

Similkameen News Leader

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Tuesday, February 19, 2013

Canada WE ACKNOWLEDGE THE FINANCIAL SUPPORT OF THE GOVERNMENT OF CANADA THROUGH THE CANADA PERIODICAL FUND OF THE DEPARTMENT OF CANADIAN HERITAGE.



The Board of Education for School District 58 (Nicola-Similkameen) stand united on anti-bullying. From left, Vice Chair Richie Gage, Trustees Gordon Swan and Leah Ward, Chair Gordon Comeau, Trustees Dave Rainer and David Laird. Pink Shirt Day is Wednesday, February 27th. - photo submitted

Parents must decide 2014 school days

Parents of children attending school in School District #58 (Nicola Similkameen) are being asked to vote on the 2014 school calendar options. One of the options gives students two consecutive weeks of holiday from March 17 to March 28, 2014. The second option offers spring break from March 17 to 21, 2014, then a school holiday from

Good Friday, April 18, to April 25, 2014.

Students will take home notices to the parents, and the parents are asked to provide input based on their preferences.

This information must reach the Board of Education before March 13, when the final decision will be made.

POSSE AWARDS - Page 22, 23

Board hears school activity report

Barry Clark, Principal of Vermilion Forks and John Allison Elementary Schools, attended the February 13 meeting of the Board of Education for School District #58 (Nicola-Similkameen). He began his school activity update by giving out foil-wrapped chocolate hearts to celebrate Valentine's Day, saying the following day would be a big day at both schools.

Clark outlined an amazing number of school activities in progress at both schools. There are a number of literacy projects at both schools, and an iPad project. Bricks for Kids is a project using lego blocks to learn

about how to build structures. Strong Start, another project, involves youngsters in a variety of learning experiences which include field trips. They have been to the pumpkin patch and to Merritt. Bannock Days is a cultural program in which a guest speaker comes from Hedley to talk about First Nations culture, and older students learn how to make bannock.

At Vermilion Forks Elementary School, Curl BC is coming to teach students how to curl using curling rocks on ball bearings in the gym. "The Queen's Test" is a student drama production which will be per-

formed at John Allison Elementary. The junior band is going to Kelowna to see Peter and the Wolf, an important musical learning experience. Students will be involved in Pink Day on February 27, a day for reinforcing the principles of anti-bully-

ing, and they will be learning about the Rights of the Child as prescribed by the United Nations. Some of the students are learning yoga. The singing group, Flash Mob, enjoyed surprising shoppers at Cooper's Foods one day, beginning with one

singer in the produce section who drew the remaining singers to join in the song until all were singing.

All of these activities are in addition to the regular curriculum and are integrated into a broad range of studies.

Atamnenko awards Diamond Jubilee Medals

Alex Atamnenko, MP BC Southern Interior, is partnering with the Town of Oliver to award six Queen Elizabeth II Diamond Jubilee Medals. Atamnenko will be presenting the medals to constituents in the South Okanagan and Similkameen areas of his riding.

The Queen's Diamond Jubilee Medal was created to celebrate Her Majesty's accession to the throne 60 years ago. This medal recognizes individuals who have distinguished themselves in their community, their organization, and whose contribu-

tions have made Canada the country it is today.

Medal presentation ceremonies will be hosted by Oliver Mayor, Ron Hovanes, and area directors at the Royal Canadian Legion, 6417 Main Street in Oliver on Thursday, February 21st.

Receiving the medals are Brian Lobb, Solana Allison, Kim Schur, Beryl Wallace, Charles Finch and James Ouellette.

"It is a pleasure and an honour to award medals to these very worthy recipients. I would like to thank

Mayor Hovanes and his staff for coordinating the medal ceremony," said Atamnenko.

Atamnenko has already presented 13 West Kootenay residents with the Diamond Jubilee Medal and will award 10 more medals to distinguished individuals in the Kootenay-Boundary on February 19th.

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Princeton Museum

A Year of Change and A New Direction



Princeton Girl Guides made pioneer crafts, played games and spent 'A Night at the Museum' this past summer - a first for the facility and one of many new ways of sharing local history with area youth. *



Guest speakers have been a regular part of the outreach programming put in place this past year at Princeton Museum. Brenda Gould, right, spoke about First Nations history in the area. *

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When was the last time you visited Princeton Museum? Sure, it's an easy location to walk past, but have you even ventured inside to see what is housed in the building on Vermilion Avenue?

You may remember it used to be the Museum/Library Building, or the Library/Museum Building depending on your personal taste and at the time the Museum contained a number of displays depicting pioneer life, a complete wing of rocks and fossils and a lot of artifacts from Granite Creek and assorted other items.

What you couldn't see at the time was a complete basement, running underneath both the Museum and Library, jammed full of incredible historic artifacts from throughout the area. The archives were, and still are, a massive collection of just

about anything you can imagine. But the most interesting thing about the collection of 'stuff' in the archives is that each and every item has a history that connects it to the Upper Similkameen.

Operations Manager Robin Lowe made a presentation earlier this month to Princeton Town Council and although she went over the allotted 15-minutes provided, it is hard to believe what all has happened at the recently renovated Museum in the past year let alone the past couple of years. So much so, that you can't jam it all into a 15-minute presentation.

Following a move by Okanagan Regional Library to a new building on Vermilion Avenue, the task of renovating the interior of the vacated building and expanding Princeton Museum to double the

square footage turned the facility into a major asset in the community.

Lowe, who started her new job January 3, 2012, makes it clear that this is the first time in her life she has been in a position of managing a museum and her first month started with a strategic planning session to identify strengths and weaknesses of the new facility.

Points to come from that session included: facility and exhibit enhancements, program development (educational and community engagement), marketing and revenue generation, outreach (volunteer based), collections management (archives) and board administrative development.

Lowe says they've hit many of those goals.

..... continued on Page 7



Solving a crime with available clues made the first-ever 'CSI Camp' for kids a huge success at Princeton Museum. Expect more of these special events to be planned for the coming year. *



Summer students made a huge difference in delivering programs and sharing local history and information at Princeton Museum during the past summer. The experience was win-win for all involved.

Flip Of The Coyne

by Spencer Coyne

It might come as a surprise to most of you, but I cannot wait until the May election is over. I am sick and tired of it already and it hasn't offi-

cially begun. I am tired of the almost daily reports of scandals and the barrage of advertising both by the government and the lobbyist

group Concerned Citizens for BC. I can deal with the Liberal party ads and the NDP ads because they have an election coming.

One thing I have never liked about elections lately is the third party advertising, be it from the left or the right. This election is no different, with a Group called Concerned Citizens for BC or CC4BC. These guys make my skin crawl. I was first tipped off about them by a conservative acquaintance and blogger, Al Forseth, author of the blog Conservative Thoughts. Mr. Forseth got me interested in checking out who these guys really were, and it turns out I wasn't the only one curious about how concerned they really were.

If you visit CC4BC.ca it makes you feel all warm and fuzzy. You click on the About tab and you will see a picture of a group people cuddled up, looking like a tight knit group of friends, neighbours, and really just everyday people. The problem is, as it was pointed out in the Straight.com, the image itself is an Istock photo of actors that anyone can buy for a few bucks. Normally this wouldn't be a big deal when you are making a website, but if you are trying to claim to be everyday British Columbians, maybe your website should actually have a few images of people from

the place you claim to be from. In reality, Concerned Citizens for BC isn't really just a group of concerned citizens. It is a group of big business men who have a vested interest in whether this government stands or falls.

CC4BC is headed by a guy named Jim Shephard, a former Canfor executive, but more importantly, an advisor to Christy Clark. Google search the phone number provided on the website for donations. The number actually belongs to the Wazuku Advisory Group that is made up of Mike Watson, Brad Zubyk and Steve Kukucha, all of whom have strong connections to the BC Liberal Party. Maybe it is just a coincidence or maybe it is by design, but as Mr. Forseth points out, Concerned Citizens for BC CC4BC and Christy Clark for BC CC4BC are the same.

With the Liberal party self-destructing, MLAs being tossed aside, candidates having to drop out, and strong arm tactics from the Premier, you have to wonder if the party will even make it to the election before imploding. According to a recent report on CHBC's website, John continued on Page 21



Princeton Posse players Ben Reinbolt (#26), Lane Erickson (#9) and Cole Horn (#7) joined students from John Allison Elementary School for an afternoon skate at Princeton Arena February 14th. *

Town of PRINCETON Princeton Town Hall News

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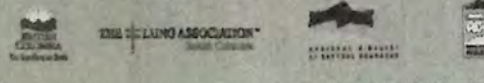
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2013 FAMILY DAY "FUN IN THE SNOW DAY" THANK YOU

It takes a lot of volunteers and sponsors to produce the first BC's Family Day "Fun in the Snow Day" at China Ridge. The Town of Princeton, Mayor, Council and Organizers salute and thank all those who have contributed so much.

Thank you to China Ridge Trails Society for their fantastic facilities and volunteers, Town of Princeton Crew, Cooper Foods, Princeton Bakery, PSS Cafeteria, Communities for Kids, SOGO Youth Participation, Thomasina's, Argo roads, Lynch Bus Lines & Anne Heuser, Princeton Young Life Club, Princeton Search & Rescue, Peach City Runners, Colleen and Kevin Kunderman, Alex, Tip Anderson and the rest of all our volunteers who gave their time to this fun day. A special thank you to Bob Coyne, Kelley Cook and Nadine McEwen for organizing this great day that saw 250 individuals have a wonderful day celebrating families in an active way!

If we've forgotten you, thank you.

PRINCETON WEBSITE

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MEETINGS WITH MAYOR ARMITAGE CANCELLED

Mayor Armitage will NOT be available from March 1st to March 15th, 2013 so that he can enjoy his first vacation in years!

Meetings with Mayor Armitage will resume on Tuesday, March 19th, 2013.





Editorial Page News Leader

Similkameen News Leader, 226A Bridge Street, PO Box 956, Princeton, BC V0X 1W0

My Turn

Where Are The Fans Hiding?

Princeton Posse will start their First Round series in the KIJHL Playoffs this weekend.

Do you care?

If you don't I don't understand it. Maybe you don't like hockey (a good reason to stay away) or you went to a game a few years ago and left after a half dozen fights (not a bad reason, but not a fair one).

The Princeton Posse has continued to get better and better over the past few seasons.

This year's squad has set numerous franchise and league records. The Posse have players in the top five of many KIJHL categories.

I have to admit that I am not a big fan of the game.

I never watched it on TV and don't follow the standings of any league other than the KIJHL. If I weren't the guy doing the play-by-play for the team webcasts I'd still go to cover the game for the News Leader. If I didn't have to do that I'd still go to games simply because they are our local team and I think we should be showing support of a team with the word 'Princeton' written across the front of their jerseys because they are representing more than the team when they hit the ice. They are representing you and me.

It frustrates me to no end how many residents don't support local teams.

The same goes for those who don't support local business.

Trust me on this one; it's not easy owning a business in Princeton.

What amazes me is that the majority of businesses in operation in Princeton are owner operated. That's got to be a unique situation in that when the local economy goes soft, it affects all of us.

The same goes for the Posse. If people don't go to games in their hometown it affects the bottom line to the point where it gets difficult for the Club to pay its bills.

If you go to a game it helps the Club and you might end up having fun on a Friday or Saturday night doing something some of your neighbours and friends are probably already doing anyway.

Will you go to a game during playoffs?

If you do, you picked the best time to go, as the hockey action in the KIJHL is a whole different style once the regular season ends.

If you don't go to a game at all this year you don't know what you're missing!



Handrails were installed on the zigzag February 14th, but it is still not open to the public. *

Your Turn

Letters And E-Mails Received This Week

To The Editor,

We are very excited to let all the supporters of the Granite Creek Town Site know that the wheels have been set in motion.

After meeting with Brad Hope and speaking with the RDOS representative in charge of heritage matters, we are optimistic that something might be done to properly acknowledge the site. We are extremely encouraged to hear the positive feedback from RDOS members.

This will be a very arduous process as there are many parties involved, however, we will move ahead one step at a time. Our first goal is to try to get the site recognized as an historic site. We are hoping that by working together

with Brad Hope and other RDOS members, we will eventually achieve this goal.

Thank you for your letters and e-

It's still snowshoeing season!

by Janis Wright, VFFN

Vermilion Forks Field Naturalists and friends delighted in another fun field trip on Saturday, February 10, in the Link Lake area.

Carol Terry and Rick Law hosted the congenial event, which included 12 of us snowshoeing and sledging for a couple of hours, then enjoying lunch and hot drinks around an outdoor fire afterwards.

We saw many signs of moose, snowshoe hares and a few chickadees. Our next field trip will be February 23, when Joan Kelly will

lead a 2-hour walk on the KVR bed along the Jura Loop. Confirm with Joan at 250-295-7743 and meet at Billy's Restaurant at 10:00 AM.

Our March 12 meeting will feature a presentation by Vic Sagorski on stormwater treatment. The meeting starts at 7:00 PM at Riverside Centre, and, as always, the public is welcome to attend. Please join us for an interesting, educational and sociable time!

Regards,

Diane and Bob Sterne, Coalmont

lead a 2-hour walk on the KVR bed along the Jura Loop. Confirm with Joan at 250-295-7743 and meet at Billy's Restaurant at 10:00 AM.

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EDITORIAL GUIDE

We would like you to write to us, but please remember to abide by anti-discrimination laws. The News Leader reserves the right to refuse to print any letter which is not signed by the writer or is slanderous, libelous or of uncommon sense! The Editor reserves the right to condense any letter or to substitute proper language for improper language.



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Similkameen
News Leader

Current Comment

HAARP: Is There A Secret War Going On?



Dawn Johnson
editor@thenewsleader.ca

There is a research site near Fairbanks, Alaska, called the High Frequency Active Auroral Research Program, code named HAARP. Officially it is a facility for the study of ionospheric physics and radio science. The ionosphere is a band of electromagnetic particles 40 to 60 miles above Earth.

HAARP is the test run for a super-powerful radio wave beaming technology that 'lifts' areas of the ionosphere by focusing a beam and heating the area. Then electromagnetic waves bounce back to Earth and penetrate everything. I know this sounds like science fiction, but so did submarines and space rockets 100 years ago.

There are now books about HAARP, such as *The HAARP Only Angels Should Play* by James Hall and *Angels Don't Play This HAARP* by Jeane Manning and Dr. Nick Begich. There is plenty on the net about HAARP, but you can read a lot by going to www.billofrights.net. What you will read is written for ordinary people like you and me.

The U.S. government promotes HAARP as a tool to improve communications, but it is run by the U.S. military, who conduct the research through use of equipment under patent to major military contractors.

Government documents show other potential uses for HAARP, such as wireless transmission of electrical power from the atmosphere, defending against attack by missiles by altering the ionosphere to resist the missiles, preventing spread of particles from a nuclear blast, modifying our weather, and molecular modification of the atmosphere (e.g. concentrating nitrogen or oxygen).

As a Star Wars weapon, HAARP could create nuclear-size explosions without radiation.

Manning and Begich claim they have found U.S. Air Force documents that state a system has been developed to manipulate and disturb human mental functions by using pulsed radio-frequency radiation over large geographic areas, a function of which HAARP is quite capable. As the document describing this activity is a military document, the intent would be military advantage, which is only required for war.

Two scientists who have advised U.S. Presidents are known for their writings about using power-beaming transmitters for geophysical and environmental warfare. Many people today believe such a war is going on right now, because this same technology is available to other countries.

There are a number of people who are convinced HAARP is the cause of major hurricanes and cyclones

through weather manipulation, and a great many people believe HAARP is responsible for an increase in earthquake activity. Those who believe HAARP causes earthquakes claim there is a change in the appearance of the sky just before an earthquake.

Whether these claims are true or not, we have to accept the fact that HAARP has been in operation for several decades and has the capability to do some of the things for which people are blaming the research program. The fact that HAARP is experimenting with Earth's electromagnetic blanket is cause for watchdogs simply because nobody knows what can occur. Those who have written books about it deserve to be heard world-wide, because all of us share in the fate of this planet.

I am concerned about the effects of these experiments. Scientists can go to extremes with their research. I belong to a generation in which the first nuclear experiments were done, and the first nuclear bombs were dropped. Scientists kept right on 'experimenting' with nuclear weapons until they blew up an entire island in the South Pacific and caused death in Micronesia from radioactive fallout.

