

# Similkameen News Leader

\$1  
INCLUDES GST!

Volume 16 Issue 20 #783 ISSN 1712-090X

Tuesday, May 14, 2013

Canada WE ACKNOWLEDGE THE FINANCIAL SUPPORT OF THE GOVERNMENT OF CANADA THROUGH THE CANADA PERIODICAL FUND OF THE DEPARTMENT OF CANADIAN HERITAGE.



The third wealthiest person in Canada was in Princeton May 10th. 84-year old Jim Pattison, left, stopped by Cooper's Foods and visited with current Store Manager Rob Bett, centre, and previous and retired (Overwaitea) Store Manager Mike Talarico, right. Pattison is the 173th wealthiest person in the world. Photo: Bob Marsh Photography

## Will Town control trail?

The Town of Princeton is one step closer to taking control over the 4-kilometre section of the Trans-Canada Trail that runs through the community.

A motion made by Councillor Marilyn Harkness and seconded by Councillor Doug Pateman at the May 6th Town Council meeting approves, in principle, that the Town assumes the responsibility of the TCT within Town boundaries.

The section within the Town of the 117-kilometres trail from Brookmere to Osprey Lake was built and maintained by the Vermilion Trails Society "but the

society no longer has the ability nor funding to carry on," states Interim CAO Bob Wilson in his report to Council.

"Additionally there appears to be some conflict between motorized users of the trail and non-motorized users."

Town Council passed a motion December 11, 2011 designating the 'within Town Limits' portion of the trail as non-motorized.

The main goal is to have a "stable caretaker" for the portion of the Trail that runs through Princeton, which would assist with various grant-funding opportunities.

## Council ends courthouse project

A Building Condition Assessment conducted by David Nairne & Associates Ltd. of North Vancouver was released at the May 6th regular meeting of Town Council. The 23-page document focuses entirely on the Court House building at 151 Vermilion Avenue.

The Town acquired the building on February 28, 2003 for \$112,000.00.

"The building is a 'purpose-built' two-storey wood frame courthouse constructed in 1929/30 containing a total rentable area of 6,619 square feet," explains Interim CAO Bob Wilson in his report to Council.

"It is currently partially occupied a few days a month for Provincial Court purposes."

The annual operating costs of the building average around \$12,220.00.

Council had proposed to locate the Town Office in the building but chose to carry out an assessment of the condition of the building before making a decision.

"The assessment has now been completed and it states the former Court House building is in fair overall condition," Wilson says.

"The building is in need of building envelope repairs, structural, mechanical and electrical upgrading as well as environmental remediation."

The cost estimate is \$791,000.00. "And there likely will be additional costs once the recommended

architectural assessment is carried out and with the cost of furnishing the building for the Town Hall, the overall cost will likely be in the million dollar range," Wilson adds.

"In my view, I don't see the economical value in spending that amount of money on a building that is nearly 85 years old."

A motion made by Councillor

Marilyn Harkness and seconded by Councillor Jason Earle will see the Town cease all future capital expenditures on the building and look at possibly putting it up for sale.

## Council amends community plan bylaw

The bylaw officially identified as the Town of Princeton Official Community Plan Amendment Bylaw No. 870, 2013 but commonly known as the Boundary Extension Bylaw was the subject of a public hearing prior to the May 6th regular meeting of Town Council.

As there were no petitions or dele-

gations present to speak to the bylaw amendment, it received third reading during the regular meeting.

More specifically, properties in East Princeton (48 lots in total) that were once in the Regional District that became part of the Town with the boundary extension were put in the Low Density Residential land use category.

In addition, properties in the Airport Road (20 lots) and Jacobsen Road (10 lots) areas that were affected by the boundary extension were put in the Country Residential land use category.

A further 28 lots in the East Princeton Industrial Area were put into the Industrial land use category.

NEVER PAY FOR ONLINE NEWS AGAIN

newsbc.ca

LOCAL - REGIONAL - NATIONAL - WORLD NEWS

ALWAYS FREE...ALL THE TIME

STAN THOMPSON  
MEMORIAL RODEO

PHOTOS PAGE 7, 12 & 22

Similkameen News Leader  
Bengel Publishing Inc.



6 27843 01719 6

Canadian Publications Mail Agreement No. (1299263) • websites: www.thenewsleader.net • www.thenewsleader.biz • www.thenewsleader.mobi

Published Weekly in Princeton, British Columbia by Bengel Publishing Inc.  
226A Bridge Street, PO Box 956, Princeton, BC V0X 1W0 Phone: 250.295.4149 • Fax: 250.295.4103

FOLLOW THE SIMILKAMEEN NEWS LEADER ON TWITTER!

@PrincetonBCNews

Similkameen **News Leader**

www.thenewsleader.net


ALSO FIND US ONLINE AT:  
Facebook: Similkameen News Leader  
Twitter: @PrincetonBCNews - YouTube: PrincetonBCNews

Services available 7 days a week, 10am - 10pm

**Carl Farbman**  
Computer Repair

250-438-0577

We don't just repair computers... We recondition them.

 **XPLORNET**

HIGH SPEED INTERNET FOR RURAL RESIDENTS

NO EQUIPMENT TO BUY - FREE INSTALLATION

 **PACIFIC**  
SATELLITE  
& COMMUNICATIONS

FOR INFORMATION CONTACT:  
David Lasser

1-866-750-8108  
pacificsatellite@gmail.com



**THE TOWN OF PRINCETON INVITES  
YOU TO ATTEND A ZONING BYLAW REVIEW  
OPEN HOUSE**

**WHERE:** Riverside Centre - 148 Old Hedley Road  
**WHEN:** Thursday May 30, 2013  
**TIME:** 7:00 - 9:00 pm - OPEN HOUSE (drop-in format)

**WHAT IS THE PURPOSE OF THIS MEETING?**

Last reviewed in 1994, the current Zoning Bylaw has undergone a comprehensive review to incorporate best practices; addresses known issues; and reflect Princeton's Official Community Plan, which seeks to "promote healthy and active living for all ages." Following consultation with stakeholders and the community in January, 2013 the Zoning Bylaw had now been redrafted and the Town is seeking YOUR feedback on the changes.

Community Planners from Urban Systems will be available throughout the Open House to answer questions and queries related to the updated Zoning Bylaw. This event is an opportunity to provide YOUR feedback on the redrafted Bylaw before the process is complete.

We look forward to discussing the redrafted Zoning Bylaw with YOU!

Any further questions? Please contact:

Carrie Kassa - Administrative Clerk  
Ph: 250.295.3135; E-mail: admin@princeton.ca



There was no shortage of knowledgeable people on hand during Mining Day May 8th to answer questions on just about anything you could ask about mining. This display covered various aspects of mill operations. \*

## Council corrects land use error

The bylaw officially identified as the Town of Princeton Official Community Plan Bylaw No. 808, Amendment Bylaw No. 875, 2013, but commonly known as the Overwaitea Bylaw, was the subject of a public hearing prior to the May 6th regular meeting of Town Council.

As there were no petitions or delegations present to speak to the bylaw amendment, it received third reading during the regular meeting. The purpose of the amendment is to place the former Overwaitea property in its correct Official Community Plan land use category.

"For some reason, or error, the former Overwaitea property was

placed in the Administrative/Institutional land use category instead of its correct classification of Town Centre," explains Interim CAO Bob Wilson in his report to Town Council.

"I wanted to correct this error so when someone comes along to develop or occupy the property, there isn't a bunch of red tape to overcome."

## Council issues development permit

The Town of Princeton will issue Shirley and William Freding Development Permit #01-13 for property located at 162 Vermilion Avenue.

The motion was made by Councillor Marilyn Harkness and seconded by Councillor Doug Pateman at the May 6th regular meeting of Town Council.

The Fredings proposal is to renovate the small shed addition at the westerly end of the building located on the property and to add a 440 square foot addition, which will house a single car garage and some storage space.

The Fredings also plan to provide a canopy over the existing sidewalk

on Vermilion Avenue.

The Official Community Plan has designated the area of Vermilion Avenue as 'Development Permit Area' which is why the request came to Council for the permit.

## Assault nets probation

On May 9, in Provincial Court in Princeton, Gary A. Lind, age 35, of Princeton, entered a guilty plea to assault of his spouse.

The charge was laid following an incident on March 16, 2013, when Lind began hitting his wife while they were driving home from a party.

The aggressive behaviour continued after the couple arrived at their home.

Lind was sentenced to 12 months probation with the condition he is to seek any counseling directed by his probation officer.

**Kettle Valley**  
DUCT CLEANERS

Residential & Commercial

www.kvductcleaners.com

Penticton

250.493.1117

Servicing the Similkameen Valley!



### We Suck Ducts, You Save Bucks!

**Professional cleaning of:**

- Furnaces
- Air Ducts
- Dryer Vents
- Insulation Clean-Up
- Chimneys
- Crawl Spaces

**Removes & Improves:**

- Mold/Pollen
- Dust Mites
- Pet Hair
- A/C Efficiency
- Air Quality
- Furnace Efficiency

High Power Truck Mounted Vacuum

# Flip Of The Coyne

by Spencer Coyne

With all the scandals in over-spending in the Senate these days there are a lot of people calling for

the end of the Senate as a whole. There are even political parties that have the idea of abolishing the

Senate as part of their platforms. Stephen Harper at one time believed that the Senate needed reform.

Personally I am of the opinion that the Senate has a role to play in our democracy, just not in its current state. I think that if there was ever a time for reform in the Senate, this is that time.

The whole point of the Senate was and is to provide a sober second thought to legislation that comes out of the House of Commons. The idea was that if the House of Commons was going to pass legislation that would not be beneficial to the country, then the Senate would catch it and send it back to the House of Commons for revision before it became law. It is a sound idea that would work if we didn't live in the society that we live in today. If you're not that familiar with the Senate then you might not know that the Prime Minister appoints the members of the Senate. This has filled the Senate full of people who owe their lifetime appointment to the party or leader that appointed them to the cushy job.

This is where the problem with the Senate lies, it is a chamber of appointed lackeys who feel that they can do what they want as long as they appease their political masters when the time comes.

Unfortunately for them, a few of Harper's rookies got caught spending taxpayers' money like casino winnings. Now they have to pay back tens of thousands of dollars and the entire Senate is under a microscope.

What should be done? The current system of appointments for life needs to end. Appointments need to end no matter how long they are for. We need an elected Senate that is accountable to the people of Canada and not to a Prime Minister. It could be done in two ways: firstly it could be done the same way the House of Commons is elected, or we could use a system of proportional representation. An elected Senate would have a clear mandate by the people of Canada to do what is in the best interest of the electorate not the guy who gave them a for-life appointment.

Senate elections should be staggered between the House of Commons elections. This would allow for two things: firstly it would provide continuity within government during the transition period between governments, and secondly it would hopefully prevent a ..... continued on Page 21



The Amazing Literacy Race filled downtown Princeton May 9th. This 'challenge' in Veterans Square had students working together to create an original poem. Students were faced with a total of eight more challenges during the day.\*

## Town of PRINCETON Princeton Town Hall News

### INVITATION TO TENDER

**LANDFILL AND WASTEWATER TREATMENT PLANT FENCING**  
Sealed tenders clearly marked "Landfill and Wastewater Treatment Plant Fencing" will be received at the Town of Princeton Municipal Office, 169 Bridge Street, Princeton, B.C. up to 2:00 p.m. local time on Thursday, May 23, 2013.

Tenders will be opened in public at the Town of Princeton Municipal Office at 2:00 p.m. on the tender closing date. The project comprises the following:

- 2720m of fixed knot galvanized steel game fence
- 6 fence gates
- Electric fence controller complete with single strand HTSW, insulators and warning signs

Plans and contract documents may be obtained on BC Bid, the Town of Princeton Website or the office of TRUE Consulting at 201 - 2079 Falcon Road, Kamloops, B.C.

The lowest or any tender will not necessarily be accepted. Any bids containing qualifications and/or conditions will be considered non-compliant with the tender documents.

### HOLIDAY OFFICE HOURS

Princeton Town Hall will be closed Monday, May 20, 2013 for the Victoria Day Holiday. Regular office hours will resume on Tuesday, May 21, 2013.

### WATER RESTRICTIONS

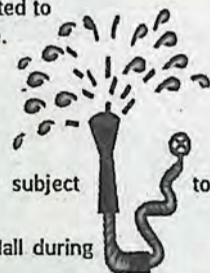
Water Restrictions will be in effect May 15, 2013.

By conserving today, we reduce the need for expanded facilities and costly upgrades to the water system.

- Even numbered civic addresses may water on Wednesdays, Friday and Sundays.
- Odd numbered civic addresses may water on Tuesdays, Thursdays and Saturdays.
- No watering is permitted between Noon and 6:00 pm.
- Watering is not permitted on Mondays.
- Washing of boats or motor vehicles with a hose is permitted only if using a hose with an automatic shut-off device.
- Public sector entities are restricted to three days per week at any time.

Bylaw Enforcement Officers will enforce all levels of the water restrictions bylaw. A person who contravenes the bylaw commits an offence under the Offence Act and is subject to a fine.

For more information visit Town Hall during regular business hours.



### SUMMER LEISURE GUIDE

The summer leisure guide is full of activities and events created by our department and community organizations who share in creating a variety of interests for all members of our community.

Princeton Parks, Recreation and Cultural Services encourage you, your family and your friends to take advantage of the variety of healthy opportunities available in Princeton.

### INVITATION TO TENDER

#### CAMPGROUND FORCEMAIN EXTENSION

Sealed tenders clearly marked "Campground Forcemain Extension" will be received at the Town of Princeton Municipal Office, 169 Bridge Street, Princeton, B.C. up to 2:00 p.m. local time on Thursday, May 23, 2013. Tenders will be opened in public at the Town of Princeton Municipal Office at 2:00 p.m. on the tender closing date.

The project comprises approximately 210 meters of 100 mm PVC forcemain and appurtenances.

Plans and contract documents may be obtained on BC Bid, the Town of Princeton Website or the office of TRUE Consulting at 201 - 2079 Falcon Road, Kamloops, B.C.

The lowest or any tender will not necessarily be accepted. Any bids containing qualifications and/or conditions will be considered non-compliant with the tender documents.

### SWIMMING LESSON REGISTRATION

New this year is registration for swimming lessons at Town Hall (169 Bridge Street) and Centennial Outdoor Pool.

Register before the pool opens on May 17, 2013. Check out the summer leisure guide for more information.

### HOLIDAY GARBAGE PICKUP

When the week contains a statutory holiday your collection day will move to the next business day. For the week of MAY 20-24 garbage pickup will fall on the day after your regular pickup day. Monday pickup moves to Tuesday, Tuesday moves to Wednesday and so on. Please contact Town Hall (295-3135) if you are unsure how you are affected by this change.





# Editorial Page News Leader

Similkameen News Leader, 226A Bridge Street, PO Box 956, Princeton, BC V0X 1W0

## My Turn

### Throwing Volunteers Some Help

Have you ever considered that all the major community events planned in Princeton are hosted by volunteer organizations?

The rodeo this past weekend, the Spirit Festival this coming weekend, Racing Days, Fall Fair and everything else that goes on is fueled by the energy of dedicated volunteers. Without them, these events don't happen and these events, whether or not you attend them, add to the cultural fabric of our community.

Not only do they take volunteers to organize and operate, but also each of these events take money to operate and that has to come from somewhere. Usually it comes from just about every local business.

As a small business owner I can honestly say we have a request come our way at least once a week if averaged over the course of a year. That's a lot of requests for help.

I have often wondered why there isn't more funding set aside at the provincial level to assist smaller communities with access to only so many businesses able to respond to the annual requests they receive.

Princeton Town Council funds a lot of local groups through a grant-in-aid program with money generated from a community forest license and holds a tight budget on what is spent. I think most of us in the small business category do the same.

But what about those groups who miss out on these opportunities?

I hope that in the coming months after the BC Election we see more funding fed to small communities from Victoria to keep local culture alive in rural British Columbia.

Maybe some extra funding will take a huge burden off of many volunteer organizations that struggle to make ends meet which in turn takes pressure off volunteers.

All we need now is to figure out how to make volunteering in your community more attractive to those who don't help or participate in local activities.



Good eye! Cassie Westran watches a pitch bounce in front of home plate May 9th in slo-pitch action at Memorial Park. \*

## Posse elect executive

Princeton Posse Junior B Hockey Club hosted their annual general meeting May 9th at Riverside Centre.

The Club staggers two-year Director terms with Bob Marsh, Lynda Hodgson, George Elliott and Mike Talarico returned for another term. They join Lorna Coyne, John Babiak, Corry Oerlemans and Larry Legault to fill out the Board of Directors.

All key positions were retained with John Babiak returned as President, Bob Marsh Vice President, Lorna Coyne Treasurer and George Elliott Recording Secretary.

The Club financials show the need for ongoing fundraising in the off-season. The last big screen TV draw was successful and the Posse is currently mid-way through another one featuring a 51-inch

Samsung plasma TV as first prize and two Posse season tickets as second prize.

Tickets are \$5.00 each and are available from Posse Executive members and at the Similkameen News Leader. The draw for this raffle is set for June 2nd at 3:00 PM at Princeton Arena.

The Posse Spring and Summer Home & Trade Show is also intended to assist with off-season fundraising. The event, scheduled for May 31, June 1 and 2 at Princeton Arena currently has around 30 exhibitors with more expected.

A volunteer drive will likely start during the summer months and run right into the start of the 2013/14 KIJHL season.

For more information or to book space at the trade show event contact Posse President John Babiak at 250.295.1788.



Go, Posse, Go!

NEVER PAY FOR ONLINE NEWS AGAIN

newsbc.ca

LOCAL - REGIONAL - NATIONAL - WORLD NEWS

ALWAYS FREE...ALL THE TIME

## Broadband?

High-Speed Internet is NOW available in  
Coalmont and Tulameen!

For Information contact:  
China Creek Internet Service 250.295.7944

Similkameen  
**News Leader**

W. George Elliott - Owner/Publisher

MEMBER - CANADIAN ASSOCIATION OF JOURNALISTS

Brenda Engel - Office Manager

caj

Dawn Johnson - Reporter  
Lynette Boyd - Office Assistant  
Ariene Ariow - Lower Valley Reporter  
Spencer Coyne - Columnist/Advertising Sales

### EDITORIAL GUIDE

We would like you to write to us, but please remember to abide by anti-discrimination laws. The News Leader reserves the right to refuse to print any letter which is not signed by the writer or is slanderous, libelous or of uncommon sense. The Editor reserves the right to condense any letter or to substitute proper language for improper language.



# Current Comment

## Is Dawn A Conspiracy Theorist?



**Dawn Johnson**  
editor@thenewsleader.ca

million for thousands of years, but in the past two centuries has climbed steadily. Geneticists, judging by the human gene pool, believe there was a serious decline in human population 70,000 years ago, so there may have been a much higher population before the decline. Nobody knows.

The carbon theory comes from a discovery that 55 million years ago the Earth's mean temperature rose 6 to 11 degrees Celsius. During that period, large amounts of carbon were deposited in the oceans (oceans absorb carbon).

Nobody knows why carbon increased 55 million years ago, but no scientist will say human activity caused it because there is no evidence there were any humans at that time.

In a time closer to present, 20,000 years ago, there was a glacial maximum, known as the Ice Age, and nobody knows why it occurred. That ice age was followed later by 1,300 years of glaciation between 12,000 to 11,000 years ago. This glaciation period began abruptly, and ended just as abruptly, in just decades. The favored theory is that volcanic activity filled the atmosphere with dust and gases and caused Earth's surface to cool for 1,300 years.

Between 9,000 and 5,000 years ago was a period paleoclimatologists call the Holocene Maximum, also known as the Holocene Megathermal or the Climatic Optimum. During this period, there were no glaciers in the Rockies, the mean temperature in the Canadian Arctic was 4 degrees Celsius higher than present, and in Siberia was up to 9 degrees Celsius higher. There was substantially less Arctic ice than at present.

Scientists say this warm period coincided with the maximum 24 degree tilt of Earth toward the sun.

From 5,000 to 2,000 years ago, there was a cooling period, then a gradually rising mean temperature. Between 950 and 1100 AD, there was another warm period during which temperatures were the same as present and on some occasions warmer than now, but overall just slightly below present.

