



Similkameen

News Leader

\$1
INCLUDES HST!

Volume 14 Issue 15 #676 ISSN 1712-090X

Tuesday, April 12, 2011

Who's Working For You? See Below!



PSS Grade 8's Kolten Smith, Brooke Bottcher, Owen Bartlett and Brynn Johnson received medals from the Caribou-Mainline Regional Science Fair held April 7 and 8 in Kamloops. More on Page 23. Photo: Des Cosman

Rick Hanson needs local medal bearer

Twenty-five years after his Man In Motion World Tour, and in preparation for his 25th Anniversary Relay which will re-create the Canadian-portion of his original Tour, Rick Hansen is looking for residents of Princeton and Area H to help cover the 12,000 kilometre trek across Canada.

One man in motion will be represented and celebrated by many in motion; as 7,000 participants from across Canada who have made their own difference in the lives of

others will walk, wheel or run in the Rick Hansen Relay when it begins on August 24, 2011 in Cape Spear, Newfoundland and Labrador and concludes on May 22, 2012 in Vancouver. The 25th Anniversary Relay is planned to pass through Princeton in May of 2012.

To find and recognize these participants, the Rick Hansen Foundation launched an online public contest that opened April 5, continued on Page 22

News from Princeton Town Council

Town forms referendum committee

Do you want an aquatic centre in Princeton? Do you want to pay for it?

That is the question we will have to answer on September 24 when the matter goes to referendum for both Town and Area H residents.

Town Council is forming a Princeton and District Aquatic Centre Referendum Committee to provide information to local voters so they can make an informed decision when they go to the ballot box.

Mayor Randy McLean made it clear he wants voters to know both sides of the question, not only all the good benefits they will get from an aquatic centre, but what the costs will be.

The committee will consist of four Town staff, one Regional District staff, one swim club member, two medical professionals, one person from the school district, one RCMP member, three local business people, one member of Senior Citizens, four residents from both the town and Area H, and one youth.

Their task is to develop a comprehensive communication program, provide information through the media and other means, and develop specific action plans for a successful referendum with a positive vote.

Town prepares for new town hall

Town Council is taking the first step toward building a new Town

Hall. Council is applying for funding to conduct a site investigation under the Contaminated Sites Regulation for the lot adjacent to the existing Town Hall. This lot was the site of a dry cleaning business which burnt down many years ago. The new Town Hall would include this lot.

At this time, the Town does not

know whether the site is contaminated. Before any new structure can be built on the lot, a certificate must be obtained from the provincial government saying the property is suitable for construction of a new building.

Public hearing gives approval

A public hearing was held April 4

on the matter of re-zoning the former Mego/Aspen Planers site from industrial to residential.

Those members of the public who attended the hearing did not object. In fact, they were enthusiastic about the change.

Later that evening, Council gave third reading to the re-zoning and adopted it.

PSS Family Fair marks 60 years

April 21st will mark the 60th anniversary of the Princeton Secondary School Family Fair. The fair raises funds for bursaries for the graduating class of Princeton Secondary School. Last year over 25 bursaries of \$230 each were awarded to help with the cost of post secondary schooling.

The community has been very supportive in the past and once again

the Family Fair committee is asking for your support for this year's graduating class. While you are at the fair make sure you check out the Art Show in the school bandroom. Plans are to have a good display of artwork from students from John Allison, Vermilion Forks and Princeton Secondary Schools.

The baking table will be offering Shane O'Malley's cooking class' tasty cinnamon buns. These sell out fast so get there early to purchase these freshly made buns.

This year along with the regular white elephant sale, books and baking, there will also be a good selection of plants and some bedding

plants for sale. The ever popular games for the younger members in the family will be manned by the Class of 2011.

Tea will be served in the PSS Cafeteria, so you can plan a break from your shopping and meet friends for refreshments while being served by the 2011 Princeton Ambassadors.

Tickets are now available for the popular "Taste of Princeton" raffle which has ONE prize of several gift certificates to many of Princeton continued on Page 22

LEE MOWRY
"Working For You...Always!"

www.PrincetonRealEstate.ca

Office: 250.295.6977
Cell: 250.295.1990
224 Bridge Street, Princeton

MASTERS EMERALD
Century 21
Princeton Realty



We acknowledge the financial support of the Government of Canada through the Canada Periodical Fund (CPF) for our publishing activities.

Canada

Similkameen News Leader
Bengel Publishing Inc.



Canadian Publications Mail Agreement No. (1299263) • websites: www.thenewsleader.ca • www.thenewsleader.info • www.thenewsleader.net

Published Weekly in Princeton, BC by Bengal Publishing Inc. 226A Bridge Street, PO Box 956, Princeton, BC V0X 1W0
Phone: 250.295.4149 • 1-888-350-9969 • Fax: 250.295.4103

Quality Engineered Pre-fabricated Packages

Whether you're building around the corner or around the world, Pacific Homes' high quality home, cottage, and commercial packages make building your project easy. We can assemble or do it yourself. Any design; yours, ours or start from scratch and create something truly custom.

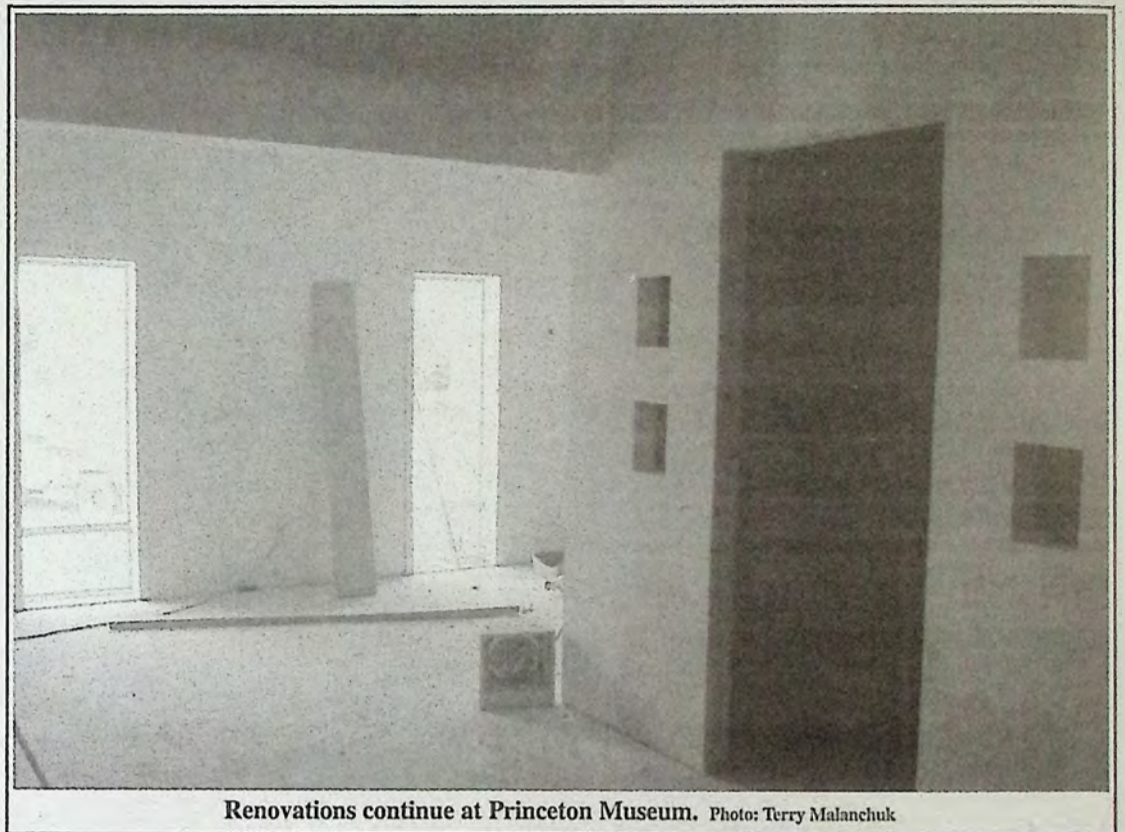
Ken Thiessen
1.800.667.7880 Ext 327
ken.thiessen@pacificbuildingsystems.com
www.pacific-homes.com



Canadian Owned & Operated Since 1959

FAX SERVICE

SENDING OR RECEIVING
- CONFIDENTIALITY GUARANTEED -
AVAILABLE AT:
Similkameen
News Leader
226A Bridge Street, Princeton.
Phone: 250.295.4149 - Fax: 250.295.4103

Renovations continue at Princeton Museum. Photo: Terry Malanchuk

Princeton Area Ghost Towns - The DVD

\$20.00
INCLUDES HST

Available at:
Similkameen News Leader
www.thenewsleader.ca



Explore The History Of Mining - Gold, Copper and Coal

Sego Resources report assay results

Sego Resources reported April 5th that the fire assay results from phase one of the percussion drilling program at Miner Mountain have been received for 22 of 34 drill holes. The grid drilling was over a gossan cap and a Titan 24 IP anomaly (2km x 250m) known as the Cuba Zone. These preliminary results indicate that at the east end of the grid the mineralized zone is open to the North, East and South. Results for the holes at the west end are pending.

PDH (Percussion Drill Hole) Assays:

- PDH 01: From 24 to 48 m 0.156% Cu. Bottom of Hole 80 metres.
- PDH 02: From 60 to 70 m 0.355% Cu, 0.446 g/t Au, 1.2 G/T Ag. Bottom of Hole 70 metres.
- PDH 6: From 16 to 20 m 0.128% Cu, 0.179 g/t Au (and Isolated hits between 10 to 30m). Bottom of hole 62 metres.
- PDH 8: From 38 to 56 m 0.186%

Cu, 0.138 G/T Au, and from 68 to 72 m 0.226 g/t Au. Bottom of hole 80 metres.

- PDH 9: From 12 to 64 m 1.264% Cu 1.061 G/T Au, 3.79 G/T Ag, Including 12 to 44 m 1.845% Cu, 1.628 G/T Au 5.569 G/T Ag including from 16 to 24 m 3.681% Cu 5.256 G/T Au and 15.975 G/T Ag which includes from 18 to 22 m 3.999% Cu 6.925 G/T Au and 23.450 G/T Ag. Bottom of Hole 64 metres.

- PDH 12: Isolated 0.1% Copper from 70 to 82 m. Bottom of Hole 82 metres.

- PDH 13: From 36 to 38 m from 0.139% Cu 0.083 G/T Au, 64 to 68 m 0.272% Cu 0.237 G/T Au 0.50 G/T Ag. Bottom of Hole 68 metres.

- PDH 14: From 20 to 70m 0.126% Cu, 0.087 G/T Au. Bottom of Hole 70 metres.

- PDH 15: From 24 to 50m 0.161% Cu 0.4 G/T Au, 0.43 G/T Ag including from 32 to 38 m 0.191%

Cu 1.053 G/t Au. Bottom of Hole 60 metres.

- PDH 16: From 14 to 20 m 0.237% Cu 0.16 G/T Au and from 28 to 40 m 0.141% Cu, 0.096 G/T Au. Bottom of Hole 56 metres.

- PDH 17: From 32 to 44 m 0.135% Cu, 0.094 G/T Au (isolated Cu and Au from 28 to 48 m) Bottom of Hole 62 metres.

- PDH 18: From 34 to 38 0.216% Cu, 0.030 G/T Au, and from 40 to 56 m 0.186% Cu 0.046 G/T Au and from 68 to 74m 0.112% Cu and 0.021 G/t Au. Bottom of Hole 80 metres.

- PDH 19: From 44 to 46 0.121% Cu, 0.029 G/T Au. Bottom of Hole 46 metres.

- PDH 20: From 10 to 22 m 0.197%, Cu 0.257 G/T Au. Bottom of Hole 50 metres.

- PDH 21 from 16 to 28 m 0.8 % Cu, 0.647 G/T Au, 1.367 G/T Ag including 18 to 24 m 1.342% Cu, continued on Page 22

CUSTOMER APPRECIATION DAY



PETRO-CANADA

11:00 AM - 2:00 PM
Saturday, April 16
105 Bridge Street, Princeton

**FREE HOT DOGS & DRINKS
DOOR PRIZES**

NEW CUSTOMERS:
Sign up for Petro Points and get entered in the Draw to Win \$500.00 FREE Gas!

We'd also like to take this opportunity to thank all our regular customers for their loyal support! We look forward to seeing you soon!



Another look at renovations currently underway at Princeton Museum. Photo: Terry Malanchuk



This is one of the Gold Medals brought back by PSS Grade 8 students who participated last week in the Caribou-Mainline Regional Science Fair at Thompson Rivers University in Kamloops. Photo: Des Cosman

A decade of hotness!

by Arlene Arlow

The Similkameen Sizzle will be 10 years old in 2011, and this year's planning committee met on Wednesday April 6th in Keremeos to start the ball rolling for the September event.

Committee chair Vicki Morgan of Valley First Credit Union provided a summary of the ups and downs of the 2010 event. For 2010, inclement weather was the biggest factor that limited both the crowds and their ability to enjoy the day.

In the spirit of persistence, die-hard Sizzle fans stuck it out until the last hot pepper was gulped down during the Sear Factor pepper-eating con-

test at 5:30 PM last September. Organizer for that event was George Elliott.

This year's event includes returning favourites such as children's performer Matt Dufus, the Par-T-Perfect climbing wall and the Chili Cook-off tasting event.

The planning committee is hoping to offer some commemorative souvenirs at this year's 10th Anniversary Sizzle.

Committee members are all volunteers, and include Vicki Morgan of Valley First Credit Union, Tuesday MacDonald of Royal LePage Realty, Mayor Walter Despot, Arlene Arlow of Addventive

Bookkeeping, John Bachewich of Breezy Valley RV Storage, Sunny Dhaliwal of CIBC, John Sladen of Diggidy Farm & Apiary, George Elliott of the Similkameen News Leader, Colleen Christensen, Manager of Similkameen Country Chamber and Carroll MacLean.

We will keep you posted as the planning unfurls. See you on September 17th!

Similkameen
News Leader
WE'RE DIFFERENT, AND WE LIKE THAT.

SURE CRAFT
CONSTRUCTION LTD. "Your Local Building Professionals!"

JIM SHALES
Licensed Residential Builder
RESIDENTIAL/COMMERCIAL
surecraftconstruction@nethop.net

Cell: 250.295.8012
Fax: 250.295.7965

General Contracting
Construction Management

HONDA
Power Equipment

Mac's Auto Parts Ltd.
193 Vermilion Avenue, Princeton
Phone: (250) 295-6944 Fax: (250) 295-7344

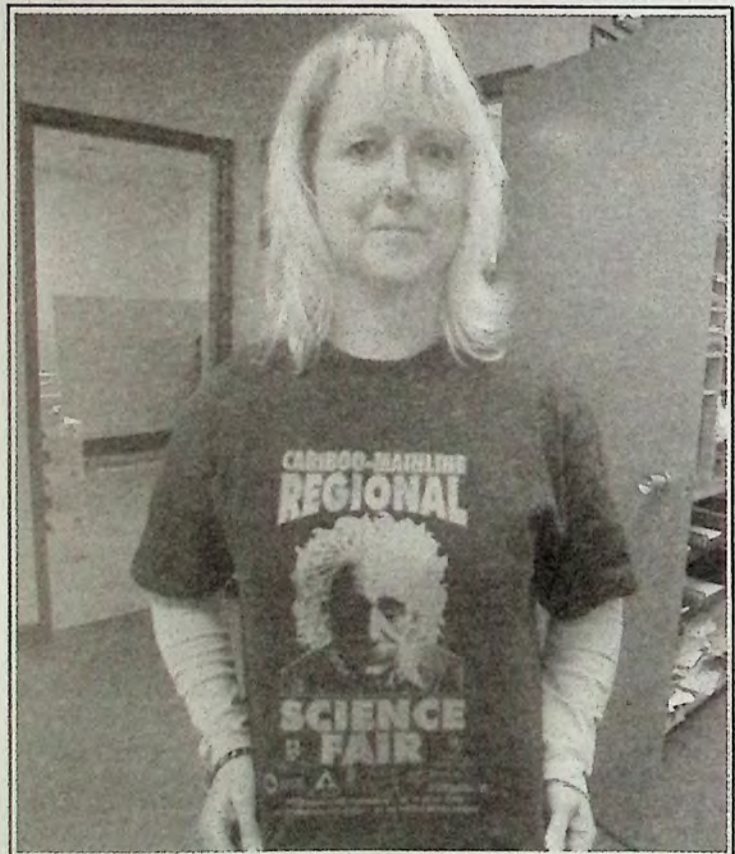
HOURS OF OPERATION:
7:00AM - 5:30PM MONDAY - FRIDAY
8:00AM - 5:00PM SATURDAY

LAWN MOWERS
WATER PUMPS
TILLERS - GENERATORS
SNOWBLOWERS

13th Annual
Penticton
Gun & Antique Show & Sale

PENTICTON CURLING CLUB - 505 Railway Street
(Highway 97 Penticton)

Saturday & Sunday, April 16 & 17
SHOW TIMES: 9 AM - 5 PM Saturday / 9 AM - 3 PM Sunday
Admission: \$5.00 / Seniors (Gold Card) \$3.00 / Accompanied Children Under 12 FREE
INFO: 250.494.4356 or e-mail: collector0003@gmail.com



PSS Science teacher Paula Barchard modeled the new Caribou-Mainline Regional Science Fair t-shirt last week. Photo: Des Cosman

Thank you
K'wusuk'na?qinx Canoe Family

Volunteer Billie Kruger and the K'wusuk'na?qinx Canoe Family step forward and lead by example in their aim to show the world and other indigenous youth that "impossible is nothing".

