

# Similkameen News Leader

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Tuesday, September 4, 2012

Canada WE ACKNOWLEDGE THE FINANCIAL SUPPORT OF THE GOVERNMENT OF CANADA THROUGH THE CANADA PERIODICAL FUND (GPF) FOR OUR PUBLISHING ACTIVITIES.



Newly elected Town of Princeton Mayor Frank Armitage shows he can make a good pitch in a game where close actually counts! He was enjoying the Fall Fair Horseshoe Tournament September 1st at Princeton Fairgrounds. \*

## Seniors raise \$1,500+ for SOS/SOHC

"I was absolutely blown away," was how Save Our Similkameen (SOS) Chair Solana Allison described her response to the final tally in cash donations collected from the fundraising event held August 29th at the Branch #30 Seniors Drop-In Centre.

The event, promoted as an opportunity to provide financial support for the volunteers working on the 24/7 ER Campaign, included live entertainment, a silent auction, raffles, door prizes, goodies and some down home fellowship.

"The seniors have been an important driving force throughout all this," Allison told the News Leader.

In addition to the fundraising event, local seniors have provided the SOS/SOHC (Save Our Hospital Coalition) office on Vermilion Avenue with volunteers, coffee, cookies and snacks.

The over \$1,500.00 raised last week serves a greater purpose

according to Allison.

"It gives us two months of uninterrupted run time."

While the storefront location has been provided rent free, there are other costs associated in running the office, which includes utilities, phone, postage and photocopying. Allison says they go through 700 sheets of photocopies in an average four-day stretch.

"The seniors' assistance takes a tremendous weight off our back."

SOS will be sending out a Healthcare Survey to all residents in Princeton and Area H this week.

The survey contains a total of 14 questions related to the delivery of healthcare services in the region. Data collected from completed surveys will assist the group with their efforts in protecting health services in the area.

Completed surveys can be returned to the post office, no postage required.

## Posse host 'showcase' event

Although Princeton Posse lost 5-3 in their first exhibition game of the 2012/13 season, the team will host a total of four games in three days this coming weekend.

The 'showcase' of games will

start with Princeton hosting Golden at 7:00 PM Friday, September 7th.

Saturday, September 8th will see two games scheduled: Chase against Golden at 2:00 PM and Princeton hosting Kamloops at

7:00 PM. The 'showcase' wraps up Sunday, September 9th with Princeton hosting Chase at 1:00 PM. All games will be webcast over the KIJHL network at [www.kijhl.ca](http://www.kijhl.ca).



A trio of Princeton boys were on ice August 31st in the first pre-season game for the Posse. From left, Drayden Larsen, Kraig Leochko and Lindsay McLellan. Leochko and McLellan each earned assists in a 5-3 loss. Story on Page 18. \*

## RCMP search

### for missing person

On August 28th Kevin Prentice reported his brother Michael Prentice missing.

Kevin was supposed to meet Michael in Vernon four weeks ago. Michael did not show and has not been seen since July 19th in Cawston.

Keremeos RCMP say Michael had indicated to his friends via a

social network that he was hitchhiking to Vernon from Cawston.

Michael Prentice is a 35-year old Caucasian male who stands 6-feet tall and weighs 205 pounds.

If you have seen Michael Prentice or know of his whereabouts you are requested to contact your local RCMP Detachment or call Keremeos RCMP at 250.499.5511.

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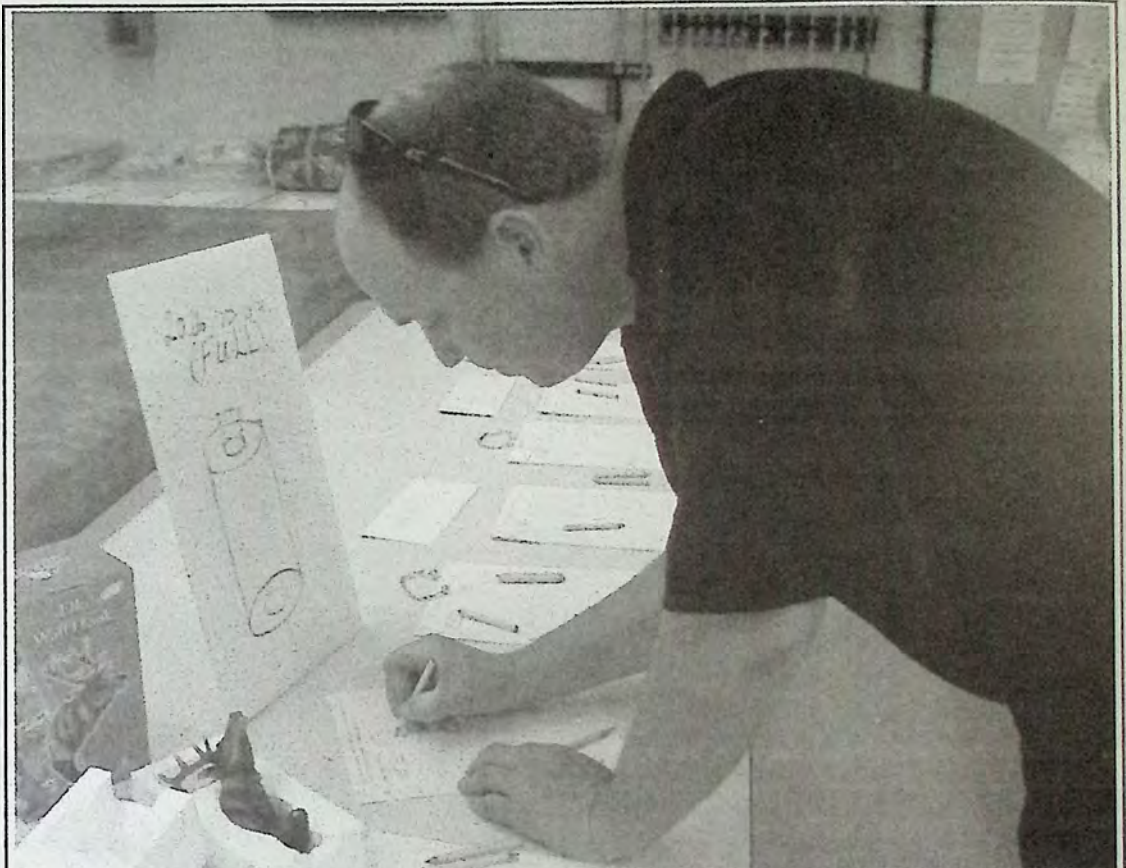
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Councillor Jason Earle makes a bid in the Silent Auction held as part of the August 29 SOS/SOHC fundraiser. \*

**Alex Atamanenko, MP**

**Shop Local and Shape the Economy**

All Canadians want a thriving economy, but we'll never have one if we don't all share the responsibility for achieving it.

Every one of us, consumers and business owners alike, makes choices every day that impact the strength of our economy, now and in the future. Until we acknowledge that each choice we make, however small, has a consequence, we won't see the kind of prosperity we seek in our communities. Making a commitment to shopping local whenever possible is a great place to start.

When it comes to shopping local, many challenges and barriers exist for both consumers and business owner/operators—the problems are on both sides of the cash register. Economic leakage is happening more every day across the country as a result of online shopping, cross-border shopping or visiting distant locales.

So what does it mean to shop local? Shopping local can stretch past the limits of our corner grocery store. It may be showing our economic support for the community 20 minutes down the road or looking at broader regional initiatives. What's good for the community next door is good for the communities that we live in, too.

Here's just one example of how where we spend our money can shape our future: one locally spent dollar can turn over in the community about six times. In the six-turnover scenario, the benefit is that the equivalent of about \$1.65 for every dollar spent remains in the community, providing a sustainable economic climate for local business. Consider what our communities will look like if those dollars are regularly spent outside of the local economy. Making informed purchasing choices in the long term is one way we can all contribute to maintaining and developing thriving local economies.

Local store owners have tough decisions to make about how they can best give back to the community. Businesses are often asked to support and assist in fundraising efforts for youth sports, community events and charitable organizations. Pragmatism dictates that the consumers who support their local businesses will be the ones rewarded with commercial support.

Small businesses also struggle to be competitive when faced with competition from corporate purchasing power. Pricing structures are passed on to the consumer not because of a business mark-up, per

se, but as a reflection of wholesale cost. (Mark-ups are quite comparable in Canada and the U.S., by the way.)

Consumers may struggle to support small business when they feel that the customer service is poor or the selections are inadequate. As consumers, it's important for us to play a role in effectively communicating our concerns and needs to the business we frequent. Commerce is anything but a one-way street, and it's up to business owners to ensure that those needs and concerns are heard and, wherever possible, addressed.

Taking ownership of the impact of our purchasing choices and service-related decisions will help to shape what our local communities will look like in the future. Many local chambers of commerce are actively involved in shop local campaigns, as are labour unions, advocating for their business members through building positive community awareness. With that awareness, commerce and consumer can be brought together in a way that ensures our communities' economic potential moves from dream to reality in the years to come.

Let's all work together to support the economic vibrancy of the places we live in.

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# Flip Of The Coyne

by Spencer Coyne

With the summer holiday season coming to an end things seem to have gotten even busier in our little

valley. This past weekend the Princeton Posse started its exhibition season and there was the annu-

al Fall Fair. Next weekend is a big weekend for hockey fans with three days of games with a mini-show-

case Friday to Sunday. Next weekend is also the second running of Racing Days this year. The weekend after that we again have two hockey games on Friday and Saturday and Keremeos will be having its annual Sizzle Fest.

There are so many options for activities over the next couple of weeks. To top that all off, kids are going back to school and after-school programs will be starting up again. There should be no reason for people to say that there is nothing to do around here. There is never nothing to do in the Similkameen. You just have to get out there and do it.

It really bothers me when people complain about there being nothing to do in Princeton. I grew up here and yeah when I was a kid I said, "There is nothing to do here" but amazingly we were never not doing something. Princeton is like many small towns where you sometimes have to take the initiative and make things happen, but this does not stop people from saying it is boring here or that there is nothing to do here. Maybe they really don't know that there are activities here for people of all ages to enjoy. Maybe they don't know that there is a leisure guide

that comes out telling you about many of the recreational and leisure opportunities for you take part in. You can pick up these guides in locations around town or you can download them off the Town of Princeton's website: Princeton.ca.

The Town of Princeton website also lists cultural events and organizations. There is a vibrant arts community that is always welcoming to new people. There is hockey in the fall and winter and baseball in the spring and summer. There are world class cross country ski trails up at China Ridge Trails.

You can check out the website at chinaridgetrails.com. There is highland dance for kids, karate for all ages and the new gym is offering a number of activities on top of the usual workout equipment. There are so many things available to people to do here.

There are numerous outdoor activities that don't require any organization including bike riding or hiking along the KVR or on any of the other amazing trails in our area. There are some amazing lakes to fish. If you are a hunter then there are great hunting opportunities in ..... continued on Page 21



Princeton Museum shifts back to Winter hours this month with Summer Employment students returning to school this week. From left, Carmen Brodie, Museum Manager Robin Lowe, Kim Anderson (foreground) and Graham Bibby had a busy season but had time last week to relax for some photos. Each student praised the Museum for giving them an employment opportunity that taught each of them more about local history and more about their own skills. \*

Town of PRINCETON

## Princeton Town Hall News

### MEETINGS WITH MAYOR ARMITAGE



Mayor Armitage will be at Town Hall on Tuesdays from 11:00 AM until 2:00 PM starting September 4, 2012. Please drop by and share your thoughts with him.

### RECREATION

#### WATCH FOR IT!

The Princeton Fall Leisure Guide will be coming to your mail box in early September. Check out all the fantastic programs our community has to offer to all ages. There is something for everyone! It will also be posted on the Town of Princeton Website, at [www.princeton.ca](http://www.princeton.ca).

#### PRINCETON COMMUNITY EVENTS WEBPAGE

Please send the Princeton Parks, Recreation and Culture Office your upcoming events with full details. Our office will include on the Town of Princeton website calendar of events. Contact Nadine McEwen at 250-295-6067 or e-mail [nmcewen@princeton.ca](mailto:nmcewen@princeton.ca)

### 2012 DOG LICENCE

2012 Dog licences are available at Town Hall at a cost of \$10.00 for spayed or neutered animals and \$30.00 for non-neutered or unspayed dogs.

Town of Princeton Bylaw No.782 regulates the licencing of dogs, and states that any dog over the age of eight weeks must wear a valid licence for the current year. A fine of \$75.00 will be charged for an unlicensed dog.

### PRINCETON LANDFILL INFORMATION

#### Garbage and Recycling Information

Landfill and Recycling Depot - Hours of Operation  
 OPEN Saturday through Wednesday 9:00 am - 5:00 pm  
 CLOSED Thursday AND Friday  
 CLOSED Christmas Day, New Years Day &, Easter Sunday

Location - #171 Princeton-Summerland Road

Questions? Call:  
 Town of Princeton 250-295-3135  
 Princeton Landfill 250-295-0500  
 Recycling Depot 250-295-6111

### COUNCIL MEETING SCHEDULES

The next regular meeting of Princeton Town Council will be Tuesday, September 4, 2012, in the Library Meeting Room, 107 Vermilion Avenue, at 7:30 PM.

#### Regular Meeting Schedule

September 4, 2012	September 17, 2012
October 1, 2012	October 15, 2012
November 5, 2012	November 19, 2012
December 3, 2012	December 17, 2012

The next Council Strategy Meeting will be Monday, September 10, 2012 in the Library Meeting Room, 107 Vermilion Avenue, at 4:00 PM.

#### Council Strategy Meeting Schedule

September 10, 2012
October 9, 2012
November 12, 2012
December 10, 2012

### DO THEY KNOW WHERE YOU ARE?

#### POLICE



#### AMBULANCE

#### FIRE



Calling 911 is the second step to getting help. The first step is displaying your civic number!

**PLEASE ENSURE YOUR HOUSE NUMBER CAN BE SEEN FROM THE ROAD**

**And remember—the emergency responder trying to find your house may not be from Princeton.**

### RETAIL SPACE FOR LEASE

Prime Downtown Retail Space for Lease  
 Located at 103 Vermilion Avenue on Veteran's Square is approximately 432 ft<sup>2</sup> of prime retail space for lease in downtown Princeton.

This building has high downtown visibility with three front-ages including: Vermilion Avenue, Bridge Street and Fenchurch Avenue.

The Town of Princeton is accepting proposals for the lease of the building. Average retail/commercial lease rates for comparable space in Princeton is \$10.53/ft<sup>2</sup>.

For information or to arrange a viewing of the property, please contact Shirley McMahon at Princeton town hall 250-295-3135 or email at [smcmahon@princeton.ca](mailto:smcmahon@princeton.ca).







# Editorial Page News Leader

Similkameen News Leader, 226A Bridge Street, PO Box 956, Princeton, BC V0X 1W0

## My Turn

### A Little On The Sweet Side

The other day we got creative at home.

It's not that we never do, but with our schedules the way they are, often the only quality time we catch at home revolves around one of us snoring.

Freezer jam was going to be the project.

We had poured over massive volumes of documents and came to the conclusion that between the both of us we could probably follow the four steps closely enough to end up with something resembling a spreadable product of some kind.

Canning and the production of preserves were common activities in our childhood homes. One of us even spent a considerable amount of time doing it as an adult and amassed a lot of equipment and supplies related to the activity.

So, thinking I'm going to save us a lot of work, I decided to buy some more supplies and equipment for our trip into the world of jamming. I also wanted to avoid hunting in our shed for the previously mentioned collection of items we already owned.

That should have been my first warning.

Anyway, we gathered what we needed and my job was to mutilate the fruit. I sort of liked that idea. I turned a container of innocent fresh fruit into a bowl of goop and did such a good job of it I didn't splash any on myself. I had no idea I was so good at making goop. I may put it on my business cards when it's time to reorder some.

Brenda's job was to melt the sugar-free gel stuff and once that was added to my goop we started pouring in sugar. I stirred and stirred and stirred and never thought anything about adding cups and cups of sugar to something that was labeled sugar-free.

Well, long story short: our finished product, which looked really nice in the brand new jars I bought, tasted a tad sweet.

Imagine the sweetest thing you've ever tasted dipped in sugar, then coated in candy, dusted with some more sugar and then topped off with a lot of syrupy stuff.

That is just scratching the surface. My fillings would vibrate any time I got to within ten feet of a sealed jar of our freezer jam.

And although it's now being used as a 'cereal sweetener' in our house, we haven't given up nor have we decided to try something easier. I also couldn't care less if we never figure out how to properly turn goop into jam or if we end up making something edible or flammable because it's something we're doing together.

Only this time I'll read the label a bit more closely.



Recent repairs to one of the 'famous' headstones in Granite Creek Cemetery have not gone unnoticed. - photo submitted

## Your Turn

### Letters And E-Mails Received This Week

To The Editor;

Special thanks to Chris Goodfellow and Paul Kehtner for their hard work repairing the headstone of Hattie McBride at the Granite Creek Cemetery.

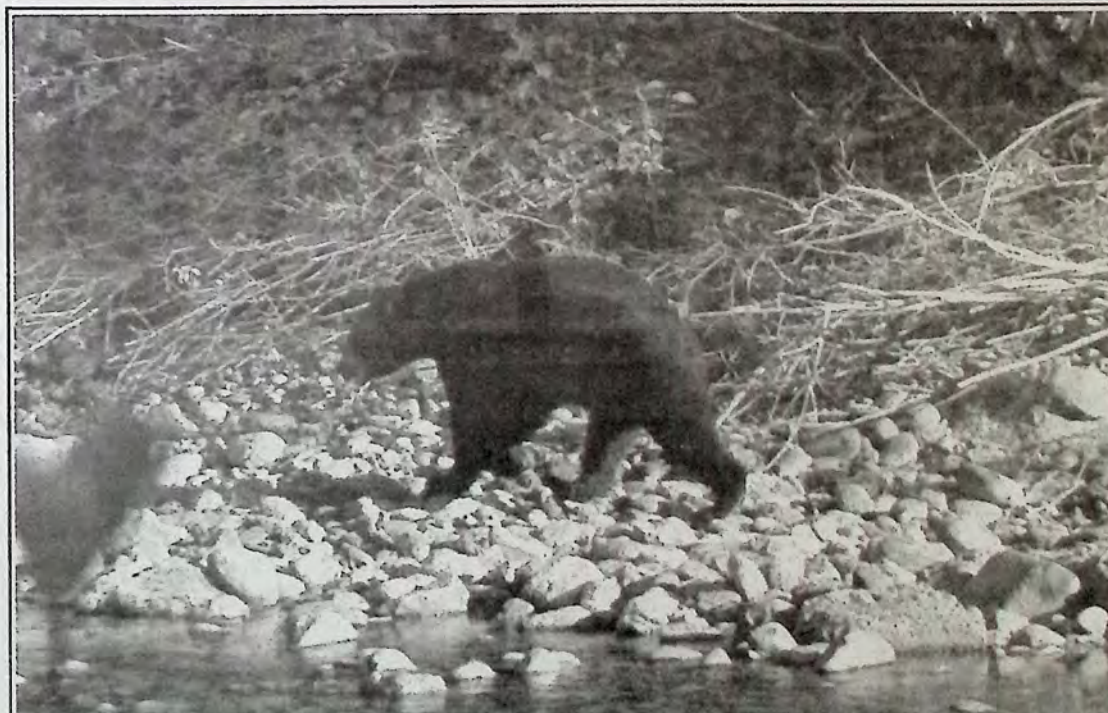
Hattie was murdered in 1920, and a very long time ago the top

of her headstone had fallen over. She had no family to look after her grave so the headstone remained in two pieces.

Chris and Paul used great skill and strength to level and reassemble Hattie's beautiful headstone.

Only one word can describe their work - "MAGNIFICENT"! Thank you for your community spirit to help improve our small town.

Regards,  
Diane and Bob Sterne,  
Coalmont



This bear has been sighted in the Princeton area for a while. This photo, taken August 30th from a spot along Corina Avenue, shows it moving along the Tulameen River near the Town Works Yard. Photo: Laurie Obey

Similkameen  
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#### EDITORIAL GUIDE

We would like you to write to us, but please remember to abide by anti-discrimination laws. The News Leader reserves the right to refuse to print any letter which is not signed by the writer or is slanderous, libelous or of uncommon sense. The Editor reserves the right to condense any letter or to substitute proper language for improper language.



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SEPTEMBER, 2012

# South Okanagan PLUS

## The amazing race

By JAMES MILLER  
South Okanagan Plus

After a lifetime of competing in middle distance events and duathlons, American Matthew Russell learned how to swim properly in 2010 so he could add triathlon to his athletic resume.

Less than two years later he can call himself an Ironman champion, the extreme distance sport which combines swimming, cycling and running.

Russell, a 30-year-old from Scottsdale, Arizona and former occupational therapist, won the 30th running of Subaru Ironman Canada, finishing in 8:48.30, nearly six minutes ahead of his nearest rival.

"This race started in 1983 and that was the year I was born," he said. "This is the oldest Ironman event in North America and one day I hope to have children and I'll bring them back here to Penticton and show them the flower garden over there where every Ironman winner, both male and female, have their name, time and country written down. It's ingrained in history forever."

Russell left the water at one hour, two minutes and played catch-up for the remainder of the race, finally taking the lead for good at the 14 mile mark of the marathon run passing hometown favourite Olly Piggini, who settled for second.

"I was probably 12 minutes back of the leader after getting out of the water but I kept plugging away. The mental aspect of this sport is so challenging because it's tough to be playing catch-up all day."

Russell attended a small high school in New York state, graduating in a class with only 40 students. He played basketball, soccer and baseball — the only sports offered — but later switched to cross-country running and the steeplechase when he attended the University of New Hampshire earning top honours in steeplechase for the New England states. From there he explored duathlons winning several national championships in the running and biking event.

Like Ironman, steeplechase athletes are often stereotyped as being eccentric, but Russell doesn't mind.

"You're gonna have to be a bit crazy to be doing this for sure. I enjoy the challenge but more importantly it's the relationships and the people you meet along the way that makes this journey special."

He described the feeling of winning as, "blessed, thankful, ecstatic and speechless — those words all sum up how I feel right now."

Sunday was his second trip to Penticton finishing seventh in 2011 in a race hindered by a flat tire on the bike course. Even with Ironman being replaced by Challenge Penticton (a different distance triathlon organization) for 2013, Russell said he'd like to return to defend his title.

"I'd love to," he said. "It's a great place to train and race and it's still going to be a great race and on the same weekend. The climate here is great and the atmosphere is wonderful because the whole town seems to get in to it and that's what makes it special."

Flanked at the finish line by his proud girlfriend Gillian, he was uncertain about what he would do to celebrate but promised to return to the finish line by 10 p.m. to cheer on the last group of athletes striving to obtain an official time before the course closed down at midnight.

