



# Similkameen News Leader

\$1 INCLUDES HST!

Volume 14 Issue 19 #680 ISSN 1712-090X Tuesday, May 10, 2011

Who's Working For You? See Below!



Princeton Mining Day, May 3rd, included roping demonstrations. \*

## Town okays financial plan, sets tax rate

At the May 2 Town Council meeting, the fourth reading of the five year financial plan was approved, and a bylaw to set property tax rates was given third reading with final approval to take place May 16.

The new tax rate will see a small increase in residential taxes for the municipality. Council estimates the average single family dwelling will pay \$498, up from \$480 last year.

Other taxes on the property tax bill include hospital tax, Regional District tax, Regional Library tax, BC Assessment Authority tax, for a total of \$668 for an average residence.

On top of that amount, yet to be calculated, are school taxes and the policing tax. The Town collects all of these taxes, but only 40 percent of what is collected actually goes to the Town.

## Students develop Agur Lake Camp

The first cabin for Agur Lake Camp is taking shape thanks to students in Okanagan College's Residential Construction program and a new partnership between Agur Lake Camp Society, Okanagan College, School District 67 Okanagan Skaha and C.M. Edwards Construction.

The students are building the cabin on the grounds of the Penticton campus - it will be moved to Agur Lake for final assembly later this summer. The cabin will be built by assembling two modules to the lock-up stage and then trucking them to Agur Lake Camp where they will be joined together as they are placed on the cabin's foundation. Support pillars are positioned so the cabin floor can be built on top of them. This allows space for a

truck to back in under the floor when it is time to move the building.

The Agur Lake Camp Society has long range plans for five cabins to be built on the site and hopes that this first cabin will be ready for use in the summer of 2012.

Chris Allen of Allen + Maurer Architects Ltd has been employed to do the site planning for the Camp. Tim Br Mart in Summerland is generously donating all the lumber needed for this project. Chuck Edwards of C.M. Edwards Construction is contributing to this project by offering his services to supervise the construction.

"Building the first cabin has been made possible by the partnership of Agur Lake Camp Society, Okanagan College, School District

67 and Chuck Edwards of C.M Edwards Construction" said Barb Hatton, President of Agur Lake Camp Society.

"It's an exciting time for all of us. With one cabin under construction and many more on the horizon we welcome continued in-kind donations of materials and financial support from our generous community partners."

The Residential Construction program is one of the College's most hands-on programs, providing an opportunity for students to build a home from the ground up. Students who complete the program not only have professional work experience on their resume - they can also receive technical training credit for Level One Carpentry and may become certified as a Residential Construction Framing Technician.

A dual credit Agreement between

School District 67 and Okanagan College gives high school students the opportunity to combine the Residential Construction program with high school graduation. Dual credit students receive both high school and college credits in addition to the apprenticeship level one credit. Through contributing their time to the building of the first cabin, all students advance their own education and provide valuable service in the building of Agur Lake Camp.

When completed Agur Lake Camp will provide a wilderness camp experience for special needs people and their families. In addition to cabins there will be a network of trails, a dock for fishing and boating, and a pavilion. All facilities will be totally accessible for people with disabilities.

The Camp is located on 54 acres of land 20 kilometres west of Summerland. For more information about the Camp or Society, go online: [www.agurlakecamp.ca](http://www.agurlakecamp.ca).

## Local election results

A total of 49,497 of 74,519 registered voters cast ballots in the BC Southern Interior riding in last week's Federal Election.

The local results saw incumbent MP Alex Atamanenko (NDP) returned to Ottawa to represent the region with 25,176 votes, or 50.9%.

Conservative Stephen Hill was a distant second with 19,276 votes (38.9%).

The Green Party's Bryan Hunt

finished third with 3,173 votes (6.4%) and Liberal Shan Lavell finished with 1,872 votes (3.8%).

The results reflect totals collected from all 255 polls in the BC Southern Interior riding which covers the Similkameen Valley across to portions of the south Kootenays.

Atamanenko will join 101 other NDP MPs to form the official opposition.

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Hugh Money on harmonica, left, guest performer at the April 30 country/jazz concert at Riverside Centre organized by Mel Berg and friends. Photo: Dawn Johnson

## Area H News

Here are the Regional District of Okanagan-Similkameen (RDOS) Board Highlights concerning Electoral Area H (Princeton Rural) from the April 21 meeting:

### TULAMEEN RECREATION SERVICE ESTABLISHMENT AMENDMENT BYLAW

When elector assent was received for Tulameen Recreation Service it was proposed that the funding would be on the net taxable value of improvements. However, section 5 of the bylaw did not stipulate that the cost recover method was to be based on the next taxable value of improvements.

If the cost recover method does not indicate how the funds are to be collected it defaults to being collected on the net taxable value of land and improvements.

Bylaw No. 1951.01 Tulameen Recreation Service Establishment Amendment Bylaw was adopted.

### ELECTORAL AREA 'H' COMMUNITY WORKS (GAS TAX) RESERVE FUND EXPENDITURE BYLAW

The renovation of the Princeton and District Museum was planned

in order to improve the usage of space in the facility and address its lack of energy efficiency. The efficiency upgrades have been detailed and quotes obtained.

These were passed on to UBCM for eligibility approval and have met the criteria for Gas Tax funding. The proposed project includes a new HVAC system to replace the existing thirty year old system. The upgrade also includes insulation for exterior walls, which the building lacks. Finally the current lighting system is proposed to be replaced with highly efficient LED lighting fixtures.

The total cost of the efficiency upgrades is expected to be \$85,000. The Area H Director is requesting a total of \$50,000 from the Gas Tax Reserve Fund at this time. Bylaw No. 2558, Electoral Area 'H' Community Works (Gas Tax) Reserve Fund Expenditure Bylaw was adopted.

## Council likes look of new store

At the May 2 Town Council meeting, Mayor Randy McLean expressed admiration for the appearance of the new grocery store on Bridge Street, which will soon be open for business. Council decided to write to the owner to say

the design is appreciated.

On another Bridge Street appearance matter, Council showed some disapproval of what appears to be a permanent yard sale in front of one of the buildings. No action was planned during the meeting.

## SPECIAL THANKS & CONGRATULATIONS!

Weyerhaeuser Timberlands Operations would like to congratulate the following contractors, subcontractors and their employees for their

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in completing the 2010/2011 season without injury:

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Site Preparation: W. G. Shaw and Son, Silvatil Services, L+B Myers Contracting

Planting: Quastuco Silviculture, Upper Similkameen Indian Band

Stand Tending: DJ Silviculture,  
Upper Similkameen Indian Band, Quastuco Silviculture


Layout/Surveys/Contract Services: Corvid Consulting, Lawes Forest Management, J Walker Scaling, Allison Creek Ranch, DRA Forest Consulting, SHB Forestry Services, Southern Interior Forest Craft, Clint Whitecotton Resources West

Road Construction: Tri-Valley Construction, L+B Myers Contracting

Road Maintenance: GR Mac Lind

Falling Services: Cascade Falling

And special thanks to all log haulers  
for safe driving in the first quarter of 2011!

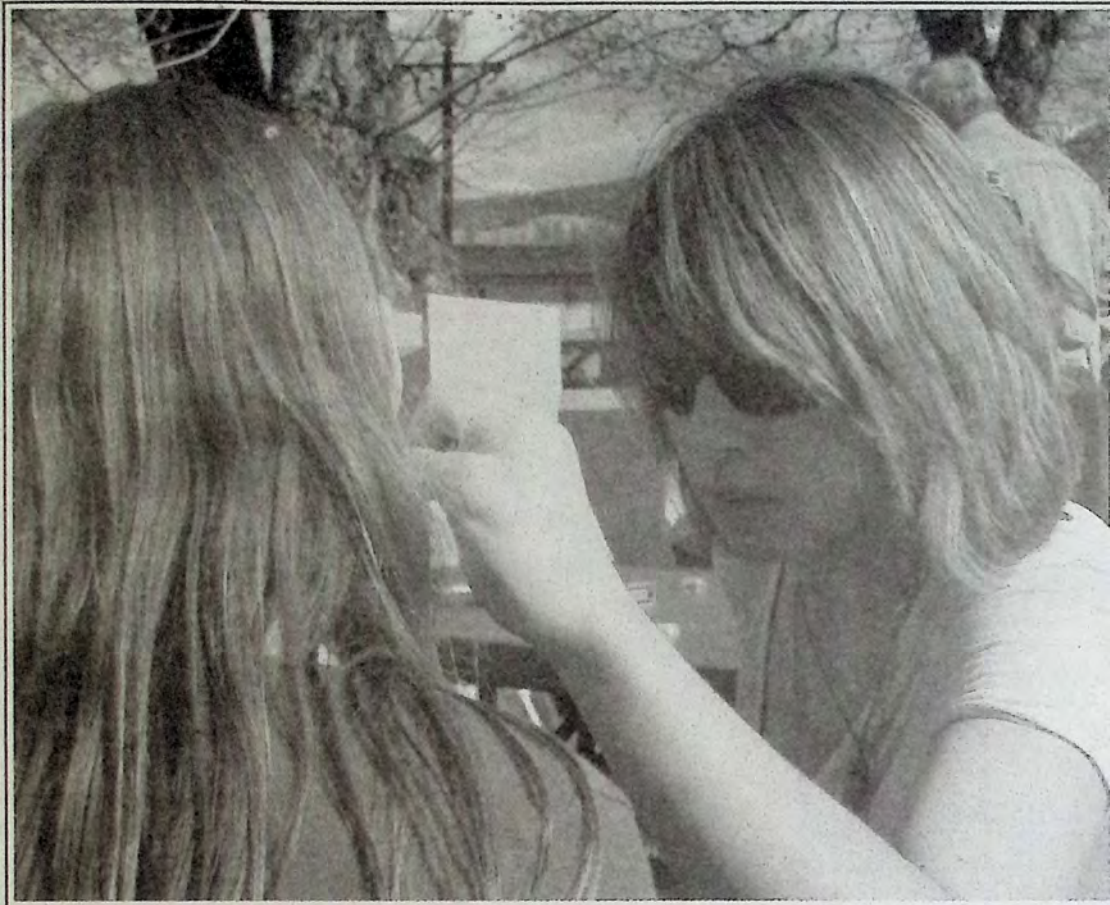
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Julia Halipchuk, right, paints a face during Princeton Mining Day, May 3, in Veterans Square. \*

# Cyclists stop in Princeton

Andrea Senyk and Derek Zwambag are on a mission to cross the country by bicycle, helping people in every community they touch to become aware of the 55,000 Canadians who are fighting brain tumours.

The duo is raising \$20,000 for Brain Tumour Foundation of Canada to help fund support, treatment and research for the disease — with each peddle of the 8,000 kilometre challenge bringing the hope for a cure closer.

