as they arrest people in fun for a great photo opportunity in the Jail.

To learn more about the Princeton 150 Festival please contact the Princeton Community Recreation and Culture Department at 250.295.6067 or e-mail recreation@princeton.ca. - submitted

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TEMPORARY VEHICLE AND PEDESTRIAN CHANGES

New Store Construction, Bridge Street
August 23 to October 31, 2010

Norson Construction Ltd. will be restricting road access during the construction of the new store on Bridge Street (bordered by Angela and Harold Avenues).

The roads affected are as follows:

- Angela Avenue will be one way entering from Bridge Street only.
- Parking will not be permitted along either side of Angela Avenue
- Parking will not be permitted on the west side of Bridge Street.
- Parking will not be permitted along either side of Harold Avenue.
- The sidewalk on the west side of Bridge Street will be closed.

These closures are expected to impact traffic and pedestrians. The public is being urged to plan their routes accordingly.

We apologize for this inconvenience and appreciate your cooperation during construction. Further information can be obtained by contacting:

Rodney Bell - Site Supervisor, Norson Construction at 250.862.6317
James Jones - Project Manager, Norson Construction at 250.769.9324
Patrick Robins - CAO Town of Princeton at 250.295.3135



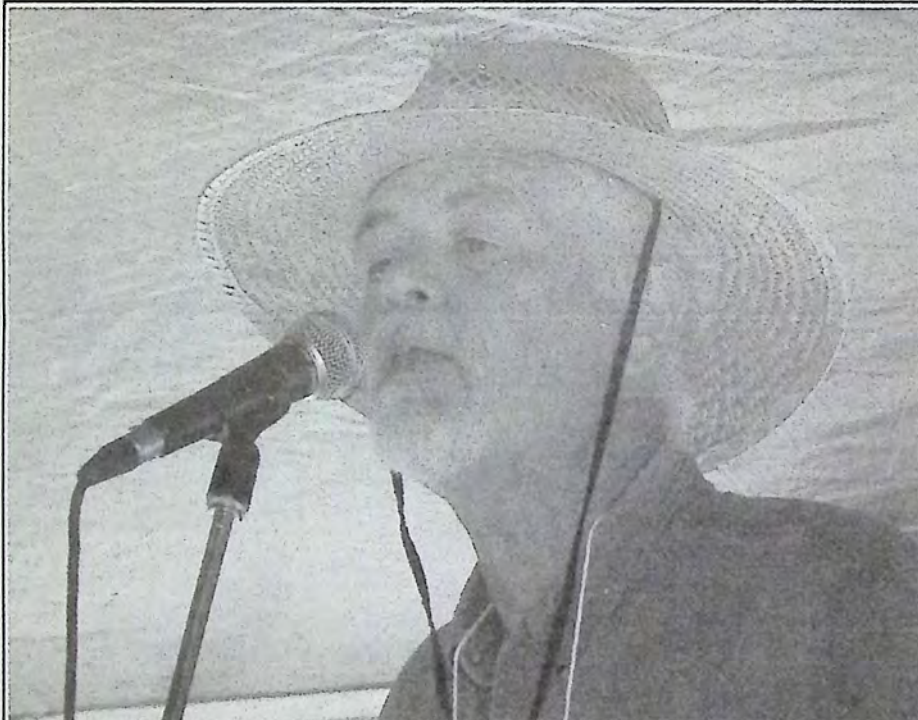
Princeton Traditional Music Festival



Who could say no to her? Angie Marshall drums up business on Bridge Street for the pancake breakfast held in Veterans Square to support girls basketball. *



The Black Sheep Morris street dancers performed numerous times on Vermilion Avenue as part of the annual Princeton Traditional Music Festival. *



David Perasso performed 'serious and silly songs from many traditions' on the Vermilion Avenue stage near the gazebo in Veterans Square August 21st. *



Southern Interior MP Alex Atamanenko took a break from Ottawa and performed on the stage at Princeton Museum during the Traditional Music Festival August 21st. **



The third annual Traditional Music Festival started Friday, August 20th and ended Sunday, August 22nd after filling the downtown with the sound of music. *



The serious side of music! The Celtic Jam was enjoyed by all who joined in and by those who watched and listened in Veterans Square downtown. *

TUESDAY, AUGUST 24, 2010

	WTBS (3)	CHBC (4)	KNOW (5)	KSPS (6)	KHQ (7)	KREM (8)	A&E (9)	KXLY (10)	BCTV (11)	CITV (12)	CBC (13)	YTV (18)	TSN (19)	VTV (22)	DISC (24)	FAM (26)	CITY (29)	SPIKE (44)	TROP (45)
6 AM	Steve H. Harvey	(5:30) Morning News (N)	Franklin George S.	Thomas Lions	News (N)	News	The Sopranos	News	(5:30) Morning News (N)	(4:30) Morning News (N)	CBC News Now (N)	Erky Perky Ruby	SportsCentre	Canada AM	Megaworld "Poland"	Henrys Feet	CityLine	Married	6 Degrees
7 AM	Cosby	(7:02) Clifford the Big Red Dog	Arthur (EI)	Martha	Today	The Early Show (N)	CSI: Miami "Inside Out"	Good Morning America (N)			Animal	Willa's Timothy	SportsCentre		Mayday	Mickey	The Tyra Show	Disorderly Con.	End/Leash
8 AM	Harvey	100 Huntley Street	The Magic School Bus "Cold Feet"	Sid	Dinosaur Train		CSI: Miami		100 Huntley Street	Bo on Go	George S.	SportsCentre		Mighty Ships	Handy	Rachael Ray	Disorderly Con.	Torrens	
9 AM	Fam. Feud	100 Huntley Street				The 700 Club	The First 48	Live With Regis & Kelly	100 Huntley Street	Children	Super Why!	SpongeBob	SportsCentre	Live With Regis & Kelly	Megaworld "Poland"	Phineas	Role	Married	Colin-Justin
10 AM	Reba	Hospital for Sick Kids	Spider	Sesame Street (EI)		The Price Is Right (N)	The First 48	The View	Hospital for Sick Kids	Room	Poko	League	Sportfish	The View	How/Made	Sonny	Crusoe (DVS)	CSI: NY	Whatever
11 AM	Jim Name Earl	World Vision	Rolie Polie Berenstain	Clifford Sit-Be Fit	Ellen DeGeneres Show	Young & Restless	Jewels	Sexy-Legs	World Vision	(10:59) Noon News Hour (N)	Gofrette	(11:10) Kid	UEFA	Fashion	Mayday	Sonny	CityLine	CSI: Crime Scene	Gold Girls
12 PM	Just Shoot King	Noon News Hour (N)	Mag Fero	Charlie Rose	Paid Prog.	News	The Sopranos	All My Children (N)	Noon News Hour (N)	Days of our Lives (N)	CBC News Now (N)	Pokemon Rollbots	Champions League Soccer	talk	Canada's Worst Driver	Wizards	Reviews	CSI: Crime Scene	Prince
1 PM	King Friends	As the World Turns (N)	(1:02) Wibbly Pig	Your Brush With Quilting	Days of our Lives (N)	As the World Turns (N)	CSI: Miami "Inside Out"	One Life to Live (N)	As the World Turns (N)	As the World Turns (N)	Greatest Canadians	Hawks Team	Teams to Be Announced.	Sue Thomas F.B. Eye	American Loggers	Cory	Jdg Judy	CSI: Crime Scene	Seinfeld
2 PM	Friends Name Earl	Young & Restless	(1:59) Barney Blue's Clue	WordWorld	The Bonnie Hunt Show	Let's Make a Deal (N)	CSI: Miami	General Hospital (N)	Young & Restless	The Doctors	Steven and Chris	Monster Invasion	Fin/Skins	Dr. Phil	MythBusters	Replacemn School	CityLine	CSI: Crime Scene	Gold Girls
3 PM	The Office	The Doctors	(3:01) Little Bear Guests: lost ball.	WordGirl Electric	Judge B.	Dr. Phil	The First 48	Rachael Ray	The Doctors	Young & Restless	Recipes Air Farce	(2:50) Kid League	SportsCentre (Live)	(2:59) The Dr. Oz Show	Destroyed	Life Derek	CityNews at 6 (N)	CSI: Crime Scene	Restaurant Makeover
4 PM	Family Guy	Oprah Winfrey	George S.	Cyberchas	Jdg Judy	Oprah Winfrey	The First 48	Deal-Deal Deal No	Oprah Winfrey	(3:59) Early Global Nat.	Ghost Whisperer	SpongeBob OddParent	E:60	Ellen DeGeneres Show	Daily Planet	Phineas	Murdoch Mysteries	DEA "Up the Ladder"	Colin-Justin
5 PM	Payne	Early News	(4:57) BBC News	News (N)	News	News	Jewels	News	Early News	(4:59) News Hour (N)	CBC News Vancouver (N)	OddParent	UEFA Champions League Soccer	CTV News at Five (N)	How/Made	Suite/Deck	Minute to Win It (N)	DEA "Deep Cover"	Deal-No Deal
6 PM	Law & Order: SVU	Global Nat. News	Taste Buds Dogs	PBS NewsHour (N)	News (N)	News	Jewels	News	(5:59) News Hour (N)	ET Canada	Coronation	iCarly	Soccer	CTV News (N)	What a Tool (N)	Hannah	America's Got Talent (Live)	DEA	Deal-No Deal
7 PM	Seinfeld	Ent	Frontiers of NOVA (DVS)	Jeopardy!	The Doctors	Twisted	Ent	Ent	The Good Wife	Fortune	Jeopardy!	iCarly	SportsCentre (Live)	talk	After the Catch (N)	Sonny	Scrapppers	Restaurant Makeover	
8 PM	Movie: "Pride" (2007)	Wipeout (N)	Riddles of the Dead	Wild Lives	Minute to Win It (N)	NCIS "Endgame"	KISSteria	Wipeout (N)	Wipeout (N)	Wipeout (N)	Mercer	Chris	Off Record	Cleveland	Daily Planet	Overruled!	News	The Comedy Central	Bootcamp
9 PM	Terrence Howard	NCIS: Los Angeles	Movie: "My Kid Could Paint That"	Carrier "True Believers"	America's Got Talent (Same-day Tape)	NCIS: Los Angeles	Jewels	(9:01) Shaq VS (N)	NCIS: Los Angeles	NCIS: Los Angeles	Being Erica (DVS)	8 Rules	Little League Baseball	(9:01) Shaq VS (N)	What a Tool	Wizards	I Love Money	Roast	Seinfeld
10 PM	Movie: "Emma" (1996)	The Good Wife	Eden	POV The human subconscious.	News (N)	News	Twisted	Primitime: What Would	The Good Wife	News Hour Final (N)	National	Indie	Family Biz	(10:01) The Mentalist "Pilot"	After the Catch	School	Coach	CSI: Crime Scene	Deal-No Deal
11 PM	Star Trek: Next	CHBC News Final (N)	Wipe Out-Brain Injury	Profiles	Jay Leno	Letterman	Twisted	News Hour Final (N)	ET Canada	(11:05) The Hour	Prank Ptrl Fries That?	SportsCentre (Live)	CTV News	CTV News	How/Made	So Raven	Judge	Star Trek: Voyager	Deal-No Deal

