



Similkameen

News Leader

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Tuesday, September 28, 2010



The commercial cardlock project on Burton Avenue has some residents in that area upset with the Town of Princeton feeling that the business should be in the industrial park rather than in a residential area. *

Hens or no hens?

Lori Jwaszko has 10 pet hens. She has learned she is in violation of a Town of Princeton bylaw, and went to Town Council to appeal the order to get rid of her hens. She made an excellent presentation to justify having a bylaw permitting backyard hens, pointing out that major cities allow residents to keep hens.

Jwaszko brought with her a number of letters to Town Council from neighbours indicating they had no objection to Jwaszko keeping hens. She told Council her hens are in a locked coop with an outside yard which has been made to keep out predators. Wastes from the hens are

dug into the soil at her house.

Town Council was in sympathy with Jwaszko. They like the idea of keeping backyard hens. The question arose as to how to write a bylaw that would limit the number of hens to avoid having anyone acquiring a large flock. Living conditions to ensure health safety must be considered as well.

Council agreed not to enforce the bylaw preventing raising hens in town. Council will access the bylaws of other towns regarding keeping hens and will determine suitable wording for a Princeton bylaw to permit backyard hens.

Fairgrounds management group questions future

Princeton Exhibition Association (PXA) met September 21 at the fairgrounds office to discuss some ongoing problems, the most pressing of which is the question of who will operate the complex in the future. Although there is no immediate concern about operation as the grounds are being gradually shut down for the winter, the resignations of President John Bey and Secretary/Treasurer Carol Ruoss have created a void in the PXA executive. Along with the resignations of two of the executive, grounds keeper Peter Ruoss has resigned. This combination has a huge impact on what will happen in the future.

The resignations are not a protest, but a necessity due to health problems. As John Bey expressed it, "I still have the passion, but I don't have the health."

The PXA is a Board of Management for the fairgrounds complex. The facility is owned by

the Town of Princeton, and the PXA is a volunteer group who lease the property from the town and manage the day to day operations. Unfortunately, the volunteer base has shrunk to the point where there are no longer enough people to fill the vacancies on the Board after the resignations take effect in November.

Vice-President Terry Inglis pre-

sented a discussion paper offering a possible solution to the problem. The paper will go to the Rodeo Club, Racing Days Association and Fall Fair Association for consideration. In the preamble to the paper, the value of the property, estimated at \$5 million, and the dollars generated by the facility, estimated at \$1.3 million annually, point up the importance of continuing operation

and maintenance of the facility.

Each user group will discuss the contents of the paper and report back to the PXA at a later date, either at the next meeting on October 19, or at the annual general meeting in November.

On a lighter note, the annual volunteer dinner is scheduled for Friday, October 15. This dinner honours volunteers from the three

major user groups. Anyone who volunteered during the rodeo, the horse races or the fair is invited to attend, with a spouse or guest. Anyone who did volunteer work for the PXA is invited to attend. There is no cost to the individual, as the three user groups contribute to the overall cost. To attend, confirm with Carol Ruoss before October 5 by calling 250.295.7891.

Fall Fair Association reviews results

Keith Olsen, President of the Fall Fair Association, praised the volunteers for the work they did in putting together the 2010 Fall Fair. He remarked that the fair did not earn as much as everyone had hoped, but the BC Fairs judges had given the fair a good rating. Everyone was pleased with that news.

Treasurer Cheryl Ferguson presented a complete income and expense report which will be studied during the next few months. There are still a few bills to pay, and

more income arrived, but the overall result was not bad.

Attendance at this year's fair showed an increase of almost 100 paid admissions over last year's fair. The gate total amounted to 907 people 12 years old and older. Children under 12 pay no admission, and there was an estimated 400 children at the fairgrounds during the weekend.

Head Convenor Dawn Johnson submitted her report. She praised the convenors for doing an excellent job, and identified some prob-

lem areas which must be addressed for next year's fair to make the treasurer's and convenors' jobs run more smoothly.

Thank you notes are being sent out to people who assisted during the fair, and certificates of appreciation are being given to fruit and vegetable producers in Keremeos who donated fruit and vegetables for

decoration and to be sold at the auction at the end of the fair, and to Doug's Homestead, Highway 3 west of Hedley, for his donation to the fair.

No date was set for the next meeting, but the date proposed for the annual general meeting is November 16, and there may not be a meeting until then.

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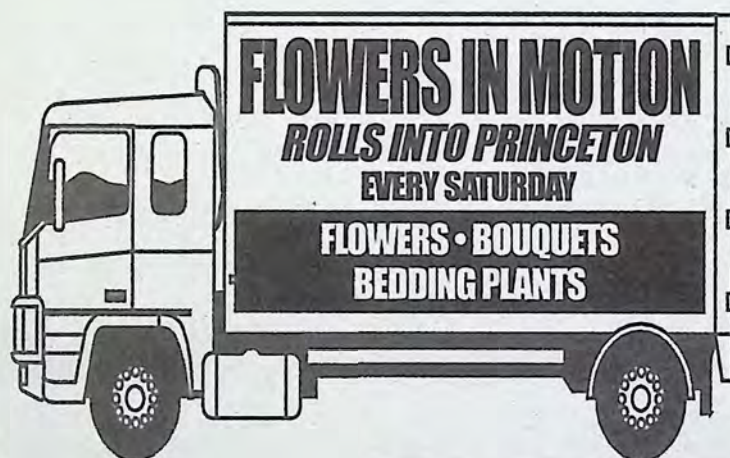


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The very popular Sunflower Gallery on Vermilion Avenue. Photo: Brenda Engel

Arts Council receives grant to fund plan

Under the Creative Communities program, 2010 Legacies Now and the Province of British Columbia are providing \$4,000 to the Princeton Community Arts Council to lead a community engagement process to inform arts and cultural planning for the region.

The announcement was made September 23rd in Vancouver.

The Princeton Community Arts Council will partner with the Town of Princeton to carry out a community cultural plan that will be part of the Town's new strategic plan. This will be used to develop a long-term strategy for arts and culture in Princeton and the surrounding region for the next 10 years.

"The Princeton Arts Council has led a significant resurgence in the

interest of arts and culture in our community," said Town of Princeton Councillor Frank Armitage.

"We are very pleased with the interest and activity centered around their recently established Sunflower Gallery and we support them wholeheartedly in their endeavors. Through their leadership our Riverside Centre has become a focal point in our community."

In this final round of funding for Creative Communities, a total of \$132,000 will be distributed to 14 communities in regions ranging from Vancouver Island east to Lumby, and from the Lower Mainland north to Fort Nelson.

"Creative Communities builds on

the excitement of the 2010 Winter Games by helping communities across B.C. express their unique cultural characteristics," said Kevin Krueger, Minister of Tourism, Culture and the Arts for the Province of B.C.

"By supporting the integration of cultural objectives into municipal planning our arts and cultural sector will continue to see benefits from the Creative Communities program for years to come."

The goal of Creative Communities is to enable local governments to use the arts and cultural sector to achieve social and economic objectives.

Funding was available in three categories: cultural mapping, cultural planning and cultural tourism strategy.

From 2005 to 2010, Creative Communities funding supported B.C. municipalities, local governments and arts organizations to assess cultural resources together with community leaders and develop long-term cultural plans. The impact of Creative Communities has been felt in all four corners of the province as the Province of British Columbia and 2010 Legacies Now have invested more than \$515,000 into 56 Creative Communities projects in B.C.

Bruce Dewar, CEO of 2010 Legacies Now said, "Creative Communities allows communities to discover how arts, culture and heritage benefit their region. Creative Communities ensured arts offerings addressed specific strengths in a community and found opportunities for the sector overall to grow and develop through thoughtful planning."

For more information about Creative Communities visit www.2010legaciesnow.com/creative_communities/.

- submitted



A look inside Sunflower Gallery. Photo: Brenda Engel



Princeton Hospital Auxiliary continues to raise funds through their Thrift Shop located on Vermilion Avenue. Someone was dropping off clothing donations when this picture was taken early one morning last week. *

Hospital Auxillary News

Submitted by: M. Trehearne

This Fall the Princeton Hospital Auxiliary celebrates 100 years of service to our community and our hospital. In 1941 a group of ladies saw the need for a hospital and gave their time and considerable effort to see that one was established here.

The first fund-raising event was a banquet and dance to usher in the New Year of 1911. The Hospital was formally opened on March 3, 1911.

Other fund-raising gala evenings followed, and local folks were generous in donating money, sandwiches, cakes, and such things as the home-grown strawberries for a Spring Tea.

Work for the members had a serious side, too. In 1918, Spanish Flu hit Princeton. Auxiliary members made a daily run with great pots of home-made soup for the Hospital.

By 1920 the aftermath of WWI was still existent and much work had to be done mending and replacing linen supplies at the Hospital. This task of mending continued until quite recently.

The Hospital received financial aid from time to time – Mr. A.E. Irwin not only built the Hospital but loaned the money to get the project under way. In 1921 it was feared that because of financial difficulties the Hospital would have to close.

Local merchants were willing to take partial payment of accounts. At this time the Auxiliary loaned the Board a sum of money, and with these measures the problem

was overcome.

In 1969 our Thrift Shop was opened – first on Bridge Street and now on Vermilion Avenue. This is our main fund-raiser and a popular source of good-quality clothing, books and kitchen utensils. Princeton residents are generous in donating items, and they also come and buy. Their support is greatly appreciated.

With the money raised we buy equipment for the Princeton Hospital, items for which the government has no funds. In early years, the Auxiliary bought bolts of cotton to make into sheets and pillowcases for the Hospital. In 1925 they purchased the first X-ray machine, at a cost of \$1,350. They also raised \$400 towards its installation costs.

As the years passed, equipment became much more technically advanced.

In recent years purchases have included an ECG machine, a fetal monitor, Holter monitors, special beds and mattresses for Ridgewood Lodge.

We hold a pre-Christmas bazaar – this is a colourful day, and great fun for members and customers alike.

We hold in high esteem the ladies who had the vision that led to the founding of Princeton General Hospital, and indeed all the women and men who have been members since those early days.

We value the friendships within the Auxiliary, and are proud of our unbroken chain of 100 years' service to this community.

Similkameen News Leader

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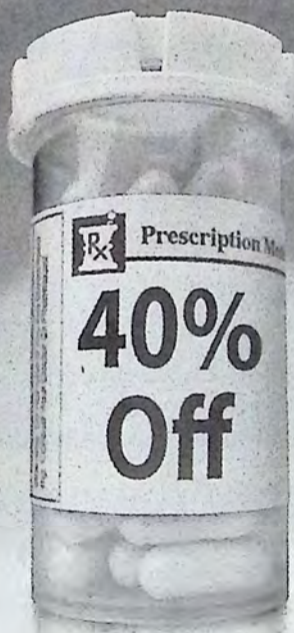
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Keremeos News



BC Minister of Agriculture and Land Steve Thomson, left, poses with Sear Factor winners Ash Bund, Mathieu Belanger and Sandor Koleszar, right, following the contest September 18th. *

Sizzle survives day-long drizzle

Although weather was less than perfect for the 9th annual Similkameen Sizzle – the Keremeos Pepperfest – Saturday, September 18th, it didn't bring a complete end to the daylong event.

Similkameen Country's Colleen Christensen told the News Leader that a total of 200 people braved the cooler temperature and light rain to support the 'retired' Fireman's Breakfast.

The Chili Cook-Off was equally well attended with 175 people casting votes for the six entrants. First Place went to Collin Shore Farm, Cawston with Second Place to Hillbilly Chili, Princeton and Riverside RV Society, Keremeos taking Third Place. The Best Decorated Booth Prize went to Collin Shore Farm.

Jennifer Patterson of Keremeos

won the \$500.00 Travel Voucher, a carry-on luggage bag and a travel adapter from Flight Centre.

The Sear Factor Pepper Eating Contest results were:

1st Prize (\$100.00): Ash Bund from England – 39.8 seconds

2nd Prize (\$ 50.00): Mathieu Belanger of Quebec – 68.4 seconds

3rd Prize (\$ 25.00): Sandor Koleszar of Vancouver – 1:11.2

Other times were: Derek Brown, Keremeos – 1:12.5, Jessie Brown, Keremeos – 1:20.3, Jordan Hakam, Keremeos – 1:29.9, Rita Lepine, Keremeos – 1:41.6 and Michael Moroz, Keremeos – 1:20.3.

