



Similkameen

News Leader

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Volume 14 Issue 30 #691 ISSN 1712-090X

Tuesday, July 26, 2011

Who's Working For You? See Below!



Hanna Pederson of Gundy carries our flag during Grand Entry to the July 23rd Little Britches Rodeo. *

More \$\$\$ for rural hospitals

At the July 18 Town Council meeting, Mayor Randy McLean and Councillor Marilyn Harkness discussed a recent government plan to allocate more money for rural hospital emergency services. How the government will use the money is not specific at this point. Councillor Harkness will look into how it can benefit the situation at Princeton General Hospital.

In a health related matter during question period, a local citizen raised the question of whether Council would consider a plan presented by Bob Sterne of Coalmont. This would be an alternative to building an aquatic centre. Sterne's idea was to have Council buy a home and

then offer it to a doctor as an incentive to stay in Princeton. For every year the doctor would stay, he or she would earn equity in a home.

Mayor McLean said Council has already launched the referendum process, meaning it is too late to offer alternatives on a formal basis. Mayor McLean did suggest making the public aware of the alternative might influence votes in the referendum.

Councillor Harkness said the Health Committee, which is responsible for recruiting health care professionals, found that young doctors are interested in lifestyle, not in acquiring a home, and they are not interested in long term commitments.

PXA talks spending budget

The talk became hot and heavy for awhile at the July 19 Princeton Exhibition Association (PXA) meeting. Expenses at this time of year are always high, but new expenses have cropped up and income has to be carefully balanced against expenses. This year, two unforeseen expenses will require at least \$3,500 to maintain the property.

The roof of the agricultural barn needs repairs, and a \$3,170 quote from All Purpose Roofing was approved over a higher quote from another company. In addition, a number of pressure reduction valves had to be purchased due to fluctuating water pressure that caused leakage in a number of

locations on the grounds. These leaks will have to be repaired as well, but no budget was set to have that work done.

Mucking out the barns was hired out due to lack of sufficient volunteers, adding another \$545 in expenses, and the cost of handyman work is mounting, despite what volunteers can do. A total of \$5,814 was spent in June alone. This amount included the high cost of electricity, along with other expenses.

Rodeo Club President Ken Crompton pointed out a need to repair and replace parts of the rodeo arena, cost undetermined. There is no budget for this work at this time. Crompton complained of

the excessive amount of weeds that needed to be removed around the rodeo arena before the Little Britches Rodeo, and lack of people to do it.

The weeds are not usually a problem but a wet year has contributed to exceptional growth. Crompton told PXA members the Rodeo Club plans to purchase a small portable sound system to use on occasions when the big system is not needed.

This will cost more than \$1,000 and the Rodeo Club is hoping other user groups would share the cost.

Racing Days President John Bey advised PXA of another expenditure required for the next horse racing event on September 3. Two small speakers are needed for the announcer's booth on the roof, as the old ones have quit working.

Income did not match expenditures, but that is normal. Rentals of

stalls, caretaker lots, tree planters camp and horse clinic were the major incomes for June.

The three user groups will pay \$1,200 each for use of the grounds and facilities. There is just one more major event, the Fall Fair and horse races taking place Labour Day weekend.

The PXA plans to advise Town Council of the ongoing maintenance work and costs.

Sego starts drilling this week

Sego Resources Inc. ("Sego" or the "Company") has received a Multi-Year Area Based Permit from the Ministry of Energy and Mines that is valid for 5 years.

The permit is for percussion drilling, diamond drilling and trenching on Sego's Miner

Mountain Project near Princeton.

Percussion Drilling will start on July 25th with an initial percussion drill program as recommended by consultant Vic Preto, Ph.D., P.Eng. in his report of June 17, 2011.

This report is available on Sego's website www.segoresources.com.

Sego Resources Inc.'s primary project is the Miner Mountain Project a Copper Gold Porphyry Project near Princeton, 15 kilometres north of Copper Mountain

Mining Corporation's former copper producer, (closed 1996).

Copper Mountain Mining Corporation has since reopened and is shipping ore. The Miner Mountain Project is situated within the Traditional Territory of the Upper Similkameen Indian Band with whom Sego has an MOU. Sego estimates the Miner Mountain property to be 2,056.54 hectares in size. -submitted

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Published Weekly in Princeton, BC by Bengel Publishing Inc. 226A Bridge Street, PO Box 956, Princeton, BC V0X 1W0
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Little Britches Rodeo



In the words of Rodeo Club President Ken Crompton, there was lots of swag to be won at the Little Britches Rodeo held July 23 and 24 at Princeton Fairgrounds.*



Troy Holmes of Merritt finishes the Junior Boys Goat Tail Tying event.*



Tyler Pederson of Gundy during his Junior Boys Stake Race July 23rd.*



Even competitors helped out during Little Britches Rodeo. Senior Girls Breakaway Roping entrant Keira Smith of Peachland assists with pole placement.*



Talk about improvising! Early on the Saturday of Little Britches Rodeo the tractor broke down. Junior Rodeo Princess Taneesha Beaupre offered use of one of her crutches.*



Pole Bending action with Gracie Garthwaite of Logan Lake on July 23rd.*

Council deals with events, projects

A lot of decisions were made at the July 18 Town Council meeting, ranging from praise for Patrick Robins and a team of volunteers who made the air show a success, to the fact that the zigzag path will be repaired in the near future.

Mayor Randy McLean noted that Councillor Ray Jarvis was in hospital during the air show, but the mayor assured Council he had praised Councillor Jarvis in a speech made at the opening of the air show.

The portion of the TransCanada Trail, from the Bridge of Dreams to Weyerhaeuser, will be paved sometime soon.

Similkameen Valley Planning Society watershed study has found the Similkameen River is one of the better monitored watershed areas due to its status as an international river. The next project under consideration by the society is a valley tourism workshop which will probably take place this fall.

Councillor Jason Earle is working on a plan to deal with the deer problem. He will make the plan public at the next Town Council meeting, scheduled for August 15.

Council decided to sponsor the Little Britches Rodeo in the amount of \$1,000, but advised the

organizers that, in future, they should submit a grant request during the budget planning period (November-February).

Council gave permission to Recreation Sites and Trails BC to erect a sign to direct people to the three recreation sites on Chain, Link and Osprey Lakes. The proposed site for the sign is on Old Hedley Road at the junction with Highway 40. Council requested some consultation to coordinate the sign with other tourism signage which is being planned.

Council received a request from the Legion to place an advertisement in a Legion-sponsored publication. Council refused the request as the book is not a local project, but said Council would make an equivalent contribution to a local Legion project.

The Council of Senior Citizens Organizations of BC asked Council to support a motion at the UBCM convention that would petition the BC government to drop medical services premiums for all seniors. BC is the only province in which seniors pay medical services premiums, although the premiums are scaled to income. Town Council agreed to support this motion.

The final approval for a housing

development on Similkameen Avenue was granted by Council. All of the requirements have been met, and the developer can now proceed.

Rotarians and the Traditional Music Society joined forces to

Manning Park part of expansion plans

The Ministry of Environment and Encorp Pacific are continuing their initiative to bring a 'bear smart' recycling program to B.C. provincial parks with the goal of keeping parks safe and clean.

The specially designed bear-proof metal bins encourage park users to be diligent about recycling their used beverage containers. Sixty-one new bear-proof recycle bins are being placed in eight popular BC Parks: Cultus Lake (near Chilliwack), Goldstream (near Victoria), Rath Trevor Beach (near Parksville), Alice Lake (near Squamish), Paul Lake (near Kamloops), Wells Gray (near Clearwater), Manning (in between Hope and Princeton) and Golden Ears (near Maple Ridge).

Encorp Pacific has contributed 121 recycling bins to the program with a total value of \$184,000.

Expanding on a successful pilot launched in May 2009, the program

make a request to Council for permission to hold the Rotary "Taste of Ales" event in conjunction with the Traditional Music Festival. The Taste of Ales would set up in Veterans Square for the Friday evening of the event. Rotary

President Judy Short said she had discussed it with the RCMP who said it would be acceptable if all of the RCMP requirements were met. Council agreed with the plan but advised Short she would have to take it to the CAPE committee.

promotes responsible recycling in provincial parks while deterring bears. Once bears find an easily accessible source of food, they often return to those areas. Encorp's 'bear smart' recycling initiative is helping to reduce the number of bear-human conflicts.

The 'bear smart' recycling program's main goal is to encourage industries to be more responsible for managing what happens to their products once the consumer is done using them. BC

Parks and Encorp Pacific will continue to promote effective waste management systems.

Encorp Pacific is a stewardship program and industry-led agency that is responsible for management and recycling of empty beverage containers.

Encorp's mandate is to develop, manage and improve systems to ensure that used containers are properly recycled and diverted from landfills.

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Town of PRINCETON

Princeton Town Hall News

MEETING AUGUST 2, 2011

Council will be holding a Regular Meeting of Council, that was previously cancelled, on August 2, 2011 in the Library Meeting Room to consider a Development Variance Permit Application.

SUMMER EXERCISE PROGRAMS

CENTENNIAL POOL 250-295-6535
Lane Swim M to F 12:00-1:00pm
Aqua size classes T/Th 7:15-8:30pm
Lane Swim T/Th 7:15-8:30pm
Drop in Adult \$4.00 Senior/Students \$2.50

RIVERSIDE CENTRE 250-295-6067
Yoga Classes T/Th 5:30-7:00pm
Drop in \$8.00 Bring your own mat or towel

PRINCETON & DISTRICT AQUATIC CENTRE REFERENDUM

VOTE SEPT. 24

INFORMATION BROCHURES AVAILABLE AT TOWN HALL AND RIVERSIDE CENTRE

THANK YOU

It takes a lot of volunteers and sponsors to produce the Princeton Air Show and it would not succeed without their contributions. The Airport Select Committee, Town of Princeton Mayor and Council, and Air Show Organizers salute and thank all those who have contributed so much. This event continues as a result of their effort.

Sincere thanks to all our volunteers, emergency services, security and sponsors that made the Air Show a huge success.

Thank you to all of the volunteers from Princeton, Tulameen, Oliver, Westbank, Maple Ridge, and Penticton who helped with gate entrances, hosting, garbage pickup, fly ins, tarmac support, program selling, security, setup and cleanup.

Thanks too, to the many groups who volunteered, including: the Princeton Volunteer Fire Department, Search and Rescue, the RCMP, C.O.P.S., Princeton Highway Rescue, Similkameen ATV Club, our town crew, Penticton Cadets, Dave Woodruff, and the Princeton Ambassadors. Thank you to the local businesses who sponsored fantastic meals for our volunteers, pilots and emergency services, including: Coopers Foods, Brown Bridge Pub, Billy's Restaurant, Cowboy Coffee, and Princeton Loonie Bin/Bakery. Thank you to the local vendors and not-for-profit groups for setting up concessions, face-painting, and information booths.

Thank you to the Princeton Air Show sponsors, including: the Similkameen Spotlight, eZ Rock - Sun fm - Astral Media, The Penticton Herald, Copper Mountain Mining Corporation, Costco Foods, Envirogreen Technologies Ltd., Executive Flight Centre, Global Okanagan, Kinetics Drive Solutions, Neil W. Humphrey, webmaster, Princeton Glass, Sandman Hotel Group, Budget Rent-a-Car, Ron Harkness & Princeton Plaza, Swelled Head Productions, Thompson Okanagan Tourism Association, True Consulting Group, West Coast Farm & Industrial Equipment, Weyerhaeuser and Young Anderson, Barristers & Solicitors, Princeton Builders Mart, Princeton Brewing Co., and the Royal Canadian Legion.

If we've forgotten you, thank you.

SUMMER FUN-REGISTER TODAY

Oh no my program was cancelled! Nothing kills a great program like last minute registration. Please register prior to the deadline so that disappointment in a program cancelling can be avoided.

DEADLINE FOR REGISTRATION FOR ALL PROGRAMS BELOW IS FRIDAY, JULY 29. Stop in at town hall for a registration package and to sign up today.

SUMMER ADVENTURE TOURS

Let's fill the Posse Bus for trip out of town to a fantastic summer destination. Suitable for pre-teens aged 10 + and Youth. Families are welcome to join in the fun with younger children.

Kelowna H2O Aquatic Centre	\$40	August 3
Cultus Lake Water Park	\$55	TBA

- Interest list is being accumulated for August

Vancouver Aquarium Sleepover \$140 child/youth \$90 adult August 16 to 17th

MOUNTAIN BIKE SKILLS PROGRAMS

Princeton Parks, Recreation and Culture has invited Joel Harwood, a mountain bike coach/guide from Squamish, to our community to offer skill development for mountain biking enthusiast of all ages.

