

Similkameen News Leader

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Canada WE ACKNOWLEDGE THE FINANCIAL SUPPORT OF THE GOVERNMENT OF CANADA THROUGH THE CANADA PERIODICAL FUND OF THE DEPARTMENT OF CANADIAN HERITAGE.



There was dancing in downtown streets all weekend long during the 6th annual Traditional Music Festival which kicked off August 16th with street dances on Veterans Way which followed the opening ceremonies for the event. *

SOHC details health care progress in letter

To The Editor;

Over the past fifteen months, Support Our Health Care (SOHC) has been working collaboratively with several organizations and individuals to improve health care for Princeton and Area residents. The recent developments announced by IHA are proof that these efforts are beginning to pay off. By the end of October, we will have four full time physicians and a nurse practitioner serving the health care needs of our community. We will also have a Steering Committee that will provide residents with a way to present their concerns and suggestions for improving our health care model.

We have arrived at this point as a result of many hours of work done by many people. They deserve to be recognized and thanked for their successful efforts. After the development of a trusting and respectful relationship with the Interior Health Authority, they have gone "above and beyond the call of duty" and worked cooperatively with our community to set the stage for ongoing improvements to our health care model. They cannot be thanked enough. It was through their efforts in cooperation with Dr. Eva Idanwekhai that we now have a full complement of five health care practitioners who will be serving our community.

It's also important to recognize the role played by our provincial government. This past March, the Ministry of Health and the BC Medical Association announced the Rural Physicians for British Columbia incentive, providing

Princeton and Area with two, \$100,000 signing bonuses for physicians committing to a three-year return of service in Princeton.

SOHC would also like to recognize the work done by the Town of Princeton, the Area H Regional Director, and the Industry Stakeholders Group. Their experience and support has been critical to our present level of success.

Princeton is fortunate to have come this far. Not only have we taken care of our doctor shortage and ultimately our 24/7 ER problem, we will soon have "an ongoing mechanism for collaboration" that will involve IHA, our health care practitioners, the Town of Princeton, and RDOS.

SOHC supports the Princeton Health Care Action Framework and we are optimistic that it will provide for a sustainable and effective health care model for our community. We also recognize that this is only the beginning and the real work lies ahead.

Sincerely,
Princeton Support Our Health Care Society
Spencer Coyne, President
Edward Staples, Vice President
Nienke Klaver, Secretary
Penny Goodfellow, Treasurer
Ole Juul, Director
Chris Goodfellow, Director

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Framework receives praise

What has been referred to as a 'secret' document has impressed many local and regional politicians who discussed it in a meeting August 16th at Riverside Centre.

The meeting, requested by Fraser-Nicola MLA Jackie Tegart, and facilitated by Save our Health Care (SOHC), served a number of purposes including bringing elected officials up-to-date on progress being made on a number of local issues.

"Health care is a huge concern throughout Fraser-Nicola," Tegart says.

"Discussions about healthcare are ongoing and there are no easy solu-

tions."

Tegart says she sees the Action Framework document as a starting point and sees a great deal of success coming from how it came about.

"It comes from local leadership and building relationships with Interior Health that will make the difference."

"The community has come together because of a crisis," states Cariboo-Chilcotin MLA Donna Barnett.

"I think grassroots movements are the only way to bring change, and you have to be brave and bold."

Barnett says other communities

can learn from Princeton's experience of taking a negative and becoming proactive and turning it into a positive.

Area HRDOS Director Brad Hope says he is excited about the process.

"Moving forward has to involve the community and I'm really, really excited about the Steering Committee."

Area G RDOS Director Angelique Wood was impressed with all the "easy to understand" information contained in the 18-page report.

"Princeton really has something they can use here - it's a great document and a great first step."

Fraser-Nicola MLA Jackie Tegart told the News Leader she sees the document as an "integral part of a healthy community" and praised the community and committee for the "incredible transition from a place of lack to a place of opportunity."

Tegart says the Action Framework, along with community involvement will allow for the development of a solution that will work for Princeton.

The document is available for download at a variety of websites including www.sohc.ca.

Susan C Collins

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Improvements to the livestock display area continue at Princeton Fairgrounds including all new poultry coops. The 48th annual Agricultural Fair is this weekend and features the Little Britches Rodeo. - photo submitted

Fair is ready for you

The final meeting before the annual agricultural fair was held last week, and a brief review indicated everything is ready except the final preparations. This week, workers will be at the grounds doing last minute set-up, displays and double checking. Thursday, entries will be taken and Friday, more entries will be taken - 12 Noon to 7:00 PM. Exhibits buildings will close at 7:00 PM and judging of exhibits will begin.

Friday evening offers team roping, then the Little Britches Rodeo semi-finals begin on Saturday morning, and the exhibits buildings will open to the public. Saturday and Sunday begin with a pancake

breakfast.

Vendors may move on to the grounds Friday evening and early Saturday morning.

This year, Upper Similkameen Indian Band will be serving fry bread and will have a display at the fair.

Goats, sheep, miniature horses and donkeys are expected to be on display, and do look for the milking cow and the poultry.

Bingo will be run daily.

Saturday evening, there will be a special supper served. The News Leader got a tip that it will be a perogy supper. Then, at 6:00 PM, Dale Seaman and Highway 97 start the music and dance evening that

runs to 10:00 PM.

Once again, fruit stand operators in Keremeos are donating fruit and vegetables for display and for the auction to be held Sunday afternoon at 3:30 PM. The raffle prize winners will be drawn at the auction. First prize is a lift of lumber donated by Weyerhaeuser, second is a meat pack from Clifton's and third is \$50. Raffle tickets will be on sale during the fair.

Admission to the fair is only \$5 for adults and \$2 for children age 6 - 12. No admission is charged for the children's entertainment features, thanks to the generosity of local businesses. These sponsors are shown in the exhibitor's booklet.



