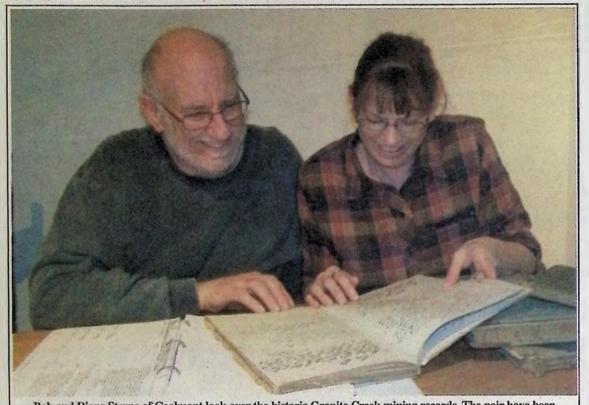
Similkameen Includes HSTI

Volume 16 Issue 9 #772 ISSN 1712-090X

Tuesday, February 26, 2013

Canada We acknowledge the financial support of the Government of Canada through the Canada Periodical Fund of the Department of Canadian Heritage.



Bob and Diane Sterne of Coalmont look over the historic Granite Creek mining records. The pair have been transcribing the original records since November and delivered a volume (Books 1 and 2) to Princeton Museum February 21st. Bob photographed pages while Diane put 127 hours into the transcription process. *

Next step in health care

Many Princeton residents attended a consultation group exercise arranged by SOHC last month. At the February 18 Town Council meeting, Councillor Marilyn Harkness reported that the next step in health care consultations would be a meeting of health care providers to give their views on Princeton's health care situation.

Interior Health Authority will meet with local health care providers and by June hopes to have an official plan for Princeton.

Local citizens have the opportunity to speak out about what they want for Princeton in terms of health care by going to the Canadian Centre for Policy Alternatives website. The website offers a number of options people can choose.

However, it offers no opportunity to say what the individual responder wants if none of those options are what is desired.

COMMUNITY CONSULTATION REPORT - Page 7

Princeton Arts Council looks ahead

Princeton Community Arts Council has a busy schedule of upcoming events. The first event happens this Saturday, March 2, at Riverside theatre, when the Arts Council presents The De Danaan School of Irish Dancers, an exciting, fast-paced show of dancing in the style of Riverdance or King of the Dance, as seen on television. Joining them will be members of Princeton Highland Dancers seniors.

The next show will be on Saturday, April 20, when the Arts Council presents the Juno Award winning Alpha Yaya Diallo. This show features African musicians and dancers performing to high energy African rhythms.

April 20 - 27 is BC Arts and Culture week, and one of the highlights of the week will be the launch of the Garden Club's book of gardening tips about gardening in Princeton. This book is co-authored by some of Princeton and Tulameen's long time gardeners, such as Ben Mazzarella and Leanne Petschl. The timing is perfect for those planning to plant a garden this spring. The book will be printed locally and there are already 50 books sold even before the book is printed.

Drama will be another attraction in April as the Crimson Tine Players present Black Comedy, an 'adults only' play. Look for more details next month.

The May long weekend features the Similkameen Spirit Festival, a sharing of the culture of

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Similkameen First Nations people. The weekend offers educational displays, a powwow and sales of First Nations handiwork. The Arts Council was thrilled to receive \$3,200 gift from Copper Mountain Mining to share the costs of putting

on the Spirit Festival.

The ArtsBC conference will be held in Vernon on May 3 and 4. A number of local members will be attending. A feather in Princeton's "arts" cap is the request by ArtsBC Directors to have Robin Lowe as a

guest speaker to talk about the very successful Spirit Festival. Princeton's Arts Council is being looked at these days as a model for other Arts Councils.

In late May or early June, the Arts
......continued on Page 21

Full steam ahead for PXA

This will be a busy year for Princeton Exhibition Association (PXA), the management board operating the fairgrounds. An ambitious plan for repairs and renovations to buildings on the grounds will keep everyone working well into autumn. The first renovations will be done in April when the grandstand will be brought up to standards set by a structural engineer's report. In addition to structural changes, there are a number of repairs and replacements to be done to the grandstand.

Repairs to barns and fences are currently being evaluated, and electrical upgrades are in the planning stage. PXA Vice-President Dan Kastor is working with Hayes Electric to determine the costs of replacing old light fixtures in fairgrounds buildings with energy efficient lighting.

President Paul Bedard reported snow removal was done to the Ag barn roof and the grandstand roof at a cost of over \$1,000. Additional work was done when snow slid from another barn roof, startled a horse, who then bolted through the fence. Temporary repairs were done by volunteers. Mud caused another problem at the barns, and fill was ordered and spread at a cost of over \$200.

Opportunity came knocking for the PXA in the form of an Earth Hour Challenge. Last year, the PXA took up the challenge and raised \$1,000 from FortisBC for electrical upgrades. This year, the Earth Hour Challenge is for \$4,000 in electrical upgrades. Earth Hour is on March 23 from 8:30 to 9:30. Lisa Carleton is in charge of making the arrange-

ments for an Earth Hour event downtown similar to the event last year. She will be campaigning to have people pledge to shut off their lights for Earth Hour in hopes Princeton people will help the PXA win the prize. Anyone who wants to help should contact Lisa. She ran a very successful campaign last year and received a lot of support from the community.

Karrie Crucil is going to the Cowboy Heritage Festival in Kamcontinued on Page 21

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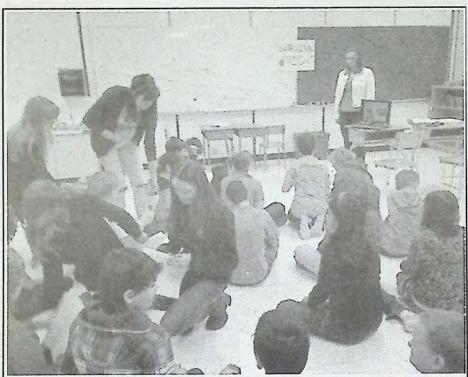


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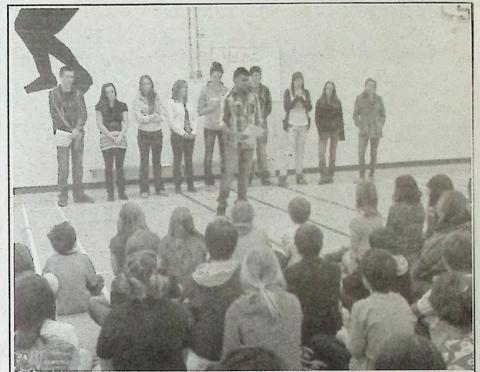
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PSS Social Justice Class

Grade 12 Students Visit Vermilion Forks Elementary School



Paula Barchard's Social Justice 12 class at Princeton Secondary spent February 19th at Vermilion Forks Elementary. They rotated students through four different stations. Photo: Sharleen Anderson



The elementary school students learned about the rights of children as described under the United Nations Charter of Rights. Students enjoyed this unique learning experience. Photo: Sharleen Anderson

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Chamber asks for more money to move forward, we (Chamber)

must be seen as separate from the

Visitor Centre. The previous con-

tract with the Town focused on the

Councillor Marilyn Harkness stat-

ed, after reviewing documents sub-

mitted to Council, "You should

have included revenue as well as

Crawford many communities have

a hotel room tax to cover the cost of

Mayor Frank Armitage told

Visitor Centre."

expenses."

Chamber of Commerce President Brenda Crawford and Visitor Centre Manager Lori Thomas attended the February 18 Town Council meeting to report on the Chamber's activities in 2012 and to ask for an increase in funding from the Town. The Chamber received \$25,000 last year and is looking for an additional \$10,000 this year.

Crawford told Council a grant was received last year from the provincial government for upgrades to the Visitor Centre. The rock garden was revamped, picnic tables were built to make them wheelchair accessi-

Lori Thomas reported numbers were down by one percent last year, better than the provincial average which dropped six percent. There were an average of 4.2 parties daily over the year, with a total of 18,880 visitors in 2012. There were a lot of phone inquiries about Princeton, particularly about the mine, by people thinking of moving to Princeton. Crawford told Council, "In order

the Chamber of Commerce. He advised Crawford that Princeton has the highest grant in aid per capi-

> and third reading of the new traffic and parking bylaw amendment. This document covers everything from who can park where to cleaning sidewalks and fines for not abiding by the

> At the end of the meeting, during question period, local businessman

ta of any community in B.C.

Crawford complained to Town Council that a valley-wide tourist guide will take the place of a Princeton guide and the Chamber of Commerce was told nothing

Mayor Armitage answered the complain by stating the Tourist Advisory Council for the valley received support from all members for a valley-wide tourist guide.

The Chamber of Commerce will enter into negotiations with Town Council regarding a new contract for service.

new traffic law Council adopts

At the February 18 Town Council meeting, Council gave first, second Ed Muckle asked Council why it had not addressed the issue of business owners and their employees parking all day in front of their businesses and discouraging customer parking. He noted there is plenty of parking space available off the main streets.

Council suggested this could be a whole new bylaw and worth consid-



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Flip of The Coyne

by Spencer Coyne

I was angry when I got involved in the movement to save our hospital. For me it was more than just an emergency room; I wanted it all back. I wanted what was here before the IHA took over and the services that we once took for granted slowly disappeared. I have not given up on the idea that we could have day surgery here again or that we could have a more comprehensive health care model in our community. Since I first got involved I have learned a lot and I understand a lot more than I did.

Since the first meeting we had at the Belaire last spring, I have learned that our doctor shortage is a lot more complicated than we originally thought. For starters, doctors don't get paid a salary. They get paid for the patients they see. In a way this puts all the doctors in town in competition with each other, and especially with any new doctor that comes to town. I have also learned that although we have an ER doctorshortage, we don't necessarily have a doctor shortage in our community. We have three doctors that service Princeton.

One is offering walk-in clinic days and we have doctors who are accepting patients, so technically we don't really have a shortage of doctors serving our community. It gets complicated in that we have one local doctor that does not do ER work. The other two doctors do but they cannot work 24/7, so it has been decided that service to the ER will be limited so our doctors do not burn out. This sounds reasonable

from a staffing and safety point of view, but as a member of the community it sounds outrageous that we would not have full ER coverage in our community. The next issue is

Did you know that IHA is not really the one that hires doctors? I didn't. Doctors work for themselves and bill to MSP. The only time they work for the Health Authority is when they work in the hospital or ER, so we have coverage within our community, but we do not have enough doctors that are doing ER work. If you were a new doctor coming to a town that could provide for around four full time doctors and there are three here already, it becomes a very competitive market. Luckily we should have a new doctor coming sometime later this year.

Something that has always bothered me is that we cannot have our babies born in Princeton anymore. I was very angry about that. My family has been having babies in this valley since before Europeans even knew the Similkameen existed, and now my family has had that connection severed because we cannot, without risk to mother and child, have babies in Princeton.

I was angry. I will admit I am not so angry anymore. I am still mad that my children's birthright has been taken away from them, but after having three children in five years, one of which we lost, I can say without a doubt that I would rather have a doctor and nurses who deliver in one month what they would deliver in one year in Princeton. As a family

valley website The new Similkameen Valley

Council sees

tourist website is still under construction, but Town Council has had a look at it on paper on February 18 and liked it. The website is the result of several meetings and workshops funded by a grant to the Similkameen Valley Planning Tourist Advisory Committee. The website features views of valley attractions, events, services and just about anything a tourist might want to know about communities in Similkameen Valley. Now, when a tourist comes to the valley, motels, restaurants, events and all the information can be accessed by a mobile communications device.

Similkameen Valley Planning Society met recently to hear a guest speaker, Miles Bruns, discuss the economic difficulties faced by small communities. Bruns told members they must be more aggressive with upper levels of government.

Mayor Frank Armitage was not impressed with Bruns' presentation and said, "Theory is all very well, but we need practical solutions."

who has had one stillbirth and other pregnancies with complications and difficult births, I can tell you that I would want my wife to be with the doctors who handle more births. I would love it if deliveries were done here again one day, but the specialization of roles has changed much of the way deliveries are done. The rural doctor is no longer trained the way they were 30 or 40 years ago, and unless that changes, I just can't see babies being born in Princeton again.

I know some people will be outraged by what I am saying, and I am sure I will get more than one angry comment from readers, but unless the system changes and delivery methods of care are changed, we are in a tough spot.

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My Tun_

The Similka-What?

As long as I've lived in Princeton I have corrected people on the fact that we are not in the Okanagan Valley. Some of the people I've corrected live here and have done so for years.

I was impressed by the initiative put in motion a few years ago by the Economic Development Committee of the day that saw giant 'Welcome to the Similkameen – Diverse by Nature' signs posted at the entry points of the valley.

I get to see one of them frequently at Yellow Lake on Highway 3A. There's also one on Highway 3 near Spotted Lake and on the downhill drive from 'Mine Hill' near the Copper Mountain Mine.

The 'new' Tourism Advisory Committee has recently announced plans to market the area with a single valley-wide tourism brochure to assist in branding the Similkameen as a region joined together in a form of solidarity.

There is obvious cost savings in producing a single guide and establishing a 'one-stop' website, but will that do the trick?

We all need to play a part in the education of tourists who are certain we are part of the Okanagan.

Just the other day I was in contact with a business in Keremeos who was promoting his product on Facebook as being 'Made in the Sunny Okanagan, BC.' He didn't seem to get what I was trying to explain as I think he really thought he was in business in the next valley over.

It's all well and good to claim we are part of the Okanagan because "no one knows where the Similkameen is, nor can spell it" but I think we are missing the real opportunity here.

Finally there's a reason for us to start to separate ourselves from the Okanagan and develop our own, distinct identity which will, hopefully, make the Similkameen stand out in a way that will be viewed as much more different that the Okanagan.

If we don't embrace this opportunity, we may as well just continue to be on the doorstep of the Okanagan.

Calling my newspaper the Okanagan News Leader is inaccurate, which is my point. We are in the Similkameen.

Let's start to tell everyone else that, too.

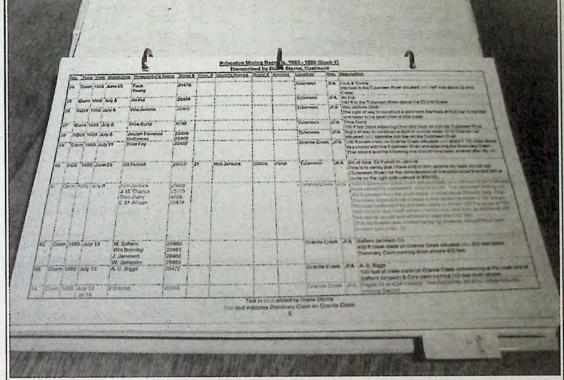
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EDITORIAL GUIDE

We would like you to write to us, but please remember to abide by arti-discrimination laws. The News Leader reserves the right to refuse to print any letter which is not signed by the writer or is standarous, I belows or of uncommon sensel. The Editor reserves the right to condense any letter or to substitute proper language for improper language.





A close-up view of the searchable records following transcription from the original hand written Granite Creek mining records received late last year by Princeton Museum. Bob and Diane Sterne of Coalmont have been transcribing and photographing the original records to create a searchable file and disc of the historic documents.

Your Turn

Letters And E-Mails Received This Week

To The Editor;

DON'T BE DUPED! Primary Care can't meet the needs the of the population of Princeton. No ER, No Surgery, No Babies can be born in this community. In many cases patients are already having to travel to Kelowna due to overcrowding in Penticton when faced with an emergency. Under a Primary Care this will never change.

Four reasons why a Primary Care facility will not meet the needs of Princeton:

 ER is not part of a Primary care facility.

