



Similkameen

# News Leader

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All Flip, No Spin - Page 3

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Tuesday, January 24, 2012



January 20 was Test Day for Princeton Skating Club where nine skaters were tested on their skills. Skater Alexia Boyd, right, goes through a routine with the aid of Skate Coach Janelle Morcombe. \*

## Museum Society develops strategic plan

The Princeton Museum held a Strategic Planning session on Saturday January 14th, converting the large open museum space into a mini conference centre for the day.

The session was expertly moderated by Patrick Robins, who along with 12 participants, was able to charge ahead setting top priorities and determining realistic goals that will set the newly renovated museum on a course for success.

With an emphasis on organizing and modernizing the museums vast collections and archives as well as developing educational programs

that will entice local teachers, the group was able to explore the strengths and the challenges faced in this huge transition period for the 54-year old organization.

Another high priority for the museum is developing a volunteer recruitment program that will match individuals with the tasks they are best suited for, and most interested in, ensuring that the volunteer experience is positive, productive and fun.

Bob Wicks, the President of the Princeton Museum and Archives ..... continued on Page 7

# Arts Council reports great year

Princeton Community Arts Council President Delyth Hall attended the January 16 Town Council meeting to give a report on the activities of the Arts Council in 2011. She told Council the BC Arts Council had described Princeton as a regional "champion" due to all of its achievements last year.

Hall thanked Town Council for granting \$3,000 and Regional District for a \$1,500 grant which the Arts Council had leveraged into a \$60,000 budget based on additional grants from other sources, and

money raised locally. Local businesses and organizations have been great partners, Hall stated.

The Arts Council integrates 12 groups and has 250 members. The goal of the Arts Council is to encourage arts and culture within the Princeton area, but Hall noted they encourage participation with many groups in the Similkameen Valley. Activities of the Arts Council include operating Sunflower Galley, offering educational opportunities to youth, hosting or promoting concerts and the-

atrical productions, and sponsoring lectures, workshops and seminars.

Vicky Jones and Robin Lowe assisted Hall in a power point presentation which outlined past achievements and future plans. Arts and Culture week, April 22 to 28, is in the planning stages, and contacts have been made with the Upper and Lower Similkameen Indian Bands, as well as Enowkin Centre in Penticton, to explore the possibility of another First Nations educational event similar to the Spirit Festival held last February.

Funding is a factor, and Council was asked for a letter of support to accompany a grant application to fund the powwow.

Other activities are planned with the Museum Society and the Rock and Fossil Club. The Arts Council will pursue their "art in public

places" campaign and will promote impromptu concerts in Veterans Square in the warm months. Princeton Traditional Music Society is part of the Arts Council member-

## IHA hires marketer

At the January 16 Town Council meeting, Councillor Marilyn Harkness reported Interior Health has hired a marketing person to assist with advertising to recruit physicians and nursing staff for the

region. Councillor Harkness said the recruiting office has a new program to not only recruit physicians, but to track those who are not hired to find where they had been hired.

ship and will present the annual Traditional Music Festival. Mayor Fred Thomas praised the Arts Council with a hearty, "Well done!"

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# PXA elects 2012 board

Princeton Exhibition Association (PXA), the group managing the fairgrounds complex known as Sunflower Downs, held their annual general meeting on January 17, electing Paul Bedard as President, with Dan Kastor as Vice-President. Councillor Jason Earle conducted the election. Despite the bitter cold and blowing snow, nearly all members attended.

Due to a new policy, the president of user groups are automatically appointed to the Board of Directors. Ken Crompton is President of Princeton Rodeo Club, Karrie Crucil is President of Princeton Racing Days Association, and Keith Olsen is President of Princeton and District Fall Fair Association. Elected Directors are Lisa Carleton, Fran Murphy, Della Osborne and Dawn Johnson. Sandy Gabor was appointed Treasurer and Dawn Johnson was appointed Secretary.

The meeting began with a summary of the past year by Paul Bedard. He said it had been a challenge. The

deaths of longtime members Peter Ruoss and Stan Thompson in 2011 had been a loss to everyone connected with the PXA. Five successful events took place at the fairgrounds last year, there were a good number of tenants, and a great appreciation dinner. Bedard had special praise for the community Halloween party and, turning to Jen Bernard, said he hoped to see it happen again this year. Bedard commented on the value of the "Let's Talk" supper hosted by the Town. He recalled the formation of a crisis committee to come up with a solution to some problems. Bedard said the year had been a sharp learning curve for him personally, but the bottom line was it was a successful year. He told members he had received excellent support and thanked everyone.

Councillor Jason Earle praised PXA members for the new policy of making user group presidents Directors on the PXA Board, saying it would improve communications

between the groups. On behalf of Town Council, he thanked all of the members for all of the work they had done during the past year.

The Treasurer's report summed up income and expenses for 2011, showing a small profit last year, attesting to the number of paying tenants.

Looking forward to the future plans, Princeton Rodeo Club has reserved May 12 and 13 for their annual rodeo. President Ken Crompton reported the Rodeo Club is "up and running". He mentioned there are a lot of repairs to be done to the rodeo portion of the grounds this year.

Racing Days President Karrie Crucil outlined an ambitious plan to have three race meets this year, the first on the July long weekend, the second in August and the third in September. Whether or not this will be possible is up to the Interior Racing Association, the governing body that decides when various Interior BC tracks can have meets.

Fall Fair President Keith Olsen was unable to attend the PXA meeting, but Dan Kastor gave a brief report on what the Fall Fair is doing. After a very trying year, the new Board of Directors appeared keen to launch into 2012 with great optimism.

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### Goodbye to our darling Lisa...


**Lisa McLean**

Lisa McLean is off to Chilliwack as her husband Dave embarks on his new career move as an Electrician. Lisa was born and raised in Princeton, then left for Victoria to obtain a University degree from U-Vic. Lisa has a beautiful daughter Hannah (7) and, a just as handsome son Brody (1.5). This is a great adventure for the whole family with a world of opportunity waiting for them. Lisa has been with Century 21 - Princeton Realty as our main Administrator and simply our "right arm" since 2007 and has been a God send for us

all. Her capacity to handle all that comes at her in a day is simply amazing and her skills for handling people are incredible. Not only are her talents in business a great asset to any company, she is as well a profoundly great person, mother, wife, and friend, she is full of dedication and loyalty. Century 21 - Princeton Realty has been so fortunate to have her with us and wish her all the happiness this world will bring in her exciting move. Her value system in life period will take her successfully on her career path of choice, with no doubt. Lisa will be leaving us by the end of January, please drop in to say good bye and wish her well!

**Goodbye, Lisa!**

### Goodbye to our wonderful Carolyn...


**Carolyn Gillis**

Carolyn Gillis is also off on new adventures! Carolyn has been Heather's assistant and office administrator at Century 21 since 2009. She too, has been an incredible asset to this company. Carolyn made the big move from the coast with husband John Gillis (brother to Heather - twin, in fact!) as they searched out what a great lifestyle Princeton has to offer. Her family is spread throughout the Okanagan, and together, they have made Princeton their home. Their children are of the "four legged" species, anyone who knows her, knows this is a special

kind of spirit within. Carolyn's smiling face and calm, dedication to whatever the task at hand might be, will be greatly missed! Her people skills and customer service skills will take her boldly down any road she chooses. Although she will be greatly missed, Heather considers herself so lucky, as this incredible woman is family, so she shall always remain, my assistant in "life". Best wishes from all the staff here at Century 21, including the Westland Insurance ladies. We will miss your great demeanor around here!

**Good Luck, Carolyn!**

### Welcome Odelle to our family...


**Odelle Simmons**

New Beginnings! Odelle Simmons, welcome aboard! Century 21 is pleased to announce, our latest and greatest find! Odelle brings with her extraordinary experience as her prior position was with Bob Wick's Law Office. Her great understanding of conveyance and legal paperwork is a huge asset to this position. Odelle has been training since the beginning of December and is doing an outstanding job as we all are working hard to make this transition go smoothly for everyone. Her keen sense in business is a welcomed asset for us all. Odelle has been in Princeton for 7 years, husband is Murray Simmons - a Princeton lifer, and 3 children, Chloe (20), Logan (15), and Willow (8). Odelle's priority is family but her biggest passion is her horses where she has had great involvement all of her life, with her first show at 2 years old! She has huge dedication to the community, as a Director on the Princeton Rodeo Club, an active member of the BC Horse Council, Wildlife Federation, and the list goes on as to her involvement in this, whether she's jumping or chasing cows, her commitment does not change. We are so excited for this fabulous new beginning. Bring it on, change is always good! Activity for the time of year is excellent, we look forward to a busy year ahead as the gap (in pricing) does close. A gross amount of inventory is still a problem. Come in and see your local experts to get some education on the market conditions. We're always happy to be of service!

**Welcome, Odelle!**

# Flip Of The Coyne

by Spencer Coyne

I don't know if it is from watching Zombie movies or all the talk about 2012 being the end of the world but I have been thinking a lot lately about the safety of my family, friends and community. I have been talking for a few years now about the need for a more localized food production system and I still think that this is a must especially as the world seems to be getting crazier and crazier. You never know when the next shipment of South American produce will show up.

I have read numerous warnings about how in the time of disaster, transportation disruptions and other changes in the supply chain can bring a community to its knees when it comes to keeping food on the shelves. Look at a long weekend in our own community as people from the Lower Mainland flood into our valley. The shelves in the local grocery store become pretty bare rather quickly.

What if there was some sort of natural disaster that cut us off from the regular supply lines that keep our global diet alive? How long do you think food supplies would last when people are scared, tired and hungry? I'm guessing not very long. Our

government has a website that helps you prepare for those disasters that we don't really want to think about at [www.getprepared.ca](http://www.getprepared.ca). According to our government we should have enough food and water to survive for a minimum of 72 hours, but in the US the Center for Disease Control and Prevention says you should have a 3 day supply for evacuation and a 2 week supply for at home.

Preparing for an emergency is more than keeping some food and water in your pantry. Preparing for an emergency is actually a great exercise for your family to participate in. Remember fire prevention week in elementary school? Emergency planning is a lot like that.

You can download a form from [getprepared.ca](http://getprepared.ca) or you can make your own. Just remember that you are preparing for an emergency at home and within your community and according to [getprepared.ca](http://getprepared.ca) we should prepare for avalanches, earthquakes, extreme weather, floods, hazardous material spill, infectious disease outbreak, landslides storm surge, tsunami and wildfires. Most of these disasters could be a reality in our community and others like avalanches are a real possibility if

you play in the backcountry or drive along many of our province's highways.

Preparing for events such as this are

a good way for you and your family to sit down discuss things like where would you meet if you have to leave your house in case of a fire. Are your

smoke alarms working? Do you have a carbon monoxide detector and do your children know what to ..... continued on Page 7



Princeton Crisis Assistance Society President Allan Kovaltsenko, left, presents Mayor Fred Thomas with a certificate thanking the Town of Princeton for their continued support. Photo: Dawn Johnson

## Princeton Town Hall News

### WINTER 2012 LEISURE GUIDE

The new winter 2012 Leisure Guide is available on line at [www.princeton.ca](http://www.princeton.ca).

Register today for programs by stopping in at Town Hall or by calling the community group. Leisure Guides were mailed out last week; if you did not receive one please stop in at Town Hall, Arena or Riverside Centre.



### GRANTS IN AID

**PURPOSE**  
To support non-profit organizations and agencies that provide programs and services that serves, benefits and/or adds value to the community.

**POLICY**  
That Council allocates annually a finite sum of money through the Town of Princeton budget for Grants in Aid, up to a maximum of \$10,000 per individual application request. Applications for Grants in Aid are to be received no later than January 31st of each year in which the grant will be used.  
Mayor and Council, as part of the annual Town of Princeton budget process, will review and assess Grant in Aid requests by April 1<sup>st</sup> of each year.

### AREA H RESIDENTS

2012 Landfill stickers are available at Town Hall for pick up by Regional District Area H property owners. Tenants wishing to pick up stickers require written permission from the landowner.



### 2012 BUSINESS LICENCE

All businesses operating within the town of Princeton are required to hold a valid business licence. Business licence renewal invoices have been mailed and are due upon receipt. Business licence application forms are available at town hall.

### COUNCIL MEETING SCHEDULE

#### Meeting Schedule

February 6, 2012	February 20, 2012
March 5, 2012	March 19, 2012
April 2, 2012	April 16, 2012
May 7, 2012	May 22, 2012

### 2012 DOG LICENCE

2012 Dog licences are available at Town Hall at a cost of \$10.00 for spayed or neutered animals and \$30.00 for non-neutered or unspayed dogs.

Town of Princeton Bylaw No.782 regulates the licencing of dogs, and states that any dog over the age of eight weeks must wear a valid licence for the current year. A fine of \$75.00 will be charged for an unlicensed dog.



### RIVERSIDE MOVIES

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\$5.00 at the door  
Kids under 3 are free



Friday, January 27  
Evening Show 7:00 pm  
The Big Year  
Comedy

Saturday, January 28  
Matinee 1:00 pm  
Puss In Boots  
Animated

Check out the NEW website page at [www.princeton.ca](http://www.princeton.ca) for all your movie listings.



Riverside Community Centre- Theatre  
148 Old Hedley Road

250-295-6067

### NOMINATIONS WELCOMED

The Princeton Rick Hansen End of Day Celebration Committee welcomes residents to nominate an individual from our community who makes a difference through determination, courage, leadership or teamwork to be a final medal bearer for the Princeton leg of the Rick Hansen 25th Anniversary Relay.

The opportunity to participate is priceless! Final Medal Bearers will receive a Rick Hansen 25th Anniversary Relay Medal manufactured by the Royal Canadian Mint, a Relay Track Suit and will be invited on stage to share their story at the End of Day Celebration.

Nomination forms are available at Princeton Town Hall or on line at [www.princeton.ca](http://www.princeton.ca). Deadline for submission is February 3, 2012 at 3:00 pm at Town Hall (169 Bridge Street). Check out the Rick Hansen 25th Anniversary Tour at [www.rickhansenrelay.com](http://www.rickhansenrelay.com).



# Editorial Page News Leader

Similkameen News Leader, 226A Bridge Street, PO Box 956, Princeton, BC V0X 1W0

## My Turn

### It's A Tiny Bucket, Actually

I don't make New Year's resolutions. I haven't for many years and it's only just because I don't need the start of a new year as the incentive to do anything new or different in my life. Brenda uses her birthday (in March) as her marker. This year she will qualify for various 'seniors' discounts and she is actually quite excited about reaching this milestone. In fact, to be honest, it frightens me a bit. Not that she's going to be able to save us 10-percent on various purchases, but that she's so excited about it. With all the talk in our house recently about inching up in age it forced me to do some math. Simple math is about all I can handle. Plus or minus. So I figured out that if the two of us stay reasonably healthy, there's a good chance we'll be together for another 35 or 40 years. I think it scared Brenda when I made the announcement, but I'm not so sure. Maybe I told her when it dawned on her she would save the household only 10-percent which in actual fact means a saving of -2-percent after taxes, if I did my simple math correctly. All this talk did get me thinking about the standard bucket list. You know, the list of things you want to do before you 'kick the bucket' and never get the chance. I wrestled with coming up with just one thing to put on my list. I like to think it's because kicking the bucket isn't on my agenda yet, but I tried and tried for what seemed like hours stretched over the course of days to come up with something. Then it hit me. I was using too large a bucket. I was looking at too big a picture. I had to refocus. If this had been a committee discussion I would have suggested a break for coffee and then urged the rest of the group to appoint a smaller sub-committee to choose a consultant to either hand the project to or to just assist in the facilitation of the bucket list. This was far more complicated that I had expected. So I tried to dumb it down. I want to see the house mortgage paid off. I want to have input into the selection of our next lease vehicle. I want to sign the cheque that pays next month's office rent. I want something that doesn't require microwave use for lunch today. Try as I may I could not complete this task. Believe me, living and working in a world built on deadlines it pains me greatly to not be able to finish this assignment. I just want to get through each day as best I can with the tools at my disposal. Which, I'm sure, eliminates the need for a bucket or a list.



