



Similkameen

News Leader

\$1 INCLUDES HST!

All Flip, No Spin - Page 3

Volume 15 Issue 10 #722 ISSN 1712-090X

Tuesday, March 6, 2012

HOME OF THE REBELS



Introducing the Okanagan Champion Princeton Sr. Girls Basketball Team! Front row, from left: Kelsey Crawford, Brianna Musgrove, Amy Brewer, Angela Marshall, Courtney Hassell. Back row: Kirsten Haayer, Hannah Crawford, Ciara Bamford, Julia Reichert, Mia Crawford, Katelyn Powers, Morgan Reichert. In the Okanagan playoffs, Ciara Bamford and Julia Reichert were named tournament all stars with Angela Marshall named MVP. The team is currently ranked 4th in BC and will be competing in the Provincial Championships March 7-10 in Prince George. - photo submitted

Museum society looks ahead

Princeton's Museum Society has some interesting plans for the coming few months. The first plan is to put out displays of First Nations regalia and artifacts to coincide with the Spirit Festival powwow on April 6, 7 and 8.

A special outing for Girl Guides will take place in late May or early June. Girl Guides will have their Night in the Museum, supervised by leader Carol Mack and some Guiders' parents. This sleepover in the museum will include a program of activities.

Museum staff will participate in the special tourism workshop to take place at Snaz'ist Centre in Hedley on March 14. The goal of the workshop sponsored by Similkameen Valley Planning Society is to develop a

tourism strategy for the entire Similkameen Valley.

The museum will have four student positions for the summer months, two funded by Young Canada Works and two by HRSDC.

The annual general meeting of the Museum Society will be held March 21 at the museum at 7:00 PM. The society plans to expand the number of Directors so that there will be more committee work done. Two resignations from the Board of Directors have been submitted and these positions must be filled as well, so the society will be looking for a Vice-President and a Secretary. The museum has 72 members and it is hoped all of the members will attend. New members are always welcome.

Fall Fair plans fun for children

With its focus on families this year, the Fall Fair plans a lot of children's activities this year. Laser tag, a favourite with teens, has been booked for the fair on September 1 and 2. Other attractions are being considered by the fair, and will be announced as soon as they are booked.

Sandra Dixon, a local resident, received approval at the February 28th meeting for her proposal to hold a handy/trail horse challenge for youngsters and adults. She will lay out a course of small obstacles, such as poles, gates, and logs, and

youngsters will guide their horses through the obstacles, receiving a score. This is not a competition between the youngsters, but rather an opportunity to show how they work with their horses. Those planning to participate will be asked to register in advance so Dixon can more accurately schedule times. This event will take place on September 2 (Sunday of the fair).

Frances Murphy and Dan Kastor will organize the youngsters play area again. The Marron Valley Riders will be asked to come back to Princeton this year to show their

skills as a drill team.

There was some discussion of how to increase young exhibitors to bring their hobbies and crafts to the Junior Fair. There was discussion of taking information to the schools, but the main thrust of discussion was aimed toward parents. Unless parents are aware of the Junior Fair opportunities and willing to assist the children in taking their exhibits to the Junior Fair, the children lose their opportunity to participate.

Information about the Junior Fair will be directed at Parent Advisory Councils and other family-oriented groups in Princeton to encourage parents to help their children participate. Children 12 and under do not pay admission to the fair, and their exhibits can win cash prizes. All of the children's activities at the fair are supported through generous

sponsorships from local businesses, Town of Princeton and Regional District Area H.

The family theme at this year's fair includes a dinner on Saturday evening. There will be no licensed beverage area this year, as all of the activities are geared to parents and children.

Another Fall Fair activity is the community Halloween party on October 27. To raise funds for this party, the Fall Fair will host a flea market in early June. Members of the public may purchase a space,

but the main purpose for the Fall Fair is to give away the huge amount of goods that have been donated to the Fall Fair to raise money for children's activities. Those interested in these goods may make a donation of their choice for items they wish to have. All proceeds will go to the Halloween party fund.

Vendors are already seeking bookings for the fair. Dawn Johnson and Keith Olsen are the contact persons for vendors to reserve space.

POSSE PLAYOFFS - PAGE 9

Lee Mowry

Sales Representative

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**KINDERGARTEN 2012
STUDENT REGISTRATION**

The Board of Education of
School District No. 58 (Nicola-Similkameen)



Registration Schedule
Monday to Friday
March 5 - 16, 2012

Full day kindergarten is offered in British Columbia for all kindergarten-aged children. To assist with the planning and organization of the full day kindergarten program in School District No. 58, it is important that parents register their child early.

9:00 - 11:30 AM / 1:00 - 2:30 PM
John Allison Elementary School
250-295-6727

For September 2012

- To register, a child must be 5 years of age on, or before **December 31, 2012**.
- Parents/Guardians should bring the child's Birth Certificate, Immunization record and Care Card when registering.
- Parents interested in a Kindergarten distance education program for their child, can contact the South Central Interior Distance Education School at 250-378-4245 or 1-800-663-3536.



Princeton's BackDoor Blues Band, from left, Don MacIntosh, Rick Freeman, Dave Mansfield (seated), Rick Law, Henry Ruel, Richard Benson and Larry Saidman. - photo submitted

Concert beats the blues

BackDoor Blues have come a long long way! Evolving from the Four Square Church weekly jam sessions, this seven piece group have become tight and professional.

After last Fall's Country and Blues Concert, the town was abuzz about their musicianship and the impressive variety of music they play. At Riverside Theatre this Saturday afternoon (March 10), you'll hear the extent to which their repertoire has expanded and sound has solidified!

Rick Freeman's guitar chops and bluesy voice is the highlight—but you'll also be impressed by the other two vocalists, Rick Law and Larry Saidman, the keyboard workings of Richard Benson, and, of course the amazing horn section featuring three members of the Princeton Community Band. You can watch Dave Mansfield get carried away with his trombone work, Don

MacIntosh playing wild sax on Swingin' Shepherd Blues....and you'll even hear some blues French Horn. You'll hear some country, folk, soul, and rock'n roll—as well as blues.

Drummer and founder Henry Ruel is stepping back a bit and giving some room for Allenby Road's Dwayne Sininger to throw in some drumbeats as well—and on their closing number, Black Magic Woman, you'll actually hear three drummers!

As well as blues, Rick Law will sing a soulful Taj Mahal number, and Larry Saidman will have you crying in your beer (well, maybe tea) with Sweet Memories.

Special guest, Sofia Milner will also do a couple songs with BackDoor Blues...plus a fun rendition of Hank Snow's "The Gal Who Invented Kissin'".

Nora Whelpton will be there with her fiddle and old-timey singing, (and maybe a yodel or two).

This is the fourth Blues and Country Review and organizer/artistic director, Mel Berg, is trying out a new idea.

"It's a snapshot of Princeton in the

50's", claims Berg.

The concert will start out by having the audience visualize a Saturday night dance at the Orange Hall on Bridge Street in the 1950's, attended by the loggers, miners, and ranchers who contributed so much to Princeton reaching the lofty status of....village.

The afternoon starts with a brief slide show and introduction of some people you may have run into at that dance and some of the songs they expected to hear. Background music for that segment is supplied by the resurrected "Cactus Cats".

Then Allenby Road will play some great music from the 50's and other songs that reflect rural life—with a big emphasis on ranching and rodeos. Joining them for a few songs will be Mel Berg's brother, Jim, harmonizing with Mel as only a brother can do.

The last concert brought in about 100 people and this one could be bigger. So advance tickets may be a good idea! Only \$10. You can buy them from any of the band members, Mel's Barbershop or Sunflower Gallery. It's this Saturday at Riverside, 2:00 PM sharp! - submitted

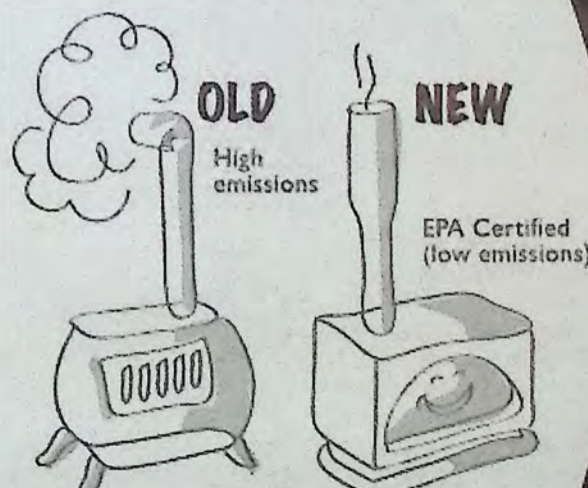
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Flip Of The Coyne

by Spencer Coyne

We are on the verge of losing our democracy. I know you have heard it before but the latest scandal rock-

ing Ottawa is an attack on the very foundation of our democracy: the right to vote. Blocking people's

ability to vote happens in dictatorships and third world countries, not in Canada, or so we thought.

Whoever planned the robocalls, organized them, and perpetuated them, should be thrown in prison. If the robocalls are found to actually have been planned by the Conservatives then we have but one option in my opinion: an election. Prime Minister Harper, the head of the Conservative Party, should take full responsibility for the member(s) of his "team" that committed this crime and call upon the Governor General to dissolve parliament and call an election. No one wants yet another election, but if this scandal prevented one person from voting, then the results are not legitimate and that means this government is not legitimate!

We need stricter election fraud laws. We need laws that will see people who commit these types of crimes sent to prison. We have watched the Conservative Party bend the rules in the past, and if they are truly the people behind the robocalls, no one will be surprised. It is just a natural progression of their disdain for current election laws. It is pathetic that we would need stricter laws, but if politicians and power seekers are not willing to play by the rules then we need

tougher laws, laws that will deter people from threatening our democratic right to vote.

If we lose our right to vote unimpeded by political parties and entities, then we are no better than some tin cup dictatorship. I do not care what party is in power or what party commits the crime. It is wrong and they lose their legitimate right to govern if elected through these types of dirty games. When you play in the playoffs you don't want to win the finals against the weakest team in the league. You want to win against the best or it isn't as meaningful. The same principle should go for politics. You don't want to win because you didn't run a good campaign and the people didn't support you and your operatives thwarted the democratic process and you got in by default. No, you want to run a good campaign and win with a commanding mandate by the majority who supported you because you were the best one for the job.

This has been a hard commentary to write, not because there is nothing to say about the issue but because we shouldn't have to write continued on Page 21



February 29th was 'Pink Shirt Day' or 'Anti Bullying Day' and students at Princeton Secondary School got into the spirit of the day fitting the colour pink into their wardrobe. See Page 12 for more. Photo: Adam Gullason

Town of PRINCETON

Princeton Town Hall News

PRINCETON WEBSITE

When are our council meetings held? What information is on the agenda? Who do I contact regarding upcoming events?

The Town of Princeton website has the answer to these questions and much more information.

Please check us out today at www.princeton.ca



EMPLOYMENT OPPORTUNITY

Princeton Parks, Recreation and Culture Department is accepting resumes for the following positions:

RECREATION AND ART/CULTURE LEADERS REQUIRED

Do you enjoy working with people of all ages or specialize with a certain age or field? Instructors/leaders are needed for afterschool programs for children and youth, daytime and evening courses for adults, registered fitness instructors and more. Call the Recreation and Culture Office at 250-295-6067 or drop a resume off at Town Hall (169 Bridge Street), Box 670, Princeton, BC V0X 1W0 attention Nadine McEwen.

SUMMER POOL STAFF REQUIRED

Certified Lifeguards and Swim Instructors are required for employment from mid-May to September 2012. Successful applicants who hold current certification in their NLS award should apply. Red Cross Water Safety Instructor certification would be an asset. Please drop off resumes to Town Hall, Box 670, Princeton, BC V0X 1W0 attention Carol Mack. Deadline for application is April 13, 2012.

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EMERGENCY PREPAREDNESS

How is Princeton prepared for an emergency?

The Town of Princeton has an Emergency Program and is ready to react to any form of emergency or disaster that effects our community. It's important for the public to understand and be prepared for anything including provisions for you and your family to survive, on your own, for up to 72 hours.

Emergency Social Services provides short-term assistance to British Columbians who are forced to leave their homes because of fire, floods, earthquakes or other emergencies. This assistance includes food, lodging, clothing, emotional support and family reunification.

A meeting for Emergency Social Services will be held in March, with the date to be announced. Volunteers are always needed and welcome.

For more information contact Chris Nice at 250.295.3949 or visit the Emergency Social Services website at www.ess.bc.ca.



Editorial Page News Leader

Similkameen News Leader, 226A Bridge Street, PO Box 956, Princeton, BC V0X 1W0

My Turn

I'd Be Okay With July 32nd

Leap Years and Daylight Savings Time sometimes gets me scratching my head.

The whole point of the extra day in February every four years is to offset the rotation of the Earth around the Sun.

Apparently the Earth doesn't take 365 days to make a complete rotation; it takes 365.25 (plus some more digits) to make a single lap. How they discovered this hundreds of years ago without an iPad app is beyond me, but some smart guy in the 1500's must have made this big announcement over dinner one night and when challenged he countered with something about adding an extra day to a year every so often.

I imagine since no one else at that dinner had a clue of what was being discussed just nodded and continued to feast.

What I don't get is why add that day to February? An extra day just makes winter that much longer and well; it's long enough as far as I'm concerned.

I think the extra day should be tacked on to the end of July.

At least that way it's a longer day in summer rather than an extra dull, short, cold, dreary day of winter.

While I'm at it, Daylight Savings Time confuses me.

The past few years we've been changing our clocks earlier in 'spring' and later in 'fall' only to follow the lead set in place by our neighbours in the South. That's the United States, not Mexico I'm talking about.

We should have learned years ago how well that would turn out with such successes as say, the Free Trade Agreement and easy passage at Border Crossings as two examples of how friends have a way of sticking it to one another once the relationship gets just a tad too familiar.

So instead of sticking to our guns we do what any other typical Canadian would do - accept things and try not to appear too offended by the changes being forced on us. Kind of how we've basically reacted to the recent take-over of Zeller's/Fields and instead of making a lot of noise we just tell each other we can hardly wait to see a Target open in town.

I have a feeling that's about as likely as my calendar having a July 32 on it in four years.

SPRING FORWARD

Daylight Savings Time starts this weekend!

Remember to set your clocks/watches AHEAD one hour before going to bed Saturday, March 10th.

Daylight Savings Time takes effect

2:00 AM Sunday, March 11th.

Clocks/watches go BACK one hour when

Daylight Savings Time ends on Sunday, November 4.



Cache Cook is PSS Student of the Month for February. The Grade 8 student was honoured for his helpfulness. *

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Gas marketer	Contact info	Residential fixed rates (per GJ)*				
		1 yr term	2 yr term	3 yr term	4 yr term	5 yr term
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Active Renewable Marketing Ltd.	1-866-628-9427 activerenewable.com					\$8.99
FireFly Energy	1-888-780-3298 fireflyenergy.ca	\$4.29		\$5.33		
Just Energy	1-866-587-8674 justenergy.com	\$3.99			\$5.60	\$5.60
Planet Energy	1-866-360-3193 planetenergyhome.ca			\$5.19		\$5.69
Summitt Energy BC LP	1-877-222-9520 summittenergy.ca					\$6.99
Superior Energy Management	1-866-872-2991 superiorenergy.ca			\$5.20		

Local natural gas utility	Contact info	Residential variable rate (per GJ)**
FortisBC	fortisbc.com/choice	\$4.005

For more information, visit fortisbc.com/choice.

*Chart shows gas marketers' rates for a range of fixed terms, valid as of March 1, 2012. Marketers typically offer a variety of rates and options. Check gas marketers' websites or call to confirm current rates.

**Residential variable rate valid as of January 1, 2012. FortisBC's rates are reviewed quarterly by the British Columbia Utilities Commission.

A gigajoule (GJ) is a metric measurement of energy used for establishing rates, sales and billing. One gigajoule is equal to one billion joules (J) or 949,213 British thermal units (Btu).