The Little Ice Age began in the 16th century and continued through the 19th century. Earth's mean temperature was lower than today during that period. Glaciers and Arctic ice increased in size. Temperatures in the 20th century gradually rose until 2004, when scientists measured the increase as 4/10ths of one degree Celsius. The rate of increase in mean temperature has slowed since 2004, and this past winter set record lows throughout Europe, Russia, India and China.

I do not believe you must be a genius in order to see there is little correlation between human population and human activity in causing global warming in the past. The fact that there were great carbon deposits 55 million years ago is hardly related to human activity. So why did so many governments jump on the population/carbon reason for the slight mean temperature rise during the past 50 years?

I asked myself that question, and came up with an answer: carbon tax. The carbon tax nets \$400 million a year in British Columbia alone.

Knowing the facts I listed about climate change on Earth, and questioning whether human activity is the real cause of present changes, does that make me a conspiracy theorist?

In a recent letter to the editor, I was labeled a conspiracy theorist. This was due to a column about what Lord Monckton is saying about global warming. I was disappointed in the criticism because the author of the letter did not refute what Monckton was saying, but attacked his character. Yes, Lord Monckton is an eccentric, but is he using the wrong facts?

Rather than quote another journalist, I am going to tell you why I believe the global warming is not realistic. Current global warming concerns are based on a theory that human activity is causing the mean temperature of Earth to rise. Keep in mind a theory is just an idea, or guess, that helps us navigate our way to proving the truth or disproving the theory.

Along with blaming human activity for the rise in Earth's mean temperature, there are two factors that come into the global warming scenario: 1) Earth's burgeoning population of 6.5 billion is part of the problem, and 2) humans are putting too much carbon into the atmosphere.

Earth's population, according to scientists, remained at around 500

## RDOS supports Agur Lake project

A society that provides barrier-free access to a wilderness camping experience has received a \$35,440 community grant from the Regional District of Okanagan-Similkameen to help maintain an administrative site.

The Agur Lake Camp Society operates a wilderness camp for families with special-needs members about 20 km west of Summerland. Its three cabins are equipped with ramps, lifts and additional maneuvering space and 1,500 metres of wheelchair-accessible trails wander through the 21-hectare property's wetland and forest environment.

The society's plans for future development include more cabins, an RV park, pavilion and playground.

"The society has wanted to create

a physical administrative presence since March 2012," said ALCS president Carla Ohmenzetter.

"We feel this is the best way for prospective donors, clients and the general public to visit with us, view progress and evaluate the benefits of participation."

Members of the RDOS Regional Board agreed, approving the community grant as part of the 2013 operating budget in March.

In its grant application, the society reported there is up to 150 families in the South Okanagan-Similkameen region — and up to 52,000 provincially — that could benefit from a visit to the camp. Many of those are already on a waiting list.

The Regional District has budgeted for up to \$182,740 in community grants in aid for 2013. The fund-

ing is consistent with the Regional District's commitment to building and sustaining an environmentally, fiscally and socially responsible community. - submitted

**ADVERTISING WORKS**  
OR YOU WOULDN'T BE READING THIS!  
Similkameen News Leader  
**250.295.4149**

# Similkameen News Leader

WE'RE DIFFERENT, AND WE LIKE THAT.



**George Elliott**  
OWNER/PUBLISHER  
george@thenewsleader.ca

**Brenda Engel**  
OFFICE ADMINISTRATOR  
brenda@thenewsleader.ca

**226A Bridge Street**  
P. O. Box 956, Princeton, B. C., V0X 1W0  
Phone: 250.295.4149 • Fax 250.295.4103

## INVITATION TO WORSHIP

**LIVING WATER**  
FOURSQUARE CHURCH

38 Kenley Avenue, Princeton  
Join us for worship Sunday 10:30 AM  
PASTOR GEORGE DONOVAN  
250-295-7733 cell: 250-293-6447  
www.livingwaterchurch.info  
Welcome and love guaranteed!

**Princeton Pentecostal Church**  
(The Pentecostal Assemblies of Canada)

Invites you to join us in  
**SUNDAY WORSHIP**  
10:30 AM - Morning Worship  
PASTOR DAVE JANKE  
165 Vermilion Avenue  
(BESIDE THE MUSEUM)  
**250.295.7951**

**BAPTIST CHURCH OF PRINCETON**

Family Worship 10:00 AM

Junior Youth (Grades 4-7)  
6:30 PM Wednesdays

**COME AND JOIN US!**

ACROSS FROM ARENA  
OLD HEDLEY ROAD

250.295.7752



**St. Paul's United Church**

Office Hours  
Tue / Thu 9:30AM - 12 NOON

**WORSHIP SERVICE**  
10:30 AM

Rev. Nick Judson  
190-1st Street (BEHIND COURT HOUSE)  
Phone: 250.295.7714  
Also serving the Anglican Community

St. Peter's Roman Catholic Parish

**SUNDAY MASS**  
6:00 PM - Saturday  
11:00 AM - Sunday

43 Billiter Avenue, Princeton  
250.295.3541

**Hedley Grace Church**

856 Ellis Avenue  
Hedley BC

Sunday Service 9:30 AM  
Pastor Graham Gore  
(250) 292-8444

AND NOW...A LITTLE GOOD NEWS!

"The tongue of the righteous is choice silver, but the heart of the wicked is of little value." - Proverbs 10:20

Similkameen  
**News Leader**

[www.thenewsleader.net](http://www.thenewsleader.net)

ALSO FIND US ONLINE AT:

Facebook: Similkameen News Leader  
Twitter: @PrincetonBCNews - YouTube: PrincetonBCNews

**FAX SERVICE**



SENDING OR RECEIVING  
- CONFIDENTIALITY GUARANTEED -  
AVAILABLE AT:

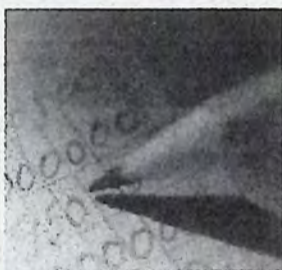
Similkameen  
**News Leader**

226A Bridge Street, Princeton

Phone: 250.295.4149 - Fax: 250.295.4103

**NEED A QUALIFIED BOOKKEEPER?**

- Effective with Simply Accounting & QuickBooks
- On-site set up
- Tutoring
- Troubleshooting
- Bookkeeping & Income Tax



**Arlene Arlow**

Author of Canada's best QuickBooks resource book

**Addventive Bookkeeping Ltd.**

250.499.5121

[www.addventive.com](http://www.addventive.com)

SUBSCRIBE TO THE

Similkameen  
**News Leader**

Princeton/Keremeos (VOX) Mail - \$40.00  
(Seniors Pay Only \$35.00)  
ALL PRICES INCLUDE TAXES

Regional (Other VO) Mail - \$45.00  
(Seniors Pay Only \$40.00)  
ALL PRICES INCLUDE TAXES

National (Elsewhere Canada) Mail - \$55.00  
(Seniors Pay Only \$50.00)  
ALL PRICES INCLUDE TAXES

**CALL FOR DETAILS**

Similkameen News Leader

**250.295.4149**

**Lower Valley News**

Keremeos - Cawston - Olalla



Ever get a little nervous when a line painting crew signals to you that it is safe to pass? Ever wonder how the operator can see over the hill when you cannot? Well, it's because there is a pilot car ahead of the crew watching out for the safety of the motoring public. "Operator Will Advise" means you should wait to pass. When the pilot car sees that the way is clear, the message is communicated to the driver of the line painting truck. You can indeed pass with safety when the sign displays, "Proceed With Caution". Photo: Arlene Arlow



A "Mainroad" highway line painting crew was puttering along Highway 3 east of Cawston May 3rd. Notice the operator hanging out the window at the back (no, he wasn't driving). A bit of internet research shows that Mainroad Group is a 100% employee-owned, Western-Canadian collection of companies specializing in road and bridge products and services. And they are hiring. Photo: Arlene Arlow

[www.gotpeppers.info](http://www.gotpeppers.info)

**All Flip...No Spin!**

Read Spencer Coyne's "Flip of the Coyne" weekly in the News Leader

# Stan Thompson Memorial Rodeo



Tie-Down Roping action during the BCRA Stan Thompson Memorial Princeton Rodeo May 11th. \*



Steve Hohmann of Quesnel, BC hops off his horse in the Steer Wrestling event. He did not get a time on this ride but was entered in many other rodeo events during the weekend. \*



Katrina Inicki of Williams Lake, BC scored the time to beat with 2.9-seconds in Breakaway Roping during her run on Saturday, May 11th during the Stan Thompson Memorial Rodeo. \*



Shaun Greenhough of Penticton, BC couldn't hang on long enough to get a qualified ride on Hienze in the Bull Riding event on May 11th at Princeton Fairgrounds. \*



At the Summerland Horse Show on the May 4th and 5th weekend, Princeton riders Kami French, Tallis Dixon and Lorraine Stubbins won or placed in all the jumper, hunter, dressage and trail obstacle classes. Under the diligent coaching and guidance of Lorraine, Kami and Tallis received compliments on their commendable horsemanship from the judge Mary Ellen Laidlaw of Winfield, BC. Their horses Breeze, London and Keira were bathed, braided and groomed and turned out beautifully for the event. The horses are all ridden and trained regularly by their riders with weekly lessons from their enthusiastic and dedicated coach Lorraine Stubbins. - photo submitted

## Realty Executives Vantage



202 Penryn Avenue

Renter in place and happy to stay. Cute, sparkling clean and very affordable family home or investment property with more living space and storage than first meets the eye...far from brand new, and looking for a little TLC, this home is solid and has been well maintained through the years.

MLS #143044 \$147,500



1041 2nd Street, Hedley

Seller very motivated! Renter in place. This home sits on a corner lot in a quieter area within the heritage village of Hedley - enjoy the peace, easy access to nature, and a real sense of community. Hedley is located half way between Princeton and Keremeos - only a few hours from the coast.

MLS #143022 \$159,900



940 Cawston Avenue

Don't miss out on this beautiful old-timer tucked in neatly into the historic village of Hedley. Only hours from the rain drenched coast, this beauty boasts original fir floors, doors and the gleaming hardware too! Built solidly & kept clean to the corners, this home also has many updates.

MLS #132670 \$149,900



YOUR PROFESSIONAL REALTOR®

**Susan C. Collins** BSW

Realty Executives Vantage

Serving the Similkameen Valley  
Cell: 250-295-5359 Toll Free 1-855-392-8430  
Fax: 250-292-8430 www.susancollins.ca



### Need a daily fix of news?

Follow the News Leader on Twitter  
**@PrincetonBCNews**

### 4G HIGH SPEED NOW AVAILABLE...EVERYWHERE!



**XPLORNET**

FOR INFORMATION CONTACT:  
David Lasser

pacificsatellite@gmail.com

**1-866-750-8108**

### ADVANCED COMFORT

FOR ALL YOUR HEATING  
& GAS FITTING NEEDS

HIGH EFFICIENCY HEATING  
WATER PURIFICATION - HOT WATER TANK REPLACEMENTS

SERVING PRINCETON AND AREA FOR OVER 20 YEARS

**DOUG GRIGG 250.295.3966**

SALES, SERVICE & INSTALLATION



Turn to the Experts

LICENCED - BONDED - INSURED

Diverse by Nature



SIMILKAMEEN  
VALLEY  
PLANNING  
SOCIETY

### ANNUAL GENERAL MEETING

Similkameen Valley Planning Society

3:00 PM Wednesday, May 15, 2013

Keremeos Grist Mill

2691 Upper Bench Road, Keremeos

### THE UPPER SIMILKAMEEN SPIRIT FESTIVAL



Friday, May 17 7:00 - 11:00 PM  
Saturday, May 18 1:00 - 11:00 PM  
Sunday, May 19 12 Noon - 5:00 PM

Princeton Secondary School Gym  
201 Old Merritt Highway, Princeton

VENDOR TABLES AVAILABLE  
\$100 FOR THE WEEKEND OR \$50 PER DAY  
PRE-REGISTRATION REQUIRED

Call 250-293-6776 or e-mail similkameenspirit@gmail.com



WE'RE ON FACEBOOK! "Upper Similkameen Spirit Festival"



Everybody joined in the Spring Fling grande finale at Riverside Theatre. Photos and story on Page 9. Photo: Dawn Johnson

## Saddles 'n' Spurs

by Pastor George Donovan

As you may have understood from my earlier writings, I had no problem in being alone. I had ridden all over Lynn Valley and the north shore mountains, and mostly by myself.

Red, the foreman, asked if anyone would be willing to back swath. I had no idea what that was nor did anyone else so I asked and he said that the first swath from the side arm mower around the outside of the hay field could not be picked up by the rake because it was too close to the bush and trees and it required someone with a hay fork to flip the hay onto the second swath.

This meant for the most part that the back swather was the only person in the field. I quickly volunteered. The foreman was surprised and said that usually "only Indians" do this job. I forget how long I did it but I thoroughly enjoyed it. Most of the fields were along a creek that eventually ran into Nicola Lake so the sound of the creek, the crows and other birds were great company to me.

One day as I was working along the creek I heard quite a loud splash in the water so with fork in hand I ran down to the creek to see the tracks of a bear who had just crossed over it and ran into the bush. The water was still sinking through the sand

where he had stepped! It didn't bother me because I had my trusty pitch fork. It was later that I was told that I did a good job back swathing and that

I was the fastest guy who had done it but I was eventually back on the stacking crew and I loved that too.

..... continued next week

## Living Past 100

### The Importance of Beans for Elders

Beans are very important as a regular part of the daily diet for anyone, but especially needed for older people. Dried beans and lentils, not green beans, have many essential elements for older people, beginning with cholesterol control. Beans are one of the best foods for controlling cholesterol, as they are packed with soluble fibre, a substance which prevents cholesterol from reaching your blood stream where it can clog your arteries. When you eat beans, it does not matter if they are canned, frozen or made directly from the dried bean.

Dried beans contain a lot of calcium, another essential for aging bones. Most older people are short of calcium. Eating beans is easier on the digestive system than taking calcium supplements. Because beans contain a lot of fibre, they are actually good for your digestive system.

Eating beans is excellent for blood sugar control. Beans are rich in complex carbohydrates, so they digest slowly, gradually releasing the carbohydrates that become sugar in the blood. This is important for diabetics, and should be one of the regular foods for anyone with any form of diabetic condition.

There is a lot of evidence to show that in cultures where beans are eaten almost daily, there is a low incidence of breast cancer and prostate cancer.

Beans contain a lot of protein and almost no fat, which makes beans an ideal substitute for meat dishes, and far healthier than eating a lot of meat for protein.

Many people worry about the gassy effects of eating beans. Here are a couple of tricks to stop the gas. First, if you are using dried beans, always bring the beans to a boil and drain off the liquid before continuing to make your bean dish. If you are using canned beans, drain off the liquid and rinse the beans before you proceed with your recipe. Add a pinch of summer savory or a teaspoon of dried ginger, two spices that stop the gassing.

Try to avoid kidney beans unless you can digest them well. Many people cannot. There are many ways to serve beans - chili con carne, bean salads, baked beans, bean soup. Garbanzo beans (chick peas) are made into hummus, a nice spread for crackers. Garbanzo beans are ground into flour and used to coat samosas, but bean flour can also be mixed with other flours to give a calcium boost to baked goods.

There are many different kinds of beans and you may discover you prefer some to others, but it is worth your time to try many different bean dishes, and combinations of beans. Soybeans are put into many different dishes and are made into tofu, but if you have not tried soy products, be cautious, as many people do not tolerate soybeans well. Each person develops a sense of which beans suit them best.

### ADVERTISING WORKS

OR YOU WOULDN'T  
BE READING THIS!

Similkameen  
News Leader  
250.295.4149





# News Leader Entertainment

Similkameen News Leader TV Guide Listings - May 14 - 20, 2013



Beginners do Pas de Basque at the Spring Fling. Photo: Dawn Johnson

## Spring Fling showed dance skills

The annual Princeton Highland Dancers Spring Fling on May 5 was presented with the kind of graciousness that has become traditional with the group. Riverside Theatre was full of tables that were full of goodies during intermission, and everyone attending was served tea or coffee by members of the dance troupe.

The show itself was a display of dance skills learned by members of

the troupe.

It was clear the dancers had put a lot of effort into learning the steps, and equally clear somebody had put a lot of effort into the dance costumes.

The dances were not only the traditional Scottish variety, but there were Irish jigs and Scottish reels. The tiniest members of the troupe stole the show as usual, but senior dancers Carmen Brodie, Layne

Robillard, Shelby Maynard and Taylor White performed difficult dances with great expertise.

Leanne Atkinson did an excellent job as Mistress of Ceremonies, announcing each dance and the dancers before each performance. There was one surprise announcement as dance instructor Clara Coyne was presented with a birthday cake and a rousing Happy Birthday! sung by the audience.



The Spring Fling theme was Irish. The girls above are doing a jig. Photo: Dawn Johnson

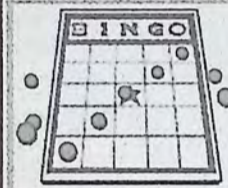
STAND UP AND FIGHT FOR RURAL HEALTH CARE SERVICES!

[www.RuralBCHealthWatch.com](http://www.RuralBCHealthWatch.com)

Similkameen  
**News Leader**

[www.thenewsleader.net](http://www.thenewsleader.net)

ALSO FIND US ONLINE AT:  
Facebook: Similkameen News Leader  
Twitter: @PrincetonBCNews - YouTube: PrincetonBCNews



**MONDAY NIGHT BINGO**

162 Angela Avenue, Princeton - 250-295-7515  
(Senior Citizens Association - Branch #30)

OPEN 4:30 PM - FIRST GAME 5:15 PM

Bonanza - Odd/Even - Lucky 7

BC Gaming Licence #109567 - "Know your limit, play within it."

## THE TIN MAN METAL ROOFING



Sales & Installation  
Galvanized & Coloured

METAL ROOFING &  
CUSTOM FLASHINGS

TOLL FREE 1-888-647-3377 **250.295.3743** FAX 250.295.3716

SUBSCRIBE TO THE

Similkameen  
**News Leader**

Princeton/Keremeos (VOX) Mail - \$40.00  
(Seniors Pay Only \$35.00)  
ALL PRICES INCLUDE TAXES

Regional (Other VO) Mail - \$45.00  
(Seniors Pay Only \$40.00)  
ALL PRICES INCLUDE TAXES

National (Elsewhere Canada) Mail - \$55.00  
(Seniors Pay Only \$50.00)  
ALL PRICES INCLUDE TAXES

CALL FOR DETAILS  
Similkameen News Leader  
**250.295.4149**

# Tuesday Movies

**EVENING**

9:30 pm WTBS ch.3 "In Good Company" (2004, Comedy-Drama) Dennis Quaid. Demoted from his corporate job, a man learns his new, younger replacement is also dating his daughter.  
11:30 pm WTBS ch.3 "Pride"

(2007, Drama) Terrence Howard. In the 1970s an aficionado and a janitor renovate an abandoned pool and establish a swim team in one of Philadelphia's roughest neighborhoods.

[www.thenewsleader.net](http://www.thenewsleader.net)

## Now It's Called Princeton

**\$20.00**  
INCLUDES GST

NOW IT'S CALLED  
**PRINCETON**



Songs and Poems of BC's Upper Similkameen

NOW AVAILABLE AT:

**Similkameen News Leader**

# News Leader Horoscopes

May 15 - 22, 2013

**ARIES** - You still have a lot of concerns about money and possessions. Stick to your budget. You enjoy contacting people and there seem to be a lot of people interested in contacting you. Enjoy activity outdoors, walking, bicycling, hiking. Being a good neighbour and being good to friends brings joy.

**TAURUS** - You are in a very egotistical phase, and may be too demanding. You also have an urge to be a big spender. Make sure you are not spending money you do not have. Opposition to your current ways may be a signal you need to talk about your issues with others. Pay attention to financial details.

**GEMINI** - You are about to enter a very good phase offering a lot of opportunities. Make sure you present yourself well. You want to be generous with everyone, but show respect for your own limitations. You have to work hard. Keep track of your own financial obligations - things are changing. Read details.

