

Canada WE ACKNOWLEDGE THE FINANCIAL SUPPORT OF THE GOVERNMENT OF CANADA THROUGH THE CANADA PERIODICAL FUND (CPF) FOR OUR PUBLISHING ACTIVITIES.



The participants in last week's Bricks For Kids Camp built a horse and buggy that actually moved! Who said playing with building blocks wasn't fun anymore? Summer Recreation Programs continue all month. *

SOS hosts ER meeting

Save Our Similkameen (SOS) is hosting a community information meeting to bring residents up to date on local emergency services.

"There have been questions and concerns within our community about the ER situation," SOS President Solana Allison told the News Leader.

A deadline of August 1st was in place for reinstating full-time ER service but the team of community stakeholders working on the problem has encountered a number of hurdles along the way.

"It's a complex issue, even at this point," Allison says.

So in order to keep residents

informed, SOS chose to host a meeting to cover all details and timelines and share what has been happening.

"The meeting is to shed some light on what the journey has been to date and where we have to go to achieve the end goal of full-time 24/7 ER service at Princeton General Hospital."

The community information meeting is planned for Friday, August 10th at 7:00 PM in the Seniors Citizens Branch 30 Hall.

For more information contact the Save Our Hospital Coalition office at 250.295.6595 or drop into the office at 259 Vermilion Avenue weekdays between 9:00 AM and 5:00 PM.

Forum features election candidates

Close to 100 residents filled Princeton Legion Hall July 31st for the All-Candidates Forum.

Moderated by Keith Olsen and hosted by the Chamber of Commerce, candidates were given a maximum of 3-minutes for an opening statement, 1-minute to answer questions and another 3-minutes for a closing statement.

Frank Armitage, a Candidate for Mayor, pointed to three items of concern with local healthcare being his top priority.

"Local medical services are the

single most challenging crisis we have faced as a community."

Infrastructure assessment, development (industrial, commercial and community) and establishing advisory committees to council were his other goals.

Rosemary Doughty, a Candidate for Mayor, stated the Town of Princeton is currently, "at the crossroads to potential change" and pointed to leadership as her primary concern. If elected, she said she could be a full-time mayor.

Other issues of interest to her include the "dismantling of our hospital," the industrial park and a lack of affordable housing.

Doug Pateman, a Candidate for Councillor, said healthcare and highways were main concerns of

his.

He said the community requires strong representation at the council table with elected officials who are able to work together. Recognizing achievements of local groups and building a strong community were also in his plans.

Rob Rubis, a Candidate for Councillor, viewed healthcare, the loss of seniors moving away from the community and a need to revitalize the area as key issues.

He also pointed to the need to update plans, which will prepare the community and residents for any disaster.

Considering that there are no pressing issues going into this by-election, other than the local hospital, questions asked of the candidates were, recycled from previous forums and in some cases, predictable.

On the issue of whether or not Princeton and Area H should join together to form a District Municipality, all candidates agreed it was best to not amalgamate. Rosemary Doughty said it best with the comment, "Too much diversity."

Regarding the environment, all

candidates agreed that clean air and clean water are priorities and need to be protected.

The aquatic centre was revisited, and all candidates were in agreement with the possibility of building one, but this Doug Pateman statement best summed it up: "We need to sustain it. If we can't, we shouldn't have it."

All candidates described the need for a new Town Hall building as "not a priority" and all candidates agreed that local government should be subject to independent auditing.

The deer issue was met with some laughter in the crowd but once all candidates admitted there is a problem, none of them had any idea on how to manage the situation.

Support for local arts and culture was met with agreement from all candidates but answers to the question on how to attract long-term doctors and nurses to the area showed that the complexities of the issue was impossible to address in a 60-second response.

The format of public Town Council meetings was described as an issue from the floor and candidates seemed a bit confused on how

the agenda works.

"People feel disconnected from the Town," Rosemary Doughty commented.

"The procedures don't seem to be working," was Doug Pateman's take on the item.

While the format is set, "there is room for change," Frank Armitage added and credited Mayor Fred Thomas for moving away from the Committee of the Whole format and shifting to Strategic Planning meetings.

Rob Rubis said there's a need for "open dialogue" and would press for input from others.

As for attracting new business to Princeton candidates had various answers with Doug Pateman suggesting supporting existing business first and Rob Rubis pointing out existing documents outlining numerous recommendations "but

..... continued on Page 21

Similkameen News Leader
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W. George Elliott

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From Fur Traders to Miners to the Railroad



Princeton Kokanees recently completed 'Shark Week' which saw swimmers attend grueling practices all week designed to build muscles and stamina. They also had a lot of fun preparing for upcoming regional and provincial swim meets. Coaches Alyssa Larsen and Lindsay van Genne had crazy costume days which added to the fun. - photo submitted

ROSEMARY FOR MAYOR



Full Time Commitment
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 Community Involvement

LET'S TALK
<http://rosemaryd.com/contact.html>
 250-295-4399

PAID BY ROSEMARY DOUGHTY

Alex Atamanenko, MP

Post-Afghanistan: What Next For Canada's Military?

As Canada prepares to withdraw from Afghanistan in 2014, it is time to reflect on the future role of our military in the world.

Our active involvement in Afghanistan transformed Canada into a "nation at war". The tragic loss of 158 Canadian men and women to this war along with the enormous price tag of \$18 Billion is a constant reminder of Canada's longest-ever war. The Conservatives are constantly glorifying war and the fact that they spent \$30 million to celebrate the War of 1812 is another testament to this effect.

With Canada actively engaged in

discussions to establish military bases in a number of countries we are led to believe Canada is preparing for more military adventures overseas and not necessarily under the UN flag. There is much speculation as to whether or not Canada will take part in potential interventions in Syria or Iran.

My preference would be for Canada to once again become a world player under the UN flag. The concept of peacekeeping was initiated by Canada and we have long been admired as a nation who consistently contributed to this effort. A 2010 Nanos poll indicated

four out of five Canadians ranked UN Peacekeeping as a higher priority than even North American security and defending the Arctic. Considering that UN peacekeeping operations cost less and have a higher success rate than other forms of interventions, it is shameful that of the 84,000 military personnel from 115 countries serving on 16 UN Peacekeeping efforts, Canada is only contributing 33, a number which has been steadily declining.

It seems to me our priorities for our military should be the following: defence/sovereignty, UN led peace-..... continued on Page 21

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 Paid Work Experience Training and Certificates

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- A resident of Princeton or Rural Area "H"
- Un-Employed/not on EI
- Not a student

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 Monday-Friday
 9:00am-3:30pm
 Class fills quickly!
 Don't Delay

*Weekly training allowance provided for participants
 *Opportunity for Paid Work Experience



Princeton Kokanee swimmers enjoyed a family picnic as part of their recently completed 'Shark Week' which included eight hardcore practices (dry land training, dancing, yelling, water fights, thunder, lightning and rain) all designed to prepare them for upcoming swim meets - and to have a little bit of fun while building muscles and stamina. - photo submitted

Canada | **BRITISH COLUMBIA**

Funding provided through the Canada-British Columbia Labour Market Agreement

Flip Of The Coyne

by Spencer Coyne

For years I have been talking about the day when food prices were going to skyrocket and it appears that that day is just around the corner. The crazy weather we have

seen across North America has destroyed crops and is now threatening those that are still growing. The United States is witnessing its largest drought since the Thirties

and it doesn't look like things are going to get any better. Canada has seen its share of irregular weather with heat waves causing localized droughts only to be followed by

flash flooding that has wiped crops out. These problems unfortunately are not local or regional but global and every year our weather gets stranger and stranger.

When it comes down to it if you can't feed your local population during time of crisis, no one will. So for a minute let's play a "what if" game. What if the drought that is ravishing the United States right now is actually a symptom of something called climate change? If this is the reason then things are only going to get worse. Worse means more droughts, more flooding, more unpredictable weather patterns that will change the way we do things. If it is not part of climate change then we still have a problem because over the past few years we have witnessed more and more unpredictable weather. Last year we had frost every month of the summer.

The CEO of Maple Leaf Foods is telling Canadians to brace for an increase in costs at the grocery store because the cost of corn and grains is going up. That means everything will go up. We should expect to see increases in costs at the cash register really jump by the end of the year. This is because most of the big companies like Maple Leaf buy its products in advance. The increased cost at the checkout is only part of the problem. What is going to happen next year if the droughts continue? The strain on our agriculture sector will only continue to grow. Farms will go under if things don't get better which will only put more pressure on the system.

Every year spring becomes harder and harder to plan around and summer is different than when I was growing up here. Since our national and provincial leaders are more concerned with growth strategies than sustainability it falls on our regional and local politicians to work with the agriculture sector to try and establish sustainable food economies. Local government needs to work with farmers and

With the increasing strain on our food system by changes in weather it becomes more and more apparent that we need a food strategy more than ever before. Of course we need one at a national and provincial level but I think it is time that regional and local governments created a food strategy as well.

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Town of Princeton Parks, Culture and Recreation Director Lyle Thomas sprays water on a thin layer of ice at Princeton Arena August 2nd. Thomas says prep work will take place all week leading to hockey season later this month. *

Town of PRINCETON

Princeton Town Hall News

COMMERCIAL SPACE FOR LEASE

Commercial Space for Lease – Princeton Regional Airport
The Town of Princeton is accepting proposals for the lease of two buildings at the Princeton Regional Airport. Both buildings are suitable for storage/warehousing or light industrial shop.

Building 1 consists of five (5) bays and encompasses a total of approximately 1,494 ft².

Building 2 consists of six (6) bays and encompasses a total of approximately 2,832 ft².

Current annual lease rates at the Princeton Regional Airport are \$6.00 per ft².

For information or to arrange a viewing of the property, please contact Shirley McMahon at Princeton town hall 250-295-3135 or email at smcmahon@princeton.ca.

RETAIL SPACE FOR LEASE

Prime Downtown Retail Space for Lease
Located at 103 Vermilion Avenue on Veteran's Square is approximately 432 ft² of prime retail space for lease in downtown Princeton.

This building has high downtown visibility with three front-ages including: Vermilion Avenue, Bridge Street and Fenchurch Avenue.

The Town of Princeton is accepting proposals for the lease of the building. Average retail/commercial lease rates for comparable space in Princeton is \$10.53/ft².

For information or to arrange a viewing of the property, please contact Shirley McMahon at Princeton town hall 250-295-3135 or email at smcmahon@princeton.ca.

MEETING AUGUST 20, 2011

Council will NOT be holding a Regular Meeting of Council, on Monday, August 20th, 2012.

There will be an Inaugural Meeting of Council on Tuesday, August 21st, 2012 at 7:30 PM in the Library Meeting Room.

DO THEY KNOW WHERE YOU ARE?



AMBULANCE



FIRE



POLICE

Calling 911 is the second step to getting help.

The first step is displaying your civic number!

PLEASE ENSURE YOUR HOUSE NUMBER CAN BE SEEN FROM THE ROAD

And remember—the emergency responder trying to find your house may not be from Princeton.

GENERAL VOTING

August 11th, 2012

8:00 AM — 8:00 PM

Royal Canadian Legion Hall
170 Bridge Street

GARBAGE PICK UP

When a statutory holiday falls on a weekday, your collection day will move to the next business day.

When the statutory holiday falls on a Friday, Saturday or Sunday, there is no change to your garbage pick up. Please contact Town Hall (295-3135) if you are unsure how you are affected by this change.

PRINCETON LANDFILL INFORMATION

Garbage and Recycling Information

Landfill and Recycling Depot - Hours of Operation
OPEN Saturday through Wednesday 9:00 am-5:00 pm
CLOSED Thursday AND Friday
CLOSED Christmas Day, New Years Day &, Easter Sunday

Location - #171 Princeton-Summerland Road

Questions? Call:
Town of Princeton 250-295-3135
Princeton Landfill 250-295-0500
Recycling Depot 250-295-6111

LETS JUMP IN AT CENTENNIAL POOL

Public swims: Daily 2 - 4pm

Red Cross Swim Lessons: (ongoing registration)
Session E: July 30 - August 10
Session F: August 13 - August 24
Session G: August 27 - August 30
Bronze Star: July 30 - August 10 (This is the 1st step towards Life Guarding and Life Saving)
Bronze Medallion: August 13 - August 24
Bronze Cross: August 27 - August 30

Please call 250-295-6535 for more info on these and other programs (Adult & Lane Swims, Aqua size, and Parent & Tots) offered at the Princeton Centennial Pool.





Editorial Page News Leader

Similkameen News Leader, 226A Bridge Street, PO Box 956, Princeton, BC V0X 1W0

My Turn

Putting The 'X' In Election

This coming Saturday is General Election Day for the Town of Princeton by-election. If you didn't take advantage of the advance poll last week, then Saturday is your day to choose two of the four declared Candidates to fill the open seats on Princeton Town Council.

You may have already made you mind up on whom to vote for based on a variety of factors. Hopefully you are considering the positive things you may have heard about the Candidates rather than the negatives.

I rarely use an All-Candidates Forum to form opinions or narrow down selections, but I will say the event held July 31st helped me to finally decide on one Candidate I was favouring up to that point. I had decided long ago whom I was voting for to fill the other seat.

I sometimes think that we get a better look at Candidates, and Town Council as a whole, working in the media business. We see and hear a lot of things said by, and about, our elected officials in all sorts of settings and situations.

We are often told things 'off the record' by elected officials.

We are also asked our opinion (in private) every now and then by the odd elected official.

These are examples of how we get a bit of an inside look at the workings of our local government.

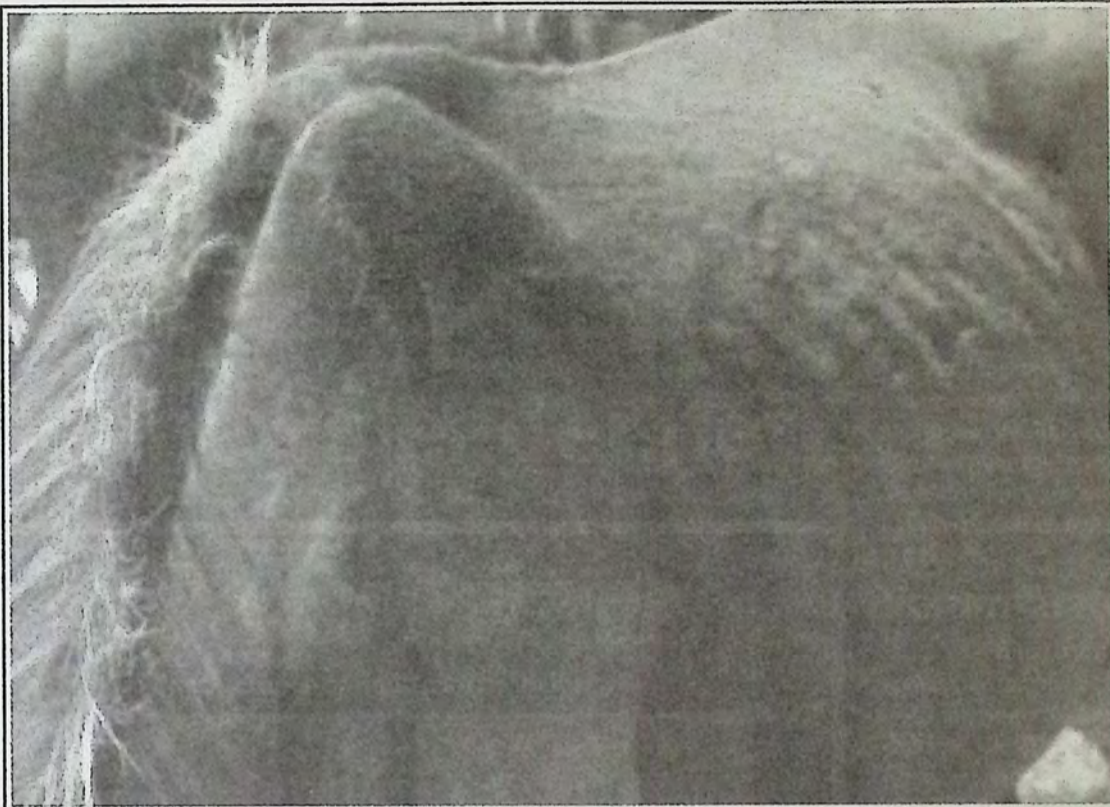
Because of the insight I have, I have to say that the Town Council elected in November was, in my opinion, one of the best groupings of individuals I have seen fill our Town Council seats in many years.

It has been a long time since I have seen a solid group working as a unit, fighting the same issues together. Sure, it was a bit rocky to start, but it didn't take long to see that the team at the table was exactly that - a team.

It annoys me when locals slice and dice our elected officials without actually sitting through meetings (the public meetings are just a small part of what you get to see) and getting to know what your Town Council is doing away from the council chambers.

In this job I get to see members of Town Council doing a whole lot more than what the average citizen sees and trust me when I say we are so very fortunate to have the dedicated residents who sit on council do what they do for our community.

My only hope is that when you go to vote on Saturday you pick the best fit for what is already in place.



One of the horses discovered on a rescue mission conducted by Princeton's Outbackjacks. Photo: Gena Sandli

Anatomy of a Horse Rescue

Special to the News Leader

Princeton's Outbackjacks Horse Rescue Thrift Shop sits quietly on the corner of Bridge Street and Billiter Avenue. On a normal business day you'll find all sorts of donated items on display outside their store. Other times truck and trailer loads of things are being dropped off.

The horse rescue team was called to a location near Rock Creek late last month and Gena Sandli, the driving force behind Outbackjacks, told her story to the News Leader.

The story begins with a river tubing trip down the Kettle River where a blow out forced one of the tubers to walk through a piece of property near Rock Creek.

It was on this property where Kim Townsend discovered around 20 mares with foals in what she

thought were in seriously bad health.

"The horses were being starved to death," Townsend said.

She immediately contacted Outbackjacks and Sandli called the Midway RCMP Detachment.

"I spoke with RCMP Cpl. Kevin Christensen. He was polite and more than willing to help," Sandli says.

"He went to the property and saw five mares in the front, not knowing there were many more in behind. He called us back and asked if we could come up to help him access the horses and we agreed."

Gena and her partner Dale went to the Rock Creek area, picked up Townsend and went to the property the horses were discovered at.

"I spoke with the horse owner and he allowed me to look at the horses up front which were in acceptable condition," Sandli says.

She thought these couldn't be the horses and the horse owner admitted there were more in the back.

"He was more than willing to show us but warned us all that he likes his horses on the thinner side."

That being said, the horse rescue team was not prepared for what they saw.

"All of us, including the owner, walked into the pen and found over twenty mares and foals in emaciated condition. Some of the mares had infection on their teats and all were in desperate need of hoof care, stomachs were bloated with worms, they had multiple insect wounds, rain rot, they were in all round very poor condition," Sandli explains.

"There was a baby nearby sucking on a tree. Close by there was a foal laying on the ground and I knelt down about 13-inches away and it didn't even lift its head to look at me, it had very shallow breathing and stayed there about 3 or 4 minutes and the owner came up to the

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Similkameen
News Leader

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EDITORIAL GUIDE

We would like you to write to us, but please remember to abide by anti-discrimination laws. The News Leader reserves the right to refuse to print any letter which is not signed by the writer or is slanderous, libelous or of uncommon sense. The Editor reserves the right to condense any letter or to substitute proper language for improper language.



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Current Comment

Is B.C. In Big Money Trouble?



Dawn Johnson
editor@thenewsleader.ca

British Columbia's government is planning to privatize the Liquor Distribution Branch (LDB) warehouse and distribution system. This will cost jobs, of course, but it will also cost revenue. I do not understand why the government wants to sell off one of the people's assets that actually generates income!

The sell-off is just the surface of what concerns me. The International Monetary Fund (IMF), when it lends money to a nation, always insists the government of that nation sell off the people's assets and put government employees out of work. The question I want an answer to is this: is our province so deeply in debt that we are being run by the IMF?

Could this be true? Could this be part and parcel of the downgrading of seven Canadian banks by Standard and Poor? Yes, last week seven Canadian banks were downgraded as agencies suitable to loan money to. The reason is the high prices of real estate, low interest rates, and too much consumer debt owed to these banks. Standard and Poor stated these banks are not sustainable.

