



Similkameen

News Leader

\$1
INCLUDES HST!

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Tuesday, October 11, 2011

Who's Working For You? See Below!



The next phase of the downtown sidewalk ramping project got underway last week. Photo: Brenda Engel

Museum dedicates month to veterans

The month of November at Princeton Museum will be dedicated to the memory of the many local men and women who served in two world wars.

Terry Malanchuk has planned a display of materials that will occupy a corner of the museum. The life of

the common soldier will be depicted through photographs, written materials and articles used by soldiers.

There will be four special events during the month, and private tours will be available by appointment during the month. More information will be available soon.

Incumbents will run

Four of the current members of Town Council have told the News Leader they will be running for office in the November civic election.

Councillors Jason Earle, Marilyn

Harkness and Ray Jarvis will seek re-election to Town Council as will Mayor Randy McLean.

Councillor Frank Armitage "has been thinking about it" but did not have a decision at press time.

Princeton launches new websites

The Town of Princeton is proud to announce the re-launch of the municipality's official website "princeton.ca" along with the launch of new websites for the airport ("princetonairport.ca") and campground ("princetonrvpark.ca").

The new princeton.ca design provides a better user experience and offers enhanced communication with the public. Combined with a fresh new look and design, the website offers access to information not previously available on the website. The Princeton Regional Airport has undergone significant improvements over the last few years and with the launch of its own website at princetonairport.ca current and new users will be provided valuable information on the services provided

and opportunities for investment. The Princeton Municipal RV Park and Campground is an important amenity for visitors and the presence of a website will attract new visitors to our area and provide them with valuable information on booking a site for their next trip to Princeton.

The re-launched princeton.ca website, along with the two additional websites provides greater flexibility for administration. Having adopted a user friendly content management system, town hall administration can easily change, add and delete information and enhance the sites much easier than was previously possible.

"In today's world the internet is playing an ever increasing role in

our lives, the ability to be able to exchange information concerning our community is vital to any well functioning municipality," Mayor Randy McLean explains.

"I would like to think that the long process that we have endured in

Princeton Town Council News

Mayor Randy McLean was in Victoria and Councillor Jason Earle was ill, so only three members of Town Council were present at the October 3 meeting chaired by Deputy Mayor Ray Jarvis. There was not a great deal on the agenda.

In response to a request from New Beginnings, Council proclaimed October as Community Living Month. The theme is 'Everyone Belongs'.

Councillor Marilyn Harkness reported plans are well underway

order to present our re-launched and new websites is a tribute to its effectiveness. We hope that our site will offer all the information that you might need as well as provide you with a snapshot of the wonderful community and area that we live in.

There are many exciting changes taking place in Princeton and we welcome the opportunity of sharing them with you. We are hoping that a visit to our site will encourage a visit to our thriving community," Mayor McLean adds.

will be distributed and explained. Councillor Frank Armitage reported on the annual conference of the Union of BC Municipalities, which he attended with Mayor McLean and CAO Patrick Robins. They met with Interior Health CEO Dr. Robert Halpenny regarding the situation at Princeton Hospital and suggested there should be better recruiting of physicians.

..... continued on Page 3

Lee Mowry "Working For You ... Always!"
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Princeton Community Services building located at 47 Harold Avenue, (corner of Harold and Lime Street), next to Rotary Park along Tulameen River. Photo: Brenda Engel

Community Services

Who We Are And What We Do

by Lynn Pelly

Princeton & District Community Services is a non-profit society with charity status. The Society was

formed in 1973 to meet the needs of vulnerable seniors. Early services included transportation and home support. The initial services were followed with a drop in centre and workshop for persons with disabilities and housing for the disabled (Mary Anne Apartments and Mary Anne Court).

Gradually, the services were expanded and fell under various Ministry and Crown Corporation jurisdictions and funding guidelines. The drop in centre evolved into the Mini-Chef Restaurant, a training centre for persons with disabilities and home of the infamous "Magic Muffins"! A day program for seniors was added to our programming and when the workshop closed and the Mini-Chef had served its purpose, a day program for persons with disabilities was initiated.

Senior's housing was identified as a need in Princeton and the combined efforts of the community resulted in one of the first assisted living facilities in BC being built on Fenchurch Avenue. The Society further expanded its housing portfolio by assuming the management of Aspen Court, a BC Housing project for low income families. Transportation evolved from one bus to two and transit service to Penticton from one to three days per week.

In addition to these services, the Society also provides a seven day a week Meals-on-Wheels service and a long term wheelchair rental program. More recently, the Society added the Police-based Victim Service program under their

umbrella of services.

The Society is governed by a Board of Directors, elected from the general membership during the annual general meeting of the Society. Directors come from varied community sectors and have a wealth of combined knowledge and expertise in a wide range of areas. Their participation is strictly voluntary. Their role is to ensure the Society's constitution and by-laws are adhered to and to formulate policy and procedures to guide the organization.

The Society employs 55 people and has an annual operating budget of over \$2,000,000.00. We provide a total of 42 units of low cost housing in the community, primarily in partnership with BC Housing. Our Community Living BC programs are accredited. Our target population is seniors and persons with disabilities but we also support other vulnerable individuals within the scope of our programs.

The evolution of the Society illustrates the need to be aware of changing needs in the community and to be prepared to take a leading role in implementing services to support those needs. The Society continues to build strong working relationships with other community partners in an effort to consolidate services, whenever possible, and maximize funding options.

This is the first in a series of articles that will keep the community informed about the services we provide. Future articles will focus on specific programs offered by the Society.



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As part of Community Living Month, Princeton & District Community Services hosted a fundraising hot dog sale outside Cooper's Foods Friday, October 7th. Photo: Brenda Engel

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Town of PRINCETON
TOWN OF PRINCETON TAX EXEMPTION BYLAW
At the October 3rd, 2011 Regular Meeting Town Council will consider providing permissive tax exemption for the following properties for the 2012 taxation year in accordance with Section 224 of the Community Charter.

Name	Civic Address	2011 Exemption
Roman Catholic Church	43 Billiter	271.47
Princeton Silver Crest Housing	30 Billiter	78.73
Princeton Silver Crest Housing	23 Fenchurch	147.34
Foursquare Gospel Church	38 Kenley Ave	202.05
Foursquare Gospel Church	Kenley Ave	92.14
Foursquare Gospel Church	Kenley Ave	26.03
Foursquare Gospel Church	Haliford Ave	12.40
Pentecostal Assemblies	165 Vermillion	111.98
St Paul's Presbyterian Church	190 1st St	300.39
Princeton Long Term Care Society		100.80
Interior Health Authority	98 Ridgewood	1869.64
Princeton Congregation of Jehovah's Witnesses	604 Ridgewood	335.93
Trails Society of BC		15.70
Trails Society of BC		18.59
Baptist Church of Princeton	160 Old Hedley	309.07
Trails Society of BC		11.16
Trails Society of BC		59.50
Princeton & District Community Services	262 Poplar	
Princeton & District Community Services	88 Fenchurch	
Princeton & District Community Services	252 Ladhine	

This bylaw proposes to exempt properties from taxation that would have otherwise generated approximately \$4,000 annual tax revenue.
Shirley McMahon
Deputy Treasurer/Collector for the Town of Princeton

New local book features poetry

Dead Horse on the Tulameen is a catchy title for a book of history and verses about the Similkameen Valley. Jon Bartlett and Rika Ruebsaat spend hours and hours at the museum archives reading old newspapers and copying poems and verses about the life and times of settlers, the community through the wars, and the issues and triumphs of times past.

Poetry and verse always touch the heart in some way, either through joy or sorrow, but creeping through many a poem is the wonderful wry humour of those who endured tough times and could still see the funny side of life.

There are poems by Dave Taylor, the rather eccentric editor and pub-

lisher of a newspaper called Similkameen Star, and there are poems about local characters such as Singing Jimmy, a prospector who would enjoy coming to town once in awhile for a good drunk and who was well-known for his songs and his ability as a ventriloquist.

There is even a poem written in Chinook, an old "trail language" of British Columbia that made it possible for non-native people to communicate with First Nations residents. This poem will surprise many people who have no knowledge of this extinct language which was commonplace 100 years ago.

Dead Horse on the Tulameen highlights the written word with many photographs from Princeton

Museum's archives.

Bartlett and Ruebsaat will have a book launch at Princeton Museum on October 23 from 2:00 PM to 4:00 PM. The books will be sold for \$25.00 each, with 25 percent of the sale value going to support Princeton Museum. The authors will sign a copy for you at the museum.

Princeton Town Council news

..... continued from Front Page
They discussed the ambulance service and its importance to Princeton. They mentioned the same issues in their meeting with the Premier.

In their meeting with Energy, Mines and Housing Minister Rich Coleman, there was a lot of discussion about Copper Mountain Mine, and Councillor Armitage was pleased to tell the minister that 68 percent of the employees are local residents. They told the minister about housing development currently underway in Princeton. Both he and Premier Clark are enthusiastic about the mine and the way Princeton welcomed the return of mining.

A meeting with Ida Chong raised a number of issues, but she was non-

committal.

Twenty mayors and regional directors from communities along Highway 3 met with Highways Minister Blair Lekstrom to once again stress the importance of improvements to the Hope-Princeton Highway. He indicated plans are in place and hoped to start some work this fall.

Town Council passed a resolution ordering clean-up of rubbish, unused campers, unused motor homes, and unlicensed vehicles at 271 Bridge Street. The removal of the offending items is to be completed by 4:30 PM November 7, 2011. If the owner and tenant do not comply, the Town of Princeton will carry out the removal of the offending items and add the cost to 2011 taxes.



Notice of Property Tax Exemption

In accordance with the Local Government Act (Sections 809 and 810), Regional District of Okanagan Similkameen proposed Bylaw 2575 includes the following properties, which will receive exemptions from Property Taxes for 2012.

ASSESSMENT ROLL NUMBER	LEGAL DESCRIPTION	CIVIC ADDRESS	ORGANIZATION	ESTIMATED VALUE OF PROPERTY TAX EXEMPTION - RDOS PORTION ONLY
715-00565.105	Parcel A, B1 3, DL210 SDYD PL 519	224 Robinson Avenue Naramata	Naramata Museum Society	\$1,381
714-796.090	Lot 9, PI 34520, DL 374, SDYD	1145 Main Street Okanagan Falls	Okanagan Falls Heritage & Museum Society	\$1,743
714-6485.100	Lot 3, PI 4041, DL 2450S, SDYD Portion L 727	10384-384 Avenue	South Okanagan Sportsman Association	\$ 158
714-6485.100	Lot 1, PI 13268, DL 2450S, SDYD	10393-384 Avenue		\$1,078
714-9060.000	DL 2450S, SDYD	14000 Strawberry Creek Road	Osoyoos Wildlife Federation	\$ 467
715-2713.010	Lot A, PI 40972, DL 2 366 367, ODYD (portion outside Municipal Boundary)	600 Comox Street Penticton	City of Penticton (leased to golf course)	\$ 398
716-2752.000	Lot A, PI B6949, DL 319, SDYD		Keremeos-Cawston Sportsmen Association	\$ 858
716-9035.000 716-9035.002	Lot 13-15, Block 8, PI 2565, DL 2482, SDYD		Hedley Sports Association	\$ 464
716-10308.000	SDYD, SUP 11350		Nickel Plate X-Country Ski Club	\$ 388
714-6476.020	Lot 1, PI KAP62023, DL 2450S		Fairview Mountain Golf Club Society	\$9,876
717-895.600	Block B, DL 1091 OS, SDYD		Princeton Golf Club	\$2,957
716-02837.000	Parcel A, DL 0457, SDYD		Keremeos Elk Lodge	\$ 705
714-00819.081	Parcel Y, DL 0374, SDYD		OK Falls United Church	\$ 543

The "Estimated Value of Property Tax Exemption" is the amount of taxes that would be imposed on each property if they were not exempt. The value of the exemption has been calculated using 2011 Property Tax rates.