Here's a look at the project of replacing the poultry display area with new coops partway through the construction phase. The improvements have greatly enhanced the area. - photo submitted



The Save Our Health Care (SOHC) group hosted a meeting August 16th in Riverside Centre to bring local and regional elected officials up-to-date on Princeton area issues. The meeting was called at the request of Fraser-Nicola MLA Jackie Tegart. Standing, from left, Kim Maynard (Councillor, Town of Princeton), Ole Juul (Director, SOHC), June Hope, Nienke Klaver (Secretary, SOHC), Brad Hope (Director, RDOS Area H), Donna Barnett (MLA Cariboo-Chilcotin), Ed Staples (Vice President, SOHC). Seated, from left, Lilly Zekanovic (Assistant to BC Southern Interior MP Alex Atamanenko), Angelique Wood (Director, RDOS Area G), Jackie Tegart (MLA Fraser-Nicola). *

Flip Of The Coyne

by Spencer Coyne

The plan for the dam is back. Do you remember the dam that Princeton Light and Power had proposed so many years ago up the river near the mine? It seems as though Fortis is looking to resurrect the plan and maybe give it a go. The government is looking for comments on the application of disposition of crown land that Fortis has applied for. This doesn't mean that it's an application to build the dam but it is an application for Fortis to acquire the land from the government for a future dam site and flood area.

I am divided on the construction of a new dam, especially one that is up river from our community. Before this project gets my blessing I want to know what safeguards will be in place. I want to know if there is a breach, but I also want to know what it will do to the ecology of our watershed. How will this impact our fish stocks? How will it impact the birds and wildlife that depend on our river? How will this impact us downstream? Will it provide us with a regular flow of water when it is the middle of August and our river is but a trickle, or will we get even less water because the dam needs the water to keep the turbines flowing?

In terms of the water flow, will our river become faster? If so, that means the water could be cooler and if it is cooler what will be the impact on our aquatic species? If it is faster, it will mean safety concerns for all of us who use the river. There are a lot of questions, not to mention the one of how will this

benefit our community? If we have a dam, will the power be coming to us, or is it going to be sold to some other market?

Of course all of these questions could have positive or negative answers. On the positive side, we could have more water in our river which means more habitat for fish stocks. We could have a more constant flow of water down the river which means less chance of flooding. Let's not forget it could bring some good paying jobs to town which means attracting more people to our community, and if we are lucky, more kids into our school system.

I don't want to look at the possibility of a dam going in as a negative. I want to see it for what it is, and for that reason I will withhold final judgement until I have received answers to the questions asked here to the questions and concerns of my friends and neighbours. I know there will be people who will oppose this project just

because. I have read some comments online from other communities where they are already talking about trying to stop the project from happening. I think it would be in our best interest to become educated about the project and the impacts, good and bad, before we start picketing the Fortis building. The area where they want to put the dam is pretty vertical which means we are not talking about flooding farmland like that one they wanted to put in down by Oroville. The maps in Fortis's application show that flooded areas should be confined to that narrow valley.

Unfortunately we live in a world that requires some form of power to operate. Although companies are working on solar and wind power, they don't seem to be moving as quickly as we would all like, which leaves us with traditional methods of mass power production. If you look at it that way, I guess we could be looking at something a lot worse than a dam.

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Editorial Page News Leader

Similkameen News Leader, 226A Bridge Street, PO Box 956, Princeton, BC V0X 1W0

My Turn

Secrets From the Secret Document

There has been a lot of conversation regarding a supposed 'secret' document floating around town regarding local healthcare.

I'd like to squelch some of the rumours and share some of the details. First off, there was never a secret document.

The document in question was an early draft and someone chose to leak it. There is nothing secret about the document. I view it much the same way I do pages I'm working on for the current issue of the News Leader. They aren't secret, they are confidential and aren't ready to be published. Some are still in draft form. If you want to see any of them, I'll share them, but until they are published in Monday's issue, I consider them not fit for public consumption.

As for some of the details in the document I found the survey section interesting and revealing. All local healthcare providers were asked a series of questions. Some of the data show there are 4,600 to 5,900 patients in the Princeton area with one doctor seeing 3,700 of them in an 18-month period.

That tells me we need some help to take pressure off of our healthcare providers.

What do they think of Princeton? The survey shows the healthcare providers in this area actually like being here. Aside from a general lack of privacy, there is a strong link between having an active social life within the community (one respondent urges getting the whole family involved in the community because there's "lots of things to do") and having a long, satisfying career in our small town.

Overall, the survey shows a need for some fine-tuning of minor issues. The 'secret' document itself shows a willingness of all healthcare providers to work together and do whatever it takes to create a workable solution to Princeton's healthcare problem.

The concept is simple; one large clinic providing all services under one roof. It will save money in the long run with shared expenses. It's not a new idea as it has basically been 'borrowed' from the Keremeos area and adapted to work in Princeton.

A number of us (myself included) don't exactly trust Interior Health Authority and that is probably where some of the confusion and misinformation is coming from. I have set aside my personal feelings about the 'authority' and accepted the fact that if they are the people who make the rules, I'd rather support an attempt at making some new rules while everyone around the table are on speaking terms than trying to break rules once sides are taken following a falling out of some kind.

The full document is available in various places online. You should look it over and draw your own conclusions, which, hopefully, you won't keep secret.



How lucky are we to be living in the Similkameen Valley? Fresh, organically grown peaches were being harvested last week. Here, Desiree, a worker at Harker's Organics in Cawston, finishes off another bucket of the fruit. *

Your Turn

Letters and E-Mails Received This Past Week

To The Editor:

August 7th 2013 letter from Joe Schwarz, is the most asinine I have ever read, he most definitely has the wrong ideas of what a dog actually is and more likely doesn't own an animal, specially a dog. I agree whole heartedly with the fact people walking their dogs in public areas should pick up after their pet and very few of us would disagree with that part of his letter.

However, to say a dog in embarrassed doing it's normal and natural functions is ludicrous. Dogs have been part of Planet Earth longer than we humans. Which brings me to a very important item since you mention Mom?

How many times do you see par-

ents allow a child to get of a car and pee and poop on the side of the road, personally I have seen it more times than enough and seen adults behave in the same manner. What about the people who picnic and throw their waste into the bush; walk ways; leave trash at the site of the days outing. What about the people who throw plastic bags out of car windows along the highways and byways (some of these bags contain poop diapers). Furthermore, what about the remains of cars, that have gone over embankments only to be left to rust.

