

Similkameen News Leader

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Tuesday, July 9, 2013

Canada WE ACKNOWLEDGE THE FINANCIAL SUPPORT OF THE GOVERNMENT OF CANADA THROUGH THE CANADA PERIODICAL FUND OF THE DEPARTMENT OF CANADIAN HERITAGE.



With the Show 'n' Shine July 6th and Canadian Bull Run Car Rally July 7th there were a lot of vehicles around Princeton. Youth Ambassador Carmen Brodie stopped to admire Bert Straiton's 1951 Kaiser Henry J. *

Council adopts amended policy

In a motion made by Councillor Douglas Pateman, and seconded by Councillor Jason Earle, Princeton Town Council adopted amended Veterans Square Park Use Policy 007-2010a at their July 2nd regular meeting.

In May of this year Council authorized the purchase, from SBC Insurance Agencies Ltd., of a User Group insurance policy providing blanket coverage on pre-determined activities for those groups who register with the Town and do not have access to liability insurance from other sources.

"This impacts the Veterans Square Park Use Policy in that the policy requires evidence of liability insurance,

but now can be amended to include the option for liability insurance purchased through the town," stated Deputy Treasurer Shirley McMahon in her report to Council.

The amended event application form includes disclosure of the expected number of participants as well as the requirement to provide a copy of outside purchased insurance.

"The final amendment was a check box to indicate which type of insurance the group has chosen."

Town of Princeton staff will provide users with the amended policy when applications are made for use of the facility and advise them of the choices available.

Funds prevent tax increase

Town Council received the 2012 Small Community Investment Fund Report at their July 2nd regular meeting.

In March 2012, local governments and the Province of British Columbia, signed an agreement with respect to the delivery of the Small Community, Regional District and Traffic Fine Revenue Sharing Grant Programs.

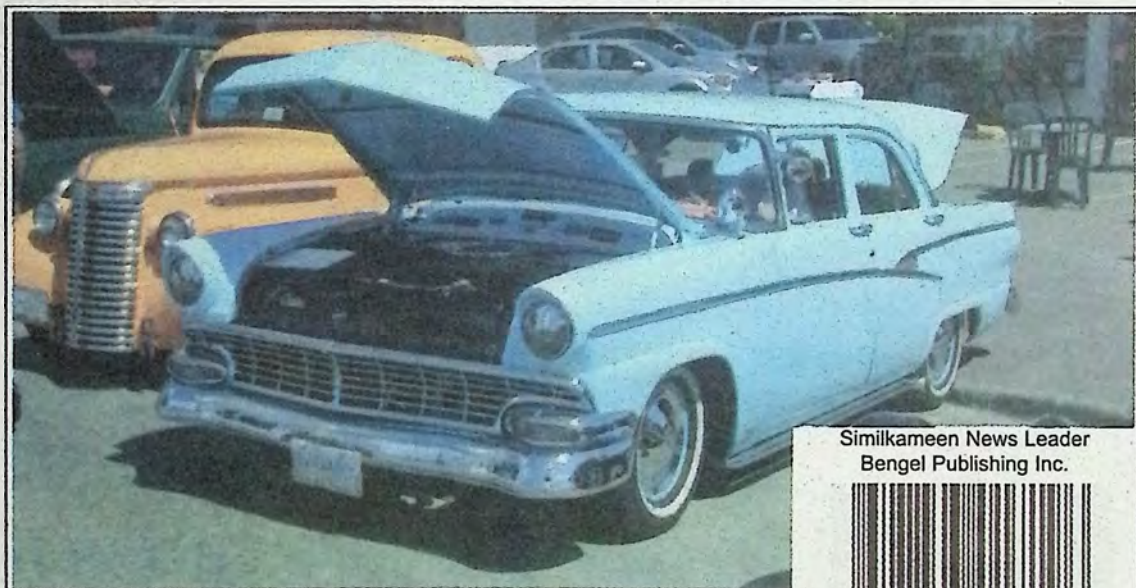
"Under this agreement, each local government receiving funds committed to developing a plan, setting out the intended uses and performance targets for those funds and to report publicly on the plan and progress made toward achieving the performance targets," stated Deputy Treasurer Shirley McMahon in her report to Council.

The June 2013 report outlines what was accomplished with funds received in 2012.

The Town of Princeton received two grants from the Strategic Community Investment Fund. The first one, received March 30, 2012, was in the amount of \$249,010.00.

The second, worth \$374,344.00, was received July 3, 2012.

The intended use of those funds was to support local government services to avoid tax rate increases. The performance target was described as "minimize tax rate increases" and progress reported up to June 30 of this year was noted as "no tax rate increases were required in 2012, without SC SCI funds taxes would have increased 56.9% to provide the same level of service."



This cotton candy coloured 1956 Ford Custom Line owned by Princeton's Mike Simpson just glows in the sunshine during the July 6 Show 'n' Shine. *

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Hayes Creek Fire Department

Fire Hall Construction Progress at Osprey Lake



The hazard with volunteer labour...Hayes Creek style! Photo: Rob Miller



Looking into the shell of the building. Photo: Rob Miller



When in doubt, call 9-1-1! Hayes Creek Fire Hall construction site. Photo: Rob Miller



This look odd - a ladder with not a fireman in sight. Photo: Rob Miller



Sometime you just have to celebrate finishing a task related to the big picture! Photo: Rob Miller



Osprey Lake residents will soon find their firemen in this building! Photo: Rob Miller



Friendship Ambassador Morgan Whelpton and Youth Ambassador Carmen Brodie are surrounded by the frenzied activity of the 13th annual Show 'n' Shine July 6th in downtown Princeton. *

Flip Of The Coyne

by Spencer Coyne

Something has really upset me about this latest domestic terrorism case. A little disclaimer before I start: I play paintball. If the accused couple is guilty, throw everything in the book at them and lock them away for the rest of their god-given lives. All that being said, I am mad at the media and I am mad at the way they are trying to publicise this case. I hate the terminology that they and the police are using. It really makes me mad that some people are thinking that they need to restrict access to the Legislature because of this.

The people who did this (regardless if they were following some form of Islamic fundamentalism or got their information from Al-Qaeda) are sick people who have some major issues. Their personal demons are most likely what spurred their actions, not religious belief. I wanted to check things out for myself since they keep going on about these two having paintball markers (the correct term for a paintball gun), so I visited the

online forum that John Nuttall was said to frequent, and I can tell you the guys there were sincerely shocked that Nuttall did what he did. They had thought that, although he was nuts, he was not a real threat. They were all in agreement that the guy was a buffoon, so they were not surprised that he was incapable of actually pulling anything off that worked.

Now like I said, I am a paintball player. I used to run one of the largest paintball organizations in Canada and participate in large scale scenario games where people dress in camouflage and look like Nuttall does in the picture that the media keeps posting. No doubt, the media keeps posting this picture because it makes Nuttall look militant. This is a gross misrepresentation of paintball, the players, and everything that the sport stands for. Some of the guys I play with are RCMP members, paramedics, engineers, mechanics, cooks, nurses, bankers, you name it. John Nuttall does not represent the sport of

paintball or the people who participate in it. Why isn't the media making a bigger deal about the fact that continued on Page 22

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To Our Clients

Please be advised that Dr. Gill will retire June 30th. Despite our best efforts, we regret that it has been necessary to close the office, effective June 30th. All medical files will be transferred to Fairfield Animal Hospital, Kelowna (250-860-6550) effective June 30, 2013. Pet owners will be able to access their records from Fairfield Animal Hospital, and may request that they be faxed to a veterinarian of their choice.

Dr. Gill, Tsiki and Debbie wish to extend their best wishes and sincere thanks to all of our clients. Operating Princeton Animal Clinic for the past 26 years has been a most rewarding and enriching experience for all of us.

AUDITIONS!

6:30 PM Thursday, July 11 - Arts Council Room, Riverside Centre

Crimson Tine Players is holding auditions for their fall play:

"A Good Old-Fashioned, Redneck Country Christmas"

By Kristine Bauske. The cast requires 5 men and 4 women.

Come out and audition for this fun play - performances in late November.

Great family comedy set here in Princeton! Call Esther for details at 250-295-7861



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Editorial Page News Leader

Similkameen News Leader, 226A Bridge Street, PO Box 956, Princeton, BC V0X 1W0

My Turn

Learning Stuff Nicaragua Style

By the time you read this Brenda should be back from a ten-day Missions Trip to Nicaragua. She had never been to Central America and to be honest with you, it's not high on my list of places I want to go.

Without getting 'religious' on you, she went for a variety of reasons related to her Christian walk, so believe me when I say it was far from a vacation.

Luckily for us there was wifi and we were able to communicate often, sometimes more than once a day that I'm sure made the separation easier to bear. Or at least that's my story.

Through her many messages I learned that we have a lot to be grateful for in our tiny little town in the Similkameen. For example, garbage is piled in front of homes and burned daily regardless of what is in it. Homes are often cinder block with only three walls. Rainfall means kids can have a shower with the water running off of roofs. Some families live in a city dump and sell things they find in the garbage to survive.

It's easy to say that is a lifestyle common to Third World countries and what does it matter? I think it does matter because it is sad that there are people in the world who live in such conditions.

And in case you have forgotten, there's people living in those same conditions in a little country you and I know as Canada. It's happening in a region in Canada known as British Columbia and as close to Princeton as the next town or two down the highway.

While it's easy to say the difference is the ones in Canada are bums too lazy to work for minimum wage, I find that a bit much to take. Especially when those of us saying those things have no idea the circumstances that forces many to end up living in such a way.

It's also easy to say that the ten-day Mission Trip was a quick fix, how nice, you did something to feel good now get back to living your life because whatever you did there isn't going to change anything.

I think that's where we make the mistake. We need to do things to make a difference each and every day. Pick a charity and start supporting it if you aren't already doing so. It doesn't even have to be outside British Columbia because you can be guaranteed there are people suffering daily in your very own neighbourhood. Maybe not to the extent of the people in Nicaragua, but you know what I mean.

It's time we all quit blamed people for their situations and started becoming part of the solution.



The Living Water 'Church Ladies' served breakfast as a fundraiser during the July 6th Show 'n' Shine. *

Your Turn

Letters And E-Mails Received This Week

To The Editor;

Thank you, Princeton.

The time has come, the walrus said...Nine years ago I moved to Princeton, not knowing anyone here, but knowing it is a small town with great people, having spent some time here over the years en route to my brother's cabin at Missezula Lake.

I built my house using local suppliers and received fantastic service from all. Really, the only questions asked of me were Where are you from? And What do you do?

Mistake? I told them and my, all of a sudden my skills were in demand.

The PXA and R. J. Beaupre Drilling took up a great deal of my time, but it was all good.

I met so many wonderful people, I cannot name them all, but you know who you are.

I am moving to Vancouver Island to be closer to some of my grandchildren and spend time with them as they grow up, but I will be back as often as possible to visit...but, Ken, I will not be helping herd calves at the Rodeo!

I will miss Princeton.

See you soon, Terry Inglis

Marit says thanks

To The Editor;

Thank you to my fellow mem-

bers of the Hospital Auxiliary and co-workers, neighbours and friends at Missezula Lake for their flowers, get well wishes and visits.

Also the ambulance attendants, doctors and staff at Princeton Hospital for their care.

Thank you all!

- Marit Paulsen

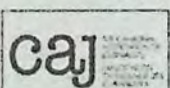
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EDITORIAL GUIDE

We would like you to write to us, but please remember to abide by anti-discrimination laws. The News Leader reserves the right to refuse to print any letter which is not signed by the writer or is slanderous, libelous or of uncommon sense! The Editor reserves the right to condense any letter or to substitute proper language for improper language.



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DAILY UPDATES FROM BRENDA ENGEL IN NICARAGUA
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Current Comment

It Was A Great Weekend, But...



Dawn Johnson
editor@thenewsleader.ca

Our annual Racing Days weekend had some really good things happen, but I was left with a simmering anger that will likely last a long time.

We had a great parade with lots of entries, and a good crowd to cheer the floats and the Ambassador candidates. The candidates' dance was fun, the pancake breakfast drew a good crowd, and the races were excellent.

It was great to see June Dunte's horse, A Lasting Peace, win the Similkameen Cup a second time in a show of strength rarely seen two years in a row.

The day before the races, I saw people donating generously to the flood victims in Alberta, and the staff at the Skills Centre taking the time to receive the donated goods. That was a great thing to do, a neighborly thing, a community thing.

On the day of the races, I attended the celebration of life for Elizabeth Kightley, a woman who became known and admired for her community spirit. Our dear Liz volunteered to help whenever she was needed anywhere. Seven or eight people got up at her service to pay tribute to her. At age 75 when she passed away, she

spent at least 10 hours a week being a friend to our community. People from half a dozen organizations made a point of telling how important she had been to their efforts.

With all of this going on, my anger was still simmering. I had seen something going on behind the scenes at the fairgrounds, and that was what fueled my anger.

There had been a call for the Racing Days Association to engage in a work party the weekend before the long weekend. I know who is in the Racing Days Association (I am not) and very few showed up. I was there, with my weed whacker and broom, and when those chores were done, I pulled knapweed for two hours in the heat. I am 74 years old and have shown up for work parties for the past 30 years. I wondered where the rest of the crew was.

There were two men there who are not members of the Association, and they have been working on all kinds of jobs weekend after weekend. Karrie Crucil, President of Racing Days Association, was there with her own equipment, and her husband, Dino, was there and so were their two children. During the week before the races, Karrie was there working every chance she had, and she was cleaning barn stalls and putting down bedding, as well as maintaining the track and organizing things. If it had not been for the efforts of the Crucils and the Bernards, that race meet would not have taken place.

This was the second time I had seen a work party called and few members heeded the call. This happened the weekend before the rodeo. Then it was Ken Crompton, Rodeo Club President, there with little help, except the

Crucils, the Bernards, and a couple of others.

While at the races, I looked around at the crowd and saw so many young, strong, healthy men, and I thought about how much they were enjoying the races and the socializing. These are men ages 40 to 55, still in their prime, and I wondered why none of them were part of the Rodeo Club or Racing Days Association. Most people do not seem to realize this, but those two organizations are run by a female majority. So is Princeton Exhibition Association and the Agricultural Fair Association.

I talked to a member of the Lions Club, who put on the Racing Days pancake breakfast every year. This year may have been the final pancake breakfast by the Lions, because none of the under age 60 crowd is interested in serving the community. The long time members are just getting too old to do it anymore.

How can we continue to put on these community events if people are no longer interested in being part of the organizations who make the events happen? How can we keep these events going if nobody wants to do the volunteer work that is needed to make the events happen?

Have people come to the point where they expect volunteers to just keep on putting on events for them and their only input is to show up and have fun? If that is their expectation, then I firmly believe they are going to be disappointed in the near future.

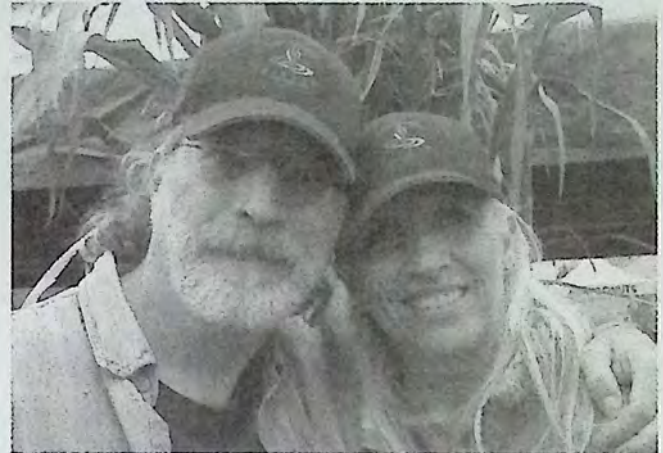
I believe this is an issue that needs to be addressed by the Chamber of Commerce and by Town Council, as well as every caring citizen in our community. If we cannot muster the community spirit to continue these wonderful events that make our community exceptional, then all of us will lose in the long run.

If you do not believe our community is exceptional, then you should have been with me during my cousin's visit last year. She lives in Phoenix, Arizona, and she could not believe how many great things happen here and all due to volunteers. She thought our community was exceptional!

I may have to tell her, sometime in the not too distant future, that we are not as exceptional as she thinks we are.

Similkameen News Leader

WE'RE DIFFERENT, AND WE LIKE THAT.



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AND NOW...A LITTLE GOOD NEWS!

"I can do all things through him who strengthens me."
- Philippians 4:13

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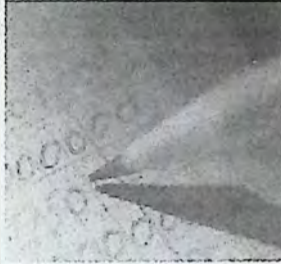
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The Regional District of Okanagan-Similkameen recognizes the significant value of volunteers, volunteer groups and agencies to the spiritual, educational, social, cultural and physical well-being of the region.

These non-profit organizations have the opportunity to apply for a Property Tax Exemption. The following criteria will determine eligibility.

The applicant(s) must:

- Qualify for an exemption under the provisions of the *Local Government Act*, the general authority for property tax exemptions. (Sections 809 and 810);
- Be in compliance with Regional District policies, plans, bylaws and regulations (i.e. zoning);
- Be a non-profit organization;
- Not be in competition with for-profit business;
- Provide services or programs that are compatible or complementary to those offered by the Regional District.
- Provide a service that fulfills some basic need, or otherwise improves the quality of life for residents of the Regional District.
- Not provide liquor or meal services as their primary function or source of revenue.
- Not collect rent on a caretaker or other residence located on the property.

Application forms are available online at www.rdos.bc.ca or at the RDOS office, 101 Martin Street, Penticton, BC.

The deadline for submitting completed application forms including supporting documentation is **JULY 31, 2013**.

Successful applicants may be asked to publicly acknowledge the exemption.

If you require further information, assistance completing your application or wish to view the Property Tax Exemption Policy, please call Michelle Sideroff, Finance Department at 250.490.4227 or e-mail at msideroff@rdos.bc.ca.

Lower Valley News

Keremeos - Cawston - Olalla



At the Canada Day celebration at the Keremeos Grist Mill and Gardens, these folks enjoy shade above the rushing creek while music flows from the outdoor kitchen. - photo submitted

Cawston wine wins award

Eau Vivre Winery's 2010 Pinot Noir was just awarded a very prestigious 2013 Lieutenant Governor's Award for Excellence in British Columbia Wines.

This is Eau Vivre Winery's second Lieutenant Governor's Award for their Pinot Noir in as many years.

Dale Wright, co-proprietor for Eau Vivre commented, "Winning a 2012 Lieutenant Governor's Award last year was one of the most amazing moments in our lives. When we found out that we won a second Lieutenant Governor's Award this year for our 2010 Pinot Noir, it was such an unexpected honour. We are delighted that our wines are being so well received. To be recognized with a Lieutenant Governor's Award alongside the 10 other amazing wineries is an incredible source of pride for our team."

The Honourable Judith Guichon, Lieutenant Governor of BC, will visit Eau Vivre Winery on Friday, July 26th to present "The Lieutenant Governor's Award for Excellence in British Columbia Wines". She will be accompanied

by Members of the Consular Corps of British Columbia. Local dignitaries and members of the media will also be in attendance at this prestigious award presentation.

This year was the largest competition in the 11-year history of the awards, with 402 wines submitted from 109 wineries across the province. For the full list of winners and for more information visit http://www.lt.gov.bc.ca/news-events/news/default.html#.J./news-events/news/media-releases/2013/june/mr_june24.html.

"Our 2010 Pinot Noir was produced from 100% organically grown grapes. After fermentation, this wine rested for 18 months in a blend of French and American oak barrels," explained Wright who was the Winemaker for this vintage with the help of well-known wine consultant Steve Latchford and Assistant Winemaker Patrick Tourigny. In total, only 443 cases of the 2010 Pinot Noir were produced.

As Dale's partner and co-owner Jeraldine Estin explained, "To help us commemorate this major milestone, we will also be hosting a public open house at our winery from 4:00 PM to 8:00 PM on Friday, July 26th. Neighbours, friends and fellow wine lovers are invited to celebrate this special occasion with us. We will be doing wine tastings and there will be delicious appetizers from Chef Greg Fuchs from Gregor's Gourmet. We'll also have the sweet sounds of The Gala Vanters providing live

entertainment. Additionally, we will have commemorative signed bottles of our 2010 Pinot Noir available for purchase."

Wright added, "The Similkameen is producing some amazing grape and fruit wines and our wine region is starting to receive a tremendous amount of recognition and awards. We are honoured to work together with other Similkameen wineries to help increase awareness of our very special wine region. Together with the other wineries in the Similkameen Wineries Association, we are hosting our signature summer event on July 13th - the Similkameen BBQ King. You can try our 2010 Pinot Noir at this event along with an amazing selection of grape and fruit wines from our fellow association members."

