



Similkameen

# News Leader

\$1  
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Volume 14 Issue 33 #694 ISSN 1712-090X

Tuesday, August 16, 2011

Who's Working For You? See Below!



The new Princeton Posse 10th Anniversary logo, designed by Head Coach Dale 'Duner' Hladun, features two crossed guns to form the Roman numeral for ten. Herb Castle completed his rendition of the logo on centre ice at Princeton Arena August 9th. The Posse hosted a Prep Camp over the past weekend.\*

## Fatal crash claims one near Hedley

Princeton RCMP and South Okanagan Traffic Services are investigating a fatal single vehicle collision which occurred last Thursday evening near Hedley.

Princeton RCMP attended to the scene of the collision August 10th at around 7:30 PM approximately 20-kilometres east of Princeton on Highway 3.

Investigators believe that speed was a contributing factor to the crash. A 2010 Honda Civic driven by a 25-year old Korean national male, at a high rate of speed,

entered into a curve and went off road to the left. The car slid sideways in the ditch for a distance of approximately 50 metres and dug in causing it to tumbled several times. A 24-year old female passenger was ejected from the vehicle and was fatally injured when the vehicle rolled over.

The male was transported to Penticton Regional Hospital where he is in stable condition. RCMP Traffic Services and the BC Coroners Service are continuing their investigations.

## RDOS fights West Nile virus

Later in the summer, we seem to have fewer mosquitoes bothering us. The temperature is rising and residents are out enjoying the sun and the warmer evenings. Even though we may not be inundated with hungry mosquitoes, residents and tourists are urged to continue to take precautions against mosquito bites.

"The mosquitoes that can carry West Nile virus are still active and searching for a blood meal," explains Erica Kroeker, RDOS Mosquito Control.

"West Nile cases generally peak in late August and September."

The RDOS will be sending out West Nile brochures to residents in the near future with tips and con-

tact information.

### Protect Yourself

Limit your time outdoors at dawn and dusk; the mosquitoes that can carry West Nile virus are most active at these times. Wear loose, light-coloured pants and long-sleeved shirts. Use mosquito repellents as directed on the bottle.

At your home be sure to mend screens and reduce sources of standing water on your property. Clean and unclog eaves-troughs and gutters and remove water from any depressions on your roof or driveway. Refresh pet dishes and bird-baths once per week. Remove any standing water from items such as tires, pails, tarps, boats, pool and hot-tub interiors and pool covers.

If you are bitten by a mosquito you do not have to be tested for West Nile virus. Only one in five people that become infected show any symptoms.

West Nile virus symptoms are generally similar to the flu but in some cases very serious illness can develop. Residents should contact their doctor or contact the BC Nurseline by dialing 811 if health issues arise. People over 50 years old are more at risk of developing serious health problems.

### RDOS Helps Reduce the Mosquito Population

The Regional District of Okanagan-Similkameen (RDOS) West Nile Virus Prevention Program began in mid-May this year and will continue into late August. Each week, the RDOS Mosquito Control Crew tests stand-

ing water at identified sites for the presence of mosquito larvae. If the site requires treatment, a granular bacterial larvicide is applied to the water.

This natural bacteria kills mosquito and biting black fly at their larval stage but does not kill adult mosquitoes. The product has been found to not harm other insects, amphibians, reptiles, fish, birds or mammals.

Storm water catch basins provide excellent habitat for West Nile Mosquitoes.

So far, the RDOS has treated over 4,400 catch basins throughout the RDOS.

The RDOS, along with Provincial and Health authorities, use traps to collect adult mosquitoes locally. The type of mosquitoes are identified and then sent to the BCCDC to be ground up and tested for West Nile virus.

Dead birds of the Corvid family (includes crows, ravens, jays, magpies, and Clark's nutcrackers) and

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some horses and seriously ill humans are also tested. If you are a horse owner, horse vaccines are available. Contact your veterinarian for more information.

To report a dead Corvid call the Interior Health Authority at 1-866-300-0520.

To report a potential mosquito breeding site, contact the RDOS Mosquito Control Program at 250.490.4232, toll free 1-877-610-3737 or send an e-mail to info@rdos.bc.ca.

Car and light truck tires can be picked up by the RDOS free of charge until early September. RDOS residents can call the Tire Pick-up Hotline at 250.490.4232 or toll free 1-877-610-3737 or drop off their car and light truck tires to local landfills for free.

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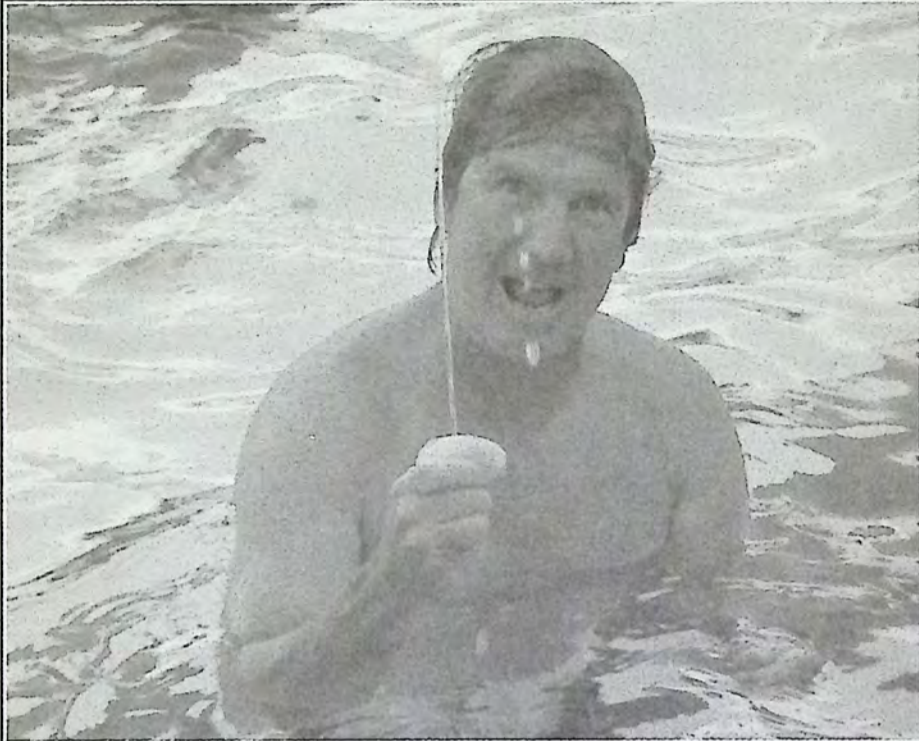
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# Tropical Trouble at Centennial Pool



This is what happens when you squeeze a rubber duck full of water. Beware! \*



A Cannonball Contest was held during Tropical Trouble Night August 10th. \*



A Diving Contest was also held August 10th as part of Tropical Trouble Night. \*



It was called a Candy Scavenger Hunt. It involved chocolate pudding, you weren't allowed to use your hands and somewhere there was a candy. It was fun! \*



The Diving Contest went many, many rounds in order to determine a winner. \*



Centennial Pool Staff dance the 'macademia' on the pool deck. \*

# Princeton Court News

News Leader Court Reporter - Dawn Johnson

## Street dispute ends in Court

On October 12, 2010, Kevin Huff hit Gordon Wood in the face. Huff stood trial in Provincial Court in Princeton on August 11 on a charge of assault.

Witnesses said Wood was driving his pick-up truck on Bridge Street at the same time Huff was crossing the intersection. Wood said he

## Man jailed for breach

Kevin Lynch arrived in Provincial Court in Princeton in handcuffs on August 11 and left in handcuffs. He had been arrested on August 8 for uttering threats to Gerri MacMullen and breaking windows. He was released from custody after the incident, but with

drove through the pedestrian crosswalk after seeing Huff was half way across. At that point, Huff banged the side of the truck with a cloth bag containing a prospector's hammer. Wood said he stopped and an argument ensued in which Huff hit Wood in the face, knocking off his glasses. Then a nearby busi-

nessman called the police.

The essence of the matter was Huff's anger that Wood had not stopped as his vehicle approached the crosswalk. Wood said Huff told him he should not have driven across the crosswalk until Huff was all the way across the street. Huff was not struck by the vehicle nor injured in any way, but appeared to have been infuriated by Wood's driving, telling Judge Shaw that he was going to teach Wood a lesson. Judge Shaw took time to review the evidence and found Huff guilty of assault. She ordered Huff to serve six months conditional sentence during which he is not to have any contact with Wood nor to possess any firearms.

nessman called the police.

The following day, he breached those conditions and was taken into custody. His case was adjourned to Friday in Penticton to allow him time to consult a lawyer, but he was to go from Penticton to Kamloops Regional Correctional Centre.

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## RCMP report two break-ins

On August 11th, two break and enters were reported at local businesses along Vermilion Avenue in Princeton.

Allison's Athletics and the Princeton Crisis Society were the targets with the incidents occurring

sometime between 8:00 PM on the 10th of August and 6:00 AM the next morning. Entry was gained through the front door of both businesses, in similar fashion.

Police point out, "It appears as though culprits spent significant

time in each business."

Money appears to have been the target, as cash was taken from both locations. No other damages were reported. You are asked to contact RCMP or CrimeStoppers if you have any information.

# Princeton Traditional Music Festival

FOURTH ANNUAL

Friday, August 19

6:30 PM - Official Opening

7:00 PM - Street Dance, Veterans' Way, to the music of the Psycho Acoustic Ceili Band (no partner necessary, all dances taught)

Saturday, August 20 & Sunday, August 21

10:00 AM - 6:00 PM on two stages (Vermilion and Museum)



### 2011 FEATURE PERFORMERS:

\* MARIAN BUECHERT \* ERIC & BETTY ARMSTRONG  
 \* ALEX ATAMANENKO & LAWRENCE HALISHEFF  
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 \* PSYCHO ACOUSTIC CEILI BAND  
 \* RABBLEBERRIES \* RATTLEBONE BAND  
 \* BRIAN ROBERTSON \* CHRIS ROE  
 \* KAREN SMART & CHRIS BISHOPP  
 \* SOLIDARITY NOTES LABOUR CHOIR  
 \* SONGTREE \* STAB THE CAT  
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NOTICE OF APPLICATIONS FOR SCRUTINEERS  
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 AQUATIC CENTRE SERVICE for ELECTORAL AREA 'H'  
 (RURAL PRINCETON) and TOWN OF PRINCETON

On Saturday, September 24, 2011, qualified electors within the proposed Electoral Area 'H' (Princeton Rural) and Town of Princeton Service Area will be voting on the following question:

The purpose of Bylaw No. 2564, 2011 is to establish a service for the purpose of providing an aquatic centre in the Town of Princeton including without limitation the acquisition of all necessary interests in property and the construction and maintenance, with a maximum annual requisition by way of parcel tax of \$1,206,491.

The purpose of Bylaw No. 2565, 2011 is to authorize the Regional District to borrow a sum not to exceed \$6,000,000 (six million dollars) for the purpose of providing an aquatic centre in the Town of Princeton under the Princeton Aquatic Centre Service, including without limitation the acquisition of all necessary or desirable interests in property and the construction of the aquatic centre facilities.

Are you in favour of the Regional District of Okanagan-Similkameen enacting Bylaw No. 2564, 2011 and Bylaw No. 2565, 2011?

Scrutineers for and against the question must be appointed if applications are received from persons who wish to volunteer for the positions. Only persons entitled to vote as electors on the question shown above are entitled to act as scrutineers. One scrutineer for and one scrutineer against the question will be appointed for each voting place if sufficient applications are received.

Applications to act as a scrutineer will be received by the Chief Election Officer at the office of the:

Regional District of Okanagan-Similkameen  
 101 Martin Street, Penticton BC

during the period:

8:30 AM, Wednesday, August 31, 2011 to  
 4:30 PM, Friday, September 9, 2011

Applications will only be received during regular office hours, 8:30 AM to 4:30 PM, Monday to Friday during this period. Application forms are available at the Regional District office in Penticton or alternatively on the Regional District website [www.rdos.bc.ca](http://www.rdos.bc.ca) > News and Events.

Interested persons can obtain information on the requirements and procedures for making an application by contacting the following persons at the Regional District office (phone: 250.492.0237):

Cathy Cowan, Chief Election Officer  
 Diane Vaykovich, Deputy Chief Election Officer

Cathy Cowan  
 Chief Election Officer

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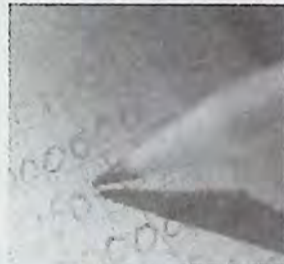
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**Thursday, August 25th**

And the LAST Thursday of every month

**Princeton: 1:00 pm to 4:00 pm**

Community Skills Centre, 206 Vermilion

Keremeos: Call 250-498-5353 for appointment

Or 1-800-667-2393 [AtamaA1@parl.gc.ca](mailto:AtamaA1@parl.gc.ca)  
[www.alexatamanenko.ndp.ca](http://www.alexatamanenko.ndp.ca) or [www.alexndp.ca](http://www.alexndp.ca)

**Keremeos News**



Members of the Similkameen Sizzle planning committee met August 10th at Branding Iron Restaurant to finalize details on the 10th annual pepper festival set for Saturday, September 17th in Memorial Park. \*

**Pepperfest plans sizzle**

The Similkameen Sizzle planning committee met August 10th to review final plans for the September 17th pepper festival.

Next month's event will be the tenth annual and the schedule of events is complete.

The Fireman's Breakfast (featuring veterans and recruits) will run from 7:30 to 10:30 AM. Breakfast will cost only five dollars and proceeds will go back into the community for a yet to be determined worthy cause.

The Corner Turtles will start providing entertainment at 8:30 AM with the Chili Cook-Off (tasting and judging) at 11:00 AM. Popular family entertainer Mat Duffus will be on stage from 11:00 AM to 1:00 PM.

Children's Games will be provided from 12 Noon to 4:00 PM with a Beverage Garden open for adults from 12 Noon to 6:00 PM.

Gary Comeau and the Voodoo Allstars will play from 2:00 PM to 5:00 PM with the Sear Factor pep-

per eating contest finishing the day at 5:00 PM.

All of the activities planned during Similkameen Sizzle will take place at Memorial Park in the centre of Keremeos and although there is a nominal fee for tasting and judging packages during the Chili Cook-Off, there is no fee to enter the park.

There will also be a number of vendors on site providing food, educational displays and various retail items for sale.

**Kids perform in Grist Mill Gardens**

by Dave Cursons

It's going to be a fun and busy time in the gardens at the Keremeos Grist Mill this coming week.

Last August the Grist Mill kids got together to build their own storybook and then acted it out for an audience using costumes and fellow writers as actors.

The program happens this week, August 15 to 19 from 9:00 AM to 12 Noon at the Keremeos Grist Mill and Gardens, 2691 Upper Bench Road in Keremeos.

This year it will be a Box Theatre production. Cardboard appliance boxes will be the theatre through which each youngster can produce their own short play. The audience of two looks in at the other end of the box.

There will be materials to decorate

the set and lots of encouragement to write and act a short play.

Besides the writing and stagecraft there will be plenty of run around activity based upon theatre games. Bob MacAtmney of the Cawston Players will lead the games again this year. The short plays will be presented at 10:30 AM August 19th at the Grist Mill Tea House.

The kids theatre program is presented by Similkameen Family Literacy, which is supported through Provincial Gaming Grants obtained by Lower Similkameen Community Services Society.