FortisBC supports over 200 community initiatives, like the K'wusuk'na?qinx Canoe Family, each year. We appreciate Billie Kruger and the K'wusuk'na?qinx Canoe Family, whose efforts are making our communities a brighter place.

Volunteer: Billie Kruger

Energizing your community

www.fortisbc.com

FORTISBC

Similkameen
News Leader
 www.thenewsleader.info

Keremeos.net
 (Keremeos on the web)

Web page design • POP3 e-mail accounts
 Desktop publishing • Computer repair and servicing
 Computer tutoring • CD creation
 Custom graphic artwork and logos • photographic services

Bryan - webmaster@Keremeos.net

U.S. COMPETITION
 -- PRICE MATCHING --

Don't be fooled by out-of-province Dealer promises.
 Enjoy 10-year Extended Warranty. Local Service.

Prices Approx. \$70.00 sq. ft.
 Quality Homes - www.qmhrv.ca
1-800-339-5133

ADVANCED COMFORT
 HEAT PUMPS
 AIR CONDITIONING
 HIGH EFFICIENCY HEATING - COMPLETE GAS FITTING
 WATER PURIFICATION

FOR RELIABLE QUALITY SERVICE CALL
DOUG GRIGG 250.295.3966
 SALES, SERVICE & INSTALLATION

Carrier
 Turn to the Experts

LICENSED - BONDED - INSURANCE

NEED A QUALIFIED BOOKKEEPER?

- Effective with Simply Accounting & QuickBooks
- On-site set up
- Tutoring
- Troubleshooting
- Bookkeeping & Income Tax

Arlene Arlow
 Author of Canada's best QuickBooks resource book

Addventive Bookkeeping Ltd.
 250.499.5121 www.addventive.com

Princeton History Collection

PH GHOST TOWNS UNOLVED
 PRINCE PONT INT
 PRINCE PONT INT

\$10.00
 INCLUDES HST

5 OUT OF PRINT TITLES ON A SINGLE CD!

AVAILABLE AT:
Similkameen News Leader

Keremeos News



Henry Schitt of Keremeos knows that "Spring Is In The Air." He and several other residents of Keremeos were busy tidying up their yards – and burning the evidence – on April 3rd. Henry's freshly cut spruce bows made more smoke than fire. Henry is 94, and still does his own yard work. Photo: Arlene Arlow

Mayor Despot reviews financial plan

Village Council introduced a five-year Financial Plan for Keremeos at their April 4th regular meeting. Keremeos Mayor Walter Despot issued the following statement at that meeting:

The Village of Keremeos' Financial Plan Bylaw is being introduced and considered for three readings tonight. In addition to the public input opportunity provided on January 10, and the Question Period provided at each budget meeting, there will be an additional opportunity for any members of the public to provide input into the Five Year Financial Plan at a Special Meeting of Council scheduled prior to the Committee of the Whole Meeting next Monday night, April 11 at 6:30 PM.

The 2011 Tax Rates Bylaw will be considered for the first three readings on April 18, as all regional tax rates have not yet been received. Council may then, at the May 2nd Regular Meeting of Council adopt, or amend and adopt, the Financial Plan and Tax Rates Bylaws.

The bylaws are the result of many hours of deliberation by your Council and I would like to thank Council, staff and also the members of the public who were able to attend the series of budget meetings held in December, February and March. Many municipalities, including the Village of Keremeos, struggle to find an appropriate way to involve their citizens in their budget preparation discussions and the Village welcomes feedback from its citizens on this challenge. Taxes

Council's discussion on tax rates

always begins with a comparison of the current year's assessment base with the past years. In a best case scenario, there would be no large fluctuation in the market based value of properties, and there would be enough new revenue generated from construction or subdivisions to fund any increase in expenditures required to provide the current year's municipal services.

Unfortunately, this has not been the case in 2011. While \$9,800 has been generated by new construction or subdivisions, an additional \$11,000 is required to fund projects and services that your Council has determined are necessary to either maintain or enhance municipal responsibilities and services in 2011 and to continually work towards the Village goal "to build on and improve the quality of life in Keremeos." Market based increases in assessment in 2011 will raise \$4,000 of this \$11,000 - the remainder will be raised by in 1.1% increase in the 2011 tax rate.

At the request of the Village, the responsibility for funding the Similkameen Valley Planning Society has been removed from the Regional District's budget in 2011 and transferred to the Village of Keremeos. An additional 1% tax rate increase is required to provide \$6,300 in funding to this Society.

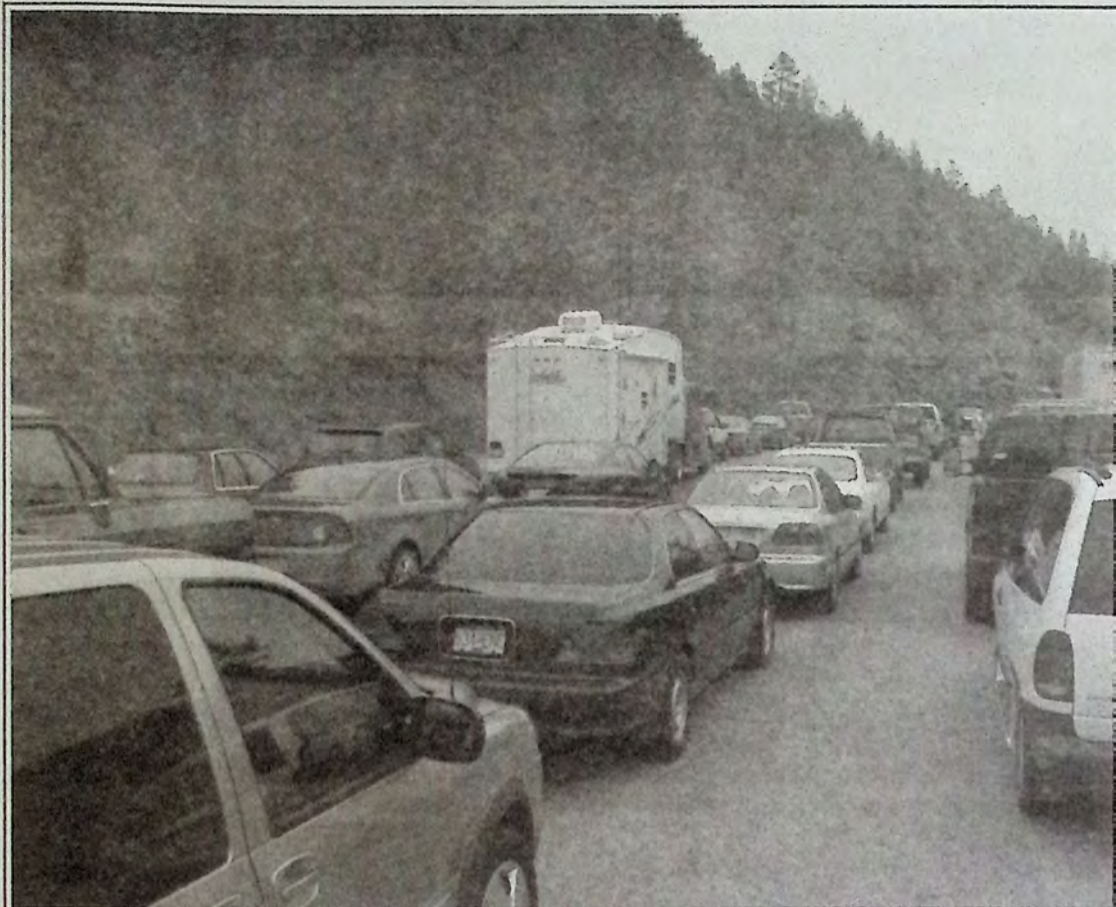
This brings the total municipal tax rate increase to 2.1%, which is equivalent to a \$15 increase on residential properties assessed at the average value of \$230,000. Decreases in the Regional District's tax requisition to cover expenditures such as economic

development, fire and recreation services in Keremeos will equate to a \$13 reduction for a similarly assessed property.

Council discussed at length whether or not this increase should be shared equally by all property owners within the municipality. Since 2007, Council has not allocated any share of any tax increase to business property owners in the community - in fact the rate has been purposefully decreased by 9.5% over the last four years. The intention of the business tax rate reduction was to stimulate business activity, but it is acknowledged that small reductions in the tax rate may not be the best way to do this. Council recognizes that any reduction in business tax revenues results in an increased tax burden on residential properties owners and decided that, for 2011, the 2.1% increase in the 2011 tax rate would be applied equally to all property classes.

This does not mean that your Council is still not very keen to do what it can to promote business within our community. We will continue to monitor our bylaws to ensure they are not discouraging development and we will be re-evaluating our Downtown Revitalization Tax Exemption bylaw to make it more useful and relevant to our business property owners. We welcome and urge local businesses and organizations to bring forth suggestions on how Keremeos can stimulate and improve the business and economic scene of the Village. We need your input!

..... continued on Page 10



Five lanes of traffic stopped in the Similkameen Valley? The scene last week just west of Yellow Lake at the rest area/pull out on Highway 3 during a scheduled road closure. Photo: Brenda Engel

Up 'n' Adam's Tech Talk

The iPod Nano 6G - by Adam Gullason

Since its release in September, Apple has made a huge amount of money off of their newest iPod Nano. This iPod has 1x1 inch multi-touch screen and an ARM based processor complete with a nice looking aluminum casing and stylish buttons.

The Apple team has managed to keep this iPod at the same price as the last one, too. At only \$159.00 to \$189.00 each, this would sound good to an iPod Newbie. But unfortunately, this iPod does not feature any of the old iPod features. The 5th generation which I used to own, had a backwards camera, step counter, games, video playback, voice memos and probably more. I used this all the time.

Unfortunately after having it stolen I bought the iPod Nano 6th generation where all the things I listed (minus the step counter) is missing. Steve Jobs, owner of Apple presented this and did not mention the lack of features on the

new iPod.

After watching the keynote I was pretty excited about this new 'revolutionary' product. But after using it, I found out that it is not all that it is said to be. If you are wanting an iPod that will count your steps while you listen to the hottest track,

the iPod Nano 6th generation is for you, if you are like me and want a personal computer in your pocket, go with the iPod Touch or iPhone or iPad.

Any Questions? Suggestions? Go to www.upnadam.me and fill out the contact form.

NOTICE OF PRUNING

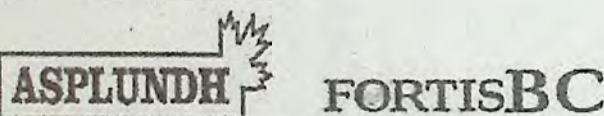
FortisBC Inc. has contracted Asplundh Canada ULC to manage vegetation near power lines within its service area. This work is necessary to reduce safety hazards near electrical wires and to prevent power outages caused by trees or tree limbs making contact with the lines.

Clearing around the low voltage lines that deliver power to individual residences remains the responsibility of the property owner. For safety reasons, FortisBC encourages homeowners to enlist the help of a qualified professional when pruning near low voltage lines.

Over the next few weeks, Asplundh Canada ULC crews will be pruning, treating and removing hazard trees in the FortisBC service area of - Hedley #2 Feeder. The work location is described as: Old Hedley Road on the North - Highway 3 on the South - Hedley townsite on the East - and Wolfe Creek on the West. Every effort will be made to minimize disturbance to local property owners. If you have any questions about this project, please call Asplundh Canada ULC at 1-800-663-5860.

As a by-product of this work, free wood chips will be available in 8 cubic metre loads. If you are interested please call 1-800-663-5860.

Thank you for your cooperation.



Alex Atamanenko Re-Election Campaign Princeton Office - Official Opening



Friday, April 15 4:00 - 6:00 PM
244 Bridge Street, Princeton
250.295.0041



RESUME SERVICE



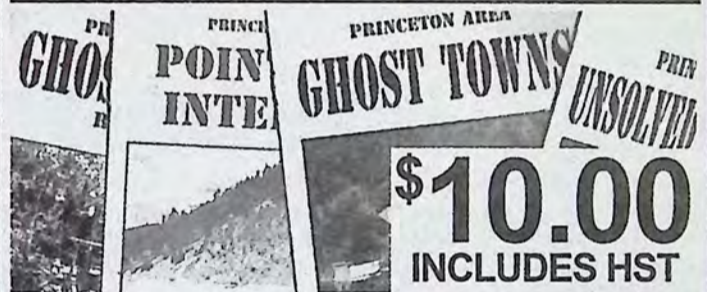
NEW or UPDATING
- CONFIDENTIALITY GUARANTEED -
AVAILABLE AT:

Similkameen
News Leader

226A Bridge Street, Princeton

Phone: 250.295.4149 - Fax: 250.295.4103

Princeton History Collection



\$10.00
INCLUDES HST

5 OUT OF PRINT TITLES ON A SINGLE CD!

AVAILABLE AT:

Similkameen News Leader

I'm ready to help
firefighters help you
to safety.

Safety is our highest priority. We work with fire departments to support them in dealing quickly and safely with natural gas and carbon monoxide emergencies.



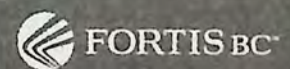
Glenn Hamilton, Field Supervisor

Terasen Gas and
FortisBC now
share one name -
FortisBC.

Watch for your
natural gas bill from
FortisBC. Visit us at
fortisbc.com.

FortisBC Energy Inc., FortisBC Energy (Homeowner) Ltd., FortisBC Energy (Wholesale) Ltd., and FortisBC Energy (Retail) Ltd. are all subsidiaries of FortisBC. The companies are subject to the same regulatory oversight as FortisBC. FortisBC and the FortisBC logo and name are trademarks of FortisBC Inc. FortisBC and the Street Gnome logo are trademarks of FortisBC Energy Inc.

The future. We're ready.



NEED A WEBSITE? ON A BUDGET?

www.upnadam.me

Need a daily fix of news?

Follow the News Leader on Twitter
@PrincetonBCNews

www.thenewsleader.net

C.J.M. Plumbing

COMPETITIVE SALES AND SERVICE

New Fixtures Supplied and Installed
Drain and Sewer Cleaning - Service Repair
Hot Water Tanks - Hot Water Heating

Emergency Service
Fully Licensed

295-7085
Dave Mack

FAX SERVICE



SENDING OR RECEIVING
- CONFIDENTIALITY GUARANTEED -

AVAILABLE AT:

Similkameen

News Leader

226A Bridge Street, Princeton

Phone: 250.295.4149 - Fax: 250.295.4103



Town of Princeton Zoning Amendment Bylaw No. 847, 2011

Pursuant to the provisions of Section 892 of the *Local Government Act*, notice is hereby given that Town Council will consider amending the Town of Princeton Zoning Bylaw No. 646, 1994.

The proposed Amendment is as follows:

Text amendment to the Town of Princeton Zoning Plan Bylaw No. 646, 1994 with the introduction of a new zone "Business Transitional (C3)"; and

Lot B District Lot 706 Yale Division Yale District Plan 39924 Except Such Undersurface Rights as are Registered in Absolute Fees Book Vol 18 Fol 123 No. 9729D (DD155391F), PID 011-687-142, be rezoned from "Heavy Industry (M2) to "Business Transitional (C3)".

The purpose of the zoning bylaw amendment is to introduce a new zone "Business Transitional (C3)" and to facilitate the redevelopment of the subject property from heavy industrial to a mixed used commercial/residential development.

The Council of the Town of Princeton will meet and hold a Public Hearing April 18, 2011 at 6:00 pm in the multi-purpose room of the Okanagan Regional Library (107 Vermillion Avenue, Princeton BC) to consider the proposed zoning bylaw amendment.

All persons who believe their interest in property is affected by the proposed bylaws will be afforded an opportunity to be heard in person and/or by written submission. Written submissions will be accepted up to the conclusion of the Public Hearing. If you are submitting a written submission prior to the Public Hearing, please submit it to the CAO office at Town Hall (PO Box 670, 169 Bridge Street, Princeton BC V0X 1W0). Council will receive no representations on this bylaw after the close of the Public Hearing.

A copy of the subject Bylaw No. 847, 2011 is available for examination during normal business hours 8:30 a.m. to 4:30 p.m., Monday to Friday except statutory holidays in the Town Office, 169 Bridge Street, Princeton, B.C. commencing on March 8, 2011 and up to and including April 18, 2011.



Given under my hand this 8th day March of 2011.

Patrick Robins
CAO
Town of Princeton

Health / Lifestyle News

The reason we need to supplement with digestive enzymes

(NC)—Digestive enzymes help replace enzymes lost in the cooking and processing of food and make up for decreased enzyme production by the body due to aging.

The human body makes and uses more than 3,000 kinds of enzymes to speed up enzymatic reactions and conserve energy. Without these enzymes, we could not live. Our bodies' reactions would be too slow for survival.

"While digestive enzymes, including the kinds found in Udo's Choice ultimate digestive enzyme blend, are only a few of the thousands of known enzymes, they facilitate a critical step in the digestive process," says Udo Erasmus, best-selling author and formulator of Udo's Choice.

Enzymes' role, from the moment food enters our mouth, is to start breaking them down to the smallest components that can be absorbed by the body. For minerals like calcium and magnesium, this will be at the molecular level. For sugars, this will be to fructose and glucose. Our body then absorbs and reassembles these components to build cells, tissues, organs, glands and entire body systems.

The body has two sources of digestive enzymes. First, it is able to manufacture enzymes, although there are limits to its ability to maintain optimum levels. And, second, it can also obtain them from food, provided the food has not been heated above approximately 40 degrees centigrade, in other words, from raw food. In an ideal world, to ensure an adequate supply, the body obtains enzymes from both sources.

