



Similkameen

News Leader

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Tuesday, October 4, 2011

Who's Working For You? See Below!



Phifer's Fountain used to stand out on Burton Avenue, now it's part of the changing landscape. Photo: Brenda Engel

RCMP report East Princeton break-in

Princeton RCMP report a break-in occurred on Sunday, September 25 at a residence on 8th Avenue in East Princeton.

"A door to the residence was breached in the early morning hours," states a police news release.

"A significant quantity of money was taken from the residence as a

result."

Police say no other property was taken and there was no further damage to the home.

If you have any information regarding this incident you are asked to contact Princeton RCMP Detachment at 250.295.6911 or CrimeStoppers at 1-800-222-8477.



PrincetonBCNews

Community Services elects new board

The 36th annual general meeting of Princeton and District Community Services Society was held September 26 at Vermilion Court. Joann Gabriel chaired the meeting, and led into the financial report. As always, Community Services is in good financial condition, despite government restraints. All of the programs are running well.

Gabriel gave her President's report, which was very upbeat. Community Services passed the accreditation process last year and was awarded a three year accreditation. Three years is rare: most accreditations are for one year only.

Community Services has increased demands for services due to our aging population, and an expanding number of people retiring in the

Princeton area. This, coupled with fewer dollars to meet the needs, is a challenge for the Board of Directors, Administrator, and employees.

Administrator Lynn Pelly reported dealing with greater challenges due to fiscal restraints, but stated that staff had developed greater efficiencies. One program, Community Living, is recognized by the government as being under-funded, but there are no additional funds available.

Pelly praised the employees for their dedication, thanked the Board and volunteers who provide assistance to some of the programs.

In addition to administrative work, Community Services runs an Adult Day Care program, Vermilion

Court, Home Support, New Beginnings, residential programs, transportation through an agreement between the Town and BC Transit, administers Victim Services, operates Aspen Court (government housing), and works with a group

Energy Rebates 101 comes to town

FortisBC PowerSense is hosting a free Energy Rebates 101 session on Monday, October 3 at 7:00 PM at the Princeton Legion to inform customers about the thousands of dollars in rebates they can access when they upgrade their home's energy efficiency.

Now is an ideal time for home energy upgrades. For a limited time, customers who upgrade their home's energy efficiency under the direction of a certified energy auditor qualify for the federal ecoENERGY Home

dedicated to securing affordable housing for local seniors.

The following members of the Board of Directors were elected to a two year term in 2010: Joann Gabriel, Russ Pederson, Ken Carlson, Ray Jarvis and Mary Bird.

Retrofit Program rebates of up to \$5,000.

The BC government's LiveSmart BC Program, offered jointly with FortisBC, also provides up to \$7,000 in additional rebates for a total of more than \$12,000.

Energy Rebates 101 will feature a panel of industry experts from FortisBC and the community, followed by refreshments. Customers will have a chance to discuss rebate-qualified products and services with a selection of auditors and trades people face-to-face.

Upgrades can include upgrading heating and cooling systems, replacing windows and doors, improving insulation and draft proofing and

This left two vacancies on the Board. Carol Clarke was elected for another term, and Pamela Ottas joins the Board. President, Vice-President/Treasurer, and committees will be determined at the October Board meeting.

achieving EnerGuide 80 or higher.

Speaking at the Princeton session will be Phil Hawkes, FortisBC PowerSense Energy Advisor, Scott Hilder and Dean Neveu, Energy Auditors with Energywise Solutions, and Jim Damberge of Canadian Aerothermal.

Customers are encouraged to attend the free Energy Rebates 101 session and learn from industry experts about the right choices they can make to increase their comfort, save money on heating and electricity costs, and access these valuable rebates.

For more information on these rebates call 1-866-436-7847 or visit www.fortisbc.com/rebates101.

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The SVPS released results of a survey conducted in 2008 on 'amenity migration' - a pattern of movement identified in recent years as happening in the Similkameen Valley. *

Was 2008 survey right?

A survey on amenity migration was conducted by the SVPS (Similkameen Valley Planning Society) in 2008. Changes in real estate, cultural events and related amenities (an aquatic centre, for example) could

be linked to the movement of amenity migrants.

The following article appeared in the July 1, 2008 Similkameen News Leader as submitted by the SVPS.

About 60% of Similkameen residents moved here because of the quality of the natural amenities and the rural culture. We call these people amenity migrants.

They have been well-tracked and researched in the Western United States. There are no formal studies of them in BC, except our study. But, we hear a lot about them when we attend conferences in the Columbia-Kootenays.

The research and the stories present a similar picture of amenity migrants. They are wealthier than the average resident. They knock down little homes and build big ones. They buy choice acreages and sub-divide them. After moving to the country for its charm, they want to change the zoning and the by-laws.

They are more highly educated. They don't participate in social and civic affairs. They are older on average than life-long residents. These

features of amenity migrants are reported to have caused stress in dozens of communities. Housing prices skyrocket above the ability of people on local wage scales to buy them. Fences go up. Farms are taken out of production.

Urban style residential complexes - including the dreaded gated community - sprawl across a landscape that once attracted them because it was free of sprawl. They banned roosters on Salt Spring Island and horses in the District of Cowichan. They don't mix well and they are ... well, different.

We were surprised to find a very different picture in the Similkameen Valley. On average, amenity migrants are no wealthier than life-long residents, returned residents and economic migrants. The value of their homes is slightly below average. More amenity migrants live on half an acre or less than do other groups and they are under-represented in all the over 1 acre property size classes. They are less likely to knock down an existing home and build a new one than are life-long residents. They don't sub-
..... continued on Page 23



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Explore The History Of Mining - Gold, Copper and Coal

Local rockhounds enjoy early club success

by Terry Malanchuk, President
Princeton Rock & Fossil Club

It is still hard to believe how far we have come since our first club meeting last July 12th. We are up to 32 enthusiastic members, with dozens more expressing a keen interest in joining.

The support from the community of Princeton has been outstanding, providing us with a meeting room at the Riverside Centre; ample advertising opportunities and startup support. As a whole the community is very interested in our activities and, eager to participate. BC Lapidary Society executives have been so helpful and professional, that I have been able to complete all of the administrative startup tasks within a mere six weeks. Now we can focus on planning for the 2012 events and excursions.

To date we have held excursions to the fossil sites at Allenby, Castle Resort and Lamont Creek. We are excited from the results found during our recent scouting trip to McCormick Flats; located directly across the Tulameen River from the popular Vermilion Bluffs; a well known agate site. This excursion will take place on October 8th.

Members manned an information booth at the Fall Fair, this was well attended, attracting a great many prospective members. Children

were particularly attracted to the fossils on display and to the giveaways. As a result of this experience we are eager to explore further opportunities to involve the youth in our schools.

We already have a list of 40 future excursions and, it is growing with the input of each new member. Princeton is blessed with such an abundance and diversity of mineralization and fossil beds, found in few places around the globe and, most are within a one hour drive.

Obviously there is more to explore than we can hope to cover over a short period of time, hence our intention to organize two 3-4 day campouts per year, so as to focus on specific areas. In 2012, we will focus on as many of the mineral and gem areas near Tulameen as possible and, hopefully a tour of an active silver mine. We are also planning a campout atop NicklePlate Mountain, site of the historic NicklePlate and Mascot Mines. These are in addition to the Interior Zone Campout, which Princeton will be hosting on the last weekend of June. We plan to base this operation from the historic Granite Creek Campground, where a dozen sites of mineral, gem and fossil lie within a short 20 minute drive.

We will have the dates, itineraries and logistics set by the new year, so

keep some dates open.

For further information contact Club President: Terry Malanchuk (e-mail tmalan@telus.net).

The Princeton Rock Club meets the second Monday of each month at 7:00 PM at the Riverside Centre, 148 Old Hedley Road in Princeton. Each meeting includes a discussion of future excursions and a silent rock auction.

We are working hard to establish a club workshop, any and all suggestions on suitable locations and used

equipment are most welcome.

During one of our recent scouting trips one of our members received a flat tire. Some distance from Princeton, we none the less crossed our fingers and pressed on, out of the backwoods and on to Kal Tire, in Princeton. Kal Tire's Manager would not accept payment. On behalf of the membership of the Princeton Rock Club allow me to issue my most sincere thank you to the management and staff of Kal Tire.

Upcoming Excursions:

Saturday, October 8. McCormack Flats (Agate, Fossil). Meet and depart from A&W, 9:00 AM. Bring your tools, lunch and good footwear. Car Pooling available. Rating: Easy
Saturday, October 29. Black Mine Road (Agate, Fossil, Ziolite). Meet and depart from A&W, 9:00 AM. Bring your tools, lunch and good footwear. Car Pooling available.

Rating: Easy

For further information contact: Franz Hofer 250-295-3896 or Terry Malanchuk (e-mail: tmalan@telus.net).



Princeton Rock & Fossil Club members during a recent outing. Photo: Terry Malanchuk

Town of PRINCETON Princeton Town Hall News

PUBLIC NOTICE

In accordance with Sections 24 and 26 of the *Community Charter*, the Town of Princeton gives public notice that it intends to enter into a lease agreement with the Senior Citizen's Drop In Centre Society for the lease of property located at 162 Angela Ave for the purpose of a Seniors Drop in Center.

The property is legally described as: Lot 1; Plan 33115, District Lot 706 Yale Division Yale District and Lot 2; Plan 33115, District Lot 706 Yale Division Yale District Parcel Identifiers: 003-248-194 and 003-248-208

The term of the lease is for five (5) years with the option of renewal for one (1) additional five (5) year term. Rent for the term and for each renewal of the term will be \$1.00 per year.

MOVIE NIGHTS

Riverside Centre Theatre Presents:

Horrible Bosses
BC Rating: 14A

Starring: Jason Bateman, Charlie Day,
Jason Sudeikis & Jennifer Aniston

Saturday, October 8
Evening Show: 7:00 pm
\$5.00 at the door

Located at 148 Old Hedley Road in the retired school just down the road from the arena.

Watch for movie listings at www.princetonarts.ca or call the theatre hotline at 250-295-6067 line 2



FREE LANDFILL DAYS

FREE DUMPING is being offered once again at the LANDFILL on OCTOBER 22 & 23, 2011 for Town of Princeton and Regional District Okanagan Similkameen Area "H" residents only.

Free Dumping is an opportunity to drop off trash items that are regularly charged a fee such as: Televisions — Refrigerators — Air conditioners — Home renovation materials (i.e. floor coverings, drywall, roofing, etc.)

OCTOBER PROGRAMS FOR KIDS

AMAZING ART CLASS- NEW

This class has it all for the artist in you. Explore pastels, sculpture, paint, puppets, mixed-media and collage. Create an exciting new art project each week with professional artist Marilyn Huycke. Art Show for family and friends on the last day. 8 classes/\$83.00 supplies included
Thursdays beginning Oct. 6 3:30-5:00pm Riverside Centre

SPORTS CRAZY with Posse Players

10 classes/\$30.00
Grade 4-7 Mondays 3:15-4:45pm VFE
Grade 2-3 Wednesdays 3:15-4:15pm JAE
Grade K-1 Wednesdays 4:15-5:15pm JAE

Register in person at Town Hall (169 Bridge St) or call PPRC at 250-295-6067.

COURTHOUSE EXTERIOR REPAIRS

The Town of Princeton is accepting quotations for Court House Exterior Repairs. Information packages can be picked up at the Town of Princeton, 169 Bridge Street, Princeton, BC, V0X 1W0.

The last day for submission is no later than 2:00 pm local time Tuesday, October 11th, 2011.

For more information contact:

John Akerley, Project Manager
Phone: 250-295-3135
E-mail: projects@princeton.ca

TOWN OF PRINCETON TAX EXEMPTION BYLAW

At the October 3rd, 2011 Regular Meeting Town Council will consider providing permissive tax exemption for the following properties for the 2012 taxation year in accordance with Section 224 of the Community Charter.

Name	Civic Address	2012 Exemption
Roman Catholic Church	43 Billiter	271.47
Princeton Silver Crest Housing	30 Billiter	78.73
Princeton Silver Crest Housing	23 Fenchurch	147.34
Foursquare Gospel Church	38 Kenley Ave	202.05
Foursquare Gospel Church	Kenley Ave	92.14
Foursquare Gospel Church	Kenley Ave	26.03
Foursquare Gospel Church	Haliford Ave	12.40
Pentecostal Assemblies	165 Vermillion	111.98
St Paul's Presbyterian Church	190 1st St	300.39
Princeton Long Term Care Society		100.80
Interior Health Authority	98 Ridgewood	1869.64
Princeton Congregation of Jehovah's Witnesses	604 Ridgewood	335.93
Trails Society of BC		15.70
Trails Society of BC		18.59
Baptist Church of Princeton	160 Old Hedley	309.07
Trails Society of BC		11.16
Trails Society of BC		59.50

This bylaw proposes to exempt properties from taxation that would have otherwise generated approximately \$4,000 annual tax revenue.

Shirley McMahan
Deputy Treasurer/Collector for the Town of Princeton

OFFICE CLOSED THANKSGIVING DAY

Princeton Town Hall will be closed Monday, October 10th, 2011 for the Thanksgiving Day holiday. Regular office hours will resume Tuesday, October 11th, 2011.



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SCHOOL DISTRICT NO. 58 (NICOLA-SIMILKAMEEN)

NOTICE OF NOMINATION PERIOD For School Trustees, Area H

Public Notice is hereby given to the electors of Area H of School District No. 58 (Nicola-Similkameen) that a general local election will be held on Saturday, November 19, 2011, to elect three School Trustees from Area H and the Town of Princeton.

For Trustee voting and candidate information please refer to the Town of Princeton nomination advertisement or contact the Chief Elections Officer at 250-295-3135.

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Keremeos News



So you think you know your tomatoes? Displays at Harker's Organics Harvest Moon Festival in Cawston included taste testing of Heirloom tomatoes. The sample in the middle is Green Zebra. The others (starting at the left) are: Orange Blossom, Cream Sausage, Tigerilla, Roman Candle, Cherokee Rainbow, Peach, and Tasty Evergreen. The photographer decided to try two varieties: Cream Sausage and Tasty Evergreen. The samples tasted distinctly like, gosh, tomatoes. Perhaps one can become more discerning with practice? Photo: Arlene Arlow

Bauer tosses hat in ring

With Municipal Elections on the horizon, the guessing games have started up and down the Similkameen Valley.

One race is guaranteed to see a new face with the announcement last month from Mayor Walter Despot that he will not be seeking re-election to Village of Keremeos Council next month.

One of Despot's Councillors, Manfred Bauer, told the News Leader last week he plans to take a

run at Despot's soon to be empty chair.

Bauer says effective leadership is a key element to running the affairs of the Village of Keremeos and feels he has the skills to get the job done.

"As a six-year veteran Councillor for the Village of Keremeos I have the experience and the depth of knowledge that is needed to serve as Mayor. Some of the complex issues Council has, and will have to

work on in the future are: responsible fiscal planning and policies; participating in regional strategies to guarantee sustainable services; cooperating with our local RCMP and Citizens on Patrol to maintain a safe community; positive bylaw enforcement which takes its direction from our residents and their needs; working closely with our Chamber of Commerce and other organizations to support diverse economic and community development; reviewing the Official Community Plan with the input of Keremeos taxpayers; developing a liquid waste management plan to assist with the expansion of our water and sewer systems; promoting the rails to trails project for an accessible, healthy community and continue educational programs on the dangers of substance abuse, with a focus on our youth."