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EDITORIAL GUIDE

We would like you to write to us, but please remember to abide by anti-discrimination laws. The News Leader reserves the right to refuse to print any letter which is not signed by the writer or is slanderous, libelous or of uncommon sense! The Editor reserves the right to condense any letter or to substitute proper language for improper language.



Current Comment

Why Some People Plan To Leave



Dawn Johnson
editor@thenewsleader.ca

I was in the Post Office lobby a couple of weeks ago and heard two people discussing plans to leave Princeton. I think Town Council should pay attention, as there was some concern expressed at the February 20 Council meeting about the drop in Princeton's population. Council's concern prompted a resolution to lobby the government to stop centralizing services. I believe the comments of the two people I overheard should suggest Council look in Princeton's backyard first.

The two people planning to move away had issues with Princeton that are in Council's area of responsibility. The gentleman said he will move because our streets have been impossible to negotiate this winter due to snow and ice built up not only downtown but on the street in front of his house, a side street. The woman he was talking to had a complaint about not being able to go for a walk in her neighbourhood not only because of the ice and snow on her

street, but because she is afraid of the deer because they will not back away when she approaches. Both of these complaints reflect on Town Council.

I admit this winter has been awful for those of us who like to go for a walk. When there is a snowfall followed by rain, ice is guaranteed if the Town crew is not out immediately and working full tilt until the mess is cleaned up. It cannot be left or the ice forms and we will not be rid of it until spring. It is not merely the downtown core that needs immediate attention, but the side streets as well, because having the core cleared is useless if a resident cannot exit his home.

This may not seem to be a big issue worth spending tax dollars to rectify, but if a resident is a senior or physically disabled, a fall on the ice can be lethal. This past winter, many people were risking their lives by going out for the mail or groceries. Because the situation lasted months, there was no such thing as waiting for a better day or even a better week before going out. I realize the Town did not have enough equipment or personnel to do the job, but that is the time when Town Council must call on a contingency plan to find the money, the equipment and the personnel to get the job done.

When the melt began, the situation for residents of one street, Fenchurch downtown, had an even worse problem. The sidewalks on that street began to flood. One senior resident was literally trapped in her home because the melt water froze solid on the sidewalk, and she could not open her

gate. The ice at the edge of the curb in front of her gate was ten centimeters deep after she had chipped a channel through it to drain the water. Across the street, residents of Vermilion Court were in the same situation. The curbs and sidewalks are lower than the roadway and the sidewalks need to be raised or the roadway lowered. Residents say they have complained time and again, to no avail. I remember complaining of the same problem in the spring of 1998 when the News Leader was located on Fenchurch.

When we talk about services needed to keep people from leaving town, then we must first address the services supplied (or not) by our own municipal government. I know it will cost a lot of money, but if Council feels satisfied in spending a quarter of a million dollars to rebuild the zigzag, then the streets all of us use on a daily basis should have a priority. After all, the zigzag is a convenient shortcut for residents of First Bench and is, in fact, unnecessary because there is a paved road to First Bench that they could use instead of the zigzag.

As for the deer problem, I know people who have left Princeton because of the deer. People who are retired and who are avid gardeners deeply resent the deer. I am one of those avid gardeners and occasionally I have thought of selling and moving to a place where I do not have to contend with deer. Now there are raccoons visiting our neighbourhood, a far more destructive animal than the deer. Young fellows looking for a lost dog in the Snowpatch housing area discovered three deer carcasses surrounded by cougar tracks. Although the deer are being culled in a natural way, who wants cougar roaming the neighbourhood?

The deer are a municipal problem. This winter, I had two unpleasant encounters with deer in my own yard, so I can appreciate the fears of the woman who feels she cannot safely go for a walk in her neighbourhood. We can lay the blame for the deer problem on individuals who have fed them in the past, but the fact remains: laying blame does not solve the problem. If Town Council wants to address the problem of shrinking local population, then it behooves Council to solve the problems the citizens have complained about.

Similkameen News Leader

WE'RE DIFFERENT, AND WE LIKE THAT.



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"Whoever is not with me is against me, and whoever does not gather with me scatters." - Luke 11:23

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Lower Valley News

Keremeos - Cawston - Olalla

SESS Principal's March message

Last week Similkameen Elementary Secondary School (SESS) in Keremeos released Principal Marcus Toneatto's March message:

As you are all undoubtedly aware of by now, Monday through Wednesday of this week, March 5th, 6th, and 7th, teachers will be withdrawing their services from school due to an unresolved labour dispute with the government. The school will be open but there will not be adequate supervision for students. We are asking parents to not send students to school on those days and make alternate arrangements for daycare. If there is any change to this situation we will send out e-mails to all parents to provide the most up-to-date information. The administration apologizes for any inconvenience this causes to parents and hopes that this dispute will be resolved in a timely and appropriate manner.

To further our communication with parents and our community, SESS is setting up a school Facebook page, a PAC Facebook page, and a

school Twitter feed. This will all be done before Spring Break and an e-mail will be sent out to encourage as many people to join as possible. This will provide us another avenue to increase collaboration and dialogue.

Our Leadership students did another outstanding job putting on our anti-bullying assemblies on February 29th. Our students were very receptive and respectful of the messages focussing on inclusion that were delivered. The message of acceptance and tolerance of people from all races, religions, cultural backgrounds, and sexual orientation is one that we should all be practicing and role modeling every day of the year.

Students in grades 7-11 are now starting their course selections for next year. Next Tuesday, March 6th at 6:30 PM in the Library, will be a meeting for all parents of students in grades 8-11 to discuss course programming, graduation requirements, and trades and college entrance requirements. We encour-

age all parents to come out to receive information on course programming and have any questions you may have answered. The following night, Wednesday, March 7th, there will be a meeting for all parents of students going from grade 7 to grade 8 next year. With this transition from Elementary to Secondary, parents often have many questions and concerns. Please come out on the 7th for this presentation to help make this transition seamless for both students and parents.

Student course selections are very important as this information is what we use to build our timetable and schedule for next year. Please work with your children to make sure they are choosing the most appropriate courses that meet the needs of their educational program. I wish you all a relaxing and productive Spring Break and continue to encourage you to contact your children's teachers if you have any questions regarding your child's progress.

Teachers taking a stand

- Teachers want your child to learn in a smaller class with more support for students with special needs
- Teachers want to fix the damage caused by a decade of cuts and illegal stripping of our contracts
- Teachers want a fair, negotiated settlement
- Teachers sacrificed salary increases in the past to gain improvements for students only to have these illegally removed in 2002.



62% of British Columbians oppose government imposing a contract on teachers that includes a wage freeze, weakened seniority, and other concessions. *Global News, Feb 25, 2012*

Show your support—You can help your kids by urging your school board, your MLA, and the minister of education to fund schools and respect teachers.

Kids matter Teachers care

A message from the Princeton District Teachers' Union

Teachers taking a stand

What does legislation mean for students?

- \$100 million in budget cuts for education next school year
- no improvements for students with special needs
- larger classes for Grades 4-12 next year
- continued conflict between government and teachers



82% of British Columbians say it's important for teachers to have a contract that establishes specific learning conditions, such as maximum number of regular students, and the maximum number of special needs students per classroom.

Show your support—You can help your kids by urging your school board, your MLA, and the minister of education to fund schools and respect teachers.

Kids matter Teachers care

A message from the Princeton District Teachers' Union

Alex Atamanenko, MP

2011 - A Federal Year In Review - Part 2

As expressed in my last column, it has been difficult over the past year to work with the current federal Conservative majority government.

Internationally, Canada has continued its obstructionist policies by withdrawing from the Kyoto Accord, taking no lead role to address climate change. Instead, our federal government has accused Canadians with environmental concerns over the mega Enbridge pipeline project and oil tankers of being part of "radical groups" and under "foreign" influence.

At the same time, the Harper Conservatives and oil companies have lobbied the Americans to

allow the completion of the Keystone pipeline to transport even more unprocessed bitumen from the Alberta tar sands.

Canada has also continued its unbalanced support of Israel in the Middle East conflict, instead of working to broker a long-lasting peace.

As well, the Conservatives are committed to spend billions on F-35 stealth bombers, without a transparent, competitive bidding process, and for the primary purpose of first-strike capability, not protection of our sovereign territory.

Under the new configuration of Parliament, when the vote comes,

the Conservative majority has the final say, despite having only 29% of the eligible vote in Canada. We need to change our antiquated system where such an elected government has an absolute majority to do whatever it pleases. (Look for the Conservatives to solidify their position even more in the coming years with federal electoral boundary changes.)

On top of this, we have a Senate stacked with the Prime Minister's political appointees that rubber stamp anything he tells them to do; not great for the democratic process.

It is my sincere hope that a fair system of proportional representation

will continue to be one of the key elements of the federal NDP, and that our new leader will make it his/her priority. It would be a very healthy step in the development of our democracy to have a Parliament made up of a number of political parties that actually have to work

together and reach compromises for the benefit of all Canadians. Let's try to make this happen, and not give up hope!

I would like to wish everyone all the best in 2012. I look forward to working with constituents to advance their issues.

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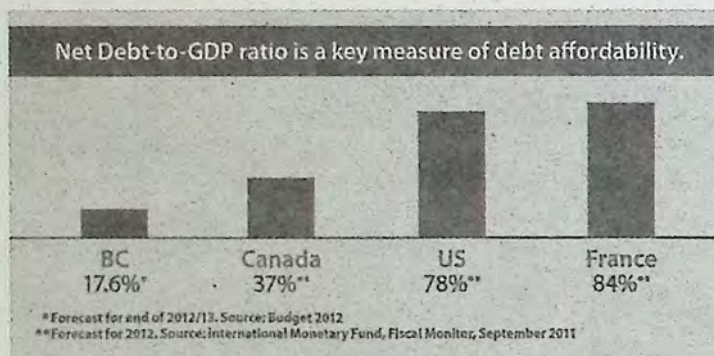
Similkameen News Leader

Responsible budgeting in an uncertain world.

To prosper in today's turbulent global economy, discipline and focus are essential. All around us we see governments paying the price for overspending and uncontrolled debt.

In BC, we have a different story.

- BC enjoys a AAA credit rating after 7 successive upgrades by credit rating agencies
- A very low debt in relation to the size of our economy means we're seen as a safe harbour for investment
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- In fact, when all taxes are considered, British Columbians generally have one of the lowest tax burdens in the country



Budget 2012 builds on our progress.

- Spending controlled to just 2% on average per year, keeping us on track to balance Budget 2013
- Increasing the HST rebate threshold to \$850,000 to help the new home construction industry and provide home buyers up to \$42,500 in rebates
- Creating a new \$10,000 BC First-Time New Home Buyers' Bonus for first-time buyers of newly-built homes
- Extending the Training Tax Credit program to help employers and workers take part in apprenticeship programs
- Eliminating the provincial jet fuel tax for international flights to spur trade and tourism

We're working to keep BC's economy strong in the face of global economic uncertainty. When other economies are looking inward, BC is reaching out to seize opportunities around the world.

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For more details on Budget 2012, visit www.bcbudget.ca or www.bcjobsplan.ca



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Health/Lifestyle News

Back Health Tips For Outdoor Enthusiasts

(NC)—Those eagerly awaited spring days are beckoning outdoor enthusiasts everywhere. Whether you have a green thumb or enjoy outdoor sports or recreation, it is important to remember some basics of back care prior to exerting your muscles and joints.

For example, spring gardening does not have to be a pain in the back. Take a look at these valuable little tips from British Columbia's chiropractors, for both gardening and for sports preparation:

Green Thumbs:

- Stretch before you head out. Take the time to prepare your body for activity and always warm up and cool down your muscles.
- Bend your knees to lift with ease. Keep heavy loads such as potting soil close to your body, keep your back straight and bend your knees while picking up and putting down loads.
- Use the right moves and the right tools. Alternate your tasks, kneel to plant and weed, change positions frequently, pace yourself and always make sure that gardening

tools are a comfortable weight and size for you.

- Take a break before it aches. Get up, move around, alternate tasks, repeat your stretch routine or sit back, relax and have a cool drink.

Outdoor Sports

If spring gardening is not your thing, you may want to start getting your body geared up for outdoor activities such as soccer, tennis or golf. If you are a parent of a young sports enthusiast, it is equally important to help them prepare for outdoor activities. These training tips will help to prepare for spring sports:

- Warm up your muscles before exercise. Proper warm up and stretching will help prevent injuries and strains on muscles and joints.
- Stay hydrated. Drink plenty of fluids before, during and after physical activity to ensure proper hydration.
- Proper nutrition is essential. A good, balanced breakfast and eating a healthy meal before and after practice or a game provides proper nutrient replenishment and refuels the body.

• Safety and injury prevention are important when young athletes take to the field. Ensure your child wears suitable clothing and proper equipment that fits correctly.

• Ensure your budding star gets plenty of rest. Eight to ten hours of sleep is essential for a growing and energetic young athlete. Lack of proper rest can catch up with your child and decrease performance—not to mention increase the chances of injury.

If you or your child experiences a sports-related injury, seek professional health care attention. For example, doctors of chiropractic are trained to treat strains and sprains in all age groups and can provide advice on sports training, nutrition and injury prevention for young athletes.

More information, including how to find a chiropractor in your area, is available online at www.bcchiro.com.
- www.newscanada.com

Burning pressure-treated wood is a toxic situation waiting to happen

(NC)—Whether it's outdoors at a campsite or indoors, few people are immune to the soothing charms of a roaring fire. But it is important that you are careful about what wood you use.

When you're choosing firewood you should make sure that you never use pressure-treated wood. Pressure-treated wood contains pesticides such as chromated copper arsenate (CCA), a preservative that is great for building projects—but can turn toxic if inhaled through smoke from a fire.

A fire built using treated wood can result in the release of chemicals into the atmosphere via ash and smoke, which are easily inhaled by anyone nearby. Because of this you should only use dry, clean wood that has been properly seasoned (i.e., cut, split and stacked in a covered area for about six months.) In addition, you should also never eat food or drink liquids that have come into direct contact with treated wood such as picnic tables. Use plates, glasses and a plastic table cloth to be on the safe side.

Living Past 100

Beating The Blahs

A long hard winter is coming to an end, but by now the winter blahs have set in and it seems like spring will never come. What you really crave is warmth and sunshine. Go for the sunshine. Even if you are bundled up, sunlight is absorbed through your skin even if there is not much showing.

For most people, sunlight is a mood elevator. There are other mood elevators in what you eat. The B vitamins, Vitamin C, and the mineral selenium convert amino acids in our food into mood-lifting enzymes. Exercise that gets your heart pumping faster can lift your mood, too.

Low levels of folate can make you more inclined to feeling depressed. Eating beans and greens can improve your mood as well as improve your general health. A good serving of spinach, about three-quarters of a cup, can put folate back into your system and lift your mood. Whole grain products can do the same thing for you.

Eating carbohydrates, like baked goods and cereals, seems to make most people feel better, but too much of these goodies adds weight and being overweight does not make you feel better. You may have noticed a craving for sweets and baked goods during the darkest months: this is due to a need to beat the winter blahs.

There are psychological tricks you can perform to beat the blahs. Buy a potted spring plant, like daffodils or tulips, and put them in a place where you will see them frequently. Flowers have a mood-lifting effect, especially spring blooms. Look at the spring products in shop windows. Go through your spring and summer wardrobe and plan what you need to discard and replace. If you are a gardener, think about what you want to plant this spring, or how you might change your flower beds or landscaping. For some people, now is the time to do spring cleaning, which gives them a boost in exercise as well as the satisfaction of a clean home. Whatever works for you, do it!

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News Leader Entertainment

Similkameen News Leader TV Guide Listings - March 6 - 12, 2012



Princeton Posse's Sky Buller in game action March 1st against Penticton Lakers. *

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Posse take Game 5 at home

The KIJHL Okanagan/Shuswap Division Semi-Final Series between Princeton Posse and Penticton Lakers has shown that home ice does have an advantage.

Going into Game 5 on March 1st in Princeton, both teams were tied at two wins each with the first two going to the Posse in games played in the Upper Similkameen. The second two were won by Penticton in the South Okanagan.