What finally stopped the experiments were people like you and me who raised their voices in protest until the experiments stopped. People stricken with certain cancers across the globe are still paying the price for those experiments. We do not know where the experiments of HAARP may lead and what price we many have to pay.

Legion ladies plan for weekend

Members of Princeton Legion Ladies Auxiliary met February 12 at the Legion Hall to make the final plans for this weekend, February 23 and 24. Auxiliary members will be catering two events, the Saturday evening spaghetti dinner and the Legion Zone meeting lunch on Sunday. The spaghetti dinner is a fund raiser for the Auxiliary bursary fund. Members anticipated dinner for 70, but there are still some tickets. Tickets remain on sale until Wednesday afternoon.

Work parties were arranged to do the shopping for the weekend,

make the meatballs, sauce, and salad, prepare the very special door prize, the music and clean the hall after the dinner. On Sunday morning, another crew will make soup and sandwiches for the Zone lunch. This is quite a busy weekend.

There was a good turnout to the monthly Auxiliary meeting. The ladies were pleased to hear another new member, Crystal Alstad, is transferring in, and will add to new member Ruth Ferguson, who was installed at the January meeting.

Members are proposing the pur-

chase of a new cooler for the kitchen. One of adequate size is very expensive, and they hope to split the cost with the Legion.

Jean Lindsay was presented with her 40 year pin, and Gail Madill received her five year pin.

The next meeting will be on the regular date, March 12, but there was a change for May due to the provincial election using the Legion Hall on May 14. The new date for that month is May 7.

The customary tea and goodies were served following the meeting, and members continued their discussion of plans for the upcoming weekend.

News Leader

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Lower Valley News

Keremeos - Cawston - Olalla



The Keremeos Volunteer Fire Department provides training to new recruits. February 10th was a beautiful day to allow recruits to get close and personal with a fire truck and its equipment. Photo: Arlene Arlow

Throne speech benefits Boundary-Similkameen

With the opening of the Legislature's spring session February 12th, Boundary-Similkameen BC Liberal candidate Linda Larson commented on the BC Liberal Government's priorities, as outlined in the Speech from the Throne.

"The Speech from the Throne set many significant priorities which directly impact our rural communities. This agenda is shining example of Premier Christy Clark's ability to

continue to lead our Province into a bright future," stated Larson.

The Throne Speech outlined several of the government's key priorities including the establishment of the BC Prosperity Fund with a focus on paying down the Provincial debt, expanding trade with Asia, expanding opportunities for forestry and agriculture exports, and new measures to support families such as improving access to childcare, helping families save for post-secondary

education, and improvements for healthcare patients in rural areas.

"These priorities demonstrate Premier Clark's focus on seizing opportunities and securing the economic and social future for people in rural BC, and across our Province. I believe our Premier has the right vision, and is acting at the right time to move us all forward - this is one of the many reasons that I am proud to stand as a BC Liberal candidate for MLA," concluded Larson.



Staff from the Open Door Group in Osoyoos and Oliver took time to inform the public at the BC Jobs Plan Fair held February 14th at the Watermark Beach Resort in Osoyoos. The Open Door Group is under contract to provide employment services in the Oliver, Osoyoos and Cawston catchment area. Service within the community of Cawston is limited to a job board. Job seekers can access counselling at both the Osoyoos and Oliver offices. - photo submitted

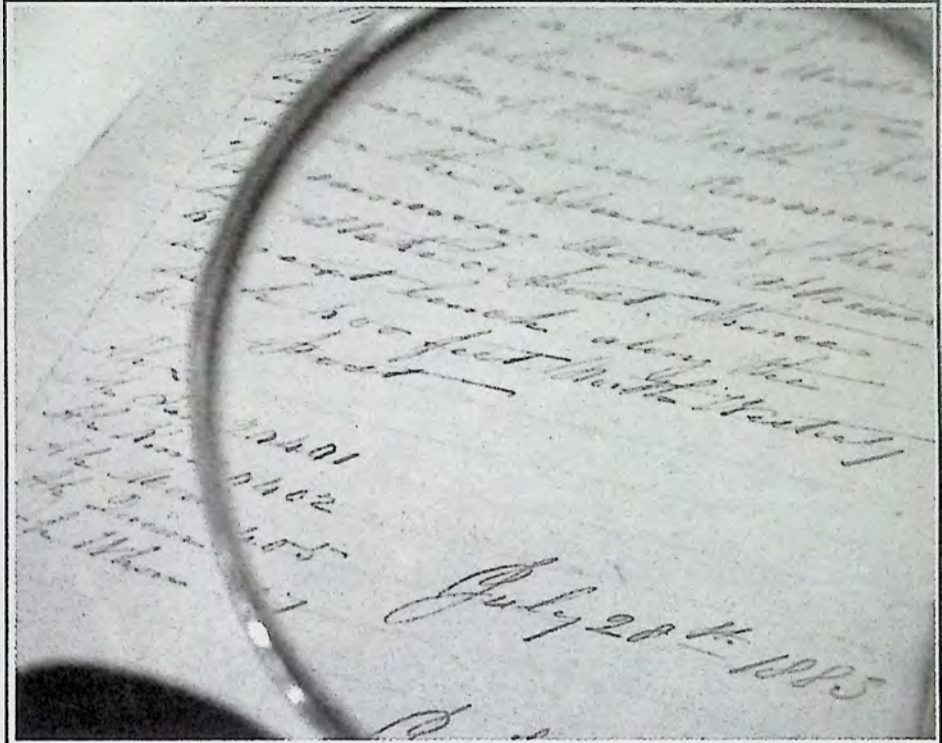
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Princeton Museum

A Year of Change and A New Direction



An ongoing project at Princeton Museum is sorting through the archives. Volunteer Terry Malanchuk has assisted a great deal with such things as the Joe Pollard Collection, housed in this room. *



Amazing historic documents are finding their way back to Princeton Museum including the original set of mining records dating back to 1883 and handwritten by John Fall Allison. *

..... continued from Page 2

"We've established a facility rental agreement and pamphlet, there's ongoing development of an operations manual and Board Governance manuals, the archives are being reorganized and our papers collection has been assessed with funding requests for restoration and digitization under development."

She adds that as for programming there have been summer camps for kids and school field trips to the museum as well as new volunteers with special skills becoming involved and there were four temporary exhibits put together to match local community events.

As for successes, two out of three summer camps were sold out, new accessions were received (Granite Creek mining records in particular),

donations have increased (both monetary and historical), community groups have visited the facility, an Education Committee has been struck and there have been rentals of the museum for private functions.

As for the year ahead Lowe has a clear direction she wants to lead the Museum.

"We need to increase our volunteer base, and we'd like to expand our summer camps to a week in length. We are looking at expanding our off-season hours, improving the outbuildings, implementing a display rotation and traveling exhibits."

Lowe adds, "We need a book-keeper to help with the financial end of things and to do some fundraising."

There are currently applications

out for funding from four different sources (Community Foundation \$5,000, Creative Spaces \$50,000, Summer Students x 4 value of \$15,000, Town Grant-in-Aid \$34,000) but long-term revenue generation is necessary in order to keep the Museum operating and affording it the funds required to effectively implement all the plans for the future.

Add rentals and various user fees for such things as photos and you get the picture.

The first step to helping Princeton Museum is to actually step inside the building to see what others experience with a visit to the facility.

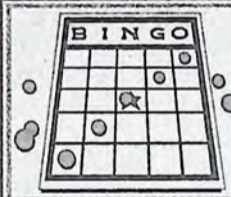
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Bonanza - Odd/Even - Lucky 7

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Princeton Museum Operations Manager Robin Lowe carefully examines a volume of the historic mining records received by the facility in last September. They document gold rush history in the area. *



Schools have been provided with access to Princeton Museum, including the Princeton Secondary School Earth Science class last December. Brenda Gould, right, was on hand to assist students. *

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Princeton Posse's Cole Horn (#7) assists a young skater February 14th in Princeton Arena. Students from John Allison Elementary School skated with Posse players in the morning and afternoon. *

Saddles 'n' Spurs

by Pastor George Donovan

As an aspiring cowboy there were more things I wanted to complete my picture of a cowboy; a saddle, cowboy hat and cowboy boots. As I mentioned I had a paper route and several other jobs I did to buy these things. The cowboy hat came first.

My birthday was coming up and I persuaded my parents to buy one for me. Cowboy hats were not a hot item in Vancouver. Dad looked many places trying to find one and finally found one at Sears. It came in a big box and I was thrilled when I opened it. There it was - a real cowboy hat! It was a good guys hat, pure white. It also had a wire brim, which I found out later is found only in the cheaper hats but it was mine and it was wonderful!

It occurred to me that being so perfect, white and new, I might look like a dude so I took it off and kicked it around the bushes and dirt until it looked like I had worn it for a long time. My wife today still tells me I have an image problem!

Next I found a pair of cowboy boots in the second hand store. They were too small but with great effort I could get them on. They really hurt my feet when I was still so I had to keep moving or take them off. But what's a lit-

tle pain anyway so long as I looked like a real cowboy.

The saddle would come later when I finally would get a full size horse. I

would have to be riding bareback before I could save up enough money to buy a saddle.

..... continued next week

Living Past 100

Heart Month: Keep Your Heart Healthy

The greatest danger to your heart is what is known as visceral fat. This is the fat that builds up internally around your vital organs, and in your vital organs. When there is too much of this fat, it begins to show on the outside, particularly in the waistline. It is generally known as belly fat.

The most recent research into the cause of obesity and belly fat tends to contradict everything we have been told about eating grain. Our bodies tend to turn grain products into fat through a complex system of handling sugars. All carbohydrates become sugar in our bodies. When we have too much sugar, the digestive system converts the sugar to fat, particularly as the kind of fat that sticks to our arteries. It is called cholesterol.

When you eat a sandwich, you rarely think, "I'm increasing my blood cholesterol" but you could be doing exactly what you do not want to do. You are eating sugar that will eventually become cholesterol.

Those who count calories may be in a better position to understand how carbohydrates add fat to your body, because they know the calorie count for everything they eat, and higher calorie counts come from carbohydrates.

Carbohydrates are found in all grain products. In terms of converting to sugar, one slice of white bread has the same impact on your digestive system as eating a candy bar. Carbohydrates are found in most fruits, some vegetables, notably potatoes, and in all grains and grain products. When you eat pasta, bread, potato chips, doughnuts, breakfast cereal and beans, you are eating carbohydrates that will turn to sugar when digested, and when you eat too much of these things, you will increase your blood cholesterol. Those who drink beer, liquor and soft drinks are doing the same thing as those who eat too many carbohydrates, only the process of creating fat goes faster.

Keeping your heart healthy means cutting down on the carbohydrates and increasing intake of vegetables, particularly leafy, green vegetables such as spinach, chard, lettuce, cabbage, kale, beet greens and broccoli. Other great vegetables are carrots, onions, turnips, beets, peppers, tomatoes, cucumbers and squash.

Among the healthy fresh fruits you can enjoy, remember the apple. It has carbohydrates, but it also has pectin, a substance that prevents cholesterol build-up. Pears are another good fruit for preventing cholesterol build-up. Most plums have this quality, too.

Feed your heart right, and it will keep you going a long time.

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News Leader Entertainment

Similkameen News Leader TV Guide Listings - February 18 - 24, 2013



Princeton Posse's Devan Suidy (#15) earned his first KIJHL hat trick February 15 against Osoyoos. *

Posse send Coyotes a message

It's been an incredible season for the Princeton Posse.

Players have been in the top five of the KIJHL in most categories and the win February 12 in Penticton set a franchise record for wins with 32.

Although mathematically out of the race for first place in their Division the Posse will take on Osoyoos in the First Round of play-offs.

Princeton fans got a taste of what that series could look like when the Posse hosted the Coyotes February 15th in their final regular season home game.

With a rivalry as strong as the one between these two teams it was only natural to see one side send a clear message to the other and that was exactly what happened.

Princeton took control of the score-

board with a goal at 16:20 of the first period. Eric Kubis took a pass from Adrian Coulter, crossed the front of the Osoyoos goal and popped a backhand into the stick side of the net. Kurtis Klinger also collected an assist on the play.

Princeton added another goal at 12:24 (Eric Kubis from Kurtis Klinger and Ben Reinbolt).

..... continued on Page 18



Princeton Posse's Lane Erickson skates with John Allison School students February 14th. *

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**Princeton
Posse
ROUND 1
Play-Off Schedule**

- Game 1 - Friday, February 22 in Osoyoos
- Game 2 - 8 PM Saturday, February 23 in Princeton
- Game 3 - 8 PM Monday, February 25 on Princeton
- Game 4 - Tuesday, February 26 in Osoyoos
- *Game 5 - 7 PM Thursday, February 28 in Princeton
- *Game 6 - Friday, March 1 in Osoyoos
- *Game 7 - 7 PM Saturday, March 2 in Princeton

Tuesday Movies

MORNING

9:00 am SPIKE ch.44 "The Transporter 2" (2005, Action) Jason Statham. A former Special Forces operative springs into action to save the kidnapped son of an anti-drug czar. (In Stereo)
 11:00 am SPIKE ch.44 "GoodFellas" (1990, Crime Drama) Robert De Niro. In the 1950s an Irish-Italian hoodlum joins the New York Mafia, but his mob career is not what he expected. (In Stereo)

row may be innocent and have a supernatural ability to heal others. (In Stereo)

EVENING

9:30 pm WTBS ch.3 "Seven Pounds" (2008, Drama) Will Smith. A man with a fateful secret sets out to redeem himself by changing the lives of seven strangers, including a woman with whom he falls in love.

AFTERNOON

2:30 pm SPIKE ch.44 "The Green Mile" (1999, Drama) Tom Hanks. In 1935 a head prison guard realizes a man on death

News Leader Horoscopes

February 20 - 27, 2013

ARIES - You are still keeping your worries to yourself, and yet you keep going back in your mind to the problems troubling you. If you can't seem to solve the problems, try writing them and referring back from time to time. What you need is clarity. There may be somebody working against you behind your back.

TAURUS - Groups you associate with may be more trouble than they are worth now. Try pulling away for awhile. Focus on career. People in authority feel positive toward you now. If you are single, and have met a compatible person, check how steady and reliable that person is. Watch out for too much control.

GEMINI - You are going to have to focus on your job and your health. You have to put in real effort. As you tend to gain weight now, be sure to curb your appetite for sweets. Pay attention to people in authority now and through April. Groups you associate with are unpredictable and may shock or surprise you.

CANCER - Older folk or people in authority may surprise you, but keep yourself steady. Drive carefully. Focus on learning what you need to know, and keep your financial house in order. There are subtle changes going on in your partner and friends. Pay attention. Children may be independent now.

LEO - Your focus right now must be on all matter related to your financial situation - insurance, debts, investments, your estate. Or, you may have to deal with these matters on behalf of another person due to a recent death. Friends will be a source of comfort at this time. Single Leos may be the object of romance!

VIRGO - You may have a lot of interaction with the opposite sex now, and somebody may be lusting after you. You do have peace of mind this month, so you will take it in stride and enjoy the attention. Career may be demanding but not hectic. You will be more secretive about your thoughts, but serious, too.

LIBRA - Your partner and friends are full of surprises these days. Your focus must be on your work and your health. Make sure you are getting enough exercise. Go for walks, dance, bike or ski, but keep your legs moving. Guard against burns, scrapes and cuts. You are leaving a creative, romantic phase.

SCORPIO - You can benefit now from gifts from others, or from investments and tax benefits. You are in a serious mode these days, finding enjoyment at home and in the family. You are moving into a creative phase starting next week. Hobbies, sports, creative activities and games will provide pleasure. Enjoy!

SAGITTARIUS - Most of your focus will be on your home and family until mid-March. If you have repairs, renovations or improvements to do at home, this is a good time to do it. Make sure plans are realistic. Worries ease off this week. Your partner and friends are good to you and generous. Don't slack off!

CAPRICORN - Be sure you tell the absolute truth this year. The temptation to daydream, exaggerate and otherwise distort reality is very strong this year, and you need to focus on reality. If not, you will get into trouble. One exception: if you write science fiction, this is a good year for you. Home life is hectic.

