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Tuesday, January 15, 2013

Canada We acknowledge the financial support of the Government of Canada through the Canada Periodical Fund of the Department of Canadian Heritage.



The Town of Princeton works crew had a busy start to their week cleaning up after a heavy snowfall January 8th. With Britt Fraser at the controls, no amount of snow could stop the giant snowblower from getting the job done.\*

# Band Master dies happy

In December, the News Leader ran an story about Harold Crane, who taught band in Princeton Secondary School during the 1960's and early 1970s. He returned here for a band concert and to be recognized for donating an instrument to Princeton's band. The 96 year old Crane conducted the band in O Canada, then stayed to hear a tribute to him by Bob Cormack, who was

Principal during the time Crane taught band in Princeton.

According to his daughter, Joyce, Crane was thrilled with the experience, and talked about little else during the following week. He had a copy of Cormack's tribute speech, and read it several times. Harold Crane passed away a week after the band concert in Princeton, a week in which he was very happy.

# Princeton receives one of 27 Grants

Seniors in Princeton and throughout the province will benefit as 27 communities receive grants of up to \$20,000 to help create programs or tools that address the needs of their older residents.

"This year's grant recipients have recognized the importance of ensuring that communities and businesses meet the needs of residents of all ages," said Minister of State for Seniors Ralph Sultan.

"Successful projects focus on a wide range of supports to make life easier for older residents. Many of these programs are supporting seniors to remain socially active

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and connected to their communities and are helping to reduce isolation, which is one of the top issues that I hear from seniors across B.C. when I meet with them."

The age-friendly planning and project grant program is a partnership between the government of B.C. and the Union of British Columbia Municipalities (UBCM). Grants of up to \$20,000 are provided through UBCM to help establish, or continue, a variety of projects that support healthy, active seniors.

"As B.C.'s population continues to age, it is important that we look to ways to support the health of

\$179,000

REALTY

C. BULLAY.

seniors and ensure that our communities are age-friendly and accessible," said Cariboo-Chilcotin MLA Donna Barnett.

"It is great news for seniors here in the Cariboo, and across B.C., that local governments are engaging in projects and programs that support our oldest residents."

Applications for age-friendly planning and projects grants were reviewed by staff from UBCM and the Ministry of Health. They were scored on a variety of factors, including: goals, proposed activities, involvement of seniors and other key partners, budget, and innovation and sustainability.

"As local governments come to grips with aging populations, there is a need to rethink the range of services we provide and how they are delivered. This program is helping communities around the province to improve policies and services for seniors," said Mary Sjostrom, president of the Union of British Columbia Municipalities.

Since 2007, 117 B.C. communities have received funding to support age-friendly planning and projects. Examples include age-friendly assessments, ensuring services are

more accessible, supporting transportation and social connection to help prevent social isolation, and improving the community by increasing garden and green space.

In September 2012, government announced \$500,000 was available for the 2013 round of grants. Fourteen of the 27 successful applicants for 2013 have not received previous funding through the program.

"We are very pleased that this funding will enable us to work in partnership with the South Cariboo Community Planning Council to conduct an age-friendly assessment and will help us build on our ongoing work in creating livable communities for seniors with disabilities," said Mitch Campsall, mayor of the District of 100 Mile House.

The age-friendly grant program is only one aspect of Age-friendly BC, which focuses on providing communities with support, information and recognition to help meet the needs of an aging population. Local governments can achieve age-friendly recognition and officially become an Age-friendly BC community once they have completed four basic steps

that focus on community engagement, commitment, assessment and action.

To learn more about Age-friendly B.C. and the Age-friendly Planning and Project grant program, please visit: www.gov.bc.ca/agefriendly.

The age-friendly grant program reflects the goals of B.C.'s Family Agenda, which supports seniors by encouraging healthy, active aging. To learn more, visit: www.families-firstbc.ca.

Age-friendly grants recipients for

#### 100 Mile House

Project: Towards an Age-friendly Community

Grant amount: \$19,967

#### Anmore

Project: Age-friendly community action planning

Grant amount: \$19,910

Barriere

...... continued on Page 23

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# **Prince Town 1826-1926**

**Prince Town** 1826 - 1926

W. George Elliott

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# Weyerhaeuser Timberlands celebrate milestone

On December 21, 2012, a very significant safety milestone was achieved in the forests around Princeton.

The entire Weyerhaeuser Princeton Timberlands organization - contractors and employees - celebrated going two years of working without a recordable injury.

"This is quite an achievement," says Rob Marshall, manager Weyerhaeuser's Timberlands organization in Princeton.

"Weyerhaeuser has a vision of hav-

ing an injury-free workplace so everyone can go home safe and sound every day. Forestry work has many hazards, but they have shown it can be done safely. These are world-class results and very few forestry organizations can make this claim."

This safety accomplishment includes an average of 120 people working in the woods operation every day. They are involved in all aspects of forestry work: planning, timber cruising, road construction, road maintenance, harvesting, hauling, planting, scaling and surveying.

"I give a lot of credit to the Weyerhaeuser staff, the contractors and their employees for all working hard on all the little things that make up a safe working environment," said Marshall.

"Everyone should feel proud they work in an operation with this kind of safety record."

Marshall noted that on December 21, 2011, they had celebrated one year of working without an injury. "That was new territory for us," he commented.

"We had never gone a full year without someone getting hurt on the job. Now, we are two years without a recordable injury." (In general, a recordable injury is a work-related injury that requires medical attention from a health professional.)

Fred Dzida, Director of Canadian Timberlands for Weyerhaeuser, added his congratulations.

"Recognizing the challenging conditions we have all faced during the past few years, this is a huge accomplishment," says Dzida.

The Weyerhaeuser Timberlands organization is responsible for forestry operations on 424,000 hectares of forest in the Princeton and Okanagan Falls areas that support the Weyerhaeuser sawmill in Princeton.

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all its contractors, sub-contractors and their employees for their OUTSTANDING SAFETY PERFORMANCE in completing 2 years of working injury free:

Weyerhaeuser Timberlands Operations in Princeton congratulates

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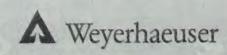
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# Flip Of The Coyne

#### by Spencer Coyne

Something is happening south of us, something that has the potential to be a powder keg if not handled correctly. Since the Sandy Hook shooting in Connecticut the gun debate has been progressing nearly at the speed of light and no one is listening to the other side, minus what they want to hear of course.

If you watch CNN then you may have seen the Piers Morgan interview with Alex Jones, the host of The Alex Jones Show, Alex Jones started a petition to deport Piers Morgan from America for his stance on guns. When on Piers Morgan's show Alex Jones erupted into a pro-gun tirade but the message he was actually giving is not only held by him but by millions of Americans, Alex Jones claimed that there would be another revolution if the government was to try to take Americans' guns away. At first glance you may think that Mr. Jones was a little off his rocker that night but all you have to do is start looking at some of the online chatter and what Alex Jones was saying is not only his opinion but an opinion held by many American citizens who see their right to own guns as equal to that of their very liberty and freedom.

I understand where both sides of the debate are coming from and I have my own opinions on the matter but what really has surprised me is how divided this debate has made the United States. I guess I shouldn't be, but I am, and more so I am surprised that the government is not doing anything to quell the fears of the people. The Vice President went before cameras to tell the nation that the President was ready and

willing to use executive orders to skirt the congress and senate to pass gun control laws. As you may know there is already a large percent of the American people who fear President Obama because of his skin colour and many still think he is a Muslim or an agent of Islam. It shocks me that when the country is already so divided over this President the Vice President would say that no matter what the elected officials of your districts say or do, the executive will bring in gun control laws. You would think they might want to try and sugar coat something such as this.

I don't think that everyone who says that they will fight back will, but I think some will and if those some do, it could mean people dying in the streets.

I am not trying to sound over dramatic about the situation, but I am really beginning to believe that there is a percentage of the American population that is ready and willing to fight their government on this issue any way possible and I am not talking about the regular group of crazies here. I am talking about ex-service men who are tired of their government, shop keepers, the regular working Joe six . pack type of American. I am not even convinced that it is really all about gun control either since really we haven't even heard any real details other than limiting magazine capacity as to what the plan is or could be. I think the American populace is getting tired. I think that at the end of the day they are tired of the growing list of civil liberties that are threatened. Combine that with the recession/depression and

# **Arts Council looks at 2013**

by Marjorie Holland, President

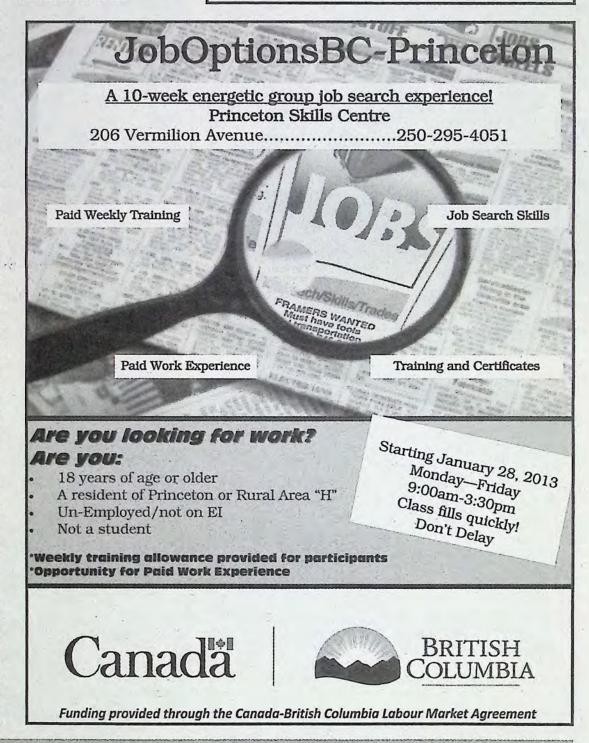
This new year promises excitement for Princeton as the Arts Council builds on foundations laid in 2012. Last year we were able to register as a Charitable Organization. This process helped us to determine our long-term objectives and align us with other arts councils. Our application for charitable status coincided with a thorough review of the Guidelines by the Canada Revenue Agency, clarifying the purposes and restrictions for all arts groups seeking to maintain charitable status.

Here in Princeton, we are already heading in the right direction. We are currently applying for the funding necessary to ensure that we can continue to provide a broad spectrum of arts events.

America has become a powder keg. In the past we had the Occupy Movement but it wasn't taken too seriously by mainstream America, some of their message was though, and now after seeing their economy gutted, legislation passed that could remove your rights as a citizen when detained, and a myriad of other new laws, the people of America are tired and now that there is talk of taking guns away, they are scared and they have had enough. President Obama and the rest on Capital Hill need to be very careful if they want to do this without a disastrous result.

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# A CHIS LOADS

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# My Tum\_

#### You Could Say It's Winter

When it got snowy last week I heard a lot of people discuss it as if it was a major disaster to the season.

I think we need to remember that as far as winters go, so far, this one hasn't been all that bad.

It wasn't until the major dump of snow last week that we fired up our snow blower, as we haven't really needed it until then.

I don't mind a bit of snow here and there. You know, enough that requires wiping off the car with a snow brush and still far less than requiring passes down the sidewalk with the snow shovel.

If winter here was white hills and a light dusting every four or five days, I'd be happy.

What I really hate about winter is the cold.

There again, until late last week, it really hasn't been too cold either.

I know it's colder than usual when Princeton Arena is warmer than being outside.

I know it's cold when I'd rather stand in a walk-in freezer than spend twenty-minutes scraping frozen car windows.

I know it's cold when my glasses fog up from just walking to the post office and once I get to the lock box lobby I can't see anymore.

It hasn't been that kind of winter, or at least, not for days on end. So when conversation last week lightly touched on the subject of not having the traditional cold snap of minus thirty-something weather I saw it as a warning of some kind.

And sure enough, the next morning I read -23C on our outdoor thermometer.

I scoffed at the reading until I got in the car and found the digital speedometer was traveling far slower than I was down the street on my way in to work.

But you know what I like about Canadian winters?

You can distinguish them from Canadian Summers.

There's no mistaking one from the other and that helps to keep track of time. In the Similkameen Valley each season has a pattern and that is what I think keeps us going.

Besides, in a matter of weeks we'll be celebrating the arrival of spring followed quickly by complaints about how hot it is.

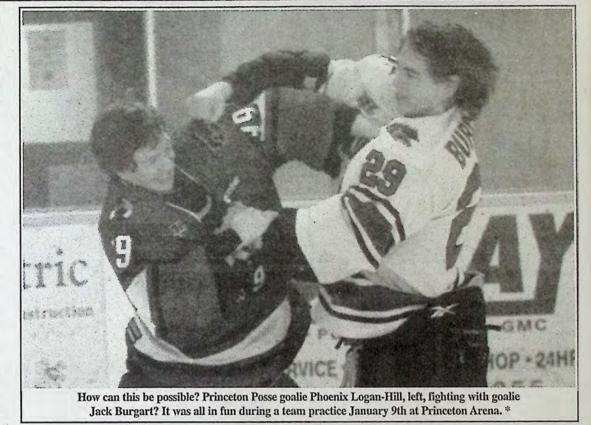
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#### EDITORIAL GUIDE

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# Building permits up in 2012

Building permits issued through the Regional District of Okanagan-Similkameen in 2012 suggest development in the regional district is slowly continuing to pick up following the economic downturn of 2009.

"Although it's not quite a return to 2008 when the Regional District enjoyed more than \$46 million in new development and additions, 2012 still brought considerable growth to the region," said Donna Butler, RDOS Development Services Manager. Over the 12-month period, the Regional District issued 439 building permits with a total value of almost \$39 million. That is up from \$37:9 million in 2011 when 410 permits were issued.

As in previous years, the majority of new residential building permits are for the RDOS's South Okanagan region, specifically that area south of Penticton, including Okanagan Falls/Kaleden, rural Oliver and rural Osoyoos.

Of the 88 new residential units granted building permits in 2012, 63 were in Electoral Areas A, C and D. Building permits were granted for another 18 units in Electoral Area H, rural Princeton including Tulameen, Osprey Lake and Eastgate areas. All of these residential building permits were for single family units and totalled \$ 23,929,673.

Almost all of new non-residential development (commercial, industrial and institutional) was in Electoral Areas C and D (Kaleden-Okanagan Falls-Oliver) where 27 of 33 permits were issued. New non-residential development totalled \$5,519,745.

"The Regional District of Okanagan- Similkameen is still considered a premier location for both residential and commercial development," said RDOS Regional Board Chair Dan Ashton.

"Our amazing climate, beautiful scenery and friendly, hard-working folk make the Okanagan-Similkameen a great place to build a life."

The Regional District of Okanagan-Similkameen provides a monthly summary of building permit activity as part of its commitment to its clients and improving the stakeholder experience. Monthly reports are available online at www.rdos.bc.ca under Building Permits Statistics.

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# Current Comment

# Is Media Violence A Key To Mass Killings?



Dawn Johnson editor@thenewsleader.ca

There are peculiar links between drama and the killings in Aurora, Colorado and at Sandy Hook Elementary School.

In the first instance, at Aurora, a young man entered a movie theatre and shot several people who had attended a Batman movie. In the original Batman story, a mad killer enters a movie theatre in a place called Aurora and cuts loose with a gun and kills a number of people.

In the second instance, in a movie called Hunger Games, children are sacrificed annually. The children live in a place called Sandy Hook.

Isn't this just too much coincidence?

There are some conspiracy theories out on the net about this, but conspiracy theories aside, let's think about the impact of film media on young minds. Some people, like me, can watch a movie or television show and remain separate from what is going on. I see the film as an object I am viewing, and I remain emotionally separate from the action. Other people, particularly younger people, can enter into the movie emotionally, becoming part of it. In some cases, they become so much a part of the movie they 'experience' it not as a movie, but as if it were a true, real time personal experience.

Imagine what happens when the emotionally involved viewer has an immature mind and perhaps a mental imbalance that may not even be a concern to others because there is no outward indication until something terrible happens. Imagine the impact of years of violent films and violent computer games on such a mind. That mind has been personally involved in a long series of violent experiences from his or her early years, in a violent reality that exists not in the real world but in the mind. Remember, each of us sees the world based on individual perception of the world, and if that individual perception is created by an artificial source such as a movie, the perception is nevertheless the truth to the person who perceives it.

We see this phenomenon all the time in children under age 10. They go to a movie and then begin to play the parts of movie characters in elaborate games made up to mimic the movie. What happens if the child's mind fails to develop past that stage? Exposed to television and computer games expressing continual violent episodes, how does the child mind process what it perceives? That is a question we need to ask and to study.

Although the two examples I used to begin this article took place in the United States, China has had a series of mass killings of children during the past year, with no explanation of why it is occurring. India has had rape problems on a scale horrifying to the public. If we had all of the news of the world instead of just the most interesting stuff from North America, we would probably discover such incidents are occurring all over the industrialized world, and I have to wonder

whether our ongoing diet of violent movies and television and computer games plays a part in what is happening.

As I look back in my memory of what we see on television, other than the news, I can see a trend toward increasing violence. During the 1960s and 1970s, most television violence was underplayed compared with today, and there were far fewer violent shows. Those that were popular came on after most children were sound asleep. The majority of popular after dinner television shows were about family life, many were comedies, and there were a lot of musical variety shows. Even the soaps had less violence than they do today. Violent movies were out of bounds for children. There were no computer games then.

Even the early computer games did not involve violence.

When we adults allow violence to enter the living room and computer fare, aren't we telling our children this sort of thing is acceptable?

If the kind of thing that happens in some television shows actually happens in real life, we call it domestic violence and children receive specialized counseling for victims of domestic violence. However, the child who has witnessed a violent action on television or in a movie is also a witness to violence and receives no counseling. What is the impact on that child if such things are witnessed daily and nobody seems to care?