On Friday, May 6th, Andrea and Derek's Miles 4 Minds journey stopped in Princeton for the night. The physical and mental challenge for Andrea and Derek on their cross-country ride draws on personal inspiration: they have two close friends from Highgate, Ontario who have dealt with brain tumours. Andrea's 71 year-old neighbor Joan McFeggan has been fighting a tumour for ten years. "She's gone through chemotherapy and suffered two strokes but she's never given up," says Andrea. "She's a role model for us."

The tour is also dedicated to the memory of firefighter Bob VanGoethem. The father of three children was diagnosed with a brain tumour in 2006 and passed away last year at the age of 31.

"Our whole community misses Bob so much," says Derek.

"He showed so much strength as a firefighter and as he fought his tumour. He gave so much to everyone around him and we want to honour him."

"Brain tumours hit close to home for a lot of people across Canada," says Andrea.

"Most people know friends or family members who are affected. I was surprised to learn how many people are affected and that brain tumours affect all ages. This bike ride is an opportunity to help those that we care about and encourage everyone to fight back."

The Miles 4 Minds journey began April 30 in Port Hardy, British Columbia. 8,000 kilometres later Andrea and Derek will arrive in St. John's, Newfoundland on July 9. It is the first cross-country awareness and fundraising effort that volunteers have taken on to support Brain Tumour Foundation of Canada.

"We've never done a physical challenge quite like this," says Derek, "but it's nothing compared to the fight we've watched people with brain tumours go through. Our bike ride is for them...we're on the journey toward a cure."

Visit [www.miles4minds.net](http://www.miles4minds.net) and click "donate" or contact Brain

Tumour Foundation of Canada at 519-642-7755 or toll-free 1-800-265-5106 if you would like to donate to their cause.

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Similkameen Elementary Secondary School in Keremeos was the venue used for the Celebration of Traditions Pow Wow hosted by School District #53 Aboriginal Education Advisory Council. Photo: Brenda Engel

## Land Act: Notice of Intention to Apply for a Disposition of Crown Land

Take notice that **Rogers Communications Ltd.** of Burnaby BC, intends to make application to the Ministry of Forests, Lands and Natural Resources Operations (MFLNRO), Southern Service Region - Thompson Okanagan Service Centre, Crown Land Adjudication office, for **Communication Site, Powerline and Roadway** purposes covering **unsurveyed Crown land south of Princeton in the vicinity of Copper Mountain Mine and District Lots 2303S, 2302S, 2578S, 2630S, 2301S and 2292S SDYD** situated on Provincial Crown land located in the vicinity of Princeton.

The Lands File Numbers that has been established for this application are 3412386 and 3412369. Written comments concerning this application should be directed to the Section Head, Crown Land Adjudication at 441 Columbia Street, Kamloops, BC V2C 2T3. Comments will be received by MFLNRO until June 12, 2011. MFLNRO may not be able to consider comments received after this date. Please visit our website at: <http://www.arfd.gov.bc.ca/ApplicationPosting/index.jsp> → Search → Search by File Number: insert Lands File Number for more information.

Be advised that any response to this advertisement will be provided to be public upon request.

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## Atamanenko trumps from the east

by Arlene Arlow

The British Columbia Southern Interior riding stretches from west of Princeton to northeast of Nelson. As of May 4th, Elections Canada acknowledged that 49,497 votes were cast in Canada's Federal election in the riding of BC Southern Interior.

The NDP incumbent, Alex Atamanenko captured the east part of the riding where the bulk of the population resides: Nelson has 9,813 residents, Castlegar has 8,716 residents and Trail has 9,707. Between those three communities alone, the population is 28,236.

Conservative Stephen Hill captured a 2 to 1 majority in the South Okanagan and Similkameen valleys, but the population numbers are overshadowed by trends in the east: Oliver has 4,647 residents, Osoyoos has 4,314 residents and Princeton has 2,706 residents.

Those three communities add up to 11,667 voters, less than half of the largest communities in the east side of the riding. As an example, Poll #15 in Keremeos (there were 8 polls in Keremeos) produced 137 votes for Hill (62%), 69 votes for Atamanenko (32%), 5 votes for Hunt (3%) and 5 votes for Lavell (3%). Including the Advance Poll, it is estimated that just shy of 60% of the voters in that poll turned out to cast their vote.

In Oliver and Osoyoos, the results were similar: of the 3,836 votes cast in Oliver, 2,437 went to Hill (63%) and 1,399 went to Atamanenko (36%). In Osoyoos, of the 3,072 votes cast, 2,133 went to Hill (69%) and 939 went to Atamanenko (31%).

As of Wednesday May 4th in the

riding of BC Southern Interior, NDP Alex Atamanenko received 25,176 votes, Conservative Stephen Hill 19,276, Green Bryan Hunt 3,173 and Liberal Shan Lavell 1,872.

Only four candidates put their names forth in our riding, but there are more than four options elsewhere in Canada: For each poll, Elections Canada printed scrutineer (observer) badges for the following

candidates in the 2011 Federal Election (most do not have official party status): AAEV Party of Canada, CAP, Christian Heritage Party, Communist Party of Canada, Conservative, FPNP, Green Party, Liberal, Libertarian, Marxist-Leninist, neorhino.ca, NL First Party, PC Party, PPP, Radical Marijuana, NDP, WBP, Work Less Party and Independent.



The Young Warrior and Princess Pageant was on April 30th as part of the Celebration of Traditions Pow Wow. Photo: Brenda Engel





Princeton Mining Day, May 3, in Veterans Square included gold panning demonstrations. \*

# Naturalists question handling of dump

In a letter to Town Council, Vermilion Forks Field Naturalists question the handling of hazardous and prohibited waste at Princeton's landfill operation. Their primary concern is with the potential to contaminate water through leaching of hazardous materials.

The letter states, "Although paint, automobile batteries and used motor oil are collected at our landfill for safe disposal, other hazardous materials and products such as herbicides, insecticides, pest poisons, household chemicals and cleaning solutions, electronics including computers and printers, pharmaceuticals, some plastics, small batteries and fluorescent light bulbs are apparently waved

through our landfill."

The Naturalists add there is little public awareness of drop-off locations in Princeton and Penticton for the materials noted above, and no public education campaign to advise the public of what is hazardous. There is concern that hazardous materials will continue to accumulate in the landfill.

Town Council agreed to advise the Naturalists group to attend the May 11 meeting at the Skills Centre during which the Regional District will advise on solid waste management.

Mayor Randy McLean stated the Town already has wells in place to monitor leaching into the water table.



An Application by FortisBC Inc.  
for Approval of a Residential Inclining Block Rate

## NOTICE OF APPLICATION AND PROCEDURAL CONFERENCE

Date:	Tuesday, May 10, 2011
Time:	1:00 pm
Location:	Delta Grand Okanagan Resort 1310 Water Street, Kelowna, BC

### THE APPLICATION

On March 31, 2011, FortisBC filed its Residential Inclining Block (RIB) Rate application (Application) with the British Columbia Utilities Commission (Commission), pursuant to subsections 58 and 61 of the *Utilities Commission Act*.

On October 19, 2010, the Commission issued Order G-156-10, which directed FortisBC to develop a plan for introducing residential inclining block rates that also incorporate a lower Basic Charge (Customer Charge) in the immediate future and to file a RIB rate application with the Commission no later than March 31, 2010. The Application proposes to implement a default mandatory RIB rate for FortisBC's residential customers. The RIB rate is composed of a Customer Charge and two rate blocks separated by a threshold level of consumption of 1,600 kWh per two-month billing period. The Block 1 and Block 2 rates are set such that 95 percent of customers will experience annual bill impacts of less than 10 percent.

### THE REGULATORY PROCESS

A Procedural Conference will be held at the Delta Grand Okanagan Resort, in the City of Kelowna, on the afternoon of Tuesday, May 10, 2011 to discuss procedural matters related to the Application.

### PUBLIC INSPECTION OF THE APPLICATION

The Application is available for inspection at the following locations:

FortisBC Inc.  
Suite 100 - 1975 Springfield Road  
Kelowna, BC V1Y 7V7  
Telephone: 1-866-436-7847

BC Utilities Commission  
Sixth Floor, 900 Howe Street  
Vancouver, BC V6Z 2N3  
Telephone: 604-660-4700

The Application is also available for viewing on the following web sites:  
<http://www.fortisbc.com> <http://www.bcuc.com>

### REGISTERING TO PARTICIPATE

Those who expect to actively participate in the review process or processes should register as Interveners with the Commission. Interveners will receive copies of the Application, all correspondence and filed documents. Those not expecting to actively participate should register with the Commission as Interested Parties and will receive a copy of the Application's summary, all Orders issued, and the Commission's Decision.

Interveners and Interested Parties should inform the Commission Secretary, in writing, by May 4, 2011 of their intention to become Interveners or Interested Parties, and their intention to attend the Procedural Conference.

All submissions and/or correspondence received from active participants or the public relating to the Application will be placed on the public record and posted to the Commission's web site.

### PARTICIPANT ASSISTANCE/COST AWARDS

Any party intending to apply for a Participant Assistance/Cost Award is advised to review the Commission's Guidelines with respect to the requirements for eligibility. The Participant Assistance/Cost Award Guidelines may be obtained by writing to the Commission Secretary, or online at [http://www.bcuc.com/Documents/Guidelines/2010/DOC\\_5014\\_G-72-07\\_PACA\\_2007\\_Guidelines.pdf](http://www.bcuc.com/Documents/Guidelines/2010/DOC_5014_G-72-07_PACA_2007_Guidelines.pdf)

### FURTHER INFORMATION

For further information, please contact Ms. Erica Hamilton, Commission Secretary as follows:

Telephone: (604) 660-4700  
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**Q:** I have high astigmatism and I experience a "swimming" sensation whenever I get new glasses. Eventually it resolves but now that I need a reading prescription, I am nervous about getting progressive lenses. I have heard that progressives can be difficult to adjust to and I worry that it may be too much for me. Should I get two separate pairs of glasses for reading and distance, or is there any new technology that would help me?

**A:** Yes, there are many exciting advancements in lens design to help people exactly like you. But in order to ensure you are receiving the best technology, you should purchase only if you get your spectacle lenses from a dispensary that utilizes free form surfacing (FFS), the latest and most cutting edge technology. To understand FFS, one needs to understand traditional surfacing. Traditional surfacing can only process the backside of the lens and cannot create aspheric lens designs or complex curves required for progressive and high astigmatic lenses. FFS makes it possible to generate a one-of-a-kind sophisticated lens design. It is now possible and affordable to offer each patient an optically advanced solution for to each unique visual need. This technology now permits us to grind all of the optics on the inside surface of the lens. This minimizes distortions with the following benefits: A wider field of view; Little or no swim sensation; Maximum visual sharpness at all distances; Thinner lenses; And a much more enjoyable visual experience

In the end with a proper progressive lens design surfaced using free form technology, a proper understanding of how a progressive lens is designed to work and a properly adjusted frame you are well on your way to a more enjoyable visual experience that will enhance your lifestyle.