AQUARIUS - Avoid spending money you don't have, even in your mind. You must be very cautious with your money. Save it for something special. Your greatest need now is to enjoy creative activities, and spend time with younger people. Children and pets can bring you a lot of pleasure. Be creative.

PISCES - Your energy level will remain high until mid-March, so make the most of it and finish any projects, or start projects you have been wanting to do. This is a good time to refresh your wardrobe and get ready for spring and summer. Going on short trips, running errands, and talking to neighbours is fun.

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W. George Elliott

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TUESDAY, FEBRUARY 19, 2013

	WTBS ch.3	CHBC ch.4	KNOW ch.5	KSPS ch.6	KHQ ch.7	KREM ch.8	A&E ch.9	KXLY ch.10	BCTV ch.11	CITY ch.12	CBC ch.13	YTV ch.18	TSN ch.19	VTV ch.22	DISC ch.24	FAM ch.26	CITY ch.29	SPIKE ch.44	TROP ch.45
6 AM	In the Heat of the Night	Morning News (N)	Timothy HI-5	Thomas Clifford	KHQ News GAM (N)	KREM 2 Morning News	Criminal Minds	News	Morning News (N)	(5:00) Morning News (N)	CBC News Now (N)	Kid vs. Kat Super Evil	SportsCentre	CTV Morning Live (N)	Strip the City	Dinosaurs Hannah	CityLine (N)	CSI: Crime Scene	Canadian Pickers
7 AM	Justice	Justice	Arthur	Arthur	Today Joan and Melissa Rivers; managing money. (N)	CBS This Morning (N)	Criminal Minds	Good Morning America (N)			Tiger	Sidkick	SportsCentre		Mighty Ships	Shake It ANT Farm	Let's Make a Deal (N)	Ways Die	Earth: Final Conflict
8 AM	Judge Alex	Judge Alex	Tree Fu Dinosaur	Curious Cat in the			CSI: Miami				Bo On/Go	Pokémon	SportsCentre		Greatest Know-It-All	Jessie Wizards	The Price Is Right (N)	Ways Die	Canadian Pickers
9 AM	Millionaire	Morning	Pinky Peep, Big	Super Why! Dinosaur		The 700 Club	CSI: Miami	Livel Kelly and Michael	Morning Huntley	The Doctors	Super Why! Cat in the	Rescue Cat in the	PBA Bowling: Pro Tour, Round 3. (Taped)	Livel Kelly and Michael	Mighty Ships "Faust"	Mickey Manny	Access Hollywood Live	Movie: *** "The Transporter 2" (2005)	Canadian Pickers
10 AM	Law Order: CI	The Doctors	Doggy Franklin	Sesame Street		The Price Is Right (N)	Criminal Minds	The View	The Doctors	Eat, Shrink Debt/Part	Poko	Squirrel Puppies		The View	How/Made	Never Land Sofia	The Chew		Gold Girls
11 AM	Law Order: CI	Eat, Shrink Debt/Part	Rolie Polie Dive, Olly	Tiger Sit & Be Fit	Judge B.	Young & Restless	Criminal Minds	Paid Prog. Anti-Aging	Eat, Shrink Debt/Part	Noon News Hour	Steven and Chris	G. Shrinks Rescue	Curling: 2013 Scotlles	Marilyn Denis	Canada's Worst Driver	Suite Life Suite/Deck	General Hospital (N)	Movie: **** "GoodFellas" (1990, Crime Drama)	Friends
12 PM	Excused	Noon News Hour (N)	Dino Dan Rob Robot	Charlie Rosa	Train101 Beauty	News Bold	The First 48	The Chew	Noon News Hour (N)	Days of our Lives (N)	CBC News Now (N)	Super Evil Kid vs. Kat	Tournament of Hearts: Draw 8. (N) (Live)	CTV News (N)	Auction	Hannah	CityLine	Robert De Niro, Ray Liotta.	Drew
1 PM	There Yet?	Days of our Lives (N)	Save Ums Wibbly Pig	Paint Quilting	Days of our Lives (N)	The Talk	The First 48	General Hospital (N)	Days of our Lives (N)	The Talk	Heartland "Showdown"	Squirrel Sidkick		The Dr. Oz Show	Greatest Know-It-All	Sonny Random	Katie		3rd Rock
2 PM	King	The Talk	Big Bear Dinosaur	Barney WordWorld	Katie	Let's Make a Deal (N)	The First 48	The Jeff Probst Show	The Talk	The Rick Lake Show	Steven and Chris	Almost Super Evil	Off Record Interruption	Dr. Phil	Driving Wars	So Raven Suite/Deck	CityNews at 5 (N)	Movie: *** 1/2 "The Green Mile" (1999, Drama) Tom Hanks, David Morse, Michael Clarke Duncan.	Gold Girls
3 PM	The Office	The Rick Lake Show	Rob Robot Clifford	Sid WordGirl	Ellen DeGeneres Show	Dr. Phil	Storage	Rachael Ray	The Rick Lake Show	Young & Restless	Recipes Stefano	Squirrel Sidkick	SportsCentre (N)	Ellen DeGeneres Show	How/Made	Wizards ANT Farm	CityNews at 6 (N)	*** 1/2 "The Green Mile" (1999, Drama) Tom Hanks, David Morse, Michael Clarke Duncan.	Canadian Pickers
4 PM	Big Bang	Young & Restless	G. Shrinks Arthur	Wild Kratts Electric	Jdg Judy	The Dr. Oz Show	Storage	The Doctors	Young & Restless	Early News Global Nat.	Dragons' Den	Parents	Curling: 2013 Scotlles	Anderson Live (N)	Daily Planet (N)	Phineas Austin	How I Met 30 Rock		Canadian Pickers
5 PM	Browns	News (N)	Martha Wild Kratts	News Business	News NBC News	News CBS News	Storage	News ABC News	Early News Global Nat.	(4:59) News Hour	News	Parents	Tournament of Hearts: Draw 9. (N) (Live)	CTV News at Five (N)	Gold Rush - The Dirt	Jessie Good Luck	Raising New Girl		Friends
6 PM	Browns	Global Nat.	Animals Dogs	PBS News-Hour (N)	News Millionaire	KREM 2 News at 6 (N)	Storage	News	(5:59) News Hour (N)	ET Canada	News Exchange	Victorious		CTV News (N)	Gold Rush (N)	ANT Farm Shake It	New Girl Mindy		Drew
7 PM	Seinfeld	Ent	Be the Creature	Billy the Kid: American	Jeopardy!	Inside Ed.	Storage	Ent	Ent	Vegas "Two of a Kind"	George S Coronation	Mr. Young Boys	NHL Hockey: Los Angeles Kings at Edmonton Oilers.	Big Bang etalk (N)	Bering Sea Gold (N)	Good Luck Wingin' It	Body of Proof	The Joe Schmo Show	Roseanne
8 PM	Family Guy	NCIS "Hereafter" (N)	Money, Power	After Newton: Guns	Betty	NCIS "Hereafter" (N)	Storage	The Taste (N)	NCIS "Hereafter" (N)	NCIS "Hereafter" (N)	Mercer 22 Minutes	Wipeout		The Taste (N)	Licence to Drill (N)	Jessie Really Me	CityNews-Tonight (N)	Ways Die	Debt/Part ET Canada
9 PM	Amer. Dad	NCIS: Los Angeles (N)	Liberia '77 (N)	Frontline (N)	Go On (N)	NCIS: Los Angeles (N)	Storage	The Bachelor (N)	NCIS: Los Angeles (N)	NCIS: Los Angeles (N)	Cracked (N) (DVS)	Gags		Cleveland	Gold Rush	Wingin' It	Jimmy Kimmel Live (N)	Ways Die	Friends
10 PM	"Seven Pounds" (2008, Drama) Will Smith.	Vegas "Two of a Kind"	(10:05) The First Movie	Moyers & Company	Smash (N)	Vegas "Two of a Kind"	Storage	Body of Proof	Vegas "Two of a Kind"	News Hour Final (N)	National	Boys Mr. Young	SportsCentre (N)	Criminal Minds (N)	Bering Sea Gold	Lizzie So Raven	Maury (N)	Ways Die	Drew
11 PM		CHBC News Final (N)	Be the Creature	Charlie Rose (N)	News Jay Leno	News Letterman	Storage	News	News Hour Final (N)	ET Canada	CBC News	Weird	SportsCentre	CTV News	Licence to Drill	Cory Princess	Paid Prog.	Ways Die	3rd Rock

News Leader Recipe 549

Minestrone On The Fly

(NC)—Pasta sauces aren't just for topping noodles - Healthy Choice Italian Style Vegetables pasta sauce is the basis of this great tasting and hearty soup. The sauce adds delicious chunks of vegetables without increasing preparation time. Simply adding vegetable broth, noodles and navy beans makes a hearty, warming meal. It's also the perfect thermos lunch.

Healthy cooking tip: Adding chopped arugula or greens to your meals aids in digestion and the peppery flavour spices the dish up naturally.

Prep time: 5 minutes / Cook time: 8 minutes / Serves: 4

Serving size: 1 cup (250 mL) / Calories per serving: 95

Ingredients:

- 1 1/2 cups (375 mL) Healthy Choice Italian Style Vegetables pasta sauce
- 1 1/2 cups (375 mL) no sodium vegetable broth
- 1/4 cup (50 mL) whole grain rotini noodles
- 1/4 cup (50 mL) low sodium cooked navy beans or kidney beans, rinsed
- 1 cup (250 mL) finely chopped parsley, baby arugula or spinach, to garnish

Directions:

- In medium saucepan combine Italian style vegetable pasta sauce, broth, noodles and beans;
- Bring to boil then reduce to simmer for 8-10 minutes or until noodles are soft - stir occasionally.
- Ladle soup into bowls and garnish with 1/4 cup (50 mL) chopped arugula.

Visit Facebook.com/HealthyChoiceCanada for more recipes and cooking tips.

www.newscanada.com

Wednesday Movies

EVENING

11:30 pm WTBS ch.3 "Never Back Down" (2008, Action) Djimon Hounsou. A rebellious teenager learns to fight from a veteran of mixed martial arts after joining an underground fight club.

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WEDNESDAY, FEBRUARY 20, 2013

	WTBS ch.3	CHBC ch.4	KNOW ch.5	KSPS ch.6	KHQ ch.7	KREM ch.8	A&E ch.9	KXLY ch.10	BCTV ch.11	CITV ch.12	CBC ch.13	YTV ch.18	TSN ch.19	VTV ch.22	DISC ch.24	FAM ch.26	CITY ch.29	SPIKE ch.44	TROP ch.45
6 AM	In the Heat of the Night	Morning News (N) 5:30	Timothy HI-5 5:30	Builder Clifford	KHQ News 6AM (N)	KREM 2 Morning News	Criminal Minds 6:00	News	Morning News (N) 6:00	(5:00) Morning News (N)	CBC News Now (N) 6:00	Kid vs. Kat Super Evil	SportsCentre 6:00	CTV Morning Live (N) 6:00	Dirty Jobs: Down Under	Dinosaurs Hannah	CityLine (N) 6:00	Auction	Weird or What?
7 AM	Justice	Justice	Arthur 6:00	Arthur	Today Martha Stewart; celebrity homes. (N) 6:00	CBS This Morning (N) 6:00	Criminal Minds 6:00	Good Morning America (N) 6:00			Tiger	Sidekick	SportsCentre 6:00		Mayday 6:00	Shake It	Let's Make a Deal (N)	Auction	Earth: Final Conflict 6:00
8 AM	Judge Alex	Judge Alex	Tree Fu	Curious			CSI: Miami 6:00		Morning Huntley		Bo On/Go	Pokémon	SportsCentre 6:00		Licence to Drill	Jessie 6:00	The Price Is Right (N)	Auction	Weird or What?
9 AM	Millionaire	Morning Millionaire	Pinky	Super Why!		The 700 Club 6:00	CSI: Miami 6:00	Livel Kelly and Michael	Morning Huntley	The Doctors 6:00	Super Why!	Rescue Cat in the	SportsCentre 6:00	Livel Kelly and Michael	Africa "Savannah" 6:00	Mickey Manny	Access Hollywood Live	Auction	Weird or What?
10 AM	Law Order: CI	The Doctors 6:00	Doggy Franklin	Sesame Street 6:00		The Price Is Right (N)	Criminal Minds 6:00	The View 6:00	The Doctors 6:00	Eat, Shrink Debt/Part	Poko 6:00	Squirrel	STIHL	The View 6:00	How/Made	Never Land	The Chew 6:00	Auction	Gold Girls
11 AM	Law Order: CI	Eat, Shrink Debt/Part	Rolie Polie	Tiger	Judge B.	Young & Restless	Criminal Minds 6:00	Anti-Aging Pald Prog.	Eat, Shrink Debt/Part	Noon News Hour	Steven and Chris 6:00	G. Shrinks	Curling: 2013 Scotties	Marilyn Denis	To Be Announced	Suite Life	General Hospital (N) 6:00	Auction	Friends 6:00
12 PM	Excused	Noon News Hour (N)	Dino Dan	Charlie Rose 6:00	Pald Prog.	News	The First 48 6:00	The Chew 6:00	Noon News Hour (N)	Days of our Lives (N)	CBC News Now (N) 6:00	Super Evil	Tournament of Hearts: Draw 10. (N) (Live) 6:00	CTV News (N) 6:00	Gold Rush 6:00	Wizards	CityLine 6:00	Auction	'70s Show
1 PM	There Yet?	Days of our Lives (N)	Save Ums	Oil Painting	Days of our Lives (N)	The Talk 6:00	The First 48 6:00	General Hospital (N) 6:00	Days of our Lives (N)	The Talk 6:00	Heartland 6:00 (DVS)	Squirrel		The Dr. Oz Show 6:00	Bering Sea Gold 6:00	Sonny	Katie 6:00	Auction	3rd Rock
2 PM	King	The Talk 6:00	Big Bear	Barney	Katie 6:00	Let's Make a Deal (N)	The First 48 6:00	The Jeff Probst Show	The Talk 6:00	The Ricki Lake Show	Steven and Chris 6:00	Almost	Off Record	Dr. Phil 6:00	Licence to Drill	So Raven	CityNews at 5 (N) 6:00	Auction	Gold Girls
3 PM	The Office	The Ricki Lake Show	Rob Robot	Sid	Ellen DeGeneres Show	Dr. Phil 6:00	Storage	Rachael Ray 6:00	The Ricki Lake Show	Young & Restless	Recipes Stefano	Squirrel	SportsCentre (N) 6:00	Ellen DeGeneres Show	How/Made	Wizards	CityNews at 6 (N) 6:00	Auction	Weird or What?
4 PM	Big Bang	Young & Restless	G. Shrinks	Wild Kratts	Jdg Judy	The Dr. Oz Show 6:00	Storage	The Doctors 6:00	Young & Restless	Early News Global Nat.	Dragons' Den 6:00	SpongeBob	Curling: 2013 Scotties	Anderson Live (N) 6:00	Anderson Live (N) 6:00	Phineas	How I Met	Auction	Weird or What?
5 PM	College Basketball: Mississippi	News (N) 6:00	Martha	News	News	News	Duck D.	News	Early News Global Nat.	(4:59) News Hour	News	SpongeBob	Tournament of Hearts: Draw 11. (N) (Live) 6:00	CTV News at Five (N)	To Be Announced	Jessie 6:00	The Middle	Auction	Friends 6:00
6 PM	State at Alabama	Global Nat.	Animals	PBS News-Hour (N) 6:00	News	KREM 2 News at 6 (N)	Duck D.	News	(5:59) News Hour (N)	ET Canada	News	iCarly 6:00		CTV News (N) 6:00		ANT Farm	Mod Fam	Auction	'70s Show
7 PM	Seinfeld 6:00	Ent	Frontiers of	Nature 6:00 (DVS)	Jeopardy!	Inside Ed.	Duck D.	Ent	Ent	Chicago Fire "Viral" (N)	George S	Mr. Young	NHL Hockey: Los Angeles	Arrow "Dodger" (N) 6:00	Myth-Busters 6:00	Good Luck	Rules	Diggers	Roseanne
8 PM	Family Guy	Survivor: Caramoan	The Story of India 6:00	NOVA (N) 6:00 (DVS)	Whitney (N) Guys-Kids	Survivor: Caramoan	Duck D.	The Middle	Survivor: Caramoan	Survivor: Caramoan	Mr. D 6:00	Wipeout 6:00	Kings at Calgary Flames. 6:00	American Idol Ten female singers perform. (N) 6:00	Bering Sea Gold 6:00	Austin	CityNews-Tonight (N)	Diggers	Debt/Part
9 PM	Amer. Dad	Go On 6:00	Gareth Malone Goes to	The Path to Violence	Law & Order: SVU	Criminal Minds (N) 6:00	Duck D.	Mod Fam	Go On 6:00	Go On 6:00	Arctic Air 6:00 (DVS)	Gags	Sports	To Be Announced	Wingin' It	Jimmy Kimmel Live (N)	Auction	Friends 6:00	
10 PM	Payne	Chicago Fire "Viral" (N)	Handel's Water Music	Make Me 6:00	Chicago Fire "Viral" (N)	CSI: Crime Scene	Duck D.	20/20 (N)	Chicago Fire "Viral" (N)	News Hour Final (N)	National	Boys	SportsCentre (N) 6:00	CSI: Crime Scene	Lizzie	Maury (N)	Diggers	'70s Show	
11 PM	Payne	CHBC News Final (N)	Frontiers of	Charlie Rose (N) 6:00	News	News	Duck D.	News	News Hour Final (N)	ET Canada	CBC News	Weird	SportsCentre 6:00	CTV News	Myth-Busters 6:00	Cory	Pald Prog.	Entourage	3rd Rock

A Year of Bromley Rock!