In reply to your totally asinine idea of diapering a dog - Are you going to start telling the farmer he is to

diaper his cattle, sheep, goats and horses? I have a dog I carry more than one bag for poops, he's a funny dog doesn't like people to see him poop so he goes deep into the underbrush - but if he poops on the walkway or in the park on the grass I always pick it up.

Mother Nature has taken good care of herself for millions of years and will do so for many more to come. If you want to put blame anywhere put it on us HUMAN BEINGS, not animals big or small that have roamed this planet without the aid being diapered.

Dinosaurs were extremely big animals - are you trying to tell people that they shouldn't have acted in a natural manner, pooped and peed whenever they needed to?

I just wish people who don't have dogs, cats or any other type of animal would 'SHUT UP' and try to be more understanding. I also wish that people would see that pet owners like myself are sick and tired of having areas taken away from our BELOVED DOGS, so they can be what they are Dogs.

Maeda-San, and I am a DOG.
- Keremeos, BC

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Current Comment

I Take A Look At The 'Secret' Health Plan



Dawn Johnson
editor@thenewsleader.ca

The so-called 'secret' health plan for Princeton area is worth studying. Why it should have been secret is something I don't understand, for surely any health plan affects all of us and we ought to know about it. Having been given two copies of "An Action Framework to sustain an effective health care model for Princeton and surrounding area" (long winded title but that describes what it is about), I began reading.

The action plan begins with describing our problems. Apparently, we rural folk have a shorter lifespan than average for Canadians, our disability rates are higher, we have more chronic disease, and the impact on health of the elderly is negative. I do not know if this refers specifically to Princeton or is a generalized statement. I would guess we have more disabled people here because our rental rates are lower than in the city.

Our other problems are lack of access to continuity of health care from a family physician, lack of access to surgical, obstetrical and specialist services, lack of access to emergency and critical care, difficulties in recruiting, training and retaining staff, fewer available community supports, population spread out, and limited planning and operational capacity to develop networks and partnerships. When we had a real, functioning hospital instead of what we have now, a lot of the problems listed did not exist, did they? We did have surgical and obstetrical services, critical care and emergency services, and we did not have a big problem recruiting and retaining staff. In fact, our medical and nursing staff lived here quite willingly for decades. It was only when our hospital lost its operating room and its obstetric services that we began to lose staff. In a way, this document is an admission that what we had before IHA is not as good as what we have now.

After telling what the problems are now, we learn the aim of this action 'framework' is to "develop and sustain an effective health care model for people living in and around Princeton".

This action plan does not include getting our hospital back. There is a problem of "economies of scale", which means bigger, centralized services are more cost efficient. That concept was challenged in Washington State, where it was proven smaller rural hospitals were more efficient.

The objective of the action plan is to provide us with security and confidence that our health care needs will be met, promote a healthy community, provide effective and honorable retirement for physicians, have a model that attracts staff including residents and medical students, have all the physicians and nurse practitioners at one location, outline accountabilities to and by patients, and finally, pursue best practice, quality and innovation.

Then we come to The Process. In this section the document says "the Vice-President of Community Integrated Services for Interior Health sponsored a process to develop and Action Framework..."

Elements of the process included urgency, a health coalition group comprised of leaders from the Town, Regional District, IHA, the local Division of Family Practice as well as physicians and nurse practitioner. The Lead of the Inter-Divisional Strategic Council is responsible for the development and signing off of the Action Framework (I don't know what this Strategic Council is or does or where it is located.). Leadership will be shared between Community Integrated Health Services and Medicine and Quality portfolios of Interior Health.

The next item in the document states that, between January and May 2013, the media and involved leaders were reporting more hope, more energy and greater trust in the health care system in Princeton.

Successes were itemized, such as committed and energetic leadership, responsible and interested media, community participation, Support our Health Care organizing Princeton Community Consultation, a shared understanding of the complexity of the health care system, a new vision of working collaboratively, commitment of local and IH leaders to work together for the people of Princeton, and having 25 people

included in the development of the Action Framework. Other successes included a commitment of IH to resource community engagement, public relations and communication; a signing bonus to recruit family physicians; current family physicians' commitment to work with incoming family physicians; increased number of volunteers to services such as palliative care; Princeton Arts Council willing to assist in developing a welcoming environment with art displays; agreement between the Town, Regional District, Interior Health and medical staff to build a healthier Princeton in future; investment by the Town and Regional District in accommodation for ER locums; and association with committees related to health care in the South Okanagan and province.

I have no idea why any of this should have been secret!

The Action Framework has a time frame of one year. During the year, the effectiveness of the approach will be measured.

The Action Framework is a model for primary care. The framework discusses physician and nurse practitioner contracts, access to specialist care through transportation of patients and having specialists visit Princeton, specialist care through tele-health, and Rapid Access to Consultative Expertise (RACE) which applies to psychiatric and chronic pain patients.

Although the document is about primary care, in one section it does refer to Princeton as having a hospital, along with a residential care facility (Ridgewood Lodge). There is no indication of providing services no longer available at our 'hospital'. Apparently we will have four new convalescent beds, along with our six acute care beds.

Reliance on ambulance service remains high. Transportation of patients to out of town hospital facilities is built into the plan.

There appears to be some urgency in signing off on this Action Framework, with the three signatories to be Town of Princeton, RDOS and IHA. I do not know why it is urgent nor why the public was not fully informed of the ongoing process by the 25 people involved in creating this Action Framework. Those who created the document will be on the Steering Committee and will have to take full responsibility for the success or failure of the plan.

Similkameen News Leader

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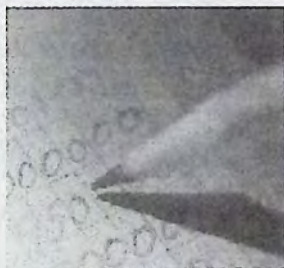
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Similkameen Country Tourist InfoCentre Manager Colleen Christensen, left, presents Jenifer Sparkes with her Tourism/Visitor Information Counsellor Training Program Certificate August 14th. *

Planning committee needs help

The Similkameen Sizzle Planning Committee has dwindled down to just a handful of volunteers. They are currently working on putting together the 12th annual pepper festival, but don't be surprised if the daylong event ends up being scaled down slightly.