While the racing weather was great, the sport itself had a dark cloud cast over it with the news that Lance Armstrong would have his Tour de France titles taken away due to doping allegations. When asked his thoughts about the controversy, Russell didn't pull any punches.

"He did a lot for cycling and for triathlon but the testing shows he was positive and we don't need that in our sport. It is what it is and that's now in the past but maybe it will be a wake-up call to everyone to play fair and not cheat."

Piggini finished second in 8:54.17 and German Christian Brader third at 8:58.59. Denver's Kendra Lee was the top woman in 9:44.58 and Vancouver's Gillian Clayton the top professional woman in 9:46.07.



SCOTT TRUDEAU Photo

Matthew Russell crosses the finish line at the 30th and final Subaru Ironman Canada.



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## 2004 BUICK RAINIER CXL AWD



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# Subaru Ironman Canada 2012



Here are some images from the recent Subaru Ironman Canada triathlon held in the South Okanagan snapped by Penticton Herald photographers John Moorhouse and Cherie Morgan.

**AT LEFT:** Professional triathletes Chris Bagg of Portland, left, and Scott Curry of Chilliwack emerge from Okanagan Lake among the top three leaders following the swim course in the Subaru Ironman Canada.

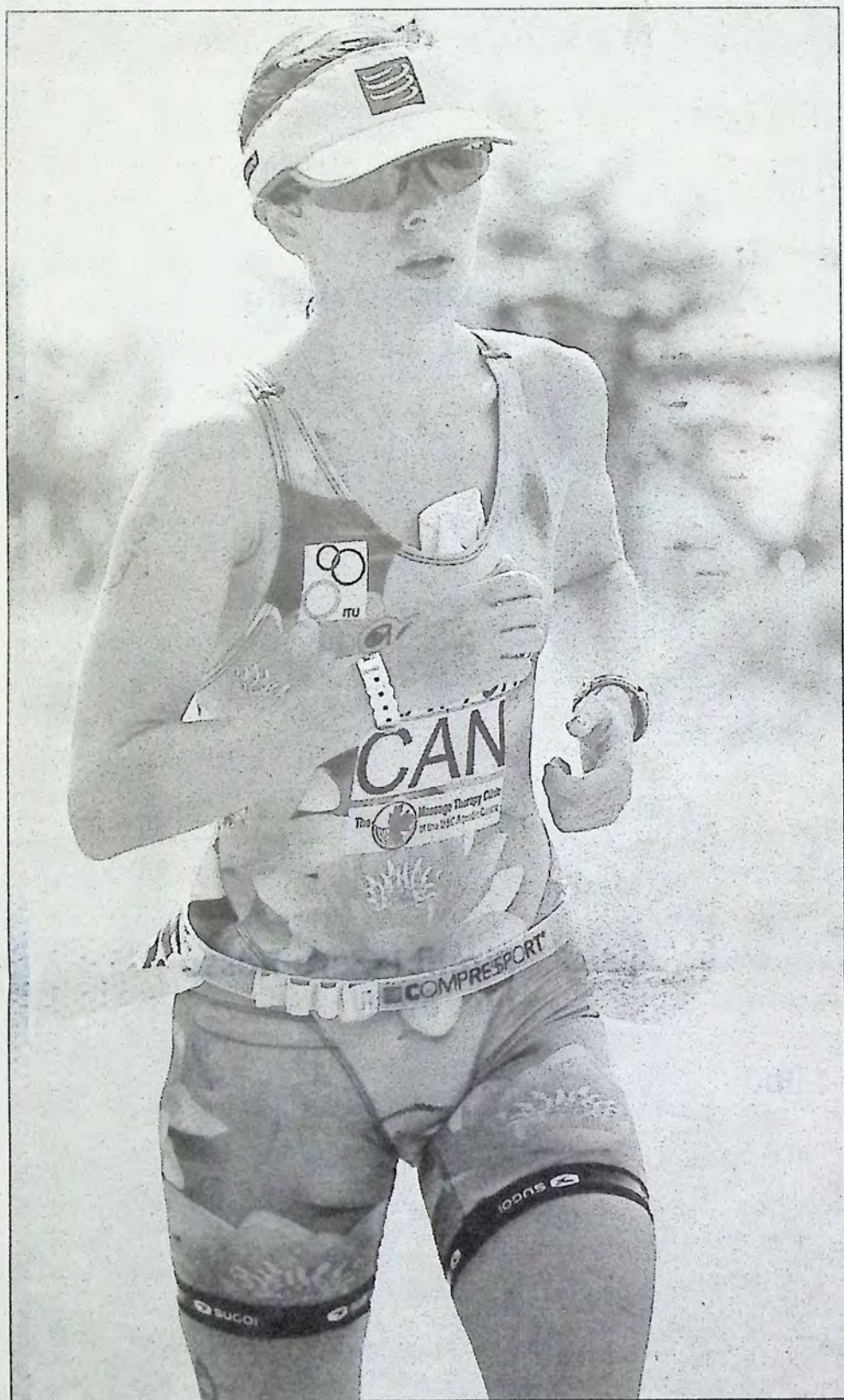
**BELOW LEFT:** With support like this — two unidentified belly dancers near Keremeos — how could the athletes go wrong?

**BELOW RIGHT:** Sister Madonna Buder of Spokane gained plenty of attention after completing the swim course in about one hour 40 minutes. The 82-year-old nun is among the most recognizable faces of the Subaru Ironman Canada. She finished in 16 hours, 34 minutes in what she said will be her final full-length Ironman.

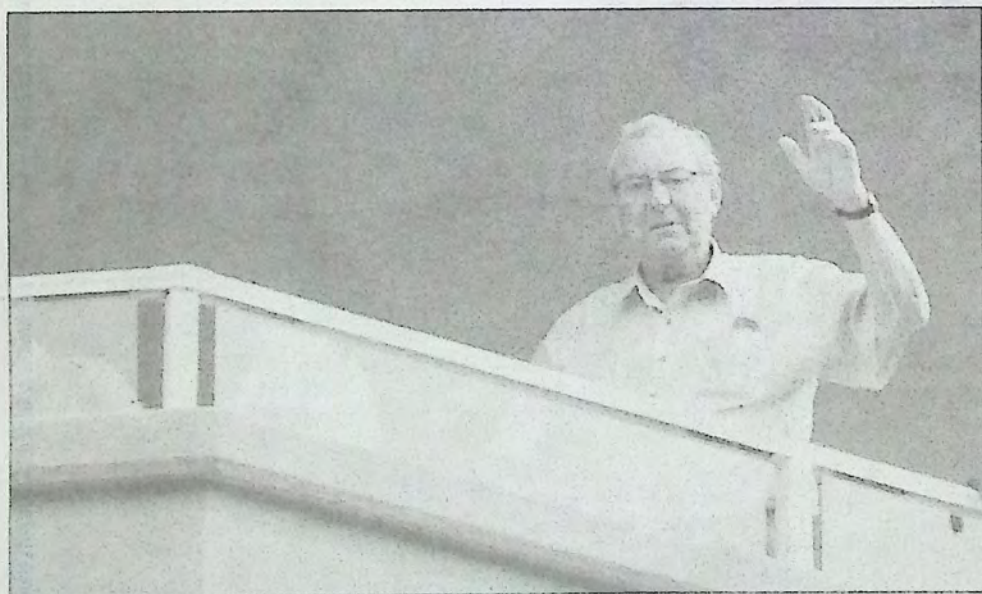




# Subaru Ironman Canada 2012



**CLOCKWISE FROM TOP RIGHT:** Gillian Clayton of Vancouver (pictured) won the top ladies professional title but the top overall woman was an amateur — Kendra Lee of Denver... Kyle Kubraski of Port Moody on the bike... Shannon Stellard of New Zealand, who was fifth overall, waves at the finish line... Retired businessman and former Pentlcton mayor Al Kenyon waves from the balcony of his Lakeshore Drive condo as he watched the finishers.





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SIZE	RETAIL	CLEARANCE
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LT265/75R16	\$367.37	<b>\$229</b>
LT265/70R17	\$362.74	<b>\$229</b>
LT275/65R18	\$508.61	<b>\$296</b>
35/12.50R17	\$584.65	<b>\$339</b>
33/12.50R18	\$670.29	<b>\$369</b>

### Hi-Run ST Trailer Tire

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175/80R13 6 ply	\$103.66	<b>\$71</b>
205/75R14 6 ply	\$135.76	<b>\$80</b>
205/75R15 6 ply	\$145.34	<b>\$98</b>
225/75R15 8 ply	\$176.56	<b>\$107</b>
225/75R15 10 ply	\$185.90	<b>\$116</b>
235/80R16 10 ply	\$216.90	<b>\$143</b>
235/85R16 10 ply	\$229.90	<b>\$152</b>



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SIZE	RETAIL	CLEARANCE
P195/60r 15 H	\$136	<b>\$94</b>
P205/70r 15 T	\$153	<b>\$98</b>
P205/65r 15 H	\$159	<b>\$101</b>
P195/55r 15 V	\$169	<b>\$107</b>
P195/55r 16 V	\$179	<b>\$116</b>
P205/55r 16 V	\$176	<b>\$115</b>
P225/60r 16 H	\$197	<b>\$125</b>
P215/60r 17 H	\$209	<b>\$139</b>
P225/60r 17 H	\$219	<b>\$143</b>
P225/65r 17 T	\$228	<b>\$152</b>
P225/45r 18 W	\$289	<b>\$206</b>



### General Grabber M/T Red Letter

SIZE	RETAIL	CLEARANCE
31/10.50R15	\$382.17	<b>\$229</b>
35/12.50R18	\$725.10	<b>\$419</b>
LT275/70R18	\$598.73	<b>\$349</b>



### Samson Skidsteer 12 ply

SIZE 12 x 16.5  
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CLEARANCE **\$179**



### Firestone Transforce HT 10 ply

SIZE 8.75R16.5  
RETAIL \$343  
CLEARANCE **\$189**



### Nexen Roadian AT-2

SIZE	RETAIL	CLEARANCE
LT235/75r15 C	\$194	<b>\$143</b>
LT245/75r16 E	\$278	<b>\$188</b>
LT265/75r16 E	\$298	<b>\$197</b>
LT235/85r16 E	\$278	<b>\$188</b>
LT265/70r17 E	\$312	<b>\$206</b>
P265/70r17	\$278	<b>\$188</b>



### Nexen Roadian HT

SIZE	RETAIL	CLEARANCE
LT225/75r16 E	\$246	<b>\$169</b>
LT235/85r16 E	\$269	<b>\$179</b>
LT265/75r16 E	\$298	<b>\$197</b>



### Nexen N-5000

SIZE	RETAIL	CLEARANCE
P185/65r15 H	\$150	<b>\$95</b>
P205/55r16 H	\$169	<b>\$116</b>
P205/60r16 H	\$187	<b>\$125</b>
P215/65r16 H	\$175	<b>\$120</b>
P235/60r16 H	\$195	<b>\$129</b>
P215/45r17 H	\$161	<b>\$116</b>
P215/50r17 H	\$189	<b>\$134</b>
P225/45r17 H	\$202	<b>\$143</b>
P225/40r18 H	\$236	<b>\$161</b>
P225/55r18 H	\$245	<b>\$170</b>



### Hankook Dynapro RF-10

SIZE	RETAIL	CLEARANCE
P255/70r 16	\$324	<b>\$199</b>
P245/65r 17	\$366	<b>\$244</b>
P265/65r 17	\$389	<b>\$224</b>
LT285/70r 17	\$515	<b>\$277</b>
P265/70r 18	\$428	<b>\$233</b>
P275/65r 18	\$494	<b>\$269</b>



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### Nexen CP-641

SIZE	RETAIL	CLEARANCE
P185/60r15 H	\$147	<b>\$98</b>
P205/50r17 V	\$199	<b>\$134</b>
P215/60r17 H	\$219	<b>\$152</b>
P225/60r17 H	\$229	<b>\$159</b>



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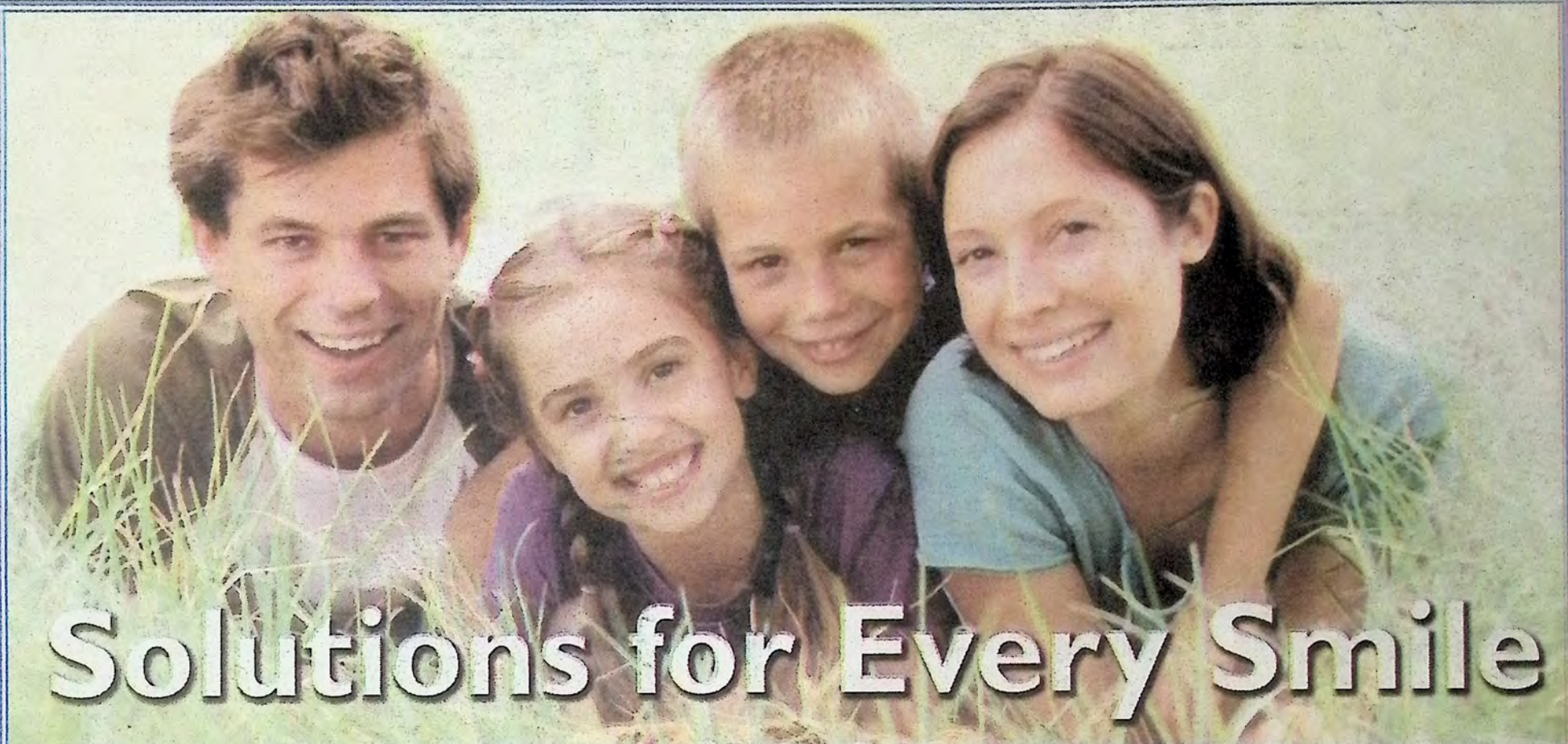
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South Okanagan Plus

Albertans Karen and Wayne Rothe, right visit with Linden Gardens owners Ken and Margaret Hayter as the city councillor from Spruce Grove visited Linden Gardens Nursery and Display Garden and Frog City Cafe in Kaleden, recently.

## Whistle Down the Wind comes to Soundstage

Soundstage Productions will present the musical "Whistle Down the Wind", the story of a fugitive from the law who convinces a group of school children in the deep south that he's Jesus Christ. It's based loosely on a 1961 British film of the same name which starred a then-unknown Hayley Mills.

The production will be held in Penticton Dec. 19-22 as there's a subplot involving Christmas in the script (although it's not a holiday-themed musical.)

Director Lynne Leydier believes this is the first time a community theatre group has presented the musical in B.C. as the rights just recently became available.

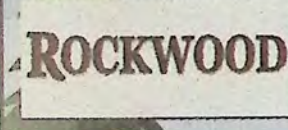
The lone collaboration between Andrew Lloyd Webber (music) and Jim Steinman of "Bat Out of Hell" fame (lyrics) opened in 1996 and included the song "No Matter What", which became a No. 1 hit in the UK for Boyzone.

An open casting call has been announced for Sunday, Sept. 9 with children ages 14 and under from 9 a.m. - noon and ages 15 and over from 1 - 3 p.m. at the Penticton Lakeside Resort's ballroom.

Rehearsals are held Sundays from 9 a.m. - 6 p.m. and the cast is open to all ages, including children. A special welcome to rock-and-roll singers in their late-teens or early 20s.

For information call 250-493-9787 or e-mail: [director@soundstage-productions.com](mailto:director@soundstage-productions.com).

—James Miller



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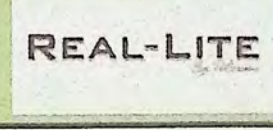
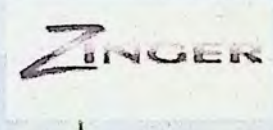
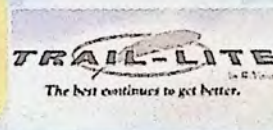


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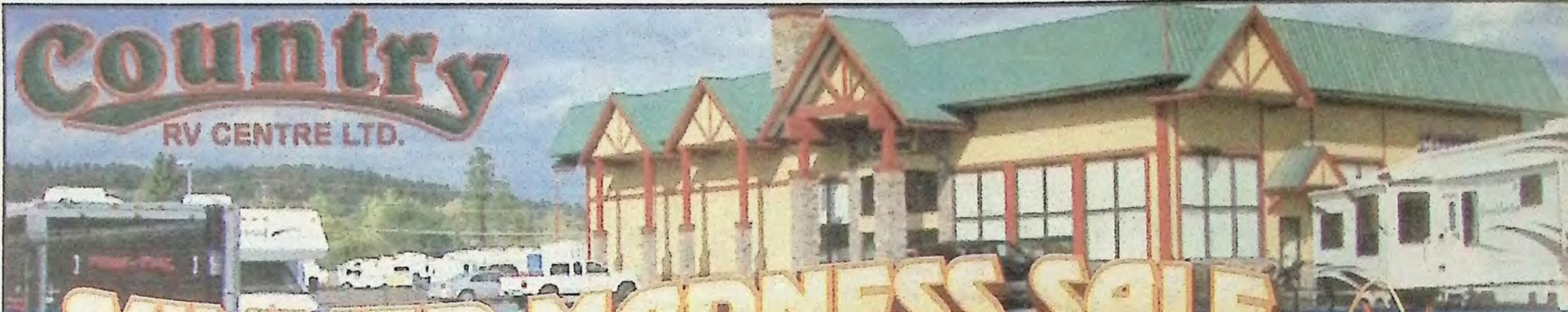
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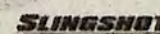
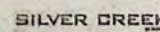
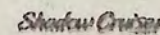
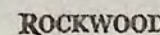
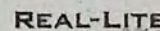
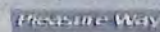
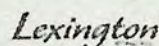
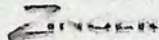
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195/70R 14	\$162	<b>\$89</b>
205/55R 16	\$238	<b>\$121</b>
205/60R 15	\$190	<b>\$102</b>
205/70R 14	\$162	<b>\$87</b>
215/50R 17	\$284	<b>\$152</b>
215/65R 15	\$196	<b>\$112</b>
215/65R 16	\$208	<b>\$116</b>
215/75R 15	\$179	<b>\$98</b>
225/45R 17	\$296	<b>\$152</b>
225/60R 16	\$223	<b>\$121</b>
235/45R 17	\$289	<b>\$162</b>
265/65R 16	\$243	<b>\$134</b>



### W-409 Hankook

Size	Retail	Clearance
175/70R 13	\$141	<b>\$76</b>
185/60R 15	\$191	<b>\$104</b>
185/65R 14	\$176	<b>\$196</b>
185/65R 15	\$189	<b>\$107</b>
185/70R 14	\$165	<b>\$89</b>
195/55R 15	\$218	<b>\$115</b>
195/55R 16	\$227	<b>\$129</b>
195/60R 14	\$189	<b>\$101</b>
195/60R 15	\$197	<b>\$107</b>
205/50R 16	\$241	<b>\$143</b>
205/55R 16	\$235	<b>\$142</b>
205/60R 15	\$214	<b>\$113</b>
205/65R 15	\$218	<b>\$116</b>
205/70R 15	\$204	<b>\$111</b>
205/75R 15	\$200	<b>\$98</b>
215/55R 16	\$256	<b>\$152</b>
215/60R 15	\$245	<b>\$129</b>
215/65R 16	\$248	<b>\$134</b>
215/70R 15	\$211	<b>\$116</b>
215/75R 15	\$208	<b>\$111</b>
225/50R 16	\$247	<b>\$131</b>
225/50R 18	\$365	<b>\$194</b>
225/55R 16	\$277	<b>\$152</b>
225/60R 16	\$258	<b>\$137</b>
225/60R 17	\$295	<b>\$170</b>
225/60R 18	\$347	<b>\$179</b>
225/75R 15	\$218	<b>\$115</b>
235/55R 17	\$313	<b>\$165</b>
245/45R 18	\$395	<b>\$209</b>

### RW-11 Hankook

Size	Retail	Clearance
215/70R 16	\$263	<b>\$139</b>
225/70R 16	\$267	<b>\$141</b>
235/65R 17	\$331	<b>\$179</b>
235/65R 18	\$351	<b>\$186</b>
245/60R 18	\$358	<b>\$192</b>
245/65R 17	\$345	<b>\$188</b>
245/75R 16	\$281	<b>\$149</b>
255/60R 19	\$426	<b>\$224</b>
255/65R 18	\$383	<b>\$202</b>
255/70R 18	\$355	<b>\$188</b>
265/70R 18	\$366	<b>\$206</b>
265/70R 17	\$355	<b>\$188</b>
275/65R 18	\$427	<b>\$251</b>
LT245/75R 16 E	\$393	<b>\$224</b>
LT265/75R 16 E	\$430	<b>\$233</b>

### Firestone Winterforce Cont.

Size	Retail	Clearance
215/55R 16	\$259	<b>\$134</b>
215/60R 16	\$248	<b>\$125</b>
215/65R 15	\$232	<b>\$120</b>
215/70R 16	\$248	<b>\$129</b>
225/55R 17	\$289	<b>\$152</b>
225/60R 16	\$253	<b>\$131</b>
225/60R 18	\$325	<b>\$169</b>
225/70R 15	\$268	<b>\$139</b>
235/55R 17	\$303	<b>\$157</b>
235/65R 16	\$306	<b>\$159</b>
245/75R 16	\$299	<b>\$148</b>
265/70R 17	\$354	<b>\$179</b>



### Courser MSR by Cooper

Size	Retail	Clearance
215/70R 16	\$219	<b>\$121</b>
235/65R 17	\$289	<b>\$166</b>
245/65R 17	\$295	<b>\$170</b>
255/70R 18	\$325	<b>\$170</b>
265/70R 16	\$273	<b>\$149</b>
LT245/75R 16 E	\$349	<b>\$189</b>
LT265/75R 16 E	\$394	<b>\$209</b>



### Firestone Winterforce

Size	Retail	Clearance
185/70R 14	\$177	<b>\$86</b>
195/70R 14	\$186	<b>\$89</b>
195/75R 14	\$180	<b>\$86</b>
205/50R 16	\$260	<b>\$135</b>
205/60R 16	\$239	<b>\$118</b>
205/70R 14	\$194	<b>\$97</b>
205/70R 15	\$211	<b>\$101</b>
205/75R 15	\$197	<b>\$96</b>



### General Altimax Arctic

Size	Retail	Clearance
195/65R 15	\$177.71	<b>\$109</b>
205/55R 16	\$217.63	<b>\$135</b>
205/65R 15	\$200.39	<b>\$119</b>
205/70R 15	\$172.89	<b>\$107</b>
215/45R 17	\$314.61	<b>\$174</b>
215/60R 15	\$193.16	<b>\$118</b>
215/60R 16	\$237.14	<b>\$139</b>
215/70R 15	\$203.53	<b>\$118</b>
225/45R 17	\$325.48	<b>\$186</b>
225/55R 17	\$317.11	<b>\$182</b>
225/60R 16	\$245.70	<b>\$139</b>
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# Possible outcome of gum infection

By SYLVAIN MARINO  
Special to South Okanagan Plus

Advanced periodontal (gum) infection can leave a patient facing the loss of one or multiple teeth and, sadly, this invasive disease can develop without you realizing it's happening.

