

Meet the 2012/13 Princeton Youth Ambassador Candidates! From left, Emily Allison (Princeton Rotary Club), Taylor Gibb (Cooper's Foods), Keisha Miller (Princeton Lions Club), Megan Pateman (Copper Mountain Mine) and Ciara Bamford (Royal Canadian Legion). The candidates were officially announced March 21st. *

Town enters into RDOS agreement

A report presented at the March 19th regular meeting of Princeton Town Council by CAO Patrick Robins recommended the Town of Princeton enter into a three-year Services Agreement with the RDOS.

The agreement will be to provide Building Inspection Services - the most current agreement expired on December 31, 2011.

Following the retirement in 2006 of the local Building Inspector, the Town entered into a service agreement with the RDOS to provide those services.

Crime figures show minor decrease

Princeton RCMP Sgt. Dave Clare presented fourth quarter statistics at the March 19th regular meeting of Town Council.

During the period between October and December 2011, police responding to 439 calls for service, compared with 493 calls during the fourth quarter of 2010. That figures out to a decrease of 11%. In total, Princeton RCMP responded to 1,910 calls in 2011 compared to 1,943 in 2010 – a 'minor decrease' of 1.7%.

The report, put together by the Crime Analyst in Penticton, states that reports related to thefts from vehicles declined substantially in the 3rd and 4th quarters, ending the year 19% lower than at the end of

2010.

"Unfortunately this figure has gone up in the past few weeks," Sgt. Clare added. He also said this kind of theft is easily prevented by removing valuables from plain sight and by locking vehicles.

The numbers of stolen vehicles also dropped in 2011 although five were taken from the area in the last three months of the year – the highest rate of auto thefts in the year.

Princeton RCMP also recorded a murder in the last quarter of 2011 when local police responded to a request from Penticton RCMP to check on the well being of a female resident on Osprey Lake Road on November 9th following the arrest of a 63-year old male on an out-

standing Canada-wide warrant. It was at that time Princeton RCMP discovered a 56-year old female had been murdered at her residence in Area H.

"He was captured thanks to some good police work," Sgt. Clare stated.

Assault reports dropped 19% from 2010, but disturbance complaints were up 9%. RCMP responded to 46% more reports of mischief and property damage in 2011 than in the previous year.

"A number of these reports were

related to youth damaging property or creating excessive noise while several others involved graffiti on buildings in the downtown core during late August," Sgt. Clare explained.

.. continued on Page 7

Princeton air show receives award

The Northwest Council of Air Shows chose Princeton's air show as the recipient of the 2011 Up and Coming Air Show Award during their annual convention last month in Richmond.

Two members of the NWCAS attended the March 19th regular meeting of Princeton Town Council to present the award.

Daffydd Herman and Roy Hafeli were visibly excited to be at the meeting and after explaining more about their group; Herman shared a number of observations related to progress made at Princeton Airport.

"The airport is not the airport I remember from fifteen years ago. Congratulations to the community for turning this airport into the condition it is to that of a destination."

Herman explained that for many pilots, Princeton Airport was a place to stop if all other options were either exhausted or non-existent. He says the Similkameen Valley has slowly become a place for many to stop and enjoy now that there is a welcoming airport facility in place.

"You've really treated it like an asset."

Hafeli explained that the NWCAS is part of the International Council of Air Shows, which is made up of air show event organizers, performers and fans.

"When it was announced (that Princeton's air show was selected for the 2011 Up and Coming Air Show Award) there were a lot of cheers – mostly from performers."





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The 2012/13 Princeton & District Museum and Archives Society executive. Back row, from left, Directors Chris Wicks, Kathy Clement, Lori Thomas and Brenda Gould, Vice President Jerome Tjerkstra. Front row, Operations Manager Robin Lowe, President Bob Wicks, Director Evelyn McCallum and Secretary Marjorie Holland. Missing from photo: Treasurer Martin Hough. Elections were held during the March 21st AGM. *

Mayor and Council conduct priority setting workshop

On February 23rd and 24th Mayor Thomas and Councillors Armitage, Earle, Harkness and Maynard along with senior staff, participated in a workshop to set strategic priorities for the municipality.

The two-day workshop was facilitated by Gordon McIntosh from the Local Government Leadership

The workshop provided the framework for assisting council in mak-

ing strategic choices and developing those choices into strategic priorities for current and future years. The workshop also provided the opportunity to identify operational improvements and determine operational strategies.

"The strategy session has provided the framework to move forward through 2012 and beyond," Deputy Mayor Jason Earle says.

"We are excited to move forward on a number of very important initiatives including our on-going advocacy to ensure a properly functioning hospital, managing humanwildlife conflict and ensuring a stable economic climate in our community."

During the workshop a long list of issues and opportunities was created by council and staff during a brain-storming session.

Following the brain-storming session council used a set of priority setting criteria to evaluate the relevance of each of the items to determine whether an issue or opportunity needed action by council.

The criteria used to determine the items relevance included resource consideration (for example: financial and human resource), the urgency of the issue or opportunity (for example: community need and public benefit) and responsibility (for example: service level). The criteria helped refine the identified issues and opportunities into a strategic priorities list and operational strategies. These strategic priorities will be transformed over the next months and years into deliverable actions that will be undertaken by council and staff and will be monitored on an on-going

The following list identifies council's strategic priorities for 2012 and continued on Page 21



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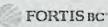
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Read Spencer Coyne's "Flip of the Coyne" weekly in the News Leader

YOUTH AMBASSADOR CANDIDATES



EMILY ALLISON - Princeton Rotary Club

Emily is a 16 year old student currently completing Grade Eleven at Princeton Secondary School. She is very excited to be participating in the Ambassador Program and is proudly sponsored by the Princeton Rotary Club. She enjoys a variety of sports; softball, volleyball, skiing and competitive swimming. Emily loves reading, drama and volunteering in the community. Like many locals she takes advantage of Princeton's beautiful location and spends her summers camping and hiking and winters on a Skidoo. After graduation Emily plans to attend University and pursue a career as a Registered Nurse.

Flip Of The Coyne

by Spencer Coyne

I had the joy of being a part of the food sovereignty forum on Thursday night with our local MP Alex Atamanenko and Colleen Ross the VP of Policy with the National Farmers Union. Although the forum itself was informative and inspiring it was later when I had time to reflect not only on the forum but the post-game discussion that I got worked up.

When you get a chance to discuss and debate issues with people who are of a similar mindset the wheels start to turn. Thursday night was one of those nights. Why is it that we even have to have forums like this? Here we are talking about the need for a revolution because we are losing control of our means to feed ourselves. No civilization can survive if it cannot feed itself. Rome fought wars over the control of food supplies yet today our govemments are handing over our food production and supply to an ever increasing smaller handful of corpo-

In British Columbia the Liberal Government made it nearly impossible for small meat producers to keep afloat and local processing facilities closed leaving only a handful of facilities in a few hands.

Major biotech companies like Monsanto have their patent seeds that restrict farmers from seed saving forcing farmers to buy new seed every year.

Why is it like this? When did the government stop protecting the necessities for our society to survive? Corporations do not elect our officials, people do, so why do farmers have to fight for the right to farm the way they have done since the first person stopped being nomadic? It's sad and you should be angry. You should be very angry. My family has farmed in the Princeton area since around 1860 but every year it becomes harder and harder for family farms to exist because of government regulation and the introduction of genetically engineered seeds that are the property of some corporation.

Now Monsanto is trying to get approval to sell Genetically Engineered Alfalfa. If this happens you can kiss organic agriculture goodbye. Alfalfa is hay. Hay feeds our animals. Animal waste is composted to make fertilizer and alfalfa is important pollinator for bees. Alfalfa is a perennial that is hard to totally eradicate once it is planted, so once Monsanto's alfalfa is in the

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My Tum_

One More Reason To Love Princeton

I don't know little Emily.

I sort of know some of her family members, but I didn't know her at all.

I was out of town March 18th when I discovered various messages of condolence on Facebook only hours after the outdoor accident occurred that took her life at the age of five.

In the days that followed it was becoming very clear to me that this tragic incident touched a lot of people. The outpouring of support from friends (and probably a number of strangers) was, to say the least, heartwarming.

There were local businesses offering a portion of sales of products to the family to assist with funeral costs. Others collected returnables and using the cash from that to offer the family. Now there's a bank account in place at CIBC for donations.

Locals from all walks of life were drawn together by this little girl. And that is one of the great things about living in Princeton.

We can forget our differences and join one another as we focus on trying to make a bad thing a little bit easier to deal with for those directly affected by it.

Do we do these things because we are grateful it didn't happen to us? I don't think so.

I think we become neighbours helping neighbours because it's the right thing to do and because there's always the chance that the community will do it for us if we needed it.

It does make me grateful to know that people do care about others in their community and aren't afraid to actually show it when the going gets rough.

It also reminds me why I like living here.

It's the people, who ultimately form the character of a community. And right now, you can't deny that the character of our community is it's greatest asset

The way Princeton (and Area H) work together in the time of need is worth more to me than building a new Town Hall or solving the urban deer problem.

The heart of our community is beating strongly and it always will.

The sad thing is that it took a five-year-old girl most of us didn't know to remind us that we live in one of the best places in British Columbia, if not Canada.

Thanks, Emily.

May you rest in peace.

Naws Leader

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EDITORIAL GUIDE

We would like you to write to us, but please remember to abide by anti-discrimination laws. The News Leader reserves the right to refuse to print any letter which is not signed by the writer or is standarous, libelous or of uncommon sensel. The Editor reserves the right to condense any letter or to substitute proper language for improper language.





Princeton Secondary School Student of the Month for March is Felicia Northway. The Grade 12 student was nominated "for all her work on the Grad Hockey game." PSS PAC sponsors the Student of the Month program. *

Your Tun

Letters and E-Mails Received This Past Week

To The Editor;

It takes a village to raise a flag! In February this year, I replied to an e-mail from Marji Basso, inquiring if she could direct me to a new Canadian flag for our Woodlie Park flagpole in Hedley.

This was in response to a request for a new flag during an all-candidate's meeting in Hedley, before the election for Area G Director on November 19th, 2011.

Happily, Marji responded by obtaining a flag for Hedley, and sending it through inter-school mail to the Keremeos High school. There, a fellow named Marcus held onto it until Hedley resident Don Molson was able to pick it up after one of his volunteer shifts as a "meals on wheels" driver.

Then Don left the flag for me at the Hitching Post Restaurant, where the restaurant owner Brenda Gould saw it. Seeing no instruction but having been present at the meeting where the request was made, she took the initiative to hang the flag in the park, getting help from her staff member Levi Bell.

Upon completion of this project, she spoke with Doug Bratt, proprietor of the Hedley Country Market, which is next door to Woodlie Park. When he had time, he took out a ladder and secured the flagpole and pulley system so that it could not be tampered with.

This kind of cooperation and "just doing it" is what makes our valley so special. When I got home I received reports from three different people about what had happened, which is a great example of people taking care of one another, simply because they can.

On a windy day our new Canadian flag flies rather proudly, welcoming visitors to our small park. Thank you all for your contributions.

Best wishes,

Angelique Wood, Hedley

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Current Comment

Free Trade And National Decline



Dawn Johnson editor@thenewsleader.ca

I have been an opponent of free trade for about 30 years. Part of my opposition stemmed from what I learned studying basic Economics. The other part was from my study of Canadian economic history and the disaster involved in the Reciprocity Treaty. Recently, I read a book by an American, Patrick J. Buchanan, who clearly outlines the decline of the United States, and blames a good part of it on free trade. He opposes SPP, just as many Canadians have done.

Referring to the huge trade deficits of the United States since the North American Free Trade Agreement, Buchanan notes that the deficit has risen year after year, first with Mexico, where corporations moved to find cheap labour, then with China, where corporations moved for the same reason. The policy of free trade was promoted most in the United States by groups of economists with a big influence on President G.W. Bush, and by corporate lobbyists, whose masters stood to gain the most through a free trade policy.

Buchanan says the free trade advocates appear to have an almost religious fervour in crusading for a lack of tariffs or taxes on imports. Rather than tell the story in proofs related to successes of free trade in the past, the advocates talk in terms of morality, of making everyone friends. Buchanan, in contrast, points to specifics, and show free trade has always resulted in the decline of nations who engaged in free trade.

Buchanan harks back to the economic advice given to the young United States 200 years ago. An economist named Friedrich List recommended paying no attention to the advocates of free trade. Others mocked List, saying consumption is the sole purpose of production, to which List replied "production renders consumption possible". In short, if there is no production, there is nothing to consume, or there are no consumers that can afford to consume, List said the power of producing wealth is more important than wealth itself. List linked production capacity to the strength and wealth of any nation. Buchanan adds a down to earth reminder that it is not important who eats the apples, it is important who owns the orchard.

The book goes on to explain how the means of production, the factories and the labour that runs the factories, are now located in foreign lands, yet the major consumers are Americans. The imbalance, of course, means the American consumer is expected to spend money endlessly on foreign goods. At the same time, the loss of good jobs in the manufacturing sector have reduced the capacity of Americans as consumers, whereas the consumers of India and China have increased their spending.

Why did the corporations move production offshore? To make more profits, of course. They left for the cheap labour, lack of health care and social security benefits for employees. We should pay close attention to one of the side effects of this move: there is some doubt aging Americans can go on receiving social security and Medicaid because the nation, without the corporate and income taxes, will not be able to afford to pay those costs. The cost of education will no longer be met by government.

This could happen here. The next time you hear somebody talk about free trade, remember your medicare and Canada and Old Age pensions could be the price you pay for free trade and no import taxes. I recall Alex Atamenenko, during the last federal election campaign, was straightforward in responding to a question about the benefits of free trade. He answered that it had done nothing good for our riding, but had cost hundreds of jobs.

What free trade is doing to the United States, it is doing to Canada to a lesser degree. The only thing keeping our economy strong is our natural resource industries. Like the United States, Canada's job losses have been primarily in the manufacturing sector. We are losing the means of production, which will make us dependent on other nations for consumer goods.

Free trade is not 'free'. There is a cost. The loss of steady well-paid jobs means a loss of benefits like health care and pensions. It means our younger people will work to age 67 or 70 before they can retire, if they live that long. It means our nation becomes weaker because it is not self-sufficient. It means that

even with a good education, university graduates may have to work at low-paying service jobs. Any nation living under those conditions will soon decline into a Third World nation,

In contrast, look at the way China has grown. By producing cheap goods for export, China's growth has been in the double digits for a decade. Along with economic growth, China has continually expanded its military strength and its arsenal. China is highly competitive on the global market. Every time there seems to be a decline in exports, China devalues its currency (the yuan) to ensure their products are cheaper in other currencies. By the same token, if we sell to China, we pay tariffs. China is getting richer and richer.