Unfortunately, for most of us, raw and sprouted foods don't make up a sufficiently large percentage of the diet to adequately supplement the enzymes produced by the body. (It goes without saying that cooked, canned, microwaved and pasteurized foods contribute no enzymes.)

Caffeine, alcohol, illness, pregnancy and stress all take their toll on

our enzyme reserves. Furthermore, our bodies also produce fewer enzymes as we age. But even when we consume more raw foods, the cooked foods we eat, lacking enzymes, still create a problem. This is because enzyme deficient foods put a burden on the digestive system — a burden we weren't designed to handle. Incomplete digestion can lead to poor nutrient absorption, fatigue, digestive upset, food allergies and other health conditions. The body tries to compensate by producing more internal digestive enzymes, but its ability to do so has limits. Partially digested food escapes from the gut and can cause an immune response. Ultimately the body may try to "steal" enzymes

from the immune system — compromising it even further.

Udo's Choice digestive enzyme blends contain the full spectrum of important enzymes necessary to help in the digestion and absorption of all major nutrients. Five specialized formulations of active enzymes, designed to be age — and condition — specific, facilitate healthy digestion, improve nutrient absorption and immune function, increase energy levels and decrease inflammation and food allergies.

You can find out more about Udo's Choice online at this web address: www.florahealth.com or toll-free at (888) 436-6697. You can also join Flora's sharing health community, a free forum about healthy living.

Living Past 100

Defend Yourself Against Radioactivity

A lot of people are frightened by reports of radioactive fallout from Japan's nuclear disaster. Increased levels of radioactivity have been found in milk in a number of American states, and reports of radioactivity in the Pacific arouse fears of eating fish from Pacific waters affected by the Japan current, which flows past the coasts of Alaska, British Columbia and down to Mexico. There are things you can do to alleviate the effects of exposure to radiation, including exposure to X-rays, computers, television sets and microwave ovens.

Cabbage is a wonderful food for protection against radiation. Some people find cabbage hard to digest, but broccoli may be a good substitute, along with kale, Brussels sprouts and cauliflower. Calcium and magnesium are excellent for protection against radiation, along with Coenzyme Q10, kelp tablets and plenty of Vitamin C. Lecithin, Vitamin E and Vitamin B complex offer cellular protection. Some nutritionists recommend a high potency multivitamin daily.

Selenium is an important mineral in reducing the effects of radiation, but it does have a down side. Selenium scavenges free radicals and fights viruses, but it should not be taken by anyone suffering from anemia, as it binds with iron and removes it as waste.

Prolonged exposure to radiation destroys the body's immune system. Building immunity through a healthy diet is essential. There are immune system building complexes sold as supplements in most health food stores, or consult an oncologist or naturopath for advice on immune building supplements.

A flavouring for soups, called miso, is believed by the Japanese natural healing specialists to be instrumental in saving the lives of many of those who suffered radiation sickness after the atomic bomb attacks on Hiroshima and Nagasaki in 1945. Miso must be handled with great respect, as it is subject to being killed by too much heat. Always add it after the soup is taken off the burner and allowed to cool a bit. Miso is manufactured in Canada, so do not think it must be imported from Japan. For those intolerant of soybean products, ask for barley miso.

Canada produces another product called Essiac tea, available in health food stores. This herbal tea has proven effective in combating the effects of radiation.

www.upnrunnin.com

THE TIN MAN METAL ROOFING



Sales & Installation
Galvanized & Coloured

METAL ROOFING &
CUSTOM FLASHINGS

TOLL FREE 1-888-647-3377 **250.295.3743** FAX 250.295.3716

Cut Your Debt

By Up To 70%

Canada's Debt DietSM

- Avoid bankruptcy
- 0% Interest
- Know your options
- Relieve stress
- Low monthly payments
- Rebuild your credit

Specializing in Personal &
Corporate Financial Restructuring

4 PILLARS
CONSULTING GROUP
FINANCIAL RESTRUCTURING SOLUTIONS

Working For YOU, Not Your Creditors

Free No Obligation Consultation
250.499.7126 • www.cutyourdebt.ca

This Week - 13 Years Ago

Celebrating Princeton's History

W. George Elliott - Owner/Publisher Similkameen News Leader

News Leader - April 14, 1998



Penny Lott, right, presented a \$3,000.00 cheque from Princeton Lions Club to Cst. Tracy Ross and Nick Goreas, President of Princeton Search & Rescue Society for equipment purchases thirteen years ago this week.

B-ball, snow trails and a book

Ian Elko and Tophy Hanna, with many friends of Aaron Heuser, presented a memorial project to Nicola Similkameen School Board Trustees on April 8, 1998. The project was to create a foundation fund for an annual basketball clinic in Aaron Heuser's memory.

The young men, most of them students or recent graduates of Princeton Secondary School, did not ask for money, but for co-operation from the school district in administering the fund and providing tax exemption receipts for donations.

Danny Coyne explained to the trustees at that meeting that he had enlisted community support for the project. He had spent three days gathering signatures of those who were in favour of the project, and had collected 960 signatures.

Ken Schwabe told the Board that it would have been great if there had been a basketball clinic for the students at Princeton Secondary in the past, and he felt that Aaron would liked to have seen a project such as a basketball clinic in his memory.

Hamish Reid said, "Aaron showed that through hard work, you get to where you want to be. We hope you can help us create a legacy in Aaron's name."

"We have staff available for the structure and the process required under the School Act."

Comeau asked the students to consider alternatives if the clinic was not viable.

Secretary Treasurer Bruce Tisdale assured the Board he would be happy to assist the student group. The trustees approved the plan in principle.

Gordon Comeau thanked the students for their support of the Heuser family following the loss of their son.

Timberline Cruisers Snowmobile Club approved a project this time thirteen years ago that led to the mapping of snowmobile trails in the Princeton, Coalmont and Tulameen areas including Lodestone Mountain, Granite Mountain, Whipsaw and Willis Creek area to Crater Mountain.

At a meeting held Tuesday, April 8, 1998 Cruisers asked the advice of Noelle Kukula, Recreation Officer with Merritt Forest District. She said she would need very detailed maps of the area they intended to propose, although the general map they presented looked promising and not likely to create problems.

She told them the detailed maps are required for a 'features inventory' and if designated, these trails would become part of the recreation inventory of Merritt Forest District.

Bernie Venco, from Kamloops Regional headquarters, told the meeting the objective is to keep balance between recreational use, and other uses. Developments such as snowmobile trails tend to evolve, he explained, and clubs evolve.

Cruisers members had concerns about the areas trails being claimed

by some commercial development, then local snowmobilers would have to pay a fee to use trails they had previously used for years. Cruisers want the area multi-use.

The club would want the rights to the area for recreational purposes and would manage it.

Kukula told them there must be public consultation and input before land use is designated for one specific recreational use.

Cruisers had some concerns about ensuring a safe trail.

Kukula suggested they could apply for a Section 102 FPC designation that would allow them to build trails on Crown land.

Diane Huey attended the April 6, 1998 Town Council meeting to present the family history project to Council and ask for the project to be officially designated as a millenium project. The project was slated for completion on July 1, 2000.

Huey answered many questions from Council, and showed them samples of the kind of book that will be produced by the project.

Council was enthusiastic about the project, and offered many suggestions to help raise money and make the project known to the community. The committee told Council a loan of \$500 for photo processing would be a great help.

Council has officially designated the The Families of Vermilion Forks as a Millenium Project, and allocated \$500 to assist with photo reproduction.

**Similkameen
Stump
Grinding
Service**



250.295.3133 - 250.295.3184

SINCE 1973

**ROBERT R. WICKS
BARRISTER & SOLICITOR**

213 Vermilion Avenue, P.O. Box 760
Princeton, B.C., V0X 1W0

Fax: 295-7000 Phone: 295-3123

**OUTBACKJACKS HORSE RESCUE
THRIFT STORE & TACK**

SPONSORED BY HYPERMEDIA.CA AND THE NEWS LEADER

OPEN: 10 AM - 4 PM Tuesday - Thursday / 10 AM - 7 PM Friday
DONATIONS WELCOME!

Visit us on Facebook or www.outbackjacks.ca

PHONE: 250.295.0775 - 250.438.0062

226B Bridge Street, Princeton
(DOWN THE HALLWAY NEXT TO THE NEWS LEADER)

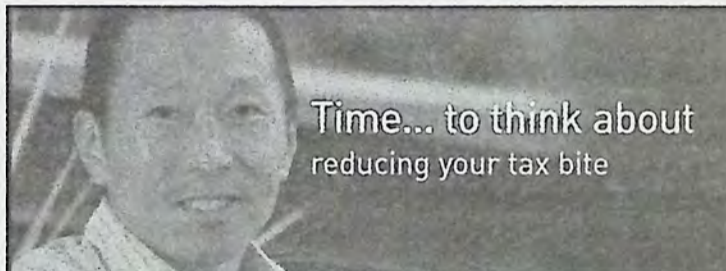
Princeton History Collection



5 OUT OF PRINT TITLES ON A SINGLE CD!

AVAILABLE AT:

Similkameen News Leader



Time... to think about
reducing your tax bite

When it's time to retire, will your RRSP be enough? Perhaps it's time to consider additional strategies designed to help maximize your investment potential - and minimize tax exposure.

Talk to us today about how investment alternatives like Investors Group Corporate Class Inc.™ can help you build your retirement nest egg while saving on taxes.



Al Anderson, BBA, CFP, TEP
Financial Consultant

Phone: (250) 295-3555
alan.anderson@investorsgroup.com

*Investors Group is a member of IGM Financial Inc. and licensed by its subsidiary corporations. Investors Group Corporate Class Inc. is only offered by prospectus. Commission, trading, administrative, management fees and expenses will be deducted from mutual fund investments. Please read the prospectus before investing. Mutual funds are not guaranteed, their values change frequently and past performance does not ensure a similar result.

The Plan
by **Investors Group**

Investors Group Financial Services Inc.

www.thenewsleader.info

GIARDINO

The Garden of Penticton



Best selection of annuals, perennials, vegetables, herbs, trees and shrubs
Check out our most divine hanging baskets and patio pots

The Garden Store with a little bit more!
We grow what we sell! It's worth it! Quality-wise and money-wise!

Open Daily 9:00 AM - 5:00 PM www.giardinopenticton.ca

149 Upper Bench Road S. Penticton, BC - 250.493.0007

PHOTOCOPY SERVICE

SINGLE or MULTIPLE
- CONFIDENTIALITY GUARANTEED -

AVAILABLE AT:

Similkameen



News Leader

226A Bridge Street, Princeton

Phone: 250.295.4149 - Fax: 250.295.4103



Princeton Skills Centre

UPCOMING CLASSES

206 Vermillion Avenue, Princeton

Phone: (250) 295-4051

Flagging (Traffic Control Person)
Tuesday & Wednesday, April 19 & 20

Foodsafe Level 1 - Friday, April 15

Chainsaw Safety - Thursday & Friday, May 5 & 6

Airbrakes - Saturday & Sunday, May 7 & 8

OFA Level 1 - Saturday, May 14

Distinguished Speaker: Brenda Gould, Archaeologist
Wednesday, April 27

DON'T DELAY - CLASSES FILL QUICKLY OR MAY BE CANCELLED

Register at: 250.295.4051 or 206 Vermillion Avenue

Check us out at: www.princetoncsc.com

Check out online courses at: www.ed2go.com/princetoncsc



Doctors
EyeCare
MERRITT - PRINCETON

sunglass

Dr. C. L. Snee

PRINCETON
131 Vermillion Avenue
250.295.6640

MERRITT
2177 Quilchena Avenue
250-378-2020

1-877-222-2020

HEADACHES MAY INCREASE...

...as eyes age. Eyestrain, fatigue, headaches may signal prescription update. "They've had perfect vision their whole life, but now, in their 40's or 50's, their eyes are feeling tired, are burning or stinging, and they're getting headaches. It may be because they have presbyopia," says Dr. Snee. Presbyopia is a natural effect of aging in which the ability to focus on close objects decreases over time. "Because of presbyopia, today's 'baby boomer' generation is the most rapidly growing population segment requiring vision correction," says Dr. Snee.

Refractive errors such as presbyopia, farsightedness, nearsightedness and astigmatism (distorted focus) can cause eyestrain and headaches because a person must exert extra effort to try to maintain clear vision. While there is no way to prevent presbyopia, focusing difficulties can be relieved with corrective lenses. Having a full eye exam is one of the first steps in reducing headaches caused by eye fatigue. Reading glasses (typically bifocals) or special contact lenses are useful treatments, although the period of adjustment can vary widely.



Princeton Posse Head Coach Dale 'Duner' Hladun. *

Posse sign coach to three-year deal

Dale 'Duner' Hladun will continue to coach the KIJHL Princeton Posse well into 2014 following the signing April 4th of a three-year coaching contract with the team. The Board of Directors for the Princeton Posse ratified the contract at their regular monthly meeting the following night.

The contract gives Hladun, who has been with the team for seven seasons, an increase in wages and the support of an executive keen on building a championship Junior B hockey team in the Similkameen Valley.

Part of the contract requires that Hladun 'be involved to his fullest capacity by developing revenue to the Princeton Posse through means of camps, schools, try-outs, exhibition games, showcases and

fundraising.'

Plans are already in place for a Fall Showcase Tournament, which may become an annual event involving minor hockey teams from across Canada.

Hladun told Posse Directors at the April 5th meeting there is already interest in such an event and that he felt it would be beneficial to the Posse, minor hockey and the league.

There are also plans in place for camps and events leading up to the start of the 2011/12 KIJHL season.

Hladun will be responsible for team building and developing programs for team players which will require regular attendance at practices, conditioning exercises, community events as well as providing community service.

The contract runs from August 1, 2011 to July 31, 2014 and had been on the table for the Posse Executive for most of the current hockey season. A committee was struck earlier this year to meet with Hladun to discuss a proposed contract.

Once details were hammered out to the satisfaction of both sides, the agreement was signed.

In other Posse news, there has been a lot of interest in chartering the Posse bus from various user groups, private individuals and corporations.

Posse President John Babiak estimates bus charters could bring the team around \$20,000.00 in revenue in the off season, which will likely become an annual revenue source when the team is not active.



Posse Head Coach Dale 'Duner' Hladun reading to local elementary school students. *

www.princetonposse.org



News Leader

Entertainment

Similkameen News Leader TV Guide Listings - April 12 - 18, 2011



The former Library during renovations for the upcoming Museum expansion. Photo: Terry Malanchuk

Similkameen
News Leader

Princeton History Collection

PRINCE GEORGE
PRINCE GEORGE
PRINCE GEORGE
PRINCE GEORGE
PRINCE GEORGE

\$10.00
INCLUDES HST

5 OUT OF PRINT TITLES ON A SINGLE CD!

AVAILABLE AT:
Similkameen News Leader

Rockets season comes to an end

The Thompson Okanagan Female Midget AAA Rockets travelled to Edmonton to compete in the Pacific Regional Playoffs the weekend of April 1 to 3.

The team went into the competition knowing that no B.C. team had won this series or scored a goal on their opponents. The team came out strong the first game and scored the first goal of the game at the ten minute mark of the first period. This goal was scored by Kelsey Freudenberger with assist from Chloe Kennedy and Bre Frasca.

Edmonton Thunder tied the game early in the second period and scored the go ahead goal late in the second and the third period began with Edmonton being up 2-1. Edmonton scored again early in the third period but the Rockets answered back 30 seconds later (Goal Bre Frasca, assist Kelsey Freudenberger, Cora Sutton) and the score was 3-2 Edmonton.

The Rockets came on strong in the back half of the third period but a late goal from a point shot of an Edmonton player thwarted the Rockets come back efforts and despite pulling the goalie, the game ended with Edmonton Thunder winning 4-2.

The Rockets started Game 2 knowing this was a must win situation.

The Edmonton Thunder came out ready to close the series. Despite the Rockets evenly playing with the Thunder (shots on goal at the end of the 1st period were 9 for Edmonton and 6 for the Rockets), Edmonton won the period and were up 3-0.

The Rockets didn't allow the score to deflate them and had a strong 2nd period but Edmonton Goalie Morgan Glover held off any shots on goal. The Rockets got one past Glover in the third period (scored by Janessa Jenkins, assist Bre Frasca) but overall came up short and Edmonton took the win with a final score of 7-1.

Rockets coach Mark Elder knew they were coming up against a very strong team however was proud of his team for what was accomplished throughout the season and in this series.

"We have come very far this season in advancing B.C.'s female game and have accomplished in this series and at the Mac's Tournament milestones that no B.C. female team had accomplished to date." It is a building block for next season. -submitted

* Princeton's Colby Williams finished the 2010/11 Regular Season with the Rockets. She played 26 games collecting 10 goals and 11 assists. Her father, Kevin, is an Assistant Coach with the team.

Arts and Culture Week

APRIL 10-16 2011

Celebrating The Arts in Learning. In Life.



www.bcartsweek.org



Riverside Beats

Princeton Arts Council in partnership with Princeton Parks, Recreation & Culture invite you to attend a variety of activities during Arts & Culture Week at Riverside Centre.

April 9 & 10

Watercolours & Acrylics Workshop

April 15

Movie - The King's Speech

April 16

Nankama West Africa Drum & Dance Workshops

April 16

Nankama Evening Concert

Contact the PPRC office at 250.295.6067 to find out more or visit the Princeton Arts Council website at www.princetonarts.ca


Similkameen
News Leader

ROCKY RIDGE
Repair & Service

- Auto • Industrial
- Commercial • Agricultural

Parts & Supplies Available
Commercial Vehicle Inspection Facility

250-292-8393
Gary Lawrence
8km East of Hedley - 4908 Highway 3, Keremeos




The Yellow Lake Highway Improvement Project continues on Highway 3 east of Keremeos. Photo: Brenda Engel

Panorama Veterinary Services Ltd.