Last year's winner, Kelly Dennis, provided a 'timed pepper eating

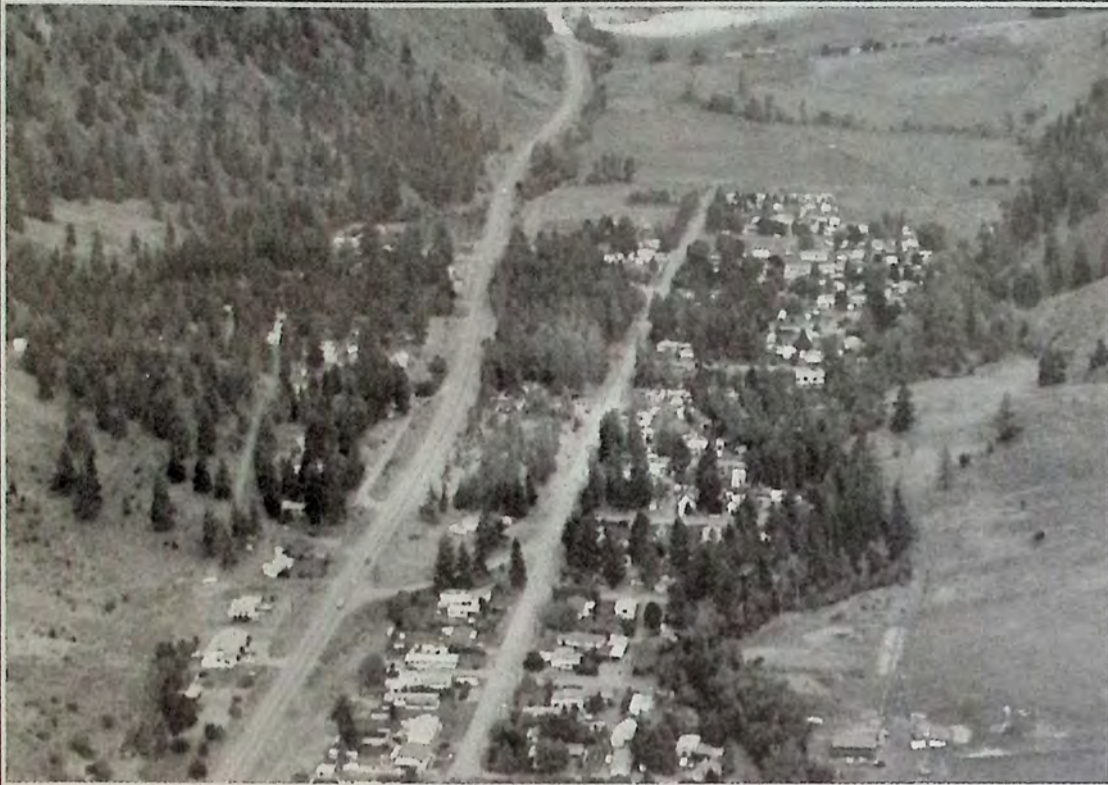
demonstration' and clocked a time of 42.5 seconds.

Similkameen Sizzle organizers thank Similkameen News Leader's George Elliott for organizing the Sear Factor, Brenda Engel for official timekeeping, BC Minister of Agriculture and Land Steve Thomson for being the Celebrity Judge and Harkers Organics for being the official supplier of peppers for the Sear Factor.

Sizzle committee members will meet in a few weeks to review the final figures from the event. Although numbers are expected to be down from the low attendance in the refreshment garden, vendors reported good sales regardless of the cooler and damp weather.



Fan favourite Kelly Dennis shares a laugh with BC Agriculture and Lands Minister Steve Thomson. Photo: Arlene Arlow



The view of Olalla from the air. Photo: Myrl Stus

Smoke alarms: A sound you can live with

by Melanie Bagley, Keremeos Volunteer Fire Department

The theme for this year's Fire Prevention Week is Smoke Alarms: A Sound You Can Live With.

While the theme is determined by the National Fire Protection Association, it is especially timely for BC with the legislation change that occurred in the late spring. Previously, the BC Fire Code required smoke alarms in all existing hotels and public buildings, but did not require them in all existing dwelling units, such as private homes.

It is now provincial law that everyone must have a functional smoke alarm in their home. The new fire code legislation, which took effect May 1, requires the devices be present in every private home, hotel and motel.

During Fire Prevention Week, Keremeos firefighters will be volunteering their time to help inform the public about fire safety.

On Monday October 4th, primary school students will get a chance to meet the volunteer firefighters during a fire drill and educational fire safety session at the Cawston Primary School. A firefighter wearing turnout gear, facemask and breathing apparatus can be intimi-

dating. It is important to give children the opportunity to see a firefighter in full turnout gear and to learn that underneath the Darth Vader, appearance is a trusted community member.

Students will be receiving Fire Safety for Kids, a 40-page book that features information on how to avoid fire, plan an escape route and what to do if fire breaks out. Produced by Community Safety Net, Fire Safety for Kids also offers health and first aid information, along with important safety tips for parents, teachers, and babysitters. Included is an educational DVD that features animated characters, interactive games, and quizzes. It connects to the Community Safety Net web site, where kids can enter online contests and win great prizes. The materials have been provided thanks to the generous support of local businesses and organizations.

According to Community Safety Net, house fires are the third leading cause of death among children - mostly as a result of smoke inhalation. Kids start 30% of these fires. Such sobering statistics illustrate the need for fire safety education among young people.

On Saturday, October 9th firefighters will be at the ValuPlus with

information on fire safety. Irlly Bird has generously donated a fire extinguisher and Similkameen Insurance Agencies and Andrew Sheret LTD have also generously donated other fire safety items for a free draw. Come to ValuPlus and see the firefighters between 10:00 AM and 2:00 PM and enter your name to win.

During Saturday, in support of fire prevention and the Keremeos Volunteer Fire Department, Irlly Bird is offering 10% off smoke detectors, carbon monoxide detectors and fire extinguishers.

Apple Day is October 10th

by Dave Cursons

Apple Day at the Grist Mill is on again this year with an afternoon of music, food, kids activities and a chance to enjoy the Keremeos Grist Mill and Gardens one more time before the 2010 season ends.

It's on Sunday of Thanksgiving Weekend starting at noon.

Grist Mill Operators, Jim and Brenda Miller, join volunteers from the Grist Mill Heritage Club in celebrating the Similkameen's illustrious apples.

A special display of heritage apples will be featured. The Apple Pie

Baking Contest will award prizes and glory to the winners.

The old apple press will be rolled out so that kids can get involved with their folks in making fresh apple juice.

The Keremeos Creek Apple Race is especially for kids but grownups can pitch in to see if they can beat the pack in getting their competing apple downstream from mill to bridge.

For more information on Apple Day or to volunteer with the Grist Mill Heritage Club contact the Grist Mill at 250.499.2888.

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Similkameen News Leader

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The Fire Department will be hosting an 'info meeting' at 6:30 PM, Wednesday, October 13th at the Fire Hall.

If you can't be at this meeting applications are available at the Fire Hall (162-2nd Street) Wednesdays from 6:30 - 7:30 PM and at the Town of Princeton (169 Bridge Street) Monday to Friday during regular business hours.

For further information, speak to a member or call Eric Gregson at 250.295.0110 or Rob Banks at 250.295.7301.

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Health / Lifestyle News

Keep it safe with autumn chores

(NC)—With the long, hot days of summer behind us, many people are turning their thoughts to fall chores like raking leaves and cleaning out gutters. This is a great time to get out and enjoy the cooler weather, but it's important to take precautions to avoid the aches and sprains that can often go along with these tasks. *The Alberta College and Association of Chiropractors offers the following health and safety tips to avoid injury this fall:*

1. Warm up and cool down.

It may not seem like a workout, but one hour of raking can burn nearly 300 calories. Warm up for at least 10 minutes by walking and doing stretching exercises to prevent straining your shoulders, neck and back. When you're done your work, gentle stretching exercises will help

relieve tension in your muscles.

2. Choose the right tools.

Use a rake that is the right size for your height and stature. Try to choose one with an ergonomic handle for comfort, ease of use and to prevent back strain.

3. Wear the right clothing.

Wear lightweight clothing that will keep you warm without trapping sweat. Shoes should be sturdy to help prevent injuries to your feet and have slip-resistant soles to minimize the risk of falling. Wear gloves to provide traction on the rake handle and prevent blisters on your hands.

4. Practice proper position.

Stand upright and vary your movements often to avoid overusing muscle groups. Bend at the knees and not the waist when picking things up. Avoid tossing leaves over your

shoulder or to the side, which could place undue strain on your back. Instead, step to the side so your whole body switches position, not just your shoulders and back.

5. Practice ladder safety.

Ensure your ladder is in good repair with no loose screws, hinges or rungs and is positioned on a firm, level surface and angle the ladder approximately 75 degrees from the ground. Always face the ladder when climbing and descending, and never sit or stand on the top of the ladder. Use the right ladder for the job—step stools or utility ladders for low heights and extension ladders to reach high places.

6. Take frequent breaks.

Rest every 10 to 15 minutes as repetitive tasks can cause strain on your muscles and joints. Drink plenty of water to maintain hydration and stretch to relieve any tension that has built up in your back, shoulders and/or neck.

If you or your family experience back pain this fall, seek relief from your chiropractor. Your chiropractor is an expert in back, muscle and joint pain and is specifically trained to diagnose and effectively treat them. More information, including how to find a chiropractor near you, can be found online at www.albertachiro.com.

- News Canada

Backpack safety for back to school

(NC)—Backpacks can be fun, fashionable, functional and when used correctly, incredibly handy. But carrying a heavy load unevenly or improperly can result in poor posture and even distort the spinal column, causing muscle strain, headaches, back, neck and arm pain, and even nerve damage. So what do you need to know to ensure your child's pack doesn't become a pain in the back—literally?

No matter how well designed the backpack, health care professionals recommend that kids carry no more than 15 per cent of their body weight—but less is always better. If you don't know what 15 per cent feels like, try using the bathroom scale to weigh the pack. You may be surprised at the weight.

Make sure your child uses both shoulder straps to evenly distribute weight—slinging the pack on one side can cause the spine to lean, putting stress on the joints and muscles of the mid and lower back. Tighten the straps to ensure the backpack fits closely to the body and sits two inches above the waist.

Encourage your child to use their locker or desk frequently throughout the day to avoid carrying the entire day's worth of books on their back. Also make sure they aren't carrying around extra items—laptops, CD players and video games can add significant weight. For those items they do need, use all of the backpack's compartments, putting heavier items, such as textbooks, closest to the centre of the back.

Picking up the backpack correctly can also help your child avoid injuries. Teach them to bend at the knees and grab the pack with both hands when lifting it to the shoulders,

making sure not to twist while lifting. They should put on one shoulder strap at a time and adjust straps for a proper fit.

To ensure your child's back is healthy and strong, consult a chiropractor. They can teach you and your child how to pack, lift and carry a backpack properly to prevent injury. More information, including where to find a chiropractor near you, can be found at www.albertachiro.com.

Living Past 100

Guard Against Anemia

A young woman fainted on the job. An ambulance was called. She was taken to the emergency room. She admitted she had been feeling quite exhausted for a couple of weeks, and had tried to get as much sleep as possible, but nothing seemed to help. A simple blood test showed she was anemic.

What is anemia? When the body lacks iron, the red blood cells cannot carry enough oxygen to the cells, and consequently, fatigue sets in, even to the point of collapse. The young woman mentioned above had recently given birth, and she had recommenced her monthly menstrual cycle. Blood loss often leads to an anemic condition, but there are other causes.

Not enough iron in your diet can lead to anemia. So can cancer, particularly cancer of the bowels. Too much coffee or caffeinated drinks can deplete the iron content in your blood. The liver, which stores iron, may not release enough, but this is not the usual problem.

In our efforts to eat properly and not build up too much iron, most foods today are no longer fortified with iron. Trying to reduce cholesterol may contribute to a need for more iron, as good sources of iron are eggs, liver, and meat. Prunes, blackstrap molasses, garbanzo beans, blackbeans, pinto beans, navy beans and lima beans are excellent sources of iron, providing one-third of your daily requirement. Rice bran (on brown rice), peaches, lentils, spinach, beets, chard, millet, pumpkin seeds, oatmeal, butternut and acorn squash are all sources of iron. Dates, tomato juice, raisins and wheat bran provide iron.

Your body needs 10 to 18 milligrams (mg.) of iron every day. Some of the symptoms of iron deficiency are pale skin, feeling tired all of the time, shortness of breath, weakness, and a slowing of all of your body's vital functions. A simple blood test can tell your doctor if you need an iron supplement. Never diagnose your own symptoms and start taking iron without this test. When you have been tested, your doctor will recommend the best supplement to take and for how long. Remember, too much iron can be dangerous and can lead to serious health complications. Too little iron can lead to serious anemia and even death. Don't play around with your iron levels if you want to live past 100.