August 8-13 Helmets are mandatory

PMB KIDS CAMP	Ages: 6-12 yrs
4 day camp/\$75 9am-1pm	M-Th

PMB TEEN X-TREME	Ages: 13-18 yrs
3 days/\$80 2-6pm M/W	9am-5pm F

PMB ADULT WORKSHOP	XC/DH Trails
1 day/\$38 9am-2pm	Sat

Small participant numbers make this a great place for the beginner and experienced riders to learn, have fun and receive personal attention.

CALL THE RECREATION OFFICE AT 250-295-6067 TO LEARN MORE.

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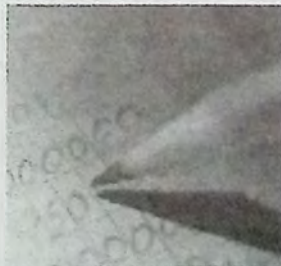
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Keremeos News



Keremeos Volunteer Fire Department welcomes three new recruits, from left, Stephen Taylor, Nelson Tallio and Jason Wiebe. The trio look prepared for just about anything. Photo: Melanie Bagley

KVFD welcomes new recruits

by Melanie Bagley

"I've always wanted to do volunteer firefighting," says Nelson Tallio, one of the three new recruits who started training with the Keremeos Volunteer Fire Department on Saturday, July 23.

Tallio, who works for the Lower Similkameen Indian Band, is a member for the Nuxalk Nation in Bella Coola. The Nuxalk Nation

has its own firefighting crew but Tallio had no time to volunteer. Now, having lived in the Similkameen for 10 years, he is finally able to be part of a firefighting team.

New recruit, Stephen Taylor, has also wanted to be a volunteer firefighter for a while.

"I want to be a positive member of the community," says Taylor who

recently moved from Kelowna to work on an organic farm with the aim of someday owning his own organic farm.

The third recruit, Jason Wiebe, moved into the Similkameen two years ago to become the Minister of the Elim Tabernacle Church. When it comes to being a firefighter, Jason Wiebe has a good idea of what he's let himself in for as he was a firefighter in Port Alice, Vancouver Island, for four years.

Putting the firefighters through their paces is Training Officer D'Arcy Bridgman. The recruits will be undertaking three full days of special rookie training on safety, self-contained breathing apparatus, hoses, ladders and search and rescue as well as joining in with the regular firefighters during their Tuesday evening practice night.

Being a volunteer firefighter means sometimes sitting down for a meal and not even tasting the food before the pager goes off. It can mean working in the blazing heat in the middle of the day or working in snow in the middle of the night.

It means many hours of training when sometimes there isn't a call for weeks and sometimes there are calls back to back. It can involve small fires or fully involved structure fires, helping with fender benders or cutting people out of cars. It can make a difference in people's lives. Once a person becomes a firefighter their life is changed forever. The Keremeos firefighters welcome these dedicated new recruits into their team.

Box theatre encourages creativity

Big Boxes full of important stories will be this year's fare as Similkameen Family Literacy presents a one-week theatre camp for kids 7 to 12 years.

It happens at the Keremeos Grist Mill and Gardens from 9:00 AM to 12 Noon Monday through Friday, August 15th to 19th.

Grownups are welcome to attend to help out as the kids manage an appliance box sized theatre of their own.

Inside the box go sets, lights, sounds and whatever the youngster's imagination and the materials on hand permit.

Each youngster will be supported in developing their own 60 to 90 second piece of story theatre.

Then, it's show time!

"From pirates to princesses, fortune tellers to flamenco dancers and

space aliens to jungle explorers, the play will be whatever the box theatre manager decides," says Dave Cursons, local Family Literacy coordinator.

Cursons is collecting heavy cardboard containers of the sort used to ship appliances like refrigerators, washers, dryers and ranges. Donors can arrange cardboard box pick-up through 250.499.2352 Local 107.

Registration for Box Theatre is limited.

To pre-register call Lower Similkameen Community Services 8:00 AM to 12 Noon, Monday to Friday at 250.499.2352. Ask for Cheri Mitchell.

The goal of Similkameen Family Literacy is to advance the enjoyment and good use of language in heard, spoken, read and written communication for all ages.

Similkameen
News Leader

www.thenewsleader.info



The actors take a bow, from left, Benjamin Wardle, Chelsea Turner, Marcus Stusek and Heather Motut following a performance of Barefoot in the Park. Photo: Brenda Engel

Theatre group goes barefoot

by George Elliott

Okay, I admit I just haven't been very good at attending plays at Riverside Theatre.

In fact, the only one I had seen was Princeton Performing Arts Society's very first one, The Mousetrap.

My excuse?

I don't have one and after attending River Road Theatre's presentation of Barefoot In The Park on July 22nd, I guess I will have to change my ways.

Quick history lesson: Neil Simon's play, Barefoot In The Park, originally opened on Broadway in 1963 and was followed by a movie of the same name in 1967 featuring Robert Redford and Jane Fonda.

In River Road's adaptation a total of four actors played five roles.

Without giving away much of the story, Corie (Chelsea Turner) and Paul Bratter (Marcus Stusek) have just moved into a small apartment on the fifth (or maybe the sixth, if you count the stoop) floor of a building on East 48th Street in New York City.

The couple were married just six days before and Turner is a convincing, and adorable, newlywed trying to make everything perfect for her soon-to-be lawyer husband, played by Stusek who not only gets the majority of the best lines in the play, but delivers them with impeccable deadpan comedic timing.

Nowhere has the phrase, "One flight up" been so funny.

Nowhere in recent memory have I seen my wife, Brenda laugh so much.

Benjamin Wardle handles the task of playing two roles (telephone repairman Harry Pepper and nutty upstairs neighbour Victor Velasco) with ease. Both appear to be comic relief, but Wardle makes them real. And funny.

Heather Motut, who is in reality close to Turner in age, plays Corie's mother Ethel Banks and pulls off the physical comedy with ease. Her expressions were priceless as were her reactions to a number of situations. She didn't need many lines as her face said so much more than pages of dialogue could have.

One thing that really stood out for me, aside from Stusek's performance and how adorable Turner was, was the set change between the first two scenes in the first act. The virtually empty apartment was transformed into a fully furnished living space in about 90-seconds.

How they managed to do that so quickly and so quietly will likely be a secret that will never be revealed.

The play was a nice refreshing change for us from staying home in front of the DVD player watching something we pretty much have memorized from watching over and over again.

And Brenda's observation later that evening was interesting. She said watching the play was much like sitting in and watching someone's life unfold in front of you.

Almost as if we were peeking into someone's apartment and watching what they were doing.

In all, solid performances by all and I can't believe how fortunate we are to have River Road Theatre

spend their summer with us. I also can't wait for their next production: The 39 Steps.

www.gotpeppers.info

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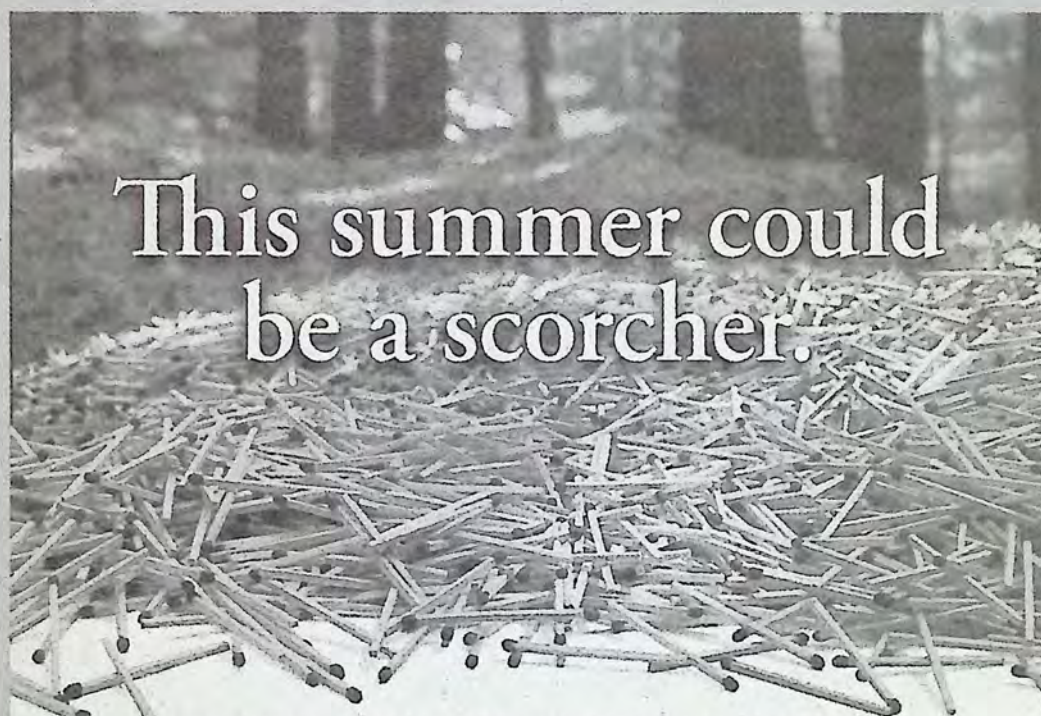
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Interior Health

**EMERGENCY DEPARTMENT
Temporary Service Changes**

Due to limited physician availability in August, there will be times when only the most urgent cases will be seen by the physician on call.

Patients with less urgent matters will be assessed by our trained nurses but, depending on their condition, may be transferred to a nearby hospital for care or offered appropriate options.

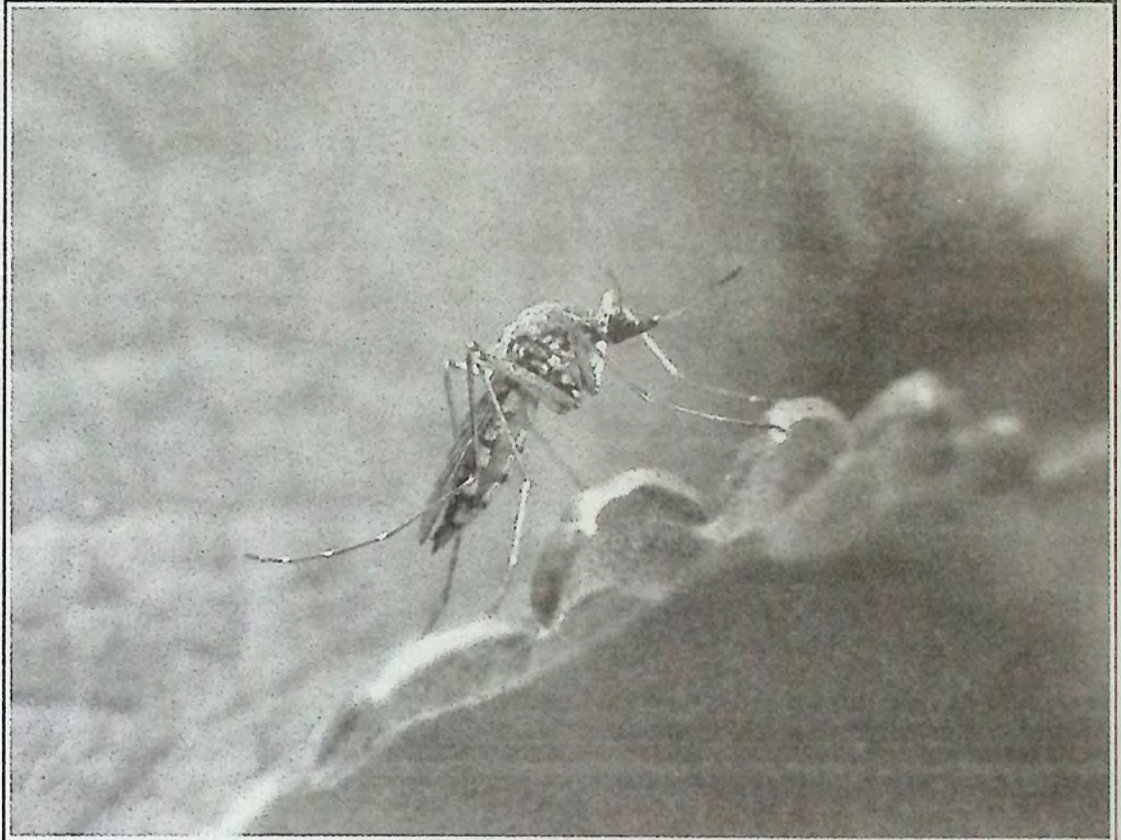
If this is the case, it's important to come prepared:
Bring your wallet, shoes, clothes and
make arrangements for the return home.