PANORAMA VETERINARY SERVICES would like to announce that **Dr. Alex Wales** will be coming to the Princeton area on **Wednesday, April 27** to provide veterinary care for horse clients.

Travel fees will be shared among the various farms receiving services for that day. New clients are welcome! To make an appointment please call the office toll free at 1-866-766-4310.

Keremeos five-year financial plan

..... continued from Page 4

Good news for residential property owners in Keremeos and in other northern and rural communities - effective 2011 the Provincial Government has increased the homeowners' grant by \$200 in order to provide a further measure of relief. All eligible property owners will therefore see a net reduction in their taxes in 2011.

Strategic Priorities

During its budget discussions, Council reviewed the many requests for use of limited staff and financial resources within the context of the Strategic Priorities that have been set for 2011. A copy of these priorities is included with the financial plan information that has been made available to the public. Council has made every effort to provide funding within the 2011 - 2015 Financial Plan to ensure these priorities can be accomplished as planned.

With the municipal election this November, your new Council is likely to embark upon a fairly comprehensive review of its Strategic Priorities for its upcoming three year term. The public is encouraged to provide input into this process. As Mayor, I ask all citizens to give serious thought regarding who you would like to see on the ballot for Council and Mayor this November. Now is the time to seek out potential candidates and plan for the upcoming civic election.

Financial Plan Highlights Capital Projects

Schedule C to the Financial Plan Bylaw lists \$642,000 of capital projects which the Village is planning to complete in 2011. A further \$680,000 is planned for 2012 through 2015.

Providing funding for \$1.3 million dollars in capital projects over the next five years is not without its challenges. Council has in place a program to transfer funds to reserves each year for future use for capital projects. Grants from senior levels of governments, such as the Provincial Strategic Community Investment Grant and the Federal Gas Tax Grant also assist small communities such as Keremeos in meeting their infrastructure replacement needs. Borrowing will also have to be con-

sidered, when required and affordable, to fund replacement of the Village's aging infrastructure.

Council has reviewed a multi-year road and sidewalk rehabilitation program and equipment replacement program and approved projects for consideration in 2011, 2012, 2013, 2014 and 2015.

The Council of the day will review these priorities when it deliberates the Financial Plan for each year, however five year planning enables a Council to ensure future fiscal and infrastructure needs are being taken into consideration when the current year's spending program is approved.

Considerable funding is being budgeted again in 2011 to provide required repairs and upgrades to the Village's sewer lift station and wastewater treatment plant. The Village's wastewater treatment plant is at an age where major refits and repairs must be considered and carried out and the multi-year Liquid Waste Management Plan will provide Council the direction it needs to ensure this is done. The Victory Hall and Memorial Park will also continue to receive the funding required to finish the upgrades started in 2009 to ensure both the building and the park continue to be a community gathering spot for all to enjoy.

The roadwork required on 2nd Avenue between Sykes Crescent and the west end of Pine Park is scheduled for completion in 2011 along with work on the Alley between 10th & 11th Avenue and 4th & 5th Street. The Village is also proposing to replace its deteriorated 1980 dump truck with a new one in 2011, purchased through a 15 year capital lease with the Municipal Finance Authority. Elector feedback on this truck purchase will be solicited later this year.

For information on the other capital projects planned for 2011-2015, please refer to the Schedule C to the Bylaw.

In our Operating Budget

As identified in the Financial Plan, expenditures totaling approximately \$1.5 million are required to fund the various services the municipality provides in the community, including: general government services

such as legislative, financial and development; protective services such as building inspection, bylaw enforcement and fire safety inspections in public buildings; public works; cemetery, solid waste administration, parks, and sewer collection and treatment.

You may note in the Financial Plan that general government services decrease in 2012 through 2015 from the 2011 level. This is mainly due to one-time expenditures in 2011 for completion of the Official Community Plan Review - \$22,000; transfer of provincial government grant funding to the Grist Mill - \$87,000; and funding for the November election-\$12,000.

The Village will also continue to participate in the administration of water distribution within the Village through an ongoing partnership with the Keremeos Irrigation District. Major upgrades to meet currently accepted water quality and delivery standards will need to be considered on an ongoing basis.

In 2011, as in past years, we continue to appreciate and support the programs provided to our citizens by the Regional District. Recreation, pool, fire and landfill services provided by the Regional District make an important contribution to the quality of life in Keremeos.

Other initiatives set out in Council's Strategic Priorities - developing a long term asset management plan, addressing tourism promotion, economic development, reduction of greenhouse gas emissions, and partnering with community groups and Areas B & G on community events, the community resource centre and the new campground committee - are also included within the Village's operating budget. No user fee increases are proposed for 2011.

In Conclusion: I believe this Budget represents a responsible allocation of Village staff and financial resources in order to assist Council and the Community in moving forward in 2011 and beyond, while still maintaining an appropriate amount of funds to ensure the ongoing financial stability of the Village.

I therefore recommend that the 2011 - 2015 Financial Plan Bylaw No. 788 be given three readings.

Town of PRINCETON
Town of Princeton
Official Community Plan Bylaw No. 846, 2011



Pursuant to the provisions of Section 892 of the Local Government Act, notice is hereby given that Town Council will consider amending the Town of Princeton Official Community Plan Bylaw No. 808, 2008.

The proposed Amendments are as follows:
Text amendment to the Town of Princeton Official Community Plan Bylaw No. 808, 2008 with the introduction of a new Official Community Plan designation "Business Transition (BT)"; and

Lot B District Lot 706 Yale Division Yale District Plan 39924 Except Such Undersurface Rights as are Registered in Absolute Fees Book Vol 18 Fol 123 No. 9729D (DD155391F), PID 011-687-142, be designated as "Business Transition (BT)".

The purpose of the Official Community Plan Amendment is to introduce a designation area "Business Transitional (BT)" and to facilitate the redevelopment of the subject property from heavy industrial to a mixed used commercial/residential development.

The Council of the Town of Princeton will meet and hold a Public Hearing April 18, 2011 at 6:00 pm in the multi-purpose room of the Okanagan Regional Library (107 Vermillion Avenue, Princeton BC) to consider the proposed zoning bylaw amendment.

All persons who believe their interest in property is affected by the proposed bylaws will be afforded an opportunity to be heard in person and/or by written submission. Written submissions will be accepted up to the conclusion of the Public Hearing. If you are submitting a written submission prior to the Public Hearing, please submit it to the CAO office at Town Hall (PO Box 670, 169 Bridge Street, Princeton BC V0X 1W0). Council will receive no representations on this bylaw after the close of the Public Hearing.

A copy of the subject bylaw Town of Princeton Official Community Plan Amendment Bylaw No. 846, 2011 (Business Transition) is available for examination during normal business hours 8:30 a.m. to 4:30 p.m., Monday to Friday except statutory holidays in the Town Office, 169 Bridge Street, Princeton, B.C. commencing on March 8, 2011 and up to and including April 18, 2011.



Given under my hand this 8th day March of 2011.
Patrick Robins
CAO
Town of Princeton

TUESDAY, APRIL 12, 2011

	WTBS ch.3	CHBC ch.4	KNOW ch.5	KSPS ch.6	KHQ ch.7	KREM ch.8	A&E ch.9	KXLY ch.10	BCTV ch.11	CITY ch.12	CBC ch.13	YTV ch.18	TSN ch.19	VTV ch.22	DISC ch.24	FAM ch.26	CITY ch.29	SPIKE ch.44	TROP ch.45
6 AM :30	In the Heat of the Night	(5:30) Morning News (N)	Wibbly Pig	Bob Build	News (N)	News	CSI: Miami	News	(5:30) Morning News (N)	(4:30) Morning News (N)	CBC News Now	Being Ian	SportsCentre	Canada AM	Breakout	Henry's	CityLine	CSI: NY	Real Renos
7 AM :30	Cosby		Hi-5	Arthur	Today	The Early Show (N)	Criminal Minds	Good Morning America			Artzooka	Yu Gi Oh	SportsCentre		How/Made	Phineas	The Nate Berkus Show	CSI: Crime Scene	Buy Me
8 AM :30	Cash Cab		Magic Bus	Curious	MacLeane (N)		Dog		100 Huntley Street	100 Huntley Street	Bo On/Go	Super Evil	SportsCentre		Junk Raiders 2	Hannah	Rachael Ray	CSI: Crime Scene	Whatever
9 AM :30	Family Fd	100 Huntley Street	Clifford	Super Why!		The 700 Club	The First 48	Live With Regis & Kelly	100 Huntley Street	World Vision	Super Why!	Timothy	SportsCentre	Live With Regis & Kelly	Cash Cab	Mickey	Role	CSI: Crime Scene	Restaurant Makeover
10 AM :30	The Investigators	World Vision	Mag Fero Spider	Sesame Street (E)		The Price Is Right (N)	The First 48	The View (N)	World Vision	Big Flip	Poko	Little Bear	PBA Bowling: Dick Weber	The View (N)	Super Ships	Mickey	EP Daily	CSI: NY	The Nanny
11 AM :30	Forensics Evidence	World Vision	Rolie Polie Berenstain	Sid Sit & Be Fit	Ellen DeGeneres Show	Young & Restless	The Sopranos	Paid Prog.	World Vision	Noon News Hour (N)	Gofrette	G. Shrinks	Playoffs	Marilyn Denis	License to Drill	Suite Life	CityLine	CSI: Crime Scene	Gold Girls
12 PM :30	Jim King	Noon News Hour (N)	Arthur Dinosaur	Charlie Rose	Paid Prog.	News	CSI: Miami	All My Children (N)	Noon News Hour (N)	Days of our Lives (N)	CBC News Now (N)	Puppies	Champions League Soccer	etalk	Mighty Ships 'Faust'	Wizards	General Hospital (N)	Ways Die	Funny Kids
1 PM :30	King Earl	Days of our Lives (N)	Dinosaurs	Painting	Days of our Lives (N)	The Talk	Criminal Minds	One Life to Live (N)	Days of our Lives (N)	The Doctors	Ghost Whisperer	Viva Piñata		Marilyn Denis	Junk Raiders 2	Cory	Jdg Judy	Auction Hunters	Four
2 PM :30	Friends	Young & Restless	The Ocean	Barney	Judge B.	Let's Make a Deal (N)	Dog	General Hospital (N)	Young & Restless	End/Leash	Steven and Chris (N)	Monster	Off Record	Dr. Phil	Myth-Busters	Replacemn	Access Hollywood Live	Auction	Gold Girls
3 PM :30	Family Guy	The Doctors	Mirabelle	WordGirl	The Doctors	Dr. Phil	The First 48	Rachael Ray	The Doctors	Young & Restless	Recipes	Kid vs. Kat	SportsCentre (Live)	(2:59) The Dr. Oz Show	Cash Cab	Life Derek	CityNews at 6 (N)	Auction	Restaurant Makeover
4 PM :30	The Office	Decision Canada: Leaders	Rob Robot	Fetch! With George S.	Jdg Judy	Oprah Winfrey	The First 48	Seinfeld	Decision Canada: Leaders	Decision Canada: Leaders	Canada Votes: 2011 English Leaders' Debate (N)	SpongeBob	Fantasy Draft	Ellen DeGeneres Show	Daily Planet (N)	Phineas	How I Met	Auction	Buy Me
5 PM :30	Browns	Debate (N) (Live)	Dino Dan	BBC World	News (N)	News	The First 48	News	Debate (N) (Live)	Debate (N) (Live)	Parents	NHL	CTV News at Five (N)	How/Made	Wizards	The Biggest Loser (N)	Auction	Funny Kids	
6 PM :30	Law & Order: SVU	Global Nat. News	Dogs	PBS News-Hour (N)	News (N)	News	The First 48	News	(5:59) News Hour (N)	ET Canada	CBC News: Vancouver	iCarly	Stanley Cup Playoff Preview	CTV News (N)	Destroyed	Suite/Deck		Auction	One Born Every Minute
7 PM :30	Seinfeld	Ent	The Rapidly Changing	Planet Forward: Energy	Jeopardy!	The Dr. Oz Show (N)	The First 48	Ent	Ent	The Good Wife (N)	Wheel	iCarly	SportsCentre (Live)	etalk	Flying Wild Alaska (N)	Sonny	Body of Proof (N)	Auction	Four
8 PM :30	Movie	Glee	Next Financial Crisis	President	The Biggest Loser (N)	NCIS "Dead Reflection"	The First 48	Jamie Oliver's Food	Glee	Glee	Hockey Night	iCarly	Chris	No Ordinary Family	Daily Planet	Suite/Deck	News	Coal	Buy Me
9 PM :30	Movie	NCIS: Los Angeles (N)	Chemo (N)	Frontline (N)	NCIS: Los Angeles (N)	NCIS: Los Angeles (N)	(9:01) The First 48	Dancing With the Stars	NCIS: Los Angeles (N)	NCIS: Los Angeles (N)	Comedy/Festival	8, Rules	Indie	Dancing With the Stars	Destroyed	Wingin' It	The Flavor of Love	Ways Die	One Born Every Minute
10 PM :30	Movie	The Good Wife (N)	Indian Hospital Train	Independent Lens (N)	Parenthood (N)	The Good Wife (N)	(10:01) The First 48	(10:01) Body of Proof	The Good Wife (N)	News Hour Final (N)	National	Family Biz	Rally	Law & Order: SVU	Flying Wild Alaska	Ned's	Justice	MANswers	Funny Kids
11 PM :30	Movie	CHBC News Final (N)	Gwishalaayt: Spirit	Symbol	News (N)	News	(11:01) The First 48	News	News Hour Final (N)	Ent	Stroumbouloupoulos	Prank Ptrl	SportsCentre (Live)	CTV News	How/Made	So Raven	Paid Prog.	Most Amazing Videos	Four

WEDNESDAY, APRIL 13, 2011

	WTBS ch.3	CHBC ch.4	KNOW ch.5	KSPS ch.6	KHQ ch.7	KREM ch.8	A&E ch.9	KXLY ch.10	BCTV ch.11	CITY ch.12	CBC ch.13	YTV ch.18	TSN ch.19	VTV ch.22	DISC ch.24	FAM ch.26	CITY ch.29	SPIKE ch.44	TROP ch.45
6 AM :30	In the Heat of the Night	(5:30) Morning News (N)	Wibbly Pig	Bob Build	News (N)	News	CSI: Miami	News	(5:30) Morning News (N)	(4:30) Morning News (N)	CBC News Now	Being Ian	SportsCentre	Canada AM	Breakout	Henry's	CityLine	CSI: NY	Bootcamp
7 AM :30	Cosby		Hi-5	Arthur	Today "Fast Five" cast; Tina Fey; handbags. (N)	The Early Show (N)	Criminal Minds	Good Morning America			Artzooka	Beyblade	SportsCentre		How/Made	Phineas	The Nate Berkus Show	CSI: Crime Scene	End/Leash
8 AM :30	Cash Cab		Magic Bus	Curious			Dog		100 Huntley Street	100 Huntley Street	Bo On/Go	Super Evil	SportsCentre		License to Drill	Hannah	Rachael Ray	CSI: Crime Scene	Whatever
9 AM :30	Family Fd	100 Huntley Street	Clifford	Super Why!		The 700 Club	The First 48	Live With Regis & Kelly	100 Huntley Street	World Vision	Super Why!	Timothy	SportsCentre	Live With Regis & Kelly	Cash Cab	Mickey	Role	CSI: Crime Scene	Restaurant Makeover
10 AM :30	The Investigators	World Vision	Mag Fero Spider	Sesame Street (E)		The Price Is Right (N)	The First 48	The View (N)	World Vision	Big Flip	Poko	Little Bear	PBA Bowling: Dick Weber	The View (N)	Canada's Worst Driver	Mickey	EP Daily	CSI: NY	Roseanne
11 AM :30	Forensics Evidence	Canada	Rolie Polie Berenstain	Sid Sit-Be Fit	Ellen DeGeneres Show	Young & Restless	The Sopranos	Paid Prog.	Canada	Noon News Hour (N)	Gofrette	G. Shrinks	Playoffs	Marilyn Denis	Destroyed	Suite Life	CityLine	CSI: Crime Scene	Gold Girls
12 PM :30	Jim King	Noon News Hour (N)	Arthur Dinosaur	Charlie Rose	Instant	News	CSI: Miami	All My Children (N)	Noon News Hour (N)	Days of our Lives (N)	CBC News Now (N)	Squirrel	Jack Nicklaus	etalk	License to Drill	Wizards	General Hospital (N)	Coal	Fear Factor
1 PM :30	King Earl	Days of our Lives (N)	Dinosaurs	Oil Painting	Days of our Lives (N)	The Talk	Criminal Minds	One Life to Live (N)	Days of our Lives (N)	The Doctors	Wheel	Viva Piñata		Marilyn Denis	Flying Wild Alaska	Cory	Jdg Judy	UFC Unleashed	Wipeout Canada
2 PM :30	Friends	Young & Restless	Charlie	Barney	Judge B.	Let's Make a Deal (N)	Dog	General Hospital (N)	Young & Restless	End/Leash	Ghost Whisperer	Monster	Off Record	Dr. Phil	Myth-Busters	Replacemn	Access Hollywood Live	UFC Unleashed	Gold Girls
3 PM :30	Family Guy	The Doctors	Mirabelle	WordGirl	The Doctors	Dr. Phil	The First 48	Rachael Ray	The Doctors	Young & Restless	Recipes	Kid vs. Kat	SportsCentre (Live)	(2:59) The Dr. Oz Show	Cash Cab	Life Derek	CityNews at 6 (N)	UFC Unleashed	Restaurant Makeover
4 PM :30	MLB Baseball: Florida Marlins at Atlanta Braves. (Live)	Oprah Winfrey	Rob Robot	Fetch! With George S.	Jdg Judy	Oprah Winfrey	The First 48	Seinfeld	Oprah Winfrey	Early News	NHL Hockey: Conference Quarterfinals: Teams TBA. (Live)	SpongeBob	Hockey	Ellen DeGeneres Show	Daily Planet (N)	Phineas	How I Met	UFC Unleashed	Reality
5 PM :30	Movie	Early News	Dino Dan	BBC World	News (N)	News	Dog	News	Early News	(4:59) News Hour (N)	Parents	NHL Hockey: Conference Quarterfinals: Teams TBA. (Live)	CTV News at Five (N)	How/Made	Mighty Ships	Wizards	Minute to Win It (N)	UFC Unleashed (N)	Fear Factor
6 PM :30	Movie	Global Nat. News	Dogs	PBS News-Hour (N)	News (N)	News	Storage	News	(5:59) News Hour (N)	ET Canada	iCarly	Weird	CTV News (N)	Flying Wild Alaska	Suite/Deck	Wizards	Happy	The Ultimate Fighter (N)	Kitchen Nightmares
7 PM :30	Seinfeld	Ent	Gardens	Secrets of the Dead	Jeopardy!	The Dr. Oz Show	Storage	Ent	Ent	Friday Night Lights (N)	News	iCarly	SportsCentre (Live)	etalk	American Loggers (N)	Sonny	Happy	Coal "Down N Out" (N)	Wipeout Canada
8 PM :30	Law & Order: SVU	Survivor: Redemption	Mekong: Soul of a	Nova "The Bible's Buried Secrets"	Minute to Win It (N)	Survivor: Redemption	Dog the Bounty Hunter	The Middle	Survivor: Redemption	Survivor: Redemption	To Be Announced	Chris	Off Record	American Idol (Same-day Tapes)	Daily Planet	Suite/Deck	News	Coal "Down N Out" (N)	Instant
9 PM :30	The Office	NCIS "Dead Reflection"	Fiddle and the Drum	Law & Order: SVU	Criminal Minds (N)	Dog	Family	NCIS "Dead Reflection"	NCIS "Dead Reflection"	To Be Announced	8 Rules	Indie	Breaking In	American Loggers	Hannah	Law & Order: UK	The Ultimate Fighter	Wipeout Canada	
10 PM :30	Browns	Friday Night Lights	(9:52) Dido and Aconee	Rare Bird	Law & Order: SVU	C.M.: Suspect	Storage	Happy	Friday Night Lights	News Hour Final (N)	National	Family Biz	Wendell Scott Story	C.M.: Suspect	Mighty Ships	Ned's	Justice	UFC Unleashed	Fear Factor
11 PM :30	The Investigators	CHBC News Final (N)	Architects of Change	Charlie Rose (N)	News (N)	News	Storage	News	News Hour Final (N)	Ent	George S	Prank Ptrl	SportsCentre (Live)	CTV News	Flying Wild Alaska	So Raven	Paid Prog.	Most Amazing Videos	Kitchen Nightmares