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This Week - 11 Years Ago

Celebrating Princeton's 150th

W. George Elliott - Owner/Publisher Similkameen News Leader

News Leader - September 28, 1999

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- Inside Story**
- Wine fun page 3.....
 - Court page 2.....
 - T.L. Timber page 9.....
 - Hockey page 28.....
- Bear shot near school**
- PRINCETON - Conservation Officer Al Lay states he shot a black bear at the rear of John Allison Elementary School just after dawn on September 20. Lay

Youth dies in hit and run



Dean Wickson and Steve Kovacs show a turbine (jet) plane. Bill Wiens and Gerard McHale (right) show a propeller model at Princeton airport. They'll be back. See story page 5.

The end of the party

A 14 year old Keremeos boy was killed by a hit and run driver on Astrola River Road approximately 1.7 kilometres from the Red Bridge near Keremeos. The boy was hit around 2:00 a.m. shortly after he left a party in the vicinity. The youth was pronounced dead at the scene. The family was notified, but no names were released by police. Keremeos R.C.M.P. requested assistance from anyone who had any knowledge about the accident, and asked witnesses to come forward.

Hart sees Highway 97 as the Inland Corridor

Jim Hart, local Member of Parliament, attended the B.C.-Washington Inland Corridor Task Force planning session in Osoyoos and presented the B.C. provincial government for much-needed improvements to the section of Highway 97 and Peachland. It would appear Hart expects the corridor to go through the Okanagan, a route truckers do not favour. Truckers prefer the Similkameen route. Princeton Town Council announced at their September 20

Hart told Senator Ross Fitzpatrick and Liberal MP Lou Sekora, "When the House returns next month, all the Okanagan Reform MPs will be pressuring the government to bring Highway 97 to the forefront of the national agenda. It is vitally important to the economic growth of our region to improve the North-South flow of

The September 28, 1999 front page of the Similkameen News Leader.

Horses, a black bear and killer bugs

MP Jim Hart attended the BC/Washington Inland Corridor Task Force planning session in Osoyoos this time eleven years ago. At the time Hart pressured the BC provincial government for much-needed improvements to Highway 97 near Peachland.

"When the House returns next month, all the Okanagan Reform MPs will be pressuring the government to bring Highway 97 to the forefront of the national agenda," Hart told Senator Ross Fitzpatrick and Liberal MP Lou Sekora.

"It is vitally important to the economic growth of our region to improve the North-South flow of goods, services and people."

A Horse Racing Review commissioned before the BC government's

June 1999 decision to end gaming expansion signaled a desire from Victoria to seek public input on horse racing.

At the time there were seven race-tracks in the province, including Princeton and Osoyoos. The report indicated the horse racing industry (live and through teletheatre locations) had a total economic impact of more than \$190-million and created 4,040 full-time jobs.

Conservation Officer Al Lay shot a black bear behind John Allison Elementary School just after dawn September 20, 1999. Lay had become concerned about the bear's boldness on the previous Sunday, when the bear had walked down a residential street in mid-afternoon without showing any sign of fear.

Lay estimated the male bear weighed about 300 pounds and was approximately six years old. Many other reports of bears causing trouble resulted in the shooting of another black bear before the week was over.

Merritt Forest District personnel took Councillors Kathy Clement, George Armstrong and Dan Sulentic on a tour of forest damage done by mountain pine beetle in the Whipsaw Creek area. All expressed astonishment and dismay at the extent of what is commonly called 'bug kill.'

"I was amazed at the amount of bug kill up there," Sulentic told Mayor Randy McLean at the September 20, 1999 Town Council meeting.

The benefits of ETS are realized by shifting energy usage from high consumption (on-peak) hours to low consumption (off-peak) hours. During the off-peak hours, ETS heating equipment converts electricity to heat and stores that heat. When the room thermostat calls for heat, this stored electric heat is discharged into the home or application to satisfy the heating requirements. The amount of heat stored in the core of the heater equipment is regulated in relation to weather conditions. A room thermostat monitors room air temperature and regulates heat delivery as needed, providing comfort 24 hours a day.

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Town of PRINCETON

Town of Princeton
Zoning Amendment Bylaw No. 838, 2010
 Pursuant to the provisions of Section 893 of the Local Government Act, notice is hereby given that Town Council will consider amending the Town of Princeton Zoning Bylaw No. 646, 1994. The proposed Amendment is as follows:

Town of Princeton Zoning Bylaw No. 646, 1994

That Lot 37, District Lot 361, Yale Division Yale District, Plan 20867, PID 006-742-611 (civic address 100 Glenview Crescent), be rezoned from Single Family Residential (RS1) to Two Family Residential (RD).

The purpose of the zoning amendment is to facilitate the development of a secondary suite at 100 Glenview Crescent.
 The Council of the Town of Princeton will meet and hold a Public Hearing October 18, 2010 at 7:00 pm in the Council Chamber at Town Hall to consider the following proposed Zoning Bylaw amendments.

All persons who believe their interest in property is affected by the proposed by-laws will be afforded an opportunity to be heard in person and/or by written submission. Written submissions will be accepted up to the conclusion of the Public Hearing. If you are submitting a written submission prior to the Public Hearing, please submit it to the CAO office at Town Hall. Council will receive no representations on these bylaws after the close of the Public Hearing.

A copy of the subject Bylaw No. 838, 2010 (100 Glenview Crescent, ter Keurs) is available for examination during normal business hours 8:30 a.m. to 4:30 p.m., Monday to Friday except statutory holidays in the Town Office, 169 Bridge Street, Princeton, B.C.
 Given under my hand this 21 day of October, 2010.

Patrick Robins, CAO
 Town of Princeton

Similkameen Sizzle - Keremeos



Family entertainer Matt Duffus performs on the 'small stage' adjacent to the gazebo in Memorial Park during Similkameen Sizzle, September 18th. Photo: Arlene Arlow



50/50 draw winner Valerie Jackson, left, displays her winning ticket with Similkameen Country Manager Colleen Christensen. She won \$125.50. Photo: Arlene Arlow



Cooler weather and light rain did not slow down those who enjoyed the live entertainment provided all day in Memorial Park as part of Similkameen Sizzle. *



Keremeos and Cawston area 'farm workers' took full advantage of the festive atmosphere September 18th and got involved during Similkameen Sizzle. *



Princeton's Dana Stevens returned to the Similkameen Sizzle Chili Cook-Off to defend his First Place win. His chili was good enough for Second Place this year. *



Children's activities during Similkameen Sizzle September 18th included a climbing wall, face painting and various games and displays in Memorial Park. *



News Leader Entertainment

Similkameen News Leader TV Guide Listings - September 28 - October 5, 2010



Princeton's Conner Skagen and Zach Tjader of Kamloops introduce themselves September 24th. *

Posse rain on Storm

Princeton Posse hosted Kamloops Storm Friday, September 24th in what was without a doubt the most exciting hockey game played so far this season in Princeton Arena.

Both teams worked hard and fast trying to get on the scoreboard first and it wasn't until Princeton's Ben Reinbolt beat two Kamloops players inside the blue line and flipped the puck up and over Storm goalie Lynden Stanwood's shoulder. The unassisted, short-handed goal was at 10:18 of the first frame.

It fired up both teams as they battled to the end of the period.

Then only 21-seconds into the second period Princeton's Spencer Kristensen reacted to a pass from Lee Muir and scored the Posse's second goal. Derrick DeLisser earned an assist on that play.

Kamloops got on the scoreboard at 17:21 (Cody Koskimaki from Josh Rasmussen and Kurtis Bond).

By this time there was evidence that players were irritating each other and it wasn't long after a call against a Kamloops player for unsportsmanlike conduct that Zach Tjader challenged Princeton's

Conner Skagen. Both earned fighting penalties and game misconducts.

Princeton capitalized on the off balance Kamloops team scoring two more times on two different goalies (9:02 - Nick Ceconi from Devon Grossler and Alex Demchuk and at 5:11 - Spencer Kristensen from Matt Drapeau).

Kamloops narrowed the gap with their second goal of the night at 4:00 (Sheldon Trees from Bevin Ollek).

Princeton turned the jets on once more scoring a power play goal against Tim Zwiers, who went in goal for Kamloops half way through the period.

The goal, Spencer Kristensen's third of the night, was made possible with help from Derrick DeLisser and Lee Muir. The time of the goal was 2:34.

Kamloops managed another goal at 9:10 of the third period, but it was obvious at the time that Princeton was in complete control of the situation.

Kristensen's hat trick pushed him into the Top 20 on the KIJHL

League Leaders Chart sitting at 12th overall with 7 points (5 goals and 2 assists).

Posse team Captain Derrick DeLisser had a two-point night, which also moved him up the League Leaders Chart to 14th overall with 7 points (3 goals and 4 assists). Princeton's Lee Muir also had a two-point night.

Shots on goal: Princeton 33, Kamloops 28. Penalties in minutes: Kamloops 13 for 50-minute, Princeton 9 for 29-minutes.

Final score: Princeton 5, Kamloops 3. The win improves Princeton's record to 2-5. The Posse play host to Osoyoos Coyotes Friday, October 1st.

Similkameen News Leader

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Similkameen Sizzle - Keremeos



Similkameen Sizzle was a 'play day' for Keremeos/Cawston area farm workers to let their hair down and have some fun during the pepper festival. *



The concept of Similkameen Sizzle is simple - celebrate the pepper. And there are so many different kinds! The 9th annual 'Sizzle' was on September 18th. *



Live entertainment in Memorial Park during Similkameen Sizzle was provided by Gary Comeau and the VooDoo All-Stars. They were enjoyed by all in attendance. *



Special 'celebrity judge' during Sear Factor - the Pepper Eating Contest - was MLA Kelowna-Mission Steve Thomson, the Minister of Agriculture and Lands. *



Similkameen Sizzle organizers work hard to ensure there is a family atmosphere during the annual pepperfest. Children's activities assist in achieving that goal. *



Her name is 'CoCo' and she provided a bit of musical entertainment during the Similkameen Sizzle on Saturday, September 18th in Memorial Park, Keremeos. *