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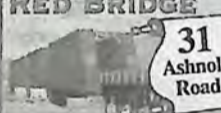
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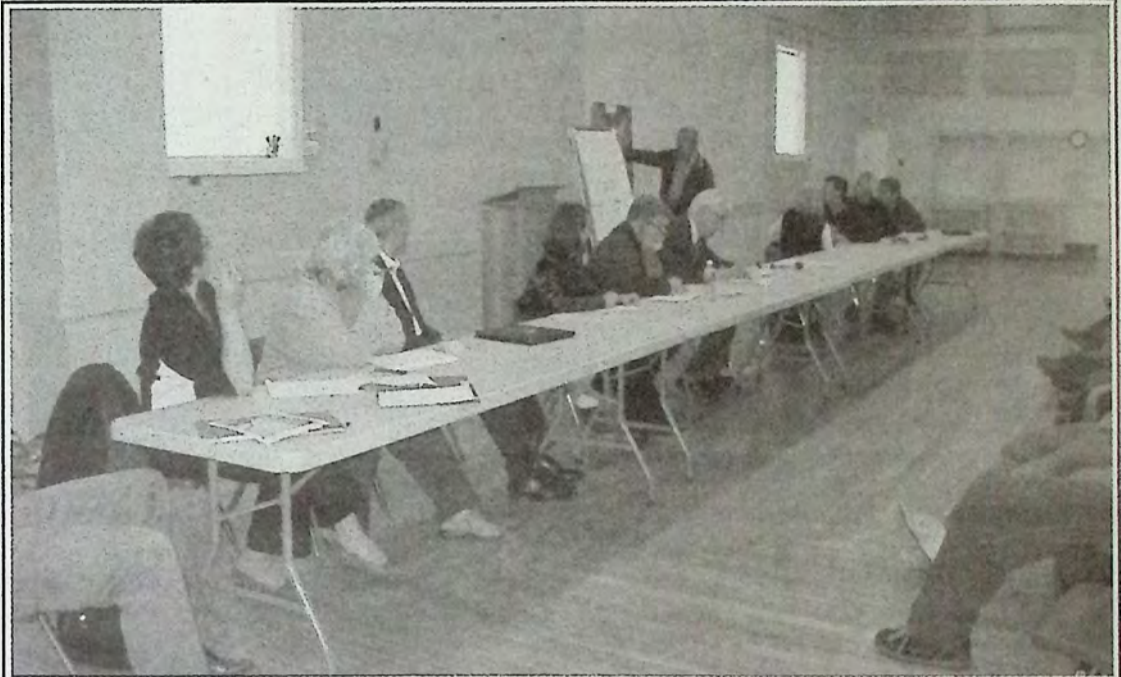
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Keremeos News



A head table of municipal, regional and provincial ministry reps listened to the concerns of farm workers and valley residents October 5th at Victory Hall in Keremeos. The meeting lasted over two hours, with grievances and possible solutions coming from all sides. Photo: Arlene Arlow

Farm workers to receive better conditions

by Arlene Arlow

The Lower Similkameen Valley has received a failing grade when it comes to the treatment of farm workers. The problem has been brewing for several years, and reached a head recently when several Keremeos merchants lobbied the Village of Keremeos on their own behalf.

The issue is many-fold, and it is not known if the issue stems from inconsiderate farm workers or inconsiderate transients who are looking for a free ride. Feedback from the Valu-Plus Foods in Keremeos paints a picture of increasing incidents of shoplifting.

Feedback from other valley residents paints a picture of non-residents urinating and defecating in places not designed for that purpose. Feedback from other residents paints a picture of socially inept people who don't know how to mind their manners.

Feedback from the farm workers paints a picture of non-resident workers who labour at tasks which valley residents are not willing to do while tolerating farm work conditions such as no drinking water, no washrooms, inconsistent pay and no temporary living quarters.

Currently, a farm workers' campground exists just outside the Village of Keremeos, but problems include no electricity, no shower and bathing facilities, no laundry facilities (and no Laundromat within 40 miles), no cooking facilities and no privacy.

In addition, the campground was actually partially flooded earlier this summer when heavy rains raised the level of the Similkameen River, forcing the workers to relocate.

Farm workers also stated that they cannot leave their personal effects at the campground while working without fearing that their valuables will be gone when they return.

The meeting, which was chaired by Keremeos Mayor Walter Despot included a head table of a dozen people. Included in the head table were Village of Keremeos staff, Village of Keremeos Councillors, the Regional District rep from Area G, a former RCMP officer and representatives from BC provincial ministries.

Four key points were laid out, the first being the job of identifying a suitable "crown land" site for an improved campground with amenities.

Government representatives (municipal, regional and provincial) promised to review four possible sites for viability, all between Keremeos and Cawston.



About 20 area residents, employers and merchants plus a dozen farm workers showed up at Victory Hall in Keremeos on October 5th. The meeting was the result of local merchants lobbying the Village due to increasing tension between merchants and non-residents. Photo: Arlene Arlow



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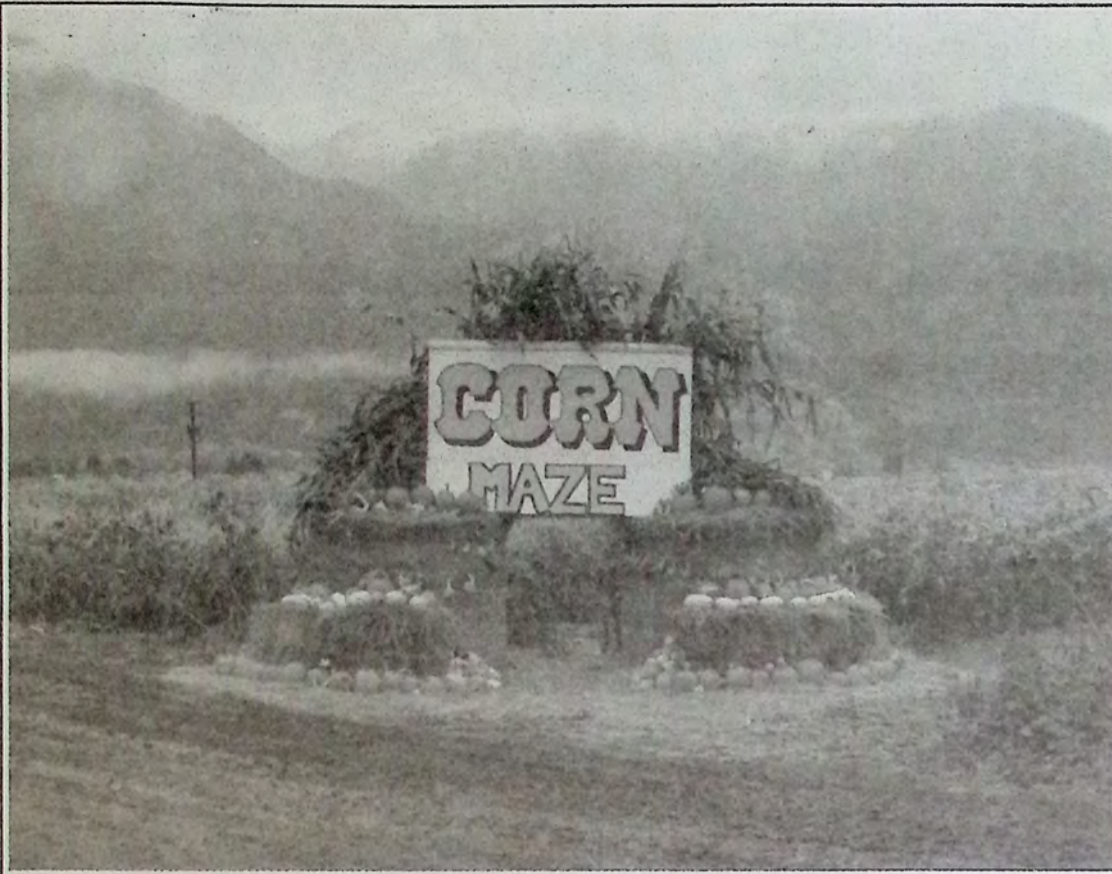


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We always knew Similkameen Valley corn was amazing, but this is something completely different. The folks at Bear's Fruit Stand have constructed their first-ever corn maze. Check it out! *

Museum plans special event

Members of the Princeton Museum Society and the general public are invited to attend a special meeting of the museum.

It will be held at Riverside Community Centre in November and will include a film presentation about the history of Vancouver. The presentation is being arranged through Scott Anderson, in conjunction with Vancouver Museum.

The film compares scenes of old

Vancouver with scenes of today's city. Old buildings, historic sites, and areas of historic interest are shown along with the same sites as they appear today. The film gives

not only contrast, but provokes thought about how we develop our urban areas.

Look for more specific information in the near future.

Keremeos Corn Maze on YouTube!
PrincetonBCNews

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(NICOLA-SIMILKAMEEN)

NOTICE OF NOMINATION PERIOD
For School Trustees, Area H

Public Notice is hereby given to the electors of Area H of School District No. 58 (Nicola-Similkameen) that a general local election will be held on Saturday, November 19, 2011, to elect three School Trustees from Area H and the Town of Princeton.

For Trustee voting and candidate information please refer to the Town of Princeton nomination advertisement or contact the Chief Elections Officer at 250-295-3135.

Similkameen

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Health / Lifestyle News

Protect yourself and those around you — get your flu shot!

With flu season approaching, public health nurses across Interior Health are gearing up for the launch of this year's influenza (flu) vaccination campaign that will begin the week of October 11th. Last year, over 145,000 seasonal flu shots were provided free of charge to those at risk of complications from the flu.

"Vaccine composition is developed by the World Health Organization based on flu trends worldwide. This year's vaccine contains three different flu strains including the H1N1 strain," says Dr. Rob Parker, Medical Health Officer with Interior Health. "The two most important ways to protect yourself from getting the flu are to wash your hands frequently and get your flu shot. This is especially important if you are over 65 or have a chronic health condition."

The flu is highly contagious and can cause severe complications for those with heart, lung and other health problems. Even if you don't become severely ill, getting the flu can mean several missed days of school, work and other activities. Flu vaccinations are a proven, safe and effective way to reduce your chances of getting the flu.

The flu shot also lessens the severity of symptoms for those who do get the flu.

To find a flu clinic near you, watch for local announcements on dates and times in your community, visit our website at www.interiorhealth.ca for a complete listing or contact your local Public Health office. Many physician offices and pharmacies also provide vaccines free to those who are eligible.

The flu shot is proven safe and effective and is free for:

- People 65 years and older and their caregivers/household contacts,
- Children and adults with chronic health conditions and their household contacts,

- Children and adolescents (6 months to 18 years) with conditions treated for long periods of time with Acetylsalicylic acid and their household contacts,
- Adults who are very obese,
- Aboriginal people,
- Healthy children age 6-23 months,
- Household contacts and caregivers of infants age 0-23 months,
- Pregnant women who will be in their third trimester during influenza season and their household contacts (pregnant women who are in other high risk groups can be immunized at any time during the pregnancy),
- Residents of nursing homes and other chronic care facilities,
- Health care and other care providers in facilities and community settings who are capable of transmitting influenza to those at high risk of influenza complications,
- Inmates and staff of provincial correctional institutions,

• People who work with live poultry and/or swine.

While flu shots are free for those 65 and older and those at risk, anyone can benefit from a flu shot. It is 70 to 90 per cent effective in preventing influenza in healthy children and adults. People not eligible for the free flu vaccine through the publicly-funded program should contact their physician, local pharmacy, walk-in clinic, travel clinic or private provider.

For more information contact your local Public Health office (look under Interior Health in the blue pages of your phone book) or visit our website at www.interiorhealth.ca.

Information is also available on the Immunize BC website at www.immunizebc.ca, or on HealthLink BC at www.healthlinkbc.ca. You can also call HealthLink BC at 8-1-1 to speak to a healthcare professional. - submitted

Living Past 100

Remember Canada's Winter Vitamin

It is the time of year when the days grow shorter. Sunshine is at a premium and many Canadians who work indoors all day have little time to spend in natural light. This is the time of year to start taking Canada's winter vitamin: Vitamin D.

The absence of sunshine in our lives affects some people more than others, but all of us feel the effects physically even if we do not feel affected emotionally. The reason we react to shorter days and less sunlight is due to a decreased availability of Vitamin D. This essential vitamin is manufactured by our bodies when we have enough sunlight touching our skin. In the dark days of winter, we simply do not absorb enough sunlight to manufacture Vitamin D unless we work outdoors. For the majority of us, this means taking a Vitamin D supplement. Vitamin D is essential for keeping our bones strong, and is extremely important for normal growth and development of bones and teeth in children. Vitamin D is important for the prevention of osteoporosis and rickets, and a condition called hypocalcaemia (lack of calcium). People taking drugs to lower cholesterol, antacids, mineral oil, or cortisone may develop a lack of Vitamin D as these drugs interfere with the absorption of Vitamin D. Certain kinds of diuretics have this same flaw. Consult your doctor or pharmacist regarding this side effect if you are taking any of the medications mentioned.

In recent years, researchers have identified a very strong link between Vitamin D and your immune system. To keep your immune system strong, you need Vitamin D. A link between Vitamin D deficiency and some nerve disorders has been identified, because the nervous system depends on adequate calcium, and calcium is not absorbed without adequate Vitamin D.

Take your Vitamin D all winter. It will make you feel better.

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Princeton & District Museum now has a complete cabin on display! *

Museum needs volunteer workers

Although Princeton Museum has been open to the public during the summer months, with 2,700 visitors enjoying the newly renovated building, the museum has been guarding a secret: the basement was not finished. Thousands of items remained in storage at the Skills Centre.

Now, the basement is near completion and all of the artifacts and archives will be moved to the basement.

This poses a major problem for the Museum Society. Everything is in

boxes and needs to be unpacked and placed in specific locations. This is a huge job, and volunteers are needed.

Members will be asked to put in a few hours in helping out, but if there are any members of the public who could spare a couple of hours to help bring order to chaos, please call Sharon Anderson at 250.293.6776 and arrange a time. Anderson is the manager and will be supervising the unpacking, sorting and placement of the items.

Volunteer greeters, those who wel-

come the public to the museum, are also needed.

The Museum society hope to keep the museum open Tuesday, Wednesday, Thursday and Saturday from 11:00 AM to 3:00 PM through the winter months.


Anyone who can spare two hours once a week will be most appreciated. Contact Sharon at the museum if you can spare the time to greet visitors. Anderson can also be reached by sending an e-mail to princeton-museum@gmail.com.