Located in Cawston, in the heart of the Similkameen Valley, Eau Vivre is a family-run boutique winery owned and operated by Dale Wright and Jeraldine Estin. Dale and Jeri moved from Saskatchewan to the Similkameen to pursue their dreams of owning and operating a winery.

They established Eau Vivre Winery in 2007. Eau Vivre Winery offers French-style small-batch, hand-crafted wines ranging from light, crisp whites to big, full reds.

For more information on Eau Vivre, visit their website at www.EauVivreWinery.ca, call 250.499.2655 or follow them on Facebook, Twitter and YouTube.

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Celebrating Canada Day by the old white house at the Keremeos Grist Mill and Gardens. - photo submitted

Canadian Tenor plans Oliver concert

Acclaimed tenor Michael Burgess will fill the Oliver Community Park on August 3rd with a voice and personality that has graced the stages of famous theatres and hallowed stadiums internationally (first to sing "O Canada" at the World Series in Atlanta 1992) earning him honours too numerous to mention (recently awarded the Queen's Golden Jubilee Medal, the Order of Ontario).

Possibly most famous for his portrayal of Jean Valjean in the long standing run of 'Les Misérables', Burgess deeply touched audiences at Toronto's Royal Alexandra Theatre. Read more online at: www.MichaelBurgessinConcert.com.

He's considered Canadian music royalty. You'd never know it, there is nothing pompous or pretentious about Michael Burgess. In discussing summer vacation plans with Oliver Community Arts Council

President Stephanie Salsnek and her husband, nature Artist John Salsnek, Michael offered the possibility of a concert for Oliver.

"I'd love to do a concert for you, the Okanagan is like a second home to me. You organize it and I'll be there."

When asked how it's different playing a small venue like Oliver's Bandshell compared to some of the more spacious venues he's accustomed to, "it's just as joyous," he says simply, earnestly.

"It doesn't matter to me if it's 200 people, or 200,000. I'm delighted to come to Oliver."

Michael and pianist Carol Colpitts will perform Broadway hits, arias, and showstoppers he has made famous in his solo performance career. One hundred early-bird tickets to cover upfront expenses sold out in three days. Advance tickets are selling briskly for \$25. Tickets at the gate \$35.

Beverage and food court open 5:30

PM, concert at 7:00 PM. CD's available.

For all the information you need go online and visit this website: www.MichaelBurgessinConcert.com.

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Mike Gush, top, Mike Touchie and Valane Clarke did their best to sportfish on Summit Lake June 30th north of Princeton. Mike and Mike spent part of the day driving logging roads in the area scoping out potential for the fall moose hunt. And, their tradition is to dip their lines into Summit Lake when they get the chance. All three are from Merritt. Photo: Arlene Arlow

Saddles 'n' Spurs

by Pastor George Donovan

Some Sundays I would fish for trout in the creek that ran through the ranch into Nicola Lake. The bush was quite thick along the banks and I loved to explore and find the good fishing holes.

What happy days!

Eventually I had explored right down to the lake and thought I would like to get out on it and try some fishing. I spotted a dead cottonwood snag on the water's edge. It stood about 10 to 12 feet high and 2 feet thick at the base and was leaning over the water.

This was to be my next Sunday project. I would fall it into the lake and use it as a one log raft. I looked forward to my next day off and my lone venture back to the lake and my soon to be means by which I could get out on the lake for some big fish.

Sunday came and I was ready with a borrowed hatchet and a length of rope with which to tie my watercraft. I went straight to the site right after lunch and began my work. The hatchet seemed mighty small but it was all I had. It took a long time but it finally fell into the lake as planned. I tied the rope around it and tied it to a tree on the shore but it was already time to leave for supper and I wasn't going to miss that.

Next Sunday I would be out on the lake for some real fishing. Soon it was my day to launch out for a day

on the lake.

I hurried down after breakfast only to find out that dead cottonwood is like a blotter or sponge and all my

work had sunk to the bottom.

Oh well.

It was a fun time anyway.

..... continued Next Week

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Cancer in western ranch cattle is rare today, almost unheard of. The cancer problem in beef pretty much disappeared when the mineral selenium was introduced into salt blocks. Most cattle will take a lick from the salt block several times in the course of a month, more in hot weather. People who eat western beef will derive some selenium from it.

British Columbia, like most of the provinces and states in mountainous regions, has no selenium occurring naturally in our soil and water. Therefore, we are deficient in this miracle mineral unless we take selenium as a supplement. Nutritionists recommend 50 to 100 mcg per day. A month's supply costs under \$10.00, so it is surprising that so few people take this valuable supplement.

Selenium does more than prevent cancer. Selenium builds muscle tissue and is particularly good for the heart and circulatory system. In the areas of China where early death from heart failure was common 50 years ago, the addition of a daily supplement of selenium has changed the life span of residents to add 20 to 30 years of life due to strengthening the heart and blood vessels.

Studies in Britain indicate another benefit of regular selenium supplements. Britain is deficient in selenium and researchers there, when studying the positive effects of selenium supplements, discovered this mineral appears to reduce symptoms of depression in many people. Perhaps it is the side benefit of a stronger immune system and stronger circulatory system, but researchers confirmed there is much less depression among people taking selenium supplements.

Considering the high cost of cancer treatments, heart medications and the endless stream of people on one sort or another of anti-depressant medication, the low cost of selenium would be an incentive to try it.

There is an ongoing myth that selenium is poisonous. Like anything else, if taken to excess, it could kill you, but keep those cattle in mind. They lick it off the salt block continually, and if it were poisonous, even over the long term, most beef ranchers would be out of business. If you take the recommended daily amount of selenium, you need not worry about being poisoned. In fact, the selenium is likely much less poisonous over the long term than your toothpaste or your cola drink!

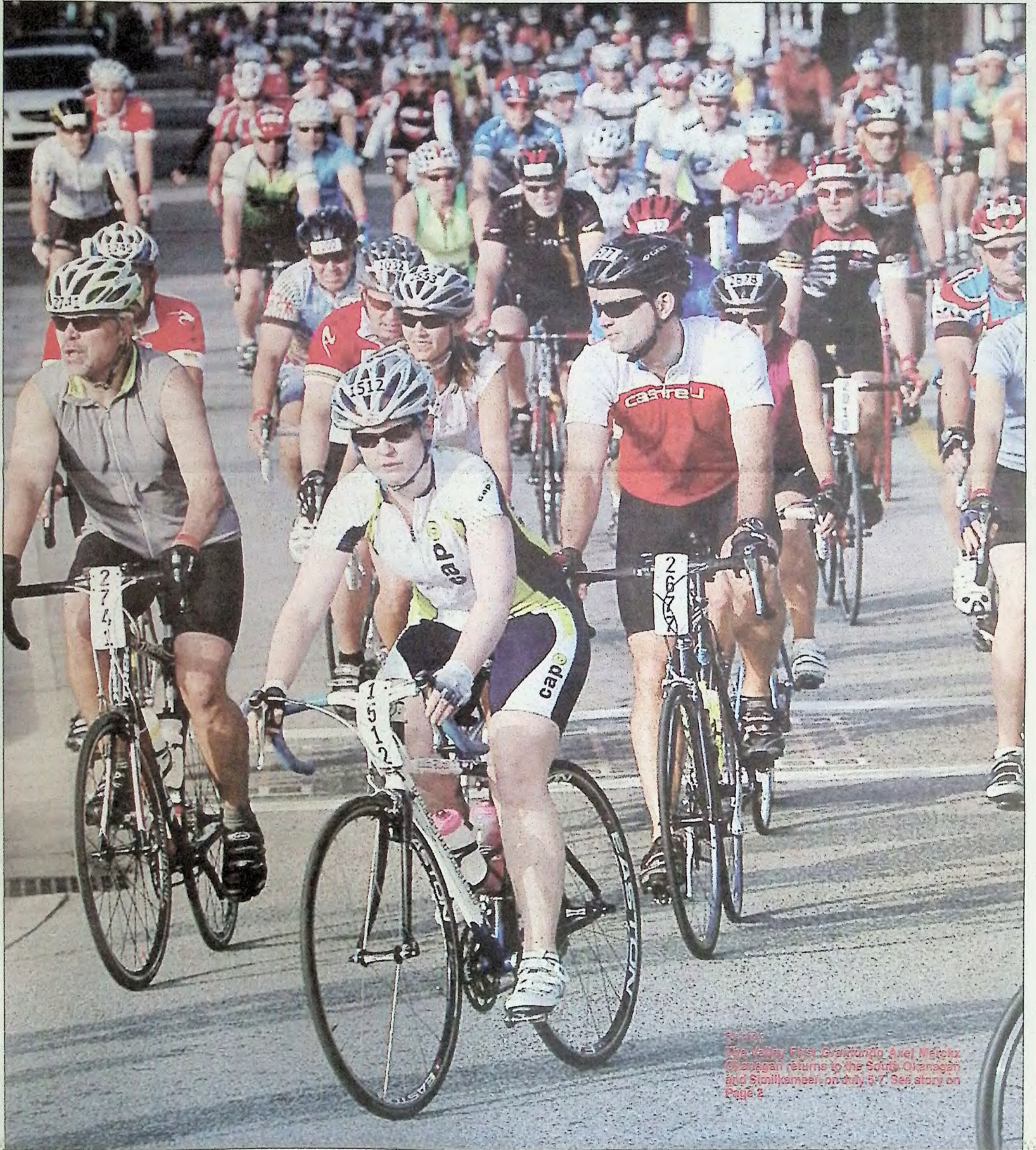
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and Similkameen on July 5-7. See story on
Page 2



Axel Merckx

Ride like the wind

The buzz of early-morning training has filled the South Okanagan air as cyclists gear up for the third annual Valley First Granfondo Axel Merckx Okanagan July 5-7 in Penticton.

Drawing close to 4,500 riders in its first two years, the Granfondo gives cyclists of all abilities the chance to experience a large, organized ride without the competitive element of racing.

The event provides significant economic spin-off for Penticton and communities throughout the Okanagan. Given the number of riders and fans and the average length of stay in the area, it is estimated the Granfondo has added \$4.5 million to the local economy.

The 2013 ride, being held on Sunday, July 7, is set to be the biggest yet.

"We've seen over the last two years what a tremendous event like Granfondo can have on our community," stated Valley First president Paulette Rennie. "As the title sponsor, we're proud to play its part in showcasing our little slice of paradise, supporting the local community and attracting such tremendous economic benefits to the region. The successes just keep on building."

Olympic medalist, Tour de France veteran and the driving force behind the Granfondo, Axel Merckx, is looking forward to the third staging of what has become a must-attend event on the local riding circuit.

"For many, including myself, this event is the highlight of the summer and we're thankful to

sponsors like Valley First for their amazing support," stated Merckx, a Kelowna resident.

With less than two weeks left until riders hit the road, training is peaking for many Granfondo participants. Popular in Europe, Granfondo events allow riders to experience the rigours of a full pro-level race with the same support enjoyed by professional cyclists. However, the emphasis is not only on competition, but also on participation.

The Granfondo also has many community benefits, as the event will again be supporting Valley First's signature cause, Feed the Valley.

In addition to cash donations, surplus race supplies and recyclables will once again be donated to Feed the Valley. The event also benefits the Axel Merckx Youth Development Foundation, a not-for-profit initiative aimed to help develop young cyclists in Canada.

The Granfondo is a fully supported ride featuring several categories and distances to challenge riders of all levels. The traditional Granfondo will span 160 kilometres, while the shorter Mediodfondo will feature a 92 kilometre route and the Cortofondo will cover 55 kilometres.

The weekend of the Granfondo, July 5-7, will feature a full schedule of events leading up to, and after, the ride.

For more information about the Valley First Granfondo Axel Merckx Okanagan, visit www.granfondoaxelmerckx.com.

—Staff

SPORTS COLUMN

Great move by Canucks to hire Coach Tortorella

By DAVID CROMPTON

Canucks fans are understandably skeptical about the hiring of John Tortorella as head coach of the 'Original 16' team.

Torts has forged a reputation for being curt and confrontational with the media, especially in his four-plus seasons on Broadway.

He is known to have very specific expectations of his players, and when they don't deliver, they quickly find themselves either riding the pine or sitting in the stands.

It will be interesting to see if Torts fashions a more amicable relationship with the Vancouver media, but what's wrong with expecting your players to lay it on the line to actually earn their bloated salaries?

As many of you are by now aware, I am a diehard Rangers fans and watched Torts transform the Rangers from a lifeless group of mercenaries without any real identity into a grinding, lunchpail team that was — for the most part — difficult to play against.

Of course, it never hurts to have arguably the best goaltender on the planet guarding your net, but even with Henrik Lundqvist the Rangers were going nowhere fast when they replaced Tom Renney with Tortorella late in the 2008-09 season.

Torts took over a mediocre Rangers team sitting outside the playoff picture and took them on a 12-7-2 run to sneak into the playoffs. Once there, the No. 8 seed Rangers had No. 1 seed Washington on the ropes 2-0 and 3-1 before the Caps rallied to win in seven games.

The following season, Torts guided a rebuilding Rangers team to an 87-point campaign. The Rangers and Flyers met in the last game of the season to decide the final playoff spot. New York nursed a 1-0 lead until midway through the third, but the Flyers tied it and it came down to the dreaded shootout to decide it.

With Lundqvist in goal, you had to like the Rangers chances, but the Flyers took it, made the playoffs and went all the way to the final where they fell to Chicago.

With younger players like Ryan McDonagh, Michael Del Zotto and Derek Stepan flourishing under Torts' guidance, the Rangers improved to 93 points in 2010-11, but against couldn't get past the Capitals in the first round. But the Rangers were young and competitive, thanks in large part to Tortorella's work.

In 2011-12, Torts led the improving young Rangers to a 109-point season and an Eastern

Conference pennant. The team was much better than the sum of its parts — again credit Torts for getting the most out of the Rangers.

In the playoffs, Torts squeezed every ounce of effort out of the modestly talented team as the Rangers beat Ottawa in 7 and exorcised their Washington demons in another seven-game dogfight. New York simply didn't have enough left in the tank against the upstart New Jersey Devils in the conference final.

In the lockout-shortened 2012-13 season, the Rangers struggled mightily after losing much of their grit and character in off-season trades and defections.

Injuries, a glaring lack of depth and having veteran star Brad Richards get old overnight forced Torts to trot out different lineups practically every night. Only Lundqvist kept the Rangers from being hopelessly buried in the standings as they were widely outplayed nightly. It was ugly, believe me.

At the urging of Torts, GM Glen Sather jettisoned underachieving star Marian Gaborik and got three solid NHL'ers in return, and traded draft picks to get some grit and toughness in Ryan Clowe. Former first round pick Derick Brassard flourished as a Ranger and went on to lead the team in playoff scoring; 22-year-old John Moore stepped in and drew comparisons to star defenceman Ryan McDonagh, while Derek Dorsett returned from injury to give the Rangers some more much-needed toughness.

Torts — who of course won a Stanley Cup as coach of the Tampa Bay Lightning — leaves the Rangers in much better shape than the dreadful group in which he inherited.

The future is bright and I am personally disappointed he is not going to be around to finish the job. Furthermore, I'm not so sure Alain Vigneault can take the Rangers to the next level.

I don't credit GM Mike Gillis for having a whole lot of foresight on personnel decisions, but I believe he made a shrewd move in hiring Torts.

I also don't know if the window of opportunity has closed for this Canucks team, but if it is open even just by a crack, John Tortorella may be just the guy to ram them right through it.

Go get 'em Torts. Even though you're a lot closer to where I reside than before, I'm gonna miss you.

David Crompton is a sports reporter at the Penticton Herald and a lifelong New York Rangers fan (even when they beat Vancouver for the Cup in '94.)

Meet the best mayor in Canada - Calgary's Naheed Nenshi

In a month where the mayors of Canada's two biggest cities — Toronto's Rob Ford and Michael Applebaum in Montreal — found themselves surrounded in controversy, along comes a heroic figure in Canada's fourth largest city.

As Calgary faces what could be the darkest period in the city's history, Mayor Naheed Nenshi has demonstrated Rudy Giuliani-style leadership in a time of crisis.

Mayor Nenshi has been nothing short

of remarkable from the time the floods hit.

He was on top of things right away, deprived himself of sleep, spoke eloquently and intelligently and in all interviews thanked Canadians for their outpouring of support.

(To their credit, the prime minister and premier were also on the scene quickly.)

A politician's true worth is measured in times of crisis. It's easy to be the mayor when things go well and, in the

case of Calgary, things usually do go well there (if we don't include the recent record of the Flames.)

He was the most unlikely of candidates to win in 2010 but mounted a grass-roots campaign and inspired young people to vote. He was young, Muslim, Ontario-born and a solid supporter of gay rights. These are attributes that traditionally don't get you elected in Alberta.

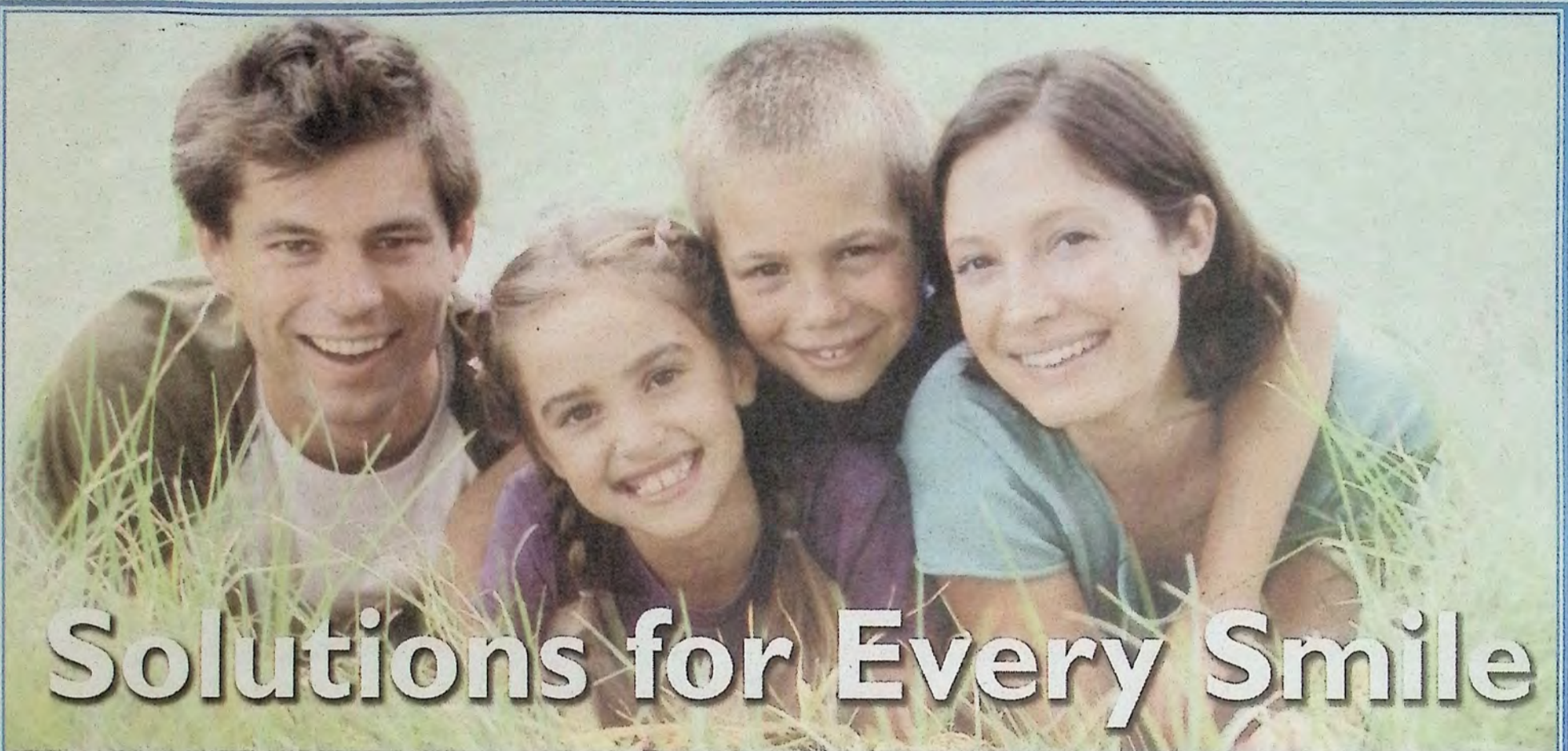
Not only did he win the election, he kicked ass. He wasn't afraid to tackle

the homebuilders and cops.