Game 5 was bound to be a battle and fans were not disappointed.

With only ten penalties called throughout the game the battle was on the scoreboard.

Princeton went into the game with goal scoring stats of 5-1-1-0 and continued to get off to an early start with their first goal in Game 5 scored at 14:55 of the first period.

Credit went to Kurtis Bond with an assist going to Keenan Fordy.

Princeton continued to blast off with another early game lead when Alex Demchuk added goal #2 at 12:02.

Demchuk snagged a Penticton pass in the neutral zone and weaved his way up the middle and between the Laker defense. Then when Penticton goalie Austin Buzzzell dropped to his knees, Demchuk barely hit the puck and it dribbled between the goalies legs and into the net. The unassisted, short-handed goal fired up both the home team and the home crowd.

The second period saw a repeat of all previous games in the series - Penticton eating away at the Posse early lead with a goal at 14:17 (Steven Killy from Derek Grimm).

Princeton responded at 9:18 (Jaden Janzen from Kurtis Bond).

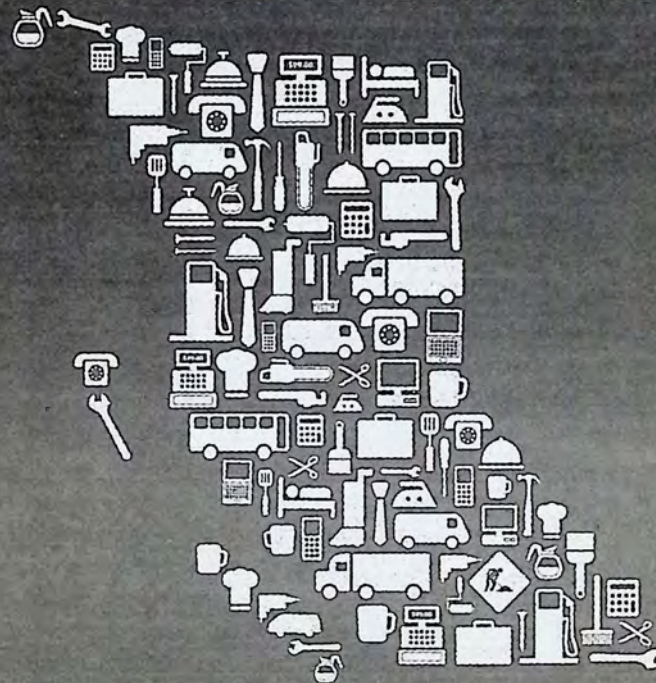
The Lakers finished the period with another goal at 2:39 (Sam Nigg from Jordan Boultee and Steven Killy).

The third period saw Penticton put so much pressure on the Princeton goal it looked as if they were either trying to kill a penalty or take advantage of a situation that didn't

..... continued on Page 21

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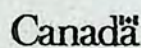
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Tuesday Movies

EVENING

9:00 pm WTBS ch.3 "Flubber" (1997, Comedy) Robin Williams. Enemies try to steal an absent-minded inventor's flying rubber creation and his fiancée.
9:05 pm KNOW ch.5 "Paper Promises" (2008, Documentary) Motivated by his son, 80-year-

old Larry Harvey resumes his singing career. (CC)
11:00 pm WTBS ch.3 "The Forbidden Kingdom" (2008, Action) Jackie Chan. A teenage fan of Hong Kong cinema finds a Chinese relic and travels back in time to help legendary martial-artists free the Monkey King.

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News Leader Horoscopes

March 7 - 14, 2012

Aries - Resist the urge to go shopping! This week you want to buy beautiful things, but your taste will not be the best. You will regret your purchases. Wait a week until the temptation subsides. Guard your tongue. You are inclined to say too much and to say it in a foolish way. You may undermine your credibility.

Taurus - If you became any happier you would be totally lazy and do nothing. Being so pleased with yourself is a good thing, but try to level out a little. Do some forward planning but don't spend any money on the plans you make now because you will probably change your mind next week. Plans now are subject to change later.

Gemini - Put plenty of effort into your career now. Problems at home may be easing off but are not solved yet. You can make some real headway now by being more tolerant but don't be a pushover. Problems with property, repairs, etc. can be solved this summer. Health is good but do not overdo. Maintain balance in your life.

Cancer - How you love to plan! Make sure your plans are carefully laid out and not impossible to achieve or you will be discouraged. Plans you made for home improvements must be revisited if they were not achieved last year. Make a point of discussing what you want to do, and be practical about it. Don't start arguments. Drive safely.

Leo - Your career is under some positive influences, so do not become lazy or complacent. Make a point of putting full effort into it now and you will gain. Review what you have achieved in the past month and improve anything that needs it, tie up loose ends, plan to move forward by mid-April. Work on taxes, finances, mortgage, debts.

Virgo - Your interactions with others are based on self-interest right now. It is good to have a solid ego and appreciate your own worth, but make sure your feelings are not influenced by insecurity. Use your energy in the most positive way by achieving goals, exercising, working hard. This will bring you a lot of benefits and rewards.

Libra - Others will want to exchange ideas with you now, so listen and comment. You or they may have to go back and redo a project or refine an idea. Work on your health right now: eat properly, exercise, get a check-up. Focus on your job and do it well. You derive benefits through shared resources, tax refund, or dividends.

Scorpio - Romance could come to you in a big way right now, especially if you are a single male. Pay attention to those making life easier for you through their generosity. Friends are good to you now. You need some fun in your life right now, and you could have a lot of fun with a new romance. Plans do not always pan out now.

Sagittarius - Home is where the heart is this week, and you enjoy good health and fun on the job. Your career continues to be hectic, but brings benefits in the next week. Plans you make this week regarding a social event may have to be put on hold. Travel to distant places is not without problems. Partner would like to spend fun time now.

Capricorn - Matters relating to home and property will have to be put on hold for a few weeks. Pay attention to taxes, debts, investments. Career continues to be demanding, and needs focus on work. You can have fun with children or sports activities this week. You could be lucky at games of chance, but don't gamble heavily.

Aquarius - Focus on budget and family matters this week. This is a good week to spring clean your house, get it ready for the outdoors season. Have fun at home with family this weekend if possible. This is a good time of year to assess the value of everything you own and decide how your assets can be converted into needed cash.

Pisces - You need to spend time talking to people, socializing, and getting out into the fresh air. Walk, cycle, hike - these are good for you now. Positive change takes place in relationships. Do not spend this week except on necessities. Revamp household budget and rethink plans to purchase any items. The delay will prove beneficial.

TUESDAY, MARCH 6, 2012

	WTBS ch.3	CHBC ch.4	KNOW ch.5	KSPS ch.6	KHQ ch.7	KREM ch.8	A&E ch.9	KXLY ch.10	BCTV ch.11	CITY ch.12	CBC ch.13	YTV ch.18	TSN ch.19	VTV ch.22	DISC ch.24	FAM ch.26	CITY ch.29	SPIKE ch.44	TROP ch.45
6 AM	In the Heat of the Night	(5:30) Morning News (N)	Arthur	Thomas	KHQ News 6AM (N)	KREM 2 Morning News	Criminal Minds "Jones"	News	(5:30) Morning News (N)	(4:30) Morning News (N)	CBC News Now	Kid vs. Kat	Sports	(5:30) CTV Morning Live (N)	I Could Do	Henry's	CityLine (N)	Auction	TV-Torrens
6:30 AM	Cosby		Rob Robot	Clifford								Super Evil	Curling: Tim Horton's Brier, Draw Nino. (N) (Live)	I Could Do	Phineas		Auction	OpenSoon	
7 AM	Cosby		Hi-5	Arthur	Today Lisa Rinna; Demi Lovato. (N)	CBS This Morning (N)	Criminal Minds	Good Morning America (N)			Turbo	Sidekick		Mayday "Out of Sight"	Suite/Deck Hannah	The Nate Berkus Show	CSI: NY	Earth: Final Conflict	
7:30 AM	Excused		Magic Bus	Martha							Cat in the Hat	Beyblade		Greatest Know-It-All	ANT Farm	Rachael Ray	CSI: Crime Scene	Debt/Part	
8 AM	Excused		WordWorld	Curious			CSI: Miami "Shattered"	100 Huntley Street			Bo On/Go	Pokémon			Phineas				
8:30 AM	Excused		Dinosaur	Cat in the Hat							Busytown	Kid vs. Kat							
9 AM	Family Fd	100 Huntley Street	Wibbly Pig	Super Why!		The 700 Club	CSI: Miami "Payback"	Livel With Kelly (N)	100 Huntley Street	Operation Smile	Super Why!	Rescue		Livel With Kelly (N)	Auction	Mickey	Access Hollywood Live	CSI: Crime Scene	Debt/Part
9:30 AM	Family Fd		Princess	Dinosaur							News	Berenstain	SportsCentre	Auction	Never Land				
10 AM	Millionaire	World Vision	Numbjack	Sesame Street		The Price is Right (N)	Criminal Minds	The View (N)	World Vision	Sarah	Poko	Little Bear		The View (N)	Mighty Planes	Mickey	The Chew	CSI: Crime Scene	Roseanne
10:30 AM	Millionaire		Mr. Moon	(E)				Debt/Part			Doodlebop	Zigby	PBA Bowling	Marilyn Denis	Nerve Center	Phineas	The Revolution	CSI: Crime Scene	3rd Rock
11 AM	Law Order: CI	Sarah	Save Ums	Sid	The Doctors (N)	Young & Restless	Criminal Minds	Paid Prog.	Sarah	Noon News Hour (N)	Animal	G. Shrinks		CTV News (N)	Desert Car Kings	Wizards	General Hospital (N)	Ink Master	3rd Rock
11:30 AM		Debt/Part	Rolle Polle	Sit-Be Fit				Paid Prog.	Debt/Part		Artzooka	Rescue	Curling: Tim Horton's Brier, Draw 10. From Saskatoon Credit Union Centre.	Anderson	Myth-Busters	Suite/Deck Ned's	CityNews at 5 (N)	Ink Master	Gold Girls
12 PM	Law Order: CI	Noon News Hour (N)	Pingu	Charlie Rose (N)	Paid Prog.	News	Storage	The Chew	Noon News Hour (N)	Days of our Lives (N)	CBC News Now (N)	Puppies	Almost	The Dr. Oz Show	Greatest Know-It-All	Sonny	CityLine	Ink Master	Frasier
12:30 PM			Peep, Big									Almost							
1 PM	Amer. Dad	Days of our Lives (N)	Doggy	Paint	Days of our Lives (N)	The Talk	Storage	The Revolution	Days of our Lives (N)	The Talk	Heartland (DVS)	Kid vs. Kat							
1:30 PM	Earl		Zoboom	Story-Costume Drama	Judge B.	Let's Make a Deal (N)	Storage	General Hospital (N)	The Talk	The Doctors (N)	Steven and Chris (N)	Monster	Off Record						
2 PM	King	The Talk	Franklin	WordWorld	Judge B.		Storage					Squirrel		Anderson	Myth-Busters	Suite/Deck Ned's	CityNews at 5 (N)	Ink Master	Gold Girls
2:30 PM	King		Little Bear				Storage												
3 PM	The Office	The Doctors (N)	Rob Robot	WordGirl	Ellen DeGeneres Show	Dr. Phil (N)	Storage	Rachael Ray	The Doctors (N)	Young & Restless	Recipes	Almost	SportsCentre (N)	Dr. Phil (N)	Cash Cab	Life Derek	CityNews at 6 (N)	Ink Master	Debt/Part
3:30 PM	The Office		Berenstain	Electric			Storage				Stefano	Sidekick			How/Made	Kings			
4 PM	Big Bang	Young & Restless	G. Shrinks	Fetch! With Arthur	Jdg Judy	The Dr. Oz Show	Storage	The Nate Berkus Show	Young & Restless	Early News	Mercer	SpongeBob	Hockey	Ellen DeGeneres Show	Daily Planet (N)	Phineas	How I Met	Ink Master	Debt/Part
4:30 PM	Big Bang						Storage			Global Nat.	Wheel	Penguins	Curling: Tim Horton's Brier, Draw 11. From Saskatoon Credit Union Centre.						
5 PM	Browns	News (N)	Jack	News	News	News	Storage	News	Early News	(4:59) News Hour (N)	News	Parents		CTV News at Five (N)	How/Made	Wingin' It	Last Man	Ink Master	3rd Rock
5:30 PM	Payne		Martha	Business	NBC News	CBS News	Storage	ABC News	Global Nat.		News	SpongeBob			How/Made	Good Luck	Cougar		
6 PM	Browns	Global Nat.	Parks	PBS News-Hour (N)	News	KREM 2 News at 6 (N)	Storage	News	(5:59) News Hour (N)	ET Canada	News	Carly		CTV News (N)	Gold Rush (N)	Suite/Deck Wizards	New Girl	Ink Master	3rd Rock
6:30 PM	Payne		Wild at Hrt.		Millionaire		Storage					Boys							
7 PM	Seinfeld	Ent	Hope for Wildlife	Great Performances	Jeopardy!	Inside Ed.	Storage	Ent	Ent	Wipeout		Boys		etalk	Flying Wild Alaska (N)	Shake It	Body of Proof	Ink Master	Frasier
7:30 PM	Seinfeld	ET Canada			Wheel	Access H.	Storage	The Insider	ET Canada		Jeopardy!	Boys	SportsCentre (N) (Live)	Big Bang	Good Luck				
8 PM	Family Guy	NCIS "Thirst"	Monty Don's Italian	Il Volo Takes Flight	Decision 2012 (N) (Live)	NCIS "Thirst"	Storage	Last Man	NCIS "Thirst"	NCIS "Thirst"	Mercer	Carly		Whitney (N)	Daily Planet	Jessie	News	Am Digger	Instant
8:30 PM	Family Guy						Storage	Cougar			22 Minutes	Mr. Young		Cleveland	Kings	EP Daily		Ink Master	ET Canada
9 PM	Movie: "Flubber"	NCIS: Los Angeles	(9:05) Movie: "Paper Promises"		The Biggest Loser (N)	NCIS: Los Angeles	Storage	The River (N)	NCIS: Los Angeles	NCIS: Los Angeles	Arctic Air "New North"	Funniest Home Videos	Goose	The River (N)	Gold Rush	Suite/Deck	Seinfeld	Am Digger	Raymond
9:30 PM	Williams.						Storage												
10 PM		Wipeout		Moyers & Company	Unforgettable		Storage	Body of Proof	Wipeout	News Hour Final (N)	National	Laughs	SportsCentre (N)	Unforgettable	Flying Wild Alaska	Zoey 101	The Nate Berkus Show	Ink Master	Gold Girls
10:30 PM							Storage				Splatatof					So Raven			
11 PM	"Forbidden King"	CHBC News Final (N)	Hope for Wildlife	Charlie Rose (N)	News	News	Storage	News	News Hour Final (N)	Ent	Stroumbouloupoulos	Weird	SportsCentre	CTV News	How/Made	Ned's	Paid Prog.	Am Digger	3rd Rock
11:30 PM					Jay Leno	Letterman	Storage	Nightline		ET Canada		Mr. Young				Princess		Auction	

News Leader Recipe 492

Cauliflower Popcorn

(NC)—Are you looking for a new way to engage your family in healthy eating? This cauliflower popcorn recipe from leading child nutrition organization, Breakfast for Learning, is a fun and healthy twist on the classic. It can be served as a side dish, or even as a new snack at your next movie night. Cauliflower is filled with nutrients that help keep bodies healthy and strong, such as vitamin C, potassium, and fibre.

Cauliflower Popcorn - Makes: 4 servings

Ingredients:

- Cauliflower 1 head
- Extra Virgin Olive Oil 3 Tbsp
- Salt 1/2 tsp (2 ml)
- Spice (e.g. Paprika, garlic powder, or onion powder) 1/2 tsp (2 ml)

Preparation:

1. Preheat oven to 425F (220C).
2. Cut cauliflower head into florets about the size of a ping pong ball.
3. In a large bowl whisk together oil, salt, and spice.
4. Add cauliflower and toss thoroughly.
5. Spread cauliflower on parchment-lined baking sheet.
6. Roast in the oven for 45 – 60 minutes. During this time, turn cauliflower 3-4 times until most of each piece has turned a golden brown colour.
7. Serve and enjoy your special popcorn treat.

