

Similkameen News Leader

\$1
INCLUDES HST!

Volume 16 Issue 6 #769 ISSN 1712-090X

Tuesday, February 5, 2013

Canada WE ACKNOWLEDGE THE FINANCIAL SUPPORT OF THE GOVERNMENT OF CANADA THROUGH THE CANADA PERIODICAL FUND OF THE DEPARTMENT OF CANADIAN HERITAGE.



Shoppers Drug Mart in downtown Princeton was in 'lock down' mode following an incident during the noon hour on January 30th. The store reopened the following day. See Page 23 for all the details. Photo: Brenda Engel

Consultation produces results

The Town of Princeton, Area H (RDOS), Interior Health Authority and Save Our Hospital Coalition organized a Princeton Healthcare Community Consultation, which took place January 29th at Riverside Centre.

This was not a public meeting but it included 40 invited guests representing a cross section of ages, cultural interests along with elected officials, corporate and industry representatives from throughout the Similkameen Valley and a few from outside the immediate area.

Dr. Barbara Pesut from UBC-Okanagan conducted the consultation with IHA's Susan Brown, Town of Princeton's Marilyn Harness, Area H Director Brad Hope and SOHC's Ed Staples and Nienke Klaver filling key roles during the evening.

The group was split into four focus groups. Each focus group had a facilitator, including Alisha Zacharias the resource coordinator from the Rural Health Services Research Network of BC, and some-
..... continued on Page 22

Lali critical of candidate selection

Fraser-Nicola NDP MLA Harry Lali says "the more things change, the more they stay the same," referring to the appointment of Jackie Tegart as local BC Liberal candidate almost two weeks ago.

"Though I welcome the entry into the provincial realm by the Liberals' appointed candidate in Fraser-Nicola, she will have to answer for the destruction of the social and economic fabric of British Columbia by the Campbell/Clark Liberals during the last decade," said Lali.

"The appointment of the Liberal candidate by Premier Christy Clark is further evidence of the BC

Liberals' "top-down", heavy-handed approach when dealing with local constituency nominations," said Lali.

"Their news communique about the appointment (dated January 16) that appeared in The Vancouver Sun was released out of BC Liberal Party headquarters in the Lower Mainland by Sam Oliphant, Communications Officer from the BC Liberal Party in Vancouver."

"It was ten more days before local Liberals would be invited to so-call 'nominate' their candidate in Ashcroft," said Lali.

"The Liberal communique even

admitted that local Liberals would do the "formality" of candidate appointment in Ashcroft on January 26th."

Lali said: "There is a clearly-established pattern of the BC Liberals' heavy-handedness with local nominations. Liberal MLA John Slater, from Boundary-Similkameen, was unceremoniously dumped by Premier Clark from running as a Liberal in favour of another person.

In Abbotsford South, BC Liberal brass also dismissed Abbotsford city councillor, Moe Gill, from seeking the Liberal nomination in favour of someone else."

Adrian Dix, Harry Lali and the New Democrats believe that the true essence of democracy is when respective constituency association memberships are allowed to elect their candidates through democratic nominations free from any interfer-

ence from Party Leaders and Party brass.

"Unfortunately for BC Liberal members in many constituencies like Fraser-Nicola the rubber-stamping of candidates appointed by Premier Clark and Liberal Headquarters is the order of the day," said Lali.

"There are many questions the appointed Liberal candidate needs to
..... continued on Page 7

Grant moves local youth

Sogo Active is challenging youth in Princeton and surrounding areas to be more active and has awarded the Princeton Parks, Recreation and Culture Department with \$250.00 in grants to help host the Similkameen "Fun In The Snow Day" at China Ridge Trails celebrating BC Family Day on Monday, February 11th.

"We are extremely grateful to Coca-Cola and ParticipACTION for awarding us with a Sogo Active grant," says Nadine McEwen, Recreation and Cultural Coordinator.

"This grant will help us continue

promoting physically active lifestyles for youth in our community, and motivate them to move more.

Sogo Active is a \$5 million, five-year national active living program sponsored by Coca-Cola Canada and created and managed by ParticipACTION. As Canadian youth are facing a physical inactivity crisis-only seven per cent of them meeting Canada's Physical Activity Guidelines of at least 60 minutes of physical activity per day-Sogo Active works to inspire teens to incorporate physical activity into their day to day lives.

The Similkameen "Fun In The Snow Day" at China Ridge will introduce young people to an outdoor recreational experience that youth can do in their own backyard.

Youth (and the young at heart) are welcome to try snowshoeing,
..... continued on Page 21

Susan C Collins BSW
Your Professional Realtor

980 Cawston Avenue

This cozy charmer in the quaint heritage village of Hedley is very solid with substantial updates including: Updated electrical and windows in 2007, new roof in 2008, new flooring and kitchen countertops in 2010. New dry wall and insulation in living room and bedroom and fresh paint and on-going care and maintenance throughout. Hedley provides you with a sense of community, a sense of peace and a sense of balance!

\$132,500

MLS® 140862

Realty Executives Vantage
Serving the Similkameen Valley
Cell: 250-295-6399 Toll Free: 1-855-392-8430
Fax: 250-292-8430
www.susancollins.ca

Similkameen News Leader
Bengel Publishing Inc.



Canadian Publications Mail Agreement No. (1299263) • websites: www.thenewsleader.net • www.thenewsleader.biz • www.thenewsleader.mobi

Published Weekly in Princeton, British Columbia by Bengel Publishing Inc.

226A Bridge Street, PO Box 956, Princeton, BC V0X 1W0 Phone: 250.295.4149 • Fax: 250.295.4103

STAND UP AND FIGHT FOR RURAL HEALTH CARE SERVICES!

www.RuralBCHealthWatch.com

Similkameen
News Leader

www.thenewsleader.net

ALSO FIND US ONLINE AT:

Facebook: Similkameen News Leader

Twitter: @PrincetonBCNews - YouTube: PrincetonBCNews

ADVANCED COMFORT
AIR CONDITIONING
DUCTLESS HEAT PUMPS
HIGH EFFICIENCY HEATING - COMPLETE GAS FITTING
WATER PURIFICATION - HOT WATER TANK REPLACEMENTS

FOR RELIABLE QUALITY SERVICE CALL

DOUG GRIGG 250.295.3966

SALES, SERVICE & INSTALLATION



Turn to the Experts

LICENSED - BONDED - INSURANCE

Prince Town 1826-1926

Prince Town
1826 - 1926

W. George Elliott

\$20.00
INCLUDES HST

Available at:
**Similkameen
News Leader**

www.thenewsleader.net

From Fur Traders to Miners to the Railroad



**SCHOOL DISTRICT NO. 58
(NICOLA-SIMILKAMEEN)**

BOARD MEETING DATES

Regular Meetings of the Board of Education
will be held as follows:

February 13, 2013 - Princeton

March 13, 2013 - Merritt

April 10, 2013 - Princeton

May 8, 2013 - Merritt

June 12, 2013 - Princeton

Meetings are held in the School Board Office
and start at 6:00 PM.



The Huldra Silver camp on Treasure Mountain as it appeared a year ago. Photo: Huldra Silver

Mining News

Huldra Silver - Treasure Mountain

Huldra Silver Inc. ("Huldra" or the "Company") provided an update January 30th on the chip sampling results from Raise 4 on Level 1. The Raise 4 development is associated with the upcoming mining of the Number 2 Stope. Mining of the Number 2 Stope is anticipated to begin in late February, 2013.

Samples were analyzed by either ACME Labs or ALS Chemex at their Vancouver laboratories. ACME Labs Vancouver is an ISO 9001:2008 certified lab and ALS Chemex Vancouver is an ISO 9001:2000 certified lab.

For samples assayed by ACME Labs, the samples were crushed, split and pulverized with 250g passing 200 mesh. Initial multi-element assaying was completed using an aqua-regia digestion with ICP-MS. Overlimits for Pb or Zn were analyzed by 4-acid digestion with ICP-ES. Ag overlimits were determined

by 30g fire assay with gravimetric finish. For ALS Chemex, samples were prepared by crushing to 70% less than 2mm, riffle splitting off 250g and then pulverizing the split to better than 85% passing 75 microns.

A 0.25g sample was then digested using a 4-acid digest and the solution was analyzed by multi-element ICP-AES. Pb and Zn overlimits were analyzed using the ME-OG62 method. Ag overlimits were analyzed by 30g fire assay with gravimetric finish.

Mineralization consists of galena, sphalerite and siderite within the vein structure. Dip on the structure varies between 50° - 70°.

The Number 2 Stope will be developed after the completion of: (1) the second diamond drilling platform and (2) the development of the Number 2 Stope draw points. It is anticipated that the second diamond

drill drift will be completed within two weeks, with 60m of draw points for the Number 2 Stope to be developed within the following two weeks.

Technical information in this news release related to geology has been reviewed and approved by Mark Williams, P. Geo.

Technical information in this news release related to mining activities has been reviewed and approved by Al Beaton, P. Eng and Mine Manager. Both Williams and Beaton are each Qualified Persons as defined in National Instrument 43-101. For more information about the Company's Treasure Mountain Property, see the technical report entitled "Technical Report, Project Update, Treasure Mountain Property" dated June 7, 2012, available under Huldra's profile on SEDAR at www.sedar.com.

About Huldra

Huldra is currently mining at its Treasure Mountain Project, located three hours east of Vancouver, utilizing an offsite mill for processing mill feed at the Company's property outside of Merritt. The Company is also actively assessing other opportunities for acquisition and development.

- submitted

newsbc.ca

LOCAL - REGIONAL - NATIONAL - WORLD NEWS

Times of India to Christy Clark: "Thank you for the \$11-million gift!"

Premier said "No" to forestry workers, ranchers and local film industry, BUT her government gave \$11-million to India's national newspaper to hold a party in downtown Vancouver.

For details see Official Opposition website at www.bcndpcaucus.ca/ and click on:

"B. C. Liberals spending \$11-million..."



Harry Lali, MLA Fraser-Nicola

2099 Granite Avenue,
Bag 4400, Station Main,
Merritt, BC V1K 1B8

Phone: 250.378.4802
Fax: 250.378.4852
Toll Free: 1-877-378-4802
e-mail: harry.lali.mla@leg.bc.ca

Flip Of The Coyne

by Spencer Coyne

Some days the future looks so dreadful you just want to go back to bed. Today is one of those days. I got up this morning and checked the online news sources and what

was waiting for me? North Korea has placed its population under martial law and told the army to prepare for war and, to make it even worse Iran has said that if Israel

attacks Syria again that they will defend Syria. Not only is there the threat of one new war but two. Combine this with the conflict in Mali and you have one very messed

up world.

I am not too concerned over the conflict in Mali, unless things get worse there and the French need assistance drawing more Western ground forces into the region. What worries me the most is the connection between North Korea and Iran. North Korea has nuclear capabilities. Even if they are limited, some experts are claiming that they now have the capability to strike the West Coast of North America. Now add that capability with Iran's missile technology, and either country could have the capability to cause massive damage to not only North America but to all Western powers. Normally I wouldn't take Iran too seriously about these threats of war, but after their claims that they successfully put a monkey into space, they have advanced their capabilities to a point that they could actually strike the United States. Since the leader of North Korea seems to be a little off his rocker, and given his nuclear capabilities, I am a little concerned.

Israel's strike on targets inside Syria has put the West in an awkward position. If what is being reported is accurate, and Israel was

preventing the transfer of anti-aircraft missiles to Hezbollah, then I can understand why they did what they did, although any attack by Israel on any Islamic state is considered an attack on all. Fortunately there seems to be a lack of outrage by other states in the region outside of Iran. What is not a surprise but does worry me a little is Russia's response. Not only did Russia disapprove of Israel's attack, but Russia has been distancing itself from the United States more and more, even cancelling some agreements.

Russian actions are normally a big surprise since Putin likes to put on a show. If this is a sign that US-Russian relations are cooling this could be a problem for the West. Russia could easily start supplying North Korea, Iran and other states with arms, or even worse, they could be indirectly supplying terrorist forces like those in Mali.

Global relations are worsening all the time. Last century we had a rather large conflict. We had the same thing the century before. I'm not suggesting another Napoleonic War or World War, but you have to continued on Page 7



The date was February 1st, but it looked much more like March 1st in downtown Princeton. *

Town of PRINCETON Princeton Town Hall News

HYDRANT SNOW REMOVAL



Banking snow around, or over a fire hydrant creates problems for emergency fire crews. Blocking access, or reducing the visibility of hydrants increases the response time and could result in unnecessary property damage. Fire fighters have to be able to locate the hydrant, remove the caps and attach the fire hose as quickly as possible. These caps are removed using a hydrant wrench; a process that cannot be done quickly when there is a build-up of snow around the hydrant. Your cooperation in maintaining hydrant access is greatly appreciated.

PRINCETON WEBSITE

When are our council meetings held? What information is on the agenda? Who do I contact regarding upcoming events?

The Town of Princeton website has the answer to these questions and much more information.

Please check us out today at www.princeton.ca



CELEBRATE BC'S FIRST FAMILY DAY "FUN IN THE SNOW DAY" AT CHINA RIDGE FEBRUARY 11, 2013 10 AM - 2 PM

Similkameen

"Fun in the Snow Day" at China Ridge

Free transportation from Princeton Pickup starting at 9:00 am @ Town Square, VF school & the Bowling Alley

February 11, 2013 10 am - 2pm Celebrate BC's First Family Day in an active way

Bring your sleds and a mug for hot drinks!

Come have some fun!

Try out the luge run and the tobogganing hill

Free snowshoes and skis rentals

Games and prizes for all ages!

China Ridge Park, location of outdoor activities - easy to find more information.

• SOGO Winter Outdoor Sport Challenge for youth

• Try out cross country skiing or snowshoeing, lots of equipment & instructors on hand

Some of tables supplied by Princeton Bakery

Cooper's Foods

PRINCETON VCFK SO ACTIVE

FREE BUS RIDE TO CHINA RIDGE ON FAMILY DAY

Grab your sleighs, bring a mug and wear your winter gear for a great day on the mountain. Free bus service begins at 9:30 am from Veterans Square with stops at Vermilion Forks School and the Cooper Hill Lanes Bowling Alley before heading up to China Ridge Trails. The bus will be operating on the hour until the last run of the day from China Ridge at 2:00 pm.

RIVERSIDE MOVIES

Come out and enjoy 2 award winning movies this February.

February 8



Showtime: 7:00 pm
Doors Open: 6:30 pm

\$5.00 at the Door

Concession Open



February 15



Riverside Community Centre Theatre
250-295-6067

148 Old Hedley Road
www.princeton.ca

RECREATION PROGRAMS

Afterschool recreation programs have begun for children and youth. Many programs still have space if you missed the registration we still welcome families to register.

- Active Kids for Children aged 4-5 Wed 4:15-5:15 pm JAE
- Crafts for Kids aged 6-10 Thurs 3:15-4:15 pm Riverside
- Craft for Teens aged 11-14 Thurs 4:15-5:15 pm Riverside
- Dance for Teens aged 11-15 Tues 4:15-5:30 pm Riverside

Register at Princeton Town Hall or call the PPRC Office at 250-295-6067 to learn more. www.princeton.ca



Editorial Page News Leader

Similkameen News Leader, 226A Bridge Street, PO Box 956, Princeton, BC V0X 1W0

My Turn

Who's Saving What?

Are you as confused as me?

There are two groups in town that are working towards solving the doctor shortage and the situation at Princeton Hospital related to the ER but do you know one from the other?

SOS – Save Our Similkameen, was born around 2004 in direct response to the proposed coal-fired power plant dreams of Compliance Energy. Brad Hope was Chair of the committee at the time, but it is currently chaired by Solana (or Sol) Allison.

Fun Fact: I attended the very first planning meeting at Riverside Centre and was the person who suggested the name for the group. It was turned down at first, but was soon the handle the grassroots group adopted.

SOHC – Save Our Hospital Coalition was born last May in direct response to Interior Health's announcement of reducing the number of nights a week the Emergency Department would be open at Princeton General Hospital. Spencer Coyne chairs this group although Ed Staples is the official spokesman for them.

SOS was dormant for a time once the provincial government decided to kill the coal-fired power plant concept. The group resurfaced when Petrobank drilled a test well near Princeton with hopes of capitalizing on coalbed methane production.

If I were asked to describe what separates the groups I would say SOS is quite a bit louder than SOHC.

That being said, to borrow the words of SOHC's Ed Staples from a discussion I had with him last week, both groups are using different methods but are ultimately working towards the same overall goals in relation to the doctor shortage and 24/7 ER project.

The reality here is that SOS has roots in protest-based action, and SOHC doesn't.

It doesn't make one group any better than the other because I agree there are times you need to get in people's faces about issues.

There's also times when the quiet, methodic approach produces results.

The fact remains that regardless of what group does what they both remind me of one more reason why I love living here.

There are residents who are willing to sacrifice a bit of their lives to work on projects, usually as unpaid volunteers, to benefit the rest of us.

And this is the reason why I say thank you to both SOS and SOHC for what you are doing for my wife, neighbours, my friends and me.



This was the sign posted January 30th at Shoppers Drug Mart following an incident there. Photo: Brenda Engel



Don't delay, avoid the rush! Princeton Posse Year-End Awards Banquet is planned for 2:00 PM on Sunday, February 17th. Tickets are \$20 each and available at home games or by calling Bob Marsh at 250.295.4334. *

Similkameen News Leader

W. George Elliott - Owner/Publisher

Brenda Engel - Office Manager

Dawn Johnson - Reporter

Lynette Boyd - Office Assistant

Adam Gullason - Website Development

Arlene Arlow - Lower Valley Reporter

Spencer Coyne - Columnist/Advertising Sales

EDITORIAL GUIDE

We would like you to write to us, but please remember to abide by anti-discrimination laws. The News Leader reserves the right to refuse to print any letter which is not signed by the writer or is slanderous, libelous or of uncommon sense. The Editor reserves the right to condense any letter or to substitute proper language for improper language.



Broadband?

High-Speed Internet is NOW available in
Coalmont and Tulameen!

For information contact:
China Creek Internet Service 250.295.7944

ADVERTISING WORKS

OR YOU WOULDN'T
BE READING THIS!