We tend to pooh-pooh people who suggest television is too violent, but are we going to have to witness more and more mass killings in schools and theatres before we start investigating the links between what children witness when they are children and what they do when they are older?

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"Above all else, guard your heart, for everything you do flows from it." - Proverbs 4:23



It's been a long time since we've seen the cenotaph in Veteran's Square and the rest of downtown Princeton buried under so much snow. This was the view the morning of January 9th before the Town Crew got to the area. \*

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# Lower Valley News

Keremeos - Cawston - Olalia



What do cows think of when they are looking at us? Do they wonder what we are thinking? Why do some cows pay attention and others seem oblivious to humans lurking nearby? This picture taken recently along Highway 3A suggests some cows can multitask: they can eat and watch at the same time. Photo: Arlene Arlow

# Electoral Area 'G' Report

## **Director Angelique Wood**

2012: Best things and most contentious issues

The 5 best things that happened: 1 The SVPS (Similkameen Valley Planning Society) received a \$500,000 grant from UBCM to undertake a watershed study of the Similkameen River.

A NUMBER ONE PRIORITY identified by area residents is protecting our Similkameen River; we need effective strategies to share this vital resource between industry, agriculture and residents; especially since the International Joint Commission will be renegotiating the Columbia River Treaty in 2014, and the British Columbia Government is in the process of the Modernization of the Water Act, which has not changed for over 100 years.

2. TOTA (Thompson Okanagan Tourism Association) recognized the Similkameen Valley as perfectly positioned to benefit from "Regional Tourism Planning".

This concept, promoted by the Canadian Tourism Foundation, encourages collaboration between businesses and communities, acknowledging that tourists come to "an area" rather than to a specific business or activity. The grant dollars awarded by this Federal agency are being matched by inkind donations through TOTA who are using the Similkameen as a pilot project, to teach other communities in British Columbia how

to strengthen their tourism economies.

3. From May to October of 2012, many individuals contributed hundreds of hours to Hedley's "Hugelbeet".

This project was created in order to lessen the impact of dumping greens waste in the bush, to compost and build soil and to improve the animal habitat along the old tailings piles around Hedley. In early October an unattended campfire lit the grass field and Hugelbeet on fire. This fire proved the necessity of water and infrastructure for such a project to be viable, which was, ironically, one of the purposes for starting the project....to show the need for a stronger water supply near Hedley's old "ballpark" site.

4. Early in September 2012 about 80 residents concerned about the water supply in Olalla met with the RDOS in a "Town Hall" meeting.

After the meeting, a number of locals exchanged contact information and created a citizen's group called "Friends of Olalla". This group of individuals is working to improve their surroundings in Olalla collectively and with care. In addition, a number of other individuals agreed to sit on an Advisory Board for the Olalla Water System.

5. Similkameen Trails Society and Vermillion Forks Trails Society began to meet and develop some strategies for a shared vision of recreational and historic trails throughout the Similkameen Valley.

These groups have realized that working together on a regional plan they will create a more comprehensive network than they can working alone. They have met with RDOS staff and begun to establish a plan to connect the Princeton area to the rest of the Similkameen and Okanagan.

The 5 most contentious things that happened:

1. Princeton General Hospital Emergency Room was cut back from a 24-hour service.

This, in a town dominated by heavy industry, and on a dangerous highway corridor, is unacceptable to most residents. Recent visits from the Health Minister and IHA indicate that the tides are turning in Princeton's favour. This is due in large part to the dedicated efforts of many Princeton and area residents and industry working together to find solutions.

2. The RDOS) Regional District Okanagan-Similkameen) operates transfer stations in Keremeos, Apex, and OK Falls, and a landfill at Campbell Mountain near Naramata

# Electoral Area 'G' Report

### **Director Angelique Wood**

......continued from Page 6 are being compared to Summerland and Osoyoos with the aim of creating a more "level" playing field, which means there will be rate increases at the gate of Campbell Mountain Landfill so that it is no longer the cheapest (and therefor most frequently used) disposal site for commercial contractors.

3. A Boil Water Notice was issued in the summer of 2012 to residents of Olalla in order to safeguard human health.

This action was required by Interior Health and was due to the presence of "total coliforms" in a weekly water reading. The Olalla Well was treated with chlorine in order to further reduce hazards to human health and by Thanksgiving the Boil Water Advisory was lifted. A follow up "Town Hall Meeting" held in Keremeos November 3rd at the Elks Hall and a number of residents asked what they could do as individuals to safeguard the health of the well. A number of workshops are planned for the upcoming months for residents interested in the topic of protecting our water.

4. The National Park in the Similkameen was brought up at the

Regional District Board, after the Federal Government announced that it was dropping its initiative in the beginning of 2012.

The Regional District Board does not have any jurisdiction over a National Park. Residents are strongly divided on the issue, but most agree that the initial process the Federal government undertook was flawed. Most residents want the area to "stay the same" (protect it) but don't want anything to change (regulations).

5. An application for subdivision was made by a developer at Twin Lakes to the RDOS Board.

Local residents were frustrated that the Board would consider such an application because they believe that the aquifer has already been over-allocated. Regardless of the subdivision circumstance, the RDOS Board is MANDATED to consider applications for subdivision. The purpose of such a mandate is to allow for a fair assessment on a case-by-case basis. The RDOS Board has deferred the decision until measurements have been taken over a period of time in order to establish the actual, not projected, levels of the aquifer. The RDOS

Board is unable to place a moratorium on development as requested by residents, as it does not have the authority to do so.

The 5 best individuals and groups:

1. Walter Despot of Keremeos was bestowed the Queen's Jubilee awards for outstanding service to his fellow citizens.

Eight more recipients of this award

who live in the BC Southern Interior region will be announced this February by Alex Atamanenko's office. We residents of the Similkameen Valley are lucky to live in the company of such giving individuals.

2. The Community Club in Hedley brought a street dance to the centre of town at the end of August and people are still raving about it.

The live music was performed by the group the Rocking Recliners, who were on their way to perform at a music festival in the Interior the next day. Thank you to the leadership of the Community Club for bringing this great act to town!

3. Ron Shonk of Olalla was awarded a Ministry of Justice Community Safety and Crime Prevention Award ....... continued on Page 21

# DOS looks for input on budget

The RDOS (Regional District of Okanagan-Similkameen) is looking for feedback on its proposed 2013 Operating budget.

"This is an important part of the budget process — a very important part," said Warren Everton, Director of Finance with the RDOS.

"We hold open houses, meet with local councils and look for public feedback before we finalize the budget to hear what ratepayers have to say."

Over the next six weeks, the RDOS will undertake a number of initiatives to ensure all RDOS ratepayers and constituents interested in reviewing and providing feedback on the 2013 budget will have an

opportunity to do so.

"This includes public consultation sessions in various communities and meeting with local councils," explained Everton.

"We make a budget presentation and then take questions. The information we gather is returned to the Regional Board for further discussion."

Budget information will also be

made available on the RDOS website at www.rdos.bc.ca. The information is available under the Hot Topics tab.

"The budget is a complex document, so we have developed a very robust electronic document that is easy to search and explore," said Everton.

"We've made it like an electronic binder."



# Town Hall News

#### COUNCIL MEETING SCHEDULE

#### Meeting Schedule

January 21, 2013 February 4, 2013
February 18, 2013 March 4, 2013
March 18, 2013 April 2, 2013
April 15, 2013 May 6, 2013

#### MEETINGS WITH MAYOR ARMITAGE

Mayor Armitage will be at
Town Hall on Tuesdays from
11:00 AM until 2:00 PM.
Please drop by and
share your thoughts with him.



#### **2013 DOG LICENSES**

2013 Dog license fees can be paid at Town Hall at a cost of \$10.00 for spayed or neutered animals and \$30.00 for non-neutered or unspayed dogs.

Town of Princeton Bylaw No.782 regulates the licensing of dogs, and states that any dog over the age of eight weeks must wear a valid license for the current year. A fine of \$75.00 will be charged for an unlicensed dog.

#### **COMMUNITY OPEN HOUSE**

#### The TOWN OF PRINCETON invites YOU to attend a Zoning Bylaw Review

WHERE: Princeton and District Community Skills Centre - 206 Vermilion Ave

WHEN: Monday January 28, 2013

TIME: 7:00 - 9:00 pm - drop-in format

Council wants to hear from the community about the future of land use regulations in Princeton, and is asking residents to get involved.

#### WHAT IS THE PURPOSE OF THIS MEETING?

Last reviewed comprehensively in 1994, the current Zoning Bylaw is now being updated into a user friendly Bylaw that incorporates best practices; addresses known issues; and reflects Princeton's Official Community Plan. A Zoning Bylaw regulates allowable uses, density of development, siting, size and dimensions of buildings and parking requirements. The Town is now seeking YOUR feedback on proposed changes to the Bylaw.

Community Planners from Urban Systems will be available throughout the Open House to answer questions and queries related to the Zoning Bylaw review. This event is an opportunity to provide YOUR feedback on the redrafting of this Bylaw.

We look forward to discussing proposed changes to the Zoning Bylaw with YOU. YOUR views about land use regulations in Princeton are important and appreciated.

Any further questions? Please contact: Carrie Kassa — Administrative Clerk Ph: 250.295.3135;

E-mail: admin@princeton.ca

Reprot

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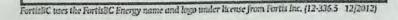


# Safety is within your power

Be ready and safe if the power goes out this winter. All it takes is a little planning and safety know-how:

- create an emergency kit with 72 hours' worth of supplies
- store the kit in an easily accessible location
- consider other heat sources, such as your gas fireplace (but never barbecues or camp stoves)
- stay inside your vehicle until help arrives if it comes into contact with a downed power line

For more tips and information, visit fortisbc.com/safety or call 1-888-438-7847.





With so much snow, where do you put it? The front of Princeton Post Office was an odd sight after a sidewalk cleaning last Wednesday morning. Space soon became a premium in many places around downtown. \*

# hemisphere is colder

by Dawn Johnson

If your common sense told you our weather has been cooler the past few

years, you would be right. A phe- Ocean much colder. This is the nomenon known as the Decadel

Oscillation makes the North Pacific

# Living Past 100

#### The Effects of Childhood

Increasing numbers of people are celebrating their 100th birthdays. If we look back to when they were born, we are looking back to the early years of the 1900s. They lived in a world in which there were no antibiotics and a lot less was known about nutrition and anatomy than today. What single thing gave these people bodies that would keep them going for 100 years?

First, let's not discount the importance of modern medicine in their later years as a feature of why they may have lived so long. Yes, modern medicine has undoubtedly helped them live longer, but what gave them the advantage in youth?

We cannot say it was the food they ate, although there were not the chemical toxins in their food that we have in ours today. In fact, people back then ate an awful lot of saturated fats, eating butter, cooking in lard, eating a lot of fat meats. Many ate a diet containing few vegetables and fruits for an entire winter, yet they remained healthy enough to live past 100 years.

There is one key difference between how they lived then and how we live now, and that difference involves the build-up of muscle tissue and the benefits of constant exercise that we now call work chores. Most Canadians lived in a rural environment in which they had no running water, so they carried it by the bucket into the house and heated it for dishwashing, laundry, cooking and bathing. They were awake early to feed animals, they walked behind horses to plow the soil, they harnessed or saddled horses for transportation, and they did nearly everything the hard way, developing and using muscle.

Children of those days walked or rode a horse to school, they carried wood or coal into the house as part of their daily chores, and older children chopped wood. Even children living in an urban environment had chores like mowing the lawn, which required muscle power, not electric or gas power. They shoveled snow in winter, created skating and curling rinks on ponds in winter and swam in ponds in summer. Children in those days were on the move constantly. They were not bored, because adults would find work for idle hands.

This key difference, all this physical activity, meant children rarely accumulated fat, they built strong muscles, and all that physical activity built strong immune systems. If we compare their childhoods with the lives of children today, we see the need to move today's children away from computers and into the outdoors to play physically demanding games, go hiking, walking, swimming, climbing, and keep their bodies moving as much as possible. Although no studies have clearly spelled out the difference in length of life between those who were physically active in childhood and those who are not active, just ordinary observation gives us food for thought.

opposite of an El Nino, and lasts much longer. The previous recorded Decadel Oscillation began in 1941 and lasted to 1971.

Weather monitoring in Alaska reported last week that during the past 10 years, Alaska's average temperature had declined 2.4 degrees Fahrenheit, but in some areas, the average temperature had dropped 4.5 degrees Fahrenheit.

In the United States, AccuWeather keeps track of how many states are covered in snow on New Year's Day. This year broke a record established just three years ago, in 2010. Some places received a 10 cm. dump of snow where there had been no snow for Christmas in living memory.

Eastern Europe has been hit with extreme cold. People died of cold in Russia, Poland, Latvia, Ukraine, and the Czech Republic. Northern China suffered extreme cold.

In the state of Uttar Pradesh, India, 114 homeless people died as temperatures dropped to 4.8 degrees Celsius overnight. Cold sweeping down from the Himalayan mountains forced a temperature drop, but the weather had been cooler than normal for several days. In New Delhi, street people dressed in what we would call 'summer' clothing huddled around small fires built in metal cans.

Scientists are not jumping to any conclusions about global weather, but are clearly saying the north Pacific Ocean is bringing cooler temperatures, and they are unable to say how long this phenomenon will last.



# **News Leader**

Similkameen News Leader TV Guide Listings - January 14 - 20, 2013



Princeton Posse's Ben Reinbolt (#26) settles the score during the January 11 game against Summerland. \*

# osse

The Princeton Posse hosted Summerland Steam January 11th in another inter-division match.

The numbers tilted in the favour of the home team, which had 11 points on the visitors, but the numbers don't always tell the story.

Summerland had a shorter bench (15 players dressed to Princeton's 20) and came to the Similkameen with a 17-18-1-2 record (2-6-1-1 in their last ten games) while Princeton was sitting one point behind first place in the division with 23-11-0-2 (6-3-0-1 in their last ten games).

Regardless of the stats, the Steam came out fast and hard in the first period and did not let up throughout the entire game. The powerful hits were meant to wear the Posse down, but the home team was just a bit

The first period zipped by as if it never happened with no scoring and only two penalties. Although Princeton out shot Summerland 17-13 in the frame, both goalies had a

The second period was a different

Princeton's Eric Kubis scored the first goal of the game on the power play at 14:19. Assists went to Brett Perrine and Jon Thompson.

Princeton's Lane Erickson scored the Posse's second goal at 7:20 with help from Kurtis Bond and Adrian Coulter.

The excitement of the period peaked at 3:26 when Summerland's Derek Grimm flipped a puck up high from the Steam end of the arena and it sailed into the webcast booth.

"I saw it coming right at us," Posse webcast play-by-play announcer George Elliott says.

"I said 'duck, everybody duck' and as I turned away I heard the puck clang off the metal bar that's basically in the centre of our booth and it reminded me of the sound of a shot hitting a goal post."

No one was injured and Elliott collected the puck from the floor of the webcast booth where it landed near

"The puck took quite a beating as a chunk was taken out of it after hitting the bar up here."

Grimm ended up earning a delay of game penalty and just as he was about to return to the game at 1:52 Princeton's Dakota Leppa scored on the power play. Jon Forrest and Colby Braaten each earned assists.

The third period saw Princeton continue to take control of the ice sur-

Lane Erickson took a pass from Eric Kubis at 9:03 and raced in on his own and flipped the puck up high and over the shoulder of Steam goalie Brett Huber. The puck hit the top of the net just past the crossbar and ricocheted into the bottom of the goal. Colby Braaten also earned an assist on the goal.

Princeton's Kaleb Boyle added a goal of his own at 3:48 which meant each of the 'Special K' line players (Kubis, Erickson and Boyle) had made it to the scoreboard in the

The Posse's Kurtis Bond tapped in a rebound from a shot made by Kraig Leochko for a goal at 2:52. Brett Perrine passed the puck to Leochko.

And just to round out the final moments of the game, Princeton's Devan Suidy grabbed a loose puck and raced in on his own and popped a backhander up high and into the top comer of the Summerland net for an unassisted goal at 1:45.

Final score: Princeton Summerland 0. The win gave Posse goalie Jack Burgart his first KIJHL shut out. Shots on goal: Princeton 45, Summerland 29. Penalties in minutes: Summerland 8 for 35-minutes, Princeton 6 for 23-minutes.

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# AKS Leader

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Similkameen News Leader 250.295.4149

Phone: 250.295.4149 • Fax: 250.295.4103 • e-mail: george@thenewsleader.ca

# Tuesday Movies

**EVENING** 

9:00 pm KNOW ch.5 "The Last Dogs of Winter" (2011, Documentary) Premiere. A man raises 150 Canadian Eskimo dogs, the last of their kind.

9:30 pm WTBS ch.3 "Nothing to Lose" (1997, Comedy-Drama) Martin Lawrence. A dispirited white ad executive teams up with a black car-jacker for a crime spree.

11:30 pm WTBS ch.3 "Miracle

at Oxford" (1996, Docudrama) Johan Leysen. Tension and discord surround members of Oxford's rowing team as they train to avenge an embarrassing loss to Cambridge.

# Now It's Called Princeton \$20.00 NOW IT'S CALLED PRINCETON INCLUDES HST NOW AVAILABLE AT: Similkameen News Leader

# Hews Leader Horoscopes

# January 16 - 23, 2013

ARIES - Relationships with persons in authority improve, but do not slack off on the job. Groups you associate with continue to annoy you. Avoid them until February. Your resources remain limited. Rely on your own ingenuity to get ahead. Advice from older people can be helpful now.

TAURUS - If you are planning to travel, this is a good time to start. Your career may be hectic, and people in authority may be demanding or disagreeable. Focus on your own goals. Pay attention to your budget, pull back on spending. Solid relationships remain, others are cold

GEMINI - If you have projects in mind, get set for a burst of energy next week. Use this energy to do what you want to achieve. Keep a steady work schedule, nothing comes without effort. Be alert to health issues and discipline yourself to do what you need for health improvement.

