



Similkameen News Leader

INCLUDES HST! \$1

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Tuesday, December 21, 2010



A lot of Princeton Posse fans made sure Princeton Crisis Assistance Society did not have a shortage of stuffed animals donating many during the annual Teddy Bear Game December 15th. *

Sego reports drilling results

Sego Resources released the first round of geochemical results from the recent Granby Zone Trenching program on December 15th.

The results are from Trench 96 and Trench 97. As stated in the December 8th news release the trenching had located a large area of gossanous material with copper oxide mineralization.

Trench 96, is located approximately 40 metres west of diamond drill hole MM-10-19, which intersected 60.4 metres averaging 0.24% copper, 0.16 g/t gold and 0.72 g/t silver, and bottomed in mineralization.

This trench, approximately 200 metres long and oriented in a northeasterly direction, is located in the area identified by Dr. S. Tribe, P.Geo. in her March 17, 2010 Terrain Study of Miner Mountain as a headscarp of the Regal slide zone.

Approximately 40 metres west

and 15 metres downslope of Trench 96, Trenches 40 and 22 cut copper mineralization in oxidized rock ranging from high individual assays (1.87 % copper and 0.09 g/t gold; 1.40 % copper and 0.65 g/t gold) to a well mineralized zone of 19 metres averaging 0.99 % copper and 0.65 g/t gold.

For details, refer to the news

releases of April 24, 2008 and May 12, 2008 on the Sego Resources web site.

Trench 96 cut, but did not penetrate, a 100 metre zone of intensely clay altered and leached, gossanous cap rock with sparse oxide copper mineralization.

Due to the depth of the trench continued on Page 2

CMMC confirms high-grade discovery

Copper Mountain Mining Corporation ("CMMC" or the "Company") announced December 13th assay results from 20 diamond drill-holes completed in the Oriole and Rifle areas of the Copper Mountain project, where a major drill program continues.

Two deep holes have been completed below the Pit 3 area and have been logged, split and the core has been sent out for assay. Additionally, a number of deep, angle holes have been recently drilled around and below the planned superpit targeting geophysical anomalies and possible extensions to mineralization. Assays for the deep holes are pending.

Oriole Area:

The drill program in the Oriole area provides results required to complete a detailed mine plan which allows for additional near surface extraction of higher grade material in the early years of production.

A total of 2,200 m of drilling was completed in 16, shallow drill-holes, which were primarily infill holes on the margins of the proposed pit area.

The drilling provided more definitive geological and grade information and, together with the shallow percussion drilling, completed in October, will result in improved reserve modelling. All of the holes

from the current program are inclined at -45 degrees and drilled on east-west sections across the vertically oriented mineralization. All but one of the holes returned above cut-off grade mineralized intersections.

Rifle Area:

An additional four holes were drilled on the margin of a geophysical chargeability anomaly in an area approximately 1 km south of the Oriole deposit.

This area was originally proposed for waste rock storage. Past exploration had defined a low level soil geochemical anomaly in the area and a number of near-surface intersections had been obtained in past drilling.

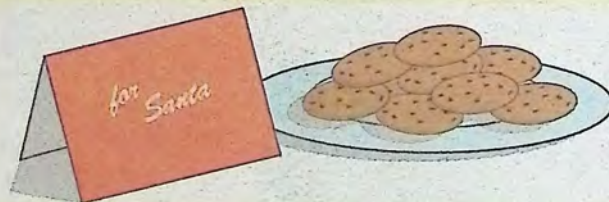
The four new holes that form two east-west sections were drilled to determine the orientation and geological characteristics of the mineralization. Not all assays have been received but results thus far confirm the presence of mineralization. Additional follow up work is being planned prior to using this area for waste rock storage.

The mineralized system at Copper Mountain is classified as a bulk-tonnage, alkalic porphyry copper deposit that is hosted within Nicola Group volcanic rocks.

Mineralization is structurally controlled and focused at multi-directional vein intersections and within continued on Page 2

Merry Christmas!

FROM ALL OF US AT Similkameen News Leader



OUR OFFICE WILL BE CLOSED

5:00 PM Wednesday, December 22 to 8:00 AM Tuesday, December 28

THERE WILL BE NO PAPER December 28

Similkameen News Leader THIS WEEK:

The Fur Was Flying! - Page 9



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Christmas Concert Season featured performances at all local schools. Photo: Des Cosman

Merry Christmas

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..... continued from Front Page
 vein stockwork systems. Drill holes are usually drilled at angles of -45 or -55 degrees to provide the best indication of the lateral extents of vertically oriented mineralization.

Quality Assurance
 The company employs a system of quality control for drill results which includes the use of blanks, certified reference material (standards) and check assaying. Core is logged on site and split with a diamond saw.

Samples are shipped to Pioneer Laboratories for geochemical analysis of copper with all values of greater than 1,000 ppm copper being re-analysed by assay methods for copper, gold and silver. The drilling program is being supervised by Peter Holbek, M.Sc., P.Geo., a qualified person as defined by National Policy Instrument 43-101.

About Copper Mountain Mining Corporation:
 Copper Mountain is a Canadian

resource company managed by an experienced team of professionals with a solid track record of exploration and development success. The Company's shares trade on the Toronto Stock Exchange under the symbol "CUM".

Copper Mountain owns 75% and Mitsubishi Materials Corporation owns 25% of the Copper Mountain Project. The 18,000 acre mine site is located 20 km south of the town

Sego reports drilling results

..... continued from Front Page
 (more than 10 metres), chip samples of bedrock could not be taken, hence 1-metre representative grab samples were taken from the broken excavated rock along the trench.

The highest grade zone is a 10 metre section with multiple assays of >10,000 ppm Copper (Cu), over 20 ppm Silver (Ag) and over 1,000 ppb (1 Gram/Tonne) Gold (Au). >10,000 means greater than 10,000 ppm copper (1% copper) and is at the top limit of measurement and must be fire assayed to arrive at the true value.

This occurs in a section of oxidized volcanic rocks containing limonite and hematite with 2-3% pyrite and malachite/azurite mineralization. The section is also heavily faulted with numerous zones of gouge and breccia.

This heavily mineralized zone occurs within a 50 metre wide zone of gossanous material in limonite bearing volcanics as described above. Within this 50 metre wide zone there are numerous 1 metre

of Princeton.

The Copper Mountain Project has a current resource of approximately 5 billion pounds of copper, the project is fully financed (\$438M) and in construction and on schedule for the mine to produce approximately 100 million pounds of copper per year by mid 2011. Additional information is available on the Company's web page at www.CuMtn.com. - submitted

samples with significant Copper (>1,000 ppm) and Gold (>100 ppb) results.

At the start of sampling, at the north end of Trench 96 in what is interpreted to be a Microdiorite, there is a zone of elevated copper and gold mineralization, typical of a leached cap over a porphyry copper deposit.

To the south of this initial zone, there is a zone of elevated path finder elements including Molybdenum (up to 40 ppm) and Zinc (>10,000 ppm), along with significant Copper (> 1,000 ppm and Gold (> 100 ppb). This zone ends a few metres before the 50 metre zone of copper/gold mineralization from R66 to R116.

Sego also received rock geochemistry for Trench 97, which is 87 metres east of Trench 96. The trench did not penetrate the gossanous cap, but did have elevated copper values (>500 ppm) over a strong Titan 24 chargeability anomaly. All rock geochemistry samples greater than 1,000 ppm Copper will be fire assayed. - submitted



Harkness works on health issues

Councillor Marilyn Harkness reported to Town Council on December 6 regarding her portfolio, which covers health concerns in Princeton.

Councillor Harkness described a meeting with a local citizen regarding the physician situation. She assured that person, and Council, that efforts to recruit more physicians is an ongoing project.

Health Administrator Sheri Uribe will be retiring this month.

The initiative called Communities for Kids, which runs the Family Centre on Veterans Avenue, has many excellent programs, but

many of the low income parents do not attend due to transportation problems. Councillor Harkness told Council that transportation continues to be an issue for many elders, as well.

Councillor Harkness said Princeton's Communities for Kids group received praise from a visiting Director of the group, who said the local group is doing better than groups in many larger centers.

Harvest starts in June

Mayor Randy McLean announced at the December 6 Town Council meeting that the Forest Corporation, in partnership with Upper Similkameen Indian Band, has been allocated 20,000 cubic meters of wood. Harvesting will not take place until June, 2011.

Regarding the pine beetle situation, Mayor McLean learned the rate of infestation in the local forest area has dropped 50 percent, but is still very high. There are still spruce moth problems. He said the indications of a decline in infestation is positive news.

RCMP search for driver after police car hit

Keremeos RCMP report that at 10:38 PM on Thursday, December 16th an older two-toned (light colour over a black body) full-size extended cab pickup truck failed to negotiate the right hand curve at the bottom of the Keremeos hill adjacent to the Fire Hall on Highway 3.

"The pickup truck side-swiped the marked police car driven by a South Okanagan Traffic Services member," reports Cpl. B. Petersen of the SOTS Unit in Keremeos.

"The in-car camera captured some details of the collision. The vehicle continued up the hill eastbound on the highway until it went out of sight."

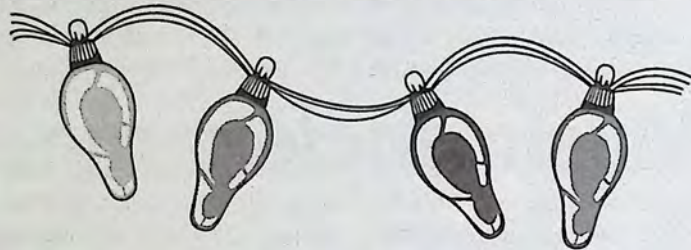
Police say the pickup truck will have 'substantial damage' to the front driver's side from the headlight back to the passenger cab.

The SOTS member was shaken but not injured in the crash.

"We have not been able to locate the vehicle at this time, and we are asking the public's assistance to

locate this vehicle," Cpl. B. Petersen adds.

If you have any information about the pickup truck or the collision, you are asked to contact your local RCMP Detachment, CrimeStoppers (1-800-222-8477) or South Okanagan Traffic Services at 250.499.2250.



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PROPOSED BOARD DATES
SUBJECT TO CHANGE
PUBLIC NOTICE IS HEREBY GIVEN THAT the Board Meeting dates for the year 2011 are as follows:

**Regional District of Okanagan-Similkameen
2011 Meeting Schedule**

January	February	March	April	May	June
6 20	3 17	3 17	7 21	12 19	2 16
July	August	September	October	November	December
7 21	4 18	1 15	6 20	3 17	15

Regular Board Meetings will be held at the Regional District of Okanagan-Similkameen Boardroom located at 101 Martin Street, Penticton, BC per the above scheduled dates. Please refer to the RDOS website www.rdos.bc.ca for meeting start times.

SEASON'S GREETINGS

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2010 HOLIDAY OFFICE HOURS

Please be advised that the following office hours will be observed during the 2010 Holiday Season:

Friday, December 24, 2010 - OFFICE CLOSED

Monday, December 27, 2010 - OFFICE CLOSED (Christmas Day stat observed)

Tuesday, December 28, 2010 - OFFICE CLOSED (Boxing Day stat observed)

Wednesday, December 29, 2010 - OFFICE OPEN 8:30 AM to 4:00 PM

Thursday, December 30, 2010 - OFFICE OPEN 8:30 AM to 4:00 PM

Friday, December 31, 2010 - OFFICE CLOSED (New Year's Day stat observed)

Monday, January 3, 2010 - OFFICE OPEN 8:30 AM to 4:00 PM

IN CASE OF UTILITY OR ROAD EMERGENCY
PLEASE CALL 250.499.2711

IF YOU WISH TO PAY A BILL, MAIL IT TO:
 P. O. Box 160, Keremeos, B. C., V0X 1N0

ALL PAYMENTS RECEIVED BY 4:00 PM JANUARY 3, 2011 WILL BE ACCEPTED AS IF RECEIVED BY DECEMBER 31, 2010



Mayor, Council and Staff
 wish you all a safe and
 happy holiday season!