# Health / Lifestyle News

## Dietary guidelines for people living with diabetes

(NC)—For the 3 million Canadians who have diabetes, it can be a challenge to eat right and control blood glucose levels. Those who have recently been diagnosed with the disease must also learn new dietary habits and pay much closer attention to factors like alcohol intake, vegetarianism and the food they eat when they are away from home. Here are a few recommendations that may help you in this regard.

### Alcohol

- When you drink alcoholic beverages,

your liver prioritizes the elimination of alcohol from your body over the elimination of glucose. It therefore temporarily traps the glucose and this, in turn, influences your blood glucose levels. The Canadian Diabetes Association 2003 Clinical Practice Guidelines for the Prevention and Management of Diabetes in Canada therefore recommends that people with diabetes limit their alcohol intake as follows:

### Women:

• One drink per day or less

### Men:

• Two drinks per day or less

(A 340-ml serving of beer, a 45-ml serving of red or white wine all count as one drink.)

### Eating away from home

- You will undoubtedly be called upon to eat away from home from time to time, whether you are visiting friends or family or have a business function to attend. When this happens, don't hesitate to ask questions about the food being served and bring a copy of your eating plan with you to help you make wise choices. Restaurant fare is often higher in fat and lower in fibre than home-cooked meals. This can have an impact on the speed at which your system processes carbohydrates and, consequently, cause your blood glucose to fluctuate more so than when you eat at home. You

should therefore keep a closer eye on your levels and test more often. There are a number of new systems on the market that make testing simpler and faster than ever, such as Roche's Accu-Chek Mobile, which eliminates the need to handle used lancets or test strips and provides readings in less than five seconds. And the portable, discreet and lightweight device is ideal when you're dining out.

### Vegetarian diets

- More than 1.3 million or 4% of Canadian adults are vegetarians. Is this lifestyle choice off limits to people with diabetes? Not at all! In fact, quite the opposite: the higher fibre intake associated with a vegetarian diet helps improve glucose metabolism, regulate blood glucose peaks after a meal and increase insulin sensitivity. Fibre from legumes, oat bran, barley and certain fruit are believed to slow digestion and the absorption of carbohydrates. A vegetarian diet also contributes to achieving and maintaining a healthy body weight.

It is nevertheless recommended that vegetarians who have diabetes consult with a registered dietician or nutritionist to help ensure they protect against any nutritional deficiencies. For vegetarians whose intake tends to be limited to a small variety of foods, supplements may be necessary.

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## Living Past 100

### Try The Caveman Diet

Those who want more energy, more muscle and less fat could benefit by trying the caveman diet. This diet is called the Paleolithic diet, too. Paleolithic means caveman. This diet is so successful that it is used by the top athletes of the world.

When so-called cavemen roamed the world, they ate what they could find that was edible. They ate only those things that were not toxic. Their diet consisted of nuts, some seeds, fruit, vegetables, meat and fish. They drank water, or tea made from mild-flavored leaves (many of which were medicinal).

Then came a diet revolution, when they learned that cooking some things reduced the toxicity, and they began eating grains, beans and potatoes, all of which are somewhat toxic if eaten raw. They considered this a good thing, as these foods are rich in calories and can be stored for long periods of time, as well as being easily transported.

Today, we consume far too many calories and not enough nutrients. We can be fat and unhealthy, starving for "real" foods.

Some of the healthiest people in the world are isolated tribes of hunter-gatherer communities where obesity is unknown because they eat none of the high calorie foods we eat every day. They still live on the caveman diet.

If you go to internet you can download recipes from this diet, or read about it in detail, but one of the important things you will learn about the caveman diet is this: it not only defeats obesity, it takes the toxins out of your body, provides solid nutrition, and increases muscle mass and energy.

What foods does this diet tell you not to eat? Grains, beans, potatoes, cheese, and anything deep fried. That cuts a lot of stuff out of your daily diet, doesn't it? You have to totally change your shopping list if you are going to live on the caveman diet. At the same time, there are no restrictions on the amount of food you can consume if you are eating the right foods. In fact, you can pig out on the right foods every day!

If you look into the research behind this diet, you will discover the caveman diet will not only make you feel better, it is also an anti-aging diet. People live longer if they carry a lot less fat.

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**DRAW DATE: JUNE 25**



# This Week - 9 Years Ago

Celebrating Princeton's History

W. George Elliott - Owner/Publisher Similkameen News Leader

News Leader - May 14, 2002



Eric Jacobsen, left, and Mayor Randy McLean, right, unveiled the Tribute Wall at Princeton Fairgrounds at a small gathering before the 2002 Princeton Rodeo. With them was Carl Stenvold who, with Jacobsen, helped bring the facility into existence at the beginning of development.

## Leasing the OR to flying with the MAAC

Similkameen Health Administrator Marilyn Harkness reported to Princeton Town Council at their May 6, 2002 meeting on the future of the operating room at Princeton General Hospital.

She said that Dr. David Reid had planned to lease the operating room but required accreditation to receive licensing from the College of Physicians and Surgeons, which was going to take some time.

Harkness stated College representatives, to ensure it met standards set for such facilities, would inspect the private facility.

She also informed Town Council that the Health Unit would remain where it was as long as there is an operating room at PGH, as the space occupied by the operating room and adjacent facilities was where the Health Unit would have moved.

The Model Aeronautics Association

of Canada (MAAC) started their 2002 flying season in Princeton.

The News Leader reported that local organizer of the event, Steve Kovacs, expected 33 contestants from Western Canada and the United States the weekend of May 18 & 19, 2002.

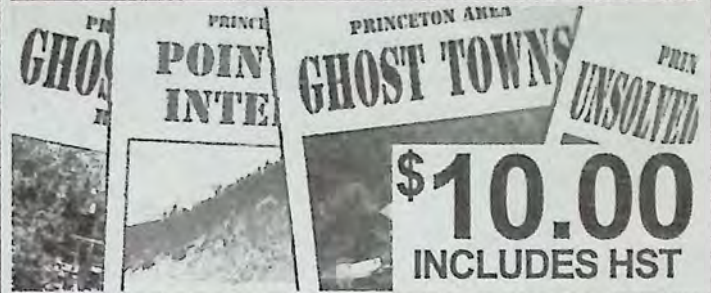
Local writer Don Burbridge released a wildlife guide to the Similkameen nine years ago.

The new book was not a scientific study of animals and plants in the valley, but a book about personal observations and experience.

"Burbridge has a humorous way of telling of his experiences with local wildlife," Dawn Johnson wrote in the News Leader.

"His description of beaver is hilarious, and he obviously knows his subject. He joins the school of thought which defines beavers as cute but not in my back yard."

## Princeton History Collection



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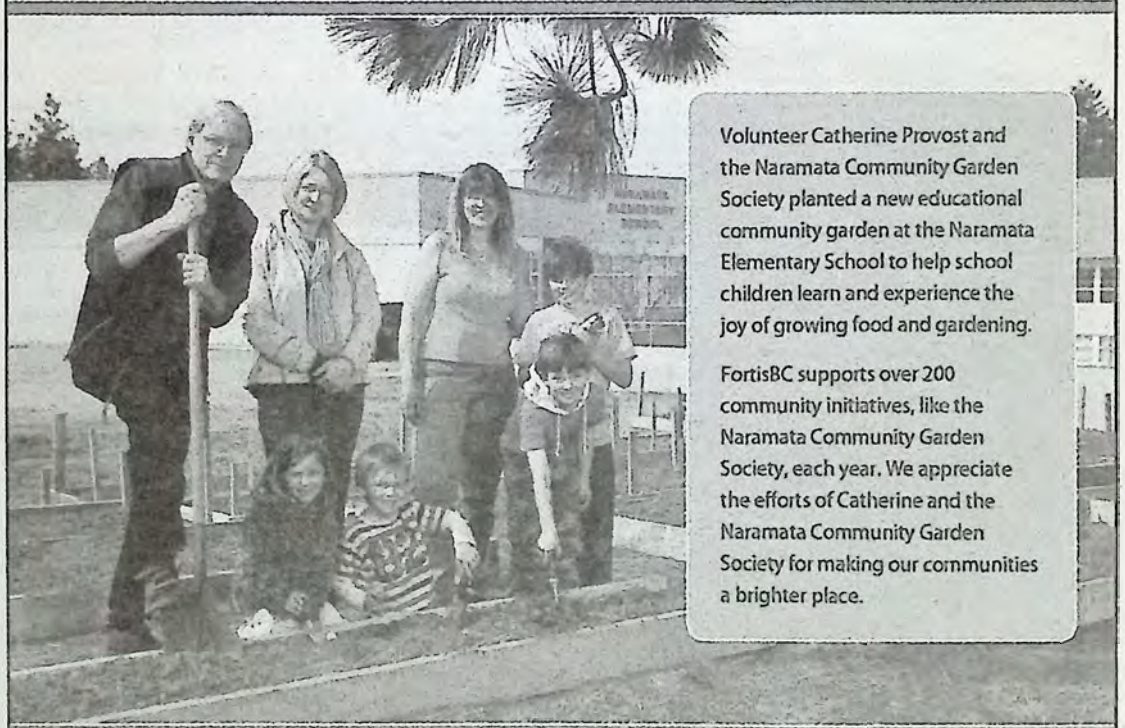
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## Thank you

Naramata Community Garden Society



Volunteer Catherine Provost and the Naramata Community Garden Society planted a new educational community garden at the Naramata Elementary School to help school children learn and experience the joy of growing food and gardening.

FortisBC supports over 200 community initiatives, like the Naramata Community Garden Society, each year. We appreciate the efforts of Catherine and the Naramata Community Garden Society for making our communities a brighter place.

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# May 3 - Princeton Mining Day



Jon Bartlett and Rika Ruebsaat perform traditional mining songs during Princeton Mining Day in the gazebo at Veterans Square in downtown Princeton. \*



Jordyn Senger and Felicia Northway provided face painting for part of the day. \*



Sarah Nelson enjoys a free lunch during Princeton Mining Day. \*



Princeton Museum President Bob Wicks, right, and local cowboy Bob Lind, offered roping lessons in the centre of Veterans Square. \*



Many Princeton area residents stood in line for free food. \*



Both young and old tried their hand at roping a 'calf' in downtown Princeton. \*





# News Leader Entertainment

Similkameen News Leader TV Guide Listings - May 10 - 16, 2011



Exciting rodeo action comes to Princeton this weekend! \*

## Princeton: The Little Town That Could

Bob Lind's memories of rodeo in Princeton...PART TWO

Bob thinks he must have liked the taste of that dirt because they still live about 300 yards from the old rodeo grounds.

There is only one other cowboy alive today from that era who was a steer decorator at the time. He went on to be the mayor of Princeton for a time. His name is John (Smudge) Rubis.

The owner of the property offered to sell a piece to the rodeo club for \$4,000. The few members of the club had never seen that much money in one place. So, once again, the grounds fell into disrepair, and sadly that land is still vacant, and still referred to as "the old rodeo grounds".