In many cases patients are having to travel to Kelowna due to overcrowding in Penticton.

2) Babies (obstetrics) and Surgery, is not part Primary Care Facility.

3) Doctors paid on a steady contract basis are not part of a Primary Care Facility.

4) Continuity of care for rural BC does not fit with a Primary Care facility

Four reasons why a hospital with ER Services are vital for Princeton:

1) We are a resource based community with many high risk jobs.

Workers deserve protection.

2) Seniors. The median age of a Princetonite is increasing according to Statistics Canada. (approx. 51-53 years) Heart conditions, Respiratory issues can not wait. The average lifespan of a Princetonite has increased so to have heart and respiratory ailments within our community. 3) Kids. Accidents happen. Few things are more terrifying than being in the position of a parent dealing with the medical emergency of your child when access is not assured. Poverty, high risk activities, and teen alcohol and drug use, are all contributing fac-

4) Economic Stability and Growth. Who lives here, how our population grows or does not grow, who moves here, who does business here, who can afford to continue to do business here, who hires, property values, infrastructure. All of these things are directly impacted by access to medical services. Accidents on the job site force WCB rates up, this is problematic for many employers who are being forced to deal with workers health and safety at levels never seen before.

Four examples of the Independent Hospitals and why they work.

Broadband?

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Current Comment

How Do We Heal Ourselves?



Dawn Johnson editor@thenewsleader.ca

There is a phenomenon called 'spontaneous remission' or 'spontaneous healing'. This occurs when the body heals itself of a disease or injury which physicians say is impossible.

The first time I ever heard of this was when I was in my twenties. My neighbour had an aunt who was diagnosed with a terminal cancer, and was given a few months to live. After a few months had passed, I asked her how this aunt was doing. My neighbour said she had heard nothing from her family about it, and decided to write and find out, What she learned was this: her aunt, a schoolteacher who had saved a lot of money to buy a house, quit her job and moved to a motel in Las Vegas to live out her final months just enjoying life. She lounged around the pool, explored the desert, bought some new clothes for her new life, and just had fun. After five months had passed, she was still feeling well, and decided to visit a doctor anyway. He could find nothing wrong with her. She returned to her home town, checked in with her

regular doctor, who ran a series of tests and could find nothing wrong with her.

Medical researchers are now gathering thousands of case histories of people who have been told there is no cure for what they suffer from, but have somehow cured themselves. The cures range through a variety of cancers to MS and horrific injuries.

I read some of these case histories to see if there is a theme. I will share some with you.

A woman in her forties discovered strange little lumps in odd spots on her body. She went to her doctor, went through many tests and scans. She was called in one day to learn from her doctor that she had a form of cancer for which there is no treatment and which is always fatal. She drove home as if she were numb. When she arrived, she saw her husband and three children were in the back yard swimming pool. She thought, "They are all having fun, they're going to live."

Suddenly she felt filled with a strange new energy and decided, "I am going to look after me!"

She began to eat only healthy foods, went to the gym for exercise, and pampered herself in many small ways. After several weeks, the lumps disappeared. When she finally went back to her doctor, she felt really well. He could not believe the lumps had gone and ran all the tests and scans again. There was nothing wrong with her.

A man in his thirties was diagnosed with stomach cancer. When he underwent surgery, doctors found the cancer on the outer edge of his stomach was linked to his liver. They sewed him together and told

him there was nothing they could do. After he was released from hospital, he quit his job and decided to enjoy his last few months as well as possible. He went to ball games, horse races, got drunk frequently (a no-no) and did as he pleased. Years later, he went to ER for severe pains in his gut and told the doctors about his cancer. A scan showed he had gallstones. There was no evidence of cancer. He had the treatment for gallstones, recovered, and went back to just enjoying his life as a reprobate homeless person.

An elderly woman who was terminally ill with cancer suddenly began to heal after her verbally abusive, nasty-tempered husband died suddenly. Within months, her cancer was gone and she was living a happy, healthy life.

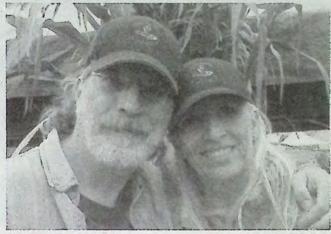
I was seeing a theme emerging of people suddenly deciding whatever time they had would be lived with enthusiasm doing what they really wanted to do.

Researchers saw a different theme in which people reacted to a threat strongly and suddenly in the most positive way - something in their own psychology triggered a flood of a healing substance. These researchers have identified the substance and are trying to find what triggers it. One of the clues came from a spontaneous remission in a nine year old boy who had a cancerous tumor in his brain. He learned how to relax and focus his mind through biofeedback.

The researchers continue to seek the answers and I hope they find the answers. Imagine how great life would be if we learned the secrets of how to heal ourselves of diseases and injuries!

Helys Leader

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Curling Club reports progress

Shirley Campbell, representing Princeton Curling Club, attended the February 18 Town Council meeting to report on activities of the club during the past year. She told Town Council the club offers fellowship and sport, and supports Special Olympics activities. The club has hosted three bonspiels, and members have spent 1,200 volunteer hours keeping the ice

ready for play and providing other services in the club.

"Things are looking good," Campbell said.

The ice maker of the club told Council the job is very challenging with eight ice technicians working during the season. The ice must be checked twice a day seven days a week with additional work required for bonspiels. The club is

planning a Level 1 ice technician course for autumn 2013, with ice makers from all over the region

expected to attend.

Campbell told Council the club is gaining new members, but is still very dependent on Weyerhaeuser's seedling storage contract for revenue. The biggest concern of the club is a 40 year old compressor which could go at any time, but Campbell assured Council the club is prepared.

Mayor Frank Armitage praised the work of curling club members and remarked, "You people have one of the more healthy curling club financial sheets in the valley."

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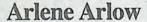
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Lower Valley News

Keremeos - Cawston - Olalla



Olalla takes a different shape when seen from above. Photo: Myrl Stus

waste collection **RDOS resumes yard**

In March, yard waste collections resume in Penticton, Oliver, Osoyoos, Keremeos and surrounding rural communities.

Collection starts in rural Electoral Areas 'A', 'B', 'C', 'D', 'E', 'F', 'G', the Towns of Oliver and Osoyoos and the Village of Keremeos on the week of March 4th to 8th. Penticton home owners receive their first 2013 yard waste pickup during the week of March 11th to 15th. Place materials out by 7:00 AM on your regular collection day. Residents should check their collections schedules for future

Residents can place out an unlimited amount of leaves, twigs, grass and prunings in reusable containers or paper yard waste bags. Sticks under 3 inches (7.5 cm) diameter must be cut to 3 foot lengths (1 m) and bundled with twine. Maximum weight per reusable container, bag or bundle is 25 kg or 55 pounds. Reusable containers can include a well-marked garbage can. Local governments have free 'Yard Waste Only' stickers to place on cans to make it clear which one is for garbage.

Yard waste should never be placed in plastic bags. Any yard waste placed in plastic bags will be left at your property. As large wood pieces can damage compaction equipment, branches over 3 inches (7.5 cm) diameter and wood will not be collected. Instead bring larger woody materials to the landfill.

Often residents are shocked to see garbage and yard waste going in the same truck. BFI Canada operates split-trucks that have two compartments. By adjusting a switch, the driver can go from compartment to compartment using the same opening.

This allows for one truck to be continued on Page 22

Author with valley history speaks in Hedley

Jim Douglass, author and son of a mine manager from the golden era of Similkameen Valley history is returning to visit with his daughter Jennifer, in Hedley.

A 'meet and greet' has been planned and Douglass will speak about his recent book about the JFK conspiracy, as well as discuss one he's currently working on.

He will be at the Hedley Seniors Hall at 10:30 AM on Wednesday March 6th.

His daughter, Jennifer says, "My Dad's a Hedlite, born in 1937, in Princeton. His family lived in the house we now call the 'pub' just outside of town (on Highway 3, Hedley) which was a Company house."

Jim Douglass has written six books: The Nonviolent Cross (Macmillan: 1968), Resistance and Contemplation (Doubleday: 1972), Lightning East to West (Crossroads: 1983), The Nonviolent Coming of God (Orbis: 1991), JFK and the Unspeakable: Why He Died and Why It Matters (Orbis: 2008; Simon & Schuster paperback: 2010); Gandhi and the Unspeakable: His Final Experiment with Truth (Orbis:

From 1963 to 1965 Jim Douglass served as an adviser on questions of nuclear war and conscientious objection to Catholic bishops at the Second Vatican Council in Rome. He then taught theology at Bellarmine College, Louisville, Kentucky (1965), the University of Hawaii (1968-69, 71-72), and in the Program for the Study and Practice of Nonviolence at the University of Notre Dame (1969-

In 1977 Jim and Shelley Douglass helped found Ground Zero Center for Nonviolent Action alongside the Trident submarine base near Seattle, Washington. Jim Douglass

served a year and a half in jail for acts of civil disobedience at the Trident base. The Douglasses and Ground Zero developed an extended community in 250 towns and cities vigiling by the railroad tracks of Trident nuclear weapons ship-

In September 1989 the Douglasses moved to Birmingham, Alabama. From Birmingham Jim Douglass has taken part in a series of peacemaking journeys to the Middle East, including peace walks through Israel, the West Bank, and Jordan and a pilgrimage to Iraq after the Persian Gulf War. In 1993 the Douglasses founded Mary's House, a Catholic Worker house of hospitality in Birmingham for homeless families.

In 1993-94, Jim Douglass made four pilgrimages to Sarajevo under siege, where he met with religious leaders and carried messages bet-.....continued on Page 18



Fraser-Nicola MLA Harry Lali, right, stopped in Princeton briefly recently with his Assistant Millie Mitchell.

The pair have worked together in Merritt off and on over the past twenty years. Photo: Dawn Johnson

Lali responds to health problems

MLA Harry Lali was in Princeton recently, and gave the News Leader the opportunity to discuss health care with him. The News Leader referred to negligence of the elderly in residential care as exposed on the television inquiry program W5, and a discussion of private health care on 16 X 9, which talked about how the BC government fast-tracks police, Workers Compensation

patients and prisoners through a private hospital and pays the bills.

Lali responded by saying there is no accountability in our health care system.

"People complain to the government and they say they give money to IHA to run the health care in our area. People complain to IHA and are told the government doesn't give them enough money. Nobody is accountable."

In addition to pointing out this 'pass the buck' technique, Lali stated there should be elected officials on health boards who will be accountable to those who elected them.

"As long as there are no elected officials involved in health care, we will continue to see this erosion of services to rural communities."

SOHC releases report

The Community Consultation hosted January 28th by Save Our Hospital Coalition (SOHC) produced data that has since been analyzed and condensed into a summary report.

The 19-page report by Barbara Pesut, PhD, RN reviews the process that produced the data then examines the strengths and challenges of current healthcare delivery.

Regarding 'strengths' this is what Pesut says: "Participants reflected on a number of strengths in the community that support healthcare capacity. The dedication of healthcare providers and the climate of cooperation between healthcare professionals and the community were seen to contribute to a sense of cohesiveness. In particular, core groups of champions that worked across multiple levels of the community provided a strong network of communication, innovation and support. Physicians were acknowledged for their willingness to do house calls, to sponsor health promotion initiatives and to maintain regular contact with physicians in Penticton to ensure seamless care. Healthcare providers were seen as hardworking and flexible in their attempts to meet the community's

needs, which helped to overcome some of the system challenges. The care of seniors was cited as a particular strength of the community. The overall continuity of care provided in this rural community was viewed by some as an asset."

She adds, "Participants cited a number of services that enhanced care including walk in clinics; victim services; end of life care and hospice; a nurse practitioner who works at the clinic and provides services to the High School; a responsive EMS service with strong leadership; and the availability of both in-community and visiting services."

As for challenges, they fit into five themes: physicians and 24/7 emergency room coverage; escalating downsizing of services; emergency medical services; the impacts of commuting for care; and conflicts in responsibilities and accountabilities for healthcare.

The Consultation exercise also generated a number of innovative ideas from participants including: a model of one stop shopping for care that uses a multi-disciplinary team paid on a contractual basis, the use of nurse practitioners and emergency medical services supported by physicians, an administrative model that includes local citizens similar to the model of the previous Health Boards, providing incentive programs for rural students to become healthcare providers, the potential for distance technology to reduce the necessity for commuting and more active public education around health pro-

The entire report is available for viewing at the SOHC website located at www.savepgh.ca.

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PUBLIC OPEN HOUSE

Regional Biodiversity Plan



"KeepIng Nature In Our Future" is a biodiversity strategy for the South Okanagan and Similkameen that has been presented to the Regional District for consideration. The strategy provides information and maps showing important natural areas and suggests opportunities for communities and local governments to protect and link valuable habitats. An overview of the biodiversity strategy will be presented to the public at 5:45 PM.

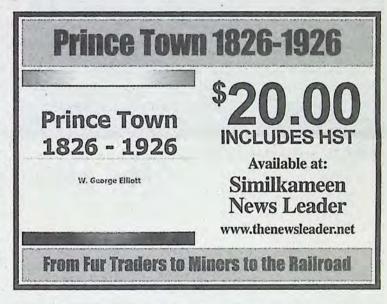
Further information can be found at:

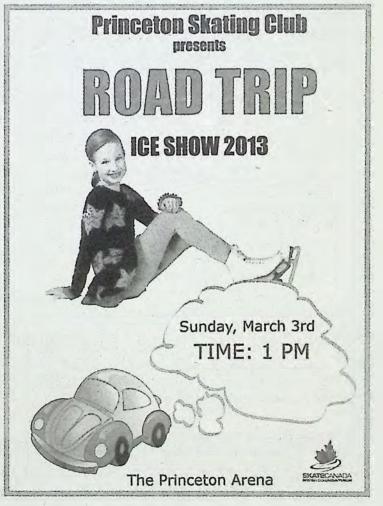
http://www.rdos.bc.ca/departments/development-services/planning/projects/biodiversity-conservation-strategy/

FOR MORE INFORMATION PLEASE CONTACT:

Malcolm McNaughton, RPP, MCIP mmcnaughton@rdos.bc.ca 250-490-4213

Community	Date	Time	Location
The Town of Princeton and Electoral Area "H"	March 4	5 - 7 PM	Okanagan Regional Library Bullding 107 Vermilion Avenue





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MONDAY NIGHT

162 Angela Avenue, Princeton - 250-295-7515 (Senior Citizens Association - Branch #30)

OPEN 4:30 PM - FIRST GAME 5:15 PM

Bonanza - Odd/Even - Lucky 7

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Prince Town 1826 - 1926

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From Fur Traders to Miners to the Railroad



Town of Princeton Public Notice

In accordance with Section 26 of the Community Charter, the Town of Princeton gives public notice that it intends to enter into a licence agreement with Environment Canada of Ottawa ON for a licence to occupy a 900 square metre portion of land at the Princeton Airport - located on the south side of the airport, 75 metres east of the Town's water reservoir - 151 Airport Road. Environment Canada intends to use the property for a Reference Climate Station.

The property is legally described as:

Parcel Identifier: 014-972-981

That part of District Lot 1297 shown on Plan B4053, Similkameen Division, Yale District including therein, former old race track road as indicated in yellow on plan M94 said to contain 66.4 acres more or less, except Plan H8881.

The term of the licence is for ten years and the licence rate will be \$1,200 per annum.

February 18, 2013



Princeton Skating Club members practice one of the many routines planned for inclusion in their annual Ice Show 'Road Show' planned for March 3rd at Princeton Arena. The event is open to all Princeton area residents. *

dies 'n' Sours

by Pastor George Donovan

I was getting too big to ride my pony so my Dad took me to several different places and I finally got a beautiful mare, 15.2 hh, that I called Caprice.