But Naheed Nenshi is far from a one-issue wonder. To combat pay raises, he donated 10 per cent of his salary (roughly \$20,000) to charity in 2012, the year city councillors voted themselves a six per cent pay raise. He's done great things for the arts, public transportation and infrastructure.

Penticton is holding a by-election for mayor. It would be wonderful if Nenshi would run here.

—James M. Miller



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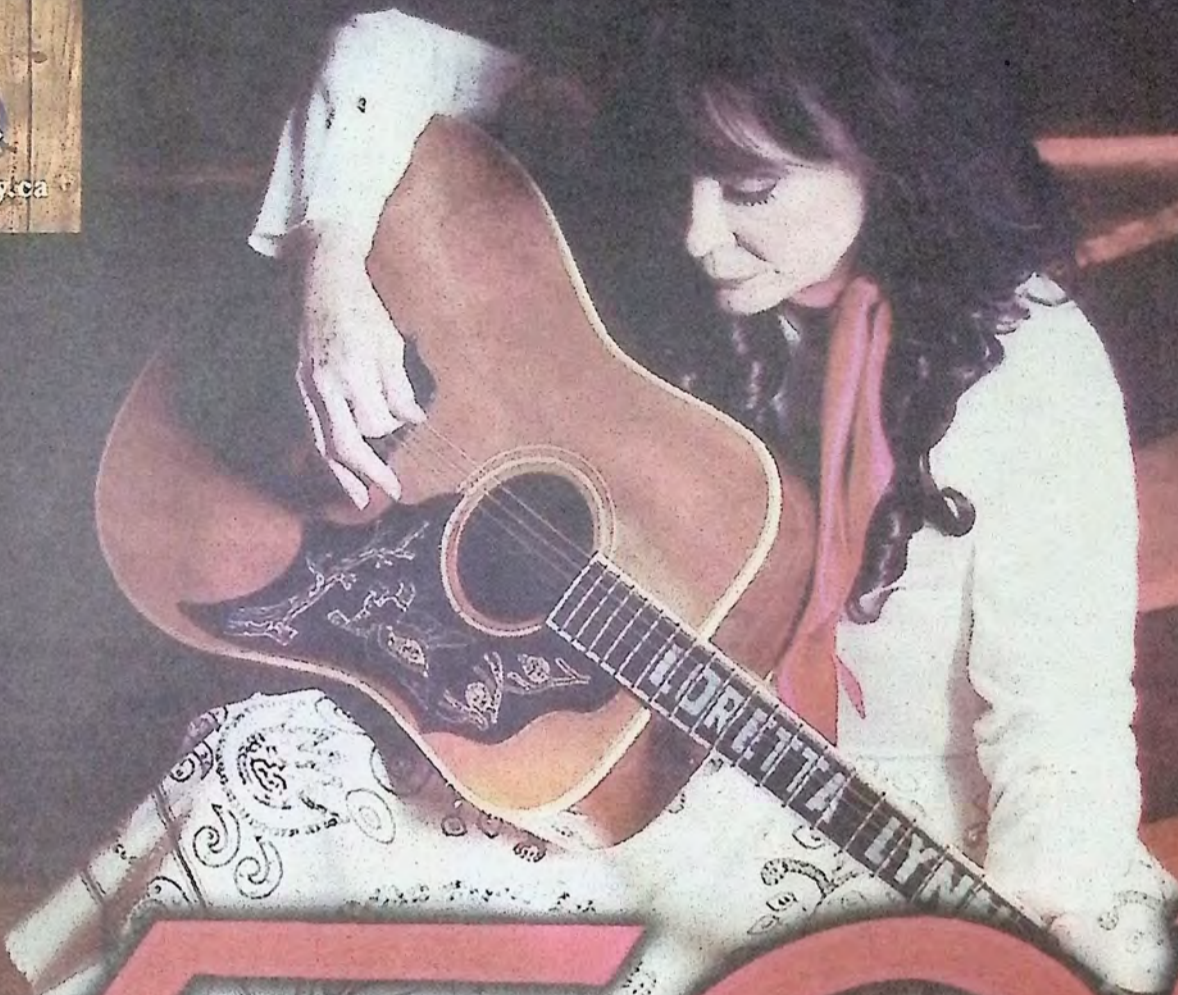


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Let's all go down to Dumas Walker's

By Similkameen Plus staff

Dennis 'Dumas' Walker has been broadcasting in the South Okanagan/Similkameen for 24 years, first with Giant FM and most recently on the Internet with www.socountry.ca which celebrated its one-year anniversary on June 26.

Walker was recently honoured with a Queen's Diamond Jubilee medal for his contributions to the community. Pentiction Herald editor James Miller interviewed Walker with topics ranging from country music to why he's so popular in the South Okanagan.



Dennis 'Dumas' Walker of SoCountry Radio

Nothing in Pentiction is that far away. As a reporter, I can get in and out of events quicker on a bike than a car. I went into the Giant's Head Run and thought, 'I bike, so I'm in shape' but oh did I feel it the next day. You do have to cross-train.

MILLER: How is www.socountry.ca doing?

WALKER: As expected. It's slow but it's moving in the right direction. When people want to listen to the radio, they don't think of going to the Internet... at least not at this time. The loyal followers have followed us over right away and there are a lot of people who wish they could get us in the car. We've actually gone over to some people's houses and showed them how to turn on their computer.

We're developing a small team now. I'm tweaking it my own way. I'm never lonely, people are coming into the studio all the time. I'm not getting a chance to enjoy it the way I'd like. Marketing is challenging because selling is a special skill that I'm not very good at and that's been the struggle. I've learned with Internet radio, we're not going to get listeners in a big batch but instead one at a time.

We've had listeners in Morocco, on a cruise on the Rhine River in Germany and snowbirds in

RV camps in Mexico, Apache Junction and El Centro, California.

MILLER: What do you like about living in Pentiction?

WALKER: The lakes, the lifestyle and I get a lot of sunshine. I cycle all the time and I garden a lot. Pentiction is the perfect size. I find Kelowna too big.

MILLER: Old or new country?

WALKER: I like new country if it sounds country. That's the market I'm looking for. Some of the pop crossover country is fine music but I don't know how it even fits the country mold. I've got nothing against Taylor (Swift) but it will be interesting to watch her in 20 years because she's a good banjo player.

MILLER: Why do the classic country songs seem so timeless?

WALKER: They are songs about life. They were quite honest about the way they were living. Loretta Lynn's life was a country song. It's not about somebody coming on stage and they put a cowboy hat on them. A lot of them were ranchers... from small, rural towns.

MILLER: What was your most exciting moment in radio?

WALKER: We decided at Great Valley Radio one year to do the last portion of Ironman in a helicopter and I'm not great in the air. Being a family-run station, we were working on a budget and didn't want it to last more than a half-hour. We waited for the leader to get to Cherry Lane Shopping Centre and took it from there and we timed it pretty well.

MILLER: Who was the biggest star you interviewed?

WALKER: The highest profile was Bill Cosby but my most memorable was with John McEuen of Nitty Gritty Dirt Band who couldn't believe radio was still done the way we were doing it. He even said it at the concert that night at the South Okanagan Events Centre.

MILLER: What was the biggest news story?

WALKER: The Garnet Fire. Someone stayed on the air but the rest of our staff, including our secretary and sales staff, all took a spot in town. Nobody was paid extra. We just covered it. It was frantic in town... like a war zone. I was on three different talk shows from the Coast.

MILLER: Of all the festivals and special events, do you have a favourite?

WALKER: I like rodeos even though I didn't grow up with the sport. I like the people at the rodeos. The Keremeos Rodeo is something I look forward to. The Princeton Air Show is wonderful. I love more than anything bluegrass festivals. I'm a big fan of Ricky Skaggs, Alison Krauss, Rhonda Vincent and Patty Loveless.

MILLER: Why are you so damn popular?

WALKER: I attend all the local events. When I got into radio, it is an ego driven business, but I thought if I can make myself approachable (I'd do well.) You can talk about an event all day but when you're actually there and you're part of it, people know that you're there for a reason.

MILLER: Have you ever considered running for political office?

WALKER: (Laughs). No. With my book-keeping, I think they'd get rid of me pretty quickly. I have a few quirks. I've never owned a credit card in my life. I figure if I can't afford something now, I can't afford it later. And I've never bought a lottery ticket.

Harry Lali comments on NDP 'disaster'

Defeated New Democrat MLA Harry Lali spent a few days after the election on a missing-persons case.

He wanted to find out why 3,000 identified NDP supporters in the Fraser-Nicola riding never showed up at the polls. Result? He lost by 600 votes.

He's pretty sure he cracked the case. It was partly complacency, based on pollsters and everyone else repeatedly assuring the NDP they had the 2013 election in the bag.

Beyond that, it was mostly the fact the party completely overlooked the need to appeal to blue-collar working people.

Lali said there was simply nothing in the campaign that connected with them. "We snatched defeat from the jaws of victory," he said.

And they did so with one specific move: Leader Adrian Dix's decision on Earth Day to come out against the Kinder Morgan proposal to twin an existing oil pipeline from Alberta to Vancouver.

Lali has no bitterness toward his friend Dix, because the entire party is to blame for the epic collapse.

"But Kinder Morgan (Dix's decision to



LES LEYNE
Inside B.C.

oppose the concept, even before the company has applied) put the final nail in the coffin for rural B.C.," Lali said.

"I could see it on the doorstep. It came across as the NDP against the economy and jobs."

Loggers, sawmill hands, ranchers, trades and transportation people – most of whom traditionally support the NDP – all "saw us as being against their jobs," said Lali.

"I think what's happening to the NDP – we've lost four in a row – is that we are not connecting with blue-collar workers. We are failing miserably.

"If you can't speak to rural B.C. and the

blue-collar worker, I would bet a million bucks if I had it, the NDP will never win an election again."

Lali differentiates between union support and blue-collar support. The vast majority of blue-collar people he has in mind are not in unions.

"It's people who get their hands dirty when they're working. They care about bread and butter. Everything else is secondary – the future of your children and jobs for them, is paramount."

Campaign tactics fed the complacency. "We had a whole lot of grenades to throw at the Liberals, and we failed to point out a single one of the (scandals)," he said.

The harmonized sales tax, B.C. Rail, the \$6-million payout to the guilty aides, the ethnic-outreach memo – none of the controversies were raised during the campaign.

"The message that really came across was: 'Don't rock the boat, be positive, we're not going to attack these guys on anything,'" said Lali. "So that sent a subliminal message to the voters: 'We're a shoo-in.'"

The polls reinforced that complacency among NDP voters. Meanwhile, the Liberals put the fear of God into their voters and

milked the electorate for every single available Liberal vote.

"Instead of becoming a masterpiece, it became a disaster."

House Leader John Horgan said Lali's explanation is valid, but there are dozens of reasons why they lost.

Another survivor, Esquimalt's Maurine Kariaganis, said the NDP did reach the blue-collar vote on the Island, where they increased their hold. "We traditionally lose elections. This is now three for 19."

She said the bigger challenge is the Green Party, to be represented in the legislature for the first time, by Andrew Weaver.

"They're obviously a bit more hip," she said. "They're attracting young, new voters. We need to look at that and say: 'How come they're hip, we're not hip, and how do we become relevant to young voters?'"

That squeeze – between a free-enterprise coalition that consistently beats them, and a trendy new party that appeals to an environmental movement the NDP used to own – could make the Opposition uncomfortable for some time to come.

Les Leyne covers the legislature for the Victoria Times Colonist. Email:

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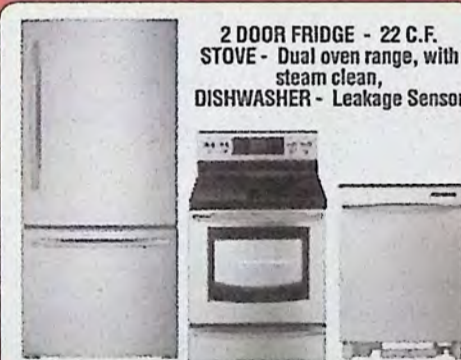
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News Leader Entertainment

Similkameen News Leader TV Guide Listings - July 10 - 16, 2013



A stage gets filled with performers at last year's Traditional Music Festival. *

Festival receives grant

Three groups that play a big role in helping celebrate and preserve the history of the Fraser-Nicola region will benefit in the latest round of Community Gaming Grants offered by the B.C. Government.

Organizations receiving grants:
- Nicola Valley Fall Fair Association (Merritt) - \$7,500 for the Nicola

Valley Fall Fair
- Princeton Traditional Music Society (Princeton) - \$5,500 for the Princeton Traditional Music Festival

- Ashcroft & District Rodeo Association (Ashcroft) - \$5,000 for the 2013 Rodeo Program
"Events like the Nicola Valley Fall

Fair and Ashcroft Rodeo showcase our region's dedication to agriculture and our love of the land, while the Princeton Traditional Music Festival celebrates our diverse musical cultures," says Fraser-Nicola MLA Jackie Tegart.

"These grants will help more people enjoy these wonderful community events with their friends and families."

Additional information:

- Community Gaming Grants allow non-profit organizations to apply for provincial gaming revenues.
- Across British Columbia, 68 recipients will share \$2,212,640 in the latest round of grants.
- Last fiscal year, in 2012/13, the British Columbia government distributed a total of \$135 million in gaming grants for eligible community programs and services.
- Approximately 5,300 community groups benefited from funding during 2011/12.

- submitted



Local performers, including Jason Gasparetto, participate in the annual Traditional Music Festival. *

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Tuesday Movies

EVENING

9:00 pm KNOW ch.5 "Autism: The Musical" (2007, Documentary) Five autistic children work together to create a live musical program.

9:30 pm WTBS ch.3 "1408" (2007, Horror) John Cusack. A writer who specializes in debunking supernatural phenomena experiences true terror when he spends a night in a reputedly haunted room of a

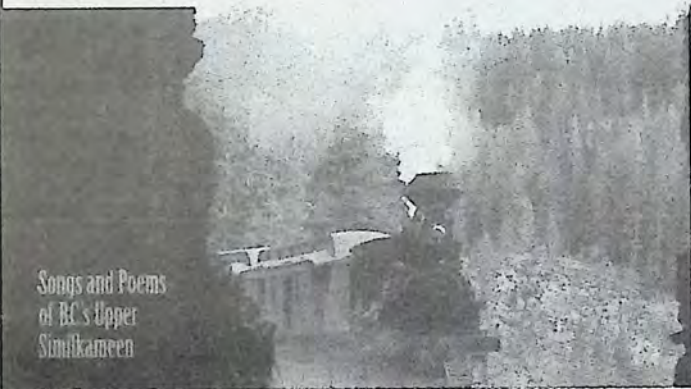
hotel.

11:30 pm WTBS ch.3 "Head of State" (2003, Comedy) Chris Rock. An alderman becomes a presidential candidate and chooses his unsophisticated brother as a running mate.

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News Leader Str8ts

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No. 133

Easy

Previous solution - Medium

				5		4		
	5	8						
				2			9	
				1				
	8		4				6	
			3		4	8		9
1						6		8
		1			9			
	2	6				7		

8	7	6	9	1	4	3	2	5
7	6	8	5	9	3	2	4	
		7	6	8		4	3	
5	4		8	7			1	2
4	3	2	7	6	5			1
	2	3	4		8	7	9	6
2	1	9		5	6	8	7	
1	5	4	2	3	7	9	6	8
		5	3	4	2		8	7

How to beat Str8ts - Like Sudoku, no single number can repeat in any row or column. But... rows and columns are divided by black squares into compartments. These need to be filled in with numbers that complete a 'straight'. A straight is a set of numbers with no gaps but can be in any order, eg [4,2,3,5]. Clues in black cells remove that number as an option in that row and column, and are not part of any straight. Glance at the solution to see how 'straights' are formed.

You can find more help and strategies at www.str8ts.com along with more puzzles, Apple apps and books.