The schedule of events has not yet been released pending confirmation on whether or not there will be a pancake breakfast.

There is not going to be a Hot Sauce Contest this year, but all other components of the celebration will still take place.

The Chili Cook-Off requires more entries as does the 'Vendors Alley'

but both of those usually fill up in the final few weeks leading up to the festival. Live entertainment is booked and will include the Corner Turtles, Mat Duffus and The Blackbirds.

New FoodSafe guidelines from Interior Health have added extra work for the Sizzle Planning Committee, but the group is working hard to ensure all food vendors and concession providers will be in compliance with the new regulations.

As is usually the case for non-profit groups, the lack of volunteers was discussed at length during the August 14th Planning

Committee Meeting.

A general call for help will be sent to all Similkameen Country members.

If you are available to assist in any way you are asked to contact Colleen Christensen at Similkameen Country 250-499-5225 or e-mail her at siminio@nethop.net.

Vendor forms are online and can be downloaded from the Sizzle website located at www.gotpeppers.info. Prices and guidelines are also at that site.

The 12th annual Similkameen Sizzle is Saturday, September 21st in Memorial Park, Keremeos.



Frankie spent a good part of the day picking peaches in the orchard at Harker's Organics in Cawston August 14th. *



SCHOOL DISTRICT NO. 58 (Nicola-Similkameen)

Check out our District website at www.sd58.bc.ca or the Distance Education website at www.scides.ca

**SCHOOL BUS SCHEDULE
PRINCETON 2013 - 2014**

Highway 40 OSPREY LAKE			OLD HEDLEY ROAD		
58OL			58OHR		
AM		PM	AM		PM
7:22	Osprey Lake Turnaround	4:10	7:33	Turn around #2607	4:00
7:27	Link Lake Road	4:04	7:38	Davis	
7:28	TeePee Lake Rd	4:01		2508 Old Hedley	3:59
7:30	3820 Hwy 40 (Dodds)	3:59	7:48	Harmon (#1440)	3:48
7:33	3516 Hwy 40 (Crawford)	3:57	7:53	Thair (#1138)	3:46
7:37	Jellico Road	3:54	7:54	Lueke (#1126)	3:45
7:42	2817 Hwy 40	3:50	7:55	McInroy (#112)	3:45
7:43	2803 Hwy 40	3:49	7:56	Johnson (#1092)	3:44
7:44	Pinewood Drive	3:48	7:57	Kent (#1078)	3:44
7:48	2344 Hwy 40	3:46	7:58	Jensen (#1028)	3:43
7:48	2390 Hwy 40	3:45	7:59	Gobel (#1026)	3:43
7:49	2271 Hwy 40	3:44	8:02	Coyne (#556)	3:36
7:52	2104 Hwy 40	3:42	8:04	Adams	3:35
7:53	2042 Hwy 40	3:41	8:05	Caruso (#382)	3:34
7:58	1599 Hwy 40 (Buhler)	3:37	8:06	Dobbs (#357)	3:33
7:58	1597 Hwy 40 (Cromarty)	3:36	8:06	Wharton	3:33
8:01	Baker Hill Road	3:34	8:07	East Princeton	3:32
8:04	1168 Hwy 40	3:30	8:08	E Princeton	
8:07	975 Hwy 40	3:29		Portland Avenue	3:31
8:17	P. S. S.	3:27	8:11	Gould (#310)	3:19
			8:12	Rainbow Lake	3:20
			8:16	Martins Lake	3:23
			8:18	Iron Mtn. Road	3:21
			8:25	P. S. S.	3:15

Highway 3 - EAST		
Bus No. 3580 58H3E		
AM		PM
7:45	Mushroom Farm	3:43
7:48	Sandli (#1269)	3:40
7:50	Old Gravel Pit Turn Around	3:42
8:58	San Ang	3:35
8:00	Taylor's Mill	3:33
8:05	Pine Trailer Park	3:28
8:08	Aspen Street	3:20
8:10	Auburn Playgrnd	3:22
8:15	Vermilion Forks	3:15
8:20	PSS	3:10
8:25	John Allison	3:05

TULAMEEN COALMONT		
Bus No. 3581 58TUL		
AM		PM
7:45	McEwen	3:48
7:50	Tulameen Store	3:52
8:00	Coalmont Store	3:44
8:17	Lind Road	3:28
8:18	206 Coalmont Rd	3:27
8:20	Snowpatch	3:25
8:22	Lions Park	3:20
8:25	PSS	3:15
8:30	Tapton Avenue/Dairy Queen	3:10
8:35	Vermilion Forks	3:05

Highway 5A MERRITT Highway		
58MH		
AM		PM
7:48	Round Lake	3:45
7:51	Gravel Pit	3:40
8:02	#1215	3:28
8:03	7 Mile	3:27
8:05	#1056	3:26
8:08	#866 Old Merritt Hwy	3:24
8:09	Old Merritt Hwy/Belfort Rd.	3:23
8:12	Cedar Creek Rd.	3:21
8:13	#460	3:20
8:14	Bruneau (#423)/Cook (#441)	3:19
8:15	Sunflower Estates	3:18
8:19	P. S. S.	3:05

Highway 3 - WEST		
Bus No. 4581 58H3W		
AM		PM
8:05	Black Mine Road	3:30
8:10	Wright Road	3:35
8:17	Westridge Subdivision	3:27
8:20	Vermilion Forks	3:25
8:25	Tapton Avenue	3:20
8:30	P. S. S.	3:12
8:35	John Allison	3:05

Remember to:
Clip 'n' Save
This Bus Schedule

SD STUDENT REGISTRATION - 2013/14

PRE-REGISTRATION
For students "new" to School District No. 58 (Nicola-Similkameen), the schools are open for pre-registration Monday to Friday, August 26 to August 30, 2013 from 9:00 AM - 11:30 AM and 1:00 - 2:30 PM. Call ahead to confirm.

SCHOOL OPENING
Tuesday, September 3, 2013 - Adjusted Hours: 10:00 AM - 12:00 Noon
Wednesday, September 4, 2013 - Regular School Hours.