Similkameen News Leader
250.295.4149

Current Comment

The Whole Question Of Gender



Dawn Johnson
editor@thenewsleader.ca

There has been a lot of information on television lately about the question of gender, ranging from homosexuality to transgender (wanting to be the opposite gender) and intergender (those with the organs of both male and female). I found the whole subject quite fascinating, and felt sorry for the kind of prejudice and ridicule directed at these individuals by so many ignorant people. It was especially sad to see children subjected to that kind of offensive behaviour.

There is a positive side to this issue: it is being made very public. I firmly believe education wipes out ignorance, but it does not necessarily wipe out prejudice and ridicule. One of the most heartening programs about gender was on educational television which aired the studies of a naturalist who has delved into gender variations in nature. Anyone who has been raised on a farm or has dealt with animals knows there are a lot of variations in nature.

We have only to look at plants to discover most plants have sex

organs of both sexes, while only a few plants are distinctly male or female. As a gardener, I know that squash plants must be hand pollinated in my garden due to a lack of stable flies on which squash depend for pollination. So there I am on August mornings taking a male flower around to the female flowers to make sure they are pollinated.

In nature, there are fish that start out life as males and in middle age turn into females. There are other fish who lay eggs but have no nurturing instinct and the male of the species guards and nurtures the young. There are plenty of examples of homosexuality among wild creatures, but I think my favourite story is the Victoria man who had raised two Canada geese to study their behaviour. The gander showed no interest in mating with the goose, so the researcher acquired another gander. The new gander formed a bond with the old gander and they set up their own nesting area, both ignoring the goose!

The problem we have, as a society, is assigning gender roles to everyone, regardless of how individuals may see themselves. Little girls are dressed differently from boys from the day they are born. Society has worked hard to instill femininity in little girls and masculinity in little boys according to a gender role that may or may not suit the child's natural inclinations. 'Effeminate' men and 'masculine' women are immediately suspect.

While today's children are not so rigidly gender trained as in the past, it is still there. The boy who dislikes rough games and likes to

cook, or feels sentimental and is gentle, is considered less than masculine, although he may not be inclined toward homosexuality or changing his sex. The girl with a competitive spirit who loves sports and shows a streak of aggressiveness is considered too masculine, even though she wants a male mate and motherhood.

One of the most interesting comments one researcher made was this: "gender begins in the brain". In one study done of the brains of intergender people revealed the area of the brain that controls sexual preferences is different in intergender people.

Although education may inform us well about all of these sexual variations, can our society become tolerant enough to just see people as individual personalities without making judgements based on sexual preference? People tend to see any variation from our image of masculine or feminine as 'not normal', but what is 'normal'? If we see only two possible ways of being human sexually, and see all other ways as 'not normal', we are imposing a form of social torture on those who vary from our perception of what is 'normal'. Suppose we change our perception of variation to just 'not usual'? If somebody is unusual, we may choose to like them or not, but it is no reason to condemn them to ridicule or to shun them as social outcasts, is it?

A wise man named Abraham Lincoln once said, "The world must come to wisdom slowly."

That is probably true, but I don't want to be considered 'slow', do you?

Fun day set for Family Day

China Ridge Trails and Town of Princeton Parks, Recreation and Cultural Services wishes to extend an invitation to Princeton, RDOS Electoral Area H and Similkameen Valley residents to the Similkameen "Fun In The Snow Day" on February 11th celebrating BC Family Day at China Ridge from 10:00 AM to 2:00 PM.

The Similkameen "Fun In The Snow Day" at China Ridge is a time to enjoy an outdoor recreational experience that individuals

and families can do in their own backyard.

Everyone is welcome to try snowshoeing, cross country skiing, bringing a sleigh for the luge run and sleighing hill, participate in the Sogo Active winter challenges with students from PSS and enjoying a hot meal with drink (bring a mug) while on the mountain at China Ridge.

A free bus service is available for all ages on February 11 with stops at Veterans (Town) Square,

Vermilion Forks School and the Bowling Alley to the venue at China Ridge Trails.

This bus service will continue each hour from 9:30 AM to 2:00 PM.

"Best of all its free to kids of all ages," says Nadine McEwen, Recreation and Cultural Coordinator, "and is made possible thanks to generous support from Communities for Kids, Sogo Active, Cooper's Foods, Princeton Bakery, Thomasina's, Peach City Runners & Adventure Sports, China Ridge and Town of Princeton." -submitted

Similkameen News Leader

WE'RE DIFFERENT, AND WE LIKE THAT.



George Elliott
OWNER/PUBLISHER
george@thenewsleader.ca

Brenda Engel
OFFICE ADMINISTRATOR
brenda@thenewsleader.ca

226A Bridge Street
P. O. Box 956, Princeton, B. C., V0X 1W0
Phone: 250.295.4149 • Fax 250.295.4103

INVITATION TO WORSHIP

LIVING WATER
FOURSQUARE CHURCH
38 Kenley Avenue, Princeton
Join us for worship Sunday 10:30 AM
PASTOR GEORGE DONOVAN
250-295-7733 cell: 250-293-6447
www.princetonfoursquare.com
Welcome and love guaranteed!

Princeton Pentecostal Church
(The Pentecostal Assemblies of Canada)
Invites you to join us in
SUNDAY WORSHIP
10:30 AM - Morning Worship
PASTOR DAVE JANKE
165 Vermilion Avenue
(BESIDE THE MUSEUM)
250.295.7951

BAPTIST CHURCH OF PRINCETON
Family Worship 10:00 AM
Junior Youth (Grades 4-7)
6:30 PM Wednesdays
COME AND JOIN US!
ACROSS FROM ARENA
OLD HEDLEY ROAD
250.295.7752

St. Paul's United Church
Office Hours
Tue / Thu 9:30AM - 12 NOON
WORSHIP SERVICE
10:30 AM
Rev. Nick Judson
190-1st Street (BEHIND COURT HOUSE)
Phone: 250.295.7714
Also serving the Anglican Community

St. Peter's Roman Catholic Parish
SUNDAY MASS
6:00 PM - Saturday
8:30 AM - Sunday (Nov-Apr)
10:30 AM - Sunday (May-Oct)
43 Billiter Avenue, Princeton
250.295.3541

Hedley Grace Church
856 Ellis Avenue
Hedley BC
Sunday Service 9:30 AM
Pastor Graham Gore
(250) 292-8444

Similkameen News Leader

www.thenewsleader.net

ALSO FIND US ONLINE AT:
Facebook: Similkameen News Leader
Twitter: @PrincetonBCNews - YouTube: PrincetonBCNews

AND NOW...A LITTLE GOOD NEWS!

"The fear of the LORD is the beginning of knowledge, but fools despise wisdom and instruction." - Proverbs 1:7

www.gotpeppers.info

Similkameen
News Leader

www.thenewsleader.net

ALSO FIND US ONLINE AT:

Facebook: Similkameen News Leader

Twitter: @PrincetonBCNews - YouTube: PrincetonBCNews

Are Urban Deer a problem for you?

www.UrbanDeer.org

Fight the problem with knowledge!

FIND PRACTICAL WAYS TO KEEP DEER OUT OF YOUR YARD
DEER REPELLENTS - DEER REPELLENT PLANTS
HOW TO PROTECT YOUR FLOWERS AND GARDEN

FAX SERVICE



SENDING OR RECEIVING
- CONFIDENTIALITY GUARANTEED -

AVAILABLE AT:

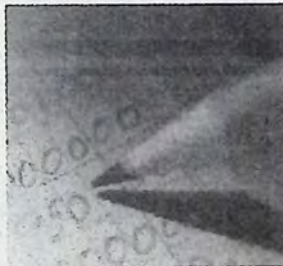
Similkameen
News Leader

226A Bridge Street, Princeton

Phone: 250.295.4149 - Fax: 250.295.4103

NEED A QUALIFIED BOOKKEEPER?

- Effective with Simply Accounting & QuickBooks
- On-site set up
- Tutoring
- Troubleshooting
- Bookkeeping & Income Tax



Arlene Arlow

Author of Canada's best QuickBooks resource book

Addventive Bookkeeping Ltd.

250.499.5121

www.addventive.com

SUBSCRIBE TO THE

Similkameen
News Leader

Princeton/Keremeos (VOX) Mail - \$40.00

(Seniors Pay Only \$35.00)

ALL PRICES INCLUDE TAXES

Regional (Other VO) Mail - \$45.00

(Seniors Pay Only \$40.00)

ALL PRICES INCLUDE TAXES

National (Elsewhere Canada) Mail - \$55.00

(Seniors Pay Only \$50.00)

ALL PRICES INCLUDE TAXES

CALL FOR DETAILS

Similkameen News Leader

250.295.4149

Lower Valley News

Keremeos - Cawston - Olalla



A Cawston area couple were presented the award for BC Outstanding Young Farmers at the BC Ag Gala held recently in Abbotsford. From left, President of the Canadian Outstanding Young Farmer, Derek Janzen, Sara Harker and Troy Harker of Harkers Organics/Rustic Roots Winery and BC Lieutenant Governor Judy Guichon.

Fifth generation farmers win award

A fifth generation farmer and his wife have been named EC's Outstanding Young Farmers for 2013.

Thirty-year-old Troy Harker and his wife, Sara, also 30, of Cawston, the organic capital of Canada, received their award from BC Lieutenant Governor Judy Guichon and Canadian OYF president Derek Janzen in front of over 400 people at the annual BC Agriculture Gala in Abbotsford, January 23rd. It was a fitting presentation as Guichon is past president of the BC Cattlemen's Association while Janzen is a poultry producer and past BC Outstanding Young Farmer.

The Harkers run a family farm which also includes Troy's parents and sister. Based on a diverse 30-acre organic vegetable farm and orchard founded by Troy's great-great grandfather, William James Manery, in the 1880's, the farm's 48 full-time and seasonal workers also

operate a fruit winery, on-farm retail store, restaurant program and wholesale distribution service under the banners: Harker Organics, Rustic Roots Winery, Farm to Fork Delivery and Harvest Moon Growers.

When Troy and Sara joined the operation in 2006, then comprising only an organic farm, retail market and small organic packing and distribution service, they "saw the need for diversification."

They responded by adding the restaurant delivery program, which now serves 25 restaurants in the Okanagan and Similkameen Valleys. Sara is also the winemaker for Rustic Roots, a new fruit winery which has given the Harkers and their fellow organic growers a rewarding outlet for their cull fruit. They are slowly converting their orchard to high-density plantings and now have two acres of Honeycrisp apple trees in a two foot by 10 foot super-spindle pro-

duction system. Their wholesale packing business has also expanded and now distributes organic fruit and vegetables from 25 organic growers with a total of 550 acres of production.

The 2013 BC Outstanding Young Farmer award is one of a long list of awards the Harkers have received in recent years. In 2011, the BC Institute of Agrologists named them the Farming Family of the Year and the Canadian Wine Awards honored them for the Best Fruit Wine in Canada. Harker Organics has also been named one of EC's Top 5 Agrotourism Destinations and Eat Magazine's Best Okanagan Farm.

The BCOYF program is sponsored by BMO Bank of Montreal, BC Agriculture Council, BC Broiler Hatching Egg Commission, BC Egg Producers Association, BC Chicken Marketing Board, BC Milk Marketing Board, Bobcat Country Sales, Clearbrook Grain & Milling, Farm Credit Canada, Golden Valley Foods, Investment Agriculture Foundation of BC, Prairie Coast Equipment, Ritchie Smith Feeds, TD Canada Trust Agriculture Services, TerraLink Horticulture, and United Agri Systems.

The Harkers will represent BC at the national OYF competition in Saskatchewan in November. The national competition is sponsored by AdFarm, Agriculture and Agri-Food Canada, Bayer Crop Science, the Canadian Farm Business Management Council, CIBC and John Deere.

-submitted

STAND UP AND FIGHT FOR RURAL HEALTH CARE SERVICES!

www.RuralBCHealthWatch.com

4G HIGH SPEED
NOW AVAILABLE...EVERYWHERE!

PACIFIC
SATELLITE
& COMMUNICATIONS

pacificsatellite@gmail.com



XPLORNET

FOR INFORMATION CONTACT:

David Lasser

1-866-750-8108



Tyler Brightman participated in a Literacy Week calligraphy workshop held recently at the Keremeos Library. Literacy Week book awards for all "Books for Our Kids" participants may still be picked up at the Library. Similkameen Family Literacy is managed by Lower Similkameen Community Services Society with BC Gaming Grants. The program aims to promote the enjoyment and good use of language in written, heard, read and spoken communication for all ages. - photo submitted

Lali critical of candidate selection

..... continued from Front Page answer, such as: As a former School Trustee why did Ms. Tegart remain silent when Gordon Campbell and Christy Clark, as Education Minister, closed over 200 schools, especially in Rural BC, including Fraser-Nicola?

Where was she when Gordon Campbell and Christy Clark, as BC Children and Families Minister, cut 42% funding for BC's needy children and families and closed 50% of women's shelters in the

province? Why didn't she speak out against the massive cuts to Health Care by Gordon Campbell and Christy Clark that resulted in multiple emergency room closures, including ERs in Ashcroft, Lytton, Princeton and Logan Lake?

Why was she silent when the Liberals' punitive forest policies closed over 90 sawmills and laid-off 42,000 workers across the province, including in Merritt, Lillooet, Lytton, and Boston Bar?

Why was she silent when the Liberals' BC Rail corruption scandal, investigation, and court case took place?

Flip Of The Coyne

by Spencer Coyne

..... continued from Page 3 wonder if we are heading down a similar road. We have governments around the globe that seem more concerned with posturing and saber rattling than negotiation and understanding. We narrowly avoided a war over the Syrian conflict when Syria sent missiles into Turkey, thanks to mutual defense agreements. Now we sit on the same fence over the same conflict but with different players.

I don't want to sound like a downer, but some days you just have to shake your head and wonder what is going through their heads. Do they understand that when they go to war real people pay the price? Maybe they don't care.

Maybe their egos get in the way. Some days you just want to crawl back into bed and pull the covers over your head and hope that when you wake up the future won't look so dreadful.

www.gotpeppers.info

Similkameen
News Leader

www.thenewsleader.net

ALSO FIND US ONLINE AT:
Facebook: Similkameen News Leader
Twitter: @PrincetonBCNews - YouTube: PrincetonBCNews

THE TIN MAN METAL ROOFING



Sales & Installation
Galvanized & Coloured

METAL ROOFING &
CUSTOM FLASHINGS

TOLL FREE 1-888-647-3377 **250.295.3743** FAX 250.295.3716

SHADE-O-MATIC®

Imagination·Innovation·Inspiration

PRINCETON PAINT & DECORATING SALE

Cloverdale Shade-O-Matic Custom Blinds

40% OFF

HORIZONTAL SHADINGS,
HORIZONTAL WOOD, CELLULAR SHADES
SALE ENDS MARCH 31

Paint

Interior Paint
Cloverdale - Selected
30% OFF

Brushes
Envirobrush and Picasso
30% OFF

Check out our NEW RoomMates Peel and Stick Decor Stock
FIND OUT WHY IT PAYS TO SHOP LOCAL!

Princeton Paint & Decorating

#7 Princeton Plaza, Highway 3/Tapton Avenue
Phone/Fax: 250.295.6732

WEYERHAEUSER COMPANY LIMITED

Forest Stewardship Plan Amendment

Please be advised that Weyerhaeuser Company Limited is preparing an amendment to its currently approved Forest Stewardship Plan (FSP) within the Cascades Forest District.

The amendment includes adding area to the Princeton Forest Development Unit (FDU). The areas covered by the Otter and the Tulameen Landscape Units are being added, as well as a smaller area north of Alaric Lake extending to approximately 3 kilometers south of Osprey Lake. The Otter Creek area is located approximately from Aspen Grove south to Otter Lake. The Tulameen area includes approximately the upper Tulameen watershed including Lawless Creek and Vuich Creek, and also the other tributary drainages of Arrastra and Granite Creeks.

The amendment also includes adding as a signatory to the FSP the Forest Licence A84498 currently jointly held by Princeton Post and Rail Ltd. and Princeton Wood Preservers Ltd.

The amendment to the FSP is publically available for review by appointment at our OK Falls office or at our Princeton main office until April 10th, 2013. Please phone 250 497 1264 or 250 295 4263 to make an appointment. Comments can be made in writing c/o Planning Forester, Weyerhaeuser Company Limited, Box 550, Princeton, B.C. V0X 1W0. All written comments must be received prior to the above mentioned date.

Similkameen
News Leader

www.thenewsleader.net

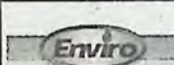
ALSO FIND US ONLINE AT:

Facebook: Similkameen News Leader
Twitter: @PrincetonBCNews - YouTube: PrincetonBCNews

Bob's Stove Repair

(Three Lakes Solutions)

SALES • SERVICE • INSTALLATION
NEW & USED STOVES • PELLET • WOOD • GAS
WOODSTOVE REBATE PROGRAM ON NOW - UP TO \$500!

 **250.295.2214**
271B Bridge Street, Princeton



FAX SERVICE



SENDING OR RECEIVING
- CONFIDENTIALITY GUARANTEED -

AVAILABLE AT:

Similkameen
News Leader

226A Bridge Street, Princeton

Phone: 250.295.4149 - Fax: 250.295.4103

WALK IN CLINICS

Dr. David Smith
wishes to remind patients
of our regular

WALK IN CLINICS

2:00 - 6:00 PM EVERY WEDNESDAYS
9:30 AM - 12 Noon MOST SATURDAYS

ALL PATIENTS WELCOME

PRINCETON MEDICAL CENTRE

250.295.0091 77 Billiter Avenue



Realize
the power of
Group benefits

When an organization and its employees work together, the sum is far greater than its parts. Group plans - Group insurance, Group RRSP, Group TFSA - are beneficial for a company and its employees.

Your business is more appealing with a versatile benefits package that helps attract and retain good employees. And, when you choose Group benefits from Investors Group, you also get the assurance of a complete range of plan services designed to assist you every step of the way.

Call now to find out more about how The Plan by Investors Group™ can help both you and your employees prosper now...and over time.