A close-up view of a tree on Vermilion Avenue full of snow last week. Photo: Brenda Engel

## Your Turn

### Letters and E-Mails Received This Past Week

To The Editor;

Is it true the Mayor and Council are in favor of eliminating ATV's (Quads) from the KVR?

A lower mainland ATV club that was here before in numbers, spending money in this town in restaurants, gas stations, motels, etc.

Who helps the Princeton economy? We are all tax payers, we need unity, not separation.

I was told by a member of the

Princeton Trail people, one person over 6' tall slapped a young teenage boy across the face and told him to get his quad off the trail. His father was a ways behind when we arrived on the scene. He told me to get off the trail or he would call the police.

I suggested he do that.

I happened to own property on both sides of the KVR Trail - users (hikers) cut down trees and light fire on my property. We must

police our own kind for the arrogant users that misbehave.

The KVR should be open to all trail users. We should all co-operate and welcome all trail users.

The big picture is growth and expansion not separation.

It's time the Bridge of Dreams woke up and was open to all users, not blocked. Co-operation and unity is what makes success.

With all respect,  
S. Hassell, Princeton

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#### EDITORIAL GUIDE

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# Current Comment

## Economic Adjustment Is In The Works



**Dawn Johnson**  
editor@thenewsleader.ca

If you have been following world economic news during the past few months, you know the world economy is in a turmoil. Bad news seems to be followed by worse news regarding the European situation. Even China is feeling the effects after several years of a booming economy.

One of the best places to live right now is Canada. Not only is our economy stabilized, we are showing some very positive signs, such as a foreign trade surplus. This means we sold more outside our country than we imported. That is a very good thing. One of the ways Canadians can assist this trend is to buy products made or produced in Canada.

Despite all of this good news about Canada's economy, we are still losing jobs, especially in the manufacturing sector. Ontario has been particularly hard hit.

There is another sector that is damaging our economy: excessive consumer debt. This is the kind of debt coming from the use of credit cards. Too many people are spend-

ing too much money they have not yet earned. Despite the push to pay down credit card debt, and many Canadians are doing that, there is still an alarming number of people who together owe trillions of dollars.

I have been watching a television program called Til Debt Do Us Part, and I have been astonished at the amount of money some people owe on credit cards. The program is about a debt counselor who helps people get their financial affairs in order and back on track.

The first thing I noticed as I watched repeated shows was that none of the couples seemed to know anything about what a budget is. Maybe it is a flaw of our education system. I learned how to make a budget when I took Home Economics back in the Dark Ages.

The second thing I noticed is that these credit card users did not seem to understand they were taking out loans when they used their cards. They were all paying mortgages and seemed to understand the mortgage was a loan, but the idea that the credit card company was lending them money did not seem to sink in. Worse yet, they seemed to pay no attention to the interest rate on those credit card loans. A bank or credit union will lend money at much lower interest rates.

The third thing that struck me as odd was the fact that none of these people seemed to keep track of how much money they were spending every month. I have always kept track of what I spend, and have a ledger for my household expenditures. In my current ledger, I can go back to 1996 and

track household expenses. Yes, I can tell you how much more natural gas, electricity and groceries have increased in cost since that time.

The most important element of this lack of attention to spending seemed to be an obsession with buying.

I do mean an obsession, because so much of what these people bought was not stuff they actually needed. More than one couple spent too much money on toys and clothing for their children, but had no education fund for their children. In fact, they had no savings of any kind.

All of these couples were bringing home good money, around five times what I live on per year, yet they were all around \$50,000 in debt from credit card use. All of these couples were young, so I wonder if young people need to be trained to learn how to manage money. Are we not adequately preparing our young people to enter the world of adult financial responsibilities?

The need to pay down credit card debt is affecting our economy. It is an important issue when credit card debt in Canada reaches the level of trillions of dollars. It is increasingly dangerous for people to be in debt when the world economy is so unstable and we could be facing very hard times. Although we Canadians seem to be doing well right now, if Europe goes down the tubes, it will hit all of us. I know a number of people who have already lost money on pension plans and mutual funds due to the world market. It is time to sit up and pay attention!

## PGH announces February temporary service changes

Princeton area residents are advised that due to limited physician availability in February, there will be times when only the most urgent cases will be seen by the physician on call.

The Princeton General Hospital Emergency Department will remain open during these times and patients will be assessed as usual by the trained nurses on site. Those with less urgent matters may be transferred to a nearby hospital for care or offered appropriate options.

If this is the case, it's important to be prepared: Have your wallet with you as well as shoes and clothes and be sure to make arrangements for a ride home.

If you are unsure of the services you may need, call HealthLink

BC at 8-1-1 for confidential health information and advice from a registered nurse.

For further information contact Princeton General Hospital at 250.295.3233.

The list of February dates when patients can anticipate adjusted physician response is below. The time of adjusted service is between 12:00 AM (Midnight) and 8:00 AM on all dates noted:

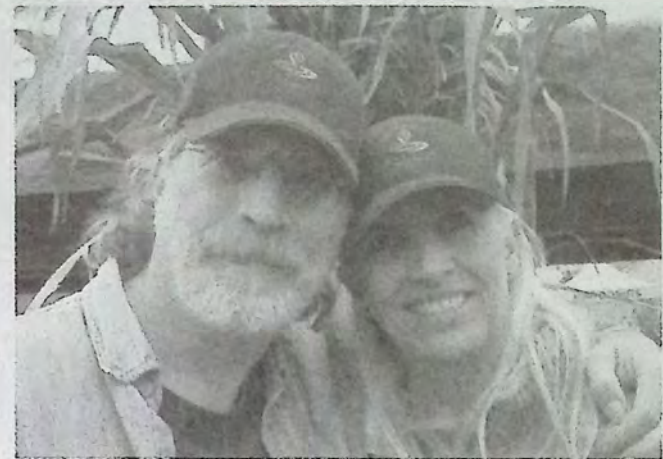
- Wednesday, February 1
- Thursday, February 2
- Friday, February 3
- Saturday, February 4
- Sunday, February 5
- Tuesday, February 7
- Wednesday, February 8
- Thursday, February 9
- Tuesday, February 14
- Thursday, February 16

- Friday, February 17
- Saturday, February 18
- Sunday, February 19
- Tuesday, February 21
- Thursday, February 23
- Monday, February 27
- Tuesday, February 28
- Wednesday, February 29

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9:30 AM

**Rev. Nick Judson**  
190-1st Street (BEHIND COURT HOUSE)  
Phone: 250.295.7714  
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### St. Peter's Roman Catholic Parish

**SUNDAY MASS**  
6:00 PM - Saturday  
10:30 AM - Sunday

43 Billiter Avenue, Princeton  
250.295.3541

### Hedley Grace Church

856 Ellis Avenue  
Hedley BC

Sunday Service 9:30 AM  
Pastor Graham Gore  
(250) 292-8444

## AND NOW...A LITTLE GOOD NEWS!

"For whoever wants to save his life will lose it, but whoever loses his life for my sake will find it."

- Matthew 16:25

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**Lower Valley News**

**Keremeos - Cawston - Olalla**



Royal Canadian Legion Branch 192 saw three new members take the oath on January 15th. Left to right: Jacques Couture of Keremeos, Marji Basso of Oliver, Linda Menlander of Keremeos, and Legion official Wally Reid whose duties include escorting the incoming members both to and from the ceremony. Photo: Arlene Arlow

**Electoral Area 'G' Report**

**Director Angelique Wood**

*Area G - Rural Keremeos (Hedley, Olalla) Director's Update:*

**Budget meetings at the RDOS-March 31st completion**

The first two budget meetings at the Regional District have been workshop-oriented with an eye to training the newly elected Directors to consider the 360-page document's various departments with a long view to satisfying tax payers that their dollars are spent with an eye to value.

The greatest savings shown this year comes at a very controversial cost: the transfer of 911 services from Penticton to Kelowna has cut the budget considerably, but not without job loss for a very loyal and hard working group of employees, as well as complaints from various fire departments about the loss of quality in radio transmission since the transition from the Penticton service to dispatch in Kelowna.

Mark Woods, the manager of Community Services for the Regional District, made a presentation to the Regional Board which summarized the benefits to the new dispatch system.

Rip-and-run sheets (sent from Kelowna through a dedicated fax line to the Fire Department) were touted as a much more accurate system of information dispatch. While it may be true that the printed word cannot be mistaken the way voice transmission can, the

additional costs to many rural departments are onerous (approx. \$1,800 for the dedicated fax machine and fax line).

**Regionally Significant Gas Tax Dollars**

In November of 2011, the governing RDOS Board could not agree on the allocation and disbursement of the 4.2-million dollars, meant to develop 'regionally significant' projects. Because it is a rare occasion for the federal government to return large dollar sums to local governments for use at their own discretion, a number of the past RDOS board members wanted to see one single 'regional' project developed and funded with this money. Agreement could not be reached before election time and the decision for allocation of these funds was left to the next generation of politicians elected on November 19th, 2011.

The movement to fund one single 'regionally significant' project by a number of Directors, a number of them Rural Electoral Area Directors, runs at direct philosophical odds with the priorities set by a number of Municipalities, including Keremeos and Oliver, to apply any money which they receive from the regionally significant gas tax dollars to vital infrastructure improvements dealing with water and sewer.

The Keremeos Irrigation District, supported in principle by the

Village of Keremeos, desperately believes that the Reservoir project, voted down in an alternative approval process, must go on. They believe that the \$300,000 which they could receive from the regionally significant gas tax dollars would help taxpayers shoulder the burden for their new reservoir. Preliminary numbers look like a yearly increase of less than \$20 to taxpayers when the long term loan is added to their tax bill.

Because the "rookie board" has many issues to learn, grasp and understand before they have real capacity in decision making, the management of the Regional District has delayed the allocation of the Regionally Significant Gas Tax Dollars until after the RDOS budget is finalized at the end of March. If you would like to weigh in your opinion on how the 'regionally significant' gas tax dollars should be spent, e-mail me at [angeliquewood4areag@gmail.com](mailto:angeliquewood4areag@gmail.com).

**Hedley Community Stakeholders Meeting**

On January 9th, a number of leaders representing the volunteer organizations of Hedley met at my request at the Old Age Pensioner's Hall on Scott Avenue to receive a briefing on the current budget process at the Regional District, as well as information on how the Grant-In-Aid-process works, and a ..... continued on Page 23



Cattle south of the Clifton Ranch on Highway 3A were lining up for feed January 18th. Some of the cows were away from the feed, standing close to the elevated road along the west side of the field. The elevated road offered some protection from the prevailing westerly snowstorm. So, which were the smart cows: the ones protected from the wind or the ones eating in the wind? Photo: Arlene Arlow

..... continued from Page 3  
do if there is a house fire, earthquake or other event?

When I was working on the worksheet from getprepared.ca it made me remember that although emergency planning is a family thing it is also something to discuss with your neighbours and friends. Does your

neighbourhood have a plan? It also made me think about how to get out of areas in case of some emergencies. We live in an area that is prone to flooding.

I never thought about an evacuation route if part of our road was washed out or blocked before starting work on our emergency plan.

Like I said I don't know if it is from watching Zombie movies or all the 2012 talk but either way it made me think about a few things that I hadn't before and if nothing happens at least I will have some peace of mind knowing that our household has a plan to deal with some of those unexpected moments.



Participants at a recent strategic planning session at Princeton Museum included, standing from left, Del Hall, Kim Maynard, Kathy Clement, Jon Bartlett, Bob Wicks, Lori Thomas, Brenda Gould, Nadine McEwen and Terry Malanchuk. Seated in front are Evelyn McCallum and Robin Lowe-Irwin. - photo submitted

..... continued from Front Page  
Society said, "The Strategic Planning Session was a wonderful next step on a magical journey for the Museum Society, for the Town, and for all of our members and supporters. The museum is an exciting place to spend some time. Our planning session has moved us forward again!"

The Princeton Museum has become a top notch facility that is on par with museums commonly found in much

larger urban centres, and is quickly becoming known as a must see facility that entertains and educates locals and visitors alike.

The full day session was catered by Thomasina's Tea Shop, with a menu of delicate sandwiches, homemade gourmet soup and lots of hot coffee, much needed on a cold snowy day.

With plans to meet again to further explore strategies in the fall, the intention is to work in phases that

will best serve the community, develop research facilities, and continue to draw visitors from all over.

The Museum's Annual General Meeting is scheduled for March 21st at 7:00 PM at the museum. Input of members, educators, and museum enthusiasts is welcomed. Contact museum Manager Robin Lowe-Irwin if you are interested in volunteering, donating, or helping to plan the future of your museum.

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## Interior Health

### EMERGENCY DEPARTMENT Temporary Service Changes

Due to limited physician availability in February, there will be times when only the most urgent cases will be seen by the physician on call.

Patients with less urgent matters will be assessed by our trained nurses but, depending on their condition, may be transferred to a nearby hospital for care or offered appropriate options.

If this is the case, it's important to come prepared: Bring your wallet, shoes, clothes and make arrangements for the return home.

Times when patients can anticipate this adjusted physician response are:

- Wednesday, February 1 - 12:00 AM (Midnight) to 8:00 AM
- Thursday, February 2 - 12:00 AM (Midnight) to 8:00 AM
- Friday, February 3 - 12:00 AM (Midnight) to 8:00 AM
- Saturday, February 4 - 12:00 AM (Midnight) to 8:00 AM
- Sunday, February 5 - 12:00 AM (Midnight) to 8:00 AM
- Tuesday, February 7 - 12:00 AM (Midnight) to 8:00 AM
- Wednesday, February 8 - 12:00 AM (Midnight) to 8:00 AM
- Thursday, February 9 - 12:00 AM (Midnight) to 8:00 AM
- Tuesday, February 14 - 12:00 AM (Midnight) to 8:00 AM
- Thursday, February 16 - 12:00 AM (Midnight) to 8:00 AM
- Friday, February 17 - 12:00 AM (Midnight) to 8:00 AM
- Saturday, February 18 - 12:00 AM (Midnight) to 8:00 AM
- Sunday, February 19 - 12:00 AM (Midnight) to 8:00 AM
- Tuesday, February 21 - 12:00 AM (Midnight) to 8:00 AM
- Thursday, February 23 - 12:00 AM (Midnight) to 8:00 AM
- Monday, February 27 - 12:00 AM (Midnight) to 8:00 AM
- Tuesday, February 28 - 12:00 AM (Midnight) to 8:00 AM
- Wednesday, February 29 - 12:00 AM (Midnight) to 8:00 AM

Interior Health will post further dates as they are available.

# Health/Lifestyle News

## Providing Support for Teens with Mental Illness

(NC)—One in five Canadians will experience a mental illness in their lifetime, according to the Centre for Addiction and Mental Health, and the remaining four will have a friend, family member or colleague who are affected.