Then Stan Thompson came to town from a hay ranch near Cache Creek. He had been raised in Keremeos and his wife had been a local Princeton girl. It was Stan's love of rodeo as a bulldogger. With Terry Wright, who was competing in Washington State and BCRA rodeos, they were the main push behind building the present rodeo site.

In the early 1980's it was a humble beginning in the infield of the present race track. Bob says the first couple of years they used bucking chutes borrowed from the Indian Band in Kamloops. It proved to be quite a chore transporting and setting up the chutes, then tearing them down and returning them.

The chutes were "quite rickety". Princeton had been named the Sister City to Tonasket, Washington, and the Princeton Rodeo Club made great friends in their rodeo world. The Tonasket club had rebuilt their rodeo grounds and offered the blueprints for new bucking chutes. Bob had retired from active logging and had sold his shop and equipment to his son.

"So, we just moved in and built all steel chutes," Bob says.

Stan Thompson had come to Princeton after buying a trucking and backhoe business. He printed a big sign along the top of the backhoe cab that said 'old cowboys make good backhoe operators'. That machine had more hours digging post holes at the rodeo grounds than making money. Such was the spirit that emanated from Stan and Terry.

The rodeo just grew in leaps and bounds and was named Most Improved Rodeo several years in a row. Joey and Dave Bardgett supplied the stock for quite a few years and the club always got a quote from them for supplying stock, pick-up men and needed personnel. After the rodeo was over, the committee would get together and after a couple of beers, Joey would finally ask how much the gate had been. It was never enough but he would smile and say, "I guess that will have to do."

Roy Call and his C+ Rodeo has

been the stock contractor in recent years.

Bob took a truck and hi-boy to Vancouver and found 40,000 pounds of used pipe, enough to take down all wood construction. Over the years Princeton Rodeo Club built a rodeo facility second to none.

Bob's brother, Jim, passed away a few years ago and his wife decided to sell all his roping gear plus a great donation of cash to Princeton Rodeo Club. All the sorting pens were replaced with hi-hog panel, a new announcer's stand was built, and a very cowboy friendly VIP building in Jim's name to meet and greet contestants and their families, as well as sponsors and friends.

One of the great things to help keep rodeo alive in Princeton was the legendary Kenny McLean, who came to live on the grounds and used the big barn to train horses, encourage young people to rodeo, and teach people of all ages the spirit you need to succeed. Since Kenny's death, the barn has been designated the Kenny McLean Memorial Building.

The Little Town That Could has done so many things over the years to help rodeo survive. They had the International Pony Express ride from Tonasket to Princeton for 12 years, until the highway shoulders were paved and there were not many safe places to run a horse. Other events included the BC Team ..... continued on Page 19

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# Similkameen News Leader - Horoscopes

May 10 - 18, 2011

**Aries** - You may face financial problems for the next month, or you may have your values challenged and have to stand up for what you believe in. You have gone through a period of enjoying yourself, now it is time to speak your mind firmly.

**Taurus** - Your energy levels climb now. You may feel restless, irritable, or even aggressive. The best use of this energy is hard work. Achieve some goals, do things you have put off for too long, build your body. Avoid too much sunshine.

**Gemini** - You may have a lot of things simmering under the surface of your mind. This can be worry or frustration with some situation. Work through it. Consult experts if necessary, and make plans to resolve the issues. Guard your health.

**Cancer** - Groups you associate with can keep you very busy for the coming month but they may also be a source of annoyance. Even when you're having fun, you may feel pulled by other obligations. Seek balance between fun and duty.

**Leo** - Your career or your parents may drive you to distraction for the coming month. Take it in stride, be pleasant despite the hectic quality of your life now. Learn from experiences that come your way now. These are life lessons.

**Virgo** - Your life enters a fairly pleasant but busy phase in which you may go more places and learn a lot of new things. Money is still tight, but you're used to that now. Social activity is beneficial for the coming month, but don't neglect work.

**Libra** - You are still the serious person in a crowd of good-natured party people but that begins to change rapidly. Beware of people who were generous to you and now make you feel obligated. There may have been strings attached to generosity.

**Scorpio** - The coming month is all about relationships, and romantic lust is definitely involved. Expect the opposite sex to come on strong to you. This could be a lot of fun. If you have your eye on somebody special, look for right signals.

**Sagittarius** - The coming month is all about putting your nose to the grindstone and getting things done on the job. You can still have some fun, but you really must buckle down and stick to business. Take steps to improve health: exercise.

**Capricorn** - The month ahead is your time to have fun. Keep busy, enjoy social activities, and look for some romance in your life. Kids and pets can pose problems due to demands. If you're creative, this is a good month to achieve a lot.

**Aquarius** - Family and your home, and property, will demand a lot of your time and energy. Be careful not to overwork and exhaust yourself. Make a point of mixing work with fun. Things from the past may crop up and need fixing.

**Pisces** - This coming month is all about your ability to stand your ground and express yourself in a pleasant but firm manner. You will have to run a lot of errands, do a lot of shopping, and take care of things in your neighbourhood.

## Tuesday Movies

**EVENING**

8:00 pm WTBS ch.3 "Mimic" (1997, Horror) Mira Sorvino. Married scientists battle killer cockroaches with the ability to assume human form. (CC)

9:00 pm KNOW ch.5 "Marwencol" (2010, Documentary) Premiere. After recovering from a brutal attack

that left him in a coma, Mark Hogencamp builds a miniature World War II-era town in his backyard and creates photographic stories of its intrigues. (CC)

10:00 pm WTBS ch.3 "Mimic" (1997, Horror) Mira Sorvino. Married scientists battle killer cockroaches with the ability to assume human form. (CC)

## Wednesday Movies

**AFTERNOON**

5:00 pm WTBS ch.3 "Lakeview Terrace" (2008, Suspense) Samuel L. Jackson. A police officer, the self-proclaimed watchdog of his neighborhood, becomes increasingly hostile toward the interracial couple next door.

**EVENING**

9:00 pm WTBS ch.3 "Lakeview Terrace" (2008, Suspense) Samuel L. Jackson. A police officer, the self-proclaimed watchdog of his neighborhood, becomes increasingly hostile toward the interracial couple next door.

## Thursday Movies

**EVENING**

8:00 pm WTBS ch.3 "The Love Guru" (2008, Comedy) Mike Myers. An American-born swami must get a hockey player's marriage back on track so the man can help his team

win the Stanley Cup. 9:45 pm WTBS ch.3 "The Love Guru" (2008, Comedy) Mike Myers. An American-born swami must get a hockey player's marriage back on track so the man can help his team win the Stanley Cup.

## Friday Movies

**EVENING**

7:00 pm YTV ch.18 "Sydney White" (2007, Comedy) Amanda Bynes. A college freshman joins forces with seven misfits to take over the student government and promote fair treatment for nerd and noted alike. (In Stereo) (CC)

8:00 pm FAM ch.26 "Daddy Day Care" (2003, Comedy)

Eddie Murphy. Premiere. After company downsizing, two former executives decide to open a day-care center for kids in their neighborhood. (In Stereo) (CC)

10:00 pm FAM ch.26 "The Shaggy Dog" (2006, Comedy) Tim Allen. A workaholic prosecutor becomes infected with an experimental serum that turns him into a canine at unexpected times. (In Stereo) (CC)

# Small Business 101

## Advice on Financing a Small Business

(NC)—Whether you need start-up capital or cash to purchase equipment or manage your cash flow, access to sufficient credit is integral to running a successful small business.

Banks offer a variety of financial solutions for your business, including business lines of credit, mortgages, loans, overdraft protection and creditor insurances, and credit cards.

Alec Morley, Senior Vice President, Small Business Banking, TD Canada Trust offers his advice on how to secure financing for your small business:

1. **Decide what credit product is right for you.** There are a number of options when it comes to securing financing for your business. For example, a business line of credit is a fixed amount of money that a company can borrow but the borrower only pays interest on the amount actually used. This sort of credit will help you deal with the ever-changing demands of your business. While a business loan, which is a loan granted for the use of a busi-

ness, is an excellent way to finance purchases or expand your business.

2. **State why you need the loan.** Ensure your business plan clearly articulates the amount of money you need and accurately explains exactly what you intend to do with it.

3. **Demonstrate your ability to repay the loan.** Come armed with personal and business reports and cash flow projections to demonstrate

how you'll repay the loan.

4. **Show your passion.** You must be willing to invest some of your money into the business. Address what you would do if you didn't get the loan to demonstrate persistence and commitment to your business.

Further advice on financing a small business is available online at [www.tdcanadatrust.com/smallbusiness/resources.jsp](http://www.tdcanadatrust.com/smallbusiness/resources.jsp). - [news.canada.com](http://news.canada.com)

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# Celebration of Traditions



The April 29 & 30 Pow Wow was held in the SESS gym in Keremeos. Photo: Brenda Engel



It was hosted by District #53 Aboriginal Education Advisory Council. Photo: Brenda Engel



Friday, April 29 featured many dance categories for participants. Photo: Brenda Engel



Saturday, April 30 saw the Young Warrior and Princess Pageants. Photo: Brenda Engel



Tiny Tots, Junior and Teen Boys and Girls were involved. Photo: Brenda Engel



One of the cakes served as part of the April 29 & 30 Pow Wow. Photo: Brenda Engel



