



Similkameen

News Leader

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All Flip, No Spin - Page 3

Volume 15 Issue 8 #720 ISSN 1712-090X

Tuesday, February 21, 2012



Frosty The Snowman is destined for a short life as of late: the melting temperatures are a sure bet that "Frosty" will turn into "Icely" very soon. Whoever built it did a bang up job on this snowman. Until further notice, Frosty lives on San-Ang Way. For a look at a 'perfect' snowman, see Page 12. Photo: Arlene Arlow

Racing Days applies for date

Princeton Racing Days Association has applied for June 30 for a horse racing meet. Traditionally, Canada Day weekend has belonged to Princeton. This year, July 1 is on a Sunday. At the February 16 meeting of the Association, Dave Shalanski, Lions Club President, said the club would like to put on its annual pancake breakfast and duck race in conjunction with Racing Days and his proposal was welcomed.

Some members of Princeton Racing Days Association had attended a meeting of Interior Horse Racing Association. Karrie Crucil, President of Princeton Racing Days, and John Bey, Past President, are Directors on the Board of the Interior Horse Racing Association.

Dave Gould, President of the Board, has moved to Alberta, but will continue as President via long distance communication. Crucil said nobody else on the Board had been willing to take over the presidency.

Princeton will receive \$25,000 out of the \$100,000 allocated for BC Interior races. Vernon will receive the rest, having three weekends in July. Dr. Smith and Argo Road Maintenance have each donated \$100 toward this year's races. Fundraising will begin in earnest during the next few months.

Representing Princeton Exhibition Association (PXA), Dawn Johnson gave a report on the PXA budget continued on Page 7

Town Council (strategy meeting) news

At the February 13 Town Council strategy meeting (formerly called Committee of the Whole), Council made two new appointments to local organizations. Frank Armitage will be Council Liaison for Princeton Posse and Kim Maynard will be Council Liaison for Princeton Accessibility Awareness Committee.

Three customary appointments were dropped: Fall Fair, Princeton Rodeo and Princeton Racing Days Association. These were dropped because each of the three groups now has a Director on the Board of Princeton Exhibition Association. Councillor Jason Earle is Council

Liaison for Princeton Exhibition Association.

Air Quality

Town Council now has a report from the one and a half years of air quality monitoring in Princeton. Mayor Fred Thomas will meet with the local Air Quality Coalition to hear their position and invite them to make a presentation to Town Council.

Park weddings

Two requests have come to Town Council regarding use of Two Rivers Park and the Bridge of Dreams for weddings. Council intends to allow this use, and will not require a permit

for the use of the park.

There is no policy in place regarding public use of any park in town except Veterans Square and Memorial Park ball diamonds. The policy in place applies only to organizations wishing to use Veterans Square or book ball games at Memorial Park. In matters of public use of other parks for such activities as weddings, picnics, or other large gatherings, Town Hall will book the

use to avoid conflicts between users. **Town works appointments**

Henry Rykers has been appointed Manager of Public Works. He has 25 years experience working for the Town. Ken Gibson is the Town Works Foreman.

Urban deer pamphlet

Councillor Jason Earle has drafted a pamphlet to educate the public about dealing with urban deer. Other members of Town Council have been

asked to read it and provide comment.

In addition, he has obtained policy and bylaws from three other communities dealing with urban deer problems. These will be reviewed by Council, as well as by a committee of local residents which Council plans to appoint. Appointments to this committee will balance those who love the deer with those who do not.

Weyerhaeuser passes audit

An audit of Weyerhaeuser Company Limited's forest operations near Princeton found they met the requirements of the Forest and Range Practices Act and the Wildfire Act, according to a report released February 15th.

"Virtually all Weyerhaeuser's harvesting was salvage of beetle-killed

pine and was well-managed," said board chair Al Gorley. "Auditors did find one problem with gravel on bridge decks, and the board is pleased that Weyerhaeuser immediately corrected the practice."

Weyerhaeuser's forest licence A18698 lies within the Merritt timber supply area in the Cascades District, and nearby communities include Princeton, Tulameen and Hedley.

The audit field work took place

from October 17 to 20, 2011.

The Forest Practices Board is B.C.'s independent watchdog for sound forest and range practices, reporting its findings and recommendations directly to the public and government. The board audits forest and range practices on public lands and appropriateness of government enforcement.

It can also make recommendations for improvement to practices and legislation.

POSSE AWARDS - PAGE 22, 23

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Leah Ward brings her skills to the Princeton & District Community Skills Centre. - photo submitted

Skills Centre welcomes Ward

The Princeton Skills Centre announced last week that Leah Ward will be joining their staff to deliver a new employment program called Job Options BC - Princeton. Job Options BC - Princeton is made possible through funding provided through the Canada - British

Columbia Labour Market Agreement. In this program, eligible participants will receive classroom job skills training, short term certifications and work experience opportunities. The program includes 6 weeks of

classroom training and 3 weeks of work experience including opportunities to gain work experience through community service projects. Employers, including Non Profit employers who have projects in Princeton that require workers are encouraged to get in touch with the Princeton Skills Centre to discuss the opportunity to have wage subsidy.

Unemployed residents of Princeton and area, who are not attached to the EI system and are 18 years and older, will be pleased to know that this program offers training allowances, and wages for work experiences.

2012 intakes are scheduled for February 27th, May 28th and September 24th. There are only 12 seats in each session so inquire early.

The Princeton Skills Centre is open Monday to Friday from 9:00 AM to 4:00 PM. Their phone number is 250.295.4051 or you may inquire at joboptionsbc@princetoncsc.com. - submitted

Help!

Going skiing at Apex or Manning Park? Paul would like a ride. He is ok to go down the mountain on his own. For more information on how you can assist with this request, call Gloria at 250.295.7218.

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7:00 pm - 10:00 pm

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per person

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Realty Executives

Family Building Centre

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THIS IS A RAISE-FUNDING EVENT: ALL PROCEEDS TO BENEFIT PRINCETON ROTARY LOCAL AND INTERNATIONAL PROJECTS

Flip Of The Coyne

by Spencer Coyne

Everyone has the following fundamental freedoms: freedom of thought, belief, opinion and expression, including freedom of the press and other means of communication. Apparently Harper's Conservative

Party hasn't read the constitution. If they did, they would not be so quick to reintroduce Bill C-30, a repeat of Bill C-51 that died on the table when the last election was called. Justice Minister Vic Toews is trying to sell

the internet surveillance bill as a must to combat online child pornography going so far as to actually say "stand with us or stand with the child pornographers" when debating the topic in question period on

February 13th.

For the record, I am not with the child pornographers, nor is anyone I know who opposes this bill. What people are worried about is abuse of power. When the government starts telling telecommunication companies that they need to give their subscribers' information to the police without a warrant or forcing them to install back doors into their technology so the police and intelligence services can access services, it begs the question where do we draw the line?

This is not an issue about the police having the tools to do their jobs. Those tools are there. Yes, people may slip through the cracks but we can fix some of those holes. When we start regulating private enterprise to allow the police to spy on citizens with no warrant, we are entering a very grey area where freedom ends and authoritarianism begins. I am sure that it is all in good faith. For a while police forces will act with the most care not to step over that line, but when it does get crossed, there is no going back. Freedom and liberty are fragile things and when we start allowing our freedoms to be eroded we start a

snowball effect that is nearly impossible to stop.

Don't believe me? Look at our closest friend and neighbour after 9/11. America introduced the Patriot Act and today we have the FBI providing handouts on what to look for in your neighbours to ensure they are not terrorists, even though the fine print says that everything on the list is legal, you should still report them. They also just passed a provision that allows American citizens who are suspected of being "terrorists" to be locked up indefinitely, ignoring their rights.

We are not there yet, but when does it stop? Benjamin Franklin said, "They who give up essential liberty to obtain a little temporary safety, deserve neither liberty or safety."

No truer words have been spoken for the time in which we live today. We are seeing governments around the world try and limit our freedoms in the name of public safety. As we see these freedoms removed, freedoms our forefathers died defending, we are seeing our nation become less and less free.

If we allow the government to spy on our online activities, how long continued on Page 21



Princeton Heart Fund organizer Barbara Ryan, right, thanks guest speaker Carrera Teal, left, for attending the February 12th event at Princeton Legion. See story on Page 8. Photo: Dawn Johnson

Town of PRINCETON Princeton Town Hall News

EMPLOYMENT OPPORTUNITY

Princeton Parks, Recreation and Culture Department is accepting resumes for the following positions:

RECREATION AND ART/CULTURE LEADERS REQUIRED

Do you enjoy working with people of all ages or specialize with a certain age or field? Instructors/leaders are needed for afterschool programs for children and youth, daytime and evening courses for adults, registered fitness instructors and more. Call the Recreation and Culture Office at 250-295-6067 or drop a resume off at Town Hall (169 Bridge Street), Box 670, Princeton, BC V0X 1W0 attention Nadine McEwen.

SUMMER POOL STAFF REQUIRED

Certified Lifeguards and Swim Instructors are required for employment from mid-May to September 2012. Successful applicants who hold current certification in their NLS award should apply. Red Cross Water Safety Instructor certification would be an asset. Please drop off resumes to Town Hall, Box 670, Princeton, BC V0X 1W0 attention Carol Mack. Deadline for application is April 13, 2012.

BABYSITTING COURSE

Learn what every babysitter should know! Topics covered include safety, emergencies, activities, snack preparation, and more. First aid and CPR certification requirements are covered in this class as well. REGISTRATION & PAYMENT are due by March 29 at Town Hall.

4 classes/\$50.00 includes manual 11yrs and up
M-Th March 5-9 3:15-6:00 pm VFE

COUNCIL ADOPTS SIGNAGE STRATEGY

At the Regular Meeting of Council held on February 6th, 2012, Council adopted the Signage Strategy and Manual for the Town of Princeton.

Thompson Rivers University was contracted by the Town of Princeton to complete a sign audit and provide recommendations on how to improve the signage.

To view the Town of Princeton's Signage Strategy and Manual for the Town of Princeton visit our website at www.Princeton.ca.

2012 COUNCIL APPOINTMENTS

At the Regular Meeting of Council held on Monday, February 6th, 2012, Council passed the Council Appointments to Boards & Committees Policy No. 001-2012. An objective of the policy is to promote consolidation and coordination across like organizations.

To view the policy please visit our website at www.princeton.ca.

2012 DOG LICENCE

2012 Dog licences are available at Town Hall at a cost of \$10.00 for spayed or neutered animals and \$30.00 for non-neutered or unspayed dogs.

Town of Princeton Bylaw No.782 regulates the licencing of dogs, and states that any dog over the age of eight weeks must wear a valid licence for the current year. A fine of \$75.00 will be charged for an unlicensed dog.



RIVERSIDE MOVIES

Enjoy a new release movie on the big screen, surround sound and your favorite treats from the concession.

\$5.00 at the door
Kids under 3 are free



The Three Musketeers
Friday, February 24
7:00 pm Showtime



Check out the NEW website page at www.princeton.ca for all your movie listings.

Riverside Community Centre- Theatre
148 Old Hedley Road 250-295-6067

LANDFILL STICKERS

2012 Landfill stickers are available at Town Hall for pick up by Regional District Area H property owners. Tenants wishing to pick up stickers require written permission from the landowner.



2012 BUSINESS LICENCE

All businesses operating within the town of Princeton are required to hold a valid business licence. Business licence renewal invoices have been mailed and are due upon receipt. Business licence application forms are available at town hall.





Editorial Page News Leader

Similkameen News Leader, 226A Bridge Street, PO Box 956, Princeton, BC V0X 1W0

My Turn

Can Someone Turn On The Sun?

It's that time of year.

The time when I start to get itchy. I'm tired of wearing extra layers to work. I'm tired of having extra blankets on the bed and I'm definitely tired of the snow.

Although I'm pretty sure we were frolicking in the sun and admiring flowers in our yard this time last year I know that's not entirely true.

Sure, we had an early start to winter this past November. Some say it started in October. Others say we never really had a summer to speak of. All I know is that when the Princeton Posse regular season comes to an end I'm excited about play-offs because it usually means spring is not far behind.

I'm tired of walking home in the dark.

I'm tired of checking the thermometer each morning to see how much closer to zero this morning is compared to yesterday morning.

I'm tired of the clicking noise of studded tires.

I'm just tired of winter.

I know, the simple question is to ask why I still live in Princeton where winter lasts longer here than it does 40-kilometres down the road in Hedley.

The obvious answer is that I'm Canadian and one of the typical things about being Canadian is we talk about the weather. Some of us like to complain about it when we've had more than enough of the weather that is typical for the time of year we are complaining about but have no way of controlling.

The past few days I've been craving the moment when I can sit outside on our deck and soak in the sun and the smell of our freshly mowed lawn.

While I know that's easily months away, it doesn't make it any better.

And when I think of it, I don't believe I've ever sat outside during the summer and thought about how much I'd rather be bundled up in three layers of clothes and scraping ice off the car windows half an hour earlier than usual just so I can get to work on time.