Schizophrenia is a mental disorder that affects approximately one per cent or 200,000 Canadians. It can interfere with a person's ability to tell what is real from what is not, leading to hallucinations, such as hearing voices that aren't there, or seeing things that aren't there, or delusions.

Living with schizophrenia can be very difficult, especially for teens. Before age 18, approximately 12 to 33 per cent of individuals with schizophrenia develop the onset of their illness. As a result, researchers are working on treatments for adolescent schizophrenia.

The latest breakthrough, for example, is an effective (prescription) medication called Abilify. While there are a number of treatment options today, experts point out that this is the only treatment approved for adolescents aged 15 to 17. So, if someone you love has been diagnosed with this condition or another mental illness, here are some ways to provide support:

**1. Open the door to conversation.** For teens who have (or think they have) a mental illness, such as schizophrenia, talking about it may feel as daunting as living with the condition. They may hide their

symptoms due to fear or shame, and may fear of rejection or disapproval from peers or family. The danger with not talking is that it can lead to delays in getting help in order to be well. As a parent or caregiver, you can ask questions to find out how your teen is feeling and what they are experiencing. Offer empathy, not judgement.

**2. Provide support.** Teens with schizophrenia experience a great deal of anxiety, and need support to make healthy choices. In order to cope with their condition and learn how to live well, they need support from their families. As a parent or caregiver, you can:

- Be proactive in helping receive a diagnosis. Be persistent if the teen is resisting attending doctor's appointments and counsellor visits.
- Ensure they attend all follow up visits.
- Offer to attend appointments with them, or take them to/from their

- appointments.
- Ensure they are taking their medication appropriately.
- Listen to them in a non-judgmental and non-critical way.
- Don't forget to take care of yourself as well, and keep your own stress levels in check.

**3. Give space.** Often those recovering from schizophrenia say that their families perpetually treat them like 'patients,' even when they are beginning to feel well. This can hamper their ability to live normal lives, such as taking more responsibility for themselves and engaging in normal teenage activities. While it is important to provide support, it's equally important to give the teen some space. Your doctor can help you navigate when and how to step back while still ensuring the safety and wellbeing of your teen.

More information is available online at [www.schizophrenia.ca](http://www.schizophrenia.ca).

## Living Past 100

### Does Omega 3 Really Work?

A lot has been written about the benefits of Omega 3 supplements, but a lot of what is written is promotional material in the form of advertising Omega 3 products.

Clinical studies have been done by researchers world-wide, and the results are well known and available to anyone who has access to up to date materials. You can look up Omega 3 fatty acids on Wiki-pedia to get the facts researchers have found.

Omega 3 has been found to reduce bad cholesterol, reduce risk of heart attack, and has an anti-inflammatory effect good for easing rheumatoid arthritis. Because of the positive effect on the walls of arteries, Omega 3 may reduce blood pressure levels. Omega 3 has been found to reduce the symptoms of depression. Omega 3 will reduce levels of triglycerides in the blood stream. These claims are supported by researchers doing studies involving thousands of people over years of study, so results can be considered reliable.

Omega 3 promotion has led to some claims that are not supported by research. There is evidence to show Omega 3 does have some influence on blood sugar levels, but results have not shown a major influence. Omega 3 is not a miracle supplement. However, claims that it helps cancer patients recover after chemotherapy have a sound basis in medical research.

There are a lot of Omega 3 products on the market, and not all of them are equal, so be aware of what is supposed to be in the product. A good Omega 3 product must be labeled 'pharmaceutical grade' and must contain EPA and DHA. These letters are abbreviations of the names of specific fatty acids found in good quality Omega 3. The best quality Omega 3 products have higher levels of these fatty acids.

If you have high cholesterol (e.g. bad cholesterol) Omega 3 helps by balancing the bad cholesterol, improving the ratio between good and bad. Many people take Omega 3 for this reason.

If you are interested in taking Omega 3, discuss with your physician how much you should take.

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# News Leader Entertainment

Similkameen News Leader TV Guide Listings - January 24 - 30, 2012



Princeton Posse's Sky Buller (#35) stops a penalty shot early in the second period of the January 22nd game against Osoyoos Coyotes. \*

## Coyotes snap win from Posse

Princeton Posse hosted Osoyoos Coyotes Saturday, January 22nd in what was supposed to be the second game of the weekend for the home team. The Friday night match against Sicamous Eagles was postponed until later in the season due to treacherous highway conditions effectively removing a key 'warm-up' game from Princeton.

The Posse and Osoyoos have been battling for first place in the Okanagan Division in recent weeks in a rivalry that pre-dates the Coyote franchise by almost a decade when the Storm still called the desert country of the very south of the Okanagan Valley their home.

A tune-up game against Sicamous, and a possible two points, would have put Princeton back to within one point of the division lead before the Osoyoos team bus pulled out of

the garage and was pointed towards the Similkameen.

Instead, Osoyoos came to Princeton with a three-point lead and the Posse welcomed them with two games in hand.

From the opening face-off the first period was an intense, high speed, action-packed twenty minutes of hockey that didn't let up until the start of the first intermission.

With only four penalties called, there was a lot of hockey on the ice of Princeton Arena.

The first goal of the game (for Osoyoos) occurred at 8:19 but was waved off by referee Brent Hazel due to a goalie interference infraction by Andrew Stack of the Coyotes.

The visitors kept pelting Posse goalie Sky Buller with shots and one finally got past him at 5:21.

Credit for the goal went to Dexter Dancs with assistance from Alex Jewell and Kam Crawford.

The second period was knocked down just a notch from the previous one although a flurry of activity in front of, and as it turns out, inside of the Posse goal at 17:58 set Osoyoos up for a penalty shot. The official reason for this was someone in a cream-coloured jersey had put his glove on the puck in the goal crease.

Penalty shots are not common in Princeton Arena and the Coyotes' Steve Sasyniuk got the honours. He rushed the Princeton goal then went to the right of Posse netminder Sky Buller just shy of colliding with him and tried to flip the puck up and over on the stick side but Buller slid to the post and blocked the shot.

Osoyoos added a power play goal ..... continued on Page 18

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# Tuesday Movies

### MORNING

10:00 am SPIKE ch.44 "Desperado" (1995, Action) Antonio Banderas. A guitar-playing stranger shoots up a Mexican cantina while seeking the drug dealer who killed his girlfriend. (In Stereo)

### AFTERNOON

1:30 pm SPIKE ch.44 "Desperado" (1995, Action) Antonio Banderas. A guitar-playing stranger shoots up a Mexican cantina while seeking the drug dealer who killed his girlfriend. (In Stereo)

### EVENING

7:00 pm CITV ch.12 "The Dark Knight" (2008, Action) Christian Bale. Premiere. Batman has to keep a balance between heroism and vigilantism to fight a vile criminal known as the Joker, who would plunge Gotham City into anarchy. (CC)

### 8:00 pm CHBC ch.4 BCTV ch.11

"The Dark Knight" (2008, Action) Christian Bale. Premiere. Batman has to keep a balance between heroism and vigilantism to fight a vile criminal known as the Joker, who would plunge Gotham City into anarchy. (CC)

9:00 pm WTBS ch.3 "Black Knight" (2001, Comedy) Martin Lawrence. An underachiever in Los Angeles time-travels to 14th-century England and battles an evil king.

KNOW ch.5 "I Was Worth 50 Sheep" (2011, Documentary) Premiere. A price is put on Sabere's head after she flees from her abusive husband.

11:00 pm WTBS ch.3 "Daddy's Little Girls" (2007, Romance) Gabrielle Union. An unexpected romance blooms between a struggling mechanic and the attorney who is representing him in a custody battle for his young daughters.

# News Leader Horoscopes

## January 25 - February 1, 2012

**Aries** - You are now in a much more favorable space, but you must still take care of your health and the demands of your job. You would still like to go out and spend, but do not. Look for peace of mind. You need to be more creative.

**Taurus** - Focus on career for the next four weeks. Avoid friends who drink, do drugs or are unrealistic. You need to see your life more clearly. You still want to have a lot of fun, but you need to be more efficient. Tests are coming soon.

**Gemini** - Groups you belong to may seem unpredictable or unreliable these days. Focus on learning what you need to learn for your own spiritual comfort. Try not to argue with siblings or neighbours. Career runs smoothly. Relax.

**Cancer** - This is the time of year when you need to do a review of your entire financial picture, with emphasis on reducing debt and taking care of taxes. Your career continues to be a source of surprises and disruptions. Be wise.

**Leo** - This is a time of year when others pay attention to you. People see you more clearly, for good or bad, depending on how they see you. Those to whom you owe money will see you as irresponsible and unworthy. Pay debts!

**Virgo** - Your energy cycle continues high. You do have some good luck on your side now. Others see you in a favorable way and may give you gifts or help you. Romance can come into your life. Try to meet others half way, be agreeable.

**Libra** - Your thoughts turn to having more fun out of life, but you are still in a serious frame of mind. Job and health are good. Friends continue to surprise you with unexpected changes or surprising activities. Maintain your stability.

**Scorpio** - Focus on home, family, property. Artistic endeavours can bring pleasure. Others still see you in a positive light. Your worries seem unreal but persist. Discuss concerns with family. Luck and romance are possible now.

**Sagittarius** - Your focus now should be on how you communicate with others. Career continues to be challenging, and home is a relaxing haven after work. Deal with debt, investments and taxes now, put finances in order. Be real!

**Capricorn** - Good luck and romance are possible now. Money that comes now could go as quickly. Be cautious. Children and pets can be a source of pleasure. Career is still challenging. Siblings are good to you, enjoy their company.

**Aquarius** - This is your best time of year, when you feel good and enjoy life more. You feel generous now, but do not spend what you cannot afford. Speak your mind and avoid any deception. Home is where you are most content.

**Pisces** - You feel good about yourself now, and this is a good time to look at your appearance and make improvements as needed. You are in a mood in which you can be charming and use it to advantage. Short trips bring gain.

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## TUESDAY, JANUARY 24, 2012

	WTBS ch.3	CHBC ch.4	KNOW ch.5	KSPS ch.6	KHQ ch.7	KREM ch.8	A&E ch.9	KXLY ch.10	BCTV ch.11	CITY ch.12	CBC ch.13	YTV ch.18	TSN ch.19	VTV ch.22	DISC ch.24	FAM ch.26	CITY ch.29	SPIKE ch.44	TROP ch.45
6 AM	In the Heat of the Night	(5:30) Morning News (N)	Arthur	Thomas Clifford	KHQ News 6AM (N)	KREM 2 Morning News	The Sopranos	News	(5:30) Morning News (N)	(4:30) Morning News (N)	CBC News Now	Kid vs. Kat Super Evil	SportsCentre	(5:30) CTV Morning Live (N)	Junk Raiders	Henry's Phineas	CityLine (N)	Auction	TV-Torrrens
7 AM	Cosby		Hi-5	Arthur	Today "The Artist", Katherine Heigl (N)	CBS This Morning (N)	CSI: Miami	Good Morning America (N)			Turbo	Sidekick	SportsCentre		Mayday	Suite/Deck Hannah	The Nate Berkus Show	CSI: NY "Super Men"	Earth: Final Conflict
8 AM	Excused		WordWorld	Curious			CSI: Miami			100 Huntley Street	Bo On/Go	Pokémon	SportsCentre		Auction	ANT Farm	Rachael Ray	CSI: Crime Scene	Debt/Part
9 AM	Family Fd	100 Huntley Street	Wibbly Pig	Super Why!		The 700 Club	CSI: Miami	Livel With Kelly (N)	100 Huntley Street	World Vision	Super Why! News	Rescue Berenstain	SportsCentre	Livel With Kelly (N)	Auction	Mickey	Access Hollywood Live	CSI: Crime Scene	Debt/Part
10 AM	Millionaire	World Vision	Numbjack	Sesame Street (E)		The Price Is Right (N)	The First 48	The View (N)	World Vision	Big Flip	Poko	Little Bear	Motoring	The View (N)	Dirty Jobs	Mickey	The Chew	Movie: "Desperado" (1995)	Roseanne
11 AM	Law Order: CI	Big Flip	Savo-Ums!	Sid	The Doctors (N)	Young & Restless	The First 48	Paid Prog.	Big Flip	Noon News Hour (N)	Animal	G. Shrinks	Australian Open Tennis	Marilyn Denis	Canada's Worst Driver	Suite Life	The Revolution (N)	Antonio Banderas	3rd Rock
12 PM	Law Order: CI	Noon News Hour (N)	Pingu	Charlie Rose (N)	Secrets	News	Criminal Minds	The Chew	Noon News Hour (N)	Days of our Lives (N)	CBC News Now (N)	Puppies	Almost	CTV News (N)	Desert Car Kings	Wizards	General Hospital (N)	1,000 Ways to Die	Frasier
1 PM	Amer. Dad	Days of our Lives (N)	Deggy	Paint	Days of our Lives (N)	The Talk	Criminal Minds	The Revolution (N)	Days of our Lives (N)	The Talk	Heartland "Gift Horse"	Kid vs. Kat Super Evil	NFL Live (N) (Live)	The Dr. Oz Show	Auction	Sonny	CityLine	Movie: "Desperado" (1995, Action)	Frasier
2 PM	King	The Talk	Franklin	Barney	Judge B.	Let's Make a Deal (N)	The First 48	General Hospital (N)	The Talk	The Doctors (N)	Steven and Chris (N)	Monster	Off Record	Anderson	Myth-Busters	Suite/Deck Ned's	CityNews at 5 (N)		Gold Girls
3 PM	The Office	The Doctors (N)	Rob Robot	WordGirl	Ellen DeGeneres Show	Dr. Phil	The First 48	Rachael Ray	The Doctors (N)	Young & Restless	Recipes	Almost	SportsCentre (N)	Dr. Phil	Cash Cab	LJL Derek	CityNews at 6 (N)	Surviving Disaster	Debt/Part
4 PM	Big Bang	Young & Restless	G. Shrinks	Fetch! With Arthur	Jdg Judy	The Dr. Oz Show	Storage	The Nate Berkus Show	Young & Restless	Early News	Mercer	SpongeBob	Hockey	Ellen DeGeneres Show	Daily Planet (N)	Phineas	How I Met	Surviving Disaster	Debt/Part
5 PM	Browns	News (N)	Jack	News	News	News	Storage	News	Early News	(4:59) News Hour (N)	CBC News: Vancouver (N)	Parents	Poker - Europe	CTV News at Five (N)	Mounted	Wingin' It	Last Man	Ways Die	3rd Rock
6 PM	Browns	Global Nat.	Parks	State of the Union "2012" (N)	State of the Union "2012" (N)	State of the Union "2012" (N)	Shipping	State of the Union "2012" (N)	(5:59) News Hour (N)	ET Canada		ICarly	NBA Basketball: Toronto Raptors at Phoenix Suns. (Live)	CTV News (N)	Gold Rush (N)	Suite/Deck	New Girl	Ink Master	3rd Rock
7 PM	Seinfeld	Ent	Hope for Wildlife	(Live)	(Live)	(Live)	Storage	Storage	Ent	Movie: "The Dark Knight" (2008)	Coronation Street (N)	Boys	Raptors at Phoenix Suns. (Live)	etalk	Licence to Drill (N)	Shake It	Rules	Ink Master (N)	Frasier
8 PM	Family Guy	Movie: "The Dark Knight" (2008)	ItalianJob	Geronimo-Experience	The Biggest Loser (N)	NCIS (DVS)	Storage	Last Man	Movie: "The Dark Knight" (2008)	Mercer	ICarly	Mr. Young	SportsCentre (N)	Whitney (N)	Daily Planet	Suite/Deck	News	Auction	Instant
9 PM	Movie: "Black Knight" (2001, Comedy)	Christian Bale. Premiere.	"I Was Worth"	Frontline (DVS)	The Voice	To Be Announced	Storage	Happy	Arctic Air "Hijacked"	Arctic Air "Hijacked"	Funnest Home Videos	Hockey	CSI: Miami	Gold Rush	Debra	Seinfeld	Auction	Roseanne	
10 PM	"Daddy's Little Girls"	CHBC News Final (N)	Hope for Wildlife	Charlie Rose (N)	News	News	Storage	News	News Hour Final (N)	Ent	Stroumbouloupoulos	Weird	SportsCentre	CTV News	Mounted	Ned's	Paid Prog.	Auction	3rd Rock
11 PM					Jay Leno	Letterman	Storage	Nightline	ET Canada			Mr. Young		CTV News	Mounted	Zoey 101	Paid Prog.	Auction	3rd Rock

