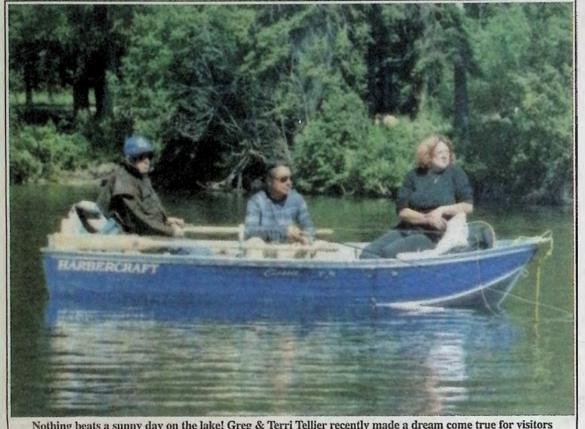
Similkameen INCLUDES GSTI

Volume 16 Issue 32 #795 ISSN 1712-090X

Tuesday, August 6, 2013

Canada WE ACKNOWLEDGE THE FINANCIAL SUPPORT OF THE GOVERNMENT OF CANADA THROUGH THE CANADA PERIODICAL FUND OF THE DEPARTMENT OF CANADIAN HERITAGE.



Nothing beats a sunny day on the lake! Greg & Terri Tellier recently made a dream come true for visitors to Tellier's Fisherman's Cove which centred on a day of fishing on Osprey Lake. Photo: Greg & Terri Tellier

RDOS approves LSIB plan

The final partner is in place for the development of a water plan for the Similkameen valley.

The Regional Board of the RDOS (Regional District of Okanagan Similkameen) voted August 1st to approve a work plan delivered by the Lower Similkameen Indian Band to provide consultative services and share unique cultural and

ecological data for the Similkameen River Watershed Plan.

The Board was following advice from steering committee members of the Similkameen Valley Planning Society, who unanimously recommended the Regional District approve the work plan and up to \$43,755 in fees.

Ministry bans campfires, open burning

Effective at noon on Thursday, August 1, all campfires were prohibited across the Kamloops Fire Centre.

This step was taken to help prevent human-caused wildfires and protect public safety. The fire danger rating is currently "high" throughout the Kamloops Fire Centre, with scattered pockets of "extreme".

Princeton and the Similkameen Valley are within the Kamloops Fire Centre with the Upper Similkameen

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in the Merritt Fire Zone and the Lower Similkameen in the Penticton Fire Zone.

With the current trend of warm and dry weather, wildfires in the region have displayed very aggressive behaviour and required additional fire suppression resources. Human-caused wildfires can divert critical resources and crews from responding to naturally occurring wildfires. Open burning is prohibited throughout the Kamloops Fire Centre. This

prohibition applies to open fires of any size, fires with a burn registration number, industrial burning, fireworks, tiki torches, sky lanterns and burning barrels.

The prohibition does not apply to cooking stoves that use gas, propane or briquettes, or to a portable campfire apparatus with a CSA or ULC rating that uses briquettes, liquid or gaseous fuel, as long as the height of the flame is less than 15 centimetres.

The open burning prohibition covers all BC Parks, Crown and private lands, but does not apply within the boundaries of local governments that have forest fire prevention bylaws and are serviced by a fire department.

You are advised to check with local governments for any other restrictions before lighting a fire.

Thunderstorms passed through the region only hours after the Campfire Ban went into effect which, according to Michaela Swan, Kamloops Fire Centre Communications Officer, started additional fires.

"Although the Kamloops Fire Centre did receive some precipitation, it was not enough to reduce the risk of wildfires. The majority of the rain received will be dried from the forest by the afternoon. The campfire ban will remain in effect until significant and widespread precipitation is received across the region."

Anyone found in violation of an open fire ban, including campfires, may be issued a ticket for up to \$345. Anyone who causes a wildfire through arson or recklessness may be fined up to \$1 million, spend up

to three years in prison and be held accountable for associated firefighting costs.

This prohibition will remain in place until the public is notified that it has been rescinded.

For the latest information on current wildfire activity, burning restrictions, road closures and air quality advisories, visit this website: www.bcwildfire.ca.

RDOS plans Coalmont Community Centre

The RDOS (Regional District of Okanagan Similkameen) decided at their August 1st regular meeting to make an application to the Province to lease Crown Land with the intention of eventually constructing a community centre in Coalmont.

In other news, the Regional District's current auditor, White Kennedy Chartered Accountants, will continue to provide services through 2015 after the agency was selected from among three companies interesting in providing auditing services.

The Board adopted an Emergency

Services Amendment Bylaw which allows fire services to legally respond outside their established service areas. The Amendment will also allow for fires to be reported and or investigated by a Duty Officer rather than the Fire Chief.

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Land Act:

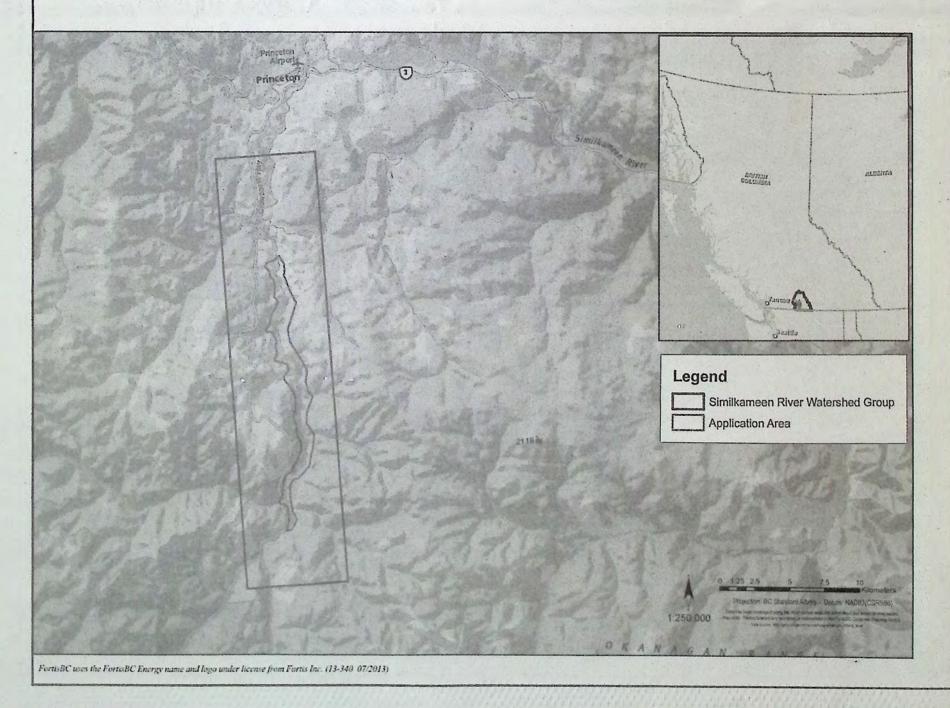
Notice of Intention to Apply for a Disposition of Crown Land

Take notice that Fortis Inc. of Kelowna BC, intends to make application to the Ministry of Forests, Lands and Natural Resource Operations (MFLNRO), Southern Service Region – Thompson Okanagan Service Centre, Crown Land Adjudication office, for Industrial purposes covering 2289S, 1939, 2281S, 2270S, 3187S, 321S, 2273S, 898, 1511S, 1510S, 2309S, 1940, 2016S, 2049S, 3080S, 645S, 119, 2571S, 2288S, 280, 3537, 3263, 3149S, 2577S, 4227, 1509S, 3079S, 1830, 2271S, 3150S, Block A of 4227, 2308S, 644S, 1833, 1831, 2283S, 63S, 2582S, 2306S, 378S, 2268S, 2284S, 646S, 2269S, 2017S, all Similkameen Division Yale District (SDYD); District Lots 60, 153, 235, E12 of 892, 159, 133, 1204, 900, 231, 238, 250, 1202, 1201, 899, 892, 709, 893, 708, 251, 233, 939, 236, 59, 234 and 158. Yale Division Yale District (YDYD) situated on Provincial Crown land located in the vicinity of 15 km south of Princeton.

The Lands File Number that has been established for this application is 3406290. Written comments concerning this application should be directed to the Section Head, Crown Land Adjudication at 441 Columbia St, Kamloops BC V2C 2T3. Comments will be received by MFLNRO until August 23, 2013. MFLNRO may not be able to consider comments received after this date. Please visit our website http://www.arfd.gov.bc.ca/ApplicationPosting/index.jsp

⇒Search ⇒Search by File Number: insert Lands File Number for more information.

Be advised that any response to this advertisement will be considered part of the public record. For information, contact the FOI Advisor at the Ministry of Forests, Lands and Natural Resource Operations regional office.





It's not unusual to see logging trucks and cross-country skiers on Princeton-Summerland Road. But you don't normally see that combination of traffic...in July. Photo: Tellier's Fisherman's Cove

Fin Of The Coyna

by Spencer Coyne

There have been a few news stories that have really got me thinking about the justice system. I understand that the courts are not perfect and that judges are just people, but you really have to wonder what our system has come to when you see the myriad of stories that have been flooding the news lately.

The first story that got my attention was about a woman driver who ran over a person on a bicycle when she lost her attention for a moment. The woman got off because there was no criminal intent in her actions, yet she did take a person's life, and no matter if it was in malice or not, she was operating the vehicle that killed the victim. The next story was about a rancher who was protecting her livestock from a neighbour's dog that was attacking her cattle. The rancher shot the dog. She was then charged and found guilty of killing or injuring an animal under the Criminal Code. The Crown has called for a jail sentence for the rancher but the judge has indicated that he won't impose a jail sentence.

The last story that got my attention was of a sex offender who was released even though he is a high risk to reoffend. First off, how does a sex offender get released from jail if he is high risk or has a history of repeating his offence?

From these three examples what got me the most is that in one case, a person who killed another person while behind the wheel of a car gets no conviction while the rancher who shot a dog attacking her cattle has to face the possibility of a jail

sentence. Then in the last story, a high risk to reoffend sex offender. who has spent time in jail for not only sex offenses but breach of parole and threatening the life of a corrections officer, gets to walk the streets of the Okanagan again. Our system is dysfunctional at best.

Not that we should be looking south for solutions to our justice system, but sometimes you have to look at what they are doing and ask why we can't do that. For instance. that Ariel Castro who kidnapped, raped and tortured three women in Cleveland just got life plus one thousand years in jail for his heinous crimes. What would have happened here in Canada? Life minus time served times two with parole in five years. He would serve three years and be back in his community. No way. We should be watching how they sentence these guys in the US, because they are onto something. Life isn't long enough for some offences, so add another thousand years. This will ensure that the sicko won't get out of jail now or ever. I think we should be a little more realistic than one thousand years, but you get the idea. You kill someone in cold blood, meaning you planned it and carried it out, you never see the light of day again. You rape someone or kidnap them, same thing. No more of this fourteen years for murder and you are out in five on good behaviour.

Go to court sometime. You will see people who the judge knows because they are there so regularly. I have talked to law enforcement personnel serving and retired who see high risk offenders re-offend time and time again, yet they get out on parole or time served. Why is it that we can let murders, rapists and others of that sort walk our streets freely, yet someone who is defending her livestock could see a heavier punishment than someone who ran another person over because they weren't paying attention or fell asleep at the wheel? None of it makes any sense to me.



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My Tun_

Slipping From High To Extreme

The amount of rain that fell in the Similkameen Valley was barely a drop in the bucket according to BC Wildfire officials.

Regardless of how wet you got running from across the parking lot to your vehicle in downtown Princeton and how much water flowed down the streets it just wasn't enough.

But to many, that will be all they need to see in order to spark up a backyard campfire or set off some fireworks even with a campfire/open-burning ban in place.

I credit the constant bombardment of messages in various forms from the government teaching us to be careful with fire as helping to educate us. Especially when it's been hot and dry.

The problem is that many either don't see those messages, or just don't care.

The average number of BC wildfires in the past decade is 1,922 per year costing an annual average of \$160.9-million to bring under control

The saddest fact is that over the past ten years an average of 40.4% of them were human-caused. In 2012, 43.1% were human-caused and 68.1% in 2011.

I'm a firm believer in teaching lessons in a way that gets your attention. One of the best ways to do that is through your wallet. Stiff fines and other penalties that take away some of the things we take for granted provide a great incentive to smarten up.

A fine example is drunk driving. It's far too risky to get caught and lose your licence on top of a hefty fine so you don't hear as much about it because partiers are getting smart. They keep their celebrations off the road, often opting for a house party with designated drivers in place.

The forest fire situation is a bit different although big fines have been in place in recent years. In fact, if you violate the campfire/open-burning ban you may be issued a fine up to \$345. If you ended up causing a wildfire you could be fined up to a million dollars and spend three years in jail. The key words are 'may' and 'could.'

The difference between drunk driving and wildfires is I don't remember hearing about too many appearances in Princeton Court due to campfire/open burning ban violations.

I think there needs to be more enforcement as there is with drunk driving. The CounterAttack program pretty much gets that message across. All we need now is a program of some kind that will amp up the education of being careful with fires and burning in the Summer.

The right program will in effect, spread the word...um, like wildfire.



A Pacific Coast Flycatcher nested for the fifth year in a row at Greg and Terri Tellier's at Osprey Lake.

The bird, with three chicks, were spotted there late last month. Photo: Tellier's Fisherman's Cove

_Your Turn

Letters and E-Mails Received This Past Week

To The Editor;

A Telus cell tower in Hedley - Yes or No?

Some people in Hedley are opposed to a cell tower for two reasons:

- 1. Health risks
- 2. A cell mast will block the view of the Mascot Mine from the Hedley Heritage Museum

Both of these reasons are based on fear, not fact. The facts are:

1. The World Health Organization, The American Cancer Society, The Canadian Cancer Society, and Health Canada have all published fact sheets stating that there are NO health risks and NO cancer risks from the low-level radio frequencies generated by cell phone towers.

The cell tower will NOT block the view from the Hedley Heritage Museum.

The cell phone tower will NOT inconvenience tourists and visitors to the Museum.

On the other hand, the majority of people in Hedley support a cell tower for various reasons:

1. Emergencies

A cell phone can mean the difference between life and death in emergencies or accidents when an injured or sick person is away from their house and their house telephone. Having this security is important to elderly residents, people living alone, people with health problems, people who enjoy walking, hiking or biking, and even for people who enjoy being outside in their gardens. A sudden accident, fall, or health crisis can prevent the victim from reaching a landline telephone to call for help. Carrying a cell phone in a pocket can save a life.

2. Car Accidents

The same is true for car accidents. Being able to call for help after an accident can save precious minutes and can save lives.

3. Back-up

Landline telephone service can be disrupted. A falling tree, a forest fire, or a highway crash can interrupt telephone service. Having cellular phone service means having a back-up communications system for Hedley's fire department and first responders.

4. Convenience or necessity

A total of 74% of Canadians have a cell phone. Cell phones have come to be a necessity for many continued on Page 21

News Leader

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Dawn Johnson - Reporter Lynette Boyd - Office Assistant Arlene Arlow - Lower Valley Reporter Spencer Coyne - Columnist/Advertising Sales

EDITORIAL GUIDE

We would like you to write to us, but please remember to abide by antidiscrimination laws. The News Leader reserves the right to refuse to print any letter which is not signed by the writer or is slanderous. The lous or of uncommon sense! The Editor reserves the right to condense any letter or to substitute proper language for improper language.



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Current Comment

Who Are The Stakeholders?



Dawn Johnson editor@thenewsleader.ca

We hear the word "stakeholder" every so often, and I have become very concerned about any group called stakeholders. Let me give you some personal history about my experiences with stakeholders groups.

The first time I ever heard the term was in the 1980s. There was a stakeholders' meeting and I attended as a reporter. The meeting was about preserving the old trails through the Hozameen Range of mountains west of Princeton, The plan was to enhance the trails for public use and to protect them from damage. The historic trails included the Brigade Trail and Blackeye's Trail. There were only two Princeton area people at the meeting. The Ministry of Forests was represented, so was Parks and so was Environment, as well as people from the Fraser Valley and Okanagan Valley who were interested in trails. I had no suspicions about the stated goal of the meeting. What I did not know was that the real goal, as carried out by the provincial government, was to extend the boundaries of Manning Park northward.