Registration is free by calling Cheri Mitchell at 250.499.2352. Older teens and grownups are welcome to join in as volunteers.

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Rustic Roots Winery released their second vintage on Sunday, August 14th, a sparkling Fameuse Frizzante (right) honouring the Barcelo Family. The first vintage, released last year, was an Apricot Dessert Wine (left) celebrating the Manery Family. The winery is located at Harkers Organics in Cawston. \*

## Village releases Council Highlights

The Village of Keremeos released the following Highlights from the July 25th Regular Meeting of Council:

Council considered a request from a local resident to allow sea/shipping containers on residential properties to be utilized for storage sheds. The resident has placed one on his property, has painted it and put a roof on it - he was unaware when he placed the container that, these type of containers are not permitted in residential zones in the Village's current zoning bylaw. Council agreed to have staff research what other communities do with respect to sea/shipping containers and report back to Council with the findings.

Council agreed to support the efforts of the Otesha project by donating funds to them to cover their costs of renting the Victory Hall for their events in September 2011.

Council considered the draft RDOS Solid Waste Management Plan and made several comments including the requirement for more public support for a future organic waste pick-up program, and that funds, should be set aside now for future purchase of land for landfill sites in order that the costs to the taxpayer does not come all at once.

Council agreed to allow on a six month trial basis the residents of the affordable housing complex on Veterans Avenue to utilize the utility corridor to the north of the complex as a dog off-leash area as long as the residents ensure feces are promptly removed, that the lands are kept in good condition and that fencing and a gate are installed by the residents of the complex.

Council agreed for the Village to

contribute \$475 to the farewell event and gift for the outgoing CAO, Joni Heinrich who has been with the Village for 4 years.

Council approved the removal of various danger trees in the Village that are growing on Village owned property, including 4 Chinese Elm trees at the south end of Earl's Crescent, and 4 Lombardi Poplar trees adjacent to 803 A 9th Avenue.

Council asked staff to engage Troyce Beglaw, auxiliary RCMP to conduct measuring and analysis of traffic speeds along 12th Avenue near Pine Park in response to a request for traffic calming measures. The information gathered will be brought back to Council for further consideration.

Council agreed to rescind an earlier motion which would have had staff hiring a traffic safety professional to analyze the existing safety measures on 4th Street between Veterans Avenue and Highway 3.

Council had considered obtaining advice from a traffic safety consultant in response to a request from two of the Village residents to remove a speed bump on 4th Street adjacent to the playground, water park and swimming pool in Memorial Park. Council reviewed the information contained in the Transportation Study that was conducted in 2009, and resolved not to perform any further analysis on the safety measures on 4th Street between Veterans Avenue and Highway 3.

Council considered a request from Lower Similkameen Community Services Society for a tax exemption on its offices located on 3rd Street in Keremeos. The society does provide many community services and is considered a not-for-profit organization, howev-

er it is charged property tax on its office building in a business rate classification set down by the BC Assessment Authority, Council asked staff to write to BCAA to determine the process for changing a classification, and also asked the CAO to write to LSCSS to inform them of grant-in-aid opportunities available from the Village as well as Electoral Areas B and G of the RDOS.

Council agreed to support the "Our Okanagan" website which is a website that provides information for businesses all over the Okanagan and Similkameen as to what other businesses provide services that can be procured locally by the area's business owners/operators.

Council supported the application by the owners of the Branding Iron Bar and Grill for an extension to the liquor service hours associated with their food primary license from 12 midnight to 2:00 AM on a 12 month trial basis.

Council appointed the incoming CAO, Laurie Taylor as the Chief Election Officer for the upcoming Local Government Elections, and Wendy Curr, Village Clerk as the Deputy Chief Election Officer.

Council heard from several members of the public during question period regarding the speed bump on 4th Street including how some people are of the opinion that it is unsafe and that it should be removed and 4-way stops be installed at the corner of Veterans Avenue and 4th Street.

Council also heard from gallery members about the upcoming election and the perceived responsibility of the Village of Keremeos to electoral areas adjacent to the Village's boundaries.

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## You're invited...

...to the Keremeos Official Community Plan Update Open House!

The Village of Keremeos is undertaking an Official Community Plan (OCP) update. The project, led by MMM Group Ltd., will review and update the Village's policy document and provide opportunities for community input and participation every step of the way.

To kick-off the OCP Update, the Village of Keremeos and MMM Group invite you to the initial Official Community Plan Open House. The Open House provides residents with an opportunity to learn about the project - what it means, what's involved, and how it will proceed to completion; meet and speak with Village Staff and the OCP Project Team, learn how to get involved throughout the project; and provide initial feedback to kick-start the process!

- Inspire, or be inspired,
- Prioritize how you think your Community should move forward over the next 5-10 years...
- Have a hand in shaping your community,
- Start by joining us for the first Open House

### Official Community Plan Community Open House

When  
Wednesday, August 17, 2011 from 6:30 - 8:30 PM

Where  
Village of Keremeos Council Chambers  
702-4th Street, Keremeos, BC V0X 1N0

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# Health / Lifestyle News

## Cut down on chronic pain-related stress

(NC)—For the first year after she was diagnosed with fibromyalgia, Rochelle Callaway spent all her time running from one medical appointment to another.

"I would spend four or five days each week seeing doctors, acupuncturists and physiotherapists," said Callaway.

"All my time was focused on learning about my condition, so I didn't pace myself properly."

Fibromyalgia, a chronic pain condition, affects 1.2 million Canadians. Symptoms include constant muscle soreness, tenderness and flu-like aching, problems sleeping, stiffness and fatigue. The fatigue is especially troubling as patients who have difficulty sleeping feel an increased amount of pain because their bodies seldom get into a deep, restorative REM sleep, which is required for the body to rejuvenate.

For those like Callaway who live with fibromyalgia, the constant stress that comes from trying to manage their own care can worsen the condition and prevent them from living well.

"If you live with fibromyalgia, then you need to listen to your body and

set realistic goals for what you can accomplish in each day," said Callaway.

"My days are flexible, so if I don't have enough sleep and my pain is worse the next day, I can take time to rest. Then I move the tasks from that day to another."

*Callaway has found these tips help her reduce her stress and pain levels:*

- Find solutions for your sleep. During sleep your body produces hormones that help heal muscles and ease muscle pain. Without enough sleep your pain may be amplified the next day. Work with your physician to find solutions that may help you get the sleep you need so your pain is manageable.

- Treat your whole health. Many alternative therapies, such as massage or modified warm-water exercise, and bathing with Epsom salts can help reduce pain and alleviate stress. Consult your health care team on which therapies are best for you.

- Modify your expectations and pace. Often people who are newly diagnosed with fibromyalgia think they can be cured. While there is no cure, the condition can be managed.

Set achievable goals for yourself and milestones that you would like to accomplish, taking into account your new reality. Learn to pace yourself and schedule time for relaxation and rest into your daily routine.

- Track your pain. A pain journal is a great way to track your stressors. Use it to write down your symptoms, thoughts and feelings about living with pain and what contributes to your pain or relieves it. Bring it to your doctor or any other pain team members, such as your pharmacist, to help them better understand your pain and how it affects your day-to-day living.

- Build a relationship with your pharmacist. Use your pain journal to keep track of your medications, the dosages, any side effects you experience and how long your medication keeps you pain-free. Make sure your pharmacist knows all of the medications and supplements you're taking to prevent interactions and so adjustments can be made to keep you as healthy as possible.

More information on how to speak to your doctor about your symptoms of fibromyalgia is available at [fibrocentre.ca](http://fibrocentre.ca). - [www.newscanada.com](http://www.newscanada.com)

## Living Past 100

### Are The Rich Healthier? Yes & No

The amount of money you are worth can affect your health, if you let it. Being content with your life and having a sense of self-worth lead to health. A study done worldwide tried to find who are the healthiest and happiest people in the world. These people were asked to answer seven questions rated to determine health.

Based on income, the top wealthiest people (one percent of the world's population) scored 5.8 on the seven point scale. This makes it look like the healthiest and happiest people are the rich. This is not true. Right up there with the big money people are the Amish people, who live very simply, without electricity, and still use horses for plowing and transportation. The Inuit of northern Greenland also scored 5.8, indicating they are contented with their lives of hunting and fishing. The Masai people of eastern Africa scored 5.8 too, yet they have next to nothing except their cattle, their herds, and each other. They do not have electricity, cars, or even running water, but they are happy and healthy.

One of the ways we can destroy our health is through comparing what we own with what others own. There is a tendency to establish self-worth on how much money we have. There are relatively few really wealthy people compared with the number of poor people, yet the study shows some of the poorest people in the world are happy and healthy.

Stephen Bezruchka, a professor of public health, explains what happens to people's self esteem in our society. "The bigger the income or wealth gap, the more we feel left behind and the harder we work to try to catch up. We feel under pressure to prove ourselves against the measuring stick of self-worth, namely how much we earn and what it can buy us."

Yet his study shows there are three groups in the world who would be called poor but whose scores equal that of the wealthiest people. What makes the difference? All of these communities have things in common: they share their resources, they care for each other, and they value each other for what each contributes. They live in systems in which money does not determine the worth of a person. Each person is valued for what he or she contributes to the community's well-being.

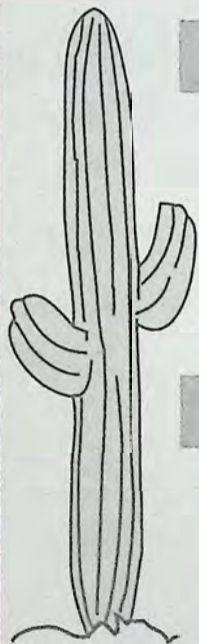
If you are one of those people always concerned about how much money you need, how much money others have, and how much you can buy, then you are putting stress on yourself and spoiling your health. Perhaps the best indicator is how you spend your leisure time. Do you spend more time caring for things or more time caring for others?



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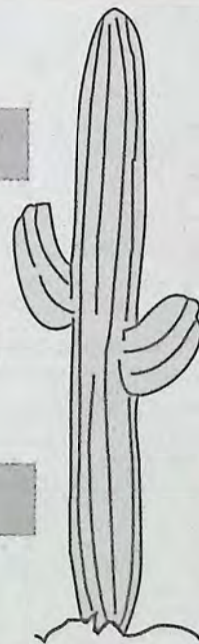
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The Regional District Okanagan-Similkameen logo sits on the centre line at Princeton Arena. \*

## R.D.O.S. News

### Regional District Okanagan-Similkameen

*From The August 4th Regular Meeting of the RDOS in Penticton: Climate Action Policies*

The Province of British Columbia has mandated that the Regional District of Okanagan-Similkameen undertake Climate Action Planning.

The RDOS together with Keremeos, Oliver, Osoyoos, Penticton and Princeton, has developed regionally coordinated Community Climate Action Plans (CCAP) for the region, member municipalities and rural areas. The CCAPs provide strategic guidance on how to reduce community energy use and greenhouse gas (GHG) emissions.

The RDOS has only recently adopted the CCAPs and is following up by amending the Official Community Plans.

An amendment to the Regional Growth Strategy (RGS) has been prepared to incorporate the Climate Action requirements and is being processed separately.

The Area H Official Community

Plan (OCP) is also in the process of being updated and the Climate Action requirements are being incorporated into the update and will be adopted with the OCP update. RDOS staff will prepare for a public hearing.

**Princeton Aquatic Centre**

The Town of Princeton and the RDOS partner in the provision of recreation services which includes Riverside Centre and the Princeton Arena. In recent years the concept of a new aquatic facility and service has been brought to the forefront and discussed by the community and surrounding rural areas.

The Board gave three readings to the Princeton Aquatic Centre Service Establishment Bylaw No. 2564 and Bylaw No. 2565 Princeton Aquatic Centre Loan Authorization Bylaw.

Princeton Aquatic Centre Referendum Voting will be held on September 24, 2011 to receive approval from both Electoral Area 'H' and the Town of Princeton.

## Crash closes highway

A serious collision occurred 2 kilometers west of Sunday Summit near Princeton on Highway 3 at approximately 12:30 PM Sunday, August 7th.

"A motorcycle was traveling eastbound when it crashed into a westbound travel trailer," explains Cst. P. C. Fry of South Okanagan Traffic Services.

"The motorcycle then bounced back into the eastbound lane where it was struck by another vehicle."

Police say the male driver of the

motorcycle was air lifted to Royal Columbia Hospital with undetermined injuries. Traffic was halted while the air lift was in progress. "The Highway was then opened to one-way alternate traffic," Cst. Fry adds.

The drivers and passengers of the two motor vehicles appeared to have no injuries and police continue to investigate the incident.

No further information has been released by RCMP concerning the accident.

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FortisBC residential rate (per GJ)\* \$4.57 per GJ effective August 1, 2011

Gas Marketers' Residential Fixed Rates (per GJ)

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Access Gas Services Inc. 1-877-519-0862 accessgas.com	Prime Rate Natural Gas Agreement	\$4.64				
	Access Gas Prime Rate	\$5.14				
	Residential Price Protection Plan		\$5.39	\$5.64	\$5.89	\$5.89
	Green Energy Price Protection Plan	\$6.14	\$6.39	\$6.39	\$6.89	\$6.89
Active Renewable Marketing Ltd. 1-866-628-9427 activerenewable.com	Green Natural Gas Protection Plan					\$8.99
FireFly Energy 1-888-780-3298 fireflyenergy.ca	FireFly 1 Year & 3 Year Plans	\$5.33		\$5.33		
Just Energy 1-866-587-8674 justenergy.com	Fixed Price Program				\$6.15	\$6.15
Smart Energy (BC) Ltd. 604-415-3599 smartenergybc.com	Fixed Rate Program	\$5.40	\$5.40			
Summitt Energy BC LP 1-877-222-9520 summitenergy.ca	Flat Rate Program					\$6.99
	EverGreen Program					\$7.99
Superior Energy Management 1-866-872-2991 superiorenergy.ca	Price Protection Plan			\$5.20		

\*Chart shows gas marketers' rates for a range of fixed terms. Marketers typically offer a variety of rates and options. Check websites listed or call to confirm current rates. Rates are subject to change. FortisBC rate may change quarterly. This advertisement is produced on behalf of the BC Utilities Commission. The Customer Choice name and logo is used under license from FortisBC Inc.

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# COPPER MOUNTAIN

## MINING CORPORATION

Copper Mountain Mining Corporation hosts an Official Opening Ceremony August 18th at the mine. Rides to the site will be provided by bus and will pick up residents from Memorial Park. The day will include mine tours, a lunch, guest speakers and bus rides back to town. The mining company has also provided some funding to the Princeton Posse hockey club with the purchase of an ice logo at the Arena. \*

## Recycle tires, fight virus

In an effort to help residents reduce mosquito habitat on their properties, the Regional District of Okanagan-Similkameen (RDOS) Mosquito Control crew will be collecting car and truck tires from homes until the beginning of September.

Residents in the RDOS or on local Indian Band land can phone or e-mail the Regional District for pick up. Residents must leave their address, contact information, location of tires, and number of tires.

Old tires are an ideal mosquito habitat that accumulates warm, stagnant water that doesn't evaporate quickly.

Mosquitoes lay their eggs in this water and the tires provide the larvae with ideal heat and debris for development.

Erica Kroeker, with the RDOS Mosquito Program, urges everyone to look at their property and either remove or regularly clean out anything that can hold water. Mosquitoes only need a teaspoon of water to breed in.

Reducing warm, stagnant pools will reduce the population of mosquitoes that can carry the West Nile virus.