TUESDAY, SEPTEMBER 28, 2010

	WTBS (3)	CHBC (4)	KNOW (5)	KSPS (6)	KHQ (7)	KREM (8)	A&E (9)	KXLY (10)	BCTV (11)	CITY (12)	CBC (13)	YTV (18)	TSN (19)	VTV (22)	DISC (24)	FAM (26)	CITY (29)	SPIKE (44)	TROP (45)
6 AM	Cosby	(5:30) Morning News (N)	Little Bear (6:35)	Thomas Lions	News (N)	News	Billy	News	(5:30) Morning News (N)	(4:30) Morning News (N)	CBC News Now	Being Ian Rollbots	SportsCentre	Canada AM	Daily Planet	Henry's Feet	CityLine	CSI: NY	Real Remo
7 AM	S. Harvey		Hi-5	Arthur (E) Martha	Today Marlo Thomas	The Early Show (N)	Billy	Good Morning America (N)			Artzooka (DVS)	League Pokemon	SportsCentre		Storm Chasers	Mickey Mickey	The Nate Berkus Show	Pros vs. Joes: All Stars	Buy Me
8 AM	Lyrics		Magie Bus	Curious Cat in the	Phil Collins (N)		Billy		100 Huntley Street	Bo On/Go Busytown	SpongeBob Kid vs. Kat	SportsCentre		Mayday	Manny Manny	Rachael Ray	Pros vs. Joes: All Stars	Whatever	
9 AM	Family Fd	100 Huntley Street	Clifford George S.	Super Why! Dinosaur		The 700 Club	Billy	Live With Regis & Kelly	100 Huntley Street	World Vision	Super Why! News	Timothy Berenstain	SportsCentre	Live With Regis & Kelly	Daily Planet	Feet Agent Oso	Role Amazing	CSI: NY	Restaurant Makeover
10 AM	The Investigator	Canada	(10:01) Franklin Bus safety.	Sesame Street (N) (E)		The Price Is Right (N)	Billy	The View (N)	Canada	City	Poko	(9:50) Little	Youth Olympic Games	The View (N)	How/Made	Mickey	EP Daily	CSI: NY "Buzkill"	The Nanny
11 AM	Forensics Evidence	World Vision	Rolie Polie Berenstain	Sid Sit-Be Fit	Ellen DeGeneres Show	Young & Restless	Billy	Paid Prog.	World Vision	Noon News Hour (N)	Gofrette dirtgirl	George S. (11:35) Erky	Fish Flats UEFA Champions League Soccer: Partizan vs Arsenal	Fashion	Mayday	Suite Life	CityLine	CSI: Crime Scene	Gold Girls
12 PM	Jim King	Noon News Hour (N)	Arthur Dinosaur Train (N)	Charlie Rose	Paid Prog. Dragon	News Bold	Billy	All My Children (N)	Noon News Hour (N)	Days of our Lives (N)	CBC News Now (N)	Mr. Men (12:25) Kid		etalk	I Could Do	Wizards Hannah	General Hospital (N)	CSI: Crime Scene	America's Worst Driver
1 PM	Friends	Days of our Lives (N)	Your Brush Wibbly Pig	Days of our Lives (N)	Let's Make a Deal (N)	Let's Make a Deal (N)	Billy	One Life to Live (N)	Days of our Lives (N)	End Leash Debt Part	Heartland (DVS)	(12:50) Viva (1:20)		Sue Thomas F.B.Eye	Motor City Motors	Cory Recces	Jdg Judy	CSI: Crime Scene	The Marriage Ref (N)
2 PM	Earl King	Young & Restless	The Ocean Room "Birds of Play"	Barney WordWorld	Judge B. Judge B.	Let's Make a Deal (N)	Billy	General Hospital (N)	Young & Restless	The Doctors	Steven and Chris (N)	Casper's Garfield	Off Record	Dr. Phil	MythBusters	Replacemn School	CityLine	CSI: Crime Scene	Gold Girls
3 PM	The Office	The Doctors	WordGirl Electric	The Doctors	Dr. Phil		Billy	Rachael Ray	The Doctors	Young & Restless	Recipes Air Farce	OddParent League	SportsCentre (Live)	(2:59) The Dr. Oz Show (N)	I Could Do Destroyed	Life Derek Suite Life	CityNews at 6 (N)	CSI: Crime Scene	Restaurant Makeover
4 PM	Family Guy	Oprah Winfrey	Fetch! Ruff	Jdg Judy	Oprah Winfrey		Billy	Seinfeld	Oprah Winfrey	(3:59) Early Global Nat.	Ghost Whisperer	SpongeBob Fanboy	NHL Preseason Hockey: Buffalo Sabres at Ottawa Senators.	Ellen DeGeneres Show	Daily Planet (N)	Phineas Phineas	Law & Order: SVU	Ways Die	Buy Me
5 PM	Browns Payne	Early News	George Shrinks	BBC News	News (N)	News	Billy	News	Early News	(4:59) News Hour (N)	CBC News: Vancouver (N)	OddParent	SpongeBob	CTV News at Five (N)	How/Made	Wizards Hannah	The Biggest Loser A contestant is eliminated.	Ways Die	America's Worst Driver
6 PM	Law & Order: SVU	Global Nat.	Dogs/Job Parks	PBS NewsHour (N)	News (N)	News	Billy	News	(5:59) News Hour (N)	ET Canada	Coronation	iCarly	NHL	CTV News (N)	Destroyed	Wizards	Ways Die	The Marriage Ref	
7 PM	Seinfeld	Ent	Ancient Chues	"Naturally Obsessed"	Jeopardy! Wheel	The Dr. Oz Show (N)	Billy	Ent	Ent	The Good Wife (N)	Wheel Jeopardy!	iCarly	Preseason Hockey: Phoenix Coyotes at Calgary Flames.	etalk	Swamp Loggers (N)	Sonny Hannah	Parenthood (N)	Ways Die	Family Guy
8 PM	Movie: "Varsity Blues"	Glee "Britney/Brit tany"	Hot Rocks "Japan"	The Tenth Inning "Top of the Tenth"	The Biggest Loser A contestant is eliminated.	NCIS (N)	Billy	No Ordinary Family (N)	Glee "Britney/Brit tany"	Glee "Britney/Brit tany"	Mercer 22 Minutes	Chris 8, Rules	Sports	Dancing With the Stars	Daily Planet	Suite/Deck	News	BlueMount	Buy Me
9 PM	Movie: "Varsity Blues"	NCIS: Los Angeles (N)	49 Degrees	(N)	NCIS: Los Angeles (N)	NCIS: Los Angeles (N)	Billy	Dancing With the Stars	NCIS: Los Angeles (N)	NCIS: Los Angeles (N)	Being Erica (N)	8, Rules	Billiards	Destroyed	Majority Buzz	Daisy of Love	Knockout Sports	Family Guy	
10 PM	Movie: "Varsity Blues"	The Good Wife (N)	Blooded But Unbowed	The Tenth Inning "Top of the Tenth"	Parenthood (N)	The Good Wife (N)	Billy	(10:01) Detroit 1-8-7 (N)	The Good Wife (N)	News Hour Final (N)	National	Madison Family Biz	Billiards Speed	Law & Order: SVU	Swamp Loggers	Judge B. Judge B.	Star Trek: Voyager	Parking	
11 PM	Movie: "Varsity Blues"	CHBC News Final (N)	J'ust: To Rise Again	(DVS)	News (N)	News	Billy	News	News Hour Final (N)	ET Canada	George S Ron James	Prank Ptrl	SportsCentre (Live)	CTV News	How/Made	So Raven	Paid Prog.	America's Worst Driver	

WEDNESDAY, SEPTEMBER 29, 2010

	WTBS (3)	CHBC (4)	KNOW (5)	KSPS (6)	KHQ (7)	KREM (8)	A&E (9)	KXLY (10)	BCTV (11)	CITY (12)	CBC (13)	YTV (18)	TSN (19)	VTV (22)	DISC (24)	FAM (26)	CITY (29)	SPIKE (44)	TROP (45)
6 AM	Cosby	(5:30) Morning News (N)	Little Bear (6:35)	Bob Build Lions	News (N)	News	The Glades	News	(5:30) Morning News (N)	(4:30) Morning News (N)	CBC News Now	Being Ian Rollbots	SportsCentre	Canada AM	Daily Planet	Henry's Feet	CityLine	CSI: NY	Bootcamp
7 AM	S. Harvey		Hi-5	Arthur (E) Martha	Today Miranda Lambert	The Early Show (N)	CSI: Miami	Good Morning America (N)			Artzooka (DVS)	Beyblade Pokemon	SportsCentre		Storm Chasers	Mickey Mickey	The Nate Berkus Show	Pros vs. Joes: All Stars	End Leash
8 AM	Lyrics		Magie Bus	Curious Cat in the	Ingrid Hoffman (N)		CSI: Miami		100 Huntley Street	Bo On/Go Busytown	SpongeBob Kid vs. Kat	SportsCentre		Deadliest Catch	Manny Manny	Rachael Ray	Pros vs. Joes: All Stars	Whatever	
9 AM	Family Fd	100 Huntley Street	Clifford George S.	Super Why! Dinosaur		The 700 Club	The First 48	Live With Regis & Kelly	100 Huntley Street	Hospital for Sick Kids	Super Why! News	Timothy Berenstain	SportsCentre	Live With Regis & Kelly	Daily Planet	Feet Agent Oso	Role Amazing	CSI: NY	Restaurant Makeover
10 AM	The Investigator	World Vision	(10:01) Franklin Pumpkin.	Sesame Street (N) (E)		The Price Is Right (N)	The First 48	The View (N)	World Vision	Big Flip Stagers	Poko	(9:50) Little	Youth Olympic Games	The View (N)	How-Made	Mickey	EP Daily	CSI: NY	Dawson's Creek
11 AM	Forensics Evidence	Canada	Rolie Polie Berenstain	Sid Sit-Be Fit	Ellen DeGeneres Show	Young & Restless	Jewels	Paid Prog.	Canada	Noon News Hour (N)	Gofrette dirtgirl	George S. (11:35) Erky	NHRA Drag Racing: O'Reilly	Fashion	Destroyed	Suite Life	CityLine	CSI: Crime Scene	Gold Girls
12 PM	Jim King	Noon News Hour (N)	Arthur Dinosaur Train (N)	Charlie Rose	Paid Prog. Turbo	News Bold	The Glades	All My Children (N)	Noon News Hour (N)	Days of our Lives (N)	CBC News Now (N)	Mr. Men (12:25) Kid	Super Start Batteries Fall	etalk	Dirty Jobs	Wizards Hannah	General Hospital (N)	CSI: Crime Scene	Intervention "Casie"
1 PM	Friends	Days of our Lives (N)	Oil Painting Wibbly Pig	Days of our Lives (N)	Let's Make a Deal (N)	Let's Make a Deal (N)	CSI: Miami	One Life to Live (N)	Days of our Lives (N)	End Leash Debt Part	Heartland Ty returns.	(12:50) Viva (1:20)	Nationals. (Taped)	Sue Thomas F.B.Eye	Swamp Loggers	Cory Recces	Jdg Judy	CSI: Crime Scene	I Survived
2 PM	Earl King	Young & Restless	The Ocean Room "Box Day; Shorter Circuits" (N)	Barney WordWorld	Judge B. Judge B.	Let's Make a Deal (N)	CSI: Miami	General Hospital (N)	Young & Restless	The Doctors	Steven and Chris (N)	Casper's Garfield	Off Record	Dr. Phil	MythBusters	Replacemn School	CityLine	CSI: Crime Scene	Gold Girls
3 PM	The Office	The Doctors	WordGirl Electric	The Doctors	Dr. Phil		The First 48	Rachael Ray	The Doctors	Young & Restless	Recipes Air Farce	OddParent League	SportsCentre (Live)	(2:59) The Dr. Oz Show (N)	I Could Do Destroyed	Life Derek Suite Life	CityNews at 6 (N)	CSI: Crime Scene	Restaurant Makeover
4 PM	Family Guy	Oprah Winfrey	Fetch! Ruff	Jdg Judy	Oprah Winfrey		The First 48	Seinfeld	Oprah Winfrey	(3:59) Early Global Nat.	Ghost Whisperer	SpongeBob Penguins	Boxing (Taped)	Ellen DeGeneres Show	Daily Planet (N)	Phineas Phineas	Law & Order: SVU	UFC Unleashed	End Leash
5 PM	Movie: "Forces of Nature"	Early News	George Shrinks	BBC News	News (N)	News	Dog the Bounty Hunter	News	Early News	(4:59) News Hour (N)	CBC News: Vancouver (N)	OddParent	SpongeBob	CTV News at Five (N)	Swamp Loggers	Wizards Hannah	Undercover s (N)	UFC Unleashed	Intervention "Casie"
6 PM	Movie: "Forces of Nature"	Global Nat.	Dogs Parks	PBS NewsHour (N)	News (N)	News	Dog the Bounty Hunter	News	(5:59) News Hour (N)	ET Canada	Coronation	Weird	Into the Wind (N)	CTV News (N)	Scenario	Wizards	Cougar	UFC Unleashed (N)	I Survived
7 PM	Seinfeld	Ent	Rivers Rescue	World Series	Jeopardy! Wheel	The Dr. Oz Show (N)	Seagal	Ent	Ent	Shattered	Wheel Jeopardy!	iCarly	Sports	etalk	Mayday (N)	Sonny Hannah	The Whole Truth (N)	The Ultimate Fighter (N)	Family Guy
8 PM	Law & Order: SVU	Survivor: Nicaragua (N)	Mao: A Chinese Tale	The Tenth Inning Boston Red Sox win the World Series. (N)	Undercover s (N)	Survivor: Nicaragua	Biography	The Middle Better With	Survivor: Nicaragua (N)	Survivor: Nicaragua (N)	Dragons' Den (N)	Chris 8, Rules	Preseason Hockey: Canucks at Sharks	Can Dance	Daily Planet	Suite/Deck	News	Best of PRIDE Fighting	End Leash
9 PM	Movie: "Forces of Nature"	NCIS (N)	New Year's Concert 1987	Law & Order: SVU	Criminal Minds "JJ" (N)	(9:01) Dog the Bounty Hunter	(9:01) Dog the Bounty Hunter	Family Cougar	NCIS (N)	NCIS (N)	The Tudors (N)	What I Like	Criminal Minds "JJ" (N)	Mayday	Majority Buzz	I Love Money	The Ultimate Fighter	Family Guy	
10 PM	Movie: "Forces of Nature"	Shattered	Homo Tulexus	The Tenth Inning (DVS)	Law-Order L.A.	The Defenders (N)	(10:01) Dog the Bounty Hunter	The Whole Truth (N)	Shattered	News Hour Final (N)	National	Madison Family Biz	SportsCentre (Live)	Law-Order L.A.	Swamp Loggers	Judge B. Judge B.	Star Trek: Voyager	Hoarders	
11 PM	TBA	CHBC News Final (N)	J'ust: To Rise Again	(DVS)	News (N)	News	Seagal	News	News Hour Final (N)	ET Canada	George S Ron James	Prank Ptrl	SportsCentre (Live)	CTV News	Scenario	So Raven	Paid Prog.	Best of PRIDE Fighting	Intervention "Casie"

Similkameen News Leader - Horoscopes

September 29 - October 6, 2010

Aries - You are in a phase where you are learning a lot about one to one relationships of all kinds. If you are not resistant, you can become enlightened about how to deal with others. Learn to share and discuss.