CANCER - Relationships run smoothly and others are good to you. Review your financial situation thoroughly now - insurance, estate planning, debt reduction and savings plans. Put your financial house in order. Make sure paperwork is organized and accessible. No daydreaming.

LEO - Trouble in your relationships will not clear up without effort, but let it rest for now. Focus on job and health. Health will improve in February, but you need to remain on a strict regimen. Home life needs better schedules and structuring. Develop a plan for time management now.

VIRGO - You would like to play, be creative, and enjoy romance now. Problems with health and job need attention. Younger people are a source of pleasure and comfort. Talking with them is soothing. Career opportunity can come your way in the next few weeks. Watch for it

LIBRA - Much discussion and activity centers around home and family. Difficulties arise in regard to ego issues related to young people, romance. Be creative. Be cautious if playing sports: broken bones are possible. Money situation needs caution and control. Reduce debt now.

SCORPIO - This is your time to communicate with others and send cheerful messages. You can play the role of teacher to somebody seeking advice. Focus shifts to home and family. Home needs attention, possibly repairs. Plan to do them. Job and health are unpredictable, be alert.

SAGITTARIUS - Focus on income, what you own and what you owe. Establish sense of values. Focus will shift to effective communication, improvements in how you relate to others in your immediate environment, including siblings, who may have ego issues now. Be patient.

CAPRICORN - This is a good time to do a makeover - improve personal appearance. Those winter sales are in your favour. There is an issue with spending, so be prudent. Groups you associate with remain a burden or are distant to you. Work on strengthening inner self.

AQUARIUS - High energy cycle continues. Use it to achieve a great deal. Career is demanding but don't let ego overcome common sense: this is the beginning of a phase that can lead to success by taking more responsibility. Others you are not aware of can help you. Focus!

PISCES - You are upset by worries about all kinds of things, but watch those worries begin to drift away during the next two weeks. Focus on home, family, plans for the future. Deal with groups you associate with and enjoy their company. Changes are taking place in subtle way.

#### TUESDAY, JANUARY 15, 2013 DISC CITY SPIKE TROP KXLY **BCTV** CITY CBC YTV TSN VTV FAM **KSPS** KHQ **KREM** A&E WTBS CHBC KNOW ch.24 ch.26 ch.29 ch.44 ch.45 ch.19 ch.22 ch.8 ch.9 ch.10 ch.11 ch.12 ch.13 ch.18 ch.3 ch.4 ch.5 ch.6 ch.7 CityLine Dinosaurs CBC News Kld vs. Kat SportsCen CTV Mornlighty Зеро In the Heat CHQ New KREM 2 Criminal Morning 5:00) Morr Morning To School Pickers (%) ing Live (N) low (N) O of the Night News (N) E 6AM (N) Morning Minds News (N) Ed Ing News Phineas Repo :30 Clifford Super Evil P911\* Sidekick SportsCen Mighty Shake It Let's Make Repo Earth: Fina Arthur O CBS/This Good Morn Tiger Arthur Today AM Justice Ships 🖾 Conflict O a Deal (N) Kim and Minds O E tro EEL Ing Americ **ANT Farm** Beyblade :30 Justice Magle Bus Martha Kourtney (N) E Canadlan Jessle 🕅 SportsCen CSI: Mlami Huntley Bo On/Go Judge Alex Tree Fu Curlous Know-It-All Right (N) Pickers III Super Evil Repo TBA Dinosaur Cat in the Busytown :30 Mickey The 700 Livel Kelly Repo CSI: Mlaml Livel Kelly The Doc Super Why Rescue SportsCen-Mayday ES AM Super Why Pickers III ors () E Club () ED and Mich Repo Huntley Dinosau Cat in the Cat In the :30 Peep, Blg Mickey Poko III Murdoch Repo **Gold Girls** Chef/Hom 2013 Sesame The Price Is Criminal The View The Doc-Doggy Myster-Minds O E tors O E Australian O BE Ships III ors O E Gold Girls Debt/Part Pupples :30 Franklin O Open Tennla: First Marilyn G. Shrinks Repo Friends O Steven and AM Law Order: Mamaa Rolle Polle Judge B. Young & Criminal Pald Prog. Mamas Noon New Tiger Round. Fro Worst Minds O E Restless Pald Prog. Suite/Deck Repo Friends O :30 Debt/Part Dive, Olly Sit & Be Fit Judge B. Debt/Part Driver Days of our Noon Ne **CTV News** Wizards Drew The First The Chew **CBC News** Super Evil Sons of CityLine (88) Repo PM Noon Ner Guns O I O BE Hour (N) Lives (N) Now (N) O Excused Kld vs. Kat :30 Squirrel The Dr. Oz Greatest Katie O ISS Tattoo 3rd Rock The Jeff There Yet? Save-Umst The Talk Days of or PM Days of our Paint Days of ou The First General (DVS) Know-It-All lves (N) Tattoo 3rd Rock :30 There Yet? Wibbly Pig Quilting (N) O Barney Almost Off Record Dr. Phil Myth-So Raven CityNews a PM The Talk Blg Bear Katle O 83 Let's Make The First The Jeff The Talk The Rickl Steven and Chris (N) Busters 48 ED a Deal (N) Probst 0 22 Suite/Decl Gold Girls Tattoo Dinosaur WordWorld Super Evil Interruption :30 OBU The Ricki Squirrel Young & Rob Robot SportsCen Ellen How/Made Wizards CityNews a Tattoo Canadian PM The Rickl Sld Dr. Phil Storage Rachael Recipes (N) 100 Lake Show DeGe 0.00 Ray O B Lake Shor Restless re (N) R0 DeGen WordGlrl Stefano Sidekick How/Made ANT Farm Tattoo The Office :30 The Doc-Daily Plane Phineas How I Met Tattoo Canadian Wild Kratts The Dr. Oz Early News Dragons Parents G. Shrinks Jdg Judy Storage Young & PM Blg Bang Young & Restless Live O SE (N) E0 Pickers IIII ors O RE 30 Rock Tattoo Global Nat. :30 **Big Bang** Arthur O Electric Jdg Judy Storage Parents (N) III (4:59) New: **Gold Rush** Wingin' It The Jos Friends O Martha **Early News** Parents NHL 30 **CTV News** News (N) III (N) 🖾 at Five (N) The Dirt O Television Friends () Wild Kratt NBC No **CBS News** ABC News Global Nat. Good Luck :30 Payne Carty 100 Gold Rush KREM 2 (5:59) News ET Canada 2013 **ANT Farm** New Girl PM Global Nat. The Jos lonists: Hour (N) (N) 0 EG (N) Schmo views at Storage Exchange Victorious Wizarda :30 Payno News Dogs 6 (N) 7 :30 Seinfeld O ET Canada Creature Jeopardyl Inside Ed. | Storage Ent Ent egas (N) George S Mr. Young Big Bang Gold Practice Good Luck (N) O Coronation Roseanne Insider ET Canada Boys Wheel Access H. Storage Show Australia, (N NCIS "Shiva" Storage Jessie IIII NCIS "Shiva" NCIS "Shiva" Mercer Betty Licence to PM Family Guy NCIS "Shiva" West Went Aboll-Mod Fam Wipeout Debt/Part Betty World Cup" (Live) III CityNews-8 :30 Family Guy Tonight (N) (N) O Betty Suburg. 22 Minutes **Heally Me** ET Canada Betty Show NCIS: Los NCIS: Los Cleveland NCIS: Los Cracked Gags Gold Rush Wingin' It PM Amer. Dad NCIS: Los Movie: "The Frontline 9 :30 Movie: \*\*\* Angeles (N) Last Dogs of Winter\* Nobling to Lose\* (1997) O BB (2011) Angeles (N) Storage Angeles (N) Angeles (N) "Fallen" (N) O III Normal Normal Friends O (N) O Livo (N) Moyers & Private Boys Vegas (N) 10 :30 Minds (N) O Gold Company O Final (N) Storage Mr. Young So Raven Show (N) 0 News Hour | ET Canada | CBC News Welrd CTV News Cory Licence to Paid Prog. The Joe 3rd Rock PM Charlle Storaga News 11 :30 Miracle Drill Hose (N) BE Paid Prog. Show George S Splatalot Princess Lettermen Storage The Talk 3rd Rock Juy Lono J. Kimmel CTV News

# Hews Leader Recipe 544

# **Turkey Club with Avocado Aioli**

(NC)—For many Canadians, the New Year is an opportunity to reset our goals for the coming year and make simple changes to help us lead a health-ier lifestyle. While changing old habits can often be a challenge, altering one small thing can lead to a greater likelihood sticking to your New Year's

Fresh, filling and delicious, fruits and vegetables are an important part of your overall healthy eating plan and a great way to help maintain a healthy lifestyle. Increasing the amount of fruits and vegetables in your diet is a popular resolution among Canadians and one that with a little planning, can be easily incorporated into your lunchtime meal.

Like fruits and vegetables, Dempster's bread has naturally occurring vitamins and minerals, and is an excellent source of nutrients that can help Canadians improve their overall health. A great source of calcium, which helps to strengthen bones and teeth, just one slice of Dempster's 100% Whole Wheat bread has the same amount of calcium as one avocado.

This zesty twist on the classic Turkey Club sandwich is a flavourful, healthier option that is sure to tantalize your taste buds and keep you healthy

Prep Time: 15 minutes / Total Time: 20 minutes / Serves: 2

#### Ingredients:

#### Avacado Aioli

- 1 Avocado, seeded and peeled
- 2 Cloves garlic, minced 1 tbsp (15 mL) Lime juice 1 tsp (5 mL) Horseradish Dash hot sauce

- 4 Slices Dempster's Smooth Multigrains Bread, toasted
   4 Slices turkey bacon, cooked
   1 (175 g) Package Natural Selections Shaved Roasted Turkey
- 1 Tomato, sliced 4 Lettuce leaves

#### Directions:

Avacado Aioli:

Puree avocado, garlic, lime juice, horseradish and hot sauce with either a food processer or mortar and pestle. Set aside.

Spread aioli over one side of each slice of toast. Top 2 slices of toast with bacon, turkey, tomato slices, 2 pieces of lettuce and remaining slices of toast to form sandwiches. Cut in half and serve immediately.

For more delicious recipes, please visit NaturallyDempsters.ca

www.newscanada.com

# News Leader

## www.thenewsleader.net

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# **Wednesday Movies**

#### MORNING

11:30 am SPIKE ch.44 "Fire Down Below" (1997, Action) Steven Seagal. A lone environmental agent takes on ruthless industrialists dumping toxic waste in the Kentucky hills. (In Stereo)

#### **EVENING**

6:00 pm SPIKE ch.44 "Walking Tall" (2004, Action) The Rock. A former Special Forces soldier becomes

sheriff and deputizes an old friend to help rid their town of thugs. (In Stereo)

11:30 pm WTBS ch.3 "Match Point" (2005, Drama) Scarlett Johansson. A one-time tennis professional becomes obsessed with his brother-in-law's seductive fiancee.

# **FAX SERVICE**



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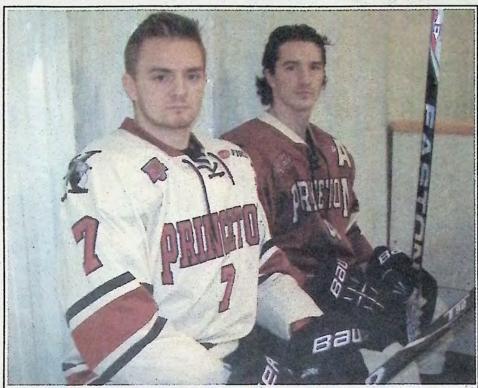
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Phone: 250.295.4149 - Fax: 250.295.4103

#### **WEDNESDAY, JANUARY 16, 2013**

		WTBS ch.3	CHBC ch.4	KNOW ch.5	KSPS ch.6	KHQ ch.7	KREM ch.8	A&E ch.9	KXLY ch.10	BCTV ch.11	CITV ch.12	CBC ch.13	YTV ch.18	TSN ch.19	VTV ch.22	DISC ch.24	FAM ch.26	CITY ch.29	SPIKE ch.44	TROP ch.45
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	AM	Law Order:	The Doc-	Doggy Day	Sesame		The Price Is	Criminal	The View	The Doc-		Poko 🖾	Squirrel	2013	The View	Mighty	Mickey	The Chew	CSI: NY	Gold Girls
10	:30	CI	tors O EO	Franklin	Street O		Right (N)	Minds O 80	0 60	tors O EE		Doodlebop	G. Shrinks	Australian Open Ten-	O RC	Ships 60	Manny	0 80	Taxi O 80	Gold Girls
-	AM	Law Order:	Mamas	Rolle Polle	Tiger	Judge B.	Young &	Criminal	Pald Prog.	Mamas .	Noon News	Steven and	G. Shrinks	nis: Second	Marilyn	Nerve	Phineas	General	Ways Die	Friends O
11	:30	CI	Debt/Part	Dive, Olly	Sit & Be Fit	Judge B.	Restless	Minds O IS	Beauty	Debt/Part	Hour	Chris &	Rescue	Round. From Melbourne,	Denis	Center 80	Suite/Deck	Hospital (N) O	Movie: **	Friends 0
	PM	Excused	Noon News	Dino Dan	Charile	Pald Prog.	News	The First	The Chew	Noon News	Days of our	CBC News	Super Evil	Australia. Ro	CTV News	Gold Rush	Wizards	CityLine ®	*Fire Down Below*	70s Show
12	:30	Excused	Hour (N)	Rob Robot	Rose (N) 🖾	Pald Prog.	Bold	48 (60	OEE	Hour (N)	Lives (N)	Now (N) O	Kid vs. Kat		(N) O EE		Hannah		(1997)	'70s Show
-	PM	There Yet?	Days of our	Save-Umsl	Oil Painting	Days of our	The Talk	The First	General	Days of our	The Jeff	Heartland	Squirrel		The Dr. Oz	Bering Sea	Sonny	Katle o Ro	Steven Seagal, O	3rd Rock
1	:30	There Yet?	Lives (N)	Wibbly Pig	Sewing		OEE	48 80	Hospital (N) O	Lives (N)	Probst Show	III (DVS)	Sidekick		Show as	Gold	Random			3rd Rock
	PM	King	The Talk	Big Bear	Barney	Katie O III	Let's Make	The First	The Jeff	The Talk	The Rickl	Steven and		Off Record	Dr. Phil	Licence to	So Raven	CityNews at		Gold Girls
2	:30	King	O III	Dinosaur	WordWorld		a Deal (N)	48 100	Probst Show	0 22	Lake Show	Chris (N) O	Super Evil	Interruption	0.33	Drill	Suite/Deck	5 (N) 80	360 A	Gold Girls
-	PM	The Office	The Ricki	Rob Robot	Sld	Ellen	Dr. Phil	The First	Rachael	The Ricki	Young &	Recipes	Squirrel	SportsCen-	Ellen	How/Made	Wizards	CityNews at		Weird or
3	:30	The Office	Lake Show	Clifford	WordGirl	DeGeneres Show .	ORE	48 85	Ray o au	Lake Show	Restless	Stefano	Sidekick	tre (N) BD	DeGeneres Show	How/Made	ANT Farm	6 (N) 30	360 A	What?
-	PM	Blg Bang	COLUMN TO THE RESIDENCE OF THE PARTY OF THE	G. Shrinks	Wild Kratts	Jdg Judy	The Dr. Oz	Duck D. The Doc-		Young &	Early News	Dragons'	SpongeBob		Anderson	Daily Planet	Phineas	How I Met	Bellator	Weird or
4	:30	Blg Bang	Restless	Arthur O	Electric	Jdg Judy	Show RE	Duck D.	tors O 22	Restless	Global Nat.	Den O SS	SpongeBob	Hockey!	Live O RE	(N) EC	Phineas	30 Rock	360 A	What?
-	PM	College	News (N) 20	Martha	News	News	News	Duck D.	News	Early News	(4:59) News	News	SpongeBob		CTV News	Inside the	Wingin' It	The Middle	Bellator	Friends 0
5	:30	Basketball: Georgia at		Wild Kratts	Business	NBC News	CBS News	Duck D.	ABC News	Global Nat.	Hour	News	SpongeBob	Draft	at Five (N)	Milky Way How the	Good Luck	Cougar	360 0	Friends 0
0	PM	Missouri.	Global Nat.	Animals	PBS News-	News	KREM 2	Shipping	News	(5:59) News	ET Canada	News	iCarly 20	Reporters	CTV News	galaxy came to be.	ANT Farm	Mod Fam	Movie: ** "Walking	70s Show
6	:30	(14)	News	Undersea	Hour (N) EE	Millionaire	News at 6 (N)	Shipping	News	Hour (N)	Ent	Exchange	Victorious	SportsCen-	(14) (1) 22	10 00.	Wizards	Suburg.	Tall* (2004)	'70s Show
7	PM	Seinfeld O	Ent	Frontier of	Nature O BE (DVS)	Jeopardyl	Inside Ed.	Barter Kings (N) Es	Ent	Ent	Chicago Fire "Pilot"	George S	Mr. Young	tre (N) (Live)	Arrow "Burned"	Myth- Busters	Jessle III	The Carrie	The Rock. O	Roseanne
1	:30	Seinfeld O	ET Canada	Construc- tion	(0/3)	Wheel	Access H.	Kings (N) as	Insider	ET Canada	0	Coronation	Boys		(N) O	O RED	Good Luck	Dianes as:		Roseanne
0	PM	Family Guy	Bomb Girls	Ganges *River of	NOVA O BE	Whitney O	NCIS *Re-	Barter	The Middle	Bomb Girls	To Be An- nounced	Dragons' Den O III	Wipeout *Ladies	2013 Australian	American Idol Hope-	Bering Sea Gold	Austin	CityNews- Tonight (N)	Bellator 350 O	Debt/Part
8	:30	Family Guy	in (DVS)	Life"		Guys-Klds		Barter	Neighbors			9	Night"	Open Ten-	fuls perform		Gravity	Tomgine (IV)		ET Canada
9	PM	Amer. Dad	Go On (N) Handel Lit	Life on Fire	Law & Or- der: SVU	Criminal Minds (N)	Duck D.	Mod Fam	Go On (N)	Go On (N)	Arctic Air	Gags	nls: Second Round, From	for the judges.	Inside the Milky Way	Wingin' It	Jimmy Kimmel	Bellator 360 O	Friends O	
9	:30	Browns	Guys-Kids Celebration (N) O 62 d			Duck D.	Suburg.	Guys-Klds	Guys-Klds		Gags	Melbourne,		How the	Warthogs!	Live (N)		Friends ()		
10	PM	Payne	Chicago Fire "Pilot"	o Coal Cross- C	Chicago Fire "Pilot"	Scene	Shipping	Nashville (N) EE (DVS)	Chicago Fire "Pilot"	News Hour Final (N)	-	Boys	Australia. (N (Live) 😂	CSI: Crime Scene	galaxy came to be.		Maury O Ec	Bellator 360 O	70s Show	
10	;30	Browns	0			0		Shipping		0			Mr. Young				So Raven	202121		70s Show
11	PM		CHBC News Final (N)	Frontier of Construc-	Charlle Rose (N) ES	News	News	(11:01) Bar- ter Kings	News	News Hour Final (N)	ET Canada	CBC News	Weird		CTV News	Myth- Busters	Cory	Pald Prog.	Ways Dio	3rd Rock
1 1	:30	"Match"		tion	,	Jay Leno	Letterman		J. Kimmel		The Talk	George S	Splatalot		CTV News	O REC	Princess	Pald Prog.	Entourage	3rd Rock