Keremeos News



Tracey Norton, Lions Secretary/Treasurer and member of the Christmas Hamper Committee accepts a donation of food and toys from the Keremeos Volunteer Fire Department firefighters for this year's Christmas Hampers. The presentation was made last week at the Fire Hall. - photo submitted

Music society moves forward

by Dave Cursons

The K Mountain Music Invitational Society (KMMIS) met Thursday evening, December 9, to review the past year and plan for future activity.

The society is the producer of the Music Under the 'K' Festival 1999-2008 which brought together professional musicians and out of area school students, who were hosted by a volunteer core of parents and music-lovers.

This past year KMMIS was able to help fund ten local students to attend the UBC Summer Music Camp in Vancouver.

KMMIS has also continued to produce concerts in the area and 2010 included the Thursday Night

Jazz Band from Penticton.

The December 9th meeting received a report from KMMIS committee, Similkameen Performing Arts Creative Enterprise (SPACE), who have reviewed a publicly funded feasibility study for a theatre facility at Similkameen Elementary Secondary School (SESS). SPACE will continue its work focussed on developing performing arts space for the area.

A new committee of KMMIS is the Cawston Players who asked to be placed under the wing of KMMIS in order to advance their efforts to secure funding for future projects. The Cawston Players have provided stage entertainment

in the area since 2002.

KMMIS has struck a small committee to look into the formation of a Community Arts Council for the area. Community Arts Councils function in scores of large and small communities throughout the province. It was felt by the meeting that KMMIS was the best group to lead in forming an arts council.

KMMIS is planning concerts through the coming year, and will be looking for volunteers. Anyone interested in participating in any KMMIS Society activities can contact Joyce via e-mail at jbarton@nethop.net or phone 250.499.2217 or Bonna via e-mail at bpdawson@nethop.net or phone 250.499.5665.



A family of ducks enjoy the last bit of open water on Yellow Lake, December 15th. Photo: Arlene Arlow



Mother Nature appears to be playing tricks on Yellow Lake: numerous strange – and somewhat jagged – holes were spotted in the forming ice at the east end of the lake on December 15th. Photo: Arlene Arlow

Cawston Hall project moves forward

by Dave Cursons

Directors of the Cawston Community Hall Society have met in year-end session on December 7th to review and plan for 2011.

A special thank you was extended to the Similkameen Wineries Association for their contribution of product to a silent auction that raised \$1,300 for the Hall Society.

The Similkameen Wineries Association has been a major contributor at Keremeos Grist Mill and Cawston Community Hall events through silent auctions in 2009 and 2010.

The popular local band, Infusion played for the Harvest Dance on October 23rd. Band member, director and volunteer organizer for the Cawston Community Hall is Kaaaly Levan. The October 23 Harvest Dance raised \$1,650 for the hall society.

"We are really grateful to our many volunteers who decorated

and managed hospitality and cleanup for the dance as well as community support of wine, produce, products and services," said Levan.

Movie Nights each month at the hall have been a popular event in the past year. Movie nights will resume the third Thursday in January, 2011.

RDOS Director for Area B, George Hanson, attended the meeting to speak to the Directors about opportunities for funding through the offices of the Regional District of Okanagan Similkameen.

Marie Marvin also attended and spoke about the Kobau Regional Park and the support that her local committee receives through their association with the Regional District.

An enclosed bulletin board for hall activities and event posters has been built and mounted by the main doors by hall director, Gerald

Sanderson, a long-timer hall volunteer.

The Cawston Community Hall Society was founded in 1922. The society owns and manages the hall, adjacent park and playing field as well as the Cawston Cemetery site at the corner of Barcello and Coulthard.

Plans for the coming year will focus on a complete upgrade and expansion washroom facilities at the hall and will involve major fundraising.

In June of 2010 The Charities Directorate accepted the Cawston Community Hall Society as a Registered Charity able to issue tax creditable receipts to donors.

Discussion of long range plans for the hall include construction of a new Main Hall attached to the new washroom facilities, another major fundraising project. Donors may contact any hall director. They are James Duperron, Cory van Heck, Gerald Sanderson, Robert Mennell, Dave Cursons and Doe Gregoire.

Membership in the Hall Society is \$2 per year and an Annual General Meeting occurs in March of each year.



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2011 VILLAGE COUNCIL MEETING SCHEDULE

Unless otherwise notified, Regular Council meetings for 2011 are scheduled to be held as follows:

January 10 th and 24 th	February 7 th and 21 st
March 7 th and 21 st	April 4 th and 18 th
May 2 nd and 16 th	June 6 th and 20 th
July 4 th and 18 th	August 2 nd and 15 th
September 6 th and 19 th	October 3 rd and 17 th
November 7 th and 21 st	December 5 th and 19 th

Meetings commence at 7:00 PM and are held in the Council Chambers of the Village Office located at 702-4th Street, Keremeos, BC

PLEASE NOTE: Meetings are normally held on the 1st and 3rd Mondays of each month except for the following changes: January 10, January 24, August 2 and September 6



2011 BUSINESS LICENCE RENEWAL

Businesses are reminded that they are required to renew their regular Business Licenses and their Inter-Community Licenses by December 30, 2010. Invoices have been mailed out. If you have not received your notice as yet or there are any changes please contact our office.

2011 COMMITTEE OF THE WHOLE MEETING SCHEDULE

Unless otherwise notified, Committee of the Whole meetings for 2011 are scheduled to be held as follows:

January 31 st	February 28 th	March 28 th
April 26 th	May 30 th	June 27 th
July 25 th	August 29 th	September 26 th
October 31 st	November 28 th	

December - No Meeting Scheduled

Meetings commence at 6:30 PM and are held in the Council Chambers of the Village Office located at 702-4th Street, Keremeos, BC

PLEASE NOTE: Meetings are normally held on the last Monday of each month, except for the following change: Tuesday, April 26.

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Health / Lifestyle News

Depression hurts, but only half of Canadians know it

(NC)—Although the majority of Canadians believe in a mind/body connection - agreeing how they feel physically is related to how they feel emotionally (87 per cent), only half make the link when it comes to depression.

Depression is comprised of a broad range of emotional/psychological, behavioural, and physical symptoms, which can include headaches and back pain. While the emotional symptoms of depression, such as hopelessness and prolonged sadness are readily identified by the majori-

ty of Canadians, a recent phone survey conducted by Harris/Decima finds that only 52 per cent of Canadians can identify its painful physical symptoms.

Depression and pain have been shown to share common pathways and chemicals known as neurotransmitters within the central nervous system that are involved in controlling both mood and pain. This means that depression may also increase one's response to pain, or at least increase the suffering associated with pain.

"Too often, the sufferer may not be aware of the true source of the painful problem and the depression may go untreated," says Dr. Tom Janzen, a Canadian family physician who specializes in mental health.

"The pain is indeed real, but it likely drives many people to orthopedists or other specialists in the mistaken belief that something has gone awry in their body, and there follows an unproductive search for an organic source."

The good news is that 96 per cent of primary care physicians do make the link between depression and physical pain, and they have the tools and resources to help depressed Canadians cope. Treatments may include psychotherapy, peer support groups, psychoeducation and medication. Most people treated for depression make a full recovery.

"We're becoming more sensitized that depression has physical, as well as emotional symptoms," says Dr. Janzen.

"Understanding the mind/body connection is pivotal in the treatment of depression. Management of the disorder should address the full range of emotional and physical symptoms in order to achieve remission and reduce the chance of relapse."

If you or a loved one are experiencing symptoms of depression, talk to your doctor. More information on depression and tools to facilitate the patient/doctor discussion can be found online at www.depressionhurts.ca. - www.newscanada.com

How green are your potato chips?

(NC)—Potato chip eaters of the world unite. You too can save the planet one bite at a time. The next time you walk down the chip aisle and want to make your purchase count for something more than just a darned good snack, consider buying chips that were made using green technology.

Snack food giant Frito Lay Canada recently won a Canadian Industry Program for Energy Conservation award from Natural Resources Canada for its environmental stewardship over the past 17 years. With 25 plants across Canada, the company established employee-based green teams, led by a sustainability leader, in all of its facilities as far back as 1993.

Since then, the company has installed heat recovery systems at all of its plants, upgraded insulation, retrofitted lighting, conducted compressed air audits and improved metering of energy use at many of its plants. All told, Frito Lay has reduced its water consumption by 34 per cent, natural gas consumption by 25 per cent and electricity consumption by 18 per cent.

"All of the winners showed an outstanding commitment to improving industrial energy efficiency. They

are all the kind of lean and green organizations that are energizing their bottom line with energy efficiency," said Glenn Mifflin, Vice-President and Chief Financial Officer of North Atlantic Refining and Chair of the CIPEC Executive Board during the awards ceremony. "We have to spread the message that energy efficiency remains the most cost-effective way to avoid emissions. This is good news as we face a carbon-constrained future. It's also good news in these tough economic times when every penny we spend must be justified."

Small to medium-size industrial facilities looking for ways to cut costs and increase productivity can apply to NRCan for funding to install environmental retrofits. Terms and conditions of the program are available by calling 613-996-6780 or on the ecoENERGY Retrofit for Industry website at oee.nrcan.gc.ca/industrial/retrofit.

Living Past 100

The Healthy Christmas Feeling

Christmas time can be a boost for your health. Yes, you may be tired from all of the preparations and activity, but there is a fringe benefit to your health.

Scientific studies have shown there is a boost to your immune system by giving to others, and by spending pleasant times with people you care about. This may sound a bit farfetched, but it is true. Giving to others, caring about others, stimulates a part of the glandular system of the brain, and fills your body with hormones that make you feel good. These hormones boost your immune system and build up your overall health.

The famous Dickens story about a selfish, penny-pinching, inconsiderate Scrooge tells us that Scrooge was an unhealthy person. All he could think about was the cost of everything, but his values were skewed and it would have made him unhappy. By finally seeing himself through the visits of the three ghosts, he learned the value of giving to others. He probably extended his life by many years with his change of heart.

Generosity comes from the spirit. We can give to others in so many ways at Christmas time. We can give to others who have less than we have. We can open our homes and entertain our friends, which is another form of giving. We can give to others by accepting their invitations to join them in some kind of activity, honoring their generosity.

We can give to others simply by wishing them a happy holiday, giving them a smile.

If we have children, we can give to them something very precious: our time. We give them gifts under the tree, but we can take some time to play with them, to make them feel as valued as the gifts they receive.

Just think: you can make the most of your Christmas holiday and know it is good for your health!

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 Many ocular diseases, such as cataracts, and chronic health conditions, such as diabetes, can change the refractive status of your eyes. Only through a comprehensive eye examination can a proper diagnosis and treatment plan be obtained.
 Individuals without vision loss should also consider obtaining a comprehensive eye examination. Conditions such as glaucoma and macular degeneration often manifest no symptoms until irreversible damage has already occurred. Don't be blindsided by the quick fix. Preserve your sight - don't confuse an incomplete "sight test" with the comprehensive eye exam we can provide you at Doctors Eyecare Princeton!



WE BELIEVE!

Similkameen News Leader

This Week - 11 Years Ago

Celebrating Princeton's 150th

W. George Elliott - Owner/Publisher Similkameen News Leader

News Leader - December 21, 1999

Shopping Problems?

Bad roads, city traffic, lack of parking, road rage, cranky crowds, unfriendly sales staff and inconvenient exchanges.

Shopping Solutions

Shop in friendly Princeton!

DON'T ROAM - STAY AT HOME

Councillor Lorne Esselink & Family wish everyone a Merry Christmas & all the Best in the New Millennium.



This creative 'shop at home' ad appeared in the December 21, 1999 News Leader.

Aspen Grove mining, concert in Hedley

Aspen Grove was the site of much excitement back in 1999.

A diamond drilling program was completed at the 500 hectare Big Kidd property located near there by Christopher James Gold Corporation.

Geologist Ron Wells told the News Leader at the time, "All four 1999 holes in the 1,080 metre drill program intersected significant lengths of gold-copper mineralized intrusive breccia and two or more gold (copper) zones can be interpreted from this drilling."

Assays show potential for silver credits within the resource.