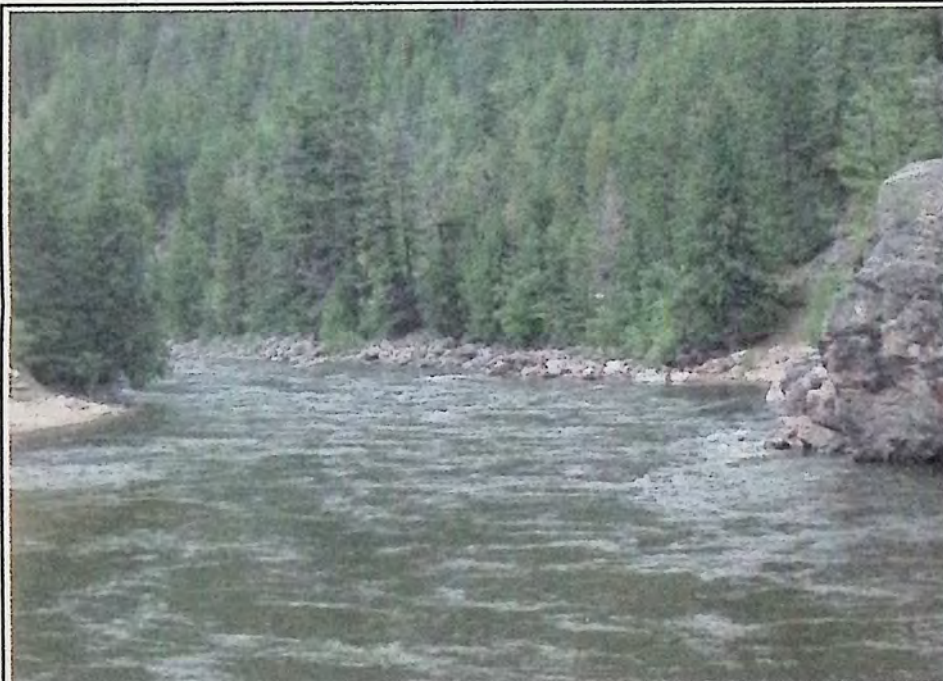
Spring is on the way, and the Similkameen News Leader is offering snippets of 365 days at Bromley Rock. The following pictures were taken at various times of the year since 2011. They show the changing face of the Similkameen River and its banks. Some pictures hearken of things to come. Enjoy!



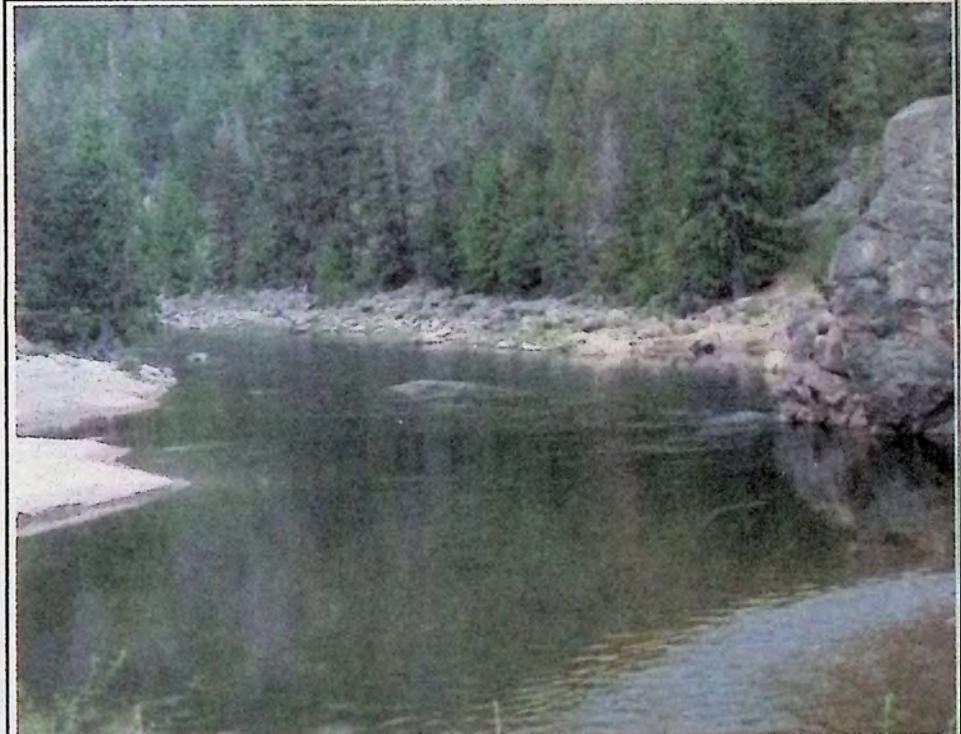
Bromley in February: One would think that February would show a frozen Similkameen River, but January is about the only month where the Similkameen River is substantially frozen over. By February, warming temperatures once again show the rich green color of the river. Spring run-off hasn't yet begun, and thus, sandbars are exposed. Photo: Arlene Arlow



Bromley in March: By March, the snow has pretty much melted along the river. The mad rush of melting snows at higher elevations has not yet begun, and the river is quite placid still. Photo: Arlene Arlow



Bromley in June: By early June, snow in higher elevations is filling up the Similkameen River. Daytime outside temperatures can reach 30 degrees. The current is extremely strong, and - in places - the waters run deep. Jumping off the rock is a tad treacherous: the current is unpredictable. Bromley Rock has seen its share of swimming and diving accidents, some of which were life-altering. Photo: Arlene Arlow



Bromley in August: The river is lower in August than June. Days are still hot and long, and nights can be hot, too. But, there's a chill in the air. Photo: Arlene Arlow



Bromley in September: The angle of sunlight creates longer shadows, enhancing the green colour of the river. The Similkameen River is perhaps at its quietest in early Fall. No jumping off of Bromley Rock: there is hardly any water! Photo: Arlene Arlow



Bromley in November: The first substantial snowfall occurred just days before this photo was taken. The Similkameen River is forming ice already! The contrast of dark water, evergreens, white snow and exposed rock makes for a beautiful scene! Photo: Arlene Arlow



PRINCETON POSSE 2012/13 KIJHL PLAYER PROFILE



Photo: Bob Marsh Photography

BEN REINBOLT

#26 Left Wing

Birthday - December 30
Height 6' 2" / Weight 225

Home Town - Terrace, BC
Last Team - Windler Flyers
Shoots - Left

Favorite Food - Pizza
Favorite Music - Country

POSSE PLAYER PROFILE BROUGHT TO YOU BY:

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News Leader

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PRINCETON POSSE 2012/13 KIJHL PLAYER PROFILE

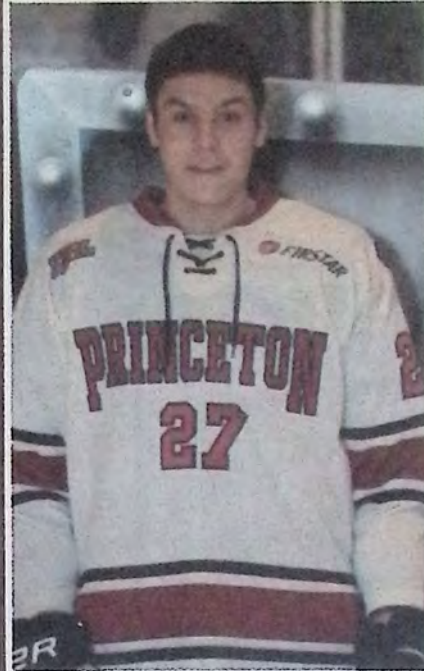


Photo: Bob Marsh Photography

KYLE MOORE

#27 Centre

Birthday - September 14
Height 6' 4" / Weight 190

Home Town - Red Deer, AB
Last Team - Red Deer Chiefs
Shoots - Left

Favorite Food - Pasta
Favorite Music - Country

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News Leader

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Thursday Movies

AFTERNOON

2:00 pm SPIKE ch.44 "A Bronx Tale" (1993, Drama) Robert De Niro. The son of an honest bus driver looks up to a local mob boss

amid racial tension in 1960s New York. (In Stereo)

EVENING

9:00 pm KNOW ch.5 "40 Days at

Base Camp" (2011, Documentary) Premiere. Mount Everest seems to be changing from a revered and sacred space to an adventure park. 9:30 pm WTBS ch.3 "Rush Hour 3" (2007, Action) Jackie Chan. The

assassination of a Chinese ambassador reunites Lee and Carter, who tangle with Triad gangsters in France.

11:30 pm WTBS ch.3 "Sinbad: Legend of the Seven Seas" (2003,

Adventure) Voices of Brad Pitt. Animated. The adventurous sailor and a beautiful stowaway have 10 days to save a prince from execution.

THURSDAY, FEBRUARY 21, 2013

	WTBS ch.3	CHBC ch.4	KNOW ch.5	KSPS ch.6	KHQ ch.7	KREM ch.8	A&E ch.9	KXLY ch.10	BCTV ch.11	CITY ch.12	CBC ch.13	YTV ch.18	TSN ch.19	VTV ch.22	DISC ch.24	FAM ch.26	CITY ch.29	SPIKE ch.44	TROP ch.45
6 AM	In the Heat of the Night	Morning News (N) 5:30	Timothy HI-5	Thomas Clifford	KHQ News 6AM (N)	KREM 2 Morning News	Criminal Minds (N) 5:30	News	Morning News (N) 5:30	(5:00) Morning News (N)	CBC News Now (N) 5:30	Kid vs. Kat Super Evil	Curling: 2013 Scotties Tournament of Hearts: Draw 12. (N) (Live) 5:30	CTV Morning Live (N) 5:30	Canada's Worst Driver	Dinosaurs Hannah	CityLine (N) 5:30	Jail 5:30	Deal/No Deal
7 AM	Justice	Justice	Arthur (N)	Arthur	Today Oscar party ideas; winter gadgets. (N) 5:30	CBS This Morning (N) 5:30	Criminal Minds (N) 5:30	Good Morning America (N) 5:30			Tiger	Sidekick			Dangerous Flights	Shake It	Let's Make a Deal (N)	Jail 5:30	Earth: Final Conflict (N)
8 AM	Judge Alex	Judge Alex	Tree Fu	Curious			CSI: Miami (N) 5:30		Morning Huntley	Bo On/Go	Pokémon			Cash Cab	Jessie 5:30	The Price Is Right (N)	Jail 5:30	Wipeout Canada (N)	
9 AM	Millionaire	Morning Millionaire	Pinky	Super Why!		The 700 Club (N) 5:30	CSI: Miami (N) 5:30	Livel Kelly and Michael	Morning Huntley	The Doctors (N) 5:30	Super Why! Cat in the Hat	Rescue	SportsCentre 5:30	Livel Kelly and Michael	Mounted in Alaska 5:30	Mickey Manny	Access Hollywood Live	Jail 5:30	Deal/No Deal
10 AM	Law Order: CI	The Doctors (N) 5:30	Doggy Day Franklin	Sesame Street (N) 5:30		The Price Is Right (N) 5:30	Criminal Minds (N) 5:30	The View (N) 5:30	The Doctors (N) 5:30	Eat, Shrink Debt/Part	Poko 5:30	Squirrel Puppies	World Poker Tour	The View (N) 5:30	How/Made	Never Land Sofia	The Chew (N) 5:30	Jail 5:30	Gold Girls
11 AM	Law Order: CI	Eat, Shrink Debt/Part	Rolie Polie Dive, Oily	Tiger Sit & Be Fit	Judge B.	Young & Restless	Criminal Minds (N) 5:30	Sleep Pald Prog.	Eat, Shrink Debt/Part	Noon News Hour	Steven and Chris 5:30	G. Shrinks Rescue	Curling: 2013 Scotties Tournament of Hearts: Draw 13. (N) (Live) 5:30	Marilyn Denis	Dangerous Flights	Suite Life Suite/Deck	General Hospital (N) 5:30	Jail 5:30	Friends (N)
12 PM	Excused	Noon News Hour (N)	Dino Dan Rob Robot	Charlie Rose (N) 5:30	Pald Prog.	News Bold	The First 48 5:30	The Chew (N) 5:30	Noon News Hour (N)	Days of our Lives (N)	CBC News Now (N) 5:30	Super Evil Kid vs. Kat	CTV News (N) 5:30	To Be Announced	Wizards Hannah	CityLine 5:30	Jail 5:30	Frasier (N)	
1 PM	There Yet?	Days of our Lives (N)	Save Ums Wibbly Pig	Painting Knitting	Days of our Lives (N)	The Talk (N) 5:30	The First 48 5:30	General Hospital (N) 5:30	Days of our Lives (N)	The Talk (N) 5:30	Heartland "Starstruck!"	Squirrel Sidekick	The Dr. Oz Show 5:30		Sonny Random	Katie (N) 5:30	Jail 5:30	3rd Rock	
2 PM	King	The Talk (N) 5:30	Big Bear Dinosaur	Barney WordWorld	Katie (N) 5:30	Let's Make a Deal (N) 5:30	The First 48 5:30	The Jeff Probst Show	The Talk (N) 5:30	The Ricki Lake Show	Steven and Chris (N) 5:30	Almost Super Evil	Off Record Interruption	Dr. Phil (N) 5:30	Myth-Busters (N) 5:30	So Raven Suite/Deck	CityNews at 5 (N) 5:30	Movie: *** "A Bronx Tale" (1993)	Gold Girls
3 PM	The Office	The Ricki Lake Show	Rob Robot Clifford	Sid WordGirl	Ellen DeGeneres Show	Dr. Phil (N) 5:30	The First 48 5:30	Racheel Ray (N) 5:30	The Ricki Lake Show	Young & Restless	Recipes Stefano	Squirrel Sidekick	SportsCentre (N) 5:30	Ellen DeGeneres Show	How/Made	Wizards ANT Farm	CityNews at 6 (N) 5:30	Robert De Niro, Chazz Palminteri.	Wipeout Canada (N)
4 PM	Big Bang	Young & Restless	G. Shrinks Arthur (N)	Wild Kratts Electric	Jdg Judy	The Dr. Oz Show 5:30	The First 48 5:30	The Doctors (N) 5:30	Young & Restless	Early News Global Nat.	Dragons' Den (N) 5:30	Parents Parents	Hockey	Anderson Live (N) 5:30	Daily Planet (N)	Phineas Austin	How I Met 30 Rock		Deal/No Deal
5 PM	Browns	News (N) 5:30	Martha Wild Kratts	News Business	News NBC News	News CBS News	The First 48 5:30	News ABC News	Early News Global Nat.	(4:59) News Hour	News News	Parents Parents	Curling: 2013 Scotties Tournament of Hearts: Draw 14. (N) (Live) 5:30	CTV News at Five (N)	Sons of Guns (N) 5:30	Jessie 5:30	Community Parks	IMPACT Wrestling (N) 5:30	Friends (N)
6 PM	Browns	Global Nat.	Animals Rivers	PBS News-Hour (N) 5:30	News Millionaire	KREM 2 News at 6 (N)	The First 48 5:30	News News	(5:59) News Hour (N)	ET Canada	News Exchange	Victorious	Draw 14. (N) (Live) 5:30	CTV News (N) 5:30	Fast N' Loud (N) 5:30	ANT Farm Shake It	Person of Interest (N)		Frasier (N)
7 PM	Seinfeld (N)	Ent	What's That About?	Health Matt.	Jeopardy!	Inside Ed.	After the First 48 (N)	Ent Insider	Ent ET Canada	Elementary (N) 5:30	George S Coronation	Mr. Young Boys	SportsCentre (N) (Live) 5:30	Big Bang etalk (N)	Moonshiners (N) 5:30	Good Luck Wingin' It	(7:02) Scandal (N) 5:30	Bellator MMA Live (N) 5:30	Roseanne
8 PM	Family Guy	Zero Hour "Face" (N)	The World After Stone	New Tricks (N) 5:30	Community	Big Bang	(8:01) The First 48 5:30	Zero Hour "Face" (N)	Zero Hour "Face" (N)	Zero Hour "Face" (N)	The Nature of Things	Wipeout (N) 5:30		Big Bang Two Men	Greatest Know-It-All	Good Luck Shake It	CityNews-Tonight (N)		Debt/Part ET Canada
9 PM	Amer. Dad	The Office	Movie: "40 Days at Base Camp" (2011)	Foyle's War 5:30	1600 Penn	Person of Interest (N)	(9:01) The First 48 5:30	Grey's Anatomy (N) 5:30	The Office	The Office	Doc Zone (N) 5:30	Gags Gags	That's Hockey 2 Nite	Grey's Anatomy (N) 5:30	Fast N' Loud (N) 5:30	Wingin' It Warthogs!	Jimmy Kimmel Live (N)	Bellator 360 (N)	Friends (N)
10 PM	"Rush Hour 3" (2007) Jackie Chan.	(10:01) Elementary (N)	Catholicism (N) 5:30	Law & Order: SVU	(10:01) Elementary (N)	(10:01) The First 48 5:30	(10:02) Scandal (N) 5:30	(10:01) Elementary (N)	News Hour Final (N)	National	Boys Mr. Young	SportsCentre (N) 5:30	Law & Order: SVU	Moonshiners (N) 5:30	Lizzie So Raven	Maury (N) 5:30	GTTV	Frasier (N)	
11 PM	"Sinbad"	CHBC News Final (N)	What's That About?	Charlie Rose (N) 5:30	News Jay Leno	News Letterman	After the First 48 5:30	News J. Kimmel	News Hour Final (N)	ET Canada	CBC News George S	Splatalot	SportsCentre 5:30	CTV News	Sons of Guns (N) 5:30	Cory Princess	Pald Prog.		3rd Rock