As usual, I was delivering my paper route on horseback. It was a five mile route with only nineteen papers to deliver. I would hang my sack of papers to the offside (right) of the horse and swing on from the near side and put the shoulder strap over my shoulder and I was off to deliver my papers.

One day I had a new customer and when he saw me coming he came out on the road to meet me and my horse. I was just a teenager and he a pensioner. I never asked how old he was but 75 was the age for old age pension in those days.

I introduced myself and he told me just to call him "Old Man B". I found out later that his name was Mr. Burrit but always called him Old Man B out of respect. While talking with him he asked if he could have a ride on my horse.

He was a short man and I was surprised but consented to have him ride. I figured I could help him on the horse because there was no saddle. He grabbed a handful of mane and swung

Similkameen News Leader 250.295.4149

gallop down the dirt road and back again.

I was amazed and stood in awe as he brought the horse back and swung off. "Nice horse", he said. He

on landing vertical, took off at a full invited me into his rented house to show me his photo albums. He had been a cowboy all his life. We became friends and remained friends for years, me and Old Man B.

.... continued Next Week

Llyng Past 100

Parsley Is Better Than A Garnish

We are continually being reminded to eat green, leafy vegetables, but most of us forget that parsley is one of the most powerful of these green, leafy vegetables. Parsley is higher in chlorophyll than most vegetables, and it can sweeten your breath if you chew it after eating fish, onions and garlic. The ancient Romans chewed parsley to remove the scent of alcohol.

In herbal medicine, parsley has been used for hundreds of years to improve kidney and liver function.

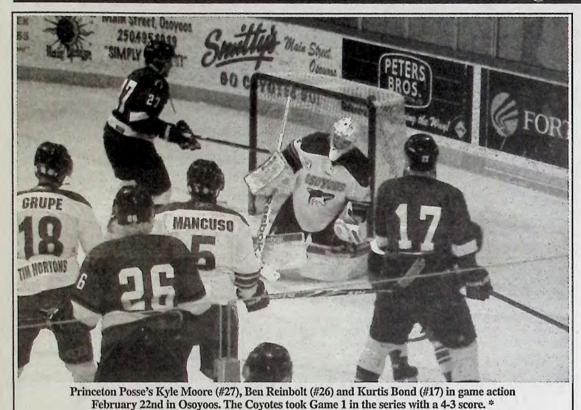
Eating parley is like taking a multivitamin capsule. It has a higher content of Vitamin C per gram than an orange. Parsley has a number of B vitamins, a lot of Vitamin A, and contains calcium and iron. It deserves to be more than a garnish.

Parsley should not be eaten in large quantities, because it can act as a diuretic and affect blood pressure, but parley should be eaten on a regular basis. It is one of those things that is best eaten in small amounts frequently.

Parsley is an excellent additive to soups, stews, sauces and salads. Mexicans use parsley as the main ingredient in salsa verde. Japanese chefs coat parsley with tempura batter and deep fry it. French chefs are fond of serving a dish of ham and parsley in aspic, and they often make a mash of garlic and parsley to sautes, grilled meats and poultry. Italian chefs make a sauce of butter, parsley and garlic to add to steamed mussels or clams served on the shell. Parsley is great in cheese dishes, tomato sauce and just about any kind of gravy. It goes well with curry and combines well with other herbs such as basil, rosemary and oregano. No kitchen should be without a steady supply of parsley. There is a cosmetic use for parsley oil: it is used in shampoo, perfume, soaps, creams and skin lotion. If you have a rash or irritated skin, boil a handful of fresh parsley, strain it, and add the liquid to your bath to soothe the skin.

Parsley comes in curly or flat leaf, and if you want to have fresh parsley all year, it grows well in a pot indoors as well as it grows in the garden. If you want to preserve parsley, the best way is freezing. To freeze parsley, wash it and spin it dry, then place it on a cookie sheet and freeze it. When it is frozen, place small amounts in small containers or plastic bags so it can be used in small amounts as required.

Similkameen News Leader TV Guide Listings - February 25 - March 3, 2013



Princeton trail series 2-0

Due to a scheduling conflict at their home arena, Princeton Posse started their first round playoff series with Osoyoos Coyotes with Game #1 being played in Sun Bowl Arena February 22nd.

With a 'fan bus' and numerous other fans traveling in their own vehicles, the Posse were not alone on ice in Osoyoos. In fact, almost a quarter of the crowd that evening was cheering for Princeton and was

actually much louder than the home crowd.

Princeton was trailing 4-0 after the first period with one goal scored on Phoenix Logan-Hill that he didn't even see due to the effectiveness of the screening moves of Coyote players in front of the Posse net.

The rest of the game saw Logan-Hill at the top of his game and he stopped 29 more shots as the Posse started to pick away at the Coyote lead. After the second period Osoyoos was still leading but only by a score of 4-2.

The Posse scored a third goal with 1:54 left in the game and had the period been 21-minutes instead of twenty, the Posse would probably have tied the game to force overtime.

They didn't, and Osoyoos took a 1-0 series lead with a 4-3 final score.

.....continued on Page 18

STAND UP AND FIGHT FOR RURAL HEALTH CARE SERVICES!

www.RuralBCHealthWatch.com

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Princeton Posse ROUND 1 Play-Off Schedule

Game 3 - 8 PM Monday, February 25 on Princeton Game 4 - Tuesday, February 26 in Osoyoos *Game 5 - 7 PM Thursday, February 28 in Princeton *Game 6 - Friday, March 1 in Osoyoos *Game 7 - 7 PM Saturday, March 2 in Princeton



CONCESSION RAFFLES - SOUVENIRS Lucky Puck Toss

TICKETS AVAILABLE AT THE DOOR

Tuesday Movies

EVENING

9:30 pm WTBS ch.3 "The Fast and the Furious" (2001, Action) Vin Diesel. An undercover police officer investigates a gang leader suspected of stealing electronic equipment.

equipment.

11:30 pm WTBS ch.3 "The Wedding Date" (2005, Romance-Comedy) Debra Messing. A desperate woman pays a male escort \$6,000 to accompany her to London for her sister's wedding.

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News Leader Horoscopes

February 27 - March 6, 2013

ARIES - Your mind is working all the time, perhaps worrying, fussing over things you read or hear. This is not a calm time for you, but you can work through to decisions that solve current problems. You need to be patient, which is difficult for Aries. What is going on in your mind will surface next week.

TAURUS - This is an active time with groups you belong to - lots of discussions, friendly exchanges. This is also a time when you want to look at your hopes and dreams, and you may feel frustrated that your dreams are not coming true. Set a goal, make a plan, and start taking the steps that lead to your goal.

GEMINI - Your career is just too demanding these days, and perhaps your boss needs to know how you feel. Say it gently or there will be arguments. Older folks may need your help now, or they may be critical. Do what is constructive. You have enough goodwill to make things smoother. Don't be lazy but rest.

CANCER - You could be dreaming of a trip far away, but this is not the time to do it. Put your mind to what you need to learn. Communicate with people around your neighbourhood. If you really need a vacation, take a few days off work and spend it doing spring cleaning. Students: study harder!

LEO - This is not a favorable time for your financial affairs, but you must deal with them and solve problems. There is a silver lining if you look for it. Do your taxes, negotiate better terms on loans or debts, put your financial house in order. Somebody can surprise you with unexpected break.

VIRGO - Interaction with a partner or friend is heightened now, and can be both pleasant and challenging. Career runs smoothly and you could make some gains in your career. Some romance can come your way if you don't turn a blind eye. Committed couples enjoy a better relationship now.

LIBRA - This is a good time to clear up any health problems you have been dealing with. Exercise is what you need. Go for walks. Eat right. Your job may be very demanding now, but you can mix business and pleasure through gains you make on the job. Some Libras will enjoy youngsters' company now.

SCORPIO - You can find a lot of enjoyment in life right now, but you are going to enjoy life more if you are active. Get out and do something physical. Enjoy creative activities, too. Crafts, art, dancing and music are good for you. Avoid swimming now and avoid large bodies of water. Socialize!

SAGITTARIUS - Home activities with your partner can create stronger bonds between you and if you are working on home improvements now you can make real gains in improving the appearance and comfort of your home. Your partner may surprise you in a very nice way this week. Try to enjoy your home.

CAPRICORN - This is a time when you need to make a lot of contacts with people in your immediate environment. Be sure you communicate pleasantly or you will come across too strong. This is also a time for doing a lot of errands, taking care of business, but drive carefully. Avoid demanding groups.

AQUARIUS - This week is all about what you own and what you owe. Your career may be boring, but stick to it and remain steady. Take inventory of your home and belongings, make plans for future improvements but do not spend money you do not have. This is a time to appreciate what you own.

PISCES - Home is where your heart is, but you may feel out of sorts anyway. You have kind of a roller coaster effect going on. It will stop next week and you will feel great, so just be patient with yourself. At this time, you can make real gains by being your most charming self. Be gracious to others.

TUESDAY, FEBRUARY 26, 2013

		WTBS ch.3	CHBC ch.4	KNOW ch.5	KSPS ch.6	KHQ ch.7	KREM ch.8	A&E ch.9	KXLY ch.10	BCTV ch.11	CITV ch.12	CBC ch.13	YTV ch.18	TSN ch.19	VTV ch.22	DISC ch.24	FAM ch.26	CITY ch.29	SPIKE ch.44	TROP ch.45
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Hews Leader Recipe 550

Nutella French Toast Cups

(NC)—It is referred to as roti telur in Indonesia, torrija in Spain, and French toast in Canada. No matter what the language there is a universal passion for this delicious dish. Nutella is celebrating World Nutella Day on February 5th by releasing their own recipe for French toast with a twist.

Prep time: 15 minutes / Cook time: 10 to 12 minutes / Serves: 6

Ingredients:

- 3 eggs
- 3/4 cup (180mL) low fat milk (2% or less M.F.)
- 1 tsp (5mL) pure vanilla extract
- 1/2 tsp (2mL) ground cinnamon
- 6 slices whole grain bread
- 1/3-cup (80mL) plain low fat Greek yogurt (2% or less M.F.)
- 1 tsp (5mL) sugar
- 1/4 tsp (1 mL) orange zest
- 1 cup (250mL) fresh berries (strawberries, blueberries and raspberries)
- 1/3 cup (80mL) Nutella

Directions:

- Pre-heat oven to 350F (180°c)
- Spray a six-muffin, non-stick muffin tin with cooking spray
- In a large bowl, whisk together eggs, milk, vanilla and cinnamon. Dip each slice of whole grain bread in the egg mixture one at a time lightly coating both sides. Gently press each slice of bread into the muffin cups.
- Bake for 10 to 12 minutes or until muffin cups are cooked and golden.
- Remove from oven and let cool for five minutes.
- Meanwhile, in a small bowl, combine yogurt, sugar and orange zest.
- Divide the Nutella equally between the six cups, spreading on the inside. Spoon in some orange yogurt and top with fresh berries.
- . Serve with some extra fruit and a glass of milk.

For more recipes and to learn about different individuals and organizations who are championing breakfast in Canada, please visit Facebook.com/TheBreakfastTable

- www.newscanada.com

Wednesday Movies

EVENING

9:00 pm KNOW ch.5 "Tosca" (2001, Musical) Angela Gheorghiu. Premiere. In order to save the life of her imprisoned lover, a woman must give in to the amorous demands of a police chief.

11:30 pm WTBS ch.3 "We Are Marshall" (2006, Drama) Matthew

Marshall" (2006, Drama) Matthew McConaughey. Jack Lengyel, the new coach at West Virginia's Marshall University, vows to rebuild the school's football program after a plane crash claims the lives of 75 players, staff and fans.