Buchanan links free trade to privatization. He sees privatization as the selling off of assets that the citizens have paid for through their taxes. In the United States, some state governments are selling off toll highways, state-owned properties and other assets paid for through taxation. This is due to not having enough money for essentials, not because it means running things more efficiently. The privatization myth is just that, a myth, especially when the assets are sold to foreign owners, thereby further weakening the nation, as is so often the case.

It was great to read a book that backed up so much of what I have been saying for years, but I do not say this out of ego. I say it because I know I am not the only Canadian who has opposed free trade and privatization. There are many Canadians who have seen the threat for what it is. We may have been labelled as uninformed, or socialist, or anti-capitalist, but let me assure you there is no better form of capitalism than that which protects the health, education and pensions of the citizens of a nation through ensuring the means of production remain within the nation to support it.

There is one Canadian who believes we are well on the way to losing what we have as Canadians. You can read all about it in Mel Hurtig's book, The Truth About Canada.

Both the books mentioned in this article are available through your public library. Feel free to learn more. Your taxes are paying for it (unless you live in Area H).









AND NOW...A LITTLE GOOD NEWS!

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- John 7:24

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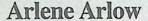
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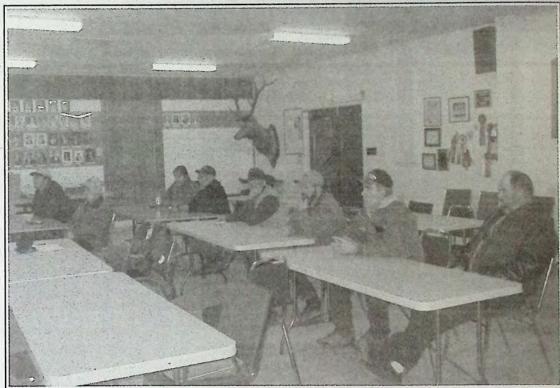
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Lower Valley News

Keremeos - Cawston - Olalla



Members and guests of the Keremeos Stockbreeders Association met for their Spring meeting in Keremeos March 19th. The association meets twice a year. Topics included beetles for noxious weed control, the off-again National Park, environmental regulations for animal waste and the improving communication between foresters and range leaseholders. Guests included representatives from the Lower Similkameen Indian Band, Lisa Scott from the Invasive Plant Society and Anne Skinner from the (newly-named)

Ministry of Forests, Lands and Natural Resource Operations. Photo: Arlene Arlow

Go beyond composting!

The RDOS wants to help residents 'Go Beyond Composting'. For a limited time, the RDOS and participating member municipalities will be selling systems that can safely handle cooked foods, meat and dog feces on their property. Free workshops, on how to use the systems, will be held in Penticton, Oliver, Princeton and Keremeos.

Most backyard compost bins, such as the Earth Machine Compost Bin, can help beautifully compost yard waste and uncooked fruits and vegetables. They are not designed to breakdown stinky or dangerous waste such as cooked foods, meat or dog feces. These items can create powerful odors, attract pests and potentially spread diseases.

Until April 17th, the RDOS will be selling Bokashicycle systems and The Green Cone. Both systems help add valuable nutrients to your soil while safely dealing with hard to compost materials.

The Green Cone takes all kinds of food waste and dog feces, and breaks it down naturally into a liquid that is absorbed into the earth. After installation, you just dump organic waste in every day. The

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Green Cone does the rest. The soil around it is enriched with the nutrients that come from the process. Visit this website: www.greencone.ca for details.

Bokashicycle's microbial action converts all foodwaste or petwaste into nutrient rich soil in weeks, eliminating pathogens and odours. The system creates a bokashi tea (concentrated liquid fertilizer) and a fermented material shown to promote exceptional plant growth when buried in gardens. Visit www.bokashicycle.com for details.

Cameron Baughen, RDOS Solid Waste Management Coordinator, believes both systems work as directed, but residents should learn more about the systems before buying them. Both systems require materials be buried into the soil so can only be used by homes with backyards and gardens. Neither the Bokashicycle or The Green Cone are designed to take yard waste.

"These systems require some work by the home owner," explains Baughen.

"Both use natural micro-organisms to quickly decompose materials and return nutrients to the soil. Although fairly easy to use, they are not magic. People should learn more about them before purchasing."

The RDOS will be hosting free workshops to encourage home owners to learn more about the systems before buying one. Bokashicycle workshops will be held at Princeton's John Allison Elementary on March 27th, Oliver's Quail's Nest Art's Centre on March 28th and the Penticton Community Garden on March 29th. All workshops start at 6 PM and participants are asked to dress warmly.

The RDOS will also be selling Earth Machine backyard compost bins and worm composting equipment. Backyard compost bins are excellent at composting yard waste and uncooked fruits and vegetables. Worm composting is the cheapest and easiest way to compost indoors and is ideal for apartments and homes.

Free backyard composting workshops will be held on March 31st at the Oliver Quail's Nest Arts Centre and in Memorial Park in Keremeos on April 1st. These sessions begin at 2 pm. A free worm composting workshop will be held on Monday, March 26th, at 7:00 PM at the RDOS Main Office at 101 Martin Street in Penticton.

For more information on this sale, on the cost for each system or on how the different systems work contact the RDOS at info@rdos.bc.ca, visit the RDOS website at www.rdos.bc.ca, call 250.490.4129 or call toll free in BC 1-877-610-3737. Brochures on pricing and how to pay are available at local municipalities and the RDOS.

he cadets are com

Thanks to the efforts, and interest, of a few Princeton area residents the community may see a return of a Princeton Air Cadet Squadron.

A public meeting last week brought together a number of residents prepared to commit to joining and supporting such a program.

According to organizer Dawn Gardner, "We still need another 15 or so students before we can have an official squadron here, but those really keen are welcome to car pool to Penticton until such time we get our ducks in a row and numbers up."

Gardner's quest started officially with the letter below to Princeton Legion, which explains the need and requirements.

To Whom It May Concern:

It has been brought to my attention that there are students looking for interesting activities here in Princeton, and I have been looking into bringing back the Air Cadet Squadron that we used to have. I was involved as a Civilian Instructor when my daughter was in Air Cadets Squadron 655 in Richmond for seven years until she 'aged out', and feel this is a fantastic program with many different facets. After a telephone call was made to the Air Cadet League in Victoria, I have found out The Royal Canadian Legion is no longer responsible nor affiliated with the Air Cadet organization. Therefore, to start an Air Cadet Squadron the following are the requirements necessary to be an independent squadron.

As a Plan A scenario, the requirements:

- A non-profit society must be formed.
- 5 Adults committed to a parental advisory committee
- 30 students/cadets ages 12 to 18. If the squadron starts in September,

Crime stats show minor decrease

... continued from Front Page

As for drug enforcement, Princeton RCMP investigated 11 drug offenses in the last quarter of last year. Two of them involved cocaine trafficking and two involved the production of

cannabis. In one of those files, RCMP located a small 32-plant grow-op during another investiga-

"There still seems to be quite a bit of drugs available on the streets here," Sgt. Clare added. He also suspects crystal meth is now available in Princeton.

As for traffic safety, only one person was charged with impaired driving between October and December of 2011.

Sgt. Clare also reported that the local Detachment had a very busy 4th quarter with involvement in a variety of community events, which included a total of 11 events with participation from RCMP members age 12 at that time

- 3 staff consisting of
- a Commanding Officer
- a Training Officer
- an Administration Officer
- \$8,000 from a sponsoring Air Cadet Squadron. As the closest squadron is Penticton, I visited there just last parade night. Upon speaking with CO Hellyer, they are in no position to put forth \$8,000 but suggested the potential Princeton Parent Committee raise the funds required, give said funds to Penticton who in turn will write a cheque for the required amount, and therefore, in a way, being a financial and supportive squadron.
- a building with -an office for two people/desks dedicated totally to Air Cadets
- 2 classrooms
- parade square

To date, by doing an initial survey, I have 7 adults, some willing to be trained in the officer positions, some as the Parent Committee, with as many students/potential cadets looking forward to having a squadron.

This Plan A hinges on two main factors, the primary one being the interest of 30 dedicated students. Once this is established, then the financial aspect must be assessed, and the rest will fall into place.

If the number of potential Air Cadets is not sufficient, then the Plan B scenario, and those interested will commute by way of carpooling parents to Penticton every week. I asked CO Hellyer if they could accept more cadets and he heartily agreed. Just an aside, there is already one Princeton Air Cadet that loves the program so much, his mother has been driving him every week for almost two years.

I was wondering if you could please notify me if there is room in

Princeton police are also in regular contact with a Community Consultative Group and has five volunteer facilitators working within the Princeton Restorative Justice

Program. Citizens on Patrol continue to work with local police and CrimeStoppers received a total of three tips in the last quarter of 2011 related to Princeton events.

After giving his report, Sgt. Clare was asked how members cope with the stresses from their job to which he explained there are a number of resources available. The accident the previous day, which killed a local 5-year old girl, saw a series of debriefings put in place to assist all emergency personnel in contact with that incident.

"It was very tragic. It was a horrible accident," Sgt. Clare explained but added that RCMP had already completed their investigation passing it over the BC Coroner's Service to complete.

your budget to help support this worthy cause in any way. If we can keep just one student out of the legal system by offering this program, we save much more than taxpayer's \$8,000 in legal fees and jail costs, and as an end result, benefit by having a responsible, well-rounded citizen we can be proud of.

Thank you for your consideration. Respectfully, Dawn Gardner Cadet training helps student.

Formalized specific acceptance of designated cadet training and the related application /reporting procedures have been in place since 1997. With a major revision of the Graduation Program in 2004, Cadets may now obtain up to twelve (12) credits towards secondary school graduation, four (4) credits at each of Grades 10,11, and 12. Successful completion of Levels 3, 4, and 5 squadron training applies, as do successful completion of approved summer introductory specialty courses (Grade 10), or an approved six-week summer advanced specially course (Grades 11 and 12). Employment as a staff cadet may be used as an alternative to a summer training course.

Additionally, the Duke of Edinburgh Awards Program also qualifies for two (2) credits at Grades 10,11, and 12 by successful completion of Bronze, Silver and Gold levels, respectively. Holding a Private Pilot License also qualifies for four (4) credits. As qualifying courses have been pre-approved by the Ministry, cadets need only to present proof of satisfactory completion of Level/Course to the secondary school guidance counsellor for credits to be applied -external credits be they for Cadets, Duke of Edinburgh, or other approved activities; each has an approved course code. These conditions also apply to students/cadets in the Yukon.

For more information on how you can get involved contact Dawn Gardner at 250.295.0869.

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2:00 PM April 6th

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Brad Den Boer



Interior Health

EMERGENCY DEPARTMENT Temporary Service Changes

Due to limited physician availability in April, there will be times when only the most urgent cases will be seen by the physician on call.

Patients with less urgent matters will be assessed by our trained nurses but, depending on their condition, may be transferred to a nearby hospital for care or offered appropriate options.

If this is the case, it's important to come prepared: Bring your wallet, shoes, clothes and make arrangements for the return home.

> Times when patients can anticipate this adjusted physician response are:

Monday, April 2 - 6:00 PM to 8:00 AM Tuesday, April 3 - 6:00 PM to 8:00 AM Wednesday, April 4 - 6:00 PM to 8:00 AM Thursday, April 5 - 6:00 PM to 8:00 AM
Friday, April 6 - 12:00 AM (Midnight) to 8:00 AM
Saturday, April 7 - 12:00 AM (Midnight) to 8:00 AM Sunday, April 8 - 12:00 AM (Midnight) to 8:00 AM Monday, April 9 - Tentative Closure

Tuesday, April 10 - 12:00 AM (Midnight) to 8:00 AM Wednesday, April 11 - 12:00 AM (Midnight) to 8:00 AM Thursday, April 12 - 12:00 AM (Midnight) to 8:0

Monday, April 16 - Tentative Closure Tuesday, April 17 - 12:00 AM (Midnight) to 8:00 AM Wednesday, April 18 - 12:00 AM (Midnight) to 8:00 AM Thursday, April 19 - 12:00 AM (Midnight) to 8:00 AM Monday, April 23 - 12:00 AM (Midnight) to 8:00 AM Tuesday, April 24 - 12:00 AM (Midnight) to 8:00 AM

Wednesday, April 25 - Tentative Closure Thursday, April 26 - 12:00 AM (Midnight) to 8:00 AM Monday, April 30 - Tentative Closure

Interior Health will post further dates as they are available.

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Health/Lifestyle News

Catch The Spirit Festival

back again in an expanded version. It starts with a special display at the museum featuring the history of the powwow in the Similkameen Valley.

The Similkameen Spirit Festival is The museum is honored to have, as part of this special display, the powwow regalia of Oli Bent. The museum will be open from March 28 to April 14, Wednesday through



Vendors are always an important part of any powwow. *

Living Past 100

Know Where Your Food Comes From

These days we hear a lot about genetically modified (GM) foods laced with chemicals and foods containing GM components like corn and soy, and additives. These are a real concern to those of us who like to eat foods that are natural and not contaminated.

One of the challenges we face at the grocery produce section is knowing where our food comes from. We do not know whether the country of origin has allowed use of a lot of pesticides and herbicides. When it comes to packaged foods, like cereals, flour, and pastas, we have no guarantees that they are not GM or loaded with pesticides. Canned and frozen fish is another story. Just because the fish was put in tins in Canada does not mean the fish was not caught in contaminated waters of southeast Asia or off the coast of Japan where radioactivity is still a concern.

Whole food stores sell a lot of products guaranteed to be free of contaminants. Such stores carry organic cereals, flours, pastas, and many other foods. Unfortunately, the cost is generally higher than in the supermarket.

Another way of knowing where your food comes from is to buy locally from sources you know. There are ranchers who add no hormones and feed their livestock on grass and hay. These are known as grass-fed animals, and they are the safest to eat. Locally grown poultry and eggs are generally safer and good quality. Growing your own vegetables and fruit and either freezing or canning them is another way to make sure you are eating good food. Buying organic fruit and vegetables from local producers is another way to avoid contaminants. There is another good thing about local produce: because it does not have to be imported over long distances, it is generally less expensive.

Shoppers need to be smarter these days, and families need to be smarter, too. Make eating the best foods a family project. You can involve the family in growing vegetables and preserving them, or involve them in going to farmer's markets and buying organic produce.

Do not expect your government to protect you as well as you can protect yourself. Governments seem to accede to lobbyists all too frequently, and big agri-business seems more interested in profit than in ensuring the products are free of pesticides and genetic modifications.

Saturday, 10:00 AM to 3:00 PM.