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
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PANORAMA VETERINARY SERVICES would like to announce that Dr. Alex Wales will be coming to the Princeton area on Wednesday, October 26 to provide veterinary care for horse clients.

Travel fees will be shared among the various farms receiving services for that day. New clients are welcome! To make an appointment please call the office toll free at 1-866-766-4310.



Members of Princeton & District Community Services Society's New Beginnings program were on hand during the hot dog fundraiser outside Cooper's Foods Friday, October 7th. Photo: Brenda Engel

Board audits Weyerhaeuser licence

The Forest Practices Board will audit the forest practices of Weyerhaeuser Company Ltd., on Forest Licence A18698, starting October 17th. The announcement was made Friday, October 7th in Victoria.

Auditors will examine all activities regulated by the Forest and Range Practices Act and the Wildfire Act, including planning, roads, harvesting, silviculture, fire preparedness and hazard abatement.

The licence lies within the Merritt Timber Supply Area, in the Cascades District, near the communities of Princeton, Tulameen and Hedley.

Once the audit work is completed, a report will be prepared, and any party that may be adversely affected by the audit findings will have a chance to respond. The board's final report and recommendations will then be released to the public

and government.

The Forest Practices Board is B.C.'s independent watchdog for sound forest and range practices, reporting its findings and recommendations directly to the public and government.

The board audits forest and range practices on public land, as well as appropriateness of government enforcement.

This is the board's 10th audit of the 2011 season. Auditors have travelled far and wide, auditing activities near communities including Squamish, Mackenzie, Fort St. James, Kamloops, the Sunshine Coast, Burns Lake, Creston, Tofino and Quesnel.

- submitted

Green receives eight years for local murder

William Harvey Green will serve eight years in jail for murdering Willard McInroy in Princeton in 2008.

The Merritt man confessed to police he struck his friend with a baseball bat at the end of a four-day binge of crack cocaine and little sleep.

Green, now 44, never revealed a motive for the killing.

"I don't know why Mr. Green killed Mr. McInroy. I can't say he acted in self-defence," said B.C. Supreme Court Justice Peter Rogers at the September 20th sentencing in Kelowna.

The drug dealers were using crack in McInroy's Princeton apartment the night of December 2, 2008,

when McInroy stepped out for a time. Green swung the bat at him as soon as he returned, striking him on the side of his head.

Incapacitated, the 46-year-old collapsed on a couch. Green struck his head twice more with the bat, killing him. Green fled the apartment, burned the bat and his clothes, and moved to the Lower Mainland.

A week later, McInroy's parents called police to their son's suite, where officers found his body. Four months later, they arrested Green for first-degree murder.

Crown counsel John Swanson argued for a prison term of 13 to 15 years. Defence lawyer Ray Diemo suggested a term of four to seven years.



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News Leader Entertainment

Similkameen News Leader TV Guide Listings - October 11 -17, 2011



Princeton Posse's Cole Weber (#5) settles a short dispute with Kyle Clerke of Kelowna Chiefs midway through the third period October 7th. The only major penalties called in the game. *

Posse beat Kelowna Chiefs

On paper both Princeton Posse and Kelowna Chiefs looked evenly matched prior to their game October 7th at Princeton Arena.

Princeton scored first on the power play at 17:29 of the first period (Devon Grossler from Spencer Kristensen). It took barely four minutes before Kelowna responded with a tying goal – also on the power play – at 13:10 (Catlin McLeod from Matt Hill).

Again, roughly four minutes later, Princeton's Kurtis Bond bagged the tiebreaker with assistance from Spencer Kristensen and Eric Kubis.

The home team continued to pressure Kelowna and added an extra goal with just 13.7-seconds left in the period. Robbie Christensen scored it with help from Justin Moltzahn and Brendan Colter.

After one Princeton had a 3-1 lead and had barely out shot Kelowna 10-8.

The second frame saw the ice tilt in the other direction with Kelowna pounding away at the Posse zone and scoring two quick goals less than a minute apart to tie the game at 3-all (13:05 – T. J. Dumonceaux from Jordan Salahor and Derek Andrews and 12:08 – Dane Rupert on the power play from Brett Naka and Braeden Hikichi).

The home team kept up with the momentum shift and broke the tie

with 5:46 left in the period (Keenan Fordy from Eric Schmidt).

After two periods it was Princeton taking the lead 4-3 with shots on goal still close with Kelowna out shooting the Posse 16-15 following 40-minutes of play.

In the third it continued to be obvious that both teams were an even match with Princeton collecting a short-handed goal at 19:23 (Spencer Kristensen from Keenan Fordy) and Kelowna responding at 17:59 (Matt Hill from Braeden Hikichi and Catlin McLeod).

Princeton's Cole Weber and Kelowna's Kyle Clerke quickly settled a dispute at 16:36 which

saw Princeton add another power play goal at 10:42 (Jaden Janzen from Keenan Fordy and Eric Schmidt) to hold on to their lead.

Final score: Princeton 6, Kelowna 4. Shots on goal: Kelowna 27, Princeton 21. Penalties in minutes: Princeton 13 for 37-minutes, Kelowna 7 for 25-minutes.

A total of ten Princeton players collected points in the game with Spencer Kristensen and Keenan Fordy both adding three to their career stats. Eric Schmidt added a pair with singles coming from Kurtis Bond, Jaden Janzen, Brendan Colter, Justin Moltzahn, Devon Grossler, Robbie Christensen and Eric Kubis.

Prince Town 1826-1926

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1826 - 1926**

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Similkameen News Leader - Horoscopes

October 12 - 19, 2011

Aries - You need to talk about your financial situation, especially if you have debts. Your goal should be to form a plan whereby you reduce your debt load. If you are not in debt, look for the most secure investment for peace of mind.

Taurus - This is a very good time for you, as people have kind things to say to you and about you. You can be gracious on the job, and you can improve your health now. Problems at home or in the family are short term: be patient.

Gemini - You have to watch your tone of voice and what you say. You could find your mouth full of foot if you're not careful, especially on the job. When you speak, be conscious of the impact of your words and tone on others.

Cancer - Your need to save and your desire to spend are going to be in conflict. Your home needs attention, and so does your family. Use positive planning to achieve those goals. You will face limitations and you will have to work hard.

Leo - You may face a challenge at home, either redecorating or making peace. You have to make your home a more peaceful, nurturing place, and you have to bring family together in some kind of harmony. Yelling for peace won't work.

Virgo - What you really need is more money, but it won't come for awhile, not this winter. Keep your nose to the grindstone and be thrifty. You can gain from people or business far from where you live. Look for opportunities at a distance.

Libra - This is your time to shine and there can be financial rewards, too, but handle money with restraint: tough times are easing but they're not over. Talk about values, not money. Resources may come as others share with you.

Scorpio - You feel good, you look good, and others respond generously to you now. Love and romance may come your way. Keep your mind open to possibilities and watch out for situations or people who may cause worries.

Sagittarius - You may get benefits from hidden sources or hidden allies. Your only problem area can be with business done at a distance or with taking long trips. Plans won't work out the way you anticipated. It will take more time.

Capricorn - Talk about plans for the future, particularly where young people are involved. Plans made now will probably go the way you want, so don't push, just suggest. Work hard at your career. Benefits will come in six months.

Aquarius - Career matters run smoothly. You can make a good impression on people of influence if you keep a happy face and speak kindly. Opposition may be vocal, but don't fight. It's not your fight, keep a level head and be patient.

Pisces - This is a good time to take stock of what you need to learn. This is a great month to study something or learn a new skill. You may be more interested in the arts and music now. Take some time to enjoy these interests.

Tuesday Movies

EVENING

9:00 pm WTBS ch.3 "Match Point" (2005, Drama) Scarlett Johansson. A one-time tennis professional becomes obsessed with his brother-in-law's seductive fiancée.

11:00 pm WTBS ch.3 "The Mist" (2007, Horror) Thomas Jane. Trapped townspeople face monsters inside and out after a supernatural fog engulfs their Maine community.

Wednesday Movies

EVENING

9:00 pm WTBS ch.3 "Meet the Fockers" (2004, Comedy) Robert De Niro. A man fears the worst when he accompanies his fiancée's uptight father and mother to meet his free-spirited mom and dad.

11:00 pm WTBS ch.3 "Meet the Fockers" (2004, Comedy) Robert De Niro. A man fears the worst when he accompanies his fiancée's uptight father and mother to meet his free-spirited mom and dad.

Prince Town 1826-1926

Prince Town 1826 - 1926

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TUESDAY, OCTOBER 11, 2011

	WTBS ch.3	CHBC ch.4	KNOW ch.5	KSPS ch.6	KHQ ch.7	KREM ch.8	A&E ch.9	KXLY ch.10	BCTV ch.11	CITY ch.12	CBC ch.13	YTV ch.18	TSN ch.19	VTV ch.22	DISC ch.24	FAM ch.26	CITY ch.29	SPIKE ch.44	TROP ch.45
6 AM	In the Heat of the Night	(5:30) Morning News (N)	Arthur	Thomas	News (N)	KREM 2 Morning News	Jewels	News	(5:30) Morning News (N)	(4:30) Morning News (N)	CBC News Now	Kid vs. Kat Super Evil	SportsCentre	Canada AM	Breakout	Henry	CityLine (N)	Bar Rescue "Bar Fight"	Spilled
7 AM	Cosby		Martha	Arthur (N)	Today Paula Deen; dieting; box foods. (N)	The Early Show (N)	Family Jewels	Good Morning America (N)			Turbo	Sidekick	SportsCentre		Machines	Phineas	The Nate Berkus Show	CSI: NY	Debt/Part
8 AM	Excused		Hi-5	Curious			Jewels			100 Huntley Street	Bo On/Go	Pokémon	SportsCentre		Dirty Jobs	Hannah	Rachael Ray	CSI: Crime Scene	TV-Torrans
9 AM	Family Fd	100 Huntley Street	Wibbly Pig	Super Why!		The 700 Club	Jewels	Live With Regis & Kelly	100 Huntley Street	Operation Smile	Super Why! News	Timothy Berenstain	SportsCentre	Live With Regis & Kelly	Myth-Busters "Blue Ice"	Mickey Never Land	Access Hollywood Live	CSI: Crime Scene	Restaurant Makeover
10 AM	Millionaire	Operation Smile	Numbjack	Sesame Street (N)		The Price Is Right (N)	Jewels	The View (N)	Operation Smile	Unsellable	Poko	Little Bear	Rugby	The View (N)	Inventions That Shook	Mickey	The Chew	CSI: Crime Scene	Frasier
11 AM	Law Order: CI	Unsellable	Save Ums	Sid	The Doctors (N)	Young & Restless	Jewels	Memory	Unsellable	Noon News Hour (N)	Animal	G. Shrinks		Marilyn Denis	Mayday	Suite Life	CityLine	CSI: Crime Scene	Gold Girls
12 PM	Amer. Dad	Noon News Hour (N)	Making WordWorld	Charlie Rose	Paid Prog.	News	Family Jewels	The Chew	Noon News Hour (N)	Days of our Lives (N)	CBC News Now (N)	Puppies	NFL Prime-Time (N)	Bold	Machines	Wizards	General Hospital (N)	CSI: Crime Scene	Roseanne
1 PM	King	Days of our Lives (N)	Dinosaurs	Painting	Days of our Lives (N)	The Talk	Jewels	One Life to Live (N)	Days of our Lives (N)	The Talk	Dragons' Den	Garfield	NFL Live (N) (Live)	The Dr. Oz Show (N)	Dirty Jobs	Sonny	Jdg Judy	CSI: Crime Scene	Raymond
2 PM	Browns	The Talk	Franklin	Barney	Judge B.	Let's Make a Deal (N)	Family Jewels	General Hospital (N)	The Talk	The Doctors (N)	Steven and Chris (N)	Kid vs. Kat Super Evil	Off Record	Dr. Phil	Deadliest Catch	Suite/Deck	CityNews at 5 (N)	Auction	Gold Girls
3 PM	The Office	The Doctors (N)	Rob Robot	WordGirl	Ellen DeGeneres Show	Dr. Phil	Jewels	Rachael Ray	The Doctors (N)	Young & Restless	Recipes	SpongeBob	SportsCentre (N)	Anderson	Cash Cab	Life Derek	CityNews at 6 (N)	Auction	Restaurant Makeover
4 PM	Big Bang	Young & Restless	Arthur	Fetch! With Dr. Paws	Jdg Judy	The Dr. Oz Show (N)	Family Jewels	The Nate Berkus Show	Young & Restless	Early News	Mosque	SpongeBob	Hockey	Ellen DeGeneres Show	Daily Planet (N)	Phineas	The Biggest Loser (N)	Auction	Debt/Part
5 PM	Browns	News (N)	Hedgehog	News	News (N)	News	Family Jewels	News	Early News	(4:59) News Hour (N)	CBC News: Vancouver (N)	Parents	Hockey: Minnesota Wild at Ottawa Senators. (Live)	CTV News at Five (N)	Game	Wizards		Auction	3rd Rock
6 PM	Law Order: CI	Global Nat.	Parks	PBS News-Hour (N)	News (N)	KREM 2 News at 6 (N)	Family Jewels	News	(5:59) News Hour (N)	ET Canada		ICarly		CTV News (N)	Auction	Jessie	New Girl	Auction	3rd Rock
7 PM	Seinfeld	Ent	Hope for Wildlife	KSPS Election Special	Jeopardy!	Inside Ed.	Family Jewels	Ent	Ent	Parenthood "Nora" (N)		ICarly	SportsCentre (N) (Live)	etalk	Brothers	Shake It.	(7:01) Body of Proof (N)	Repo	Frasier
8 PM	Family Guy	NCIS (N) (DVS)	The Last Days	History Detectives (N)	The Biggest Loser (N)	NCIS (N) (DVS)	Family Jewels	Last Man Standing	NCIS (N) (DVS)	Glee	Mercer	ICarly		Flashpoint "Wild Card"	Daily Planet	Suite/Deck	News	Repo	Debt/Part
9 PM	Movie: "Match Point" (2005, Drama)	NCIS: Los Angeles (N)	The Story of the Third Wave	Frontline (N)		NCIS: Los Angeles (N)	Family Jewels	Dancing With the Stars	NCIS: Los Angeles (N)	NCIS: Los Angeles (N)	Michael Debaters	Funniest Home Videos	Auto Race Ride	Dancing With the Stars	Auction	Debra	Seinfeld	Auction	3rd Rock
10 PM		Parenthood "Nora" (N)	Women, War & Peace		Parenthood "Nora" (N)	Unforgettable (N)	Family Jewels	(10:01) Body of Proof	Parenthood "Nora" (N)	News Hour Final (N)	National	Home Imp.	SportsCentre (N)	(10:01) Unforgettable	Brothers	Princess	The Nate Berkus Show	Repo	3rd Rock
11 PM	Movie: "The Mist"	CHBC News Final (N)	Hope for Wildlife	Charlie Rose (N)	News (N)	News	Family Jewels	News	News Hour Final (N)	Ent	Stroumbouloupoulos	Laughs	SportsCentre	CTV News	Game	Ned's	Paid Prog.	MANews	Frasier