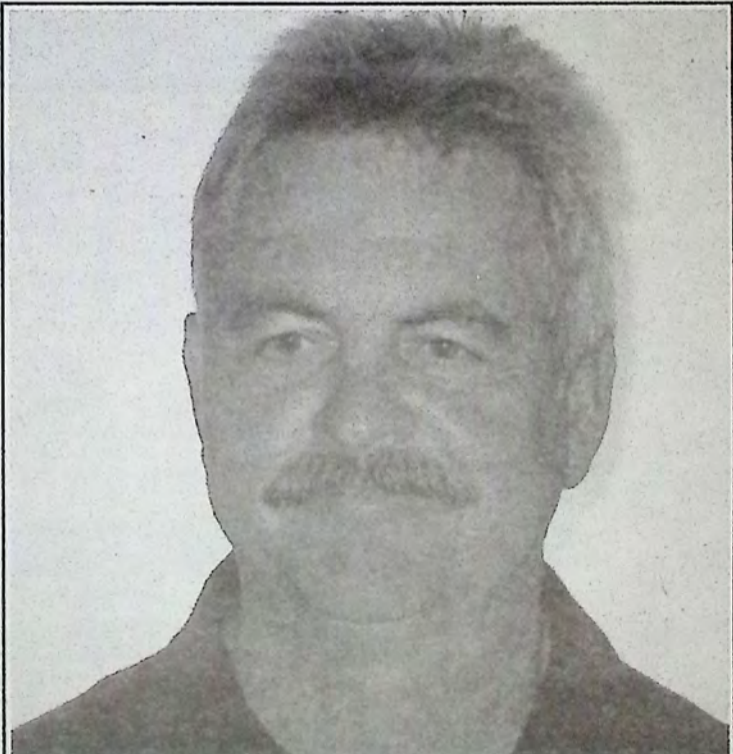
Bauer says he wants to continue to serve his community by leading the next Village Council as Mayor.

"With your support I will continue to use my knowledge, energy and commitment to provide effective leadership to the community."

Bauer says he can be reached by calling 250.499.5290 to answer your questions or concerns.

An All-Candidates Forum is scheduled in Keremeos to take place Wednesday, November 2nd at 7:00 PM in Victory Hall.

Municipal Election day is November 19th.



Village of Keremeos Councillor Manfred Bauer announced last week his intention of running for Mayor of Keremeos. Photo: Arlene Arlow

Similkameen Sizzle's Carroll MacLean talks about the Pepper Festival on YouTube!

PrincetonBCNews

Organic Farming Institute receives \$30,000 grant

At the September 19th Board Meeting, the Southern Interior Beetle Action Coalition (SIBAC) Directors voted in favour of supporting an application from the Organic Farming Institute of British Columbia (OFIBC) for \$30,000.00 to develop an online organic field crop production course.

SIBAC Director Randy McLean (Regional District of Okanagan Similkameen) said, "The SIBAC Board viewed this application as an opportunity to support a project that will be beneficial to not only the Similkameen Valley, but any region in the province with suitable land for growing ground crops."

The Organic Farming Institute of British Columbia is a non-profit organization that aims to increase the economic viability of regions throughout British Columbia through organic farming. The SIBAC funding will help to develop a new online educational program to educate prospective farmers in organic field crop production.

Kevin Klippenstein, OFIBC Chairman said, "We look forward to being able to provide people in BC with the opportunity to broaden their knowledge, learn ways to supplement their livelihoods and most importantly grow healthy organic food. Thanks to the support of SIBAC, the resources that will allow these goals to become a reality can materialize."

SIBAC is one of three Beetle Action Coalitions in BC's Interior created in 2005-2006 to develop and implement mitigation plans in order to help affected communities endure the impacts of the mountain pine beetle epidemic. The funding is intended to support projects approved by the Beetle Action Coalitions that will create business partnerships, diversify local and regional economies, find innovative and value-added uses for forest resources and explore new industries to assist rural interior communities through this transition.

Background

Organic and sustainable agricultural principles have a long history in the Similkameen Valley. In 1986 the Similkameen-Okanagan Organic Producers Association began certifying farms. Since then, South Okanagan-Similkameen growers have been leaders in the advancement of organic principles and in recognition of the values of land conservancy.

The Organic Farming Institute of British Columbia began as a local, grassroots initiative and has grown to province-wide proportions. The Similkameen Valley has the highest concentration (40%) of organic farms in Canada. Across Canada only 1.6% of farms are certified organic.

In British Columbia, approximately 2% of farms are certified organic.

Approximately 15% of farmland in the Similkameen Valley is in a nature conservancy.

In February 2004, a widely representative group of 34 South Okanagan and Similkameen Valley residents met to discuss moving forward on a long-held concept for a centre for excellence in organic, sustainable farming and research that would utilize the storehouse of expertise in our organic farming community. A Steering Committee was formed to move the project forward.

In 2005, a business plan was developed, with funding from Western Economic Diversification. A Board of Directors was formed and the Institute was incorporated as a non-profit society. Soon after, the Institute was granted charitable status.

In 2006, Okanagan College became the first post-secondary partner with the OFIBC. The Certified Organic Associations of BC and seven of its Certifying Bodies endorsed the OFIBC with letters of support. Funding from the McLean Institute of Toronto and from the Real Estate Foundation of British Columbia was obtained. That funding sat unused for 18 months because funding from a third (and largest) source was delayed.

In 2007, the OFIBC conducted a survey of farmers across four of BC's major farming regions. The

survey results indicate a much higher degree of interest by farmers in taking courses than the 2005 business plan anticipated.

In 2008, the OFIBC began discussions with Fraser Valley University about a partnership for delivering courses to agricultural students and professionals. Remaining funding was obtained and the first course was developed.

In 2009 the OFIBC opened its doors hiring an administrator, completing development of the first two courses and welcoming the first students.

In 2010 the OFIBC continued to build on the success of the previous years with the delivery of the on line theory courses and the addition of the field training courses, which started in late April of that year.

www.thenewsleader.net

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Introduction to Microsoft Excel	\$44	Oct 26 & Nov 2	8:15 - 9:30 PM
Introduction to Facebook	\$44	Nov 9 & 16	6:45 - 8:00 PM
Introduction to PayPal	\$35	Nov 9 & 16	8:15 - 9:15 PM
Introduction to eBay	\$44	Nov 10 & 17	6:45 - 8:00 PM
Maintaining Your Computer	\$44	Nov 23	6:45 - 9:15 PM
Introduction to Microsoft Word	\$80	Oct 27, Nov 3, Nov 10 & 17	8:30 - 9:30 PM

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Health / Lifestyle News

What you should know about energy drinks

(NC)—Energy drinks are a unique product offering in Canada and the Canadian Beverage Association recognizes that many Canadians have questions about why and how energy drinks should be consumed.

What are energy drinks?

Health Canada says: "Energy drinks are meant to supply mental and physical stimulation for a short period of time. They usually contain caffeine, taurine, vitamins and glucuronolactone, a carbohydrate."

While energy drinks are available in a wide range of flavours, formulations and formats in Canada, they share the following attributes:

- are formulated and sold as Natural Health Products (NHPs)
- contain caffeine
- are intended to supply temporary physical and/or mental stimulation restoring alertness and wakefulness when fatigued or drowsy.

Who should consume energy drinks?

Energy drinks are formulated and recommended for people who are looking for additional mental and physical stimulation for short periods of time. Energy drinks are not recommended for children, pregnant or breastfeeding women, or people who are sensitive to caffeine. As with all NHPs, it is important to read the label and use as directed. Energy drink labels in Canada contain information on recommended use, recommended dosage, intended population, any cautions, and lists of medicinal and non-medicinal ingredients, as well as the amounts of each medicinal ingredient.

How many energy drinks should be consumed in a day?

It is very important to read the product label to understand the recommended daily dosage, as can size and ingredients vary. The maximum recommended dosage is typically one or two cans a day. In addition, consumers should be aware of their caffeine intake from other sources (regular and specialty coffees, tea, chocolate, other NHPs, over-the-counter medications, etc.) and adjust their intake accordingly.

Should energy drinks be mixed with alcohol?

As stated on the label, energy drinks are not recommended to be mixed with alcohol. The Association and its members do not promote mixing energy drinks with alcohol.

Are energy drinks safe?

In Canada, energy drinks are classed

as NHPs because they make verified functional claims and because of their ingredients, such as caffeine, taurine and vitamins. Energy drinks are regulated and reviewed by Health Canada for their quality and safety and must display recommended conditions for use and cautions on their labels. Consumers can identify energy drinks authorized for sale by Health Canada by looking for the Natural Product Number (NPN) or Exemption Number (EN) on the label or by visiting the EN and NPN databases: webprod3.hc-sc.gc.ca/product-product/search-recherche (EN database) and webprod.hc-sc.gc.ca/inhpd-bdp-snh/index (NPN database).

Energy drinks are currently sold in more than 160 countries around the world. Health authorities and scientific expert panels in these various jurisdictions have assessed energy drinks and their ingredients and have concluded that energy drinks are beverages that can be safely consumed as foods. Always read the label before consuming and do not exceed the recommended dose.

How much caffeine is in an energy drink?

Mainstream energy drinks, those products that represent the vast majority of sales in the energy drinks cate-

gory in Canada, typically contain between 70 mg and 200 mg of caffeine per dose.

When consuming the maximum recommended daily dose for most mainstream energy drinks, caffeine intake would be comparable to less than two cups of coffee.

Are energy drinks and sports drinks the same thing?

No, energy drinks should not be confused with sports drinks. Sports drinks are beverages that are specifically formulated to re-hydrate the body and usually provide carbohydrate energy needed for physical activity. Sports drinks also replenish electrolytes which maintain sodium and potassium balances in the body.

What are Natural Health Products?

Under Health Canada's Natural Health Products Regulations, NHPs are defined as naturally occurring substances or their synthetic equivalents that are used to restore or maintain good health. NHPs, often called "complementary" or "alternative" medicines, include: vitamins and minerals, herbal remedies and homeopathic or traditional medicines. NHPs must be safe to be used as over-the-counter products and do not require a prescription. Visit www.canadianbeverage.ca for more information.

Living Past 100

What Is Turkey Good For?

We have a Thanksgiving feast this weekend, and for most of us, it means a turkey dinner with all the fixings, including pumpkin pie. Few of us ever take into consideration the nutrients in the main course, the turkey.

Turkey is loaded with three essential B vitamins: niacin, B6 and B12. Niacin helps lower cholesterol. B12 is necessary for healthy brain function. B6 builds the immune system, helps build red blood cells and is necessary for healthy nerves. The white meat contains more Vitamin B than the dark meat.

Turkey is rich in iron, too, which helps maintain healthy red blood cells. The iron found in turkey is more easily absorbed than in other iron-rich foods. Turkey also contains the mineral zinc, good for fighting off colds. Zinc bolsters the immune system. Zinc helps prevent macular degeneration, a condition that causes blindness in so many older people. The dark meat of turkey is richer in minerals than the white meat. Like iron, zinc in turkey is more easily absorbed by your body than zinc found in plants. Turkey is one of the best low fat meats you can eat. The skin of the turkey may be fat, but there is little fat in the flesh, unless you buy one of those turkeys loaded with butter.

Many people are afraid of cooking turkey due to warnings about food poisoning, but there are three simple rules: thoroughly clean utensils and surfaces that come in contact with the raw bird, roast the turkey hot and fast, and serve it hot. When you puncture the turkey, the juices should be clear, not pink. When your meal is done, put leftover turkey into the refrigerator immediately.

To ensure your turkey is not too dry, roast it with a little water in the bottom of the roaster and keep the turkey covered until the last 10 minutes if you want to brown it. Have a happy Thanksgiving!

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Mining News

Huldra Silver - Sego Resources - Goldcliff Resource



Trench sample cutting at Goldcliff's Panorama Ridge Gold property near Hedley. - photo submitted

Huldra Silver Inc. (TSX-V:HDA) (the "Company" or "Huldra") provided an update September 22nd on the 2011 development program at its 100% owned Treasure Mountain Property.

All road rehabilitation has been completed. Approximately 75 metres of the planned 200 metres of the Level One production drift have been driven, allowing development access to the first two stopes on Level One. Two existing raises have been re-opened from Level One to the surface, a distance of 50 metres each.

Two additional raises are being driven from Level One to the surface, of which 20 metres and 10 metres, respectively, have been completed. It is estimated that 18,000 tonnes of material will be accessed from the first stope.

The permitted 10,000 tonne underground sample will be taken from this stope, commencing in approximately 3 weeks.

From the Level One portal (1,622 metres) to the surface, a NI 43-101 compliant resource estimate reported a total vein indicated resource, using a 10oz/t Ag cut-off, of 14,000 tonnes, grading 28.18 oz/t Ag, 5.14% Pb and 3.06% Zn, or 430,000 oz Ag, 1,590,000 lbs Pb and 940,000 lbs Zn. The total vein inferred resource, using a 10oz/t Ag cut-off, is 31,000 tonnes, grading 39.14oz/t Ag, 5.52%Pb and 6.42% Zn, or 1,340,000 oz Ag, 3,780,000 lbs Pb and 4,390,000 lbs Zn.

The Company has commenced hauling stockpiled material from the Treasure Mountain Property to its mill site in Merritt. To date, approximately 1,600 tonnes have been moved, with approximately 10,000 tonnes remaining at the Treasure Mountain site.

Technical information in this news release has been reviewed and approved by Al Beaton, P. Eng, a Qualified Person as defined in NI 43-101.

For more information see the Company's technical report entitled "Technical Report, Project Update, Treasure Mountain Property" dated June 15, 2011, available on SEDAR at www.sedar.com.

Sego Resources Inc. ("Sego" or the "Company") reported September 21st that it had recently completed a 43 hole, 3,394 metre percussion drill program targeting the eastern and northern extensions of the Cuba Zone Chargeability Anomaly.

The drilling intercepted wide zones of favourably altered lithologies and the percussion chips were split by 2-metre interval, with half being sent to Acme Labs in Vancouver for ICP analysis and the rest being logged by Segeo geologists.

Assays are currently pending. Upon receipt of assays Segeo will start a further 3,000 metres of percussion drilling.

Sego is also reported the acquisition of a PXRf Analyser, a Niton XL2 GOLDD. A PXRf (Portable X-Ray Fluorescence) analyser provides the instantaneous determination of the elemental composition of a given sample (rocks, soils, drill core, percussion chips), which is invaluable during an active exploration program in the field.

Since 2009 Segeo has integrated a PXRf into its workflow and has developed proprietary elemental profiles for alteration, lithology and mineralization.

However, the Niton analyser does not have the accuracy of an accredited lab and samples must be sent to the lab for confirmation, before gen-

eral dissemination. For the latest on Goldcliff Resource Corporation see Page 13.

PRINCETON PLAZA PARKING LOT

Prince Town 1826-1926

Prince Town 1826 - 1926

W. George Elliott

\$20.00
INCLUDES HST

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From Fur Traders to Miners to the Railroad

before you sign explore your options

Customer Choice offers you the freedom to choose who you buy your natural gas from, an independent gas marketer or your local natural gas utility. Independent gas marketers offer natural gas at long-term fixed prices. Your local natural gas utility offers natural gas at a variable, market-based rate. How you choose to buy your gas is your choice. For more information on Customer Choice visit fortisbc.com/choice.