Is this the situation of our province? Is our debt so high we are

not sustainable and have to sell off our assets? If this is the case, I believe our provincial government should be telling us this truth.

If this is not the case, what is the justification for our government selling off what is really your asset and mine? If the government sells off the booze branch to private enterprise, will we make more money from taxes that the government now makes in profits? We need to know this information too, and at this time, our provincial government is not giving us these answers.

Another issue connected to this sell-off is the fact that the public was not given any information before the government made this decision. There was no public consultation process. I am a strong believer in that process, simply because it is my asset, and yours, that is being sold off.

I am one of those people who firmly believes each and every one of us should pay for government services, and I firmly believe we, the people who pay taxes, and establish a service that actually makes money, should be consulted if our government plans to sell off anything that may assist in keeping our taxes lower.

If the sell-off will reduce our tax burden, maybe I could be in favour of it, but right now, I do not know the answers to any of the sensible questions we might ask our provincial government to answer regarding this sale. For that reason, I am opposed until our government can convince me the sell-off is a sound financial move.

On the other hand, if some outside agency is dictating to British Columbians that we must sell off assets because we are too deep in debt, I want to know that, too. I want this Liberal government to

live up to their promise of financial transparency. They expect it from us when we file our tax returns, and I firmly believe financial transparency is a two-way street. There is nothing sacred about our provincial government's financial dealings, so nothing should be done that we are not allowed to know about.

I look at what is happening in Greece because their government put them into such deep debt. A lot of their people lost their jobs because the IMF said Greece had to sell its assets or no more loans from IMF. This is standard practice for IMF. The board of governors of IMF is opposed to government employees retaining their jobs and to the people of a nation owning any assets.

The net result for Greece is this: its assets are being sold off, its government employees are being laid off, pensions are cut 40 percent, and nobody has any money to spare. Many people do not have enough to live on. Families are moving in together and pooling their resources just to stay alive.

Who buys the assets being sold off? Could it be one of the corporations owned by one of the 147 people who own and control all of the corporations in the world? My guess is, yes.

Spain is now facing the same situation, with one in four working age people out of work, and thousands going bankrupt and losing their homes because they cannot pay the mortgages the banks were so happy to give them. Sounds like the USA a few years ago, doesn't it?

I do not want to see that happening here, and I want our provincial government to tell us if that is where we are headed because our government is too deep in debt. I believe we have a right to know.



A French tourist snaps photos of a Raven at the Cascade Lookout parking lot in Manning Park July 29th. A normal sight this time of year. *

Similkameen News Leader

WE'RE DIFFERENT, AND WE LIKE THAT.



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PASTOR DAVE JANKE
165 Vermilion Avenue (BESIDE THE MUSEUM)
250.295.7951

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St. Paul's United Church
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WORSHIP SERVICE 9:30 AM
Rev. Nick Judson
190-1st Street (BEHIND COURT HOUSE)
Phone: 250.295.7714
Also serving the Anglican Community

St. Peter's Roman Catholic Parish
SUNDAY MASS
6:00 PM - Saturday
11:30 AM - Sunday (Nov-Apr)
10:30 AM - Sunday (May-Oct)
43 Billiter Avenue, Princeton
250.295.3541

Hedley Grace Church
856 Ellis Avenue
Hedley BC
Sunday Service 9:30 AM
Pastor Graham Gore
(250) 292-8444

AND NOW...A LITTLE GOOD NEWS!

"If you believe, you will receive whatever you ask for in prayer."
- Matthew 21:22

Similkameen News Leader

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INVITATION TO NOMINATE INDIVIDUALS FOR QUEEN ELIZABETH II DIAMOND JUBILEE MEDAL

The Regional District of Okanagan-Similkameen, on behalf of Alex Atamanenko, MP, is seeking nominations of individuals who have made a significant contribution to the wellbeing of citizens of the portion of the RDOS that falls within the federal riding of BC Southern Interior. The federal riding of BC Southern Interior encompasses Electoral Areas 'A', 'B', 'C', 'G' and 'H', as well as the Town of Oliver, Town of Osoyoos, Village of Keremeos, and the Town of Princeton.

To be eligible for nomination, an individual must:

- Be a Canadian citizen or permanent resident of Canada, but not necessarily reside in Canada;
- Have made a significant contribution to a particular province, territory, region or community within Canada, or an achievement abroad that brings credit to Canada; and
- Be alive on February 6, 2012, the 60th anniversary of Her Majesty's accession to the Throne. The medal can be awarded posthumously, as long as the recipient was alive on that date.

Nominations should include:

- The nominator's name and phone number or other contact information;
- The nominee's name, address, and phone number or other contact information; and
- A description of the contribution that the nominee has made to his or her community.

To nominate an individual, please contact the RDOS in writing, fax or by email:

Regional District of Okanagan-Similkameen
101 Martin Street, Penticton, BC V2A 5J9
Fax: 250.492.0063
E-mail: info@rdos.bc.ca

The deadline for applications to be received is 4:00 PM on September 4, 2012.

The RDOS thanks all who submit nominations; however, only those nominees selected for consideration, and their nominators, will be contacted.

For more information on this initiative, visit www.gg.ca/diamondjubilee/

Lower Valley News

Keremeos - Cawston - Olalla



Cherry picking is very labour-intensive. Pickers must be fast with their hands and nimble on the ladder in order to make their efforts pay. Some fruit is easily damaged, so it isn't simply a matter of dropping the fruit into the fruit harvesting bag. Cherries and apricots are easily bruised. Emile Kelly (background) and Veronique Sabourin were busy July 25th just off Highway 3A in Keremeos. Photo: Arlene Arlow

A Picker's Story

Special to the News Leader
by Arlene Arlow
PART 2

..... continued from last week
hospitals and other services that don't make a profit. I suggested that folks who like to live on the fringe or off the grid – including the Hell's Angels – still use roads to get from place to place and should be inclined to pay their share. He didn't argue.

Tim expects fair pay for fair work. So far this summer – as of July 21st that is – he has had one employer southwest of Keremeos who didn't offer up accommodations and didn't want to pay him for all the work he did on the garlic farm. He said that the farmer had been waiting for a crew of girls to show up, and as soon as they did, he got the boot, rather unceremoniously. The girls, in contrast, got accommodations and other perks as soon as they showed up on the property. Funny that.

As for the farmer he was working for when I gave him a lift west of Osoyoos on July 21st, he says he really lucked out. The farmer just south of Oliver pays him cash at the end of every shift and the cherries are hanging in huge clumps on the farmer's trees: means less time going up and down the ladder and more time making money. One of his buddies had put him on to the potential work, suggesting he stop in and see the farmer. When he did,

he walked into one of the warehouses, looked at the farmer, grabbed a bucket and a ladder, and went to work. No foolin' around, no job interview. Just work.

I asked him whether East Indian employers are hard to work for. He said that farmers from the East Indian culture who are born and raised in Canada are fine to work for. The farmer he was working for that day was from the East Indian culture but born in Canada. The farmer was a picker when he was younger, and knows that farm workers get taken advantage of. He said he really enjoys working for that farmer. Not all farmers are like that.

I learned that there is indeed a "culture" among the farm workers. And just as Irish don't necessarily like everyone who is Irish, farm workers don't always like each other. I asked him if he watches out for the "bad" ones. He replied, "Ya, I try to pick out the bad asses as soon as I arrive in a community. It doesn't take much to figure out who they are. They want to work and get drunk. Those guys live on the fringe of the farm worker culture. They don't save their money, work isn't a priority for them and they mooch off everybody."

Tim and a few of his friends have a camp a few hundred yards from the former Farm Worker's Campground just east of Keremeos. The Ministry of Environment

recently tried to disperse the campers who were using the abandoned campground. The informal site was decommissioned at the end of the farming season in 2011 due to too many complaints from businesses and residents in Keremeos. Tim and his friends don't welcome moochers. And they don't hang around the old farm worker's campground in Keremeos, "There are fist fights there every night. It's not your average farm worker hanging around there. Those guys are just different, mostly transients, not farm workers."

He says that he and his friends share. They eat together, they clean up after each other, they share the good times and the bad. They look out for each other.

Tim has a diploma in Business Management. He is a trained forest fire fighter. He said as a Canadian, he feels it is his duty to see as much of Canada as he can while he is still young. He and some of his farm worker friends plan to buy a van and make the trip to the east coast at the end of the season here. He wants to visit his roots. And then, he figures he and his friends can work (earn money) their way across the United States where there is farm work in California, Florida, and maybe even some alligator killing in Louisiana (he wasn't kidding). He is looking forward to the trip.

..... continued on Page 18



The Pied Pumpkins offered up a wonderful animated medley of their songs July 24th at the Cawston Hall. The trio has been playing together on and off since the 1970's. Left to right: Shari Ulrich, Rick Scott and Joe Mock. An audio novel on CD written by Rick Scott and Valley Hennell will be released in the fall of 2012. Photo: Arlene Arlow

Village releases survey results

The Village of Keremeos has released the results of the citizen survey sent out with the 2012 tax notices. Approximately 625 surveys were sent out and the Village received 181 responses.

The survey was identified in the 2012 Strategic Plan as one method of expanding communication with residents. Residents were asked to share their opinions and ideas about the Village with respect to Quality of Life, Services Taxation and Financial Planning, Village Council, Village Staff and Communication and Public Engagement.

The Village will use the feedback from the survey to guide decision making and financial planning processes and the data gathered will be used to identify strengths and weaknesses and as a comparison to future surveys in order to gauge the Village's progress.

Resident overall satisfaction ratings indicated 78% of our residents rate quality of life as good or very good and 83% rate it as a good or very good place to retire.

86% of our citizens believe they get good value for their taxes. 46% prefer that we offer the same or reduced level of service with taxes unchanged; 8% indicated a preference for a reduced level of service with lower taxes and 31% said they would support a tax increase for increased service.

Residents designated roads, sewer treatment plant and new water reservoir as the most important capital projects.

Residents identified the local newspaper and the Village's website as the two preferred ways to learn about village issues and public opinion surveys and public consultation & open houses as the two preferred ways to provide input to Council.

Staff received an overall approval rating of 87% and Council received an overall approval rating of 34%.

Council has reviewed the written comments in detail and while they are concerned with the number of negative comments received, they appreciate the fact the residents took the time to express their concerns. They wish to assure the citizens that

they take both the negative and positive comments seriously and they will be looking at ways to improve so that in future the number of negative comments is reduced.

The complete report on the 2012 Citizen Survey is available from the Village website located online at www.keremeos.ca or by contacting the Village at 250.499.2711.

Grist Mill Gardens hosts Shakespeare

Two evenings of theatre out of doors happens this August at the Keremeos Grist Mill and Gardens.

Bring a blanket, pillow, some light snacks, even a festival chair, if you like, and relax on the grassy slope above the Grist Mill Garden.

Below, the Penticton Chamber Theatre will perform the comedy, *As You Like It*, by William Shakespeare.

The play is a comedy involving family rivalry, treachery, loyalty, revenge, romance and, of course, true love. There's music and song and some wildly extravagant gadsabouts.

Most scenes happen in the legendary Forest of Arden making the Grist Mill and Gardens an ideal setting for *As You Like It*.

The two Keremeos performances wrap up the tour of *As You Like It* that includes Penticton, Summerland and Okanagan Falls.

As You Like It is a benefit provided by the Penticton Chamber Theatre in support of the Grist Mill Heritage Club. Admission is by donation.

Doors at the Grist Mill Visitors' Centre open at 6:30 PM and the garden performance starts at 7:00 PM.

For more information call 250.499.5417. - submitted

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Health/Lifestyle News

Guard Your Child From Computer Eye Damage

(NC)—Did you know that the average North American child spends from one to three hours per day with his or her eyes on a computer screen? The startling increase of nearsightedness (myopia) in children worldwide may be a direct consequence of this activity, pediatric eye doctors say.

"In fact, children using computers before their visual systems are fully developed are at the very heart of the public health problem called 'computer vision syndrome,'" says Bijan Minbasion, vice president of operations for Hakim Optical, a national leader in retail eye care.

"A study at the University of California reports that 25% to 30%

of computer-using children need corrective eyewear to work with the equipment comfortably and safely — and similar studies in Asia report that first-graders with myopia has increased from 12.1% to 20.4% since 1995. In the last three years, myopia is reported to have doubled to 34% in seven- to nine-year olds."

To guard against early damage to your child's eyes, consider these Hakim Optical tips:

- Schedule a comprehensive eye exam as your child enters kinder-

garten, including near-point (computer and reading) and distance testing.

- Schedule an eye exam before school begins every year.

- The recommended distance for children between the monitor and the eye is 18-28 inches. Any closer risks eye strain.

- Be aware of behaviour that indicates problems such as eye redness, frequent rubbing of the eyes, unusual posture, or complaints of blurriness or eye fatigue. - www.newsleader.com

Living Past 100

Eating Summer's Bounty

Grocery stores have presented us with a lot of fresh fruit during the past month, and this is a great time to indulge in fruit salads, fruit to eat out of hand, and fruit to serve for dessert. It is also a good time to preserve summer's bounty.

Some cooks will be making jelly and jam from the fruit as one way of preserving some of the benefits, and others will be canning. Probably the best way to preserve those raspberries, strawberries, blackberries and blueberries is to freeze them.

Freezing preserves nearly all of the nutrients we need.

Soft fruits, such as cherries, apricots and peaches, do not freeze well, but do make good jam, and are easy to put up in jars. Cherries do not even need the pits removed before canning.

There is more to fruit than just the taste. Berries are a wonderful source of nutrients that preserve our eyesight. Most berries help remove toxins, and blueberries fight flu and colds. All fruits contain Vitamin C and many minerals.

Summer's bounty includes many vegetables. Gardeners know that taking fresh vegetables from the garden and eating them just hours after harvesting them is a summer treat. Baby carrots and beets, fresh peas from the pod, fresh string beans and tomatoes, spinach, chard, lettuce and corn, are all so tasty. Buying from a farmer's market or a fruit stand generally ensures there is little time between picking and eating.

These fresh vegetables are like medicine for your body, and the fresher they are, the better you are.

As summer goes on, try to plan meals around what is most fresh. Rather than serve a pudding, serve a fruit salad. Rather than buying a yam, buy fresh beets or carrots. Indulge in a variety of fresh greens with fresh green onions, zucchini, cucumber and radishes.

This is the time of year to make the most of summer's bounty, and to give your body high quality nutrition.

FortisBC's new residential conservation rate

FortisBC introduced a new residential two-tier conservation rate for electricity customers on July 1, 2012.

About 75 per cent of electricity customers will pay about the same or less on this new rate, with some paying more based on electricity consumption.

To learn more about the new residential conservation rate or to calculate your bill, visit fortisbc.com/rcr or call 1-866-436-7847.

Are you a high energy user?
Learn ways to use less energy
at fortisbc.com/reduceyouruse.

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News Leader

Entertainment

Similkameen News Leader TV Guide Listings - August 7 - 13, 2012



The Psycho Acoustic Ceili Band during the Friday night street dance at the Princeton Traditional Music Festival. *

Irish jam - not stew!

by Rika Ruebsaat

This is the fifth in a series of articles about the fifth annual Princeton Traditional Music Festival, which is taking place August 17 to 19.

As well as the regular concerts by individual performing groups there will also be workshops. A workshop is focused on a particular topic and is presented by a group of singers and musicians who are on the stage at the same time. Over the next few weeks this column will feature descriptions of some of the workshops being offered at the Festival.

For the past three years the Festival has featured an Irish Jam session. A jam is when a bunch of musicians gets together and play tunes. The session this year will be hosted by fiddle player Randy Vic who will

coordinate the jamming and tell the audience about the tunes and the protocols of jamming. He will be joined onstage by Claddach, a trio from Kelowna, eRatica from Vancouver, Stewart Hendrickson and Lynn Graves from Seattle, Vazzy an energetic duo from Grand Forks, Nathan Hayward, a fine bagpipe and small pipe player, Becky Derykx, an Irish flute player, and the Psycho Acoustic Ceili Band who play for the Friday evening street dance. These people will likely be joined by many others: the stage for this workshop tends to get very crowded!

The session is only 55 minutes long, much shorter than a typical jam, which can go on for hours. People who enjoy Irish music

shouldn't miss the Jam - it'll have you dancing in the street!

Vazzy will also be sharing their music in a workshop called "Songs and Tunes of la Francophonie". France is the motherland of "La Francophonie" and Quebec, Acadia, Louisiana, and many other places are its children. This workshop will explore the songs and tunes from both the motherland and the children of "la Francophonie."

Rika Ruebsaat (that's me!) will host the workshop and tell listeners a bit about Francophone music. Joining me onstage will be Vazzy, Lyn Pinkerton from Vancouver and Chris Roe from Seattle who sing many beautiful French-Canadian ballads, and Skweez, an accordion duo from Gabriola Island who spe-

cialize in traditional French tunes and Parisian musette.

These are just two of the workshops being presented on August 17th to 19th at the fifth annual Princeton Traditional Music Festival. And the best thing about it is, it's free!

The reason it's free is because it's run entirely by volunteers and the performers are donating their talents. To make the festival a success

the organizers will need lots of volunteers.

If you'd like to get involved, please contact them. Even if you have only a couple of hours available your help would be most welcome. Give them a call and they'll welcome you aboard.

To find out more, visit the Festival's webblog at princetontraditional.org or give us (Jon and Rika) a call at 250.295.6010.

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Tuesday Movies

EVENING

9:00 pm WTBS ch.3 "Lost Boys: The Tribe" (2008, Horror) Tad Hilgenbrink. After moving to a new California town, a young woman learns that her new friends are a pack of vampires. **KNOW ch.5 "Blood Relation"** (2009, Documentary) Voice of Hiam Abbass. Premiere. A filmmaker searches for a long-lost relative. (CC)

11:00 pm WTBS ch.3 "Metro" (1997, Action) Eddie Murphy. A hostage negotiator and a SWAT marksman track a psychotic jewel thief who killed a colleague.

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News Leader Horoscopes

August 8 - 15, 2012

ARIES - Making your home beautiful and basking in the love of family will be among your priorities until Labour Day. Enjoying sports, the outdoors, young people and good times will be another priority this month. Opposition from a partner or spouse continues: be independent.

TAURUS - Home is a good place to be this month, and opening your heart and home to siblings will bring you joy. Activity around the home may become hectic, but you are likely to enjoy it. On the other hand, perhaps you will go into a cleaning frenzy at home - maybe fun, too?

GEMINI - This is an excellent time to visit with siblings and talk about a lot of things concerning your relationships. Be careful when indulging in sports, you could break a bone. Have you stepped on the scales lately? This is your year to get fat if you are not careful. Don't gamble!

CANCER - Repairs and improvements to your home must be done in the next two months. Damage to home and property is in the works this month. What you have going for you is good health and a clear conscience. Watch the money situation - you may have to spend, regardless.

LEO - This is your time to express yourself. Be an individual. Siblings may pose a problem now, or have problems you need to help with. Groups you belong to are fun. Watch out for respiratory illness. Peace of mind is important now. Think of beautiful things. Female is on your side.

VIRGO - Things continue well with your career. Money is still tight, and situation will not ease before November. Respect limits on spending. You should look for opportunities to increase earning power. Female friends are a source of happiness. Health should be good.

LIBRA - You may find yourself holding yourself back, and may feel frustrated. Career can be source of pleasure, and older woman lends support and love. Hard work, concentrated energy, sees you through this month, but watch spending - money troubles are ahead next month.

SCORPIO - You may have worries you are not ready to discuss. Pay attention to health, and watch out for accidents. Work carefully around machinery. You derive a lot of pleasure from artistic pursuits for the rest of the month. Career demands a lot of discussion, action.

SAGITTARIUS - You may feel frustrated as plans go awry and groups you belong to seem overwhelmed with ego issues. Take a break and pay attention to the inner you. Partner is supportive. Investments should pay off, woman shares resources with you. Relax!

CAPRICORN - A woman friend brings joy and/or comfort this month. You are enjoying recreational activities this year. Financial matters demand attention - take care of details. Career may pose problems, or authorities or elders may involve some sort of problems. Solve them.