Friday Movies

MORNING

10:30 am SPIKE ch.44 "A Bronx Tale" (1993, Drama) Robert De Niro. The son of an honest bus driver looks up to a local mob boss amid racial tension in 1960s New York. (In Stereo)

AFTERNOON

1:30 pm SPIKE ch.44 "Scarface" (1983, Crime Drama) Al Pacino. A Cuban immigrant from Castro's jails cuts a violent path of destruction on his way to the top of Miami's drug trade. (In Stereo) (CC)
 5:00 pm SPIKE ch.44 "Underworld" (2003, Horror) Kate Beckinsale. A female vampire tries to protect a medical student from werewolves intent on creating a hybrid species. (In Stereo)

EVENING

8:00 pm SPIKE ch.44 "Red"

Dragon" (2002, Suspense) Anthony Hopkins. A former FBI agent asks Dr. Hannibal Lecter for help in stopping a serial killer who slaughters families. (In Stereo)

9:30 pm WTBS ch.3 "Sinbad: Legend of the Seven Seas" (2003, Adventure) Voices of Brad Pitt. Animated. The adventurous sailor and a beautiful stowaway have 10 days to save a prince from execution.

10:09 pm FAM ch.26 "Den Brother" (2010, Comedy) Hutch Dano. Suspended from his hockey team, a teenager becomes a substitute leader for his sister's Girl Scout troop. (In Stereo) (CC)

11:30 pm WTBS ch.3 "Speed Racer" (2008, Action) Emile Hirsch. Defying a corrupt business mogul, Speed enters the same arduous cross-country race that caused his brother's death.

News Leader Sudoku 441

by Carter Boswell

HOW TO PLAY:

Sudoku is a game of logic. There is no math involved. The object of the game is to fill the grid so that the numbers 1 through 9 appear only once in each row, column and 3 x 3 box. The numbers can appear in any order and Carter has left you some clues below.

	2	6	9				7	8
7				3				
9					1			
8					4	1		
	3			5			9	
		5	1					4
			4					3
				9				7
3	8				2	6	5	

THIS WEEK'S SOLUTION:
Page 20

News Leader Sudoku grids, puzzles and solutions

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FRIDAY, FEBRUARY 22, 2013

	WTBS ch.3	CHBC ch.4	KNOW ch.5	KSPS ch.6	KHQ ch.7	KREM ch.8	A&E ch.9	KXLY ch.10	BCTV ch.11	CITY ch.12	CBC ch.13	YTV ch.18	TSN ch.19	VTV ch.22	DISC ch.24	FAM ch.26	CITY ch.29	SPIKE ch.44	TROP ch.45
6 AM	In the Heat of the Night	Morning News (N) 88	Timothy Hi-5	Builder Clifford	KHQ News 6AM (N)	KREM 2 Morning News	Shipping	News	Morning News (N) 88	(5:00) Morning News (N)	CBC News Now (N) 0	Kid vs. Kat Super Evil	Curling: 2013 Scotties Tournament of Hearts: Draw 15. (N) (Live) 88	CTV Morning Live (N) 0 88	Salvage Hunters 88	Dinosaurs Hannah	CityLine (N) 88	Jail 88	Instant
7 AM	Justice		Arthur 0	Arthur	Today South Beach Food & Wine Festival. (N) 0 88	CBS This Morning (N) 88	Shipping	Good Morning America (N) 0 88			Tiger	Yu-Gi-Oh!			Final Offer 88	Shake It ANT Farm	Let's Make a Deal (N)	Ways Die	Earth: Final Conflict 0
8 AM	Judge Alex		Tree Fu	Curious			Shipping			Morning Huntley	Bo On/Go	Pokémon			Myth-Busters 0 88	Jessie 88	The Price Is Right (N)	Ways Die	Outlaw Bikers 0 88
9 AM	Millionaire	Morning	Pinky	Super Why!		The 700 Club 0 88	Shipping	Livel Kelly and Michael	Morning Huntley	The Doctors 0 88	Super Why!	Rescue Cat in the	SportsCentre 88	Livel Kelly and Michael	Highway Thru Hell	Mickey Manny	Access Hollywood Live	Jail 88	Instant
10 AM	Law Order: CI	The Doctors 0 88	Doggy Franklin	Sesame Street 0		The Price Is Right (N)	Shipping	The View 0 88	The Doctors 0 88	Eat, Shrink Debt/Part	Poko 88	Squirrel	World Poker Tour	The View 0 88	How/Made	Never Land Sofia	The Chew 0 88	Ways Die	Gold Girls
11 AM	Law Order: CI	Eat, Shrink Debt/Part	Rolle Polle	Tiger	Judge B.	Young & Restless	Shipping	Paid Prog.	Eat, Shrink Debt/Part	Noon News Hour	Steven and Chris 88	G. Shrinks	Curling: 2013 Scotties Tournament of Hearts: Draw 16. (N) (Live) 88	Marilyn Denis	Hillbilly Handfishin' 88	Suite Life Suite/Deck	General Hospital (N) 0	Movie: *** "A Bronx Tale" (1993) Robert De Niro, Chazz Palminteri. 0	Friends 0
12 PM	Excused	Noon News Hour (N)	Dino Dan	Charlie Rose (N) 88	Paid Prog.	News	Shipping	The Chew 0 88	Noon News Hour (N)	Days of our Lives (N)	CBC News Now (N) 0	Super Evil		CTV News (N) 0 88	Fast N' Loud 0 88	Wizards Hannah	CityLine 88	King	
1 PM	There Yet?	Days of our Lives (N)	Save Ums	Painting	Days of our Lives (N)	The Talk 0 88	Shipping	General Hospital (N) 0	Days of our Lives (N)	The Jeff Probst Show	Heartland 88 (DVS)	Squirrel		The Dr. Oz Show 88	Moonshiners 0 88	Sonny	Katie 0 88	Movie: *** "Scarface" (1983, Crime Drama) Al Pacino, Michelle Pfeiffer. 0	3rd Rock
2 PM	King	The Talk 0 88	Big Bear	Barney	Katie 0 88	Let's Make a Deal (N)	Shipping	The Jeff Probst Show	The Talk 0 88	The Ricki Lake Show	Steven and Chris (N) 0	Almost	Off Record	Dr. Phil 0 88	River Monsters 88	So Raven	CityNews at 5 (N) 88	Gold Girls	
3 PM	The Office	The Ricki Lake Show	Rob Robot	Sid	Ellen DeGeneres Show	Dr. Phil 0 88	Shipping	Rachael Ray 0 88	The Ricki Lake Show	Young & Restless	Recipes Stefano	Squirrel	SportsCentre (N) 88	Ellen DeGeneres Show	How/Made	Wizards ANT Farm	CityNews at 6 (N) 88	Outlaw Bikers 0 88	
4 PM	Big Bang	Young & Restless	G. Shrinks	Wild Kratts	Jdg Judy	The Dr. Oz Show 88	Duck D.	The Doctors 0 88	Young & Restless	Early News	Dragons' Den 0 88	Kung Fu	Hockey	Anderson Live (N) 88	Daily Planet (N)	Phineas	How I Met	Instant	
5 PM	Browns	News (N) 88	Martha	News	News	News	Duck D.	News	Early News	(4:59) News Hour	News	Kung Fu	Curling: 2013 Scotties Tournament of Hearts: Draw 17. (N) (Live) 88	CTV News at Five (N)	Greatest Know-It-All	Shake It	Last Man Malibu	Movie: *** "Underworld" (2003, Horror) Kate Beckinsale. 0	Friends 0
6 PM	Browns	Global Nat.	Animals	PBS News-Hour (N) 88	News	KREM 2 News at 6 (N)	Duck D.	News	(5:59) News Hour (N)	ET Canada	News	SpongeBob		CTV News (N) 0 88	Finding Bigfoot (N)	Shake It	1600 Penn	King	
7 PM	Seinfeld 0	Ent	The Manor Reborn (N)	Wash	Jeopardy!	Inside Ed.	Duck D.	Ent	Ent	16x9 (N) 88	George S	SpongeBob		Big Bang	Breakout (N) 88 (DVS)	Shake It	Mantracker 88 (DVS)	Roseanne	
8 PM	Family Guy	Kitchen Nightmares (N)	(8:05) Cranford (N) 88	Doc Martin 0 88	Dateline NBC (N) 0 88	The Job (N) 0 88	Duck D.	Last Man Malibu	Kitchen Nightmares (N)	Kitchen Nightmares (N)	M'ketplace Mercer	Viewers' Choice 0 88		CSI: NY "Today is Lilo"	Redrum (N)	(8:02) Shake It Up! "Made in Japan"	CityNews-Tonight (N)	Movie: *** "Red Dragon" (2002) Anthony Hopkins, Edward Norton. 0	Debt/Part
9 PM	Amer. Dad	Touch "Perfect Storm"	(9:05) Poirot "The Clocks" (N) 0 88	Land Girls 0 88		CSI: NY "Today is Life"	Duck D.	Shark Tank (N) 0 88	Touch "Perfect Storm"	Touch "Perfect Storm"	fifth estate		World Poker Tour	Shark Tank (N) 0 88	Finding Bigfoot	Shake It	Jimmy Kimmel Live (N)	Friends 0	
10 PM	PM	16x9 (N) 88		American Masters 88	Rock Center	Blue Bloods (N) 0 88	Duck D.	(10:01) 20/20 0 88	16x9 (N) 88	News Hour Final (N)	National	Mr. Young	SportsCentre (N) 88	Blue Bloods (N) 0 88	Greatest Know-It-All	(10:09) Movie: "Den Brother" (2010)	Maury (N) 0 88	King	
11 PM	PM	CHBC News Final (N)	The Manor Reborn	Lost Treasure	News	News	Duck D.	News	News Hour Final (N)	ET Canada	CBC News	Boys	SportsCentre 88	CTV News	Breakout (DVS)	Princess	Paid Prog.	Deadliest Warrior	
		"Speed"		Jay Leno	Letterman	Duck D.	Duck D.	J. Kimmel		The Talk	George S	Boys		CTV News					3rd Rock

News Leader Weekend - Saturday Movies

MORNING

8:00 am WTBS ch.3 "Next" (2007, Science Fiction) Nicolas Cage. A government agent must capture a clairvoyant and convince him to help her stop terrorists from detonating a nuclear weapon in Los Angeles.

SPIKE ch.44 "The Wolfman" (2010, Horror) Benicio Del Toro. A nobleman contends with an ancient curse, scouring his childhood homeland for his missing brother, while a bloodthirsty beast prowls the moors. (In Stereo)

10:30 am SPIKE ch.44 "Scarface" (1983, Crime Drama) Al Pacino. A

Cuban immigrant from Castro's jails cuts a violent path of destruction on his way to the top of Miami's drug trade. (In Stereo) (CC)

AFTERNOON

12:00 pm FAM ch.26 "The Spy Next Door" (2010, Comedy) Jackie

Chan. A CIA operative must protect his girlfriend's children from a Russian terrorist after one kid mistakenly downloads a top-secret formula. (In Stereo) (CC)

2:00 pm SPIKE ch.44 "Underworld" (2003, Horror) Kate Beckinsale. A female vampire tries to protect a medical student from werewolves intent on creating a hybrid species. (In Stereo)

5:00 pm WTBS ch.3 "Inglourious Basterds" (2009, War) Brad Pitt. An Allied officer and his team of Jewish soldiers join forces with a German actress and undercover agent to take down the leaders of the Third Reich.

SPIKE ch.44 "Underworld" (2003, Horror) Kate Beckinsale. A female vampire tries to protect a medical student from werewolves intent on creating a hybrid species. (In Stereo)

EVENING

6:00 pm CITY ch.29 "The Gambler, the Girl and the Gunslinger" (2009, Western) Dean Cain. A con man and a cowboy who share land must work together to fight a group of outlaws. (CC) (DVS)

8:00 pm WTBS ch.3 "Gran Torino" (2008, Drama) Clint Eastwood. An unlikely friendship forms between a bigoted war veteran and an Asian boy who tried to steal the man's treasured automobile.

KSPS ch.6 "Hawaii" (1966, Drama) Julie Andrews. A New England missionary and his bride bring Christianity to 1820s Hawaii. (In Stereo) (CC)

KXLY ch.10 "Dreamgirls" (2006, Musical) Jamie Foxx. After an ambitious manager gives them a shot at stardom, three singers learn that fame can carry a high personal cost. (In Stereo) (CC)

YTV ch.18 "Another Cinderella Story" (2008, Romance-Comedy) Selena Gomez. A young man longs to reunite with a beautiful dancer that he met at a masked ball. (In Stereo) (CC)

9:00 pm FAM ch.26 "Double Teamed" (2002, Docudrama) Poppi Monroe. Twins Heather and Heidi Burge develop a rivalry in high school and make it to the WNBA. (In Stereo) (CC)

10:00 pm CITY ch.29 "The Invasion" (2007, Science Fiction) Nicole Kidman. A psychiatrist discovers that an epidemic altering the behavior of human beings is extraterrestrial in origin. (CC)

SPIKE ch.44 "The Wolfman" (2010, Horror) Benicio Del Toro. A nobleman contends with an ancient curse, scouring his childhood homeland for his missing brother, while a bloodthirsty beast prowls the moors. (In Stereo)

10:30 pm WTBS ch.3 "Gran Torino" (2008, Drama) Clint Eastwood. An unlikely friendship forms between a bigoted war veteran and an Asian boy who tried to steal the man's treasured automobile.