WEDNESDAY, OCTOBER 12, 2011

Table with 20 columns (WTBS ch.3 to TROP ch.45) and 24 rows (6 AM to 11 PM) showing TV schedules for Wednesday, October 12, 2011.

THURSDAY, OCTOBER 13, 2011

Table with 20 columns (WTBS ch.3 to TROP ch.45) and 24 rows (6 AM to 11 PM) showing TV schedules for Thursday, October 13, 2011.

Things Going On Around Town!



The second phase of the downtown sidewalk ramping project started last week. Two different corners show two different signs of progress on Bridge Street and Tapton Avenue. Photo: Brenda Engel



Princeton Secondary School teacher John Kitts, left, lets off some steam during a floor hockey game October 6th as part of the 'Jersey Day' event at the school. Photo: Kendra Krenn



Princeton Posse team captain Spencer Kristensen listens to the game officials October 7th. *



Princeton Posse's Brendan Colter takes a face-off in the October 7th game against Kelowna. *



Skating lessons are one of the many ways in which Princeton's Arena is used during the Winter. *



Adam Gullason, centre, watches the play develop during a floor hockey game at PSS Gym during 'Jersey Day' where students were to wear their favourite sports jersey to school. Photo: Kendra Krenn

Similkameen peaches ripen in the nick of time

As we say goodbye to the last vestiges of summer, we try to savour the last of the produce that makes the season so memorable.

Students participating in the BC School Fruit and Vegetable Nutritional Program (BCSFVNP) will have the good fortune to taste some of the last fruits of summer when they receive a delivery of fresh Similkameen peaches, which are on the program for the first time ever.

The peaches were supplied by Harkers Organics in Cawston, where 5th generation farmer Troy Harker and his crew worked to bring in some of the finest peaches BC has to offer. The packing of the fruit which took place earlier this month saw both the growers and the BCSFVNP breathe a sigh of relief that the schools would be getting their peaches.

With such a cool spring and delayed summer there was some anxiety that the fruit would not ripen.

"There's been a lot of tense evenings and sleepless nights," said Harker with mingled relief and excitement, "[but] we're overwhelmed with joy that we've accomplished it."

Troy and his crew worked tirelessly and managed to harvest and pack all the fruit in one day. It took a team of 18 packers, 14 pickers, 3

tractors and 2 forklifts to accomplish the job.

The fruit was shipped out last Friday October 7th, and has been delivered to the schools. A total of 1,903 cases of peaches were packed with 1,826 going to the program.

"The sizing was large this year," said Troy, "these peaches are beautiful [and] there are a lot of number ones."

Harker explained the whole process of harvesting and the ups and downs that come with being a farmer, and how it is important to adapt depending on the year. This time it worked out just in time for Harkers.

"We've been high fiving and hooting and hollering," said Troy, the relief evident in his voice, "my brain is mush right now, but this (getting the peaches harvested) is such a great feeling."

Harkers still has a ways to go for the rest of the season, with pears and apples beginning to ripen. There are always concerns for the well-being of the fruit, but for now the crew will celebrate their success of getting the fruit to schools with a bottle of champagne.

The BC Fruit and Vegetable Nutritional Program is one of the programs managed by BC Agriculture in the Classroom, a non-profit foundation working with educators through various pro-

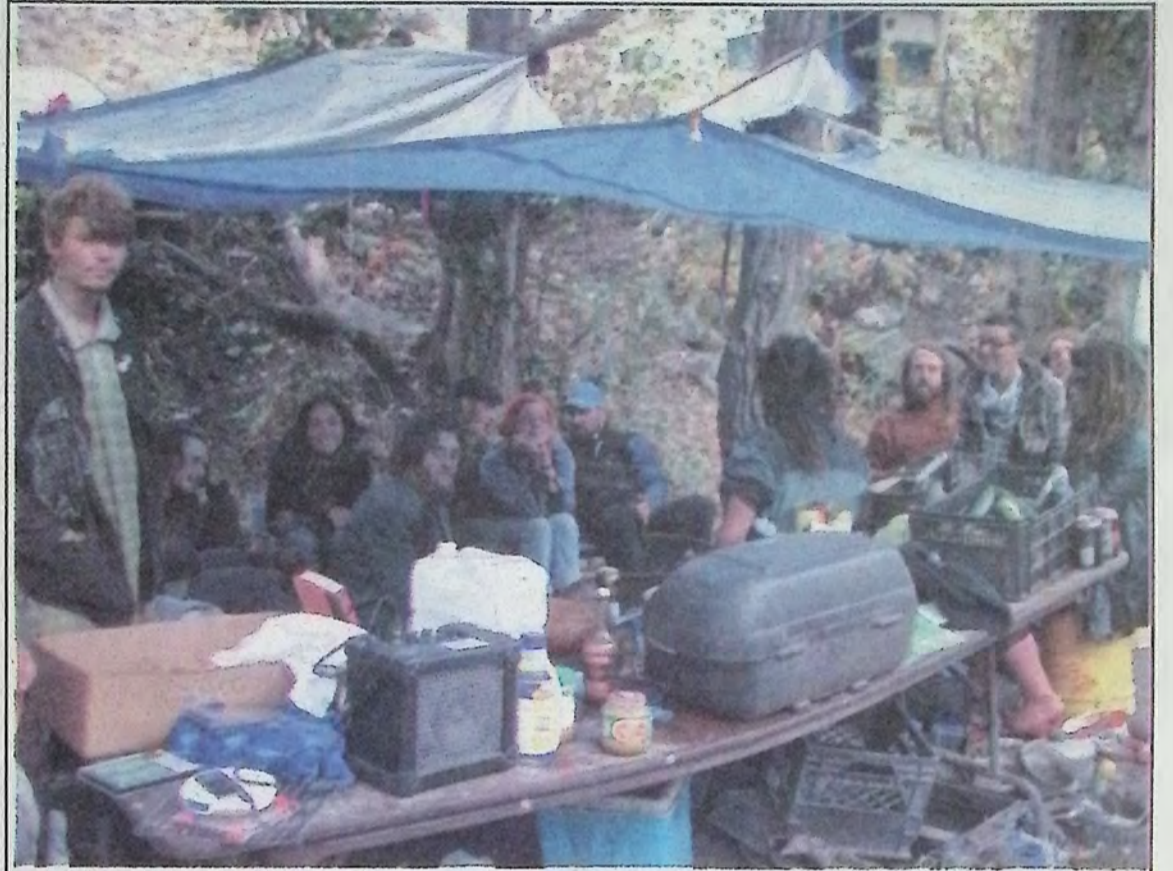
grams to bring BC's agriculture to their students.

The program is presented to BC K-12 public and First Nations schools

as part of Healthy Families BC with funding from the BC Ministry of Health.

The Foundation is managed by

Executive Director, Lindsay Babineau. For more about BCSFVNP, please review their website <http://www.aic.ca/bc/>. -submitted



These farm workers did not attend the meeting at Victory Hall October 5th but when asked, they said they agree that migrant farm workers are given second-class living conditions. The current farm workers' campground is just outside the Village of Keremeos boundaries. The seasonal campground offers camping spots, a dumpster and port-a-potties. The campground has no potable water, no electricity, no cooking facilities, no shower or bathing facilities, and no laundry facilities. It is slated to close in mid-October, even though local farmers may need pickers and labourers until the end of October or later. Photo: Arlene Arlow

FRIDAY, OCTOBER 14, 2011

	WTBS ch.3	CHBC ch.4	KNOW ch.5	KSPS ch.6	KHQ ch.7	KREM ch.8	A&E ch.9	KXLY ch.10	BCTV ch.11	CITV ch.12	CBC ch.13	YTV ch.18	TSN ch.19	VTV ch.22	DISC ch.24	FAM ch.26	CITY ch.29	SPIKE ch.44	TROP ch.45
6 AM	In the Heat of the Night	(5:30) Morning News (N)	Arthur	Bob Bulld	News (N)	KREM 2 Morning News	The Sopranos	News	(5:30) Morning News (N)	(4:30) Morning News	CBC News Now	Kid vs. Kat Super Evil	SportsCentre	Canada AM	Mayday	Henry's Franny	CityLine (N)	The Ultimate Fighter	TV-Torrens
7 AM	Cosby		Martha	Arthur (N)	Today Chris Kimball; Virginia G. Breen. (N)	The Early Show (N)	CSI: Miami	Good Morning America (N)			Turbo	Yu-Gi-Oh! Beyblade	SportsCentre		What's That About?	Phineas	The Nate Berkus Show	The Ultimate Fighter	Tracked
8 AM	Excused		Hi-5	Curlous			CSI: Miami "Kill Clause"			100 Huntley Street	Bo On/Go	Pokémon	SportsCentre		Myth-Busters	Hannah Phineas	Rachael Ray	The Ultimate Fighter	TV-Torrens
9 AM	Family Fd	100 Huntley Street	Garth-Bev	Super Why!		The 700 Club	Criminal Minds	Live With Regis & Kelly	100 Huntley Street	World Vision	Super Why! News	To School Berenstain	SportsCentre	Live With Regis & Kelly	Myth-Busters	Mickey Never Land	Access Hollywood Live	The Ultimate Fighter	Restaurant Makeover
10 AM	Millionaire	World Vision	Numbrjack	Sesame Street (EI)		The Price Is Right (N)	Criminal Minds	The View (N)	World Vision	Unsellable	Poko	Little Bear	Fish Flats	The View (N)	Mega Builders	Mickey Manny	The Chew	The Ultimate Fighter	Frasler
11 AM	Law Order: CI	Unsellable	Save Ums	Slid	The Doctors (N)	Young & Restless	Criminal Minds	Pald Prog.	Unsellable	Noon News Hour (N)	Animal	G. Shrinks	Triathlon	Marilyn Denis	Mayday	Suite Life	CityLine	The Ultimate Fighter	Gold Girls
12 PM	Amer. Dad	Noon News Hour (N)	Making WordWorld	Charlie Rose	Pald Prog.	News	Criminal Minds "P911"	The Chew	Noon News Hour (N)	Days of our Lives (N)	CBC News Now (N)	SpongeBob	World Poker Tour: Sea	etalk	Curiosity "I, Caveman"	Wizards	General Hospital (N)	The Ultimate Fighter	Roseanne
1 PM	King	Days of our Lives (N)	Doggy	Painting	Days of our Lives (N)	The Talk	Criminal Minds	One Life to Live (N)	Days of our Lives (N)	The Talk	Dragons' Den	Garfield	NFL Live (N) (Live)	The Dr. Oz Show (N)	Curiosity "I, Caveman"	Sonny Cory	Jdg Judy	James-Man	Raymond
2 PM	Browns	The Talk	Franklin	Barney	Turbo	Let's Make a Deal (N)	Criminal Minds	General Hospital (N)	The Talk	The Doctors (N)	Steven and Chris (N)	Kid vs. Kat Super Evil	Off Record	Dr. Phil	Myth-Busters	Suite/Deck	CityNews at 5 (N)	Jesse James-Man	Gold Girls
3 PM	The Office	The Doctors (N)	Rob Robot	WordGirl	Ellen DeGeneres Show	Dr. Phil	Criminal Minds	Rachael Ray	The Doctors (N)	Young & Restless	Recipes	SpongeBob	SportsCentre (N)	Anderson	Cash Cab	Life Derek	CityNews at 6 (N)	Jesse James-Man	Restaurant Makeover
4 PM	Big Bang	Young & Restless	Arthur	Blz Kid\$	Jdg Judy	The Dr. Oz Show (N)	Criminal Minds	The Nate Berkus Show	Young & Restless	Early News	Mosque	SpongeBob	Hockey	Ellen DeGeneres Show	Daily Planet (N)	Phineas	How I Met	DEA	TV-Torrens
5 PM	Browns	News (N)	Hedgehog	News	News (N)	News	Criminal Minds	News	Early News	(4:59) News Hour (N)	CBC News: Vancouver (N)	Parents	CFL Football: Calgary Stampeders at Toronto Argonauts. (Live)	CTV News at Five (N)	Natural Born Dealers	Wizards	Body of Proof	DEA	'70s Show
6 PM	Law Order: CI	Global Nat.	Parks	PBS News-Hour (N)	News (N)	KREM 2 News at 6 (N)	Criminal Minds	News	(5:59) News Hour (N)	ET Canada	Coronation Street (N)	Boys		CTV News (N)	Man vs. Wild (N)	Shake It Good Luck	Fringe "Subject 9" (N)	DEA	'70s Show
7 PM	Seinfeld	Ent	What's That About? (N)	Wash. Need	Jeopardy!	Inside Ed.	Criminal Minds	Ent	Ent	Bones	Jeopardy!	Victorious		etalk	Mayday	Jessie (N)	Mantracker	DEA	King
8 PM	Family Guy	A Gifted Man (N)	New Tricks (N)	The Guthrie Theater Presents	All Night Whitney	A Gifted Man (N)	Criminal Minds	Last Man Standing	A Gifted Man (N)	A Gifted Man (N)	Ron James Mercer	Victorious		SportsCentre (N) (Live)	All Night	Daily Planet	Movie: "Return to Halloween-town"	DEA	TV-Torrens
9 PM	Movie: ** "Miracle at St. Anna"	Bones	Silk (N)	H.M.S. Pinafore (N)	Dateline NBC (N)	CSI: NY (N)	(9:01) Criminal Minds	Family Suburg.	Bones	Ringer (N)	fifth estate	Victorious	That's Hockey 2 Nite	CSI: NY (N)	Man vs. Wild	Wingin' It	Seinfeld	DEA	'70s Show
10 PM	Movie: *** "Derek Luke, Michael Ealy"	Ringer (N)	Party Animals (N)	Bay Painter		Blue Bloods (N)	(10:01) Criminal Minds	20/20 (N)	Ringer (N)	News Hour Final (N)	National	Friday Night Lights	Formula One Racing	Blue Bloods (N)	Natural Born Dealers	"Mom's Got a Date-Vampire"	Frank the Entertainer	Movie: *** "Green Street Hooligans" (2005)	'70s Show
11 PM		CHBC News Final (N)	What's That About?	Charlie Rose (N)	News (N)	News	(11:01) Criminal Minds	Sports Nightline	News Hour Final (N)	Ent	Stroumbouloupolous	In Real Life	SportsCentre (N)	CTV News	Mayday	Brandy & Ray J	Brandy & Ray J	King	King