# Princeton Posse Funi



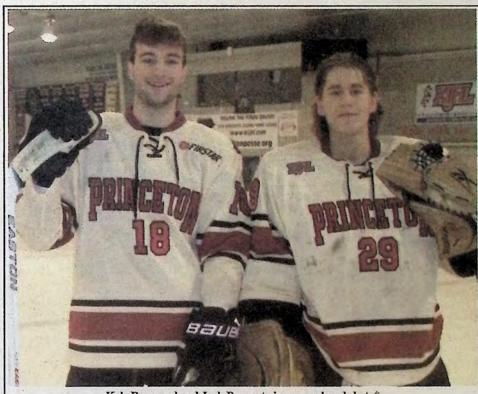
Cole Horn and Adrian Coulter sit in the penalty box for a serious photo. \*



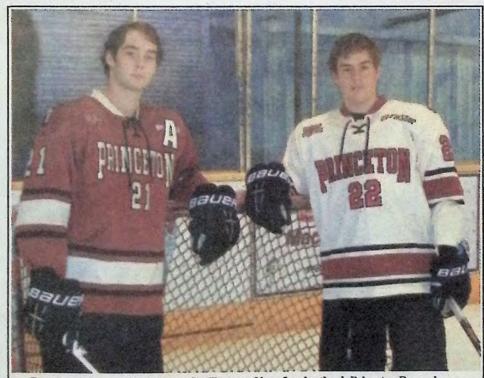
Similkameen News Leader had full access to the January 9th Princeton Posse practice and took the opportunity to snap a number of casual photos of the boys. Above from left, Jon Thompson, Kyle Raymond, Jon Forrest, Colby Braaten and Dakota Leppa. \*



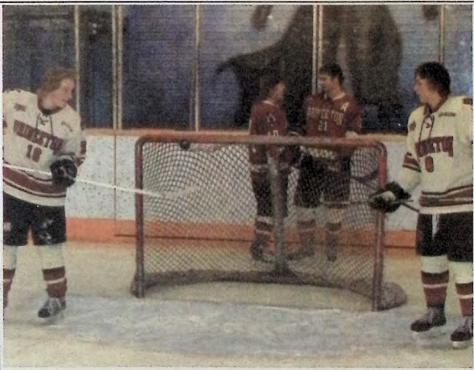
Phoenix Logan-Hill and Buddy Summers strike a pose in front of a net. \*



Kyle Raymond and Jack Burgart give us a relaxed shot. \*



Brett Perrine and Dakota Leppa. Similkameen News Leader thank Princeton Posse players for their cooperation and Bob Marsh for allowing us to join his photo session with the team. \*

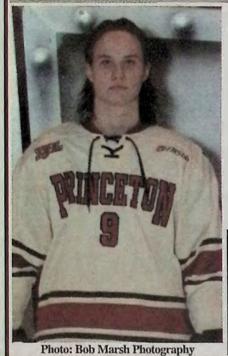


Kaleb Boyle, left, juggles a puck to Eric Kubis with Justin Moltzahn and Brett Perrine chatting behind the net. The Posse have only six more regular season home games scheduled.\*

12 14



# PRINCETON POSSE 2012/13 KIJHL PLAYER PROFILE



# LANE ERICKSON #9 Forward

Birthday - September 29 Height 5' 10" / Weight 170

Home Town - Calgary, AB Last Team - Golden Rockets Shoots - Left

> Favorite Food - Steak Favorite Music - All

POSSE PLAYER PROFILE BROUGHT TO YOU BY:

News Leader

226A Bridge Street, Princeton, BC Phone 250-295-4149 www.thenewsleader.net



# PRINCETON POSSE 2012/13 KIJHL PLAYER PROFILE



# DEVAN SUIDY #15 Forward

Birthday - January 1 Height 6' 4" / Weight 190

Home Town - Langley, BC Last Team - Langley C Shoots - Right

Favorite Food - Steak Favorite Music - Rock

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# Thursday Movies

EVENING 9:00 pm KNOW ch.5 "Be Here to Love Me: A Film About Townes Van Zandt" (2004, Documentary) Steve Earle, Filmmaker Margaret

Brown chronicles the songwriter's

troubled life and prolific career.
9:30 pm WTBS ch.3 "Dick" (1999, Comedy) Kirsten Dunst. Two enraptured high-school girls become President Nixon's official dog-walkers and secret advisers.

11:30 pm WTBS ch.3 "Lemony Snicket's A Series of Unfortunate Events" (2004, Comedy) Jim Carrey. A dastardly count plots to steal an inheritance from three young orphans placed in his care.

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#### THURSDAY, JANUARY 17, 2013

		WTBS ch.3	CHBC ch.4	KNOW ch.5	KSPS ch.6	KHQ ch.7	KREM ch.8	A&E ch.9	KXLY ch.10	BCTV ch.11	CITV ch.12	CBC ch.13	YTV ch.18	TSN ch.19	VTV ch.22	DISC ch.24	FAM ch.26	CITY ch.29	SPIKE ch.44	TROP ch.45
6		n the Heat of the Night	Morning News (N) 🖾	Timothy HI-5 IIII	Thomas	KHQ News 6AM (N)	KREM 2 Moming	Criminal Minds O RG	News	Morning News (N) 🕮	(5:00) Morn- ing News	CBC News Now (N) O	Kid vs. Kat Super Evil	SportsCen- tre (47)	CTV Morn- Ing Live (N)	Canada's Worst Driver	Dinosaurs Phineas	CityLine (N) 86	Jali 80 Jali 80	Four Houses Canada
	AM	Justice		Arthur O	Arthur	Today	News CBS This	Criminal	Good Morn- Ing America (N) ਫ਼ਹ			Tiger	Sidekick	SportsCen-		Dangerous	Shake It	Let's Make	Jall 80	Earth: Fina
7	-	Justice		Magic Bus	Martha	Catherine	Moming (N)					Monster	Beyblade	tre 20		Flights	ANT Farm	a Deal (N)	Jall Rd	Conflict O
		Judge Alex		Tree Fu	Curious	Zeta-Jones; Josh Gad.	O ES	CSI: Miami			Huntley	Bo On/Go	Pokémon	SportsCen-		Cash Cab	Jessie &c	The Price Is	Jali sa	Live Here
8	000	Judge Alex		Dinosaur	Cat in the	(N) O EM	1 2	O KE	1-		TBA	Busytown	Super Evil	tre KC		Cash Cab	Phineas .	Right (N)	Jall &	Live Here
	-	Millionaire	News	Pinky	Super Why!		The 700	CSI: Miami	Live! Kelly	News	The Doc-	Super Why!	Rescue	tre KO and Michael	Mayday tes	Mickey	Access	Jail tel	Four	
9			Huntley	Peep, Big	Dinosaur		Club O RE	*Dishonor*	and Michael	Huntley	tors () RC	Cat In the	Cat in the		and Michael		Never Land	Hollywood	Jali ko	Houses
		Law Order:	The Doc-	Doggy	Sesame	1	The Price Is	Criminal	The View	The Doc-	Chef/Home	Poko 🖾	Squirrel	2013	The View	Mighty	Mickey	The Chew	Jail 80	Gold Girls
10		CI	tors O EE	Franklin	Street 0		Right (N)	Minds O Rt	The state of the s	tors o 🚾	Debt/Part	Doodlebop	Pupples	Australian Open Ten-	O BG	Ships &	Manny	U SC	Jail &C	Gold Girls
-		Law Order:	Mamas	Rolle Polle	Tiger	Judge B.	Young &	Criminal	Paid Prog.	Mamas	Noon News	Steven and	G. Shrinks	nis: Second		Dangerous	Phineas	General	Bellator	Friends 0
11		CI	Debt/Part	Dive, Olly	Sit & Be Fit	Judge B.	Restless	Minds O BC	Pald Prog.	Debt/Part	Hour	Chris 🕬	Rescue	Round. From Melbourne,	Denis	Flights	Suite/Deck	Hospital (N) O	360 0	Friends 0
		Excused	Noon News	Dino Dan	Charlle	Pald Prog.	News	The First	The Chew	Noon News	Days of our	CBC News	Super Evil	Australia. [65]	CTV News	Inside the	Wizards	-	Bellator	Frasier O
12		Excused	Hour (N)	Rob Robot	Rose (N) KE	Paid Prog.	Bold	48 80	O KC	Hour (N)	Lives (N)	Now (N) O	Kid vs. Kat		(N) O 36	Milky Way How the	Hannah		360 0	Frasier O
	-	There Yet?		Save-Umst	Painting	Days of our	The Talk	The First	General	Days of our	The Jeff	Heartland	Squirrel		The Dr. Oz	galaxy came	Sonny	Katie O 20	Bellator	3rd Rock
1		There Yet?	Lives (N)	Wibbly Pig	Knitting	Lives (N)	O Res	48 80	Hospital (N) O	Lives (N)	Probst Show	BE (DVS)	Sidekick		Show Ret	to be.	Random		360 ()	3rd Rock
	PM		The Talk Big Bear	Barney	Katle O Bill	Let's Make	The First	The Jeff	The Talk	The Ricki	Steven and	Almost	Off Record	Dr. Phil	Myth-	So Raven	HCLD TO THE PERSON NAMED IN	Bellator	Gold Girls	
2		King	O EE	Dinosaur WordWorld		a Deal (N)	48 ten	Probst Show	U lest	Lake Show	Chris (N)	Super Evil	Interruption	U BG	Busters O &c	Suite/Deck	5 (N) ad	360 A	Gold Girls	
	-	The Office	The Ricki	Rob Robot	Sid	Ellen DeGeneres Show	Dr. Phil	The First	Rachael	The Rickl	Young &	Recipes	Squirrel	SportsCen-	Ellen	How/Made	Wizards	CityNews at	Bellator 360 O	Live Here
3		The Office	Lake Show	Clifford	WordGirl		O REI	48 00	Ray O Rd	Lake Show	Restless	Stefano	Sidekick	tre (N) sc	DeGeneres Show	How/Made	ANT Farm	6 (N) SC		Live Here
	1	Blg Bang	Young &	G. Shrinks	Wild Kratts	Jdg Judy	The Dr. Oz	The First 48 tot	The Doc-	Young &	Early News	Dragons'	The Fairly	Hockey	Anderson	Daily Planet	Phineas	How I Met	Bellator	Four
4	- 1	Blg Bang	Restless	Arthur O	Electric	Jdg Judy	Show RG		tors O kg	Restless	Global Nat.	Den n &c	OddParents	Curling	Live o an	(N) 160	Phineas	30 Rock	360 0	Houses
		Browns	News (N) EX	Martha	News	News	News	The First	News	Early News	(4:59) News	News	The Fairly	NHL on TSN	All the Printer of the Control of th	Sons of	Wingin' It	30 Rock	IMPACT	Friends ()
5	200	Payne		Wild Kratts	Business	NBC News	CBS News	48 30	ABC News	Global Nat.	Hour	News	OddParents	Season Preview	at Five (N)	Guns 6 Rd	Good Luck	Parks	Wrestling	Friends O
-		Browns	Global Nat.	Animals	PBS News-	News	KREM 2	First 48:	News	(5:59) News	ET Canada	News	Carly Rt	(N) (C)	CTV News	Fast N'	ANT Farm	Person of		Frasier O
6		Payne	News	Rivers	Hour (N) BB	Millionaire	News at 6 (N)	Missing	News	Hour (N)	Ent	Exchange	Victorious		(N) O 85	Loud (N) &c	Wizards	Interest 20		Frasier O
	PM	Seinfeld O	Ent	What's That	Color of	College	Inside Ed.	Beyond	Ent	Ent	(7:01)	George S	Mr. Young	SportsCen-	Blg Bang	Moonshin-	Jessie 🗯	A STREET STREET STREET	Bellator	Roseanne
7	:30	Seinfeld 0	ET Canada	About?	Con- science:	Basketball: Gonzaga	Access H.	Scared Straight	Insider	ET Canada	Elementary RD	Coronation	Boys	tre (N) 80	etalk (N)	ers (N) sc	Good Luck	dal (N) to	MMA Live From Irvine.	Roseanne
8		Family Guy	Last Resort	Stonehenge		at Portland.	Big Bang	Beyond Scared	Last Resort	Last Resort (N) O 35	Last Resort (N) O RG	The Nature of Things	Wipcout Excuse Wir	2013 Australian	Big Bang Two Men	Greatest Know-It-All	Good Luck Wingin' It	CityNews- Tonight (N)	Calif. (A)	Debt/Part
-	-	Family Guy				The Office	Two Men Person of	Straight (9:01) The	Georgia	The Office	To Be An-	Doc Zone	Gags	Open Ten- nis: Third	Grey's	Fast N'	Wingin It	Jimmy	King Mo:	ET Canada
9		Amer. Dad	The Office	"Be Here to Love Me:	Foyle's War BB	The Office	Interest 20	First 48 Kg	Grey's Anatomy	The Office	nounced	(N) n	Gags	Round. From	Anatomy	Loud O SE	Warthogs!	Kimmel	Unrivaled	Friends 0
		Movie: *** *Dick* (1999)		Townes Van	776.0		(10-01)	Eirot 49:	(N) O	Deception	News Hour	National	Boys	Melbourne, Australia. (N) (Live) 🕬	(N) O	Moonshin-	Lizzie	Maury O ke	(N) GTTV	Friends O
10		Kirsten Dunst.	(N) O	Zanot	The Queen's Palaces	The state of the s	(10:01) First 4	F. A. C. C. C. C.	(10:02) Scandal (N) 85	(N) O	Final (N)	Manyllai	Mr. Young		(10:02) Flashpoint	ers () (E)	So Raven	adiy ti ke	Bellator MMA Live	Frasier ()
44	PM			HBC News What's That Ch	The second secon	News	News B	Beyond N	News	News Hour	ET Canada	ada CBC News	Weird		CTV News	Sons of	Cory	Paid Prog.	From Irvine,	3rd Rock
11	:30	"Lemony"	Final (N)	About?	Rose (N) E	Jay Leno	1	Seered	J. Kimmel	Final (N)	The Talk	George S	Splatalot	ot	CTV News	Guila () at	Princess	Pald Prog.	C-12	3rd Rock

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# Friday Movies

#### **EVENING**

7:00 pm SPIKE ch.44 "The Punisher" (2004, Action) Thomas Jane. An FBI agent becomes a guntoting vigilante after a crooked businessman orders hit men to murder his family. (In Stereo) 8:00 pm YTV ch.18 "Fantastic Mr.

8:00 pm YTV ch.18 "Fantastic Mr. Fox" (2009, Comedy) Voices of George Clooney. Animated. After three nefarious farmers declare war on them, a sly fox rallies his animal neighbors to fight back. (In Stereo) (CC) FAM ch.26 "Ratatouille" (2007,

FAM ch.26 "Ratatouille" (2007, Comedy) Voices of Patton Oswalt. Animated. A Parisian rat who enjoys fine food lives beneath a famous restaurant and longs to be a great chef. (In Stereo) (CC) 9:30 pm WTBS ch.3 "Law Abiding Citizen" (2009, Suspense) Jamie Foxx. Ten years after his wife and child die in a home invasion, a man carries out an elaborate plot against the prosecutor who cut a deal with one of the killers.

10:16 pm FAM ch.26 "Lemonade Mouth" (2011, Musical) Bridgit Mendler. Five high-school students form a music group and prepare to compete against a popular rock band. (In Stereo) (CC) 11:30 pm WTBS ch.3 "Law Abiding Citizen" (2009, Suspense) Jamie Foxx. Ten years after his wife and child die in a home invasion, a man carries out an elaborate plot against the prosecutor who cut a deal with one of the killers.