THIS WEEK'S
News Leader Str8ts
SOLUTION WILL APPEAR
IN NEXT WEEK'S ISSUE

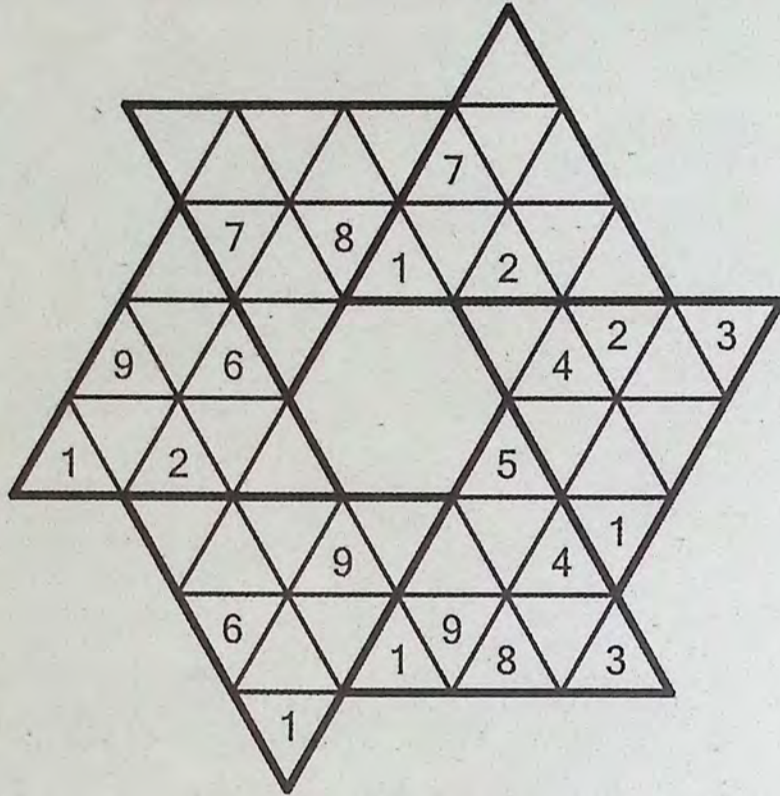
TUESDAY, JULY 9, 2013

	WTBS ch.3	CHBC ch.4	KNOW ch.5	KSPS ch.6	KHQ ch.7	KREM ch.8	A&E ch.9	KXLY ch.10	BCTV ch.11	CITY ch.12	CBC ch.13	YTV ch.18	TSN ch.19	VTV ch.22	DISC ch.24	FAM ch.26	CITY ch.29	SPIKE ch.44	TROP ch.45	
6 AM :30	In the Heat of the Night	Morning News (N)	To School G. Shrinks	Thomas Clifford	KHQ News 6AM (N)	KREM 2 Morning News	Criminal Minds (N)	News	Morning News (N)	(5:00) Morning News (N)	CBC News Now (N)	Being Ian Being Ian	SportsCentre	CTV Morning Live (N)	Mighty Planes	Stella-Sam Mickey	CityLine (N)	Bar Rescue (N)	Canadian Pickers (N)	
7 AM :30	Justice	Justice	Arthur (N) Magic Bus	Arthur Martha	Today Ryan Reynolds; Sandra Lee; Nick Cannon. (N)	CBS This Morning (N)	Criminal Minds (N)	Good Morning America (N)			Tiger Monster	Rescue Super Evil	SportsCentre		Mighty Ships	Never Land Hannah	Let's Make a Deal	Bar Rescue (N)	Earth: Final Conflict (N)	
8 AM :30	Judge Alex	Judge Alex	Tree Fu Dinosaur	Curious Cat In the			CSI: Miami (N)			Morning Huntley	Bo On/Go Busytown	Sidekick Beyblade	SportsCentre		Don't Drive Here	Suite/Deck Suite/Deck	The Price Is Right (N)	Bar Rescue (N)	Canadian Pickers (N)	
9 AM :30	Millionaire	Morning Huntley	Pinky Peep, Big	Super Why! Dinosaur			The 700 Club (N)	Live! Kelly and Michael	Morning Huntley	The Doctors (N)	Super Why! Cat In the	Pokémon Storm	SportsCentre	Live! Kelly and Michael	Gold Rush: Alaska	Wizards Wizards	Access Hollywood Live	Bar Rescue (N)	Canadian Pickers (N)	
10 AM :30	Law Order: CI	The Doctors (N)	Dinosaurs Rolle Polle	Sesame Street (E)			The Price Is Right (N)	Criminal Minds (N)	The View (N)	The Doctors (N)	Chef/Home Debt/Part	Poko Doodlepop	X Games: Munich. (N)	The View (N)	How/Made How/Made	ANT Farm ANT Farm	The Chew (N)	Bar Rescue (N)	Gold Girls (N)	
11 AM :30	Law Order: CI	Chef/Home Debt/Part	Berenstain Wild Kratts	Tiger Sit-Be Fit	Judge B. Judge B.	Young & Restless	Criminal Minds (N)	Summer Hairstyles!	Chef/Home Debt/Part	Noon News Hour	Steven and Chris	Super Evil Kid vs. Kat	X Games: Munich. (N)	Marilyn Denis	Overhaul'n (N)	Shake It Shake It	General Hospital (N)	Bar Rescue (N)	3's Co. (N)	
12 PM :30	Excused	Noon News Hour (N)	Dino Dan Rob Robot	Charlie Rose (N)	Paid Prog. America	News Bold	The First 48 (N)	The Chew (N)	Noon News Hour (N)	Days of our Lives (N)	CBC News Now (N)	Kid vs. Kat Team	Premier Poker	CTV News (N)	Sons of Guns (N)	Austin Austin	CityLine (N)	Bar Rescue (N)	Drew (N)	
1 PM :30	There Yet?	Days of our Lives (N)	Clifford Miss BG	Painting Quilting	Days of our Lives (N)	The Talk (N)	The First 48 (N)	General Hospital (N)	Days of our Lives (N)	The Talk (N)	Heartland (DVS)	Rated A Rated A	SportsNation (N)	Anderson Live (N)	Don't Drive Here	Jessie Jessie	Katie (N)	Bar Rescue (N)	3rd Rock (N)	
2 PM :30	King	The Talk (N)	Lilly Dinosaur	Barney WordWorld	Katie (N)	Let's Make a Deal	The First 48 (N)	The Jeff Probst Show	The Talk (N)	The Ricki Lake Show	Steven and Chris	Almost Super Evil	Off Record Interruption	Dr. Phil (N)	Overhaul'n (N)	Good Luck Good Luck	CityNews at 5 (N)	Tattoo	Roseanne (N)	
3 PM :30	The Office	The Ricki Lake Show	Rob Robot Jungle B'k	Sid WordGirl	Ellen DeGeneres Show	Dr. Phil (N)	Storage	Rachael Ray (N)	The Ricki Lake Show	Young & Restless	Recipes Stefano	Sidekick Squirrel	SportsCentre (N)	The Dr. Oz Show (N)	How/Made How/Made	Gravity Gravity	CityNews at 6 (N)	Tattoo	Canadian Pickers (N)	
4 PM :30	Big Bang	Young & Restless	G. Shrinks Arthur (N)	Wild Kratts Electric	Jdg Judy Jdg Judy	The Dr. Oz Show (N)	Storage	The Doctors (N)	Young & Restless	Early News Global Nat.	Dragons' Den (N)	Parents Parents	Hockey Interruption	Ellen DeGeneres Show	Licence to Drill	Gravity Gravity	How I Met 30 Rock	Tattoo	Canadian Pickers (N)	
5 PM :30	Browns	News (N)	Martha Wild Kratts	News Business	News NBC News	News CBS News	Storage	News ABC News	Early News Global Nat.	(4:59) News Hour	News News	Parents Parents	2013 Tour de France: Stage 10.	CTV News at Five (N)	How/Made How/Made	Gravity Gravity	Mindy Seed (N)	Tattoo	3's Co. (N)	
6 PM :30	Browns	Global Nat.	Animals Dogs/Jobs	PBS News-Hour (N)	News Millionaire	KREM 2 News at 6 (N)	Storage	News News	(5:59) News Hour (N)	ET Canada Ent	News Exchange	Mr. Young Mr. Young		CTV News (N)	Blood & Oil "Pay Dirt"	Dog Dog	America's Got Talent Auditions continue. (N)	Tattoo	Drew (N)	
7 PM :30	Seinfeld (N)	Ent	Be the Creature	Lewis & Clark Journey of Discovery	Jeopardy! Wheel	Access H. Shipping	Shipping	Ent Insider	Ent ET Canada	NCIS: Los Angeles	George S Coronation	Boys Boys	SportsCentre (N) (Live)	Big Bang etalk (N)	Deadliest Catch (N)	Dog Dog	CityNews-Tonight (N)	Tattoo	Roseanne (N)	
8 PM :30	Family Guy	NCIS "Canary" (N)	Monarchy	Corps of Discovery	Betty Betty	NCIS "Canary" (N)	Shipping	Extreme Weight Loss "Jami" (N)	NCIS "Canary" (N)	NCIS "Canary" (N)	Mercer 22 Minutes	One2One Idle	Off Record	So You Think You Can Dance (N Same-day Tape)	River Monsters	Dog Dog	CityNews-Tonight (N)	Tattoo	Debt/Part (N)	
9 PM :30	Amer. Dad	Big Brother (N)	Movie: "Autism: The Musical" (2007)	Frontline "Two American Families"	America's Got Talent Auditions continue. (N)	NCIS: Los Angeles	Storage	Body of Proof (N)	NCIS: Los Angeles	News Hour Final (N)	The National (N)	Prank Ptrl Prank Ptrl	SportsCentre (N)	Saving Hope (N)	Deadliest Catch	Lizzie So Raven	Jimmy Kimmel Live (N)	Tattoo	Drew (N)	
10 PM :30	Movie: "1408" (2007) John Cusack.	NCIS: Los Angeles	Snapshot	NW Proff																
11 PM :30	"Head"	CHBC News Final (N)	Be the Creature	Charlie Rose (N)	News Jay Leno	News Letterman	Shipping	News J. Kimmel	News Hour Final (N)	ET Canada J. Probst	CBC News Stampede	Boys Mr. Young	SportsCentre	CTV News	How/Made	Princess Paid Prog.	Paid Prog.	Tattoo	3rd Rock (N)	

News Leader Sudoku 462

HOSHI SUDOKU - About The Puzzle

Sudoku - also known as "Number Place" - is a logic-based, combinatorial number-placement puzzle. The aim of Sudoku is to enter a number from 1 through 9 in each cell of a grid, most frequently a 9x9 grid made up of 3x3 subgrids. Each row, column and region must contain only one instance of each number. This Sudoku variant is called "Hoshi Sudoku". It contains six large triangles. The numbers 1 to 9 must be placed into the cells of each large triangle. Every line of any length - even uncontinuous - must contain every number not more than once.



www.sudoku-puzzles.net

THIS WEEK'S SOLUTION: Page 20

Wednesday Movies

MORNING

8:34 am SPIKE ch.44 "The Last House on the Left" (2009, Horror) Tony Goldwyn. After their daughter is assaulted and left for dead, a couple take revenge on the assailants, who have taken shelter at the couple's house. (In Stereo)

An alderman becomes a presidential candidate and chooses his unsophisticated brother as a running mate.

11:30 pm WTBS ch.3 "Larry the Cable Guy: Health Inspector" (2006, Comedy) Larry the Cable Guy. An uncouth health inspector and his new partner probe an outbreak of food poisonings in the city's ritziest restaurants.

EVENING

9:30 pm WTBS ch.3 "Head of State" (2003, Comedy) Chris Rock.

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WEDNESDAY, JULY 10, 2013

	WTBS ch.3	CHBC ch.4	KNOW ch.5	KSPS ch.6	KHQ ch.7	KREM ch.8	A&E ch.9	KXLY ch.10	BCTV ch.11	CITY ch.12	CBC ch.13	YTV ch.18	TSN ch.19	VTV ch.22	DISC ch.24	FAM ch.26	CITY ch.29	SPIKE ch.44	TROP ch.45
6 AM :30	In the Heat of the Night	Morning News (N) ☺	To School G. Shrinks	Builder Clifford	KHQ News 6AM (N)	KREM 2 Morning News	Criminal Minds ☺	News	Morning News (N) ☺	(5:00) Morning News (N)	CBC News Now (N) ☺	Being Ian	SportsCentre ☺	CTV Morning Live (N) ☺	Gold Rush ☺	Stella-Sam Mickey	CityLine (N) ☺	Deadliest Warrior	Weird or What?
7 AM :30	Justice		Arthur ☺	Arthur	Today Daisy Fuentes; Ken Jeong. (N) ☺	CBS This Morning (N) ☺	Criminal Minds ☺	Good Morning America (N) ☺			Tiger	Rescue	SportsCentre ☺		Highway Thru Hell	Never Land Hannah	Let's Make a Deal ☺	Deadliest Warrior	Earth: Final Conflict ☺
8 AM :30	Judge Alex		Tree Fu	Curious			CSI: Miami ☺			Morning Huntley	Bo On/Go	Sidekick	SportsCentre ☺		Auction	Suite/Deck	The Price Is Right (N)	Ways Die (8:34)	Weird or What?
9 AM :30	Millionaire	Morning	Pinky	Super Why!		The 700 Club ☺	CSI: Miami ☺	Live! Kelly and Michael	Morning Huntley	The Doctors ☺	Super Why!	Pokémon	SportsCentre ☺	Live! Kelly and Michael	Licence to Drill	Wizards	Access Hollywood Live	"The Last House on the Left" (2009)	Weird or What?
10 AM :30	Law Order: CI	The Doctors ☺	Dinosaurs Rolle Polie	Sesame Street ☺ (E)		The Price Is Right (N)	Criminal Minds ☺	The View ☺	The Doctors ☺	Chef/Home Debt/Part	Poko ☺	Squirrel	X Games: Munich. (N)	The View ☺	How/Made	ANT Farm	The Chew ☺		Gold Girls
11 AM :30	Law Order: CI	Chef/Home Debt/Part	Berenstain Wild Kratts	Tiger Sit-Be Fit	Judge B. Judge B.	Young & Restless	Criminal Minds ☺	Paid Prog.	Chef/Home Debt/Part	Noon News Hour	Steven and Chris ☺	Super Evil Kid vs. Kat	X Games: Munich. (N)	Marilyn Denis	Mayday ☺	Shake It	General Hospital (N) ☺	Cops ☺	3's Co.
12 PM :30	Excused	Noon News Hour (N)	Dino Dan Rob Robot	Charlie Rose ☺	Paid Prog. Omega XL	News Bold	The First 48 ☺	The Chew ☺	Noon News Hour (N)	Days of our Lives (N)	CBC News Now (N) ☺	Kid vs. Kat Team	Premier Poker	CTV News (N) ☺	Blood & Oil "Pay Dirt"	Austin	CityLine ☺	Cops ☺	'70s Show
1 PM :30	There Yet?	Days of our Lives (N)	Clifford Miss BG	Oil Painting Sewing	Days of our Lives (N)	The Talk (N) ☺	The First 48 ☺	General Hospital (N) ☺	Days of our Lives (N)	The Talk (N) ☺	Heartland ☺ (DVS)	Rated A	SportsNation (N) ☺	Anderson Live ☺	Deadliest Catch ☺	Jessie ☺	Katie ☺	Cops ☺	3rd Rock
2 PM :30	King	The Talk (N) ☺	Lilly	Barney	Katie ☺	Let's Make a Deal ☺	The First 48 ☺	The Jeff Probst Show	The Talk (N) ☺	The Ricki Lake Show	Steven and Chris ☺	Almost Super Evil	Off Record	Dr. Phil ☺	River Monsters ☺	Good Luck	CityNews at 5 (N) ☺	Cops ☺	Roseanne
3 PM :30	The Office	The Ricki Lake Show	Rob Robot Shaun	Sid WordGirl	Ellen DeGeneres Show	Dr. Phil ☺	The First 48 ☺	Rachael Ray ☺	The Ricki Lake Show	Young & Restless	Recipes Stefano	Sidekick Squirrel	SportsCentre (N) ☺	The Dr. Oz Show ☺	How/Made	Austin	CityNews at 6 (N) ☺	Cops ☺	Weird or What?
4 PM :30	Big Bang	Young & Restless	G. Shrinks Arthur ☺	Wild Kratts Electric	Jdg Judy	The Dr. Oz Show ☺	Duck D.	The Doctors ☺	Young & Restless	Early News Global Nat.	Dragons' Den ☺	SpongeBob	Hockey	Ellen DeGeneres Show	Mighty Planes "NOAA"	Austin	How I Met 30 Rock	Fight Master	Weird or What?
5 PM :30	Browns	News (N) ☺	Martha	News	News	News	Duck D.	News	Early News (4:59) News Hour	News	SpongeBob	2013 Tour de France	CTV News at Five (N)	Millie Wide Tornado:	Austin	America's Got Talent	Fight Master	3's Co.	
6 PM :30	Browns	Global Nat.	Animals	PBS News-Hour (N) ☺	News	KREM 2 News at 6 (N)	Duck D.	News	(5:59) News Hour (N)	ET Canada	News	Mr. Young	CTV News (N) ☺	Nerve Center ☺	Good Luck	America's Got Talent	Bellator 360 (N) ☺	'70s Show	
7 PM :30	Seinfeld ☺	Ent	Frontiers of	NOVA ☺	Jeopardy!	Inside Ed.	Duck D.	Ent	Ent	Camp "Pilot" ☺	George S	Boys	SportsCentre (N) (Live) ☺	Big Bang	Myth-Busters ☺	Good Luck	Mod Fam	Fight Master	Roseanne
8 PM :30	Family Guy	Big Brother (N) ☺	Hidden Cities of Asia	Secrets of the Dead King Tut-anckhamen's tomb.	America's Got Talent	Big Brother ☺	Duck D.	The Middle	Big Brother (N) ☺	Big Brother (N) ☺	Dragons' Den ☺	Indie	Indie	MasterChef A Mexican-inspired mystery box. (N)	Deadliest Catch ☺	Good Luck	CityNews-Tonight (N)	Fight Master	Debt/Part ET Canada
9 PM :30	Amer. Dad	The American Baking	Jazz "The Gift" Young Armstrong, Ellington.	America Revealed ☺	(10:01) Camp "Pilot" ☺	CSI: Crime Scene	Duck D.	Mod Fam	The American Baking	The American Baking	Republic of Doyle ☺	Wipeout Canada ☺	Premier Poker	Millie Wide Tornado:	Wingin' It	Jimmy Kimmel Live (N)	Fight Master	3's Co.	
10 PM :30	Movie: "Head of State" (2003) Chris Rock.	Camp "Pilot" ☺					Duck D.	Neighbors	ABC's The Lookout (N)	Camp "Pilot" ☺	News Hour Final (N)	The National (N) ☺	Prank Ptrl	SportsCentre ☺	The Listener (N) ☺	Lizzie So Raven	Maury ☺	Fight Master	'70s Show
11 PM :30	"Larry"	CHBC News Final (N)	Frontiers of	Charlie Rose (N) ☺	News	News	Duck D.	News	News Hour Final (N)	ET Canada	CBC News	Boys	SportsCentre ☺	CTV News	Myth-Busters ☺	Cory Princess	Paid Prog.	Bellator 360 ☺	3rd Rock

Similkameen Valley Canada Day

July 1st in Princeton and Keremeos



A wee display of patriotism was evident at #2689 along Highway 5A June 30th. We Canadians, for the most part, pale against our neighbours to the South in public displays of National Independence. For Canada, the big day is July 1st. For Americans, it is July 4th. Photo: Arlene Arlow



Councillor Kim Maynard, Mayor Frank Armitage and Ambassador Destiny Earle cut and served Canada's birthday cake at the July 1 celebration in Princeton. Photo: Dawn Johnson



The toy display at Princeton Museum was a hit for children on Canada Day. Photo: Dawn Johnson



Chinese tourists joined the fun of dressing 'western' for a photo at the Princeton Museum on Canada Day. They were the object of a lot of taunts and laughter from fellow tour bus passengers. Photo: Dawn Johnson



Generous local musicians donated time and talent to present a free concert of easy listening music on an outdoor stage on Vermillion Avenue at Princeton Museum on Canada Day. Photo: Dawn Johnson



Following the Canada Day Festivities at Memorial Park in Keremeos, one could purchase a burger, cooked sausage on a bun and beverage at the Grist Mill. Local dignitaries flipped burgers. Entertainment was free. The trees along Keremeos Creek provided needed shade in the 35-plus temperatures. Photo: Arlene Arlow

SO COUNTRY INTERNET RADIO

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Thursday Movies

EVENING

9:30 pm WTBS ch.3 "The 6th Day" (2000, Science Fiction) Arnold

Schwarzenegger. When a man discovers he has been illegally cloned, he must outrun assassins trying to protect their secret experiment.

Similkameen News Leader

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PHOTO AT LEFT: Allison Lake has been restored to its glory with this year's abundant Spring rains. It wasn't more than a couple of years ago when the water level in Allison Lake was at a record low. Evidence of folks having fun being pulled behind motorboats can be seen in the bottom of the picture: the wake is playing with the available light. Photo: Arlene Arlow

THURSDAY, JULY 11, 2013

	WTBS ch.3	CHBC ch.4	KNOW ch.5	KSPS ch.6	KHQ ch.7	KREM ch.8	A&E ch.9	KXLY ch.10	BCTV ch.11	CITY ch.12	CBC ch.13	YTV ch.18	TSN ch.19	VTV ch.22	DISC ch.24	FAM ch.26	CITY ch.29	SPIKE ch.44	TROP ch.45
6 AM	In the Heat of the Night	Morning News (N) [R]	To School	Thomas	KHQ News 6AM (N)	KREM 2 Morning News	Criminal Minds [R]	News	Morning News (N) [R]	(5:00) Morning News (N)	CBC News Now (N) [R]	Being Ian	SportsCentre [R]	CTV Morning Live (N) [R]	Junk Ralders	Stella-Sam Mickey	CityLine (N) [R]	DEA [R]	Housewives
7 AM	Justice	Justice	Arthur [R]	Arthur	Today Katherine Preston; Mark Bitman. (N) [R]	CBS This Morning (N) [R]	Criminal Minds [R]	Good Morning America (N) [R]			Tiger	Rescue	SportsCentre [R]		Mighty Planes [R]	Never Land Hannah	Let's Make a Deal [R]	DEA [R]	Earth: Final Conflict [R]
8 AM	Judge Alex	Judge Alex	Tree Fu	Curious			CSI: Miami [R]		Morning Huntley		Bo On/Go	Sidekick	SportsCentre [R]		Fast N' Loud [R]	Suite/Deck	The Price Is Right (N)	DEA "Deep Cover" [R]	Four Weddings Canada
9 AM	Millionaire	Morning Millionaire	Pinky	Super Why!		The 700 Club [R]	CSI: Miami "Darkroom"	Livel Kelly and Michael	Morning Huntley	The Doctors [R]	Super Why! Cat in the	Pokémon Storm	SportsCentre [R]	Livel Kelly and Michael	Pyros "The Big Show"	Wizards	Access Hollywood Live	DEA [R]	Housewives
10 AM	Law Order: CI	The Doctors [R]	Dinosaurs	Sesame Street [R] (EI)		The Price Is Right (N)	Criminal Minds [R]	The View [R]	The Doctors [R]	Chef/Home Debt/Part	Poko [R]	Squirrel Super Evil	NHRA Drag Racing: Summit	The View [R]	How/Made	ANT Farm	The Chew [R]	DEA [R]	Gold Girls
11 AM	Law Order: CI	Chef/Home Debt/Part	Berenstain Wild Kratts	Tiger Sit-Be Fit	Judge B.	Young & Restless	Criminal Minds [R]	Bra Buying Secrets	Chef/Home Debt/Part	Noon News Hour	Steven and Chris [R]	Super Evil Kid vs. Kat	Racing Equipment Nationals. (Taped) [R]	Marilyn Denis	Dangerous Flights	Shake It	General Hospital (N) [R]	Cops [R]	3's Co.
12 PM	Excused	Noon News Hour (N)	Dino Dan	Charlie Rose (N) [R]	Paid Prog.	News	The First 48 [R]	The Chew [R]	Noon News Hour (N)	Days of our Lives (N)	CBC News Now (N) [R]	Kid vs. Kat Team Gal		CTV News (N) [R]	Mile Wide Tornado:	Austin	CityLine [R]	Cops [R]	Frasler [R]
1 PM	There Yet?	Days of our Lives (N)	Clifford	Painting	Days of our Lives (N)	The Talk (N) [R]	The First 48 [R]	General Hospital (N) [R]	Days of our Lives (N)	The Talk (N) [R]	Heartland "The Fix" [R]	Rated A	Premier Poker	Anderson Live [R]	Nerve Center [R]	Jessie [R]	Katie [R]	Cops [R]	3rd Rock
2 PM	King	The Talk (N) [R]	Lilly	Barney	Katie [R]	Let's Make a Deal [R]	The First 48 [R]	The Jeff Probst Show	The Talk (N) [R]	The Ricki Lake Show	Staven and Chris [R]	Almost Super Evil	Off Record Interruption	Dr. Phil [R]	Myth-Busters [R]	Good Luck	CityNews at 5 (N) [R]	Cops [R]	Roseanne
3 PM	The Office	The Ricki Lake Show	Rob Robot	Sid	Ellen DeGeneres Show	Dr. Phil [R]	The First 48 [R]	Rachael Ray [R]	The Ricki Lake Show	Young & Restless	Recipes Stefano	Sidekick Squirrel	SportsCentre (N) [R]	The Dr. Oz Show [R]	How/Made	Wingin' It	CityNews at 6 (N) [R]	Cops [R]	Four Weddings Canada
4 PM	Big Bang	Young & Restless	G. Shrinks	Wild Kratts	Jdg Judy	The Dr. Oz Show [R]	The First 48 [R]	The Doctors [R]	Young & Restless	Early News Global Nat.	Dragons' Den [R]	Parents	CFL Pre	Ellen DeGeneres Show	Fast N' Loud [R]	Wingin' It	How I Met	Cops [R]	Housewives
5 PM	Browns	News (N) [R]	Martha	News	News	News	Intervention [R]	News	Early News	(4:59) News Hour	News	Parents	CFL Football: Saskatchewan Roughriders at Toronto Argonauts. (Live)	CTV News at Five (N)	Fast N' Loud [R]	Wingin' It	Person of Interest [R]	Cops [R]	3's Co.
6 PM	Browns	Global Nat.	Animals	PBS News-Hour (N) [R]	News	KREM 2 News at 6 (N)	Intervention (N) [R]	News	(5:59) News Hour (N)	ET Canada	News	Mr. Young		CTV News (N) [R]	Fast N' Loud (N) [R]	ANT Farm	Hell's Kitchen (N) [R]	IMPACT Wrestling (N) [R]	Frasler [R]
7 PM	Seinfeld [R]	Ent	Ancient Clues [R]	The Diamond Queen	Jeopardy!	Beyond Scared Straight	Ent	Ent	Rookie Blue (N) [R]	George S	Boys			Big Bang	Fantom-Works (N)	ANT Farm	Murdoch Mysteries	Roseanne	Roseanne
8 PM	Family Guy	The Office	The Story of Science	New Tricks [R]	The Winner Is... [R]	Big Bang	Beyond Scared Straight	Wipeout (N) [R]	The Office	The Office	The Nature of Things	Indie		Big Bang	Shred!	A.N.T. Farm [R]	CityNews-Tonight (N)	Fight Master	Debt/Part
9 PM	Amer. Dad	The Winner Is... [R]	All You Need Is Klaus	Inspector George Gently [R]	The Winner Is... [R]	Person of Interest [R]	(9:01) Intervention [R]	Motive "Public Enemy"	The Winner Is... [R]	The Winner Is... [R]	Doc Zone [R] (DVS)	Wipeout Canada [R]	Premier Poker	Motive "Public Enemy"	Fast N' Loud [R]	Wingin' It	Jimmy Kimmel Live (N)	Fight Master	3's Co.
10 PM	*** "The 6th Day" (2000) Tony Goldwyn	(10:01) Rookie Blue (N)	Snapshot	Healthy	Hollywood Game Night	(10:01) Elementary [R]	(10:01) Intervention [R]	(10:01) Rookie Blue (N)	(10:01) Rookie Blue (N)	News Hour Final (N)	The National (N) [R]	Prank Ptrl	SportsCentre (N) [R]	Hollywood Game Night	Fantom-Works	Lizzie	Maury (N) [R]	Fight Master	Frasler [R]
11 PM		CHBC News Final (N)	Ancient Clues [R]	Charlie Rose (N) [R]	News	News	Beyond Scared Straight	News	News Hour Final (N)	ET Canada	CBC News	Boys	SportsCentre [R]	CTV News	Fast N' Loud [R]	Princess	Paid Prog.	Wildest Police Videos	3rd Rock