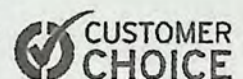
FortisBC residential rate (per GJ)* \$4.01 per GJ effective October 1, 2011

Gas Marketers' residential fixed rates (per GJ)

Supplier name	Offer	1 yr term	2 yr term	3 yr term	4 yr term	5 yr term
Access Gas Services Inc. 1-877-519-0862 accessgas.com	Prime Rate Natural Gas Agreement	\$4.39				
	Access Gas Prime Rate	\$4.89				
	Residential Price Protection Plan		\$4.89	\$5.14	\$5.89	\$5.89
	Green Energy Price Protection Plan	\$5.39	\$5.89	\$6.14	\$6.89	\$6.89
Active Renewable Marketing Ltd. 1-866-628-9427 activerenewable.com	Green Natural Gas Protection Plan					\$8.99
FireFly Energy 1-888-780-3298 fireflyenergy.ca	FireFly 1 Year & 3 Year Plans	\$4.29		\$5.33		
Just Energy 1-866-587-8674 justenergy.com	Fixed Price Program				\$6.15	\$6.15
Smart Energy (BC) Ltd. 1-866-917-5599 smartenergybc.com	Fixed Rate Program	\$5.40	\$5.40			
Summitt Energy BC LP 1-877-222-9520 summittenergy.ca	Flat Rate Program					\$6.99
	EverGreen Program					\$7.99
Superior Energy Management 1-866-872-2991 superiorenergy.ca	Price Protection Plan			\$5.20		

*Chart shows gas marketers' rates for a range of fixed terms. Marketers typically offer a variety of rates and options. Check websites listed or call to confirm current rates. Rates are subject to change. FortisBC rate may change quarterly.

This advertisement is produced on behalf of the BC Utilities Commission. The Customer Choice name and logo is used under license from FortisBC Inc. A gigajoule (GJ) is a metric measurement of energy used for establishing rates, sales and billing. One gigajoule is equal to one billion joules (J) or 948,213 British thermal units (Btu).



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Energy Rebates 101

Energy rebates made easy



It really pays to know your rebates.

Attend Energy Rebates 101, presented by FortisBC PowerSense, and learn from industry experts about how you can get thousands of dollars back when you upgrade your home's energy efficiency.

All sessions start at 7p.m. on the following dates:

October 3, Princeton Legion, 172 Bridge St, Princeton
October 7, Victory Hall, 427 7th Ave, Keremeos

For more information, visit fortisbc.com/rebates101 or call 1-866-436-7847.

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Two popular 'transplants' from the Philippines move away from Princeton this month. Marilou Torres, left, and Grace Pagulayan came to the Similkameen in 2008 to work at Dairy Queen. Torres is off to the Lower Mainland while Pagulayan is going to Alberta. They leave behind many friends. *

Alex Atamanenko, MP

US Tax Authorities Reach Into Canada

In February of this year the first report of the Internal Revenue Service's new cross border tax

enforcement initiative was announced. Under the 2011 Voluntary Offshore Disclosure Program, amnesty from criminal prosecution was offered to US citizens in Canada who came forward before September 9th to disclose their overseas accounts and pay the penalties. Few Canadians realized the consequences. After all, most Canadians who live and work in Canada, invest through their local bank or investment advisor, have no "offshore" accounts. Not true.

including those who are also Canadian citizens, to file US tax returns and disclose foreign (Canadian) bank accounts to the Internal Revenue Service has been law for many years. Until recently, the laws were rarely enforced.

Having a foreign bank account is not illegal as far as US authorities are concerned, however those accounts, with some exceptions, must be disclosed and their balances reported to the IRS. The penalties for failing to report are severe: non-willful failure

The obligation of all US citizens, continued on Page 23

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LEARN ABOUT THE REGISTERED DISABILITY SAVINGS PLAN GRANTS AND BONDS

Friday, October 14 1:00 - 3:00 PM

Granby Room, Princeton & District Community Skills Centre
206 Vermilion Avenue, Princeton

TO REGISTER PLEASE CONTACT:

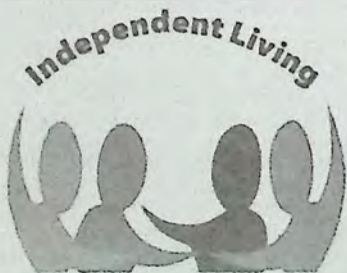
Crystal Compton Independent Living Vernon

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Toll Free: 1-877-288-1088

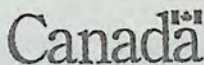
e-mail: crystal@ilvernon.ca



Vernon

Promoting a new perspective on disability

Funding for this session is provided by the Government of Canada



ENVIRONMENTAL PROTECTION NOTICE

Application for an Authorization to Discharge Waste Under the Provisions of the Environmental Management Act Application Number 223081

I, Todd Chamberlain, Renew Resources Inc., intend to submit this application to the Director to authorize the discharge of air particulate emissions from a log chipping and grinding facility.

The land upon which the facility will be situated, and the discharge will occur, is located at 201 Old Hedley Road, within the Town of Princeton.

The maximum rate of air emissions discharged from this facility will be 20kg/m. The operating period for this facility will be 12-18 hours per day, 5-6 days per week. The characteristics of the emission are as follows: 20 mg/cubic meter, below the level for visible discharge. The types of treatment to be applied to the discharge as dry dust collection system and high pressure "fog" (mist).

Any person who may be adversely affected by the proposed discharge of waste and wishes to provide relevant information may, within 30 days after the last date of posting, publishing, service or display, send written comments to the applicant, with a copy to the Regional Manager, Environmental Protection at 201-3547 Skaha Lake Road, Penticton BC, V2A 7K2. The identity of the respondents and the contents of anything submitted in relation to this application will become part of the public record.

Dated this 29th day of September, 2011.

Contact Person: Todd Chamberlain, RFT, General Manager
Telephone Number: 250-315-0069



News Leader Entertainment

Similkameen News Leader TV Guide Listings - October 5 - 11, 2011



Princeton Posse played their September 30th home game against Penticton Lakers in their brand new 'road' away jerseys. This is Princeton's Eric Schmidt (#15) during the pre-game warm-up. *

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Details of the Investors Group Charitable Giving Program, including eligible funds, current fees and expenses and other requirements, are available upon request in the Program Guide. Corporations under the Program are restricted and must use the Strategic Charitable Giving Foundation - a registered charitable foundation which is responsible for making all investments and operating independently from Investors Group. Investments owned by IGF Financial Inc. and related to its subsidiary corporations.

Posse drop one to Lakers

Princeton Posse hosted Penticton Lakers September 30th at Princeton Arena.

The visitors scored first at 16:44 (Dylan Sahara from Mason Chew and Adam Plant) and added another one at 7:45 (Mason Chew from Evan Anderson and Kale Erickson).

It wasn't until a power play late in the period (5:08) when Princeton was strong enough to chip away at the Laker lead. Kurtis Bond got the goal with assists going to Adrian Coulter and Devon Grossler.

The second period was dominated by Penticton with three more goals (16:08 - Mason Chew from Jordan Boulbee and Sean Aldridge, 5:47 - Michael Pond from Sean Aldridge and 2:43 - Michael Pond from Steven Killy and Reilly O'Conner).

Princeton managed another goal at 18:30 of the third period (Curtis

Bellamy from Kevin Raimundo and Justin Moltzahn) but that was it for scoring.

Both teams struggled throughout the game to keep control for any length of time and special teams suffered with Princeton's scoring only once in six power plays to Penticton's zero for six.

Princeton goalie Sky Buller collected the best Posse stat of the night with a 100% save tally stopping all four shots aimed at him in the 22-minutes he spent between the pipes.

Final score: Penticton 5, Princeton 2. Shots on goal: Penticton 26, Princeton 22. Penalties in minutes: Princeton 11 for 44-minutes, Penticton 11 for 41-minutes.

The Princeton Posse hosted Summerland Steam on October 1. The story on that game can be found on Page 23.



Notice of Property Tax Exemption

In accordance with the Local Government Act (Sections 809 and 810), Regional District of Okanagan Similkameen proposed Bylaw 2575 includes the following properties, which will receive exemptions from Property Taxes for 2012.

ASSESSMENT ROLL NUMBER	LEGAL DESCRIPTION	CIVIC ADDRESS	ORGANIZATION	ESTIMATED VALUE OF PROPERTY TAX EXEMPTION - RDOS PORTION ONLY
715-00565.105	Parcel A, B1 3, DL210 SDYD PL 519	224 Robinson Avenue Naramata	Naramata Museum Society	\$1,381
714-796.090	Lot 9, PI 34520, DL 374, SDYD	1145 Main Street Okanagan Falls	Okanagan Falls Heritage & Museum Society	\$1,743
714-6485.100	Lot 3, PI 4041, DL 2450S, SDYD Portion L 727	10384-384 Avenue	South Okanagan Sportsman Association	\$ 158
714-6485.100	Lot 1, PI 13268, DL 2450S, SDYD	10393-384 Avenue		\$1,078
714-9060.000	DL 2450S, SDYD	14000 Strawberry Creek Road	Osoyoos Wildlife Federation	\$ 467
715-2713.010	Lot A, PI 40972, DL 2 366 367, ODYD (portion outside Municipal Boundary)	600 Comox Street Penticton	City of Penticton (leased to golf course)	\$ 398
716-2752.000	Lot A, PI B6949, DL 319, SDYD		Keremeos-Cawston Sportsmen Association	\$ 858
716-9035.000 716-9035.002	Lot 13-15, Block 8, PI 2565, DL 2482, SDYD		Hedley Sports Association	\$ 464
716-10308.000	SDYD, SUP 11350		Nickel Plate X-Country Ski Club	\$ 388
714-6476.020	Lot 1, PI KAP62023, DL 2450S		Fairview Mountain Golf Club Society	\$9,876
717-895.600	Block B, DL 1091 OS, SDYD		Princeton Golf Club	\$2,957
716-02837.000	Parcel A, DL 0457, SDYD		Keremeos Elk Lodge	\$ 705
714-00819.081	Parcel Y, DL 0374, SDYD		OK Falls United Church	\$ 543

The "Estimated Value of Property Tax Exemption" is the amount of taxes that would be imposed on each property if they were not exempt. The value of the exemption has been calculated using 2011 Property Tax rates.

Similkameen
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Similkameen News Leader - Horoscopes

October 5 - 12, 2011

Aries - You can enjoy company now, but make sure what you do for fun involves some physical activity. You will feel too restless otherwise. Kids may get on your nerves, so find activities for them. Talk to your partner nicely!

Taurus - You are entering the time of year when you should go over your wardrobe and spruce up your appearance. Life may be hectic at home or you may have family problems. Romance could come your way now: be ready.

Gemini - Errands, short trips and siblings can raise problems now, but you can find fun through creative activities. Watch out for breakdowns in electronics, appliances and your vehicle. Next Monday, health & attitude improve.

Cancer - You are not what you own, but what you owe can really get you down now. Clear up bills. Do not be tempted to buy on impulse. Be loving toward young people. Talk to family about your career and future needs. Be serious.

Leo - You are so full of energy and drive now and it could make you impatient and short-tempered. Your ego is on a high, and if you are usually easy-going you may shock others by standing up for yourself or being pushy. Cool it!

Virgo - You enjoy spending money now, but it is not a good idea if it will leave you short and cause worries. You still have financial restrictions. Good relationships with neighbours and siblings will make you feel happy.

Libra - You are feeling more secure now, and may feel more able to spend. Do not. You will be tempted to spend on gaudy items or do impulse buying that you will regret. If you spend, make sure it is on good quality that lasts.

Scorpio - After Thanksgiving, take some time to improve your appearance to make a good impression on others. You may feel romantic and romance could enter your life next week, but it is more likely you'll feel lazy and eat too much.

Sagittarius - You need a health boost and it is coming if you get out in some good weather and walk or hike. You need to enjoy the outdoors now to put your mind at ease. Career continues to be hectic and you need time to unwind.

Capricorn - Now is the time to finish projects related to your career, and begin to make plans to enjoy more time with friends. You might also want to do creative activities, or make plans and preparations for these activities. Enjoy.

Aquarius - Get in touch with the inner you now. It is time for you to connect with your spiritual side. Career matters run smoothly. Next week can bring you an opportunity for advancement if you discuss it with the right person.

Pisces - This week is all about resources you share with others, and about your financial situation. Sort out what you need to do to ensure a secure future. Check debts, mortgages, insurance, investments. Look for shared benefits.

Tuesday Movies

EVENING
9:00 pm WTBS ch.3 "Dreamer: Inspired by a True Story" (2005, Drama) Kurt Russell. A racehorse trainer and his daughter nurse a gravely injured filly back to health and aim for a slot in the Breeders' Cup Classic.
KNOW ch.5 "The Queen and I" (2008, Documentary) Premiere.

Filmmaker Nahid Persson Sarvestani interviews Farah Pahlavi, widow of the Shah of Iran. (CC)
11:00 pm WTBS ch.3 "Glory Road" (2006, Drama) Josh Lucas. Coach Don Haskins leads the first all-black basketball team to NCAA victory during the 1966 season.

Wednesday Movies

EVENING
9:00 pm WTBS ch.3 "Glory Road" (2006, Drama) Josh Lucas. Coach Don Haskins leads the first all-black basketball team to NCAA victory during the 1966 season.

11:00 pm WTBS ch.3 "Hard Rain" (1998, Action) Morgan Freeman. A thief, a sheriff and the nephew of an armored-truck driver seek money bags in a flooding Indiana town.