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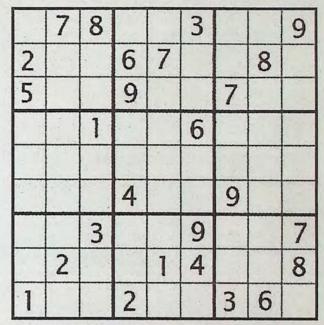
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# Christmas Sudoku 436

## by Carter Boswell

# **HOW TO PLAY:**

Sudoku is a game of logic. There is no math involved. The object of the game is to fill the grid so that the numbers 1 through 9 appear only once in each row, column and  $3 \times 3$  box. The numbers can appear in any order and Carter has left you some clues below.



# THIS WEEK'S SOLUTION: Page 20

News Leader Sudoku grids, puzzles and solutions Copyright 2013 Carter Boswell, Princeton, BC and published by Similkameen News Leader

#### FRIDAY, JANUARY 18, 2013

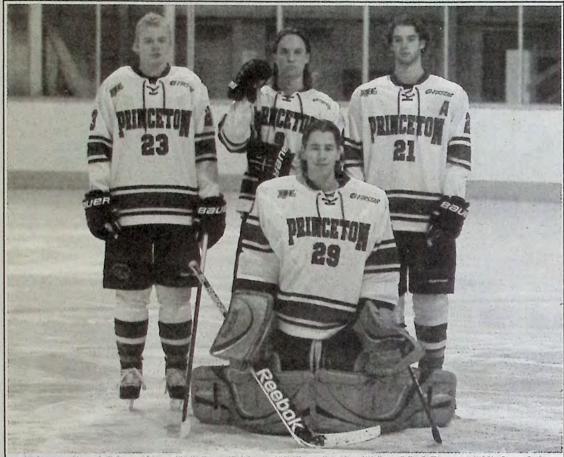
		WTBS ch.3	CHBC ch.4	KNOW ch.5	KSPS ch.6	KHQ ch.7	KREM ch.8	A&E ch.9	KXLY ch.10	BCTV ch.11	CITV ch.12	CBC ch.13	YTV ch.18	TSN ch.19	VTV ch.22	DISC ch.24	FAM ch.26	CITY ch.29	SPIKE ch.44	TROP ch.45
6	AM :30	In the Heat of the Night	Morning News (N) 🖾	To School HI-5	Builder Clifford	KHQ News 6AM (N)	KREM 2 Morning News	The First 48 60	News	Morning News (N) 88	(5:00) Morn- Ing News	CBC News Now (N) O	Kid vs. Kat Super Evil	SportsCen- tre (63)	CTV Morn- ing Live (N)	Salvage Hunters 🖾	Dinosaurs Phineas	CityLine (N) 865	Deadliest Warrior	Security Security
7	AM	Justice		Arthur O	Arthur	Today	CBSThis	The First	Good Morn-	201		Tiger	Yu-Gl-Ohl	SportsCen-		Nerve	Shake It	Let's Make	Deadliest	Earth: Final
1	:30	Justice		Magle Bus	Martha	Animals; inauguration	Morning (N)	48 80	Ing America			Monster	Beyblade	tre @		Center ES	ANT Farm	a Deal (N)	Warrior	Conflict O
0	AM	Judgo Alex		Tree Fu	Curious	weekend;	17.=	The First			Huntley	Bo On/Go	Pokémon	SportsCen-		Myth-	Jessie 🖾	The Price Is	Deadliest	Outlaw Bik-
8	:30	Judge Alex		Dinosaur	Cat In the	Josh Gad. (N) O KO		48 00			ТВА	Busytown	Super Evil	tre 🕮	1	Busters O RD	Phineas	Right (N)	Warrior	ers O RE
0	AM	Millonaire	News	Pinky	Super Whyl		The 700	The First	Livel Kelly	News	The Doc-	Super Whyl	Rescue	SportsCen- tre 88	Livel Kelly and Michael	Mayday 🖾	Mickey	Access	Deadliest	Security
9	:30	Millionaire	Huntley	Peep, Big	Dinosaur		Club O ED	48 00	and Michael	Huntley	tors () EG	Cat in the	Cat In the				Never Land	Hollywood	Warrior	Security
10			The Doc-	Doggy	Sesame	1	The Price Is	The First	The Vlew	The Doc-	Chef/Home	Poko 🐯	Squirrel	Sportfish	The View	Mighty	(10:05)	The Chew	Deadliest	Gold Girls
10	:30	CI	tors () BO	Franklin O	Street 0	1	Right (N)	48 60	O REI	tors () Ed	Debt/Part	Doodlebop	G. Shrinks	Auto Race	O MO	Ships 80	Sofia the	ORG	Warrior	Gold Girls
4 -4		Law Order:	Mamas	Rolle Polle	Tiger	Jeopardy!	Young &	The First	Pald Prog.	Mamas	Noon News	Steven and	G. Shrinks	Motoring	Marilyn	Hillbilly	Phineas	General	Deadliest	Friends O
11	:30	CI	Debt/Part	Dive, Olly	Sit & Be Fit	Wheel	Restless	48 85	Youthful	Debt/Part	Hour	Chris an_	Rescue	Curling	Denis	Handfishin'	Sulte/Deck	Hospital (N) O	Warrior	Friends O
10	PM	Excused	Noon News	Dino Dan	Charlie	Pald Prog.	News	The First	The Chew	Noon News	Days of our	CBC News	Super Evil	Figure	CTV News	Fast N'	Wizards	CityLine III	Deadliest	King
12	:30	Excused	Hour (N)	Rob Robot	Rose (N) KG	Pald Prog.	Bold	48 00	O EG	Hour (N)	Lives (N)	Now (N) O	Kld vs. Kat	Skating	(N) O EE	Loud O III	Hannah		Warrior	King
	PM	There Yet?	Days of our	Save-Umst	Painting	Days of our	The Talk	The First	General	Days of our	The Jeff	Heartland	Squirrel		The Dr. Oz	Moonshin-	Sonny	Katie O Kill	Deadliest	3rd Rock
1	:30	There Yet?	Lives (N)	Wibbly Pig	Scrapbook	Lives (N)	O 200	48 20	Hospital (N) O	Lives (N)	Probst Show	REI (DVS)	Sidekick	1	Show @@	ers O EE	Random		Warrior	3rd Rock
-	PM	King	The Talk	Big Bear	Barney	Katle O Ra	Let's Make	The First	The Jeff	The Talk	The Ricki	Steven and	Almost	Off Record	Dr. Phil	Sons of	So Raven	CityNews at	Deadliest	Gold Girls
2	:30	King	O RG	Dinosaur	WordWorld		a Deal (N)	48 83	Probst Show	U es	Lake Show	Chris (N) O	Super Evil	Interruption	0.00	Guns () IIII	Suite/Deck	5 (N) MI	Warrior	Gold Girls
-	PM	The Office	The Ricki	Rob Robot	Sld	Ellon	Dr. Phil	The First	Rachael	The Ricki	Young &	Recipes	Squirrel	SportsCen-	Ellen	How/Made	Wizards	CityNews at	Deadliest	Outlaw Bik-
3	:30	The Office	Lake Show	Clifford	WordGlrI	DeGeneres Show	0 80	48 80	Ray O 30	Lake Show	Restless	Stefano	Sidekick	tre (N) as	DeGeneres	How/Made	ANT Farm	6 (N) 80	Warrior	ers () III
	PM	Big Bang	House Now	G. Shrinks	Wild Kratts	Jdg Judy	The Dr. Oz	Duck D.	The Doc-	House "Now	Early News	Dragons'	Kung Fu	Hockey	Show	Dally Planet	Phineas	How I Met	Deadliest	Security
4	:30	Blg Bang	What?" O	Arthur O	Blz Kld\$	Jdg Judy	Show RC	Duck D.	tors o ac	What?" 0	Global Nat.	Den O Es	Kung Fu	Interruption	Live O ED	(N) 88	Phineas	30 Rock	Warrior	Security
-		Browns	News (N) an	Martha	News	News	News	Duck D.	News	Enrly News	(4:59) News	News	Kung Fu	Figure	CTV News	Greatest	Dog	Fringe	Bellator	Friends O
5	:30	Payne		Wild Kratts	Business	NBC News	CBS News	Duck D.	ABC News	Global Nat.	Hour	News	Kung Fu	Skating	at Five (N)	Know-It-All	Dog	The team	MMA Live	Friends O
-	PM	Browns	Global Nat.	Animals	PBS News-	News	KREM 2	Duck D.	News	(5:59) News	ET Canada	News	SpongeBob		CTV News	Hillbilly	Dog	implements a plan. O	From Irvine, Calif. 0	King
6	:30	Payne	News	Parks	Hour (N) SE	Millionaire	News at 6 (N)	Duck D.	News	Hour (N)	Ent	Exchange	SpongeBob		(N) O ===	Handfishin'	Dog	(PA) IN		King
	PM	Seinfeld O	Ent	Mega Build-	Wash	Jeopardyl	Inside Ed.	Storage	Ent	Ent	15x9 (N) @@	George S	SpongeBob	SportsCen-	Blg Bang	Mayday 80	Dog	Mantracker	Movie: **	Roseanne
7	:30	Seinfeld O	ET Canada	ers	Need	Wheel	Access H.	Storage	Insider	ET Canada		Coronation	SpongeBob	tre (N) (Live)	etalk (N)		Dog	(DVS)	"The Pun-	Roseanne
-	PM	Family Guy	Kitchen	Emma	Doe Martin	Betty	Undercover	Storage	Last Man	Kitchen	Kitchen	M'ketplace	Movle:	1003	CSI: NY	Cash Cab	Movie:	CityNews-	isher" (2004, Action)	Debt/Part
8	1	Family Guy	Nightmares			Betty	Boss (N) n	Storage	Malibu	Nightmares	Nightmares	Mercer	***	Off Record	"Nine Thir-	Cash Cab	***	Tonight (N)	Thomas	ET Canada
			Parenthood	Poirot Mys-	Land Girls	Datelino	CSI: NY	Duck D.	Shark Tank	n Parenthood	Bomb Girls		"Fantastic Mr. Fox"	World	teen* Shark Tank	Hillbilly	"Ratatouille" (2007) O Rd	Jimmy Klm-	Jane. O	Friends O
9			(N) O ==	tery of the	0.00	NBC (N)	"Nine Thir-	Duck D.	me (DVS)	(N) O ED			(2009) 0	Poker Tour	EE (DVS)	Handfishin'		mel Live O	Deadliest	Friends 0
	DAR	"Law Abiding	16x9 (N) EC	O Bit	Great Per-	0.00	teen" Blue	Duck D.	(10:01)	16x9 (N) III	News Hour	National	Mr. Young	SportsCen-	Blue	Greatest	Really Me	Maury O Bd	Warrior	King
10		(2009)	16x9 (N) 88 43 89 Great Per- formances at the Met		Bloods "Framed"	Duck D.	(10:01) 20/20 O RD		Final (N)		Mr. Young	tre (N) 🖾	Bloods "Framed"	Know-it-All	(10:16)	maury () asi	Deadliest	King		
14	PM			Mega Build-	OM	News	News	Storage	THE RESERVE THE PERSON NAMED IN	r ET Canada	CBC News	Boys	SportsCen-	CTV News	Mayday 88	Movie: "Lemonade	Paid Prog.	Warrior	3rd Rock	
1 1	:30	'Law'	Final (N)	ers		Jay Leno	-	Storage	J. Kimmel	Final (N)	The Talk	George S	Boys	tro III	CTV News		Mouth"	Paid Prog.	Ways Dle	3rd Rock

# Hews Leader Weekend - Saturday Movies

MORNING

8:00 am WTBS ch.3 "Air Buddies" (2006, Comedy) Patrick Cranshaw. Five talking puppies band together to save their kidnapped parents. 10:30 am SPIKE ch.44 "The Punisher" (2004, Action) Thomas Jane. An FBI agent becomes a guntoting vigilante after a crooked businessman orders hit men to murder his family. (In Stereo)

**AFTERNOON** 



Princeton Posse's Mason Chew (#23), Lane Erickson (#9), Brett Perrine (#21) and Jack Burgart (#29) show their game faces. The Posse play more games in January than any other month in regular season. Photo: Bob Marsh Photography

12:00 pm FAM ch.26 "Let It Shine" (2012, Comedy-Drama) Tyler James Williams. A teenage rapper must use his musical talent to battle his nemesis and win the girl of his dreams. (In Steree) (CC)

dreams. (In Stereo) (CC)

1:30 pm SPIKE ch.44 "The Punisher" (2004, Action) Thomas Jane. An FBI agent becomes a guntoting vigilante after a crooked businessman orders hit men to murder his family. (In Stereo)

murder his family. (In Stereo)
2:30 pm CHBC ch.4 BCTV ch.11
"Angels & Demons" (2009,
Suspense) Tom Hanks. Harvard
symbologist Robert Langdon joins
forces with an Italian scientist to
prevent an ancient brotherhood's
plot against the Vatican from coming to fruition. (CC)

4:00 pm YTV ch.18 "Fantastic Mr. Fox" (2009, Comedy) Voices of George Clooney. Animated. After three nefarious farmers declare war on them, a sly fox rallies his animal neighbors to fight back. (In Stereo) (CC)

5:00 pm WTBS ch.3 "Pirates of the Caribbean: Dead Man's Chest" (2006, Action) Johnny Depp. Capt. Jack Sparrow must find a way to avoid the clutches of ghostly pirate Davy Jones and his crew or be damned for all eternity.

#### **EVENING**

7:30 pm WTBS ch.3 "War of the Worlds" (2005, Science Fiction) Tom Cruise. A New Jersey man and his two children face an epic battle for survival when hostile aliens invade Earth.

8:00 pm KSPS ch.6 "No Way Out"

(1987, Suspense) Kevin Costner. The secretary of Defense forces a Pentagon naval aide to lead a manhunt for a Soviet spy during a murder cover-up. (In Stereo) (CC)

hunt for a Soviet spy during a murder cover-up. (In Stereo) (CC) YTV ch.18 "The Mighty Ducks" (1992, Comedy) Emilio Estevez. To get out of trouble, a hotshot lawyer opts for community service coaching rowdies in peewee hockey. (In

ing rowdies in peewee hockey. (In Stereo) (CC)
9:00 pm KXLY ch.10 "Blades of Glory" (2007, Comedy) Will Ferrell. Several years after being banned from men's singles competition, two rival skaters exploit a loophole that allows them to compete as a

that allows them to compete as a pair. (In Stereo) (CC)
FAM ch.26 "The Cheetah Girls 2" (2006, Comedy-Drama) Raven.
Members of a teenage vocal group find adventure while participating in a music festival in Barcelona,
Spain (In Stereo) (CC)

Spain. (In Stereo) (CC)
10:00 pm WTBS ch.3 "Bewitched"
(2005, Romance-Comedy) Nicole
Kidman. An actual witch and a
neurotic movie star land the lead
roles in a television remake of the

1960s sitcom.
CITY ch.29 "Down With Love" (2003, Romance-Comedy) Renee Zellweger. In 1960s New York, a womanizing journalist tries to make a feminist author fall in love with him (CC)

with him. (CC)

10:37 pm FAM ch.26 "Opal Dream" (2005, Drama) Vince Colosimo. An Australian girl, who is overly attached to a pair of imaginary friends, reacts badly when her father tells her he lost them in a mine. (In Stereo) (CC)