Wait a minute.

Nope. I'm sure I've never done that, but you can bet that sometime in the middle of August I'll start to gripe about how hot it is and how much I hate having fans and air conditioning on at all hours of the day and night.

Okay. So today's not so bad after all.

Did you know it was warmer today than yesterday?



On February 14th the drama class at PSS ventured off to Summerland to go and watch 'Phantom of the Opera'. The whole class attended to learn proper theatre etiquette and to have fun. They enjoyed the play and learned how a production such as 'Phantom of the Opera' is done. The class has taken many of these trips this school year so they can get a sense of theater. It truly is a fun learning experience! Photo: Adam Gullason

Naturalists elect new board

by Janis Wright

Vermilion Forks Field Naturalists held their Annual General Meeting on Tuesday, February 14th and installed their executive members, including Cathie Yingling, who

will stand as President for a final year.

Photographer, birder and club member Amanda Lahaie gave an excellent presentation on birds, largely local, featuring some of her

amazing photos.

The well-attended meeting ended convivially with refreshments, including valentine-related sweets, most appropriate for the day!

The next meeting will be held March 13th, when South Okanagan naturalist Eva Durance will present photos of plants, birds and fish found on the east coast of Australia.

Our next field trip will be February 25th to Amber Ski Hill, led by Joan Kelly. Phone her at 250.295.7743 if you are interested in attending.

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EDITORIAL GUIDE

We would like you to write to us, but please remember to abide by anti-discrimination laws. The News Leader reserves the right to refuse to print any letter which is not signed by the writer or is slanderous, libelous or of uncommon sense! The Editor reserves the right to condense any letter or to substitute proper language for improper language.



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Current Comment

Could Small Changes Lead To Success?



Dawn Johnson
editor@thenewsleader.ca

All sorts of things are researched these days. One of the topics frequently researched has been to find out what makes people successful. There have been all kinds of studies done on what people do that leads to success. There are seminars, books, self-help DVD's, and life counselors who give advice on how to become successful.

Recently, I learned there are simple personal habits that seem to be common among the most successful people.

First, these very successful people get up early in the morning, five o'clock for most of those who were studied. They begin the day by checking out their emails and schedules, and then they exercise. They eat a healthy breakfast, shower, dress for work, and head out.

I wish I had known that when I was raising kids. I would have had them out of bed at five and doing

their chores before seven.

Back to the very successful people. They eat healthy foods, starting with breakfast. You could say they have a strong focus on staying healthy, which serves them well because most of them work a 10-hour day.

These people do not like late nights. They like a good night's sleep, an early start, and a long day on the job. They like to exercise in the morning. They like to get the blood flowing, they like to be organized before they even go near their workplace, and by the time they get to work they are right on top of things both physically and mentally.

A recent study shows one's ability to make good decisions is at its peak in the morning, so these successful people are making the most of their mornings, checking their emails, reviewing their schedules, getting organized. Probably they schedule their important meetings for mornings, too.

There are a few more personal habits of highly successful people that set them apart from the average. Probably due to their focus on good health, they do not do drugs and rarely have more than one alcoholic beverage on any social occasion. This makes them not only healthy, but reliable.

This characteristic of rising early, exercising, and getting a good night's sleep is one of the most important attributes of highly suc-

cessful movie and television actors and technicians. Before any film is shot, the producer must get insurance coverage for the production. The people working on the production must be reliable, ready to go to work every morning. Anyone can become ill, but all of the people involved in a movie or television production must have a health check-up and be insurable. An actor like Charlie Sheen, known to be drinking too much and taking drugs, becomes a liability to the production and probably would not be insurable.

Another aspect of the lives of highly successful actors and other successful people is their sexual conduct. They are not promiscuous. For all of them, promiscuity is a health risk they cannot afford. Promiscuity has other implications for married people, such as financial problems due to divorce, or other complications that would interfere with the stability of their personal lives and distract them from their professional concerns.

Highly successful people tend not to have very active social lives, and tend to live quietly for the most part. The majority of their energy appears to be reserved for their professional lives, so home life tends to be quiet and settled.

There are some exceptions to this rule of early to bed and early to rise. Stage performers are the exception. They work at night, so rise much later in the morning. At the same time, they must maintain a healthy lifestyle if they are to become successful.

The Hollywood and tabloid hype that follows the rich and famous exaggerates the social aspect of their lives to a large extent, and in many cases focuses on the foibles of those who will not be among the most successful people. To discover who the most successful people are, you would have to read Forbes, the Financial Post, and other such magazines and newspapers that follow the careers of the big business executives.

Any of our readers who are hoping to become successful now know what it takes to be successful: get up early in the morning, exercise, get organized early and work long hours. Then spend quiet evenings at home and get a good night's sleep.

If you are raising children, you might pass this along to them and buy them an alarm clock.

We'll do our own, says council

A letter from Pitch-In Canada started a discussion at the February 6 Town Council meeting as to how worthwhile it would be to join the Pitch-In program versus the community doing its own spring clean-up.

Council reviewed the success of the annual community clean-up done by volunteers. Council's investment was garbage bags and a hot dog lunch, for work done by volunteers.

Pitch-In Canada wanted \$350 in return for a logo and promotion.

Council decided there is more to be gained by spending the money locally, as the volunteers from the community have done an excellent job.

Council will do its own promotion and recruit its own volunteers.

If you would like to be a volunteer this year, you can leave your name at Town Hall.

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AND NOW...A LITTLE GOOD NEWS!

"And this is the testimony that God gave us eternal life, and this life is in his Son. Whoever has the Son has life; whoever does not have the Son of God does not have life." - 1 John 11, 12

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Lower Valley News

Keremeos - Cawston - Olalla



Argo Road Maintenance crews were busy ditch digging along Highway 3 west of Keremeos on February 13th. Keeping highway ditches free of rock debris due to sluffing is a year-long job. Photo: Arlene Arlow

Local society receives audio/visual boost

A 47" flat screen TV will be installed at the South Similkameen Family Centre thanks to help from a committee of the Village of Keremeos.

The Education and Substance Abuse Committee accepted a request for funding from counseling staff at Lower Similkameen Community Services Society and awarded the society \$500 toward the purchase of the flat screen TV.

"This will be a really helpful and appreciated feature as we continue with our youth Dinner and Movie evenings each Thursday at the family Centre," says counselor, Dave Cursons.

There are other uses for the high quality LED screen. Video materials on parenting topics, part of a S.T.E.P. program (Systematic Training for Effective Parenting), will be featured.

The local Parent Discussion Group began a series of sessions from 10:00 AM to 12 noon on Saturday morning February 18th at the Family Centre.

The first session provided a program overview to allow the group to organize it's own schedule for meetings afterwards.

The new TV screen will be used to mount instructional and informational materials for clients, staff and volunteers at Lower Similkameen Community Services Society.

Support to seniors, a Community Kitchen, early childhood development programs, family literacy projects, counseling to youth, Meals on Wheels, a Volunteer Driver program, English language training for immigrants and special programs

for the disadvantaged are all part of the society's effort in the Lower Similkameen.

The society delivers services under contracts with Child and Youth Mental Health, Ministry of Child and Family Services, Public Safety and Solicitor General as well as managing low cost housing for seniors and independent living residences at Kylami Place and Mountainview Manor. -submitted

Accident near Princeton claims Keremeos life

On February 11th at approximately 7:33 AM a 1995 Honda Accord heading eastbound on Highway 3, 9-kilometres East of Princeton lost control on the slippery road surface.

The vehicle skidded off the road to the left, down the embankment and came to rest overturned in the Similkameen River.

Three passengers were able to escape the vehicle and a patrolling South Okanagan Traffic Services RCMP member encountered one of the injured passengers on the road side.

"He stopped, observed a car upside down in the river, and a female on the icy bank holding another woman, who was in the water, keeping her from being washed away by the current," explains Cpl. Dave Cramm of Keremeos Detachment.

The RCMP member, Cst. Mike Leiding, assisted by an Argo high-

ways worker, pulled the woman from the river.

"They subsequently jumped into the water and attempted to extract the female driver from the car, who was submerged in the water," Cpl. Cramm adds.

They were unable to pull the driver from the vehicle and planned to roll the vehicle over using chains and the Argo truck.

The injured women were transported to Penticton Regional Hospital by ambulance for treatment of moderate to serious, non-life threatening injuries.

All four of the occupants of the vehicle were related and in addition to an IRSU member and BC Ambulance, Fire & Rescue, Collision Analyst and BC Coroners Service all attended the scene to investigate the incident.

The deceased woman was later identified as 34-year old Jeanine Terbasket of Keremeos.

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You could call this a Wall of Fame. Player photos were on display in the Arena Mezzanine for the Princeton Posse Awards Banquet February 19th. Winners on Pages 22 and 23. *

Parenting group starts Saturday

A Keremeos and Area Parent Discussion group begins the first of a six session program, 10:00 AM to 12 Noon this Saturday, February 25th at the Family Centre on Third Street, Keremeos.

The group is open to all interested parents, stepparents, grandparents and other caregivers with an interest in the development of toddlers to pre-teens.

The discussion group will make use of a program from the eighties and still going strong throughout North America. It's called S.T.E.P. or 'systematic training for effective parenting'.

"From video presentation produced with adult and child actors, discussions will flow into areas of real day to day challenges faced in doing a good job for our kids", says Dave Cursons, group facilitator for the program.

Racing Days applies for date

..... continued from Front Page and urged the Racing Days group to evaluate their portion of the fairgrounds facility and submit a list of what should be done. Their needs will be incorporated into a five year strategy for the fairgrounds.

Carol Ruoss submitted a list of things that must be done in advance of the races, and a list of the workers required to run a smooth race meet. Keith Reid will be the announcer but most of the workers are volunteers. Those wishing to help this year should contact the Racing Days Association, or attend the March 15 meeting at the library conference room.

Anyone interested in registering or in finding out more about the Saturday Parent Discussion Group can contact Cursons at 250.499.2352, Local 107 or drop by the LSCSS (Lower Similkameen

Community Services Society) offices, open 8:00 AM to 12 Noon, Monday to Friday.

The office is located at the corner of Veterans and Third Street across from the health unit. - submitted

Police warn of computer scam

Princeton RCMP have learned of a company which is attempting to defraud Princeton residents.

The company is called X-Creation and uses the website www.mywindowsupport.com.

Police say the company is based in India and attempts to sell technical support over the phone to unsuspecting victims.

"The victim would allow the caller access to their computer giving the caller complete control over the computer," RCMP explain.

"Once the victim agrees to pur-

chase the product or service, a form is filled out online and the victim provides all of their credit card information."

RCMP say that once this takes place, "the company is never heard from again."

Princeton RCMP remind you to be careful when purchasing anything over the phone or internet.

If you have any questions or would like to report a scam you can contact the Princeton RCMP Detachment at 250.295.6911 or PhoneBusters at 1-888-495-8501.

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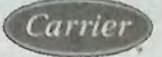
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Final Notice: Hired Equipment Registration Okanagan Shuswap District

The Okanagan Shuswap District of the Ministry of Transportation and Infrastructure is creating its list of registered Equipment for Hire for the fiscal year of 2012/2013, which begins April 1, 2012. This area geographically covers the area from the United States border, east to Osoyoos, west of Princeton and north of Salmon Arm.

All individuals or companies registered in 2011 will have received invitations by mail to re-register hired equipment for 2012. If you have new equipment to be added to your profile, you can register online at www.bcbid.ca or contact the District Office in Kelowna to obtain the appropriate forms. Any individuals who were not registered in 2010/2011, but wish to have equipment listed are hereby invited to contact the District Office, either in person or by phone, to obtain the appropriate registration forms.

Note that while you do not need to have Commercial (Comprehensive) General Liability Insurance or up-to-date WorkSafe BC coverage to register, you will have to meet these requirements prior to working on any ministry projects.

Only owned or lease-to-own equipment is eligible for registration. Equipment may only be registered in one area in any given year. Seniority is not transferable from area to area.

The deadline for new registrations is midnight on Thursday, March 22, 2012. Late registrations will be accepted, but may appear at the bottom of the open list. Note that there is no charge for registering new equipment, or for changing or deleting equipment information already listed.

Register through the Okanagan Shuswap District Office at:
1358 St. Paul Street, Suite 300, Kelowna
or call 250 712-3660 or send a fax to 250 712-3669
to have the forms mailed or faxed to you.



NOTICE OF EXCLUSION APPLICATION REGARDING LAND IN THE AGRICULTURAL LAND RESERVE

I, Geocosa Management Ltd., of 1080 Eyremount Drive, West Vancouver, BC, V7S 2B5 intend on making an application pursuant to Section 30(1) of the *Agricultural Land Commission Act* to exclude from the Agricultural Land Reserve the following property which is legally described as, PI: 003-308-677 DL 1199 Kamloops Division Yale District except: Parcel A (DD N27696F) (2) Plans E15671 and 36371 and located at #2692 Highway 5A.