By the time the general public heard about the expansion, it was a done deal. The stakeholders had had meetings in which no reporters were present, and therefore the public did not know. Many members of the public objected, but it was too late.

The next time there was a stakeholders meeting to which I was invited, I went with a more alert, more questioning attitude. This second stakeholders meeting was about preserving "wild" rivers, and the Similkameen River was the topic. The Environment Ministry was represented, along with a few other people. Despite the fact that the Similkameen River is dammed near Oroville, and despite the fact this river is part of the Columbia Treaty, the plan was to declare the Similkameen River a wild river. To keep it "wild" and preserve its integrity, a number of regulations would go into effect, including one that would disallow any industrial, commercial, agricultural or residential occupancy within 350 meters of the high water mark on both sides of the river. This would put an end to Eastgate, Princeton, part of Keremeos, along with hundreds of hectares of both residential and agricultural land along both sides of the river. My report on this plan raised a lot of objections and the wild river stakeholders went to other rivers.

The park expansion plan of 1994 created a huge reaction. Logging in the Princeton area would have been history if that plan had gone through. Some stakeholders group calling themselves Cascadia Something or Other had stakeholders from Washington and B.C. who decided there should be a Class A park extending along the south side of the Similkameen River to join a similar park plan in Washington State. The promotional materials on this plan were called Nature Has No Borders. This park was to provide a wildlife corridor so our wildlife could move freely from Washington to B.C. I had never heard of wildlife being restrained from doing so in the first place. The goal appeared to be to keep all but a select few humans out of the area, along with their cattle which traditionally use the rangeland, and the loggers. Protests became extreme over that one, and a logging truck invasion of Victoria drove the point home. That plan was dropped.

Probably the best, most honest, stakeholders meetings was held in Tulameen a few years ago. That meeting involved introduction of grizzly bears into the mountains around Tulameen. The most honest part of that meeting was that everyone in the Tulameen area was invited, and all of them were regarded as stakeholders, as they should have been, as all have a stake in the forests, rivers, lakes, recreation and agriculture of the area. The grizzly bear plan was never implemented.

The word 'stakeholder' is supposed to mean anyone having a stake in the outcome of any decisions made. In today's use of the word, it appears to mean some group with an idea to do something. This group finds sympathetic other people, and then this group of 'stakeholders' goes about making plans which may or may not affect all of us, but which will certainly affect all of us.

A recent example of a stakeholders group was the group presenting a plan called 'A Biodiversity Conservation Strategy for the South Okanagan-Similkameen. This group promoted the plan under the title Keeping Nature in Our Future. The plan they came up with was presented to Regional District and then to municipal councils and to the public. The public presentation

in Princeton was during the dinner hours and only four people showed up. This plan is still in the works, and outlines in great detail how land should be used and which areas should be conserved.

Another stakeholders group has been formed to deal with the future of health care in the Princeton area. I have not been able to find out much about what goes on at these stakeholder meetings, as they lack transparency.

My main objection to stakeholder groups is that they tend to act in secrecy, with little input from the public, then present a full-blown plan which they expect some branch of government to implement. The meeting in Tulameen regarding the grizzly bears was the kind of stakeholders meeting which offered total transparency. The subject of the meeting was advertised and the conduct of the meeting invited plenty of feedback. Those proposing the plan stated in their advertising 'here is what we want to do' and invited everyone to come and provide feedback.

My second objection to stakeholders groups is that too often they have government minions directing part of the action. You and I are paying the salaries of people who may not be working in our best interests as they put together these 'stakeholders' groups. Ultimately, you and I and every taxpayer is going to pay for the decision one way or another. Those taxes we pay are our stake in whatever plan is made, and we have a right to know well in advance what the plan is and how we will be affected before it goes to any government group for implementation. The selection of 10 or 12 people from the general public does not constitute a fair representation of all of the stakeholders. Furthermore, limiting input to the few who are selected is undemocratic. Finally, it is my opinion that any plan being initiated by those who are being paid my tax dollar is a case of the tail wagging the dog. I do not want to pay somebody to come up with any plan that could adversely affect my future.

In my view, from past experience, I have detected an attitude of superiority from members of these stakeholders groups, a kind of elitism that says "we know more about what ought to be done than any ordinary citizen". That is the kind of thinking that leads to a lot of undemocratic decisions.

News Leader

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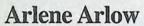
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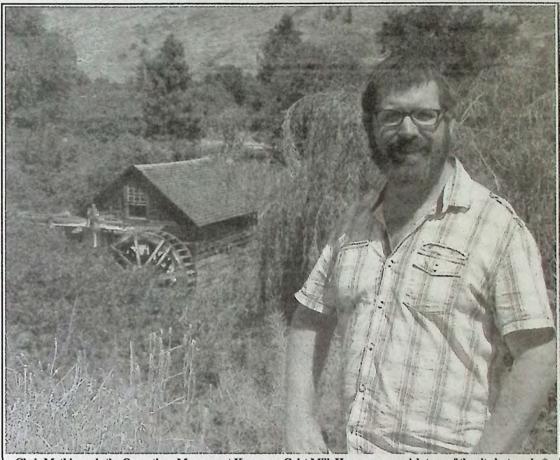
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Lower Valley News

Keremeos - Cawston - Olalia



Chris Mathieson is the Operations Manager at Keremeos Grist Mill. He gave us a quick tour of the site last week. *

Sizzle plans take shape

The Similkameen Sizzle organizing committee met July 31st to continue planning the 12th annual pepper festival.

A shortage of volunteers has been a concern and it was discussed at great length during the meeting. While there were no clear resolutions reached, a number of options will be explored further. The committee will attempt to involve more

participation from students from the high school.

The organizing committee also has fewer volunteers than in previous years which has put extra pressure on those already heavily involved to take on more responsibility.

Live entertainment is completely booked and ready to go, as is the Pepper Eating Contest. Some vendors have already registered and children's activities are in place.

Raffles and draws are being finalized as are details on food concession operations.

The 12th annual Similkameen Sizzle will take place all day Saturday, September 21st at Memorial Park in Keremeos.

There is no admission fee to the park which has been one of the largest attractions of the event.



From left, Frankie, Sly (standing) and Odeila pick tomatoes off the vine at Harker's Organics in Cawston.

Bruce Harker told the News Leader last week he was pleased with the crop of Heirloom and Cherry Tomatoes.*

Alex Atamanenko, MP

Shark Finning - A Disgusting Practice

Recently I had a chance to see the documentary Sharkwater and watched how sharks are caught, their fins are cut off and they are thrown back into the water. This practice is repulsive, immoral and is largely driven by an underground market controlled by organized crime that exploits threatened and endangered species to maximize profits.

To combat this barbaric practice, Bill C-380, An Act to Amend the Fish Inspection Act and the Fisheries Act was introduced by my colleague, Fin Donnelly, MP for Burnaby-Coquitlam on December 11, 2011.

Some elected members have suggested that Bill C-380 (http://openparliament.ca/bills/41-1/C-380/) is unnecessary because Canada already has enough laws and that Canada bans the trade of shark products from species protected the Convention on International Trade in Endangered Species of Wild Flora and Fauna (CITES) or the Species at Risk Act.

According to the Canadian branch of Humane Society International, this is false. Both CITES and SARA only protect three species of shark: basking sharks, whale sharks and great white sharks. In other words, out of 141 threatened or near-threatened shark species only 3 are protected by Canadian federal laws.

Another myth we hear is that Canada bans or restricts the trade, possession or sale of shark products that present human health or safety concerns. This is also false. Shark fins, which continue to be legally imported into Canada contain high concentrations of a potent neurotoxin, BMAA, which scientists have linked to neurodegenerative disAlzheimer's and Lou Gehrig's disease. This is not unlike, for example, the link between phenylbutazone in horse meat and aplastic anemia in children.

The third myth states that working through regional fisheries management organizations to ensure strong global management and enforcement practices is the most effective way to prevent unsustainable shark fishing practices such as finning. This is also false. As long as there is a demand for shark fins, there will be local industry pressure on governments not to prohibit the practice. This demand will also perpetuate the poaching of sharks in the waters of countries that already prohibit finning.

Canada has already been identified, for example, by CSIS as a destination country for poached shark fins from Australia, even though some Australian states have some of the world's strongest shark finning laws. Eliminating the demand removes incentive for fishermen to continue finning and poaching sharks.

We had a chance in the House of Commons to take a major step to end this disgusting practice. However, during the vote on March 27, 2013, Bill C-30 was defeated 143 to 138, denying this bill being sent to Committee. As a result, this bill regrettably died in Second Reading.

It is my hope that C-380 was able to generate enough support across this country so that one day soon, we will have the necessary legislation to put an end to shark finning.

I would like to thank Fin Donnelly for all his efforts to bring this issue forward.



NOTICE OF PUBLIC OPINION POLL

ELECTORAL AREA "G" (HEDLEY) OPINION POLL

PUBLIC NOTICE is hereby given to the Electoral Area "G" residents within the Hedley Telus Poll area that a non-binding public opinion poll on the following question will be held at the polling location identified below:

"Are you in favour of a 20 metre monopole being installed at 796 Scott Avenue for cellular phone and

The GENERAL POLLING OPPORTUNITY will be held on: SATURDAY, August 10, 2013 from 10:00 am to 6:00 pm at the following Polling Place: Hedley Community Club, 956 Scott Avenue, Hedley BC

To confirm whether your property is within the Hedley Telus Poll area, please refer to the Hedley Telus Poll Map at www.rdos.bc.ca/news-events/other-voting.

VOTER REGISTRATION AND ELECTOR QUALIFICATIONS

There is no need to pre-register to vote as the registration of all electors for voting on this question will take place at the time of voting. At the time of registering to vote, Electors will be required to make a declaration that the Elector meets the following requirements:

Resident Electors

- 18 years of age or older
- Canadian citizen
- resident of BC for at least 6 months immediately preceding polling day
 resident of the specified area of Electoral Area "G" of the Regional District of Okanagan-Similkameen for at least 30 days immediately preceding polling day, and - not otherwise disqualified by law from voting

Non-Resident Property Electors - 18 years of age or older

- Canadian citizen
- resident of BC for at least 6 months immediately preceding polling day
 registered owner of real property in the specified area of Electoral Area "G" of the Regional District of Okanagan-Similkameen for
- at least 30 days immediately preceding polling day,
- not otherwise disqualified by law from voting
- Non-Resident Property Owners must not be entitled to register to vote as a resident elector and may only register to vote as a non-resident property elector in relation to one parcel of real property in the specified area of Electoral Area "G" of the Regional District of Okanagan-Similkameen
- If there is more than one individual who is the registered owner of real property, only one of those individuals may register to vote as a Non-Resident Property Elector and MUST obtain the written consent of the number of individuals, who together with the person registering to vote, are a majority of those individuals on title to the real
- At the time a Non-Resident Property Elector registers to vote, the application for registration must be accompanied by proof satisfactory to the Election Official that the applicant is entitled to register in relation to the real property, and if applicable, the written consent from the other registered owners of the real property.

 Non-Resident Property Elector Consent Forms will be available at the Voting Place at the time of voting or can be obtained prior to the time of voting by contacting the Deputy Corporate Officer as per the contact information

ELECTOR IDENTIFICATION REQUIREMENTS

Resident electors will also be required to produce 2 pieces of identification (at least one with a signature). The identification must prove both residency and identity. Picture identification is not required.

Non-resident property electors must produce 2 pieces of identification (at least one with a signature) to prove

identity, proof that they are entitled to register in relation to the property, and, if applicable, written consent from the other property owners. Picture identification is not required.

Documents accepted for purposes of elector identification must either be the documents prescribed under regula-

tions to the Local Government Act or evidence deemed acceptable and satisfactory to the election official at the Voting Place.

SCRUTINEERS

One (1) Scrutineer each for and against the question will be appointed if applications are received from persons who wish to volunteer for the positions. Only persons entitled to vote as electors on the question shown above are entitled to act as scrutineers.

Persons interested in making application to scrutineer may do so by contacting Christy Malden, Deputy Corporate Officer, at the Regional District of Okanagan-Similkameen or by completing the Application for Scrutineer at the website www.rdos.bc.ca/news- events/other-voting.

Applications will be accepted during the period:

8:30 am, Monday July 29, 2013 to 4:30 pm, Wednesday August 8, 2013

Applications will only be received during regular office days and hours during this period.

Questions with respect to this Polling Opportunity may be directed to:

Christy Malden DEPUTY CORPORATE OFFICER (250) 490-4146

Or in person, at the following location:

Regional District of Okanagan-Similkameen, 101 Martin Street, Penticton, BC

This opinion poll is being conducted to determine the opinion of residents within the Hedley Telus Poll area with respect to installation of a monopole at the specified location. Results of this opinion poll are in no way binding.

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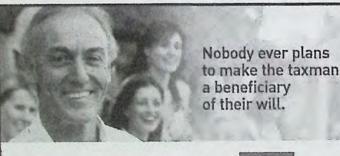
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Al Anderson, BBA, CFP, TEP

Phone: (250) 295-3555





A few short hours after a campfire ban went into effect across the region August 1st a major thunderstorm passed by accompanied by periods of heavy rain. A few downtown businesses saw staff outside watching it pour.

addles 'n' Spurs

by Pastor George Donovan

I remember 1958 was a difficult time to find work and I needed a job so I applied everywhere I could think of and was finally hired as an apprentice boat builder - a city job.

After two years I told the boss I had itchy feet and had to go. He was kind and said, "You better get it out of your system and if you come back the job will be waiting."

I had an old army pack that I bought at the Army and Navy for 10 cents so I packed up and took off on foot with no destination in mind. I started off hitchhiking and two days later wound up in Revelstoke. The highway to Golden was not in then and the only way through the mountains was the Big Bend Highway which went way north and back south to Golden on a dirt road.

I stood on the road for most of the morning and couldn't get a ride so I walked back to Revelstoke to hop a freight train. Some hobos saw me and said there were no trains until 2:00 PM and invited me for breakfast. There was a trail off the tracks that went to the last existing hobo jungle in B.C. and in a clearing about 75 feet across there were about 15 hobos and they had a campfire in the middle of the circle with two sticks on either side, a 'y' at the top to hold another stick through the fire and hanging on it was a pot of coffee.

They were very friendly; I think

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they saw me as an apprentice hobo. One of them was holding a soup can that had been opened, the lid bent back with jagged edges all around. He shook out the balance of his coffee and filled it with fresh coffee from the fire and offered it to me. I

took the dirty old soup can of coffee and drank it, after all I was the guest and didn't want to make a fuss.

Then the lesson on how to not get caught by the railway police when hopping a freight train began.

..... continued Next Week

Living Past 100

Watermelon: More Than Summer Fun

People in Canada tend to think of watermelon as one of those summer fruits we take on a picnic or serve at a large gathering. This is faulty thinking. While watermelons are fun, they are also topnotch healthy food and should be eaten frequently.

Among fruits, watermelon is one of the least contaminated by pesticides even if not listed as organic. More important, watermelons are an excellent source of valuable vitamins and minerals even though they are low calorie and zero fat.

Watermelons are an excellent source of Vitamin C, beta carotene, Vitamin B1 and Vitamin B6. B6 is essential in creating the enzymatic action that converts food to energy, so is a great dessert food. Watermelons also contain lycopene, a plant substance that protects against several types of cancer.

The mineral content of watermelons includes potassium and magnesium. Potassium protects both the heart and brain, as well as flushing excess calcium out of the kidneys, preventing kidney stones. Magnesium protects against sleep disorders by calming the nervous system, and also prevents muscle cramps.

Many people hesitate to buy watermelon because the melon is so big and they feel the fruit will not last after it is cut open. The fact is a watermelon can survive perfectly well for about a week in the refrigerator even after it has been cut open providing it is covered to prevent drying.

The sweetest part of a watermelon is the red part, but do not toss aside the white part. The white part just under the skin is loaded with nutrients that keep you healthy. In some locations, housewives pickle the white part. Others remove the skin and use the white as an ingredient in a fruit slushie,

Some people have a problem with properly slicing a watermelon. Here's how to do it neatly. Using a long knife, cut the melon end to end, then cut each half end to end. Now that it is quartered, cut across the width of the melon, first cutting off the ends. Then create neat slices across the width, making each slice no more than 2 cm. thick. This method makes the slices neat and easier to handle and eat.

