



Similkameen

News Leader

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Tuesday, October 19, 2010



Crews are partway through the rehabilitation project on the wooden bridge at the end of Bridge Street which has closed the main route to all vehicle traffic. According to staff on site work is progressing well. *

RCMP kept busy

RCMP have been kept busy at both ends of the Similkameen Valley.

Cpl. Dave Cramm of the Integrated Road Safety Unit at Keremeos Detachment says Thanksgiving weekend was especially busy.

South Okanagan Traffic Services and IRSU tallied a total of 337 speeding offences, including two excessive speeding violations which impounded vehicles for seven days.

Other stats from the weekend show 38 written warnings from the Motor Vehicle Act, 31 assorted MVA charges, 15 seatbelt violations, 6 intersection violations, 4 commercial vehicle violations, 4 illegal drug seizures, 2 minor injury motor vehicle collisions resulting in two people being sent to hospital, one 24-hour driving prohibition for impairment by drugs and a single 90-day prohibition with 30-day vehicle

impoundment issued under new drunk driving regulations.

Although traffic was reported to be "relatively heavy" no fatal collisions were reported and the enforcement campaign was considered a success.

In Princeton, Sgt. Dave Clare reports a drug bust during the evening of October 14th.

"Princeton RCMP, in conjunction with the Regional GIS unit from Osoyoos, conducted surveillance on known drug residences and known drug traffickers."

The surveillance led to the arrest of several individuals over the course of the evening.

"Charges are also pending approval against an 18-year old local male resident of Princeton," Sgt. Clare adds.

Further investigations continue.

Volunteers receive thanks

The third annual volunteer appreciation dinner was held October 15 to thank all of the people who work at the fairgrounds. The event is organized by Princeton Exhibition Association (PXA), the volunteer group managing the fairgrounds facility. Approximately 90 people from the facility user groups attended.

John Bey, PXA President, thanked everyone for all of the work done during the year. He estimated 11,500 people had participated in the many events held at the fairgrounds, and using a tourism formula, added an estimate of \$2,051,000 generated by the events and activities held at the facility.

Rodeo Club President Ken Crompton praised the volunteers. "This is the heart of Princeton," he said.

He described the volunteers as a

small group, but dynamic. He commented on the many events that take place each year, and added, "Without you, this wouldn't happen. I'm proud to be part of it."

Crompton encouraged people to take over from those who have submitted their resignations (John Bey, Terry Inglis, Peter and Carol Ruoss of the PXA).

As President of the Racing Days Association, John Bey thanked all of the volunteers for a "terrific job" this year.

He noted that, despite a shortage of funding for the annual horse racing event, when the money was counted and the bills paid, the event broke even.

Fall Fair President Keith Olsen thanked his executive and all of the Fall Fair volunteers.

"I am always amazed at all those people who come out at the last minute to get the job done," he said.

Olsen talked about the importance of fairgrounds events to the com-

munity, and how people working together make the community. He spoke of other towns he had lived in and stated, "I think this is the best place to live in B.C."

He encouraged people to step forward and fill the vacant seats on the PXA Board of Directors.

Presentations were made to Peter and Carol Ruoss in recognition of their years of work for the PXA. They received more than one round of applause.

Lyn Melnechenko made a special presentation to honour John Bey for all of the work he has done as PXA President. She talked about all of the roles he has taken on to ensure the fairgrounds and events ran smoothly, and that the facility was properly maintained, doing much of the work himself.

Melnechenko said, "His boots are just huge. I don't know who will fill them."

Bey received a drawing of a team of horses because, Melnechenko

said, "He is a work horse and a team leader."

PXA Vice-President Terry Inglis was mentioned for all of the work he has done. Melnechenko said Inglis had kept a record of the volunteer hours he had put in up to the week before the Fall Fair, and the total then was 500 hours. Inglis was applauded in absentia, as he was ill that evening.

Mayor Randy McLean offered his thanks to all of the volunteers. He said all communities are struggling to get people to do events.

"These events help people to get to know their neighbours and make it a community," Mayor McLean said.

Town Council's representative to the PXA, Councillor Jason Earle, began by saying, "We have a spe-

cial group of people here. We have a really good group of people here. All I can say is 'thank you'."

Robert Wicks, a Rodeo Club member for many years, took a few minutes to talk about a recent experience. He was wearing a Pony Express t-shirt, and somebody asked him what it represented. He said he explained all about the Pony Express rides held between Princeton and Tonasket for many years.

"He asked me why we didn't do it again," Wicks said. "I told him it took 60 people just to put on that one event. That's why we don't do it now. It takes a lot of volunteers to do these events."

He closed the evening with special thanks to all of the volunteers from all of the groups.

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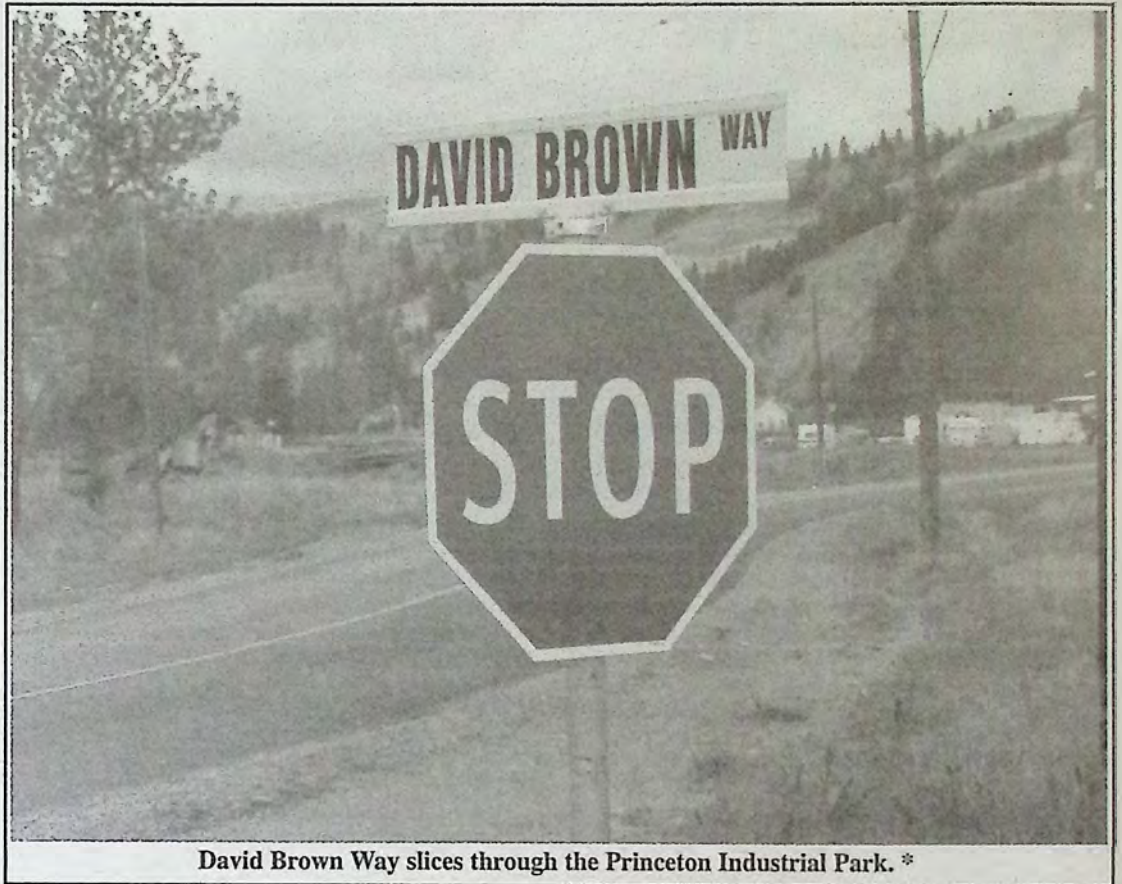
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David Brown Way slices through the Princeton Industrial Park. *

Regional District sends monthly report

Building Permit Stats

In September 2010, the Regional District of Okanagan-Similkameen issued 31 building permits with a total value of \$6.4 million, compared to September 2009 when 33 building permits worth \$2.6 million were issued.

So far this year, 70 permits for single family dwellings (a leading economic indicator) have been issued, while only 57 were issued for the same period in 2009.

Temporary Campfire Ban Rescinded

Due to the continued decrease of the fire hazard rating in the regional area and the anticipated continuation of favorable weather conditions, the Regional District of Okanagan-Similkameen (RDOS) is rescinding

the temporary Campfire Ban.

This went into effective at noon October 4th within the RDOS in conjunction with the BC Forest Service - Kamloops Fire Centre.

As a reminder anyone lighting an open fire must have enough people, water and equipment on hand to extinguish it. Remember do not light or keep lit any fires during windy conditions and double check to make sure fires are out before leaving the area.

Also, in keeping with the new Forestry rules this year, should a wildfire occur as a result of recklessness, a person can be fined up to \$1 million or spend three years in prison and be ordered to pay all fire-fighting and associated costs.

The RDOS thanks the public for

their cooperation in complying during this years temporary ban. For further information you are asked to contact Dale Kronebusch - Emergency Services Supervisor at 250.490.4139.

Area G Gas Tax Expenditure
The Board adopted the Area 'G' Gas Tax Reserve Fund Expenditure Bylaw. The Hedley Museum Society has been experiencing issues with two of its heritage buildings.

The Museum building itself has inadequate insulation to maintain reasonable efficiency of the building. The Society's 'Lyons House' building also has inadequate insulation as well as an aging roof that is leaking and destroying the existing insulation.

Princeton Court News

Exclusive to the News Leader - by Dawn Johnson

Two Drivers Lose Rights

In Provincial Court in Princeton on October 14, two drivers entered guilty pleas to driving with over .08 blood alcohol levels.

Mathew D. Anderson, a Lower Mainland resident, was apprehended in a road check on August 1 this year. He showed signs of impairment and in subsequent breath tests,

levels of .200 and .210 were detected.

Christopher McElwee was stopped in Tulameen after a police officer saw him walking to his vehicle and noted signs McElwee might be impaired. McElwee was given a roadside test and failed, followed by a regular test.

Both men were first time offenders and both were ordered to pay \$1,000 fines and lose their rights to drive in Canada for one year.

Man Pleads To Shoplifting

Donald Apps appeared in Provincial Court in Princeton to plead guilty to a charge of theft. He was in the government liquor store on March 30 this year when a clerk saw him take a mickey of rum from the shelf and conceal it on his person.

A video monitor tape also showed the theft. Apps had several prior criminal convictions. He was

ordered to serve a nine month probation with condition that he take such counseling as recommended by his probation officer.

Two Agree To Peace Bonds

In Provincial Court in Princeton on October 15, two local residents agreed to enter into peace bonds. Violation of the recognizance will result in a \$500 payment to the court.

Maria Ball entered into a one year peace bond specifying no contact, direct or indirect, with Paul Pickard or Susan Norris.

Warren Spence agreed to have no contact, direct or indirect, with Fred Cosman, his wife and family, for one year.

There is an obligation on the part of those who placed the complaints to avoid contact with those who agreed to the peace bond solution to the complaints.

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BC Hydro rebates improve the ease of energy efficiency

BC Hydro is partnering with Overwaitea Foods in Princeton, and more than 400 retailers provincewide to provide increased rebates and incentives for energy-

efficient products this October to celebrate Power Smart Month. Customers can save on energy-efficient lighting, televisions and appliances.

Customers can receive instant in-store discounts ranging from \$3 to \$12 off of the price of select specialty ENERGY STAR compact fluorescent light bulbs and fixtures.

Some retailers are also offering instant rebates ranging from \$80 to \$600 on select ENERGY STAR televisions.

Lighting, electronics and appliance "deals of the week" will be featured in the Power Smart section of the BC Hydro website all month long. Check back regularly to see what specials are being offered.

As a new initiative, BC Hydro is using social media to reach even more customers. B.C. residents who follow the BC Hydro Twitter channel or "like" the BC Hydro Facebook fan page will be eligible for \$5 London Drugs gift cards. The gift card is valid for use towards the purchase of energy-efficient products.

BC Hydro also offers mail-in rebates on select ENERGY STAR refrigerators, freezers, dishwashers and clothes washers. Details on mail-in rebates and coupons for seasonal LEDs, drying racks and energy saving kits can be found on

powersmart.ca.

As a bonus only during October, BC Hydro is offering free (working) freezer removal in addition to the year-round Fridge Buy Back program that removes spare energy-guzzling fridges. Customers can call 604-881-4357 or 1-866-516-4357 if outside the Lower Mainland.

Each year, BC Hydro hosts Power Smart Month in October to educate customers on the benefits and ease of conservation at the time when energy consumption begins to increase for the colder months. BC Hydro works with retail partners to increase some offers above and beyond the incentives that are available throughout the year to encourage British Columbians to adopt energy-efficient products.

Every person that commits to reducing their energy consumption helps B.C. meet its goal of meeting 66 per cent of the province's new electricity needs through conservation by 2020.

- submitted



Ten Princeton Posse players visited the Princeton Museum to show their brawn off the ice. They volunteered to move the fossil collection out of the museum in preparation for upcoming renovations at the facility. Their hard work saved weeks of hauling boxes for the Museum Society, not to mention many chiropractic appointments! Their assistance was much appreciated. Photo: Sharon Anderson

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Princeton Town Hall News

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INSTRUCTORS NEEDED

The Princeton Parks, Recreation and Culture Department is looking for instructors for a variety of leisure opportunities for all ages. If you have a skill in coaching, arts, crafts, or leading children, youth or adults please contact our department at 250-295-6067 or e-mail Nadine McEwen at recreation@princeton.ca to learn more.

HALLOWEEN SPECIAL EVENT

The Princeton Parks, Recreation and Culture Department, in partnership with Princeton Young Life Club and the Princeton Arena, are hosting a Halloween Family Event for all ages! Dress in your costume and bring your skates for a fun afternoon before trick or treating! Munchies, games, skating, music, and prizes!

Princeton Arena October 31

4:00-6:00 pm

\$5.00 per person or \$15.00 family of 4

Supported by a variety of local businesses.

Contact our department at 250-295-6067 to learn more.

RAY JARVIS TERMINAL BUILDING OPEN HOUSE

Join us at the Ray Jarvis Terminal Building at the Princeton Regional Airport on Sunday, November 7th, 2010 from 1:00 pm to 4:00 pm for our **OPEN HOUSE**. Come and see the finished terminal building and enjoy some light refreshments.