Periodontal disease affects one or more of the periodontal tissues: the alveolar bone, periodontal ligament, cementum or gingiva. While many different diseases affect the tooth-supporting structures, plaque-induced inflammatory lesions make up the vast majority of periodontal diseases.

This is generally divided into two categories - gingivitis or periodontitis.

When gingivitis is not treated, it can advance to "periodontitis" (which means "inflammation around the tooth.") Gums pull away from the teeth and form spaces (called "pockets") that become infected.

The body's immune system fights the bacteria as the plaque spreads and grows below the gum line. Bacterial toxins and the body's natural response to infection start to break down the bone and connective tissue that hold teeth in place. If not treated, the bones, gums, and tissue that support the teeth are destroyed.

The teeth may eventually become loose and have to be removed. The damage periodontal disease causes to the gums cannot be reversed, however, the infection and deep pockets it causes can be controlled and we can help stop advancement of the disease. As explained in my recent articles, once pe-

riodontal disease is diagnosed, dentists primarily aim to control the infection.

This may include deep and thorough cleaning, often one quadrant at a time. This may be performed by a hygienist at your general dentist, or by a periodontist a gum specialist. Various medications such as prescription mouth rinses, antiseptic chips, antibiotic gels or capsules are also likely to be utilized.

When periodontal disease has progressed to advanced stages, or when inflammation and deep pockets remain following deep cleaning and medications, surgical treatment may be recommended.

A dentist or periodontist may perform "flap" surgery to remove tartar deposits in deep pockets and/or reduce the periodontal pocket to make it easier for the patient, dentist, and hygienist to keep the area clean.

This common surgery involves lifting back the gums and removing the tartar. The gums are then sutured back in place so that the tissue fits snugly around the tooth again. After surgery the gums will heal and fit more tightly around the tooth. This sometimes results in the teeth appearing longer.

In addition to flap surgery, your dentist or periodontist may suggest procedures to help regenerate any bone or gum tissue lost to periodontitis. Bone grafting, in which natural or synthetic bone is placed in the area of bone loss, can help promote bone growth.

A technique that can be used with bone grafting is called guided tissue regeneration. In this procedure, a small piece of mesh-like material is inserted between the bone and

gum tissue. This keeps the gum tissue from growing into the area where the bone should be, allowing the bone and connective tissue to regrow.

Growth factors - proteins that can help your body naturally regrow bone - may also be used. In cases where gum tissue has been lost, your dentist or periodontist may suggest a soft tissue graft, in which synthetic material or tissue taken from another area of your mouth is used to cover exposed tooth roots.

Since each case is different, it is not possible to predict with certainty which grafts will be successful over the long-term.

Treatment results depend on factors such as how far the disease has progressed, how well the patient keeps up with oral care at home, and risk factors such as smoking, which may lower the chances of success.

Ask your dentist or periodontist what the level of success might be in your particular case.

Warning signs such as persistent bad breath, red, swollen or tender gums, sensitive teeth, pain on chewing or receding gums may be attributed to other dental or health concerns and may be overlooked by the patient.

However, the sooner periodontal disease is diagnosed, the higher chances are of stopping its advancement - another good reason to see your dentist regularly.

*Dr. Sylvain Marino, DDS, is with the Enamel Dental Centre in Penticton.*

Website: [www.pentictondentist.com](http://www.pentictondentist.com)

# BC-SPCA looking for good homes for adult cats at shelter

By South Okanagan Plus

Tracey Westmoreland, manager for the South Okanagan Similkameen branch of the BC-SPCA in Penticton said the shelter has about 130 cats and kittens at the shelter.

"We find that during kitten season which lasts all spring and summer everyone who visits the shelter are looking for kittens and the adults cats are essentially ignored during that time. We have probably 50-plus adult cats looking for homes."

Westmoreland said some of those cats have been living at the shelter for more than a year. She noted that in many cases mature cats are easier to be integrated into a family and won't be prone to getting into mischief as most kittens do.

"We're taking calls everyday from people wanting to surrender adult cats but we're barely able to cope with the number of stray adults coming in so we have a very long waiting list," said Westmoreland.

Lorie Chortyk, general manager of community relations for the BC SPCA, said it takes in more than 17,000 homeless cats and kittens each year and summer is the peak season where shelters are filled to capacity.

Chortyk said people who adopt cats from the SPCA are getting exceptional value, even without a special promotion.

"Our average cost to care for a cat during its stay is \$784, which includes vaccinations, spaying or neutering, an identification tattoo, preventative treatment for internal and external parasites, any medical care or rehabilitation required, daily welfare monitoring, sheltering and feeding."

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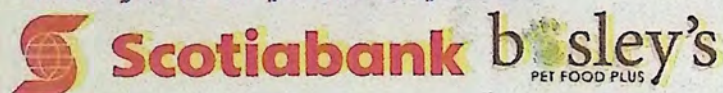
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# Penticton up for a Challenge

By JAMES MILLER  
and JOHN MOORHOUSE  
South Okanagan Plus

From this moment on, should the words Penticton and Ironman be used in the same sentence it will be a Freudian slip.

The City of Penticton officially parted ways with Subaru Ironman Canada following the announcement that they've signed a significant contract with Challenge Family, a distance triathlon organization based in Germany.

It was announced days prior to Ironman Canada that Challenge Penticton will take place Aug. 25, 2013. Challenge Family is a series of 12 long-distance triathlons held world-wide which includes Germany, New Zealand and Spain. This will be the first event of its kind in North America.

"Triathlon is what we do in Penticton and we are a prime destination," said Penticton Mayor Dan Ashton, who also serves as chair of the Regional District of Okanagan Similkameen.

"It's not because we have a one-loop course, gorgeous lakes and a wine route. Triathlon is successful here because of the local people."

The City previously had a contract with operator Graham Fraser which ends after Sunday. The race known as Ironman Canada reverted into the hands of the World Triathlon Corporation which has events that include the legendary Hawaii Ironman World Championships in Kona.

The 30th annual Subaru Ironman Canada race, scheduled for Sunday at 7 a.m., will be the final event in Penticton with the name Ironman attached to it. The race started from modest roots in 1983 with a field of 23 competitors and grew exponentially to the 3,000 athletes that took part in recent years.

Ashton said that while he's always been satisfied with what Ironman Canada delivered, switching to Challenge Family "is a much better opportunity for the citizens of Penticton."

Depending on the study it's estimated that over \$10 million was generated into the local economy on the week of Ironman Canada.

Race director Felix Walchshofer said Challenge Penticton will offer a more affordable entry fee to the athlete (\$675, tax included) plus a more substantial prize board for the professional athletes with a total purse of \$61,500.

He said creative ideas such as a relay where a team of three may enter with a different athlete each doing a leg of the triathlon will be offered with staggered starting times.

There are also planned improvements to the course itself.

Walchshofer, a former distance triathlete, said athletes don't need to fear a completely different look, but it's his goal to make as many improvements as possible.

"We will be doing a lot of detail work on all of the small things from the (participant's) bag to the medals to the finisher shirts. Athletes, this is your event and we want to hear from you."

He's hoping to attract 3,000 individual racers to next year's race in Penticton plus an additional 500 three-person teams. Challenge Family's event in Roth, Germany is now capped every year at 5,600 participants.

Ashton said the week prior to the race will also be known as Triathlon Week with special events throughout the week similar to what was done in the early years of Ironman in Penticton.

Canadian Peter Reid, a two-time champion in Penticton who is now an airline pilot, was introduced as the race's official ambassador. Reid said



South Okanagan Plus

It was announced that the popular Subaru Ironman Canada will be replaced in Penticton next year by Challenge Penticton, part of a series of 12 races based in Germany. From left, Mayor Dan Ashton, retired Ironman champ Peter Reid and race director Felix Walchshofer.

the new company will focus on making the event "all about the athlete" and that he welcomes suggestions on ways an event in Penticton can be improved.

"We want this to be the best event in North America. We have the best course, the greatest volunteers and I'm very excited about what's about to happen in Penticton," said Reid, who staged an epic battle with Thomas Hellriegel in 1996 when both athletes broke the Ironman Canada course record.

Ashton said he and city council were in an exhaustive series of meetings this week with Challenge Family. He did not divulge the terms of the contract only to state that it's a far better deal which involves a true partnership and that it will be for a "significant" number of years.

"It was very stressful at times but we are all on the same page," said Walchshofer of the late-night negotiations.

Tim Chesnutt, race director for the Subaru Epic Dartmouth, was in Penticton for the 30th Subaru Ironman Canada on Aug. 26. His wife, Stacy was among 22 Ironman competitors from Nova Scotia.

The Epic Dartmouth, the first Iron-distance triathlon in Atlantic Canada, made its debut on July 1.

Chesnutt said when he learned of Penticton's decision to become the first North American community to host a Challenge race in 2013, he was impressed.

"It's a brilliant, ballsy, courageous (move) and ultimately, I think, it has the potential to be one of the best things that's happened to long distance triathlons in North America," he said.

Chesnutt noted Ironman is a brand owned by the World Triathlon Corp., which is owned by Providence Equity Partners, a venture capital company. There are now dozens of Ironman and half-Ironman (70.3) races held around the world, including the new Mont Tremblant Ironman in Quebec.

"I think it has been run more by the numbers and less by the heart," he said. "I think what Penticton has managed to retain is the heart."

Chesnutt said the community is what made Ironman Canada so special.

"It's the people here in Penticton, it's the effort, it's the history, it's everything that goes into it from this community," he said. "It's the geography, the course - that's what makes Penticton special."

"Whether it's a Challenge race, an Ironman race, or an ABC race, it will still be one of the pinnacles of long-distance triathlon in North America."

Chesnutt said it makes little difference who owns a race.

"Ironman is like Kleenex. It's just a trade name - it's not what the product is," he said. "It's a tissue and when you blow your nose, it works just as well whichever one you use."

However, brand recognition still remains a huge factor for many competitors. Some even get the

Ironman logo tattooed on their body.

Rory Bass of Kelowna was among several hundred triathletes waiting in line Monday to buy Ironman merchandise at Okanagan Lake Park, after completing his 10th Ironman Canada.

He said although the Ironman brand is not a critical factor for him, it is for others.

"Some people, especially those who have done many or any, I could understand that they want to do an 'Ironman' specifically," he said. "I've got the tattoos, so I know the mentality."

However, Bass said living in Kelowna, the Penticton race is so convenient and accessible. He might enter the inaugural Challenge race next year, but has yet to decide.

Sylvia Mackay, who grew up in Osoyoos and now lives in Edmonton, said she had wanted to enter Ironman Canada for several years and competed in her first last month.

"I'm happy I was able to complete it under the Ironman brand," she said. "But going forward, it's the location. I'm from here, I know the route and all of that. I'd come back regardless after this."

Officials from the World Triathlon Corp., based in Tampa, Florida have been unavailable for comment this week as Hurricane Isaac continues to threaten the Gulf Coast.

The WTC says it plans to announce a new location for Ironman Canada prior to the Ironman World Championship in Hawaii on Oct. 13.

On the net: [www.challenge-penticton.com](http://www.challenge-penticton.com).





Photo submitted

## Grist Mill kids

These young writers and players display certificates and costumes from the week at Similkameen Family Literacy Day Camp at The Keremeos Grist Mill and Gardens. The week included a performance of their version of Little Red Riding Hood.

# Comic maven grades Dark Knight

By MATT GOMEZ

Special to South Okanagan Plus

Batman is a mythic figure that fights out of the shadows. This summer, the Caped Crusader emerged from the darkness to appear on silver screens everywhere with *The Dark Knight Rises*, the hottest movie thus far in 2012.

The film is the third of a trilogy directed by Christopher Nolan and starring Christian Bale as Batman and his alter ego Bruce Wayne. So hallowed is the character of Batman and his place in the comic book universe, every Hollywood rendition of the superhero will be placed under the microscope.

Nolan has achieved massive success with franchise, but how does the new film fare with comic book diehards? Rich Nobert, owner of Castle Comics on Main Street, is the local expert in all

things super. He recently watched the film, and despite its quality, didn't feel totally satisfied.

"As a regular movie, it was great. But as a comic book movie, it was awful," Nobert said. "It was too much like reality to be a good comic book movie."

The Nolan trilogy is a departure from the previous onscreen Batmen. Adam West was the first actor to play the role in the 1960s television series. The popular series was known for being an overblown camp comedy.

"What was good about the old television series was that the show really reflected how the comic books were. They weren't serious or dark like they are now."

In 1989 Tim Burton directed the next live-action Batman film, which starred Michael Keaton and Jack Nicholson. Three more movies followed that featured a dark, art deco aesthetic for the Batman

universe.

"Michael Keaton has been the best onscreen actor so far Batman, but I still think no one's quite nailed it yet."

Nolan's latest trilogy has been the most mature of the Batman films. The themes of the films include corruption, morality and civil unrest.

"It has a superb story," Nobert said of the *Dark Knight Rises*, "But I like sitting down in a movie theatre and forgetting about the rest of the world."

Nobert contended that *The Avengers*, this summer's other superhero blockbuster, is a better superhero movie due to its humor and the escapism it offers.

Comic book rivalries aside, Nobert enjoys the interest that Hollywood generates for comic books.

"Whenever a huge movie like Batman comes out, I get people coming in and talking about it, along with other comic books. It's great for business."

# Pentastic Jazz Festival goes this weekend

Expect a Nordic flavour as the Pentastic Jazz Festival returns for its 16th edition Sept. 7-9 in Penticton.

The event, known as "the best jazz party in the northwest" promises three days of world class jazz to entertain and excite music lovers of all ages.

Dixie Talks, of Sweden, brings a century of jazz, Dixieland and swing to the city with world-renowned trumpet player, Lennart Axelsson.

The group is one of two new performers this year, according to Michael Campbell, president of the

Pentastic Jazz Festival Society.

The second is Aged to Perfection, which consists of a B.C.-based musicians that was formed by Eric Wood, co-director of music for the festival. Wood brought together top musicians from Revelstoke, Vernon, Salmon Arm, the Kootenays, Kelowna and Penticton.

Among the remaining band are, The Terrier Brothers, from New Orleans with leader Tom Hook of Tom Hook and Friends, who has been a regular for many years.

Hook returns to the Peach City with bassist Bobby Durham and drummer Eddie Metz Jr.

"Eddie's about as good as it gets on the drums," said Campbell.

Lance Buller, from Tacoma, has a musical resume dating back to the mid 1970s and he's worked with Little Anthony and Bob Marley.

From Sonoma, Calif., is Gator Beat, which brings the music of southern Louisiana with Cajun, Zydeco, and New Orleans style songs.

Tickets: [www.valleyfirsttix.com](http://www.valleyfirsttix.com)

## RDOS satisfied with salvaging concerns

The Regional District of Okanagan-Similkameen says it's satisfied with measures taken to resolve concerns over metal "salvaging" at the Campbell Mountain landfill.

Questions arose earlier this year, after allegations arose that an employee of landfill operator SSG Holdings had been taking copper from the Penticton landfill's metal recycling area in 2010 and selling it for personal profit.

Although the regional district contacted the RCMP about the complaint earlier this year, no charges have been laid.

In response to recent renewed media coverage of the allegations, the regional district issued a news release this week.

RDOS administrator Bill Newell said it has been determined that this was an isolated incident and did not involve any material stockpiled in the recycling area.

"We thought initially it was a theft. But it turned out that it was one fellow who works for SSG, two years ago picked some material up off the face of the landfill. Instead of putting it on the recycling pile, he put it in his truck," he said in an interview.

"It's just material that would have been landfilled if this character hadn't picked it up."

Newell said when it became aware of the situation in 2011, the RDOS advised the contractor to follow the no-salvaging policy included in the operating contract.

In addition to advising the RCMP, the RDOS conducted its own investigation. Newell said he feels the situation was taken somewhat out of context.

"It was one incident two years ago and there hasn't been any egregious action since then, so this matter is over for us," he said.

The employee involved continues to work for SSG. The company has operated the Campbell Mountain landfill for the past 18 years.

—Staff

## Storm Warning coming

Many Hats Theatre Company is getting ready to draw the curtains open on their upcoming show, *Storm Warning*.

The two-person "dramedy" co-stars Eric Hanston and Shannon French and is directed by Ed Schneider.

The production was written by Canadian playwright Norm Foster. The touching comedy is the story of Jack and Emma, a World War II vet and a jazz arranger who chance upon each other in Ontario cottage country.

The show, the fourth in Many Hats' 2012 season, will debut on the Cannery Stage on September 6. A gala reception follows the performance.

Shows will run every Thursday, Friday and Saturday at 8 p.m. and Sunday at 2 p.m. The show will run until Sept. 29.

Tickets are available now to purchase at the Wine Country Visitor's Centre in Penticton or by calling 250-276-2170.

—Staff



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**John Slater surprised by Falcon's decision**

By JOHN MOORHOUSE  
South Okanagan Plus

Boundary-Similkameen MLA John Slater admits he was caught off-guard by Finance Minister Kevin Falcon's decision to step down from cabinet and not run in the next provincial election.

Still, Slater said he fully intends to seek a second term in office in the May 2013 vote. A B.C. Liberal nomination meeting in his riding will be held this fall.

Although Falcon said he will complete his term as MLA for Surrey-Cloverdale, his resignation as finance minister and deputy premier is seen as a blow to Premier Christy Clark.

Slater declined to comment on the leadership situation, but said he can understand Falcon's desire to spend more time with his family.

Veteran Penticton MLA Bill Barisoff recently announced he will not be seeking re-election next spring, after 16 years in office, including the last seven as House Speaker.

Education Minister George Abbott, who Slater supported in last year's B.C. Liberal leadership race, is expected to soon announce his plans for the future as well.

"The cabinet ministers that are resigning have been in government for a long time. They certainly have contributed to the province and we're all better off for it," Slater said.

"I'm a little concerned with some of the guys that aren't going to be there," Slater said. "We've got until May 14, basically, to get everybody back on board and make sure we have a right-wing government."

Slater said the Liberals have to ensure their economic plan for the province is in place.

"We need to make sure that we keep our fiscal policies moving forward. We don't want to start giving away the province and spending more than we have," he said.

Marji Basso, the NDP candidate in Boundary-Similkameen, said although she has been watching the Liberals' situation with interest, she is concentrating on her own campaign.

"My primary goal is to focus on the communities of the Boundary-Similkameen, discuss concerns and viable alternatives to ensure that rural communities are represented at the provincial level," Basso said.

"I find it intriguing, but it really doesn't change the way that I'm going to continue with my campaign and the way the NDP are going to continue with theirs as well. It's a non-factor."

Both the Liberals and the NDP have yet to choose their candidates in the Penticton riding.

Former Okanagan Skaha school board chair Connie Denesiuk and Summerland businessman Mark Ziebarth are the only two declared Liberal candidates to date. A nomination meeting is tentatively scheduled for late October.

Former Summerland council member David Finnis and well-known naturalist Dick Cannings have indicated their candidacy for the NDP nomination, to be determined on Nov. 18.

**Cops searching for suspect**

OLIVER – Armed with a victim's cell phone photo of the alleged suspect, RCMP are asking for public assistance in their investigation of a sexual incident in Oliver.

A 36-year-old woman told police that she was walking along Church Street at about noon Saturday when she heard someone approaching from behind. As she neared Okanagan Street, a man touched her buttocks and said: "Let's go have sex."

The suspect is described as an Indo-Canadian, in his mid-20s to early 30s, about six feet one inch tall, with a medium build, short clean-cut medium brown hair, and the beginnings of a goatee. He was wearing a white t-shirt, red basketball shorts and flip flop sandals.

If you have any information about this incident or can identify the suspect described, contact the Oliver RCMP at (250) 498-3422.



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# Current Comment

## What If There's A Depression?



**Dawn Johnson**  
editor@thenewsleader.ca

There are numerous financial gurus saying the industrial world is on the verge of another Great Depression, that era of the 1930's, often called the Dirty Thirties. On one program, people who had lived through the Great Depression, people who are really old now, were interviewed about what people could do to survive.

There is nothing like living through something to know what it is like. Experience is the best teacher if you can learn from it. One of the lessons these oldsters had learned was that people who lived in rural areas were better off than people living in cities.

I never lived through a Great Depression. It was over by the time I was born. However, during my years of growing up, my parents and their friends often spoke of how they survived during those years. One thing all of them had in their favour was a strong work ethic. They did whatever job there was available, and did not turn up their noses if the job was not of the status they had done before or did not use the skills they had been trained for. It was work for pay, and they did it and were grateful to have a job.