VED	NC	ESDAY	, FEBI	RUARY	27, 20	13												78.8		5.411
B.		WTBS ch.3	CHBC ch.4	KNOW ch.5	KSPS ch.6	KHQ ch.7	KREM ch.8	A&E ch.9	KXLY ch.10	BCTV ch.11	CITV ch.12	CBC ch.13	YTV ch.18	TSN ch.19	VTV ch.22	DISC ch.24	FAM ch.26	CITY ch.29	SPIKE ch.44	TROP ch.45
6	1	In the Heat of the Night	Morning News (N) Ed	To School	Builder	KHQ News 6AM (N)	KREM 2 Morning	Criminal Minds () Rd	News	Morning News (N) III	(5:00) Morn- ing News	CBC News Now (N) O	Kld vs. Kat	SportsCen- tre 🖾	CTV Morn- ing Live (N)	Dirty Jobs: Down	Dinosaurs Hannah	CityLine (N) III	Auction	Weird or What?
	:30	*		HI-5	Clifford		News				(N)		Super Evil		O RC	Under		I sale Medes		Forth Floor
7	AM .	Justice		Arthur O	(100)	Today Donald	CBS This Morning (N)	Criminal Minds O RG	Good Morn- ing America			Tiger	Sidekick	SportsCen- tre 30		Mayday 80	Shake It	Let's Make a Deal (N)	Auction	Conflict O
	:30	Justice		Magic Bus	-	and Ivanka	0 80		(N) BE			Monster	Beyblade				ANT Farm		Auction	
8	AM .	Judge Alex		Tree Fu	Curlous	Trump; Dulé Hill, (N)		CSI: Mlami			Morning	Bo On/Go	Pokémon	SportsCen- tre 30		Licence to	Jessie (c)	The Price Is Right (N)	Auction	Weird or What?
0	:30	Judge Alex		Dinosaur	Cat In the	O RED					Huntley	Busytown	Super Evil				Wizards		Auction	
0	AM	Millionaire	Morning	Pinky	Super Whyl		The 700 Club () [8]	CSI: Miami	Livel Kelly and Michael	Morning	The Doc-	Super Whyl	Rescue	SportsCen- tre BD	Live! Kelly and Michael	Africa "Congo" O	Mickey	Access Hollywood	Auction	Weird or What?
9	:30	Millionaire	Huntley	Peep, Blg	Dinosaur		Club () as	t) ass	and michael	Huntley	tors to as	Cat in the	Cat In the	U.C.D.	and michael	200 E	Manny	Live	Auction	
0			The Doc-	Doggy .	Sesame	- 1	The Price Is	Criminal	The View	The Doc-	Eat, Shrink	Poko ac	Squirrel	STIHL	The View	How/Made	Never Land	The Chew	Auction	Gold Girls
10	:30	CI	tors O EE	Franklin	Street 0		Right (N)	Minds () 80	O EE	tors O KE	Debt/Part	Doodlebop	G. Shrinks	Darts	() 45	How/Made	Little		Auction	Gold Girls
			Eat, Shrink	Rolle Polle	Tiger	Judge B.	Young &	Criminal	Paid Prog.	Eat, Shrink	Noon News	Steven and	G. Shrinks		Marilyn	Low Coun-	Suite Life	General	Auction	Friends ()
17	:30	CI	Debt/Part	Dive, Olly	Sit & Be Fit	Judge B.	Restless	Minds O Re	Anti-Aging	Debt/Part	Hour	Chris 80	Rescue	Billiards	Denis	try Raiders	Suite/Deck	Hospital (N) O	Auction	Friends O
1	PM	Excused	Noon News	Dino Dan	Charlle	Joint Pain?	News	Duck D.	The Chew	Noon News	Days of our	CBC News	Super Evil		CTV News	Gold Rush	Wizards	CityLine (20)	Auction	'70s Show
12		Excused	Hour (N)	Rob Robot	Rose O BC	Anti-Aging	Bold	Duck D.	U RC	Hour (N)	Lives (N)	Now (N) O	Kid vs. Kat	30 for 30 🕮	(N) O 30	0 88	Hannah		Auction	'70s Show
-			Days of our	Save Ums	Oil Painting	Days of our	The Talk	Duck D.	General	Days of our	The Talk	Heartland	Squirrel		The Dr. Oz	Bering Sea	Sonny	Katie o 30	Auction	3rd Rock
1		There Yet?	Lives (N)	Wibbly Pig	Sewing	Lives (N)	0 86	Duck D.	Hospital	Lives (N)	0 80	"Dark Horse"	Sidekick	-	Show @	Gold 80	Random		Auction	3rd Rock
	-	King	The Talk	Blg Bear	Barney	Katle O 80	Let's Make	Duck D.	(N) O	The Talk	The Ricki	Steven and	Almost	Off Record	Dr. Phil	Licence to	So Raven	CityNews at	Auction	Gold Girls
2		King	ORE	Dinosaur	WordWorld	-	a Deal (N)	Duck D.	Probst	0 80	Lake Show	Chris (N) O	Super Evil	Interruption	0 80	Drill	Suite/Deck	5 (N) BC	Auction	Gold Girls
	,		m - Di-td	7,111	Sld	Ellen	Dr. Phil	Duck D.	Show	The Ricki	Young &	Recipes	Squirrel	SportsCen-	Ellen	How/Made	Wizards	CityNews at	Auction	Weird or
-3	33		The Ricki Lake Show	Rob Robot		DeGeneres	0 880	Duck D.	Ray O Rd	Lake Show	Restless	Stefano	Sidekick	tre (N) 80	DeGeneres	How/Made	ANT Farm	6 (N) 10	Auction	What?
	-	The Office		Clifford	WordGirl	Show	T - D - O -		The Date	V	Fasts Name			Unakau	Show	Daily Planet		How I Met	Auction	Weird or
1		Blg Bang	Young & Restless	G. Shrinks	Wild Kratts	Jdg Judy	The Dr. Oz Show &d	Duck D.	The Doc-	Young & Restless	Early News	Dragons'	SpongeBob		Live (N) 30	(N)	Austin	30 Rock	Auction	What?
-1	:30	Big Bang		Arthur O	Electric	Jdg Judy		Duck D.			Global Nat.		SpongeBob	Hockey:				-		
E		College * Basketball:	News (N) SE	Martha	News	News	News	Duck D.	News	Early News	(4:59) News Hour		SpongeBob	Montreal	at Five (N)	River Mon- sters 20	Jessie &c	The Middle	Auction	Friends ()
5	:30	Arkansas		Wild Kratts	Business	NBC News	CBS News	Duck D.	ABC News	Global Nat.		News	SpongeBob	Canadiens at Toronto			Good Luck	Cougar	Auction	Friends 0
C	PM	at LSU. (N) (Live)	Global Nat.	Animals	PBS News- Hour (N) 20	News	KREM 2 News at	Duck D.	News	(5:59) News Hour (N)	ET Canada	News	ICarly 30	Maple Leafs.	CTV News	River Mon- sters 86	ANT Farm	Mod Fam	Auction	70s Show
6	:30	(Live)	News	Undersea	Hour (N) sa	Millionalre	6 (N)	Duck D.	News	moar (iv)	Ent	Exchange	Victorious		(,		Shake It	Suburg.	Auction	'70s Show
and .	PM	Seinfeld O	Ent	Frontiers of		Jeopardyl	Inside Ed.	Duck D.	Ent	Ent	Chicago	George S	Mr. Young	SportsCen-	Arrow *Dead to	Myth- Busters	Good Luck	Rules	Diggers	Roseanne
1	:30	Seinfeld O	ET Canada		(DVS)	Wheel	Access H.	Duck D.	Insider	ET Canada	Fire (N) ISS	Coronation	Boys	tro (N) (Live)	Rights*	O 20	Wingln' It	30 Rock	Diggers	Roseanne
0		Family Guy	Caramann	The Story	Battle for the	Whitney (N)	Survivor: Caramoan	Duck D.	The Middle	Survivor: Caramoan	Survivor: Caramoan	Mr. D (N)	Wipeout O &C		American Idol Ten	Bering Sea Gold 30	Austin	CityNews- Tonight (N)	Diggers	Debt/Part
8	:30	Family Guy	Caramoun	Or mond to	Elephants	Guys-Klds		Duck D.	Neighbors			Ron James		That's Hockey 2	more male		Gravity		Diggers	ET Canada
0	PM	Amer, Dad	Blg Brother		NOVA O BE	Law & Or- der: SVU	Criminal Minds (N)	Duck D.	Mod Fam	Big Brother Canada O	Big Brother Canada O	Arctic Air	Gags	Nito	singers perform.	River Mon- sters #0	Wingin' It	Jimmy Kimmel	Auction	Friends 0
9	:30	Browns	Canada O	*** "To- sca" (2001)		der. 300	minus (rv) c	Duck D.	Suburg.	Canada ()	Janada ()	(14) 25 (075)	Gags	NFL Plays		Olero me	Warthogs!	Live (N)	Auction	Friends ()
10	PM	Payne	Chlcago	Angela	Make Me	Chicago	CSI: Crime	Duck D.	Nashville	Chicago	News Hour	National	Boys	SportsCen-	CSI: Crime	River Mon-	Lizzio	Maury 6 30	Diggers	70s Show
10	:30	Browns	Fire (N) EII	Gheorghiu. Premiere.	Om	Fire (N) EC	Scene	Duck D.	(N) O EC	Fire (N) 20	Final (N)		Mr. Young	tre (N) sti	Scene	stors Rd	So Raven		Diggers	70s Show
		-	CHBC New	s	Charlle	News	News	Duck D.	News	News Hour	ET Canada	CBC News	Welrd	SportsCen-	CTV News	Myth-	Cory	Pald Prog.	Diggers	3rd Rock
11		"Marshall"	Final (N)	Landscape	Rose (N) ES	Jay Leno	Letterman	Duck D.	J. Kimmel	Final (N)	J. Probst	George S	Splatalot	tre (ct)	CTV News	Busters	Princess	Paid Prog.	Entourage	3rd Rock

Princeton Is...Hockey Town!



Princeton Minor Hockey Association Tournament Director Dierra Maynard, left, accepts a cheque from Copper Mountain Mine Human Resources Manager Frank Armitage. - photo submitted



Princeton Minor Hockey Association Tournament Director Dierra Maynard, left, accepts a cheque from Leslie Hassell on behalf of Princeton Redi-Mix. - photo submitted

Community supports Minor Posse

Copper Mountain Mining
Corporation (Princeton) Human
Resources Manager Frank
Armitage recently handed over a
cheque to Princeton Minor Hockey
Association in the amount of
\$1,500.00 to help the Minor Posse
purchase new jerseys.

The club has spent the last two years converting their old jerseys from the Princeton Flyers to their new Posse logo and look. Tournament Director Dierra Maynard said, "The community has just been really awesome supporting our club over the years and the way the businesses have come forward to help us get the kids some much needed new jerseys and socks so they can become the Minor Posse has been overwhelm-

ing. The kids are so thrilled with their new stuff and really proud every time they step on the ice."

Maynard says, "Our kids have been wearing old worn out jerseys for years and it is great that they can be proud representing Princeton looking so sharp. I can't express enough the gratitude our club has for everyone who contributed big or small to make this happen."

She nods to support from local business as the key to the success of this 'jersey drive' fundraiser.

"If there is one thing our club knows, it is how valuable our supporters are from Cooper's Foods who help us put together great tournament welcome boxes for every home tournament and is always up for a hotdog sale to companies like Superior Propane, IDA Pharmacy, Hayes Creek Electric, A&W, Old Style Bins, Copper Mountain Mine, Princeton Redi-Mix, Home Hardware, Fortis, Subway and Barry Beecroft who all contributed to our new jersey drive...and to all the other wonderful businesses who have done their part to make our organization successful."

Contributions have come in many ways not always considered as a traditional donation.

"Jackie at Auto Tac Graphics always comes through with our toques, jackets, jerseys, skate bags and whatever else we order, even when the deadline is tight and the Sandman Inn has offered our team a kickback for all the hockey teams that stay at their hotel. The list goes on... Weyerhaeuser and Copper Mountain have let us be their designated drivers for their Christmas parties as fundraisers and there are many more individuals and businesses who have always been there for us sponsoring prizes for tournaments and offering deals."

The contributions are not always in the form of cash, either.

"Dairy Queen and Subway usually give us a voucher for a goody of some sort for the tournament players, Cool Beanz willingly hands over a few pounds of coffee each year. Our organization is so fortunate to be located in such a great place where people really care about our kids and their sports."

Maynard adds, "Hockey can be such a good character building activity for kids and I love that they can see in such a big way that there is a lot more to hockey than just hitting a puck around an arena. The real machine behind it all is all the volunteers, businesses and individuals who support the club...even all the family and friends watching. We need them too. Hockey in Princeton is because of the people in Princeton."

The final cheque to 'top up' the jersey drive was recently collected from Leslie Hassell at Princeton Redi-Mix.

"They were happy to hand over a cheque to finish off the sponsorship for the Novice home team jerseys," Maynard pointed out.



Town of Princeton Mayor Frank Armitage shows his support of another Princeton hockey team - the KIJHL Junior B Posse - during the February 18th regular meeting of Town Council. The Posse started the first round of league playoffs February 22nd. The series is against Osoyoos. Photo: Dawn Johnson

Princeton Posse

ROUND 1 Play-Off Schedule

Game 3 - 8 PM Monday, February 25 on Princeton
Game 4 - Tuesday, February 26 in Osoyoos
*Game 5 - 7 PM Thursday, February 28 in Princeton
*Game 6 - Friday, March 1 in Osoyoos
*Game 7 - 7 PM Saturday, March 2 in Princeton



CONCESSION RAFFLES - SOUVENIRS Lucky Puck Toss

TICKETS AVAILABLE AT THE DOOR



PRINCETON POSSE 2012/13 KIJHL PLAYER PROFILE

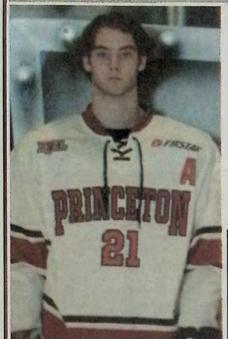


Photo: Bob Marsh Photography

BRETT PERRINE #21 Defence

Birthday - January 21 Height 6' 2" / Weight 165

Home Town - Wallingford, PA Last Team - Princeton Posse Shoots - Left

Favorite Food - Lobster Tail Favorite Music - Classical

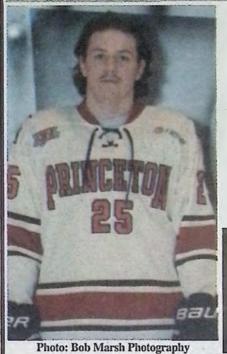
POSSE PLAYER PROFILE BROUGHT TO YOU BY:

News Leader

226A Bridge Street, Princeton, BC Phone 250-295-4149 www.thenewsleader.net



PRINCETON POSSE 2012/13 KIJHL PLAYER PROFILE



KURTIS KLINGER #25 Left Wing

Birthday - May 13 Height 5' 10" / Weight 190

Home Town - Santa Rosa, CA Last Team - LA Kings 18U AAA Shoots - Left

> Favorite Food - Pasta Favorite Music - Rap

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Thursday Movies

EVENING

9:00 pm KNOW ch.5 "Holy Rollers: The True Story of Card Counting Christians" (2011, Documentary) Premiere. A black-

THURSDAY EEDDUADY 20 2012

jack team made up of devoted Christians wins millions from casinos as they try to find a place for faith and God in the arena of high stakes gambling. 9:30 pm WTBS ch.3 "1408" (2007,

Horror) John Cusack. A writer who specializes in debunking supernatural phenomena experiences true terror when he spends a night in a reputedly haunted room of a hotel. 11:30 pm WTBS ch.3 "Double

Jeopardy" (1999, Suspense) Tommy Lee Jones. While in jail for murdering her husband, a woman discovers he is living under a new identity with their son.