More information and recipe ideas can be found online at www.breakfastforlearning.ca.

www.newscanada.com

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Wednesday Movies

AFTERNOON

3:30 pm SPIKE ch.44 "Enter the Dragon" (1973, Adventure) Bruce Lee. A secret agent comes to an opium lord's island fortress with other fighters for a martial-arts tournament. (In Stereo)

EVENING

8:00 pm SPIKE ch.44 "Enter the Dragon" (1973, Adventure) Bruce Lee. A secret agent comes to an opium lord's island fortress with other fighters for a martial-arts tournament. (In Stereo)

9:00 pm WTBS ch.3 "The Forbidden Kingdom" (2008, Action) Jackie Chan. A teenage fan

of Hong Kong cinema finds a Chinese relic and travels back in time to help legendary martial-arts free the Monkey King.

10:30 pm SPIKE ch.44 "I Am Bruce Lee" (2011, Documentary) Martial artists, athletes, actors, directors, and producers discuss the legacy of Bruce Lee and reveal why his flame burns brighter not than the day he died. (In Stereo) (CC)

11:00 pm WTBS ch.3 "The Last Mimzy" (2007, Fantasy) Joely Richardson. The parents and teacher of a pair of siblings notice the children are developing amazing mental abilities following their discovery of a box of strange toys.

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WEDNESDAY, MARCH 7, 2012

	WTBS ch.3	CHBC ch.4	KNOW ch.5	KSPS ch.6	KHQ ch.7	KREM ch.8	A&E ch.9	KXLY ch.10	BCTV ch.11	CITY ch.12	CBC ch.13	YTV ch.18	TSN ch.19	VTV ch.22	DISC ch.24	FAM ch.26	CITY ch.29	SPIKE ch.44	TROP ch.45
6 AM :30	In the Heat of the Night	(5:30) Morning News (N) ☒	Arthur ☐ Rob Robot	Bob Build Clifford	KHQ News 6AM (N)	KREM 2 Morning News	Criminal Minds ☐ ☒	News	(5:30) Morning News (N) ☒	(4:30) Morning News (N) ☒	CBC News Now ☒	Kid vs. Kat Super Evil	Sports	(5:30) CTV Morning Live (N) ☐ ☒	Breakout ☒	Henry's Phineas	CityLine (N) ☒	Auction	TV-Torrens
7 AM :30	Cosby		Hi-5 ☒ Magic Bus	Arthur Martha	Today Family trips for spring break (N) ☐ ☒	CBS This Morning (N) ☐ ☒	Criminal Minds ☐ ☒	Good Morning America (N) ☒			Turbo Cat in the Hat	Sidekick Beyblade	Curling: Tim Horton's Brier, Draw 12. From Saskatoon Credit Union Centre.		Mayday "Fog of War"	Suite/Deck Hannah	The Nate Berkus Show	CSI: NY ☐ ☒	Earth: Final Conflict ☐
8 AM :30	Excused		WordWorld Dinosaur	Curious Cat in the Hat			CSI: Miami "The Score"		100 Huntley Street ☒		Bo On/Go Busytown	Pokémon Kid vs. Kat		Natural Born Dealers	ANT Farm Phineas	Rachael Ray ☐ ☒	CSI: Crime Scene	Intervention Canada ☐	
9 AM :30	Family Fd	100 Huntley Street ☒	Wibbly Pig Princess	Super Why! Dinosaur		The 700 Club ☒	CSI: Miami "Silencer"	Live! With Kelly (N) ☒	100 Huntley Street ☒	World Vision ☒	Super Why! News	Rescue Berenstain	SportsCentre ☒	Live! With Kelly (N) ☒	Auction	Mickey Never Land	Access Hollywood Live	CSI: Crime Scene	Intervention Canada ☐
10 AM :30	Millionaire	World Vision ☒	Numbrjack Mr. Moon	Sesame Street ☒		The Price Is Right (N)	Criminal Minds ☐ ☒	The View (N) ☐ ☒	World Vision ☒	Sarah Debt/Part	Poko ☒ Doodlebop	Little Bear Toot	Motoring	The View (N) ☐ ☒	Dirty Jobs ☐ ☒	Mickey Manny	The Chew ☐ ☒	CSI: Crime Scene	Roseanne Raymond
11 AM :30	Law Order: CI	Sarah Debt/Part	Save-Ums! Rolie Polie	Slid Sit-Be Fit	The Doctors (N) ☒	Young & Restless	Criminal Minds ☐ ☒	Paid Prog.	Sarah Debt/Part	Noon News Hour (N)	Animal Artzooka	G. Shrinks Rescue	Lumber	Marilyn Denis	Breakout ☒	Phineas Suite/Deck	The Revolution	Ways Die	Raymond
12 PM :30	Law Order: CI	Noon News Hour (N)	Pingu ☒ Peep, Big	Charlie Rose (N) ☒	Heal Power-Juicing	News Bold	The First 48 ☒	The Chew ☐ ☒	Noon News Hour (N)	Days of our Lives (N)	CBC News Now (N) ☐	Rated A Almost	Curling: Tim Horton's Brier, Draw 13. From Saskatoon Credit Union Centre.	CTV News (N) ☐ ☒	Gold Rush	Wizards Hannah	General Hospital (N) ☐	UFC Un-leashed ☐	Raymond
1 PM :30	Amer. Dad Earl	Days of our Lives (N)	Doggy Zoboom	Oil Painting Sewing With Nancy Art	Days of our Lives (N)	The Talk ☐ ☒	The First 48 ☒	The Revolution	Days of our Lives (N)	The Talk ☐ ☒	Heartland "Spin Out!" Super Evil	Kid vs. Kat Super Evil	The Dr. Oz Show ☒	Flying Wild Alaska	Sonny Good Luck	CityLine ☒	UFC Un-leashed ☐	Roseanne	
2 PM :30	King King	The Talk ☐ ☒	Franklin ☐ Little Bear	WordWorld Judge B.	Pearlie (EI)	Let's Make a Deal (N)	The First 48 ☒	General Hospital (N) ☐	The Talk ☐ ☒	The Doctors (N) ☒	Steven and Chris (N) ☐	Monster Squirrel	Off Record	Anderson ☐ ☒	Myth-Busters ☐ ☒	Suite/Deck Ned's	CityNews at 5 (N) ☒	UFC Un-leashed ☐	Gold Girls
3 PM :30	The Office The Office	The Doctors (N) ☒	Rob Robot Berenstain	WordGirl Electric	Ellen DeGeneres Show	Dr. Phil (N) ☐ ☒	Storage	Rachael Ray ☐ ☒	The Doctors (N) ☒	Young & Restless	Recipes Stefano	Almost Sidekick	SportsCentre (N) ☒	Dr. Phil (N) ☐ ☒	Cash Cab How/Made	Life Derek Kings	CityNews at 6 (N) ☒	Movie: ***	Intervention Canada ☐
4 PM :30	Big Bang Big Bang	Young & Restless	G. Shrinks Arthur ☐	Fetch! With Wild Kratts	Jdg Judy	The Dr. Oz Show ☒	Storage	The Nate Berkus Show	Young & Restless	Early News Global Nat.	Mercer Wheel	SpongeBob Penguins	Hockey NHL Hockey: Toronto Maple Leafs at Pittsburgh Penguins. (N)	Ellen DeGeneres Show	Daily Planet (N) ☒	Phineas Phineas	How I Met 30 Rock	"Enter the Dragon" (1973) Bruce Lee. ☐	Intervention Canada ☐
5 PM :30	Browns Payne	News (N) ☒	Jack ☒ Martha	News Business	News NBC News	News CBS News	Storage	News ABC News	Early News Global Nat.	(4:59) News Hour (N)	News SpongeBob	Parents SpongeBob	CTV News at Five (N)	Gold Rush	Wingin' It Good Luck	The Middle Suburg.		Raymond	
6 PM :30	Browns Payne	Global Nat. News	Parks Gardens	PBS News-Hour (N) ☒	News Millionaire	KREM 2 News at 6 (N)	Storage	News News	(5:59) News Hour (N)	ET Canada Ent	News Mr. Young	iCarly ☒	Mr. Young	CTV News (N) ☐ ☒	American Chopper	Suite/Deck Wizards	Family Happy	Ways Die	Raymond
7 PM :30	Seinfeld ☐ Seinfeld ☐	Ent ET Canada	Frontier of Construction Marco Polo Reloaded	Horses of the West	Jeopardy! Wheel	Survivor: One World ☐	Storage	Ent Suburg.	Ent ET Canada	Kitchen Nightmares ☐	Jeopardy!	Mr. Young	SportsCentre (N) (Live) ☒	etalk ☒	Sons of Guns (N)	Shake It Good Luck	Revenge ☐ ☒	Ways Die	Roseanne
8 PM :30	Family Guy Family Guy	Survivor: One World (N)	Chelsea The Office	Alone In the Wilderness, Part 2 ☒	Whitney (N) Chelsea	Survivor: One World ☐	Storage	The Middle Suburg.	Survivor: One World (N)	Survivor: One World (N)	Dragons' Den (N) ☒	iCarly ☒	Mr. Young	American Idol "Finalists Compete" ☐ ☒	Daily Planet ☒ (DVS)	Austin Random	News EP Daily	Movie: *** "Enter the Dragon" (1973) Bruce Lee. ☐	Instant ET Canada
9 PM :30	Movie: *** "The Forbidden Kingdom"	Chelsea The Office	Il Giardino Armonico (N) ☒	Last	Law & Order: SVU Criminal Minds ☐	Storage	Family Happy	Chelsea The Office	Chelsea The Office	Republic of Doyle (N)	Funnest Home Videos	High Stakes Poker	Sons of Guns	Sons of Guns	Shake It Wingin' It	Seinfeld ☐ Seinfeld ☐		Gold Girls	
10 PM :30	Kitchen Nightmares ☐	Arabian Horse: Ancient	Rock Center	CSI: Crime Scene	Storage	Revenge for Real ☒	Kitchen Nightmares ☐	News Hour Final (N)	National	Laughs Splatalot	SportsCentre (N) ☒	CSI: Crime Scene	Gold Rush	So Raven	The Nate Berkus Show	Movie: "I Am Bruce Lee" (2011) ☐	Raymond		
11 PM :30	"The Last Mimzy"	CHBC News Final (N)	Charlie Rose (N) ☒	News Jay Leno	News Letterman	Storage	Nightline	News Hour Final (N)	Ent ET Canada	Stroumbouloupoulos	Weird Mr. Young	SportsCentre ☒	CTV News	American Chopper	Ned's Princess	Paid Prog.	Raymond		

Pink Shirt - Anti Bullying - Day!



On February 29th, PSS hosted Pink Day. It is also known as Pink Shirt Day and Anti Bullying Day and came about a few years ago when two kids named David Shepherd and Travis Price in the U.S.A organized a school-wide protest in sympathy of a grade 9 student who was beaten for wearing pink. PSS decided that an anti-bullying-pink day was necessary and have joined a nationwide celebration by wearing the colour pink. There was quite turnout of school students who wore pink. Even outside of school there were people who wore pink around the community. Photo: Adam Gullason

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Rotary Mid-Winter Wine Fest



Princeton Youth Ambassadors (Felicia Northway, Roya Massoudi and Taylor Robillard) were joined by Princeton Rotary Candidate Emily Allison, right, during the Wine Fest. *



Kathy and Bruce Harker of Rustic Roots Winery in Cawston were one of the wineries present at the March 3rd Rotary Club Wine Fest in Riverside Centre. *



by Joan Kelly The field trip to Jura gazebo on the KVR is a lovely two hour return trip with beautiful views of our rolling hills and Three Brothers in Manning Park. The gazebo was built in 1993 under the guidance of John Henry, with six young men helping. It is a lovely spot to have a snack and enjoy the scenery. Tracks in the snow of snowshoe hares and possibly, an otter were seen. Whether walking, biking, or skiing, this is a 'close to home' destination. The next meeting of the Vermilion Forks Field Naturalists is 7:00 PM Tuesday, March 13th at Riverside Centre. It will feature Guest Speaker, Eva Durance who will discuss Coastal Australia. Everyone welcome!

Photo: Amanda Lahaie

Group worries about future

The 2012 Fall Fair could be the last fall fair for Princeton. Due to the shrinking membership, which results in fewer people able to do the work, the present Fall Fair membership will be hard pressed to put on the fair this year, and if there is no increase in membership this year, it is doubtful the fair can continue into 2013.

There are very few younger people in the fair membership this year. This is unusual, as the Fall Fair has always been one of the community groups in which family

participation has been a keynote feature.

Children are welcome to attend meetings with their parents and to participate in all of the planning sessions of the fair. Last year, one of the members of the Board of Directors was in her teens.

Currently, the Board lacks a Secretary, and most Board members are doing double duty in some way.

At the time of the fair, volunteers from the community come forward to help, but the planning and orga-

nizing of the fair are ongoing from January through to the fair dates. This is why membership is so important.

Fall Fair members meet just once a month, on the fourth Tuesday of the month. The next meeting will be at the public library conference room at 6:30 PM on March 27. Membership dues are just \$5.00 a year.

Anyone over age 12 is welcome to become a member, which makes the fair a great activity for family members.