Any person wishing to express an interest in the application may do so by forwarding their comments in writing to, Stephen Juch, 101 Martin Street, Penticton, BC, V2A 5J9 RDOS by March 5, 2012.

Health/Lifestyle News

Heart Fund Launches Campaign



Guest Speaker Carrera Teal during the annual Heart Fund Dinner. Photo: Dawn Johnson

TENTH ANNUAL Ladies Diamond Dinner

Saturday, April 14th
Hosted by: Princeton Legion - Br. 56

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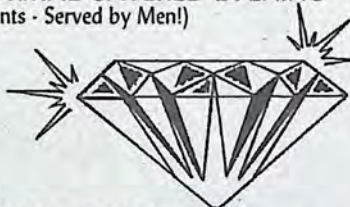
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Having a Heart Fund dinner is a tradition in Princeton to launch the annual campaign for donations. Barbara Ryan arranged the dinner, and invited guest speaker Carrera Teal, Community Development Coordinator for the Heart and Stroke Foundation for Okanagan/Kootenay. The dinner was held February 12 at the Legion Hall.

After enjoying a turkey dinner, those

in attendance saw film presentations about heart health. In addition to the films, there were a number of free publications available to anyone interested in learning more about heart disease and stroke, and about healthy living to prevent these conditions.

Teal began her presentation with a short film about heart disease and strokes. One in three Canadians die before they reach old age as a result of

heart disease. Heart disease kills more women than deaths from all cancers combined. Nine out of 10 people have at least one risk factor, but Canadians do not take heart disease and stroke seriously.

Three new findings about Canadian lifestyles show that we eat too much salt, women do not take good enough care of themselves, and children need much more exercise.

Heart disease and strokes cost Canada's health care system \$22 billion a year, so these conditions have a major economic impact. The Heart and Stroke Foundation wants Canada to be the first nation free of heart disease, and are looking for a 25 percent reduction by 2020.

How do we prevent heart disease? We can go to www.healthcheck.com, and we can shop smarter, looking for products with the heart healthy logo on the label. We can make sure we get plenty of physical activity each week. We can buy a heart healthy cookbook and follow it.

Surprising information was introduced in another film. Three important facts can change your risk:

1. Low fitness is the best predictor of early death, but exercise overcomes the risk from obesity.
2. You may save your own life by taking a half hour walk daily.
3. Limit television viewing to two hours a day.

Following the presentation, everyone received a small gift, and Carrera Teal received a bouquet to take home to Kelowna.

Living Past 100

The Chinese Longevity Herb

The ancient medical books of China list ginseng as the herb that will lead to a healthy old age if taken regularly. Ginseng is used today to enhance the energy of the elderly.

Whether or not ginseng leads to longer life, it does have some medicinal properties that should be noted. Ginseng contains a substance that helps reduce stress, both physical and mental. It helps bodily functions maintain a normal level and can assist with healing. Ginseng has been shown to increase stamina, according to Russian researchers, who say it enhances energy.

Some research done in the United States suggests ginseng may actually extend life by preventing cells from deteriorating. Other American researchers tested the theory that ginseng helps reduce the effects of radiation, and found it was true.

Ginseng has been shown to reduce the effects of a high cholesterol diet and therefore prevent heart disease. Other conditions which have improved with regular use of ginseng are: anemia, hardening of the arteries, high blood pressure, fluid retention, diabetes and ulcers.

The key to using ginseng is to take it in small amounts, such as in a cup of ginseng tea (tastes awful) or in capsule form, carefully following the instructions for dosage on the label. Like anything used for medication, too much has an adverse effect. Ginseng is, for the most part, a helpful herb and beneficial to the health of adults. It should not be given to a child (they have lots of energy, anyway).

Ginseng comes from many producers in a variety of lands, and all of the sources are good. Ginseng will be listed as Korean, Siberian, or North American, but claims of superior quality in any source have not proven accurate.



News Leader Entertainment

Similkameen News Leader TV Guide Listings - February 21 - 27, 2012



Action in front of the Posse goal February 14th when Princeton hosted Kelowna Chiefs. Photo: Brenda Engel

Posse double Chiefs

With a first place finish in their division a mathematical impossibility, Princeton Posse switched gears this week and started battling for a second place finish. With just three games left in the regular season, the Posse can't afford any more losses if they hope to hit the second-best spot in their division.

After dropping two games in the past week, the February 14th match against Kelowna Chiefs was not only a 'must-win' it was also a 'better-win-or-else' kind of game.

Kelowna scored first on the power play (18:18 - Dane Rupert from Landon Andrusiak and Braeden Hikichi) and although it took most of the period, Princeton responded at 3:28 (Blake Roney from Tim Martens and Justin Moltzahn) to tie the game at 1-all.

With just 23-seconds left in the period a collision near centre ice saw Princeton's Justin Moltzahn lose his helmet.

"I didn't see the hit," says Posse

internet play-by-play announcer George Elliott.

"All I saw was Moltzy's helmet spinning on the ice and Justin waving his arms in the air. He clearly was not happy with whatever happened."

Referee Quinn Bjordal penalized Kelowna's T. J. Dumonceaux 2-minutes for Checking to the Head and a 10-minute Misconduct, which made the situation clear to everyone at the Arena.

The second period saw Princeton take the lead at 15:58 with a power play goal scored by Blake Roney. Devon Grossler and Alex Demchuk earned assists.

The Chiefs battled back and tied the game mid-way through the period with a goal scored by Scott Renner at 10:09. Assists went to Shayne Welker and Josh McEwan.

The third period saw the Posse special teams control the scoreboard.

At 16:44 Kurtis Bond shoveled a pass to Eric Kubis who was on the

right side of the Chief net. He wound up and one-timed the frozen chunk of rubber with such force the friction of flying past Kelowna goalie Connor Wilkinson thawed it out.

Jaden Janzen earned an assist on the goal, which was witnessed in Princeton Arena by Kubis' family members including parents and grandparents who came to town for the week from Philadelphia.

Kelowna pulled their goalie for an extra man in the final seconds of the game and almost got scored on as Wilkinson was leaving the ice.

Princeton's Keenan Fordy eventually did score on the power play with 4-seconds left and with Wilkinson back in goal. Assists went to Devon Grossler and Blake Roney.

Final score: Princeton 4, Kelowna 2. Shots on goal: Princeton 29, Kelowna 18. Penalties in minutes: Kelowna 11 for 41-minutes, Princeton 9 for 37-minutes.

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Tuesday Movies

EVENING

9:00 pm WTBS ch.3 "The Wedding Planner" (2001, Romance-Comedy) Jennifer Lopez. A lonely organizer falls for an engaged pediatrician while coordinating his wedding and reception.

9:05 pm KNOW ch.5 "Kings of Pastry" (2009, Documentary) Premiere. Sixteen pastry chefs demonstrate extraordinary skill

and artistry as they create sweet delights in competition for a coveted honor in Les Meilleurs Ouvriers de France. (CC) 11:00 pm WTBS ch.3 "Miracle at Oxford" (1996, Docudrama) Johan Leysen. Tension and discord surround members of Oxford's rowing team as they train to avenge an embarrassing loss to Cambridge.

News Leader Horoscopes

February 22 - 29, 2012

Aries - You are very full of yourself these days, and it shows in your need to make a good impression. You may spend more time than usual on your looks, but be careful. Health matters and job concerns must not be ignored. Focus!

Taurus - This is a good time to plan your next moves. You are moving forward now. People see you as a success. If you have health problems, self-discipline is required to do what is necessary to regain your health. Same for your job.

Gemini - Pay attention to career. Listen to the advice given by people who have experience. Life may not seem much fun right now, but that will change by summer. Don't count on plans working out. The unexpected intervenes.

Cancer - Study what you need to learn to become more effective. Home life is still a burden, property needs attention, you need to develop security. Avoid hazy thinking. Big plans are good but you need to work to achieve them.

Leo - Work on your taxes, solidify your financial position. Make sure you know all of the details, aim for clarity. You could be duped or become confused about assets. Keep personal matters confidential. Siblings may be a problem.

Virgo - Pay attention to what friends, partner, are telling you now. Conversations are very important. Life is showing you aspects of the world and of yourself that you had never considered, and may not want to see. See it!

Libra - Others are unpredictable these days, but friends mean well. Enjoy their company. Focus on personal stability. Organize for effectiveness. You may receive benefits from past investments or a big refund on taxes. Look for them.

Scorpio - Work can be combined with fun these days. Others are good to you. Enjoy the pleasures of time spent with friends, but do not take advantage by giving nothing in return. Single people may meet potential lovers. Be picky!

Sagittarius - This is a good time to be romantic around home. You can enjoy time spent at home improving comforts, enjoying improvements, redecorating or refurnishing. Good times at home restore your creativity, sense of fun.

Capricorn - Spend time talking with people in your own environment, home and neighbourhood. This is a good time to clean house, make changes that beautify your personal surroundings. Travel now will not work out well.

Aquarius - You need to protect your belongings. You could be robbed or duped. New purchases can be flawed. Assess everything you own, make sure it is safe. Make a list of the contents of your home. Learning takes great effort now.

Pisces - Even if you tend to be shy, this is a time when you feel like talking with people. You can project your personality with confidence. You may be tempted to do a lot of shopping but purchases now will not satisfy. Go for walks, bike.

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TUESDAY, FEBRUARY 21, 2012

	WTBS ch.3	CHBC ch.4	KNOW ch.5	KSPS ch.6	KHQ ch.7	KREM ch.8	A&E ch.9	KXLY ch.10	BCTV ch.11	CITY ch.12	CBC ch.13	YTV ch.18	TSN ch.19	VTV ch.22	DISC ch.24	FAM ch.26	CITY ch.29	SPIKE ch.44	TROP ch.45
6 AM	In the Heat of the Night	(5:30) Morning News (N)	Arthur	Thomas	KHQ News 6AM (N)	KREM 2 Morning News	The Sopranos	News	(5:30) Morning News (N)	(4:30) Morning News (N)	CBC News Now	Kid vs. Kat Super Evil	SportsCentre	(5:30) CTV Morning Live (N)	I Could Do	Henry's	CityLine (N)	Auction	TV-Torrens
7 AM	Cosby		Rob Robot	Clifford											I Could Do	Phineas	Auction	OpenSoon	
8 AM	Excused		Hi-5	Arthur	Today Beauty secrets; "Biggest Loser" (N)	CBS This Morning (N)	Breakout Kings	Good Morning America (N)			Turbo	Sidklick	Sports		Mayday "Lost"	Suite/Deck Hannah	The Nate Berkus Show	CSI: NY "Sweet 16"	Earth: Final Conflict
9 AM	Excused		Magic Bus	Martha							Cat in the Hat	Beyblade	Curling: 2012 Scotties Tournament of Hearts, Draw 9. (N) (Live)	Greatest Know-It-All	ANT Farm Phineas	Rachael Ray	CSI: Crime Scene	Debt/Part	
10 AM	Excused		WordWorld	Curious			CSI: Miami "Pirated"			100 Huntley Street	Bo On/Go	Pokémon							
11 AM	Family Fd	100 Huntley Street	Dinosaur	Cat in the Hat							Busytown	Kid vs. Kat							
12 PM	Family Fd		Wibbly Pig	Super Why!							Super Why!	Rescue		Live! With Kelly (N)	Auction	Mickey	Access Hollywood Live	CSI: Crime Scene	Debt/Part
1 PM	Millionaire	World Vision	Princess	Dinosaur							News	Berenstain							
2 PM	Millionaire		Save-Ums!	Sid	The Doctors (N)	Young & Restless	The First 48 "Blackout"	The View (N)	World Vision	Big Flip	Poko	Little Bear		The View (N)	Dirty Jobs	Mickey	The Chew	CSI: Crime Scene	Roseanne
3 PM	Law Order: CI	Big Flip	Mr. Moon	Sesame Street (E)							Doodlebob	Zigby	SnowTrax						
4 PM	Law Order: CI		Sit-Be Fit								Animal	G. Shrinks	Billiards	Marilyn Denis	Canada's Worst Driver	Suite Life	The Revolution	CSI: Crime Scene	3rd Rock
5 PM	Law Order: CI	Noon News Hour (N)	Save-Ums!	Sid							Artzooka	Rescue							
6 PM	Amer. Dad	Days of our Lives (N)	Save-Ums!	Sid							Rescue	Preview							
7 PM	Earl	Days of our Lives (N)	Save-Ums!	Sid							Rescue	Preview							
8 PM	Earl	Days of our Lives (N)	Save-Ums!	Sid							Rescue	Preview							
9 PM	King	The Talk	Save-Ums!	Sid							Rescue	Preview							
10 PM	King	The Talk	Save-Ums!	Sid							Rescue	Preview							
11 PM	King	The Talk	Save-Ums!	Sid							Rescue	Preview							

News Leader Recipe 490

Pita Pizza

(NC)—This Pita Pizza recipe – from Breakfast for Learning, a national charity dedicated to child nutrition programs – is one fun way to get the whole family involved in meal making. Prepare all of the ingredients in advance and then let everyone build their own pizza. Serves 4.