"In the summer, mosquitos that can

carry West Nile virus emerge," explains Kroeker.

"These mosquitoes don't come in the huge swarms like the nuisance spring mosquitoes and people often become complacent. Removing items that collect water around your property and continuing to practice personal protection throughout the summer helps to prevent West Nile virus infection."

The RDOS Mosquito Control Program will be collecting tires from residents free of charge. All tires will be delivered to a local landfill for recycling.

In BC there is a free take back program for clean light truck and car tires. Most tire retailers (check with the store) will take back 4 clean light truck or car tires per customer.

The Campbell Mountain, Oliver, Princeton, Okanagan Falls and Keremeos Landfills will accept clean light truck and car tires. All the tires must be reasonably free of mud, rocks and dirt. Only car or light truck tires will be accepted for free while oversized tires will be charged.

For drop off locations near you or information about the take back program visit this website: [www.tirestewardshipbc.ca](http://www.tirestewardshipbc.ca).

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# News Leader Entertainment

Similkameen News Leader TV Guide Listings - August 16 - 22, 2011



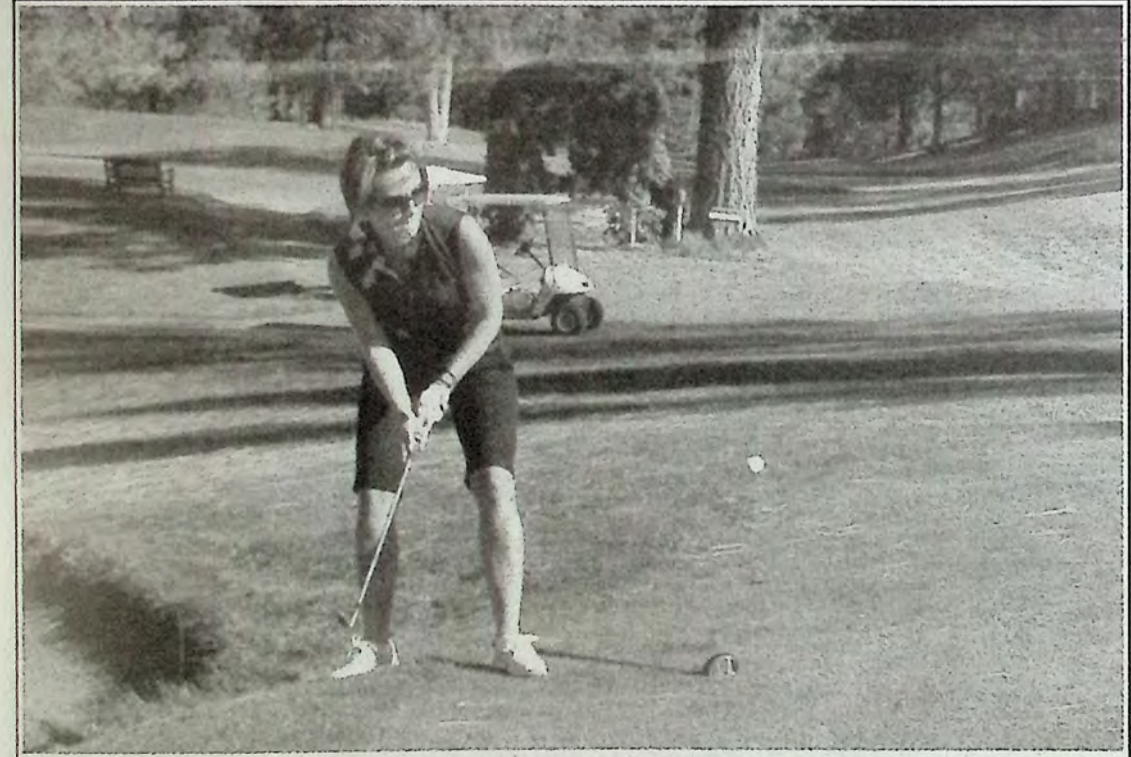
The winners of the 2-Lady 2-Day Golf Tournament at Princeton Golf Club. From left, Myrt McLaren, Sharon Blower, Helen Rogers, Margaret Wilson, Barb Fraser and Pat Schmunk. Photo: Sharleen Anderson

## Ladies host new fun tournament

by Sharleen Anderson  
 On the weekend of August 6th and 7th a total of 11 teams of lady golfers enjoyed two days of golf with a different format of golf being played every 9 holes.  
 They played net points, Scotch Ball, Chapman, and Scramble formats and had much fun either relying on their skills or their partner's skills depending on the game.  
 Winners of the weekend were Myrt McLaren and Sharon Blower (left)

with net scores of 126.5. Second (middle of photo) were Helen Rogers and Margaret Wilson, while 3rd place (right) was clinched by Barb Fraser and Pat Schmunk.  
 There were prizes for all teams and this type of tournament will definitely become an annual event.  
 On course winners for Saturday were Brittani Martini for furthest in 2 shots, Jeannette Gerard for KP, Sharon Elko for KP, Myrt and Sharon Blower for closest chip and

closest to the 100-yard marker.  
 Sunday winners out on the course were Jean and Jeannette for closest chip, Barb and Pat for longest putt and closest to the distance sign, Myrt for KP, and Helen and Margaret for furthest in 2 shots.  
 As always, the meals were delicious and the course is in fantastic shape. Our breathtaking and challenging golf course definitely make Princeton a golf destination. Come on out and enjoy the experience!



Nice chip shot! \*

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**From Fur Traders to Miners to the Railroad**

# Similkameen News Leader - Horoscopes

August 17 - 24, 2011

**Aries** - Life around home may be full of conflict generated by lack of cooperation and/or understanding between you and your partner. You see your partner as limiting what you want, refusing to build a better home. You want to expand your holdings, get more value.

**Taurus** - Focus on your home and family for greatest enjoyment, but siblings and neighbours may bring you problems. You may want to be really harsh in what you say to them because you are angry at them. Cool it. Watch out for appliances and vehicles having breakdowns. Fix what needs fixing. Steady!

**Gemini** - You may be spending a lot whether you want to or not. You can sweet talk your way through problems. Your health is good but you may be having weight gain problems. Pay attention to diet. Former critics or opponents may move to your side now. Work goes well, but busy.

**Cancer** - Watch out for your ego dominating situations. Express your values. You have plenty of energy but could be accident-prone. Proceed with caution. Life at home restricts you either from lack of money or through too much work to do. Your property does need work. Family may be a burden.

**Leo** - Well, your best time of year is running out rapidly now. You may have a lot of worries, and some health problems need attention. Enjoy this last really good weekend for you, and then take care of business. Work will be demanding, things will not run smoothly. Solve problems.

**Virgo** - You are entering a phase when it is important for you to try to see yourself as others see you. Be aware of the impression you make on others. Maybe you need a makeover: now is the time to do it. Plans may go awry now, or groups you belong to may have discord or upsets. Take it in stride. Study.

**Libra** - Your career is still in a problem phase, and will demand a lot from you. Authority figures may be difficult to deal with. Be serious and firm, stand up for yourself and what you believe in, but don't fight. Prevail with logic, reasonable explanations. Stick to facts and figures.

**Scorpio** - Partnership matters continue to run smoothly. Others see you in a good light. Career matters call for self-expression. There may be problems with travel or with travel plans. You may do too much worrying, or take things too seriously. Enemies may try to restrict your success or hold you back.

**Sagittarius** - Travel goes smoothly, anything you need to learn comes easily. You can teach others easily, too. This weekend, your career may suddenly become a source of great pleasure. Your best source of enjoyment comes from spending time in rural areas amid natural environment.

**Capricorn** - Your partner or good friend may have problems or cause problems for you. Try to be calm about those persons who are behaving toward you in an angry or aggressive way. They are having ego problems. This weekend, turn your best thoughts toward learning something that pleases you.

**Aquarius** - Fun with friends may bring you unexpected benefits this weekend. Watch out for hazards around home and on the job, as you could cut or burn yourself. Guard your health carefully now. Flu, colds, stomach upsets could make your life miserable. Take care.

**Pisces** - Your partner or a friend may bring you a gift or some form of pleasure this weekend. You are entering a phase when others are loving toward you. Be careful while doing sports - you could be injured. If you have a creative project, work at it in a determined way until it is finished. Enjoy!

## Tuesday Movies

AFTERNOON

4:30 pm TSN ch.19 "Field of Dreams" (1989, Fantasy) Kevin Costner. Premiere. An inspired Iowa farmer builds a baseball field, then sees Shoeless Joe Jackson's ghost and other marvels.

## Wednesday Movies

NO MOVIES

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From Fur Traders to Miners to the Railroad

TUESDAY, AUGUST 16, 2011

	WTBS ch.3	CHBC ch.4	KNOW ch.5	KSPS ch.6	KHQ ch.7	KREM ch.8	A&E ch.9	KXLY ch.10	BCTV ch.11	CITY ch.12	CBC ch.13	YTV ch.18	TSN ch.19	VTV ch.22	DISC ch.24	FAM ch.26	CITY ch.29	SPIKE ch.44	TROP ch.45
6 AM	In the Heat of the Night	(5:30) Morning News (N)	Wibbly Pig (6:37) Hi-5	Thomas Between	News (N)	News	Billy	News	(5:30) Morning News (N)	(4:30) Morning News (N)	CBC News Now	Being Ian Rollbots	SportsCentre	Canada AM	Worst Handyman	Henry's Mickey	CityLine (N)	CSI: NY	Real Renos
7 AM	Cosby		Arthur	Arthur	Today Jill Martin; Jeff Bridges; dieting. (N)	The Early Show (N)	Billy	Good Morning America (N)			Artzooka	Super Evil	SportsCentre		License to Drill	Never Land	The Nate Berkus Show	CSI: Crime Scene	Buy Me
8 AM	Cash Cab		Magic Bus	Curious			Billy		100 Huntley Street		Bo On/Go	Sidekick	SportsCentre		Auction	Phineas	Rachael Ray	CSI: Crime Scene	TV-Torrens
9 AM	Family Fd	100 Huntley Street	Clifford	Super Why!		The 700 Club	Billy	Live With Regis & Kelly	100 Huntley Street	World VI-sion	Super Why!	Timothy Berenstain	SportsCentre	Live With Regis & Kelly	Cash Cab	Shake It	Role	CSI: Crime Scene	Restaurant Makeover
10 AM	The Investigators	World VI-sion	Mag Fero Spider	Sesame Street (E)		The Price is Right (N)	Billy	The View	World VI-sion	End/Leash	Poko	Little Bear	Fish Flats	The View	Machines	Shake It	EP Daily	CSI: NY	The Nanny
11 AM	Forensics Evidence	World VI-sion	Rolle Polle Babar	Sid Sit & Be Fit	Ellen DeGeneres Show	Young & Restless	Billy	Paid Prog.	World VI-sion	Noon News Hour (N)	Razzberry dirtgirl	Erky Perky	Rescue	Marilyn Denis	Mayday	Suite Life	CityLine	CSI: Crime Scene	Gold Girls
12 PM	King	Noon News Hour (N)	Arthur	Charlie Rose	Paid Prog.	News	Billy	All My Children (N)	Noon News Hour (N)	Days of our Lives (N)	CBC News Now (N)	Puppies	World, Poker	etalk	Mighty Ships	Wizards Hannah	General Hospital (N)	Ways Die	Ramsay's Kitchen
1 PM	King Earl	Days of our Lives (N)	Dinosaurs	Painting	Days of our Lives (N)	The Talk	Billy	One Life to Live (N)	Days of our Lives (N)	The Talk	Heartland (DVS)	Redakal	World, Poker	Marilyn Denis	Auction	Suite/Deck	Jdg Judy	Ways Die	Ramsay's Kitchen
2 PM	Browns	Young & Restless	Princess	Barney	Judge B.	Let's Make a Deal (N)	Billy	General Hospital (N)	Young & Restless	The Doctors	Steven and Chris	Monster	Off Record	Dr. Phil	Machines	Suite/Deck	Access Hollywood Live	Ways Die	Gold Girls
3 PM	Family Guy	The Doctors	Little Bear	WordGirl	The Doctors	Dr. Phil	Billy	Rachael Ray	The Doctors	Young & Restless	Recipes	Sidekick	SportsCentre (N)	The Dr. Oz Show	Cash Cab	Suite/Deck	CityNews at 5 (N)	Ways Die	Restaurant Makeover
4 PM	MLB Baseball: San Francisco	Oprah Winfrey	Rob Robot	Fetch! With G. Shrinks	Jdg Judy	Oprah Winfrey	Billy	Seinfeld	Oprah Winfrey	Early News Global Nat.	Ghost Whisperer	SpongeBob	Hockey	Ellen DeGeneres Show	Worst Handyman	Phineas	Murdoch Mysteries	Auction	Buy Me
5 PM	Giants at Atlanta Braves (N) (Live)	News (N)	Dino Dan	News	News (N)	News	Billy	News	Early News Global Nat.	(4:59) News Hour (N)	CBC News: Vancouver (N)	Parents	Movie: "Field of Dreams" (1989) Kevin Costner.	CTV News at Five (N)	Auction	Wizards	Murdoch Mysteries	Auction	Ramsay's Kitchen
6 PM		Global Nat.	Dogs	PBS News-Hour (N)	News (N)	News	Billy	News	(5:59) News Hour (N)	ET Canada	Coronation	Mr. Young	CTV News (N)	River Monsters	Suite/Deck	America's Got Talent (N) (Live)	Auction	Ramsay's Kitchen	
7 PM	Seinfeld	Ent	Hope for Wildlife	NOVA (DVS)	Jeopardy!	The Dr. Oz Show	Billy	Ent	Ent	NCIS: Los Angeles	Wheel	World	SportsCentre (N) (Live)	etalk	After the Catch (N)	Shake It	Auction	Ramsay's Kitchen	
8 PM	Law & Order: SVU	NCIS (DVS)	Mendels-cohn	History De-ctives	It's Worth What? (N)	NCIS (DVS)	Billy	Wipeout	NCIS (DVS)	NCIS (DVS)	Mercer	ICarly	Can Dance	Worst Handyman	Suite/Deck	News	Repo	Buy Me	
9 PM	The Office	NCIS: Los Angeles	The Rainbow Warriors	Frontline	America's Got Talent (N Same-day Tape)	NCIS: Los Angeles	Billy	Take the Money and	NCIS: Los Angeles	Combat Hospital (N)	The Pillars of the Earth	Home Imp.	World, Poker	Take the Money and	River Mon-sters	Debral	For the Love of Ray J	Ways Die	Ramsay's Kitchen
10 PM	Browns	Combat Hospital (N)	Landscape	POV Abu Jandai; Sa-lim Hamdan	Hawaii Five-0	Combat Hospital (N)	Billy	Combat Hospital (N)	Combat Hospital (N)	News Hour Final (N)	National	Family Biz	World, Poker	The Borglas (N)	After the Catch	Princess So Raven	Justice Judge B.	MANswers	Ramsay's Kitchen
11 PM	The Investi-gators	CHBC News Final (N)	Fraser River	Preview	News (N)	News	Billy	News	News Hour Final (N)	ET Canada	George S	Frank Ptrl	SportsCentre (N)	CTV News	Auction	Ned's	Paid Prog.	Unsolved Myster-ies	Ramsay's Kitchen