The next phase of the Spirit Festival moves to Princeton Secondary School, with a powwow beginning at 7:00 PM April 6 (Good Friday) to 11:00 PM in the gym. Saturday will see workshops for children, and art exhibition and two powwow grand entries, 1:00 PM and 7:00 PM. Sunday will welcome the dancers again from 12 Noon to 5:00 PM. Admission is free. Oli Bent is arena director, meaning he is running the powwow portion of the weekend fun.

The powwow weekend features eight drum groups (maybe more!) and competitive dancing with some special dances. There will be intertribal dances, where everyone is expected to get up and dance. These are lots of fun. Competitive dances include men's and women's traditional, jingle dancers, grass dancers and boys and girls combined dances.

There will be a concession all weekend. The word is that there will be fried bread and Indian tacos served! Vendors are welcome at \$25 a day or \$50 for the whole weekend. A lot of interest has been shown for vendor booths. If interested call Vicki at 778.235.3592 or send an e-mail to: similkameenspirit@gmail.com.

Spectators are welcome to bring cameras and take photographs. If there will be a special ceremony or dance where photographs should not be taken, the ban on photographs will be announced.

This powwow should be a lot of fun for everyone. People are coming from all over B.C. to enjoy the weekend. There is plenty of parking at Princeton Secondary School in the parking lot and along the road.

This is the second year for the Spirit Festival, which is sponsored by members of Princeton District Arts Council, Upper Similkameen Indian Band, Lower Similkameen Indian Band and Penticton Indian Band with the assistance of a provincial grant and support from many volun-

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Similkameen News Leader TV Guide Listings - March 27 - April 2, 2012



Colby's team goes to final round

For the third year in a row, the Thompson Okanagan Female Midget AAA Rockets team is advancing to the final round of the BC Female Midget AAA Championship.

The semi-final round was played in Kelowna on the weekend of March 17-18 where the Rockets faced off against the Vancouver Fusion in a best out of 3 series.

Game 1 saw the Rockets go up on the Fusion by 2 - 0 at the 8:03 minute mark of the 2nd period. The first goal was scored by Kennedy Kneller (unassisted) and the second goal was scored by Jesse Keca (assisted by Maggie Shykula-Ross). With 19 seconds left in the second period the visiting Fusion team got one past Rocket's goalie Jamie Grove to make the game 2-1 heading into the 3rd. The 3rd period ended scoreless and the Rockets

won Game 1 by 2-1.

Game #2 on Saturday night saw a Rockets team come out determined to take the series in 2 games. At 5:58 of the '1st period Cora Sutton (assisted by Colby Williams) sent a rocket from the point to beat Fusion goaltender Cassidy Hendricks.

At 1:28 of the first period Colby Williams tipped another shot from Cora Sutton past Hendricks to put the score at 2-0 heading into the second period.

The Rockets dominated the Fusion in the second period and despite many more shots on goal were not able to put another one past Team

BC goalie Hendricks.

With 1:55 left in the third period and 6 attackers, the Fusion managed to put one past Rockets goalie Jamie Grove to put the game to a 1 goal spread. The Rockets however finished the game off strong and kept the Fusion from tying the game and won the semi final round of the playoffs.

The BC Female Midget AAA Championship was played at the Langley Sportsplex where the Rockets will faced off against the Fraser Valley Phantom in a best of 3 series on March 23rd, 24th and 25th.

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Tuesday Movies

AFTERNOON

3:00 pm SPIKE ch.44 "The Rock" (1996, Action) Sean Connery. A one-time escaped convict leads Navy SEALs onto Alcatraz to thwart a renegade colonel's rebels who threaten the area with warheads. (In Stereo)

EVENING

6:00 pm SPIKE ch.44 "The Rock" (1996, Action) Sean Connery. A one-time escaped convict leads Navy SEALs onto Alcatraz to thwart a renegade colonel's rebels who threaten the area with warheads. (In Stereo) 9:00 pm WTBS ch.3 "Meet the Fockers" (2004, Comedy) Robert De Niro. A man fears the worst when he accompanies his

fiancee's uptight father and mother to meet his free-spirited mom and dad.

KNOW ch.5 "Touching the Void" (2003, Adventure) Brendan Mackey. British mountain climbers Joe Simpson and Simon Yates try to scale Andean peaks in 1985. (CC)

11:00 pm WTBS ch.3 "Jungle 2 Jungle" (1997, Comedy) Tim Allen. A tribal boy leaves the Venezuelan jungle for the first time to visit his father in New York City.

News Leader Horoscopes

March 28 - April 4, 2012

ARIES - It is time to move forward with plans you made a month ago. Bring your thoughts to the surface, talk about what you want to do. You may have some original ideas, or can express the changes you want to make. Be careful you do not say things you can't take back. You will face opposition, restrictions.

TAURUS - Make sure you are maintaining a healthy lifestyle. You need to be careful not to overindulge in sweets, alcohol or laziness. You need to be active. Explore ideas you thought of a month ago. Take time to look into your inner self. You will be able to move ahead with plans in a couple of months.

GEMINI - Put your plans on the table, express your ideas. You may see unusual ways of doing things. You could be very original in your planning. This last couple of years have been not much fun, but you can stabilize your life and move forward in the near future. Guard against respiratory infections now.

CANCER - Career matters continue to be unpredictable, and you may be forced to consider changing how you earn a living. Be practical. If your ideas include working at home, do some serious planning to make a work space in which you can do serious work. Home is not what it should be at this time.

LEO - You are really going to have to buckle down to a budget for several months. Career matters run smoothly. Take a good inventory of what you own and what you value. It may be time to rid yourself of things you can turn into cash. Move toward increasing cash flow. Travel and study go hand in hand now.

VIRGO - Do not bottle up feelings of anger. Express them in constructive ways. Often working hard physically relieves inner stress. In another ten days you should be able to make a transition and have a lot more energy to use working toward a goal. Clear up unfinished projects, prepare to move ahead soon.

LIBRA - Interaction with others is very important now. Benefits can come to you through investments of both time and effort. Problems you faced on the job last month must be solved in the next two weeks. You can gain an advantage through sharing resources with another person. Watch out for oddball encounters.

SCORPIO - People are receptive to you and treat you well but you may have a lot going on in your inner self and may not appreciate all that others are doing for you. Remember to say thanks. Your job is very demanding at this time, and is not likely to ease up for another month. Hang in there, relax if possible.

SAGITTARIUS - Plans made about home a month ago need to be reviewed now. Discuss these things with partner or friend. Career demands seem to slack off for a short time now, so you can focus on home, property, family. In two weeks the pace picks up again for another three months. Enjoy this respite.

CAPRICORN - Home and family are important to you now but may be a source of disruption or unexpected events. Certainly, home life is your focus now. Career burdens may weigh you down a bit, but you can find time for fun with youngsters, pets, creativity and recreation. Enjoy as much as you can.

AQUARIUS - This is a time to revamp your budget and plan your spending for the rest of the year. Assess what you own and make plans to dispose of anything you don't want, particularly if you can turn unused articles into cash. Talk to people, run errands, get out and about. It will pay off in a number of ways.

PISCES - This is a good time to review what your values are, Partner and friends may seem too full of ego or energy, but put up with them for a couple of months more. Interacting with others right now is not as important as outlining to yourself what you want for yourself this year. Reading, talking helps.

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		WTBS ch.3	CHBC ch.4	KNOW ch.5	KSPS ch.6	KHQ ch.7	KREM ch.8	A&E ch.9	KXLY ch.10	BCTV ch.11	CITV ch.12	CBC ch.13	YTV ch.18	TSN ch.19	VTV ch.22	DISC ch.24	FAM ch.26	CITY ch.29	SPIKE ch.44	TROP ch.45
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News Leader Recipe

Cherry Upside Down Cake

(NC)—The simplicity of this cake can't be beat. Slightly caramelized sweet juicy cherries sit on a super moist vanilla cake.

Cherry Upside Down Cake

Prep time: 20 minutes / Baking time: 1 hour / Standing time: 15 minutes / Makes: 10 servings

Ingredients:

Filling:

- 3 tbsp unsalted butter (45 mL)
- 1/2 cup brown sugar (125 mL)
- 4 cups California cherries, pitted (1 L)

- 1/2 cup unsalted butter (125 mL)
- 1 cup granulated sugar (250 mL)
- 2 tsp vanilla (10 mL)
- 1 1/2 cups all-purpose flour (375 mL) 1 1/2 tsp baking powder (7 mL)
- 1/4 tsp each baking soda and salt (1 mL)
- 1/4 tsp nutmeg (1 mL)
- 1/2 cup buttermilk (125 mL)
- Icing sugar (optional)

Directions:

- 1. Preheat oven to 350°F (180°C). Grease a 9-inch (23-cm) baking pan. In small pan, melt butter, then stir in brown sugar, and cook until sugar dissolves and boils for 1 minute. Pour into pan and spread evenly. Arrange cherries in a single layer
- 2. Using an electric mixer, beat butter until creamy. Gradually add sugar and continue to beat until creamy. Add eggs one at a time, scraping down sides until blended. Add vanilla and beat. In a small bowl, stir flour with baking powder, baking soda, salt and nutmeg. Gradually add flour to butter mixture alternately with milk, starting and ending with flour.
- 3. Spread batter evenly over cherries. Bake in centre of preheated oven until a toothpick comes out clean, about 60 to 70 minutes. Check cake after 50 minutes, and cover loosely with foil if getting too dark. Run a knife around the edge of cake pan. After 15 minutes, carefully invert onto a cake plate. Serve warm or at room temperature. Just before serving, dust with icing sugar if you like.
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EVENING

9:00 pm WTBS ch.3 "Jungle 2 Jungle" (1997, Comedy) Tim Allen. A tribal boy leaves the Venezuelan jungle for the first time to visit his father in New York City.

11:00 pm WTBS ch.3 "The Ring 2" (1999, Horror) Miki Nakatani. A woman delves deeper into a myth that predicts death in seven days under mysterious conditions.



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		WTBS ch.3	CHBC ch.4	KNOW ch.5	KSPS ch.6	KHQ ch.7	KREM ch.8	A&E ch.9	KXLY ch.10	BCTV ch.11	CITV ch.12	CBC ch.13	YTV ch.18	TSN ch.19	VTV ch.22	DISC ch.24	FAM ch.26	CITY ch.29	SPIKE ch.44	TROP ch.45
6	AM :30	of the Night		Arthur O	Bob Build Clifford	KHQ News 6AM (N)	KREM 2 Morning	Criminal Minds O BE	News	(5:30) Morn- Ing News	(4:30) Morn- ing News	CBC News Now (4)	Kid vs. Kat Super Evil	SportsCen- tre 🕮	(5:30) CTV Morning	Breakout 🖾	Henrys Phineas	CityLine (N) 353	Repo Repo	TV-Torrens OpenSoon
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-	AM		Operation	Numbrjack	Sesame		The Price Is	Criminal	The View	Operation	Big Flip	Poko 🗺	Little Bear	Lumber	The View	Canada's		The Chew	CSI: Crime	Roseanne
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-	PM	The Office	The Doc-	Rob Robot	WordGirl	Ellen	Dr. Phil	Storage	Rachael	The Doc-	Young &	Figure	Almost	The second second second	Dr. Phil	Cash Cab	712377777	CityNews at	Auction	Intervention
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-	PM	Big Bang	Young &	G. Shrinks	Fetchl With	Jdg Judy	The Dr. Oz	Storage	The Nate	Young &	Early News	Stefano	SpongeBob		Ellen	Daily Planet	Phineas	How I Met	Auction	Intervention
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per	PM	Browns	News (N) ES	Jack 860	News	News	News	Storage	News	Early News	(4:59) News	News	Parents	Rangers at	CTV News	Bering Sea	Wingln' It	The Middle	Auction	Raymond
5	:30	Payne		Martha	Business	NBC News	CBS News	Storage	ABC News	Global Nat.	Hour (N)	News	SpongeBob	Winnipeg Jets. (N) 30	at Five (N)	Gold	Good Luck	Suburg.	Auction	Raymond
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Ö	:30	Family Guy	One World (N)	(N)	ac (DVS)	Chelsea	One World	Duck D.	Suburg.	One World (N)	One World (N)	Skating	Victorious	Off Record	10 finalists	as (0V3)	Random	EP Daily	Repo	ET Canada
0	PM	Movie: **	Chelsen	Waldbuhne	Quest-Maya	Bent "HD"	Criminal	Storage	Family	Chelsea	Chelsea	Republic of	Funniest Home	High Stakes Poker	perform. (N) 300	Sons of	Shake It	Seinfeld O	Auction	Roseanne
9	:30	"Jungle 2 Jungle"	Daughter	2008: Rhythms of	4	Bent (N) O	Minds O	Storage	Нарру	Daughter	Daughter	Doyle (N)	Videos	PORE		dulla 17 Avi	Wingln' It	Seinfeld 0	Auction	Raymond
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10	:30	Juiott.		Flamenco		Center	Scene	Dog	O BE		Final (N)		Mr. Young	110 (14) 353	Scene	Gold	CA Davon	Show	Am Digger	Gold Girls
14	PM	Movie: "The			Charlie Bose (All tot	News	News	Duck D.	News	News Hour	Ent	Stroumbou-	Splatalot	SportsCen- tre 80	CTV News	American	Ned's	Paid Prog.	Repo	Raymond
11	:30	Ring 2"	Final (N)	Construc-	Rose (N) and	Jay Leno	Letterman	Duck D.	Nightline	Final (N)	ET Canada	lopoulos	Weird	He an	CTV News	Chopper	Princess	Paid Prog.	Repo	Raymond

Around The Simileameen



Robin Lowe is the Operations Manager for Princeton & District Museum. She took on the role January 3rd and has an interest in programs that will attract young people to the facility. *



This diehard cyclist was testing his endurance March 2nd northbound on Highway 97 near the intersection of Highway 3A. Looks like the Ironman training has already begun! Photo: Arlene Arlow

BC funds local recreation projects

Two area communities are receiving a total of \$420,000 for recreation projects that will help encourage physical fitness and provide more activity options for families, announced March 22nd by Ida Chong, Minister of Community, Sport and Cultural Development.

Of this funding, \$240,000 is going toward installing a roof on the Tulameen ice rink arena - the only rink in the village. A covered, out-

door skating rink will encourage families to skate together, offering an active option regardless of weather. This improvement will make it simpler to plan skating activities.

The Town of Princeton will see construction of a pedestrian stair and path system, thanks to a \$180,000 investment. The pedestrian walkway and sidewalk improvement project will replace the exist-

ing trail, creating easier grades for pedestrians.

This will give residents better year-round access between the residential area and downtown, while offering spectacular views for visitors to the community.

Under the \$30-million Community Recreation Program, the Province is funding up to 80 per cent of eligible costs for 98 projects that will enhance recreation infrastructure provincewide. Projects include trails, bike paths, walkways, playgrounds and other indoor or outdoor recreation centres.