My father had a bad few years. He had come to Princeton in the good times, working in the mines as a steam engineer. By the time the Depression hit, he was a single parent with three children to raise. Whenever the mines were working, he was working, but there were long periods when the mines shut down. During those periods, my father did any kind of job. He never went on "relief" as welfare work was called because a person doing a relief job and being paid

by the government was denied the right to vote. My father would not give up his voting rights for anything.

The family rented a house on Halliford Avenue. The entire back yard was garden, which was true for nearly every back yard in town. My elder brother told me stories of going out to hunt for deer and grouse to extend the family budget, and there was nothing unusual about that. What was different from today is that they walked. My father could not afford a vehicle. Even many people who had had a vehicle could not afford the gas or repairs, so they walked, too. When the Copper Mountain mine opened up and my father got a job in the Allenby power plant in 1937, he walked from Princeton to Allenby and back for every shift, regardless of weather.

My father and brother walked for miles hoping to bag a deer or a few grouse. People in those days would have been delighted to have the deer walking right into town!

My mother lived in the city, attending secretarial school, and graduated just in time to learn there were no jobs for people with her skills. To support herself, she went to work as a part time kitchen helper/servant for a rich family. The woman she worked for did not allow any leftover food to be served in her house. This proved to be a boon for my mother and her sister, with whom she lived. My mother would take the leftovers home with her to supplement the family food supply. Her sister had a huge garden and two apple trees, raspberry bushes, and about a dozen chickens. My aunt went fishing in the Fraser River, so they had salmon, so they managed, even though my aunt had two children and no husband.

My mother became very ill and my aunt remarried, so my mother moved back to Princeton to live with her father. Her father had a farm, and they lived well on what they produced.

When my parents married, conditions in my father's house improved considerably, as my grandfather brought chickens, eggs, milk, cream and butter. During the good months, everybody pitched in on the farm and

reaped the benefits of the big garden and the potato field. The produce was stored in two big root cellars on the farm, and during the winter my grandfather would bring potatoes, turnips, cabbages, carrots, squash and onions. In the summer, my mother canned everything that would not keep, such as corn, tomatoes, beans and peas.

My family considered themselves fortunate.

Often, my grandfather had a hired hand working for him. He did not pay much in wages, but he did provide room and board, and many additional men who stopped by to see if there was a job received a meal and a hayloft to sleep in, and a chance to take a bath and wash their clothes. Many country people offered little more than that to the many men walking through the rural areas seeking any kind of work. Although they might not find a job, they were grateful for the chance to have a meal or two and a safe place to sleep under a roof.

Today, things would be much different. We rely on gas and electricity to heat our homes and cook our food. We rely on a grocery store to provide our food. On the farm, and in town, most people had coal and wood stoves, and wood around here is free if you are willing to go out in the woods and pick it up. I heard stories of people who could not afford coal, and walked along the railroad track with a sack to gather lumps of coal that spilled over the coal cars. I heard stories of people walking to known exposed coal seams to dig out the coal and carry it home in a sack.

What would people do today, especially if they lived in a city? What happens when a family cannot afford to pay for heat and electricity, or for water and sewer services? What happens when there is no money for food and rent?

We take a lot for granted in our way of life, but most of us live on the edge, with nothing to fall back on. Worse still, millions of us are in debt. Few of our younger folk have the skills to make a garden, go hunting, fishing, or can food when it is plentiful and cheap. In my own neighbourhood, I see apple trees loaded with apples that will probably go to waste. Perhaps it is time for younger folk to listen to some of the older people and learn some of the skills?

# Similkameen News Leader

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brenda@thenewsleader.ca

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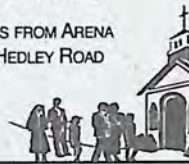
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AND NOW...A LITTLE GOOD NEWS!

"And if by grace, then it cannot be based on works; if it were, grace would no longer be grace." - Romans 11:6



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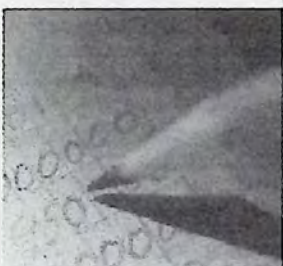
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**Lower Valley News**  
 Keremeos - Cawston - Olalla



Attention in the Lower Similkameen shifts this month to all things hot and spicy with Similkameen Sizzle coming up September 15th. The peppers in the field at Harkers Organics are ready to set the weekend on fire! \*

**Group tackles farm worker issues**

Penticton & Area Women's Centre (PAWC) has embarked on a new project in hope to help farmers, communities and seasonal workers get together and work on resolving on-going problems linked to seasonal farm work.

For those unfamiliar with PAWC work, they are a non-profit Society committed to achieving social and cultural equality in the South Okanagan Similkameen through the alleviation of poverty, violence and discrimination. PAWC assists both women and men through client and community based programs making sure that everyone has access to resources they need. These include Poverty Law and Disability Advocacy, support and referral services as well as education and raising public awareness on many issues that affect us all.

One of those burning issues is a discord around seasonal farm work. We read many articles in regional newspapers each year related to transient farm workers. It proves that communities are well .....

..... continued on Page 7



Penticton Ironman volunteers line Highway 3 at Harkers Organics ready to provide whatever a race contestant may require. They went through water, fruit, protein bars/gels and the athletes thanked them for being there. \*





A Sear Factor contestant works his way through the hot pepper eating contest. Sear Factor starts at 5:00 PM Saturday, September 15th in Keremeos Memorial Park. Cash prizes go to the top three finishers. \*

## Wood hosts Olalla meeting

A town hall meeting is scheduled for residents in Olalla on Saturday, September 8th at 11:00 AM under the 20' x 20' tent located at 1518 Highway 3A (Next door to Zack's New and Used Store).

The purpose of this meeting is to share information so that residents can work toward solving problems that the community faces.

- Information on the Boil Water Advisory for Olalla will be available.

able. Your questions will be answered by the technical experts at the RDOS.

- Nominations for the Olalla Water Board will be accepted. Your participation in decision making for your community is vital.

- Information on what the RDOS does and does not "do" respecting roads. Get the dirt on our roads.

- Information on the recent RDOS fire ban. The ban was intended to

protect public safety.

- Presentations by interested community groups. Information to share? Now is the time to do it.

If you represent a community group and would like an opportunity to speak at this gathering, you are asked to contact Angelique Wood, RDOS Director, Area G at 250.292.8082 before 12 Noon on Friday, September 7th in order that you may be placed on the agenda.

## Group tackles farm worker issues

..... continued from Page 6 aware of the problems and a need for a more structured and permanent solution which would work for all. From all the work and research previously done, we found a strong inter-dependency between communities, farmers and seasonal workers.

The Project FROM DISCORD TO ACTION is aimed to facilitating a one-day Action Planning Forum where the communities, farmers and seasonal workers come together and create a feasible plan that will have a positive economic impact on farmers as well as bring a positive change to each community in the

area. PAWC has added Lilly Zekanovic as the Project Co-ordinator and all the questions and suggestions related to seasonal farm work issues should be addressed to her. The first stage of the Project is a Survey among the farmers, seasonal workers and various community members throughout South Okanagan Similkameen in preparation of Action Planning Forum which will be held in late November.

The project From Discord To Action has been funded in part by Vancouver Foundation and BC Gaming and our many community partners.

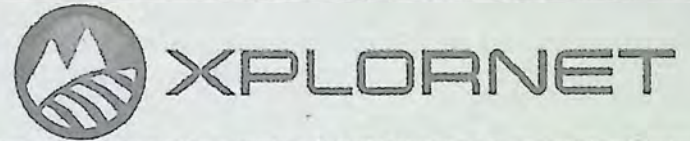
For more information or to become a partner in this project, contact Lilly Zekanovic, Project Coordinator 'From Discord To Action' Penticton & Area Women's Centre. Telephone: 250.493.6822 ext. 106 or toll free: 1-800-493-6822 or you can contact her via e-mail at: farm-work.pawc@gmail.com. - submitted

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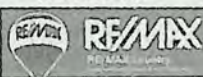


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### PUBLIC NOTICE

In accordance with Section 24 of the *Community Charter*, the Town of Princeton gives public notice that it intends to provide a guarantee to the Princeton Racing Days Association. This guarantee is for the pari-mutuel horse racing betting being held on Saturday, September 8, 2012 at the Princeton Exhibition Grounds being conducted by the Princeton Racing Days Association. The guarantee is in the amount of \$20,000.



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# Health/Lifestyle News

## Track Your Steps To Better Health

(NC)—Walking is one of the most affordable and convenient exercises to maintain a healthy lifestyle. Walking has been proven to lower blood pressure, reduce the risk or manage type 2 diabetes, manage weight, reduce bad cholesterol levels, and reduce the risk of heart disease or heart attack. For senior citizens, it's also a safe way to stay healthy.

If all of that weren't enough reason

to lace up your walking shoes, setting goals and creating a sense of achievement is a great way to motivate yourself to exercise more.

Adding steps to your day comes down to a change in your behavior and being aware of your actions, explains Dr. Shannon Bredin, a behavior specialist and assistant professor in the University of British Columbia's School of Kinesiology.

According to Dr. Bredin, tracking is

an effective form of self-monitoring that can help motivate a person. Tracking can measure and help regulate your behavior. But it isn't easy to accurately quantify your physical activity.

Great little tools are also available to help track your activity. For example, there's a new and affordable device from a Canadian company that's a digital pedometer, and much more. Take a look at [www.tractivity-online.com](http://www.tractivity-online.com) to see how it works. Tractivity is lightweight and easy to use. A digital sensor conveniently attaches to your shoe or inside special insoles and records your steps. The Tractivity software securely stores your activity information, including your goals and walking history. It illustrates your progress by showing a record of your steps, distance travelled, time active, and the calories burned in a fun and motivational manner. It also presents you with virtual awards as you reach milestones.

Tracking how many steps you take each day may surprise you. This includes your walk from the bus to work, the walk to the corner store, taking the stairs, gardening, and even a few trips to the office water cooler. Be aware however, that many people don't have a good understanding of whether or not they get enough physical activity every day.

A common mistake, experts say, is using the scale to measure the progress of a fitness regime. Dr. Bredin advises that you would get more accurate information by measuring your level of physical activity — like the steps you take in a day — than you would from a number on the scale.

Tracking your activity is like signing a contract with yourself, she explains.

It objectively measures your exercise and increases your understanding and perception of what you are doing.

"Tracking is one tool that allows you to be accountable to your goal."

Dr. Bredin says it's also critical to set the right goals and measure the right outcomes.

"You don't want your goals to be too easy so that there is no satisfaction in fulfilling them, but you also can't make them so difficult that they frustrate you. The secret to setting goals is to strike a balance between achievability and creating a real challenge for yourself." - www.newscanada.com

## Living Past 100

### Enjoy Summer's Sweet Spice

Among the many good foods North America has given to the world is the plant family known as the capsicum plants, which we call peppers. Christopher Columbus wrote about the hot, spicy variety in describing what the new world people ate. He described how they added a 'sharp' taste to fish and bird dishes and added a hot spice to meat to help them stay warm in winter.

The bite or sizzle of pepper comes from a substance called capsaicin. People who love to eat hot peppers are enjoying a rare pleasure: when capsaicin hits the tongue, it triggers the brain to release a lot of endorphins, natural painkillers that promote a sense of well-being. You might say chili pepper lovers are addicted to the substance because it makes them feel good with no side effects and no hangover. For a really great feeling, try a few ounces of chocolate spiced with chili peppers!

Cayenne pepper is an old remedy for rheumatoid arthritis. Initially, the pain of the condition will increase briefly after taking the pepper, but it will decrease a lot a little later. Substances in the cayenne block pain signals to the brain. Homeopathic physicians recommend taking two capsules of cayenne three to four times a day with milk or apple juice.

Cayenne and other hot peppers help balance blood sugar. Three capsules a day will bring down blood sugar. If you have low blood sugar, stay away from peppers.

One of the foods popular in Mexico is chili con carne. Mexicans tend to have healthy circulation, and part of the reason is the chili pepper. If you want a quicker more measured use of pepper to reduce cholesterol, take a couple of capsules of cayenne with any greasy foods.

Cayenne pepper powder is a good home remedy to stop bleeding. There is a stranger fact about hot peppers: while they will make a wound stop bleeding through clotting, when you eat them, they prevent blood clots in the circulatory system.

You have heard of the benefits of chicken soup for colds and flu. What you may not know is that the best chicken soup for curing colds and flu contain garlic and cayenne. To really make it work well, take a Vitamin C tablet with the soup, because cayenne boosts the healing power of Vitamin C.

Hot peppers stimulate your body to give you more energy. If you are feeling really drowsy when you should not be drowsy, take a cup of coffee, no cream, and sprinkle liberally with chili pepper. You will be wide awake in a few minutes after drinking a cup of this eye-opener! In fact, many of the expensive energy drinks contain cayenne or paprika. You can make your own drink for a lot less and get the energy you need.

This is the season for peppers, and you can get some real bargains at fruit and vegetable stands. Peppers freeze well. Just chop them into bite-size pieces, lay them on a cookie sheet, put them in the freezer, and when they are frozen, put them in a plastic bag, seal the bag, and put it back in the freezer. Dip into the bag when you want a little more heat in a stew or soup!

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# Entertainment

Similkameen News Leader TV Guide Listings - September 4 - 10, 2012

## Swim season comes to an end



by Sharon Anderson

**Princeton Kokanee Swim Club**

Provincials mark the end of the 2012 summer swim season. It takes a community—sponsors, pool staff, coaches, executive, fellow competitive swimmers and parents to assist our swimmers all season allowing them to qualify and attend Provincials. Thank you to all who contributed.

Seven Princeton swimmers competed in Nanaimo at the 2012 Provincials August 17 through 19th.

Norman Anderson was a member of the Boys Division 3 regional medley relay team swimming the fly portion of the race along with other gold placing Division 3 male

swimmers in the region for back, breast, and freestyle strokes. Their Okanagan team placed 5th overall with a time of 2:38.18. Norman also placed 12th in the province for boys division 3 50 metre fly with a time of 38.77.

Aidan Neilson had an incredible weekend swimming a hat trick of Boys Division 3 events. Aidan placed 17th in 100 IM with a time of 1:29.50; 20th in 50 back with a new personal best time of 41.04; and 22nd in 50 breast with a time of 49.78.

Owen Bartlett, attending provincials in his first year of competitive swimming, placed 21st in Boys Division 6 50 fly with a time of 38:55 dropping almost three sec-

onds from his previous best time.

The Princeton division 2 girls relay team swam incredibly well in both their relays. Abbey Fulton, Addy and Gilly van Genne and Kiaira Anderson placed 11th in the medley relay dropping 12 seconds from their regional qualifying time. The girls also placed 12th in the freestyle relay dropping 17 seconds from their regional qualifying time.

The Kokanee team banquet was also held recently to wind up the Princeton season.

Seven turtles won gold for their participation in the year: Katie Coyne, Olivia Hollaway, Nicholas Lankenin, Ella Matchim, Conrad Sill and Corben van Genne.

Top Turtle winners were Sage Sill

and Marcus Fulton.

Top junior female was Kiaira Anderson with 112 points.

Top junior males were Evan Bosley (8 points) and Skylar McKinnon (10 points).

Top senior male was Norman Anderson with 165 points.

Top senior female was Ainsley Neilson with 33 points.

Most sportsmanlike Kokanee was Gillian van Genne.

Hardest worker went to Katie Bartlett.

Most improved was earned by Abbegeael Fulton.

Most Memorable Moment went to Aidan Neilson and Nicholas Cimbaro for "Crash of the Titans."

The Kokanee executive would like

to thank coaches Lindsay and Pete van Genne and Alyssa Larsen for their hard work this season. Executive also congratulate all Kokanee swimmers for a great season and phenomenal progress. Finally, thank you to our supporters who make it possible for our kids to continue swimming and the club to exist. Grant funders: Province of BC, Ron and Sharon Stevenson, and Town of Princeton. Sponsors: Coopers' Foods, Everything Pets, Home Hardware, Lordco Auto Parts, Mind Body and Spirit Wellness, Princeton Flower Stop, The Source, Similkameen Spotlight, Thomasina's, and Weyerhaeuser.

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# Tuesday Movies

**EVENING**

9:00 pm WTBS ch.3 "Larry the Cable Guy: Health Inspector" (2006, Comedy) Larry the Cable Guy. An uncouth health inspector and his new partner probe an outbreak of food poisonings in

the city's ritziest restaurants. 11:00 pm WTBS ch.3 "Larry the Cable Guy: Health Inspector" (2006, Comedy) Larry the Cable Guy. An uncouth health inspector and his new partner probe an outbreak of food poisonings in the city's ritziest restaurants.

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# News Leader Horoscopes

September 5 - 12, 2012

**ARIES** - This should be a good week for your health as long as you work hard on your job and learn what you must learn. There may be stress due to finances, particularly if you are negotiating with somebody over joint resources. Siblings, neighbours, will be helpful to you if you ask.

**TAURUS** - You may have to deal with some opposition for a few weeks, but try to understand the issue is more about the other person's ego. Young people, recreation and creative activities will give you a chance to enjoy life. Evaluate what you earn, what you own, and what you owe. Try to make the best financial decisions for security. Spend only as needed, increase cash flow.

**GEMINI** - You may learn some surprising news about a family member this week. Stress may increase on the job, or you may have health issues. Maintain a positive outlook as the situation is temporary. Financial situation is changing gradually. Make sure you are getting a fair share.

**CANCER** - News from a sibling or people in your immediate environment may surprise you. Watch how you spend your money now - you may regret what you buy, especially if you buy on impulse. Your taste runs to cheap and gaudy now, so restrain spending unless necessary.

**LEO** - Review your finances in detail and relate it to your career. You are in a position in which you can plan for change, but in the near future you may be forced to make changes in a hurry. Problems at home must be dealt with. Watch for fire and safety hazards, make needed repairs.

**VIRGO** - Your career is going smoothly but you may have some learning challenges. Long distance travel is not going to work well at this time. Your energy level is good, but a sibling or neighbour may be a source of problems. This is a good time to speak your mind, but gently.

**LIBRA** - You have a lot going on under the surface. You could use some time alone to focus on things that worry you to find a solution. Financial difficulties require action, not worry. Do what needs to be done. Group you associate with can be both helpful and generous. Consult them.

**SCORPIO** - Your energy level is high and so is your ego. Speak to others you associate with in a nice way, keep your ego under control. This year others share good fortune with you and give you many gifts. Be totally grateful. Unexpected things happen on the job, not necessarily bad.

**SAGITTARIUS** - Your focus must be on your career and on communicating what is going to advance you the most. If you have worries, identify solutions to problems. Action speaks louder than worry. Check your health, you make have a problem in the making. Unstress through travel.

**CAPRICORN** - This is a good time to study and learn, but it is also a good time to travel and learn. Communicating with people at a distance is a good way to travel without leaving home. Others share good times and good fortune with you now. Home life is full of surprises. Steady!

**AQUARIUS** - You may have problems with people in authority and/or in your career. It is all a matter of action and ego. Keep a low profile. Creative activities bring much pleasure now. Review financial picture in detail, make decisions based on facts, especially this weekend.

**PISCES** - This is a good time to listen to partner and friends, or people you consult. You can learn from what they have to say. Creative work, or working creatively, can bring joy now. Home life can be full of enjoyment, but you may be tempted to spend too much on your home. Relax!

**TUESDAY, SEPTEMBER 4, 2012**

	WTBS ch.3	CHBC ch.4	KNOW ch.5	KSPS ch.6	KHQ ch.7	KREM ch.8	A&E ch.9	KXLY ch.10	BCTV ch.11	CITY ch.12	CBC ch.13	YTV ch.18	TSN ch.19	VTV ch.22	DISC ch.24	FAM ch.26	CITY ch.29	SPIKE ch.44	TROP ch.45
6 AM	Excused	Morning News (N)	Poppets	Thomas	KHQ News 6AM (N)	KREM 2 Morning News	Criminal Minds	News	Morning News (N)	(5:00) Morning News	CBC News Now	Kid vs. Kat Super Evil	SportsCentre	CTV Morning Live (N)	Junk Raiders	Henry	CityLine (N)	CSI: NY "Outside Man"	Canadian Pickers
7 AM	Cosby		Martha	Arthur	Today Author Jamie Lee Curtis: college majors. (N)	CBS This Morning (N)	Criminal Minds Culti.	Good Morning America (N)			Turbo	Sidekick	SportsCentre		Natural Born Dealers	Shake It	Let's Make a Deal	CSI: NY "Rain"	Earth: Final Conflict
8 AM	Judge Alex		Dive, Olly	Curious			CSI: Miami			100 Huntley Street	Bo On/Go	Pokemon	2012 U.S. Open Tennis: Men's		Auction	Jessie	The Price Is Right (N)	CSI: Crime Scene	Canadian Pickers
9 AM	FamFeud	100 Huntley Street	Dinosaur	Super Why!		The 700 Club	CSI: Miami	Live! With Kelly (N)	100 Huntley Street	Inventors	Super Why!	Almost	Round of 16 and Women's Quarterfinals. From the USTA National Tennis Center in Flushing, N.Y. (N) (Live)	Live! With Kelly (N)	Cash Cab	Mickey	Access Hollywood Live	CSI: Crime Scene	Canadian Pickers
10 AM	Millionaire	Inventors	Noodle	Sesame Street (EI)		The Price Is Right (N)	Criminal Minds	The View	Inventors	Bride	Poko	Sidekick		The View	Canada's Worst Driver	Mickey	The Chew	CSI: Crime Scene	Law & Order "Discord"
11 AM	Law Order: CI	Bride	Joe-Jack	Tiger	The Doctors	Young & Restless	Criminal Minds	Paid Prog.	Bride	Noon News Hour	Animal	Kid vs. Kat		Marilyn Denis	Dangerous Flights	Phineas	Afternoon America	Bar Rescue "Bar Fight"	Friends
12 PM	Law Order: CI	Noon News Hour (N)	Arthur	Charlie Rose (N)	Paid Prog.	News	Criminal Minds	The Chew	Noon News Hour (N)	Days of our Lives (N)	CBC News Now (N)	Squirrel		CTV News (N)	Pyros (DVS)	Wizards	General Hospital (N)	Bar Rescue	3rd Rock
1 PM	Amer. Dad	Days of our Lives (N)	Poppets	Paint	Days of our Lives (N)	The Talk	Criminal Minds	Afternoon America	Days of our Lives (N)	The Talk	Dragons' Den	Mr. Young		The Dr. Oz Show	Auction	Sonny	CityLine	Bar Rescue	Married
2 PM	King	The Talk	Mag Fero	Barney	Judge B.	Let's Make a Deal	Criminal Minds	General Hospital (N)	The Talk	The Doctors	Steven and Chris	Almost		Anderson	Auction	So Raven	CityNews at 5 (N)	Bar Rescue "Chumps"	Law & Order "Discord"
3 PM	The Office	The Doctors	Dinosaur	Sid	Ellen DeGeneres Show	Dr. Phil	Criminal Minds	Rachael Ray	The Doctors	Young & Restless	Recipes	Squirrel		Dr. Phil	Cash Cab	Wizards	CityNews at 6 (N)	Bar Rescue	Canadian Pickers
4 PM	Big Bang	Young & Restless	Clifford	Wild Kratts	Jdg Judy	The Dr. Oz Show	(4:05) Coma Healthy patients slip into comas.	The Nate Berkus Show	Young & Restless	Early News	Mercer	Penguins	2012 U.S. Open Tennis: Men's	Ellen DeGeneres Show	Daily Planet (N)	Phineas	Hell's Kitchen (N)	Bar Rescue	Canadian Pickers
5 PM	Browns	News (N)	Dive, Olly	Democratic National Convention (N) (Live)	News	News		ABC News	Global Nat.	(4:59) News Hour	News	Penguins	Round of 16 and Women's Quarterfinals. (N) (Live)	CTV News at Five (N)	How/Made	Wingin' It	America's Got Talent Twelve acts perform. (N)	Bar Rescue	Friends
6 PM	Browns	Global Nat.	Parks		News	KREM 2 News at 6 (N)	Coma Healthy patients slip into comas. (N)	News	(5:59) News Hour (N)	ET Canada	News	ICarly "IQ"		CTV News (N)	Yukon Men (N)	ANT Farm		Bar Rescue	3rd Rock
7 PM	Seinfeld	Ent	Hope for Wildlife		Democratic Convention	Democratic Convention		Democratic Convention	Ent	In Plain Sight	Wheel	Mr. Young		etalk	Highway Thru Hell	Jessie	Murdoch Mysteries	Bar Rescue	Married
8 PM	Family Guy	NCIS (DVS)	Edge of the Universe	History Detectives	America's Got Talent Twelve acts perform.	NCIS (DVS)	(7:57) Coma Healthy patients slip into comas.	To Be Announced	NCIS (DVS)	NCIS (DVS)	Mercer	Wipeout	SportsCentre (N)	Cleveland	How/Made	Jessie	CityNews-Tonight (N)	Bar Rescue	Debt/Part
9 PM	Movie: "Larry the Cable Guy: Health Inspector"	NCIS: Los Angeles	Lady Kul et Arab (N)	Will Rogers-Politics		NCIS: Los Angeles		The Middle	NCIS: Los Angeles	NCIS: Los Angeles	Winnipeg Comedy	Funniest Home Videos	E:60	MasterChef (N)	Yukon Men	Wingin' It	Cold Case	Bar Rescue	Friends
10 PM		In Plain Sight	Capturing a Short Life	Moyers & Company	Jeopardy!	To Be Announced	(9:40) Coma (Part 2 of 2)	Happy	In Plain Sight	News Hour Final (N)	National	Weird	SportsCentre (N)	Criminal Minds	Highway Thru Hell	Lizzie	The Nate Berkus Show	Bar Rescue	3rd Rock
11 PM	"Larry the Cable Guy"	CHBC News Final (N)	Hope for Wildlife	Charlie Rose (N)	News	News		News	News Hour Final (N)	Ent	Stroumbouloupolous	Mr. Young	SportsCentre	CTV News	Daily Planet	Cory	Paid Prog.	Bar Rescue "Chumps"	Married