**CANCER** - Being too optimistic now could be a problem. You would like more fun in your life, but it is not possible just yet. Pay attention to subtle changes taking place in partner and friends. This weekend could bring major change, major surprises of shocks. Career matters become hectic, unpredictable.

**LEO** - You may experience some big events in the lives of groups you belong to. These events will bring change to your life but the changes can be beneficial. Home life continues to be demanding and hard work, but you must meet your obligations. Career and elders dominate your life - find balance.

**VIRGO** - Career opportunities are available - seek them out. An element of luck is working for you now. A person in authority or an elder may surprise you by being very generous. Groups you belong to may bring discord or problems. Do not join any infighting, this situation will resolve itself in 10 days.

**LIBRA** - A friend or partner could surprise you by a sudden change you cannot predict. You may have to make a sudden trip to a foreign place which will result in a lot of changes in your home life. You may even change your residence. This is likely to be beneficial in the long term. Keep options open.

**SCORPIO** - Don't let others take you for granted or see you as a drudge. You have more power than you are aware of. Right now, there are many opportunities to receive gifts from others who share their resources with you and try to make you happy. Show appreciation, enjoy benefits, it's temporary.

**SAGITTARIUS** - Partner and friends are good to you now, very generous, and they want to enjoy your company. Work and health may interfere somewhat, but do not be a spoilsport. Enjoy what is offered, get into a positive frame of mind, or you will experience a very negative backlash in the near future.

**CAPRICORN** - Changes and unexpected events around home may interfere with creative projects that need to be finished by the end of the month. You may be the catalyst that brings about the changes, so be very conscious of the effect you are having on others. Groups you associate with may be a burden.

**AQUARIUS** - This is a great time for you to have fun, be creative, enjoy working on making your home and property more pleasing to the eye. Spending time in creative activities, spending time with young people, and activities such as walking, going to sports games, and music will make you feel happy.

**PISCES** - Your greatest pleasure will come from making your home attractive and spending time with family at home. This week is excellent for activities at home. There may be unexpected sudden changes in groups you belong to, but much of what is happening will bring benefits to you in some way.

**TUESDAY, MAY 14, 2013**

|       | WTBS ch.3                | CHBC ch.4             | KNOW ch.5       | KSPS ch.6             | KHQ ch.7                      | KREM ch.8                | A&E ch.9               | KXLY ch.10                   | BCTV ch.11            | CITV ch.12              | CBC ch.13  | YTV ch.18              | TSN ch.19   | VTV ch.22   | DISC ch.24              | FAM ch.26  | CITY ch.29               | SPIKE ch.44 | TROP ch.45                |
|-------|--------------------------|-----------------------|-----------------|-----------------------|-------------------------------|--------------------------|------------------------|------------------------------|-----------------------|-------------------------|--|------------------------|---|---|-------------------------|------------|--------------------------|-------------|---------------------------|
| 6 AM  | In the Heat of the Night | Morning News (N) [E]  | To School       | Thomas                | KHQ News 6AM (N)              | KREM 2 Morning News      | The Glades "Islandia"  | News                         | Morning News (N) [E]  | (5:00) Morning News (N) | CBC News Now (N) [E]   | Kid vs. Kat Super Evil | SportsCentre [E]  | CTV Morning Live (N) [E]                            | Auction                 | Stella-Sam | CityLine (N) [E]         | Repo        | Canadian Pickers [E]      |
| 7 AM  | Justice                  | Justice               | Arthur [E]      | Arthur                | Today Donald Rumsfeld;        | CBS This Morning (N) [E] | Longmire "The Cancer"  | Good Morning America (N) [E] |                       |                         | Tiger  | Sidekick               | SportsCentre [E]  |   | Dirty Jobs: Down Under  | Shake It   | Let's Make a Deal (N)    | Repo        | Earth: Final Conflict [E] |
| 8 AM  | Judge Alex               | Judge Alex            | Tree Fu         | Curious               | Ken Jeong; Dan Brown. (N) [E] |                          | CSI: Miami "Slow Burn" |                              |                       | Morning                 | Bo On/Go   | Pokémon                | SportsCentre [E]  |   | Last Car Standing       | Jessie [E] | The Price Is Right (N)   | Repo        | Canadian Pickers [E]      |
| 9 AM  | Millionaire              | Morning               | Pinky           | Super Why!            |                               | The 700 Club [E]         | CSI: Miami [E]         | Livel Kelly and Michael      | Morning               | The Doctors [E]         | Super Why!   | Rescue                 | SportsCentre [E]  | Livel Kelly and Michael                             | Gold Rush: Alaska [E]   | Mickey     | Access Hollywood Live    | Repo        | Canadian Pickers [E]      |
| 10 AM | Law Order: CI            | The Doctors [E]       | Doggy Franklin  | Sesame Street [E]     |                               | The Price Is Right (N)   | Criminal Minds [E]     | The View [E]                 | The Doctors [E]       | Design Inc.             | Foko [E]   | Squirrel               | Fishing   | The View [E]  | How/Made                | Never Land | The Chew [E]             | Repo        | Gold Girls                |
| 11 AM | Law Order: CI            | Design Inc.           | Rollie Polle    | Tiger                 | Judge B.                      | Young & Restless         | Criminal Minds [E]     | Sexier Hair! [E]             | Design Inc.           | Noon News Hour          | Steven and Chris [E]   | Rescue Super Evil      | Boxing: Zhou Shiming vs. Eleazar Valenzuela. [E]            | Marilyn Denis                                       | Nerve Center            | Suite Life | General Hospital (N) [E] | Repo        | Friends [E]               |
| 12 PM | Excused                  | Noon News Hour (N)    | Dino Dan        | Charlie Rose (N) [E]  | Paid Prog.                    | News                     | The First 48 [E]       | The Chew [E]                 | Noon News Hour (N)    | Days of our Lives (N)   | CBC News Now (N) [E]   | Kid vs. Kat Squirrel   |   | CTV News (N) [E]                                    | NeverEver               | Wizards    | CityLine [E]             | Repo        | Drew                      |
| 1 PM  | There Yet?               | Days of our Lives (N) | Save-Ums!       | Paint                 | Days of our Lives (N)         | The Talk (N) [E]         | The First 48 [E]       | General Hospital (N) [E]     | Days of our Lives (N) | The Talk (N) [E]        | Heartland [E] (DVS)  | Rated A                | SportsNation (N) [E]  | Anderson Live [E]                                   | Last Car Standing       | Sonny      | Katie [E]                | Repo        | 3rd Rock                  |
| 2 PM  | King                     | The Talk (N) [E]      | Big Bear        | Barney                | Katie [E]                     | Let's Make a Deal (N)    | The First 48 [E]       | The Jeff Probat Show         | The Talk (N) [E]      | The Ricki Lake Show     | Steven and Chris [E]   | Almost                 | Off Record  | Dr. Phil [E]  | Overhaul'n' [E]         | So Raven   | CityNews at 5 (N) [E]    | Tenants     | Roseanne                  |
| 3 PM  | The Office               | The Ricki Lake Show   | Rob Robot       | Sid                   | Ellen DeGeneres Show          | Dr. Phil [E]             | Storage                | Rachael Ray [E]              | The Ricki Lake Show   | Young & Restless        | Coronation   | Squirrel               | SportsCentre (N) [E]  | The Dr. Oz Show (N) [E]                             | How/Made                | Wizards    | CityNews at 6 (N) [E]    | Tenants     | Canadian Pickers [E]      |
| 4 PM  | Big Bang                 | Young & Restless      | G. Shrinks      | Wild Kratts           | Jdg Judy                      | The Dr. Oz Show (N) [E]  | Storage                | The Doctors [E]              | Young & Restless      | Early News              | NHL Hockey: Conference Quarterfinal: Teams TBA. (N) [E] (Live) | Parents                | Hockey  | Ellen DeGeneres Show                                | Daily Planet (N)        | Phineas    | How I Met                | Tenants     | Canadian Pickers [E]      |
| 5 PM  | Browns                   | News (N) [E]          | Martha          | News                  | News                          | News                     | Storage                | News                         | Early News            | (4:50) News Hour        | Parents  | Parents                | Basketball: Conference Semifinal: Teams TBA. (N) [E] (Live) | CTV News at Five (N)                                | How/Made                | Jessie [E] | Holl's Kitchen (PA)      | Tenants     | Friends [E]               |
| 6 PM  | Browns                   | Global Nat.           | Animals         | PBS News-Hour (N) [E] | News                          | KREM 2 News at 6 (N)     | Storage                | News                         | (5:50) News Hour (N)  | ET Canada               |  | Victorious             |   | CTV News (N) [E]                                    | River Monsters (N)      | ANT Farm   | New Girl                 | Tenants     | Drew                      |
| 7 PM  | Seinfeld [E]             | Ent                   | Be the Creature | Annie Oakley          | Jeopardy!                     | Inside Ed.               | Hoggers                | Ent                          | Ent                   | Bones [E]               | News   | Mr. Young              | SportsCentre (N) (Live) [E]                                 | Big Bang  | Deadliest Catch (N) [E] | Good Luck  | (7:01) Body of Proof (N) | Tenants     | Roseanne                  |
| 8 PM  | Family Guy               | NCIS [E] (DVS)        | Monarchy        | CONSTITUTION          | The Voice (N) [E]             | NCIS [E] (DVS)           | Hoggers                | Wipeout (N) [E]              | NCIS [E] (DVS)        | NCIS [E] (DVS)          | Just for Laughs [E]  | Splatalot              | Off Record  | British Columbia Provincial Election (N) (Live) [E] | How/Made                | Jessie [E] | CityNews-Tonight (N)     | Ur. Tarzan  | Deb/Part                  |
| 9 PM  | Amer. Dad                | NCIS: Los Angeles [E] | Food Inc.       | Frontline [E]         | The Voice [E]                 | NCIS: Los Angeles [E]    | Storage                | Dancing With the Stars       | NCIS: Los Angeles [E] | NCIS: Los Angeles [E]   | Mercer   | Gags                   | 24 CH [E]   | River Monsters                                      | How/Made                | Wingin' It | Jimmy Kimmel Live (N)    | Tenants     | Friends [E]               |
| 10 PM | "In Good Company" (2004) | Bones [E]             | Snapshot        | Moyers & Company [E]  | (10:01) Grimm (N) [E]         | Golden Boy [E]           | Storage                | (10:01) Body of Proof        | Bones [E]             | News Hour Final (N)     | National   | Boys                   | SportsCentre (N) [E]  | Deadliest Catch [E]                                 | How/Made                | Lizzie     | Maury (N)                | Tenants     | Drew                      |
| 11 PM | "Pride"                  | CHBC News Final (N)   | Be the Creature | Charlie Rose (N) [E]  | News                          | News                     | Hoggers                | News                         | News Hour Final (N)   | ET Canada               | CBC News   | Weird                  | SportsCentre [E]  | CTV News  | How/Made                | Cory       | Paid Prog.               | Tenants     | 3rd Rock                  |

# News Leader Recipe 561

## Classic Spinach Dip with Greek Yogurt

(NC)—The best moments in life happen when you bring the right mix of ingredients together. A warm summer day, the people you love, and delicious food is a recipe for a good time. For your next picnic or barbeque do the same: bring some nutritious ingredients together to make a tasty crowd pleasing dip. This Classic Spinach Dip with Greek Yogurt is courtesy of the Hellmann's Mayonnaise recipe collection.

Makes 4 cups / Prep Time: 10 Minutes

### Ingredients

- 1 package (300 g) frozen chopped spinach, cooked, cooled and squeezed dry
- 1 container (500 g) nonfat plain Greek yogurt
- 1 cup Hellmann's 1/2 the Fat mayonnaise-type dressing
- 1 package Knorr Vegetable Dry Soup Mix
- 1 can (227 mL) water chestnuts, drained and chopped (optional)
- 3 green onions, chopped

### Directions

• Combine mayonnaise dressing, soup mix and all ingredients in medium bowl. Chill, if desired. Serve with your favorite dippers.

Did you know? Mayonnaise is better for you than you might think. Good fats like omega-3 help our bodies to absorb a range of vitamins such as vitamin A, D, E and K. Vegetable omega-3 fats are an essential part of a healthy balanced diet because our bodies do not naturally produce them. So we have to eat them daily, through foods like canola and flaxseed oil, walnuts, or mayonnaise.

Hellmann's is celebrating 100 years of helping families Bring Out the Best.

Visit Facebook.com/HellmannsCanada for more delicious recipe ideas.

www.newscanada.com

## Wednesday Movies

### MORNING

8:03 am SPIKE ch.44 "The Green Mile" (1999, Drama) Tom Hanks. In 1935 a head prison guard realizes a man on death row may be innocent and have a supernatural ability to heal others. (In Stereo)

### EVENING

9:30 pm WTBS ch.3 "Pride" (2007,

Drama) Terrence Howard. In the 1970s an aficionado and a janitor renovate an abandoned pool and establish a swim team in one of Philadelphia's roughest neighborhoods.

11:30 pm WTBS ch.3 "Surviving Christmas" (2004, Comedy) Ben Affleck. A lonely man returns to his childhood home and celebrates the holiday with the strangers who live there.

## Thursday Movies

### EVENING

7:00 pm SPIKE ch.44 "Doom" (2005, Science Fiction) The Rock. Soldiers use heavy firepower to battle mutants at a high-tech research facility on Mars. (In Stereo)

9:00 pm KNOW ch.5 "Jimi Hendrix" (1973, Documentary) Arthur Allen. Interviews and concert footage from Woodstock and Monterey Pop spotlight the innovative and influential 1960s rock gui-

tarist, who died at 27.

9:30 pm WTBS ch.3 "Surviving Christmas" (2004, Comedy) Ben Affleck. A lonely man returns to his childhood home and celebrates the holiday with the strangers who live there.

11:30 pm WTBS ch.3 "Biker Boyz" (2003, Action) Laurence Fishburne. A young prodigy threatens the undefeated champion of an underground club of motorcycle racers.

# Similkameen News Leader

www.thenewsleader.net

ALSO FIND US ONLINE AT:

Facebook: Similkameen News Leader  
Twitter: @PrincetonBCNews - YouTube: PrincetonBCNews

## WEDNESDAY, MAY 15, 2013

|           | WTBS ch.3                              | CHBC ch.4             | KNOW ch.5              | KSPS ch.6               | KHQ ch.7                      | KREM ch.8                | A&E ch.9               | KXLY ch.10                   | BCTV ch.11            | CITV ch.12              | CBC ch.13   | YTV ch.18              | TSN ch.19                                    | VTV ch.22                | DISC ch.24             | FAM ch.26   | CITY ch.29               | SPIKE ch.44               | TROP ch.45     |
|-----------|--|-----------------------|------------------------|-------------------------|-------------------------------|--------------------------|------------------------|------------------------------|-----------------------|-------------------------|---|------------------------|--|--------------------------|------------------------|---|--------------------------|---------------------------|----------------|
| 6 AM :30  | In the Heat of the Night               | Morning News (N) [E]  | Timothy HI-5 [E]       | Builder Clifford        | KHQ News 6AM (N)              | KREM 2 Morning News      | The Glades [E]         | News                         | Morning News (N) [E]  | (5:00) Morning News (N) | CBC News Now (N) [E]  | Kid vs. Kat Super Evil | SportsCentre [E]                             | CTV Morning Live (N) [E] | Licence to Drill [E]   | Stella-Sam Hannah   | CityLine (N) [E]         | CSI: NY [E]               | Weird or What? |
| 7 AM :30  | Justice                                | Justice               | Arthur [E]             | Arthur                  | Today Ed Helms; Trace Adkins; | CBS This Morning (N) [E] | Longmire "Dog Soldier" | Good Morning America (N) [E] |                       |                         | Tiger   | Sidekick               | SportsCentre [E]                             | Mayday "Turning Point"   | Shake It ANT Farm      | Let's Make a Deal (N)   | (7:01) CSI: NY [E]       | Earth: Final Conflict [E] |                |
| 8 AM :30  | Judge Alex                             | Judge Alex            | Tree Fu Dinosaur       | Curious Cat in the      | Candace Cameron. (N) [E]      |                          | CSI: Miami "Invasion"  |                              | Morning Huntley       | Bo On/Go                | Pokémon Super Evil  | SportsCentre [E]       | Dangerous Filings                            | Jessie [E]               | The Price Is Right (N) | (8:03) Movie: Tom Hanks. A guard thinks an inmate has a supernatural power to heal. [E] | Weird or What?           |                           |                |
| 9 AM :30  | Millionaire                            | Morning Millionaire   | Pinky Peep, Big        | Super Why! Dinosaur     |                               | The 700 Club [E]         | CSI: Miami [E]         | Livel Kelly and Michael      | Morning Huntley       | The Doctors [E]         | Super Why! Cat in the                                       | Rescue Cat in the      | SportsCentre [E]                             | Licence to Drill [E]     | Mickey Manny           | Access Hollywood Live   | Mile* (1999)             | Weird or What?            |                |
| 10 AM :30 | Law Order: CI                          | The Doctors [E]       | Doggy Day Franklin     | Sesame Street [E]       |                               | The Price Is Right (N)   | Criminal Minds [E]     | The View [E]                 | The Doctors [E]       | Design Inc. Debt/Part   | Poko [E]  | Squirrel G. Shrinks    | NHRA Drag Racing: Summit                     | The View [E]             | How/Made Little        | Never Land  | The Chew [E]             | Gold Girls                |                |
| 11 AM :30 | Law Order: CI                          | Design Inc. Debt/Part | Rolie Polie Dive, Oily | Tiger Sit & Be Fit      | Chica Judge B.                | Young & Restless         | Criminal Minds [E]     | Paid Prog. Paid Prog.        | Design Inc. Debt/Part | Noon News Hour          | Steven and Chris [E]  | Rescue Super Evil      | Racing Equipment Southern Nationals. (Taped) | Marilyn Denis            | Mayday "Turning Point" | Suite Life Suite/Deck   | General Hospital (N) [E] | Friends [E]               |                |
| 12 PM :30 | Excused                                | Noon News Hour (N)    | Dino Dan Rob Robot     | Charlie Rose [E]        | Sexier Hair!                  | News Bold                | The First 48 [E]       | The Chew [E]                 | Noon News Hour (N)    | Days of our Lives (N)   | CBC News Now (N) [E]  | Kid vs. Kat Squirrel   | Nationals. (Taped)                           | CTV News (N) [E]         | River Monsters         | Wizards Hannah  | CityLine [E]             | 70s Show                  |                |
| 1 PM :30  | There Yet?                             | Days of our Lives (N) | Save-Umsl Wibbly Pig   | Oil Painting Sewing     | Days of our Lives (N)         | The Talk (N) [E]         | The First 48 [E]       | General Hospital (N) [E]     | Days of our Lives (N) | The Talk (N) [E]        | Heartland [E] (DVS)   | Rated A Kid vs. Kat    | SportsNation (N) [E]                         | Anderson Live [E]        | Deadliest Catch [E]    | Sonny Random  | Katie [E]                | (1:03) Deadliest Warrior  |                |
| 2 PM :30  | King                                   | The Talk (N) [E]      | Big Bear Dinosaur      | Barney WordWorld        | Katie [E]                     | Let's Make a Deal (N)    | The First 48 [E]       | The Jeff Probst Show         | The Talk (N) [E]      | The Ricki Lake Show     | Steven and Chris [E]  | Almost Super Evil      | Off Record Interruption                      | Dr. Phil [E]             | How/Made               | So Raven Suite/Deck   | CityNews at 5 (N) [E]    | (2:03) Deadliest Warrior  |                |
| 3 PM :30  | The Office                             | The Ricki Lake Show   | Rob Robot Clifford     | Sid WordGirl            | Ellen DeGeneres Show          | Dr. Phil [E]             | The First 48 [E]       | Rachael Ray [E]              | The Ricki Lake Show   | Young & Restless        | Coronation Stefano  | Squirrel Sidekick      | SportsCentre (N) [E]                         | The Dr. Oz Show (N) [E]  | How/Made               | Wizards ANT Farm  | CityNews at 6 (N) [E]    | (3:03) Deadliest Warrior  |                |
| 4 PM :30  | Big Bang                               | Young & Restless      | G. Shrinks Arthur [E]  | Wild Kratts Electric    | Jdg Judy                      | The Dr. Oz Show (N) [E]  | Duck D.                | The Doctors [E]              | Young & Restless      | Early News Global Nat.  | NHL Hockey: Conference Semifinal: Teams TBA. (N) [E] (Live) | SpongeBob              | Hockey NBA                                   | Ellen DeGeneres Show     | Daily Planet (N)       | Phineas Austin  | How I Met 30 Rock        | (4:03) Deadliest Warrior  |                |
| 5 PM :30  | Browns                                 | News (N) [E]          | Martha Wild Kratts     | News Business           | News NBC News                 | News CBS News            | Duck D.                | ABC News                     | Global Nat.           | (4:59) News Hour        | Semifinal: Teams TBA. (N) [E] (Live)                        | SpongeBob              | Conference Semifinal: Teams TBA. (N) [E]     | CTV News at Five (N)     | NeverEver              | Jessie [E]  | The Middle Broke Girl    | (5:03) Deadliest Warrior  |                |
| 6 PM :30  | Browns                                 | Global Nat.           | Animals Undersea       | PBS News-Hour (N) [E]   | News Millionaire              | KREM 2 News at 6 (N)     | Duck D.                | News                         | (5:59) News Hour (N)  | ET Canada               | Ent   | Victorious Mr. Young   | (N) [E]                                      | CTV News (N) [E]         | NeverEver              | ANT Farm Shake It   | Mod Fam How-Live         | (6:03) Deadliest Warrior  |                |
| 7 PM :30  | Seinfeld [E]                           | Ent ET Canada         | Frontiers of [E] (DVS) | Nature (N) [E] (DVS)    | Jeopardy! Wheel               | Inside Ed. Access H.     | Duck D.                | Ent Insider                  | ET Canada             | Chicago Fire (N) [E]    | News George S   | Mr. Young              | SportsCentre (N) (Live) [E]                  | Arrow "Sacrifice" [E]    | Myth-Busters [E]       | Good Luck Wingin' It  | Hannibal "Fromage" (N)   | (7:03) Deadliest Warrior  |                |
| 8 PM :30  | Family Guy                             | Elementary [E] (DVS)  | Hidden Cities of Asia  | NOVA [E]                | Dateline NBC (N) [E]          | Broke Girl Duck D.       | Duck D.                | The Middle Family            | Elementary [E] (DVS)  | Elementary [E] (DVS)    | 22 Minutes Gags   | Splatatol Zoink'd! [E] | American Idol (N) [E]                        | Deadliest Catch [E]      | Austin Gravity         | CityNews-Tonight (N)  | (8:03) Deadliest Warrior |                           |                |
| 9 PM :30  | Amer. Dad                              | The Office "A.A.R.M." | La Filie Du Régiment   | Secrets of the Dead (N) | Law & Order: SVU              | Criminal Minds "No. 6"   | Duck D.                | Mod Fam How-Live             | The Office "A.A.R.M." | The Office "A.A.R.M."   | Dragons' Den [E]  | Gags                   | E:60 [E]                                     | Criminal Minds "No. 6"   | NeverEver              | Wingin' It Warthog!   | Jimmy Kimmel Live (N)    | (9:03) Deadliest Warrior  |                |
| 10 PM :30 | Movie: "Pride" (2007) Terrence Howard. | Chicago Fire (N) [E]  | History of Science [E] | Chicago Fire (N) [E]    | CSI: Crime Scene              | Duck D.                  | Duck D.                | Nashville (N) [E] (DVS)      | Chicago Fire (N) [E]  | News Hour Final (N)     | National  | Boys Mr. Young         | SportsCentre [E]                             | CSI: Crime Scene         | NeverEver              | Lizzie So Raven   | Maury (N) [E]            | Ways Die To Be Announced  |                |
| 11 PM :30 | "Surviving"                            | CHBC News Final (N)   | Charlie Rose (N) [E]   | News Jay Leno           | News Letterman                | Duck D.                  | Duck D.                | News J. Kimmel               | News Hour Final (N)   | ET Canada J. Probst     | CBC News George S   | Weird Splatatol        | SportsCentre [E]                             | CTV News                 | Myth-Busters [E]       | Cory Princess   | Paid Prog.               | 3rd Rock                  |                |