SCHOOLS
John Allison Elementary, K - 3 (250-295-6727), Vermilion Forks Elementary, 4 - 7 (250-295-6642), Princeton Secondary School, 8 - 12 (250-295-3218).
The following fees can be paid on the first day:
Activity Fee: \$20.00 (supports student council initiatives and student agendas)
Lock: \$7.00 / Yearbook \$35.00 (It is recommended that you purchase your yearbook at this time as they are often sold out).

THE BRIDGE, Princeton Alternate Education School
148 Old Hedley Road. REGISTRATION DATE: September 3, 2013 - 10:00 AM to 3:00 PM.
For more information call 250-295-3180 or contact: Princeton Secondary School 250-295-3218.

BUS STUDENTS
Please check in the newspaper and with your school for bussing information.
Tuesday, September 3, 2013: Busses will pick up students one hour LATER in the morning, and return students beginning at 12 Noon.
Wednesday, September 4, 2013: Busses begin the regular schedule.

KINDERGARTEN:
To register, a child must be 5 years of age, on or before December 31, 2013. Upon registration, parents will need to bring their child's birth certificate, immunization record, and Care Card. Kindergarten starting dates will be arranged through the school.

STRONGSTART EARLY LEARNING CENTRE - John Allison Elementary
StrongStart is a free, school-based, drop-in early learning program for children from birth to 5 years old and their parents, grandparents or caregivers. Together they share learning experiences and social interactions with other children and adults in a positive and open-ended play environment. Start up date: September 9, 2013.

DISTANCE EDUCATION:
SOUTH CENTRAL INTERIOR DISTANCE EDUCATION (SCIDES) 250-378-4245 or 1-800-663-3536
SCIDES is the distance education school operated by our district that offers programs for Kindergarten through Grade 12 and adult learners, tuition free. Registration is ongoing. For an appointment call 250-378-4245 or 1-800-663-3536.

TRANSPORTATION ASSISTANCE

Families living beyond the regular school bus routes may be eligible for transportation assistance for the 2013/2014 school year and are asked to make application before October 11, 2013 regardless of whether transportation assistance was received in the past. Applications after this date will be approved as of the date the application is received, and will not be retroactive. Please note that parents of kindergarten students who are required to pick their child up or bring them to the school at lunchtime may also qualify. Transportation Assistance forms are available at each school in Princeton.

Parents are reminded that road/weather conditions may cause delays/cancellations to the regular bus run(s). In extreme circumstances, notice of delays will be announced over the local radio station and the school will attempt to contact parents by phone, in order that children do not wait extended time periods at a bus stop.

REGISTRATION OF HOME SCHOOL LEARNERS

PARENT INFORMATION

The School Act states:
"A parent of a child who is required to enroll in an educational program under section 3 (Division 4 - Home Education)
a) may educate the child at home or elsewhere in accordance with this Division, and
b) must provide that child with an educational program.

Registration
A parent of a child who is required under the above section to provide the child with an educational program must register the child on or before September 30 in each year with
a) a school of the parent's choice that is operating in British Columbia,
a.1) if the child is an eligible child, a school referred to in paragraph (a) or (c), or a francophone school of the parent's choice that is operating in the francophone school district in which the parent resides,
a.2) if the child is an immigrant child, a school referred to in paragraph (a) or (c), or a francophone school of the parent's choice that is operating in the francophone school district in which the parent resides but only if the francophone education authority responsible for that school permits the parent to register that child, or
b) ~~REPEALED 2006-21-8, effective June 30/06, BC Reg 195/06~~
c) an independent school operating in British Columbia."

To register or to obtain further information, telephone the school of your choice, or write to the Superintendent of Schools, The Board of Education of School District No. 58 (Nicola-Similkameen), Box 4100, Merritt, B. C., V1K 1B8.

SD SCHOOL DISTRICT NO. 58 (Nicola-Similkameen)

School Calendar for the 2013/2014 School Year
Days in Session 191 - Number of Non-Instructional Days 6

<p>August 26-27, 2013 - Mon/Tue August 28, 2013 - Wednesday September 3, 2013 - Tuesday</p> <p>October 14, 2013 - Monday October 25, 2013 - Friday November 8, 2013 - Friday November 11, 2013 - Monday November 15, 2013 - Friday November 22, 2013 - Friday November 26-27, 2013 - Tue/Wed</p> <p>December 20, 2013 - Friday December 23-January 3, 2014 January 6, 2014 - Monday January 27-31, 2014 February 7, 2014 - Friday February 10, 2014 - Monday February 21, 2014 - Friday March 4-5, 2014 - Tue/Wed</p> <p>March 7, 2014 - Friday March 11-12, 2014 - Tue/Wed</p> <p>March 14, 2014 - Friday March 17-21, 2014 - Mon-Fri March 24-28, 2014 - Mon-Fri March 31, 2014 - Monday April 18, 2014 - Friday April 21, 2014 - Monday April 25, 2014 - Friday May 19, 2014 - Monday June 16-20 & June 23-26, 2014 June 25-26, 2014 June 26, 2014 - Thursday June 27, 2014 - Friday</p>	<p>Summer Institute - (Summer Professional Development Days) School Based Sessions - (Summer Professional Development Day) SCHOOL OPENING School Hours 10:00 AM - 12 Noon (Bus schedule to be adjusted for the first day of school)</p> <p>THANKSGIVING DAY Non-Instructional Day Princeton Secondary First Term Report Cards go home Remembrance Day Statutory Holiday Merritt Secondary First Term Report Cards go home Merritt and Princeton Elementary Report Cards go home All Schools - Shortened Day for Parent/Teacher interviews (Schools closed 1 hour early each day) Last day of school before Winter Break Winter Break SCHOOLS REOPEN Provincial Exams Secondary Schools (Days to vary per secondary school) Princeton and Merritt Secondary School Report Cards go home FAMILY DAY Non-Instructional Day Merritt - Shortened day for Parent/Teacher interviews (Schools closed 1 hour early each day) Merritt and Princeton Elementary Report Cards go home Princeton - Shortened day for Parent/Teacher interviews (Schools closed 1 hour early each day) Last day of school before Spring Break SPRING BREAK In-Lieu Non-Instructional Days (Schools are closed) Good Friday Easter Monday Merritt and Princeton Secondary School Third Term Report Cards go home Victoria Day Provincial Exams Secondary Schools (Days to vary per secondary school) Year End Report Cards go home Last day of classes ADMINISTRATION DAY - SCHOOLS CLOSED</p>
---	--

The minimum hours of instruction: Kindergarten 878.75 (based on 4.75 hours per day x 185 days = 878.75) This includes 25 hours to allow for the gradual entry process at the beginning of the year. Grades 1-7 878.75 hours (based on 4.75 hours per day x 185 days = 878.75) Grades 8-12 980.50 hours (based on 5.30 hours per day x 185 days = 980.50) Which allow for a total of five examination or turn around days per year.