AQUARIUS - This is your month to visit friends, talk one on one with partner, close friend, or person you trust to consult with. A young woman could be a source of comfort and/or joy. Watch out for problems with a vehicle, and be very cautious while driving - accidents are possible.

PISCES - You need to talk about your work, and pay attention to your health. If you have been neglecting your health, somebody will tell you about it. Creative juices flow and you want to create beauty this month. Go for it! Review finances, especially insurance, investments.

TUESDAY, AUGUST 7, 2012

	WTBS ch.3	CHBC ch.4	KNOW ch.5	KSPS ch.6	KHQ ch.7	KREM ch.8	A&E ch.9	KXLY ch.10	BCTV ch.11	CITV ch.12	CBC ch.13	YTV ch.18	TSN ch.19	VTV ch.22	DISC ch.24	FAM ch.26	CITY ch.29	SPIKE ch.44	TROP ch.45	
6 AM	In the Heat of the Night	(5:30) Morning News (N)	Hi-5	Thomas Clifford	KHQ News 6AM (N)	KREM 2 Morning News	Criminal Minds	News	(5:30) Morning News (N)	(4:30) Morning News (N)	CBC News Now	Kid vs. Kat Super Evil	(3:00) XXX Summer Olympics: Triathlon, Basketball, Cycling, Diving, From London. Triathlon: men's; basketball: women's; cycling - track; diving: (N) (Live)	(3:00) XXX Summer Olympics: Diving, Triathlon, Gymnastics. (N)	Junk Raiders	Henry Mickey	CityLine (N)	Auction	Four Weddings Canada	
7 AM	Cosby	Cosby	Arthur	Arthur	Today Reports from the Olympics. (N)	CBS This Morning (N)	Criminal Minds	Good Morning America (N)			Turbo	Sidekick			Inventions That Shook	Never Land Hannah	The Nate Berkus Show	CSI: NY "Justified"	World Vision	
8 AM	Excused	Excused	Clifford	Curious			CSI: Miami		100 Huntley Street		Bo On/Go	Pokémon			American Chopper	Wingin' It Suite/Deck	Rachael Ray	CSI: Crime Scene	Bubble Wrap Kids	
9 AM	Family Fd	100 Huntley Street	Wibbly Pig	Super Why!	XXX Summer Olympics: Track and Field, Beach Volleyball, Diving, Water Polo, Cycling. (N Same-day Tape)	The 700 Club	CSI: Miami "Driven"	Live! With Kelly	100 Huntley Street	Operation Smile	Super Why!	Rescue			Cash Cab	Wizards	Access Hollywood Live	CSI: Crime Scene	Four Weddings Canada	
10 AM	Millionaire	Operation Smile	Garth-Bev	Sesame Street		The Price Is Right	Criminal Minds	The View	Operation Smile	Make Me Over, Under	Poko	Little Bear			Canada's Worst Driver	Good Luck Suite/Deck	The Chew	CSI: Crime Scene	Law & Order "Helpless"	
11 AM	Law Order: CI	Make Me Over, Under	Save-Umal	Sid		Young & Restless	Criminal Minds	Paid Prog.	Make Me Over, Under	Noon News Hour (N)	Animal	G. Shrinks			Dangerous Flights	Wizards	Afternoon America	CSI: Crime Scene	Frasier	
12 PM	Law Order: CI	Noon News Hour (N)	Pingu	Charlie Rose (N)		News	The First 48	The Chew	Noon News Hour (N)	House "Knight Fall"	CBC News Now (N)	Puppies			Mighty Planes	ANT Farm	General Hospital (N)	CSI: Crime Scene	Frasier	
1 PM	Amer. Dad	House "Knight Fall"	Corduroy	Paint		The Talk	Shipping	Afternoon America	House "Knight Fall"	The Talk	Dragons' Den	Kid vs. Kat Super Evil			American Chopper	Wizards	CityLine	CSI: Crime Scene	3rd Rock	
2 PM	King	The Talk	Spider	Barney		Let's Make a Deal	Shipping	General Hospital (N)	The Talk	The Doctors	Steven and Chris	Sidekick	SportsCentre (N) (Live)		How/Made	Good Luck	CityNews at 5 (N)	CSI: Crime Scene	Gold Girls	
3 PM	The Office	The Doctors	Miss BG	WordGirl		Dr. Phil	Storage	Rachael Ray	The Doctors	Young & Restless	Recipes	Almost			How/Made	Good Luck	CityNews at 6 (N)	Repo	Bubble Wrap Kids	
4 PM	Big Bang	Young & Restless	G. Shrinks	Fetch! With Arthur	Jdg Judy	The Dr. Oz Show	Storage	The Nate Berkus Show	Young & Restless	Early News	Mercer	SpongeBob	XXX Summer Olympics From London. (N) (Live)		How/Made	Good Luck	How I Met	Repo	Four Weddings Canada	
5 PM	Browns	News (N)	Minuscule	News	News	News	Storage	News	Early News	(4:59) News Hour (N)	News	Parents			How/Made	ANT Farm	Funniest Home Videos	Repo	Frasier	
6 PM	Browns	Global Nat.	Parks	PBS News-Hour (N)	News	KREM 2 News at 6 (N)	Shipping	News	(5:59) News Hour (N)	ET Canada	News	Mr. Young			CTV News (N)	Ragin' Cajuns (N)	Funniest Home Videos	Tenants	Frasier	
7 PM	Seinfeld	Ent	Hope for Wildlife	History Detectives (N)	Jeopardy!	Inside Ed.	Storage	Ent	Ent	In Plain Sight	Jeopardy!	Boys			XXX Summer Olympics: Athletics, Diving, Cycling.	After the Catch (N)	ANT Farm	Murdoch Mysteries	Tenants	3rd Rock
8 PM	Family Guy	NCIS "Secrets"	Lost Kingdoms	History Detectives (N)	XXX Summer Olympics: Gymnastics, Track and Field, Beach Volleyball. (N Same-day Tape)	NCIS "Secrets"	Storage	The Middle	NCIS "Secrets"	NCIS "Secrets"	Mercer	Weird	SportsCentre (N)		How/Made	Jessie	News	Repo	Deb/Part	
9 PM	Movie: "Lost Boys: The Tribe" (2008, Horror)	NCIS: Los Angeles	"Blood Relation" (2009)	Independent Lens		NCIS: Los Angeles	Storage	Wipeout	NCIS: Los Angeles	NCIS: Los Angeles	Camelot "Igraine"	Gags	World's Strongest Man		How/Made	Ragin' Cajuns	Wingin' It	Seinfeld	Repo	Law & Order "Helpless"
10 PM		In Plain Sight	Invisible City	Moyers & Company		Person of Interest	Shipping	NY Med (N)	In Plain Sight	News Hour Final (N)	National	Mr. Young	SportsCentre (N)		After the Catch	Lizzie So Raven	The Nate Berkus Show	Tenants	Gold Girls	
11 PM	Movie: "Metro"	CHBC News Final (N)	Hope for Wildlife	Charlie Rose (N)		News	Storage	News	News Hour Final (N)	Ent	Stroumbouloupoulos	Splatalot	SportsCentre		CTV News	How/Made	Ned's	Paid Prog.	Repo	Frasier
						Letterman	Storage	Nightline	ET Canada			Weird			CTV News	How/Made	Princess	Out There	Repo	Frasier

News Leader Recipe 514

Cheese-Stuffed Tomatoes

(NC)—Kick your tomatoes into high gear with this tasty dish. Perfect as an appetizer or side dish for your grilled steak, this delicious recipe is sure to be a hit. More recipes can be found at saputo.ca.

Mozzarellissima Grilled Stuffed Tomatoes

Prep time: 15 minutes / Cooking time: 20 minutes / Serves: 4

Ingredients:

- 4 large ripe tomatoes
- salt and freshly ground pepper, to taste
- 1 zucchini
- 1 yellow pepper
- 1/2 large red onion
- olive oil, to taste
- Small handful fresh mint, finely chopped
- 3/4 cup (175 mL) Saputo Mozzarellissima cheese, shredded

Directions:

1. Cut a slice of approximately 1/2 inch (1 cm) off the top of each tomato. With a small knife, cut the inside of the fleshy part of the tomato (do not cut through the bottom of the tomato). Using a spoon, remove the inside of the tomatoes, leaving about 1 cm of flesh attached to skin. Discard the seeds and juice.
2. Lightly salt the inside of the tomatoes, place them with the open sides downwards, on a plate covered with paper towels.
3. Cut the zucchini lengthwise into 4 slices. Cut the pepper in half and remove the inside. Also cut the half onion in 2. Brush vegetables with olive oil and sprinkle with salt, and cook for 8 to 10 minutes on direct medium heat until they are tender. Remove vegetables from heat. Once cooled, chop the zucchini, onion and pepper into small pieces. Add the mint and a drizzle of olive oil to the vegetables. Mix and season to taste.
4. Stuff the tomatoes with the vegetable mixture and top with the Mozzarellissima. Place on the barbecue over medium indirect heat, until cheese is melted and vegetables are heated through (approximately 5 to 6 minutes).

www.newscanada.com

Similkameen News Leader

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Wednesday Movies

EVENING

his life story to a janitor who tries to help him escape.

9:00 pm WTBS ch.3 "Metro" (1997, Action) Eddie Murphy. A hostage negotiator and a SWAT marksman track a psychotic jewel thief who killed a colleague.

11:00 pm WTBS ch.3 "Paulie" (1998, Comedy) Gena Rowlands. A parrot at an animal research lab tells

Prince Town 1826-1926

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From Fur Traders to Miners to the Railroad

WEDNESDAY, AUGUST 8, 2012

	WTBS ch.3	CHBC ch.4	KNOW ch.5	KSPS ch.6	KHQ ch.7	KREM ch.8	A&E ch.9	KXLY ch.10	BCTV ch.11	CITY ch.12	CBC ch.13	YTV ch.18	TSN ch.19	VTV ch.22	DISC ch.24	FAM ch.26	CITY ch.29	SPIKE ch.44	TROP ch.45
6 AM	In the Heat of the Night	(5:30) Morning News (N)	Hi-5	Bob Build	KHQ News 6AM (N)	KREM 2 Morning News	Criminal Minds	News	(5:30) Morning News (N)	(4:30) Morning News (N)	CBC News Now	Kid vs. Kat	(3:00) XXX Summer Olympics	(3:00) XXX Summer Olympics	Mayday	Henry	CityLine (N)	Auction	Weird or What?
7 AM	Cosby	Cosby	Arthur	Arthur	Today Reports from the Olympics.	CBS This Morning (N)	Criminal Minds	Good Morning America (N)			Turbo	Sidekick	Athletics, Wrestling, Water Polo, Beach Volleyball, Volleyball.	Canoe Sprint, Equestrian, Volleyball.	Junk Raiders	Never Land	The Nate Berkus Show	Auction	World Vision
8 AM	Excused	Excused	Clifford	Curious	Cat in the Hat		CSI: Miami "Free Fall"		100 Huntley Street		Bo On/Go	Pokémon			Mighty Planes	Wingin' It	Rachael Ray	Monster House	Wipeout Canada
9 AM	Family Fd	100 Huntley Street	Wibbly Pig	Super Why!	XXX Summer Olympics	The 700 Club	CSI: Miami "Dead Air"	Livel With Kelly	100 Huntley Street	World Vision	Super Why!	Rescue	Athletics; wrestling; women's; water polo; beach volleyball; women's; volleyball.	XXX Summer Olympics	Cash Cab	Wizards	WTA Tennis: U.S. Open Series:	Monster House	Weird or What?
10 AM	Millionaire	World Vision	Garth-Bev (10:40) Inuk (EI)	Sesame Street	Track and Field, Water Polo, Cycling, Beach Volleyball, Equestrian, Canoeing.	The Price Is Right	Criminal Minds	The View (N)	World Vision	Chet/Homo	Poko	Little Bear	Women's; water polo; beach volleyball; women's; volleyball.	Volleyball, Athletics. From London. Volleyball: men's quarterfinal; athletics. (N) (Live)	Salvage Code Red	Good Luck	Rogers Cup, Early Rounds.	Monster House	Law & Order
11 AM	Law Order: CI	Chet/Home	Save-Ums!	Sid		Young & Restless	Criminal Minds	Paid Prog.	Chet/Home	Noon News Hour (N)	Animal	G. Shrinks		Auction	Wizards	From Montreal. (N) (Live)	Flip Men	'70s Show	
12 PM	Law Order: CI	Noon News Hour (N)	Pingu	Charlie Rose (N)		News	The First 48	The Chew	Noon News Hour (N)	House "Open and Shut"	CBC News Now (N)	Rated A		Dangerous Flights	ANT Farm		Flip Men	'70s Show	
1 PM	Amer. Dad	House "Open and Shut"	Corduroy	Oil Painting		The Talk	The First 48	Afternoon America	House "Open and Shut"	The Talk	Dragons' Den	Kid vs. Kat		After the Catch	Wizards	CityLine	Flip Men	3rd Rock	
2 PM	King	The Talk	Spider	Barney		Let's Make a Deal	The First 48	General Hospital (N)	The Talk	The Doctors	Steven and Chris	Sidekick	SportsCentre (N) (Live)	Mayday "Turning Point"	Random	CityNews at 5 (N)	Auction	Gold Girls	
3 PM	The Office	The Doctors	Miss BG	WordGirl		Dr. Phil	Storage	Rachael Ray	The Doctors	Young & Restless	Recipes	Almost		Cash Cab	Random	CityNews at 6 (N)	Auction	Wipeout Canada	
4 PM	Big Bang	Young & Restless	G. Shrinks	Fetch! With the Braubros	Jdg Judy	The Dr. Oz Show	Storage	The Nate Berkus Show	Young & Restless	Early News	Mercer	SpongeBob	XXX Summer Olympics From London. (N) (Live)	Salvage Hunters	Random	How I Met My Girl	Auction	Weird or What?	
5 PM	Browns	News (N)	Jack	News	News	News	Storage	News	Early News	(4:59) News Hour (N)	News	Parents		River Monsters	Jessie	The Middle	Auction	'70s Show	
6 PM	Browns	Global Nat.	Parks	PBS NewsHour (N)	News	KREM 2 News at 6 (N)	Storage	News	(5:59) News Hour (N)	ET Canada	News	Mr. Young		CTV News (N)	River Monsters	Jessie	Mod Fam	Auction	'70s Show
7 PM	Seinfeld	Ent	Frontiers of	Nature	Jeopardy!	Inside Ed.	Barter	Ent	Ent	Psych (N) (DVS)	Coronation Street (N)	Boys		XXX Summer Olympics: Canoe.	Myth-Busters	Jessie	(7:02) Final Witness (N)	Auction	3rd Rock
8 PM	Family Guy	Big Brother (N)	School	Oceans	XXX Summer Olympics	Big Brother	Barter	The Middle	Big Brother (N)	Big Brother (N)	Dragons' Den	Weird	SportsCentre (N)	Athletics, Wrestling, Diving, Equestrian.	Salvage Hunters	Austin	News	Auction	Debt/Part
9 PM	Movie: ** "Metro" (1997) Eddie Murphy.	The Glee Project (N)	Broadway: Musical	The Botany of Desire	Track and Field, Diving, Beach Volleyball.	Criminal Minds	Storage	Mod Fam	The Glee Project (N)	The Glee Project (N)	Arctic Air (N) (DVS)	Gags	World/Poker		River Monsters	Wingin' It	Seinfeld	Auction	Law & Order
10 PM	Psych	Psych (N) (DVS)	Choir: Boys Don't Sing			CSI: Crime Scene	Storage	(10:02) Final Witness	Psych (N) (DVS)	News Hour Final (N)	National	Mr. Young	SportsCentre (N)		River Monsters	Lizzie	Access Hollywood Live	Auction	Gold Girls
11 PM	Movie: ** "Paulie"	CHBC News Final (N)	Frontiers of	Charlie Rose (N)	Go On (N)	News	Barter	News	News Hour Final (N)	Ent	Stroumbouloupoulos	Splatalot	SportsCentre	CTV News	Myth-Busters	Ned's Princess	The Chew	Entourage	'70s Show

Around The Similkameen!



A happy trio of Cake Contest winners show off their winnings in Tulameen Community Hall August 4th during Tulameen Family Fun Days. Photo: Brenda Engel



That spindly plant with yellow flowers growing two or three feet tall around the Okanagan and Similkameen is Wild Mustard. It grows in profusion when left unattended, as in this pasture on the Elkink Ranch at Richter Pass. The seed is poisonous to both cows and horses, although they generally don't eat the plant while it is growing. There are documented cases of horses and cattle being poisoned from eating hay that contains the plant and seed. Photo: Arlene Arlow



"I wonder if the road edge is supposed to erode like that?" Things you don't see unless you get out of your vehicle: the cement barricades along both sides of Highway 3A at Yellow Lake were manufactured to let water pass underneath at regular intervals. With the unusual downpours that the Similkameen and Okanagan valleys have experienced this summer, the fine rock at the edge of the highway away from traffic has eroded completely up to the edge of the pavement. Photo: Arlene Arlow



The Fish Pond was a popular game played during Tulameen Days August 4th. *



Chain saw art in the middle of downtown Tulameen! *



This old building a few miles west of Keremeos makes for a great photo op. Highway 3 between Princeton and Fort MacLeod in Alberta holds hundreds of historical photo ops for the discerning eye. Undoubtedly our modern buildings made of compressed particle board won't hold up to the ravages of time as well as those built from "real" wood. Photo: Arlene Arlow

AUGUST, 2012

South Okanagan PLUS

Hockey's Class of 2012

By DAVID CROMPTON
South Okanagan Plus

A pair of National Hockey League greats were among the five new inductees into the B.C. Hockey Hall of Fame at the 21st annual gala ceremony at the South Okanagan Events Centre.

While Scott Niedermayer and Rod Brind'Amour talked about their storied careers, a current NHL general manager and past BCHHF inductee discussed the game's immediate future.

Detroit Red Wings GM Ken Holland told the gathering he remains "on the optimistic side" that a new Collective Bargaining Agreement can be hammered out between the league and the NHL Players' Association.

The CBA expired in June and the start of the 2012-13 season remains in peril if an agreement cannot be reached.

"I'm very optimistic we're going to play hockey this season, I'm just not sure when," said Holland. "The two sides have been meeting two or three times a week since early-July and more meetings are planned. The CBA is always a complex and difficult thing. I can't really say much about the specifics at this point."

Another high-profile past inductee, Pat Quinn, who coached the Vancouver Canucks to within one win of the Stanley Cup in 1994, also spoke at the event.

Numerous other past inductees attended the ceremony, including Bob Nicholson, Larry Lund, Ivan McLelland, Kevin Conway, Andy Moog, Bruce Hamilton, Frank Lento, Allan Matthews, Grant Kerr and Duncan Wray.

Others, such as Vancouver Canucks executive Stan Smyl, were unable to make it after a fierce storm forced the cancellation of a late-afternoon flight into Penticton.

The event was once again a big success, with BCHHF founder Scott Carter, longtime TV play-by-play man Jim Hughson and UBC's most successful hockey coach Bob Hindmarch also inducted.

Bernie Pascall and Ray Ferraro served as co-emcees for the evening.

The event raised funds for a number of worthy charities, including *Canucks for Kids* and



Inductees and co-winners of the Minor Hockey Player of the Year award gathered for a photo prior to the ceremonies on Friday at the SOEC. From left: Scott Carter, Jim Hughson, Rod Brind'Amour, Matthew Barzal, Jansen Harkins, Bob Hindmarch and Scott Niedermayer.

Moog and Friends Hospice House, through tickets to the dinner and live and silent auctions of impressive hockey memorabilia and hockey trips to Detroit (courtesy of Holland) and Toronto (courtesy of GM Brian Burke). Cheryl Treiving also presented a \$10,000 cheque to the BCHHF on behalf of Boston Pizza International.

Prior to the inductions, the BCHHF, in conjunction with B.C. Hockey Now newspaper, presented the Minor Hockey Player of the Year Award to co-winners Mathew Barzal and Jansen Harkins.