WEDNESDAY, AUGUST 17, 2011

	WTBS ch.3	CHBC ch.4	KNOW ch.5	KSPS ch.6	KHQ ch.7	KREM ch.8	A&E ch.9	KXLY ch.10	BCTV ch.11	CITY ch.12	CBC ch.13	YTV ch.18	TSN ch.19	VTV ch.22	DISC ch.24	FAM ch.26	CITY ch.29	SPIKE ch.44	TROP ch.45
6 AM	In the Heat of the Night	(5:30) Morning News (N)	Wibbly Pig (6:37) Hi-5	Bob Build Between	News (N)	News	CSI: Miami	News	(5:30) Morning News (N)	(4:30) Morning News (N)	CBC News Now	Being Ian Rollbots	SportsCentre	Canada AM	Machines	Henry's	CityLine (N)	CSI: NY	Bootcamp
7 AM	Cosby	Cosby	Arthur	Arthur	Today Bad habits; Jim Sturgess; Jill Martin (N)	The Early Show (N)	The Sopranos	Good Morning America (N)			Artzooka	Super Evil	SportsCentre		Monster Moves	Never Land	The Nate Berkus Show	CSI: Crime Scene	Puppy SOS
8 AM	Cash Cab	Lyrics!	Magic Bus	Curious			Criminal Minds		100 Huntley Street		Bo On/Go	Sidekick	SportsCentre		Mayday "Flying Blind"	Phineas	Rachael Ray	CSI: Crime Scene	TV-Torrens
9 AM	Family Fd	100 Huntley Street	Clifford	Super Why!		The 700 Club	The First 48	Live With Regis & Kelly	100 Huntley Street	World Visions	Super Why!	Timothy	SportsCentre	Live With Regis & Kelly	Cash Cab	Hannah	Role	CSI: Crime Scene	Restaurant Makeover
10 AM	The Investigators	World Visions	Mag Fero Spider	Sesame Street (E)		The Price Is Right (N)	Storage	The View	World Visions	End/Leash	Poko	Little Bear	Speed	The View	Mayday	Hannah	EP Daily	CSI: NY "On the Job"	Roseanna
11 AM	Forensics	Children	Rolie Polie	Sid	Ellen DeGeneres Show	Young & Restless	Dog	Paid Prog.	Children	Noon News Hour (N)	Razzberry	Erky Perky		Marilyn Denis	Breakout	Suite Life	CityLine	CSI: Crime Scene	Gold Girls
12 PM	Jim King	Noon News Hour (N)	Arthur	Charlie Rose	Joint	News	CSI: Miami	All My Children (N)	Noon News Hour (N)	Days of our Lives (N)	CBC News Now (N)	Squirrel	Boxing	etalk	River Monsters	Wizards	General Hospital (N)	Deadliest Warrior	Fear Factor
1 PM	King	Days of our Lives (N)	Dinosaurs	Oil Painting	Days of our Lives (N)	The Talk	The Sopranos	One Life to Live (N)	Days of our Lives (N)	The Talk	Heartland "The Fix"	Beyblade		Marilyn Denis	After the Catch	Kings	Jdg Judy	Deadliest Warrior	Wipeout Canada
2 PM	Browns	Young & Restless	Princess	Barney	Judge B.	Let's Make a Deal (N)	Criminal Minds	General Hospital (N)	Young & Restless	The Doctors	Steven and Chris	Monster	Off Record	Dr. Phil	Nerve Center	Kings	Access Hollywood Live	Deadliest Warrior	Gold Girls
3 PM	Family Guy	The Doctors	Little Bear	WordGirl	The Doctors	Dr. Phil	The First 48	Rachael Ray	The Doctors	Young & Restless	Recipes	Sidekick	SportsCentre (N)	The Dr. Oz Show	Cash Cab	Kings	CityNews at 6 (N)	Deadliest Warrior	Restaurant Makeover
4 PM	MLB Baseball: San Francisco	Oprah Winfrey	Rob Robot	Fetch! With G. Shrinks	Jdg Judy	Oprah Winfrey	Storage	Seinfeld	Oprah Winfrey	Early News	Ghost Whisperer	SpongeBob	Hockey	Ellen DeGeneres Show	Inventions That Shook	Phineas and Ferb	It's Worth What? (N)	Deadliest Warrior	Puppy SOS
5 PM	Giants at Atlanta Braves (N) (Live)	News (N)	Dino Dan	News	News (N)	News	Storage	News	Early News	(4:59) News Hour (N)	CBC News: Vancouver (N)	Parents	World, Poker	CTV News at Five (N)	Mighty Ships (N)	Wizards	Minute to Win It (N)	Deadliest Warrior	Top Chef Canada
6 PM		Global Nat.	Dogs	PBS News-Hour (N)	News (N)	News	Storage	News	(5:59) News Hour (N)	ET Canada	Coronation	Weird		CTV News (N)	After the Catch	Suite/Deck	America's Got Talent	Deadliest Warrior	Kitchen Nightmares
7 PM	Seinfeld	Ent	Gardens	Nature (DVS)	Jeopardy!	The Dr. Oz Show	Storage	Ent	Ent	CHAOS	Wheel	Weird	SportsCentre	etalk	Desert Car Kings (N)	Shake It	Murdoch Mysteries	Deadliest Warrior (N)	Wipeout Canada
8 PM	Law & Order: SVU	Big Brother (N)	Chinese School	NOVA (DVS)	Minute to Win It (N)	Big Brother	Billy	The Middle	Big Brother (N)	Big Brother (N)	Dragons' Den	ICarly	Off Record	The Listener (DVS)	Inventions That Shook	Suite/Deck	Wizards	EP Daily	Instant
9 PM	The Office	Canada Sings (N)	A Summer of Dance (N)	Master-Artic	America's Got Talent	Criminal Minds	Storage	Family	Canada Sings (N)	Canada Sings (N)	Republic of Doyle	Home Imp.	Boxing: Friday Night Fights	Criminal Minds	Desert Car Kings	Hannah	Brandy & Ray J	Ways Die	Wipeout Canada
10 PM	Browns	CHAOS	Royal Winnipeg	Survival: Lives	Love In the Wild	CSI: Crime Scene	Storage	Primetime Nightline	CHAOS	News Hour Final (N)	National	Family Biz		Love In the Wild	Mighty Ships	Princess	Justice	MANswers	Top Chef Canada
11 PM	The Investigators	CHBC News Final (N)	Architects of Change	Charlie Rose (N)	News (N)	News	Storage	News	News Hour Final (N)	Ent	George S	Prank Ptrl	SportsCentre (N)	CTV News	After the Catch	Ned's	Paid Prog.	Knockout	Kitchen Nightmares

THURSDAY, AUGUST 18, 2011

	WTBS ch.3	CHBC ch.4	KNOW ch.5	KSPS ch.6	KHQ ch.7	KREM ch.8	A&E ch.9	KXLY ch.10	BCTV ch.11	CITY ch.12	CBC ch.13	YTV ch.18	TSN ch.19	VTV ch.22	DISC ch.24	FAM ch.26	CITY ch.29	SPIKE ch.44	TROP ch.45
6 AM	In the Heat of the Night	(5:30) Morning News (N)	Wibbly Pig (6:37) Hi-5	Thomas Between	News (N)	News	The First 48	News	(5:30) Morning News (N)	(4:30) Morning News (N)	CBC News Now	Being Ian Rollbots	SportsCentre	Canada AM	I Could Do	Henry's	CityLine (N)	CSI: NY "The Closer"	6 Degrees
7 AM	Cosby	Cosby	Arthur	Arthur	Today Actress Anne Hathaway (N)	The Early Show (N)	The First 48	Good Morning America (N)			Artzooka	Super Evil	SportsCentre		Junk Raiders	Never Land	The Nate Berkus Show	CSI: Crime Scene	Tracked
8 AM	Cash Cab	Lyrics!	Magic Bus	Curious			The First 48		100 Huntley Street		Bo On/Go	Sidekick	SportsCentre		Breaking Point "House"	Phineas	Rachael Ray	CSI: Crime Scene	TV-Torrens
9 AM	Family Fd	100 Huntley Street	Clifford	Super Why!		The 700 Club	The First 48	Live With Regis & Kelly	100 Huntley Street	World Visions	Super Why!	Timothy	SportsCentre	Live With Regis & Kelly	Cash Cab	Wizards	Role	CSI: Crime Scene	Restaurant Makeover
10 AM	The Investigators	World Visions	Mag Fero Spider	Sesame Street (E)		The Price Is Right (N)	The First 48	The View	World Visions	End/Leash	Poko	Little Bear	Obstacle	The View	Mighty Ships	Wizards	EP Daily	CSI: NY Decisions	Puppy SOS
11 AM	Forensics	World Visions	Rolie Polie	Sid	Ellen DeGeneres Show	Young & Restless	The First 48 Dice game.	Paid Prog.	World Visions	Noon News Hour (N)	Razzberry	Erky Perky		Marilyn Denis	Mighty Ships	Suite Life	CityLine	CSI: Crime Scene	Gold Girls
12 PM	Jim King	Noon News Hour (N)	Arthur	Charlie Rose	Paid Prog.	News	The First 48	All My Children (N)	Noon News Hour (N)	Days of our Lives (N)	CBC News Now (N)	Puppies	World, Poker	etalk	After the Catch	Wizards	General Hospital (N)	Jail	Friends
1 PM	King	Days of our Lives (N)	Dinosaurs	Painting	Days of our Lives (N)	The Talk	The First 48	One Life to Live (N)	Days of our Lives (N)	The Talk	Heartland (DVS)	Redakai	World, Poker	Marilyn Denis	Desert Car Kings	Phineas	Jdg Judy	Jail	Friends
2 PM	Browns	Young & Restless	Princess	Barney	Judge B.	Let's Make a Deal (N)	The First 48	General Hospital (N)	Young & Restless	The Doctors	Steven and Chris	Monster	Off Record	Dr. Phil	Nerve Center	Phineas	Access Hollywood Live	Jail	Gold Girls
3 PM	Family Guy	The Doctors	Little Bear	WordGirl	The Doctors	Dr. Phil	The First 48	Rachael Ray	The Doctors	Young & Restless	Recipes	Sidekick	SportsCentre (N)	The Dr. Oz Show	Cash Cab	Phineas	CityNews at 6 (N)	Jail	Restaurant Makeover
4 PM	The Office	Oprah Winfrey	Rob Robot	Fetch! With G. Shrinks	Jdg Judy	Oprah Winfrey	The First 48 Dice game.	Seinfeld	Oprah Winfrey	Early News	Ghost Whisperer	SpongeBob	CFL Pre	Ellen DeGeneres Show	Machines	Phineas	How I Met	Jail	Real Renos
5 PM	Browns	News (N)	Dino Dan	News	News (N)	News	The First 48	News	Early News	(4:59) News Hour (N)	CBC News: Vancouver (N)	Parents	World, Poker	CTV News at Five (N)	Into the Universe	Wizards	Community	Jail	Friends
6 PM	Law & Order: SVU	Global Nat.	Dogs	PBS News-Hour (N)	News (N)	News	The First 48 (N)	News	(5:59) News Hour (N)	ET Canada	Coronation	Indie		CTV News (N)	Curiosity	Suite/Deck	How I Met	IMPACT Wrestling (N)	Friends
7 PM	Seinfeld	Ent	Profiles of Nature	Anne-Gables	Jeopardy!	The Dr. Oz Show	Beyond Scared Straight (N)	Ent	Ent	Rookie Blue (N)	Wheel	Weird	SportsCentre (Live)	etalk	Myth-Busters	Shake It	Family		Family Guy
8 PM	Movie: *** "The Green Mile" (1999, Drama) Tom Hanks, David Morse.	Wipeout	The Choir	Prime Suspect	Community	Big Bang	Wipeout (N)	Wipeout (N)	Wipeout (N)	Wipeout (N)	The Nature of Things	ICarly	B Rules	Expedition Impossible	Machines	Suite/Deck	News	Hooters' Snow Angels 2	Bob-Doug
9 PM		Big Brother	Movie: *** "Festival Express"	Mi-5 "Hostage Takers"	The Office	Big Brother	(9:01) The First 48	Expedition Impossible	Big Brother	Big Brother	Surviving the Future	Home Imp.	World, Poker	Expedition Impossible	Into the Universe	Really Me	For the Love of Ray J	MANswers	Family Guy
10 PM		Rookie Blue (N)	Landscapes	Globe Trekker	Law & Order: SVU	The Mentalist	(10:01) The First 48	Rookie Blue (N)	Rookie Blue (N)	News Hour Final (N)	National	Family Biz	World, Poker	The Mentalist	Curiosity	Princess	Justice	GTTV	Friends
11 PM	Investigate	CHBC News Final (N)	artShuffle	Charlie Rose (N)	News (N)	News	Beyond Scared Straight	News	News Hour Final (N)	Ent	George S	Prank Ptrl	SportsCentre (N)	CTV News	Myth-Busters	Ned's	Amazing	Hooters' Snow Angels 2	Friends

# Around the Similkameen Valley



Princeton Centennial Pool Staff get ready for Tropical Trouble Night August 10th. From left, Sarah Whitbread, Stacey Muise, Karmen Whitbread, Taylor Robillard, Jonathan Davies and Pool Manager Carol Mack. Everyone had a good time! \*



Alyssa Larsen gets in the mood for Tropical Trouble. \*



Sometimes you just have to be patient and you'll be rewarded. This bee was visiting flowers in the planter below the 'zigzag' from First Bench to Billiter Avenue. \*



The hills aren't the only thing that speak of gold around Hedley: this sunset was captured looking west from near the St. Ann's Catholic Church on the Crowsnest Highway (Highway 3). Photo: Arlene Arlow



These rose hips will start to shrivel and dry by themselves in a few weeks. The dried rose hip from the Wild Alberta Rose makes a delicious and healthy tea - and wild animals find the rose hips tasty too! Dry the rose hips for about 2 weeks on wax paper before grinding up for rose hip tea. Photo: Arlene Arlow



Trick photography? Where is the bug? (turn the newspaper upside down). The Praying Mantis found in the Similkameen has the amazing ability to change color with its surroundings. This one is a bright green which matches the tomato plant perfectly. They also eat their offspring! The offspring from the one in this picture was spied recently on the wall of a house in Keremeos. The vinyl siding was pale brown - and so was the bug! Photo: Arlene Arlow

# Princeton Traditional Music Festival

## They Call It MacPrinceton For A Good Reason!

by Rika Ruebsaat

This is the last in a series of stories about some of the music at the Princeton Traditional Music Festival on August 19th to 21st.

The Friday evening dance begins at 7:00 PM on Veterans Way and is open to everyone; no experience is required – the caller will teach all the dances – and there's no need to bring a partner. The caller for the dance will be Keri-Anne Thor who did a tremendous job last year of getting over 150 people up and dancing. Dance music will be supplied by the Psycho Acoustic Ceili Band. "Ceili" is a Gaelic word used to describe a social dance event. The term originated in Ireland and Scotland but is now found throughout the English-speaking world.

A special feature at this year's Festival is a session called "MacPrinceton" in honour of the town's Scottish pioneers. We've all heard how "the Scots invented Canada", the title of Ken McGoogan's book. But did you know they invented Princeton, too?

The Scots founders of Canada included such explorers as Alexander Mackenzie and Simon Fraser, and early prominent BCers included BC's first governor Sir

James Douglas. Famous (or infamous, if you like) was BC's first industrialist and robber baron, Robert Dunsmuir. The Scots in Canada also provided the first Prime Minister, John A. Macdonald; the founder of Medicare Tommy Douglas; and luminaries such as Marshall McLuhan.

A new show here at the Festival this year honours those early pioneers of BC and Princeton. The first Census after the establishment of the town shows some 316 people living here in June 1901. Of those, 61 claimed "Scotch" as their racial origin, though only 15 of that number were themselves born there.