The next time you see a watermelon, give it a smile, pick it up, cuddle it, and take it home to eat it. It is not only fun food, it is really healthy!

News Leader

Similkameen News Leader TV Guide Listings - August 6 - 12, 2013



Fraser-Nicola MLA Jackie Tegart, right, attended the Princeton Racing Days parade in June along with Councillor Kim Maynard, Town of Tonasket Mayor Patrick Plumb and Town of Princeton Mayor Frank Armitage. 4

lackie Tegart

A Busy First Month As Your MLA!

Since being sworn-in as MLA for Fraser-Nicola in June, it's been a bit strange to be away from the riding as much as I have been this past month. It wasn't long before we began a summer sitting of the BC Legislature, which has helped new MLAs like myself learn the ropes in Victoria quickly.

One of the biggest challenges is finding my way around the Parliament buildings! But one of the biggest thrills is seeing first-hand how government gets the work of the people done. This session has been focused on debating and passing our fiscally-responsible budget. I was also honoured to rise in the House for the first time to respond to the Throne Speech.

You can watch it here: http://www.leg.bc.ca/hansard/video/ archive.asp?video=20130627& time=10:05&toc=archive.

I also delivered statements on topics of interest to rural communities, including responsible resource development and the jobs and opportunities that come with it. I was also pleased to recognize great community groups like the Ashcroft and District Health Care Auxiliary, which is marking its 100th anniversary, and wonderful young people like our Princeton High School grad-

When I think about the prospects ahead for these students, I'm excited and optimistic. In Merritt, the Nicola Valley Institute of Technology just received \$200,000 from our government. This will help the institution continue to work with Aboriginal communities to deliver culturallyrelevant courses and supports.

We also announced more than \$1.65 million from the BC Government's Strategic Community Investment Fund, supporting local projects in Fraser-Nicola; as well as Community Gaming totalling \$18,000, benefiting the Nicola Valley Fall Fair, the Princeton Traditional Music Festival, and the Ashcroft & District Rodeo Association.

My constituency offices are still being set up, but in the meantime please send your comments and concerns to me via e-mail at: Jackie.Tegart.MLA@leg.bc.ca.

You can also visit my website, www.jackietegartmla.ca. Enjoy the summer!

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Tuesday Movies

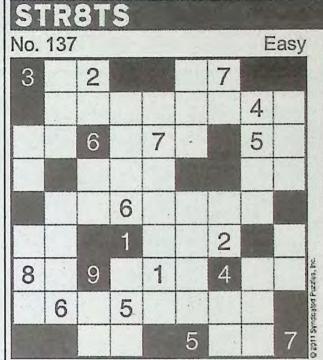
EVENING

9:30 pm WTBS ch.3 "Beyond a Reasonable Doubt" (2009, Drama) Jesse Metcalfe. A journalist's plan to expose a corrupt district attorney backfires when the journalist's quarry gets wind of the set-up. 11:30 pm WTBS ch.3 "Drillbit Taylor" (2008, Comedy) Owen Wilson. Three friends hire a homeless soldier-of-fortune to protect them from the school bully.

www.thenewsleader.net



News Leader Strets



You can find more help and strategies at www.str8ts.com along with more puzzles, Apple apps and books.

Previous solution - Medium

5 4 7 8 6 1 2
9 5 7 8 6 3 4
1 2 8 9 7 4 3
2 3 1 5 9 8 7
1 3 4 2 7 6
4 2 5 3 1 9 8 7
6 7 2 4 5 9 8

7 6 8 4 3 2

3 8 7 9 6 4 5

How to beat Str8ts –
Like Sudoku, no single number can repeat in any row or column. But... rows and columns are divided by black squares into compartments. These need to be filled in with numbers that complete a 'straight'. A straight is a set of numbers with no gaps but can be in any order, eg [4,2,3,5]. Clues in black cells remove that number as an option in that row and column, and are not part of any straight. Glance at the solution to see how 'straights' are formed.

THIS WEEK'S

News Leader Strets

SOLUTION WILL APPEAR IN NEXT WEEK'S ISSUE

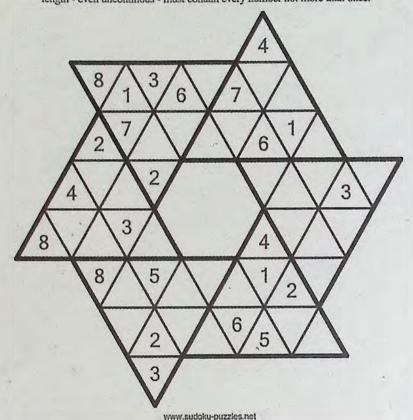
TUESDAY, AUGUST 6, 2013

		WTBS ch.3	CHBC ch.4	KNOW ch.5	KSPS ch.6	KHQ ch.7	KREM ch.8	A&E ch.9	KXLY ch.10	BCTV ch.11	CITV ch.12	CBC ch.13	YTV ch.18	TSN ch.19	VTV ch.22	DISC ch.24	FAM ch.26	CITY ch.29	SPIKE ch.44	TROP ch.45
6		In the Heat of the Night	Morning News (N) 20	To School G. Shrinks	Thomas	KHQ News 6AM (N)	KREM 2 Morning News	Criminal Minds () ES	News	Morning News (N) KG	(5:00) Morn- Ing News (N)	CBC News Now (N) O	Being lan Being lan	SportsCen- tre 20	CTV Morn- Ing Live (N)	Mighty Planes "SOFIA"	Stella-Sam Mickey	CityLine (N) kill	Wildest Po- lice Videos	Canadian Pickers 🖽
7	AM	Justice		Arthur 0	Arthur	Today Chris	CBS This	Criminal	Good Morn-		6.5	Tiger	Rescue	SportsCen-		Return of	Never Land	Let's Make	Wildest Po-	Earth: Final
1	:30	Justice		Magic Bus	Martha	Kimball; Christopher	Morning (N) ① 조리	Minds A 80	Ing America (N) 50			Monster	Super Evil	tre to		Jaws	Hannah	a Deal (60)	lice Videos	Conflict O
0	AM	Judge Alex		Tree Fu	Curlous	Andersen.		CSI: Miami			Morning	Bo On/Go	Sidekick	SportsCen- tre ED	3	Voodoo Shark	Suite/Deck	The Price Is Right (N)	Wildest Po-	Canadian Pickers O
8	:30	Judge Alex		Dinosaur	Cat in the	, .,		() 851			Huntley	Busytown	Beyblade	tre and		Shark	Suite/Deck	Hight (iv)	nce videos	Pickers II
9	AM	Millonalre	Morning	Pinky	Super Whyl		The 700 Club () Ed	CSI: Miami	Livel Kelly and Michael	Morning	The Doc-	Super Why!	Sidekick	SportsCen- tre BD	and Michae	Gold Rush	Wizards	Access Hollywood	Wildest Po- lice Videos	Canadian Pickers titt
9	:30	Millonaire	Huntley	Peep, Blg	Dinosaur		Club () au	() ass	and michael	Huntley	(015 17 50	Cat In the	Storm	TLO EST			Wizards	Live		rickers and
10	AM	Law Order:	The Doc-	Dinosaurs	Sesame Street 0		The Price Is Right (N)	Criminal Minds	The View	The Doc-	Chef/Home	Bookaboo	Squirrel	NHRA Drag Racing:		Return of Jaws	ANT Farm	The Chew	Wildest Po- lice Videos	Gold Girls
10	:30	Ci	tors er mu	Rolle Polle	(EI)		mynt (N)	"Lucky"	.,	10(3 17 25	Debt/Part	Doodlebop	Super Evil	O'Reilly	trast ,		ANT Farm	(7 654	iico videos	Gold Girls
11	AM	Law Order:	Chet/Home	Berenstain	Tiger	Judge B.	Young & Restless	Criminal Minds O 25	Pald Prog.	Chet/Home	Noon News Hour	Steven and Chris III	Super Evil	Auto Parts Northwest	Marilyn Denis	Voodoo Shark	Shake It	General Hospital	Tattoo	3's Co.
, ,	:30	Ci	Debt/Part	Wild Kratts	Sit & Be Fit	Judge B.	nesuess	minus () as	Pald Prog.	Debt/Part	rioui	Cillia us	Kld vs. Kat	Nation-	Deins	Shark	Shake It	(N) O	Tattoo	3's Co.
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3	:30	The Office	Lake Show	Jungle B'k	WordGlrl	Show	OES	Storage	Ray O BB	Lake Show	Hestiess	Stefano	Squirrel	tre (N) ES	Show III	How/Made	Wizards	6 (N) 150	Tattoo	Pickers 0
A	PM	Blg Bang	Young &	G, Shrinks	Wild Kratts	Jdg Judy	The Dr. Oz	Storage	The Doc-	Young &	Early News	Dragons'	Parents	Hockey	Ellen	Licence to	Wizards	How I Met	Ink Master	Canadian
4	:30	Blg Bang	Restless	Arthur O	Electric	Jdg Judy	Show III	Storage	tors o III	Restless	Global Nat.	Den O III	Parents	Canada	DeGeneres Show	Drill	Wizarda	30 Rock	O test	Pickers 80
-	PM	Browns	News (N) III	Martha	News	News	News	Storage	News	Early News	(4:59) News	News	The Fairly	Cup Classic Canada	CTV News	To Be An-	Wizards-	Mindy	Ink Master	3's Co.
5	:30	Payne		Wild Kratts	Business	NBC News	CBS News	Storage	ABC News	Global Nat.	Hour	News	OddParents	battles Rus- sla in game	at Five (N)	nounced	Place	Seed 80	0 100	3's Co.
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6	:30	Payne	News	Dogs	Hour (N)	Millionaire	News at 6 (N)	Storage	News	Hour (N)	Ent	Exchange	Boys	1987 finals.	(N) O (III)	Jaws (N)	ANT Farm	Got Talent (N) O (Live)	O IIII	Drew
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1	:30	Seinfeld O	ET Canada	Creature	the Dead O	Wheel	Access H.	Kings 20	Insider	ET Canada	0.50	Coronation	Zolnk'di O	SportsCen-	Music	Jaws (N)	0 ((3)		(N) O 155	Roseanne
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10	:30	Doubt*	One		Company ()		Interest III	Storage	Proof O BB	O IIII	Final (N)	National (N) 00	Prank Ptrl	tre (N) III	Hope (N) O	Jaws	So Raven		0 100	Drew
44	PM		CHBC News	Be the Creature	Charlle	News News (1	(11:01) Bar-	News	News Hour	ET Canada	CBC News	Welrd	SportsCen	News-Lisa	How/Made	Cory	Paid Prog.	Tattoo	3rd Rock	
11	:30	"Drillbit"	Final (N)	Greature	Rose (N) 20	Jay Leno	Letterman	ter Kings	J. Kimmel	Final (N)	J. Probst	George S	Splatalot	tre at	CTV News	How/Made	Princess	EP Daily	Tattoo	3rd Rock

News Leader Sudoku 466

HOSHI SUDOKU - About The Puzzle

Sudoku - also known as "Number Place" - is a logic-based, combinatorial number-placement puzzle. The aim of Sudoku is to enter a number from 1 through 9 in each cell of a grid, most frequently a 9x9 grid made up of 3x3 subgrids. Each row, column and region must contain only one instance of each number. This Sudoku variant is called "Hoshi Sudoku". It contains six large triangles. The numbers 1 to 9 must be placed into the cells of each large triangle. Every line of any length - even uncontinous - must contain every number not more than once.



THIS WEEK'S SOLUTION: Page 20

Wednesday Movies

MORNING

6:00 am SPIKE ch.44 "Fire Down Below" (1997, Action) Steven Seagal. A lone environmental agent takes on ruthless industrialists dumping toxic waste in the Kentucky hills. (In Stereo) 8:30 am SPIKE ch.44 "True Lies" (1994, Action) Arnold Schwarzenegger. A Washington wife discovers her computer-salesman husband is a spy out to stop nuclear terrorists. (In Stereo)

11:00 am SPIKE ch.44 "Predator" (1987, Action) Arnold Schwarzenegger. A sneaky alien monster attacks commandos on a jungle mission in South America. (In Stereo)

EVENING

9:30 pm WTBS ch.3 "Drillbit Taylor" (2008, Comedy) Owen Wilson. Three friends hire a homeless soldier-of-fortune to protect them from the school bully.

11:30 pm WTBS ch.3 "The Gift" (2000, Suspense) Cate Blanchett. Telling fortunes to support herself and her daughter, a psychic widow assists the police in a missing persons case.