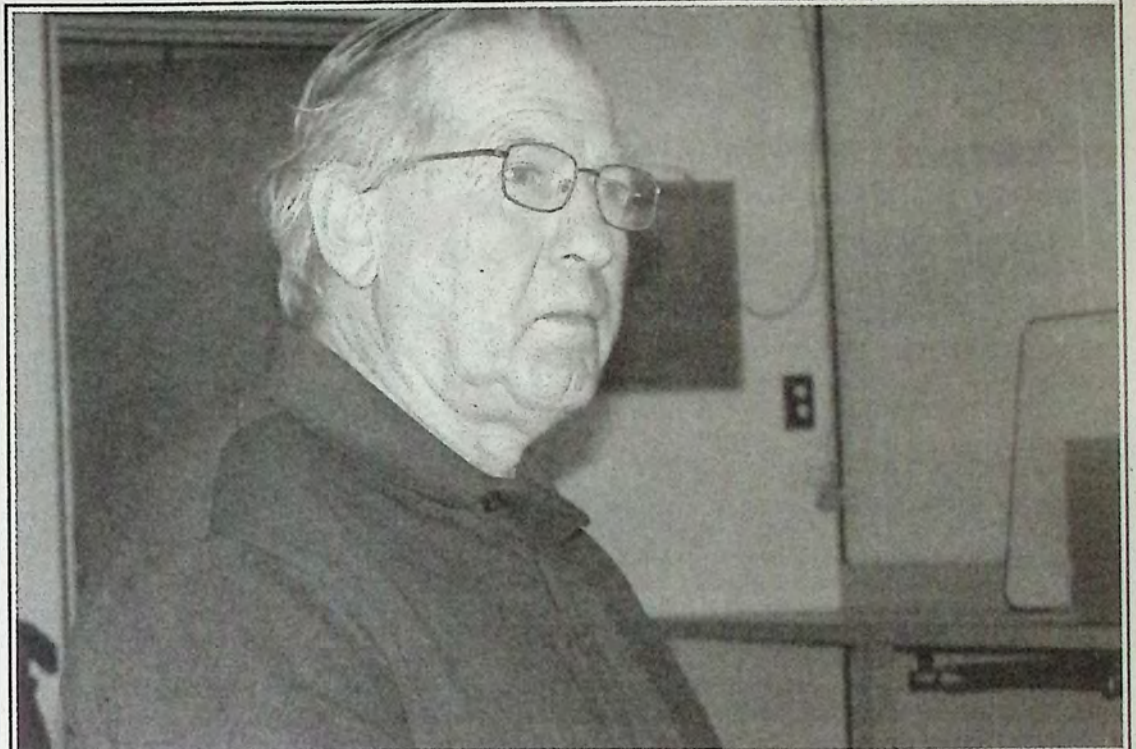
Al Anderson, BBA, CFP, TEP
Financial Consultant

Phone: (250) 295-3555
alan.anderson@investorsgroup.com

The Plan
by **Investors Group**

Investors Group Financial Services Inc.

Insurance products and services distributed through I.G. Insurance Services Inc. Insurance license sponsored by The Great-West Life Assurance Company (outside of Quebec).
*Trademarks owned by IGM Financial Inc. and licensed to its subsidiary corporations.



Area H Director Brad Hope speaks on local healthcare issues at a news briefing held January 30th. *

Saddles 'n' Spurs

by Pastor George Donovan

I'm not sure how it all began but let me try and tell you. In the mid 40s, in my recollection, most of the movies were war movies or cowboy movies.

I loved the cowboy movies and wanted to be like the cowboys. There were heroes like Randolph Scott, Gene Autry, John Wayne, and Roy

Rogers. Then there was Will Rogers, a man that could do with a rope what no one to this day has equalled. These and others planted visions in my mind of horses, ranches, the great outdoors and cowboys.

Shortly after WW2 was over my Dad, back from the war, brought home a large and totally up to date radio. I was fascinated with it. One Saturday morning I had my ear to the radio and was slowly turning the dial to see if I could find a station. I found one and for the first time I discovered country music.

I was hooked.

It was only a half hour program but I rarely missed it. It didn't matter what my friends were doing it was just me and the radio every Saturday morning. Let me go back to Will Rogers for a bit. I saw him performing at the movies although he had died by then.

He could rope a running horse with a figure eight around it's neck and front legs, he could throw a loop around the necks of ten horses running side by side at a full gallop and the list of tricks goes on.

Will Rogers being one of my heroes, I had to learn to rope. I had no recollection of where I found it but I got a piece of rope and began to practice. Still in the mid 40s we lived on a thirty foot lot in Bumaby, B.C. and had a picket fence around our back yard. So along with my brothers, sisters, friends and fence, I had something or someone to practice on. I got to the place where my friends could call out how many pickets they wanted roped and I could do it pretty well every time.

Between the western movies, books by Will James, like "Grass Beyond the Mountain" and "Nothing too Good for a Cowboy", country music and my rope, I was on my way to becoming a cowboy.

Living Past 100

Cavemen Had Better Health

An area of medical research few of us hear about is archaeological medical research. This research is done on ancient bones and mummified bodies. This does not sound interesting to most people, but important discoveries about the human body have been made.

One of the most interesting discoveries comes from Britain and northern Europe. Examination of human skeletal remains preserved in caves and bogs has led researchers to the conclusion that our agriculturally based diet is not good for us.

Researchers compared skeletal remains of Paleolithic people (12,000 to 18,000 years ago) to skeletal remains of ancient agricultural people, and noted a decline in the health of people after agriculture became the source of food. Paleolithic people, often called cavemen, were hunter-gatherers. They did not cultivate major crops, although they may have 'encouraged' certain naturally occurring vegetation. Their diet consisted of wild meat, fish, shellfish, and whatever plants, seeds and nuts could be gathered.

Researchers noted stronger bones and teeth, bigger muscles, and a lack of obesity. Granted, the hunter-gatherers may not have lived a long time because they may have been injured and suffered infections, but their bodies were strong and healthy for the most part.

This research contributes to a modern diet called the Paleolithic diet, which is used primarily for top athletes, but it is worth examining for any one of us. How does this diet work? Think about how you might have gathered or hunted food if you lived 18,000 years ago, then compare it with what you eat now. Could you have hunted birds and animals and eaten them? Of course. Could you have picked leafy vegetables and dug root vegetables to eat? Certainly. Could you have gathered berries, wild fruits, nuts and seeds to eat? Definitely. Would you have trapped fish and dug shellfish? Yes.

Look in your refrigerator. Think of yourself as a Paleolithic hunter-gatherer and ask whether you would have been drinking milk, eating cheese, using salad dressing. No. If you have maple syrup, that would be a 'yes' if you lived in eastern North America. What about those mushrooms? Yes. Eggs? Yes. Butter? Not likely. Cured meats like beef jerky and bacon? Probably. What about that ice cream? Definitely not.

Use the same approach to what you have stored in your cupboards. Would you have had honey? Yes. Would you have had instant oatmeal? No.

If you want to eat a healthier diet, think about being a hunter-gatherer, especially if you have children. Good bones and teeth begin in childhood. Muscular development depends on exercise as well as diet. Shouldn't we try to be as healthy as cavemen?



News Leader Entertainment

Similkameen News Leader TV Guide Listings - February 3 - 9, 2013



Princeton Posse's Kurtis Bond (#17) hit a couple of milestones in the February 1st game against Pentiction.*

Posse dominate Pentiction

When your name is Bond, it brings with it a number of expectations along with some mystery and intrigue.

When Princeton hosted Pentiction Lakers February 1st there was no way the Posse's Kurtis Bond could have predicted what kind of night he was going to have on ice, even if he had access to all the intel necessary to fully comprehend the shifting plans of his opponent.

Bond, who started his KIJHL career in 2009/10 with Grand Forks, bounced around the league with a season in Kamloops (2010/11) before finding a fit with the Princeton Posse for the 2011/12 campaign.

When Princeton scored their first goal against Pentiction at 5:42 of the first period it was on the power play and although Kaleb Boyle, scored it with the first assist going to Eric Kubis, Kurtis Bond received the second one.

That was his 99th KIJHL point and the start of an amazing career-defining game for the 19-year old Williams Lake player.

Princeton took a 2-0 lead at 4:53 with a goal scored by Kyle Moore with assistance from Dakota Leppa

and Ben Reinbolt.

Seconds later, at 4:39, Kyle Moore of the Posse ended up in the face of Laker goalie Stephen Yesavage. Players swarmed the net, mostly to defend their goalie and by the time the officials sorted it out a total of seven penalties were issued with Moore getting the majority of them.

The second period saw Princeton take complete control scoring at 17:23 (Kurtis Klinger from Jon Forrest and Dakota Leppa) and again at 6:27 on the power play. This goal was scored by Kurtis Bond (his 100th KIJHL point) with assists going to Kaleb Boyle and Eric Kubis.

At 2:44 Pentiction hit the scoreboard with a goal by Michael Winnitoy. He took a pass from Brandon Shaber and fired a high wrist shot from inside the blue line. It sailed up into the top corner of the Posse net just beyond the reach of Phoenix Logan-Hill's outstretched glove. Paulsen Lautard was also given an assist on the play.

Princeton powered their way back with another goal at 1:20 scored by Lane Erickson with assistance from Kurtis Bond (point #101) and Colby Braaten.

And just to finish the period with a slightly wider lead, Princeton's Eric Kubis snapped a scoring shot on the Laker net with 17.1-seconds left. Brett Perrine and Kaleb Boyle earned assists and by the time the period ended Princeton was ahead 6-1. They had also out-shot Pentiction 20-13 after 40-minutes of hockey.

The final period was still controlled by the home team with Princeton scoring at 12:10 (Riley Harder from Kurtis Bond - point #102 - and Dakota Leppa) and again on the power play at 6:59 (Brett Perrine from Kurtis Bond - point #103 - and Kyle Moore).

Pentiction managed another goal with just 53.9-seconds left in the game (Kevin Warwick from Michael Winnitoy and Tyler Wagner) but it was far too late to make a difference.

As for Princeton's Kurtis Bond, he led his team with a 5-point night and proved he is licensed to score or assist regardless of the situation.

Final score: Princeton 8, Pentiction 2. Shots on goal: Princeton 38, Pentiction 21. Penalties in minutes: Pentiction 11 for 56-minutes, Princeton 7 for 28-minutes.

Similkameen
News Leader

www.thenewsleader.net

ALSO FIND US ONLINE AT:
Facebook: Similkameen News Leader
Twitter: @PrincetonBCNews - YouTube: PrincetonBCNews



XPLORNET

HIGH SPEED INTERNET FOR RURAL RESIDENTS

NO EQUIPMENT TO BUY - FREE INSTALLATION



FOR INFORMATION CONTACT:
David Lasser

1-866-750-8108
pacificsatellite@gmail.com

Princeton Posse
YEAR END AWARDS BANQUET



TICKETS \$20.00

AVAILABLE AT:
ALL POSSE HOME GAMES

2:00 PM Sunday, February 17
Billy's Family Restaurant

SUBSCRIBE TO THE

Similkameen
News Leader

Princeton/Keremeos (VOX) Mail - \$40.00
(Seniors Pay Only \$35.00)
ALL PRICES INCLUDE TAXES

Regional (Other VO) Mail - \$45.00
(Seniors Pay Only \$40.00)
ALL PRICES INCLUDE TAXES

National (Elsewhere Canada) Mail - \$55.00
(Seniors Pay Only \$50.00)
ALL PRICES INCLUDE TAXES

CALL FOR DETAILS
Similkameen News Leader
250.295.4149

STAND UP AND FIGHT FOR RURAL HEALTH CARE SERVICES!
www.RuralBCHealthWatch.com

Tuesday Movies

MORNING

11:30 am SPIKE ch.44 "The Guardian" (2006, Drama) Kevin Costner. A trainer in a Coast Guard program for rescue swimmers turns a cocky recruit into his protege and takes him on a mission to the Bering Strait. (In Stereo)

AFTERNOON

3:00 pm SPIKE ch.44 "Without a Paddle" (2004, Comedy) Seth Green. Three childhood friends embark on a canoe trip to find a plane hijacker's stash of money. (In Stereo)
 5:00 pm SPIKE ch.44 "Dodgeball: A True Underdog Story" (2004, Comedy) Vince Vaughn. The owner of a gym and an overbearing entrepreneur form dodgeball teams to com-

pete for \$50,000 in Las Vegas. (In Stereo)

EVENING

9:30 pm WTBS ch.3 "Into the Blue 2: The Reef" (2009, Suspense) Chris Carmack. Two professional divers fight for their lives when they encounter criminals in Hawaiian waters.
 11:30 pm WTBS ch.3 "The Last Mimzy" (2007, Fantasy) Joely Richardson. The parents and teacher of a pair of siblings notice the children are developing amazing mental abilities following their discovery of a box of strange toys.

News Leader Horoscopes

February 6 - 13, 2013

ARIES - You could find yourself mentally 'stewing' over something that makes you angry but it is something you don't want to talk openly about. If you respond to people irritably, then you are not handling your anger realistically. Think the matter through until you can make a sensible decision.

TAURUS - Groups you associate with can get on your nerves now, and you may have little patience with youngsters, sports, and any artistic or creative activity. There is some issue you need to resolve about people. Warning: do not blame others for how you feel! Your reaction belongs to nobody but you.

GEMINI - The pace of your career speeds up to the point where you may feel overwhelmed. Keep your sense of humour and balance career with rest at home. If you can take a break from work, so much the better. If not, see funny movies, read entertaining books. Take care of health, be positive.

CANCER - Drive cautiously, despite all the errands you must do now. You may feel entitled to spout off to relieve your sense of urgent restlessness, but making others feel bad is not the solution to your problem. Go somewhere quiet and spend some time talking to yourself about what is really bothering you.

LEO - You may run into financial problems or confusion. If you need advice, consult a professional. Taxes and finances must be addressed whether you enjoy the process or not. A female friend can help you. If male, this may be a time to find love because you have an admirer. Be alert for the signs.

VIRGO - A close friend or partner may have told you something you did not want to hear. There could be deception involved, so look behind the words for the motivation. If female, you could have a very charming man come into your life, but take more than one hard look at him. He could be trouble.

LIBRA - You could be working too hard and are likely making yourself ill. Put some balance in your life. Adopt a sensible schedule of activity and rest when you need rest. Take some time to enjoy comedy through movies, books or television. Do something romantic or creative. Find time to play.

SCORPIO - You enter a high level of creative energy that should last for a month. Time spent at home should be very pleasurable now. Express your inner vision based on your ideals, but do not expect perfection or you will be disappointed and discouraged. Do not gamble - there is a big risk.

SAGITTARIUS - You make a good impression now by being gracious and charming. Somebody in your home or family may have some bad news for you, or your home may become a place of hectic activity of some kind. Spring cleaning? Renovations? Keep a spot for relaxation regardless of what's happening.

CAPRICORN - Do not get into arguments with anyone during this hectic time of running errands and planning projects. You could be deceiving yourself that all this activity is necessary and can't wait. Be extremely cautious while driving, and listen to yourself when you talk and tone it down. Be nice!

AQUARIUS - Review your financial position with an eye for strict conservation of resources. You are tempted to throw caution to the winds and spend money you do not have. Do not fall into a fantasy you may regret later, especially if money is involved. Focus on being pleasant to others and yourself.

PISCES - Your inner restlessness demands physical action now. Do not attempt to contain your energy or you will feel ill. Walk, bike, dance, hike or some other activity that involves physical expression of your energy. Guard against flu, infection, cuts and burns as you are not as aware as usual this week.

Similkameen
News Leader
www.thenewsleader.net
 ALSO FIND US ONLINE AT:
 Facebook: Similkameen News Leader
 Twitter: @PrincetonBCNews - YouTube: PrincetonBCNews

