

Similkameen News Leader

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Tuesday, March 5, 2013

Canada WE ACKNOWLEDGE THE FINANCIAL SUPPORT OF THE GOVERNMENT OF CANADA THROUGH THE CANADA PERIODICAL FUND OF THE DEPARTMENT OF CANADIAN HERITAGE.



February 27th was 'Pink Shirt Day' and students at Princeton Secondary School marked the occasion by forming a giant peace sign in the high school gym. Pink Shirt Day is part of an international anti-bullying initiative. *

RCMP recover stolen firearms

The Princeton RCMP executed a search warrant at a local residence on February 20, where they recovered several stolen firearms. The guns had been stolen during a break and enter that had occurred in the Princeton area just days earlier.

Early in the morning of Wednesday February 20th, members of the Princeton RCMP executed a search warrant at a residence in the 900 block of 8th Avenue in Princeton, BC.

Investigators were supported by the SED ERT, a police Service Dog team and Forensic Ident in executing the search warrant at the residence of a known violent and prolific offender who was suspected of being in possession of firearms.

Two men and a woman were arrested without incident as a result of the investigation. The trio were held in custody to await charge approval for possession of stolen property and other firearm related offences.

Police had been investigating the break and enter of a local residence which and occurred earlier that same week, in which several firearms had been stolen. A total of 16 long guns were recovered in the raid.

"We were very relieved to have been able to recover these stolen firearms with the added satisfaction of solving a break and enter involving stolen weapons so quickly." Stated Cpl Kevin McCracken, Princeton RCMP Acting Detachment Commander.

Board outlines fair events

Princeton's Agricultural Fair Board met February 26 at the library meeting room to further develop plans for the 2013 fair to be held August 24 and 25. The fair will host the Little Britches Rodeo finals on August 24, and there can be jackpot Little Britches events on Sunday along with barrel racing both days if competitors are interested. Jamie Payton is organizing the rodeo events with Little Britches directors.

There will be a change in admission prices to the fair this year. Ages 0 - 5 years attend free of charge, but age 6 - 12 years will

now pay \$2.00 each per day to attend. Everybody else pays \$5.00 per day. The change for the one group was made to discourage parents who have been dropping off this age group at the front gate and just leaving them.

Vendor forms are available for those who wish to set up booths at the fair. Two groups have applied at the meeting. Those wishing to have a booth can notify President Dan Kastor at danny.kastor@weyerhaeuser.com.

Plans for entertainers is underway. Mat Duffus has been asked to return. This ever-popular children's

entertainer has been at the fair most years. The Marron Valley Drill Team is interested in returning and is always welcome. The Troubador (Al Kovaltsenko) has said he will be back this year, which was good news for the fair members. He extended an invitation to the fair to set up a booth at the annual Crisis

Assistance Family Fun Day August 5 at Princeton Plaza.

Members reviewed the evaluation of the 2012 fair. Each year a fair judge attends and looks at everything in the fair and gives it a score. When all of the scores were added together, Princeton received 76 percent, not a bad score but one that

could be improved. One of the worst scores was in the area of handicapped parking and access. Access on the grounds received a good mark, but there is no proper place for handicapped parking outside the gate. What is needed is a paved area clearly marked for continued on Page 21

Drugstore robbers caught

The Penticton South Okanagan Similkameen RCMP General Investigation Section and the Golden RCMP Detachment have solved two recent drug store armed robberies in their respective communities.

The alleged robberies occurred just weeks apart and were believed to have been committed by the same suspects. Within a month, investigators arrested and charged two Okanagan men.

Charged are: Lucas Holman, 28, of Penticton and Travis Hutzul, 32, also of Penticton.

The pair made a court appearance in Invermere, BC on Wednesday February 27, each charged with two

counts of Robbery. Holman was remanded into custody until March 12th while Hutzul plead guilty to 2 counts of Robbery, receiving a sentence of one year in custody per count.

The first incident occurred in Princeton on Wednesday January 30th. At approximately 12:21 Noon the Princeton RCMP received the report that two males had robbed the Princeton Shoppers Drug Mart pharmaceutical counter at knife point. Both males brandished pocket knives during the robbery and fled through the rear door with a large amount of prescription medication.

The second occurred in Golden on Saturday February 16th, shortly

before 2:28 PM. The Golden RCMP received an identical report that two males entered the Peoples Drug Mart, went directly to the pharmaceutical counter. Once behind the counter one of the suspects threatened the pharmacist with a knife and demanded that he turn over narcotic type prescription drugs. The pair again obtained a continued on Page 21

Similkameen News Leader
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Town of PRINCETON Town of Princeton
Public Notice

In accordance with Section 26 of the *Community Charter*, the Town of Princeton gives public notice that it intends to enter into a licence agreement with Environment Canada of Ottawa ON for a licence to occupy a 900 square metre portion of land at the Princeton Airport – located on the south side of the airport, 75 metres east of the Town’s water reservoir – 151 Airport Road. Environment Canada intends to use the property for a Reference Climate Station.

The property is legally described as:
Parcel Identifier: 014-972-981
That part of District Lot 1297 shown on Plan B4053, Similkameen Division, Yale District including therein, former old race track road as indicated in yellow on plan M94 said to contain 66.4 acres more or less, except Plan H8881.

The term of the licence is for ten years and the licence rate will be \$1,200 per annum.

February 18, 2013



Gloria Levi, left, and Marianne Rev from Integrated Care Advocacy were the guest speakers at Riverside Theatre February 25th. The event was sponsored by Save Our Hospital Coalition. Photo: Dawn Johnson

Senior care highlights meeting

All of us expect to grow old. How will we manage our old age? Will we be shuffled off to a care center or will we stay in our own homes with a little help from our community?

These are the questions three speakers tried to answer at a meeting at Riverside Centre on February 25. Lynn Pelly, Administrator for Princeton and District Community Services, along with Gloria Levi and Marianne Rev from Integrated Care Advocacy, presented problems of seniors and solutions to those problems.

Pelly spoke first, outlining the services available to seniors living at home in the Princeton area. Services include adult day care, meals on wheels, medical support and respite for caregivers. Pelly mentioned difficulties faced by local seniors trying to access medical services under the centralized medical care. Transportation to Penticton and Kelowna for specialist visits, tests and treatments can be a major problem for some seniors. Transportation to Penticton is available on Mondays, Wednesdays and Fridays at a cost of \$8.00 return. Local transportation for shopping is available at \$1.50 per trip. For these services, seniors and people with disabilities can contact Community Services office at 250-295-6666.

The procedure for home care is

arranged through the Public Health Unit where the senior’s needs are assessed and the type of care required is defined according to what the government is willing to cover. Income determines whether or not a client will pay for the service, and how much the client may have to pay. The government will not pay for housekeeping services,

cooking, shopping and transportation. A care worker going into the home may assist with personal care such as bathing, checking on medications, and other matters directly affecting medical needs.

Pelly emphasized that keeping people in their own homes is more cost efficient.

..... continued on Page 7

ORL elects ‘13 officers

At the February 20 meeting of the Okanagan Regional Library Board: The Board held elections for Board Officers for 2013.

Chair – Carol Zanon, Councillor, West Kelowna, Vice Chair – Jim Edgson, Director, Central Okanagan Regional District, Finance Committee Chair – Catherine Lord, Councillor, Vernon, Personnel Committee Chair – Marilyn Harkness, Councillor, Princeton, Policy and Planning Committee Chair – Maria Besso, Councillor, Coldstream.

Returning Chair Carol Zanon remarked “I look forward to an exciting and productive year ahead for the ORL and its board, as we welcome Stephanie Hall, our new CEO. In the past year we opened a new library in Vernon, enlarged and refurbished a library in West Kelowna and settled a major labor

dispute. There will be new challenges in the year ahead as the library continues to evolve and adapt to meet the changing needs of our society.”


The Board welcomed new Executive Director, Stephanie Hall to her first meeting of the Board. Hall joined the library on February 1st.

New members joining the ORL Board are Karla Kozakevich, Director for Okanagan Similkameen Regional District, Larry Morgan, Director for Columbia Shuswap Regional District, Christopher Derickson, Councillor for Westbank First Nation, and Joseph Pierre, Councillor for Penticton Indian Band. The September Board Meeting was moved forward to September 11. The next regular meeting of the Board will be held on May 15th.

-submitted

KINDERGARTEN 2013 STUDENT REGISTRATION

The Board of Education of School District No. 58 (Nicola-Similkameen)



Registration Schedule
Monday to Friday
March 4 - 15, 2013

Full day kindergarten is offered in British Columbia for all kindergarten-aged children. To assist with the planning and organization of the kindergarten program in School District No. 58, it is important that parents register their child early.

9:00 - 11:30 AM / 1:00 - 2:30 PM
John Allison Elementary School
250-295-6727

- For September 2013**
- To register, a child must be 5 years of age on, or before **December 31, 2013**.
 - Parents/Guardians should bring the child’s Birth Certificate, Immunization record and Care Card when registering.
 - Parents interested in a Kindergarten distance education program for their child, can contact the South Central Interior Distance Education School at 250-378-4245 or 1-800-663-3536.

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Fraser-Nicola

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Merritt, BC V1K 1B8

Phone: 250.378.4802
Fax: 250.378.4852
Toll Free: 1-877-378-4802
e-mail: harry.lali.mla@leg.bc.ca

Flip Of The Coyne

by Spencer Coyne

I watched the Oscar-winning picture *Argo* the other night, and although it was a well-made movie, the creative license taken gave me some reason for concern. I love historical dramas, but when you change

the historical accuracy of a movie and try to pass it off as the truth it no longer becomes history but fantasy. When more and more people get their information from movies and television, or even the internet, you

have to wonder what responsibility these people have in keeping historically accurate.

As a student of history I have always been sensitive to creative licence. I know that history is written

by the victor, and in many cases our history is always tainted by one side or the other, but when you rewrite history for a movie and then try to pass it off as history you should at least have to have a disclaimer. I am not surprised that this year's biggest pictures in Hollywood centred on this theme of revisionist history. When I took American history in University the text books were filled with slanted half-truths. I remember getting so mad at one point I slammed my textbooks shut and left the room before I really got mad at the slanted revisionism so blatant in the textbook.

In a world where most people get their news, not from the evening news, but from the Daily Show and the Colbert Report, you have to really wonder about Hollywood's moral obligation in keeping historical dramas true to the facts? Personally, I think they should have to keep to the facts. Sure, they can provide a little drama, but when they present the movie as "a true story" with the opening credits, they should keep to the facts.

If you wrote a book that rewrote history the way the movies do, it would not be classified as non-fiction but as

fiction. Maybe it's time we started to hold the movies to the same accountability. If we started to do that then maybe there would have to be some accountability in the way the evening news is being reported. Just saying.

Maybe with the success of *Argo* and *Lincoln* more movies of the historical nature will be made. Maybe Canada's ex ambassador will come forward to set the record straight on what really happened compared to the Ben Affleck version of events. Directors will have to work a little harder to keep the story straight. Sure, it might not look so great for America next time when they weren't the lone heroes as they are in the movies they make, but hey, the truth hurts sometimes, eh?

Don't get me wrong. I enjoyed *Argo*. It was a well-made movie. I'm not sure if it was the best picture of the year, but it was good. I haven't had a chance to see *Lincoln* yet and I can't wait to see it. Maybe next year we might see an accurate version of some great historical event that doesn't need embellishment to make it a great movie. After all, sometimes real heroic actions of men and women are amazing in themselves and don't need to be embellished.



The 2013 Youth Ambassador Candidates made their first public appearance February 28th at a Princeton Posse game. The Candidates are, top row from left, Destiny Earle (Princeton Legion), Morgan Whelpton (Billy's Restaurant), Layne Robillard (Weyerheuser), and Zack Jawasko (Century 21). Bottom row from left, Carmen Brodie (Princeton Rotary) and Jeannine MacIntosh (Princeton Lions). *

Princeton Town Hall News

2013 BUSINESS LICENCE

All businesses operating within the town of Princeton are required to hold a valid business licence. Business licence renewal invoices have been mailed and are due upon receipt. Business licence application forms are available at town hall.

2013 DOG LICENCE

2013 Dog license fees can be paid at Town Hall at a cost of \$10.00 for spayed or neutered animals and \$30.00 for non-neutered or unspayed dogs.

Town of Princeton Bylaw No.782 regulates the licensing of dogs, and states that any dog over the age of eight weeks must wear a valid license for the current year. A fine of \$75.00 will be charged for an unlicensed dog.

AREA H RESIDENTS

2013 Landfill Stickers are available at Town Hall for pick up by Regional District Area H property owners. Tenants wishing to pick up stickers require written permission from the land owner.



2012 LANDFILL STICKERS CAN STILL BE USED IN 2013 !!!

NEW—LANDFILL STICKERS DO NOT EXPIRE

RIVERSIDE MOVIES

Riverside Community Centre Theatre welcomes movie buffs for a night out eating popcorn and watching a block buster movie on the big screen with big sound! \$5.00 Admission at the door

March Movie Line Up



Rise of the Guardians
Friday, March 8
Showtime: 6:30 pm
Family movie



The Hobbit: An Unexpected Journey
Friday, March 15
Showtime: 7:00 pm
PG Rated



Parental Guidance
Friday, March 22
Showtime: 7:00 pm
PG Rated

Watch for upcoming movies or view movie trailers at

www.princeton.ca

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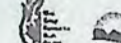
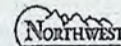
Chimney smoke is a sign of an inefficient burn that wastes fuel and produces harmful air pollutants. Learn how to Burn without the Smoke...



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Dynamic & Knowledgeable Speaker:
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WHEN: Wednesday, MARCH 6, 2013
OUTDOOR BURN DISPLAY:
anytime between 5:30pm - 6:30pm
WOOD HEATING WORKSHOP:
6:30pm - 8:30pm
WHERE: PRINCETON & DISTRICT COMMUNITY SKILLS CENTER
206 Verdon Avenue, Princeton



UPCOMING FREE WORKSHOP INCLUDES:

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- loading a firebox
- proper burn techniques
- chimney pointers
- appliance maintenance
- wood heat options
- EPA & emission ratings

Come early and see the outdoor burn display, demonstrating an old stove versus the new technology. Use this time to chat one-on-one with the instructor, then enjoy the workshop, where sandwiches and refreshments will be provided.

WIN!

At the workshop, ENTER FOR A CHANCE TO WIN a FAN (value over \$150) and OTHER PRIZES.

MEETINGS WITH MAYOR ARMITAGE CANCELLED

Mayor Armitage will NOT be available from March 1st to March 15th, 2013 so that he can enjoy his first vacation in years!

Meetings with Mayor Armitage will resume on Tuesday, March 19th, 2013.





Editorial Page

News Leader

Similkameen News Leader, 226A Bridge Street, PO Box 956, Princeton, BC V0X 1W0

My Turn

It's Just About That Time of Year

The end of playoffs for Princeton Posse was a bad news/good news thing for me.

Bad in the sense that the best team ever assembled for the local Junior B hockey club did not get past the First Round of Divisional Playoffs. The team only won a single post-season game, yet set numerous franchise, team and individual records in the regular season.

It was disappointing to see the season come to such a sudden stop when it was obvious the team had the talent to go farther.

The good news part of the end of hockey season is that I get a few days off now.

My weekends won't be as full for a while and since the end of hockey season also means that spring is near, it is a good time to get the odd day off.

Brenda and I look forward to a free afternoon where we can grab our cameras, fix a lunch and just hop in the car and look for things to take photos of. Sometimes it's a trip up Highway 5A, sometimes it's a trip to Keremeos but most often it's a casual journey down Old Hedley Road.

There are times it has taken us a few hours to get to Bromley Rock with all the breaks and stops along the way. Usually those trips will result in a number of photos of everything from landscapes to wildlife and everything in between.

What I like the most about a 'camera play day' is that I get to spend it with my wife and that there are no deadlines involved.

Ever since I got into the media business 35 years ago, deadlines have always been an essential part of the framework my days are built around. I actually find it to be a good way to stay on time and assists in prioritizing tasks.

A day without a deadline (or a 'play day' as we call them) is so much different.

On a play day, time normally doesn't matter, as we don't have any specific goals to achieve other than to relax and have fun.

I look forward to play days and if I don't get one in a while (translation: during hockey season) I really, really look forward to when the season ends so I can get out and soak up nature.

I know others who do a lot of different things to relax on their day(s) off.

For me, this seems to work.

So even though I'm a bit saddened and disappointed about the Princeton Posse season ending so early, there's another part of me dancing with joy that the season is now over.



The final Posse Salute of the season to fans was at the end of the February 28th game against Osoyoos.*

Your Turn

Letters And E-Mails Received This Week

To The Editor;

March is Red Cross Month across Canada, and I am delighted to take this opportunity to celebrate the power of humanity and recognize the efforts and compassion of the public to respond generously to humanitarian needs.

Building community participation is one of our key strategies for helping vulnerable people. Training teams of disaster services volunteers, reducing and preventing relationship abuse and bullying through education, teaching water safety and first aid, and fundraising locally for disasters are some examples of how we mobilize the community on issues that can impact us all.

In British Columbia last year, Red

Cross directly served nearly 452,000 people with the support of more than 2,200 volunteers. Our health equipment loan program provided more than 137,000 pieces of equipment. We responded to 72 disasters and provided 98 courses and workshops. We've been a leader in swimming and water safety since 1946 and saw more than 237,000 Red Cross Swim participants last year. Our Violence and Abuse Prevention program reached nearly 29,000 youth.

Our work goes beyond the borders of our province and even our country. Wherever disaster strikes, everyone in the Red Cross/Red Crescent family is ready to help. Last year, when Hurricane Sandy devastated communities in the

eastern United States, local Red Cross Disaster Management volunteer Robbin Stephens was among dozens of Canadian volunteers who dropped everything to go to New York to assist American Red Cross in their relief efforts.

Robbin, a Red Cross volunteer since 1998, used her wealth of experience with the many floods, fires and storms across British Columbia to help in the aftermath of the super-storm. Along with volunteers from around the world, Robbin helped deliver millions of relief items to thousands of people impacted by the storm. We are extremely proud of our local volunteers like Robbin, who dedicate large portions of their lives to the work of the Red Cross, helping vulnerable people when they need it most.

Every day, ordinary British Columbians do extraordinary things - people like you, or your neighbour, or someone else you know.