CARTER'S Sudoku Challenge

CREATED FOR THE NEWS LEADER BY CARTER BOSWELL

HOW TO PLAY:

Sudoku is a game of logic. There is no math involved. The object of the game is to fill the grid so that the numbers 1 through 9 appear only once in each row, column and 3 x 3 box. The numbers can appear in any order and Carter has left you some clues below.

CHALLENGE #372 - Rated Medium

	7	6		4		9	2	
4	8			1			6	3
			7		9			
	2						3	
5		3				6		1
	9						7	
			2		5			
	6			8				1
	3	4				2	5	

THIS WEEK'S SOLUTION:
Page 18

Carter's Sudoku Challenge grids, puzzles and solutions copyright 2011 Carter Boswell, Princeton, BC and published by Similkameen News Leader

Thursday Movies

EVENING

9:00 pm WTBS ch.3 "Metro" (1997, Action) Eddie Murphy. A hostage negotiator and a SWAT marksman track a psychotic jewel thief who killed a colleague.

11:00 pm WTBS ch.3 "The Ringer" (2005, Comedy) Johnny Knoxville. Special Olympians train a man, who is pretending to be mentally impaired, to go toe-to-toe with the hated champion of the games.

Friday Movies

EVENING

8:00 pm FAM ch.26 "Return to Halloweentown" (2006, Comedy) Sara Paxton. An 18-year-old witch must use magic to stop a devious plot to destroy Halloweentown. (In Stereo) (CC)
9:00 pm WTBS ch.3 "Miracle at St. Anna" (2008, War) Derek Luke. During World War II, members of an all-black unit become trapped behind enemy lines after saving the life of an

Italian boy.
10:00 pm FAM ch.26 "Mom's Got a Date With a Vampire" (2000, Comedy) Caroline Rhea. Two children set their mother up with a mysterious man, not realizing he may be one of the undead. (In Stereo) (CC)
Spike ch.44 "Green Street Hooligans" (2005, Drama) Elijah Wood. Premiere. A journalism student befriends a group of soccer fans who clash violently with rivals in the streets of London.

Saturday Movies

MORNING

10:00 am SPIKE ch.44 "Conan the Barbarian" (1982, Action) Arnold Schwarzenegger. Premiere. Pit fighter Conan sets out with a Mongol and a queen to take his father's sword from a snake king. (In Stereo)

AFTERNOON

12:00 pm FAM ch.26 "Halloweentown II: Kalabar's Revenge" (2001, Fantasy) Debbie Reynolds. Two witches try to stop a villain who wants to permanently transform trick-or-treaters into their costume characters. (In Stereo) (CC)
12:30 pm SPIKE ch.44 "Conan the Destroyer" (1984, Action) Arnold Schwarzenegger. An evil queen wants Conan to fetch a

jewel-encrusted horn that can awaken the dead. (In Stereo)

1:30 pm CITV ch.12 "Die Another Day" (2002, Action) Pierce Brosnan. Premiere. James Bond teams with a beautiful agent to battle a terrorist and a businessman bent on world domination. (CC)

2:30 pm CHBC ch.4 BCTV ch.11 "Die Another Day" (2002, Action) Pierce Brosnan. Premiere. James Bond teams with a beautiful agent to battle a terrorist and a businessman bent on world domination. (CC)

Spike ch.44 "Collateral Damage" (2002, Action) Arnold Schwarzenegger. Premiere. A Los Angeles firefighter travels to Colombia to find the terrorist who killed his wife and son. (In Stereo)
5:00 pm WTBS ch.3 "The X-

Files: Fight the Future" (1998, Science Fiction) David Duchovny. FBI agents Mulder and Scully probe events that may prove the existence of aliens on Earth.

Spike ch.44 "True Lies" (1994, Action) Arnold Schwarzenegger. A Washington wife discovers her computer-salesman husband is a spy out to stop nuclear terrorists. (In Stereo)

EVENING

6:00 pm CITY ch.29 "The Gambler, the Girl and the Gunslinger" (2009, Western) Dean Cain. A con man and a cowboy who share land must work together to fight a group of outlaws. (CC)

7:00 pm WTBS ch.3 "Master and Commander: The Far Side of the World" (2003, Adventure) Russell Crowe. In 1805 a British captain and his crew endure hardships while trying to prevent a French ship from reaching the Pacific Ocean.

8:00 pm KSPS ch.6 "The Nun's Story" (1959, Drama) Audrey Hepburn. The daughter of a Belgian surgeon enters a convent in hopes of serving God as a continued on Page 19

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Sunday Movies

MORNING

8:00 am WTBS ch.3 "Center Stage" (2000, Drama) Amanda Schull. Students at a dance academy strive to be the best while trying to survive the angst of their teen years.

10:00 am WTBS ch.3 "Crocodile Dundee in Los Angeles" (2001, Comedy) Paul Hogan. Mick and his girlfriend return to America and link the mysterious death of a reporter to a movie studio.

11:30 am SPIKE ch.44 "Collateral Damage" (2002, Action) Arnold Schwarzenegger. A Los Angeles firefighter travels to Colombia to find the terrorist who killed his wife and son. (In Stereo)

AFTERNOON

12:00 pm WTBS ch.3 "Are We There Yet?" (2005, Comedy) Ice Cube. Hoping to impress a beautiful divorcee, a man takes her two mischievous children on a disastrous road trip.

FAM ch.26 "Halloweentown High" (2004, Fantasy) Debbie Reynolds. Two witches protect a group of students from the legendary Knights of the Iron Dagger. (In Stereo) (CC)

2:00 pm CITV ch.12 "The Terminal" (2004, Comedy-Drama) Tom Hanks. Premiere. Unauthorized to enter the United States, an Eastern

European befriends a flight attendant while living in a New York airport. (CC)

Spike ch.44 "True Lies" (1994, Action) Arnold Schwarzenegger. A Washington wife discovers her computer-salesman husband is a spy out to stop nuclear terrorists. (In Stereo)

3:00 pm CHBC ch.4 BCTV ch.11 "The Terminal" (2004, Comedy-Drama) Tom Hanks. Unauthorized to enter the United States, an Eastern European befriends a flight attendant while living in a New York airport.

4:00 pm YTV ch.18 "The Dog Who Saved Halloween" (2011, Comedy) Gary Valentine. Premiere. A talking dog encounters a haunted house, a creepy neighbor and a scary canine. (In Stereo) (CC)

5:00 pm WTBS ch.3 "Rachel Getting Married" (2008, Comedy-Drama) Anne Hathaway. Long-simmering tensions bubble to the surface when a young woman who has been in and out of rehab returns home for her sister's wedding.
CBC ch.13 "G-Force" (2009, Action) Bill Nighy. Live action/animated. Armed with the latest high-tech spy equipment, a guinea pig and his team of highly trained rodents hold the fate of the world in their diminutive paws. (In Stereo)

(CC) Spike ch.44 "The Unborn" (2009, Horror) Odette Yustman. Premiere. With the help of a spiritualist, a woman uncovers a family curse dating back to Nazi Germany and involving a demonic spirit with the power to inhabit anything or anyone. (In Stereo)

EVENING

6:00 pm YTV ch.18 "Coraline" (2009, Fantasy) Voices of Dakota Fanning. Premiere. Animated. A girl finds a secret door in her new home and walks into an alternate reality that closely mirrors her own but, in many ways, is better. (In Stereo) (CC)

7:00 pm SPIKE ch.44 "The Last House on the Left" (2009, Horror) Tony Goldwyn. Premiere. After their daughter is assaulted and left for dead, a couple take revenge on the assailants, who have taken shelter at the couple's house. (In Stereo)

7:30 pm WTBS ch.3 "Rachel Getting Married" (2008, Comedy-Drama) Anne Hathaway. Long-simmering tensions bubble to the surface when a young woman who has been in and out of rehab returns home for her sister's wedding.

9:00 pm FAM ch.26 "Skyrunners" (2009, Science continued on Page 19

SATURDAY, OCTOBER 15, 2011

Table with 20 columns (WTBS ch.3 to TROP ch.45) and 24 rows (6 AM to 11:30 PM) listing TV programs and their corresponding channels.

SUNDAY, OCTOBER 16, 2011

Table with 20 columns (WTBS ch.3 to TROP ch.45) and 24 rows (6 AM to 11:30 PM) listing TV programs and their corresponding channels.