Similkameen News Leader - Horoscopes

April 13 - 20, 2011

Aries - You have a whole lot of energy these days, and a lot of it is ego-driven and quite aggressive. You have a tendency to speak too abruptly and can alienate others though you don't intend to. Energy best use: physical work.

Taurus - Worry, frustration, fear: these are your enemies now. Do some positive thinking and plan positive action to take care of what worries you. Enjoy your friends and groups you associate with. Take care of your health, do job.

Gemini - Now is the time to take action through working with groups you belong to. Do a lot of planning and map out the action you need to take. Make decisions in a pro-active manner. Career runs smoothly. Women help.

Cancer - Career and home life do not seem to work together these days. Career is demanding. You enjoy short trips, learning new things, dealing with matters in your immediate environment, your own neighbourhood. Rest as needed.

Leo - Things are going well for you now, although travel plans may not be without problems. If you need to study something, you can do it with determination and hard work. You could doubt religious dogma now.

Virgo - You must pay attention to debts, loans, investments, insurance and taxes now. There are potential problems or unexpected developments. Partner, friends are good to you now. Things change next month. Be wide awake.

Libra - Relationships may be a source of problems. Avoid being obstructive or critical of others' plans. Be practical and factual. Others are working on ego at a fast pace and may resent any of your efforts to slow them down. Patience!

Scorpio - Romance is still in the air, but things change next week. Health is getting better, you have more energy. Do some deep thinking about the things that worry you, and decide on correct action. Be creative. Enjoy kids, sports.

Sagittarius - Home life continues pleasing. Guard against sports injuries. Be creative, but not just to make yourself look good. It is time to think about changing how you express your creativity. Be original, appeal to masses.

Capricorn - Home, family, property demand your attention. Look for ways to turn home and property into financial benefits. You may have to work hard so be cautious about injuries. Look for fire hazards in home and on property.

Aquarius - Problems arise due to your choice of words. What you think is funny may offend others. Be discreet. Dispute with neighbour or sibling raises ego issues. Travel is not favored at this time. Drive carefully, no speeding.

Pisces - You look good, feel good, and may be spending too much money. Discuss money issues this week. Turn small assets into cash when possible. Be very cautious and conservative regarding taxes, insurance, debts, mortgage.

Tuesday Movies

NO MOVIES LISTED

Wednesday Movies

NO MOVIES LISTED

Thursday Movies

NO MOVIES LISTED

BEWARE!
THIS COULD HAPPEN TO YOU

Sue had a service and Bob had a business. They both decided to advertise in the News Leader. Funny thing happened...both of their businesses saw an increase in business. Advertising works. Call us for details.

Similkameen News Leader

Phone: (250) 295-4149 - 1-888-350-9969 Toll Free

Friday Movies

EVENING

7:00 pm YTV ch.18 "Princess" (2008, Fantasy) Nora Zehetner. Premiere. A young man falls in love with a mysterious princess who heals mythical creatures. (In Stereo) (CC)
8:00 pm FAM ch.26 "Princess Protection Program" (2009, Comedy) Selena Gomez. After a military takeover, a princess assumes a new identity and stays with a covert agent and his

daughter. (In Stereo) (CC)
10:00 pm FAM ch.26 "Sally Marshall Is Not an Alien" (2000, Comedy) Helen Neville. An Australian loner must prove a new girl is not an extraterrestrial or else lose her telescope to a bully. (In Stereo) (CC)

Small Business 101

Survival Tips for Newcomers Starting a Business

(NC)—Many newcomers come to Canada with the dream of owning their own business. With the proper knowledge and advice, this dream can become a reality.

If you are thinking of starting a business in Canada, it's important to know the resources available to help get you started. Federal and provincial governments, along with many financial institutions, offer special programs, services and support to help newcomers become successful business owners in Canada.

"Upon arrival in Canada, many newcomers may look to starting a

business as the best way to obtain a steady income and way of life," says Camon Mak, director, Multicultural Markets, Royal Bank of Canada.

"While building a successful, profitable business takes patience, determination and focus, with the right guidance and advice it is achievable."

Mak offers three tips for success:

1. Find a small business advisor who understands your needs as a newcomer and can provide you with the appropriate advice to help your business succeed.
2. Ask your business advisor where

to look for information on understanding local market opportunities for your new venture.

3. Speak with your advisor about connecting with important resources, such as an accountant, lawyer and government service representatives.

More advice is available on the RBC Immigrating to Canada website located online at this location: <http://www.rbc.com/canada/index.html>.

You can also download a copy of Starting a Business Guidebook (<http://www.rbcroyalbank.com/sme/index.html>). - www.newsleader.net

FAX SERVICE



SENDING OR RECEIVING
- CONFIDENTIALITY GUARANTEED -
AVAILABLE AT:

Similkameen News Leader

226A Bridge Street, Princeton
Phone: 250.295.4149 - Fax: 250.295.4103

NEWSPAPER ADVERTISING WORKS... OR YOU WOULDN'T BE READING THIS!

Similkameen News Leader

Phone: 250.295.4149

PHOTOCOPY SERVICE



SINGLE or MULTIPLE
- CONFIDENTIALITY GUARANTEED -
AVAILABLE AT:

Similkameen News Leader

226A Bridge Street, Princeton
Phone: 250.295.4149 - Fax: 250.295.4103

FREE ONLINE CLASSIFIED ADVERTISING

www.thenewsleader.biz

THURSDAY, APRIL 14, 2011

Table with 20 columns (WTBS ch.3 to TROP ch.45) and 24 rows (6 AM to 11 PM). Contains program listings for Thursday, April 14, 2011.

FRIDAY, APRIL 15, 2011

Table with 20 columns (WTBS ch.3 to TROP ch.45) and 24 rows (6 AM to 11 PM). Contains program listings for Friday, April 15, 2011.

Puzzle Page

CARTER'S Sudoku Challenge

CREATED FOR THE NEWS LEADER BY CARTER BOSWELL

HOW TO PLAY:

Sudoku is a game of logic. There is no math involved. The object of the game is to fill the grid so that the numbers 1 through 9 appear only once in each row, column and 3 x 3 box. The numbers can appear in any order and Carter has left you some clues below.

CHALLENGE #346 - Rated Medium

		5		8				
	2		7				3	8
3			1		4		6	
5				4				2
			3		8			
9				5				3
	6				2			5
4	9				1		8	
				9		2		

THIS WEEK'S SOLUTION: Page 18

Carter's Sudoku Challenge grids, puzzles and solutions copyright 2011 Carter Boswell, Princeton, BC and published by Similkameen News Leader

IS IT TIME TO SUBSCRIBE TO THE NEWS LEADER?

Similkameen Valley Mail - \$40.00
(Seniors Pay Only \$35.00)
ALL PRICES INCLUDE TAXES

Elsewhere in Canada Mail - \$54.00
(Seniors Pay Only \$48.00)
ALL PRICES INCLUDE TAXES

CALL FOR DETAILS
Similkameen News Leader
(250) 295-4149

Saturday Movies

MORNING

8:00 am WTBS ch.3 "The Last Mimzy" (2007, Fantasy) Joely Richardson. The parents and teacher of a pair of siblings notice the children are developing amazing mental abilities following their discovery of a box of strange toys.
10:00 am WTBS ch.3 "The Ice Harvest" (2005, Comedy-Drama) John Cusack. A mob lawyer tries to keep his cool after he and his pornographer partner steal a small fortune from a powerful figure. (CC)

AFTERNOON

12:00 pm FAM ch.26 "Hatching Pete" (2009, Comedy) Jason Dolley. A teenager becomes a big hit when he dons a chicken suit to become a high-school mascot. (In Stereo) (CC)
1:30 pm FAM ch.26 "Johnny Kapahala: Back on Board" (2007, Comedy) Brandon Baker. A snowboarder from Vermont goes to Hawaii for the wedding of his grandfather, a legendary surfer. (In Stereo) (CC)
2:00 pm SPIKE ch.44 "The Longest Yard" (1974, Comedy)

Burt Reynolds. A warden forces an ex-football star to lead fellow inmates in a game against the guards. (In Stereo)
3:00 pm KSPS ch.6 "Typeface" (2008, Documentary) Artists and craftsmen meet at a museum and print shop in rural Wisconsin. (In Stereo) (CC)
4:00 pm SPIKE ch.44 "Rambo" (2008, Action) Sylvester Stallone. John Rambo calls upon his long-buried but lethal skills to rescue a missionary and her comrades from the Burmese army. (In Stereo)
5:00 pm WTBS ch.3 "Collateral Damage" (2002, Action) Arnold Schwarzenegger. A Los Angeles firefighter travels to Colombia to find the terrorist who killed his wife and son.

EVENING

6:00 pm CITY ch.29 "Spider" (2002, Suspense) Ralph Fiennes. Haunted by his childhood, a psychotic loner has difficulty after his release from a mental institution. (CC) (DVS)
7:00 pm CITY ch.12 "Not My Life" (2006, Suspense) Meredith Monroe. Premiere. A married woman hires a detective after

she has visions of living with another man. (CC) (DVS)
7:30 pm WTBS ch.3 "1408" (2007, Horror) John Cusack. A writer who specializes in debunking supernatural phenomena experiences true terror when he spends a night in a reputedly haunted room of a hotel. (CC)
8:00 pm CHBC ch.4 BCTV ch.11 "Not My Life" (2006, Suspense) Meredith Monroe. Premiere. A married woman hires a detective after she has visions of living with another man. (CC) (DVS)
KSPS ch.6 "The Entertainer" (1960, Drama) Laurence Olivier. British song-and-dance man Archie knows he's a failure, and so does his alcoholic wife. (CC)
KXLY ch.10 "Pirates of the Caribbean: Dead Man's Chest" (2006, Adventure) Johnny Depp. Capt. Jack Sparrow must find a way to avoid the clutches of ghostly pirate Davy Jones and his crew or be damned for all eternity. (In Stereo)
8:30 pm SPIKE ch.44 "Grindhouse Presents: Planet Terror" (2007, Horror) Rose McGowan. A one-legged go-go dancer and her ex-lover join
..... continued on Page 19

CHECK OUT LOCAL ONLINE PRODUCTS!

www.upnrunnin.com

Sunday Movies

MORNING

7:30 am A&E ch.9 "City Slickers II: The Legend of Curly's Gold" (1994, Comedy) Billy Crystal. Three grown men follow a trail guide's map to buried treasure near Las Vegas. (CC)
8:00 am WTBS ch.3 "The Ringer" (2005, Comedy) Johnny Knoxville. Special Olympians train a man, who is pretending to be mentally impaired, to go toe-to-toe with the hated champion of the games.
10:00 am WTBS ch.3 "Jersey Girl" (2004, Romance-Comedy) Ben Affleck. A young woman changes the life of a single father who used to be a successful New York music publicist.

AFTERNOON

12:00 pm FAM ch.26 "D2: The Mighty Ducks" (1994, Comedy) Emilio Estevez. An injured hockey player coaches a peewee team set to face off against skaters from Iceland. (In Stereo) (CC)
1:30 pm SPIKE ch.44 "Rambo" (2008, Action) Sylvester Stallone. John Rambo calls upon his long-buried but lethal skills to rescue a missionary and her comrades from the Burmese army. (In Stereo)

1:46 pm FAM ch.26 "Double Teamed" (2002, Docudrama) Poppi Monroe. Twins Heather and Heidi Burge develop a rivalry in high school and make it to the WNBA. (In Stereo) (CC)
2:00 pm YTV ch.18 "Teenage Mutant Ninja Turtles" (1990, Fantasy) Judith Hoag. The four superturtles team up with a TV newswoman and her boyfriend against the ninja Foot Clan. (In Stereo) (CC)
3:00 pm VTV ch.22 "Plague City: SARS in Toronto" (2005, Drama) Kari Matchett. Canadian health-care workers are on the front line in a battle against the deadly disease SARS when it spreads to Toronto. (In Stereo) (CC) (DVS)
4:00 pm YTV ch.18 "Space Chimps" (2008, Comedy) Voices of Andy Samberg. Animated. A fun-loving chimpanzee has to get serious when he becomes an astronaut and he and his shipmates become stranded at the other side of a black hole. (In Stereo) (CC)
4:30 pm SPIKE ch.44 "Rambo" (2008, Action) Sylvester Stallone. John Rambo calls upon his long-buried but lethal skills to rescue a missionary and her comrades from the Burmese army. (In Stereo)

5:00 pm WTBS ch.3 "The Preacher's Wife" (1996, Fantasy) Denzel Washington. A handsome angel saves a New York Baptist and his wife from spiritual doubt and marital woe. (CC)
CBC ch.13 "Nancy Drew" (2007, Mystery) Emma Roberts. Accompanying her father on a business trip to Hollywood, the young sleuth investigates the long-unsolved death of a movie star. (In Stereo) (CC)

EVENING

6:00 pm YTV ch.18 "Men in Black II" (2002, Comedy) Tommy Lee Jones. Premiere. Two interstellar agents try to stop an alien disguised as a lingerie model from destroying the world. (In Stereo) (CC)
7:30 pm WTBS ch.3 "The Preacher's Wife" (1996, Fantasy) Denzel Washington. A handsome angel saves a New York Baptist and his wife from spiritual doubt and marital woe. (CC)
9:00 pm FAM ch.26 "It Could Happen to You" (1994, Romance-Comedy) Nicolas Cage. A New York policeman keeps his promise to split a \$4 million lottery prize with a waitress, but his wife objects. (In Stereo) (CC)
..... continued on Page 19

FREE CLASSIFIED ADVERTISING ONLINE?

www.thenewsleader.biz

SATURDAY, APRIL 16, 2011

Table with 19 columns (WTBS ch.3 to TROP ch.45) and 12 rows (6 AM to 11:30 PM) listing TV programs and their channels.

SUNDAY, APRIL 17, 2011

Table with 19 columns (WTBS ch.3 to TROP ch.45) and 12 rows (6 AM to 11:30 PM) listing TV programs and their channels.