During March is Red Cross Month, I encourage everyone to find out what the Red Cross does in your community and also how to get involved. You will learn both how

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Similkameen News Leader

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EDITORIAL GUIDE

We would like you to write to us, but please remember to abide by anti-discrimination laws. The News Leader reserves the right to refuse to print any letter which is not signed by the writer or is slanderous, libelous or of uncommon sense. The Editor reserves the right to condense any letter or to substitute proper language for improper language.



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Current Comment

Sexism Attacks Women Leaders



Dawn Johnson
editor@thenewsleader.ca

March 8 is International Women's Day, a day set aside to honour the work of women in our world.

A recent study on sexism revealed that most female politicians receive highly sexist criticisms. I know many politicians deserve criticism, but to base the criticism of female politicians on the fact that they are female is silly.

There are female Prime Ministers in Germany and Australia, and female Premiers of Canadian provinces. I could criticize the way they do their jobs, but how they do their jobs does not come from the fact they are female. The world is in a hell of a mess, and the majority of leaders are male. Is this due to testosterone?

When I heard about the criticisms based on sex, I became angry because I have watched women seek equal opportunity during my entire lifetime. Women have made gains, without question. In order to make these gains, they have had to work harder than men to gain credibility.

Behind most sexist criticisms is the need to define who is entitled to power. When Women's Liberation Movement began, a well-educated man said to me, "Dawn, there will be a fight. There is always a fight when you try to create a shift in power."

It is not the amount of money some women make that prompts sexist remarks, it is the fact that in men's minds money equals power. It is the power female politicians have that will most likely bring the sexist criticisms. In our society, women were traditionally not entitled to power either within the home or outside it. Women have fought for equal opportunity for education, for pay on the job, for property rights, and for the right to decide about their own bodies.

When I was a teenager, only 60 years ago, girls were encouraged to

think of being nurses, teachers or office workers. The thinking behind it was based on the fact that girls would marry and have children, and that was as far as education would take them. There was some justification in that thinking, because it was difficult for women to get good information on how to prevent pregnancy. The birth control pill was one of the greatest medical developments to free women from their traditional role as housewives and mothers only. The 'pill' allowed them to determine how many children they would have and how long they would be housebound raising a family.

My anger stemmed from another source right in our own back yards. Take a look at how many organizations in our community depend on women. I belong to a number of organizations and women are the backbone of these organizations. There are other organizations in which women do more than half the work. Yes, they are volunteers, but they do a tremendous job of keeping things running in our community. Whether it is child services, the arts, sports, seniors concerns, the agricultural fair, 4-H, the rodeo, or horse racing, the majority of people doing the work are women. Not only are they doing the work, they are making the decisions. Those who make the decisions are those with the power.

In most households, it is women who keep the place clean, cook the meals, tend to the children, turn out to help at the schools, look after the elderly family members, and often they are doing all this as well as working at a paying job. These are people who multi-task, schedule, organize and decide. Many of the women I know do all of this and manage the household's finances as well.

Women appear to be the glue holding society together, right in our home town, and throughout the nation.

According to my brother-in-law, who has worked in what used to be a male-dominated business of selling tires, more and more women are advancing in the business because women are better workers. He says he does not know what is wrong with young men today. They say they want the job, they go to work and do well for a couple of months, then the slacking starts. They go out and get drunk, or do drugs, and if they do

show up, they are hung over at least one day a week and have no idea how to put in a good day's work. He says women learn faster, and even improve on customer service. He compared two employees. The male takes the tires out to the customer, then goes back to the office to get the invoice copies while the customer waits, then takes the invoice to the customer to sign one copy. The women go to the office, pick up the copies, take those and the tires to the customer, get the signature, wish the customer a very good day, and save about ten minutes.

According to my bother-in-law, the women come to work on time and better groomed, work cleaner, pick up after themselves, and listen well to instructions. Most of all, they treat customers better, and anybody trying to sell anything knows the importance of customer goodwill. He says they do all of this despite the fact that lifting tires and moving them from place to place is much more physically demanding for a woman than for a man.

My bother-in-law is not sexist. In his view, whoever does the best job deserves promotion. One of his female employees saved every cent she could for several years, then bought a big tire distribution business in Vancouver and is a success at it.

This is what life boils down to, isn't it, that whoever does the best job rises to the top regardless of whether the person is male or female? Perhaps these sexist men do not have the wit or the skills or the willingness to work, so they sit back and criticize the one thing about female leaders that cannot be changed: the fact that they are female.

American President Harry Truman was a man of plain speech. One of his sayings was "If you can't take the heat, stay out of the kitchen." I suspect there are a lot of men staying out of the kitchen.

Now, for the sexist men who may be reading my column, I am not a man-hater. I have worked with men, some of whom I have admired a great deal, others who were a pain you know where. I have worked with women, too, some who I liked a lot and some who were a pain. You simply cannot criticize any person just on the basis of being male or female. That's too silly.

News Leader

WE'RE DIFFERENT, AND WE LIKE THAT.



George Elliott
OWNER/PUBLISHER
george@thenewsleader.ca

Brenda Engel
OFFICE ADMINISTRATOR
brenda@thenewsleader.ca

226A Bridge Street
P. O. Box 956, Princeton, B. C., V0X 1W0
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Lower Valley News

Keremeos - Cawston - Olalla

First Nations support Park Reserve

The Okanagan Nation Alliance, representing four South Okanagan First Nations bands (the Upper Similkameen, Lower Similkameen, Osoyoos and Penticton), formally announced February 26th their support of the South Okanagan-Similkameen National Park Reserve proposal with the release of their park feasibility report.

The report urges the provincial and federal governments to move forward into the next stage of park establishment, and says that the current park plan is "insufficient in size" to maintain cultural and ecological integrity.

"We would like to thank the Okanagan Nation Alliance for their support of the South

Okanagan National Park proposal," said Gwen Barlee, policy director with the Wilderness Committee. "This proposal has First Nations and local community support, and now it is time for the federal and provincial governments to work together to establish the park."

The South Okanagan represents one of the most endangered ecosystems in Canada and is home to one third of BC's endangered species. Bobolinks, badgers, canyon wrens, scorpions, rattlesnakes and the delicate Lyall's Mariposa lily are just a few of the rare and iconic wildlife species found in this arid region.

"As someone who was born in Penticton and grew up in the

Okanagan, I am thrilled this final piece of the puzzle has fallen into place," said Barlee. "People here know they live in a special place, and they realize it is important to protect the special plant and wildlife species of this rare ecosystem to help maintain the quality of life for which the Okanagan is famous."

Since 2004, the federal and provincial governments have been cooperating to assess the feasibility of a national park in the South Okanagan-Similkameen region. In 2011 a park feasibility report was released by Parks Canada, which showed the national park reserve was viable and that the process to establish the park should commence as soon as possible.

FACTOS continues project

The FACTOS - Farm And Community Team Okanagan Similkameen committee is reaching the end of its funding mandate. The project "From Discord To Action: Cultivating Community

Change Around Seasonal Farm Work" was started in June of 2012 in an effort to identify and act upon seasonal farm worker issues in the South Okanagan and Similkameen. Coordinator Lilly Zekanovic of the

Penticton & Area Women's Centre (PAWC) will be completing her term of employment on March 31st. Arlene Arlow, Village Councillor in Keremeos agreed to chair the committee until the end of the first round of funding and beyond. She promises that the efforts to address of seasonal farm workers, the community and employers will continue. Participants in the committee include RDOS Rep Angelique Wood and RDOS Rep George Bush.

The first result of the project will be a Seasonal Farm Worker Handbook. The handbook will compile similar booklets created over the years by various organizations, some of which are no longer operating.

The booklet will include information on things such as pesticide handling, emergency contact numbers for RCMP and faith-based organizations plus interpersonal tips on what employers expect from their employees.

To join the committee, feel free to contact Keremeos Councillor Arlene Arlow at arlow@telus.net or 250-499-5121. Representation from the community, farmers, farm workers and businesses is welcomed. The project was funded in part by Vancouver Foundation and BC Gaming and community partners. The committee plans to network through the summer with affected farmers and groups such as the BC Fruit Growers Association and Chambers of Commerce. The next meeting will be Friday March 15th, 10:00 AM at the Penticton And Area Women's Centre, 209-304 Martin Street in Penticton.

Electoral Area 'G' Report

Director Angelique Wood

February Feral Cat Spay/Neuter in Olalla and Hedley

At the end of February 2013, Joni Heinrich, past CAO of Keremeos, came from her new home in Chase to assist the feral cats of the Similkameen, continuing work that she began a few years ago with a local Keremeos woman, Betty.

Joni makes arrangements with the caregivers to the feral cats to trap, spay or neuter and tattoo the cats, and usually tries to return the cats to the neighbourhoods she takes them from.

There are a number of reasons for returning wild cats to their colony; primarily if the cats are simply removed, other cats will "move in" and they are usually not sterilized-so the community begins to grow uncontrollably again.

Secondly, Heinrich finds that neutered and spayed cats returned to their "home" areas usually results in a balanced, better behaved cat colony with less fighting, wandering, and spraying. Often the fixed cats find themselves new homes as they become less aggressive and less prone to feral behaviours.

When possible, Heinrich finds

adoptive homes for the cats which are unwanted, but many of the wild cats are great mousers and do some level of community service when they are returned to their old stomping grounds.

The most unfortunate thing for neighbours of feral cat colonies is the unlimited potential for more offspring, and the terrible odour of them marking territory. The loud squealing fights are no fun either.

Please, as responsible pet owners, take the time to spay and neuter your animal so that there are no more unwanted kittens born, and please consider both the lives of the cats and your neighbours before dumping unwanted kittens "in a field" or at the local "cat house".

Area G Yard waste pick up March 15

On Friday, March 15, there will be the first unlimited pick up of yard waste and greens. Please be reminded that the RDOS will no longer be accepting yard waste placed out in plastic bags. Greens waste must be either bundled, or bagged in paper bags, or in reusable garbage containers. Stickers are available from the RDOS office in Penticton which continued on Page 23

..... continued from Page 2

Gloria Levi is an advocate of integrated care for seniors, and firmly believes seniors are healthier in their own homes. She had praise for what Community Services is providing for Princeton, but said the government should never have removed home support services such as cooking, housekeeping,

shopping and transportation. Levi talked about many elderly people who go to hospitals because they have problems with taking medications, and says the ER is no place for a senior.

Levi talked about the highly successful system of senior care in Denmark. In that country, case managers annually visit every

senior 75 years and older. Services are provided to the senior as problems arise. Vision, dental and hearing problems are addressed. If the senior requires help around the home such as cooking, cleaning, shopping, or going for medical tests and treatments, this support is provided. As a result, most seniors stay in their own homes. This sys-

tem has substantially reduced the requirement for residential and long term care facilities, which is a great cost saving.

Dr. Marianne Rev is a family physician who explained how services to frail elderly are often fragmented. In an aging population, there are more clients and less time for each. There used to be a range of non-medical services for seniors, now there is very little. Treatment is too narrow, Dr. Rev stated.

She expressed concerns about what happens to seniors when they are discharged from hospital. At this point, people shared stories of seniors discharged and left with no

way to return home and no resources at home. Dr. Rev said she had heard many horror stories.

Gloria Levi stated, "We did have home care. We can get it again. We need to rearrange how we, as a province, handle our finances."

"Seniors have to speak out," Levi told the audience.

She said seniors must talk to their candidates in the upcoming election and make integrated home support an election issue.

Dr. Rev closed by saying, "The system is broken."

Save Our Hospital Coalition hosted the meeting, and Ed Staples presented each speaker with a small gift of appreciation.



Princeton and District Community Services Administrator Lynn Pelly. Photo: Dawn Johnson

Industrial Park sales report

Brenda Crawford of Realty Executives attended the February 18 Town Council meeting to report on interest shown in Princeton's industrial sites for sale. She told Council the properties are on their website

and there has been some interest shown.

Between 14 and 22 people looked into properties. Sales have been slow in all real estate. With spring, she expects more activity on the site.



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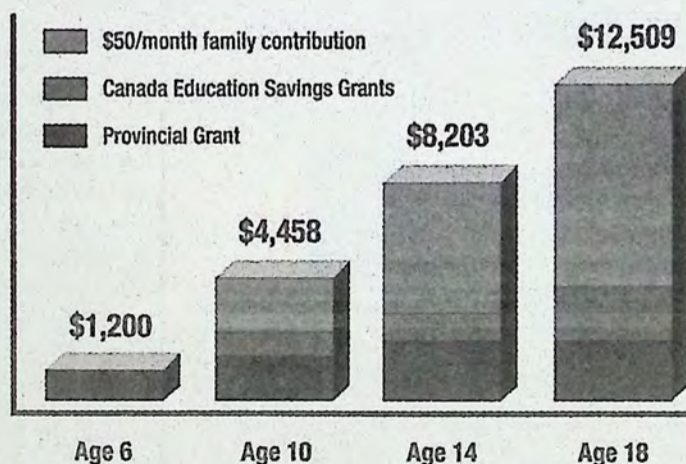
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PSS Student of the Month for February is Kely Fuller. The Grade 9 student was nominated for being a 'cooperative and enthusiastic student.' Student of the Month is sponsored by PSS PAC. *

Saddles 'n' Spurs
 by Pastor George Donovan

Some time later Old Man B had moved to a small farm in the same area. He had a few animals around and we usually had time to talk while I was delivering papers. He didn't seem to have a lot of friends and was alone most of the time.

Living Past 100

Three Ways To Live Long

The latest research on preventing an unhealthy old age shows there are three factors that determine how long we live: physical activity, genetic susceptibility (heredity) and diet. You cannot control the effects of heredity, but you can control how much you exercise and what you eat.

Exercise for the older person can be simply walking, or gardening, or swimming. Older people should exercise cautiously. High impact exercises are not good for the joints, and it pays to remember the older muscles suffer sooner from being over-exercised and will take longer to heal. Exercises requiring lifting weights are not recommended unless the weights are added only after several weeks of building strength.

When it comes to eating, the rules are simple. Stick to fresh vegetables and legumes (peas, beans and lentils) as the major part of your diet. You should have fruit in your diet, and protein, as well as calcium and Vitamin D. There are several warnings about taking a lot of calcium, but consult your doctor if you want to take calcium supplements. Calcium foods such as yogurt, almonds and broccoli are better for you than taking supplements. Stick to low fat foods.

There is one more element to living a long life: sleep. Having a proper sleep every night is another thing you can maintain control over. Each person has a sleep readiness routine that suits them. What works for one person may not work for another. The goal is to regularly sleep seven to eight hours a night, and to sleep deeply. It is in our deepest sleep that our body finds time to repair damages.

Stress and lack of exercise interfere with proper sleep. Reduce stress as much as possible. If you are a person who does not get proper rest because of worries (stress) perhaps some counseling would help. Most physicians will pay attention if you tell them you do not sleep well, and they will try to find a way to solve the problem. If seeing a counsellor is recommended then your family doctor will assist you in locating a good counsellor.

Eat well, exercise sensibly, and sleep a good sleep, and you should live a long time and enjoy living.

He brought out a rifle and said, "I'm going to walk toward the barn and I want you to shoot me." I loved this man and thoughts raced through my mind. I had read a book in school that was about two boys mountain climbing. One of the boys fell and landed on a ledge and was seriously injured but alive. The other boy managed to get down to him but couldn't help him but said he would go for help.

The injured boy begged him to push him off the ledge because he didn't want to live crippled. He was eventually persuaded and pushed his friend to his death. Was this what friends do? I wasn't even thinking about the possible ramifications for me, just about Old Man B. I couldn't do it and I thank God that I didn't.

Old Man B regained his health and we were friends for many years after. Recently I discovered that he had asked my friend Tommy to do the same thing and thank God he didn't do it either.

..... continued next week

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Entertainment

Similkameen News Leader TV Guide Listings - March 4 - 10, 2013



Princeton Posse's Kaleb Boyle (#16) takes a blue line face off February 25th in Game 3 of the Divisional (First Round) Playoffs against Osoyoos Coyotes. Princeton won the game to cut the Osoyoos series lead to 2-1. *

Posse turn series into a battle

Princeton Posse hosted Osoyoos Coyotes February 25th in Game 3 of their Divisional (First Round) Playoffs.

Going into the game Osoyoos had a 2-0 lead in the series but had only out scored Princeton by a single goal in each game. Other stats showed the Coyotes had out shot the Posse by a single swing of the stick 79-78.

Game 3 was going to decide whether or not Princeton was going

to be down three games or if they would end up within just one in the best-of-seven playoff format.

The home team scored first only 1:12 into the game. Kaleb Boyle got the goal with an assist from Kurtis Bond.

Princeton ended the period at 3:15 with another goal. Cole Weber passed the puck to Ben Reinbolt who was just inside the blue line as he drilled a shot on goal. Beau Browning of the Coyote defence

crossed in front of the net from the stick side, probably in an effort to block the shot, but he was a fraction of a second too late and got to watch his goalie Jessie Gordichuk whip his glove in a wide arc in an attempt to catch the flying puck, but he just missed it. The puck caught the netting of the Coyote goal high in the top corner and flopped down to the ice.

Osoyoos out shot Princeton by just continued on Page 18



Princeton Posse's Buddy Summers (#24) and Kyle Moore (#27) watch the play from in front of the Osoyoos net. *



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Tuesday Movies

AFTERNOON

12:30 pm SPIKE ch.44 "Super Troopers" (2001, Comedy) Jay Chandrasekhar. Five state troopers try to stop a group of drug dealers in order to save their careers. (In Stereo) (CC)
 2:30 pm SPIKE ch.44 "Dodgeball: A True Underdog Story" (2004, Comedy) Vince Vaughn. The owner of a gym and an overbearing entrepreneur form dodgeball teams to compete for \$50,000 in Las Vegas. (In Stereo)

lives of those who did not die in a horrible highway calamity as they were meant to do.
 10:00 pm SPIKE ch.44 "Eddie Murphy Raw" (1987, Comedy) Eddie Murphy. The comedian does a Bill Cosby impression and discusses life, women and sex in a stand-up show in New York. (In Stereo)
 11:30 pm WTBS ch.3 "Final Destination 2" (2003, Horror) Ali Larter. Death returns to claim the lives of those who did not die in a horrible highway calamity as they were meant to do.