WEDNESDAY, AUGUST 25, 2010

	WTBS (3)	CHBC (4)	KNOW (5)	KSPS (6)	KHQ (7)	KREM (8)	A&E (9)	KXLY (10)	BCTV (11)	CITV (12)	CBC (13)	YTV (18)	TSN (19)	VTV (22)	DISC (24)	FAM (26)	CITY (29)	SPIKE (44)	TROP (45)
6 AM	Harvey	(5:30) Morning News (N)	Franklin George S.	Bob Build Lions	News (N)	News	The Sopranos	News	(5:30) Morning News (N)	(4:30) Morning News (N)	CBC News Now (N)	Erky Perky Ruby	SportsCentre	Canada AM	How/Made	Henrys Feet	CityLine	Married	End/Leash
7 AM	Cosby	(7:02) Clifford the Big Red Dog	Arthur (EI)	Martha	Today	The Early Show (N)	CSI: Miami	Good Morning America (N)			Animal	Willa's Timothy	SportsCentre		Mayday	Mickey	The Tyra Show	Disorderly Con.	True Hollywood Story
8 AM	Harvey	100 Huntley Street	The Magic School Bus	Sid	Dinosaur Train		CSI: Miami "Sunblock"		100 Huntley Street	Bo on Go	George S.	SportsCentre		License to Drill	Handy	Rachael Ray	Disorderly Con.	Inside Hollywood	
9 AM	Fam. Feud	100 Huntley Street				The 700 Club	The First 48	Live With Regis & Kelly	100 Huntley Street	PLAN Canada	Super Why!	SpongeBob	SportsCentre	Live With Regis & Kelly	Cash Cab	Phineas	Role	Married	Colin-Justin
10 AM	Reba	World Vision	Spider	Sesame Street (EI)		The Price Is Right (N)	The First 48	The View	World Vision	Green	Poko	League	Sportfish	The View	How-Made	Sonny	Crusoe (DVS)	CSI: NY	Whatever
11 AM	Jim Name Earl	Canada	Rolie Polie Berenstain	Clifford Sit-Be Fit	Ellen DeGeneres Show	Young & Restless	Jewels	Paid Prog.	Canada	(10:59) Noon News Hour (N)	Gofrette	(11:10) Kid	UEFA	Fashion	What a Tool	Sonny	CityLine	CSI: Crime Scene	Gold Girls
12 PM	Just Shoot King	Noon News Hour (N)	Mag Fero	Charlie Rose	Paid Prog.	News	The Sopranos	All My Children (N)	Noon News Hour (N)	Days of our Lives (N)	CBC News Now (N)	Pokemon Rollbots	Lucas Oil Nationals, Final Eliminations (Taped)	talk	License to Drill	Wizards	Reviews	CSI: Crime Scene	Prince
1 PM	King Friends	As the World Turns (N)	(1:02) Wibbly Pig	Oil Painting Sewing	Days of our Lives (N)	As the World Turns (N)	CSI: Miami	One Life to Live (N)	As the World Turns (N)	As the World Turns (N)	Greatest Canadians	Hawks Team	Sue Thomas F.B. Eye	After the Catch	Cory	Jdg Judy	CSI: Crime Scene	Seinfeld	
2 PM	Friends Name Earl	Young & Restless	(1:59) Barney Blue's Clue	WordWorld	The Bonnie Hunt Show	Let's Make a Deal (N)	CSI: Miami "Sunblock"	General Hospital (N)	Young & Restless	The Doctors	Steven and Chris	Monster Invasion	Off Record	Dr. Phil	MythBusters	Replacemn School	CityLine	CSI: Crime Scene	Gold Girls
3 PM	The Office	The Doctors	(3:01) Little Bear Lost egg.	WordGirl Electric	Judge B.	Dr. Phil	The First 48	Rachael Ray	The Doctors	Young & Restless	Recipes Air Farce	(2:50) Kid League	SportsCentre (Live)	(2:59) The Dr. Oz Show	Destroyed	Life Derek	CityNews at 6 (N)	CSI: Crime Scene	Restaurant Makeover
4 PM	Family Guy	Oprah Winfrey	George S.	Cyberchas	Jdg Judy	Oprah Winfrey	The First 48	Deal-Deal Deal No	Oprah Winfrey	(3:59) Early Global Nat.	Ghost Whisperer	SpongeBob OddParent	30 for 30 (N)	Ellen DeGeneres Show	Daily Planet	Phineas	Murdoch Mysteries	UFC 118: Countdown	Colin-Justin
5 PM	Movie: "The Fast and the Furious: Tokyo Drift"	Early News	(4:58) BBC News	News (N)	News	News	Dog	News	Early News	(4:59) News Hour (N)	CBC News Vancouver (N)	OddParent	2010 Poker	CTV News at Five (N)	Mighty Ships	Suite/Deck	Minute to Win It (N)	UFC Unleashed	Hoarders
6 PM	Tokyo Drift	Global Nat. News	Creatures	PBS NewsHour (N)	News (N)	News	Dog the Bounty Hunter	News	(5:59) News Hour (N)	ET Canada	Coronation	iCarly	2010 Poker	CTV News (N)	After the Catch	Hannah	America's Got Talent	Ultimate Knockouts 3	Runaway
7 PM	Seinfeld	Ent	Rivers	Hollywood Bowl	Jeopardy!	The Doctors	Criss Angel Mindfreak	Ent	Ent	Glee "Hello"	Fortune	iCarly	SportsCentre (Live)	talk	Mayday	Sonny	Family	Pros vs. Joes (N)	Parking
8 PM	Law & Order: SVU	Big Brother (N)	India	Great Performanc	Minute to Win It (N)	Big Brother (N)	Criss Angel Mindfreak	The Middle	Big Brother (N)	Big Brother (N)	Dragons' Den	Chris	Off Record	MasterChef Making a single cup-cake. (N)	Daily Planet	Overruled!	News	Knockout	Torrens
9 PM	Movie: "The Fast and the Furious: Tokyo Drift"	Glee "Hello"	(9:01) Opera in the Outback	"Note by Note"	America's Got Talent	Criminal Minds	Dog	Family	Glee "Hello"	100 Mile Challenge	The Tudors (DVS)	8 Rules	Billiards	Mayday	Wizards	I Love Money	Knockout Sports	Seinfeld	
10 PM	Tokyo Drift	100 Mile Challenge	Infusion	Great Performanc	Law & Order: SVU	CSI: NY	(10:01) Dog the Bounty Hunter	(10:01) Castle	100 Mile Challenge	News Hour Final (N)	National	Indie	Full Tilt Poker	CSI: NY	Mighty Ships	School	Coach	CSI: Crime Scene	Hoarders
11 PM	Star Trek: Next	CHBC News Final (N)	Childhood Lost	Charlie Rose (N)	News (N)	News	(11:01) Criss Angel Mindfreak	News	News Hour Final (N)	ET Canada	(11:05) The Hour	Prank Ptrl Fries That?	SportsCentre (Live)	CTV News	After the Catch	So Raven	Judge B.	Star Trek: Voyager	Runaway

Similkameen News Leader - Horoscopes

August 25 - September 1, 2010

Aries - Do you feel as if you can't do anything without criticism or argument? It seems that way because Mars is influencing your way of dealing with people on a one-to-one basis. Listen, think, hold temper!

Taurus - Work may seem very difficult these days, or perhaps you are trying to overcome a health problem. Remain calm, don't exaggerate problems. This is a temporary situation that will clear up. Be the soul of patience on the job.

Gemini - You are entering a new phase where your main focus is home and family. Problems may arise regarding children, but don't make too much of the problem, as they will clear it up with a little guidance. Have fun!

Cancer - You need to spend more time communicating with siblings, neighbours. Problems at home will clear up on their own shortly. You might want to start a big clean-up and clear-out project. This is a good time for it.

Leo - Focus on your money situation and on getting along with siblings and neighbours. If you decide never to speak to anyone ever again, think it over. A financial plan or decision you made mid-July must be reviewed.

Virgo - Do financial paperwork, check on all aspects of your personal finances. You are entering a two-year period when you must make every effort to achieve financial stability. You could gain by sharing resources.

Libra - You're working hard, life is hectic, and you may get tired. Try to keep everything in balance. People still see you as a good friend and will help all they can. Listen to their ideas: some clever ones come your way.

Scorpio - You can be successful working on group projects this week. Try not to worry too much about other people's problems. Do some deep thinking. You are entering a new phase in which you can work hard behind the scenes.

Sagittarius - Working with others is a pleasure these days, providing you are engaged in activities and not arguing about things. Your main focus for success now must be your career. Gains can be made. Home life is creative.

Capricorn - You face challenges concerning home, family and career. You can work well with others in your career if you don't let chaos at home interfere. Travel plan you made July 5 may have to be revised next week. Stay in loop.

Aquarius - People who live far away from you may be a concern right now. Focus on meeting financial obligations and making the most of resources others may share with you. Travel is not a good plan right now. Wait.

Pisces - Think about the image you present to others, and about how you may appear to them. You can gain by making a good impression now. Stabilize financial situation in regard to insurance, loans, investments. Read details.

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Tuesday Movies

EVENING

8:00 pm WTBS (3) ★★½ "Pride" (2007, Drama) Terrence Howard. In the 1970s an aficionado and a janitor renovate an abandoned pool and establish a swim team in one of Philadelphia's roughest neighborhoods. (E)

9:00 pm KNOW (5) ★★½ "My Kid Could Paint That" (2007,

Documentary) Filmmaker Amir Bar-Lev examines the talents of a 4-year-old girl whose paintings sell for big money in the art world. (E)

10:00 pm WTBS (3) ★★½ "Emma" (1996, Drama) Gwyneth Paltrow. Things keep getting worse after a young matchmaker finds a mate for a simple young woman in rural 1800s England.