Ingredients:

- 4 100% whole wheat pitas
- 2 chicken breasts, cut in strips
- 3 cups vegetables of your choice
- 1 small can pizza sauce
- 1 cup partly skim mozzarella cheese, grated
- 1 tbsp vegetable oil

Preparation:

- Preheat oven to 350°F
- Heat vegetable oil in a frying pan over medium heat, add chicken and cook until centre is no longer pink.
- Provide each family member with their own pita for the base of their pizza.
- Spread 1 to 2 tablespoons of pizza sauce over each pita.
- Place chicken on top the sauce.
- Pile each pizza high with vegetables.
- Sprinkle each pizza with 1/4 cup of grated cheese.
- Place pizzas in preheated oven for 10-12 minutes or until cheese is melted.
- Serve and enjoy.

Tip: to make a vegetarian version of this recipe switch black beans for chicken.
 More information and recipe ideas can be found online at www.breakfastforlearning.ca.
www.newscanada.com

Wednesday Movies

AFTERNOON

fact in the Amazon. (In Stereo)

3:00 pm SPIKE ch.44 "The Rundown" (2003, Adventure) The Rock. Before his retirement, a bounty hunter must locate his boss' son, who is searching for a priceless artifact in the Amazon. (In Stereo)
 5:00 pm SPIKE ch.44 "The Rundown" (2003, Adventure) The Rock. Before his retirement, a bounty hunter must locate his boss' son, who is searching for a priceless arti-

EVENING

11:00 pm WTBS ch.3 "Doom" (2005, Science Fiction) The Rock. Soldiers use heavy firepower to battle mutants at a high-tech research facility on Mars.

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WEDNESDAY, FEBRUARY 22, 2012

	WTBS ch.3	CHBC ch.4	KNOW ch.5	KSPS ch.6	KHQ ch.7	KREM ch.8	A&E ch.9	KXLY ch.10	BCTV ch.11	CITY ch.12	CBC ch.13	YTV ch.18	TSN ch.19	VTV ch.22	DISC ch.24	FAM ch.26	CITY ch.29	SPIKE ch.44	TROP ch.45
6 AM	In the Heat of the Night	(5:30) Morning News (N) ☺	Arthur ☺	Bob Build	KHQ News 6AM (N)	KREM 2 Morning News	The Sopranos ☺ ☻	News	(5:30) Morning News (N) ☻	(4:30) Morning News (N) ☻	CBC News Now ☻	Kid vs. Kat Super Evil	SportsCentre ☻	(5:30) CTV Morning Live (N) ☻	Mighty Ships "Umiak I"	Henry Phineas	CityLine (N) ☻	Auction	TV-Torrens Opening
7 AM	Cosby	Cosby	Hi-5 ☻	Arthur	Today Martha Stewart, Donny Deutsch. (N) ☺ ☻	CBS This Morning (N) ☺	Breakout Kings ☻	Good Morning America (N) ☻			Turbo	Sidekick	Sports	Mayday ☻	Suite/Deck Hannah	The Nate Berkus Show	CSI: NY ☺ ☻	Earth: Final Conflict ☺	
8 AM	Excused	Excused	WordWorld	Curious			CSI: Miami "Addiction"		100 Huntley Street ☻		Bo On/Go	Pokémon	Curling: 2012 Scotties Tournament of Hearts, Draw 12. (N) (Live) ☻	Natural Born Dealers	ANT Farm Phineas	Rachael Ray ☺ ☻	CSI: Crime Scene	Intervention Canada ☺	
9 AM	Family Fd	100 Huntley Street ☻	Wibbly Pig	Super Why!		The 700 Club ☻	CSI: Miami "Shootout"	Live! With Kelly (N) ☻	100 Huntley Street ☻	World Vision ☻	Super Why! News	Rescue Berenstain	Level With Kelly (N) ☻	Auction	Mickey Never Land	Access Hollywood Live	CSI: Crime Scene	Intervention Canada ☺	
10 AM	Millionaire	Operation Smile ☻	Numbrjacks	Sesame Street ☻		The Price is Right (N)	The First 48 ☻	The View (N) ☺ ☻	Operation Smile ☻	Big Flip	Poko ☻	Little Bear	The View (N) ☺ ☻	Dirty Jobs (N) ☺ ☻	Mickey Manny	The Chew ☺ ☻	CSI: Crime Scene	Roseanne Raymond	
11 AM	Law Order: CI	Big Flip	Save-Ums!	Sid	The Doctors (N) ☻	Young & Restless	The First 48 Dice game.	Paid Prog.	Big Flip	Noon News Hour (N)	Animal	G. Shrinks	Billiards	Marilyn Denis	Breakout ☻	Suite Life	The Revolution	CSI: Crime Scene	Raymond
12 PM	Law Order: CI	Noon News Hour (N)	Pingu ☻	Charlie Rose (N) ☻	Paid Prog.	News	Criminal Minds ☺ ☻	The Chew ☺ ☻	Noon News Hour (N)	Days of our Lives (N)	CBC News Now (N) ☺	Rated A	Preview	CTV News (N) ☺ ☻	Gold Rush "Man Down"	Wizards Hannah	General Hospital (N) ☺	CSI: Crime Scene	Raymond
1 PM	Amer. Dad	Days of our Lives (N)	Doggy	Oil Painting	Days of our Lives (N)	The Talk ☺ ☻	Criminal Minds ☺ ☻	The Revolution	Days of our Lives (N)	The Talk ☺ ☻	Heartland ☻ (DVS)	Kid vs. Kat Super Evil	The Dr. Oz Show ☻	Flying Wild Alaska	Sonny Cory	CityLine ☻	CSI: Crime Scene	Roseanne	
2 PM	King	The Talk ☺ ☻	Franklin ☺	Barney	Judge B.	Let's Make a Deal (N)	The First 48 ☻	General Hospital (N) ☺	The Talk ☺ ☻	The Doctors (N) ☻	Steven and Chris ☻	Monster Squirrel	Anderson ☺ ☻	Myth-Busters ☺ ☻	Suite/Deck Ned's	CityNews at 5 (N) ☻	CSI: Crime Scene	Gold Girls	
3 PM	The Office	The Doctors (N) ☻	Rob Robot	WordGirl	Ellen DeGeneres Show	Dr. Phil (N) ☺ ☻	The First 48 ☻	Rachael Ray ☺ ☻	The Doctors (N) ☻	Young & Restless	Recipes	Almost	Dr. Phil (N) ☺ ☻	Cash Cab	Life Derek Kings	CityNews at 6 (N) ☻	Movie: *** "The Rundown" (2003) The Rock.	Intervention Canada ☺	
4 PM	Big Bang	Young & Restless	G. Shrinks	Fetch! With Wiggles	Jdg Judy	The Dr. Oz Show ☻	Storage	The Nate Berkus Show	Young & Restless	Early News	Mercer	SpongeBob	Ellen DeGeneres Show	Daily Planet (N) ☻	Phineas	How I Met 30 Rock	Movie: *** "The Rundown" (2003) The Rock.	Intervention Canada ☺	
5 PM	College Basketball: Georgia at LSU (N) (Live)	News (N) ☻	Jack ☻	News	News	News	Storage	News	Early News	(4:59) News Hour (N)	CBC News: Vancouver (N) ☻	Parents	Capitals at Ottawa Senators. ☻	CTV News at Five (N)	Gold Rush "Man Down"	Wingin' It Good Luck	The Middle Suburg.	Movie: *** "The Rundown" (2003) The Rock.	Raymond
6 PM	Selinfeld ☺	Ent	Frontier of Construction	Nature "Ocean Giants" Why size matters in world of whales. (N) ☺	Jeopardy!	Inside Ed.	Dog the Bounty Hunter	Ent	Ent	ET Canada	Kitchen Nightmares (N)	Jeopardy!	Mr. Young	CTV News (N) ☺ ☻	American Chopper	Suite/Deck Wizards	Happy	Roseanne	
7 PM	Family Guy	Survivor: One World (N)	Marco Polo Reloaded	Chelsea	Whitney (N)	Survivor: One World (N)	Dog the Bounty Hunter	The Middle Suburg.	Survivor: One World (N)	Survivor: One World (N)	Dragons' Den ☺ ☻	iCarly ☻	Mr. Young	CTV News (N) ☺ ☻	Daily Planet ☻ (DVS)	Suite/Deck Austin	EP Daily	Ways Die	
8 PM	Browns	Chelsea	Bartoli in Italy Mezzosoprano	History of Science ☻	Law & Order: SVU	CSI: Crime Scene	Dog	20/20 (N) ☺ ☻	Kitchen Nightmares (N)	News Hour Final (N)	National	Laughs	SportsCentre (N) ☻	CSI: Crime Scene	Gold Rush "Man Down"	Princess So Raven	The Nate Berkus Show	Ways Die	
9 PM	Browns	Kitchen Nightmares (N)	Cecilia Bartoli. (N)	News	News	Dog the Bounty Hunter	News	News Hour Final (N)	Ent	Stroumbouloupoulos	Weird	Mr. Young	SportsCentre ☻	CTV News	American Chopper	Ned's Zoey 101	Paid Prog.	Raymond	
10 PM	Movie: ** "Doom"	CHBC News Final (N)	Frontier of Construction	Charlie Rose (N) ☻	News	News	Dog the Bounty Hunter	News	News Hour Final (N)	Ent	Stroumbouloupoulos	Weird	Mr. Young	CTV News	American Chopper	Ned's Zoey 101	Paid Prog.	Ways Die	Raymond

Around The Similkameen!



Late afternoon sun meant long shadows of excellent contrast on the west side of Highway 5A last week. This picture was taken looking west from the Princeton-Summerland Road. Notice the dark, straight shadow of Highway 5A at the bottom of the picture. Not too long from now, the soft, rolling blanket will be replaced by rock and the green growth of Spring. Photo: Arlene Arlow



How big is your footprint? Snowmobile footprints in the bright snow present a refreshing contrast with blue shadows. The recent sunshine played well on hillsides along the Princeton-Summerland Road February 13th. Photo: Arlene Arlow

Posse almost sink Lakers

Princeton Posse hosted Pentiction Lakers February 17th in a game many viewed as a preview of the first-round of play-offs for the KIJHL teams.

Only 33-seconds into the start of the game Princeton's Spencer Kristensen drilled the puck deep into the Laker net. Kurtis Bond and Alex Demchuk earned assists on the play.

Although the goal gave the home team a great head start, the Lakers fought hard and long throughout the period breaking up plays, stealing passes and generally pushing the Posse to the point where they had to rise to the occasion or get crushed.

Then at 13:10 Princeton's Eric Kubis added a power play goal to

widen the Posse lead. Keenan Fordy and Cole Weber earned assists.

The Lakers continued to press and the Posse pushed back. There was no letting up from either side of the rink in what could only be described as an evenly matched game.

Princeton scored again at 13:45 of the second period. The power play goal was credited to Devon Grossler with an assist to Spencer Kristensen.

With the Posse leading 3-0 midway through the game, the scoreboard was not telling the full story of what was going on at ice level.

Referee Ryan Dawson did a great job of keeping the game fair and

although the majority of the penalties called were in the first twenty minutes of play, only five minors were issued in the last two frames.

Pentiction managed to capitalize on a shift in momentum and got on the scoreboard with a power play goal at 10:27 (Kale Erickson from Evan Anderson and Reilly O'Conner).


The Lakers continued to push and

shove their way through the action and snagged a blooper of a goal with 5-minutes left in the period.


Pentiction's Sean Alldridge fired a shot at Princeton's Phoenix Logan-Hill, which he stopped with his glove but the puck bounced up and over his shoulder then flopped behind him just inside the goal crease.

The third period was no different from the previous twenty minutes other than Princeton switched goalies putting Sky Buller in and that there was no further scoring.

Final score: Princeton 3, Pentiction 2. Shots on goal: Princeton 30, Pentiction 23. Penalties in minutes: Princeton 10 for 39-minutes, Pentiction 9 for 37-minutes.



Princeton Posse
2011/12 Awards
Page 22, 23





Princeton Posse's Phoenix Logan-Hill (#39) and Mitchell Hewson (#23) in game action from the February 17th match against Pentiction Lakers. *



Princeton Posse's Kurtis Bond (#17) in game action February 17th. *



The miracle of birth: this cow is licking the afterbirth from her newborn calf. The calf on the ground has not yet gained his legs. The birth happened February 13th east of Hedley just moments before this picture was taken. Notice the afterbirth still hanging from the cow's behind. It is quite likely the cow had twins: another calf is trying his best to get a drink from the cow's udder. Photo: Arlene Ariow

Students tap district resources

Students of School District #58 are blessed with a lot of resources to assist them through their years of learning. Each school has its own initiatives for improvements to learning, including teachers who help other teachers. The district has additional initiatives that apply to all schools.