Taurus - You may be involved in a lusty, romantic relationship now. Make sure it is in your best interests. Job demands may make you tired or stressed. Rest, take care of your health. This is a longterm situation. Persist, persevere.

Gemini - If life doesn't seem like much fun, take a deep breath and dig in. You are in a longterm phase in which you can't be carefree. At the same time, if you use your creative skills in work, you can achieve a lot.

Cancer - Your home and property can seem depressing, needing repairs, work, and diligence. You may feel cut off from family members. You need to look at all of the problem areas and take steps to correct them step by step. Schedule!

Leo - You are not very communicative these days, and when you do talk, it is usually about serious or job-related matters. Work around home can be rewarding now, and you can make some big improvements. Enjoy work.

Virgo - You are well into a new phase in which you must be clever about money and possessions. A partner can bring real benefits. Work hard at getting along with siblings and neighbours. Working with others will pay off later.

Libra - The two-year maturing phase is in full force now. You must focus on responsibilities, meeting commitments. You could be tempted to spend on things you don't need just because it's fun. Wrong! Settle down, work.

Scorpio - You want to have a lot of fun now and this is a good time to do it. You do have some worries, and you will find you can solve health problems now. Health improves, energy levels climb. Look for luck, silver lining.

Sagittarius - Focus on solid plans for the future. Check health; stress-related problems may be showing up. Work off stress through physical activity you enjoy. Good things happen at home, with family. Enjoy!

Capricorn - Career may be demanding or just seem like a burden. Take time to work on plans that will make the future flow more smoothly. Older folk may need attention, care. Sibling may surprise you with news or sudden visit.

Aquarius - With the right attitude, your career can now be a source of not only hard work, but fun as well. Make the most of this trend, as it brings earned luck. If you need to travel, this is a good time. Watch spending.

Pisces - Right now, you make good luck for others by coming up with bright ideas, innovations, and highly creative solutions. Your energy levels are good. You can gain through business travel now: people you meet bring benefits.

Small Business 101

CFIB - Canadian Federation of Independent Business

170,000 reasons to stop the paycheque tax grab!

by Brian Bonney, CFIB Director of Provincial Affairs, BC

On January 1, 2011, you and I are going to take a pay cut thanks to rising Employment Insurance (EI) taxes on our paycheques. As payroll taxes go up, our take-home pay will go down and 170,000 of us could lose our jobs.

Here's why.

Several years ago, the federal government appointed an independent board to set EI premiums. The board is mandated to ensure that the EI account stays balanced, that employment insurance is there when you need it and that premiums are only used for EI purposes.

Those are laudable goals, except the board was only given a \$2 billion cushion to get started. Then the recession hit, and to its credit, the federal government stepped in and froze EI premiums in 2009 and 2010 to help provide stability. It was a positive move at the time as it's never wise to make payroll

more expensive, particularly during a recession.

So what has happened to the EI money we have been paying all these years? Good question. The surplus, the money you have been paying into the EI fund to be there for you on a rainy day, grew to \$57 billion.

That money was siphoned off into general government revenue by both the federal Liberals and the federal Conservatives. Now that the government used our money, they are going to make us build the EI fund up AGAIN by increasing our payroll taxes!

Things are going to get really ugly. In fact, the recommendation is that EI premiums increase to the maximum allowable level in 2011. If increases continue for the next four years, as expected, we'll face a whopping 35 per cent increase in EI taxes.

And if you think workers are concerned, so are employers. For every

\$1 workers pay in EI premiums, employers pay \$1.40 on their behalf. Payroll taxes are a direct cost on employment for business owners, plain and simple. When payroll taxes go up, so will unemployment. In fact, independent studies show that if the federal government increases the EI tax on Canadian businesses by 35 per cent, we could lose as many as 170,000 jobs in Canada.

That's a 170,000 reasons to get involved in CFIB's campaign to stop the tax grab.

Contact your MP and say you don't want a pay cut next year. Visit "Stop the Tax Grab" on Facebook. Sign the petition at the front counter of the Similkameen News Leader or visit www.cfib.ca for more ideas. Together, we can save these jobs!

Brian Bonney is the BC Director of Provincial Affairs with the Canadian Federation of Independent Business. He can be reached at brian.bonney@cfib.ca

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Tuesday Movies

EVENING

7:00 pm KSPS (6) "Naturally Obsessed: The Making of a Scientist" (2009, Documentary) A young professor mentors graduate students as they conduct research in a molecular biology lab. (In Stereo) (6)

8:00 pm WTBS (3) ★★ "Varsity Blues" (1999, Comedy-Drama) James Van Der Beek. A second-string quarterback is propelled to sudden glory. (6)
10:00 pm WTBS (3) ★★ "Varsity Blues" (1999, Comedy-Drama) James Van Der Beek. A second-string quarterback is propelled to sudden glory. (6)

Wednesday Movies

AFTERNOON

5:00 pm WTBS (3) ★★½ "Forces of Nature" (1999, Romance-Comedy) Sandra Bullock. A bridegroom hurries by plane to his wedding, but he and his seatmate must find other modes of travel. (6)

EVENING

9:00 pm WTBS (3) ★★½ "Forces of Nature" (1999, Romance-Comedy) Sandra Bullock. A bridegroom hurries by plane to his wedding, but he and his seatmate must find other modes of travel. (6)

Thursday Movies

EVENING

8:00 pm WTBS (3) ★★½ "The Truman Show" (1998, Comedy-Drama) Jim Carrey. An unwitting man's life is arranged for him, captured on hidden cameras and broadcast internationally. (6)
10:00 pm WTBS (3) ★★½ "The Truman Show" (1998, Comedy-

Drama) Jim Carrey. An unwitting man's life is arranged for him, captured on hidden cameras and broadcast internationally. (6)
KNOW (5) ★★½ "The Kid Stays in the Picture" (2002, Documentary) Robert Evans. Filmmakers Brett Morgen and Nanette Burstein trace the meteoric rise of Hollywood producer Robert Evans. (6)

RESUME

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WE'RE DIFFERENT, AND WE LIKE THAT.

Friday Movies

EVENING

7:00 pm YTV (18) ★½ "Zoom" (2006, Comedy) Tim Allen. A former superhero returns to work at a private academy to whip a group of ragtag youths into a new generation of heroes. (In Stereo) (6)

8:00 pm WTBS (3) ★★ "Twister" (1996, Action) Helen Hunt. Stormchasers finalizing their divorce try to place equipment inside a tornado on the Oklahoma plains. (6)

FAM (29) "Twitches" (2005, Fantasy) Tia Mowry. Reunited on their 21st birthday, twin sisters use their magic powers to save their kingdom from the forces of darkness. (In Stereo) (6)

9:00 pm YTV (18) ★ "Superhero Movie" (2008, Comedy) Drake Bell. Premiere. A teenage loser transforms into a caped crusader when a bite from a genetically altered bug gives him superhuman abilities. (In Stereo) (6)

10:00 pm WTBS (3) ★★ "Long Kiss Goodnight" (1996, Action) Geena Davis. Former cohorts come after a small-town New England mom who gradually remembers her past as a government assassin. (6)

KNOW (5) ★★½ "Young at Heart" (2007, Documentary) Premiere. Members of a senior citizens chorus from New England perform rock songs by artists like the Clash and Coldplay. (6)

FAM (29) "Phantom of the Megaplex" (2000, Adventure) Taylor Handley. A theater employee wonders if a legendary spirit is up to its old tricks after a series of strange occurrences. (In Stereo) (6)

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LOCAL NEWS/SPORTS - LETTERS TO THE EDITOR - EDITORIALS
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THURSDAY, SEPTEMBER 30, 2010

Table with 20 columns (WTBS, CHBC, KNOW, KSPS, KHQ, KREM, A&E, KXLY, BCTV, CITY, CBC, YTV, TSN, VTV, DISC, FAM, CITY, SPIKE, TROP) and 24 rows of program listings for Thursday, September 30, 2010.

FRIDAY, OCTOBER 1, 2010

Table with 20 columns (WTBS, CHBC, KNOW, KSPS, KHQ, KREM, A&E, KXLY, BCTV, CITY, CBC, YTV, TSN, VTV, DISC, FAM, CITY, SPIKE, TROP) and 24 rows of program listings for Friday, October 1, 2010.

News Leader Puzzle Page

CARTER'S Sudoku Challenge

CREATED FOR THE NEWS LEADER BY CARTER BOSWELL

HOW TO PLAY:

Sudoku is a game of logic. There is no math involved. The object of the game is to fill the grid so that the numbers 1 through 9 appear only once in each row, column and 3 x 3 box. The numbers can appear in any order and Carter has left you some clues below.

CHALLENGE #319 - Rated Medium

			5		6	4		
6		4	7					
3			1					9
	3		9	4	1	7		
2								3
	4	6	3		1		8	
	2				8			6
				7	9			4
6	9		3					

THIS WEEK'S SOLUTION:
Page 18

Carter's Sudoku Challenge
grids, puzzles and solutions
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Saturday Movies

MORNING

11:00 am CITV (12) ★★"War of the Worlds" (2005, Science Fiction) Tom Cruise. A New Jersey man and his two children face an epic battle for survival when hostile aliens invade Earth. (E)

AFTERNOON

12:00 pm FAM (26) "Roxy Hunter and the Horrific Halloween" (2008, Mystery) Aria Wallace. Roxy thinks that her classmate is a vampire from Transylvania. (In Stereo) (E)
SPIKE (44) ★"Cobra" (1986, Crime Drama) Sylvester Stallone. A Los Angeles detective and his partner protect a model from a night slasher and his neo-fascist army. (In Stereo) (E)

1:00 pm CHBC (4) BCTV (11) ★★"War of the Worlds" (2005, Science Fiction) Tom Cruise. Premiere. A New Jersey man and his two children face an epic battle for survival when hostile aliens invade Earth. (E)

1:30 pm FAM (26) ★★"Mom's Got a Date With a Vampire" (2000, Comedy) Caroline Rhea. Two children set their mother up with a mysterious man, not realizing he may be one of the undead. (In Stereo) (E)

3:00 pm SPIKE (44) ★"Cobra" (1986, Crime Drama) Sylvester Stallone. A Los Angeles detective and his partner protect a model from a night slasher and his neo-fascist

army. (In Stereo) (E)

5:00 pm WTBS (3) ★★"Twister" (1996, Action) Helen Hunt. Storm-chasers finalizing their divorce try to place equipment inside a tornado on the Oklahoma plains. (E)

EVENING

6:00 pm SPIKE (44) ★★"Rambo" (2008, Action) Sylvester Stallone. John Rambo calls upon his long-buried but lethal skills to rescue a missionary and her comrades from the Burmese army. (In Stereo) (E)

7:00 pm WTBS (3) ★★"Twister" (1996, Action) Helen Hunt. Storm-chasers finalizing their divorce try to place equipment inside a tornado on the Oklahoma plains. (E)

CITV (12) "A Teacher's Crime" (2008, Drama) Ashley Jones. A former convict blackmails a high-school teacher after she develops a close friendship with his son. (E)

8:00 pm CHBC (4) BCTV (11) "A Teacher's Crime" (2008, Drama) Ashley Jones. Premiere. A former convict blackmails a high-school teacher after she develops a close friendship with his son. (E)

KSPS (6) ★★"Edward Scissorhands" (1990, Fantasy) Johnny Depp. A deceased inventor's unfinished creation becomes an instant celebrity when a cheery suburbanite brings him home. (In Stereo) (E)

CBC (13) "Marple: A Pocket Full of Rye" (2008, Mystery) Julia

McKenzie. Miss Marple investigates the poisoning death of a wealthy businessman.

9:00 pm WTBS (3) ★★"Bull Durham" (1988, Romance-Comedy) Kevin Costner. A literary baseball groupie romances a pitcher and a catcher on a minor-league North Carolina team. (E)

FAM (26) ★★"Ernest Scared Stupid" (1991, Comedy) Jim Varney. Sanitation engineer Ernest P. Worrell rallies to save his town from an evil 200-year-old troll. (In Stereo) (E)

SPIKE (44) ★★"Rambo" (2008, Action) Sylvester Stallone. John Rambo calls upon his long-buried but lethal skills to rescue a missionary and her comrades from the Burmese army. (In Stereo) (E)

10:30 pm CBC (13) ★★"The Pink Panther" (1964, Comedy) Peter Sellers. Clumsy Inspector Jacques Clouseau chases a jewel thief and his nephew. (In Stereo) (E)

10:32 pm FAM (26) ★"Batman & Robin" (1997, Action) Arnold Schwarzenegger. Batgirl joins the caped crusaders to stop Mr. Freeze and Poison Ivy from wreaking revenge upon the world. (In Stereo) (E)

11:15 pm WTBS (3) ★★"Bull Durham" (1988, Romance-Comedy) Kevin Costner. A literary baseball groupie romances a pitcher and a catcher on a minor-league North Carolina team. (E)

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Sunday Movies

MORNING

8:00 am WTBS (3) "Shattered" (2007, Suspense) Pierce Brosnan. After kidnapping the daughter of a couple, a man forces the two to comply with a series of daunting tasks.