EVENING

8:00 pm SPIKE ch.44 "Eddie Murphy Raw" (1987, Comedy) Eddie Murphy. The comedian does a Bill Cosby impression and discusses life, women and sex in a stand-up show in New York. (In Stereo)
 9:30 pm WTBS ch.3 "Final Destination 2" (2003, Horror) Ali Larter. Death returns to claim the

News Leader Horoscopes

March 6 - 13, 2013

ARIES - This may be a week of continuing to worry, but next week will bring about a surge of personal energy that may make you egotistical and reckless. Some people go with the feeling, others are more cautious. Try for balance. Stress can make you ill, or accident-prone. Use energy for work, gain.

TAURUS - Plan to enjoy your friends, but at a distance for a short time. Think about what you really want out of life, then plan to work toward what you want. This is not the time to plunge ahead, but it is a time to plan the steps and work out the details of how to get to where you want to be. Focus!

GEMINI - Your career and the needs or demands of people in authority or the elderly continue to dominate your time. You feel generous toward them still, but your patience may be wearing thin. Plan to spend more time with groups you belong to in the near future. For now, do your duty and be patient.

CANCER - Finish up projects that demand communication at a distance. Your career is about to become more demanding. This is a good time to learn what you need to know for completion of your projects. This is not a time to daydream, but a time to take your own creativity seriously and do the work.

LEO - This week continues the trend of putting your financial house in order, taking care of taxes, insurance, debts, and other financial obligations. You may have to settle an estate, or deal with matters related to the death of somebody. This phase ends in two weeks, so you might have vacation time.

VIRGO - This month has been all about your one to one relationships, and your relationship with the public. This trend continues for two weeks, but you will find the following period about what you share with others and what your obligations are to them. Your career may seem it is at a standstill. Wait.

LIBRA - If you have been in the energy doldrums, you can look forward to the end of it by the end of this week. You are about to have a new surge of energy to achieve goals you may have set in the past but have not felt energetic enough to do the work. Watch out for impulsiveness, taking chances, accidents.

SCORPIO - This is a good time to finish creative projects. Life is going to demand more from you in terms of your job and your health will need watching, too. Do your taxes as soon as you can, as you can reap some benefits from it. Take care of insurance, debts, and other financial obligations. Settle matters.

SAGITTARIUS - Problems at home will come to an end by the end of the week. You are about to enter a new phase in which you can have more fun and be very creative. For this week, finish projects at home, maybe do spring cleaning. Clear things out of home that are no longer appropriate or are useless.

CAPRICORN - You may have been inclined to say too much too forcefully in the past couple of weeks, and you may have to mend fences before this week is done. Continue to drive with caution, and guard against flu and colds. Look after your feet. Enjoy your work and your good health. Count blessings!

AQUARIUS - Do not end this month without clearing up your financial situation! Your work is demanding, and you may feel bored at home or wish your home were better, but you are going to have to settle your financial obligations before anything else. Work on taxes, what you owe and what you own.

PISCES - Continue to live cautiously. Beware of health and safety hazards. Home is a safe place to be. If you have been ill or injured, things improve by the end of this week. Financial matters must be addressed now - taxes, debts, insurance and all financial obligations must be dealt with for the coming month.

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TUESDAY, MARCH 5, 2013

	WTBS ch.3	CHBC ch.4	KNOW ch.5	KSPS ch.6	KHQ ch.7	KREM ch.8	A&E ch.9	KXLY ch.10	BCTV ch.11	CITY ch.12	CBC ch.13	YTV ch.18	TSN ch.19	VTV ch.22	DISC ch.24	FAM ch.26	CITY ch.29	SPIKE ch.44	TROP ch.45
6 AM	In the Heat of the Night	Morning News (N)	Timothy HI-5	Thomas Clifford	KHQ News 6AM (N)	KREM 2 Morning News	Criminal Minds	News	Morning News (N)	(5:00) Morning News (N)	CBC News Now (N)	Kid vs. Kat Super Evil	SportsCentre	CTV Morning Live (N)	Strip the City	Dinosaur Hannah	CityLine (N)	Auction	Canadian Pickers
7 AM	Justice	Justice	Arthur	Arthur	Today Rachel Maddow; Tina Fey; Laila Ali. (N)	CBS This Morning (N)	Criminal Minds	Good Morning America (N)			Tiger	Sidekick	SportsCentre		Mighty Ships	Shake It	Let's Make a Deal (N)	CSI: NY	Earth: Final Conflict
8 AM	Judge Alex	Judge Alex	Tree Fu	Curlous	Dinosaur		CSI: Miami			Morning Huntley	Bo On/Go	Pokemon	SportsCentre		Greatest Know-It-All	Jessie	The Price Is Right (N)	CSI: NY	Canadian Pickers
9 AM	Millionaire	Morning Millionaire	Pinky	Super Why!		The 700 Club	CSI: Miami "Bombshell"	Live! Kelly and Michael	Morning Huntley	The Doctors	Super Why!	Rescue	SportsCentre	Live! Kelly and Michael	Mighty Ships	Mickey	Access Hollywood Live	CSI: NY	Canadian Pickers
10 AM	Law Order: CI	The Doctors	Doggy Franklin	Sesame Street		The Price Is Right (N)	Criminal Minds	The View	The Doctors	Eat, Shrink Debt/Part	Poko	Squirrel	Motoring	The View	How/Made	Never Land	The Chew	CSI: Crime Scene	Gold Girls
11 AM	Law Order: CI	Eat, Shrink Debt/Part	Rolle Polle	Tiger	Judge B. Noodle	Young & Restless	Criminal Minds	Paid Prog.	Eat, Shrink Debt/Part	Noon News Hour	Steven and Chris	G. Shrinks	BNP Paribas Showdown. (Taped)	Marilyn Denis	Strip the City	Suite Life Suite/Deck	General Hospital (N)	CSI: Crime Scene	Friends
12 PM	Excused	Noon News Hour (N)	Dino Dan	Charlie Rose (N)	Joint Help My Pillow	News	The First 48	The Chew	Noon News Hour (N)	Days of our Lives (N)	CBC News Now (N)	Super Evil		CTV News (N)	Auction	Wizards	CityLine	Movie: "Super Troopers" (2001)	Drew
1 PM	There Yet?	Days of our Lives (N)	Save-Ums!	Paint	Days of our Lives (N)	The Talk	The First 48	General Hospital (N)	Days of our Lives (N)	The Talk	Heartland "Miracle"	Squirrel	Tim Hortons Brier, Draw 8. From Rex-all Place in Edmonton. (N)	The Dr. Oz Show	Greatest Know-It-All	Sonny	Katie	Movie: "Dodgeball: A True Underdog Story"	3rd Rock
2 PM	King	The Talk	Big Bear	Barney	Katie	Let's Make a Deal (N)	The First 48	The Jeff Probst Show	The Talk	The Ricki Lake Show	Steven and Chris (N)	Almost Super Evil		Dr. Phil	Driving Wars	So Raven	CityNews at 5 (N)	Movie: "Dodgeball: A True Underdog Story"	Roseanne
3 PM	The Office	The Ricki Lake Show	Rob Robot	Sid	Ellen DeGeneres Show	Dr. Phil	Storage	Rachael Ray	The Ricki Lake Show	Young & Restless	Recipes	Squirrel	Sports	Ellen DeGeneres Show	How/Made	Wizards	CityNews at 5 (N)	Canadian Pickers	
4 PM	Big Bang	Young & Restless	G. Shrinks	Wild Kratts	Jdg Judy	The Dr. Oz Show	Storage	The Doctors	Young & Restless	Early News Global Nat.	Dragons' Den	Parents	Hockey	Anderson Live	Daily Planet (N)	Phineas	How I Met	Canadian Pickers	
5 PM	Browns	News (N)	Martha	Battle for the Elephants	News	News	Storage	News	Early News	(4:59) News Hour	News	Parents	Interruption	CTV News at Five (N)	Gold Rush -The Dirt	Jessie	Raising	Friends	
6 PM	Browns	Global Nat.	Animals	Nature (DVS)	News	KREM 2 News at 6 (N)	Storage	News	(5:59) News Hour (N)	ET Canada	News	iCarly	Tim Hortons Brier, Draw 9. From Rex-all Place in Edmonton. (N)	CTV News (N)	Gold Rush (N)	ANT Farm	New Girl	Friends	
7 PM	Seinfeld	Ent	Be the Creature	Sound Tracks	Jeopardy!	Inside Ed.	Storage	Ent	Ent	Elementary	George S	Mr. Young		Big Bang	Bering Sea Gold (N)	Good Luck	Body of Proof (N)	Roseanne	
8 PM	Family Guy	NCIS "Prime Suspect"	Euro Crash	To Be Announced	Betty	NCIS "Prime Suspect"	Storage	Celebrity Wife Swap (N)	NCIS "Prime Suspect"	NCIS "Prime Suspect"	Mercer	Babysitting		American Idol	How/Made	Jessie	CityNews-Tonight (N)	Movie: "Eddie Murphy Raw" (1987)	
9 PM	Amer. Dad	NCIS: Los Angeles (N)	Ping Pong		Go On (N)	NCIS: Los Angeles (N)	Storage	The Taste "Seduction"	NCIS: Los Angeles (N)	NCIS: Los Angeles (N)	Cracked "White Knight"	Gags	Hockey		Gold Rush	Wingin' It	Jimmy Kimmel Live (N)	Friends	
10 PM	Movie: "Final Destination 2" (2003)	Elementary	Moyers & Company	Smash (N)	Golden Boy (N)	Storage	Storage	Body of Proof (N)	Elementary	News Hour Final (N)	National	Boys	SportsCentre (N)	Golden Boy (N)	Bering Sea Gold	Lizzie	Maury	Movie: "Eddie Murphy Raw" (1987)	
11 PM	"Final D 2"	CHBC News Final (N)	Be the Creature	Charlie Rose (N)	News	News	Storage	News	News Hour Final (N)	ET Canada	CBC News	Weird	SportsCentre	CTV News	How/Made	Cory	Paid Prog.	3rd Rock	

News Leader Recipe 551

Veggie Hummus Crunch

(NC)—Canadian winters often make us want to curl up with a plate of our favourite comfort food. This filling, easy-to-make meal will allow you to satisfy that craving for a filling and delicious spread while sticking to your healthy-eating goals.

Like fruits and vegetables, bread has naturally occurring vitamins and minerals, and is an excellent source of nutrients that can help Canadians manage their weight. An excellent source of Manganese, which helps your body metabolize carbohydrates, this sandwich is a perfect way to satisfy your hunger in a healthy, delicious way.

Prep Time: 15 minutes / Total Time: 15 minutes / Serves: 2

Ingredients:

- 4 Slices Dempster's WholeGrains Wheat & Oats with Honey Bread, toasted
- 1/3 cup (80 mL) Hummus
- 2 Slices light Havarti cheese
- 1 Tomato, sliced
- 2 tbsp (30 mL) Diced red onion
- 1/2 Cucumber, sliced
- 1 Package alfalfa sprouts

Directions:

Spread hummus evenly on one side of each slice of toast.

Top 2 slices of toast with cheese, tomato, red onion, cucumber, a handful of alfalfa sprouts and remaining slices of toast to form sandwiches.

Cut in half and serve.

For more delicious recipes, please visit NaturallyDempsters.ca

- www.newscanada.com

Wednesday Movies

MORNING

11:30 am SPIKE ch.44 "Poseidon" (2006, Adventure) Josh Lucas. Survivors aboard a capsized ocean liner band together in a fight for their lives, seeking safety through an upside-down maze. (In Stereo)

AFTERNOON

1:30 pm SPIKE ch.44 "The Guardian" (2006, Drama) Kevin Costner. A trainer in a Coast Guard program for rescue swimmers turns a cocky recruit into his protege and takes him on a mission to the Bering Strait. (In Stereo)

5:00 pm SPIKE ch.44 "Fantastic Four" (2005, Action) Ioan Gruffudd. Premiere. Four people gain unusual powers after a space mission exposes them to cosmic radiation. (In Stereo)

EVENING

7:30 pm SPIKE ch.44 "The Guardian" (2006, Drama) Kevin Costner. A trainer in a Coast Guard

program for rescue swimmers turns a cocky recruit into his protege and takes him on a mission to the Bering Strait. (In Stereo)

9:00 pm KNOW ch.5 "The Pirates of Penzance" (1983, Musical) Kevin Kline. Premiere. A pirate king and his men meet a major general's daughters in this version of the Gilbert & Sullivan operetta.

11:30 pm WTBS ch.3 "Fracture" (2007, Suspense) Anthony Hopkins. A hotshot prosecutor squares off against a cunning engineer who tried to murder his wife and is now defending himself in court.



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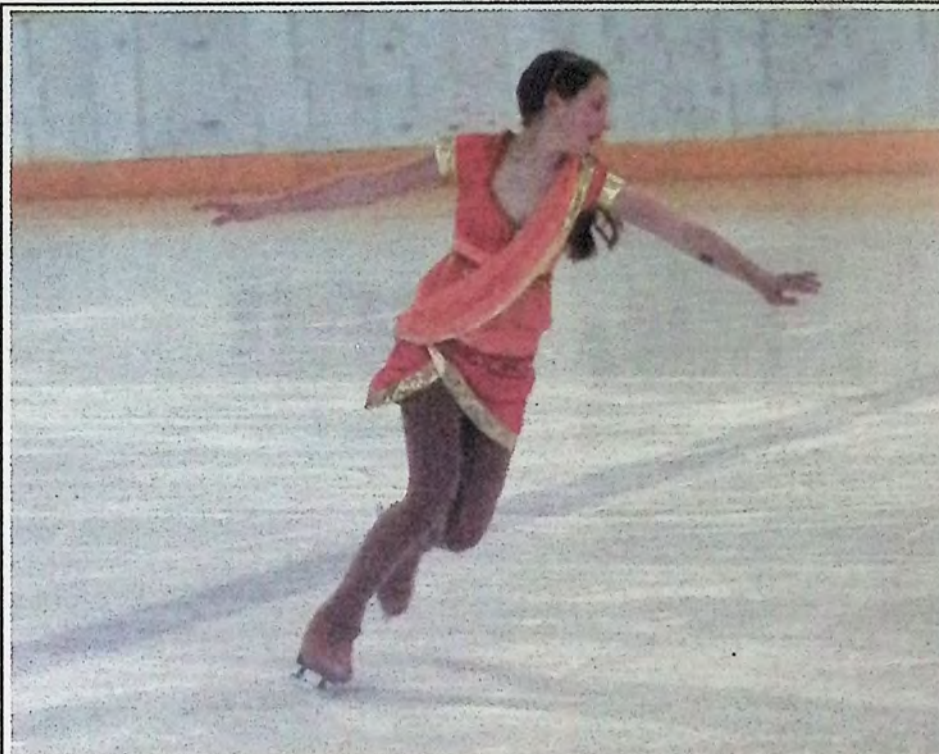
WEDNESDAY, MARCH 6, 2013