Thursday Movies

NO MOVIES

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THURSDAY, MARCH 8, 2012

	WTBS ch.3	CHBC ch.4	KNOW ch.5	KSPS ch.6	KHQ ch.7	KREM ch.8	A&E ch.9	KXLY ch.10	BCTV ch.11	CITY ch.12	CBC ch.13	YTV ch.18	TSN ch.19	VTV ch.22	DISC ch.24	FAM ch.26	CITY ch.29	SPIKE ch.44	TROP ch.45
6 AM	Millionaire	(5:30) Morning News (N)	Arthur	Thomas	KHQ News 6AM (N)	KREM 2 Morning News	Criminal Minds	News	(5:30) Morning News (N)	(4:30) Morning News (N)	CBC News Now	Kid vs. Kat	Sports	(5:30) CTV Morning Live (N)	Natural Born Dealers	Henry's	CityLine (N)	Auction	TV-Torrens
6:30 AM	Millionaire		Rob Robot	Clifford								Super Evil	Curling: Tim Horton's Brier, Draw 15. From Saskatoon Credit Union Centre.			Phineas		Auction	OpenSoon
7 AM	Cosby		Hi-5	Arthur	Today Lost cell phones; Wilmer Valderrama. (N)	CBS This Morning (N)	Criminal Minds	Good Morning America (N)			Turbo	Sidekick			Mayday "Verligo"	Suite/Deck	The Nate Berkus Show	CSI: NY	Earth: Final Conflict
7:30 AM	Cosby		Magie Bus	Martha							Cat in the Hat	Beyblade				Hannah			
8 AM	Tournament Preview		WordWorld	Curious			CSI: Miami "Fade Out"			100 Huntley Street	Bo On/Go	Pokémon			Oddities	ANT Farm	Rachael Ray	Jesse James-Man	Instant
8:30 AM			Dinosaur	Cat In the Hat							Busytown	Kid vs. Kat			Oddities	Phineas			Instant
9 AM	Family Fd	100 Huntley Street	Wibbly Pig	Super Why!		The 700 Club	CSI: Miami "Skeletons"	Livel With Kelly (N)	100 Huntley Street	Operation Smile	Super Why!	Rescue				Mickey	Access Hollywood Live	Auction	Instant
9:30 AM	Family Fd		Princess	Dinosaur							News	Berenstain Bears	SportsCentre			Never Land			Instant
10 AM	College Basketball	World Vision	Numbrjack	Sesame Street		The Price Is Right (N)	Criminal Minds "P911"	The View (N)	World Vision	Sarah	Poko	Little Bear				Mickey Mouse	The Chew	CSI: NY	Roseanne
10:30 AM			Mr. Moon	(E)				Debt/Part		Debt/Part	Doodlebob	Big-Small	Team Howard						Raymond
11 AM			Sarah	Save-Ums!	Sid	The Doctors (N)	Young & Restless	Criminal Minds	Paid Prog.	Sarah	Animal	G. Shrinks					The Revolution	Jesse James-Man	Friends
11:30 AM			Debt/Part	Rolle Polle	Sit-Be Fit			Jilllan	Debt/Part	Noon News Hour (N)	Artzooka	Rescue	Curling: Tim Horton's Brier, Draw 16. From Saskatoon Credit Union Centre.						Friends
12 PM			Noon News Hour (N)	Pingu	Charlie Rose (N)	Paid Prog.	News	The First 48	The Chew	Noon News Hour (N)	CBC News Now (N)	Puppies							Friends
12:30 PM	College Basketball		Peep, Big		Paid Prog.	Bold				Days of our Lives (N)	Almost								3rd Rock
1 PM			Days of our Lives (N)	Doggy	Paulson	Days of our Lives (N)	The Talk	The First 48	The Revolution	Days of our Lives (N)	Heartland (DVS)	Kid vs. Kat							3rd Rock
1:30 PM			Zoboom	Blood							Super Evil	Monster							3rd Rock
2 PM			The Talk	Franklin	Sugar Solution With Dr. Mark	Judge B.	Let's Make a Deal (N)	The First 48	General Hospital (N)	The Talk	Steven and Chris (N)	Squirrel	Off Record						Gold Girls
2:30 PM	King		Little Bear			Judge B.				The Doctors (N)									Gold Girls
3 PM	The Office	The Doctors (N)	Rob Robot	WordGirl	Ellen DeGeneres Show	Dr. Phil (N)	The First 48	Rachael Ray	The Doctors (N)	Young & Restless	Recipes	Almost	SportsCentre (N)	Dr. Phil (N)	Cash Cab	Life Derek	CityNews at 5 (N)	Jail	Instant
3:30 PM	Big Bang		Berenstain Bears	Electric							Stefano	Sidekick			How/Made	Kings		Jail	Instant
4 PM	Big Bang	Young & Restless	G. Shrinks	Fetch! With Wiggles	Jdg Judy	The Dr. Oz Show	The First 48	The Nate Berkus Show	Young & Restless	Early News	Mercer	SpongeBob	Hockey	Ellen DeGeneres Show	Daily Planet (N)	Phineas	How I Met	Jail	Instant
4:30 PM	College Basketball		Arthur	Wild Kratts	Jdg Judy					Global Nat.	Wheel	Penguins	Curling: Tim Horton's Brier, Draw 17. From Saskatoon Credit Union Centre.					Jail	Instant
5 PM			News (N)	Jack	News	News	The First 48	News	Early News	(4:59) News Hour (N)	News	Parents							Friends
5:30 PM			Martha	Business	NBC News	CBS News		ABC News	Global Nat.		News	SpongeBob							Friends
6 PM			Global Nat.	Parks	PBS News-Hour (N)		KREM 2 News at 6 (N)	News	(5:59) News Hour (N)	ET Canada	News	ICarly							Friends
6:30 PM			News	Undersea	Millionaire			News		Ent	Coronation Street (N)	Weird							3rd Rock
7 PM	College Basketball	Ent	Canada: Over the Edge	Great Performances "Tony Bennett: Duets II"	Jeopardy!	Inside Ed.	The First 48 (N)	Ent	Ent	Awake "The Little Guy"	Jeopardy!	Weird							3rd Rock
7:30 PM		ET Canada			Wheel	Access H.		The Insider	ET Canada										3rd Rock
8 PM			The Exes	The Queen's Palaces	30 Rock	Big Bang	First 48: Missing	Wipeout	The Exes	The Exes	Genie Awards	ICarly							Instant
8:30 PM			Divorced		Parks	Big Bang			Divorced	Divorced		Mr. Young							ET Canada
9 PM	Law Order: CI	The Finder (N)	Revolutionaries	Great Performances	The Office	Person of Interest (N)	(9:01) The First 48	Grey's Anatomy	The Finder (N)	The Finder (N)	Doc Zone (N)	Funnest Home Videos	That's Hockey 2 Nite	Criminal Minds	Mighty Planes	Really Me	Seinfeld	Jail	Roseanne
9:30 PM					All Night											Wingin' It	Seinfeld	Jail	Raymond
10 PM	Law Order: CI	Awake "The Little Guy"	The Joy of Stars (N)	Best Fest	Awake "The Little Guy"	The Mentalist (N)	(10:01) The First 48	(10:02) Private Practice	Awake "The Little Guy"	News Hour Final (N)	National	Laughs	SportsCentre (N)	The Mentalist (N)	Mighty Planes	Zoey 101	The Nate Berkus Show	GTTV	Gold Girls
10:30 PM												Splatalot				So Raven		Entourage	Gold Girls
11 PM	King	CHBC News Final (N)	Cola Conquest	Charlie Rose (N)	News	News	(11:01) The First 48	News	News Hour Final (N)	Ent	Stroumboulopoulos	Weird	SportsCentre	CTV News	Myth-Busters	Ned's	Paid Prog.	MMA	Friends
11:30 PM	Earl				Jay Leno	Letterman		Nightline		ET Canada		Mr. Young				Princess	Paid Prog.	Entourage	Friends

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Friday Movies

EVENING

8:00 pm YTV ch.18 "Radio Rebel" (2012, Drama) Debby Ryan. Premiere. Two worlds collide when a shy teenager develops an alter ego that becomes popular on the radio. (In Stereo) (CC)

9:00 pm SPIKE ch.44 "Army of Darkness" (1992, Fantasy) Bruce Campbell. Because of a time warp, a supermarket worker finds himself fighting in medieval England with a chain-

saw and a '73 Oldsmobile. (In Stereo)

10:00 pm FAM ch.26 "Cadet Kelly" (2002, Comedy-Drama) Hilary Duff. A 14-year-old deals with a coldhearted captain after she reluctantly joins a military academy. (In Stereo) (CC)

Princeton Area Ghost Towns - The DVD



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www.thenewsleader.net

Explore The History Of Mining - Gold, Copper and Coal

News Leader Sudoku 392

by Carter Boswell

HOW TO PLAY:

Sudoku is a game of logic. There is no math involved. The object of the game is to fill the grid so that the numbers 1 through 9 appear only once in each row, column and 3 x 3 box. The numbers can appear in any order and Carter has left you some clues below.

			3	8		1	7	
2	9						5	
7				9				
		5		3				1
4		7	1		9	6		2
1				7		3		
				2				
	4						6	7
	1	9		6	8		3	

THIS WEEK'S SOLUTION:
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News Leader Sudoku grids, puzzles and solutions

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FRIDAY, MARCH 9, 2012

	WTBS ch.3	CHBC ch.4	KNOW ch.5	KSPS ch.6	KHQ ch.7	KREM ch.8	A&E ch.9	KXLY ch.10	BCTV ch.11	CITV ch.12	CBC ch.13	YTV ch.18	TSN ch.19	VTV ch.22	DISC ch.24	FAM ch.26	CITY ch.29	SPIKE ch.44	TROP ch.45
6 AM	Millionaire	(5:30) Morning News (N) 30	Arthur 0	Bob Build	KHQ News 6AM (N)	KREM 2 Morning News	Criminal Minds "P911"	News	(5:30) Morning News (N) 30	(4:30) Morning News (N) 30	CBC News Now 30	Kid vs. Kat Super Evil	SportsCentre 30	(5:30) CTV Morning Live (N) 30	Junk Raiders	Henry's Phineas	CityLine (N) 30	MMA Jall 30	TV-Torrens OpenSoon
7 AM	Cosby		Hi-5 30	Arthur	Today Celebrities whose homes are for sale. (N) 30	CBS This Morning (N) 30	Criminal Minds 0 30	Good Morning America (N) 30			Turbo	Sidekick	SportsCentre 30		Mayday 30	Suite/Deck Hannah	The Nate Berkus Show	Jesse James-Man	Earth: Final Conflict 0
8 AM	Excused		WordWorld	Curious			CSI: Miami "Deviant"			100 Huntley Street 30	Bo On/Go	Pokémon	SportsCentre 30		Myth-Busters 0 30	ANT Farm Phineas	Rachael Ray 0 30	Jesse James-Man	Canadian Pickers 30
9 AM	Family Fd	100 Huntley Street 30	Garth-Bev	Super Why!		The 700 Club 30	CSI: Miami "Collision"	Livel With Kelly (N) 30	100 Huntley Street 30	World Vision 30	Super Why! News	Rescue Berenstain	SportsCentre 30	Livel With Kelly (N) 30	Auction	Mickey Never Land	Access Hollywood Live	MMA Jall 30	Canadian Pickers 30
10 AM	College Basketball	World Vision 30	Numbjack Mr. Moon	Sesame Street 0 (E)		The Price Is Right (N)	Criminal Minds 0 30	The View (N) 0 30	World Vision 30	Sarah	Poko 30	Little Bear	Billiards	The View (N) 0 30	Dirty Jobs 0 30	Mickey Manny	The Chew 0 30	DEA	Roseanne Raymond
11 AM		Sarah	Save-Ums!	Slid	The Doctors (N) 30	Young & Restless	Criminal Minds 0 30	Let's Talk	Sarah	Noon News Hour (N)	Animal	G. Shrinks	Boxing: Joan Guzman vs. Jesus Pabon. 30	Marilyn Denis	Mighty Shlps 30	Phineas Suite/Deck	The Revolution	DEA "Deadly Chase"	'70s Show
12 PM	College Basketball	Noon News Hour (N)	Pingu 30	Charlie Rose (N) 30	Paed Prog.	News	The First 48 30	The Chew 0 30	Noon News Hour (N)	Days of our Lives (N)	CBC News Now (N) 0	Rated A Almost	Joan Guzman vs. Jesus Pabon. 30	CTV News (N) 0 30	Mighty Planes 30	Wizards Hannah	General Hospital (N) 0	DEA	'70s Show King
1 PM		Days of our Lives (N)	Doggy	Color	Days of our Lives (N)	The Talk 0 30	The First 48 30	The Revolution	Days of our Lives (N)	The Talk 0 30	Heartland 30 (DVS)	Kid vs. Kat Super Evil	High Stakes Poker	The Dr. Oz Show 30	Mighty Planes	Sonny Good Luck	CityLine 30	DEA "Up the Ladder"	King
2 PM	King	The Talk 0 30	Franklin 0	Judge B.	Let's Make a Deal (N)	The First 48 30	General Hospital (N) 0	The Talk 0 30	The Doctors (N) 30	Steven and Chris (N) 0	Monster	Squirrel	Off Record	Anderson 0 30	Myth-Busters 0 30	Suite/Deck Ned's	CityNews at 5 (N) 30	DEA "Deep Cover"	Gold Girls
3 PM	The Office	The Doctors (N) 30	Rob Robot	WordGirl	Ellen DeGeneres Show	Dr. Phil 0 30	Storage	Rachael Ray 0 30	The Doctors (N) 30	Young & Restless	Recipes	Almost	SportsCentre (N) 30	Dr. Phil 0 30	Cash Cab	Life Derek	CityNews at 6 (N) 30	The Ultimate Fighter 0	Canadian Pickers 30
4 PM	Big Bang	Young & Restless	G. Shrinks	Biz Kid\$	Jdg Judy	The Dr. Oz Show 30	Storage	The Nate Berkus Show	Young & Restless	Early News	Mercer	SpongeBob	Hockey	Ellen DeGeneres Show	Daily Planet (N) 30	Phineas	How I Met	The Ultimate Fighter 0	Canadian Pickers 30
5 PM	College Basketball	News (N) 30	Jack 30	News	News	News	Storage	News	Early News	(4:59) News Hour (N)	News	Parents	Tim Horton's Brier, Page Playoff: One vs. Two. (N) (Live) 30	CTV News at Five (N)	Greatest Know-It-All	Random	Who Do You	The Ultimate Fighter 0	'70s Show
6 PM		Global Nat.	Parks	PBS News-Hour (N) 30	News	KREM 2 News at 6 (N)	Storage	News	(5:59) News Hour (N)	ET Canada	News	ICarly 30		CTV News (N) 0 30	Man vs. Wild	Shake It Austin	Murdoch Mysteries 0	The Ultimate Fighter 0	'70s Show King
7 PM	College Basketball	Ent	A History of Scotland	Wash. Need	Jeopardy!	Inside Ed.	Storage	Ent	Ent	Harry's Law 0 30	Jeopardy!	Big Time	SportsCentre (N) (Live) 30	etalk 30	Mayday (N) 30	ANT Farm Jessie 30	Mantracker 30 (DVS)	King	King
8 PM		Harry's Law 0 30	Ballykissangel (N) 30	Celtic Woman - Believe 0 30	Who Do You	Undercover Boss (N) 0	Storage	Shark Tank (N) 0 30	Harry's Law 0 30	Ringer (N) 0 30	M'ketplace	Movie: "Radio Rebel" (2012) Debby Ryan. 30	MLS: Season Preview	Undercover Boss (N) 0	Daily Planet 30 (DVS)	Jessie 30	News	EP Daily	Instant
9 PM	Law Order: CI	A Gifted Man 0 30	Poirot The Clodes are in danger.		Grimm (N) 0 30	The Mentalist (N) 30	Storage	Primetime: What Would	A Gifted Man 0 30	A Gifted Man 0 30	fifth estate			Grimm (N) 0 30	Man vs. Wild	Shake It	Seinfeld 0	Movie: *** "Army of Darkness" (1992) 0	Roseanne Raymond
10 PM	Law Order: CI	Ringer (N) 0 30		Apollo Wives 0 30	Dateline NBC (N) 30	Blue Bloods (N) 0 30	Storage	20/20 (N) 0 30	Ringer (N) 0 30	News Hour Final (N)	National	Mr. Young	SportsCentre (N) 30	Blue Bloods (N) 0 30	Greatest Know-It-All	Movie: *** "Cadet Kelly" 0	Brandy & Ray J		Gold Girls
11 PM	King Earl	CHBC News Final (N)	Ancient Clues Vikings.	Charlie Rose (N) 30	News Jay Leno	Letterman	Storage	Sports Nightline	News Hour Final (N)	Ent	Stroumbouloupoulos	In Real Life Stunt Pilots.	SportsCentre 30	CTV News	Mayday 30	Princess	The Nate Berkus Show	Jesse James-Man	'70s Show

News Leader Weekend - Saturday Movies

MORNING

8:00 am WTBS ch.3 "A Walk in the Clouds" (1995, Romance) Keanu Reeves. A married chocolate salesman agrees to pose for a day as the new husband of a pregnant vineyard heiress in postwar California.
 10:00 am WTBS ch.3 "Little Man" (2006, Comedy) Shawn Wayans. A very small fugitive from the law poses as a toddler to gain access to the stolen gem he stashed in a woman's purse.

AFTERNOON

12:00 pm CITV ch.12 "Click" (2006, Comedy) Adam Sandler. Premiere. An overworked architect obtains a universal remote that allows him to control the world around him. (CC)
 FAM ch.26 "Minor Details" (2009, Comedy) Kelsey Edwards. Four girls join forces to find a solution to a mysterious illness that has befallen students and faculty at their school. (In Stereo) (CC)
 1:00 pm CHBC ch.4 BCTV ch.11 "Click" (2006, Comedy) Adam Sandler. Premiere. An overworked architect obtains a universal remote that allows him to control the world around him. (CC)
 5:00 pm WTBS ch.3 "Lost Boys: The Tribe" (2008, Horror) Tad Hilgenbrink. After moving to a new California town, a young woman learns that her new friends are a pack of vampires.