Barzal (Seattle Thunderbirds) and Hopkins (Prince George Cougars) were selected No. 1 and No. 2, respectively, in the 2012 Western Hockey League Bantam Draft.

Asked about who they model their game after, Barzal said his idol is Chicago Blackhawks captain Jonathan Toews, while Hopkins said he aspires to be like Detroit's Henrik Zetterberg and Vancouver's Ryan Kesler.

The evening closed out with the inductions, as Kelowna Rockets owner Bruce Hamilton welcomed Carter into the Hall, Frank Lento

made the presentation to the 82-year-old Hindmarch, Ferraro presented to Brind'Amour, and Nicholson welcomed in Niedermayer after their successful relationship with the Canadian national team.

Perhaps the most heart-warming was Canucks play-by-play legend Jim Robson ushering his long-time colleague Hughson into the Hall.

Robson declared Hughson isn't just the best play-by-play man in the game today, but of all time.

"I'm like a lot of people who grew up in small-town B.C., small-town Canada, and I'm appreciative of the game of hockey because of it," said Hughson, a native of Fort St. John. "I had an unbridled passion for the game and I still have it today. I was blown away by the impressive (BCHHF) facility in this fantastic new building, and I'm tremendously honoured to be welcomed into the Hall along with this tremendous group here tonight."

Brind'Amour, from Campbell River, and now residing in Raleigh, N.C., enjoyed a terrific 20-year career capped off by captaining the

Carolina Hurricanes to the Stanley Cup title in 2006.

"Family was a huge part of everything," said Brind'Amour. "I had two wonderful parents... if there was ever a hall of fame for parents, I believe mine would be in it."

Niedermayer, from Cranbrook, is the only Canadian player to win six major titles, and he won four Stanley Cups (three with

New Jersey and the last with Anaheim) in his 18-year career.

He also won the Memorial Cup, World Junior Hockey Championship, IIHF Men's World Championship, Olympic gold medal and the World Cup Championship. He also won the James Norris Trophy as the NHL's top defenceman and the Conn Smythe Trophy as MVP of the Stanley Cup playoffs.

"I was blessed with amazing teammates and organizations, and great coaches right from minor hockey in Cranbrook and in junior with Kamloops (Blazers)," said Niedermayer. "There were a lot of great moments, but competing for Canada right here in my own province was certainly right up there."



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Fairy tale in Osoyoos

By South Okanagan Plus

A fairy tale is coming true for the South Okanagan.

One of the highest rated shows on TV will be filmed in Osoyoos.

Those behind ABC's "Once Upon a Time", about fairy tale characters cursed to live in our world with no recollection of their past and no hope for a happy ending, has chosen the South Okanagan community as a location for season two.

Shooting begins this month, the Okanagan Film Commission announced late Tuesday.

"It is great for the Okanagan to be chosen as a location by a high profile series like Once Upon A Time, and it will also be great for the region to get the international exposure from the reach of the viewer audiences," said Okanagan Film commissioner Jon Summerland.

The second season will premiere on Sept. 30. Other movies to be show in the South Okanagan over the years include the Sean Penn-directed "The Pledge"; "The Big Year" with Jack Black and Steve Martin; and "Gunless", a comedy starring Paul Gross and Graham Greene.

Be shy on saliva sharing

Did you know that cavity-causing bacteria can pass from person to person through the transfer of saliva? This can occur via sharing utensils, blowing on food, and yes, even kissing that sweet little bundle of joy on the mouth.

It is not an uncommon scenario for a mom to take her toddler for her first dental checkup and receive a surprise.

Not only does her toddler have a cavity or two in the primary teeth, but the dentist suggests he/she might have "caught" them from her mom.

Many dentists now routinely advise their patients not to share cups, utensils or food. One mom recently said she was shocked to be advised not to kiss her child on the lips. This mom had been taking a bite of food and then giving her daughter a bite since she started eating.

This advice was news to the mother but, as it turns out, studies about the transmission of cavity-causing bacteria from mom to baby have been published for 30-plus years.

The primary culprit is Streptococcus mutans, a bacteria that can pass from person to person through the transfer of saliva.

According to a study in Pediatric Dentistry, "strong evidence demonstrated that mothers are a primary source of MS (mutans streptococci) colonization of their children; a few investigations showed other potential sources ... notably fathers."

"There have been many, many studies," said pediatric dentist Dr. Jane Soxman. "It's well documented. You can't blame it all on kissing a child on the lips -- that's one of several different factors that would have to be working together.

But the main thing to know is that tooth decay is a bacterial infection and you can spread it from one person to another during the window of infectivity, which is during infancy and especially during the time of tooth eruption. That's when the teeth are most vulnerable. It's as if you had a bad cold and were kissing your child, you would spread the cold virus."

Only parents (or caregivers) with active tooth decay can spread the Streptococcus mutans bac-

teria through the transfer of saliva. It should be stressed that the transmission of bacteria-laden saliva is just one piece of the puzzle. Tooth decay is caused by a combination of factors, including the transfer of infectious saliva, genetics, oral hygiene, and feeding practices, such as letting your baby constantly suck on a sippy cup full of juice or milk or other sugar-laden liquid.

(Bacteria uses the sugar to produce acid, which breaks down enamel.) Baby teeth are particularly vulnerable to decay.

"When teeth first come into the mouth, when they first erupt, the enamel is very soft," said Soxman. "They're brand new virgin surfaces and are very susceptible."

But the decay won't just impact baby teeth.

If the bacteria are allowed to thrive, they can colonize

and stick around for years, attacking the permanent teeth when they erupt.

Luckily, there are preventative measures that can help kick the bacteria to the curb. A 2010 study in the Journal of Dental Research found that the children of moms who chewed Xylitol gum (starting in the sixth month of pregnancy) "were significantly less likely to show MS colonization". Cutting back on saliva-transferring behaviors -- such as utensil-sharing, toothbrush sharing, blowing on baby's food, pre-chewing baby's food and cleaning off the pacifier with your own mouth -- will also help.

Maintaining good hygiene practices and a good diet are really important. Parents should take care of their own oral health and focus on preventative care like flossing and dental check-ups and chewing Xylitol gum if they're at high risk for decay.

"You could do just about everything as long as you wipe that baby's mouth out repeatedly with a clean wet cloth," said Soxman. "I tell parents to wipe the baby's mouth out as often as they change the diaper.

Wipe the tongue, the teeth, and the cheeks from infancy on. Then the colonies of bacteria won't be established."

Dr. James Jung, BSc, DDS, is with the Enamel Dental Centre in Penticton. Website:



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Call for Speaker's resignation

By South Okanagan Plus

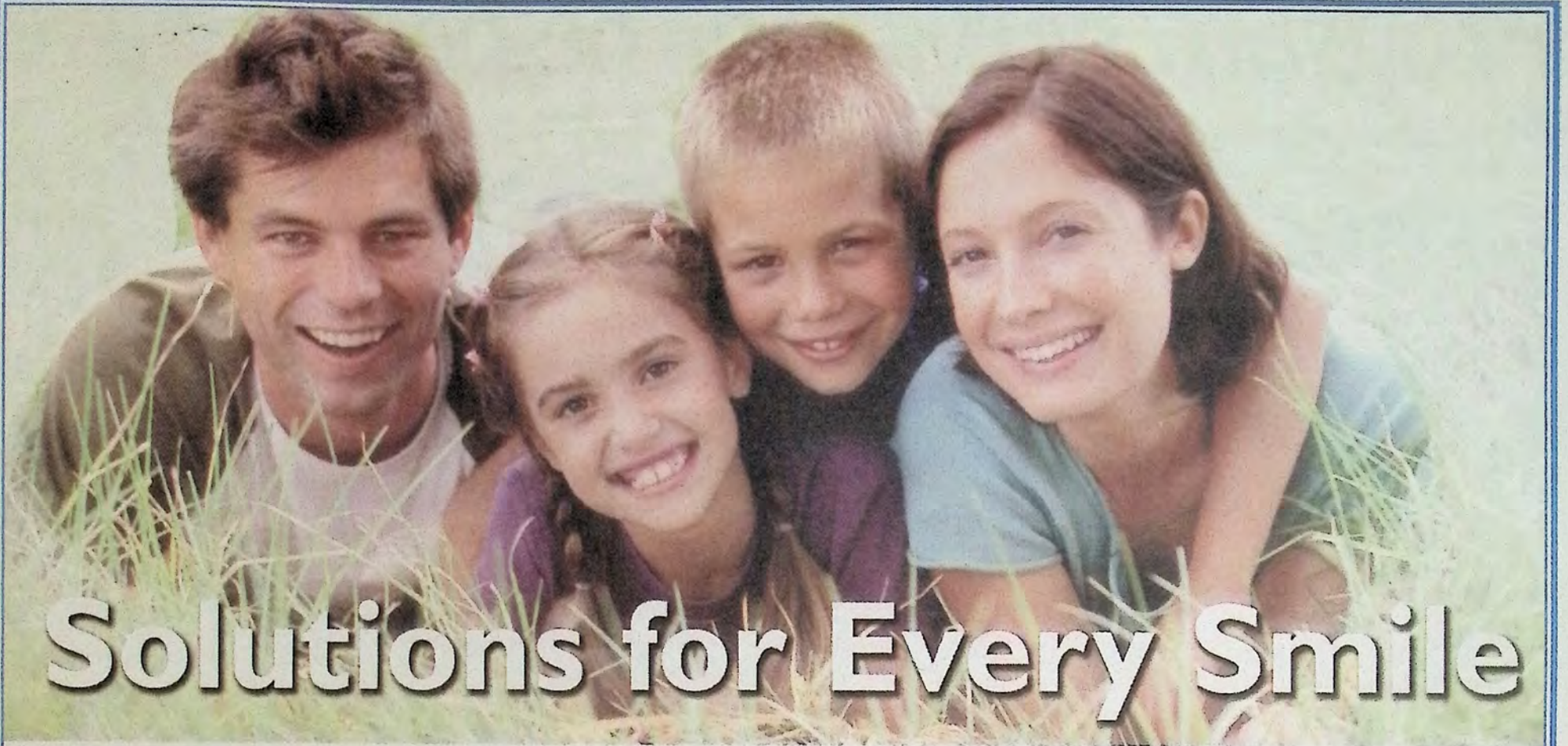
John Cummins, leader of the BC Conservative Party continues to call on Penticton MLA Bill Barisoff to step down from his role as Speaker of the House.

In a news release issued Wednesday, Cummins was critical of both Barisoff and Vancouver-Hastings MLA Shane Simpson, who represents the NDP with regards to their statements following an auditor general's report into neglectful accounting of legislative expenses.

"Sadly, it has become evident that Mr. Barisoff and Mr. Simpson — both of whom sit on the Legislative Assembly Management Committee — have lost touch not only with their constituents and taxpayers, but with reality as well," Cummins wrote.

In an interview with The Herald, Barisoff described the build-up to the provincial election as being "the silly season."

"Does Mr. Barisoff really believe that it is silly for British Columbians to want to hold him accountable for failing to ensure that public monies are properly spent?" asked



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Program helps kids be bear aware

By MARGARET HOLM
Special to South Okanagan Plus

I caught up with Zoe Kirk last week, the busy Bear Aware co-ordinator for the Regional District, to ask her about this year's program initiatives. Naramata, which has participated in Bear Aware for two years, has seen a dramatic reduction in bear conflicts due to the control of garbage. Naramata rural area also initiated a new bylaw requiring residents to put out their garbage only on the morning of pickup.

The community is endeavouring to become a "Bear Smart" community, which requires extra steps to ensure that community bylaws support the reduction of bear conflict. New bylaws needed to become a Bear Smart community include requiring new housing developments to provide wildlife-proof garbage containment, and giving bylaw officers the ability to inspect properties if poor garbage containment is suspected.

Kirk starts a community on the road to becoming Bear Aware by conducting evening "garbage sweeps" to see how many people leave out garbage the night before collection. This garbage is the main target of dogs and wildlife. Garbage management is key to lowering the attraction of residential neighbourhoods to bears. Recent garbage inspections show that most West Bench and Sage Mesa residents are aware of proper garbage etiquette, whereas Kaleden properties had more garbage out on the curb well before garbage day.

Garbage bags left out on the curb for hours



Bear Aware co-ordinator Zoe Kirk demonstrates bear behaviour to a young audience in the South Okanagan, recently.

are also not a good idea, so both bags and "early-birds" will find that their garbage has been tagged with bright stickers encouraging them to use sealed containers put out the morning of garbage collection.

Environment Minister Terry Lake announced a small pilot project in conjunction with the Bear aware Program to help select communities deal with urban coyotes and deer in addition to bears. Our regional district has been chosen for a Wild Safe BC program in addition to Bear Aware. In some areas, coyotes and deer have be-

come habituated to humans and have lost their natural wariness. A deer and dog pepper spray is available at Canadian Tire and can be carried as a safety precaution.

Kirk stated that a different approach is needed to understand coyotes and cougars. Hikers and dog walkers should be attentive when entering habitat that might be frequented by these animals. Make noise, be aware and keep dogs on leash. Do not run if cougars or coyotes are sighted. Back way slowly and never turn your back, act as big, mean and loud as possible and

throw objects and ready a deterrent.

At home, small dogs and cats are attractants to cougars and coyotes, so do not leave either pet food or your pet outside at night. Windfall fruit is attractive to bears and coyotes, so pick ripe fruit and remove spoiled fruit quickly. Compost should be well turned over and covered with soil to reduce the smell. Garbage, bird seed and animal feed should be in locked storage containers.

Kirk suggests discouraging unwanted wildlife from residential areas with noise, air horns, and fencing. Expensive commercial foot deer fencing is usually not needed for small properties. A five foot fence with a single smooth wire running at the six-foot or two-metre level can be hung with streamers or flagging tape to discourage deer. Consider leasing a bear-proof garbage container if you live in a problem area.

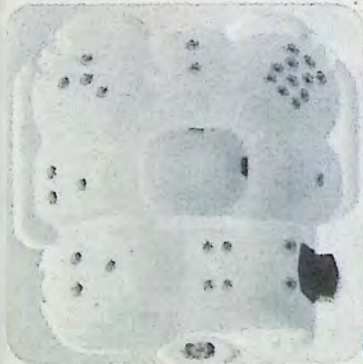
Contact the Bear Aware Coordinator Zoe Kirk at 250-488-0285, or through the RDOS office 250-492-0237 ext. 4110, or email rdos@bear-aware.bc.ca.

For more information on bears, or to check out the new interactive bear sightings mapping go to www.bearaware.bc.ca. To view bear-proof (wildlife resistant) containers, go to www.castanet.net/bfi or call Matt at BFI Waste Services at 250-490-3888.

Margaret Holm works for the Okanagan Similkameen Conservation Alliance, one of 50 organizations in the South Okanagan Similkameen Conservation Program and is a contributor with The Penticton Herald.

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Here we thought the birds were eating all the peanuts until we discovered this busy little chipmunk July 28th sneaking away with chubby cheeks! Photo: Brenda Engel

Thursday Movies

EVENING
 9:00 pm WTBS ch.3 "Observe and Report" (2009, Comedy) Seth Rogen. A mall security officer tries to impress his dream girl and prove his worthiness for a coveted spot at the police academy by collaring a flasher. **KNOW ch.5** "The Night James Brown Saved Boston" (2008, Documentary) James Brown. Two days after Dr. Martin Luther King Jr.'s assassination, singer James Brown performs at the Boston Garden. (CC)
 10:45 pm WTBS ch.3 "Observe and Report" (2009, Comedy) Seth Rogen. A mall security officer tries to impress his dream girl and prove his worthiness for a coveted spot at the police academy by collaring a flasher.

THURSDAY, AUGUST 9, 2012

	WTBS ch.3	CHBC ch.4	KNOW ch.5	KSPS ch.6	KHQ ch.7	KREM ch.8	A&E ch.9	KXLY ch.10	BCTV ch.11	CITY ch.12	CBC ch.13	YTV ch.18	TSN ch.19	VTV ch.22	DISC ch.24	FAM ch.26	CITY ch.29	SPIKE ch.44	TROP ch.45
6 AM	In the Heat of the Night	(5:30) Morning News (N)	Hi-5 Rob Robot	Thomas Clifford	KHQ News 6AM (N)	KREM 2 Morning News	Criminal Minds	News	(5:30) Morning News (N)	(4:30) Morning News (N)	CBC News Now	Kid vs. Kat Super Evil	(3:00) XXX Summer Olympics	XXX Summer Olympics	Game Machines	Henry Mickey	CityLine (N)	Auction Auction	Eat St. Eat St.
7 AM	Cosby	Cosby	Arthur Magic Bus	Arthur Martha	Today Reports from the Olympics (N)	CBS This Morning (N)	Criminal Minds CSI: Miami	Good Morning America (N)			Turbo Monster	Sidekick Beyblade	Canoe Sprint, Rhythmic Gymnastics, Beach Volleyball, Soccer (N)	XXX Summer Olympics: Boxing, Athletics, Wrestling, From London. Boxing; women's; athletics; wrestling. (N) (Live)	Greatest Know-It-All	Never Land Hannah	The Nate Berkus Show	CSI: NY	World Vision
8 AM	Excused	Excused	Clifford Dinosaur	Curious Cat in the Hat						100 Huntley Street	Bo On/Go Busytown	Pokémon Kid vs. Kat			Nerve Center	Wingin' It Suite/Deck	ATP Tennis: Rogers Cup, Third Round. From Toronto. (N) (Live)	CSI: Crime Scene	Instant Instant
9 AM	Family Fd	100 Huntley Street	Wibbly Pig Princess	Super Why! Dinosaur	XXX Summer Olympics: Track and Field, Volleyball, Water Polo, Beach Volleyball, Canoeing, Swimming. (N Same-day Tape)	The 700 Club	CSI: Miami "Shock"	Livel With Kelly	100 Huntley Street	Operation Smile	Super Why! Cat in the Hat	Rescue Berenstein		XXX Summer Olympics: From London. Boxing; women's; athletics; wrestling. (N) (Live)	Cash Cab How/Made	Wizards Sonny		CSI: Crime Scene	Eat St. Eat St.
10 AM	Millionaire	Operation Smile	Garth-Bev (10:40) Inuk	Sesame Street (EI)		The Price Is Right	Criminal Minds	The View	Operation Smile	Chef/Home Debt/Part	Poko Doodlebop	Little Bear Big-Small			Machines Things You	Good Luck Suite/Deck		CSI: Crime Scene	Law & Order
11 AM	Law Order: CI	Chef/Home Debt/Part	Save-Ums! Rolle Polle	Sid Sit-Be Fit		Young & Restless	Criminal Minds "Jones"	My Pillow Paid Prog.	Chef/Home Debt/Part	Noon News Hour (N)	Animal Artzooka	G. Shrinks Rescue			Mayday	Wizards Shake It		CSI: Crime Scene	Friends
12 PM	Law Order: CI	Noon News Hour (N)	Pingu Doggy	Charlie Rose (N)		News	The First 48	The Chew	Noon News Hour (N)	House "The Choice"	CBC News Now (N)	Puppies Almost			River Monsters	ANT Farm Random		Jail	Friends
1 PM	Amer. Dad	House "The Choice"	Corduroy Rob Robot	Painting Knit		The Talk	The First 48	Afternoon America	House "The Choice"	The Talk	Dragons' Den	Kid vs. Kat Super Evil			River Monsters	Wizards Good Luck		Jail	3rd Rock
2 PM	King	The Talk	Spider Berenstein	Barney WordWorld		Let's Make a Deal	The First 48	General Hospital (N)	The Talk	The Doctors	Steven and Chris	Sidekick Squirrel	SportsCentre (N) (Live)		Myth-Busters	Shake It Shake It	CityNews at 5 (N)	Jail	Gold Girls
3 PM	The Office	The Doctors	Miss BG Lilly	WordGirl Electric		Dr. Phil	The First 48	Rachael Ray	The Doctors	Young & Restless	Recipes Stefano	Almost Sidekick	XXX Summer Olympics From London.	Cash Cab How/Made	Shake It Shake It	CityNews at 6 (N)	Jail	Instant	
4 PM	Big Bang	Young & Restless	G. Shrinks Arthur	Fetch! With Wild Kratts	Jdg Judy	The Dr. Oz Show	The First 48	The Nate Berkus Show	Young & Restless	Early News Global Nat.	Mercer Wheel	SpongeBob Kung Fu	CFL Football: Calgary Stampeders at Hamilton Tiger-Cats. (N) (Live)	Nerve Center	Shake It Good Luck	How I Met 30 Rock	Tenants	Eat St.	
5 PM	Browns	News (N)	Jack Martha	News Business	News	News	The First 48	News ABC News	Early News Global Nat.	(4:59) News Hour (N)	News News	Parents SpongeBob		American Chopper	Good Luck Good Luck	Murdoch Mysteries	IMPACT Wrestling (N)	Friends	
6 PM	Browns	Global Nat.	Parks Undersea	PBS News-Hour (N)	News	KREM 2 News at 6 (N)	The First 48 (N)	News	(5:59) News Hour (N)	ET Canada Ent	News Coronation Street (N)	Mr. Young Zaink'd!		Carfellas	Good Luck Good Luck	Rules How I Met		Friends	
7 PM	Sinfeld	Ent	The Blue Planet Planet Earth	Trailer Park Blues	Jeopardy!	Inside Ed.	Cajun	Ent	Ent	Rookie Blue (N)	Jeopardy!	Boys Indie	SportsCentre (N) (Live)	Fast N' Loud	Good Luck Good Luck	Person of Interest	UFC Unleashed	3rd Rock	
8 PM	Family Guy	Wipeout (N)	Planet Earth (N)	New Tricks	XXX Summer Olympics: Track and Field, Diving, Beach Volleyball, Cycling. (N Same-day Tape)	Big Bang	Cajun	Wipeout	Wipeout (N)	Wipeout (N)	The Nature of Things	Weird Splatalot		Nerve Center	Good Luck Wingin' It	News	MMA	Debt/Part	
9 PM	Movie: "Observe and Report" (2009)	Big Brother	Movie: "The Night James Brown Saved Boston"	Foyle's War		Big Brother	(9:01) The First 48	Wipeout (N)	Big Brother	Big Brother	Love, Hate Gags	Gags Gags		Fast N' Loud (N)	Wingin' It Warthogs!	Sinfeld	Ways Die	Law & Order	
10 PM	(10:45) "Observe and Report" (2009)	Rookie Blue (N)	American Masters			Person of Interest	(10:01) The First 48	Rookie Blue (N)	Rookie Blue (N)	News Hour Final (N)	National	Zaink'd! Boys	SportsCentre (N)	American Chopper	Lizzie So Raven	Access Hollywood Live	Ways Die	Gold Girls	
11 PM	Letterman	CHBC News Final (N)	The Hollow Tree	Charlie Rose (N)		News	Cajun	News	News Hour Final (N)	Ent	Stroumbouloupoulos	Splatalot Weird	SportsCentre	CTV News	Carfellas	Ned's Princess	The Chew	MMA	Friends