Times when patients can anticipate this
adjusted physician response are:

Thursday, August 4 - 12:00 AM (Midnight) to 8:00 AM
Monday, August 8 - 12:00 AM (Midnight) to 8:00 AM
Saturday, August 20 - 12:00 AM (Midnight) to 8:00 AM
Sunday, August 21 - 12:00 AM (Midnight) to 8:00 AM
Tuesday, August 30 - 12:00 AM (Midnight) to 8:00 AM

Interior Health will post further dates as they are available.

Health / Lifestyle News



Mosquitoes are nasty little things! Photo: Bryan Smith

**Don't give mosquitoes a chance —
Take back the summer and get outside!**

(NC)—Despite our undying love for hockey and our ability to withstand long cold winters, when summer arrives, most Canadians never want it to end. In fact, according to a recent survey conducted by Vision Critical on behalf of OFF!, many Canadians would go to drastic lengths to extend summer by a month — 32 per cent would forgo their morning coffee, 40 per cent would lose an hour of sleep and 41 per cent would even give up their smartphones for a day!

Unfortunately, while warmer temperatures usually signal the start of much-anticipated outdoor fun, they also bring unwanted guests onto our patios and backyards — bothersome mosquitoes and bugs that often ruin our favourite summer moments.

According to the same survey, more than half of Canadians (53 per cent) have stayed indoors to avoid being bitten by bugs during the summer season, with 16 per cent saying they

spend more than three hours a day or more indoors to avoid annoying insects.

"Besides the nuisance factor, stinging or biting insects can sometimes present a threat to our health," says Jim Lovisek, professional animal and insect wrangler, who partnered with OFF! to help Canadians spend more bug-free time outdoors. "Long-lasting insect repellents provide the best protection when mosquitoes are at their worst — but too often, we forget to pack repellents to keep ourselves and our families pro-

tected."

Part of summer fun is being spontaneous — whether it's a last-minute hike in the great outdoors or an impromptu picnic in the park. Packing a portable mosquito repellent such as OFF! Mini Spray in the golf bag, tackle box or back pack helps protect from bothersome bugs in any situation or setting — and is the easiest way to extend the summer season.

More tips on managing unwanted insects this season are available online at www.bugsmart.ca.

Living Past 100

It's The Berries For Good Health

This is the season for berries - raspberries and blueberries. Berries are not cheap to buy, but they are wonderful food, and they are grown close to home in the summer. All berries freeze well, and all of them make excellent jams and jellies at about half the price you pay for the prepared product.

Blueberries are definitely the top of the list for health benefits. They are so good at fighting viruses that in Sweden doctors prescribe "blueberry soup" for colds and flu. Blueberry soup is sold in grocery stores in Sweden, but you can make your own simply by putting a cup of blueberries in a blender or mashing the berries. Serve like soup.

Currants, both black and red, are excellent, and if you grown them in your garden, that is likely to be your only source, as you are not likely to see these berries grown commercially.

Do not forget the benefits of free berries in our own environment. Saskatoons, buckthorn berries, Oregon grape berries, chokecherries, blackberries, salmon berries and elderberries make fine jelly containing all of the nutrients you need, except Vitamin C, that you would get from fresh berries. NOTE: do not eat elderberries raw, they will make you ill.

What makes berries such fine food? All berries contain nutrients that keep your circulatory system clean. Berries are good for your heart and your blood. Berries purify your blood, fight viruses, and are great for keeping your skin young. They are rich in potassium. They clean your bladder and your colon. Currants are noted for lowering cholesterol. In short, berries are good medicine and we should eat a lot of berries.

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This Week - 4 Years Ago

Celebrating Princeton's History

W. George Elliott - Owner/Publisher Similkameen News Leader

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Volume 10 Issue 30 #486 ISSN 1712-090X

Canadian Publications Mail Agreement No. (1299263)

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Tuesday July 24, 2007

Published Weekly in Princeton, BC

Bengel Publishing Inc. 226A Bridge Street, PO Box 956, Princeton, BC V0K 1W0



Fun and games describe the Rock 'n' Roll Night at Centennial Pool on July 18th. More photos on Page 12.

Work continues for Fall Fair

Fall Fair members are busy preparing for the fair on September 8 and 9. The prize list should be available the first week of August. Ruby Bey is selling advertising space to help pay for the booklet. Other fair members are reviewing their supplies of ribbons, and renovating display areas. Silver Cloud Peruvians made a presentation to members at the July 17 meeting and received a big round of applause. They are prepared to contribute demonstrations and public information about their remarkable horses, famed world-wide for the smoothness of their ride. Members were delighted to accept the offer. Look for their show at the fair this year. The question of a stage for entertainment at the fair has not been resolved. Town Council representative Jim Manion suggested buying a mobile unit equipped with wiring for sound and light. Members thought this was out of the Fall Fair price range, but Councillor Manion said he would try to find out whether some other local groups would be interested in _____ continued on Page 8

Petrobank continues local project

Petrobank Energy and Resources Ltd. is planning to drill local CBG basin that began with Vice President Canada, ing affected landowners about the company's plans. Once done, the record," says Smith. "In our entire history in

The July 24, 2007 Similkameen News Leader front page. - News Leader Archives

Census shows growth in valley

Census data released this time four years ago showed Princeton's population increased 2.6% from 2,610 in 2001 to 2,677 in 2006. That figure includes 1,305 men and 1,370 women in 1,366 total private dwellings where full-time residents occupy 1,290 of them. That put Princeton's population density per square kilometre at 261.3 over a land area of 10.25 square kilometres.

At the time of the census Princeton's median age was 50.9 with 86.0% of the population aged 15 and over.

In the Lower Similkameen, Keremeos saw a population increase of 7.7% from 1,197 in 2001 to 1,289 in 2006 in 654 total private dwellings, 619 of which were considered private dwellings occupied by full-time residents. The population density of Keremeos was measured at 612.1 per square kilometre over the Village size of 2.11 square kilometres of land area.

Of the Keremeos population 605 were men with 685 women. The median age of Keremeos was pegged at 59.4 with 88.0% of the population aged 15 and over.

Petrobank Energy and Resources Ltd. announced four years ago plans to drill two wells in the Princeton area as part of a thorough study of the local coalbed gas (CBG) basin, which started with a test well 4.5-kilometres southeast of Princeton in 2005.

"We learned a lot about the composition of this basin with our last well," Petrobank Vice President (Canada) Gregg Smith said at the time.

"We are about to start the next leg of our journey and we want to be sure the community clearly understands our plans."

Princeton Family Centre officially opened July 23, 2007 offering

drop-in time for families with children up to six years of age.

The goal of the centre was to provide a caring, casual environment for families with young children to interact, share ideas and have fun. The drop-in centre, located in Kenley Hall, behind Princeton's Legion Hall, operated from 11:00 AM to 2:00 PM Mondays, Wednesdays and Thursdays.

PXA remembers Stan Thompson

The July 19 meeting of Princeton Exhibition Association (PXA) began with a short speech by Chair Paul Bedard as he recalled the loss of Director Stan Thompson. As a Director, Thompson attended meetings up to the time of his surgery in May, and was doing volunteer work this spring.

He volunteered to help with the horse racing, despite his infirmities. Bedard spoke of Stan Thompson's generosity, his willingness to contribute to all sorts of local projects, and his community spirit.

"He will be missed," Bedard concluded.

Bedard added praise for the good job the Rodeo Club had done in cleaning the grounds after the farewell party for Thompson

which was held at Sunflower Downs (the fairgrounds). He added praise for the way Racing Days had cleaned the grounds after the race meet, and for the way the horse clinic had left the area they used better than when they began.

Ken Crompton said the annual rodeo was a great success primarily due to Stan Thompson Day, as the weather was awful.

He added kudos for Jen Bernard and her crew who have done a great job of providing food for Rodeo Club events.

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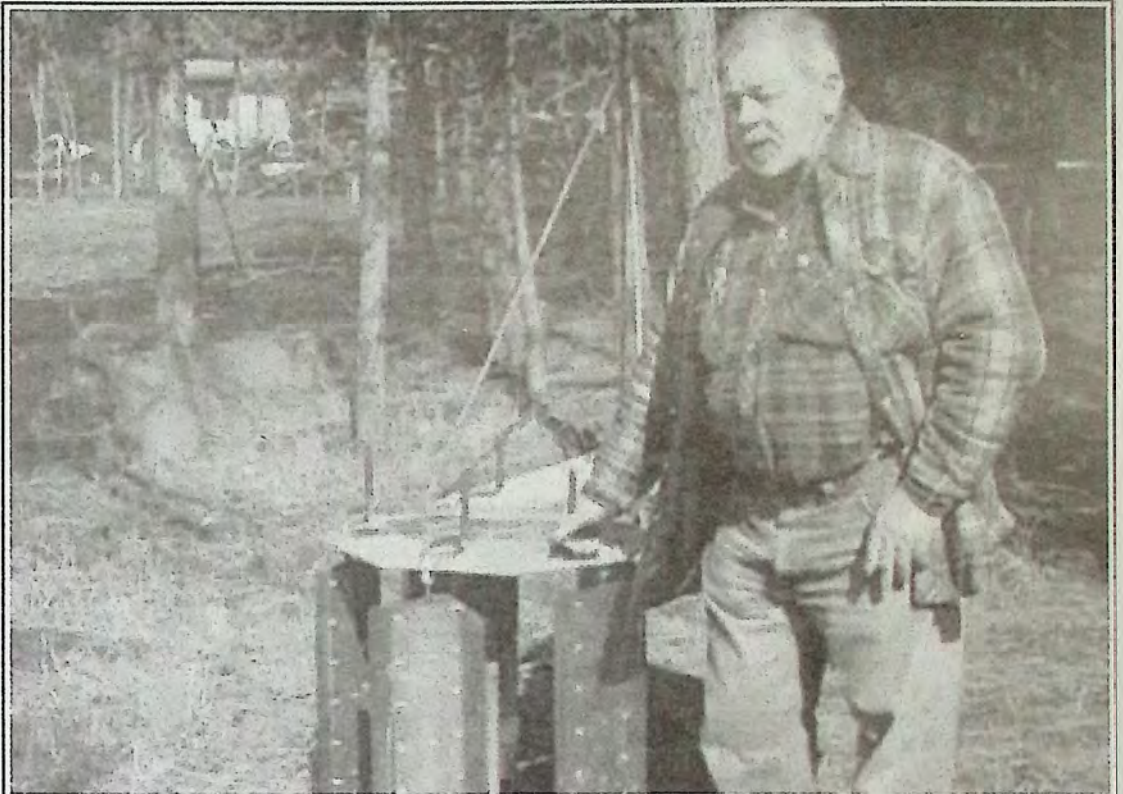
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Peter Ruoss demonstrates his Energy Turbine in a video posted on You Tube in March 2008. Pete passed away May 28th after suffering from illness that for some reason could not be properly identified. His wife, Carol, shares their story of frustration below in the first of two parts.

My Story About Pete

by Carol Ruoss

I am writing this story to make people aware of what can happen when the Medical Professionals (Doctors, Lab Techs, etc.) listen only to the test results from their modern day machines and NOT TO THE PATIENT! The following tells you how my husband suffered with an "unknown ailment" for five months! This should not and cannot happen to anyone else. This is why I must let you know the horrible and painful circumstances that my husband Peter went through.

Pete became sick in January 2011. It started out with him not being able to keep any food down, but what he was able to keep down gave him diarrhea. In the middle of January I took him to the emergency room at our hospital and we were told that he was very dehydrated and that they would be keeping him in the ER overnight to get his fluid levels back to where they should be.

While he was in the ER he started vomiting again and the nurse gave him a small dish to use, but never bothered to take it away or help him to clean up. He also asked for something to rinse his mouth out, after he was sick, but he never got it! Also, because he had diarrhea he asked if he could use the bathroom that is in the ER, but was told no, as it was busy, but there was no one else in the ER so how could it have been busy? The nurse made him walk down the hall to the bathrooms that are at the front of the hospital. She even made him do this in the morning when people were waiting for blood tests at the lab and all he had on was a hospital gown which was open in the back.