TUESDAY, FEBRUARY 5, 2013

	WTBS ch.3	CHBC ch.4	KNOW ch.5	KSPS ch.6	KHQ ch.7	KREM ch.8	A&E ch.9	KXLY ch.10	BCTV ch.11	CITY ch.12	CBC ch.13	YTV ch.18	TSN ch.19	VTV ch.22	DISC ch.24	FAM ch.26	CITY ch.29	SPIKE ch.44	TROP ch.45
6 AM	In the Heat of the Night	Morning News (N)	Timothy HI-5	Thomas Clifford	KHQ News 6AM (N)	KREM 2 Morning News	Criminal Minds	News	Morning News (N)	(5:00) Morning News (N)	CBC News Now (N)	Kid vs. Kat Super Evil	SportsCentre	CTV Morning Live (N)	Mighty Planes	Dinosaurs Hannah	CityLine (N)	Auction	Canadian Pickers
7 AM	Justice	Justice	Arthur	Arthur	Today Katharine McPhee; Nick Savoy.	CBS This Morning (N)	Criminal Minds	Good Morning America (N)			Tiger	Sidekick	SportsCentre		Mighty Ships	Shake It ANT Farm	Let's Make a Deal (N)	Auction	Earth: Final Conflict
8 AM	Judge Alex	Judge Alex	Tree Fu	Curious	Dinosaur	Cat in the	CSI: Miami			Morning Huntley	Bo On/Go	Pokémon	SportsCentre		Greatest Know-It-All	Jessie	The Price Is Right (N)	Auction	Canadian Pickers
9 AM	Millionaire	Morning	Pinky	Super Why!		The 700 Club	CSI: Miami	Live! Kelly and Michael	Morning Huntley	The Doctors	Super Why!	Rescue	SportsCentre	Live! Kelly and Michael	Mighty Ships "Becruz"	Mickey Manny	Access Hollywood Live	Auction	Canadian Pickers
10 AM	Law Order: CI	The Doctors	Doggy Day Franklin	Sesame Street (N)		The Price Is Right (N)	Criminal Minds	The View	The Doctors	Unsellable	Poko	Squirrel	PBA Bowling: Chris Paul PBA	The View	How/Made	Never Land	The Chew	Auction	Gold Girls
11 AM	Law Order: CI	Eat, Shrink Debt/Part	Rolie Polie Dive, Oily	Tiger Sit & Be Fit	Judge B. Noodle	Young & Restless	Criminal Minds	Paid Prog.	Eat, Shrink Debt/Part	Noon News Hour	Steven and Chris	G. Shrinks Rescue	League All-Stars.	Marilyn Denis	Canada's Worst Driver	Suite Life Suite/Deck	General Hospital (N)	Auction	Friends
12 PM	Excused	Noon News Hour (N)	Dino Dan Rob Robot	Charlie Rose (N)	Joint My Pillow	News Bold	The First 48	The Chew	Noon News Hour (N)	Days of our Lives (N)	CBC News Now (N)	Super Evil	Strongest	CTV News (N)	Auction	Wizards Hannah	CityLine	Drew	
1 PM	There Yet?	Days of our Lives (N)	Save-Ums! Wibbly Pig	Paint	Days of our Lives (N)	The Talk	The First 48	General Hospital (N)	Days of our Lives (N)	The Talk	Heartland "Gift Horse"	Squirrel	NFL Live (N) (Live)	The Dr. Oz Show	Greatest Know-It-All	Sonny Random	Katie	3rd Rock	
2 PM	King	The Talk	Big Bear	Barney	Katie	Let's Make a Deal (N)	The First 48	The Jeff Probst Show	The Talk	The Ricki Lake Show	Steven and Chris (N)	Almost Super Evil	Off Record	Dr. Phil	Driving Wars	So Raven	CityNews at 5 (N)	Gold Girls	
3 PM	The Office	The Ricki Lake Show	Rob Robot	Sid	Ellen DeGeneres Show	Dr. Phil	Storage	Rachael Ray	The Ricki Lake Show	Young & Restless	Recipes Stefano	Squirrel	SportsCentre (N)	Ellen DeGeneres Show	How/Made	Wizards ANT Farm	CityNews at 6 (N)	Canadian Pickers	
4 PM	Big Bang	Young & Restless	G. Shrinks	Wild Kratts	Jdg Judy	The Dr. Oz Show	Storage	The Doctors	Young & Restless	Early News Global Nat.	Dragons' Den	Parents	Hockey	Anderson Live	Daily Planet (N)	Phineas Austin	How I Met 30 Rock	Canadian Pickers	
5 PM	Browns	News (N)	Martha	News	News	News	Storage	News	Early News	(4:59) News Hour	News	Parents	Hockey: Tampa Bay Lightning at Philadelphia Flyers.	CTV News at Five (N)	Gold Rush - The Dirt	Jessie	Raising Hope (N)	Friends	
6 PM	Browns	Global Nat.	Animals	PBS News-Hour (N)	News	KREM 2 News at 6 (N)	Storage	News	(5:59) News Hour (N)	ET Canada	News	ICarly	Victorious	CTV News (N)	Gold Rush "Pink Slip"	ANT Farm	New Girl	Drew	
7 PM	Seinfeld	Ent	Be the Creature	Pioneers of Television	Jeopardy!	Inside Ed.	Southie	Ent	Ent	Vegas "The Third Man"	George S	Mr. Young	SportsCentre (N) (Live)	Big Bang	Bering Sea Gold (N)	Good Luck	The Carrie Diaries	Roseanne	
8 PM	Family Guy	NCIS "Canary" (N)	Money, Power	Silicon Valley: American	Betty White	NCIS "Canary" (N)	Southie	The Taste (N)	NCIS "Canary" (N)	NCIS "Canary" (N)	Mercer	Wipeout	That's Hockey 2	The Taste (N)	Licence to Drill (N)	Jessie	CityNews-Tonight (N)	Debt/Part	
9 PM	Amer. Dad	NCIS: Los Angeles (N)	The Market	Experience	Smash	NCIS: Los Angeles (N)	Storage	The Bachelor (N)	NCIS: Los Angeles (N)	NCIS: Los Angeles (N)	Cracked (N)	Gags	Sports	Cleveland	Gold Rush "Pink Slip"	Wingin' It	Jimmy Kimmel Live (N)	Friends	
10 PM	"Into the Blue 2: The Reef" (2009)	Vegas "The Third Man"	Stealing Africa (N)	Moyers & Company	a damaging accusation.	Vegas "The Third Man"	Storage		Vegas "The Third Man"	News Hour Final (N)	National	Boys	SportsCentre (N)	Criminal Minds (N)	Bering Sea Gold	Lizzie	Maury (N)	Drew	
11 PM	"Mimzy"	CHBC News Final (N)	Be the Creature	Charlie Rose (N)	News	News	Southie	News	News Hour Final (N)	ET Canada	CBC News	Weird	SportsCentre	CTV News	Licence to Drill	Cory	Paid Prog.	Entourage	

News Leader Recipe 547

Chicken & Veggie Baked Burritos

(NC)—Pantry staples like canned beans and pasta sauce are combined with fresh shredded veggies to create a delicious and nutritious baked burrito that kids and adults will love.

Shopping Tip: Look for "no fat" and "no added oil" when shopping for healthier pasta sauce options. Plus, stock up on spices; cayenne pepper adds the Mexican flare without adding sodium!

Healthy Cooking tip: Want to quickly add more protein to your Burritos without the extra sodium? Use downtime to roast a whole chicken. Remove meat and store in your fridge. Freeze the bones for when you have spare time to make your own, low-sodium chicken broth.

Prep time: 10 minutes / Cook time: 20 minutes / Serves: 2 / Serving size: 1 burrito / Calories per serving: 248

Ingredients:

- 1 1/4 cup (300 mL) Healthy Choice Traditional pasta sauce, divided (see below)
- 2 small 6-inch (15 cm) low sodium multigrain flour tortillas
- 1/2 cup (125 mL) low sodium refried beans
- 1/2 cup (125 mL) each: shredded carrots and zucchini
- 1/2 cup (125 mL) diced cooked chicken
- 4 tbsp. shredded cheese (about 1/2 cup/ 125 mL)
- 1/4 tsp. (1.25 mL) cayenne pepper (optional)
- 1 tbsp. (15 mL) finely chopped cilantro, for garnish
- 1/4 cup (50 mL) guacamole (optional)

Directions:

- Preheat oven to 375F/190C; place tortillas on working surface.
- On each tortilla, evenly spread 1/4 cup (50 mL) beans; top with 1/4 cup (50 mL) each: shredded carrots, zucchini and diced chicken. Top with 1/8 cup (30 mL) Healthy Choice Traditional pasta sauce; roll each tortilla around ingredients and place seam-side down in oven proof baking dish.
- Top with 1 cup (250 mL) Healthy Choice Traditional pasta sauce and shredded cheese and sprinkle with 1/8 tsp. (.6 mL) cayenne pepper (optional); bake for 20 minutes or until cheese is melted and tortillas are slightly browned.

• Garnish with freshly chopped cilantro and serve with an optional side of guacamole.

Visit Facebook.com/HealthyChoiceCanada for more recipes and cooking tips.

- www.newscanada.com

Wednesday Movies

EVENING

11:30 pm WTBS ch.3 "The Mexican" (2001, Comedy-Drama) Brad Pitt. A bungling gangster must reform to please his girlfriend but still has one last job to fulfill.

Now It's Called Princeton

\$20.00

NOW IT'S CALLED
PRINCETON

INCLUDES HST



Songs and Poems of BC's Upper Similkameen

NOW AVAILABLE AT:

Similkameen News Leader

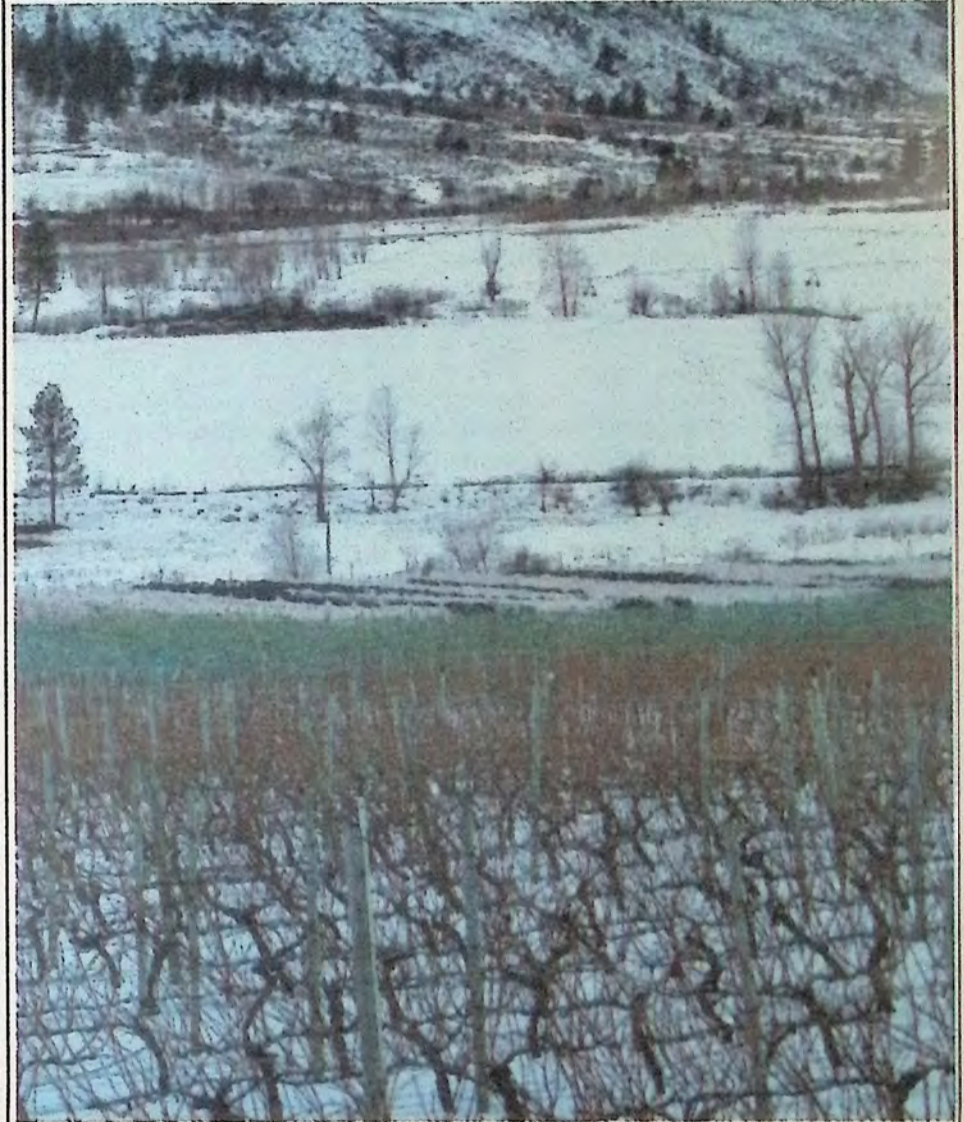
WEDNESDAY, FEBRUARY 6, 2013

	WTBS ch.3	CHBC ch.4	KNOW ch.5	KSPS ch.6	KHQ ch.7	KREM ch.8	A&E ch.9	KXLY ch.10	BCTV ch.11	CITY ch.12	CBC ch.13	YTV ch.18	TSN ch.19	VTV ch.22	DISC ch.24	FAM ch.26	CITY ch.29	SPIKE ch.44	TROP ch.45
6 AM	In the Heat of the Night	Morning News (N)	Timothy HI-5	Builder Clifford	KHQ News 6AM (N)	KREM 2 Morning News	Criminal Minds	News	Morning News (N)	(5:00) Morning News (N)	CBC News Now (N)	Kid vs. Kat Super Evil	SportsCentre	CTV Morning Live (N)	Strip the City "Toronto"	Dinosaurs Hannah	CityLine (N)	Auction	Weird or What?
7 AM	Justice	Justice	Arthur	Arthur	Today Countdown to the winter Olympics. (N)	CBS This Morning (N)	Criminal Minds	Good Morning America (N)			Tiger	Sidekick	SportsCentre		Mayday	Shake It	Let's Make a Deal (N)	Auction	Earth: Final Conflict
8 AM	Judge Alex	Judge Alex	Tree Fu	Curious			CSI: Miami			Morning	Bo On/Go	Pokémon	SportsCentre		Mighty Planes	Jessie	The Price Is Right (N)	Auction	Weird or What?
9 AM	Millionaire	Morning	Pinky	Super Why!															
10 AM	Law Order: CI	The Doctors	Doggy Franklin	Sesame Street															
11 AM	Law Order: CI	Eat, Shrink	Rolie Polle	Tiger	Judge B.	Young & Restless	Criminal Minds	Paid Prog.	Eat, Shrink	Debt/Part	Steven and Chris	G. Shrinks	Rescue	Marilyn Denis	Nerve Center	Suite Life	General Hospital (N)	Auction	Friends
12 PM	Excused	Noon News Hour (N)	Dino Dan	Charlie Rose	Paid Prog.	News	The First 48	The Chew	Noon News Hour (N)	Days of our Lives (N)	CBC News Now (N)	Super Evil	24 CH	CTV News (N)	Gold Rush "Pink Slip"	Wizards	CityLine	Auction	'70s Show
1 PM	There Yet?	Days of our Lives (N)	Save-Ums!	Oil Painting	Days of our Lives (N)	The Talk	The First 48	General Hospital (N)	Days of our Lives (N)	The Talk	Heartland	Squirrel	NFL Live (N) (Live)	The Dr. Oz Show	Bering Sea Gold	Sonny	Katie	Auction	3rd Rock
2 PM	King	The Talk	Big Bear	Barney	Katie	Let's Make a Deal (N)	The First 48	The Jeff Probst Show	The Talk	The Ricki Lake Show	Steven and Chris (N)	Almost	Off Record	Dr. Phil	Licence to Drill	So Raven	CityNews at 5 (N)	Auction	Gold Girls
3 PM	The Office	The Ricki Lake Show	Rob Robot	Sid	Ellen DeGeneres Show	Dr. Phil	The First 48	Rachael Ray	The Ricki Lake Show	Young & Restless	Recipes	Squirrel	SportsCentre (N)	Ellen DeGeneres Show	How/Made	Wizards	CityNews at 6 (N)	Auction	Weird or What?
4 PM	Big Bang	Young & Restless	G. Shrinks	Wild Kratts	Jdg Judy	The Dr. Oz Show	Duck D.	The Doctors	Young & Restless	Early News	Dragons' Den	SpongeBob	Hockey	Anderson Live	Daily Planet (N)	Phineas	How I Met	Auction	Weird or What?
5 PM	Collego Basketball: Georgia at Tennessee. (N)	Global Nat.	Martha	News	News	News	Duck D.	News	Early News	(4:59) News Hour	News	SpongeBob	NHL Hockey: Boston Bruins at Montreal Canadiens.	CTV News at Five (N)	Africa "Sahara" (N)	Jessie	The Middle	Auction	Friends
6 PM	Tennessee. (N)	News	Animals	PBS News-Hour (N)	News	KREM 2 News at 6 (N)	Duck D.	News	(5:59) News Hour (N)	ET Canada	News	ICarly		CTV News (N)	To Be Announced	ANT Farm	Mod Fam	Auction	'70s Show
7 PM	Seinfeld	Ent	Frontiers of	Nature (N)	Jeopardy!	Inside Ed.	Barter Kings (N)	Ent	Ent	Chicago Fire (N)	George S	Mr. Young	NHL Hockey: Dallas Stars at Edmonton Oilers. (Live)	Arrow "Betrayal" (N)	Myth-Busters	Good Luck	Rules	Diggers	Roseanne
8 PM	Family Guy	Bomb Girls (N)	The Story of India	NOVA (N)	Whitney (N)	Person of Interest	(8:01) Barter Kings	The Middle	Bomb Girls (N)	Bomb Girls (N)	Mr. D (N)	Wipeout	American Idol "Hollywood Week, Part 1" (N)	Bering Sea Gold	Austin	CityNews-Tonight (N)	Diggers	Debt/Part	
9 PM	Amer. Dad	Go On	Gareth Malone Goes to	Life on Fire	Law & Order: SVU	Criminal Minds (N)	Duck D.	Mod Fam	Go On	Go On	Arctic Air (N)	Gags	Sports	Africa "Sahara"	Wingin' It	Jimmy Kimmel Live (N)	Auction	Friends	
10 PM	Payne	Chicago Fire (N)	Royal Winnipeg	Nature	Chicago Fire (N)	CSI: Crime Scene	Duck D.	Nashville (N)	Chicago Fire (N)	News Hour Final (N)	National	Boys	SportsCentre (N)	CSI: Crime Scene	To Be Announced	Lizzie	Maury (N)	Diggers	'70s Show
11 PM	Payne	CHBC News Final (N)	Frontiers of	Charlie Rose (N)	News	News	(11:01) Barter Kings	News	News Hour Final (N)	ET Canada	CBC News	Weird	SportsCentre	CTV News	Myth-Busters	Cory	Paid Prog.	Ways Die	3rd Rock

Around the Similkameen!