Wednesday Movies

AFTERNOON

5:00 pm WTBS (3) ★★½ "The Fast and the Furious: Tokyo Drift" (2006, Action) Lucas Black. An American street racer in Japan learns an exciting but dangerous new style and goes head-to-head with a local champion who has ties to the Yakuza. (E)

EVENING

9:00 pm WTBS (3) ★★½ "The Fast and the Furious: Tokyo Drift" (2006, Action) Lucas Black. An American street racer in Japan learns an exciting but dangerous new style and goes head-to-head with a local champion who has ties to the Yakuza. (E)

KSPS (6) ★★½ "Note by Note: The Making of Steinway L1037" (2007, Documentary) Filmmaker Ben Niles shows the painstaking process of constructing a concert grand piano.

Thursday Movies

EVENING

8:00 pm WTBS (3) ★★½ "Cheaper by the Dozen" (2003, Comedy) Steve Martin. While his wife is away on business, a college-football coach must handle the chaos surrounding

his 12 children. (E)
10:00 pm WTBS (3) ★★½ "Cheaper by the Dozen" (2003, Comedy) Steve Martin. While his wife is away on business, a college-football coach must handle the chaos surrounding his 12 children. (E)

Friday Movies

EVENING

7:00 pm YTV (18) ★★ "Raise Your Voice" (2004, Drama) Hilary Duff. A small-town teenager defies her father and heads to Los Angeles to study at a performing arts school. (In Stereo) (E)

8:00 pm WTBS (3) ★★ "Michael" (1996, Drama) John Travolta. Tabloid employees investigate a rumor about an angel and find a surprising creature with healing powers and a lot of sex appeal. (E)

FAM (26) "Camp Rock" (2008, Musical Comedy) Joe Jonas. A talented singer works in the kitchen at a summer camp for aspiring musicians. (In Stereo) (E)

9:34 pm FAM (26) "Skyrunners" (2009, Science Fiction) Kelly Blatz. A teen and his younger brother uncover

an extraterrestrial plot against Earth. (In Stereo) (E)

10:00 pm KNOW (5) ★★ "Mayor of the Sunset Strip" (2003, Documentary) Rodney Bingenheimer. Premiere. Filmmaker George Hickenlooper chronicles the life of Los Angeles disc jockey and pop star impresario Rodney Bingenheimer. (E)

10:15 pm WTBS (3) ★★ "Michael" (1996, Drama) John Travolta. Tabloid employees investigate a rumor about an angel and find a surprising creature with healing powers and a lot of sex appeal. (E)

11:05 pm FAM (26) ★★ "The Rookie" (2002, Drama) Dennis Quaid. A high-school baseball coach makes it to the Major Leagues as a middle-aged relief pitcher. (In Stereo)

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LOCAL NEWS/SPORTS - LETTERS TO THE EDITOR - EDITORIALS
COURT NEWS - CLASSIFIEDS - WEATHER - ROADS

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Princeton Child-Care Services Society

IT'S BACK TO SCHOOL AND THE FOLLOWING PROGRAMS WILL START UP:

Strong Start John Allison Elementary School

September 7th (9:00 AM - 12 Noon, Monday to Friday)

Family Place 120 Kenley Avenue

Open 11:00 AM - 2:00 PM Monday, Wednesday and Thursday

Also Thursday morning (pre-natal) 10:00 - 11:00 AM

Mom's help prepare and enjoy lunch together

Mother Goose Family Place

September 14th and every Tuesday to October 12th

Doors open 9:45 AM - Program 10:00 - 11:00 AM, snack provided

Nobody's Perfect Family Place

September 14th and every Tuesday to October 19th

Lunch: 12 Noon, Program: 12:45 - 2:45 PM

Infant Massage

Only 5 spots available: Infant child up to one year old

Call Susy Johnson 250.295.3126

to register and learn more about program content

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THURSDAY, AUGUST 26, 2010

	WTBS (3)	CHBC (4)	KNOW (5)	KSPS (6)	KHQ (7)	KREM (8)	A&E (9)	KXLY (10)	BCTV (11)	CITY (12)	CBC (13)	YTV (18)	TSN (19)	VTV (22)	DISC (24)	FAM (26)	CITY (29)	SPIKE (44)	TROP (45)
6 AM	Harvey Harvey	(5:30) Morning News (N)	Franklin George S.	Thomas Lions	News (N)	News	The Sopranos "Pilot"	News	(5:30) Morning News (N)	(4:30) Morning News (N)	CBC News Now (N)	Erky Perky Ruby	SportsCentre	Canada AM	How-Made	Henrys	CityLine	Married	Whatever
7 AM	Cosby Cosby	(7:02) Clifford the Big Red Dog	Arthur (EI) Martha	Today Venus Williams; fall wine. (N)	The Early Show (N)	CSI: Miami	Good Morning America (N)				dirtygirl Animal	Willa's Timothy	SportsCentre		Mayday	Mickey Mickey	The Tyra Show	Disorderly Con.	Reality
8 AM	Harvey Harvey	100 Huntley Street	Curious The Magic School Bus	Super Why! Dinosaur		CSI: Miami		100 Huntley Street	Hospital for Sick Kids	Super Why!	SpongeBob (9:25) Kid	George S. Rolie Polie	SportsCentre	Live With Regis & Kelly	Forensic Factor	Handy Manny	Rachael Ray	Disorderly Con.	Comeback
9 AM	Fam. Feud Fam. Feud	100 Huntley Street	Spider (10:30)	Sesame Street (EI)		The 700 Club	The First 48	Live With Regis & Kelly	100 Huntley Street	Hospital for Sick Kids	Super Why!	SpongeBob (9:25) Kid	SportsCentre	Live With Regis & Kelly	Cash Cab Cash Cab	Phineas Phineas	Role Amazing	Married	Colin-Justin
10 AM	Reba Reba	World Vision	Spider (10:30)	Sesame Street (EI)		The Price Is Right (N)	The First 48	The View	World Vision	Room ET Canada	Poko Doodlebob	League Invasion	Fishing Bowling	The View	How-Made Cash Cab	Sonny Sonny	Crusoe (DVS)	CSI: NY	Whatever
11 AM	Jim Name Earl	World Vision	Rolie Polie Berenstain	Clifford Sit-Be Fit	Ellen DeGeneres Show	Young & Restless	Family Jewels	Paid Prog. Paid Prog.	World Vision	(10:59) Noon News Hour (N)	Gofrette dirtygirl	(11:10) (11:40) Kid	Motoring NASCAR Racing	Fashion etalk	The Body Machine	Sonny Sonny	CityLine	CSI: Crime Scene	Gold Girls
12 PM	Just Shoot King	Noon News Hour (N)	Mag Fero (12:30)	Charlie Rose	Paid Prog. Paid Prog.	News Bold	The Sopranos "Pilot"	All My Children (N)	Noon News Hour (N)	Days of our Lives (N)	CBC News Now (N)	Pokemon Beylblade	Full Tilt Poker	Bold	Wizards Hannah	Reviews EP Daily	CSI: Crime Scene	Prince	
1 PM	King Friends	As the World Turns (N)	(1:03) Wibbly Pig	Painting Quilting Art	Days of our Lives (N)	As the World Turns (N)	CSI: Miami	One Life to Live (N)	As the World Turns (N)	As the World Turns (N)	Greatest Canadians	Hawks Team	Full Tilt Poker	Sue Thomas F.B. Eye	Mayday	Cory Recess	Jdg Judy Jdg Judy	CSI: Crime Scene	Seinfeld
2 PM	Friends Name Earl	Young & Restless	Franklin Blue's Clue	Barney WordWorld	The Bonnie Hunt Show	Let's Make a Deal (N)	CSI: Miami	General Hospital (N)	Young & Restless	The Doctors	Steven and Chris	Monster Invasion	Record	Dr. Phil	MythBusters	Replacem School	CityLine	CSI: Crime Scene	Gold Girls
3 PM	The Office The Office	The Doctors	(3:01) Little Bear Birthday	WordGirl Electric	Judge B. Judge B.	Dr. Phil	The First 48	Rachael Ray	The Doctors	Young & Restless	Recipes Air Farce	(2:50) Kid League	SportsCentre (Live)	(2:59) The Dr. Oz Show	Cash Cab How-Made	Life Derek Suite Life	CityNews at 6 (N)	CSI: Crime Scene	Restaurant Makeover
4 PM	Family Guy Family Guy	Oprah Winfrey	Fetch! Ruff party.	Jdg Judy Cyberchase	Jdg Judy	Oprah Winfrey	The First 48	Deal-Deal Deal No	Oprah Winfrey	(3:59) Early Global Nat.	Ghost Whisperer OddParent	SpongeBob NFL Countdown	NFL	Ellen DeGeneres Show	Daily Planet	Phineas Wizards	Murdoch Mysteries	CSI: Crime Scene	Colin-Justin
5 PM	Payne Payne	Early News News	(4:57) BBC News	News (N) NBC News	News News	The First 48	News	Early News ABC News	Early News Global Nat.	(4:59) News Hour (N)	CBC News: Vancouver (N)	OddParent SpongeBob	NFL Preseason Football:	CTV News at Five (N)	Secret Service	Suite/Deck Zoey 101	Community 30 Rock	CSI: Crime Scene	Seinfeld
6 PM	Law & Order: SVU	Global Nat. News	(5:59) Dogs	PBS NewsHour (N)	News (N) Millionaire	Access H.	The First 48 (N)	News News	(5:59) News Hour (N)	ET Canada Ent	Coronation	iCarly Indie	Indianapolis Colts at Green Bay Packers.	CTV News (N)	Did the Mob Kill JFK?	Hannah Wizards	How I Met Parks	TNA Wrestling (N)	Family Guy
7 PM	Seinfeld Seinfeld	Ent ET Canada	Frontiers of Gourd	Lords of the Fortune	Jeopardy! Fortune	The Doctors	The Squad The Squad	Ent The Insider	Ent ET Canada	Hawthorne	Fortune Jeopardy!	iCarly Weird	Boxing: Juan Diaz vs. Juan	etalk Access H.	MythBusters Suite Life	Sonny How I Met	How I Met	King	
8 PM	Moviel: "Cheaper by the Dozen" (2003)	Big Brother	Jazz (N) (Part 8 of 10)	Mystery! (DVS)	Community 30 Rock	Big Brother	Manhunter Manhunter	Wipeout	Big Brother	Big Brother	The Nature of Things	Ruby Chris	SportsCentre (Live)	Big Bang Two Men	Daily Planet	Overruled! Hannah	News EP Daily	TNA ReACTION (N)	Comeback
9 PM	(2003)	Rookie Blue (N)	MI-5 (DVS)	The Office Parks	CSI: Crime Scene	(9:01) The First 48	Rookie Blue (N)	Rookie Blue (N)	Rookie Blue (N)	This Beat Goes On	10 Things Family Biz	Boxing: Juan Diaz vs. Juan	CSI: Crime Scene	Secret Service	Wizards Buzz	Jim Jim	UFC 118: Countdown	Family Guy	
10 PM	Moviel: "Cheaper by the Dozen" (2003)	Hawthorne	Idealist	Big Band Blues	Law & Order: SVU	The Mentalist	(10:01) The First 48	NightlinePrime	Hawthorne	News Hour Final (N)	National	Indie Family Biz	Manuel Marquez.	The Mentalist	Did the Mob Kill JFK?	School Stone	Coach Judge B.	(10:08) (10:38)	Seinfeld
11 PM	(2003)	CHBC News Final (N)	Beautiful Noise	Charlie Rose (N)	News (N) Jay Leno	News Letterman	The Squad	News (11:35)	News Hour Final (N)	Ent ET Canada	(11:05) The Hour Bill Maher.	Prank Ptrl Fries That?	SportsCentre (Live)	CTV News CTV News	MythBusters Life Derek	So Raven Paid Prog.	Judge B. (11:38)	King	