EVENING

7:00 pm WTBS ch.3 "Van Helsing"

(2004, Fantasy) Hugh Jackman. A monster-hunter joins forces with a beautiful woman to battle Dracula and otherworldly creatures in Transylvania.
 SPIKE ch.44 "Doom" (2005, Science Fiction) The Rock. Premiere. Soldiers use heavy firepower to battle mutants at a high-tech research facility on Mars. (In Stereo)
 8:00 pm YTV ch.18 "The Pink Panther 2" (2009, Comedy) Steve Martin. Clouseau and a team of international detectives investigate the thefts of the world's greatest treasures, including the diamond called the Pink Panther. (In Stereo) (CC)

9:00 pm WTBS ch.3 "Blade: Trinity" (2004, Horror) Wesley Snipes. Blade and a pair of vampire slayers battle Dracula, the newly resurrected ancestor of the undead.
 FAM ch.26 "Eddie's Million Dollar Cook-Off" (2003, Comedy) Taylor Ball. A 14-year-old baseball prodigy tries to juggle the playoffs and a cooking contest in the same day. (In Stereo) (CC)
 CITY ch.29 "Lethal Weapon 3" (1992, Action) Mel Gibson. Los Angeles police detectives crush a guns-to-gangs operation with a wild woman from internal affairs. (CC)
 SPIKE ch.44 "Turistas" (2006, Horror) Josh Duhamel. Travelers

stumble onto a terrifying secret after becoming stranded in the Brazilian jungle. (In Stereo)
 10:25 pm FAM ch.26 "Whale Rider" (2002, Drama) Keisha Castle-Hughes. A Maori girl defies her grandfather and 1,000 years of tradition to prove she can lead their tribe. (In Stereo) (CC)
 11:00 pm KXLY ch.10 "Doubt"

(2008, Drama) Meryl Streep. Suspicions of child abuse fuel a traditionalist nun's personal crusade against a popular priest who wants to reform her school's strict customs.

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SATURDAY, MARCH 10, 2012

	WTBS ch.3	CHBC ch.4	KNOW ch.5	KSPS ch.6	KHQ ch.7	KREM ch.8	A&E ch.9	KXLY ch.10	BCTV ch.11	CITY ch.12	CBC ch.13	YTV ch.18	TSN ch.19	VTV ch.22	DISC ch.24	FAM ch.26	CITY ch.29	SPIKE ch.44	TROP ch.45
6 AM	Paid Prog.	Foodies	Timothy	Heartland	Today (N)	(5:00) CBS This Morning	Flip This House	Paid Prog.	Foodies	Saturday Morning News (N)	Jungle	Kid vs. Kat	SportsCentre	Julcebox	Breakout	Jungle	Kitchen	Surviving Disaster	TV-Torrens
:30	Paid Prog.	Big Coast	Dinosaurs	Fly Tyling	Ⓢ		Wall Street	Big Coast			Busytown	Redakal				Movers	Aspire TV		Paid Prog.
7 AM	Paid Prog.	Saturday Morning News (N)	Arthur	MotorWeek	KHQ Local News	Doodlebop	Flip This House	Good Morning America	Saturday Morning News (N)		Animal	Rated A	SportsCentre		Man vs. Wild	Manny	Eye/Asia	Xtreme 4x4	Canadian Pickers
:30	Paid Prog.		Dino Dan	Greener		Doodlebop					Super Why!	Kid vs. Kat			Never Land	Caribbean	Horse.		
8 AM	Movie: *** "A Walk in the Clouds" (1995)		Rob Robot	Woodsmith		Busytown	Flip This House	J. Hanna			Doodlebop	SpongeBob	SportsCentre	Hobo	Mayday	Phineas	Polish Studio	Trucks! (N)	Friends
:30			Clifford	Hometime		College Basketball		Ocean			Goldfish	Almost		Hobo		Suite/Deck	MuscleCar	Friends	
9 AM			WordWorld	Rough Cut	Snowboarding		Flip This House	Explore		Driving TV	Absolutely Canadian	SpongeBob	Motoring	Corner Gas	Dirty Jobs	Wizards	EP Weekly	Ink Master	70s Show
:30			Mag Fero	Old House				Health		Fishing		Super Evil	Tennis	Corner Gas	Ⓢ	Wingin' It	Reviews	Ⓢ	70s Show
10 AM	Movie: ** "Little Man" (2006)	Fishn	Rolle Poile	Old House	Skiing		First 48: Missing	College Basketball	Fishn	Powerboat	9/11: Toxic Legacy	T.U.F.F.		Children	Man vs. Wild	ANT Farm	Tow Biz	Ink Master	Frasier
:30		Fishing	Making	Kitchen		College Basketball			Fishing	Tradition	House	Sidekick		Stratus	Jessie	Ed's Up		Ⓢ	Frasier
11 AM	Shawn Wayans.	Powerboat	Martha	Cooking	PGA Tour Golf: WGC Cadillac		First 48: Missing		Powerboat		Skating	Kung Fu		Is Written	Gold Rush	Austin	cooking	Ink Master	King
:30		Tradition	Wild Kratts	Sara's	Championship, Third Round. (N)				Tradition		Beyblade	Curling: Tim Horton's Brier, Page Playoff: Three vs. Four. (N) (Live)		Car Bnss	Shake It	Role		Ⓢ	King
12 PM	Jim Browns	Noon News Hour (N)	Gardens	Cook's	Championship, Third Round. (N) (Live)	College Basketball	The First 48	College Basketball	Noon News Hour (N)	Movie: ** "Click" (2006) Adam Sandler.	Skating	Pokémon Power	Speed Skating	Canada's Worst Driver	Greatest Know-It-All	Phineas	Paid Prog.	Ink Master	Friends
:30	King	Movie: ** "Click" (2006) Adam Sandler.	Parks	Antiques Roadshow		College Basketball	Breakout Kings		Movie: ** "Click" (2006) Adam Sandler.	Simpsons	Game Day	Beyblade		Worst Handyman	Myth-Busters	Suite/Deck	Tow Biz	Ink Master	3rd Rock
1 PM	King		Rivers	Celtic Woman - Believe		College Basketball	Billy	Your Home		Simpsons	Beyblade			Worst Handyman	ANT Farm	Tow Biz	Ink Master	3rd Rock	3rd Rock
2 PM	Family Guy		Can. Rivers			College Basketball	Billy			Simpsons	Beyblade			Worst Handyman	Suite/Deck	Ed's Up		Ⓢ	3rd Rock
3 PM	The Office	Simpsons	Meerkat			College Basketball	Billy	Hometime	Simpsons	Family Guy	National	Beyblade	MLS Soccer: Impact at Whitecaps FC	Marilyn Denis	Cash Cab	Good Luck	CityNews	Ink Master	Cake Walk
:30	The Office	Simpsons	Our Part			College Basketball	Billy	Paid Prog.	Simpsons	Family Guy	HNIC	Beyblade		TBA	Cash Cab	Jessie	G. Martin	Ink Master	King
4 PM	Seinfeld	Family Guy	Inside the Vatican	Use Your Brain to Change Your Age	Sheldon		Billy	Paid Prog.	Family Guy	Family Guy	NHL Hockey: Regional Coverage. (N) (Live)	SpongeBob		App	Cash Cab	Wizards	Canadians	Ink Master	King
:30	Seinfeld	Family Guy			Dragon		Billy	The Insider	Family Guy	Global Nat.		SpongeBob			Cash Cab	Wizards	Canadians	Ink Master	King
5 PM	Movie: "Lost Boys: The Tribe" (2008, Horror)	Family Guy	Monty Don's Italian		News	News	Billy	News	Family Guy	(4:59) News Hour (N)		SpongeBob	Curling: Tim Horton's Brier, Semi-final. From Saskatoon Credit Union Centre. (N)	Movie: Flying Wild Alaska	Shake It	Murdoch Mysteries	Ink Master	Drew	
:30		News	(6:05) Hope for Wildlife	Daniel O'Donnell Live From Nash Steves	News	News	Billy	News	(5:59) News Hour (N)	16x9		Boys	CTV News (N) (DVS)	Greatest Know-It-All	Really Me	Canada's Got Talent	Ink Master	3rd Rock	
6 PM		16x9 (N)			Criminal Minds	Grey's Anatomy	Billy	Entertainment Tonight	16x9 (N)	The Celebrity Apprentice (N)	NHL Hockey: Montreal Canadiens at Vancouver Canucks. (N)	Boys	W5 (N) (DVS)	American Chopper	Wizards	Canada's Got Talent	Movie: ** "Doom" (2005) The Rock.	Ink Master	3rd Rock
7 PM	Movie: *** "Van Helsing" (2004, Fantasy)	The Celebrity Apprentice (N)	Heartbeat	60s Pop, Rock & Soul (My Music)	Harry's Law	NCIS: Los Angeles	Billy	Wipeout	The Celebrity Apprentice (N)	The Firm "Chapter Ten"		Movie: ** "The Pink Panther 2" (2009)	Flashpoint	Gold Rush	Sonny	CityNews		Instant	
:30					The Firm "Chapter Ten"	Criminal Minds	Billy	20/20 "My Extreme Affliction" (N)		News Final		Mr. Young	Criminal Minds	Greatest Know-It-All	"Eddie's Million Dollar Cook-Off"	Movie: *** "Lethal Weapon 3" (1992) Mel Gibson.	Movie: ** "Turistas" (2006) Josh Duhamel.	Drew	
8 PM		The Firm "Chapter Ten"		Joe Bonamassa: Beacon Theatre	Law & Order: SVU	48 Hours Mystery	Billy		The Firm "Chapter Ten"	News Final		Seeking	Boys	The Borgias	Flying Wild Alaska			3rd Rock	
:30	Movie: ** "Blade: Trinity" (2004, Horror)				News	News	Billy	Movie: *** "Doubt"	News Final	SNL		News	Splatlot	CTV News	Myth-Busters		Repo	King	
9 PM		Excused	News Final		News	News	Billy		News Final	SNL		News	Splatlot	CTV News	Myth-Busters		Repo	King	
:30	Choers	SNL	Rivers	Best Fest	SNL	The Closer	Billy					Hockey	Splatlot	CTV News		Ochocinco	Repo	King	

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The History of Princeton from fur traders to the railway

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W. George Elliott

Trace the history of development in the Pacific Northwest from the Oregon Treaty to the arrival of the Royal Engineers followed quickly by prospectors. Contains many photos from the Royal British Columbia Museum.

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Princeton Area Ghost Towns

The History of Mining in the area - copper, gold and coal

Princeton Area Ghost Towns

Emily - Emerald - Eldorado - Upper Mountain - Granite Creek - Leadville



A total of six local ghost towns are featured with history on each, detailed directions to the ruins of three you can still visit plus guided photo tours of what you'll still find there today! Perfect for weekend prospectors and local history buffs.

\$20.00

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Monday Movies

EVENING

9:00 pm WTBS ch.3 "Cop Land" (1997, Crime Drama) Sylvester Stallone. The sheriff of a small New Jersey police community confronts key men on both sides of a law-enforcement cover-up.
11:00 pm WTBS ch.3 "Double Jeopardy" (1999, Suspense) Tommy Lee Jones. While in jail for murder-

ing her husband, a woman discovers he is living under a new identity with their son.

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MONDAY, MARCH 12, 2012

	WTBS ch.3	CHBC ch.4	KNOW ch.5	KSPS ch.6	KHQ ch.7	KREM ch.8	A&E ch.9	KXLY ch.10	BCTV ch.11	CITV ch.12	CBC ch.13	YTV ch.18	TSN ch.19	VTV ch.22	DISC ch.24	FAM ch.26	CITY ch.29	SPIKE ch.44	TROP ch.45
6 AM	In the Heat of the Night	(5:30) Morning News (N)	Arthur	Bob Build	KHQ News 6AM (N)	KREM 2 Morning News	Criminal Minds	News	(5:30) Morning News (N)	(4:30) Morning News (N)	CBC News Now	Kid vs. Kat Super Evil	SportsCentre	(5:30) CTV Morning Live (N)	Mighty Ships "Faust"	Henry's Phineas	CityLine (N)	Auction	TV-Torrens
7 AM	Cosby		Hi-5	Arthur	Today (N)	CBS This Morning (N)	Criminal Minds	Good Morning America (N)			Turbo	Sidekick	SportsCentre		Mayday	Suite/Deck Hannah	The Nate Berkus Show	CSI: NY "Cold Reveal"	Earth: Final Conflict
8 AM	Excused		WordWorld	Curious			CSI: Miami		100 Huntley Street		Bo On/Go	Pokémon	SportsCentre		Licence to Drill	ANT Farm Phineas	Rachael Ray	CSI: Crime Scene	Wipeout Canada
9 AM	Family Fd	100 Huntley Street	Garth-Bev	Super Why!		The 700 Club	CSI: Miami "Driven"	Live! With Kelly	100 Huntley Street	Operation Smile	Super Why! News	SpongeBob	SportsCentre	Live! With Kelly	Auction	Your Break	Access Hollywood Live	CSI: Crime Scene	Wipeout Canada
10 AM	Millionaire	World Vision	Numbjack	Sesame Street		The Price Is Right	Criminal Minds	The View	World Vision	Sarah	Poko	SpongeBob	Sportfish	The View	Dirty Jobs	Your Break	The Chew	CSI: Crime Scene	Roseanne Raymond
11 AM	Law Order: CI	Sarah	Save-Ums!	Sid	The Doctors	Young & Restless	Criminal Minds	Paid Prog.	Sarah	Noon News Hour (N)	Animal	SpongeBob	Billiards	Marilyn Denis	Worst Handyman	Your Break	The Revolution	CSI: Crime Scene	King
12 PM	Law Order: CI	Noon News Hour (N)	Pingu	Charlie Rose	Paid Prog.	News	The First 48	The Chew	Noon News Hour (N)	Days of our Lives (N)	CBC News Now (N)	SpongeBob	Boxing	CTV News (N)	Mighty Ships	Your Break	General Hospital (N)	CSI: Crime Scene	King
1 PM	Amer. Dad	Days of our Lives (N)	Doggy	Paint This	Days of our Lives (N)	The Talk	The First 48	The Revolution	Days of our Lives (N)	The Talk	Heartland (DVS)	SpongeBob		The Dr. Oz Show	Auction	Your Break	CityLine	CSI: Crime Scene	Drew
2 PM	King	The Talk	Franklin	Barney	Willa's	Let's Make a Deal (N)	The First 48	General Hospital (N)	The Talk	The Doctors	Steven and Chris (N)	SpongeBob	Off Record	Anderson	Myth-Busters	Your Break	CityNews at 5 (N)	Ways Die	Gold Girls
3 PM	The Office	The Doctors	Rob Robot	WordGirl	Ellen DeGeneres Show	Dr. Phil (N)	The First 48	Rachael Ray	The Doctors	Young & Restless	Recipes	SpongeBob	SportsCentre (N)	Dr. Phil (N)	Greatest Know-It-All	Your Break	CityNews at 6 (N)	Ways Die	Wipeout Canada
4 PM	Big Bang	Young & Restless	G. Shrinks	Fetch! With Arthur	Jdg Judy	The Dr. Oz Show	The First 48	The Nate Berkus Show	Young & Restless	Early News	Mercer	SpongeBob	NHL Hockey: Montreal	Ellen DeGeneres Show	Daily Planet (N)	Phineas	Canada's Got Talent (N)	Ways Die	Wipeout Canada
5 PM	Browns	News (N)	Jack	News	News	News	Hoarders	News	Early News	(4:59) News Hour (N)	News	SpongeBob	Canadians at Buffalo Sabres (N)	CTV News at Five (N)	Myth-Busters	Wingin' It	Alcatraz (N)	Ways Die	King
6 PM	Browns	Global Nat.	Parks	PBS News-Hour (N)	News	KREM 2 News at 6 (N)	Hoarders (N)	News	(5:59) News Hour (N)	ET Canada	News	Mr. Young	NHL Hockey: San Jose at Edmonton Oilers (N)	CTV News (N)	Dirty Jobs (N)	Suite/Deck	How I Met	Ways Die	King
7 PM	Seinfeld	Ent	Rescue	Steves	Jeopardy!	Inside Ed.	Intervention "Sean" (N)	Ent	Ent	Hawaii Five-0	Jeopardy!	Mr. Young	etalk	Greatest Know-It-All	Shake It	Law & Order: UK	Ways Die	Drew	
8 PM	Family Guy	House "The Fix"	The Queen's Palaces	Steves	The Voice Decid-ing which vocalists will advance.	How I Met Broke Girl	Intervention	The Bachelor (Season Finale) (N)	House "The Fix"	House "The Fix"	Mr. D (N)	iCarly	The Voice Decid-ing which vocalists will advance.	Daily Planet (DVS)	Mighty Planes	Warthogs!	Seinfeld	Ways Die	Roseanne
9 PM	Movie: "Cop Land" (1997)	Touch "Pilot"	Mordcael Richler: Last	Steves	Smash "Chemistry" (N)	Two Men Mike	(9:01) Hoarders	(10:01) The Bachelor (N)	Touch "Pilot"	Touch "Pilot"	The Big Decision	Switched at Birth (N)	SportsCentre (N)	Smash "Chemistry" (N)	Greatest Know-It-All	Zoey 101	The Nate Berkus Show	Ways Die	Gold Girls
10 PM	Ray Liotta	Hawaii Five-0	Black Coffee	Rick Steves Europe	Smash "Chemistry" (N)	Hawaii Five-0	(10:01) Hoarders	(10:01) The Bachelor (N)	Hawaii Five-0	News Hour Final (N)	National	Mr. Young	SportsCentre (N)	Smash "Chemistry" (N)	Dirty Jobs	Ned's	Paid Prog.	Ways Die	King
11 PM	"Double Jeopardy"	CHBC News Final (N)	Unwanted Soldiers	Charlie Rose (N)	News	News	(11:01) Intervention	News	News Hour Final (N)	Ent	Stroumbopoulos	OneZone	SportsCentre	CTV News	Dirty Jobs	Princess	Out There	Ways Die	King

The Wish List

Princeton Highway Extrication Society is currently raising funds for various supplies required for use when responding to a recovery call. The Society does not expect donors to 'pick and choose' what they want to contribute, but have provided a 'Wish List' to demonstrate some of the tools required for replacement/upgrade. All funds collected during fundraising will be put into the Society's bank account and used when purchasing of new equipment is required. The Society holds no loans and only buys items when it can afford to do so.