"Our Big Kidd resource received exploration work worth about \$2-million, we have built a significant information profile from that work, and the time now has arrived to prepare for the next stage of this property's development," Smith said.

There was a full house at Hedley

Elementary School December 14, 1999 for the annual Christmas Concert.

All 14 students (Carolyn Johnson, Nathan Johnson, Darius Kruger, Brianna Nendick, Rhiannon Seaman, Shane Allison, Brooke McKay, Lorretta Minshull, Brianna Whitney, Charlie Allison,

Levi Johnson, Thomas Hartmann and Lawrence Johnson) from kindergarten to grade 3, sang a variety of delightful Christmas songs which included many prop changes.

One of their songs was accompanied by a talented Principal, Mr. Philpotts.

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<p>77% OFF! 1L Fusion5 Saute pan with cover. \$449.00</p> <p>\$34⁹⁹</p>	<p>60% OFF! 20pc Greenwich flatware set. \$59.99</p> <p>\$23⁹⁹</p>	<p>Up to 71% OFF! Ceramic non-stick EcoPan fry pan. 20cm/8" - \$89.99 Now: \$29.99 25cm/10" - \$449.99 Now: \$34.99 30cm/12" - \$499.99 Now: \$39.99</p>
<p>Fry pans up to 73% OFF! Fry pans in black, red & teal available in 20cm/8", 25cm/10" & 30cm/12" sizes. From \$24.99 - \$34.99!</p>		<p>60% OFF! 28cm/10" versatile, non-stick Everyday pan. \$49.99</p> <p>\$59⁹⁹</p>

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\$199⁹⁹

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PADERNO

Information & dealer listings: 1-800-A-NEW-POT or www.paderno.com. Not all locations open Sunday. Quantities are limited, so please be early for best selection. Sale items may not be exactly as shown.

WE BELIEVE!

Similkameen News Leader

Merry Christmas!
FROM ALL OF US AT
Similkameen News Leader



OUR OFFICE WILL BE CLOSED
5:00 PM Wednesday, December 22 to
8:00 AM Tuesday, December 28

Christmas Traditions

by The News Leader's Dawn Johnson

There are all kinds of Christmas traditions. Each country has its own variations on what should be done at Christmas time. The News Leader will take a look at some of these traditions.

SANTA CLAUS

The Santa Claus of today has come a long way from the Greek St.

Nicholas, who gave to poor children. Our words, Santa Claus, come from the Dutch Sinter Klaus, their way of saying St. Nicholas. In past times, Santa Claus was depicted as a priest in black frock. He became transformed in the late 1800's in the United States, when he was first shown as the fat old man in a red suit trimmed with white fur. Today, that new image of Santa Claus is like a trademark of Christmas in North America.

SANTA'S SLEIGH

The origins of the idea that Santa drove a sleigh pulled by a team of eight magical reindeer is obscure, but became a tradition with the verse "The Night Before Christmas" (which has become a tradition in itself). Christmas today is filled with not only magical reindeer, but with the magic of Santa going down chimneys all over the world. In fact, Santa and his flying reindeer are so much part of our culture that NORAD issues progress reports on Santa's flight from the North Pole.

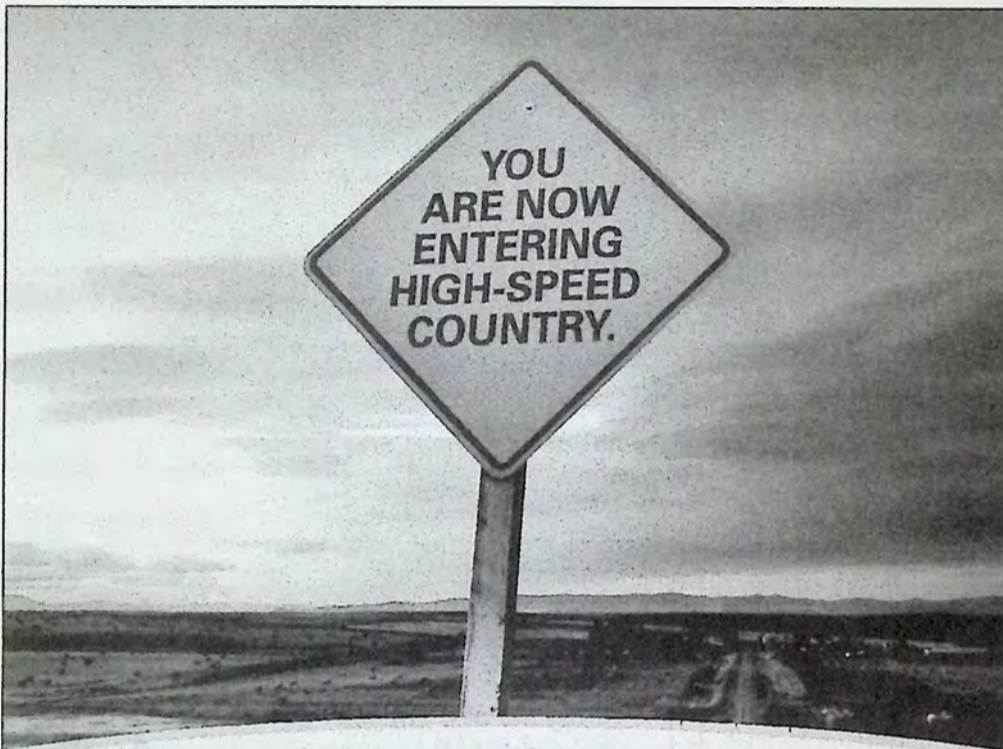
THE NORTH POLE

Why is Santa located at the North Pole? No doubt people need to have Santa Claus in a remote loca-

tion so children will not run away from home to find him. Of course, you would have to have reindeer if you lived at the North Pole, because horses would not survive. It has come to our attention that Santa Claus is considerate of his reindeer to the point where he switches to big white boomers (kangaroos) for the Australian deliveries. As for his having a regiment of elves to make toys, who knows how that idea caught on?

THE CHRISTMAS TREE

In ancient times in northern Europe, people celebrated the passing of the winter solstice by a feast, bonfires, and bringing a sacred tree into the house. With the coming of Christianity, the evergreen tree became the symbol of life everlasting, because it did not shed its leaves and appear to die. The tree was originally decorated with gifts for the children. In Germany, a tradition persists of decorating the tree with cookies and candies, particularly the candy cane, which can hang on the boughs of the tree. In Italy, chocolates in the shape of coins, wrapped in gold foil, decorate the tree (if the family can afford a tree).



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Similkameen News Leader

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News Leader Entertainment

Similkameen News Leader TV Guide Listings - December 21 - 27, 2010



Princeton's Nick Ceconi, left, has had an incredible season so far with the Posse. Tylar Bestward, right, scored the goal December 15th which launched a collection of teddy bears flying in Princeton Arena. *

Posse blank Lakers

The last home game of 2010 for Princeton Posse (against Penticton Lakers) on December 15th was also the annual Teddy Bear Game co-sponsored by the team, Princeton Dairy Queen and Similkameen News Leader.

Mid-week games have traditionally drawn small crowds in Princeton Arena, but those who attended were armed and ready for tossing their bears on the ice once Princeton scored their first goal.

Fans did not have long to wait as Tylar Bestward drilled the first goal into the net at 18:24. Assists went to Derrick DeLisser and Nick Ceconi.

Pretty much everyone else on the team assisted with collecting the stuffed animals that were fired on ice moments after the goal was scored.

It set the pace for a rapid-fire succession of goals for the home team and a complete domination of the Lakers.

Princeton's second goal was scored at 17:17 (Dylan Beston from Connor Patchett) and the team finished the period with a two-goal lead having out shot Penticton 16 to 7.

The second period saw Princeton

continue to dictate the flow of the game adding their third goal at 5:27 (Jaden Janzen from Ben Reinbolt and Rudy Shiebel).

Latecomers to the game kept throwing teddy bears on ice, which, at the very least, will bring smiles to the faces of many children in the Princeton area.

Barely seconds later, at 4:48, Dylan Beston scored his second goal of the night with assists going to Connor Patchett and Alex Demchuk.

"The Beston and Demchuk families must have been going nuts in Calgary," Posse internet play-by-play announcer George Elliott said.

Tweets received on the @PosseWebcrew Twitter account verified this including this one from @LindaDemchuk, which said, "Yep we're making lots of noise...! Jerry, Linda and the boyz."

After two periods Princeton had a commanding 4-0 lead and had out shot Penticton 26 to 11.

The third period saw Nick Ceconi blast a shot on goal from just in front of the net which zipped right between the legs of Penticton's goalie. The puck was hit so hard it got stuck in the netting

at the back of the goal.

Assists went to Tim Martens and Derrick Delisser.

Penticton had two power play opportunities during the period but could not get anything past Princeton's Sky Buller, who earned his first shutout and the game puck collected by Nick Ceconi after the final buzzer had sounded.

Final score: Princeton 5, Penticton 0.

Shots on goal: Princeton 38, Penticton 16.

Penalties in minutes: Penticton 4 for 6-minutes, Princeton 7 for 14-minutes.

WE BELIEVE!

Similkameen News Leader

Similkameen
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*Follow the News Leader on Twitter
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Merry Christmas
and Best Wishes in 2011!

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Princeton Posse / Penticton Lakers



Princeton's Nick Cecconi (#22) clears the puck from the Princeton zone. Cecconi collected two more points December 15th (a goal and an assist) against Penticton.*



Princeton's Brett Serpico (#20) was "at the right place, at the right time" frequently in the December 15th game against Penticton Lakers.*

Williams continues to contribute to team

The Thompson Okanagan Rockets racked up another 5 points on the weekend of December 4th and 5th with 2 wins and 1 tie in the BCF-MAAA League's All Star League Weekend. The weekend started out with an All Star game with 8 of the team's players participating. Stephanie Schaupmeyer was announced as the First Star of the game. In the league games that followed

the Thompson Okanagan Rockets started off with a bang beating the Fraser Valley Phantom 5-0. Scoring for the Rockets: Rebecca Blinkhorn (assist Janessa Jenkins), Bre Frasca (assist Janessa Jenkins), Mackenzie Barrie (assist Maggie Shykula-Ross), Kelsey Freudenberger (assist Colby Williams, Maggie Shykula-Ross), Janessa Jenkins (assist Bre Frasca). The second league game was

against the Prince George Cougars and the Rockets prevailed 5-3. Scoring for the Rockets: Bre Frasca (assist Mackenzie Barrie, Maggie Shykula-Ross), Janessa Jenkins (assist Kelsey Freudenberger), Janessa Jenkins (assist Cora Sutton, Rebecca Blinkhorn). The third league game of the weekend was against the Vancouver Fusion. This game saw the Rockets out-

shoot the opponent however the game ended in a 3-3 tie. Scoring for the Rockets was Janessa Jenkins (assist Bre Frasca), Lauren Hume (assist Maggie Shykula-Ross) and Janessa Jenkins (assist Steph Schaupmeyer). The Thompson Okanagan Rockets travelled a long road to Regina to participate in the 11th Annual Female Showcase at Notre Dame. Game #1 on Thursday, December 9 was against the Calgary Chaos and the Rockets played a strong game and overcame a 2 goal deficit to win the game 4-2. Scoring for the Rockets was Nicole Case (assist Steph Schaupmeyer/Emily Gervais), Colby Williams (assist Steph Schaupmeyer), Maggie Shykula-Ross (assist Janessa Jenkins), Bre Frasca (Mackenzie Barrie). Game #2 was against the Eastman

Selects. Despite a rally in the third period the Rockets were defeated 6-1. Scoring for the Rockets was Kelsey Freudenberger (assist Steph Schaupmeyer). Game #3 was against the National Champions, Notre Dame Hounds. The Rockets were defeated 6-0. Game #4 was against the Calgary Flyers. This was a much closer game with a score of 3-1 for the Flyers. Scoring for the Rockets was Lauren Hume (assist Steph Schaupmeyer/Shylah Gibb). On Saturday there was a skill competition involving all 16 teams. In the shoot out portion of the competition, the Rockets placed third, defeating Pursuit of Excellence and Calgary Flyers before being defeated by the Notre Dame Hounds. Excellent performances by goalie Shelby Tse and shooter Colby Williams.