#### SATURDAY, JANUARY 19, 2013

	WTBS ch.3	CHBC ch.4	KNOW ch.5	KSPS ch.6	KHQ ch.7	KREM ch.8	A&E ch.9	KXLY ch.10	BCTV ch.11	CITV ch.12	CBC ch.13	YTV ch.18	TSN ch.19	VTV ch.22	DISC ch.24	FAM ch.26	CITY ch.29	SPIKE ch.44	TROP ch.45
- AN	Paid Prog.	Canadian	Little Bear	Heartland	(5:00) Today	CBSThis	To Be An-	Pald Prog.	Canadian	Saturday	Monster	Kid vs. Kat	SportsCen-	Juicebox	Dirty Jobs	Wingin' It	Kitchen	Xtreme 4x4	PR Life! O
6 :30	Paid Prog.	Fishful	WordWorld	Fly Tying	(N) O 1833	Morning	nounced	Pald Prog.	Fishful	Morning News Shane	Busytown	Cat In the	tro 🖾	U EE	U RE	Sulte/Deck	Panorama	Horse.	Pald Prog.
- AN	Paid Prog.	Saturday	Rob Robot	MotorWeek	KHQ News	Doodlebop	Flip This	Good	Saturday	Jones.	Animai	Rated A	English		Hillbilly	Hannah	Eye/Asla	Trucks! (N)	Food
1 :30	Ati, Eats	Morning News Lynn	Rolle Polle	Greener	Saturday (N)	Doodlebop	House ED	Morning America	Morning News Lynn		Super Why!	Sidekick	Premier League		Handfishin'	Sonny	Nossa TV	MuscleCar	Food
a AN		Colliar,	Tree Fu	Woodsmith		Busytown	Vegas 60	Hanna	Colliar. (N) ES		Doodlebop	Squirrel	Soccer	Anne	Mayday 80	Wizards	Pollsh Studio 🖾	Tattoo	3's Co.
8 :30	Buddies* (2006)	(N) 183	G. Shrinks	Rough Cut		Busytown		Ocean			Cross	Squirrel		LLt Hobo		Dog	Studio ass	The Joe	3's Co.
O AN	Patrick Cranshaw.		Magic Bus	Hometime		Liberty	Filpping Ve-	Explore		Driving TV	Absolutely	SpongeBob	Motoring	Marilyn	Allen	Good Luck	EP Weekly	Schmo Show	3's Co.
9 :30			Arthur O	Old House		Liberty	gas (N) 🖾 Rescue	Rescue		Fishing	Canadlan O	Parents	Curling	Denis	Encounters 80	Wingin' It	Reviews	The Joe	3's Co.
40 AN	Payne	Fishn	Lilly (C)	Old House	LazyTown	To Be An-	First 48:	Recipe	Fishn	Powerboat		T.U.F.F.	Curling:	SickKlds	Mayday 80	ANT Farm	Tow Biz	Schmo Show	Friends 0
10 :30		Fishing	Miss BG	Kitchen	Noodle	nounced	Missing	Food	Fishing	Tradition	Skling (N)	Turtles	Dominion All-Star	Founda- tion 0		Jessie 🖾	Ed's Up	Movle: **	Friends 0
A AN	Basketball: Vanderbilt	Powerboat	Upside	Chef	Paid Prog.	College		Pald Prog.	Powerboat	Family	To Be An-	Turtles	Skins Game,	Is Written	Licence to	Austin	Get Stuffed	The Pun- isher (2004,	Friends 0
1 1 :30	at South	Driving TV	Echo	Sara's	Pald Prog.	Basketball: Regional	Missing	Pald Prog.	Driving TV	Family	nounced	Pokemon Pokemon Power	First Semi- final. (N) (Live) (K)	Car Bnss	Drill	Shake It	The Role	Action) Thomas	Friends 0
PN	Carolina. (N) (Live)	Noon News	Dogs	Cook's	Paid Prog.	Coverage.	First 48: Missing	Shark Tank	Noon News	Simpsons Simpsons				Operation	Hillbilly	Movie: "Let	Travels	Jane. 0	3's Co.
12 :3	0	Hour (N)	Dogs	Victory		(N) EE			Hour (N)		2			Smlle	Handfishin'	It Shine* (2012) ∩ E0	Planet		3's Co.
_ PA		Simpsons	Rivers	Antiques	Skating &	College	Barter	ESPN	Simpsons	Action 1		Yu-GI-Oh!		SportsCen-	Greatest		Pald Prog.	Ways Dle	3's Co.
1 :3	Basketball	Simpsons	Rivers	Roadshow	Gymnastics Spectacular	Basketball: Oregon	Barter	Sports Sat- urday (N)	Simpsons			Monsuno	Poker Tour	tre O EE	Know-It-All	Phineas	Paid Prog.	Movie: **	3's Co.
O PI	Ĭ.	Simpsons	Mega Build-		(N) O 100	at UCLA.	Barter		Simpsons		Speed Skating	Pokémon	Figure	Figure	Jungle Gold	Gravity	Tow Biz	"The Pun- isher" (2004,	3's Co.
2 :3	0	Movie: **	ers	tectives [[]]		(14) 200	Kings ED		Movie: **		Skaung	Pokémon	Skating	Skating	1) 24	ANT Farm	Ed's Up	Action) Thomas	3's Co.
O PI	The Office	"Angels & Demons"	Frontier of		Wheel	Paid Prog.	Barter	To Be An-	"Angels & Demons"		National	Pokemon		1	Cash Cab	Good Luck	CityNews	Jane. 0	Eat St. 0
J :3	The Office	(2009) Tom	Construc-	ker o	Wiggles	Paid Prog.	Hol- Storage (N) Storage The Haunt-	(2009) Tom Hanks,		TBA	Pokemon			How/Made	Sonny	weekends		Ent St. 0	
A PI	A Seinfeld O	Hanks, Ewan Mo-	National	Steves	Pajanimals	Access Hol-			Ewan Mc- Gregor. Ett G		nounced	Movie:	Sports	Celebrity	Cash Cab	Jessie ED	G. Martin	Deadliest Warrlor Deadliest Warrlor	Food
4 :3	Seinfeld O	Gregor, Ed	Geographic	Travel	Poppy Cat	lywood (N)				Global Nat.		****	NHL Curling: Dominion All-Star	Celebrity	Cash Cab	Dog	Out There		Food
E PI			Stonehenge	Lest/Wine	News	News				News Hour		Mr. Fox* (2009) O		etalk EC	Auction	Shake It	Murdoch		Friends 0
5 :3	o Caribbean:	News		Walt	NBC News	CBS News	ing Of III							Арр	Auction	Austin	Myster- les O	warnor	Friends 0
6 PI	Dead Man's Chest"	Global Nat.	Be the Creature	Lawrence Welk	News	News Paid Prog.	The Haunt- ing Of III	News ABC News	(5:59) News Hour (N)	Recipe to Riches		Zolnk'dl O Splatalot	Skins Game Second	(N) O ED	Greatest Know-lt-All	Good Luck Really Me	The Biggest Loser () ED	Deadllest Warrior	Friends O
:3	1,0000	News	Dates	VU-	Jeopardyl 30 Rock	Burn Notice	The Haunt-	Entertain-	Security	The Guard	To Be An-	Babysitting	Semifinal. (N) (Live) E3	Figure	Sons of	Wizards		Deadlest	Eat St. O
7 PI		Security	Python Invasion	Keep Up	Parks	EU NOUCE	ing Of BE	ment	Security	III (DVS)	nounced	Zolnk'di O	1000000	Skating	Guns () E	Sulta/Deck		Warrior	Ent St. O
" :3	- War of the	Property and		As Time		NCIS "Phoe-	The Haunt-	Tonight	NCIS "Phoe-	renegade		Movie: **	SportsCen-		Gold Rush	Sonny	CityNews	Deadilest	Food
8 PI	Tronds	NCIS "Phoe nix" O	"Bad Apple"	Movie: *** "No Way Out" (1987)	Deception IIII (DVS)	nix o	Ing Of Sil	20/20 17 851	nb? o	renegade		The Mighty	tre (N) III		Gold Husii	Random	Weekends	Warrior	Food
. PI	Cruise.	Hawali Five		O E	Chicago	Hawali Five	The Haunt-	Movie: ***	Hawaii Five	The Guard		(1992) 0 🖾	World	Big Bang	Greatest	Movie: "The	The Office	Ways Dio	Friends O
9 :3	5	Hawali Five 0 "Lekio"	Ing Tales" Murder case		(DVS)	0 "Leklo"	ing Of III	"Blades of Glory"	0 "Lekio"	(DVS)	To Be An-		PokerTour	Blg Bang	Know-It-All	Cheetah Girls 2*	The Office	The Joe	Friends 0
10 PI		Combat	0 80	Live From	Law & Or-	48 Hours	The Haunt-	(2007) O III		News Hour	nounced	Super Evil	SportsCen-	Flashpoint	Auction	(2006)	Movie: **	Schmo Show	Friends ()
10 :3	0 "Bewitched" (2005)	Hospital III		Artists Den	der: SVU	(N) O M lng Of	ing Oi iii		Hospital Ell	(10:35)	News	Splatalot	tre (N) 00	Auction	Auction	(10:37) Mov- le; ** *Opal		The Joe Schmo	Friends 0
4 4 PI	M Nicole Kid- man.	News Final			News	The Haunt- ing Of III			reight Live	To Be An-	Babysitting	SportsCen- tre IIII	CTV News	Sons of	Dream*	MI.	Show	3's Co.	
11 :3		SNL	Myster- ies ()	runne (14)	SNL	Cold Case	mig Oran and	500	SNL	(N) IIII	nounced	Splatalot		CTV News				J. Schmo	3's Co.

# News Leader Weekend - Sunday Movies

#### MORNING

7:00 am TROP ch.45 "Planes, Trains and Automobiles" (1987, Comedy) Steve Martin. An ad exec and a shower-curtain-ring salesman become co-travelers on the way to Thanksgiving in Chicago. (In Stereo) (CC) 8:00 am WTBS ch.3 "Dick"

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(1999, Comedy) Kirsten Dunst. Two enraptured high-school girls become President Nixon's official dog-walkers and secret advisers.

9:00 am TROP ch.45 "Airplane!" (1980, Comedy) am ch.45 Robert Hays. A pilot afraid to fly follows his stewardess ex-girlfriend and must take over for the poisoned crew. (In Stereo) (CC) 11:00 am TROP ch.45 ``Airplane II: The Sequel" (1982, Comedy) Robert Hays. The first commer-cial space shuttle sends loony Ted and his former girlfriend on a trip to the moon. (In Stereo) (CC)

#### **AFTERNOON**

12:00 pm FAM ch.26 "Camp Rock 2: The Final Jam" (2010, Musical Comedy) Demi Lovato. Musicians challenge rivals to the ultimate battle of the bands. (In Stereo) (CC)

1:00 pm TROP ch.45 "Airplane!" (1980, Comedy) Robert Hays. A pilot afraid to fly follows his stewardess ex-girlfriend and must take over for the poisoned crew. (In Stereo) (CC) 1:30 pm YTV ch.18 "Spy Kids" (2001, Adventure) Antonio Banderas. When a technical genius kidnaps retired spies, only their children can save them. (In Stereo) (CC)

3:30 pm CHBC ch.4 BCTV ch.11 "Austin Powers: The Spy Who Shagged Me" (1999, Comedy) Mike Myers. The secret agent travels back in time to the 1960s to rescue his stolen mojo from Dr. Evil. (CC)

YTV ch.18 "Spy Kids 2: The Island of Lost Dreams" (2002, Adventure) Antonio Banderas.

(In Stereo) (CC) 5:00 pm WTBS ch.3 "The Upside of Anger" (2005, Comedy-Drama) Joan Allen. An ex-ballplayer befriends a mother of four who has hovered in a

boozy funk since her husband abandoned her. CBC ch.13 "Old Dogs" (2009, Comedy) John Travolta. While preparing for an important business deal, two clueless bachelors become the unexpected caretakers of twin children. (In Stereo)

TROP ch.45 "Planes, Trains and Automobiles" (1987, Comedy) Steve Martin. An ad exec and a shower-curtain-ring salesman become co-travelers on the way to Thanksgiving in Chicago. (In Stereo) (CC)

#### **EVENING**

6:00 pm YTV ch.18 "Spy Kids 3: Game Over" (2003, Adventure) Antonio Banderas. A boy tries to rescue his sister inside a virtualreality game created by a mad-man out to enslave children. (In

Stereo) (CC) 7:00 pm WTBS ch.3 "Obsessed" (2009, Suspense) Idris Elba. A successful, happily married executive becomes the object of unwanted affection from a temp

worker at his company.
TROP ch.45 "Airplane!" (1980, Comedy) Robert Hays. A pilot afraid to fly follows his stewardess ex-girlfriend and must take over for the poisoned crew. (In Stereo) (CC)

9:00 pm FAM ch.26 "Vacation With Derek" (2010, Comedy-Drama) Michael Seater. With help from her stepbrother, a girl must save her grandmother's resort from a land developer. (In Stereo)

TROP ch.45 "Airplane II: The Sequel" (1982, Comedy) Robert Hays. The first commercial space shuttle sends loony Ted and his former girlfriend on a trip to the moon. (In Stereo) (CC)

10:00 pm WTBS ch.3 "Fun With Dick and Jane" (1977, Comedy)

Jane Fonda. When a California aerospace executive loses his job, he and his wife turn to armed

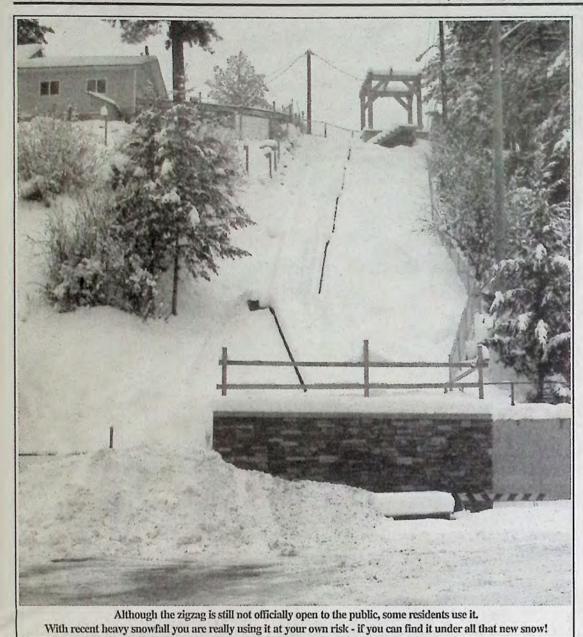
robbery. CITY ch.29 "Down With Love" (2003, Romance-Comedy) Ren/e Zellweger. In 1960s New York, a womanizing journalist tries to make a feminist author fall in love with him. (CC)

10:30 pm FAM ch.26 "Johnny Tsunami" (1999, Drama)
Brandon Baker. A teenage
Hawaiian surfer moves to
Vermont, where his grandfather helps him become a first-class snowboarder. (In Stereo) (CC) 11:00 pm KNOW ch.5 "Be Here to Love Me: A Film Townes Van Zandt" (2004, Documentary) Steve Earle. Filmmaker Margaret Brown

chronicles the songwriter's trou-bled life and prolific career. TROP ch.45 "Planes, Trains and Automobiles" (1987, Comedy) Steve Martin. An ad exec and a shower-curtain-ring salesman become co-travelers on the way to Thanksgiving in Chicago. (In Stereo) (CC)

#### SUNDAY, JANUARY 20, 2013

		WTBS ch.3	CHBC ch.4	KNOW ch.5	KSPS ch.6	KHQ ch.7	KREM ch.8	A&E ch.9	KXLY ch.10	BCTV ch.11	CITV ch.12	CBC ch.13	YTV ch.18	TSN ch.19	VTV ch.22	DISC ch.24	FAM ch.26	CITY ch.29	SPIKE ch.44	TROP ch.45
C	AM	Think Big	In a Name	Little Bear	Mr. Rogers	Today (N)	Pald Prog.	Barter	Matthews	In a Name	Sunday	Super Whyl	Kld vs. Kat	Sports	Hobo	Highway	Wingin' It	R Schuller	Xtreme 4x4	FishTV O
6	:30	Mad About	Inventors	WordWorld	Signing	ORG	Pald Prog.	Barter	On Money	Inventors	Morning News (N)	Poko Bu	Super Evil	Reporters	Lit. Hobo	Thru Hell	Suite/Deck	ChurchRck	Horse.	Paid Prog.
7	AM	Career Day	Sunday	Rob Robot	Wild	KHQ News	CBS News	Barter	Good	Sunday		Animal	Mr. Young	SportsCen-	Lovett-Reid	Inside the	Hannah	Eye/Asia	Trucks! 0	Movie:
-	:30	P. Affairs	Morning News (N) 80	Rolle Polle	Clifford	Invest	Sunday Morning	Barter	Morning America	Morning News (N) RD		Artzooka	Babysitting	tre Ed	Dr. Maria &	Milky Way How the	Sonny	Dharti	MuscleCar	"Planes, Trains and
8	AM	Movle: *** "Dick" (1999)		Treo Fu	Curious	Meet the	(N) 333	Barter	This Week			Coronation	Splatalot	SportsCen-	Арр	galaxy came to be.	Wizards	Pakistan	Tattoo	Automobile (1987)
0	:30	Kirsten		G. Shrinks	Cat in the	Press (N) 32	The Nation	Barter		1		Coronation	Zolnk'dl O	tre III	etalk 🖾	10 00.	Dog	Festival	Tattoo	(1307)
9	AM	Dunst.	1	Magle Bus	SciGirls 0	Justin	To Be An-	Barter	To Be An-		Block	Coronation	SpongeBob	E:60 00	Operation	Myth-	Good Luck	Italiano di Johnny	Tattoo	Movie: **
9	:30			Making	Impact	NHL	nounced	Barter	nounced		Context	Coronation	Parents		Smile	O Rd	Wingin' It	Lombardi (In Italian) (16)	Tattoo	"Airplanel" (1980) Rob
10	AM	THE PROPERTY OF THE PROPERTY O	Block	Wild Kratts	Inside	Hockey: Regional	Motorcycle	Barter	Pald Prog.	Block	J. Osteen	Coronation	Winx Club	Curling:	SportsCen-	Highway	ANT Farm	(iii itanaii) ee	Tattoo	ert Hays.
10	:30	aa	Context	Little	Olympia 🖾	Coverage:	Racing	Kings &	Pald Prog.	Context	Ministries	M'ketplace	ICarly 800 Dominion All-Star	tre O EE	Thru Hell	Jessie 🖾		Deadliest		
44	AM	Women's	J. Osteen	Little	Inside	Teams TBA.	Bull Riding	Barter	Pald Prog.	J. Osteen		Steven and	Victorious Big Time	Skins Game,	FOX NFL	Dangerous	Austin	Reviews	Warrior	Movie: **
11	:30	College Basketball:	In Touch	Babar 80	Europe Jrnl		(Taped) BC	Kings &	Storms	In Touch		Chris RD		Final. (N) (Live) 🕬	Sunday (63)	Flights	Shake It	Paid Prog.	Deadliest	"Airplane II The Seque
10	PM	Tigers at Wildcats	Noon News	Animals		Skling	To Be An-	To Be An-	Movie	Noon News	Howie Do	Land/ Sea	Mr. Young		NFL Foot-	Flying Wild	* "Camp	Travels	Warrior	(1982) 0
12	:30	villocats	Hour (N)	Animals	Company O		nounced	nounced		Hour (N)	Simpsons	One/One	Zolnk'di O Splatalot	alot Figure	ball: NFC Champion-	Alaska td	Rock 2: The Final Jam"	Get Stuffed	Deadliest	
-1	PM	King	The Best	Coast Sal-	Color of	Paid Prog.		To Be An-		The Best	Simpsons	Q With Jian			ship: Teams TBA. (N Subject to Blackout)	Yukon Men		Murdoch	Warrlor	Movie: **
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0	PM	Family Guy	Simpsons	What's That	Prohibition	Entertain-		To Bo An-	The Bach-	Simpsons	Movie	Recipes	"Spy Kids" (2001) (2001)			Bering	Gravity	Murdoch	Deadliest Warrior	ort Hays.
6	:30	Family Guy	Simpsons	About?	Support for Prohibition	ers		nounced	elor O 3c	Simpsons		Mercer	(			Sea Gold: Under	ANT Farm	Myster- les O	(2.24)	
0	PM	Big Bang	Simpsons	Be the		Paid Prog.	NFL	Storage	Simpsons		Speed		SportsCen-	NFL	Cash Cab	Good Luck	Murdoch	Deadliest	Weird or	
3	:30	Big Bang	*Austin	Creature		Youthful	NFL Foot- Storage	1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1	*Austin		Skating	Movie:	tre (N) 30	NFL Foot-	How/Made	Random	Myster- les O	(3:24)	-What?	
1	PM	Blg Bang	Powers: The Spy Who	Islands of	Darrage Company of the Walls	CSI: Miami O 30	Champion-	Storage	Van Dyke	Spy Who		Dragons'	"Spy Kids 2: The Island of Lost Dreams" Super Evil Movie: **		ball: AFC Champion- ship: Teams TBA. (Time tentative).	Myth-	Jessie 80	Funnlest	Warrior (4.24)	Weird or What?
4	:30	Big Bang	Shagged	Britain 38	tists o		ship: Teams TBA. (Time tentative).	Storage	Van Dyke	Shagged	Global Nat. (4:59) News	Movie: * "Old Dogs" (2009) John Travolta. ()				Africa	Dog	Home Videos		
-	PM	Movie: ***	Mo"	Victorian	Masterpiece			Storage	News	Me"							Shake It	30 Rock	Deadliest Warrior	Movie:
0	:30	"The Upside of Anger"	News	Pharmacy	Classic o	NBC News			ABC News	Global Nat.	Hour (N)				(N) (Livo) 80		Austin	30 Rock	(5:24)	*Planes, Trains and
0	PM	(2005)	Global Nat.	Frontier of	Doc Martin	News			News	(5:59) News	Howie Do					Africa	Good Luck	Revenge	Deadlest Warrlor	Automobile
6	:30		News	Construc-	0 35	Mark Few		Storage	Hollywood	Hour (N)	Cleveland		"Spy Kids 3: Game Over"	Australian Open Ten-		"Savannah" (N)	Really Me	"Collusion"	Ways Die	(1987)
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1	:30	"Obsessed" (2009) Idris	Cleveland	Hunters	Queen's Palaces	Loser "Get Moving"	nounced	Storage	Videos	Cleveland	0 (N) 36	(N) O		of 16. From Melbourns,	(N) O 100	Busters O NO	Sulte/Deck	Apt. 23	Show	"Airplanel" (1980) Rol
10	PM	Elba.	Simpsons	Horse	Masterpiece	TOTAL CONTRACT		Storage	Once Upon	Simpsons	Simpsons	Dragons'	Spintniot	Australia. (N)	Once Upon	Africa "Kala-	Sonny	CityNews	The Joe	ort Hays.
8	:30		Burgers	Power	Classic (N)			Storage	aTime (N)	Burgera	Burgers	Den (N) at	Zolnk'dl O	(Live) and	a Time (N)	hari' no	Random	Weekends	Schmo Show	
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IU	:30	*** "Fun With Dick	0 (N) as		War to	obesity.	0 (N) BE	Storage	Apt. 23	0 (N) 80	Block		Splatalot		Anger	Busters 0 30	Movie: **>	"Down With Love" (2003)	Ways Die	
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# **Monday Movies**