	- 1	WTBS ch.3	CHBC ch.4	KNOW ch.5	KSPS ch.6	KHQ ch.7	KREM ch.8	A&E ch.9	KXLY ch.10	BCTV ch.11	CITV ch.12	CBC ch.13	YTV ch.18	TSN ch.19	VTV ch.22	DISC ch.24	FAM ch.26	CITY ch.29	SPIKE ch.44	TROP ch.45
6	AM :30	In the Heat of the Night	Morning News (N) 🖾	To School	Thomas Clifford	KHQ News 6AM (N)	KREM 2 Morning	Criminal Minds O 88	News	Morning News (N) 🖾		CBC News Now (N) O	Kid vs. Kat Super Evil	SportsCen- tre ED	CTV Morn- ing Live (N)		Dinosaurs Hannah	(N) &C	Jall 80	Deal/No Deal
1000		Justice		Arthur O	Arthur	Today Mark	News CBS This	Criminal	Good Mom-		(N)	Tiger	Sidekick	SportsCen-	0 60	Driver Dangerous	Shake It	Let's Make	Jali Ro	Earth: Fins
7	1	Justice		Magic Bus	Martha	Burnett	Morning (N)		Ing America	4			Beyblade	tre &C		Flights	ANT Farm	a Deal (N)	Jail EG	Conflict O
		Judge Alex		Tree Fu	Curious	and Roma Downey. (N)	O EC	CSI: Miami	(N) 653		Morning	Bo On/Go	Pokemon	SportsCen-		Cash Cab	Jessie 88	The Price is	Jali cc	Wipeout
8		Judge Alex		Dinosaur	Cat in the	0 85		0 00			Huntley	Busytown	Super Evil	tro 80		Cash Cab	Wizards	Right (N)	Jall 60	Canada O
	-	Millionaire	Morning	Pinky	Super Why!		The 700	CSI: Mlami	Livel Kelly	Morning	The Doc-	100 T. C. 100 C.	Rescue	SportsCen-	Livel Kelly	Mounted	Mickey	Access	Jall 80	Deal/No
9			Huntley	Peep, Big	Dinosaur		Club O BB	O ES	and Michael	Huntley	tors () Ed	Cat In the	Cat in the	tre 🖾	and Michael	Mounted	Manny	Hollywood Live	Jail 180	Deal
			The Doc-	Doggy	Sesame		The Price Is	Criminal	The View	The Doc-	Eat, Shrink	Poko 🕅	Squirrel	NHRA Drag	The View	How/Made	Never Land		Jall &c	Gold Girls
10		CI	tors O III	Franklin	Street (N) O		Right (N)		U BE	tors O RE	Debt/Part	Doodlebop	Pupples	Racing: Arizona Na-	U 800	How/Made	Little	0 80	Jail Ko	Gold Girls
		Law Order:	Eat, Shrink	Rolie Polie	Tiger	Judge B.	Young &	Criminal	Pald Prog.	Eat, Shrink	Noon News	Steven and	G. Shrinks	tionals. From	Marilyn	Dangerous	Suite Life	General	Jali 80	Friends O
11		CI	Debt/Part	Dive, Olly		Judge B.	Restless	Minds 6 80	Pald Prog.	Debt/Part	Hour	Chris 🐯	Rescue	Chandler, Ariz. (Taped)	Denis	Flights	Sulte/Deck	Hospital	Jail St.	Friends 0
			Noon News	Dino Dan	Charlie	Pald Prog.	News	The First	The Chew	Noon News	Days of our	CBC News	Super Evil	raiz (raped)	CTV News	River Mon-	Wizards	CityLine RC	Jall Be	Frasier O
12		Excused	Hour (N)	Rob Robot	Rose (N) 🕮	Pald Prog.	Bold	48 00	O (60)	Hour (N)	Lives (N)	Now (N) O	Kid vs. Kat		(N) O 80	sters &c	Hannah		Jail to	Frasier 0
			Days of our	Save Ums	Painting	Days of our	The Talk	The First	General	Days of our	The Talk	Heartland	Squirrel	E:60 550	The Dr. Oz	River Mon-	Sonny	Katle o an	Jall &c	3rd Rock
1		There Yet?	Lives (N)	Wibbly Pig	Knitting	Lives (N)	O EE	48 200	Hospital	Lives (N)	O EG	EEI (DVS)	Sidekick		Show Itc	sters BO	Random		Jail Ed	3rd Rock
		King	The Talk	Big Bear	Barney	Katle O Bit	Let's Make	The First	The Jeff	The Talk	The Ricki	Steven and	Almost	Off Record	Dr. Phil	Myth-	So Raven	CityNews at	Jall 80	Gold Girls
2	-	King	0 80	Dinosaur	WordWorld		a Deal (N)	48 80	Probst Show	0 80	Lake Show	Chris (N) O	Super Evil	Interruption	0 80	Busters 0 82	Suite/Deck	5 (N) 80	Jali Rd	Gold Girls
			The Rickl	Rob Robot	Sld	Ellen	Dr. Phil	The First	Rachael	The Ricki	Young &	Recipes	Squirrel	SportsCen-	Ellen	How/Made	Wizards	CityNews at	Jall 80	Wipeout
3		The Office	Lake Show	Clifford	WordGirl	DeGeneres Show	0 00	48 EQ	Ray O SG	Lake Show	Restless	Stefano	Sidekick	tre (N) 80	DeGeneres Show	How/Made	ANT Farm	6 (N) EG	Jail 20	Canada O
	1000	Blg Bang	Young &	G. Shrinks	Wild Kratts	Jdg Judy	The Dr. Oz	The First	The Doc-	Young &	Early News	Dragons'	Parents .	Hockey	Anderson	Dally Planet	Phlneas	How I Met	Jall (N) O	Deal/No
4	The state of	Blg Bang	Restless	Arthur O	Electric	Jdg Judy	Show 🖾	48 80	tors O E	Restless	Global Nat.	Den O BS	Parents	Interruption	Live (N) BO	(N)	Austin	30 Rock	Jail (N) O	Deal
-		Browns	News (N) Bill	Martha	News	News	News	The First	News	Early News	(4:59) News	Nows	Parents	NBA	CTV News	Sons of	Jessie KC	Community	IMPACT	Friends ()
5		Payne		Wild Kratts	Business	NBC News	CBS News	48 00	ABC News	Global Nat.	Hour	News	Parents	Basketball: Philadelphia	at Five (N)	Guns () 8th	Good Luck	Parks	Wrestling	Friends O
-		Browns	Global Nat.	Animals	PBS News-	News	KREM 2	The First	News	(5:59) News	ET Canada	News	ICarly &	76ers at	CTV News	Fast N'	ANT Farm	Person of	.,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,	Frasier ()
6	:30	Payne	News	Rivers	Hour (N) as	Millionaire	News at 6 (N)	48 BG	News	Hour (N)	Ent	Exchange	Victorious	Chicago Bulls, &n	(N) O EC	Loud (N) IN	Shake It	Interest #E	1 300	Frasier O
		Seinfeld O	Ent	What's That	NW Profi	Jeopardyl	Inside Ed.	After the	Ent	Ent	Hawail Five	George S	Mr. Young		Big Bang	Moonshin-	Good Luck	Jimmy Kim-	A Control of the Cont	Roseanne
7	:30	Seinfeld O	ET Canada	About?	Food	Wheel	Access H.	First 48 (N)	Insider	ET Canada	0 "Kupale"	Coronation	Boys	NBA Bas-	etalk (N)	ers (N) &C	Wingin' It	mel Live O	(N) O (Live)	Roseanne
-	PM	Family Guy	Zero Hour	The World	New Tricks	Community	Blg Bang	(8:01) The	Zero Hour	Zero Hour	Zero Hour	The Nature	Wipeout	ketball: Tim- berwolves at	Big Bang	Greatest	Good Luck	CityNews-		Debt/Part
8		Family Guy	"Pendulum"	After Stone	O BEC	Parks	Two Men	First 48 cc	"Pendulum"	"Pendulum"	"Pendulum"	of Things	O RE	Lakers	Two Men	Know-It-All	Shake It	Tonight (N)		ET Canada
0	PM	Amer. Dad	The Office	*Holy Roll- ers: The	Foyle's War 80	The Office	Person of	(9:01) The First 48 list	Scandal O tid	The Office	The Office	Doc Zone (N) O	Gags		Grey's Anatomy ke	Fast N'	Wingln'tt	Jimmy Kimmel	Bellator MMA Live	Friends ()
9	.50	Movle: *** "1406"	The Office	True Story o	1	1600 Penn		1		The Office	The Office	74.2712	Gaga				Warthogs!	Live (N)	0	Friends O
10	PM :30	(2007) John	Hawaii Five 0 "Kupalo"	Card*	Catholicism O EG	Law & Or- der: SVU	(10:01) Elementary	(10:01) The First 48	Jimmy Kim- mel Live O	Hawall Five- 0 "Kupale"	News Hour Final (N)	National	Boys Mr. Young	SportsCen- tro (N) IC	Law & Or- der: SVU	Moonshin- ers O BE	Lizzio So Raven	Maury O so		Frasier O
	PM	2.00	CHEC New	s What's That	Charlle	News	News	After the	News	News Hour	ET Canada	CBC News	Welrd	SportsCen-	CTV News	Sons of	Cory	Paid Prog.	Bellator	3rd Rock
144		"Double J"	Final (N)	About?	Rose (N) 20		Letterman	First 48 BC	J. Kimmel	Final (N)	J. Probst	George S	Splatalot	tro ac	CTV News	Guns () 20		Pald Prog.	360 0	3rd Rock

Friday Movies

EVENING

6:00 pm YTV ch.18 "The Wizard of Oz" (1939, Fantasy) Judy Garland. After a tornado whisks Kansas farm girl Dorothy to a magic land, she must travel to the Emerald City for help in getting back home. (In Stereo) (CC) 8:00 pm FAM ch.26 "Lemonade"

8:00 pm FAM ch.26 "Lemonade Mouth" (2011, Musical) Bridgit Mendler. Five high-school students form a music group and prepare to compete against a popular rock band. (In Stereo) (CC) SPIKE ch.44 "The Wolfman" (2010, Horror) Benicio Del Toro. A nobleman contends with an ancient curse, scouring his childhood homeland for his missing brother, while a bloodthirsty beast prowls the moors. (In Stereo)

prowls the moors. (In Stereo)
8:15 pm YTV ch.18 "Willy
Wonka and the Chocolate
Factory" (1971, Fantasy) Gene
Wilder. A poor boy and his grandfather win a tour through the marvelous factory of a wily confectioner. (In Stereo) (CC)

FRIDAY MARCH 1 2013

9:30 pm WTBS ch.3 "The Tuxedo" (2002, Comedy) Jackie Chan. A chauffeur embarks on a covert mission after a tuxedo from a secret agent gives him extraordinary abilities.

10:13 pm FAM ch.26 "The Cheetah Girls: One World" (2008, Comedy-Drama) Adrienne Bailon. The Cheetah Girls go to India to appear in a Bollywood musical, but the director can choose only one of them for the mole (in Stores) (CC)

role. (In Stereo) (CC)

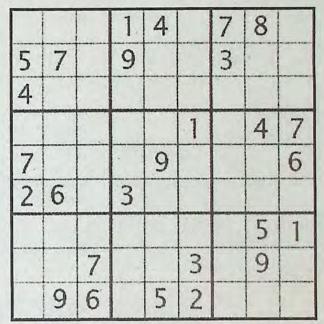
11:30 pm WTBS ch.3 "Step Up 2
the Streets" (2008, Drama) Briana
Evigan. A street dancer enrolls at
Maryland School of the Arts and
teams up with a talented classmate to take a team to an underground dance contest.

News Leader Sudoku 442

by Carter Boswell

HOW TO PLAY:

Sudoku is a game of logic. There is no math involved. The object of the game is to fill the grid so that the numbers 1 through 9 appear only once in each row, column and 3×3 box. The numbers can appear in any order and Carter has left you some clues below.



THIS WEEK'S SOLUTION: Page 20

News Leader Sudoku grids, puzzles and solutions
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		WTBS ch.3	CHBC ch.4	KNOW ch.5	KSPS ch.6	KHQ ch.7	KREM ch.8	A&E ch.9	KXLY ch.10	BCTV ch.11	CITV ch.12	CBC ch.13	YTV ch.18	TSN ch.19	VTV ch.22	DISC ch.24	FAM ch.26	CITY ch.29	SPIKE ch.44	TROP ch.45
0			Morning	To School	Builder	KHQ News	KREM 2	Barter	News	Morning	(5:00) Morn-	CBC News	Kld vs. Kat	SportsCen-		Salvage	Dinosaurs	CityLine	Stings	Instant
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	-	The Office	The Ricki	Rob Robot	Sid	Ellen	Dr. Phil	Barter	Show	The Ricki	Young &	Recipes	Squirrel	SportsCen-	Ellen	How/Made	Wizards	CityNews at	Deadliest	Outlaw Bik-
3	3330	The Office	Lake Show	Clifford	WordGirl	DeGeneres	0 60	Kings to	Ray O Rd	Lake Show	Restless	Stefano	Sidekick	tro (N) Bill	DeGeneres	How/Made	Gravity	6 (N) SU	Warrior	ers O Est
	-	Big Bang	Young &	G. Shrinks	Wild Kratts	Show Jdg Judy	The Dr. Oz	Duck D.	The Doc-	Young &	Early News	Dragons'	Kung Fu	NBA	Show	Daily Planet	Phineas	How I Met	Deadliest	Instant
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			ET Canada	(9.05) Coon	-	Dateline		Duck D.	Last Man	Kitchen	Kitchen	M'ketplace	(8:15)	The Fab	CSI: NY	Redrum (N)		CityNews-	Movie: **	Debt/Part
8	2 777	Family Guy		(8:05) Cran- ford (N) 50		NBC (N)	The Job (N)			Nightmares	Nightmares	Mercer	Movle:	Five	0 80	Redrum (N)	*Lemonade	Tonight (N)	"The Wolf-	ET Canada
_		Family Guy	(N)			0 85	-	Duck D.	Malibu	(N)	(N)	fifth estate	Willy Wonks	SportsCen-	Shark Tank	Finding	Mouth" (2011) 0 88	Jimmy	man" (2010) Benicio Del	
9		Amer. Dad Movie: *5	Touch "Eye to Eye" (N)	(9:05) Poirot The Hallowe'en	Land Girls		Blue Bloods O Ed	Duck D.	Shark Tank IIII (DVS)	Touch *Eye to Eye* (N)	Touch *Eye to Eye* (N)	mar estate	Chocolate Factory' O	tre EU	IM (DVS)	Bigfoot		Kimmel Live (N)	Toro. O	Friends O
_	PM	"The Tux- edo" (2002)	16x9 (N) 55	Party" (N)	Land Girls	Rock	Blue	Duck D.	(10:01)	16x9 (N) 80	News Hour	National		SportsCen-	Blue	Greatest	The	Maury 6 88		King
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1	~~~	*Step Up	Final (N)	Reborn	Rose (N) 22	Jay Leno	Letterman	Duck D.	J. Kimmel	Final (N)	The Talk	George S	Boys	tre titl	CTV News	(DVS)	Princess	Paid Prog.	Ways Die	3rd Rock

News Leader Weekend - Saturday Movies

MORNING

8:00 am WTBS ch.3 "Brother Bear 2" (2006, Adventure) Voices of Patrick Dempsey. Animated. A

SATURDAY, MARCH 2, 2013

and Empire

SNL

Cold Case

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SNL

:30

bear helps a childhood friend travel through the wilderness to burn a powerful amulet.

11:00 am KXLY ch.10 "Brother Bear" (2003, Adventure) Voices of Joaquin Phoenix. Animated. A young man turns into a bear, befriends a cub and meets a pair of misguided moose.

AFTERNOON

12:00 pm FAM ch.26 "Go Figure" (2005, Drama) Jordan Hinson. A teenage figure skater must join the girls' hockey team to obtain a schol-arship at the school of a renowned

coach. (In Stereo) (CC) 12:30 pm SPIKE ch.44 "The Wolfman" (2010, Horror) Benicio Del Toro. A nobleman contends with an ancient curse, scouring his childhood homeland for his missing brother, while a bloodthirsty beast prowls the moors. (In Stereo)
3:30 pm SPIKE ch.44 "The Wolfman" (2010, Horror) Benicio Del Toro. A nobleman contends with an ancient curse, scouring his childhood homeland for his missing brother, while a bloodthirsty beast prowls the moors. (In Stereo) 5:00 pm WTBS ch.3 "3:10 to Yuma" (2007, Western) Russell Crowe. A rancher and the captive outlaw in his charge learn to respect each other on a dangerous journey to catch a train.

EVENING

7:30

6:00 pm CITY ch.29 "Being Julia" (2004, Comedy-Drama) Annette Bening. In 1938 London a theatrical actress devises an elaborate scheme against the social climber who used her. (CC) (DVS)

"Fantastic Four" SPIKE ch.44 (2005, Action) Ioan Gruffudd. Premiere. Four people gain unusual powers after a space mission exposes them to cosmic radiation. (In Stereo)

pm WTBS ch.3 "The

CTV News

Splatalot

0 00

International" (2009, Suspense) Clive Owen. An Interpol agent and a New York prosecutor join forces to shut down a powerful bank's

funding of terrorism. 8:00 pm YTV ch.18 "Akeelah and the Bee" (2006, Drama) Laurence Fishburne. Akeelah, an 11-year-old girl living in South Los Angeles, discovers she has a talent for spelling, which she hopes will take her to the National Spelling Bee. (In Stereo) (CC)

8:30 pm SPIKE ch.44 "Fantastic Four" (2005, Action) Ioan Gruffudd. Four people gain unusual powers after a space mission exposes them to cosmic radiation. (In Stereo)

9:00 pm FAM ch.26 "Gotta Kick It Up" (2002, Drama) Susan Egan. A teacher inspires a group of Latina schoolgirls to reach for their full potential and become a championship dance team. (In Stereo) (CC) 10:00 pm WTBS ch.3 "The Invasion" (2007, Science Fiction) Nicole Kidman. A psychiatrist discovers that an epidemic altering the behavior of human beings is extraterrestrial in origin.