- submitted

Thank you
Okanagan Falls Parks and Recreation Commission



Bob Daly, Mike Pearce and other volunteers in Okanagan Falls developed the Kenyon Park playground through the "Let Them Be Kids" program to ensure that children have a safe and imaginative place to play and simply "be kids".

FortisBC supports over 200 community initiatives, like the Kenyon Park playground volunteers, each year. We appreciate Bob Daly and Mike Pearce, whose efforts are making our communities a brighter place.

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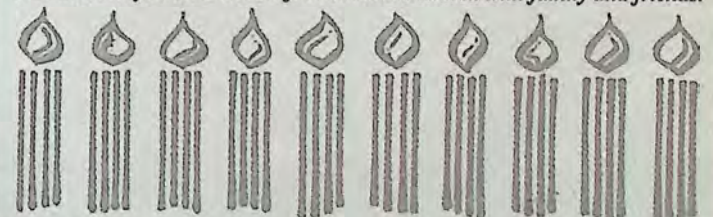
Merry Christmas!

To all of our community members and a heartfelt "Thank You" for your outstanding support and generosity throughout the year.

This year Shoppers Drug Mart held a bake sale, several women donated their time and efforts baking delicious goodies. The bake sale brought in \$650.00 as well the "Tree of Life" donations reached an unbelievable \$2,500.00. These donations were a welcomed addition to our Cindy Parolin Safe Homes Program.

Our local Sears store sponsored a "Hot Dog" sale this summer and the donations topped \$350.00 and this amount was matched by Sears Canada, which we added to the "Family Bowling" program. We receive many in kind donations during each year and appreciate the spirit in which it is given.

From all of us at Princeton Child-Care Services Society...Thank You and we wish you all a wonderful Christmas shared with family and friends.



TUESDAY, DECEMBER 21, 2010

Table with 20 columns (WTBS ch.3 to TROP ch.45) and 24 rows (6 AM to 11:30 PM). Contains program schedules for various channels.

WEDNESDAY, DECEMBER 22, 2010

Table with 20 columns (WTBS ch.3 to TROP ch.45) and 24 rows (6 AM to 11:30 PM). Contains program schedules for various channels.

Similkameen News Leader - Horoscopes

December 22 - January 5, 2010

Aries - This holiday calls for a balance between work and play. You may find the work hectic or frustrating, but remind yourself to take time to be loving and kind to others. You will learn a lesson about the rewards of goodwill and love.

Taurus - If you are planning to be on the highway, drive very cautiously. Others are good to you now: be good to them in return. You may feel a bit tired and fed up at times, but do what you must in the spirit of the season and all works out.

Gemini - You feel great this holiday season, even if you are not all that creative or full of fun. Your efforts to have fun may be frustrated by a need to work or do your duty. Pause to enjoy the things that should be enjoyed. Smile, be happy.

Cancer - You may find yourself confronting the effects of another's ego. Shrug it off. You're in the mood to have fun. Be creative. Dress your home in décor of the season, make life bright and bathe others in the warmth of your spirit.

Leo - Your home will be full of everything wonderful about Christmas: the decorations, the gifts, the fun. You want to go out of your way to make your home the best place to be during the holidays. It takes effort, but you do it.

Virgo - Love flows to you from people around you, and you need to return it by being your most charming, gracious self. Your children may give you some problems, but if you must chastise them, do it gently and with love. Have fun.

Libra - Home life may be full of challenges, but you can change it by your generosity and your sense of what Christmas is really about. You can be a tower of strength for others, and an inspiration. Teach an elder to enjoy the season.

Scorpio - This is your time to shine through your gift of laughter, enjoyment and goodwill. Reach out to others and offer them your good cheer. You may be kept very busy doing errands and going on short trips, but it will be fun.

Sagittarius - You feel good about yourself this Christmas. Your inner self is at peace with the world. You accept responsibility for group activities. You make an effort to express your values through work with a group. Enjoy others, life.

Capricorn - You are so busy you hardly have time to think. Take that time to renew yourself after Christmas day. You can enjoy yourself by spending a lot of time socializing with groups you belong to. This is your best time of year.

Aquarius - You may want to over-indulge because you feel something is missing from your life. What is missing is your spiritual life. This is your time to learn lessons about opening that spiritual side of yourself. Go to church.

Pisces - You could take a trip for the holidays and have a wonderful time. Groups you belong to may demand too much effort, or occupy too much of your time. Take some time to pamper yourself and get in touch with inner you.

Small Business 101

Donate Now To Save On Taxes

(NC)—The December 31, 2010 tax deadline is fast approaching, so it is the perfect time to think about making your charitable donations for the year.

"Charitable giving provides needed funding to organizations and helps to make a difference to someone who needs it. The huge tax benefits, however, simply cannot be ignored," says Brad Offman, vice

president of strategic philanthropy at Mackenzie Financial.

Brad offers the following advice for giving:

- Sit down and make a list of causes and institutions that have meaning to you. It could be anything from your university to a camp for disabled children.
- Decide how much you are able to give.

- Speak to your financial advisor and accountant about the tax advantages to donating.

- For longer term charitable commitments, consider a donor-advised giving program such as the Mackenzie Charitable Giving Fund. This allows you to set up a long-term giving program with an initial donation of as low as \$25,000. It is similar to a private foundation, but without the upfront costs and administrative responsibilities.

- Look at participating in an event for a charity such as a run or walk - you can be active and make a donation.

- Start volunteering: Donations aren't only about money, you can also give time.

"Giving isn't only good for the soul, it is good for the pocketbook," says Brad. A charitable contribution now provides you with a larger return later. Don't miss the December 31st deadline.

You can obtain more information about the tax benefits of charitable giving from your financial advisor.

Season's Greetings With Thanks To Our Friends And Customers In The Similkameen!



from the Staff at

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Tuesday Movies

AFTERNOON

1:00 pm YTV ch.18 "Casper's Haunted Christmas" (2000, Fantasy) Voices of Brendon Ryan Barrett. Animated. Cousin Spooky comes to the aid of Casper when the friendly ghost must scare someone or face banishment. (In Stereo) (CC)

EVENING

8:00 pm WTBS ch.3 "Into the Blue 2: The Reef" (2009, Suspense) Chris Carmack. Two professional divers fight for their lives when they encounter criminals in Hawaiian waters.

CBC ch.13 "The Santa Clause 3: The Escape Clause" (2006, Comedy) Tim Allen. Scott Calvin, aka Santa, contends with visiting in-laws and a scheme by mischievous Jack Frost to freeze him out of Christmas. (In Stereo) (CC)
9:00 pm VTVch.22 "Stolen Miracle" (2001, Drama) Leslie Hope. A police-woman struggles to reunite a kidnapped infant with its worried parents as Christmas draws near. (In Stereo) (CC)
10:00 pm WTBS ch.3 "Into the Blue 2: The Reef" (2009, Suspense) Chris Carmack. Two professional divers fight for their lives when they encounter criminals in Hawaiian waters.

Wednesday Movies

AFTERNOON

1:00 pm YTV ch.18 "An All Dogs Christmas Carol" (1998, Adventure) Voices of Steven Weber. Animated. Divine intervention is needed when a bulldog with a bad attitude makes plans to ruin the Christmas holiday. (In Stereo) (CC)

5:00 pm WTBS ch.3 "Anchorman: The Legend of Ron Burgundy" (2004, Comedy) Will Ferrell. A 1970s San Diego newscaster feels threatened by the arrival of an ambitious woman looking to climb the ranks of journalism.

EVENING

8:00 pm CITV ch.12 "Christmas Crash" (2008, Drama) Michael Madsen. An unhappily married couple reconnect after surviving a plane crash. (CC)

CBC ch.13 "The Polar Express" (2004, Fantasy) Voices of Tom Hanks. Animated. The conductor of a train to the North Pole guides a boy who questions the existence of Santa Claus. (In Stereo) (CC)
9:00 pm WTBS ch.3 "Anchorman: The Legend of Ron Burgundy" (2004, Comedy) Will Ferrell. A 1970s San Diego newscaster feels threatened by the arrival of an ambitious woman looking to climb the ranks of journalism. CHBC ch.4 BCTV ch.11 "Christmas Crash" (2008, Drama) Michael Madsen. Premiere. An unhappily married couple reconnect after surviving a plane crash. (CC)
VTVch.22 "One Magic Christmas" (1985, Fantasy) Mary Steenburgen. A guardian angel helps a poor, weary woman whose family faces eviction at the holidays. (In Stereo) (CC) (DVS)

Thursday Movies

MORNING

7:00 am SPIKE ch.44 "GoodFellas" (1990, Crime Drama) Robert De Niro. In the 1950s an Irish-Italian hoodlum joins the New York Mafia, but his mob career is not what he expected. (In Stereo)

10:00 am SPIKE ch.44 "GoodFellas" (1990, Crime Drama) Robert De Niro. In the 1950s an Irish-Italian hoodlum joins the New York Mafia, but his mob career is not what he expected. (In Stereo)

Friday Movies

MORNING

6:00 am SPIKE ch.44 "Star Wars: Episode I - The Phantom Menace" (1999, Science Fiction) Liam Neeson. As an enemy threatens the peaceful Galactic Republic, young Anakin Skywalker comes under the tutelage of Obi-Wan Kenobi and his Jedi master. (In Stereo)

9:00 am SPIKE ch.44 "Star Wars: Episode II - Attack of the Clones" (2002, Science Fiction) Ewan McGregor. Obi-Wan Kenobi and his Jedi apprentice, Anakin Skywalker, protect the former queen from political separatists. (In Stereo)

AFTERNOON

12:30 pm SPIKE ch.44 "Star Wars: Episode III - Revenge of the Sith" (2005, Science Fiction) Ewan McGregor. Seduced by the dark side, Anakin Skywalker turns against his mentor, Obi-Wan Kenobi and becomes Darth Vader. (In Stereo)

1:00 pm YTV ch.18 "The Dog Who Saved Christmas" (2009, Comedy) Dean Cain. A crafty canine jumps to the rescue when two bumbling thieves target his master's home during the holidays. (In Stereo) (CC)

3:30 pm SPIKE ch.44 "Star Wars: Episode I - The Phantom Menace" (1999, Science Fiction) Liam Neeson. As an enemy threatens the peaceful Galactic Republic, young Anakin Skywalker comes under the tutelage of Obi-Wan Kenobi and his Jedi master. (In Stereo)

EVENING

6:30 pm SPIKE ch.44 "Star Wars: Episode II - Attack of the Clones" (2002, Science Fiction) Ewan McGregor. Obi-Wan Kenobi and his Jedi apprentice, Anakin Skywalker, protect the former queen from political separatists. (In Stereo)

7:00 pm YTV ch.18 "The Dog Who Saved Christmas" (2009, Comedy) Dean Cain. A crafty canine jumps to the rescue when two bumbling thieves target his master's home during the holidays. (In Stereo) (CC)

8:00 pm WTBS ch.3 "The Preacher's Wife" (1996, Fantasy) Denzel Washington. A handsome angel saves a New York Baptist and his wife from spiritual doubt and marital woe. KHQ ch.7 VTVch.22 "It's a Wonderful Life" (1946, Comedy-Drama) James Stewart. Ruined by a miser on Christmas Eve, a suicidal family man sees life anew thanks to his guardian angel. (In Stereo) (CC)

CITV ch.12 "Christmas on Chestnut Street" (2006, Drama) Kristen Dalton. A materialistic storekeeper learns the true meaning of Christmas after her employee starts a holiday competition. (CC)
CBC ch.13 "Miracle on 34th Street" (1994, Fantasy) Richard Attenborough. A department store Santa claims to be the real St. Nick. (In Stereo) (CC)
FAM ch.26 "It Was the Night" (2001, Comedy) Bryan Cranston. A 14-year-old boy and his uncle jeopardize Christmas when they take Santa's sleigh for a joy ride. (In Stereo) (CC)

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THURSDAY, DECEMBER 23, 2010

Table with 18 columns (WTBS ch.3 to TROP ch.45) and 18 rows (6 AM to 11 PM). Each cell contains program names and channel numbers.