	WTBS ch.3	CHBC ch.4	KNOW ch.5	KSPS ch.6	KHQ ch.7	KREM ch.8	A&E ch.9	KXLY ch.10	BCTV ch.11	CITV ch.12	CBC ch.13	YTV ch.18	TSN ch.19	VTV ch.22	DISC ch.24	FAM ch.26	CITY ch.29	SPIKE ch.44	TROP ch.45
6 AM	In the Heat of the Night	Morning News (N) HD	Timothy Hi-5 HD	Builder Clifford	KHQ News 6AM (N)	KREM 2 Morning News	Criminal Minds (N) HD	News	Morning News (N) HD	(5:00) Morning News (N)	CBC News Now (N) HD	Kid vs. Kat Super Evil	SportsCentre HD	CTV Morning Live (N) HD	Dirty Jobs: Down Under	Dinosaurs Hannah	CityLine (N) HD	Auction	Weld or What?
7 AM	Justice	Justice	Arthur (N)	Arthur	Today Martha Stewart; Kerri Walsh Jennings. (N) HD	CBS This Morning (N) HD	Criminal Minds (N) HD	Good Morning America (N) HD			Tiger	Sidekick	SportsCentre HD		Mayday HD	Shake It	Let's Make a Deal (N)	CSI: NY (N) HD	Earth: Final Conflict (N)
8 AM	Judge Alex	Judge Alex	Tree Fu	Curious			CSI: Miami (N) HD		Morning Huntley		Bo On/Go	Pokemon	SportsCentre HD		Auction	Jessie HD	The Price is Right (N)	CSI: NY (N) HD	Weld or What?
9 AM	Millionaire	Morning Millionaire	Pinky	Super Why!		The 700 Club (N) HD	CSI: Miami (N) HD	Livel Kelly and Michael	Morning Huntley	The Doctors (N) HD	Super Why! Cat in the Hat	Rescue Cat in the Hat	SportsCentre HD	Livel Kelly and Michael	Licence to Drill HD	Mickey Manny	Access Hollywood Live	CSI: NY (N) HD	Weld or What?
10 AM	Law Order: CI	The Doctors (N) HD	Doggy Franklin	Sesame Street (N)		The Price is Right (N)	Criminal Minds "P911"	The View (N) HD	The Doctors (N) HD	Eat, Shrink Debt/Part	Poko HD	Squirrel	STIHL	The View (N) HD	How/Made	Never Land Little	The Chew (N) HD	CSI: NY "Green Piece"	Gold Girls
11 AM	Law Order: CI	Eat, Shrink Debt/Part	Rolie Polie	Tiger	Judge B.	Young & Restless	Criminal Minds (N) HD	Anti-Aging My Pillow	Eat, Shrink Debt/Part	Noon News Hour	Steven and Chris HD	G. Shrinks	Sports	Marilyn Denis	Highway Thru Hell	Suite Life Suite/Deck	General Hospital (N) HD	Movie: ** "Poseidon" (2006) Josh Lucas. (N)	Friends (N)
12 PM	Excused	Noon News Hour (N)	Dino Dan	Charlie Rose (N) HD	Anti-Aging	News	The First 48 HD	The Chew (N) HD	Noon News Hour (N)	Days of our Lives (N)	CBC News Now (N) HD	Super Evil	NHL	CTV News (N) HD	Gold Rush (N) HD	Wizards Hannah	CityLine HD		70s Show
1 PM	There Yet?	Days of our Lives (N)	Save-Umsl	Oil Painting	Days of our Lives (N)	The Talk (N) HD	The First 48 HD	General Hospital (N) HD	Days of our Lives (N)	The Talk (N) HD	Heartland HD (DVS)	Squirrel	Curling: Tim Hortons Brier, Draw 10. From Rexall Place in Edmonton. (N)	The Dr. Oz Show HD	Bering Sea Gold HD	Sonny	Katie (N) HD	Movie: *** "The Guardian" (2006, Drama) Kevin Costner, Ashton Kutcher. (N)	3rd Rock
2 PM	King	The Talk (N) HD	Big Bear	Barney	Katie (N) HD	Let's Make a Deal (N)	The First 48 HD	The Jeff Probst Show	The Talk (N) HD	The Ricki Lake Show	Steven and Chris (N) HD	Almost Super Evil		Dr. Phil (N) HD	How/Made	So Raven	CityNews at 5 (N) HD	Roseanne	
3 PM	The Office	The Ricki Lake Show	Rob Robot	Sid	Ellen DeGeneres Show	Dr. Phil (N) HD	The First 48 HD	Rachael Ray (N) HD	The Ricki Lake Show	Young & Restless	Recipes Stefano	Squirrel	Sports	Ellen DeGeneres Show	How/Made	Wizards	CityNews at 6 (N) HD	Weld or What?	
4 PM	Big Bang	Young & Restless	G. Shrinks	Wild Kratts	Jdg Judy	The Dr. Oz Show HD	Duck D.	The Doctors (N) HD	Young & Restless	Early News	Dragons' Den (N) HD	SpongeBob	NHL Hockey: Ottawa Senators at Toronto Maple Leafs. HD	Anderson Live (N) HD	Daily Planet (N)	Phineas	How I Met	Weld or What?	
5 PM	College Basketball: Vanderbilt at Florida. (N)	News (N) HD	Martha	News	News	News	Duck D.	News	Early News	(4:59) News Hour	News	SpongeBob		CTV News at Five (N)	Allen Mysteries HD	Jessie HD	The Middle	Movie: ** "Fantastic Four" (2005, Action) Ioan Gruffudd. (N)	Friends (N)
6 PM		Global Nat.	Animals	PBS News-Hour (N) HD	Millionaire	KREM 2 News at 6 (N)	Duck D.	News	(5:59) News Hour (N)	ET Canada	News	iCarly HD		CTV News (N) HD	Allen Mysteries HD	Shake It	Suburg.		70s Show
7 PM	Seinfeld (N)	Ent	Frontiers of Nature "Eraving Iraq"	Nature "Eraving Iraq"	Jeopardy!	Inside Ed.	Duck D.	Ent	Chicago Fire HD (DVS)	Chicago Fire HD (DVS)	George S	Mr. Young	Curling: Tim Hortons Brier, Draw 11. From Rexall Place in Edmonton. (N)	Arrow "Trust but Verify"	Myth-Busters (N) HD	Good Luck	Rules	Roseanne	
8 PM	Family Guy	Survivor: Caramoan	The Story of India (N)	NOVA HD (DVS)	Whitney (N)	Survivor: Caramoan	Duck D.	The Middle	Survivor: Caramoan	Survivor: Caramoan	Mr. D (N)	Babysitting		American Idol The female semifinalists perform.	Bering Sea Gold HD	Austin	CityNews-Tonight (N)	Movie: *** "The Guardian" (2006, Drama) Kevin Costner, Ashton Kutcher. (N)	Debt/Part
9 PM	Amer. Dad	Go On (N)	Movie: *** "The Pirates of Glants"	Inside Nature's Glants	Law & Order: SVU	Criminal Minds (N)	Duck D.	Mod Fam	Go On (N)	Go On (N)	Arctic Air (N) HD (DVS)	Gags	Sports	Allen Mysteries HD	Wingin' It	Jimmy Kimmel Live (N)		Friends (N)	
10 PM	Payne	Chicago Fire HD (DVS)	Penzance" (1983)	Make Me (N) HD	Chicago Fire HD (DVS)	CSI: Crime Scene	Duck D.	Nashville (N) HD	Chicago Fire HD (DVS)	News Hour Final (N)	National	Boys	SportsCentre (N) HD	CSI: Crime Scene	Allen Mysteries HD	Lizzie	Maury (N) HD		70s Show
11 PM	Payne	CHBC News Final (N)	Frontiers of Nature	Charlie Rose (N) HD	News	News	Duck D.	News	News Hour Final (N)	ET Canada	CBC News	Weld	SportsCentre HD	CTV News	Myth-Busters (N) HD	Cory	Paid Prog.	Ways Die	3rd Rock

Around the Similkameen!



Elvis tribute artist Darrell Douglas performed March 1st at Living Water Church. Photo: Brenda Engel



Hanna Gould in her solo at the March 3rd 'Road Trip' ice show. *



Skaters strut their stuff at the 'Road Trip' ice show March 3rd at Princeton Arena. *




Hockey action from the Tykes Fun Day Tourney March 2nd at Princeton Arena. *




Princeton Minor Hockey Tykes hosted a Fun Day Tournament March 2nd at Princeton Arena. *



Skater Alexia Boyd performs a solo at the annual Ice Show March 3rd. *



PRINCETON POSSE 2012/13 KIJHL PLAYER PROFILE



BUDDY SUMMERS

#24 Defence

Birthday - October 8
 Height 6' 1" / Weight 180

Home Town - West Chester, PA
 Last Team - Philadelphia Jr. Flyers
 Shoots - Left

Favorite Food - Red Rice
 Favorite Music - Rap/Hip Hop

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Phone 250-295-4149
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Photo: Bob Marsh Photography



PRINCETON POSSE 2012/13 KIJHL PLAYER PROFILE



MASON CHEW

#23 Right Wing

Birthday - August 11
 Height 6' 1" / Weight 195

Home Town - North Vancouver, BC
 Last Team - Penticton Lakers
 Shoots - Right

Favorite Food - Subs
 Favorite Music - Electro

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Thursday Movies

AFTERNOON

2:30 pm SPIKE ch.44 "Fantastic Four" (2005, Action) Ioan Gruffudd. Four people gain unusual powers after a space mis-

sion exposes them to cosmic radiation. (In Stereo)

EVENING

9:00 pm KNOW ch.5 "Winged

Migration" (2001, Documentary) Narrated by Jacques Perrin. Filmmaker Jacques Perrin follows migratory birds as they fly thousands of miles away, then return.

9:30 pm WTBS ch.3 "Fun With

Dick and Jane" (1977, Comedy) Jane Fonda. When a California aerospace executive loses his job, he and his wife turn to armed robbery.

11:30 pm WTBS ch.3 "Head of

State" (2003, Comedy) Chris Rock. An alderman becomes a presidential candidate and chooses his unsophisticated brother as a running mate.

THURSDAY, MARCH 7, 2013

	WTBS ch.3	CHBC ch.4	KNOW ch.5	KSPS ch.6	KHQ ch.7	KREM ch.8	A&E ch.9	KXLY ch.10	BCTV ch.11	CITY ch.12	CBC ch.13	YTV ch.18	TSN ch.19	VTV ch.22	DISC ch.24	FAM ch.26	CITY ch.29	SPIKE ch.44	TROP ch.45
6 AM	In the Heat of the Night	Morning News (N) [E]	Timothy HI-5 [E]	Thomas Clifford	KHQ News 6AM (N)	KREM 2 Morning News	Criminal Minds "P911"	News	Morning News (N) [E]	(5:00) Morning News (N)	CBC News Now (N) [E]	Kid vs. Kat Super Evil	Sports SportsCentre [E]	CTV Morning Live (N) [E]	Dangerous Flights	Dinosaurs Hannah	CityLine (N) [E]	Jail [E]	Deal/No Deal
7 AM	Justice	Justice	Arthur [E]	Arthur	Today Tips: woman who saved 300 animals. (N) [E]	CBS This Morning (N) [E]	Criminal Minds [E]	Good Morning America (N) [E]			Tiger	Sidekick	Curling: Tim Hortons Brier, Draw 12. From Rexall Place in Edmonton. (N)		Highway Thru Hell	Shake It ANT Farm	Let's Make a Deal (N)	Jail [E]	Earth: Final Conflict [E]
8 AM	Judge Alex	Judge Alex	Tree Fu	Curious			CSI: Miami [E]			Morning	Bo On/Go	Pokemon		Cash Cab	Jessie [E]	The Price Is Right (N)	Jail [E]	Wipeout Canada [E]	
9 AM	Millionaire	Morning	Pinky	Super Why!															
10 AM	Law Order: CI	The Doctors [E]	Doggy Franklin	Sesame Street [E]															
11 AM	Law Order: CI	Eat, Shrink Debt/Part	Rolie Polie Dive, Olly	Tiger Sit & Be Fit	Judge B.	Young & Restless	Criminal Minds [E]	Paid Prog.	Eat, Shrink Debt/Part	Noon News Hour	Steven and Chris [E]	G. Shrinks	Rescue	Marilyn Denis	Mighty Planes "Orbis"	Sulte Life Suite/Deck	General Hospital (N) [E]	Jail [E]	Friends [E]
12 PM	Excused	Noon News Hour (N)	Dino Dan	Charlie Rose (N) [E]	Paid Prog.	News	The First 48 [E]	The Chew [E]	Noon News Hour (N)	Days of our Lives (N)	CBC News Now (N) [E]	Super Evil	Curling: Tim Hortons Brier, Draw 13. From Rexall Place in Edmonton. (N)	CTV News (N) [E]	Alien Mysteries [E]	Wizards Hannah	CityLine [E]	Jail [E]	Frasier [E]
1 PM	There Yet?	Days of our Lives (N)	Save-Ums! Wibbly Pig	Painting Knitting	Days of our Lives (N)	The Talk [E]	The First 48 [E]	General Hospital (N) [E]	Days of our Lives (N)	The Talk [E]	Heartland [E] (DVS)	Squirrel		The Dr. Oz Show [E]	Alien Mysteries [E]	Sonny Random	Katie [E]	Jail [E]	3rd Rock
2 PM	King	The Talk [E]	Big Bear	Barney	Katie [E]	Let's Make a Deal (N)	The First 48 [E]	The Jeff Probst Show	The Talk [E]	The Rick Lake Show	Steven and Chris (N) [E]	Almost Super Evil		Dr. Phil [E]	Myth-Busters [E]	So Raven Suite/Deck	CityNews at 5 (N) [E]	Jail [E]	Roseanne
3 PM	The Office	The Rick Lake Show	Rob Robot	Sid	Ellen DeGeneres Show	Dr. Phil [E]	The First 48 [E]	Rachael Ray [E]	The Rick Lake Show	Young & Restless	Recipes Stefano	Squirrel	Sports	Ellen DeGeneres Show	How/Made	Wizards ANT Farm	CityNews at 6 (N) [E]	Jail [E]	Wipeout Canada [E]
4 PM	Big Bang	Young & Restless	G. Shrinks	Wild Kratts	Jdg Judy	The Dr. Oz Show [E]	The First 48 [E]	The Doctors [E]	Young & Restless	Early News Global Nat.	Dragons' Den [E]	Parents	NHL Hockey: Toronto Maple Leafs at Boston Bruins. [E]	Anderson Live [E]	Daily Planet (N)	Phineas Austin	How I Met 30 Rock	Jail [E]	Deal/No Deal
5 PM	Browns	News (N) [E]	Martha	News	News	News	The First 48 [E]	News	Early News Global Nat.	(4:59) News Hour	News	Parents		CTV News at Five (N)	Property	Jessie [E]	Community	IMPACT Wrestling (N) [E]	Friends [E]
6 PM	Browns	Global Nat.	Animals	PBS News-Hour (N) [E]	News	KREM 2 News at 6 (N)	The First 48 (N) [E]	News	(5:59) News Hour (N)	ET Canada	News	iCarly [E]		CTV News (N) [E]	Fast N' Loud (N) [E]	ANT Farm Shake It	Person of Interest (N)	Jail [E]	Frasier [E]
7 PM	Seinfeld [E]	Ent	What's That About?	Northwest Profiles [E]	Jeopardy!	Inside Ed.	After the First 48 (N)	Ent	Ent	The Office	George S	Mr. Young	Curling: Tim Hortons Brier, Draw 14. From Rexall Place in Edmonton. (N)	Big Bang etalk (N)	Moonshiners (N) [E]	Good Luck Wingin' It	(7:02) Scandal [E]	Bellator MMA Live (N) [E] (Live)	Roseanne
8 PM	Family Guy	Zero Hour "Chain" (N)	History Britain	New Tricks [E]	Community	Big Bang	(8:01) The First 48 [E]	Zero Hour "Chain" (N)	Zero Hour "Chain" (N)	Zero Hour "Chain" (N)	The Nature of Things	Babysitting		Big Bang	Greatest Know-It-All	Good Luck Shake It	CityNews-Tonight (N)	Jail [E]	Debt/Part
9 PM	Amer. Dad	The Office	Movie: *** "Winged Migration" (2001)	Foyle's War [E]	The Office	Person of Interest (N)	(9:01) The First 48 [E]	Grey's Anatomy [E]	The Office	The Office	Doc Zone (N) [E]	Gaga	Sports	Grey's Anatomy [E]	Fast N' Loud [E]	Wingin' It	Jimmy Kimmel Live (N)	Bellator MMA Live [E]	Friends [E]
10 PM	Movie: *** "Fun With Dick and Jane" (1977)	Glee (N) [E] (DVS)		Catholicism [E]	Law & Order: SVU	(10:01) Elementary [E]	(10:01) The First 48 [E]	(10:02) Scandal [E]	The Office	The Office	National	Boys	SportsCentre (N) [E]	(10:01) Do No Harm [E]	Moonshiners [E]	Lizzie	Maury [E]	Jail [E]	Frasier [E]
11 PM	"Head"	CHBC News Final (N)	What's That About?	Charlie Rose (N) [E]	News	News	After the First 48 [E]	News	News Hour Final (N)	J. Probst	George S	Splatalot		CTV News	Property	Cory	Paid Prog.	Ways Die	3rd Rock

Friday Movies

AFTERNOON

5:00 pm SPIKE ch.44 "The Transporter 2" (2005, Action) Jason Statham. A former Special Forces operative springs into action to save the kidnapped son of an anti-drug czar. (In Stereo)

EVENING

6:00 pm YTV ch.18 "Ice Age: Dawn of the Dinosaurs" (2009, Comedy) Voices of Ray Romano. Animated. Manny, Diego and the rest of the gang must rescue Sid from an underground world after Sid steals some dinosaur eggs. (In Stereo) (CC)

8:00 pm YTV ch.18 "Robots" (2005, Comedy) Voices of Ewan McGregor. Animated. A robot leads a revolution against a corporate bigwig who wants to send older-model cyborgs to the scrap heap. (In Stereo) (CC)

FAM ch.26 "High School Musical" (2006, Musical Comedy) Zac Efron. Students conspire to

prevent a basketball star and a shy newcomer from singing in a stage production. (In Stereo) (CC)

9:30 pm WTBS ch.3 "Doubt" (2008, Drama) Meryl Streep. Suspicions of child abuse fuel a traditionalist nun's personal crusade against a popular priest who wants to reform her school's strict customs.

SPIKE ch.44 "Ocean's Twelve" (2004, Comedy-Drama) George Clooney. To pay back a casino boss, Danny Ocean and his team of criminals plan an elaborate heist in Europe. (In Stereo)

10:00 pm FAM ch.26 "Hatching Pete" (2009, Comedy) Jason Dolley. A teenager becomes a big hit when he dons a chicken suit to become a high-school mascot. (In Stereo) (CC)

11:30 pm WTBS ch.3 "Larry the Cable Guy: Health Inspector" (2006, Comedy) Larry the Cable Guy. An uncouth health inspector and his new partner probe an outbreak of food poisonings in the city's ritziest restaurants.

News Leader Sudoku 443

by Carter Boswell

HOW TO PLAY:

Sudoku is a game of logic. There is no math involved. The object of the game is to fill the grid so that the numbers 1 through 9 appear only once in each row, column and 3 x 3 box. The numbers can appear in any order and Carter has left you some clues below.

