

Similkameen News Leader

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Tuesday, June 19, 2012



Races and games made up the schedule of Sports Day activities June 15th at John Allison Elementary School. *

Armitage wants to be Mayor

Councillor Frank Armitage is the first out of the gate announcing last week his intention to run for the Mayor's seat in the August 11th Town of Princeton by-election.

Armitage shared his plan with the News Leader exactly twelve days before the opening of nominations on June 26th.

"I've discussed it with my family and colleagues and all have given me their support," Armitage said.

What this means is instead of just voting to fill the Mayor's seat, vacated by the passing of Mayor Fred Thomas, voters in the Town of

Princeton will also be voting to fill Armitage's seat on Town Council.

For those not sure how this works, existing members of Town Council have until June 19th to resign from their current positions if they intend to seek nominations for the position of Mayor.

The nomination period for this by-election runs from 9:00 AM Tuesday, June 26th to 4:00 PM Friday, July 6th. While it is not unusual for candidates to announce their plans early, the official list will not be known until after nominations close.

Feed the Valley passes target

Valley First announced June 14 that less than five months into its year-long Feed the Valley food drive, it has surpassed its 2012 target of 6,500 pounds in donations.

On February 7, 2012, in recognition of its 65th anniversary, Valley First challenged its members and employees to donate 6,500 pounds of food to Feed the Valley by the end of the year. The Valley First branch that gathered the largest weight contribution toward this target committed to donating \$6,500 to its local food bank.

In less than five months since laying down the challenge, Valley First has collected 6,865 pounds of food for food banks across the Okanagan, Similkameen and Thompson valleys. Leading the charge was Valley First's Armstrong branch which collected 1,950 pounds, netting \$6,500

for the Armstrong Food Bank in the process.

"To collect almost 7,000 pounds in less than five months is a tremendous effort," says Valley First president Paulette Rennie.

"Our members and employees responded to this friendly challenge with overwhelming enthusiasm. Their efforts have created a real win for the food banks in our region."

Last year, Feed the Valley was recognized as a leading corporate citizenship program when it received a Central 1 Credit Union innovation award. The good work being achieved by the Feed the Valley program has now started to be recognized beyond credit union circles.

"Over the last decade, food bank use in B.C.'s smaller communities has increased by more than 50 per cent," says Food Banks B.C. president Don Armstrong.

"Even more significant is that 38 per cent of all food bank clients are children."

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"The work Valley First is doing through Feed the Valley is simply tremendous. By committing to and achieving such lofty goals, Valley

..... continued on Page 21

Family counsellors appeal to board

Two professionals from Nicola Family Therapy have provided child counseling services for the School District for many years on contract.

They were informed last month that their services would no longer be required as the district would provide 'in house' counseling

teams.

The professionals pointed out to trustees during the June 13 regular monthly meeting of the Board of Education that they provide specialized counseling to children who have experienced trauma, such as sexual assault, abuse and parental conflict.

The representatives of Nicola Family Therapy told trustees the Board's decision would have a big impact on the Family Therapy budget, and would require cutting hours of service as well as reducing staff.

They pointed out that, during the years, they have provided around 200 hours of service more than their contract called for, and have charged around half of the going rate for such counseling. They asked the Board to reconsider.

Board Chair Gordon Comeau thanked them for their presentation and said the trustees would look at the information and give it consideration, then report to them later.

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Jeannine McIntosh is Princeton Secondary School Student of the Month for June. She was nominated for her assistance in teaching Shakespeare to "learning-challenged Shakespeare students." PSS PAC sponsors this program. *

School Board News
District 58 (Nicola-Similkameen)

Literacy program continues

At the June 13 Board of Education meeting, Steve McNiven, Assistant District Superintendent, told trustees the community literacy program will continue in both Merritt and Princeton. Although the initial funding was scheduled to run out this year, additional funding for one person will continue.

The program in Princeton has included computer literacy for seniors, child care at the Bridge for young mothers going back to school, with a decrease in cost of the program due to participation of other groups in the community. McNiven gave full credit to the

coordinators of the program for the good work they have done, and added praise for the people who have volunteered their help.

Students loved Europe

Students Nathan Garton and Austin Thibert, along with teacher Kirk McConnell, reported to school trustees on their trip to Europe during spring break. They showed photos of a variety of places they had been. In Germany, they went to Marienplatz, the famous center of the city of Munich, and they toured Dachau, a notorious Nazi concentration camp. They went to a castle that had inspired the castle at Disneyland.

In Austria, they visited Innsbruck, and in Switzerland, they spent some time in Lucerne, where one of their group blew an alpenhorn.

Their tour of northern Italy included Venice, where the students took gondolas along the canals, and went to see the famous Venetian glass blowers at work.

Last stop was Paris, where they toured the Louvre, went to Versailles, and went to the top of the Eiffel Tower.

The students said they loved Europe and would go back. They were impressed with the history and culture. They thanked the trustees for giving approval for the trip.



How cool is this? A castle built inside a classroom at John Allison Elementary School. Photo: Brenda Engel



Sports Day at John Allison Elementary School put students through a number of different events, including tossing bean bags at a hula hoop placed on the ground. The activities were June 15th at the school. *

Flip Of The Coyne

by Spencer Coyne

It's time for a by-election and we're still waiting to hear if it will be for just the mayor's position or if one or more councillors will step down to run for the top job. There is of course a lot of speculation on who is going to run and who might step down from council and everyone is wondering if there is a dark horse sitting on the sidelines waiting to jump in when the timing is right. No matter what happens, it should be interesting.

I am going to make a small prediction about the by-election and I think I am safe to say this. The main issue will be the hospital. If councillors step down to run for the top job then they will have to explain to the people of Princeton what they have done past and present, and if there is someone completely new they will have to show the citizens of Princeton that they have ideas and are ready and willing to fight this issue to the end.

Now if one or more members of council step down to run for the mayor's position, Princeton will be looking at the possibility of a new council with a new direction. There is no guarantee that someone who steps down from council to run for the mayor's job will win. The only guarantee is that there will be one or more new council members by the end of the by-election. New people mean new ideas and if there are three positions we could see a new majority with what could be seen as a power shift towards the new people.

The interesting part about council members stepping down to run for the mayor's position is that they are

running on their track record and if the hospital does dominate the discussion during the by-election then they are putting the last two years of Emergency Room closures and their response to the buildup to the current closures on the table as their main qualification. Of course, until the actual cut off, this is all speculation.

Whoever does run for the job of Mayor of Princeton deserves our respect for putting their name on the ballot. It is not an easy thing running for office; you put your name out there and ask the entire community to endorse you for the job. It's not like a regular job where you have one or two people that you need to answer to. When you run for public office you answer to thousands of people. The people you serve with on the council are not your bosses, they are your coworkers. You work for the people who elected you and even those who may not have voted for you. You have hundreds of critics but unlike other jobs you do need to listen to those critics because they are

your bosses. It is funny how many people who get elected forget that the electorate is the boss. You see time and time again as people are elected to councils, legislatures, or even the House of Commons, they stop listening to their constituents and start listening to lobbyists, or other internal voices. These internal voices are democrats and other members of the elected body. The great thing about local municipal politics is that you don't belong to a party. You are not part of a slate but you ran and the people picked you so you can always disagree with the rest of your council and you can speak for yourself because you don't answer to anyone except the people on the street.

It is my humble opinion that if you are an elected official then you have a moral obligation to put the community you represent before your own self-interest and ambitions and if you don't then you don't deserve to represent the people who trusted you to do that. Good luck to everyone who runs for whatever positions open for nominations.

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Town of Princeton
2012 MUNICIPAL BY-ELECTION

NOTICE OF NOMINATION

Public Notice is given to the electors of the Town of Princeton that nominations for the offices of one (1) Mayor and one (1) Councillor for the balance of a 3-year term (December 2011, to November 2014), will be received by the Chief Election Officer or a designated person, as follows:

LOCATION: Town of Princeton Office, 169 Bridge Street Princeton, BC	TIMES: 9:00 am June 26, 2012 to 4:00 pm July 6, 2012 <small>Excluding Statutory holidays and weekends</small>
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Nomination documents are available at the Town Hall Office, 169 Bridge Street, Princeton BC during regular office hours (8:30 a.m. to 4:30 p.m.)

QUALIFICATIONS FOR OFFICE

A person is qualified to be nominated, elected, and to hold office as a member of local government if they meet the following criteria:

- Canadian citizen;
- 18 years of age or older;
- resident of British Columbia for at least 6 months immediately before the day nomination papers are filed; and
- not disqualified by the *Local Government Act* or any other enactment from voting in an election in British Columbia or from being nominated for, being elected to, or holding office.

FURTHER INFORMATION on the foregoing may be obtained by contacting: Shirley McMahon, Chief Election Officer 250-295-3135



PROPERTY TAX EXEMPTION

The Regional District of Okanagan-Similkameen recognizes the significant value of volunteers, volunteer groups and agencies to the spiritual, educational, social, cultural and physical well-being of the region.

These non-profit organizations have the opportunity to apply for a Property Tax Exemption. The following criteria will determine eligibility.

The applicant(s) must:

- Qualify for an exemption under the provisions of the *Local Government Act*, the general authority for property tax exemptions. (Sections 809 and 810);
- Be in compliance with Regional District policies, plans, bylaws and regulations (i.e. zoning);
- Be a non-profit organization;
- Not be in competition with for-profit business;
- Provide services or programs that are compatible or complementary to those offered by the Regional District.
- Provide a service that fulfills some basic need, or otherwise improves the quality of life for residents of the Regional District.
- Not provide liquor or meal services as their primary function or source of revenue.
- Not collect rent on a caretaker or other residence located on the property.

Application forms are available online at www.rdos.bc.ca or at the RDOS office, 101 Martin Street, Penticton, BC.

The deadline for submitting completed application forms including supporting documentation is **JULY 31, 2012**.

Successful applicants may be asked to publicly acknowledge the exemption.

If you require further information, assistance completing your application or wish to view the Property Tax Exemption Policy, please call Warren Everton, Finance Manager at 250.490.4105 or e-mail at weverton@rdos.bc.ca.



Editorial Page News Leader

Similkameen News Leader, 226A Bridge Street, PO Box 956, Princeton, BC V0X 1W0

My Turn

By-Election Blues

It's slowly becoming obvious to me that there haven't been a lot of by-elections in this area before.

I say this because of some of the interesting questions, and speculations, that have been buzzing around town since before the actual date was announced.

Hopefully I can help you to better understand what is going to take place by answering some of the questions I've been asked.

First Answer: No, we are not going to elect a whole new Town Council, unless all the current Councillors resign their positions and decide to run for Mayor.

Second Answer: No, the Mayor's position does not automatically default to the person with the second most votes in the November General Election.

Third Answer: Nomination papers must be filed in order to be declared a Candidate in the by-election. The Nomination period runs from 9:00 AM June 26th to 4:00 PM July 6th. Nomination papers will be available at Town Hall during that time. There are also certain qualifications you must meet in order to be considered a Candidate. All of those details should be spelled out in the Nomination package.

Fourth Answer: Yes, should a current member of Town Council wish to seek the Mayor's seat, they have to resign their current Councillor position first. The deadline to do this will have passed by the time most of you read this.

Fifth Answer: If a Councillor resigns (as has happened in the past week) the By-Election will be to fill the Mayor's seat and any vacant Councillor seats resulting from Councillors resigning their seats on Council in order to seek nomination for the Mayor's seat.

Sixth Answer: There is no official list of Candidates yet, so I can't tell you who all is running. That will only be available after the Nomination period ends (4:00 PM July 6th).

Seventh Answer: If you hear my name floating around as a possible Candidate, as usually seems to happen at election time, I can confirm for you that it is in fact my name you've heard. And so far, it is still just a rumour.

Hopefully this clears up some of the confusion a number of local residents have been dealing with. If you have any further questions, the best place to get answers is to contact the Chief Election Officer (Shirley McMahon) or the Deputy Chief Election Officer (Carolyn Schmidt) at Town Hall (250.295.3135).

Similkameen News Leader

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EDITORIAL GUIDE

We would like you to write to us, but please remember to abide by anti-discrimination laws. The News Leader reserves the right to refuse to print any letter which is not signed by the writer or is slanderous, libelous or of uncommon sense! The Editor reserves the right to condense any letter or to substitute proper language for improper language.



Your Turn

Letters and E-Mails Received This Past Week



John Allison Elementary School students pose in front of a castle in their classroom. Photo: Brenda Engel

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To The Editor;

I sat down and read the family copy of the News Leader tonight in between the commercials of The National, over the years I have seen the the town of Princeton and the Town Council make some silly decisions that's for sure so I will just add this to the list.

What shocked me at first was the price, as it did the editor, but as I read on to learn that an Abbotsford company is going to get \$206,117 to come to Princeton and build the Zig Zag when we had the option to go with a local design is what floored me.

I'm Glad the News Leader reported on Steve Brodie and I applaud his research and design.

I hope that everyone realizes that while giving the contract to the lowest bidder may have saved some money in the short run, in the long run they are spending that money outside of the community in turn hurting job opportunities and local businesses as well as that much needed community feel.

As a young adult who moved away from Princeton, when looking from outside the box looking in I'm shaking my head...

Nick Cook, 24

Oil Field Paramedic

Current Comment

Bless Those Who Speak Out



Dawn Johnson
editor@thenewsleader.ca

There are people who speak the truth they see, and we should bless them. These are people like David Suzuki, who dare to tell us where we are going wrong with the environment. It seems our federal government is far more interested in buying fighter planes than protecting the environment. Perhaps the Harper government does not know fighter planes cannot protect us from environmental disaster?

Suzuki is not the only one speaking out. I enjoy Elizabeth May's blog. In case you do not know who she is, Elizabeth May is the one Member of Parliament representing the Green Party. On her blog, she speaks out about the things that amaze, disgust, and appall her in our House of Commons.

For example, May has lambasted the government for allowing U.S. law enforcement officers the right to enforce U.S. law on Canadian soil.

She has made fun of \$28 million spent on celebrating the war of 1812 while cutting funding on environmental studies. The Polar Environmental and Atmospheric Research Laboratory on Ellesmere Island is to be closed, wasting the \$10 million spent on state of the art equipment purchased for it in

recent years. In addition, 75 scientists who study ocean contamination are to be laid off, leaving only five across Canada to identify and monitor ocean pollution.

May points out another water study facility in Kenora which will be closed this year by the federal government. This facility is unique in the world as it studies fresh water located in a chain of lakes, and has monitored such things as acid rain and other forms of pollutants. The operating cost of this facility is \$600,000. The feds recently spent \$3 million on upgrades to the facility. Now it is to be sold.

May is also good at pointing out lies. Some member of the Harper government recently announced the government had spent money helping May and another woman go to a conference in South Africa. May knew it was not financial help, as they paid their own expenses, and could find no other form of help the government gave them.

We need people like Elizabeth May, who simply tell the truth.

Malcolm Allen is another member of our government who dares to tell it like it is. He is a New Democrat, and is the Agriculture Critic for the party. Recently, The United Nations top official on food security, Olivier De Schutter, criticized Canada for its focus on global export markets while millions of Canadians do not have a secure access to food. Malcolm Allen supported De Schutter's remarks.

Allen said, "We consider ourselves the food basket of the world but we can't feed ourselves."

De Schutter called Canada to task, saying our nation needs to develop a food strategy focused on local food, smaller farms and more emphasis on feeding

Canada's hungry, such as the nearly one million Canadians who rely on food banks. De Schutter also criticized Canada's minimum wage laws, tax and social policy that favour the rich over the poor.

De Schutter is known for his promotion of local food systems which help small farmers and give urban consumers healthier food choices.

The response of the Conservative Minister of Immigration was to tell De Schutter to mind his own business and visit countries where there is real starvation. This is another form of speaking out, loud and clear, so we know where we stand on the issue.

My favourite 'speaking out' this week is Estee's sky watch in Victoria, B.C. (on YouTube). This woman has a message for the Prime Minister, who she refers to as 'Steve'. She nails his government for every abuse of the Canadian way of doing things during the Conservative's term in office.

Another speaking out location on internet is The Guardian, who recently published a list of everyone who is a member of the Bilderberg Group, a group of rich and/or influential people from around the world. According to a leak from the recent Bilderberg meeting, one of the topics for discussion was who should be selected as Mitt Romney's running mate in the upcoming American election.