He asked me: "What would have happened if I didn't make it to the

bathroom and had an accident right there in the hall in front of everyone"? (I felt so sorry for him).

When he got out of the hospital he went to the doctor and was told that it could be the 100 day flu, so in hearing this I did as much as I could to keep him comfortable and gave him foods that he was able to keep down. By March he had lost 35 pounds and I went with him to the doctor to find out why he had lost all this weight. The doctor thought it was great that he had lost weight, but I questioned him because I knew that it was not normal to have lost that much in such a short time.

He said that maybe it was the food he was eating, but I told him that he was eating the same food that he always ate (and remember this was only when he was able to keep it down or without having diarrhea) and I told him that he was not on a diet. So, again I asked why he had lost so much weight. Well, he sent Pete for blood tests and of course they all came back normal.

At the beginning of April Pete had to go to the Kelowna hospital to have tests done as he was going to have back surgery on April 15. They gave him radiation tests to see if his heart would be able to stand the surgery. After the tests he came home and was feeling worse than when he went there. After a couple of days though he started to feel a little better and was able to eat certain types of food and keep them down.

Then, he had his back surgery on April 15 at the Kelowna hospital. The surgery went well and I was able to bring him home on April 18. Before he left the hospital he was given lunch, but he got sick and wasn't able to eat any of it. On

the way out of Kelowna he got sick again and by the time we arrived at home he was very tired and went right to bed. Around 8:00 PM he got up and vomited, I gave him some water to drink and he brought that up also. He was pretty well up all night vomiting and he also had diarrhea. I took him to see our doctor on April 19 and he sent him right up to the hospital as he said that he was again very dehydrated. (Do you not think that a light should have come on by now!)

The doctor on call saw him and he was put on another IV drip with saline and was also given Gravol. Again, they did blood tests, x-rays etc. but everything came back normal. They even did a stool sample and that came back normal. Pete came home, but he still was not able to eat much. He slept a lot as he was so weak, but nothing was done about his condition.

Our daughter and I went to see the doctor because we were very concerned about Pete because he seemed like he was giving up. Pete told me that whenever he ate something, it was like the food only went down so far and then it got blocked. He literally was afraid to eat because it hurt him. Pete told every doctor that saw him about this feeling and not one of them made the effort to find out why this was happening.

He went to the emergency at the hospital and the doctor that was on call looked at him and sent him for x-rays and of course they did blood tests again. This doctor said that he thought Pete should have a scope done down into his stomach. He gave Pete some pills to help him keep the food down and also dou-
 continued on Page 22



News Leader Entertainment

Similkameen News Leader TV Guide Listings - July 26 - August 1, 2011



Heather Motut and Marcus Stusek play multiple roles in River Road Theatre's upcoming production 'The 39 Steps' which will run at Riverside Theatre until August 14th. - photo submitted

Spy thriller has chills and comedy thrills

River Road Theatre will be bringing the recordbreaking Broadway comedy 'The 39 Steps' to the Riverside Theatre every weekend from July 29th to August 14th.

This fast-paced spy thriller/farce is a sure hit with all ages, featuring everything from daredevil train chases to vaudeville comedy acts to moments of good-old-fashioned, swoon-worthy romance.

Adapted from the famous 1935 Alfred Hitchcock film, The 39 Steps tells the tale of dashing hero Richard Hannay, who is swept into a world of intrigue and adventure on the eve of World War II when he becomes entangled with a glamorous female spy. He is chased across England and Scotland by train, car and on foot, in a desperate attempt to save his homeland from the threat of a devilishly clever foreign agent.

The unique comedy of the play emerges from the fact that over thirty characters are played by just two actors. This Olympian feat of acting has proved an exciting challenge for River Road Theatre company members Marcus Stusek and Heather Motut.

"We have one actor playing Richard Hannay, one actress playing the three women who he becomes romantically involved with, and then Marcus and I play

every other character in the show - men, women, children and even the occasional inanimate object," says Motut.

"It's kind of crazy switching roles so many times, and switching your accent and your physicality each time, but it makes the show absolutely hilarious."

It also allows "a cast of four to seem like a cast of thousands", as put by Ben Brantley of The New York Times.

Just like River Road Theatre's previous two productions - the musical 'I Love You, You're Perfect, Now Change' and the comedy 'Barefoot in the Park' - this show has been created from the ground up in just three weeks.

"One of the biggest challenges with this production was finding quality 1930's costumes for the myriad of characters that appear on stage," says director Chelsea Turner.

"We were extremely lucky to have most of our costumes loaned from famed Vancouver costumer Chris Sinosich, and tailored specifically to our actors. It lends a real touch of authenticity to the show."

Turner adds, "We have also had to create an extensive 'soundscape' for the show. There is a lot of musical underscoring and sound effects; it not only helps us tell the story,

but it makes the show much more entertaining and atmospheric."

The 39 Steps enjoyed a record-breaking three-year run in New York City, becoming the longest running comedy to ever appear on Broadway and scooping up two Tony and Drama Desk Awards.

"It seems to appeal to all ages," company member Benjamin Wardle says.

"There's something for everyone - young kids can enjoy this show right alongside their parents and grandparents. It's a classic story of good versus evil told in a very fresh, fun and innovative way."

Tickets for The 39 Steps are available at the Princeton Shoppers Drug Mart, by phone at 250.293.6152, or at the door. Shows are running every Friday, Saturday and Sunday at 7:30 PM - and also at 2:00 PM on Saturdays - at the Riverside Centre. Tickets are \$18 for adults and \$15 for students.

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Princeton Posse 2011/12 Clip 'n' Save Game Schedule

Similkameen News Leader

HOME

September 16 - Spokane
September 30 - Penticton
October 1 - Summerland
October 7 - Kelowna
October 15 - North Okanagan
October 28 - Osoyoos
October 29 - Summerland
November 4 - Nelson
November 11 - Castlegar
November 12 - Beaver Valley
November 16 - Kelowna
November 18 - Osoyoos
December 9 - Grand Forks
December 10 - Revelstoke
December 14 - Summerland
December 16 - Kamloops
December 18 - Kelowna
January 1 - Osoyoos
January 11 - Penticton
January 14 - Summerland
January 20 - Sicamous
January 21 - Osoyoos
January 27 - Penticton
February 4 - Chase
February 14 - Kelowna
February 17 - Penticton

AWAY

September 17 - Penticton
September 23 - Osoyoos
September 24 - Summerland
October 8 - Summerland
October 14 - Kelowna
October 21 - Osoyoos
October 30 - Kelowna
November 5 - Revelstoke
November 6 - Chase
November 19 - Kamloops
November 25 - Penticton
November 26 - Kelowna
December 2 - Castlegar
December 3 - Spokane
December 4 - Grand Forks
December 17 - Penticton
January 6 - Nelson
January 7 - Beaver Valley
January 13 - Kelowna
January 18 - Osoyoos
January 28 - Sicamous
February 1 - Penticton
February 3 - Summerland
February 10 - North Okanagan
February 11 - Osoyoos
February 18 - Summerland

Similkameen News Leader - Horoscopes

July 26 - August 3, 2011

Aries - Watch for subtle changes in your career. Whatever you do, don't slack off at work. Stay active for your health. If you don't enjoy sports, go swimming or take a walk every day. Singles: look for romance this week.

Taurus - You can sweet talk anybody this coming month, but don't let charm be your only asset! Starting now, pay attention to home, property and make out a will if you do not have one. Bring spending under control with budget.

Gemini - Talking about what your home needs is fine, but don't be aggressive about it. Don't demand, plan, budget, and/or do it yourself. You must switch to being more gracious. Transform ego to self-confidence.

Cancer - Death (of others), taxes, debt problems and financial decisions may suddenly come at you from left field. Change is necessary, but it can be gradual. Work on solving all of the problems one step at a time. Don't panic, think!

Leo - Plans go awry, but you can manage to navigate through problems by being your most charming self. This is a good week to improve your appearance and develop techniques for getting along with others.

Virgo - Your mental activity reaches a peak starting now and for the next three weeks. Do not allow your mental energy to sap your strength or distract you into an accident. Write down some of your best ideas for later review.

Libra - Your greatest pleasure will come from making positive plans with groups you associate with. Your career is going into a challenging phase next week, so make the most of planning sessions now. Enjoy weekend.

Scorpio - Your career will bring you fun these days. Travel will pose problems. Friends, partner and others continue to be very good to you. Important: express your plans clearly this week. Write them down for further reference. Work!

Sagittarius - Benefits come to you through maintaining good health and from your employment. Be vocal about your career. You can derive pleasure from travel now. Partner's irritability will decline next week.

Capricorn - You could gain benefits this week from sharing resources with others, or from investments. Changes continue on the home front. Travel is restricted to short trips. Enjoy time with young people, pets and sports.

Aquarius - Now is the time to enjoy your friends, partner, or if you're single, to find romance. Pay attention to information regarding your finances. Settle problems with young folk for lasting peace. Enjoy.

Pisces - Any problems with home and family are coming to an end this week. Repairs and improvement projects should be completed now. Pay attention to information from partner, friends. Watch weight, be gracious on the job.

Tuesday Movies

EVENING

8:00 pm WTBS ch.3 "The General's Daughter" (1999, Suspense) John Travolta. Army investigators probe an officer's brutal slaying.

9:00 pm KNOW ch.5 "Sisters in Law" (2005, Documentary) A female judge in Cameroon hears the cases of an abused child, a

battered wife and the rape of an adolescent. (CC)
10:30 pm WTBS ch.3 "The General's Daughter" (1999, Suspense) John Travolta. Army investigators probe an officer's brutal slaying.

Wednesday Movies

AFTERNOON

5:00 pm WTBS ch.3 "Rush Hour 3" (2007, Action) Jackie Chan. The assassination of a Chinese ambassador reunites Lee and Carter, who tangle with Triad gangsters in France.

EVENING

9:00 pm WTBS ch.3 "Rush Hour 3" (2007, Action) Jackie Chan. The assassination of a Chinese ambassador reunites Lee and Carter, who tangle with Triad gangsters in France.