10:33 pm FAM ch.26 "Jump In!" (2007, Drama) Corbin Bleu. A promising young boxer joins an all-girl team to compete in double Dutch jump-rope. (In Stereo) (CC)



This is Zoe. She was rescued from a snowy location in the Similkameen Valley February 10th by the Outbackjacks Horse Rescuers. This photo was taken just after she arrived at the horse rescue ranch just before being unloaded and taken to the grounds for further inspection. Photo: Brenda Engel

SATURDAY, FEBRUARY 23, 2013

	WTBS ch.3	CHBC ch.4	KNOW ch.5	KSPS ch.6	KHQ ch.7	KREM ch.8	A&E ch.9	KXLY ch.10	BCTV ch.11	CITY ch.12	CBC ch.13	YTV ch.18	TSN ch.19	VTV ch.22	DISC ch.24	FAM ch.26	CITY ch.29	SPIKE ch.44	TROP ch.45	
6 AM	Paid Prog.	Canadian	Little Bear	Heartland	(5:00) Today (N) ♀	CBS This Morning	Criminal Minds ♀	Paid Prog.	Canadian	Saturday Morning News Shane Jones.	Monster	Kid vs. Kat	Curling: 2013 Scotties Tournament of Hearts, Tiebreaker. (N) (Live) ♀	Jucebox ♀	Strip the City	Wingin' It	Kitchen	Xtreme 4x4	Casino	
6:30 AM	Paid Prog.	Fishful	WordWorld	Fly Tying				Paid Prog.	Fishful		Busytown	Cat In the Hat				Suite/Deck	Panorama	Horse.	Paid Prog.	
7 AM	Paid Prog.	Saturday Morning News Lynn	Rob Robot	MotorWeek	KHQ News Saturday (N)	Doodlebop	Flip This House ♀	Good Morning America	Saturday Morning News Lynn		Animal	Rated A			Finding Bigfoot	Hannah	Eye/Asla	Trucks! ♀	Instant	
7:30 AM	Atl. Eats		Rolie Polie	Greener		Doodlebop					Super Why!	Sidekick			Sonny	Nossa TV	MuscleCar	Instant		
8 AM	Movie: ** "Next" (2007) Nicolas Cage.	Colliar, Welsa Wong, & Jay Janower. (N)	Tree Fu	Woodsmith		Busytown	Flipping Boston ♀	Hanna	Colliar, Welsa Wong, & Jay Janower. (N)		Doodlebop	Squirrel		Anne	Breakout ♀ (DVS)	Wizards	Polish Studio ♀	Movie: *** "The Wolfman" (2010)	King	
8:30 AM			G. Shrinks	Rough Cut		Busytown		Ocean			Cross	Squirrel		Hobo	Dog	Dog		Benicio Del Toro. ♀	King	
9 AM			Arthur ♀	Old House		Liberty	Flipping Boston (N)	Explore		Driving TV	Absolutely Canadian ♀	SpongeBob	Motoring	Marilyn Denis	An Idiot Abroad 2	Good Luck	EP Weekly		King	
9:30 AM						Liberty		Rescue		Fishing		Parents	30 for 30 ♀			Wingin' It	Reviews on		King	
10 AM	Payne	Fishn	Lilly	Old House	LazyTown	March Mad	Flipping Boston ♀	Recipe	Fishn	Powerboat	The Adventurers ♀	Kung Fu		Worst Handyman	Breakout ♀ (DVS)	ANT Farm	Tow Blz		Friends ♀	
10:30 AM	College Basketball: Vanderbilt at Mississippi State. (N) (Live)	Fishing	Miss BG	Kitchen	Golf	March Mad		Food	Fishing	Canadian		Turtles				Jessie ♀	Ed's Up	Movie: *** "Scarface" (1983, Crime Drama)	Friends ♀	
11 AM		Powerboat	Upside	Kimchi	PGA Tour Golf: WGC Accenture Match Play Championship, Quarterfinals. (N) ♀ (Live) ♀	College Basketball: South Carolina at Georgia.	Flipping Boston ♀	Paid Prog.	Powerboat	PGA Tour Golf: WGC Accenture Match Play Championship, Quarterfinals. (N) ♀ (Live) ♀	Speed Skating	Beyblade	Curling: 2013 Scotties Tournament of Hearts, Page Play-off: 1 vs. 2. (N) ♀	Is Written	Driving Wars ♀	Austin	Get Stuffed		Friends ♀	
11:30 AM		Driving TV	Echo	Sara's		College Basketball: Georgetown at Syracuse. (N)		Paid Prog.	Driving TV		FIS Alpine Skiing	Pokemon		Car Bnss		Shake It	The Role	Al Pacino, Michelle Pfeiffer. ♀	King	
12 PM	College Basketball: Tennessee at Texas A&M.	News Hour	Dogs/Jobs	Cook's	College Basketball: Georgia Tech at Gonzaga. (N)	Barter Kings ♀		Storms	News Hour	PGA Tour Golf		Rangers	Operation Smile	Finding Bigfoot	Movie: ** "The Spy Next Door"	Planet			King	
12:30 PM		PGA Tour Golf	Dogs/Jobs	Victory		Barter Kings ♀		The Taste ♀			Figure Skating	Yu-Gi-Oh!	SportsCentre ♀	Greatest Know-It-All	Phineas	Paid Prog.			King	
1 PM		Rivers	Antiques Roadshow (N)			Barter Kings ♀		ESPN Sports Saturday (N)			Monsuno	Squirrel	Lovett-Reid ♀	Jungle Gold ♀	Gravity	Tow Blz	Movie: *** "Underworld" (2003, Horror) Kate Beckinsale. ♀	King		
2 PM		Mega Builders	Billy the American			Barter Kings ♀					Squirrel	Sports	Dr. Maria &	ANT Farm	Ed's Up			King		
3 PM	The Office	Junk	Frontiers of	After Newton: Guns	Wheel	Train10!	Barter Kings ♀		Junk	Simpsons	National	Squirrel	SportsCentre (N) ♀	Cash Cab	Cash Cab	Good Luck	CityNews Weekends		King	
3:30 PM	The Office	Whatever			Chica	Paid Prog.			Whatever	Simpsons	HNIC	Squirrel		Cash Cab	How/Made	Sonny			King	
4 PM	Seinfeld ♀	Simpsons	Pyramids of Death	Stevens	Pajanimals	Access Hollywood (N)	Storage	American Skd	Simpsons	Simpsons	NHL Hockey: Toronto Maple Leafs at Ottawa Senators. (N) ♀ (Live) ♀	Sidekick	Curling: 2013 Scotties Tournament of Hearts, Page Play-off: 3 vs. 4. (N) (Live) ♀	Celebrity	Cash Cab	Jessie ♀	G. Martin		Instant	
4:30 PM	Seinfeld ♀	Simpsons		Antiques	Poppy Cat		Storage		Simpsons	Global Nat.		Sidekick		Celebrity	Cash Cab	Dog	Out There		Instant	
5 PM	Movie: *** "Inglourious Basterds" (2009, War) Brad Pitt.	Simpsons	The World After Stone	Last/Wine	College Basketball: San Diego at Gonzaga. (N)	News	Storage	ABC News	Simpsons	News Hour		Sidekick		etalk ♀	Auction	Shake It	Murdoch Mysteries ♀	Movie: *** "Underworld" (2003, Horror) Kate Beckinsale. ♀	Friends ♀	
5:30 PM		News		Wait...		CBS News	Storage	News	Global Nat.		Sidekick	Zolnk'd! ♀		App	Auction	Austin			Friends ♀	
6 PM		Global Nat.	Be the Creature	Lawrence Welk		News	Storage	Insider	(5:59) Evening News (N)	The Bully's Mark		Splatalot		CTV News (N) ♀	Greatest Know-It-All	Really Me	"The Gambler, the Girl and the Gunslinger"		Friends ♀	
6:30 PM		News				Paid Prog.	Storage							W5 (N) ♀	Sons of Guns ♀	Wizards			King	
7 PM		The Bully's Mark	Super Cat	Keep Up	News	Burn Notice ♀	Southie	Entertainment Tonight	The Bully's Mark	Very Bad Men	NHL Hockey: Minnesota Wild at Calgary Flames. (N) ♀	Babysitting		W5 (N) ♀	Sons of Guns ♀	Suite/Deck			King	
7:30 PM				As Time...	Jeopardy!		Southie					Zolnk'd! ♀	SportsCentre (N) (Live) ♀	Saving Hope ♀	Gold Rush ♀	Sonny	CityNews Weekends	Ways Die	Instant	
8 PM	Movie: *** "Gran Torino" (2008, Drama) Clint Eastwood.	NCIS ♀	Heartbeat ♀	Movie: *** "Hawaii" (1966) Julie Andrews, Max von Sydow. ♀	American Ninja Warrior (DVS)	NCIS ♀	Southie	Movie: *** "Dreamgirls" (2006, Musical) Jamie Foxx. ♀	NCIS ♀	NCIS ♀		Movie: "Another Cinderella Story" (2008) ♀			World Poker Tour	Greatest Know-It-All		The Office	Ways Die	Friends ♀
8:30 PM		(DVS)				(DVS)	Southie		(DVS)	(DVS)				Flashpoint ♀			The Office	Ways Die	Friends ♀	
9 PM		Chicago Fire ♀	Midsomer Murders Wedding-themed murders. ♀		Chicago Fire ♀	48 Hours ♀	Storage		Chicago Fire ♀	Chicago Fire ♀				Big Bang	Auction		The Office	Ways Die	Friends ♀	
9:30 PM		Very Bad Men			Saturday Night Live ♀	Vanity Fair's Hollywood	Storage		Very Bad Men	News Hour				Big Bang	Auction		The Office	Ways Die	Friends ♀	
10 PM	Movie: *** "Gran Torino" (2008)	News Final	For King and Empire ♀	Austin City Limits (N)	News	News	Southie	Castle ♀	News Final	Saturday Night Live ♀				CTV News	Sons of Guns ♀		Movie: "Jump In!" (2007) ♀	Movie: *** "The Wolfman" (2010) ♀	King	
10:30 PM		SNL			SNL	Cold Case	Southie		SNL		NHL Hockey ♀	Splatalot	SportsCentre ♀	CTV News					King	

News Leader Weekend - Sunday Movies

MORNING

7:00 am TROP ch.45 "RoboCop" (1987, Science Fiction) Peter Weller. Scientists use the mangled remains of a dead police officer to create the ultimate crime-fighter - an indestructible cyborg. (In Stereo) (CC)
 8:00 am WTBS ch.3 "Seven Pounds" (2008, Drama) Will Smith. A man with a fateful secret sets out to redeem himself by

changing the lives of seven strangers, including a woman with whom he falls in love.
 A&E ch.9 "The Negotiator" (1998, Suspense) Samuel L. Jackson. A framed police negotiator takes hostages and demands to speak with a counterpart from another precinct. (CC)
 9:30 am TROP ch.45 "The Terminator" (1984, Science Fiction) Arnold Schwarzenegger.

A cyborg from the future arrives in 20th-century Los Angeles to kill the woman who will give birth to mankind's post-apocalyptic savior. (In Stereo) (CC)
 10:30 am WTBS ch.3 "College Road Trip" (2008, Comedy) Martin Lawrence. A cop accompanies his daughter on a trip to visit the colleges to which she is applying.

AFTERNOON

12:00 pm VTV ch.22 "Kramer vs. Kramer" (1979, Drama) Dustin Hoffman. A New York adman fights for custody of his son after his wife walks out. (In Stereo) (CC)
 FAM ch.26 "Princess Protection Program" (2009, Comedy) Selena Gomez. After a military takeover, a princess assumes a new identity and stays with a covert agent and his daughter. (In Stereo) (CC)
 TROP ch.45 "RoboCop" (1987, Science Fiction) Peter Weller. Scientists use the mangled remains of a dead police officer to create the ultimate crime-fighter - an indestructible cyborg. (In Stereo) (CC)
 1:30 pm YTV ch.18 "Zathura" (2005, Adventure) Josh Hutcherson. Two young brothers play a mysterious game that propels them into an outer-space adventure. (In Stereo) (CC)
 4:00 pm YTV ch.18 "Nim's Island" (2008, Adventure) Abigail Breslin. A fainthearted adventure writer joins forces with a courageous youngster to

save the girl's island home and find her missing father. (In Stereo) (CC)
 5:00 pm WTBS ch.3 "Angels & Demons" (2009, Suspense) Tom Hanks. Harvard symbologist Robert Langdon joins forces with an Italian scientist to prevent an ancient brotherhood's plot against the Vatican from coming to fruition.
 CBC ch.13 "101 Dalmatians" (1996, Adventure) Glenn Close. London fashion maven Cruella DeVil steals pups for her newest creation, a Dalmatian coat. (In Stereo) (CC)
 TROP ch.45 "The Terminator" (1984, Science Fiction) Arnold Schwarzenegger. A cyborg from the future arrives in 20th-century Los Angeles to kill the woman who will give birth to mankind's post-apocalyptic savior. (In Stereo) (CC)

EVENING

6:00 pm YTV ch.18 "Legend of the Guardians: The Owls of Ga'Hoole 3D" (2010, Adventure) Voices of Jim Sturgess. Animated. A kidnapped owl breaks away from his captors and, with his new companions, sets out to find a band of mythic warriors to defend his race from the evil Pure Ones. (In Stereo) (CC)
 7:30 pm TROP ch.45 "Lethal Weapon" (1987, Action) Mel Gibson. A detective with a family hunts drug smugglers with his new partner, a loner with a death wish. (In Stereo) (CC)

8:00 pm WTBS ch.3 "Beyond a Reasonable Doubt" (2009, Drama) Jesse Metcalfe. A journalist's plan to expose a corrupt district attorney backfires when the journalist's quarry gets wind of the set-up.
 9:00 pm FAM ch.26 "The Wedding Planner" (2001, Romance-Comedy) Jennifer Lopez. A lonely organizer falls for an engaged pediatrician while coordinating his wedding and reception. (In Stereo) (CC)
 10:00 pm CITY ch.29 "The Invasion" (2007, Science Fiction) Nicole Kidman. A psychiatrist discovers that an epidemic altering the behavior of human beings is extraterrestrial in origin. (CC)
 TROP ch.45 "The Terminator" (1984, Science Fiction) Arnold Schwarzenegger. A cyborg from the future arrives in 20th-century Los Angeles to kill the woman who will give birth to mankind's post-apocalyptic savior. (In Stereo) (CC)
 10:30 pm FAM ch.26 "Stuck in the Suburbs" (2004, Comedy-Drama) Danielle Panabaker. Two friends set out to reveal the true persona of a pop star whose flashy image was manufactured by his record company. (In Stereo) (CC)
 11:00 pm KNOW ch.5 "40 Days at Base Camp" (2011, Documentary) Mount Everest seems to be changing from a revered and sacred space to an adventure park.