BROWN BRIDGE CLOSED

Construction on the Brown Bridge started on October 4th, 2010. The Bridge will be closed during construction and traffic will be re-routed via Old Hedley Road and Highway 5A. The Bridge closure will last five (5) weeks. This is necessary for the rehabilitation of the bridge. We are sorry for any inconvenience this may cause you. Your patience is appreciated while this work is being completed.

MEETINGS WITH COUNCILLOR ARMITAGE

Councillor Armitage will be at Town Hall on Tuesdays from 2:00 pm to 4:00 pm. Please drop by to share your thoughts with him.

TOWN OF PRINCETON AND REGIONAL DISTRICT AREA "H" FREE LANDFILL DAYS

FREE DUMPING is being offered once again at the LANDFILL on October 23 & 24, 2010 for Town of Princeton and Regional District Okanagan Similkameen Area "H" residents only.

Free Dumping is an opportunity to drop off trash items that are regularly charged a fee such as: Home renovation materials (i.e. floor coverings, drywall, roofing, etc.)



NOTICE OF PROPERTY FOR SALE

In accordance with the *Local Government Act* and *Community Charter*, the Town of Princeton gives notice of its intention to sell the following property on David Brown Way, Princeton Industrial Estates.

LOT #	PLAN #	OTHER LEGAL	LOT AREA (hectares)
1	KAP91326	DL 932 KDYD	0.464
2	KAP91326	DL 932 KDYD	0.750
3	KAP91326	DL 932 KDYD	0.750
4	KAP91326	DL 932 KDYD	1.000
5	KAP91326	DL 932 KDYD	1.000
6	KAP91326	DL 932 KDYD	1.000
7	KAP91326	DL 932 KDYD	1.000
8	KAP91326	DL 932 KDYD	0.508
9	KAP91326	DL 932 KDYD	0.505
10	KAP91326	DL 932 KDYD	0.650
11	KAP91326	DL 932 KDYD	0.792
12	KAP91326	DL 932 KDYD	0.671
13	KAP91326	DL 932 KDYD	0.518
14	KAP91326	DL 932 KDYD	0.500
15	KAP91326	DL 932 KDYD	0.500
16	KAP91326	DL 932 KDYD	1.000
17	KAP91326	DL 932 KDYD	1.000
18	KAP91326	DL 932 KDYD	1.000
19	KAP91326	DL 932 KDYD	1.000
20	KAP91326	DL 932 KDYD	0.407
21	KAP91326	DL 932 KDYD	0.409
22	KAP91326	DL 932 KDYD	0.408
23	KAP91326	DL 932 KDYD	0.424

Offers to purchase these properties are ongoing. The properties are being offered at \$125,000 per acre. To obtain information about these properties, please contact Mike Geddes at: Colliers International, Centre Group Commercial Realty Ltd., 107 - 565 Bernard Avenue, Kelowna, BC V1Y 8R4; phone 250-763-2300.

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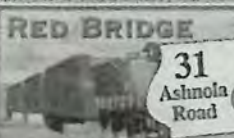
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Keremeos News



Family entertainer Matt Duffus performs during Similkameen Sizzle last month. The planning committee meets this week to review the Keremeos Pepperfest and start planning for next year. *

Cawston Hall fundraising continues

by Dave Cursons, Secretary
Cawston Community Hall
Society

The Cawston Community Hall Society would be remiss in not acknowledging all of the wonderful support which the communities of the Lower Similkameen have rendered.

We are especially grateful to the Similkameen Wineries Association for its support in the form of wine auctions, most recently in September at the Cawston Hall where the SWA raised over \$1,200.

The member wineries contributed their wine.

The proceeds at auction were turned over to the hall society for ongoing improvements.

The good care and regular use of

the Cawston Community Hall by so many groups over the years has made it possible to keep the rentals low.

Committee examines Pepperfest

The committee responsible for organizing the annual Keremeos Pepperfest 'Similkameen Sizzle' will meet this week to review last month's event.

Poor weather was a huge factor affecting the success of some activities held as part of the September 18th outdoor event at Memorial Park, although other parts of the program met with huge success.

Live entertainment provided by Matt Duffus in the morning and Gary Comeau and the VooDoo

Now, through the marvellous support of donors like the Similkameen Wineries Association we will gradually move to upgrade the facility.

All-Stars in the afternoon earned the committee much praise from those in attendance.

The Chili Cook-Off was a major success with over 170 people tasting chili entries.

Children's activities were also a big hit - regardless of the weather.

The committee will discuss all factors connected to Similkameen Sizzle this week and will use the feedback provided by volunteers and community members when planning for next year's September event.



Children's activities are always a big draw during the Similkameen Sizzle. Feedback from parents assist the committee is planning for future events and what attractions work or don't work. *



Keith Olsen, right, presents John Bey with a gift from all the fairgrounds user groups in appreciation for his work as PXA President. The presentation was made during a dinner held October 15th. Photo: Dawn Johnson

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Community Living Month

Inspiring A World Where Everyone Belongs

by Lynn Pelly,
 Executive Director

We all aspire to belong to our community. We want to fit in and be accepted. Even the rebels among us don't want to be excluded from some level of community acceptance.

This doesn't mean we all want to be the same but we do want to know that our community accepts us for who and what we are.

This concept works well for the majority. Small differences, little idiosyncrasies, tattoos, piercings or brash words are accepted. Short, tall, chubby or skinny seems to be okay, too.

Even if you're wealthy or barely making ends meet, you're still a part of the community. And it doesn't really matter if you've lived here forever or if you're a relative newcomer. It seems like most people belong.

But what happens if you have a disability, if your appearance is different, if your ability to walk, talk or move easily is restricted? What if your moods are unpredictable or your body has deformities? Perhaps you are unable to work independently and need someone to assist you with your job. Maybe you become agitated when things don't go well or talk to yourself when you're out in public. Do you belong in your community? Does your community accept you and include you in community activities?

Our role as service providers is to support persons with disabilities in becoming active, inclusive members of their community. As advocates, we strive to promote understanding of the needs of the people we support and the rights they are entitled to as members of our community. Our

vision is one of acceptance and understanding - acceptance of the uniqueness of each individual and understanding of the differences that make people unique.

We officially celebrate Community Living Month every October and our aim is to focus on the understanding that communities are comprised of a wide range of individuals and each individual contributes to the community landscape. Everyone has something to contribute. Everyone has the right and responsibility to contribute.

Some people fit this role more easily than others. We are more tolerant of some than others. We are willing to accept some, yet alienate others. When we say that everyone belongs, we mean it, Belonging brings responsibilities. We must follow the community rules and guidelines. Breaking the rules means we must suffer the consequences but we still belong in the community.

As we celebrate Community Living

Legion honours members

An Honours and Awards luncheon was held at the Legion Hall on October 16 to present service pins and certificates of appreciation to various members.

Ordinary members (veterans) receiving five year pins were David Gilham, William Newman and Michael Sanderson. Ten year pins went to Brian Hunter and John Kightley. Bud Sadegur received a 15 year pin, Joe Compert a 20 year pin and 40 year pins went to Herbert Gilligan, Leroy Harker, Al Lewis, Donald McIntosh, and John Rubis. Ladies Auxiliary members Barb

Month, I would ask that each of you take a moment to appreciate the unique people who make up our community. Think about how their presence shapes our community. Consider what it would be like if they weren't here.

Think of those people who haven't been successful businessmen, held public office or won prestigious awards but have still made an impression on you. Consider those who have made a difference in other ways, in ways that are less obvious but equally important, A community is comprised of many interlocking components that must work together to ensure we create a community we're proud of. No piece is of greater worth or importance over the long term. It is the combined abilities of everyone, working together, that generates the heart of the community.

Acceptance and the opportunity to belong should not be a dream; it should be a reality.

Ryan and Kathy McKay were awarded 30 year pins, with Charlene Longdo and Dawn Johnson receiving 40 year pins.

Affiliate members who received five year pins included Grant Beattie, Steven Bishop, Peter Boa, Howard Clunk, Linda Dore, Marguerite Hage, Elmer Hargrove, Earle Husband, Jim Junkin, Mary Klauditz, Octave LaChance, Robert Lawes, Campbell Pattison, and Judith Thome.

Ten year pins went to Affiliate members Todd Barnes, Ian Elko, Ken continued on Page 23

RESUME

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Q: Is it true that nutrition is beneficial for eye health especially in cases of macular degeneration?

A: Yes, nutrition plays an important role with retinal health and with macular degeneration (AMD) being the leading cause of blindness. It is something we can all benefit from. If one parent has AMD, you have a 45% chance of getting it. Research indicates that exercise, nutrition and cessation of smoking are the best ways of preventing AMD to occur. Anti-oxidant vitamins (A, C, E) with lutein have been studied and are in over-the-counter remedies such as Vitalux and Ocuvite. It has also been recommended that fish oil (or eating fish such as sardines, chunk tuna, salmon three times a week, or flax for vegetarians) along with spinach are highly beneficial to maintain the proper macular pigments.

Annual eye health examinations with your eye care practitioner will indicate whether there are any drusen in the macular region, which is one of the earliest signs of AMD.



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Health / Lifestyle News

Canadian boomers taking risks, but at what cost?

(NC)—Age is a state of mind. As baby boomers mature, many are trying to recapture their youth. A recent poll of Canadian boomers (ages 46 to 64) found that more than half (57 per cent) are feeling freer than ever before.

Many boomers are seizing the opportunity to become more active on the dating scene, or even get the tattoos or piercings they've always wanted. For example, 65 per cent of unmarried boomers have dated since turning 40, and 70 per cent would consider doing so in the future.

While these activities may keep boomers feeling young, Dr. Morris Sherman, hepatologist and Chairman of the Canadian Liver Foundation, cautions that it's important to participate in these activities

safely. He suggests consulting the B.O.O.M.E.R. checklist below before taking the plunge.

Be aware of the potential threats. One sexually transmitted infection (STI) that isn't often on Canadians' radar is hepatitis B. In fact, only 14 per cent of single, divorced, separated, or widowed boomers are worried about contracting hepatitis B, compared to HIV/AIDS (56 per cent) or herpes (30 per cent). In reality, hepatitis B is a serious liver disease that is significantly more infectious than HIV and is the leading cause of liver cancer worldwide. **Opt for safety when trying something new.**

Hepatitis B (and hepatitis C) can be contracted by contact with contaminated blood, which can occur when unsterilized equipment is used dur-

ing tattoos and piercings. To reduce the risk, choose a licensed, sanitary clinic where proper sterilization practices are used.

Obey your own rules.

While 80 per cent of boomers who responded advise their kids to use protection during sex, many may not be following their own recommendations. Don't bank on the chance you won't get sick. When engaging with a new sexual partner, make sure you know their sexual history and always use protection. **Manage the risks by thinking about protective measures.**

Hepatitis B is a serious STI that you can safeguard yourself against. Vaccines are available to help protect against hepatitis B, so if you haven't already been immunized consider getting vaccinated and consult your doctor. There is no vaccine against hepatitis C.

Enjoy your new freedom. Whether the kids have just left the house or its retirement time, this is a chance to make things all about "you" again. Recapturing your youth is exciting and taking steps to stay safe will help ensure you can make the most of it.

Refer to the experts.

Visit the Canadian Liver Foundation at www.liver.ca for more information.- www.newscanada.com

Financial Security for business owners

(NC)—Many business owners focus much of their time on the business and less on their longer-term personal financial security. With many boomer business owners nearing retirement, RBC offers the following tips:

Business succession planning

It's a critical step. Owners should: start planning early; recruit a team of experts; be realistic about the younger generation; and obtain evaluations from trusted sources.

Transfer of assets

The business has been sold, now what to do with the assets? This is where a small business advisor is invaluable. An advisor will talk through your options, the tax implications, and bring in other experts, such as lawyers, accountants, as needed.

Tax Free Savings Account (TFSA)

As a registered account, the TFSA can only be opened by an individual for personal use. However, it's an important investment vehicle to save money for personal or business needs and minimize taxes whether

for short or long-term goals.

Registered Retirement Savings Plan (RRSP)

An RRSP is an important part of one's retirement plan and a great complement to a TFSA. Whether or not you choose to have both depends on your own personal needs and goals. - www.newscanada.com

Living Past 100

It's That Time Of Year Again

The days grow shorter now. For the next six months, all of us will suffer from a lack of sunlight. This is the time of year when we need to replace sunlight with a pill. Take your Vitamin D.

A Vitamin D supplement is found in the form of cod or halibut liver oil. Taking one capsule per day can mean the difference between having a healthy winter or having colds, flu and lack of energy.

Vitamin D enhances the immune system. More research has gone into the benefits of taking Vitamin D supplements. Nations in the north, such as Canada, Scotland, Sweden and Norway, now have government advertising urging people to take Vitamin D to bolster the immune system during the winter months.

If you have children, they must have Vitamin D. They are not going to be out in the sunshine long enough to really do the trick, because they will be in school five days a week. Vitamin D is essential for proper growth and particularly for development of the bones. Without Vitamin D, the body does not utilize calcium properly for bone growth or bone repair.

People over the age of 50 years need Vitamin D to maintain their bones and avoid osteoporosis, an extremely painful condition in which the bones begin to lose calcium and cannot properly support the body. The spine and joints begin to compact, causing pain and other problems.

In the past, there were concerns that people might overdose on Vitamin D. The amount of Vitamin D in supplements is so low compared with toxic levels that none of us need worry about overdosing. If a child takes a whole bottle of the supplement capsules at once, that might be an overdose.

Some medications will increase the need for Vitamin D. People who take pills to lower cholesterol will have more problems absorbing Vitamin D. So will people with intestinal disorders, liver and gall bladder problems. People who take antacids, mineral oil or cortisone will have problems absorbing Vitamin D, and so will some diuretics (water pills). If you are on these medications, talk to your doctor about how they impact Vitamin D.

The effect of Vitamin D does not stop at just the immune system and bone development. You will not suffer the winter blues as much if you take Vitamin D. You will have more energy and feel more content just by swallowing one capsule a day. Go for it and have a happy, healthy winter.

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This Week - 8 Years Ago

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News Leader - October 22, 2002

THE SIMILKAMEEN

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VOLUME 5 ISSUE 43

Published Weekly in Princeton, B.C. 295-4149

October 22, 2002

Hear and see your candidates

Local residents will have the opportunity to hear and see the candidates for mayor, councillors and school trustees before the election.