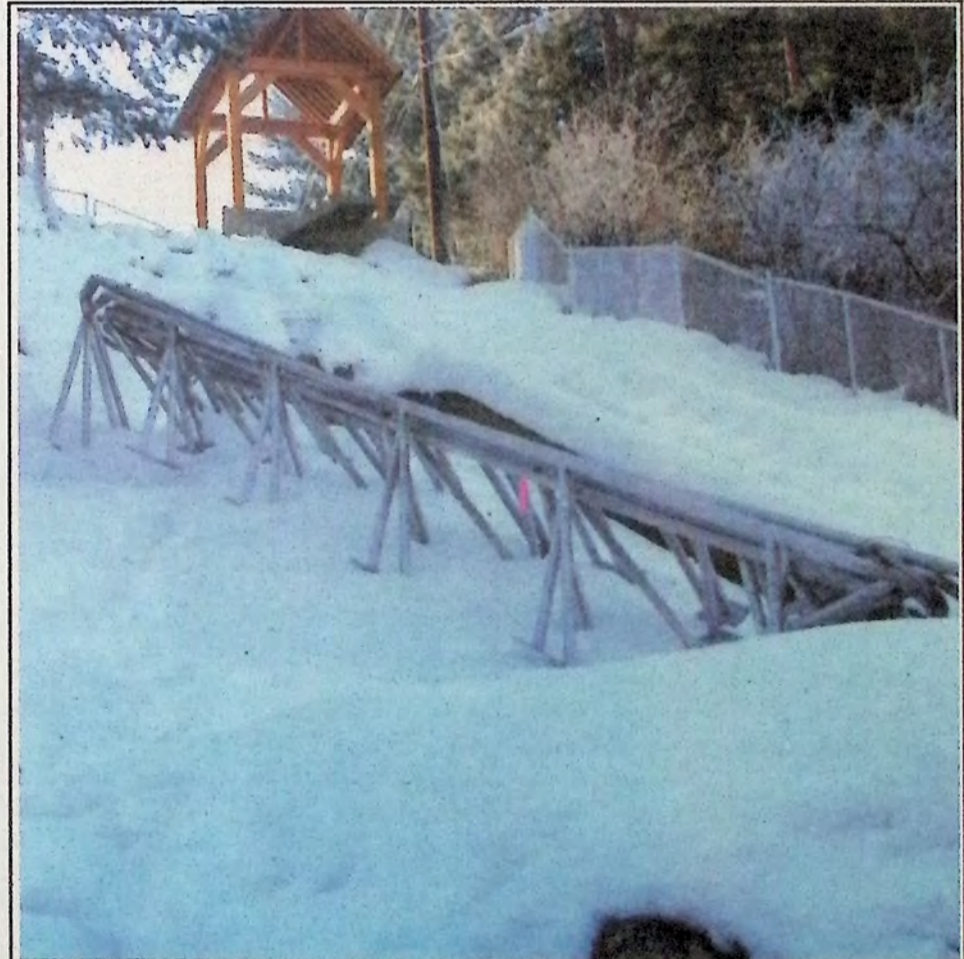
What is wrong with this picture? Nothing, if you are the cow. This adult Angus cow at the Elpink Ranch knows that there is more hay where other cows dare not go! The next time you pass the historic ranch along Highway 3, look to see if a cow or steer is chowing down where the pickings are good. You likely won't be disappointed. Whether the hoofed Houdinis "squeeze" through the fence, "crawl" under the fence or "jump" over the fence is only conjecture. Photo: Arlene Arlow



Is there already a touch of nature's greenery in this vineyard? Well, sort-of: the green netting on this vineyard near the Chopaka Reserve shows the efforts that producers take to protect the fruit of their labours from birds. Photo: Arlene Arlow



The downtown zigzag project now has a proper stairway entrance at the foot of Billiter Avenue. This was installed early February 2nd, but is not 'officially' open yet for regular use. *



Handrails were dropped off at the zigzag project early February 2nd. *



PRINCETON POSSE 2012/13 KIJHL PLAYER PROFILE



Photo: Bob Marsh Photography

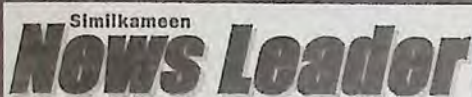
ADRIAN COULTER #4 Defence

Birthday - November 10
Height 5' 11" / Weight 185

Home Town - Fort St. James, BC
Last Team - Princeton Posse
Shoots - Left

Favorite Food - Steak
Favorite Music - Dance/Club

POSSE PLAYER PROFILE BROUGHT TO YOU BY:



226A Bridge Street, Princeton, BC
Phone 250-295-4149
www.thenewsleader.net



PRINCETON POSSE 2012/13 KIJHL PLAYER PROFILE

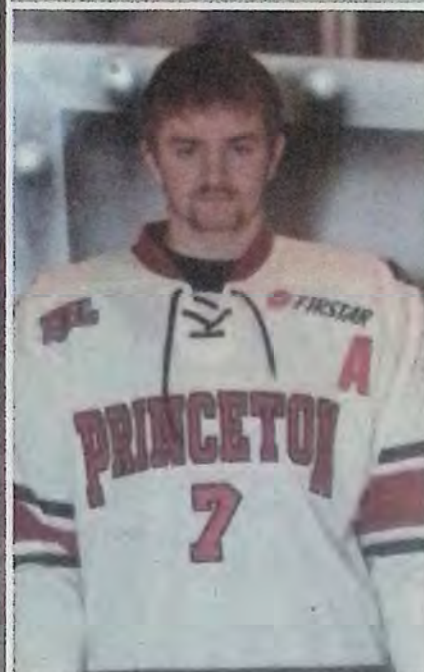


Photo: Bob Marsh Photography

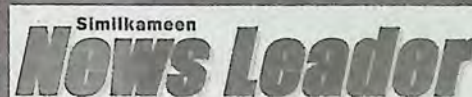
COLE HORN #7 Defence

Birthday - September 19
Height 6' 1" / Weight 185

Home Town - Hughenden, AB
Last Team - Princeton Posse
Shoots - Right

Favorite Food - Pasta
Favorite Music - Country

POSSE PLAYER PROFILE BROUGHT TO YOU BY:



226A Bridge Street, Princeton, BC
Phone 250-295-4149
www.thenewsleader.net

Thursday Movies



EVENING

9:00 pm KNOW ch.5 "Enron: The Smartest Guys in the Room" (2005, Documentary) Filmmaker Alex Gibney analyzes the corpora-

tion's rise, the scandal, and the devastation of its employees' finances; Peter Coyote narrates.
9:30 pm WTBS ch.3 "The Mexican" (2001, Comedy-Drama) Brad Pitt. A bungling gangster

must reform to please his girlfriend but still has one last job to fulfill.
11:30 pm WTBS ch.3 "Never Back Down" (2008, Action) Djimon Hounsou. A rebellious teenager learns to fight from a veteran of

mixed martial arts after joining an underground fight club.

THURSDAY, FEBRUARY 7, 2013

	WTBS ch.3	CHBC ch.4	KNOW ch.5	KSPS ch.6	KHQ ch.7	KREM ch.8	A&E ch.9	KXLY ch.10	BCTV ch.11	CITY ch.12	CBC ch.13	YTV ch.18	TSN ch.19	VTV ch.22	DISC ch.24	FAM ch.26	CITY ch.29	SPIKE ch.44	TROP ch.45
6 AM	In the Heat of the Night	Morning News (N)	Timothy HI-5	Thomas Clifford	KHQ News 6AM (N)	KREM 2 Morning News	Criminal Minds	News	Morning News (N)	(5:00) Morning News (N)	CBC News Now (N)	Kid vs. Kat Super Evil	SportsCentre	CTV Morning Live (N)	Canada's Worst Driver	Dinosaurs Hannah	CityLine (N)	Jail	Four Houses Canada
7 AM	Justice	Justice	Arthur	Arthur	Today Things to buy in February (N)	CBS This Morning (N)	Criminal Minds	Good Morning America (N)			Tiger Monster	Sidekick Beyblade	SportsCentre		Dangerous Flights	Shake It ANT Farm	Let's Make a Deal (N)	Jail	Earth: Final Conflict
8 AM	Judge Alex	Judge Alex	Tree Fu Dinosaur	Curious Cat in the			CSI: Miami "Caged"			Morning Huntley	Bo On/Go Busytown	Pokémon Super Evil	SportsCentre		Cash Cab	Jessie	The Price is Right (N)	Jail	Wipeout
9 AM	Millionaire	Morning Millionaire	Pinky Peep, Big	Super Why! Dinosaur		The 700 Club	CSI: Miami "G.O."	Live! Kelly and Michael	Morning Huntley	The Doctors	Super Why! Cat in the	Rescue Cat in the	SportsCentre	Live! Kelly and Michael	Mounted in Alaska	Mickey Manny	Access Hollywood Live	Jail	Four Houses Canada
10 AM	Law Order: CI	The Doctors	Doggy Franklin	Sesame Street (N)		The Price is Right (N)	Criminal Minds "Lucky"	The View	The Doctors	Unsellable Debt/Part	Poko	Squirrel Puppies	Trick Shots	The View	How/Made	Never Land Little	The Chew	Jail	Gold Girls
11 AM	Law Order: CI	Eat, Shrink Debt/Part	Rolle Polle Dive, Oily	Tiger Slt & Be Fit	Judge B.	Young & Restless	Criminal Minds	Paid Prog.	Eat, Shrink Debt/Part	Noon News Hour	Steven and Chris	G. Shrinks Rescue	Strongest	Marilyn Denis	Dangerous Flights	Suite Life Suite/Deck	General Hospital (N)	Jail	Friends
12 PM	Excused	Noon News Hour (N)	Dino Dan Rob Robot	Charlie Rose (N)	Paid Prog.	News Bold	The First 48	The Chew	Noon News Hour (N)	Days of our Lives (N)	CBC News Now (N)	Super Evil Kid vs. Kat	World Poker Tour	CTV News (N)	Africa "Sahara"	Wizards Hannah	CityLine	Jail	Frasier
1 PM	There Yet?	Days of our Lives (N)	Save-Umsl Wibbly Pig	Painting Knitting	Days of our Lives (N)	The Talk	The First 48	General Hospital (N)	Days of our Lives (N)	The Talk	Heartland (DVS)	Squirrel Sidekick	NFL Live (N) (Live)	The Dr. Oz Show	To Be Announced	Sonny Random	Katie	Wildest Police Videos	3rd Rock
2 PM	King	The Talk	Big Bear Dinosaur	Barney WordWorld	Katie	Let's Make a Deal (N)	The First 48	The Jeff Probst Show	The Talk	The Ricki Lake Show	Steven and Chris (N)	Almost Super Evil	Off Record	Dr. Phil	Myth-Busters	So Raven Suite/Deck	CityNews at 5 (N)	Wildest Police Videos	Gold Girls
3 PM	The Office	The Ricki Lake Show	Rob Robot Clifford	Sid WordGrl	Ellen DeGeneres Show	Dr. Phil	The First 48	Rachael Ray	The Ricki Lake Show	Young & Restless	Recipes Stefano	Squirrel Sidekick	SportsCentre (N)	Ellen DeGeneres Show	How/Made	Wizards ANT Farm	CityNews at 6 (N)	Wildest Police Videos	Deal/No
4 PM	Big Bang	Young & Restless	G. Shrinks Arthur	Wild Kratts Electric	Jdg Judy	The Dr. Oz Show	The First 48	The Doctors	Young & Restless	Early News Global Nat.	Dragons' Den	Parents Parents	Hockey Interruption	Anderson Live	Daily Planet (N)	Phineas Austin	How I Met 30 Rock	Wildest Police Videos	Four Houses Canada
5 PM	Browns	News (N)	Martha Wild Kratts	News Business	News NBC News	News CBS News	The First 48	News ABC News	Early News Global Nat.	(4:59) News Hour	News News	Parents Parents	NBA Basketball: Los Angeles Lakers at Boston Celtics	CTV News at Five (N)	Sons of Guns	Jessie Good Luck	Community Parks	IMPACT Wrestling (N)	Friends
6 PM	Browns	Global Nat.	Animals Rivers	PBS News-Hour (N)	College Basketball: Peppordina at Gonzaga (N)	KREM 2 News at 6 (N)	First 48: Missing	News	(5:59) News Hour (N)	ET Canada Ent	News Exchange	iCarly	Lakers at Boston Celtics	CTV News (N)	Fast N' Loud (N)	ANT Farm Shake It	Person of Interest (N)		Frasier
7 PM	Seinfeld	Ent	What's That About?	Talk to City Hall	Insider Ed.	Beyond Scared Straight (N)	Ent	Ent	Elementary (N)	George S Coronation	Mr. Young Boys	Parents	NBA Basketball: Chicago Bulls at Denver Nuggets (Live)	Big Bang etalk (N)	Moonshiners (N)	Good Luck Wingin' It	(7:02) Scandal (N)	Bellator MMA Live (N) (Live)	Roseanna
8 PM	Family Guy	Beauty and the Beast	Stonehenge	New Tricks	Community Parks	Big Bang Two Men	First 48	Shark Tank (DVS)	Beauty and the Beast	Beauty and the Beast	The Nature of Things	Wipeout		Big Bang Two Men	Greatest Know-It-All	Good Luck Shake It	CityNews-Tonight (N)	Debt/Part	
9 PM	Amer. Dad	Glee "Diva" (N)	Movie: "Enron: The Smartest Guys in the Room"	Foyle's War "Invasion"	The Office 1600 Penn	Person of Interest (N)	(9:01) The First 48	Grey's Anatomy (N)	Glee "Diva" (N)	Glee "Diva" (N)	Doc Zone (N)	Gags		Grey's Anatomy (N)	Fast N' Loud (N)	Wingin' It Warthogs!	Jimmy Kimmel Live (N)	Bellator MMA Live	Friends
10 PM	"The Medican" (2001) Brad Pitt.	(10:01) Elementary (N)	Guy's in the Room	Catholicism	(10:01) Do No Harm (N)	(10:01) Elementary (N)	First 48: Missing	Scandal (N)	(10:01) Elementary (N)	News Hour Final (N)	National	Boys Mr. Young	SportsCentre (N)	(10:01) Do No Harm (N)	Moonshiners	Lizzie So Raven	Maury (N)	Frasier	
11 PM	Never	CHBC News Final (N)	What's That About?	Charlie Rose (N)	News Jay Leno	News Letterman	Beyond Scared Straight	News J. Kimmel	News Hour Final (N)	ET Canada J. Probst	CBC News George S	Welrd Splatalot	SportsCentre	CTV News	Sons of Guns	Cory Princess	Paid Prog.	Bellator 360	3rd Rock

STAND UP AND FIGHT FOR RURAL HEALTH CARE SERVICES!
www.RuralBCHealthWatch.com

Friday Movies

EVENING

8:00 pm FAM ch.26 "Enchanted" (2007, Fantasy) Amy Adams. Premiere. Live action/animated. Banished by an evil queen, a princess from a fairy-tale world lands in modern Manhattan, where music, magic and "happily ever after" are sorely lacking. (In Stereo) (CC)
 9:30 pm WTBS ch.3 "The Ring" (2002, Horror) Naomi Watts. A journalist investigates the mystery behind a bizarre videotape that brings death after seven days to all

who view it.
 10:06 pm FAM ch.26 "Avalon High" (2010, Fantasy) Britt Robertson. A high-school student believes that her new classmates are reincarnations of King Arthur and members of his court. (In Stereo) (CC)
 11:30 pm WTBS ch.3 "The Ring" (2002, Horror) Naomi Watts. A journalist investigates the mystery behind a bizarre videotape that brings death after seven days to all who view it.

Christmas Sudoku 439

by Carter Boswell

HOW TO PLAY:


Sudoku is a game of logic. There is no math involved. The object of the game is to fill the grid so that the numbers 1 through 9 appear only once in each row, column and 3 x 3 box. The numbers can appear in any order and Carter has left you some clues below.

	6							2	
3			2						4
			3	6	7				
		3			5	4	6		
		6		7		1			
	2	1	8			9			
			4	8	3				
5					1				7
	4							9	

THIS WEEK'S SOLUTION:
 Page 20

News Leader Sudoku grids, puzzles and solutions
 Copyright 2013 Carter Boswell, Princeton, BC and published by Similkameen News Leader

Princeton Area Ghost Towns - The DVD



\$20.00
INCLUDES HST

Available at:
Similkameen News Leader
www.thenewsleader.net

Explore The History Of Mining - Gold, Copper and Coal

FRIDAY, FEBRUARY 8, 2013

	WTBS ch.3	CHBC ch.4	KNOW ch.5	KSPS ch.6	KHQ ch.7	KREM ch.8	A&E ch.9	KXLY ch.10	BCTV ch.11	CITY ch.12	CBC ch.13	YTV ch.18	TSN ch.19	VTV ch.22	DISC ch.24	FAM ch.26	CITY ch.29	SPIKE ch.44	TROP ch.45		
6 AM :30	In the Heat of the Night	Morning News (N) [CC]	To School HI-5 [CC]	Builder Clifford	KHQ News 6AM (N)	KREM 2 Morning News	Beyond Scared Straight	News	Morning News (N) [CC]	(5:00) Morning News (N)	CBC News Now (N) [CC]	Kid vs. Kat Super Evil	SportsCentre [CC]	CTV Morning Live (N) [CC]	Salvage Hunters [CC]	Dinosaurs Hannah	CityLine (N) [CC]	Deadliest Warrior	Instant		
7 AM :30	Justice		Arthur [CC]	Arthur	Today Famous fridges; saving money. (N) [CC]	CBS This Morning (N) [CC]	Beyond Scared Straight	Good Morning America (N) [CC]			Tiger	Yu-Gi-Oh!	SportsCentre [CC]		Nerve Center [CC]	Shake It	Let's Make a Deal (N)	Deadliest Warrior	Earth: Final Conflict [CC]		
8 AM :30	Judge Alex		Tree Fu	Curious			Beyond Scared Straight			Morning Huntley	Bo On/Go	Pokémon	SportsCentre [CC]		Myth-Busters [CC]	Jessie [CC]	The Price Is Right (N)	Deadliest Warrior	Outlaw Bikers [CC]		
9 AM :30	Millionaire	Morning	Pinky	Super Why!		The 700 Club [CC]	Beyond Scared Straight	Livel Kelly and Michael	Morning Huntley	The Doctors [CC]	Super Why!	Rescue	SportsCentre [CC]	Livel Kelly and Michael	Highway Thru Hell	Mickey	Access Hollywood Live	Deadliest Warrior	Instant		
10 AM :30	Law Order: CI	The Doctors [CC]	Doggy Day Franklin	Sesame Street (N) [CC]		The Price Is Right (N)	Beyond Scared Straight	The View [CC]	The Doctors [CC]	Unsellable	Poko [CC]	Squirrel	Trick Shots	The View [CC]	How/Made	Never Land Little	The Chew [CC]	Deadliest Warrior	Gold Girls		
11 AM :30	Law Order: CI	Eat, Shrink Debt/Part	Rolle Polle Dive, Oily	Tiger Sit & Be Fit	Jeopardy!	Young & Restless	Beyond Scared Straight	Paid Prog.	Eat, Shrink Debt/Part	Noon News Hour	Steven and Chris [CC]	G. Shrinks	Strongest Man	Marilyn Denis	Hillbilly Handfishin' [CC]	Suite Life Suite/Deck	General Hospital (N) [CC]	Deadliest Warrior	Friends [CC]		
12 PM :30	Excused	Noon News Hour (N)	Dino Dan Rob Robot	Charlie Rose (N) [CC]	Paid Prog.	News Bold	Beyond Scared Straight	The Chew [CC]	Noon News Hour (N)	Days of our Lives (N)	CBC News Now (N) [CC]	Super Evil	World Poker Tour	CTV News (N) [CC]	Fast N' Loud [CC]	Wizards Hannah	CityLine [CC]	Deadliest Warrior	King		
1 PM :30	There Yet?	Days of our Lives (N)	Save-Umal Wibbly Pig	Painting Scrapbook	Days of our Lives (N)	The Talk [CC]	Beyond Scared Straight	General Hospital (N) [CC]	Days of our Lives (N)	The Jeff Probst Show	Heartland [CC] (DVS)	Squirrel Sidekick	NFL Live (N) (Live) [CC]	The Dr. Oz Show [CC]	Moonshiners [CC]	Sonny Random	Katie [CC]	Deadliest Warrior	3rd Rock		
2 PM :30	King	The Talk [CC]	Big Bear	Barney	Katie [CC]	Let's Make a Deal (N)	Beyond Scared Straight	The Jeff Probst Show	The Talk [CC]	The Ricki Lake Show	Steven and Chris (N) [CC]	Almost Super Evil	Off Record	Dr. Phil [CC]	To Be Announced	So Raven Suite/Deck	CityNews at 5 (N) [CC]	Deadliest Warrior	Gold Girls		
3 PM :30	The Office	The Ricki Lake Show	Rob Robot Clifford	Sid WordGirl	Ellen DeGeneres Show	Dr. Phil [CC]	Beyond Scared Straight	Rachael Ray [CC]	The Ricki Lake Show	Young & Restless	Recipes Stefano	Squirrel Sidekick	SportsCentre (N) [CC]	Ellen DeGeneres Show	How/Made	Wizards ANT Farm	CityNews at 6 (N) [CC]	Deadliest Warrior	Outlaw Bikers [CC]		
4 PM :30	Big Bang	Young & Restless	G. Shrinks	Wild Kratts	Jdg Judy	The Dr. Oz Show [CC]	Duck D.	The Doctors [CC]	Young & Restless	Early News Global Nat.	Dragons' Den [CC]	Kung Fu	NBA Basketball: Toronto Raptors at Indiana Pacers. [CC]	Anderson Live [CC]	Daily Planet (N)	Phineas Phineas	How I Met 30 Rock	Deadliest Warrior	Instant		
5 PM :30	Browns Payne	News (N) [CC]	Martha Wild Kratts	News Business	News NBC News	News CBS News	Duck D.	News ABC News	Early News Global Nat.	(4:59) News Hour	News	Kung Fu		CTV News at Five (N)	Greatest Know-It-All	Dog Good Luck	Last Man Malibu	Deadliest Warrior	Friends [CC]		
6 PM :30	Browns Payne	Global Nat. News	Animals Parks	PBS News-Hour (N) [CC]	News Millionaire	KREM 2 News at 6 (N)	Duck D.	News	(5:59) News Hour (N)	ET Canada	News Exchange	SpongeBob	SportsCentre (N) (Live) [CC]	CTV News (N) [CC]	Hillbilly Handfishin' [CC]	Shake It Really Me	1600 Penn Seed [CC]	Deadliest Warrior	King		
7 PM :30	Seinfeld [CC]	Ent	Mega Builders	Wash Need	Jeopardy!	Inside Ed.	Southie	Ent	Ent	16x9 (N) [CC]	George S	SpongeBob	Coronation	Big Bang etalk (N)	Breakout (N) [CC] (DVS)	Jessie [CC]	Mantracker [CC] (DVS)	Deadliest Warrior	Roseanne		
8 PM :30	Family Guy	Touch Jake is determined to find Amelia. [CC]	Cranford "August 1842"	Doc Martin [CC]	Dateline NBC (N) [CC]	The Job "The Palm" [CC]	Southie	Last Man Malibu	Touch Jake is determined to find Amelia. [CC]	Touch Jake is determined to find Amelia. [CC]	M'ketchup Mercer	Movie [CC]	World Poker Tour	CSI: NY (N) [CC]	Cash Cab	Movie: *** "Enchanted" (2007)	CityNews-Tonight (N)	Deadliest Warrior	Debt/Part ET Canada		
9 PM :30	Amer. Dad	Movie: *** "The Ring" (2002) Naomi Watts.	Polrot The Cloades are in danger. [CC]	Land Girls [CC]	Shakespeare	Rock Center	Blue Bloods (N) [CC]	Duck D.	Shark Tank (N) [CC]	Shark Tank (N) [CC]	Duck D.	(10:01) 20/20 [CC]	News Hour Final (N)	National	Mr. Young	SportsCentre (N) [CC]	Blue Bloods (N) [CC]	Greatest Know-It-All	(10:06) Movie: * "Avalon High" [CC]	Deadliest Warrior	Friends [CC]
10 PM :30	"The Ring"	CHBC News Final (N)	Mega Builders	Shakespeare	News Jay Leno	Letterman	Southie	News J. Kimmel	News ET Canada	News ET Canada	CBC News George S	Boys	SportsCentre [CC]	CTV News	Breakout [CC] (DVS)	Princess	Paid Prog.	Ways Die	3rd Rock		