# News Leader Recipe 406

## Cherry Almond Fudge

Created by Almond Board of California

**Ingredients:**

- 2 cups (500 mL) sugar
- 1 can (5 oz, 150 g) evaporated milk
- 1/2 cup (125 mL) butter
- 1 package (12 oz, 360 g) semisweet chocolate chips
- 1 jar (7 oz, 210 g) marshmallow crème
- 1 tsp (5 mL) vanilla
- 1 cup (250 mL) slivered almonds, toasted
- 3/4 cup (175 mL) dried Bing cherries, chopped
- 2/3 cup (150 mL) whole blanched almonds toasted, for garnish (optional)

**Preparation:**

- Butter 9-inch square baking pan; set aside.
- In 3-quart saucepan over medium-high heat, stir sugar, milk and butter until butter melts and mixture comes to a full boil. Continue to cook 5 minutes, stirring constantly.
- Remove from heat; gradually mix in chocolate chips until melted, then mix in marshmallow crème until melted and thoroughly blended. Mix in vanilla, slivered almonds and cherries to distribute evenly.
- With a rubber spatula, scrape into buttered pan and smooth the top. Decorate with whole almonds, spacing apart and pressing in lightly, so that fudge can be cut into squares between almonds. Allow to set in cool place (2 to 3 hours).
- Cut fudge into squares; arrange and cover with plastic wrap in gift packages, or place on serving dish. To store, wrap and refrigerate up to 1 week. Bring to room temperature before serving.

Nutritional analysis per piece; makes about 36 pieces.

Calories: 120, Fibre: 2 g, Fat: 7 g, Cholesterol: 8 mg, Sat Fat: 4 g, Sodium: 9.5 mg, Mono Fat: 3 g, Calcium: 21 mg, Poly Fat: 1 g, Magnesium: 19 mg, Protein: 1.5 g, Potassium: 67 mg, Carb: 14 g, Vitamin E: 1 mg\*

\* total alpha-tocopherol equivalents

More recipes can be found online at [www.AlmondBoard.com](http://www.AlmondBoard.com). [www.newscanada.com](http://www.newscanada.com)

# Wednesday Movies

**EVENING**

11:00 pm WTBS ch.3 "Beyond a Reasonable Doubt" (2009, Drama) Jesse Metcalfe. A journalist's plan to expose a corrupt district attorney backfires when the journalist's quarry gets wind of the set-up.

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**WEDNESDAY, JANUARY 25, 2012**

	WTBS ch.3	CHBC ch.4	KNOW ch.5	KSPS ch.6	KHQ ch.7	KREM ch.8	A&E ch.9	KXLY ch.10	BCTV ch.11	CITY ch.12	CBC ch.13	YTV ch.18	TSN ch.19	VTV ch.22	DISC ch.24	FAM ch.26	CITY ch.29	SPIKE ch.44	TROP ch.45
6 AM	In the Heat of the Night	(5:30) Morning News (N)	Arthur	Builder	KHQ News 6AM (N)	KREM 2 Morning News	The Sopranos	News	(5:30) Morning News (N)	(4:30) Morning News (N)	CBC News Now	Kid vs. Kat Super Evil	SportsCentre	(5:30) CTV Morning Live (N)	Licence to Drill	Henry's Phineas	CityLine (N)	Auction	TV-Torrens
7 AM	Cosby		Hi-5	Arthur	Today Glenn Close, wearing white in winter. (N)	CBS This Morning (N)	CSI: Miami	Good Morning America (N)			Turbo	Sidekick	SportsCentre		Mayday	Suite/Deck Hannah	The Nate Berkus Show	CSI: NY	Earth: Final Conflict
8 AM	Excused		WordWorld	Curious			CSI: Miami "Bunk"		100 Huntley Street		Bo On/Go	Pokémon	SportsCentre		Masters of Survival	ANT Farm Phineas	Rachael Ray	CSI: Crime Scene	Intervention Canada
9 AM	Family Fd	100 Huntley Street	Wibbly Pig	Super Why!		The 700 Club	CSI: Miami	Live! With Kelly (N)	100 Huntley Street	Operation Smile	Super Why! News	Rescue Berenstain	SportsCentre	Live! With Kelly (N)	Auction	Mickey Never Land	Access Hollywood Live	CSI: Crime Scene	Intervention Canada
10 AM	Millionaire	Operation Smile	Numbrjack	Sesame Street (N)		The Price Is Right (N)	The First 48	The View (N)	Operation Smile	Big Flip	Poko	Little Bear	SnowTrax	The View (N)	Dirty Jobs	Mickey Manny	The Chew	CSI: Crime Scene	Roseanne
11 AM	Law Order: CI	Big Flip	Save-Ums!	Sid	The Doctors (N)	Young & Restless	The First 48	Paid Prog. FREE Wen!	Big Flip	Noon News Hour (N)	Animal Artzooka	G. Shrinks	Australian Open Tennis	Marilyn Denis	Salvage Code Red	Suite Life	The Revolution (N)	CSI: Crime Scene	Raymond
12 PM	Law Order: CI	Noon News Hour (N)	Pingu	Charlie Rose (N)	Paid Prog.	News Bold	Criminal Minds	The Chew	Noon News Hour (N)	Days of our Lives (N)	CBC News Now (N)	Rated A		CTV News (N)	Gold Rush	Wizards Hannah	General Hospital (N)	CSI: Crime Scene	Raymond
1 PM	Amer. Dad	Days of our Lives (N)	Doggy Zboom	Oil Painting	Days of our Lives (N)	The Talk	Criminal Minds	The Revolution (N)	Days of our Lives (N)	The Talk	Heartland (DVS)	Kid vs. Kat Super Evil	NFL Live (N) (Live)	The Dr. Oz Show	Licence to Drill	Sonny Cory	CityLine	CSI: Crime Scene	Roseanne
2 PM	King	The Talk	Franklin	Barney	Judge B.	Let's Make a Deal (N)	The First 48	General Hospital (N)	The Talk	The Doctors (N)	Steven and Chris (N)	Monster Squirrel	Off Record	Anderson	Myth-Busters	Suite/Deck Ned's	CityNews at 5 (N)	Ways Die	Gold Girls
3 PM	The Office	The Doctors (N)	Rob Robot	WordGirl	Ellen DeGeneres Show	Dr. Phil	The First 48	Rachael Ray	The Doctors (N)	Young & Restless	Recipes Stefano	Almost Sidekick	SportsCentre (N)	Dr. Phil	Cash Cab	Life Derek Kings	CityNews at 6 (N)	Ways Die	Intervention Canada
4 PM	Big Bang	Young & Restless	G. Shrinks	Fetch! With Arthur	Jdg Judy	The Dr. Oz Show	Storage	The Nate Berkus Show	Young & Restless	Early News	Mercer	SpongeBob	Hockey	Ellen DeGeneres Show	Daily Planet (N)	Phineas	How I Met	Ways Die	Intervention Canada
5 PM	College Basketball: Alabama at South Carolina.	News (N)	Jack	News	News	News	Storage	News	Early News	(4:59) News Hour (N)	CBC News: Vancouver (N)	Parents	NHL Hockey: Detroit Red Wings at Montreal Canadiens.	CTV News at Five (N)	Gold Rush	Wingin' It	The Middle	Ways Die	Raymond
6 PM		Global Nat.	Parks	PBS News-Hour (N)	News	KREM 2 News at 6 (N)	Dog the Bounty Hunter	News	(5:59) News Hour (N)	ET Canada	Coronation Street (N)	Mr. Young		CTV News (N)	American Chopper	Suite/Deck Wizards	Family Happy	Ways Die	Raymond
7 PM	Seinfeld	Ent	Frontiers of	Nature (N) (DVS)	Jeopardy!	Inside Ed.	Dog the Bounty Hunter	Ent	Ent	Kitchen Nightmares (N)	Jeopardy!	Mr. Young	2012 Australian Open	etalk	Sons of Guns	Shake It Good Luck	Revenge "Charade"	Ways Die	Roseanne
8 PM	Family Guy	Bomb Girls (N)	India	NOVA (N) (DVS)	Whitney (N) Chelsea	Criminal Minds	Dog the Bounty Hunter	The Middle Suburg.	Bomb Girls (N)	Bomb Girls (N)	Dragons' Den (N)	Mr. Young	Tennis: Women's Semifinals.	American Idol (N)	Daily Planet	Suite/Deck Austin	News EP Daily	Ways Die	Instant
9 PM	Browns	Touch "Pilot" (N)	Giuseppe Verdi: Messa da Requiem	Inside Nature's Giants	Law & Order: SVU	Criminal Minds (N)	Storage	Family Happy	Touch "Pilot" (N)	Touch "Pilot" (N)	Republic of Doyle (N)	Funnest Home Videos	From Melbourne, Australia. (N) (Live)	Criminal Minds (N)	Sons of Guns	Shake It	Seinfeld	Ways Die	Roseanne
10 PM	Browns	Kitchen Nightmares (N)		The Story of Science	Law & Order: SVU	CSI: Crime Scene	Dog the Bounty Hunter	Revenge "Charade"	Kitchen Nightmares (N)	(10:07) News Hour Final	National	Laughs		CSI: Crime Scene	Gold Rush	Princess So Raven	The Nate Berkus Show	Ways Die	Gold Girls
11 PM	"Beyond Doubt"	CHBC News Final (N)	Frontiers of	Charlie Rose (N)	News Jay Leno	News Letterman	Dog the Bounty Hunter	News Nightline	Ent	Ent	Stroumbouloupoulos	Weird Mr. Young	SportsCentre	CTV News	American Chopper	Ned's Zoey 101	Paid Prog.	1,000 Ways to Die	Raymond

# Around The Similkameen!



A pair of Evening Grosbeaks rest high in a tree after raiding a back yard feeder. \*



Princeton Skating Club Coach Janelle Morcombe, right, takes a skater on a warm-up round prior to judging on Test Day January 20th at Princeton Arena.\*



One of the yellow signs in this picture is out of season: I wonder which one? Perhaps the pool advocates are hoping the sign will be around long enough for the next go 'round on a pool referendum? Photo: Arlene Arlow



A Woodpecker makes short work out of hunting for food in South Princeton. \*



Doves take a break from feeding in a tree along Burton Avenue, Princeton. \*



Princeton Skating Club members got to show off their skills as part of Test Day January 20th. \*



Call it a hare-raising experience, if you must! Photo: Terry Tellier

# Two quakes hit Princeton area

Two mild earthquakes hit the Princeton area ten days ago. On January 12, a 2.3 quake struck just northwest of Princeton between Princeton and Coalmont. On January 14, a 2.3 quake struck southwest of Princeton near the location known as the mine hill. It is

doubtful anyone felt the quake. A month ago, a small quake hit the area near Osprey Lake. This was an extremely shallow quake and may have been felt by nearby residents. These small quakes appear to be related to a number of recent quakes in the Okanagan Valley basin rang-

ing from Yakima to Princeton, and part of the Columbia River basin which has an ongoing history of small quakes. The most recent flurry of tiny quakes began last fall in Washington along the Columbia River and gradually moved north.

## Thursday Movies

### EVENING

9:00 pm WTBS ch.3 "XXX: State of the Union" (2005, Action) Ice Cube. In Washington, D.C., the new XXX agent must eliminate a threat to the president from within the U.S. gov-

ernment.  
11:00 pm WTBS ch.3 "Doom" (2005, Science Fiction) The Rock. Soldiers use heavy firepower to battle mutants at a high-tech research facility on Mars.

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### THURSDAY, JANUARY 26, 2012