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Friday Movies

EVENING

6:00 pm CITY ch.29 "Best in Show" (2000, Comedy) Michael Hitchcock. Pampered pooches and their quirky owners converge on Philadelphia to compete in a prestigious dog show. (CC)
 8:00 pm YTV ch.18 "Big Time Movie" (2012, Comedy) Kendall Schmidt. Members of a music group must save the world from a destructive device. (In Stereo) (CC)
 FAM ch.26 "Lemonade Mouth" (2011, Musical) Bridgit Mendler. Five high-school students form a music group and prepare to

compete against a popular rock band. (In Stereo) (CC)
 10:13 pm FAM ch.26 "Camp Rock" (2008, Musical Comedy) Joe Jonas. A talented singer works in the kitchen at a summer camp for aspiring musicians. (In Stereo) (CC)
 11:00 pm WTBS ch.3 "Quigley Down Under" (1990, Western) Tom Selleck. An Old West sharpshooter goes to Australia, where his new boss expects him to kill Aborigines.

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News Leader Sudoku 414

by Carter Boswell

HOW TO PLAY:

Sudoku is a game of logic. There is no math involved. The object of the game is to fill the grid so that the numbers 1 through 9 appear only once in each row, column and 3 x 3 box. The numbers can appear in any order and Carter has left you some clues below.

	7					8	
		3	1		4	5	
		2		6		7	
4							2
	6						5
2				5			4
		5				3	
		4	8		5	9	
	9						7

THIS WEEK'S SOLUTION: Page 20

News Leader Sudoku grids, puzzles and solutions
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FRIDAY, AUGUST 10, 2012

	WTBS ch.3	CHBC ch.4	KNOW ch.5	KSPS ch.6	KHQ ch.7	KREM ch.8	A&E ch.9	KXLY ch.10	BCTV ch.11	CITY ch.12	CBC ch.13	YTV ch.18	TSN ch.19	VTV ch.22	DISC ch.24	FAM ch.26	CITY ch.29	SPIKE ch.44	TROP ch.45
6 AM	In the Heat of the Night	(5:30) Morning News (N)	Hi-5	Bob Bull	KHQ News 6AM (N)	KREM 2 Morning News	Longmire	News	(5:30) Morning News (N)	(4:30) Morning News (N)	CBC News Now	Kid vs. Kat Super Evil	(3:00) XXX Summer Olympics: Taekwondo, Wrestling, From London. Taekwondo: semifinals and finals; wrestling: men's finals. (N) (Live)	(3:00) XXX Summer Olympics: Canoe Sprint, Boxing, Cycling. (N)	Pyros "The Falls"	Henry Mickey	CityLine (N)	Surviving Disaster	Canadian Pickers
7 AM	Cosby		Arthur	Arthur	Today Reports from the Olympics. (N) (E)	CBS This Morning (N)	Longmire	Good Morning America OneRepublic performs.			Turbo	Yu-Gi-Oh!			Licence to Drill	Never Land Hannah	The Nate Berkus Show	Surviving Disaster	World Vision
8 AM	Excused		Magic Bus	Martha			Longmire "The Cancer"			100 Huntley Street	Bo On/Go	Pokémon			Myth-Busters	Wingin' It Suite/Deck	Rachael Ray	Surviving Disaster	Canadian Pickers
9 AM	Family Fd	100 Huntley Street	Fun-Claude	Super Why!	XXX Summer Olympics: Water Polo, Gymnastics, Synchronized Swimming, Wrestling, Swimming, Canoeing. (N Same-day Tape) (E)	The 700 Club	Longmire "Dog Soldier"	Livel With Kelly	100 Huntley Street	World Vision	Super Why!	Rescue			Cash Cab	Wizards	WTA Tennis: U.S. Open Series:	Surviving Disaster	Canadian Pickers
10 AM	Millionaire	World Vision	Garth-Bev	Sesame Street (E)		The Price Is Right	Longmire	The View	World Vision	Chef/Home	Poko	Little Bear			Game	Good Luck	Rogers Cup, Third Round. From Montreal. (N) (Live)	Surviving Disaster	Law & Order
11 AM	Law Order: CI	Chef/Home	Save-Umal	Sid		Young & Restless	Longmire "8 Seconds"	Paid Prog.	Chef/Home	Noon News Hour (N)	Animal	G. Shrinks			Mighty Planes	Wizards		Surviving Disaster	King
12 PM	Law Order: CI	Noon News Hour (N)	Pingu	Charlie Rose (N)		News	Longmire	The Chew	Noon News Hour (N)	House "Bag-gage"	CBC News Now (N)	Rated A			Carfellas	ANT Farm		Surviving Disaster	King
1 PM	Amer. Dad	House "Bag-gage"	Corduroy	Wyland's		The Talk	Longmire	Afternoon America	House "Bag-gage"	The Talk	Dragons' Den	Kid vs. Kat Super Evil			Fast N' Loud	Wizards	CityLine	Surviving Disaster	3rd Rock
2 PM	King	The Talk	Spider	Barney		Let's Make a Deal	Storage	General Hospital	The Talk	The Doctors	Steven and Chris	Sidekick	SportsCentre (N) (Live)		Myth-Busters	Austin	CityNews at 5 (N)	Surviving Disaster	Gold Girls
3 PM	Big Bang	The Doctors	Miss BG	WordGirl	Ellen DeGeneres Show	Dr. Phil	Storage	Rachael Ray	The Doctors	Young & Restless	Recipes	Almost			Cash Cab	Austin	CityNews at 6 (N)	Surviving Disaster	Canadian Pickers
4 PM	MLB Baseball: Atlanta Braves at New York Mets. (N) (Live)	Young & Restless	G. Shrinks	Blz Kid\$	Jdg Judy	The Dr. Oz Show	Storage	The Nate Berkus Show	Young & Restless	Early News	Mercer	SpongeBob	XXX Summer Olympics: Volleyball, Synchronized Swimming.		Mighty Planes	Austin	How I Met	Jesse James-Man	Canadian Pickers
5 PM		News (N)	Minuscule	Wild Kratts	Jdg Judy	News	Storage	News	Early News	(4:59) News Hour (N)	News	Parents			Salvage Hunters (N)	Code 9	Murdoch Mysteries	Jesse James-Man	Law & Order
6 PM		Global Nat.	Parks	Business	News	News	Storage	News	(5:59) News Hour (N)	ET Canada	News	Mr. Young			Pyros (DVS)	Shake It	Movie: "Best in Show" (2000)	Jesse James-Man	Law & Order
7 PM	Seinfeld	Ent	Canada: Over the Edge	Wash.	Jeopardy!	inside Ed.	Storage	Ent	Ent	The Office	Coronation Street (N)	Boys	CFL Football: Saskatchewan Roughriders at Edmonton Eskimos. (N)		Mayday	Jessie		Jesse James-Man	Law & Order
8 PM	Family Guy	Housewives	Doc Martin	Doc Martin "In Loco"	XXX Summer Olympics: Track and Field, Diving, Cycling. (N Same-day Tape) (E)	Undercover Boss	Storage	Shark Tank (DVS)	Housewives	Housewives	InSecurity	Movie: "Big Time Movie"			Mighty Planes	Movie: "Lemonade Mouth" (2011)	News	Jesse James-Man	Debt/Part
9 PM	The Office	Housewives	George Gently	Great Performances (N)		CSI: NY "Crushed"	Storage	(9:01) 20/20 (N)	Housewives	Housewives	Michael	Mr. Young	Sports		Pyros (DVS)	Seinfeld	Surviving Disaster	Law & Order	
10 PM	Browns	The Office	Voyage			Blue Bloods	Storage	The Office	News Hour Final (N)	National	Mr. Young	Boys			Salvage Hunters	(10:13) Movie: "Camp Rock" (2008)	Access Hollywood Live	Surviving Disaster	Gold Girls
11 PM	"Quigley Down Under"	CHBC News Final (N)	Canada: Over the Edge	Charlie Rose (N)		News	Storage	News	News Hour Final (N)	Ent	Stroumbopoulos	The Next Star	SportsCentre	CTV News	Mayday		The Chew	Surviving Disaster	King

News Leader Weekend - Saturday Movies

MORNING

8:00 am WTBS ch.3 "Redbelt" (2008, Drama) Chiwetel Ejiofor. A martial artist finds his integrity on the line after he saves an action star from attack and takes a job in the film industry.

10:00 am WTBS ch.3 "The Pink Panther" (2006, Comedy) Steve Martin. A bumbling French inspector investigates the murder of a famous soccer coach and the theft of his priceless pink diamond.

AFTERNOON

12:00 pm CITV ch.12 "Talladega Nights: The Ballad of Ricky Bobby" (2006, Comedy) Will Ferrell. Premiere. NASCAR driver Ricky Bobby faces his greatest challenge ever when French Formula One driver Jean Girard roars onto the scene. (CC)

FAM ch.26 "Chicken Little" (2005, Comedy) Voices of Zach Braff. Premiere. Animated. A young fowl and his friends flock together to save skeptical townsfolk from an alien attack. (In Stereo) (CC)

1:00 pm CHBC ch.4 BCTV ch.11 "Talladega Nights: The Ballad of Ricky Bobby" (2006, Comedy) Will Ferrell. Premiere. NASCAR driver Ricky Bobby faces his greatest challenge ever when French Formula One driver Jean Girard roars onto the scene. (CC)

3:00 pm KXLY ch.10 "Loser" (2000, Romance-Comedy) Jason Biggs. A lonely college student falls for a classmate who has eyes for her much older English professor. (CC)

4:00 pm TROP ch.45 "Fletch" (1985, Comedy) Chevy Chase. An undercover Los Angeles reporter investigates a businessman who wants him to kill him. (In Stereo) (CC)

EVENING

7:00 pm SPIKE ch.44 "The Wolfman" (2010, Horror) Benicio Del Toro. A nobleman contends with an ancient curse, scouring his childhood homeland for his missing brother, while a bloodthirsty beast prowls the moors.

8:00 pm WTBS ch.3 "Resident Evil: Extinction" (2007, Horror) Milla Jovovich. Genetically altered by Umbrella Corp., Alice and her cohorts try to eradicate an undead virus before it infects everyone on Earth.

KXLY ch.10 "The Game Plan" (2007, Comedy) Dwayne "The Rock" Johnson. A star football player tries to juggle his carefree lifestyle, his team's bid for the championship and the needs of his newly discovered young daughter. (In Stereo)

CITV ch.12 "Dark Storm" (2006, Science Fiction) Stephen Baldwin.

Premiere. A scientist gains the ability to control the weather after an experimental weapon malfunctions. (CC)

YTV ch.18 "Radio Rebel" (2012, Drama) Debby Ryan. Two worlds collide when a shy teenager develops an alter ego that becomes popular on the radio. (In Stereo) (CC)

9:00 pm CHBC ch.4 BCTV ch.11 "Dark Storm" (2006, Science Fiction) Stephen Baldwin. Premiere. A scientist gains the ability to control the weather after an experimental weapon malfunctions. (CC)

FAM ch.26 "Agent Cody Banks" (2003, Adventure) Frankie Muniz. Recruited by the CIA, a teen works under cover to befriend a girl whose father is a pawn for an evil organization. (In Stereo) (CC)

TROP ch.45 "Fletch" (1985, Comedy) Chevy Chase. An undercover Los Angeles reporter investigates a businessman who wants him to kill him. (In Stereo) (CC)

9:30 pm SPIKE ch.44 "A Bronx Tale" (1993, Drama) Robert De Niro. The son of an honest bus driver looks up to a local mob boss amid racial tension in 1960s New York.

10:00 pm WTBS ch.3 "A Simple Plan" (1998, Suspense) Bill Paxton. A Minnesotan, his dimwitted brother and his brother's redneck friend find and decide to keep \$4 million.

10:35 pm CITV ch.12 "Trainspotting" (1996, Drama) Ewan McGregor. Premiere. Eccentric friends and on-and-off heroin addiction mark the life of a young Edinburgh Scot. (CC)

10:42 pm FAM ch.26 "Minutemen" (2008, Comedy) Jason Dolley. Three high-school outcasts face unexpect-

ed problems when they use a time machine to change the past. (In Stereo) (CC)

11:34 pm CHBC ch.4 BCTV ch.11 "Trainspotting" (1996, Drama) Ewan McGregor. Premiere. Eccentric friends and on-and-off heroin addiction mark the life of a young Edinburgh Scot. (CC)

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SATURDAY, AUGUST 11, 2012

	WTBS ch.3	CHBC ch.4	KNOW ch.5	KSPS ch.6	KHQ ch.7	KREM ch.8	A&E ch.9	KXLY ch.10	BCTV ch.11	CITV ch.12	CBC ch.13	YTV ch.18	TSN ch.19	VTV ch.22	DISC ch.24	FAM ch.26	CITY ch.29	SPIKE ch.44	TROP ch.45
6 AM	Paid Prog.	Foodies	Dinosaurs	Heartland	Today (N)	(5:00) CBS This Morning	Flip This House	Paid Prog.	Foodies	Saturday Morning News (N)	Monster	Kid vs. Kat	XXX Summer Olympics: Diving, Athletics, Rhythmic Gymnastics, Taekwondo, Volleyball.	(3:00) XXX Summer Olympics: Canoe Sprint, Cycling, Soccer. (N)	Licence to Drill	Wingin' It	Kitchen	Xtreme 4x4	Racer
7 AM	Paid Prog.	Big Coast	Slamers	Field Guide															
8 AM	Paid Prog.	Saturday Morning News (N)	Rob Robot	MotorWeek	KHQ News Saturday (N)	Doodlebop	Hideos Houses (N)	Good Morning America	Saturday Morning News (N)	Animal	Rated A	Kid vs. Kat	Almost	Pyros (DVS)	Hannah	Eye/Asla	Trucks!	Weird or What?	
9 AM	Movie: *** "Redbelt" (2008)	Chiwetel Ejiofor.	Dino Dan	Woodsmith		Busytown	Sell: Extreme	Hanna		Doodlebop	ATP Tennis: U.S. Open Series: Rogers Cup, Women's Quarterfinals & Men's First Semi-final. From Montreal and Toronto. (N) (Live)	Super Evil	SpongeBob	Mayday	Phineas	Polish Studio	Bar Rescue	3rd Rock	
10 AM	Movie: ** "The Pink Panther" (2006, Comedy)	Chiwetel Ejiofor.	Arthur	Woodshop		Danger	Flip This House	Explore	Driving TV	ATP Tennis: U.S. Open Series: Rogers Cup, Women's Quarterfinals & Men's First Semi-final. From Montreal and Toronto. (N) (Live)	Super Evil	SpongeBob	SpongeBob	Good Luck	EP Weekly	Bar Rescue	'70s Show		
11 AM	Movie: ** "The Pink Panther" (2006, Comedy)	Chiwetel Ejiofor.	Rolie Polie	Old House		Horseland		Rescue	Real Fish.	Rogers Cup, Women's Quarterfinals & Men's First Semi-final. From Montreal and Toronto. (N) (Live)	Super Evil	SpongeBob	SpongeBob	Mighty Ships	Wingin' It	Reviews	Bar Rescue	'70s Show	
12 PM	Jim Browns	Noon News Hour (N)	Rebus	Cook's										Dangerous Flights	ANT Farm	Tow Biz	Bar Rescue	Frasler	
1 PM	King	Movie: "Talladega Nights: The Ballad of Ricky Bobby" (2006)	Martha	Cooking										Greatest Know-It-All	Austin	cooking	Bar Rescue	King	
2 PM	Family Guy	Ballad of Ricky Bobby" (2006)	Wild Kratts	Cooking										Pyros (DVS)	Movie: *** "Chicken Little"	Travels Planet	Movie: *** "A Bronx Tale" (1993)	Drew	
3 PM	Seinfeld	Simpsons	Rebus	Cook's										Salvage Hunters	Hannah	Paid Prog.	Robert De Niro, Chazz Palminteri.	'70s Show	
4 PM	MLB Baseball: Atlanta Braves at New York Mets. (N) (Live)	Simpsons	Rebus	Cook's										Mayday	ANT Farm	Tow Biz	Bar Rescue	3rd Rock	
5 PM	Global Nat.	Hope for Wildlife	Lawrence Welk	KHQ News 6PM (N)										XXX Summer Olympics From London. (N)	Cash Cab	Good Luck	CityNews Weekends	Movie: *** "Casino" (1995, Crime Drama)	Movie: *** "Fletch" (1985) Chevy Chase. (N)
6 PM	The Office	16x9 (N)	Eco Engineering	Keep Up	Criminal Minds (N)	Grey's Anatomy	Storage	Entertainment Tonight	16x9 (N)	NYC 22 "Tur War"	ATP Tennis: U.S. Open Series: Rogers Cup, Women's Quarterfinals & Men's Second Semi-final. (N) (Live)	Squirrel	XXX Summer Olympics: Volleyball, Soccer. From London. Volleyball: women's; soccer: men's. (N)	Cash Cab	Jessie	G. Martin	Robert De Niro, Sharon Stone, Joe Pesci. (N)	Movie: *** "Fletch" (1985) Chevy Chase. (N)	
7 PM	Movie: ** "Resident Evil: Extinction" (2007)	NYC 22 "Samaritanians"	Heartbeat	Ed Sullivan's Top Performers 1966-1969	XXX Summer Olympics: Track and Field, Diving, Volleyball. (N) Same-day Tape) (N)	NYC 22 "Tur War"	Shipping	Movie: ** "The Game Plan" (2007)	NYC 22 "Samaritanians"	Movie: "Dark Storm" (2006)	Squirrel	XXX Summer Olympics: Volleyball, Soccer. From London. Volleyball: women's; soccer: men's. (N)	Cash Cab	Auction	Shake It	Murdoch Mysteries		Eat St. (N)	
8 PM	Movie: *** "A Simple Plan" (1998)	Stephen Baldwin.	Suggest Italian Job	Infinity Hall Live										Cash Cab	Wizards	Out There		Eat St. (N)	
9 PM	Movie: *** "A Simple Plan" (1998)	Stephen Baldwin.	Suggest Italian Job	Infinity Hall Live										Cash Cab	Auction	Austin		Eat St. (N)	
10 PM	Movie: *** "A Simple Plan" (1998)	Stephen Baldwin.	Suggest Italian Job	Infinity Hall Live										Cash Cab	Auction	Austin		Eat St. (N)	
11 PM	Movie: *** "A Simple Plan" (1998)	Stephen Baldwin.	Suggest Italian Job	Infinity Hall Live										Cash Cab	Auction	Austin		Eat St. (N)	

News Leader Weekend - Sunday Movies

MORNING

8:00 am WTBS ch.3 "Dragonball: Evolution" (2009, Action) Justin Chatwin. A young warrior must protect Earth from the vengeful Lord Piccolo by preventing seven mystical orbs from falling into Piccolo's hands.
10:00 am WTBS ch.3 "Rat Race" (2001, Comedy) Rowan Atkinson. A hotel owner devises a contest where six Las Vegas gamblers frantically search for a bag containing \$2 million.