THURSDAY, MAY 12, 2011

	WTBS ch.3	CHBC ch.4	KNOW ch.5	KSPS ch.6	KHQ ch.7	KREM ch.8	A&E ch.9	KXLY ch.10	BCTV ch.11	CITY ch.12	CBC ch.13	YTV ch.18	TSN ch.19	VTV ch.22	DISC ch.24	FAM ch.26	CITY ch.29	SPIKE ch.44	TROP ch.45
6 AM :30	In the Heat of the Night	(5:30) Morning News (N)	Wibbly Pig	Thomas	News (N)	News	CSI: Miami	News	(5:30) Morning News (N)	(4:30) Morning News (N)	CBC News Now	Being Ian	SportsCentre	Canada AM	Mayday	Henry's	CityLine	CSI: NY	6 Degrees
7 AM :30	Cosby		Hi-5	Arthur	Today Will	The Early Show (N)	Criminal Minds	Good Morning America			Artzooka	Sidekick	Hockey		How/Made	Phineas	The Nate Berkus Show	CSI: Crime Scene	Tracked
8 AM :30	Cash Cab		Hi-5	Arthur	Today Will	The Early Show (N)	Criminal Minds	Good Morning America			Artzooka	Sidekick	Hockey		How/Made	Phineas	The Nate Berkus Show	CSI: Crime Scene	Tracked
9 AM :30	Family Fd	100 Huntley Street	Clifford	Super Why!		The 700 Club	The First 48	Live With Regis & Kelly	100 Huntley Street	World Vision	Super Why!	Timothy		Live With Regis & Kelly	Cash Cab	Mickey	Role	CSI: Crime Scene	Restaurant Makeover
10 AM :30	The Investigators	World Vision	Mag Fero	Sesame Street (EI)		The Price Is Right (N)	The First 48	The View (N)	World Vision	Party	Poko	Little Bear		The View (N)	Mighty Ships	Mickey	EP Daily	CSI: NY	Real Renos
11 AM :30	Forensics	World Vision	Rolie Polle	Sid	Ellen DeGeneres Show	Young & Restless	The Sopranos	Paid Prog.	World Vision	Noon News Hour (N)	Gofrette	G. Shrinks	Hockey	Marilyn Denis	Mighty Ships	Suite Life	CityLine	CSI: Crime Scene	Gold Girls
12 PM :30	King	Noon News Hour (N)	Arthur	Charlie Rose	Paid Prog.	News	CSI: Miami	All My Children (N)	Noon News Hour (N)	Days of our Lives (N)	CBC News Now (N)	Puppies		etalk	Deadliest Catch	Wizards	General Hospital (N)	Jail	Friends
1 PM :30	King	Days of our Lives (N)	Dinosaurs	Paulson	Days of our Lives (N)	The Talk	Criminal Minds	One Life to Live (N)	Days of our Lives (N)	The Doctors	Wheel	Viva Piñata		Marilyn Denis	American Loggers	Cory	Jdg Judy	Jail	Friends
2 PM :30	Friends	Young & Restless	Charlie	Barney	Judge B.	Let's Make a Deal (N)	Dog the Bounty Hunter	General Hospital (N)	Young & Restless	End/Leash	Steven and Chris	Monster	Around	Dr. Phil	Myth-Busters	Replacem	Access Hollywood Live	Jail	Gold Girls
3 PM :30	Family Guy	The Doctors	Mirabelle	WordGirl	The Doctors	Dr. Phil	The First 48	Rachael Ray	The Doctors	Young & Restless	Recipes	Kid vs. Kat	SportsCentre (N)	(2:59) The Dr. Oz Show	Cash Cab	Life Derek	CityNews at 6 (N)	Jail	Restaurant Makeover
4 PM :30	The Office	Oprah Winfrey	Rob Robot	Fetch! With George S.	Jdg Judy	Oprah Winfrey	The First 48	Seinfeld	Oprah Winfrey	Early News	NHL Hockey: Conference	SpongeBob	Hockey	Ellen DeGeneres Show	Daily Planet (N)	Phineas	How I Met	Jail	Real Renos
5 PM :30	Browns	Early News	Dino Dan	News	News (N)	News	The First 48	News	Early News	(4:59) News Hour (N)	Final: Teams TBA (N) (Live)	Parents	Basketball: Playoffs: Teams TBA.	CTV News at Five (N)	Nerve Center	Wizards	Community	Jail	Friends
6 PM :30	Law & Order: SVU	Global Nat.	Dogs	PBS News-Hour (N)	News (N)	News	The First 48 (N)	News	(5:59) News Hour (N)	ET Canada		ICarly		CTV News (N)	Nerve Center	Suite/Deck	Curb	TNA Wrestling (N)	Friends
7 PM :30	Seinfeld	Ent	Marine Machines	Educating Spokane	Jeopardy!	The Dr. Oz Show	Manhunter	Ent	Ent	The Office	News	ICarly	NHL Hockey: Detroit Red Wings at San Jose Sharks.	CSI: Crime Scene	Myth-Busters	Sonny	Parks		Family Guy
8 PM :30	Movie: *1/2 "The Love Guru"	Wipeout	Voyages of Discovery	Hustle	Community	Big Bang	Manhunter	Wipeout (N)	Wipeout	Wipeout	To Be Announced	ICarly		Big Bang	Daily Planet	Suite/Deck	News	MANswers	Real Renos
9 PM :30	Movie: *1/2 "The Love Guru" (2008)	Bones (N) (PA)	All You Need Is Klaus (N)	MI-5	The Office	CSI: Crime Scene	(9:01) The First 48	Grey's Anatomy (N)	Bones (N) (PA)	Bones	To Be Announced	8, Rules		Grey's Anatomy (N)	Nerve Center	Wingin' It	Royal Pains	MANswers	Family Guy
10 PM :30	Movie: *1/2 "The Love Guru" (2008)	The Office	Landscape	Globe Trekker	Parks	The Mentalist (N)	(10:01) The First 48	Private Practice	The Office	News Hour Final (N)	National	Family Biz		The Mentalist (N)	Nerve Center	Ned's	Justice	Trailers	Friends
11 PM :30	Investigate	CHBC News Final (N)	Picture This	Charlie Rose (N)	News (N)	News	Manhunter	News	News Hour Final (N)	Ent	George S	Prank Ptrl	SportsCentre (N)	CTV News	Myth-Busters	So Raven	Paid Prog.	MANswers	Friends

FRIDAY, MAY 13, 2011

	WTBS ch.3	CHBC ch.4	KNOW ch.5	KSPS ch.6	KHQ ch.7	KREM ch.8	A&E ch.9	KXLY ch.10	BCTV ch.11	CITY ch.12	CBC ch.13	YTV ch.18	TSN ch.19	VTV ch.22	DISC ch.24	FAM ch.26	CITY ch.29	SPIKE ch.44	TROP ch.45
6 AM :30	In the Heat of the Night	(5:30) Morning News (N)	Wibbly Pig	Bob Build	News (N)	News	CSI: Miami	News	(5:30) Morning News (N)	(4:30) Morning News (N)	CBC News Now	Being Ian	SportsCentre	Canada AM	Mayday	Henry's	CityLine	Pros vs. Joes	Comeback
7 AM :30	Cosby		Hi-5	Arthur	Today Shopping at outlet stores; soul food.	The Early Show (N)	Criminal Minds	Good Morning America			Artzooka	Beyblade	Hockey		How/Made	Phineas	The Nate Berkus Show	Pros vs. Joes	TV-Torrens
8 AM :30	Cash Cab		Hi-5	Arthur	Today Shopping at outlet stores; soul food.	The Early Show (N)	Criminal Minds	Good Morning America			Artzooka	Beyblade	Hockey		How/Made	Phineas	The Nate Berkus Show	Pros vs. Joes	TV-Torrens
9 AM :30	Family Fd	100 Huntley Street	Clifford	Super Why!		The 700 Club	Criminal Minds	Live With Regis & Kelly	100 Huntley Street	World Vision	Super Why!	Timothy		Live With Regis & Kelly	Cash Cab	Mickey	Role	Pros vs. Joes	Restaurant Makeover
10 AM :30	The Investigators	World Vision	Mag Fero	Sesame Street (EI)		The Price Is Right (N)	Criminal Minds	The View (N)	World Vision	Handyman Superstar	Poko	Little Bear		The View (N)	Mayday	Mickey	EP Daily	Pros vs. Joes	TV-Torrens
11 AM :30	Forensics	PLAN	Rolie Polle	Sid	Ellen DeGeneres Show	Young & Restless	The Sopranos	Paid Prog.	PLAN	Noon News Hour (N)	Gofrette	Babar	Hockey	Marilyn Denis	License to Drill	Suite Life	CityLine	Pros vs. Joes	Gold Girls
12 PM :30	King	Noon News Hour (N)	Arthur	Charlie Rose	Paid Prog.	News	CSI: Miami	All My Children (N)	Noon News Hour (N)	Days of our Lives (N)	CBC News Now (N)	Almost		etalk	Nerve Center	Wizards	General Hospital (N)	Disorderly Conduct	'70s Show
1 PM :30	King	Days of our Lives (N)	Dinosaurs	Watercolor	Days of our Lives (N)	The Talk	Criminal Minds	One Life to Live (N)	Days of our Lives (N)	The Doctors	Wheel	Viva Piñata		Marilyn Denis	Nerve Center	Cory	Jdg Judy	Disorderly Conduct	King
2 PM :30	Friends	Young & Restless	Charlie	Barney	Judge B.	Let's Make a Deal (N)	Criminal Minds	General Hospital (N)	Young & Restless	End/Leash	Steven and Chris	Monster	Around	Dr. Phil	Myth-Busters	Replacem	Access Hollywood Live	Disorderly Conduct	Gold Girls
3 PM :30	Family Guy	The Doctors	Mirabelle	WordGirl	The Doctors	Dr. Phil	Criminal Minds	Rachael Ray	The Doctors	Young & Restless	Recipes	Kid vs. Kat	SportsCentre (N)	(2:59) The Dr. Oz Show	Cash Cab	Life Derek	CityNews at 6 (N)	Disorderly Conduct	Restaurant Makeover
4 PM :30	The Office	Oprah Winfrey	Rob Robot	Biz Kids	Jdg Judy	Oprah Winfrey	Criminal Minds	Seinfeld	Oprah Winfrey	Early News	NHL Hockey: Conference	SpongeBob	Hockey	Ellen DeGeneres Show	Daily Planet (N)	Phineas	How I Met	Disorderly Conduct	TV-Torrens
5 PM :30	Baseball: Philadelphia Phillies at Atlanta Braves (N) (Live)	Early News	Dino Dan	News	News (N)	News	Criminal Minds	News	Early News	(4:59) News Hour (N)	Final: Teams TBA (N) (Live)	Parents	Hockey: Teams TBA (N Subject to Blackout) (Live)	CTV News at Five (N)	How/Made	Wizards	Murdoch Mysteries (N)	Disorderly Conduct	'70s Show
6 PM :30	Law & Order: SVU	Global Nat.	Dogs	PBS News-Hour (N)	News (N)	News	Criminal Minds	News	(5:59) News Hour (N)	ET Canada		ICarly		CTV News (N)	Worst Handyman	Really Me	Harry's Law	Disorderly Conduct	King
7 PM :30	Seinfeld	Ent	Warriors of the Night	Wash. News	Jeopardy!	The Dr. Oz Show	Criminal Minds	Ent	Ent	Execution Under Fire	News	Movie: ** "Sydney White" (2007) Amanda Bynes.	SportsCentre (N) (Live)	etalk	Oddities	Good Luck	My RONA Home	Disorderly Conduct	Family Guy
8 PM :30	Seinfeld	Kitchen Nightmares (N)	New Tricks "Left Field"	Need to Know (N)	Friday Night Lights (N)	Flashpoint (N)	Breakout Kings	Shark Tank	Kitchen Nightmares (N)	Kitchen Nightmares (N)	To Be Announced			Flashpoint (N)	Daily Planet	Movie: ** "Daddy Day Care"	News	Coal	Family Guy
9 PM :30	Law & Order: SVU	90210 (N)	New Tricks	Lark Rise to Candleford	Dateline NBC	CSI: NY "Exit Strategy"	(9:01) Criminal Minds	Primetime: What Would	90210 (N)	90210 (N)	To Be Announced			CSI: NY "Exit Strategy"	Worst Handyman	Connor	Without a Trace	MANswers	Family Guy
10 PM :30	Browns	Execution Under Fire	Ascent of Money	Doc Martin		Blue Bloods	(10:01) Criminal Minds	20/20 (N)	Execution Under Fire	News Hour Final (N)	National	Life Unexpected		Blue Bloods	How/Made	Movie: ** "The Shaggy Dog"	Justice	Disorderly Conduct	Family Guy
11 PM :30	The Investigators	CHBC News Final (N)	Shelby Lee Adams	Charlie Rose (N)	News (N)	News	(11:01) Criminal Minds	News	News Hour Final (N)	Ent	George S	The Next Star	SportsCentre (N)	CTV News	Oddities	Life Derek	Paid Prog.	Coal	'70s Show



# Puzzle Page

## CARTER'S Sudoku Challenge

CREATED FOR THE NEWS LEADER BY CARTER BOSWELL

### HOW TO PLAY:

Sudoku is a game of logic. There is no math involved. The object of the game is to fill the grid so that the numbers 1 through 9 appear only once in each row, column and 3 x 3 box. The numbers can appear in any order and Carter has left you some clues below.