			2	5				
	9	1				2	6	
	2			1			4	
2				3				9
			4		7			
		3		9		8		
	6							9
	8	7		4		5	1	
			8		6			

THIS WEEK'S SOLUTION:
Page 20

News Leader Sudoku grids, puzzles and solutions

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FRIDAY, MARCH 8, 2013

	WTBS ch.3	CHBC ch.4	KNOW ch.5	KSPS ch.6	KHQ ch.7	KREM ch.8	A&E ch.9	KXLY ch.10	BCTV ch.11	CITY ch.12	CBC ch.13	YTV ch.18	TSN ch.19	VTV ch.22	DISC ch.24	FAM ch.26	CITY ch.29	SPIKE ch.44	TROP ch.45
6 AM :30	In the Heat of the Night	Morning News (N) ☐	Timothy HI-5 ☐	Bulldozer Clifford	KHQ News 6AM (N)	KREM 2 Morning News	Dog the Bounty Hunter	News	Morning News (N) ☐	(5:00) Morning News (N)	CBC News Now (N) ☐	Kid vs. Kat Super Evil	Sports SportsCentre ☐	CTV Morning Live (N) ☐	Salvage Hunters ☐	Dinosaurs Hannah	CityLine (N) ☐	Deadliest Warrior	Security Security
7 AM :30	Justice	Justice	Arthur ☐	Arthur	Today Nicole Richie; Emma Stone. (N) ☐	CBS This Morning (N) ☐	Dog	Good Morning America (N) ☐			Tiger	Yu-Gi-Oh!	Curling: Tim Hortons Brier, Draw 15. From Rexall Place in Edmonton. (N)		Final Offer ☐	Shake It ANT Farm	Let's Make a Deal (N)	Deadliest Warrior	Earth: Final Conflict ☐
8 AM :30	Judge Alex	Judge Alex	Tree Fu Dinosaur	Curious Cat In the			Dog		Morning Huntley	Morning Huntley	Bo On/Go	Pokemon Super Evil		Myth-Busters ☐	Jessie ☐	The Price Is Right (N)	Deadliest Warrior	Outlaw Bikers ☐	
9 AM :30	Millionaire	Morning Millionaire	Pinky Peep, Big	Super Why! Dinosaur		The 700 Club ☐	Dog the Bounty Hunter ☐	Livel Kelly and Michael	Morning Huntley	The Doctors ☐	Super Why! Cat In the	Rescue Cat In the		Livel Kelly and Michael	Highway Thru Hell	Mickey Manny	Access Hollywood Live	Deadliest Warrior	Security Security
10 AM :30	Law Order: CI	The Doctors ☐	Doggy Franklin	Sesame Street ☐		The Price Is Right (N)		The View ☐	The Doctors ☐	Eat, Shrink Debt/Part	Poko ☐	Squirrel	Darts	The View ☐	How/Made Little	Never Land	The Chew ☐	Deadliest Warrior	Gold Girls Gold Girls
11 AM :30	Law Order: CI	Eat, Shrink Debt/Part	Rolie Pollie Dive, Oily	Tiger Sit & Be Fit	Judge B.	Young & Restless	Dog	Paid Prog.	Eat, Shrink Debt/Part	Noon News Hour	Steven and Chris ☐	G. Shrinks Rescue	Billiards: Pool	Marilyn Denis	Hillbilly Handfishin' ☐	Suite Life Suite/Deck	General Hospital (N) ☐	Deadliest Warrior	Friends ☐ Friends ☐
12 PM :30	Excused	Noon News Hour (N)	Dino Dan Rob Robot	Charlie Rose (N) ☐	Paid Prog.	News Bold	Dog	The Chew ☐	Noon News Hour (N)	Days of our Lives (N)	CBC News Now (N) ☐	Super Evil Kid vs. Kat	Curling: Tim Hortons Brier, Draw 16. From Rexall Place in Edmonton. (N)	CTV News (N) ☐	Fast N' Loud ☐	Wizards Hannah	CityLine ☐	Deadliest Warrior	King King
1 PM :30	There Yet?	Days of our Lives (N)	Save-Ums! Wibbly Pig	Painting Scrapbook	Days of our Lives (N)	The Talk ☐	Dog the Bounty Hunter	General Hospital (N) ☐	Days of our Lives (N)	The Jeff Probst Show	Heartland ☐ (DVS)	Squirrel Sidekick		The Dr. Oz Show ☐	Moonshiners ☐	Sonny Random	Katie ☐	Deadliest Warrior	3rd Rock 3rd Rock
2 PM :30	King	The Talk ☐	Big Bear Dinosaur	Barney WordWorld	Katie ☐	Let's Make a Deal (N)	Dog the Bounty Hunter	The Jeff Probst Show	The Talk ☐	The Ricki Lake Show	Steven and Chris ☐	Almost Super Evil		Dr. Phil ☐	River Monsters ☐	So Raven Good Luck	CityNews at 5 (N) ☐	Deadliest Warrior	Roseanne Roseanne
3 PM :30	The Office	The Ricki Lake Show	Rob Robot Clifford	Sid WordGirl	Ellen DeGeneres Show	Dr. Phil ☐	Dog the Bounty Hunter	Rachael Ray ☐	The Ricki Lake Show	Young & Restless	Recipes Stefano	Squirrel Sidekick	Sports	Ellen DeGeneres Show	How/Made How/Made	Good Luck Good Luck	CityNews at 6 (N) ☐	Deadliest Warrior	Outlaw Bikers ☐
4 PM :30	Big Bang	Young & Restless	G. Shrinks Arthur ☐	Wild Kratts Blz Kid\$	Jdg Judy	The Dr. Oz Show ☐	Duck D.	The Doctors ☐	Young & Restless	Early News Global Nat.	Dragons' Den ☐	Kung Fu Kung Fu	NHL Hockey: Ottawa Senators at New York Rangers. ☐	Anderson Live ☐	Daily Planet (N)	Good Luck Good Luck	How I Met 30 Rock	Deadliest Warrior	Security Security
5 PM :30	Browns Payne	News (N) ☐	Martha Wild Kratts	News Business	News NBC News	News CBS News	Duck D.	News ABC News	Early News Global Nat.	(4:59) News Hour	News News	Kung Fu Kung Fu		CTV News at Five (N)	Greatest Know-It-All	Good Luck Good Luck	Last Man Malibu	Movie: *** "The Transporter 2" (2005) ☐	Friends ☐ Friends ☐
6 PM :30	Browns Payne	Global Nat. News	Animals Parks	PBS News-Hour (N) ☐	News Millionaire	KREM 2 News at 6 (N)	Duck D.	News News	(5:59) News Hour (N)	ET Canada Ent	News Exchange	Movie: ** "Ice Age: Dawn of the Dinosaurs"	Curling: Tim Hortons Brier, Draw 17. From Rexall Place in Edmonton. (N)	CTV News (N) ☐	Finding Bigfoot (N)	Good Luck Charlie ☐	1600 Penn Seed ☐		King King
7 PM :30	Seinfeld ☐	Ent ET Canada	The Manor Reborn (N)	Wash Need	Jeopardy! Wheel	Inside Ed. Access H.	Duck D.	Ent Insider	Ent ET Canada	16x9 (N) ☐	George S Coronation			Big Bang etalk (N)	Breakout (N) ☐ (DVS)	Next Step Jesse ☐	Mantracker ☐ (DVS)	Deadliest Warrior	Roseanne Roseanne
8 PM :30	Family Guy	Kitchen Nightmares (N)	Return to Cranford (N)	Doc Martin ☐	Fashion Star	Undercover Boss ☐	Duck D.	Last Man Mallibu	Kitchen Nightmares (N)	Kitchen Nightmares (N)	M'ketplace Mercer	Movie: *** "Robots" (2005, Comedy) ☐		Golden Boy ☐	Redrum (N) Redrum (N)	Movie: *** "High School Musical" (2006)	CityNews-Tonight (N)	Deadliest Warrior	Debt/Part ET Canada
9 PM :30	Amer. Dad	Touch "Broken" (N) ☐	(9:05) Polrot "Three Act Tragedy" (N) ☐	Land Girls ☐	Grimm "Face Off" (N)	Golden Boy ☐	Duck D.	Shark Tank (N) ☐	Touch "Broken" (N) ☐	Touch "Broken" (N) ☐	fifth estate			Grimm "Face Off" (N)	Finding Bigfoot		Jimmy Kimmel Live (N) ☐	Ways Die	Friends ☐
10 PM :30	Movie: *** "Doubt" (2008) Meryl Streep.	16x9 (N) ☐		Great Performances	Rock Center	Blue Bloods (N) ☐	Duck D.	(10:01) 20/20 ☐	16x9 (N) ☐	News Hour Final (N)	National Mr. Young	Mr. Young	SportsCentre (N) ☐	CTV News (N) ☐	Greatest Know-It-All	Movie: "Hatching Pete" (2009) ☐	Paid Prog.	George Clooney. ☐	King King
11 PM :30	"Larry"	CHBC News Final (N)	The Manor Reborn	Charlie Rose (N) ☐	News Jay Leno	News Letterman	Duck D.	News J. Kimmel	News Hour Final (N)	ET Canada The Talk	CBC News George S	Boys	SportsCentre ☐	CTV News	Breakout ☐ (DVS)	Princess	Paid Prog.		3rd Rock 3rd Rock

News Leader Weekend - Saturday Movies

MORNING

8:00 am WTBS ch.3 "Little Man" (2006, Comedy) Shawn Wayans. A very small fugitive from the law poses as a toddler to gain access to the stolen gem he stashed in a

woman's purse. SPIKE ch.44 "The Transporter 2" (2005, Action) Jason Statham. A former Special Forces operative springs into action to save the kidnapped son of an anti-drug czar. (In Stereo)

10:00 am SPIKE ch.44 "Transporter 3" (2008, Action) Jason Statham. Mob courier Frank Martin and the subject of his assignment, a cynical Ukrainian woman, are fitted with shackles that will explode if they wander too far from his car. (In

Stereo) 11:00 am KXLY ch.10 "Hannah Montana and Miley Cyrus: Best of Both Worlds Concert Tour" (2008, Documentary) Miley Cyrus. The young performer does a musical tour in 2007, with special backstage footage and guests, the Jonas Brothers.

(2009, Suspense) Matt Dillon. Armored-truck guards turn against one another after their plan to rob their company goes terribly awry.

EVENING

7:00 pm WTBS ch.3 "S.W.A.T." (2003, Action) Samuel L. Jackson. A Los Angeles Special Weapons and Tactics team must protect a criminal after he offers \$100 million to his prospective rescuers.

8:00 pm YTV ch.18 "Night at the Museum: Battle of the Smithsonian" (2009, Comedy) Ben Stiller. Larry Daley joins forces with Teddy Roosevelt, Amelia Earhart and others to prevent four of history's worst villains from conquering the world. (In Stereo) (CC)

8:55 pm FAM ch.26 "Cow Belles" (2006, Comedy) Alyson Michalka. Forced to work for their wealthy father, two teenagers try to save his business when money goes missing. (In Stereo) (CC)

9:00 pm CITY ch.29 "Penelope" (2006, Fantasy) Christina Ricci. Born with the snout of a pig, a young woman believes the only way to break the curse is to marry one of her own kind. (CC)

9:15 pm WTBS ch.3 "The Island" (2005, Action) Ewan McGregor. In 2019 a mercenary pursues two clones who escaped from a research facility after learning their true fate.

10:30 pm FAM ch.26 "Minutemen" (2008, Comedy) Jason Doherty. Three high-school outcasts face unexpected problems when they use a time machine to change the past. (In Stereo) (CC)



The Robins are back! A pair were spotted February 24th in South Princeton, with just this one being captured by our camera. Other area residents have reported seeing Robins a week before this sighting. *

AFTERNOON

12:00 pm FAM ch.26 "Phineas and Ferb: The Movie: Across the 2nd Dimension" (2011, Comedy) Voices of Vincent Martella. Animated. Along with their pet platypus, stepbrothers Phineas and Ferb battle evil Dr. Doofenshmirtz. (In Stereo) (CC)

2:00 pm CITV ch.12 "You Don't Mess With the Zohan" (2008, Comedy) Adam Sandler. A much-feared Israeli commando fakes his own death and moves to New York, where he fulfills his dream of becoming a successful hairstylist. (CC)

3:00 pm CHBC ch.4 BCTV ch.11 "You Don't Mess With the Zohan" (2008, Comedy) Adam Sandler. A much-feared Israeli commando fakes his own death and moves to New York, where he fulfills his dream of becoming a successful hairstylist. (CC)

4:00 pm YTV ch.18 "Ice Age: Dawn of the Dinosaurs" (2009, Comedy) Voices of Ray Romano. Animated. Manny, Diego and the rest of the gang must rescue Sid from an underground world after Sid steals some dinosaur eggs. (In Stereo) (CC)

5:00 pm WTBS ch.3 "Armored"

SATURDAY, MARCH 9, 2013

	WTBS ch.3	CHBC ch.4	KNOW ch.5	KSPS ch.6	KHQ ch.7	KREM ch.8	A&E ch.9	KXLY ch.10	BCTV ch.11	CITY ch.12	CBC ch.13	YTV ch.18	TSN ch.19	VTV ch.22	DISC ch.24	FAM ch.26	CITY ch.29	SPIKE ch.44	TROP ch.45
6 AM	Paid Prog.	Canadian	Little Bear	Heartland	(5:30) Today (N) (CC)	CBS This Morning	Criminal Minds (N) (CC)	Paid Prog.	Canadian	Saturday Morning News Shane Jones.	Monster	Kid vs. Kat	Premier League Soccer	Juicebox (N) (CC)	Strip the City	Wingin' It	Kitchen	Xtreme 4x4	Casino
6:30 AM	Paid Prog.	Fishful	WordWorld	Fly Tying				Paid Prog.	Fishful		Busytown	Cat in the Hat				Suite/Deck	Panorama	Horse.	Paid Prog.
7 AM	Paid Prog.	Saturday Morning News Lynn	Rob Robot	MotorWeek	KHQ News Saturday (N)	Doodlebop	Flip This House (N) (CC)	Good Morning America	Saturday Morning News Lynn		Animal	Rated A	SportsCentre (N) (CC)		Finding Bigfoot	Hannah	Eye/Asia	Trucks! (N)	Food
7:30 AM	All. Eats	Colliar, Welsa Wong, & Jay Janower. (N)	Rolle Polle	Greener		Doodlebop					Super Why!	Slidekick				Sonny	Nossa TV	MuscleCar	Food
8 AM	Movie: ** "Little Man" (2006)	Colliar, Welsa Wong, & Jay Janower. (N)	Tree Fu	Woodsmith		Busytown	Flipping Boston (N) (CC)	Hanna	Colliar, Welsa Wong, & Jay Janower. (N)		Doodlebop	Squirrel	SportsCentre (N) (CC)	Anne	Breakout (N) (DVS)	Wizards	Polish Studio (N) (CC)	Movie: ** "The Transporter 2" (2005) (N)	3rd Rock
8:30 AM	Shawn Wayans.		G. Shrinks	Rough Cut		Busytown		Ocean			Cross	Squirrel		Hobo	Dog				3rd Rock
9 AM			Magic Bus	Hometime		College Basketball: Florida at Kentucky. (N) (CC)	Flipping Boston (N) (CC)	Explore		Driving TV	Absolutely Canadian (N) (CC)	SpongeBob	Unguarded	Marilyn Denis	An Idiot Abroad 2	Good Luck	EP Weekly		3rd Rock
9:30 AM			Arthur (N)	Old House				Rescue		Fishing	Parents				Wingin' It	Reviews on			3rd Rock
10 AM	Payne	Fishn	Lilly	Old House	LazyTown	Kentucky. (N) (CC)	Beyond Scared Straight	Recipe	Fishn	Powerboat	One Ocean (N) (CC)	Kung Fu		World Vision (N) (CC)	Breakout (N) (DVS)	ANT Farm	Tow Blz	Movie: ** "Transporter 3" (2008)	Friends (N)
10:30 AM	College Basketball: South Carolina at Vanderbilt. (N) (Live)	Fishing	Miss BG	Kitchen	Golf			Food	Fishing	Canadian	Turtles		MLS Soccer: Sporting Kansas City at Toronto FC.	Is Written	Driving Wars (N) (CC)	Austin	Get Stuffed	Jason Statham. (N)	Friends (N)
11 AM		Powerboat	Upside	Kimchi	PGA Tour Golf: WGC Cadillac	College Basketball: UCLA at Washington. (N)	Beyond Scared Straight	"Hannah Montana/Miley Cyrus: Best of Both"	Powerboat	House (N) (CC)	fifth estate	Turtles		Car Bnss	Driving Wars (N) (CC)	Shake It	The Role		Friends (N)
11:30 AM		Driving TV	Echo	Sara's	Championship, Third Round. From Doral Golf Resort in Doral, Fla. (N)	College Basketball: Notre Dame at Louisville. (N)	Beyond Scared Straight	ESPN Sports Saturday (N)	Driving TV	Mysteries	FIS Alpine Skiing	Pokemon		Operation Smile (N) (CC)	Finding Bigfoot	"Phineas and Ferb: The Movie"	Travels		3rd Rock
12 PM		Noon News Hour (N)	Dogs/Jobs	Cook's					Noon News Hour (N)	Simpsons	Speed Skating	Yu-Gi-Oh!	Tim Hortons Brier, Page Playoff: 1 vs. 2. From Rexall Place in Edmonton. (N)	Curling: Tim Hortons Brier, Page Playoff: 1 vs. 2. From Rexall Place in Edmonton. (N)	Greatest Know-It-All	Phineas	Paid Prog.	Diggers	3rd Rock
12:30 PM			Dogs/Jobs	Victory						Simpsons	Speed Skating	Monsuno		SportsCentre (N) (CC)	Greatest Know-It-All	Phineas	Paid Prog.	Diggers	3rd Rock
1 PM	College Basketball: Georgia at Alabama. (N)	Mysteries	Rivers	Antiques Roadshow		College Basketball: Notre Dame at Louisville. (N)	Beyond Scared Straight	The Taste "Seduction"	Mysteries	Simpsons	Speed Skating	Yu-Gi-Oh!	Mr. Young	Dr. Maria & Lovett-Reid	Mayday (N) (CC)	Gravity	Tow Blz	Diggers	3rd Rock
1:30 PM		Simpsons	Rivers						Simpsons	Simpsons	Speed Skating	Mr. Young	Dr. Maria & Lovett-Reid	Mayday (N) (CC)	Gravity	Tow Blz	Diggers	3rd Rock	
2 PM		Simpsons	Mega Builders	History Detectives (N) (CC)			Beyond Scared Straight	ESPN Sports Saturday (N)	Simpsons	Movie: ** "You Don't Mess With the Zohan" (2008) (N) (CC)	FIS Freestyle Skiing	Mr. Young	Dr. Maria & Lovett-Reid	Mayday (N) (CC)	Gravity	Tow Blz	Diggers	3rd Rock	
2:30 PM		Simpsons							Simpsons	Movie: ** "You Don't Mess With the Zohan" (2008) (N) (CC)	FIS Freestyle Skiing	Mr. Young	Dr. Maria & Lovett-Reid	Mayday (N) (CC)	Gravity	Tow Blz	Diggers	3rd Rock	
3 PM	The Office	Movie: ** "You Don't Mess With the Zohan" (2008) (N) (CC)	Frontiers of	Globe Trekker (N) (CC)	Paid Prog.	Access Hollywood (N)	Storage		Movie: ** "You Don't Mess With the Zohan" (2008) (N) (CC)	NHL Hockey: Pittsburgh Penguins at Toronto Maple Leafs. (N) (Live) (CC)	National	Mr. Young	Sports	Celebrity	Cash Cab	Good Luck	CityNews Weekends	Diggers	Eat St. (N)
3:30 PM	The Office				Chica		Storage		Movie: ** "You Don't Mess With the Zohan" (2008) (N) (CC)	Global Nat.	HNIC	Mr. Young	Celebrity	Cash Cab	How/Made	Sonny		Diggers	Eat St. (N)
4 PM	Seinfeld (N)		National Geographic	Antiques	Poppy Cat	Liberty	Storage	XTERRA World Champ.		News Hour	NHL Hockey: Pittsburgh Penguins at Toronto Maple Leafs. (N) (Live) (CC)	Mr. Young	E:60 (N) (CC)	Celebrity	Cash Cab	Dog	Out There	Diggers	Food
4:30 PM	Seinfeld (N)			Antiques	Poppy Cat	Liberty	Storage					Mr. Young	etalk (N) (CC)	Celebrity	Cash Cab	Dog	Out There	Diggers	Food
5 PM	Movie: ** "Armored" (2009) Matt Dillon.		History Britain	Last/Wine	Wait...	NBC News	CBS News	Storage	ABC News	Global Nat.		Mr. Young	Curling: Tim Hortons Brier, Page Playoff: 3 vs. 4. From Rexall Place in Edmonton. (N)	App	Auction	Austin	Murdoch Mysteries (N) (CC)	Deadliest Warrior	Friends (N)
5:30 PM												Mr. Young		App	Auction	Austin	Murdoch Mysteries (N) (CC)	Deadliest Warrior	Friends (N)
6 PM		Global Nat.	Be the Creature	Lawrence Welk	Jeopardy!	Paid Prog.	Storage	Insider	(5:59) Evening News (N)	Tribute Bands (N)	Cache Craze (N) (CC)	Babysitting		CTV News (N) (CC)	Greatest Know-It-All	Really Me	The Biggest Loser "Makeover" (N) (CC)	Deadliest Warrior	Friends (N)
6:30 PM		News										Babysitting		CTV News (N) (CC)	Greatest Know-It-All	Really Me	The Biggest Loser "Makeover" (N) (CC)	Deadliest Warrior	Friends (N)
7 PM	Movie: ** "S.W.A.T." (2003) Colin Farrell	Tribute Bands (N)	Hammerhead Highway	Keep Up As Time...	Criminal Minds (N) (CC)	Burn Notice "Hot Spot"	Storage	Entertainment Tonight	Tribute Bands (N)	Clubland	NHL Hockey: Calgary Flames at Los Angeles Kings. (N) (CC)	Babysitting		W5 (N) (N) (CC)	Sons of Guns (N) (CC)	Wizards	Suite/Deck	Deadliest Warrior	Eat St. (N)
7:30 PM												Babysitting		W5 (N) (N) (CC)	Sons of Guns (N) (CC)	Wizards	Suite/Deck	Deadliest Warrior	Eat St. (N)
8 PM		Clubland	Heartbeat (N) (CC)	Movie	American Ninja Warrior	Person of Interest (N) (CC)	Storage	Once Upon a Time (N) (CC)	Clubland	Combat Hospital (N) (CC)		"Night at the Museum: Smithsonian"		Saving Hope (N) (DVS)	Gold Rush (N) (CC)	Sonny	CityNews Weekends	Deadliest Warrior	Food
8:30 PM												"Night at the Museum: Smithsonian"		Saving Hope (N) (DVS)	Gold Rush (N) (CC)	Sonny	CityNews Weekends	Deadliest Warrior	Food
9 PM	(9:15) Movie: ** "The Island" (2005) Ewan McGregor.	Chicago Fire "Viral" (N) (CC)	Midsomer Murders "The Steeper"	Live From Artists Den	Saturday Night Live (N) (CC)	48 Hours (N) (CC)	Storage	20/20 (N) (CC)	Chicago Fire "Viral" (N) (CC)	Chicago Fire "Viral" (N) (CC)	HNIC After Hours	Super Evil	SportsCentre (N) (CC)	Flashpoint (N) (DVS)	Greatest Know-It-All	(8:55) Movie: ** "Cow Belles" (2006, Fantasy) (N) (CC)	Movie: ** "Penelope" (2006, Fantasy) (N) (CC)	Deadliest Warrior	Friends (N)
9:30 PM												Super Evil	SportsCentre (N) (CC)	Flashpoint (N) (DVS)	Greatest Know-It-All	(8:55) Movie: ** "Cow Belles" (2006, Fantasy) (N) (CC)	Movie: ** "Penelope" (2006, Fantasy) (N) (CC)	Deadliest Warrior	Friends (N)
10 PM		Combat Hospital (N) (CC)	Under the Hill		Saturday Night Live (N) (CC)	48 Hours (N) (CC)	Storage		Combat Hospital (N) (CC)	News Hour (10:35) Saturday Night Live (N) (CC)		Babysitting	SportsCentre (N) (CC)	Big Bang	Auction	Movie: ** "Minutemen" (2009)	Reviews on	Deadliest Warrior	Friends (N)
10:30 PM												Babysitting	SportsCentre (N) (CC)	Big Bang	Auction	Movie: ** "Minutemen" (2009)	Reviews on	Deadliest Warrior	Friends (N)
11 PM		News Final	For King and Empire (N) (CC)	Austin City Limits (N) (CC)	News	News	Storage	Castle "The Third Man"	News Final		NHL Hockey (N) (CC)	Cache Craze (N) (CC)	SportsCentre (N) (CC)	CTV News	To Be Announced		Out There	Ways Die	3rd Rock
11:30 PM		SNL			SNL	Cold Case	Storage		SNL			Cache Craze (N) (CC)	SportsCentre (N) (CC)	CTV News	To Be Announced		Out There	Ways Die	3rd Rock