# Around The Similkameen!



A young rockhound learns about minerals during Mining Day May 8th in Veterans Square. \*



Rodeo Clown J. J. Harrison welcomes Fraser-Nicola BC NDP Candidate Harry Lali, left, and BC Southern Interior MP Alex Atamanenko and his wife Ann to the Princeton Rodeo. \*



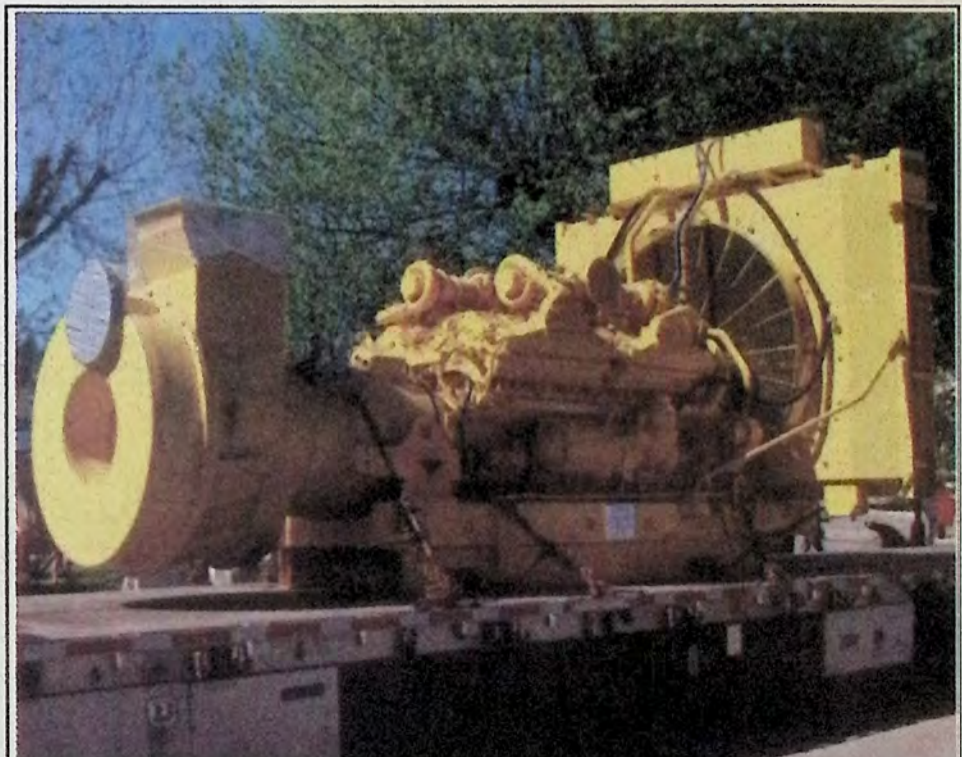
Carleigh King of 150 Mile House, BC scored a 19.000-second ride in Ladies Barrel Racing in the first day of competition at the Stan Thompson Memorial Princeton Rodeo. \*



Steve Hohmann of Quesnel, BC rides Mulligan in the Saddle Bronc event May 11th at the Stan Thompson Memorial Princeton Rodeo. Hohmann did not score a time on this ride. \*



Why is Bull Riding the last event at any rodeo? Because it's so exciting!



This Cummins engine module was the largest display downtown during Mining Day May 8th. \*

# SO COUNTRY INTERNET RADIO

FOLLOW DENNIS WALKER ONLINE - NEWS, WEATHER, MUSIC, INTERVIEWS - [www.socountry.ca](http://www.socountry.ca)

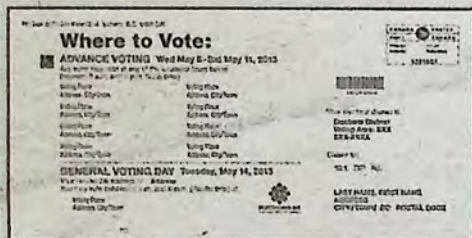


MAY 2013

## GENERAL ELECTION

**Remember to Vote. Tuesday, May 14 is General Voting Day.**

Do You Have This Card?



This card tells you where you can vote in the 2013 Provincial General Election. **Take it with you when you go vote.** If you do not have this card, visit the Elections BC website at [elections.bc.ca](http://elections.bc.ca), or call **1-800-661-8683** (toll-free).

Download our **VOTEBC** App for iPhones and iPads to find a voting location near you.

**BC Has More Ways to Vote**  
All voters can:

**Vote in any district electoral office** from now until 4 p.m. (Pacific time) on General Voting Day, Tuesday, May 14, 2013.

**Vote by Mail** You can ask for a Vote by Mail package from your district electoral office or through the Elections BC website at [elections.bc.ca](http://elections.bc.ca).

**Vote at advance voting** Voters can attend any advance voting location in the province from 8 a.m. to 8 p.m. (local time), Wednesday, May 8 through Saturday, May 11. All advance voting locations are wheelchair accessible.

**Vote on General Voting Day** Voters can attend any general voting location in the province from 8 a.m. to 8 p.m. (Pacific time), Tuesday, May 14, 2013.

**How to Vote**

- Choose only one candidate.
- Mark your ballot with an **X** or **✓**.

**Who Can Vote?**

You can vote if you are:

- 18 years of age or older, or will be 18 on General Voting Day (May 14, 2013)
- a Canadian citizen, and
- a resident of British Columbia for the past six months

**You can Register When You Vote**

If you aren't already registered, you can register when you vote. **You will need identification that proves both your identity and current residential address.**

**Bring Identification**

Under the Election Act, voters must prove their identity and residential address in order to receive a ballot or register to vote in conjunction with voting in a provincial general election or by-election. Voters may present identification, or use a process known as vouching. Some acceptable types of identification and information on the vouching process are found below.

**Option 1**

A single document issued by the Government of BC or Canada that contains the voter's name, photograph and residential address, such as a BC driver's licence, BC Identification Card (BCID), or BC Services Card.

**Option 2**

A Certificate of Indian Status as issued by the Government of Canada.

**Option 3**

Two documents that together show the voter's name and residential address. Both documents must show the voter's name. At least one of the documents must also contain the voter's residential address.

Please note: Digital or electronic documents (e.g. e-bills) are acceptable. Hand-written information on a document, photocopies or electronic scans/photos of a paper document are not acceptable.

The following are examples of the document types authorized by the Chief Electoral Officer for the purposes of voter identification (the list of documents is illustrative, not exhaustive). Other specific documents (not listed below) may be authorized by the Chief Electoral Officer. For questions about the acceptability of a specific document, please contact Elections BC.

**Government-issue identity document**

Examples: healthcare card, birth certificate, Social Insurance Card, passport, citizenship document/certificate, Old Age Security Identification Card, Canadian Forces identification, Firearm Acquisition Certificate, firearm Possession and Acquisition Licence, Veterans Affairs Canada Health Care Identification Card, Correctional Service Canada Offender Identification Card.

**Other government-issue document**

Examples: property tax assessment, income tax assessment notice, government cheque, government cheque stub, statement of employment insurance benefits paid, Canada Child Tax Benefit Statement, statement of Canada Pension Plan benefits, statement of Old Age Security.

**School/college/university-issue document**

Examples: admissions letter, report card, transcript, residence acceptance/confirmation, tuition/fees statement, student card.

**Other documents examples**

- Provincial Where to Vote card
- Bank/credit card or statement
- Residential lease/mortgage statement
- Insurance statement
- Public transportation pass
- Utility bill
- Membership card
- Hospital bracelet/document
- Prescription medication container
- Attestation of residence
- Personal cheque (printed by bank)

**Option 4**

Voters without identification can be vouched for by a voter in their electoral district who has identification, or a direct family member or someone who has legal authority to make personal care decisions for the voter.

**Future Voters**

Elections BC encourages you to bring your children with you when you vote. Show tomorrow's voters how our electoral process works.

**Any Questions?**

For more information visit Elections BC's website at [elections.bc.ca](http://elections.bc.ca) or call toll-free **1-800-661-8683**.

Get our **VOTEBC** App for iPhones and iPads to find the closest voting place and for information you need to vote.



Or, contact your district electoral office.

**Boundary-Similkameen**  
8322 Main St  
Osoyoos, BC  
(250) 495-1260

**Fraser-Nicola**  
405 Railway Ave  
Ashcroft, BC  
(250) 453-2100

**Fraser-Nicola**  
1976 Voght St  
Merritt, BC  
(250) 378-1403

**Hours of Operation**  
Monday - Friday 9 a.m. to 5 p.m.  
Saturday 10 a.m. to 4 p.m.  
May 8 - 11 and May 14 - 8 a.m. to 8 p.m.

[elections.bc.ca](http://elections.bc.ca) / 1-800-661-8683

**ELECTIONS BC**  
A non-partisan Office of the Legislature  
TTY 1-888-456-5448

THURSDAY, MAY 16, 2013

|       | WTBS ch.3                              | CHBC ch.4  | KNOW ch.5                       | KSPS ch.6               | KHQ ch.7                                | KREM ch.8                                 | A&E ch.9                | KXLY ch.10                  | BCTV ch.11                                | CITY ch.12                                      | CBC ch.13  | YTV ch.18              | TSN ch.19   | VTV ch.22                 | DISC ch.24            | FAM ch.26             | CITY ch.29             | SPIKE ch.44                         | TROP ch.45              |
|-------|--|--|---------------------------------|-------------------------|---|---|-------------------------|-----------------------------|---|---|--|------------------------|---|---------------------------|-----------------------|-----------------------|------------------------|-------------------------------------|-------------------------|
| 6 AM  | In the Heat of the Night               | Morning News (N) 50                              | Timothy HI-5 50                 | Thomas Clifford         | KHQ News 6AM (N)                        | KREM 2 Morning News                       | The Glades 50           | News                        | Morning News (N) 50                       | (5:00) Morning News (N)                         | CBC News Now (N) 0   | Kid vs. Kat Super Evil | Hockey  | CTV Morning Live (N) 0 50 | Junk Raiders          | Stella-Sam Hannah     | CityLine (N) 50        | Wildest Police Videos               | Four Houses Canada      |
| 7 AM  | Justice                                | Justice  | Arthur 0                        | Arthur                  | Today Zoe Saldana: "The Voice" (N) 0 50 | CBS This Morning (N) 0 50                 | Longmire 50             | Good Morning America (N) 50 |   |   | Tiger  | Sidklick               |   |                           | Mighty Planes 50      | Shake It ANT Farm     | Let's Make a Deal (N)  | Wildest Police Videos               | Earth: Final Conflict 0 |
| 8 AM  | Judge Alex                             | Judge Alex                                       | Tree Fu Dinosaur                | Curious Cat in the      |   |   | CSI: Miami "Wannabe"    |                             |   | Morning Huntley                                 | Bo On/Go   | Pokémon Super Evil     | Hockey: 2013 IIHF World                                 |                           | Cash Cab              | Jessie 50             | The Price Is Right (N) | Wildest Police Videos               | Live Here               |
| 9 AM  | Millionaire                            | Morning Millionaire                              | Pinky                           | Super Why!              |   |   |                         |                             |   |   |  |                        |   | Level Kelly and Michael   | Auction               | Mickey                | Access Hollywood Live  | DEA 0                               | Four Houses Canada      |
| 10 AM | Law Order: CI                          | The Doctors 0 50                                 | Doggy Franklin                  | Sesame Street 0         |   |   | The Price Is Right (N)  | Criminal Minds 0 50         | The View 0 50                             | The Doctors 0 50                                | Design Inc. Debt/Part  | Poko 50                | Squirrel  | The View 0 50             | How/Made              | Never Land            | The Chew 0 50          | DEA 0                               | Gold Girls              |
| 11 AM | Law Order: CI                          | Design Inc. Debt/Part                            | Rolie Polle Dive, Olly          | Tiger Sit & Be Fit      | Judge B. Judge B.                       | Young & Restless                          | Criminal Minds 0 50     | Paid Prog. Paid Prog.       | Design Inc. Debt/Part                     | Noon News Hour                                  | Steven and Chris 50  | Rescue Super Evil      | Hockey  | Marilyn Denis             | Canada's Worst Driver | Suite Life Suite/Deck | General Hospital (N) 0 | DEA "Flip The Stripper"             | Friends 0               |
| 12 PM | Excused                                | Noon News Hour (N)                               | Dino Dan Rob Robot              | Charlie Rosa (N) 50     | Look Sexy Top Chef                      | News Bold                                 | The First 48 50         | The Chew 0 50               | Noon News Hour (N)                        | Days of our Lives (N)                           | CBC News Now (N) 0   | Kid vs. Kat Squirrel   |   | CTV News (N) 0 50         | NeverEver             | Wizards Hannah        | CityLine 50            | DEA Juarez Cartel. 0                | Fraser 0                |
| 1 PM  | There Yet?                             | Days of our Lives (N)                            | Save-Ums! Wibbly Pig            | Painting Knitting       | Days of our Lives (N)                   | The Talk (N) 0 50                         | The First 48 50         | General Hospital (N) 0      | Days of our Lives (N)                     | The Talk (N) 0 50                               | Heartland 50 (DVS)   | Rated A Kid vs. Kat    | 24 CH 50  | Anderson Live 0 50        | NeverEver             | Sonny Random          | Katie 0 50             | DEA 0                               | 3rd Rock                |
| 2 PM  | King                                   | The Talk (N) 0 50                                | Big Bear Dinosaur               | Barney WordWorld        | Katie 0 50                              | Let's Make a Deal (N)                     | The First 48 50         | The Jeff Probst Show        | The Talk (N) 0 50                         | The Ricki Lake Show                             | Steven and Chris 50  | Almost Super Evil      | Off Record Interruption                                 | Dr. Phil 0 50             | Myth-Busters 0 50     | So Raven Suite/Deck   | CityNews at 5 (N) 50   | DEA 0                               | Roseanne                |
| 3 PM  | The Office                             | The Ricki Lake Show                              | Rob Robot Clifford              | Sid WordGirl            | Ellen DeGeneres Show                    | Dr. Phil 0 50                             | The First 48 50         | Rachael Ray 0 50            | The Ricki Lake Show                       | Young & Restless                                | Coronation Stefano   | Squirrel Sidekick      | SportsCentre (N) 50                                     | The Dr. Oz Show (N) 0     | How/Made              | Wizards ANT Farm      | CityNews at 6 (N) 50   | DEA 0                               | Live Here               |
| 4 PM  | Big Bang                               | Young & Restless                                 | G. Shrinks Arthur 0             | Wild Kratts Electric    | Jdg Judy                                | The Dr. Oz Show (N) 0                     | The First 48 50         | The Doctors 0 50            | Young & Restless                          | Early News Global Nat.                          | NHL Hockey: Conference Semifinal: Teams TBA. (N) 0 (Live) 50 | Parents Parents        | Hockey  | Ellen DeGeneres Show      | Daily Planet (N)      | Phineas Austin        | How I Met 30 Rock      | DEA "Deadly Chase"                  | Four Houses Canada      |
| 5 PM  | Browns                                 | News (N) 50                                      | Martha Wild Kratts              | News Business           | News NBC News                           | News CBS News                             | The First 48 50         | News ABC News               | Early News Global Nat.                    | (4:59) News Hour                                | Semifinal: Teams TBA. (N) 0 (Live) 50                        | Parents Parents        | NBA Basketball: Conference Semifinal: Teams TBA. (N) 50 | CTV News at Five (N)      | Texas Car Wars (N) 0  | Jessie 50             | Raising Good Luck      | IMPACT Wrestling (N) 0 50           | Friends 0               |
| 6 PM  | Browns                                 | Global Nat. News                                 | Animals Can. Rivers             | PBS News-Hour (N) 50    | Millionaire                             | KREM 2 News at 6 (N)                      | The First 48 50         | News                        | (5:59) News Hour (N)                      | ET Canada Ent                                   | Victorious Mr. Young   | Mr. Young              |   | CTV News (N) 0 50         | Overhaul'n (N) 0 50   | ANT Farm Shake It     | Person of Interest 50  | Fraser 0                            |                         |
| 7 PM  | Seinfeld 0                             | Ent  | Ancient Clues                   | Health Matt. Wheel      | Jeopardy! Access H.                     | Inside Ed. Access H.                      | The First 48 50         | Ent Insider                 | Ent ET Canada                             | Elementary Sherlock reels when Irene reappears. | News 22 Minutes  | Mr. Young              | SportsCentre (N) (Live) 50                              | Big Bang etalk (N)        | Weed Country (N) 50   | Good Luck Next Step   | (7:01) Scandal 0 50    | Movie: ** "Doom" (2005) The Rock. 0 | Roseanne                |
| 8 PM  | Family Guy                             | King "Alicia Pratta" 0                           | Earth Changed History           | New Tricks 0 50         | The Office (N) 0                        | Big Bang (8:01) The First 48 50           | (8:01) The First 48 50  | Wipeout (N) 0 50            | King "Alicia Pratta" 0                    |   |  | Splatalot              | Off Record  | Big Bang                  | River Monsters        | Good Luck Shake It    | CityNews-Tonight (N)   | DEA 0                               | ET Canada               |
| 9 PM  | Amer. Dad                              | (9:01) Elementary "The Woman; Heroine" 50 (2004) | Movie: ** "Jimi Hendrix" (1973) | Foyle's War "All Clear" | The Office "Finale" 0                   | (9:01) Elementary "The Woman; Heroine" 50 | (9:01) The First 48 50  | Grey's Anatomy 50           | (9:01) Elementary "The Woman; Heroine" 50 | (8:59) King 50 (DVS)                            | Doc Zone 50 (DVS)  | Gags                   | E:60 50   | Grey's Anatomy 50         | Overhaul'n 0 50       | Wingin' It Warthogs!  | Jimmy Kimmel Live (N)  | Jail 50                             | Friends 0               |
| 10 PM | Movie: ** "Surviving Christmas" (2004) |  |                                 | Eisenhower-Wr           | (10:01) Hannibal (N) 0                  | (10:01) The First 48 50                   | (10:02) Scandal 0 50    |                             | News Hour Final (N)                       | News Hour Final (N)                             | National   | Boys Mr. Young         | SportsCentre (N) 50                                     | Motive 0 50 (DVS)         | Weed Country 0 50     | Lizzie So Raven       | Maury (N) 0 50         | Jail 50                             | Fraser 0                |
| 11 PM | "Biker"                                | CHBC News Final (N)                              | Ancient Clues                   | Charlie Rose (N) 50     | News Jay Leno                           | News Letterman                            | (11:01) The First 48 50 | News J. Kimmel              | News Hour Final (N)                       | ET Canada J. Probst                             | CBC News George S  | Weird Splatalot        | SportsCentre 50   | CTV News                  | Texas Car Wars 50     | Cory Princess         | Paid Prog. Paid Prog.  | Jail 50                             | 3rd Rock                |