Princeton and District Chamber of Commerce is holding an all-candidates forum on Tuesday, October 20, at 7:00 p.m. at Princeton Secondary School. The forum will hear opening remarks from each candidate, a series of prepared questions from the moderator, open questions from the floor (if time permits) and closing remarks from each candidate. The meeting is expected to close at 10:00 p.m.

The Chamber is asking local residents to provide input into this process by submitting questions or issues you wish addressed during the forum. Please submit

these by 4:00 p.m. October 25. Fax 295-3255, email chamber@ncchap.net or in writing to Box 540 or deliver to the Chamber office. No questions will be accepted in a phone call.

If time permits, the candidates will accept written questions from the floor or through the open microphone. Questions submitted at the forum will be forwarded to the moderator by Chamber volunteers.

The order in which candidates speak will be done through a random draw done before the forum. The prepared questions will be drawn at random and nobody except those making the draw will have advance knowledge of the contents of the questions. The questions will be

Continued on page 2



Resurfacing improves Highway #3

Motorists have experienced delays for the past two weeks as crews work on resurfacing Highway 3 (between Hedley and Keremeos) and 3A (between Keremeos and Penticton). The resurfacing was needed badly, and the improvements are worth the delays. The huge machines above lift the old asphalt, heat it, add some new material, and lay it down again, where rollers flatten and compress it.

Lost hunter suffered no harm in mountains

On Saturday evening, at approximately 8:00 p.m., Princeton RCMP received a call informing

despite having spent the night in the mountains. "The man was a seasoned hunter."

The front page of the October 22, 2002 Similkameen News Leader.

A lost hunter and hunting for election

Hard to believe, but it was eight years ago when the Hayes Creek Firefighters' Association hosted an open house at their new fire hall.

The Similkameen News Leader reported that the October 13, 2002 event was truly an open house as there were still windows and overhead doors yet to be installed in the building.

A lost hunter was reported to Princeton RCMP at 8:00 PM on October 19th when he did not show up as scheduled for pick up 25-kilometres up Stemwinder Road.

RCMP notified Princeton Ground Search and Rescue who spent the night looking for the 27-year old Penticton man with assistance from a Penticton RCMP dog handler. Oliver and Penticton SAR teams joined the search the following morning.

At about 11:00 AM the missing hunter was located, unharmed.

"The man was a seasoned hunter," Princeton RCMP Cst. Darren Kakuno told the News Leader at the time.

"Yet he still became disoriented." Civic elections were also in the

news as all-candidate forums were being planned throughout the Similkameen Valley this time eight years ago.

In Princeton three candidates were seeking the mayor's seat on Town Council: Incumbent Randy McLean, Keith Olsen (who was already a Councillor) and Allan Nigul (who worked for Canada Post).

Vying for one of four councillor seats on council were newcomers Jaymie Atkinson, Spencer Coyne, Ray Jarvis and Fred Leard along with incumbent Councillors Lorne Esselink, Kathy Clement and Dan Sulentich.

For the position of trustee for Nicola-Similkameen School District #58 (Princeton area), six candidates were seeking the three available seats. They were incumbents Gordon Comeau and Ken Heuser along with first-time candidates Carol Bertrand, Ken Brown, Susan Patry and Dina Slowikowski-Campbell.

Area H incumbent Gerri Logan was not challenged for her seat and was elected by acclamation.

In Keremeos a total of fourteen

candidates tossed their hats in the ring. Ten were seeking to fill five seats on Village Council. Walter Despot challenged Robin Lee for the Mayor's seat where incumbent Councillors Jeremy Evans, Steve Hecoeks, Ed Minshull and Tom Wilson were joined by Edna Carleton, Debra Gilmore, Terry Lytle and Terry Zeller for the four remaining seats on Council.

In Electoral Area G (Keremeos Rural/Hedley) incumbent Roger Mayer was challenged by Robin Lee. In Area B (Cawston) George Hanson went against incumbent Joan Bush.

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Wooden Bridge Rehabilitation



The wooden bridge at the end of Bridge Street has been closed to vehicle traffic since October 4th to allow for repairs to the structure which dates back to the 1930's. *



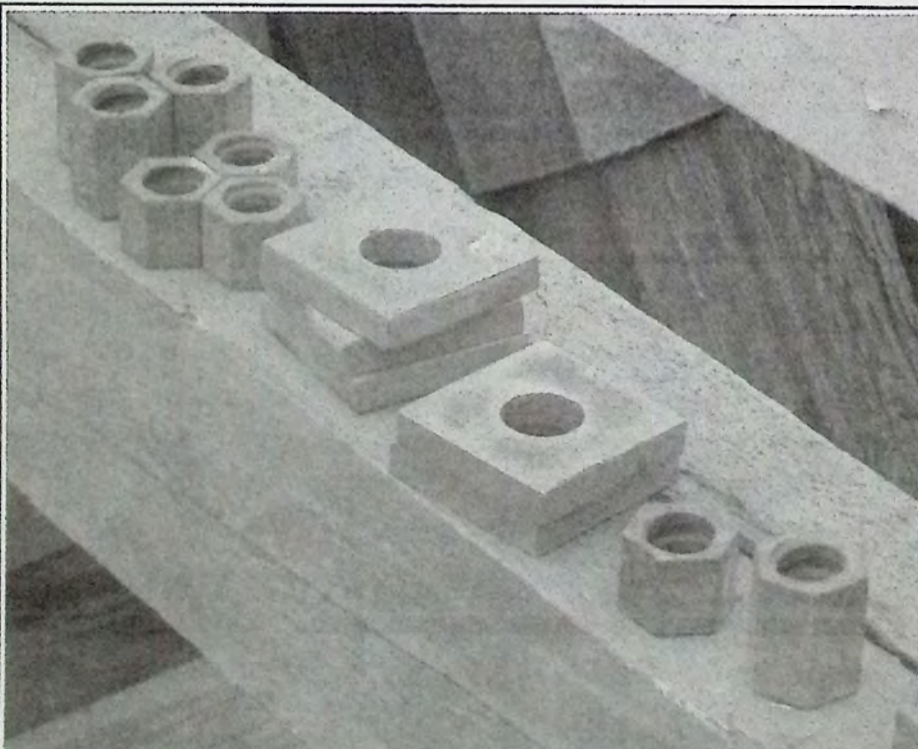
The view of three new metal rods used to stabilize the wooden bridge. The work on the structure has concentrated on replacement of a number of these rods. *



A member of the wooden bridge rehabilitation crew retrieves a portion of one metal rod that fell under the bridge once it was removed. A new one will take its place. *



A close-up view of one of the metal rods being cut for removal and replacement. This rod is being cut near the top of the wooden bridge with another cut to follow. *



Some of the large bolts and washers required for the job. *



Although the wooden bridge is closed to vehicles, the foot bridge alongside is still open. This rehabilitation project is expected to be complete early next month. *



News Leader Entertainment

Similkameen News Leader TV Guide Listings - October 19 - 25, 2010



The Posse bus is now being used to promote upcoming games at Princeton Arena. *

Eagles claw victory from Posse

Princeton Posse hosted Sicamous Eagles October 16th following a loss the night before in Armstrong against the Knights.

Sicamous lit up the scoreboard first at 13:03 when Jung Ahn flipped a high wrist shot from the right side up and over Brett Patchett's shoulder. Jacob Santurbano got an assist on the play.

Princeton's Nathan Voyteck set Sicamous up for their first power play when he went off to serve a hooking penalty at 11:37 but the Eagles could not score.

They had another power play at 4:42 when Tim Martens earned a roughing penalty and still could not score.

Princeton's special teams had their first try at 1:42 when Brett Norman went off for slashing and the home team came up empty.

In the second period Sicamous scored their second goal of the game exactly one-minute into the frame on the power play with

Princeton's Devon Grossler in the penalty box serving for a slashing call at the end of the first period.

Kenneth McKay scored the goal on the rebound with assists going to Brandon Formosa and Mark Arnold.

Princeton had two more power plays before mid-period but could not produce until 9:04 when Dylan Beston fired a shot on goal from the left side, inside the blue line, and Spencer Kristensen got his stick on the rebound flipping the puck in from the other side. Elliot Dixon earned an assist.

Sicamous scored their third goal at 7:32 with both teams down to four-on-four with Princeton's Tylar Bestward and the Eagles' Tyler Hall serving coincidental roughing after the whistle penalties.

Kenneth McKay got the credit with assists going to Corbin Marcotte and Brandon Formosa.

The pace of the game picked up noticeably from this point but the period ended with no further scor-

ing. Shortly after the third period started, Princeton added their second goal of the night at 18:47 when Dylan Beston took a long pass from Lee Muir and popped it high in the right side.

Sicamous added a fourth goal at 10:03 (Corbin Marcotte from Brad Robinson and Easton Bodeax).

The Eagles nearly added another goal, in an empty net at 5:50 when a long shot bounced off the goal post.

Princeton pulled goalie Brett Patchett again with one minute to play and although action remained in the Eagle zone, Princeton could not capitalize with the extra man on ice.

Final score: Sicamous 4, Princeton 2. Shots on goal: Princeton 29, Sicamous 28. Penalties in minutes: Both teams tied with 7 for 14-minutes each.

Princeton's next game is Tuesday, October 19th when they welcome Osoyoos Coyotes to the Princeton Arena.

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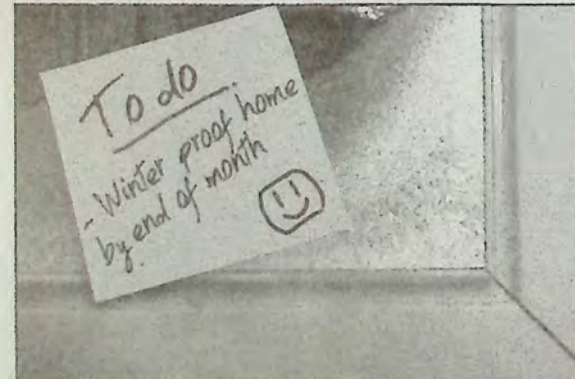
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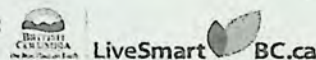
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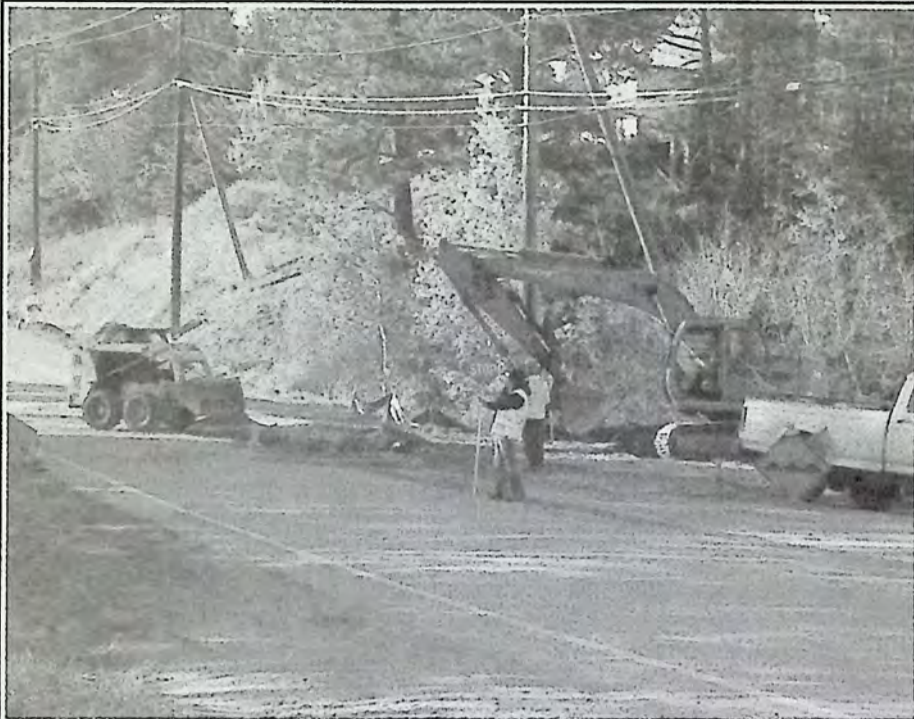
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Town of Princeton Water Projects



A section of Tulameen Avenue had temporary closures last week to accommodate the finishing touches on a water main project in the area. Photo: Brenda Engel



This was one of three water projects this month (Tulameen Avenue to Deerview, Bill Miner Way and Ingerbelle Drive) and a sewer project on Penryn Avenue. Photo: Brenda Engel



In addition to the water/sewer projects a total of seven paving projects were also scheduled for the month in various locations around town. Photo: Brenda Engel



Crews were filling the holes required to join water main from Tulameen Avenue to service Ingerbelle Drive and Bill Miner Way residents on Friday, October 15. Photo: Brenda Engel



Residents are reminded to continue to expect minor delays in areas around Princeton as crews complete the projects. Photo: Brenda Engel



For more information regarding these and other ongoing road/water maintenance projects contact Princeton Town Hall at 250.295.3135. Photo: Brenda Engel

TUESDAY, OCTOBER 19, 2010

Table with 20 columns (WTBS, CHBC, KNOW, KSPS, KHQ, KREM, A&E, KXLY, BCTV, CITY, CBC, YTV, TSN, VTV, DISC, FAM, CITY, SPIKE, TROP) and 24 rows of program listings for Tuesday, October 19, 2010.

WEDNESDAY, OCTOBER 20, 2010

Table with 20 columns (WTBS, CHBC, KNOW, KSPS, KHQ, KREM, A&E, KXLY, BCTV, CITY, CBC, YTV, TSN, VTV, DISC, FAM, CITY, SPIKE, TROP) and 24 rows of program listings for Wednesday, October 20, 2010.

Similkameen News Leader - Horoscopes

October 20 - 27, 2010

Aries - As the week begins, you may feel emotionally challenged by your relationships. You have a lot of bright ideas floating around in your head, and you long for independence. Independence has a price: will you pay it?

Taurus - Groups you belong to may surprise you, and friends, partners, may be full of ego energy. You need to take a positive view. Let them do their own thing and sit back and watch. Things return to normal next month. Wait.

Gemini - You can still have some fun despite the hectic job and some health problems. Your creativity continues at a low level. Kids and pets may present problems. Older folks may surprise you with a gift or good news.

Cancer - You may be experiencing some challenges regarding your home property. This is a time to get serious about doing home repairs, improving property. If you don't have a will, now is the time to see a lawyer. Plan!