The others came in the main from eastern Canada and the US. Susan Allison, the first settler in the Similkameen, though she was born in Ceylon, registered her (and her children's) religion as "Church of Scotland".

Scottish culture in early Princeton was reflected in the tradition of celebrating St. Andrew's Day (November 30) and of hosting "Burns Suppers". These public events brought Scotland's heroes, literary and musical, to public attention, and the meal was merely

the introduction to a night of dance, song and recitation. The local tradition started at Hedley with a St. Andrew's Day supper. The meal itself: "Scotch broth w' kail, carrots an' neeps in till 't", followed in turn by "Fresh herring frae Labrador", Lobster Salad, Breist o' Birds wi' Dressing, Haunch o' Venison frae the hills o' Hedley, Loin of Beef, The Haggis, Apple and Hot Mince Pies, a Kebbuck frae McClaren's o' Perth, and Fruits, Nuts and Raisins." Then came the toasts, interspersed with songs. Local papers report two dozen more such Burns Suppers between the years of 1912 and 1949.

Our show, MacPrinceton! Will be hosted by well-known Princeton character, Dr. Doug Reid. Before he retired he served the medical needs of this community for many years, and was a regular singer and host at the yearly fund-raising Doctor's Show.

He'll be presenting a number of our performers this year, who between them will present a cross-section of Scottish musical culture from the traditional ballads so favoured in Aberdeenshire, Gaelic song from the Highlands, industrial and political song from Red Clydeside, and the tradition of

funny songs from Harry Lauder to Matt McGinn and Hamish Imlach. We hope, too for some culinary surprises midway through the show!

This is just one of the many sessions being presented on August 19th to 21st at the third annual Princeton Traditional Music Festival. And the best thing about it is, it's free!

The reason it's free is because it's run entirely by volunteers and the

performers are donating their talents. To make the festival a success the organizers will need lots of volunteers. If you'd like to get involved, please contact them. Even if you have only a couple of hours available your help would be most welcome. Give them a call and they'll welcome you aboard.

To find out more, visit the Festival's webblog at [princetonfestival.org](http://princetonfestival.org) or give Jon and Rika a call at 250.295.6010.



### FRIDAY, AUGUST 19, 2011

	WTBS ch.3	CHBC ch.4	KNOW ch.5	KSPS ch.6	KHQ ch.7	KREM ch.8	A&E ch.9	KXLY ch.10	BCTV ch.11	CITV ch.12	CBC ch.13	YTV ch.18	TSN ch.19	VTV ch.22	DISC ch.24	FAM ch.26	CITY ch.29	SPIKE ch.44	TROP ch.45
6 AM	In the Heat of the Night	(5:30) Morning News (N)	Wibbly Pig (6:37) HI-5	Bob Bull Between	News (N)	News	CSI: Miami	News	(5:30) Morning News (N)	(4:30) Morning News (N)	CBC News Now	Being Ian Rollbots	SportsCentre	Canada AM	Mayday	Henry's Mickey	CityLine (N)	Pros vs. Joes	Top Chef Canada
7 AM	Cosby		Arthur	Arthur	Today Enrique Iglesias performs.	The Early Show (N)	The Sopranos	Good Morning America Taio Cruz performs.			Artzooka	Super Evil	SportsCentre		What's That About?	Never Land	The Nate Berkus Show	Pros vs. Joes	TV-Torrens
8 AM	Cash Cab		Magle Bus	Curious			Criminal Minds				Animal	Kid vs. Kat				Never Land			TV-Torrens
9 AM	Family Fd	100 Huntley Street	Clifford	Super Why!		The 700 Club	Criminal Minds	Live With Regis & Kelly	100 Huntley Street	World Vision	Super Why!	To School	SportsCentre	Live With Regis & Kelly	Cash Cab	Kickin' It	Role	Pros vs. Joes	Restaurant Makeover
10 AM	The Investigators	World Vision	Mag Fero Spider	Sesame Street (EI)		The Price Is Right (N)	Criminal Minds	The View	World Vision	Dead	Poko	Little Bear	Little League Baseball	The View	Machines	Kickin' It	EP Daily	Pros vs. Joes	TV-Torrens
11 AM	Forensics	PLAN	Rolie Polle	Sid	Ellen DeGeneres Show	Young & Restless	Dog	Paid Prog.	PLAN	Noon News Hour (N)	Razzberry	Erky Perky		Marilyn Denis	Inventions That Shook	Suite Life	CityLine	Pros vs. Joes: All Stars	Gold Girls
12 PM	Jim King	Noon News Hour (N)	Arthur	Charlie Rose	Paid Prog.	News	CSI: Miami	All My Children (N)	Noon News Hour (N)	Days of our Lives (N)	CBC News Now (N)	Almost	The Extra Yard	etalk	Into the Universe	Wizards Hannah	General Hospital (N)	Pros vs. Joes: All Stars	70s Show
1 PM	King Earl	Days of our Lives (N)	Dinosaurs	Painting	Days of our Lives (N)	The Talk	The Sopranos	One Life to Live (N)	Days of our Lives (N)	The Talk	Heartland	Yu-Gi-Oh! Kid vs. Kat	World Poker Tour: Sea	Marilyn Denis	Curiosity	ANT Farm	Jdg Judy	Pros vs. Joes: All Stars	King
2 PM	Browns Payne	Young & Restless	Princess Mr. Moon	Barney	Judge B.	Let's Make a Deal (N)	Criminal Minds	General Hospital (N)	Young & Restless	The Doctors	Steven and Chris	Monster	Off Record	Dr. Phil	Myth-Busters	ANT Farm	Access Hollywood Live	Pros vs. Joes: All Stars	Gold Girls
3 PM	Family Guy	The Doctors	Little Bear	WordGirl	The Doctors	Dr. Phil	Criminal Minds	Rachael Ray	The Doctors	Young & Restless	Recipes	Sidekick	SportsCentre	The Dr. Oz Show	Cash Cab	ANT Farm	CityNews at 6 (N)	Pros vs. Joes: All Stars	Restaurant Makeover
4 PM	The Office	Oprah Winfrey	Rob Robot	Blz KldS	Jdg Judy	Oprah Winfrey	Criminal Minds	Seinfeld	Oprah Winfrey	Early News	Ghost Whisperer	SpongeBob	Hockey	Ellen DeGeneres Show	Salvage Code Red	Phineas Fish Hooks	Murdoch Mysteries	Pros vs. Joes: All Stars	TV-Torrens
5 PM	Baseball: Arizona Diamondbacks at Atlanta Braves (N) (Live)	News (N)	Dino Dan	News	News (N)	News	Criminal Minds	News	Early News	(4:59) News Hour (N)	CBC News: Vancouver (N)	Parents	SpongeBob	CTV News at Five (N)	How/Made	Warthogs!	Murdoch Mysteries	Pros vs. Joes: All Stars	70s Show
6 PM		Global Nat.	Dogs	PBS News-Hour (N)	News	News	Criminal Minds	News	(5:59) News Hour (N)	ET Canada		ICarly	CFL	CTV News (N)	To Be Announced	Random Debral (N)	Karaoke Battle USA (N)	UFC Unleashed	King
7 PM	Seinfeld	ET Canada	In Korea	Wash. News	Jeopardy!	The Dr. Oz Show	Criminal Minds	Ent	Ent	90210 "Blue Naomi"	Wheel	Movie: ** "Sister Act 2: Back in the Habit"	CFL BC Lions at Edmonton Eskimos (N Subject to Blackout)	etalk	Mayday (N)	Good Luck	My RONA Home	(7:10) UFC Unleashed	Family Guy
8 PM	Law & Order: SVU	Glee "Furt"	New Tricks	Need to Know (N)	Friends	Flashpoint (N)	The Glades	Shark Tank	Glee "Furt"	Glee "Furt"	Ron James	Brooms	Flashpoint (N)	Parks	Movies: *** "Minutemen" (2008)	News	EP Daily	(8:20) UFC Unleashed	ET Canada
9 PM	The Office	House	New Tricks	Lark Rise to Candleford	Dateline NBC (N)	CSI: NY	(9:01) Criminal Minds	Karaoke Battle USA (N)	House	House (PA)	Just for Laughs	Super Evil	Sports	CSI: NY	To Be Announced	Kickin' It	Law Order: CI	Movie: *** "Eight Legged Freaks" (2002)	Family Guy
10 PM	Browns Payne	90210 "Blue Naomi"	New York: A Documentary Film	Garrow's Law		Blue Bloods	(10:01) Criminal Minds	20/20	90210 "Blue Naomi"	News Hour Final (N)	National	Mr. Young	Blue Bloods	How/Made	Movies: "D3: The Mighty Ducks"	Justice	Judge B.	70s Show	Family Guy
11 PM	The Investigators	CHBC News Final (N)		Charlie Rose (N)	News (N)	News	(11:01) Criminal Minds	News	News Hour Final (N)	Ent	George S	The Next Star	SportsCentre	CTV News	Mayday	Amazing	Paid Prog.	MANswers	King

# CARTER'S Sudoku Challenge

CREATED FOR THE NEWS LEADER BY CARTER BOSWELL

## HOW TO PLAY:

Sudoku is a game of logic. There is no math involved. The object of the game is to fill the grid so that the numbers 1 through 9 appear only once in each row, column and 3 x 3 box. The numbers can appear in any order and Carter has left you some clues below.

### CHALLENGE #364 - Rated Medium

1			3					2
	2	4				3	6	
	8		2		5			1
		1				5		
7				5				3
		3	7		1	4		
	5		4		8			3
		9				6		
4				9				1

THIS WEEK'S SOLUTION:  
Page 18

Carter's Sudoku Challenge  
grids, puzzles and solutions  
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## Thursday Movies

### EVENING

8:00 pm WTBS ch.3 "The Green Mile" (1999, Drama) Tom Hanks. In 1935 a head prison guard realizes a man on death row may be innocent and have a supernatural ability to heal others.

9:00 pm KNOW ch.5 "Festival Express" (2003, Documentary) Janis Joplin. The Grateful Dead, Janis Joplin, the Band and a host of other musicians embark on a railway tour of Canada in the summer of 1970. (CC)

## Friday Movies

### EVENING

7:00 pm YTV ch.18 "Sister Act 2: Back in the Habit" (1993, Musical Comedy) Whoopi Goldberg. A Las Vegas singer teaches a mother superior's flock how to rock and save the school from closure. (In Stereo) (CC)

8:00 pm FAM ch.26 "Minutemen" (2008, Comedy) Jason Dolley. Three high-school outcasts face unexpected problems when they use a time machine to change the past. (In

Stereo) (CC)  
9:30 pm SPIKE ch.44 "Eight Legged Freaks" (2002, Suspense) David Arquette. Toxic waste produces a horde of giant spiders that terrorizes residents in a small Arizona town. (In Stereo)  
10:00 pm FAM ch.26 "D3: The Mighty Ducks" (1996, Comedy) Emilio Estevez. Teenage hockey players get a prep-school scholarship, with a new team name and a new coach. (In Stereo) (CC)

# Saturday Movies

### MORNING

8:00 am WTBS ch.3 "Grosse Pointe Blank" (1997, Romance-Comedy) John Cusack. An assassin on assignment attends his high-school reunion.

10:00 am WTBS ch.3 "Air Force One" (1997, Suspense) Harrison Ford. Demanding the release of a political prisoner, a terrorist and his gang hijack the U.S. president's plane.

SPIKE ch.44 "Bad Boys" (1995, Action) Martin Lawrence. Undercover Miami detectives switch lives while investigating murders linked to stolen heroin.

### AFTERNOON

12:00 pm FAM ch.26 "My Dog Skip" (2000, Drama) Frankie Muniz. In 1942 a shy boy receives an exuberant Jack Russell terrier that plays matchmaker and helps protect him from bullies. (In Stereo) (CC)

12:30 pm SPIKE ch.44 "Behind Enemy Lines" (2001, Action) Owen Wilson. A Navy admiral orders the rescue of a fighter

pilot after the Serbs shoot down his plane in Bosnia. (In Stereo)  
5:30 pm SPIKE ch.44 "Rambo" (2008, Action) Sylvester Stallone. John Rambo calls upon his long-buried but lethal skills to rescue a missionary and her comrades from the Burmese army. (In Stereo)

### EVENING

6:00 pm CITY ch.29 "The Duke" (1999, Comedy-Drama) John Neville. A miserly Briton opposes his philanthropic uncle, an American cousin and the uncle's loyal dog. (CC) (DVS)

7:00 pm CITY ch.12 "Four Extraordinary Women" (2006, Drama) Lindsay Wagner. A man

copers as four of his loved ones battle breast cancer. (CC) (DVS)  
8:00 pm WTBS ch.3 "Air Force One" (1997, Suspense) Harrison Ford. Demanding the release of a political prisoner, a terrorist and his gang hijack the U.S. president's plane.

CHBC ch.4 BCTV ch.11 "Four Extraordinary Women" (2006, Drama) Lindsay Wagner. Premiere. A man copes as four of his loved ones battle breast cancer. (CC) (DVS)

KXLY ch.10 "Phineas and Ferb: The Movie: Across the 2nd Dimension" (2011, Comedy) Voices of Vincent Martella. Animated. Along with their pet platypus, stepbrothers Phineas ..... continued on Page 19

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# Sunday Movies

### MORNING

8:00 am WTBS ch.3 "King Kong" (2005, Adventure) Naomi Watts. Members of a film crew encounter prehistoric beasts and a gigantic ape on mysterious Skull Island.

11:00 am A&E ch.9 "The Quick and the Dead" (1995, Western) Sharon Stone. A cowgirl enters a quick-draw contest to get revenge on an outlaw in a town called Redemption. (CC)

### AFTERNOON

12:00 pm FAM ch.26 "Phineas and Ferb: The Movie: Across the 2nd Dimension" (2011, Comedy) Voices of Vincent Martella. Animated. Along with their pet platypus, stepbrothers Phineas and Ferb battle evil Dr. Doofenshmirtz. (In Stereo) (CC)  
TROP ch.45 "Star Trek II: The Wrath of Khan" (1982, Science Fiction) William Shatner. Kirk, Spock and the Enterprise crew battle an old foe who blames Kirk for the death of his wife. (In Stereo) (CC)  
1:00 pm YTV ch.18 "Dennis the Menace" (1993, Comedy) Walter Matthau. The comic-strip mopey plays pranks on Mr. Wilson, the crotchety fellow who lives next door. (In Stereo) (CC)  
2:30 pm TROP ch.45 "Weird Science" (1985, Comedy) Kelly LeBrock. Two high-school nerds

computer-generate a magic beauty who shows them how to meet girls. (In Stereo) (CC)

3:00 pm VTV ch.22 "Scandalous Me: The Jacqueline Susann Story" (1998, Docudrama) Michele Lee. The author incorporates her experiences with the glamorous 1960s party life into popular fiction. (In Stereo) (CC)

3:30 pm YTV ch.18 "Home Alone 3" (1997, Comedy) Alex D. Linz. A clever boy stymies spies seeking a toy car with a top-secret computer chip hidden inside. (In Stereo) (CC)

5:00 pm WTBS ch.3 "Contact" (1997, Science Fiction) Jodie Foster. A scientist seeks alien beings after receiving mysterious messages from deep space via radio telescope dishes.