News Leader Weekend - Sunday Movies

MORNING

7:00 am TROP ch.45 "The Godfather" (1972, Crime Drama) Marlon Brando. Crime boss Vito Corleone and his sons rule their New York empire with Mafia justice. (In Stereo) (CC)
 8:00 am WTBS ch.3 "Brother Bear 2" (2006, Adventure) Voices of Patrick Dempsey. Animated. A bear helps a childhood friend travel through the wilderness to burn a powerful amulet.
 A&E ch.9 "Ghost" (1990, Fantasy) Patrick Swayze. A slain Manhattan yuppie reaches out to his lover, with a medium as his middlewoman. (CC)
 10:00 am WTBS ch.3 "Dan in Real Life" (2007, Romance-

Comedy) Steve Carell. A widower advice-columnist faces a personal and professional challenge when he falls in love with his brother's girlfriend.
 11:00 am TROP ch.45 "The Godfather, Part II" (1974, Crime Drama) Al Pacino. Michael Corleone rules his father's criminal empire, while flashbacks recall young Vito's climb to power. (In Stereo) (CC)
 11:30 am YTV ch.18 "Night at the Museum: Battle of the Smithsonian" (2009, Comedy) Ben Stiller. Larry Daley joins forces with Teddy Roosevelt, Amelia Earhart and others to prevent four of history's worst villains from conquering the world. (In Stereo) (CC)

AFTERNOON

12:00 pm FAM ch.26 "Johnny Kapahala: Back on Board" (2007, Comedy) Brandon Baker. A snowboarder from Vermont goes to Hawaii for the wedding of his grandfather, a legendary surfer. (In Stereo) (CC) (DVS)
 2:00 pm YTV ch.18 "Igor" (2008, Comedy) Voices of John Cusack. Animated. A hunchbacked lab assistant seizes a chance to become an evil scientist by creating a monster of his own to enter in the kingdom's annual science fair. (In Stereo) (CC)
 VTV ch.22 "Riding in Cars With Boys" (2001, Comedy-Drama) Drew Barrymore. From 1961-1986, a woman experiences life as a teenage mother, divorcee and aspiring writer. (In Stereo) (CC)
 2:30 pm CITV ch.12 "Ice Age: The Meltdown" (2006, Comedy) Voices of Ray Romano. Animated. Manny, Sid and Diego reunite to warn their friends about the danger to their homes posed by swiftly melting ice. (CC)
 3:30 pm CHBC ch.4 BCTV ch.11 "Ice Age: The Meltdown" (2006, Comedy) Voices of Ray Romano. Animated. Manny, Sid and Diego reunite to warn their friends about the danger to their homes posed by swiftly melting ice. (CC)
 4:00 pm YTV ch.18 "Madagascar" (2005, Comedy) Voices of Ben Stiller. Animated. Zoo animals must learn to sur-

vive in the wild after they wash ashore on an exotic island. (In Stereo) (CC)
 5:00 pm WTBS ch.3 "Joe Dirt" (2001, Comedy) David Spade. A goofy janitor tells a radio talk-show host about his search for the parents who abandoned him.
 CBC ch.13 "The Princess Diaries 2: Royal Engagement" (2004, Romance-Comedy) Anne Hathaway. While living with her royal grandmother, a young princess must find a suitable husband in 30 days or give up the throne. (In Stereo) (CC)

EVENING

6:00 pm YTV ch.18 "Madagascar: Escape 2 Africa" (2008, Comedy) Voices of Ben Stiller. Animated. Zoo animals from New York meet others of their species for the first time after crash-landing on the Dark Continent. (In Stereo) (CC)
 TROP ch.45 "The Godfather" (1972, Crime Drama) Marlon Brando. Crime boss Vito Corleone and his sons rule their New York empire with Mafia justice. (In Stereo) (CC)
 7:00 pm WTBS ch.3 "Old School" (2003, Comedy) Luke Wilson. Three friends try to recapture the fun of their college years by starting their own off-campus fraternity.
 8:00 pm CBC ch.13 "Jack" (2013, Docudrama) Rick Roberts. Jack Layton and Olivia Chow fall in love, get married and become prominent politicians in Canada. (In Stereo) (CC)

8:55 pm FAM ch.26 "Motocrossed" (2001, Adventure) Alana Austin. Feeling responsible for her twin brother's injury, a teenager pretends to be him and competes in a series of motocross races. (In Stereo) (CC)
 10:00 pm WTBS ch.3 "Joe Dirt" (2001, Comedy) David Spade. A goofy janitor tells a radio talk-show host about his search for the parents who abandoned him.
 CITY ch.29 "Penelope" (2006, Fantasy) Christina Ricci. Born with the snout of a pig, a young woman believes the only way to break the curse is to marry one of her own kind. (CC)
 TROP ch.45 "The Godfather, Part II" (1974, Crime Drama) Al Pacino. Michael Corleone rules his father's criminal empire, while flashbacks recall young Vito's climb to power. (In Stereo) (CC)
 10:30 pm FAM ch.26 "Opal Dream" (2005, Drama) Vince Colosimo. An Australian girl, who is overly attached to a pair of imaginary friends, reacts badly when her father tells her he lost them in a mine. (In Stereo) (CC)
 11:00 pm KNOW ch.5 "Winged Migration" (2001, Documentary) Narrated by Jacques Perrin. Filmmaker Jacques Perrin follows migratory birds as they fly thousands of miles away, then return.

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SUNDAY, MARCH 10, 2013

	WTBS ch.3	CHBC ch.4	KNOW ch.5	KSPS ch.6	KHQ ch.7	KREM ch.8	A&E ch.9	KXLY ch.10	BCTV ch.11	CITV ch.12	CBC ch.13	YTV ch.18	TSN ch.19	VTV ch.22	DISC ch.24	FAM ch.26	CITY ch.29	SPIKE ch.44	TROP ch.45
6 AM	Think Big	In a Name	(4:30) Kratts' Creatures	Sesame Street	(5:32) Paid Program	Paid Prog.	Criminal Minds	Mathews	In a Name	Sunday Morning News (N)	Super Why!	Kid vs. Kat	SportsCenter	Hobo	Highway Thru Hell	Wingin' It	R Schuller	Xtreme 4x4	Fish TV
6:30	Mad About	Inventors				Paid Prog.	On Money	Inventors			Poko	Super Evil		Hobo		Suite/Deck	ChurchRck	Horse.	Paid Prog.
7 AM	Career Day	Sunday Morning News (N)	Rob Robot	Wild	KHQ News	CBS News Sunday Morning (N)	Criminal Minds	Good Morning America	Sunday Morning News (N)		Animal	Mr.Young	Reporters	Lovett-Reid	Alien Mysteries	Hannah	Eye/Asia	Trucks!	Movie: **** "The Godfather"
7:30	P. Affairs		Rolle Polle	Clifford	Invest		Movie: **** "Ghost"	This Week			Artzooka	Babysitting	Curling: Tim Hortons Brier, Semifinal. From Rexall Place in Edmonton. (N) (Live)	Dr. Maria &	Question Period (N)	Wizards	Pakistan	Deadliest Warrior	(1972, Crime Drama) Marlon Brando, Al Pacino.
8 AM	Movie: ** "Brother Bear 2"		Tree Fu	Curious	Meet the Press (N)	The Nation				Block	Coronation	Splatalot		Operation Smile	Berling Sea Gold: Under	Good Luck	Festival Italiano di Johnny Lombardi (In Italian)	Xtreme 4x4	
8:30	(2006, Adventure)		G. Shrinks	Cat In the Hat		College Basketball	(1990) Patrick Swayze.			Context	Coronation	SpongeBob		Corner Gas	Highway Thru Hell	ANT Farm		Horse.	
9 AM	Movie: *** "Dan in Real Life" (2007)		Wild Kratts	Inside Olympla	Hockey: New York Rangers at Washington Capitals. (N)	College Basketball	Barter Kings	NBA Basketball: Boston Celtics at Oklahoma City Thunder. (N)		J. Osteen	Coronation	Wlnx Club		Corner Gas		Jessie		Trucks!	
9:30			Little	Inside			Barter Kings	NBA Basketball: Chicago Bulls at Los Angeles Lakers. (N)		Ministries	M'ketplace	ICarly		Corner Gas				MuscleCar	
10 AM	Movie: *** "Dan in Real Life" (2007)		Wild Kratts	Inside Olympla	Hockey: New York Rangers at Washington Capitals. (N)	College Basketball	Barter Kings	NBA Basketball: Chicago Bulls at Los Angeles Lakers. (N)		Steven and Chris	Victorious	NASCAR		Corner Gas				Trucks!	
10:30			Little	Inside			Barter Kings	NBA Basketball: Chicago Bulls at Los Angeles Lakers. (N)		Victorious	NASCAR			Corner Gas				MuscleCar	
11 AM			Little	Inside			Barter Kings	NBA Basketball: Chicago Bulls at Los Angeles Lakers. (N)		Victorious	NASCAR			Corner Gas				MuscleCar	
11:30			Little	Inside			Barter Kings	NBA Basketball: Chicago Bulls at Los Angeles Lakers. (N)		Victorious	NASCAR			Corner Gas				MuscleCar	
12 PM	The Closer	Noon News Hour (N)	Animals	Moyers & Company	PGA Tour Golf: WGC Cadillac Championship, Final Round. From Doral Golf Resort in Doral, Fla. (N)	College Basketball: Indiana at Michigan. (N)	Barter Kings	NBA Basketball: Chicago Bulls at Los Angeles Lakers. (N)		The Best Years	Land/ Sea	Movie: ** "Igor" (2008, Comedy)		First Story	Mighty Ships "Beccux"	Johnny Kapahala: Back on Board	Travels	Deadliest Warrior	Movie: **** "The Godfather, Part II" (1974, Crime Drama) Al Pacino, Robert Duvall.
12:30	King	The Best Years	Volcanic Rescue	To Be Announced		College Basketball: Indiana at Michigan. (N)	Barter Kings	NBA Basketball: Chicago Bulls at Los Angeles Lakers. (N)		The Best Years	Land/ Sea	Movie: ** "Igor" (2008, Comedy)		First Story	Mighty Ships "Beccux"	Johnny Kapahala: Back on Board	Travels	Deadliest Warrior	Movie: **** "The Godfather, Part II" (1974, Crime Drama) Al Pacino, Robert Duvall.
1 PM	King	The Best Years	Volcanic Rescue	To Be Announced		College Basketball: Indiana at Michigan. (N)	Barter Kings	NBA Basketball: Chicago Bulls at Los Angeles Lakers. (N)		The Best Years	Land/ Sea	Movie: ** "Igor" (2008, Comedy)		First Story	Mighty Ships "Beccux"	Johnny Kapahala: Back on Board	Travels	Deadliest Warrior	Movie: **** "The Godfather, Part II" (1974, Crime Drama) Al Pacino, Robert Duvall.
2 PM	Family Guy	Simpsons	What's That About?	Prohibition (DVS)		College Basketball: Indiana at Michigan. (N)	Barter Kings	NBA Basketball: Chicago Bulls at Los Angeles Lakers. (N)		The Best Years	Land/ Sea	Movie: ** "Igor" (2008, Comedy)		First Story	Mighty Ships "Beccux"	Johnny Kapahala: Back on Board	Travels	Deadliest Warrior	Movie: **** "The Godfather, Part II" (1974, Crime Drama) Al Pacino, Robert Duvall.
2:30	Family Guy	Simpsons	What's That About?	Prohibition (DVS)		College Basketball: Indiana at Michigan. (N)	Barter Kings	NBA Basketball: Chicago Bulls at Los Angeles Lakers. (N)		The Best Years	Land/ Sea	Movie: ** "Igor" (2008, Comedy)		First Story	Mighty Ships "Beccux"	Johnny Kapahala: Back on Board	Travels	Deadliest Warrior	Movie: **** "The Godfather, Part II" (1974, Crime Drama) Al Pacino, Robert Duvall.
3 PM	Big Bang	Simpsons	Be the Creature			College Basketball: Indiana at Michigan. (N)	Barter Kings	NBA Basketball: Chicago Bulls at Los Angeles Lakers. (N)		The Best Years	Land/ Sea	Movie: ** "Igor" (2008, Comedy)		First Story	Mighty Ships "Beccux"	Johnny Kapahala: Back on Board	Travels	Deadliest Warrior	Movie: **** "The Godfather, Part II" (1974, Crime Drama) Al Pacino, Robert Duvall.
3:30	Big Bang	Simpsons	Be the Creature			College Basketball: Indiana at Michigan. (N)	Barter Kings	NBA Basketball: Chicago Bulls at Los Angeles Lakers. (N)		The Best Years	Land/ Sea	Movie: ** "Igor" (2008, Comedy)		First Story	Mighty Ships "Beccux"	Johnny Kapahala: Back on Board	Travels	Deadliest Warrior	Movie: **** "The Godfather, Part II" (1974, Crime Drama) Al Pacino, Robert Duvall.
4 PM	Big Bang	Simpsons	Be the Creature			College Basketball: Indiana at Michigan. (N)	Barter Kings	NBA Basketball: Chicago Bulls at Los Angeles Lakers. (N)		The Best Years	Land/ Sea	Movie: ** "Igor" (2008, Comedy)		First Story	Mighty Ships "Beccux"	Johnny Kapahala: Back on Board	Travels	Deadliest Warrior	Movie: **** "The Godfather, Part II" (1974, Crime Drama) Al Pacino, Robert Duvall.
4:30	Big Bang	Simpsons	Be the Creature			College Basketball: Indiana at Michigan. (N)	Barter Kings	NBA Basketball: Chicago Bulls at Los Angeles Lakers. (N)		The Best Years	Land/ Sea	Movie: ** "Igor" (2008, Comedy)		First Story	Mighty Ships "Beccux"	Johnny Kapahala: Back on Board	Travels	Deadliest Warrior	Movie: **** "The Godfather, Part II" (1974, Crime Drama) Al Pacino, Robert Duvall.
5 PM	Movie: * "Joe Dirt" (2001) David Spade.	Global Nat.	Frontiers of	Doc Martin	News	KREM 2 News at 6 (N)	Storage	News	(5:59) News Hour (N)	Simpsons	Dragons' Den	Splatalot	30 for 30	W5 (DVS)	Alien Mysteries (N)	Good Luck	Revenge "Retribution"	Bar Rescue	Movie: **** "The Godfather" (1972, Crime Drama) Marlon Brando, Al Pacino.
5:30		News			News	News	Storage	News	News	Amer. Dad		Babysitting		W5 (DVS)	Alien Mysteries (N)	Really Me		Bar Rescue	Movie: **** "The Godfather" (1972, Crime Drama) Marlon Brando, Al Pacino.
6 PM	Movie: ** "Old School" (2003) Luke Wilson.	Simpsons	National Geographic	The Queen's Palaces	Dateline NBC	60 Minutes (N)	Storage	Funnest Home Videos	Simpsons	The Good Wife (N)	Dragons' Den	Splatalot	30 for 30	W5 (DVS)	Alien Mysteries (N)	Really Me		Bar Rescue	Movie: **** "The Godfather" (1972, Crime Drama) Marlon Brando, Al Pacino.
6:30		Amer. Dad				60 Minutes (N)	Storage	Funnest Home Videos	Simpsons	The Good Wife (N)	Dragons' Den	Splatalot	30 for 30	W5 (DVS)	Alien Mysteries (N)	Really Me		Bar Rescue	Movie: **** "The Godfather" (1972, Crime Drama) Marlon Brando, Al Pacino.
7 PM	Movie: ** "Old School" (2003) Luke Wilson.	Simpsons	National Geographic	The Queen's Palaces	Dateline NBC	60 Minutes (N)	Storage	Funnest Home Videos	Simpsons	The Good Wife (N)	Dragons' Den	Splatalot	30 for 30	W5 (DVS)	Alien Mysteries (N)	Really Me		Bar Rescue	Movie: **** "The Godfather" (1972, Crime Drama) Marlon Brando, Al Pacino.
7:30		Amer. Dad				60 Minutes (N)	Storage	Funnest Home Videos	Simpsons	The Good Wife (N)	Dragons' Den	Splatalot	30 for 30	W5 (DVS)	Alien Mysteries (N)	Really Me		Bar Rescue	Movie: **** "The Godfather" (1972, Crime Drama) Marlon Brando, Al Pacino.
8 PM	Wilson.	Simpsons	National Geographic	The Queen's Palaces	Dateline NBC	60 Minutes (N)	Storage	Funnest Home Videos	Simpsons	The Good Wife (N)	Dragons' Den	Splatalot	30 for 30	W5 (DVS)	Alien Mysteries (N)	Really Me		Bar Rescue	Movie: **** "The Godfather" (1972, Crime Drama) Marlon Brando, Al Pacino.
8:30		Cleveland				60 Minutes (N)	Storage	Funnest Home Videos	Simpsons	The Good Wife (N)	Dragons' Den	Splatalot	30 for 30	W5 (DVS)	Alien Mysteries (N)	Really Me		Bar Rescue	Movie: **** "The Godfather" (1972, Crime Drama) Marlon Brando, Al Pacino.
9 PM	The Closer	Family Guy	Lewis "Old Unhappy For Oil Things"		All-Star Celebrity Apprentice (N)	The Good Wife (N)	Storage	Revenge "Retribution"	Family Guy	Family Guy	Burgers	Splatalot	30 for 30	W5 (DVS)	Alien Mysteries (N)	Really Me		Bar Rescue	Movie: **** "The Godfather" (1972, Crime Drama) Marlon Brando, Al Pacino.
9:30		Burgers				The Good Wife (N)	Storage	Revenge "Retribution"	Burgers	Burgers		Babysitting		W5 (DVS)	Alien Mysteries (N)	Really Me		Bar Rescue	Movie: **** "The Godfather" (1972, Crime Drama) Marlon Brando, Al Pacino.
10 PM	Movie: * "Joe Dirt" (2001) David Spade.	The Good Wife (N)	Foyle's War		The Mentalist (N)	The Mentalist (N)	Storage	(10:01) Red Widow (N)	The Good Wife (N)	News Final	National	Pick	Splatalot	W5 (DVS)	Alien Mysteries (N)	Really Me		Bar Rescue	Movie: **** "The Godfather" (1972, Crime Drama) Marlon Brando, Al Pacino.
10:30		News Final				The Mentalist (N)	Storage	(10:01) Red Widow (N)	The Good Wife (N)	News Final	National	Pick	Splatalot	W5 (DVS)	Alien Mysteries (N)	Really Me		Bar Rescue	Movie: **** "The Godfather" (1972, Crime Drama) Marlon Brando, Al Pacino.
11 PM		Block	"Winged Migration"	To Be Announced	News	News	Storage	News	News Final	Paid Prog.	CBC News	Babysitting	Splatalot	W5 (DVS)	Alien Mysteries (N)	Really Me		Bar Rescue	Movie: **** "The Godfather" (1972, Crime Drama) Marlon Brando, Al Pacino.
11:30						News	Storage	News	News Final	Paid Prog.	CBC News	Babysitting	Splatalot	W5 (DVS)	Alien Mysteries (N)	Really Me		Bar Rescue	Movie: **** "The Godfather" (1972, Crime Drama) Marlon Brando, Al Pacino.