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TUESDAY, JULY 26, 2011

	WTBS ch.3	CHBC ch.4	KNOW ch.5	KSPS ch.6	KHQ ch.7	KREM ch.8	A&E ch.9	KXLY ch.10	BCTV ch.11	CITY ch.12	CBC ch.13	YTV ch.18	TSN ch.19	VTV ch.22	DISC ch.24	FAM ch.26	CITY ch.29	SPIKE ch.44	TROP ch.45
6 AM	In the Heat of the Night	(5:30) Morning News (N) 2x	Wibbly Pig	Thomas	News (N) 2x	News	Family Jewels	News	(5:30) Morning News (N) 2x	(4:30) Morning News (N) 2x	CBC News Now 2x	Being Ian	SportsCentre 2x	Canada AM 2x	Worst Handyman	Henry Franny	CityLine (N) 2x	CSI: NY 2x	Real Reno
7 AM	Cosby		Arthur 2x	Arthur	Today Denise Richards; Steve Carell (N) 2x	The Early Show (N) 2x	Family Jewels	Good Morning America (N) 2x			Artzooka	Super Evil	SportsCentre 2x		License to Drill	Mickey Manny	The Nate Berkus Show	CSI: Crime Scene	Buy Me 2x
8 AM	Cash Cab		Magie Bus	Curious			Jewels		100 Huntley Street 2x		Bo On/Go	Sidekick	SportsCentre 2x		American Chopper	Phineas Suite/Deck	Rachael Ray (N) 2x	CSI: Crime Scene	TV-Torrans
9 AM	Family Fd	100 Huntley Street 2x	Clifford	Super Why!		The 700 Club 2x	Family Jewels	Live With Regis & Kelly	100 Huntley Street 2x	World Vison	Super Why!	Timothy	SportsCentre 2x	Live With Regis & Kelly	Cash Cab	Suite/Deck	Role	CSI: Crime Scene	Restaurant Makeover
10 AM	The Investigators	World Vison	Mag Fero	Sesame Street 2x (EI)		The Price Is Right (N) 2x	Jewels	The View (N) 2x	World Vison	End/Leash	Poko 2x	Little Bear	Fish Flats	The View (N) 2x	Nerve Center 2x	Suite/Deck	EP Daily	CSI: NY "The Formula"	The Nanny
11 AM	Forensics Evidence	World Vison	Rollo Polie	Sid	Ellen DeGeneres Show	Young & Restless	Jewels	FREE Went Paid Prog.	World Vison	Noon News Hour (N)	Razzberry	George S.	Marilyn Denis	Blueprint for Disaster	Suite Life	Suite Life	CityLine 2x	CSI: Crime Scene	Gold Girls
12 PM	Jim King	Noon News Hour (N)	Arthur	Charlie Rose 2x	Paidd Prog.	News	Family Jewels	All My Children (N) 2x	Noon News Hour (N)	Days of our Lives (N)	CBC News Now (N) 2x	Puppies	Skins Game, Day One, 2x	etalk 2x	Mighty Ships 2x	Wizards Hannah	General Hospital (N) 2x	Ways Die	Pregnant in Heels 2x
1 PM	King Earl	Days of our Lives (N)	Dinosaurs	Painting	Days of our Lives (N)	The Talk 2x	Family Jewels	One Life to Live (N) 2x	Days of our Lives (N)	The Talk 2x	Heartland 2x (DVS)	Redakal 2x	Golf: Telus Skins Game, Day One, 2x	Marilyn Denis	American Chopper	Shake It	Jdg Judy	Ways Die	Love Handles: Couples
2 PM	Browns Payne	Young & Restless	Princess Mr. Moon	Barney WordWorld	Judge B.	Let's Make a Deal (N)	Jewels	General Hospital (N) 2x	Young & Restless	The Doctors 2x	Steven and Chris 2x	Monster	Off Record	Dr. Phil 2x	Auction	Shake It	Access Hollywood Live	Ways Die	Gold Girls
3 PM	Family Guy	The Doctors 2x	Little Bear	WordGirl	The Doctors 2x	Dr. Phil 2x	Family Jewels	Rachael Ray (N) 2x	The Doctors 2x	Young & Restless	Recipes	Sidekick	SportsCentre (N) 2x	(2:59) The Dr. Oz Show	Cash Cab	Shake It	CityNews at 5 (N) 2x	Ways Die	Restaurant Makeover
4 PM	The Office	Oprah Winfrey	Rob Robot	Fetch! With G. Shrinks	Jdg Judy	Oprah Winfrey	Jewels	Seinfeld 2x	Oprah Winfrey	Early News Global Nat.	Ghost Whisperer 2x	SpongeBob	Hockey	Ellen DeGeneres Show	Worst Handyman	Phineas	How I Met	Auction	Buy Me 2x
5 PM	Browns Payne	News (N) 2x	Dino Dan	News	News (N)	News	Family Jewels	News	Early News (N)	(4:59) News Hour (N)	CBC News: Vancouver (N) 2x	Parents	Golf: Telus Skins Game, Day Two, (Taped) 2x	CTV News at Five (N)	Auction	Wizards	Hell's Kitchen (N) 2x	Auction	Pregnant in Heels 2x
6 PM	Law & Order: SVU	Global Nat.	Dogs	PBS News-Hour (N) 2x	News (N)	News	Family Jewels	News	(5:59) News Hour (N)	ET Canada		ICarly 2x		CTV News (N) 2x	River Monsters (N)	Suite/Deck	America's Got Talent (N) 2x (Live)	Auction	Love Handles: Couples
7 PM	Seinfeld 2x	Ent	Hope for Wildlife 2x	NOVA 2x (DVS)	Jeopardy!	The Dr. Oz Show 2x	Family Jewels	Ent	Ent	NCIS: Los Angeles 2x	Wheel	Wedrd	SportsCentre 2x	etalk 2x	Deadliest Catch (N) 2x	Shake It		Auction	Glamour
8 PM	Movie: *** "The General's Daughter" (1999, Suspense)	NCIS: Los Angeles 2x (DVS)	Rape of Europa (N)	History Detectives (N)	It's Worth What? (N) 2x	NCIS: Los Angeles 2x (DVS)	Family Jewels	Wipeout 2x	NCIS: Los Angeles 2x (DVS)	NCIS: Los Angeles 2x (DVS)	Mercer	ICarly 2x	InSecurity	Can Dance	Worst Handyman	Suite/Deck	News	Repo	Buy Me 2x
9 PM	Movie: "The General's Daughter" (1999, Suspense)	NCIS: Los Angeles 2x	Movie: *** "Sisters in Law" (2005)	Frontline (N) 2x	America's Got Talent (N) 2x (Same-day Tape)	NCIS: Los Angeles 2x	Family Jewels	Game Show	NCIS: Los Angeles 2x	Combat Hospital (N) 2x	The Pillars of the Earth	Home Imp.	World, Poker	Game Show	River Monsters	Debral 2x	Real Chance of Love	Ways Die	Pregnant in Heels 2x
10 PM	Movie: "The General's Daughter" (1999, Suspense)	CHBC News Final (N)	Reservation Soldiers	POV (N) 2x	News (N)	News	Family Jewels	News	News Hour Final (N)	Ent	George S	Prank Ptr	SportsCentre (N) 2x	CTV News	Auction	Ned's	Paid Prog.	Unsolved Mysteries	Glamour
11 PM				Preview	Jay Leno	Letterman	Family Jewels	News	News Hour Final (N)	ET Canada	FINA	Prank Ptr		CTV News	Auction	Life Derek	Paid Prog.		

WEDNESDAY, JULY 27, 2011

Table with 18 columns representing TV channels (WTBS ch.3 to TROP ch.45) and 24 rows representing time slots (6 AM to 11 PM). Each cell contains program titles and channel numbers.

THURSDAY, JULY 28, 2011

Table with 18 columns representing TV channels (WTBS ch.3 to TROP ch.45) and 24 rows representing time slots (6 AM to 11 PM). Each cell contains program titles and channel numbers.

Around the Similkameen Valley



Close, closer, closest. Mother Nature really throws some curveballs: this singular, 12-inch tall, lanky, redish (unidentified) plant with yellow buds was seen growing in a farm pasture a few miles past the Keremeos rodeo grounds on July 17th. If you can help us identify this plant please drop a line to the Similkameen News Leader! Photos: Arlene Arlow



Similkameen Trails members Robert Mennell, Louise Johnson, Tony Dawson and Robert Quadvlieg here inspecting the Red Bridge end of the rail bed stretch. Photo: Dave Cursons

Trails receive support

by Dave Cursons
Similkameen Trails Society

Some further right of way improvements may be in the works for Similkameen Trails.

The Ministry of Transportation for the area serviced from Penticton is scouting out opportunities to improve some selected community infrastructure using readily available manpower, machinery and materials.

Penticton highways offices serve the South Okanagan and Similkameen.

On Thursday July 21 Similkameen Trails members gave Provincial highways representatives a tour of the old Burlington Northern rail bed between Becks Road at Rocking Chair Ranch through Keremeos to The Red Bridge.

Ministry of Transportation Operations Manager, Jeff Wiseman, and Area Manager for Bridges, Ron Domanko attended.

The visit was arranged with Keremeos Mayor Walter Despot who has worked closely with Similkameen Trails Society since it's beginnings in 2006.

The Keremeos Village Promenade includes a developed portion of the old Burlington Northern rail bed as well as a walk along the dyke at the Similkameen River. The Village has lately installed irrigation for trees and shrubs placed by volunteers on the rail bed in Keremeos.

The Becks Road to Willis Ranch Road stretch has received recent volunteer attention and is now more passable. Further improvements there would provide a better route for bicycles and medical assist scooters.

Similkameen Trails Society has worked to keep good contact with landholders along the abandoned rail bed between the Red Bridge and Cawston.

The trails group has an eye to developing a circle route from the old rail bed, along Coulthard Road through Kobau Park where a walking bridge at Keremeos Creek can bring the trail back along the river and into Keremeos.

It appears that the best prospect for Transportation Ministry help at this point will be the trail portion from Keremeos Village to the Red Bridge.



The view at Keremeos Creek on the Similkameen River, the site of a proposed walking bridge to connect the walking trails to Keremeos. Photo: Dave Cursons

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Workshops on Banjos and Sea Shanties

by Rika Ruebsaat

This is the second of a series of articles about the Princeton Traditional Music Festival, which is taking place August 19 to 21. As well as the regular concerts by individual performing groups there will also be workshops. A workshop is focused on a particular topic and is presented by a group of singers and musicians who are on the stage at the same time. Over the next few weeks this column will feature descriptions of some of the workshops being offered at the Festival.

There are lots of jokes about banjo players, but a well-played banjo is a delight to the ear. This year's Festival is blessed with a wealth of good banjo players, some of whom will be sharing their talents in a workshop called "Five Banjos". The session will be hosted by Bob Webb from Maine, a world expert on the banjo, who wrote the book "Ring the Banjar" about the history of the instrument. He will be joined onstage by Mike Marker -- a familiar face at the Festival (he has appeared every year since it began) -- Stu James, Felix Possak and Bryn Wilkin. As well as playing banjo, Stu is also a dancer who will be dancing in the streets with the Vancouver Morris Men. Felix

Possak will be familiar to anyone who has ridden on the historic Kettle Valley Railway in Summerland. He is the Railway's troubadour. Bryn Wilkin, the fifth banjo virtuoso, is half of Vazzy, a French-Canadian duo that will be appearing at the Festival. Each of these musicians will share their ways of playing the banjo so that the workshop will offer listeners a good cross section of banjo styles.

Veterans' Square has been a real hit at the Festival. Many of the musicians and visitors have commented on how attractive it was and how perfectly it fitted the occasion. The gazebo was heaven-sent for singing -- the high ceiling has acoustics like a cathedral. The sea shanty workshop has been held in the gazebo for the past two years and the people who participated in the singing thought they had died and gone to heaven. The resonance of the harmonies made their skulls vibrate.

Sea shanties are songs that sailors on the tall ships sang while raising sails or hauling up the anchor. The songs were sung rhythmically and with gusto. This year the Sea Shanty workshop will again take place in the gazebo where performers and audience will be mixed together, singing rhythmically and with gusto.

We hope you'll join in the singing! These are just two of the workshops being presented on August 19th to 21st at the third annual Princeton Traditional Music Festival. And the best thing about it is, it's free! The reason it's free is because it's

run entirely by volunteers and the performers are donating their talents. To make the festival a success the organizers will need lots of volunteers. If you'd like to get involved, please contact them. Even if you have only a couple of hours avail-

able your help would be most welcome. Give them a call and they'll welcome you aboard.

To find out more, visit the Festival's webblog at princetonfestival.org or give Jon and Rika a call at 250.295.6010.



This photo, taken two weeks ago, shows a male Mountain Bluebird just after feeding chicks in a nesting box located on Burton Avenue. The chicks have since left their nest. Photo: George Elliott.