Superintendent Steve McNiven gave trustees an onscreen overview of the many approaches to learning available to students in the district. Early learning programs, aboriginal education programs, student support systems, individual learning plans, and distance education contribute to the entire span of school years. Many different forms of learning technology provide many opportunities to today's students.

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Thursday Movies

EVENING

9:00 pm WTBS ch.3 "I, Robot" (2004, Science Fiction) Will Smith. In 2035 a Chicago homicide detective tracks a sophisticated robot accused of murdering a visionary scientist.
11:00 pm WTBS ch.3 "Jungle 2 Jungle" (1997, Comedy) Tim Allen. A tribal boy leaves the Venezuelan jungle for the first time to visit his father in New York City.

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THURSDAY, FEBRUARY 23, 2012

	WTBS ch.3	CHBC ch.4	KNOW ch.5	KSPS ch.6	KHQ ch.7	KREM ch.8	A&E ch.9	KXLY ch.10	BCTV ch.11	CITY ch.12	CBC ch.13	YTV ch.18	TSN ch.19	VTV ch.22	DISC ch.24	FAM ch.26	CITY ch.29	SPIKE ch.44	TROP ch.45
6 AM	In the Heat of the Night	(5:30) Morning News (N)	Arthur Rob Robot	Thomas Clifford	KHQ News 6AM (N)	KREM 2 Morning News	The Sopranos "D-Girl"	News	(5:30) Morning News (N)	(4:30) Morning News (N)	CBC News Now	Kid vs. Kat	Sports	(5:30) CTV Morning Live (N)	Breakout	Henry's Phineas	CityLine (N)	Auction	TV-Torrens
7 AM	Cosby	Cosby	Hi-5 Magic Bus	Arthur Martha	Today Nick Jonas; Sinead O'Connor (N)	CBS This Morning (N)	Breakout Kings	Good Morning America (N)			Turbo	Super Evil	SportsCentre		Mayday	Suite/Deck Hannah	The Nate Berkus Show	CSI: NY "Obsession"	Earth: Final Conflict
8 AM	Excused	Excused	WordWorld Dinosaur	Curious Cat in the Hat			CSI: Miami "Cop Killer"		100 Huntley Street		Bo On/Go	Pokémon	Curling: 2012 Scotties Tournament of Hearts, Draw 15, (N) (Live)		Oddities	ANT Farm Phineas	Rachael Ray	CSI: Crime Scene	Instant
9 AM	Family Fd	100 Huntley Street	Wibbly Pig Princess	Super Why! Dinosaur		The 700 Club	CSI: Miami	Live! With Kelly (N)	100 Huntley Street	Operation Smile	Super Why! News	Rescue Berenstein		Live! With Kelly (N)	Auction	Mickey Never Land	Access Hollywood Live	CSI: Crime Scene	Instant
10 AM	Millionaire	World Vision	Numbjack Mr. Moon	Sesame Street (E)		The Price Is Right (N)	The First 48	The View (N)	World Vision	Big Flip	Poko	Little Bear		The View (N)	Dirty Jobs	Mickey Manny	The Chew	CSI: Crime Scene	Roseanne
11 AM	Law Order: CI	Big Flip Debt/Part	Save-Umsl Rolle Polle	Sid Sit-Be Fit	The Doctors (N)	Young & Restless	The First 48	Paid Prog.	Big Flip	Noon News Hour (N)	Animal Artzooka	G. Shrinks Rescue	Billiards	Marilyn Denis	Gold Rush "Man Down"	Suite Life Suite Life	The Revolution	CSI: Crime Scene	Friends
12 PM	Law Order: CI	Noon News Hour (N)	Pingu Peep, Big	Charlie Rose (N)	Paid Prog.	News	Criminal Minds	The Chew	Noon News Hour (N)	Days of our Lives (N)	CBC News Now (N)	Puppies Almost	Magazine	CTV News (N)	American Chopper	Wizards Hannah	General Hospital (N)	Jail	Friends
1 PM	Amer. Dad	Days of our Lives (N)	Doggy Zoboom	Painting Knit	Days of our Lives (N)	The Talk	Criminal Minds	The Revolution	Days of our Lives (N)	The Talk	Heartland (DVS)	Kid vs. Kat Super Evil		The Dr. Oz Show	Sons of Guns	Sonny Cory	CityLine	Jail	3rd Rock
2 PM	King	The Talk	Franklin Little Bear	Barney WordWorld	Judge B. Judge B.	Let's Make a Deal (N)	The First 48	General Hospital (N)	The Talk	The Doctors	Steven and Chris	Monster Squirrel		Anderson	Myth-Busters	Suite/Deck Ned's	CityNews at 5 (N)	Jail	Gold Girls
3 PM	The Office	The Doctors (N)	Rob Robot Berenstein	WordGirl Electric	Ellen DeGeneres Show	Dr. Phil (N)	The First 48	Rachael Ray	The Doctors	Young & Restless	Recipes Stefano	Almost Sidekick	Sports	Dr. Phil (N)	Cash Cab How/Made	Life Derek Kings	CityNews at 6 (N)	Jail	Instant
4 PM	Big Bang	Young & Restless	G. Shrinks Arthur	Fetch! With Wild Kratts	Jdg Judy	The Dr. Oz Show	The First 48	The Nate Berkus Show	Young & Restless	Early News Global Nat.	Mercer Wheel	SpongeBob Penguins	NHL Hockey: San Jose Sharks at Toronto Maple Leafs.	Ellen DeGeneres Show	Daily Planet (N)	Phineas Phineas	How I Met	Jail	Instant
5 PM	Browns	News (N)	Jack Martha	News Business	News NBC News	News CBS News	The First 48	News ABC News	Early News Global Nat.	(4:59) News Hour (N)	CBC News: Vancouver (N)	Parents SpongeBob		CTV News at Five (N)	Mayday "Bad Attitude"	Shake It Shake It	30 Rock Parks	Jail	Friends
6 PM	Browns	Global Nat.	Parks Undersea	PBS News-Hour (N)	Millionaire	News KREM 2 News at 6 (N)	The First 48	News News	(5:59) News Hour (N)	ET Canada		ICarly		CTV News (N)	Mayday "Blind Spot"	Shake It Shake It	Person of Interest (N)	IMPACT Wrestling (N)	Friends
7 PM	Seinfeld	Ent	Canada: Over the Edge	Northwest Profiles	Jeopardy! Wheel	Inside Ed. Access H.	The First 48	Ent The Insider	Ent ET Canada	The Firm (N)	Jeopardy!	Weird		etalk	Myth-Busters	Shake It Good Luck	(7:02) Private Practice		3rd Rock
8 PM	Family Guy	The Exes	Ascent of Money	Prime Suspect	30 Rock Parks	Big Bang (8:31) Rob	The First 48	Wipeout (N)	The Exes (8:31) Rob	The Exes (8:31) Rob	The Nature of Things	ICarly Mr. Young		Big Bang	Daily Planet (DVS)	Suite/Deck Good Luck	News EP Daily	MMA	Instant
9 PM	Movie: "I, Robot" (2004) Will Smith.	The Finder (N)	Dominick Dunne: After the Party (N)	Mi-5	The Office All Night	Person of Interest (N)	(9:01) The First 48	Gray's Anatomy (N)	The Finder (N)	The Finder (N)	Doc Zone (N)	Funnest Home Videos		Grey's Anatomy (N)	Mayday "Bad Attitude"	Really Me Wingin' It	Seinfeld	Jail	Roseanne
10 PM		The Firm (N)	Profiles Games	Grimm	The Mentalist (N)	(10:01) The First 48	(10:02) Private Practice	The Firm (N)	News Hour Final (N)	National	Laughs Splatat!	SportsCentre		The Mentalist (N)	Mayday "Blind Spot"	Princess So Raven	The Nate Berkus Show	Entourage	Gold Girls
11 PM	** "Jungle 2 Jungle"	CHBC News Final (N)	Cola Conquest	Charlie Rose (N)	News Jay Leno	News Letterman	(11:01) The First 48	News Nightline	News Hour Final (N)	Ent ET Canada	Stroumbouloupoulos	Weird Mr. Young	SportsCentre	CTV News	Myth-Busters	Ned's Zoey 101	Paid Prog.	MMA	Entourage

Friday Movies

AFTERNOON

4:00 pm SPIKE ch.44 "Jurassic Park" (1993, Science Fiction) Sam Neill. An entrepreneur invites scientists, a mathematics theorist and others to his jungle theme-park featuring dinosaurs regenerated from DNA. (In Stereo)

EVENING

7:00 pm SPIKE ch.44 "Jurassic Park III" (2001, Adventure) Sam Neill. A paleontologist and a couple outrun cloned dinosaurs after their plane crashes on an island. (In Stereo)

8:00 pm YTV ch.18 "Ella Enchanted" (2004, Romance-Comedy) Anne Hathaway. A young woman embarks on a journey to break the curse of obedience placed upon her by a fairy godmother. (In Stereo) (CC) FAM ch.26 "Meet the Robinsons" (2007, Adventure) Voices of Angela Bassett. Premiere. Animated. A mysteri-

ous time-traveler named Wilbur Robinson takes a boy genius on a trip to the future to spend a day with Wilbur's eccentric family. (In Stereo) (CC)

9:00 pm WTBS ch.3 "Doom" (2005, Science Fiction) The Rock. Soldiers use heavy firepower to battle mutants at a high-tech research facility on Mars.

10:00 pm FAM ch.26 "The Suite Life Movie" (2011, Comedy) Dylan Sprouse. A research project leaves twin brothers Zack and Cody with the ability to sense each other's thoughts and feelings. (In Stereo) (CC)

SPIKE ch.44 "Alien vs. Predator" (2004, Science Fiction) Sanaa Lathan. Members of an expedition discover two vicious extraterrestrial species dueling to the death in the Antarctic. (In Stereo)

11:00 pm WTBS ch.3 "Hard Rain" (1998, Action) Morgan Freeman. A thief, a sheriff and the nephew of an armored-truck driver seek money bags in a flooding Indiana town.

News Leader Sudoku 390

by Carter Boswell

HOW TO PLAY:

Sudoku is a game of logic. There is no math involved. The object of the game is to fill the grid so that the numbers 1 through 9 appear only once in each row, column and 3 x 3 box. The numbers can appear in any order and Carter has left you some clues below.

	2						4		
9	5			1			2	8	
			3		9				
6		4					2		9
	1							6	
		3					5		
		2	6			5	8		
5	6			3				1	4
				7					

THIS WEEK'S SOLUTION:

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News Leader Sudoku grids, puzzles and solutions
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FRIDAY, FEBRUARY 24, 2012