These people who speak out really make you think, don't they? Isn't it wonderful that we have so many people in our community who have the courage to speak out, whether it is air quality, the design of the zigzag, or the lack of adequate emergency coverage at our local hospital. Good for you who dare to speak out!



This little fellow came over the the News Leader car while we were delivering papers last week. He didn't have much to say, but he sure was friendly! *

Similkameen News Leader

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AND NOW...A LITTLE GOOD NEWS!

"There are those who turn justice into bitterness and cast righteousness to the ground." - Amos 5:7

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Lower Valley News

Keremeos - Cawston - Olalla



Local wineries earn 37 medals

Wineries in the Similkameen Valley won a staggering 37 medals for their submissions at 3 major spring Wine Competitions this past month. The All Canadian Wine Championships, established in 1981, are held in Windsor, Ontario and have been following the progress of the Canadian wine industry for 32 years. Wines are submitted and judged from wineries across Canada. The Northwest Wine Summit is held at Mt. Hood, Oregon and is a massive competition with submissions accepted from Washington, Oregon, Idaho, Montana, British Columbia, Alberta, Saskatchewan and Alaska. And regionally, the Okanagan Spring Wine Awards Best of Varietals judges wines from all regions of British Columbia.

Top honours were awarded to Forbidden Fruit Winery of Cawston, picking up 2 Best Of Categorys-Double Golds for their 2011 Earth Series Sauvignon Blanc and the 2011 Pearsuasion-Asian Pear Off Dry, and Robin Ridge Winery in Keremeos, Best Of

Category- Double Gold for their 2009 Reserve Merlot and Best of the Best award also for their 2009 Reserve Merlot.

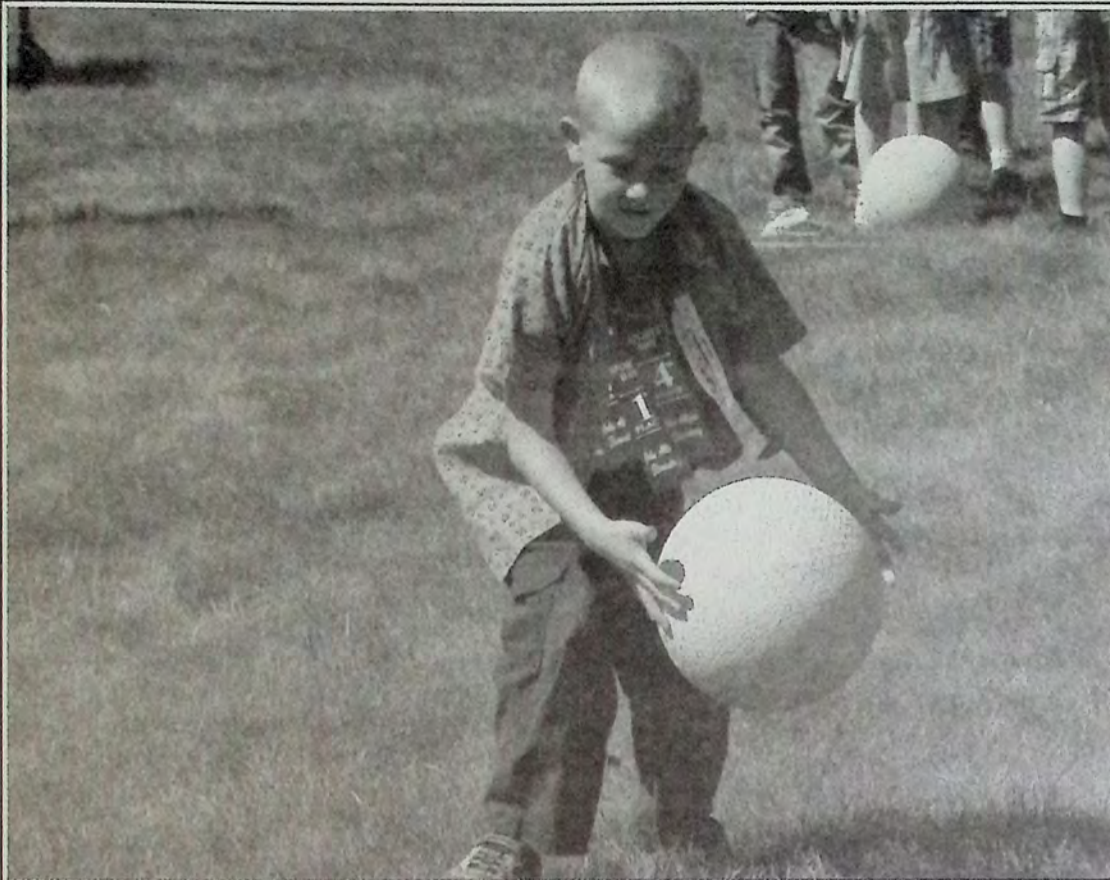
Forbidden Fruit also won 3 Gold Medals, one for their 2009 Earth Series Cabernet Sauvignon and one for the 2010 Impearflection Asian Pear Late Harvest and a third for the 2011 Earth Series Sauvignon Blanc. Orofino Winery, of Cawston, won Gold for their 2009 Belezabordeaux Blend and Seven Stones, also of Cawston, was awarded Gold for their 2009 Cabernet Franc.

The wineries were also awarded 14 Silver Medals with Forbidden Fruit receiving 8, Orofino 2, Seven Stones 2, Cawston's Eau Vivre 2 and 1 for Cawston's Rustic Roots. Finalist awards were also given to Clos du Soleil, Rustic Roots and Robin Ridge. The group also picked up 10 Bronze Medals. To review the full results, log on to <http://canadianwinetrail.com/cwt/aH-canadian-wine-championships/>, <http://www.northwestwinesummit.com/nwsws2012/index.php> and

<http://www.okanaganwineawards.com/app/webroot/files/BestoftheBest2012.pdf>

All local wine shops are now open for the season, so be sure to drop by and taste the 'Similkameen'. If you are looking for a reason to visit the Similkameen, you now have 37 more reasons!

The Similkameen is one of the hot spots for grape and fruit wine in British Columbia. It was named by enRoute Magazine as one of the world's 5 Best Wine Regions You've Never Heard Of! The Similkameen Wineries Association is a collective of 8 wineries located in Cawston and Keremeos in the Similkameen Valley including Cerelia, Clos du Soleil, Eau Vivre, Forbidden Fruit, Orofino, Robin Ridge, Rustic Roots and Seven Stones. For more information on the Similkameen Wineries Association or any of its fine award-winning wineries and wines, visit this website: www.SimilkameenWine.com, call 250.488.0878 or follow them on Facebook, Twitter and YouTube.



The weather was perfect for Sports Day, June 15th, at John Allison Elementary School. *

24/7 ER fight continues

The Town of Princeton and the Regional District of Okanagan Similkameen Area "H" have been working actively to resolve the availability of Emergency Room Services to the community of Princeton and the Similkameen Valley.

With strong partnerships with First Nations and Industry, the representatives are looking forward to meeting with Ministry of Health to collaboratively bring about a positive resolution that will protect the physical, social and economic health of the Similkameen Valley.

Representatives are confident that Minister de Jong does share the concerns for the safety and well-being of, not only the constituents of the Similkameen Valley, but those who travel the highways of this beautiful part of the Province

and therefore the safety and well-being of all British Columbians and their families.

First Nations share this concern for the security of their workforce and their people, and industry has echoed this sentiment for the well-being of their working families.

While all parties involved in seeking the resolution to the need for 24/7 Emergency Room Services understand that the Interior Health Authority is also working on long term solutions for overall hospital services, our immediate concern is to address this imminent threat to the safety and security of all.

The Town of Princeton and the Regional District of Okanagan Similkameen Area "H" are committed to keeping the public apprised of any new developments, including the announcement of a formal

meeting date with the Ministry of Health which has been requested and is currently being scheduled.

For further information please call Brad Hope RDOS 250.295.3512 or 250.295.2542, or Jason Earle 250.293.6747.

- submitted

Drivers plead guilty

In Provincial Court in Princeton on June 14, three local men entered guilty pleas to driving offenses.

Shane Gallagher and Michael Twinn were each fined \$500 and had their driving privileges suspended for a year after pleading

guilty to driving while prohibited.

Kenneth Kopola, after pleading guilty to driving with more than .08 blood alcohol, was sentenced to pay a \$1,200 fine and is prohibited from driving for the coming year.

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OUTBACKJACKS

Year End Yard Sale

9:00 AM - 6:00 PM Saturday, June 30
1269 Highway 3 East

Every year we have had a year end yard sale at the Horse Rescue.

This year's is even bigger and better. We have truckloads of items old and new. Everything from fridges to dishes. There will be games for children, hot dogs and clowns. Please come and enjoy a day of fun at the Rescue's largest yard sale ever!

If you would like to donate something for this day or help please contact us. We will pick up for larger loads and will pick up your left over garage sale items.

Call Gena at 250-295-0775 for details.

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Horse Rescue Thrift Store & Tack

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From Fur Traders to Miners to the Railroad

Health/Lifestyle News

There's No Quitting For Many Seniors

(NC)—The dream for many of us has always been to retire early. We imagine it will be a time to spend summer days on the golf course, a time for catching up on reading and a time to escape the Canadian winters for the warmth of the south. Sounds like the life of a retiree, but in recent years a growing trend is to delay retirement for a few more years in the workplace.

Traditionally the age of retirement has been 65. Today, it's common to see people working until they are forced into retirement by their company, or until they choose to do so for health reasons.

"Many people are living longer and enjoying healthier active lives," explains Christopher Lundström, the executive director for Doro, North America, a Swedish telecommunications company and a global leader in the design of smart, easy-to-use phones.

"This naturally affects the age that seniors are ready to retire."

As the average Canadian lifespan increases, it is inevitable that the workplace will include more workers over the age of 65. For many eligible retirees, work is a necessity to compensate for pension short-falls, while others see their careers as what defines them and they choose to remain in the workforce to stay busy and keep social. Seniors are a valuable resource as they bring a strong work ethic and hold a life's worth of experience.

One of the challenges seniors face by remaining in the workplace is the continuous change in technology. Understanding the needs of seniors in a fast-paced work environment has created a demand for easy-to-use alternatives to advanced technology devices. Lundström points out that Doro makes phones that are

user friendly while allowing seniors to stay connected to their colleagues and employer.

"Designing user-friendly cell phones for seniors is the focus of our company," he explained.

"We create products that active seniors are comfortable using to help them stay connected and in the workforce."

Canadian companies continue to adapt their workplaces to create senior friendly environments. This includes offering flex-schedules, part-time positions and learning seminars—and as the baby boomer generation alters the age of retirement, Lundström believes we will see more companies moving towards more inclusive workplaces, focused on the talents of multiple generations. - www.newscanada.com

Living Past 100

Protect Yourself With Chili

Mexicans eat a lot of chili peppers, and they benefit from it. Chili peppers are part of the family of peppers that produce capsaicin, a plant chemical that gives hot peppers their heat. Hot peppers are good for you. They protect your health in many ways.

Eating hot peppers loosens the mucus in your lungs and your nasal passages. When you have a cold with sinus and bronchial congestion, add about 10 drops of hot pepper sauce to a bowl of chicken soup, and you have the beginnings of a cure. In fact, a lot of cold medicines contain chemicals derived from hot peppers.

Chili peppers cut blood cholesterol and thin the blood, preventing clot formation. Eating a bowl of chili con carne can be good for your circulation, preventing heart attack and stroke.

The capsaicin in peppers appear to shield the stomach from the bacteria that produces ulcers. In the old days, ulcer patients were told to avoid spicy foods, but not these days.

Researchers have found that people who consume the most chili powder had the fewest ulcers, like the Mexicans.

When it comes to good vitamins, eating peppers can provide most of the Vitamin C and beta-carotene you need in a day. Peppers, even green peppers, are loaded with Vitamin C. In fact, one green pepper contains more Vitamin C than an orange!

The best peppers are always the field-ripened products. In our southern British Columbia climate, some of the best field-ripened peppers are found in fruit stands. Stock up on them. Eat them raw while you can, but you can also freeze them.

Here's how.

Chop the peppers into bite-size pieces, lay them on a cookie sheet and freeze them. After they are frozen, divide the pieces into amounts suitable for a stew or chili, bag them, and put them back in the freezer.

Some cooks like to make and preserve their own salsa, and others like to make their own chili sauce or spaghetti sauce using fresh peppers. In early September, peppers are at their peak and are least expensive, so taking the time to freeze peppers or preserve sauces can save you money in the winter months.



PUBLIC FORUM Panel Update

The following panelists are confirmed:

Mike Farnworth, NDP Health Critic
Harry Lali, MLA Fraser Nicola
Andrew Neuner, Vice President Interior Health
Jason Earle, Acting Mayor of Princeton
Brad Hope, Area H Regional Director

Thursday, June 21 - 7 pm
Riverside Community Centre

The purpose for this forum is to discuss solutions to Princeton's health care problems. The public will have an opportunity to ask questions.

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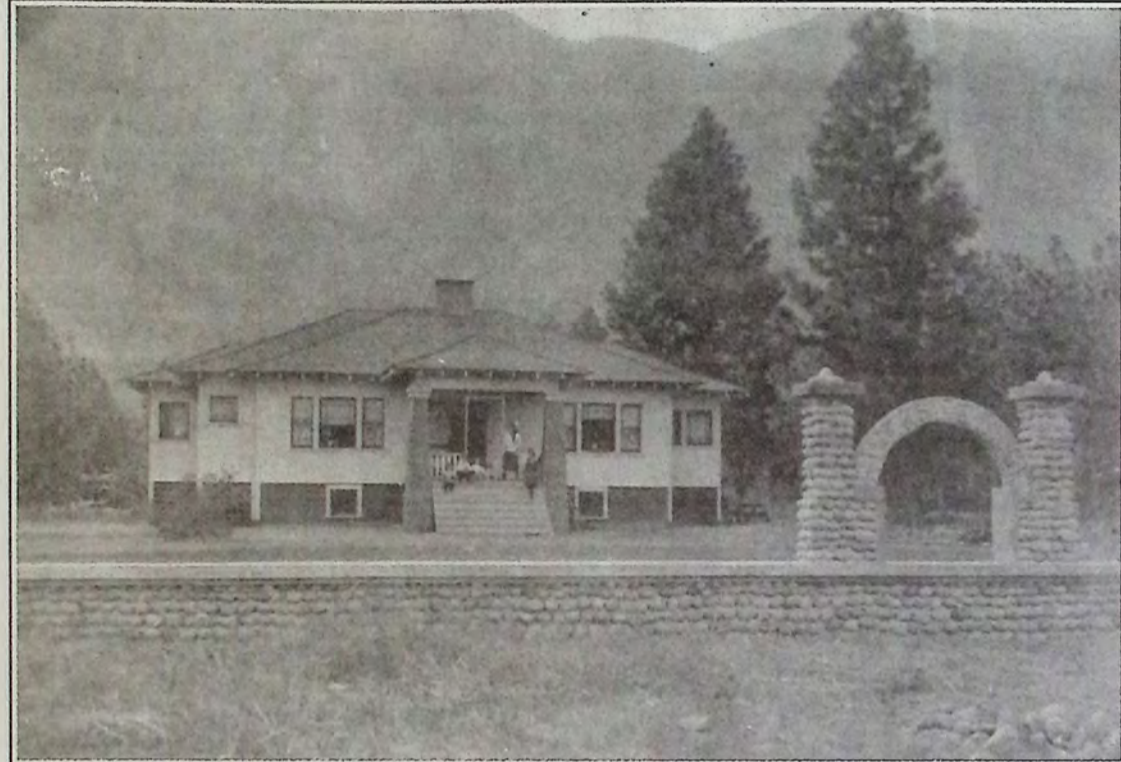
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News Leader Entertainment

Similkameen News Leader TV Guide Listings - June 19 - 25, 2012



The historic Gibson House in Keremeos in 1912. Photo: South Similkameen Museum Society

Group hosts fancy fundraiser

by Arlene Arlow

The South Similkameen Museum Society invites you for tea. Not just any tea, mind you, but a "Fancy Hat Tea Party".

You may wear a fancy hat.
You may wear a funny hat.