MONDAY, OCTOBER 17, 2011

	WTBS ch.3	CHBC ch.4	KNOW ch.5	KSPS ch.6	KHQ ch.7	KREM ch.8	A&E ch.9	KXLY ch.10	BCTV ch.11	CITY ch.12	CBC ch.13	YTV ch.18	TSN ch.19	VTV ch.22	DISC ch.24	FAM ch.26	CITY ch.29	SPIKE ch.44	TROP ch.45
6 AM	In the Heat of the Night	(5:30) Morning News (N)	Arthur O	Bob Build	News (N)	KREM 2 Morning News	Jewels	News	(5:30) Morning News (N)	(4:30) Morning News	CBC News Now	Kid vs. Kat Super Evil	SportsCentre	Canada AM	Mayday	Henry's Franny	CityLine (N)	Movie: ** The Chronicles of Riddick (2004) Vin Diesel	Puppy SOS
7 AM	Cosby		Martha	Arthur	Today (N)	The Early Show (N)	Jewels	Good Morning America (N)			Turbo	Redakai O	SportsCentre		Nerve Center	Phineas Sulta/Deck	The Nate Berkus Show		Instant
8 AM	Excused		Hi-5	Curious			Jewels		100 Huntley Street		Bo On/Go	Pokémon	SportsCentre		Mega Builders	Hannah Phineas	Rachael Ray O		TV-Torrans
9 AM	Family Fd	100 Huntley Street	Garth-Bev	Super Why!		The 700 Club	Jewels	Live With Regis & Kelly	100 Huntley Street	Operation Smile	Super Why! News	To School	SportsCentre	Live With Regis & Kelly	Myth-Busters	Mickey Never Land	Access Hollywood Live	Movie: ** Alien vs. Predator (2004) O	Restaurant Makeover
10 AM	Millionaire	Operation Smile	Numbrjack	Sesame Street (N)		The Price Is Right (N)	Jewels	The View (N)	Operation Smile	Unsellable	Poko	Little Bear	Rugby	The View (N)	Flying Wild Alaska	Mickey Manny	The Chew O		Frasier O
11 AM	Law Order: CI	Unsellable	Save Ums	Sid	The Doctors	Young & Restless	Jewels	Paid Prog.	Unsellable	Noon News Hour (N)	Animal	G. Shrinks		Marilyn Dens	License to Drill	Suite Life	CityLine	Movie: ** The Unborn (2009, Horror) O	Gold Girls
12 PM	Amer. Dad	Noon News Hour (N)	Making WordWorld	Charlie Rose O	Paid Prog.	News	Jewels	The Chew O	Noon News Hour (N)	Days of our Lives (N)	CBC News Now (N)	SpongeBob Rated A	NFL Prime-Time (N)	CTV News	Gold Rush: Alaska	Wizards Hannah	General Hospital (N)		Roseanne
1 PM	King	Days of our Lives (N)	Doggy	Paint This	Days of our Lives (N)	The Talk O	Family Jewels	One Life to Live (N)	Days of our Lives (N)	The Talk O	Dragons' Den O	Garfield	NFL Live (N) (Live)	The Dr. Oz Show	Sons	Sonny Cory	Jdg Judy		Raymond
2 PM	Browns	The Talk O	Franklin O	Barney	Willia's	Let's Make a Deal (N)	Family Jewels	General Hospital (N)	The Talk O	The Doctors	Steven and Chris (N)	Kid vs. Kat Super Evil	Off Record	Dr. Phil	American Chopper	Suite/Deck Ned's	CityNews at 5 (N)		Gold Girls
3 PM	The Office	The Doctors	Rob Robot	WordGirl	Ellen DeGeneres Show	Dr. Phil O	Family Jewels	Rachael Ray O	The Doctors	Young & Restless	Recipes Stefano	SpongeBob Sidekick	SportsCentre (N)	Anderson O	Cash Cab	Life Derek	CityNews at 6 (N)	Movie: ** The Last House on the Left (2009) O	Restaurant Makeover
4 PM	Big Bang	Young & Restless	Arthur O	Fetch! With Berenstain	Jdg Judy	The Dr. Oz Show	Family Jewels	The Nate Berkus Show	Young & Restless	Early News	Mosque	SpongeBob	Monday Night Countdown (N)	Ellen DeGeneres Show	Daily Planet (N)	Phineas	How I Met		Instant
5 PM	Browns	News (N)	Hedgehog	News	News (N)	News	Family Jewels	ABC News	Global Nat.	(4:59) News Hour (N)	CBC News: Vancouver (N)	Parents	NFL Football: Miami Dolphins at New York Jets. (N Subject to Blackout)	CTV News at Five (N)	Prank Sci Destroyed	Wizards Good Luck	Terra Nova (N)		King
6 PM	Law Order: CI	Global Nat.	Parks	PBS News-Hour (N)	News (N)	KREM 2 News at 6 (N)	Family Jewels	News	(5:59) News Hour (N)	ET Canada	Ent	ICarly	Big Time	CTV News (N)	Sons of Guns (N)	Suite/Deck Wizards	How I Met Broke Girl	Ways Die	King
7 PM	Seinfeld O	Ent	Be the Creature	Wait...	Jeopardy!	Inside Ed.	Jewels	Ent	Ent	Hawaii Five-0 (N)	Jeopardy!	In Real Life O		etalk	Dirty Jobs O	Shake It Good Luck	The Play-boy Club (N)	Ways Die	Friends O
8 PM	Family Guy	NCIS "Safe Harbor" (N)	Civilization-History?	Antiques Roadshow	The Sing-Off The remaining groups perform. (N)	How I Met Broke Girl	Family Jewels	Dancing With the Stars (N Same-day Tape)	NCIS "Safe Harbor" (N)	NCIS "Safe Harbor" (N)	Blades	ICarly	InSecurity	SportsCentre (N)	Dancing With the Stars (N Same-day Tape)	ANT Farm	News	Ways Die	Instant
9 PM	Movie: ** "Murder at 1600" (1997)	House "Charity Case"	Karsh Is History	Antiques Roadshow		Two Men Mike	Family Jewels	House "Charity Case"	House "Charity Case"	Being Erica (N)	Funnlest Home Videos	Hockey		Frank Sci Destroyed	Wingin' It	Seinfeld O	Seinfeld O	Movie: ** The Chronicles of Riddick (2004) Vin Diesel	King
10 PM		Hawaii Five-0 (N)	Snapshot Vertical	Craft in America (N)	The Play-boy Club (N)	Hawaii Five-0 (N)	Family Jewels	(10:01) Castle (N)	Hawaii Five-0 (N)	News Hour Final (N)	National	Home Imp.	SportsCentre (N)	(10:01) Castle (N)	Dirty Jobs O	Princess So Raven	The Nate Berkus Show		King
11 PM	"Murder at 1600"	CHBC News Final (N)	For King and Country	Charlie Rose (N)	News (N)	News	Jewels	News	News Hour Final (N)	Ent	Stroumbouloupoulos	Laughs	SportsCentre	CTV News	Sons of Guns	Ned's Zoey 101	Paid Prog.	Surviving Disaster O	Friends O

Monday Movies

MORNING

6:00 am SPIKE ch.44 "The Chronicles of Riddick" (2004, Science Fiction) Vin Diesel. On the run from mercenaries, a fugitive lands on a planet endangered by an invading ruler and his bloodthirsty army. (In Stereo)

8:30 am SPIKE ch.44 "Alien vs. Predator" (2004, Science Fiction) Sanaa Lathan. Members of an expedition discover two vicious extraterrestrial species dueling to the death in the Antarctic. (In Stereo)

10:30 am SPIKE ch.44 "The Unborn" (2009, Horror) Odette Yustman. With the help of a spiritualist, a woman uncovers a family curse dating back to Nazi Germany and involving a demonic spirit with the power to inhabit anything or anyone. (In Stereo)

AFTERNOON

12:30 pm SPIKE ch.44 "The Last House on the Left" (2009, Horror) Tony Goldwyn. After their daughter is assaulted and left for dead, a couple take revenge on the assailants, who have taken shelter at the couple's house. (In Stereo)

3:30 pm SPIKE ch.44 "The Last House on the Left" (2009, Horror) Tony Goldwyn. After their daughter is assaulted and left for dead, a couple take revenge on the assailants, who have taken shelter at the couple's house. (In Stereo)

EVENING

8:30 pm SPIKE ch.44 "The Chronicles of Riddick" (2004, Science Fiction) Vin Diesel. On the run from mercenaries, a fugitive lands on a planet endangered by an invading ruler and his bloodthirsty army. (In Stereo)

9:00 pm WTBS ch.3 "Murder at 1600" (1997, Suspense) Wesley Snipes. A homicide detective and a Secret Service agent investigate a secretary's murder in the White House.

11:00 pm WTBS ch.3 "Murder at 1600" (1997, Suspense) Wesley Snipes. A homicide detective and a Secret Service agent investigate a secretary's murder in the White House.

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in memoriam



Ann Mandich

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and by the
Ladies of the Order of the Eastern Star

in memoriam

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571 Auburn, 3-bedroom, 2-bath, \$800/month. Call Heather or Lisa, Century 21 Princeton Realty 250.295.6977. Oct 04-18

Bachelor suite in downtown Princeton. Includes electricity and heat and furnished \$450.00 per month. Must have excellent references. Prefer non-smoker and NO PETS and must be quiet and clean. Available October 1st. Call 604.484.2783 and leave a message with best time to call back. Oct 11-25

Like-new home on acreage, ground floor suite, 2-bedrooms plus den, Jacuzzi tub, gas fireplace, laundry, dishwasher, all appliances and utilities included. Asking \$750.00 per month. Available immediately. Call 250.295.3966. Oct 11-25

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2-level, 3-bedroom house downtown. New appliances, large rooms. Walking distance to everything. \$1,000.00/month with references required. Available October 1st. Call 604.322.4091 or e-mail sandbar37@hotmail.com. Oct 11

1-bedroom house on Angela Avenue. Asking \$750.00 per month plus utilities. Available November 1st. Contact Heather Johnson, Century 21 Princeton Realty 250.295.6977 or 250.295.8591. Oct 11

2-bedroom 1983 mobile home in Deblyn MHP. Clean, deck and covered porch, new furnace and fridge. Asking \$600.00 per month plus utilities. Call 250.295.3783. Oct 11-25

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lost

A Loom—LeClerc counter balance, 4 harness with bench. Loaned out initially to a lady at Deblyn MHP, re-loaned without owner's knowledge, person may have since passed away. Reward for information leading to the recovery of loom to its rightful owner Lorraine Lance. Please call 250.292.8572. Sep 27-Oct 11

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CARTER'S Sudoku Challenge
SOLUTIONS TO PUZZLES ON PAGE 14

CHALLENGE #372

176	348	925
489	512	763
352	769	148
728	196	534
543	827	691
691	453	872
917	235	486
265	984	317
834	671	254

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- Take customers' orders
- Prepare food such as sandwiches, hamburgers, salads, milkshakes and ice cream dishes
- Portion and wrap food or place it directly on plates for service to patrons, and package take-out food
- Serve customers at counters
- Stock refrigerators and salad bars and keep records of the quantities of food used
- May receive payment for food items purchased.

Permanent, Full Time, Shift, Weekend, Day, Evening

\$10.46 Hourly, for 40.00 Hours per week

Some high school education needed
No experience needed-employer will train

How to Apply;

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Similkameen
News Leader - Recipe Corner
Recipe #393

Chicken with Mushrooms
(AND BLACK BEAN SAUCE)

Prep: 10 minutes / Cooking: 10-15 minutes

- 2 tbsp vegetable oil
- 2 chicken breast fillets, sliced
- 2 cloves garlic, peeled and crushed
- 5cm piece root ginger, peeled and grated
- 350g portabella mushrooms, halved
- 4 green onions, trimmed
- 200g baby bok choy, trimmed
- 4 tbsp Chinese cooking wine
- 4 tbsp black bean sauce
- rice or noodles to serve

Heat the oil in a wok or large frying pan, add the chicken and stir fry over a high heat for 5 mins or until pale golden. Add the garlic, ginger and mushrooms and stir fry for 3-4 mins.

Cut the spring onions in half lengthways then each into 4cm lengths; cut the pak choy in half lengthways. Add the onions and bok choy to the pan along with the wine and black beans sauce. Stir fry for 2-3 mins or until the bok choy stems are tender. Serve immediately with rice or noodles.

Calories 174, Protein 20.7g, Carbohydrate 4.5g, Fat 7.2g, Saturated Fat 1.1g, Fibre 1.5g, Salt 1.34g

For more recipe ideas visit Mushrooms Canada at www.mushrooms.ca.
www.newscanada.com

If you have a favourite recipe you would like to share, contact us for details!
226A Bridge Street, Princeton

Weekend Movies

SATURDAY MOVIES

..... continued from Page 14

nursing nun in the Congo. (In Stereo) (CC)
 YTV ch.18 "A Cinderella Story" (2004, Romance-Comedy) Hilary Duff. A teenager with a wicked stepmother develops an online relationship with a popular high-school quarterback. (In Stereo) (CC)
 SPIKE ch.44 "Eraser" (1996, Action) Arnold Schwarzenegger. A Witness Protection Program agent hides a woman who knows about defense-field traitors planning to sell a superweapon. (In Stereo)
 9:00 pm FAM ch.26 "Don't Look Under the Bed" (1999,

Fantasy) Erin Chambers. A logical girl must accept help from an imaginary friend to defeat a boogeyman that is framing her for community pranks. (In Stereo) (CC)
 CITY ch.29 "Eyes Wide Shut" (1999, Drama) Tom Cruise. A doctor explores his relationship with his wife by delving into a sensual underworld. (CC)
 9:30 pm WTBS ch.3 "Election" (1999, Comedy) Matthew Broderick. When a school's goody-two-shoes runs for class president, a teacher/adviser schemes to keep her from winning.
 10:30 pm SPIKE ch.44 "Conan the Destroyer" (1984, Action) Arnold Schwarzenegger. An evil queen wants Conan to fetch a

jewel-encrusted horn that can awaken the dead. (In Stereo)
 10:32 pm FAM ch.26 "Minor Details" (2009, Comedy) Kelsey Edwards. Four girls join forces to find a solution to a mysterious illness that has befallen students and faculty at their school. (In Stereo) (CC)
 11:10 pm KXLY ch.10 "Miracle at St. Anna" (2008, War) Derek Luke. During World War II, members of an all-black unit become trapped behind enemy lines after saving the life of an Italian boy.
 11:30 pm WTBS ch.3 "Election" (1999, Comedy) Matthew Broderick. When a school's goody-two-shoes runs for class president, a teacher/adviser schemes to keep her from win-

ning.