Now that's a "keeper"! Mother Nature saw fit to grace the viewer along Highway 3A January 20th. Whether in colour or black and white, this picture has loads of contrast to delight the most avid photographer. Fresh snowfall on dark, empty trees and rock faces. A hint of an old evergreen. Stabs of bright cloud providing a backdrop to the mountainside upon which an impending storm crept. The backlight was, after all, not from behind the mountain: no, it was the afternoon sun to the west, behind the viewer, refracting so as to offer up that last bit of light as the shadows advanced. Timing is everything: 45 seconds later, the window of light was gone. Photo: Arlene Arlow

Similkameen News Leader

www.thenewsleader.net

ALSO FIND US ONLINE AT:
Facebook: Similkameen News Leader
Twitter: @PrincetonBCNews - YouTube: PrincetonBCNews

Monday Movies

AFTERNOON

5:00 pm SPIKE ch.44 "The Fast and the Furious: Tokyo Drift" (2006, Action) Lucas Black. An American street racer in Japan learns an exciting but dangerous new style and goes head-to-head with a local champion who has ties to the Yakuza. (In Stereo)

learns an exciting but dangerous new style and goes head-to-head with a local champion who has ties to the Yakuza. (In Stereo)

9:30 pm WTBS ch.3 "Rat Race" (2001, Comedy) Rowan Atkinson. A hotel owner devises a contest where six Las Vegas gamblers frantically search for a bag containing \$2 million.

EVENING

7:30 pm SPIKE ch.44 "The Fast and the Furious: Tokyo Drift" (2006, Action) Lucas Black. An American street racer in Japan

11:30 pm WTBS ch.3 "Road Trip" (2000, Comedy) Seann William Scott. Friends embark on a lengthy car trip to intercept an illicit videotape mistakenly mailed to one's girlfriend.

NEVER PAY FOR ONLINE NEWS AGAIN

newsbc.ca

LOCAL - REGIONAL - NATIONAL - WORLD NEWS

ALWAYS FREE...ALL THE TIME

MONDAY, FEBRUARY 11, 2013

	WTBS ch.3	CHBC ch.4	KNOW ch.5	KSPS ch.6	KHQ ch.7	KREM ch.8	A&E ch.9	KXLY ch.10	BCTV ch.11	CITY ch.12	CBC ch.13	YTV ch.18	TSN ch.19	VTV ch.22	DISC ch.24	FAM ch.26	CITY ch.29	SPIKE ch.44	TROP ch.45
6 AM	In the Heat of the Night	Morning News (N) [RE]	To School HI-5 [RE]	Builder Clifford	KHQ News 6AM (N)	KREM 2 Morning News	Criminal Minds [RE]	News	Morning News (N) [RE]	(5:00) Morning News (N)	CBC News Now (N) [RE]	Kid vs. Kat Super Evil	SportsCentre [RE]	CTV Morning Live (N) [RE]	Junk Raiders Hannah	Dinosaurs Hannah	CityLine (N) [RE]	CSI: NY [RE]	Food
7 AM	Justice	Justice	Arthur [RE]	Arthur [RE]	Today (N) [RE]	CBS This Morning (N) [RE]	Criminal Minds [RE]	Good Morning America (N) [RE]			Tiger	Sidekick	SportsCentre [RE]		Cash Cab	Shake It	Let's Make a Deal (N)	CSI: NY "Taxi" [RE]	Earth: Final Conflict [RE]
8 AM	Judge Alex	Judge Alex	Tree Fu	Curious			CSI: Miami "Mayday"		Morning Huntley		Bo On/Go	Pokémon	SportsCentre [RE]		Nerve Center [RE]	Jessie [RE]	The Price Is Right (N)	CSI: NY "Hostage" [RE]	East St. [RE]
9 AM	Millionaire	Morning Millionaire	Pinky	Super Why!		The 700 Club [RE]	CSI: Miami [RE]	Livell Kelly and Michael	Morning Huntley	The Doctors [RE]	Super Why!	Rescue Cat in the	SportsCentre [RE]	Livell Kelly and Michael	Mayday [RE]	Mickey Manny	Access Hollywood Live	CSI: NY "Veritas" [RE]	Food
10 AM	Law Order: CI	The Doctors [RE]	Doggy Day Franklin	Sesame Street [RE]		The Price Is Right (N)	Criminal Minds [RE]	The View [RE]	The Doctors [RE]	Unsellable Debt/Part	Poko [RE]	Squirrel	Sportfish	The View [RE]	How/Made	Never Land Little	The Chew [RE]	CSI: Crime Scene	Gold Girls
11 AM	Law Order: CI	Eat, Shrink Debt/Part	Rolie Polle	Tiger	Judge B.	Young & Restless	Criminal Minds "Lo-Fi"	Paid Prog.	Eat, Shrink Debt/Part	Noon News Hour	Steven and Chris [RE]	G. Shrinks	Engraved on a Nation	Marilyn Denis	Pyros [RE]	Suite Life Suite/Deck	General Hospital (N) [RE]	CSI: Crime Scene	Friends [RE]
12 PM	Excused	Noon News Hour (N)	Dino Dan	Charlie Rose [RE]	Paid Prog.	News	The First 48 [RE]	The Chew [RE]	Noon News Hour (N)	Days of our Lives (N)	CBC News Now (N) [RE]	Super Evil	To Be Announced	CTV News (N) [RE]	Bering Sea Gold: Under	Wizards Hannah	CityLine [RE]	CSI: Crime Scene	Raymond
1 PM	There Yet?	Days of our Lives (N)	Save-Umsl Wibbly Pig	Paint This	Days of our Lives (N)	The Talk [RE]	The First 48 [RE]	General Hospital (N) [RE]	Days of our Lives (N)	The Talk [RE]	Heartland [RE]	Squirrel	NFL Live [RE]	The Dr. Oz Show [RE]	Jungle Gold [RE]	Sonny Random	Katie [RE]	Tattoo	3rd Rock
2 PM	King	The Talk [RE]	Big Bear	Barney	Katie [RE]	Let's Make a Deal (N)	The First 48 [RE]	The Jeff Probst Show	The Talk [RE]	The Ricki Lake Show	Steven and Chris (N) [RE]	Almost Super Evil	Off Record	Dr. Phil [RE]	Myth-Busters [RE]	So Raven Suite/Deck	CityNews at 5 (N) [RE]	Tattoo	Gold Girls
3 PM	The Office	The Ricki Lake Show	Rob Robot	Sid	Ellen DeGeneres Show	Dr. Phil [RE]	The First 48 [RE]	Rachael Ray [RE]	The Ricki Lake Show	Young & Restless	Recipes Stefano	Sidekick	Sports	Ellen DeGeneres Show	How/Made	Wizards	CityNews at 6 (N) [RE]	Tattoo	Est St. [RE]
4 PM	Big Bang	Young & Restless	G. Shrinks	Wild Kratts	Jdg Judy	The Dr. Oz Show [RE]	Shipping	The Doctors [RE]	Young & Restless	Early News Global Nat.	Dragons' Den [RE]	SpongeBob	To Be Announced	Anderson Live (N) [RE]	Daily Planet (N)	Phiness Austin	How I Met 30 Rock	Tattoo	Food
5 PM	Browns	News (N) [RE]	Martha	News	News	News	Shipping	News	Early News (4:59) News Hour	(4:59) News Hour	News	SpongeBob		CTV News at Five (N)	Myth-Busters [RE]	Jessie [RE]	How I Met Seed (N)	Movie: *** "The Fast and the Furious: Tokyo Drift" [RE]	Friends [RE]
6 PM	Browns	Global Nat.	Animals	PBS News-Hour (N) [RE]	News	KREM 2 News at 6 (N)	Shipping	News	(5:59) News Hour (N)	ET Canada	News	ICarly [RE]		CTV News (N) [RE]	Auction	ANT Farm	Broke Girl		Raymond
7 PM	Seinfeld [RE]	Ent	Rescue	Keep Up	Jeopardy!	Inside Ed.	Shipping	Ent	Ent	Hawaii Five-0 "Kekoa"	George S	Victorious		Big Bang	Greatest Know-It-All	Good Luck	The Carrie Diaries (N)		Roseanne
8 PM	Family Guy	Bones (N) [RE]	WarTime Farm (N)	Antiques Roadshow (N)	The Biggest Loser "Tough Love" (N) [RE]	How I Met Rules	Shipping	The Bachelor (N) [RE]	Bones (N) [RE]	Bones (N) [RE]	Dragons' Den [RE]	Wipeout [RE]		Anger	Driving Wars (N)	ANT Farm Dog	CityNews-Tonight (N)	Movie: *** "The Fast and the Furious: Tokyo Drift" [RE]	Debt/Part
9 PM	Amer. Dad	Deception (N) [RE]	Fake or Fortune? (N) [RE]	Market Warriors (N) [RE]		Broke Girl	Shipping		Deception (N) [RE]	Deception (N) [RE]	Murdoch Mysteries (N)	Gags	NFL Films	The Following (N) [RE]	Auction	Wingin' It	Jimmy Kimmel Live (N)		Friends [RE]
10 PM	"Rat Race" (2001) Rowan Atkinson.	Hawaii Five-0 "Kekoa"	Architects of Change	Half the Sky: Turning Op-pression-Women	(10:01) Deception (N)	Hawaii Five-0 "Kekoa"	Shipping	(10:01) Castle [RE]	Hawaii Five-0 "Kekoa"	News Hour Final (N)	National	Boys Mr. Young	SportsCentre [RE]	(10:01) Castle (N) [RE]	Greatest Know-It-All	Lizzie So Raven	Maury (N) [RE]	Tattoo	Raymond
11 PM	"Road	News Hour Final (N)	Rescue	Volcanic	Jay Leno	Letterman	Shipping	J. Kimmel	News Hour Final (N)	ET Canada	CBC News	Weird	SportsCentre [RE]	CTV News	Highway Thru Hell	Cory Princess	Paid Prog.	Entourage	3rd Rock

2013 - Year of the Snake

Chinese New Year - February 10

In Chinese astrology, the Year of the Snake begins February 10. Chinese New Year is always a time of celebration regardless of what year it is, but Year of the Snake can be one of amazing changes, not all of them good. The Year of the Snake can bring cataclysmic events, revolutions, upheaval caused by treachery or flagrant spending.

That sounds terrible, and the advice Chinese astrologers give to individuals is to proceed carefully in the Year of the Snake. This is the best year to occupy yourself with improving your physical appearance, so it should be a good year for selling and buying clothing. This is a good year for seeking romance if you are single, or putting more oomph into your relationship if you are not single.

The Year of the Snake is a good year to study, so you might want to sign up for some course you would like to take, or begin a year of schooling. This is a good

year to improve your mind and your skills.

If you were born in the Year of the Snake, this is your year to take life a bit easier and also to enjoy the rewards

of l'amour. No evil can interfere with your life this year.

Let's look at what is in store for those born in other years:

Tiger - You must behave yourself no matter how boring this year seems to you. Go places, do things you like to do, but don't expect this year to be as lively as you

Horse - You may want to gallop away and leave the difficulties of this year behind you. That would be a bad move. Give yourself one more year to succeed, to make things work out, as next year is yours.

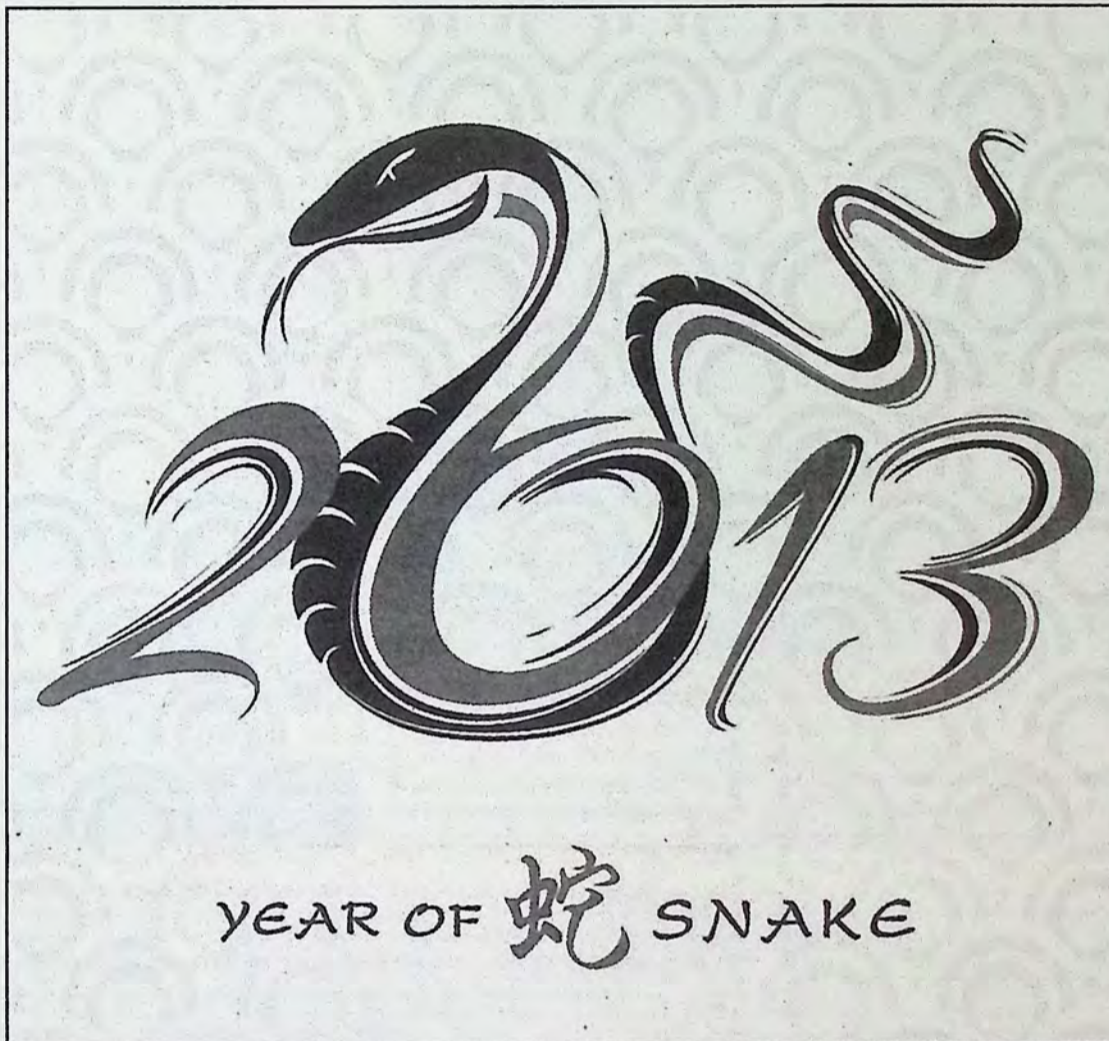
Goat - Gallant Goat people are always on the lookout for some kind of disaster or misfortune. For a change, you can stop looking (if you can let go the habit) and just enjoy this year. Smile and laugh.