FRIDAY, AUGUST 27, 2010

	WTBS (3)	CHBC (4)	KNOW (5)	KSPS (6)	KHQ (7)	KREM (8)	A&E (9)	KXLY (10)	BCTV (11)	CITY (12)	CBC (13)	YTV (18)	TSN (19)	VTV (22)	DISC (24)	FAM (26)	CITY (29)	SPIKE (44)	TROP (45)
6 AM	Harvey Harvey	(5:30) Morning News (N)	Franklin George S.	Bob Build Lions	News (N)	News	The Sopranos	News	(5:30) Morning News (N)	(4:30) Morning News (N)	CBC News Now (N)	Erky Perky Ruby	SportsCentre	Canada AM	How-Made	Henrys	CityLine	Married	Inside Hollywood
7 AM	Cosby Cosby	(7:01) Clifford the Big Red Dog	Arthur (EI) Martha	Today Katy Perry performs. (N)	The Early Show (N)	American Justice	Good Morning America (N)				dirtygirl Animal	Willa's Timothy	SportsCentre		Mayday "Fatal Flaw"	Mickey Mickey	The Tyra Show	Disorderly Con.	Inside Hollywood
8 AM	Harvey Harvey	100 Huntley Street	Curious Magic Bus	Super Why! Sid		American Justice		100 Huntley Street	Nature	Super Why!	Bo on Go Busytown	George S. Rolie Polie	SportsCentre	Live With Regis & Kelly	MythBusters	Mickey Mickey	Rachael Ray	Disorderly Con.	Tooned
9 AM	Fam. Feud Fam. Feud	100 Huntley Street	Charlie Wonder	Super Why! Dinosaur		The 700 Club	American Justice	Live With Regis & Kelly	100 Huntley Street	Nature	Super Why!	Kid vs. Kat (9:25) Kid	SportsCentre	Live With Regis & Kelly	Cash Cab Cash Cab	Phineas Phineas	Role Amazing	Married	Colin-Justin
10 AM	Reba Reba	World Vision	Lost (10:35)	Sesame Street (EI)		The Price Is Right (N)	The First 48	The View	World Vision	Room ET Canada	Poko Doodlebob	League Invasion	Fishing Bowling	The View	How-Made Cash Cab	Sonny Sonny With a Chance	Crusoe (DVS)	CSI: NY "Heroes"	Whatever
11 AM	Jim Name Earl	World Vision	Rolie Polie Berenstain	Clifford Sit-Be Fit	Ellen DeGeneres Show	Young & Restless	Jewels Jewels	Paid Prog. Paid Prog.	World Vision	(10:59) Noon News Hour (N)	Gofrette dirtygirl	(11:10) (11:40) Kid	Motoring NASCAR Racing	Fashion etalk	Breaking Point	Sonny Sonny	CityLine	CSI: Crime Scene	Gold Girls
12 PM	Just Shoot King	Noon News Hour (N)	Mag Fero (12:37)	Charlie Rose	Paid Prog. Paid Prog.	News Bold	The Sopranos	All My Children (N)	Noon News Hour (N)	Days of our Lives (N)	CBC News Now (N)	Pokemon Yu-Gi-Oh!	Billiards	Bold	Secret Service	Wizards Hannah	Reviews EP Daily	UFC Unleashed	Prince
1 PM	King Friends	As the World Turns (N)	(1:02) Go, Diego, Go!	Watercolor Scrapbook	Days of our Lives (N)	As the World Turns (N)	American Justice	One Life to Live (N)	As the World Turns (N)	As the World Turns (N)	Greatest Canadians	Hawks Team	Billiards	Sue Thomas F.B. Eye	Did the Mob Kill JFK?	Cory Recess	Jdg Judy Jdg Judy	UFC 118 Ways Die	Seinfeld
2 PM	Friends Name Earl	Young & Restless	Franklin Blue's Clue	Barney WordWorld	The Bonnie Hunt Show	Let's Make a Deal (N)	American Justice	General Hospital (N)	Young & Restless	The Doctors	Steven and Chris	Monster Invasion	Off Record	Dr. Phil	MythBusters School	Replacem School	CityLine	CSI: Crime Scene	Gold Girls
3 PM	The Office The Office	The Doctors	(3:01) Little Bear	WordGirl Electric	Judge Judge B.	Dr. Phil	American Justice	Rachael Ray	The Doctors	Young & Restless	Recipes Air Farce	(2:50) Kid Super Evil	SportsCentre (Live)	(2:59) The Dr. Oz Show	Cash Cab How-Made	Life Derek Suite Life	CityNews at 6 (N)	CSI: Crime Scene	Restaurant Makeover
4 PM	Family Guy Family Guy	Oprah Winfrey	Biz Kid\$	Jdg Judy Cyberchase	Jdg Judy	Oprah Winfrey	The First 48	Deal-Deal Deal No	Oprah Winfrey	(3:59) Early Global Nat.	Ghost Whisperer OddParent	SpongeBob NFL Champ Camp	Gruden's	Ellen DeGeneres Show	Daily Planet	Phineas Wizards	Murdoch Mysteries	CSI: Crime Scene	Colin-Justin
5 PM	Payne Payne	Early News News	(4:57) BBC News	News (N) NBC News	News News	Criminal Minds	News	Early News ABC News	Early News Global Nat.	(4:59) News Hour (N)	CBC News: Vancouver (N)	Penguins SpongeBob	2010 Poker	CTV News at Five (N)	Dirty Jobs Zoey 101	Suite/Deck America's Got Talent	(5:12) CSI: Crime Scene	Seinfeld	
6 PM	Law & Order: SVU	Global Nat. News	Animals Dogs	PBS NewsHour (N)	News (N) Millionaire	San Diego Chargers at New Orleans Saints.	Criminal Minds	News News	(5:59) News Hour (N)	ET Canada Ent	Coronation	iCarly Indie	2010 Poker	CTV News (N)	Man vs. Wild	Jonas L.A.	Investigatio	Family Guy	
7 PM	Seinfeld Seinfeld	Ent ET Canada	Doc Martin McLaughlin	Wash. Fortune	Jeopardy! Fortune	Saints.	Criminal Minds	Ent The Insider	Ent ET Canada	ReGenesis	Fortune Jeopardy!	Movie: "Raise Your Voice" (2004, Drama)	Sports CFL Football: Calgary Stampeders at BC Lions. (Subject to Blackout) (Live)	etalk Access H.	Anatomy-Take. Suite/Deck	Good Luck 13	Warehouse 13	(7:02) (7:42)	Tooned Comeback
8 PM	Moviel: "Michael" (1996) John Travolta.	Dads Who Fought Back	Doc Martin	Need to Know (N)	Who Do You	Access H. Paid Prog.	The Glades	Wife Swap	Dads Who Fought Back	Dads Who Fought Back	Ron James Mercer	Hilary Duff.	Man vs. Wild	Medium	Daily Planet	Movie: "Camp Rock" (2008)	News EP Daily	(8:21)	6 Degrees ET Canada
9 PM	(1996) John Travolta.	Captain Cook	Dalziel & Pascoe	News e2	Dateline NBC	Scrubs Paid Prog.	(9:01) Criminal Minds	Primetime: What Would	Captain Cook	Captain Cook	Republic of Doyle	Survive	Man vs. Wild	Law & Order	Man vs. Wild	Coach Coach	Trailers	Family Guy	
10 PM	(10:15) Moviel: "Michael" (1996) John Travolta.	ReGenesis	Moviel: "Mayor of the Sunset Strip"	The Supreme Court	The Doctors	(10:01) Criminal Minds	(10:01) Criminal Minds	20/20 (N)	ReGenesis	News Hour Final (N)	National	The Next Star	Sports	Flashpoint (DVS)	Dirty Jobs	Coach Judge	Knockout	70s Show King	
11 PM	(1996) John Travolta.	CHBC News Final (N)	Strip Landscape	Charlie Rose (N)	News (N) Jay Leno	News Letterman	(11:01) Criminal Minds	News (11:35)	News Hour Final (N)	Ent ET Canada	(11:05) The Hour	Prank Ptrl Fries That?	SportsCentre (Live)	CTV News CTV News	Anatomy-Take.	(11:05) Movie: "The Rookie"	Judge B. Paid Prog.	Knockout	Seinfeld

News Leader Puzzle Page

CARTER'S Sudoku Challenge

CREATED FOR THE NEWS LEADER BY CARTER BOSWELL

HOW TO PLAY:

Sudoku is a game of logic. There is no math involved. The object of the game is to fill the grid so that the numbers 1 through 9 appear only once in each row, column and 3 x 3 box. The numbers can appear in any order and Carter has left you some clues below.