FRIDAY, DECEMBER 24, 2010

Table with 18 columns (WTBS ch.3 to TROP ch.45) and 18 rows (6 AM to 11 PM). Each cell contains program names and channel numbers.

Puzzle Page

CARTER'S Sudoku Challenge

CREATED FOR THE NEWS LEADER BY CARTER BOSWELL

HOW TO PLAY:

Sudoku is a game of logic. There is no math involved. The object of the game is to fill the grid so that the numbers 1 through 9 appear only once in each row, column and 3 x 3 box. The numbers can appear in any order and Carter has left you some clues below.

CHALLENGE #331 - Rated Medium

		9		3		6		2
4		7	9			5		
1			6					8
	4			6	1			7
2								6
	7		8	9				2
8					9			
		3			6	4		7
7	6	1						3

THIS WEEK'S SOLUTION:
Page 18

Carter's Sudoku Challenge grids, puzzles and solutions copyright 2010 Carter Boswell, Princeton, BC and published by Similkameen News Leader

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Saturday Movies

MORNING

6:00 am SPIKE ch.44 "Star Wars IV: A New Hope" (1977, Science Fiction) Mark Hamill. Robots and other allies help a youth and a space jockey rescue a rebel princess and battle dark forces bent on intergalactic rule. (In Stereo)
8:00 am WTBS ch.3 "Dan in Real Life" (2007, Romance-Comedy) Steve Carell. A widower advice-columnist faces a personal and professional challenge when he falls in love with his brother's girlfriend. CHBC ch.4 BCTV ch.11 "His and Her Christmas" (2005, Comedy-Drama) Paula Devicq. Premiere. Two journalists write a Christmas column for rival newspapers in the same city. (CC)
9:00 am SPIKE ch.44 "Star Wars V: The Empire Strikes Back" (1980, Science Fiction) Mark Hamill. Yoda teaches Luke Skywalker to be a Jedi knight, and Han Solo woos Princess Leia, as Darth Vader returns to threaten the rebel forces trying to save the galaxy. (In Stereo)
9:40 am YTV ch.18 "Blizzard" (2003, Fantasy) Brenda Blethyn. A youngster learns about true friendship with the help of a magically gifted reindeer from the North Pole. (In Stereo) (CC)
10:00 am WTBS ch.3 "A Lot Like Love" (2005, Romance-Comedy) Ashton Kutcher. Casual friendship turns into something more as two people struggle with careers and relationships through the years.
11:00 am CITV ch.12 "Chicago" (2002, Musical) Catherine Zeta-Jones. A lawyer handles the cases of two murderous women who are looking to gain celebrity from their public exposure. (CC)

AFTERNOON

12:00 pm KREM ch.8 "All Dogs Go to Heaven" (1989, Fantasy) Voices of Dom DeLuise. Animated. A junkyard dog returns to life and his dachshund buddy in 1939 New Orleans.
VTVch.22 "Shrek" (2001, Comedy) Voices of Mike Myers. Animated. In order to save his home, a monster with a donkey makes a deal with a mean lord to rescue a beautiful princess. (In Stereo) (CC)
FAM ch.26 "The Ultimate Christmas Present" (2000, Comedy) Halle E. Hirsch. Two girls plan to close school by making it snow in Los Angeles jeopardizes Christmas. (In Stereo) (CC)
SPIKE ch.44 "Star Wars VI: Return of the Jedi" (1983, Science Fiction) Mark Hamill. Luke Skywalker, now an experienced Jedi knight, tries to discover Darth Vader's identity. (In Stereo)
1:00 pm CHBC ch.4 BCTV ch.11 "Chicago" (2002, Musical) Catherine

Zeta-Jones. Premiere. A lawyer handles the cases of two murderous women who are looking to gain celebrity from their public exposure. (CC)
CBC ch.13 "Blizzard" (2003, Fantasy) Brenda Blethyn. A youngster learns about true friendship with the help of a magically gifted reindeer from the North Pole. (CC)
1:30 pm FAM ch.26 "Twas the Night" (2001, Comedy) Bryan Cranston. A 14-year-old boy and his uncle jeopardize Christmas when they take Santa's sleigh for a joy ride. (In Stereo) (CC)
2:00 pm VTVch.22 "Shrek 2" (2004, Comedy) Voices of Mike Myers. Animated. A green ogre, his new wife and a donkey find adventure while visiting his in-laws. (In Stereo) (CC)
3:00 pm CBC ch.13 "Booky and the Secret Santa" (2007, Drama) Rachel Marcus. The owner of a department store helps a 10-year-old and her unemployed father during Christmastime. (In Stereo) (CC)
SPIKE ch.44 "Star Wars IV: A New Hope" (1977, Science Fiction) Mark Hamill. Robots and other allies help a youth and a space jockey rescue a rebel princess and battle dark forces bent on intergalactic rule. (In Stereo)
4:00 pm YTV ch.18 "Home Alone" (1990, Comedy) Macaulay Culkin. Accidentally left by his Paris-bound family, an 8-year-old makes mincemeat of two burglars in the house. (In Stereo) (CC)
VTVch.22 "Shrek the Third" (2007, Comedy) Voices of Mike Myers. Animated. Shrek and friends set out to find Fiona's slacker cousin, Artie, and bring him back to rule the land of Far, Far Away. (In Stereo) (CC)
5:00 pm WTBS ch.3 "The Nativity Story" (2006, Drama) Keisha Castle-Hughes. King Herod's obsession with an ancient prophecy threatens Mary and Joseph as they await the birth of Jesus.

EVENING

6:00 pm CITV ch.12 "The Christmas Choir" (2008, Drama) Jason Gedrick. A homeless man inspires a workaholic accountant to start a choir at a shelter. (CC)
YTV ch.18 "Blizzard" (2003, Fantasy) Brenda Blethyn. A youngster learns about true friendship with the help of a magically gifted reindeer from the North Pole. (In Stereo) (CC)
CITY ch.29 "Grizzly Falls" (2000, Adventure) Daniel Clark. An enraged grizzly abducts an adventurer's son whose companions captured her cubs. (CC) (DVS)
SPIKE ch.44 "Star Wars V: The Empire

Strikes Back" (1980, Science Fiction) Mark Hamill. Yoda teaches Luke Skywalker to be a Jedi knight, and Han Solo woos Princess Leia, as Darth Vader returns to threaten the rebel forces trying to save the galaxy. (In Stereo)
7:00 pm WTBS ch.3 "The Nativity Story" (2006, Drama) Keisha Castle-Hughes. King Herod's obsession with an ancient prophecy threatens Mary and Joseph as they await the birth of Jesus. CHBC ch.4 BCTV ch.11 "The Christmas Choir" (2008, Drama) Jason Gedrick. Premiere. A homeless man inspires a workaholic accountant to start a choir at a shelter. (CC)
8:00 pm KXLY ch.10 VTVch.22 "Transformers" (2007, Action) Shia LaBeouf. Humanity's fate rests in the hands of a youth when two races of warring robots make Earth their final battleground. (In Stereo) (CC)
CITY ch.12 "Deck the Halls" (2006, Comedy) Danny DeVito. Neighbors in a New England town go to war after one adorns his house with enough Christmas lights to make it visible from space. (CC)
9:00 pm WTBS ch.3 "The Pink Panther" (2006, Comedy) Steve Martin. A bumbling French inspector investigates the murder of a famous soccer coach and the theft of his priceless pink diamond. CHBC ch.4 BCTV ch.11 "Deck the Halls" (2006, Comedy) Danny DeVito. Premiere. Neighbors in a New England town go to war after one adorns his house with enough Christmas lights to make it visible from space. (CC)
CBC ch.13 "A Heartland Christmas" (2010, Drama) Michelle Morgan. An illness and a mission to rescue horses permeates a family's Christmas in the Canadian Rockies. (In Stereo) (CC)
FAM ch.26 "The Perfect Holiday" (2007, Romance) Gabrielle Union. Romance blooms when a little girl asks a department-store Santa to fulfill her divorced mother's fondest wish for Christmas. (In Stereo)
SPIKE ch.44 "Star Wars VI: Return of the Jedi" (1983, Science Fiction) Mark Hamill. Luke Skywalker, now an experienced Jedi knight, tries to discover Darth Vader's identity. (In Stereo)
10:00 pm YTV ch.18 "Blizzard" (2003, Fantasy) Brenda Blethyn. A youngster learns about true friendship with the help of a magically gifted reindeer from the North Pole. (In Stereo) (CC)
10:30 pm FAM ch.26 "Jack Frost" (1998, Fantasy) Michael Keaton. A man who died on Christmas Eve returns to his wife and son one year later in the form of a snowman. (In Stereo) (CC)

Sunday Movies

MORNING

8:00 am WTBS ch.3 "Flubber" (1997, Comedy) Robin Williams. Enemies try to steal an absent-minded inventor's flying rubber creation and his fiancée.
10:00 am WTBS ch.3 "Shanghai Knights" (2003, Comedy) Jackie Chan. With help from his sister and a friend, a martial-arts master travels to London to find his father's murderer.
11:00 am CITV ch.12 "Barbershop 2: Back in Business" (2004, Comedy) Ice Cube. The owner of a barbershop faces pressure from a corporation that is opening establishments in his neighborhood. (CC)
11:45 am YTV ch.18 "Catch That Kid" (2004, Adventure) Kristen Stewart. With help from her two friends, an adventurous 12-year-old plots to rob a bank to pay for her father's surgery. (In Stereo) (CC)

AFTERNOON

1:00 pm CHBC ch.4 BCTV ch.11 "Barbershop 2: Back in Business" (2004, Comedy) Ice Cube. Premiere. The owner of a barbershop faces pressure from a corporation that is opening establishments in his neighborhood. (CC)
1:45 pm YTV ch.18 "Spy Kids" (2001, Adventure) Antonio Banderas. When a technical genius kidnaps retired spies, only their children can save them. (In Stereo) (CC)
3:45 pm YTV ch.18 "Spy Kids 2: The Island of Lost Dreams" (2002, Adventure) Antonio Banderas. A young sister and brother encounter mutants and a wild scientist while searching for a device that

could destroy Earth. (In Stereo) (CC)
5:00 pm WTBS ch.3 "Saving Silverman" (2001, Comedy) Jason Biggs. Two dimwits concoct a scheme to prevent their friend from marrying a coldhearted and conniving woman.
CBC ch.13 "Ice Princess" (2005, Comedy-Drama) Joan Cusack. A teen risks disappointing her mother by forgoing college plans to become a champion figure skater. (In Stereo) (CC)
SPIKE ch.44 "Independence Day" (1996, Science Fiction) Will Smith. Premiere. A fighter pilot, a computer whiz and others fight back after 15-mile-wide alien ships zap Earth's major cities. (In Stereo)

EVENING

6:00 pm YTV ch.18 "Spy Kids 3-D: Game Over" (2003, Adventure) Antonio Banderas. A boy tries to rescue his sister inside a virtual-reality game created by a madman out to enslave children. (In Stereo) (CC)
CITY ch.29 "Murder 19C: Detective Murdoch Mysteries - Except the Dying" (2004, Mystery) Peter Outerbridge. A principled detective relies on his innate abilities to sort through a crime involving a woman of the street. (CC) (DVS)
6:30 pm FAM ch.26 "The Derby Stallion" (2005, Drama) Sarah Blackman. Premiere. Patrick becomes friends with Houston Jones and the pretty new girl, Jill, but faces a tough challenge in Randy, the town bully who has won the race for five years straight. (In Stereo) (CC)
7:00 pm WTBS ch.3 "Saving Silverman" (2001, Comedy) Jason Biggs. Two dimwits

concoct a scheme to prevent their friend from marrying a coldhearted and conniving woman.
KXLY ch.10 VTVch.22 "The Sound of Music" (1965, Musical) Julie Andrews. A novice leaves her convent and becomes governess to Capt. Von Trapp's seven children in Austria before World War II. (In Stereo) (CC)
CBC ch.13 "Pirates of the Caribbean: Dead Man's Chest" (2006, Adventure) Johnny Depp. Capt. Jack Sparrow must find a way to avoid the clutches of ghostly pirate Davy Jones and his crew or be damned for all eternity. (In Stereo) (CC)
8:00 pm SPIKE ch.44 "Independence Day" (1996, Science Fiction) Will Smith. A fighter pilot, a computer whiz and others fight back after 15-mile-wide alien ships zap Earth's major cities. (In Stereo)
9:00 pm FAM ch.26 "Snow Dogs" (2002, Comedy) Cuba Gooding Jr. A Miami dentist travels to Alaska to claim his inheritance, a mischievous team of sled dogs. (In Stereo) (CC)
10:00 pm WTBS ch.3 "Almost Famous" (2000, Comedy-Drama) Billy Crudup. An aspiring teenage rock journalist gets his big break when he follows an up-and-coming band on its tour.
10:38 pm FAM ch.26 "Houseguest" (1995, Comedy) Sinbad. An impostor fools a lawyer and his family as an old friend trained in oral surgery. (In Stereo) (CC)
11:00 pm KNOW ch.5 "Hoop Dreams" (1994, Documentary) William Gates. Filmmakers chronicle over four years in the lives of two urban Chicago youths in pursuit of pro basketball stardom. (CC)

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SATURDAY, DECEMBER 25, 2010

Table with 19 columns (WTBS ch.3 to TROP ch.45) and 12 rows (6 AM to 11 PM) showing TV programming for Saturday, December 25, 2010.