# News Leader Recipe 518

## Tex-Mex Potato Coins

(NC)—Crunchy on the outside, tender inside, this snack has just a hint of the Tex-Mex spice that kids love. For added pizzazz, serve with tomato salsa, green onions, sour cream, even chili! A fun way to eat red or white potatoes.

- 1 1/2 lb. (750 g) Ontario white or red potatoes, unpeeled
- 2 tbsp (30 mL) olive or vegetable oil
- 2 tbsp (30 mL) Tex-Mex spice\*
- 1/2 cup (125 mL) sour cream
- 1/2 cup (125 mL) tomato salsa
- 1/4 cup (50 mL) chopped green onion (optional)
- 1 cup (250 mL) canned chili, heated (optional)

Available in supermarket spices section.

Preheat oven to 450 F (230 C). Line two baking sheets with parchment paper.

Cut potatoes into 1/4-inch (0.5 cm) thick rounds. For young kids, a parent should slice the potatoes. Either place slices in heavy plastic bag with oil and Tex-Mex spice, close bag and shake well to coat potato slices with spices, or mix potato slices in large bowl with oil and spice.

Spread potato slices on lined baking sheet. Bake in oven about 35 to 40 minutes or until slices are crisp-edged and browned. Turn baking sheet around if some coins begin to burn before others have browned. Transfer to serving platter.

Serve immediately with sour cream, salsa, green onion and chili, if using.

Makes one Tex-Mex Potato Coins snack platter (4 to 6 servings).

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## Wednesday Movies

### AFTERNOON

5:00 pm CITY ch.29 "Addicted to Love" (1997, Romance-Comedy) Meg Ryan. A man and a woman meet by chance, then collaborate to spy on their exes, who are live-in lovers. (CC)

9:00 pm WTBS ch.3 "Meet the Fockers" (2004, Comedy) Robert De Niro. A man fears the worst when he accompanies his fiancée's uptight father and mother to meet his free-spirited mom and dad.

11:00 pm WTBS ch.3 "Match Point" (2005, Drama) Scarlett Johansson. A one-time tennis professional becomes obsessed with his brother-in-law's seductive fiancée.

### EVENING

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Prince Town  
1826 - 1926

W. George Elliott

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### WEDNESDAY, SEPTEMBER 5, 2012

	WTBS ch.3	CHBC ch.4	KNOW ch.5	KSPS ch.6	KHQ ch.7	KREM ch.8	A&E ch.9	KXLY ch.10	BCTV ch.11	CITV ch.12	CBC ch.13	YTV ch.18	TSN ch.19	VTV ch.22	DISC ch.24	FAM ch.26	CITY ch.29	SPIKE ch.44	TROP ch.45
6 AM	Excused	Morning News (N) 30	Poppets	Bob Build	KHQ News 6AM (N)	KREM 2 Morning News	Criminal Minds (N) 30	News	Morning News (N) 30	(5:00) Morning News	CBC News Now 30	Kid vs. Kat Super Evil	SportsCentre 30	CTV Morning Live (N) 30	Mighty Ships "Faust"	Henry Phineas	CityLine (N) 30	CSI: NY (N) 30	Weird or What?
7 AM	Cosby	Cosby	Martha	Arthur	Today Singer Demi Lovato; \$10 dinners. (N) 30	CBS This Morning (N) 30	Criminal Minds (N) 30	Good Morning America (N) 30			Turbo	Sidekick	SportsCentre 30		Junk Raiders 30	Shake It ANT Farm	Let's Make a Deal 30	CSI: NY "Officer Blue" 30	Earth: Final Conflict (N) 30
8 AM	Judge Alex	Judge Alex	Dive, Oily	Curious	Magie Bus	Cat In the Hat	CSI: Miami (N) 30		100 Huntley Street 30		Bo On/Go	Pokemon Super Evil	SportsCentre 30		Mighty Ships 30	Jessie 30	The Price Is Right 30	CSI: Crime Scene 30	Weird or What?
9 AM	FamFeud	100 Huntley Street 30	Dinosaur	Super Why!	Sid	Dinosaur	CSI: Miami (N) 30	Livel With Kelly (N) 30	100 Huntley Street 30	Inventors	Super Why!	Almost	2012 U.S. Open Tennis: Men's and Women's Quarterfinals. From the USTA National Tennis Center in Flushing, N.Y. (N) (Live) 30	Livel With Kelly (N) 30	Cash Cab	Mickey Never Land	Access Hollywood Live	CSI: Crime Scene 30	Weird or What?
10 AM	Millionaire	Inventors	Noodle	Sesame Street (EI)		The Price Is Right 30	Criminal Minds (N) 30	The View (N) 30	Inventors	Bride	Poko 30	Sidekick	Men's and Women's Quarterfinals. From the USTA National Tennis Center in Flushing, N.Y. (N) (Live) 30	The View (N) 30	Break-ing Point "House"	Mickey Manny	The Chew (N) 30	CSI: Crime Scene 30	Law & Order "Profile" 30
11 AM	Law Order: CI	Bride	Joe- Jack	Tiger	The Doctors (N) 30	Young & Restless	Criminal Minds (N) 30	Paid Prog.	Bride	Noon News Hour	Animal	Kid vs. Kat	Marilyn Denis	Pyros (DVS)	Phineas Suite/Deck	Afternoon America	Auction	Friends (N) 30	
12 PM	Law Order: CI	Noon News Hour (N)	Arthur (N)	Charlie Rose (N) 30	Paid Prog.	News	The First 48 30	The Chew (N) 30	Noon News Hour (N)	Days of our Lives (N)	CBC News Now (N) 30	Squirrel	CTV News (N) 30	Dangerous Flights	Wizards Hannah	General Hospital (N) 30	Auction	'70s Show	
1 PM	Amer. Dad	Days of our Lives (N)	Poppets	Oil Painting	Days of our Lives (N)	The Talk (N) 30	The First 48 30	Afternoon America	Days of our Lives (N)	The Talk (N) 30	Dragons' Den (N) 30	Mr. Young	The Dr. Oz Show 30	Highway Thru Hell 30	Sonny Random	CityLine 30	Auction	Friends (N) 30	
2 PM	King	The Talk (N) 30	Mag Fero	Barney	Wiggles	Let's Make a Deal 30	The First 48 30	General Hospital (N) 30	The Talk (N) 30	The Doctors (N) 30	Steven and Chris 30	Almost	Anderson (N) 30	Bering Sea Gold 30	So Raven Suite/Deck	CityNews at 5 (N) 30	Auction	Law & Order "Profile" 30	
3 PM	The Office	The Doctors (N) 30	Dinosaur	Sid	Ellen DeGeneres Show	Dr. Phil (N) 30	Storage	Rachael Ray (N) 30	The Doctors (N) 30	Young & Restless	Recipes	Squirrel	Dr. Phil (N) 30	Cash Cab	Wizards ANT Farm	CityNews at 5 (N) 30	Auction	Weird or What?	
4 PM	Big Bang	Young & Restless	Clifford	Wild Kratts	Jdg Judy	The Dr. Oz Show 30	Storage	The Nate Berkus Show	Young & Restless	Early News	Mercer	SpongeBob	Ellen DeGeneres Show	Daily Planet (N) 30	Phineas	How I Met	Auction	Weird or What?	
5 PM	Browns	News (N) 30	Dive, Oily	Democratic National Convention (N) (Live) 30	NFL Football: Dallas Cowboys at New York Giants. (N) (Live) 30	CBS News	Storage	ABC News	Global Nat.	(4:59) News Hour	News	SpongeBob	CTV News at Five (N)	Close Calls (N)	Wingin' It	Movie: "Addicted to Love" (1997) 30	Auction	Friends (N) 30	
6 PM	Browns	Global Nat.	Parks	Wild Kratts	KREM 2 News at 6 (N)	Storage	News	News	(5:59) News Hour (N)	ET Canada	News	ICarly 30	CTV News (N) (N) 30	Collision Course (N)	ANT Farm	Wizards	Auction	'70s Show	
7 PM	Seinfeld (N) 30	Ent	Frontiers of		Democratic Convention	Hoggers	Democratic Convention	Ent	Psych (DVS)	Wheel	Mr. Young	Jeopardy!	etalk 30	Myth-Busters (N) 30	Jessie 30	Murdoch Mysteries (N) 30	Auction	Friends (N) 30	
8 PM	Family Guy	Big Brother (N) (N) 30	National Geographic	Nature (DVS)	KHQ Local News (N)	Big Brother (N) (N) 30	Hoggers	To Be Announced	Big Brother (N) (N) 30	Big Brother (N) (N) 30	Dragons' Den (N) 30	Wipeout (N) 30	So You Think You Can Dance (N Same-day Tape)	Highway Thru Hell 30	Jessie 30	CityNews-Tonight (N)	Auction	Deb/Part	
9 PM	Movie: "Meet the Fockers" (2004)	Glee "Goodbye" 30	Broadway: Musical	NOVA (DVS)	Millionaire	Criminal Minds "Hit" (N) 30	Storage	The Middle	Glee "Goodbye" 30	Glee "Goodbye" 30	Doc Zone (DVS)	Funnest Home Videos	Yearbook	Close Calls	Wingin' It	Cold Case (N) 30	Auction	Friends (N) 30	
10 PM	Psych (DVS)	Beethoven's Hair	Inside Nature's Giants	Jeopardy!	Wheel	To Be Announced	Storage	Mod Fam	Psych (DVS)	News Hour Final (N)	National	Weird	The Listener (DVS)	Collision Course	Lizzie	The Nate Berkus Show	Auction	'70s Show	
11 PM	Movie: "Match Point"	CHBC News Final (N)	Frontiers of	Charlie Rose (N) 30	News	News	Hoggers	News	News Hour Final (N)	Ent	Stroumbouloupoulos	Mr. Young	CTV News	Daily Planet 30	Cory	Paid Prog.	Entourage	Friends (N) 30	



# Around The Similkameen



The Lower Similkameen Valley served as the backdrop for a large part of the bike portion of the 30th annual Penticton Ironman August 26th. Volunteers at the bike aid station at Harkers Organics in Cawston were briefed on procedures prior to setting up their aid station. \*



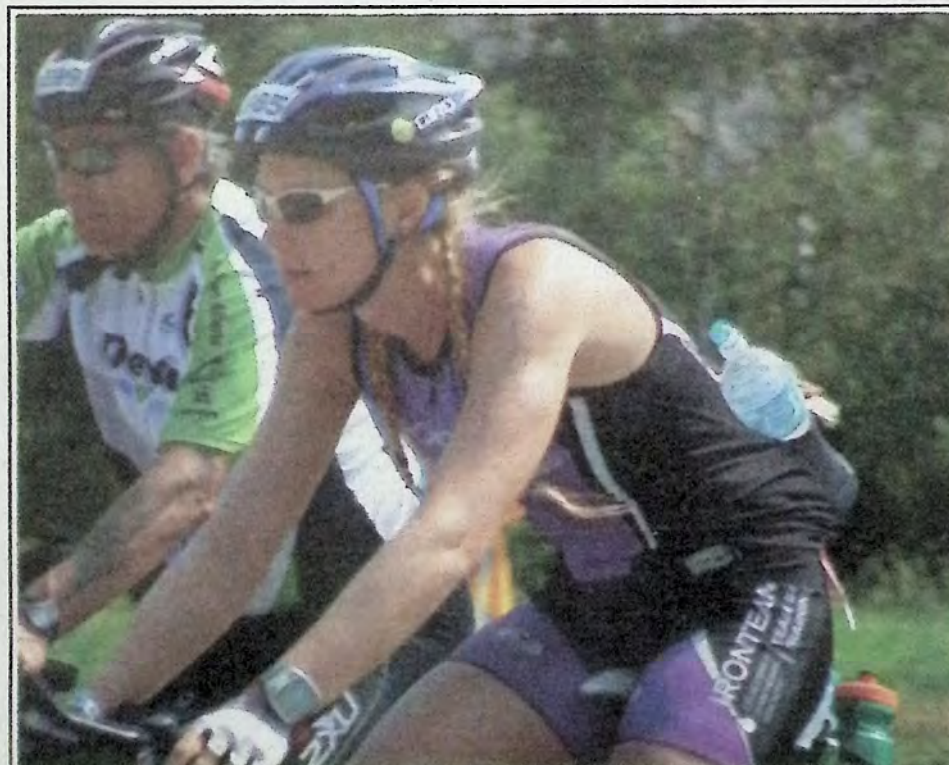
Bike aid station volunteers practice their cheer prior to the arrival of the first cyclists on the course. The Harkers station was at about the halfway point of the bike course. \*



Harkers bike aid station volunteer Olivia Lawrence completes a successful hand off of half a banana to a passing Penticton Ironman cyclist. She did this for a number of hours. \*



About 30-minutes after the lead cyclists passed through the Harkers bike aid station smaller groups arrived. A total of 3,000 racers signed up for the final Penticton Ironman race. \*



Many cyclists thanked the volunteers as they passed by the Harkers bike aid station in Cawston. \*



The Similkameen News Leader's Office Manager Brenda Engel, above, and Keremeos area Reporter/Photographer Arlene Arlow were volunteers at the Harkers bike aid station. \*





Penticton Ironman volunteers at the Harkers bike aid station in Cawston direct cyclists to where they can find water August 26. \*

# Thursday Movies

## EVENING

6:00 pm CITY ch.29 "Alex & Emma" (2003, Romance-Comedy) Kate Hudson. A struggling writer falls in love with a stenographer while trying to finish his new novel in 30 days. (CC)  
 9:00 pm WTBS ch.3 "Match Point" (2005, Drama) Scarlett Johansson. A one-time tennis professional becomes obsessed with his brother-in-law's seductive fiancée.  
 11:30 pm WTBS ch.3 "The Mexican" (2001, Comedy-Drama) Brad Pitt. A bungling gangster must reform to please his girlfriend but still has one last job to fulfill.

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### THURSDAY, SEPTEMBER 6, 2012

	WTBS ch.3	CHBC ch.4	KNOW ch.5	KSPS ch.6	KHQ ch.7	KREM ch.8	A&E ch.9	KXLY ch.10	BCTV ch.11	CITY ch.12	CBC ch.13	YTV ch.18	TSN ch.19	VTV ch.22	DISC ch.24	FAM ch.26	CITY ch.29	SPIKE ch.44	TROP ch.45
6 AM	Excused	Morning News (N) 30	Poppets	Thomas	KHQ News 6AM (N)	KREM 2 Morning News	Criminal Minds 30	News	Morning News (N) 30	(5:00) Morning News	CBC News Now 30	Kid vs. Kat Super Evil	SportsCentre 30	CTV Morning Live (N) 30	Game	Henry	CityLine (N) 30	CSI: NY "Night, Mother"	Eat St. 30
6:30	Excused		G. Shrinks	Clifford										Machines	Phineas				Eat St. 30
7 AM	Cosby		Martha	Arthur	Today	CBS This Morning (N) 30	Criminal Minds 30	Good Morning America (N) 30							Dangerous Filghts	Sheke It	Let's Make a Deal 30	CSI: NY Murder victims.	Earth: Final Conflict 30
7:30	Cosby		HI-5 30	Martha	Giada De Laurentiis, Jeff Probst. (N) 30											ANT Farm			
8 AM	Judge Alex		Dive, Oily	Curious			CSI: Miami 30			100 Huntley Street 30	Bo On/Go	Pokemon	SportsCentre 30		Greatest Know-It-All	Jessie 30	The Price Is Right 30	CSI: Crime Scene	Eat St. 30
8:30	Judge Alex		Magic Bus	Cat in the							Busytown	Super Evil			Phineas				Eat St. 30
9 AM	FamFeud	100 Huntley Street 30	Dinosaur	Super Why!		The 700 Club 30	CSI: Miami "Bombshell"	Live! With Kelly (N) 30	100 Huntley Street 30	Inventors	Super Why!	Almost	2012 U.S. Open Tennis: Men's	Live! With Kelly (N) 30	Cash Cab	Mickey	Access Hollywood Live	CSI: Crime Scene	Eat St. 30
9:30	FamFeud		Sid	Dinosaur						Inventors	Cat in the	Squirrel	Quarterfinals and Mixed Doubles	How/Made	Never Land				Eat St. 30
10 AM	Millionaire	Inventors	Noodle	Sesame Street 30 (EI)		The Price Is Right 30	Criminal Minds 30	The View 30	Inventors	Bride	Poko 30	Sidekick		Machines	Mickey	The Chew 30	CSI: Crime Scene	Law & Order 30	
10:30	Millionaire	Inventors	Timothy						Inventors	Debt/Part	Doodlebop	Puppies		Prank Sci	Manny				
11 AM	Law Order: CI	Bride	Joe-Jack	Tiger	The Doctors 30	Young & Restless	Criminal Minds 30	Paid Prog. Pillow	Bride	Noon News Hour	Animal	Kid vs. Kat	Final. From the USTA National Tennis Center in Flushing, N.Y. (N) (Live) 30	Marilyn Denis	Sons of Guns 30	Phineas	Afternoon America	CSI: Crime Scene	Friends 30
11:30		Debt/Part	G. Shrinks	Sit-Be Fit					Debt/Part		Artzooka	Rated A			Suite/Deck				Friends 30
12 PM	Law Order: CI	Noon News Hour (N)	Arthur 30	Charlie Rose (N) 30	Paid Prog.	News	The First 48 Dice game.	The Chew 30	Noon News Hour (N)	Days of our Lives (N)	CBC News Now (N) 30	Squirrel		CTV News (N) 30	Close Calls	Wizards	General Hospital (N) 30	Jail 30	Friends 30
12:30			Peep, Elg		Paid Prog.	Bold					Sidekick					Hannah		Jail 30	Friends 30
1 PM	Amer. Dad	Days of our Lives (N)	Poppets	Painting	Days of our Lives (N)	The Talk 30	The First 48 30	Afternoon America	Days of our Lives (N)	The Talk 30	Dragons' Den 30	Mr. Young		The Dr. Oz Show 30	Collision Course	Sonny	CityLine 30	Jail 30	3rd Rock
1:30	Earl		Save Ums	Knit							Indie				Random			Jail 30	3rd Rock
2 PM	King	The Talk 30	Mag Fero	Barney	Judge B.	Let's Make a Deal 30	The First 48 30	General Hospital (N) 30	The Talk 30	The Doctors 30	Steven and Chris 30	Almost		Anderson 30	Myth-Busters 30	So Raven	CityNews at 5 (N) 30	Jail 30	Law & Order 30
2:30	King		Rolie Polie	WordWorld	Judge B.						Super Evil				Suite/Deck			Jail 30	Order 30
3 PM	The Office	The Doctors 30	Dinosaur	Sid	Ellen DeGeneres Show	Dr. Phil 30	The First 48 30	Rachel Ray 30	The Doctors 30	House "Instant Karma"	Recipes	Squirrel	SportsCentre (N) 30	Dr. Phil 30	Cash Cab	Wizards	CityNews at 6 (N) 30	Jail 30	Eat St. 30
3:30	The Office		Arthur 30	WordGirl						House "Instant Karma"	Stefano	Sidekick			How/Made	ANT Farm		Jail 30	Eat St. 30
4 PM	Big Bang	House "Instant Karma"	Clifford	Wild Kratts	Jdg Judy	The Dr. Oz Show 30	The First 48 30	The Nate Berkus Show	House "Instant Karma"	Early News	Mercer	Parents	2012 U.S. Open Tennis: Men's	Ellen DeGeneres Show	Daily Planet (N) 30	Phineas	How I Met	Jail 30	Eat St. 30
4:30	Big Bang		WordWorld	Electric	Jdg Judy					Global Nat.	22 Minutes	Parents	Quarterfinals. (N) (Live) 30			Phineas	30 Rock	Jail 30	Eat St. 30
5 PM	Browns	News (N) 30	Dive, Oily	Democratic National Convention (N) 30 (Live)	News	News	The First 48 30	News	Early News	(4:59) News Hour	News	Parents		CTV News at Five (N)	Dirty Jobs: Down Under	Wingin' It	America's Got Talent	IMPACT Wrestling (N) 30	Friends 30
5:30	Payne		Wild Kratts		NBC News	CBS News		ABC News	Global Nat.		News	Parents				Good Luck			Friends 30
6 PM	Browns	Global Nat.	Parks		Democratic National Convention (N) 30 (Live)	KREM 2 News at 6 (N)	The First 48 30	News	(5:59) News Hour (N)	ET Canada	News	ICarly 30		CTV News (N) 30	Carfellas	ANT Farm	Movie: "Alex & Emma" (2003) 30	UFC Unleashed 30	Friends 30
6:30	Payne	News	Undersea					News		Ent	Coronation	ICarly 30			Carfellas	Wizards			Friends 30
7 PM	Seinfeld 30	Ent	The Blue Planet			Democratic Convention	The First 48 (N) 30	Democratic Convention	Ent	Rookie Blue "I Never"	Wheel	Mr. Young		etalk 30	Flying Wild Alaska	Jessie 30			3rd Rock
7:30	Seinfeld	ET Canada							ET Canada	Jeopardy!	Jeopardy!	Boys		Big Bang		Good Luck			3rd Rock
8 PM	Family Guy	Wipeout "Rats!" (N) 30	Turn Back Time (N)	New Tricks 30	America's Got Talent	Big Bang	(8.01) The First 48 30	To Be Announced	Wipeout "Rats!" (N) 30	Wipeout "Rats!" (N) 30	The Nature of Things	Wipeout 30	SportsCentre (N) 30	Big Bang	Mayday 30 (DVS)	Good Luck	CityNews-Tonight (N)	MMA	Debt/Part
8:30	Family Guy					Two Men								Two Men		Wingin' It		Ways Die	ET Canada
9 PM	Movie: "Match Point" (2005)	Big Brother 30	Amandala! A Revolution In-	Masterpiece Mystery! 30 (DVS)	Dateline NBC 30	Big Brother 30	(9.01) The First 48 30	Wipeout "Rats!" (N) 30	Big Brother 30	Big Brother 30	Doc Zone 30 (DVS)	Funniest Home Videos	World/ Poker	Saving Hope 30	Carfellas	Wingin' It	Cold Case 30	Ways Die	Friends 30
9:30			Four-Part Harmony												Carfellas	Warhogs!			Friends 30
10 PM	Scarlett Johansson.	Rookie Blue "I Never"		Parks	Jeopardy!	To Be Announced	(10.01) The First 48	Rookie Blue "I Never"	Rookie Blue "I Never"	News Hour Final (N)	National	Weird	SportsCentre (N) 30	CSI: Crime Scene	Flying Wild Alaska	Lizzie	The Nate Berkus Show	GTTV	Friends 30
10:30												Splatalot				So Raven		Ways Die	Friends 30
11 PM	"Mexican"	CHBC News Final (N)	Architects of Change	Charlie Rose (N) 30	News	News	(11.01) The First 48	News	News Hour Final (N)	Ent	Stroumbouloupoulos	Mr. Young	SportsCentre 30	CTV News	Daily Planet 30	Cory	Paid Prog.	MMA	3rd Rock
11:30					Jay Leno	Letterman		Nightline		ET Canada		Boys		CTV News		Princess	Paid Prog.	Entourage	3rd Rock