Forming a giant peace sign in the high school gym took a bit of organization. The finished result is on the front page. *

Monday Movies

EVENING

6:00 pm YTV ch.18 "Alvin and the Chipmunks: The Squeakquel" (2009, Comedy) Zachary Levi. Live action/animated. Now in the care of Dave Seville's nephew Toby, chipmunks Alvin, Simon and Theodore enter a battle of the bands contest to save their school's music program. (In Stereo) (CC)
 9:30 pm WTBS ch.3 "Planet 51" (2009, Comedy) Voices of Dwayne

Johnson. Animated. An astronaut lands on a planet he thought was uninhabited, but he finds an alien civilization that resembles 1950s-era America.

11:30 pm WTBS ch.3 "The Last Castle" (2001, Suspense) Robert Redford. A court-martialed general leads a revolt against a corrupt warden in a military prison.

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	WTBS ch.3	CHBC ch.4	KNOW ch.5	KSPS ch.6	KHQ ch.7	KREM ch.8	A&E ch.9	KXLY ch.10	BCTV ch.11	CITY ch.12	CBC ch.13	YTV ch.18	TSN ch.19	VTV ch.22	DISC ch.24	FAM ch.26	CITY ch.29	SPIKE ch.44	TROP ch.45
6 AM :30	In the Heat of the Night	Morning News (N) E2	To School HI-5 E2	Builder Clifford	KHQ News 6AM (N)	KREM 2 Morning News	Criminal Minds (N) E2	News	Morning News (N) E2	(5:00) Morning News (N)	CBC News Now (N) (N)	Kid vs. Kat Super Evil	SportsCentre E2	CTV Morning Live (N) (N) E2	Mighty Planes E2	Dinosaurs Hannah	CityLine (N) E2	Auction	Food
7 AM :30	Justice	Justice	Arthur (N)	Arthur	Today (N) (N) E2	CBS This Morning (N) (N) E2	Criminal Minds (N) E2	Good Morning America (N) E2			Tiger	Sidekick	SportsCentre E2		Cash Cab	Shake It	Let's Make a Deal (N)	CSI: NY (N) E2	Earth: Final Conflict (N)
8 AM :30	Judge Alex	Judge Alex	Tree Fu	Curious			CSI: Miami (N) E2		Morning		Bo On/Go	Pokemon	SportsCentre E2		Cash Cab	ANT Farm	The Price Is Right (N)	CSI: NY (N) E2	Eat St. (N)
9 AM :30	Millionaire	Morning	Pinky	Super Why!					Huntley		Busytown	Super Evil		Final Offer (N) E2	Jessie E2	Wizards		CSI: NY "Proy" (N) E2	Eat St. (N)
10 AM :30	Law Order: CI	The Doctors (N) E2	Doggy Day Franklin	Sesame Street (N)					The Doctors (N) E2		Super Why! Cat in the Hat	SpongeBob	SportsCentre E2	Live! Kelly and Michael	Mayday E2	Shake It Austin	Access Hollywood Live	CSI: NY (N) E2	Food
11 AM :30	Law Order: CI	Eat, Shrink Debt/Part	Rolie Polie	Tiger	Judge B.	Young & Restless	Criminal Minds (N) E2	Paid Prog.	Eat, Shrink Debt/Part	Noon News Hour	Steven and Chris E2	SpongeBob	Billiards: Pool	Marilyn Denis	Auction	ANT Farm	General Hospital (N) (N)	CSI: Crime Scene	Friends (N)
12 PM :30	Excused	Noon News Hour (N)	Dino Dan	Charlie Rose (N) E2	Paired Prog.	News	The First 48 E2	The Chew (N) E2	Noon News Hour (N)	Days of our Lives (N)	CBC News Now (N) (N)	SpongeBob	Boxing: Friday Night Fights. (Taped) E2	CTV News (N) (N) E2	Dangerous Flights	Jessie E2	CityLine E2	CSI: Crime Scene	Celebrity Apprentice
1 PM :30	There Yet?	Days of our Lives (N)	Save-Ums! Wibbly Pig	Paint This	Days of our Lives (N)	The Talk (N) E2	The First 48 E2	General Hospital (N) (N)	Days of our Lives (N)	The Talk (N) E2	Heartland "Glory Days"	SpongeBob		The Dr. Oz Show E2	Highway Thru Hell	Good Luck	Katie (N) E2	CSI: Crime Scene	Celebrity Apprentice
2 PM :30	King	The Talk (N) E2	Big Bear	Barney	Katie (N) E2	Let's Make a Deal (N)	The First 48 E2	The Jeff Probst Show	The Talk (N) E2	The Ricki Lake Show	Steven and Chris (N) (N)	SpongeBob	Off Record	Dr. Phil (N) E2	Myth-Busters (N) E2	A.N.T. Farm (N) E2	CityNews at 5 (N) E2	CSI: Crime Scene	Roseanne
3 PM :30	The Office	The Ricki Lake Show	Rob Robot	Sid	Ellen DeGeneres Show	Dr. Phil (N) E2	The First 48 E2	Rachael Ray (N) E2	The Ricki Lake Show	Young & Restless	Recipes Stefano	SpongeBob	SportsCentre (N) E2	Ellen DeGeneres Show	How/Made	Suite/Deck	CityNews at 6 (N) E2	CSI: Crime Scene	Eat St. (N)
4 PM :30	Big Bang	Young & Restless	G. Shrinks	Wild Kratts	Jdg Judy	The Dr. Oz Show E2	Duck D.	The Doctors (N) E2	Young & Restless	Early News Global Nat.	Dragons' Den (N)	SpongeBob	Hockey	Anderson Live (N) E2	Daily Planet (N)	Good Luck	How I Met	Food	
5 PM :30	Browns	News (N) E2	Martha	News	News	News	Duck D.	News	Early News	(4:59) News Hour	News	SpongeBob	NHL 30 (N) E2	CTV News at Five (N)	Myth-Busters (N) E2	Good Luck	How I Met	Deadliest Warrior	
6 PM :30	Browns	Global Nat.	Animals	PBS News-Hour (N) E2	News	KREM 2 News at 6 (N)	Duck D.	News	(5:59) News Hour (N)	ET Canada	News	"Alvin and the Chipmunks: The Squeakquel" (N)	SportsCentre (N) (Live) E2	CTV News (N) (N) E2	Auction	Good Luck	Broke Girl	Deadliest Warrior	
7 PM :30	Seinfeld (N)	Ent	Rescue	Independent Lens	Jeopardy!	Inside Ed.	Duck D.	Ent	Ent	Deception (N) (N)	George S	Cache Craze (N) E2	Big Bang	CTV News (N) (N) E2	Greatest Know-It-All	Next Step	The Carrie Diaries (N)	Deadliest Warrior	
8 PM :30	Family Guy	Bones E2 (DVS)	Wartime Farm (N)	Antiques Roadshow	The Biggest Loser "Down to the Wire" (N) E2	How I Met Rules	Duck D.	The Bachelor (Season Finale) (N) (N) E2	Bones E2 (DVS)	Bones E2 (DVS)	Dragons' Den (N) E2	Cache Craze (N) E2	Anger	Off Record	Driving Wars (N) E2	Good Luck	CityNews-Tonight (N)	Deadliest Warrior	
9 PM :30	Amer. Dad	Hawaii Five-0 (N) E2	Schema's Shakespeare	Independent Lens	Wire" (N) E2	Broke Girl	Duck D.	Hawaii Five-0 (N) E2	Hawaii Five-0 (N) E2	Murdoch Mysteries (N)	Gags	Gags	Motoring	The Following (N)	Auction	Next Step	Jimmy Kimmel Live (N)	Deadliest Warrior	
10 PM :30	"Planet 51" (2009) Jessica Biel	Deception (N) (N)	Architects of Change	Independent Lens	(10:01) Deception (N)	Hawaii Five-0 (N) E2	Duck D.	(10:01) The Bachelor (N)	Deception (N) (N)	News Hour Final (N)	National	Boys Mr. Young	SportsCentre (N) E2	(10:01) Castle (N) E2	Greatest Know-It-All	Lizzie	Maury (N) E2	Ways Die	
11 PM :30	"Last	CHBC News Final (N)	Rescue	Charlie Rose (N) E2	News	News	Duck D.	News	News Hour Final (N)	ET Canada	CBC News	Weird	SportsCentre E2	CTV News	Auction	Cory	Paid Prog.	Ways Die	
			Secrets of		Jay Leno	Letterman	Duck D.	J. Kimmel		J. Probst	George S	Splatalot		CTV News	Auction	Princess	Paid Prog.	Entourage	Celebrity Apprentice



Princeton Posse's Adrian Coulter (#4) helps goalie Jack Burgart (#29) in Game 4 February 26 in Osoyoos. The Posse led the game 3-1 early in the third period. *



Princeton Posse's Devan Suidy (#15), Buddy Summers (#24) and Lane Erickson (#9) in hockey action February 26th in Osoyoos. The Coyotes won that game 4-3 in OT. *

..... continued from Page 9 one in the period, 12-11.

The second period saw Princeton shift up another gear and continue to power over the visiting Coyotes.

The Posse widened their lead to 3-0 at 7:59 when Lane Erickson grabbed a loose puck just next to the Coyote net. He then swooped

behind the goal and snapped a wrap around goal on the glove side of goalie Jessie Gordichuk.

Princeton finished that period with another goal at 3:14 on the power play. Lane Erickson was credited with the score with assists going to Kyle Moore and Kurtis Bond.

The third period saw both goalies,

Princeton's Jack Burgart and the Coyotes' Jessie Gordichuk host a goaltenders clinic with the Posse goalie getting the edge.

More than once during the game Burgart was tripped up in his crease and ended up spread eagle on the ice facing the net. Osoyoos players took shots but kept them low and within

reach of Burgart's glove.

The most spectacular save of the night saw a hot shot fired at the Princeton net that squirted between the legs of a kneeling Jack Burgart. The puck wobbled out from beneath the goalie and inched its way to the goal line and would have crossed over it for a goal had Burgart not

checked behind him a swatted the puck out of the crease with his stick as if he was shooing a wasp from a frosty glass of lemonade.

Final Score: Princeton 4, Osoyoos 0. Shots on Goal: Osoyoos 43, Princeton 30. Penalties in minutes: Osoyoos 8 for 24-minutes, Princeton 6 for 12-minutes.

Coyotes end Posse season

The Princeton Posse/Osoyoos Coyotes Divisional (First Round) playoff series has been an interesting one.

Game 4 February 26th in Osoyoos saw a lot of Princeton fans in the crowd making a lot of noise. At one point in the game the playful round of 'dueling chants' got quiet on the Coyote end when the Posse had a 3-1 lead early in the third period.

Osoyoos battled back and tied the game with two power play goals forcing overtime.

The Coyote series lead widened to 3-1 after a game-winning goal was scored with just 6-seconds left in the OT frame.

Game 5 back in Princeton on February 28th saw a few Osoyoos fans in the crowd and conversations from all parts of Princeton Arena hinted at a full seven game series.

Princeton's Ben Reinbolt was denied a goal at 17:40 of the first period when officials waved it off. They made the right call saying the puck had been batted in with a glove.

Just 15-seconds later Princeton's

Kyle Raymond got an early Leap Year birthday present with a goal scored on the power play. Buddy Summers was credited with an assist on the play.

Osoyoos tied the match at 15:51 on the power play. Beau Browning got the goal with help from Evan Last.

At 12:19 Austin Lee of the Coyotes nailed Princeton's Justin Moltzahn with a hard hit in the boards in front of the timekeepers box. Moltzahn was slow to get up but did end up back on ice later in the period. Lee was issued 5-minutes for a blow to the head plus a game misconduct.

Princeton took a 2-1 lead on the power play at 11:59 when Kurtis Bond fed a pass to Lane Erickson who skated across the front of the Coyote goal and popped a shot high in the top corner just to the left of Osoyoos goalie Jessie Gordichuk. Kaleb Boyle earned an assist on the play.

The Coyotes tied the game up again with a short-handed goal at 9:04 (Colin Chmelka from Andrew Stack and Beau Browning) and took the lead at 2:59 with a power play goal

(Brandon Watson from Rory Neary).

The second period saw no scoring and only four penalties (three of them to Osoyoos) but the Coyotes out shot Princeton 18-8 in that 20-minute frame.

The third period got off to a quick start with Princeton tying the game at 3-all with just 17-seconds ticked off

the time clock. Kurtis Bond scored the goal unassisted.