MONDAY, APRIL 18, 2011

	WTBS ch.3	CHBC ch.4	KNOW ch.5	KSPS ch.6	KHQ ch.7	KREM ch.8	A&E ch.9	KXLY ch.10	BCTV ch.11	CITY ch.12	CBC ch.13	YTV ch.18	TSN ch.19	VTV ch.22	DISC ch.24	FAM ch.26	CITY ch.29	SPIKE ch.44	TROP ch.45
6 AM	In the Heat of the Night	(5:30) Morning News (N)	Wibbly Pig	Bob Build	News (N)	News	CSI: Miami	News	(5:30) Morning News (N)	(4:30) Morning News (N)	CBC News Now	Being Ian	Sports	Canada AM	Breaking Point "House"	Henrys	CityLine (N)	CSI: NY	Spotted
7 AM	Cosby		Hi-5	Arthur	Today (N)	The Early Show (N)	Criminal Minds	Good Morning America (N)			Artzooka	Bayblade	Running: Boston Marathon. (N) (Live)		How/Made	Phineas	The Nate Berkus Show	CSI: Crime Scene	Tooned
8 AM	Cash Cab		Magic Bus	Curious			Dog		100 Huntley Street		Bo On/Go	Super Evil			I Could Do	Hannah	Rachael Ray	CSI: Crime Scene	Whatever
9 AM	Family Fd	100 Huntley Street	Clifford	Super Why!		The 700 Club	The First 48	Live With Regis & Kelly	100 Huntley Street	World Vision	Super Why!	To School		Live With Regis & Kelly	Canada's Worst Driver	Mickey	Role	CSI: Crime Scene	Restaurant Makeover
10 AM	The Investigators	World Vision	Mag Fero	Sesame Street (E)		The Price Is Right (N)	The First 48	The View	World Vision	X-Weighted	Poko	Little Bear		The View	Worst Handyman	Mickey	EP Daily	CSI: NY "Zoo York"	Just Shoot
11 AM	Forensics Evidence	World Vision	Rolle Polle	Sid	Ellen DeGeneres Show	Young & Restless	The Sopranos	Paid Prog.	World Vision	Noon News Hour (N)	Gofrette	Babar		Marilyn Denis	Breakout	Suite Life	CityLine	CSI: Crime Scene	Gold Girls
12 PM	Jim King	Noon News Hour (N)	Arthur	Charlie Rose	Paid Prog.	News	CSI: Miami	All My Children (N)	Noon News Hour (N)	Days of our Lives (N)	CBC News Now (N)	Sidekick	Boxing	etalk	Mayday	Wizards	General Hospital (N)	Jail	Wipeout (N)
1 PM	King Earl	Days of our Lives (N)	Dinosaurs	Paint This	Days of our Lives (N)	The Talk	Criminal Minds	One Life to Live (N)	Days of our Lives (N)	The Doctors	Wheel	Viva Piñata		Marilyn Denis	Breakout	Cory	Jdg Judy	Jail	Wipeout (N)
2 PM	Friends	Young & Restless	The Ocean	Barney	Willa's	Let's Make a Deal (N)	Dog	General Hospital (N)	Young & Restless	End/Leash	Ghost Whisperer	Monster	Off Record	Dr. Phil	Myth-Busters	Replacemn	Access Hollywood Live	Jail	Gold Girls
3 PM	Family Guy	The Doctors	Mirabelle	WordGirl	The Doctors	Dr. Phil	The First 48	Rachael Ray	The Doctors	Young & Restless	Recipes	Kid vs. Kat	SportsCentre (N)	(2:59) The Dr. Oz Show	Worst Handyman	Life Derek	CityNews at 6 (N)	Jail	Restaurant Makeover
4 PM	The Office	Oprah Winfrey	Rob Robot	Fetch! With George S.	Jdg Judy	Oprah Winfrey	The First 48	Seinfeld	Oprah Winfrey	Early News	NHL Hockey: Conference Quarterfinals: Teams TBA. (Live)	SpongeBob	Hockey	Ellen DeGeneres Show	Daily Planet (N)	Phineas	How I Met	Jail (N)	Instant
5 PM	Browns	Early News	Dino Dan	BBC World	News (N)	News	Heroin Highway	News	Early News	(4:59) News Hour (N)	Parents	SpongeBob	Hockey: Teams TBA. (Taped)	CTV News at Five (N)	Myth-Busters	Wizards	How I Met	Jail (N)	Wipeout
6 PM	Law & Order: SVU	Global Nat. News	Dogs	PBS News-Hour (N)	News (N)	News	Relapse "Brandon" (N)	News	(5:59) News Hour (N)	ET Canada		ICarly		CTV News (N)	Dirty Jobs "Dirty DNA"	Suite/Deck	The Event (N)	Movie: "Exit Wounds"	Wipeout
7 PM	Seinfeld	Ent	Be the Creature	Outnumbr	Jeopardy!	The Dr. Oz Show	Paranormal	Ent	Ent	Hawaii Five-0 (N)	News	Splatalot	SportsCentre (N) (Live)	etalk	Junk Raiders 2 (N)	Sonny	Harry's Law	(2001) Steven Seagal	Instant
8 PM	Movie: "Fracture" (2007) Ryan Reynolds	House (N) (PA)	Lost Kingdoms	Antiques Roadshow (N)	Chuck (N)	How I Met Mad Love	Paranormal	Dancing With the Stars	House (N) (PA)	House (N) (PA)	To Be Announced	ICarly		Dancing With the Stars	Daily Planet	Suite/Deck	News	CSI: Crime Scene	Tooned
9 PM	Gosling	The Chicago Code (N)	Eye for Architecture (N)	American Masters (N)	The Event (N)	Two Men Mike	Heroin Highway	Cougar	The Chicago Code (N)	The Chicago Code (N)	To Be Announced	8, Rules	Boxing	Mike	Myth-Busters	Sonny	The Flavor of Love	Ways Die	Parking
10 PM	Movie: "The Contender" (2000)	Hawaii Five-0 (N)	Architects of Change	Games	Law & Order: LA (N)	Hawaii Five-0 (N)	(10:01) Relapse	20/20 (N)	Hawaii Five-0 (N)	News Hour Final (N)	National	Splatalot		Law & Order: LA (N)	Junk Raiders 2	Ned's	Justice	MANswers	Wipeout
11 PM		CHBC News Final (N)	At My Mother's Breast	Charlie Rose (N)	News (N)	News	Paranormal	News	News Hour Final (N)	ET Canada	George S	Prank Ptrl	SportsCentre (N)	CTV News	Dirty Jobs "Dirty DNA"	So Raven	Paid Prog.	Most Amazing Videos	Wipeout

Monday Movies

EVENING

6:00 pm SPIKE ch.44 "Exit Wounds" (2001, Action) Steven Seagal. A tough Detroit policeman lands in a new precinct and discovers a rogue group of cops who run a drug ring. (In Stereo)

8:00 pm WTBS ch.3 "Fracture" (2007, Suspense) Anthony Hopkins. A hotshot prosecutor squares off against a cunning engineer who tried to murder his wife and is now defending himself in court.

10:00 pm WTBS ch.3 "The Contender" (2000, Suspense) Joan Allen. A vice presidential nominee refuses to testify at her confirmation hearing after an adversary smears her with a college incident. (CC)

www.thenewsleader.ca

LOCAL NEWS/SPORTS - LETTERS TO THE EDITOR - EDITORIALS
COURT NEWS - CLASSIFIEDS - WEATHER - ROADS

Similkameen Souvenirs

TAKE HOME A UNIQUE SOUVENIR FROM YOUR VISIT!

George Elliott's "Ghost Towns" DVD
\$20.00
Take a guided tour of the history of mining!



Similkameen News Leader 2009
\$10.00
All copies printed in 2009 in PDF format!



Similkameen News Leader 2010
\$10.00
All copies printed in 2010 in PDF format!

AVAILABLE AT:
Similkameen News Leader
226A Bridge Street, Princeton
250.295.4149 1-888-350-9969

Similkameen
News Leader
WE'RE DIFFERENT, AND WE LIKE THAT.
www.thenewsleader.info

NEED A WEBSITE AND ON A BUDGET?
Adam Gullason - 250.295.4320
info@upnadam.me
AFFORDABLE LOCAL WEB DESIGN
www.upnadam.me



News Leader Classified Ads

25 Words - \$8.00 (includes taxes) - Pay for two weeks, the third week is FREE!

card of thanks

Volunteer Week 2011

Someone once shared this saying with me: I believe that friends are quiet angels who lift us to our feet when our wings have trouble remembering how to fly. I believe this is also true of volunteers.

No matter how much we enjoy our jobs and the people we have the privilege to work with, from time to time we struggle with maintaining the optimal level of focus and commitment. Enter "the volunteer" who recognizes and acknowledges the worth of our programs and the immeasurable value of the persons we support. These wonderful volunteers, who give freely of their time and talents, jump start our energy levels and lighten our load so we are able to focus on the positive aspects of our jobs.

The contributions of volunteers are numerous and unique to each. Their value is beyond measure. A helping hand, a smile, a fresh idea, a kind word, an understanding comment at any given time can provide that ray of sunshine that transforms the commonplace into the spectacular.

Our volunteer base is an amazing mosaic of unique and colorful components which blend together to form a remarkable team of dedicated individuals that enhance the lives of those we support, the programs we offer and the staff who are the foundation of our organization. We couldn't do what we do without your help.

Our sincere thanks for the priceless gifts of your time, talents and thoughtfulness.

Lynn Pelly
Executive Director

card of thanks

moving sale

Rec room furniture for sale call 250.295.3468. All proceeds to the 2011 Family Fair Bursary Fund. Couch and chair, 2 recliners, coffee table, 27" TV, 7 drawer solid wood student desk, stereo system with speakers, entertainment wall unit (46 x 44 x 15), lamp, adjustable metal bed frame, china cabinet, portable basketball frame with base. All items by donation. Mar 15-Apr 19

for sale

1996 Dodge Ram 1500 V8 Automatic Club Cab Deluxe with matching canopy, limited slip drive, trailer towing special, seat belts for 6, good rubber, well-maintained, 86,000km. Asking \$6,000.00. Call to view. 250.295.6003. Mar 29-Apr 12

for rent

4-bedroom house on a lake, 2-bath, fully furnished. Includes utilities and weekly house-keeping. Asking \$2,400.00 per month. Call 250.295.7988. th

Luxury rooms, own jacuzzi tub, fridge and microwave, \$300 - \$350/week. Large chalet 3-bedroom plus loft, call for more information. Princeton Castle Resort. (250) 295-7988. Apr 22-th

BEEF - ground beef in 1-pound packages. \$2.25 per pound. Call 250.295.8121. Mar 29-Apr 12

Studio apartment and 1-bedroom apartment. Bright and clean, overlooking Veterans Square, downtown. No pets, no smoking. Also, commercial office space for rent downtown. Ideal for retail or small office. Call 250.295.1681. Apr 05-19

notices

Notice of change of date of the Princeton Legion Branch General meeting. New date is April 13th at 1:00 PM.

2 love seats with large chair (matched set) with lamp and floor lamp. Very good quality, in like new condition. \$500.00. 200 sq ft in box tile, patterned laminate, neutral colour, \$200.00. Stainless steel Kenmore self-cleaning stove, \$200.00. Stainless steel Kenmore Elite dishwasher, \$150.00. Kenmore washer and dryer, white, \$300.00. All appliances work well and are only 6 years old. Call 250.295.3876 or 250.293.6030. Apr 05-19

3-bedroom house on riverfront. \$1,400/month. Call 778.387.7775 for details. Apr 05-19

lost

Shiatsu Cross Dog

On Highway 5A
by 7 Mile on
April 7th

Answers to 'Lulu'
250.295.4801

child care

Child Care Services
in my home
Monday-Friday
Downtown
250.295.1240

3-bedroom mobile in Hedley, \$875/month. Includes utilities, no pets, damage deposit required. Small 1-bedroom mobile in Hedley, suitable for 1 person, fully furnished, no pets, \$675/month includes utilities, damage deposit req'd. Call 250.292.8131. Mar 29-Apr 12

A heartfelt thanks to everyone who visited, phoned, sent flowers and sympathy cards to us. Several people remembered Lance which was comforting. He will be sorely missed.

Sincerely Marion, Blaine and Arlene, and Bob and Colleen Marsel.

Room in Tulameen. Private entrance, HDTV and WiFi, \$600.00/month, arrangements for extra meals available. Call 250.295.6197. Apr 12-19

1-bedroom furnished apartment in downtown Princeton. Excellent references and damage deposit required. No pets. For details call 778.786.0935 and leave a message with the best time to call back. Apr 12-26

www.upnadam.me

www.gotbulls.info

Free to good homes - 4 kittens. Call 250.295.6833. Apr 05-19

NEED A WEBSITE?
AFFORDABLE LOCAL WEB DESIGN

www.upnadam.me

ADAM GULLASON
info@upnadam.me

OR VISIT
www.upnrunnin.com

yard work

Yard clean up,
and will haul your
junk to the dump.
250.295.1357

wanted

wanted - scrap vehicles

SCRAP CARS, TRUCKS, SCRAP METAL

U CALL - I HAUL

SCRAP METAL & VEHICLES CAN BE DROPPED OFF AT:
680 Old Mill Road, Princeton

Will start hauling again April 1st - Get your name on the list early!

CASH FOR SOME! CALL: 250.295.5102

looking to rent

50+ lady looking for a 1-bedroom, unfurnished, upper level suite with utilities and storage for \$567.50/month for non-smoker, non-drinker with no pets. Please leave a message for Glenda Jones at 250.295.6936. th

**BUYING GOLD
LOANS ON GOLD**
JEWELLERY, NUGGETS, BROKEN, UNWANTED

* SILVER COINS *
TESTED/APPRaised AS YOU WAIT
IMMEDIATE CASH

GARY - Bridge Street Family Pawn
302 Bridge Street, Princeton 250.295.7900

Classified Ad Deadline: 12 Noon Fridays • All Classified Ads MUST be paid in advance

Payment Options: Cash, Cheque, Debit, Visa, Mastercard

Phone: 250.295.4149 • 1-888-350-9969 • Fax: 250.295.4103



notices

**MONDAY NIGHT BINGO
IN PRINCETON
SENIOR CITIZENS BR. #30**

162 Angela Avenue
4:30 PM Sales Start
5:30 PM 1st 47 Bonanza #'s
SPECIALS, REGULAR GAMES, ODD &
EVEN, PROGRESSIVE SNOWBALL &
LOONIE POT, "LUCKY 7" WON EVERY
MONDAY (MIN. \$50.00 GUARANTEED)
BC Gaming License #25784
"KNOW YOUR LIMIT. PLAY WITHIN IT"

Narcotics Anonymous

OPEN MEETINGS
Wednesdays 7:30 PM
160 Old Hedley Road
Baptist Church Basement
(USE BACK DOOR)
Sundays 7:30 PM
Living Water Foursquare Church, Kenley Avenue
Info: (250) 295-7919 OR 295-6531, 295-6723

**INDIVIDUALLY
PREPARED
HOROSCOPE**

Natural
character chart - \$25.
Basic chart plus
predictive - \$50.
Phone 295-6063
Completely confidential

help wanted

sudoku

**CARTER'S
Sudoku
Challenge**
SOLUTIONS TO PUZZLES ON PAGE 14

CHALLENGE #346

675	983	124
124	765	938
389	124	567
537	649	812
246	318	759
918	257	643
761	832	495
492	571	386
953	496	271

**ADVERTISING
WORKS...**

OR YOU WOULDN'T BE READING THIS!
Similkameen News Leader
Phone: (250) 295-4149
1-888-350-9969 Toll Free
Fax: (250) 295-4103

Drinking a problem?
Alcoholics Anonymous
Meets 7:30 PM Thursdays
Princeton Baptist Church
160 Old Hedley Road
Fred 295-7272/Marena 295-7663

help wanted

souvenirs

souvenirs

souvenirs

Similkameen News Leader - 2010



**ALL 51 weekly issues of the Similkameen News Leader
published in 2010 in PDF format on a CD**

**AVAILABLE EXCLUSIVELY AT:
Similkameen News Leader - 226A Bridge Street, Princeton**

**Is debt turning your world
 upside down
 Relief is only a call away!**

Call Anne Hamilton, Estate Administrator (12 years experience)
at 1-800-661-3661 today to set up your FREE consultation.

Jim Gilechrist, CA, CIRP, KPMG Inc. Trustee in Bankruptcy,
#300-1674 Bertram Street, Kelowna, BC V1Y 9G4

www.thenewsleader.info

YARD WORK - PLUS MORE
— A GUY FOR ALL SEASONS —

Raking - Snow Shoveling - Snow Removal - Weeding
Cutting Lawns - Gardening (Planting) - Maintenance
Watering - House Sitting - Painting
Call Paul 295-7820 or 295-1687 and leave message

NEED A WEBSITE AND ON A BUDGET?
Adam Gullason - 250.295.4320
info@upnadam.me

AFFORDABLE LOCAL WEB DESIGN
www.upnadam.me

**Similkameen
News Leader - Recipe Corner**
Recipe #368

Chili Glazed Salmon

Prep Time: 18 minutes / Makes: 4 servings / Preparation method: Barbecuing

Ingredients

- 4 x 6 oz (175 gr) pieces fresh salmon
- 1/2 cup (125 mL) green onion
- 1/2 cup (125 mL) VH Thai market spicy Thai chili sauce
- 2 tbsp (30 mL) VH soya sauce
- PAM Cooking Spray

Spray cold grill with cooking spray. Heat barbecue grill to high.

Stir together, green onion, VH spicy Thai chili sauce and VH soya sauce.