CHALLENGE #314 - Rated Medium

	5	8				3	6	
1			5		8			4
7				3				2
	8			5				2
		6		2		1		
	7			1				9
3				4				6
8			3		6			9
	2	4				7	5	

THIS WEEK'S SOLUTION:
Page 18

Carter's Sudoku Challenge grids, puzzles and solutions copyright 2010 Carter Boswell, Princeton, BC and published by Similkameen News Leader

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Saturday Movies

MORNING

8:00 am WTBS (3) ★★½ "D3: The Mighty Ducks" (1996, Comedy) Emilio Estevez. Teenage hockey players get a prep-school scholarship, with a new team name and a new coach. (E)
10:00 am WTBS (3) ★★½ "First Kid" (1996, Comedy) Sinbad. A loud Secret Service agent understands the president's teenage son, though most consider him difficult. (E)

AFTERNOON

12:00 pm FAM (26) "Princess Protection Program" (2009, Comedy) Selena Gomez. After a military takeover, a princess assumes a new identity and stays with a covert agent and his daughter. (In Stereo) (E)
1:30 pm FAM (26) ★★½ "Double Teamed" (2002, Docudrama) Poppi Monroe. Twins Heather and Heidi Burge develop a rivalry in high school and make it to the WNBA. (In Stereo) (E)

EVENING

5:00 pm WTBS (3) ★★ "Final Destination 3" (2006, Horror) Mary Elizabeth Winstead. A high-school senior and her friends must deal with repercussions of cheating death when they survive a terrible roller-coaster accident. (E)
6:00 pm CITY (29) ★★½ "Fido" (2007, Horror) Carrie-Anne Moss. In an idyllic 1950s town, a boy finds a best friend in a domesticated zombie, but events take an unappetizing turn when the creature begins eating the neighbors. (E) (DVS)
7:00 pm WTBS (3) ★★½ "Grosse Pointe Blank" (1997, Romance-Comedy) John Cusack. An assassin on assignment attends his high-school reunion. (E)
CITY (12) ★★½ "Obsession" (1976, Suspense) Cliff Robertson. Premiere. A New Orleans businessman meets his dead wife's double in Italy. (E)

8:00 pm CHBC (4) BCTV (11) ★★½ "Obsession" (1976, Suspense) Cliff Robertson. Premiere. A New Orleans businessman meets his dead wife's double in Italy. (E)
KXLY (10) ★★½ "Meet the Fockers" (2004, Comedy) Robert De Niro. A man fears the worst when he accompanies his fiancée's uptight father and mother to meet his free-spirited mom and dad. (In Stereo) (E)
9:00 pm WTBS (3) ★★ "Final Destination 3" (2006, Horror) Mary Elizabeth Winstead. A high-school senior and her friends must deal with repercussions of cheating death when they survive a terrible roller-coaster accident. (E)
FAM (26) ★★½ "Gremlins" (1984, Fantasy) Zach Galligan. An inventor gives his son an odd little creature which multiplies into monsters which wreck the town. (In Stereo) (E)
10:30 pm CBC (13) "Young Triffle" (2006, Comedy) Fred Ewanick. A hapless ranger stumbles upon a murder while investigating the mutilation of a sheep. (In Stereo) (E)
10:44 pm FAM (26) ★★ "Strange Brew" (1983, Comedy) Dave Thomas. The Canadian McKenzie brothers cork a beer-factory brewmeister who's out to rule the world. (In Stereo) (E)
11:00 pm WTBS (3) ★★ "Mimic" (1997, Horror) Mira Sorvino. Married scientists battle killer cockroaches with the ability to assume human form. (E)
KNOW (5) ★★½ "Mayor of the Sunset Strip" (2003, Documentary) Rodney Bingenheimer. Filmmaker George Hickenlooper chronicles the life of Los Angeles disc jockey and pop star impresario Rodney Bingenheimer. (E)

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Sunday Movies

MORNING

8:30 am WTBS (3) ★★½ "Catch Me If You Can" (2002, Comedy-Drama) Leonardo DiCaprio. An FBI agent pursues Frank Abagnale Jr., a con man who assumes various identities and commits forgery. (E)
10:00 am A&E (9) ★★½ "True Lies" (1994, Action) Arnold Schwarzenegger. A Washington wife discovers her computer-salesman husband is a spy out to stop nuclear terrorists. (E)
11:30 am WTBS (3) ★★½ "Ghost" (1990, Fantasy) Patrick Swayze. A slain Manhattan yuppie reaches out to his lover, with a medium as his middlewoman. (E)

AFTERNOON

12:00 pm VTV (22) "Terry" (2005, Docudrama) Shawn Ashmore. Supported by his friend and brother, amputee Terry Fox strives to run across Canada to raise money for cancer research. (In Stereo) (E)
FAM (26) "Camp Rock" (2008, Musical Comedy) Joe Jonas. A talented singer works in the kitchen at a summer camp for aspiring musicians. (In Stereo) (E)
1:00 pm CHBC (4) BCTV (11) CITY (12) "Trophy Wife" (2006, Suspense) Brooke Burns. Premiere. A murderous blackmailer threatens to frame a wealthy widow for her estranged husband's death on a yacht. (E)
1:36 pm FAM (26) "Vacation With

Derek" (2010, Comedy-Drama) Michael Seater. With help from her stepbrother, a girl must save her grandmother's resort from a land developer. (In Stereo) (E)
2:00 pm WTBS (3) ★★½ "A Lot Like Love" (2005, Romance-Comedy) Ashton Kutcher. Casual friendship turns into something more as two people struggle with careers and relationships through the years. (E)
YTV (18) ★★½ "Alex Rider: Operation Stormbreaker" (2006, Action) Alex Pettyfer. A teenage spy for MI6 investigates a billionaire who may have an ulterior motive for his recent donation of computers to England's schools. (In Stereo) (E)
VTV (22) ★★½ "Trekkies" (1997, Documentary) Denise Crosby. Actress Denise Crosby journeys into the "Star Trek" subculture and examines the sci-fi phenomenon's impact on fans. (In Stereo) (E)
4:00 pm WTBS (3) ★★ "Poseidon" (2006, Adventure) Josh Lucas. Survivors aboard a capsized ocean liner band together in a fight for their lives, seeking safety through an upside-down maze. (E)
YTV (18) ★★½ "Catch That Kid" (2004, Adventure) Kristen Stewart. With help from her two friends, an adventurous 12-year-old plots to rob a bank to pay for her father's surgery. (In Stereo) (E)
5:00 pm CBC (13) ★★½ "A Little Princess" (1995, Drama) Eleanor Bron. A British Army captain's 10-year-old daughter irks the head-

mistress of her girls school in 1914 New York. (E)
EVENING
6:00 pm WTBS (3) ★★ "Poseidon" (2006, Adventure) Josh Lucas. Survivors aboard a capsized ocean liner band together in a fight for their lives, seeking safety through an upside-down maze. (E)
YTV (18) ★★ "Agent Cody Banks" (2003, Adventure) Frankie Muniz. Recruited by the CIA, a teen works under cover to befriend a girl whose father is a pawn for an evil organization. (In Stereo) (E)
8:00 pm WTBS (3) ★★½ "Catch Me If You Can" (2002, Comedy-Drama) Leonardo DiCaprio. An FBI agent pursues Frank Abagnale Jr., a con man who assumes various identities and commits forgery. (E)
KXLY (10) ★★½ "Casino Royale" (2006, Action) Daniel Craig. Premiere. After receiving a license to kill, British agent James Bond enters a high-stakes poker game with Le Chiffre, a man who finances terrorist groups. (In Stereo) (E)
CBC (13) ★★½ "Dreamgirls" (2006, Musical) (Part 1 of 2) Jamie Foxx. After an ambitious manager gives them a shot at stardom, three singers learn that fame can carry a high personal cost. (In Stereo) (E)
9:00 pm FAM (26) ★★ "Little Big League" (1994, Comedy) Luke Edwards. A 12-year-old boy inherits the Minnesota Twins and takes over as team manager. (In Stereo) (E)
10:10 pm CBC (13) ★★½ "Dreamgirls" (2006, Musical) (Part 2 of 2) Jamie Foxx. After an ambitious manager gives them a shot at stardom, three singers learn that fame can carry a high personal cost. (In Stereo) (E)
11:00 pm FAM (26) ★★½ "Innerspace" (1987, Comedy) Dennis Quaid. A grocery clerk gets jabbed with a hypodermic holding a miniaturized Air-Force pilot and craft. (In Stereo) (E)

We're different,
and we like that.

Similkameen News Leader

SATURDAY, AUGUST 28, 2010

Table with 20 columns (WTBS, CHBC, KNOW, KSPS, KHQ, KREM, A&E, KXLY, BCTV, CITY, CBC, YTV, TSN, VTV, DISC, FAM, CITY, SPIKE, TROP) and 24 rows (6 AM to 11 PM) listing TV programs and their details.

SUNDAY, AUGUST 29, 2010

Table with 20 columns (WTBS, CHBC, KNOW, KSPS, KHQ, KREM, A&E, KXLY, BCTV, CITY, CBC, YTV, TSN, VTV, DISC, FAM, CITY, SPIKE, TROP) and 24 rows (6 AM to 11 PM) listing TV programs and their details.