FRIDAY, JULY 29, 2011

	WTBS ch.3	CHBC ch.4	KNOW ch.5	KSPS ch.6	KHQ ch.7	KREM ch.8	A&E ch.9	KXLY ch.10	BCTV ch.11	CITY ch.12	CBC ch.13	YTV ch.18	TSN ch.19	VTV ch.22	DISC ch.24	FAM ch.26	CITY ch.29	SPIKE ch.44	TROP ch.45
6 AM :30	In the Heat of the Night	(5:30) Morning News (N)	Wibbly Pig (6:37) Hi-5	Builder Between	News (N)	News	CSI: Miami "Backfire"	News	(5:30) Morning News (N)	(4:30) Morning News (N)	CBC News Now	Being Ian Rollbots	Golf: RICOH Women's British	Canada AM	Breaking Point "Bus"	Henry's Franny	CityLine (N)	Pros vs. Joes	Top Chef Canada
7 AM :30	Cosby		Arthur	Arthur	Today Journey performs. (N)	The Early Show (N)	The Sopranos	Good Morning America (N)			Artzooka	Super Evil	Open, Second Round, From Angus, Scotland.		Bear Feeding Franny	Stella-Sam	The Nate Berkus Show	Pros vs. Joes	TV-Torrens
8 AM :30	Cash Cab Lyrics!		Rob Robot	Martha			Criminal Minds			100 Huntley Street	Animal	Kid vs. Kat			Mighty Ships	Phineas	Rachael Ray	Pros vs. Joes	TV-Torrens
9 AM :30	Family Fd	100 Huntley Street	Magic Bus	Curious			Criminal Minds				Bo On/Go	Sidekick				Pair of Kings	Role	Pros vs. Joes	Restaurant Makeover
10 AM :30	The Investigators	World Vision	Miss BG	Cat in the		The 700 Club	Criminal Minds "Lucky"	Live With Regis & Kelly	100 Huntley Street	World Vision	Super Why! News	Timothy Berenstain	SportsCentre	Live With Regis & Kelly	Cash Cab	Kings	Amazing	Pros vs. Joes	TV-Torrens
11 AM :30	Forensics Evidence	PLAN	G. Shrinks	Dinosaur		The Price Is Right (N)	Criminal Minds	The View (N)	World Vision	End/Leash	Poko	Little Bear	Speed	The View (N)	Machines	Kings	EP Daily	Pros vs. Joes	TV-Torrens
12 PM :30	Jim King	Noon News Hour (N)	Roie Polie	Sid	Ellen DeGeneres Show	Young & Restless	Dog	Paid Prog.	PLAN	Noon News Hour (N)	Razzberry	Babar	World Poker Tour: Sea	Marilyn Denis	Breaking Point	Kings	CityLine	Pros vs. Joes	Gold Girls
1 PM :30	King Earl	Days of our Lives (N)	Babar	Sit-Be Fit			Dog	Paid Prog.	Chef	Noon News Hour (N)	Almost	X Games 17 (N) (Live)	etalk	Mighty Ships	Kings	General Hospital (N)	Pros vs. Joes	70s Show	
2 PM :30	Browns Payne	Young & Restless	Arthur	Charlie Rose	Paid Prog.	News	CSI: Miami "Backfire"	All My Children (N)	Days of our Lives (N)	The Talk	Heartland (DVS)	Yu-Gi-Oh!	Marilyn Denis	Mighty Ships	Kings	Jdg Judy	Pros vs. Joes	King	
3 PM :30	Family Guy	The Doctors	Dinosaurs	Painting	Days of our Lives (N)	The Talk	The Sopranos	One Life to Live (N)	Days of our Lives (N)	The Talk	Yu-Gi-Oh!	Kid vs. Kat	Off Record	Myth-Busters	Kings	Access Hollywood Live	Pros vs. Joes	Gold Girls	
4 PM :30	The Office	Oprah Winfrey	Princess	Barney	Judge B.	Let's Make a Deal (N)	Criminal Minds	General Hospital (N)	Young & Restless	The Doctors	Steven and Chris	Monster	Sports	Cash Cab	Kings	CityNews at 6 (N)	Pros vs. Joes	Restaurant Makeover	
5 PM :30	MLB Baseball: Florida Marlins at Atlanta Braves. (N) (Live)	News (N)	Mr. Moon	WordWorld	Judge B.		Criminal Minds	Rachael Ray	The Doctors	Young & Restless	Reclips	Sidekick	(2:59) The Dr. Oz Show	How/Made	Kings	Murdoch Mysteries	Pros vs. Joes	TV-Torrens	
6 PM :30	Family Guy	The Doctors	WordWorld	Electric			Criminal Minds	Rachael Ray	The Doctors	Young & Restless	22 Minutes	Super Evil	CFL	How/Made	Kings	Murdoch Mysteries	Pros vs. Joes	70s Show	
7 PM :30	Seinfeld	ET Canada	WordWorld	Electric			Criminal Minds	Rachael Ray	The Doctors	Young & Restless	22 Minutes	Super Evil	CFL	How/Made	Kings	Murdoch Mysteries	Pros vs. Joes	70s Show	
8 PM :30	Seinfeld	ET Canada	WordWorld	Electric			Criminal Minds	Rachael Ray	The Doctors	Young & Restless	22 Minutes	Super Evil	CFL	How/Made	Kings	Murdoch Mysteries	Pros vs. Joes	70s Show	
9 PM :30	Seinfeld	ET Canada	WordWorld	Electric			Criminal Minds	Rachael Ray	The Doctors	Young & Restless	22 Minutes	Super Evil	CFL	How/Made	Kings	Murdoch Mysteries	Pros vs. Joes	70s Show	
10 PM :30	Browns Payne	90210	WordWorld	Electric			Criminal Minds	Rachael Ray	The Doctors	Young & Restless	22 Minutes	Super Evil	CFL	How/Made	Kings	Murdoch Mysteries	Pros vs. Joes	70s Show	
11 PM :30	The Investigators	CHBC News Final (N)	WordWorld	Electric			Criminal Minds	Rachael Ray	The Doctors	Young & Restless	22 Minutes	Super Evil	CFL	How/Made	Kings	Murdoch Mysteries	Pros vs. Joes	70s Show	

CARTER'S Sudoku Challenge

CREATED FOR THE NEWS LEADER BY CARTER BOSWELL

HOW TO PLAY:

Sudoku is a game of logic. There is no math involved. The object of the game is to fill the grid so that the numbers 1 through 9 appear only once in each row, column and 3 x 3 box. The numbers can appear in any order and Carter has left you some clues below.

CHALLENGE #361 - Rated Medium

			1	2		5		
4	5		7			1	3	
2		8				4		
	4		6			9		
7				4				5
	9					8		
	8			1			6	
2	1		3	5		7	9	
	3			9				

THIS WEEK'S SOLUTION:
Page 18

Carter's Sudoku Challenge grids, puzzles and solutions copyright 2011 Carter Boswell, Princeton, BC and published by Similkameen News Leader

Thursday Movies

EVENING

9:00 pm KNOW ch.5 "Wigstock: The Movie" (1995, Documentary) Colorful costumes and flamboyant perfor-

mances highlight a spirited examination of New York City's annual drag festival. (CC)

Friday Movies

EVENING

7:00 pm YTV ch.18 "Her Best Move" (2007, Comedy) Leah Pipes. Encouraged by her best friend, a 15-year-old soccer prodigy learns to live like a normal teenager. (In Stereo) (CC)

8:00 pm FAM ch.26 "George of the Jungle" (1997, Romance-Comedy) Brendan Fraser. A man raised by apes in fictional Bukuvu saves an heiress from death and travels with her to the United

States. Keith Scott narrates. (In Stereo) (CC)

10:00 pm FAM ch.26 "Joey" (1997, Drama) Jamie Croft. Seeking a baby kangaroo's kidnapped parents, an Australian farm boy heads for the city and teams up with an American girl. (In Stereo) (CC)

Saturday Movies

MORNING

8:00 am WTBS ch.3 "The Guardian" (2006, Drama) Kevin Costner. A trainer in a Coast Guard program for rescue swimmers turns a cocky recruit into his protege and takes him on a mission to the Bering Strait.

10:00 am SPIKE ch.44 "The Hunted" (2003, Action) Tommy Lee Jones. Aided by the FBI, a retired combat-trainer searches for a former student who is killing civilians in Oregon. (In Stereo)

10:30 am WTBS ch.3 "Drillbit Taylor" (2008, Comedy) Owen Wilson. Three friends hire a homeless soldier-of-fortune to protect them from the school bully.

AFTERNOON

12:00 pm FAM ch.26 "Agent Cody Banks 2: Destination London" (2004, Adventure) Frankie Muniz. A 16-year-old CIA agent poses as a clarinet prodigy while trying to recover stolen mind-control software. (In

Stereo) (CC)

SPIKE ch.44 "The Fugitive" (1993, Suspense) Harrison Ford. A U.S. marshal hunts a doctor on the run who was convicted of murdering his wife. (In Stereo)

3:00 pm SPIKE ch.44 "U.S. Marshals" (1998, Crime Drama) Tommy Lee Jones. A chief deputy and his team pursue an escaped fugitive accused of killing two government agents. (In Stereo)

EVENING

6:00 pm CITY ch.29 "See Grace Fly" (2003, Drama) Gina Chiarelli. People search for a schizophrenic who disappeared after the death of her mother. (CC) (DVS)

SPIKE ch.44 "Training Day" (2001, Crime Drama) Denzel Washington. A rookie cop meets a corrupt Los Angeles narcotics officer who wants to include him in his schemes. (In Stereo)

7:00 pm CITY ch.12 "Beyond Sherwood Forest" (2009, Science Fiction) Robin Dunne. Premiere. The Sheriff of Nottingham uses a shape-shifting monster to destroy

Robin Hood. (CC)

8:00 pm WTBS ch.3 "Drillbit Taylor" (2008, Comedy) Owen Wilson. Three friends hire a homeless soldier-of-fortune to protect them from the school bully.

CHBC ch.4 BCTV ch.11 "Beyond Sherwood Forest" (2009, Science Fiction) Robin Dunne. Premiere. The Sheriff of Nottingham uses a shape-shifting monster to destroy Robin Hood. (CC) (DVS)

KXLY ch.10 "Harry Potter and the Chamber of Secrets" (2002, Fantasy) Daniel Radcliffe. The young wizard and his best friends investigate a dark force that is terrorizing their school, Hogwarts. (In Stereo) (CC)

9:00 pm FAM ch.26 "A Knight's Tale" (2001, Adventure) Heath Ledger. An English commoner dons the armor of a dead jousting and, with the help of friends, competes against nobles in 14th-century France. (In Stereo) (CC)

..... continued on Page 19

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Sunday Movies

MORNING

8:00 am WTBS ch.3 "Flubber" (1997, Comedy) Robin Williams. Enemies try to steal an absent-minded inventor's flying rubber creation and his fiancée.

AFTERNOON

12:00 pm FAM ch.26 "Motocrossed" (2001, Adventure) Alana Austin. Feeling responsible for her twin brother's injury, a teenager pretends to be him and competes in a series of motocross races. (In Stereo) (CC)

1:00 pm YTV ch.18 "Zathura" (2005, Adventure) Josh Hutcherson. Two young brothers play a mysterious game that propels them into an outer-space adventure. (In Stereo) (CC)

3:00 pm KXLY ch.10 "The Queen" (2006, Biography) Helen Mirren. Queen Elizabeth II and Prime Minister Tony Blair try to reach a compromise in determining the royal family's public reaction to Princess Diana's death. VTV ch.22 "This Matter of Marriage" (1998, Romance) Leslie Hope. After several disastrous dates, an architect seeking marriage realizes she's in love with her neighbor. (In Stereo) (CC)

3:30 pm YTV ch.18 "Nim's Island" (2008, Adventure) Abigail Breslin. A fainthearted

adventure writer joins forces with a courageous youngster to save the girl's island home and find her missing father. (In Stereo) (CC)

5:00 pm WTBS ch.3 "Journey to the Center of the Earth" (2008, Adventure) Brendan Fraser. A science professor and his nephew encounter strange creatures and stranger lands as they travel beneath the Earth's surface.

CBC ch.13 "Spy Kids" (2001, Adventure) Antonio Banderas. When a technical genius kidnaps retired spies, only their children can save them. (In Stereo) (CC)

EVENING

6:00 pm YTV ch.18 "The Golden Compass" (2007, Fantasy) Nicole Kidman. In a parallel world, a girl sets out on an epic quest to save her best friend and other kidnapped children from the magisterium's evil experiments. (In Stereo) (CC)

7:00 pm WTBS ch.3 "Journey to the Center of the Earth" (2008, Adventure) Brendan Fraser. A science professor and his nephew encounter strange creatures and stranger lands as they travel beneath the Earth's surface.

8:00 pm CBC ch.13 "Dreamgirls" (2006, Musical) (Part 1 of 2) Jamie Foxx. After an

ambitious manager gives them a shot at stardom, three singers learn that fame can carry a high personal cost. (In Stereo) (CC)

9:00 pm FAM ch.26 "Sally Marshall Is Not an Alien" (2000, Comedy) Helen Neville. An Australian loner must prove a new girl is not an extraterrestrial or else lose her telescope to a bully. (In Stereo) (CC)

9:30 pm SPIKE ch.44 "The Natural" (1984, Drama) Robert Redford. The almost mythical ability of a middle-aged baseball player rockets a major-league team toward the 1939 pennant. (In Stereo)

10:00 pm WTBS ch.3 "The Last Mimzy" (2007, Fantasy) Joely Richardson. The parents and teacher of a pair of siblings notice the children are developing amazing mental abilities following their discovery of a box of strange toys.

10:10 pm CBC ch.13 "Dreamgirls" (2006, Musical) (Part 2 of 2) Jamie Foxx. After an ambitious manager gives them a shot at stardom, three singers learn that fame can carry a high personal cost. (In Stereo) (CC)

10:35 pm FAM ch.26 "Practical Magic" (1998, Comedy-Drama) Sandra Bullock. Raised by their aunts, two sisters use different means to avoid a family legacy of witchcraft. (In Stereo) (CC)

..... continued on Page 19

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SATURDAY, JULY 30, 2011

Table with 20 columns (WTBS ch.3 to TROP ch.45) and 24 rows (6 AM to 11:30 PM) listing TV programs and their channels.