	WTBS ch.3	CHBC ch.4	KNOW ch.5	KSPS ch.6	KHQ ch.7	KREM ch.8	A&E ch.9	KXLY ch.10	BCTV ch.11	CITY ch.12	CBC ch.13	YTV ch.18	TSN ch.19	VTV ch.22	DISC ch.24	FAM ch.26	CITY ch.29	SPIKE ch.44	TROP ch.45
6 AM	In the Heat of the Night	(5:30) Morning News (N)	Arthur	Bob Build	KHQ News 6AM (N)	KREM 2 Morning News	The Sopranos	News	(5:30) Morning News (N)	(4:30) Morning News (N)	CBC News Now	Kid vs. Kat Super Evil	SportsCentre	(5:30) CTV Morning Live (N)	Junk Raiders	Henry's Phineas	CityLine (N)	MMA Jail	TV-Torrens OpenSoon
7 AM	Cosby		HI-5	Arthur	Today	CBS This Morning (N)	Breakout Kings	Good Morning America (N)			Turbo	Sidekick	SportsCentre		Mayday Radar operator.	Suite/Deck Hannah	The Nate Berkus Show	Jesse James-Man	Earth: Final Conflict
8 AM	Excused		WordWorld	Curious	Bathing-suit fashion show. (N)		CSI: Miami			100 Huntley Street	Bo On/Go	Pokémon	SportsCentre		Myth-Busters	ANT Farm Phineas	Rachael Ray	Jesse James-Man	Canadian Pickers
9 AM	Family Fd	100 Huntley Street	Garth-Bev	Super Why!			The 700 Club	Live! With Kelly (N)	100 Huntley Street	World Vision	Super Why! News	Rescue Berenstain	SportsCentre	Live! With Kelly (N)	Auction	Mickey Never Land	Access Hollywood Live	MMA Jail	Canadian Pickers
10 AM	Millionaire	Operation Smile	Numbjack	Sesame Street (E)			The Price is Right	The View (N)	Operation Smile	Big Flip Debt/Part	Poko	Little Bear	Win. X Games Classix	The View (N)	Dirty Jobs	Mickey Manny	The Chew	Jesse James-Man	Roseanne Raymond
11 AM	Law Order: CI	Big Flip	Save-Um! Rolle Polle	Slid	The Doctors (N)	Young & Restless	The First 48	Paid Prog.	Big Flip	Noon News Hour (N)	Animal Artzooka	G. Shrinks	Billiards	Marilyn Denis	Mighty Shlps	Suite Life	The Revolution	Jesse James-Man	'70s Show
12 PM	Law Order: CI	Noon News Hour (N)	Pingu	Charlie Rose (N)	Paid Prog.	News	Criminal Minds	The Chew	Noon News Hour (N)	Days of our Lives (N)	CBC News Now (N)	Rated A	E:60	CTV News (N)	Mayday "Bad Attitude"	Wizarda Hannah	General Hospital (N)	Jesse James-Man	'70s Show King
1 PM	Amer. Dad	Days of our Lives (N)	Doggy	Color	Days of our Lives (N)	The Talk	Criminal Minds	The Revolution	Days of our Lives (N)	The Talk	Heartland "The Fix"	Kid vs. Kat Super Evil	High Stakes Poker	The Dr. Oz Show	Mayday "Blind Spot"	Sonny Cory	CityLine	Jesse James-Man	King
2 PM	King	The Talk	Franklin	Barney	Judge B.	Let's Make a Deal (N)	The First 48	General Hospital (N)	The Talk	The Doctors (N)	Steven and Chris	Monster	Off Record	Anderson	Myth-Busters	Suite/Deck Ned's	CityNews at 5 (N)	Ink Master "Game On"	Gold Girls
3 PM	The Office	The Doctors (N)	Rob Robot	WordGirl	Ellen DeGeneres Show	Dr. Phil "Violent Love"	Storage	Rachael Ray	The Doctors (N)	Young & Restless	Recipes Stefano	Almost	SportsCentre (N)	Dr. Phil "Violent Love"	Cash Cab	Life Derek Kings	CityNews at 6 (N)	Ink Master	Canadian Pickers
4 PM	Big Bang	Young & Restless	G. Shrinks	Biz Kidz	Jdg Judy	The Dr. Oz Show	Storage	The Nate Berkus Show	Young & Restless	Early News Global Nat.	Mercer	SpongeBob	NHL Hockey: Montreal Canadiens at Washington Capitals.	Ellen DeGeneres Show	Daily Planet (N)	Phineas	How I Met	Movie: "Jurassic Park" (1993) Sam Neill, Laura Dern.	Canadian Pickers
5 PM	Browns	News (N)	Jack	News	News	News	Storage	News	Early News (4:59) News Hour (N)	(4:59) News Hour (N)	CBC News: Vancouver (N)	Parents	Montreal Canadiens at Washington Capitals.	CTV News at Five (N)	Greatest Know-It-All	Good Luck	Who Do You	'70s Show	
6 PM	Browns	Global Nat.	Parks	PBS News-Hour (N)	News	KREM 2 News at 6 (N)	Storage	News	(5:59) News Hour (N)	ET Canada	Coronation Street (N)	Boys	Curling: 2012 Scotties Tournament of Hearts, Page Playoff 1 vs. 2. (N)	CTV News (N)	Man vs. Wild	Shake It Austin	Fringe (N)	King	
7 PM	Seinfeld	Ent	A History of Scotland	Wash. Need	Jeopardy!	Inside Ed.	Shipping	Ent	Ent	King "Scout Winter" (N)	Jeopardy!	Victorious	2012 Scotties Tournament of Hearts, Page Playoff 1 vs. 2. (N)	etalk	Mayday	Jessie	Mantracker (DVS)	Movie: "Jurassic Park III" (2001)	King
8 PM	Family Guy	King "Scout Winter" (N)	Ballykissangel	Great Performances	Who Do You	Undercover Boss (N)	Shipping	Shark Tank (N)	King "Scout Winter" (N)	Ringer (N)	M'ketplace	Movie: "Ella Enchanted" (2004)	Undercover Boss (N)	Daily Planet (DVS)	Movie: "Meet the Robinsons" (2007)	News EP Daily	Selinfeld	Ink Master	Roseanne
9 PM	Movie: "Doom" (2005) The Rock	A Gifted Man (N)	Piret The head of the Abernethie clan dies.	Grimm	A Gifted Man (N)	Storage	Primetime: What Would	A Gifted Man (N)	A Gifted Man (N)	News Hour Final (N)	National	Weird Boys	SportsCentre (N)	Blue Bloods (N)	Greatest Know-It-All	Movie: "The Suite Life Movie" (N)	Brandy & Ray J	Movie: "Alien vs. Predator" (2004)	Gold Girls
10 PM	Movie: "Hard Rain"	CHBC News Final (N)	Ancient Clues	Charlie Rose (N)	News	News	Shipping	Sports	News Hour Final (N)	Ent	Stroumboulopoulos	In Real Life (N)	SportsCentre	CTV News	Mayday	Zoey 101	The Nate Berkus Show	'70s Show	

News Leader Weekend - Saturday Movies

MORNING

8:00 am WTBS ch.3 'Big Momma's House' (2000, Comedy) Martin Lawrence...

AFTERNOON

12:00 pm SPIKE ch.44 'Jurassic Park III' (2001, Adventure) Sam Neill...

2:00 pm SPIKE ch.44 'Jaws' (1975, Horror) Roy Scheider. A New England police chief, a shark hunter and a scientist have a showdown with a huge white shark...

EVENING

8:00 pm WTBS ch.3 'The Da Vinci Code' (2006, Mystery) Tom Hanks.

A murder in the Louvre Museum and clues in paintings by Leonardo lead to the discovery of a religious mystery that could rock the foundations of Christianity...

FAM ch.26 'Frenemies' (2012, Drama) Bella Thorne. Three sets of friends deal with the ups and downs of their ever-changing relationships...

adult after making a wish at her disastrous birthday party. (In Stereo) (CC) 11:00 pm WTBS ch.3 'The Terminal' (2004, Comedy-Drama) Tom Hanks...

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Prince Town 1826-1926 \$20.00 INCLUDES HST Available at: Similkameen News Leader www.thenewsleader.net From Fur Traders to Miners to the Railroad

SATURDAY, FEBRUARY 25, 2012

Table with columns for time slots (6 AM, 7 AM, etc.) and channels (WTBS ch.3, CHBC ch.4, etc.). Each cell contains the program title and any relevant details like 'Paid Prog.' or 'Live'.

Similkameen Souvenirs

Available at the News Leader Office

Prince Town 1826-1926

The History of Princeton from fur traders to the railway

Prince Town 1826 - 1926

W. George Elliott

Trace the history of development in the Pacific Northwest from the Oregon Treaty to the arrival of the Royal Engineers followed quickly by prospectors. Contains many photos from the Royal British Columbia Museum.

\$20.00

Princeton Area Ghost Towns

The History of Mining in the area - copper, gold and coal

Princeton Area Ghost Towns



A total of six local ghost towns are featured with history on each, detailed directions to the ruins of three you can still visit plus guided photo tours of what you'll still find there today! Perfect for weekend prospectors and local history buffs.

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Monday Movies

AFTERNOON

2:00 pm SPIKE ch.44 "The Rundown" (2003, Adventure) The Rock. Before his retirement, a bounty hunter must locate his boss' son, who is searching for a priceless artifact in the Amazon. (In Stereo)
4:00 pm SPIKE ch.44 "Seven" (1995, Suspense) Brad Pitt. A meticulous detective and the young officer about to replace the veteran probe serial murders based on the seven deadly sins. (In Stereo)

for dead. (In Stereo)
9:00 pm WTBS ch.3 "Perfect Stranger" (2007, Suspense) Halle Berry. A reporter crosses paths with a powerful executive when she goes under cover in cyberspace and the workplace to investigate a friend's unsolved murder.
11:00 pm WTBS ch.3 "Romy and Michele's High School Reunion" (1997, Comedy) Mira Sorvino. Two pinheads try to impress former classmates with far-fetched success stories.

EVENING

7:00 pm SPIKE ch.44 "Payback" (1999, Action) Mel Gibson. A man seeks revenge on his wife and crime partner, who shot him and left him

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MONDAY, FEBRUARY 27, 2012

	WTBS ch.3	CHBC ch.4	KNOW ch.5	KSPS ch.6	KHQ ch.7	KREM ch.8	A&E ch.9	KXLY ch.10	BCTV ch.11	CITY ch.12	CBC ch.13	YTV ch.18	TSN ch.19	VTV ch.22	DISC ch.24	FAM ch.26	CITY ch.29	SPIKE ch.44	TROP ch.45
6 AM	In the Heat of the Night	(5:30) Morning News (N)	Arthur	Bob Build	KHQ News 6AM (N)	KREM 2 Morning News	The Sopranos	News	(5:30) Morning News (N)	(4:30) Morning News (N)	CBC News Now	Kid vs. Kat	(5:00) NHL on TSN: TradeCentre '12 (N) (Live)	(5:30) CTV Morning Live (N)	Mighty Ships "BecruX"	Henry's	CityLine (N)	Auction	TV-Torrens
7 AM	Cosby	Cosby	Hi-5	Arthur	Today (N)	CBS This Morning (N)	Breakout Kings	Good Morning America (N)			Turbo	Super Evil			Mayday	Suite/Deck Hannah	The Nate Berkus Show	CSI: NY	Earth: Final Conflict
8 AM	Excused	Excused	WordWorld	Curious			CSI: Miami Plane crash.		100 Huntley Street	100 Huntley Street	Bo On/Go	Pokémon			Licence to Drill	ANT Farm	Rachael Ray	CSI: Crime Scene	Wipeout Canada
9 AM	Family Fd	100 Huntley Street	Garth-Bev	Super Why!		The 700 Club	CSI: Miami	Live! With Kelly (N)	100 Huntley Street	Operation Smile	Super Why! News	Rescue	NHL on TSN: TradeCentre '12 (N) (Live)	Live! With Kelly (N)	Auction	Mickey Never Land	Access Hollywood Live	CSI: Crime Scene	Wipeout Canada
10 AM	Millionaire	World Vision	Numbrjack	Sesame Street		The Price Is Right (N)	The First 48	The View (N)	World Vision	Big Flip	Poko	Little Bear		The View (N)	Dirty Jobs	Mickey Manny	The Chew	CSI: Crime Scene	Roseanne
11 AM	Law Order: CI	Big Flip	Save-Ums!	Sid	The Doctors	Young & Restless	The First 48	Paid Prog.	Big Flip	Noon News Hour (N)	Animal	G. Shrinks		Marilyn Denis	Worst Handyman	Suite Life	The Revolution	CSI: Crime Scene	King
12 PM	Law Order: CI	Noon News Hour (N)	Pingu Fun.	Charlie Rose	Paid Prog.	News	Criminal Minds	The Chew	Noon News Hour (N)	Days of our Lives (N)	CBC News Now (N)	Rated A		CTV News (N)	Mighty Ships	Wizards Hannah	General Hospital (N)	CSI: Crime Scene	King
1 PM	Amer. Dad	Days of our Lives (N)	Doggy	Paint This	Days of our Lives (N)	The Talk	Criminal Minds	The Revolution	Days of our Lives (N)	The Talk	Heartland (DVS)	Kid vs. Kat	NHL on TSN: TradeCentre '12 (N) (Live)	The Dr. Oz Show	Auction	Sonny Cory	CityLine	CSI: Crime Scene	Drew
2 PM	King	The Talk	Franklin	Barney	Judge B.	Let's Make a Deal (N)	The First 48	General Hospital (N)	The Talk	The Doctors	Steven and Chris (N)	Monster		Anderson	Myth-Busters	Suite/Deck Ned's	CityNews at 5 (N)	Movie: *** "The Rundown" (2003) The Rock.	Gold Girls
3 PM	The Office	The Doctors	Rob Robot	WordGirl	Ellen DeGeneres Show	Dr. Phil	The First 48	Rachael Ray	The Doctors	Young & Restless	Recipes	Almost	SportsCentre (N)	Dr. Phil	Greatest Know-It-All	Life Derek Kings	CityNews at 6 (N)	Wipeout Canada	
4 PM	Big Bang	Young & Restless	G. Shrinks	Fetch! With Arthur	Jdg Judy	The Dr. Oz Show	The First 48	The Nate Berkus Show	Young & Restless	Early News	Mercer	SpongeBob	That's Hockey! (N)	Ellen DeGeneres Show	Daily Planet (N)	Phineas	How I Met 30 Rock	Movie: *** "Seven" (1995) Brad Pitt, Morgan Freeman.	Wipeout Canada
5 PM	Browns	News (N)	Jack	News	News	News	Hoarders	News	Early News	(4:59) News Hour (N)	CBC News: Vancouver (N)	Parents	Sports	CTV News at Five (N)	Myth-Busters	Wing'n' It	How I Met Broke Girl	King	
6 PM	Browns	Global Nat.	Parks	PBS News-Hour (N)	College Basketball: Longwood at Gonzaga (N)	KREM 2 News at 6 (N)	Hoarders	News	(5:59) News Hour (N)	ET Canada		ICarly	NHL Hockey: St. Louis Blues at Calgary Flames. (Live)	CTV News (N)	Dirty Jobs	Suite/Deck Wizards	Alcatraz (N)		Drew
7 PM	Seinfeld	Ent	Rescue	Wait...	at Gonzaga (N)	Inside Ed.	Intervention "Julie" (N)	Ent	Ent	Hawaii Five-0 "Lekio"	Coronation Street (N)	Mr. Young		etalk	Greatest Know-It-All	Shake It	Law & Order: UK	Movie: *** "Payback" (1999)	Drew
8 PM	Family Guy	House "Love Is Blind"	The Queen's Palaces	Antiques Roadshow (N)	The Voice More vocalists audition for the judges.	How I Met Broke Girl	Intervention	The Bachelor (N)	House "Love Is Blind"	House "Love Is Blind"	Mr. D	ICarly		The Voice More vocalists audition for the judges.	Daily Planet (DVS)	ANT Farm	News	Action! Mel Gibson	Instant
9 PM	Movie: ** "Perfect Stranger" (2007, Suspense)	Hawaii Five-0 "Lekio"	The Divine MI.	Antiques Roadshow		Two Men Mike	Hoarders		Fear Factor	Fear Factor	Redemption Inc. (N)	Switched at Birth		Myth-Busters	Wizards	Wing'n' It	Seinfeld	Repo	Raymond
10 PM			(10:10) Cola Conquest	American Masters (N)	Smash (N)	Hawaii Five-0 "Lekio"	Hoarders	(10:01) Castle (N)	Hawaii Five-0 "Lekio"	News Hour Final (N)	National	Laughs	SportsCentre (N)	Smash (N)	Greatest Know-It-All	Princess So Raven	The Nate Berkus Show	Repo	Gold Girls
11 PM	"Romy and Michele's"	CHBC News Final (N)	Warriors of the Night	Charlie Rose (N)	News Jay Leno	News Letterman	(11:01) Intervention	News Nightline	News Hour Final (N)	Ent	Stroumbouloupoulos	Weird Mr. Young	SportsCentre	CTV News	Dirty Jobs	Ned's Zoey 101	Paid Prog.	Repo	King