SUNDAY, DECEMBER 26, 2010

Table with 19 columns (WTBS ch.3 to TROP ch.45) and 12 rows (6 AM to 11 PM) showing TV programming for Sunday, December 26, 2010.

MONDAY, DECEMBER 27, 2010

	WTBS ch.3	CHBC ch.4	KNOW ch.5	KSPS ch.6	KHQ ch.7	KREM ch.8	A&E ch.9	KXLY ch.10	BCTV ch.11	CITV ch.12	CBC ch.13	YTV ch.18	TSN ch.19	VTV ch.22	DISC ch.24	FAM ch.26	CITY ch.29	SPIKE ch.44	TROP ch.45
6 AM	Cosby	(5:30) Morning News (N)	Little Bear	Bulder	News (N)	News	Intervention "Jeff"	News	(5:30) Morning News (N)	Movie: "The One That Got Away" (2008)	CBC News	Being Ian	SportsCentre	4 Paths to Peace	Worst Handyman	Henry's Feet	CityLine	Band of Brothers "Currahea"	Spilled
7 AM	In the Heat of the Night		HI-5	Arthur	Today (N)	The Early Show (N)	Intervention "Chris"	Good Morning America (N)			Artzooka	Yu-Gi-Oh!	SportsCentre	Canada AM	Worst Handyman	Mickey	The Nate Berkus Show	Band of Brothers	Tooned
8 AM	Lyrics!		Pinky	Martha			Intervention "Gabe V."				Animal	SpongeBob			Worst Handyman	Manny Movers	Rachael Ray	Band of Brothers	Whatever
9 AM	Family Fd	100 Huntley Street	Clifford	Super Why!		The 700 Club	Intervention "Gloria"	Live With Regis & Kelly	100 Huntley Street	World Vision	Super Why!	SpongeBob	SportsCentre	Live With Regis & Kelly	Worst Handyman	Phineas	Role	Band of Brothers "Carentan"	Friends
10 AM	The Investigators	Canada	Franklin	Sesame Street (N)		The Price Is Right (N)	Intervention "Vinnie"	The View	Canada	X-Weighted "Kendra"	Poko	SpongeBob	Sportfish	The View	Worst Handyman	Fish Hooks	EP Daily	Band of Brothers	Friends
11 AM	Forensics	World Vision	Rolie Polle	Sid	Ellen DeGeneres Show	Young & Restless	Intervention "John C."	Paid Prog.	World Vision	Corporations	Gofrette	SpongeBob	Hockey: 2010 Spangler Cup: Canada vs. TBA. (Live)	etalk Ink	Worst Handyman	Suite/Deck	CityLine	Band of Brothers "Replacements"	Friends
12 PM	Jim King	Noon News Hour (N)	Arthur	Charlie Rose	Paid Prog.	News	Intervention "Jeff"	All My Children (N)	Noon News Hour (N)	Days of our Lives (N)	CBC News	Movie: "SpongeBob: The Movie"	Canada vs. TBA. (Live)	etalk Ink	Dirty Jobs	Suite/Deck	General Hospital (N)	Band of Brothers "Crossroads"	Friends
1 PM	Friends	Days of our Lives (N)	Dinosaurs	Fine Art	Days of our Lives (N)	The Talk	Intervention "Chris"	One Life to Live (N)	Days of our Lives (N)	The Doctors	Dragons' Den	SpongeBob	NFL Prime-Time	Shameless	Dirty Jobs	Good Luck	Jdg Judy	Band of Brothers "Bastogne"	Friends
2 PM	Earl King	Young & Restless	The Ocean	Barney	Judge B.	Let's Make a Deal (N)	Intervention "Gabe V."	General Hospital (N)	Young & Restless	renegade	Steven and Chris	SpongeBob	NFL Films	Dr. Phil	Dirty Jobs	Hannah	Access Hollywood Live	Band of Brothers	Friends
3 PM	The Office	The Doctors	Charlie	WordGirl	The Doctors	Dr. Phil	Intervention "Gloria"	Rachael Ray	The Doctors	Young & Restless	Recipes	SpongeBob	SportsCentre (Live)	(2:59) The Dr. Oz Show	Dirty Jobs	Shake It	CityNews at 6 (N)	Band of Brothers	Friends
4 PM	Family Guy	Oprah Winfrey	Rob Robot	Fetch! Ruff	Jdg Judy	Oprah Winfrey	Intervention "Vinnie"	Seinfeld	Oprah Winfrey	Up Front	Ghost Whisperer	SpongeBob	NFL Monday Night Countdown	Ellen DeGeneres Show	Dirty Jobs	Sonny	How I Met	Band of Brothers "The Last Patrol"	Friends
5 PM	Browns	Early News	Dino Dan	BBC World	News (N)	News	Intervention "Tyler"	News	Early News	News Hour	CBC News: Vancouver (N)	SpongeBob	NFL Football: New Orleans Saints at Atlanta Falcons. (Subject to Blackout)	CTV News at Five (N)	Dirty Jobs	Wizards	How I Met	Band of Brothers	Friends
6 PM	Law & Order: SVU	Global Nat.	Dogs	PBS News-Hour (N)	News (N)	News	Intervention (N)	News	(5:59) News Hour (N)	ET Canada	Coronation	Indie	CTV News (N)	Dirty Jobs	Wizards	How I Met	Movie: "16 Wishes" (2010)	Band of Brothers "Why We Fight"	Friends
7 PM	Seinfeld	Ent	Be the Creature (N)	Keep Up	Jeopardy!	The Dr. Oz Show	Hoarders (N)	Ent	Ent	Ice Pilots NWT	Wheel	Weld	Dan-Mayor	Dirty Jobs	Wizards	How I Met	Curb	Band of Brothers "Points"	Friends
8 PM	Movie: "Ghost" (1990) Patrick Swayze, Demi Moore.	House "Unwritten"	Samuel John.	Antiques Roadshow	Chuck	How I Met Rules	Hoarders "Carolyn; Jo"	Movie: "Charlie and the Chocolate Factory"	House "Unwritten"	House "Unwritten"	Movie: "Bridget Jones's Diary" (2001)	Survive	Paradise City: Degraasi Goes Hollywood	Dirty Jobs	Suite/Deck	News	EP Daily	Auction	Friends
9 PM	Ice Pilots NWT	Lie to Me	(9:01) Movie: "Rivers and Tides"	American Masters	Chuck	Two Men Mike	(9:01) Intervention	Chocolate Factory	Lie to Me	Lie to Me	Survive	Survive	Strongman	Dirty Jobs	I'm In Band	Majority	For the Love of Ray J	Auction	Friends
10 PM	Movie: "Dan in Real Life"	CHBC News Final (N)	(10:34) Being Caribou	Classical Glenn Gould.	Chuck	Hawaii Five-0	(10:01) Intervention	Castle	Ice Pilots NWT	News Hour Final (N)	National	In Real Life	Strongman	CTV News	Stone	Ned's	Justice	Auction	Friends
11 PM			Charlie Rose (N)	News (N)	News	Letterman	(11:01) Hoarders	News	News Hour Final (N)	ET Canada	George S	Prank Ptrl	SportsCentre (Live)	CTV News	Life Derek	Paid Prog.	Auction	Friends	

Monday Movies

MORNING

6:00 am CITV ch.12 "The One That Got Away" (2008, Drama) Kelli Williams. A single mother fights temptation when she encounters an old married flame in her hometown. (CC)

AFTERNOON

12:00 pm YTV ch.18 "SpongeBob: The Movie" (2004, Comedy) Voices of Tom Kenny. Animated. SpongeBob and Patrick head for Shell City to retrieve King Neptune's stolen crown and save the life of Mr. Krabs. (In Stereo) (CC)

EVENING

6:30 pm FAM ch.26 "16 Wishes" (2010, Comedy) Debby Ryan. The wishes of a teenager magically come true on her 16th birthday. (In Stereo) (CC)

8:00 pm WTBS ch.3 "Ghost" (1990, Fantasy) Patrick Swayze. A slain Manhattan yuppie reaches out to his lover, with a medium as his middle-woman.

KXLY ch.10 "Charlie and the Chocolate Factory" (2005, Fantasy) Johnny Depp. A poor boy and four spoiled children win a tour through the incredible factory of an odd confectioner. (In Stereo) (CC)

CBC ch.13 "Bridget Jones's Diary" (2001, Romance-Comedy) Renée Zellweger. An outrageous British woman decides to take control of her life, but instead falls for two very different men. (In Stereo) (CC)

VTVch.22 "Paradise City: Degraasi Goes Hollywood" (2009, Drama) Raymond Ablack. Students travel to Los Angeles to score roles in a musical directed by actor Jason Mewes. (In Stereo) (CC) (DVS)

9:01 pm KNOW ch.5 "Rivers and Tides" (2001, Documentary) Andy Goldsworthy. Artist Goldsworthy uses icicles, twigs and other natural materials to create striking - if not long-lasting - sculptures. (CC)

10:30 pm WTBS ch.3 "Dan in Real Life" (2007, Romance-Comedy) Steve Carell. A widower advice-columnist faces a personal and professional challenge when he falls in love with his brother's girlfriend.

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who passed away
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Forever in our hearts
Dawn, Sharon, Liz, Sarah



card of thanks

The graduating class of 2011 would like to thank everyone who helped make the 18th annual PSS Christmas Country Craft Fair such a great success! Thank you to the many crafters who booked tables and sold their crafts, the entertainers (Meagan Liddicoat, Megan Pateman, PSS Cheerleaders, Highland Dancers, Al Kovaltsenko, the 6 O'Clock Group Community Band, Jessica Dennis and Bobby Gibb), Mr. O'Malley and his cafeteria class for the food served in the concession, the PSS custodians, Overwaitea Foods and the teacher reps Ms. Blair and Ms. Larsen. We must thank the community who turned out in large numbers and supported the crafters and graduating class, because without your ongoing support the fair would not be possible for the many years that it has taken place.

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Keremeos 1-bedroom mobile, woodstove, W/D, some reno's, A/C, garage, large fenced yard and close to town. \$900.00/month. contact Bronwyn at Royal LePage 250.497.5541. Dec 07-21

2 bedroom renovated furnished apartment located downtown Princeton, includes W/D. No smoking, no pets. \$850.00 plus utilities. Available January 1st. Prefer quiet professionals. References required. Call Lisa or Marshall 250.860.1667. Dec 14-Jan 04

2 bedroom renovated furnished apartment located downtown Princeton, includes W/D, dishwasher. No smoking, no pets. Prefer quiet professionals. \$1150.00 plus utilities. Available immediately. References required. Call Lisa or Marshall 250.860.1667. Dec 14-Jan 04

3 bedroom, 2 bath family townhouses with enclosed yards available at Aspen Court for qualified applicants. BC Housing offers affordable rents based upon 30% of your gross income. Contact Princeton & District Community Services at 250.295.6666. Dec 21

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Gisborne Industrial Construction is the General Works Contractor at the Copper Mountain Mine Construction Project. To date we have approximately 350 people working on this project, with roughly 80% of them from out of the area. This has put rental accommodations at a premium and so we are asking the community to contact our site office at 250.295.4711 to speak with Shauna Hassell if anyone has any rentals to offer. We do appreciate all the cooperation to date from the local hotels, trailer parks, campsites and residents who have offered space to our employees. Should anyone have any questions or concerns we also encourage you to contact Shauna Hassell to discuss them with her.