AFTERNOON

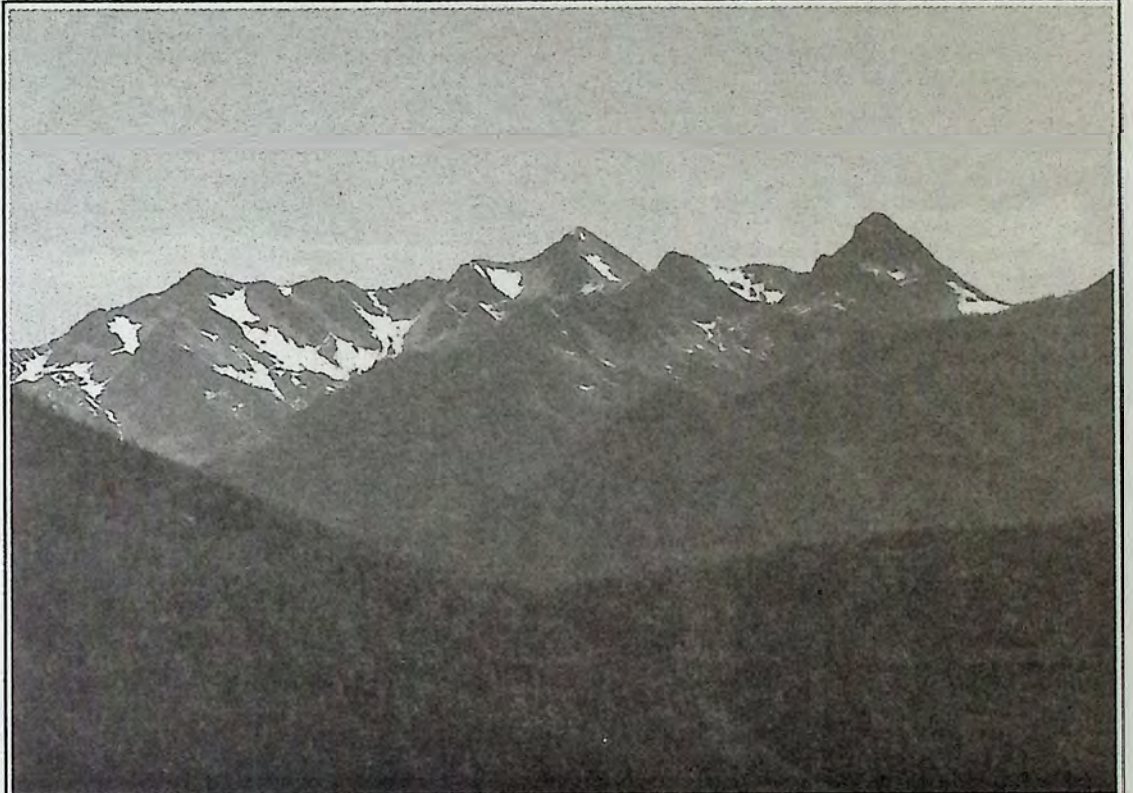
12:00 pm WTBS ch.3 "The Brothers" (2001, Comedy-Drama) Morris Chestnut. Four friends question women, relationships and honesty after one of them becomes engaged.
CITV ch.12 "Austin Powers: The Spy Who Shagged Me" (1999, Comedy) Mike Myers. Premiere. The secret agent travels back in time to the 1960s to rescue his stolen mojo from Dr. Evil. (CC)
1:00 pm CHBC ch.4 BCTV ch.11 "Austin Powers: The Spy Who Shagged Me" (1999, Comedy) Mike Myers. Premiere. The secret agent travels back in time to the

1960s to rescue his stolen mojo from Dr. Evil. (CC)
1:30 pm YTV ch.18 "Shorts" (2009, Adventure) Jon Cryer. An 11-year-old boy and his friends must save the day when townspeople get their hands on a rainbow-colored rock that grants the wishes of all who hold it. (In Stereo) (CC)
3:30 pm YTV ch.18 "Zathura" (2005, Adventure) Josh Hutcherson. Two young brothers play a mysterious game that propels them into an outer-space adventure. (In Stereo) (CC)
5:00 pm WTBS ch.3 "Fat Albert" (2004, Comedy) Kenan Thompson. Live action/animated. A lonely teen's tears create a portal through which the 1970s cartoon character and his pals emerge into flesh-and-blood reality.
EVENING
6:00 pm YTV ch.18 "Cloudy With a Chance of Meatballs" (2009, Comedy) Voices of Bill Hader. Animated. When hard times hit the town of Swallow Falls, a failed inventor constructs a device that turns water into delicious food. (In Stereo) (CC)
7:00 pm WTBS ch.3 "Black

Dynamite" (2009, Comedy) Michael Jai White. After "The Man" kills his brother and poisons the neighborhood with tainted liquor, a kung fu fighter wages a war that takes him all the way to Nixon's White House.
8:45 pm WTBS ch.3 "Black Dynamite" (2009, Comedy) Michael Jai White. After "The

Man" kills his brother and poisons the neighborhood with tainted liquor, a kung fu fighter wages a war that takes him all the way to Nixon's White House.
9:00 pm FAM ch.26 "Vacation With Derek" (2010, Comedy-Drama) Michael Seater. With help from her stepbrother, a girl must save her grandmother's

resort from a land developer. (In Stereo) (CC) (DVS)
10:30 pm FAM ch.26 "The Count of Monte Cristo" (2002, Adventure) Jim Caviezel. A French sailor, framed and sent to an island prison, escapes and seeks revenge on those who betrayed him. (In Stereo) (CC)

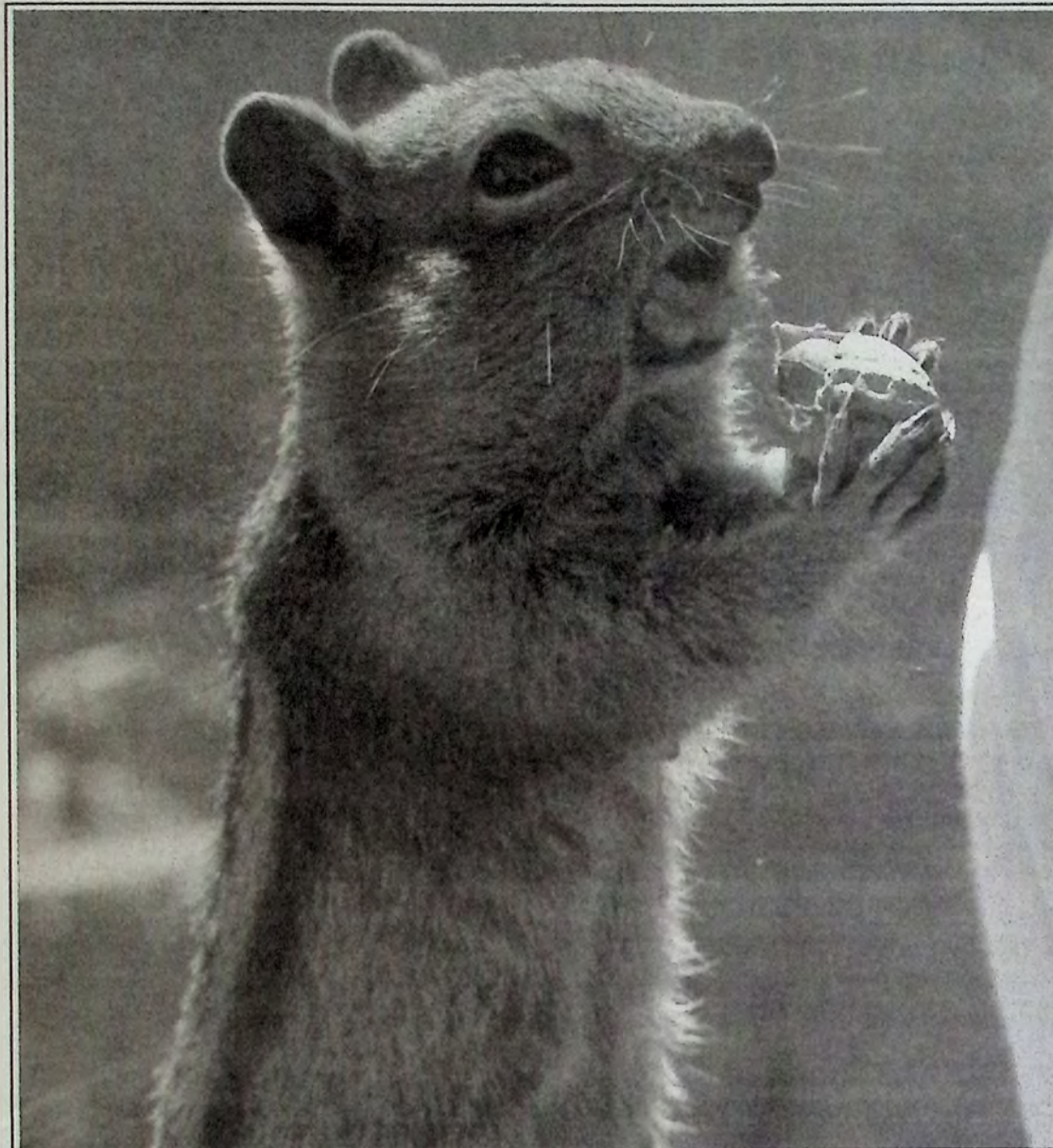


The view July 29th from Cascade Lookout in Manning Park. Looking south-east, this mountain range is in the Okanagan National Forest in Washington State and includes Mount Winthrop (2,393-metres) to the right. *

Similkameen
News Leader
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SUNDAY, AUGUST 12, 2012

	WTBS ch.3	CHBC ch.4	KNOW ch.5	KSPS ch.6	KHQ ch.7	KREM ch.8	A&E ch.9	KXLY ch.10	BCTV ch.11	CITY ch.12	CBC ch.13	YTV ch.18	TSN ch.19	VTV ch.22	DISC ch.24	FAM ch.26	CITY ch.29	SPIKE ch.44	TROP ch.45
6 AM	Sports	Angler	Dinosaurs	Mr. Rogers	To Be Announced	Paid Prog.	The Glades "Islandia"	Paid Prog.	Angler	Canada	Coronation Street	Kid vs. Kat	(3:00) XXX Summer Olympics	(3:00) XXX Summer Olympics	Mayday	Wingin' It	Tow Biz	Xtreme 4x4	Go Green
:30	Mad About	Fishful	Siamese	Signing		Paid Prog.		Paid Prog.	Fishful	Foodies		Super Evil				Suite/Deck	ChurchRck	Horse.	Paid Prog.
7 AM	Career Day	Driving TV	Rob Robot	Wild	XXX Summer Olympics	CBS News Sunday Morning	Longmire	Good Morning America	Driving TV	Sunday Morning News (N)	Coronation Street	Rated A	Athletics, Cycling, Water Polo, Volleyball. (N) (Live)	River Monsters	Hannah	Eye/Asia	Trucks!	Housewives	
:30	P. Affairs	Canada	Magic Bus	Clifford		(N)			Canada			Kid vs. Kat			Wizards	Dharti	MuscleCar		
8 AM	Movie: ** "Dragonball: Evolution" (2009)	Sunday Morning News (N)	Dino Dan	Curious	Basketball, Volleyball, Water Polo,	The Nation	Longmire	This Week	Sunday Morning News (N)		Coronation Street	Almost		River Monsters	Shake It	Pakistan	Flip Men	3rd Rock	
:30			Upside	Cat in the Hat	Wrestling, Gymnastics, From London.					Ancestors		SpongeBob			Gravity	Festival Italiano di Johnny Lombardi (In Italian)	Flip Men	3rd Rock	
9 AM			Arthur	Everyday		Landscap	Longmire	Matthews		Op. Smile	Coronation Street	SpongeBob		XXX Summer Olympics: Basketball, Boxing, Basketball:	Canada's Worst Driver	Good Luck	Flip Men	'70s Show	
:30			Hedgehog	Natural		Paid Prog.		Wall Street				Squirrel		Salvage Hunters	Warthog!	Lombardi (In Italian)	Flip Men	'70s Show	
10 AM	Movie: ** "Rat Race" (2001)	Ancestors	Wild Kratts	Global Spirit	Basketball: men's final; volleyball; water polo; wrestling; rhythmic gymnastics.	The Alt Games	Criminal Minds	Hometime	Ancestors	Hour of Power	WTA Tennis: U.S. Open Series:	Winx Club		men's; boxing; men's; Olympic Farewell. (N)	Pyros "Fire and Ice"	Austin	cooking	Auction	King
:30		World	Little	Inside				Your Home	World		Rogers Cup, First Semifinal. (N)	ICarly			Shake It	Paid Prog.	Auction	King	
11 AM	Rowan Atkinson.	Hour of Power	Fetch!	Europe Jrnl	2012 PGA Championship: Final Round. From the Kiawah Island Golf Resort in Kiawah Island, S.C. (N) (Live)	Criminal Minds	Criminal Minds	Paid Prog.	Hour of Power	Simpsons	Rogers Cup, First Semifinal. (N)	Victorious	XXX Summer Olympics: Farewell. From London.	Pyros "Fire and Ice"	Austin	cooking	Auction	King	
:30			Fetch!	Europe Jrnl				Paid Prog.	Hour of Power	Simpsons		Boys	Mighty Ships	ANT Farm	Travels	Auction	Drew		
12 PM	Movie: *** "The Brothers" (2001)	Noon News Hour (N)	Dogs With	Moyers & Company		Criminal Minds	Criminal Minds	XTERRA	"Austin Powers: The Spy Who Shagged Me"	Simpsons	Steven and Chris	Movie: *** "Shorts" (2009) Jon Cryer.	XXX Summer Olympics: Closing Ceremony. From London. (N) (Live)	Dangerous Flights	Jessie	Law & Order: SVU	Auction	'70s Show	
:30			Dogs/Jojs	Company					"Austin Powers: The Spy Who Shagged Me"	Simpsons		The Next Star	Licence to Drill	ANT Farm	Law & Order: SVU	Auction	3rd Rock		
1 PM		"Austin Powers: The Spy Who Shagged Me"	Hope for Wildlife			Criminal Minds	Ball Boys	Ball Boys	Simpsons	WTA Tennis		Movie: *** "Zathura" (2005) Jon Cryer.	XXX Summer Olympics: Closing Ceremony. From London. (N) (Live)	Cash Cab	Good Luck	CityNews Weekends	Auction	Housewives	
:30									Simpsons					How/Made	Random		Auction		
2 PM	The Closer	Simpsons	Canada: Over the Edge	Oceans	Meet the Press	Criminal Minds	Heartland	Heartland	Family Guy	Family Guy	ATP Tennis: U.S. Open Series:		Sports	Myth-Busters	Jessie	Funnest Home Videos	Bar Rescue	Canadian Pickers	
:30									Family Guy	Global Nat.	Rogers Cup, Final. From Toronto. (N)		XXX Summer Olympics From London. (N) (Live)	W5	Myth-Busters	Secret Millionaire (N)	Bar Rescue	Canadian Pickers	
3 PM	Big Bang	Simpsons	Market Warriors (N)	NUMB3RS	Backroads	Criminal Minds	Heartland	Heartland	Family Guy	Family Guy			Movie: *** "Zathura" (2005) Jon Cryer.	W5	Myth-Busters	Secret Millionaire (N)	Bar Rescue	Canadian Pickers	
:30					Inside Edit.				Family Guy	Global Nat.				W5	Myth-Busters	Secret Millionaire (N)	Bar Rescue	Canadian Pickers	
4 PM	Big Bang	Family Guy	Market Warriors (N)	NUMB3RS	Backroads	Criminal Minds	Heartland	Heartland	Family Guy	Family Guy	ATP Tennis: U.S. Open Series:		Movie: *** "Zathura" (2005) Jon Cryer.	W5	Myth-Busters	Secret Millionaire (N)	Bar Rescue	Canadian Pickers	
:30					Inside Edit.				Family Guy	Global Nat.				W5	Myth-Busters	Secret Millionaire (N)	Bar Rescue	Canadian Pickers	
5 PM	Movie: ** "Fat Albert" (2004) Kyla Pratt	Family Guy	Market Warriors (N)	NUMB3RS	Backroads	Criminal Minds	Heartland	Heartland	Family Guy	Family Guy	Rogers Cup, Final. From Toronto. (N)		Movie: "Cloudy With a Chance of Meatballs"	W5	Myth-Busters	Secret Millionaire (N)	Bar Rescue	Canadian Pickers	
:30					Inside Edit.				Family Guy	Global Nat.				W5	Myth-Busters	Secret Millionaire (N)	Bar Rescue	Canadian Pickers	
6 PM		Global Nat.	Market Warriors (N)	NUMB3RS	Backroads	Criminal Minds	Heartland	Heartland	Family Guy	Family Guy	Rogers Cup, Final. From Toronto. (N)		Movie: "Cloudy With a Chance of Meatballs"	W5	Myth-Busters	Secret Millionaire (N)	Bar Rescue	Canadian Pickers	
:30					Inside Edit.				Family Guy	Global Nat.				W5	Myth-Busters	Secret Millionaire (N)	Bar Rescue	Canadian Pickers	
7 PM	Movie: *** "Black Dynamite"	Howie Do	Market Warriors (N)	NUMB3RS	Backroads	Criminal Minds	Heartland	Heartland	Family Guy	Family Guy	Rogers Cup, Final. From Toronto. (N)		Movie: "Cloudy With a Chance of Meatballs"	W5	Myth-Busters	Secret Millionaire (N)	Bar Rescue	Canadian Pickers	
:30					Inside Edit.				Family Guy	Global Nat.				W5	Myth-Busters	Secret Millionaire (N)	Bar Rescue	Canadian Pickers	
8 PM		Cleveland	Market Warriors (N)	NUMB3RS	Backroads	Criminal Minds	Heartland	Heartland	Family Guy	Family Guy	Rogers Cup, Final. From Toronto. (N)		Movie: "Cloudy With a Chance of Meatballs"	W5	Myth-Busters	Secret Millionaire (N)	Bar Rescue	Canadian Pickers	
:30					Inside Edit.				Family Guy	Global Nat.				W5	Myth-Busters	Secret Millionaire (N)	Bar Rescue	Canadian Pickers	
9 PM	Movie: *** "Black Dynamite" (2009)	Simpsons	Market Warriors (N)	NUMB3RS	Backroads	Criminal Minds	Heartland	Heartland	Family Guy	Family Guy	Rogers Cup, Final. From Toronto. (N)		Movie: "Cloudy With a Chance of Meatballs"	W5	Myth-Busters	Secret Millionaire (N)	Bar Rescue	Canadian Pickers	
:30					Inside Edit.				Family Guy	Global Nat.				W5	Myth-Busters	Secret Millionaire (N)	Bar Rescue	Canadian Pickers	
10 PM		Amer. Dad	Market Warriors (N)	NUMB3RS	Backroads	Criminal Minds	Heartland	Heartland	Family Guy	Family Guy	Rogers Cup, Final. From Toronto. (N)		Movie: "Cloudy With a Chance of Meatballs"	W5	Myth-Busters	Secret Millionaire (N)	Bar Rescue	Canadian Pickers	
:30					Inside Edit.				Family Guy	Global Nat.				W5	Myth-Busters	Secret Millionaire (N)	Bar Rescue	Canadian Pickers	
11 PM		News Final	Market Warriors (N)	NUMB3RS	Backroads	Criminal Minds	Heartland	Heartland	Family Guy	Family Guy	Rogers Cup, Final. From Toronto. (N)		Movie: "Cloudy With a Chance of Meatballs"	W5	Myth-Busters	Secret Millionaire (N)	Bar Rescue	Canadian Pickers	
:30					Inside Edit.				Family Guy	Global Nat.				W5	Myth-Busters	Secret Millionaire (N)	Bar Rescue	Canadian Pickers	



The squirrels and chipmunks at Cascade Lookout in Manning Park are friendly - if you give them treats! *

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Monday Movies

EVENING

9:00 pm WTBS ch.3 "Speed Racer" (2008, Action) Emile Hirsch. Defying a corrupt business mogul, Speed enters the same arduous cross-country race that caused his brother's death.