SUNDAY MOVIES

..... continued from Page 14

Fiction) Kelly Blatz. A teen and his younger brother uncover an extraterrestrial plot against Earth. (In Stereo) (CC)
 CITY ch.29 "Eyes Wide Shut" (1999, Drama) Tom Cruise. A doctor explores his relationship with his wife by delving into a sensual underworld. (CC)
 9:30 pm SPIKE ch.44 "Grindhouse Presents: Planet Terror" (2007, Horror) Rose

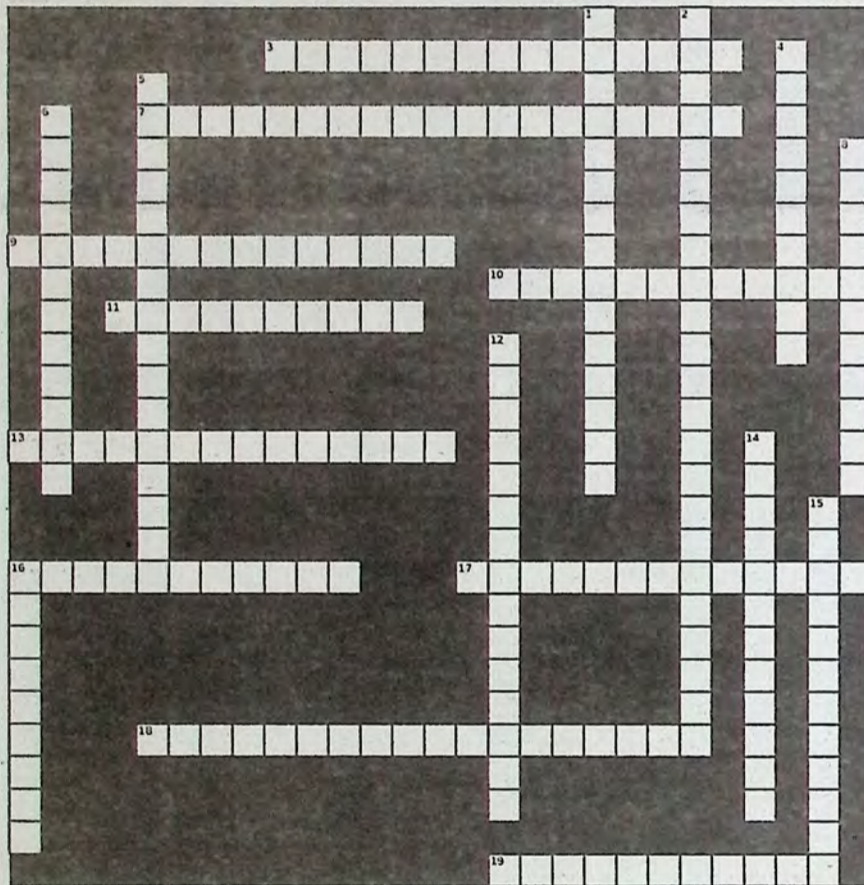
McGowan. A one-legged go-go dancer and her ex-lover join forces with other survivors to battle a horde of flesh-eating zombies invading their Texas town. (In Stereo)
 10:31 pm FAM ch.26 "Johnny Kapahala: Back on Board" (2007, Comedy) Brandon Baker. A snowboarder from Vermont goes to Hawaii for the wedding of his grandfather, a legendary surfer. (In Stereo) (CC)

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News Leader Puzzler

Use the October 4th News Leader to find Answers Below...



- Across**
- 3 Where does the Rock & Fossil Club hold their monthly meetings?
 - 7 Name the October 1st celebration hosted at Harkers Organics.
 - 9 Name another one of the DQ Filipinos.
 - 10 Who chaired the Princeton Community Services AGM?
 - 11 Name the former Princeton girl on the front of the Shelter Bombshells Calendar.
 - 13 He led the band at the Ocktoberfest event in Keremeos October 1st.
 - 16 Name another variety of Heirloom Tomatoes.
 - 17 Name one of the DQ Filipinos.
 - 18 Energy Rebates 101 is a program of what utility department?
 - 19 Who was elected to another term on the Princeton Community Services Board?

- Down**
- 1 Princeton Posse lost to this KIJHL team September 30th.
 - 2 The OFI in OFIBC.
 - 4 These apples are huge.
 - 5 Name the Grade 7 teacher with students who 'made a difference.'
 - 6 The company developing property at Treasure Mountain.
 - 8 Who joined the Princeton Community Services Board for the first time?
 - 12 Princeton Posse beat this KIJHL team 11-1.
 - 14 He wants to be Mayor of the Village of Keremeos.
 - 15 Name a variety of Heirloom Tomatoes.
 - 16 If you belong to the Princeton Rock & Fossil Club you could be one of these.

News Leader

PUZZLER #34
 Copyright 2011 - Brenda Engel

Princeton Posse 2011/12 Clip 'n' Save Game Schedule

News Leader

Date	Time	Away	Home
Exhibition			
Sun Sep 4	1:00 PM	T - Squamish 3	Princeton 3
Wed Sep 7	7:00 PM	L - Osoyoos 5	Princeton 3
Fri Sep 9	7:35 PM	L - Princeton 4	Osoyoos 6
Sat Sep 10	7:00 PM	W - Summerland 6	Princeton 7
Wed Sep 14	7:00 PM	W - Princeton 4	Penticton 2
Regular Season			
Fri Sep 16	7:00 PM	W - Spokane 5	Princeton 6
Sat Sep 17	7:00 PM	L - Princeton 5	Penticton 6 OT
Fri Sep 23	7:35 PM	L - Princeton 2	Osoyoos 6
Sat Sep 24	7:00 PM	W - Princeton 5	Summerland 3
Fri Sep 30	7:00 PM	L - Penticton 5	Princeton 2
Sat Oct 1	7:00 PM	W - Summerland 1	Princeton 11
Fri Oct 7	7:00 PM	Kelowna @	Princeton
Sat Oct 8	7:00 PM	Princeton @	Summerland
Fri Oct 14	7:00 PM	Princeton @	Kelowna
Sat Oct 15	7:00 PM	N Okanagan @	Princeton
Fri Oct 21	7:35 PM	Princeton @	Osoyoos
Fri Oct 28	7:00 PM	Osoyoos @	Princeton
Sat Oct 29	7:00 PM	Summerland @	Princeton
Sun Oct 30	7:00 PM	Princeton @	Kelowna
Fri Nov 4	7:00 PM	Nelson @	Princeton
Sat Nov 5	7:00 PM	Princeton @	Revelstoke
Sun Nov 6	2:00 PM	Princeton @	Chase
Fri Nov 11	7:00 PM	Castlegar @	Princeton
Sat Nov 12	7:00 PM	Beaver Valley @	Princeton
Wed Nov 16	7:00 PM	Kelowna @	Princeton
Fri Nov 18	7:00 PM	Osoyoos @	Princeton
Sat Nov 19	7:00 PM	Princeton @	Kamloops
Fri Nov 25	7:00 PM	Princeton @	Penticton
Sat Nov 26	7:00 PM	Princeton @	Kelowna
Tue Nov 29	7:00 PM	Summerland @	Princeton
Fri Dec 2	7:30 PM	Princeton @	Castlegar
Sat Dec 3	7:00 PM	Princeton @	Spokane
Sun Dec 4	2:00 PM	Princeton @	Grand Forks
Fri Dec 9	7:00 PM	Grand Forks @	Princeton
Sat Dec 10	2:00 PM	Revelstoke @	Princeton
Wed Dec 14	1:00 PM	Summerland @	Princeton
Fri Dec 16	7:00 PM	Kamloops @	Princeton
Sat Dec 17	7:00 PM	Penticton @	Princeton
Sun Dec 18	2:00 PM	Kelowna @	Princeton
Sun Jan 1	2:00 PM	Osoyoos @	Princeton
Fri Jan 6	7:00 PM	Princeton @	Nelson
Sat Jan 7	7:30 PM	Princeton @	Beaver Valley
Wed Jan 11	7:00 PM	Penticton @	Princeton
Fri Jan 13	7:00 PM	Princeton @	Kelowna
Wed Jan 18	7:35 PM	Princeton @	Osoyoos
Fri Jan 20	7:00 PM	Sicamous @	Princeton
Sat Jan 21	7:00 PM	Osoyoos @	Princeton
Fri Jan 27	7:00 PM	Princeton @	Sicamous
Sat Jan 28	7:00 PM	Princeton @	Penticton
Wed Feb 1	7:00 PM	Princeton @	Penticton
Fri Feb 3	7:00 PM	Princeton @	Summerland
Sat Feb 4	7:00 PM	Chase @	Princeton
Fri Feb 10	7:00 PM	Princeton @	N Okanagan
Sat Feb 11	7:35 PM	Princeton @	Osoyoos
Tue Feb 14	7:00 PM	Kelowna @	Princeton
Fri Feb 17	7:00 PM	Penticton @	Princeton



Editorial Page News Leader

Similkameen News Leader, 226A Bridge Street, PO Box 956, Princeton, BC V0X 1W0

My Turn...

October Gets Me Thinking

While I am not a huge fan of cooler weather, October is a significant month for me.

It was in October of 1978 I started my career in the media industry starting with broadcasting and eventually moving into print.

I have a lot of stories to tell about many former co-workers over the past thirty-three years, as I'm sure there are as many stories about myself locked in memories of those I have had the pleasure (or misfortune) of working with at one time or other over the years.

In actual fact, the only stories I can remember stem from good times and happy experiences.

October also marks another anniversary for me and this year I think it's a big one.

It was twenty-five years ago that I moved to Princeton.

At the time the going joke was that you were only considered local if you were born here, had married a local or someone with family here or had lived in the area twenty-five years or more.

Since I only just qualify on the last part of the criteria I can tell you it's great to finally be able to say I'm a local!

There have been a lot of changes in the past twenty-five years in and around Princeton and the history of the community (and region) prior to that shows many ups and downs but for some reason the community always survived.

That's an interesting thing to keep in mind as we enter another phase of the history of Princeton (and area) with the copper mine in operation and municipal elections on the horizon.

What are the big issues facing you and me in the next three years?

I have to lean towards health care as being a big one, which includes the local hospital, doctors and everything, connected in-between.

It's also an issue we need to remember is not just a Princeton issue, either.

The answer is not entirely built on "how do we attract doctors to Princeton?" It's a lot closer to "how do we attract doctors to rural British Columbia?"

I have pointed my finger at the regionalization of health services as the beginning of the end, but I have since learned that my target is only part of the problem.

As I enter my twenty-fifth year in Princeton my concerns have shifted slightly from things I want in my community to things I need.

If you do the same I'm sure the future of local health care services will also end up high on your personal list of needs canceling out a few of your wants.



There's a lot more than just hockey that takes place at Princeton Arena. Last week we found Figure Skating Coach Janelle Morcombe, left, teaching ladies skating lessons prior to a Posse home game. *

...Your Turn

Joe Back Strokes Through Issue

To The Editor;

So much heat was added to our heat wave by our aquatic centre referendum debate that U.S. V.P. Al Gore feared for a global meltdown and searched the planet to find out where Princeton B.C. was.

They don't know their geography until it's bombed and of course the referendum "bombed"!!!!

The aquatic centre is a very good idea and will materialize when the funds are felt available and the operational costs reasonable. Consider, 1,500 citizens didn't vote so obviously they would accept a tax increase (a silent yes vote?).

We have a class library, museum, live theatre, golf course, arena, town works crew, service clubs, etc. all with class people. Imagine what an aquatic centre would add. Not everyone makes use of each service but together they make Princeton already situated in a year

round wonderland an attractive, enviable place to live and remain, especially for doctors, health care personnel, lab and X-ray technicians, etc. and their partners.

Consider the million dollar 'Bridge Of Dreams.' It came about by an idea, plan, work and perseverance. The aquatic committee -- and those of past years -- be grateful and happy for the constructive criticism and challenge and carry on. Start a construction fund.

There will be an endless host of ideas, "run," "walk," "tube," "swim," "dunk," "gold pan," for funds. Why not initiate a new health-type fundraiser, a "Waddle Fest." A waddle competition from the tunnel to the Bridge Of Dreams where our excessive weight would be water under the bridge.

Or go the daring route.

Sell the million dollar dream bridge at a profit and replace it with

a "volunteer" ingenious Tulameen-Otter Lake heritage bridge.

Or place the dream bridge with its striking green bras-style bonnet and unique form and construction on wooden wheels, harness it to a legion of water park Marmots and load it with kegs of Cawston wine, adorned with Princeton Mermaids.

They, performing at events such as B.C. Lions football, etc. at B.C. Place or Canucks games would be a financial gold mine. Much like Budweiser Beer does with its Clydesdale horses, wagon and coach.

It's "Turtle Time." The aquatic committee deserves a breather, then for the sake of the town, take the "turtle" as it's emblem and mentor and inch on. The shell will shield the tough stuff. You're in the right direction. A real Princeton aquatic turtle -- or it's replica -- could be in hot demand by the tourists and money maker.

Meanwhile with shower cap, flippers, Cooper's Foods flyer, balony sandwich and Lawrence Welk CD, its back to the bath tub. No rubber duck -- it's hunting season !!

- Joe Schwarz, Princeton

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EDITORIAL GUIDE

We would like you to write to us, but please remember to abide by anti-discrimination laws. The News Leader reserves the right to refuse to print any letter which is not signed by the writer or is slanderous, libelous or of uncommon sense. The Editor reserves the right to condense any letter or to substitute proper language for improper language.