### CHALLENGE #350 - Rated Medium

1				5				7
		9	6		1	5		
	4							6
	9		4	2				8
6				7				9
	7			6	8			3
	1	7				2	4	
		6	5		2	9		
8				4				3

**THIS WEEK'S SOLUTION:**  
Page 18

Carter's Sudoku Challenge grids, puzzles and solutions copyright 2011 Carter Boswell, Princeton, BC and published by Similkameen News Leader

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# Saturday Movies

### MORNING

8:00 am WTBS ch.3 "The Benchwarmers" (2006, Comedy) David Spade. A millionaire helps three nerdy buddies form a baseball team to compete against all the mean Little Leaguers.

10:00 am KREM ch.8 "Angel Eyes" (2001, Drama) Jennifer Lopez. A Chicago policewoman with memories of child abuse meets a man who saw his family die in a car accident.

A&E ch.9 "The Pelican Brief" (1993, Suspense) Julia Roberts. A Washington reporter helps an on-the-run law student who knows too much about a government cover-up. (CC)

### AFTERNOON

12:00 pm FAM ch.26 "Life Is Ruff" (2005, Comedy) Kyle Massey. A teenage slacker adopts a stray as part of a plan to win a large cash prize at an upcoming dog show. (In Stereo) (CC)

1:30 pm FAM ch.26 "The Even Stevens Movie" (2003, Comedy) Shia LaBeouf. Members of a

family unwittingly appear on a reality-television show after the producer sends them to an island for a vacation. (In Stereo) (CC)

5:00 pm WTBS ch.3 "3:10 to Yuma" (2007, Western) Russell Crowe. A rancher and the captive outlaw in his charge learn to respect each other on a dangerous journey to catch a train. (CC)

### EVENING

6:00 pm CITY ch.29 "Wall of Secrets" (2003, Suspense) Nicole Eggert. An architect's wife finds her perception of reality twisted after her neighbor dies under mysterious circumstances. (CC) (DVS)

7:00 pm CITY ch.12 "Desperate Hours" (2008, Drama) Tom Berenger. A police officer uses the Amber Alert system after a man kidnaps two girls. (CC)

7:30 pm WTBS ch.3 "The Guardian" (2006, Drama) Kevin Costner. A trainer in a Coast Guard program for rescue swimmers turns a cocky recruit into his protegee and takes him on a

mission to the Bering Strait. (CC) 8:00 pm CHBC ch.4 BCTV ch.11 "Desperate Hours" (2008, Drama) Tom Berenger. Premiere. A police officer uses the Amber Alert system after a man kidnaps two girls. (CC) (DVS)

KSPS ch.6 "Unforgiven" (1992, Western) Clint Eastwood. An old gunslinger, his ex-partner and a quick-draw kid go bounty hunting in a town called Big Whiskey.

KXLY ch.10 "Pirates of the Caribbean: At World's End" (2007, Action) Johnny Depp. While the Flying Dutchman ghost ship wreaks havoc on the Seven Seas, Will, Elizabeth and Barbossa unite to save Jack Sparrow from Davy Jones' locker. (In Stereo) (CC)

9:00 pm FAM ch.26 "My Dog Skip" (2000, Drama) Frankie Muniz. In 1942 a shy boy receives an exuberant Jack Russell terrier that plays matchmaker and helps protect him from bullies. (In Stereo) (CC) 10:00 pm WTBS ch.3 "3:10 to Yuma" (2007, Western) Russell Crowe. A rancher and the ..... continued on Page 19

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# Sunday Movies

### MORNING

7:00 am A&E ch.9 "The Quick and the Dead" (1995, Western) Sharon Stone. A female gunslinger enters a deadly quick-draw competition. (CC)

8:00 am WTBS ch.3 "Metro" (1997, Action) Eddie Murphy. A hostage negotiator and a SWAT marksman track a psychotic jewel thief who killed a colleague. (CC)

10:00 am WTBS ch.3 "Nothing to Lose" (1997, Comedy-Drama) Martin Lawrence. A dispirited white ad executive teams up with a black car-jacker for a crime spree. (CC)

11:00 am KREM ch.8 "The Rookie" (2002, Drama) Dennis Quaid. A high-school baseball coach makes it to the Major Leagues as a middle-aged relief pitcher.

### AFTERNOON

12:00 pm FAM ch.26 "High School Musical" (2006, Musical Comedy) Zac Efron. Students conspire to prevent a basketball star and a shy newcomer from singing in a stage production. (In Stereo) (CC)

1:00 pm KREM ch.8 "Flyboys" (2006, Historical Drama) James Franco. Several American youths volunteer for the French military before the U.S. enters World War I and later become a squadron of fighter pilots, the celebrated

Lafayette Escadrille.

1:37 pm FAM ch.26 "High School Musical 2" (2007, Musical Comedy) Zac Efron. A teenager befriends members of a wealthy family while working at a country club. (In Stereo) (CC)

2:00 pm YTV ch.18 "Stuart Little" (1999, Comedy) Geena Davis. Based on the book by E.B. White. Two human parents adopt a mouse as a little brother for their son. (In Stereo) (CC)

3:00 pm VTV ch.22 "Burn: The Robert Wright Story" (2004, Docudrama) Jonathan Scarfe. An activist goes against his mentor when protests turn violent against the oil company they believe polluted their land. (In Stereo) (CC) (DVS)

4:00 pm YTV ch.18 "Chicken Run" (2000, Comedy) Voices of Mel Gibson. Animated. A dashing rooster and the hen he loves lead an escape from a farm in 1950s England. (In Stereo) (CC)

5:00 pm WTBS ch.3 "Failure to Launch" (2006, Romance-Comedy) Matthew McConaughey. The parents of a young man who still lives at home hire a beautiful woman to entice him to finally leave the nest. (CC)

CBC ch.13 "Lemony Snicket's A Series of Unfortunate Events" (2004, Comedy) Jim Carrey. A dastardly count plots to steal an inheritance from three young orphans placed in his care. (In Stereo) (CC)

### EVENING

6:00 pm YTV ch.18 "The Tale of Despereaux" (2008, Adventure) Voices of Matthew Broderick. Premiere. Animated. In the far-away kingdom of Dor, a misfit mouse must find his inner knight in order to rescue a kidnapped princess. (In Stereo) (CC)

SPIKE ch.44 "Man on Fire" (2004, Crime Drama) Denzel Washington. Hired as a bodyguard for a young girl, a retired CIA agent takes revenge on her kidnappers in Mexico City. (In Stereo)

7:00 pm WTBS ch.3 "Failure to Launch" (2006, Romance-Comedy) Matthew McConaughey. The parents of a young man who still lives at home hire a beautiful woman to entice him to finally leave the nest. (CC)

9:00 pm FAM ch.26 "13 Going on 30" (2004, Romance-Comedy) Jennifer Garner. An uncool girl magically becomes a successful adult after making a wish at her disastrous birthday party. (In Stereo) (CC)

SPIKE ch.44 "The Exorcist" (1973, Horror) Ellen Burstyn. An actress calls upon Jesuit priests to try to end the demonic possession of her 12-year-old daughter. (In Stereo)

10:00 pm WTBS ch.3 "Failure to Launch" (2006, Romance- ..... continued on Page 19

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SATURDAY, MAY 14, 2011

Table with 20 columns (channels WTBS ch.3 to TROP ch.45) and 24 rows (times 6:00 AM to 11:30 PM). Each cell contains program titles and channel numbers.

SUNDAY, MAY 15, 2011

Table with 20 columns (channels WTBS ch.3 to TROP ch.45) and 24 rows (times 6:00 AM to 11:30 PM). Each cell contains program titles and channel numbers.