You may wear an old hat or a new hat, a borrowed hat or a blue hat. The event is once again scheduled

for the historic Gibson House in Keremeos, and odds are the weather will be truly delightful (being that the rainy season has passed). A Tea Leaf Reader will be on hand to read your tea leaves (by donation please).

There will be door prizes and other things to delight. Proceeds go to the South Similkameen Museum Society, and admittance is \$5.00 for

non-members, \$3.00 for members.

You may renew or purchase your membership at the Tea Party. Please join us on June 23rd between 2:00 and 4:00 PM at the Gibson House, 521-11th Avenue in Keremeos.

Of course, there will be prizes for several categories of hats. You may wear a big hat, a floppy hat, a wacky hat, a snappy hat, a happy hat...



Ty Lawrence (left) of the Keremeos team and Owen Manning of the Pentiction 1 team raced for control of the ball June 9th in Keremeos. The South Okanagan Youth Soccer League involves hundreds of boys and girls starting as young as eleven. For these U11 players, June 9th was the last day to accumulate stats. Rain and gusty winds didn't dampen the enthusiasm of either team, although some parents and spectators were seen watching from the comfort of their automobiles. Pentiction ultimately won, with a goal in the final 2 minutes of play. Photo: Arlene Arlow

www.thenewsleader.net

MONDAY NIGHT BINGO

162 Angela Avenue, Princeton
(Senior Citizens Association - Branch #30)

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Odd/Even - \$116.25 WON

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How to make
your income
last a lifetime

In retirement, you'll primarily rely on pensions and savings to cover your expenses. None of us know for sure how long we'll need those savings to last and mistakes like not investing wisely or withdrawing too much money can be difficult to fix.

I can help you understand where you are today, determine the income you'll need in retirement and recommend changes to help make it last your lifetime.

Let's talk about growth potential, tax-efficiency, guarantees on your capital and innovative payout strategies. Call me today to get started on your plan.



Al Anderson, BBA, CFP, TEP
Financial Consultant

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Tuesday Movies

EVENING

9:00 pm WTBS ch.3 "G.I. Jane" (1997, Drama) Demi Moore. A female Navy SEALs recruit completes rigorous training under a tough officer's command.
 KNOW ch.5 "Dreams With Sharp Teeth" (2007, Document-

tary) (In Stereo) (CC)
 11:30 pm WTBS ch.3 "Double Jeopardy" (1999, Suspense) Tommy Lee Jones. While in jail for murdering her husband, a woman discovers he is living under a new identity with their son.

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News Leader Horoscopes

June 20 - 27, 2012

ARIES - Your primary concern should be home, family and home life. Your association with female siblings and female friends and neighbours should be very good. Health problems could be the result of stress, accidents with sharp objects, or burns. Job matters seem to pile up. Relax!

TAURUS - Spend time talking to siblings, neighbours, and resist the urge to spend. Job continues to feel burdensome, but efforts to play result in problems. Enjoy creative activities that can increase earning power. You could gain by developing lucrative hobby this year.

CANCER - Your energy increases now. Spend a little time and money on improving the impression you make on others, maybe new clothes, better appearance. You can voice your opinion strongly now. Work on solving home, family, property issues. Siblings have trouble.

LEO - Thoughts in the back of your mind can be voiced next week. Health is good, job runs smoothly. Do not attached your ego to what you earn or own - nobody cares. Talk seriously. Study new subjects, or travel to new places. It is time to expand your spirit and wisdom.

VIRGO - This is a time to make plans, but not the time to act on them. Work with groups proves rewarding. Career opportunity may arise suddenly - be prepared. Energy remains high for two more weeks, but keep ego under control. Discuss plans with colleagues, friends. Money is tight.

LIBRA - The coming year is one in which you are to expand your mind, travel, and expand your spirit. Focus now on career until July 21. Your strength of character, your ambition and your determination gain momentum. Move ahead at steady pace, but move ahead. Gain from travel.

SCORPIO - You benefit from learning new information and by expanding your spiritual life. Groups you associate with continue to make demands or cause upsets. Health may pose problems, job may require more effort. Money situation seems confusing. Gain by sharing resources.

SAGITTARIUS - Focus on your financial situation - investments, insurance, debts. Work with partner or person you consult to remove obstacles in financial matters. Groups of associates seem burdensome these days - take a break from group's demands or obligations. Dream at home.

CAPRICORN - Energy may seem at low ebb for a few weeks. Rest when possible. Listen to what others say. Career may demand a lot of hard work but brings rewards, Ambition deepens. Siblings, people in your immediate environment, may seem vague or deceptive. Renew home.

AQUARIUS - Focus on your job and your health now and for weeks to come. Read about matters related to job and health. Good things come to you from your own creativity and eagerness to have fun and enjoy younger people. Siblings and neighbours are unpredictable: be cautious.

PISCES - You are entering a year in which home, property and family life assume greater importance in your life. Money situation is unpredictable, so conserve. You may feel dreamy or confused: focus on reality, facts. Now, and for three more weeks, have fun, enjoy youthfulness.

TUESDAY, JUNE 19, 2012

	WTBS ch.3	CHBC ch.4	KNOW ch.5	KSPS ch.6	KHQ ch.7	KREM ch.8	A&E ch.9	KXLY ch.10	BCTV ch.11	CITY ch.12	CBC ch.13	YTV ch.18	TSN ch.19	VTV ch.22	DISC ch.24	FAM ch.26	CITY ch.29	SPIKE ch.44	TROP ch.45
6 AM	In the Heat of the Night	(5:30) Morning News (N)	Arthur	Thomas	KHQ News 6AM (N)	KREM 2 Morning News	Criminal Minds	News	(5:30) Morning News (N)	(4:30) Morning News (N)	CBC News Now	Kid vs. Kat Super Evil	SportsCentre	(5:30) CTV Morning Live (N)	Canada's Worst Driver	Henry	CityLine (N)	Auction	Four Weddings Canada
7 AM	Cosby		Hi-5	Arthur	Today	CBS This Morning (N)	Criminal Minds	Good Morning America (N)			Turbo	Sidekick	SportsCentre		Inventions That Shook	Gravily	The Nate Berkus Show	(7:00) CSI: NY	Debt/Part
8 AM	Excused		WordWorld	Curious	outdoor decor. (N)		CSI: Miami			100 Huntley Street	Bo On/Go	Pokémon	SportsCentre		River Monsters	ANT Farm	Rachael Ray	CSI: Crime Scene Investigation	Bubble Wrap Kids
9 AM	Family Fd	100 Huntley Street	Wibbly Pig	Super Why!		The 700 Club	CSI: Miami	Livel With Kelly (N)	100 Huntley Street	World Vision	Super Why!	Rescue	SportsCentre	Livel With Kelly (N)	Cash Cab	Mickey	Access Hollywood Live	CSI: Crime Scene	Four Weddings Canada
10 AM	Millionaire	World Vision	Numbrjack	Sesame Street (E)		The Price Is Right (N)	Criminal Minds	The View	World Vision	Big Flip	Poko	Little Bear	Fins Skins	The View	Natural Born Dealers	Mickey	The Chew	CSI: Crime Scene	Law & Order
11 AM	Law Order: CI	Big Flip	Save-Umal	Sid	The Doctors	Young & Restless	Criminal Minds	Juce and Lose!	Big Flip	Noon News Hour (N)	Animal	G. Shrinks	2012 EURO	Marilyn Denis	Greatest Know-It-All	Phineas	The Revolution	CSI: Crime Scene Investigation	Frasier
12 PM	Law Order: CI	Noon News Hour (N)	Pingu	Charlie Rose (N)	Paid Prog. Best Mop!	News	The First 48	The Chew	Noon News Hour (N)	Days of our Lives (N)	CBC News Now (N)	Puppies Almost	2012 UEFA European Championship	CTV News (N)	Canada's Worst Driver	Wizards	General Hospital (N)	Ways Die	Frasier
1 PM	Amer. Dad	Days of our Lives (N)	Doggy Day	Paint	Days of our Lives (N)	The Talk	The First 48	The Revolution	Days of our Lives (N)	The Talk	Dragons' Den	Kid vs. Kat Super Evil	2012 EURO	The Dr. Oz Show	River Monsters	Sonny	CityLine	Ways Die	3rd Rock
2 PM	King	The Talk	Franklin	Barny	Pearlie (E)	Let's Make a Deal	Barter	General Hospital (N)	The Talk	The Doctors	Steven and Chris	Sidekick	Off Record	Anderson	Myth-Busters	So Raven	CityNews at 5 (N)	Ways Die	Gold Girls
3 PM	The Office	The Doctors	Rob Robot	WordGirl	Ellen DeGeneres Show	Dr. Phil	Storage	Rachael Ray	The Doctors	Young & Restless	Recipes	Almost	SportsCentre (N)	Dr. Phil	Cash Cab	Wizards	CityNews at 5 (N)	Ways Die	Bubble Wrap Kids
4 PM	Big Bang	Young & Restless	G. Shrinks	Fetch! With Arthur	Jdg Judy	The Dr. Oz Show	Storage	ABC News	Young & Restless	Early News	Mercer	SpongeBob	Hockey	Ellen DeGeneres Show	Daily Planet (N)	Phineas	America's Got Talent	Ways Die	Four Weddings Canada
5 PM	Browns	News (N)	Jack	News	News	News	Storage	News	Early News	(4:59) News Hour (N)	News	Parents	NBA	CTV News at Five (N)	How/Made	Wingin' It	Hell's Kitchen (N)	Ways Die	Frasier
6 PM	Browns	Global Nat.	Parks	PBS News-Hour (N)	News	KREM 2 News at 6 (N)	Barter	2012 NBA Finals: Oklahoma	(5:59) News Hour (N)	ET Canada	News	ICarly	Finals: Oklahoma City Thunder at Miami Heat. (N Subject to Blackout)	CTV News (N)	Dangerous Flights (N)	ANT Farm	America's Got Talent	Ways Die	Frasier
7 PM	Seinfeld	Ent	Hope for Wildlife	Queen Victoria's Empire	Jeopardy!	Inside Ed.	Storage	City Thunder at Miami Heat. (N)	Ent	Canada Sings	Jeopardy!	Boys	Indie	etalk	Deadliest Catch (N)	Shake It	Louie	Tenants	3rd Rock
8 PM	Family Guy	NCIS "The Good Son"	Lost Kingdoms	(Part 1 of 2)	America's Got Talent	NCIS "The Good Son"	Storage	J. Kimmel	NCIS "The Good Son"	NCIS "The Good Son"	Mercer	Waird	22 Minutes	Cleveland	Daily Planet (DVS)	Jessie	News	Repo	Debt/Part
9 PM	Movie: "G.I. Jane" (1997, Drama)	NCIS: Los Angeles	Movie: "Dreams With Sharp Teeth" (2007)	Frontline (DVS)	America's Got Talent	NCIS: Los Angeles	Storage	Ent	NCIS: Los Angeles	NCIS: Los Angeles	Camelot "Homecoming"	Funnfest Home Videos	SportsCentre (N)	MasterChef (N)	Dangerous Flights	Sulte/Deck	Seinfeld	Repo	Law & Order
10 PM	Demi Moore	Canada Sings	Hope for Wildlife	Charlie Rose (N)	News	News	Storage	News	News Hour Final (N)	Ent	Stroumbouloupoulos	Splatalot	SportsCentre	CTV News	How/Made	Ned's	Paid Prog.	Tenants	Gold Girls
11 PM	"Double J"	CHBC News Final (N)	Hope for Wildlife	Charlie Rose (N)	Jay Leno	Letterman	Storage	Nightline	ET Canada			Waird		CTV News	How/Made	Princess	OutThere	Entourage	Frasier

News Leader Recipe 507

Three Potato Salad

(NC)—For many Canadians eating in-season means trying a variety of new and healthy dishes. This delicious twist on a classic potato salad recipe adds a new flavour to your summer barbecues.

Prep Time: 10 minutes / Cooking Time: 14 minutes

Ingredients:

- 3 lbs. assorted potatoes (all-purpose, red and/or sweet potatoes or yams), unpeeled and cut into 1-inch pieces
- 120 mL (1/2 cup) Hellmann's Real Mayonnaise
- 15 mL (1 tbsp) Dijon mustard
- 60 mL (1/4 cup) sliced green onions
- 4 slices bacon, crisp-cooked and crumbled (optional)

Instructions: Cover potatoes with water in a 4-quart saucepot; bring to a boil over high heat. Reduce heat to low and simmer 14 minutes or until potatoes are tender; drain and cool slightly. Combine the Hellmann's mayonnaise with mustard in a large bowl. Add potatoes and onions and toss gently. Season to taste, if desired, with salt and ground black pepper. Serve chilled or at room temperature. Just before serving, sprinkle with bacon if desired.

Did you know?

Our bodies do not produce vegetable-based omega-3, therefore we have to include it daily through foods like canola and flaxseed oil, or products made of these such as mayonnaise. Fat helps our bodies to absorb a range of vitamins such as vitamins A, D, E and K.

Complete nutritional information (including sodium content) can be found at www.hellmanns.ca <<http://www.hellmanns.ca>> along with more tasty recipes to keep your family on their toes.

www.newscanada.com

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Wednesday Movies

EVENING

9:00 pm WTBS ch.3 "Double Jeopardy" (1999, Suspense) Tommy Lee Jones. While in jail for murdering her husband, a woman discovers he is living under a new identity with their son.

11:00 pm WTBS ch.3 "Dead Man on Campus" (1998, Comedy) Tom Everett Scott. Two college students try to find a suicidal roommate in order to receive an automatic 4.0 grade average.

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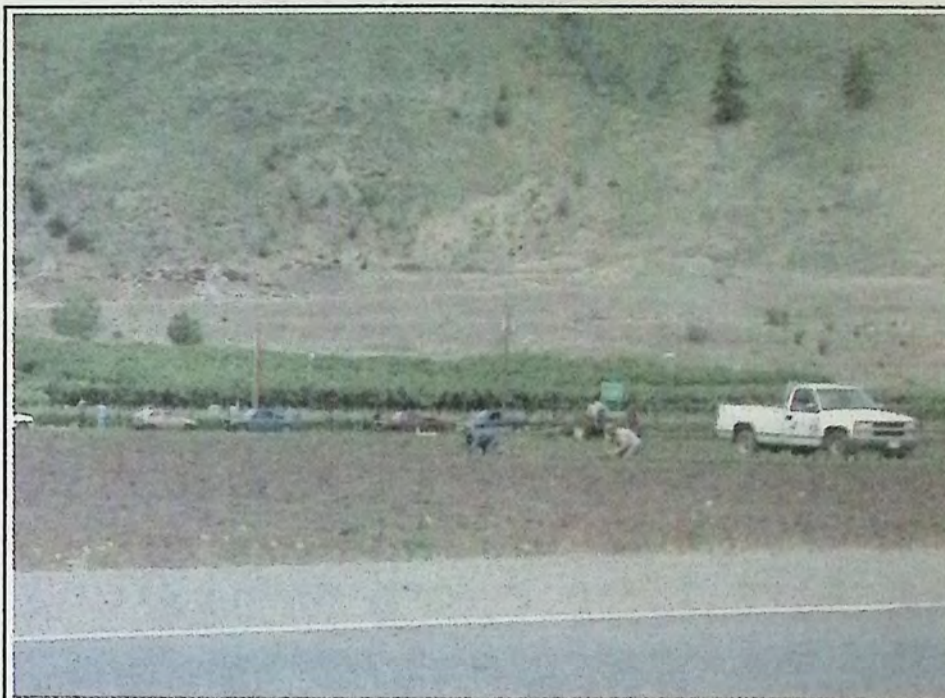
WEDNESDAY, JUNE 20, 2012