Leo - You could be very busy redecorating your home, or just trying to make it look better. This is a good time to clean up and clear out. You may have unexpected visitors, or be one, and it should be a lot of fun. Enjoy!

Virgo - The transit of Saturn through your second house should be making you sort out what you value, not only in possessions, but in your value system. For the next two years, work hard on your priorities. Partner, friends surprise you.

Libra - You will have some pleasant surprises on the job and/or regarding health. You may see it as disruptive or alarming, but don't worry. Things will settle down in a few months. Focus on earnings, guard possessions.

Scorpio - This continues to be a good time of the year for you, and about to get better. Children, pets, health and job bring you unexpected rewards and fun. This is a good time to be creative. You are putting the past behind you. Enjoy.

Sagittarius - Take any good idea and run with it. Groups you belong to may be a burden. Do serious planning for future. Make a written plan for where you want to be in two years. Listen to inner voice talking about health.

Capricorn - You are enjoying time spent with groups you belong to. There are some unexpected surprises in your neighbourhood or among siblings. These can work in your favour. Career is still demanding. Set schedule, stick to it.

Aquarius - People may give you gifts, or you may have possessions, that cause some kind of problem. Your financial situation is in upheaval, too. Set a plan for clearing up problem areas. Career is very active now. Work.

Pisces - You can enjoy short trips and keep an eye open for opportunity while doing errands or taking trips. This is a good time to learn something new or study something in depth. People at a distance may contact you with news.

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Tuesday Movies

EVENING

8:00 pm WTBS (3) ★★½ "Dumb & Dumber" (1994, Comedy) Jim Carrey. An inept dog groomer and a limousine driver chase the latter's dream girl cross country.
9:00 pm KNOW (5) ★★½ "Devil's Playground" (2002, Documentary) Faron Yoder. In a little-known Amish

tradition, teenagers are allowed to experience life in the outside world before their baptism. (E)
10:00 pm WTBS (3) ★★½ "Dumb & Dumber" (1994, Comedy) Jim Carrey. An inept dog groomer and a limousine driver chase the latter's dream girl cross country.

Wednesday Movies

AFTERNOON

5:00 pm WTBS (3) ★ "Exit Wounds" (2001, Action) Steven Seagal. A tough Detroit policeman lands in a new precinct and discovers a rogue group of cops who run a drug ring. (E)

8:30 pm WTBS (3) ★★½ "Under Siege" (1992, Action) Steven Seagal. Two military madmen hijack a nuclear-armed Navy battleship with a SEAL commando on board as a cook.
11:02 pm KNOW (5) "Water on the Table" (2010, Documentary) Maude Barlow. An exploration of water and the right to access it. (E)

EVENING

Thursday Movies

EVENING

8:00 pm WTBS (3) ★★½ "The General's Daughter" (1999, Suspense) John Travolta. Army investigators probe an officer's brutal

slaying.
10:30 pm WTBS (3) ★★½ "Eight Legged Freaks" (2002, Suspense) David Arquette. Toxic waste produces a horde of giant spiders that terrorizes residents in a small Arizona town.

Friday Movies

EVENING

7:00 pm YTV (13) ★★½ "Addams Family Values" (1993, Comedy) Anjelica Huston. Upon arrival of their mustachioed baby, Morticia and Gomez hire a greedy nanny who targets Uncle Fester. (In Stereo) (E)
8:00 pm WTBS (3) ★★½ "Ladder 49" (2004, Drama) Joaquin Phoenix. Trapped in a burning building, a firefighter reflects on his life and career as he awaits rescue from his captain and colleagues.
FAM (26) "Halloweentown High" (2004, Fantasy) Debbie Reynolds.

Two witches protect a group of students from the legendary Knights of the Iron Dagger. (In Stereo) (E)
10:00 pm FAM (26) ★★ "Ernest Scared Stupid" (1991, Comedy) Jim Varney. Sanitation engineer Ernest P. Worrell rallies to save his town from an evil 200-year-old troll. (In Stereo) (E)
10:30 pm WTBS (3) ★★½ "The Mexican" (2001, Comedy-Drama) Brad Pitt. A bungling gangster must reform to please his girlfriend but still has one last job to fulfill.

Small Business 101

How To Save Energy In The Workplace

(NC)—Business offices large and small are joining the eco-responsible tidal wave to "reduce, recycle, and reuse".

"Saving electricity in the workplace is a top priority, alongside saving water, reducing waste, and curtailing consumption," says corporate president Steve Matyas at Staples Canada, a retailer recognized for a wide range of eco-responsible programs. "Doing your bit in the office is a big contribution to the health of your community—and to the health of the planet—and making it successful usually requires an enthusiastic plan for all staff to follow."

So here is a handy eco-office checklist, courtesy of Staples Canada:

- Heating**
- Set temperatures at 19°C year round.
 - Don't let heat escape through open doors and windows.
 - Move furniture if radiator heat is blocked.
 - Set a lower temperature in lesser-used spots like storerooms and corridors.
 - Update temperature controls for the time no one is there.
 - Repair draughty windows and doors.
- Lighting**
- Switch off lights in empty rooms and use daylight wherever possible.
 - Turn off unnecessary lights around you.

- Use low wattage options. Slim line fluorescent tubes can often be used as direct replacements for older tubes and use 25% less electricity. Compact fluorescent bulbs use 80% less energy than the standard bulb and last 10 times longer.

Electrical Equipment

- Switch computers off when not required, even during lunch.
- Don't leave equipment in the standby mode since it will still use

up to 70% of normal power consumption.

- When purchasing new equipment look for energy-efficiency decals.

Water

- Turn taps off firmly and fix them if they drip.
- Set water temperatures correctly for hand washing. Water should be heated to 60°C to protect against germs and a recommended blended temperature is 43°C.

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THURSDAY, OCTOBER 21, 2010

	WTBS (3)	CHBC (4)	KNOW (5)	KSPS (6)	KHQ (7)	KREM (8)	A&E (9)	KXLY (10)	BCTV (11)	CITY (12)	CBC (13)	YTV (18)	TSN (19)	VTV (22)	DISC (24)	FAM (26)	CITY (29)	SPIKE (44)	TROP (45)
6 AM	Cosby	(5:30) Morning News (N)	Little Bear	Thomas	News (N)	News	The Sopranos	News	(5:30) Morning News (N)	(4:30) Morning News (N)	CBC News Now	Being Ian	SportsCentre	Canada AM	How/Made	Henry's	CityLine	CSI: NY	6 Degrees
6:30 AM	Cosby	(6:35) Morning News (N)	(6:35) Lions	Lions								Rollbots			How/Made	Feet			6 Degrees
7 AM	In the Heat of the Night		Hi-5	Arthur (E)	Today Tony Hawk; Susan Westmoreland (N)	The Early Show (N)	CSI: Miami "Recoil"	Good Morning America (N)			Artzooka (DVS)	Sidewick	SportsCentre		Life "Plants"	Mickey	The Nate Berkus Show	CSI: Crime Scene	Tracked
7:30 AM				Martha							Pokemon				Mickey				Switch
8 AM	Lyrics!		Magie Bus	Curious			CSI: Miami "Bombshell"			100 Huntley Street	Bo On/Go	SpongeBob	SportsCentre		Discovery Project Earth	Manny	Rachael Ray	CSI: Crime Scene	Whatever
8:30 AM	Lyrics!		Poppet	Cat in the							Busytown	Kid vs. Kat			Manny				Whatever
9 AM	Family Fd	100 Huntley Street	Clifford	Super Why!		The 700 Club	The First 48	Live With Regis & Kelly	100 Huntley Street	World Vision	Super Why! News	Timothy	SportsCentre	Live With Regis & Kelly	MythBusters	Feet	Role	CSI: Crime Scene	Restaurant Makeover
9:30 AM	Family Fd		George S.	Dinosaur								Berenstain			Agent Oso	Amazing			
10 AM	The Investigator	World Vision	Franklin	Sesame Street (E)		The Price Is Right (N)	The First 48	The View (N)	World Vision	Newlywed Brides	Poko	(9:50) Little	Lumberjck	The View (N)	How/Made	Mickey	EP Daily	CSI: NY "Prey"	Tracked
10:30 AM											Doodlehop	Maggie	30 for 30		Cash Cab	Manny	Out There		Switch
11 AM	Forensics Evidence	Hospital for Sick Kids	Rolie Polle Berenstain	Sid Sit-Be Fit	Ellen DeGeneres Show	Young & Restless	Jewels	Paid Prog.	Hospital for Sick Kids	(10:59) Noon News Hour (N)	Gofrette	George S.	2010 Poker	Fashion	Swamp Loggers	Suite Life	CityLine	Disorderly Con.	Gold Girls
11:30 AM											dirtgirl	(11:35) Erky		Fashion	Suite Life				Gold Girls
12 PM	Jim King	Noon News Hour (N)	Arthur	Charlie Rose	Paid Prog.	News	The Sopranos	All My Children (N)	Noon News Hour (N)	Days of our Lives (N)	CBC News Now (N)	Mr. Men	2010 Poker	etalk	Cash Cab	Wizards	General Hospital (N)	Most Amazing Videos	Friends
12:30 PM			Dinosaur Train	Paulson	Days of our Lives (N)	The Talk (N)	CSI: Miami "Recoil"	One Life to Live (N)	Days of our Lives (N)	The Doctors	Heartland "Showdown"	(12:50) Viva	2010 Poker	Bold	Cash Cab	Hannah			Friends
1 PM	Earl King	Days of our Lives (N)	Wibbly Pig	Quilling Art								(12:25) Kid		Sue Thomas F.B.Eye	Mayday	Cory	Jdg Judy	Star Trek: Voyager	Friends
1:30 PM														Recess	Jdg Judy				Friends
2 PM	Friends	Young & Restless	The Jungle Room The kids look at x-rays.	Barney WordWorld	Judge B.	Let's Make a Deal (N)	CSI: Miami "Bombshell"	General Hospital (N)	Young & Restless	End Leash Debt Part	Steven and Chris (N)	Casper's	Off Record	Dr. Phil	MythBusters	Replacemn Ned's	Access Hollywood Live	Star Trek: Voyager	Gold Girls
2:30 PM	Earl King			WordGirl	Judge B.							Garfield	Interruption						Gold Girls
3 PM	The Office	The Doctors	Fetch! With George Shrinks	WordGirl Electric	The Doctors	Dr. Phil	The First 48	Rachael Ray	The Doctors	Young & Restless	Recipes Air Farce	Parents League	SportsCentre (Live)	(2:59) The Dr. Oz Show	Cash Cab	Life Derek	CityNews at 6 (N)	UFC Unleashed	Restaurant Makeover
3:30 PM	The Office			Electric															
4 PM	Family Guy	Oprah Winfrey	George Shrinks	Fetch! With George Shrinks	Jdg Judy	Oprah Winfrey	The First 48	Seinfeld	Oprah Winfrey	(3:59) Early Global Nat.	Ghost Whisperer	SpongeBob	NHL Hockey: New York Rangers at Toronto Maple Leafs.	Ellen DeGeneres Show	Daily Planet (N)	Phineas	Law & Order: SVU	Star Trek: Voyager	Tracked
4:30 PM	Family Guy										Fanboy					Phineas			Switch
5 PM	Browns	Early News	BBC News	BBC News	News (N)	News	The First 48	News	Early News	(4:59) News Hour (N)	CBC News: Vancouver (N)	OddParent	Rangers at Toronto Maple Leafs.	The Lost JFK Tapes: The Assassination	Wizards	Community	Star Trek: Voyager	Friends	
5:30 PM	Payne	News	Martha	Business	NBC News	News		ABC News	Global Nat.		SpongeBob				Hannah	30 Rock			Friends
6 PM	Law & Order: SVU	Global Nat. News	Dogs	PBS NewsHour (N)	Millionaire	Access H.	The First 48 (N)	News	(5:59) News Hour (N)	ET Canada	Coronation	Indie	SportsCentre (Live)	CSI: Crime Scene	MythBusters	Sonny	Law & Order: UK (N)	TNA Wrestling (N)	Friends
6:30 PM																			Friends
7 PM	Seinfeld	Ent	Frontiers of Health Matters	Jeopardy!	The Dr. Oz Show	The First 48 (N)	Ent	Ent	Ent	The Apprentice (N)	Wheel	Jeopardy!	Interruption	MythBusters	Hannah	News	TNA Wrestling (N)	Family Guy	
7:30 PM	Seinfeld	ET Canada		Wheel															Worked
8 PM	Movie: "The General's Daughter"	Bones	Syrian School (N)	New Tricks	Community	Big Bang	The First 48	Grey's Anatomy	Bones	Bones	The Nature of Things	Chris	Sports	Big Bang	Daily Planet	Suite/Deck	News	TNA ReACTION (N)	Tracked
8:30 PM					30 Rock	Dad Says						8 Rules	Off Record	Dad Says		I'm in Band	EP Daily		ET Canada
9 PM	(1999) John Travolta	The Office Outsourced	Moors Ruled Europe	MI-5 "Traitor's Gate"	The Office Outsourced	CSI: Crime Scene	(9:01) The First 48	Grey's Anatomy	The Office Outsourced	The Office Outsourced	Surviving the Future (N)	8 Rules	2010 Poker	Grey's Anatomy (N)	The Lost JFK Tapes: The Assassination	Majority Buzz	Dark Blue	UFC	Family Guy
9:30 PM												10 Things							Worked
10 PM	Movie: "Eight Legged Freaks"	The Apprentice (N)	Doris Day Superstar	William Kentridge	The Apprentice (N)	The Mentalist (N)	(10:01) The First 48	Private Practice (N)	The Apprentice (N)	News Hour Final (N)	National	Madison	2010 Poker	The Mentalist (N)	Assassination	Ned's	Justice	Trailers	Friends
10:30 PM												Family Biz				Stone	Home Imp.	(10:40)	Friends
11 PM	Legged Freaks	CHBC News Final (N)	Beautiful Nols (N)	Charlie Rose (N)	News (N)	News	(11:01) The First 48	News	News Hour Final (N)	Ent	George S	Prank Ptrl	SportsCentre (Live)	CTV News	MythBusters	So Raven	Paid Prog.	UFC	Friends
11:30 PM					Jay Leno	Letterman				ET Canada	Comedy	Prank Ptrl		CTV News		Life Derek	Paid Prog.	UFC 121	Friends