MONDAY, AUGUST 30, 2010

	WTBS (3)	CHBC (4)	KNOW (5)	KSPS (6)	KHQ (7)	KREM (8)	A&E (9)	KXLY (10)	BCTV (11)	CITV (12)	CBC (13)	YTV (18)	TSN (19)	VTV (22)	DISC (24)	FAM (26)	CITY (29)	SPIKE (44)	TROP (45)
6 AM	Harvey	(5:30) Morning News (N)	Franklin	Builder	News (N)	News	Obsessed	News	(5:30) Morning News (N)	(4:30) Morning News (N)	CBC News Now (N)	Erky Perky	SportsCentre	Canada AM	How/Made	Henry's	CityLine	Hawaii Five-0	Spilled
6:30 AM	Harvey		George S.	Lions								Ruby			How-Made	Feet			Spilled
7 AM	Cosby		(7:02) Clifford the Big Red Dog	Arthur (EI)	Today (N)	The Early Show (N)	Obsessed	Good Morning America (N)			dir/girl	Willa's	SportsCentre		Behind the Great Wall	Mickey	The Tyra Show	Hawaii Five-0	Tooned
7:30 AM	Cosby			Martha							Animal	Timothy				Mickey			Tooned
8 AM	Harvey		The Magic School Bus	Curious			Obsessed		100 Huntley Street	Bo on Go	George S.	SportsCentre				Manny	Rachael Ray	Hawaii Five-0	Whatever
8:30 AM	Harvey			Sid						Busytown	Ruby					Manny			Whatever
9 AM	Fam. Feud	100 Huntley Street	Super Why!	Dinosaur	The 700 Club	Intervention	Live With Regis & Kelly	100 Huntley Street	World Vision	Super Why! News	SpongeBob (9:25) Kid	SportsCentre	Live With Regis & Kelly	Cash Cab	Phineas	Role	Hawaii Five-0	Restaurant Makeover	
9:30 AM	Fam. Feud													Cash Cab	Phineas	Amazing			
10 AM	Reba	Hospital for Sick Kids	Spider	Sesame Street (EI)	The Price Is Right (N)	Intervention	The View	Hospital for Sick Kids	Green	Poko	Super Evil	Tennis: U.S. Open, First Round.	The View	How/Made	Sonny	The O.C.	Hawaii Five-0	Grace	
10:30 AM	Reba		(10:37)						ET Canada	Doodlebop	Invasion			Cash Cab	Sonny				Grace
11 AM	Jim Name Earl	World Vision	Rolie Polie Berenstain	Clifford Sit-Be Fit	Ellen DeGeneres Show	Young & Restless	Obsessed	Paid Prog.	World Vision	(10:59) Noon News Hour (N)	Gofrette	(11:10) Kid	From the USTA National	Fashion	Japan's Ghost Fleet	Phineas and Ferb	CityLine	Hawaii Five-0	Gold Girls
11:30 AM											dir/girl	(11:40) Kid	National	Fashion					Gold Girls
12 PM	Just Shoot King	Noon News Hour (N)	Mag Fero	Charlie Rose	Paid Prog.	News	Obsessed	All My Children (N)	Noon News Hour (N)	Days of our Lives (N)	CBC News Now (N)	Pokemon Rollbots	Tennis Center in Flushing, N.Y. (Live)	etalk	Austin Stevens	Wizards Hannah	The Bonnie Hunt Show	Hawaii Five-0	Total Wipeout (N)
12:30 PM			(12:38)			Bold								Bold					
1 PM	King Friends	As the World Turns (N)	(1:02) Wibbly Pig Bear	Fine Art Sewing	Days of our Lives (N)	As the World Turns (N)	Obsessed	One Life to Live (N)	As the World Turns (N)	As the World Turns (N)	Doc Zone	Storm Team Gal	Sue Thomas F.B. Eye	etalk	Worst Handyman	Cory	Jdg Judy	Hawaii Five-0	Total Wipeout (N)
1:30 PM																Recess	Jdg Judy		
2 PM	Friends	Young & Restless	Franklin Blue's Clue	Barney WordWorld	The Bonnie Hunt Show	Let's Make a Deal (N)	Obsessed	General Hospital (N)	Young & Restless	The Doctors	Steven and Chris	Monster Invasion	Dr. Phil	MythBusters	Replacemn School	CityLine	Hawaii Five-0	Gold Girls	
2:30 PM	Name Earl																		Gold Girls
3 PM	The Office	The Doctors	(3:01) Little Bear Pretend wed.	WordGirl Electric	Judge B.	Dr. Phil	Intervention	Rachael Ray	The Doctors	Young & Restless	Recipes Air Farce	BeYblade	(2:59) The Dr. Oz Show	Mighty Ships	Life Derek Suite Life	CityNews at 6 (N)	CSI: Crime Scene	Restaurant Makeover	
3:30 PM																			
4 PM	MLB Baseball: New York Mets at Atlanta Braves.	Oprah Winfrey	George S.	Fetch! Ruff Cyberchas	Jdg Judy	Oprah Winfrey	Intervention	Deal-Deal Deal No	Oprah Winfrey	(3:59) Early Global Nat.	Ghost Whisperer	SpongeBob OddParent	Tennis: U.S. Open, First Round.	Ellen DeGeneres Show	Megaworld (N)	Phineas Wizards	Law & Order: SVU	Deadliest Warrior	Tooned
4:30 PM																			Tooned
5 PM	Mets at Atlanta Braves.	Early News	(4:57) Martha	BBC News Business	News (N)	News	Intervention "Lana"	News ABC News	Early News Global Nat.	(4:59) News Hour (N)	CBC News: Vancouver (N)	OddParent	From the USTA National	CTV News at Five (N)	MythBusters	Suite/Deck Zoey 101	Bachelor Pad (N)	Deadliest Warrior	Total Wipeout
5:30 PM	(Live)																		
6 PM	Seinfeld	Ent	Eden	'Allo, 'Allo!	Jeopardy!	The Doctors	Hoarders	Ent	Ent	(5:59) News Hour (N)	ET Canada	iCarly	Tennis Center in Flushing, N.Y. (Live)	etalk	Motor City Motors (N)	Sonny Suite Life	(7:01) Dating in the Dark	Tom Berenger, Willem Dafoe.	Family Guy
6:30 PM																			
7 PM	Law & Order: SVU	House "The Choice"	Monarchy	Antiques Roadshow	America's Got Talent	How I Met Rules	Obsessed	Bachelor Pad (N)	House "The Choice"	House	18 to Life Mosque	Chris	SportsCentre (Live)	Two Men Big Bang	Megaworld	Overruled!	News EP Daily	Scrappers	ET Canada
7:30 PM																			
8 PM	Payne Family Guy	Lie to Me (N)	Mr. Boogie Woogie Man	History Detectives (N)	Two Men Big Bang	(9:01) Intervention "Lana"			Lie to Me (N)	House "The Choice"	Kids in-Hall Comedy	8 Rules Weird	Boxing	So You Think You Can Dance Canada (N)	MythBusters	Wizards Buzz	Real Chance of Love	Knockout Sports	Family Guy
8:30 PM																			
9 PM	Family Guy	To Be Announced	The Boy Inside	To Be Announced	Dateline NBC	(10:01) CSI: Miami	(10:01) Intervention	(10:01) Dating in the Dark	To Be Announced	News Hour Final (N)	National	The Next Star		Motor City Motors	School Stone	Home Imp. Judge B.	CSI: Crime Scene	Parking	
9:30 PM																			
10 PM	Movie: "Poseidon" (2006)	CHBC News Final (N)	Shadow-Chief	Charlie Rose (N)	News (N)	News Jay Leno	Letterman	(11:01) Hoarders	News Hour Final (N)	ET Canada	(11:05) The Hour	Prank Ptrl	SportsCentre (Live)	CTV News	Dirty Jobs	So Raven	Paid Prog.	Star Trek: Voyager	Total Wipeout
10:30 PM																			
11 PM																			

Monday Movies

EVENING

6:00 pm SPIKE (44) ★★ ★★ "Platoon" (1986, War) Tom Berenger. Two sergeants and a private join others lost in war along the 1967 Cambodian border. (In Stereo)

10:30 pm WTBS (3) ★★ "Poseidon" (2006, Adventure) Josh Lucas. Survivors aboard a capsized ocean liner band together in a fight for their lives, seeking safety through an upside-down maze.

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LOCAL NEWS/SPORTS - LETTERS TO THE EDITOR - EDITORIALS
COURT NEWS - CLASSIFIEDS - WEATHER - ROADS

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in memoriam **in memoriam** **for sale** **legal** **for rent**



Ann Mandich
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To clasp his hand in the better land, Never to part again

Remembered by your husband Mike
and all the relatives in Germany
and Canada and by the Ladies
of the Order of Eastern Star.

help wanted **help wanted**

**Employment Opportunity
Princeton Skills Centre
Full Time Administrative Assistant**

The Princeton & District Community Skills Centre is seeking a Full Time Administrative Assistant.

Sample duties of this position include general reception, keyboarding and filing, coordination of educational programs, employment services client assistance, research, and support services to the Manager in regular operations and special projects.

Qualified applicants will have previous professional office experience, excellent clerical skills including computer literacy in all MS Office programs, and a professional demeanor. Experience in the post secondary education system is a definite asset.

Interested applicants will apply with a resume and cover letter to the attention of the undersigned. Only those selected for interview will be contacted.

Please no phone calls. Applications will be accepted until September 3, 2010.

Sharan Jung, Manager
Princeton Skills Centre
PO Box 69, 206 Vermilion Avenue
Princeton, BC
VOX 1W0



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\$5,495.00 OBO 1998 1500 Dodge SLT Laramie, 2WD, 5.9 auto, loaded, 163,000 km. Call 250.295.0052. Aug 17 31

Beef for sale - side or quarter. \$2.25 lb. cut and wrapped. Also ground beef in one-pound packages, \$2.25 lb. Call 250.295.8121 or 250.295.7345. Aug 10 24

Chest of drawers \$10.00. Solid wood sideboard from old Prince George Hotel dining room, good condition, \$250.00. Soapstone, pipestone, tiger's eye, look - make an offer. Call 250.295.6063. Aug 17 31

Portable, stackable washer/dryer by Sears. 6' high, 220 volt in good condition. Asking \$150.00. Used gas heater, \$50.00. Double bed, \$20.00. 8 foot fence posts, \$1.00 each. Call 250.295.2498. M 27 dh

1985 Chev 23' Class A motorhome, 454 auto, mechanically very good. Roof air, Onan generator. Very clean, no pets, never smoked in. Ready to go! Asking \$7,900.00 OBO. Call 250.295.7900. Aug 20 Aug 24

Mobile Home for sale by owner. #11 Debyn Trailer Park. Trailer 14'x70' with 12'x70' addition. 2-bedrooms, 2-bathrooms, family room, sun deck and carport, drapes, close to school, all appliances included. Phone 250.295.3559. Aug 10 24

Backhoe 1986 Case 680H, new main hydraulic pump and outriggers. Shop and parts manuals and extra set of front balloon tires. Asking \$18,000.00. Tulameen, BC. Call 250.295.3151. Aug 17 31

Mini excavator 1991 Hondozer Hyundai, size 30 side shift and black on rubber tracks with extra track that has been repaired. Asking price: \$10,000. Tulameen, BC. For info call 250.295.3151. Aug 17 31

Utility trailers - small 5'x6' plywood, \$100.00. Low bed 14' long, \$200.00. Pickup box, 7x4, \$300.00. Big 4x8x5 tall on duels, \$400.00. Tulameen, BC. For info call 250.295.3151. Aug 17 31

Fire extinguishers 1-10 lbs ABC \$35.00, 2-5 lbs ABC \$15.00 each, 3' Jack All \$25.00, 2 tires and wheels LT235/85R16 fits '96 Ford 250 \$25.00, Flo n' Go Plus 6 US gallon container \$15.00, 5-5 gallon fuel containers \$10.00 each, 110 ft heavy duty extension cord outlets \$50.00. Call after 6:00 PM 250.295.6806. Aug 24 Sep 07

help wanted

Princeton Wood Preservers hiring production labourers for full time positions. Please submit resumes in person by fax to 250.295.7912

YARD SALE
9:00 AM - 12 Noon
Saturday, August 28
Catholic Church Hall, Lime Street
Good deals on leftover items