	WTBS ch.3	CHBC ch.4	KNOW ch.5	KSPS ch.6	KHQ ch.7	KREM ch.8	A&E ch.9	KXLY ch.10	BCTV ch.11	CITY ch.12	CBC ch.13	YTV ch.18	TSN ch.19	VTV ch.22	DISC ch.24	FAM ch.26	CITY ch.29	SPIKE ch.44	TROP ch.45
6 AM	In the Heat of the Night	(5:30) Morning News (N) Ⓢ	Arthur Ⓢ	Builder	KHQ News 6AM (N)	KREM 2 Morning News	Criminal Minds Ⓢ Ⓢ	News	(5:30) Morning News (N) Ⓢ	(4:30) Morning News (N) Ⓢ	CBC News Now Ⓢ	Kid vs. Kat	SportsCentre Ⓢ	(5:30) CTV Morning Live (N) Ⓢ	Mighty Planes "Orbis"	Henrys	CityLine (N) Ⓢ	Auction	Weird or What?
7 AM	Cosby		Hi-5 Ⓢ	Arthur	Today Actor Anthony Mackie. (N) Ⓢ	CBS This Morning (N) Ⓢ	Criminal Minds Ⓢ Ⓢ	Good Morning America (N) Ⓢ			Turbo	Sidekick	SportsCentre Ⓢ		Mighty Ships Ⓢ	Suite/Deck	The Nate Berkus Show	(7:05) CSI: NY "It Happened to Me"	Debt/Part
8 AM	Excused		WordWorld	Curious			CSI: Miami Ⓢ Ⓢ		100 Huntley Street Ⓢ		Bo On/Go	Pokémon	SportsCentre Ⓢ		Licence to Drill	ANT Farm	Rachael Ray Ⓢ Ⓢ	CSI: Crime Scene	Wipeout Canada Ⓢ
9 AM	Family Fd	100 Huntley Street Ⓢ	Wibbly Pig	Super Why!		The 700 Club Ⓢ	CSI: Miami Ⓢ Ⓢ	Livel With Kelly (N) Ⓢ	100 Huntley Street Ⓢ	Operation Smile Ⓢ	Super Why!	Rescue	SportsCentre Ⓢ	Livel With Kelly (N) Ⓢ	Cash Cab	Mickey	Access Hollywood Live	CSI: Crime Scene	Weird or What?
10 AM	Millionaire	Operation Smile	Numbrjack	Sesame Street Ⓢ		The Price Is Right (N)	Criminal Minds Ⓢ Ⓢ	The View (N) Ⓢ Ⓢ	Operation Smile	Big Flip	Poko Ⓢ	Little Bear	Fishing	The View (N) Ⓢ Ⓢ	Licence to Drill Ⓢ	Mickey	The Chew Ⓢ Ⓢ	CSI: Crime Scene Investigation Ⓢ	Law & Order Ⓢ Ⓢ
11 AM	Law Order: CI	Big Flip	Save-Ums!	Sid	The Doctors Ⓢ	Young & Restless	Criminal Minds Ⓢ Ⓢ	Paid Prog.	Big Flip	Noon News Hour (N)	Animal	G. Shrinks	NHRA Drag Racing: Ford Thunder Valley Nationals. From Bristol, Tenn.	Marilyn Denis	Mighty Planes Ⓢ	Phineas	The Revolution	CSI: Crime Scene	'70s Show
12 PM	Law Order: CI	Noon News Hour (N)	Pingu Ⓢ	Charlie Rose (N) Ⓢ	Paid Prog.	News	The First 48 Ⓢ	The Chew Ⓢ Ⓢ	Noon News Hour (N)	Days of our Lives (N)	CBC News Now (N) Ⓢ	Rated A	Almost	CTV News (N) Ⓢ Ⓢ	Dangerous Flights	Wizards	General Hospital (N) Ⓢ	CSI: Crime Scene	'70s Show
1 PM	Amer. Dad	Days of our Lives (N)	Doggy Day	Oil Painting	Days of our Lives (N)	The Talk Ⓢ Ⓢ	The First 48 Ⓢ	The Revolution	Days of our Lives (N)	The Talk Ⓢ Ⓢ	Dragons' Den Ⓢ Ⓢ	Kid vs. Kat		The Dr. Oz Show Ⓢ	Deadliest Catch Ⓢ	Sonny	CityLine Ⓢ Ⓢ	CSI: Crime Scene	3rd Rock
2 PM	King	The Talk Ⓢ Ⓢ	Franklin Ⓢ	Berney	Zula Patrol	Let's Make a Deal Ⓢ	The First 48 Ⓢ	General Hospital (N) Ⓢ	The Talk Ⓢ Ⓢ	The Doctors Ⓢ	Steven and Chris Ⓢ	Sidekick	Off Record	Anderson Ⓢ Ⓢ	Myth-Busters Ⓢ Ⓢ	So Raven	CityNews at 5 (N) Ⓢ	Auction	Gold Girls
3 PM	The Office	The Doctors Ⓢ	Rob Robot	WordGirl	Ellen DeGeneres Show	Dr. Phil Ⓢ Ⓢ	Storage	Rachael Ray Ⓢ Ⓢ	The Doctors Ⓢ	Young & Restless	Recipes	Almost	SportsCentre (N) Ⓢ	Dr. Phil Ⓢ Ⓢ	Cash Cab	Wizards	CityNews at 6 (N) Ⓢ	Auction	Wipeout Canada Ⓢ
4 PM	Big Bang	Young & Restless	G. Shrinks	Fetch! With Arthur Ⓢ	Jdg Judy	The Dr. Oz Show Ⓢ	Storage	The Nate Berkus Show	Young & Restless	Early News	Mercer	SpongeBob	Hockey	Ellen DeGeneres Show	Daily Planet (N) Ⓢ	Phineas	How I Met	Auction	Weird or What?
5 PM	Browns	News (N) Ⓢ	Jack Ⓢ	News	News	News	Storage	News	Early News	(4:59) News Hour (N)	News	Parents	E:60 Ⓢ	CTV News at Five (N)	River Monsters Ⓢ	Wingin' It	The Middle	Auction	'70s Show
6 PM	Browns	Global Nat.	Parks	PBS News-Hour (N) Ⓢ	News	KREM 2 News at 6 (N)	Storage	News	(5:59) News Hour (N)	ET Canada	News	Carly Ⓢ	MLS Soccer: Toronto FC at Houston Dynamo (N)	CTV News (N) Ⓢ Ⓢ	Deadliest Catch Ⓢ	ANT Farm	Mod Fam	Auction	'70s Show
7 PM	Seinfeld Ⓢ	Ent	Frontiers of	Nature "Superfish" Ⓢ	Jeopardy!	Inside Ed.	Duck D.	Ent	Ent	Ent	Coronation Street (N)	Boys	etalk Ⓢ	American Chopper	Shake It	Rules of Engagement Ⓢ Ⓢ	Diamond Divers (N) Ⓢ	Auction	3rd Rock
8 PM	Family Guy	Dogs in the City (N) Ⓢ	Mekong: Soul of a	NOVA Ⓢ	Betty	Dogs in the City Ⓢ	Duck D.	The Middle	Dogs in the City (N) Ⓢ	Dogs in the City (N) Ⓢ	2012 NHL Awards Show (N) Ⓢ	Weird	MLS Soccer: Red Bulls at Whitecaps FC	So You Think You Can Dance "Vegas Callbacks"	Daily Planet Ⓢ (DVS)	Austin	News	Diamond Divers Ⓢ	Debt/Part
9 PM	Movie: *** "Double Jeopardy" (1999)	The Office	Homeage to Robert Schumann	Inside Nature's Giants	Law & Order: SVU	Criminal Minds Ⓢ	Storage	Mod Fam	The Office	The Office	Funnist Home Videos	Splatalot	Funnist Home Videos	American Chopper	Shake It	Seinfeld Ⓢ	Seinfeld Ⓢ	Auction	Law & Order Ⓢ Ⓢ
10 PM		Duets "Movie Night" (N) Ⓢ	Designing Healthy	Law & Order: SVU	CSI: Crime Scene	Storage	Storage	"Movie Night" (N) Ⓢ	"Movie Night" (N) Ⓢ	Prime News (N) Ⓢ	National	Mr. Young	SportsCentre (N) Ⓢ	The Listener (N) Ⓢ	River Monsters Ⓢ	Zoey 101	The Nate Berkus Show	Auction	Gold Girls
11 PM	"Dead-Campus"	CHBC News Final (N)	Frontiers of	Charlie Rose (N) Ⓢ	News	News	Duck D.	News	News Hour Final (N)	Ent	Stroumbouloupoulos	Splatalot	SportsCentre Ⓢ	CTV News	Deadliest Catch Ⓢ	Ned's	Paid Prog.	Diamond Divers Ⓢ	'70s Show

Around the Similkameen!



Gusting winds June 9th in the Similkameen resulted in this trampoline taking a tumble in Olalla. The trampoline was tossed from its moorings in a back yard into the ditch of Highway 3A. Photo: Arlene Arlow



Planting ground crops is backbreaking work. "Brian and Brian" from Bears Fruit Stand are seen here June 13th, planting peppers for our dinner table. Another worker on the tractor is seen tilling the soil in the background. Photo: Arlene Arlow



This youngster needed a small pep talk before venturing through the gate at the Keremeos Community Pool June 14th. He and his schoolmates are partaking of this year's June program where local school children are bused to the pool for swim lessons. The pool schedule is available on the internet at <http://www.keremeos.ca/Residents/index.html> with free family swim time scheduled Saturdays from 1:00 to 3:00 PM. Unlike motion picture ratings which may require children to be in the company of an adult, the free family swim time means that adults must be in the company of children in order to be admitted to the pool. Photo: Arlene Arlow



The RCMP South Okanagan Traffic Services was clearly out and about at 10:00 PM the evening of June 9th. Three RCMP vehicles responded to a traffic stop on Highway 3 in Princeton, just west of Bridge Street. An eastbound vehicle ended up in the claws of a tow truck. The RCMP detachment in Princeton advised that it is common for other cruisers to respond as backup during a traffic stop when the situation is unusual. Details are not known. Photo: Arlene Arlow



Young quail are visible once again in the Similkameen and Okanagan valleys. Did you know that only one in sixteen baby quail survive? The first California Quail were brought from California to Victoria, BC in the 1860's. The birds were introduced to the Kaleden area around 1912 for hunting. We can thank their dismal odds of survival in part to the domestic cat. California Quail are the state bird for - you guessed it - California. You will see the same birds - with their propensity for running instead of flying - throughout California and its neighbouring states. This brood in Keremeos started out with over a dozen chicks earlier in June. Photo: Arlene Arlow



The Keremeos Community Pool is receiving some long-awaited brick walkways. Shae Carlson (left) and Matt Lougheed are doing their best to keep the Village in ship-shape. Photo: Arlene Arlow

Similkameen
News Leader
 www.thenewsleader.net

Friday Movies

EVENING

6:00 pm CITY ch.29 "The In-Laws" (2003, Comedy) Michael Douglas. Days before his son's wedding, a globe-trotting CIA agent entangles his future in-law in a series of adventures. (CC)
 8:00 pm YTV ch.18 "The Adventures of Sharkboy and Lavagirl" (2005, Adventure) Taylor Lautner. A 10-year-old and his imaginary friends try to save a distant planet from the forces of darkness. (In Stereo) (CC)
 FAM ch.26 "Sharpay's Fabulous Adventure" (2011, Comedy-Drama) Ashley Tisdale.

Sharpay and her dog, Boi, go to New York City and overcome the odds to find success in the dog-eat-dog world of theater. (In Stereo) (CC)
 10:00 pm FAM ch.26 "Wizards of Waverly Place: The Movie" (2009, Comedy) Selena Gomez. A young wizard conjures a spell that puts her family in jeopardy. (In Stereo) (CC)
 11:00 pm WTBS ch.3 "Crocodile Dundee in Los Angeles" (2001, Comedy) Paul Hogan. Mick and his girlfriend return to America and link the mysterious death of a reporter to a movie studio.

News Leader Sudoku 407

by Carter Boswell

HOW TO PLAY:

Sudoku is a game of logic. There is no math involved. The object of the game is to fill the grid so that the numbers 1 through 9 appear only once in each row, column and 3 x 3 box. The numbers can appear in any order and Carter has left you some clues below.

		7	1	4				8
							1	
		4				7		
9			6	3			5	
7					2			3
	1				7			4
		8				5		9
5								
	9			5	6	2		

THIS WEEK'S SOLUTION:
 Page 20

News Leader Sudoku grids, puzzles and solutions
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FRIDAY, JUNE 22, 2012