Town of PRINCETON
REQUEST FOR QUOTATIONS FOR
Princeton and District Museum Renovations

Contract : Princeton and District Museum Renovations
Reference No. 56200446.001

The Town of Princeton is requesting quotations to provide all materials, labor, equipment and construction services for the renovation of the Princeton and District Museum.

The Museum site is located at 167 Vermilion Avenue, Princeton, British Columbia. A mandatory site visit is scheduled for Tuesday, January 4, 2011 at 10:00 am to walk through the project.

Quotation packages can be picked up at Town Hall, 169 Bridge Street, Princeton, B.C. VOX 1W0.

The Quotation shall be submitted to:
Town of Princeton, 169 Bridge Street, Box 670, Princeton, B.C., VOX 1W0
No later than 2:00 pm local time Friday, January 14, 2011.

Contact information on behalf of the Town of Princeton for technical questions or clarification:
Lyle Thomas,
Project Manager
250-295-7222

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notices

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Dawn, Lynette, Adam,
Desiree, Arlene**

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**Similkameen
News Leader - Recipe Corner**

Recipe #354

Spinach Stuffed Mushrooms

(NC)—The larger mushrooms make an excellent vegetable accompaniment for dinner or use smaller mushrooms for appetizers. Preparation Time: 15 minutes Cooking Time: 20 minutes

- 8 large jumbo or stuffer fresh Mushrooms
- 2/3 cup (150 mL) fresh bread crumbs
- 1/3 cup (75 mL) shredded Swiss or old Cheddar cheese
- 1/2 cup (125 mL) chopped, well drained, cooked spinach*
- 2 tbsp (25 mL) crisp cooked bacon bits or diced sundried tomatoes
- 2 finely minced, cloves garlic
- 1 tsp (5 ml) dried basil
- 1/4 tsp (2 mL) salt
- 2 tbsp (25 mL) light mayonnaise
- 1/4 cup (50 mL) olive oil
- 1 tbsp (15 mL) grated Parmesan cheese

Remove the stems from the mushrooms and finely chop. In a medium bowl, combine chopped stems, bread crumbs, Swiss cheese, spinach, bacon, garlic, basil, salt and mayonnaise; mix well. Brush oil on outside of mushroom caps. Spoon filling evenly into caps, mounding as necessary and place in shallow baking pan. Sprinkle Parmesan on top. Bake in 425°F (220°C) oven for 15-20 minutes or until mushrooms are heated through. Makes 4 main course or 8 appetizer servings.

*Use frozen, thawed chopped spinach or cook fresh in microwave; be sure to press out the moisture.
Tip: Mushrooms could be cooked on a rack or in a pan on the barbecue.
Variation: Substitute about 16-20 large mushrooms for jumbos or stuffers.
Nutritional Information: Calories: 248, Protein: 6.9 g, Fat: 20.9 g, Carbohydrates: 10.3 g, Dietary Fibre: 2.5 g.

More delicious recipe ideas are available online at www.mushrooms.ca.

- News Canada

If you have a favourite recipe you would like to share, contact us for details!
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Christmas Traditions

by The News Leader's Dawn Johnson

THE CHRISTMAS TURKEY
 Having a turkey for Christmas dinner is a purely American tradition. The early settlers from England would have been accustomed to having a Christmas goose. However, geese were in short supply, as the wild geese fly south during the winter. This left the wild turkey, which was abundant and a nuisance as well (wild turkeys can be really aggressive). The turkey, stuffed with a bread mixture, became an American tradition. The cranberry sauce to go with it originated in New England, where cranberries grow in abundance.

CHRISTMAS CAROLLING
 Going from door to door singing Christmas carols is an old British tradition. Groups of poor people would go to a house (hopefully to a house of a rich, generous family)

knock on the door and sing a Christmas carol or two. The people in the house were expected to show their generosity by giving the singers a coin, or a treat of some kind. This custom has continued in malls and on streets by groups trying to raise money to feed the poor and homeless, or just to enjoy the fun of singing for people. In Canada, the weather often determines whether or not the singers go out, as sometimes the temperature is just too low for effective singing. It is hard to catch your breath at -30. Today, we have an astonishing number of Christmas songs, and lots of Christmas music is on television, radio, or CDs, and ordinarily, people do not go from door to door

singing carols.

THE CHRISTMAS PAGEANT
 The reenactment of the story of Jesus' birth has taken place in churches from one generation to the next. The holy parents and child take the form of children dressed in appropriate costumes, the manger is shown in countless variations, the wise men bring gifts, the shepherds watch in awe. This pageant was used as a teaching tool to educate Christian children in the story of Christ's birth. At one time, this living nativity scene was a standard part of every elementary school's Christmas concert, but today it is reserved for churches lest the schools be accused of indoctrinating children of other religions.

Princeton Posse 2010/11

CLIP 'N' SAVE
Game Schedule

PRESENTED BY:

Similkameen
News Leader

WE'RE DIFFERENT, AND WE LIKE THAT.

HOME

AWAY

5-3 L SUN SEP 12 - vs Kelowna 2:00 PM
 2-1 W SAT SEP 18 - vs Spokane 7:00 PM
 5-3 W FRI SEP 24 - vs Kamloops 7:00 PM
 6-6 T FRI OCT 01 - vs Osoyoos 7:00 PM
 4-2 L SAT OCT 16 - vs Sicamous 7:00 PM
 4-1 L TUE OCT 19 - vs Osoyoos 7:00 PM
 5-4 L FRI OCT 22 - vs Beaver Valley 7:00 PM
 4-0 L SUN OCT 24 - vs Creston 2:00 PM
 5-2 L FRI OCT 29 - vs Kelowna 7:00 PM
 6-5 OTL SAT OCT 30 - vs Penticton 7:00 PM
 6-4 L FRI NOV 05 - vs Golden 7:00 PM
 4-0 L SUN NOV 07 - vs Osoyoos 2:00 PM
 4-1 L FRI NOV 12 - vs Revelstoke 7:00 PM
 5-4 L SAT NOV 13 - vs Revelstoke 7:00 PM
 6-5 OTW SUN NOV 21 - vs Osoyoos 2:00 PM
 5-2 W FRI NOV 26 - vs Kelowna 7:00 PM
 5-1 W FRI DEC 03 - vs N Okanagan 7:00 PM
 4-1 L SUN DEC 05 - vs Kelowna 2:00 PM
 6-2 W FRI DEC 10 - vs Columbia Valley 7 PM
 5-0 W WED DEC 15 - vs Penticton 7:00 PM
 SAT JAN 01 - vs Penticton 7:00 PM
 FRI JAN 07 - vs Penticton 7:00 PM
 FRI JAN 21 - vs Kamloops 7:00 PM
 FRI FEB 04 - vs N Okanagan 7:00 PM
 FRI FEB 11 - vs Sicamous 7:00 PM

5-1 L SAT SEP 11 - at Kamloops 7:00 PM
 6-3 L FRI SEP 17 - at Sicamous 7:00 PM
 8-3 L SUN SEP 19 - at Osoyoos 2:00 PM
 7-0 L TUE SEP 21 - at Kelowna 7:00 PM
 5-0 L FRI OCT 08 - at Fernie 7:30 PM
 5-3 W SAT OCT 09 - at Kimberley 7:30 PM
 2-0 L SUN OCT 10 - at Nelson 1:00 PM
 5-4 L FRI OCT 15 - at N Okanagan 7:30 PM
 4-1 W WED NOV 03 - at Penticton 7:00 PM
 6-4 W SAT NOV 06 - at N Okanagan 7:30 PM
 6-2 L FRI NOV 19 - at Kelowna 7:00 PM
 3-3 T SAT DEC 04 - at Kelowna 7:00 PM
 5-2 W SAT DEC 11 - at Kamloops 7:00 PM
 3-3 T SUN DEC 12 - at Osoyoos 2:00 PM
 FRI DEC 17 - at Revelstoke 7:00 PM
 SAT DEC 18 - at Revelstoke 7:00 PM
 FRI DEC 31 - at Osoyoos 7:00 PM
 TUE JAN 04 - at Kelowna 7:00 PM
 SAT JAN 08 - at Penticton 7:00 PM
 WED JAN 19 - at Osoyoos 7:00 PM
 SAT JAN 22 - at Sicamous 7:00 PM
 SAT JAN 29 - at Castlegar 7:30 PM
 SUN JAN 30 - at Grand Forks - 1:00 PM
 SAT FEB 05 - at Penticton 7:00 PM
 SAT FEB 12 - at Penticton

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 1:30 - 2:30 PM & 4:00 - 5:00 PM - STICK & PUCK

SATURDAY, DECEMBER 25
 CLOSED

SUNDAY, DECEMBER 26
 CLOSED

MONDAY, DECEMBER 27 - TUESDAY, DECEMBER 28
 12:30 - 1:30 PM & 3:00 - 4:00 PM - PUBLIC SKATING
 1:30 - 2:30 PM & 4:00 - 5:00 PM - STICK & PUCK

WEDNESDAY, DECEMBER 29
 3:00 - 4:00 PM - PUBLIC SKATING
 1:30 - 2:30 PM & 4:00 - 5:00 PM - STICK & PUCK

THURSDAY, DECEMBER 30 - FRIDAY, DECEMBER 31
 12:30 - 1:30 PM & 3:00 - 4:00 PM - PUBLIC SKATING
 1:30 - 2:30 PM & 4:00 - 5:00 PM - STICK & PUCK

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Editorial Page News Leader

Similkameen News Leader, 226A Bridge Street, PO Box 956, Princeton, BC V0X 1W0

My Turn...

The Christmas Angel

This is a true story. It happened to me last week.

I had a visit from a Christmas Angel.

Angels – for those who don't know – are messengers. They are typically messengers of God and the most popular angels are those depicted in Christmas tradition.

How did I have an encounter with one?

Well, let me tell you the story.

I was about halfway through work on this issue of the News Leader. I'm not sure why, but I was feeling a bit stressed out. I had the feeling I was falling behind, which is a feeling I dislike very much. I do not like to play catch up on anything. I really like to feel that I have some sort of control over what I accomplish daily in my office.

And it was one of those days where each time the phone rang or someone came into the office I was interrupted and it was throwing me off of my game plan.

Then she walked into the office.

I'll call her Angela, because it helps with my story and because it keeps her true identity a secret.

Angela wanted to speak with me.

Just a moment of my time but she could sense it was getting hectic in my office.

She said she'd try to come back some other time.

I couldn't let that happen. Something deep inside me responded.

There was urgency in her voice and she possessed a glow.

She was glowing like an angel.

I told her to come into my office and to close the door so we could have some privacy without distraction.

It was at that moment Angela showed me a crumpled up piece of paper in her hand. It showed signs of being held tightly and I recognized it immediately as being a section of the News Leader.

Angela told me that she had been suffering from a variety of issues in the past year or so and her life had been falling apart.

Recently, with the assistance of family, she was able to seek help and was already a few months into her new life as a recovering alcoholic.

She wanted me to know that an editorial I wrote a few weeks ago, which touched gently on my drinking past, touched her deeply and gave her hope.

And without knowing it, she gave me the best Christmas present of all.

So I challenge you this Christmas to be a messenger to someone you know who has made a difference in your life. Tell them what they have done to make that difference.

You may end up giving that person the best gift they receive this Christmas.