I, Danielle L. Leochko (separated spouse) will not be responsible for any debts incurred by Darrell G. Leochko effective March 26, 2010. Aug 10 24

services

123 - before problems start...remember your septic tank needs attention too! For reliable, affordable service call Superior Septic 1-866-949-1865. Aug 24 Sep 07

for sale

Coleman 5,000 watt generator, \$500.00. 1,000 watt generator, \$150.00. Compressor 5CFM@90 lbs., \$150.00. Air tools - most not used, \$50.00. 150 US gallon Tidy Tank with hand pump and filter, \$200.00. 3/4 inch drive socket set, \$40.00. 6 - open end and box wrenches 1 3/8 to 2 inch, \$40.00. 8" drill press, \$35.00. 3" Honda water pump, \$350.00. 5.5 HP Honda engine horizontal 3/4 inch shaft, \$250.00. 250 feet 1/2 inch Plasco PE series 75 piping, \$80.00. 1/2 inch drive Crowsfoot wrench set 13/16 to 1 1/4, \$90.00. 3/8 inch drive Crowsfoot wrench set 3/8" to 7/8", \$25.00. Call after 6:00 PM 250.295.6806. Aug 17 31

in memoriam

Luxury rooms, own jacuzzi tub, fridge and microwave, \$300 - \$350/week. Large chalet 3-bedroom plus loft, call for more information. Princeton Castle Resort. (250) 295-7988. Aug 22 th

Like new home on acreage, main floor suite, 3 bedrooms, 2 bathrooms, Jacuzzi Tub, gas fireplace, laundry and dishwasher. All appliances and utilities. Available September 15. Asking \$875/month. Call 250.295.3966. Aug 17 th

1 bedroom suite in downtown Princeton. Level access. Including power and heat and furnished for \$525.00. No pets. Excellent references and damage deposit required. Available now. Call 604.484.2783 and leave a message. Aug 24 Sep 07


Room and board for 3 rooms, includes meals, \$1,000/month. Call 250.295.1622. Aug 24 Sep 07

50+ lady looking for a 1-bedroom, unfurnished, upper level suite with utilities and storage for \$567.50/month. Non-smoker, non-drinker with no pets. Leave a message for Glenda Jones at 250.295.6936. Aug 27 th

real estate

2-bedroom mobile home, 4 appliances, new hot water tank, flooring, electrical, plumbing and more. Fenced yard, large deck, low pad fee. Located between Keremeos and Hedley. Asking \$25,000. Call 250.485.7703 or 250.485.4190. Aug 17 31

in memoriam



Audrey Winnifred Elliott
August 21, 1924 - August 27, 2009

I thought about you today, in fact,
I don't think there has been a day
pass where I haven't thought
about you at least once.

Maybe that's why it doesn't
feel like it's been a year already.

It doesn't mean I miss you any less.
I think it means I miss you even more.

Sadly missed by George (Brenda), Bruce (Wendi)
and all her friends in Kelowna and Princeton.

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sudoku

CARTER'S
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Challenge

SOLUTIONS TO PUZZLES ON PAGE 14

CHALLENGE #314

458	792	361
132	568	974
769	431	582
981	653	427
546	927	138
273	814	695
397	245	816
815	376	249
624	189	753

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Similkameen
News Leader - Recipe Corner
Recipe #337

Smoked Cheddar & Ham Gougeres

(NC)—For brunch, tea or special occasions, an elegant but simple hors d'oeuvre.

- 1 cup (250mL) water
- pinch of salt 1/2 cup (125mL) Lactantia butter
- 1 cup (250mL) all-purpose flour
- 4 eggs
- 1/2 cup (125mL) finely chopped smoked ham
- 1 cup (250mL) finely grated Balderson Double Smoked Cheddar Cheese
- 1 cup (250mL) coarsely grated Balderson Double Smoked Cheddar Cheese

Prep Time: 20 minutes Baking Time: 30 minutes Makes about 3 dozen

- Preheat oven to 400°F (200°C).

- Bring water, salt, and butter to a boil in a heavy saucepan over medium heat. Add flour and stir constantly over low heat until mixture forms a ball and comes away from the side of the pan. Cool for 3 minutes off heat. Add eggs one at a time, beating with spoon until fully incorporated into the mix. Stir in ham and finely grated Balderson Double Smoked Cheddar Cheese.

- Use two tablespoons (30 mL) to place walnut-sized balls of dough on parchment-lined baking sheet. Wet fingers and gently flatten tops of the gougeres. Dough may also be piped onto parchment to form 2-inch (5 cm) diameter rings.

- Bake for 25 minutes. Sprinkle with the remaining coarsely grated Balderson Double Smoked Cheddar Cheese and return to oven for 5 minutes. Cover lightly with foil if they seem to be browning too quickly. Serve warm.

Tip: Can be made ahead of time and frozen.

- News Canada

If you have a favourite recipe you would like to share, contact us for details!

226A Bridge Street, Princeton



This is the look of a winner in the eating contest held August 18th during "Sunken Ships & Pirates Bliss" theme night at Centennial Pool. A crew of pirates took over the facility that evening. *

..... continued from Page 6
 their ideal retirement lifestyle.

The BMO Retirement Institute offers the following advice to help Canadians take charge of their retirement:

- Maximize your contributions – Take maximum advantage of RRSPs and TFSA's by contributing regularly and making every effort to max out your contribution annually. Saving in these tax sheltered plans helps grow your money faster.
- Invest according to your life stage – Take into account your timeline when building a retirement investment strategy. Young Canadians can take greater advantage of the growth potential of equities, while

boomers closer to retirement may want to include products that protect capital and reduce volatility in their portfolios, especially if they will be withdrawing from their savings in the next few years.

- Know your options – Knowing what kind of investment vehicle will help achieve your ideal retirement lifestyle means determining both short- and long-term financial goals. The BMO Retirement Institute advises Canadians to speak to a financial advisor about which options best align with their retirement objectives.

For more information on retirement, visit www.bmo.com/retirement.

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Princeton Posse 2010/11

CLIP 'N' SAVE
Game Schedule

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HOME

- SUN SEP 12 - vs Kelowna 2:00 PM
- SAT SEP 18 - vs Spokane 7:00 PM
- FRI SEP 24 - vs Kamloops 7:00 PM
- FRI OCT 01 - vs Osoyoos 7:00 PM
- SAT OCT 16 - vs Sicamous 7:00 PM
- TUE OCT 19 - vs Osoyoos 7:00 PM
- FRI OCT 22 - vs Beaver Valley 7:00 PM
- SUN OCT 24 - vs Creston 2:00 PM
- FRI OCT 29 - vs Kelowna 7:00 PM
- SAT OCT 30 - vs Penticton 7:00 PM
- FRI NOV 05 - vs Golden 7:00 PM
- SUN NOV 07 - vs Osoyoos 2:00 PM
- FRI NOV 12 - vs Revelstoke 7:00 PM
- SAT NOV 13 - vs Revelstoke 7:00 PM
- SUN NOV 21 - vs Osoyoos 2:00 PM
- FRI NOV 26 - vs Kelowna 7:00 PM
- FRI DEC 03 - vs N Okanagan 7:00 PM
- SUN DEC 05 - vs Kelowna 2:00 PM
- FRI DEC 10 - vs Columbia Valley 7:00 PM
- WED DEC 15 - vs Penticton 7:00 PM
- SAT JAN 01 - vs Penticton 7:00 PM
- FRI JAN 07 - vs Penticton 7:00 PM
- FRI JAN 21 - vs Kamloops 7:00 PM
- FRI FEB 04 - vs N Okanagan 7:00 PM
- FRI FEB 11 - vs Sicamous 7:00 PM

AWAY

- SAT SEP 11 - at Kamloops 7:00 PM
- FRI SEP 17 - at Sicamous 7:00 PM
- SUN SEP 19 - at Osoyoos 2:00 PM
- TUE SEP 21 - at Kelowna 7:00 PM
- FRI OCT 08 - at Fernie 7:30 PM
- SAT OCT 09 - at Kimberley 7:30 PM
- SUN OCT 10 - at Nelson 1:00 PM
- FRI OCT 15 - at N Okanagan 7:30 PM
- WED NOV 03 - at Penticton 7:00 PM
- SAT NOV 06 - at N Okanagan 7:30 PM
- FRI NOV 19 - at Kelowna 7:00 PM
- SAT DEC 04 - at Kelowna 7:00 PM
- SAT DEC 11 - at Kamloops 7:00 PM
- SUN DEC 12 - at Osoyoos 2:00 PM
- FRI DEC 17 - at Revelstoke 7:00 PM
- SAT DEC 18 - at Revelstoke 7:00 PM
- FRI DEC 31 - at Osoyoos 7:00 PM
- TUE JAN 04 - at Kelowna 7:00 PM
- SAT JAN 08 - at Penticton 7:00 PM
- WED JAN 19 - at Osoyoos 7:00 PM
- SAT JAN 22 - at Sicamous 7:00 PM
- SAT JAN 29 - at Castlegar 7:30 PM
- SUN JAN 30 - at Grand Forks - 1:00 PM
- SAT FEB 05 - at Penticton 7:00 PM
- SAT FEB 12 - at Penticton

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Editorial Page News Leader

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My Turn...

I Can't Hold It Any Longer

You ever have one of those dreams that scare you so much you wake up in the middle of the night?

I just had one.

It freaked me out.

It started out fine. It was a beautiful day and I was wandering around downtown checking out the sights. I was enjoying the peaceful sound of the water fountain in Veterans Square when it happened.

I needed to go pee.

I couldn't find my keys to go to the office so I ran over to the public washrooms near the new library building. It wasn't after hours but still the doors were locked. For some reason they aren't always open.

Panic started to set in.

I'm about to curse the fact that I had one cup too many of coffee when I suddenly contemplate using the fountain.

I quickly rule that out when someone drives by. I consider carrying a bottle of liquid soap with me next time and maybe I won't be seen near the fountain but for the present time it's not helping.

Even the rushing sound of water cascading off the rock slabs and into the pool that make up the fountain isn't helping me any.

I consider sprinting to the water park to use the public washrooms there but logic tells me two very real flaws in that plan.

First, I'm likely not to get there in time before having an accident.

Quite frankly, my number one priority at this moment happens to be, well, #1.

Secondly, knowing the kind of luck I have in my dreams that if by some miracle I do get to the park without having my bladder explode somewhere along the way I'm probably going to discover the building closed for renovations or something equally inconvenient.

Besides, I'm not that good at running with my legs crossed.

For a moment I ponder writing an Editorial about the subject until I realize nobody's going to believe it anyway.

Believe that the public washrooms are not always 'public' not that I needed to use them in a dream I had one night, however, on second thought that sounds even less believable now than when I originally thought about it.

Regardless, I'm in desperate need of a place to take a leak before I start leaking and discover that my needs are not being met tonight.

It's really starting to, well, piss me off.

Then the alarm chirps at me pulling me out of downtown making me realize it was all a bad dream and that there couldn't possibly be no access or restricted access public washrooms in downtown Princeton.

It just wouldn't make sense after all that time and effort spent on beautifying the area.

Which, of course, should make us all flush with pride!



Last week the former Fields store on Bridge Street became a shell and a giant carport. Construction of the new grocery store will affect traffic downtown until October, according to the contractors. *

Your Turn...