Monkey - You work and drive for success, and you will have to keep up the work and drive this year, but you can smile while you do so, and enjoy some of the good things this year will bring you.

Rooster - You will have to keep slogging along this year, even though you will be tempted to throw in the towel on some project or program you have worked on. Don't give up, things gradually improve.

Dog - You tend to have your guard up all of the time, but you can let your guard down this year. You should be using your intellect this year in some way that can bring you a better life.

Pig - This year you may have to learn to say 'No' even though it is difficult for you. You have devoted much time to making money but you need to feel satisfaction with the life you have. Feel it in your heart.



Rat - Finances could be tight this year, and you will have to keep your nose to the grindstone. You may want to travel, either through movies, books or on the road. Protect your resources this year and don't take on any debt.

Ox - You are going to go through a period of self-doubt and you are going to have to give yourself some positive self-talk. You are going to need to be patient, too. Go gently and quietly through this year.

would like it.

Cat (or Rabbit) - This can be a lucky year for you in some way. Your best activity this year is to do a lot of thinking about everything in your life. This will not be an exciting year but sharpens your perception.

Dragon - No year is really bad for a Dragon person, who wants to achieve wisdom more than anything else. To be successful this year, you are going to have to work a little harder than last year.

Similkameen
News Leader
www.thenewsleader.net
ALSO FIND US ONLINE AT:
Facebook: Similkameen News Leader
Twitter: @PrincetonBCNews - YouTube: PrincetonBCNews

NEVER PAY FOR ONLINE NEWS AGAIN
newsbc.ca
LOCAL - REGIONAL - NATIONAL - WORLD NEWS
ALWAYS FREE...ALL THE TIME

OUTBACK JACKS
Horse Rescue Thrift Store & Tack
#1-225 Bridge Street (Corner of Bridge Street & Billiter Avenue) OPEN 10:00 AM - 4:00 PM Tuesday - Friday

LOOKING FOR IN-STORE VOLUNTEERS WILL PICK UP DONATIONS AND LEFT OVER GARAGE SALE ITEMS CALL GENA FOR INFO
250.295.0775 OR 250.438.0062

www.outbackjacks.ca OR FIND US ON FACEBOOK
SPONSORED IN PART BY
AUTO-TAC GRAPHICS
SIMILKAMEEN
NEWS LEADER



News Leader Classified Ads

25 Words - \$9.00 (includes taxes) - Pay for two weeks, the third week is FREE!

Obituary	Obituary	Notices	Notices	For Rent
----------	----------	---------	---------	----------

Ralph Edward Anderson

December 28, 1929 - January 26, 2013



ANDERSON, RALPH EDWARD passed away peacefully on January 26, 2013 in Kelowna, BC at the age of 83 years. Ralph will be lovingly remembered by his wife, Lynne, three sons; Ed (Charlene) of Langley, BC, Bob (Marlene) of Cawston, BC, Al (Sharleen) of Princeton, BC and one grandson, Tyler.

Ralph was born in Princeton, BC on December 28, 1929 and was proud to grow up and raise his own family here. He excelled at sports like track & field, curling, ski jumping and golf and was a powerful hitter for the Princeton Royals baseball team. Ralph loved the outdoor beauty of the Similkameen and the family times spent at their Tulameen cabin. He

enjoyed hunting, fishing and bike riding around town with his best friend, Lynne, who was also his loving wife of 52 years.

Ralph had many jobs growing up in town until he found his true calling as an electrician. He maintained and built power lines in this community for 31 years. Each winter he spent countless hours making an ice rink on the playground for his three sons and all the neighborhood children. Ralph and Lynne were kept busy and happy trying to keep up with their three sons' activities and cherished all the friendships they made along the way. He was well loved for his quick wit, generosity and friendly nature. Ralph will be deeply missed by his family and all who knew him.

Condolences may be sent to the family through providencefuneralhomes.com.

Providence

"Celebrating Lives Together"

250-493-1774

NEVER PAY FOR ONLINE NEWS AGAIN

newsbc.ca

LOCAL - REGIONAL - NATIONAL - WORLD NEWS

ALWAYS FREE...ALL THE TIME

www.gotpeppers.info

Similkameen
News Leader

www.thenewsleader.net

ALSO FIND US ONLINE AT:

Facebook: Similkameen News Leader
Twitter: @PrincetonBCNews - YouTube: PrincetonBCNews

Like new home on acreage, ground floor suite. 2-bedrooms + den, full bath, Jacuzzi tub, gas fireplace. All appliances and utilities included. Available now. \$750.00/month. For details call 250.295.3966. Dec 04/13

Apartment for rent in Princeton. Available now. Excellent references and damage deposit required. No pets, must be quiet. Asking \$500.00/month rent plus utilities. Can furnish if needed. Phone 250.295.1006 for details or leave message with the best time to call back. Jan 15/Feb 19

Found

1 gold locket and chain and 1 u-shaped silver earring inside Valley First Credit Union. Stop by the branch and identify to claim. 15 Feb 12

Similkameen News Leader classifieds get the job done! For as little as \$9.00 a week, let us sell your item. Call Brenda at 250.295.4149.

Obituary	Obituary	Obituary
----------	----------	----------

Sophia Christine Agnes Wicks

Born: August 29, 1916 in Vancouver, BC



Agnes Wicks passed quietly January 16, 2013 in the presence of her son Bob and her daughter-in-law Chris at Ridgewood Lodge, Princeton, B.C.

Her younger years were spent in south Vancouver, some distant from the end of the streetcar. As she says, "we walked through the forest about a mile to get the streetcar to town". She "finished" school at grade 8.

She had a brother Ken Owens and his wife Phillis also "90 somethings" that recently passed on, a warm and loving sister Mary who passed many years back, and a brother John Owens (wife Sheila) who is the survivor of the 4 siblings.

Mother worked on the streetcars during the war years as a Conductor. She met Lyle Wicks (a motorman on the cars) over whom she was "boss". That really did not change a great deal over the 63 years of marriage. Their life in Haney and then

Victoria was active and rich. They returned to Lyle's place of roots (Maple Ridge/Haney B.C.) in 2002 where he passed in 2004.

Lyle brought a new dimension to the life of Agnes. After a stint driving buses for B.C. Electric in Vancouver, he embarked on a successful career in provincial politics. He, with others, founded the B.C. Social Credit Party in the late 1940's. He and his wife were politicians of the old school (honest, dedicated, and together relentless advocates for his constituents). He served the Province of British Columbia for close to a decade as Minister of Labour, Commercial Transport and Railways. Agnes worked tirelessly by his side, hosting endless political events, campaigning, and generally keeping the home fires burning for her tireless cabinet minister.

Agnes blossomed from her humble beginnings. She learned to grasp political life with a glint in her eye and a regal manner, including Government House functions and balls, introductions to visiting royalty, and official functions of political life. She was proud to view from the "members' gallery" her Lyle addressing Mr. Speaker and the assembled members of the legislature. She also enjoyed the friends and activities of the Eastern Star and the Daughters of the Nile. She was active in lawn bowling, qualifying several years for the B.C. Summer games where she medalled regularly. She was an enthusiastic golfer, renowned for her putting.

She crocheted, knitted, did petit point, to a very high standard. There are heirlooms to pass on.

After Lyle passed, Agnes lived in Vancouver for a time and then joined Bob and Chris in Princeton in 2011. Agnes is survived by her son Bob, his wife Chris, and grandchildren Lauren (Ellis), Connor Wicks, and Lisa McLean, great grand children Hayden, Preston, Hannah, and Brody, and by her niece Lynn Owens-Whalen and husband Wiif, and many relations near and far.

The family joins together in thanking the dedicated and caring staff and medical persons at Ridgewood Lodge and Princeton General Hospital for the care and attention she received in the past year. You all get a gold medal from Agnes.

Agnes, in the words of a friend, "has gone to a well deserved rest". She will be fondly remembered by very many for her smile and her dedicated manner.

Farewell Mother.

Best Buy in Princeton!



#23 Deblyn MHP

Fully renovated home. 3 bedrooms, large living room, kitchen, bath. New paint throughout, new roof, windows, carpeting, floor tile and venetian blinds. New garden shed; large, fully fenced yard, now landscaped.

Includes: fridge, stove, washer, dryer.

Immediate possession. Park approval required.

\$49,900 or will consider financing or Rent to Own with \$10,000 down!

To view call 250-295-6919.

Legal

In the matter of the estate of the deceased Shayla Rae Dawn Driver, I hereby request from her birth father, Lawrence James Driver, the sum of seven hundred dollars owed to her executor, Tonya Lynn Alton. Please be advised Lawrence James Driver, you were granted years to pay the stated amount to your daughter, and failed to do so, ignoring all previous requests. This serious matter requires your immediate attention. Failure to do so will result in legal action taken against you. To make payment arrangements please contact P.O. Box 45004 RPO Langley Crossing, Langley, BC V2Y 0C9

ADVERTISING WORKS
OR YOU WOULDN'T BE READING THIS!
Similkameen News Leader
250.295.4149



Classified Ad Deadline: 12 Noon Fridays • All Classified Ads MUST be paid in advance
Payment Options: Cash, Cheque, Debit, Visa, Mastercard
Phone: 250.295.4149 • Fax: 250.295.4103



Notices

**MONDAY NIGHT BINGO
IN PRINCETON
SENIOR CITIZENS BR. #30**

162 Angela Avenue
4:30 PM Sales Start
5:30 PM 1st 47 Bonanza #'s
SPECIALS, REGULAR GAMES, ODD &
EVEN, PROGRESSIVE SNOWBALL &
LOONIE POT, "LUCKY 7" WON EVERY
MONDAY (MIN. \$50.00 GUARANTEED)
BC Gaming License #109667
"KNOW YOUR LIMIT. PLAY WITHIN IT"

**THURSDAYS
SCA Branch #30**

Crafts 10:00 AM
Music 10:00 AM
Cards, Pool all day

OPEN 9:00 AM - 4:00 PM
Membership \$15/year

Narcotics Anonymous

OPEN MEETINGS
7:30 PM
Wednesdays & Sundays
at the InfoCentre on
Highway 3

Info: (250) 295-7919 OR 295-6531, 295-6723

Sudoku

**CARTER'S
Sudoku
Challenge**
SOLUTIONS TO PUZZLES ON PAGE 14

CHALLENGE #439

167	548	723
375	219	684
284	367	519
793	125	468
856	974	132
421	836	975
917	483	256
532	691	847
648	752	391

**INDIVIDUALLY
PREPARED
HOROSCOPE**

Natural character chart - \$25.
Basic chart plus predictive -\$50.

Phone 295-6063
Completely confidential

Drinking a problem?
Alcoholics Anonymous
Meets 7:30 PM Thursdays
Princeton Baptist Church
160 Old Hedley Road
Fred 295-7272/Marena 295-7663

Notices



**Princeton Posse
Final Regular Season
Game Schedule**

Tue Feb 5	7:00 PM	Summerland @ Princeton
Sun Feb 10	2:00 PM	Princeton @ Summerland
Tue Feb 12	7:00 PM	Princeton @ Penticton
Fri Feb 15	7:00 PM	Osoyoos @ Princeton
Sat Feb 16	7:00 PM	Princeton @ Kelowna

Posse Year-End Awards Banquet

2:00 PM Sunday, February 17
Tickets : \$20.00

Billy's Restaurant
Available at all Home Games

GO, POSSE, GO!

www.thenewsleader.net

PICK YOUR SUBSCRIPTION

SUBSCRIBE TO THE SIMILKAMEEN NEWS LEADER BY MAIL OR PICK UP - YOUR CHOICE!

PICK IT UP YOURSELF - AND SAVE

If you live in the Princeton area you can drop into our office weekly to pick-up your Similkameen News Leader. You could pay us a dollar each time or you could just pay for a 'Pick-Up Subscription' and spend even less. It's your decision.

Princeton/Area H Pick-Up - \$30.00
(Seniors Pay Only \$25.00)
ALL PRICES INCLUDE TAXES

RELY ON CANADA POST - AND SAVE

If you live in the Similkameen Valley you can have the Similkameen News Leader mailed to you every week - and it's still cheaper than buying it each week at our office or at your favourite local newsstand. For a few bucks more we'll even send you the Similkameen News Leader anywhere in Canada. Including the prairie provinces and Quebec!

Princeton/Keremeos (VOX) Mail - \$40.00
(Seniors Pay Only \$35.00)
ALL PRICES INCLUDE TAXES

Regional (Other VO) Mail - \$45.00
(Seniors Pay Only \$40.00)
ALL PRICES INCLUDE TAXES

National (Elsewhere in Canada) Mail - \$55.00
(Seniors Pay Only \$50.00)
ALL PRICES INCLUDE TAXES

PICK YOUR SUBSCRIPTION

GRAB YOUR CREDIT CARD AND CALL US!

Similkameen News Leader 250.295.4149

Grant moves local youth

..... continued from Front Page cross country skiing, bringing a sleigh for the luge run and sleighing hill, participating in SOGO ACTIVE winter challenges with students from PSS and enjoying a hot meal with drink while on the

mountain at China Ridge. A FREE Bus service is available for all ages on February 11 with stops at Veterans (Town) Square, Vermilion Forks School and the Bowling Alley to the venue at China Ridge Trails. This bus service will

continue each hour from 9:30 AM to 2:00 PM.

"Our Sogo Active grant will help us reach our goal of 30 youth participating in an active outdoor experience", says McEwen.

"We encourage all members of our community to visit sogoactive.com to register for the program, and create or join a challenge!"

ABOUT SOGO ACTIVE

Sogo Active, powered by ParticipACTION and sponsored by Coca Cola Canada, is a program created for one reason; to help youth challenge themselves and their friends to get moving.

The program was designed to create a "for youth, by youth" physical activity movement to help young Canadians between the ages of 13-19 to become more active.

For more information, visit www.sogoactive.com.

STAND UP AND FIGHT FOR RURAL HEALTH CARE SERVICES!

www.RuralBCHealthWatch.com

FAX SERVICE

SENDING OR RECEIVING

- CONFIDENTIALITY GUARANTEED -

AVAILABLE AT:

Similkameen
News Leader

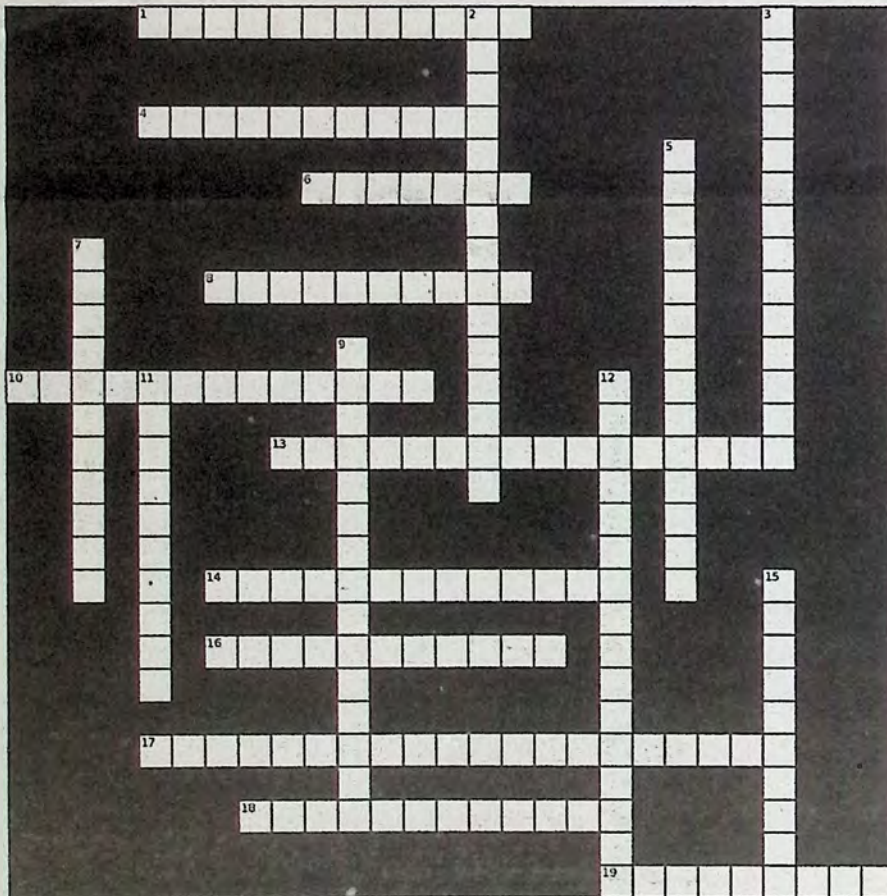
226A Bridge Street, Princeton

Phone: 250.295.4149 - Fax: 250.295.4103



Similkameen News Leader Puzzler

Use the January 29 News Leader to find Answers Below...



- | | |
|---|--|
| <p>Across</p> <p>1. Headline: "_____ cost \$\$\$."</p> <p>4. She was presented a Queen's Jubilee Medal.</p> <p>6. Name the Past President of PXA.</p> <p>8. He is pictured reading to students on Page 21.</p> <p>10. Who appears on the front page reading to students?</p> <p>13. The 'FN' in VFFN.</p> <p>14. She writes on behalf of Princeton Hospital Auxiliary.</p> <p>16. She was presented a Queen's Jubilee Medal.</p> <p>17. Princeton Posse are hosting this event February 17th.</p> <p>18. What local ghost town is in danger of disappearing?</p> <p>19. She is pictured reading to students on Page 3.</p> | <p>Down</p> <p>2. Where is Lot 324 located?</p> <p>3. The 'VF' in VFFN.</p> <p>5. Anthony Buchanan is the new Winemaker here.</p> <p>7. What school saw a number of 'celebrity readers' on January 25th?</p> <p>9. He's reading to students on Page 2.</p> <p>11. He was presented a Queen's Jubilee Medal.</p> <p>12. Some people confuse this bird for a Whiskey Jack.</p> <p>15. The word that stands out most on Page 24.</p> |
|---|--|

Similkameen **News Leader** PUZZLER #109
Copyright 2012 - Brenda Engel

newsbc.ca

LOCAL - REGIONAL - NATIONAL - WORLD NEWS

Help Wanted

Help Wanted



SCHOOL DISTRICT NO. 58
(NICOLA-SIMILKAMEEN)

FIRST NATIONS SUPPORT WORKER

School District No. 58 (Nicola-Similkameen) is accepting applications for a First Nations Support Worker at Princeton Secondary School in Princeton. This is a temporary position, 25 hour per week, for the period January to June 30, 2013.