	WTBS ch.3	CHBC ch.4	KNOW ch.5	KSPS ch.6	KHQ ch.7	KREM ch.8	A&E ch.9	KXLY ch.10	BCTV ch.11	CITY ch.12	CBC ch.13	YTV ch.18	TSN ch.19	VTV ch.22	DISC ch.24	FAM ch.26	CITY ch.29	SPIKE ch.44	TROP ch.45
6 AM :30	In the Heat of the Night	(5:30) Morning News (N) ☺	Arthur ☺ Rob Robot	Bulder Clifford	KHQ News 6AM (N) ☺	KREM 2 Morning News	Parking Parking	News	(5:30) Morning News (N) ☺	(4:30) Morning News (N) ☺	CBC News Now ☺	Kid vs. Kat Super Evil	SportsCentre ☺	(5:30) CTV Morning Live (N) ☺	Junk Raiders	Henry Phineas	CityLine (N) ☺	DEA	Canadian Pickers ☺
7 AM :30	Cosby		Hi-5 ☺ Magic Bus	Arthur (N) Martha	Today Kenny Chesney performs. (N) ☺	CBS This Morning (N) ☺	Parking Parking	Good Morning America (N) ☺			Turbo Monster	Yu-Gi-Oh! Beyblade	SportsCentre ☺		Licence to Drill ☺	Suite/Deck Hannah	The Nate Berkus Show	DEA	Debt/Part Debt/Part
8 AM :30	Excused Excused		WordWorld Dinosaur	Curious Cat in the			Parking Parking		100 Huntley Street ☺		Bo On/Go Busytown	Pokémon Kid vs. Kat	SportsCentre ☺		Myth-Busters ☺	ANT Farm Phineas	Rachael Ray ☺	DEA "Deep Cover"	Canadian Pickers ☺
9 AM :30	Family Fd Family Fd	100 Huntley Street ☺	Garth-Bev Princess	Super Why! Dinosaur		The 700 Club ☺	Parking Parking	Livel With Kelly (N) ☺	100 Huntley Street ☺	Operation Smile ☺	Super Why! Cat in the	Rescue Berenstain	SportsCentre ☺	Livel With Kelly (N) ☺	Cash Cab Cash Cab	Mickey Never Land	Access Hollywood Live	DEA	Canadian Pickers ☺
10 AM :30	Millionaire Millionaire	Operation Smile	Numbrjack Mr. Moon	Sesame Street ☺ (EI)		The Price is Right (N)	Parking Parking	The View (N) ☺	Operation Smile	Big Flip Debt/Part	Poko ☺ Doodlebop	Little Bear Fly, Rhino	Sportfish Sports	The View (N) ☺	Game Machines	Mickey Manny	The Chew ☺	DEA	Law & Order ☺
11 AM :30	Law Order: CI	Big Flip Debt/Part	Save Ums Rolle Polle	Sid Sit & Be Fit	The Doctors ☺	Young & Restless	Parking Parking	Paid Prog.	Big Flip Debt/Part	Noon News Hour (N)	Animal Artzooka	G. Shrinks Rescue	2012 EURO 2012 UEFA European Championship	Marilyn Denis	Breaking Point "Bus"	Phineas Suite/Deck	The Revolution	DEA	King King
12 PM :30	Law Order: CI	Noon News Hour (N)	Pingu ☺ Peep, Big	Charlie Rose (N) ☺	Paid Prog. Paid Prog.	News Bold	Parking Parking	The Chew ☺	Noon News Hour (N)	Days of our Lives (N)	CBC News Now (N) ☺	Rated A Almost		CTV News (N) ☺	Myth-Busters ☺	Wizards Hannah	General Hospital (N) ☺	DEA	King King
1 PM :30	Amer. Dad Earl	Days of our Lives (N)	Doggy Day Zoboom	Wyland's Scrapbook	Days of our Lives (N)	The Talk ☺	Parking Parking	The Revolution	Days of our Lives (N)	The Talk ☺	Dragons' Den ☺	Kid vs. Kat Super Evil	2012 EURO	The Dr. Oz Show ☺	Myth-Busters ☺	Sonny Zoey 101	CityLine ☺	DEA	3rd Rock 3rd Rock
2 PM :30	King King	The Talk ☺	Franklin ☺ Little Bear	Barney WordWorld	Judge B. Judge B.	Let's Make a Deal ☺	Parking Parking	General Hospital (N) ☺	The Talk ☺	The Doctors ☺	Steven and Chris ☺	Slidekick Squirrel	Off Record Hockey	Anderson ☺	Myth-Busters ☺	So Raven Ned's	CityNews at 5 (N) ☺	DEA "Flip The Stripper"	Gold Girls Gold Girls
3 PM :30	Big Bang Big Bang	The Doctors ☺	Rob Robot Berenstain	WordGirl Electric	Ellen DeGeneres Show	Dr. Phil ☺	Parking Parking	Rachael Ray ☺	The Doctors ☺	Young & Restless	Recipes Stefano	Almost Slidekick	SportsCentre (N) ☺	Dr. Phil ☺	Cash Cab How/Made	Wizards Suite/Deck	CityNews at 6 (N) ☺	DEA	Canadian Pickers ☺
4 PM :30	MLB Baseball: Atlanta Braves at Boston Red Sox. (N) (Live)	Young & Restless News (N) ☺	G. Shrinks Arthur ☺	Biz Kid\$ Wild Kratts	Jdg Judy Jdg Judy	The Dr. Oz Show ☺	Storage Storage	The Nate Berkus Show	Young & Restless	Early News Global Nat.	Mercer Wheel	SpongeBob Korra	2012 NHL Draft From Consol Energy Center in Pittsburgh (N) (Live) ☺	Ellen DeGeneres Show	Daily Planet (N) ☺	Phineas Phineas	How I Met 30 Rock	DEA "Up the Ladder"	Canadian Pickers ☺
5 PM :30		Global Nat. News	Jack ☺ Martha	News Business	News NBC News	News CBS News	Storage Storage	News ABC News	Early News Global Nat.	(4:59) News Hour (N)	News News	Parents SpongeBob		CTV News at Five (N)	Salvage Hunters ☺	Random Good Luck	Murdoch Mysteries ☺	DEA	Law & Order ☺
6 PM :30		Global Nat. News	Parks Rivers	PBS News-Hour (N) ☺	News Millionaire	News KREM 2 News at 6 (N)	Barter Barter	News News	(5:59) News Hour (N)	ET Canada Ent	News Coronation Street (N)	Carly (N) Boys		CTV News (N) ☺	Finding Bigfoot (N) ☺	Shake It Austin	Movie: ** "The In-Laws" (2003, Comedy) ☺	DEA	Law & Order ☺
7 PM :30	Seinfeld ☺ Seinfeld ☺	Ent ET Canada	Marine Machines ☺ Need	Wash. Wheel	Jeopardy! Wheel	Inside Ed. Access H.	Barter Barter	Ent The Insider	Ent ET Canada	The Glee Project (N)	Jeopardy! Unmasked	Victorious	SportsCentre (N) (Live) ☺	etalk ☺ Big Bang	Dangerous Flights	Jessie ☺ ANT Farm	DEA "Deep Cover"	Law & Order ☺	
8 PM :30	Family Guy Family Guy	The Glee Project	Doc Martin ☺ Doc Martin ☺	Whitney ☺ Community	Undercover Boss ☺	Shipping Shipping	Shark Tank ☺	The Glee Project	Lost Girl "Fae Day" (N)	InSecurity Mosque	"The Adventures of Sharkboy and Lavagirl" ☺	E:60 ☺	Whitney ☺ All Night	Daily Planet (DVS)	"Sharpay's Fabulous Adventure" ☺	News EP Daily	Ways Die Diamond Divers	DEA	Debt/Part ET Canada
9 PM :30	The Office The Office	Bones ☺ Poiret ☺	Poiret "Yellow Iris" ☺	American Masters ☺	Dateline NBC ☺	CSI: NY ☺	Storage Storage	Primetime: What Would	Bones ☺ Bones ☺ (PA) ☺	Michael Comedy			CSI: NY ☺	Finding Bigfoot ☺	Austin	Seinfeld ☺	Seinfeld ☺ (9:35) DEA	Law & Order ☺	
10 PM :30	Browns Fayne	Lost Girl "Fae Day" ☺	Poiret ☺	Mustang	Blue Bloods ☺	Barter Barter	20/20 ☺ Barter	20/20 ☺	Lost Girl "Fae Day" ☺	Prime News (N) ☺	National	Mr. Young Boys	SportsCentre (N) ☺	Blue Bloods ☺	Salvage Hunters ☺	"Wizards of Waverly Place"	Ochocinco: Uit (10:35) DEA	Gold Girls Gold Girls	
11 PM :30	"Crocodile D"	CHBC News Final (N)	Marine Machines ☺	Charlie Rose (N) ☺	News Jay Leno	News Letterman	Barter Barter	Sports Nightline	News Hour Final (N)	Ent ET Canada	Stroumbouloupoulos	The Next Star ☺	SportsCentre ☺	CTV News	Dangerous Flights	Princess	The Nate Berkus Show	DEA	King

News Leader Weekend - Saturday Movies

MORNING

8:00 am WTBS ch.3 "Meet the Fockers" (2004, Comedy) Robert De Niro. A man fears the worst when he accompanies his fiancée's uptight father and mother to meet his free-spirited mom and dad.

10:00 am WTBS ch.3 "The Tao of Steve" (2000, Romance-Comedy) Donal Logue. An overweight kindergarten teacher meets an intriguing woman seemingly unimpressed by his charismatic persona.

AFTERNOON

12:00 pm FAM ch.26 "The Incredibles" (2004, Adventure) Voices of Craig T. Nelson. Animated. Now fighting boredom in suburbia, a former superhero and his family get a chance to save the world. (In Stereo) (CC)

1:15 pm SPIKE ch.44 "Green Zone" (2010, Action) Matt Damon. An Army officer and his team of inspectors stumble upon an elaborate coverup as they hunt for weapons of mass destruction in Iraq. (In Stereo)

4:00 pm TROP ch.45 "National Lampoon's Vacation" (1983,

Comedy) Chevy Chase. The Griswolds and family head by station wagon for the California fun park Walley World. (In Stereo) (CC)

5:00 pm WTBS ch.3 "I Am Legend" (2007, Science Fiction) Will Smith. After a man-made plague transforms Earth's population into blood-thirsty vampires, a lone survivor desperately searches for a cure.

EVENING

6:00 pm SPIKE ch.44 "The Transporter 2" (2005, Action) Jason Statham. A former Special Forces operative springs into action to save the kidnapped son of an anti-drug czar. (In Stereo)

7:00 pm WTBS ch.3 "12 Rounds" (2009, Action) John Cena. A cop must navigate through an elaborate series of traps and puzzles to save his kidnapped fiancée from a vengeful criminal.

CITY ch.12 "Spider-Man 3" (2007, Action) Tobey Maguire. Premiere. Peter Parker undergoes an ominous transformation when his Spider-Man suit turns black and brings out the dark, vengeful side of his personality. (CC)

VTVch.22 "She Drives Me Crazy" (2007, Drama) Melinda Clarke. After her husband dies, a woman and her estranged sister embark on a road trip to their high-school reunion. (In Stereo) (CC) (DVS)

8:00 pm CHBC ch.4 BCTV ch.11 "Spider-Man 3" (2007, Action) Tobey Maguire. Peter Parker undergoes an ominous transformation when his Spider-Man suit turns black and brings out the dark, vengeful side of his personality. (CC)

KSPS ch.6 "Arsenic and Old Lace" (1944, Comedy) Cary Grant. A theater critic learns his two elderly aunts serve poisoned elderberry wine to lonely gentlemen callers. (CC)

YTV ch.18 "Baby's Day Out" (1994, Comedy) Joe Mantegna. The active 9-month-old son of a rich Chicago couple crawls away from klutzy kidnappers. (In Stereo) (CC)

SPIKE ch.44 "Payback" (1999, Action) Mel Gibson. A man seeks revenge on his wife and crime partner, who shot him and left him for dead. (In Stereo)

9:00 pm WTBS ch.3 "Transporter 3" (2008, Action) Jason Statham. Mob courier Frank Martin and the subject

of his assignment, a cynical Ukrainian woman, are fitted with shackles that will explode if they wander too far from his car.

CBC ch.13 "The Baby Formula" (2008, Comedy) Angela Vint. Two women undergo an experiment which allows them to become pregnant using their own stem cells. (In Stereo) (CC)

FAM ch.26 "Geek Charming" (2011, Comedy) Sarah Hyland. A teen films a documentary about the most popular student at his high school. (In Stereo) (CC)

CITY ch.29 "Poison Ivy" (1992, Drama) Drew Barrymore. A wild, wily teen moves in with her rich girlfriend and seduces the father as the mother lies dying. (CC)

TROP ch.45 "National Lampoon's Vacation" (1983, Comedy) Chevy Chase. The Griswolds and family head by station wagon for the

California fun park Walley World. (In Stereo) (CC)

10:38 pm FAM ch.26 "The Thirteenth Year" (1999, Drama) Chez Starbuck. As a boy approaches adolescence he grows scales and fins, communicates with fish and breathes underwater. (In Stereo) (CC)

11:00 pm WTBS ch.3 "The Fast and the Furious: Tokyo Drift" (2006, Action) Lucas Black. An American street racer in Japan learns an exciting but dangerous new style and goes head-to-head with a local champion who has ties to the Yakuza.

KXLY ch.10 "12 Rounds" (2009, Action) John Cena. A cop must navigate through an elaborate series of traps and puzzles to save his kidnapped fiancée from a vengeful criminal.

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SATURDAY, JUNE 23, 2012

	WTBS ch.3	CHBC ch.4	KNOW ch.5	KSPS ch.6	KHQ ch.7	KREM ch.8	A&E ch.9	KXLY ch.10	BCTV ch.11	CITY ch.12	CBC ch.13	YTV ch.18	TSN ch.19	VTV ch.22	DISC ch.24	FAM ch.26	CITY ch.29	SPIKE ch.44	TROP ch.45	
6 AM	Paid Prog.	Foodies	Timothy	Heartland	(5:00) Today (N) Ⓢ	(5:00) CBS This Morning	Sell: Extreme	Paid Prog.	Foodies	Saturday Morning News Ⓢ	Monster	Kid vs. Kat	SportsCentre Ⓢ	Julcebox Ⓢ	Machines	Jungle	Kitchen	Xtreme 4x4	TV-Torrens	
6:30 AM	Paid Prog.	Big Coast	Dinosaurs	Fly Tying				Let's Talk	Big Coast		Bustytown	Super Evil		Cash Cab	Movers	Aspire TV	Horse.	Paid Prog.		
7 AM	Paid Prog.	Saturday Morning News (N) Ⓢ	Rob Robot	MotorWeek	KHQ Local News (N) Ⓢ	Doodlebop	Flip This House Ⓢ	Good Morning America	Saturday Morning News (N) Ⓢ		Animal	Rated A	SportsCentre Ⓢ	Finding Bigfoot Ⓢ	Manny	Eye/Asla	Trucks! (N)	Weird or What?		
7:30 AM	Paid Prog.		Clifford	Greener		Doodlebop	Flip This House Ⓢ				Super Why!	Kid vs. Kat		Never Land	Caribbean	MuscleCar				
8 AM	Movie: *** "Meet the Fockers" (2004)		Dino Dan	Woodsmith		Bustytown	Flip This House Ⓢ	Hanna			Doodlebop	Almost	SportsCentre Ⓢ	Hobo	Dangerous Flights	Phineas	Polish Studio Ⓢ	Diamond Divers	3rd Rock	
8:30 AM			Art Attack	Hometime		Bustytown	Flip This House Ⓢ	Ocean			Goldfish	SpongeBob		Hobo	Suite/Deck				3rd Rock	
9 AM			G. Shrinks	Woodshop		Danger	Flip This House Ⓢ	Explore		Driving TV	Absolutely Canadian Ⓢ	SpongeBob	Motoring	Corner Gas	Mayday Ⓢ	Wizards	EP Weekly	Auction	70s Show	
9:30 AM			Rolie Polie	Old House		Horseland	Flip This House Ⓢ	Rescue		Fishing		Super Evil	Score Golf	Corner Gas		Wingin' It	Reviews	Auction	70s Show	
10 AM	Movie: *** "The Tao of Steve" (2000)	Fishn	Arthur Ⓢ	Old House	Willa's	Paid Prog.	Monster	Health	Fishn	Powerboat	Prairie Bandit	T.U.F.F. Sidekick	E:60 Ⓢ	SickKids Foundation Ⓢ	Licence to Drill	ANT Farm	Tow Biz	Auction	Frasier Ⓢ	
10:30 AM		Fishing	Jack Ⓢ	Kitchen	Pearlie (E)	Paid Prog.	Monster	Food	Fishing	Tradition					Jessie Ⓢ	Ed's Up	Auction	Frasier Ⓢ		
11 AM		Powerboat	Martha	Cooking	Grt Pillow	Championships	Monster	Paid Prog.	Powerboat	Simpsons	Steven and Chris Ⓢ	Korra	2012 EURO	Is Written	Greatest Know-It-All	Austin	cooking	Auction	King	
11:30 AM		Tradition	Wild Kratts	Cooking	Paid Prog.		Monster	Paid Prog.	Tradition	Simpsons		Beyblade	2012 UEFA European Championship	Car Bnss	Shake It	Role	Auction	King		
12 PM	Jim	News	Gardens	Cook's	Insaniti!	PGA Tour Golf: Travelers Championship, Third Round. (N) (Live) Ⓢ	Monster	Paid Prog.	News	PGA Tour Golf: Travelers Championship, Third Round. (N) (Live) Ⓢ	Recipes	Pokemon		SportsCentre Ⓢ	Sons of Guns Ⓢ	Movie: *** "The Incredibles" (2004) Ⓢ	Travels	Auction	Drew	
12:30 PM	Browns	PGA Tour Golf: Travelers Championship, Third Round. (N)	Gardens	Victory	Paid Prog.		Monster	Storms	PGA Tour Golf: Travelers Championship, Third Round. (N) (Live) Ⓢ		Stefano	Power		Canada's Worst Driver	Salvage Hunters Ⓢ		Planet	Auction	Drew	
1 PM	King	King	Parks	Antiques Roadshow Ⓢ	U.S. Olympic Trials: Diving. (N) Ⓢ (Live) Ⓢ		CaJun	Ball Boys		Lang & O'Leary	Yu-Gi-Oh!	Monsuno	2012 EURO	Worst Handyman	Myth-Busters Ⓢ	Gravity	Tow Biz	Matt Damon, Greg Kinnear. Ⓢ	70s Show	
1:30 PM	King	King	Parks	Queen Victoria's Empire			CaJun	Ball Boys							Suite/Deck	Ed's Up			70s Show	
2 PM	Family Guy	Family Guy	Rivers	Queen Victoria's Empire	Jdg Judy	Paid Prog.	CaJun	ESPN Sports Saturday (N)			Horse Racing	Zoink'd! Ⓢ	Sports	Worst Handyman	Myth-Busters Ⓢ	Suite/Deck	Ed's Up		3rd Rock	
2:30 PM	Family Guy	Family Guy	Rivers	"Engines of Change"	Zula Patrol	Paid Prog.	CaJun					Zoink'd! Ⓢ	E:60 Ⓢ	Handyman	Suite/Deck	Ed's Up			3rd Rock	
3 PM	The Office	Simpsons	Blue Realm "Tentacles"	"Engines of Change"			CaJun		Simpsons	Family Guy	The Nature of Things	Zoink'd! Ⓢ	SportsCentre (N) Ⓢ	Marilyn Denis	Cash Cab	Good Luck	CityNews Weekends		Weird or What?	
3:30 PM	The Office	Simpsons	"Tentacles"				CaJun		Simpsons	Family Guy		Zoink'd! Ⓢ		Denis	How/Made	Sonny				
4 PM	Seinfeld Ⓢ	Family Guy	Edge of the World	Stevens	Sheldon	Access Hollywood (N)	Storage	Heartland Ⓢ (DVS)	Family Guy	Family Guy	8th Fire "It's Time!"	Splatatlot	Sports	etalk	Cash Cab	Jessie Ⓢ	G. Martin	Ways Die	Movie: *** "National Lampoon's Vacation"	
4:30 PM	Seinfeld Ⓢ	Family Guy	World	Travel	Dragon		Storage		Family Guy	Global Nat.		Splatatlot	EURO	App	Cash Cab	Wizards	Out There	Ways Die		
5 PM	Movie: *** "I Am Legend" (2007)	Family Guy	Planet Earth "Caves"	Old Guys	News	News	Storage	News	Family Guy	News Hour (N) Ⓢ	Land/ Sea	Splatatlot	2012 UEFA European Championship	Movie	Auction	Shake It	Murdoch Mysteries Ⓢ	Surviving Disaster		
5:30 PM	Will Smith.	Global Nat.	Hope for Wildlife Ⓢ	Lawrence Welk	News	News	Storage	News	(5:59) News Hour (N)	ET Canada	National	Mr. Young		etalk Ⓢ	Auction	Austin				
6 PM		News			Wheel	Paid Prog.	Storage	Explore TV	Unmasked		M'ketchup	Mr. Young		CTV News (N) Ⓢ	Deadliest Catch Ⓢ	Good Luck	Murdoch Mysteries Ⓢ	Movie: *** "The Transporter 2" (2005) Ⓢ	Wipeout Canada Ⓢ	
6:30 PM												Mr. Young			Really Me					
7 PM	Movie: * "12 Rounds" (2009) John Cena.	ET Canada	Death of the Iceman Ⓢ	Keep Up As Time...	Criminal Minds Ⓢ	Grey's Anatomy Ⓢ	Dog	Entertainment Tonight	ET Canada	Movie: *** "Spider-Man 3" (2007) Tobey Maguire. Premiere. Ⓢ	Short Film Faceoff (N)	Mr. Young	Sports	Movie: ** "She Drives Me Crazy" (2007) Ⓢ	The Devils Ride Ⓢ	Wizards	Murdoch Mysteries Ⓢ	Movie: *** "Cake Walk" (1999).	Weird or What?	
7:30 PM		Unmasked					Dog		Unmasked			Mr. Young	MLS Soccer: Whitecaps FC at Galaxy	Suite/Deck		Sonny	CityNews Weekends	Action! Mel Gibson. Ⓢ		
8 PM		Movie: *** "Spider-Man 3" (2007)	Heartbeat Ⓢ	Movie: *** "Arsenic and Old Lace" (1944)	U.S. Olympic Trials	Rules	Dog	Extreme Makeover	Movie: *** "Spider-Man 3" (2007)		fifth estate	Movie: ** "Baby's Day Out" (1994)		River Monsters	Random					
8:30 PM							Dog					Movie: ** "Baby's Day Out" (1994)								
9 PM	Movie: ** "Transporter 3" (2008, Action)	Tobey Maguire, Kirsten Dunst. Ⓢ	Rebus Ⓢ	Law & Order: SVU	CSI: Crime Scene	Storage	Storage	Extreme Makeover	Tobey Maguire, Kirsten Dunst. Ⓢ		Movie: "The Baby Formula" (2008)	Angela Vint.		CSI: Crime Scene	Deadliest Catch Ⓢ	Movie: *** "Geek Charming" Ⓢ	Movie: *** "Poison Ivy" (1992, Drama) Ⓢ	Movie: *** "National Lampoon's Vacation"		
9:30 PM							Storage													
10 PM			Suggs' Italian Job Ⓢ	Live From Artists Den	The Firm (N) Ⓢ	48 Hours Mystery Ⓢ	Storage	Castle Ⓢ		News Final				Comedy	Auction	(10:38) *** "The Thirteenth Year"	Out There	Diamond Divers Ⓢ	Wipeout Canada Ⓢ	
10:30 PM							Storage			(10:35) Saturday Night Live Ⓢ				Comedy	Auction					
11 PM	"Tokyo Drift"	News Final	(10:50) Ancient Clues	Austin City Limits Ⓢ	News	News	Dog	Movie: * "12 Rounds"	News Final		News	Splatatlot	SportsCentre Ⓢ	CTV News	The Devils Ride Ⓢ	Money	Ways Die			
11:30 PM		SNL			SNL	The Closer	Dog		SNL		Being Erica	Splatatlot		CTV News						