Prince Town 1826-1926

Prince Town 1826 - 1926

\$20.00
INCLUDES HST

W. George Elliott

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From Fur Traders to Miners to the Railroad

TUESDAY, OCTOBER 4, 2011

	WTBS ch.3	CHBC ch.4	KNOW ch.5	KSPS ch.6	KHQ ch.7	KREM ch.8	A&E ch.9	KXLY ch.10	BCTV ch.11	CITY ch.12	CBC ch.13	YTV ch.18	TSN ch.19	VTV ch.22	DISC ch.24	FAM ch.26	CITY ch.29	SPIKE ch.44	TROP ch.45
6 AM	In the Heat of the Night	(5:30) Morning News (N)	Arthur (N)	Thomas Clifford	News (N)	KREM 2 Morning News	Jewels	News	(5:30) Morning News (N)	(4:30) Morning News (N)	CBC News Now	Kid vs. Kat Super Evil	SportsCentre	Canada AM	Worst Handyman	Henry Franny	CityLine (N)	Bar Rescue	Spoiled
7 AM	Cosby		Martha	Arthur	Today Ellen DeGeneres; Julianne Moore.. (N)	The Early Show (N)	Jewels	Good Morning America (N)			Turbo	Sidekick	SportsCentre		Machines	Phineas	The Nate Berkus Show	CSI: NY	Debt/Part
8 AM	Excused		Hi-5	Curious	Moore.. (N)		Jewels		100 Huntley Street		Bo On/Go	Pokémon	SportsCentre		Dirty Jobs	Hannah Phineas	Rachael Ray (N)	CSI: Crime Scene	TV-Torrens
9 AM	Family Fd	100 Huntley Street	Wibbly Pig	Super Why!		The 700 Club	Jewels	Live With Regis & Kelly	100 Huntley Street	World Vi-sion	Super Why! News	To School Berenstain	SportsCentre	Live With Regis & Kelly	Myth-Busters	Mickey Never Land	Access Hollywood Live	CSI: Crime Scene	Restaurant Makeover
10 AM	Millionaire	World Vi-sion	Numbrjack	Sesame Street (N)		The Price is Right (N)	Jewels	The View (N)	World Vi-sion	Unsellable	Poko	Little Bear	Fish Flats	The View (N)	Machines	Mickey Handy	The Chew	CSI: Crime Scene	Frasier
11 AM	Law Order: CI	Unsellable	Save-Umal	Sid	The Doctors (N)	Young & Restless	Family Jewels	Paid Prog.	Unsellable	Noon News Hour (N)	Animal Artzooka	G. Shrinks	World Poker Tour: Sea	Marilyn Denis	Mayday	Suite Life	CityLine	CSI: Crime Scene	Gold Girls
12 PM	Amer. Dad	Noon News Hour (N)	Making WordWorld	Charlie Rose (N)	Paid Prog.	News	Jewels	The Chew	Noon News Hour (N)	Days of our Lives (N)	CBC News Now (N)	Puppies	30 for 30	etalk	Changed Flying	Wizards	General Hospital (N)	CSI: Crime Scene	Roseanna
1 PM	King	Days of our Lives (N)	Dinosaurs	Painting	Days of our Lives (N)	The Talk	Family Jewels	One Life to Live (N)	Days of our Lives (N)	The Talk	Dragons' Den	Garfield	NFL Live (N) (Live)	The Dr. Oz Show (N)	Dirty Jobs	Sonny Cory	Jdg Judy	CSI: Crime Scene	Raymond
2 PM	Browns	The Talk	Franklin	Barney	Judge B.	Let's Make a Deal (N)	Jewels	General Hospital (N)	The Talk	The Doctors (N)	Steven and Chris (N)	Kid vs. Kat Super Evil	Off Record	Dr. Phil (N)	Deadliest Catch	Suite/Deck	CityNews at 5 (N)	Auction	Gold Girls
3 PM	The Office	The Doctors (N)	Rob Robot	WordGirl	Ellen DeGeneres Show	Dr. Phil (N)	Family Jewels	Rachael Ray (N)	The Doctors (N)	Young & Restless	Recipes Stefano	SpongeBob	SportsCentre	Anderson	Cash Cab	Life Derek	CityNews at 6 (N)	Auction	Restaurant Makeover
4 PM	Big Bang	Young & Restless	Arthur	Fetch! With Berenstain	Jdg Judy	The Dr. Oz Show (N)	Family Jewels	The Nate Berkus Show	Young & Restless	Early News	Mosque	SpongeBob	Hockey	Ellen DeGeneres Show	Daily Planet (N)	Phineas	The Biggest Loser (N)	Auction	Debt/Part
5 PM	Browns	News (N)	Hedgehog	News	News (N)	News	Family Jewels	News	Early News	(4:59) News Hour (N)	CBC News: Vancouver (N)	Parents	Top 50 NHL Players	CTV News at Five (N)	How/Made	Wizards		Auction	3rd Rock
6 PM	Law Order: CI	Global Nat.	Parks	PBS News-Hour (N)	News (N)	KREM 2 News at 6 (N)	Family Jewels	News	(5:59) News Hour (N)	ET Canada	Coronation Street (N)	ICarly	Fantasy Draft	CTV News (N)	Auction	Suite/Deck	New Girl	Auction	3rd Rock
7 PM	Seinfeld	Ent	Hope for Wildlife	NOVA (N) (DVS)	Jeopardy!	Inside Ed.	Family Jewels	Ent	Ent	Parenthood (N)	Jeopardy!	ICarly	SportsCentre (N) (Live)	etalk	Brothers	Shake It	(7:01) Body of Proof (N)	Repo	Frasier
8 PM	Family Guy	Glee "Asian F" (N)	The Wall (N)	Prohibition Support for Prohibition diminishes. (N)	The Biggest Loser (N)	NCIS (N) (DVS)	Family Jewels	Dancing With the Stars	Glee "Asian F" (N)	Glee "Asian F" (N)	22 Minutes	ICarly	Off Record	Flashpoint (N)	Daily Planet	Suite/Deck	News	Repo	Debt/Part
9 PM	Movie: "Dreamer: Inspired by a True Story"	NCIS: Los Angeles (N)	Movie: "The Queen and I"			NCIS: Los Angeles (N)	Family Jewels	Dancing With the Stars	NCIS: Los Angeles (N)	NCIS: Los Angeles (N)	Michael Debaters	Funnlest Home Videos	NFL Films	Dancing With the Stars	Auction	Debra! (N)	Seinfeld (N)	Auction	3rd Rock
10 PM		Parenthood (N)	Hardwood	Prohibition Support for Prohibition diminishes. (N)	Parenthood (N)	Unforget- table (N)	Family Jewels	(10:01) Body of Proof	Parenthood (N)	News Hour Final (N)	National	Home Imp.	SportsCentre (N)	(10:01) Unforget- table	Brothers	Princess So Raven	The Nate Berkus Show	Repo	Frasier
11 PM	Movie: "Glory Road"	CHBC News Final (N)	Hope for Wildlife		News (N)	News	Family Jewels	News	News Hour Final (N)	Ent	Stroumbou-lopoulos	Laughs	SportsCentre	CTV News	How/Made	Ned's	Paid Prog.	MANswers	Frasier

WEDNESDAY, OCTOBER 5, 2011

Table with 20 columns (WTBS ch.3 to TROP ch.45) and 12 rows (6 AM to 11 PM) showing TV schedules for Wednesday, October 5, 2011.

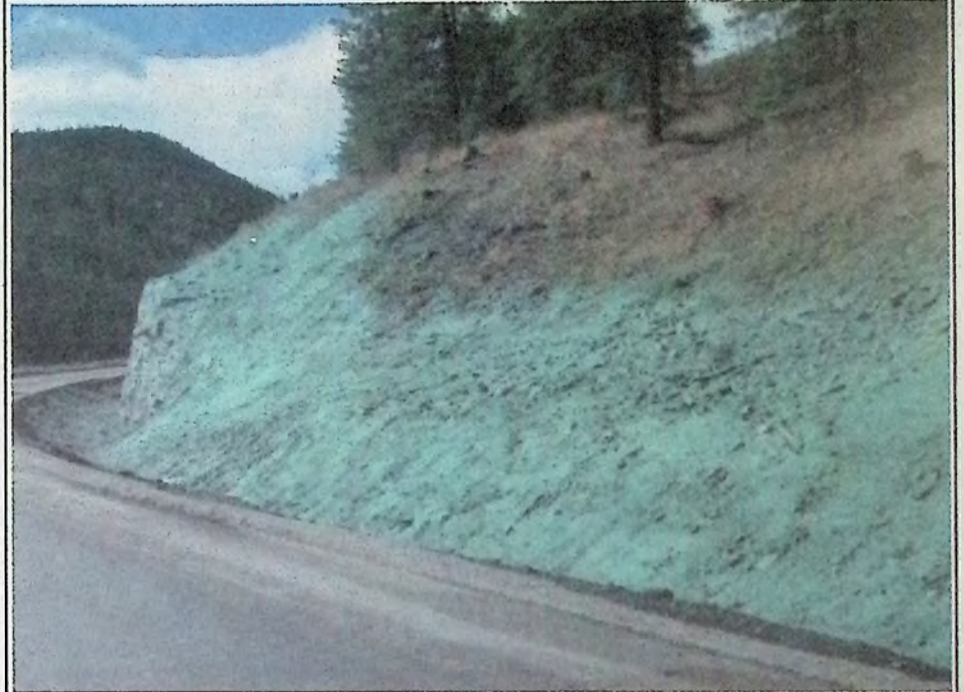
THURSDAY, OCTOBER 6, 2011

Table with 20 columns (WTBS ch.3 to TROP ch.45) and 12 rows (6 AM to 11 PM) showing TV schedules for Thursday, October 6, 2011.

Around The Similkameen!



This Telus technician was very "in tent" this past Monday between Princeton and Coalmont. Dave Cavallo - and the phone lines he was testing - were kept dry with the assistance of Katou Gaudreau. Katou's job was to keep the tent from being blown away by the windy, rainy weather. Telus had been experiencing phone and internet problems between Princeton and Coalmont. Photo: Arlene Arlow



"The hills are alive, with, um, green stuff?" Hydroseeding along the cliffs at Yellow Lake was completed last week. The process involves spraying a slurry of seed and mulch from a tank truck. "I wonder if grass can grow on rock?" We'll learn the answer in the Spring. Photo: Arlene Arlow



Signs of Thanksgiving and Hallowe'en are showing up around Keremeos. If you are afraid of pumpkins, DO NOT stop along Highway 3A south of Bears Fruit Stand (shudder). Photo: Arlene Arlow



Grade 7s Make A Difference!

Grade 7 teacher, Sharleen Anderson, challenged her class to make a difference. Knowing that an action plan needs mini-steps to reach a goal, the grade 7 students flew into action. In Social Studies, they had just learned that famine has been a problem since ancient times. Hunger is still a problem today, even in Canada, and even in Princeton. Within an hour of accepting their teacher's challenge, the students came up with the idea of a food drive. They made posters, informed the other classrooms, sent the word out in agendas, and the wheels were set in motion! By the next morning, there was a substantial amount of food piling up in their classroom. By the end of the week, they saw the food continue to pour in. Proud of their week's accomplishments, the students were amazed to see that they truly had the power to make a difference. The food will be delivered to Princeton's Crisis Assistance Centre where the news of the grade 7's plan was gratefully received! 7A would like to thank their families and fellow students for their generous contribution.



"How do you like THEM apples?!" These Honey Crisp apples were left on the tree by the fruit grower. Either they are too large or the damage they incurred from the elements rendered them unmarketable. Either way, they will undoubtedly grow a bit more before frost halts their progress. The larger of the two (the one underneath the golf ball) weighed in at 640 g, just shy of 1 1/2 pounds. Photo: Arlene Arlow



"The great wall of Harvest." The folks at Harker's Organics & Rustic Roots Winery took a lot of time decorating their premises inside and out on October 1st. Their Harvest Moon Festival included live music, painted pumpkins, Heirloom tomato judging, wine and cheese tasting. Photo: Arlene Arlow

Goldcliff discovers a dozen deep-seated anomalies

George W. Sanders, President of Goldcliff Resource Corporation (GCN TSX.V), reported September 15th that the 3D-Induced Polarization survey (3D-IP) conducted on the Whipsaw alkalic porphyry copper-gold target area has successfully located twelve, deeply rooted chargeability anomalies.

The chargeability anomalies are interpreted to be disseminated sulphide mineralization that extends from surface to depths of 500 metres. The Bolas chargeability anomaly is associated with surface chalcopyrite and pyrite sulphide mineralization at the Eagle and Trojan Showings.

The Whipsaw chargeability anomalies are found on Goldcliff's 100 per cent owned Tulameen Copper property in the Copper Mountain district near Princeton.

The Whipsaw target area is located along the Copper Mountain southwest copper trend, approximately seven kilometres southwest of the Copper Mountain ore bodies.

The Whipsaw alkalic porphyry copper-gold target area is within 40 square kilometres of prospective Upper Triassic Nicola Group geology that contains strong airborne geophysical anomalies, moderate to strong copper-gold-pathfinder geochemical anomalies and surface showings of chalcopyrite, malachite and pyrite mineralization. The 3D-IP survey has located a total of twelve

chargeability anomalies at both depth and with surface expression associated with disseminated sulphides.

The chargeability anomalies have deep-roots that extend to depths of 500 metres. The chargeability strength in milliseconds (ms) ranges from weak (>5 to 10 ms), to moderate (11 to 20 ms), to strong (21 to 30 ms), to very strong (31 to >50 ms). The sizes of the twelve individual chargeability anomalies range from 0.2 to 1.0 square kilometres. The various chargeability anomalies range from 400 to 1,000 metres in width and 500 to 2,000 metres in length.

The Whipsaw target chargeability anomalies occur in the Upper Triassic Nicola Group rocks that host the alkalic porphyry copper-gold ore bodies in the district. Seven of the chargeability anomalies occur within outcropping Nicola Group rocks, with one occurring along the Upper Triassic Nicola Group-Tertiary Princeton Group unconformity contact.

Three chargeability anomalies occur in Triassic Nicola Group rocks that are covered by Tertiary Princeton Group rocks. Several surface copper sulphide showings that surround the Whipsaw target area contain chalcopyrite, bornite, chalcocite and pyrite mineralization within Upper Triassic Nicola Group rocks.

The Upper Triassic Nicola Group is

unconformably overlain by the Tertiary Princeton Group. The interpretation is that high-grade super-

gene copper mineralization may have developed over the primary copper orebodies and the Princeton

Group rocks may have preserved the supergene copper mineralization from glacial erosion. - submitted



Former Princeton girl Angelina Lang (Angie Costa) appears on the front cover of the 2012 Grande Prairie & District (Alberta) SPCA fundraising calendar. The cover was released September 28th.