FRIDAY, MAY 17, 2013

|       | WTBS ch.3                                | CHBC ch.4             | KNOW ch.5                                      | KSPS ch.6  | KHQ ch.7                                  | KREM ch.8                 | A&E ch.9                 | KXLY ch.10                    | BCTV ch.11              | CITY ch.12              | CBC ch.13  | YTV ch.18                  | TSN ch.19   | VTV ch.22                 | DISC ch.24            | FAM ch.26                       | CITY ch.29             | SPIKE ch.44         | TROP ch.45              |
|-------|--|-----------------------|--|--|---|---------------------------|--------------------------|-------------------------------|-------------------------|-------------------------|--|----------------------------|---|---------------------------|-----------------------|---------------------------------|------------------------|---------------------|-------------------------|
| 6 AM  | In the Heat of the Night                 | Morning News (N) 50   | Timothy HI-5 50                                | Builder Clifford                                   | KHQ News 6AM (N)                          | KREM 2 Morning News       | The Glades 50            | News                          | Morning News (N) 50     | (5:00) Morning News (N) | CBC News Now (N) 0   | Kid vs. Kat Super Evil     | SportsCentre 50   | CTV Morning Live (N) 0 50 | Salvage Hunters 50    | Stella-Sam Hannah               | CityLine (N) 50        | Bar Rescue 0        | Security                |
| 7 AM  | Justice                                  | Justice               | Arthur 0                                       | Arthur   | Today Mark Bittman: Zoe Saldana. (N) 0 50 | CBS This Morning (N) 0 50 | The Glades 50            | Good Morning America (N) 0 50 |                         |                         | Tiger  | Yu-Gi-Oh!                  | SportsCentre 50   |                           | Nerve Center 50       | Shake It ANT Farm               | Let's Make a Deal (N)  | Bar Rescue 0        | Earth: Final Conflict 0 |
| 8 AM  | Judge Alex                               | Judge Alex            | Tree Fu Dinosaur                               | Curious Cat in the                                 |   |                           | The Glades 50            |                               |                         | Morning Huntley         | Bo On/Go   | Pokémon Super Evil         | SportsCentre 50   |                           | Myth-Busters 0 50     | Jessie 50                       | The Price Is Right (N) | Bar Rescue 0        | Outlaw Bikers 0 50      |
| 9 AM  | Millionaire                              | Morning Millionaire   | Pinky  | Super Why!   |   |                           | The 700 Club 0 50        | The Glades 50                 | Level Kelly and Michael | Morning Huntley         | Super Why!   | Rescue                     | SportsCentre 50   | Level Kelly and Michael   | Jungle Gold 0 50      | Mickey Manny                    | Access Hollywood Live  | Bar Rescue 0        | Security                |
| 10 AM | Law Order: CI                            | The Doctors 0 50      | Doggy Franklin                                 | Sesame Street 0                                    |   |                           | The Price Is Right (N)   | The Glades 50                 | The View 0 50           | The Doctors 0 50        | Design Inc. Debt/Part  | Poko 50                    | Squirrel  | The View 0 50             | How/Made              | Never Land                      | The Chew 0 50          | Bar Rescue 0        | Gold Girls              |
| 11 AM | Law Order: CI                            | Design Inc. Debt/Part | Rolie Polle Dive, Olly                         | Tiger Sit & Be Fit                                 | Judge B. Judge B.                         | Young & Restless          | The Glades 50            | Paid Prog. Paid Prog.         | Design Inc. Debt/Part   | Noon News Hour          | Steven and Chris 50  | Rescue Super Evil          | High School Basketball                                  | Marilyn Denis             | Mighty Ships          | Suite Life Suite/Deck           | General Hospital (N) 0 | Bar Rescue "Chumps" | Friends 0               |
| 12 PM | Excused                                  | Noon News Hour (N)    | Dino Dan Rob Robot                             | Charlie Rosa (N) 50                                | Paid Prog. Paid Prog.                     | News Bold                 | The Glades 50            | The Chew 0 50                 | Noon News Hour (N)      | Days of our Lives (N)   | CBC News Now (N) 0   | Kid vs. Kat Squirrel       | E:60 50   | CTV News (N) 0 50         | Overhaul'n 0 50       | Wizards Hannah                  | CityLine 50            | Bar Rescue 0        | King                    |
| 1 PM  | There Yet?                               | Days of our Lives (N) | Save-Ums! Wibbly Pig                           | Color Scrapbook                                    | Days of our Lives (N)                     | The Talk (N) 0 50         | The Glades "Islandia" 50 | General Hospital (N) 0        | Days of our Lives (N)   | The Talk (N) 0 50       | Heartland 50 (DVS)   | Rated A Kid vs. Kat        | Premier Poker   | Anderson Live 0 50        | Weed Country 0 50     | Sonny Random                    | Katie 0 50             | Bar Rescue 0        | 3rd Rock                |
| 2 PM  | King                                     | The Talk (N) 0 50     | Big Bear Dinosaur                              | Barney WordWorld                                   | Katie 0 50                                | Let's Make a Deal (N)     | The Glades 50            | The Jeff Probst Show          | The Talk (N) 0 50       | The Ricki Lake Show     | Steven and Chris 50  | Almost Super Evil          | Off Record Interruption                                 | Dr. Phil 0 50             | Texas Car Wars 50     | So Raven Suite/Deck             | CityNews at 5 (N) 50   | Bar Rescue 0        | Roseanne                |
| 3 PM  | The Office                               | The Ricki Lake Show   | Rob Robot Clifford                             | Sid WordGirl                                       | Ellen DeGeneres Show                      | Dr. Phil 0 50             | Duck D. Duck D.          | Rachael Ray 0 50              | The Ricki Lake Show     | Young & Restless        | Coronation Stefano   | Squirrel Sidekick          | SportsCentre (N) 50                                     | The Dr. Oz Show (N) 0     | How/Made              | Wizards ANT Farm                | CityNews at 6 (N) 50   | Bar Rescue 0        | Outlaw Bikers 0 50      |
| 4 PM  | Big Bang                                 | Young & Restless      | G. Shrinks Arthur 0                            | Wild Kratts Biz Kid\$                              | Jdg Judy                                  | The Dr. Oz Show (N) 0     | Storage                  | The Doctors 0 50              | Young & Restless        | Early News Global Nat.  | NHL Hockey: Conference Semifinal: Teams TBA. (N) 0 (Live) 50 | Kung Fu                    | Hockey  | Ellen DeGeneres Show      | Daily Planet (N)      | Phineas Jessie 50               | How I Met 30 Rock      | Bar Rescue 0        | Security                |
| 5 PM  | Browns                                   | News (N) 50           | Martha Wild Kratts                             | News Business                                      | News NBC News                             | News CBS News             | Storage                  | News ABC News                 | Early News Global Nat.  | (4:59) News Hour        | Semifinal: Teams TBA. (N) 0 (Live) 50                        | Kung Fu                    | NBA Basketball: Conference Semifinal: Teams TBA. (N) 50 | CTV News at Five (N)      | NeverEver             | Jessie 0 50                     | Cougar 30 Rock         | Bar Rescue 0        | Friends 0               |
| 6 PM  | Browns                                   | Global Nat. News      | Animals Parks                                  | PBS News-Hour (N) 50                               | Millionaire                               | KREM 2 News at 6 (N)      | Storage                  | News                          | (5:59) News Hour (N)    | ET Canada Ent           | SpongeBob  | SpongeBob                  |   | CTV News (N) 0 50         | Last Car Standing     | Jessie (N)                      | Curb Seed 0            | Bar Rescue 0        | King                    |
| 7 PM  | Seinfeld 0                               | Ent                   | Wild Coasts (N)                                | Wash Need  | Jeopardy! Wheel                           | Inside Ed. Access H.      | Storage                  | Ent Insider                   | Ent ET Canada           | 16x9 (N) 50             | News 22 Minutes  | Knights of Bloodsteel 0 50 | SportsCentre (N) (Live) 50                              | Big Bang etalk (N)        | Mayday (N) 50         | Next Step Jessie 50             | Mantracker 50 (DVS)    | Deadliest Warrior   | Roseanne                |
| 8 PM  | Family Guy                               | Take It All 0 50      | Ballykissangel (N) 50                          | Doc Martin 0 50                                    | Dateline NBC (N) 0 50                     | Undercover Boss 50        | Storage                  | Shark Tank (N) 0              | Take It All 0 50        | Take It All 0 50        | M'ketplace Mercer  |                            | Off Record  | Undercover Boss 50        | KKK: Beneath the Hood | "Princess Protection Program" 0 | CityNews-Tonight (N)   | Deadliest Warrior   | DEB/Part ET Canada      |
| 9 PM  | Amer. Dad                                | Bones 50 (DVS)        | Polrot "Dumb Witness" Speedboat-racing friend. | Great Performances at the Met "Rigoletto" (N) 0 50 |   | Undercover Boss 50        | Storage                  | Shark Tank 50 (DVS)           | Bones 50 (DVS)          | Bones 50 (DVS)          | fifth estate   | Mr. Young                  | E:60 50   | Shark Tank 50 (DVS)       | Last Car Standing     | Jessie 50                       | Jimmy Kimmel Live (N)  | Ways Die            | Friends 0               |
| 10 PM | Movie: ** "Biker Boyz" (2003) Derek Luke | 16x9 (N) 50           |  |  | Rock Center                               | 48 Hours (N) 0 50         | Storage                  | 20/20 (N) 0 50                | 16x9 (N) 50             | News Hour Final (N)     | National   | Mr. Young                  | SportsCentre 50   | Blue Bloods 0 50          | NeverEver             | Movie: ** "Go Figure" (2005)    | Maury (N) 0 50         | Bar Rescue 0        | King                    |
| 11 PM | "Daddy"                                  | CHBC News Final (N)   | Architects of Change                           | Midwife  | News Jay Leno                             | News Letterman            | Storage                  | News J. Kimmel                | News Hour Final (N)     | ET Canada J. Probst     | CBC News George S  | Boys                       | SportsCentre 50   | CTV News                  | Mayday 50             | Princess                        | Paid Prog. Paid Prog.  | Ways Die            | 3rd Rock                |

# News Leader Weekend - Saturday Movies

**MORNING**

8:00 am WTBS ch.3 "Daddy's Little Girls" (2007, Romance) Gabrielle Union. An unexpected romance blooms between a struggling mechanic and the attorney who is representing him in a custody battle for his young daughters.

TROP ch.45 "Diamonds Are Forever" (1971, Action) Sean Connery. James Bond, Agent 007, saves the world from Blofeld's space laser and bikini-clad amazons Bambi and Thumper. (In Stereo) (CC)

10:00 am WTBS ch.3 "Prince of Persia: The Sands of Time" (2010, Adventure) Jake Gyllenhaal. A prince and princess confront dark forces as they attempt to safeguard an ancient dagger that can reverse time and allow its possessor to rule the world.

A&E ch.9 "Signs" (2002, Suspense) Mel Gibson. With the help of his brother, a Pennsylvania investigator the appearance of 500-foot-diameter circles in his crop fields. (CC)

10:30 am TROP ch.45 "Never Say Never Again" (1983, Action) Sean Connery. Aging agent 007 seeks hijacked warheads and finds SPECTRE's Largo and Fatima Blush. (In Stereo) (CC)

11:00 am KXLY ch.10 "Daddy Day Care" (2003, Comedy) Eddie Murphy. After company downsizing, two former executives decide to open a day-care center for kids in their neighborhood.

**AFTERNOON**

12:00 pm FAM ch.26 "Den Brother" (2010, Comedy) Hutch Dano. Suspended from his hockey team, a teenager becomes a substitute leader for his sister's Girl Scout troop. (In Stereo) (CC)

5:00 pm WTBS ch.3 "Transporter 3" (2008, Action) Jason Statham. Mob courier Frank Martin and the subject of his assignment, a cynical Ukrainian woman, are fitted with shackles that will explode if they wander too far from his car.

TROP ch.45 "Diamonds Are Forever" (1971, Action) Sean Connery. James Bond, Agent 007, saves the world from Blofeld's space laser and bikini-clad amazons Bambi and Thumper. (In Stereo) (CC)

**EVENING**

6:00 pm FAM ch.26 "Tangled" (2010, Musical Comedy) Voices of Mandy Moore. Premiere. Animated. Crowned with 70 feet of magical golden hair, Rapunzel strikes a deal with a charming thief to spring her from her prison tower. (In Stereo) (CC)

CITY ch.29 "45 R.P.M." (2008, Drama) Michael Madsen. Luke hears a radio broadcast and discovers love, loss, and the magic of rock and roll. (CC)

7:00 pm WTBS ch.3 "Minority Report" (2002, Science Fiction) Tom Cruise. A policeman tries to establish his innocence in a future where law enforcement can arrest killers before their crimes.

8:00 pm KSPS ch.6 "Call Northside 777" (1948, Crime Drama) James Stewart. A Chicago newsman digs up the story of a scrubwoman's son framed for murder. (In Stereo) (CC)

9:00 pm FAM ch.26 "Sharpay's Fabulous Adventure" (2011, Comedy-Drama) Ashley Tisdale. Sharpay and her dog, Boi, go to New York City and overcome the odds to find success in the dog-eat-dog world of theater. (In Stereo) (CC)

TROP ch.45 "Never Say Never Again" (1983, Action) Sean Connery. Aging agent 007 seeks hijacked warheads and finds SPECTRE's Largo and Fatima Blush. (In Stereo) (CC)

10:00 pm WTBS ch.3 "Minority Report" (2002, Science Fiction) Tom Cruise. A policeman tries to establish his innocence in a future where law enforcement can arrest killers before their crimes.

CITY ch.29 "Flipper" (1996, Adventure) Elijah Wood. A surly

child of divorce staying with an hippie uncle saves a dolphin from men dumping toxic waste into Florida Keys waters. (CC)

10:31 pm FAM ch.26 "Read It and Weep" (2006, Comedy) Kay Panabaker. A schoolgirl's private journal becomes a best-seller after she accidentally hands it in as a homework assignment. (In Stereo) (CC)

## Friday Movies

**EVENING**

8:00 pm FAM ch.26 "Princess Protection Program" (2009, Comedy) Selena Gomez. After a military takeover, a princess assumes a new identity and stays with a covert agent and his daughter. (In Stereo) (CC)

9:30 pm WTBS ch.3 "Biker Boyz" (2003, Action) Laurence Fishburne. A young prodigy threatens the undefeated champion of an underground club of motorcycle racers.

10:00 pm FAM ch.26 "Go Figure" (2005, Drama) Jordan Hinson. A teenage figure skater must join the girls' hockey team to obtain a scholarship at the school of a renowned coach. (In Stereo) (CC)

11:30 pm WTBS ch.3 "Daddy's Little Girls" (2007, Romance) Gabrielle Union. An unexpected romance blooms between a struggling mechanic and the attorney who is representing him in a custody battle for his young daughters.