	WTBS ch.3	CHBC ch.4	KNOW ch.5	KSPS ch.6	KHQ ch.7	KREM ch.8	A&E ch.9	KXLY ch.10	BCTV ch.11	CITY ch.12	CBC ch.13	YTV ch.18	TSN ch.19	VTV ch.22	DISC ch.24	FAM ch.26	CITY ch.29	SPIKE ch.44	TROP ch.45
6 AM	In the Heat of the Night (N) 30	(5:30) Morning News (N) 30	Arthur 0 Rob Robot	Thomas Clifford	KHQ News 6AM (N)	KREM 2 Morning News	The Sopranos 0 30	News	(5:30) Morning News (N) 30	(4:30) Morning News (N) 30	CBC News Now 30	Kid vs. Kat Super Evil	SportsCentre 30	(5:30) CTV Morning Live (N) 0 30	Breakout 30	Henry's Phineas	CityLine (N) 30	Auction Auction	TV-Torrens OpenSoon
7 AM	Cosby Cosby		HI-5 30 Magic Bus	Arthur Martha	Today Secondhand stores; Luke Perry (N) 0 30	CBS This Morning (N) 0 30	CSI: Miami 0 30	Good Morning America (N) 30			Turbo Cat in the Hat	Sidekick Beyblade	SportsCentre 30		Mayday Radar operator.	Suite/Deck Hannah	The Nate Berkus Show	CSI: NY "All Access" 30	Earth: Final Conflict 0
8 AM	Excused Excused		WordWorld Dinosaur	Curious Cat in the Hat			CSI: Miami 0 30			100 Huntley Street 30	Bo On/Go Busytown	Pokémon Kid vs. Kat	SportsCentre 30		Oddities Oddities	ANT Farm Phineas	Rachael Ray 0 30	CSI: Crime Scene Instant	Instant
9 AM	Family Fd Family Fd	100 Huntley Street 30	Wibbly Pig Princess	Super Why! Dinosaur		The 700 Club 30	CSI: Miami 0 30	Live! With Kelly (N) 30	100 Huntley Street 30	World Vision	Super Why! News	Rescue Berenstain	SportsCentre 30	Live! With Kelly (N) 30	Auction Auction	Mickey Never Land	Access Hollywood Live	CSI: Crime Scene Instant	Instant
10 AM	Millionaire Millionaire	World Vision	Numbjack Mr. Moon	Sesame Street 0 (EI)		The Price Is Right (N)	The First 48 30	The View 0 30	World Vision	Big Flip Debt/Part	Poko 30 Doodlebop	Little Bear Big-Small	Luge 2012	The View 0 30	Dirty Jobs "Dirty DNA"	Mickey Manny	The Chew 0 30	CSI: Crime Scene Instant	Roseanne Raymond
11 AM	Law Order: CI Debt/Part	Big Flip	Save-Ums! Rolie Polie	Sid Sit & Be Fit	The Doctors (N) 30	Young & Restless	The First 48 30	Paid Prog. Secrets	Big Flip Debt/Part	Noon News Hour (N)	Animal Artzooka	G. Shrinks Rescue	Australian Open Tennis: Men's First Semifinal. 30	Marilyn Denis	Gold Rush	Suite Life Suite Life	The Revolution (N)	CSI: Crime Scene Instant	Friends 0 Friends 0
12 PM	Law Order: CI Earl	Noon News Hour (N)	Pingu 30 Peep	Charlie Rose (N) 30	Live Long Paid Prog.	News Bold	Criminal Minds 0 30	The Chew 0 30	Noon News Hour (N)	Days of our Lives (N)	CBC News Now (N) 0	Puppies Almost	CTV News (N) 0 30	American Chopper	Wizards Hannah	General Hospital (N) 0	Jail 30 Jail 30	3rd Rock 3rd Rock	Friends 0 3rd Rock
1 PM	Amer. Dad Earl	Days of our Lives (N)	Doggy Zoboom	Paulson Knit	Days of our Lives (N)	The Talk 0 30	Criminal Minds 0 30	The Revolution (N)	Days of our Lives (N)	The Talk 0 30	Heartland 30 (DVS)	Kid vs. Kat Super Evil	NFL Live (N) (Live) 30	The Dr. Oz Show 30	Sons of Guns	Sonny Cory	CityLine 30	Jail 30 Jail 30	3rd Rock 3rd Rock
2 PM	King King	The Talk 0 30	Franklin 0 Little Bear	Barney WordWorld	Judge B. Judge B.	Let's Make a Deal (N)	The First 48 30	General Hospital (N) 0	The Talk 0 30	The Doctors (N) 30	Steven and Chris 0	Monster Squirrel	Off Record Interruption	Anderson 0 30	Myth-Busters 0 30	Suite/Deck Ned's	CityNews at 5 (N) 30	Jail 30 Jail 30	Gold Girls Gold Girls
3 PM	The Office The Office	The Doctors (N) 30	Rob Robot Berenstain	WordGirl Electric	Ellen DeGeneres Show	Dr. Phil 0 30	The First 48 30	Rachael Ray 0 30	The Doctors (N) 30	Young & Restless	Recipes Stefano	Almost Sidekick	SportsCentre (N) 30	Dr. Phil 0 30	Cash Cab How/Made	Life Derek Kings	CityNews at 6 (N) 30	Jail 30 Jail 30	Instant Instant
4 PM	Big Bang Big Bang	Young & Restless	G. Shrinks Arthur	Fetch! With Wild Kratts	Jdg Judy Jdg Judy	The Dr. Oz Show 30	The First 48 30	The Nate Berkus Show	Young & Restless	Early News Global Nat.	Mercer Wheel	SpongeBob Penguins	Hockey NHL	Ellen DeGeneres Show	Daily Planet (N)	Phineas Phineas	How I Met 30 Rock	Jail 30 Jail 30	Instant Instant
5 PM	Browns Payne	News (N) 30	Jack 30 Martha	News Business	News NBC News	News CBS News	The First 48 30	News ABC News	Early News Global Nat.	(4:59) News Hour (N)	CBC News: Vancouver (N) 30	Parents SpongeBob	NHL All Star Fantasy Draft (N) 30	CTV News at Five (N)	Myth-Busters 0 30	Wingin' It Good Luck	30 Rock Parks	Jail 30 Jail 30	Friends 0 Friends 0
6 PM	Browns Payne	Global Nat. News	Parks Undersea	PBS News-Hour (N) 30	News Millionaire	KREM 2 News at 6 (N)	The First 48 (N) 30	News News	(5:59) News Hour (N)	ET Canada	Coronation Street (N)	Weird Weird	SportsCentre (N) 30	CTV News (N) 0 30	Myth-Busters 0 30	Suite/Deck Wizards	Person of Interest 30	IMPACT Wrestling (N) 0 30	Friends 0 3rd Rock 3rd Rock
7 PM	Seinfeld Seinfeld 0	Ent ET Canada	Canada: Over the Edge	NW Prof! Sky Island	Jeopardy! Wheel	Inside Ed. Access H.	The First 48 30	Ent The Insider	Ent ET Canada	The Firm (N) 0 30	Jeopardy!	Weird Weird	Hockey	etalk 30 Big Bang	Myth-Busters 0 30	Shake It Good Luck	(7:02) Private Practice	3rd Rock 3rd Rock	
8 PM	Family Guy Family Guy	Rob "Pilot" Rob (N) 0	Accent of Money 0	Prime Suspect 30	30 Rock Parks	Big Bang Rob (N) 0	The First 48 30	Wipeout (N) 0 30	Rob "Pilot" Rob (N) 0	Rob "Pilot" Rob (N) 0	The Nature of Things	iCarly 30 Mr. Young	Sports Off Record	Big Bang All Night	Suite/Deck Good Luck	News EP Daily	MANswers MANswers	Instant ET Canada	
9 PM	Movie: ** "XXX: State of the Union" (2005)	The Finder (N) 0 30	Being Caribou 0 30	MI-5 "The Mole" 30	30 Rock All Night	Person of Interest 30	(9:01) The First 48 30	Grey's Anatomy 30	The Finder (N) 0 30	The Finder (N) 0 30	8th Fire (N) 30 (DVS)	Funniest Home Videos	Poker - Europe	Unforgettable "Heroes" 30	Myth-Busters 0 30	Really Me Wingin' It	Seinfeld 0 Seinfeld 0	MANswers MANswers	Roseanne Raymond
10 PM		The Firm (N) 0 30	Snapshot	The Appalachians 0	The Firm (N) 0 30	The Mentalist 0 30	(10:01) The First 48	(10:02) Private Practice	The Firm (N) 0 30	News Hour Final (N)	National	Laughs Splatalot	SportsCentre 30	The Mentalist 0 30	Myth-Busters 0 30	Princess So Raven	The Nate Berkus Show	GTTV MANswers	Gold Girls Gold Girls
11 PM	Movie: ** "Doom"	CHBC News Final (N)	Inside Disaster: Haiti	Charlie Rose (N) 30	News Jay Leno	News Letterman	(11:01) The First 48	News Nightline	News Hour Final (N)	Ent ET Canada	Stroumbouloupoulos	Weird Mr. Young	SportsCentre 30	CTV News CTV News	Myth-Busters 0 30	Ned's Zoey 101	Paid Prog. Paid Prog.	Entourage Entourage	Friends 0 Friends 0

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# Friday Movies

**EVENING**

8:00 pm YTV ch.18 "Legally Blondes" (2009, Comedy) Milly Rosso. British twin sisters experience culture shock when they attend school in California. (In Stereo) (CC)

FAM ch.26 "Planet 51" (2009, Comedy) Voices of Dwayne Johnson. Premiere. Animated. An astronaut lands on a planet he thought was uninhabited, but he finds an alien civilization that resembles 1950s-era America. (In Stereo) (CC)

9:00 pm WTBS ch.3 "Doom" (2005, Science Fiction) The Rock. Soldiers use heavy firepower to battle mutants at a high-tech research facility on Mars.

10:00 pm KSPS ch.6 "Make No Little Plans: Daniel Burnham and the American City" (2010, Documentary) Visionary architect Daniel Burnham designs buildings for Chicago, Washington, D.C., San Francisco and Cleveland. (CC)

FAM ch.26 "Hoot" (2006, Comedy) Luke Wilson. After moving from Montana, a youth and his new friends in Florida take on corrupt politicians and greedy developers in a fight to protect endangered owls. (In Stereo) (CC)

11:00 pm WTBS ch.3 "War of the Worlds" (2005, Science Fiction) C. Thomas Howell. An astronomer searches for his missing family in the aftermath of a devastating alien attack.

# News Leader Sudoku 386

by Carter Boswell

## HOW TO PLAY:

Sudoku is a game of logic. There is no math involved. The object of the game is to fill the grid so that the numbers 1 through 9 appear only once in each row, column and 3 x 3 box. The numbers can appear in any order and Carter has left you some clues below.

1			2	8				4
	2			6				7
		3					1	
			4			6		2
7	6			5			3	8
2		5			6			
		2					7	
	4			9			8	
3				2	4			9

**THIS WEEK'S SOLUTION:**  
Page 20

News Leader Sudoku grids, puzzles and solutions  
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**FRIDAY, JANUARY 27, 2012**

	WTBS ch.3	CHBC ch.4	KNOW ch.5	KSPS ch.6	KHQ ch.7	KREM ch.8	A&E ch.9	KXLY ch.10	BCTV ch.11	CITV ch.12	CBC ch.13	YTV ch.18	TSN ch.19	VTV ch.22	DISC ch.24	FAM ch.26	CITY ch.29	SPIKE ch.44	TROP ch.45
6 AM :30	In the Heat of the Night	(5:30) Morning News (N) Ⓢ	Arthur	Bulldozer	KHQ News 6AM (N)	KREM 2 Morning News	The Sopranos Ⓢ	News	(5:30) Morning News (N) Ⓢ	(4:30) Morning News (N) Ⓢ	CBC News Now Ⓢ	Kid vs. Kat Super Evil	SportsCentre Ⓢ	(5:30) CTV Morning Live (N) Ⓢ	Machines	Henry's	CityLine (N) Ⓢ	DEA	TV-Torrens Opening
7 AM :30	Cosby		Hi-5 Ⓢ	Arthur	Today Viewer cook-off; male nurses. (N) Ⓢ	CBS This Morning (N) Ⓢ	CSI: Miami Ⓢ	Good Morning America (N) Ⓢ			Turbo	Sidekick	SportsCentre Ⓢ		Mayday Ⓢ	Suite/Deck Hannah	The Nate Berkus Show	DEA	Earth: Final Conflict Ⓢ
8 AM :30	Excused		WordWorld	Curious			CSI: Miami Ⓢ			100 Huntley Street Ⓢ	Bo On/Go	Pokémon	SportsCentre Ⓢ		Myth-Busters Ⓢ	ANT Farm	Rachael Ray Ⓢ	DEA Juarez Cartel.	Canadian Pickers Ⓢ
9 AM :30	Family Fd	100 Huntley Street Ⓢ	Garth-Bev	Super Why!		The 700 Club Ⓢ	CSI: Miami "Dispo Day"	Livel With Kelly (N) Ⓢ	100 Huntley Street Ⓢ	Operation Smile	Super Why! News	Rescue Berenstain	SportsCentre Ⓢ	Livel With Kelly (N) Ⓢ	Auction	Mickey	Access Hollywood Live	DEA	Canadian Pickers Ⓢ
10 AM :30	Millionaire	Operation Smile	Numbrjack	Sesame Street Ⓢ (EI)		The Price is Right (N)	The First 48 Ⓢ	The View Ⓢ	Operation Smile	Big Flip	Poko Ⓢ	Little Bear	Luge	The View Ⓢ	Dirty Jobs Ⓢ	Mickey	The Chew Ⓢ	DEA "Flip The Stripper"	Roseanne Raymond
11 AM :30	Law Order: CI	Big Flip	Save-Ums!	Sid	The Doctors (N) Ⓢ	Young & Restless	The First 48 Ⓢ	Paid Prog.	Big Flip	Noon News Hour (N)	Animal	G. Shrinks	Australian Open Tennis: Men's Second Semifinal. Ⓢ	Marilyn Denis	Mighty Ships	Suite Life	The Revolution (N)	DEA	'70s Show
12 PM :30	Law Order: CI	Noon News Hour (N)	Pingu	Charlie Rose (N) Ⓢ	Paid Prog.	News	Dog the Bounty Hunter	The Chew Ⓢ	Noon News Hour (N)	Days of our Lives (N)	CBC News Now (N) Ⓢ	Rated A	Almost	CTV News (N) Ⓢ	Myth-Busters Ⓢ	Wizards	General Hospital (N) Ⓢ	DEA	'70s Show
1 PM :30	Amer. Dad	Days of our Lives (N)	Doggy	Gary Spetz	Days of our Lives (N)	The Talk Ⓢ	Dog	The Revolution (N)	Days of our Lives (N)	The Talk Ⓢ	Heartland Ⓢ (DVS)	Kid vs. Kat Super Evil	NHL All-Star Media Day (N) (Live) Ⓢ	The Dr. Oz Show Ⓢ	Myth-Busters Ⓢ	Sonny	CityLine Ⓢ	DEA	King
2 PM :30	King	The Talk Ⓢ	Franklin Ⓢ	Barney	Judge B.	Let's Make a Deal (N)	Dog the Bounty Hunter	General Hospital (N) Ⓢ	The Talk Ⓢ	The Doctors (N) Ⓢ	Steven and Chris Ⓢ	Monster	Squirrel	Anderson Ⓢ	Myth-Busters Ⓢ	Suite/Deck Ned's	CityNews at 5 (N) Ⓢ	Jesse James-Man	Gold Girls
3 PM :30	The Office	The Doctors (N) Ⓢ	Rob Robot	WordGirl	Ellen DeGeneres Show	Dr. Phil Ⓢ	Dog the Bounty Hunter	Rachael Ray Ⓢ	The Doctors (N) Ⓢ	Young & Restless	Recipes	Almost	SportsCentre (N) Ⓢ	Dr. Phil Ⓢ	Cash Cab	Life Derek	CityNews at 6 (N) Ⓢ	Jesse James-Man	Canadian Pickers Ⓢ
4 PM :30	Big Bang	Young & Restless	G. Shrinks	Blz Kid\$	Jdg Judy	The Dr. Oz Show Ⓢ	Dog the Bounty Hunter	The Nate Berkus Show	Young & Restless	Early News	Mercer	SpongeBob	Hockey	Ellen DeGeneres Show	Daily Planet (N)	Phineas	How I Met	Jesse James-Man	Canadian Pickers Ⓢ
5 PM :30	Browns	News (N) Ⓢ	Jack Ⓢ	News	News	News	Dog the Bounty Hunter	News	Early News	(4:59) News Hour (N)	CBC News: Vancouver (N) Ⓢ	Parents	NHL All-Star Media Day Ⓢ	CTV News at Five (N)	Auction	Random	Quon	Jesse James-Man	'70s Show
6 PM :30	Browns	Global Nat.	Parks	PBS News-Hour (N) Ⓢ	News	KREM 2 News at 6 (N)	Dog the Bounty Hunter	News	(5:59) News Hour (N)	ET Canada	Coronation Street (N)	Boys		CTV News (N) Ⓢ	Man vs. Wild Ⓢ	Shake It	Fringe (N) Ⓢ	Jesse James-Man	'70s Show
7 PM :30	Seinfeld	Ent	What's That About?	Wash. Need	Jeopardy!	Inside Ed.	Dog the Bounty Hunter	Ent	Ent	King "Eleni Demaris"	Jeopardy!	Big Time	SportsCentre (N) (Live) Ⓢ	etalk Ⓢ	Mayday "Blind Spot"	Jessie (N)	Mantracker Ⓢ (DVS)	Jesse James-Man	King
8 PM :30	Family Guy	A Gifted Man Ⓢ	Ballyhoo-sangel Ⓢ	Great Performances (N) Ⓢ	Chuck (N) Ⓢ	A Gifted Man Ⓢ	Dog the Bounty Hunter	Shark Tank (N) Ⓢ	A Gifted Man Ⓢ	A Gifted Man Ⓢ	M'ketplace	Movie: "Legally Blondes" (2009) Ⓢ	Off Record	Shark Tank (N) Ⓢ	Daily Planet (N) Ⓢ	Movie: ** "Planet 51" (2009) Ⓢ	News	Jesse James-Man	Instant
9 PM :30	Movie: ** "Doom" (2005) The Rock.	King "Eleni Demaris"	Polrot "Sad Cypress" Ⓢ	Architect	Chuck Ⓢ	CSI: NY "Keep It Real"	Dog the Bounty Hunter	Primetime: What Would	King "Eleni Demaris"	Harry's Law Ⓢ	fifth estate	Weird	Poker - Europe	CSI: NY "Keep It Real"	Man vs. Wild Ⓢ	Phineas	Seinfeld Ⓢ	Ink Master Ⓢ	Roseanne
10 PM :30	"War of the Worlds"	CHBC News Final (N)	What's That About?	Charlie Rose (N) Ⓢ	News	News	Dog the Bounty Hunter	Sports Nightline	News Hour Final (N)	Ent	Stroumbouloupoulos	In Real Life Ⓢ	SportsCentre Ⓢ	CTV News	Mayday "Blind Spot"	Movie: ** "Hoot" (2006) Ⓢ	Brandy & Ray J	Ink Master Ⓢ	Gold Girls
11 PM :30				Jay Leno	Letterman												The Nate Berkus Show	Entourage	'70s Show

# News Leader Weekend - Saturday Movies

### MORNING

8:00 am WTBS ch.3 "Garfield: A Tail of Two Kitties" (2006, Comedy) Voices of Bill Murray. Garfield follows Jon to England and gets the royal treatment after he is mistaken for the heir to a grand castle. But the feline will need all nine lives to foil the plans of evil Lord Dargis, who wants to turn the castle into a resort.