11:30 pm WTBS ch.3 "Smart People" (2008, Romance-Comedy) Dennis Quaid. Recently widowed, a professor tries to juggle a new love and an unexpected visit from his adoptive brother.

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MONDAY, AUGUST 13, 2012

	WTBS ch.3	CHBC ch.4	KNOW ch.5	KSPS ch.6	KHQ ch.7	KREM ch.8	A&E ch.9	KXLY ch.10	BCTV ch.11	CITY ch.12	CBC ch.13	YTV ch.18	TSN ch.19	VTV ch.22	DISC ch.24	FAM ch.26	CITY ch.29	SPIKE ch.44	TROP ch.45
6 AM	In the Heat of the Night	(5:30) Morning News (N)	Hi-5	Builder	KHQ News 6AM (N)	KREM 2 Morning News	Criminal Minds	News	(5:30) Morning News (N)	(4:30) Morning News (N)	CBC News Now	Kid vs. Kat Super Evil	SportsCentre	(5:30) CTV Morning Live (N)	Salvage Hunters	Henry Mickey	CityLine (N)	Auction	Housewives
7 AM	Cosby		Arthur	Arthur	Today (N)	CBS This Morning (N)	Criminal Minds	Good Morning America (N)			Turbo	Sidekick	SportsCentre		Greatest Know-It-All	Never Land Hannah	The Nate Berkus Show	CSI: NY	World Vision
8 AM	Excused		Clifford	Curious			CSI: Miami "Rampage"			100 Huntley Street	Bo On/Go	Pokémon	SportsCentre		Machines	Wingin' It	Rachael Ray	CSI: Crime Scene	Canada Sing's
9 AM	Family Fd	100 Huntley Street	Fun-Claude	Super Why!		The 700 Club	CSI: Miami	Livel With Kelly (N)	100 Huntley Street	World Vision	Super Why!	Rescue	SportsCentre	Livel With Kelly (N)	Cash Cab	Wizards	Access Hollywood Live	CSI: Crime Scene	Housewives
10 AM	Millionaire	World Vision	Garth-Bev	Sesame Street		The Price Is Right	Criminal Minds	The View	World Vision	Chef/Home	Poko	Little Bear	Sportfish	The View	Licence to Drill	Good Luck Suite/Deck	The Chew	CSI: Crime Scene	Law & Order
11 AM	Law Order: CI	Chef/Home	Save-Ums!	Sid	The Doctors	Young & Restless	Criminal Minds	Paid Prog.	Chef/Home	Noon News Hour (N)	Animal	G. Shrinks		Marilyn Denis	Worst Handyman	Wizards	Afternoon America	CSI: Crime Scene	Married
12 PM	Law Order: CI	Noon News Hour (N)	Pingu	Charlie Rose	Paid Prog.	News	The First 48	The Chew	Noon News Hour (N)	Days of our Lives (N)	CBC News Now (N)	Rated A	Boxing: Bahodir Madamjonov vs. Darley Perez.	CTV News (N)	Salvage Hunters	ANT Farm	General Hospital (N)	CSI: Crime Scene	Married
1 PM	Amer. Dad	Days of our Lives (N)	Corduroy	Paint This	Days of our Lives (N)	The Talk	The First 48	Afternoon America	Days of our Lives (N)	The Talk	Coronation Street (N)	Kid vs. Kat Super Evil		The Dr. Oz Show	Mighty Ships	Wizards	CityLine	CSI: Crime Scene	3rd Rock
2 PM	King	The Talk	Spider	Barney	Poppy Cat	Let's Make a Deal	The First 48	General Hospital (N)	The Talk	The Doctors	Steven and Chris	Sidekick	Off Record	Anderson	Worst Handyman	Jessie	CityNews at 5 (N)	Wildest Police Videos	Gold Girls
3 PM	The Office	The Doctors	Miss BG	WordGirl	Ellen DeGeneres Show	Dr. Phil	The First 48	Rachael Ray	The Doctors	Young & Restless	Recipes	Almost	Sports	Dr. Phil	Cash Cab	Jessie	CityNews at 6 (N)	Wildest Police Videos	Canada Sing's
4 PM	Big Bang	Young & Restless	G. Shrinks	Fetch! With	Jdg Judy	The Dr. Oz Show	The First 48	The Nate Berkus Show	Young & Restless	Early News	WTA Tennis: U.S. Open Series: Rogers Cup. Final. From Montreal. (N)	SpongeBob	Hockey: Canada-Russia Challenge: Game 3. From Halifax. (N)	Ellen DeGeneres Show	Mighty Ships (N)	Jessie	How I Met	Wildest Police Videos	Housewives
5 PM	Browns	News (N)	Jack	News	News	News	Hoarders "Glen & Lisa"	News	Early News	(4:59) News Hour (N)		Parents	CTV News at Five (N)	River Monsters (N)	Austin	How I Met	Wildest Police Videos	Married	
6 PM	Browns	Global Nat.	Parks	PBS News-Hour (N)	News	KREM 2 News at 6 (N)	Hoarders	News	(5:59) News Hour (N)	ET Canada		ICarly		CTV News (N)	Sons of Guns	Austin	Hell's Kitchen (N)	Wildest Police Videos	Married
7 PM	Seinfeld	Ent	Blue Realm	Wait...	Jeopardy!	Inside Ed.	Intervention "Katie"	Ent	Ent	Hotel Hell	Wheel	Boys		etalk	Jesse James	Austin	Shameless	Wildest Police Videos	3rd Rock
8 PM	Family Guy	Hotel Hell	Art of the Heist	Antiques Roadshow	Stars Earn Stripes (Series Premiere) (N)	How I Met Broke Girl	(8:01) Intervention	Bachelor Pad (N)	Hotel Hell	Stars Earn Stripes (Series Premiere) (N)	Mr. D	Rock	Sports	Big Bang	Mighty Ships	ANT Farm	News	Wildest Police Videos	Debt/Part
9 PM	Movie: "Speed Racer"	Stars Earn Stripes (Series Premiere) (N)	Baroque "Italy"	Market Warriors	Premiere (N)	Broke Girl	(9:01) Hoarders		Stars Earn Stripes (Series Premiere) (N)	News Hour Final (N)	Republic of Doyle	Funnest Home Videos	The Real Rocky	Anger Mike	River Monsters	Wingin' It	Seinfeld	Law & Order	
10 PM	(2008, Action) Emile Hirsch.	CHBC News Final (N)	Architects of Change	Antiques Roadshow	Grimm	Hawaii Five-0 "Kupale"	(10:01) Hoarders	The Glass House (N)	Premiere (N)	National	Mr. Young	Boys	SportsCentre (N)	Grimm	Jesse James	Lizzie	The Nate Berkus Show	Big Easy	Gold Girls
11 PM	"Smart People"		In Korea	Charlie Rose	News	News	(11:01) Intervention	News	News Hour Final (N)	Ent	Stroumbouloupoulos	Splatlot	SportsCentre	CTV News	Sons of Guns	Ned's	Paid Prog.	Entourage	Married

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Princeton Posse 2012/13 Clip 'n' Save Game Schedule

Similkameen News Leader

Date	Time	Away	Home
Regular Season			
Fri Sep 14	7:00 PM	Fernie @	Princeton
Sat Sep 15	7:35 PM	Princeton @	Osoyoos
Wed Sep 19	7:00 PM	Princeton @	Penticton
Fri Sep 21	7:00 PM	Kelowna @	Princeton
Fri Sep 28	7:30 PM	Princeton @	Fernie
Sat Sep 29	7:00 PM	Princeton @	Kimberley
Sun Sep 30	2:00 PM	Princeton @	Creston
Fri Oct 5	7:00 PM	Col. Valley @	Princeton
Sat Oct 6	7:30 PM	Princeton @	Summerland
Fri Oct 12	7:00 PM	Golden @	Princeton
Sat Oct 13	7:00 PM	Kelowna @	Princeton
Fri Oct 19	7:30 PM	Princeton @	Col. Valley
Sat Oct 20	7:30 PM	Princeton @	Golden
Wed Oct 24	7:00 PM	Osoyoos @	Princeton
Fri Oct 26	7:00 PM	Kimberley @	Princeton
Fri Nov 2	7:00 PM	Princeton @	Kelowna
Sat Nov 3	7:00 PM	N. Okanagan @	Princeton
Fri Nov 9	7:00 PM	Revelstoke @	Princeton
Sat Nov 10	7:00 PM	Summerland @	Princeton
Fri Nov 16	7:00 PM	Penticton @	Princeton
Sun Nov 18	2:00 PM	Princeton @	Sicamous
Tue Nov 20	7:30 PM	Princeton @	Summerland
Fri Nov 23	7:30 PM	Princeton @	N. Okanagan
Sat Nov 24	7:00 PM	Princeton @	Revelstoke
Fri Nov 30	7:00 PM	Osoyoos @	Princeton
Sat Dec 1	7:00 PM	Princeton @	Penticton
Fri Dec 7	7:00 PM	Kamloops @	Princeton
Sat Dec 8	7:00 PM	Sicamous @	Princeton
Sun Dec 9	1:35 PM	Princeton @	Osoyoos
Tue Dec 11	7:30 PM	Princeton @	Summerland
Fri Dec 14	7:00 PM	Princeton @	Penticton
Sat Dec 15	7:00 PM	Princeton @	Kelowna
Wed Dec 19	11:00 AM	Osoyoos @	Princeton
Tue Jan 1	7:00 PM	Penticton @	Princeton
Fri Jan 4	7:00 PM	Kelowna @	Princeton
Sat Jan 5	7:00 PM	Creston @	Princeton
Fri Jan 11	7:00 PM	Summerland @	Princeton
Sat Jan 12	7:00 PM	Chase @	Princeton
Fri Jan 18	7:00 PM	Princeton @	Kelowna
Sat Jan 19	7:35 PM	Princeton @	Osoyoos
Tue Jan 22	7:00 PM	Summerland @	Princeton
Fri Jan 25	7:00 PM	Princeton @	Chase
Sat Jan 26	7:00 PM	Penticton @	Princeton
Sun Jan 27	2:00 PM	Kelowna @	Princeton
Wed Jan 30	7:35 PM	Princeton @	Osoyoos
Fri Feb 1	7:00 PM	Penticton @	Princeton
Sat Feb 2	7:00 PM	Princeton @	Kamloops
Tue Feb 5	7:00 PM	Summerland @	Princeton
Sun Feb 10	2:00 PM	Princeton @	Summerland
Tue Feb 12	7:00 PM	Princeton @	Penticton
Fri Feb 15	7:00 PM	Osoyoos @	Princeton
Sat Feb 16	7:00 PM	Princeton @	Kelowna

A Picker's Story

..... continued from Page 6

I asked him if every community has a distinct character. "Yup, when I am hanging around other workers and we are relaxing in Pine Park in Keremeos, for example, the topic of the day is often politics or news. The workers around Keremeos and the South Okanagan are generally Canadian, many from Quebec who are escaping Quebec society. If you go to Naramata, it's different. You find more foreign workers, some from as far as Spain. Spain is a wine country, and thus, the topic of the day in Naramata is often wines. In Creston, only experienced workers are welcome. The guys with three or more years experience go to Creston. Farmers won't even hire you to pick there unless you have lots of experience. You might get a job grading or sorting for the first three years, but that's it."

Travelling along Highway 3, Tim and I were about to pass the Chopaka turnoff east of Cawston. I noticed a male farm worker, probably 20-something, hitching a ride west-bound at the turnoff. He smiled and waved his arms, dancing on one foot. I noticed he was carrying no supplies at all. I nodded to him as we passed. He wasn't prepared for hitchhiking. I said to Tim, "He didn't have a packsack, didn't have water, wasn't carrying anything." Tim said he met the guy on the farm where he worked south of Oliver. "He tosses things everywhere. Not an organized kind of guy."

Tim said there is discussion among farm workers about forming a union. I suggested that cash work would

probably become a thing of the past if they formed a union and said to him that all earnings would have to be on the up-and-up. I said that a farm worker's union might not be a bad thing. Tim replied that some farm workers like getting paid cash because they don't have a bank account to cash their paycheque. It's part of the culture, part of living off the grid. I didn't bother to mention to Tim that the plight of the farm workers is one of the things I want to make better. It's one of the irons I have in the fire, so to speak.

Opportunities for work go through the grapevine, I learned. There is a constant ebb and flow, almost like a moving river of farm workers between Kelowna and Keremeos and Osoyoos. Sooner or later, one bumps into acquaintances and learns about good places to work, and the not-so-good places.

Tim is thinking about doing a full-length documentary on the farm worker culture. I gave him my business card and asked him to keep in touch should his plan become more than a plan. We arrived in Keremeos.

At the Hilltop Esso in Keremeos, he said he wouldn't mind getting out there. Tim thanked me again for the ride. Immediately, he noticed an acquaintance sitting with his German Shepherd pup outside the Hilltop. I realized this might be my only opportunity to get a photo, so I parked my car and asked if they minded if I took a picture. I told them some of the things I do to earn a buck, and added that I volunteer to take pictures for my friends who

own the newspaper. I didn't want them thinking I was some kind of weirdo!

His acquaintance Harald Linder, as it turns out, hails from Jasper. I asked him if he too, has a nickname. Tim replied for him, "Some people call him Conan." Harald laughed. I don't think nicknames are big for Harald. I inquired of Harald if he was going to the party up the Ashnola tonight. Harald said, "No, I wouldn't want to take my dog along. And I'm trying to arrange a camper to sleep in for the next while. I have to finalize the plans tonight, and I have to work tomorrow. Priorities, you know."

Tim left me in Harald's company. Harald and I talked about his German Shepherd. I told him his dog was definitely going to grow some more, because his ears were too big for his body. Freedom, the pooch, looked like a happy camper. "Yeah, he's really mellow," said his owner.

My social conscience hoped Freedom wasn't going to be abandoned like some farm workers do when they want to go home and the dog isn't allowed on the Greyhound Bus or isn't welcome in a stranger's car. I hearkened to one dog I saw frantically running about Keremeos in 34-degree weather last summer. The pooch had lost his master and was running scared. I had tried to corner the dog a couple of times to get it water and food, but the animal was too frightened. I don't like thinking about what happened to the pooch. I said, "Ya, it's sad that some pickers leave their dogs behind when they want to leave to go home."

Harald spoke, "I was a little worried because my friends said he looks skinny. So I weighed him today, and looked up what his weight should be for his age. He is 42 1/2 pounds, smack in the middle of the normal range for his age." Freedom ignored us, looked down at the ground and playfully pounced on the canvas belt of Harald's packsack which happened to be lying on the ground.

Judging by what Harald was saying about his pooch, I doubted Harald would be leaving Freedom behind at the end of the season.

Tim came back from purchasing supplies in the store. Harald asked what event I was taking the picture for. I replied that I do it for the fun and advised them when to watch for the picture on the news stand. Tim said he would get a friend to send him a copy if he isn't in Keremeos when it comes out. We shared a bit more pleasant conversation, and parted ways.

So now you've met Tim from Cranbrook, and his buddy Harald from Jasper, and Freedom, the German Shepherd. Happy trails, my friends.

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Obituary	Obituary	Services	For Rent	For Rent
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Donald Keith Porter

March 17, 1937 - July 25, 2012



On July 25, 2012 our beloved father, grandfather and friend, Donald Keith Porter, passed away peacefully at the North Okanagan Hospice House at the age of 75 years. Don will be lovingly remembered by his two sons Hal (Lori) and Barry (Trish); three grandsons Wayne, Chris and Chad; two great grandchildren Donavin and Lilly Bella; sister Connie Hanson and extended family and friends. Don was preceded in death by his wife to whom he was married for 55 years, Eleanor Louise Porter, on January 13, 2012 and infant daughter Cindy Lea. Don was born March 17, 1937 in Cabri, Saskatchewan. He was the "well known" Princeton Golf Course Manager for approximately 20 years. Many people would say Don and Eleanor's hard work and effort made the Princeton Golf & Country Club what it is today. In lieu of flowers, those wishing to do so may make a donation in Don's memory to the North Okanagan Hospice Society (3506 - 27 Avenue, Vernon, BC V1T 1S4). A Celebration of Don's life will be held at a later date.

"Rest in Peace with Mom and Cindy Lea, Dad. You'll be greatly missed."

Expressions of sympathy may be forwarded to the family at www.MyAlternatives.ca. Cremation arrangements entrusted to:

ALTERNATIVES FUNERAL & CREMATION SERVICES @
Vernon 250-558-0866 & Armstrong 250-546-7237

RESUME SERVICE. New or updating existing resume. Call Brenda for details. 250.295.4149. Jul 31-1st

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For details call 250.295.4149

For Sale

Various items including: lawnmower, ATV/motorcycle lift, 4 radial tires (P225/55R17), 8-foot 2-tube fluorescent lights, 10-inch orbital car buffer, bicycle, coffee table and entertainment stand. Call 250.293.6030. Jul 24-Aug 07

1999 Lexus RX300. Loaded in excellent conditions. 160,000 miles. Asking \$6,900.00 OBO. Call 250.295.7861. Aug 07-21

1988 Nissan Sentra, 5-speed manual. Near new tires, runs good. Asking \$400.00 OBO. Can be viewed at 601 Similkameen Avenue. Call 250.295.3694. Aug 07-21

Electric fireplace \$225.00, Yamaha Raptor 80CC ATV, \$1,800.00, various household items. Call 250.295.1088. Aug 07-21

Help Wanted

Experienced cook or someone keen to learn. Full-time or part-time. Call Tracey at 250.295.6644. Aug 07-21

1-bedroom suite, 11kms from Princeton on Highway 3. Furnished, fridge, stove and wifi. Very nice, bright and clean, huge deck overlooking river. Non-smoker, please. Asking \$600.00/month including utilities. Call 250.295.7861. Jul 24-Aug 07

Home For Sale

2-bedroom mobile in Pines Mobile Home Park. Asking \$30,000.00. Seller will pay one year's pad rent. Call 250.487.0864. Jul 31-Aug 14

Apartment in Princeton. Available now. Excellent references and damage deposit required. No pets, can furnish if needed. Rents start at \$500.00/month. Call 250.295.1006 for details or leave a message with the best time to call back. Aug 07-21

Large 2-bedroom, 2-bath apartment. Very clean and quiet. Includes washer and dryer. Private entrance, downtown location. No pets. Prefer non-smokers. Good references a must. Available September 1st. Asking \$800.00/month plus utilities. Call 250.295.6408. Jul 31-Aug 14

SPACE FOR RENT

Approximately 1,700 sq ft of heated commercial space, 3-phase power, two offices, bathroom, 16-foot bay door

ALSO, 8 x 20 storage container in fenced yard \$99.00 + HST/month.