# newsbc.ca

LOCAL - REGIONAL - NATIONAL - WORLD NEWS

**SATURDAY, MAY 18, 2013**

|       | WTBS ch.3  | CHBC ch.4                               | KNOW ch.5       | KSPS ch.6 | KHQ ch.7  | KREM ch.8        | A&E ch.9                 | KXLY ch.10           | BCTV ch.11   | CITY ch.12                         | CBC ch.13   | YTV ch.18   | TSN ch.19                | VTV ch.22                | DISC ch.24                              | FAM ch.26  | CITY ch.29             | SPIKE ch.44      | TROP ch.45  |
|-------|--|---|-----------------|-----------|---|------------------|--------------------------|----------------------|--|------------------------------------|---|---|--------------------------|--------------------------|---|--|------------------------|------------------|---|
| 6 AM  | Paid Prog.                                       | Canadian                                | Little Bear     | Heartland | (5:00) Today (N) (CC)                                   | CBS This Morning | Fix-Yard                 | Paid Prog.           | Canadian   | Saturday Morning News Shane Jones. | Monster   | Kid vs. Kat   | Hockey                   | Juicebox (N) (CC)        | Dangerous Flights                       | Wingin' It   | Kitchen                | Xtreme 4x4       | Casino  |
| 7 AM  | Paid Prog.                                       | Saturday Morning News Lynn              | Rob Robot       | MotorWeek | KHQ News Saturday (N) (CC)                              | Doodlebop        | Sell: Extreme            | Good Morning America | Saturday Morning News Lynn   | Animal                             | Rated A   | Cat In the Hat  | Super Why!               | Sidekick                 | Last Car Standing                       | Hannah   | Eye/Asla               | Trucks! (N) (CC) | Food  |
| 8 AM  | Movie: ** "Daddy's Little Girls" (2007)          | Collier, Welsa Wong, & Jay Janower. (N) | Art Attack      | Woodsmith |   | Doodlebop        | Flip This House (N) (CC) | Hanna                | Collier, Welsa Wong, & Jay Janower. (N)                            | Doodlebop                          | Squirrel  | Squirrel  |                          | Anne                     | Mayday (N) (CC)                         | Wizards  | Polish Studio (N) (CC) | Tenants          | Movie: *** "Diamonds Are Forever" (1971) Sean Connery.  |
| 9 AM  |  |   | G. Shrinks      | Rough Cut |   | Busytown         | Flip This House (N) (CC) | Ocean                |  | Cross                              | Squirrel  | Sports  |                          | Hobo                     | Dog                                     | Good Luck  | EP Weekly              | Tenants          |   |
| 10 AM | Movie: *** "Prince of Persia: The Sands of Time" | Fishn                                   | Upside          | Old House | NHL Hockey: Conference Semifinal: Teams TBA. (N) (Live) | Liberty          | Flip This House (N) (CC) | Explore              | Driving TV   | Absolutely Canadian (N) (CC)       | SpongeBob   | Sports  | Canada AM Weekend        | Dangerous Flights        | Good Luck                               | EP Weekly  | Tenants                |                  |   |
| 11 AM |  |   | Arthur (N) (CC) | Old House |   | Liberty          | Flip This House (N) (CC) | Rescue               | Fishing  | Parents                            | Hockey: 2013 IIHF World Championships, Second Semifinal: Teams TBA. |   | World Vision (N) (CC)    | Mayday (N) (CC)          | ANT Farm                                | Tow Biz  | Tenants                |                  | Movie: *** "Never Say Never Again" (1983) Sean Connery. |
| 12 PM |  |   | Old House       |           |   | Liberty          | Flip This House (N) (CC) | Rescue               | Powerboat  | Geologic Journey (N) (CC)          | Kung Fu Turtles   |   | Is Written               | Deadliest Catch (N) (CC) | Austin                                  | Shopping Channel (N) (CC)                              | Tenants                |                  |   |
| 1 PM  |  |   | Old House       |           |   | Liberty          | Flip This House (N) (CC) | Rescue               | Ice Pilots NWT (N) (CC)  | fifth estate                       | Beyblade  |   | Operation Smile (N) (CC) | Finding Bigfoot (N) (CC) | Movie: "Den Brother" (2010) (N) (CC)    | Shopping Channel (N) (CC)                              | Tenants                |                  |   |
| 2 PM  |  |   | Old House       |           |   | Liberty          | Flip This House (N) (CC) | Rescue               | PGA Tour Golf: HP Byron Nelson Championship, Third Round. (N) (CC) | Recipes                            | Pokémon   |   | Dr. Maria & (N) (CC)     | Shipwreck Men            | Gravity                                 | Tow Biz  | Tenants                |                  |   |
| 3 PM  |  |   | Old House       |           |   | Liberty          | Flip This House (N) (CC) | Rescue               | PGA Tour Golf: HP Byron Nelson Championship, Third Round. (N) (CC) | Lang & O'Leary                     | Yu-Gi-Oh!   |   | Cash Cab                 | Cash Cab                 | Good Luck                               | CityNews Weekends                                      | Ways Die               |                  |   |
| 4 PM  |  |   | Old House       |           |   | Liberty          | Flip This House (N) (CC) | Rescue               | PGA Tour Golf: HP Byron Nelson Championship, Third Round. (N) (CC) | National                           | Pokémon   |   | Cash Cab                 | How/Made                 | Next Step                               | CityNews Weekends                                      | Ways Die               |                  |   |
| 5 PM  |  |   | Old House       |           |   | Liberty          | Flip This House (N) (CC) | Rescue               | PGA Tour Golf: HP Byron Nelson Championship, Third Round. (N) (CC) | NHL Hockey (N) (Live) (CC)         | Mr. Young   | NASCAR  | Celebrity                | Cash Cab                 | Jessie (N) (CC)                         | Get Stuffed  | Ways Die               |                  |   |
| 6 PM  |  |   | Old House       |           |   | Liberty          | Flip This House (N) (CC) | Rescue               | PGA Tour Golf: HP Byron Nelson Championship, Third Round. (N) (CC) | Mr. Young                          | NASCAR  | Racing From Charlotte Motor Speedway in Concord, N.C. (N) (Live) (CC) | etalk (N) (CC)           | Last Car Standing        | Shake It                                | Murdoch Mysteries (N) (CC)                             | Ways Die               |                  |   |
| 7 PM  |  |   | Old House       |           |   | Liberty          | Flip This House (N) (CC) | Rescue               | PGA Tour Golf: HP Byron Nelson Championship, Third Round. (N) (CC) | Mr. Young                          | NASCAR  | Speedway in Concord, N.C. (N) (Live) (CC)                             | App                      | Shake It                 | Shake It                                | Murdoch Mysteries (N) (CC)                             | Ways Die               |                  |   |
| 8 PM  |  |   | Old House       |           |   | Liberty          | Flip This House (N) (CC) | Rescue               | PGA Tour Golf: HP Byron Nelson Championship, Third Round. (N) (CC) | Mr. Young                          | NASCAR  | Speedway in Concord, N.C. (N) (Live) (CC)                             | CTV News (N) (CC)        | Deadliest Catch (N) (CC) | Movie: *** "Tangled" (2010)             | Movie: *** "45 R.P.M." (2008) Michael Madsen. (N) (CC) | Ways Die               |                  |   |
| 9 PM  |  |   | Old House       |           |   | Liberty          | Flip This House (N) (CC) | Rescue               | PGA Tour Golf: HP Byron Nelson Championship, Third Round. (N) (CC) | Mr. Young                          | NASCAR  | Speedway in Concord, N.C. (N) (Live) (CC)                             | W5 (N) (DVS)             | River Monsters           | Jessie (N) (CC)                         | Ways Die   |                        |                  |   |
| 10 PM |  |   | Old House       |           |   | Liberty          | Flip This House (N) (CC) | Rescue               | PGA Tour Golf: HP Byron Nelson Championship, Third Round. (N) (CC) | Mr. Young                          | NASCAR  | Speedway in Concord, N.C. (N) (Live) (CC)                             | Saving Hope (N) (DVS)    | To Be Announced          | Sonny                                   | CityNews Weekends                                      | Ways Die               |                  |   |
| 11 PM |  |   | Old House       |           |   | Liberty          | Flip This House (N) (CC) | Rescue               | PGA Tour Golf: HP Byron Nelson Championship, Third Round. (N) (CC) | Mr. Young                          | NASCAR  | Speedway in Concord, N.C. (N) (Live) (CC)                             | Flashpoint (N) (DVS)     | Deadliest Catch (N) (CC) | "Sharpay's Fabulous Adventure" (N) (CC) | The Office   | To Be Announced        |                  |   |
|       |  |   | Old House       |           |   | Liberty          | Flip This House (N) (CC) | Rescue               | PGA Tour Golf: HP Byron Nelson Championship, Third Round. (N) (CC) | Mr. Young                          | NASCAR  | Speedway in Concord, N.C. (N) (Live) (CC)                             | The Listener (N) (DVS)   | Last Car Standing        | (10:31) Movie: "Read It and Weep"       | Movie: *** "Flipper" (1996) Elijah Wood.               | Ways Die               |                  |   |





# Monday Movies

## MORNING

9:00 am SPIKE ch.44 "Braveheart" (1995, Historical Drama) Mel Gibson. Enraged by the killing of his wife, Scotsman William Wallace leads a revolt against the tyrannical English king in the 13th century. (In Stereo) (CC)

## AFTERNOON

1:30 pm SPIKE ch.44 "Cinderella Man" (2005, Biography) Russell Crowe. Despite a string of losses and injuries, boxer Jim Braddock makes a dramatic comeback and faces champion Max Baer. (In Stereo)

## EVENING

8:00 pm CHBC ch.4 BCTV ch.11 CITY ch.12 "Salt" (2010, Action) Angelina Jolie. After a defector accuses her of spying for the Russians, a CIA officer goes on the run and tries to come up with a way to establish her innocence. (CC) (DVS)

SPIKE ch.44 "127 Hours" (2010, Drama) James Franco. Premiere. After his arm becomes pinned by a boulder in a remote canyon, mountaineer Aron Ralston must do the unthinkable in order to survive. (In Stereo)

9:30 pm WTBS ch.3 "Drillbit Taylor" (2008, Comedy) Owen Wilson. Three friends hire a homeless soldier-of-fortune to protect them from the school bully.



This well-known local landmark, a giant mural by Princeton's Herb Castle, along the Trans-Canada Trail will be relocated this summer. Watch for it to appear at a different location still visible from a section of the trail as it runs along the Similkameen River and Highway 5A. \*

## SUNDAY, MAY 19, 2013

|       | WTBS ch.3  | CHBC ch.4   | KNOW ch.5               | KSPS ch.6                                       | KHQ ch.7  | KREM ch.8   | A&E ch.9   | KXLY ch.10                                    | BCTV ch.11  | CITY ch.12  | CBC ch.13   | YTV ch.18                        | TSN ch.19                                   | VTV ch.22                               | DISC ch.24                      | FAM ch.26   | CITY ch.29                                | SPIKE ch.44                               | TROP ch.45                                      |
|-------|--|---|-------------------------|---|---|---|--|---|---|---|---|----------------------------------|---|---|---------------------------------|---|---|---|---|
| 6 AM  | Think Big  | In a Name   | Little Bear             | Mr. Rogers                                      | Today (N)   | Paid Prog.  | Criminal Minds                                   | Matthews                                      | In a Name   | Sunday Morning News (N)                                       | Super Why!  | Kid vs. Kat                      | Sports                                      | Hobo                                    | Licence to Drill                | Wingin' It  | R Schuller                                | Xtreme 4x4                                | Fishful   |
| :30   | Mad About  | Inventors   | WordWorld               | Signng  | Today (N)   | Paid Prog.  | Criminal Minds                                   | On Money                                      | Inventors   | Sunday Morning News (N)                                       | Poko  | Super Evil                       | Hockey                                      | Hobo                                    | Licence to Drill                | Sulte/Deck  | ChurchRck                                 | Horse.                                    | Paid Prog.                                      |
| 7 AM  | Career Day   | Sunday Morning News (N)                                   | Rob Robot               | Wild  | KHQ News  | CBS News Sunday Morning (N)                                   | Criminal Minds                                   | Good Morning America                          | Sunday Morning News (N)                                       |   | Animal  | Squirrel                         |   | Lovett-Reid                             | To Be Announced                 | Hannah  | Eye/Asia                                  | Trucks!                                   | Movie: ***                                      |
| :30   | P. Affairs   |   | Rolie Polie             | Clifford  | Invest  | CBS News Sunday Morning (N)                                   | Criminal Minds                                   | This Week                                     |   |   | Artzooka  | Pet Shop                         |   | Dr. Marla &                             |                                 | Sonny   | Dhartl                                    | MuscleCar                                 | "Never Say Never Again"                         |
| 8 AM  | Movie: **  |   | Tree Fu                 | Curlous   | Meet the Press (N)                                      | The Nation  | Criminal Minds "Coda"                            |   |   |   | Coronation  | Littlest Pet Shop (N)            |   | Question Period (N)                     |                                 | Wizards   | Pakistan                                  | Repo                                      | (1983) Sean Connery.                            |
| :30   | "Zoom" (2006, Comedy) Tim Allen.                   |   | G. Shrinks              | Cat in the                                      |   |   |  |   |   |   | Coronation  | Shop (N)                         |   |   | Dog                             | Festival Italiano di Johnny Lombardi (In Italian) | Repo                                      |   |   |
| 9 AM  |  |   | Magic Bus               | SciGirls  | Justin  | Paid Prog.  | Bates Motel                                      | Storms  |   | Block   | Coronation  | Winx Club                        |   | Operation Smile                         | Flying Wild Alaska              | Good Luck   |   | Movie: "Dodgeball: A True Underdog Story" |   |
| :30   |  |   | Arthur                  | Impact  | Paid Prog.  | Train101  |  | Storms  |   | Context   | Coronation  | SpongeBob                        | Reporters                                   |   |                                 | Wingin' It  |   |   |   |
| 10 AM | Movie: **  | Block   | Wild Kratts             | Inside Olympia                                  | Cycling: Tour of California, Stage 8. (N)               | All Vincent   | Bates Motel                                      | Paid Prog.                                    | Block   | J. Osteen   | Coronation  | Parents                          | Score Golf                                  | Corner Gas                              | Gold Rush                       | ANT Farm  |   | Movie: ***                                |   |
| :30   | "Primeval" (2007) Dominic Purcell.                 | Context   | Little                  | Inside  |   | Motion  |  | Top Chef                                      | Context   | Ministries  | M'ketchup   | Parents                          | Hockey                                      | Corner Gas                              | Jessie                          |   | Shopping Channel                          | Majesty's Secret Service" (1969)          |   |
| 11 AM |  | J. Osteen   | Babar                   | Europe Jrnl                                     |   | Cash Cab  | Shipping   | Paid Prog.                                    | J. Osteen   | 16x9  | Steven and Chris                                  | Zolnk'd'l                        | Hockey: 2013 IJHF World                     | App                                     | Yukon Men                       | Austin  | Travels                                   | Movie: ** "Super Troopers" (2001)         |   |
| :30   |  | In Touch  |                         |   |   | Whacked   | Shipping   | XTERRA  | In Touch  |   |   | Babysitting                      | World                                       | etalk                                   | Shake It                        | Shake It  | Get Stuffed                               |   |   |
| 12 PM | Movie: **  | News  | Animals                 | Moyers & Company                                | NHL Hockey: Conference Semifinal: Teams TBA. (N) (Live) | PGA Tour Golf: HP Byron Nelson Championship, Final Round. (N) | Shipping   | NBA   | News  | PGA Tour Golf: HP Byron Nelson Championship, Final Round. (N) | Land/ Sea   | Splatalot                        | Championships, Gold Medal Game: Teams TBA.  | First Story                             | Mighty Ships                    | Movie: ** "Starstruck" (2010)                     | Murdoch Mysteries                         | Movie: "Dodgeball: A True Underdog Story" | Movie: "On Her Majesty's Secret Service" (1969) |
| :30   | "Delta Farco" (2007) Bill Engvall                  | PGA Tour Golf: HP Byron Nelson Championship, Final Round. | Animals                 | Health Matt.                                    |   | Shipping  | NBA  | Shipping                                      | PGA Tour Golf: HP Byron Nelson Championship, Final Round. (N) | One/One   | Zolnk'd'l   | Mr. Young                        | Game: Teams TBA.                            | Canada's Worst Driver                   | Auction                         | Phineas   | Murdoch Mysteries                         | Instant                                   |   |
| 1 PM  |  | Our Part  | Rescue                  | Great Performances at the Met                   |   | Hoggers   | Basketball: Conference Semifinal: Teams TBA. (N) | Hoggers                                       |   | Q With Jian Ghomeshi  | Boys  | The Nature of Things             | Movie: *** "Rugrats in Paris: The Movie"    | SportsCentre (N)                        | Cash Cab                        | Fast N' Loud                                      | Gravity                                   | Murdoch Mysteries                         | Instant   |
| :30   |  | Rescue  | Ancient Clues           |   |   | Hoggers   |  | Hoggers                                       |   | The Nature of Things  | Boys  |                                  |   | Cash Cab                                | Cash Cab                        | ANT Farm  | Gravity                                   | Murdoch Mysteries                         | Instant   |
| 2 PM  | The Closer "Manhunt"                               | Ultimate Engineering                                      | Be the Creature         | "Rigoletto" (N)                                 | Insanity!   | Paid Prog.  | Hoggers  | XTERRA World Champ.                           | Ultimate Engineering  | Inventors   | Recipes   | Movie: *** "Open Season" (2006)  | Hockey: 2013 RBC Cup: Teams TBA. (N) (Live) | Movie: "I Me Wed" (2007) Erica Durance. | Cash Cab                        | Good Luck   | CityNews                                  | Deadliest Warrior                         | Canadian Pickers                                |
| :30   |  | Big Bang  | Wild Coasts             | NW Prof   | Look Sexy   | Paid Prog.  | Hoggers  |   | Simpsons  | Simpsons  | Stefano   |                                  | TBA. (N) (Live)                             | To Be Announced                         | Jessie                          | Funniest Home Videos                              | Movie: "Dodgeball: A True Underdog Story" |   |   |
| 3 PM  | Big Bang   | Inventors   |                         |   | To Be Announced   | Backroads   | Duck D.  | Made In Hollywood (N)                         | Inventors   | Simpsons  | NHL Hockey (N) (Live)                             | Movie: ** "Open Season" (2006)   | Hockey: 2013 RBC Cup: Teams TBA. (N) (Live) | Movie: "I Me Wed" (2007) Erica Durance. | Cash Cab                        | Next Step   | CityNews                                  | Movie: "Dodgeball: A True Underdog Story" | Canadian Pickers                                |
| :30   | Big Bang   | Simpsons  |                         |   | Inside Edit.  | Duck D.   | Duck D.  |   | Simpsons  | Global Nat.   |   |                                  | 30 for 30 (N)                               | To Be Announced                         | Dog                             | Funniest Home Videos                              | Movie: "Dodgeball: A True Underdog Story" |   |   |
| 4 PM  | Big Bang   | Simpsons  |                         |   | News  | News  | Duck D.  | News  | Simpsons  | (4:59) News Hour (N)  |   | Movie: ** "Open Season 2" (2008) | 30 for 30 (N)                               | W5 (N) (DVS)                            | To Be Announced                 | Shake It  | 30 Rock                                   | Underdog Story"                           | Instant   |
| :30   | Big Bang   | Simpsons  |                         |   | NBC News  | CBS News  | Duck D.  | ABC News                                      | Global Nat.   |   |   | Movie: ** "Open Season 2" (2008) | 30 for 30 (N)                               | CTV News (N)                            | North America "Born to Be Wild" | Good Luck   | Cougar                                    | Deadliest Warrior                         | Movie: *** "The Spy Who Loved Me" (1977)        |
| 5 PM  | Movie: **  | Simpsons  | King George and         | Lark Rise to Candleford                         | News  | News  | Duck D.  | News  | Simpsons  | (5:59) News Hour (N)  | All-Star Celebrity Apprentice (Season Finale) (N) | Movie: ** "Open Season 2" (2008) | 30 for 30 (N)                               | CTV News (N)                            | North America "Born to Be Wild" | Really Me   | Curb                                      | Deadliest Warrior                         | Movie: *** "The Spy Who Loved Me" (1977)        |
| :30   | "Angels & Demons" (2009) Tom Hanks, Ewan McGregor. | News  | Frontiers of            | Doc Martin Social club.                         | Wheel   | KREM 2 News at 6 (N)  | Duck D.  | Estate  | (5:59) News Hour (N)  |   | To Be Announced                                   |                                  |   | CTV News (N)                            | North America "Born to Be Wild" | Wizards   | Murdoch Mysteries                         | Deadliest Warrior                         |   |
| 6 PM  |  | Global Nat.   |                         |   | The Voice The top 12 contestants perform.               | 60 Minutes (N)  | Storage  | Funniest Home Videos                          | Family Guy  |   |   |                                  |   | Big Bang                                | Big Bang                        | Sulte/Deck  |   |   |   |
| :30   |  | News  |                         |   |   | 60 Minutes (N)  | Storage  | The 2013 Billboard Music                      | The Simpsons  |   |   |                                  |   | Big Bang                                | Big Bang                        |   |   |   |   |
| 7 PM  |  | Family Guy  | Nasca Lines Decoded     | Call the Midwife                                | All-Star Celebrity Apprentice                           | ACM Presents: Tim McGraw's Summer Night                       | Duck D.  | Awards Festivities recognize popular artists. | Family Guy  |   |   |                                  |   | Splatalot                               | 30 for 30                       | Awards Festivities recognize popular artists.     | Movie: *** "Dadnapped" (2009)             | The Office                                | Movie: *** "Flipper" (1996) Elijah Wood.        |
| :30   |  | Nasca Lines Decoded                                       |                         |   |   | 60 Minutes (N)  | Storage  |   |   |   |   |                                  |   | Splatalot                               | 30 for 30                       |   |   |   |   |
| 8 PM  | Movie: ***   | The Simpsons  | Monarch of the Glen (N) | Masterpiece Classic "Mr. Selfridge: Part 8" (N) | All-Star Celebrity Apprentice                           | ACM Presents: Tim McGraw's Summer Night                       | Duck D.  | Awards Festivities recognize popular artists. | Family Guy  |   |   |                                  |   | Splatalot                               | 30 for 30                       | North America "Born to Be Wild"                   | Movie: *** "Dadnapped" (2009)             | The Office                                | Movie: *** "Flipper" (1996) Elijah Wood.        |
| :30   | "Sherlock Holmes" (2009, Action) Jude Law          | All-Star Celebrity Apprentice                             | Waking the Dead (N)     | DCI Banks "Strange Affair" (N)                  |   | 60 Minutes (N)  | Storage  |   | News Final  | Paid Prog.  | CBC News  | Babysitting                      | SportsCentre                                | CTV News                                | To Be Announced                 | Good Luck   | Cougar                                    | Deadliest Warrior                         | Movie: *** "The Spy Who Loved Me" (1977)        |
| 9 PM  |  | News Final  | Movie: "Jimi Hendrix"   | Ocean   | Joint Help  | Family Guy  | Storage  | Van Impe                                      | Block   | Paid Prog.  | fifth estate                                      | Splatalot                        | SportsCentre                                | CTV News                                | To Be Announced                 | Wizards   | Murdoch Mysteries                         | Deadliest Warrior                         |   |
| :30   |  | Block   |                         |   |   |   |  |   |   |   |   |                                  |   | CTV News                                | To Be Announced                 | Sulte/Deck  |   |   |   |
| 10 PM | Movie: ***   | News Final  | Movie: "Jimi Hendrix"   | Ocean   | Joint Help  | Family Guy  | Storage  | Van Impe                                      | Block   | Paid Prog.  | fifth estate                                      | Splatalot                        | SportsCentre                                | CTV News                                | To Be Announced                 | Wizards   | Murdoch Mysteries                         | Deadliest Warrior                         |   |
| :30   | "Blindside"  | News Final  | Movie: "Jimi Hendrix"   | Ocean   | Joint Help  | Family Guy  | Storage  | Van Impe                                      | Block   | Paid Prog.  | fifth estate                                      | Splatalot                        | SportsCentre                                | CTV News                                | To Be Announced                 | Wizards   | Murdoch Mysteries                         | Deadliest Warrior                         |   |
| 11 PM | Browns   | Block   |                         |   |   |   |  |   |   |   |   |                                  |   | CTV News                                | To Be Announced                 | Wizards   | Murdoch Mysteries                         | Deadliest Warrior                         |   |
| :30   |  | Block   |                         |   |   |   |  |   |   |   |   |                                  |   | CTV News                                | To Be Announced                 | Wizards   | Murdoch Mysteries                         | Deadliest Warrior                         |   |

# First Responders

## Hayes Creek Volunteer Fire Department

by Rob Miller  
Hayes Creek Fire Rescue

Hayes Creek Fire Rescue is a small, uncertified fire hall serving the Osprey, Chain, Link lakes area of approx 350 households, most of which are seasonal.