Princeton Area Ghost Towns - The DVD



\$20.00 INCLUDES HST

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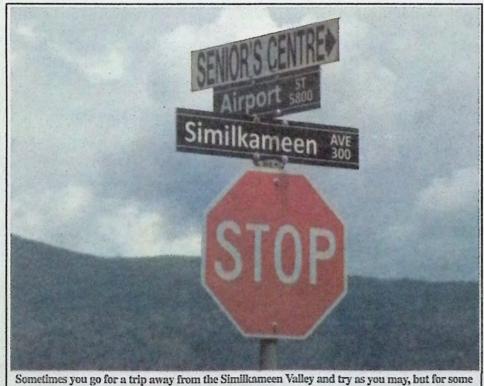
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		WTBS ch.3	CHBC ch.4	KNOW ch.5	KSPS ch.6	KHQ ch.7	KREM ch.8	A&E ch.9	Ch.10	BCTV ch.11	CITV ch.12	CBC ch.13	YTV ch.18	TSN ch.19	VTV ch.22	DISC ch.24	FAM ch.26	CITY ch.29	SPIKE ch.44	TROP ch.45
6	AM :30	In the Heat of the Night	News (N) EE		-312-31-4-21		KREM 2 Morning News	Criminal Minds "Lucky"	News	Morning News (N) (C)	(5:00) Morn- Ing News (N)	CBC News Now (N) O	Being lan Being lan	SportsCen- tre 30	CTV Morn- ing Live (N)	CONTRACTOR OF STREET	Stella-Sam Mickey	CityLine (N) 32	Movie: ** "Fire Down Below"	Weird or What?
		Justice		Arthur O	Arthur		CBS This Morning (N)	Criminal Minds O 25	Good Morn- Ing America		(14)	Tiger	Rescue	SportsCen- tre 80		I Escaped Jaws	Never Land	Let's Make a Deal &c	(1997) Steven	Earth: Fina
-	:30	Justice		Magic Bus	Martha		O ES	Milius () as	(N) 80			Monster	Super Evil			Spawn of Jaws	Hannah		Seagal. 0	
0	AM	Judge Alex		Tree Fu	Curlous	attractions.		CSI: Miami		- 3	Moming	Bo On/Go	Sidekick	Canada Summer			Suite/Deck	The Price Is Right (N)	Movie:	Weird or What?
0	:30	Judge Alex		Dinosaur	Cat In the	.,,		17 1004			Huntley	Busytown	Beyblade	Games:			Sulte/Deck			
0	AM	Millionaire	Morning	Pinky	Super Why!		The 700 Club O BC	CSI: Mlami	Livel Kelly and Michael	Morning	The Doc-	Super Whyl	Sidekick	Soccer, Semifinals.	Live! Kelly and Michael	Last Car Standing	Wizards	Access Hollywood	Lies* (1994)	Weird or What?
9	:30	Millionaire	Huntley	Peep, Blg	Dinosaur		Club () ac	4, 40	and michael	Huntley	tors to as	Cat in the	Storm		and interior	Ottailing	Wizards	Live	Arnold Schwar-	
40	AM	Law Order:	The Doc-	Dinosaurs	Sesame		The Price Is	Criminal	The View	The Doc-	Chef/Home	Bookaboo	Squirrel	(N) (Live)	The View	I Escaped Jaws	ANT Farm	The Chew	zenegger. O	-
10	:30	CI	tors O BE	Rolle Polle	Street () (EI)		Right (N)	Minds O RC	O ZZ	tors () au	Debt/Part	Doodlebop	Super Evil			Jama	ANT Farm	17.25		Gold Girls
44	AM	Law Order:	Chef/Home	Berenstaln		Judge B.	Young &	Criminal	Pald Prog.	Chef/Home	Noon News	Steven and Chris Rd	Super Evil		Marilyn	Spawn of Jaws	Shake It	General Hospital	Movie:	3's Co.
11	:30	30 CI Debt/Pa	Debt/Part	Wild Kratts	Sit & Be Fit	Judge B.	Restless	Minds O Eq	AntiAging	Debt/Part H	Hour	Chris sc	Kld vs. Kat		Denis	Jaws	Shake It	(N) O	*Preda-	3's Co.
10	PM		PERSONAL PROPERTY AND PROPERTY.	Dino Dan	Charlle	Paid Prog.	News		The Chew	Noon News	Days of our	CBC News	Kid vs. Kat		CTV News	Mighty	Austin	CityLine 20	tor" (1987) Arnold	'70s Show
12	:30	Excused	Hour (N)	Rob Robot Rose O to	Larry King	Bold	48 160	O ad	Hour (N)	Lives (N)	Now (N) O	Team	Top 10	(N) O 855	Ships "Becrux"	Austin		Schwar-	70s Show	
-	PM	There Yet?	Days of our	Clifford	Oil Painting		The Talk (N)		General	Days of our	The Talk (N)	A STATE OF THE PARTY OF THE PAR	Rated A	NASCAR	Anderson	Mighty	Jessie 30	Katie "Jon Bon Jovi"	zenegger.	3rd Rock
1	:30	There Yet?	Lives (N)	Miss BG	Sewing	Lives (N)	ORC	48 Inc	Hospital (N) O	Lives (N)	O RE	"Local Hero"	Rated A	Racing	Live O Rd	Ships (40)	Jessie 🗯	BOII JOVI	Cops 36	3rd Rock
-	PM	King	The Talk (N)	Lilly	Barney	Katie "Jon Bon Jovi"	Let's Make a Deal 80	The First	The Jeff			Steven and	Almost	Off Record	Dr. Phil	Mayday 80	Good Luck	CityNews at	Cops &d	Roseanne
2	:30	King	O IN	Dinosaur	WordWorld			48 80	Probst Show	O sec	Lake Show	Chris Mi	Super Evil	Interruption	0 86	A.	Good Luck	5 (N) RC	Cops 🕬	Roseanne
-	PM	The Office	The Ricki	Rob Robot	Sld	Ellen	Dr. Phil	The First	Rachael	The Ricki	Young &	Recipes	Sidekick	SportsCen-	The Dr. Oz	How/Made	Austin	CityNews at	Fight Master	Weird or
3	:30	The Office	Lake Show	Jungle B'k	WordGlri	DeGeneres Show	0 88	48 80	Ray O Re	Lake Show	Restless	Stefano	Squirrel	tre (N) sc	Show ##	How/Made	Austin	6 (N) RC	Master	What?
-	PM	Blg Bang	Young &	G. Shrinks	Wild Kratts	Jdg Judy The Dr. Oz	Duck D.		Young &	Early News		SpongeBob	Hockey	Ellen	Mighty	Austin	How I Met	Fight Master	Weird or	
4	:30	Blg Bang	Restless	Arthur O	Electric	Jdg Judy	Show BE	Duck D.	tors O IEE	Restless	Global Nat.	Den A 80	SpongeBob	Interruption	DeGeneres Show	Planes 20	Austin	30 Rock	Master	What?
_	PM	Browns	News (N) Es	Martha	News	News	News	Duck D.	News	Early News	(4:59) News	News	SpongeBob	Soccer	CTV News	To Be An-	Austin	America's	Fight	3's Co.
5	:30	Payne		Wild Kratts	Business	NBC News	CBS News	Duck D.	ABC News	Global Nat.	Hour	News	SpongeBob		at Five (N)	nounced	Austin	Got Talent	Master	3's Co.
	PM	Browns	Global Nat.	Animals	PBS News-	News	KREM 2	Duck D.	News	(5:59) News	ET Canada	News	Victorious		CTV News	Top 10	Dog	America's	Fight	'70s Show
6	:30	Payne	News	Undersea	Hour (N) 200	Millionaire	News at 6 (N)	Duck D.	News	Hour (N)	Ent	Exchange	Boys		(N) 0 m	Sharkdown (N)	Dog	Got Talent	Master	'70s Show
	PM	Seinfeld 0	Ent	Frontiers of	Nature O E	Jeopardyl	Inside Ed.	Duck D.	Ent	Ent	(7:01) Camp	George S	Babysitting	SportsCen-	Big Bang	Great White	Dog	Mod Fam	Fight	Roseanne
7	:30	Seinfeld O	ET Canada		(DVS)	Wheel	Access H.	Duck D.	Insider	ET Canada	(N) O	Coronation	Zolnk'd! O	tre (N) (Live)	etalk (N)	Serial	Dog	The Middle	Master	Roseanne
	PM	Family Guy	Big Brother	From C to	NOVA "Liz-	America's	Big Brother	(8:01)	The Middle	Big Brother	Blg Brother	Dragons'	Splatalot		MasterChef	Shark After	Dog	CityNews-	TBA	Debt/Part
8	:30	Family Guy	(N) O BE	C: Chinese	ard Kings"	Got Talent	(N) O E	Barter Kings to	Suburg.	(N) O EE	(N) 0 20	Den O ad	Zolnk'dl O	Off Record	BE (DVS)	Dark LIVE	Dog	Tonight (N)	Fight	ET Canada
	PM	Amer. Dad	Glee "Feud"	Jazz Count	Eat, Fast-	America's	Criminal	Duck D.	Mod Fam	Glee "Feud"	Glee "Feud"	Republic of		Triathlon	MasterChef	The state of the s	Wingin'lt	Jimmy	Master	3's Co.
9	:30	Movie: **	ne (DVS) Basie; jazz Live	Live	Got Talent	Minds O	Duck D.	Neighbors	EE (DVS)	SEI (DVS)	Doylo O	Canada O		(N) O	Sharkdown	Warthogs!	Live (N)	Fight	3's Co.	
	PM	*Dnilbit	(10:01) Hall. Designing (10:	(10:01)	CSI: Crime	Duck D.	ABC's The	(10:01)	News Hour	Tho	Prank Ptri	SportsCen-	The Lis-	Great White	Lizzie	Maury O to	Master	70s Show		
10	:30	Taylor (2008) Owe	Camp (N) O	.01)	Camp (N) O	Scene	Duck D.	Lookout (N)	Camp (N) f	Final (N)	National (N) ES	Prank Ptri	tre (N) RC	tener (N) O	Serial	So Raven		Fight	70s Show	
-	PM	Wilson.	CHBC News	Frontiers of	Charlie	News	News	Duck D.	News	News Hour	ur ET Canada	CBC News	Weird	SportsCen-	Cen- News-Lisa My	Myth-	Cory	Pald Prog.	Master	3rd Rock
111	:30	"The Gift"	Final (N)		Rose (N) 20	Jay Leno	Letterman	Duck D.	J. Kimmel	Final (N)	J. Probst	George S	Splatalot	tre III	CTV News	Busters 0 80	Princess	Pald Prog.	Tattoo	3rd Rock

Around The Similkameen!



George Hanson of Seven Stones Winery was pleased as punch August 3rd. Friends and customers from hundreds of miles around toasted the latest addition to his winery: "The Caves." The manmade caverns are the perfect temperature and humidity to store his wines as they age. George went to the expense of imbuing the caverns with humidity controls but Mother Nature seems to have stepped up to the plate, practically making the humidity controls obsolete. "The Caves" are carved into the hillside at the winery. For a guided tour or wine tasting, drop into see George and his staff along Highway 3 east of Cawston. "Cheers, George!" Photo: Arlene Arlow



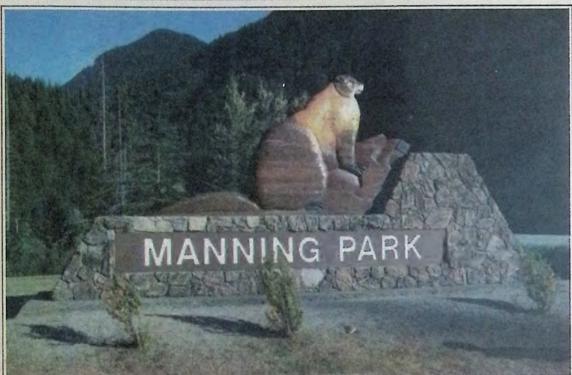
Sometimes you go for a trip away from the Similkameen Valley and try as you may, but for some reason you can't leave the valley behind. This street sign is located in Oliver, B. C. *



An Evening Grosbeak chick gets fed by a male, right, in a yard in South Princeton August 3rd. *

SO COUNTRY INTERNET RADIO

FOLLOW DENNIS WALKER ONLINE - NEWS, WEATHER, MUSIC, INTERVIEWS - www.socountry.ca



We find it somewhat amusing that the West Gate of Manning Park greets you with a sign featuring a giant marmot.*

Thursday Movies

MORNING

6:00 am SPIKE ch.44 "True Lies" (1994, Action) Arnold Schwarzenegger. A Washington wife discovers her computer-salesman husband is a spy out to stop nuclear terrorists. (In Stereo)
8:30 am SPIKE ch.44 "Predator"

8:30 am SPIKE ch.44 "Predator" (1987, Action) Arnold Schwarzenegger. A sneaky alien monster attacks commandos on a jungle mission in South America. (In Stereo)

EVENING 9:00 pm KNOW ch.5 "The Last Waltz" (1978, Documentary) Robbie Robertson. The Band's 1976 farewell concert includes Joni Mitchell, Bob Dylan, Neil Young, Van Morrison, Frie Clanton Muddy Wators

Dylan, Neil Young, Van Morrison, Eric Clapton, Muddy Waters.
9:30 pm WTBS ch.3 "The Gift" (2000, Suspense) Cate Blanchett. Telling fortunes to support herself and her daughter, a psychic widow assists the police in a missing persons case.

11:30 pm WTBS ch.3 "Good Will Hunting" (1997, Drama) Matt Damon. A therapist, a mathematician and working-class roughs vie for the soul of a janitor with a genius IQ.



ГНИ	RS	SDAY,	AUGUS	ST 8, 2	013																
		WTBS ch.3	CHBC ch.4	KNOW ch.5	KSPS ch.6	KHQ ch.7	KREM ch.8	A&E ch.9	KXLY ch.10	BCTV ch.11	CITV ch.12	CBC ch.13	YTV ch.18	TSN ch.19	VTV ch.22	DISC ch.24	FAM ch.26	CITY ch.29	SPIKE ch.44	TROP ch.45	
6		In the Heat of the Night	Morning News (N) Eq	To School G. Shrinks	Thomas	KHQ News 6AM (N)	KREM 2 Morning News	Criminal Minds O Kd	News	Morning News (N) RC	(5:00) Morn- ing News (N)	CBC News Now (N) O	Being lan Being lan	SportsCen- tre #6	CTV Morn- ing Live (N)	Bering Sea Gold: Under	Stella-Sam Mickey	CityLine (N) (c)	Movie: *** "True Lies" (1994)	Housewive	
7	AM	Justice		Arthur O	Arthur	Today Glada De	CBS This Morning (N)	Criminal Minds O 80	Good Morn- ing America			Tiger Monster	Rescue Super Evil	SportsCen- tre 30		Top 10 Sharkdown	Never Land Hannah	Let's Make a Deal (6)	Arnold Schwar-	Earth: Fina Conflict ()	
0	-00	Justice Judge Alex		Maglc Bus Tree Fu	Martha Curlous	Laurentiis; Lake Bell. (N) O EG		CSI: Miami	(N) 80			Bo On/Go	Sidekick	SportsCen-		Great White Serial	Suite/Deck	The Price Is Right (N)	zenegger. O	Four Weddings	
8	-	Judge Alex Millionaire	Morning			Cat in the Super Why!		The 700		Livel Kelly	Morning	Huntley The Doc-	Busytown Super Whyl	Beyblade Sidekick	SportsCen-	Live! Kelly	Pyros 🕬	Suite/Deck Wizards	Access	Movie: ***> *Preda-	Canada Housewives
9	00	Millionalre	Huntley	Peep, Big	Dinosaur		Club O tel	O BC	and Michael	Huntley	tors O RG	Cat in the	Storm	2013 PGA	and Michael		Wizards	Hollywood Live	tor (1987) Arnold		
10		Law Order: Cl	The Doc- tors O Iss	Dinosaura Rolle Polle	Sesame Street () (EI)		The Price Is Right (N)	Criminal Minds O RC	The View	The Doc- tors () (Ed	Chef/Home Debt/Part	Bookaboo	Squirrel Super Evil		The View	Top 10 Sharkdown	ANT Farm	The Chew	Schwar- zenegger.	Gold Girls	
11	AM	Law Order:	r: Chef/Home Berenstain Debt/Part Wild Kratts Noon News Dino Dan	Tiger	Judge B.	Young & Restless	Criminal Minds O EE	Pald Prog.	Chef/Home	Noon News Hour	Steven and Chris &	Super Evil	Round. From Oak	Marilyn Denis	Great White Serial	Shake It	General Hospital	Cops (60)	3's Co.		
40	:30 PM	Excused		ws Dino Dan Charile	Dan Charlie	Judge B. Pald Prog.	News	The First	Paid Prog.	Noon News	Days of our		Kld vs. Kat Kld vs. Kat	Hill Country Club in Rochester,	CTV News	Nerve Center 🖾	Austin	(N) A CityLine 80	Cops III	Frasler 0	
12	:30	Excused There Yet?	Hour (N)	Rob Robot Clifford	Rose (N) RC	America Days of our	Bold The Talk (N)	48 EG	O 80 General	Hour (N)	Lives (N) The Talk (N)	Now (N) O	Team Gal Rated A	N.Y. (N) (Live) RC	(N) n &c	Nerve	Austin Jessie 🕬	Katle O 86	Cops III	Frasier O	
1		There Yet?	I tune (M)	Miss BG	Knit	Lives (N)	O REI	48 E0	Hospital (N) O	Lives (N)	O Reci	EE (DVS)	Rated A		Live O RC	Center 36	Jessie 🕅		Jall (c)	3rd Rock	
2	PM :30	King	The Talk (N)	Lilly	Barney	Katie O un	Let's Make a Deal 印	The First 48 Ito	The Jeff Probst Show	The Talk (N)	The Ricki Lake Show	Steven and Chris &	Almost Super Evil		Or. Phil	Nerve Center 20	Good Luck	CityNews at 5 (N) EC	Cops III	Roseanne	
3	PM	The Office	The Rickl	Rob Robot	Sld	Ellen DeGeneres	Or. Phil	The First	Rachael Ray O se	The Ricki Lake Show	Young & Restless	Recipes	Sidekick		The Dr. Oz Show Rd	How/Made	Jessie "Got- cha Day"	CityNews at 6 (N) Rd	Cops se	Four Weddings	
-	:30 PM	The Office Big Bang	Young &	Jungle B'k G. Shrinks	WordGirl Wild Kratts	Show Jdg Judy	The Dr. Oz	The First	The Doc-	Young &	Early News	A Principal of the Park Committee of the Par	Squirrel Parents	Sports	Ellen	How/Made	Jessie BC	How I Met	Cops an	Housewives	
4	200	Blg Bang	Restless	Arthur O	Electric	Jdg Judy	Show IN	48 800	tors n Ed	Restless	Global Nat.	Den n &c	Parents	CFL Foot- ball: Toronto	DeGeneres Show	How/Made	Jessie 🕅	30 Rock	Cops 20	3's Co.	
5	:30	Browns Payne	News (N) Ba	Martha Wild Kratts	News Business	News NBC News	News CBS News	The First 48 80	News ABC News	Global Nat.	(4:59) News Hour	News	Parents Parents	Argonauts at Montreal Alouettes. (Live) [82]	at Five (N)	To Be An- nounced	Jessie BD	Wipcout (N)	Cops ac	3's Co.	
6	PM	Browns	Global Nat,	Animals Rivers	PBS News- Hour (N) EB	News Millionalre	KREM 2 News at	The First 48 (N) ES	News News	(5:59) News Hour (N)	ET Canada Ent	News Exchange	Victorious		CTV News (N) O SC	Sharkpoca- lypse (N)	Good Luck	Person of Interest so	IMPACT Wrestling	Frasier 0	
7	:30 PM	Payne Seinfeld	News	Ancient Clues till	Spokane's Century	Jeopardyl	6 (N) Inside Ed.	Panic 9-1-	Ent	Ent	(7:01) Rooklo	George S	Babysitting		Big Bang	Alien Sharks (N)	Good Luck	(7:01) Law & Order:	(N) A (Live)	Roseanno	
	1000	Seinfeld O	ET Canada The Winner	Extraor-	Fox New Tricks	Wheel The Winner	Access H. Big Bang		Insider Wipeout (N)	ET Canada The Winner	Blue (N) The Winner	The Nature	Zoink'di () Spiatalot	SportsCen- tre (N) (Live)	Movie Big Bang	Shark After	Good Luck	THE RESERVE OF THE PARTY OF	Fight	Roseanno Debt/Part	
8		Family Guy	15 0	dinary Journey	O m	Is O	Two Men	9-1-1 ING	Otto	Is O	Is O	of Things	Zoink'di O		Two Men	Dark LIVE	Good Luck	Tonight (N)	Master	ET Canada	
9		Amer. Dad Movie: **	(9:01) Big Brother (N)	Movie: *** "The Last Waltz"	Inspector George Gently	The Winner	(9:01) Big Brother SE	(9:01) The First 48 00	Motive "Framed" (N) O	(9:01) Blg Brother (N)	(9:01) Big Brother &C	Doc Zone	Wipeout Canada O	Nine for IX 80	Motive "Framed" ()	Sharkpoca- lypse	Wingin' It Warthogs!	Kimmel Live (N)	Cops 20	3's Co.	
10	PM	"The Gift" (2000) Cate Blanchett.	(10:01) Rookie	(1978)	O Bu Healthy	Hollywood Game Night	Elementary 0 80	(10:01) The First 48	(10:01) Roolde	(10:01) Rookio	News Hour Final (N)	National	Prank Ptri	SportsCen- tre (N) 🖾	Hollywood Game Night	To Be An- nounced	Lizzie So Raven	Maury O to	Cops at Ways Dio	Frasier O	
44	:30 PM	Digital force	Blue (N) H CHEC News Ancient C	Charile Rose (N) Et	News	News	(11:01) Panic 9-1-	Blue (N) News	News Hour Final (N)	ET Canada	(N) ES	Welrd	SportsCen- tre sc	News-Lisa	Day of the Shark 3	Cory	Pald Prog.	-	3rd Rock		
11	:30	"GoodWill"	Final (N)	Clues Bill	HOSE (IV) EX	Jay Leno	Letterman	1 00	J. Kimmel	1 ((4)	J. Probst	George S	Splatalot		CTV News	2000	Princess	EP Dally	Ways Die	3rd Rock	