#### **AFTERNOON**

12:30 pm SPIKE ch.44 "The Wolfman" (2010, Horror) Benicio Del Toro. A nobleman contends with an ancient curse, scouring his childhood homeland for his missing brother, while a bloodthirsty beast prowls the moors. (In Stereo) 5:00 pm SPIKE ch.44 "Underworld" (2003, Horror) Kate Beckinsale. A female vampire tries to protect a medical student from werewolves intent on creating a hybrid species. (In Stereo)

#### **EVENING**

8:00 pm SPIKE ch.44
"Underworld" (2003, Horror) Kate
Beckinsale. A female vampire tries
to protect a medical student from
werewolves intent on creating a
hybrid species. (In Stereo)
9:30 pm WTBS ch.3 "G.I. Jane"
(1997, Drama) Demi Moore. A
female Navy SEALs recruit completes rigorous training under a
tough officer's command.

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#### MONDAY, JANUARY 21, 2013 WTBS CHBC KNOW **KSPS** KHQ KREM **KXLY BCTV** CITV CBC YTV TSN VTV DISC FAM CITY SPIKE TROP A&E ch.4 ch.3 ch.5 ch.6 ch.8 ch.9 ch.10 ch.11 ch.12 ch.13 ch.18 ch.19 ch.22 ch.24 ch.26 ch.29 ch.44 ch.45 ch.7 CREM 2 CBC News Kid vs. Kat CTV Morn-Ways Die AM In the Heat Morning Imothy Bullder HQ New Criminal (5:00) Morr SportsCer Dinosaurs CityLine Morning of the Night News (N) SAM (N) Minds O B Now (N) O re (cc) Ing Live (N) N) 80 :30 HI-5 00 Clifford Super Evil News Warrior O Sidekick Earth: Fina Wild Kratts Cash Cab Shake It AM Arthur O SportsCer Murdoch Justice Today (N) Morning Criminal Morning Tiger Conflict () ost at Se Deadllest :30 Justice Magle Bus Presidentia Presidentia Presidentia Monster Beyblade Cash Cab ANT Farm les o nauguranaugura-Huntley SportsCer Eat St. O Judge Alex Tree Fu Curlous CSI: Miaml Bo On/Go Pokemon Nerve Jessie 20 Murdoch tion 2013 tion 2013 tion 2013 Center & Mysterre Et Super Evil Dinosaur Cat In the nauguratio Inauguratio Inaugurati TBA Phineas Deadliest Eat St. O :30 Judge Alex les o Warrior O CSI: Miami Livel Kelly Mickey Food AM Pinky Super Why SportsCen-(N) O (Live (N) O (Live (N) O (Live "Backfire" tors () BC tre ac and Micha Hollywoo Millionaire Huntley Dinosaur Huntley Cat in the Cat in the Never Lan :30 Peep, Blg Varrior O The Doc-Mickey Gold Girls Criminal Chef/Home The Chew AM The Doo Dinosaurs Poko 🖾 Squirrel Sportfish The View Mighty ors O Ed Ships III tors O Minds O B O EC Gold Girls :30 Franklin Debt/Part Doodlebop G. Shrinks Motoring Manny Deadllest AM Law Order: Mamas Rolle Polle Tiger Criminal Mamas Noon News Steven and G. Shrinks Engraved Marilyn Pyros Phineas General Friends O Breaking Chris Ico on a Nation Denis Hour :30 Debt/Part Dive, Olly SIt & Be Fit Debt/Part Suite/Deck Deadliest Friends O Point" (N) O Narrior () Raymond Charlle Pald Prog. The First To Be An To Be An CBC News Super Evil NFL Prim CTV Ne Licence to Wizards PM Excused Dino Dan News CityLine &C Hour (N) Rose O BE 48 to Hour (N) nounced Now (N) O Time 80 (N) O RO Drill Rob Robo Pald Prog. To Be An Kld vs. Kat Raymond :30 Excused The Wolf-The Jeff Days of our Save-Ums! Paint This Days of ou The First Heartland NFL Live &C The Dr. Oz Sonny ard Rock PM There Yet? Days of ou Squirrel Jungle Go man" (2010) KE (DVS) O BO :30 There Yet? Sidekick 3rd Rock Wibbly Plg Sewing Random Show Gold Girls Off Record Dr. Phil So Raven PM King The Talk Blg Bear Barney Katie O E Let's Make The First The Jeff The Talk The Ricki Steven and Almost Myth-CityNews a Lake Sho Chris ED 0 833 Gold Girls Sulte/Deck :30 King Dinosaur WordWorld Super Evil Interruption 0 82 Young & Ways Dlo The Ricki Rob Robot Sid Ellen Dr. Phil To Be An-Rachael The Ricki Recipes Squirrel How/Made Wizarda CityNews at Ent St. O The Office Sports Ellen Lake Shor DeGene OEE Ray O E Lake Show Restless DeGenen (N) 831 :30 The Office Clifford WordGirl Stefano Sidekick To Be An How/Made ANT Fam Ways Die Eat SL O Wild Kratts SpongeBot Daily Plane Phineas How I Met Ways Die Food G. Shrinks Jdg Judy The Dr. Oz The Doc Young & Anderson PM Big Bang Young & tors O 🖾 Restless Den O Es Live O SO (N) ESI Lost at Sea Show EE Jdg Judy Global Nat. SpongeBot 30 Rock Arthur O :30 Big Bang (4:59) News SpongeBob **CTV News** How I Met Martha News Hoarders & Early News News Myth Wingin' It Movie: \*\*% Friends O PM News (N) EE at Five (N) **ABC News** Global Nat **NBC News CBS News** SpongeBob Good Luck Friends O :30 Wild Kratts Business News Happy O BE (2003, CTV News forror) Kate KREM 2 (5:59) News Global Nat. Animals PBS News Hoarders ET Canada News ICarly (C) Sons of **ANT Farm** Broke Girl Raymond PM (N) 0 20 Guns (N) (N) ED Hour (N) SE lews at Hour (N) Exchange :30 Gardens Ent Blg Time Wizarda Mike Payne 6 (N) PM Seinfeld () Ent Keep Up 7 :30 Seinfeld () ET Canada Know-It-All 0 (N) EQ "Tiffany" Diaries (N) Wheel Access H. 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Dad Deception (N) O M Broke Girl Murdoch The Follow Sons of Wingin' It Friends O Market War-(9:01) Deception Parenthood Gags Jimmy (N) Kimmel Fortune? riors (N) O Mysteries Ing "Pilot" :30 Movie: Mike Warthogsl Gags NFL Films Friends O (N) Live (N) PM Jane" (1997, 0 (N) 36 of Change Hawaii Five- (10:01) Indepen-Deception (10:01) Hawali Five- News Hour National Boys SportsCen-(10:01) Greatest Lizzie Maury O EQ Raymond (N) 0 ED Final (N) Know-It-Al dent Lens 0 (N) EE Castle Mr. Young :30 Drama) So Raven (N) E (N) E Demi Moore SportsCen-Highway (DVS) News News (11:01) News Hour ET Canada **CBC News** Weird **CTV News** Paid Prog. News Hour | The Hollow Entourage 3rd Rock PM Interven Final (N) tre to Thru Hell Splatalot Jay Leno Letterman The Talk George S CTV News





# Princeton Posse feel the heat

Hot off the heels of a 7-0 blow out against Summerland Steam January 11th, Princeton Posse hosted Chase Heat the following evening.

Once again the stats leaned in the direction of the home team with 27 more points, 15 more wins, 46 more goals scored and well, you get the picture.

In what could easily have been another lopsided victory, the visiting Chase team did put some heat into the game and put up quite a fight – in more ways than one.

Princeton got on the scoreboard first, but it took just about half a period to do so.

Kurtis Bond got the goal at 11:46 with assistance from Ben Reinbolt and Kyle Moore.

Princeton added another at 9:54 (Kaleb Boyle from Eric Kubis).

The period ended with another Princeton goal with 9.4-seconds left on the clock.

The Posse's Brett Perrine passed the puck from inside the blue line across the front of the goal crease to a waiting Ben Reinbolt. Reinbolt was positioned just outside the goal post on Heat goalie Jacob Mattes' stick side. The puck sailed past Mattes, who was far enough in the front of the crease to give Reinbolt a wide-open gap behind him to tip the puck into the net.

The second period was, well, a little more heated.

Chase scored their first goal of the

game at 11:08. McKenzie Gaurdiero scored the short-handed goal with help from Mitchell Dolman.

Then at 9:32 best friends in different jerseys Kurtis Bond (Princeton) and McKenzie Gaurdiero (Chase) dropped their gloves and went at it. The pair go back many years to their minor hockey playing days in Williams Lake and although Bond referred to the incident later that night on Twitter as "a tilt" both players finished the night off the ice.

A handful of seconds later, at 9:16, Princeton's Brett Perrine ducked and weaved his way into Chase territory and scored an unassisted power play goal to give the home team a 4-1 lead.

At 8:18 the Heat's Shelby Kostyshen drew Princeton's Devan Suidy into a scrap and both found themselves ejected from the game despite Kostyshen's attempts to convince the officials they didn't see the circumstances correctly.

Chase managed to capitalize on the disruptions, which appeared to actually throw the Posse game plan off kilter, and scored their second goal, another short-handed one, at 3:15 (Drew Wilde from Marc MacKenzie).

Then the wheels on the roller coaster ride fell off with 20.7-seconds left in the period.

Kaleb Carpenter of the Chase Heat

raced onto the Posse goal and somehow Princeton's goalie Phoenix Logan-Hill lost his stick in the action.

"I couldn't see exactly what happened but suddenly Phoenix's stick was flying to the corner to his right," says Posse internet play-by-play announcer George Elliott.

"Then players went in to defend their crease and protect their goalie."

Princeton's Adrian Coulter caught Carpenter behind the net and equipment plus fists started flying. Logan-Hill then jumped onto the pile to add his assistance.

Once the players were pulled apart each received 5-minutes for fighting and game misconducts, with Logan-Hill collecting an extra five and a game for being the third man in the fight.

But it didn't end there.

While skating away from the scene of the crime, Logan-Hill took on Chase's Robert Dawson who must have said something, as they were about to pass each other.

Once they were separated, Logan-Hill ended up with his third game misconduct. The behaviour was completely out of character for the goalie who had only 2 PIM the previous season and prior to this game had none this season.

The last period was, in a word, boring in comparison to the first twothirds of the game and not because there was only one penalty called. Both teams appeared tired and basically went through the motions to run the clock down to 00:00.

Final score: Princeton 4, Chase 2. Shots on goal: Princeton 33, Chase 26. Penalties in minutes: Princeton 13 for 89-minutes, Chase 11 for 55-minutes.



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Card of Thanks

appreciate your thoughtfulness and love. God Bless you. Megan Ostrosser

Card of Thanks

Our sincere thanks to our friends and church family for the many cards, gifts, flowers and visits during my recovery from a broken hip. We

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Sudoku

Sudoku Challenge

SOLUTIONS TO PUZZLES ON PAGE 14

**CHALLENGE #436** 

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Natural character chart - \$25. Basic chart plus predictive -\$50.

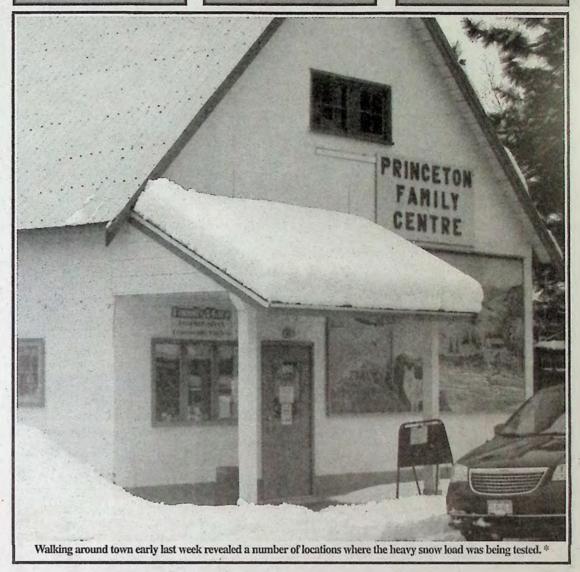
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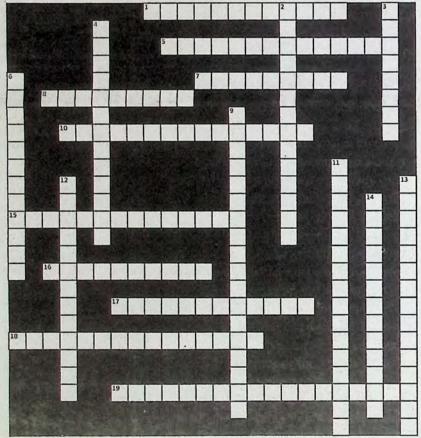
Halfs Laader 250.295.4149



Earl Husband jumped in and gave Similkameen News Leader's Brenda Engel a hand clearing her ride of snow after a big dump of the white stuff early last week. Thanks, Earl!

# lews Leader Puzzler

Use the January 8 News Leader to find Answers Below...



Name the only Princeton Posse player who lists Princeton as his nometown.

Who was installed 2013 Princeton egion Chaplain.

Name the new Interim Town of

Name the 2013 Princeton Legion

Name Molly Elizabeth Coyne's

Name the new addition to Trish

and Spencer Coyne's household.
An art style shown on Page 12 is named after this famous person.
Who is the LA Zone Commander?
The 'LA' in Princeton Legion LA.

Bob Paterson was installed to what position in the 2013 Legion Executive?

Who was installed as Princeton Legion LA President?

She recently received a 20-year pin.

What caused traffic to stop near Olalla as seen on Page 20? Who does IHA thank for "proving

additional coverage?" Better known as News Leader

Recipe #543. The 'FAC' in FACTOS.

Name the team Princeton Posse

played January 4th. The 'GH' in PGH.

14 He wears #25 for the Princeton Posse.

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# Area 'G' Report

#### **Director Angelique Wood**

... continued from Page 7 for his contributions to ending vio-

Ron is responsible for the Proactive Violence Prevention Project initiative as the RCMP Victim Service Co-ordinator in Keremeos.

4. Joan McMurray.

This Keremeos woman led the Tourism Advisory Council (a Board reporting back to the Similkameen Valley Planning Society) through a series of activities intended to strengthen Similkameen Valley tourism experience, both through increased marketing assistance and exposure and by teaching existing businesses how to be "superhosts". 5. Eau Vivre Winery in Cawston

received a Lieutenant Governor's Award for Excellence in BC Wines.

This means that a number of for-

eign diplomats visited Similkameen this summer and were amazed by the phenomenal scenery which we see every day - and they purchased numerous bottles while visiting. Congratulations to Dale, Jeri and their talented staff!