Noisy Neighbour?

To The Editor;

Re: 150 years for Princeton

I can remember the wooden sidewalks, outdoor toilets and honey wagons. The Eatons' catalogue for

Letter To The Editor

Stan gives credit where credit is due

To The Editor;

Congratulations to Princeton!

A week or so ago Princeton wanted a bike track. One week later we had a complete bike track all done. For the most part by volunteers.

Maybe it was done this fast because some women were kinda in charge. I was really proud to see the community come together.

Congratulations to all who helped. May our community spirit continue.

- Stan Thompson, Princeton

entertainment and other uses.

Now we have a sewer system, water system and an industrial park with utilities and a new paved road.

We have the "Bridge of Dreams." When it opened we had smiling faces of "important people" in the local papers.

This is progress!

Now we have a new industry within the town limits. It is called

a woodchipper.

It would be nice to see some pictures of the smiling faces of "important people" standing beside the chipper with their hearing protection and dust masks. Could be at 5:00 AM or 11:00 PM.

Is this progress?

We live across the street from the chipper, one of those that live in the trailer park.

- Jim Norman, Sr., Princeton

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News Leader

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EDITORIAL GUIDE

We would like you to write to us, but please remember to abide by anti-discrimination laws.

The News Leader reserves the right to refuse to print any letter which is not signed by the writer or is slanderous, libelous or of uncommon sense!

The Editor reserves the right to condense any letter or to substitute proper language for improper language.

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Current Comment

I Love Our Celebrations



Dawn Johnson
editor@thenewsleader.ca

Princeton is a place where people love to celebrate. For example, look at what we celebrated last weekend.

We had a Traditional Music Festival, thanks to Jon Bartlett, Rika Ruebsaat and the volunteers who donated their time and musical talent to the event.

I had a personal celebration - a class reunion, and the festival just added to the fun. Ours is the Class of '56, which means we got together after 54 years. It was a lot of fun. It's great to see the people with whom we spent our youth.

Getting back to celebrations: this weekend we celebrate our Fall Fair. That is always fun. I'm looking forward to the firemen challenging other guys to a tug of war and a bucket brigade. I hope lots of guys compete.

After the Fall Fair, we celebrate our town's 150th anniversary since being named Princeton. Governor James Douglas, if he knows what we're up to, is probably quite surprised.

Small town celebrations are good for us. We get out together, we talk, we have fun. We catch up on the news, and we celebrate who we are.

I have friends and relatives who have wondered how I could endure living so long in a small town where nothing happens. During the past year, I have had the pleasure of having them visit during one celebration or another. They learned we have a lot to do.

I have shown our schedule of events, published last spring by the Chamber of Commerce, to some of my out of town visitors, and they were astonished at the list of things we have to do. I suspect they visualize a boring little town where nobody does anything but dream of going to the city to have fun.

Recently, two teenagers visiting from another province discovered people building a bike park. They pitched in with the other volunteers and had a great time.

I have other visitors who are pleased we have a swimming pool. Others have gone to art shows, or the rodeo, and the horse races, and to Fall Fair. Last year, I had a visitor who came for the rodeo, the horse races, the Traditional Music Festival and we went to Keremeos to a powwow. He had never been to any of these things. He is an old age pensioner who lives in Vancouver after years and years of living in Ottawa.

When you attend our celebrations, you begin to realize how many talented, hard-working people we have in our community, but you also realize how there must be something about this valley that makes people want to make the effort to show others a good time.

Maybe it's the sunshine, maybe it's the fresh mountain air: I have never seen so many people who want to get involved in the community to make it a happier place to be.

Every event we have depends to a large extent on volunteers. Those are the people who make these things happen. Volunteers don't get much recognition, and sometimes it's hard to coax people to become volunteers in these various organizations that put on our celebrations.

I would just like to thank them, here and now, for their efforts to make our community a better, happier place to live. If you know some of these people, why not write a letter to the editor telling them how much you enjoyed the event and appreciated all they did. That's about the only recognition they get most of the time, but it sure means a lot.

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Princeton Traditional Music Festival



This is a good sign - happy volunteers! The pancake breakfast hosted by Junior and Senior Girls Basketball was a huge success in Veterans Square. *



Rosaleen Gregory performed traditional English songs during her time on stage near Princeton Museum as part of the Traditional Music Festival. *



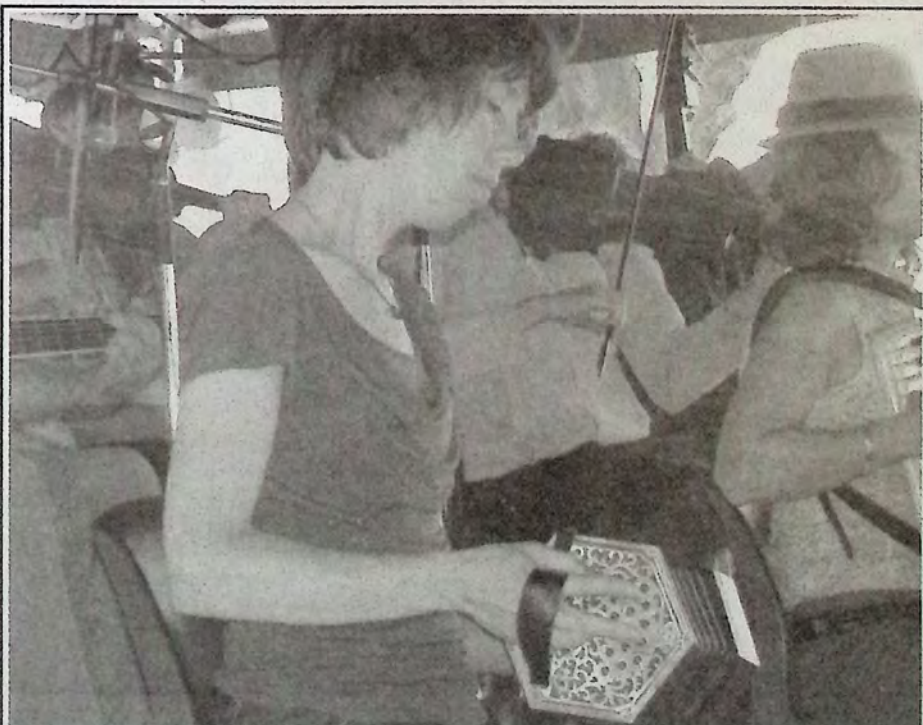
Sue Averill sang 'songs to delight the ear and touch the heart' in her time slot on stage during the Princeton Traditional Music Festival August 21st. *



We were told their job was to 'wander around and look pretty' and we think they accomplished that goal! Youth Ambassadors Taylor Kostiuk and Katelin Marshall. *



A section of Vermillion Avenue was closed to traffic during the Traditional Music Festival. Good thing, too, or we would never have seen this trio performing. *



Princeton Traditional Music Society deserves nothing but praise following the third annual music festival August 20-22. Thanks, Jon and Rika for your efforts! *



The Tweddle Creek forest fire west of Keremeos continued to burn last week. The 450-hectare blaze prompted an evacuation alert August 21st of five homes at the base of the Tweddle drainage. Firefighters were building a guard to protect those properties over the past weekend. Photo: Adam Gullason

Dry weather forces change in streamflow/drought conditions

Due to dry weather in July and record-low river levels in the northern half of British Columbia, Environment Minister Barry Penner announced August 20 that the Peace region has been reclassified to Drought Level 4 (extremely dry conditions).

A high-pressure ridge over the province brought dry, above-average, and in some cases record-setting temperatures for most areas of British Columbia during the past week. River levels in the North continue to fall and in many cases are at or near historic lows. Given the continuation of dry conditions and record-low river levels in the North, Penner is asking British Columbians to conserve water to protect water sources and help manage water demands.

Streamflow Conditions:

In northern B.C., river levels are well below normal. In the Peace region, most tributaries are near or at record minimum low flows for this time of year.

On the North Coast, the Skeena and Stikine rivers are below a 20-year return period low flow.

Flows along the mainstem of the

Fraser River downstream of the confluence of the McGregor River are at 10-year return period low flows. In the Central Interior, the Cariboo region is also dry with the Quesnel and Horsefly rivers between 10- to 20-year return period low flows. In contrast, streams in the Chilcotin region are generally between median and five-year return period low flows.

In the Thompson River area, water levels on most streams are between median and five-year low flows, although the upper Salmon River at Falkland is now below normal. Similar conditions are present in the Similkameen and Okanagan region, with most streams between median and five-year return period low flows. Exceptions are Vaseux, Coldstream, and Mission creeks which are approaching 10-year return period low flows.

In the Kootenay and Columbia areas, streamflow conditions are generally slightly below normal for this time of year.

On Vancouver Island, most river levels on the north island are above average, and streams on the south island are normal for this time of

year. On the South Coast mainland, river levels are at or above average for this time of year.

Drought Level and Water Supply Conditions:

Given the continuation of dry conditions and record-low river levels in the north, the Peace region is now classified at Drought Level 4 (extremely dry conditions). The Skeena and Nass region will be maintained at Drought Level 3 (very dry conditions).

Potential for serious effects on fish and aquatic organisms due to low stream flows, and water supply shortages (including groundwater aquifers) are highly probable.

While many local governments have already implemented water restrictions, Penner is asking people to continue with water conservation measures.

The upper Fraser and middle Fraser River areas, as well as the mid-coastal areas have been classified as Drought Level 2 (dry conditions).

All other areas of B.C. are now classified as Drought Level 1, or normal for this time of year.



Progress was made on the mural on the fire department building last week. Vermilion Artist school bursary winner Rachel Hoiland has been working on the 150 Celebration project. Photo: Brenda Engel

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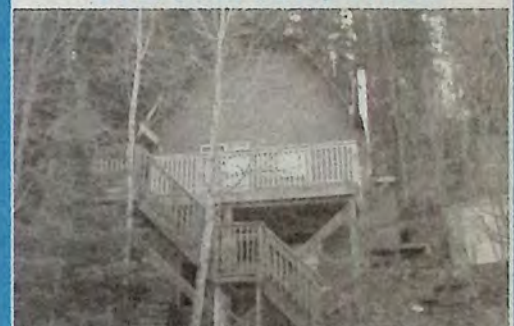
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231 Link Lake Road



Don't miss this! The best priced lake view cabin around! Steps to Link Lake and Osprey Lake just around the corner! Open living area with loft for sleeping or extra guests. Sliding doors open onto deck area overlooking Link Lake. Large storage area under cabin for all of those toys you've been collecting. Bring the whole family to the country and have some fun! **MLS @ 109149 \$219,000**

DL 2080 Chain Lake Road



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