Spray 4 pieces of tin foil with cooking spray. Place a piece of salmon on each. Sprinkle the sauce evenly over the top of salmon. Close each package leaving a small vent in the top for steam to escape

Place packages on heated grill, close lid. Cook until salmon is cooked through, about 12 min. Place cooked salmon on plate and top with liquid from foil package.

Additional recipes ideas are available online at www.vhsauces.com <<http://www.vhsauces.com>> . To view hands-on recipe demonstrations by Randy or to watch episodes of VH's new webseries Life Unjarred, visit www.lifeunjarred.com.

- www.newscanada.com

**If you have a favourite recipe you would like to share, contact us for details!
226A Bridge Street, Princeton**

Weekend Movies

SATURDAY MOVIES

..... continued from Page 14 forces with other survivors to battle a horde of flesh-eating zombies invading their Texas town. (In Stereo)
 9:00 pm FAM ch.26 "Practical Magic" (1998, Comedy-Drama) Sandra Bullock. Raised by their aunts, two sisters use different means to avoid a family legacy of witchcraft. (In Stereo) (CC)
 9:30 pm WTBS ch.3 "Collateral Damage" (2002, Action) Arnold Schwarzenegger. A Los Angeles

firefighter travels to Colombia to find the terrorist who killed his wife and son.
 10:30 pm SPIKE ch.44 "Grindhouse Presents: Death Proof" (2007, Suspense) Kurt Russell. A veteran stuntman uses his car to stalk and kill unsuspecting young women in the South. (In Stereo)
 10:44 pm FAM ch.26 "Super Mario Bros." (1993, Fantasy) Bob Hoskins. Based on the popular video game that takes two plumbers on a perilous mission to rescue a parallel-world

princess. (In Stereo) (CC)

SUNDAY MOVIES

..... continued from Page 14
 10:44 pm FAM ch.26 "Father of the Bride" (1991, Comedy) Steve Martin. A harried patriarch faces separation anxiety, exorbitant costs and more as he prepares for his daughter's wedding. (In Stereo) (CC)
 11:00 pm WTBS ch.3 "Jersey Girl" (2004, Romance-Comedy) Ben Affleck. A young woman changes the life of a single father who used to be a successful New York music publicist.
 KNOW ch.5 "Homeland" (2008, Drama) Max Rhyser. A Palestinian man tries to stop his sister's love affair with a former Israeli soldier. (CC)

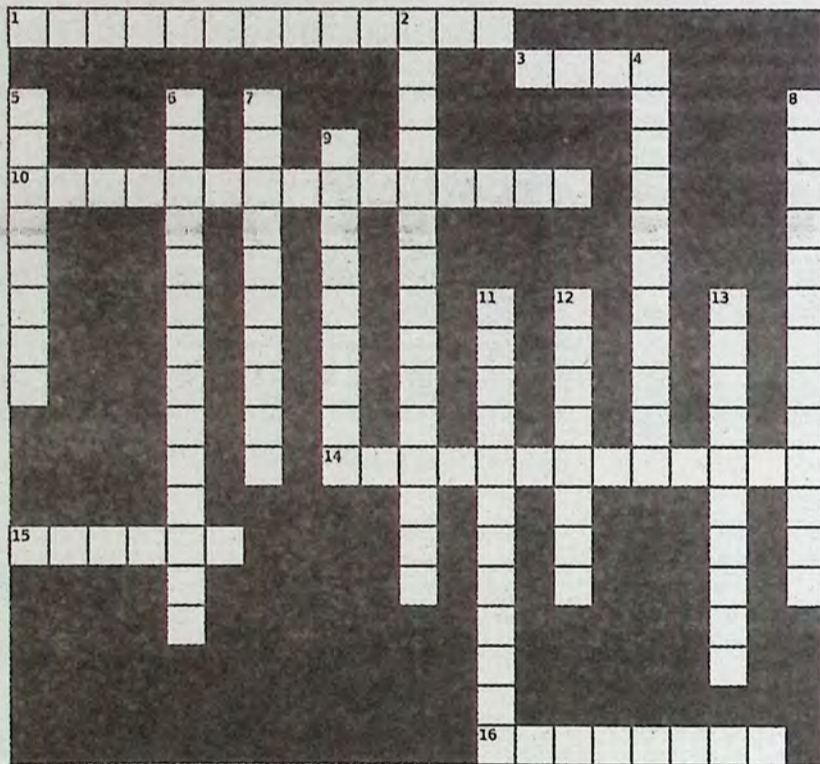
NEED A WEBSITE?

AFFORDABLE LOCAL WEB DESIGN

www.upnadam.me

Similkameen News Leader Puzzler

Use the April 5 News Leader to find Answers Below...



- | | |
|---|---|
| <p>Across</p> <p>1 What Day did Grads prank their school?</p> <p>3 What is the Regional District Okanagan-Similkameen best known as?</p> <p>10 When plants move they are _____?</p> <p>14 Which Keremeos Councillor congratulated Friends Of The Library?</p> <p>15 Under the J in your menu plan?</p> <p>16 Who won the Earth Hour Community Challenge?</p> | <p>Down</p> <p>2 Name the only Canadian team in the NAHL.</p> <p>4 Who is the Conservative Candidate for this area?</p> <p>5 Who gets elected at the Posse AGM?</p> <p>6 What movie plays April 15th at Riverside Centre?</p> <p>7 Where is Shanker's Bend located?</p> <p>8 Whose class got TP'd on April Fool's Day?</p> <p>9 What does Al Anderson say it's time to think about?</p> <p>11 Where is the Hedley Farmer's Market held?</p> <p>12 What is the new name for Terasen Gas?</p> <p>13 Who spoke to Rotary a year ago about MS?</p> |
|---|---|

Similkameen **News Leader**

PUZZLER #8
 Copyright 2011 - Brenda Engel

VIR shows free film

Prevention of Violence Against Women Week runs April 19th to 23rd and the Princeton Violence in Relationships Committee (VIR) invites everyone to a free screening of the film: "Precious" to honour those victims of crime and promote community awareness.

This free screening is scheduled to take place on Wednesday April 20th beginning at 6:30 PM at the Riverside Centre Meeting Room.

There will be opportunity for discussion, access to information, and support, if required.

"Precious" is rated R for child abuse including sexual assault, and

pervasive language.

Clareece "Precious" Jones (Gabourey "Gabbie" Sidibe) stars as the Harlem teen who is pregnant with her second child and struggling to overcome hardships in her life. She had been raped by her father, abused by her mother (Mo'Nique), and generally neglected.

She is angry, overweight, illiterate, and has little hope for a promising future until she is accepted into an alternative school and nurtured by the positive relationships she forms.

This event is open to everyone.

Arts and Culture week continues

Arts and Culture Week runs from April 10th to 16th this year. Since 2006 the Princeton Community Arts Council has celebrated Arts and Culture week at Riverside Centre.

The celebration began with an open house that year and in 2007 the first production of the Princeton Performing Arts Group with "The Mousetrap".

The following week in April 2007 Ballet Kelowna performed on the gym floor to a packed house.

Who could have imagined that in 2011 Riverside Centre would be the venue for a Pow Wow?

The Princeton Community Arts Council would again like you to join in celebrating "Arts and Culture Week" April 10th to 16th at Princeton's cultural venue - Riverside Centre.

Tickets for the Nankama African Drumming Concert Saturday 16th April are available at the Sunflower Gallery Vermilion Avenue where the work of local artists is for sale.

Similkameen News Leader

WE'RE DIFFERENT, AND WE LIKE THAT.

www.thenewsleader.net

HK DESIGN

Custom Plasma Cutting

Terry and Darcy Wright
 cell: 250-295-8121
 ph: 250-295-6583
 shana133@hotmail.com



FLOWERS IN MOTION

ROLLS INTO PRINCETON
 EVERY SATURDAY

FLOWERS • BOUQUETS
 BEDDING PLANTS



PRINCETON PLAZA PARKING LOT



Editorial Page News Leader

Similkameen News Leader, 226A Bridge Street, PO Box 956, Princeton, BC V0X 1W0

My Turn...

Has Spring Actually Sprung?

The first day of spring was March 20th.
Did it feel like spring to you?

The maximum temperature for that day recorded at the Airport Weather station was 7.7C. The low for the day was -4.5C. The only good thing about that day was that there was no rain or snow recorded.

The upside for me was that it was a day off and we went on a drive that took us to Keremeos and Penticton for the day.

The warmest day since then was March 30th (14C) and the coldest day was April 8 (-6.2C).

What's it matter?

Well, as Canadians, we spend a lot of time talking about the weather. It's almost as if our daily routine is thrown off kilter if we don't somehow acknowledge the weather at least regularly each and every day.

I look at a thermometer hanging outside our door each morning before leaving the house. The result rarely forces me to change my clothing, but it gives me something to ponder on my walk to work.

Well, it didn't really feel like minus five this morning, or whatever.

We have a barometer I rarely look at but when we had our mini dish hooked up I'd spend hours watching the weather channel. Now I check it frequently on my handheld device. I 'tweet' about it online.

It's standard backup when conversation with a client or acquaintance starts to sag.

So, what about the weather we've been having, eh?

It just never ends.

And one of my favourites is when we all start to complain about it being too cold and that we can't wait for it to warm up, and once it gets warmer - and much hotter - we start to complain about the heat and can't wait for it to cool off.

Weather is such a big part of our lives.

A quick search online with the phrase "Why do we talk about the weather all the time?" turned up 7,820,000 results - websites and webpages covering everything from how to talk about the weather to discussions on whether (no pun intended) or not we should talk about it.

The bottom line is that we talk about the weather because it is a neutral subject, or in other words, a lot safer to discuss with a stranger than politics or religion.

I think Mark Twain summed it up best when he said, "Everybody talks about the weather, but nobody does anything about it."

And if my guess is right about today, I should probably turn on the air conditioning for a while. Or at least until the next customer comes in and mentions how cool it is in our office.

...Your Turn

Cawston Reader Supports Alex

Dear Editor,

Alex Atamanenko, our MP, was in Keremeos on Tuesday to attend a talk in Cawston hosted by the organic growers.

The talk was about GMOs, genetically modified (read manipulated) organisms and the great efforts of some people to keep it out of our food supply.

The latest onslaught on our little valley is the potential introduction of a non-browning apple (like we need that). GMOs are much, much more dangerous than pesticides, which will eventually disappear from our environment. But GMOs multiply, cross-pollinate and multiply again and again until there will be no such thing as an organic anything.

This is a major threat and we are very lucky to have the Agriculture Critic as our federal representative. Alex's private member's Bill C-474, a seed regulation act that

requires an analysis of potential harm to export markets (considering what happened to the flax growers), was voted down. But, as Alex explained, a few of the Liberal MPs are beginning to see the urgent need for this regulation.

Alex has been a very involved representative, not only at the legislative level but here at home. During the sudden rush for passports a representative from his office, who came here every month, helped numerous people fill out their forms correctly and Alex finally secured an office in Vernon so people didn't have to go all the way to Vancouver.

He took an active part in trying to convince the federal government to get involved with the Shanker's

Bend dam project, which would flood our lower valley. He stepped in when the local organic packing-house was unable to obtain storage space for their apples in Canada and had to go across the line. Alex helped with the paperwork that enabled them to move their product across the border before their apples rotted in the bins. Alex gets involved in local issues such as the coal bed methane proposal in Princeton and the post office closures, as well as fighting for our issues in Ottawa.

Alex knows the area and knows the issues. He is an honest and ethical man. What more could we ask for?

Sincerely,

Donna Stocker, Cawston



FOLLOW US ON FACEBOOK!

www.facebook.com/thenewsleader1

Hodge Explains Politics

To The Editor,

Politics can be confusing, at times the differences between the definitions of parties can become blurred. For example our BC Liberals fit better on the Conservative right wing end of the scale.

At that end, everything is full speed ahead, and don't give two hoots for those unfortunate people on the bottom rungs of society, just as long as we preserve wealth for the wealthy.

But then if you look at a definition of conserve it is to keep from injury, decay, loss, destruction, or from premature use or consumption, hmmm.

It would seem the political use of conservative is not really correct, whoa! Not so fast. The definition of conservative is naturally opposed to change, especially hasty change in political, religious or civil institutions and opposed to radical reform. Confused yet?

This means that what they are really trying to conserve or preserve is as stated earlier, wealth for the wealthy.

This wealth is supposed to be the

tide that raises all boats, but there must be a dam somewhere because it sure is a damn uneven tide.

Canada now has the lowest Corporate Tax rate of the former G7 Nations, which includes the U.S., this creates a favourable climate for investment in this corporatist outlook. Some investment is good, profit is not automatically bad, but almost never throughout

history have large companies and corporations paid decent wages voluntarily.

Henry Ford was the only exception I know of who almost 100 years ago paid his factory workers double the wage of that time. Nowadays the C.E.O.'s just pad up their measly 25 million plus or minus annual salary, meanwhile you make up the tax shortage.

- Jim Hodge, Princeton

Similkameen
News Leader

W. George Elliott - Owner/Publisher

Brenda Engel - Office Manager

Dawn Johnson - Reporter

John Gillis - Advertising Sales

Lynette Boyd - Office Assistant

Desiree Cosman - Youth Rep

Adam Gullason - Website Development

EDITORIAL GUIDE

We would like you to write to us, but please remember to abide by anti-discrimination laws. The News Leader reserves the right to refuse to print any letter which is not signed by the writer or is slanderous, libelous or of uncommon sense! The Editor reserves the right to condense any letter or to substitute proper language for improper language.



Similkameen
News Leader

WE'RE DIFFERENT, AND WE LIKE THAT.

Broadband?

High-Speed Internet is NOW available in
Coalmont and Tulameen!

For Information contact:
China Creek Internet Service 250.295.7944

Current Comment

It's Time To Wake Up



Dawn Johnson
editor@thenewsleader.ca

So, we're having another federal election. I have been telephone interviewed twice on who I'm going to vote for and how I feel about issues identified by pollsters.

Frankly, I am not particularly concerned about those issues. I have bigger issues on my list of priorities. After weeks of radioactive fallout in our air and our ocean polluted with radioactive particles, my first concern is getting rid of nuclear power plants anywhere on earth.

On March 27, 200,000 Germans staged a protest march against nuclear power. The march was organized by the Green Party and supported by the governing party, the Social Democratic Party. The German government has already accelerated its plan to phase out nuclear power plants in German and go truly "green". The protest march was about the bigger issue of abolition of any nuclear power plants in the world.

The German minister of environment stated, "The International Atomic Energy Agency promotes the construction of nuclear power plants in all areas of the world, even in war and crisis regions. That needs to stop."

In Turkey, people marched in protest of their government's plans to build nuclear power plants. Turkey is in an earthquake zone.

In India, people marched to their Parliament to protest government plans to build nuclear power plants.

In Japan, people marched in protest to Tokyo Electric Power Company (TEPCO) head office to demand an end to Japan's dependence on nuclear power. On March 29, the Japanese government announced it is re-thinking Japan's dependence on nuclear

power. In the meantime, executives of TEPCO receive up to 40,000 angry messages a day, many of them death threats. A new social network posting is titled "How to Assassinate a TEPCO executive", and the home addresses of these executives have been posted.

In the United States, President Obama announced \$38 billion for more nuclear power plants. At the same time, the federal nuclear power regulatory body began discussing shutting down the reactors at Indian Point, New York State.

These reactors are 40 years old, and Entergy Corp., which owns and operates the nuclear power plant, has requested 100 exemptions from federal fire safety regulations, saying it has alternative fire safety measures in place. Until the disaster in Japan, the company was granted the exemptions. Indian Point is on a fault line.

In Canada, hearings took place concerning the expansion of the Darlington nuclear power facility 60 km. from Toronto. This expansion, costing billions, is supposed to take the place of the Pickering, Ontario, nuclear power facility which is scheduled for closure in 2020.

In 2009, the government of Canada agreed to assume partial responsibility should a nuclear "accident" occur. In other words, if our nuclear facilities malfunction, we taxpayers all across Canada are on the hook for the cost of clean-up and any class action lawsuits that may result.

Why are taxpayers subsidizing nuclear power plants?

I'll tell you why. Nuclear power plants have such a bad safety record that Wall Street will not invest in them and no insurance company will underwrite the possibility of a nuclear disaster such as we are seeing in Japan. So you and I have to pay for something we do not want because our nut-case politicians think we should have it. To me, this is an election issue.

To add to Canada's potential nuclear power problems, Darlington and Pickering are on part of the New Madrid fault zone, a region encompassing all of the Mississippi watershed which links to the St. Lawrence fault zone.

The New Madrid fault zone has

shown signs early this year of becoming more active, with numerous low intensity earthquakes measuring around 4 on the Richter scale.

British Columbians tend to feel secure about our situation, as we do not allow nuclear power plants. We think we are safe from any nuclear disasters. Wake up! We are in a nuclear disaster zone if any of the Washington, Oregon or Idaho nuclear power plants run into trouble.

Idaho has one plant in operation. Two sites are closed, one due to partial meltdown, and the other after going "supercritical" in 1961.

These are supposed to be safe, clean energy, remember? The Idaho plants are located several miles east of Spokane.

Oregon closed one nuclear power plant in 1993 after a series of problems. One is in operation along the Columbia River, a major fault zone.

Washington has three nuclear power plants shut down (one in Yakima), two in operation, and one planned.

That's our nuclear disaster zone because we often have winds from the southwest.

If you want to confirm this information, go to internet "list of nuclear power plants in America". You can get all kinds of details about these plants. You can go to the Greenpeace Canada websites for more about Canada's nuclear power plants.

I want to know if any of our current candidates is willing to take a stand against nuclear power generation in Canada. I would like News Leader readers to take a stand, too.