FRIDAY, OCTOBER 7, 2011

	WTBS ch.3	CHBC ch.4	KNOW ch.5	KSPS ch.6	KHQ ch.7	KREM ch.8	A&E ch.9	KXLY ch.10	BCTV ch.11	CITY ch.12	CBC ch.13	YTV ch.18	TSN ch.19	VTV ch.22	DISC ch.24	FAM ch.26	CITY ch.29	SPIKE ch.44	TROP ch.45
6 AM :30	In the Heat of the Night	(5:30) Morning News (N) ☺	Arthur ☺ Ollivers	Bob Bulld Clifford	News (N) ☺	KREM 2 Morning News	The Sopranos ☺ ☺	News	(5:30) Morning News (N) ☺	(4:30) Morning News (N) ☺	CBC News Now ☺	Kid vs. Kat Super Evil	SportsCentre ☺	Canada AM ☺ ☺	Mayday ☺	Henry's Franny	CityLine (N) ☺	UFC 136 Countdown ☺	TV-Torrens TV-Torrens
7 AM :30	Cosby		Martha Magle Bus	Arthur Martha	Today Emilio Estevez; makeovers. (N) ☺ ☺	The Early Show (N) ☺ ☺	CSI: Miami ☺ ☺	Good Morning America (N) ☺ ☺			Turbo Cat in the Hat	Yu-Gi-Oh! Beyblade	SportsCentre ☺		What's That About?	Phineas Suite/Deck	The Nate Berkus Show	Surviving Disaster	Tracked Tracked
8 AM :30	Excused		Hi-5 ☺ Dinosaur	Curious Cat in the Hat			CSI: Miami "Bad Seed"			100 Huntley Street ☺	Bo On/Go Busytown	Pokémon Kid vs. Kat	SportsCentre ☺		Myth-Busters ☺ ☺	Hannah Phineas	Rachael Ray (N) ☺	Surviving Disaster	TV-Torrens Whatever
9 AM :30	Family Fd	100 Huntley Street ☺	Garth-Bev Charlie	Super Why! Dinosaur		The 700 Club ☺	Criminal Minds ☺ ☺	Live With Regis & Kelly	100 Huntley Street ☺	World Vision	Super Why! News	Timothy Berenstain	SportsCentre ☺	Live With Regis & Kelly	Myth-Busters ☺ ☺	Mickey Never Land	Access Hollywood Live	UFC 136 Countdown ☺	Restaurant Makeover
10 AM :30	Millionaire	World Vision	Numbrjack Mr. Moon	Sesame Street (N)		The Price Is Right (N)	Criminal Minds ☺ ☺	The View (N) ☺ ☺	World Vision	Unsellable Debt/Part	Poko ☺ Doodlebob	Little Bear Fly, Rhino	NHL Hockey: Los Angeles Kings vs. New York Rangers ☺	The View (N) ☺ ☺	Mega Builders ☺	Mickey Manny	The Chew ☺ ☺	Surviving Disaster	Frasier ☺ Frasier ☺
11 AM :30	Law Order: CI	Unsellable Debt/Part	Save-Ums! Rolle Polle	Sid Sit-Be Fit	The Doctors (N) ☺	Young & Restless	Criminal Minds ☺ ☺	Paid Prog. Paid Prog.	Unsellable Debt/Part	Noon News Hour (N)	Animal Artzooka	G. Shrinks Rescue	Kings vs. Rangers ☺	Marilyn Denis	Inventions That Shook	Suite Life Suite Life	CityLine ☺	Jesse James-Man	Gold Girls Gold Girls
12 PM :30	Amer. Dad Earl	Noon News Hour (N)	Making WordWorld	Charlie Rose ☺ ☺	Paid Prog. Paid Prog.	News Bold	Criminal Minds ☺ ☺	The Chew ☺ ☺	Noon News Hour (N)	Days of our Lives (N)	CBC News Now (N) ☺	SpongeBob Rated A		etalk ☺	River Monsters ☺	Wizards Hannah	General Hospital (N) ☺	Jesse James-Man	Roseanne 70s Show
1 PM :30	King King	Days of our Lives (N)	Doggy Zoboom	Painting Scrapbook	Days of our Lives (N)	The Talk ☺ ☺	Criminal Minds ☺ ☺	One Life to Live (N) ☺	Days of our Lives (N)	The Talk ☺ ☺	Dragons' Den ☺ ☺	Garfield Almost	NFL Live (N) (Live) ☺	The Dr. Oz Show (N) ☺	River Monsters ☺	Sonny Cory	Jdg Judy Jdg Judy	Jesse James-Man	Raymond Raymond
2 PM :30	Browns Payne	The Talk ☺ ☺	Franklin ☺ Clifford	Barney WordWorld	Judge B. Judge B.	Let's Make a Deal (N)	Criminal Minds ☺ ☺	General Hospital (N) ☺	The Talk ☺ ☺	The Doctors (N) ☺	Steven and Chris (N) ☺	Kid vs. Kat Super Evil	Off Record Interruption	Dr. Phil (N) ☺	Myth-Busters "Blue Ice"	Suite/Deck Ned's	CityNews at 5 (N) ☺	Jesse James-Man	Gold Girls Gold Girls
3 PM :30	The Office The Office	The Doctors (N) ☺	Rob Robot G. Shrinks	WordGirl Electric	Ellen DeGeneres Show	Dr. Phil (N) ☺	Criminal Minds ☺ ☺	Rachael Ray (N) ☺	The Doctors (N) ☺	Young & Restless	Recipes Stefano	SpongeBob Sidekick	SportsCentre (N) ☺	Anderson ☺ ☺	Cash Cab How/Made	Life Derek Suite Life	CityNews at 6 (N) ☺	Jesse James-Man	Restaurant Makeover
4 PM :30	Big Bang Big Bang	Young & Restless	Arthur ☺ Berenstain	Biz Kid\$ Wild Kratts	Jdg Judy Jdg Judy	The Dr. Oz Show (N) ☺	Criminal Minds ☺ ☺	The Nate Berkus Show	Young & Restless	Early News Global Nat.	Mosque Wheel	SpongeBob T.U.F.F.	Hockey CFL Football: Winnipeg Blue Bombers at Hamilton Tiger-Cats. (Live) ☺	Ellen DeGeneres Show	Daily Planet (N)	Phineas Phineas	How I Met 30 Rock	DEA TV-Torrens	
5 PM :30	Browns Payne	News (N) ☺	Hedgehog Baber ☺	News Business	News (N) NBC News	News News	Criminal Minds ☺ ☺	News ABC News	Early News Global Nat.	(4:59) News Hour (N)	CBC News: Vancouver (N) ☺	Parents SpongeBob	CTV News at Five (N)	Natural Born Dealers	Wizards Kings	Body of Proof ☺ ☺	DEA "Deadly Chase"	70s Show 70s Show	
6 PM :30	Law Order: CI	Global Nat. News	Parks Rivers	PBS News-Hour (N) ☺	News (N) Millionaire	KREM 2 News at 6 (N)	Criminal Minds ☺ ☺	News News	(5:59) News Hour (N)	ET Canada	Coronation Street (N)	ICarly ☺	CTV News (N) ☺ ☺	Man vs. Wild ☺	FrankStars Shake It	Fringe (N) ☺ (PA) ☺	DEA	70s Show King	
7 PM :30	Seinfeld ☺ Seinfeld ☺	Ent ET Canada	What's That About? (N)	Wash. Need	Jeopardy! Wheel	Inside Ed. Access H.	Criminal Minds ☺ ☺	Ent The Insider	Ent ET Canada	Bones ☺ ☺	Jeopardy! Jeopardy!	Victorious ICarly ☺	SportsCentre (N) (Live) ☺	etalk ☺	Mayday ☺	Good Luck ANT Farm	Mantracker ☺	DEA "Up the Ladder"	King King
8 PM :30	Family Guy Family Guy	A Gifted Man (N) ☺	New Tricks ☺ ☺	Great Performances ☺ ☺	All Night Whitney ☺	A Gifted Man (N) ☺	Criminal Minds ☺ ☺	Family Suburg.	A Gifted Man (N) ☺	A Gifted Man (N) ☺	Return-Winnipeg Jets	Movie: "Party With Victorious" ☺	World Poker Tour: Sea	All Night Whitney ☺	Daily Planet	"Roxie Hunter and Halloween"	News EP Daily	DEA "Deep Cover"	TV-Torrens ET Canada
9 PM :30	Movie: "Jack" (1999) Robin Williams.	Bones ☺ ☺	Slitk (N) ☺		Dateline NBC Three die during a self-help retreat.	CSI: NY (N) ☺	(9:01) Criminal Minds	Charlie's Angels ☺	Bones ☺ ☺	Ringer ☺ ☺	fifth estate	Victorious	CSI: NY (N) ☺	Man vs. Wild ☺	Jessie ☺	Seinfeld	DEA	70s Show 70s Show	
10 PM :30		Ringer (N) ☺	Party Animals ☺ ☺	Garrow's Law ☺ ☺		Blue Bloods (N) ☺	(10:01) Criminal Minds	20/20 (N) ☺	Ringer (N) ☺	News Hour Final (N)	National	Friday Night Lights ☺	Formula One Racing	Blue Bloods (N) ☺	Natural Born Dealers	"Roxie Hunter and Mystery"	Frank the Entertainer	DEA "Deadly Chase"	70s Show King
11 PM :30	"The Foot Fist Way"	CHBC News Final (N)	What's That About?	Charlie Rose (N) ☺	News (N) Jay Leno	News Letterman	(11:01) Criminal Minds	Sports Nightline	News Hour Final (N)	Ent ET Canada	Stroumbouloupoulos	In Real Life ☺	SportsCentre (N) ☺	CTV News CTV News	Mayday ☺	Brandy & Ray J	DEA	King King	

CARTER'S Sudoku Challenge

CREATED FOR THE NEWS LEADER BY CARTER BOSWELL

HOW TO PLAY:

Sudoku is a game of logic. There is no math involved. The object of the game is to fill the grid so that the numbers 1 through 9 appear only once in each row, column and 3 x 3 box. The numbers can appear in any order and Carter has left you some clues below.

CHALLENGE #371 - Rated Medium

			7	8		5		
6			2			4		
	1	7	5			3		
						5	4	
			6	3				
	6	2						
		1			4	2	6	
		6			2			5
8		3	6					

THIS WEEK'S SOLUTION:
Page 18

Carter's Sudoku Challenge
grids, puzzles and solutions
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and published by Similkameen News Leader

Thursday Movies

EVENING

9:00 pm WTBS ch.3 "Hard Rain" (1998, Action) Morgan Freeman. A thief, a sheriff and the nephew of an armored-truck driver seek money bags in a flooding Indiana town. KNOW ch.5 "Shadow Play: The Making of Anton Corbijn" (2009, Documentary) Bono. Anton Corbijn designs album

covers and directs music videos for U2, Depeche Mode and other iconic groups. (CC) 11:00 pm WTBS ch.3 "Jack" (1996, Fantasy) Robin Williams. A 10-year-old whose body ages at four times the usual rate longs for a normal existence while struggling to fit in.

Friday Movies

EVENING

8:00 pm YTV ch.18 "iParty With Victorious" (2011, Comedy) Miranda Cosgrove. Scorned girlfriends Carly and Tori hatch a plot against the boy that they are both dating. (In Stereo) (CC) FAM ch.26 "Roxy Hunter and the Horrific Halloween" (2008, Mystery) Aria Wallace. Roxy thinks that her classmate is a vampire from Transylvania. (In Stereo) (CC) 9:00 pm WTBS ch.3 "Jack" (1996, Fantasy) Robin Williams. A 10-year-old whose body ages

at four times the usual rate longs for a normal existence while struggling to fit in. 10:00 pm FAM ch.26 "Roxy Hunter and the Mystery of the Moody Ghost" (2007, Mystery) Aria Wallace. With help from her best friend, a 9-year-old tries to solve an enigma related to the supernatural. (In Stereo) (CC) 11:00 pm WTBS ch.3 "The Foot Fist Way" (2006, Comedy) Danny R. McBride. After discovering his wife's infidelity, a bombastic but hopelessly inept martial artist sets out on a quest to meet his idol.

Saturday Movies

AFTERNOON

12:00 pm FAM ch.26 "Under Wraps" (1997, Adventure) Adam Wylie. While three children come to the aid of a 3,000-year-old mummy on Halloween, a criminal has plans of his own. (In Stereo) (CC) 2:00 pm CITY ch.12 "Tomorrow Never Dies" (1997, Action) Pierce Brosnan. Premiere. James Bond and female agent Wai Lin pursue a megalomaniacal tycoon trying to start World War III. (CC) 3:00 pm CHBC ch.4 BCTV ch.11 "Tomorrow Never Dies" (1997, Action) Pierce Brosnan. Premiere. James Bond and female agent Wai Lin pursue a megalomaniacal tycoon trying to start World War III. (CC) 5:00 pm WTBS ch.3 "Master

and Commander: The Far Side of the World" (2003, Adventure) Russell Crowe. In 1805 a British captain and his crew endure hardships while trying to prevent a French ship from reaching the Pacific Ocean.

EVENING

6:00 pm CITY ch.29 "Phantom Racer" (2009, Action) Greg Evigan. A race-car driver returns from beyond the grave. (CC) (DVS) 7:30 pm WTBS ch.3 "The Fast and the Furious: Tokyo Drift" (2006, Action) Lucas Black. An American street racer in Japan learns an exciting but dangerous new style and goes head-to-head with a local champion who has ties to the Yakuza. 8:00 pm KSPS ch.6 "After the

Thin Man" (1936, Comedy-Drama) William Powell. Urbane Nick and Nora Charles look for a cousin's missing husband and find murder. (In Stereo) (CC) YTV ch.18 "Nacho Libre" (2006, Comedy) Jack Black. To raise money for an orphanage, a Mexican cook named Ignacio moonlights as a professional wrestler. (In Stereo) (CC) SPIKE ch.44 "The Perfect Storm" (2000, Suspense) George Clooney. At sea in October 1991, the crewmen of the Andrea Gail encounter a storm with hurricane-strength winds and 100-foot waves. (In Stereo) 9:00 pm FAM ch.26 "The Thirteenth Year" (1999, Drama) Chez Starbuck. As a boy approaches adolescence he grows scales and fins, communicates with fish and breathes underwater. (In Stereo) (CC) CITY ch.29 "Analyze That" (2002, Comedy) Robert De Niro. Released from prison, gangster Paul Vitti seeks further help from his troubled psychotherapist. (CC) 9:30 pm WTBS ch.3 "The Man" (2005, Comedy) Samuel L. Jackson. A case of mistaken identity leaves an ATF agent continued on Page 19

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Sunday Movies

MORNING

10:00 am WTBS ch.3 "Are We There Yet?" (2005, Comedy) Ice Cube. Hoping to impress a beautiful divorcee, a man takes her two mischievous children on a disastrous road trip. A&E ch.9 "Big" (1988, Fantasy) Tom Hanks. A wishing machine turns a boy into a 35-year-old man with a fun job and a girlfriend. (CC)

AFTERNOON

12:00 pm A&E ch.9 "A Few Good Men" (1992, Drama) Tom Cruise. Navy lawyers defend two Marines accused of killing a private at the naval station at Guantanamo Bay, Cuba. (CC) FAM ch.26 "Return to Halloweentown" (2006, Comedy) Sara Paxton. An 18-year-old witch must use magic to stop a devious plot to destroy Halloweentown. (In Stereo) (CC) 2:00 pm YTV ch.18 "Wallace & Gromit: The Curse of the Were-Rabbit" (2005, Comedy) Voices of Peter Sallis. Animated. Pest

controllers Wallace and Gromit must save the day when a vegetable-munching beast ravages town gardens. (In Stereo) (CC)

2:30 pm CITY ch.12 "Made of Honor" (2008, Romance-Comedy) Patrick Dempsey. Premiere. A commitment-shy guy realizes he is in love with his best friend and accepts a spot in her bridal party in the hope of stopping her wedding. (CC)

3:30 pm CHBC ch.4 BCTV ch.11 "Made of Honor" (2008, Romance-Comedy) Patrick Dempsey. Premiere. A commitment-shy guy realizes he is in love with his best friend and accepts a spot in her bridal party in the hope of stopping her wedding. (CC)

4:00 pm YTV ch.18 "The Adventures of Sharkboy and Lavagirl" (2005, Adventure) Taylor Lautner. A 10-year-old and his imaginary friends try to save a distant planet from the forces of darkness. (In Stereo) (CC)

5:00 pm WTBS ch.3 "Miracle at St. Anna" (2008, War) Derek Luke. During World War II,

members of an all-black unit become trapped behind enemy lines after saving the life of an Italian boy.

EVENING

6:00 pm YTV ch.18 "Shorts" (2009, Adventure) Jon Cryer. An 11-year-old boy and his friends must save the day when townspeople get their hands on a rainbow-colored rock that grants the wishes of all who hold it. (In Stereo) (CC)

7:00 pm SPIKE ch.44 "True Lies" (1994, Action) Arnold Schwarzenegger. Premiere. A Washington wife discovers her computer-salesman husband is a spy out to stop nuclear terrorists. (In Stereo)

8:00 pm WTBS ch.3 "The General's Daughter" (1999, Suspense) John Travolta. Army investigators probe an officer's brutal slaying.