News Leader Weekend - Sunday Movies

MORNING

8:00 am WTBS ch.3 "Head of State" (2003, Comedy) Chris Rock. An alderman becomes a presidential candidate and chooses his unsophisticated brother as a running mate.
 10:00 am WTBS ch.3 "Zoom" (2006, Comedy) Tim Allen. A former superhero returns to work at a private academy to whip a group of ragtag youths into a new generation of heroes.
 11:30 am SPIKE ch.44

"Payback" (1999, Action) Mel Gibson. A man seeks revenge on his wife and crime partner, who shot him and left him for dead. (In Stereo)

AFTERNOON

12:00 pm WTBS ch.3 "The Ringer" (2005, Comedy) Johnny Knoxville. Special Olympians train a man, who is pretending to be mentally impaired, to go toe-to-toe with the hated champion of the games.

FAM ch.26 "Space Buddies" (2009, Comedy) Diedrich Bader. Five puppies blast off to a cosmic adventure when they become accidental stowaways aboard an unmanned space shuttle. (In Stereo) (CC)
 2:00 pm KSPS ch.6 "Circus Dreams" (2011, Documentary) Filmmaker Signe Taylor chronicles a year with Circus Smirkus, a traveling show featuring performers aged 12 to 18. (In Stereo) (CC)
 YTV ch.18 "Babe" (1995, Drama) James Cromwell. An Australian farmer adopts a piglet that becomes a champion sheepherder. Live action/animatronics. (In Stereo) (CC)
 3:00 pm YTV ch.22 "Mrs. 'Arris Goes to Paris" (1992, Drama) Angela Lansbury. Lives are enhanced by encounters with a London cleaning woman who is off on a quest for a Dior gown. (In Stereo) (CC)
 4:00 pm YTV ch.18 "Babe: Pig in the City" (1998, Fantasy) Magda Szubanski. A farmer's wife and her young porker are detained in a city rooming house with a menagerie. Live action/animatronics. (In Stereo) (CC)
 SPIKE ch.44 "The Transporter 2" (2005, Action) Jason Statham. A former Special Forces operative springs into action to save the kidnapped son of an anti-drug czar. (In Stereo)
 5:00 pm WTBS ch.3 "The Hangover" (2009, Comedy) Bradley Cooper. After a wild stag party in Las Vegas, three

hazy groomsman must find their missing friend and get him back to Los Angeles in time for his wedding.
 CBC ch.13 "Curious George" (2006, Comedy) Voices of Will Ferrell. Animated. The Man in the Yellow Hat is on hand to help an inquisitive monkey out of trouble on a series of misadventures.
EVENING
 6:00 pm YTV ch.18 "Charlotte's Web" (2006, Drama) Voices of Julia Roberts. After learning that a young pig's days are numbered, a literate spider weaves an elaborate plan to save her friend from the butcher's block. (In Stereo) (CC)
 SPIKE ch.44 "Rambo" (2008, Action) Sylvester Stallone. John Rambo calls upon his long-buried but lethal skills to rescue a missionary and her comrades from the Burmese army. (In Stereo)
 7:00 pm WTBS ch.3 "Old School" (2003, Comedy) Luke Wilson. Three friends try to recapture the fun of their college years by starting their own off-campus fraternity.
 8:00 pm CBC ch.13 "Happy Gilmore" (1996, Comedy) Adam Sandler. A powerful swing convinces a hockey player he can join the PGA tour and win back his grandmother's repossessed house. (In Stereo) (CC)
 SPIKE ch.44 "Rambo" (2008, Action) Sylvester Stallone. John

Rambo calls upon his long-buried but lethal skills to rescue a missionary and her comrades from the Burmese army. (In Stereo)
 9:00 pm WTBS ch.3 "Nacho Libre" (2006, Comedy) Jack Black. To raise money for an orphanage, a Mexican cook named Ignacio moonlights as a professional wrestler.
 FAM ch.26 "It Could Happen to You" (1994, Romance-Comedy) Nicolas Cage. A New York policeman keeps his promise to split a \$4 million lottery prize with a waitress, but his wife objects. (In Stereo) (CC)
 CITY ch.29 "Poison Ivy" (1992, Drama) Drew Barrymore. A wild, wily teen moves in with her rich girlfriend and seduces the father as the mother lies dying. (CC)
 10:42 pm FAM ch.26 "Daddy Day Care" (2003, Comedy) Eddie Murphy. After company downsizing, two former executives decide to open a day-care center for kids in their neighborhood. (In Stereo) (CC)
 11:00 pm KNOW ch.5 "Anita O'Day: The Life of a Jazz Singer" (2007, Documentary) Jazz singer Anita O'Day survives drug addiction and alcoholism to become a music legend. (CC)

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SUNDAY, JUNE 24, 2012

	WTBS ch.3	CHBC ch.4	KNOW ch.5	KSPS ch.6	KHQ ch.7	KREM ch.8	A&E ch.9	KXLY ch.10	BCTV ch.11	CITY ch.12	CBC ch.13	YTV ch.18	TSN ch.19	VTV ch.22	DISC ch.24	FAM ch.26	CITY ch.29	SPIKE ch.44	TROP ch.45
6 AM	Sports	Angler	Timothy	Mr. Rogers	Today (N) 1 2	Paid Prog.	The Sopranos 1 2	Paid Prog.	Angler	Canada	Super Why!	Kid vs. Kat	Formula One Racing	Road to Avonlea 1	Gold Rush 1 2	Jungle	Tow Biz	Xtreme 4x4	TV-Torrens
6:30	Mad About	Fishful	Dinosaurs	Signing		Paid Prog.		Paid Prog.	Fishful	TribalTrail	Artzooka	Super Evil				Movers	ChurchRock	Horse.	Paid Prog.
7 AM	Career Day	Driving TV	Rob Robot	Wild	News	CBS News Sunday Morning (N) 2	The Sopranos 1 2	Good Morning America	Driving TV Canada	Sunday Morning News (N) 2	Coronation Street 2	Rated A	Reporters	Marilyn Denis	Myth-Busters 1 2	Manny	Eye/Asia	Trucks! 1	Housewives
7:30	P. Affairs	Canada	Magie Bus	Clifford	Invest							Kid vs. Kat	Reporters			Mickey	Dharti	MuscleCar	
8 AM	Movie: ** "Head of State" (2003) Chris Rock.	Sunday Morning News (N) 2	Dino Dan	Curious	Meet the Press (N) 2	The Nation	The Sopranos 1 2	This Week	Sunday Morning News (N) 2		Coronation Street 2	Almost	SportsCentre 2	Hobo Children	Myth-Busters 1 2	Phineas	Pakistan	Am Digger	3rd Rock
8:30		Upside	Cat In the									SpongeBob				Suite/Deck	Festival Italiano di Johnny Lombardi (In Italian) 2	Am Digger	3rd Rock
9 AM		Arthur 1	Everyday	Babar 2	Paid Prog.	Criminal Minds 1 2	Matthews	Wall Street	Block	Coronation Street 2	SpongeBob	SportsCentre 2	PLAN Canada 1 2	Breakout 2	Wizards	Warthog!	Lombardi	Am Digger	70s Show
9:30		Jack 2	The Impact	Meals!	Grt Pillow				Context		Squirrel							Am Digger	70s Show
10 AM	Movie: ** "Zoom" (2006, Comedy) Tim Allen.	Block	Wild Kratts	Inside Olympi 2	Insanity!	Backroads	Criminal Minds "100"	Hometime	Block	Hour of Power 2	Coronation Street 2	iCarly 2	2012 Nascar Canadian	Operation Smile	Prank Sci Auction	ANT Farm		Am Digger	Frasler 1
10:30		Context	Little		Paid Prog.	Paid Prog.		Your Home	Context			Mr. Young				Jessie 2		Diamond Divers	Frasler 1
11 AM		Hour of Power 2	Think Big	Europe Jrnl	Paid Prog.		Criminal Minds 1 2	Julce and Lose!	Hour of Power 2	Simpsons	Coronation Street 2	Victorious	2012 UEFA European Championship	Question Period 2	Flying Wild Alaska 2	Austin	cooking		King
11:30										Simpsons		Big Time	2012 UEFA European Championship		Shake It	Paid Prog.	Movie: *** "Payback" (1999, Action) Mel Gibson. 1		King
12 PM	Movie: *** "The Ringer" (2005) Brian Cox	News	Dogs	Moyers & Company 1	U.S. Olympic Trials: Diving. (N) 1 (Live) 2	PGA Tour Golf: Travelers Championship, Final Round. (N) (Live) 2	Criminal Minds 1 2	Paid Prog.	News	PGA Tour Golf: Travelers Championship, Final Round. (N) (Live) 2	Land/ Sea	Boys	European Championship	SportsCentre 1 2	Mighty Planes 2	Movie: ** "Space Buddies" 1	Travels	1 Cook	Drew
12:30		PGA Tour Golf: Travelers Championship, Final Round. (N) 2	Dogs/Jobs	Health Matt.			Criminal Minds 1 2	Storm Stories 1 2		PGA Tour Golf: Travelers Championship, Final Round. (N) (Live) 2	One/One	Zoink'd! 1		W5 1 2 (DVS)	Pyros 2 (DVS)	Phineas	Law & Order: SVU		Drew
1 PM		Undersea	Undersea				Criminal Minds 1 2	The Glass House 2		Final Round. (N) 2	Recipes	Splatalot	2012 UEFA European Championship						70s Show
1:30		Hope for Wildlife 2	"Circus Dreams" (2011)				Criminal Minds 1 2				Horse Racing: Queen's Plate. (N) 2	Weird	2012 UEFA European Championship						70s Show
2 PM	The Closer "Split Ends"	Block	Wild Kratts	Inside Olympi 2	Insanity!	Backroads	Criminal Minds "100"	Hometime	Block	Hour of Power 2	Coronation Street 2	iCarly 2	2012 Nascar Canadian	Operation Smile	Prank Sci Auction	ANT Farm		Am Digger	Frasler 1
2:30		Context	Little		Paid Prog.	Paid Prog.		Your Home	Context			Mr. Young				Jessie 2		Diamond Divers	Frasler 1
3 PM	Big Bang	Simpsons	Marine Machines 2	A Summer of Birds 2	Paid Prog.	Paid Prog.	Criminal Minds 1 2	Ball Boys	Simpsons	Family Guy	Dragons' Den 1 2	James Cromwell.							King
3:30	Big Bang	Simpsons					Criminal Minds 1 2	ABC News	Simpsons	Family Guy									King
4 PM	Big Bang	Family Guy	The Blue Planet 2	Idina Menzel	NUMB3RS "Primacy"	Backroads	Criminal Minds 1	News	Family Guy	Family Guy	Jeopardy!	Movie: *** "Babe" (1995)	NBA	Paris 1	Myth-Busters 1 2	Jessie 2	Funniest Home Videos	Movie: *** "The Transporter 2" (2005) 1	Intervention Canada 1
4:30	Big Bang	Family Guy				Inside Edit.		NBA	Family Guy	Global Nat.	Wheel	Movie: *** "Charlotte's Web" (2008)							Intervention Canada 1
5 PM	Movie: *** "The Hangover" (2009)	Family Guy	Art of the Heist 1 2	Hometime	News	News	Criminal Minds 1	2012 NBA Finals: Miami Heat at Oklahoma City Thunder. (N) (Live) 2	Family Guy	(4:59) News Hour (N)	Movie: ** "Curious George" (2006, Comedy)	Movie: *** "Charlotte's Web" (2008)	2012 NBA Finals: Miami Heat at Oklahoma City Thunder. (N) (Live) 2	First Story	Grand Design	Shake It	Murdoch Mysteries 1		Intervention Canada 1
5:30		News		Old House	NBC News	CBS News			Global Nat.			Movie: *** "Charlotte's Web" (2008)		Fashion					Intervention Canada 1
6 PM	Ed Helms	Global Nat.	Ancient Clues 2	Doc Martin Social club.	News	KREM 2 News at 6 (N)	The Glades (N) 2	Howie Do	Howie Do	The Good Wife 1 2	Heartland 2 (DVS)	Movie: *** "Charlotte's Web" (2008)	CTV News (N) 1 2	Grand Design	Good Luck Wingin' It	America's Got Talent	Movie: ** "Rambo" (2008)	Sylvester Stallone.	Housewives
6:30		News			Paid Prog.			Cleveland	Cleveland										Housewives
7 PM	Movie: ** "Old School" (2003) Luke Wilson.	Howie Do	Space Launch 1 2	Finding Your Roots	U.S. Olympic Trials	60 Minutes 1 2	Longmire "The Cancer"	Howie Do	Howie Do	Heartland 2 (DVS)	Movie: ** "Happy Gilmore" (1996) 1 2	Weld	SportsCentre (N) 2	The Listener 2 (DVS)	Grand Design	Sonny	CityNews Weekends	Movie: ** "Rambo" (2008)	Eat St. 1
7:30		Cleveland										Mr. Young				Random			Eat St. 1
8 PM		Simpsons	Monarch of the Glen (N)	Masterpiece Mystery! 1 (DVS)	Dateline NBC 1 2	Person of Interest 2	(8:01) Longmire 2	J. Kimmel	Simpsons	Simpsons	Movie: ** "Happy Gilmore" (1996) 1 2	Boys	2012 Nascar Canadian	Saving Hope (N) 2	Grand Design	Movie: *** "It Could Happen to You" 1			Intervention Canada 1
8:30		Burgers			America's Got Talent	The Good Wife 1 2	(9:01) Criminal Minds 2	All About	Family Guy	Family Guy		Zoink'd! 1							Intervention Canada 1
9 PM	Movie: *** "Nacho Libre" (2006, Comedy)	Family Guy	Garrow's Law 1 2	Morristown			(10:01) The Glades 2	The Insider	Amer. Dad	Amer. Dad									Intervention Canada 1
9:30		Amer. Dad																	Intervention Canada 1
10 PM		The Good Wife 1 2	Cracker 2	MI-5 2	America's Got Talent	The Mentalist 1 2	(10:01) The Glades 2	PrimeTime: What Would	The Good Wife 1 2	News Final	National	The Next Star 1 2	SportsCentre (N) 2	CSI: Crime Scene	Myth-Busters 1 2	Movie: "Daddy Day Care" 1	Out There	Tenants	Intervention Canada 1
10:30								Van Impe	Block	Paid Prog.	News	In Real Life 1 2	SportsCentre 2	CTV News	Grand Design	Departures	Ways Die		Intervention Canada 1
11 PM	The Closer 2	News Final	"Anita O'Day"	The Power of the Poor	News	News	(11:01) Longmire 2			Paid Prog.	fifth estate			CTV News					Intervention Canada 1
11:30		Block			Paid Prog.	The Unit													Intervention Canada 1