Friday Movies

EVENING

7:00 pm YTV ch.18 "Free Willy" (1993, Drama) Jason James Richter. An abandoned boy with a chip on his shoulder befriends an ill-fated killer whale at a water park. (In Stereo) (CC)

8:00 pm FAM ch.26 "Garfield: A Tail of Two Kitties" (2006, Comedy) Voices of Bill Murray. Garfield follows Jon to England and gets the royal treatment after he is mistaken for the heir to a grand castle. But the feline will need all nine lives to foil the plans of evil Lord Dargis, who wants to turn the castle into a resort. (In Stereo) (CC) 9:00 pm KSPS ch.6 "Note by

9:00 pm KSPS ch.6 "Note by Note: The Making of Steinway L1037" (2007, Documentary) Filmmaker Ben Niles documents the painstaking process by which Steinway & Sons manufactures one of its highly prized, hand-crafted concert grand pianos.

9:30 pm WTBS ch.3 "The Spy Next Door" (2010, Comedy) Jackie Chan. A CIA operative must protect his girlfriend's children from a Russian terrorist after one kid mistakenly down-

loads a top-secret formula.

10:00 pm FAM ch.26 "Camp Rock" (2008, Musical Comedy)
Joe Jonas. A talented singer works in the kitchen at a summer camp for aspiring musicians. (In Stereo) (CC)

11:30 pm WTBS ch.3 "Road Trip" (2000, Comedy) Seann William Scott. Friends embark on a lengthy car trip to intercept an illicit videotape mistakenly mailed to one's girlfriend.

News Leader Recipe 573

Rotini Salad with Zucchini, Shrimp & Scallops

(NC)—Add this recipe to your Mediterranean collection:

Prep Time: 15 minutes / Cook Time: 20 minutes

Ingredients

- 1 box Barilla rotini
- 4 tablespoons (50 ml) extra virgin olive oil
- 1/2 pound (227 grams) mussels, steamed
- 1 clove garlic
- 3 zucchini sliced in half moons
- To taste black pepper
- 1/2 pound (227 grams) scallops, diced
- 1/2 pound (227 grams) shrimp, halved lengthwise
- 4 tablespoons (50 ml) lemon juice
- 1 tablespoon (20 leaves) parsley, chopped
- To taste salt

Preparation

Bring a large pot of water to a boil, season the water with salt and cook pasta 1 minute less than the required cooking time. Drain and toss with 1 tablespoon olive oil and place on sheet tray to cool down. In a small pot, steam the mussels until they are opened, remove from shell and discard. Set aside. Meanwhile, in a skillet, sauté garlic in 1 tablespoon olive oil until lightly yellow in color. Add zucchini and sauté for 4 minutes, then season with salt and pepper to taste. In a separate skillet, sauté shrimp and scallops in 1 tablespoon olive oil until lightly golden in colour. Season and set aside to cool down. Once everything has cooled, combine all the seafood with the pasta and zucchini. Toss to combine and add the remaining olive oil, lemon juice and parsley.

More Mediterranean-inspired pasta recipes can be found at www.Barilla.ca.

www.newscanada.com

FAX SERVICE



		WTBS	CHBC	KNOW	KSPS	KHQ	KREM	A&E	KXLY	BCTV	CITV	CBC	YTV	TSN	VTV	DISC	FAM	CITY	SPIKE	TROP			
		ch.3	ch.4	ch.5	ch.6	ch.7	ch.8	ch.9	ch.10	ch.11	ch.12	ch.13	ch.18	ch.19	ch.22	ch.24	ch.26	ch.29	ch.44	ch.45			
6	AM	In the Heat of the Night	Morning	To School	Builder	KHQ News	KREM 2	Barter	News ,	Morning	(5:00) Morn-	CBC News	Being lan	SportsCen-	CTV Morn-	How/Made	Stella-Sam	CityLine	Ways Die	Security			
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7	AM	Justice		Arthur O	Arthur	Today Mi-	CBSThis	Barter	Good Morn-			Tiger	Yu-Gi-Oh!	SportsCen-		Sharkpoca-	Never Land	Let's Make	Ways Die	Earth: Fina			
-	:30	Justice		Magic Bus	Martha	chael Bublé performs;	Morning (N)	Barter Kenny			Monster	Super Evil	tre ISB		lypse	Hannah	a Deal at	Ways Die	Conflict ()				
0	AM	Judge Alex		Tree Fu	Tree Fu	Tree Fu	Tree Fu	Curlous	Chuck		Barter	Chesney performs.		Morning	Bo On/Go	Sidekick	SportsCen-		To Be An-	Suite/Deck	The Price Is	Ways Die	Outlaw Bik
8	:30	Judge Alex		Dinosaur	Cat In the	Hughes. (N)		Barter	penornis.		Huntley	Busytown	Beyblade	tre ke		nounced	Suite/Deck	Right (N)	Ways Die	ers O III			
0	AM	Millionaire	Morning	WordWorld	Super Why!		The 700	Barter	Live! Kelly		The Doc-	Super Why!	Sidekick	SportsCen-	Livel Kelly	Bering Sea	Wizards	Access	Ways Die	Security			
9	:30	Millionaire	Huntley	Peep, Blg	Dinosaur		Club () Rd	Kings &c	and Michael	Huntley	tors O Rd	Cat In the	Storm	tre RO	and Michae	Gold #4	Wizards	Hollywood Live	Ways Die	Security			
0	10000000	Law Order:	The Doc-	Dinosaurs	Sesame.		The Price is	500 to 6 to 10 to	The Vlew	The Doc-	Chef/Home	Bookaboo	Squirrel	2013 PGA	The View	Sharkpoca-	ANT Farm	The Chew	Ways Die	Gold Girls			
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4	AM	Law Order:	Chef/Home	Berenstain	1	Judge B.	Young &	Barter	Pald Prog.	Chef/Home	Noon News	Steven and	Super EvII ond Rou	ond Round.	Marilyn	To Be An-	Shake It	General Hospital (N) O	Ink Master	3's Co.			
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0	PM	Excused	Noon News Dino Dan		Paid Prog.	News	Barter			Leader Advice Control of the Control	CBC News	Kld vs. Kat	Club in Rochester,	CTV News	How/Made	Austin	CityLine Sti	Ink Master	King				
2	:30	Excused	Hour (N)	Rob Robot Rose (N) R	Rose (N) RG	Pald Prog.	Bold	Kings &	O EG	Hour (N)	Lives (N)	Now (N) O	Team	N.Y. (N)	(N) O 200	How/Made	Austin		0.80	King			
4	PM	There Yet?	Days of our	Clifford	Gary Spetz	Days of our	The Talk (N)		General	Days of our		Heartland	Rated A	(Live) (EQ	Anderson	How/Made	Jessle Ed	Katle O M	Ink Master	3rd Rock			
1	:30	There Yet?	Lives (N)	Miss BG	Scrapbook	Lives (N)	0.30	Kings (to	Hospital (N) O	Lives (N)	O an	क्षा (DVS)	Rated A		Live O RE	How/Made	Jessie III		ORU	3rd Rock			
0	PM	King	The Talk (N)	Lilly	Barney	Katio O ka	Let's Make	Barter	The Jeff	The Talk (N)	Control of the Contro	Steven and	Almost		Dr. Phil	How/Made	Good Luck	CityNews at	Ink Master	Roseanne			
2	:30	King	O RC	Dinosaur	WordWorld		a Deal to	Kings to	Probst Show	O REI	Lake Show	Chris III	Super Evil		O REI	How/Made	Good Luck	Good Luck 5 (N) MI	O 1883	Roseanne			
0	PM	The Office	The Ricki	Rob Robot	Sld	Ellen	Dr. Phil	Storage	Rachael	The Ricki	Young &	Recipes	Sidekick		The Dr. Oz	How/Made	Shake It	CityNews at	Ink Master	Outlaw Bik-			
3	:30	The Office	Lake Show	Jungle B'k	WordGirl	DeGeneres		Storage	Ray O Rd	Lake Show	Restless	Stefano	Squirrel		Show Ett	How/Made	Shake It	6 (N) IIII		ers O Bil			
A	PM	Big Bang	Young &	G. Shrinks	Wild Kratts	Jdg Judy The Dr. Oz	Storage	The Control of the Co	Young &	Early News	Dragons'	Kung Fu	Sports	Ellen	NeverEver	Shake It	How I Met	Ink Master	Security				
4	:30	Big Bang	Restless	Arthur O	Biz Kld\$	Jdg Judy	Show #0	Storage	tors O Rd	Restless	Global Nat.	Den O 20	Kung Fu	30 for 30 kg	DeGeneres Show	NeverEver	Shake It	30 Rock	O [[[]]	Security			
pre-	PM	Browns	News (N) to	Martha	News	News	News	Storage	News	Early News	(4:59) News	News	Turtles		CTV News	To Be An-	Dog	Funnlest	Ink Master	Food			
5	:30	Payne		Wild Kratts	Business	NBC News	CBS News	Storage	ABC News	Global Nat.	Hour	News	Turtles	CFL Pre	at Five (N)	nounced	Good Luck	Home Videos		Food			
^	PM	Browns	Global Nat.	Animals	PBS News-	News	KREM 2	Storage	News	(5:59) News	ET Canada	News	SpongeBob	CFL Foot-	CTV News	The Great	Shake It	Parks	Deadliest	Food			
0	:30	Payne	News	Parks	Hour (N) RE	Millionaire	News at 6 (N)	Storage	News	Hour (N)	Ent .	Exchange	SpongeBob	ball: Sas- katchewan	(N) O BU	White Gaunt	Austin	Seed O	Warrior	Food			
tengi	PM	Seinfeld	Ent	The Blue	Wash	Jeopardyl	Inside Ed.	Storage	Ent	Ent	16x9 (N) 85	George S		Roughrlders	Blg Bang	Mayday 80	ANT Farm	Mantracker	Deadliest	Food			
1	:30	Seinfeld o	ET Canada	Planet	Charlio	Wheet	Access H.	Storage	Insider	ET Canada		Coronation	"Free Willy" (1993) Ja-	at Calgary Stamped-	Celebrity		Jessie (N)	ad (DVS)	Warrior	Food			
-	PM	Family Guy	Bones 20	Murder	Doc Martin	Camp "Heat	Undercover	(8:01)	Shark Tank	Bones and	Bones #0	Mr. D O	son James	ors, aq	Shark Tank	Mayday 80	"Garfield: A	CityNews-	Deadliest	Debt/Part			
8	:30	Family Guy	(DVS)	Myster.	OM	Wave" O	Boss No	Barter Kings 50	INI (DVS)	(DVS)	(DVS)	Ron James	Richter, O		IND (DVS)		Tail of Two	Tonight (N)	Warrior	ET Canada			
-	PM	-	Hawali Five-		"Note by	Datelina	Hawali Five-		Would You	Hawali Five-	Hawali Flye-	the fifth		SportsCen-	The Follow-	To Be An-	Kittles" O	Jimmy Kim-	Deadliest	3's Co.			
9	:30	Movie: *\	0 0 20	Marple *At Bertram's	Note*	NEC O BE	0080	Storage	Fall	0000	O O Inti	estate O III	Mr. Young	tre (N) IIII	Ing O (PA)	nounced	Shake It	mel Live O		3's Co.			
-		"The Spy Next Door"	16x9 (N) Rd		Willam		Blue	Storage	20/20 0 00	16x9 (N) RC	News Hour	The	"Mr. Space"	SportsCen-	Blue	To Be An-	Movie:	Maury (N)	Bar Rescue				
0	:30	(2010)			Kentridge		Bloods	Storage	1		Final (N)	National (N) BB	Boys	tre (N) 22	Bloods	nounced	*** *Camp	O IIII	O CONTRACTOR	King			
			CHBC News A	News Architects Cha	La contraction		an mer		News Hour	r ET Canada	(t.A) mm	5000000000	SportsCon	News-Lisa	Manufactor	Rock" (2008			rang				
	PM		CHBC News	Architects of Change	Charlie	News	News	Storage	News	News Hour	ET Canada	CBC News	The Next	SportsCen-	News-Lisa	Mayday 30	,,,,,,	Paid Prog.	Bar Rescue	3rd Rock			

News Leader Weekend - Saturday Movies

MORNING

8:00 am WTBS ch.3 "G-Force" (2009, Action) Bill Nighy. Live action/animated. Armed with the latest high-tech spy equipment, a guinea pig and his team of highly

SATURDAY, AUGUST 10, 2013

11

:30

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Cold Cas

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Splatalot

CTV News

G. Martin

Roseanne

trained rodents hold the fate of the world in their diminutive paws. 10:00 am WTBS ch.3 "Riding in Cars With Boys" (2001, Comedy-Drama) Drew Barrymore. From 1961-1986, a woman experiences life as a teenage mother, divorcee and aspiring writer.

AFTERNOON

12:00 pm FAM ch.26 "Garfield: A Tail of Two Kitties" (2006, Comedy) Voices of Bill Murray. Garfield follows Jon to England and gets the royal treatment after he is mistaken for the heir to a grand castle. But the feline will need all nine lives to foil the plans of evil Lord Dargis, who wants to turn the castle into a resort. (In Stereo) (CC)
2:00 pm CTTV ch.12 "Just Go With It" (2011, Romance-Comedy) Adam

18" (2011, Romanoe-Comedy) Adam Sandler. A plastic surgeon enlists the aid of his assistant and her children to help him win the heart of a beau-

tiful woman. (CC)

3:00 pm CHBC ch.4 BCTV ch.11
"Just Go With It" (2011, Romance-Comedy) Adam Sandler. A plastic surgeon enlists the aid of his assistant and her children to help him win the heart of a beautiful woman.

IO(LY ch.10 "College Road Trip" (2008, Comedy) Martin Lawrence. A cop accompanies his daughter on a trip to visit the colleges to which she is applying

is applying.
4:00 pm YTV ch.18 "Everyone's Hero" (2006, Adventure) Voices of Rob Reiner. Premiere. Animated. A boy begins a grand journey to return Babe Ruth's baseball bat before the deciding game of the 1932 World Series comes to a close. (In Stereo) (CC)

5:00 pm WTBS ch.3 "The Village" (2004, Suspense) Bryce Dallas Howard. Members of a 19th-century community fear the strange creatures that inhabit the surrounding forest.