10:00 am WTBS (3) ★"Mother's Boys" (1994, Suspense) Jamie Lee Curtis. A deserter returns to Los Angeles, determined to win back her husband and three sons.

11:00 am CITV (12) ★★"The Terminal" (2004, Comedy-Drama) Tom Hanks. Unauthorized to enter the United States, an Eastern European befriends a flight attendant while living in a New York airport. (E)

AFTERNOON

12:00 pm FAM (26) ★★"Halloweentown" (1998, Comedy-Drama) Debbie Reynolds. After learning she is a witch, a girl helps save a town full of other supernatural creatures. (In Stereo) (E)

1:00 pm CHBC (4) BCTV (11) ★★"The Terminal" (2004, Comedy-Drama) Tom Hanks.

Premiere. Unauthorized to enter the United States, an Eastern European befriends a flight attendant while living in a New York airport. (E)

1:30 pm YTV (18) ★★"Agent Cody Banks" (2003, Adventure) Frankie Muniz. Recruited by the CIA, a teen works under cover to befriend a girl whose father is a pawn for an evil organization. (In Stereo) (E)

FAM (26) "Don't Look Under the Bed" (1999, Fantasy) Erin Chambers. A girl calls on her brother's imaginary friend to banish a mischievous boogeyman who has framed her for his pranks. (In Stereo) (E)

4:00 pm YTV (18) ★★"Spy Kids" (2001, Adventure) Antonio Banderas. Premiere. When a technical genius kidnaps retired spies, only their children can save them. (In Stereo) (E)

5:00 pm WTBS (3) ★"Saving Silverman" (2001, Comedy) Jason Biggs. Two dimwits concoct a scheme to prevent their friend from marrying a coldhearted and conniving woman.

CBC (13) ★★"The Pacifier"

(2005, Comedy) Vin Diesel. A Navy SEAL faces the ultimate test when he must care for five children and protect them from their father's enemies. (In Stereo) (E)

EVENING

6:00 pm YTV (18) ★★"Spy Kids 2: The Island of Lost Dreams" (2002, Adventure) Antonio Banderas. Premiere. A young sister and brother encounter mutants and a wild scientist while searching for a device that could destroy Earth. (In Stereo) (E)

7:00 pm WTBS (3) ★"Saving Silverman" (2001, Comedy) Jason Biggs. Two dimwits concoct a scheme to prevent their friend from marrying a coldhearted and conniving woman.

9:00 pm FAM (26) ★★"The Haunted Mansion" (2003, Comedy) Eddie Murphy. A real estate agent and his family encounter ghosts in an old New Orleans house on a remote bayou. (In Stereo) (E)

10:00 pm WTBS (3) ★"Mother's Boys" (1994, Suspense) Jamie Lee Curtis. A deserter returns to Los Angeles, determined to win back her husband and three sons.

10:30 pm FAM (26) ★★"Batman Forever" (1995, Action) Val Kilmer. The Caped Crusader woos a criminal psychologist, takes on a sidekick and battles Two-Face and the Riddler. (In Stereo) (E)

11:00 pm KNOW (5) ★★"Young at Heart" (2007, Documentary) Members of a senior citizens chorus from New England perform rock songs by artists like the Clash and Coldplay. (E)

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SATURDAY, OCTOBER 2, 2010

Table with 19 columns (WTBS, CHBC, KNOW, KSPS, KHQ, KREM, A&E, KXLY, BCTV, CITV, CBC, YTV, TSN, VTV, DISC, FAM, CITY, SPIKE, TROP) and 19 rows of program listings for Saturday, October 2, 2010.

SUNDAY, OCTOBER 3, 2010

Table with 19 columns (WTBS, CHBC, KNOW, KSPS, KHQ, KREM, A&E, KXLY, BCTV, CITV, CBC, YTV, TSN, VTV, DISC, FAM, CITY, SPIKE, TROP) and 19 rows of program listings for Sunday, October 3, 2010.

MONDAY, OCTOBER 4, 2010

	WTBS (3)	CHBC (4)	KNOW (5)	KSPS (6)	KHQ (7)	KREM (8)	A&E (9)	KXLY (10)	BCTV (11)	CITY (12)	CBC (13)	YTV (18)	TSN (19)	VTV (22)	DISC (24)	FAM (26)	CITY (29)	SPIKE (44)	TROP (45)
6 AM	Cosby	(5:30) Morning News (N)	Little Bear	Bob Build	News (N)	News	The Sopranos	News	(5:30) Morning News (N)	(4:30) Morning News (N)	CBC News Now	Being Ian	SportsCentre	Canada AM	Daily Planet	Henry's	CityLine	CSI: NY	Spilled
:30	Cosby		(6:35) Between									Rollbots				Feet			Spilled
7 AM	S. Harvey		Hi-5	Arthur (EI)	Today (N)	The Early Show (N)	CSI: Miami	Good Morning America (N)			Artzooka (DVS)	Yu-Gi-Oh!	SportsCentre		Really Big Things	Mickey	The Nate Berkus Show	Pros vs. Joes	Tooned
:30	S. Harvey		"Games: Physical"	Martha							Pokemon				Mickey				Tooned
8 AM	Lyrics		Magic Bus	Curious			CSI: Miami		100 Huntley Street		Bo On/Go	SpongeBob	SportsCentre		Raging Nature	Manny	Rachael Ray	Pros vs. Joes	Whatever
:30	Lyrics		Poppet	Cat in the							Busytown	Kid vs. Kat			Manny				Whatever
9 AM	Family Fd	100 Huntley Street	Clifford	Super Why!		The 700 Club	The First 48 "Ditched"	Live With Regis & Kelly	100 Huntley Street	World Vision	Super Why!	Timothy	SportsCentre	Live With Regis & Kelly	Daily Planet	Feet	Role	CSI: NY	Restaurant
:30	Family Fd		George S.	Dinosaur							News	Berenstain				Agent Oso	Amazing		Makeover
10 AM	The Investigator	Canada	Franklin Lost book.	Sesame Street (N)		The Price Is Right (N)	The First 48	The View (N)	Canada	X-Weighted "Mike"	Poko	(9:50) Little	Boxing	The View (N)	How/Made	Mickey	EP Daily	CSI: NY	Grace
:30		Canada		(EI)					Canada		Doodlebop	Fly Rhino	Boxing (Taped)	Cash Cab	Manny	Out There			Grace
11 AM	Forensics	World Vision	Rolie Polie	Sid	Ellen DeGeneres Show	Young & Restless	Family Jewels	Paid Prog.	World Vision	Noon News Hour (N)	Gofrette	George S.		Fashion	Treasure Quest "Malta"	Suite Life	CityLine	CSI: Crime Scene	Gold Girls
:30	Evidence		Berenstain	Sit-Be Fit				Paid Prog.			dirtygirl	(11:35) Erky		Fashion		Suite Life			Gold Girls
12 PM	Jim King	Noon News Hour (N)	Arthur	Charlie Rose	Paid Prog.	News	The Sopranos	All My Children (N)	Noon News Hour (N)	Days of our Lives (N)	CBC News Now (N)	Mr. Men		etalk	What's That About?	Wizards	General Hospital (N)	CSI: Crime Scene	Total Wipeout (N)
:30			Dinosaur Train (N)	Fine Art								(12:25) Kid	NFL Films	Bold	Hannah	Hannah			
1 PM	King	Days of our Lives (N)	Wibbly Pig	Sewing		The Price Is Right (N)	CSI: Miami	One Life to Live (N)	Days of our Lives (N)	End Leash	Recipes	(12:50) Viva	NFL	Sue Thomas F.B.Eye	Dirty Jobs	Cory	Jdg Judy	CSI: Crime Scene	Total Wipeout (N)
:30	Earl									Debt Part	Air Farce	(1:20)	PrimeTime		Recess	Jdg Judy			
2 PM	Friends	Young & Restless	The Ocean Room "Being for the Benefit of Flying Kites"	Barney	Willa's	Let's Make a Deal (N)	CSI: Miami	General Hospital (N)	Young & Restless	The Doctors	Steven and Chris (N)	Casper's	Off Record	Dr. Phil	MythBusters	Replacemn School	Access Hollywood Live	CSI: Crime Scene	Gold Girls
:30	Friends			WordWorld	Judge B.							Garfield	Interruption						Gold Girls
3 PM	The Office	The Doctors		WordGirl	The Doctors	Dr. Phil	The First 48 "Ditched"	Rachael Ray	The Doctors	Young & Restless	Commonwealth Games	OddParent	SportsCentre (Live)	(2:59) The Dr. Oz Show	Canada's Worst Driver	Life Derek	CityNews at 6 (N)	CSI: Crime Scene	Restaurant
:30	The Office			Electric								Super Evil				Suite Life			Makeover
4 PM	Family Guy	Oprah Winfrey	Fetch! With	Jdg Judy	Oprah Winfrey	The First 48	Seinfeld	Oprah Winfrey	(3:59) Early Global Nat.	Ghost Whisperer	SpongeBob	NFL	Monday Night Countdown	CTV News at Five (N)	MythBusters	Wizards	How I Met		Total Wipeout
:30	Family Guy		George Shrinks	BBC News	News (N)	News	Intervention "Lorna"	ABC News	Global Nat.	CBC News: Vancouver (N)	SpongeBob	NFL	Countdown	CTV News at Five (N)	MythBusters	Hannah	Rules		
5 PM	Browns	Early News		PBS	News (N)	News	Hoarders	News	(5:59) News Hour (N)	ET Canada	Coronation	Big Time	Football: New England Patriots at Miami Dolphins.	CTV News (N)	Dirty Jobs	Suite/Deck	The Event (N)	Movies: "The Hills Have Eyes" (2006,	Total Wipeout
:30	Payne	News	Martha	NewsHour (N)	Millionaire	Access H.		News	Hour (N)	Ent	Wheel	In Real Life	Patriots at Miami Dolphins.	etalk	Man vs. Wild	Sonny	Chase (N)	Horror	Family Guy
6 PM	Law & Order: SVU	Global Nat.	Dogs	NewsHour (N)	Millionaire	Access H.	Hoarders	News	Hour (N)	ET Canada	Jeopardy!	Blades	Chris	Dancing With the Stars	Daily Planet	Suite/Deck	News	Knockout	ET Canada
:30			Parks	Fall Prev	Jeopardy!	The Dr. Oz Show	Hoarders (N)	Ent	ET Canada	Hawaii Five-0 (N)	Jeopardy!	Brooms	8, Rules	Dancing With the Stars	Daily Planet	Suite/Deck	News	Knockout	ET Canada
7 PM	Seinfeld	Ent	Be the Creature (N)	Antiques Roadshow	Chuck (N)	How I Met Rules	Intervention "Donald"	Dancing With the Stars	House "Unwritten" (N)	House	Blades	Chris	8, Rules	Dancing With the Stars	Daily Planet	Suite/Deck	News	Knockout	ET Canada
:30	Seinfeld	ET Canada		Europe	Wheel						Jeopardy!								
8 PM	Movie: "Ace Ventura: Pet Detective"	House "Unwritten" (N)	Monarchy	American Masters "A Letter to"	The Event (N)	Two Men Milke	Intervention "Lorna"	(Same-day Tape)	Lone Star "Unveiled"	Lone Star "Unveiled"	Just for Laughs (N)	Kyle XY "Pilot"	NFL Films	(Same-day Tape)	MythBusters	Majority	Real. Chance of Love	Knockout	Family Guy
:30																			
9 PM	Movie: "Ace Ventura: Pet Detective"	Hawaii Five-0 (N)	Seeking Doctors	Elia	Chase (N)	Hawaii Five-0 (N)	(10:01) Hoarders	(10:01) Castle "Under the"	Hawaii Five-0 (N)	News Hour Final (N)	National	In Real Life	Into the Wind	(10:01) Castle "Under the"	Man vs. Wild	School	Judge B.	Star Trek: Voyager	Parking
:30				Circus												Stone	Home Imp.		Parking
10 PM	Movie: "Ace Ventura: Pet Detective"	CHBC News Final (N)	Ancient Clues	Charlie Rose (N)	News (N)	News	(11:01) Hoarders	(11:35)	News Hour Final (N)	ET Canada	George S	Prank Ptrl	SportsCentre (Live)	CTV News	Dirty Jobs	So Raven	Paid Prog.	Most Amazing Videos	Total Wipeout
:30																			

Monday Movies

EVENING

6:00 pm SPIKE (44) ★★ "The Hills Have Eyes" (2006, Horror) Aaron Stanford. A family road trip takes a terrifying turn when the travelers become stranded in a government atomic zone inhabited by a band of bloodthirsty mutants. (In Stereo)

8:00 pm WTBS (3) ★★ "Ace Ventura: Pet Detective" (1994, Comedy) Jim Carrey. A bungling

gumshoe uncovers more than just a simple kidnapping when he searches for the Miami Dolphins' missing mascot.