If you think you really don't know enough, I have a question for you: would you like anybody you love to live near a nuclear power plant? If you say no, then take a stand.

How do you take a stand? Ask every organization you belong to that has any clout, like the Senior Citizens, Legion, political party, Rotary, Lions, Indian Band, to write a letter demanding an end to nuclear power plants in Canada. Write a petition (nukefree.org has a good example) and get everybody to sign it and send it to your Member of Parliament. Put a sign on your front lawn or in your front window. Action speaks loudest.

Similkameen News Leader

WE'RE DIFFERENT, AND WE LIKE THAT.



George Elliott
OWNER/PUBLISHER
george@thenewsleader.ca

Brenda Engel
OFFICE ADMINISTRATOR
brenda@thenewsleader.ca

226A Bridge Street
P. O. Box 956, Princeton, B. C., V0X 1W0
Phone: 250.295.4149 • Fax 250.295.4103

INVITATION TO WORSHIP

LIVING WATER
FOURSQUARE CHURCH
38 Kenley Avenue
Join Us for a time of Contemporary Worship Sundays at 10:30 AM (FOLLOWED BY COFFEE)
PASTOR DREW & LYNN LACEY
www.livingwater4sqchurch.com

Princeton Pentecostal Church
(The Pentecostal Assemblies of Canada)
Invites you to join us in **SUNDAY WORSHIP**
10:30 AM - Morning Worship
165 Vermilion Avenue (BESIDE THE MUSEUM)
250.295.7951

BAPTIST CHURCH OF PRINCETON
Family Worship 10:00 AM
Praise & Prayer - 7:00 PM
Wednesdays
COME AND JOIN US!
ACROSS FROM ARENA
OLD HEDLEY ROAD
250.295.7752

St. Paul's United Church
Office Hours
Tue / Thu 9:30AM - 12 NOON
WORSHIP SERVICE
10:30 AM
190-1st Street (BEHIND COURT HOUSE)
Phone: 250.295.7714
Also serving the Anglican Community

St. Peter's Roman Catholic Parish
SUNDAY MASS
6:00 PM - Saturday
11:30 AM - Sunday
43 Billiter Avenue, Princeton
250.295.3541

Hedley Grace Church
856 Ellis Avenue
Hedley BC
Sunday Service 9:30 AM
Pastor Graham Gore
(250) 292-8444

Similkameen News Leader

www.thenewsleader.info

AND NOW...A LITTLE GOOD NEWS!

"Love does no harm to its neighbor. Therefore love is the fulfillment of the law." Romans 13:10

Kettle Valley Cabinets
 Kitchen & Bath
 Custom Cabinetry
 Planning & Design
 Counter Tops

JIM SHALES
 Cell: 250.295.8012 - Fax: 250.295.7965
 e-mail: kvc@nethop.net

OPENING APRIL
 A Division of Surecraft Construction Ltd. "Your Local Building Professionals!"

Bob's Stove Repair
 SALES • SERVICE • INSTALLATION
 PELLET • WOOD • GAS

250.295.2214
 271B Bridge Street, Princeton

MAR-KING
VAC TRUCK SERVICE

(250) 378-5640 John Webber | (250) 378-6007 Scott Webber
 (250) 318-5340 cell | (250) 318-1361 cell

SEPTIC SERVICE - RESTAURANT SERVICE

Princeton Area Ghost Towns - The DVD

\$20.00
 INCLUDES HST

Available at:
Similkameen News Leader
 www.thenewsleader.ca

Explore The History Of Mining - Gold, Copper and Coal

IS IT TIME TO SUBSCRIBE TO THE NEWS LEADER?

Similkameen Valley Mail - \$40.00
 (Seniors Pay Only \$35.00)
 ALL PRICES INCLUDE TAXES

Elsewhere in Canada Mail - \$54.00
 (Seniors Pay Only \$48.00)
 ALL PRICES INCLUDE TAXES

CALL FOR DETAILS
Similkameen News Leader
250.295.4149



On April 1, three military personnel traveling across Canada in a CH146 Griffin helicopter spent a weekend in Princeton. They had been forced to land due to bad weather and fog. The Town CAO Patrick Robins played host to the crew, who enjoyed the use of a vintage K car donated for just such an emergency. The crew stayed in a local motel, ate at local restaurants, visited a pub, and said they were quite impressed with local hospitality. Photo: Patrick Robins

Rick Hanson needs local medal bearer

..... continued from Front Page at RickHansenRelay.com, allowing Canadians to enter to win a spot for themselves or nominate a worthy individual to participate in the Relay as a Medal-Bearer.

"Today is an exciting day in our 25th Anniversary celebration and for Canadians across the country, as we connect the nation and provide the opportunity for people who are making a difference in the lives of others to be recognized for their accomplishments and to share their stories," said Rick Hansen, President and CEO of the Rick Hansen Foundation.

"This is the start of a movement for 7,000 Canadians to help inspire the nation and live by the credo that anything is possible."

As part of the Relay, residents of Princeton and Area H can enter the online contest to participate in the Relay. To tell the story of Canada's difference makers, the online contest is open to: individuals who are creating a more accessible and inclusive world, youth-leaders who are encouraging their generation to embrace positive change, persons who are protecting the environment or any Canadian who is seeking ways to improve the lives of others. While Hansen will not be

wheeling across the entire country as he did 25 years ago, he will be present at a number of stops throughout the country during the nine month 25th Anniversary Relay.

"It is exciting, will be exciting to welcome to Princeton the Rick Hansen 25th Anniversary Tour in May of 2012," said Nadine McEwen, Princeton Community Recreation and Cultural Coordinator.

"Planning has begun for an End of Day Celebration in Veterans Square with the Princeton Rick Hansen 25th Anniversary Committee."

As the Relay will connect the country from coast to coast, the symbol that links each participant to the next will be the Rick Hansen Medal, designed and produced by the Royal Canadian Mint. From the same Ottawa facility responsible for medals of the Canadian Forces, the RCMP and the Vancouver 2010 Winter Games, the Mint has designed and handcrafted sterling silver Rick Hansen Relay Medals.

Every Medal-Bearer will receive their own medal to permanently remember the way in which they personally added to the momentum of the 25th Anniversary Man in Motion World Tour.

Sego reports results

..... continued from Page 2 1.064 G/T Au and 2.067 G/T Ag and from 44 to 50 m 0.295% Cu 0.173 G/T Au. Bottom of Hole 50 metres.

- PDH 22: From 12 to 22 m 0.142% Cu 0.071 G/T Au and from 32 to 42m 0.145% Cu 0.122 G/T Au. Bottom of Hole 52 metres.

Sego Resources Inc.'s sole project is the Miner Mountain Project, a Copper Gold Porphyry project near Princeton, 15 kilometres north of

Copper Mountain Mining Corporation's former copper producer, which closed in 1996.

Copper Mountain Mining Corporation (CMMC) is planning to restart full production in June 2011.

The Miner Mountain Project is situated within the Traditional Territory of the Upper Similkameen Indian Band, with whom Sego has a Comprehensive Memorandum of Understanding. -submitted

25th Anniversary Relay Fast Facts:

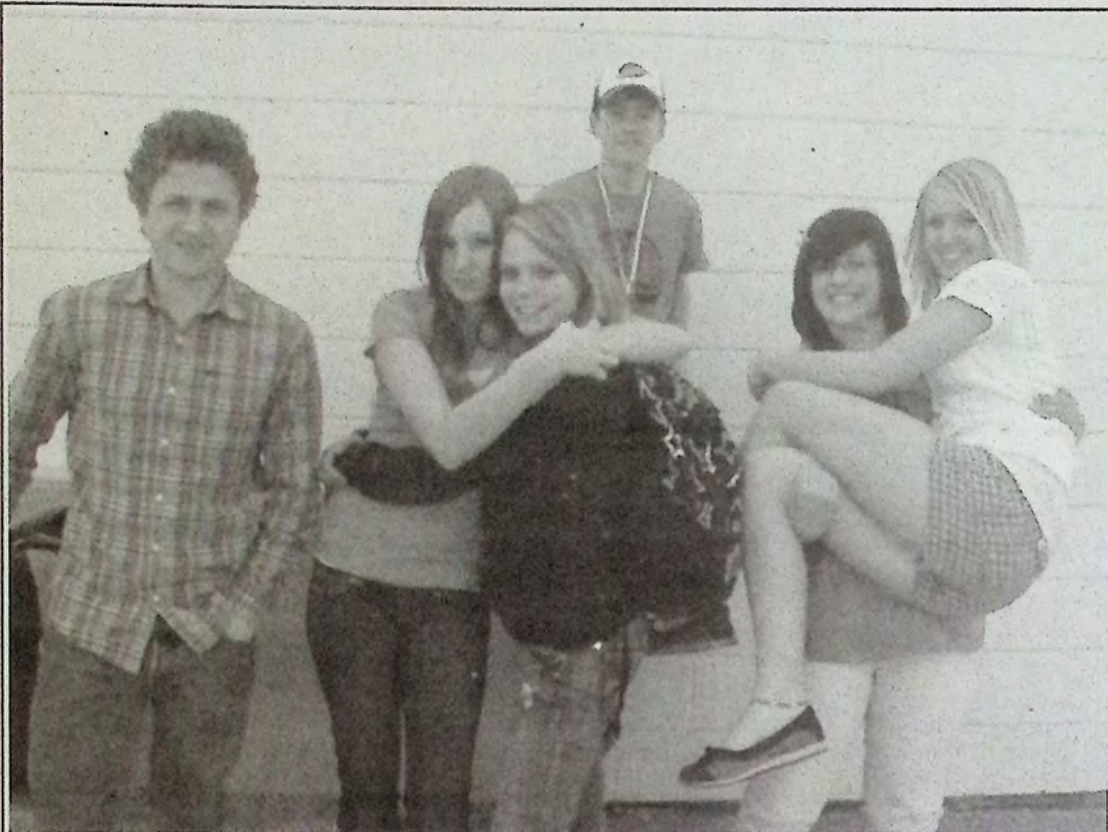
- Begins on August 24, 2011 in Cape Spear, Newfoundland and Labrador and concludes in Vancouver, British Columbia on May 22, 2012.
- Fully recreates the original Man In Motion cross-Canada tour, spanning 12,000 kilometres from coast-to-coast.
- Will travel through over 600 communities, visit every capital city and all provinces and territories and reach more than 70% of the Canadian population.
- Will engage approximately 7,000 participants - difference makers in their own right - who will collectively cover an average of 40 to 80 kilometres a day, making their way across the country passing a singular Rick Hansen Medal to the next participant.
- All Canadians (13 years and up) will be able to apply to become a participant through the online contest at RickHansenRelay.com.

Family Fair celebrates 60

..... continued from Front Page restaurants. Tickets are available from any Grad or at the Fair. The draw will take place at 3:00 PM on April 21st.

The Family Fair organizers are still looking for household articles you may wish to donate and appreciate all "garage sale" items (no used clothing please), toys and puzzles, plants, books, jewellery and handicrafts - preferably in good clean condition.

As well they need donations of breads, buns and baking. Articles may be dropped off at Princeton Secondary School or call Pam for pick-up at 250.295.3321.



PSS Grade 8 Science Fair participants were congratulated by friends upon their arrival April 8th at school after two days in Kamloops for the Caribou-Mainline Regional Science Fair. Photo: Des Cosman

Students celebrate science

A total of four Princeton Secondary School Grade 8 students participated in the Caribou-Mainline Regional Science Fair last week in Kamloops. The foursome left Princeton at 3:45 PM Wednesday, April 6th and

arrived back at PSS at 3:00 PM on Friday, April 8th. A total of four School Districts participated in the regional event including School District 58 (Nicola-Similkameen), School District 27

(Cariboo-Chilcotin), School District 73 (Kamloops/Thompson) and School District 74 (Gold Trail). All four of Princeton's Grade 8's returned home with medals and certificates of achievement.

Brynn Johnson won a Gold Medal for her project titled 'Mind Games' and Kolton Smith also earned a Gold Medal for his 'Get Cracking' project. Owen Bartlett's 'Polar Magic' was awarded a Bronze Medal and Brooke Botcher returned home with a Merit Award for her project titled 'Sweet Tooth.'

Cawston hosts concert

On April 28th Cawston will host the popular Thursday Night Jazz Band from Penticton. For a number of years the band has formed up to play special benefits, this February in a fundraiser for the McNichol Park School band program. As usual, the concert sold out.

There is an admission fee with advance tickets available at the Cawston Marketplace and Keremeos Pharmasave. The concert is a Music Under The K event. -submitted

Area audiences always relish the unique sound of the big band jazz orchestra. The band is made up of four trumpets, four trombones, five saxophones and a rhythm section which includes bass, guitar, piano and drums. The repertoire varies from swing tunes to rock to funk. The band can be seen and heard online through YouTube. Concert begins at 7:30 PM April 28th at the Cawston Community Hall. Doors and refreshments open at 6:30 PM. Snacks available by donation. Bring a chair pillow for added comfort.

Another Regional Science Fair t-shirt. Photo: Des Cosman

www.thenewsleader.info

FAX SERVICE



SENDING OR RECEIVING
- CONFIDENTIALITY GUARANTEED -
AVAILABLE AT:

Similkameen
News Leader

226A Bridge Street, Princeton
Phone: 250.295.4149 - Fax: 250.295.4103

Princeton History Collection

5 OUT OF PRINT TITLES ON A SINGLE CD!

AVAILABLE AT:
Similkameen News Leader

Now It's Called Princeton

Songs and Poems of BC's Upper Similkameen

NOW AVAILABLE AT:
Similkameen News Leader

BEWARE!

THIS COULD HAPPEN TO YOU

Sue had a service and Bob had a business. They both decided to advertise in the News Leader. Funny thing happened...both of their businesses saw an increase in business.

Advertising works. Call us for details.

Similkameen
News Leader

Phone: (250) 295-4149 - 1-888-350-9969 Toll Free

ADVERTISING WORKS

OR YOU WOULDN'T BE READING THIS!

Find out how we can put it to work promoting your business or service.

Similkameen News Leader
250.295.4149

Brenda Crawford

Susan Collins

April Earle

Sandra Simpson



brenda@beland.net
(250) 295-8182



susan_collins@nethop.net
(250) 295-5359

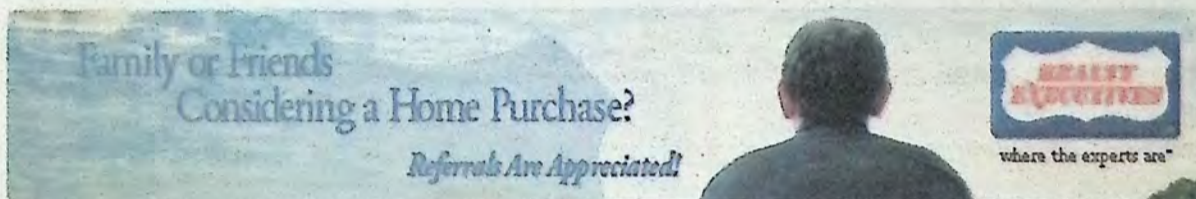


april@beland.net
(250) 295-5346



sandra@beland.net
(250) 499-9414

EXPERIENCE the advantages...



...of working with an **EXECUTIVE!**

The difference between "FOR SALE" and "SOLD" is just a phone call away!

229 Moody Street



NEW!

NEW, NEW, NEW! Totally renovated home on desirable 3rd Bench! New kitchen makes cooking and entertaining a breeze. New cabinetry, granite counter tops, new appliances, new lighting. All new flooring throughout entire house, new bathroom fixtures and cabinetry also! 3 bedrooms up, and large family room down. MLS © 113502 \$349,000

307 Panorama Crescent



Elegant home, panoramic views, .54 of an acre, sounds too good to be true? Open the front door and you are greeted by 180-degree views from oversized windows. Open plan kitchen/dining/living areas and sliders onto large deck make this a natural for entertaining. Modern kitchen, oak cabinetry, stainless steel appliances! MLS © 112127 \$468,000

3573 Princeton/S'land Rd



NEW!

Paradise has been found! Lakefront home at Chain Lake! Imagine a 5-year old immaculate home built with comfort in mind, a master bedroom with oversized windows facing the lake, open kitchen/living room design, a woodstove for cozy evenings and a huge 38-foot deck that brings Mother Nature to you. MLS © 113579 \$499,000

125/143 Skye Blue Loop



This Allison Lake view home boasts high ceilings, warm colours, rooms that flow and a kitchen with an abundance of oak cabinets. Yearly updates and attention to details has created a home that will let you have the peace and serenity you yearn for - and one you will be proud to own. Enjoy the year-round benefits of lakeshore living! MLS © 112263 \$599,900

2613 Old Hedley Road



Sellers motivated to sell - all offers considered! More than 2 acres and the Similkameen River runs by it! This well-planned and well-built Winton Global engineered home will impress you with its beautiful details - oversized windows, vaulted ceiling, open kitchen, layout and custom painted colours! MLS © 112295 \$380,000

730 Highway 5A



Approximately 7-kilometres north of Princeton on well-kept Highway 5A - on the way to Merritt, sits just over 20 acres waiting for your dream and your vision. Princeton is a growing community only 2.5 hours from the Fraser Valley and Kelowna with unlimited access to winter or summer outdoor activities! MLS © 112206 \$332,500

REALTY EXECUTIVES PRINCETON
Gateway to the Okanagan

#8-136 Tipton Avenue (Princeton Plaza)
Office: (250) 295-1811 Fax: (250) 295-1851 www.beland.net
EACH OFFICE INDEPENDENTLY OWNED AND OPERATED



PRINCETON