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Princeton

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Billy's Restaurant, The Hut, Sandman Inn, Husky, Chevron,
Quick Pick Grocery, Princeton Mini Mart, News Leader Office

Hedley/Keremeos

Country Store, Hilltop Esso, Valu-Plus Foods, Pharmasave, Fas Gas

IMPORTANT NOTICE

From Alex Atamanenko
your Federal Member of Parliament

Do you need help with a passport?

Do you have a problem with
a federal government service or issue?
Meet with M.P. Constituency Staff
Thursday, August 29th, 2013
And the LAST Thursday of every month

Princeton: 12:00 pm to 3:30 pm

Community Skills Centre, 206 Vermilion

Keremeos: Call 250-498-5353 for appointment

Or 1-800-667-2393

alex.Atamanenko.c1@parl.gc.ca

www.alexatamanenko.ndp.ca or www.alexndp.ca

Posse add McNaughton to staff

The Princeton Posse are pleased to announce the addition of Mark McNaughton to the already exciting new staff of the hockey club. Mark is bringing a sensational background in both hockey and business at the collegiate level and has been added to the Posse staff in roles both on the ice, as Associate Coach, and off the ice, as Liaison to Corporate Partners.

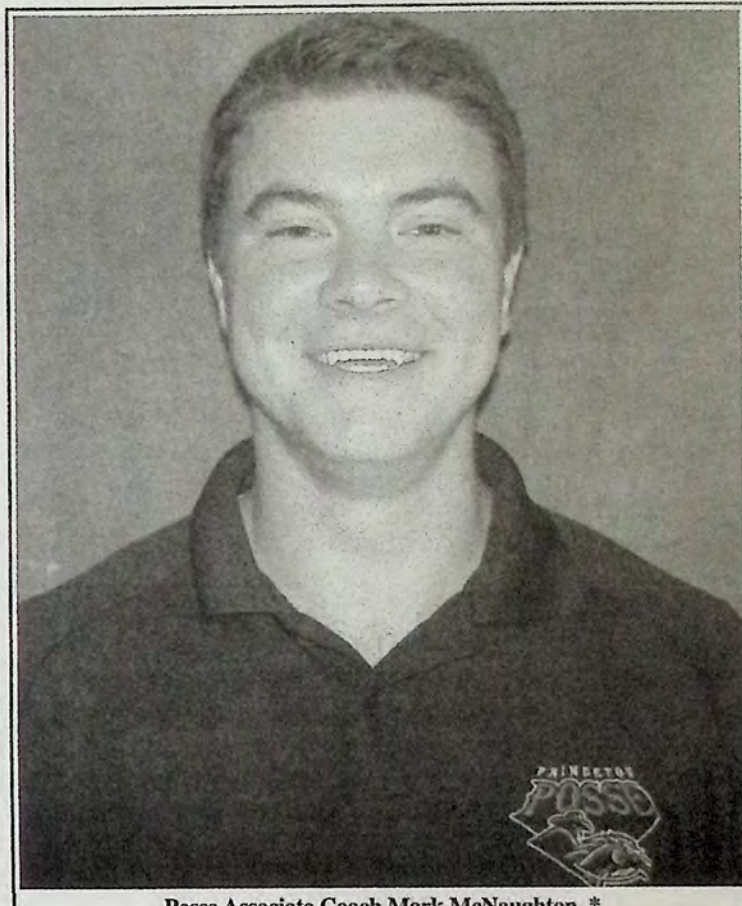
This unique combination of roles means Mark will become a recognizable face in Princeton immediately as he works to continually improve and build relationships with all of the Posse's essential corporate partners and come September, behind the bench as the team embarks on the 2013 season.

"I am thrilled to be joining the Posse team and the community of Princeton, it will undoubtedly be a memorable and challenging ride. Taking on the combination of roles within the organization means I will be out in public a great deal and I could not be happier about the opportunity to interact with the community every day," McNaughton said.

The Posse season starts with a Minor Hockey Camp August 19 to 22, followed by a Posse Junior Prep

Camp August 23 to 25 and the Posse Main Camp August 28 to 30. There will be Red vs. White games

August 29 and 30 with the team's first Exhibition Game set for August 31 in Summerland. - submitted



Posse Associate Coach Mark McNaughton. *

Saddles 'n' Spurs

by Pastor George Donovan

After everyone there had coffee and breakfast, one of the hobos went around trying to collect change. I'm not sure how much they put together but I still had my \$30 in my pocket and I didn't want them to know so I offered nothing and they didn't ask.

The man who collected the money left and about a half hour later he returned with a mickey of whiskey, as happy as can be. They passed it around each taking sips but being the gentlemen they were they said I was too young so I couldn't have a sip - if they only knew how much I didn't want a drink out of that well used bottle!

I hung around with them for some time and then thanked them and headed for the tracks rehearsing my lessons for hopping a freight train. It was still awhile before the train was to come so I figured out what looked like a good distance from the station and could see no railroad police so I just stepped back in the bush so I wouldn't look obvious and waited. Finally the train heading east pulled into the station.

I was getting excited and anxious at the same time. When it started to pull out it was moving very slowly and I could see box car doors open way behind the engine. As the train's speed increased so did my heart beat. As soon as the engine was passed I started to get into position. An empty car passed and the hobos were right - that deck was high! I

would try for the next one.