10:00 am A&E ch.9 "You've Got Mail" (1998, Romance-Comedy) Tom Hanks. Premiere. Professional rivalry threatens to thwart romance when anonymous e-mail pals meet each other. (CC)

11:00 am KXLY ch.10 "Garfield: A Tail of Two Kitties" (2006, Comedy) Voices of Bill Murray. Garfield follows Jon to England and gets the royal treatment after he is mistaken for the heir to a grand castle. But the feline will need all nine lives to foil the plans of evil Lord Dargis, who wants to turn the castle into a resort.

### AFTERNOON

12:00 pm FAM ch.26 "Planet 51" (2009, Comedy) Voices of Dwayne Johnson. Animated. An astronaut lands on a planet he thought was uninhabited, but he finds an alien civilization that resembles 1950s-era America. (In Stereo) (CC)

5:00 pm WTBS ch.3 "War of the Worlds" (2005, Science Fiction) C. Thomas Howell. An astronomer searches for his missing family in the aftermath of a devastating alien attack.

### EVENING

6:00 pm CITY ch.29 "You Might as Well Live" (2009, Comedy) Joshua Peace. Robert tries to be somebody by getting a girl, some money and a championship. (CC)

7:00 pm CITY ch.12 "American Sunset" (2009, Suspense) Corey Haim. Tom wakes up to find his wife has gone missing and has to find her by solving a series of riddles left by her abductor. (CC)

7:30 pm WTBS ch.3 "Men in Black II" (2002, Action) Tommy Lee Jones. Two interstellar agents try to stop an alien disguised as a lingerie model from destroying the world.

8:00 pm CHBC ch.4 BCTV ch.11 "Killer Wave" (2007, Suspense) (Part 2 of 2) Angus Macfadyen. Two engineers try to save Boston after terrorists use nuclear missiles to create huge tidal waves. (CC)

KSPS ch.6 "Shake Hands With the Devil" (1959, Drama) James Cagney. A medical professor recruits a U.S. student for the Irish Republican Army in 1921 Dublin.

CBC ch.13 "National Treasure" (2004, Adventure) Nicolas Cage. An adventurer must steal the Declaration of Independence and use its hidden map to find a legendary fortune. (In Stereo) (CC)

YTV ch.18 "Groundhog Day" (1993, Romance-Comedy) Bill Murray. February 2nd keeps repeating for a cynical TV weatherman sent to watch the groundhog in Punxsutawney, Pa. (In Stereo) (CC)

9:00 pm KXLY ch.10 "Blades of Glory" (2007, Comedy) Will Ferrell.

Several years after being banned from men's singles competition, two rival skaters exploit a loophole that allows them to compete as a pair. (In Stereo) (CC)

FAM ch.26 "Minor Details" (2009, Comedy) Kelsey Edwards. Four girls join forces to find a solution to a mysterious illness that has befallen students and faculty at their school. (In Stereo) (CC)

CITY ch.29 "Pay It Forward" (2000, Drama) Kevin Spacey. In response to a challenge by his teacher, an 11-year-old proposes an idea for individual deeds to change the world. (CC)

SPIKE ch.44 "Black Sheep" (1996, Comedy) Chris Farley. Premiere. To head off political embarrassment, the aide of a gubernatorial candidate shepherds his boss's uncouth brother. (In Stereo)

9:15 pm WTBS ch.3 "The Invasion" (2007, Science Fiction) Nicole Kidman. A psychiatrist discovers that an epidemic altering the behavior of human beings is extraterrestrial in origin.

10:30 pm FAM ch.26 "Opal Dream" (2005, Drama) Vince Colosimo. An Australian girl, who is overly attached to a pair of imaginary friends, reacts badly when her father tells her he lost them in a mine. (In Stereo)

11:00 pm KXLY ch.10 "Step Up 2 the Streets" (2008, Drama) Briana Evigan. A street dancer enrolls at Maryland School of the Arts and teams up with a talented classmate to take a team to an underground dance contest.

SPIKE ch.44 "I Spy" (2002,

Comedy) Eddie Murphy. Premiere. A special agent and a boxing champion travel to Budapest, Hungary, to locate an arms dealer and a stealth bomber. (In Stereo)

11:15 pm WTBS ch.3 "Men in Black II" (2002, Action) Tommy Lee Jones. Two interstellar agents try to stop an alien disguised as a lingerie model from destroying the world.

11:30 pm CBC ch.13 "Million Dollar Baby" (2004, Drama) Clint Eastwood. A deep bond develops between a cantankerous trainer and the female boxer he reluctantly takes under his wing. (In Stereo) (CC)

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### SATURDAY, JANUARY 28, 2012

	WTBS ch.3	CHBC ch.4	KNOW ch.5	KSPS ch.6	KHQ ch.7	KREM ch.8	A&E ch.9	KXLY ch.10	BCTV ch.11	CITY ch.12	CBC ch.13	YTV ch.18	TSN ch.19	VTV ch.22	DISC ch.24	FAM ch.26	CITY ch.29	SPIKE ch.44	TROP ch.45				
6 AM	Paid Prog.	Driving TV	To School	Heartland	(5:00) Today (N) (CC)	(5:00) CBS This Morning	Sell House	Paid Prog.	Driving TV	Saturday Morning News	Razzberry	Kid vs. Kat	SportsCentre (CC)	Juicebox (CC)	Salvage Code Red (CC)	Jungle	Kitchen	Surviving Disaster	TV-Torrens				
7 AM	Paid Prog.	Big Coast	Dinosaurs	Fly Tying	KHQ Local News (N) (CC)	Doodlebop	Sell House	Kitchen	Big Coast	Saturday Morning News (N) (CC)	Poko (CC)	Redakai (CC)	Jungle	Rated A	SportsCentre (CC)	Man vs. Wild (CC)	Manny	Eye/Asia	Repo	Canadian Pickers (CC)			
8 AM	Movie: ** "Garfield: A Tail of Two Kitties"	Saturday Morning News (N) (CC)	Arthur	MotorWeek	Dino Dan	Greener	Doodlebop	Flip This House (CC)	Good Morning America	Saturday Morning News (N) (CC)	Busytown	Flipping Boston (CC)	J. Hanna	Ocean	Animal	SpongeBob	SportsCentre (CC)	Hobo	Mayday "Blind Spot"	Phiness	Polish Studio (CC)	Xtreme 4x4	Friends (CC)
9 AM	Movie: ** "Garfield: A Tail of Two Kitties"	Saturday Morning News (N) (CC)	Making	Woodsmith	Clifford	Hometime	Busytown	Flipping Boston (CC)	Ocean	Animal	SpongeBob	SportsCentre (CC)	Hobo	Mayday "Blind Spot"	Phiness	Polish Studio (CC)	Xtreme 4x4	Friends (CC)					
10 AM	Jim	Fish'n	Rolie Polle	Old House	Willa's	College Basketball: Texas at Baylor. (N) (CC)	Movie: ** "You've Got Mail" (1998)	Tom Hanks. (CC)	Food	Fish'n	Powerboat	Skating	T.U.F.F.	Children	Man vs. Wild (CC)	A.N.T. Farm (CC)	Tow Biz	UFC Un-leashed (CC)	Fraser (CC)				
11 AM	College Basketball: Mississippi State at Florida. (N) (Live)	Powerboat	Martha	Cooking	To Be Announced	PGA Tour Golf: Farmers Insurance Open, Third Round. (N) (Live) (CC)	Parking	Winter X Games 16 (N)	Powerboat	House "Lucky Thirteen"	Curling: Swiss Chalet National	Kung Fu	Beyblade	Is Written	Gold Rush (CC)	Jessie (CC)	cooking	UFC Un-leashed (CC)	King				
12 PM	College Basketball: Kentucky at LSU. (N) (Live)	PGA Tour Golf: Farmers Insurance Open, Third Round. (N) (Live) (CC)	Gardens	Cook's	Skating	PGA Tour Golf: Farmers Insurance Open, Third Round. (N) (Live) (CC)	Parking	Winter X Games 16 (N)	PGA Tour Golf: Farmers Insurance Open, Third Round. (N) (Live) (CC)	House "Lucky Thirteen"	Grand Slam Quarterfinals. (N) (Live) (CC)	Power	2012 Australian Open Tennis: Women's Final. (CC)	Canada's Worst Driver	Auction	Phiness	Paid Prog.	UFC Un-leashed (CC)	Drew				
1 PM	College Basketball: Kentucky at LSU. (N) (Live)	PGA Tour Golf: Farmers Insurance Open, Third Round. (N) (Live) (CC)	Parks	Antiques Roadshow	Figure Skating: U.S. Championships. (N) (CC)	Insurance Open, Third Round. (N) (Live) (CC)	Parking	Winter X Games 16 (N)	PGA Tour Golf: Farmers Insurance Open, Third Round. (N) (Live) (CC)	House "Lucky Thirteen"	Game Day	Kid vs. Kat	Kid vs. Kat	Worst Handyman	Myth-Busters (CC)	Suite/Deck	Ed's Up	UFC Fight Night: Noguerra vs. Davis (CC)	3rd Rock				
2 PM	College Basketball: Kentucky at LSU. (N) (Live)	PGA Tour Golf: Farmers Insurance Open, Third Round. (N) (Live) (CC)	Rivers	Last Chance to See (CC)	Rivers	Insurance Open, Third Round. (N) (Live) (CC)	Parking	Winter X Games 16 (N)	PGA Tour Golf: Farmers Insurance Open, Third Round. (N) (Live) (CC)	House "Lucky Thirteen"	National	Kid vs. Kat	SportsCentre (N) (CC)	Marilyn Denis	Cash Cab	Good Luck	CityNews	UFC Un-leashed (CC)	King				
3 PM	The Office	House "Lucky Thirteen"	Meerkat	Globe Trekker (CC)	Jdg Judy	Paid Prog.	Parking	The Big Time (N)	House "Lucky Thirteen"	Simpsons	NHL Hockey: NHL All-Star SuperSkills. (N) (Live) (CC)	Almost	NFL Films	TBA	Cash Cab	Jessie (CC)	G. Martin	UFC Un-leashed (CC)	King				
4 PM	Seinfeld (CC)	Simpsons	Raptor Force (CC)	Stevens	Sheldon	Access Hollywood (N)	Storage	Rev3	Simpsons	Family Guy	Almost	E:60 (CC)	App	Cash Cab	Wizards	Canadians	UFC Un-leashed (CC)	King					
5 PM	Movie: ** "War of the Worlds" (2005) Rhett Giles	Family Guy	ItalianJob	Last/Wine	News	NBC News	Storage	ABC News	Global Nat.	(4:59) News Hour (N)	Almost	Figure Skating	etalk (CC)	Licence to Drill	Shake It	Murdoch Mysteries (CC)	UFC Un-leashed (CC)	Drew					
6 PM	Movie: ** "War of the Worlds" (2005) Rhett Giles	Family Guy	ItalianJob	Last/Wine	News	NBC News	Storage	ABC News	Global Nat.	(4:59) News Hour (N)	Almost	Figure Skating	etalk (CC)	Licence to Drill	Shake It	Murdoch Mysteries (CC)	UFC Un-leashed (CC)	Drew					
7 PM	Movie: ** "Men in Black II"	Family Guy	ItalianJob	Last/Wine	News	NBC News	Storage	ABC News	Global Nat.	(4:59) News Hour (N)	Almost	Figure Skating	etalk (CC)	Licence to Drill	Shake It	Murdoch Mysteries (CC)	UFC Un-leashed (CC)	Drew					
8 PM	Movie: ** "Men in Black II"	Family Guy	ItalianJob	Last/Wine	News	NBC News	Storage	ABC News	Global Nat.	(4:59) News Hour (N)	Almost	Figure Skating	etalk (CC)	Licence to Drill	Shake It	Murdoch Mysteries (CC)	UFC Un-leashed (CC)	Drew					
9 PM	Movie: ** "Men in Black II"	Family Guy	ItalianJob	Last/Wine	News	NBC News	Storage	ABC News	Global Nat.	(4:59) News Hour (N)	Almost	Figure Skating	etalk (CC)	Licence to Drill	Shake It	Murdoch Mysteries (CC)	UFC Un-leashed (CC)	Drew					
10 PM	Movie: ** "Men in Black II"	Family Guy	ItalianJob	Last/Wine	News	NBC News	Storage	ABC News	Global Nat.	(4:59) News Hour (N)	Almost	Figure Skating	etalk (CC)	Licence to Drill	Shake It	Murdoch Mysteries (CC)	UFC Un-leashed (CC)	Drew					
11 PM	Movie: ** "Men in Black II"	Family Guy	ItalianJob	Last/Wine	News	NBC News	Storage	ABC News	Global Nat.	(4:59) News Hour (N)	Almost	Figure Skating	etalk (CC)	Licence to Drill	Shake It	Murdoch Mysteries (CC)	UFC Un-leashed (CC)	Drew					





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# Monday Movies

### AFTERNOON

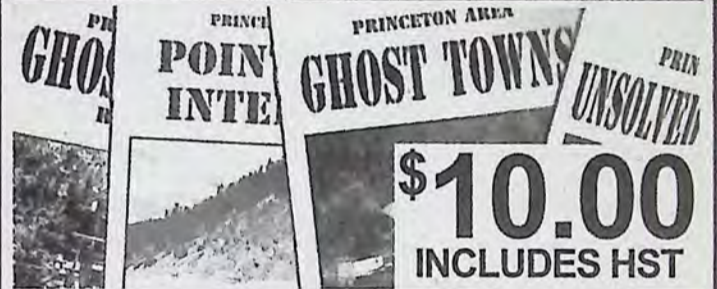
12:30 pm SPIKE ch.44 "The Rundown" (2003, Adventure) The Rock. Before his retirement, a bounty hunter must locate his boss' son, who is searching for a priceless artifact in the Amazon. (In Stereo)  
 2:30 pm SPIKE ch.44 "Ocean's Eleven" (2001, Comedy-Drama) George Clooney. A parolee organizes a gang to steal \$150 million from three Las Vegas casinos in a single heist. (In Stereo)

### EVENING

7:00 pm SPIKE ch.44 "Scarface" (1983, Crime Drama) Al Pacino. A Cuban immigrant from Castro's jails cuts a violent path of destruc-

tion on his way to the top of Miami's drug trade. (In Stereo) (CC)  
 9:00 pm WTBS ch.3 "Garfield: A Tail of Two Kitties" (2006, Comedy) Voices of Bill Murray. Garfield follows Jon to England and gets the royal treatment after he is mistaken for the heir to a grand castle. But the feline will need all nine lives to foil the plans of evil Lord Dargis, who wants to turn the castle into a resort.  
 11:00 pm WTBS ch.3 "Never Back Down" (2008, Action) Djimon Hounsou. A rebellious teenager learns to fight from a veteran of mixed martial arts after joining an underground fight club.