The total value of approved projects is more than \$70 million, which will create an estimated 458 direct jobs and 251 indirect jobs. Quote:

Ida Chong, Minister of Community, Sport and Cultural Development - "These investments will allow residents improved access to recreation amenities, enhancing the availability of local fitness options. Encouraging healthy, safe physical activity is a priority for the Province, and projects like this go a long way towards getting people engaged in staying fit. They make small rural communities more attractive to families and businesses around our province."



The Catholic Women's League once again offered up some wonderful baking and entertainment on Saint Patrick's Day in Keremeos. The Tea and Bake Sale is an annual tradition and includes an Irish sing-along. Photo: Artene Arlow



Taylor, Emily, Megan, Keisha and Ciara give us an interesting group shot last week. *

FIGHT THE PROBLEM WITH KNOWLEDGE

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Cindy Bittner offered up some wares at the March 17th Craft Sale and Bazaar upstairs at the Royal Canadian Legion hall in Keremeos. The first event was held in February and by popular demand, vendors set up a second time with antiques, crafts and nie-nacs. The group is considering holding the event once a month.

If you would like to set up a table call Cindy at Signz.ca in Keremeos. Photo: Arlene Arlow

RCMP report hydrant crash

During the early morning hours of March 18th an unknown motor vehicle went off road colliding with a fire hydrant at the corner of Tulameen Avenue and Asp Street in Princeton.

The operator of this vehicle left the scene without reporting the incident.

As a result of the collision, the fire hydrant was ruptured.

The water supply to the affected hydrant was shut off by a worker from the Town of Princeton, but not before flooding the street and causing damage to residential property in the area. The involved vehicle will likely have extensive body damage.

Police are asking for assistance

from anyone who may have information regarding this incident. You are asked to call the Princeton RCMP Detachment at 250.295.6911 or CrimeStoppers at 1-800-222-TIPS (8477).

Thursday Movies

EVENING

9:00 pm WTBS ch.3 "The Ring 2" (1999, Horror) Miki Nakatani. A woman delves deeper into a myth that predicts death in seven days under mysterious conditions.

11:00 pm WTBS ch.3 "Hard Rain" (1998, Action) Morgan Freeman. A thief, a sheriff and the nephew of an

armored-truck driver seek money bags in a flooding Indiana town.

SUBSCRIBE TO THE ROUGH LOADS

Similkameen Valley Mail - \$40.00 (Seniors Pay Only \$35.00) ALL PRICES INCLUDE TAXES

Elsewhere in Canada Mail - \$54.00 (Seniors Pay Only \$48.00) ALL PRICES INCLUDE TAXES

CALL FOR DETAILS Similkameen News Leader 250.295.4149

	WTBS ch.3	CHBC ch.4	KNOW ch.5	KSPS ch.6	KHQ ch.7	KREM ch.8	A&E ch.9	KXLY ch.10	BCTV ch.11	CITV ch.12	CBC ch.13	YTV ch.18	TSN ch.19	VTV ch.22	DISC ch.24	FAM ch.26	CITY ch.29	SPIKE ch.44	TROP ch.45
AM :30	of the Night	(5:30) Morning News (N) (to)	Arthur O Rob Robot	Thomas Clifford	KHQ News 6AM (N)	KREM 2 Morning News	Criminal Minds O 80	News	(5:30) Morn- ing News (N) &C	(4:30) Morn- ing News (N) RC	CBC News Now #6	Kid vs. Kat Super Evil	SportsCen- tre RC	(5:30) CTV Morning Live (N)	Natural Born Deal- ers	Henrys Phineas	CityLine (N) 36	Repo Repo	TV-Torrens Opening
	Cosby		HI-5 tot Magic Bus	Arthur Martha	Today Glada De	CBS This Morning (N)	Minds O ISS	Good Morn- ing America			Turbo Cat in the	Sidekick Beyblade	SportsCen- tre (cc)		Mayday sci	Suite/Deck Hannah	The Nate Berkus	CSI: NY "Buzzkill" (66)	Earth: Final Conflict O
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:30		Big Flip	Mr. Moon Save Ums	(EI) Sid	The Doc-	Young & Restless	Criminal Minds O @	Paid Prog.	Big Flip	Noon News		Big-Small G. Shrinks	Motorcycle Billiards	The Dr. Oz Show RC	Mayday "Blind Spot"	Manny Phineas	The Revolu-		Friends O
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2	Browns Payne	News (N) IS	Jack (cc) Martha	News Business	News NBC News	News CBS News	The First 48 kg	News ABC News	Early News Global Nat.	(4:59) News Hour (N)	News News	Parents SpongeBob	Flyers at To-	CTV News at Five (N)	Mayday (cc)	Phineas Phineas	Community 30 Rock	Jail 20 Jail 20	Friends ()
PM	Browns	Global Nat.	Parks Undersea	PBS News- Hour (N) RG	Millionalea	KREM 2 Nows at	The First 48 (N) list	News	(5:59) News Hour (N)	ET Canada Ent	News	Carly 36	SportsCen-	CTV News (N) O RE	Mayday Re	Phineas Phineas	Person of Interest (N)	IMPACT Wrestling	Friends () 3rd Rock
7 PM	Seinfeld O	Ent ET Canada	Canada: Over the	Profiles Spokane		6 (N) Inside Ed. Access H.	First 48: Missing	Ent The Insider	Ent ET Canada	Awake "Oregon"	Street (N) Jeopardy!	iCarly জ্লে Boys	tre (N) (sc)	etalk %0 Big Bang	Busters	Shake It	(7:02) Private	(N) O 86	3rd Rock
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,,,,,	2" (1999) Hitomi Sato		Rock Hudson	recover money, Rd	All Night Awake "Oregon"		(10:01) The First 48	(10:02) Privato	Awake	News Hour Final (N)		Videos Boys	Classix SportsCen- tre (N) %6			-	Seinfeld () The Nate	(9:35) Jail GTTV	Raymond Gold Girls
.00	Movie:	(N) O CHBC News	Black Cof-	Charllo	(N) n News	News	First 48:	Practice News	(N) O News Hour	Ent	Stroumbou-		SportsCen-	CTV News	Myth-	So Raven Ned's	Berkus Show Paid Prog.	Entourage MMA	Gold Girls Friends ()
7 :30	"Hard Rain"	Final (N)	fee O BE	Rose (N) Es	Jay Leno	Letterman	Missing	Nightline	Final (N)	ET Canada	lopoulos	Weird	tre to	CTV News	O &C	Princess	Paid Prog.	Entourage	Friends ()

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Friday Movies

AFTERNOON

5:00 pm SPIKE ch.44 "Star Wars IV: A New Hope" (1977, Science Fiction) Mark Hamill. Robots and other allies help a youth and a space jockey rescue a rebel princess and battle dark forces bent on intergalactic rule. (In Stereo)

EVENING

8:00 pm YTV ch.18 "17 Again" (2009, Comedy) Zac Efron. A 37-year-old gets the chance to correct the mistakes of his past when he is miraculously transformed into a teenager. (In Stereo) (CC)

Stereo) (CC)
FAM ch.26 "Air Buddies" (2006, Comedy) Patrick Cranshaw. Premiere. Five talking puppies band together to save their kidnapped parents. (In Stereo) (CC) SPIKE ch.44 "Crocodile' Dundee" (1986, Comedy) Paul Hogan. A rich reporter tours outback Australia with a crocodile

hunter, then brings him to Manhattan. (In Stereo) (CC) 9:00 pm WTBS ch.3 "Hard Rain" (1998, Action) Morgan Freeman. A thief, a sheriff and the nephew of an armored-truck driver seek money bags in a flooding Indiana town.

10:00 pm FAM ch.26 "Roxy Hunter and the Mystery of the Moody Ghost" (2007, Mystery) Aria Wallace. With help from her best friend, a 9-year-old tries to solve an enigma related to the supernatural. (In Stereo) (CC) 11:00 pm WTBS ch.3 "Metro" (1997, Action) Eddie Murphy. A hostage negotiator and a SWAT marksman track a psychotic jewel thief who killed a colleague.

NOWS LOAGOT

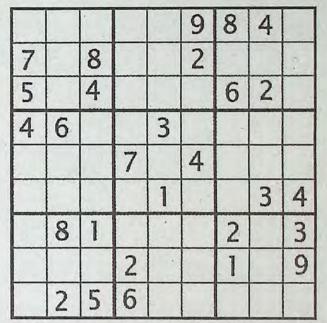
www.thenewsleader.net

News Leader Sudoku 395

by Carter Boswell

HOW TO PLAY:

Sudoku is a game of logic. There is no math involved. The object of the game is to fill the grid so that the numbers 1 through 9 appear only once in each row, column and 3 x 3 box. The numbers can appear in any order and Carter has left you some clues below.



THIS WEEK'S SOLUTION: Page 20

News Leader Sudoku grids, puzzles and solutions Copyright 2012 Carter Boswell, Princeton, BC and published by Similkameen News Leader

FRIDAY, MARCH 30, 2012 WTBS KNOW **KSPS** SPIKE CHBC KHQ KREM A&E **KXLY BCTV** CITY CBC YTV TSN VTV DISC FAM CITY TROP ch.3 ch.4 ch.5 ch.6 ch.7 ch.8 ch.9 ch.10 ch.11 ch.12 ch.13 ch.18 ch.19 ch.22 ch.24 ch.26 ch.29 ch.44 ch.45 AM In the Heat (5:30) Morn KREM 2 KHQ News (4:30) Morn-**CBC News** (5:30) CTV Arthur O **Bob Build** Criminal (5:30) Morn-Kld vs. Kat SportsCen-Junk Rald-Henrys CityLine MMA TV-Torren: of the Night Ing News 6AM (N) Morning Minds () 38 Morning ng News Ing News Now 30 re (ca (N) RE :30 Rob Robot Clifford Super Evil Phlneas Am Digger OpenSoor (N) KG Live (N) AM Cosby HI-5 EC Arthur Today Keri **CBS This** Criminal Good Morn Turbo Sidekick SportsCen-Sulte/Deck The Nate DEA Deep Mayday Kt Earth: Fina Morning (N Glassman; Minds O BC Ing America Berkus Conflict () :30 Magle Bus Martha Beyblade Easter (N) 0 aq Show baskets. 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Shrinks Billlards Mighty Phineas The Revolu- DEA '70s Show Young & Marllyn ors (N) ice Ships @0 four (N) :30 Pald Prog. **DebVPart** Rolle Polle Sit-Be Fit Debt/Part Artzooka Rescue Suite/Deck 70s Show Days of ou PM Law Order: Noon News Pingu (t) Charlie Paid Prog. The First The Chew Noon News **CBC News** Rated A College CTV News Mayday 20 Wizards DEA Juare: 70s Show Hour (N) Rose (N) Ita O [88] Hour (N) Lives (N) Now (N) O Basketball (N) (Ett Hospital Pald Prog. :30 King (N) O PM Amer. Dad Days of ou Doggy Color Days of or The Talk The First The Revol Days of ou The Talk Doc Zone Kld vs. Kat The Dr. Oz Mayday Ro CityLine and King Sonny Lives (N) 0 20 48 (6) Lives (N) :30 Scrapboo Super Evil Good Luck King PM King The Talk Franklin O Barney Judge B. Let's Make Sidekick Sulte/Deck CityNews at DEA "Flip 5 (N) 100 The Strip-The First General The Talk The Doc-Steven and Off Record Anderson Myth-Gold Girls tors (N) Iso Chris (N) O Hospita Busters ORG :30 King Little Bear Judge B. WordWorld Squirrel Interruption Ned's Gold Girls (N) O SportsCen-PM The Office The Doc-**Rob Robot** WordGirl Ellen Dr. Phil The First Rachael The Doc-Almost Dr. Phil Cash Cab Wizards CityNews at DEA Canadian tors (N) BE DeGeneres 48 30 Ray O Kd tors (N) IC Restless Skating tro (N) 20 ORG 6 (N) BB Pickers 20 :30 The Office Berenstain Sidekick How/Made Sulte/Deck PM Big Bang G. Shrinks Jdg Judy Storage The Nate Stefano Daily Planet Early News SpongeBob Hockey Phineas How ! Met DEA Canadian Restless Restless Berkus DeGener (N) E Pickers & Storage :30 Big Bang Arthur () Jdg Judy Global Nat. | Wheel NHL Kung Fu Phlneas 30 Rock Show Storage PM Browns News (N) BE Jack BE News News Early News (4:59) News News News Parents CTV News Random Who Do You Movie: 70s Show Montreal Hour (N) at Five (N) Planet (N) Martha Storage CBS News Canadiens :30 Payne Business NBC News **ABC News** Global Nat. SpongeBob Wars IV: A at New York Storage PM Browns Global Nat. Parks PBS News-News KREM 2 News (5:59) News ET Canada **CTV News** Shake It Fringe (N) 70s Show Rangers. Party With (1977) Mark Hour (N) ISE News at Hour (N) (N) 0 100 Millionaire :30 Payne Rivers Ent Unusual Austin King Street (N) PM Seinfeld () Ent fi Wash. Jeopardy! Inside Ed. Duck D. Ent Ent NHLetalk (td) Mayday 30 Random Mantracker King 7 :30 Seinfeld () ET Canada Dallas Stars Blg Bang 200 (DVS) ANT Farm Need Wheel Access H. Duck D. The Insider ET Canada Jeopardy! BigTime Movie: * * at Vancouver CSI: NY PM Family Guy Kitchen Great Per-Who Do You Undercover Duck D. Shark Tank Kitchen Movle: "Air Kitchen Figure Dally Plane 8 :30 Family Guy Nightmares sangel Boss (N) O Duck D. Canucks. Nightmares Nightmares Skating "Flash Pop" (DVS) "17 Again" "Crocodilo" (2009) Zac Dundee" (N) (2006) 34 PM Movie: * Nouse The Poirot The Primotime: House "The House "The Grimm (N) Unusual Grimm (N) CSI: NY Storage (1986) Paul Roseanne Seinfeld O "Flash Pop" Storage 9 "Hard Rain" Fix* 885 (1998, Ac-Third Girl" What Would Fix" 80 ORE Hogan. O Unusual Raymond (N) Seinfeld O Ringer (N) Storage PM tion) Ringer (N) News Hour National SportsCen- Blue Frezen Brandy & Gold Girls 10 :30 NBC (N) Rd Bloods (N) Bloods (N) Planet Hunter and Boys Ray J Am Digger | Gold Girls 035 ORO PM Movie: ** CHBC News Ancient Duck D. News Hour Ent SportsCen- CTV News Mayday 80 News Sports Stroumbou- The Next Am Digger 70s Show 11 :30 Metro Rose (N) 85 Jay Leno Letterman Duck D. Final (N) Clues 100 Final (N) Star O Bd Berkus lopoulos Nightline ET Canada CTV News Princess Ways Die '70s Show

Hews Leader Weekend - Saturday Movies

MORNING

8:00 am WTBS ch.3 "Meet Dave" (2008, Comedy) Eddie Murphy. Tiny aliens explore the wilderness of New York City in a human-sized spaceship modeled after their captain.