FRIDAY, OCTOBER 22, 2010

	WTBS (3)	CHBC (4)	KNOW (5)	KSPS (6)	KHQ (7)	KREM (8)	A&E (9)	KXLY (10)	BCTV (11)	CITY (12)	CBC (13)	YTV (18)	TSN (19)	VTV (22)	DISC (24)	FAM (26)	CITY (29)	SPIKE (44)	TROP (45)
6 AM	Cosby	(5:30) Morning News (N)	Little Bear	Bob Build	News (N)	News	The Sopranos	News	(5:30) Morning News (N)	(4:30) Morning News (N)	CBC News Now	Being Ian	SportsCentre	Canada AM	How/Made	Henry's	CityLine	CSI: NY	Comeback
6:30 AM	Cosby	(6:35) Morning News (N)	(6:35) Between	Between								Rollbots			How/Made	Feet			Comeback
7 AM	In the Heat of the Night		Hi-5	Arthur (E)	Today Sugarland; Barbara Corcoran (N)	The Early Show (N)	Amer. Justice	Good Morning America (N)			Artzooka (DVS)	League	SportsCentre		Life "Primates"	Mickey	The Nate Berkus Show	CSI: Crime Scene	Torrens
7:30 AM				Martha							Pokemon				Mickey				TV-Torrens
8 AM	Lyrics!		Magie Bus	Curious			Amer. Justice			100 Huntley Street	Bo On/Go	SpongeBob	SportsCentre		MythBusters	Manny	Rachael Ray	CSI: Crime Scene	Whatever
8:30 AM	Lyrics!		Poppet	Cat in the							Busytown	Kid vs. Kat			Manny				Whatever
9 AM	Family Fd	100 Huntley Street	Clifford	Super Why!		The 700 Club	Justice	Live With Regis & Kelly	100 Huntley Street	Hospital for Sick Kids	Super Why! News	Timothy	SportsCentre	Live With Regis & Kelly	MythBusters	Feet	Role	CSI: Crime Scene	Restaurant Makeover
9:30 AM	Family Fd		George S.	Dinosaur								Berenstain			Agent Oso	Amazing			
10 AM	The Investigator	World Vision	Franklin	Sesame Street (E)		The Price Is Right (N)	The First 48	The View (N)	World Vision	Crash Test Mommy	Poko	(9:50) Little	Fins/Skins	The View (N)	How-Made	Mickey	EP Daily	CSI: NY "Yahrzeit"	Torrens
10:30 AM											Doodlehop	Fly Rhino	FullTiltPoker.net		Cash Cab	Manny	Out There		TV-Torrens
11 AM	Forensics Evidence	PLAN	Rolie Polle Berenstain	Sid Sit-Be Fit	Ellen DeGeneres Show	Young & Restless	Family Jewels	Paid Prog.	PLAN	(10:59) Noon News Hour (N)	Gofrette	George S.	2010 Poker	Fashion	Verminator's	Suite Life	CityLine	Disorderly Con.	Gold Girls
11:30 AM											dirtgirl	(11:35) Erky	Motoring		Suite Life				Gold Girls
12 PM	Jim King	Noon News Hour (N)	Arthur	Charlie Rose	Paid Prog.	News	The Sopranos	All My Children (N)	Noon News Hour (N)	Days of our Lives (N)	CBC News Now (N)	Mr. Men	NASCAR Racing	etalk	The Lost JFK Tapes: The Assassination	Wizards	General Hospital (N)	Most Amazing Videos	70s Show
12:30 PM			Dinosaur Train (N)	Painting	Days of our Lives (N)	The Talk (N)	Amer. Justice	One Life to Live (N)	Days of our Lives (N)	The Doctors	Heartland (DVS)	(12:50) Viva		Sue Thomas F.B.Eye	Recess	Jdg Judy	Star Trek: Voyager	King	70s Show
1 PM	Earl King	Days of our Lives (N)	Wibbly Pig	Scrapbook															King
1:30 PM																			King
2 PM	Earl King	Young & Restless	The Jungle Room "Sherlock"	Barney WordWorld	Judge B.	Let's Make a Deal (N)	Amer. Justice	General Hospital (N)	Young & Restless	End Leash Debt Part	Steven and Chris (N)	Casper's	Off Record	Dr. Phil	MythBusters	Replacemn Ned's	Access Hollywood Live	Star Trek: Voyager	Gold Girls
2:30 PM				WordGirl	Judge B.							Garfield	Interruption						Gold Girls
3 PM	The Office	The Doctors	Juniors" Banana riddle.	WordGirl Electric	The Doctors	Dr. Phil	Justice	Rachael Ray	The Doctors	Young & Restless	Recipes Air Farce	OddParent	SportsCentre (Live)	(2:59) The Dr. Oz Show	Cash Cab	Life Derek	CityNews at 6 (N)	Entourage	Restaurant Makeover
3:30 PM	The Office			Electric															
4 PM	Family Guy	Oprah Winfrey	George Shrinks	Biz Kid\$	Jdg Judy	Oprah Winfrey	The First 48	Seinfeld	Oprah Winfrey	(3:59) Early Global Nat.	Ghost Whisperer	SpongeBob	CFL Football: Montreal Alouettes at Hamilton Tiger-Cats. (Live)	Ellen DeGeneres Show	Daily Planet (N)	Phineas	Law & Order: SVU	Entourage	Torrens
4:30 PM	Family Guy										Penguins					Phineas			TV-Torrens
5 PM	Browns	Early News	BBC News	BBC News	News (N)	News	Criminal Minds	News	Early News	(4:59) News Hour (N)	CBC News: Vancouver (N)	OddParent	Rangers at Toronto Maple Leafs.	CTV News at Five (N)	Dirty Jobs	Wizards	Hell's Kitchen	Entourage	70s Show
5:30 PM	Payne	News	Martha	Business	NBC News	News		ABC News	Global Nat.		SpongeBob				Hannah				70s Show
6 PM	Law & Order: SVU	Global Nat. News	Dogs	PBS NewsHour (N)	Millionaire	Access H.	Criminal Minds	News	(5:59) News Hour (N)	ET Canada	Coronation	Victorious	CTV News (N)	Man vs. Wild (N)	Suite/Deck	Jonas L.A.	Survivorman (DVS)	Entourage	King
6:30 PM																			King
7 PM	Seinfeld	Ent	Warriors of the Night	Wash. McLaughlin	Jeopardy!	The Dr. Oz Show	Teach: Tony Danza (N)	Ent	Ent	90210	Wheel	Movie: "Addams Family Values" (1993)	CFL Football: BC Lions at Calgary Stampeders. (Subject to Blackout) (Live)	etalk	Extreme Peril (N)	Good Luck	Mantracker (DVS)	Entourage	Family Guy
7:30 PM	Seinfeld	ET Canada																	Worked
8 PM	Movie: "Ladder 49"	90210	Poirot "Murder on the Links"	School Pride (N)	Medium (N)	Criminal Minds	No Ordinary Family	Ice Pilots NWT	90210	Ice Pilots NWT	Ron James Mercer	10 Things	CSF: NY (N)	Man vs. Wild	Daily Planet	Movie: "Halloween: Own High"	News	Entourage	TV-Torrens
8:30 PM																			ET Canada
9 PM	Joaquin Phoenix, John Travolta	Ice Pilots NWT	Lark Rise to Candleford	Dateline NBC	CSI: NY (N)	(9:01) Criminal Minds	Primetime: What Would	Ice Pilots NWT	Outlaw	Outlaw	fifth estate	10 Things	CSF: NY (N)	Man vs. Wild	Connor	Dark Blue	Ways Die	Family Guy	
9:30 PM																			Worked
10 PM	Movie: "The Mexican"	Outlaw	Tupperware	Doc Martin	Blue Bloods	(10:01) Criminal Minds	20/20 (N)	Outlaw	News Hour Final (N)	National	Life Unexpected	Formula One Racing	Blue Bloods (N)	Dirty Jobs	Movie: "Ernest Scared Stupid"	Justice	Home Imp.	Knockout	70s Show
10:30 PM																			70s Show
11 PM	Legged Freaks	CHBC News Final (N)	Beautiful Nols (N)	Charlie Rose (N)	News (N)	News	(11:01) The First 48	Sports	News Hour Final (N)	Ent	George S	Prank Ptrl	SportsCentre (Live)	CTV News	Extreme Peril	Life Derek	Paid Prog.	Knockout	King
11:30 PM					Jay Leno	Letterman				ET Canada	Comedy	Prank Ptrl		CTV News					

News Leader Puzzle Page

CARTER'S Sudoku Challenge

CREATED FOR THE NEWS LEADER BY CARTER BOSWELL

HOW TO PLAY:

Sudoku is a game of logic. There is no math involved. The object of the game is to fill the grid so that the numbers 1 through 9 appear only once in each row, column and 3 x 3 box. The numbers can appear in any order and Carter has left you some clues below.

CHALLENGE #322 - Rated Medium

			4	8		9	2	
2	3			9				8
1								
			9		6			1
4	7			3			6	9
9			1		7			
								8
	1			2			9	6
8	9		1	3				

THIS WEEK'S SOLUTION:
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Carter's Sudoku Challenge grids, puzzles and solutions copyright 2010 Carter Boswell, Princeton, BC and published by Similkameen News Leader

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Saturday Movies

MORNING

8:30 am A&E (9) ★★½ "Heat" (1995, Crime Drama) Al Pacino. A wily bank robber planning retirement leaves scant clues for a Los Angeles detective with family problems. (E)
11:00 am CITY (12) ★★½ "Batman Begins" (2005, Action) Christian Bale. Following the death of his parents, young heir Bruce Wayne becomes a masked avenger who fights the forces of evil in Gotham City. (E)

AFTERNOON

12:00 pm A&E (9) ★★½ "Murder by Numbers" (2002, Suspense) Sandra Bullock. Premiere. Two young men engage in a battle of wits with a homicide detective who is investigating grisly strangulations. (E)

FAM (26) "Return to Halloweentown" (2006, Comedy) Sara Paxton. An 18-year-old witch must use magic to stop a devious plot to destroy Halloweentown. (In Stereo) (E)

1:00 pm CHBC (4) BCTV (11) ★★½ "Batman Begins" (2005, Action) Christian Bale. Premiere. Following the death of his parents, young heir Bruce Wayne becomes a masked avenger who fights the forces of evil in Gotham City. (E)

1:30 pm FAM (26) "Phantom of the Megaplex" (2000, Adventure) Taylor Handley. A theater employee wonders if a legendary spirit is up to its old tricks after a series of strange occurrences. (In Stereo) (E)

2:00 pm YTV (18) "Casper's Scare School" (2006, Adventure) Devon

Werkheiser. Animated. Casper wants to learn how to be a hobgoblin but returns to his friendly ways after learning about a diabolical plot. (In Stereo) (E)

2:30 pm A&E (9) ★★½ "Remember the Titans" (2000, Drama) Denzel Washington. Premiere. A Virginia high school hires a black football coach after undergoing integration in 1971. (E)

5:00 pm WTBS (3) ★★½ "The Lookout" (2007, Suspense) Joseph Gordon-Levitt. A brain-damaged former athlete finds himself pulled into a heist at the bank where he works as a janitor.
A&E (9) ★★½ "Remember the Titans" (2000, Drama) Denzel Washington. A Virginia high school hires a black football coach after undergoing integration in 1971. (E)

EVENING

6:00 pm YTV (18) "The Haunting Hour: Don't Think About It" (2007, Adventure) Emily Osment. A girl and her brother have spooky encounters when one of them reads the lines of a mysterious book. (In Stereo) (E)
CITY (29) ★★½ "Spider" (2002, Suspense) Ralph Fiennes. Haunted by his childhood, a psychotic loner has difficulty after his release from a mental institution. (DVS)

7:00 pm WTBS (3) ★★½ "Collateral" (2004, Suspense) Tom Cruise. A contract killer hijacks a cab and forces the driver to transport him to his assigned jobs in Los Angeles.

CITY (12) ★★½ "eXistenZ" (1999, Science Fiction) Jennifer Jason Leigh. The creator/tester of a corpo-

really invasive game must elude assassins with the help of a security guard. (E)

8:00 pm CHBC (4) BCTV (11) ★★½ "eXistenZ" (1999, Science Fiction) Jennifer Jason Leigh. Premiere. The creator/tester of a corporeally invasive game must elude assassins with the help of a security guard. (E)

SPIKE (44) ★★½ "GoodFellas" (1990, Crime Drama) Robert De Niro. In the 1950s an Irish-Italian hoodlum joins the New York Mafia, but his mob career is not what he expected. (In Stereo)

9:00 pm FAM (26) ★½ "Batman & Robin" (1997, Action) Arnold Schwarzenegger. Batgirl joins the caped crusaders to stop Mr. Freeze and Poison Ivy from wreaking revenge upon the world. (In Stereo) (E)

9:01 pm A&E (9) ★★½ "Remember the Titans" (2000, Drama) Denzel Washington. A Virginia high school hires a black football coach after undergoing integration in 1971. (E)

9:30 pm WTBS (3) ★★½ "Collateral" (2004, Suspense) Tom Cruise. A contract killer hijacks a cab and forces the driver to transport him to his assigned jobs in Los Angeles.

11:03 pm FAM (26) "My Brother The Pig" (2000, Comedy) Scarlett Johansson. When a spell turns an 8-year-old boy into a swine his sister and best friend race to find the cure. (In Stereo) (E)

Sunday Movies

MORNING

8:00 am WTBS (3) ★★½ "Wimbledon" (2004, Romance-Comedy) Kirsten Dunst. An English tennis player reinvigorates his game after finding romance with an American counterpart.

10:00 am WTBS (3) ★★½ "The Hoax" (2006, Drama) Richard Gere. Clifford Irving nearly pulls off a huge media scam when he writes a fake biography of reclusive billionaire Howard Hughes and sells it to publishing giant McGraw-Hill.