10:00 pm WTBS (3) ★★ "Ace Ventura: Pet Detective" (1994, Comedy) Jim Carrey. A bungling gumshoe uncovers more than just a simple kidnapping when he searches for the Miami Dolphins' missing mascot.

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notice

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CALL FOR EXPRESSIONS OF INTEREST Website Design

Communities for Kids is seeking a contractor to provide professional services to assist with the re-design of its website. Applicants must have extensive experience in web design, social media and communications. For additional information, visit www.communitiesforkids.ca. Closing date: October 15, 2010.

Looking for room and board accommodation immediately. Single male, no pets. Call Jesse at 250.512.7239. Sep 21/Oct 09

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lost

LG Rumor cell phone on August 26th. Call 250.295.0239. 1st Oct 09

Older Minolta digital camera. Silver in colour. Lost near Museum during 150 Festival. Call 250.295.7846. Sep 28/Oct 12

www.thenewsleader.info

help wanted

Senior Citizens Branch #30, Bingo Office Staff, two days a week, computer literate, must be bondable. Send resume to PO Box 1776, Princeton, BC V0X 1W0 Attention: Gayle.

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**Similkameen
News Leader - Recipe Corner**

Recipe #342

Wholly Meaty Meal Dip - Wholly Guacamole

Ingredients:

- 1 Tbsp butter or olive oil
- 1 small red bell pepper (1/2 cup)
- 1 medium onion, chopped (1/2 cup)
- 2, 15-oz cans black beans, rinsed & drained
- 1-2 tsp fresh chopped jalapeno peppers
- 1/2 tsp ground cumin
- 1 cup Wholly Salsa
- 2 cups Cheddar or Colby cheese, shredded
- 7 oz Wholly Guacamole - spicy or classic flavour
- 1/2 cup low fat sour cream
- 1 cup fresh cooked or pre-prepared fajita strips (chicken or beef)- chopped
- Baked flour tortillas or corn tortillas

Instructions:

1. Melt butter in 10" skillet until sizzling; add red pepper and onion. Cook over medium heat, stirring occasionally until onion is softened (3-5 minutes). Stir in beans, jalapenos, and cumin. Continue cooking until heated. (2-3 minutes).
2. Transfer 1 cup of the bean mixture to a food processor or blender, cover and process on high until smooth, approximately 30 seconds. Return blended mixture to remaining bean mixture and stir. Spread bean mixture onto an 11"x8" baking dish. Cover and refrigerate 2 hours or overnight. Note- can be served immediately as a hot dish too!
3. Top bean layer with pre-cooked chopped fajita chicken or steak and shredded cheese.
4. Just before serving, layer over the bean mixture, salsa, cheese and top with Wholly Guacamole.
5. Spoon sour cream into a zip-style plastic food bag, Snip off a small corner and pipe sour cream "lines" over the guacamole to resemble yard lines on a football field. Create goal posts with popsicle sticks or skewers and string. Serve with fat free Tortillas or baked chips. Serves 15

- News Canada

If you have a favourite recipe you would like to share, contact us for details!

226A Bridge Street, Princeton

Duo comes to Princeton

Saskia & Darrel are no strangers to the Princeton area as they have played throughout with Juno Award Winner Gary Fjellgaard and as a duo. They have created a solid fan base of their own.

The fact that Saskia & Darrel often tour with Canadian music Icon Gary Fjellgaard speaks volumes about their abilities as musicians and song writers. Gary is well known throughout the music industry as being very "fussy" about his sound and the integrity of his show. This dedication to excellence is one of many lessons learned by this dynamic duo from their years on the road with Gary.

On their own, they are a powerful presence in their field; winning Top 5 people's choice awards, hitting the #4 spot on MSN radio's National top 30 countdown, and being nominated for Album of the Year and three times Aboriginal artist of the year in their new home of Saskatchewan. Their music is blithely described as

"Prairie Roots," "Canadiana," and with a little 'Dutchgrass' thrown in.

They enjoy abundant airplay on local country radio as well as CBC and CKUA from all of their 7 full length CDs, and just returning from their second tour of Europe as well as another tour from Vancouver Island to the Maritimes.

Darrel is a Metis songwriter whose tales of Louis Riel, David Thompson, and "Sailing Saskatchewan" are striking resonant chords in our Canadian National identity. His masterful guitar playing is honed from decades of playing clubs 6 nights a week, 4 hours a night; work that just doesn't exist for musicians today.

Saskia emigrated from the Netherlands to the Peace River country (Dawson Creek) with a powerhouse set of vocal chords and a passion for music and performance that has sustained her for many years as a working musician. Her incredible range, and the ability to sing in five languages sets her far apart. She brings to the mix adroit skills on gui-

tar, bass, and pennywhistle. Under the shelter of their own company Positive Note Productions they are cultivating an immense following across Canada & Europe, winning over their fans one small town; one country hall at a time.

Saskia & Darrel will perform one night only, Friday, October 8th at Linguini's on Vermilion Avenue.

Here are some of the duo's accomplishments:

- International Touring and Recording Artists
- Nominated for Album of the Year in Saskatchewan. 2008
- Nominated for Aboriginal Artist of the Year in Saskatchewan 2008 2009 and 2010
- Received Top 5 people's choice award.
- Many years on Top Indie Folk/Roots Charts throughout Europe.
- Folk Album of the Month in Holland.
- website and internet: www.saskia.ca and www.myspace.com/saskiadarrel



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Princeton Posse 2010/11

CLIP 'N' SAVE
Game Schedule

PRESENTED BY:

Similkameen News Leader

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HOME

- SUN SEP 12 - vs Kelowna 2:00 PM
- SAT SEP 18 - vs Spokane 7:00 PM
- FRI SEP 24 - vs Kamloops 7:00 PM
- FRI OCT 01 - vs Osoyoos 7:00 PM
- SAT OCT 16 - vs Sicamous 7:00 PM
- TUE OCT 19 - vs Osoyoos 7:00 PM
- FRI OCT 22 - vs Beaver Valley 7:00 PM
- SUN OCT 24 - vs Creston 2:00 PM
- FRI OCT 29 - vs Kelowna 7:00 PM
- SAT OCT 30 - vs Penticton 7:00 PM
- FRI NOV 05 - vs Golden 7:00 PM
- SUN NOV 07 - vs Osoyoos 2:00 PM
- FRI NOV 12 - vs Revelstoke 7:00 PM
- SAT NOV 13 - vs Revelstoke 7:00 PM
- SUN NOV 21 - vs Osoyoos 2:00 PM
- FRI NOV 26 - vs Kelowna 7:00 PM
- FRI DEC 03 - vs N Okanagan 7:00 PM
- SUN DEC 05 - vs Kelowna 2:00 PM
- FRI DEC 10 - vs Columbia Valley 7:00 PM
- WED DEC 15 - vs Penticton 7:00 PM
- SAT JAN 01 - vs Penticton 7:00 PM
- FRI JAN 07 - vs Penticton 7:00 PM
- FRI JAN 21 - vs Kamloops 7:00 PM
- FRI FEB 04 - vs N Okanagan 7:00 PM
- FRI FEB 11 - vs Sicamous 7:00 PM

AWAY

- SAT SEP 11 - at Kamloops 7:00 PM
- FRI SEP 17 - at Sicamous 7:00 PM
- SUN SEP 19 - at Osoyoos 2:00 PM
- TUE SEP 21 - at Kelowna 7:00 PM
- FRI OCT 08 - at Fernie 7:30 PM
- SAT OCT 09 - at Kimberley 7:30 PM
- SUN OCT 10 - at Nelson 1:00 PM
- FRI OCT 15 - at N Okanagan 7:30 PM
- WED NOV 03 - at Penticton 7:00 PM
- SAT NOV 06 - at N Okanagan 7:30 PM
- FRI NOV 19 - at Kelowna 7:00 PM
- SAT DEC 04 - at Kelowna 7:00 PM
- SAT DEC 11 - at Kamloops 7:00 PM
- SUN DEC 12 - at Osoyoos 2:00 PM
- FRI DEC 17 - at Revelstoke 7:00 PM
- SAT DEC 18 - at Revelstoke 7:00 PM
- FRI DEC 31 - at Osoyoos 7:00 PM
- TUE JAN 04 - at Kelowna 7:00 PM
- SAT JAN 08 - at Penticton 7:00 PM
- WED JAN 19 - at Osoyoos 7:00 PM
- SAT JAN 22 - at Sicamous 7:00 PM
- SAT JAN 29 - at Castlegar 7:30 PM
- SUN JAN 30 - at Grand Forks - 1:00 PM
- SAT FEB 05 - at Penticton 7:00 PM
- SAT FEB 12 - at Penticton

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Editorial Page News Leader

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My Turn...

The Trees Are Telling Me Something

I hate this time of year.

Okay, hate is a strong word. I really, really dislike the end of summer. It's as if a part of me dies along with the grass and leaves.

Mind you, the only thing I sort of like a little bit about this time of year is not having to mow the lawn on a regular basis. But, I'm afraid, that is just not enough to get me through the transition from summer to fall (autumn to others).

I really do not like having to decide how many layers to wear to work each morning just in case the sun breaks out and shines for a while.

I don't like switching from air conditioning to heating.

The first time the furnace kicked in a couple weeks ago I thought someone had broken into the crawlspace and was trying to get out.

Then there's my wife.

She likes fall (or autumn).

Okay, like isn't a strong enough word. She really, really enjoys this time of year.

It's actually quite disturbing how much she likes it.

It borders on something caused by heavy medication – which, by the way, may be the only way I'll get through this time of year.

Add to my wife's blissful celebration of the turning of leaves an ongoing bout of menopause and I may not need to paint any more of that picture for you.

Sure, she really, really enjoys this time of year – that is, until she starts to feel her own internal furnace kick in.

I can see it now, sitting at the kitchen table in the middle of the day. It's minus 30 outside and toasty warm inside until a hot flash hits. Suddenly it's all I can do to get out of the way as she runs outside to cool down.

Twenty-seven seconds later I'm wrapping her in heating blankets and looking for aspirin (for myself).

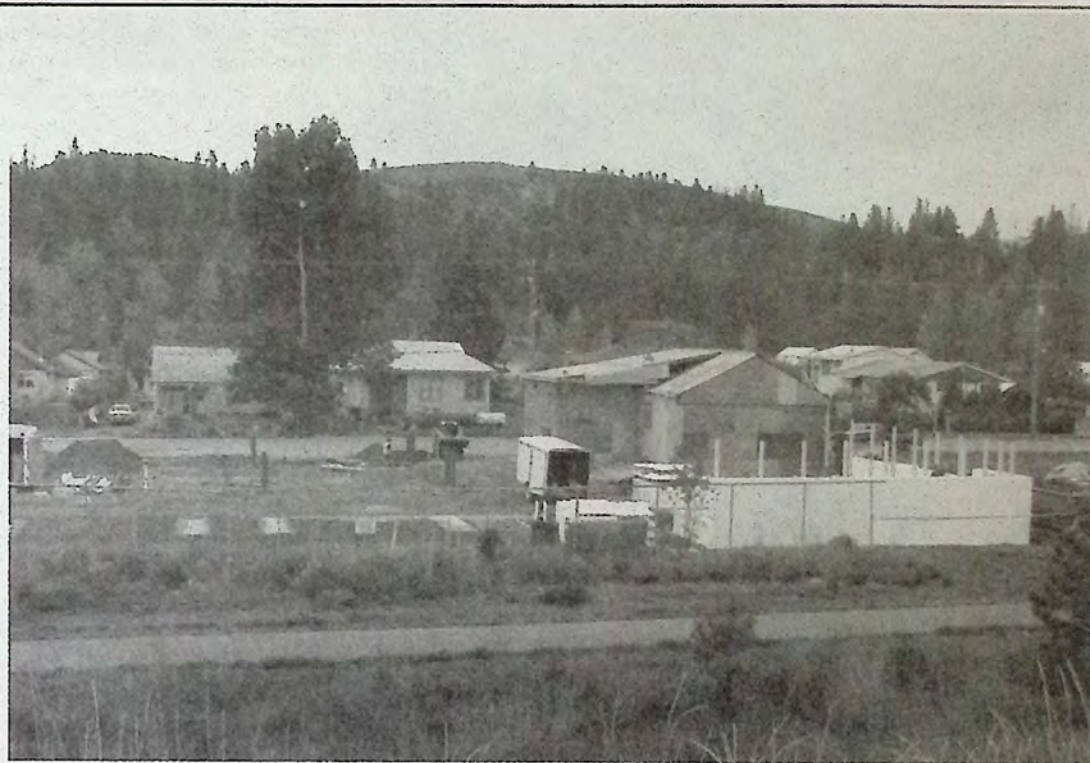
Exactly eight-seconds later she's tripping on cords trying to get out to the front porch where it's now only minus 27 thanks to the heat she's throwing.