CITY ch.29 "P2" (2007, Suspense) Wes Bentley. On Christmas Eve a lone woman desperately tries to evade a sinister security guard as he chases her through an empty

parking garage. (CC) 10:30 pm FAM ch.26 "Jump In!" (2007, Drama) Corbin Bleu. A promising young boxer joins an allgirl team to compete in double Dutch jump-rope. (In Stereo) (CC)

Gold Girls

Ways Dle



Princeton skater Hanna Gould practices some of the skills she learned as part of the Skating Club. She and other skaters have been preparing for their annual Ice Show which will mark the end of their season. *

SPIKE TROP CHBC KXLY BCTV CITY CBC YTV TSN VTV DISC FAM CITY WTBS KNOW **KSPS** KHQ KREM A&E ch.29 ch.44 ch.22 ch.24 ch.45 ch.26 ch.3 ch.4 ch.5 ch.6 ch.7 ch.8 ch.9 ch.10 ch.11 ch.12 ch.13 ch.18 ch.19 Vingin' It Kitchen Xtreme 4x4 Casino Paid Prog. Cld vs. Kat Julcebox Strip the SportsCen Canadian Little Bear Heartland (5:00) Toda **CBS This** Criminal Pald Prog. Canadian Saturday Monster City Minds () loming (N) O 00 Morning Pald Prog. Paid Prog. Fishful WordWorld Fly Tying Pald Prog Fishful Busytown Cat In the Sulte/Deck Panorama Horse. :30 Saturday Anlmal Rated A Finding Hannah Eye/Asla Trucks! () Instant Paid Prog. **Rob Robot** KHQ Nev Doodlebop Flip This Good English Bigfoot Morning Morning Momin louse E Sidekick Nossa TV MuscleCar Instant Doodlebop :30 Atl. Eats Rolle Polle (N) ews Lynr News Lynn America Polish Colliar Gold Girls Doodlebop Squirrel Anne Breakou Wizarda Tenants Tree Fu Woodsmith Busytown Flipping Hanna AM Movie: ** Welsa Welsa (DVS) Studlo ES Brother Hobo Dog Gold Girls Cross Squirrel Ocean :30 G. Shrinks Rough Cut Busytown Nong, & Jay Wong, & Jay Bear 2" An Idlot Good Luck **EP Weekly Gold Girls** SpongeBob Motoring Xtreme 4x4 (2006, Driving TV FIS Alpine Marilyn AM Magic Bus Hometime College Flipping Explore kling Abroad 2 Adventure) Basketball Boston (N) Fishing Reviews on Gold Girls Arthur O Old House Rescue Parents 2012 Winte Wingin'it Horse. :30 Louisville a Syracuse. To Be An-Recipo Fishn Kung Fu SickKida Breakout 80 ANT Farm Tow Biz Trucks! O Friends Fishn Lilly Old House Powerboat Figure Ska AM Payne (N) (DVS) tics: AT&T ing: ISU Foundanounced Fishing Turtles Jessie 50 Ed's Up MuscleCar Friends Fishing Miss BG Kitchen Food :30 College Cup. (N) EE Austin Get Stuffed Tenants Friends () Kimchi College To Be An-Movie: ** Powerboat House "Car Champion Turtles s Written Driving Upside AM Powerboat Tennessee Basketrot or Stick" ships. Driving TV Beyblade Car Bnss Friends O at Georgia :30 **Driving TV** Echo Sara's ball: West Bear* (2003) (N) (Live) Virginia at Ways Die Gold Girls Pokemon Operation Movie: ** To Be An-**News Hour** PGA Tour Finding Travels **News Hour** Dogs Cook's PGA Tour NHL Kansas. (N) Golf: Hono Bigfoot *Go Figure Golf: Hon Gold Girls **PGA Tour** Victory **PGA Tour** Power Curling: Planet Movie: ** :30 Washin (2005)Tim Horte The Wolf-Golf: Honda Golf: Hond Third Round The Bach-Third Round Capitals at Pald Prog. Gold Glrls College To Be An Yu-Gl-Oh! SportsCen Greatest College Antiques PM Brier, Draw man* (2010) (N) 0 (Live) (N) (Live) Basketball tre () ES Know-It-A Roadshov nounced elor () EE **Gold Girls** Third Roun Third Round Monsuno 1. From Re Phineas Pald Prog. Rivers :30 Jets. (N) O Kentucky at LSU at (N) EE (Liva) 🖾 Arkansas. ESPN Lovett-Reld Mayday 80 Gravity Tow Blz Gold Girls Mega Build-To Be An-To Be An Pokemon PM Edmonton. Sports Sat (Live) Pokemon Dr. Maria & ANT Farm Ed's Up Gold Glrls :30 urday (N) Cash Cab Cash Cab Good Luci CityNews Eat St. O Access Hol- To Be An House "Car National Pokemon Frontiers of Unleash the Wheel Simpsons PM The Office House "Carwood (N) rot or Stick leekends rot or Stick Power of Movie: ** Eat St. O MLS Socce Cash Cab How/Made The Office Chica Simpsons HNIC Pokemon Sonny :30 the Female Celebrity Cash Cab Jessie 20 G. Martin Instant National Brain Palanimais Liberty Storage Rifleman Simpsons Simpsons NHL Squirrel Seinfeld O Simpsons PM man* (2010) Out There Poppy Cat Estate Global Nat. Squirrel Celebrity Cash Cab Dog Instant Seinfeld () Liberty Storage SImpsons :30 Pittsburg The World News Hour enguins Squirrel etalk 80 Auction Shake It Murdoch Friends Storage Simpsons Simpsons PM Movie: *** "3:10 nents: The Myster-After Stone **NBC News** CBS News Storage ABC New Global Nat quirrel Curling App Auction Austin Friends :30 News Best of 50s to Yuma" Tim Horton (N) O (Live CTV News Movie: ** Movie: ** Friends () PM (2007) Rus-(5:59) Greatest Good Luck News Storage News renegado Global Nat. Be the News Brier, Draw (N) O BE Know-It-All Being Julia* *Fantastic sell Crowe. 2. From Res Pald Prog. Storage Insider renegade Splatalot Really Me Friends () :30 News Jeopardyl News (N) all Place in Action) loan Babysitting Ed W5 (N) O BE Sons of Wizarda (DVS) Eat St. O renegade Ghosts of- Great Per-Burn Notice Southle Entertain-Combat Criminal renegado NHL Zoink'di (N) Suite/Deck Eat St. O :30 Movie: ** renegade Southle renegade Tonight Los Angele 0 80 PM "The Inter-national" Once Upon Hawali Five-Hawali Five-Kings at Hawali Five- Heartbeat Movie: ** Instant American Hawall Five-Southle Saving Gold Rush Sonny CityNews :30 (2009) Clive 0 "Kalete" Vancouver 0 "Kalele" 0 50 Ninja War-0 "Kalele" a Time Ed 0 "Kalele" Hope 20 SportsCen-Random Movle: ** Instant Canucks. and the (DVS) tre (N) 00 Owen. Golden Boy Chicago Chicago Golden Boy Chicago Albert King-Chicago 20/20 0 00 Bee" (2006, Greatest Movie: ** The Office Friends Midsomer PM Four (2005 Fire BB (DVS) Gotta Kick 9 Murders Stevie Ray Pilot III Fire ED Fire E Pilot" EC Know-It-Al The Office Storage HNIC After Sports Action) loan Friends :30 O EE Up" (DVS) (DVS) Jones goes (DVS) Hours Movie: * h 48 Hours News Hour Big Bang Saturday Storage Combat PM Movie: ** Combat 10 :30 "The Inva-sion" (2007) Hospital BU 100 Night Live 0 00 Hospital EC tro (N) BQ "P2" (2007) Blg Bang (10:35) Splatalot Friends O **Best Fest** Storage Wes Bentle CTV News Ways Die Gold Girls PM Daniel Craig News Final NHL Sons of News Final Babysitting SportsCen-For King **Austin City** News Southle Castle (2007) O E Night Live Limits ED

SNL

Punch*

News Leader Weekend - Sunday Movies

MORNING

7:00 am A&E ch.9 "Casino" (1995, Crime Drama) Robert De Niro. A New York bookie and his pal turn a Las Vegas casino into an empire, then one's moneyhungry wife helps bring it down.

TROP ch.45 "Superman II" (1980, Science Fiction) Christopher Reeve. The Man of Steel gets serious with Lois Lane and fights three Krypton outcasts in league with Lex Luthor. (In Stereo) (CC)

8:00 am WTBS ch.3 "A Knight's Tale" (2001, Adventure) Heath Ledger. An English commoner dons the armor of a dead jouster and, with the help of friends, competes against nobles in 14th-century France.

9:30 am TROP ch.45
"Superman III" (1983, Science
Fiction) Christopher Reeve.
Ersatz kryptonite laced with
tobacco tar splits Superman in

two: good Clark Kent and bad Man of Steel. (In Stereo) (CC) 10:30 am WTBS ch.3 "Phone Booth" (2002, Suspense) Colin Farrell. A sniper traps a New York publicist in a phone booth and threatens to kill him if he hangs up.

AFTERNOON

12:00 pm FAM ch.26 `Sharpay's Fabulous Adventure" (2011, Comedy-Drama) Ashley Tisdale. Sharpay and her dog, Boi, go to New York City and overcome the odds to find success in the dog-eat-dog world of theater. (In Stereo) (CC)

TROP ch.45 "Superman IV: The Quest for Peace" (1987, Science Fiction) Christopher Reeve. The Man of Steel crusades for nuclear disarmament and meets Lex Luthor's latest creation, Nuclear Man. (In Stereo)

(CC)
1:30 pm YTV ch.18 "Journey to
the Center of the Earth" (2008,
Adventure) Brendan Fraser. A
science professor and his
nephew encounter strange creatures and stranger lands as they
travel beneath the Earth's surface. (In Stereo) (CC)

3:30 pm YTV ch.18 "The Golden Compass" (2007, Fantasy) Nicole Kidman. In a parallel world, a girl sets out on an epic quest to save her best friend and other kidnapped children from the magisterium's evil experiments. (In Stereo) (CC) 5:00 pm WTBS ch.3 "The Women" (2008, Comedy-Drama)

Meg Ryan. A grave betrayal causes cracks in the friendship between two women, while the rest of those in their circle begin to question their own relation-

CBC ch.13 "The Princess Diaries" (2001, Comedy) Julie Andrews. A woman gives etiquette lessons to her reluctant granddaughter who is heir apparent to a throne. (In Stereo) (CC)

S:30 pm TROP ch.45
"Superman II" (1980, Science
Fiction) Christopher Reeve. The
Man of Steel gets serious with
Lois Lane and fights three
Krypton outcasts in league with
Lex Luthor. (In Stereo) (CC)

EVENING

6:00 pm YTV ch.18 "The Chronicles of Narnia: The Voyage of the Dawn Treader" (2010, Fantasy) Georgie Henley. Returning to Narnia – this time through a painting – Lucy, Edmund and their cousin join King Caspian on a mission to find the lost Lords of Telmar. (In Stereo) (CC)

7:30 pm WTBS ch.3 "Monsterin-Law" (2005, Romance-Comedy) Jennifer Lopez. A woman fights back when her fiance's shrewish mother tries to destroy their relationship.

8:00 pm TROP ch.45
"Superman III" (1983, Science
Fiction) Christopher Reeve.
Ersatz kryptonite laced with
tobacco tar splits Superman in
two: good Clark Kent and bad

Man of Steel. (In Stereo) (CC)
9:00 pm FAM ch.26 "It Could
Happen to You" (1994,
Romance-Comedy) Nicolas
Cage. A New York policeman
keeps his promise to split a \$4
million lottery prize with a waitress, but his wife objects. (In
Stereo) (CC)
10:00 pm CITY ch.29 "P2" (2007,

10:00 pm CITY ch.29 "P2" (2007, Suspense) Wes Bentley. On Christmas Eve a lone woman desperately tries to evade a sinister security guard as he chases her through an empty parking garage. (CC)

10:30 pm WTBS ch.3

10:30 pm WTBS ch.3
"Superhero Movie" (2008,
Comedy) Drake Bell. A teenage
loser transforms into a caped
crusader when a bite from a
genetically altered bug gives him
superhuman abilities

superhuman abilities.
TROP ch.45 "Superman IV:
The Quest for Peace" (1987,
Science Fiction) Christopher
Reeve. The Man of Steel crusades
for nuclear disarmament and
meets Lex Luthor's latest creation, Nuclear Man. (In Stereo)
(CC)

10:42 pm FAM ch.26 "The Thirteenth Year" (1999, Drama) Chez Starbuck. As a boy approaches adolescence he grows scales and fins, communicates with fish and breathes underwater. (In Stereo) (CC)

underwater. (In Stereo) (CC)
11:00 pm KNOW ch.5 "Holy
Rollers" (2010, Crime Drama)
Jesse Eisenberg. A Jewish youth
risks being ostracized from his
religious community when he
becomes a drug mule for his best
friend's older brother.

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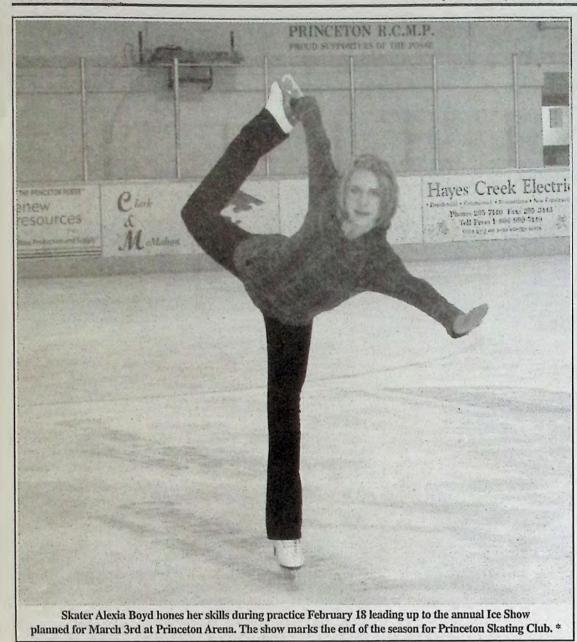
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SUNDAY, MARCH 3, 2013

	100000	TBS h.3	CHBC ch.4	KNOW ch.5	KSPS ch.6	KHQ ch.7	KREM ch.8	A&E ch.9	KXLY ch.10	BCTV ch.11	CITV ch.12	CBC ch.13	YTV ch.18	TSN ch.19	VTV ch.22	DISC ch.24	FAM ch.26	CITY ch.29	SPIKE ch.44	TROP ch.45
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6 :	Mad /	About	Inventors	WordWorld	Signing	O EE	Pald Prog.	Minds 0	On Money	Inventors	Morning News (N)	Poko 🖾	Super Evil	tre ED	Hobo	Thru Hell	Suite/Deck	ChurchRck	Horse.	Paid Prog.
A	M Care	er Day	Sunday	Rob Robot	Wild	KHQ News	CBS News	Movie:	Good	Sunday		Animal	Mr. Young	Reporters	Lovett-Reid	To Be An-	Hannah	Eye/Asia	Trucks! O	Movie:
1 :	P. Aff		Moming News (N) 80	Rolle Polle	Clifford	Invest	Sunday Morning	*** Ca- sino" (1995,	Morning America	Morning News (N) (ED)		Artzooka	Babysitting	Curling:	Dr. Maria &	nounced	Sonny	Dharti	MuscleCar	***% "Superman
a A		lo: **%	10110 (11)	Tree Fu	Curlous	Meet the	(N) Ed	Crime	This Week		1 6	Coronation	Splatalot	Tim Hortons Brier, Draw	Арр		Wizards	Pakistan	Bar Rescue	II" (1980) Christopher
8 :		night's (2001)		G. Shrinks	Cat In the	Press (N) @	The Nation	Drama) Robert De				Coronation	Zolnk'dl O	3. From Rex-	etalk 🖾		Dog	Festival	0	Reeve.
O A	M Heath	th		Magle Bus	SciGirls 0	Justin	Motorcycle	Niro, Sharon Stone, Joe	Pald Prog.		Block	Coronation	SpongeBob	all Place in Edmonton.	Operation	Bering	Good Luck	Italiano di Johnny	Bar Rescue	
9	Ledge 30	ger.		Arthur O	Impact	NHL Hock-	Racing	Pesci.	NBA		Context	Coronation	Parents	(N)	Smile 🖾	Sea Gold: Under	Wingin' It	Lombardi (In Italian) tsa	O	Movie: **
A	M		Block	Wild Kratts	Inside	ey: Chicago Blackhawks	Bull Riding		NBA	Block	J. Osteen	Coronation	Winx Club		Corner Gas		ANT Farm		Bar Rescue	"Superman III" (1983)
10 :			Context	Little	Olympia 80	at Detroit			Basketball: Miảmi Heat	Context	Ministries	M'ketplace	ICarly 100	Boxing:	Corner Gas	Thru Hell	Jessie 🕅		n	Christopher
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12 :	30 Star		PGA Tour	Animals	Company 0	Golf: Honda Classic,		nounced	NBA	PGA Tour	Golf: Honda Classic.	One/One	Zolnk'dl O	Curling:	First Story	Alaska 🖾	Fabulous Adventure*	Get Stuffed	0	"Superman IV: The
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2	M Fami	nily Guy	(N) RG	What's That About?	Prohibition O RE (DVS)		State at Michigan.	To Be An- nounced		(N) RD		Figure Skat- Ing: ISU World Junior	"Journey to the Center of the Earth"	all Place in Edmonton. (N)	Cash Cab	Fast N' Loud O Bill	Gravity ANT Farm	Murdoch	Bar Rescue O	Instant
- P	M Blg E	Bang	The Best	Be the		Pald Prog.	Paid Prog.	To Be An-		The Best	Mysteries	Champion-	0		Movie	Cash Cab	Good Luck	CityNews	Bar Rescue	Weird or
3	-	Bang	Years	Creature		Lk Young	Pald Prog.	nounced	Pald Prog.	Years	Simpsons	ships.	Movie: **	Sports		How/Made	Random	CityNews	0	What?
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per P	M Movi	04000	Simpsons	Wartime	Space-	News	Nows	Storage	News	Simpsons	(4:59) News				W5 O S0	Alien Mys-	Shake It	The Biggest	Bar Rescue	Instant
5	30 ** "		News	Farm	NASA	NBC News	CBS News	Storage	ABC News	Global Nat.	Hour (N)	The Prin- cess Diarles'		Curling:	(DVS)	teries NO	Austin	Loser "Face Your Fears"	0	Movie:
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Monday Movies