CBC ch.13 "Spy Kids 3: Game Over" (2003, Adventure) Antonio Banderas. A boy tries to rescue his sister inside a virtual-reality game created by a madman out to enslave children. (In Stereo) (CC)

### EVENING

6:00 pm YTV ch.18 "Home Alone 4" (2002, Comedy) French

Stewart. Kevin tries to reunite his separated parents while dealing with an old nemesis. (In Stereo) (CC)

8:00 pm WTBS ch.3 "Contact" (1997, Science Fiction) Jodie Foster. A scientist seeks alien beings after receiving mysterious messages from deep space via radio telescope dishes.

9:00 pm FAM ch.26 "Max Is Missing" (1995, Adventure) Charles Napier. A 12-year-old's vacation includes exploring Inca ruins, possessing a priceless mask and fleeing from grave robbers. (In Stereo) (CC)

10:35 pm FAM ch.26 "Lost in Yonkers" (1993, Drama) Richard Dreyfuss. Motherless siblings observe their hoodlum uncle and strange aunt while staying with their grandmother in 1942 New York. (In Stereo) (CC)

11:00 pm KNOW ch.5 "Festival Express" (2003, Documentary) Janis Joplin, the Band and a host of other musicians embark on a railway tour of Canada in the summer of 1970. (CC)

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SATURDAY, AUGUST 20, 2011

Table with 20 columns (ch.3 to ch.45) and 24 rows (6 AM to 11 PM). Each cell contains program names and channel numbers.

SUNDAY, AUGUST 21, 2011

Table with 20 columns (ch.3 to ch.45) and 24 rows (6 AM to 11 PM). Each cell contains program names and channel numbers.

MONDAY, AUGUST 22, 2011

	WTBS ch.3	CHBC ch.4	KNOW ch.5	KSPS ch.6	KHQ ch.7	KREM ch.8	A&E ch.9	KXLY ch.10	BCTV ch.11	CITY ch.12	CBC ch.13	YTV ch.18	TSN ch.19	VTV ch.22	DISC ch.24	FAM ch.26	CITY ch.29	SPIKE ch.44	TROP ch.45
6 AM :30	In the Heat of the Night	(5:30) Morning News (N)	Wibbly Pig (6:37) HI-5	Bob Build Between	News (N)	News	CSI: Miami	News	(5:30) Morning News (N)	(4:30) Morning News (N)	CBC News Now	Being Ian Rollbots	SportsCentre	Canada AM	Mayday	Henry's Franny	CityLine (N)	CSI: NY	Spilled
7 AM :30	Cosby		Arthur	Arthur	Today (N)	The Early Show (N)	The Sopranos	Good Morning America			Artzooka	Super Evil	SportsCentre		Mighty Ships	Mickey Manny	The Nate Berkus Show	CSI: Crime Scene	Tooned
8 AM :30	Cash Cab Lyrics!		Magic Bus	Curious			Criminal Minds		100 Huntley Street		Bo On/Go	Sidekick	SportsCentre		Mega Builders	Phineas Suite/Deck	Rachael Ray	CSI: Crime Scene	TV-Torrens Whatever
9 AM :30	Family Fd	100 Huntley Street	Clifford	Super Why!		The 700 Club	The First 48	Live With Regis & Kelly	100 Huntley Street	World Vision	Super Why!	To School	SportsCentre	Live With Regis & Kelly	Canada's Worst Driver	Suite/Deck	Role	CSI: Crime Scene	Restaurant Makeover
10 AM :30	The Investigators	World Vision	Mag Fero Spider	Sesame Street (E)		The Price Is Right (N)	The First 48	The View	World Vision	Dead	Poko	Little Bear	Fishing	The View	Breaking Point "Bus"	Suite/Deck	EP Daily	CSI: NY	Just Shoot
11 AM :30	Forensics Evidence	World Vision	Rolle Polie	Sid	Ellen DeGeneres Show	Young & Restless	Dog Dog	Paid Prog.	World Vision	Noon News Hour (N)	Razzberry	Erky Perky	NASCAR Racing	Marilyn Denls	License to Drill	Suite Life	CityLine	CSI: Crime Scene	Gold Girls
12 PM :30	Jim King	Noon News Hour (N)	Arthur	Charlie Rose	Paid Prog.	News	CSI: Miami	All My Children (N)	Noon News Hour (N)	Days of our Lives (N)	CBC News Now (N)	Sidekick	Boxing: Friday Night Fights	etalk	Breakout	Wizards	General Hospital (N)	Jail	Wipeout Canada
1 PM :30	King Earl	Days of our Lives (N)	Dinosaurs	Paint This	Days of our Lives (N)	The Talk	The Sopranos	One Life to Live (N)	Days of our Lives (N)	The Talk	Heartland (DVS)	Beyblade		Marilyn Denls	Mayday	Kings	Jdg Judy	Jail	Wipeout
2 PM :30	Browns Payne	Young & Restless	Princess	Barney	Judge B.	Let's Make a Deal (N)	Criminal Minds	General Hospital (N)	Young & Restless	The Doctors	Steven and Chris	Monster	Off Record	Dr. Phil	Breaking Point	Kings	Access Hollywood Live	Jail	Gold Girls
3 PM :30	Family Guy	The Doctors	Little Bear	WordGirl	The Doctors	Dr. Phil	The First 48	Rachael Ray	The Doctors	Young & Restless	Recipes	Sidekick	SportsCentre (N)	The Dr. Oz Show	Canada's Worst Driver	Kings	CityNews at 6 (N)	Jail	Restaurant Makeover
4 PM :30	The Office	Oprah Winfrey	Rob Robot	Fetch! With G. Shrink	Jdg Judy	Oprah Winfrey	The First 48	Seinfeld	Oprah Winfrey	Early News Global Nat.	Ghost Whisperer	SpongeBob	Monday Night	Ellen DeGeneres Show	Mighty Ships	Phineas	America's Got Talent	Jail	Instant
5 PM :30	MLB Baseball: Atlanta Braves at Chicago Cubs (Live)	News (N)	Dino Dan	News	News (N)	News	Hoarders	News	Early News	(4:59) News Hour (N)	CBC News: Vancouver (N)	Parents	NFL Proseason Football	CTV News at Five (N)	Myth-Busters	Wizards	Bachelor Pad (N)	Jail	Wipeout Canada
6 PM :30	Chicago Cubs (Live)	Global Nat.	Dogs/Job	PBS News-Hour (N)	News (N)	News	Hoarders "Lisa; Bertha"	News	(5:59) News Hour (N)	ET Canada	Ent	Coronation	Big Time	Chicago Bears at New York Giants (Live)	CTV News (N)	Sons	Suite/Deck	Ways Die	Wipeout
7 PM :30		Ent	Be the Creature	Outnumbr	Jeopardy!	The Dr. Oz Show	Intervention "Michelle"	Ent	Ent	Hawaii Five-0	Wheel	The Next Star (N)		etalk	Auction	Shake It	Murdoch Mysteries	Ways Die	Instant
8 PM :30	Seinfeld	In Plain Sight	Francesco	Antiques Roadshow	America's Got Talent	How I Met	Intervention "Eddie"	Bachelor Pad (N)	In Plain Sight	In Plain Sight	Mosque	iCarly	SportsCentre	Can Dance	Mighty Ships	Suite/Deck	Warhogs!	News	Ways Die
9 PM :30	Law & Order: SVU	The Kennedys	The Census	Antiques Roadshow	American Ninja Warrior (N)	Two Men	(9:01) Hoarders		The Kennedys	The Kennedys	Being Erica (DVS)	Home Imp.	E:60	Two Men	Myth-Busters	Sonny	For the Love of Ray J	Ways Die	Parking
10 PM :30	Browns Payne	Hawaii Five-0	Architects of Change	RFK-Land of Apartheid		Hawaii Five-0	(10:01) Hoarders	Castle "Slice of Death"	Hawaii Five-0	News Hour Final (N)	National	The Next Star	Score Golf Television	Castle "Slice of Death"	Auction	Princess	Justice	MANswers	Wipeout Canada
11 PM :30	The Investigators	CHBC News Final (N)	Movie: "Invisible City"	Charlie Rose (N)	News (N)	News	(11:01) Intervention	News	News Hour Final (N)	Ent	George S	Prank Ptrl	SportsCentre (N)	CTV News	Sons	Ned's	Paid Prog.	Ways Die	Wipeout

# Monday Movies

EVENING

11:00 pm KNOW ch.5 "Invisible City" (2009, Documentary) The lives of young black children living in Toronto's public housing are documented. (CC)

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# News Leader Classified Ads

25 Words - \$8.00 (includes taxes) - Pay for two weeks, the third week is FREE!

**notices**

**Tom Stout**  
The Celebration of Life for Thomas Garson Stout will take place Saturday, August 27, 2011 at Princeton Riverside Centre beginning at 1:00 PM.  
For further details please contact Brian Stout at 250.295.6620.

**for rent**

#27-473 Corina Avenue, Deblyn MHP. 2-bedroom, 8x10 addition, 8x12 covered deck, fenced. Includes fridge, stove, washer, dryer, dishwasher, venetians and curtains. Available September 1st. Asking \$900.00/month with gas and electric included. References required. Please call 250.295.6919 after 6:00 PM. Aug 16

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**for sale**

Heinzman piano, washer and dryer, Singer sewing machine. Call 250.295.3336. Aug 02 - 16

Farm fresh eggs \$3.00 per dozen, will deliver to seniors \$3.50 per dozen. We also have green eggs, low in cholesterol, by pre-order. Call the EGG MAN at 250.295.0763. Aug 02 - 16

1989 Jeep YJ 4.2 standard, good engine on propane. Soft and hard-top, full and half doors. Must sell at \$2,500.00. Call Gary 250.295.7900. Aug 09-21

1985 Chev Citation Class A 23-foot, 454, Onan generator. Very clean. Drive away for \$5,500.00. Must sell. For info call Gary 250.295.7900. Aug 09-21

**notices**

LONE STAR ENTERPRISES 250.295.0420. Any place, anywhere, anytime. 25' gooseneck, 8 tonne. Come as a customer, leave as a friend. HOT SHOT SERVICE We haul: hay, straw, steel, wood. Off-road recovery. Reasonable rates, friendly service. Wide loads and pilot car service available. (8 tonne limit, 25' deck). See you soon! Aug 02 - 16

**help wanted**

Billy's Family Restaurant currently has positions available for part-time and full-time cooks.  
While previous experience would be an asset, we are willing to provide on-site training.  
Bring your resume in person to 301 Vermilion Avenue.

**garage sale**

**11 A Pines MHP**  
9:00 AM-1:00 PM  
Saturday, August 20  
2-Family Sale  
Everything must go - including the kitchen sink!  
Tools, household, furniture, etc.  
PLEASE - NO EARLY BIRDS!

**notices**

**50<sup>th</sup> Wedding Anniversary**

The children of Ralph & Lynne Anderson invite you to share in their parents' 50th wedding celebration.  
2:00 - 4:00 PM at the Golf Course Clubhouse on Saturday, August 20th.  
Your visit is gift enough!

**for sale**

2006 Pontiac SV6 Van, PW, PB, PS, power seat, a/c and DVD. Seats 7, new Michelin X-Ice winters on rims. Remote start, excellent condition. 88,000 km \$10,000 OBO Call 250.295.7334. Jul 12-Aug 16

19-foot Sea Ray Tournament, 350HP GM straight shaft, fully equipped, skis, rope, wakeboard attachments, life jackets, etc. Call John 250.295.3970. Aug 16-30

Swamp cooler in good condition. Cools 1,200 Square Feet easily. Asking \$125.00 firm. Call 250.295.3002. Aug 16-30

**wanted**

Safe home environment billet homes urgently required for Posse Junior Hockey Team. Call Lynda 250.295.6117 or Dorothy 250.295.4030.

**services**

**Princeton Upholstery and Repairs**  
General upholstery, heavy stitching and repairs - also seat cushions and wiggly chairs. Mobile shop for most restaurant booth seats, labor at \$60.00 each. Will travel to hotels and motels. Most unwanted sofas and chairs will pick up for recycle.  
Call Dave McKay text or phone:  
1.250.295.1616 or 8 AM - 8 PM / 7 days a week to Aug 16

**wanted**

**for rent**

4-bedroom house on a lake. 2-bath, fully furnished. Includes utilities and weekly house-keeping. Asking \$2,400.00 per month. Call 250.295.7988. th

Luxury rooms, own jacuzzi tub, fridge and microwave. \$300 - \$350/week. Large chalet 3-bedroom plus loft, call for more information. Princeton Castle Resort. (250) 295-7988. Sept 22-0th

Apartment in Princeton. Available now. Excellent references and damage deposit required. No pets, can furnish if needed. Phone 778.786.0935 for details or leave a message with the best time to call back. Aug 09-23

Warehouse space. 1,500 sq ft with 18 foot ceilings and 16 foot overhead doors. New gas furnace and 3 phase power. \$1,200.00/month with flexible terms for the right tenant. Call Amy at 250.293.6384. Jul 12-Oct 26\*

Log house in a country setting at Allison Lake. Available October 1st. \$1,200.00 per month plus utilities. Contact Heather Johnson Century 21 Princeton Real Estate 250.295.8591 or 250.295.6977. Aug 02-16

1-bedroom apartment, 66 Angela Avenue, available immediately. \$750.00 per month plus utilities. Contact Heather Johnson Century 21 Princeton Real Estate 250.295.8591 or 250.295.6977. Aug 02-16

2-bedroom trailer. No smoking, no pets. \$650.00 per month plus utilities. Available September 1st. Phone 250.295.6846. Aug 02-16

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notices

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162 Angela Avenue  
4:30 PM Sales Start  
5:30 PM 1st 47 Bonanza #'s  
SPECIALS, REGULAR GAMES, ODD &  
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LOONIE POT, "LUCKY 7" WON EVERY  
MONDAY (MIN. \$50.00 GUARANTEED)  
BC Gaming License #35191  
"KNOW YOUR LIMIT. PLAY WITHIN IT"

Narcotics Anonymous

**OPEN MEETINGS**  
Wednesdays 7:30 PM

160 Old Hedley Road  
Baptist Church Basement  
(USE BACK DOOR)  
Sundays 7:30 PM  
Living Water Foursquare Church, Kenley Avenue

Info: (250) 295-7919 OR 295-6531, 295-6723

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Completely confidential

help wanted

sudoku

**CARTER'S**  
Sudoku  
Challenge

SOLUTIONS TO PUZZLES ON PAGE 14

CHALLENGE #364

175 936 842  
924 187 365  
386 245 917

841 329 576  
762 854 193  
593 761 428

657 418 239  
219 573 684  
438 692 751

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Drinking a problem?

Alcoholics Anonymous  
Meets 7:30 PM Thursdays  
Princeton Baptist Church  
160 Old Hedley Road  
Fred 295-7272/Marena 295-7663

help wanted

souvenirs

souvenirs

souvenirs

**Prince Town  
1826 - 1926**

The CD traces the history of the Similkameen Valley from the First Nations to the Oregon Treaty to the arrival of prospectors and the Royal Engineers. It includes details on all local communities and ghost towns as well as historic photos.

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**Similkameen  
News Leader - Recipe Corner**

Recipe #385

**Patio Perfect Summer Spritzer**

Ginger Peach Spritzer – makes 8 servings

Ingredients:

- 4 PC ginger peach tea bags
- 2 cups (500 mL) ice cubes
- 4 cans (each 250 mL) PC 100% sparkling fruit juice-mango-peach, chilled

Instructions:

1. Place tea bags in large glass measuring cup.
2. Pour 3 cups (750 mL) boiling water over tea bags. Let stand 4 to 5 minutes.
3. Remove tea bags. Add 2 cups (500 mL) ice cubes; stir until melted. Chill at least 1 hour.
4. Pour chilled tea into ice-filled pitcher. Add juice. Serve immediately.