SPIKE (44) ★★½ "GoodFellas" (1990, Crime Drama) Robert De Niro. In the 1950s an Irish-Italian hoodlum joins the New York Mafia, but his mob career is not what he expected. (In Stereo)

11:00 am CITY (12) ★★½ "The Terminal" (2004, Comedy-Drama) Tom Hanks. Unauthorized to enter the United States, an Eastern European befriends a flight attendant while living in a New York airport. (E)

AFTERNOON

12:00 pm FAM (26) "Roxy Hunter and

the Horrific Halloween" (2008, Mystery) Aria Wallace. Roxy thinks that her classmate is a vampire from Transylvania. (In Stereo) (E)

1:00 pm CHBC (4) BCTV (11) ★★½ "The Terminal" (2004, Comedy-Drama) Tom Hanks. Premiere. Unauthorized to enter the United States, an Eastern European befriends a flight attendant while living in a New York airport. (E)

1:31 pm FAM (26) "Don't Look Under the Bed" (1999, Fantasy) Erin Chambers. A girl calls on her brother's imaginary friend to banish a mischievous boogeyman who has framed her for his pranks. (In Stereo) (E)

2:00 pm YTV (18) ★★½ "Wallace & Gromit: The Curse of the Were-Rabbit" (2005, Comedy) Voices of Peter Sallis. Animated. Pest controllers Wallace and Gromit must save the day when a vegetable-munching beast ravages town gardens. (In Stereo) (E)

4:00 pm YTV (18) ★★½ "Beetlejuice" (1988, Comedy) Michael Keaton. A ghoulish helps a newly dead couple haunt the tasteless new owners of their

beloved home. (In Stereo) (E)

5:00 pm WTBS (3) ★★½ "Runaway Jury" (2003, Suspense) John Cusack. A juror, a lawyer and a mysterious woman stand in the way of a man trying to manipulate an explosive trial.

CBC (13) ★★½ "Monsters, Inc." (2001, Comedy) Voices of John Goodman. Animated. A blue behemoth and his one-eyed assistant work in a giant factory that exists to scare children. (In Stereo) (E)

EVENING

6:00 pm YTV (18) ★★½ "Ghostbusters" (1984, Comedy) Bill Murray. Premiere. Parapsychologists with nuclear guns go into business ridding New York of poltergeists. (In Stereo) (E)

7:30 pm WTBS (3) ★★½ "Runaway Jury" (2003, Suspense) John Cusack. A juror, a lawyer and a mysterious woman stand in the way of a man trying to manipulate an explosive trial.

9:00 pm FAM (26) ★★½ "Hocus Pocus" (1993, Comedy) Bette Midler. Halloween trick-or-treaters come face to face with three witch sisters from the past in Salem, Mass. (In Stereo)

10:36 pm FAM (26) ★★½ "Innerspace" (1987, Comedy) Dennis Quaid. A grocery clerk gets jabbed with a hypodermic holding a miniaturized Air Force pilot and craft. (In Stereo) (E)

11:00 pm WTBS (3) "Plaza Suite" Thoughts of romantic weekends, bitter-sweet reunions and dealing with a reluctant bride-to-be occupy the minds of three women in this adaptation of Neil Simon's play. With Carol Burnett and Dabney Coleman.

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and we like that.**

Similkameen News Leader

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SATURDAY, OCTOBER 23, 2010

Table with 20 columns (WTBS, CHBC, KNOW, KSPS, KHQ, KREM, A&E, KXLY, BCTV, CITV, CBC, YTV, TSN, VTV, DISC, FAM, CITY, SPIKE, TROP) and 24 rows (6 AM to 11:30 PM) listing TV programs and their corresponding channels.

SUNDAY, OCTOBER 24, 2010

Table with 20 columns (WTBS, CHBC, KNOW, KSPS, KHQ, KREM, A&E, KXLY, BCTV, CITV, CBC, YTV, TSN, VTV, DISC, FAM, CITY, SPIKE, TROP) and 24 rows (6 AM to 11:30 PM) listing TV programs and their corresponding channels.

MONDAY, OCTOBER 25, 2010

	WTBS (3)	CHBC (4)	KNOW (5)	KSPS (6)	KHQ (7)	KREM (8)	A&E (9)	KXLY (10)	BCTV (11)	CITV (12)	CBC (13)	YTV (18)	TSN (19)	VTV (22)	DISC (24)	FAM (26)	CITY (29)	SPIKE (44)	TROP (45)
6 AM	Cosby	(5:30) Morning News (N)	Little Bear (6:35)	Bob Build Between	News (N)	News	The Sopranos	News	(5:30) Morning News (N)	(4:30) Morning News (N)	CBC News Now	Being Ian Rollbots	SportsCentre	Canada AM	How/Made	Henry's Feet	CityLine	CSI: NY "Greater Good"	Spilled
7 AM	In the Heat of the Night		Hi-5	Arthur (N) Martha	Today (N)	The Early Show (N)	CSI: Miami	Good Morning America (N)			Artzooka (DVS)	Yu-Gi-Oh! Pokemon	SportsCentre		MythBusters	Mickey Mickey	The Nate Berkus Show	CSI: Crime Scene	Tooned
8 AM	Lyrics!		Magic Bus	Curious			CSI: Miami		100 Huntley Street		Bo On/Go Busytown	SpongeBob Kid vs. Kat	SportsCentre		The Detonators	Manny Handy	Rachael Ray	CSI: Crime Scene	Whatever
9 AM	Family Fd	100 Huntley Street	Clifford George S.	Super Why! Dinosaur		The 700 Club	The First 48	Live With Regis & Kelly	100 Huntley Street	World Vision	Super Why! News	Timothy Berenstain	SportsCentre	Live With Regis & Kelly	MythBusters	Agent Oso	Role Amazing	CSI: Crime Scene	Restaurant Makeover
10 AM	The Investigators	Canada	Franklin	Sesame Street (EI)		The Price Is Right (N)	The First 48	The View	Canada	X-Weighted "Kristi"	Poko Doodlebop	(9:50) Little Fly Rhino	Fishing Champ.	The View	How/Made	Mickey	EP Daily	CSI: NY	Grace
11 AM	Forensics Evidence	World Vision	Rolie Polie Berenstain	Sid Sit-Be Fit	Ellen DeGeneres Show	Young & Restless	Jewels	Paid Prog.	World Vision	(10:59) Noon News Hour (N)	Gofrette dirtgirl	George S. (11:35) Erky	Sports	Fashion	Treasure Quest	Suite Life	CityLine	Disorderly Con.	Gold Girls
12 PM	Jim King	Noon News Hour (N)	Arthur Dinosaur Train (N)	Charlie Rose	Paid Prog.	News Bold	The Sopranos	All My Children (N)	Noon News Hour (N)	Days of our Lives (N)	CBC News Now (N)	Mr. Men Jacob	X Games NFL Films	etalk	What's That About?	Wizards Hannah	General Hospital (N)	Star Trek: Voyager	Total Wipeout (N)
1 PM	Friends	Days of our Lives (N)	Wibbly Pig	Fine Art Sewing	Days of our Lives (N)	The Talk (N)	CSI: Miami	One Life to Live (N)	Days of our Lives (N)	The Doctors	Heartland "Starstruck!"	Ruby Creepie	NFL PrimeTime	Sue Thomas E.B. Eye	Dirty Jobs	Cory Recces	Jdg Judy	Star Trek: Voyager	Total Wipeout (N)
2 PM	Earl King	Young & Restless	The Ocean Room Fundraiser	Barney WordWorld	Judge B. Judge B.	Let's Make a Deal (N)	CSI: Miami	General Hospital (N)	Young & Restless	End Leash Debt Part	Steven and Chris (N)	Casper's Casper's	Off Record	Dr. Phil	MythBusters	Replacemn Ned's	Access Hollywood Live	Star Trek: Voyager	Gold Girls
3 PM	The Office	The Doctors	for North Toronto Cat Rescue.	WordGirl Electric	The Doctors	Dr. Phil	The First 48	Rachael Ray	The Doctors	Young & Restless	Recipes Air Farce	OddParent League	SportsCentre (Live)	(2:59) The Dr. Oz Show	Canada's Worst Driver	Life Derek Suite Life	CityNews at 6 (N)	Star Trek: Voyager	Restaurant Makeover
4 PM	Family Guy	Oprah Winfrey	George Shrinks	Fetch! With Cyberchas	Jdg Judy	Oprah Winfrey	The First 48	Seinfeld	Oprah Winfrey	(3:59) Early Global Nat.	Ghost Whisperer	SpongeBob Penguins	NFL Monday Night Countdown	Ellen DeGeneres Show	Daily Planet (N)	Phineas Phineas	Law & Order	UFC Fight Night	Tooned
5 PM	Browns Payne	Early News	Martha	BBC News	News (N)	News	Intervention Ashley.	ABC News	Early News	(4:59) News Hour (N)	CBC News: Vancouver (N)	SpongeBob	NFL	CTV News at Five (N)	MythBusters	Hannah Rules	How I Met	Total Wipeout	
6 PM	Law & Order: SVU	Global Nat.	Dogs Parks	PBS NewsHour (N)	News (N)	News Millionaire	Hoarders "Vula; Lisa"	News	(5:59) News Hour (N)	ET Canada	Coronation Big Time	iCarly	Football: New York Giants at Dallas Cowboys. (Subject to Blackout)	CTV News (N)	Dirty Jobs	Suite/Deck Wizards	The Event "Loyalty" (N)	Star Trek: Voyager	Total Wipeout
7 PM	Seinfeld	Ent	Be the Creature (N)	British Steves	Jeopardy!	The Dr. Oz Show	Hoarders (N)	Ent	Hawaii Five-0 (N)	Jeopardy!	Wheel	In Real Life (N)	etalk	Canada's Worst Driver	Sonny Hannah	Chase Annie is injured.	Disorderly Con.	Family Guy	
8 PM	Movie: "Without a Paddle"	House "The Tyrant"	The History of Scotland	Antiques Roadshow	Chuck	How I Met Rules	Intervention "Adam"	Dancing With the Stars	House "The Tyrant"	House "The Tyrant"	Blades Brooms	Chris	Dancing With the Stars (Same-day Tape)	Daily Planet	Suite/Deck I'm in Band	CityVote 2010: Election	Wild World	ET Canada	
9 PM	Nature's Calling	Lie to Me (N)	(9:05) Vincent: The Full	American Experience (DVS)	The Event "Loyalty" (N)	Two Men Mike	(9:01) Intervention Ashley.	(Same-day Tape)	Lie to Me (N)	Lie to Me (N)	Just for Laughs (N)	Sabrina	SportsCentre (Live)	MythBusters	Majority Buzz	Real Chance of Love	Most Amazing Videos	Family Guy	
10 PM	Movie: "The Hoax" (2006)	Hawaii Five-0 (N)	(10:05) Who Killed Miracle?	Fort	Chase Annie is injured.	Hawaii Five-0 (N)	(10:01) Hoarders "Vula; Lisa"	(10:01) Castle "3XK" (N)	Hawaii Five-0 (N)	News Hour Final (N)	National	In Real Life	FullTiltPoker.net	(10:01) Castle "3XK" (N)	Canada's Worst Driver	Ned's Stone	Justice Home Imp.	Most Amazing Videos	Parking
11 PM	Richard Gere.	CHBC News Final (N)	(11:01) Ancient Clues	Charlie Rose (N)	News (N)	News Jay Leno	(11:01) Hoarders	News (11:35)	News Hour Final (N)	ET Canada	George S. Mercer	Prank Ptrl	SportsCentre (Live)	CTV News	Dirty Jobs	So Raven Life Derek	Paid Prog.	Wild World	Total Wipeout

Monday Movies

EVENING

8:00 pm WTBS (3) "Without a Paddle: Nature's Calling" (2009, Comedy) Oliver James. Two friends and a crazy Briton have wild misadventures while searching for a missing girl in the woods. (E)

10:00 pm WTBS (3) ★★★½ "The Hoax" (2006, Drama) Richard Gere. Clifford Irving nearly pulls off a huge media scam when he writes a fake biography of reclusive billionaire Howard Hughes and sells it to publishing giant McGraw-Hill.

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COURT NEWS - CLASSIFIEDS - WEATHER - ROADS

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Kathleen (Kay) Ella Patenaude

July 8, 1916 - October 8, 2010



Kay was born in Ashcroft. She spent her early years on her father's ranch in Dog Creek and later at 150 Mile House. Kay met Albert Patenaude at a Halloween dance in 1936 and they were married four years later. They picked fruit in Keremeos until Albert found work at Copper Mountain, where they lived for six years. They spent several years in Kamloops. In 1948 the family moved to Allenby where they resided until 1961. That year they moved to Merritt. When Albert retired in 1981 they moved to Duncan for 10 years before returning to Merritt. Albert passed away in 2005 and Kay moved to Nicola Meadows where she resided until 2009 when she took up residence in Gillis House.

Kay is survived by her four children: Ida Hancox (Bill) of Abbotsford, Melvin Patenaude and Terry Patenaude both of Merritt and Gail Peterson (Paul) of Williams Lake; four grandchildren Kathleen (Kathy) Hancox (Mike Kothke) of Tucson, AZ, Kirsten Hancox (Dave Robb) of Waterloo, ON, Sandra (Sandy) Peterson of Vancouver and James Peterson (Ann Bonick) of Kamloops; and many relatives and friends. Kay was predeceased by husband Albert, brother Harold Place and sister Jean Sealock.

Kay was an avid flower gardener and also enjoyed doing needle work and other crafts. She was a member of Trinity United Church and UCW. She also belonged to the Merritt Seniors Association where she loved to play whist and cribbage on Mondays and to attend the monthly potluck suppers. She loved the Nicola Valley except for its cold wind and the city's drinking water. She will be missed for her smile and friendly disposition.

The family would like to thank Dr. A Smit, Terry Stockwell and the staffs from the Home Care, Adult Day Care, Nicola Meadows and Gillis House Special Unit for their loving care. And a special thank you to those who wrote to her and stopped by to visit.

A time of Remembrance will be held during the Trinity United Sunday Service on October 31, 2010 at 10:00 AM.

Donations will be gratefully appreciated in her memory to the Trinity United Church Building Fund (100th Anniversary Project), Box 175, Merritt, BC V1K 1B8

Arrangements entrusted to Merritt Funeral Chapel, telephone 250.378.2141.

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1981 GMC 350 18.5 ft motorhome, approximately 145,000 km. Needs heater. Water and septic works, 3-way fridge works. Good tires. New couch battery a year ago. Asking \$1,100.00 Call 250.499.8842 or cell 250.462.6334. Oct 12/10

Ferguson TEA tractor with PTO and hydraulic 3 point hitch. Starts and runs good. Asking \$2,100.00. Get an old GMC box trailer with it for \$100.00. Call 250.499.8842 or cell 250.462.6334. Oct 12/10

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notice

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7:00 PM - Meeting
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Gisborne Industrial Construction is the General Works Contractor at the Copper Mountain Mine Construction Project. To date we have approximately 350 people working on this project, with roughly 80% of them from out of the area. This has put rental accommodations at a premium and so we are asking the community to contact our site office at 250.295.4711 to speak with Harmony Brittain if anyone has any rentals to offer. We do appreciate all the cooperation to date from the local hotels, trailer parks, campsites and residents who have offered space to our employees. Should anyone have any questions or concerns we also encourage you to contact Harmony Brittain to discuss them with her.