10:00 am WTBS ch.3 "Prime" (2005, Romance-Comedy) Meryl Streep. A recently divorced woman faces numerous challenges when she starts dating the son of her therapist.

AFTERNOON

12:00 pm FAM ch.26 "Snow Buddies" (2008, Comedy) Dominic Scott Kay. Adorable talking pup-nies hand together to compete in pies band together to compete in a dog-sled race across Alaska. (In

Stereo) (CC) 2:00 pm YTV ch.18 "Pokemon the Movie: White - Victini and Zekrom" (2011, Adventure) Voices of Sarah Natochenny. Ash and his friends battle with an ancient Polymon to save Vicinti and a town

from disaster. (In Stereo) (CC)
SPIKE ch.44 "Star Wars IV: A New
Hope" (1977, Science Fiction) Mark
Hamill. Robots and other allies help a youth and a space jockey rescue a rebel princess and battle dark forces bent on intergalactic rule. (In Stereo)

5:00 pm WTBS ch.3 "Midnight in

the Garden of Good and Evil" (1997, Drama) Kevin Spacey. A reporter covering a society Christmas party in Savannah, Ga., stays for the host's murder trial. SPIKE ch.44 "Star Wars V: The Empire Strikes Back" (1980, Science Fiction) Mark Hamill. Yoda teaches Luke Skywalker to be a Jedi knight, and Han Solo woos Princess Leia, as Darth Vader returns to threaten the rebel forces trying to save the galaxy. (In Stereo)

EVENING

8:00 pm WTBS ch.3 "Good Will Hunting" (1997, Drama) Matt Damon. A therapist, a mathematician and working-class roughs vie for the soul of a janitor with a genius IQ.

KSPS ch.6 "West Side Story" (1961, Musical) Natalie Wood. Rival New York City gangs affect the love of a young man and woman from

of a young man and woman from each side. (In Stereo) (CC)
YTV ch.18 "The Flintstones"
(1994, Comedy) John Goodman.
Betty's Barney helps Wilma's Fred move up the ladder at Slate & Co. in Stone Age Bedrock. (In Stereo) (CC) 9:00 pm FAM ch.26 "Lost in Yonkers" (1993, Drama) Richard Dreyfuss. Motherless siblings observe their hoodlum uncle and strange aunt while staying with their grandmother in 1942 New

York. (In Stereo) (CC) CITY ch.29 "Boiler Room" (2000, Drama) Giovanni Ribisi. Eager to win the approval of his demanding father, a young man begins working for a dubious stock firm. (CC) 10:30 pm WTBS ch.3 "Cinderella

Man" (2005, Biography) Russell

Crowe. Despite a string of losses and injuries, boxer Jim Braddock makes a dramatic comeback and faces champion Max Baer.

10:54 pm FAM ch.26 "Skyrunners" (2009, Science Fiction) Kelly Blatz. A teen and his younger brother uncover an extraterrestrial plot

against Earth. (In Stereo) (CC) 11:00 pm IOCLY ch.10 "Little Man" (2006, Comedy) Shawn Wayans. A very small fugitive from the law poses as a toddler to gain access to the stolen gem he stashed in a woman's purse.



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		WTBS	CHBC	KNOW	KSPS	KHQ	KREM	A&E	KXLY	BCTV	CITV	CBC	YTV	TSN	VTV	DISC	FAM	CITY	SPIKE	TROP
	ARA	Ch.3	ch.4	ch.5	ch.6	ch.7 (5:00) Today	ch.8 (5:00) CBS	ch.9	ch.10	ch.11	ch.12 Saturday	ch.13	Ch.18 Kid vs. Kat	ch.19	ch.22	Ch.24	Jungle	ch.29	Ch.44	TV-Torrens
6	:30	Pald Prog.	Big Coast	Dinosaurs	Fly Tying	(N) O 50	This Morn-	House ED	Wall Street	Big Coast ,	Morning	Busytown	Super Evil	Curing	O RE	Breakout ss	Movers	AspireTV	Repo	Pald Prog.
	AM	Paid Prog.	Saturday	Arthur O	MotorWeek	KHQ Local	Ing Doodlebop	Flip This	Good	Saturday	News (N)	Animal	Rated A		-	Mighty	Manny	Eye/Asla	Repo	Canadian
7	:30	Paid Prog.	Morning	Dino Dan	Greener	News (N) RE	Doodlebop	House (2)	Morning	Morning	_ 1	Super Why!	Kld vs. Kat			Ships Ko	Never Land	Carlbbean	Repo	Pickers 80
	AM	Movie: **	News (N) III	Making	Woodsmith		Busytown	FlipThis	J. Hanna	News (N) 🖾		Doodlebop	30-00 30 30 30	SportsCen-	Hobo	Mayday &C	Phineas	Polish	Xtreme 4x4	Friends O
8	:30	"Meet Dave"		Clifford	Hometime		Busytown	House Et	Ocean			Goldfish	Almost	tro 80	Hobo		Sulte/Deck	Studio Rd	Horse.	Friends 0
	AM	(2008) Eddie Murphy.		WordWorld	Rough Cut		Danger	Flip This	Explore		Driving TV	Figure	SpongeBob	Motoring	Corner Gas	Mayday	Wizards	EP Weekly	Trucks! O	70s Show
9	:30			Mag Fero	Old House		ATP Tennis:	House RD	Health		Fishing	Skating	Super Evil	Motorcycle	Corner Gas	*Bad At-	Wingin' It	Reviews	MuscleCar	'70s Show
	AM	Movie: **%	Fish'n	Rolie Polie	Old House	Red Bull	Sony Erics-	Flip This	Food	Fish'n	Powerboat	NHL Hock-	T.U.F.F.	Score Golf	SickKids	titude" Man vs.	ANT Farm	Tow Biz	Auction	Frasier O
10	:30	"Prime" (2005) Meryl	Fishing	Making	Kitchen	Signature Series (N)	son Open, Women's	House Bit	Culture	Fishing	Tradition	ey: Ottawa	Sidekick	Pregame	Founda-	Wild &C	Jessie 🔞	Ed's Up	Auction	Frasier O
		Streep.	Powerboat	Martha	Cooking	O BO	Final. (N) 📾	Dog the	Mike	Powerboat	Simpsons	Senators at Philadelphia	Kung Fu	MLS Soc-	Is Written	Gold Rush	Austin	cooking	Auction	King
11	:30		Tradition	Wild Kratts	Cooking			Bounty Hunter	Pald Prog.	Tradition	Simpsons	Flyers. (N)	Beyblade	cer: Colum- bus Crew at	Car Bnss	O EC Shak	Shake It	Role	Auction	King
-	PM	Jim.	News	Gardens	Cook's	PGA Tour	Blg Dance	Dog the	Pald Prog.		PGA Tour	(2.10)	Pokémon	Toronto FC.	SportsCen-	Sons of	Movie:	Travels	Trucks! O	Friends O
12	:30	Browns	PGATour	Gardens	Victory	Golf: Shell Houston	Reel The Final	Bounty Hunter	Paid Prog. PGA To Ball Boys Golf: S Housto Open,	PGA Tour	Golf: Shell Houston		Power	(N)	tre O Rti	Guns 🖾	"Snow Buddies"	Planet	MuscleCar	Friends 0
	PM	King	Golf: Shell Houston	Parks	Antiques	Open, Third		Dog		Golf: Shell	Open, Third	Figure	Yu-Gi-Oh!	MLS Soc-	Canada's	Frozen	(2008) 0	Paid Prog.	Auction	Drew
1	:30	King	Open, Third	Can. Parks	Roadshow	Round. (N)	Four Show	Dog .		Open, Third		Skating	Almost	cer: Impact at Red Bulls	Worst	Planet	Phineas	Paid Prog.	Auction	Drew
-	PM	Family Guy	Round. (N) 🖾 Rivers	Rivers	Inside		(14)	Dog	ESPN	Round. (N) RE	1	Game Day	*Pokemon	ut i lee boils	Worst	Myth-	ANT Farm	Tow Biz	Movie:	3rd Rock
2	:30	Family Guy		Rivers	Fenway			Dog	Sports Sat- urday (N)	P-01/1			the Movie"		Handyman	Busters 0 80	Suite/Deck	Ed's Up	*** * *Star Wars IV: A	3rd Rock
0	PM	The Office	Simpsons	Meerkat	Globe Trek-	Athlete	2012 NCAA	Dog the	diday (iv)	Simpsons	Family Guy	National		2012 NCAA	Denis How/Ma	Cash Cab	Good Luck	CityNews	New Hope*	Cake Walk
3	:30	The Office	Simpsons	Our Part	ker O	Zula Patrol	Basketball Tourna-	Bounty Hunter	-	Simpsons	Family Guy	HNIC		Basketball Tourna-		How/Made	Sonny	cooking	(1977) Mari Hamill, O	-
A	PM	Seinfeld 0	Family Guy	Virus Hunt-	Steves	Shelldon	ment	Storage	The Insider	Family Guy	Family Guy	NHL	Victorious	ment		Cash Cab	Jessie 🖾	G. Martin		King
4	:30	Seinfeld ()	Family Guy	ers III	Travel	Dragon		Storage	Норе	Family Guy	Global Nat.	Hockey: Regional	Victorious			Cash Cab	Wizards	Out There		King
-	PM	Movie: **%	Family Guy	The Story	Old Guys	News		Storage	News	Family Guy	(4:59) News	Coverage. (N) (Live)	Victorious		Movio	Flying Wild	Shake It	Murdoch	Movie:	Drew
5	:30	"Midnight in the Garden	News	of Science	Wait	NBC News	2012 NCAA	Storage	ABC News	Global Nat.	Hour (N)	[14] (CAR)	Victorious	2012 NCAA	etalk KC	Alaska 26	Austin	Myster- les O	**** *Star Wars V:	Drew
0	PM	of Good and Evil* (1997,	Global Nat.	Hope for	Lawrence	News	Basketball Tourna-	Storage	News	(5:59) News	16x9 50		Mr. Young	Basketball Tourna-	CTV News	Dirty Jobs	Good Luck	Murdoch	The Empire	3rd Rock
6	:30	Drama)	News	Wildlife EG	Welk	Wheel	ment	Storage	Paid Prog.	Hour (N)			Mr. Young	ment	(N) 0 20	U BO	Really Mo	Myster- les O	Strikes Back" (1980)	3rd Rock
7	PM		16x9 🖾	Wild Again	Кеер Up	Criminal		Parking	Entertain- ment	16x9 🖽	The Celebrity	NHL Hock- ey; Calgary	Mr. Young		W5 (N) O B5 (DVS)	Company of the Compan	Wizarda	Murdoch	0	Cake Walk
1	:30			O am	As Time	Minds O III		Parking	Tonight		Apprentice	Flames at	Mr. Young		(043)	Chopper	Sulte/Deck	Myster- les O		
0	PM	Movie:	The Celebrity	Heartbeat	Movie:	Escape Routes	Access Hol- lywood (N)	Parking	Wipeout	The Celebrity	(N) O III	Vancouver Canucks.	Movie: **%*The	SportsCen- tre (N) 25	Flashpoint (DVS)	Bering Sea Gold	Sonny ·	CityNews	Am Digger	Instant
0	:30	"Good Will	Apprentice	Diez	*West Side	O BS	1,711000 (11)	Parking		Apprentice		(N) B0	Flintstones"		(510)	GOIG	Random	G. Martin	Am Digger	Instant
9	PM	Hunting" (1997) Matt	(N) O BE	Midsomer Murders	Story" (1961) Nata-	The Firm	Pald Prog.	Storage	20/20 *My Extreme	(N) O EE	The Firm		(1994) 0	Goose Mil	Criminal Minds O	Dirty Jobs	Movie:	Movie:	Repo	Drew
3	:30	Damon.		"A Sacred	lie Wood. O	0	Scrubs 0	Storage	Affliction" (N)			HNIC After Hours					in Yonkers*	Room*	Repo	Drew
10	PM		The Firm	Trust"	Law & C	Law & Or- der: SVU	Grey's Anatomy @	Storage	0.00	The Firm	News Final		Weird	SportsCen- tre (N) 50	The Listener so	Flying Wild Alaska 20	(1993) 0	(2000, Drama) 🕮	Repo	3rd Rock
10	:30	Movie:		Canada: Over the	Worst W'k	der: SVU		Storage			(10:35) Saturday	Seeking	Welrd		(DVS)				Repo	3rd Rock
11	PM	"Cinderella	News Final	Edge	Austin City	News	News	Parking	Movie:	News Final	Night Live	News	Splatalot	SportsCen- tre &2	CTV News	American Chopper	(10:54) *Sky- runners*	Out There	Repo	King
	:30	Man"	SNL	Rivers		-	The Closer	Parking "Little Man" St		Might Live	Hockey	Splatalot		CTV News	Simple	. Jimola	Money	Repo	King	

News Leader Weekend - Sunday Movies

MORNING

8:00 am WTBS ch.3 "Final Destination 3" (2006, Horror) Mary Elizabeth Winstead, A high-school senior and her friends must deal with repercussions of cheating death when they survive a terrible rollercoaster accident.