[www.newscanada.com](http://www.newscanada.com)

If you have a favourite recipe you would like to share, contact us for details!

**226A Bridge Street, Princeton**

# Weekend Movies

**SATURDAY MOVIES**

..... continued from Page 14 and Ferb battle evil Dr. Doofenshmirtz. (In Stereo) (CC)  
 8:30 pm SPIKE ch.44 "Rambo" (2008, Action) Sylvester Stallone. John Rambo calls upon his long-buried but lethal skills to rescue a missionary and her comrades from the Burmese army. (In Stereo)  
 9:00 pm FAM ch.26 "Opal Dream" (2005, Drama) Vince Colosimo. Premiere. An Australian girl, who is overly attached to a pair of imaginary friends, reacts badly when her father tells her he lost them in a

mine. (In Stereo)  
 10:30 pm WTBS ch.3 "Grosse Pointe Blank" (1997, Romance-Comedy) John Cusack. An assassin on assignment attends his high-school reunion. FAM ch.26 "Grumpier Old Men" (1995, Comedy) Jack Lemmon. The wedding of their children and the arrival of a romantic prospect preoccupies bickering Minnesota retirees John and Max. (In Stereo) (CC)  
 11:30 pm CBC ch.13 "A History of Violence" (2005, Drama) Viggo Mortensen. Vicious criminals continue to harass a man and his wife after he thwarts a robbery attempt at his diner. (In Stereo) (CC)



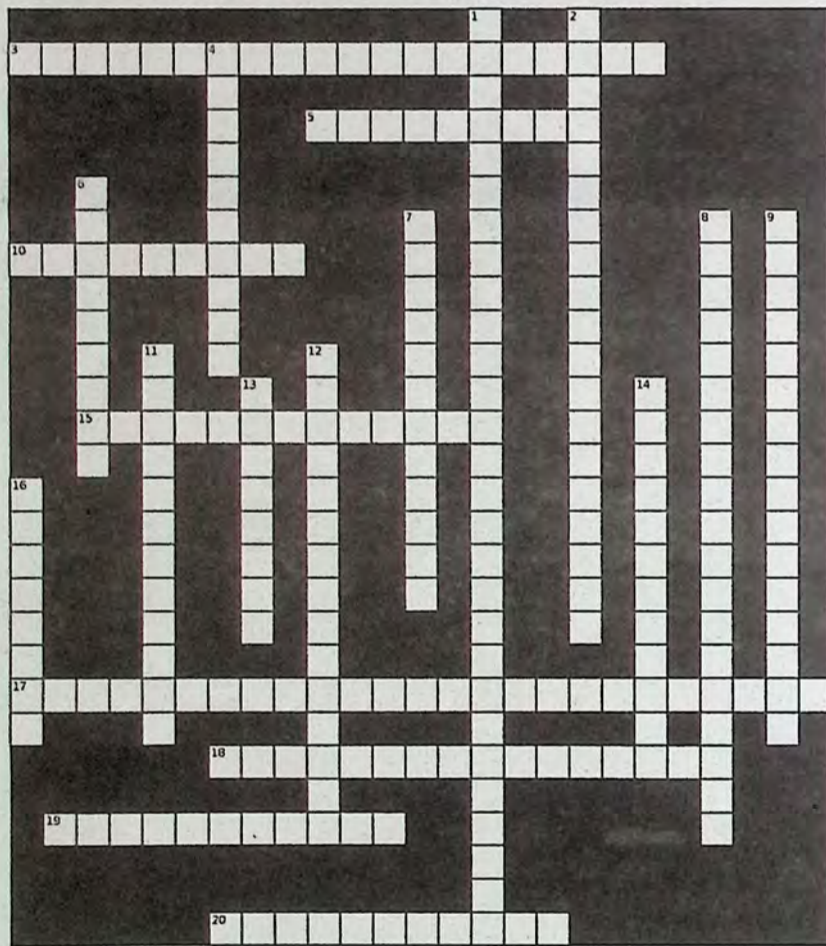
Stacey Muise stays happy and healthy working at Princeton's Centennial Pool. \*

## News Leader

www.thenewsleader.net

## News Leader Puzzler

Use the August 9th News Leader to find Answers Below...



- Across**
- 3 FortisBC thanks volunteers from this group.
  - 5 What name is the lake on the front page also known by?
  - 10 Name the lake in the front page photo.
  - 15 She sells real estate for Realty Executives Princeton.
  - 17 This society hosted Family Fun Fair Day August 1st.
  - 18 The new vintage released by Rustic Roots Winery of Cawston.
  - 19 He's the guy to contact for Xplornet Internet Services.
  - 20 The upcoming gospel workshop will feature this.

- Down**
- 1 Also known in the area as SOTS.
  - 2 Princeton and District Aquatic
  - 4 Wild Oregon Grapes are often mistaken for these.
  - 6 The group who trains pet rescuers.
  - 7 According to the headline on Page 1, what did the Pool Committee do?
  - 8 The OS part of RDOS.
  - 9 The RD part of RDOS.
  - 11 She was Village of Keremeos CAO.
  - 12 Our Twitter address.
  - 13 The kind of Hummingbird featured on Page 12.
  - 14 He builds websites at www.upnadam.me.
  - 16 He is Area H (Princeton Rural) Director.

## News Leader

**PUZZLER #26**  
 Copyright 2011 - Brenda Engel

## Princeton Posse 2011/12 Clip 'n' Save Game Schedule

### News Leader

Date	Time	Away	Home
Fri Sep 16	7:00 PM	Spokane @	Princeton
Sat Sep 17		Princeton @	Penticton
Fri Sep 23	7:35 PM	Princeton @	Osoyoos
Sat Sep 24	7:00 PM	Princeton @	Summerland
Fri Sep 30	7:00 PM	Penticton @	Princeton
Sat Oct 1	7:00 PM	Summerland @	Princeton
Fri Oct 7	7:00 PM	Kelowna @	Princeton
Sat Oct 8	7:00 PM	Princeton @	Summerland
Fri Oct 14	7:00 PM	Princeton @	Kelowna
Sat Oct 15	7:00 PM	N Okanagan @	Princeton
Fri Oct 21	7:35 PM	Princeton @	Osoyoos
Fri Oct 28	7:00 PM	Osoyoos @	Princeton
Sat Oct 29	7:00 PM	Summerland @	Princeton
Sun Oct 30		Princeton @	Kelowna
Fri Nov 4	7:00 PM	Nelson @	Princeton
Sat Nov 5	7:00 PM	Princeton @	Revelstoke
Sun Nov 6	2:00 PM	Princeton @	Chase
Fri Nov 11	7:00 PM	Castlegar @	Princeton
Sat Nov 12	7:00 PM	Beaver Valley @	Princeton
Wed Nov 16	7:00 PM	Kelowna @	Princeton
Fri Nov 18	7:00 PM	Osoyoos @	Princeton
Sat Nov 19	7:00 PM	Princeton @	Kamloops
Fri Nov 25		Princeton @	Penticton
Sat Nov 26	7:00 PM	Princeton @	Kelowna
Tue Nov 29	7:00 PM	Summerland @	Princeton
Fri Dec 2	7:30 PM	Princeton @	Castlegar
Sat Dec 3	7:00 PM	Princeton @	Spokane
Sun Dec 4	2:00 PM	Princeton @	Grand Forks
Fri Dec 9	7:00 PM	Grand Forks @	Princeton
Sat Dec 10	2:00 PM	Revelstoke @	Princeton
Wed Dec 14	1:00 PM	Summerland @	Princeton
Fri Dec 16	7:00 PM	Kamloops @	Princeton
Sat Dec 17	7:00 PM	Penticton @	Princeton
Sun Dec 18	2:00 PM	Kelowna @	Princeton
Sun Jan 1	2:00 PM	Osoyoos @	Princeton
Fri Jan 6	7:00 PM	Princeton @	Nelson
Sat Jan 7	7:30 PM	Princeton @	Beaver Valley
Wed Jan 11	7:00 PM	Penticton @	Princeton
Fri Jan 13	7:00 PM	Princeton @	Kelowna
Wed Jan 18	7:35 PM	Princeton @	Osoyoos
Fri Jan 20	7:00 PM	Sicamous @	Princeton
Sat Jan 21	7:00 PM	Osoyoos @	Princeton
Fri Jan 27	7:00 PM	Princeton @	Sicamous
Sat Jan 28	7:00 PM	Princeton @	Penticton
Wed Feb 1	7:00 PM	Princeton @	Penticton
Fri Feb 3	7:00 PM	Princeton @	Summerland
Sat Feb 4	7:00 PM	Chase @	Princeton
Fri Feb 10	7:00 PM	Princeton @	N Okanagan
Sat Feb 11	7:35 PM	Princeton @	Osoyoos
Tue Feb 14	7:00 PM	Kelowna @	Princeton
Fri Feb 17	7:00 PM	Penticton @	Princeton



# Editorial Page News Leader

Similkameen News Leader, 226A Bridge Street, PO Box 956, Princeton, BC V0X 1W0

## My Turn...

### Can You Send This Parcel Back?

The upcoming Pool Referendum will hinge on how much you understand about the cost to you.

Bylaw 2565, 2011 asks for your permission to borrow not one penny more than \$6-million dollars to go towards the cost of construction of an aquatic centre somewhere in Princeton. The facility will likely cost considerably more than that, but the bylaw is for the borrowing of six million.

Bylaw 2564, 2011 asks your permission to collect a Parcel Tax in the maximum amount of \$1,206,491 annually. Interestingly enough, there is no indication of how many years the Parcel Tax will be collected although the timeline suggested by the Pool Committee is twenty years.

With a total of 3,345 taxable parcels in the region at last count (2,053 in Area H and 1,292 in the Town of Princeton) the simple math I can manage on my own with a calculator tells me the annual Parcel Tax to each of the taxable parcels will be exactly \$360.68.

To be fair, that's the maximum, which means that figure can go down as more parcels are developed in the area. But let's do some math on that.

There's a need for new, additional housing in the Princeton area, which exists today. How many lots do you think are going to be needed in the next say, five years? I would take a stab at 25 new lots. But let's be really optimistic and say there should be another 100 lots subdivided in the next 5 years.

This would bring the taxable parcel total to 3,445. It drops your individual Parcel Tax to \$350.22 per year.

I somehow doubt there's going to be 100 new lots developed in the next five years, but I've been wrong before.

Now that Area H has the right to vote separate of the Town of Princeton on the Referendum, both Area H and Town of Princeton YES voters will be required to reach 50% plus one vote in both jurisdictions for the bylaws to be enacted, which would mean the Referendum would pass.

While the Referendum Question is a two-parter, which explanations on what both Bylaw 2564, 2011 and 2565, 2011 are all about, the easy way to look at the Referendum is this: Do you want to pay an extra \$350 to \$360 per year in Property Taxes for the next twenty years (or so)? If so, you would vote YES.

If you'd rather not have a Parcel Tax tacked on to your annual tax bill, you would vote NO.

Could it be any easier?

Similkameen  
**News Leader**

W. George Elliott - Owner/Publisher

Brenda Engel - Office Manager

Dawn Johnson - Reporter

John Gillis - Advertising Sales

Lynette Boyd - Office Assistant

Adam Gullason - Website Development

#### EDITORIAL GUIDE

We would like you to write to us, but please remember to abide by anti-discrimination laws. The News Leader reserves the right to refuse to print any letter which is not signed by the writer or is slanderous, libelous or of uncommon sense! The Editor reserves the right to condense any letter or to substitute proper language for improper language.



## ...Your Turn

### How To Save America

To The Editor;

Sitting in the mud in your bare bum on a logging road in the middle of nowhere on a cold rainy day can leave you broke, hungry and despondent and wondering how you got there in the first place. Try it sometime. But it is precisely this intense discomfort that is the incentive to do something about it.

Such seems to be the disconcerting desperate economic case with our good neighbor America which threatens Princeton, B.C., Canada and the world.

However, infinite studies done by the Tulameen School Of Economics through it's historic institution 'The Trading Post' has proven time and again as absurd as

Letter To The Editor

### When local business owners help strangers

To the Editor;

A couple weekends ago, our son had entered the Warrior Dash in Whistler and was driving from Creston to Whistler on the Friday. Upon reaching Princeton he experienced car trouble and managed to pull into Princeton Redi-Mix.

There, the owner of the Redi-Mix allowed our son to make a long-distance call home (more than once) to see if we could help remedy the problem with the vehicle. The advice was to let the car cool down for a couple of hours before trying to move on.

This didn't prove useful and the owner of the Redi-Mix (I'm sorry I never got his name) allowed our son to leave the car there and try to get to Whistler for the event. My husband then called Kal-Tire in Princeton and spoke to Don, presumably the owner.

We asked that he tow it to his garage to see if he could detect the problem. Don went in the morning, tried the car and it started and ran perfectly all the way to his shop. Our son, unable to get to Whistler, returned for the car at Kal-Tire to return home.

Don refused all offers of payment, even though he took time out of his busy day to retrieve the car. Residents of Princeton are fortunate to have such kind gentlemen in their community. These two

it may sound that even if you spend all your money, someone else has it and it serves no purpose for them to stash it under their mattress (if they can afford one).

The challenge then is to get this wealth back into circulation, earn some of it back and have harmony and prosperity in the community rather than fired up frustration.

Consequently, our plan to resolve the U.S. debt crisis and revive the economy or in other words 'save America,' Canada and the world. Ask the money machine, China who happily bankrolls America, to write off some of the U.S. debt, send over a blue ribbon trouble shooting team and have them immediately implement into

America their highly successful Chinese communist capitalist economic policies including their proven massive infrastructure program.

We, with our Christian heritage, should not deny China this opportunity to practice its love of neighbor. The solution is really quite simple - if the U.S. dysfunctional Congress is serious.

The Chinese have mastered the 'know how' the U.S. has lost investing in the Vietnam and never-ending 'Bush Wars.' Dire situations require bold pragmatic, common sense strategies. Peace -- not - Pieces. The way, the light and the truth!

Regards, Joe Schwarz, Princeton

men had nothing to gain by their kindnesses except the gratitude of three strangers. While we have no way to pay it back we will do our best to pay it forward. Thank you both.

Adam, Bill and Vicki Bourdon

Letter To The Editor

### Thanks to even more

Dear Editor,

Thank you to Mac, John, Otto, and their team of volunteers for the great job they did in organizing the A&W / Princeton Show and Shine.

It was a beautiful day and a wonderful opportunity for car owners, both local and from afar, to share their 'tin' with car lovers. As one of over 55,000 Canadians with Multiple Sclerosis, I am especially appreciative of the food sales donation made to the MS Society. Funding to programs, services, and research is critical for those living with MS.

Creston, BC

PS: After completing this letter, our son also told us about a nice guy named Kevin who gave him a ride to Kal Tire. Another kindness worthy of note. Our son was very fortunate to meet such good people.

If you want to have a great burger and support the MS Society, August 25th is the 3rd Annual "Crusin' for a Cause" day sponsored by the A&W. For every Teenburger purchased, one dollar will be donated to the MS Society. Last year this Canada-wide A&W event raised over \$700,000 for the MS Society.

And if you want to see some great local vehicles and chat about cars, every Tuesday evening our local A&W sponsors "Cruisin' the Dub". Hope to see you there.