AFTERNOON

3:00 pm SPIKE ch.44 "Super Troopers" (2001, Comedy) Jay Chandrasekhar. Five state troopers try to stop a group of drug dealers in order to save their careers. (In Stereo) (CC)

5:00 pm SPIKE ch.44 "Dodgeball: A True Underdog Story" (2004, Comedy) Vince Vaughn. The owner of a gym and an overbearing entrepreneur form dodgeball teams to compete for \$50,000 in Las Vegas. (In Stereo)

EVENING

9:30 pm WTBS ch.3 "Bedtime Stories" (2008, Comedy) Adam Sandler. A hotel handyman tries to make the most of the situation when he learns that the outlandish tales he tells his niece and nephew

are coming true.

11:30 pm WTBS ch.3 "Deep Impact" (1998, Drama) Robert Duvall. Troubled people attempt to mend their lives as they brace themselves for a comet that threatens Earth.

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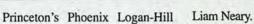
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		WTBS	СНВС	KNOW	KSPS	KHQ	KREM	A&E	KXLY	BCTV	CITV	CBC	YTV	TSN	VTV	DISC	FAM	CITY	SPIKE	TROP
		ch.3	ch.4	ch.5	ch.6	ch.7	ch.8	ch.9	ch.10	ch.11	ch.12	ch.13	ch.18	ch.19	ch.22	ch.24	ch.26	ch.29	ch.44	ch.45
6	:30	In the Heat of the Night	Morning News (N) III	Timothy HI-5 III	Builder Clifford		KREM 2 Morning News	Criminal Minds O		Morning News (N) (S)	(5:00) Morn- ing News (N)	Now (N) O	Kid vs. Kat Super Evil	SportsCen- tre 🖾	CTV Morn- Ing Live (N)	Mighty Planes (6)	Dinosaurs Hannah	CityLine (N) 25	CSI: NY "Page Turner"	Food
_	'AM	Justice		Arthur O	Arthur		CBS This	Criminal	Good Morn-			Tiger	Sidekick	SportsCon-		Cash Cab	Shake It	Let's Make	CSI: NY	Earth: Fina
7	10000	Justice		Magic Bus	Martha		Morning (N)	Minds O	Ing America (N) RG		- 3	Monster	Beyblade	tre &C	- 1	Cash Cab	ANT Farm	a Deal (N)	"Turbulence"	Conflict O
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_	AM	Millionaire	Morning	Pinky	Super Whyl		The 700	CSI: Miami	Live! Kelly	Morning	The Doc-	Super Why!	Rescue	SportsCen-	Livel Kelly	Mayday 80	Mickey	Access	CSI: NY	Food
9	:30	Millionaire	Huntley	Peep, Blg	Dinosaur		Club () SE	O EE	and Michael	Huntley	tors () ac	Cat in the	Cat In the	tre sc	and Michael		Manny	Hollywood Live	O SG	Food
1	AM	Law Order:	The Doc-	Doggy Day	Sesame		The Price Is	Criminal	The View	The Doc-	Eat, Shrink	Poko 🕫	Squirrel	Fishing	The View	How/Made	Never Land	The Chew	CSI: NY	Gold Girls
10	:30	CI	tors O EE	Franklin	Street O		Right (N)	Minds 0	0 80	tors () Ed	Debt/Part	Doodlebop	G. Shrinks	Bowling:	U RG	How/Made	Little	O EE	"Enough" RE	Gold Girls
	AM	Law Order:	Eat, Shrink	Rolle Polle	Tiger	Judge B.	Young &	Criminal	Pald Prog.	Eat, Shrink	Noon News	Steven and	G. Shrinks	PBA Tour League	Marilyn	Auction	Sulte Life	General	CSI: NY	Friends O
11	:30	CI	Debt/Part	Dive, Olly	Sit & Be Fit	Judge B.	Restless	Minds O	Pald Prog.	Debt/Part	Hour	Chris @	Rescue	Qualifier,	Denis	Auction	Sulte/Deck	Hospital (N) O	*Dead Inside*	Friends 0
	PM	Excused	Noon News	Dino Dan	Charlle	Pald Prog.	News	The First	The Chew	Noon News	Days of our	CBC News	Super Evil	Round 4.	CTV News	Dangerous	Wizards		CSI: Crimo	Raymond
12	:30	Excused	Hour (N)	Rob Robot	Rose O ED	Pald Prog.	Bold	48 EE	0 00	Hour (N)	Lives (N)	Now (N) O	Kld vs. Kat	Curling:	(N) O 861	Flights &	Hannah		Scene	Raymond
-	PM	There Yet?	Days of our	Save Ums	Paint This	Days of our	The Talk	The First	General	Days of our	The Talk	Heartland	Squirrel	Tim Hortons Brier, Draw	The Dr. Oz	Highway	Sonny	Katio O Bt	CSI: Crime	3rd Rock
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	PM	The Office	The Rickl	Rob Robot	Sid	Ellen	Dr. Phil	Gangsters:	Rachael	The Ricki	Young &	Recipes	Squirrel		Ellen	How/Made	Wizards	CityNews at		Eat St. O
3	:30	The Office	Lake Show	Clifford	WordGlrl	DeGeneres Show	O ES	Most Evil	Ray O ISS	Lake Show	Restless	Stefano	Sidekick	Sports	DeGeneres Show	How/Made	ANT Farm	6 (N) 30	** "Super Troopers"	Eat St. O
	PM	Big Bang	Young &	G. Shrinks	Wild Kratts	Jdg Judy	The Dr. Oz	Gangsters:	The Doc-	Young &	Early News	Dragons'	SpongeBob	Hockey	Anderson	Daily Planet	Phineas	How I Met	(2001) 6 50	Food
4	:30	Blg Bang	Restless	Arthur O	Electric	Jdg Judy	Show IIC	Most Evil	tors () Ed	Restless	Global Nat.	Den 6 KG	SpongeBob	24 CH (N)	Live o sa	(N)	Austin	30 Rock		Food
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5	:30	Payne		Wild Kratts	Business	NBC News	CBS News	Most Evil	ABC News	Global Nat.	Hour	News	SpongeBob		at Five (N)	Busters O RD	Good Luck	Seed (N)	*Dodgebali: A True	Friends ()
	PM	Browns	Global Nat.	Animals	PBS News-	News	KREM 2	Gangsters:	News	(5:59) News	ET Canada	News	Carty 80	Tim Hortons Brier, Draw	CTV News	Auction	ANT Farm	Broke Girl	Underdog	Raymond
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1	:30	-	ET Canada	Volcanic	Sky: Turning Op-	Wheel	Access H.	Straight 80	Insider	ET Canada	(N) O 25	Coronation	Rock	(N)	etalk (N)	Know-It-All	Wingin' It	Diaries (N)	Warrior	Roseanne
-	PM	Family Guy		Wartime	pression- Women	The Big-	How I Met	-	The Bach-	Bones (N)	Bones (N)	Dragons'	Babysitting		Anger	Driving	ANT Farm	CityNews-	Deadliest	Debt/Part
8	:30	Family Guy	(DVS)	Farm (N)	Women	gest Loser "Makeover"	Rules	TBA	o ac	ac (DVS)	ISS (DVS)	Den O 80	Zolnk'd! O	SportsCen-	Normal	Wars (N) 80	Dog	Tonight (N)	Warrior	ET Canada
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10	PM :30	Cionos	Deception (N) O Bill	Architects of Change	pression- Women	(10:01) Deception	Hawali Five	Gangsters: Most Evil	(10:01) Castle O 85	Deception (N) O BE	News Hour Final (N)	National	Boys Mr. Young	SportsCen- tre (N) 80	(10:01) Castle () 350	Greatest Know-It-All	Lizzie So Raven	Maury () as	Entourage Entourage	Raymond Raymond
	PM	Comedy)	CHBC New	Rescue	Charile	News	News	Beyond	News	News Hour	ET Canada	CBC News	Welrd	SportsCen-	CTV News	Highway	Cory	Pald Prog.	Entourage	3rd Rock
111	:30		Final (N)	Volcanic	Rose (N) ED	Jay Leno	Letterman	Scared Straight	J. Kimmel	Final (N)	J. Probst	George S	Splatnlot	tre EC	CTV News	Thru Hell	Princess	Paid Prog.	Entourage	3rd Rock



Ann Jones of Coalmont accepts First Prize in the Princeton Posse 'Big Screen TV Raffle' February 18th from Posse Club President John Babiak. Expect more fundraisers to follow. Photo: Bob Marsh



was presented with the Top Goaltender (Okanagan Division) award by Conference Vice President Jim Harrington.

Princeton power play.

Posse play the Coyote

Osoyoos jumped to an early 1-0 lead at 17:55 with a goal scored by Alex Grupe with an assist going to

Princeton responded at 8:18 on the

Posse players were in formation in the Coyote zone when Kurtis Bond passed the puck back to Colby Braaten on the blue line. He shoveled the puck to Kaleb Boyle who was just inside the blue line at the opposite side of the arena. Boyle wound up and drilled a shot that sailed up high and over the shoulder of goalie Jesse Gordichuk.

Shots on goal for the period were close with Osoyoos leading 10-9.

The second period saw Osoyoos break the tie at 18:17 (Garrett Kucher from Brandon Watson and Nicolas Scott) and widen their lead to 3-1 with a power play goal at 2:20 (Taylor Jordan from Brandon Watson and Cameron Dobransky).

Osoyoos also out shot Princeton 16-4 in that period.

The third and what should have

been the final frame saw Princeton perk up a touch while the Coyotes started to show signs of wearing down.

Four players (Jon Forrest, Josh Mack, Kurtis Klinger and Jon Thompson)

who will not appear in the playoffs this season due to injuries were honoured by the Posse with their jerseys on display in Princeton Arena February 23rd.*

Princeton scored a power play goal at 17:43 where Kaleb Boyle fed a pass to Kurtis Bond who raced to the Coyote goal ducking and weaving everyone in his way until he ran out of room and popped the puck into the goal.

Princeton tied the game at 3-all at 14:04 (Kaleb Boyle from Kurtis Bond and Lane Erickson).

With the Coyotes slowing running out of gas, Princeton seized the opportunity and continued to pelt the Osoyoos net.

It paid off at 7:33 while Princeton was on the power play and cycling the puck from corner to the blue line, across and into the other corner and back and forth until Eric Kubis zipped a shot on goal that got tipped in by Kyle Moore in front of the

goal.

With 3:24 left in the game Osoyoos tied it at 4-all with a power play goal scored by Troy MacLise. Assists went to Ken Orlando and Colin Chmelka.

Princeton out shot Osoyoos in the third period 17-6 but could not break the tie, which put the game into overtime.

Following a 2-minute break, a 10-minute sudden death period was played.

Osoyoos needed most of the period to catch their breath and when they did, they scored the game winner at 4:01 (Colin Chmelka from Ken Orlando) with their only shot on goal in the extra period to take a 2-0 lead in the playoff series.

Final score: Osoyoos 5-4 OT. Shots on goal: Princeton 39, Osoyoos 33. Penalties in minutes: Princeton 8 for 26-minutes, Osoyoos 8 for 16-minutes.

Need some puck talk?

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FAX SERVICE



..... continued from Page 9

The following night, February 23,

saw Game #2 played in Princeton

Arena but with an opening face-off

an hour later than normal due to the

previously mentioned scheduling

Before the game got underway,

conflict.

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ween Bosnian families in the U.S. assassinations of Marting and their relatives trapped in the city.

ween Bosnian families in the U.S. and their relatives trapped in the city. In 1995, 1996, and 1998, he returned to Iraq to deliver medicines to children's hospitals in open noncooperation with the U.S./U.N. economic sanctions that killed over 500,000 Iraqi children. In March 2003 he was a member of a Christian Peacemakers Team in Baghdad in solidarity with the Iraqi people under the "Shock and Awe" bombing of Iraq.

Since 1996, Jim Douglass has been

researching and writing on the assassinations of Martin Luther King Jr., Malcolm X, and John and Robert Kennedy. He was the only writer to attend from beginning to end and report in detail on the only trial for the assassination of Martin Luther King Jr., held at Memphis in November-December 1999.

Jim and Shelley Douglass have received the Adin Ballou Peace Award from the Unitarian Universalist Peace Fellowship, the Martin Luther King Award from the Fellowship of Reconciliation, the Paul Beeson Peace Award from the Washington Physicians for Social Responsibility, the Pope Paul VI Teacher of Peace Award from Pax Christi USA, the Beloved Community Award from Beloved Community Church, the Dorothy Day Award from the Religious Studies Department of Edgewood College, and the Pacem in Terris Peace and Freedom Award from the Catholic Diocese of Davenport, St. Ambrose University, Churches United, Augustana College, and the Stanley Foundation.

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5:30 PM 1st 47 Bonanza #'s
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MONDAY (MIN. \$50.00 GUARANTEED) BC Gaming License #109667 "KNOW YOUR LIMIT. PLAY WITHIN IT"

WEDNESDAYS SCA Branch #30

Quilting 10:00 AM Exercise Class 10:15 AM

OPEN 9:00 AM - 4:00 PM Lunch: 11:30 AM - 1:00 PM

Narcotics Anonymous

OPEN MEETINGS

7:30 PM Wednesdays & Sundays at the InfoCentre on Highway 3

Info: (250) 295-7919 OR 295-6531, 295-6723

Sudoku

Sudoku Challenge SOLUTIONS TO PUZZLES ON PAGE 14

CHALLENGE #442

INDIVIDUALLY PREPARED HOROSCOPE

Natural character chart - \$25. Basic chart plus predictive -\$50.