Friday Movies

EVENING

7:00 pm YTV ch.18 "iParty With Victorious" (2011, Comedy) Miranda Cosgrove. Scorned girlfriends Carly and Tori hatch a plot against the boy that they are both dating. (In Stereo) (CC)
 8:04 pm FAM ch.26 "Enchanted" (2007, Fantasy) Amy Adams. Live action/animated. Banished by an evil queen, a princess from a fairytale world lands in modern Manhattan, where music, magic and "happily ever after" are sorely lacking. (In Stereo) (CC)
 9:30 pm WTBS ch.3 "Monster-in-Law" (2005, Romance-Comedy) Jennifer Lopez. A woman fights back when her fiance's shrewish mother tries to

destroy their relationship.
 10:00 pm FAM ch.26 "Camp Rock 2: The Final Jam" (2010, Musical Comedy) Demi Lovato. Musicians challenge rivals to the ultimate battle of the bands. (In Stereo) (CC)
 11:30 pm WTBS ch.3 "Pride" (2007, Drama) Terrence Howard. In the 1970s an aficionado and a janitor renovate an abandoned pool and establish a swim team in one of Philadelphia's roughest neighborhoods.

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News Leader Recipe 569

Coastal Salad with Grapes and Shrimp

(NC)—When temperatures rise, the idea of cooking anything loses its appeal. That's when salads like Coastal Salad with Grapes and Shrimp come to the rescue.

This salad is rich but refreshing and the grapes are the key. Their juicy sweetness complements the flavour of the shrimp. Their crisp texture adds to the crunch of the celery and water chestnuts. And grapes have a tang that acts as a foil to the rich dressing.

Coastal Salad with Grapes and Shrimp is fit for a party on the patio with whatever is on the barbecue or by itself for a filling lunch. The salad can also be presented in a number of ways: the salad mixture can be mounded onto butter lettuce leaves, mixed with baby greens, or for an especially rich treat, inside an avocado half.

Ingredients:

- 1 pound large pink bay shrimp
- 1 cup seedless California grapes, quartered
- 1/2 cup chopped celery
- 1/2 cup chopped water chestnuts
- 2 each green onions, sliced, white and green parts kept separate
- 2 tablespoons mayonnaise
- 2 tablespoons dry sherry
- 1/4 teaspoon salt
- 1/4 teaspoon freshly ground black pepper
- Few drops toasted sesame oil
- Pinch dry mustard
- 1 tablespoon sesame seeds

In a medium bowl, combine the shrimp, grapes, celery, water chestnuts and the sliced whites of the green onion. In a small bowl, combine the mayonnaise, sherry, salt, pepper, sesame oil and dry mustard. Gently mix with shrimp and grape mixture. Sprinkle with the sliced green part of the onion and the sesame seeds. Refrigerate until ready to serve. Serves 4.

Nutritional analysis per serving: Calories 227; Protein 25 g; Carbohydrate 13 g; Fat 8 g; 31% Calories from Fat; Cholesterol 226 mg; Sodium 457 mg; Potassium 362 mg; Fiber 3 g.

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FRIDAY, JULY 12, 2013

	WTBS ch.3	CHBC ch.4	KNOW ch.5	KSPS ch.6	KHQ ch.7	KREM ch.8	A&E ch.9	KXLY ch.10	BCTV ch.11	CITV ch.12	CBC ch.13	YTV ch.18	TSN ch.19	VTV ch.22	DISC ch.24	FAM ch.26	CITY ch.29	SPIKE ch.44	TROP ch.45
6 AM	In the Heat of the Night	Morning News (N) 30	To School G. Shrinks	Builder Clifford	KHQ News 6AM (N)	KREM 2 Morning News	The First 48 30	News	Morning News (N) 30	(5:00) Morning News (N)	CBC News Now (N) 10	Belng Ian Belng Ian	SportsCentre 30	CTV Morning Live (N) 10 30	How/Made How/Made	Stella-Sam Mickey	CityLine (N) 30	Deadliest Warrior	Security Security
7 AM	Justice Justice		Arthur 10 Magic Bus	Arthur Martha	Today Summer diet books; Ed Sheeran performs. (N) 10 30	CBS This Morning (N) 10 30	The First 48 30	Good Morning America OneRepublic performs.			Tiger Monster	Rescue Super Evil	SportsCentre 30		Pyros "Mexican Fire"	Never Land Hannah	Let's Make a Deal 30	Deadliest Warrior	Earth: Final Conflict 10
8 AM	Judge Alex Judge Alex		Tree Fu Dinosaur	Curious Cat In the			The First 48 30		Morning Huntley		Bo On/Go Busytown	Sidekick Beyblade	SportsCentre 30	Myth-Busters 10 30	Sulte/Deck Sulte/Deck	The Price is Right (N)	Deadliest Warrior	Outlaw Bikers 10 30	
9 AM	Millionaire Millionaire	Morning Huntley	WordWorld Peep, Big	Super Why! Dinosaur		The 700 Club 10 30	The First 48 30	Livel Kelly and Michael	Morning Huntley	The Doctors 10 30	Super Why! Cat In the	Pokémon Storm	SportsCentre 30	Livel Kelly and Michael	Bering Sea Gold 30	Wizards Wizards	Access Hollywood Live	Deadliest Warrior	Security Security
10 AM	Law Order: CI	The Doctors 10 30	Dinosaurs Rolle Polle	Sesame Street 10 (E)		The Price is Right (N)	The First 48 30	The View 10 30	The Doctors 10 30	Chef/Home Debt/Part	Poko 30 Doodlebop	Squirrel Super Evil	X Games: Munich. (N)	The View 10 30	How/Made How/Made	ANT Farm ANT Farm	The Chew 10 30	Deadliest Warrior	Gold Girls Gold Girls
11 AM	Law Order: CI	Chef/Home Debt/Part	Borenstain Wild Kratts	Tiger Sit-Be Fit	Judge B. Judge B.	Young & Restless	The First 48 30	Paid Prog. Paid Prog.	Chef/Home Debt/Part	Noon News Hour	Steven and Chris 30	Super Evil Kid vs. Kat	Softball: World Cup: Canada vs. United States.	Marilyn Denis	Mighty Ships 30	Shake It Shake It	General Hospital (N) 10	Deadliest Warrior	3's Co. 3's Co.
12 PM	Excused Excused	Noon News Hour (N)	Dino Dan Rob Robot	Charlie Rose (N) 30	Paid Prog. Paid Prog.	News Bold	The First 48 30	The Chew 10 30	Noon News Hour (N)	Days of our Lives (N)	CBC News Now (N) 10	Kid vs. Kat Team	CTV News (N) 10 30	Fast N' Loud 10 30	Austin Austin	CityLine 30	Deadliest Warrior	King King	
1 PM	There Yet? There Yet?	Days of our Lives (N)	Clifford Miss BG	Color Scrapbook	Days of our Lives (N)	The Talk (N) 10 30	The First 48 30	General Hospital (N) 10	Days of our Lives (N)	The Talk (N) 10 30	Heartland 30 (DVS)	Rated A Rated A	Premier Poker	Anderson Live 10 30	Fantom Works	Jessie 30 Jessie 30	Katie 10 30	Deadliest Warrior	3rd Rock 3rd Rock
2 PM	King King	The Talk (N) 10 30	Lilly Dinosaur	Barney WordWorld	Katie 10 30	Let's Make a Deal 30	The First 48 30	The Jeff Probst Show	The Talk (N) 10 30	The Ricki Lake Show	Steven and Chris 30	Almost Super Evil	Off Record Interruption	Dr. Phil 10 30	Fast N' Loud 10 30	Good Luck Good Luck	CityNews at 5 (N) 30	Deadliest Warrior	Roseanne Roseanne
3 PM	The Office The Office	The Ricki Lake Show	Rob Robot Jungle B'k	Sid WordGirl	Ellen DeGeneres Show	Dr. Phil 10 30	Storage Storage	Rachael Ray 10 30	The Ricki Lake Show	Young & Restless	Recipes Stefano	Sidekick Squirrel	SportsCentre (N) 30	The Dr. Oz Show 30	How/Made How/Made	Jessie 30 Jessie 30	CityNews at 6 (N) 30	Deadliest Warrior	Outlaw Bikers 10 30
4 PM	Big Bang Big Bang	Young & Restless	G. Shrinks Arthur 10	Wild Kratts Biz Kid\$	Jdg Judy Jdg Judy	The Dr. Oz Show 30	Storage Storage	The Doctors 10 30	Young & Restless	Early News Global Nat.	Dragons' Den 10 30	Kung Fu Kung Fu	CFL Pre CFL Football: Calgary Stampeders at Montreal Alouettes. (Live) 30	Ellen DeGeneres Show	NeverEver NeverEver	Jessie 30 Jessie 30	How I Met 30 Rock	Deadliest Warrior	Security Security
5 PM	Browns Payne	News (N) 30	Martha Wild Kratts	News Business	News NBC News	News CBS News	Storage Storage	News ABC News	Early News Global Nat.	(4:59) News Hour	News News	Turtles Turtles		CTV News at Five (N)	Sons of Guns 10 30	Jessie 30 Jessie 30	Funniest Home Videos	Deadliest Warrior	Are You Smarter
6 PM	Browns Payne	Global Nat. News	Animals Parks	PBS News-Hour (N) 30	News Millionaire	KREM 2 News at 6 (N)	Storage Storage	News News	(5:59) News Hour (N)	ET Canada Ent	News Exchange	SpongeBob SpongeBob		CTV News (N) 10 30	Don't Drive Here	Phineas Phineas	Wipeout (N) 10 30	Ways Die	Are You Smarter
7 PM	Seinfeld 10 Seinfeld 10	Ent ET Canada	The Blue Planet	Wash Need	Jeopardy! Wheel	Inside Ed. Access H.	Storage Storage	Ent Insider	Ent ET Canada	16x9 (N) 30	George S Coronation	Movie: "iParty With Victorious" 10		Big Bang etalk (N)	Mighty Planes "NOAA"	Phineas Phineas	Mantracker 30 (DVS)	Ways Die	Are You Smarter
8 PM	Family Guy Family Guy	Bones 30 (DVS)	Ballykissangel (N) 30	Doc Martin "Old Dogs"	Camp "Pilot" 10 30	Undercover Boss 30	Storage Storage	Shark Tank 30 (DVS)	Bones 30 (DVS)	Bones 30 (DVS)	Mr. D 10 Ron James	Super Evil	SportsCentre (N) (Live) 30	Shark Tank 30 (DVS)	Mayday 30	(8:04) Movie: *** "Enchanted" (2007) 10 30	CityNews-Tonight (N)	Ways Die	Debt/Part ET Canada
9 PM	Amer. Dad Movie: ** "Monster-in-Law" (2005)	Hawaii Five-0 "Hoi Pili"	Miss Marple Miss Marple is suspicious of a letter.	American Masters "A Letter to Elia"	Dateline NBC (N) 10 30	Hawaii Five-0 "Hoi Pili"	Storage Storage	What Would You Do?	Hawaii Five-0 "Hoi Pili"	Hawaii Five-0 "Hoi Pili"	the fifth estate 10 30	Mr. Young Mr. Young	Premier Poker	The Following 10 (PA)	Don't Drive Here	* "Camp Rock 2: The Final Jam"	Maury (N) 10 30	Ways Die	3's Co. 3's Co.
10 PM		CHBC News Final (N)	Architects of Change	Charlie Rose (N) 30	News Jay Leno	News Letterman	Storage Storage	News News	News News	ET Canada ET Canada	CBC News Stampede	Boys Boys	SportsCentre 30	Blue Bloods 10 30	Sons of Guns 10 30		Paid Prog.	Tattoo	3rd Rock
11 PM														CTV News	Mighty Planes "NOAA"	Princess	Paid Prog.	Tattoo	3rd Rock

News Leader Weekend - Saturday Movies

MORNING

8:00 am WTBS ch.3 "Sinbad: Legend of the Seven Seas" (2003, Adventure) Voices of Brad Pitt. Animated. The adventurous sailor and a beautiful stowaway have 10

days to save a prince from execution. 10:00 am WTBS ch.3 "The Tempest" (1998, Drama) Peter Fonda. A Southern man with magical powers fights his evil sibling in the Mississippi bayous during the Civil War.

10:30 am A&E ch.9 "Con Air" (1997, Action) Nicolas Cage. A wrongly convicted parolee on a flight with a group of vicious prisoners tries to stop their violent hijacking. (CC)

AFTERNOON

12:00 pm FAM ch.26 "Treasure Buddies" (2012, Comedy) Richard Riehle. Premiere. The buddies travel to Egypt and race against an evil cat to find a great treasure. (In Stereo) (CC)

1:00 pm A&E ch.9 "True Lies" (1994, Action) Arnold Schwarzenegger. A Washington wife discovers her computer-salesman husband is a spy out to stop nuclear terrorists. (CC)

4:15 pm YTV ch.18 "iParty With Victorious" (2011, Comedy) Miranda Cosgrove. Scorned girlfriends Carly and Tori hatch a plot against the boy that they are both dating. (In Stereo) (CC)

5:00 pm WTBS ch.3 "Sherlock Holmes" (2009, Action) Robert Downey Jr. The resourceful detective and his astute partner, Dr. Watson, meet a powerful criminal, a devotee of black magic who arises from his grave.

EVENING

6:00 pm CITV ch.12 "Nightmare at the End of the Hall" (2008, Drama) Sara Rue. An author meets a young student who seems to be the reincarnation of her late friend. (CC) (DVS) CITY ch.29 "It's All Gone Pete Tong" (2004, Comedy) Paul Kaye. A deaf woman tries to help a depressed, drug-addicted disc jockey get back on his feet. (CC) (DVS) 7:30 pm WTBS ch.3 "Terminator Salvation" (2009, Science Fiction) Christian Bale. As the machines prepare for a final attack, John Connor and a mysterious stranger delve into the heart of Skynet and uncover a

terrible secret involving the annihilation of mankind.

8:00 pm KHQ ch.7 "An American Girl: Saige Paints the Sky" (2013, Drama) Sidney Fullmer. Saige is excited to go back to school until she learns art has been canceled and her best friend has found a new pal to hang out with. On the advice of her grandmother, Saige works to save the art program and keep her friendship.

YTV ch.18 "King of the Camp" (2008, Musical) Justin Stadnyk. A kitchen worker at a summer camp competes in wakeboarding and tries to win the heart of a counselor. (In Stereo) (CC)

9:00 pm CHBC ch.4 BCTV ch.11 "Nightmare at the End of the Hall" (2008, Drama) Sara Rue. An author meets a young student who seems to be the reincarnation of her late friend. (CC) (DVS)

FAM ch.26 "The Suite Life Movie" (2011, Comedy) Dylan Sprouse. A research project leaves twin brothers Zack and Cody with the ability to sense each other's thoughts and feelings. (In Stereo) (CC)

10:00 pm WTBS ch.3 "The Tuxedo" (2002, Comedy) Jackie Chan. A chauffeur embarks on a covert mission after a tuxedo from a secret agent gives him extraordinary abilities.