Princeton Crisis Assistance Society President Al Kovaltsenko, left, accepts close to 200 teddy bears December 16th from Princeton Dairy Queen owner John Babiak. The bears were donated during the previous night's Teddy Bear Game at Princeton Arena. Similkameen News Leader co-sponsored the event with Dairy Queen and the Princeton Posse. Many of the bears will end up in Christmas Hampers. *

...Your Turn

Repentance In 2010

To The Editor;

Christmas in the light of ---
Repentance?

In the Biblical Christmas story, there is a prophet, John the Baptist, "one crying out in the desert" for people to "Repent", in preparation for the "Hope to be born on Christmas Day".

It seems replicated today in the year 2010.

M.L.A. Ms. Jenny Kwan in her astonishing, pretentiously written letter to the British Columbians, Chapter One Verses One to Twenty, sorrowfully confesses how she and hers have not served the British Columbians well. However, a remarkable and commendable drama is about to unfold.

No camels available as in the times of Mary and Joseph, seems certain the three wise persons, Jenny Kwan, Carol James, and Gordon Campbell suffered the shambled service of the Greyhound bus lines to Canada's Cawston/Osoyoos desert to hear the cries of the modern 2010 Prophet (maybe Bill Vander Zalm?) -- to "Repent".

Obviously they heeded his words in the shining light they saw from above and repented.

Gordon gave up his kingdom, Carol her inheritance and Jenny became a "Born Again M.L.A."

And voices were heard "peace to all of good will." that on

Christmas Day we have stable "MORAL" government and in Princeton an enviable, outstandingly reliable Greyhound Bus service to be proud of.

Happy and holy Christmas to all.

- Joe Schwarz, Princeton

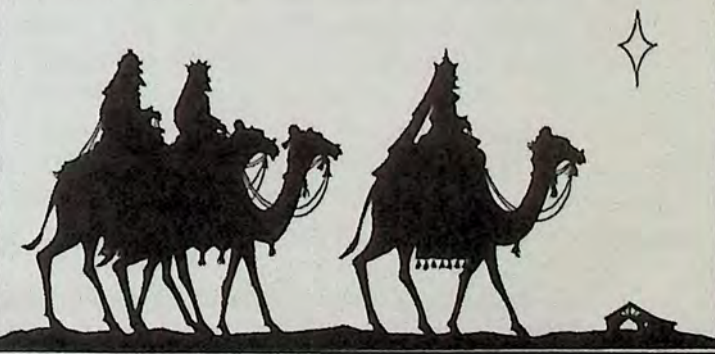
Season's Greetings!

We are grateful for your support in 2010...
May you be blessed with happiness in 2011!

from all the Staff at



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EDITORIAL GUIDE

We would like you to write to us, but please remember to abide by anti-discrimination laws. The News Leader reserves the right to refuse to print any letter which is not signed by the writer or is slanderous, libelous or of uncommon sense! The Editor reserves the right to condense any letter or to substitute proper language for improper language.

Current Comment

Let's Celebrate The Best of Christmas



Dawn Johnson
editor@thenewsleader.ca

"Christmas is too commercial!"
Somebody says that every year.
Why?

We have gone from "Merry Christmas" to "Seasons greetings" lest we offend somebody. Why?

Let's look at why we have Christmas in the darkest part of the year (for those of us who live in the northern hemisphere, where Christmas began). Researchers say Jesus was born in March, so why are we celebrating Christmas on December 25th?

The fact is, in ancient times, people lit candles, made big bonfires, and celebrated the time when the days began to lengthen. They were celebrating the return of the sunny time of year. Even today, on December 22, many people celebrate the winter solstice.

The Holy Roman Church, unable to stop this "pagan" sun celebration, decided to turn it into a Christian celebration: Christ's birth was to be celebrated in place of the pagan festival.

The custom of celebrating, feasting and giving gifts was not an odd thing to do. Jesus was born a Jew, and the people of Jesus' time liked to celebrate, feast, and give gifts. Jesus was not inclined to discourage people from enjoying life. On the contrary, he urged people to enjoy life, to bless others, to give to others.

He did not preach against feasting, dancing, singing or giving

Merry Christmas!



From All of Us
Similkameen News Leader

gifts.

It seems to me that people become tied in knots over how to celebrate Christmas. People who fancy themselves as more devout than others are those who approach Christmas as if it were a religious chore to be conducted with the greatest possible solemnity, as if having lights, a tree, a feast, and gifts, somehow insults everything they believe in. Would Jesus have approved that method of celebrating a birthday?

There is no doubt Christmas is good for business, but I don't think Jesus would have preached against buying and selling, except

when it was done in the synagogue. It seems to me that some people think buying gifts is just not in the spirit of Christmas. I wonder, would Jesus have frowned on people going to a local merchant to buy a gift for a friend or loved one?

I can't picture Jesus objecting. Jesus gave only one commandment: "Love one another." Are the things we do at Christmas time part of our love for one another? If we can answer "Yes", then surely we are celebrating what a good Christian should be doing.

Have yourself a Christmas filled with love for one another.

Who is going to sell?

Community Futures has asked for Town Council's help in finding out which business owners plan to leave their businesses during the next five years. Earlier this year, Community Futures conducted a survey in a few rural communities and discovered 41 percent of business owners planned to exit during the next five years, but were doing little to plan for succession. They had made no plans for somebody else taking over the business.

The result of the survey alarmed Community Futures, because the failure to plan for succession could result in the loss of a business for the town. Community Futures asked the Town of Princeton to issue a survey form with each business licence renewal or new business licence.

Town Council decided at the December 6 meeting to have the Chamber of Commerce comment on the survey before issuing it.

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Peace on earth!

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The Grade 7 students in Mr. Johnson's class collected the most Christmas Hamper Fund items for the Elementary level, grades 1 to 7 at Similkameen Elementary-Secondary School in Keremeos. They are seen here on their way back to class after skating at the outdoor rink in Keremeos December 17th. The Grade 12 boys collected the most Christmas Hamper Fund items for the Secondary level, grades 8 to 12. 3,243 items in total were collected at Similkameen Elementary-Secondary. Donations were noticeably up from prior years. Schools in District 53 are closed now until January 4th. Photo: Arlene Arlow

Christmas Traditions

by The News Leader's Dawn Johnson

CHRISTMAS CANDLES

The lighting of Christmas candles has a Christian significance, and a practical aspect. The lighted candles signified the light that Christianity brought to the world, and lighting a candle for spiritual reasons continues today. Back in the days before electric lights, the lighting of many candles was also a preparation for the celebration. On most days, one candle was lit and carried from room to room to provide illumination, much as one would carry a flashlight today. Back then, candles were expensive or hard to make, and were used sparingly. At Christmas time, because it was a celebration, extra candles were lit to make rooms more cheerful. If guests were coming to Christmas dinner, candles were placed at the

window to help guests find their way. In Sweden, even today, candles ensconced in hollow ice receptacle are placed along driveways and footpaths to welcome guests at Christmas time. There are all kinds of candles today, and they are used for decoration and scent. There are about 100 different scents to choose from and no end to the variations in styles of candles and candle holders. Such abundance would have astonished people of olden times. However, there is a downside to burning candles, as anyone with breathing problems will tell you. They use up oxygen in the air and they create fumes and even soot, to say nothing of the mess of dripping wax and the potential fire hazard.

CHRISTMAS CARDS

The custom of sending Christmas

cards did not become popular until mail service was efficient and reliable. Sending Christmas cards was a way of sending good wishes to family and friends who lived far away. The first Christmas cards were more like a visiting card, or business card. As time went on, they became far more elaborate. Today, with the rising cost of postage and the advent of email, many people no longer send Christmas cards. They send a virtual Christmas card via email. To those of us who enjoy sending the real thing, there is something missing from the virtual greeting. You cannot hang it on a ribbon or place it on a buffet or bookshelf and savour it for weeks like the real cards. It is like getting a virtual hug - the warmth is missing.



Postmaster Cheryl Decker and Clerk Rob Biro at Canada Post in Keremeos wish everyone a very Merry Christmas. Regular hours are 8:30 AM to 4:30 PM. The Post Office will close early December 24th at 4:00 PM and reopen December 29th at 8:30 AM. It will close early December 30th at 4:00 PM and reopen January 4th at 8:30 AM. Photo: Arlene Arlow



Are you going to leave a glass of milk and plate of cookies out for Santa December 24th? Growing up in Kelowna the News Leader's Owner/Publisher George Elliott remembers that as a family tradition. "My father was pretty crafty in those days and the odd Christmas we'd find bits of a white beard stuck to the stove pipe that ran from the woodstove in the kitchen." It all added to the spirit of the season. *

Hedley supports hamper program

by Peggy Terry

Here is a partial list of donations collected in support of the Similkameen Food Hamper Fund from the Hedley area:

Hedley Mascot Mamas

On Monday, December 13th, (Red Hat Ladies) enjoyed their Christmas dinner at the Hitching Post Restaurant and instead of buying each other gifts they decided to donate non-perishable foods to the

Food Hamper Fund. Thank you, ladies for your generosity, you have made a difference.

Hedley Fire Department

The Volunteers and their spouse had their Christmas dinner on Tuesday December 14th, also at the Hitching Post Restaurant where they had a choice to enjoy a traditional Christmas Dinner or Mexican food. Instead of giving gifts to each other they passed the

hat for donations for the Food Hamper and the total collected was the sum of \$ 175.00.

Hedley Grace Church

The Congregation made a donation to the Hamper Fund in the sum of \$200.00 with personal donations by non-perishable foods and the sum of \$150.00.

Thank you, everyone, for your generosity to help your fellow neighbours at a time in need.

Five tips to avoid Christmas debt

It happens every year. The holiday shopping season hits and people feel pressured to buy, often leading them to spend beyond their means. With personal debt loads hitting record highs, Valley First offers five top tips for avoiding overspending this holiday season.

"At this time of year there is a lot of pressure to spend, spend, spend," says Valley First's vice-president of credit, Jim Lamond. "The key to avoiding overspending is to set yourself a realistic budget and stick to it. If you are trying to keep up with the Joneses, sooner or later you will find your debt load increasing."

It can be hard to avoid this debt, but with some discipline and by following the below tips from Valley First employees you can avoid that sick feeling that often accompanies the arrival of January's credit card statement.

Tip 1:

Set yourself a realistic budget
It sounds simple, but many people do their shopping with no set budget in mind. Make a list of all those you want to buy for and how much you are able to spend and go from there. By setting a realistic budget and sticking to it you can avoid spending beyond your means.

(More information about budgeting, please see the Valley First website.)

Tip 2:

Leave the cards at home

If you are one of those people who struggles to stick to a budget, leave your credit/debit cards at home and take only cash to the store with you. This can be difficult in our increasingly cashless society, however, it forces you to only spend what you have in your wallet.

Tip 3:

Don't start shopping too early

Starting your Christmas shopping early can help you spread the cost of your purchases, but it can also turn you into a repeat spender. If you've purchased a gift for someone, stop. The more time you have to shop, the more you will tend to spend.

Tip 4:

Don't be fooled by so-called bargains

Too many of us have heard the phrase: "It was such a good deal, I couldn't afford not to buy it." Our logical mind should know better than this. Spending is still spending, regardless of whether it is five, 55 or 95 per cent off.

Tip 5:

Gift cards

While some people think gift cards are impersonal, they can help keep you to a fixed-dollar purchase. Also, they are great if you are buying for a lot of people as the upfront value of the gift prevents the receivers from thinking someone else received a better or more expensive gift.

Valley First is a division of First West Credit Union, B.C.'s third-largest credit union, which has 37 branches and 29 insurance offices throughout the Lower Mainland, Fraser Valley, Kitimat and the Okanagan, Similkameen and Thompson valleys. First West has approximately \$5.6 billion in assets under administration, 167,000 members and more than 1,150 employees.

- submitted



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Wishes to all for a very Merry Christmas and a Prosperous New Year!

With thanks for your continued support and participation in my regular weekly meetings with local citizens!

Town Councillor
Frank Armitage

*The holiday season is
the time for giving,
laughing and sharing.*

*May yours be filled with
these and more.*

*Wishing you all a
Merry Christmas and a
prosperous New Year!*

*Many thanks for your ongoing
support and encouragement
from all of us at*

*Realty Executives
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