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## MONDAY, JANUARY 30, 2012

	WTBS ch.3	CHBC ch.4	KNOW ch.5	KSPS ch.6	KHQ ch.7	KREM ch.8	A&E ch.9	KXLY ch.10	BCTV ch.11	CITY ch.12	CBC ch.13	YTV ch.18	TSN ch.19	VTV ch.22	DISC ch.24	FAM ch.26	CITY ch.29	SPIKE ch.44	TROP ch.45
6 AM	In the Heat of the Night	(5:30) Morning News (N)	Arthur	Bulldog	KHQ News 6AM (N)	KREM 2 Morning News	The Sopranos	News	(5:30) Morning News (N)	(4:30) Morning News	CBC News Now	Kid vs. Kat Super Evil	SportsCentre	(5:30) CTV Morning Live (N)	How	Henrys	CityLine (N)	Auction	TV-Torrens
7 AM	Cosby	Cosby	HI-5	Arthur	Today (N)	CBS This Morning (N)	CSI: Miami	Good Morning America (N)			Turbo	Sideways	SportsCentre	Mayday "Fatal Flaw"	How	Phineas	The Nate Berkus Show	CSI: NY	Earth: Final Conflict
8 AM	Excused	Excused	WordWorld	Curious			CSI: Miami		100 Huntley Street	100 Huntley Street	Bo On/Go	Pokémon	SportsCentre	Mighty Ships "Becruz"	ANT Farm	Rachael Ray	CSI: Crime Scene	Wipeout Canada	
9 AM	Family Fd	100 Huntley Street	Garth-Bev	Super Why!		The 700 Club	CSI: Miami	Live! With Kelly	100 Huntley Street	World Vision	Super Why!	Rescue	SportsCentre	Live! With Kelly	Auction	Mickey	Access Hollywood Live	CSI: Crime Scene	Wipeout Canada
10 AM	Millionaire	World Vision	Numbjack	Sesame Street (EI)		The Price Is Right (N)	The First 48 "Ditched"	The View	World Vision	Big Flip	Poko	Little Bear	Sportfish	The View	Dirty Jobs	Never Land	The Chew	CSI: Crime Scene	Roseanne
11 AM	Law Order: CI	Big Flip	Save Ums	Sid	The Doctors	Young & Restless	The First 48	Paid Prog.	Big Flip	Noon News Hour (N)	Animal	G. Shrinks	PBA Bowling	Marilyn Denis	Worst Handyman	Suite Life	The Revolution	CSI: Crime Scene	King
12 PM	Law Order: CI	Noon News Hour (N)	Pingu	Charlie Rose	Paid Prog.	News	Criminal Minds	The Chew	Noon News Hour (N)	Days of our Lives (N)	CBC News Now (N)	Rated A	Strongman	CTV News (N)	Mighty Ships	Wizards	General Hospital (N)	Real Vice	King
1 PM	Amer. Dad	Days of our Lives (N)	Doggy	Paint This	Days of our Lives (N)	The Talk	Criminal Minds	The Revolution	Days of our Lives (N)	The Talk	Heartland (DVS)	Kid vs. Kat Super Evil	NFL Live (N) (Live)	The Dr. Oz Show	Auction	Sonny	CityLine	*** "The Rundown" (2003) The Rock	Drew
2 PM	King	The Talk	Franklin	Barney	Judge B.	Let's Make a Deal (N)	The First 48	General Hospital (N)	The Talk	The Doctors	Steven and Chris (N)	Monster	Off Record	Anderson	Myth-Busters	Suite/Deck	CityNews at 5 (N)	Movie: *** "Ocean's Eleven" (2001) George Clooney	Gold Girls
3 PM	The Office	The Doctors	Rob Robot	WordGirl	Ellen DeGeneres Show	Dr. Phil	The First 48	Rachael Ray	The Doctors	Young & Restless	Recipes	Almost	SportsCentre (N)	Dr. Phil	Cash Cab	Life Derek	CityNews at 6 (N)	Wipeout Canada	
4 PM	Big Bang	Young & Restless	G. Shrinks	Fetch! With Arthur	Jdg Judy	The Dr. Oz Show	Hoarders	The Nate Berkus Show	Young & Restless	Early News	Mercer	SpongeBob	Hockey	Ellen DeGeneres Show	Daily Planet (N)	Phineas	How I Met	Wipeout Canada	
5 PM	Browns	News (N)	Jack	News	News	News	Hoarders	News	Early News	(4:59) News Hour (N)	CBC News: Vancouver (N)	Parents	Boxing: Ruslan Provodnikov vs. David Torres	CTV News at Five (N)	Myth-Busters	Wingin' It	How I Met	Jesse James-Man	
6 PM	Browns	Global Nat.	Parks	PBS News-Hour (N)	News	KREM 2 News at 6 (N)	Hoarders (N)	News	(5:59) News Hour (N)	ET Canada		SpongeBob	vs. David Torres	CTV News (N)	Myth-Busters	Good Luck	Broke Girl	Jesse James-Man	
7 PM	Seinfeld	Ent	Rescue	Wait...	Jeopardy!	Inside Ed.	Intervention "Suzon"	Ent	Ent	Hawaii Five-0 "Kame'e"	Coronation Street (N)	Mr. Young	SportsCentre (N) (Live)	etalk	Greatest Know-It-All	Shake It	Murdoch Mysteries	Movie: *** "Scarface" (1983)	
8 PM	Family Guy	House "Runaways" (N)	Monarchy	Antiques Roadshow (N)	Who's Still Standing?	How I Met	Intervention "Dallas"	The Bachelor (N)	House "Runaways" (N)	House "Runaways" (N)	Mr. D (N)	ICarly	Two Men	Daily Planet	ANT Farm	News	Crime Drama) Al Pacino, Michelle Pfeiffer	Instant	
9 PM	Movie: ** "Garfield: A Tail of Two Kitties"	NCIS (DVS)	The Impressionists (N)	Antiques Roadshow	Fear Factor (N)	Two Men	(9:01) Hoarders		NCIS (DVS)	NCIS (DVS)	Redemption Inc. (N)	Switched at Birth (N)	Poker - Europe	Two Men	Myth-Busters	Wizards	Seinfeld	Roseanne	
10 PM	"Never Back Down"	CHBC News Final (N)	Battlefield Mysteries	Charlie Rose (N)	News	News	(11:01) Intervention	News	News Hour Final (N)	Ent	Stroumbouloupoulos	Weird	SportsCentre	CTV News	Dirty Jobs	Ned's	Paid Prog.	Jesse James-Man	
11 PM					Jay Leno	Letterman	Nightline	News Hour Final (N)	ET Canada			Mr. Young		CTV News	Dirty Jobs	Zoey 101	Paid Prog.	Jesse	King

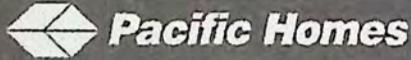
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Princeton Posse's Brett Perrine (#20) celebrated his birthday on ice against Osoyoos January 22nd. \*

..... continued from Page 9  
at 5:48 (Brandon Watson from Thierry Martine and Kam Crawford) but Princeton responded at 2:28 (Keenan Fordy from Eric Schmidt).

After two Osoyoos had a 2-1 lead which they widened to 3-1 at 16:28 of the final period (Thierry Martine from Steve Sasynuik and Kam Crawford).

The Posse power play unit shifted into high gear at 10:25 when Eric Kubis passed the puck to Kurtis Bond who popped it into traffic in front of the Osoyoos goal. Princeton's Jaden Janzen was in front; just to the left of Coyote goalie Cole Buckley and with lightning fast reflexes tipped the frozen piece of rubber through a narrow

opening.

With almost a minute left to play, Princeton pulled their goalie for an extra man and the Posse carved up the ice in the Osoyoos zone until a loose puck was snatched away by the Coyotes' Kam Crawford who shoveled it over to Jordan Simpson who lobbed a soft one at the yawning empty net at the Posse end of the arena.

Final score: Osoyoos 4, Princeton

2. Shots on goal: Princeton 34, Osoyoos 33. Penalties in minutes: Princeton 9 for 26-minutes (including a Game Misconduct issued to Coach Dale Hladun with 18-seconds left in the game), Osoyoos 9 for 16-minutes.

The Posse will be on the road this weekend playing Sicamous Friday, January 27th and Penticton Saturday, January 28th and again on Wednesday, February 1st.

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Princeton Posse's Jaden Janzen (#22) plays the puck along the boards January 22nd against Osoyoos. \*



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### Eleanor Louise Porter

September 15, 1938 - January 13, 2012

On January 13, 2012 our beloved wife, mother, grandmother and friend Eleanor Louise Porter, passed away peacefully at the North Okanagan Hospice House in Vernon, BC at the age of 73 years. She will be lovingly remembered by her husband Don, with whom she celebrated their 55th wedding anniversary December 22nd at Hospice House; her two sons Hal (Lori) and Barry (Trish); three grandchildren; two great grandchildren; sister Nadine (Hector) Decco and extended family and many friends. She was preceded in death by her infant daughter Cindy Lea. Eleanor was born September 15, 1938 in Loon Lake, Saskatchewan where she lived shortly before moving to Meadow Lake. In 1956 she married Don Porter and later she and Don moved to Princeton, BC where they raised their family. Expressions of sympathy may be forwarded to the family at [www.myalternatives.ca](http://www.myalternatives.ca). In lieu of flowers, those wishing to do so, may make a donation in Eleanor's memory to North Okanagan Hospice Society (3506-27 Avenue, Vernon, BC V1T 1S4). A Celebration of Eleanor's life will be held at a later date.

"Remember me for my music, joy and laughter."

Cremation arrangements have been entrusted to  
ALTERNATIVES FUNERAL & CREMATION SERVICES  
Vernon 250-558-0866 & Armstrong 250-546-7237

Help Wanted	Help Wanted
-------------	-------------

### Administrative Assistant Position

Saint Paul's United/Anglican Church in Princeton is looking for an Administrative Assistant. Must have organizational, communication and computer skills. This is a part-time position of 3 hours once a week for office management items such as bill paying, banking and assist the Minister and Board. Another 3 hours of flexible time a week will be allotted for organizing special events such as congregational dinners and communication to members by monthly calendars, newsletters and blogs. Hourly rate from \$12 - \$15. Please fax or e-mail resume to [saintpauls@persona.ca](mailto:saintpauls@persona.ca) or fax to 250.295.7714. Jan 17-31

Notices	Notices
---------	---------

### Heart & Stroke Foundation Fundraiser

Coopers Foods in Princeton is hosting a fundraiser for the Heart and Stroke Foundation on February 11th from 8:00 AM to 6:00 PM where they will donate 25 cents for every bag of groceries packed that day. We are looking for volunteers to help with our table that will be set up during the day at the store. If you are interested please contact Aleah Ziyik at 1-866-432-7833 or e-mail [azyilyk@hsf.bc.ca](mailto:azyilyk@hsf.bc.ca). Jan 17-31

Lost	Wanted
------	--------

Blonde male mini poodle, lean, about 14-inches tall. May have been picked up, not by owner. Was wearing a blue collar. If seen please call 250.255.5789. Jan 24-Feb 07

Will pay cash for scrap steel, cats, yarders, sawmill equipment, mining equipment, farm equipment, etc. All insurance in place to work on your property. Call 250.260.0217. Jan 24-Feb 07

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We're different, and we like that.

A Loom—LeClerc counter balance, 4 harness with bench. Loaned out initially to a lady at Deblyn MHP, re-loaned without owner's knowledge, person may have since passed away. Reward for information leading to the recovery of loom to its rightful owner Lorraine Lance. Please call 250.292.8572. th

Lost

\$50.00 reward for the safe return of Blackie, missing since December 17 from Corina Avenue, Lynnwood, Deblyn area. He is a very friendly, mature, neutered male, medium long-haired, all black with a small white chest blaze, only one intact canine tooth.



Call 250.295.6919 or 250.293.6154 with any information. Jan 10-24

Silver hoop pierced earring lost sometime in early January. Has sentimental value to owner. If you have found this, please call 250.295.1416 or drop off at Princeton Medical Centre. Jan 17-31

Help!

Going skiing at Apex or Manning Park? Paul would like a ride. He is ok to go down the mountain on his own. For more information on how you can assist with this request, call Gloria at 250.295.7218. Jan 17-31

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For Sale

2002 Summit X 800 with reverse and heated grips, \$4,000.00. 2005 Summit 800, electric start, reverse and heated grips, \$6,100.00. 2005 Renegade 800, electric start, reverse and heated grips, \$6,000.00. Two-wheeled snowmobile trailer, \$1,000.00. Call 250.295.7182. Jan 10-24

3-bedroom basement home. New carpeting throughout. Fully fenced yard. Asking \$950.00/month. Contact Mona Friesen at 250.395.2023. Jan 10-24

3-bedroom, 2-bath home. Very clean and warm. Heated floors and cozy electric fireplace, big yard and garage. No pets. Asking \$850.00/month plus utilities, damage deposit and good references required. Also, 2-bedroom suite ideal for seniors or working people located downtown. Asking \$750.00/month includes heat, power and laundry. N/S, N/P, damage deposit and good references required. Call 250.295.6408. Jan 10-24

3-bedroom upstairs of home on Auburn. Large kitchen and all appliances. A/C, Gas F/P, separate entrance. Available now. Asking \$950.00/month, includes heat and hydro. RV parking available. Good sized yard. N/S. Call 604.535.1980 for more information/viewing. Jan 10-24

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Apartment in Princeton - available now! Excellent references and damage deposit required. No pets, can furnish if needed. Phone 250.295.1006 for details or leave message with best time to call back. to Feb 07

1-bedroom basement suite. Asking \$600.00/month includes utilities, cable, phone, internet, washer, dryer and private entrance. No smoking and no pets. Call 250.295.6329. Jan 31

2,400 sq ft commercial space for lease, price negotiable, good commercial exposure. Available immediately. Contact Heather Johnson at Century 21 Princeton Realty 250.295.6977. Jan 17

Tiny, pretty 1-bedroom house for rent in Hedley. Asking \$425.00/month plus utilities. Pets OK. Call 604.715.1561 or e-mail [gossamer-steel@gmail.com](mailto:gossamer-steel@gmail.com). Jan 03-17

1/2 duplex. 3-bedroom, 2 bathroom, washer and dryer. No smoking, no pets. Asking \$900.00/month, utilities not included. Call Dawn 250.438.0116. Jan 17-31

Read Spencer Coyne's 'Flip of the Coyne' weekly in the Similkameen News Leader - we're different, and we like that. Locally owned and locally operated since 1997.