SVPS: The Similkameen Valley Planning Society is a volunteer Board made up of representatives from all the various levels of govemment in the Similkameen Valley: Upper and Lower Similkameen Indian Bands, Electoral Area Directors "B", "G", and "H", and Mayors of Keremeos and Princeton.

**UBCM:** Union of British Columbia Municipalities is made up local governments representing the broad range of issues relevant to BC Communities, including First Nations.

#### looks ahead Arts Council

.. continued from Page 3 Festival, celebrating aboriginal culture in the Similkameen Valley. The Crimson Tyne Players are busy auditioning for their next play, an adult comedy scheduled for April. The visual artists will continue to support the Sunflower Gallery and have already scheduled regular meeting dates for informal drawing and painting practice at Riverside and around

We also hope to install another piece of art in a town park for the enjoyment of all, extending our Art in Public Places program.

These activities reflect a narrow band of possible artistic endeavours, being those which our members have been eager to promote. There are many other forms which are not represented and we feel sure that there are people in the community who would be interested in sharing their particular passion for the arts. As we plan into the future, we encourage other artists to contact us in order that we can include their interest in our budgets, and seek out specific funding for those new forms. Our goal is to expand enjoyment of all aspects of arts and culture within our community. For more information, check our webpage at princetonarts.ca, or email us at princetonartscouncilbc@gmail.com

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# Need some puck talk?

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# Princeton Posse 2012/13 Clip 'n' Save Game Schedule

# Similkameen

Exhibition Season

Fri Aug 31 Tue Sep 4 Fri Sep 7 Sat Sep 8 Sun Sep 9

Date

North Vancouver 5 Kamloops 4 Golden 4 Princeton 9 Princeton 4

Princeton 3 Princeton 2 Princeton 4 Kamloops 0 Chase 1

Fernie 1

Princeton 3

Princeton 2

Kelowna 3

Princeton 4

Col. Valley 0

Summerland 3

Creston 3

Golden 2

Princeton 1

Princeton 3

Princeton 1

Osoyoos 0

Kimberley 1

Princeton 2

Revelstoke 2

Penticton 0

Sicamous 1

Princeton 1

Princeton 1

Osoyoos 3

Penticton 2

Kamloops 2

Princeton 1

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Princeton 1

Kelowna 0

Penticton 1

Princeton 4

Creston 2

Osoyoos

Summerland 0

Revelstoke 3

N. Okanagan 4

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### Regular Season

Fri Sep 14 Sat Sep 15 Wed Sep 19 Fri Sep 21 Fri Sep 28 Sat Sep 29 Sun Sep 30 Fri Oct 5 Sat Oct 6 Fri Oct 12

Sat Oct 13 Fri Oct 19 Sat Oct 20 Wed Oct 24 Fri Oct 26

Fri Nov 2 Sat Nov 3 Fri Nov 9 Sat Nov 10 Fri Nov 16 Sun Nov 18 Tue Nov 20 Fri Nov 23 Sat Nov 24 Fri Nov 30

Sat Dec 1 Fri Dec 7 Sat Dec 8 Sun Dec 9 Tue Dec 11 Fri Dec 14 Sat Dec 15 Wed Dec 19

Tue Jan 1 Fri Jan 4 Sat Jan 5 Fri Jan 11 Sat Jan 12 Fri Jan 18 Sat Jan 19 Fri Jan 25 Sat Jan 26 Sun Jan 27 Wed Jan 30 Fri Feb 1

Sat Feb 2 Tue Feb 5 Sun Feb 10 Tue Feb 12 7:00 PM Fri Feb 15 7:00 PM Sat Feb 16 7:00 PM

Princeton 2 Osoyoos 4 Penticton 3 Princeton 5 Princeton 4 Kimberley 5 Princeton 5

Princeton 6 Princeton 7 Princeton 4 Kelowna 3 Col. Valley 5 Golden 4 Princeton 6 Princeton 3

Kelowna 3 Princeton 6 Princeton 3 Princeton 4 Princeton 6 Princeton 3 Summerland 3 N. Okanagan 3

Princeton 5 Princeton 5 Princeton 3 Princeton 5 Sicamous 5 Osoyoos 6 Princeton 4 Penticton 4 Princeton 6

Princeton 5 Princeton 5 Kelowna 5 Princeton 7 Princeton 7 Princeton 4 7:00 PM 7:35 PM

7:00 PM 7:00 PM 2:00 PM 7:35 PM 7:00 PM 7:00 PM 7:00 PM 2:00 PM

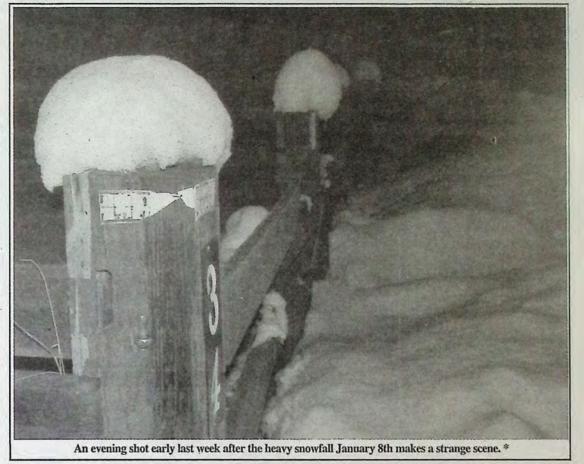
Summerland 0 Chase 2 Princeton @ Kelowna Princeton @ Osoyoos Princeton @ Chase Penticton @ Princeton Princeton Kelowna@ Princeton @ Osoyoos Penticton @ Princeton Princeton @ Summerland @ Princeton @

Princeton @

Osoyoos @

Princeton @

Kamloops Princeton Summerland Penticton Princeton Kelowna



# bylaw

Last reviewed comprehensively in 1994, Princeton's Zoning Bylaw is now being updated into a user friendly Bylaw that incorporates best practices; addresses known issues; and better reflects the Town's Official Community Plan (OCP), which seeks to "[promote] healthy and active living for all ages."

Council has identified the review of the Zoning Bylaw as a priority for 2013. Funding has been included in the 2012/2013 budget to complete this review and Urban Systems Ltd. has been hired to lead this planning project. A Provincial grant from the Ministry of Health in the amount of \$20,000 will also assist the Town with incorporating age-friendly zoning land use regulations.

A leader in planning and consultation, Urban Systems has developed particular expertise in reviewing Zoning Bylaws. The consulting team has successfully led similar planning projects in communities throughout B.C. and western Canada, including developing new Zoning Bylaws for Lake Country, Merritt, Princeton, Keremeos, Oliver and Kamloops - to name a

The Zoning Bylaw is the primary regulatory tool for the implementation of the Town's OCP, as well as other policies, which impact the use and development of property.

Mayor Armitage is very pleased that we are moving forward with a new Zoning Bylaw and encourages the community to participate in the open house on January 28th, 2013. A Zoning Bylaw regulates the:

Use and density of development on residential, commercial, institutional and industrial lands, and in

Siting, size, and dimensions of buildings and uses

- The location of uses on land, and within buildings

- Parking and amenity space requirements

The purpose of a Zoning Bylaw is

- Implement the policies of the OCP - Maintain order, efficiency and har-

mony of land uses - Prevent overcrowding of land

- Protect the environment

- Protect property values The Zoning Bylaw Review Process:

While there are numerous steps in this planning process, they can generally be summarized in 4 key phases:

Phase 1

Issue Identification / Technical

Community Engagement (Open House - January 28, 2013)

Phase 3

Bylaw Preparation

Phase 4

Approval

The Town of Princeton looks forward to your participation in the review of our community's Zoning Bylaw beginning with an evening Open House to be held at the Princeton and District Community Skills Centre (206 Vermilion Avenue) on January 28, 2013 from 7:00 to 9:00 PM (drop-in format).

The adoption of the new Zoning Bylaw should be completed before the end of summer 2013, pending Council's approval.

# RDOS works on radio repeater

Electrical power to a commercially owned and operated communication tower that houses an emergency radio repeater used by the Regional District of Okanagan-Similkameen and its member fire departments likely will not be restored until the late spring, the RDOS has learned.

"The message we have received from Fortis is that work to repair electrical lines on Mount Kobau may not begin for safety reasons until after the winter season," said Dale Kronebusch, the Regional District's Emergency Service Supervisor.

"Accordingly, we're taking additional steps to safeguard other power sources at the tower's site to provide continued and uninterrupted service for our emergency radio repeater. That includes contingency plans to increase our battery backup capacity and ensure a back-up generator is available for the site generator that will now function as the primary power source for the

Kronebusch added a new alerting system is also being installed at the site that will provide direct warning to the Regional District immediately upon the primary generator's failure.

In mid-December 2012, heavy snowfall downed two power poles on Mount Kobau, where the communication tower is located. Auxiliary power, generated by fuel and batteries, operated until about four days later when reserves were exhausted. The emergency fire dispatch radio repeater, along with several other communication services, then went offline, a situation that was not reported to the Regional District until December

"At no time were RDOS residents in danger of not having fire coverage," said Dale Kronebusch, the Regional District's Emergency Service Supervisor.

"We build redundancies into the ..... continued on Page 23

# Princeton receives provincial grant

Project: Seniors mental and physical fitness project

Grant amount: \$15,400

**Bowen Island** 

Project: Health-care resource guide for Bowen Island and BEST osteoporosis prevention program Grant amount: \$19,993

Burns Lake

Project: Age-friendly community assessment

Grant amount: \$17,400

Central Kootenay Regional District

Project: Just for the Health of It! exercise and wellness program Grant amount: \$5,600

Delta

Project: North Delta seniors' bus Grant amount: \$20,000

Fort St. James

Project: No Resident Left Behind seniors' transportation initiative Grant amount: \$20,000

A fiscally responsible decision by

the Regional District of Okanagan-

Similkameen last year to move

emergency fire dispatch services to

Kelowna from Penticton has result-

ed in the Regional District saving

enough to cover the cost of replac-

ing a 20-year-old emergency radio

system described as "antiquated"

The Regional District's 2013 oper-

ating budget includes \$1.6 million

in funding to complete work recom-

mended by a public safety commu-

nications consultant last November.

The budget has received first read-

ing and is currently undergoing a

public consultation process. Final

approval by the Regional Board is

"What's important to note is the

Regional District would be facing

this upgrading cost whether we

moved our emergency fire dispatch

to Kelowna or not," explained

"The Regional District is aware of

the deteriorating condition of our

emergency radio system and is tak-

ing prudent steps to correct the situ-

ation. That work began with our

decision last year to move services

to Kelowna from Penticton and

RDOS Board Chair Dan Ashton.

expected in March.

and "in need of replacement."

Fraser Lake

Project: Senior support and drop-in centre

Grant amount: \$20,000

Kaslo

Project: Kaslo seniors' co-ordinator Grant amount: \$20,000

Kent

Project: Resource book, community information boards and isolation training

Grant amount: \$15,000

Ladysmith

Project: LaFF and Learn Grant amount: \$20,000

Metchosin

Project: Seniors' drop in centre Grant amount: \$20,000

Mission

Project: Active Seniors Grant amount: \$20,000

Nakusp

Project: Seniors' resource fair

Grant amount: \$3,500 Parksville

\$1.8 million."

ning again.

phone."

Service Supervisor.

RDOS budgets for

radio service

improvements

Project: Oceanside IMPACTS: Improving Partnerships for Age-

saving RDOS ratepayers almost

emergency radio services was ques-

tioned in the aftermath of a power

outage at a commercially owned

transmission tower on Mount

Kobau where the RDOS is a com-

munications client. Regional fire

departments were without their pri-

mary method of communication for

about ten days as the site's operator

worked to get the tower up and run-

"At no time were RDOS residents

in danger of not having fire cover-

age," said Dale Kronebusch, the

Regional District's Emergency

"We build redundancies into the

system to deal with such potentiali-

ties and in this case the dispatch

centre in Kelowna was able to con-

tact fire departments using tele-

Funding included in the 2013 oper-

ating budget will provide for

upgrading of communication

equipment at fire departments serv-

ing the Regional District and an

overhaul of the wireless system

connecting the dispatch center to

the member fire departments.

The effectiveness of regional

friendly Care Transitions for Seniors

Grant amount: \$19,810

Port Alberni

Project: Creating an Age-friendly

Alberni Valley

Grant amount: \$20,000

Princeton

Project: Zoning bylaw review: incorporating age-friendly land use regulations

Grant amount: \$20,000

Queen Charlotte

Project: Fit for Life: All ages community park outdoor fitness program

Grant amount: \$10,268.89

Revelstoke

Project: Kovach Park age-friendly enhancement and seniors' fitness programming

Grant amount: \$20,000

Sayward

Project: Seniors' outdoor gym and

wellness programs

Grant amount: \$20,000

Silverton

Project: Develop a policy and action plan as well as developing new projects

Grant amount: \$20,000

Sooke

Project: Seniors Volunteer Connections

Grant amount: \$20,000

Surrey

Project: Connecting seniors and their caregivers to resources in the community

Grant amount: \$20,000

Tofino

Project: Creating a Tofino agefriendly community

Grant amount: \$15,500

West Vancouver

Project: North Shore Age-friendly initiative: Seniors connecting seniors for healthy living

Grant amount: \$20,000

Williams Lake

Project: Senior Citizens' Activity Centre - Healthy and safe eating kitchen renovation

Grant amount: \$20,000

# Radio repeater

system to deal with such potentialities and in this case the dispatch centre in Kelowna was able to contact fire departments using landlines."

"Our intent is to learn from each situation and to make corrections where appropriate," said Kronebusch, explaining the additional steps the Regional District is taking to secure the communication tower.

# newsbc.ca

LOCAL = REGIONAL = NATIONAL = WORLD NEWS

# MONDAY NIGHT

162 Angela Avenue, Princeton - 250-295-7515 (Senior Citizens Association - Branch #30)

OPEN 4:30 PM - FIRST GAME 5:15 PM

Bonanza - Odd/Even - Lucky 7

BC Gaming Licence #109667 - "Know your limit, play within it."

# ONE NIGHT ONLY

**SATURDAY FEBRUARY 9** 

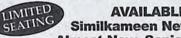
SENIORS BRANCH 30 - ANGELA AVENUE DOORS 7 PM - SHOW 7:30 - 9:30 PM

# ALAN K. PARSONS

Valentine Party & Dance

ENJOY AN EVENING FILLED WITH SONG AND DANCE, FOOD, FUN AND FRIENDS!

Tickets \$10



Similkameen News Leader, Almost New, Seniors Branch 30



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# **Brenda Crawford**



brenda@bcland.net (250) 295-8182

# **April Earle**



april@bcland.net (250) 295-5346

# **Sandra Simpson**



sandra@bcland.net (250) 499-9414

# Experience the advantages of...

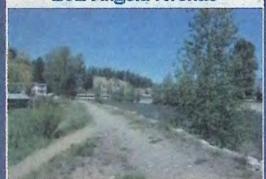


working with an Executive!



**PRINCETON** 

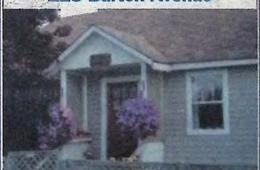
#### 202 Angela Avenue



Don't miss a great opportunity to build by the river! Zoned for multi-family residence, you could build and rent or sell the other half. All reports have been done and filed so the hard part is done. Walking distance to town, all shopping and schools. Very few riverfront parcels are available, make sure you get yours!

MLS®139272 \$ 99,900

#### 228 Burton Avenue



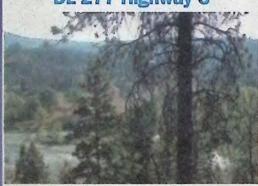
Lovely charming home minutes to town. Some updates have been done, newer roof, furnace, siding. Bedroom on main plus 2 possible above. Unfinished basement great for storage. Very private fenced backyard, 10 x 22 outbuilding for overflow company, a workshop or your idea! Just steps to the river. Come have a look! MLS®139220 \$160,000

1134 Old Hedley Road



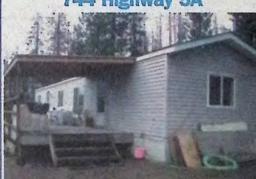
CONTINGENT: Sold as is for land value only. This is a rare offering - 3.31 acres approximately 10 km east of Princeton on the Old Hedley Rd. Nicely treed, this pie shaped acreage is already serviced with a well, septic, power and telephone line. The mobile is uninhabitable and was/is non-conforming with additions and must be removed. MLS®139932 \$164,900

#### DL 277 Highway 3



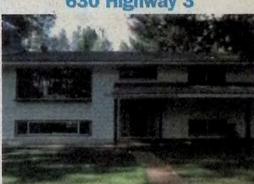
A rare find! 11.90 acres minutes from the town of Princeton! Level, treed and open areas leaves lots of places to build. Spectacular mountain and river views from several locations! All services to lot line. Subdivision potential as well. Very private, and peaceful! Neighbouring 2 acres and home for sale also. Have it all! MLS@140435 \$299,900

#### 744 Highway 5A



Saddle up the horses, gather up the kids and head out to this great hobby farm just minutes from town! 19+ acres with corral, chicken coop, hay barn and more. There is also another mobile for overflow guests, extended family or even better, a mortgage helper! New deck and mud room MLS®140580 \$359,000 extend your living space.

#### 630 Highway 3



Country living in the city! Imagine almost 14 acres just a few short minutes from town! Very private acreage with well-loved home and it shows! Purchase these 2 adjoining parcels of land with separate titles offering lots of possibilities. This 5 bedroom home, fully finished up and down is perfect for families and extended families. MLS®140520 \$675,000

# REALTY EXECUTIVES PRINCETON Gateway to the Okanagan

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