10:30 pm FAM ch.26 "Read It and Weep" (2006, Comedy) Kay Panabaker. A schoolgirl's private journal becomes a best-seller after she accidentally hands it in as a homework assignment. (In Stereo) (CC)



Literacy Outreach Coordinator Dierra Maynard invited Rob MacGregor of Sun Country Highway to Vermilion Forks Elementary recently. MacGregor arrived in a California-built fully-electric Tesla as a literacy initiative about the constantly changing evolution of energy. MacGregor spoke about Canada's longest green electric corridor in the world from Victoria to St. John's Newfoundland as well as about changes in the automobile industry and the Tesla. Students enjoyed the visit but not nearly as much as Principal Barry Clarke (with Matt Maynard at the rear door) who got a spin in the electric vehicle. Councillor Kim Maynard (far left with MacGregor) was also in attendance. He has been working on putting Princeton on the green corridor. Photo: Dierra Maynard

SATURDAY, JULY 13, 2013

	WTBS ch.3	CHBC ch.4	KNOW ch.5	KSPS ch.6	KHQ ch.7	KREM ch.8	A&E ch.9	KXLY ch.10	BCTV ch.11	CITY ch.12	CBC ch.13	YTV ch.18	TSN ch.19	VTV ch.22	DISC ch.24	FAM ch.26	CITY ch.29	SPIKE ch.44	TROP ch.45
6 AM	Paid Prog.	Canadian	Wibbly Pig	Heartland	Today (N)	CBS This Morning	Criminal Minds "100"	Paid Prog.	Canadian	Saturday Morning News Shane Jones.	Monster	Being Ian	SportsCentre	Juicebox	Auction	Wingin' It	Kitchen	Xtreme 4x4	Paid Prog.
6:30 AM	Paid Prog.	Fishful	WordWorld	Fly Tying	KHQ News Saturday (N)	Doodlebop	Flip This House	Good Morning America	Saturday Morning News Lynn Colliar, Welsa Wong, & Jay Janower. (N)	Animal	Rated A	SportsCentre	Don't Drive Here	Sonny	Eye/Asla	Trucks! (N)	Food		
7 AM	Atl. Eats	Saturday Morning News Lynn Colliar, Welsa Wong, & Jay Janower. (N)	Art Attack	Woodsmith	G. Shrinks	Rough Cut	Busytown	Flip This House	Hanna Ocean	Doodlebop	Squirrel	SportsCentre	Anne	Mighty Planes "NOAA"	Phineas	Polish Studio	Tattoo	Raymond	
7:30 AM	Movie: "Sinbad: Legend of the Seven Seas"	Magick Bus	Hometime	European PGA Tour Golf	Liberty	Flipping Vegas	Explore	Rescue	Driving TV	Absolutely Canadian	SpongeBob	Motoring	Canada AM Weekend	Airplane Repo	Good Luck	EP Weekly	Tattoo	Raymond	
8 AM	Movie: "The Tempest" (1998) Peter Fonda, John Glover.	Fishn	Wild Kratts	Old House	Paid Prog.	Shipping	Recipe	Fishn	Powerboat	The Nature of Things	Kung Fu	Boxing: Friday Night Fights. (Taped)	Worst Handyman	Mighty Planes "NOAA"	ANT Farm	Tow Blz	Tattoo	Raymond	
8:30 AM	Powerboat	Shaun	Jazzy	Backroads	Movie: "Con Air" (1997, Action) Nicolas Cage.	Food	Fishing	Canadian	Equestrian: Cenovus Energy Classic.	Turtles	Beyblade	Is Written	Deadliest Catch	Austin	Shopping Channel	Tattoo	Raymond		
9 AM	Driving TV	Finding	Martha	U.S. Open	Cash Cab	Countdown	News Hour	PGA Tour Golf: John Deere Classic, Third Round. (N) (Live)	PGA Tour Golf: John Deere Classic, Third Round. (N) (Live)	The Calgary Stampede. (N) (Live)	Rangers	NASCAR Racing: Nationwide Series: New England 200. (N)	Operation Smile	Finding Bigfoot	Movie: "Treasure Buddies" (2012)	Paid Prog.	Tattoo	Raymond	
9:30 AM	News Hour	Dogs	Cook's	Garden	Golf: U.S. Senior Open Championship, Third Round. (N) (Live)	PGA Tour Golf: John Deere Classic, Third Round. (N) (Live)	Movie: "True Lies" (1994, Action) Arnold Schwarzenegger.	To Be Announced	Haven	Simpsons	George S	Super Evil	Sports	Cash Cab	Cash Cab	Good Luck	CityNews Weekends	Deadliest Warrior	East St. (N)
10 AM	Movie: "The Tempest" (1998) Peter Fonda, John Glover.	Fishing	Lilly	Kitchen	Paid Prog.	Shipping	Recipe	Fishn	Powerboat	The Nature of Things	Kung Fu	Boxing: Friday Night Fights. (Taped)	Worst Handyman	Mighty Planes "NOAA"	ANT Farm	Tow Blz	Tattoo	Raymond	
10:30 AM	Powerboat	Shaun	Jazzy	Backroads	Movie: "Con Air" (1997, Action) Nicolas Cage.	Food	Fishing	Canadian	Equestrian: Cenovus Energy Classic.	Turtles	Beyblade	Is Written	Deadliest Catch	Austin	Shopping Channel	Tattoo	Raymond		
11 AM	Driving TV	Finding	Martha	U.S. Open	Cash Cab	Countdown	News Hour	PGA Tour Golf: John Deere Classic, Third Round. (N) (Live)	PGA Tour Golf: John Deere Classic, Third Round. (N) (Live)	The Calgary Stampede. (N) (Live)	Rangers	NASCAR Racing: Nationwide Series: New England 200. (N)	Operation Smile	Finding Bigfoot	Movie: "Treasure Buddies" (2012)	Paid Prog.	Tattoo	Raymond	
11:30 AM	News Hour	Dogs	Cook's	Garden	Golf: U.S. Senior Open Championship, Third Round. (N) (Live)	PGA Tour Golf: John Deere Classic, Third Round. (N) (Live)	Movie: "True Lies" (1994, Action) Arnold Schwarzenegger.	To Be Announced	Haven	Simpsons	George S	Super Evil	Sports	Cash Cab	Cash Cab	Good Luck	CityNews Weekends	Deadliest Warrior	East St. (N)
12 PM	Jim	PGA Tour Golf: John Deere Classic, Third Round. (N)	Architects of Change	Secrets of Althorp	Wheel Chica	Paid Prog.	Paid Prog.	Criminal Minds (N)	Criminal Minds (N)	Criminal Minds (N)	Doc Zone	(4:15) Movie: "iParty With Victorious" (2011)	CFL Football: Winnipeg Blue Bombers at Hamilton Tiger-Cats. (Live)	Celebrity	Cash Cab	Jessie	G. Martin	Deadliest Warrior	Food
1:00 PM	King	King	Architects of Change	Secrets of Althorp	Wheel Chica	Paid Prog.	Paid Prog.	Criminal Minds (N)	Criminal Minds (N)	Criminal Minds (N)	Doc Zone	(4:15) Movie: "iParty With Victorious" (2011)	CFL Football: Winnipeg Blue Bombers at Hamilton Tiger-Cats. (Live)	Celebrity	Cash Cab	Jessie	G. Martin	Deadliest Warrior	Food
1:30 PM	Family Guy	Family Guy	Architects of Change	Secrets of Althorp	Wheel Chica	Paid Prog.	Paid Prog.	Criminal Minds (N)	Criminal Minds (N)	Criminal Minds (N)	Doc Zone	(4:15) Movie: "iParty With Victorious" (2011)	CFL Football: Winnipeg Blue Bombers at Hamilton Tiger-Cats. (Live)	Celebrity	Cash Cab	Jessie	G. Martin	Deadliest Warrior	Food
2:00 PM	The Office	Haven	Frontiers of	Globe Trekker	Wheel Chica	Paid Prog.	Paid Prog.	Criminal Minds (N)	Criminal Minds (N)	Criminal Minds (N)	Doc Zone	(4:15) Movie: "iParty With Victorious" (2011)	CFL Football: Winnipeg Blue Bombers at Hamilton Tiger-Cats. (Live)	Celebrity	Cash Cab	Jessie	G. Martin	Deadliest Warrior	Food
2:30 PM	The Office	Haven	Frontiers of	Globe Trekker	Wheel Chica	Paid Prog.	Paid Prog.	Criminal Minds (N)	Criminal Minds (N)	Criminal Minds (N)	Doc Zone	(4:15) Movie: "iParty With Victorious" (2011)	CFL Football: Winnipeg Blue Bombers at Hamilton Tiger-Cats. (Live)	Celebrity	Cash Cab	Jessie	G. Martin	Deadliest Warrior	Food
3:00 PM	Seinfeld	Simpsons	Secret Cities	Antiques	Justin	Access Hollywood (N)	Criminal Minds (N)	Criminal Minds (N)	Criminal Minds (N)	Criminal Minds (N)	Doc Zone	(4:15) Movie: "iParty With Victorious" (2011)	CFL Football: Winnipeg Blue Bombers at Hamilton Tiger-Cats. (Live)	Celebrity	Cash Cab	Jessie	G. Martin	Deadliest Warrior	Food
3:30 PM	Seinfeld	Simpsons	Secret Cities	Antiques	Justin	Access Hollywood (N)	Criminal Minds (N)	Criminal Minds (N)	Criminal Minds (N)	Criminal Minds (N)	Doc Zone	(4:15) Movie: "iParty With Victorious" (2011)	CFL Football: Winnipeg Blue Bombers at Hamilton Tiger-Cats. (Live)	Celebrity	Cash Cab	Jessie	G. Martin	Deadliest Warrior	Food
4:00 PM	Movie: "Sherlock Holmes" (2009, Action) Jude Law	Global Nat.	Be the Creature	Lawrence Welk	News	News	Criminal Minds (N)	News	(5:59) Evening News (N)	Movie: "Nightmare at the End of the Hall" (2008)	National	Zoink'd! (N)	CFL Football: BC Lions at Edmonton Eskimos. (N) Subject to Blackout	etalk	Don't Drive Here	Shake It	Murdoch Mysteries	Deadliest Warrior	Raymond
4:30 PM	Movie: "Sherlock Holmes" (2009, Action) Jude Law	Global Nat.	Be the Creature	Lawrence Welk	News	News	Criminal Minds (N)	News	(5:59) Evening News (N)	Movie: "Nightmare at the End of the Hall" (2008)	National	Zoink'd! (N)	CFL Football: BC Lions at Edmonton Eskimos. (N) Subject to Blackout	etalk	Don't Drive Here	Shake It	Murdoch Mysteries	Deadliest Warrior	Raymond
5:00 PM	Movie: "Sherlock Holmes" (2009, Action) Jude Law	Global Nat.	Be the Creature	Lawrence Welk	News	News	Criminal Minds (N)	News	(5:59) Evening News (N)	Movie: "Nightmare at the End of the Hall" (2008)	National	Zoink'd! (N)	CFL Football: BC Lions at Edmonton Eskimos. (N) Subject to Blackout	etalk	Don't Drive Here	Shake It	Murdoch Mysteries	Deadliest Warrior	Raymond
5:30 PM	Movie: "Sherlock Holmes" (2009, Action) Jude Law	Global Nat.	Be the Creature	Lawrence Welk	News	News	Criminal Minds (N)	News	(5:59) Evening News (N)	Movie: "Nightmare at the End of the Hall" (2008)	National	Zoink'd! (N)	CFL Football: BC Lions at Edmonton Eskimos. (N) Subject to Blackout	etalk	Don't Drive Here	Shake It	Murdoch Mysteries	Deadliest Warrior	Raymond
6:00 PM	True Crime Scene	Eco Engineering	Keep Up As Time...	Criminal Minds	Burn Notice	Criminal Minds	Entertainment Tonight	True Crime Scene	Zero Hour	Zero Hour	Zero Hour	Zero Hour	Zero Hour	CTV News (N)	Deadliest Catch	Good Luck	Movie: "It's All Gone Pete Tong" (2004)	Deadliest Warrior	Raymond
6:30 PM	True Crime Scene	Eco Engineering	Keep Up As Time...	Criminal Minds	Burn Notice	Criminal Minds	Entertainment Tonight	True Crime Scene	Zero Hour	Zero Hour	Zero Hour	Zero Hour	Zero Hour	CTV News (N)	Deadliest Catch	Good Luck	Movie: "It's All Gone Pete Tong" (2004)	Deadliest Warrior	Raymond
7:00 PM	Movie: "Terminator Salvation" (2009) Christian Bale.	Zero Hour	Heartbeat "Fall Out"	Legends of Folk: The Village Scene	Bluegrass	Janis Ian/Grand Center	Do No Harm (N)	48 Hours (N)	48 Hours (N)	48 Hours (N)	48 Hours (N)	48 Hours (N)	48 Hours (N)	Flashpoint	Deadliest Catch	Movie: "The Suite Life Movie" (N)	The Office	Ways Die	Raymond
7:30 PM	Movie: "Terminator Salvation" (2009) Christian Bale.	Zero Hour	Heartbeat "Fall Out"	Legends of Folk: The Village Scene	Bluegrass	Janis Ian/Grand Center	Do No Harm (N)	48 Hours (N)	48 Hours (N)	48 Hours (N)	48 Hours (N)	48 Hours (N)	48 Hours (N)	Flashpoint	Deadliest Catch	Movie: "The Suite Life Movie" (N)	The Office	Ways Die	Raymond
8:00 PM	Movie: "Terminator Salvation" (2009) Christian Bale.	Zero Hour	Heartbeat "Fall Out"	Legends of Folk: The Village Scene	Bluegrass	Janis Ian/Grand Center	Do No Harm (N)	48 Hours (N)	48 Hours (N)	48 Hours (N)	48 Hours (N)	48 Hours (N)	48 Hours (N)	Flashpoint	Deadliest Catch	Movie: "The Suite Life Movie" (N)	The Office	Ways Die	Raymond
8:30 PM	Movie: "Terminator Salvation" (2009) Christian Bale.	Zero Hour	Heartbeat "Fall Out"	Legends of Folk: The Village Scene	Bluegrass	Janis Ian/Grand Center	Do No Harm (N)	48 Hours (N)	48 Hours (N)	48 Hours (N)	48 Hours (N)	48 Hours (N)	48 Hours (N)	Flashpoint	Deadliest Catch	Movie: "The Suite Life Movie" (N)	The Office	Ways Die	Raymond
9:00 PM	Movie: "The Tuxedo" (2002) Jackie Chan.	News Final	Battlefield Mysteries	Austin City Limits	SNL	Cold Case	Criminal Minds	Castle	News Final	News Final	News Final	News Final	News Final	CTV News	Sons of Guns	"Read It and Weep"	G. Martin	Tattoo	Raymond
9:30 PM	Movie: "The Tuxedo" (2002) Jackie Chan.	News Final	Battlefield Mysteries	Austin City Limits	SNL	Cold Case	Criminal Minds	Castle	News Final	News Final	News Final	News Final	News Final	CTV News	Sons of Guns	"Read It and Weep"	G. Martin	Tattoo	Raymond
10:00 PM	Movie: "The Tuxedo" (2002) Jackie Chan.	News Final	Battlefield Mysteries	Austin City Limits	SNL	Cold Case	Criminal Minds	Castle	News Final	News Final	News Final	News Final	News Final	CTV News	Sons of Guns	"Read It and Weep"	G. Martin	Tattoo	Raymond
10:30 PM	Movie: "The Tuxedo" (2002) Jackie Chan.	News Final	Battlefield Mysteries	Austin City Limits	SNL	Cold Case	Criminal Minds	Castle	News Final	News Final	News Final	News Final	News Final	CTV News	Sons of Guns	"Read It and Weep"	G. Martin	Tattoo	Raymond
11:00 PM	Movie: "The Tuxedo" (2002) Jackie Chan.	News Final	Battlefield Mysteries	Austin City Limits	SNL	Cold Case	Criminal Minds	Castle	News Final	News Final	News Final	News Final	News Final	CTV News	Sons of Guns	"Read It and Weep"	G. Martin	Tattoo	Raymond
11:30 PM	Movie: "The Tuxedo" (2002) Jackie Chan.	News Final	Battlefield Mysteries	Austin City Limits	SNL	Cold Case	Criminal Minds	Castle	News Final	News Final	News Final	News Final	News Final	CTV News	Sons of Guns	"Read It and Weep"	G. Martin	Tattoo	Raymond

News Leader Weekend - Sunday Movies

MORNING

7:00 am TROP ch.45 "Planes, Trains and Automobiles" (1987, Comedy) Steve Martin. An ad exec and a shower-curtain-ring salesman become co-travelers on

the way to Thanksgiving in Chicago. (In Stereo) (CC)
8:00 am WTBS ch.3 "The Brothers Solomon" (2007, Comedy) Will Arnett. To fulfill their dying father's wish for a grandchild, two socially inept sib-

lings embark on a mission to find mates and start families.
9:00 am TROP ch.45 "Dirty Rotten Scoundrels" (1988, Comedy) Steve Martin. An American con man and his British rival target a soap heiress from Cleveland on the French Riviera. (In Stereo) (CC)

10:00 am WTBS ch.3 "The Princess and the Frog" (2009, Comedy) Voices of Anika Noni Rose. Animated. A fateful kiss leads a young woman and a royal amphibian on an adventure through the bayous of Louisiana.
A&E ch.9 "True Lies" (1994, Action) Arnold Schwarzenegger. A Washington wife discovers her computer-salesman husband is a spy out to stop nuclear terrorists. (CC)

11:30 am TROP ch.45 "The Goonies" (1985, Adventure) Sean Astin. Coastal Oregon kids follow the treasure map of pirate One-Eyed Willie past his deadly traps to gold. (In Stereo) (CC)

12:00 pm WTBS ch.3 "The Upside of Anger" (2005, Comedy-Drama) Joan Allen. An ex-ballplayer befriends a mother of four who has hovered in a boozy funk since her husband abandoned her.
FAM ch.26 "Space Buddies" (2009, Comedy) Diedrich Bader. Five puppies blast off to a cosmic adventure when they become accidental stowaways aboard an unmanned space shuttle. (In Stereo) (CC)

2:00 pm YTV ch.18 "Dennis the Menace" (1993, Comedy) Walter Matthau. The comic-strip moppet plays pranks on Mr. Wilson, the crotchety fellow who lives next door. (In Stereo) (CC)
3:00 pm VTV ch.22 "Broken Lullaby" (1994, Romance) Mel Harris. A Russian count and an art expert involve a genealogist in a family feud and murder in Europe. (In Stereo) (CC)
4:00 pm YTV ch.18 "Dennis the Menace Strikes Again" (1998, Comedy) Don Rickles. A devilish boy introduces his grandfather to crotchety neighbor Mr. Wilson and thwarts two con men. (In Stereo) (CC)
5:00 pm WTBS ch.3 "The Bucket List" (2007, Comedy-Drama) Jack Nicholson. Two terminally ill men leave their hospital ward and set out to complete a list of things they want to do before they die.
CBC ch.13 "Booky's Crush" (2009, Drama) Megan Follows. A woman offers guidance to her 11-year-old daughter when the girl develops her first crush. (CC) (DVS)

Steve Martin. An ad exec and a shower-curtain-ring salesman become co-travelers on the way to Thanksgiving in Chicago. (In Stereo) (CC)

7:00 pm WTBS ch.3 "Evan Almighty" (2007, Comedy) Steve Carell. A newly elected congressman faces a crisis of biblical proportions when God commands him to build an ark.
8:00 pm TROP ch.45 "Dirty Rotten Scoundrels" (1988, Comedy) Steve Martin. An American con man and his British rival target a soap heiress from Cleveland on the French Riviera. (In Stereo) (CC)

9:00 pm FAM ch.26 "Opal Dream" (2005, Drama) Vince Colosimo. An Australian girl, who is overly attached to a pair of imaginary friends, reacts badly when her father tells her he lost them in a mine. (In Stereo) (CC)
10:00 pm WTBS ch.3 "Road Trip: Beer Pong" (2009, Comedy) Preston Jones. Three college roommates join a group of sexy girls to compete in the National Beer Pong Tournament.