SPIKE ch.44 "Remember the Titans" (2000, Drama) Denzel Washington. A Virginia high school hires a black football coach after undergoing integration in 1971. (In Stereo)

taken EVENING to the

6:00 pm FAM ch.26 "Toy Story 2" (1999, Comedy) Voices of Tom Hanks. Animated. When a toy collector kidnaps Woody, Buzz Lightyear and the other toys band together to bring him home. (In Stereo) (CC)

CITY ch.29 "Formula 51" (2001, Action) Samuel L. Jackson. A chemist who produces illegal drugs travels to Liverpool, England, to negotiate one last deal before he retires.

last deal before he retires.
7:00 pm WTBS ch.3 "The Ring"
(2002, Horror) Naomi Watts. A journalist investigates the mystery behind a bizarre videotape that brings death after seven days to all who view it.

CITV ch.12 "The Suspect" (2005, Suspense) Jamie Luner. A bail bondsman helps a young woman wrongfully accused of murdering her hus-

band. (CC) (DVS)
7:30 pm SPIKE ch.44 "Remember
the Titans" (2000, Drama) Denzel
Washington. A Virginia high school
hires a black football coach after
undergoing integration in 1971. (In
Stereo)

8:00 pm CHBC ch.4 BCTV ch.11
"The Suspect" (2005, Suspense)
Jamie Luner. A bail bondsman helps
a young woman wrongfully accused
of murdering her husband. (CC)
(DVS)
YTV ch.18 "9" (2009, Adventure)



Organic Mixed Cherry Tomatoes were being boxed and ready for shipping when we stopped by Harker's Organics in Cawston July 31st. Most of these will end up in restaurants for use in a variety of menu items. *

CBC YTV TSN VTV DISC FAM CITY SPIKE TROP WTBS CHBC KNOW **KSPS** KREM A&E KXLY **BCTV** CITY KHQ ch.6 ch.9 ch.10 ch.12 ch.13 ch.18 ch.19 ch.22 ch.24 ch.26 ch.29 ch.44 ch.45 ch.3 ch.5 ch.7 ch.8 ch.11 ch.4 AM Paid Prog. Wingin' It Xtreme 4x4 saturday SMART Wibbly Pla Heartland 5:00) Toda **CBS This** Pald Prog. Canadian Monster Being lan SportsCer NeverEver Kitchen N) O EE Minds O & e KC 0 88 Pald Prog :30 Paid Prog. Fly Tylng ald Prog. uper Evil everEver Sulte/Decl Paid Prog. Flip This Saturda Rob Robot MotorWeek KHQ Ne Rated A SportsCe To Be An Eye/Asla Trucks! O Food AM re Ec MuscleCar Food Nossa TV :30 Atl. Eats Super Why Rolle Polie (N) E0 News Lynn Movie: ** "G-Force" Busytown Doodlebop Colliar Art Attack Woodsmith Flip This Squirrel 2013 PGA Mayday R Polish Tenants Roseanne Welsa G. Shrinks Dog Woodshop :30 Vong, & Ja Busytown Ocean Cross ship: Th Driving TV Flipping San Diego Action) Bill Round. (N) Canada AM Don't Drive Good Luck **EP Weekly** Tenants AM Liberty Explore (Live) BD 9 Nighy. Wingin' It :30 Arthur O Old House Liberty Rescue Fishing ATP Tennis 188 Rogers Cup LazyTown Psychic Tla Recipe owerboa Movie ANT Farm Tow Biz Tenants Roseanne AM 10 Riding in Ed's Up :30 Fishing Lilly Kitchen Cash Cab Psychle Tia Food Fishing Canadlan Monsters Jessle 🖾 Tenants Cars With al. (N) 80 ald Prog. 2013 PGA 11:15) 2013 PGA Tenents Jazzy AM faunting 5 NASCAR Pald Prog. Driving TV Martha Driving TV Shake It Tenants Roseanne :30 ship: Third Round. Racing: ship: Third Paid Prog. Mysteries Tenants Roseanne Noon New Dogs/Jobs From Oak Hill Countr Tail of Two 12 Hour (N) launting E Hour (N) Rogers Cup Men's First Dogs/Jobs Garden Track and Simpsons Rangers Shred! Tenants Roseanna Hill Country :30 Kitties" () (N) (Live) Club in Club in u-Gl-Oh! Pald Prog. PM King Letters Can, Rivers Antiques Barter Letters Simpsons Roch 1 Kings 50 Worst Guns O EC N.Y. (N) (Live) EE Pald Prog. Roseanne :30 King real. (N) R Driver Tow Biz Gravity Family Guy Architects History De-Horse Rac Barter ESPN Beyblade PM 2 of Change Kings Et * * "Just O EE Beyblade Dr. Maria & ANT Farm Ed's Up Tenants Roseann Family Guy :30 2011) Ad Eat St. O Cash Cab Cash Cab Good Luck CityNews The Office Movie: Globe Trek Wheel Barter Movie: * % Movle: Sidekick PM 3 ker O Kings III ** Just Warrlor Sideldck Cash Cab Eat St. 0 ATP To The Office Go With It :30 oad Trip Cash Cab G. Martin (2011) Ada Virus Hun Palani Access Ho Duck D. Movie: ** Celebrity Jessle Ro Food Seinfeld O Sports 4 r. Kill rood (N) Warrior Food Duck D. Global Nat. MLS Celebrity Cash Cab Dog Out There :30 Seinfeld () Extraor Last/Wine Duck D. News Hour ATP Tenni Celebrity To Be An-Shake It Murdoch Movie: ** Welrd or What? 5 The Village at W ABC N IBC N CBS No Duck D. :30 News up, Men' les n e Titans (2004. Duck D. (5:59) Event True Crim olnk'dl O CTV New To Be An-Movie: * Weird or PM ene O (N) 0 EE atton () What? 6 Pald Prog. Duck D. (2001) Roll ert Carlyle :30 Jeopardy! From Mor News (N) tre (N) (Li Criminal Psychic Tla Entertain Movie: Th Babysitting W5 0 250 Eat St. O Keep Up Movie: PM 7 Eat St. O Psychic Tla ink'di n ovie: ** As Time. (2005) Ja :30 Psychic Tia NCIS: Los Movie: The nie Luner, Movie: ** Don't Dri Food Movie: "Th PM the Titans* Hope 22 (DVS) linja Warngeles O (DVS) 8 Baby Love (2000) Will :30 Psychic Tia (2005) Ja-Wop (My 48 Hour Get Out Duck D. 20/20 0 50 ie Luner 0 80 World To Be An Roseenne Movio: ** PM Movie: ** "Cow B (2006) 0 10 turders live With Duck D. Gags Roseanne :30 Bear Shaye Ed (DVS) uck D Zolnk'dl O The Office Movie: ** on" (2007) (10:02) PM Shaye III 10 (DVS) nfinity Hal (N) O 0.00 re (N) E Duck D. (10:35)Just for Splatalot **Princess** The Office Roseanne :30 Live (DVS) (1994) Jim Psychic Tia Babysitting G. Martin PM "Road to News Final In Korea

News Leader Weekend - Sunday Movies

MORNING

7:00 am TROP ch.45 "Commando" (1985, Action) Arnold Schwarzenegger. A human killing machine and an airline hostess take on an ousted dictator's private army. (In Stereo) (CC)

8:00 am WTBS ch.3 "Spirit: Stallion of the Cimarron" (2002, Adventure) Voices of Matt Damon. Animated. A mustang journeys through the American frontier, befriends a Lakota brave and finds love with a mare.

9:00 am TROP ch.45 `The Running Man" (1987, Science Fiction) Amold Schwarzenegger. A police-state scapegoat must play a TV host's deadly game

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show for the 21st-century masses. (In Stereo) (CC)

9:15 am WTBS ch.3 "The Road to El Dorado" (2000, Musical) Voices of Kevin Kline. Animated. Two Spanish rogues find the fabled city of gold, where the natives proclaim them to be

gods. 11:00 am TROP ch.45 "Die Hard" (1988, Action) Bruce Willis. A New York policeman outwits foreign thugs holding his wife and others in a Los Angeles high-rise. (In Stereo) (CC)

11:30 am WTBS ch.3
"Beautiful" (2000, Comedy-Drama) Minnie Driver. An impoverished young woman sacrifices everything in her quest for a beauty pageant title.

AFTERNOON

12:00 pm FAM ch.26 "Vacation With Derek" (2010, Comedy-Drama) Michael Seater. With help from her stepbrother, a girl must save her grandmother's resort from a land developer. (In Stereo) (CC) (DVS)

Stereo) (CC) (DVS)

1:45 pm YTV ch.18 "Cloudy
With a Chance of Meatballs"
(2009, Comedy) Voices of Bill
Hader. Animated. When hard
times hit the town of Swallow
Falls, a failed inventor constructs
a device that turns water into
delicious food. (In Stereo) (CC)
2:00 pm CTTV ch.12 "Night at
the Museum" (2006, Comedy)
Ben Stiller. A night watchman at
a museum of natural history discovers that exhibits come alive

after the building closes.

3:00 pm CHBC ch.4 BCTV ch.11
"Night at the Museum" (2006, Comedy) Ben Stiller. A night watchman at a museum of natural history discovers that exhibits come alive after the building closes.

building closes.
VTVch.22 ``Camilla" (1994,
Drama) Jessica Tandy. An
adman's musician wife leaves
Georgia for Canada with an aged
ex-violinist named Camilla. (In

Stereo) (CC) (DVS)
3:45 pm YTV ch.18 "How to
Train Your Dragon" (2010,
Fantasy) Voices of Jay Baruchel.
Animated. A misfit Viking
teenager sees a chance to change
the course of his clan's future
when he befriends an injured

dragon. (In Stereo) (CC)
5:00 pm WTBS ch.3 "Phone
Booth" (2002, Suspense) Colin
Farrell. A sniper traps a New
York publicist in a phone booth
and threatens to kill him if he
hangs up.

hangs up. CBC ch.13 "Booky Makes Her Mark" (2006, Drama) Tatiana Maslany. A spunky 15-year-old Canadian girl dreams of becoming a writer during the Great Depression. (CC) (DVS)

EVENING

6:00 pm YTV ch.18 "Shrek Forever After" (2010, Comedy) Voices of Mike Myers. Animated. After Rumpelstiltskin tricks him into making a pact, Shrek finds himself in an alternate version of Far Far Away, in which he and Fiona never met. (In Stereo) (CC)

which he and Fiona never met. (In Stereo) (CC)
TROP ch.45 "Die Hard" (1988, Action) Bruce Willis. A New York policeman outwits foreign thugs holding his wife and others in a Los Angeles high-rise. (In Stereo) (CC)

Stereo) (CC)
7:00 pm WTBS ch.3 "Minority
Report" (2002, Science Fiction)
Tom Cruise. A policeman tries to
establish his innocence in a
future where law enforcement
can arrest killers before their

crimes.
8:00 pm CBC ch.13 "The Bourne Ultimatum" (2007, Action) (Part 1 of 2) Matt Damon. Jason Bourne continues his international quest to uncover his true identity while staying one step ahead of those who

want to kill him. (In Stereo) (CC) 9:00 pm FAM ch.26 "Starstruck" (2010, Drama) Sterling Knight. A Midwestern girl visits Los Angeles and spends time with a rising Hollywood pop star. (In Stereo) (CC)

Angeles and spends time with a rising Hollywood pop star. (In Stereo) (CC)
TROP ch.45 "The Running Man" (1987, Science Fiction)
Arnold Schwarzenegger. A police-state scapegoat must play a TV host's deadly game show for the 21st-century masses. (In Stereo) (CC)

10:10 pm CBC ch.13 "The Bourne Ultimatum" (2007, Action) (Part 2 of 2) Matt Damon. Jason Bourne continues his international quest to uncover his true identity while staying one step ahead of those who want to kill him. (In Stereo) (CC) 10:30 pm FAM ch.26 "The Cheetah Girls 2" (2006, Comedy-Drama) Raven.

10:30 pm FAM ch.26 "The Cheetah Girls 2" (2006, Comedy-Drama) Raven. Members of a teenage vocal group find adventure while participating in a music festival in Barcelona, Spain. (In Stereo) (CC) 11:00 pm KNOW ch.5 "The Last Waltz" (1978, Documentary) Robbie Robertson. The Band's 1976 farewell concert includes Joni Mitchell, Bob Dylan, Neil Young, Van Morrison, Eric Clapton, Muddy Waters. TROP ch.45 "Commando"

TROP ch.45 "Commando" (1985, Action) Arnold Schwarzenegger. A human killing machine and an airline hostess take on an ousted dictator's private army. (In Stereo)