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# Friday Movies

### AFTERNOON

3:39 pm SPIKE ch.44 "Without a Paddle" (2004, Comedy) Seth Green. Three childhood friends embark on a canoe trip to find a plane hijacker's stash of money.

### EVENING

6:00 pm SPIKE ch.44 "Super Troopers" (2001, Comedy) Jay Chandrasekhar. Five state troopers try to stop a group of drug dealers in order to save their careers.

8:00 pm YTV ch.18 "Flushed Away" (2006, Comedy) Voices of Hugh Jackman. Animated. After an ignoble landing in Ratopolis, a pampered rodent enlists the help of a sewer scavenger in

finding his way back to his posh London flat. (In Stereo) (CC)

10:00 pm FAM ch.26 "Space Buddies" (2009, Comedy) Diedrich Bader. Five puppies blast off to a cosmic adventure when they become accidental stowaways aboard an unmanned space shuttle. (In Stereo) (CC)

11:00 pm WTBS ch.3 "Michael" (1996, Drama) John Travolta. Tabloid employees investigate a rumor about an angel and find a surprising creature with healing powers and a lot of sex appeal.

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# News Leader Sudoku 418

by Carter Boswell

## HOW TO PLAY:

Sudoku is a game of logic. There is no math involved. The object of the game is to fill the grid so that the numbers 1 through 9 appear only once in each row, column and 3 x 3 box. The numbers can appear in any order and Carter has left you some clues below.

			8			5		
	7		2	1		9	8	
9	6							
				4			7	3
	1		6		2		5	
3	5							
				6			2	8
	4	6					1	
			1	7		4		

THIS WEEK'S SOLUTION:

Page 20

News Leader Sudoku grids, puzzles and solutions

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## FRIDAY, SEPTEMBER 7, 2012

	WTBS ch.3	CHBC ch.4	KNOW ch.5	KSPS ch.6	KHQ ch.7	KREM ch.8	A&E ch.9	KXLY ch.10	BCTV ch.11	CITY ch.12	CBC ch.13	YTV ch.18	TSN ch.19	VTV ch.22	DISC ch.24	FAM ch.26	CITY ch.29	SPIKE ch.44	TROP ch.45
6 AM	Excused	Morning News (N)	Poppets	Builder	KHQ News 6AM (N)	KREM 2 Morning News	Criminal Minds	News	Morning News (N)	(5:00) Morning News	CBC News Now	Kid vs. Kat	Sports	CTV Morning Live (N)	Inventions That Shook	Henry Phineas	CityLine (N)	DEA	Outlaw Bikers
6:30 AM	Excused		G. Shrinks	Clifford								Super Evil	SportsCentre						
7 AM	Cosby		Martha	Arthur	Today Ellen Barkin; Giada De Laurentiis. (N)	CBS This Morning (N)	Criminal Minds	Good Morning America (N)			Turbo	Yu-Gi-Oh!			Licence to Drill	Shake It	Murdoch Mysteries	DEA "Deadly Chase"	Earth: Final Conflict
7:30 AM	Cosby		Hi-5	Martha							Monster	Beyblade	SportsCentre			ANT Farm			
8 AM	Judge Alex		Dive, Olly	Curious			Criminal Minds			100 Huntley Street	Bo On/Go	Pokemon			Myth-Busters	Jessie	The Price Is Right	DEA	Casino
8:30 AM	Judge Alex		Magie Bus	Cat In the Hat							Busytown	Super Evil	SportsCentre			Phineas			Casino
9 AM	FamFeud	100 Huntley Street	Dinosaur	Super Why!		Paid Prog.	Criminal Minds	Live! With Kelly (N)	100 Huntley Street	Inventors	Super Why!	Almost		Live! With Kelly (N)	Cash Cab	Mickey	Access Hollywood Live	DEA "Up the Ladder"	Outlaw Bikers
9:30 AM	FamFeud		Sid	Dinosaur		2012 U.S. Open Tennis: Men's Doubles				Inventors	Cat In the Hat	Squirrel	2012 U.S. Open Tennis: Women's Semifinals.		How/Made	Never Land			
10 AM	Millionaire	Inventors	Noodle	Sesame Street		Final and Women's Semifinals. (N) (Live)	Criminal Minds	The View	Inventors	Bride	Poko	Slidekick		The View	Inventions That Shook	Mickey	The Chew	DEA "Deep Cover"	Law & Order
10:30 AM	Millionaire	Inventors	Timothy	(E)					Inventors	Debt/Part	Doodlebop	Rated A		Marilyn Denis	Mighty Planes	Phineas Suite/Deck	Afternoon America	DEA	Friends
11 AM	Law Order: CI	Bride	Joe-Jack	Tiger	The Doctors		Criminal Minds	Paid Prog.	Bride	Noon News Hour	Animal	Kid vs. Kat							Friends
11:30 AM		Debt/Part	G. Shrinks	Sit-Be Fit				Paid Prog.	Debt/Part		Artzooka	Rated A		CTV News (N)	Carfellas	Wizards	General Hospital (N)	DEA	Law & Order
12 PM	Law Order: CI	Noon News Hour (N)	Arthur	Charlie Rose (N)	Paid Prog.		Criminal Minds	The Chew	Noon News Hour (N)	Days of our Lives (N)	CBC News Now (N)	Squirrel	Center in Flushing, N.Y. (N) (Live)		Carfellas	Hannah			Law & Order
12:30 PM			Peep, Big		Paid Prog.							Slidekick		The Dr. Oz Show	Flying Wild Alaska	Sonny	CityLine	DEA	Law & Order
1 PM	Amer. Dad	Days of our Lives (N)	Poppets	Painting	Days of our Lives (N)		Criminal Minds	Afternoon America	Days of our Lives (N)	House	Dragons' Den	Mr. Young		Anderson	Myth-Busters	So Raven	CityNews at 5 (N)	DEA	Law & Order
1:30 PM	Earl		Save Ums	Scrapbook							Den	Indie				Random			Law & Order
2 PM	King	House	Maggie	Barney	Judge B.		Criminal Minds	General Hospital (N)	House	The Doctors	Steven and Chris	Almost			Myth-Busters	Gravity			Law & Order
2:30 PM	King		Rolie Polie	WordWorld	Judge B.							Super Evil		Anderson					Law & Order
3 PM	Big Bang	The Doctors	Dinosaur	Sid	Ellen DeGeneres Show	Dr. Phil	Criminal Minds	Rachael Ray	The Doctors	Young & Restless	Recipes	Squirrel	SportsCentre (N)	Dr. Phil	Cash Cab	Phineas	CityNews at 6 (N)	Ways Die	Casino
3:30 PM	Big Bang		Arthur	WordGirl							Stefano	Slidekick			How/Made	Phineas		(3:30) Movie: ** "Without a Paddle" (2004) Seth Green.	Outlaw Bikers
4 PM	MLB Baseball: Atlanta Braves at New York Mets. (N) (Live)	Young & Restless	Clifford	Wild Kratts	Jdg Judy	The Dr. Oz Show	Criminal Minds	The Nate Berkus Show	Young & Restless	Early News	Mercer	Kung Fu	Hockey	Ellen DeGeneres Show	Daily Planet (N)	Phineas	How I Met 30 Rock		Friends
4:30 PM			WordWorld	Blz Kid\$	Jdg Judy					Global Nat.	22 Minutes	Kung Fu	24/7			Phineas			Friends
5 PM	New York Mets. (N) (Live)	News (N)	Dive, Olly	News	News	News	Coma Healthy patients slip into comas.	News	Early News	(4:59) News Hour	News	Kung Fu	Sports	CTV News at Five (N)	Highway Thru Hell	Phineas	Murdoch Mysteries		Friends
5:30 PM			Wild Kratts	Business	NBC News	CBS News		ABC News	Global Nat.		News	Kung Fu	CFL Pro			Phineas			Friends
6 PM		Global Nat.	Parks	PBS News-Hour (N)	News	KREM 2 News at 6 (N)		News	(5:59) News Hour (N)	ET Canada	News	ICarly	CFL Football: Calgary Stampeders at Edmonton Eskimos. (N) (Live)	CTV News (N)	Oddities	Phineas	Murdoch Mysteries	Movie: ** "Super Troopers" (2001, Comedy)	Law & Order
6:30 PM		News	Secrets of	Millionaire						Ent	Coronation	Boys			Oddities	Phineas			Law & Order
7 PM	Seinfeld	Ent	Canada: Over the Edge	Wash. Need	Jeopardy!	Inside Ed.	(6-51) Coma Healthy patients slip into comas.	Ent	Ent	The Office	Wheel	Victorious		CTV News (N)	Mayday "Turning Point"	Phineas	Mantracker		Law & Order
7:30 PM	Seinfeld	ET Canada		Wheel	Access H.			The Insider	ET Canada	The Office	Jeopardy!	Big Time			Big Bang	Phineas			Law & Order
8 PM	Family Guy	Stand Up to Cancer	Doc Martin	Doc Martin	Stand Up to Cancer	Stand Up to Cancer		Stand Up to Cancer	Stand Up to Cancer	Stand Up to Cancer	M'ketplace	Movie: *** "Flushed Away" (2005)		To Be Announced	Cash Cab	Big Ticket Concert	CityNews-Tonight (N)	(8:15) DEA	Debt/Part
8:30 PM	Family Guy										Mercer				Cash Cab				ET Canada
9 PM	The Office	Bones	George Gently "Pilot"	Great Performances (N)	Grimm "Quill"	CSI: NY "Saints"	(9:01) Coma Healthy patients slip into comas.	(9:01) 20/20	Bones	Bones	fifth estate		SportsCentre (N)	CSI: NY "Saints"	Oddities	Good Luck Charlie	Cold Case	(9:15) DEA	Friends
9:30 PM	The Office	(PA)													Oddities				Friends
10 PM	Browns	The Office	Beatles Rocked Kremlin	Dateline NBC (N)	Blue Bloods				The Office	News Hour Final (N)	National	Mr. Young	SportsCentre (N)	Blue Bloods	Highway Thru Hell	Movie: ** "Space Buddies"	I Love Money	(10:15) DEA	Law & Order
10:30 PM	Payne	The Office	Voyage						The Office			Mr. Young							Law & Order
11 PM	Movie: "Michael" (1996)	CHBC News Final (N)	Canada: Over the Edge	Charlie Rose (N)	News	News	(10:52) Coma	News	News Hour Final (N)	Ent	Stroumbouloupoulos	The Next Star	SportsCentre	CTV News	Daily Planet	Princess	The Nate Berkus Show	(11:15) DEA	Law & Order
11:30 PM					Jay Leno	Letterman		Nightline		ET Canada				CTV News					Law & Order







# News Leader Weekend - Sunday Movies

**MORNING**

8:00 am WTBS ch.3 "Never Back Down" (2008, Action) Djimon Hounsou. A rebellious teenager learns to fight from a veteran of mixed martial arts after joining an underground fight club.

10:00 am WTBS ch.3 "Pathfinder" (2007, Adventure) Karl Urban. American Indians adopt and raise as their own a Viking boy who was left behind by his own people during a raid.

**AFTERNOON**

12:00 pm WTBS ch.3 "My Super Ex-Girlfriend" (2006, Romance-Comedy) Uma Thurman. A young man discovers that the manipulative woman he is dating is a superheroine, and after he breaks up with her, she uses her powers to turn his life into a nightmare.

12:30 pm YTV ch.18 "The Seeker: The Dark Is Rising" (2007, Fantasy) Ian McShane. A boy learns he is the last of a group of immortal warriors who have defended the Earth from evil forces throughout history. (In Stereo) (CC)

3:00 pm YTV ch.18 "Hook"

(1991, Fantasy) Dustin Hoffman. Aided by Tinker Bell, a corporate lawyer turns into Peter Pan to rescue his children from Captain Hook. (In Stereo) (CC)

5:00 pm WTBS ch.3 "Win a Date With Tad Hamilton!" (2004, Romance-Comedy) Kate Bosworth. Secretly in love with his friend, a supermarket manager becomes jealous when she meets a famous actor.

FAM ch.26 "A Knight's Tale" (2001, Adventure) Heath Ledger. An English commoner dons the armor of a dead jousting knight, with the help of friends, competes against nobles in 14th-century France. (In Stereo) (CC)

**EVENING**

6:00 pm YTV ch.18 "Stardust" (2007, Fantasy) Claire Danes. To win the heart of his beloved, a young man ventures into the realm of fairies to retrieve a fallen star. (In Stereo) (CC)

7:00 pm WTBS ch.3 "Crazy in Alabama" (1999, Comedy-Drama) Melanie Griffith. An eccentric kills her abusive husband and heads to Hollywood to pursue her dreams.

9:00 pm WTBS ch.3 "Win a Date With Tad Hamilton!" (2004, Romance-Comedy) Kate Bosworth. Secretly in love with his friend, a supermarket manager becomes jealous when she meets a famous actor.

FAM ch.26 "A Knight's Tale" (2001, Adventure) Heath Ledger. An English commoner dons the armor of a dead jousting knight, with the help of friends, competes against nobles in 14th-century France. (In Stereo) (CC)

11:00 pm KNOW ch.5 "Amanda! A Revolution in Four-Part Harmony" (2002, Documentary) Abdullah Ibrahim. Filmmaker Lee Hirsch chronicles the role of music as a means of protest against apartheid in South Africa.

11:12 pm FAM ch.26 "Cadet Kelly" (2002, Comedy-Drama) Hilary Duff. A 14-year-old deals with a coldhearted captain after she reluctantly joins a military academy. (In Stereo) (CC)



A small piece of history was sandblasted away August 29th when the mural by Joan Kelly was removed from the retaining wall at the bottom of the zigzag project in downtown Princeton. Photo: Brenda Engel

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**SUNDAY, SEPTEMBER 9, 2012**