Similkameen
News Leader

WE'RE DIFFERENT, AND WE LIKE THAT.

Current Comment

There Is A Tide In World Affairs



Dawn Johnson
editor@thenewsleader.ca

Shakespeare wrote about there being a "tide in the affairs of man" which may lead to fortune. I don't know where the current tide may lead, but there is a big tide out there in the affairs of man, and it is going to have an effect.

Young people, those in their twenties and early thirties, are changing our world. They are doing it via iPhones and YouTube, but they are making the tide into a tidal wave world-wide. You will recall Arab Spring, and WikiLeaks, and the uproar in Greece and Spain. There is more to it. There is a revolution going on.

In many ways, this revolution reminds me of the Sixties. Young people with good educations cannot find jobs, even in the industrialized nations that promised them success if they would educate themselves. These same people are really good with computers and computer communications devices. They are spreading the word about what is wrong with our world, and they are doing it through the medium we call the Net.

Computer networking is not new anymore, but these young people are putting it to use in a new way. They are telling the truth about what is really going on in our world, the truth we are not seeing on television and just a little bit in newspapers. They do not need television or newspapers to spread their message. They have a site called Anonymous on YouTube and they send sound bites and photos around the world in every language. This is what the new technology allows them to do, and they have many "authorities" worried.

Because the technology provides almost instant communication, the people who follow what is going on can pick up one of the transmit-

ted clips, save it on their own equipment and then send it out to everybody they know (going viral). In a way, it is like a virus, like the common cold, one or two people get it, and they spread it to everyone with whom they have contact.

These young adults are staging peaceful demonstrations everywhere in the world, including the longstanding "Occupy Wall Street" movement in which they fill up Wall Street in protest against the manipulation of the stock market and the excessive influence of banks.

As in the peaceful protests in the United States during the 1960's, the "authorities" appear to be in conflict with these groups, despite support from celebrities and some powerful union people. The protesters are orderly and law-abiding, not a mob, but they worry police and the people who control the police. There is something about exposing the truth, or the unfairness, of a system that really seems to threaten people.

The protest will be felt in Canada. These young adults do not want any North American Union nor any economic links to the European Union which threaten the sovereignty of Canada. They are sending messages everywhere to everyone who goes to the site and goes viral.

Frankly, I welcome their action. It is time for people to once again stand up for what they believe is right, and time to ask those in power to be accountable to people who vote. There is too much elitism in our system these days, too much of the world's wealth going to just a few, and too many regulations which seem to have no purpose but to limit the freedom of those who have no wealth and power.

I think the world is going to change because of people's ability to tell it like it is, and tell it everywhere, and in every language. This is all good if the purpose is good, but the same technology can be used to spread untruth. Each of us must be the final judge of what we are prepared to believe.

RCMP need your help

Princeton RCMP report on September 29th at about 4:15 PM a male was observed masturbating in his vehicle while it was parked on Bridge Street in front of the Cenotaph in downtown Princeton.

The vehicle was described as an older model dark green Jeep with BC plates with possibly the letters CTJ on them - but possibly not in that order.

The male suspect was described

as a balding Caucasian in his 40s or 50s with a 'beer belly' and a reddish complexion.

Princeton RCMP request your help in trying to identify either the suspect or the vehicle.

If you saw this person, or know who it is, you are asked to contact Princeton RCMP at 250.295.6911 or you can call in an anonymous tip to CrimeStoppers at 1-800-222-8477 (TIPS).

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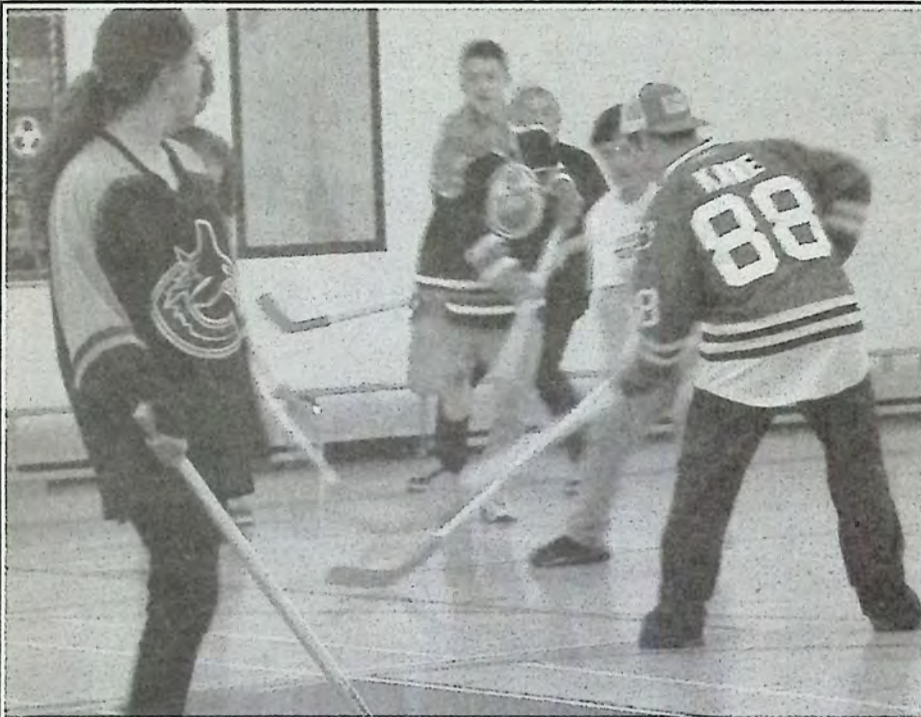
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AND NOW...A LITTLE GOOD NEWS!

"The steadfast love of the Lord never ceases; His mercies never come to an end; they are new every morning; great is your faithfulness."

- Lamentations 3:22-23

Around The Similkameen!



Princeton Arena isn't the only place you can catch hockey in Princeton. PSS Gym featured a game or two during 'Jersey Day' October 6th. Photo: Kendra Krenn



Princeton Posse's Adrian Coulter (#4) deep in thought before a game last week. *



Cawston's Alysha Harker spent Thanksgiving Weekend expecting her first baby! *



We're not sure who picked the teams or the equipment, but it looked like a lot of fun. Floor hockey at PSS Gym as part of October 6th 'Jersey Day' at the school. Photo: Kendra Krenn



His name is Bond, Kurtis Bond and he plays for Princeton Posse. *



How cool is this? On her last night in Princeton Taylor Kostiuk got to take the Olympia Ice Resurfacing Machine for a spin on the ice at Princeton Arena. She had a blast! *



Here's a visitor many residents would rather not find in their garden these days. *

RDOS adds to recycling program

Programs for the free drop off of small appliances and smoke detectors started across BC on October 1st. Residents can now take back a wide array of small home electric appliances for free recycling. Items include end of life microwaves, irons, blenders, electric shavers, bath room scales and vacuum cleaners. Old smoke and carbon monoxide detectors can also be recycled for free when replaced.

The small appliance recycling program, called Unplugged, is run by the Canadian Electrical Stewardship Organization. The program is supported by eco-fees from the purchase of new appliances. Unplugged accepts more than 120 small electrical appliances, ranging in size from electric toothbrushes to countertop microwave ovens. Products are divided into categories including: kitchen countertop, time measurement, weight measurement, garment care, air treatment, floor care and personal care.

Items that aren't currently covered

Curling season begins!

Mixed Curling starts on Friday or Thursday Nights and on Thursday "Day" League. Princeton Curling starts this month, in our newly sided and painted building.

Come and join the fun. AGM is Tuesday, October 18th at the Curling Rink. Registrations will be taken then or give a call to one of our League coordinators.

Leagues will begin October 24th, and lessons are available on request. Check our new website at www.princetoncurlingclub.com.

by the program include large appliances such as stoves, power tools such as drills, outdoor appliances such as lawn mowers and industrial equipment. These types of appliances are slated to be fully recyclable sometime next year.

The smoke and carbon monoxide detector recycling program is called Alarm Recycle.

Residents can now take back small appliances, smoke detectors and carbon monoxide detectors to the J&C Bottle Depot in Penticton, the Osoyoos Bottle Depot, the Campbell Mountain Landfill, the Oliver Landfill, the Okanagan Falls Landfill and the Keremeos Landfill.

Doug French, RDOS Public Works Manager, is excited about this ground breaking program but expects some initial confusion on

what is accepted and where to take items.

"Essentially any small kitchen, bathroom or house cleaning appliance with plugs or batteries can be recycled at registered depots for free," explains French.

"There are some exceptions so we advise residents to contact the Recycling Council of BC or the RDOS if they need more information."

To contact the Recycling Council of BC call toll free 1-800-667-4321. The RDOS Solid Waste Department can be reached at 250.490.4129, toll free 1-877-610-3737 ext. 4129 or e-mail info@rdos.bc.ca. The small appliance program website is www.unpluggedrecycling.ca and the smoke detector website is located at www.productcare.org.

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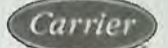
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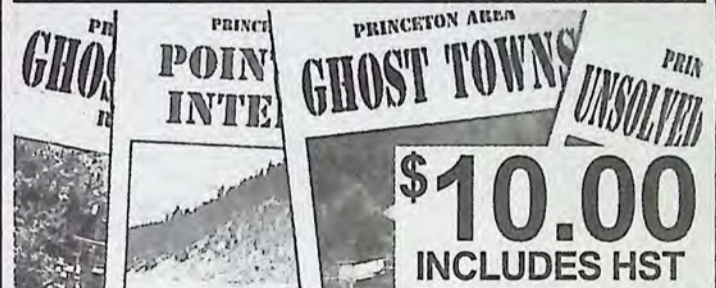
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News Leader

226A Bridge Street, Princeton

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AVAILABLE AT:

Similkameen News Leader



NICOLA VALLEY AQUATIC CENTRE
378 - 6662

Monday/Wednesday/Friday
12:00-12:45pm
Regular Admission

Beginner Aqua-Fit

Learn pain free exercises to target cardiovascular training, functional fitness, balance and flexibility training at a low intensity level. Going at your own pace is always recommended.

Tuesday/Thursday
7:15-8:00pm
Regular Admission

Aqua-Advanced

Aqua Advanced will benefit the cardiovascular system, reducing cholesterol and positively influencing muscle tone.

Masters Swimming

Masters Swimming provides an excellent opportunity to improve swimming skills and stamina. The Masters Swimming program is focused on providing all swimmers, beginners to advanced, the knowledge and skills to help them master various strokes and techniques to improve their swimming ability.

Monday/Wednesday
6:00-7pm
Regular Admission

Aqua-Therapy
Physiotherapy in the Water

Tired of the long waits just to get a physio appointment? Don't worry the HVAC is here to help!

We have found a registered physiotherapist for water therapy. Get the great effects of physio in a stress free environment that allows you to get all the benefits.

To Register or For More information,
Please Call The Nicola Valley Aquatic Centre
at 250.378.6662

Minnow and Me
Fitness and fun for mom and baby!

Friday, October 21 - November 25,
(No Class on November 11, 2011)
10:30 - 11:30am
Cost: \$30.00

Ease back into fitness and introduce your baby to the water. Give your child the gift of aquatic fun and swimming at an early age.

Brenda Crawford



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19 Waterfront Avenue



NEW!

19 Waterfront Avenue AND 25 Bar Street - this fabulous 2-bedroom house is well maintained with a huge yard and the bonus of an extra lot with it's own title and cabin. This home is located on the quiet street of Waterfront across from the Similkameen River. Enjoy the mountain view, Trans-Canada Trail and peace!
MLS © 133649 \$199,998

15 Veterans Avenue



NEW PRICE!

Nestled among the orchards with easy access to Highway 3, this newly-built 3-bedroom, 2-bathroom home is completely finished for you, all you need to do is give directions to the moving van! The pride in workmanship shows from the 9-foot ceilings with crown mouldings right down to the front and backyard irrigation.
MLS © 130701 \$329,000

299 Vernon Avenue



NEW!

This very solid older home located near the heart of town has only had two different owners! The maintenance has all been kept up with a new high efficiency furnace (2003), hot water tank (2001) and asphalt shingle roof (in the last 10 years). Even the windows have been upgraded in this 3-bedroom, single bathroom home. MLS © 131501 \$264,900

5824 Lambly Street



Enjoy the peace and serenity of historic Hedley and all that the Similkameen Valley offers - rivers, mountains, lakes, fruit farms and vineyards, while one part of this duplex helps pay your mortgage or provides a great mother-in-law suite! Many updates including heat pump and furnace in 2008, new flooring and updated electrical.
MLS © 130901 \$282,300

703 Highway 3



A Dream Come True! Imagine yourself on 10 lovely, landscaped acres with a beautiful, warm and spacious log home! Sounds too good to be true? Well, here it is! There is plenty of room for entertaining or just sitting back to watch Mother Nature from several sitting areas around the acreage and 2 decks.
MLS © 130929 \$589,000

132 Link Lake Road



Osprey Lake steps away, Link Lake and the KVR just around the corner, it doesn't get better than this, but wait, yes it does! Here is a solidly built 5-year old cabin, with all the details well thought out. A wonderful 19x9 covered porch overlooks Osprey Lake, a great place for morning coffee and evening sunsets.
MLS © 130262 \$299,900

REALTY EXECUTIVES PRINCETON
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