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Wanted	Wanted
--------	--------

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Sudoku

**CARTER'S  
Sudoku  
Challenge**

SOLUTIONS TO PUZZLES ON PAGE 14

CHALLENGE #386

176	285	394
429	361	875
583	947	126
831	479	652
764	152	938
295	836	417
952	618	743
647	593	281
318	724	569

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The History of Princeton from fur traders to the railway

**Prince Town  
1826 - 1926**

W. George Elliott

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The History of Mining in the area - copper, gold and coal

**Princeton Area Ghost Towns**

Alvick - Buckhorn - Milestone - Copper Mountain - Granite Creek - Larchville



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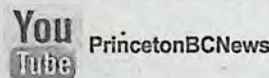
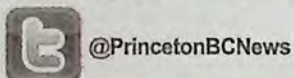
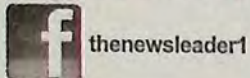
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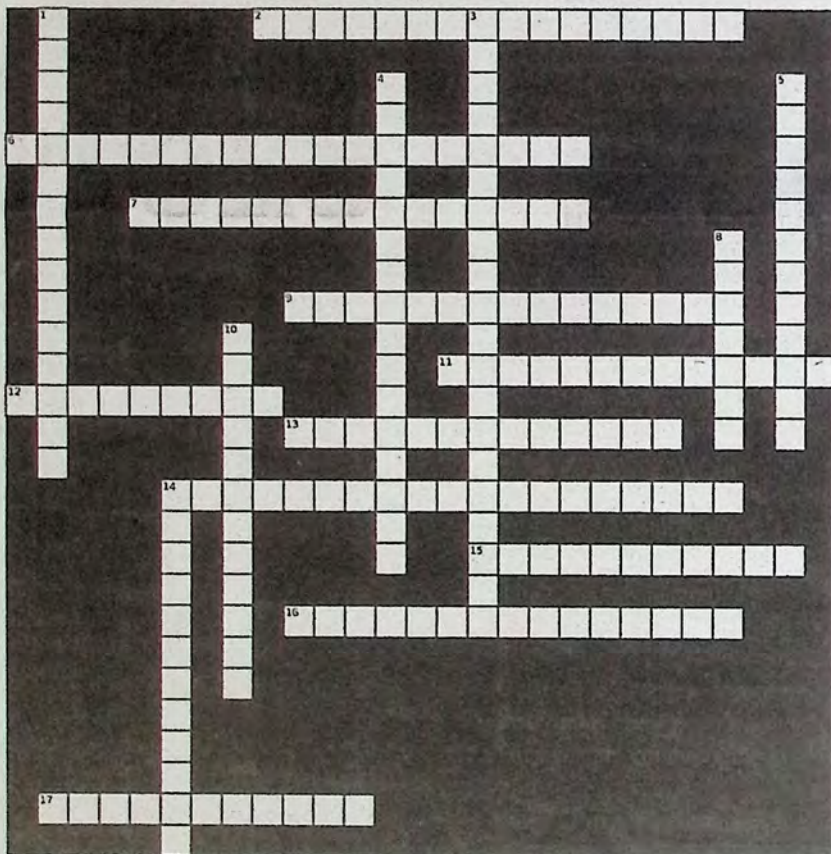
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## Similkameen News Leader Puzzler

Use the January 17th News Leader to find Answers Below...



- Across
- 2 What piece of equipment saved the life of a Coalmont man recently?
  - 6 What was hosted January 20th at SESS?
  - 7 Follow us on Twitter @ \_\_\_\_\_
  - 9 Councillor Jason Earle says this is needed regarding the urban deer issue.
  - 11 Name one of the brothers on the Front Page.
  - 12 There were three different photos of this Similkameen landmark in the January 17th News Leader.
  - 13 Name the other brother on the Front Page.
  - 14 What is been organized to celebrate Literacy Day in Keremeos?
  - 15 What utility can the Vermillion Trails Society not pay at this time?
  - 16 Identify the Similkameen News Leader YouTube Channel.
  - 17 He wears #16 for South Okanagan Nighthawks.

- Down
- 1 He claims he has no super powers.
  - 3 What was the subject of 'Flip of the Coyne' by Spencer Coyne?
  - 4 Who earned a shut out in the January 11th Posse game?
  - 5 What is left to the day after a snowfall for clearing?
  - 8 Julie had a baby. What is the girl's name?
  - 10 Headline on Page 13. " \_\_\_\_\_ needs update."
  - 14 Mining news centred around this company.

**Similkameen News Leader**

**PUZZLER #56**  
Copyright 2012 - Brenda Engel

## Princeton Posse 2011/12 Clip 'n' Save Game Schedule

**Similkameen News Leader**

Date	Time	Away	Home
<b>Exhibition</b>			
Sun Sep 4	1:00 PM	T - Squamish 3	Princeton 3
Wed Sep 7	7:00 PM	L - Osoyoos 5	Princeton 3
Fri Sep 9	7:35 PM	L - Princeton 4	Osoyoos 6
Sat Sep 10	7:00 PM	W - Summerland 6	Princeton 7
Wed Sep 14	7:00 PM	W - Princeton 4	Penticton 2
<b>Regular Season</b>			
Fri Sep 16	7:00 PM	W - Spokane 5	Princeton 6
Sat Sep 17	7:00 PM	L - Princeton 5	Penticton 6 OT
Fri Sep 23	7:35 PM	L - Princeton 2	Osoyoos 6
Sat Sep 24	7:00 PM	W - Princeton 5	Summerland 3
Fri Sep 30	7:00 PM	L - Penticton 5	Princeton 2
Sat Oct 1	7:00 PM	W - Summerland 1	Princeton 11
Fri Oct 7	7:00 PM	W - Kelowna 4	Princeton 6
Sat Oct 8	7:00 PM	W - Princeton 10	Summerland 3
Fri Oct 14	7:00 PM	W - Princeton 4	Kelowna 3
Sat Oct 15	7:00 PM	L - N Okanagan 2	Princeton 1
Fri Oct 21	7:35 PM	L - Princeton 2	Osoyoos 5
Fri Oct 28	7:00 PM	L - Osoyoos 2	Princeton 1
Sat Oct 29	7:00 PM	W - Summerland 2	Princeton 8
Sun Oct 30	7:00 PM	L - Princeton 4	Kelowna 7
Fri Nov 4	7:00 PM	W - Nelson 2	Princeton 4
Sat Nov 5	7:00 PM	W - Princeton 3	Revelstoke 2
Sun Nov 6	2:00 PM	W - Princeton 4	Chase 2
Fri Nov 11	7:00 PM	L - Castlegar 4	Princeton 1
Sat Nov 12	7:00 PM	L - Beaver Valley 6	Princeton 4
Wed Nov 16	7:00 PM	W - Kelowna 3	Princeton 6
Fri Nov 18	7:00 PM	W - Osoyoos 3	Princeton 7
Sat Nov 19	7:00 PM	L - Princeton 0	Kamloops 4
Fri Nov 25	7:00 PM	T - Princeton 4	Penticton 4
Sat Nov 26	7:00 PM	W - Princeton 4	Kelowna 2
Tue Nov 29	7:00 PM	W - Summerland 6	Princeton 7 OT
Fri Dec 2	7:30 PM	L - Princeton 2	Castlegar 6
Sat Dec 3	7:00 PM	L - Princeton 2	Spokane 3
Sun Dec 4	2:00 PM	W - Princeton 9	Grand Forks 1
Fri Dec 9	7:00 PM	W - Grand Forks 9	Princeton 10
Sat Dec 10	2:00 PM	L - Revelstoke 5	Princeton 1
Wed Dec 14	1:00 PM	W - Summerland 2	Princeton 3
Fri Dec 16	7:00 PM	W - Kamloops 3	Princeton 5
Sat Dec 17	7:00 PM	W - Penticton 4	Princeton 5
Sun Dec 18	2:00 PM	L - Kelowna 8	Princeton 3
Sun Jan 1	2:00 PM	W - Osoyoos 8	Princeton 9
Fri Jan 6	7:00 PM	W - Princeton 5	Nelson 4 OT
Sat Jan 7	7:30 PM	L - Princeton 0	Beaver Valley 3
Wed Jan 11	7:00 PM	W - Penticton 0	Princeton 3
Fri Jan 13	7:00 PM	W - Princeton 7	Kelowna 4
Wed Jan 18	7:35 PM	L - Princeton 1	Osoyoos 6
Fri Jan 20	7:00 PM	Sicamous @	Princeton
Sat Jan 21	7:00 PM	Osoyoos @	Princeton
Fri Jan 27	7:00 PM	Princeton @	Sicamous
Sat Jan 28	7:00 PM	Princeton @	Penticton
Wed Feb 1	7:00 PM	Princeton @	Penticton
Fri Feb 3	7:00 PM	Princeton @	Summerland
Sat Feb 4	7:00 PM	Chase @	Princeton
Fri Feb 10	7:00 PM	Princeton @	N Okanagan
Sat Feb 11	7:35 PM	Princeton @	Osoyoos
Tue Feb 14	7:00 PM	Kelowna @	Princeton
Fri Feb 17	7:00 PM	Penticton @	Princeton

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Princeton Skating Club Coach Janelle Morcombe, right, assists a skater during Test Day January 20th. \*

# Nominate a Snow Angel!

Snow has arrived! Have you had a Snow Angel help clear your sidewalk or driveway? If you have, the Accessibility Awareness Committee

wants to hear about it.

At the beginning of this snow season, the Princeton Accessibility Awareness Committee introduced

the Princeton Snow Angel Program. Winter can be especially challenging for our seniors and less physically able. The Snow Angel Program is intended to recognize the many caring people who voluntarily lend a helping hand with snow removal.

So if you have had a friend, neighbour, acquaintance, or even a complete stranger, voluntarily help with snow removal, we want to hear about it.

Send a short letter including your name and the name of your Snow Angel to The Snow Angel Program, Box 1960, Princeton, BC, V0X 1W0. Nominated Snow Angels will be entered into a draw for a variety of prizes.

The Accessibility Committee encourages everyone to work together to help keep our sidewalks free of snow and ice.

And remember that the exertion of shovelling snow can cause a variety of medical difficulties, including heart attack. Practice safe shovelling.

- submitted

# RCMP report Christmas purse snatcher

Information just released last week by Princeton RCMP on an early morning incident that took place downtown on Christmas morning.

Police say that at 11:30 AM on December 25th an unidentified female was standing by her vehicle outside the CIBC bank on Bridge Street.

"A male approached her, grabbed her purse, forced it off her shoulder and ran in an unknown direction,"

explains Princeton RCMP Cst. Pankratz.

"The male is described as being Caucasian, 6 feet tall, weighing 230 pounds wearing black snow boots, blue jeans, a grey/black hoody, sunglasses and was unshaven."

If you have any information regarding this incident you are asked to contact Princeton RCMP at 250.295.6911 or CrimeStoppers at 1-800-222-TIPS (8477).

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Skater Alexia Boyd, right, receives some last minute pointers from Princeton Skating Coach Janelle Morcombe prior to being tested on her skills January 20th at Princeton Arena. \*

..... continued from Page 6 heads-up to the Regional District Trails Master Plan, currently under development. Though the RDOS has promoted a few Open Houses, there are still lots of residents who do not know that the Regional District is interested in hearing from you about your favourite places to hike, bike, walk or ride. Visit the following address to cast your vote: <http://www.rdos.bc.ca/index.php?id=765>

I also used the meeting to give a run-down of the other advisory groups which help develop our valley, including an introduction to the Similkameen Valley Planning Society (SVPS) and the Tourism Advisory Committee (TAC). A great deal of interest was demonstrated by attendees, and a number of new faces should be participating in these two organizations, chaired by Brad Hope and vice-chair Nan Allison (SVPS) and Joan McMurray and vice-chair Brenda Gould (TAC) respectively.

This gathering gave us the opportunity to gather contact information including organizational information, including websites, hours of operation, and plans for the upcoming year. A representative from each group was invited to share their group's past achievements, challenges, and hopes for future plans. Despite difficult financial times, an overall feeling of support and encouragement was conveyed, with many of the groups finding ways to share their resources.

Brenda Gould spoke for the Upper Similkameen Indian Band, mentioning that the Mascot Mine Adventure Tours was in the process of becoming a non-profit. A number of attendees were interested to hear about the rental of the Olympic Live Site on the upper floor of the Snaza'ist building, for details on the process, call the USIB Band Office at:

250.292.8733. For a look at the Mascot Mine web site check out: [www.mascotmine.com](http://www.mascotmine.com).

**RDOS Board Appointments-SILGA**

Due to a number of its executive not winning their seats in the November 19th election, the Southern Interior Local Government Association (SILGA) was seeking to fill a number of vacancies.

At the January 5th RDOS meeting, Director Garry Litke made a case for representation from the Southern Okanagan at this interprovincial Board. He described SILGA as the "grass-roots voice of the UBCM". His suggestion was that when we face a regionally complex issue, the representation offered by SILGA can demonstrate a large body of support to the provincial government. Much like the Union of British Columbia Municipalities (UBCM), this group can lobby for our needs louder than any one of us single politicians can speak on all of our behalf.

I therefore agreed to sit on an inter-

im basis on the SILGA executive, until the AGM which is scheduled for April. Director Litke took me on a day-trip to Armstrong, BC on January 11 for a SILGA executive meeting, where discussion was underway planning for the educational component of the upcoming conference and AGM. The educational topics considered were diverse and very interesting. The conference will be of interest to all levels of local government, particularly in the Interior region.

**RDOS Board Appointments - SIBAC**

On January 30th I will attend a meeting of the Southern Interior Beetle Action Council in Vernon; after the meeting a tour is being planned to see a bio-mass burning project.

This committee is especially relevant to our area, particularly from Princeton toward Hedley along Highway #3, and of course all of the wilderness beyond. After the meeting I will report back to you on its direction.

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**2496 Princeton/S'land Rd**



**NEW!**

Don't miss this best buy in our rural area! 9.09 acres, nicely treed with benches affording wonderful mountain views. A 1992 mobile home on site complete with septic, drilled well and driveway access. Low maintenance vinyl siding, asphalt shingle roof, 2 bedrooms and open kitchen/living area. The KVR is right behind this property. **MLS © 134877 \$169,900**

**Lots 8 & 9 Haynes Street**



**NEW!**

Located in the historic village of Hedley, this easy access, high profile 50' x 100' flat corner lot offers exciting residential and/or commercial opportunities with no zoning restrictions. Listen to the soothing sounds of 20 Mile Creek from your door step and enjoy the warm summers and short winters of the Similkameen! **MLS © 134867 \$ 58,900**

**124 Link Lake Road**



**NEW!**

Two lakes just steps away! Osprey Lake just a stone's throw away and Link Lake around the corner for endless opportunities to 'catch the big one' or just go for a dip! This home is perfect for recreation activities, retirement or just some plain old 'R & R.' One level, 2 bedrooms, bright kitchen, CSA approved woodstove in living room. **MLS © 134845 \$235,000**

**2 Eagle Crescent**



**NEW!**

What a great way to live! This immaculate home sits on a large corner lot with plenty of room for RV parking and a double garage. The livingroom is bright and spacious with wonderful mountain views to enjoy nature year round from your favourite chair. An efficient kitchen with lots of cupboard space, a large deck and much more! **MLS © 134772 \$299,000**

**REALTY EXECUTIVES PRINCETON**  
Gateway to the Okanagan

#8-136 Tapton Avenue (Princeton Plaza)  
Office: (250) 295-1811 Fax: (250) 295-1851 www.beland.net  
EACH OFFICE INDEPENDENTLY OWNED AND OPERATED



**PRINCETON**