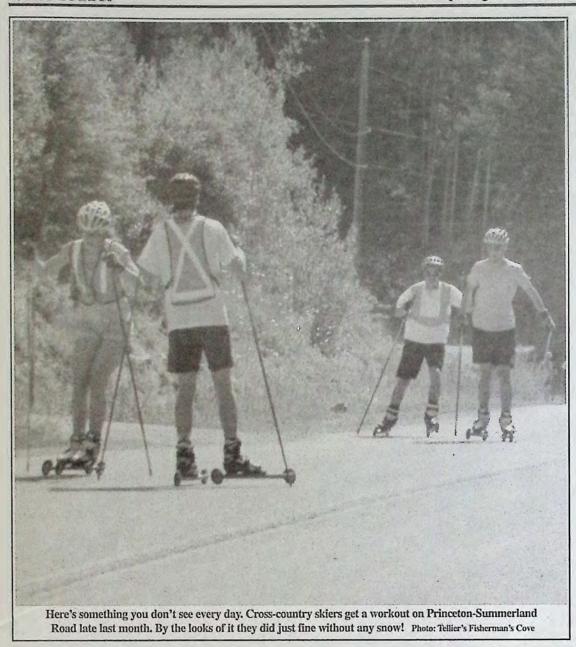
SUNDAY, AUGUST 11, 2013

NewsBC

		WTBS ch.3	CHBC ch.4	KNOW ch.5	KSPS ch.6	KHQ ch.7	KREM ch.8	A&E ch.9	KXLY ch.10	BCTV ch.11	CITV ch.12	CBC ch.13	YTV ch.18	TSN ch.19	VTV ch.22	DISC ch.24	FAM ch.26	CITY ch.29	SPIKE ch.44	TROP ch.45
-	AM	Mad About	In a Name	Wibbly Plg	Mr. Rogers	Today (N)	Paid Prog.	The Glades	Paid Prog.	In a Name	Sunday	Super Whyl	Being lan	SportsCen-	Hobo	Licence to	Wingin' It	R Schuller	Xtreme 4x4	Fishful
6	:30	Career Day	Inventors	WordWorld	Signing	0 80	Pald Prog.	30	On Money	Inventors	Morning News (N)	Poko 🖾	Super Evil	tre IEE	Hobo	Drill	Suite/Deck	ChurchRck	Horse.	Paid Prog.
-	AM	P. Affairs	Sunday	Rob Robot	Barney	KHQ News	CBS News	Longmire	Good	Sunday		Coronation	Squirrel	Reporters	Lovett-Reid	To Be An-	Sonny	Eye/Asia	Trucks! O	Movie: **
1	:30	Atl. Eats	Morning News (N) 80	Rolle Polle	Clifford	Invest	Sunday	360	Morning America	Morning News (N) to		Coronation	Pet Shop	Motoring	Dr. Maria & nou	nounced	Wizards	Dharti	MuscleCar	"Comman- do" (1985)
0	AM	"Spirit: Stal-		Tree Fu	Curious	Meet the	(N) 823	Longmire	This Week	~		Coronation	Pet Shop	2013 PGA	Canada AM	To Be An-	Phineas	Pakistan	Bar Rescue	OM
8	:30	lion"		G. Shrinks	Cat in the	Press (N) 350	The Nation	"Tuscan Red"				Coronation	T.U.F.F.	Champlon- ship: Final	Weekend	nounced	Dog	Festival	0	
0	AM	(9:15)	1	Magic Bus	DragonFly	Tree Fu	Whacked	Longmire	Storms		Designer	Coronation	SpongeBob	Round. (N)	Operation	Flying Wild	Good Luck	Italiano di Johnny	0	
9	:30	Movie:		Arthur O	Natural	Track and	Whacked	20	Storms	torms	World	ATP Tennis:	SpongeBob	(Live) to	Smile 00	Alaska	Gravity	Lombardi		"The Run- ning Man"
40	AM	Road to El	Letters	Wild Kratts	Global	Fleld	College	Psychic Tia	Pald Prog.	Letters	J. Osteen	Rogers Cup, Women's	Parents Parents		World Vi-	NeverEver	ANT Farm	(In Italian)	Bar Rescue	(1987) 0
10	:30	Dorado" (2000)	World	Little	Spirit () (ca		Football	Psychic Tla	Pald Prog.	Prog. World	Ministries	Final, From			sion O (60)	NeverEver	Jessie 🖾	1	0	
44	AM		J. Osteen	Little	Inside	Red Bull	2013 PGA	Psychic Tia		J. Osteen	Haven *Ball	Toronto. (N)	Monsters	2013 PGA	App	Don't Drive	Austin	Shopping	Bar Rescue	Movie:
11	:30	Movie: *	In Touch	Finding	Europe Jrnl		Champion- ship: Final	Psychic Tia	nit? O SE	In Touch	and Chain*		Babysitting	Champion- ship: Final	Movie	Here	Shake It	Channel III	0	*** Die Hard* (1988)
40	PM	"Beautiful" (2000) Min-	Noon News	Animals	Moyers &	Signature Series	Round, From	111.0	American	Noon News	Mysteries	ATP Tennis:	The Next	Round, From	First Story	Last Car	Movie: "Va-	Travels	Bar Rescue	Bruce Willis,
12	:30	nle Driver.	Hour (N)	Animals	Company (N) RE		Oak Hill Country	1 % Panic 9-1- 1 %	Le Mans Series Rac- Ing: Orion	Haven "Ball	Simpsons	Rogers Cup, Men's Final.	Star "13 to 9"	Oak Hill Country	First Story	Story Standing	cation With Derek* 0	Get Stuffed	Bar Rescue	Alan Rick- man. O Ittl
	PM		Haven *Ball	Llona Gate	Great Per-	B 42 42 143 64	Club in Rochester,				Simpsons	From Mon-	Mr. Young	Club in	Canada's	Auction		Murdoch		
1	:30	Browns	and Chain* Bridge:	Bridge:	formances at the Met	League	N.Y. (N)		Energy Sys- tems 245.	and Chain*	Simpsons	treal. (N) (Live) Ed	(1:45)	Rochester, N.Y. (N)	Worst	Auction	Phineas	Myster- les O	0	
2		The Closer	Simpsons	Clues kd	Liudmyla Monastyrska	Premier League	(Live) RE	To Be An-	(N) (Live)	Simpsons	Movie: ***		*Cloudy With a Chance of	(Live) 🖾	Cash Cab	Sons of Guns O ED	Gravity	Murdoch Myster-	Bar Rescue	Instant
-	:30		Simpsons		plays "Alda."					Simpsons	Museum"		Meatballs"		Cash Cab	Ciulia II III	ANT Farm	les O	"	Instant
3		Big Bang	Movie: **\	1277	-	Pald Prog.		To Be An- nounced	Pald Prog.	Movle: ** 5	(2006) Ben Stiller.	Land/ Sea			Movle: * * 5 "Camilla"	Cash Cab	Good Luck	CityNews	Bar Rescue	Canadian Pickers (60)
	-	Blg Bang	Museum*			Pald Prog.	5 17 1		Pald Prog.	Museum"		One/One	(3:45) Movie: ***		(1994) Jes-	How/Made	Wizards	CityNews		Pickers as
1	PM	Big Bang	(2006) Ben Stiller.	The Blue Planet	Craft in America O	CSI: Miami "Innocent"	Backroads	Duck D.	Still	(2006) Ben Stiller.		Dragons'	"How to	SportsCen- tre (N) NO	sica Tandy.	Myth- Busters	Jessie 🖾	America's Got Talent	Bar Hescue	Canadian Pickers 20
	:30	Big Bang			rancited ty	minosoni	Inside Edit.	Duck D.	McCarver		Global Nat.	Deli () an	Dragon*			O Big Dog	Dog		O	PICKUIS AN
5	PM	Movie: **5		Voyage	Lark Rise to Candleford	1	News	Duck D.	News		(4:59) News Hour (N)	Movie: *Booky	(2010) 0	MLB Baseball:	Amazing Race	Nerve Cen ter (N) BB	Shake It		Bar Rescue	Instant
	:30	Booth"	News	Voyage		NBC News	CBS News	Duck D.	ABC News	Global Nat.		Makes Her		Teams TBA.	naco	ren (14) mix	Austin			Instant
6	PM	(2002, Suspense)	Global Nat.	Frontiers of	O zo	News	KREM 2 News at	Duck Dy- nasty 20	News	(5:59) News Hour (N)	Amer. Dad	Mark* (2006, Drama)	Movie: **% "Shrek For-	(N Subject to Blackout)	(N) O 20	Nerve Center (8)	Good Luck	Secret Mil- lionaire (N)	Bar Rescue (N) O	Movie:
0	:30		News			Joint Help	6 (N)		Estate	110011 (11)	Simpsons		ever Alter	(Live) ISS	(14) 17 45	Conter and	Phlneas	nonaire (iv)	(14) 41	Hard' (1988)
7	PM	Movie:	Amer. Dad	Ape Genius	Queen Victoria's	America's Got Talent	(N) O M	Bad Ink	Funniest Home	Amer. Dad	(7:01) Blg Brother (N)	Heartland 80 (DVS)	(2010) 0		Cleveland	Myth- Busters	Wizards	Murdoch Myster-	Tattoo Res-	Bruce Willis, Alan Rick-
-	;30	"Minor-	Simpsons		Empire ()	0 ===	(14) (17.112	Bad Ink (N)	Videos	SImpsons	Dictilos (11)	(510)			Satisfact	O BO	Suite/Deck	les O	cue (N) O	man. O RO
2	PM	tty Report* (2002) Tom	Toen	Born and Bred O III	(Part 2 of 2) 100		(8:01) Big Brother (N)	Bad lnk	Secret Mil- tionaire (N)	Teen Choice	Teen Choice	Movie: *** The Bourne	Super Evil	SportsCen- tre (N) 80	Whodun- nit? (N)	Nerve	Sonny	CityNews	Bar Rescue	
U		Cruiso, Colin	Choice 2013 (N) O	Died trea				Bad Ink	Inchiana (re)	2013 (N) O	2013 (N	Ultimatum"	Zolnk'dl O	110 (14) 22	OE	Center RB	Random	Weekends	"	
9	PM:30	Farrell.	(Live) 20 Dalziel and Rescued L	Law & Or- der: SVU	Unforget- table (N) BB	Duck D.	Whodun- nit? (N)	(Live) as	Same-day Tape) () SE	(2007)	Splatalot Babysitting	Motoring Score Golf	Unforget- table (N) III	Nerve Center III	Movie: ** "Starstruck"	Shameless O MQ	Bar Rescue O	Movie: **!		
40	PM	The Closer	(10,01) Big	Dalziel and	Scott & Bal-	The state of the s	The Mental-	(10.01)	-	(10:01) Big	News Final	"Bourne"	The Next	SportsCen-	The Mental-	Myth-	(2010) n	The Office	Tattoo	ning Man* (1987) O
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Into Blue"

:30



Monday Movies

EVENING

9:30 pm WTBS ch.3 "The Bank Job" (2008, Crime Drama) Jason Statham. In 1971 London, a car dealer and his gang of thieves break into a bank vault and find far more than cash and jewelry.

11:30 pm WTBS ch.3 "Into the Blue 2: The Reef" (2009, Suspense) Chris Carmack. Two professional divers fight for their lives when

criminals encounter Hawaiian waters.

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MONDAY, AUGUST 12, 2013 SPIKE TROP DISC FAM CITY WTBS CHBC KNOW KSPS KXLY YTV TSN VTV KHQ KREM A&E BCTV CITY CBC ch.22 ch.24 ch.26 ch.29 ch.44 ch.45 ch.12 ch.13 ch.18 ch.19 ch.10 ch.11 ch.3 ch.4 ch.5 ch.6 ch.7 ch.8 ch.9 in the Heat of the Night To School KHO Nes KREM 2 (5:00) Morn **CBC News** Being lan SportsCen CTV Morn-Last Car Stella-Sam CityLine CSI: NY "Ai Food AM (N) (N) 35 ing Live (N) Being lan G. Shrinks .30 Clifford Criminal Minds 0 35 CBS This SportsCer Cash Cab Let's Make CSI: NY Earth: Fina AM Tiger a Deal 30 Conflict () Morning (N) ing An (N) se Cash Cab :30 Justice Megic Bus Martha Monster Super Evil AM Judge Alex Tree Fu CSI: Mlam Bo On/Go Sidekick Canada's Suite/Deck The Price Is CSI: Crime Eat St. O Eat St. O Suite/Deck :30 Judge Alex Dinosaur Cat in the Huntley Busytown Beyblade Driver The 700 Club O BC CSI: Crin Food Ivel Kelly Super Whyl AM Millionaire Pinky tors O Re 9 0 35 Peep, Blg Dinosaur Cat in the Victorious Wizards Food :30 Live ANT Farm CSI: Crir Gold Girls The Doc AM Law Order: The Doc Dinosaurs 10 tors O III Street O Right (N) Minds O B 0 30 tors () BE 0 80 Gold Girls Rolle Polle Debt/Part Doodlebop Victorious Motoring How/Made ANT Farm :30 (EI) 3's Co. Pald Prog. Chef/Hom Mighty Ships 20 AM Chef/Home Berenstaln Tiger Judge B. Young & Criminal Noon Ne **Victorious** Engraved Marily Restless Minds Hour Chris & on a Nation Paid Prog. Debt/Part Shake It Cops Ed 3's Co. :30 Wild Kratts SIt & Be Fi Judge B. Lo-Fi (N) O CityLi Cops 20 Raymond Days of ou Lives (N) PM Ding Dan Charile Pald Prog. The First The Chev Noon Net **CBC News** Carly Bo To Be An Mighty 12 Hour (N) lose o Es 48 80 0 80 Hour (N) Now (N) O (N) 0 35 Planes & Carly BC Austin Cops EC Raymond Rob Robot Pald Prog. :30 Excused 3rd Rock Days of ou Lives (N) Days of our Lives (N) Days of ou Lives (N) Jessie 🗱 Cops 20 PM There Yet? Clifford Paint This The Talk (N The First General The Talk (N) Heartland Carty & **NFL Live** Lost Song 0 22 48 100 03 0 (N) 80 Live O BC Catch & iCarly BC Jessie St Cops 30 3rd Rock :30 There Yet? Miss BG (N) O The Talk (N Lilly Katle O E Let's Make The First The Jef The Talk (N The Ricki Carty [2] Off Record Dr. Phi Myth-Good Luck PM King Probst Show 2 Deal De 48 CO 0 80 Chris EC 0 20 Busters 5 (N) BC, Carly BO Good Luck Cops 30 Roseanne :30 King 0 80 Eat St. O The Ricki Rob Robot Sid Dr. Phil The First The Rick Recipes Carly 50 Sports The Dr. Oz How/Made Jessie 80 CityNews Cops & PM DeGe 48 BC Lake Sh 6 (N) BE 3 Eat St. O Carly Ed Jessio 80 :30 The Office Jungle B'k G. Shrinks Jdg Judy The Dr. Oz Duck D. The Do Early Ne Carly EC CFL Foot-Shred! (N) Jessie sa How I Met Cops 20 Food oung & estless Dragons PM Blg Bang oung & DeGe ICarly KE Jossie RC Global Nat. Duck D. :30 Blg Bang Arthur O Electric Jdg Judy News Duck D. Early New (4:59) Nev News **ICarly** CTV No Auction Jessie EC How I Met Cops 20 3's Co. Martha PM Browns at Five (N) 3's Co **CBS News** Duck D. ABC News Global Nat. :30 Payno Wild Kratts Business NBC News The Glad KREM 2 ET Canada Sam & Cat CTV No Sons of Austin Broke Girl Cops 80 Raymond (5:59) Nev PM Browns Guns "Misfire" (N) O 60 lour (N) 6 Hour (N) Cops St Raymond Blg Time :30 Payne Gardens 6 (N) Longn (N) 80 The Café Inside Ed. Ent Under the The Next To Be An Big Bang Backyard Austin Body of Cops & Ent PM Seinfeld Cops 50 etalk (N) Backyard Star Nev Seinfeld O ET Canada Desert Antiques Wheel Access H. Insider ET Canada Coronation :30 Year Psych "100 Clues" CMA M Satisfact Auction CityNo Debt/Part (8:01) Lo sych *100 PM Family Guy Psych *100 Money, onight (N) Power Roadshov Vinja War-Austin ET Canada :30 amily Guy Zoink'd! O SportsCe Anger Auction Cops 30 les O tro ac Night to Rock (N) Get Out Alive With Amazin Wingin' It Wildest Po-3's Co. Get Out Restoring PM Amer. Dad | Get Out (DVS) Alive With Alive With Genlus: Roadshov Allvo With 3's Co. Mike Duck D. NFL Films Warthogs! :30 'Misfire' Live (N) Bear Bear Bear Under the (10:01) The Dome (N) O Glades 84 Raym POV "The Under the Architects iberia (N) lob" (2008) 10 ome (N) of Change City Dark 0 20 Dome (N) () Final (N) Star *9 to 6 der: SVU Backyard So Raven Raymond :30 (N) BE Pald Prog. Cory News (11:01) News ET Canada CBC No CHBC No 11 Rose (N) S Final (N) tre se Loud () St Inal (N) Letterman J. Probst

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Splatalot

CTV News

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Paid Prog.

3rd Rock

J. Kimmel

Princeton Traditional Husic Festival

Morris Dancers Bring a Taste of England to the Streets!



Sound & Fury Morris and Sword from Seattle will be appearing at this year's Princeton Traditional Music Festival. - photo submitted

MUSIC FESTIVAL HERE SOON by Rika Ruebsaat

Princeton Traditional Music Society

The Princeton Traditional Music Festival is just over a week away and we're very excited about all the new performers that are coming this year.

The Festival begins on the evening of Friday, August 16th with the opening ceremony followed by a country dance on Veterans' Way beside the Legion. The dance will feature a live band with fiddle, guitar and concertina. Everyone is

There will be a caller to teach the dances so no experience is necessary and people don't even need to bring a partner. On Saturday and Sunday there will be music from 10:00 AM until 6:00 PM right in

Among the many performers new to the Festival this year is a dance team from Seattle called Sound & Fury Morris and Sword. The group has been dancing around Seattle and the rest of the west coast of North America since the waning days of last century (1999 to be spe-

Morris is a type of traditional dance from England dating back hundred of years whose origins are lost in the mists of time. Historically Morris is danced only by men, but nowadays men and women often dance together.

Morris is a street performance tradition, typically seen outside local

pubs. When the dancing is over the dancers retire to the pub to enjoy the finest ales and ciders on tap! Morris Dance is a communitybased activity. It is not a stage-oriented performance but a street performance tradition, with dancers showing up, often outside a pub, to dance close to their audience.

After the dancers complete their show, they will retire to the pub, where their grateful, adoring audience shows their appreciation for the performance with gifts of drink.

Another new group this year is Hard Row from Armstrong. The duo consists of Kim and Kaila Sinclair, a father and daughter duo who have been performing together for almost twenty years. With their melodic sound, they sing traditional ballads of love, loss and lament. Kaila's soaring voice and Kim's unique guitar styling weave around and through the music they love. With reflection and a sense of humour Hard Row connects their music with the relevance of history and the world today.

These are just two of the many new groups appearing at this year's Festival, and the best thing about it

The reason it's free is because it's run entirely by volunteers and the performers are donating their talents. To make the festival a success the organizers will need lots of volunteers.

If you'd like to get involved, please contact them. Even if you have only a couple of hours available your help would be most welcome. Give them a call and they'll welcome you aboard.

To find out more visit the Festival's webblog at princetonfestival.org or give Jon or myself a call at 250-295-6010. ---



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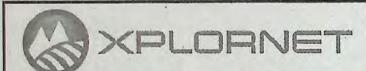
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Notices

Notices

The South Similkameen Arts Society (SSAS) is a non-profit formed in May 2013 to bring together all visual and performance artists, musicians, sculptures, painters, quilters, and other craftspersons in the area.