Osoyoos responded at 15:45 to take the lead (Troy Maclise from Colin Chmelka).

The last two minutes of the game saw Princeton's Jack Burgart pulled from the goal for an extra attacker.

At 1:45 Osoyoos took advantage of

that tactic scoring an empty netter (Troy Maclise from Nicholas Scott) and another one in a yawning empty net at 1:39 (Colin Chmelka from Cameron Dobransky) to finish the series with a 4-1 tally.

Final score: Osoyoos 6, Princeton 3. Shots on goal: Princeton 34, Osoyoos 33.



Princeton Posse's Lane Erickson (#9), Kaleb Boyle (#16) and Kurtis Bond (#17) take a face off in Game 5 February 28th. *

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Thank You, Princeton Posse!



We enjoyed being part of this season.

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Notices



Princeton Skating Club member Mylee Coyne performs her solo during 'Road Show' March 3rd at Princeton Arena. The ice show marks the end of the season for the local skating club. *

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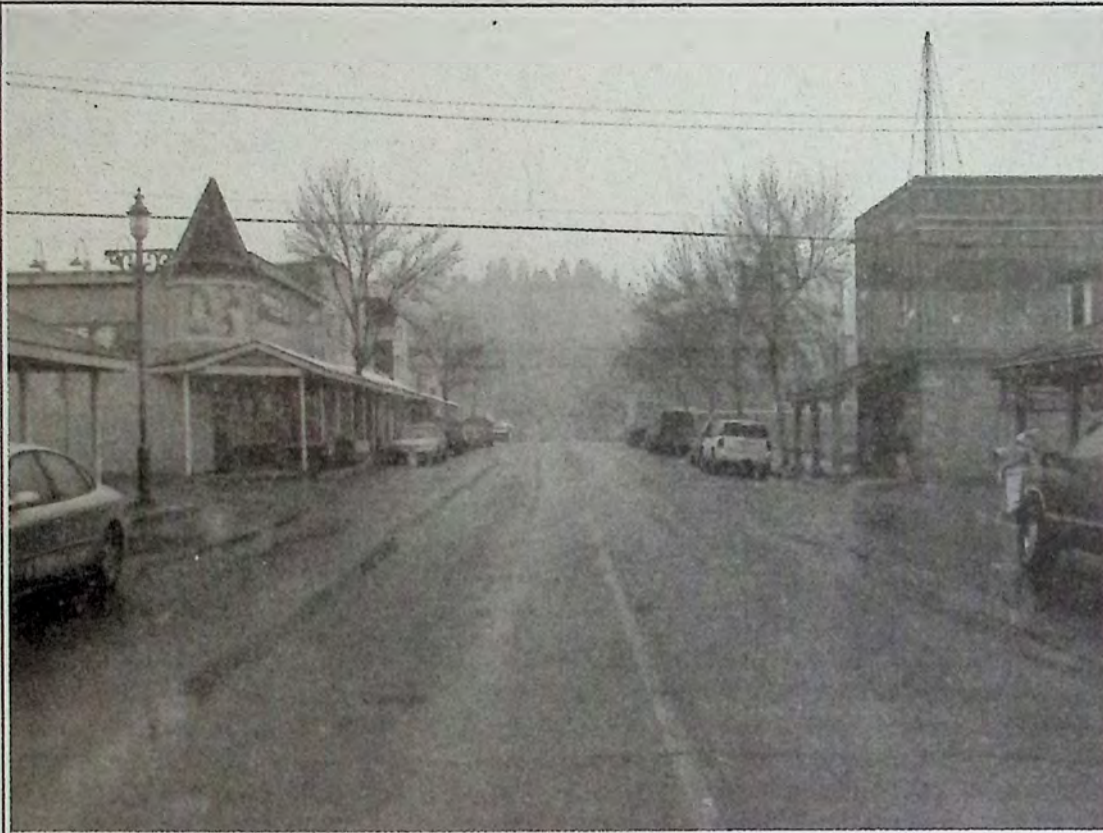
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It may not be very obvious in this photo, but it was snowing for part of the afternoon February 28th. *

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Board outlines fair events

..... continued from Front Page
 handicapped and wide enough for
 walkers and wheelchairs.

Another area with lower scores
 dealt with educational materials,
 particularly in the livestock display
 area and the needlework and leisure
 craft sections.

Lisa Carleton's mother heard about
 the problem and went to work on it,
 contacting a variety of marketing
 organizations.

Jennifer Bernard asked if the fair
 would host the community
 Halloween party this year, and the
 members were pleased to support
 this highly successful event for
 another year.

Advertising for the fair was dis-
 cussed. Lisa Carleton is going to
 put together a mock-up of a poster
 for the next meeting. Posters will
 be available in early May. Fair mem-
 bers decided to advertise the fair in

a general way in the Garden Club
 book to be published in April.

Cheryl Ferguson is convening
 Building #1 (arts, needlecraft, pho-
 tography and leisure craft), Rose
 Flegel is convening the vegetable,
 fruit, baking, canning and wine
 building, Laila Bird is looking after
 the flower show and Lisa Carleton
 and her crew are in charge of the
 Junior Fair. Jennifer Bernard and
 her crew will manage the conces-
 sion. A refreshment garden and
 dance are planned for the Saturday
 evening of the fair, but no details are
 in place at this time.

The next meeting of the fair mem-
 bership will be held at the library
 meeting room at 6:30 PM. March
 26. President Kastor advised that
 this is likely to be the last meeting
 at the library as the meeting place
 will shift to the fairgrounds office in
 April.

Drugstore robbers caught

..... continued from Front Page
 large quantity of drugs and fled the
 store last seen on foot.

The pair were arrested without inci-
 dent on February 22 in a mobile
 home just outside of Golden, BC.
 Evidence related to the robberies
 was also located during the arrests.
 The investigation into both rob-
 beries was completed by the
 Penticton South Okanagan
 Similkameen RCMP General
 Investigation Section, the Princeton

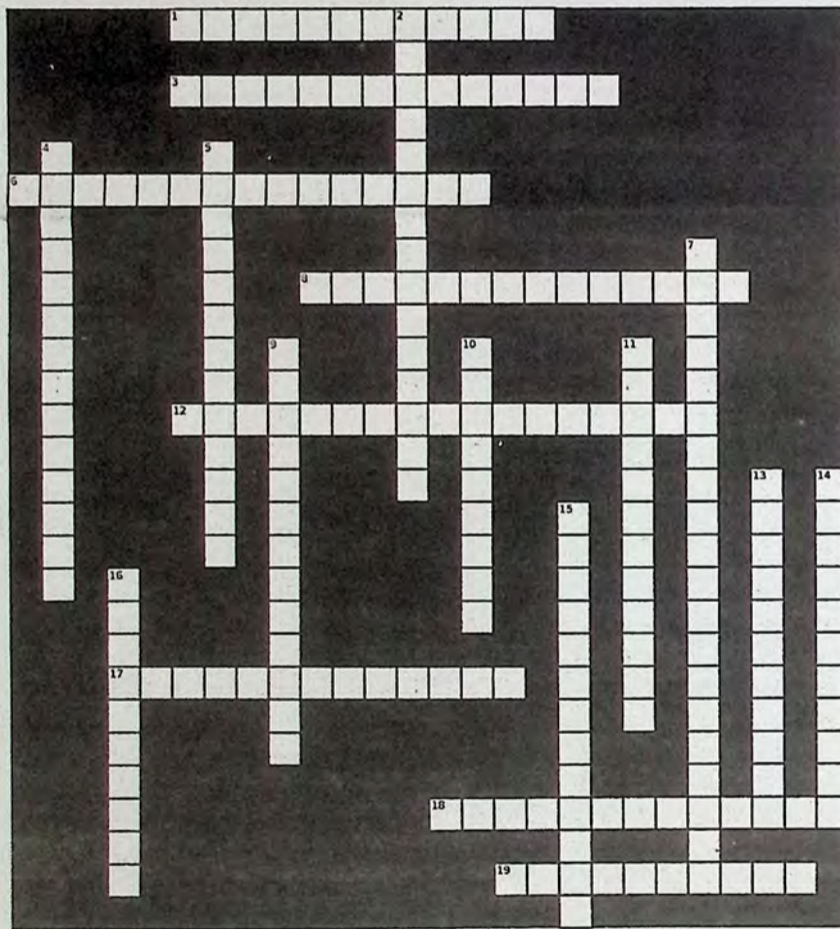
and Golden RCMP with investiga-
 tive support by local Forensic Ident
 units.

"As result of some good basic
 information sharing and tenacious
 police work, investigators from two
 BC RCMP jurisdictions were able
 to link the two crimes in short order,
 quickly identifying the suspects and
 arrested the two accused before they
 had a chance to possibly re-offend
 and cause any further risk to public
 safety," stated Cpl Dan Moskaluk.

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Similkameen News Leader Puzzler

Use the February 26 News Leader to find Answers Below...



- Across
- Who wrote the 19-page report on the Community Consultation?
 - Name MLA Harry Lali's long time assistant.
 - The 'SS' in PFSS.
 - Name the Chamber of Commerce President.
 - Identify the couple on the front page.
 - Headline: "Council adopts _____"
 - She recently received a Queen Elizabeth Diamond Jubilee Medal.
 - Name the figure skater on Page 17.

- Down
- The 'PF' in PFSS.
 - Where are the Irish Dancers from?
 - Headline: "Mayor wants _____"
 - Shirley Campbell represented what local group at a recent Town Council meeting?
 - Who wore a Princeton Posse jersey to a recent Town Council meeting?
 - Who is the PXA Vice President?
 - Name the President of Princeton Racing Days.
 - Name the author who will speak in Hedley this month.
 - Name the President of Princeton Rodeo Club.
 - What award was presented to Princeton Posse's Phoenix Logan-Hill?
 - Name the figure skater on Page 15.

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A sinkhole has developed in the alley that runs behind Shoppers Drug Mart on Bridge Street. Photo: Brenda Engel

Alex Atamanenko, MP

Oral Hearings Set To Begin on Wireless Smart Meters BCUC Will Hear FortisBC and Intervener Arguments

When it comes to measuring our electricity use for the purposes of billing, is it healthier, more secure, safer and more cost effective to opt for wired smart meters or for the wireless ones?

That is the question Fortis BC would prefer you wouldn't spend much time thinking about, as it is not a choice the company is prepared to give you anyway. The BC Utilities Commission (BCUC) is currently considering a Fortis application to install the wireless version of the technology on every home in its service area.

As has already happened with BC Hydro's roll-out of wireless smart meters, many people are strongly opposed and are organizing to try and stop them.

To get a little background on what all the fuss is about, an interesting documentary to view is Resonance: Beings of Frequency, which is freely available on the Internet. The film lays out in an easily digestible format the scientific and other compelling reasons we should better protect ourselves from the growing amount of radiation being emitted through our increased use of modern electrical and wireless technologies. What is

made clear in the film is that we are now immersed in an ocean of radiation that is many millions of times higher than what life on earth evolved with. As yet the long-term impact and potential for harm is far from understood. Industry standards are based only on the thermal effects (i.e., if it heats tissue, as in a microwave oven) and do not consider the long-term non-thermal effects, which are more difficult to establish.

Although this is not an exhaustive list, radiation emitting equipment can include: radar (military, marine, aviation and weather), cell-phone towers, radio and TV broadcast antennas, WiFi hotspots, and citywide WiFi and Wi-Max antennas. Inside buildings and homes we might have cellphones, cordless phones, wireless alarm systems, wireless baby monitors, wireless video games, wireless computers, iPads and now Smart Phones that can connect to wireless internet or WiFi.

Ultimately, the plan is for wireless smart meters to monitor the use of electricity, gas and water. As part of this system, smart appliances like fridges, stoves, washers, dryers and toasters are now being designed to

communicate wirelessly with smart meters. It doesn't take a lot of imagination to realize how much more radiation we will be adding to our living environment once all this technology is rolled out.

Easier to imagine, perhaps, is the amount of money that stands to be made and the business interests involved. There is plenty of fodder to fuel the many allegations of conflict of interest by industry and regulating bodies over the last 60 years, not least of which by the BC government, but that is perhaps the subject for a future column.

Two weeks, beginning on March 4th, have been set aside by the BCUC for the oral hearing part of the process that will allow both sides in the controversial debate to cross examine each other. These hearings will take place in Kelowna and are open to the public. Fortis has invited experts from the Institute of Electrical and Electronics Engineers (IEEE), the International Commission on Non-ionizing Radiation Protection (ICNIRP) as well as the Committee on Man and Radiation (COMAR) to represent their arguments on privacy and health issues. Interveners have put forward several independent scientists who will challenge those arguments.

Considering that BC Hydro was exempted by the BC government from having to apply to the BC Utilities Commission for permission to install wireless meters in its service area, it will be very interesting to see whether the Commission gives Fortis the go ahead with its application, especially in the face of so much controversy.

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It was 'Viva Las Vegas' during the Ice Show March 3rd at Princeton Arena. *



Elvis tribute artist Darrell Douglas performed March 1st at Living Water Church. Photo: Brenda Engel

Work continues on local healthcare

On Thursday, February 28 health-care practitioners and community representatives met with Interior Health (IHA) to discuss the implementation of an improved and sustainable model of healthcare for Princeton and District.

This consultation is an IHA initiative with active participation by members of the community and all healthcare practitioners, including Dr. Sandhu who will be joining our community in August.

It is a direct result of cooperative work between the Town, RDOS, the Province, IHA, and our community over the past several months.

The working group recognizes that 24/7 ER is our primary community concern and accepts this as a necessity within the model. However, it

also recognizes that to be successful and sustainable, the model requires a broader approach, acknowledging the unique needs of our community. This model will enhance our ongoing physician recruitment and retention efforts, provide support for local access to specialists (which will also address accessibility and transportation concerns), and integrated care for seniors. Our objective with this model is to present a complete package that deals with the full range of our community's healthcare requirements.

The consultation will be facilitated by Valerie Tregillus who brings expertise in developing innovative health-care models, as the Executive Director for Primary Health Care for the BC Ministry of Health for nearly a decade from

2003-2011 and the current lead for the Inter-Divisional Strategic Council, working with the Divisions of Family Practice and Interior Health to expand partnerships between patients, physicians and the community.

The Town and RDOS are very optimistic about this initiative and are confident that this is not just "window dressing". This process is moving forward with specific goals and timelines. We look forward to sharing information with the community as this important work continues.

- submitted

Area G Report

..... continued from Page 6 can be used to label a can "Yard Waste only".

Area G large item pick up May 17th

Time to start eyeballing your basement or storage shed and deciding what needs to go: is it an old couch or refrigerator that's been collecting dust or housing feral cats? Maybe it's time to roll it to the edge of the highway for large item pick up day. Remember, in the weeks coming up to May 17th, there are lots of "shopping" opportunities: scrounge what other people are throwing away, just be sure to be driving a truck and have a helper with you - one man's garbage has limitless possibility as another man's treasure.

health and care. As part of the international Red Cross Movement, Canadian Red Cross provides public education and awareness on and support to international relief efforts in countries affected by disaster or conflict.

For more information on the Canadian Red Cross, please contact your local Red Cross office or visit www.redcross.ca/.

- Kimberley Nemrava, Provincial Director - B.C. & Yukon

Letters to The Editor

..... continued from Page 4 to help others and how to help yourself in times of need.

The Canadian Red Cross Society is a non-profit, volunteer-based humanitarian organization dedicated to improving the situation of the most vulnerable in Canada and throughout the world. Founded in 1909, the Canadian Red Cross has served Canadians by providing disaster preparedness and response, injury prevention and community

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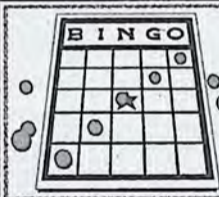
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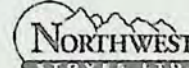
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499 Similkameen Avenue



Solid 3 bedroom home just a few blocks walk to the Similkameen River and walking distance to town! New flooring, bathroom, roof, windows, hot water tank, and furnace in last 5 years. Fully fenced yard, oversized lot with garage, and workshop area for hobbies or just storage. Basement is low, but useable. MLS@141294 \$175,300

1134 Old Hedley Road



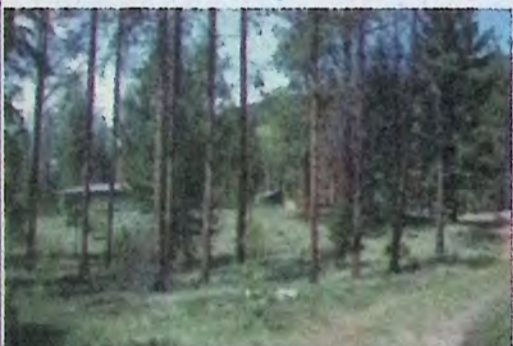
CONTINGENT: Sold as is for land value only. This is a rare offering - 3.31 acres approximately 10 km east of Princeton on the Old Hedley Road. Nicely treed, this pie shaped acreage is already serviced with a well, septic, power and telephone line. The mobile is uninhabitable and was/is non-conforming. MLS@139932 \$164,900

202 Angela Avenue



Don't miss a great opportunity to build by the river! Zoned for multi-family residence, you could build and rent or sell the other half. All reports have been done and filed so the hard part is done. Walking distance to town, all shopping and schools. Very few riverfront parcels are available, make sure you get yours! MLS@139272 \$99,900

5293 Princeton/S'land Road



Get away from the grind and off the grid! A rare opportunity to own this beautiful 20 acre parcel off the Princeton Summerland backroad. A drilled well with 5 gal per minute, septic, driveway and 32ft travel trailer all were installed in 1995. Smaller trailer and metal storage container are also included. MLS@138421 \$199,900

574 Auburn Crescent



No Winter blues in this quality built 4 year old home! The open concept design has a vaulted ceiling and features 10 windows that capture all the winter sunshine and the brightness in cloudy days. The classy black enamel and chrome Pacific Energy wood stove will keep you warm and cozy during the coldest of days. MLS@140124 \$179,000

2 Eagle Crescent



What a great way to live! This immaculate home sits on a large corner lot with plenty of room for RV parking and a double garage. The living room is bright and spacious with wonderful mountain views to enjoy nature year round from your favourite chair. An efficient kitchen with lots of cupboard space. MLS@141233 \$279,900

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