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SUNDAY, FEBRUARY 24, 2013

	WTBS ch.3	CHBC ch.4	KNOW ch.5	KSPS ch.6	KHQ ch.7	KREM ch.8	A&E ch.9	KXLY ch.10	BCTV ch.11	CITV ch.12	CBC ch.13	YTV ch.18	TSN ch.19	VTV ch.22	DISC ch.24	FAM ch.26	CITY ch.29	SPIKE ch.44	TROP ch.45
6 AM	Think Big	In a Name	Little Bear	Mr. Rogers	Today (N)	Paid Prog.	Criminal Minds	Matthews	In a Name	Sunday Morning News (N)	Super Why!	Kid vs. Kat	Curling: 2013 Scotties	Hobo	Highway Thru Hell	Wingin' It	R Schuller	Xtreme 4x4	Fish TV
6:30	Mad About	Auto Show	WordWorld	Signing		Paid Prog.	On Money	Auto Show			Poko	Super Evil		Hobo		Suite/Deck	ChurchRck	Horse.	Paid Prog.
7 AM	Career Day	Sunday Morning News (N)	Rob Robot	Wild	KHQ News	CBS News Sunday Morning (N)	Criminal Minds	Good Morning America	Sunday Morning News (N)		Animal	Mr. Young	Tournament of Hearts, Semifinal.	Lovett-Reid	Myth-Busters	Hannah	Eye/Asia	Trucks!	Movie: *** "RoboCop" (1987) Peter Weller.
7:30	P. Affairs		Rolle Polle	Clifford	Invest		Movie: *** "The Negotiator" (1998)	This Week			Artzooka	Babysitting	(N) (Live)	Dr. Maria & App	Myth-Busters	Sonny	Dharti	MuscleCar	
8 AM	Movie: ** "Seven Pounds" (2008, Drama) Will Smith.		Treo Fu	Curious	Meet the Press (N)	The Nation	Samuel L. Jackson.				Coronation	Splatat		Cash Cab	Dog	Wizards	Pakistan	Bar Rescue	
8:30			G. Shrinks	Cat in the Hat							Coronation	Zolnk'd!				Dog	Festival Italiano di Johnny Lombardi (In Italian)	Bar Rescue	
9 AM			Magie Bus	SciGirls	Justin	Review				Block	Coronation	SpongeBob	2013 Daytona 500 From Daytona International Speedway	Operation Smile	Bering Sea Gold: Under	Good Luck		Bar Rescue	
9:30			Arthur	Impact	Paid Prog.					Context	Coronation	Parents	Daytona International Speedway	Corner Gas	Highway Thru Hell	Wingin' It		Bar Rescue	
10 AM		Block	Wild Kratts	Inside Olympia	Meals	Bull Riding		NBA Basketball: Los Angeles Lakers at Dallas Mavericks. (N)	Block	J. Osteen	Coronation	Winx Club	Daytona International Speedway	Corner Gas	Highway Thru Hell	ANT Farm		Bar Rescue	Movie: *** "The Terminator" (1984)
10:30	Movie: * "College Road Trip"	Context	Little	Inside	PGA Tour Golf: WGC Accenture Match Play Championship, Finals. (N) (Live)		Shipping	Lakers at Dallas Mavericks. (N)	Context	Ministries	M'kplace	ICarly	In Daytona Beach, Fla. (N) (Live)	Question Period	Dangerous Flights	Austin	Reviews on	Bar Rescue	
11 AM		J. Osteen	Babar	Europe Jml	College Basketball: Cincinnati at Notre Dame. (N)		Shipping	Shipping	In Touch	PGA Tour Golf	Steven and Chris	Victorious	Big Time			Shake It	Paid Prog.	Bar Rescue	
11:30		In Touch			College Basketball: Michigan State at Ohio State.		Shipping	Awards	News	PGA Tour Golf	Land/ Sea	Mr. Young		Movie: *** "Kramer vs. Kramer" (1979)	Flying Wild Alaska	"Princess Protection Program"	Travels	Bar Rescue	Movie: *** "RoboCop" (1987) Peter Weller.
12 PM	The Closer	News	Animals	Moyers & Company			Shipping	Made In Hollywood (N)			Q With Jian Ghomeshi	Splatat		Movie: *** "Zathura" (2005)	Yukon Men "Logjam"	Phineas	Murdoch Mysteries	Bar Rescue	
12:30	King	PGA Tour Golf	Volcanic	Health Matt.			Shipping	Award Preview			FIS Alpine Skiing			Oscars	To Be Announced	Gravty	Murdoch Mysteries	Bar Rescue	
1 PM	King		Rescue				Shipping									ANT Farm		Bar Rescue	
2 PM	Family Guy		What's That About?	Make Me			Shipping											Bar Rescue	
2:30	Family Guy						Shipping											Bar Rescue	Instant
3 PM	Big Bang	Junk	Be the Creature	Lost Treasure	Paid Prog.	Paid Prog.	Shipping	ABC News	Junk	Mysteries	Figure Skating		SportsCentre (N) (Live)	etalk	River Monsters	Good Luck	CityNews	Bar Rescue	Weird or What?
3:30	Big Bang	Whatever			Beauty	Paid Prog.	Shipping	News	Whatever	Simpsons		Super Evil		CTV at the Oscars (N)	River Monsters	Random	CityNews	Bar Rescue	
4 PM	Big Bang	Mysteries	The Manor Reborn	Masterpiece Classic	CSI: Miami	Backroads	Storage	Oscars Red Carpet Live (N)	Mysteries	Simpsons		Movie: *** "Nim's Island" (2008)	Curling: 2013 Scotties Tournament of Hearts, Final. (N) (Live)	Oscars Red Carpet Live (N)	River Monsters	Jessie	The Biggest Loser	Bar Rescue	Weird or What?
4:30	Big Bang	Simpsons			Inside EdL	Storage		Simpsons	Simpsons	Global Nat.					River Monsters	Dog	tempt the contestants.	Bar Rescue	
5 PM	Movie: ** "Angels & Demons" (2009) Tom Hanks, Ewan McGregor.	Simpsons	Warlike Farm		News	News	Duck D.	Simpsons	(4:59) News Hour (N)		Movie: *** "101 Dalmatians" (1996)			The Oscars Honors for achievements in film. (N) (Live)	River Monsters	Shake It	Austin	Bar Rescue	Movie: *** "The Terminator" (1984)
5:30		News			NBC News	CBS News	Duck D.	The Oscars Honors for achievements in film. (N) (Live)	Global Nat.	Burgers		"Legend of the Guardians: Ga'Hoole 3D"	The Oscars Honors for achievements in film. (N) (Live)	River Monsters	Good Luck	The Biggest Loser	An exhausting challenge.	Bar Rescue	
6 PM		Global Nat.	Frontiers of	Doc Martin	News	KREM 2 News at 6 (N)	Duck D.	Burgers	The Good Wife	Burgers	Heartland			River Monsters	Really Me	Wizards	Suite/Deck	Bar Rescue	
6:30		News	Ultimate Shark	Sister Wendy	Dateline NBC (N)	60 Minutes (N) (Live)	Duck D.	Cleveland	Simpsons	The Good Wife	Cleveland			River Monsters				Bar Rescue	
7 PM		Cleveland					Duck D.		Simpsons	Simpsons	Dragons' Den	Super Evil		River Monsters				Bar Rescue	
7:30							Duck D.		KXLY News	Cleveland	Cleveland	Zolnk'd!		River Monsters				Bar Rescue	
8 PM	Movie: * "Beyond a Reasonable Doubt"	Simpsons	Monarch of the Glen (N)	Masterpiece Contemporary "Page Eight"	Betty	The Amazing Race (N)	Duck D.			Family Guy	Family Guy	Republic of Doyle (N)	Splatat	Motoring		Movie: ** "The Wedding Planner"	The Office	Bar Rescue	
8:30		Cleveland			Betty		Duck D.			Amer. Dad	Amer. Dad		Babysitting	Sports		Movie: ** "The Invasion" (2007)	The Office	Bar Rescue	
9 PM		Family Guy	Lewis "Wild Justice" (N)		Saturday Night Live in the 2000s	The Good Wife	Duck D.		WWAMI					Cleveland				Bar Rescue	
9:30		Amer. Dad					Duck D.			News Final	National	Pick	SportsCentre	Motive	Myth-Busters			Bar Rescue	
10 PM	The Closer	The Good Wife		Foyle's War		The Mentalist	Duck D.	Jimmy Kimmel Live (N)	The Good Wife	Block		Splatat		CTV News				Bar Rescue	Movie: *** "The Terminator" (1984)
10:30		News Final	"40 Days at"	Intelligence Squared	News	News	Duck D.	News	News Final	Paid Prog.	CBC News	Babysitting	SportsCentre	CTV News	To Be Announced			Bar Rescue	
11 PM	In the Heat of the Night	Block			Paid Prog.	Family Guy	Duck D.	Van Impe	Block	Paid Prog.	fifth estate	Splatat		CTV News				Bar Rescue	
11:30							Duck D.											Bar Rescue	



Outbackjacks Horse Rescue brought this 2-year old filly, named Zoe, to their horse rescue ranch on February 10th. The animal had been found in the high country of the Similkameen Valley and had been eating tree branches to survive. Aside from being a bit on the thin side, she was still very strong when the horse rescue team hauled her out of where she had been located. Once in the barn at the horse rescue ranch, Zoe was happy to have access to hay. Photo: Brenda Engel

Monday Movies

EVENING

9:30 pm WTBS ch.3 "Annapolis" (2006, Drama) James Franco. A young man from the wrong side of the tracks realizes his dream of entering the U.S. Naval Academy

in Maryland.
11:30 pm WTBS ch.3 "The Bank Job" (2008, Crime Drama) Jason Statham. In 1971 London, a car dealer and his gang of thieves break into a bank vault and find far more than cash and jewelry.

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MONDAY, FEBRUARY 25, 2013

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6 AM	In the Heat of the Night	Morning News (N)	Timothy Hi-5	Builder Clifford	KHQ News 6AM (N)	KREM 2 Morning News	Criminal Minds (N)	News	Morning News (N)	(5:00) Morning News (N)	CBC News Now (N)	Kid vs. Kat Super Evil	SportsCentre	CTV Morning Live (N)	Mighty Planes	Dinosaurs Hannah	CityLine (N)	CSI: Crime Scene	TV-Torrens
7 AM	Justice	Justice	Arthur	Arthur	Today (N)	CBS This Morning (N)	Criminal Minds (N)	Good Morning America (N)			Tiger	Slidekick	SportsCentre		Cash Cab	Shake It	Let's Make a Deal (N)	CSI: Crime Scene	Earth: Final Conflict
8 AM	Judge Alex	Judge Alex	Tree Fu	Curious			CSI: Miami		Morning Huntley		Bo On/Go	Pokémon	SportsCentre		Final Offer	Jessie	The Price Is Right (N)	CSI: Crime Scene	Eat St.
9 AM	Millionaire	Morning	Pinky	Super Why!		The 700 Club	CSI: Miami "Sunblock"	Livel Kelly and Michael	Morning Huntley	The Doctors	Super Why!	Rescue	SportsCentre	Livel Kelly and Michael	Mayday	Mickey	Access Hollywood Live	Bar Rescue	TV-Torrens
10 AM	Law Order: CI	The Doctors	Doggy Day Franklin	Sesame Street		The Price Is Right (N)	Criminal Minds	The View	The Doctors	Eat, Shrink	Poko	Squirrel	Sportfish	The View	How/Made	Never Land	The Chew	Bar Rescue	Gold Girls
11 AM	Law Order: CI	Eat, Shrink	Rolie Polie	Tiger	Judge B.	Young & Restless	Criminal Minds	Paid Prog.	Eat, Shrink	Noon News Hour	Steven and Chris	G. Shrinks	Darts	Marilyn Denis	Pyros (DVS)	Suite Life	General Hospital (N)	Bar Rescue "Bar Fight"	Friends
12 PM	Excused	Noon News Hour (N)	Dino Dan	Charlie Rose	Paid Prog.	News	The First 48	The Chew	Noon News Hour (N)	Days of our Lives (N)	CBC News Now (N)	Super Evil	English Premier League Soccer	CTV News (N)	Bering Sea Gold: Under	Wizards	CityLine	Bar Rescue	Raymond
1 PM	There Yet?	Days of our Lives (N)	Save Ums	Paint This	Days of our Lives (N)	The Talk	The First 48	General Hospital (N)	Days of our Lives (N)	The Talk	Heartland (DVS)	Squirrel		The Dr. Oz Show	To Be Announced	Sonny	Katie	Bar Rescue	3rd Rock
2 PM	King	The Talk	Big Bear	Barney	Katie	Let's Make a Deal (N)	The First 48	The Jeff Probst Show	The Talk	The Ricki Lake Show	Steven and Chris (N)	Almost Super Evil	Off Record	Dr. Phil	Myth-Busters	So Raven	CityNews at 5 (N)	Bar Rescue	Gold Girls
3 PM	The Office	The Ricki Lake Show	Rob Robot	Sid	Ellen DeGeneres Show	Dr. Phil	Gangsters: Most Evil	Rachael Ray	The Ricki Lake Show	Young & Restless	Recipes Stefano	Squirrel	SportsCentre	Ellen DeGeneres Show	How/Made	Wizards	CityNews at 6 (N)	Bar Rescue	Eat St.
4 PM	Big Bang	Young & Restless	G. Shrinks	Wild Kratts	Jdg Judy	The Dr. Oz Show	Gangsters: Most Evil	The Doctors	Young & Restless	Early News Global Nat.	Dragons' Den	SpongeBob	NHL Hockey: Toronto Maple Leafs at Philadelphia Flyers.	Anderson Live (N)	Daily Planet (N)	Phineas	How I Met	Bar Rescue	TV-Torrens
5 PM	Browns	News (N)	Martha	News	News	News	Gangsters: Most Evil	News	Early News Global Nat.	(4:59) News Hour	News	SpongeBob		CTV News at Five (N)	Myth-Busters	Jessie	How I Met	Bar Rescue	Friends
6 PM	Browns	Global Nat.	Animals	PBS News-Hour (N)	News	KREM 2 News at 6 (N)	Gangsters: Most Evil	News	(5:59) News Hour (N)	ET Canada	News	ICarty		CTV News (N)	To Be Announced	ANT Farm	Broke Girl	Bar Rescue	Raymond
7 PM	Seinfeld	Ent	Rescue	Keep Up	Jeopardy!	Inside Ed.	Beyond Scared Straight	Ent	Ent	Hawaii Five-0	George S	Victorious		Big Bang	Greatest Know-It-All	Good Luck	The Carrie Diaries (N)	Bar Rescue	Roseanne
8 PM	Family Guy	Bones (N)	Wartime Farm (N)	Antiques Roadshow (N)	The Biggest Loser "Face Your Fears" (N)	How I Met Rules	To Be Announced	The Bachelor (N)	Bones (N) (DVS)	Bones (N) (DVS)	Dragons' Den	Wipeout	That's Hockey 2 Nits	Anger Normal	Driving	ANT Farm	CityNews-Tonight (N)	Bar Rescue	Debt/Part
9 PM	Amer. Dad	(9:01) Deception (N)	(9:05) Fake or Fortune?	Market Warriors (N)		Broke Girl	Gangsters: Most Evil		(9:01) Deception (N)	Deception (N)	Murdoch Mysteries (N)	Gags	Motoring	The Following (N)	To Be Announced	Wingin' It	Jimmy Kimmel Live (N)	Bar Rescue	Friends
10 PM	"Annapolis" (2006) James Franco.	Hawaii Five-0	Architects of Change	Independent Lens	(10:01) Deception (N)	Hawaii Five-0	Gangsters: Most Evil	(10:01) Castle "Hunt"	Hawaii Five-0	News Hour Final (N)	National	Boys	SportsCentre	(10:01) Castle "Hunt"	Greatest Know-It-All	Lizzie	Maury	Bar Rescue	Raymond
11 PM	"Bank	News Hour Final (N)	Rescue		News	News	Beyond Scared Straight	News	News Hour Final (N)	ET Canada	CBC News	Weird	SportsCentre	CTV News	Highway Thru Hell	Cory	Paid Prog.	Entourage	3rd Rock

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Princeton Posse
ROUND 1
Play-Off Schedule

Game 1 - Friday, February 22 in Osoyoos
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Game 4 - Tuesday, February 26 in Osoyoos
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*Game 6 - Friday, March 1 in Osoyoos
*Game 7 - 7 PM Saturday, March 2 in Princeton



The second period of the February 15th game was filled with moments like this one. *

..... continued from Page 9

Another Princeton goal was scored at 10:08 (Dakota Leppa from Kaleb Boyle and Lane Erickson).

Aside from the scoreboard, it was a relatively quiet period with only one penalty (a cross-checking call against Osoyoos) and 20-solid minutes of lightning fast, razor sharp hockey.

The second period was a lot different than the first with two fights and a total of 17 penalties worth 78-minutes issued.

The scoreboard, however, was still in control of the home team.

Princeton got their fourth goal of the night at 18:35 on the power play

(Devan Suidy from Kaleb Boyle).

They added another one at 11:51 when Kyle Raymond passed the puck to Devan Suidy who got past the Coyote defensive line, swooped onto the goal and popped a shot high into the top corner of the net.

Osoyoos got their first goal with just 55.9-seconds left in the period on the power play (Alex Grupe from Nicholas Scott).

The final frame saw Princeton's Devan Suidy earn his first-ever KIJHL hat trick with an unassisted marker at 16:25.

Princeton added their seventh goal to the tally at 15:09 (Dakota Leppa

from Kaleb Boyle and Lane Erickson).

Osoyoos scored again at 12:28 (Troy MacLise from Taylor Jordan) but that was all they could sneak past the virtually impossible to score on goal manned by Princeton's Jack Burgart.