Interested?

Visit us on the web at ssartssociety.blogspot.ca. To join call 250-499-5199 or drop us a line at ssartsociety@gmail.com

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Landscaping shale pit. Located in Princeton area. Not a retail outlet, bulk sales only. Vermilion shale, a red colour with a mix of browns. Asking \$20,000.00. For more infor-Darlene call 250.497.7060. Jul 23-Aug 06

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Bachelor suite in downtown Princeton. Includes utilities and satellite TV, also furnished, \$450,00/month. Must have excellent references, NO PETS and must be clean and quiet. Available now. Phone 604.484.2783 and leave a message with the best time to call back.

Lost

Ladies blue half frames, lost downtown. Call 250.868.7013.

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Princeton Area Ghosts Town DVDs are available for \$20.00 each at Similkameen News Leader (226A Bridge Street, next to CIBC). Learn the history of the famous gold rush communities that vanishes as quickly as the gold! Also available, Prince Town 1826-1926 a CD that traces the history of settlement in the Pacific Northwest and what brought prospectors to the area. Each copy \$20.00 - taxes included.

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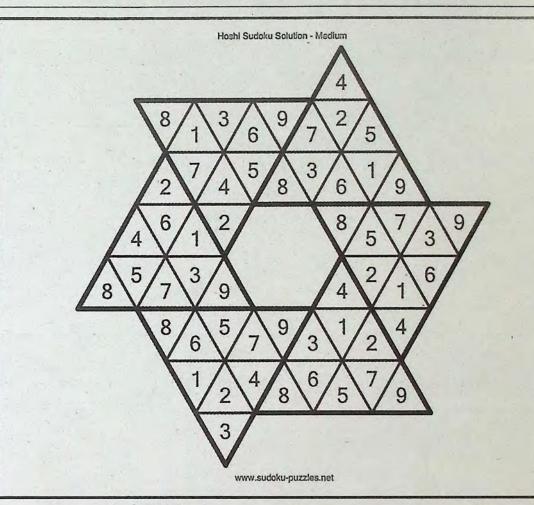
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Alcoholics Anonymous Meets 7:30 PM Thursdays Princeton Baptist Church 160 Old Hedley Road Fred 295-7272/Marena 295-7663 Solutions

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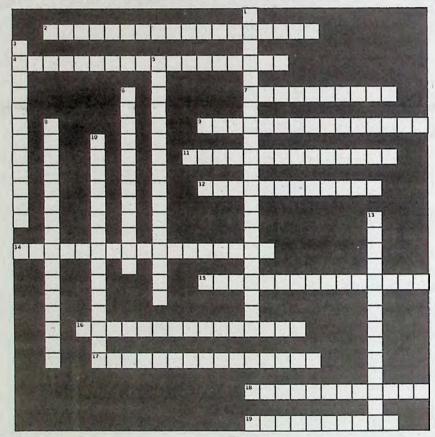
News Leader 250.295.4149



Michael Burgess, star of stage and screen, performed live in an outdoor concert in Oliver August 3rd. The event was widely promoted and a few of the over 700 in attendance were from the Princeton area. *

ews Leader Puzzler

Use the July 30 News Leader to find Answers Below...



- What used to be Ironman Canada passed through the Lower Similkameen will now be known as
- They aren't called Elvis Impersonators so what are they? Name the Posse player featured on
- the Front Page. Where did the members of VFFN hike to July 20th?
- Where were you invited to 'Celebrate BC Day?"

- He writes the Posse Report.
 Name the USIB Chief.
 Name the 2013 Princeton Golf Club
- Men's Champion.
 She won Ladies' Overall low net in the Princeton Golf Club Championship.
 Music Festival duo:
 Willamette.
 Willamette.
- 18 Adam Fitzpatrick looks a lot like this music king.
 19 The 'IB' in USIB.

- Down Identify the Similkameen News Leader Facebook page.
 Name the President of Princeton Posse. The 'US' in USIB.
 He won overall low net in the 2013 Princeton Golf Club Men's Championship.
 Name the 2013 Princeton Golf Club Ladies' Champion.
 Identify the Similkameen News Leader Twitter name.
- Twitter name. He plans to swim across Northumberland Strait.

aws Leader

PUZZLER #135 Copyright 2013 - Brenda Engel

Weekend Movies

Saturday

. continued from Page 15 them. (In Stereo) (CC)

9:00 pm WTBS ch.3 "Resident Evil: Extinction" (2007, Horror) Milla Jovovich. Genetically altered by Umbrella Corp., Alice and her cohorts try to eradicate an undead virus before it infects everyone on

FAM ch.26 "Cow Belles" (2006, Comedy) Alyson Michalka. Forced to work for their wealthy father, two teenagers try to save his business when money goes missing. (In Stereo) (CC)

10:00 pm SPIKE ch.44 "The Mask" (1994, Comedy) Jim Carrey. Premiere. An ancient mask transforms a drab bank clerk into a grinning Romeo with superhuman powers. (In Stereo)

10:30 pm FAM ch.26 "Princess Protection Program" (2009, Comedy) Selena Gomez. After a military takeover, a princess assumes a new identity and stays with a covert agent and his daughter. (In Stereo)

11:00 pm WTBS ch.3 "Road to Perdition" (2002, Crime Drama) Tom Hanks. Accompanied by his eldest son, a Depression-era mob enforcer seeks revenge after the rest of his family are murdered by his employer's jealous son.

Letters to The Editor

.... continued from Page 4 people, whether they live the country or in the city. Even now, when there is currently no cell service in Hedley, many local residents have cell phones for use when they leave the village. We should not have to drive to Keremeos or Princeton to receive or place a phone call. Visitors and prospective home buyers are astonished that there is no cell phone coverage.

5. Family visitors

Several Hedley residents have reported that family members (medical and technical personnel), whose

work requires that they be on call at all times cannot visit Hedley because they cannot receive cell phone calls here.

There will be a poll of Hedley residents living in the proposed cell coverage area (roughly 5 kilometres east and west of Hedley, including the Chuchuwayha Reserve). The poll will be held on Saturday, August 10, from 10:00 AM to 6:00 PM, at the Community Centre, 956 Scott Avenue, Hedley. This is important to the residents of Hedley. Be sure to vote.

- Lynn Wells Hedley, BC

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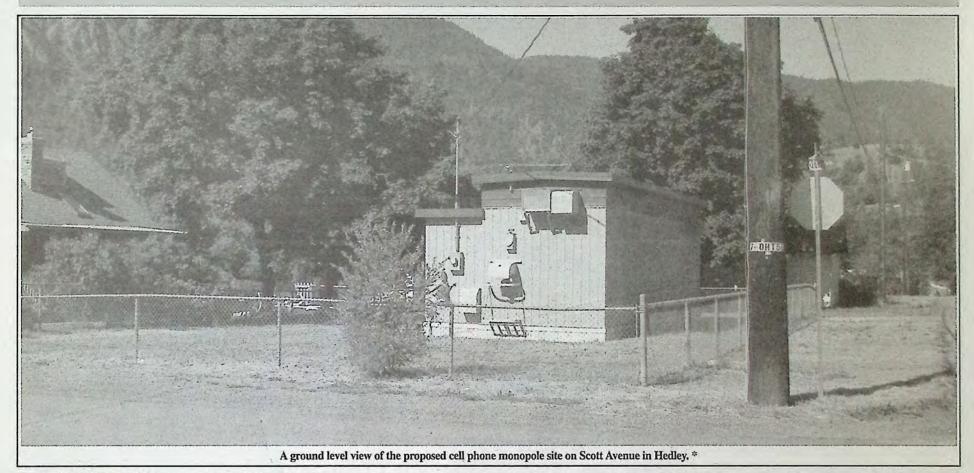
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RDOS Area 'G' Report

Director - Angelique Wood



Hedley Street Dance 2013

By the time this article is in print, one of Hedley's most exciting events will have come and gone. Lazy Mike and the Rockin' Recliners played free, for locals and visitors alike, on a flat-bed parked in the centre of town. Check out: www.lazymikerockin-recliners.com for more info.

Their website includes the following testimonial:

Steve Kozak, Music Director & Talent Purchaser for Powell River Blues Festival

"Lazy Mike and the Rockin' Recliners" are one of the hardest workin' Blues Bands on Vancouver Island. These guys always bring their "A" game to the shows they play and have had the crowds jumpin' every time that I have had the pleasure of seeing one of their shows. Good solid musicians who know how to entertain an audience with high energy, enthusiasm, and an honest passion for the music they play. One of the highlights of the "2012 Powell River Blues Festival!"

Last year was the first time that this group was invited to play in Hedley, and thanks to locals who knew the fellas, the gig was suggested and planned- then received with much excitement. People talked about how much fun they had for weeks afterward. This winter, Hedley welcomed new residents who had attended this festival-like event in the summer previous

This evening of fun is undertaken by the Hedley Community Club as a fundraiser. Doug and TJ Bratt, the leadership of the club, and their executive and volunteers, put together a fun-filled evening for the whole town to enjoy.

This kind of event really speaks to life in the Similkameen, where everybody pitches in to make a party happen for the group at large. When we support events like this, we help to nurture social, economic, and community development as a whole from a real grass-roots level. Thank you in advance, to all of you volunteers who cooked, cleaned, and sold 50/50 tickets for the good of the Community Club. Polling scheduled for Hedley,

August 10, 2013

On August 10, 2013 residents of the proposed service area that would receive cell service from a monopole erected at 796 Scott Avenue will be asked to weigh in with their opinion. The polls will be open from 10:00 AM until 6:00 PM giving a full day for voters to get down to the Community Club, located at 956 Scott Avenue,

The question to be asked of residents is as follows:

Do you support a 20-meter monopole for cellular phone and data service at 796 Scott Avenue? Yes or No

This poll is open to all residents of Hedley, including members of the Upper Similkameen Indian Band, who live within the boundaries of the poll area as described by the

Are Canadian citizens at least 18 years of age;

poll map, and who,

 Have lived in the polling area for at least 30 days and British Columbia for six months; or

· Are owners of property within the polling area who meet the requirements above but who live elsewhere in British Columbia.

The polling is not binding on the Regional District or any other party. The polling is offered to assist involved parties in better understanding the disposition of Hedley residents toward the construction of a monopole cellular tower within the community.

In other RDOS News

From the August 1st regular meeting of the Regional District of Okanagan Similkameen:

Regional Directors want more time to consider a tri-party arrange-

ment to provide funding to maintain the Penticton Channel Trail. The trail is owned and operated by the Penticton Indian Band.

With the three-party agreement, the Regional District would contribute \$5,833 for the remainder of 2013 and \$14,000 annually each of the following five years to assist with maintenance and enhancement of the trail.

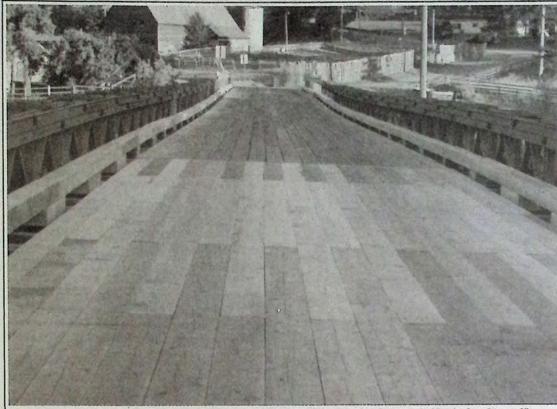
The Regional District, as part of its commitment to improving client and stakeholder experience, is working to develop the KVR Trail to link communities within the Okanagan and Similkameen valleys. The Penticton Channel Trail is part of this network.

Since 2009, the Penticton Indian Band has solely funded the maintenance of the trail between the dam at the north end of the channel and the parking lot at the sound end.

The Regional Board approved an amendment to the Area 'D-2' Official Community Plan to include a provision regulating short-term vacation rentals. The amendment will make the OCP consistent with community plans in other Electoral Areas.



An Albino spider. Really. It is about a half-inch long, kinda fuzzy. And found near the watering dishes of two oblivious housecats in Keremeos August 2nd. The house is NOT under renovations and thus, there are no piles of gyproc dust or any other white power that the spider could have crawled through. Amazing! Photo: Arlene Arlow



The White Bridge near Keremeos is receiving some TLC of late: new decking. The bridge is closed to traffic during the day Monday through Thursday and re-opens at 3:00 PM. Oddly enough, the wooden bridge at the end of Bridge Street in Princeton also received a major repair to the decking. Photo: Arlene Arlow

Posse Report

President Dean Johnston

The Princeton Posse and Princeton Minor Hockey have partnered up to provide a 4-day hockey school opportunity for local youth.

The Hockey school will run from August 19th to 22nd at the Princeton & District Arena and is open to players born 2000-2002, and 2003-2006.

The Camp will be run by the Posse coaching staff and will consist of two ice times a day and a daily office activity.

For more information, cost and complete schedule for this event visit the camp section of the Princeton Posse website at www.princetonposse.org.

Doreen Poulsen

What are you doing on Friday nights this summer?

How about relaxing, enjoying a cold one and cooling down in our air conditioned lounge?

Every Friday night this summer and possibly into the fall there will be a musical jam session at the Legion! Listen to the music of a group of local musicians from 7:00 PM to 10:00 PM.

They play everything from blues to country and everything in between. There is an open mike and if the mood moves you you're welcome to join in. The dance floor is also waiting for you to strut your stuff.

A community Steak dinner will be held on Saturday August 24, at 7:30 PM. There will be steak, salads and baked potato, all for \$10.00. Children can be accommo dated as well in our banquet hall. We have air conditioning! Tickets must be purchased on or before August 23 at the lounge.

Don't forget our Annual Fishing Derby on August 10 and 11th at Chain Lake. Entry fee is \$10.00, children are free, but must be accompanied by an adult.

Register at the lake starting at 7:00

AM. There will be a pancake breakfast on the Sunday morning August 11. Lots of prizes and fun and the best part is it is open to

Thanks to all in the community who supported and attended the Golf Tournament. There were 50 participants and lots of fun was had by all. Special thanks to the businesses in town that are always there to support us.

We wish everyone a safe and fun filled summer, from your neighbours at the Legion. Come and pay us a visit.

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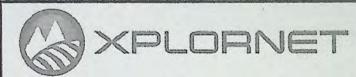
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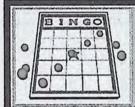
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CONTINGENT, SUBJECT TO PROBATE: Four seasons hill top retreat! Treat yourself to this wonderful home overlooking Osprey Lake. 3 bedrooms, master has large windows with lake views and a large bonus room, great for a games room or hobbies. Sliders off living room lead to partially covered 12 x 26 deck with views to die for.

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MLS®143598 \$319,000

4028 Princeton/S'land Road



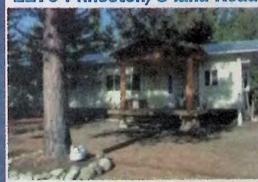
A treat of a home, steps to Osprey Lake! Wonderful open plan rancher with large picture windows. This home is light and bright, 3 bedrooms, 2 baths, and woodstove keeps you cozy and heating costs down. 10 acres for exploring backing onto Crown Land, treed and open areas. Osprey Lake, Link Lake and the KVR just minutes away. MLS®143074 \$342,000

2797 Princeton/S'land Road



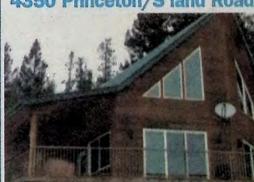
CONTINGENT. New to the market! Private 5 acres with 3 level home! This wonderful home/cabin is tucked back in the trees for ultimate privacy. A useable 5 acres with treed and open areas, backs down to Hayes Creek and continues on the other side. Lower level has 1 bdrm, full bath, laundry and woodstove off single car garage. MLS@142633 \$329,000

2270 Princeton/S'land Road



Country retreat! Remodeled mobile with addition on 5 useable acres only 20 minutes from Princeton! All plumbing updated, new windows, and new appliances. Laminate and ceramic flooring makes for easy maintenance. Picture windows in master bedroom look out onto your own private forest. 2 outbuildings for all the tools and toys. MLS®143034 \$259,000

4350 Princeton/S'land Road



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