SUNDAY, JULY 31, 2011

Table with 20 columns (WTBS ch.3 to TROP ch.45) and 24 rows (6 AM to 11:30 PM) listing TV programs and their channels.

MONDAY, AUGUST 1, 2011

Table with 20 columns (WTBS ch.3 to TROP ch.45) and 24 rows (6 AM to 11 PM) listing TV programs and their channels.

Monday Movies

EVENING

8:00 pm WTBS ch.3 "Brideshead Revisited" (2008, Drama) Matthew Goode. Befriended by aristocrat Sebastian Flyte, Oxford student Charles Ryder finds the family's power and privilege seductive, and

he falls in love with Sebastian's sister, Julia. 10:30 pm WTBS ch.3 "The Preacher's Wife" (1996, Fantasy) Denzel Washington. A handsome angel saves a New York Baptist and his wife from spiritual doubt and marital woe.

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Thank You!

To our wonderful family and all of our very dear friends, we are sending this Thank You from the bottom of our hearts. Your prayers, thoughts, flowers, cards, phone calls, e-mails, visits and very welcomed food were more than we expected, but we should know that with such good people around us we are very blessed. Our memory of Pete will live on forever and we know that he is looking down on us now and smiling.

To those of you who donated to the Children's Hospital or other worthy organization in Pete's name, we thank you for your generosity.

With all our love:
Carol, Susy, Rick and Brady

Our story - which starts on Page 8 - is something we felt we had to do for Pete.

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SOLUTIONS TO PUZZLES ON PAGE 14

CHALLENGE #361

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845	679	213
621	835	479
184	563	927
762	984	135
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216	358	794
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Similkameen
News Leader - Recipe Corner

Recipe #382

Stuffed Brioche French Toast

Serves: 6 / Prep time: 30 minutes / Standing time: 20 minutes / Grilling time: 11 to 18 minutes

- 12 slices brioche, each about 3/4 inch thick
- 6 ounces cream cheese, softened
- 6 heaping tablespoons peach jam
- 8 large eggs
- 1 cup whole milk
- 1 cup half-and-half
- 2 tablespoons granulated sugar
- 1 tablespoon pure vanilla extract
- Finely grated zest of 1 orange
- 1/4 teaspoon kosher salt
- 4 large, ripe freestone peaches, quartered
- Canola oil spray

1. Arrange six slices of the brioche in a baking pan large enough to fit them all comfortably in one layer. Spread each slice with 1 ounce of cream cheese, leaving a one-half-inch border at the edges. Spread each of the other six slices with a heaping tablespoon of jam, and then invert them onto the halves with the cream cheese, making sandwiches.

2. In a large bowl whisk the eggs, milk, half-and-half, sugar, vanilla, orange zest, and salt. Pour the mixture over the sandwiches, and let stand at room temperature for 20 minutes, turning the sandwiches once.

3. Lightly spray the peaches with oil.

4. Prepare the grill for direct and indirect cooking over medium-low heat (about 350°F).

5. Brush the cooking grates clean. Tip one sandwich on its side so that any extra liquid runs off. Spray both sides with oil and then place on the grill. Repeat with the remaining sandwiches. Grill over direct medium-low heat, with the lid closed as much as possible until browned on both sides, 6 to 8 minutes, turning once. Move the sandwiches onto a piece of foil placed over indirect medium-low heat, close the lid, and continue cooking until the sandwiches are firm in the centre, about 5 minutes. At the same time, grill the peaches over direct medium-low heat until the flesh is marked and the peaches are warm, 5 to 10 minutes, turning once or twice. Remove from the grill and cut the peach quarters in half lengthwise.

6. Serve the sandwiches hot with the peaches on top.

Access the grocery list for this recipe on your mobile device. timetogrill.mobi

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www.newscanada.com

If you have a favourite recipe you would like to share, contact us for details!

226A Bridge Street, Princeton

Weekend Movies

SATURDAY MOVIES

..... continued from Page 19

10:00 pm WTBS ch.3 "Batman & Robin" (1997, Action) Arnold Schwarzenegger. Batgirl joins the caped crusaders to stop Mr. Freeze and Poison Ivy from wreaking revenge upon the world.

11:12 pm FAM ch.26 "Batman & Robin" (1997, Action) Arnold Schwarzenegger. Batgirl joins the caped crusaders to stop Mr. Freeze and Poison Ivy from wreaking revenge upon the world. (In Stereo) (CC)

11:30 pm CBC ch.13 "The Constant Gardener" (2005, Drama) Ralph Fiennes. A mild-mannered English diplomat

begins a transcontinental quest to uncover the truth about his wife's death. (In Stereo) (CC)

SUNDAY MOVIES

..... continued from Page 14

11:00 pm KNOW ch.5 "Wigstock: The Movie" (1995, Documentary) Colorful costumes and flamboyant performances highlight a spirited examination of New York City's annual drag festival. (CC)



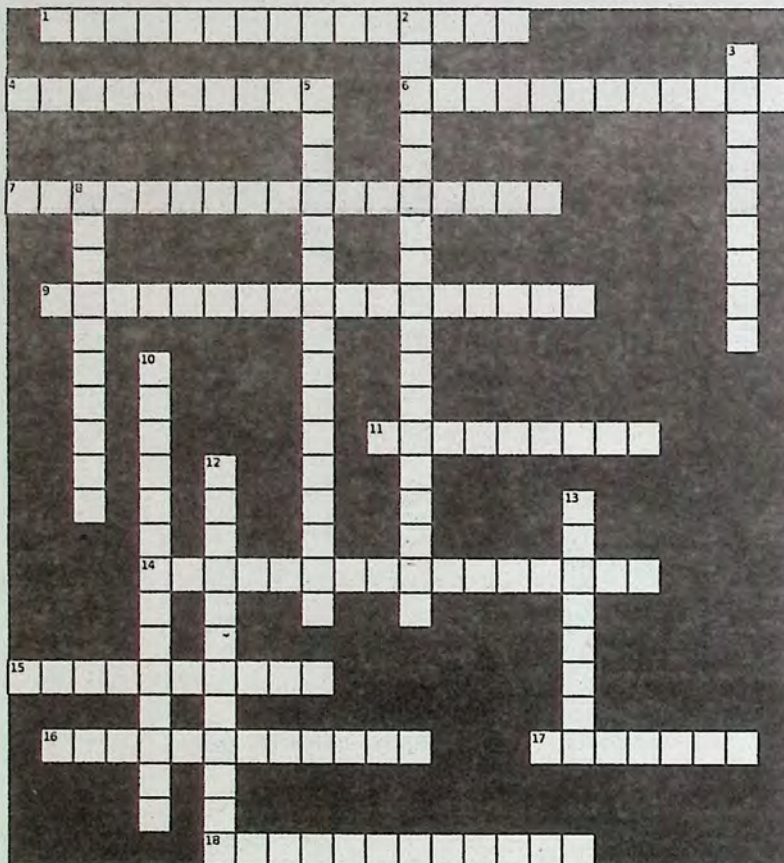
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News Leader Puzzler

Use the July 19th News Leader to find Answers Below...



- | | |
|--|---|
| <p>Across</p> <p>1 The winner of the Men's Club Championship.</p> <p>4 442 Squadron flies one of these.</p> <p>6 Mr. Rodeo</p> <p>7 In plain English it's a gypsy band.</p> <p>9 It's ten years old and is a pepper festival in Keremeos.</p> <p>11 She was reported as a missing person last week.</p> <p>14 The winner of the Ladies Club Championship.</p> <p>15 He did a T6 aerobic routine at the July 16th Air Show.</p> <p>16 Apricots are prized for their high level of this.</p> <p>17 The _____ Community Hall Society received an \$8,550.00 grant.</p> <p>18 He was the first President of Princeton Rodeo Club.</p> | <p>Down</p> <p>2 Better known as Recipe #382.</p> <p>3 Princeton Centennial Pool held this event recently.</p> <p>5 They hosted a Customer Appreciation Day July 23rd.</p> <p>8 The driller who operates the Tamrock Ranger 500 drill at the Yellow Lake project.</p> <p>10 What is affecting the hours of PGH's Emergency Department?</p> <p>12 This is a vision disorder involving the shape of the cornea.</p> <p>13 What can cost you more than sleep?</p> |
|--|---|

News Leader

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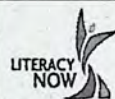
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Community Literacy Now Facilitator Job Posting

The Princeton Leader's for Literacy Task Group is a community group made up of representatives from many community organizations. The goal of the group is to promote literacy through awareness and advocacy, and to initiate and support learning opportunities to increase the literacy levels of children, youth and adults within the community of Princeton.

Under the leadership of the Princeton Leader's for Literacy Now Task Group with support from School District No. 58, the Community Literacy Now Facilitator will work to continue to implement the Community/District Literacy Plan.

Roles & Responsibilities

The facilitator will be responsible for building positive relationships with community groups, local government, educational institutions, businesses and other non-profit groups. As well, s/he will chair Task Group meetings and organize and host round table discussions with a variety of focus groups and service providers to facilitate both the goals of community plan "vision statement" and to identify and evaluate the current literacy assets and needs in the community. This position requires report writing, grant application and event planning skills and experience.

Skills & Qualifications

The individual we are looking for will have the following skills and qualifications:
- Proven ability to organize and manage projects, develop partnerships and a sense of community, consult and collaborate with others, and facilitate groups and build a team
- Exceptional communication and outreach skills (oral, written, email, word processing)
- Be self-motivated, take initiative and work independently

The successful applicant must:

- Hold a valid driver's license and have own transportation, travel will be required
- Provide his/her own computer and telephone, access to fax, etc. as required
- Pass a criminal record check.

This is a flexible, contract position. The contract is negotiable, commensurate with qualifications and experience.

Please drop off a cover letter with targeted resume no later than July 29th, 2011 to Work Zone Princeton.

We wish to thank all applicants, however, only those candidates selected for an interview will be contacted.



Editorial Page News Leader

Similkameen News Leader, 226A Bridge Street, PO Box 956, Princeton, BC V0X 1W0

My Turn...

Are Our Priorities In Order?

Bob Sterne has a great idea.

In case you haven't heard it, check out his letter to Town Council elsewhere on this page.

Basically he suggests putting money and energy into establishing residential homes in an effort to attract doctors to the community – rather than spending millions of dollars on building an aquatic centre.

While I'm still not 100% in favour, or against the aquatic centre proposal, I do have a problem with taxpayers going on the hook for something that will run an approximate half-million dollar-operating deficit annually. Those are the figures released at the first of a series of public meetings to inform you and me of details to assist us in making the right decision come Pool Referendum day.

One of the ongoing suggestions of building the aquatic centre is how it will apparently become a 'doctor magnet' for Princeton.

I find that to be, well, hard to believe.

However, I do see Bob's idea as being a bit more realistic in it's overall goal. Give doctors brand new homes as a gift for serving the community. How many doctors do you think would look at that as an attractive incentive? I think it would have a greater draw than a new aquatic centre that is still three years away if the referendum passes.

It's not just a Princeton problem either. The doctor shortage, that is.

So when you consider how many communities are out there fishing for new doctors, imagine how creative your community has to be to stand out from the rest. Maybe we have to give a bit in order to get.

There's no doubt in my mind that a new aquatic centre will bring huge benefits to our community, but I think we need to stop and take a very hard look at where our priorities should be.

Do we want our hospital emergency department to be closed a handful of nights each month as we try to convince residents that an aquatic centre (remember, still three years away) will hopefully attract doctors or should we be building homes for doctors and promoting that incentive for practicing in Princeton right away?

If you have a better idea we'd like to hear it.



Realty Executives Princeton hosted their annual Customer Appreciation Day July 23rd featuring free food and fun. From left, Brenda Crawford, Councillor Jason Earle, Susan Collins and April Earle. *

Treading Water

The following is an e-mail sent to Princeton Town Council concerning the local doctor shortage and proposed aquatic centre:

To the Princeton Town Council
RE: Doctors

Dear Sirs;

I saw on the morning news that the Princeton Hospital will be turning away all non-life threatening cases. We are all tremendously frustrated by the difficulty in attracting doctors to Princeton. While this may be too simple a solution, sometimes those are overlooked so I put it forward for your consideration.

Instead of building a swimming pool with the 'hope' of attracting doctors (which is at best a theory), why not purchase three nice houses suitable for doctors with a growing family and appropriate to their lifestyle.

As an incentive to moving to and practicing in Princeton, the first three doctors to apply would be able to move into the houses free of charge, and tax paid. Each year they practice full time in Princeton they would receive a 10% equity interest in the house, to be awarded at the end of each year. At the end of 10 years, they would own the house free and clear.