9:00 pm FAM ch.26 "Mom's Got a Date With a Vampire" (2000, Comedy) Caroline Rhea. Two children set their mother up with a mysterious man, not realizing he may be one of the undead. (In Stereo) (CC)

CITY ch.29 "Analyze That" continued on Page 19

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SATURDAY, OCTOBER 8, 2011

Table with 20 columns (WTBS ch.3 to TROP ch.45) and 24 rows (6 AM to 11:30 PM) listing TV programs and channels.

SUNDAY, OCTOBER 9, 2011

Table with 20 columns (WTBS ch.3 to TROP ch.45) and 24 rows (6 AM to 11:30 PM) listing TV programs and channels.

MONDAY, OCTOBER 10, 2011

	WTBS ch.3	CHBC ch.4	KNOW ch.5	KSPS ch.6	KHQ ch.7	KREM ch.8	A&E ch.9	KXLY ch.10	BCTV ch.11	CITY ch.12	CBC ch.13	YTV ch.18	TSN ch.19	VTV ch.22	DISC ch.24	FAM ch.26	CITY ch.29	SPIKE ch.44	TROP ch.45
6 AM :30	In the Heat of the Night	(5:30) Morning News (N) 30	Arthur 0 Ollivers	Bob Build Clifford	News (N) 30	KREM 2 Morning News	Hoarders 30	News	(5:30) Morning News (N) 30	Crash Test Mommy	Razzberry Poko 0	Kid vs. Kat Super Evil	Sports Sports Centre 30	Canada AM 0 30	Mayday 30	Henrys Franny	CityLine (N) 30	Bar Rescue 0	Puppy SOS Puppy SOS
7 AM :30	Cosby Cosby		Martha Magic Bus	Arthur Martha	Today (N) 0 30	The Early Show (N) 0 30	Hoarders 30	Good Morning America (N) 30		The Mom Show 0 30	Turbo Cat in the Hat	Redakai 0 Bayblade			Mighty Ships 30	Phineas Suite/Deck	The Nate Berkus Show	CSI: NY "Justified" 30	3rd Rock 3rd Rock
8 AM :30	Excused Excused		Hi-5 30 Dinosaur	Curious Cat in the Hat			Hoarders 30		100 Huntley Street 30	Bo On/Go Busytown	Pokémon Kid vs. Kat			Mega Builders 30	Hannah Phineas	Rachael Ray 0 30	CSI: Crime Scene	3rd Rock 3rd Rock	
9 AM :30	Family Fd Family Fd	100 Huntley Street 30	Garth-Bev Charlie	Super Why! Dinosaur		The 700 Club 30	Hoarders 30	Live With Regis & Kelly	100 Huntley Street 30	World Vision Unsellable	Super Why! News	To School Berenstain		Live With Regis & Kelly Myth-Busters 0 30	Good Luck Good Luck	Access Hollywood Live	CSI: Crime Scene	3rd Rock 3rd Rock	
10 AM :30	Millionaire Millionaire	World Vision	Numbjack Mr. Moon	Sesame Street (N)		The Price Is Right (N)	Hoarders "Linda; Todd"	The View (N) 0 30	World Vision	Unsellable Debt/Part	Poko 30 Doodlebop	Little Bear Fly. Rhino	CFL Football: Toronto Argonauts at Montreal Alouettes. (Live) 30	The View (N) 0 30	Flying Wild Alaska 30	Good Luck Shake It	The Chew 0 30	CSI: Crime Scene	3rd Rock 3rd Rock
11 AM :30	Law Order: CI	Unsellable Debt/Part	Save-Ums! Rolle Poile	Sid Sit-Be Fit	The Doctors 30	Young & Restless	Hoarders "Tra; Jill"	Paid Prog. Paid Prog.	Unsellable Debt/Part	Sarah ET Canada	Animal Artzooka	G. Shrinks Rescue	Marilyn Denis	License to Drill 30	Shake It Good Luck	CityLine 30	CSI: Crime Scene	3rd Rock 3rd Rock	
12 PM :30	Amer. Dad Earl	Noon News Hour (N)	Making WordWorld	Charlie Rose 0 30	Paid Prog. Paid Prog.	News Bold	Hoarders "June; Doug"	The Chew 0 30	Noon News Hour (N)	Days of our Lives (N)	CBC News M'ketplace	SpongeBob Rated A		Parade	Gold Rush: Alaska 30	Good Luck Shake It	General Hospital (N) 0	CSI: Crime Scene	3rd Rock 3rd Rock
1 PM :30	King King	Days of our Lives (N)	Doggy Zoboom	Paint This Sewing	Days of our Lives (N)	The Talk 0 30	Hoarders "Robin; Ken"	One Life to Live (N) 0	Days of our Lives (N)	The Talk 0 30	Dragons' Den 0 30	Garfield Almost	CFL Football: Saskatchewan Roughriders at Edmonton Eskimos. (Live) 30	The Dr. Oz Show 30	Sons Sons	Shake It Good Luck	Jdg Judy Jdg Judy	CSI: Crime Scene	3rd Rock 3rd Rock
2 PM :30	Browns Payne	The Talk 0 30	Franklin 0 Clifford	Barney WordWorld	Judge B. Judge B.	Let's Make a Deal (N)	Hoarders 30	General Hospital (N) 0	The Talk 0 30	The Doctors 30	Steven and Chris 30	Kid vs. Kat Super Evil		Dr. Phil 0 30	American Chopper Good Luck	Good Luck Good Luck	CityNews at 5 (N) 30	Ways Die Ways Die	3rd Rock 3rd Rock
3 PM :30	The Office The Office	The Doctors 30	Rob Robot G. Shrinks	WordGirl Electric	Ellen DeGeneres Show	Dr. Phil 0 30	Hoarders "Adella; Teri"	Rachael Ray 0 30	The Doctors 30	Young & Restless Stefano	Reclpes Sidekick	SpongeBob Sidekick		Anderson 0 30	Cash Cab How/Made	Shake It Good Luck	CityNews at 6 (N) 30	Ways Die Ways Die	3rd Rock 3rd Rock
4 PM :30	Big Bang Big Bang	Young & Restless	Arthur 0 Berenstain	Fetch! With Wild Kratts	Jdg Judy Jdg Judy	The Dr. Oz Show 30	Hoarders 30	The Nate Berkus Show	Young & Restless	Early News Global Nat.	Mosque Wheel	SpongeBob Penguins		Ellen DeGeneres Show	To Be Announced Shake It	Good Luck 30 Rock	How I Met	Ways Die Ways Die	3rd Rock 3rd Rock
5 PM :30	Browns Payne	News (N) 30	Hedgehog Babar 30	News Business	News (N) NBC News	News News	Hoarders 30	News ABC News	Early News Global Nat.	(4:59) News Hour (N)	CBC News: Vancouver (N) 30	Parents SpongeBob		CTV News at Five (N)	Prank Sci Destroyed	Shake It Shake It	Terra Nova (N) 0 30	Ways Die Ways Die	3rd Rock 3rd Rock
6 PM :30	Law Order: CI	Global Nat. News	Parks Dogs	PBS News-Hour (N) 30	News (N) Millionaire	KREM 2 News at 6 (N)	Hoarders "Glen & Lisa"	News News	(5:59) News Hour (N)	ET Canada Ent	Coronation Street (N)	Big Time In Real Life 0 30		CTV News (N) 0 30	Sons of Guns (N) Good Luck	Good Luck Broke Girl	How I Met	Ways Die Ways Die	3rd Rock 3rd Rock
7 PM :30	Seinfeld 0 Seinfeld	Ent ET Canada	Be the Creature 30 Steves	Wait... Wheel	Jeopardy! Access H.	Inside Ed. Access H.	Intervention "Lana"	Ent The Insider	Ent ET Canada	Hawaii Five-0 (N) 30	Jeopardy!	In Real Life 0 30		etalk 30 Big Bang	Dirty Jobs 0 30 Shake It	Good Luck The Play-boy Club (N)	Ways Die Ways Die	3rd Rock 3rd Rock	
8 PM :30	Family Guy Family Guy	NCIS (N) 0 (DVS)	Civilization-History?	Antiques Roadshow	The Sing-Off Groups performs two songs. (N) 0	How I Met Broke Girl	Intervention 30	Dancing With the Stars (N) Same-day Tape 30	NCIS (N) 0 (DVS)	NCIS (N) 0 (DVS)	Blades InSecurity	ICarly 30 8, Rules		Dancing With the Stars (N) Same-day Tape 30	To Be Announced Warthogs!	Jessie 30 EP Daily	News Seinfeld 0	Ways Die Ways Die	3rd Rock 3rd Rock
9 PM :30	Movie: *** "Kiss Kiss, Bang Bang" (2005)	House "Transplant" (N) Hawaii Five-0 (N) 30	Vincent: The Full Story 30 (DVS)	The War of 1812 (N) 0 (DVS)	The Play-boy Club (N)	Hawaii Five-0 (N) 30	(10:01) Hoarders 30	(10:01) Castle (N) 30	Hawaii Five-0 (N) 30	News Hour Final (N)	National	Home Imp. Indie	Sports Centre (N) 30	(10:01) Castle (N) 30	Dirty Jobs 0 30	Princess So Raven	The Nate Berkus Show	Ways Die Ways Die	3rd Rock 3rd Rock
11 PM :30	Movie: "Match Point"	CHBC News Final (N)	For King and Empire	Charlie Rose (N) 30	News (N) Jay Leno	News Letterman	(11:01) Intervention 30	News Nightline	News Hour Final (N)	Ent ET Canada	Stromboulpoulos	Laughs Weird	Sports Centre 30	CTV News CTV News	Sons of Guns Zoe 101	Ned's Paid Prog.	MANswers	MANswers	3rd Rock 3rd Rock

Monday Movies

EVENING

9:00 pm WTBS ch.3 "Kiss Kiss, Bang Bang" (2005, Suspense) Robert Downey Jr. Hoping to land a movie role, a thief learns investigative techniques from a detective.

11:00 pm WTBS ch.3 "Match Point" (2005, Drama) Scarlett Johansson. A one-time tennis professional becomes obsessed with his brother-in-law's seductive fiancée.

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571 Auburn, 3-bedroom, 2-bath, \$800/month. Call Heather or Lisa, Century 21 Princeton Realty 250.295.6977. Oct 04-18

lost

A Loom—LeClerc counter balance, 4 harness with bench. Loaned out initially to a lady at Deblyn MHP, re-loaned without owner's knowledge, person may have since passed away. Reward for information leading to the recovery of loom to its rightful owner Lorraine Lance. Please call 250.292.8572. Sep 27-Oct 11

for sale

Fisherman's Dream Package - 2005 Dodge Ram 1500 Quad Cab, 4WD, tow package, 10 ply tires plus extra set of studded winter tires on rims (17"), 90,400 KM, Canopy, Dovetail Boatloader, newer aluminum boat and boat motor. Asking \$21,500.00. For information phone 250.295.6408. Sep 27-Oct 11

New King and Queen pillow top mattresses starting at \$400.00. Delivery available. Call 778.515.1437. Oct 04-18

Exercise bike, like new \$75.00. 2001 Chevrolet Malibu, excellent condition, low miles, Blizzak tires, lots of options \$4,450.00. 2001 Arctic Cat ZR600, 121" x 1" track, suspension rebuilt, excellent shape, \$2,199.00. Call 250.293.6030. Oct 04-18

notices

New Beginnings Fundraiser, October 7th in the Cooper's parking lot from 10:00 AM to 2:00 PM. Buy a hot dog and donate a non-perishable food item. All funds raised go to Princeton Christmas Hamper Fund. Sep 27-Oct 04

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Rainbow Apartment - 7 single rooms with fridge, microwave, incl. cable TV, utility & weekly housekeeping. Common area & kitchen. \$300/week

For more information on monthly rental or other accommodation please call: 250.295.7988 or 1-888-228-8881

Bachelor suite in downtown Princeton. Includes electricity and heat and furnished. \$450.00/month. References required. Prefer non-smoker and NO PETS and must be quiet and clean. Available October 1st. Phone 604.484.2783 and leave a message with best time to call back. Sep 20-Oct 01

Apartment in Princeton. Available now. Excellent references and damage deposit required. No pets, can furnish if needed. Phone 250.295.1006 for details or leave a message with the best time to call back. to Oct 15

3-bedroom 2-level house downtown. New appliances, large rooms. Walking distances to everything. \$1,000.00/month references required. Available October 1st. Call 604.322.4091 or e-mail sandbar37@hotmail.com. Sep 13-18

208 Luard, 3-bedroom house in quiet area with fenced yard. Damage deposit and references required. \$850/month, utilities extra. Call 250.809.4254 or 250.770.4762. Oct 04-18

2,400 sq ft commercial space for lease, price negotiable, good commercial exposure. Available immediately. Contact Heather Johnson Century 21 Princeton 250.295.6977 or 250.295.8591. Sep 20-11

569 Auburn Crescent, 4-bedroom older house with partially fenced yard. Damage deposit and references required. \$900/month + utilities. Call 250.809.4254 or 250.770.4762. Oct 04-18

301 Bridge Street. 1-bedroom apartment available immediately. \$730.00/month utilities included. Contact Heather Johnson Century 21 Princeton 250.295.6977 or 250.295.8591. Sep 20-11

Downtown apartment. 1 bedroom, in-suite laundry, recently renovated, off street parking. Available October 1st, D.D. and references required, \$600/month plus utilities. Call Don at 250.295.0141. Sep 27-Oct 11

4-bedroom home in Tulameen. Newly renovated, fridge, stove, washer, dryer, dishwasher, large lot, damage deposit and references required. Call 250.378.6758. Oct 04-18

Warehouse space. 1,500 sq ft with 18 foot ceilings and 16 foot overhead doors. New gas furnace and 3 phase power. \$1,200.00/month with flexible terms for the right tenant. Call Amy at 250.293.6384. Jul 12-Oct 26

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for sale

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sudoku

**CARTER'S
Sudoku
Challenge**
SOLUTIONS TO PUZZLES ON PAGE 14

CHALLENGE #371

342	178	659
658	239	417
917	546	382
873	921	546
495	683	721
162	457	893
531	794	268
746	812	935
289	365	174

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Fred 295-7272/Marena 295-7663

help wanted

Kitchen Helper

Kitchen helpers perform some or all of the following duties:

- Wash and peel vegetables
- Wash work tables, cupboards and appliances
- Remove trash and clear kitchen garbage containers
- Unpack and store supplies in refrigerators, cupboards and other storage areas
- Sweep and mop floors, and perform other duties to assist cook and kitchen staff,

Permanent, Full Time, Shift, Weekend, Day, Evening

\$10.46 Hourly, for 40.00 Hours per week

Some high school education needed
No experience needed-employer will train

How to Apply:

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VOX 1W0

By E-mail:
dqpbcc@yahoo.com

John Babiak
Dairy Queen, Princeton, BC

help wanted

Food Counter Attendant

Food service counter attendants and food preparers perform some or all of the following duties:

- Take customers' orders
- Prepare food such as sandwiches, hamburgers, salads, milkshakes and ice cream dishes
- Portion and wrap food or place it directly on plates for service to patrons, and package take-out food
- Serve customers at counters
- Stock refrigerators and salad bars and keep records of the quantities of food used
- May receive payment for food items purchased.