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**CARTER'S
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Challenge**
SOLUTIONS TO PUZZLES ON PAGE 14

CHALLENGE #322

765	481	923
234	695	187
198	372	645
823	956	471
471	238	569
956	147	832
342	569	718
517	824	396
689	713	254

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Similkameen
News Leader - Recipe Corner
Recipe #345

Dilled Shrimp Scampion Rice

(NC)—Here is a recipe for your Thanksgiving table from Club House, a brand name long associated with spicing things up.

All You Need

- 2 tbsp (30 mL) butter or margarine
- 1 tbsp (15 mL) lemon juice
- 1 tsp (5 mL) Club House dill weed
- 1 tsp (5 mL) Club House parsley flakes
- 1/4 tsp (1 mL) Club House garlic powder
- 1/8 tsp (0.5 mL) Club House ground black pepper or to taste
- 1 lb (500 g) shrimp, peeled and deveined
- 3 cups (750 mL) cooked rice

All You Do

Melt butter in skillet over medium-high heat. Add lemon juice and Club House seasonings. Stir in shrimp and sauté 4 to 6 minutes or until pink. Serve over rice.

Makes 4 servings

Nutrition per serving: 380 Cal., 8 g Total Fat (4 g saturated fat), 205 mg Cholesterol, 230 mg Sodium, 44 g Carbohydrate, 2 g Fibre, 29 g Protein.

- News Canada

If you have a favourite recipe you would like to share, contact us for details!
226A Bridge Street, Princeton

October is 'End Polio Now' month is District 5060

Rotary Part 2

Princeton Rotary Club has joined the other 60 Clubs in District 5060 to push towards eradicating the world of polio. October is 'End Polio Now' month.

.....continued from last week
It turns out that this was a total farce that seems to have been created for reasons of greed. Andrew Wakefield had investors backing a new type of vaccine and was purposefully creating doubt among parents so that he could sell the new vaccine.

The scheme has been uncovered and in May of this year, Andrew Wakefield was removed from the medical profession.

What types of vaccines are there?

There are two main types of vaccines. One is by injection into the bloodstream with a dead virus and the other is orally with a live virus. Both are good vaccines and each have their purpose.

Because Polio does not exist in North American, children in

Canada and the US are given the injection type. This is the safest vaccine, but does not stop Polio from living in the gut for short periods of time. A child could become a carrier for Polio for short periods of time, but because there are no cases in North America, this is not considered a risk factor.

In India, Pakistan, Afghanistan and Africa, Polio is still in the wild. The oral vaccine is used there as it is much more effective. It stops polio from reproducing in the gut and being excreted in feces and spread. In fact, quite the opposite. The live virus in the vaccine reproduces in the gut, is excreted and children coming in contact with this feces can actually become inoculated against Polio. The downside to the oral vaccine is that in some very remote cases, children can contract a mild form of Polio. The risks are extremely rare and the benefits of taking the vaccines are so incredibly high that it's considered an acceptable risk.

That, and the injection type of vaccines is much more expensive than the oral vaccine.

There is a shortage of money running with the oral vaccine. There is just no way that enough money could be raised to vaccinate all the children with the higher cost vaccine.

How long does the vaccination program continue for?

We are very close to completely eliminating Polio once and for all. Children will continue to be vaccinated for about 3 to 5 years after the very last case has been discovered.

After that point, when the world is Polio Free, then the vaccines and the associated costs can be eliminated around the world.

How much does it cost to vaccinate one child?

About 60 cents per dose. Cheap.

Why should we believe the campaign will work?

Look at Smallpox. It has been completely eliminated and people no longer need to be vaccinated against

it. Polio will be the second disease to be wiped out.

But with Polio, there are three types. Types 1 and 3 are still a problem but type 2 has already been eliminated, proving that we are on the right path.

Is the Vaccine used today the same as in the 1950's?

Until recently, yes. But in late 2009, a new vaccine that is much stronger was developed and approved for use. This stronger vaccine is what will complete the program once and for all. Unfortunately, in the areas where Polio is still in the wild, the problem is sanitation.

With poor sanitation, people come in contact with feces of other people and that is how the disease spreads. But other diseases are spread this way too. Children that are bombarded with bacteria and virus have their immune systems compromised. When the vaccine is given to them, it's often excreted before it can be effective. The newer, stronger vaccine has a better chance of protecting these children.

The poor water and sanitation issues are at the heart of many problems and other Rotary projects work on these concerns. Rotary is

more than just a Polio fighting organization, but it is our best known project.

Can people survive Polio?

You bet. Some people are crippled for life. Some need help breathing for a short period of time and used to be put in iron lungs for this purpose. Many in North America have had surgery to straighten their limbs, allowing them to walk again. The worst problems are in third world countries where there are no support systems.

Harry McWatters is one local example of someone with Polio who went on to have a great life, but still has some lasting effects from Polio when he was 8 years old. In our Rotary Clubs, we have many other Polio Survivors such as Karen Naumann, Lloyd Higgs, Ron Mason, Christoff Werner and many others.

And finally, the most important question: How can I donate?

Princeton Rotary Club has placed small donation boxes in many local businesses. In addition, any Valley First Credit Union can take a donation. You can also make a donation by Visa or Mastercard online at <http://polio5060.com>. - submitted

Princeton Posse 2010/11

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PRESENTED BY:



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HOME

SUN SEP 12 - vs Kelowna 2:00 PM
SAT SEP 18 - vs Spokane 7:00 PM
FRI SEP 24 - vs Kamloops 7:00 PM
FRI OCT 01 - vs Osoyoos 7:00 PM
SAT OCT 16 - vs Sicamous 7:00 PM
TUE OCT 19 - vs Osoyoos 7:00 PM
FRI OCT 22 - vs Beaver Valley 7:00 PM
SUN OCT 24 - vs Creston 2:00 PM
FRI OCT 29 - vs Kelowna 7:00 PM
SAT OCT 30 - vs Penticton 7:00 PM
FRI NOV 05 - vs Golden 7:00 PM
SUN NOV 07 - vs Osoyoos 2:00 PM
FRI NOV 12 - vs Revelstoke 7:00 PM
SAT NOV 13 - vs Revelstoke 7:00 PM
SUN NOV 21 - vs Osoyoos 2:00 PM
FRI NOV 26 - vs Kelowna 7:00 PM
FRI DEC 03 - vs N Okanagan 7:00 PM
SUN DEC 05 - vs Kelowna 2:00 PM
FRI DEC 10 - vs Columbia Valley 7:00 PM
WED DEC 15 - vs Penticton 7:00 PM
SAT JAN 01 - vs Penticton 7:00 PM
FRI JAN 07 - vs Penticton 7:00 PM
FRI JAN 21 - vs Kamloops 7:00 PM
FRI FEB 04 - vs N Okanagan 7:00 PM
FRI FEB 11 - vs Sicamous 7:00 PM

AWAY

SAT SEP 11 - at Kamloops 7:00 PM
FRI SEP 17 - at Sicamous 7:00 PM
SUN SEP 19 - at Osoyoos 2:00 PM
TUE SEP 21 - at Kelowna 7:00 PM
FRI OCT 08 - at Fernie 7:30 PM
SAT OCT 09 - at Kimberley 7:30 PM
SUN OCT 10 - at Nelson 1:00 PM
FRI OCT 15 - at N Okanagan 7:30 PM
WED NOV 03 - at Penticton 7:00 PM
SAT NOV 06 - at N Okanagan 7:30 PM
FRI NOV 19 - at Kelowna 7:00 PM
SAT DEC 04 - at Kelowna 7:00 PM
SAT DEC 11 - at Kamloops 7:00 PM
SUN DEC 12 - at Osoyoos 2:00 PM
FRI DEC 17 - at Revelstoke 7:00 PM
SAT DEC 18 - at Revelstoke 7:00 PM
FRI DEC 31 - at Osoyoos 7:00 PM
TUE JAN 04 - at Kelowna 7:00 PM
SAT JAN 08 - at Penticton 7:00 PM
WED JAN 19 - at Osoyoos 7:00 PM
SAT JAN 22 - at Sicamous 7:00 PM
SAT JAN 29 - at Castlegar 7:30 PM
SUN JAN 30 - at Grand Forks - 1:00 PM
SAT FEB 05 - at Penticton 7:00 PM
SAT FEB 12 - at Penticton

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(NICOLA-SIMILKAMEEN)

BUS DRIVER/GROUNDSMAN/HANDYMAN

Applications are invited for the position of Bus Driver/Groundsman/Handyman with School District No. 58, (Nicola-Similkameen) in Princeton.

This is a 10-month per year, 4.5 hour per day, primarily day shift position. Salary and benefits will be in accordance with the C.U.P.E. Local 847 Collective Agreement.

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- A minimum Grade 10 education and specific academic, vocational, or technical training of up to one year in duration including course work related to the installation and maintenance of outside underground sprinkler systems.
- Other grounds related courses or equivalent of 3-6 months related experience in the use of tools and equipment such as power mowers, and tractors.
- A Class 2 BC Driver's Licence, or higher, including an air ticket, certificate for propane fuelling, and 6 months to one year commercial driving experience or equivalent combination of training/experience specifically with bussing. A driver's abstract is also required.
- Demonstrated experience in the use of shop equipment such as table saws, radial arm saws, planners, etc.

Applications, including a detailed resume with a minimum of three references, will be accepted until **October 20, 2010**.

Please forward to:

Attn: Secretary Treasurer
School District No. 58 (Nicola-Similkameen)
P.O. Box 4100, 1550 Chapman St.
Merritt, BC V1K 1B8
Fax: (250) 378-6263

Only those applicants being interviewed will be contacted.



Editorial Page News Leader

Similkameen News Leader, 226A Bridge Street, PO Box 956, Princeton, BC V0X 1W0

My Turn...

Playing Fair At The Fairgrounds

Princeton Fairgrounds.

Touted as a multi-million dollar facility but yet the people who spend most of their time out there are volunteers and, quite frankly, they are getting pretty tired.

So much so that medical issues have forced some of them to walk away from the time commitment that has become the Princeton Fairgrounds.

I can still recall spending far too much time out there myself when I was President of the Princeton Exhibition Association (PXA – the volunteer facility management committee) a dozen or so years ago.

Back then we would (or more accurately, I would) fight with the Town Council of the day over such things as power bills and the cost of repairs.

I vividly recall a loud discussion over the need for a new roof on the grandstand and being told that we (the PXA) would be lucky if the Town split the cost with us.

Why did that bother me?

The multi-million dollar facility currently identified as Princeton Fairgrounds is 100-percent owned by you and me and all the other taxpayers of the Town of Princeton. I was disgusted that the 'landlord' thought splitting the cost of property repairs with the 'tenant' was a favour.

It wasn't long after that I starting suggesting (strongly) that maybe the PXA would fold and the Town could take care of their own property.

Maybe now the time is right for this to happen.

The majority of the PXA Executive has resigned at this point anyway and as far as I can tell not many people have come forward.

Oddly enough, I was even approached on the off-hand chance I had forgotten all that one needs to do to keep the landlord, user groups and executive happy. A couple other people in my social network were also courted briefly. We all were too busy to take it on.

Managing the multi-million dollar facility is far too great a job for volunteers. Especially when most of them are not under 45 years of age. Or 55.

Maybe Town Council needs to examine what the facility brings to the community and if the numbers crunch properly (and I'm pretty sure they will) create a paid position under the Parks & Recreation Department for facility management. The person could also assist at Centennial Pool, Memorial Park, the Arena and a few other Town of Princeton-owned facilities in need of such support.

We already know what the problem is and I've offered a possible solution. All we need now is for Town Council to connect the dots.



John Bey, PXA President, centre, presents a token of appreciation to Carol and Peter Ruoss for their years as volunteers to the Princeton Exhibition Association. Photo: Dawn Johnson

Your Turn...

Still more on the cardlock issue...

To The Editor;

After reading the recent articles I decided to add my voice. Although I do not directly live on Burton Avenue, I nevertheless have to pass by it everyday. I also ride the KVR, past the disputed and area of conflict.

Much has been made of the impact of the new development on the environment, tourism, and last but not least the financial effect on the area. It appears clear that in the past things were not done right to protect the environment from petroleum products which have contaminated some of the properties and left others uncertain.

It also appears that the present Council and Mayor are prepared to enable this pollution process to continue into perpetuity. Is it possible that Council's vision was blinded by the bright lights and dazzle of the new mine and its touted prosperity? This is not a new phenomenon. It is a phenomenon however, but which chokes the live breath out of environmen-

tal concerns and builds only on the present with no concept or regard of the future because it is based primarily on the profit model.

Is this sustainable? I guess it depends on which side of the council table you sit on.

The KVR (Trans-Canada Trail), a much touted tourist attraction, is great once you get out of town. At places you have to navigate between big trucks hoping not to get run over. Going west you have to travel past derelict buildings, the Esso refueling station (old and new), and last the now closed Mill operation.

Is this very attractive? A tourist would want to get the hell out of town as quickly as possible. Who would want to spend time in that area? Once through the tunnel you are safe, or are you?

Although the scenery is remarkable and like no other, you run the gauntlet of either jumping into the Tulameen River or bashing your head against the rock face as you try to escape the mental midgets with their motorized vehicles of destruction.

I am sure that others who use the trail have some similar experiences. What can be done? It takes a community to make changes and also preserve.

To reiterate, the profit model drives all progress. Included in this model of course are taxes. Municipal taxes in the form of property, business, and others are certainly part of this model.

It is my guess that the Council and Mayor are well informed about this (progressive) model. Historically tax cuts are given to continued on Page 23

Similkameen
News Leader

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Dawn Johnson - Reporter
John Gillis - Advertising Sales
Lynette Boyd - Office Assistant

EDITORIAL GUIDE

We would like you to write to us, but please remember to abide by anti-discrimination laws.

The News Leader reserves the right to refuse to print any letter which is not signed by the writer or is slanderous, libelous or of uncommon sense!