Frost is thawing out in her wake and clouds part.

All because of the flashing.

Hot flashing that is.

Mind you, a little flashing might help me get through winter.



Construction continues on the commercial cardlock project on Burton Avenue. *

Your Turn...

Another letter to Mayor McLean and Town Council

Dear Editor,

Once again I am writing about the construction of a new Commercial Card Lock on Burton Avenue. For numerous environmental and safety reasons the construction of the new Commercial Card Lock should not be permitted.

It seems Town Council believes that all is well because the storage tanks will be placed above ground. Sadly, they seem to have forgotten that virtually all of the oil pollution and 'abandoned' properties on Burton Avenue have been created by above ground tanks. Even on their own websites, oil companies warn of environmental and safety concerns regarding above ground petroleum storage tanks.

The rehabilitation strategy of the oil companies is abysmal. Simply, they monitor the level of pollution in the water and soil to determine when the contaminants have fully leached away from the area, a process that takes many decades. And if Imperial Oil and other oil companies can't afford or choose to not do a site reclamation, it is guaranteed that an independent business person will also not do a site reclamation, bankruptcy would be declared first...and then the taxpayer pays the bill.

The safety risks of having a

Commercial Card Lock, near a residential area need not be explained. The unnecessary increase in risk is not warranted. Town Council is encouraging industrial development in an area that is not suited for an expansion of industrial activity.

Since I have not received a response from Town Council regarding my concerns I cannot be fully confident in knowing their position regarding this issue.

However, I think I can safely assume that they do not agree with my concerns regarding the environmental and safety issues and my concerns regarding the past, present, and future rehabilitation issues.

I hope the Town of Princeton and Town Council have done their due diligence on this issue.

Your truly,
Ken Carlson
Burton Avenue, Princeton

Similkameen
News Leader

W. George Elliott - Owner/Publisher
Brenda Engel - Office Manager
Dawn Johnson - Reporter
John Gillis - Advertising Sales
Lynette Boyd - Office Assistant

EDITORIAL GUIDE

We would like you to write to us, but please remember to abide by anti-discrimination laws.

The News Leader reserves the right to refuse to print any letter which is not signed by the writer or is slanderous, libelous or of uncommon sense!

The Editor reserves the right to condense any letter or to substitute proper language for improper language.

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Current Comment

There Is Plenty To Do Around Here



Dawn Johnson
editor@thenewsleader.ca

After attending the Arts Council annual general meeting, I realized that there is still plenty to do even though our festive summer is over. The autumn season is upon us, and frankly, I don't know how I am going to find any leisure time if I go out and do all of the things I would like to do.

Friday night movies at Riverside Centre have started again. The Posse is playing hockey every week, and so are the kids in the minor leagues. If you feel bored on any Saturday this winter, take yourself out to the arena. Watching the little guys play hockey can sometimes be more fun than watching the big guys.

Princeton's Performing Arts Group plans to entertain us this fall with something a little different. Vermilion Forks Field Naturalists have a series of speakers arranged for meetings, and a series of hikes arranged for those who want a good hike some Sunday (check the schedule at the library).

Curling will begin soon, and Princeton Curling Club is always looking for people who like to curl.

Nadine McEwen has put together a winter Leisure Guide full of all sorts of different activities for young and older.

Princeton's cross-country ski club, the China Ridge bunch, will be putting the trails in top condition as soon as there is enough snow, so anyone interested in trying this sport should get in touch with them soon.

The potters are planning a workshop for the fall season, and so are the painters. These groups are busy all year, but they sort of relax in the summer (if they can) and go back to making art happen during the rest of the year.

The Community Band is practicing again, and always looking for

new musicians to join. This group will be holding band concerts during the next few months. I can assure you they are worth listening to, and get better all the time.

Groups such as the Legion and Ladies Auxiliary take a break (sort of) during the summer, but they really get going in the fall and put together some great events for their members. This is a busy group who also do a great service to the community by organizing the Remembrance Day ceremonies. They will soon be out selling wreaths, crosses and poppies for that special day.

Senior Citizens take kind of a break during the summer, too, but they will be back to work this fall, putting on a variety of entertainments for their members, including a big Christmas dinner.

Churches will be involved in winter programs and Christmas celebrations. A certain pastor and a certain building supplies store manager will be plotting and planning for the annual Christmas songfest in early December. This event is a Princeton tradition of more than 25 years. It features not only church participation, but some of our finest musicians, and us, who sing the old carols that put us in the mood for our favourite winter festival season.

At our local secondary school, athletes will be involved in bas-

ketball and volleyball tournaments this fall and winter, as soon as they get past the soccer season. If you want to watch the games, keep in touch with the school or look at the community notice board. I have had the pleasure of dropping in on some of the games, and feel sorry so few people do this. Watching the kids play lifts my spirits and brings back some great memories of when I played those sports in the old school gym. When I was a kid, it seemed half the town turned out if there was a basketball tournament at the school.

Every so often, somebody I know from a city environment asks me what I find to do in such a small town. I like to give them a sample of my social calendar, and then I ask them, "So what have you been doing lately?"

They don't have nearly as much fun as I do. This is a great place to live if you want to have fun and participate in community activities.

My problem is this: I can barely keep up with all of the things I'd like to be doing. If I had a housekeeper, cook and gardener, I might be able to do it all, but even then, I am not sure, because a lot of things happen on the same day or evening, and I can't be two places at once.

Anybody else have my problem?

Owners ask for rezoning

Owners of a residence at 100 Glenview Crescent, located west of the hospital, have asked Town Council to have the property rezoned so a basement suite can be added. This would require a change from single family to two family residential. The purpose of the suite would be to provide accommodation for renters.

Town Council gave first reading to allow for rezoning. This is a formality in order to put the application process into motion.

The next step is a public hearing, during which neighbours, or others with an interest in the final decision, can voice their approval or objection. The hearing will take place in Council chambers on October 18.

News Leader

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Although you may not see it in this photo, residents of Pines Mobile Home Park can hear it! *

Pines residents petition Council

Residents of Pines Mobile Home Park have petitioned Town Council in protest against a chipper operating on the sawmill grounds. George Henry, owner of Pines MHP, spoke to Council about the noise, fine sawdust particles and dust. He told Council of lung infections attributed to the fine particles, tenants complaining of coughs, and the dust on everything. He presented

the petition to Town Council, along with a warning that he has involved five agencies regarding health hazards.

Other residents voiced their concerns about inhaling the fine wood particles and the noise. One resident said the house shakes when the chipper starts up, and the noise continues all day every day from about 5:00 AM to 10:30 PM.

Mayor Randy McLean said he had spoken to a representative of the company running the chipper and learned the company has consulted a firm for advice on ways to solve the problem.

He promised residents that Council will advise the company of the residents' complaints and the need to find ways to stop or reduce the continual noise.

Council grants more clean-up time

Residents at 379 Tulameen Avenue, Howard "Art" Parfitt and his girlfriend, were warned last spring to clean up their unsightly property.

The condition of the yard was in violation of a bylaw, and the bylaw officer paid several visits to the residence to inspect what progress was being made.

The couple was asked to voluntarily clean up the yard by removing unlicensed vehicles, rubbish and

overgrown grass and weeds by March 8, 2010.

By June 17, bylaw officer Stephanie Palmar informed the couple the clean-up work was taking too long. She attended the residence in mid-July and saw the vehicles had not been removed, although some weeds had been cleaned up. Palmar continued to visit the property and asked for a letter indicating the couple's plan of action for the clean-up.

On September 3, the Town of Princeton issued an Order to Comply. This is the last step before the Town takes action to remove the offending vehicles and clean the yard. Current estimate of the cost of doing this is \$2,011.21, a sum that would be added to Parfitt's residential tax bill.

Parfitt appealed the Order to Comply, and Town Council has given the couple until October 18 to clean up the property.



Brave campers tenting last week along Similkameen River. *



Princeton's Spencer Kristensen, centre, keeps an eye on a Kamloops player during the September 24th game against the Storm. Kristensen (#24) scored 3 goals in the game and shot up to the 12th spot overall on the KIJHL League Leaders Chart. Team Captain Derrick DeLisser and Lee Muir both had 2-point nights earning assists in the 5-3 victory. Princeton hosts Osoyoos Coyotes Friday, October 1st. *

Vermillion Court News

A cool September morning last week saw the Community Bus loaded with 15 eager residents and visitors of Vermillion Court, headed for a scrumptious luncheon in Penticton.

Along the way we saw orchards loaded with red and yellow apples and fields of tall corn stalks and orange pumpkins ripening in time for Halloween.

Williams scores twice in game

The Thompson Okanagan Female Midget AAA Rockets played their first exhibition game of the season on Saturday, 18 September against the Okanagan Hockey Academy Female Midget team and were victorious by a score of 3 to 1.

Colby Williams tallied two goals with assist from Cora Sutton and Cora Sutton scored the 3rd goal, assisted by Bre Frasca. League play begins for the Rockets on October 2nd at 7:00 PM with the home opener against the Fraser Valley Phantom at Rutland Arena.

Health group continues work

Acting Mayor Marilyn Harkness reported to Town Council on September 7 that the Princeton Health Group is still hard at work trying to attract another physician to Princeton, as well as achieving some success in recruiting other health care professionals.

Princeton General Hospital now has a dietician and a physiotherapist, as well as an adequate number of nurses.

On the winding road up Carmi Avenue past the race car track there was a small herd of Mountain Sheep, a nice change from the herds of deer in and around Princeton.

The Lodge features a large moose head over the stone fireplace and an electric train that travels around the perimeter of the dining room.

Grooved wooden floors and burl tables plus a wonderful panoramic

view of Penticton and Skaha Okanagan Lakes greeted our delighted eyes. The efficient waitress served various items off the menu and everything was delicious.

We arrived home about 3:30 PM, replete with good food and ready for a rest after a great day!

Thanks to Aida, Dianne, Donna, Celica and our capable driver Susan.

- submitted

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2447 Princeton-S'land Rd



You will enjoy the best country life has to offer when you come to this wonderful, immaculate log home nestled on 5 acres! Spacious open plan main floor has galley kitchen with granite countertops, bedroom and bath complete with a claw foot tub for soaking away the cares of the day. Master suite in loft has its own private balcony, a great place for morning coffee. **MLS® 111371 \$623,500**

#204-66 Angela Avenue



Copper Creek Condos - move in ready with complete renovation only finished a month ago - you'll love the warmth of carpeting and cleanliness of tile and the sparkles all the way around. Walking distance to all amenities in Princeton, this second floor unit gives you a little more security and the elevator when you need it, too! Large laundry/storage with 5 new appliances. **MLS® 111373 \$155,000**

518 Dagur Way



This beautiful Cape Cod home is incredibly bright and spacious with many fine features - hardwood floors, fine finishing, updated countertops and owners that take pride at keeping a warm and cozy home throughout. Only four minutes to town, you can still enjoy the peace and tranquility of rural life - watch the mountain goats from your very private deck! **MLS® 111330 \$528,800**

172-2nd Street



Don't miss this gem of a house in much sought after Tulameen! Engineered flooring is great for easy clean up and maintenance. Vinyl windows, open livingroom/kitchen area with gas stove for chilly evenings. The 17x8 enclosed porch lets you enjoy Mother Nature while staying warm and dry, a wonderful place for morning coffee or evening glass of wine. **MLS® 109701 \$349,000**

3785 Princeton-S'land Rd



Welcome to the country! 12.55 rolling acres are the perfect size for a small hobby farm, some fencing in place. Land is all useable and has sparkling Hayes Creek running through it. Very private, drilled well gets 5 gpm so lots of water for irrigating or gardens. The home needs some work, but the basics are there. Large country kitchen with woodstove, open dining/living area. **MLS® 109740 \$318,000**

5293 Princeton/S'land Rd



Get away from the grind and off the grid! A rare opportunity to own this beautiful 20 acre parcel off the Princeton-Summerland backroad. A drilled well with 5-gallons per minute, septic, driveway and 32 foot travel trailer all were installed in 1995. Smaller trailer and metal storage container are also included. Access to the Tran-Canada Trail at your doorstep. **MLS® 109668 \$214,900**

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