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6 AM	Sports	Angler	Little Bear	Tiger	Today (N) 0 22	Paid Prog.	*Pret	Paid Prog.	Angler	Sunday Morning News (N)	Super Why!	Kid vs. Kat	Formula One Racing	Road to Avonlea 0	Pyros 22 (DVS)	Wingin' It	Tow Biz	Xtreme 4x4	Go Green
6:30	Med About	Fishful	Rob Robot	Signing		Paid Prog.	To Be Announced	Paid Prog.	Fishful		Artzooka	Super Evil				Sulte/Deck	ChurchRck	Horse.	Paid Prog.
7 AM	Career Day	Sunday Morning News (N) 22	Berenstain Bears	Wild Clifford	KHQ News	CBS News Sunday Morning (N) 22		Good Morning America	Sunday Morning News (N) 22		Coronation	Rated A	Sunday NFL Countdown (N) (Live) 22	Marilyn Denis	Close Calls	Hannah	Eye/Asla	Trucks! 0	Casino
7:30	P. Affairs		Slamase	Clifford	Invest			This Week			Coronation	Kid vs. Kat				Wizards	Dharti	MuscleCar	Casino
8 AM	Movie: ** "Never Back Down" (2008, Action)		Tree Fu	Curious	Meet the Press (N) 22	The Nation		Matthews		Block	Coronation	Puppies		Hobo	Collision Course	Phineas	Pakistan	Bar Rescue 0	Jokers
8:30			Jelly Jamm	Cat in the Hat				Wall Street		Context	Coronation	Puppies		Hobo		Gravity	Festival Italiano di Lombardi (In Italian) 22	Bar Rescue 0	Jokers
9 AM			WordGirl	Everyday	Justin	The NFL Today (N) 22		Explore	Block	Hour of Power 22	Coronation	SpongeBob		A New Smile, New Life	Canada's Worst Driver	Good Luck		Bar Rescue 0	Frasier
9:30			G. Shrinks	Impact	Lk. Young			Wall Street		Context	Reclpes	Squirrel				Wingin' It		Bar Rescue 0	Frasier
10 AM	Movie: ** "Pathfinder" (2007) Karl Urban.	Block	Dino Dan	Inside Olympia	Ryder Cup Golf	NFL Football: Regional Coverage. (N) (Live) 22	Beyond Scared Straight	Health	Hour of Power 22	PGA Tour Golf: BMW Championship, Final Round. From Crooked Stick Golf Club in Carmel, Ind. (N)	Land/ Sea	Rock	CFL Football: Saskatchewan Roughriders at Winnipeg Blue Bombers. (N)	NFL Football	Salvage Hunters 22	ANT Farm		Bar Rescue 0	Friends 0
10:30		Context	Little	Inside	PGA Tour Golf: BMW Championship, Final Round. From Crooked Stick Golf Club in Carmel, Ind. (N)		Beyond Scared Straight	Food	Hour of Power 22	PGA Tour Golf: BMW Championship, Final Round. From Crooked Stick Golf Club in Carmel, Ind. (N)	One/One	The Next Star 22			Pyros 22 (DVS)	Austin	Reviews	Bar Rescue 0	Friends 0
11 AM		Hour of Power 22	Wild Kratts "Aardvark Town" 22	Europe Jrnl	Moyers & Company 0		Beyond Scared Straight	Julce and Lose! 22	News	PGA Tour Golf: BMW Championship, Final Round. From Crooked Stick Golf Club in Carmel, Ind. (N)	Equestrian: CN International Grand Prix. (N) 22	Movie: "The Seeker: The Dark Is Rising" (2007)	2012 U.S. Open Tennis: Men's Final. (N) (Live) 22	SportsCenter 0 22	Dangerous Filights 22	Phineas	NFL Football (N) 0 (Live) 22	Bar Rescue 0	Friends 0
11:30			Undersea	Will Rogers-Politics			Beyond Scared Straight	XTERRA	Ball Boys	Ball Boys	Steven and Chris 22	Weird	Question Period 22	Licence to Drill	Gravity	ANT Farm		Bar Rescue 0	Frasier
12 PM	Movie: ** "My Super Ex-Girlfriend" (2006)	News	PGA Tour Golf: BMW Championship, Final Round. (N) 22	Undersea	Will Rogers-Politics		Beyond Scared Straight	Storage	Wipeout "Balter Up" 0	Junk	Simpsons	Dragons' Den 0 22	Movie: ** "Hook" (1991)	First Story	Cash Cab	Good Luck		Bar Rescue 0	Casino
12:30		PGA Tour Golf: BMW Championship, Final Round. (N) 22	Undersea	Will Rogers-Politics			Beyond Scared Straight	Storage	Wipeout "Balter Up" 0	Simpsons	Simpsons	Jeopardy!	Dustin Hoffman, Robin Williams. 0 22	First Story	How/Made	Random		Bar Rescue 0	Casino
1 PM	The Closer 22	Big Bang	Canada: Over the Edge	Profiles	Meals		Storage	Hollywood	Simpsons	Simpsons	Global Nat.	Wheel	Football	Corner Gas	Auction	Jessie 22		Bar Rescue 0	Outlaw Bikers 0 22
1:30		Big Bang	The Blue Planet 22	Market Warriors 22	Football Night/ America	Backroads	Storage	The Insider	Simpsons	Simpsons	Global Nat.	Wheel	(5:15) NFL Football: Pittsburgh Steelers at Denver Broncos. (N) Subject to Blackout! 22	Corner Gas	Auction	Wizards		Bar Rescue 0	Outlaw Bikers 0 22
2 PM	Big Bang	Simpsons	Art of the Helix 0 22	Hometown	(5:15) NFL Football: Pittsburgh Steelers at Denver Broncos. (N) (Live) 22	News	Storage	News	Simpsons	(4:59) News Hour (N)	Movie: ** "The Ant Bully" (2006)	Movie: ** "Stardust" (2007) Claire Danes, Charlie Cox. 0 22	(5:15) NFL Football: Pittsburgh Steelers at Denver Broncos. (N) Subject to Blackout! 22	In Fashion	Secrets of the FBI (N)	Shake It	Murdoch Mysteries 0	Bar Rescue 0	Frasier 0
2:30		Big Bang	Ancient Clues 22	Doc Martin 0 22	Steelers at Denver Broncos. (N) (Live) 22	News	Storage	News	(5:59) News Hour (N)	Simpsons	Cleveland		Steelers at Denver Broncos. (N) Subject to Blackout! 22	Fashion	9/11 Tapes	Good Luck	The Beat	Bar Rescue (N) 0	Friends
3 PM	Big Bang	Simpsons	Eden at End of World	Broadway or Bust		60 Minutes 0 22	Storage	Once Upon a Time 22	Simpsons	The Good Wife 0 22	Heartland 22 (DVS)		Steelers at Denver Broncos. (N) Subject to Blackout! 22	CTV News (N) 0 22	9/11 Tapes	Wingin' It	The Beat	Bar Rescue (N) 0	Friends
3:30		Big Bang	Eden at End of World	Broadway or Bust		60 Minutes 0 22	Storage	Once Upon a Time 22	Simpsons	The Good Wife 0 22	Canadian Country Music Awards (N) 0 22		Steelers at Denver Broncos. (N) Subject to Blackout! 22	CTV News (N) 0 22	9/11 Tapes	Wingin' It	The Beat	Bar Rescue (N) 0	Friends
4 PM	Big Bang	Simpsons	Eden at End of World	Broadway or Bust		60 Minutes 0 22	Storage	Once Upon a Time 22	Simpsons	The Good Wife 0 22	Canadian Country Music Awards (N) 0 22		Steelers at Denver Broncos. (N) Subject to Blackout! 22	CTV News (N) 0 22	9/11 Tapes	Wingin' It	The Beat	Bar Rescue (N) 0	Friends
4:30		Big Bang	Eden at End of World	Broadway or Bust		60 Minutes 0 22	Storage	Once Upon a Time 22	Simpsons	The Good Wife 0 22	Canadian Country Music Awards (N) 0 22		Steelers at Denver Broncos. (N) Subject to Blackout! 22	CTV News (N) 0 22	9/11 Tapes	Wingin' It	The Beat	Bar Rescue (N) 0	Friends
5 PM	Movie: "Win a Date With Tad Hamilton!" (2004)	Global Nat.	Ancient Clues 22	Doc Martin 0 22	Steelers at Denver Broncos. (N) (Live) 22	60 Minutes 0 22	Storage	Once Upon a Time 22	Simpsons	The Good Wife 0 22	Canadian Country Music Awards (N) 0 22		Steelers at Denver Broncos. (N) Subject to Blackout! 22	CTV News (N) 0 22	9/11 Tapes	Wingin' It	The Beat	Bar Rescue (N) 0	Friends
5:30		Global Nat.	Ancient Clues 22	Doc Martin 0 22	Steelers at Denver Broncos. (N) (Live) 22	60 Minutes 0 22	Storage	Once Upon a Time 22	Simpsons	The Good Wife 0 22	Canadian Country Music Awards (N) 0 22		Steelers at Denver Broncos. (N) Subject to Blackout! 22	CTV News (N) 0 22	9/11 Tapes	Wingin' It	The Beat	Bar Rescue (N) 0	Friends
6 PM	Movie: ** "Crazy in Alabama" (1999)	Simpsons	Eden at End of World	Broadway or Bust		60 Minutes 0 22	Storage	Once Upon a Time 22	Simpsons	The Good Wife 0 22	Canadian Country Music Awards (N) 0 22		Steelers at Denver Broncos. (N) Subject to Blackout! 22	CTV News (N) 0 22	9/11 Tapes	Wingin' It	The Beat	Bar Rescue (N) 0	Friends
6:30		Simpsons	Eden at End of World	Broadway or Bust		60 Minutes 0 22	Storage	Once Upon a Time 22	Simpsons	The Good Wife 0 22	Canadian Country Music Awards (N) 0 22		Steelers at Denver Broncos. (N) Subject to Blackout! 22	CTV News (N) 0 22	9/11 Tapes	Wingin' It	The Beat	Bar Rescue (N) 0	Friends
7 PM	Movie: ** "Crazy in Alabama" (1999)	Simpsons	Eden at End of World	Broadway or Bust		60 Minutes 0 22	Storage	Once Upon a Time 22	Simpsons	The Good Wife 0 22	Canadian Country Music Awards (N) 0 22		Steelers at Denver Broncos. (N) Subject to Blackout! 22	CTV News (N) 0 22	9/11 Tapes	Wingin' It	The Beat	Bar Rescue (N) 0	Friends
7:30		Simpsons	Eden at End of World	Broadway or Bust		60 Minutes 0 22	Storage	Once Upon a Time 22	Simpsons	The Good Wife 0 22	Canadian Country Music Awards (N) 0 22		Steelers at Denver Broncos. (N) Subject to Blackout! 22	CTV News (N) 0 22	9/11 Tapes	Wingin' It	The Beat	Bar Rescue (N) 0	Friends
8 AM	Movie: ** "Crazy in Alabama" (1999)	Simpsons	Eden at End of World	Broadway or Bust		60 Minutes 0 22	Storage	Once Upon a Time 22	Simpsons	The Good Wife 0 22	Canadian Country Music Awards (N) 0 22		Steelers at Denver Broncos. (N) Subject to Blackout! 22	CTV News (N) 0 22	9/11 Tapes	Wingin' It	The Beat	Bar Rescue (N) 0	Friends
8:30		Simpsons	Eden at End of World	Broadway or Bust		60 Minutes 0 22	Storage	Once Upon a Time 22	Simpsons	The Good Wife 0 22	Canadian Country Music Awards (N) 0 22		Steelers at Denver Broncos. (N) Subject to Blackout! 22	CTV News (N) 0 22	9/11 Tapes	Wingin' It	The Beat	Bar Rescue (N) 0	Friends
9 AM	Movie: ** "Crazy in Alabama" (1999)	Simpsons	Eden at End of World	Broadway or Bust		60 Minutes 0 22	Storage	Once Upon a Time 22	Simpsons	The Good Wife 0 22	Canadian Country Music Awards (N) 0 22		Steelers at Denver Broncos. (N) Subject to Blackout! 22	CTV News (N) 0 22	9/11 Tapes	Wingin' It	The Beat	Bar Rescue (N) 0	Friends
9:30		Simpsons	Eden at End of World	Broadway or Bust		60 Minutes 0 22	Storage	Once Upon a Time 22	Simpsons	The Good Wife 0 22	Canadian Country Music Awards (N) 0 22		Steelers at Denver Broncos. (N) Subject to Blackout! 22	CTV News (N) 0 22	9/11 Tapes	Wingin' It	The Beat	Bar Rescue (N) 0	Friends
10 AM	Movie: "Win a Date With Tad Hamilton!" (2004)	Global Nat.	Ancient Clues 22	Doc Martin 0 22	Steelers at Denver Broncos. (N) (Live) 22	60 Minutes 0 22	Storage	Once Upon a Time 22	Simpsons	The Good Wife 0 22	Canadian Country Music Awards (N) 0 22		Steelers at Denver Broncos. (N) Subject to Blackout! 22	CTV News (N) 0 22	9/11 Tapes	Wingin' It	The Beat	Bar Rescue (N) 0	Friends
10:30		Global Nat.	Ancient Clues 22	Doc Martin 0 22	Steelers at Denver Broncos. (N) (Live) 22	60 Minutes 0 22	Storage	Once Upon a Time 22	Simpsons	The Good Wife 0 22	Canadian Country Music Awards (N) 0 22		Steelers at Denver Broncos. (N) Subject to Blackout! 22	CTV News (N) 0 22	9/11 Tapes	Wingin' It	The Beat	Bar Rescue (N) 0	Friends
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12 PM	Movie: "Win a Date With Tad Hamilton!" (2004)	Global Nat.	Ancient Clues 22	Doc Martin 0 22	Steelers at Denver Broncos. (N) (Live) 22	60 Minutes 0 22	Storage	Once Upon a Time 22	Simpsons	The Good Wife 0 22	Canadian Country Music Awards (N) 0 22		Steelers at Denver Broncos. (N) Subject to Blackout! 22	CTV News (N) 0 22	9/11 Tapes	Wingin' It	The Beat	Bar Rescue (N) 0	Friends
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1 PM	Movie: "Win a Date With Tad Hamilton!" (2004)	Global Nat.	Ancient Clues 22	Doc Martin 0 22	Steelers at Denver Broncos. (N) (Live) 22	60 Minutes 0 22	Storage	Once Upon a Time 22	Simpsons	The Good Wife 0 22	Canadian Country Music Awards (N) 0 22		Steelers at Denver Broncos. (N) Subject to Blackout! 22	CTV News (N) 0 22	9/11 Tapes	Wingin' It	The Beat	Bar Rescue (N) 0	Friends
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2 PM	Movie: "Win a Date With Tad Hamilton!" (2004)	Global Nat.	Ancient Clues 22	Doc Martin 0 22	Steelers at Denver Broncos. (N) (Live) 22	60 Minutes 0 22	Storage	Once Upon a Time 22	Simpsons	The Good Wife 0 22	Canadian Country Music Awards (N) 0 22		Steelers at Denver Broncos. (N) Subject to Blackout! 22	CTV News (N) 0 22	9/11 Tapes	Wingin' It	The Beat	Bar Rescue (N) 0	Friends
2:30		Global Nat.	Ancient Clues 22	Doc Martin 0 22	Steelers at Denver Broncos. (N) (Live) 22	60 Minutes 0 22	Storage	Once Upon a Time 22	Simpsons	The Good Wife 0 22	Canadian Country Music Awards (N) 0 22		Steelers at Denver Broncos. (N) Subject to Blackout! 22	CTV News (N) 0 22	9/11 Tapes	Wingin' It	The Beat	Bar Rescue (N) 0	Friends
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5 PM	Movie: "																		





The News Leader's Arlene Arlow, right, gets in the thick of the action while assisting at the bike aid station at Harkers Organics during the 30th and final Penticton Ironman August 26th. Photo: Brenda Engel

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# Monday Movies

**AFTERNOON**

4:00 pm SPIKE ch.44 "I, Robot" (2004, Science Fiction) Will Smith. In 2035 a Chicago homicide detective tracks a sophisticated robot accused of murdering a visionary scientist. (In Stereo)

**EVENING**

6:45 pm SPIKE ch.44 "I, Robot" (2004, Science Fiction) Will Smith. In 2035 a Chicago homicide detective tracks a sophisticated robot accused of murdering a visionary scientist. (In Stereo)

7:00 pm CITYV ch.12 "Quantum of Solace" (2008, Action) Daniel Craig. Premiere. James Bond's hunt for those responsible for Vesper Lynd's death leads him to a ruthless businessman who is plotting to seize

control of a valuable resource. (CC) 8:00 pm CHBC ch.4 BCTV ch.11 "Quantum of Solace" (2008, Action) Daniel Craig. James Bond's hunt for those responsible for Vesper Lynd's death leads him to a ruthless businessman who is plotting to seize control of a valuable resource. (CC)

9:00 pm WTBS ch.3 "Smart People" (2008, Romance-Comedy) Dennis Quaid. Recently widowed, a professor tries to juggle a new love and an unexpected visit from his adoptive brother.

11:00 pm WTBS ch.3 "Romy and Michele's High School Reunion" (1997, Comedy) Mira Sorvino. Two pinheads try to impress former classmates with far-fetched success stories.

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**MONDAY, SEPTEMBER 10, 2012**

	WTBS ch.3	CHBC ch.4	KNOW ch.5	KSPS ch.6	KHQ ch.7	KREM ch.8	A&E ch.9	KXLY ch.10	BCTV ch.11	CITYV ch.12	CBC ch.13	YTV ch.18	TSN ch.19	VTV ch.22	DISC ch.24	FAM ch.26	CITY ch.29	SPIKE ch.44	TROP ch.45
6 AM	In the Heat of the Night	Morning News (N)	Poppets	Bob Build	KHQ News 6AM (N)	KREM 2 Morning News	Criminal Minds	News	Morning News (N)	(5:00) Morning News	CBC News Now	Kid vs. Kat Super Evil	SportsCentre	CTV Morning Live (N)	Salvage Hunters	Henry Phineas	CityLine (N)	CSI: NY "Recycling"	Housewives
7 AM	Cosby	Cosby	Martha	Arthur	Today (N)	CBS This Morning (N)	Criminal Minds	Good Morning America (N)			Turbo Monster	Sidekick Beyblade	SportsCentre		Cash Cab	Shake It	Let's Make a Deal	(7:06) CSI: NY	World Vision
8 AM	Judge Alex	Judge Alex	Dive, Olly	Curious			CSI: Miami		100 Huntley Street		Bo On/Go	Pokemon	SportsCentre		Licence to Drill	Jessie	The Price Is Right	CSI: Crime Scene Investigation	Canada Sings
9 AM	Millionaire	100 Huntley Street	Dinosaur	Super Why!		The 700 Club	CSI: Miami	Livel With Kelly	100 Huntley Street	Inventors	Super Why!	Almost	SportsCentre	Livel With Kelly	Cash Cab	Mickey	Access Hollywood Live	CSI: Crime Scene	Housewives
10 AM	Excused	The Doctors	Noodle	Sesame Street		The Price Is Right	Criminal Minds	The View	The Doctors	Bride	Poko	Sidekick	Sportfish	The View	Licence to Drill	Mickey	The Chew	CSI: Crime Scene	Law & Order
11 AM	Law Order: CI	Bride	Joe-Jack	Tiger	Judge B.	Young & Restless	Criminal Minds	Paid Prog.	Bride	Noon News Hour	Animal	Kid vs. Kat	NFL Prime-Time (N)	Marilyn Denis	Natural Born Dealers	Phineas Suite/Deck	General Hospital (N)	CSI: Crime Scene	Married
12 PM	Law Order: CI	Noon News Hour (N)	Arthur	Charlie Rose	Paid Prog.	News	The First 48	The Chew	Noon News Hour (N)	Days of our Lives (N)	CBC News Now (N)	Squirrel	NFL Live (N) (Live)	CTV News (N)	Salvage Hunters	Wizards	CityLine	CSI: Crime Scene	Married
1 PM	Amer. Dad	Days of our Lives (N)	Poppets	Paint This	Days of our Lives (N)	The Talk	The First 48	General Hospital (N)	Days of our Lives (N)	The Jeff Probst Show	Dragons' Den	Mr. Young	Around	The Dr. Oz Show	Oddities	Sonny	Katie	CSI: Crime Scene	3rd Rock
2 PM	King	The Jeff Probst Show	Mag Fero	Barney	Katie	Let's Make a Deal	The First 48	The Jeff Probst Show	The Jeff Probst Show	The Ricki Lake Show	Steven and Chris	Almost Super Evil	NFL Monday Night Countdown (N) (Live)	Dr. Phil	Auction	So Raven	CityNews at 5 (N)	CSI: Crime Scene Investigation	Gold Girls
3 PM	The Office	The Ricki Lake Show	Dinosaur	Sld	Ellen DeGeneres Show	Dr. Phil	The First 48	Rachael Ray (N)	The Ricki Lake Show	Young & Restless	Recipes	Squirrel	(N) (Live)	Ellen DeGeneres Show	Cash Cab	Wizards	CityNews at 6 (N)	CSI: Crime Scene	Canada Sings
4 PM	Big Bang	Young & Restless	Clifford	Wild Kratts	Jdg Judy	The Dr. Oz Show	The First 48	The Doctors	Young & Restless	Early News	Mercer	SpongeBob	NFL Football: Cincinnati Bengals at Baltimore Ravens. (Live)	Anderson Live	Daily Planet (N)	Phineas	How I Met	Movie: "I, Robot" (2004) Will Smith	Housewives
5 PM	Browns	News (N)	Dive, Olly	World News America	News	News	Intervention "Katie"	News	Early News	(4:59) News Hour	News	SpongeBob		CTV News at Five (N)	Myth-Busters	Wingin' It	Holl's Kitchen		Married
6 PM	Browns	Global Nat.	Animals	PBS News-Hour (N)	News	KREM 2 News at 6 (N)	Intervention "Diana" (N)	News	(5:59) News Hour (N)	ET Canada	News	iCarly		CTV News (N)	Auction	ANT Farm	Murdoch Mysteries		Married
7 PM	Seinfeld	Ent	Canada: Over the Edge	Walt...	Jeopardy!	Inside Ed.	Beyond Scared Straight	Ent	Ent	Movie: "Quantum of Solace" (2008) Daniel Craig	Wheel	The Next Star	(7:15) NFL Football: San Diego Chargers at Oakland Raiders. (N Subject to Blackout)	etalk (N)	Auction	Jessie	Shameless	Movie: "I, Robot" (2004) Will Smith, Bridget Moynahan	3rd Rock
8 PM	Family Guy	Movie: "Quantum of Solace" (2008) Daniel Craig	Art of the Heist	Antiques Roadshow	The Voice	How I Met	Beyond Scared Straight	Bachelor Pad (Season Finale)	Movie: "Quantum of Solace" (2008) Daniel Craig	Mr. D	Rock	Victorious	Chargers at Oakland Raiders. (N Subject to Blackout)	Castle "Always"	Final Auction	ANT Farm	CityNews-Tonight (N)		Debu/Part
9 PM	Movie: "Smart People" (2008)		Stardust: Bette Davis	Great Performances at the Met	Grimm (N)	Hawaii Five-0	(10:01) Intervention	(10:01) Castle "Always"		The Office	National	The Next Star		MasterChef (DVS)	Dirty Jobs: Down Under	Wingin' It	Cold Case		Law & Order
10 PM		The Office	Architects of Change "The Need for Biodiversity"	Charlie Rose (N)	News	News	Beyond Scared Straight	News	News Hour Final (N)	ET Canada	Stroumbouloupoulos	Mr. Young	SportsCentre (N)	Grimm (N)	Auction	Lizzie	Cold Case	Repo	Gold Girls
11 PM	"Romy and Michele's"	CHBC News Final (N)			News	News	Beyond Scared Straight	News	News Hour Final (N)	The Talk		Boys	Sports	CTV News	Daily Planet	Cory	G. Martin	Repo	Married



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Princeton Posse's Sam Ernst (#14) wins a face off against North Vancouver Wolf Pack August 31st. \*

## Posse start pre-season schedule

With a mostly sunny day and a high temperature outside in the mid-twenties, Princeton Posse started their 2012/13 KIJHL exhibition season August 31st in a chilly Princeton Arena against North Vancouver Wolf Pack of the PIJHL.

While pre-season games typically mean nothing in regular stats and

are not much more than warm-up games for coaches still deciding on who to sign and who to cut from their team, Princeton fans did have reason to celebrate – a total of three local boys were on ice in the trademark burgundy road jerseys of the home team.

The trio, Lindsay MacLellan, Drayden Larsen and Kraig Leochko, saw a lot of ice time in the game.

Princeton scored first at 19:16 of the opening frame when Lincoln Lane took a pass on the stick side of Wolf Pack goalie Johan Peterson and sailed across the crease tapping the puck gently with a one-handed pat off the back of his stick. The puck moved in slow motion through a small hole between Peterson's legs.

The unassisted goal ended up a reoccurring theme as the Wolf Pack tied the game at 14:45 of the second (Jamie Creamore) and took the lead at 12:23 (Brandley Crompton) with two unassisted goals.

At 6:03 the Wolf Pack took a 3-1 lead with a goal scored by Taylor Tanti with assists going to Max Metzner and Bret Gough.

The first penalty of the game wasn't until 3:56 when North Van's Makoto Oliver went off for tripping and moments later Marcus Houck went off to serve a too many men on ice call giving Princeton a two-man advantage for 50-seconds but they couldn't capitalize on it.

With only 15-seconds left in the

period, the visitors added another goal (Evan Morris from Taylor Bowman and Mark Spong) to take a 4-1 lead. It was clear that the Wolf Pack came out stronger in the second, but the final period saw both sides of the rink spring into action with Princeton slowly eating away at the Wolf Pack lead.

Jaydon Gilding scored Princeton's second goal at 17:38 with assists going to local boys Kraig Leochko and Lindsay MacLellan.

Posse veteran Cole Weber (who was wearing the 'C' for the game) added another at 9:45 with assistance from Sam Ernst.

Then Princeton's Jaydon Gilding was penalized for a delay of game puck flip at 1:51 and the Wolf Pack finished the Posse off with a power play goal at 1:37 (Taylor Tanti from Keith Bendall).

Final score: North Vancouver Wolf Pack (PIJHL) 5, Princeton Posse (KIJHL) 3. Shots on goal: Wolf Pack 39, Posse 37.

Princeton hosts a Showcase event this weekend which will see a total of four hockey games in three days Friday, September 7 (7:00 PM) Golden at Princeton, Saturday, September 8 (2:00 PM) Chase vs. Golden in Princeton, (7:00 PM) Kamloops at Princeton and Sunday, September 9 (1:00 PM) Chase at Princeton.

Princeton's regular season home opener is Friday, September 14 (7:00 PM) when the Posse play host to Fernie.

**PRINCETON POSSE PRESENTS:**

# HOCKEY SHOWCASE


**AT PRINCETON ARENA**

**FOUR GAMES IN THREE DAYS!**


**Friday, September 7**  
7:00 PM - Golden vs. Princeton

**Saturday, September 8**  
2:00 PM - Chase vs. Golden  
7:00 PM - Kamloops vs. Princeton

**Sunday, September 9**  
1:00 PM - Chase vs. Princeton



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### Obituary

### Obituary

### Help Wanted

### Help Wanted

### Help Wanted

#### Albert Grant Lawrence

February 12, 1916 - August 29, 2012



Bert passed away peacefully at the age of 96 1/2 at Princeton Hospital. Born in Rosedale, BC, he moved to Princeton with his family when he was 12 years old and spent most of his life here. Bert proudly served in the navy during WW11.

He is lovingly remembered by his wife Grace to whom he was married for 71 years, daughter Damella (Frank) Armitage, sons Grant and Duane, 6 grandchildren, 14 great-children and 4 great-great-grandchildren.