The members of Princeton Highway Extrication Society regret an incident that was misinterpreted by the Similkameen News Leader last week which was not exactly as we intended.

During a presentation before Princeton Town Council on February 6th pagers sounded. The action was perceived as being emergency in nature which it was not.

Pagers are the most effective means of communication used by emergency personnel. It allows for all members to be contacted at exactly the same moment - much quicker than trying to phone each member individually.

Although the timing of the pager call was regrettably during a public presentation in front of Town Council, municipal officials, Media and members of the public, it also demonstrated that first responders can be paged at any time, while doing just about anything.

While the members of Princeton Extrication Society apologize for how the pager incident was reported, and for not sharing with the Media at that Town Council meeting that the possibility existed of a potential pager call, our intention was not to deceive anyone.

We are currently at the start of a major fundraising campaign and need your financial support. Over the next few weeks you will learn more about who we are and what we do. We hope you will agree that we provide a valuable service to our community and are encouraged enough by our story to make a financial contribution to support our cause.

More information will appear in the Similkameen News Leader or you can visit our website at www.highwayrescue.net.

Thank you,

Executive, Members and Volunteers
Princeton Highway Extrication Society
(Princeton Highway Rescue)





News Leader Classified Ads

25 Words - \$8.00 (includes taxes) - Pay for two weeks, the third week is FREE!

Help Wanted Help Wanted For Rent For Rent For Rent

Princeton & District Community Services is in urgent need of qualified home support workers. Prospective home support workers must be registered with the BC Care Aide Community Health Worker Registry. Successful applicants must have access to a vehicle, a clear criminal record check, a TB skin test and an aptitude for working with seniors. Application forms are available at 47 Harold Avenue (Princeton) and resumes may be mailed to Box 1960, Princeton, BC V0X 1W0 or e-mailed to: mail@pdcss.com. Feb 21-Mar 06

Riverside RV Park Resort, Keremeos BC is looking to hire an ambitious, motivated full-time maintenance person. Responsibilities include care and maintenance of park grounds and facilities. Qualified applicant will have experience and training in potable water, waste water treatment and pool maintenance. Please send your resume to riversidesociety2@gmail.com or mail to Board of Directors - Riverside, #134, 4354 Highway 3, Keremeos, BC V0X 1N1 or fax to 250-499-5954. Feb 21-Mar 06

2-bedroom plus den, 123B Vermillion Avenue, 2nd floor apartment overlooking downtown, yard, in-suite laundry, garage parking and driveway parking, \$900.00/month plus utilities. Available April 1st. No dogs or children please. Contact Heather Johnson at Century 21 Princeton Realty 250.295.6977. Feb 21

5-acre country setting, 2-bedroom trailer, 2 acres fenced for horses or beef. Dog or cat welcome. New wood stove, electric furnace, washer, dryer, hot water tank, fridge, 200 amp service. 20-minutes from Princeton on Summers Creek Road. Only \$850.00/month plus utilities. Damage deposit, references and criminal check required. Available April 19th. Call 250.295.3739 and leave a message. Feb 21-Mar 06

1-bedroom furnished suite in downtown Princeton. Level access, including power and heat. \$500.00/month. References and DD required. Available now! Call 604.484.2783 and leave a message with the best time to call back. Feb 14-28

Wanted

60-year old semi-retired roofer and home renovator, seeking room or basement suite in the country for April 1st. Must be able to have riding horse. Loves kids, dogs and gardening. I am a smoker and non-drinker. Please contact Art at 403.975.8708. Feb 14-28

FREE ONLINE CLASSIFIEDS
www.thenewsleader.biz

Help!

Going skiing at Apex or Manning Park? Paul would like a ride. He is ok to go down the mountain on his own. For more information on how you can assist with this request, call Gloria at 250.295.7218. Jan 17-21

Lost

Silver hoop pierced earring lost sometime in early January. Has sentimental value to owner. If you have found this, please call 250.295.1416 or drop off at Princeton Medical Centre. Jan 17-21

Blonde male mini poodle, lean, about 14-inches tall. May have been picked up, not by owner. Was wearing a blue collar. If seen please call 250.255.5789. Jan 24-Feb 21

2,400 sq ft commercial space for lease 301 Bridge Street, price negotiable, good commercial exposure. Available immediately. Call Heather Johnson at Century 21 Princeton Realty 250.295.6977. Feb 21

Clean apartment, modern, 3-piece bathroom. #101-301 Bridge Street, \$680.00/month plus utilities. Available March 1st. Call Heather Johnson at Century 21 Princeton Realty 250.295.6977. Feb 21

3 bedroom house, 571 Auburn Crescent, \$800.00 plus utilities per month. Available March 1st. This house is listed for sale. Contact Heather Johnson at Century 21 Princeton Realty 250.295.6977. Feb 21

3 bedroom house located on Tulameen River, 10 minute walk to downtown Princeton, wood burning stove, new fridge, new insulation, washer and dryer. Asking \$750.00 per month, utilities not included, discount for good references. Pictures and more details available at www.Rentme88.com "click on Princeton to view" Call 250.295.5361. Feb 07-21

www.highwayrescue.net

Apartment in Princeton - available now! Excellent references and damage deposit required. No pets, can furnish if needed. Phone 250.295.1006 for details or leave message with best time to call back. to Mar 06

Clean apartment, modern, 3-piece bathroom. #301-301 Bridge Street, \$730.00/month plus utilities, includes laundry. Available March 1st. Call Heather Johnson at Century 21 Princeton Realty 250.295.6977. Feb 21

3 bedroom house with double garage, 476 Corina Avenue. \$1,000.00 per month plus utilities. Available April 1st. This house is listed for sale. Contact Heather Johnson at Century 21 Princeton Realty 250.295.6977. Feb 21

2 bedroom house, located at 445 Similkameen Avenue, \$800.00 per month plus utilities. Available March 1st. Contact Heather Johnson at Century 21 Princeton Realty 250.295.6977. Feb 21

2 bedroom suite downtown in quiet area. Suitable for 2 workers sharing or seniors. Very clean, including heat, power and laundry. Asking \$800.00 per month plus damage deposit and references. Call 250.295.6408. Feb 21-Mar 06

Card of Thanks Card of Thanks

THANK YOU! For your support and donations to our spaghetti dinner for Kara Wagner. It was a success! Thanks to: George Pearkes Branch #56 Legion, Princeton Legion Ladies, Cooper's Foods, Princeton Loonie Bin and Bakery, Ian Elko - Music, Lynn Boyd, Linda Thompson, Sharon Zieske, Patty Shortt, Cindy Reid, Paulette Boyd, Steve Draeger, Stacey Van Skiver and everyone who made cash donations! Thank you!

Good Luck! Good Luck!

Good Luck and Best Wishes to John & Carolyn Gillis on your new business venture. May your efforts bring you much success!

- George, Brenda and the News Leader Staff

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Notices Notices

ADVERTISING WORKS
OR YOU WOULDN'T BE READING THIS!
Similkameen News Leader
250.295.4149

The Annual General Meeting of the Similkameen Improvement District will be held at 7:00 PM February 22, 2012 at the residence of the Chairman at 2794 River Road in Keremeos. Feb 21

Similkameen
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5:30 PM 1st 47 Bonanza #'s
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**TUESDAYS
SCA Branch #30**

Snooker Tournament
2nd Tuesday each month - 10 AM
Pool Tournament
4th Tuesday each month - 10 AM

**OPEN 9:00 AM - 4:00 PM
Lunch: 11:30 AM - 1:00 PM**

Narcotics Anonymous

**OPEN MEETINGS
Wednesdays 7:30 PM**

160 OLD HEDLEY ROAD
Baptist Church Basement
(USE BACK DOOR)
Sundays 7:30 PM
Basement, Chamber of Commerce, Highway 3

Info: (250) 295-7919 OR 295-6531, 295-6723

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Sudoku

**CARTER'S
Sudoku
Challenge**

SOLUTIONS TO PUZZLES ON PAGE 14

CHALLENGE #390

321 587 946
957 416 328
846 329 175

684 751 239
215 893 467
793 264 581

172 645 893
568 932 714
439 178 652

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Natural character chart - \$25.
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Drinking a problem?

Alcoholics Anonymous
Meets 7:30 PM Thursdays
Princeton Baptist Church
160 Old Hedley Road
Fred 295-7272/Marena 295-7663

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Souvenirs

Souvenirs

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Prince Town 1826-1926

The History of Princeton from fur traders to the railway

**Prince Town
1826 - 1926**

W. George Elliott

Trace the history of development in the Pacific Northwest from the Oregon Treaty to the arrival of the Royal Engineers followed quickly by prospectors. Contains many photos from the Royal British Columbia Museum.

\$20.00

Princeton Area Ghost Towns

The History of Mining in the area - copper, gold and coal

Princeton Area Ghost Towns

Elkby - Elsie - Elsie - Elsie - Elsie - Elsie - Elsie - Elsie



Over 100 Photos - Historical Facts - Historical Information - Detailed Directions
Trace a Ghost Town of the Past - Gold, Silver and More
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A total of six local ghost towns are featured with history on each, detailed directions to the ruins of three you can still visit plus guided photo tours of what you'll still find there today! Perfect for weekend prospectors and local history buffs.

\$20.00

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If you live in the Princeton area you can drop into our office weekly to pick-up your Similkameen News Leader. You could pay us a dollar each time or you could just pay for a 'Pick-Up Subscription' and spend even less. It's your decision.

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If you live in the Similkameen Valley you can have the Similkameen News Leader mailed to you every week - and it's still cheaper than buying it each week at our office or at your favourite local newsstand. For a few bucks more we'll even send you the Similkameen News Leader anywhere in Canada. Including the prairie provinces and Quebec!

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Similkameen News Leader's George Elliott is nearing the end of his 4th season as internet play-by-play announcer for the Princeton Posse. The pay-per-view webcasts are the 2nd most viewed in the 20-team KIJHL - a feat first achieved last season with 18 teams. Photo: Brenda Engel

Similkameen
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Harkness elected to library board

At the February 15 meeting of the Okanagan Regional Library Board of Trustees, ten new members joined for their first meeting.

The 25-member ORL Board is comprised of representatives from municipal councils, regional districts, and First Nations councils throughout the library district, and with municipal elections held last November, ten Board positions now have new representatives.

Executive members were also chosen, with Ted Bacigalupo from the Columbia-Shuswap Regional District being elected as Chair for his 5th year. Other Executive include:

- Carol Zanon (West Kelowna), Vice Chair
- Mark Pendergraft (Okanagan Similkameen Regional District), Finance Chair
- Peter Schierbeck (Peachland), Policy and Planning Chair
- Marilyn Harkness (Princeton), Personnel Chair

At the meeting the Board also heard an update on construction

progress of the new Vernon Branch, set to open to the public on May 5, 2012.