10:30 pm FAM ch.26 "Whale Rider" (2002, Drama) Keisha Castle-Hughes. A Maori girl defies her grandfather and 1,000 years of tradition to prove she can lead their tribe. (In Stereo) (CC)

TROP ch.45 "The Goonies" (1985, Adventure) Sean Astin. Coastal Oregon kids follow the treasure map of pirate One-Eyed Willie past his deadly traps to gold. (In Stereo) (CC)

EVENING

6:00 pm YTV ch.18 "Judy Moody and the NOT Bummer Summer" (2011, Comedy) Jordana Beatty. A feisty third-grader must think of new ways to have fun after her original plans for an awesome summer go awry. (In Stereo) (CC)
TROP ch.45 "Planes, Trains and Automobiles" (1987, Comedy)

AFTERNOON

12:00 pm WTBS ch.3 "The Upside of Anger" (2005, Comedy-Drama) Joan Allen. An ex-ballplayer befriends a mother of four who has hovered in a boozy funk since her husband abandoned her.
FAM ch.26 "Space Buddies" (2009, Comedy) Diedrich Bader. Five puppies blast off to a cosmic adventure when they become accidental stowaways aboard an unmanned space shuttle. (In Stereo) (CC)

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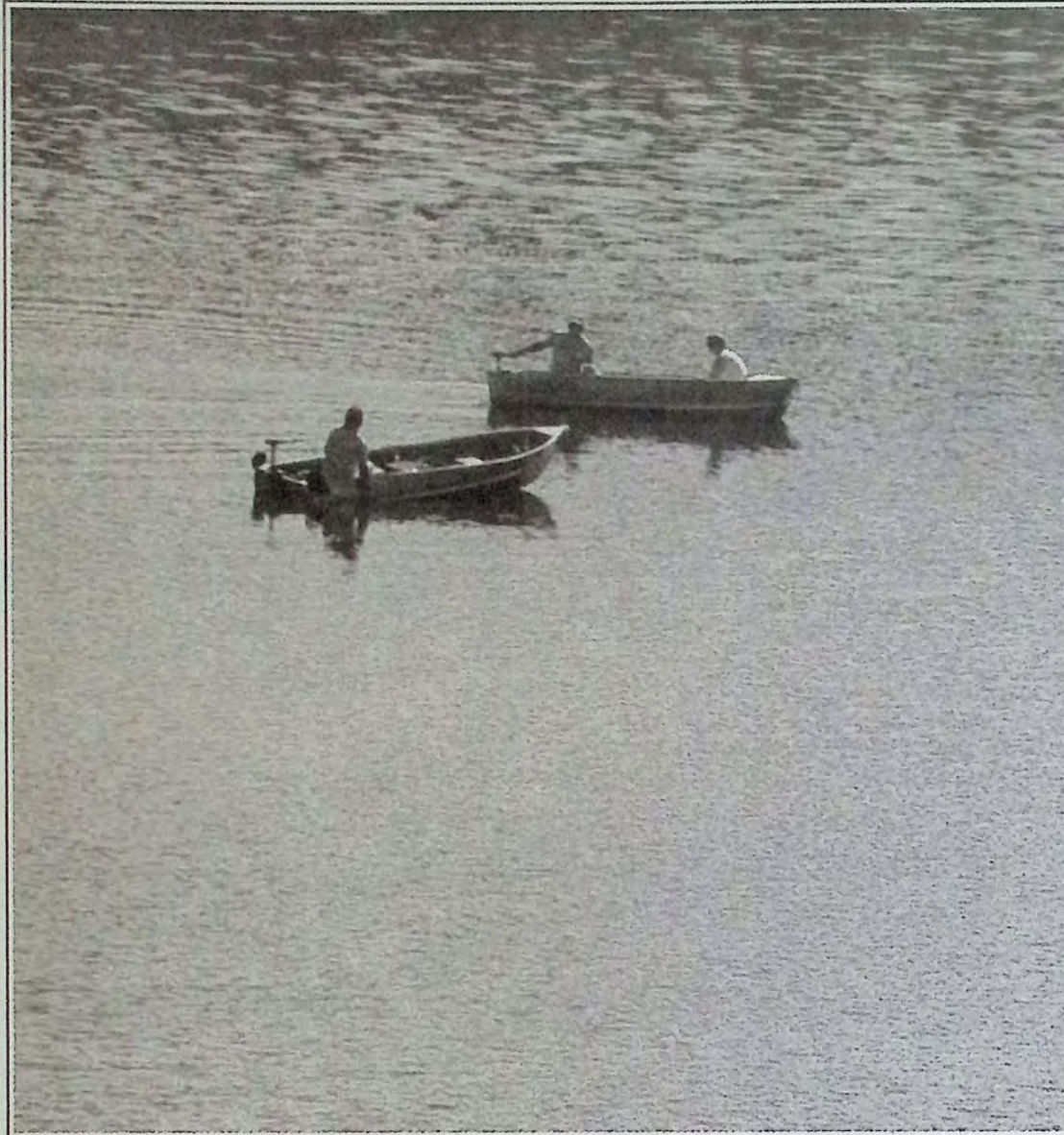
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SUNDAY, JULY 14, 2013

	WTBS ch.3	CHBC ch.4	KNOW ch.5	KSPS ch.6	KHQ ch.7	KREM ch.8	A&E ch.9	KXLY ch.10	BCTV ch.11	CITY ch.12	CBC ch.13	YTV ch.18	TSN ch.19	VTV ch.22	DISC ch.24	FAM ch.26	CITY ch.29	SPIKE ch.44	TROP ch.45
6 AM	Mad About Career Day	In a Name Inventors	Wibbly Pig WordWorld	Mr. Rogers Signing	Today (N) (1) (2)	Paid Prog. (2)	The Glades (2)	Matthews On Money	In a Name Inventors	Sunday Morning News (N)	Super Why! (2)	Being Ian Super Evil	SportsCentre (2)	Hobo (2)	Licence to Drill	Wingin' It (2)	R Schuller ChurchRck	Xtreme 4x4 (2)	Fishful (2)
7 AM	P. Affairs (2)	Sunday Morning News (N) (2)	Rob Robot (2)	Wild Clifford	KHQ News Invest	CBS News Sunday Morning (N) (2)	Longmire (2)	Good Morning America (2)	Sunday Morning News (N) (2)		Animal (2)	Squirrel (2)	Reporters (2)	Lovett-Reid (2)	Nerve Center (2)	Sonny (2)	Eye/Asia (2)	Trucks! (2)	Movie: "Planes, Trains and Automobiles" (1987)
8 AM	Movie: "The Brothers Solomon" (2007)		Tree Fu G. Shrinks	Curious Cat in the	Meet the Press (N) (2)	The Nation (2)	Longmire "Tell It Slant" (2)	This Week (2)			Coronation (2)	Pet Shop (2)	NASCAR Racing (2)	Canada AM Weekend (2)	Nerve Center (2)	Phineas (2)	Pakistan (2)	Bar Rescue (2)	Movie: "The Brothers Solomon" (2007)
9 AM			Magic Bus (2)	SciGirls (2)	European PGA Tour Golf (2)		Paid Prog. (2)	To Be Announced (2)			Coronation (2)	SpongeBob (2)	NASCAR Prerace (2)	Operation Smile (2)	Flying Wild Alaska (2)	Good Luck (2)	Johnny Lombardi (In Italian) (2)	Bar Rescue (2)	Movie: "The Brothers Solomon" (2007)
10 AM	Movie: "The Princess and the Frog"	Designer World	Wild Kratts Little	Global Spirit (2)			Whacked (2)	Movie: "True Lies" (1994, Action) Arnold Schwarzenegger. (2)	Designer World	J. Osteen (2)	Coronation (2)	Parents (2)	NASCAR Racing: Sprint Cup: New Hampshire 300. (N) (Live) (2)	World Vision (2)	Gold Rush (N) (2)	ANT Farm (2)	Jessie (2)	Bar Rescue (2)	Movie: "The Princess and the Frog"
11 AM		In Touch	Finding Europe Jrnl	U.S. Open			Extra (N) (2)		In Touch	16x9 (2)	Steven and Chris (2)	Zolnk'di (2)	Babysitting (2)	App (2)	Bering Sea Gold (2)	Austin (2)	Shopping Channel (2)	Bar Rescue (2)	Movie: "The Princess and the Frog"
12 PM	Movie: "The Upside of Anger" (2005)	News	Animals	Moyers & Company (2)	Golf: U.S. Senior Open Championship, Final Round. (N) (Live) (2)	PGA Tour Golf: John Deere Classic, Final Round. (N) (Live) (2)			News	PGA Tour Golf: John Deere Classic, Final Round. (N) (Live) (2)	Land/ Sea (2)	Splatlat (2)		First Story (2)	Last Car Standing (2)	Movie: "Space Buddies" (2)	Travels (2)	Bar Rescue (2)	Movie: "The Upside of Anger" (2005)
1 PM		PGA Tour Golf: John Deere Classic, Final Round. (N) (2)	Volcanic Rescue	Lewis & Clark: Journey of Corps of Discovery			Shipping (2)		PGA Tour Golf: John Deere Classic, Final Round. (N) (2)	The Calgary Stampede (N) (Live) (2)	Mr. Young (2)	Zolnk'di (2)		First Story (2)	Auction (2)	Murdoch Mysteries (2)	Bar Rescue (2)		Movie: "The Upside of Anger" (2005)
2 PM	The Closer (2)		Ancient Clues (2)				Shipping (2)	Whodunnit? (2)		Final Round. (N) (2)	Boys (2)	SEC Storied (N) (2)	Cash Cab (2)	Sons of Guns (2)	Gravity (2)	Murdoch Mysteries (2)	Bar Rescue (2)	70s Show (2)	Instant (2)
3 PM	Big Bang (2)	Ultimate Engineering	Be the Creature	Craft in America (2)	Paid Prog. (2)	Paid Prog. (2)	Duck D. (2)	Who-dunnit? "Kaboom" (2)	Ultimate Engineering	Mysteries (2)	Recipes (2)	Movie: "Dennis the Menace" (1993) (2)	SportsCentre (N) (2)	Movie: "Broken Lullaby" (1994) (2)	Cash Cab (2)	Good Luck (2)	CityNews (2)	Bar Rescue (2)	Canadian Pickers (2)
4 PM	Big Bang (2)	Mysteries	The Blue Planet	The Diamond Queen	CSI: Miami "Invasion"	Backroads (2)	Duck D. (2)	Made In Hollywood (N) (2)	Mysteries (2)	Simpsons (2)	Dragons' Den (2)	Movie: "Dennis the Menace" (1993) (2)	Nine for IX (N) (2)	An Idiot Abroad 3 (N) (2)	Jessie (2)	America's Got Talent Auditions (2)	Bar Rescue (2)	Canadian Pickers (2)	
5 PM	Movie: "The Bucket List" (2007)	Simpsons (2)	Voyage (2)	Lark Rise to Candleford	News (2)	News (2)	Duck D. (2)	News (2)	Simpsons (2)	(4:59) News Hour (N) (2)	Movie: "Booky's Crush" (2009) (2)	Strikes Again (2)	MLB Baseball: St. Louis Cardinals at Chicago Cubs. (N) (Live) (2)	An Idiot Abroad 3 (N) (2)	Shake It (2)	continuo. (2)	Bar Rescue (2)	Instant (2)	
6 PM		Global Nat. (2)	Frontiers of (2)	Doc Martin "In Loco" (2)	News (2)	KREM 2 News at 6 (N) (2)	Duck D. (2)	News (2)	Concert (2)	Simpsons (2)	Megan Follows. (2)	"Judy Moody and the NOT Bummer Summer" (2)	Cardinals at Chicago Cubs. (N) (Live) (2)	CTV News (N) (2)	An Idiot Abroad 3 (N) (2)	Good Luck (2)	Liquidator (2)	Bar Rescue (N) (2)	Movie: "Planes, Trains and Automobiles" (1987)
7 PM	Movie: "Evan Almighty" (2007) Steve Carell.	Concert (2)	Master-Arctic (2)	Secrets of Chatsworth (2)	America's Got Talent Auditions continue. (2)	60 Minutes (N) (2)	Storage (2)	Funnest Home Videos (2)	Concert (2)	Simpsons (2)	Heartland (2) (DVS)			Cleveland (2)	Myth-Busters (N) (2)	Wizards (2)	Murdoch Mysteries (2)	Bar Rescue (2)	Movie: "Evan Almighty" (2007)
8 PM		Big Brother (N) (2)	Born and Bred (2)	Masterpiece Mystery! (N) (2)	Law & Order: SVU (2)	The Good Wife (2)	Duck D. (2)	Whodunnit? (N) (2)	Big Brother (N) (2)	Big Brother (N) (2)	The Calgary Stampede (2)	Weird (2)	SportsCentre (N) (2)	Castle (2)	Sonny (2)	CityNews Weekends (2)	Bar Rescue (2)	Movie: "Evan Almighty" (2007)	
9 PM	The Closer (2)	Family Guy (2)	Dalziel and Pascoe (2)	Well Read (2)			Duck D. (2)	Family Guy (2)	Amer. Dad (2)	Amer. Dad (2)	Splatlat (2)	NASCAR Racing (2)	Whodunnit? (N) (2)	Movie: "Opal Dream" (2005) (2)	Shameless (2)	Bar Rescue (2)		Movie: "The Closer" (2009)	
10 PM	Movie: "Road Trip: Beer Pong" (2009)	Simpsons (2)	Dalziel and Pascoe (2)	Scott & Bailey (2)	Crossing Lines (N) (2)	The Mentalist (2)	Duck D. (2)	Castle (2)	Simpsons (2)	News Final (2)	The National (N) (2)	Pick (2)	SportsCentre (2)	The Mentalist (2)	An Idiot Abroad 3 (2)	Movie: "Whale Rider" (2002) (2)	The Office (2)	Bar Rescue (2)	Movie: "Road Trip: Beer Pong" (2009)
11 PM		News Final (2)	All You Need Is Klaus (2)	Greatest Raid (2)	News (2)	News (2)	Storage (2)	News (2)	News Final (2)	PGA (2)	CBC News (2)	Babysitting (2)	SportsCentre (2)	CTV News (2)	Myth-Busters (2)	G. Martin (2)	Bar Rescue (2)	Movie: "Whale Rider" (2002)	



"...Ships passing in the night..." Well, actually, it was a couple of small motorboats on Gladstone Lake north of Princeton. Highway 5A between Aspen Grove and Princeton had lots of folks out enjoying the day June 30th. Photo: Arlene Arlow

Monday Movies

EVENING

9:00 pm KNOW ch.5 "Andy Warhol: A Documentary Film" (2006, Documentary) Premiere. Rare archival film footage and interviews illustrate filmmaker Ric Burns' tribute to art-world icon Andy Warhol.

9:30 pm WTBS ch.3 "Along Came a Spider" (2001, Mystery) Morgan Freeman. A detective and a Secret Service agent investigate the abduction of a senator's daughter from a school.

11:30 pm WTBS ch.3 "Biker Boyz" (2003, Action) Laurence Fishburne. A young prodigy threatens the undefeated champion of an underground club of motorcycle racers.

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MONDAY, JULY 15, 2013

	WTBS ch.3	CHBC ch.4	KNOW ch.5	KSPS ch.6	KHQ ch.7	KREM ch.8	A&E ch.9	KXLY ch.10	BCTV ch.11	CITY ch.12	CBC ch.13	YTV ch.18	TSN ch.19	VTV ch.22	DISC ch.24	FAM ch.26	CITY ch.29	SPIKE ch.44	TROP ch.45
6 AM	In the Heat of the Night	Morning News (N) [E]	To School	Builder	KHQ News 6AM (N)	KREM 2 Morning News	Criminal Minds [E]	News	Morning News (N) [E]	(5:00) Morning News (N)	CBC News Now (N) [E]	Being Ian	SportsCentre [E]	CTV Morning Live (N) [E]	Last Car Standing	Stella-Sam	CityLine (N) [E]	CSI: Crime Scene	Food
7 AM	Justice		Arthur [E]	Arthur	Today (N) [E]	CBS This Morning (N) [E]	Criminal Minds [E]	Good Morning America (N) [E]			Tiger	Rescue	SportsCentre [E]		Cash Cab	Never Land	Let's Make a Deal [E]	CSI: Crime Scene	Earth: Final Conflict [E]
8 AM	Judge Alex		Tree Fu	Curious			CSI: Miami [E]		Morning	Bo On/Go	Sidekick	SportsCentre [E]		Pyros [E] (DVS)	Suite/Deck	The Price Is Right (N)	CSI: Crime Scene	Eat St. [E]	
9 AM	Millionaire	Morning	Pinky	Super Why!		The 700 Club [E]	CSI: Miami [E]	Livel Kelly and Michael	Morning	The Doctors [E]	Super Why!	Pokémon	SportsCentre [E]	Livel Kelly and Michael	Fast N' Loud [E]	Wizards	Access Hollywood Live	Tattoo	Food
10 AM	Law Order: CI	The Doctors [E]	Dinosaurs	Sesame Street [E]		The Price Is Right (N)	Criminal Minds "P911"	The View [E]	The Doctors [E]	Chef/Home	Poko [E]	Squirrel	Motoring	The View [E]	How/Made	ANT Farm	The Chew [E]	Tattoo	Gold Girls
11 AM	Law Order: CI	Chef/Home	Berenstain	Tiger	Judge B.	Young & Restless	Criminal Minds [E]	Paid Prog.	Chef/Home	Noon News Hour	Steven and Chris [E]	Super Evil	Softball: World Cup, Final	Marilyn Denis	Auction	Shake It	General Hospital (N) [E]	Tattoo	3's Co.
12 PM	Excused	Noon News Hour (N)	Dino Dan	Charlie Rose [E]	Paid Prog.	News	The First 48 [E]	The Chew [E]	Noon News Hour (N)	Days of our Lives (N)	CBC News Now (N) [E]	Kid vs. Kat	Teams TBA. (Taped)	CTV News (N) [E]	Overhaul'n' [E]	Austin	CityLine [E]	Fight Master	Raymond
1 PM	There Yet?	Days of our Lives (N)	Clifford	Paint This	Days of our Lives (N)	The Talk (N) [E]	The First 48 [E]	General Hospital (N) [E]	Days of our Lives (N)	The Talk (N) [E]	Heartland [E] (DVS)	Rated A	SportsNation (N) [E]	Anderson Live [E]	Deadliest Catch [E]	Jessie [E]	Katie [E]	Fight Master	3rd Rock
2 PM	King	The Talk (N) [E]	Lilly	Barney	Katie [E]	Let's Make a Deal [E]	The First 48 [E]	The Jeff Probst Show	The Talk (N) [E]	The Rick Lake Show	Steven and Chris [E]	Almost	Off Record	Dr. Phil [E]	Myth-Busters [E]	Good Luck	CityNews at 5 (N) [E]	Fight Master	Roseanne
3 PM	The Office	The Rick Lake Show	Rob Robot	Sid	Ellen DeGeneres Show	Dr. Phil [E]	The First 48 [E]	Rachael Ray (N) [E]	The Rick Lake Show	Young & Restless	Recipes	Sidekick	SportsCentre (N) [E]	The Dr. Oz Show (N) [E]	How/Made	ANT Farm	CityNews at 6 (N) [E]	Cops [E]	Eat St. [E]
4 PM	Big Bang	Young & Restless	G. Shrinks	Wild Kratts	Jdg Judy	The Dr. Oz Show (N) [E]	Duck D.	The Doctors [E]	Young & Restless	Early News	Dragon's Den [E]	SpongeBob	Hockey	Ellen DeGeneres Show	Shred! (N)	ANT Farm	How I Met	Cops [E]	Food
5 PM	Browns	News (N) [E]	Martha	News	News	News	Duck Dynasty [E]	News	Early News	(4:59) News Hour	News	SpongeBob	Boxing: Friday Night Fights. [E]	CTV News at Five (N)	To Be Announced	ANT Farm	How I Met	Cops [E]	3's Co.
6 PM	Browns	Global Nat.	Animals	PBS News-Hour (N) [E]	News	KREM 2 News at 6 (N)	The Glades (N) [E]	News	(5:59) News Hour (N)	ET Canada	News	Marvin		CTV News (N) [E]	Sons of Guns (N) [E]	Shake It	Broke Girl	Cops [E]	Raymond
7 PM	Seinfeld [E]	Ent	Rescue	NW Profil	Jeopardy!	Inside Ed.	Longmire (N) [E]	Ent	Ent	Under the Dome (N) [E]	George S	The Next Star [E]	SportsCentre (N) (Live) [E]	Big Bang	Don't Drive Here (N)	Shake It	The Carrie Diaries [E]	Cops [E]	Roseanne
8 PM	Family Guy	Psych [E]	West West	Antiques Roadshow (N)	American Ninja Warrior	How I Met Mike	(8:01) Longmire [E]	The Bachelor (N) [E]	Psych [E]	Psych [E]	Murdoch Mysteries [E]	Indie	Satisfact	To Be Announced	Shake It	CityNews-Tonight (N)	Cops [E]	Debt/Part	
9 PM	Amer. Dad	Get Out Alive With Bear	Movie: "Andy Warhol: A Documentary Film"	Antiques Roadshow	Get Out Alive With Bear	Broke Girl	(8:01) Duck Dynasty		Get Out Alive With Bear	Get Out Alive With Bear	Cracked "Fallen" [E]	Wipeout	Motoring	Amazing Race	Sons of Guns [E]	Wingin' It	Jimmy Kimmel Live (N)	Jail [E]	3's Co.
10 PM	Movie: "Along Came a Spider" (2001)	Under the Dome (N) [E]	POV "Only the Young" (N) [E]	Siberia (N) [E]	Under the Dome (N) [E]	(10:01) The Glades [E]	(10:01) Mistresses (N)		Under the Dome (N) [E]	News Hour Final (N)	The National (N) [E]	The Next Star [E]	SportsCentre [E]	(10:01) Mistresses (N)	Don't Drive Here	Lizzie	Maury (N) [E]	Jail [E]	Raymond
11 PM	"Biker"	CHBC News Final (N)	Rescue	News	News	(11:01) Longmire [E]	News	News	News Hour Final (N)	ET Canada	CBC News	Boys	SportsCentre [E]	CTV News	Fast N' Loud [E]	Cory	Paid Prog.	Jail [E]	3rd Rock

Princeton Traditional Music Festival

Princeton's Kettle Valley Switchmen



Princeton's own Kettle Valley Switchmen will be performing at the Princeton Traditional Music Festival. - photo submitted

MUSIC FESTIVAL HERE SOON by Rika Ruebsaat

Princeton Traditional Music Society

Anyone walking down the streets of Princeton on the weekend of August 16-18th shouldn't be sur-

prised to hear fiddle tunes wafting across Bridge Street. Looking west onto Veterans Square they'll see a big tent with a stage and people sitting in chairs tapping their feet or maybe even dancing in the street.

Walking down Vermilion Avenue towards the Museum they may hear accordions or ballads, or perhaps a song about sailing on the tall ships.

All of this and much more is the kind of music featured at the Sixth Annual Princeton Traditional Music Festival. Over 120 musicians will be in town that weekend, some of them local, many of them from the coast, and some from as far away as Uzbekistan.