A&E am "Independence Day" (1996, Science Fiction) Will Smith. Premiere. A fighter pilot, a computer whiz and others fight back

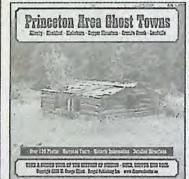
after 15-mile-wide alien ships zap Earth's major cities. (CC)
SPIKE ch.44 "Crocodile Dundee" (1986, Comedy) Paul Hogan. A rich reporter tours outback Australia with a crocodile hunter, then brings him to Manhattan. (In Stereo) (CC) 10:00 am WTBS ch.3 "Meet Dave" (2008, Comedy) Eddie Murphy. Tiny aliens explore the wilderness of New York City in a human-sized spaceship modeled after their captain.

am SPIKE

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"Crocodile Dundee II" (1988, Comedy) Paul Colombian drug dealers pursue the outback he-man and his Manhattan girlfriend Australia. (In Stereo)

AFTERNOON

12:00 pm WTBS ch.3 "Phat Girlz" (2006, Comedy) (2006, Mo'Nique. Two large women one a tart-tongued gal who wants to be a fashion designer struggle to find love and acceptance in a culture where thin is in. FAM ch.26 "Wizards of Waverly Place: The Movie" (2009, Comedy) Selena Gomez. A young wizard conjures a spell that puts her family in jeopardy. (In Stereo) (CC) 2:00 pm YTV ch.18 "The Little

Rascals" (1994, Comedy) Travis Tedford. For wooing Darla, Alfalfa has a falling out with Spanky and the all-boys clubhouse gang. (In Stereo) (CC)
SPIKE ch.44 "Star Wars V: The
Empire Strikes Back" (1980,
Science Fiction) Mark Hamill. Yoda teaches Luke Skywalker to be a Jedi knight, and Han Solo woos Princess Leia, as Darth Vader returns to threaten the

rebel forces trying to save the galaxy. (In Stereo)
3:00 pm VTVch.22 "Trekkies"
(1997, Documentary) Denise Crosby. Actress Denise Crosby journeys into the "Star Trek" subculture and examines the sci-fi

phenomenon's impact on fans. (In Stereo) (CC) 4:00 pm YTV ch.18 "Dennis the Menace" (1993, Comedy) Walter Matthau. The comic-strip mop-pet plays pranks on Mr. Wilson,

the crotchety fellow who lives next door. (In Stereo) (CC) 5:00 pm WTBS ch.3 "Body of Lies" (2008, Drama) Leonardo DiCaprio. A CIA operative hatches a dangerous plan to catch the leader of a terrorist organization, but conflicts with his two closest allies may cost him his life.

CBC ch.13 "The Incredibles" (2004, Adventure) Voices of Craig T. Nelson. Animated. Now fighting boredom in suburbia, a former superhero and his family

get a chance to save the world. (In Stereo) (CC)
SPIKE ch.44 "Star Wars VI:
Return of the Jedi" (1983, Science Fiction) Mark Hamill. Luke Skywalker, now an experienced Jedi knight, tries to discover Darth Vader's identity. (In Stereo)

EVENING

6:00 pm YTV ch.18 "Dennis the Menace Strikes Again" (1998, Comedy) Don Rickles. A devilish boy introduces his grandfather to crotchety neighbor Mr. Wilson and thwarts two con men. (In Stereo) (CC)

CITY ch.29 "Hooked on Speedman" (2008, Comedy) Nicholas Carella. Two friends have wacky adventures while aspiring to make a documentary about actor Scott Speedman. (CC) (DVS)

7:30 pm WTBS ch.3 "Beyond a

Reasonable Doubt" (2009, Drama) Jesse Metcalfe. A jour-nalist's plan to expose a corrupt district attorney backfires when the journalist's quarry gets wind

of the set-up.
8:00 pm SPIKE ch.44 "Star Wars
VI: Return of the Jedi" (1983, Science Fiction) Mark Hamill. Luke Skywalker, now an experienced Jedi knight, tries to discover Darth Vader's identity. (In Stereo)

9:00 pm "Motocrossed" 9:00 FAM (2001, Adventure) Alana Austin. Feeling responsible for her twin brother's injury, a teenager pre-tends to be him and competes in a series of motocross races. (In Stereo) (CC)

CITY ch.29 "Boiler Room" (2000, Drama) Giovanni Ribisi. Eager to win the approval of his demanding father, a young man begins working for a dubious stock firm. (CC)
9:30 pm WTBS ch.3 "The

Messenger: The Story of Joan of Arc" (1999, Historical Drama) Milla Jovovich. A girl has visions from God and, at 17, leads an army of Frenchmen, but later she is burned at the stake for heresy.

10:32 pm FAM ch.26 "It Could Happen to You" (1994, Romance-Comedy) Nicolas Cage. A New York policeman keeps his promise to split a \$4 million lattery prize with a waitmillion lottery prize with a wait-ress, but his wife objects. (In Stereo) (CC)

SUNDAY, APRIL 1, 2012

		WTBS ch.3	CHBC ch.4	KNOW ch.5	KSPS ch.6	KHQ ch.7	KREM ch.8	A&E ch.9	KXLY ch.10	BCTV ch.11	CITV ch.12	CBC ch.13	YTV ch.18	TSN ch.19	VTV ch.22	DISC ch.24	FAM ch.26	CITY ch.29	SPIKE ch.44	TROP ch.45
	AM	Sports	Angler	To School	Mr. Rogers	Today (N)	Paid Prog.	The Sopra-	Paid Prog.	Angler	Canada	Super Whyl	Kld vs. Kat	SportsCen-	Road to	Gold Rush	Jungle	Tow Biz	Auction	TV-Torren
6	:30	Mad About	Fishful	Dinosaurs	Signing	O 660	Pald Prog.	nos n 🖼	Wall Street	Fishful	TribalTrail	Artzooka	Super Evil	tre 🖾	Avonlea O	O (65)	Movers	ChurchRck	Auction	Pald Prog
7	AM	Career Day	Driving TV	Rob Robot	Wild	KHQ News	CBS News	The Sopra-	Good	Driving TV	Sunday	Coronation	Rated A	The Report-		To Be An-	Manny	Eye/Asia	Xtreme 4x4	Interventi
-	:30	P. Affairs	Canada	Magle Bus	Clifford	Invest	Sunday Morning	nos () BO	Morning America	Canada	Morning News (N)	Street 20	Kld vs. Kat	ers	Denis	nounced	Mickey	Dharti	Horse.	Canada (
0	AM	Movie:	Sunday	Shaun	Curious	Meet the	(N) (ED)	The Sopra-	This Week	Sunday		Coronation	SpongeBob	TO SHARE THE RESERVE OF THE SHARE OF	Hobo		Phineas	Pakistan	Trucks! O	Friends (
0	:30	** *Final Destination	Morning News (N) RG	Shaun	Cat In the	Press (N) BC	Face the	nos () Ed		Morning News (N) 50		Street ©0	Almost	tre @0	Children		Suite/Deck	Festival	MuscleCar	Friends (
0	AM	3" (2006,		Arthur O	Everyday	Babar so	Nation (N) O	Movie: ***	Matthews		Block	Coronation	SpongeBob	E:60 KD	PLAN	Mighty	Wizards	Italiano di Johnny	Movie: ***	'70s Show
9	:30	Horror)		Hedgehog	The Impact	NHL	Horseland	"Indepen- dence Day"	NBA		Context	Street #0	SpongeBob		Canada O Ed	Planes @	Warthogs!	Lombardi	Hogan, O	'70s Show
40	AM	Movle: **	Block	Wild Kratts	Inside	Hockey: Regional	ATP Tennis:	(1996) Will	NBA Bas-	Block	Hour of	Coronation	SpongeBob		Operation	Prank Sci	ANT Farm	(in Italian) 188		Frasier O
10	:30	"Meet Dave" (2008) Eddie	Context	Little	Olympia 30	Coverage.	Sony Erics- son Open,	miere, 20	ketball: Chi- cago Bulls	Context	Power BD	Street au	Parents	World Men's Champi-	Smile ED	Auction	Jessie 🖾			Frasier O
44	AM	Murphy.	Hour of	Little	Inside	(N) O (Live)	Men's Final.		at Oklahoma	11001 01	SImpsons	Coronation	Penguins	onship:	Question	Flying Wild	Austin	cooking		King
11	:30		Power Ico	Think Big	Europe Jrnl		From Miami.		City Thun- der. (N)	Power Sti	SImpsons	Street 80	Kid vs. Kat	Canada vs. United	Period Ma	Alaska 🖾	Shake It	Paid Prog.	Movie: **	King
10	PM	Movle: **	News	Dogs/Jobs	Moyers &	PGA Tour		Dog		News	PGA Tour	Land/ Sea	Squirrel .	States.	SportsCen-	Mounted	"Wizards	Travels	"Crocodile Dundee II"	Friends O
12	:30	"Phat Girlz" (2006)	PGA Tour	Dogs/Jobs	Company O	Golf: Shell Houston	Kings of the	Dog Duck D.	NBA Basketball: Miami Heat	PGA Tour	Golf: Shell Houston	One/One	Super Evil	(N) ESI	tre O Rei	Odditles	of Waverly Place"	I Cook	(1988) Paul	Friends O
-4	PM	Mo'Nique.	Que. Golf: Shell Undersea	Undersea	Pops	Open, Final	Court (N)			Golf: Shell Houston	Open, Final	Q With Jian	ICarly ®0	Boxing:	W5 O 20	Hilibilly	1,100	Law & Or-	Hogan. O	Drew
1	:30		Open, Final	Undersea		Round. (N) (Live) RC	High	Duck D.	at Boston	Open, Final	Round. (N)	Ghomeshi	Blg Time	Hank Lundy vs. Dannie	(DVS)	Handfishin'	Phineas	der: SVU		Drew
0	PM	The Closer Ro	Round. (N)	First on the			School Basketball	Duck D.	Celtics. (N) (Live) 30	Round. (N)	1		Movie:	Williams.	In Fashion	Myth-	ANT Farm	Law & Or-	Movie:	3rd Rock
2	:30			Moon	formances American			Duck D.				Chris tel	"The Little Rascals"	(Taped)	First Story	Busters 0 20	Sulte/Deck	der: SVU	**** "Star Wars V:	3rd Rock
0	PM	Big Bang	Simpsons Ancient Yide	Yiddish	Paid Prog.	Motorcycle	Storage	Made in	Simpsons		Dragons'	(1994)	NBA Baskethall	Movie: ***	Cash Cab	Good Luck	CityNews	The Empire	Intervention	
3	:30	Big Bang	Simpsons	Clues 80	theater. ()	Dr. Ho NUMB3RS	Racing Backroads	Storage	Hollywood	Simpsons	Family Guy	-	Super Evil	Wizards at	(1997) De- nise Crosby.	How/Made	Random	Two Men	Strikes Back" (1980)	Canada O
A	PM	Blg Bang	Family Guy					Storago	Heartland	Family Guy	Family Guy		Movie: **			100000000000000000000000000000000000000	Jessie 20	Funnlest	Back (1880)	King
4	:30	Big Bang	Family Guy	Wildlife 80	ment Parks	O BE	Inside Edit.	Storage	RE (DVS)	Family Guy	Global Nat.	Wheel	"Dennis the Menace"	Toronto Rap- tors. (N)		Planes 80	Wizards	Home Videos		King
-	PM	Movie: **	Family Guy		Hometime	Nows	News	Storage	News	Family Guy	(4:59) News	Movie:	(1993) 0		First Story	Titanic: The	Shake It	Canada's	Movie:	Drew
5	:30	"Body of Lies" (2008)	News	The Mind	Old House	NBC News	CBS News	Storage	ABC News	Global Nat.	Hour (N)	*** "The Incredibles"		The An-	Fashlon	Aftermath (N) Md (DVS)	Austin	GotTalent	*** Star	Drew
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6	:30	DiCaprio.	News	Over the Edge	0 30	Jdg Judy	News at 6 (N)	Storage	Health	Hour (N)	Cleveland		Menace Strikes	ment (rv) see	(N) O 80		Debral O	"Hooked on Speedman"	the Jedi* (1983) Mark	3rd Rock
-	PM		Burgers	Ultimate	Finding	Dateline	60 Minutes	Breakout	Funniest	Burgera	Napoleon	Spelling	Again"	SportsCen-	Once Upon	Myth-	Wizards	(2008,	Hamill.	Interventi
1	:30	Movie: *4	Claveland	Viper O NG	Your Roots	NBC (N) RE	U SC	Kings (N) RE	Home Videos	Cleveland	Napoleon	Night	Weird	tre (N) (Live)	aTime (N)	Busters O 80	Suite/Deck	Comedy)		Canada O
0	PM	"Beyond a Reasonable	Simpsons	Monarch	Masterplece		The 47th	(8:01)	Once Upon	Simpsons	Simpsons	Figure Skat-	Mr. Young	-	The 2012	Titanic: The	Sonny	CityNews	Movie:	Intervention
8	:30	Doubt* B	Burgers	of the Glen (N)	Classic (N)	Celebrity Apprentice	Annual Academy	Breakout Kings	a Time (N)	Burgers	Burgers	Ing: World Champion-	Mr. Young	Motoring	Juno Awards	Aftermath (DVS)	Kings	G. Martin	***h"Star Wars Vi:	Canada 0
^	PM		Family Guy	Lewis Lewis		A celebrity	of Country	Storage	Desperate	Family Guy	Family Guy	ships: Gala.	Boys	SEC Sto-	Canada's	(0/0)	Movie: ***	Movie:	Return of	Drew
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Town of Princeton Public Works Manager Henry Rykers, left, is assisted Thursday, March 22nd by Councillors Marilyn Harkness, Jason Earle and Kim Maynard in removing chain link fencing at the top of the First Bench to downtown 'zig zag.' The Province of BC announced funding for the project last week to which Deputy Mayor Jason Earle commented, "Our patience and vision for an enhanced trail that connects the benches to downtown have paid off with the announcement of this provincial funding. Not only will residents benefit from the new trail but the enhancements will also be an attraction for our visitors.

Our next steps are to finish construction drawings and get building." - Photo: Town of Princeton

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Monday Movies

AFTERNOON

2:00 pm SPIKE ch.44 "Star Wars VI: Return of the Jedi" (1983, Science Fiction) Mark Hamill. Luke Skywalker, now an experienced Jedi knight, tries to discover Darth Vader's identity. (In Stereo)

EVENING

9:00 pm WTBS ch.3 "Delta Farce" (2007, Comedy) Larry the Cable

Guy. An Army officer mistakes three buddies for Army Reservists and deploys them to Iraq, but their vehicle is prematurely ejected over Mexico.

11:00 pm WTBS ch.3 "Code Name: The Cleaner" (2007, Comedy) Cedric the Entertainer. A janitor with amnesia becomes convinced he is an undercover agent involved in a federal investigation of an international arms ring.