Final score: Princeton 7, Osoyoos 2. The win ties a Posse franchise record for points in a season with 68, which was set in the 2009/2010 season.

Shots on goal: Princeton 35, Osoyoos 19. Penalties in minutes: Osoyoos 15 for 63-minutes, Princeton 14 for 61-minutes.



Princeton Posse's Justin Moltzahn (#10) skates with a John Allison School student February 14th. *

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INVITATION TO QUOTE

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PRINCETON AREA

(including Keremeos and Coalmont/Tulameen)

Argo Road Maintenance (South Okanagan) Inc. is inviting written quotations from qualified Companies to submit a quote for providing Certified Traffic Control Services in accordance with the MoTI Traffic Control Manual for Work on Roadways for the Princeton Area (including Keremeos and Coalmont/Tulameen).

Works will consist of providing Traffic Control Services for stationary and mobile equipment and/or labour crews working along sections of public roads on an "as and when required" basis at various locations throughout Service Area No. 8, specifically Princeton (including Keremeos, Coalmont/Tulameen).

Your Quote should include Company information such as number of certified traffic control persons and number of and types of equipment.

The lowest or any Quote will not necessarily be accepted.

All inquiries regarding this Invitation to Quote should be directed to Jim Martindale, Quality Assurance Manager at 250-493-6969, Ext. 205.

Deadline for quote submission is:
4:30 PM, Thursday, February 28, 2013.

 Argo Road Maintenance (South Okanagan) Inc.
290 Waterloo Avenue, Penticton, BC V2A 7N3
Tel: 250-493-6969 Fax: 250-493-6427

Ferguson 2 Bottom Plow in good condition with rebuilt shears. Asking \$275.00. Call 250.295.3310. Feb 12-25

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Help Wanted

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Card of Thanks

On behalf of my family, I would like to thank all of our friends and neighbours for their thoughtful gestures. The cards, food, plants, flowers and offers to help out in any way possible have all been greatly appreciated. It has been a difficult time but you have all helped to make it a little bit easier. Personally, I would like to thank my sons and their families for all their help and for just being there for me. Ralph was an amazing husband, father and friend who will be missed. - Lynne Anderson

Read Spencer Coyne's 'Flip of the Coyne' weekly in the Similkameen News Leader!

For Rent

Like new home on acreage, ground floor suite. 2-bedrooms + den, full bath, Jacuzzi tub, gas fireplace. All appliances and utilities included. Available now. \$750.00/month. For details call 250.295.3966. Dec 04-14

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Princeton Posse ROUND 1 Play-Off Schedule

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Challenge**
SOLUTIONS TO PUZZLES ON PAGE 14

CHALLENGE #441

126	945	378
758	236	941
943	871	526
897	324	165
431	657	892
265	189	734
579	468	213
612	593	487
384	712	659

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Notices



Gena Sandli, left, of Outbackjacks Horse Rescue, holds some hay in hopes of attracting the 2-year old filly just unloaded following a rescue February 10th. Zoe, as she has been named, was pulled from deep snow high in the Similkameen Valley where she had been left. Zoe survived on tree branches and snow before the horse rescue team was able to haul her out. The horse will spend time at the Outbackjacks Ranch for rehabilitation and the Similkameen News Leader will publish frequent progress reports related to this rescue. Photo: Brenda Engel

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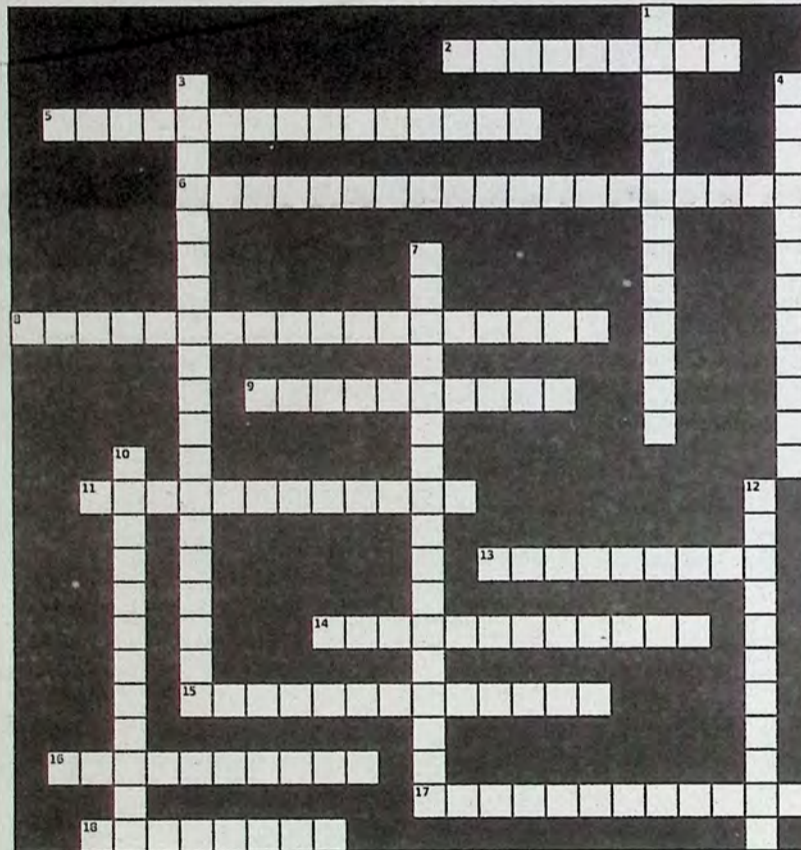
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Princeton Posse's Cole Weber (#5) in ice with John Allison School students February 14th. *

Similkameen News Leader Puzzler

Use the February 12 News Leader to find Answers Below...



Across

- 2 To many he was known as simply Chas.
- 5 What does Harry Lali say he's standing up for in rural BC?
- 6 The 'CF' in CFSO.
- 8 Better known as Recipe #548.
- 9 Name the Integrated Care Advocacy Coordinator.
- 11 Name the PSS Student of the Month for January.
- 13 Headline: "_____, Live Longer."
- 14 Headline: "Council plans increase _____"
- 15 The 'SO' in CFSO.
- 16 Name the rodeo clown coming to the 2013 Princeton Rodeo.
- 17 Name the Interim CAO for the Town of Princeton.
- 18 Name Princeton Museum Society President.

Down

- 1 Name the member of Town Council who received a Queen's Diamond Jubilee Medal.
- 3 What is MP Alex Atamanenko upset with?
- 4 He played in a one-man show February 9th.
- 7 What is Robin Lowe's role with Princeton Museum?
- 10 He wears #11 for Princeton Posse.
- 12 Name the Princeton Rodeo Club President.

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Flip Of The Coyne

by Spencer Coyne

..... continued from Page 3
Slater claims that Christy Clark herself called him asking him to come back and support the upcoming budget.

According to Mr. Slater, personal information that only he and Ms. Clark knew was leaked on the internet. It makes you wonder if the Premier has any control anymore when she is resorting to high school bullying tactics.

I feel for the BC Liberal membership. I know a lot of members and they are good people. I can only

imagine how they feel about the upcoming election and what they are going to do: stay with the party or look for a new home, even if only temporary.

I hear the BC Conservative Party is taking new members, and to be honest, the ones I know are pretty swell. I don't agree with a lot of what they believe in, but if I was under the BC Liberal tent, I know I would be looking for options, and since BC is so polarized, the BC Conservative party might be the only logical choice.

RDOS hosts open house

The RDOS is hosting an Open House on Monday, March 4 from 5:00 to 7:00 PM at the Princeton Regional Library to discuss a new regional biodiversity strategy. The strategy provides practical planning tools that can be used by local governments, planning committees and residents to protect the natural heritage of the Similkameen and South Okanagan.

"Keeping Nature in Our Future" is the title of the strategy developed by the South Okanagan-Similkameen Conservation Program (SOSCP) in partnership with the Regional District. Using up-to-date scientific information, the strategy includes maps and a range of practical, user-friendly planning and development tools to strengthen biodiversity conservation. It provides detailed information both at the regional and local levels. The Princeton Open House will include information for the Town of Princeton and Electoral Area H.

Municipal staff can use the strategy in community and land use planning, development approvals, zoning and by-laws, water protection, transportation, and parks planning. It would also be useful to Advisory Planning Councils for updating Official Community Plans and helping inform responses to development applications.

Bryn White, SOSCP Manager will

be at the Open House along with RDOS planner Malcolm McNaughton. Bryn reviewed the purpose behind the Open House, "I see "Keeping Nature in Our Future" as a solid resource that offers a range of practical, user-friendly planning and decision making tools to strengthen nature conservation and protect community values. RDOS and local governments are well positioned to implement the strategy the SOSCP is able to help local government staff and decision makers get to know the resources in the strategy and how to use them. We'll work with communities to find ways to implement the opportunities for conservation outlined in the strategy."

People who attend the Open House will be invited to ask questions, review the maps and key findings, and comment about which natural areas and actions they care most about. There will be an opportunity to provide written feedback, either on March 4 in person or by mailing in comments in hard copy or by email to planning@rdos.bc.ca. Copies of "Keeping Nature in Our Future" will be available at the Open House or can be viewed at www.soscp.org/biodiversity.

Princeton municipal council and Area H Advisory Planning Committee members will hear a presentation on the biodiversity strategy at an evening meeting.

Need some news talk?

Follow the News Leader on Twitter
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Princeton Posse - Year-End Awards



Hardest Working Player - Kurtis Klinger

From left, Head Coach Dale 'Duner' Hladun, Kurtis Klinger and Assistant Coach Dave Clare. Klinger also was selected the 'Fave Favourite' in a game program ballot during the season. *



Most Sportsmanlike Player - Kurtis Bond

From left, Head Coach Dale 'Duner' Hladun, Kurtis Bond and Assistant Coach Dave Clare. This was Bond's second season with the Princeton Posse. He has spent four seasons in the KIJHL. *



Most Improved Player - Devan Suidy

From left, Head Coach Dale 'Duner' Hladun, Devan Suidy and Assistant Coach Dave Clare. The 'Unsung Hero' award was presented to Jon Forrest, who was not in attendance. *



Hitman of the Year - Ben Reinbolt

From left, Head Coach Dale 'Duner' Hladun, Ben Reinbolt and Assistant Coach Dave Clare. This will be Reinbolt's final season in the KIJHL. He played for Princeton two seasons ago. *

2012/13 Princeton Posse Team Achievements



Franchise Record 34 Wins in a Season

(Old Record 31 Wins 2009/10 KIJHL Season)

Franchise Record 70 Points in a Season

(Old Record 68 points 2009/10 KIJHL Season)



2012/13 Princeton Posse Player Achievements*

Points in a Season: 69 Eric Kubis (6th in KIJHL), 65 Kaleb Boyle (8th in KIJHL)

Goals in a Season: 34 Kaleb Boyle (2nd in KIJHL), 30 Lane Erickson (tied for 10th in KIJHL)

Assists in a Season: 43 Eric Kubis (tied for 3rd in KIJHL)

Points per Game in a Season: 1.4 Eric Kubis (tied for 10th in KIJHL)

Power Play Goals in a Season: 13 Kaleb Boyle (2nd in KIJHL), 11 Eric Kubis (tied for 6th in KIJHL)

Power Play Assists in a Season: 19 Eric Kubis (tied for 3rd in KIJHL)

Game Winning Goals in a Season: 3 Lane Erickson (tied for 7th in KIJHL)

Penalty Minutes in a Season: 192 Cole Horn (1st in KIJHL), 181 Adrian Coulter (2nd in KIJHL)

* Achievements based on KIJHL stats current to February 16, 2013

Princeton Posse - Year-End Awards



Best Defensive Player - Brett Perrine

From left, Head Coach Dale 'Duner' Hladun, Brett Perrine and Assistant Coach Dave Clare. This is Perrine's second season with the KIJHL Canadian Junior B Princeton Posse hockey team.



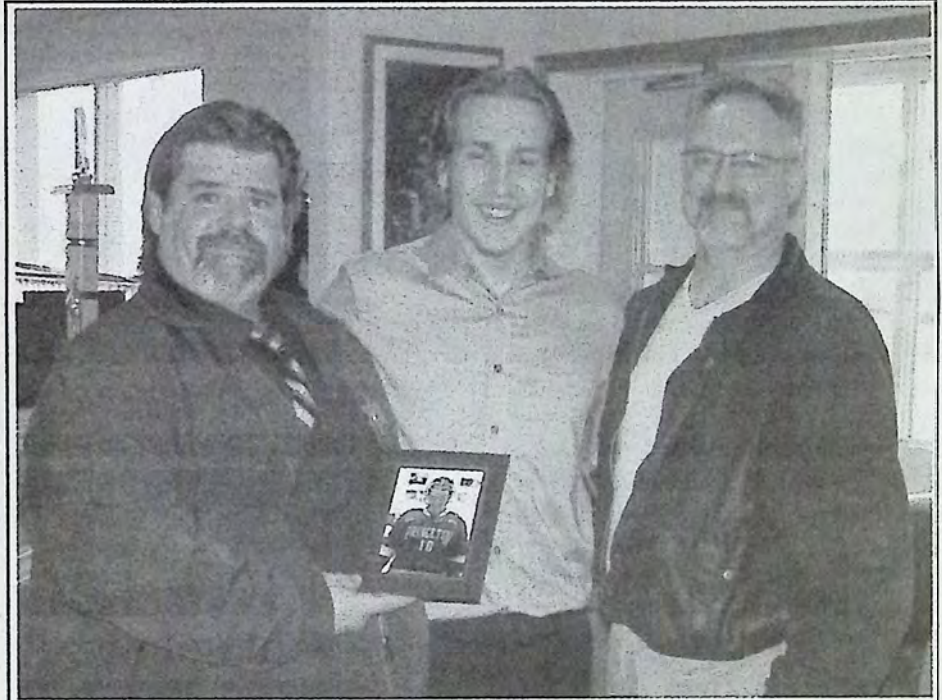
Best Offensive Player - Eric Kubis

From left, Head Coach Dale 'Duner' Hladun, Eric Kubis and Assistant Coach Dave Clare. This is the second season Kubis has played KIJHL Junior B hockey with the Princeton Posse. *



Rookie of the Year - Kaleb Boyle

From left, Head Coach Dale 'Duner' Hladun, Kaleb Boyle and Assistant Coach Dave Clare. Boyle's first season in the KIJHL has him also sitting in the top three of two league categories. *



Coach's Award - Justin Moltzahn

From left, Head Coach Dale 'Duner' Hladun, Justin Moltzahn and Assistant Coach Dave Clare. Moltzahn wins the first ever Coach's Award in his second season with the Princeton Posse. *



Most Valuable Player - Brett Perrine

From left, Head Coach Dale 'Duner' Hladun, Brett Perrine and Assistant Coach Dave Clare. Perrine is one of many import players on the Princeton Posse from the state of Pennsylvania. *



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Brenda Crawford



brenda@bcland.net
(250) 295-8182

April Earle



april@bcland.net
(250) 295-5346

Sandra Simpson



sandra@bcland.net
(250) 499-9414

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TO EVERYONE WHO ATTENDED OUR "New Year, New Look"

OPEN HOUSE ON FEBRUARY 9



PRINCETON

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Country living in the city! Imagine almost 14 acres just a few short minutes from town! Very private acreage with well-loved home and it shows! Purchase these 2 adjoining parcels of land with separate titles offering lots of possibilities. This 5 bedroom home, fully finished up and down is perfect for families and extended families. **MLS®140520 \$675,000**

940 Cawston Avenue



HEDLEY

Don't miss out on this beautiful old-timer tucked in neatly into the historic village of Hedley. Only hours from the rain drenched coast, this beauty boasts original fir floors, doors and the gleaming hardware too! Built solidly and kept clean to the corners, this home also has many updates including a new septic system, furnace and roof. **MLS®132670 \$165,000**

2120 Highway 3



The structural beauty of this Rasmussen log home is unmatched in the Cawston Valley with 800+ sq ft of decking to enjoy the majestic mountain views and abundant sunshine. Inside boasts a 400 sq ft master loft bedroom, 3 piece ensuite and private deck. The functional open concept main floor is bright and welcoming. **MLS®139330 \$449,000**

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