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Jody at 250.295.1381 or Doug at 250.295.5385

George 'Alex' Kinsey

April 28, 1944 - July 26, 2012



It is with great sorrow that we announce the passing of George "Alex" Kinsey of Penticton on the 26th of July, 2012. Alex is survived by his loving wife Marilyn, his children Charlene (Jim) Watchel of Kamloops and Ian (Kelsey Batts) Kinsey of Princeton, his grandchildren Rachael and Carlee Watchel, his brothers Jack, Bob, and Bill Kinsey, as well as his sisters Betty Rosenke and Sylvia Fairbrother. He also leaves to cherish his memory 4 nieces and 7 nephews. Alex is predeceased by his parents, Myrtle and Arthur Kinsey.

Alex enjoyed fishing, fly tying, ATV riding, hunting and had a general love for the outdoors and wildlife. He had a 27 year career in mining at Brenda Mines in Peachland and Similco Mines in Princeton. He volunteered coaching minor hockey and refereeing ringette in Princeton. He was a loving husband, father, and grandfather. He never complained and was the most easy going individual anyone ever knew.

A Celebration of Life for Alex Kinsey will be held at a later date.

Funeral arrangements have been entrusted to Kamloops Funeral Home
Condolences may be emailed to the family from www.kamloopsfuneralhome.com

Help Wanted

Experienced cook or someone keen to learn. Full-time or part-time. Call Tracey at 250.295.6644. Aug 07-21

Services

Horse Boarding on 42 acres, training corral and longing pen, includes pasture, hay and salt. Year round. Asking \$200.00 per month. Call 250.295.7861 for details. Aug 07-21

For Rent

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Help Wanted

Help Wanted

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With competitive salary and benefits programs, as well as the opportunity to participate in profit sharing, Kal Tire could be just the career move you've been looking for!

Interested applicants should submit their resumes to 307 Culbertson Way, Princeton, BC or e-mail us at jasen_micallef@kaltire.com.

For additional information about Kal Tire please visit our website at www.kaltire.com

Yard Sale

Yard Sale

9:00 AM - 1:00 PM
Saturday, August 11

197 Fenchurch (Second Bench)

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For Rent

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160 Old Hedley Road
Baptist Church Basement
(USE BACK DOOR)
Sundays 7:30 PM
Basement, Chamber of Commerce, Highway 3
Info: (250) 295-7919 OR 295-6531, 295-6723

Sudoku

CARTER'S
Sudoku
Challenge
SOLUTIONS TO PUZZLES ON PAGE 14

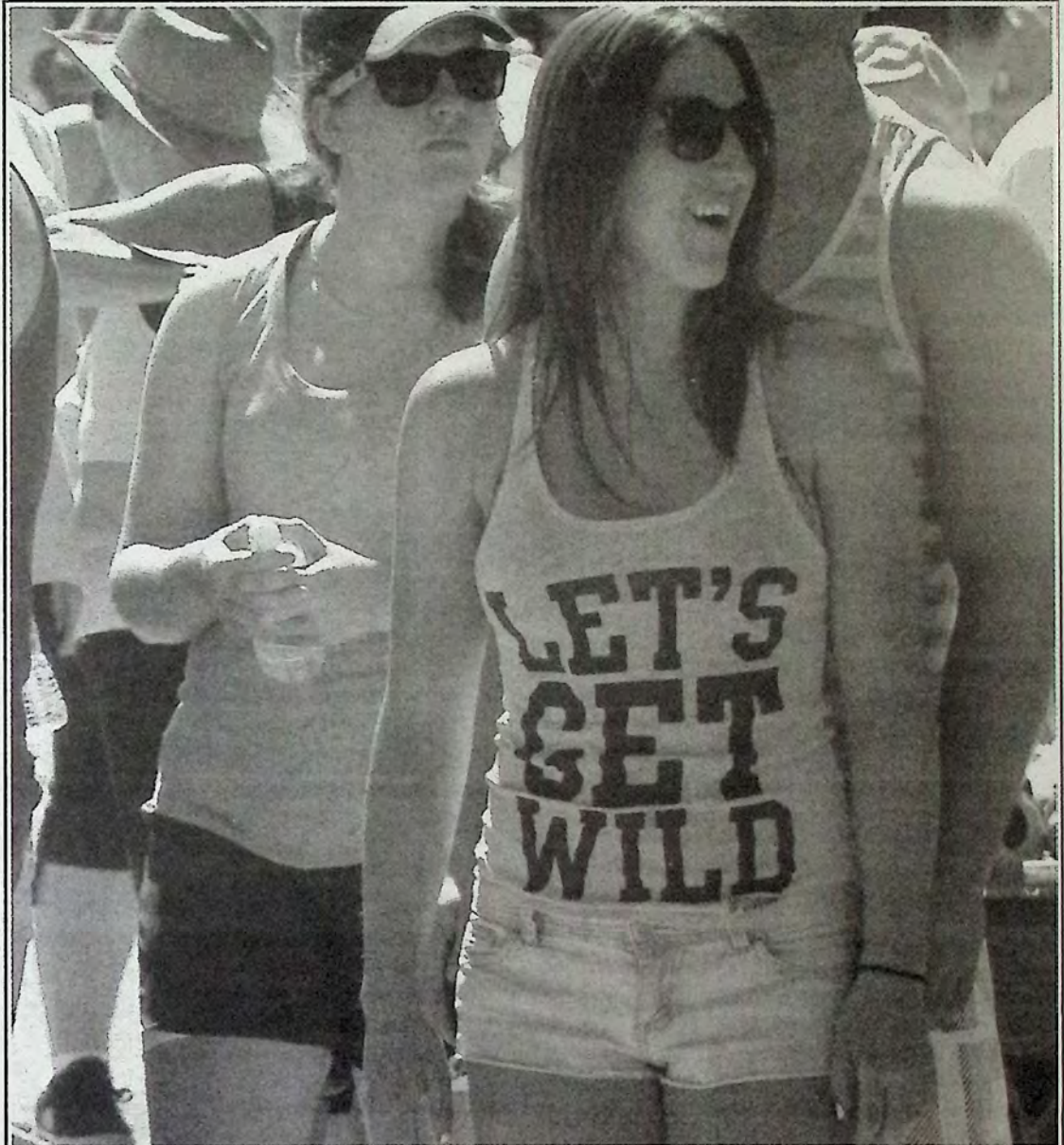
CHALLENGE #414

571	239	486
683	174	529
942	568	713
458	713	692
369	482	157
217	956	834
125	697	348
734	825	961
896	341	275

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Notices



Tulameen Family Fun days parade spectators watch the action from the sidelines. *

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Alex Atamanenko, MP

Post-Afghanistan: What Next For Canada's Military?

..... continued from Page 2
-keeping, domestic/international disaster relief, and protecting the safety and security of Canadians, including search and rescue.

NATO was originally formed to create a balance of power against the Soviet Union in the aftermath of World War II. Yet, as the global context changes, the purpose of alliances such as NATO must also evolve and even be questioned. Canadians should encourage the government to use our position in NATO to promote a more comprehensive approach to international

security. Canada also has the opportunity to contribute to international alliances, especially the UN, in a more meaningful way and it is clear that Canadians want a more humanitarian approach.

I have always believed that we should be able to defend ourselves and that this involves having a strong presence along our coastlines and suitable aircraft to patrol our borders. However, the government's planned purchase of the controversial F-35 striker aircraft is a more comfortable fit for further US led combat missions under an inte-

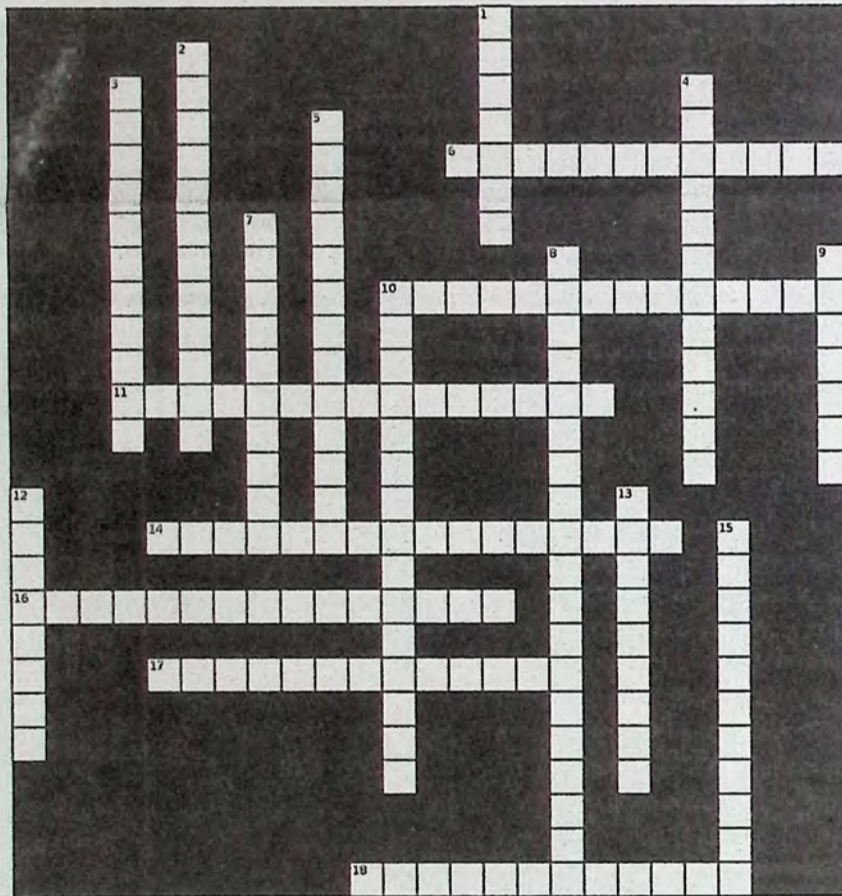
grated command structure. With the primary purpose of this stealth bomber being to attack and drop bombs, a number of military analysts have suggested that this aircraft is poorly suited for defence of our territory, particularly the North.

It may make sense to have the capability to mount joint military efforts with the US but this should not lead to a complete integration of our fighting forces and a loss of sovereignty in decisions regarding the defence of our territory. It is time we had a full debate about the role and future of our armed forces.

www.thenewsleader.net

Similkameen News Leader Puzzler

Use the July 31 News Leader to find Answers Below...



- | | |
|--|---|
| <p>Across</p> <p>6 Name one of the Summer Students in Keremeos.</p> <p>10 Name one of the Summer Students in Keremeos.</p> <p>11 Name the RCMP Cst. who helped with an event at Princeton Museum July 24th.</p> <p>14 Name the Ladies Champion at Princeton Golf Club.</p> <p>16 Name one Candidate for Mayor.</p> <p>17 Name one Candidate for Mayor.</p> <p>18 Name the company developing Treasure Mountain.</p> | <p>Down</p> <p>1 Junior Girls Basketball team hosted this July 22.</p> <p>2 Name the Junior Champion at Princeton Golf Club.</p> <p>3 Name one Candidate for Councillor.</p> <p>4 Name the oldest sister in the Front Page photo.</p> <p>5 A quiet spot on Highway 5A.</p> <p>7 He's also known as Crowfoot.</p> <p>8 "Candidates answer nine _____"</p> <p>9 Princeton Museum hosted this July 24th.</p> <p>10 Name the Men's Club Champion at Princeton Golf Club.</p> <p>12 Name one Candidate for Councillor.</p> <p>13 Name Princeton Museum Operations Manger.</p> <p>15 "This summer could _____"</p> |
|--|---|

Similkameen News Leader

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WE'RE DIFFERENT, AND WE LIKE THAT.

Flip Of The Coyne

by Spencer Coyne

..... continued from Page 3
ranchers to see how they can work together to protect agricultural lands and how they can work together to promote new farmers to come to the region.

We need to prepare for what is happening. We have ignored the warnings in the 1980's. There were warnings that we would see changes in our weather patterns and we debated if it was natural or a result of human activity. We are still debating if it

really is happening, yet year after year we listen to the newscasters talk about the strange weather and those who don't believe in climate change say, "Oh yeah global warming, it is colder." The climate has changed. All you need to do is look outside and this year has been a pretty good example of the changes that we are facing. Are we going to plan for what is going to happen, or are we going to just complain about the weather and the cost of bread?

Forum features election candidates

..... continued from Front Page
nothing has been done."

As for how to deal with IHA (Interior Health Authority) Rob Rubis put it in perspective with one of the best observations made during the evening, "It is an issue that drives this election" and as such, it is an issue that will not go away until a solution is found.

The suggestion was made that maybe Princeton could withdraw from IHA and operate the hospital and local healthcare independently.

"If you're not part of the solution, you are sure as Hell part of the problem," was Frank Armitage's response.

Rosemary Doughty said she would want to work with IHA, but a community watch group (as already exists) would be an ideal situation.

Advance polls were open August 1st with General Voting Day on Saturday, August 11th. Polls are open 8:00 AM to 8:00 PM at Princeton Legion Hall.



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Tulameen Family Fun Days!



Vendors kept busy all day Saturday, August 4th prior to and after the Tulameen Days parade. *



They had their candy and were just waiting for the start of the Tulameen Days parade so they could toss the sweets along the route from their vehicle entry. *



The flashing red and blue lights signalled the start of the Tulameen Days parade! *



Tulameen Days parade participants came in all ages, sizes and costumes! *



Ball Tournament teams are always a big part of the Tulameen parade. *



Who wouldn't want to ride in a parade like this? *

Anatomy of a horse rescue

..... continued from Page 4
foal and shook the foal and said 'they're good sleepers aren't they?' it got up slowly and moved away slowly."

In the meantime, horse rescue team members were accessing the mares, and found at least five to be under 1% body fat.

"Two of which were so bad you could make out every bone in their body and when they walked they trembled, these two mares are apparently the ones who the man shot the following Friday in compliance with the SPCA from Penticton. Before we left we left our card and offered our help with anything he needed for the care of the horses, at that point he seemed to become annoyed and said no that everything was fine," Sandli adds.

"As soon as we got into cell service we re-contacted Cpl. Christensen at Midway RCMP and told him what we had found on the man's property and he was as upset as we were, and at that time we decided to phone two separate SPCA offices immediately."

Sandli spoke with a girl would said she'd have a Field Officer call back immediately after hearing the story of the discovery near Rock Creek.

"There was no response, I had to call back again after about three hours. She told me that someone would be around the area on Friday and would check our concerns out."

Sandli started posting details on Facebook which generated a huge response from residents in Rock Creek, Midway, Christian Valley, Princeton and across British Columbia and the United States all supporting the efforts of the Outbackjacks horse rescue attempt including offers of help from six or seven other horse rescue services.

"After multiple calls to the SPCA agent that attended the property on that Friday we didn't receive a phone call until Sunday where the field agent told me that the owner, on compliance with the SPCA, had shot the worst mares and he found nothing wrong with the other horses on the property. He said there was no need for him to visit these animals until the following Friday. This couldn't be, they couldn't wait another week."

Outbackjacks horse rescue team loaded up and was just about to leave Princeton for another visit in Rock Creek when Sandli received a call on her cell phone.

"An RCMP officer said if I came

up and caused any problems in the community I could be arrested. When I tried to tell the officer what I had seen she said she didn't have time for this and hung up on me. It was worth getting arrested over, as there were over 6,000 views on my Facebook postings. So we left the next day."

Back at the property July 31st Sandli snapped a series of photos and posted them on Facebook with brief descriptions of condition of each horse in the photo.

"The palomino mare was up and moving around lethargically, when I saw her again she was laying in the hay, her breathing was shallow and the others were stepping on her and she wasn't getting up, she had over eaten, her belly was distended."

Sandli points out, "With emaciated and starving horses the weaker get less feed and continue to starve or they over eat and become even more ill and die. In my opinion the ones that were emaciated and below 6% body fat should have been separately stalled and slowly be fed breakfast, lunch and supper and been treated for their worms and sores and all to have their teeth checked, and the foals the same and put on proper foal nutrition, as there is no way emaciated mares could give their foals what they need."

What's happening to those horses now? Outbackjacks is going to continue to fight vigorously for the immediate health care that these horses need so desperately. They have a Veterinarian standing by.

You can help Gena, Dale and the rest of the Outbackjacks Horse Rescue team but supporting their fundraising efforts by either donating saleable goods to their store or by purchasing items at their store. You can also leave donations in support of their cause. You can find out more by stopping into their store at 225 Bridge Street, Princeton or by visiting their website at www.outbackjacks.ca.

were guests of honour for the occasion and everyone appreciated the gracious blessing Marge gave at an outdoor supper by the river. Arrangements for the gathering were made by Cecilia Louis-Ralston, a descendant of Walter Jameson, and her husband Bruce, with everyone else pitching in to assist where they could.

One member of the family brought the Jameson family tree prepared by Gary Walthers, and family members searched through the more than 700 names to find their own leaf on the tree. The gathering will be well-remembered by all who attended.

Pioneer descendants meet

Descendants of James Joseph Jameson and his wife, Jenny, met July 28 at the old home property of James' son, Walter, near Hedley.

Four generations were represented from widely diverse locations. They came from Merritt, Princeton, Hedley, Keremeos, Vernon and Armstrong in British Columbia, and from Oroville, Omak, and Everett, Washington. One of Walter's descendants, Fern Hanson, traveled from Phoenix, Arizona. Members of the family were joined by friends of the family.

Maurice and Marge Jameson

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AUDITIONS!

7:00 PM Sunday, August 12 - Riverside Theatre

Crimson Tine Players is holding auditions for their December production of:
"A Christmas Story"

All ages needed for the cast of approx. 14 people.
Children under 18 must be with a parent or guardian.



Brenda Crawford

Susan Collins

April Earle

Sandra Simpson



brenda@bcland.net
(250) 295-8182



susan_collins@nethop.net
(250) 295-5359



april@bcland.net
(250) 295-5346



sandra@bcland.net
(250) 499-9414

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440 Corina Avenue



LOCATION PLUS! This spacious rancher is nestled in a quiet cul de sac along the Tulameen River. There are lots of opportunities to get the garden growing with stepped garden beds in the back yard, plenty of storage for the tools and still room for the kids trampoline. Inside there are 4 generous sized bedrooms for the family and 2 baths. MLS © 136618 \$180,000

132 Link Lake Road



Osprey Lake steps away, Link Lake and the KVR just around the corner, it doesn't get better than this, but wait, yes it does! Here is a solidly built 5 year old cabin, with all the details well thought out. A wonderful 19 x 9 covered porch overlooks Osprey lake, a great place for morning coffee and evening sunsets. MLS © 136887 \$249,000

1698 Princeton/S'land Road



When only the best will do! Then this luxurious custom built home on 20 private acres is waiting for you! Spectacular open 18 x 17 kitchen with maple cabinetry overlooks Hayes Creek Valley and majestic mountain views. Sliding doors off the dining room lead to a patio/sitting area, a great place for morning coffee. Currently run as a B&B. MLS © 136380 \$648,000

3927 Princeton/S'land Road



You can have it all and here it is! This solid 2 bedroom home features fir flooring, bright kitchen, separate dining area, spacious living room with woodstove to help with heating costs and large picture windows bringing Mother Nature to you! French doors open from the kitchen onto a 20 x 40 deck area. MLS © 136771 \$375,000

333 Riverside Avenue



This seller is motivated! Back on the market with a price that is way below the assessed value! This huge Tulameen River front property has so much potential! This home has 3 floors of living space. There is 1 bedroom on the ground level with it's own bath, kitchen and living area. Loads of room for the family on the main floor. MLS © 136561 \$218,000

194 Rivers End Road



The ultimate recreational property! Only 1 HR from Hope and 40 MIN from Princeton this .63 level acre paradise fronts the Similkameen River and borders Manning Park. The property features 1425 sq ft of beautiful custom-built home, a 20 X 30 Log/Guest house and a 34 X 17 dream shop with attached double length garage. MLS © 136522 \$524,900

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