The successful applicant will be responsible for providing counseling support, communicating with students and parents/guardians, tutoring, and cultural education.

Application forms are available at the School Board Office, 1550 Chapman Street, Merritt, BC, Princeton Secondary School, 201 Old Merritt Road, Princeton, BC or on-line at www.sd58.bc.ca, click on Jobs/Support Positions/Job Postings, listed under Job Code #228761, and follow the prompts. Applications, including a detailed resume with a minimum of three references, will be accepted until February 6, 2013.

Please forward to:

Attn: Secretary Treasurer
School District No. 58 (Nicola-Similkameen)
P. O. Box 4100, 1550 Chapman Street
Merritt, BC V1K 1B8
Fax: (250) 378-6263

Only those applicants being interviewed will be contacted.

JOB POSTING

TITLE/POSITION:	Enumerator
TYPE OF EMPLOYMENT:	Short term, temporary
LOCATION:	Town of Princeton
EMPLOYER:	Elections BC
DATES OF EMPLOYMENT:	February 28 & March 1, 2013 (training days) March 6 to March 23, 2013 (work days)
WAGE RATE:	\$15.00/hour

Main Job Duties:

- Visiting residences and/or facilities that have been identified for enumeration.
- Confirming, updating or registering the names and addresses of eligible voters.
- Creating and maintaining records of all addresses enumerated and those addresses not enumerated.
- Compiling and returning enumeration records or other registration forms to Elections BC.
- Providing voters with information on the voting process and voting opportunities.

See detailed Job Description for more information.

Qualifications:

- Own or have access to a car and have a valid driver's licence.
- Ability to be a non-partisan representative of Elections BC.
- Basic English and language skills.
- Neat and legible handwriting and the ability to complete forms accurately.
- Comfortable using a computer.
- Be organized and committed to assignment completion.
- Be in good health and able to walk for a long period of time and also climb stairs
- Able and willing to work in all kinds of weather.

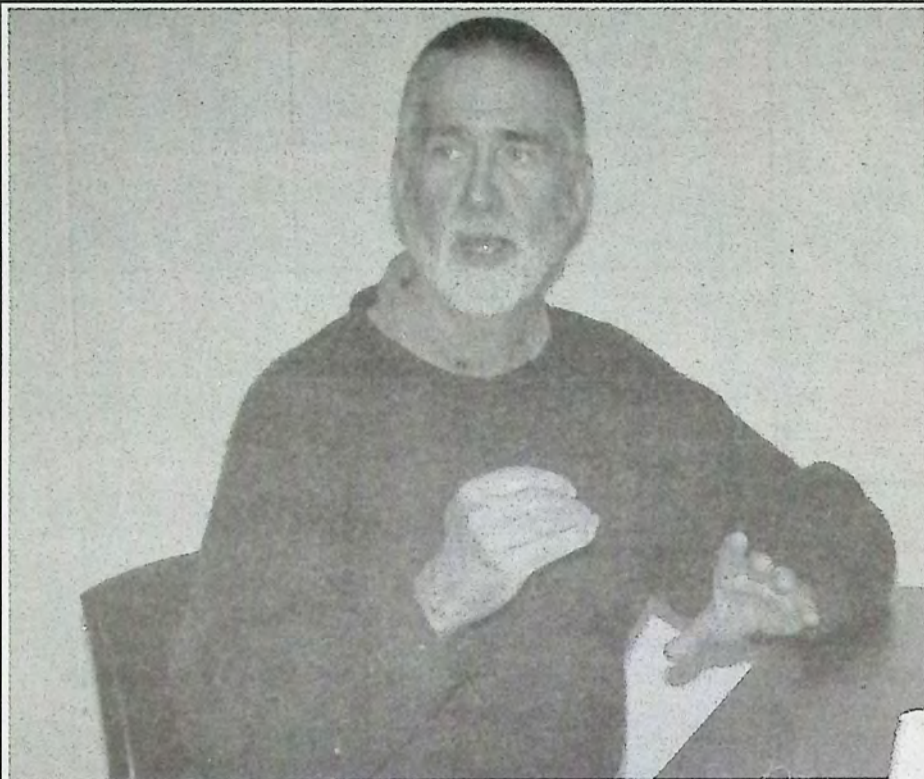
See detailed Job Description for more information.

If interested in applying for the job, please send resume with a cover letter to:

Allan.Steffens@elections.bc.ca, if sending by e-mail or mail to:

Allan Steffens
District Electoral Officer - Fraser-Nicola
c/o 1617 Armstrong
Merritt, BC V1K 1E8

Deadline for applications: February 8, 2013



Ed Staples explains the workings of the community consultation process. *



Councillor Marilyn Harkness helped organize the consultation event. *

Consultation produces results

..... continued from Front Page -one recording information being shared.

The idea for last Tuesday night's Community Consultation came from a meeting during the recent Kelowna Healthcare Research Conference where Staples and Klaver met Dr. Pesut and Zacharias.

Each focus group was to examine three category questions.

The first one was to share a positive example of an incident experienced in the local healthcare system. The second was to share hurdles visible in the local healthcare system. The final question asked for ideas and suggestions that could produce forward movement in fixing or improving local healthcare services.

Following the consultation, all recorders from the focus groups brought together the information then all 40 stakeholders voted on priorities using the common 'sticker vote' method.

"We feel incredibly optimistic that this process we've been through has brought us many positive items we can now focus on," Staples said in a news briefing the following day.

Staples added that a lot of positive aspects of the community were revealed during the consultation process and that it was agreed by all that, "we have an incredible team of healthcare professionals in town delivering services to the community."

However, challenges and barriers will need to be identified and Staples expects that to be a part of a forthcoming report on the data collected by Dr. Pesut and her colleagues.

"We hope we are going to have priorities identified," Staples says.

There are also plans for a smaller scale consultation with local healthcare service providers, which will be the basis of a completely different report.

"Most of us are feeling quite posi-

tive about going forward," Councillor Marilyn Harkness added.

"I know the community is looking for a quick fix, and this will take time but we are very hopeful."

Area H Director Brad Hope explained that "When things go wrong I always hear about it, but when things go good I rarely hear about it."

He added, "We don't have 24/7, we have a doctor shortage and that

needs to be fixed and it will be fixed."

Some innovative ideas came out of the consultation including the possibility of a bus service to address transportation concerns, which could, for example, pick up patients along the way to appointments in Penticton or Kelowna.

There are other programs being discussed to attract doctors but apparently there aren't a lot of doctors looking for work and even

Princeton's newest physician coming in August would like to be here sooner but has other commitments according to Staples.

Another idea Harkness added was to "broaden the scope of Nurse Practitioners practice so that they can work in the ER."

Dr. Pesut's report is expected to be a lengthy one and we expect SOHC will let you know what it says once they have a chance to see it and absorb the details.

Alex Atamanenko, MP

Health Care

In November I held an MP Forum in Princeton, Keremeos and Osoyoos.

The main concern in Princeton was health care and the loss of 24 hour emergency service at the hospital.

It might be interesting for people to know that the federal NDP is organizing public consultations on the future of free, universal health care in our country. The consultations will focus on four priority areas: improving access to prescription medication, home and long-term care services, the role of health care professionals and how to assist all Canadians in leading a healthier life.

As NDP Health critic Libby

Davies stated, "We can to work together with Canadians, health care professionals and the provincial and territorial governments to determine what changes are needed to adapt our health care system to the 21st century."

I hope to get Libby to our area in the new year as part of her Canadian tour.

At the Princeton forum, Ed Staples, Vice-President of the Save Our Hospital Coalition gave an excellent overview of health care in Canada as part of his presentation.

The following is part of what he said: "The founding principle of health care in Canada is equality. This principle gave us the Canada

Health Act which provides for equal access to quality health care regardless of who you are, where you live, or how much money you make. Unfortunately, this principle is under attack at both the provincial and federal level. These attacks come in the form of budget cuts justified by the alarmist message that health care costs are unsustainable.

Sustainability rationale is a myth. As a percentage of Canada's Gross Domestic Product, health care spending has remained steady at between 4 and 5% since 1975.

In solidarity with the BC Health Coalition, Princeton Save Our Hospital Coalition opposes any continued on Page 23

BINGO

MONDAY NIGHT BINGO

162 Angela Avenue, Princeton - 250-295-7515
(Senior Citizens Association - Branch #30)

OPEN 4:30 PM - FIRST GAME 5:15 PM

Bonanza - Odd/Even - Lucky 7

BC Gaming Licence #100607 - "Know your limit, play within it."

OUTBACK JACKS

Horse Rescue Thrift Store & Tack

#1-225 Bridge Street (Corner of Bridge Street & Billiter Avenue) OPEN 10:00 AM - 4:00 PM Tuesday - Friday

LOOKING FOR IN-STORE VOLUNTEERS WILL PICK UP DONATIONS AND LEFT OVER GARAGE SALE ITEMS CALL GENA FOR INFO

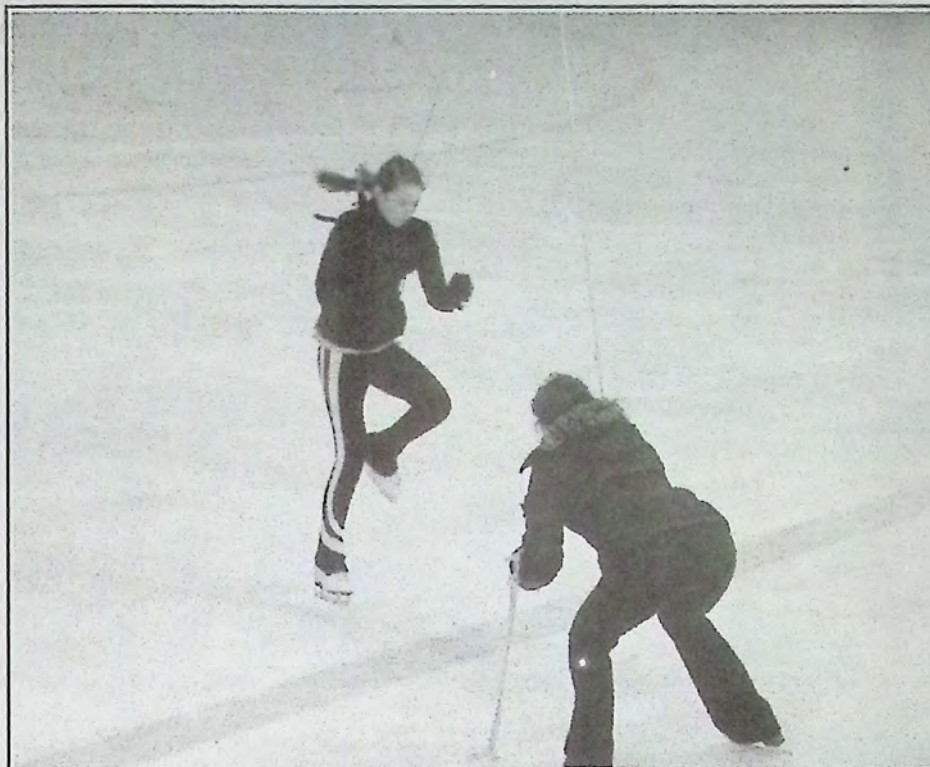
250.295.0775 OR 250.438.0062

www.outbackjacks.ca OR FIND US ON FACEBOOK

SPONSORED IN PART BY AUTO-TAC GRAPHICS SIMILKAMEEN NEWS LEADER



Falling snow did not dampen enthusiasm at the Similkameen Rec Centre outdoor rink January 26th in Keremeos. Skating ended for another season soon after this photo was taken as the rink is only open during the months of December and January. Photo: Arlene Arlow



In Princeton Arena a figure skater gets some air with help from the jumping harness. *

Incidents revolve around drugs

A sobriety check on a driver by an RCMP Traffic Services patrol unit in Princeton uncovered a driver with an outstanding warrant for her arrest along with the discovery of a quantity of crack cocaine, marijuana and oxycodone.

The driver and another adult woman were taken into custody after a search of the vehicle by a police service dog uncovered the hidden drugs.

On Friday January 25th at around 8:35 PM an RCMP Traffic Services patrol team stopped a brown 2005 Pontiac Sunfire along Highway 3 in Princeton, after the vehicle was

observed travelling at a speed notably below the posted speed limit.

On detaining the 23-year old female driver and her female passenger also 23 years old, it was discovered that the driver had an outstanding warrant for her arrest for trafficking. The pair was also arrested for possession of a controlled substance due to the officer's observations.

A police dog search of the vehicle resulted in the discovery of a small amount of marijuana found in the passenger compartment along with 95 separate packs of crack cocaine and quantity of pills believed to be

oxycodone, found hidden in the trunk compartment.

Both women were from Vernon, BC, and were taken into custody on cocaine trafficking and marijuana possession charges.

During the Noon hour of Wednesday, January 30th Princeton RCMP placed Shoppers Drug Mart on Bridge Street in 'lock down' status which barred anyone from outside the business from entering.

At press time nothing official regarding the incident had been released by Princeton RCMP but according to eyewitness accounts shared with the News Leader we

have been able to piece together some of the details from the incident.

From what we have heard there was a robbery of drugs from the pharmacy. We have also heard various stories that indicate one or two people were involved and that a knife was used to threaten someone in the store at the time.

We are happy to report that no one was injured in the incident, the store reopened for regular business the

following day and that the entire event was captured on the in-store video surveillance system.

Police have yet to release descriptions of the suspect(s) nor information on whether or not they had been apprehended.

If you have any information regarding this incident you can contact local police at 250.295.6911 or leave an anonymous tip at CrimeStoppers by calling 1-800-222-TIPS (8477).

www.gotpeppers.info

Alex Atamanenko, MP

Health Care

..... continued from Page 22 erosion of the Canada Health Act's principles of universality, comprehensiveness, portability, accessibility, and public administration. We are against user fees, privatization, corporatization, and any other barriers to equal access to health care.

In 2004, federal and provincial first ministers signed a ten-year Canada Health Accord, identifying several priorities for health care reform in Canada, including:

- reducing wait times and improving access;
- home care;

- primary health care reform, including electronic health records
- health research and innovation; and
- accountability and reporting to citizens

We need all provincial, territorial, and federal health ministers to create a new Canada Health Accord that first and foremost recognizes the values of equality and equity of health care for all Canadians. Public health care is affordable and sustainable. It is privatization that we can't afford.

According to the BC Health

Coalition, renewal of the Health Accord in 2014 must be based on predictable, sustainable federal funding that includes a six percent escalator for a full ten years. Commitment to a federally financed Canada Health Transfer equalization formula will ensure we continue to build a fair, accountable and cost effective public health care system that provides high quality care."

Unfortunately, the federal government has made it clear that they will not be taking these steps unless Canadians demand that they do."

Similkameen **News Leader**

www.thenewsleader.net

ALSO FIND US ONLINE AT:
Facebook: Similkameen News Leader
Twitter: @PrincetonBCNews - YouTube: PrincetonBCNews

NEVER PAY FOR ONLINE NEWS AGAIN

newsbc.ca

LOCAL - REGIONAL - NATIONAL - WORLD NEWS

ALWAYS FREE...ALL THE TIME

YOUR AD HERE!

\$85.00 + HST - Call Spencer 250-295-5553

Brenda Crawford



brenda@beland.net
(250) 295-8182

April Earle



april@beland.net
(250) 295-5346

Sandra Simpson



sandra@beland.net
(250) 499-9414

RING IN THE NEW!

REALTY EXECUTIVES PRINCETON invites you to our:

New Year, New Look Party 3:00 - 6:00 PM Saturday, February 9

Everyone Welcome! Appetizers and Refreshments served!



PRINCETON

117 Angela Avenue



Great investment opportunity right in the heart of town. Don't miss your chance to build Downtown! Zoned for multi-family residential, you could build and rent or sell the other half, split the lots, or build town homes. Located across from Coopers, these lots are within walking distance to all Princeton has to offer. **MLS®140018 \$225,000**

DL 277 Highway 3



A rare find! 11.90 acres minutes from the town of Princeton! Level, treed and open areas leaves lots of places to build. Spectacular mountain and river views from several locations! All services to lot line. Subdivision potential as well. Very private, and peaceful! Neighbouring 2 acres and home for sale also. **MLS®140435 \$299,900**

744 Highway 5A



Saddle up the horses, gather up the kids and head out to this great hobby farm just minutes from town! 19+ acres with corral, chicken coop, hay barn and more. There is also another mobile for overflow guests, extended family or even better, a mortgage helper! New deck and mud room extend your living space and keep everything clean. **MLS®140580 \$359,000**

4358 Princeton/S'land Road



A home to take your breath away! This is one you will definitely want to see. Spacious open plan is perfect for entertaining, not to mention all modern appliances and wine fridge. Picture windows afford mountain views from all angles. Wood insert in floor to ceiling rock fireplace, hardwood flooring and pine ceilings adds to the lodge feel. **MLS®140181 \$627,000**

5293 Princeton/S'land Road



Get away from the grind and off the grid! A rare opportunity to own this beautiful 20 acre parcel off the Princeton Summerland backroad. A drilled well with 5 gal per minute, septic, driveway and 32ft travel trailer, all installed in 1995. Smaller trailer and metal storage container also included. Access to the Trans Canada Trail is at your doorstep. **MLS®138421 \$199,900**

511 Similkameen Avenue



First time buyers or investors look no further! Sturdy and cute as a button, 3 bedroom home loaded with potential in the tunnel area. Newer furnace and hot water tank. Large main floor bedroom doubles as a laundry room but could also be used as an office. Outside boasts a fully fenced, landscaped yard with alley access. **MLS®138970 \$199,900**

REALTY EXECUTIVES PRINCETON

Gateway to the Okanagan

#8-136 Tipton Avenue (Princeton Plaza)

Office: (250) 295-1811 Fax: (250) 295-1851 www.beland.net

EACH OFFICE INDEPENDENTLY OWNED AND OPERATED