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MONDAY, APRIL 2, 2012

		WTBS ch.3	CHBC ch.4	KNOW ch.5	KSPS ch.6	KHQ ch.7	KREM ch.8	A&E ch.9	KXLY ch.10	BCTV ch.11	CITV ch.12	CBC ch.13	YTV ch.18	TSN ch.19	VTV ch.22	DISC ch.24	FAM ch.26	CITY ch.29	SPIKE ch.44	TROP ch.45
-		In the Heat	(5:30) Morn-	Arthur O	Bob Bulld	KHQ News	KREM 2	Criminal	News	(5:30) Morn-	(4:30) Morn-	CBC News	Kid vs. Kat	SportsCen-	(5:30) CTV	Mighty	Henrys	CityLine	Auction	Debt/Part
6	:30	of the Night	Ing News (N) Ed	Rob Robot	Clifford	GAM (N)	Morning News	Minds O Ka		Ing News (N) (c)	Ing News (N) kg	Now &C	Super Evil	tro 80	Morning Live (N)	Ships	Phineas	(N) &C	Auction	Debt/Part
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1	:30	Cosby	- 1	Magle Bus	Martha	0 868	Morning (N)	Minds O Kc	ing America (N) kg			Cat in the	Beyblade	tre (c)	-	"Falling Fast"	Hannah	Berkus Show	0 200	Canada Ro
-	AM	Excused		WordWorld	Curlous			CSI: Mlami			100 Huntley	Bo On/Go	Pokémon	SportsCen-		Licence to	ANT Farm	Rachael	CSI: Crime	Bubble
8	:30	Excused		Dinosaur	Cat In the			"Rush" (cc)			Street IXI	Busytown	Kld vs. Kat	tre RG		Drill &c	Phineas	Ray O 30	Scene	Wrap Klds
-	AM	Family Fd	100 Huntley	Garth-Bev	Super Why!		The 700	CSI: Miami	Livel With	100 Huntley	World VI-	Super Why!	Rescue	SportsCen-	Live! With	Cash Cab	Mickey	Access	CSI: Crime	Bubble
9	:30	Family Fd	Street 🖾	Princess	Dinosaur		Club 88	U REI	Kelly O RE	Street BC	sion (E)	News	Berenstaln	tre sc	Kelly O KO	Cash Cab	Never Land	Hollywood	Scene	Wrap Kids
	AM	Millionaire	World VI-	Numbrjack	Sesame		The Price Is	Criminal	The View	World VI-	Big Flip	Poko 🖾	Little Bear	Sportfish	The View	Breakout Ro	Mickey	The Chew	CSI: Crime	Roseanne
10	:30	Millionaire	sion 🖾	Mr. Moon	Street ()		Right (N)	Minds O RC	(N) O (60	sion (St)	Debt/Part	Doodlebop	Fly. Rhino	PBA Bowl-	(N) O REC	-	Manny	U 383	Scene	Roseanne
	AM	Law Order:	Blg Flip	Save Ums	Sid	The Doc-	Young &	Criminal	Pald Prog.	Big Flip	Noon News	Animal	G. Shrinks	ing -	Marilyn	Worst	Phineas	The Revolu-		King
11	:30	CI	Debt/Part	Rolle Polle	Sit & Be Fit	tors ED	Restless	Minds O Rd	Pald Prog.	Debt/Part	Hour (N)	Artzooka	Rescue		Denis	Handyman	Suite/Deck	tion	Scene	King
	PM	Law Order:	Noon News	Pingu 80	Charlie	Pald Prog.	News	The First	The Chew	Noon News	Days of our	CBC News	Rated A	Motoring	CTV News	Mighty	Wizards	General	CSI: Crime	King
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1	:30	Earl	Lives (N)	Zoboom	Sewing	Lives (N)	O ES	48 एव	tion	Lives (N)	O RG	BED (DVS)	Super Evil	Mstrs.	Show &	Auction	Zoey 101		Scene	3rd Rock
-	220	King	The Talk	Franklin O	Barney	Willa's	Let's Make	The First	General	The Talk	The Doc-	Steven and	Sidekick	Off Record	Anderson	Myth-	So Raven	CityNews at	Movie:	Gold Girls
2	:30	King	0 20	Little Bear	WordWorld	Judge B.	a Deal (N)	48 KG	Hospital	U ES	tors 🗯	Chris (N) O	Squirrel	Pardon	O RE	Busters	Ned's	5 (N) SCI	*** Star	Gold Girls
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4	1820		Restless	Arthur O	Wild Kratts	Jdg Judy	Show &C	"Rocky"	Berkus	Restless	Global Nat.	Wheel	Penguins	Pardon	DeGeneres	(N) RC	Phineas	30 Rock		Wrap Kids
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5	PM	Browns	140413 (14) 1111	Martha	Business	NBC News	CBS News	"Robby"	ABC News	Global Nat.	Hour (N)	News	SpongeBob	Poker	at Five (N)	Busters	Good Luck	Got Talent	Ways Die	King
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8	:30	Family Guy Family Guy	Bones (N)	Henry VIII: The Mind	Antiques Roadshow (N)	The Voice Vocalists from two	Broke Girl	(8:01) Inter- vention 20	With the Stars (N	O (PA) RE	O (PA) SEC	Mosque	Victorious	SportsCen-	Vocalists from two	se (DVS)	Wizards	EP Daily	Ways Die	ET Canada
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Food Sovereignty Tour

BC Southern Interior MP Alex Atamanenko & Guests



MP Alex Atamanenko, standing, was joined by Colleen Ross, Area H Director Brad Hope, and locals Spencer Coyne and Solana Allison at the March 22nd 'Food Forum.' Photo: Dawn Johnson

The Food Sovereignty meeting hosted on March 22 by Alex Atamanenko, MP, brought together four speakers in addition to our Member of Parliament. The key speaker was Colleen Ross, a farmer from Ontario, along with Area H Director Brad Hope, market gardener Spencer Coyne, and activist for safe food, Solana Allison.

Colleen Ross explained food sovereignty: people have the right to decide what their food will be.

Ross farms 200 acres in Ontario, but she makes most of her income from 12 acres of market vegetables she grows. She raises chicken and beef as well, and the entire operation is organic. She feeds her family from her farm.

When she is not farming, she is working with the National Farmers Union of Canada, and the Via Campasina organization, an international body that deals with farm issues worldwide and lobbies the United Nations. She talked about "technology" farming where farmers make contracts with corporations who then dictate what the

farmer will grow, what fertilizers and chemicals will be applied to the crop, and where the farmer will sell it. Ross attends international conferences to ensure the moratorium on terminator seeds will not be lifted, and she fights trade agreements that are bad for farmers.

"Food is sacred" is the defining motivation of Via Campasina. In short, we are not to mess with our food supply in any way. The "food is sacred" philosophy applies to all aspects of food production.

Ross is a great believer in buying food produced locally. There is less waste because it is fresh, and most local producers are likely to take pride in what they produce, ensuring the food is not only good, but safe.

She firmly believes consumers must begin a revolution by buying locally, and by resisting the corporate agenda of today's government.

Brad Hope spoke next. He has been trying to persuade Regional District to make the district a GMOfree zone. Regional District has been somewhat resistant to his efforts because most of them know very little about GM (genetically modified) products. He wants to see local politicians more aware of food sovereignty. He said it requires a

Spencer Coyne spoke about his

local market at Princeton Plaza.

Solana Allison spoke about the centralization and corporate control of our food supply.

"It is a moral issue," she said.

Alex Atamanenko said a secure food supply made civilization possible, and civilizations collapse when the food runs out. He stated the issue now is industrial agriculture versus organic farming, and a study by several scientists showed organic farming is the best way to feed the world.

He spoke about the lack of protection for our farmers who must compete with American subsidize products. Free trade agreements are bad for farmers, and the federal government does not support local food production, using free trade as an excuse.

"We need to take action through political process," he said. "We can take back our food supply."

There were many comments from the more than 50 people who attended, all of the questions focused on the role corporations and government regulations are putting farmers out of business and making our food supply less secure.

A local food security group is being formed. If you are keenly interested in your food supply, and want to take positive action, contact Spencer Coyne,

p Of The Coyne

by Spencer Coyne

...... continued from Page 3 contaminate nearly every corner of our food system.

Toxins from Monsanto's Bt corn (the Bt stands for Bacillus thuringiensis, a biological pesticide) are being found in fetuses. When the biotech industry started they told us that their products were safe. When Monsanto brought out Roundup they said it was biodegradable, now they can no longer use that claim because it

Now our children are being born with the genetically modified organisms already in them. What does this mean for fertility rates, long term health, and the overall safety of my son's generation or his children?

Growing up I was taught that we are only the stewards of the land for tomorrow's generation. At the rate things are going I have to wonder if there will be anything left for my son's generation or the next.

We need a revolution. We need people to stand up and say NO to GMO

We need people to say NO to the import of food stuffs that could be supplied locally and we need people to stand up and say NO to further government regulations that hinder the family farm. Look back in your own family history. I don't think it would take too long before you find that your relatives were farmers once.

Farmers feed the world, not corporations. Without the family farm even those massive corporations would have nothing to sell.

Hews Leader www.thenewsleader.net

revolution of thought. efforts to produce vegetables for the



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3-bedroom, 2-bath 2,000 sq ft home on Second Bench with fenced yard, big deck out back, hardwood and tile flooring, recently renovated. Asking \$247,900.00. Dallas or Brenda at 250.295.0622 for more information

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2011 lamb cut and wrapped by side \$6.50/pound. Home grown, no hormones. Pork, all cuts \$5.50/pound. Roasting chicken, \$4.00/pound. Call 250.295.3739.

Household Sale - everything we don't need anymore. Most items are new. Giftware, antiques, collectibles, books, clocks, pictures, frames, security camera, bar fridge, oak bedroom suite. Lots of miscellaneous items. Call 250.295.6408.

Help!

Going skiing at Apex or Manning Park? Paul would like a ride. He is ok to go down the mountain on his own. For more information on how you can assist with this request, call Gloria at 250.295.7218.

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Princeton WorkZone office Closing Out Sale 9:00 AM - 4:00 PM Tuesday, April 3

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OAPO Hedley Spring Craft Fair and Bake Sale, Saturday, March 31st 9:00 AM to 3:00 PM. Table rentals \$10.00. Call George at 250.292.8638. Scrambled egg and toast breakfast \$3.00, soup and sandwich lunch \$5.00.

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Clean apartment, modern, 3bathroom. #101-301 Bridge Street, \$680.00/month plus utilities. Available April 1st. Call Heather Johnson at Century Princeton 250.295.6977.

Very cute antique mobile home for rent, 55+ MHP in Olalla. Asking \$750.00/month utilities included. Call 250.499.9738. Also for sale, can provide realtor number for

2-bedroom suite downtown in quiet area. Very clean, excellent condition. Heat, lights and laundry included. No pets, no smoking. Must have good references, damage deposit required. Asking \$750.00/month. Call 250.295.6408.

3-bedroom upstairs of home on Auburn. Large kitchen and all appliances. Very clean. A/C, gas F/P, hot water. Separate entrance. Available NOW. Asking \$950.00/month, includes heat and hydro. RV parking available. Good sized yard. N/S. Call 604.535.1980 for more information or viewing.

For Rent

Clean apartment, modern, 3-piece bathroom #401-301 Bridge Street. \$680.00/month plus utilities. Available April 1st. Contact Heather Johnson at Century 21 Princeton Realty 250.295.6977.

Pretty little 1-bedroom house in Hedley (400 sq ft). \$425.00/month plus utilities. References and credit check required. Call 604.715.1561 or send an e-mail to: gossamersteel@gmail.com.

3-bedroom, 2-bath 2,000 sq ft home on Second Bench with fenced yard, big deck out back, hardwood and tile flooring, recently renovated. \$1,200.00/month plus utilities. Pets on approval, references required. Available April 1st. Call Dallas or Brenda 250.295.0622.

2-bedroom, 123B Vermilion Avenue, 2nd floor apartment overlooking downtown, yard, in-suite laundry, garage parking and driveway parking, \$900.00/month plus utilities. Available April 1st. No dogs or children please. Contact Heather Johnson at Century 21 Princeton Realty 250.295.6977.

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Narcotics Anonymous

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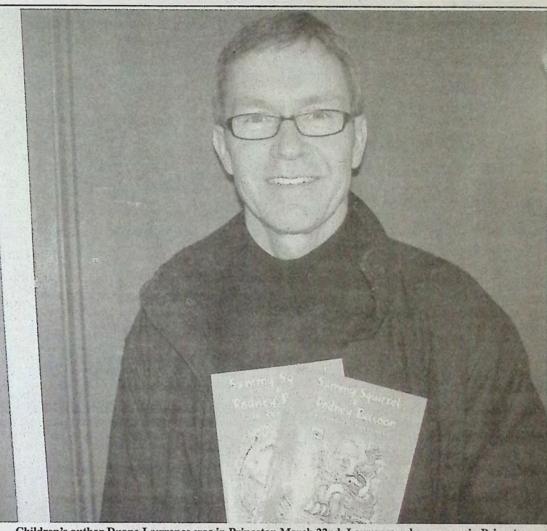
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Information

Information

Information



Children's author Duane Lawrence was in Princeton March 22nd. Lawrence, who grew up in Princeton and still has family here, dropped into John Allison Elementary School where he spent the morning reading from his book series 'Sammy Squirrel and Rodney Raccoon.' Both books involve animal antics centered in Stanley Park and reviews from Resource Links Magazine call the books 'absolute treasures' and recommend them for children aged 7 to 10. Copies of Lawrence's books ("Sammy Squirrel and Rodney Raccoon - To the Rescue" and "Sammy Squirrel and Rodney Raccoon - A Stanley Park Tale") are available for \$12.95 each at the Similkameen News Leader office at 226A Bridge Street, Princeton. *

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Mining News

Sego! Resources - Miner Mountain

Sego Resources announced March 12th the results of its January 2012 diamond drilling program at its Miner Mountain Project near Princeton.

Eight HQ holes totalling 1621.97 metres were drilled along the surface trace of an accurate chargeability high known as the Cuba Zone, which has been the focus of Sego's 2011 exploration program. The hole locations were chosen to twin reported percussion drill holes to confirm the grade of, and test for extensions of copper-gold mineralization reported from the 2011 percussion drilling program (See NR. Jan 23rd 2012, Nov 28th 2011, and April 5th 2011).

The drilling consisted of 6 vertical holes (DDH 21-26) and 2 (DDH 27 -28) angled holes collared at 120° to test for extensions of mineralization between the vertical holes. To view a map of the drill holes visit our website.

Geology

Core logging has indicated the presence of a large package of highly altered Nicola group volcanics (flows and tuffs) to a depth of 300 metres. Alteration varies in intensity from whole rock replacement to lightly altered rock with preserved textures. Alteration styles identified in hand specimen, included potassic, albitic, and propylitic, which have also been identified in thin section from previous drilling. Overprinting all is gypsum-albitecalcite-pyrite in a late stage event which crosscuts all other alteration/mineralization.

Mineralization ranges from chal-

copyrite-bornite ±pyrite to chalcopyrite-pyrite, to pyrite only. At the highest grades, chalcopyrite and bornite occur in fine grained net-textured to massive disseminations throughout the rock, at lower grades they preferentially replace the mafic minerals in volcanics. Notably the highest grade material is close to surface in all drill holes. Pyrite is ubiquitous outside the highest grade material, occurring with chalcopyrite in veins, as fracture fillings as replacements of mafic minerals or as fine grained disseminations. In the gypsum-calcite-albite phase described above the amount of pyrite can be over 10% in select intervals.