Tool Wish List

Amkus Ram with Extension Kit AMK-40R	(\$2,500.00)
Ram Accessories Kit	(\$ 162.00)
Amkus Cutter AMK22	(\$7,500.00)
Rescue 42 Tripod Upgrade Kit - CTC-522	(\$1,950.00)
Tool Kit	(\$ 42.00)
Harness (x6) CMC Pro Tech	(\$ 305.00) each
Helmets (x6)	
Tires (x6)	(\$1,800.00)
Boots (x16 pairs) Airpower R1	(\$ 250.00) per pair

If you are interested in making a cash donation of any size to assist Princeton Highway Extrication Society in purchasing any of this equipment, you can deposit it in the bank of your choice but have it directed to the 'Princeton Highway Extrication Society - Savings Account' in the Princeton Branch of Valley First Credit Union.

To find out more about Princeton Highway Extrication Society visit us online at www.highwayrescue.net.




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Obituary	Obituary	For Rent	For Rent	For Rent
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Thomas William Harwood

August 5, 1965 - February 28, 2012



Thomas William Harwood passed away February 28, 2012 after a short battle with cancer at the age of 46. Tom is survived by his wife Mami, sons Brennan (8), Graysen (6) and Thane (1); his mother Elaine, father Bill, sister Vicki and her children Shandi and Max; sister-in-law Cindie (Frank) and their children Shayla, Jesse and Taryn; sister-in-law Karen (Dave) and their children Makensi and Nicolas; brother-in-law Greg (Tracy) and their daughter Maggie; aunts Ann, Marlene, Joan and Maggie, uncle Jim and many cousins.

Tom was born in Duncan, BC on August 5, 1965, moved to Princeton in 1977 and graduated from Princeton Senior Secondary School. He went on to study Recreation Management at Langara College then earned a Bachelor of Leisure Services at the University of Victoria. Services to be held March 11, 2012 at 1:2:30 PM at the University of Victoria Interfaith Chapel.

Seniors Drop-In Centre Branch #30

Tuesdays Open 9:00 AM - 4:00 PM
Snooker Tournament - 10 AM 2nd Tuesday
Pool Tournament - 10 AM 4th Tuesday
Lunch 11:30 AM - 1:00 PM

Notices

www.UrbanDeer.org

Help Wanted

Part-time/full-time starting immediately. Applications accepted in person at Husky. Mar 05-20

Experienced property manager wanted for mobile home park in Princeton. Maintaining property, collecting rents, screening new tenants. To apply e-mail heritage97@mac.com or phone 604.873.2338. Mar 06

Guitar lessons...Looking for guitar lessons that are affordable and deliver results? Accredited music teacher available for private guitar lessons. Reasonable rates, electric or acoustic. All ages; most genres. Detailed lesson plans tailored to your specific skill level. Conveniently located in town. 10+ years of local references available. Call Daniel (Mr. D) at 250.295.0418 for more information. Mar 05-20

Help Wanted

Westland Insurance is seeking a Customer Service Representative with a Level 1 License for a full time position. Applicants should have excellent customer service skills, be a team player with a good attitude and enjoy working with the public. Will provide training for the right applicant and must have a keen interest to learn. Contact Sharon Laine at 250.295.6955 or e-mail slaine@westland-insurance.com. Mar 06

Princeton & District Community Services is in urgent need of qualified home support workers. Prospective home support workers must be registered with the BC Care Aide Community Health Worker Registry. Successful applicants must have access to a vehicle, a clear criminal record check, a TB skin test and an aptitude for working with seniors. Application forms are available at 47 Harold Avenue (Princeton) and resumes may be mailed to Box 1960, Princeton, BC V0X 1W0 or e-mailed to: mail@pdcss.com. Feb 21-Mar 06

Riverside RV Park Resort, Keremeos BC is looking to hire an ambitious, motivated full-time maintenance person. Responsibilities include care and maintenance of park grounds and facilities. Qualified applicant will have experience and training in potable water, waste water treatment and pool maintenance. Please send your resume to riversidesociety2@gmail.com or mail to Board of Directors - Riverside, #134, 4354 Highway 3, Keremeos, BC V0X 1N1 or fax to 250-499-5954. Feb 21-Mar 06

Caretaker position available for responsible couple or person to provide security and maintenance year round for lakeside vacation properties 30K outside Princeton BC. For further info and resumes contact: Mr. Wm Davies, 23 Lakeside Drive, Cultus Lake, BC, V2R 4Z9 wh.davies@telus.net Feb 28-Mar 13

Princeton & District Community Services is accepting applications from experienced cooks. All applicants will be required to have a Food Safe Certificate, a TB skin test and a criminal record check. Application forms are available at 47 Harold Avenue, Princeton, BC. Resumes can be mailed to Box 1960, Princeton, BC V0X 1W0 or e-mailed to mail@pdcss.com. The successful applicant(s) will work in our assisted living program, where we provide two meals per day for residents and also administer the Meals on Wheels program. Hours of work are between 9:00 AM and 7:00 PM. Feb 28-Mar 06

2-bedroom plus den, 123B Vermilion Avenue, 2nd floor apartment overlooking downtown, yard, in-suite laundry, garage parking and driveway parking, \$900.00/month plus utilities. Available April 1st. No dogs or children please. Contact Heather Johnson at Century 21 Princeton Realty 250.295.6977. Mar 06

3-bedroom upstairs of home on Auburn. Large kitchen and all appliances. Very clean. A/C, gas F/P, hot water. Separate entrance. Available NOW. Asking \$950.00/month, includes heat and hydro. RV parking available. Good sized yard. N/S. Call 604.535.1980 for more information or viewing. Mar 05-20

For Sale

Household Sale - Everything we don't need anymore. Lots of giftware. Most items are new. Antiques, collectibles, books, Sirius, clocks, tools, bar fridge, oak bedroom suite and other furniture. Call 250.295.6408. Feb 28-Mar 13

1978 Dodge Aspen, 225 slant 6, running and insured. Best offer. Call 250.295.0280. Feb 28-Mar 13

Lost

Ladies Seiko Watch
250.295.7229

Lost

Ladies Seiko Watch 250.295.7229

Help!

Going skiing at Apex or Manning Park? Paul would like a ride. He is ok to go down the mountain on his own. For more information on how you can assist with this request, call Gloria at 250.295.7218. Jan 17-01

Lost

Silver hoop pierced earring lost sometime in early January. Has sentimental value to owner. If you have found this, please call 250.295.1416 or drop off at Princeton Medical Centre. Jan 17-01

Blonde male mini poodle, lean, about 14-inches tall. May have been picked up, not by owner. Was wearing a blue collar. If seen please call 250.255.5789. Jan 24-Mar 27

2,400 sq ft commercial space for lease 301 Bridge Street, price negotiable, good commercial exposure. Available immediately. Call Heather Johnson at Century 21 Princeton Realty 250.295.6977. Mar 06

Clean apartment, modern, 3-piece bathroom. #101-301 Bridge Street, \$680.00/month plus utilities. Available April 1st. Call Heather Johnson at Century 21 Princeton Realty 250.295.6977. Mar 06

Available NOW! 3-bedroom basement home on Hallford. New carpeting throughout. Fully fenced yard. Asking \$950.00/month. Contact Mona Friesen 250.395.2023. Mar 06

Clean apartment, modern, 3-piece bathroom #401-301 Bridge Street. \$680.00/month plus utilities. Available April 1st. Contact Heather Johnson at Century 21 Princeton Realty 250.295.6977. Mar 06

1-bedroom house, 335 Billiter Avenue. \$500.00/month plus utilities. Available April 1st. This house is listed for sale. Contact Heather Johnson at Century 21 Princeton Realty 250.295.6977. Mar 06

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RockRidge Canyon, a Young Life of Canada property and Christian mission is hiring part-time casual staff in our diningroom and housekeeping departments.

Fax resumes to 250.295.0059 or e-mail knicholls@younglife.ca.

Apartment in Princeton - available now! Excellent references and damage deposit required. No pets, can furnish if needed. Phone 250.295.1006 for details or leave message with best time to call back. to Mar 20

Clean apartment, modern, 3-piece bathroom. #301-301 Bridge Street, \$730.00/month plus utilities, includes laundry. Available March 1st. Call Heather Johnson at Century 21 Princeton Realty 250.295.6977. Mar 06

3 bedroom house with double garage, 476 Corina Avenue. \$1,000.00 per month plus utilities. Available April 1st. This house is listed for sale. Contact Heather Johnson at Century 21 Princeton Realty 250.295.6977. Mar 06

2 bedroom house, double garage/shop 445 Similkameen Avenue, \$800.00 per month plus utilities. Available March 1st. Contact Heather Johnson at Century 21 Princeton Realty 250.295.6977. Mar 06

2 bedroom suite downtown in quiet area. Suitable for 2 workers sharing or seniors. Very clean, including heat, power and laundry. Asking \$800.00 per month plus damage deposit and references. Call 250.295.6408. Feb 21-Mar 06

RockRidge Canyon, a Young Life of Canada property and Christian mission is hiring a Dining Room Host.

This is a seasonal part-time position with full-time work during our peak periods. Previous Supervisory and front of house experience preferred.

Fax resumes to 250.295.0059 or e-mail knicholls@younglife.ca.

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Wanted

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Notices

**MONDAY NIGHT BINGO
IN PRINCETON
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162 Angela Avenue
4:30 PM Sales Start
5:30 PM 1st 47 Bonanza #'s
SPECIALS, REGULAR GAMES, ODD &
EVEN, PROGRESSIVE SNOWBALL &
LOONIE POT, "LUCKY 7" WON EVERY
MONDAY (MIN. \$50.00 GUARANTEED)
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"KNOW YOUR LIMIT. PLAY WITHIN IT"

**TUESDAYS
SCA Branch #30**

Snooker Tournament
2nd Tuesday each month - 10 AM
Pool Tournament
4th Tuesday each month - 10 AM

**OPEN 9:00 AM - 4:00 PM
Lunch: 11:30 AM - 1:00 PM**

Narcotics Anonymous

**OPEN MEETINGS
Wednesdays 7:30 PM**
160 OLD HEDLEY ROAD
Baptist Church Basement
(USE BACK DOOR)
Sundays 7:30 PM
Basement, Chamber of Commerce, Highway 3
Info: (250) 295-7919 OR 295-6531, 295-6723

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Sudoku

**CARTER'S
Sudoku
Challenge**
SOLUTIONS TO PUZZLES ON PAGE 14

CHALLENGE #392

654	382	179
291	647	853
783	591	426
925	836	741
437	159	682
168	274	395
476	425	918
842	913	567
519	768	234

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Natural character chart - \$25.
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Alcoholics Anonymous
Meets 7:30 PM Thursdays
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Souvenirs

Souvenirs

Souvenirs

Similkameen Souvenirs

Available at the News Leader Office

Prince Town 1826-1926
The History of Princeton from fur traders to the railway

Trace the history of development in the Pacific Northwest from the Oregon Treaty to the arrival of the Royal Engineers followed quickly by prospectors. Contains many photos from the Royal British Columbia Museum.

**Prince Town
1826 - 1926**
W. George Elliott
\$20.00

Princeton Area Ghost Towns
The History of Mining in the area - copper, gold and coal



A total of six local ghost towns are featured with history on each, detailed directions to the ruins of three you can still visit plus guided photo tours of what you'll still find there today! Perfect for weekend prospectors and local history buffs.

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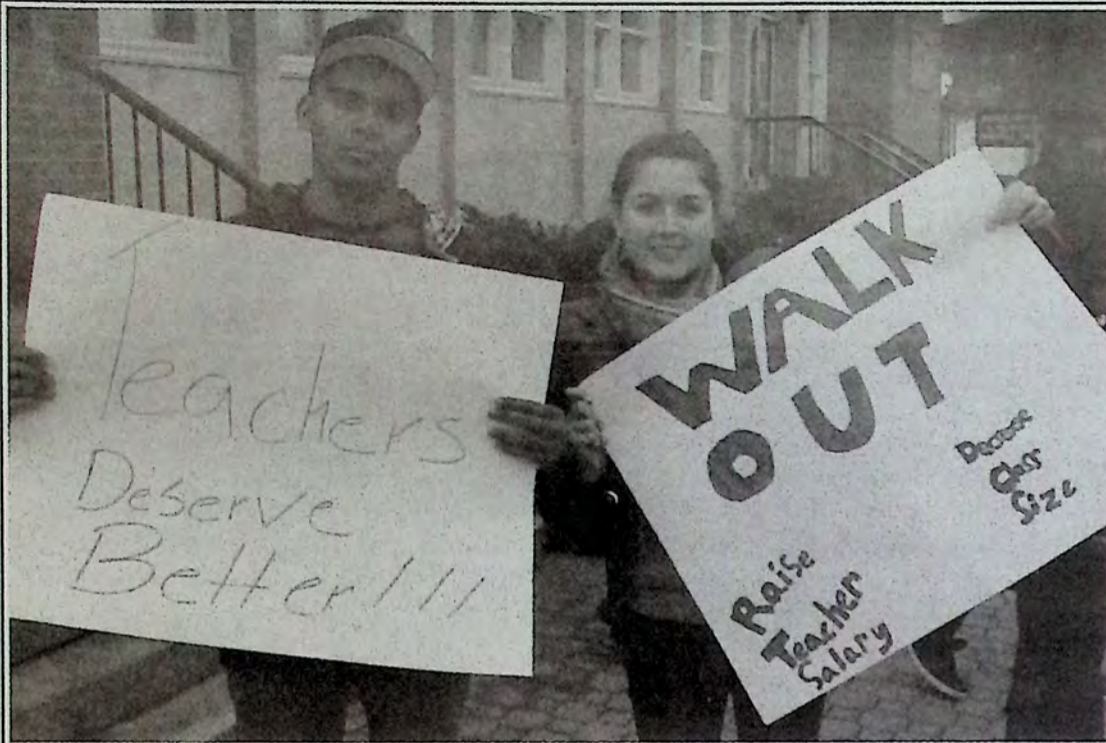
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If you live in the Princeton area you can drop into our office weekly to pick-up your Similkameen News Leader. You could pay us a dollar each time or you could just pay for a 'Pick-Up Subscription' and spend even less. It's your decision.
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If you live in the Similkameen Valley you can have the Similkameen News Leader mailed to you every week - and it's still cheaper than buying it each week at our office or at your favourite local newsstand. For a few bucks more we'll even send you the Similkameen News Leader anywhere in Canada. Including the prairie provinces and Quebec!
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Late in the afternoon of Friday, March 2nd, Princeton Secondary School students participated in a 'walk out' in support of Princeton District Teachers. Students carried signs and banners and kept their display in downtown Princeton in front of the post office building. Teachers have withdrawn their services from schools Monday, March 5th to Wednesday, March 7th and parents are advised to keep students home on those days. Photo: Adam Gullason

Flip of the Coyne

..... continued from Page 3 about things like this in Canada. We are a democracy. We have rights and liberties that men and women died to give to us. We live in a country that others see as a land of opportunity and hope. People die trying to make it to our shores! Now we are on a slippery slope. If Elections Canada and the RCMP do not deal with this matter seriously people will lose faith in the democratic

process and even more people will avoid voting.