Bert was pre-deceased by his daughter Jeraldine Waddell (Wayne) in 2010. Funeral Service to be announced.

#### Ronald Wayne MacDonald

May 16, 1937 - August 22, 2012



Ron was born in Weyburn, Saskatchewan on May 16, 1937, the only child of Norman and Mabel MacDonald. After high school Ron worked in and around Weyburn until his job with Imperial Bank took him to Mayerthorpe, Alberta in 1959. It was there that he met his future wife, Barbara Keeley. Ron's job transferred him to Edmonton, Alberta in 1960, and he and Barb married in 1961. In 1966 Ron resigned from the Imperial Bank to join the municipal police force in Ponoka, Alberta. When the RCMP replaced the municipal police in 1969 Ron went to work for Jack Moxium Security, and in 1970 was transferred to Princeton as head of security during the construction of the Similkameen Mine. When this was complete, rather than be transferred back to Alberta Ron chose to remain in Princeton and got a job at the mine driving Cat. When the mine went on strike Ron went to work for the Department of Highways, where he drove grader until his retirement in 1998. While his children were growing up Ron was very active in Princeton minor sports. In his retirement he was an active member of the Branch #30 Senior Citizens Association.

Ron passed away suddenly in the Pentiction hospital on August 22, 2012. He is survived by his loving wife Barb of 51 years, four children Katrina, Karen (David) Brewer, Patty (Calvin) Stephen, Wayne (Rosie), six grandchildren Carley, Amy, Devon, Shawn, Shelby, Tori, one great-grandchild Maci. And TICKLES.

Donations in Ron's memory can be made to the "Save Princeton Hospital Fund" through Branch #30 Seniors Centre.

"So grieve for me-if you must,  
Then only let your grief be comforted by trust.  
It's only for awhile that we must part,  
So bless the memories within your heart."

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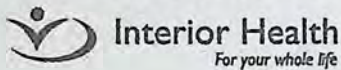
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335 Billiter Avenue, bright, clean 1-bedroom house \$575.00/month plus utilities. Available immediately. Contact Heather Johnson at Century 21 Princeton Realty 250.295.6977. Sep 04

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#### Thank You!

I would like to extend a big Thank You to Jeff Douglas of Bob Douglas Trucking for stopping in an alerting us to the fire on the roadside near our plant.

A quick response from PWP crew members Gary Zieske, Ron Jickels, Bill Rempel, Dwayne Turpin, Ethan Gronen and Billy Everitt made sure the fire was quickly under control and then put out. A carelessly thrown cigarette butt from a passing vehicle could have had a devastating impact on our plant and the USB's forestry yard.

Thanks everyone!

Elizabeth Marion, President, Princeton Wood Preservers Ltd.

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**WEDNESDAYS SCA Branch #30**

Quilting 10:00 AM  
General Meeting 2nd Wed. 1:30 PM  
Exercise Class 10:15 AM  
Cards, Pool all day - except 2nd Wed.

OPEN 9:00 AM - 4:00 PM  
Lunch: 11:30 AM - 1:00 PM

**Narcotics Anonymous**

**OPEN MEETINGS**  
Wednesdays 7:30 PM

160 Old Hedley Road  
Baptist Church Basement  
(USE BACK DOOR)  
Sundays 7:30 PM  
Basement, Chamber of Commerce, Highway 3

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Sudoku

**CARTER'S** Sudoku Challenge  
SOLUTIONS TO PUZZLES ON PAGE 14

**CHALLENGE #418**

123	896	547
475	213	986
968	457	231
682	549	173
719	632	854
354	178	692
537	961	428
246	385	719
891	724	365

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Notices

Notices

Notices



Dorothy Monkman and Joy Walker were the 'greeters' at the SOS/SOHC Fundraiser held August 29th at the Senior Citizens' Branch 30 drop-in centre. In addition to a silent auction there were raffles and door prizes. \*

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Live entertainment was part of the schedule August 29th during the SOS/SOHC fundraiser at the seniors' centre. \*

# Flip Of The Coyne

by Spencer Coyne

..... continued from Page 3  
our area. It would take more than this column to list all the recreational activities for people to explore and enjoy in our valley.

We are blessed to live in an area as diverse and beautiful as the Similkameen Valley. The adjoining valleys that make up our watershed only add to our natural diversity that allows a person who lives here to play in all four of the seasons. We have something that is unique. Those who know how to take full advantage of our natural play-

ground are never bored and never without something to do on their days off.

We may not have some of the things that the city has but we have a lot more to offer if you really want to get out and enjoy yourself. From our cultural and historical attractions to recreation facilities we have so many things to offer. You can become involved in organized sport, become part of the River Road Theatre Company, or just walk the KVR. We are blessed. We just need to accept that.

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Reporting to the CAO, the Manager will effectively lead, manage and monitor the department's performance, operating and capital budgets; develop and implement department policies and procedures; and establish, monitor and nurture good working relationships with all stakeholders with the Public Works team. A broad and challenging range of duties will add variety to the job and allow the incumbent to be creative and innovative.

The successful applicant will have a municipal public works background and be a seasoned supervisor and leader. The applicant will also possess a diploma in Civil Engineering Technology, be eligible for registration with the Applied Science Technologists and Technicians of BC. EOCP certifications in water and waste water management would be an asset.

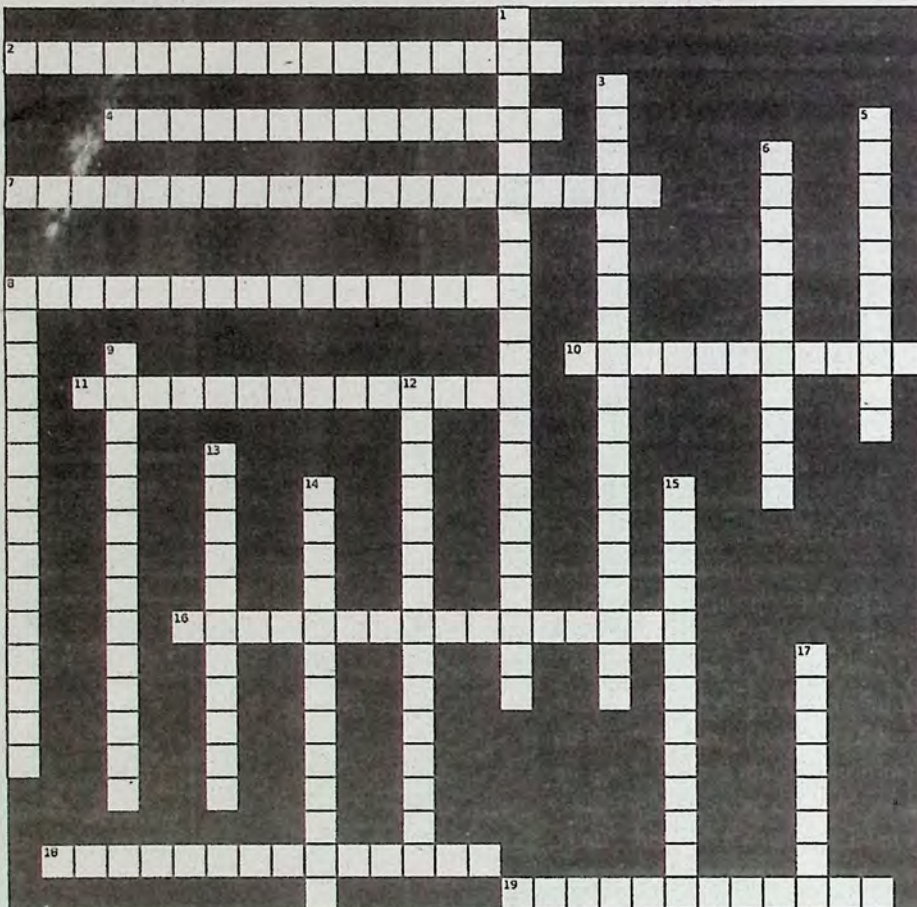
The Town of Princeton offers a competitive salary and benefits package.

Applications are invited in the form of a detailed resume and three references with a covering letter detailing your qualifications and experience relative to the position. Applications, clearly stating the title of the position for which you are applying, will be accepted by the undersigned until 4:30 pm on Friday, September 28, 2012.

Helen M. Koning, Interim Chief Administrative Officer  
P.O. Box 670, 169 Bridge Street, Princeton, BC V0X 1W0  
Phone: 250-295-3135 Fax: 250-295-3477  
E-mail: [hkoning@princeton.ca](mailto:hkoning@princeton.ca)

## Similkameen News Leader Puzzler

Use the August 28 News Leader to find Answers Below...



- Across
- What is School District 58 selling in the classified section?
  - The 'VP' in SVPS.
  - What is CPF?
  - "\_\_\_\_\_ or you wouldn't be reading this!"
  - According to Living Past 100, what is good for you?
  - Spencer Coyne writes this column.
  - You can do this by stringing up a long cargo strap.
  - Name the Mens Open Low Gross Winner.
  - Where is the cemetery pictured on Page 4 located?

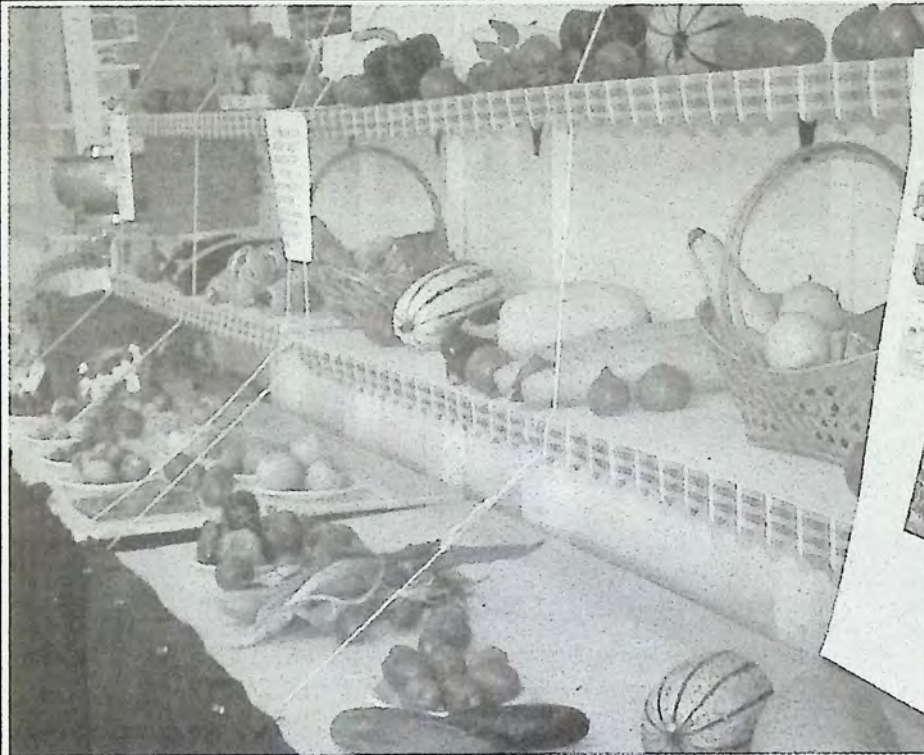
- Down
- Which school hosts the StrongStart Program?
  - The 'PX' in PXA.
  - Name the Girls Champion in the BC Juvenile Tournament.
  - Name one of the Princeton GC Mens Club Co-Captains.
  - Who set a new course record at Princeton Golf Club?
  - Name one of the Princeton GC Mens Club Co-Captains.
  - The 'OT' in TOTA.
  - Name the Mens Open Low Net Winner.
  - Name the first stop for Bus #4581 on Route 58H3W.
  - Name the President of Bengel Publishing Inc.
  - Name the Boys Champion in the BC Juvenile Tournament.

Similkameen News Leader

PUZZLER #88  
Copyright 2012 - Brenda Engel



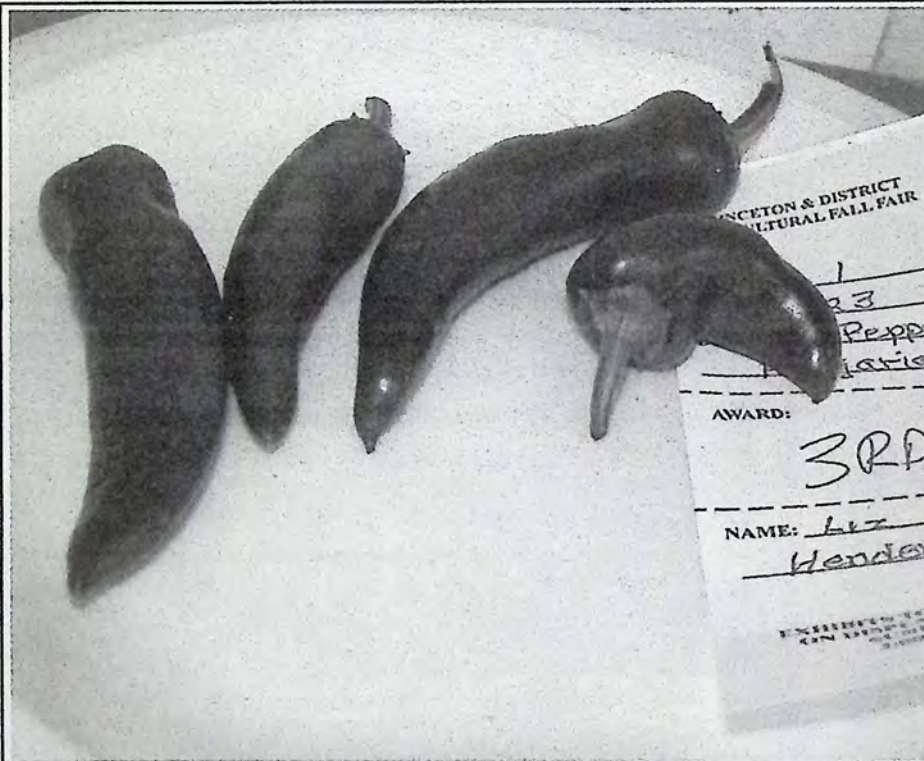
# Princeton Agricultural Fair



Local gardeners filled exhibit buildings with entries at the annual Fall Fair September 1 & 2. \*



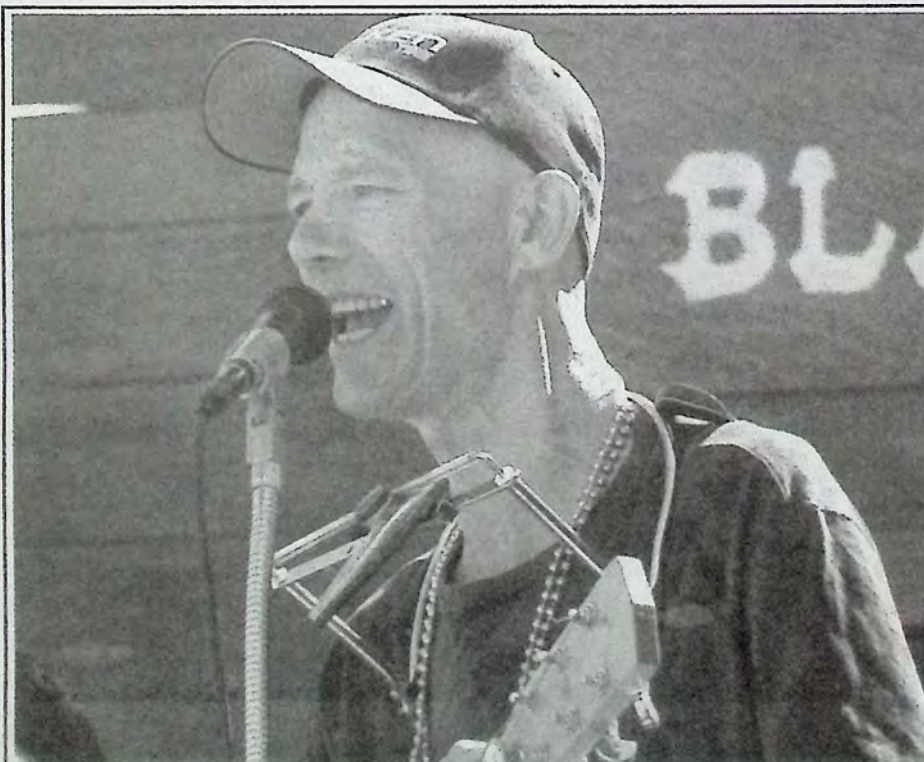
Princeton Posse hockey players (Sky Buller, Sam Ernst, Kyle Dolly, Connor McNally and Jon Thompson) spent some 'buddy time' at the Fair. Three even got their faces painted! \*



Here's proof you can grow just about anything in the ground in Princeton! \*



The Marron Valley Drill Team performed at this year's Agricultural Fair. \*



Local favourite Mat Duffus brought his brand of family entertainment to the Fair. \*



Another small sample of the volume of entries in this year's Fair. \*





Work continues on the Hedley hugelbeet project which has brought numerous residents together. - photo submitted

## Hugelbeet Beat

### Hugelbuilder Angelique Wood

Tuesday, August 21st seemed like the heat was finally "breaking", and the muggy air suggested a rainstorm was coming. We were lucky enough that the rain held off until our Hugelbuilding was finished for the day, so it watered in the layer of dry grass and garden trimmings which we were applying to the top and sides of the Hugelbeet.

The amazing thing about the piles of clippings and leaves which have sat waiting to be placed atop the Hugelbeet since May 2012 is that they have already begun to decay in place and become a rich humus layer. As we add this rich topping to the web and mesh of branches and twigs it sinks into the cracks and stabilizes. - We are also finding all sorts of plants which have survived being dumped into the sorting pile and are growing... we'll see how they do now that they are exposed. Found plants include irises, bergenia, convallaria, and sempervivums, so we are experimenting with letting them live, to see how well they can do under the hot conditions of the "beet".

The pile can be walked on, and the "springiness" which it first had while the branches were pliable is now much more solid - they are breaking down quickly in the summer heat. We have regularly added enough material to make the pile more than 8 feet tall, and yet by the next week's build we find the pile has sunk at least a foot. This is a good sign that the microbial activity is high and that things are breaking down.

The Hedley Volunteer Fire Department has watered the Hugelbeet two times in the last 10 days, which is great during this dry summer heat. We Hugelbuilders are very grateful that the Keremeos Volunteer Fire Department assisted in watering the "beet" on August 14th when they came to do a workshop to teach new members of the Hedley Volunteer Fire Department the technique of using a tanker, a water bladder and "drafting" a firetruck off the water in the bladder. More than 2,500 gallons of water deluged the hugelbeet that night.

The "drafting" technique is used

when there are no useful hydrant hook-ups close by to the fireground: while the pumper truck parks close to fire and lays out its attack lines, the tanker empties its contents into a giant rubberized and aluminum-reinforced bowl. The stationery firetruck, with its hose lines all run to different places, acts as a giant manifold sucking the water which the tanker dumps into the bladder. After emptying its tank, the tanker drives to the hydrant and fills up, and continuously refills the giant bladder for the pumper to use in its lines.

This technique is really important to understand and use for dry areas like the Similkameen; and the town of Hedley has a number of locations, including the areas near the Gold Dust Pub and the houses near the transformer station, the Colonial Inn and old "Gold House" B&B, and the upper subdivision of the Upper Similkameen Indian Reserve, all of which are not serviced with enough water pressure to hook up our new fire truck to their water delivery lines without the possibility of cavitating them.

## Broadband?

High-Speed Internet is NOW available in Coalmont and Tulameen!

For Information contact:  
China Creek Internet Service 250.295.7944

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FOR INFORMATION CONTACT:  
David Lasser

1-866-750-8108

## MONDAY NIGHT BINGO

162 Angela Avenue, Princeton  
(Senior Citizens Association - Branch #30)

BINGO PRIZES AWARDED AUGUST 27

Bonanza - \$123.25 WON  
Odd/Even - \$ 81.75 WON  
Lucky 7 - \$ 80.75 WON

BC Gaming Licence #109667 - "Know your limit, play within it."



Startup date September 10th. **KARATE**

6:30 pm @ the United Church Hall

Call Paul for details : 295 7374

new students welcome



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# We Need Your Help!

Outbackjacks Horse Rescue is looking for volunteers for our Saturday, October 6 Flea Market & Fundraiser

We are also looking to borrow or rent the following:

Snow cone machine - Popcorn machine - Mini doughnut machine - Cotton candy machine

If you own a Carnival Game you are more than welcome to join the fun...but all games will be FREE for children. If you are a musician, magician, dancer or DJ and would like to donate your time for the day we would love to have you. Also, if you belong to an animal group we would love to have you at the flea market as our goal is animal awareness for children. For more information contact Gena at 250-295-0775 or 250-438-0062 (cell). Thank you!



**Brenda Crawford**



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**April Earle**



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(250) 295-5346

**Sandra Simpson**



sandra@bcland.net  
(250) 499-9414

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**310-7th Avenue**



What a great find! Only minutes to town, renovated home on .27 of an acre. Fenced and private, mature gardens, 3 sheds and RV parking. New flooring, paint, and windows make it light and bright. New porch and exterior wood shingles. Really a wonderful home at an affordable price. Put this one on your list! MLS © 139025 \$136,500

**228 Burton Avenue**



Lovely charming home minutes to town. Some updates have been done, newer roof, furnace, siding. Bedroom on main plus 2 possible above. Unfinished basement great for storage. Very private fenced backyard, 10 x 22 outbuilding for overflow company, a workshop or your ideal! Just steps to the river. Come have a look! MLS © 139220 \$160,000

**391 Ingerbelle Drive**



Located on a quiet street across from China Creek, this 4 bedroom, 3 bathroom house is the perfect place to call home. From the moment you set foot through the doors of this unassuming gem you will be amazed by the bright and spacious feel. The sitting area is great for a formal space where you can sit and relax. MLS © 138994 \$264,900

**765 Scott Avenue**



This sweet little house in the heart of the village of Hedley needs TLC, but its solid and has substantial updates in 2001, including a new roof, furnace, windows and the main bathroom was renovated. Hedley is a community-minded place just 20 -25 minutes from Keremeos and Princeton and 50 minutes from Pentiction. MLS © 139019 \$136,000

**511 Similkameen Avenue**



First time buyers or investors look no further! Sturdy and cute as a button, 3 bedroom home loaded with potential in the tunnel area. Newer furnace and hot water tank. Large main floor bedroom doubles as a laundry room but could also be used as an office. Outside boasts a fully landscaped, yard with alley access. MLS © 138970 \$199,900

**1862 Shinish Creek Road**



Bring your friends and family!! A golden opportunity to own LAKEFRONT ACREAGE! This 3.51 acre parcel gives everyone their own space and a family purchase makes owning recreation property affordable. This solid 2 bedroom cabin has an open plan kitchen/living area with an enclosed porch. MLS © 136990 \$475,000

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