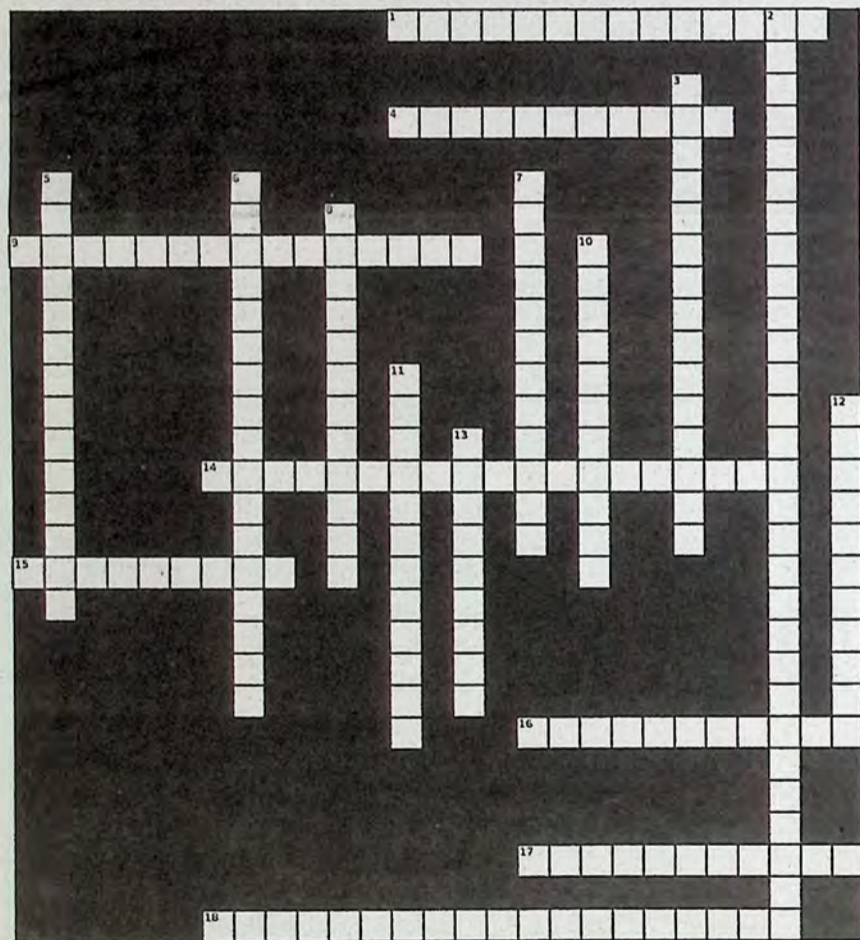
Substantial contributions from Telus, the Vernon Friends of the Library, and community members are being explored that will make the new branch the most technologically up-to-date in the ORL system. This grand opening will coincide with the Vernon Friends of the Library Book Sale, held from May 3-6 at the Vernon Curling Rink, so book lovers in the North Okanagan will be able to enjoy a weekend of special activities.

Additionally, the Board discussed plans for other branches. The Westbank Branch will be undergoing renovations later this spring to increase its size from 6,000 square feet to 10,000 square feet, in recognition of the area's growing population.

The Summerland Branch is also due for size upgrades and the Board will receive a report on recommendations for next steps at the next meeting in May. - submitted

Similkameen
News Leader Puzzler

Use the February 14th News Leader to find Answers Below...



- Across
- 1 Name the KIJHL team Princeton beat February 8th.
 - 4 What did the RDOS increase for March?
 - 9 She demonstrated the Kurzwell 3000 at a School Board meeting.
 - 14 This 10th annual event is at Princeton Legion.
 - 15 Name the former School Trustee honoured February 8th.
 - 16 Part 2 of Bylaw No. 822, 2009 is titled this.
 - 17 Identify the South Okanagan player on the bottom of Page 22.
 - 18 The _____ supports renovations at Cawston Community Hall.

- Down
- 2 The MOU is between the LSIB and EMFC. What is EMFC?
 - 3 What street is Town Crew working on in the front page photo.
 - 5 This Princeton Posse event also includes awards.
 - 6 What project did Community Futures members discuss at the February 6th Town Council meeting?
 - 7 This could mean bad health.
 - 8 He celebrated his 96th birthday!
 - 10 Town of Princeton says do not _____
 - 11 The old highway rescue truck is a 1995 _____
 - 12 Part 5 of Bylaw No. 822, 2009 is titled this.
 - 13 Identify the winners of the A Event in the Mens Bonspiel.

Flip of the Coyne

..... continued from Page 3 before they are kicking in our doors or tapping our phones? How long before the "radicals" who oppose the northern pipeline or any government policy become the target of these warrantless surveillance programs? How long before you become a "radical" and a target for

disagreeing with the government? I may sound like I am taking this to the extreme but there is nothing extreme about fearing the loss of our liberties that are bestowed upon us in our constitutional documents. They are our rights. They are not negotiable. They are what it means to be Canadian.

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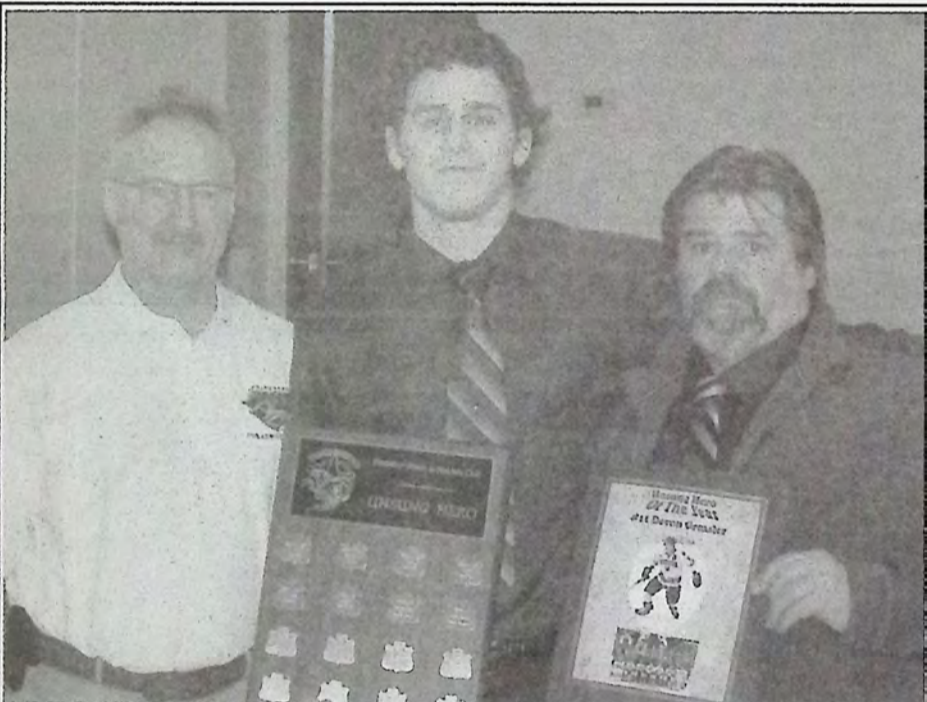
Princeton Posse - Year-End Awards



Rookie of the Year - Phoenix Logan-Hill
Assistant Coach Dave Clare, left, Head Coach Dale 'Duner' Hladun



Best Defensive Player - Adrian Coulter
Assistant Coach Dave Clare, left, Head Coach Dale 'Duner' Hladun



Unsung Hero - Devon Grossler
Assistant Coach Dave Clare, left, Head Coach Dale 'Duner' Hladun



Most Sportsmanlike Player - Justin Moltzahn
Assistant Coach Dave Clare, left, Head Coach Dale 'Duner' Hladun



Best Offensive Player - Alex Demchuk
Assistant Coach Dave Clare, left, Head Coach Dale 'Duner' Hladun



Most Improved Player - Kevin Raimundo
Assistant Coach Dave Clare, left, Head Coach Dale 'Duner' Hladun

Princeton Posse - Year-End Awards



Hardest Working Player - Devon Grossler
Assistant Coach Dave Clare, left, Head Coach Dale 'Duner' Hladun



Hitman of the Year - Tim Martens
Assistant Coach Dave Clare, left, Head Coach Dale 'Duner' Hladun

Division Semi-Final KIJHL Round 1 Play-Offs

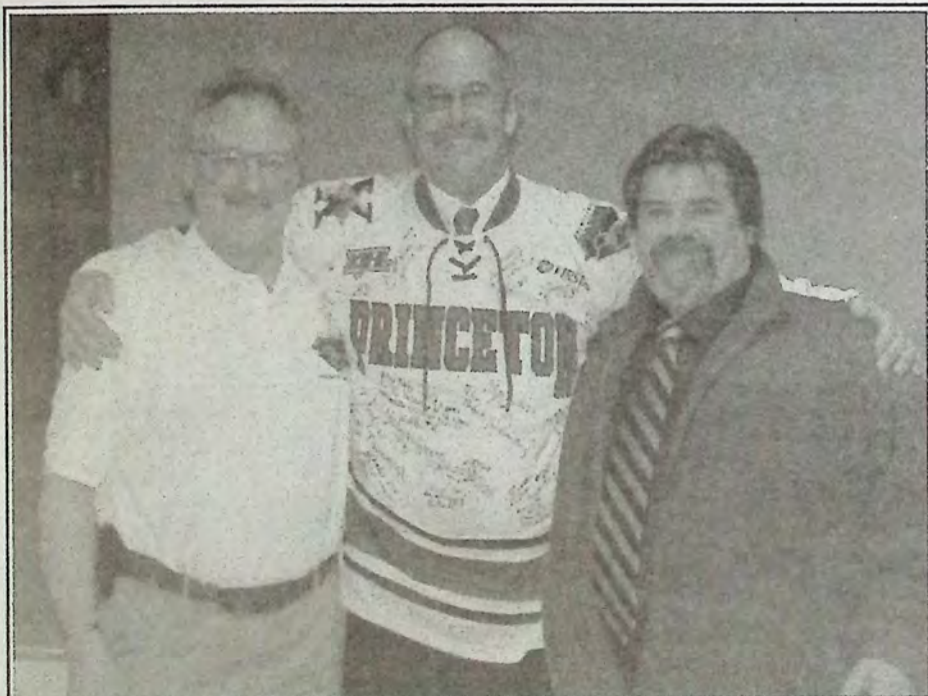
Game 1 - 7:00 PM Friday, February 24
Princeton Posse host Penticton Lakers

Game 2 - 7:00 PM Saturday, February 25
Princeton Posse host Penticton Lakers

FOLLOWING GAMES IN THE BEST-OF-SEVEN
SERIES YET TO BE CONFIRMED AT PRESS TIME



Fan Favourite - Eric Kubis
Assistant Coach Dave Clare, left, Head Coach Dale 'Duner' Hladun



Special Presentation - Trainer Pete McDonald
Assistant Coach Dave Clare, left, Head Coach Dale 'Duner' Hladun



Most Valuable Player - Spencer Kristensen
Assistant Coach Dave Clare, left, Head Coach Dale 'Duner' Hladun

Brenda Crawford



brenda@bcland.net
(250) 295-8182

Susan Collins



susan_collins@nethop.net
(250) 295-5359

April Earle



april@bcland.net
(250) 295-5346

Sandra Simpson



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340 Vernon Avenue



NEW! \$349,600

More than meets the eye - yes, this beauty needs some TLC on the exterior, but on the interior you will find nothing lacking! The many renovations over the last few years are notable with easy care stainless steel appliances, new kitchen and flooring throughout! An open layout, warm colours and a great deal of natural light! **MLS®135307**

1323 Scott Avenue, Hedley



NEW! \$130,000

This property is located in the quietest part of the historic village of Hedley, halfway between Princeton and Keremeos, and only 2.5 hours from the coast, offering you the best of all worlds. Here you will find quick and easy access to every outdoor activity imaginable, with 20 Mile Creek only minutes from your door! **MLS®135226**

511 Similkameen Avenue



NEW! \$224,900

First time buyers or investors look no further! Sturdy, but cute as a button 2-bedroom home loaded with potential in the tunnel area. Newer furnace and hot water tank. Large laundry room that could be used as a main floor (third) bedroom or office. Outside boasts a fully fenced yard with alley access where your future shop could go! **MLS®135225**

4932 Highway 3, Hedley



NEW! \$768,000

There is so much to appreciate with this 40-acre property that sits just east of Hedley and is NOT in the ALR! Enjoy the majestic views from every vantage, the quiet, the peace, the complete privacy - and it comes with a beautiful well built and immaculate home as well! This open concept, three-level home features a large kitchen. **MLS®135229**

374 Burton Avenue



NEW PRICE! \$160,000

All the hard work is done! Updated wiring, plumbing, windows, kitchen, roof is 5 years old, and the list goes on! This well cared for 3-bedroom home is within walking distance to town and just a short stroll to the river. Covered deck area off bright kitchen. Large outbuilding for storage with cold room to keep all the preserves and wine! **MLS®133776**

#204-66 Angela Avenue



Copper Creek Condos - Move-in ready with complete renovation - you will love the warmth of carpeting and cleanliness of tile and the sparkles all the way around. Walking distance to all amenities in Princeton, this second floor unit gives you a little more security and the elevator when you need it, too! Large laundry and storage. **MLS®111373 \$149,900**

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