MONDAY, MAY 16, 2011

	WTBS ch.3	CHBC ch.4	KNOW ch.5	KSPS ch.6	KHQ ch.7	KREM ch.8	A&E ch.9	KXLY ch.10	BCTV ch.11	CITV ch.12	CBC ch.13	YTV ch.18	TSN ch.19	VTV ch.22	DISC ch.24	FAM ch.26	CITY ch.29	SPIKE ch.44	TROP ch.45
6 AM	In the Heat of the Night	(5:30) Morning News (N)	Wibbly Pig	Bulldog	News (N)	News	The Glades "Pilot"	News	(5:30) Morning News (N)	(4:30) Morning News (N)	CBC News Now	Being Ian	SportsCentre	Canada AM	Mayday	Henry's Franny	CityLine	CSI: NY "Sweet 16"	Spoiled
7 AM	Cosby		Hi-5	Arthur	Today (N)	The Early Show (N)	Criminal Minds	Good Morning America (N)			Artzooka	Beyblade	SportsCentre		How/Made	Phineas	The Nate Berkus Show	CSI: Crime Scene	Tooned
8 AM	Cash Cab		Maglc Bus	Curious			Dog			100 Huntley Street	Bo On/Go	Super Evil	SportsCentre		Machines	Hannah	Rachael Ray	CSI: Crime Scene	Whatever
9 AM	Family Fd	100 Huntley Street	Clifford	Super Why!		The 700 Club	The First 48	Live With Regis & Kelly	100 Huntley Street	World Vi-sion	Super Why!	Timothy	SportsCentre	Live With Regis & Kelly	Canada's Worst Driver	Mickey	Role	CSI: Crime Scene	Restaurant Makeover
10 AM	The Investi-gators	World Vi-sion	Mag Fero Splder	Sesame Street (E)		The Price Is Right (N)	The First 48	The View (N)	World Vi-sion	X-Weighted "Rae"	Poko	Little Bear	To Be An-nounced	The View (N)	Breaking Point	Mickey	EP Daily	CSI: NY	Just Shoot
11 AM	Forensics	World Vi-sion	Rolie Polie	Sid	Ellen DeGeneres Show	Young & Restless	The Sopra-nos	Paid Prog.	World Vi-sion	Noon News Hour (N)	Gofrette	Babar		Marilyn Denis	Breakout	Suite Life	CityLine	CSI: Crime Scene	Gold Girls
12 PM	Jim King	Noon News Hour (N)	Arthur	Charlie Rose	Paid Prog.	News	The Glades "Pilot"	All My Children (N)	Noon News Hour (N)	Days of our Lives (N)	CBC News Now (N)	Sidekick		etalk	Mayday	Wizards	General Hospital (N)	Jail	Wipeout
1 PM	King Earl	Days of our Lives (N)	Dinosaurs	Paint This	Days of our Lives (N)	The Talk	Criminal Minds	One Life to Live (N)	Days of our Lives (N)	The Doc-tors	Wheel	Viva Piñata	TBA	Marilyn Denis	Breakout	Cory	Jdg Judy	Jail	Wipeout
2 PM	Friends	Young & Restless	The Ocean	Barney	Judge B.	Let's Make a Deal (N)	Dog	General Hospital (N)	Young & Restless	End/Leash	Stoven and Chris	Monster		Dr. Phil	Myth-Busters	Replacemn	Access Hollywood Live	Jail	Gold Girls
3 PM	Family Guy	The Doc-tors	Mirabelle	WordGirl	The Doc-tors	Dr. Phil	The First 48	Rachael Ray	The Doc-tors	Young & Restless	Recipes	Kid vs. Kat		(2:59) The Dr. Oz Show	Worst Handyman	Life Derek	CityNews at 5 (N)	Jail	Restaurant Makeover
4 PM	MLB Baseball: Houston	Oprah Winfrey	Rob Robot	Fetch! With Wild Kratts	Jdg Judy	Oprah Winfrey	The First 48	Seinfeld	Oprah Winfrey	Early News	NHL Hockey: Conference	SpongeBob		Ellen DeGeneres Show	Daily Planet (N)	Phineas	How I Met	Jail (N)	Instant
5 PM	Astros at Atlanta Braves (N) (Live)	Early News	Dino Dan	News	News (N)	News	Criminal Minds	News	Early News	(4:59) News Hour (N)	Final: Teams TBA (N) (Live)	Parents		CTV News at Five (N)	Myth-Busters	Wizards	To Be An-nounced	Jail (N)	Wipeout
6 PM		Global Nat.	Dogs	PBS News-Hour (N)	News (N)	News	Criminal Minds "Lucky"	News	(5:59) News Hour (N)	ET Canada		ICarly		CTV News (N)	Dirty Jobs	Suite/Deck		Movie: *** "A Bronx Tale" (1993)	Wipeout
7 PM	Seinfeld	Ent	Bo the Creature	Outnumbr	Jeopardy!	The Dr. Oz Show	Criminal Minds	Ent	Ent	Hawaii Five-0 "Oia'Yo"	News	Splatalot		etalk	Worst Handyman	Sonny	Harry's Law	Robert De Niro, Chazz Palminteri.	Instant
8 PM	Law & Order: SVU	House "After Hours"	The History of Scotland	Antiques Roadshow (N)	Chuck	How I Met Mad Love	Criminal Minds	Dancing With the Stars	House "After Hours"	House "After Hours"	To Be An-nounced	ICarly		Dancing With the Stars (N)	Daily Planet	Suite/Deck	News		Tooned
9 PM	The Office	The Chi-cago Code (N)	Baroque "England"	Freedom Riders: American	The Event (N)	Two Men Mike	(9:01) Criminal Minds	(Same-day Tape)	The Chi-cago Code (N)	The Chi-cago Code (N)	To Be An-nounced	8, Rules	Speed	Myth-Busters	Sonny	The Flavor of Love	Ways Die	Parking	
10 PM	Browns	Hawaii Five-0 "Oia'Yo"	Architects of Change	Experience (N)	Law & Order: LA (N)	Hawaii Five-0 "Oia'Yo"	(10:01) Criminal Minds	(10:01) Castle	Hawaii Five-0 "Oia'Yo"	News Hour Final (N)	National	Splatalot	The Great Tournament	(10:01) Castle	Worst Handyman	Ned's	Justice	Ways Die	Wipeout
11 PM	The Investi-gators	CHBC News Final (N)	"My Son"	Charlie Rose (N)	News (N)	News	(11:01) Criminal Minds	News	News Hour Final (N)	Ent	George S	Prank Ptrl	SportsCentre	CTV News	Dirty Jobs	So Raven	Paid Prog.	Ways Die	Wipeout

# Monday Movies

**EVENING**

6:00 pm SPIKE ch.44 "A Bronx Tale" (1993, Drama) Robert De Niro. The son of an honest bus driver looks up to a local mob boss amid racial tension in 1960s New York. (In Stereo)

11:00 pm KNOW ch.5 "My Son the Pornographer" (2008, Documentary) A father tries to get his son out of the pornography business while tracking down the person who abused him as a child. (CC)

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2-bedroom renovated furnished apartment located in downtown Princeton. Includes W/D, dishwasher. No smoking, no pets. Prefer quiet professionals. \$1,150.00/month plus utilities. Available June 1st. References required. Call Lisa or Marshall 250.860.1667. Apr 26-May 10

2-bedroom renovated furnished apartment located in downtown Princeton. Includes W/D. No smoking, no pets. \$875.00/month plus utilities. Available June 1st. Prefer quiet professionals. References required. Call Lisa or Marshall 250.860.1667. Apr 26-May 10

2-bedroom mobile on river in PMHP. Asking \$775.00/month. Available May 1st. Call 250.295.5429 or 250.295.3532. May 10-24

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SOLUTIONS TO PUZZLES ON PAGE 14

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Recipe #372

**Ryza Sweet Quinoa Porridge**

**Ingredients**

- 3/4 cup (175 mL) Ryza original or vanilla
- 1 cup (250 mL) water
- 3/4 cup (175 mL) quinoa, rinsed
- 3 tbsp (50 mL) maple syrup (optional)
- 2 tbsp (25 mL) ground flax seed
- 1 tbsp (15 mL) hemp hearts
- pinch of salt
- pinch of cinnamon
- fresh fruit for topping

**Instructions**

1. Rinse quinoa in a fine mesh strainer.
2. Bring water, rice milk and salt to a boil.
3. Stir in drained quinoa, bring to a boil, then turn the heat to low and let simmer in a covered pot for 12-14 minutes, or until quinoa is cooked with some firmness still remaining.
4. Turn heat off. Add ground flax seeds, cinnamon and maple syrup, and let stand covered for another 5 minutes - the porridge should be moist but not too wet, add more rice milk if it is too dry.
5. Serve warm topped with hemp hearts and fresh fruit. Yields 2- 1 cup (250 mL) portions.

More great recipes can be found online at [www.ryza.ca](http://www.ryza.ca).

- [www.newscanada.com](http://www.newscanada.com)

If you have a favourite recipe you would like to share, contact us for details!

**226A Bridge Street, Princeton**



# Weekend Movies

**SATURDAY MOVIES**

..... continued from Page 14 captive outlaw in his charge learn to respect each other on a dangerous journey to catch a train. (CC)

10:35 pm FAM ch.26 "Curly Sue" (1991, Comedy-Drama) James Belushi. A con man targets a corporate lawyer and steals her heart with his adorable adopted daughter. (In Stereo) (CC)

**SUNDAY MOVIES**

..... continued from Page 14 Comedy) Matthew McConaughey. The parents of a young man who still lives at home hire a beautiful woman to entice him to finally leave the nest. (CC)

10:37 pm FAM ch.26 "Houseguest" (1995, Comedy) Sinbad. An impostor fools a lawyer and his family as an old friend trained in oral surgery. (In Stereo) (CC)

# The Town That Could!

..... continued from Page 9 Roping Finals, barrel racing finals, and bull riding finals. There were trail rides with the likes of Mike Puhallo who rode and recited poetry, and being entertained by the great picker and singer, then President of the Rodeo Club, Mike Theal. The Rodeo Club put on dances, had dinners honoring local pioneers, with great local entertainment and a great guest speaker, Hugh McLennan, from Kamloops. Stan Thompson was Rodeo Club President for many years. Bob Lind had a short stint as President. A lawyer by the name of Bob Wicks came to town from Vancouver to practice law in Princeton. He bought property just outside town and owned horses. He became part of the Rodeo Club and with his intelligence and schooling we figured he surely would make a team

roper. So many stories later, he survived and served as interim President. Mike Theal and Ken Crompton have been the last to keep up the struggle. Bob Lind says it has been a great part of his life. He hung up his team roping saddle last year and now

spends every chance he gets to ride in the Cascade Wilderness and share his cabin up there with friends. *The Princeton Rodeo Club hosts their annual BCRA Rodeo this weekend with 1:30 PM starts on both Saturday and Sunday.*

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**News Leader Puzzler**  
Use the May 3 News Leader to find Answers Below...

- |   |   |
|---|---|
| <p><b>Across</b></p> <p>4 Name the Princeton Museum President.</p> <p>7 What does it say on the belt buckle on the News Leader window art?</p> <p>9 Draw date June 25th for free tickets to _____ ?</p> <p>10 What breed of dog is on the News Leader window art?</p> <p>12 Who received a Life Membership to the Princeton Museum?</p> <p>13 Name the owner of Similkameen Stump Grinding Service.</p> <p>14 Name the supplement making the news these days.</p> | <p><b>Down</b></p> <p>1 Name the Race in which First Nations girls raced bareback.</p> <p>2 Name the local volunteer group with about 275 members.</p> <p>3 Name the event being held in conjunction with Fall Fair for the very first time.</p> <p>5 Name the event being held September 3rd &amp; 4th.</p> <p>6 How many seconds did cowboys used to have in the bareback event?</p> <p>8 Name the window artist who came through town.</p> <p>11 What absorbs a rock blast at Yellow Lake?</p> |
|---|---|

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# Editorial Page News Leader

Similkameen News Leader, 226A Bridge Street, PO Box 956, Princeton, BC V0X 1W0

## My Turn...

### Tips From The Election Booth

With the publication ban falling on 'newspaper day' last week I couldn't share these valuable tips with you, but I've designed this in a way that you can clip and save it for use in future elections. And let's face it, 2011 will be full of future elections.

#### Tip #1: Marking the ballot

I never, under any circumstances use an 'X' on my ballot. An 'X' means wrong and why would I pick a selection as being wrong? I always use a check mark. It indicates a correct choice and is more upbeat and positive than a big ole 'X' as far as I'm concerned.

Sometimes I'll use a happy face or I'll scribble out all the other choices and just leave mine with a check mark. Some returning officers hate guys like me, but when it comes down to recounts ballots like mine become important as if I've at least indicated intent, my ballot gets counted. Sometimes the happy face is a welcome sight after a long night of counting ballots, so in a way I'm also giving those hard workers a tip of the hat.

#### Tip #2: The voting pencil

I never, under any circumstances use the pencil left in the ballot booth. Have you any idea how many noses, ears and mouths that thing has been in before you get to use it? I take along a small package of coloured pencils. I will often draw my happy face or check mark in the colour of the political party my selection represents. Again, it shows intent and gets counted.

#### Tip #3: Following instructions

I always share a kind word or a joke with the people at the polling station I'm casting my ballot at and I will always do exactly as they tell me when it comes to giving them the paperwork they require to do their job. Although they make far more per hour than I do, there's no way I'd want to explain hundreds of times how to hand back the ballot with the number stub showing, or whatever, so I will do whatever I can to help the election day workers.