With thanks,

Ken Carlson, Princeton

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# Current Comment

## Our Economic System Is Sick



**Dawn Johnson**  
editor@thenewsleader.ca

During the past two months, I have been reading books about the American economy. The books are by Americans: Douglas Rushkoff, Jesse Ventura, John Perkins and David C. Korten. Every one of them is a critic of the way the United States does business, but David Korten is best at describing what is wrong and how to fix it.

Korten's book *When Corporations Rule the World* is a classic and begins with this quote from George Soros, international financier:

"Perhaps the greatest threat to freedom and democracy in the world today comes from the formation of unholy alliances between government and business. This is not a new phenomenon. It used to be called fascism ..... The outward appearances of the democratic process are observed, but the powers of the state are diverted to the benefit of private interests."

Wow!

Read that statement very carefully, and you will understand why so many people are concerned about how our world economy functions today.

Korten has written other books explaining how our economic system works and where it originated. He explains our economy as a function of the ancient kingship behaviours of "rule or be ruled, kill or be killed". He also explains why

the system is sick.

Although our economic system is made up of humans, it is an inhumane system. A humane system would reinforce the qualities of being truly human. For starters, our brains are hard wired to cooperation, caring and sharing. Psychologists know this from experiments that stimulate brain centers. From these experiments they learned we feel pleasure from being part of a caring group that shares and cooperates.

The economic system we live with demands endless competition, greed, irresponsibility toward community and devastation of natural essential resources such as land, fresh water and the sea. The economic system behaves as a form of mental illness, isolating us from what really gives us pleasure.

What do people really want? Everybody in the world wants a safe, caring community where children can be raised, where food is safe to eat, where water is safe to drink, and where people have health services, shelter, and a chance to serve the community in some meaningful way.

Our economic system is not geared to give us what we really want. Our economic system tells us that much of what we do for others has no value. A mother who stays home to care for her children is paid nothing, so she is of no value to the economy. The person who checks on an elderly neighbour and helps the neighbour is of no economic value unless paid to do it.

The many volunteers who make our communities better places to live are of no economic value because they are not paid. Our Gross National Product (GNP) measures only what things cost, and if it costs nothing, it is worthless. How sick is that?

Korten talks about the economic meltdown of late 2007, and the bailout to the tune of \$7 trillion. Do you remember how CEOs of

those bailed out corporations received huge bonuses at the end of 2008? Korten points out that our present economic system rewards irresponsible behaviour: the CEOs were rewarded for getting the government to bail out their corporations! How sick is that?

Korten is not opposed to trade. He recognizes the need for a marketplace that provides goods and services. What he criticizes is the way the marketplace is functioning to make a few people richer and richer while the rest of the people become increasingly poorer and burdened with the costs of bailing out corporations that produce nothing of real value, like Wall Street.

Korten describes the antics of Wall Street as producing "phantom" money, that is money that exists only in a computer entry and is not based on real goods or services that contribute real value to anyone. If a farmer takes his produce to market and is paid for it, he has produced something of real value. The automobile manufacturer produces something of value, and so does the clothing manufacturer, or a railway company, or a dry cleaner. Wall Street just gambles with money, and a lot of that money comes from you and me when we invest in a pension plan or mutual funds. When Wall Street is irresponsible, we stand to lose our retirement income. Those retirement plans represent hours of our lives that we gave to serving the very economy that can steal it from us.

Korten does offer solutions to the economic mess we are in. His latest book, *Agenda for a New Economy*, offers alternatives. I will not describe them now, but I will tell you to go to your local library and start reading some of the books I've been talking about.

This is a very frightening economy in an increasingly upsetting world. By gaining knowledge of how our sick system works, perhaps we can band together to change it for the better.

Many months ago, I wrote about the words of the Hopi elder who said, "Do not look for a leader. We are the people we have been waiting for."

I think I understand his words better now. If we want to make the world a place that gives us what we really want, then we are the people who are going to have to change it.

# Similkameen News Leader

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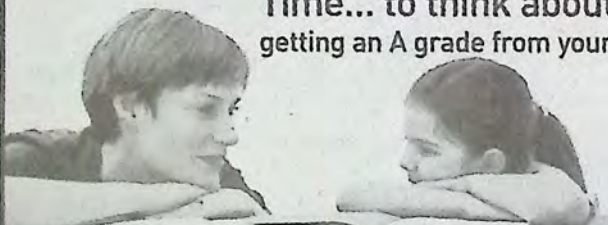
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This empty classroom will not be empty for much longer as School District 58 (Nicola-Similkameen) prepares for the start of the 2011/12 school year. Registration info will be in next week's News Leader. \*

# No bus for Arts in the Park

Due to lack of interest in taking a bus to Manning Park on August 18, there will be no bus for Arts in the Park. However, Arts in the Park will take place as scheduled. Just the same, a lot of local people are planning to attend this day of music, dancing and drama in a splendid natural setting. Arts in the Park is a joint venture by Manning Park Resort and Princeton Arts Council.

As a reminder, the special event celebrating 100 years of Provincial Parks in B.C. will begin at Lightning Lake picnic area at 2:30 PM on August 18. Bring a lawn chair and prepare to be entertained. The afternoon opens with a talk by Kelley Cook, author

of a book about Manning Park. Princeton Community Band will follow with musical entertainment, then Princeton Highland Dancers will show their talent on stage. River Road Theatre will present a musical drama, just for fun. Tineesha Begaye, winner of an American aboriginal music award, will play the hand drum and sing. Concertante Chamber Players will present classical style music featur-

ing a new composer from the Okanagan. The final musical performance is by Princeton Traditional Musicians warming up for the Traditional Music Festival which begins this Friday evening. Food and refreshments will be available, but the weather cannot be controlled, so make a point of bringing clothing for both warm and not so warm temperatures.

# Ballet, Tyson and harpist are coming

The Arts Council has prepared a wonderful series of concerts for November. The first performance in the series is a return of Ballet Kelowna to the stage at Riverside Centre. This ballet troupe has been very well received in the Similkameen in the past and many concert enthusiasts will be there to welcome them back. This concert takes place November 6, at 2:30 PM.

Ian Tyson, a performer from Alberta's foothills, is famous for such songs as "Four Strong Winds" and "The Coyote Song" as well as "Summer Wages", a song he wrote about his summer spent working in the Similkameen. Tyson will be on stage at Riverside Centre on November 16 at 7:00 PM.

The final concert in the series features a return afternoon concert by Ingrid Schellenberg, a harpist who has delighted Princeton with her wit as well as her music. Her concert begins at 2:30 PM November 27.

3:00 PM Thursday through Saturday). Tickets are sold for the three concert package, but consider it a package you can share. For example, if you cannot attend the first concert, you can give that portion to a family member or friend and use the other two yourself. This sharing can be done with any portion of the series package.

# Fall Fair booklets available

The Fall Fair exhibitor's booklets are in a number of shops around town, as well as at the News Leader office.

This booklet tells you everything you need to know about entering your woodwork, canning, baking, art, photography, chickens or whatever in the fair.

The rules for entering are in the first part of the booklet, including times to bring your entries.

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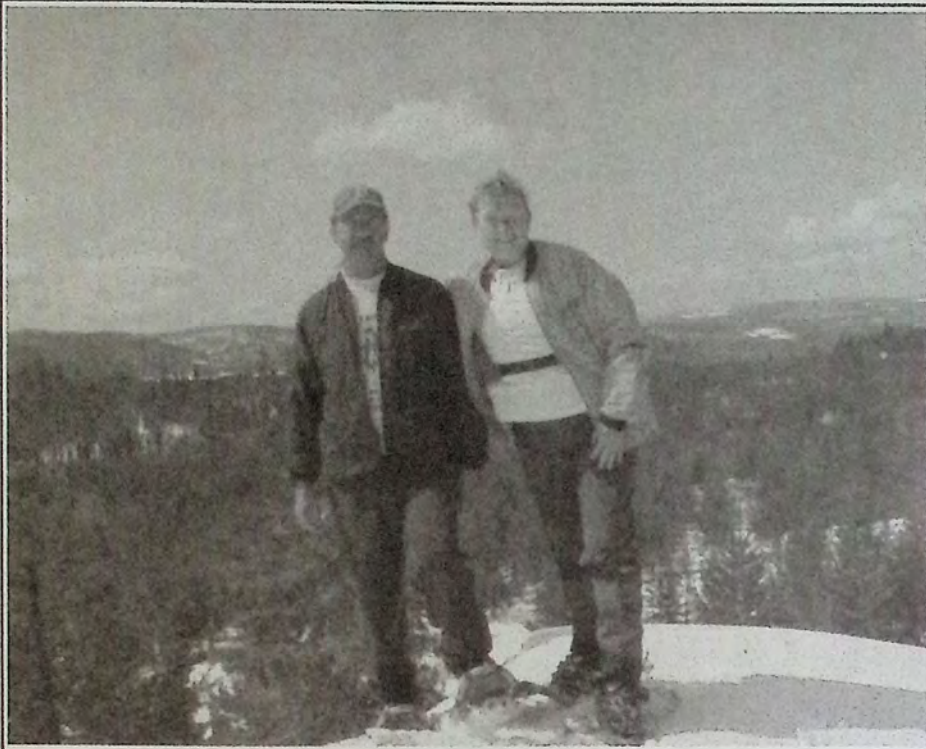
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# Highway 40 Adventures



Greg and Terry Tellier explore their surroundings in April. - photo submitted



The spring clean-up crew take a break from duties. - photo submitted

## From fishing and hiking to saving a loon

by Terry Tellier

I have been a Canadian Lakes Loon Survey volunteer monitor for Bird Studies Canada for 8 years. Osprey Lake has been the site I chose to monitor and 14 loon chicks have fledged over that period. Loons can live up to 30 years and only have one or two chicks per year. Young male loons do not mate until they are at 3 to 5 years old.

They need fish for food, a nest site on the shore (or preferably an island), and a sheltered place to rear chicks. The lake must be clear and relatively free of weeds, pollution and lost fishing line. Nesting grounds and wintering grounds for these birds have been decreasing due to human interference.

Examples of interference are development of the lakeshore, use of motorized watercraft, which create wake and disturb the loon nesting area. Like other water birds and some raptors, ingestion of fish-hooks, lead fishing weights, toxins in the water or entrapment in fishing gear creates another serious problem and is often fatal to them.

With all this in mind we need to do whatever we can to preserve their nest habitat and act as guardians to ensure their future.

I would like to relay a recent encounter with the loons on our lake and ask everyone who reads it to inform others about 'Loon Etiquette.'

On Saturday, July 23rd, one of the two adult loons which successfully nested on Osprey Lake became entangled in fishing line and bobber while following a boat. The loon had a bobber on its back near the tail and had a lot of fishing line around the beak, left wing, around

the legs and around the entire body. It was unable to open its beak more than halfway. Several people saw the loon and tried to capture it in order to free it.

They were unsuccessful since it was able to dive and the other adult loon tried to intervene and protect its mate.

Many people on the lake were informed about the plight of our loon and were sympathetic however there were others that scorned the loon for trying to take the fish from their fishing lines.

On Sunday July 24th, we located the loon at the east end of the lake. With assistance from Ann and Don McIntosh from Princeton and Mark Wong of B-Line Design at Osprey Lake we tried unsuccessfully to capture it.

By Monday we had contacted a local bird expert, Russell Cannings plus Bird Studies Canada staff for 'Canadian Lakes Loon Survey' to give us some advice. They gave us suggestions and guided us to Internet sites we could review. After that we were on our own to make a plan and try to save our loon.

On Monday July 25th, the loon was tired and sleeping however it was still able to dive when I approached it in my kayak. The other adult loon was caring for the two loon chicks at the other end of the lake so we were assured the young had a chance of surviving. I contacted several neighbours who had boats 10 people were on stand-by ready to help when needed.

Tuesday morning using hand held radios my husband and I searched the lake for the loon. I was in a kayak and he was in our rowboat. We knew the loon would be weak

and we might have a chance of capturing it if we could find it. After searching almost the entire lake I spotted the loon on-shore near the west end. If loons are in shallow water or on the shore it is not a good sign and means they may not have much chance of survival.

Realizing the urgency of the situation we contacted Bruce Merritt of the Osprey Lake Retreat B & B who lived nearby and was in radio contact with us. He quickly arrived and approached the bird by foot, and Greg and myself approached the loon by water.

We captured it in a net, covered the head with a towel and worked for 15 to 20 minutes cutting the fishing line and trying to untangle the tightened line from the wings, legs, body and finally the beak.

We realized the loon would have been unable to eat for the three days that had passed when we saw how much line was in the mouth. In total about 10 to 12 feet of line had been wrapped around the bird.

The next step was to set the loon in the water and wait for the stressed bird to make a move. As the three of us held our breath, it finally dove into the water and came back up, raised its wings and gave a weak call.

It stretched and moved its neck and wings then floated across the lake to the south side. As heartwarming as it was we realize how vulnerable it is and will take some time to recuperate and hopefully survive migration and all the perils it brings.

Since Tuesday, we have been checking on the loon twice a day and other people have been observing the loon as well. It is becoming more active and interested in diving

but has not joined the family unit yet.

We would like to thank all those who volunteered their assistance and to those who were actively

involved. It is a good reminder to everyone to be careful with your fishing gear, always remove fishing line from the lake or shoreline and practice ethical fishing.

### Loon Etiquette

**Be a good steward of our lake  
Fish and enjoy yourself, but give the loons a break;  
Their sole meal is fish, and nothing more  
While you and your family can go to a store;  
So if there is a choice, in who gets the fish  
Consider yourself second, give him his wish;  
If they are following you and your boat  
Stop what you are doing, don't give them the float;  
Lures, hooks and fishing lines all are a danger  
Keep your distance and try to be their stranger;  
While you are relaxing and getting away  
The loons are working and never at play;  
Please grant them lenience and give them a hand  
For we are all creatures, that share this great land.**

Terry Tellier, 2011  
Canadian Lakes Loon Survey Participant  
Tellier's Fisherman's Cove  
4184 Princeton-Summerland Road  
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**278 Fenchurch Avenue**



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Solid family home located on desirable Second Bench. Bright livingroom has large picture windows to take in the wonderful mountain view. 3 bedrooms on main, full bath, and kitchen with views to landscaped yard with fruit trees. Basement has good sized family room, lots of storage, woodstove and natural gas furnace. MLS © 132808 \$249,900

**#2-76 Kenley Avenue**



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Excellent downtown location and easy maintenance! This property is simple living at its finest. This well-kept strata unit is pleasing to the eyes as well as the pocket book. Perfect starter or investment property. Charming living area with free standing gas fireplace. New roof in 2006. Easy walk to all amenities. MLS © 132770 \$199,000

**438 Old Copper Mtn Road**



Riverfront - 1.48 acres! A beautiful rural setting that has 500-feet of river frontage and is only 5 minutes from downtown. Fabulous 3 bed, 3 bath Cape Cod home set away on Similkameen River. The small acreage is secluded at the end of a private drive that offers unrivaled privacy. The property features 2 wells, and much more! MLS® 131985 \$579,000

**70 Kenley Avenue**



**NEW!**

Excellent downtown location, updated and ready for you! Designed with two separate living spaces, this property features a large 3 bedroom house with Juliette balconies out the livingroom and second bedroom, large kitchen with porch, jetted tub and elevator. On the main floor is a 2 bedroom suite that creates many options. MLS © 132767 \$369,000

**4028 Princeton/S'land Rd**



Just across from Osprey Lake on a well-kept paved road, this home is much more than recreational property - this is a Krastel designed rancher and boasts an open floor plan, plenty of natural light in every room and the finishing details are clearly exceptional! This large property allows for easy access to Crown Land. MLS® 111532 \$389,600

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