Permanent, Full Time, Shift, Weekend, Day, Evening

\$10.46 Hourly, for 40.00 Hours per week

Some high school education needed
No experience needed-employer will train

How to Apply;

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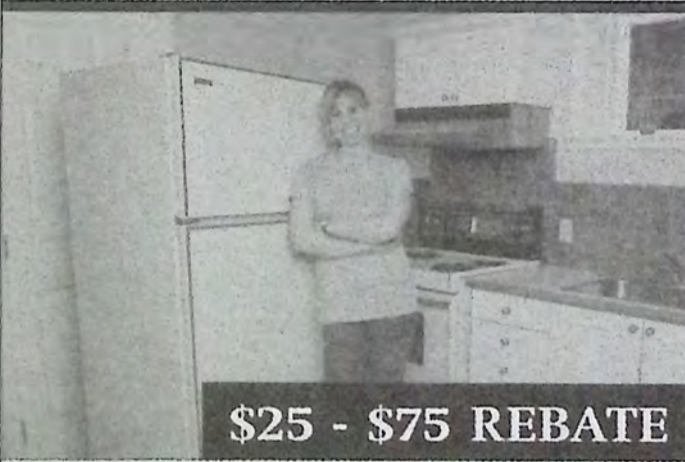
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News Leader - Recipe Corner

Recipe #392

Shitake Mushroom & Steak Flatbread
(ON SHITAKE CRUST)

by Elizabeth of Guilty Kitchen

- 2 oz dried shiitake mushrooms, stems removed
- 2 cups all purpose flour
- 1 tsp salt
- 1/3 cup + 2 tbsp vegetable shortening
- 3/4 cup - 1 cup water
- 2 tbsp butter
- 2 tbsp fresh rosemary, minced
- 1 large leek, sliced thinly into half moons
- 200 g fresh shiitake mushrooms, sliced and woody, stems removed
- 1 clove garlic, minced
- 1 tbsp Dijon mustard
- 1/3 cup white wine kosher salt & fresh cracked black pepper to taste
- 1/4 cup heavy cream (or half and half)
- 1/2 lb. hanger steak (or any good quality steak such as, filet, strip, ribeye, etc.)
- 1 tsp olive oil
- 100 g Gruyere cheese, grated fine
- 3 oz fresh baby spinach, roughly chopped
- 1 tbsp butter

1. Pulverize dried shiitake mushrooms in the bowl of a food processor until it takes on a bread crumb like consistency. 2. In a large bowl mix flour, salt and pulverized mushrooms. 3. Cut in shortening until a fine crumb like texture forms. 4. Pour in 3/4 cup water and if more is needed at a bit at a time. Knead dough until stickiness is gone and dough is slightly elastic. Let rest 30 minutes covered in bowl. 5. In a large sauté pan, melt 2 tbsp of butter on medium heat. Add in rosemary, garlic, leeks and fresh shiitake mushrooms. Sauté until mushrooms are softened. 6. Add Dijon salt and pepper and white wine. Continue to sauté until wine reduces by half and all vegetables are thoroughly cooked through. 7. Stir in cream, cook for 2 minutes and remove from heat. Set aside. 8. Rub steak with 1 tsp of oil and season with salt and pepper. Sear in a sauté pan on high heat (or on the grill) for 2 minutes per side. Just long enough to brown the outside leaving the interior very rare. 9. Allow steak to cool for 10 minutes and slice as thin as possible against the grain. Set aside. 10. On a lightly floured surface roll out dough to desired shape and about 1/4" thick. Roll up edges to make a crust and pinch down to seal. 11. Bake on a baking sheet in a 450°F oven until golden brown, about 15 minutes. 12. When down, spread 1 tbsp butter over the crust, top with chopped spinach, leek mixture, steak and grated Gruyere. 13. Return to 450°F oven for another 10-15 minutes or until cheese is bubbly and golden. 14. Allow to cool for 5 minutes before slicing.

For more great mushroom recipes, tips, and information visit Mushrooms Canada online at www.mushrooms.ca

If you have a favourite recipe you would like to share, contact us for details!
226A Bridge Street, Princeton

for sale

for sale

Weekend Movies



SCHOOL DISTRICT NO. 58
(NICOLA-SIMILKAMEEN)

GREENHOUSE SALE

Offers are invited for the purchase of a 10 x 12 twin wall polycarbonate free-standing "Straight Eave" greenhouse.

The greenhouse will be on display beginning **September 26, 2011**, on School District #58 (Nicola-Similkameen) website (www.sd58.bc.ca), click on Auction to view and for placing bids. All bids will be in accordance with School District #58 (Nicola-Similkameen) regulations as indicated on the bid site.

The sale for the greenhouse closes **October 15, 2011**. This item is purchased on an 'AS IS WHERE IS' basis and is to be picked up as per the location. For further information, please contact (25) 315-1100.

SATURDAY MOVIES

..... continued from Page 14

squabbling with a talkative salesman in his custody.
11:10 pm IXLY ch.10 "Master and Commander: The Far Side of the World" (2003, Adventure) Russell Crowe. In 1805 a British captain and his crew endure hardships while trying to prevent a French ship from reaching the Pacific Ocean.
11:30 pm WTBS ch.3 "The Fast

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and the Furious: Tokyo Drift" (2006, Action) Lucas Black. An American street racer in Japan learns an exciting but dangerous new style and goes head-to-head with a local champion who has ties to the Yakuza.

SUNDAY MOVIES

..... continued from Page 14

(2002, Comedy) Robert De Niro. Released from prison, gangster Paul Vitti seeks further help from his troubled psychotherapist.
10:30 pm FAM ch.26 "A

Knight's Tale" (2001, Adventure) Heath Ledger. An English commoner dons the armor of a dead jousting knight and, with the help of friends, competes against nobles in 14th-century France. (In Stereo) (CC)
11:00 pm KNOW ch.5 "Shadow Play: The Making of Anton Corbijn" (2009, Documentary) Bono. Anton Corbijn designs album covers and directs music videos for U2, Depeche Mode and other iconic groups. (CC)
11:30 pm WTBS ch.3 "The General's Daughter" (1999, Suspense) John Travolta. Army investigators probe an officer's brutal slaying.

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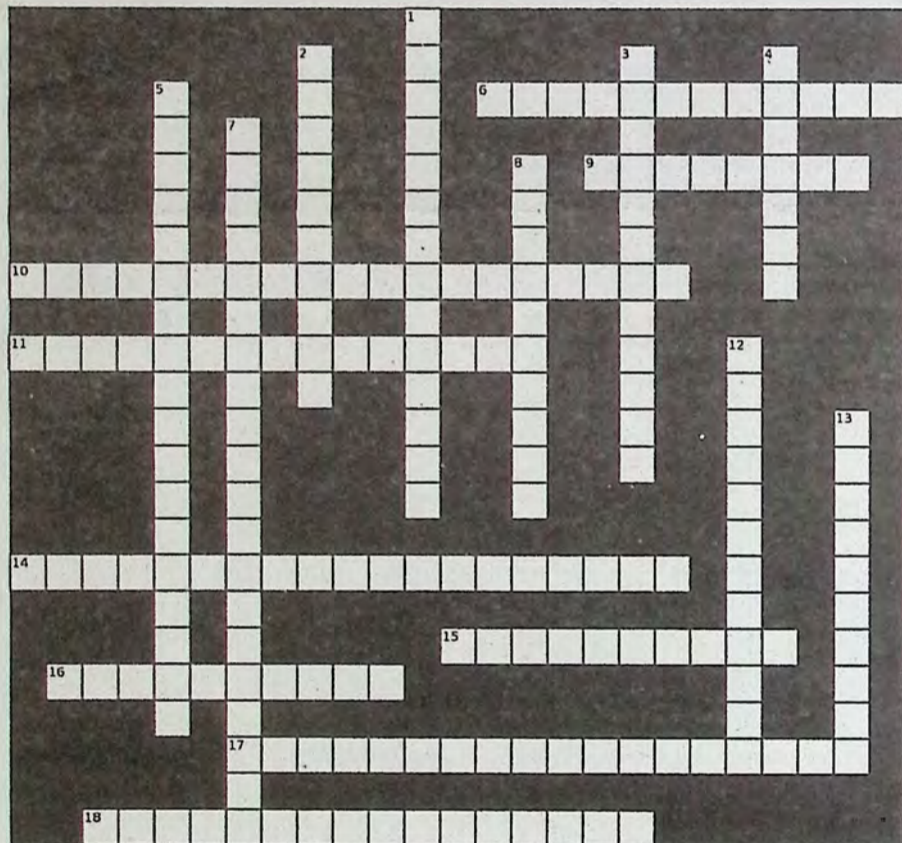
Princeton Posse 2011/12 Clip 'n' Save Game Schedule

Similkameen News Leader

Date	Time	Away	Home
Exhibition			
Sun Sep 4	1:00 PM	T - Squamish 3	Princeton 3
Wed Sep 7	7:00 PM	L - Osoyoos 5	Princeton 3
Fri Sep 9	7:35 PM	L - Princeton 4	Osoyoos 6
Sat Sep 10	7:00 PM	W - Summerland 6	Princeton 7
Wed Sep 14	7:00 PM	W - Princeton 4	Penticton 2
Regular Season			
Fri Sep 16	7:00 PM	W - Spokane 5	Princeton 6
Sat Sep 17	7:00 PM	L - Princeton 5	Penticton 6 OT
Fri Sep 23	7:35 PM	L - Princeton 2	Osoyoos 6
Sat Sep 24	7:00 PM	W - Princeton 5	Summerland 3
Fri Sep 30	7:00 PM	Penticton @	Princeton
Sat Oct 1	7:00 PM	Summerland @	Princeton
Fri Oct 7	7:00 PM	Kelowna @	Princeton
Sat Oct 8	7:00 PM	Princeton @	Summerland
Fri Oct 14	7:00 PM	Princeton @	Kelowna
Sat Oct 15	7:00 PM	N Okanagan @	Princeton
Fri Oct 21	7:35 PM	Princeton @	Osoyoos
Fri Oct 28	7:00 PM	Osoyoos @	Princeton
Sat Oct 29	7:00 PM	Summerland @	Princeton
Sun Oct 30	7:00 PM	Princeton @	Kelowna
Fri Nov 4	7:00 PM	Nelson @	Princeton
Sat Nov 5	7:00 PM	Princeton @	Revelstoke
Sun Nov 6	2:00 PM	Princeton @	Chase
Fri Nov 11	7:00 PM	Castlegar @	Princeton
Sat Nov 12	7:00 PM	Beaver Valley @	Princeton
Wed Nov 16	7:00 PM	Kelowna @	Princeton
Fri Nov 18	7:00 PM	Osoyoos @	Princeton
Sat Nov 19	7:00 PM	Princeton @	Kamloops
Fri Nov 25	7:00 PM	Princeton @	Penticton
Sat Nov 26	7:00 PM	Princeton @	Kelowna
Tue Nov 29	7:00 PM	Summerland @	Princeton
Fri Dec 2	7:30 PM	Princeton @	Castlegar
Sat Dec 3	7:00 PM	Princeton @	Spokane
Sun Dec 4	2:00 PM	Princeton @	Grand Forks
Fri Dec 9	7:00 PM	Grand Forks @	Princeton
Sat Dec 10	2:00 PM	Revelstoke @	Princeton
Wed Dec 14	1:00 PM	Summerland @	Princeton
Fri Dec 16	7:00 PM	Kamloops @	Princeton
Sat Dec 17	7:00 PM	Penticton @	Princeton
Sun Dec 18	2:00 PM	Kelowna @	Princeton
Sun Jan 1	2:00 PM	Osoyoos @	Princeton
Fri Jan 6	7:00 PM	Princeton @	Nelson
Sat Jan 7	7:30 PM	Princeton @	Beaver Valley
Wed Jan 11	7:00 PM	Penticton @	Princeton
Fri Jan 13	7:00 PM	Princeton @	Kelowna
Wed Jan 18	7:35 PM	Princeton @	Osoyoos
Fri Jan 20	7:00 PM	Sicamous @	Princeton
Sat Jan 21	7:00 PM	Osoyoos @	Princeton
Fri Jan 27	7:00 PM	Princeton @	Sicamous
Sat Jan 28	7:00 PM	Princeton @	Penticton
Wed Feb 1	7:00 PM	Princeton @	Penticton
Fri Feb 3	7:00 PM	Princeton @	Summerland
Sat Feb 4	7:00 PM	Chase @	Princeton
Fri Feb 10	7:00 PM	Princeton @	N Okanagan
Sat Feb 11	7:35 PM	Princeton @	Osoyoos
Tue Feb 14	7:00 PM	Kelowna @	Princeton
Fri Feb 17	7:00 PM	Penticton @	Princeton

Similkameen News Leader Puzzler

Use the September 27th News Leader to find Answers Below...



- | | |
|---|---|
| 6 Across | 1 Down |
| "Join a growing company with a strong safety culture." | Who is the MP for BC Southern Interior? |
| 9 Area H (Rural Princeton) Director. | 2 Name the program created by Delia Roberts. |
| 10 GM for short. | 3 Name the Great Canadian Shoreline Cleanup Site Coordinator. |
| 11 Name the Similkameen News Leader YouTube Channel. | 4 The choices you had on the Pool Referendum Ballot. |
| 14 The name 12 Great Canadian Shoreline Cleanup volunteers go by. | 5 Name the company owned by Joseph Campbell. |
| 15 Name the PXA Chair. | 7 Del Hall was returned to President of what Board? |
| 16 Who organized the Fall Fair children's play area? | 8 He completed his BS Degree in Biochemistry. |
| 17 A missing chopper was located near what landmark? | 12 CBAN Coordinator. |
| 18 Name the storefront operated by the Arts Council. | 13 Regional Chief Election Officer. |



Editorial Page News Leader

Similkameen News Leader, 226A Bridge Street, PO Box 956, Princeton, BC V0X 1W0

My Turn

Peek-A-Boo, Where Are You?

The thing I like about Municipal Election Season is the guessing.

The guessing about who may or may not be running for Town Council. I'm not sure why there's hardly as much interest directed towards School Board Candidates, but whenever there's conversation it's usually about Town Council.

I've already been asked a number of times in the past week if I've heard whom or if I had any idea who is running in this election.

I've also been asked if I was going to toss my name in the ring – as if the target on my back isn't big enough already.

Well, my answer to all those questions is a no.

I have no clue who is even considering seeking a seat on Town Council. One thing is for certain though; we won't have to listen to anyone using the 'successful' pool referendum as his or her main campaign platform.

I also have no clue why candidates don't start campaigning now instead of waiting for nominations to close.

Yes, I understand the rules and regulations related to the Local Government Act and how it sets out certain time frames for each and every step leading up to, during and after a Municipal Election, but you'd still think someone would purposely let it leak over coffee one day they plan to sit on Princeton Town Council.

There's got to be someone out there willing to take the abuse of neighbours and the rest of us looking for someone to blame when our waterline breaks or a power outage fries a computer or two.

There's got to be someone out there willing to sit through thousands of hours worth of dull, boring, uninformative meetings on our behalf.

Not to mention the fun meetings where you get to hand out or receive grant money or something special like welcoming Santa to Princeton.

There has to be someone out there who can take the good and the bad and still smile at the end of the day knowing they have been doing their best representing Princeton residents (even those who didn't vote for you).

If you know anyone like that, can you mention that we could use them on Town Council?

Your Turn

Please, No Band-Aid Solutions!