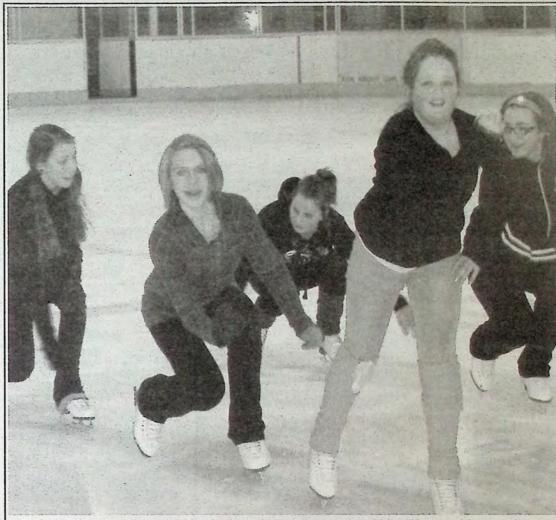
Phone 295-6063 Completely confidential

Drinking a problem?

Alcoholics Anonymous Meets 7:30 PM Thursdays Princeton Baptist Church 160 Old Hedley Road Fred 295-7272/Marena 295-7663 Notices

Notices

Notices



Skaters practice hitting their marks during a rehearsal of one routine which will be part of the upcoming Ice Show on March 3rd. The Princeton Skating Club will finish their season with the annual event. *

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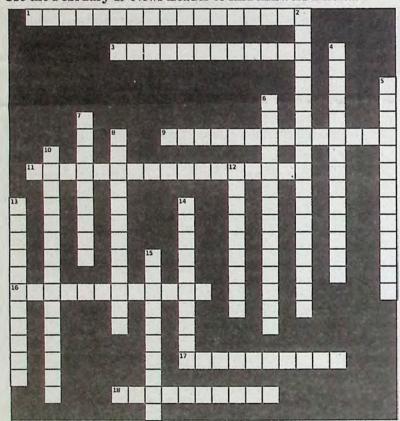
YS Leader 250.295.4149



Alexia Boyd is a senior skater in Princeton Skating Club. She will be performing with all other members in the annual ice show 'Road Trip' which will take place March 3rd at Princeton Arena. *

YS Leader Puzzler

Use the February 19 News Leader to find Answers Below...



Name the Princeton Girl Guides event held at Princeton Museum.

Name one new member of Princeton Legion Ladies Auxiliary.
Name the KIJHL team Princeton
Posse beat February 12th.

Headline: "
2014 school days."
This class visited Princeton

Museum in December. He was named Princeton Posse's

Rookie of the Year. He was named Princeton Posse's Most Sportsmanlike Player.

Better known as Recipe #549. Name the KIJHL team Princeton Posse plays in the first round of playoffs.

Name one new member of Princeton Legion Ladies Auxiliary. He was presented with the Posse

Coach's Award.

Name Princeton Posse's Assistant

They rescued a horse that has been Name Princeton Posse's Head

12 He was named Princeton Posse's

Best Offensive Player. 13 Name the landmark in photos on page 12.

Name the elementary school Principal in Princeton.

Princeton Museum has a huge rock and fossil collection thanks to this

Hows Leader

PUZZLER #112 Copyright 2012 - Brenda Engel

Valls Leader

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Full steam ahead for PXA

.... continued from Front Page -loops and will be promoting the fairgrounds and its events at a booth paid for by the PXA. She will have pamphlets about the fairgrounds and the big events of 2013, along with pamphlets to had out.

The fairgrounds concession will continue its traditional menu. After consulting with the health inspector, Concession Manager Jennifer Bernard learned she will not have to make a new concession operation manual this year if she stays with the same menu, but if the menu changes, the approval process goes back to square one as each piece of equipment and each procedure will require reviewing. The same holds true if a new concession operator takes over. This was a great relief to Jen, as she spent countless hours last year in preparing the concession operation manual as required. The facility will undergo an inspection again this year, but no problems have been identified.

Rodeo Club President Ken Crompton reported the planning for the Stan Thompson Memorial Team Roping event on May 10, and the rodeo on May 11 and 12 is going smoothly. The club is beginning to plan for replacing the timed event chutes, but there is not enough money to do it this year.

Racing Days Association President Karrie Crucil reported they are well into planning for this year's race meet on June 29 and 30. Osoyoos has asked for dates two weeks before Princeton's horse racing-and she is hopeful this will draw more American horses to stay in the area and run in Princeton's races.

Dan Kastor, President of Princeton's Agricultural Fair, has August 24 and 25 locked in on the fairs provincial schedule. Registration and fees for the Little

Britches Rodeo finals on those dates are in process and final approval is likely to be given soon. The Little Britches Rodeo Association has asked that volunteers from Princeton should be available. Anyone wishing to help out with the Little Britches events should contact Dan Kastor at 250-295-6993.

Bob Lind provided information about bucket forks for the fairgrounds tractor. PXA members agreed having forks on the tractor would greatly assist in moving fence panels, picnic tables and mobile stages, and approved an expenditure of over \$200 for the purchase of the forks. Bob Lind has generously offered to attach the forks.

Princeton Lions Club requested storage space for goods to be sold at a yard sale in late May, and offered to leave the unsold goods for the PXA to sell. Members were not opposed to the Lions having a yard sale, but could not provide storage nor did they wish to try to sell yard sale items left unsold. There is a public perception that the fair buildings sit empty when not in use, but a great amount of items are stored in the buildings including grounds equipment and Halloween spook house equipment. Members said they would consider allowing a yard sale at the grounds if everything was removed and the grounds clean after

Jen Bernard requested October 26 for the community Halloween party this year, and was given immediate approval, thanks to the excellent way the community turned out to help last year, including volunteers who came on Sunday to clean the grounds. The Rodeo Club and Racing Days quickly offered to sponsor the same things they sponsored last year.

looks ahead

. continued from Front Page Council will present a concert by Contretante Chamber Players, a quartet of exceptional talent who were featured at the 2011 Arts in the Park concert at Manning Park. Members of this quartet are professional musicians, members of Kelowna Symphony Orchestra.

Princeton Traditional Music Society is a member of the Arts Council who put on Princeton's annual Traditional Music Festival. This year the festival begins on

August 16 and sings and dances and makes music through to August 18. The festival organizers, Jon Bartlett and Rika Rubesaat, will be looking for volunteers and billets for this big

The next meeting of Princeton Arts Council is a general meeting of all member groups. It will be held at Riverside Centre at 6:30 PM on March 20.

Anyone having an interest in the arts or cultural activities is welcome to attend.

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Princeton's Solana Allison, centre, was presented with a Queen Elizabeth Diamond Jubilee Medal February 21st in Oliver by BC Southern Interior MP Alex Atamanenko, right. Photo: Susan Alton

Letters And E-Mails Received This Week

continued from Page 4

- They all have functioning hospitals. These are the independent hospitals.

- They are not run by a health authority they are run by an amalgamation of interests, Including: First Nations, Industry and the United Church. They are run by the United Health Services.

To be clear the funding still comes from the different health authorities in which they are located.

These places do:

- obstetrics, mental health, long term care, physio, ER, minor surgery, and preventive medicine (dietitians etc.) YouTube Bella Coola Hospital.

How They Work

1) Different Payment structure. Doctors are paid by contract. (Alternate Payment Program or Guaranteed Income Plan)

2) No Doctors are competing for Fee for Service (paid per Patient). Small centres can't sustain a fee for service market as well as supply ER Doctors.

3) Local Administration. Funding still comes from the Province via health authorities. The actual Administration is Local.

4) The Entire Community works together to form the entity for running the hospital. All positions are elected on a rotating basis via the community

What is Primary Care?

Scenario

Is this an example of primary health care?

Explanation

1) Angela is in a car accident and is rushed to emergency.

This scenario involves acute care

(the hospital). Primary health care is the kind of care you'd receive from your family doctor, nurse practitioner, physiotherapist, or other first-contact health care provider.

2) Mark takes his baby son Tyson to the doctor for a checkup.

Ongoing contact with a family doctor for preventive care throughout a person's life is an important part of primary health care.

3) Emily has surgery to remove her appendix.

No

As with Angela's visit to the hospital (above), this is not a primary health care situation. However, if Emily's family doctor was the one who discovered that she had appendicitis and referred her for surgery, that would be an example of primary health care.

4) Working with a dietitian, James and his family doctor develop a plan to help him manage his diabetes.

Yes

This is an excellent example of primary health care, which often involves teams of health care providers working together to help people live better with chronic diseases, such as diabetes.

Primary Care can't meet the needs the of the population of Princeton. No ER, No Surgery, No Babies can be born in this community. In many cases patients are already having to travel to Kelowna due to overcrowding in Penticton when faced with emergency.

Under Primary Care this will never change.

- Solana Allison Chair, SOS, Princeton

RDOS resumes yard waste collection

continued from Page 6 used for both collections, reducing staff time and firel

To help homeowners cope with the onslaught of yard waste, the Campbell Mountain Landfill in Penticton will reopen on Sundays from March until the end of November. Starting March 3rd the Campbell Mountain Landfill will be open 7 days a week, except on statutory holidays, from 8:30 AM to 4:45 PM.

From March 1st until the end of November, the Oliver Landfill will

also be extending opening hours to 10:00 AM to 3:45 PM Monday to Saturday except on statutory holi-

There is no charge at any landfill in the RDOS to drop of up to 500 kg of yard waste.

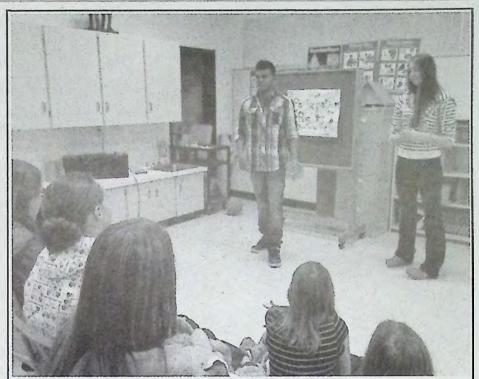
Residents can contact their local government office for more curbside collection information and to get a collection calendar for your property. Contact the RDOS Solid Waste Division at 250-490-4129, email info@rdos.bc.ca or visit www.rdos.bc.ca.

PSS Social Justice Class

Grade 12 Students Visit Vermilion Forks Elementary School



Paula Barchard's Social Justice 12 class at Princeton Secondary spent February 19th at Vermilion Forks Elementary. They rotated students through four different stations. Photo: Sharleen Anderson



The elementary school students learned about the rights of children as described under the United Nations Charter of Rights, Students enjoyed this unique learning experience. Photo: Sharleen Anderson

...And in other news headlines...

Family Day gains praise

Princeton's first Family Day celebration drew praised from Mayor Frank Armitage who attended the fun-filled day in the snow. He praised Nadine McEwen for her hard work, and for the work of all of the volunteers who helped make the day a success.

Mayor wants deer a priority

Councillor Jason Earle was scheduled to give a report at the February 18 Town Council meeting on the urban deer problem. Councillor Earle was unable to attend, but Mayor Frank Armitage had some things to say about the problem.

Mayor Armitage, referring to a call about a deer attacking a dog, said he has real concerns about attacks on children, although no such attacks have occurred to date.

"People shouldn't have to guard their children," he said.

"I am very concerned as a citizen if we don't get a grip on this (the deer problem). Something must be done."

He stated emphatically that the urban deer problem will be a priority

of Town Council.

Board outlines district budget

At the February 13 Board of Education meeting, trustees adopted the revised 2013 budget which totals \$28,276,884, which is slightly lower than projected. \$464,783 will come from surplus. On April 4, at 6:00 PM at the Board office on Tapton Avenue, trustees and staff will be present to explain the budget process to the public.

At the same meeting, Board Chair Gordon Comeau announced the Provincial Government will replace Nicola-Canford School. This is a small rural school near Merritt. This school is in need of major upgrade, and the government has made it a pilot project on which \$7 million will be spent. The plan is to replace the school with modular units. Similar projects will take place in northern British Columbia. The goal is to evaluate whether modular replacement is more efficient than traditional construction. The government will pay most of the costs. The school district has \$600,000 set aside for any modifications it requires.

Board praises senior girls

The Board of Education for School District #58 (Nicola-Similkameen) had words of high praise for Princeton's senior girls basketball team, who rank fourth in the province. They may become third if the new ranking system bumps them up from fourth.

"Princeton should be really proud to have a team of this calibre," stated Board Chair Gordon Comeau.

Three members of this team have been offered sports scholarships for their outstanding skills.

Family Services juggles space

Princeton Family Services Society will be switching locations of some of their services following a request made at the February 4th regular meeting of Town Council.

The Family Centre program, currently located at 120 Kenley Avenue, directly behind the Royal Canadian Legion, has seen a great deal of growth in the past two years.

PFSS asked permission from Town Council to move counselors into the building at 120 Kenley Avenue with the Family Place program being moved to the Society's building at 56 Kenley Avenue.

Administrative staff would move to the main floor of their current location.

The request, approved by a motion made by Councillor Jason Earle and seconded by Councillor Marilyn Harkness, came before Town Council, as the Town owns the building behind the Legion.



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Brenda Crawford



brenda@bcland.net (250) 295-8182

April Earle



april@bcland.net (250) 295-5346

Sandra Simpson



sandra@bcland.net (250) 499-9414

Princeton Fish & Game Club

DINNER/SILENT AUCTION 5:30 PM March 23

Tickets \$25 Call 250-295-3134 or 295-0250 or pick up at the Legion



PRINCETON

#107-66 Angela Avenue



Easy one level living in this spacious 2 bedroom condo! Renovated only one year ago, everything is new. Comes with refrigerator, stove, microwave, washer and dryer. This bright unit is located at the back of the complex, next to parking so easy access to bring in groceries, no stairs or elevators to negotiate.

MLS®141276 \$159,000

104 Thistle Road



EASTGATE

When you think of East Gate, you think of dreamy summers relaxing on your front porch, long walks through beautiful Manning Park and fun filled winter days skiing the slopes. Well you will not be disappointed with this great family property. Nestled amongst the pine and fir trees, the 1450 square foot home.

MLS@139498 \$255,500

2504 Princeton/S'land Road



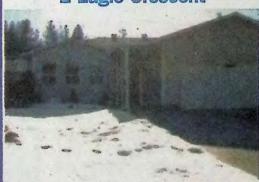
Get out of the city and come to paradise! Almost 10 acres of both open and treed land for you and your four legged friends. Barn, hay loft and large covered area for the tools and toys. Located only 25km from Princeton on a paved, school bus route road so well maintained year round. The manufactured home has had some renos done. MLS®141315 \$279,000

499 Similkameen Avenue



Solid 3 bedroom home just a few blocks walk to the Similkameen River and walking distance to town! New flooring, bathroom, roof, windows, hot water tank, and furnace in last 5 years. Fully fenced yard, oversized lot with garage, and workshop area for hobbies or just storage. Basement is low, but useable. MLS@141294 \$175,300

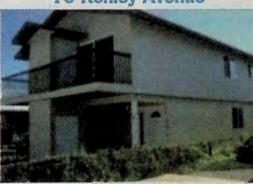
2 Eagle Crescent



What a great way to live! This immaculate home sits on a large corner lot with plenty of room for RV parking and a double garage. The living room is bright and spacious with wonderful mountain views to enjoy nature year round from your favourite chair. An efficient kitchen with lots of cupboard space.

MLS@141233 \$279,900

70 Kenley Avenue



Large Family home with in-law suite. This property has it all, excellent downtown location, updated and ready for you! Featuring Juliette balconies out the living room and bedroom, large kitchen with porch, jetted tub and elevator. Currently rents at \$1,950. Close to all amenities, restaurants and shopping!

MLS®132767 \$299,000

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