Young Life participants renew friendships with a bit of ice cream during an evening of fun June 12th which included building a giant outdoor banana split and a good old-fashioned ice cream fight! Photo: Liz Knibbecke

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Monday Movies

EVENING

9:00 pm WTBS ch.3 "12 Rounds" (2009, Action) John Cena. A cop must navigate through an elaborate series of traps and puzzles to save his kidnapped fiancée from a vengeful criminal.

11:00 pm WTBS ch.3 "Righteous Kill" (2008, Crime Drama) Robert De Niro. Two veteran detectives hunt a vigilante whose crimes resemble those of a killer they put behind bars long ago.

KNOW ch.5 "Picasso and Braque Go to the Movies" (2007, Documentary) Narrated by Martin Scorsese. Explores the relationship between fine art and early cinema, especially as seen in the works of cubist artists Pablo Picasso and Georges Braque. (CC)

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MONDAY, JUNE 25, 2012

	WTBS ch.3	CHBC ch.4	KNOW ch.5	KSPS ch.6	KHQ ch.7	KREM ch.8	A&E ch.9	KXLY ch.10	BCTV ch.11	CITY ch.12	CBC ch.13	YTV ch.18	TSN ch.19	VTV ch.22	DISC ch.24	FAM ch.26	CITY ch.29	SPIKE ch.44	TROP ch.45	
6 AM	In the Heat of the Night	(5:30) Morning News (N)	Arthur	Builder	KHQ News 6AM (N)	KREM 2 Morning News	Criminal Minds	News	(5:30) Morning News (N)	(4:30) Morning News (N)	CBC News Now	Kid vs. Kat Super Evil	(3:30) 2012 Wimbledon Championships: Early Round, Day 1. From the All-England Lawn Tennis and Croquet Club in Wimbledon, England. (N) (Live)	(5:30) CTV Morning Live (N)	Deadliest Catch	Henry's Phineas	CityLine (N)	Auction	Housewives	
7 AM	Cosby		Hi-5	Arthur	Today (N)	CBS This Morning (N)	Criminal Minds	Good Morning America (N)			Turbo	Sidekick			Greatest Know-It-All	Suite/Deck Hannah	The Nate Berkus Show	(7:05) CSI: NY "Cuckoo's Nest"	Debt/Part	
8 AM	Excused		WordWorld	Curious			CSI: Miami			100 Huntley Street	Bo On/Go	Pokémon			Game	ANT Farm	Rachael Ray	CSI: Crime Scene	Canada Singe	
9 AM	Family Fd	100 Huntley Street	Garth-Bev	Super Why!		The 700 Club	CSI: Miami	Live! With Kelly	100 Huntley Street	World Vis-sion	Super Why!	Rescue		Live! With Kelly	Cash Cab	Mickey	Access Hollywood Live	CSI: Crime Scene	Housewives	
10 AM	Millionaire	World Vis-sion	Numbrjack	Sesame Street		The Price Is Right	Criminal Minds	The View (N)	World Vis-sion	Big Flip	Poko	Little Bear		The View (N)	Junk Raiders	Mickey	The Chew	CSI: Crime Scene Investigation	Law & Order	
11 AM	Law Order: CI	Big Flip	Save-Ums!	Sid	The Doctors	Young & Restless	Criminal Minds	Paid Prog.	Big Flip	Noon News Hour (N)	Animal	G. Shrinks		Marilyn Denis	Worst Handyman	Phineas	The Revolution	CSI: Crime Scene	Married	
12 PM	Law Order: CI	Noon News Hour (N)	Pingu	Charlie Rose	Paid Prog.	News	The First 48	The Chew	Noon News Hour (N)	Days of our Lives (N)	CBC News Now (N)	Parents		CTV News (N)	Pyros (DVS)	Wizards	General Hospital (N)	CSI: Crime Scene	Married	
1 PM	Amer. Dad	Days of our Lives (N)	Doggy Day	Paint This	Days of our Lives (N)	The Talk	The First 48	The Revolution	Days of our Lives (N)	The Talk	Dragons' Den	Parents		The Dr. Oz Show	Mayday	Sonny	CityLine	CSI: Crime Scene Investigation	3rd Rock	
2 PM	King	The Talk	Franklin	Barney	Judge B.	Let's Make a Deal	The First 48	General Hospital (N)	The Talk	The Doctors	Steven and Chris	Parents	Off Record	Anderson	Myth-Busters	So Raven	CityNews at 5 (N)	Wildest Police Videos	Gold Girls	
3 PM	The Office	The Doctors	Rob Robot	WordGirl	Ellen DeGeneres Show	Dr. Phil	The First 48	Rachael Ray	The Doctors	Young & Restless	Recipes	Parents	SportsCentre (N)	Dr. Phil	Cash Cab	Wizards	CityNews at 6 (N)	Stings	Canada Singe	
4 PM	Big Bang	Young & Restless	G. Shrinks	Fetch! With Arthur	Jdg Judy	The Dr. Oz Show	To Be Announced	The Nate Berkus Show	Young & Restless	Early News	Mercer	Parents	B.C. Lions	Ellen DeGeneres Show	Daily Planet (N)	Phineas	How I Met 30 Rock	Wildest Police Videos	Housewives	
5 PM	Browns	News (N)	Jack	News	News	News	Jewels	News	Early News	(4:59) News Hour (N)	News	Parents	2012 CFL Season Preview Show (N) (Live)	CTV News at Five (N)	Myth-Busters	Wingin' It	Hell's Kitchen (N)	Wildest Police Videos	Married	
6 PM	Browns	Global Nat.	Can. Parks	PBS News-Hour (N)	News	KREM 2 News at 6 (N)	Jewels	News	(5:59) News Hour (N)	ET Canada	News	ICarly		CTV News (N)	The Devils Ride (N)	Wizards	ANT Farm	America's Got Talent	Stings	Married
7 PM	Seinfeld	Ent	Blue Realm (DVS)	Wall...	Jeopardy!	Inside Ed.	Monster	Ent	Ent	Hawaii Five-0	Jeopardy!	Boys		SportsCentre (N) (Live)	etalk (N)	River Monsters	Shake It Good Luck	Shameless (N)	Wildest Police Videos	3rd Rock
8 PM	Family Guy	Psych	Art of the Heist	Antiques Roadshow (N)	U.S. Olympic Trials	How I Met Broke Girl	Monster	The Bachelor (N)	Psych	Psych (N) (DVS)	Mr. D	ICarly		Mike	Daily Planet	ANT Farm	News	Wildest Police Videos	Debt/Part	
9 PM	Movie: "12 Rounds"	House	"Picasso and Braque"	Antiques Roadshow	America's Got Talent	Two Men Mike	Jewels		House	House	Republic of Doyle	Funniest Home Videos	Sports	MasterChef (N)	Myth-Busters	Warthogs!	Seinfeld	Stings	Law & Order	
10 PM	Movie: "Righteous Kill"	Hawaii Five-0	Architects of Change	Monarchy: Royal Family	American Ninja Warrior	Hawaii Five-0	Jewels	The Glass House (N)	Hawaii Five-0	Prime News (N)	National	Boys	SportsCentre (N)	The Glass House (N)	River Monsters	Zoey 101	The Nate Berkus Show	Stings	Gold Girls	
11 PM	Movie: "Righteous Kill"	CHBC News Final (N)	The Secret Liberators	Charlie Rose (N)	News	News	Monster	News	News Hour Final (N)	Ent	Stroumbouloupoulos	Weird	SportsCentre	CTV News	The Devils Ride	Ned's	Paid Prog.	Entourage	Married	

Jam for the Valley



The view from Highway 5A looking down into the back of Living Water Foursquare Church - the site of Jam for the Valley, a food bank fundraiser held Saturday, June 16th. *



Nora Whelpton did a little 'fiddling around' during Jam for the Valley. *

Princeton Posse Junior B Hockey Club



FOR MORE INFORMATION CONTACT:

Princeton Posse President

John Babiak at 250-295-1788 or

Vice President Bob Marsh at 250-295-4334

POSITIONS AVAILABLE:

Marketing/Advertising Sales

The successful candidate will be responsible for duties including, but not limited to the securing of advertising and sponsorships for the coming hockey season. This would include all Arena signage, program advertising and related items. Game day sponsorships, webcast advertising, game night promotion would also be required.

Equipment Manager

The successful candidate will be responsible for duties including, but not limited to making all road trip arrangements (hotels, meals, practice scheduling), as well as keeping an inventory of equipment on hand and required for road trips as well as replacing inventory when required. The Equipment Manager would work closely with the Head Coach and Trainer.

Trainer

The successful candidate will be responsible for duties including, but not limited to regular fitness program development for players, attendance at all home and away games to provide First Aid support for players. The Trainer would work closely with both the Head Coach and Equipment Manager.

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Obituary	Obituary	For Sale	For Rent	For Rent
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Patrick Edward Jude Hurley

Of Princeton, BC passed away Saturday, June 9, 2012 at Prince Edward County Memorial Hospital, Picton, Ontario. He was 57. Patrick was the beloved son of the late Dermot and Margaret Hurley. Loved father of Michael. Dear brother of Shelagh and her partner Jane of Picton. Missed by his nephews Graham and Hugh Mathers.

By Patrick's request there will be no service or visitation. If desired, donations made to the Canadian Cancer Society and Hospice Prince Edward would be appreciated by the family. (cheques only please).

ARRANGEMENTS ENTRUSTED TO THE WHATTAM FUNERAL HOME,
33 MAIN STREET, PICTON, ONTARIO.
On-line donation and condolence at www.whattamfuneralhome.com

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Office Administrator - Preference will be given to applicants with book-keeping experience. Duties will include: Office administration, Simply Accounting, filing, booking rooms (2 only) for members, conferring with members, answering telephone, etc. Please be prepared to start as of June 18, 2012 in order to facilitate training. Remuneration dependent upon experience. Please reply by resume to: riversidesociety2@gmail.com by fax to 250.499.5954 or by mail to Riverside RV Park Society, 134-4354 Highway 3, Keremeos, BC V0X 1N1.

Volunteers needed for Monday Night Bingo (easy and enjoyable) also paid/volunteer positions open if you have computer skills. Call Tammy at 250.295.4038.

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Yard/Garage Sale	Notices
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9:00 AM - 1:00 PM
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Fairgrounds

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Princeton Family Services Society
Annual General Meeting
3:45 PM Monday, June 25, 2012
56 Kenley Avenue (downstairs)
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EVERYONE WELCOME!

Princeton Family Services Society
Mother Goose Program
Thursdays June 14, 28, July 3
For more information:
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and ask for Dani

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Various woodworking tools. Call 250.295.4047.

Help Wanted

Princeton & District Community Services Society is in urgent need of qualified Home Support Workers. Qualifications include: Registration with the BC Care Aide Community Health Worker Registry, Access to a vehicle, Clear Criminal Record Check, TB Skin Test, Aptitude for working with seniors. Application forms are available at 47 Harold Avenue, Princeton, BC. Resumes can be mailed to PDCSS, PO Box 1960, Princeton, BC, V0X 1W0 or e-mailed to mail@pdcss.com.

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Wanted

Family visiting Princeton Young Life Family Camp July 17-22 need a safe home for our two 3-year old well-behaved Bichon/Shi-tzu (small) dogs. Need a fenced yard and daily walks. Will provide their food and kennel. If you have a home for them for the 6 days please e-mail your contact info to pete-barb@telusplanet.net and I can call you to discuss details.

Services

Spanish and French lessons AND Foot Reflexology for Seniors. Call 250.295.7406.

Apartment for rent in Princeton. Available now. Excellent references and damage deposit required. No pets, can furnish if needed. Phone 250.295.1006 for details or leave a message with the best time to call back.

Furnished suite for rent (house to share) in Hedley. Asking \$325.00/month all included. Laundry, indoor garden, sauna. Call 250.292.8726.

Large 3-bedroom, 2 bath home in downtown Princeton. Very clean, new condition. Includes stove and fridge, dishwasher, laundry, heat, lights and yard maintenance. No pets. Damage deposit and good references required. Excellent set-up for small home based business. Rent negotiable. Phone 250.295.6408 to view.

Set on small farm 15-minutes from Princeton, cozy 2-bedroom trailer. New roof, 1 year old appliances, forced air electric furnace, wood stove, new windows, 200 amp service, Sat system, phone line - New! Septic, plumbing, snow porch, new deck 14x26, 8x8 shed, 2 acres fenced for your horse. Available July 1st. Asking \$850.00/month plus utilities, damage deposit and references required. Call 250.295.3739. NOTE: Older couple looking in March, lost your number if you are still interested call.

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Wanted

Wanted

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Notices

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SCA Branch #30**

Quilting 10:00 AM
General Meeting 2nd Wed. 1:30 PM
Exercise Class 10:15 AM
Cards, Pool all day - except 2nd Wed.

OPEN 9:00 AM - 4:00 PM
Lunch: 11:30 AM - 1:00 PM

Narcotics Anonymous

**OPEN MEETINGS
Wednesdays 7:30 PM**

160 OLD HEDLEY ROAD
Baptist Church Basement
(USE BACK DOOR)
Sundays 7:30 PM
Basement, Chamber of Commerce, Highway 3

Info: (250) 295-7919 OR 295-6531, 295-6723

Sudoku

**CARTER'S
Sudoku
Challenge**

SOLUTIONS TO PUZZLES ON PAGE 14

CHALLENGE #407

237 145 698
869 273 425
154 968 732
942 631 857
785 492 163
316 587 924
628 314 579
571 829 346
493 756 281

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Drinking a problem?

Alcoholics Anonymous
Meets 7:30 PM Thursdays
Princeton Baptist Church
160 Old Hedley Road
Fred 295-7272/Marena 295-7663

Notices

Notices

Notices



A big, giant outdoor banana split was built June 12th by local youth next to Princeton Baptist Church. Young Life isn't really about banana splits, it's about caring friendships. But ice cream fights sure are fun! Photo: Liz Knibbecke

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TOLL FREE 1-888-350-9969**



Backdoor Blues Trio performed live in an outdoor concert June 16th. Jam for the Valley was hosted by Living Water Foursquare Church and was a fundraiser for the Feed The Valley program. More photos on Page 22. *

Grist Mill Heritage Club celebrates Canada Day

On July 1st the Keremeos Grist Mill Heritage Club will host a Canada Day evening celebration at the Grist Mill and Gardens.