#### Tip #4: Acknowledge scrutineers

Sure, they are often just trying to tally how many party faithful have actually gone to vote and will take that data and start a phone campaign to encourage others to vote before the polls close, but it's all done voluntarily. And let's face it, unless you are voting in a country where someone stands in the voting booth with you holding a gun to your head, the scrutineers really have no clue if you are actually voting as they suspect. So I like to say hello to them to let them know I see them and make sure they mark down I was there.

Need more election tips? More to come, as we get closer to the next election. Along with reasons why you should vote, regardless of how you feel about the candidates.



Tia Smith got in the spirit of things during Princeton Mining Day, May 3rd. \*

## ...Your Turn

### More On Princeton Fairgrounds

To the Editor:  
P.X.A. - MY TURN TO TELL THINGS

Well, here we go again. When will this Town Council realize what they have at the P.X.A. grounds? George Elliott hit the nail right on the head with his article last week.

Everyone enjoys going to the rodeo, they absolutely love the horse races, because it involves gambling and the fall fair is something for the whole family to enjoy, but the Town Council just can't get it through their thick heads that this property at the P.X.A. grounds is a gold mine.

Our fairgrounds brings more people to town than any other facility we have - how many other towns have a rodeo arena, racetrack, agricultural barn and fall fair heritage buildings with a spectacular view thrown in on the same site?

I am sure that if they did have these things they would try their best to keep up with the repairs, maintenance, etc. and not start thinking about an aquatic center which they don't need and

couldn't afford the upkeep!

IF THE TOWN OF PRINCETON CAN'T AFFORD FUNDING WHEN A REQUEST IS MADE FOR HELP FROM THE P.X.A. FOR THE FAIRGROUNDS, HOW IN GOD'S NAME DO THEY THINK THEY CAN AFFORD THE UPKEEP OF AN INDOOR POOL?

When I was Secretary of the P.X.A. I saw an article in the newspaper stating that anyone that had an unsightly fence around their property was asked to either repair it or replace it. I sent a letter to the Town Council stating that the P.X.A. grounds needed a new fence around the property and seeing that this property is owned by the Town of Princeton then they should put up a new fence.

I never got an answer to my letter and the unsightly fence is still there. Take a look at it the next time you drive by the Fairgrounds, you can't miss it, it is the one alongside the ag barn!

I have been wanting to put an article in the papers about the things that the P.X.A. has asked

for from the Town and never received, but I felt that I should not rock the boat, but I am no longer involved with the P.X.A. or the other organizations that use the fairgrounds due to health reasons and now I feel I must speak out.

I am not saying that the Town refused every request, they have always been there when we needed the grounds mowed, the water shut off in the fall and the lines blown out.

They have loaned us their garbage truck for events and their water truck to settle the dust for the Rodeo and Racing Days.

They have also given us funds when we needed small repairs done, but I feel that because they own the grounds they should pay for the upkeep.

Just think, if we didn't have the fairgrounds where would people go to play? Scary thought isn't it! Stay tuned as I have more things to say on this topic.

Hopefully I will be able to give you more reading material next week.

- Carol Ruoss, Princeton

## Similkameen News Leader

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#### EDITORIAL GUIDE

We would like you to write to us, but please remember to abide by anti-discrimination laws. The News Leader reserves the right to refuse to print any letter which is not signed by the writer or is slanderous, libelous or of uncommon sense! The Editor reserves the right to condense any letter or to substitute proper language for improper language.





# Current Comment

## April Was A Peculiar Month



**Dawn Johnson**  
editor@thenewsleader.ca

As Mark Twain said, "Everybody talks about the weather, but nobody does anything about it."

That could be said about a lot of things going on in April. Not only was the weather lousy, averaging five degrees below normal, there were other things everybody talked about but nobody did anything about.

First, there was the election, which everybody talked about, but this election had a very undemocratic side to it, and everybody talked about it, but nobody did anything about it. I am talking about the exclusion of Elizabeth May from the national debate on television. She is the leader of the Green Party, a political party that fielded candidates right across Canada, unlike the Bloc Quebecois, who put candidates in place in Quebec only.

What really choked me was the fact that the television executives decided who should be heard and who should not. I do not like the idea that television executives decide what voters should hear about politics. To me, that is media interference in the election process. I was further disgusted by the leaders of the parties that did get their chance to be heard. If they were truly democratic, they would have decided not to appear at the debate in protest of the lack of democracy involved. Nobody did anything about it.

Another peculiar thing that happened was, despite Fukushima and the radioactive fallout from the disaster, nobody spoke about it during the election. Elizabeth May would have spoken about it, and did on the net, but she did not have her chance to be heard. None of the candidates talked about the impact of the disaster on our economy, and there will be an impact. Of course, I did not expect the Conservatives to bring up the subject because they were at the helm of government when Linda

Keen was fired because she would not approve restarting the Chalk River nuclear plant because she says it is not safe, it is old and sits on a fault line.

April was Cancer Month, with its lapel daffodils and donations campaign. I would have thought they might have talked about the need for protection against fallout considering radiation is the primary cause of cancer. No, they only campaign to aid cancer research, not to stop the cause of cancer. Deepak Chopra probably had it right when he said, "More people live off cancer than die from it."

On World Cancer Day, I listened to a doctor who has treated cancer patients for the past 30 years. His video on the net was touching as he described how, when he first began treating cancer patients, one in seven people had cancer. Now it is one in four, and he predicted it would be five out of 10 in a few years. For those of you poor at math, five out of 10 means every second person.

Then, as if he were programmed, he blamed it on smoking, pollution and obesity. There you go. If you get cancer, it is your own fault. What he also said was that it is getting worse in countries trying to be more industrialized, like North America.

Guess where all the new nuclear power plants are being built?

Everybody talks about how nuclear power plants are not safe. Dr. Sue Wareham of Canberra, Australia, stated in Canberra Times, "No one talks about safe nuclear power because it doesn't exist."

Nobody does anything about it.

Wall Street Daily did say something about it which should be helpful to investors in companies like Entergy, Constellation Energy, General Electric and other big energy corporations who own nuclear power plants. Wall Street Daily said nobody can avoid incidents like Fukushima because nobody can predict what Mother Nature will throw at them (like tornadoes knocking out two nuclear power

plants in Tennessee). The blog went on to say that smart investors will put their money into wind and solar power because by the time any more nuclear power plants can be constructed, they will not be needed. In short, they are an obsolete technology with a serious downside. Of course, nobody seems to be doing anything about that, not our federal government, not Obama, either. (Of course, I learned Obama has close ties to the nuclear power industry.) They are promising more tax dollars to build more plants.

Then I heard about another peculiar development which is much more positive. A worldwide movement is growing. It is about standing together for what we believe is right. It stems from the peaceful gatherings in Egypt which has moved into the Middle East. The idea is for people to leave their homes and gather together on June 11 at 7:00 PM to stand up for what they believe would be good for the world. This reminds me of the sort of thing Martin Luther King, Jr. started during the 1960's, peaceful demonstrations to show government what the people wanted. I can go out with a picket sign that says "End the Nuclear Poison Industry". My daughter wants to stand together to end Canada's poverty. Maybe somebody would like to stand together to end homelessness.

I think this is a great idea because, judging by most of the election advertising and speeches, damned few politicians seem to know what Canadians want.

One more peculiar thing about April that our politicians did not seem to notice. I guess they and their advisors don't spend much time on the net or YouTube. There is a political revolution going on in Canada, spurred by our young people, and they seem to know what is really important for Canada's people. I have a feeling the Old Guard politicians are on their way out. One more election will finish them off if they don't smarten up quick. That's probably a good thing.

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Grade 3 students had fun last week baking cookies at PSS. Photo: Adam Gullason

Letter To The Editor

**A look at the Royal Wedding**

To The Editor,  
 Hitched!

The Brits recently celebrated the wedding of Prince William and Kate, their future King and Queen. It was a world-wide spectacular extravaganza in vivid color and commentary.

Not to be outdone, we in Canada participated in an elaborate \$300 to \$400 million dollar marriage of sorts in a Federal election.

Mr. Steven Harper, leader of the Conservatives, the party of the right, walked down the aisle to his betrothed Mr. Jack Layton, leader of the N.D.P., the party of the left.

Gracing this idyllic scene was their

own little flower girl, the lovely, bubbly unsuppressable Ms. Elizabeth May of the Green party.

We could clearly hear the words of the former Liberal party (a meld of the left and the right) leader, Michael Ignatieff as he commenced the ceremony:

"Do you Steven, take Jack as your enduring Opposition Leader, to listen to, respect and mold?"

"I do!"

"Do you Jack, take Steven to be your Prime Minister, to respect, guide and make sure he does as he's been told?"

"I do!"

"Now with the little bit of power remaining in me, I, Michael Ignatieff, pronounce you Steven and you Jack as bound together as Canada's 'new' Liberal Government. Peace be with you brothers, and remember not pieces."

The flower girl, Ms. May, overjoyed to be part of the ceremony, beamed her approval by hopping, skipping and showering her prudently plucked dandelions along the path as the wedding party made their way across the country.

Business and jobs with a social conscience?

- Joe Schwarz, Princeton



Baking cookies is a lot of work. And it takes some time. Photo: Adam Gullason



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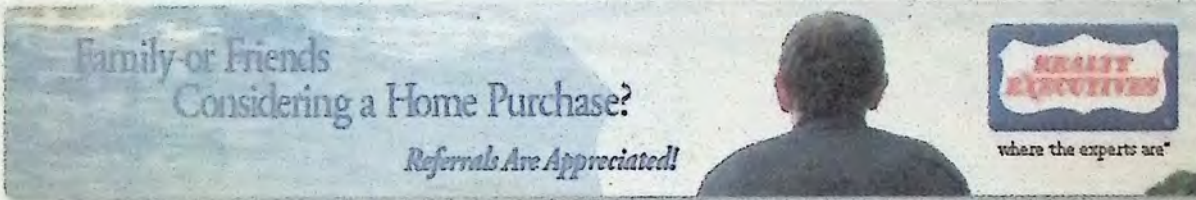
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**457 Pasayten Valley Road**



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CONTINGENT. A truly unique property with close to 600 feet of river front, up near the Alpine meadows. Just outside your door step you can cast your fly rod for tasty pan fries, collect edible mushrooms, berries or herbs for tea, and if the story be true - just sit on the deck and wait for that buck to make his acquaintance with your rifle. MLS © 111421 \$199,800

**840 Cawston Avenue**



**NEW!**

This is truly a worry-free home with a newer metal roof and consistent updates where the yard is easily maintained as well as very private. New laminate and paint throughout. Each of the upper bedrooms have their own deck to let you absorb the beauty and majesty of the surrounding mountains. MLS © 130629 \$155,900

**204-66 Angela Avenue**



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**5497 Webster Street**



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