The drilling indicates that mineralization remains open in all directions, continued on Page 22

Mayor and Council set priorities

..... continued from Page 2 2013:

Priority

- 1. Town hall office relocation
- Urban deer management
- Service capacity review
- Zoning bylaw update
- 5. Hospital business case develop-
- 6. Airport business plan update
- Economic development strategy
- 8. Long-range capital plan
- 9. Recreation master plan

In addition to the above priorities, the following department operational strategies were identified:

Public Works

Town enters into

...... continued from Front Page -ing permits for issuance, building inspections and site monitoring, issuance of Stop Work Orders and Do Not Occupy Notices and issuance of occupancy permits and file closures when completed.

Councillor Marilyn Harness

- · Outdoor swimming pool inspec-
- Zig zag trail tendering
- · Landfill improvements (scale) Recreation
- Urban deer management options
- Recreation master planning
- · Aquatic centre initiative final report

Corporate Services

- · Paper less council
- · Bylaw enforcement strategy
- · Capital asset plan
- Administration
- Town office relocation approach
- Zoning bylaw review scope
- · Service capacity review workshop

RDOS agreement

made the motion to proceed with the recommendation, which was seconded by Councillor Frank Armitage.

The main change in the new agreement is clearer terms and conditions for the provision of services from the RDOS.

nove forward

Plans are now underway for the 61st Annual Family Fair, which raises funds for bursaries for the Graduating Class of Princeton Secondary School.

The first Family Fair was held in 1951, put on by the PTA to raise funds for equipment for the school. It has evolved to be an annual fundraiser for bursaries for each year's graduating class at Princeton Secondary School. Last year we were able to award over 27 students with a \$ 300.00 bursary to help further their education.

Community participation has been great in the past years and once again we are calling on the community for support with this annual event. While you are doing your spring cleaning you may find articles that you may wish to donate to the Fair. We appreciate all "garage sale" items (no used clothing please), toys, puzzles, plants, books, jewellery and handicrafts - preferably in good clean condition. As well we need donations of breads, buns and baking. Articles may be dropped off at Princeton Secondary School or call Tracey for pick - up at 250.295.7215.

Tickets are also being sold for the popular "Taste of Princeton" raffle. Tickets will be available from any grad or at the Fair. The draw will be 3:00 PM April 26th. Be sure to mark April 26th on your calendar and come to the Fair and support the Graduating Class of 2012! - submitted

www.thenewsleader.net

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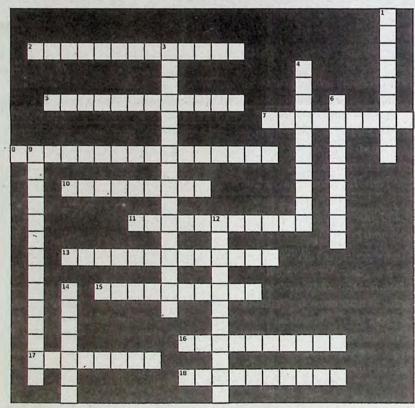
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Loader Puzz

Use the March 20th News Leader to find Answers Below...



- Name the author of the project titled, "Buzz It Taller.' What kind of Academy was endorsed by Princeton Minor Hockey?
- The hot stuff in peppers.
 These were not mentioned at a conference on urban wildlife
- problems. The name of the new production by Cawston Players.
- Earth Hour asks you to do this. Who retired after 24 years on the
- He wore #19 for Princeton Posse
- Name the 'new' Treasurer for the
- What kind of container is not addressed in Town Zoning? Caitlynn Pateman's science project has this title.

- Spencer Coyne talked about this stuff in 'Flip of the Coyne."
 Name the group in the photo on
- George Elliott claims he's not one of these.
- What did Jason Earle promote on the front page?
 The 'AR' part of HART.
 Name one of the performing bands from the March 10th concert at Riverside Theatre.
- What did a group of valley residents look at during a meeting March 14th in Hedley?

News Leader

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SIMILKAMEEN VALLEY PLANNING SOCIETY

ANNUAL GENERAL MEETING

Similkameen Valley Planning Society

3:00 PM Wednesday, April 18, 2012 Snaza'ist Discovery Centre 161 Snaza'ist Drive, Hedley

- (1) To receive a report from the Directors
- (2) To elect a President, Vice President
- (3) To receive the financial report
- (4) To consider and handle any other business which may be properly brought before the meeting

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By order Brad Hope, President

Princeton Racing Days will indirectly benefit from a \$5,000 'energy efficiency' upgrade at Princeton Fairgrounds if Princeton beats Keremeos in the Municipal Challenge as part of FortisBC's Earth Hour program. Keremeos has won the Challenge in the past, so Princeton area residents it's time to register your pledge online at www.fortisbc.com. *

Have you made your pledge?

Princeton is doing well in the Earth Hour Challenge and moved to second place, but being second is not going to win \$5,000 for our fairgrounds.

If you have not made your pledge yet, do so right away. All you have to do is go to fortisbcearthhour and click on pledge, then fill in the blanks - name, address. You are pledging to turn off your lights and electronic gismos for one hour, 8:30 to 9:30 PM on March 31 (that is this Saturday).

If you are wondering what you can do for that hour, take a jaunt down

to Veterans Square and have a hot dog and some fun, courtesy of Princeton Exhibition Association.

There are games for the children, and a glow in the dark parade. Allan Kovaltsenko (The Troubadour) will be there playing his guitar and singing your favourite old tunes.

IS IT TIME Mining News - Sego! Resources continued from Page 21 in percussion holes. The only excepis the Miner Mountain Project a

further work will look to expand the near surface mineralization, and to explore below the current level of drilling where alteration/geophysics suggests a large target remains to be tested.

Relation to Percussion Drilling

One of the goals of this program was to confirm the grades of the assays reported in the 2011 percussion drilling. Comparison between the copper - gold ICP Geochemistry intercepted in diamond drilling and the percussion drilling (where twinned) indicates that, on average, diamond drilling core geochemistry, the grade was 20% higher for copper and 10% higher for gold. This is undoubtedly due to the better core recovery from diamond drill holes.

In almost all cases diamond drilling confirmed the depth and grade of the previously reported mineralization in percussion holes. The only exception to this is DDH's 25 and 26 which were collared near what may be a narrow structure. They intercepted only part of the well mineralized chalcopyrite-bornite breccia indicated by PDH 94, before continuing down into less well mineralized albite-pyrite altered volcanics.

Sego Resources is permitted for five years of exploration.

Sego Resources Inc.'s only project

is the Miner Mountain Project a Copper Gold Porphyry Project near Princeton, 15 kilometres north of Copper Mountain Mining Corporation's - Mitsubishi's Copper Mountain Mine. The Miner Mountain Project is situated within the Traditional Territory of the Upper Similkameen Indian Band with whom Sego has an MOU. The Miner Mountain property is 2,056.54 hectares in size. - submitted

Naturalists honour Kelly

by Janis Wright

Joan Kelly was presented with a lifetime membership with the Vermilion Forks Field Naturalists at the club's March meeting.

A valuable and active member of the club since its inception 21 years ago, Joan has been and continues to be involved in numerous activities: leading field trips, participating in birding programs, serving as club secretary, organizing the annual Meadowlark Festival, and together with her husband Frank, hosting the club's Christmas parties.

This dynamo is greatly deserving and most appreciated by her fellow naturalists!

All Flipocko Spins

Read Spencer Coyne's "Flip of the Coyne" weekly in the News Leader

Why is Everybody Always Picking On He?

Deer Wars Continue - Letters To The Editor



To The Editor:

Yes – you have probably read some of this before, but it bears repeating! THE PRINCETON LAMENT

Oh Dear - Oh Dear - those dreadful deer,

What can we do if they come near? Our kids and dogs must run in fear! Those wretched deer are out to get us

Our roses, tulips and our lettuce. They lay in ambush – attack our cars!

Put these scoundrels behind bars! Fence in the town to end the threat If that doesn't work – just shoot them dead!

I dedicate this little jingle to Kay Goglin and Murray Carter, both victimized by our wildlife and abandoned by our Mayor and Town Council who have failed to wave a magic wand and make the deer disappear.

Both our weekly newspapers have provided them ample space to vent their hostility to the inconvenience of rural life. Both have presented the same tiresome complaints and irrational fears we have seen regularly in both newspapers. However, Kay and Murray have introduced new elements to the discussion – humor and hypocrisy!

Kay gets my funny bone award when she claims, in all seriousness, that the deer that have foraged at the dump "have muck on their feet and clean their feet in our yard" – LOL! Murray claims he is an animal lover – as long as they don't inconvenience or annoy him. He goes to great length to explain that deer are not merely a Town problem but are pervasive throughout the area - just waiting to be hit by cars to ruin our day. By his reasoning then, it follows then that, ideally, they should be

removed from the environment entirely! I sense no compassion in Murray's words — only typical human self-interest.

Surely, Murray must know that an overall deer population control system does, in fact, exist! It is called HUNTING SEASON. Deer fall into the domain of the Ministry of the Environment and the local Conservation Officer. Their treatment and care is governed by Provincial Regulations. Even Town Council is bound by these laws. We should also not forget that hunting is at the heart of our winter tourist season!

Both Kay and Murray claim, in their gardening efforts, they have followed all recommendations for best practice – choice of plants and optimal fencing, but to no avail - and they live in constant fear that a deer will harm or kill them, or one of theirs – what needless paranoia!

Both Kay and Murray roundly chastise our civic officials for wasting the Town's money on the LIVING WITH DEER brochure – a minimal, but helpful guide to wise conduct for coexisting with deer; in my view a very wise and worthwhile effort!

I urge everyone to read the little brochure and follow the advice offered, and remember that CULL is just a euphemism for KILL!

Let me be clear – I love the deer. They are part to the reason we moved here! I consider them a natural resource – and as much mine as they are yours.

My sentiments in this issue are obvious. Some individuals have irrational fears - of dogs, bees, and yes - deer. I have empathy for these folks! However, we should not let the fearful or impatient few turn Princeton into a killing field – as Kimberly,

Cranbrook and Invermere did, despite strong, active opposition. It has left these communities divided and, has them making the news for all the wrong reasons!

Before anyone launches a campaign to kill my deer they had better be prepared with solid figures from our Conservation Officer, showing without doubt, that the deer population within the Town limits is highly disproportional to the surrounding wilderness.

Last summer a group of four deer showed up on the little lawn at the Chevron station and caused a sensation – two tour buses were in the parking lot. Dozens of Oriental tourists rushed out to take their pictures! They will take home this treasured memory of Princeton and show them excitedly to their friends – publicity you could not buy!

Deer are NOT naturally aggressive as any literature on wildlife will attest. In any case, how are defining aggressive behavior? Failure to run away does not equate to aggression – neither does standing your ground in defense of your offspring; as any good mother would.

If individuals learned to use commons sense when the encounter a deer, much distress could be averted! If you encounter a deer, on a hike or in your garden, for Heaven's sake, stay calm and move along quietly. If the deer paws the ground and lowers its head it is upset. Stop whatever you are doing and back off!

Do not allow your dog, regardless of size, to harass a deer. To do so is both illegal and risky. Dogs are canines. In the wild, canines like wolves and coyotes hunt deer. To a deer your dog is just another canine. The deer will probably run BUT it may strike out in panic and injure the dog.

I have spent hours on the Internet searching for serious human physical injuries and deaths caused directly by deer. Roughly a million deer die on North American roads every year and - yes – these collisions take a small number of people with them. Whose fault is that?

Can deer threaten life and limb? Yes, I found two fatal attacks by male deer in rut. I found about fifteen other reported minor injury incidents – various bumps and bruises. That is all I could confirm for the entire North American continent with a population of 331,473,276 million or more people. If we assume half of these people live in metropolitan areas and have zero chance of encountering deer, your chance of being injured or killed by a deer appears to be one in about 10 million.

On the other hand, a recent study showed that 1,000 Americans per day are treated in emergency rooms for dog bites. In 2010 there were 34 fatal dog attacks in the USA. Most of the victims who receive medical attention are children, half of whom are bitten in the face. Dog bite losses exceed \$1 billion per year, with over \$300 million paid by homeowners insurance. So, which is the greater potential threat, a deer or a

dog?

The landscape and gardening complaints irritate me the most. This is NOT the Lower Mainland! It took me one season to learn that tulips and tea roses, peas and beans, are deer catnip! There is an abundance of marvelous shrubs, perennials and annuals of equal beauty that thrive here - of absolutely no interest to deer. If you don't have landscaping success, do some research or visit Don and Anna's Garden Centre in Keremeos. They are wonderful about explaining what survives and thrives in Princeton. To me Princeton seems like gardening heaven - no slugs, few aphids and lots of sun!

Once when the gate was left open a deer nibbled on some of the beans and peas in my hobby garden – so what! Would I support the death of even one deer over my veggies – absolutely NOT!

From the deer perspective Princeton sits where, since time immemorial, they have come to look for food and water. I suspect deer will be coming here for the rest of my days, and yours – so – let us hope we can come to a state of peaceful co-existence. Even better – let us embrace them as the novel, and absolutely free, tourist attraction they can be!

- Karin Green, Princeton

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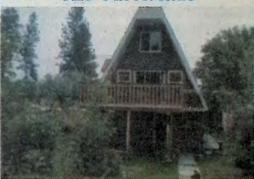
413-2nd Avenue, Keremeos



This well built and very solid home offers many hidden treasures to the sophisticated Buyer that is able to look past a few cosmetic updates that are needed. The elevator - which will allow you to live in your home longer, the 3-year new hot tub in the 12 x 24 hot tub room - will soothe those aching muscles.

MLS © 134411 \$339,900

313 9th Avenue



Character, charm and a country setting describe this well cared for home. Perennial gardens, low maintenance lawn, green house and an extra building currently being used as a studio, complete wide sliding doors to garden area. Once was a garage, so lots of choices. The main floor is light and bright with enclosed entry.

MLS ®134512 \$169,900

1001 Highway EA



Country living just minutes from town, 17+ acres of horse friendly property situated on a no thru road with privacy and mountain views. Fully fenced with two wells to accommodate the home and irrigation. Barn and outbuildings with power, oversized attached double carport. Inside you will find a beautifully renovated main floor. MLS @134389 \$498,000

264 Luard Avenue



Entering this cozy cottage, you can't help but notice the great layout and comfortable setting. Located in Allison Flats, on a no-thru road, is this 3-bedroom, 2-bath home. It's move-in ready, clean and well maintained. If you have a family, want a family or looking to retire and down size, you won't find many homes like this! MLS® 134183 \$219,000

#14-453 Taylor Mill Drive



Only minutes from downtown Princeton, this mobile home offers you the security of many recent updates, great affordability, proximity to the Princeton Golf Course and the peace and quiet of the surrounding mountains. Professional updates in early 2011 included sub-flooring, new flooring through, new cabinets and more! MLS @134282 \$ 54,000

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