It was like a relay race, I started running with it before it got to me, as soon as the opening was behind me I threw my pack on and grabbed a hold, jumped and swung on.

Wow! I made it.

It was a little like swinging onto a running horse by the saddle horn, which I had accomplished a long time ago.

..... continued Next Week

Living Past 100

The Benefits of Food Knowledge

Knowing as much as you can about the nutritional value of the foods you eat should be as important as knowing how to cook. Food serves as a basis for our health. If we eat well, that is, if we eat what we really need to maintain health, then we will lay the foundation for a long, healthy life. This does not mean we will never catch a cold or suffer an infection, but it does mean our chances of surviving are hugely increased.

Good nutrition and plenty of physical activity have been shown to build the immune system. There are people who never seem to suffer from any of the colds, flu and other communicable diseases 'going around'. These people are exposed to the same bacteria and viruses as everyone else, but they do not seem to contract the illness. Their immune systems are stronger than average and stop the bacteria or viruses before illness sets in.

Any employer will tell you there are people who take many more sick days from work than others. Some employees seem never to lose a day to illness, while others show up at work with sniffles, coughs, aches and pains and everybody else wishes they had stayed at home.

Knowledge of good nutrition can be obtained in many ways. Probably the best way is to study nutrition information in texts designed for that purpose. Many people use internet to research nutrition, and others read popular books and magazines that deal with nutrition.

There is another concept: food is medicine. Do not discount many of the old treatments for illness, such as mint tea for upset stomach and parsley tea to keep kidneys working well. These are tried and true remedies. However, in serious situations, consult a physician.

Learn all you can about healthy eating and lay the foundation for years of good health.



News Leader Entertainment

Similkameen News Leader TV Guide Listings - August 20 - 26, 2013



Kurtis Bond, left, moves to the Columbia Valley Rockies and Kyle Moore heads to Castlegar Rebels in two deals finalized August 12th by Princeton Posse Head Coach/General Manager Bill Rotheisler. *

Posse trade Bond and Moore

The facelift of the Posse continues as two major deals were struck on Monday, August 12th. The first had the Posse staff completing a deal sending forward Kyle Moore to the Castlegar Rebels in exchange for Braydon Horcoff and James Sorrey, the latter Castlegar originally acquired from Nelson earlier in the day.

The deal, which management says has been in the works for quite some time, provides the new look Posse with players that continue work with the identity the coaches are trying to create. "We sought out these players for very specific reasons, and continue to fit the mould of our team," explained General Manager Bill Rotheisler, "We had multiple discussions about both these players beginning from our very first day on the job".

Horcoff, 19, spent the past two seasons with the Castlegar Rebels who went all four rounds to win the Brent Patterson Memorial Trophy for the KIJHL championship last season, and then went on to represent the KIJHL at the Cyclone Taylor Cup where Horcoff and his teammates would defeat the Comox Valley Glacier Kings, whom coaches Bill Rotheisler and Mark McNaughton were coaches of at the time. During the 2012-2013 season Horcoff put up 14 points in 42 games, and in 13 playoff games he amassed 7 points. "Braydon was a big part of

Castlegar's run, and plays a style of play that is essential for playoff success as I saw first-hand last season at the Cyclone Taylor Cup. He provides good offense, but the intangibles that he brings are invaluable."

Sorrey, 19, has spent the past two seasons with the Nelson Leafs, with multiple rounds of playoff experience over that time. Sorrey was acquired by the Castlegar Rebels earlier in the day at the request of Princeton, as a necessary component to make the deal work. During the past two seasons Sorrey has amassed 30 points, and 25 points respectively.

"Sorrey has been a consistent part of the Nelson Leafs offense over the past two seasons, and he is ready to step in and contribute in a bigger role with the Posse. We spoke with him this morning, and he is prepared to do what is necessary to make this season successful."

In addition to the deal above, the Posse made another big move August 12th sending Kurtis Bond to the Columbia Valley Rockies in exchange for River Lafferty and Future Considerations. Bond, 20, had been speculated to be on the move all summer but it took until just recently to finalize the deal. In return, the Posse get a player who's first game in junior, as an affiliate player, was in a Posse uniform. In addition, the Posse get a generous future considerations package that

will certainly help keep the Posse organization strong in upcoming years.

"River is a very hard working, character player that we were fortunate to get as part of this deal. We gave up a very talented player, but River's commitment and 'buy-in factor' was the difference in this trade. Being close to home and in the tight confines of the Princeton & District Arena, this is going to be a good year for River."

Rotheisler recognized both Kurtis Bond and Kyle Moore in a statement. "We sincerely thank Kurtis and Kyle for their contributions to the Posse over their time here. To say that they were big contributors on the team would be an understatement. They are both going to other organizations where there is a strong potential of going deep in the playoffs, and overall organizations with quality reputations. We wish them the best in their next chapter."

Posse fans will get their first opportunity to see the new Posse when the regular season starts at home on September 13, 2013. In addition, The Posse have exhibition games at home on September 7 and 8, and in Summerland on August 31.

Posse's main camp opens on August 28th, while holding Red & White Game's on August 29th and 30th at the Princeton & District Arena. More information at www.princetonposse.org.