The Festival begins at 6:00 PM on Friday, August 16th with the opening ceremony followed by a country dance on Veterans' Way beside the Legion. The dance will feature a live band with fiddle, guitar and concertina. Everyone is welcome. There will be a caller to teach the dances so no experience is necessary and people don't even need to bring a partner. On Saturday and Sunday there will be music from 10:00 AM until 6:00 PM on two stages - one on Veterans Square and one in front of the Museum. We also have two new stages this year. The Princeton Library will host performances from 10:00 AM until

1:00 PM on the Saturday and there will be an open stage at Golden Hills Grocery from 10:00 AM until 6:00 PM on Saturday.

And it's all free! No admission will be charged. The reason for this is that the Festival is run entirely by volunteers and the musicians are donating their talents.

This year's Festival will feature many familiar faces from past years as well as a host of new talent. About half the performers are new this year and Princeton audiences are in for a real treat.

One of the new groups performing this year is Princeton's own Kettle Valley Switchmen. Members of the group are Jason Gasparetto, Rick Freeman and Rick Law, musicians whom Princetonites will have heard performing at various events during the past few years. The Switchmen will take us on a walk down south where the blues came from. Jason hails originally from Ontario and has performed in blues, country and rock groups in the US and Canada. Some of his inspirations have been Big Joe

Turner, Stevie Ray Vaughan, Lightning Hopkins, Robert Johnson and Eric Clapton. Rick Law discovered traditional music at the Mariposa Folk Festival in Toronto and Rick Freeman has enchanted Princeton with his singing and fine blues guitar when playing with the Backdoor Blues Band.

The Kettle Valley Switchmen are also organizing a Honky Tonk Dance and Barbeque with all proceeds going to the Festival. This event takes place from 7:00 PM to 11:00 PM on Saturday August 17th at Riverside Community Centre. The dinner will be a barbeque including corn on the cob, followed by a dance featuring Country, Bluegrass and Texas Blues Music from local Musicians and some special out of town guests.

If you would like to help out at the Festival we would love to hear from you. Give Jon and Rika a call at 250-295-6010. You can find out more about the Festival on our weblog located online at princetontraditional.org.

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Employment Opportunity



Princeton & District Community Services is seeking applications for a Police-based Victim Service Worker in the Princeton area. The Victim Service Worker will provide support and assistance to victims/witnesses of crime, trauma, tragedy and their families in compliance with the guidelines set out in the Society's contract for Police-based Victim Services. This is a half-time position and will be based out of the Princeton RCMP detachment. The preferred applicant will possess superior communication skills (written, verbal and computer), be self-motivated and have a broad knowledge and understanding of the criminal justice system. Qualifications will include education, training and experience in the social service field. A Class 5 driver's license and access to a vehicle is required.

Closing date for applications is July 26, 2013 at 4:30 PM. Please submit applications to the attention of Lynn Pelly, Executive Director, Princeton & District Community Services, Box 1960, Princeton BC VOX 1W0. Inquiries may be made to mail@pdcss.com or by calling 250-295-6666.

1985 Kawasaki 750 Vulcan. Great condition. New rubber. Asking \$2,000.00 OBO. Call 250.295.6531. Jul 09-23

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THANK YOU, COOPER'S!




Rob Bett, your kind donation of pop and water was greatly appreciated by all the Mixed Open golfers during the Mixed Open Golf Tournament.

Temperatures soared, but not our scores, thanks to your donation!

Tracey Elko, Sharleen & Al Anderson

Souvenirs	Souvenirs
-----------	-----------

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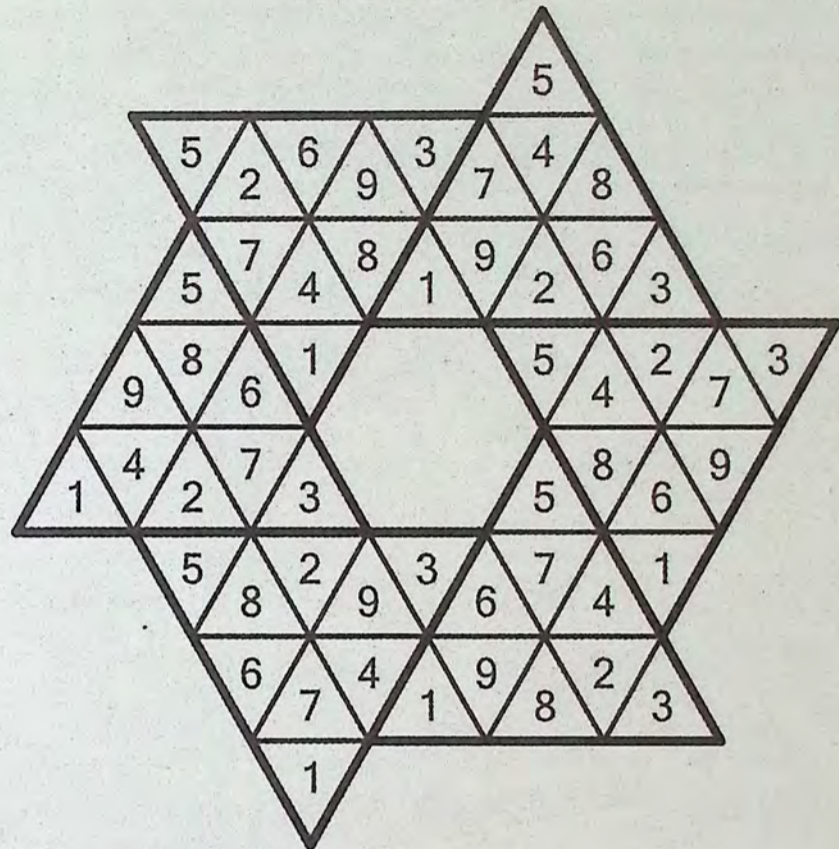
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June 28th was a beautiful day for golfing at Princeton Golf Club. *

Mixed Golf Tournament results

The golf course was full of action during the Racing Days Weekend. Sixty-two couples from as far away as Vancouver Island, Kamloops, Kelowna and Osoyoos were greeted with three days of golf and hot weather. Ian Elko and the Green's Crew had the course in perfect shape and Chef Peter's meals impressed everyone.

Saturday was a Hidden Team event where a couple's net scores were matched with another couple's net scores. Local winners were Larry and Betty Evans, Stuart and Marnie Polley, Warren and Judy Cross, Rusty and Alita Whelpton, Warren and Jackie Lavoie, and Dave and Suzanne Holland.

Sunday was the alternate shot format of the tournament. Locals Al and Sharleen Anderson finally cap-

tured the Overall Low Gross title after two sudden victory play-off holes. Dale and Brenda Swanson won the Overall Low Net title. Local winners in the first flight included Murray and Cathy White and Marc Cairn and Tara Atkinson. Second flight winners were Dave and Suzanne Holland. Third flight winners were Marnie and Stuart Polley, Ken and Sharon Blower, Jack and Helen French, Lloyd and Margaret Wilson, and Warren and Jackie Lavoie.

On course prizes saw Sharleen Anderson winning Long Drive and Larry Evans winning KP, while Murray and Cathy White and Warren and Judy Cross won money for their deuces. All golfers had a great time and are planning on returning next year! -submitted

Mining News

Sego Resources

Sego Resources announced June 28th that it had contracted Dr. Jules J. Lajoie PhD., P.Eng., former Chief Geophysicist of Cominco, Teck-Cominco and Teck Resources, to reanalyse and integrate the 2009 Titan 24 IP survey and the 2013 Precision Geosciences Airborne Geophysical Survey conducted over Sego's Miner Mountain Property, near Princeton. The work is now completed and Sego has received the final report entitled "Titan 24 Re Processing, Heli Magnetics and Radiometrics Interpretation".

The report details eight separate target zones on the property worthy of further investigation through drilling and/or further geophysics.

Targets #1 and #2 respectively are the Cuba Zone for which IP strongly suggests extension to the WNW and ESE, and the yet untested Quintana Zone, located about 700 m NE of the Cuba Zone and consisting of a 500 m diameter IP response that coincides with a Mag low, as occurs over the Cuba Zone mineralization (100.39m of 0.946% Cu 0.55 g/t Au 3.473 g/t Ag in DDH 21, and 128.02m of 0.344% Cu 0.296 g/t Au 0.975 g/t Ag in DDH 24 in the Cuba Zone-NR March 12, 2012).

Target #3 is immediately south and upslope of the Regal Zone which contains attractive copper grades and has been interpreted to be a post-glacial landslide deposit.

Target #4 is in the approximately 1.5 km, and open, E-W IP high in the SW part of the survey area, and is "located immediately north of strong magnetic anomalies, a situation not unlike that at Copper Mountain". As a start three holes are recommended for this target.

Targets #5 and #6 are in the south-eastern part of the Titan 24 IP survey. Target #6 shows increasing

chargeability at depth and to the east, with depth to the top of the deep chargeability indicated to be in the 100-200 m range on the eastern-most line.

Targets #7 and #8 are both in the northern part of the property, in excess of 1 km north of the Quintana Zone (Target #2) in an area not covered by the Titan 24 IP survey. Target #7 is a strong mag low. Target #8 is a sub-circular area about 1 km in diameter "...displaying unusually quiet mag (magnetite destruction?) with the center showing somewhat elevated mag and K/Th ratio, as one might expect for the central core of a porphyry system." IP coverage is recommended for both areas.

Sego has already located mineralization and/or alteration in target areas 1 through 7, with surface exploration including trenching, soil geochemistry and surface geological mapping. The report is now being reviewed by Sego's Exploration team.

The report is available on the Sego Website under "Technical Reports."

Sego is currently conducting a financing by short form offering document and anticipates closing the financing on or before July 12, 2013 and expects to commence drilling mid-July.

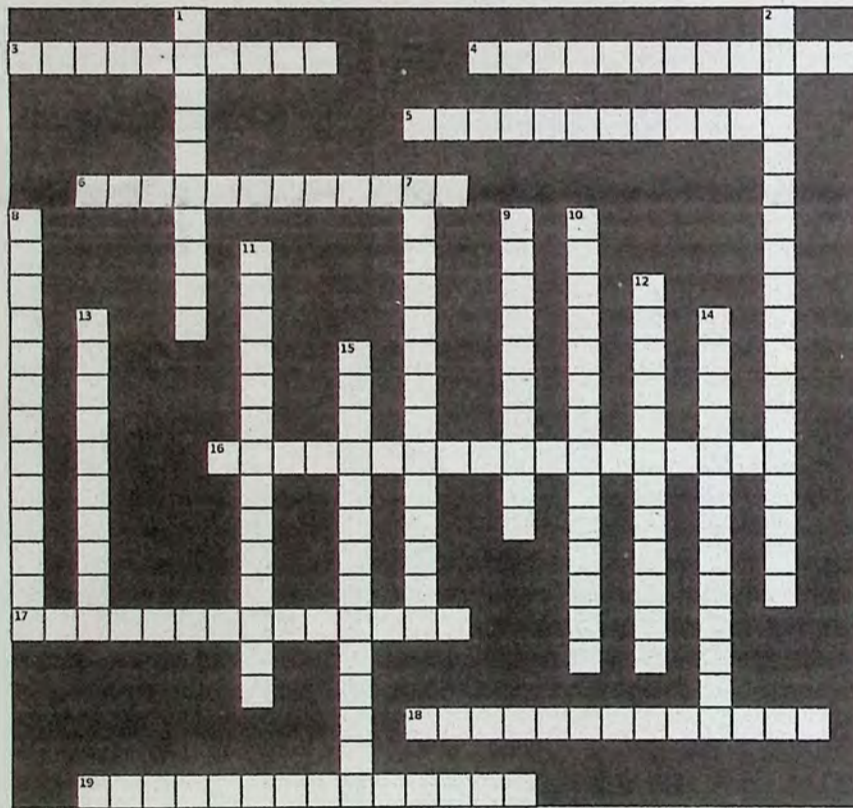
This News Release has been reviewed by Chris Sampson, P.Eng. ARSM and Vic Preto, PhD, P.Eng., both qualified persons under NI 43-101.

Sego Resources Inc.

Sego Resources Inc.'s only project is the Miner Mountain Project a Copper Gold Porphyry Project near Princeton, 15 kilometres north of Copper Mountain Mining Corporation's - Mitsubishi's Copper Mountain Mine. The Miner Mountain Project is situated within the Traditional Territory of the Upper Similkameen Indian Band.

Similkameen News Leader Puzzler

Use the July 2 News Leader to find Answers Below...



- | | |
|---|--|
| <p>Across</p> <p>3 The furthest travelled band to the upcoming Traditional Music Fest comes from here.</p> <p>4 Name one of the new Youth Ambassadors.</p> <p>5 Name the new Princeton Posse President.</p> <p>6 He is the Mayor of Princeton's Sister City.</p> <p>16 Identify Princeton's Sister City in the United States.</p> <p>17 Name the race track located at Princeton Fairgrounds.</p> <p>18 Name the winner of the Similkameen Cup Race June 27th.</p> <p>19 "You Can't Have _____."</p> | <p>Down</p> <p>1 Name one of the new Princeton Posse Vice Presidents.</p> <p>2 Which school Honour Roll appears in the July 2nd News Leader?</p> <p>7 Name the new Friendship Ambassador.</p> <p>8 Name one of the new Princeton Posse Vice Presidents.</p> <p>9 Name the Town Councillor pictured on Page 3.</p> <p>10 Name the new Princeton Posse GM/Head Coach.</p> <p>11 Headline: "Fair _____"</p> <p>12 Name one of the new Youth Ambassadors.</p> <p>13 Who headed the band that performed following horse racing at Sunflower Downs?</p> <p>14 Name the only local horse entered during races at Sunflower Downs.</p> <p>15 A catchy slogan around Twin Lakes.</p> |
|---|--|

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Local musicians provided live entertainment in Veterans Square during the July 6th Show 'n' Shine. *

Mining News
Sego Resources

Sego Resources (Sego) announced July 2nd that it has signed a Geoscience Partnership Agreement with the British Columbia Geological Survey (BCGS) that contributes to ongoing regional geological studies in the Nicola Arc. The current Partnership will extend for two years and will have Sego providing monetary and technical support to the Survey's Nicola Arc - South field program. Under this agreement two senior geologists from the Geological

Survey Branch will complete geological mapping on and around the Miner Mountain Project as part of a larger multi-year regional mapping program aimed at understanding the geology and metallogeny of the region roughly between Princeton and Merritt. The project focuses on the stratigraphy, age and geological setting of the Southern Nicola Group. *Sego Resources Inc.* Sego Resources Inc.'s only project is the Miner Mountain Project a Copper Gold Porphyry Project near

Princeton, 15 kilometres north of Copper Mountain Mining Corporation's - Mitsubishi's Copper Mountain Mine. The Miner Mountain Project is situated within the Traditional Territory of the Upper Similkameen Indian Band with whom Sego has an MOU. The Miner Mountain property is 2,056.54 hectares in size. The property is 3 kilometres from the town of Princeton with a major highway, a cell phone tower and a sawmill within the property boundary.

Flip Of The Coyne
 by Spencer Coyne

..... continued from Page 3 the guy played in a rock band? It doesn't look as militant as a guy who dresses in camouflage. This leads into the terminology that both the police and the media are using: terror. Do you remember when it was terrorism? I guess it didn't sound as scary as "act of terror." The use of the term is to make you scared, and although we should be vigilant, those who work in media should be ashamed of themselves for using terminology for the purpose of striking fear into the populace. I am grateful for the RCMP and

the work they did to stop these two nuts from killing and injuring thousands of innocent civilians. There is no way we can thank them enough, but do we need to use terminology that is counter productive? The people who want to see our way of life destroyed want us to be fearful of them. They want us to allow our governments to strip us of our liberties in the name of combating terrorism, because every time another one of our liberties is infringed upon, temporarily suspended, or removed, they win. They win because they hate our freedoms.

They hate our way of life and they want us to suffer. Using terminology like "terror" instead of "terrorism" assists those in power to grant themselves special powers so they can do as needed to combat the evils of terror. Just look at the way the media jumped on the bandwagon in seeing if there would be new restrictions on accessing the Legislature. Thankfully Christy Clark was smart enough to say no to the idea. We cannot allow acts of terrorism, foreign or domestic, to infringe upon our liberties or the terrorists have won.

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Canadian Bull Run Car Rally

Princeton Airport



Friendship Ambassador Morgan Whelpton and Youth Ambassadors Carmen Brodie and Destiny Earle were in the centre of activity at the Canadian Bull Run Car Rally July 7th. *



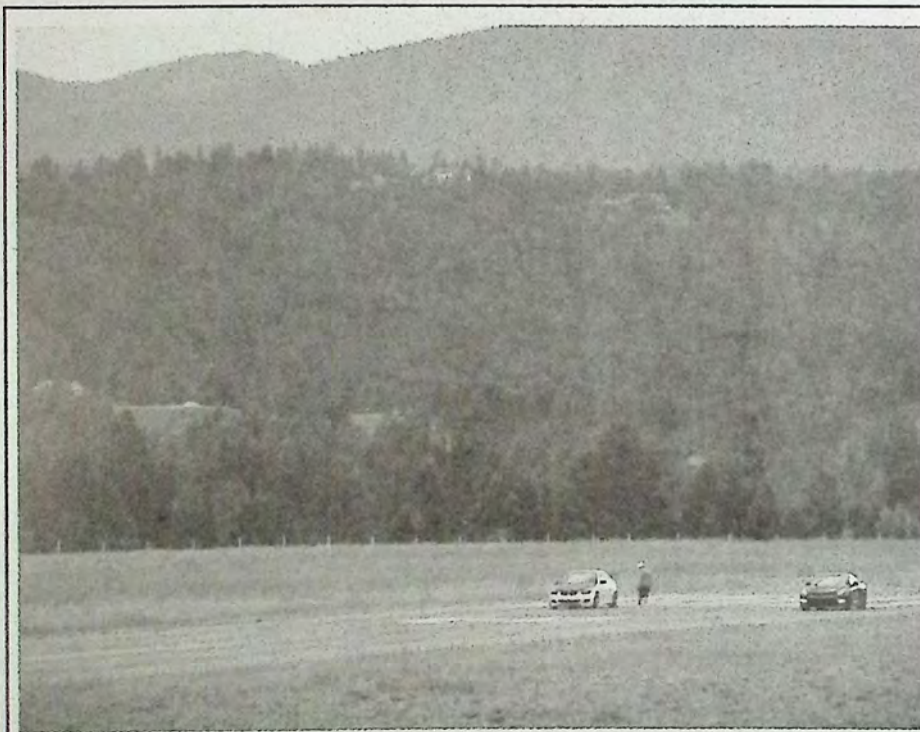
A few million dollars worth of vehicles lined the tarmac at Princeton Airport. *



Bull Run Founder Robbie Dickson presents Mayor Frank Armitage with a \$2,000.00 cheque as a donation to Princeton Girls Basketball prior to the drag races July 7th. *



A good crowd attended the Car Rally at Princeton Airport. *



A scenic view down to the drag race start line on the runway at Princeton Airport. *



Nothing beats the smell of burning rubber at a Car Rally! *

Brenda Crawford



brenda@bcland.net
(250) 295-8182

April Earle



april@bcland.net
(250) 295-5346

Sandra Simpson



sandra@bcland.net
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Lot 3 Hidden Valley Road



Reach for the top with this 4.25 acre parcel set among executive style homes on the top side of the Hidden Valley cul-de-sac. With nothing to obstruct your panoramic, 270 degree view & an additional 90 degrees of lightly treed, gentle slope behind on your own property. No one above and crown land to one side provide the ultimate in privacy. MLS®142440 \$271,900

499 Similkameen Avenue



Solid 3 bedroom home just a few blocks walk to the Similkameen River and walking distance to town! New flooring, bathroom, roof, windows, hot water tank, and furnace in last 5 years. Fully fenced yard, oversized lot, garage, workshop area for hobbies or just storage. Basement is low, but useable with cement floor and woodstove. MLS®141294 \$175,300

440 Corina Avenue



NEW PRICE!

LOCATION PLUS! This spacious rancher is nestled in a quiet cul de sac along the Tulameen River. There are lots of opportunities to get the garden growing with stepped garden beds in the back yard, storage for tools and still room for the kids trampoline. Inside there are 4 generous sized bedrooms for the family and 2 bathrooms so no one has to wait. MLS®140060 \$175,000

145 Angela Avenue



A custom built home to suite your every need is right in the heart of Princeton. Located on a corner lot beside the Tulameen River, this 3600 sq ft home has something for everyone. This is not your cookie cutter house! The open concept living room, dining room and kitchen features vaulted tongue and groove ceilings. MLS®142687 \$499,900

REALTY EXECUTIVES PRINCETON

Gateway to the Okanagan

#8-136 Tapton Avenue (Princeton Plaza)
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