If the houses were valued at \$500,000 each, the cost to the

Town of Princeton and Area H would be \$1.5M plus the loss of tax revenue to the Town, plus interest. The amount to be borrowed for the proposed swimming pool was \$6M, four times as much.

If the roughly 3,500 properties to be taxed for the swimming pool were assessed for the doctors houses instead, the cost per household should be about \$32.40 per year over 20 years (one fourth of the \$129.60 to be assessed for the pool).

I would think that the opportunity for a doctor to earn a house over a 10 year period would be a significant incentive to moving to and practicing in Princeton. I would further suggest that the property owners in the area would FAR prefer having good medical services to a pool that by far the vast majority of us will never use.

Respectfully,
Bob Sterne, Coalmont

This was the e-mail response received by Bob Sterne from Mayor Randy McLean:

Sent:
Monday, July 04, 2011 7:21 AM

Thank you for your thoughts on the doctors, I will bring it up at our next council meeting.

- Randy

To The Editor,
Sir;

Here is a copy (see far left) of the e-mail I sent to Princeton Council with copies to Brad Hope and Harry Lali containing a suggestion regarding the difficulty in recruiting doctors in Princeton and questioning whether funding such a suggestion might be a better use of public funds than the Aquatic Centre.

As you can see, Mayor Randy McLean assured me that he would bring it up at last night's (July 18, 2011) Council meeting and that did not occur. If it had not been read from the floor, it would never have been discussed (see story on Front Page).

I feel very strongly that the residents of Princeton and Area H need to know how little the Mayor cares about viable suggestions and how little his word means to those who submit them.

Perhaps my email will be a discussion point for not only the recruitment issue, but also the larger picture of how our money is spent.

Regards,
Bob Sterne, Coalmont

Readers: Tell us what you think. Is Bob's idea worth exploring? Send us your comments.

Similkameen
News Leader

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EDITORIAL GUIDE

We would like you to write to us, but please remember to abide by anti-discrimination laws. The News Leader reserves the right to refuse to print any letter which is not signed by the writer or is slanderous, libelous or of uncommon sense. The Editor reserves the right to condense any letter or to substitute proper language for improper language.



Current Comment

Is The Worst Depression Coming?



Dawn Johnson
editor@thenewsleader.ca

I have been reading a lot of opinions by people considered experts on finance, and they are predicting another Great Depression in the near future. Of course, the first concern is what is happening in the United States, with their incredible \$14.3 trillion debt. If they don't raise the debt limit and borrow more before August 2, they will have to default, and that will plunge the world into a depression.

The Democrats want the debt limit raised and they want to tax the rich and the corporations at a higher rate. The Republicans refuse higher taxes and refuse more debt, and want to cut government spending on things like Medicaid and Social Security.

In Michigan, the government passed a bill which will cut off welfare to anyone who has been on it for four years. This does not mean cutting off only those people who live entirely on welfare, it means cutting off any sort of assistance, such as food stamps, even if a person is one of the working poor. The way I see it, the Republican ideal is to let the rich

keep getting richer and let the poor starve. That's a recipe for more crime and a revolution, in my view.

I oppose the Republicans' ideas, not because I am one of those bleeding heart left wing liberals they hate, but because I believe in fair play and truth. The Republicans say taking more money from the rich and the corporations is taking money from the people who create jobs. I would argue that notion is incorrect.

If the rich and corporations in the U.S. are anything like those in Canada, they are not creating jobs. Statistics Canada has clearly shown that reducing taxes on the rich and corporations, as Canada has been doing for nearly a decade, has not resulted in more jobs. It has resulted in higher profits, much of which has been deposited in places like the Cayman Islands.

I believe the rich and corporations should pay high taxes because most rich people are rich because they are connected to corporations that are rich. In the United States, it was that rich, enterprising nation that made the corporations rich. The U.S. government gave these companies their charters to operate, and having those charters was the first step to making the riches for which the United States was once known.

Despite having made their riches from the American economy, and despite having their head offices in the United States, these rich people and their corporations sent the jobs to countries where they could pollute all they wanted and pay as little as possible to the

workers who make their money for them. They abandoned the nation that made them rich (except for their head offices and their lobbyists) and their greed and disloyalty is the main reason the United States is now in the mess it is in.

The United States, once the biggest producer of manufactured goods and food, now imports more than it exports, every day of the year.

If it were up to me, I would cancel the corporate charter of any corporation that had its head office in the USA (or Canada) but actually produced its products on foreign soil. You see, the big argument used to be, "If you tax us too much, we'll leave and take the jobs with us." Well, they got lower taxes but the jobs left anyway.

The European Union is in trouble, too, and maybe we are headed for another Great Depression, but there are some people who say we are there already. People who never used food banks ever before are using them now. More and more people are shopping at thrift stores and yard sales. What does that tell you?

I say corporations have sold out the nations that gave them their start and are still their biggest consumers, but that is going to come to an end in a Great Depression, because people will not be able to afford the goods these corporations produce because the money will not be there anymore. It is always a big mistake to dance to the corporate tune when their greed can jeopardize everyone.

RCMP seek vandals

Princeton RCMP are investigating several incidents of vandalism which occurred in downtown Princeton sometime between July 15th and 16th.

Police say the same gold paint was used to mark building walls,

windows, garbage cans and mailboxes.

If you have information that may assist RCMP in their investigation, contact Princeton Detachment at 250.295.6911 or CrimeStoppers at 1-800-222-8477.

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Vanessa Michel of Cache Creek 'bends some poles' in Junior Girls Pole Bending July 23rd during the Princeton Little Britches Rodeo. The event set records for registered participants. *

..... continued from Page 8
 -bled the dose of the pills to settle his stomach. During one of these visits to the emergency room Pete had terrible diarrhea, it was so bad that he wasn't able to make it out of the bed in the emergency room to the bathroom down the hall. When he came home he asked me if I could wash him as the nurse that was on when this happened never gave him anything to clean up and even if she had he was too weak to do anything. He even had feces on his hands and they expected him to eat whatever they gave him like that.

He asked for a wash cloth so he could clean up, but he never got one. When I was washing him off in the bathtub he was so weak that he was shaking and he was very cold. I made him comfortable in bed afterwards and he went to sleep. (I would like you to note that each time Pete was kept in the hospital overnight he was always left in the emergency room. How they expected him to get any rest was beyond me).

The second to the last time that he went to the hospital here in Princeton I had to fight with the doctor that was on call to start Pete on an IV It took 4 hours before he told the nurse to start an IV and even then he did not think that it was needed. He told me that he had to have a game plan before he did things like this!!! (What did he think he was doing coaching a sports team)????

The nurse that he told to start the IV was so slow that it took her over 45 minutes before she finally got an IV going! After the IV was finished the doctor told me to take Pete home and take him to Pentiction in the morning and he would be having a scope done by the doctor that was on call. (Pete was so weak and

this doctor sent him home instead of sending him to Pentiction in an ambulance!!!) We went to Pentiction and Pete was admitted to the hospital and he had the scope done and the only thing that the doctor could find was that the bottom part of his stomach was very inflamed. He did a CT scan, but didn't see anything unusual except for a small dark shadow at the top of the bile duct. We asked him what he thought it was and he said not to worry about it as he was more concerned about the inflammation in the stomach and the shadow was something that could be looked at, at a later date.

Pete was in the hospital for two days and then he was sent home. The nurse that was attending to Pete told us that she didn't think that he should go home because he wasn't eating yet and he was still weak. On the way home we had to stop for construction that was going on at Yellow Lake outside of Pentiction and that is when Pete started to feel uncomfortable. He said that he had to loosen his jeans as they were too tight around his waist. (NOTE: When Pete was laying on his back in the bed in the hospital in Pentiction, he looked like a prisoner of war. His rib cage stuck out so far that you could have put your fingers under it! I should have picked up on it when he said his jeans were too tight around his waist, but I didn't. The jeans that he was wearing were hanging on him when he got out of the hospital.)

We got home and Pete went to lie down on the bed. He had a little bit of soup and then went to sleep. At 2:00 AM I heard him crying for me from the living room and when I got to him he was in such terrible pain that he could hardly talk to tell me where it was hurting. I finally realized that his stomach was very

tender to touch and it had started to bloat and I rushed and got dressed and helped him out to the car and took him to the emergency at the hospital. The doctor that was on call started him on an IV right away with morphine and Gravalol in it. He was admitted to the hospital and it seemed like the morphine was helping ease the pain. I stayed with him until he went to sleep then I went home as I am a diabetic and I needed to take my medication. I laid down for a while then I got a call from the nurse that Pete was not doing well, his pain was very bad and they were going to take him by ambulance to Pentiction. I rushed over to the hospital after calling our daughter Susy and she said that she could hear her Dad crying in pain the minute she walked into the hospital.

We waited for over a half an hour until the ambulance came (NOTE: This man is in horrific pain, not even the morphine was helping him at this point and the ambulance which is about a half a block away on the same grounds took over a half an hour to come as they were waiting for the ambulance from Keremeos to come to replace them, because the rule is that there has to be two ambulances on the grounds at all times) and Susy kept asking when they would get here.

She couldn't stand to see her Dad in such pain so she called the doctor and pleaded with him to give her Dad something more for the pain and he asked to speak to the nurse and the nurse then gave him something more just before the ambulance crew got there. Susy and I drove straight to Pentiction and Pete was in the emergency room by this time and was hooked up to IV's and all different types of machines.

..... Part Two Next Week

Little Britches Rodeo



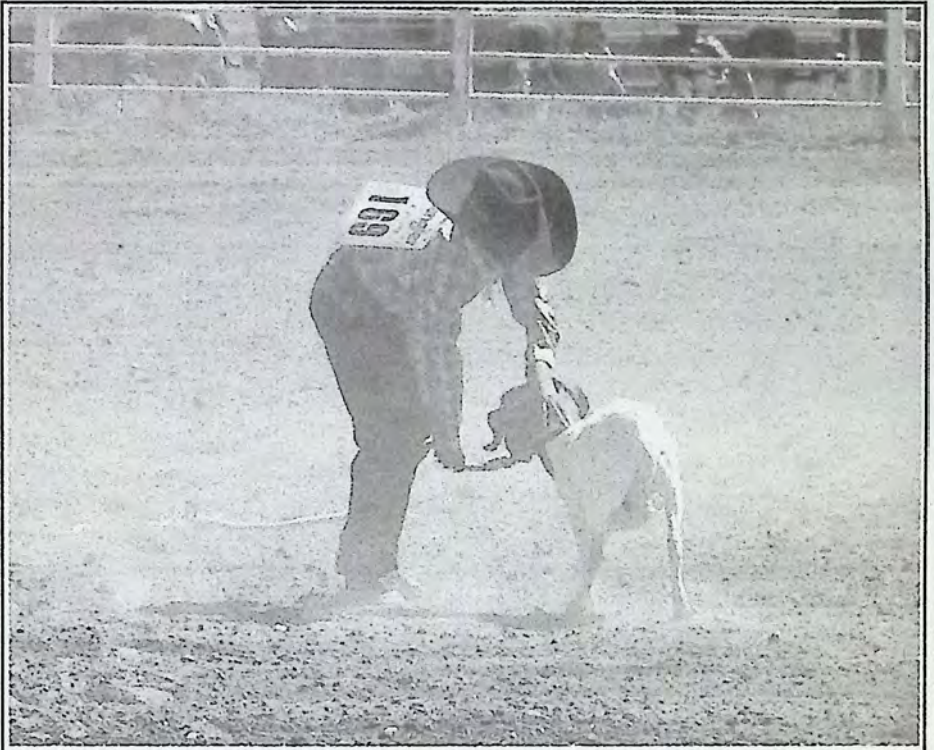
The view of just some of the many prizes available during Little Britches Rodeo. *



Lincoln Yarma of Chase rounds the outside pole in the Stake Race July 23rd. *



The key to Goat Tail Tying is knowing when to let the goat free. *



Armoni McRae of Quilchena gets his goat. Goat Tail Tying. *



Zoey Hamming of Vernon in Junior Girls Barrel Racing. *



Lincoln Hall of Aldergrove gets down to business in Junior Boys Goat Tail Tying. *

Brenda Crawford



brenda@beland.net
(250) 295-8182

Susan Collins



susan_collins@nethop.net
(250) 295-5359

April Earle



april@beland.net
(250) 295-5346

Sandra Simpson



sandra@beland.net
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