They have a pumper truck, a pumper 2,000 gallon tanker and a medical first responder truck and 20 volunteers.

The medical portion of the department was started by resident retired Vancouver Battalion Chief Don Moyes to serve Hayes Creek members at fire calls in case of injury and collapse and it quickly expanded to serve all residents in the fire district and now has six oxygen therapy units, two heart defibrillators, three aid trauma kits and a rescue boggan on tires and skis to access victims in remote areas and back country rescue in this large district.

The medical first responders are trained to Responder Level One and are recertified with a two day course every three years.

If a party calls 911 in Hayes Creek district for an ambulance, Kelowna dispatch sends out an ambulance and Hayes Creek first responder unit to the address at the same time.

Depending on travel distance from one of our members or the hall Hayes Creek is on scene with the patient in 3 to 12 minutes and an ambulance from Princeton or Summerland is on scene between 45 minutes to one hour.

The emergency could be an MVA, heart attack, stroke, shortness of breath, collapse, trauma, fractures, etc. and first responder protocol and forms are standard province-wide and involve the questions: "Am I safe?", "Are there hazards like live wires?", "Assault?... Crime scene... Self harm?... Suicide?... Preservation of evidence?" and are quickly done by first responders in scene assessment and then move on to introduction and asking permission to treat patient(s)...(all patients have a right to refuse treatment if conscious).

If permission is granted, move on to appropriate treatment by one first responder while a second records all patient data on a form to be passed on to ambulance crew and to stay with patient in primary medical care and includes name, address, medical card number, chief complaint, method of injury, medical history, patient medications, and vital signs...(oxygen percentage in blood, pulse, respiration, blood pressure, pain level, other injuries found, etc.).

Patient vitals are taken and recorded every ten minutes and when the higher trained ambulance crew arrives, they can see at a glance all this relevant information and see if the patient is going downhill or improving while the patient /first responder exchange protocol is being done.

The ambulance crew carries on with a higher level of patient care and first responders assist with spine board, chair cot, bed cot or whatever the ambulance crew asks of them and then they assist with loading patient and caring for personal affects. The ambulance crew, unlike our all volunteer, are a paid on call department so instead of sending 5 or 6 as we do they could send just 2 persons on a call and contact BCAS dispatch in Kamloops and 911 dispatch in Kelowna who dispatch these calls to smaller departments...and have Princeton only dispatched when no ambulance is available for Princeton city limit calls.

The average time from time of 911 call to patient reaching the nearest hospital in Penticton is about 4.5 hours with a stop in Princeton to stabilize patient and a 120 kilometre trip from there to Penticton.

So much for the "magic hour" of time of 911 call to meaningful medical intervention of a functioning ER and OR and diagnostics...but the first responder does provide primary medical care in just minutes and is a life saver in many heart attack or stroke or extreme trauma situations.

First Medical Responder is now carried on in the Osprey Lake area by trained folks who, like you reading this article, felt abandoned by their provincial government in closing Princeton Hospital, and felt a need to do what they could for themselves - and went beyond their

previous experiences and jobs and comfort level, got the training and are now the "pointy end" of primary medical care in their community with the satisfaction and pride of getting the job done and giving back to their community.

There are senior folks in this com-

munity who had their homes for sale as they felt they needed to leave the area, and this first responder service has given them some sense of comfort and knowledge that positive help is close at hand and the "magic hour" is again in place.



- photo submitted -

## Hayes Creek Fire Rescue

Serving Osprey, Chain and Link Lakes Area

## Mining News

### Sego Resources

Sego Resources Inc. ("Sego") is announced May 8th that it has contracted Precision GeoSurveys Inc. to fly a helicopter-borne high resolution aeromagnetic and radiometric survey over its Miner Mountain Property. The survey will consist of 230 kilometres, of 100m spacing covering the entire area of the project, and 63 kilometres of 50m spacing co-incident with the area of the 2009 Titan 24 IP survey and the 2008-2012 drilling. The survey will commence this month and the data should be available by month end. The data will be used to define drill targets for the 2,000m June drilling program.

The 50 metre spacing detailed survey will cover the Granby, and Cuba Zones where exploration has discovered widespread copper-gold ± silver mineralization hosted with alkalic copper-gold porphyry style alteration.

Highlights include 64.24m of 0.46% Cu, 0.14 G/T Au and 2.58 G/T Ag in DDH 04 in Granby Zone, 100.39m of 0.946% Cu 0.55 g/t Au 3.473 g/t Ag in DDH 21, and 128.02m of 0.344% Cu 0.296 g/t Au 0.975 g/t Ag in DDH 24 in the Cuba Zone.

This News Release was reviewed and approved by C. Sampson, P. Eng. a Qualified Person under NI 43-101.

Sego Resources Inc.

Sego Resources Inc.'s only project is the Miner Mountain Project a Copper Gold Porphyry Project near Princeton, BC, 15 kilometres north of Copper Mountain Mining Corporation's - Mitsubishi's Copper Mountain Mine. The Miner Mountain Project is situated within the Traditional Territory of the Upper Similkameen Indian Band with whom Sego has an MOU. The Miner Mountain property is 2,056.54 hectares in size. The property is 3 kilometres from the town of Princeton with a major highway, a cell phone tower and a sawmill within the property boundary.

Neither the TSX Venture Exchange nor its Regulation Services Provider (as that term is defined in the policies of the TSX Venture Exchange) accepts responsibility for the adequacy or accuracy of this release. No regulatory authority has approved or disapproved the information contained in this news release. This release includes certain statements that may be deemed

"forward-looking statements".

All statements in this release, other than statement of historical facts, that address future production, reserve potential, exploration drilling, exploitation activities and events or developments that the SEGO Resources expects are forward-looking statements. Although the SEGO Resources believes the expectations expressed in such forward-looking statements are based on reasonable assumptions, statements are not guarantees of future performance and actual results or developments may differ materially from the forward-looking statements.

Factors that could cause actual results to differ materially from those in forward-looking statements include market prices, exploitation and exploration successes, continued availability of capital and financing, general economic, market or business conditions. Investors are cautioned that any such statements are not guarantees of future performance and that actual results or developments may differ materially from those projected in the forward-looking statements.

- submitted

Similkameen  
**News Leader**

www.thenewsleader.net

NEVER PAY FOR ONLINE NEWS AGAIN

**newsbc.ca**

LOCAL - REGIONAL - NATIONAL - WORLD NEWS

ALWAYS FREE...ALL THE TIME



# News Leader Classified Ads

25 Words - \$9.00 (includes GST) - Pay for two weeks, the third week is FREE!

Fax Services

Fax Services

Horse Boarding

For Rent

For Rent

## FAX SERVICE



SENDING OR RECEIVING  
- CONFIDENTIALITY GUARANTEED -

AVAILABLE AT:

Similkameen

# News Leader

226A Bridge Street, Princeton

Phone: 250.295.4149 - Fax: 250.295.4103

Similkameen News Leader  
Classifieds  
For details call:  
**250.295.4149**

Services

Too much clutter...too much junk? Lighten the load with Classified Advertising from the Similkameen News Leader. Find out more by calling 250.295.4149 or e-mail Brenda at [brenda@thenewsleader.ca](mailto:brenda@thenewsleader.ca).

Similkameen News Leader classifieds get the job done! For as little as \$9.00 a week, let us sell your item. Call Brenda at 250.295.4149, fax 250.295.4103 or e-mail Brenda at [brenda@thenewsleader.ca](mailto:brenda@thenewsleader.ca).

Lost

Silver Crucifix/Cross and two silver chains on Harold Avenue March 1st or 2nd. Great sentimental value. Call 250.293.6459 or 250.295.3374. Ask for Swan or Bill.

Wanted

Nanny needed for 3 boys for full-time shift work in South Princeton area. Child welcome. Call or text for details 778.237.8589. Apr 30-May 14

**ADVERTISING WORKS**  
OR YOU WOULDN'T BE READING THIS!  
Similkameen News Leader  
**250.295.4149**

Room with shared kitchen and bath \$400. Studio cabin \$950 + \$150 utilities. 2-bedroom apartment, fully furnished \$800 + \$200 utilities. RV sites \$500. Princeton Castle Resort call 250.295.7988. May 14-28

For Sale

1981 KX250 dirt bike. Runs good. Asking \$1,000.00 OBO. Call 250.295.1238 or 250.801.2400. May 14-28

**THIS SPACE FOR RENT!**  
Similkameen News Leader  
Classifieds  
For details call:  
**250.295.4149**

Apartments for rent. Downtown quiet locations. Call Karen at 250.292.8525. Mar 19-Jun 18

Furnished 1-bedroom suite in downtown Princeton. Level access. \$450.00 per month including utilities. Excellent references and damage deposit required. Available NOW! Call 604.484.2783 and leave a message. Apr 30-May 14

Services

Services

## ADVANCED COMFORT

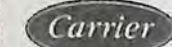
FOR ALL YOUR HEATING & GAS FITTING NEEDS

HIGH EFFICIENCY HEATING  
WATER PURIFICATION - HOT WATER TANK REPLACEMENTS

SERVING PRINCETON AND AREA FOR OVER 20 YEARS

**DOUG GRIGG 250.295.3966**

SALES, SERVICE & INSTALLATION



Turn to the Experts

LICENCED - BONDED - INSURED

## DOG WALKING

**\$10/HOUR**



WITHIN DOWNTOWN AREA  
CALL EARL 250-295-2498

Computers

Computers

Services available 7 days a week, 10am - 10pm

**Carl Farbman**  
Computer Repair

**250-438-0577**

We don't just repair computers... We recondition them.

# newsbc.ca

LOCAL - REGIONAL - NATIONAL - WORLD NEWS

Internet

Internet



## XPLORNET

HIGH SPEED INTERNET FOR RURAL RESIDENTS

NO EQUIPMENT TO BUY - FREE INSTALLATION



FOR INFORMATION CONTACT:  
David Lasser

**1-866-750-8108**

[pacificsatellite@gmail.com](mailto:pacificsatellite@gmail.com)

# SO COUNTRY INTERNET RADIO

FOLLOW DENNIS WALKER ONLINE - NEWS, WEATHER, MUSIC, INTERVIEWS - [www.socountry.ca](http://www.socountry.ca)



Classified Ad Deadline: 12 Noon Fridays • All Classified Ads MUST be paid in advance  
Payment Options: Cash, Cheque, Debit, Visa, Mastercard  
Phone: 250.295.4149 • Fax: 250.295.4103



**Notices**

**MONDAY NIGHT BINGO  
IN PRINCETON  
SENIOR CITIZENS BR. #30**

162 Angela Avenue  
4:30 PM Sales Start  
5:30 PM 1st 47 Bonanza #'s  
SPECIALS, REGULAR GAMES, ODD &  
EVEN, PROGRESSIVE SNOWBALL &  
LOONIE POT, "LUCKY 7" WON EVERY  
MONDAY (MIN. \$50.00 GUARANTEED)  
BC Gaming License #109667  
"KNOW YOUR LIMIT. PLAY WITHIN IT"

**MONDAYS  
SCA Branch #30**

Exercise Class 10:15 AM  
Cards, Pool, etc. to 3:00 PM  
Membership \$15/year

OPEN 9:00 AM - 4:00 PM  
Lunch: 11:30 AM - 1:00 PM

**Narcotics Anonymous**

**OPEN MEETINGS**

7:30 PM  
Wednesdays & Sundays  
at the InfoCentre on  
Highway 3

Info: (250) 295-7919 OR 295-6531, 295-6723

**Sudoku**

**CARTER'S  
Sudoku  
Challenge**

SOLUTIONS TO PUZZLES ON PAGE 20

**CHALLENGE #453**

225 788 691  
868 195 227  
197 622 885  
526 828 918  
816 423 975  
234 957 618  
795 816 567  
947 198 252  
871 645 382  
648 732 159

**INDIVIDUALLY  
PREPARED  
HOROSCOPE**

Natural character chart - \$25.  
Basic chart plus predictive - \$50.

Phone 295-6063  
Completely confidential

Drinking a problem?  
Alcoholics Anonymous  
Meets 7:30 PM Thursdays  
Princeton Baptist Church  
160 Old Hedley Road  
Fred 295-7272/Marena 295-7663

**News Leader Sudoku 453**

by Carter Boswell

**HOW TO PLAY:**

Sudoku is a game of logic. There is no math involved. The object of the game is to fill the grid so that the numbers 1 through 9 appear only once in each row, column and 3 x 3 box. The numbers can appear in any order and Carter has left you some clues below.

|   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|
|   | 4 | 8 |   | 3 |   |   |   | 9 |
| 9 |   |   | 6 |   |   |   |   | 8 |
| 3 |   |   | 1 |   |   | 7 |   |   |
|   | 9 | 5 |   |   | 6 |   |   |   |
|   |   |   |   | 5 |   |   |   |   |
|   |   |   | 4 |   |   | 9 | 7 |   |
|   |   | 3 |   |   | 9 |   |   | 1 |
|   | 2 |   |   |   | 1 |   |   | 3 |
| 1 |   |   |   | 8 |   | 5 | 2 |   |

**THIS WEEK'S SOLUTION:**  
Page 20

News Leader Sudoku grids, puzzles and solutions  
Copyright 2013 Carter Boswell, Princeton, BC and published by Similkameen News Leader

[www.thenewsleader.net](http://www.thenewsleader.net)

**PICK YOUR SUBSCRIPTION**

**SUBSCRIBE TO THE SIMILKAMEEN NEWS LEADER BY MAIL OR PICK UP - YOUR CHOICE!**

**PICK IT UP YOURSELF - AND SAVE**

If you live in the Princeton area you can drop into our office weekly to pick-up your Similkameen News Leader. You could pay us a dollar each time or you could just pay for a 'Pick-Up Subscription' and spend even less. It's your decision.

**Princeton/Area H Pick-Up - \$30.00**  
(Seniors Pay Only \$25.00)  
ALL PRICES INCLUDE TAXES

**RELY ON CANADA POST - AND SAVE**

If you live in the Similkameen Valley you can have the Similkameen News Leader mailed to you every week - and it's still cheaper than buying it each week at our office or at your favourite local newsstand. For a few bucks more we'll even send you the Similkameen News Leader anywhere in Canada. Including the prairie provinces and Quebec!

**Princeton/Keremeos (VOX) Mail - \$40.00**  
(Seniors Pay Only \$35.00)  
ALL PRICES INCLUDE TAXES

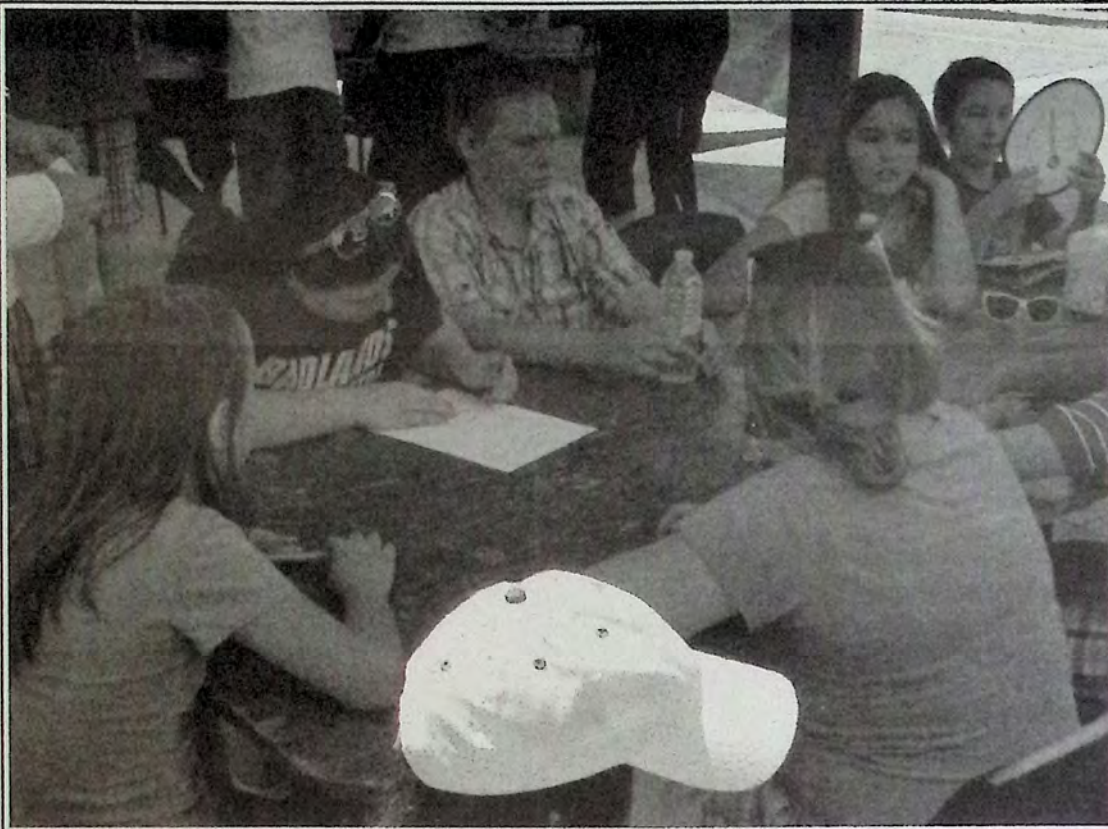
**Regional (Other VO) Mail - \$45.00**  
(Seniors Pay Only \$40.00)  
ALL PRICES INCLUDE TAXES

**National (Elsewhere in Canada) Mail - \$55.00**  
(Seniors Pay Only \$50.00)  
ALL PRICES INCLUDE TAXES

**PICK YOUR SUBSCRIPTION**

GRAB YOUR CREDIT CARD AND CALL US!