To The Editor,

Overall, the vote was resoundingly against the aquatic centre, so, at least for a while, the poisonous atmosphere generated by the warring sides will hopefully moderate. I can't remember a time during the past twenty years in Princeton when so much venom, through diarrhea of the pen and the tongue, has been generated over a local issue.

Of course it would be ideal if the town had an aquatic centre, but not at any cost. There will, no doubt, be opportunities in the future to revisit the proposal when the public is better informed and cooler heads prevail. Recreational facilities are an asset to the well being of the locals, proven by the popularity of our golf course, curling rink, arena, and bowling alley as examples. But let's not go bonkers over needing expensive facilities as an excuse to keep fit, as if it wasn't possible to improve our lifestyle by simple activities such as walking, hiking, bicycling, yoga or many other

Letter To The Editor

"Thank You, Princeton!"

Dear Editor,

On a recent visit to Princeton I lost my make-up bag - horrors! Even worse, in my make-up bag were my house and car keys along with my garage door opener and key tags with bar codes for several grocery stores in my area. I thought all was lost.

On the return of my trip two days later I was surprised to find a message on my machine saying my case and contents had been found. The message was from Debra and Donna at Cooper's Foods. One of your consciences residents had

activities that only require motivation.

Priorities change with the times, but it was mind boggling to me when our railway was abandoned and hardly a whimper was heard anywhere east of Hope. When the right-of-way was converted for recreational purposes general exuberance erupted. Then, after the trestles burned down in the Okanagan, there was such an outpouring of hair tearing and tears. Never mind that our railway is gone, recreation comes first.

On that note, let us assess our priorities at this time. For Princeton and Area H residents, can any recreational pursuit compete in importance against the need for enhanced health care? Not a chance! The perpetual pruning of local health services over at least the last decade has progressed at an alarming rate. Now, even our emergency department is not always guaranteed to be open. If we are to find our way to the NEAREST hospital what happens if we don't

drive and need to travel to Penticton? Parents must be hoping that their infants or children don't become ill or injured at the wrong time. How ludicrous is that for a population such as Princeton and Area H combined? Centralization of health services in the Interior Health Region has been the main culprit. The vast majority of new residents flooding into the Southern Interior are drawn to the areas of Penticton, Kelowna, and Kamloops not only for work and retirement but also to be in close proximity to comprehensive health services.

Is it possible that in the coming years small towns will be left to die on the vine? After all, how much political clout do they have individually? Every town endangered by meager or inadequate health services is most likely involved in a losing battle when attempting to negotiate a better deal for its inhabitants. If our residents wish to create an uproar and at the same time instill a bond rather than a poisonous divide, why not be bound to crusade for the rejuvenation of our hospital?

For instance, Princeton Town Council in conjunction with Area H could attempt to form a union of sorts with other remote or semi remote small towns in order to pressure the provincial government for improvements; after all, there is safety in numbers. The aim of the organization could be to acquire an agreement from the BC government that a certain level of health services conducive to a more risk free environment would be instated. This optimum level of services would need to guarantee a fully operating emergency department in towns (1,500 or more in population for instance) more than an hours travel from a major hospital. Some might say that this concept wouldn't have a chance of succeeding, but small towns must gang together in a one for all and all for one mode rather than competing against one another for funds.

"Swim together or sink," might be an appropriate statement at this time.

- Monty Raine, Princeton

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EDITORIAL GUIDE

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Current Comment

Yes, We Can Give Thanks



Dawn Johnson
editor@thenewsleader.ca

needed.”

The people we call the Similkameens had an abundance of game: moose, elk, bighorn sheep, deer, goats, beaver, cougar and fish. The land gave them an abundance of berries: saskatoons, Oregon grape, elderberry, wild raspberry, buckthorn, and the all time favourite, huckleberry. They had a variety of roots: ground arbutus, balsam root, roots of bull-rushes and lilies, wild onions and wild potatoes. They had a wide variety of mushrooms and medicinal herbs. This was the abundance for which they thanked the Creator.

Our modern celebration of Thanksgiving is typically a feast. When my Australian cousins were visiting one autumn, I prepared our usual Thanksgiving dinner for them - roast turkey with cranberry sauce, baked squash, mashed potatoes, salad and a variety of pickles, followed by pumpkin pie with whipped cream. They loved it. Although Thanksgiving is not a custom in Australia, they were happy to share our tradition and thought it was a great holiday celebration.

In our family, we try to get together for Thanksgiving, as travel is so difficult in winter most

years. We share our lives with each other for the weekend, knowing it will be long cold months before we meet again.

Among the Medicine Wheel people, there is another tradition that goes with saying thanks to the Creator. Within their belief system is the obligation to create abundance, not merely receive it. They wasted nothing. Hides became moccasins and clothing, blankets and infant slings. Fleece became clothing or was traded for woven blankets. Antlers and horns and hooves became implements of various kinds. By using their knowledge and skills, they became co-creators of abundance.

In today's world, we may say grace at Thanksgiving dinner, but we tend to forget to thank the co-creators of our abundance: farmers, truckers, gardeners, shops and cooks who make our Thanksgiving dinner possible. We tend to forget to thank the person whose work brought the money to buy the abundance of our Thanksgiving feast.

I wish you an abundant feast this Thanksgiving, and hope you can share a prayer of thanks to our Creator and the co-creators of our abundance.

Happy Thanksgiving!

This weekend is Thanksgiving, a North American tradition in which we give thanks for the abundance our land produces.

Among many native tribes of North America, the harvest of corn, squash and beans, fish, buffalo and venison, assured survival of the long cold winter. Among the Medicine Wheel people, every prayer begins with thanks to the Creator for the abundance in which we live.

I often think of my grandmother's words when she spoke of "our people", the Similkameen "Indians".

"Our people were rich," she would say. "We had everything we

BC could have more physicians

The July/August news letter of the Society of Canadians Studying Medicine Abroad of BC provided Town Council with some interesting facts. The News Leader is pleased to share this information with our readers.

There are more than 500 B.C. men and women studying medicine in English speaking countries like Australia, New Zealand, Ireland and the UK. Sixty to 80 of these BC medical students studying abroad graduate every year, ready to move on to a residency.

Many of these students applied to the UBC Faculty of Medicine, along with thousands of other young British Columbians. There are now 256 seats in the first year class of UBC medical school, but this number falls far short of the number of physicians needed for the future.

Of students studying medicine abroad, many want to establish a career in BC and many want to practice in rural communities. Current policies in BC make it difficult for these medical graduates to

obtain the residency they need in order to be licensed in BC. These policies are a barrier because they require additional assessments beyond what these graduates have already met in order to qualify for a residency.

The BC government has made a commitment to find and fund additional residency opportunities for these and other medical school graduates. They are a valuable resource to BC and unnecessary barriers should be removed.

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AND NOW...A LITTLE GOOD NEWS!

"But they who wait for the Lord shall renew their strength; they shall mount up with wings like eagles; they shall run and not be weary; they shall walk and not faint." - Isaiah 40:31

Around The Similkameen!



The apartment located at the end of the building (on the left in this photo) suffered extensive smoke damage following a fire at approximately 4:35 PM October 1st in the Aspen Court Apartments at the corner of Tulameen Avenue and Aspen Court in Princeton. No other details were available at press time. Photo: Dawn Johnson



Heiner Schwetje (centre) was awarded a prize for his costume at the Order of the Eastern Star 5th Annual Oktoberfest in Keremeos. He is seen with Georgina Forsythe (left) and Berta Schwerbt. Berta hails from Penticton and has been coming to the Oktoberfest for a few years. Photo: Arlene Arlow



Trevor Allen (left) and Francis Baptiste were among those providing live music at the annual Harker's Organics & Rustic Roots Winery Harvest Moon Festival. The entertainment and displays are indoors, but the rainy weather appeared to discourage folks from dropping by. Photo: Arlene Arlow



Over 200 people packed Victory Hall in Keremeos on October 1st. The Order of the Eastern Star 5th Annual Oktoberfest offered traditional homemade German food, beer, wine, door prizes, silent auctions, live music, dancing and good cheer. The balloons floating about the hall were a fundraiser: each balloon cost \$2.50 and was numbered. If your number was drawn, you could select from the host of prizes donated by local merchants. Photo: Arlene Arlow



Heiner Schwetje, Tim Sehn, Lester Pruden and Joyce Fauteaux provided traditional German music at the annual Chapter #78 Order of the Eastern Star Oktoberfest in Keremeos October 1st. Photo: Arlene Arlow



Lucy Hodge of Cawston took a few minutes to visit her neighbours, the Harkers, at their Harvest Moon Festival on October 1st. Lucy was set to enjoy a piece of fresh fruit pie made by Twin Lakes store on Highway 3A. Hint: The Twin Lakes Store makes purely awesome pies each Thursday morning. They have frequent-buyer pie cards, too! Photo: Arlene Arlow

Posse scald Summerland Steam

Hot off the heels of a 5-2 loss to Penticton Lakers the previous night, Princeton Posse hosted one of the new KIJHL teams to Princeton Arena – the Summerland Steam October 1st.

The Steam contains a total of 18 rookies on their roster and four vets from other league teams, including three teammates from North Okanagan Knights.

Princeton's first goal came from team captain Spencer Kristensen who drilled a shot from along the boards just inside the blue line. Steam goalie Keifer Voshell stopped it, but the puck ended up dribbling between his legs and into the goal crease. Three Posse players raced to get to it before Voshell could react. Kristensen got credit for tipping the puck in with assists going to Kurtis Bond and Eric Kubis.

The trio scored again at 10:30 and the momentum was put in place with Princeton scoring a goal every few minutes to the end of the period (7:25 – Jaden Janzen from Tanner Russell and 3:43 – Jaden Janzen from Keenan Fordy and

Kevin Raimundo).

The second period saw Princeton completely dominate the Steam scoring a total of five more goals (14:07 – Blake Roney from Tim Martens and Justin Moltzahn, 10:16 – a beautiful end-to-end play where Eric Schmidt took a pass from Mitchell Hewson deep in Posse territory and weaved his way to the Steam goal and zipped a wrist shot just over the goalie's glove and into the top right corner, 9:36 – Brendan Colter from Kevin Raimundo, 1:37 – Keenan Fordy from Jaden Janzen and 1:05 – Brendan Colter) to widen their lead to 9-0.

Summerland scored their only goal of the night at 9:49 of the third (Andrew Stack from Sean Leslie and Taylor Jordan) but the Posse continued to fire on all cylinders adding two more goals (6:08 – Eric Schmidt from Brendan Colter, 5:47 – Kevin Raimundo from Eric Schmidt and Brendan Colter) to

finish the game 11-1.

What the score doesn't tell you is that very few penalties were called (9 in total) which equates to fewer power play opportunities.

The score also doesn't tell you that Summerland played a great game, but it just wasn't their night. Expect the Steam to be a team to watch as the season progresses.

Final score: Princeton 11, Summerland 1. Shots on goal: Princeton 37, Summerland 17. Penalties in minutes: Princeton 4 for 19-minutes, Summerland 5 for 21-minutes.

A total of 13 Posse players earned points in the game with Brendan Colter collecting four, Kevin Raimundo, Eric Schmidt and Jaden Janzen each with three, Eric Kubis, Kurtis Bond, Spencer Kristensen and Keenan Fordy each had a pair with singles coming from Tim Martens, Tanner Russell, Justin Moltzahn, Blake Roney and Mitchell Hewson.

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Alex Atamanenko, MP - US Tax Authorities Reach Into Canada

..... continued from Page 8 to file is \$10,000; willful failure to file carries a penalty of \$100,000 or greater.

Most US citizens in Canada would not owe taxes to the US on their earned income here. Canada and the US have a reciprocal tax treaty under which a foreign tax credit will generally be available to offset any double taxation that would otherwise exist. Though no taxes may be owed, the filing and reporting requirements still stand. Just to clarify the issue – penalties are not being assessed for nonpayment of tax, they are being assessed for failure to comply with disclosure requirements.

In 2014 FATCA, the US Foreign Account Tax Compliance Act, will require all Canadian financial institutions to disclose the personal account information of US/Canadian dual

citizens to the IRS as the price for investing and doing business in the US.

This proposed act represents an imposition on Canadian sovereignty and contravention of Canadian privacy laws. I have written four letters to Finance Minister Jim Flaherty on the issue and am enlisting the support of other MPs to bring the issue before Parliament as soon as possible.

I want to stress that FATCA, as currently legislated, places an unwarranted burden on honest Canadians and our financial institutions. Those dual citizens who live, work and pay taxes in Canada should not be subjected to the same laws intended to expose US citizens seeking tax havens in foreign countries.

As well as the sovereignty issue, the Canadian government should con-

sider the consequences on its own tax base if millions (perhaps billions) of dollars flow out of the country. What will be the consequences for the Canadian economy? There is no question that the retirement security for tens of thousands of Canadians will be affected.

The requirement of all US citizens to file tax returns in the US and to report foreign tax accounts is American law and the Canadian government cannot affect change there, even on behalf of Canadian citizens. We can, however, act to protect our sovereignty and prevent the US from imposing its law on Canadian businesses and banking institutions. We can call on the Canadian government to push their US counterparts to refine their reporting criteria to distinguish between criminals and honest citizens.

Was the 2008 SVPS survey correct?

..... continued from Page 2 divide any more frequently than anyone else.

More amenity migrants completed high school than life-long residents, but about the same percentage completed a university degree. The survey found that amenity migrants are 10-20% less likely to attend public or political meetings, or donate their time. They donate money to local causes about the same as others.

They are older than the rest of the population, with 80% older than 54. Amenity migrants and everyone else expressed a preference for moderate, managed economic growth. Here's an interesting result. When it comes to 'being green,' there were no significant differences between amenity

migrants, life-long or returned residents.

They are equally likely to re-cycle, drive a hybrid, compost, xeriscape, bicycle to work, etc. Economic migrants are a little less likely to practice these conservation measures.

Amenity migration is seen as urban people buying rural properties, typically acreages, viewscapes, and waterfront. Our survey found that many have moved to Princeton. We also learned that 35% of residences in Princeton are second homes.

Our interpretation is that people, mainly from the Lower Mainland, are buying 'urban cottages.' They use these often small homes as a base from which to enjoy their favourite forms of outdoor recreation. They 'get

away' to a home in a slower, quieter community surrounded by the great outdoors. Keremeos has as many amenity migrants as Princeton, but a much lower rate of second home occupancy, only 9%. Not as many use Keremeos as an urban cottage. Residential construction has exploded.

Here is a possible explanation. Urban cottagers found lots of homes for sale in Princeton. In Keremeos, there are many lots and new homes on the market, but fewer older homes. Urban cottagers may have a preference for a built home over a hole in the ground. Relative cost of properties could be a factor. And, no doubt the fact that Princeton is a little closer to the seething city makes a difference.

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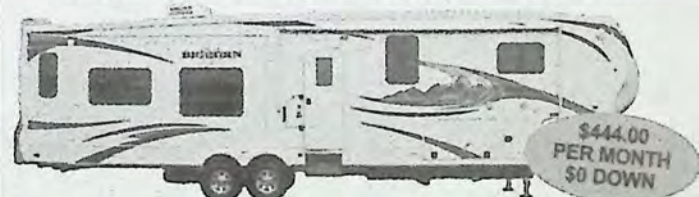
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