When people no longer participate in the process and politicians can get away with whatever they want because the checks and balances no longer exist, a country becomes a democracy in name only.

Remember this: North Korea's official name is the Democratic People's Republic of Korea and we know how democratic they are.

Princeton Posse

..... continued from Page 9 exist. Regardless, it produced some really exciting hockey action from both teams with Penticton outshooting the home team 13-4 in the last frame.

The Lakers pulled their goalie for an extra man for 52-seconds, but they could not score.

Final score: Princeton 3, Penticton

2. Shots on Goal: Penticton 29, Princeton 22. Penalties in minutes: Princeton 7 for 22-minutes, Penticton 3 for 6-minutes.

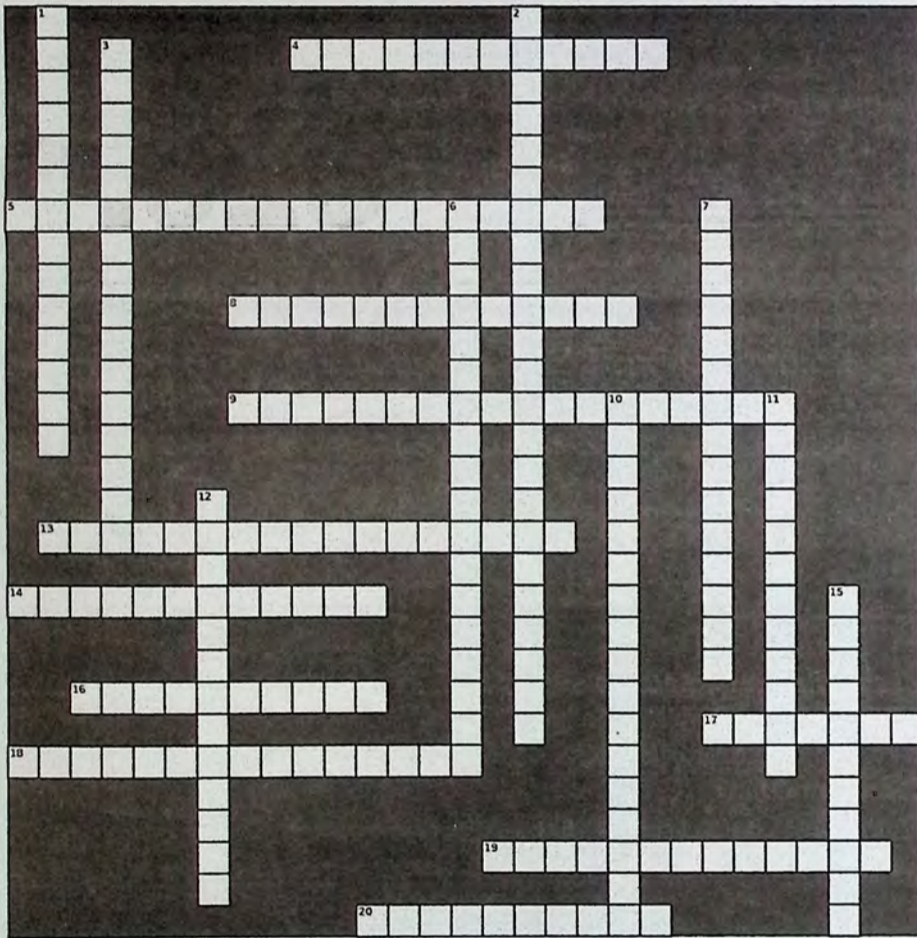
Princeton took a 3-2 lead in the best of seven series but fell 3-2 in overtime the following night in Penticton which forced Game 7 on Sunday, March 4th.

..... continued on Page 22

www.thenewsleader.net

Similkameen News Leader Puzzler

Use the February 28th News Leader to find Answers Below...



- Across**
- 4 The Amkus Ram comes with this.
 - 5 The 'SW' in SWA.
 - 8 www.net website on Page 18.
 - 9 Local heroes not receiving the Vital Link Award received this.
 - 13 Princeton Posse Team Captain.
 - 14 The Traditional Music Society was looking for this from Town Council.
 - 16 Allana and Mason's father.
 - 17 The name of John and Virginia Weber's winery.
 - 18 Sometimes Pink Shirt Day is called this.
 - 19 This is how Spencer Coyne promotes his column.
 - 20 President of Princeton Exhibition Association.

- Down**
- 1 Shane Chartrand received one of these February 24th.
 - 2 March was declared Awareness Month for this service.
 - 3 The line on the bottom of Page 23.
 - 6 Princeton Highway
 - 7 The 12 Tips on Page 8 were to assist with this.
 - 10 You are currently trying to complete this.
 - 11 He plays sax in the South Okanagan Big Band.
 - 12 The 'D' in AED.
 - 15 This is on Page 18.



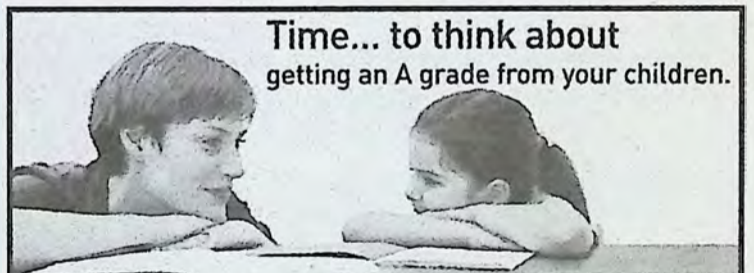
SCHOOL DISTRICT NO. 58
(NICOLA-SIMILKAMEEN)

CHANGE TO MEETING LOCATION

Please note the change in location for the following Regular meetings of the Board of Education:

March 14, 2012 - Princeton
April 18, 2012 - Merritt

Meetings are held in the School Board Office and start at 6:00 PM.



Time... to think about getting an A grade from your children.

We all dream of our children pursuing a post-secondary education, and a great way to help finance this is to make regularly scheduled contributions into a **Registered Education Savings Plan**.

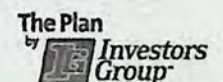
But can you afford it right now? At Investors Group, we'll show you how.

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Princeton Posse - Round 1 Play-Offs



Game 7 of the Divisional Semi-Final Series was a rough and tumble affair. *



The Posse stood their ground and beat Penticton 5-3 to move on to Round 2. *

www.thenewsleader.net

A Musical Snapshot of '50's Princeton

Allenby Road Band - Back Door Blues
Jim Berg - Nora Whelpton
Cactus Cats - Dave Milner

2:00 PM Saturday, March 10
Riverside Centre

Tickets \$10.00 Per Person

Available at:

Mel's Barbershop - Sunflower Gallery
or from the Musicians

PRESENTED BY:
PRINCETON COUNTRY AND BLUES ASSOCIATION

Posse advance to second round

The next time someone scoffs at the notion that home ice has advantages, maybe the 2011/12 KIJHL Divisional Semi-Final Series between Princeton Posse and Penticton Lakers will come to mind. Going into Game 7 on March 4th in Princeton the teams could not be more evenly matched.

Both teams had scored a total of 12 goals in the first six games. The home team won each of the first six games. The only stat that was a little off was shots on goal, but not by enough to blow a hole in the 'evenly-matched' argument.

After six games in the playoff series Princeton had out-shot Penticton 161-160.

So it would be fair to say that the winner of this series really, really deserved it.

Penticton got on the scoreboard first with a goal scored by Sean Alldridge at 12:54 of the opening frame. Assists were credited to Dylan Sahara and JR Krolik.

Princeton tied the game at 9:56 when Jaden Janzen fired home a pass from Devon Grossler.

The second period saw Princeton widen the lead at 13:04 (Devon Grossler from Kevin Raimundo).

Then at 12:16 Princeton had a 2-man advantage for 1:41 until the Posse's Alex Demchuk got snagged with a high-sticking penalty with 45-seconds left in the 2-man advan-

tage. Regardless, special teams could not produce on either end of the arena.

Penticton did tie the game up at 2-all with 3:42 left in the period (Carter Jensen from Paulsen Luetard and Reilly O'Conner).

And Princeton out-shot the Lakers 17 to 9 in the second period.

The third period was all Princeton.

The Posse broke the tie at 16:36 (Eric Schmidt from Blake Roney) and only 25-seconds later Princeton's Alex Demchuk swooped in from the neutral zone, stole the puck and scored an unassisted goal.

In case anyone missed it, Demchuk repeated the exact moves and scored another unassisted goal at 13:03.

By this time it was obvious the Lakers were not expecting to be trailing by three but could not get it together enough to score any more goals, although it wasn't for a lack of trying. The Lakers out-shot Princeton 12-9 in the third period.

With 8.9-seconds left in the game Princeton's Keenan Fordy ended up with a Laker all over him, as did four of his teammates. Suffice it to say that once the debris was cleared and a total of 24 penalties were handed out to 10 players the teams just let the clock run out.

Final score: Princeton 5, Penticton 3. Princeton wins Round 1 of the Divisional Semi-Finals 4-3. Shots on goal: Penticton 32, Princeton 25.

PSS Class of 2012 Grads Hockey Game

Raffles

50/50

Admission by Donation

Fun for the Whole Family!



6:30 PM Wednesday, March 14th
Princeton & District Arena

Princeton Skating Club presents



RAIN OR SHINE!

Admission

\$5.00 per Person

\$20 per Family

ICE SHOW 2012

1:00 PM
Sunday,
March 11

The Princeton Arena

FEATURING
Canadian Novice
3rd Place Finisher
Haley Sales
of Kelowna

Round 2 Playoffs TENTATIVE SCHEDULE

- Game 1 - 7 PM
- Tuesday, March 6 in Princeton
- Game 2 - March 7 in Princeton
- Game 3 - March 9 in Kelowna
- Game 4 - March 10 in Kelowna
- Game 5 - March 12 in Princeton
- Game 6 - March 13 in Kelowna
- Game 7 - March 15 in Princeton

Will Little Britches go ahead?

There is some doubt as to whether Princeton will have a Little Britches Rodeo this year.

The event last year was considered the best Little Britches Rodeo in the province, so the provincial Little Britches Rodeo Association wants to have another rodeo in Princeton.

Rodeo Club members really want to host the Little Britches Rodeo, and have been given July 21-22 as reserved dates for Princeton, but Princeton Rodeo Club wonders

whether the community will support a Little Britches Rodeo.

Last year there were just 12 spectators, and the Rodeo Club is not aware of any youngsters in the Similkameen Valley who would participate in a Little Britches Rodeo.

If the Rodeo Club decides to go ahead with a Little Britches Rodeo, it will cost the club money for prizes and a lot of volunteer work of local people.

Jennifer Bernard is willing to run the concession and help organize volunteers, but the question of whether the local area can support the event must be answered at the next Rodeo Club meeting on April 12.

Any youngster willing to enter a Little Britches event, and any person willing to volunteer or sponsor prizes for it, should contact Jen Bernard at jenb1@telus.net as soon as possible.

Rodeo plans look good

The Stan Thompson Memorial Rodeo to be held May 12 and 13 will have a featured event, bareback riding, with \$2,000 in prize money. Terry Wright is organizing a day of team roping on May 11, the Friday before the BCRA rodeo, with the concession stand open and perhaps an evening barbecue in the refreshment area hosted by the Rodeo Club. Wright has two hand-tooled saddles as prizes for the top roping team.

Local entries for the rodeo must be in by April 28, and all entries should be solid by May 1.

Sponsorship letters go out this week, with follow-up by Rodeo Club members. In the meantime, as soon as the snow melts, Rodeo Club members will be out at the rodeo arena doing repairs (a lot of welding must be done) and clearing the area

of weeds. The PXA is planning a work party for all user groups in April so the grounds and buildings can be cleaned up and ready for the rodeo, the first event of a busy season.

Individual members have been given areas of responsibility for the date of the event, but volunteers are always welcome. Anyone wishing to participate should contact Sue Gereau or any Rodeo Club member.

ROCKY MOUNTAIN ROAD SHOW
 COMING TO PRINCETON APRIL 12TH
 ★ April 7th, 2012 @ 7 pm
 20 AMAZING SINGERS

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Fight the problem with knowledge!
 FIND PRACTICAL WAYS TO KEEP DEER OUT OF YOUR YARD
 DEER REPELLENTS - DEER REPELLENT PLANTS
 HOW TO PROTECT YOUR FLOWERS AND GARDEN

Sign goes missing

On February 27th Princeton RCMP received a report of a theft of a sign from Co Co's Bistro on Vermilion Avenue.

The theft occurred some time overnight on Saturday, February 25th and the sign has not been recovered.

Police say the sign had a graphic of a black cowboy hat with the message "Fuelled by Caffeine, Co Co's Bistro" on it.

The incident is still under investigation and if you have any information regarding this theft you are asked to contact the local RCMP Detachment at 250.295.6911 or CrimeStoppers at 1-800-222-TIPS.

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LAST WEEK! HURRY IN!
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 and matching loveseat	ONLY \$699 SOFA & LOVESEAT YOUR CHOICE	 and matching loveseat add the chair for only \$199
 and matching loveseat add the chair for only \$199	 3 pc. Reclining Sofa, Loveseat & Chair \$1199	 and matching loveseat add the chair for only \$199

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940 Cawston Avenue, Hedley



Don't miss out on this beautiful oldtimer tucked in neatly into the historic village of Hedley. Only hours from the rain-drenched coast, this beauty boasts original fir floors, doors and the gleaming hardware, too! Built solidly and kept clean to the corners, this home also has many updates including a new septic system! MLS©132670 \$165,000

154 Pinewood Drive



NEW! \$399,000

Style, comfort and privacy describe this wonderful home located on 5 treed acres just off the Princeton-Summerland Road. Totally remodeled with quality materials. Open plan living/kitchen area is perfect for entertaining. Sliders lead off the livingroom to a spacious deck to take in the great outdoors. With a finished walk out basement! MLS©135441

181 Missezula Lake Road



Fabulous custom-built home in popular Missezula Lake Subdivision. Incredible landscaping with easy maintenance perennials, wrap-around deck to enjoy morning coffee or evening sunsets. 20x30 garage with skylights, outbuildings, 6 1/2 foot low basement, perfect for storage. This home has been built with the best materials! MLS©132388 \$387,400

132 Link Lake Road



Osprey Lake steps away, Link Lake and the KVR just around the corner, it doesn't get better than this, but wait, yes it does! Here is a solidly built 5 year old cabin, with all the details well thought out. A wonderful 19x9 covered porch overlooks Osprey Lake, a great place for morning coffee and evening sunsets. MLS©130262 \$299,900

209 Vermilion Avenue



NEW PRICE! \$219,000

Beautiful character home right in the heart of Princeton! This home has been redone, yet has still kept it's 'heritage charm' with the original fir floors (refinished). The 'heritage' ends there as the wiring and plumbing systems have been completely replaced, a 'chef' worthy kitchen with custom cabinetry, new hot water tank and windows. MLS©132437

730 Highway 5A



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