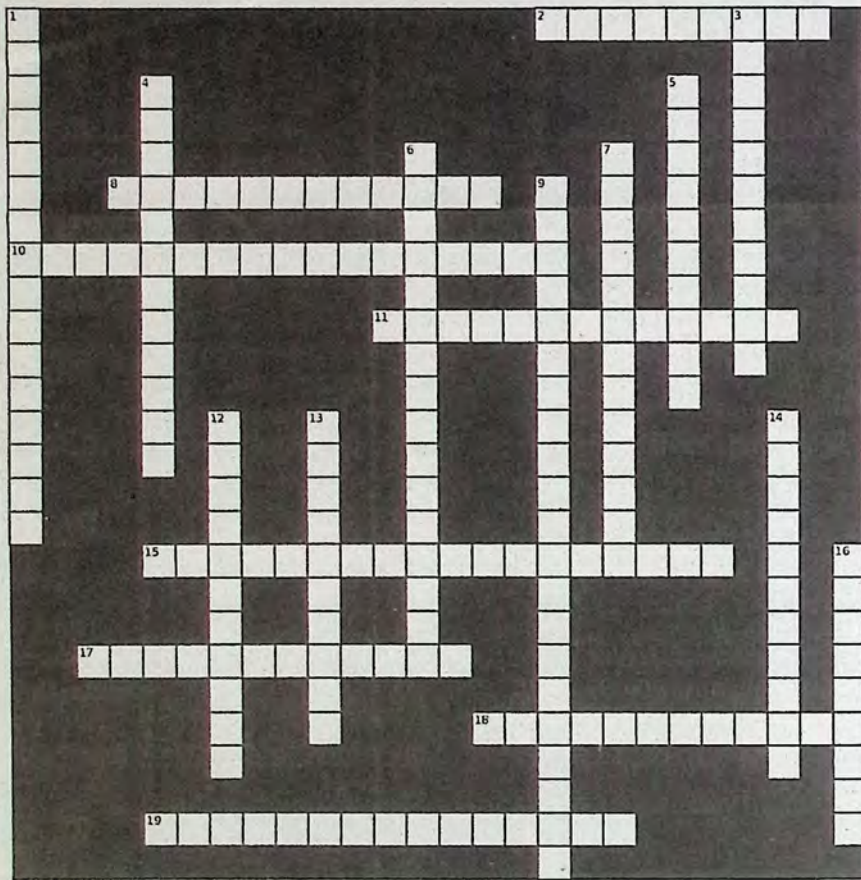
**Similkameen News Leader 250.295.4149**



How many angles can you name? A tough challenge as part of the Amazing Literacy Race May 9th downtown. \*

Similkameen  
**News Leader Puzzler**

Use the May 7 News Leader to find Answers Below...



- |  |  |
|--|--|
| <p><b>Across</b></p> <ul style="list-style-type: none"> <li>2 Name the BC NDP Candidate for Fraser-Nicola.</li> <li>8 A recent Hedley Dinner supported this.</li> <li>10 Where was a spaghetti dinner fundraiser held May 3rd?</li> <li>11 Name the March Student of the Month at PSS.</li> <li>15 Headline: "_____ Hall May 9."</li> <li>17 Name the BC Liberal Candidate for Fraser-Nicola.</li> <li>18 Name the person Princeton Rodeo is named after.</li> <li>19 The 'green' part of Recipe 560.</li> </ul> | <p><b>Down</b></p> <ul style="list-style-type: none"> <li>1 The 'RD' in RDOS.</li> <li>3 He played live at a spaghetti dinner.</li> <li>4 She celebrated her 90th birthday.</li> <li>5 Name the BC Green Party Candidate for Fraser-Nicola.</li> <li>6 Name the BC Conservative Candidate for Fraser-Nicola.</li> <li>7 This company was in the Mining News.</li> <li>9 They are listed in the Card of Thanks section.</li> <li>12 She submits articles from Vermilion Forks Field Naturalists.</li> <li>13 Where in Nicaragua are five Princeton residents going in June?</li> <li>14 Name the Keremeos location of a recent art show.</li> <li>16 This the the name of a regional Internet Radio Station.</li> </ul> |
|--|--|

NEVER PAY FOR ONLINE NEWS AGAIN

**newsbc.ca**

LOCAL - REGIONAL - NATIONAL - WORLD NEWS

ALWAYS FREE...ALL THE TIME

**Flip Of The Coyne**

by **Spencer Coyne**

..... continued from Page 3  
majority in both the upper and lower legislative houses.

The idea of removing the upper legislative house would remove any sort of checks and balances within our current system. Unless we are to change the entire way we elect the House of Commons, the need for checks and balances are needed. We don't seem to be moving away from the idea of majority governments in this country anytime soon and although the centre right is in power today, the next election could see a

centre left majority. Although to partisans the idea of majority governments are pleasing, they segregate a large percentage of the population. In the current case we have a majority government with less than 40% of the popular vote. That means about 60% of voters did not vote for the government. If the Senate was elected and represented the people, it would have a mandate to keep the House of Commons in check no matter what the percent of the popular vote the government holds.

**BEWARE!**  
THIS COULD HAPPEN TO YOU

Sue had a service and Bob had a business. They both decided to advertise in the News Leader. Funny thing happened...both of their businesses saw an increase in business.

Advertising works. Call us for details.

Similkameen  
**News Leader**

Phone: (250) 295-4149 - 1-888-350-9969 Toll Free

SUBSCRIBE TO THE

Similkameen  
**News Leader**

**Princeton/Keremeos (VOX) Mail - \$40.00**  
(Seniors Pay Only \$35.00)  
ALL PRICES INCLUDE TAXES

**Regional (Other VO) Mail - \$45.00**  
(Seniors Pay Only \$40.00)  
ALL PRICES INCLUDE TAXES

**National (Elsewhere Canada) Mail - \$55.00**  
(Seniors Pay Only \$50.00)  
ALL PRICES INCLUDE TAXES

**CALL FOR DETAILS**  
Similkameen News Leader  
**250.295.4149**

# Stan Thompson Memorial Rodeo



Joleen Seitz of Savona, BC scored a time of 18.031-seconds during the Sunday, May 12th performance of the Stan Thompson Memorial Princeton Rodeo at Princeton Fairgrounds. \*



Princeton's Norman Breen and Terry Wright prepare for their Team Roping run Sunday, May 12th at the Stan Thompson Memorial Princeton Rodeo. \*

## Princeton rodeo tough on contestants

The Stan Thompson Memorial BCRA Princeton Rodeo May 11 and 12 saw a lot of cowboys and cowgirls leave town with nothing to show for their efforts.

Stock contractors C+ Rodeos provided the horses and cattle used in the two-day event and once again proved that they have some of the toughest rodeo stock in the country.

The unofficial results are as follows:

**Bareback Riding:** Steve Hohmann of Quesnel took first place with a Saturday score of 74 points. Second went to Denton Sandy of Kamloops with a 70 scored on Sunday.

**Saddle Bronc:** Steve Hohmann of Quesnel was the winner with a Saturday ride of 80 points. Second

went to Kaila Mussell of Chilliwack with a 75 scored on Sunday.

**Tie-Down Roping:** Steve Pozzobon of Osoyoos won the event with 9.9-seconds scored on Sunday. Second went to Dustin Shields of Vanderhoof who scored with a time of 12.4-seconds during the Sunday performance.

**Steer Wrestling:** Mike Gill of Merritt took first place with 4.8-seconds scored Sunday afternoon with Cash Isnardy of Cache Creek taking second with a time of 5.1-seconds scored during Sunday morning slack.

**Breakaway Roping:** Katrina Innicki of Williams Lake finished in first place with a time of 2.9-seconds scored Saturday with second

place going to Allison Everett of 150 Mile House, BC and Troy Gerard of Savona, BC who tied with 3.5.

**Junior Steer Wrestling:** Clay Waterhouse of Quesnel won first place with a Saturday score of 75 with Kyle Bell of Houston, BC earning second with a 73, also scored on Saturday.

**Ladies Barrel Racing:** Tracey Morris of Merritt, BC took first place with a Saturday time of 17.978 and second went to Cathy Bueckert of Vanderhoof, BC with a Sunday time of 18.022 seconds.

**Junior Barrel Racing:** sisters Mackenzie Wills and Lane Wills took first and second during Sunday morning slack with times of 18.358 and 18.386 seconds.

**Team Roping:** the pair of Troy Eli of Kamloops and BJ Isnardy of Cache Creek finished in first with a Saturday time of 6.3-seconds. Second went to Colby Stewart of Kamloops and Clayton Honeyborn of Quesnel with a Sunday time of 7.2.

**Bull Riding:** Charlie Atrill of Langley took top spot with a Saturday ride worth 82 points. Second went to Mike Gill of Merritt who scored 81 points on Sunday.

**Princeton Entries:** Norman Breen scored 6.9 in Steer Wrestling, Ernie Willis scored 7.2 in Breakaway Roping. In Team Roping the teams of Terry Wright/Norman Breen and Norman Breen/Ernie Willis did not score while the pair of Terry Wright/Ernie Willis scored a 20.9.

### "Princeton" Country & Blues Stage Show

ALLENBY ROAD BAND  
BACK DOOR BLUES BAND

ALLAN THE TROUBADOUR  
Jim Berg - Alan K. Parsons  
Len Rider - Norma Whelpton

2:00 PM Saturday, May 25  
Riverside Theatre

TICKETS \$10.00  
AVAILABLE AT MEL'S BARBERSHOP,  
SUNFLOWER GALLERY AND AT THE DOOR

PRESENTED BY PRINCETON ARTS COUNCIL AND  
PRINCETON COUNTRY & BLUES ASSOCIATION

ADVERTISING  
WORKS  
OR YOU WOULDN'T  
BE READING THIS!  
Similkameen News Leader  
250.295.4149

### FAX SERVICE



SENDING OR RECEIVING  
- CONFIDENTIALITY GUARANTEED -  
AVAILABLE AT:

Similkameen  
**News Leader**

226A Bridge Street, Princeton

Phone: 250.295.4149 - Fax: 250.295.4103

LOOKING FOR  
IN-STORE VOLUNTEERS  
WILL PICK UP DONATIONS  
AND LEFT OVER  
GARAGE SALE ITEMS  
CALL GENA FOR INFO

250.295.0775  
OR 250.438.0062

# OUTBACK JACKS

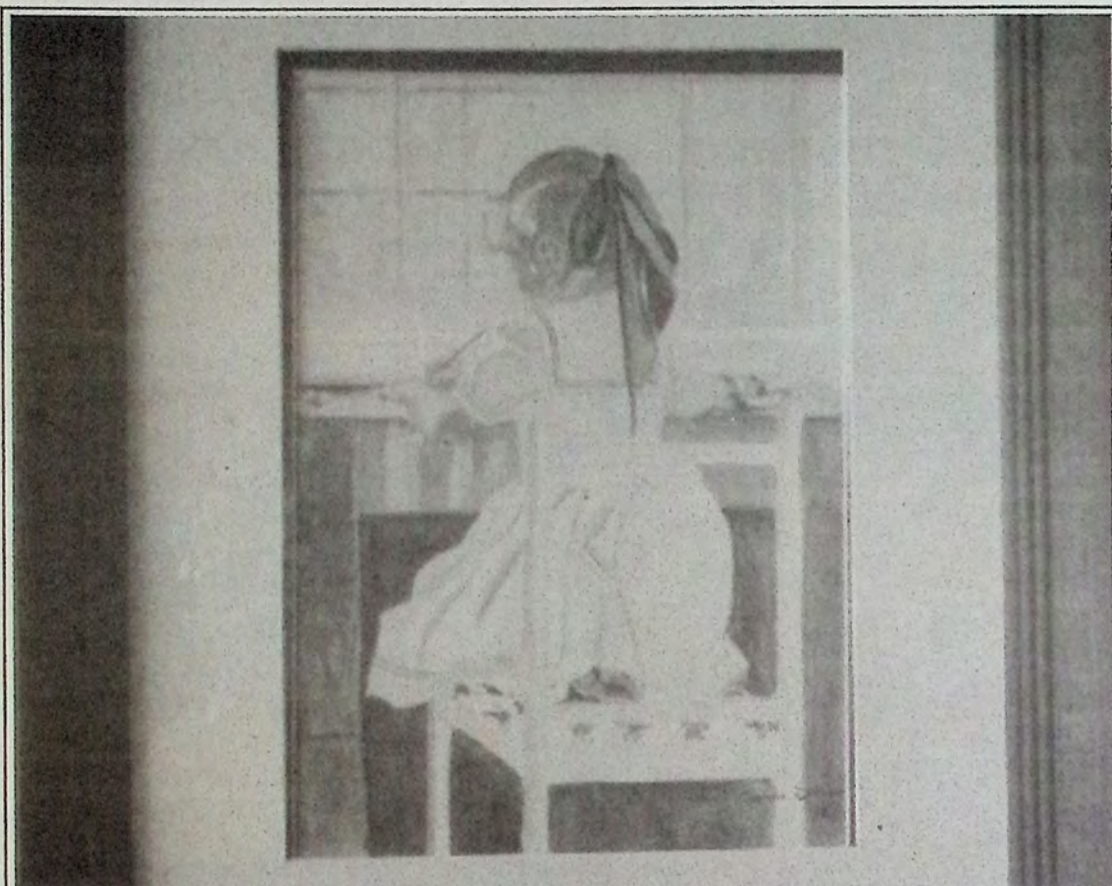
Horse Rescue Thrift Store & Tack

Keremeos - OPEN 10:00 AM - 4:00 PM Tuesday - Friday

www.outbackjacks.ca  
OR FIND US ON  
FACEBOOK

SPONSORED IN PART BY

AUTO-TAC GRAPHICS  
SIMILKAMEEN  
NEWS LEADER



A close up view of the Sandy Spring watercolour which will be raffled off by Princeton Hospital Auxiliary.

## Hospital Auxillary News

### Doreen Poulsen

Well the last three months have been very busy for the group. We have had a talk given by Janice Perrino in regards to the expansion of Penticton General hospital. Janice is the Chair of the Regional Hospital District for Okanagan Similkameen among numerous other titles. She called on our help in some future fund raising events ongoing in regards to the expansion. She congratulated us on our continued good works.

As to our many gifts, we have given \$1,085.00 to the Princeton Ground Search and Rescue for a special blanket for warming up the victims. Also \$5,000.00 towards a new walk in tub for Vermillion Court, they are still hoping for more donations from other organizations and individuals around town. The total cost will be in excess of \$15,000.00.

We will be awarding two \$1,000.00 scholarships to two graduating students at Princeton Secondary school who will be pursuing a career in medicine. As you can see there is an ongoing opportunity to help those in need in our community.

A unique gift was donated to the Auxiliary from Sandy and Bob Spring. It is a framed print entitled "My New Blue Desk". The print is 12" x 18" with a 20" x 28" black gallery frame with double matting and glass. The print is a watercolour done by local artist Sandy Spring. Sandy is a figurative water colour artist specializing in animals and people.

The print will be on display at the Hospital Auxiliary Thrift store at 251 Vermillion Avenue as of May 1st. We will be having a raffle, and

proceeds will be going to our various endeavors. The draw date will be June 26th at the Thrift store. Tickets will be on sale at the store for the two months and will be

\$1.00 each.

The store is open Wednesday to Friday from 10:00 AM to 4:00 PM. We would like to express our many Thanks to Sandy and Bob.

## Ag fair joins trade fair

Princeton's Agricultural Fair decided to take a booth in the May 31-June 2 Spring and Summer Trade Fair to be held at the arena. The booth will feature items to promote the agricultural fair and to encourage exhibitor participation in the August 24 - 25 fair which will include the Little Britches Rodeo finals.

At the Tuesday, April 30, Agricultural Fair meeting, there was

a lot of discussion about improvements to be made to the fairgrounds, such as improving the signs on the backs of the buildings, painting, and other ways of improving the fair. The fair would like more participation from the Indian Bands, including crafts and cultural interaction.

The next meeting of the Fair Board will be May 28 at the fairgrounds office. Anyone interested in participating is welcome to attend.



The goldpanning demo was just about as popular as the free food and drinks during Mining Day activities May 8th at Veterans Square. \*

# Similkameen News Leader

www.thenewsleader.net

ALSO FIND US ONLINE AT:

Facebook: Similkameen News Leader  
Twitter: @PrincetonBCNews - YouTube: PrincetonBCNews



## TRASH/RECYCLE PICK-UP

Call 250-295-7705 For Rates

## Bob's Stove Repair

(Three Lakes Solutions)

SALES • SERVICE • INSTALLATION  
NEW & USED STOVES • PELLET • WOOD • GAS  
WOODSTOVE REBATE PROGRAM ON NOW - UP TO \$500!

Enviro 250.295.2214  
NOW W.E.T. CERTIFIED 271B Bridge Street, Princeton

## Prince Town 1826-1926

Prince Town  
1826 - 1926

W. George Elliott

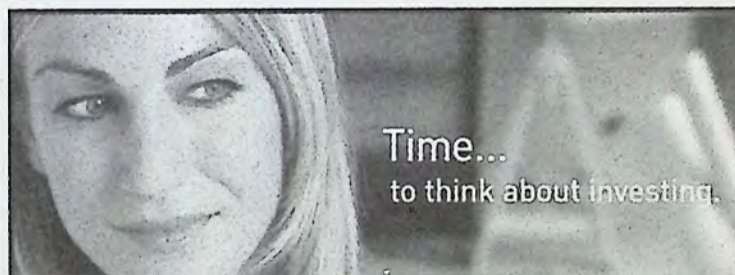
\$20.00  
INCLUDES GST

Available at:

Similkameen  
News Leader

www.thenewsleader.net

From Fur Traders to Miners to the Railroad



It's never too early, or too late, to start investing. But what's the best option for you and your lifestyle?

That's where a qualified Investors Group Consultant and The Plan™, our unique, personalized approach to financial planning, can help. A Consultant will advise you on how to improve your saving and investment habits and help you make the very most of your money.

Call us to find out more about how The Plan™ can help you prosper now... and over time.



Al Anderson, BBA, CFP, TEP  
Financial Consultant

Phone: (250) 295-3555  
alan.anderson@investorsgroup.com

The Plan  
by Investors Group

Investors Group Financial Services Inc.

\*Trademark owned by IIG Financial Inc. and licensed to its subsidiary corporations.  
WPI 100-020000

**Brenda Crawford**



brenda@bcland.net  
(250) 295-8182

**April Earle**



april@bcland.net  
(250) 295-5346

**Sandra Simpson**



sandra@bcland.net  
(250) 499-9414

# Princeton Youth Ambassador

SPEECH NIGHT/CHOCOLATE EXTRAVAGANZA

**7:00 PM May 16**

PRINCETON LEGION HALL



PRINCETON

**264 Luard Avenue**



Well maintained 3 bedroom home on a semi-private lot close to downtown. Nicely designed to accommodate a range of individuals. If you have a family, want a family or looking to retire and down size, you won't find many homes with 3 bedrooms and a garage in this price range. The layout gives you that open feel. MLS®141887 \$219,000

**321 Fenchurch Avenue**



Solid home on second bench, well cared for, well loved and it shows! A double lot gives lots of room for 3 separate areas, very private middle area with enclosed, covered sunroom to enjoy the gardens in any weather, manicured front lawn and back veggie garden area with access to generous sized workshop. Large window in the kitchen brings in light. MLS®142566 \$259,000

**125 China Creek Road W**



Deerview! Immaculate one level home situated on a level half acre. Landscaped, fenced, treed and open areas with covered deck and open patio. 3 bedrooms, 2 baths, kitchen has pass through ledge to dining, garden window, light and bright! Living room has large picture windows to take advantage of mountain views. MLS®142783 \$353,800

**Lot 20 Otter Avenue**



A Corner Lot in the heart of Tulameen, just a few minutes walk from Otter Lake. Perfect location to build your dream home and enjoy the year around activities Tulameen has to offer. Now is the time to bring your family and friends and start building towards an adventurous future. Swimming, hiking, waterskiing, relaxing on the beach. MLS®142805 \$139,900

**150 Lakeview Road**



It's time to relax and enjoy Summer in this country home on 4 acres just minutes from some of the best fishing and hunting around. Nestled above Link Lake off the Princeton-Summerland Road you will find this custom built home which was designed for entertaining and enjoying the year round recreation that this area is known for. MLS®141949 \$289,000

**2504 Princeton/S'land Road**



Get out of the city and come to paradise! Almost 10 acres of both open and treed land for you and your four legged friends. Barn, hay loft and large covered area for the tools and toys. Located only 25km from Princeton on a paved, school bus route road so well maintained year round. The manufactured home has had some renos. MLS®142421 \$340,000

## REALTY EXECUTIVES PRINCETON

Gateway to the Okanagan

#8-136 Tipton Avenue (Princeton Plaza)  
Office: (250) 295-1811 Fax: (250) 295-1851 www.bcland.net  
EACH OFFICE INDEPENDENTLY OWNED AND OPERATED