The Editor reserves the right to condense any letter or to substitute proper language for improper language.

www.thenewsleader.info

Current Comment

Young Vandals Are Stupid But Lucky



Dawn Johnson
editor@thenewsleader.ca

There are some youths in our community responsible for some vandalism, and they have no idea what danger they're flirting with. They are climbing up on downtown rooftops and disconnecting air conditioning equipment as well as wrecking other rooftop equipment. They do not know what danger they are in. I hope they are still alive as I write this.

These young vandals have caused a lot of damage to be paid for by the owners of the buildings, and they have been seen and reported to police. Probably, being nabbed by the cops is their greatest fear, but what they are doing is far more dangerous than merely being

caught and taken to court.

Disconnecting the air conditioners could result in electrocution. They have been very lucky so far. The other thing they do not seem to be aware of is the overhead wires which could give them a high voltage jolt. In addition to all the electrical dangers, they could make an error in climbing or descending and fall. Injuries from a fall off a rooftop can be serious or even fatal.

People who have seen the youths on top of downtown buildings have told them to get down and stop doing what they've been doing, but these youths merely shout back, "We can do what we want."

This response reflects defiance of authority, which undoubtedly makes the youths feel powerful. They delude themselves. What they are actually doing is being remarkably stupid.

I recall a court case several years ago in which three youths were charged with break and enter. What occurred is as follows: the youths were going to rob a local business and gained access through the roof. What they did not realize was that, when they stepped from the roof onto the ceiling inside, it could not hold

their weight. One of the youths went through the ceiling and fell about two meters to the concrete floor below. His leg was broken and the other youths had to call an ambulance. Of course, they were apprehended by the police.

As Crown Counsel described the incident, people in the courtroom gallery snickered and grinned. The whole episode was so stupid all anyone could do was laugh. When court recessed for lunch, I remarked to Crown Counsel there ought to be a section in the Canada Criminal Code that allows police to charge crooks for stupidity. He replied it could be a charge attached to the majority of petty crimes.

The young vandals on rooftops may feel they are doing something that defies the law. In actual fact, what they are doing defies common sense. The unfortunate aspect of being young is lack of experience.

Risking electrocution or a serious fall just indicates how immature these youngsters are. They probably see only the risk of being caught by police, when the real risk is injury or death.

Unfortunately, sometimes the only real cure for that kind of stupidity is death.

Cultural plan survey deadline nears

by Vicky Jones,
Project Manager

There is less than one week left to fill in the survey on the Princeton Cultural Plan as surveys online and around town will be collected on October 22nd.

Please fill one in as we want the consultation process to be as inclusive as possible to get a better picture of the community's true wants and needs for arts, culture and heritage. All surveys are confidential and names will only be seen by the Project Manager.

To fill out the questionnaire and be entered into a prize draw for a Riverside family movie pass, a \$25.00 gift certificate from

Thomasina's Tea Room or a \$25 gift certificate for the Sunflower Gallery please:

- Go online at <http://www.surveymonkey.com/s/PrincetonCulturalPlan> or

- Pick up a copy in Princeton at the Sunflower Gallery, Riverside Centre and Princeton Chamber of Commerce and Visitor Centre until October 22nd.

For more details you can go to

www.princetonarts.ca.

If you want to be more involved in the process and be a part of our small Focus Group discussions on October 26th or November 23rd please contact me at vickyjones5@gmail.com.

We hope you will join us in identifying how we can achieve the goals that will help shape Princeton's arts, culture & heritage future.

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The Tree-of-Heaven, showing the seed pods. Photo: Lisa Scott

Invasive Plant Alert

Weed Trees

by Lisa Scott
Coordinator, South Okanagan Similkameen Invasive Plant Society

There are four tree species that are unfortunately all too common in our region: tree-of-heaven (*Ailanthus altissima*), Siberian elm (*Ulmus pumila*), black locust (*Robinia pseudoacacia*) and Russian olive (*Elaeagnus angustifolia*). All four of these species provide shade, habitat and may be considered by some to be pleasant-looking trees, although the latter is somewhat questionable in my opinion. But those redeeming qualities tend to be outweighed by their invasiveness and aggressive expansion into natural areas. While some may question my referral to these trees as "weeds", their ability to readily reproduce and tolerate harsh conditions allowing them to grow in large numbers wherever they take root, seems to fit my definition of a weed. Not to mention the fact that their prevalence poses a nuisance to homeowners and maintenance workers who are constantly pulling saplings out of gardens and cutting them back from buildings and fences.

Tree-of-heaven can grow as much as 2 metres per year, with mature trees reaching an impressive 24 metres in height and 1.8 metres in diameter. Native to central China, tree-of-heaven was introduced to the east coast of North America in the late 1700s and became common stock in eastern nurseries by 1840. In the late 1800s, it arrived on the west coast, brought to California by Chinese miners during the gold rush. Escaping from cultivation and quickly becoming established on

both coasts, tree-of-heaven has expanded its range considerably since its initial introductions. Tree-of-heaven resembles the sumacs and hickories, but can be distinguished by the glandular, notched base on each leaflet. It has smooth stems with pale gray bark and twigs that are light chestnut brown, especially in the dormant season. Its large compound leaves are 0.3 - 1.2 metres in length, alternate, and composed of 10-41 smaller leaflets. Flowers occur in large terminal clusters and are small and pale yellow to greenish. Flat, twisted, winged fruits each containing a single central seed are produced on female trees in late summer to early fall and may remain on the trees for long periods of time. This invasive tree is a prolific seed producer and can successfully compete with native vegetation. It reportedly produces toxins that prevent the establishment of other species, and the root system is aggressive enough to cause damage to sewers and foundations.

Siberian elm was introduced to North America in the mid-1800s for its hardiness, fast growth and ability to grow in various moisture conditions. Its native range includes Northern China, eastern Siberia, Manchuria and Korea. Siberian elm grows readily in disturbed areas with poor soils and low moisture. It reaches heights of 9-18 metres with an open rounded crown and slender, spreading branches. Its bark is dark gray and shallowly furrowed on a mature tree. Leaves are small, elliptical and toothed, with a short point at the tip. The fruit is winged, round and smooth, and hangs in clusters. The abundant, wind-dispersed seeds

allow this tree to spread rapidly, forming dense thickets that displace native vegetation and reduce forage for wildlife and livestock.

Black locust (*Robinia pseudoacacia*) has been planted extensively for its nitrogen fixing abilities, as a source of nectar for honeybees, and for fence posts and hardwood lumber. Its commercial value and soil building properties encourages further transportation outside its natural range. It is native to the Southern Appalachians and the southeastern United States. The tree has been planted in many temperate climates and is naturalized throughout the United States, within and outside of its historical range, and in some parts of Europe. Black locust reaches heights of 9 to 24 metres and has a shallow, fibrous root system. Young saplings have smooth, green bark, while older trees have deep, furrowed, shaggy, dark bark with flat-topped ridges. Leaves are alternate and pinnately compound with 7 to 21 leaflets. Leaflets are thin, elliptical, dark green above, and pale beneath. Most distinctive are the heavy, paired thorns that grow on smaller branches, as well as the shiny, smooth and flat seedpods that are 5 to 13 cm long. Once introduced to an area, black locust expands readily into areas where their shade reduces competition from other sun-loving plants.

Russian olive (*Elaeagnus angustifolia*), also known as oleaster or silverberry, is native to Europe and western Asia and was originally planted in the United States beginning in the late 1800s, most commonly as a windbreak tree that is extremely

..... continued on Page 23



Vermilion Forks Field Naturalists' hikers enjoy the view from Lodestone Mountain. - photo submitted

Hikers experience glorious view from Lodestone

by Rika Ruebsaat

On Saturday, October 16 a group from the Vermilion Forks Field Naturalists hiked to the top of Lodestone Mountain.

The weather was clear and crisp and the autumn colours were glorious. As we got out of the car our

footsteps crunched because the ground was frozen. As we walked up the mountain we could see our boot tracks in the dusting of snow that lay on the ground.

At the top we were treated to a stunning 360-degree view of mountain peaks. We consulted our topograph-

ical map to find out which peaks we were looking at (wish we'd had Kelley Cook along). Terry Malanchuck consulted his various navigational instruments, which weren't giving him the readings he hoped for.

"They don't call this Lodestone Mountain for nothing," he commented, because the magnetism in the rock was distorting his readings.

On the hike down we stopped off at Lodestone Lake, in which I had swum just two months previous, and explored the old log cabin near the shore.

Throughout the journey both on foot and in the car we were treated to historical notes from Terry's knowledge of the local area. We saw very little bird life but tracks in the snow told us that chipmunks, rabbits and coyotes had been there before us.

It was a wonderful day and some of us liked it so much we plan to return in the winter on snowshoes or skis.

The next Vermilion Forks Field Naturalists outing is the Allison Lake circuit and takes place on Saturday, November 6th.

This tree is a weed?

..... continued from Page 22 tolerant of environmental factors. By the mid-1900s it had escaped cultivation into the central and western U.S., and is now extensively naturalized in 17 western states. It also occurs in southern Canada, from British Columbia to Ontario. In the Pacific Northwest, it has become a major problem in riparian woodlands, threatening even large, hardy native trees such as cottonwoods. It can grow up to 9 metres in height and is often thorny. The upper surface of its lance-shaped leaves are light green in color and are covered with silvery star-shaped hairs, and the lower surface of its leaves are silvery white and densely covered with scales. Russian olive produces an abundance of yellow-red, olive-shaped fruits that are readily eaten by many species of birds, which help to disperse the seeds. Russian olive can form dense stands that alter vegetation structure, nutrient cycling and the hydrology of a system. While it occurs in a variety of soil and moisture conditions, Russian olive prefers sandy floodplains and is often associated with open, moist riparian habitats.

To effectively control these aggressive trees, seedlings can be hand-pulled when the soil is moist. Once they become firmly established, the most effective control method is the cut-stump herbicide treatment during late spring. This method is both labour intensive and expensive, but can be highly effective. Bulldozing, mowing and brush cutting can also be effective, but only if all re-sprouts are continually cut and removed which will likely take many consecutive years of treatment. Girdling may also be an inexpensive and useful technique for controlling these

undesirable trees. Girdling involves manually cutting away bark and cambial tissues around the trunks of trees. This control method should be undertaken using an ordinary axe in the spring when the trees are actively growing. Note that hardwoods are known to re-sprout below the girdle unless the cut is treated with herbicides. I strongly encourage anyone dealing with invasive trees to consult with a professional before attempting these control techniques. I would love to hear from anyone who has successfully battled any of these giant weed trees!

For more detailed information on invasive plants, go to the regional district website www.rdos.bc.ca.

Branch #56 honours members

..... continued from Page 5 Johnson, Bernadette Kelleher, Betty O'Hara, Ken Rempel, John Ruck, and Abe Willis.

Associate members receiving five year pins were Dennis Allarie, Laura Allarie, Sharon Broad, Jackie Chaston, Margaret Deane, Charles Krastel, Howard Letroy, Sandra Marshall, Janet Neil, Faye Niska, Jack Pelly, Jerry Rodgers, Keith Scotland, Doreen Sheares, Nora Sutton, Joan Webster, Lynda Whitta and Helen Winquist. Ten year pins went to Robert Mullin, Brian Andrew Porritt, Lawrence Stevens, Lori Thomas, Robert Wicks, Janis Winter, Ken Froese. Fifteen year pins were awarded to Audrey Anderson, Joe Beausoleil and Jack Powell.

Myrtle Gilligan received her 20 year pin, Carrie Gerun and Janette Lee received their 25 year pins, Ed Bernier and Theresa Antonick received 30 year pins, and Irene Manion, Randy McLean and G.M. Slowikowski received 35 year pins.

Certificates of appreciation went to Sandra Kinsey for the monthly letter, Derek Winter, Neil Cox and Faye Niska for helping around the branch, and Angelica Bachynski for her great cooking.

..... continued from Page 20 new businesses coming to town. I wonder if this has been explored. I also wonder if Council attempted to have the new facility be built at the new industrial complex. It appears to me that should have been an issue of discussion prior to handing out a permit. Was there pressure put on Council? Who had something to gain? These are some of the questions need answering. You will all agree that it does not take a brain surgeon to understand the the new Esso deal is a done deal. So sad. The Council truly failed to work in the best interest of the community. But you have to wonder where lies the responsibility. Is it solely with the Council, the Mayor? If it is, should they resign? That is the question!

- Norbert Neumann, Princeton

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214 Black Mine Road



Only 6-minutes from town and you really are out in the country - this property is surrounded by similar sized properties and with almost 40 acres you are able to enjoy every bit of privacy you desire. You will enjoy the vista views from every angle on your 15.6 x 15.6 deck. This home is bright, clean to every corner and boasts large bedrooms with room to finish in the basement. **MLS © 109793 \$445,000**

256 Penryn Avenue



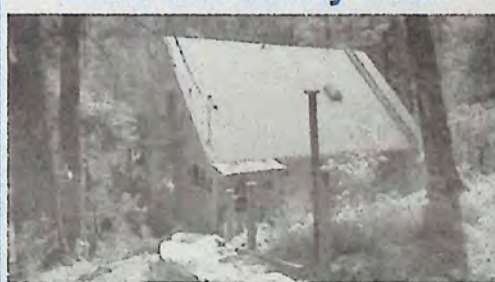
Step back in time when you enter this well cared for home loaded with character and charm. Cozy living area, bright kitchen and 2 bedrooms on the main floor. Low basement provides ample room to store the extras. Updates include re-finished fir flooring, plumbing, electrical, insulation with energy rating of 69%, well above the average home of 44%! Fully fenced yard. **MLS © 111526 \$184,900**

313-9th Avenue



Character, charm and a country setting describe this well cared for home. Perennial gardens, low maintenance lawn, green house and an extra building currently being used as a studio, complete with sliding doors to garden area. Once was a garage, so lots of choices. The main floor is light and bright with enclosed entry. **MLS © 111552 \$199,000**

2405 Old Hedley Road



Completely private, but only minutes to Princeton, this unique home sits on over 2 acres hugging the Similkameen River and surrounded by Crown Land. If you are ready to slow the pace down a bit, this is the property for you! The house is well designed with an open layout, a "great living room" with 18-foot+ ceilings, true hardwood floors and plenty of windows! **MLS © 111439 \$530,000**

4028 Princeton/S'land Rd



Just across from Osprey Lake on a well-kept paved road, this home is much more than recreational property - this is a Krastel designed rancher and boasts an open floor plan, plenty of natural light in every room and the finishing details are clearly exceptional! This large property allows for easy access to Crown Land providing you with hours of recreational fun! **MLS © 111532 \$389,600**

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