With support from Heritage Canada and the evening will feature Quebecois ballads, Heritage Fiddling, traditional pioneer songs and in the later evening a Cawston musical ensemble that includes Rob Robertson and Destin Lydiatt.

Similkameen Valley visitors are most welcome too. The organizers are on the lookout for new talent. It's a family event and anyone who would

like to perform a piece can call 250.499.5417.

Festivities on Sunday, July 1st evening begin at 5:00 PM and run through nightfall.

It's a family event. A barbecue will serve up hot dogs and hamburgers with all the trimmings. Coffee, tea and soft drinks will be on hand.

Admission is free with an invitation to donate to the ongoing preservation work of the Grist Mill Heritage Club. Bring a blanket, chair, pillow, sweater for this fun evening by Keremeos Creek. - submitted

Feed the Valley passes target

..... continued from Front Page First is certainly making a real difference in the communities that need it most. I applaud and congratulate them for their outstanding efforts."

Since its creation in March 2010, Feed the Valley has raised more than \$270,000 and collected more than 16,000 pounds of food donations for food banks throughout the Okanagan, Similkameen and Thompson regions.

This sets Valley First well on the way to achieving its ambitious goal

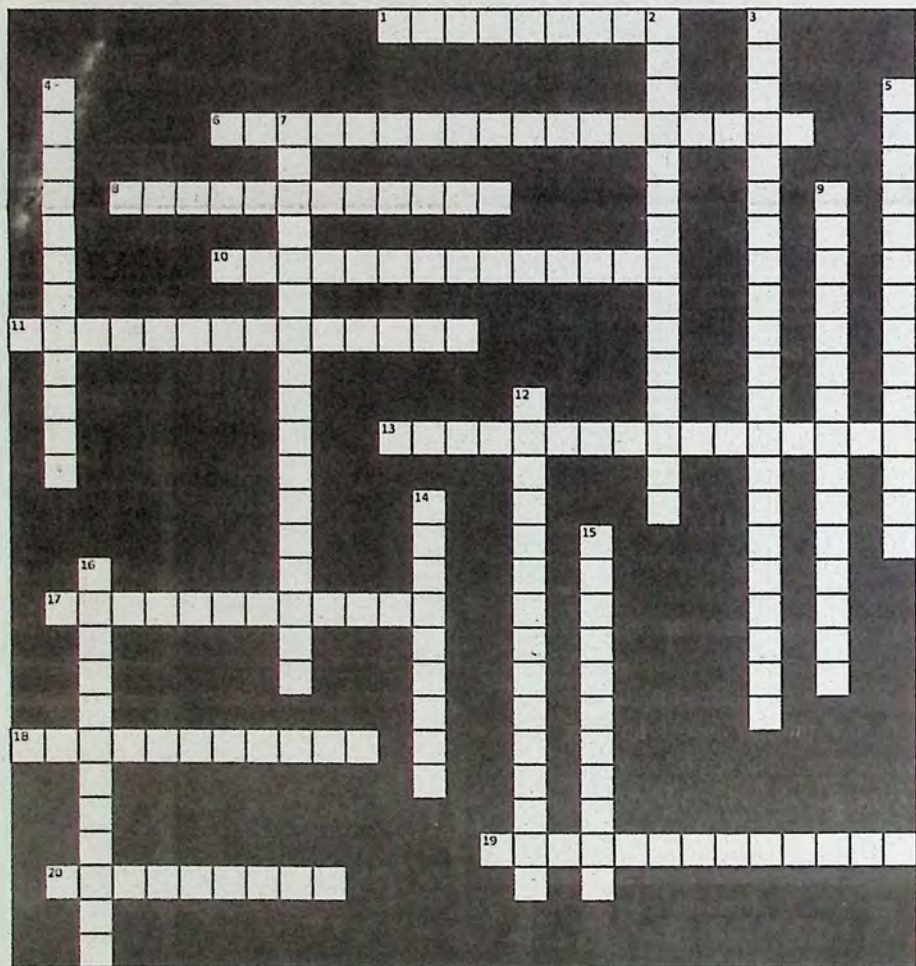
of raising \$1 million by 2020.

Valley First is a division of First West Credit Union, B.C.'s third-largest credit union, which has a total of 37 branches along with 29 insurance offices throughout the Lower Mainland, Fraser Valley, the Kitimat, Okanagan, Similkameen and Thompson valleys. Local branches are located in Princeton and Keremeos.

First West has approximately \$6.6 billion in assets under administration, more than 169,000 members and close to 1,400 employees.

Similkameen News Leader Puzzler

Use the June 12th News Leader to find Answers Below...



- | | |
|---|--|
| <p>Across</p> <p>1 He received a 20 Year Pin from the School District.</p> <p>6 Around here KFC stands for something other than chicken.</p> <p>8 Name the SOHC Secretary.</p> <p>10 The 'HR' in CHRU.</p> <p>11 Name the Chief Election Officer</p> <p>13 The 'GS' in GSPF.</p> <p>17 Name the Board of Education Chair.</p> <p>18 She received a 15 Year Pin from the School District.</p> <p>19 Name the Executive Secretary for the School District.</p> <p>20 This former member of Town Council was honoured June 4th.</p> | <p>Down</p> <p>2 The 'SOH' in SOHC.</p> <p>3 Sometimes they are called the 'TNJB.'</p> <p>4 She received a 15 Year Pin from the School District.</p> <p>5 Grade 7 students investigated this outside their school June 7th.</p> <p>7 They will build the new zig zag.</p> <p>9 Name the female bird on Page 13.</p> <p>12 The 'BC' in UBCM.</p> <p>14 Carolyn Schmidt is not the CEO, but she is this.</p> <p>15 This is basically a genetically modified fruit.</p> <p>16 Headline: "Pigs raid garden - a new twist on _____."</p> |
|---|--|

Similkameen News Leader

PUZZLER #77
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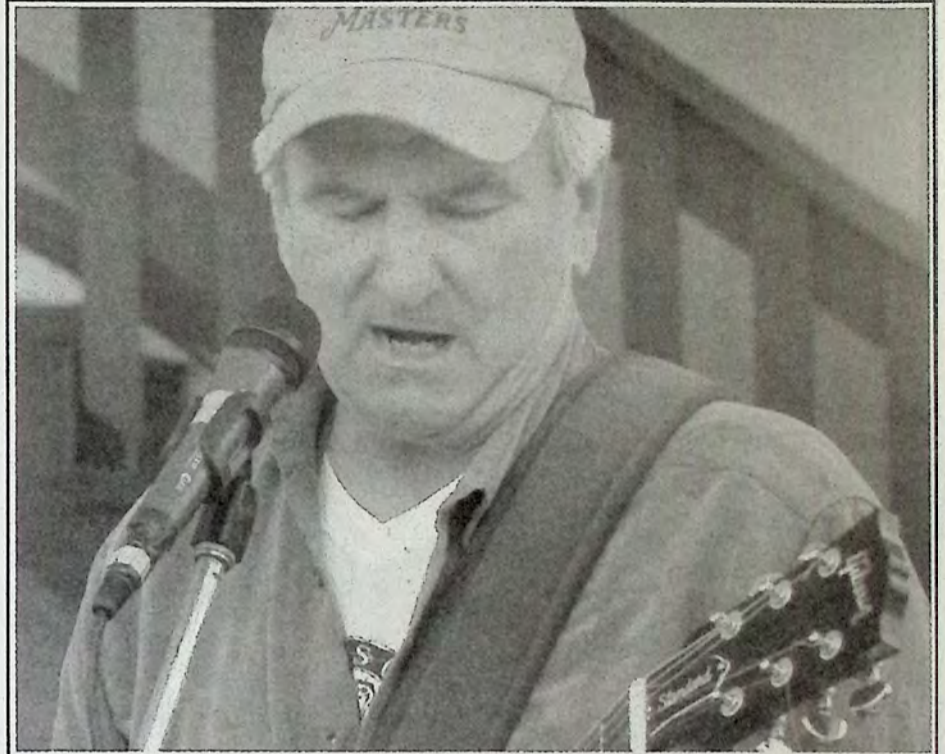
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Jam for the Valley



You can't have a fundraiser without food! Lunch and goodies were available as part of the Jam for the Valley foodbank fundraiser June 16th at Living Water Foursquare Church. *



The afternoon included live music from numerous local performers. *



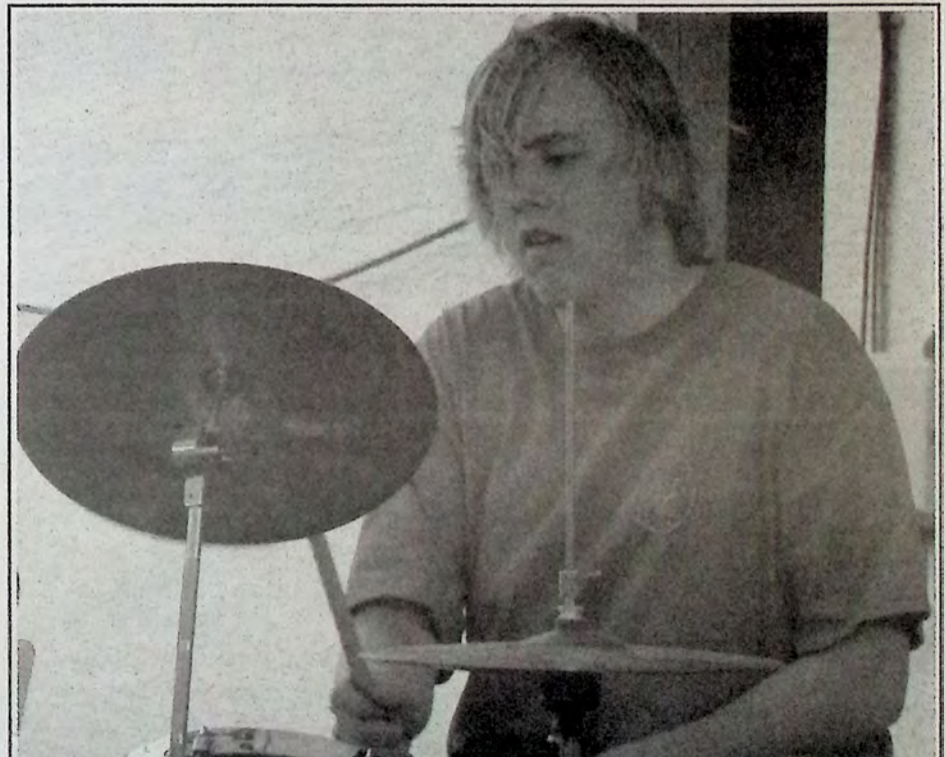
The weather wasn't perfect, but the stage stayed dry during Jam for the Valley. *



Adam Gullason rips into a solo during a set at Jam for the Valley June 16th. *



Old time fiddle music was also played on stage during Jam for the Valley. *



Morgan Dobbs of The Best In Training shows intense concentration during a song. *

RDOS News

Regional District of Okanagan-Similkameen

The following matters of concern to Princeton area residents were dealt with at the June 7th RDOS Meeting in Penticton:
Development Services
975 Princeton Summerland Road Electoral Area 'H'

Agricultural Land Commission Referral to facilitate the sub-division of the District Lot along the Princeton-Summerland Road alignment, and also to allow for the subdivision of three parcels of approximately 12.0 ha in area adjacent to the former KVR/Trans Canada Trail right-of-way.

- Proceed to Electoral Area 'H' Advisory Planning Commission for consideration.

838 Belfort Road Electoral Area 'H'

Development Variance Permit Application to vary the maximum height for a new storage shed from 4.5 metres to 5.95 metres.

- Approved.

2 Summers Creek Road Electoral Area 'H'

Development Variance Permit Application to vary the height of an accessory structure from 4.5 metres to 5.2 metres, to vary the interior side parcel line setback from 1.0 metre to 0.58 metre, to vary the rear parcel line setback from 1.0 metre to 0.77 metre and to vary the distance between building and structures from 1.0 metre to 0.45 metre from outermost projec-

tions.

- Approved.

Princeton General Hospital Emergency Facility Closure Okanagan Similkameen Regional Hospital District Board Meeting

The residents of Princeton and the surrounding area have faced an escalating deterioration of emergency services at the Princeton General Hospital over the past few years. In 2012 Interior Health (IH) announced cessation of over-night service from Monday to Thursday.

A coalition of government, industry, business, professional and public, called the Princeton Save Our Hospital Coalition has formed to

petition the Minister of Health to reverse the IH decision.

The Board supports the Princeton Save Our Hospital Coalition request to the Minister of Health to reverse the cuts to emergency services at Princeton General Hospital and return service to its previous twenty four hours a day, seven days a week coverage.

The Board will also organize a meeting with the Minister of Health to discuss the impact of the Princeton General Hospital Services deterioration and request Ministry intervention to have twenty four hour a day, seven day a week service restored.

Naturalists hike Allison Lake

by Janis Wright

Cool weather and ominous looking clouds didn't dampen the spirits of the 16 hikers and canine companions on the latest Vermilion Forks Field Naturalists' field trip.

On June 9th Trish Reid led us on a trail around Allison Lake for 2 1/2 hours, which included stops to admire the views, birds and wildflowers.

We found aromatic False Solomon's-seal, Indian Paintbrush and Heart-Leaved Arnica, and even

spotted a variety of birds, including Loons, Spotted Sandpipers and Barrow's Goldeneyes.

We ended our trek with lunch at Trish and David's home on the lake - yet another fun outing with a convivial group of club members and guests!

The next hike takes place up Stenwinder Mountain on June 23rd, and there will be additional field trips throughout the summer. Please contact myself, Janis Wright, at 250.295.7560 for more information.

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MUST BE 19 YEARS OR OVER

For more information or to enter the Chili Cook Off ...call Rob 250.295.3319(H) 250.295.4223 (W)

Brenda Crawford



brenda@bcland.net
(250) 295-8182

Susan Collins



susan_collins@nethop.net
(250) 295-5359

April Earle



april@bcland.net
(250) 295-5346

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Tulameen

Otter Lake is only about 3+ hours from the Lower Mainland and then sooooo much to do - in the summer = swim, water ski, hike, in the winter = ski-doo, cross country ski, all year long = ATV, fish and enjoy your own peaceful get-away! This Tulameen Gem is only a hop and skip from Otter Lake. **MLS © 137731 \$289,500**

#23-473 Corina Avenue



All the hard work is done! New windows, flooring, appliances, bathroom, light fixtures and the list goes on! Come have a look at this bright mobile home located in Deblyn Mobile Home park. Nice sized yard with storage shed, for storage or hobby items. Covered deck area for all seasons. Walking distance to all shopping. **MLS © 137830 \$59,500**

202 Penryn Avenue



Cute, sparkling clean and very affordable family home with more living space and storage than first meets the eye...far from brand new, and looking for a little TLC, this home is solid and has been well maintained through the years. You can simplify your life and reduce the stress on your wallet by walking to all local amenities. **MLS © 137108 \$163,500**

2265 Princeton/S'land Rd



CREEKFRONT ACREAGE! 5 level acres and all useable only 22 km from Princeton. This property backs down to Hayes Creek, a great place to cool off in the summer heat or try your luck at fishing. Nicely treed with some open areas gives you lots of choice when deciding where to build. **MLS © 137773 \$189,000**

459 Corina Avenue



A nice family home located in an established residential neighborhood. This 4 bedroom and 2 full baths is only 1 block from John Allison Elementary School. There is a lovely open living and dining room with new windows and patio door. Main bath is new, bright and clean, and features a deep soaker tub. **MLS © 137750 \$245,000**

2496 Princeton/S'land Rd



BEST BUY! 9.09 acres nicely treed with benches affording wonderful mountain views. 1992 mobile home on this site complete with septic, drilled well and driveway access. Low maintenance vinyl siding, asphalt shingle roof, 2 bedrooms and open kitchen living room area. There is still lots of room for those with horses. **MLS © 137792 \$154,500**

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