Princeton Posse

2013/14

Clip 'n' Save Game Schedule

Similkameen

News Leader

Date	Time	Away	Home
Exhibition Season			
Sat Aug 31	7:30 PM	Princeton @	Summerland
Sat Sep 7	7:00 PM	100 Mile House @	Princeton
Sun Sep 8	2:00 PM	Grand Forks @	Princeton
Regular Season			
Fri Sep 13	7:00 PM	Kelowna @	Princeton
Sat Sep 14	7:00 PM	N Okanagan @	Princeton
Wed Sep 18	7:35 PM	Princeton @	Osoyoos
Fri Sep 20	7:00 PM	Kamloops @	Princeton
Sat Sep 21	7:00 PM	Princeton @	Kelowna
Sun Sep 22	3:00 PM	Princeton @	N Okanagan
Fri Sep 27	7:30 PM	Princeton @	Summerland
Sun Sep 29	2:00 PM	Osoyoos @	Princeton
Fri Oct 4	7:00 PM	Kelowna @	Princeton
Sat Oct 5	7:00 PM	Summerland @	Princeton
Fri Oct 11	7:35 PM	Princeton @	Osoyoos
Sat Oct 12	7:00 PM	Sicamous @	Princeton
Tue Oct 15	7:00 PM	Princeton @	Kelowna
Sat Oct 19	7:00 PM	Spokane @	Princeton
Fri Oct 25	7:00 PM	Revelstoke @	Princeton
Sun Oct 27	2:00 PM	Kelowna @	Princeton
Sat Nov 2	5:00 PM	Summerland @	Princeton
Sun Nov 3	3:00 PM	Princeton @	N Okanagan
Fri Nov 8	7:00 PM	Princeton @	Nelson
Sat Nov 9	7:00 PM	Princeton @	Castlegar
Fri Nov 15	7:00 PM	Nelson @	Princeton
Sat Nov 16	7:00 PM	Beaver Valley @	Princeton
Sun Nov 17	5:00 PM	Princeton @	Kamloops
Fri Nov 22	7:00 PM	Princeton @	Kelowna
Sat Nov 23	7:30 PM	Princeton @	Summerland
Wed Nov 27	7:00 PM	Osoyoos @	Princeton
Fri Nov 29	7:00 PM	100 Mile House @	Princeton
Fri Dec 6	7:00 PM	Princeton @	N Okanagan
Sat Dec 7	7:00 PM	Castlegar @	Princeton
Fri Dec 13	7:00 PM	Princeton @	Chase
Sat Dec 14	7:00 PM	Princeton @	Sicamous
Sun Dec 15	2:00 PM	Princeton @	Revelstoke
Wed Dec 18	12 Noon	Osoyoos @	Princeton
Fri Dec 20	7:00 PM	Kelowna @	Princeton
Wed Jan 1	2:00 PM	N Okanagan @	Princeton
Fri Jan 3	7:30 PM	Princeton @	Summerland
Sat Jan 4	7:35 PM	Princeton @	Osoyoos
Tue Jan 7	7:00 PM	Summerland @	Princeton
Fri Jan 10	7:00 PM	Princeton @	Grand Forks
Fri Jan 17	7:30 PM	Princeton @	Beaver Valley
Sat Jan 18	7:00 PM	Princeton @	Spokane
Fri Jan 24	7:30 PM	Princeton @	Summerland
Sat Jan 25	7:00 PM	N Okanagan @	Princeton
Fri Jan 31	7:00 PM	Princeton @	100 Mile House
Sun Feb 2	3:00 PM	Princeton @	N Okanagan
Tue Feb 4	7:00 PM	Princeton @	Kelowna
Fri Feb 7	7:00 PM	Osoyoos @	Princeton
Sun Feb 9	2:00 PM	Chase @	Princeton
Wed Feb 12	7:35 PM	Princeton @	Osoyoos
Fri Feb 14	7:00 PM	N Okanagan @	Princeton
Sat Feb 15	7:00 PM	Summerland @	Princeton
Sat Feb 22	7:00 PM	Grand Forks @	Princeton

Tuesday Movies

AFTERNOON

5:00 pm TSN ch.19 "Rudy" (1993, Drama) Sean Astin. With heart and determination an Illinois youth tackles shortcomings to play Notre Dame football. (CC)

EVENING

9:00 pm KNOW ch.5 "Amos Oz: The Nature of Dreams" (2009, Documentary) The life and work of the Israeli author.

9:30 pm WTBS ch.3 "1408" (2007, Horror) John Cusack. A writer who specializes in debunking supernatural phenomena experiences true terror when he spends a night in a

reputedly haunted room of a hotel.

10:15 pm KNOW ch.5 "Sayed Kashua: Forever Scared" (2009, Documentary) Shunned by Arabs and Jews, Sayed has nowhere to turn.

11:30 pm WTBS ch.3 "Larry the Cable Guy: Health Inspector" (2006, Comedy) Larry the Cable Guy. An uncouth health inspector and his new partner probe an outbreak of food poisonings in the city's ritziest restaurants.

Prince Town 1826-1926

Prince Town 1826 - 1926

W. George Elliott

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From Fur Traders to Miners to the Railroad

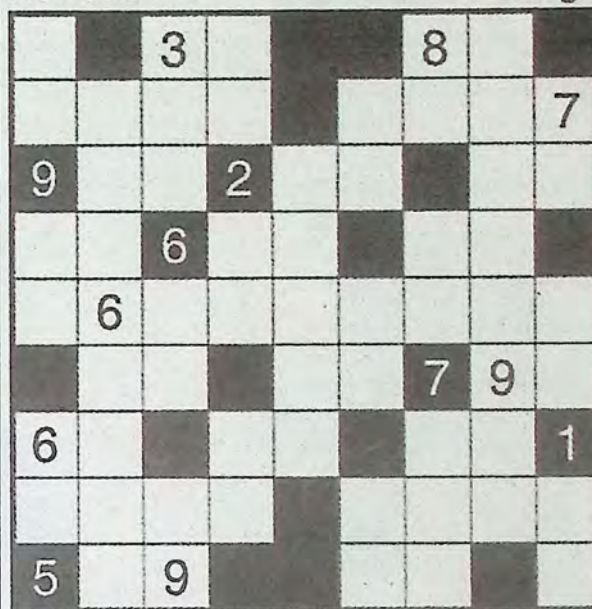
News Leader Str8ts

STR8TS

No. 139

Tough

Previous solution - Medium



How to beat Str8ts - Like Sudoku, no single number can repeat in any row or column. But... rows and columns are divided by black squares into compartments. These need to be filled in with numbers that complete a 'straight'. A straight is a set of numbers with no gaps but can be in any order, eg [4,2,3,5]. Clues in black cells remove that number as an option in that row and column, and are not part of any straight. Glance at the solution to see how 'straights' are formed.

You can find more help and strategies at www.str8ts.com along with more puzzles, Apple apps and books.

THIS WEEK'S
News Leader Str8ts
SOLUTION WILL APPEAR
IN NEXT WEEK'S ISSUE

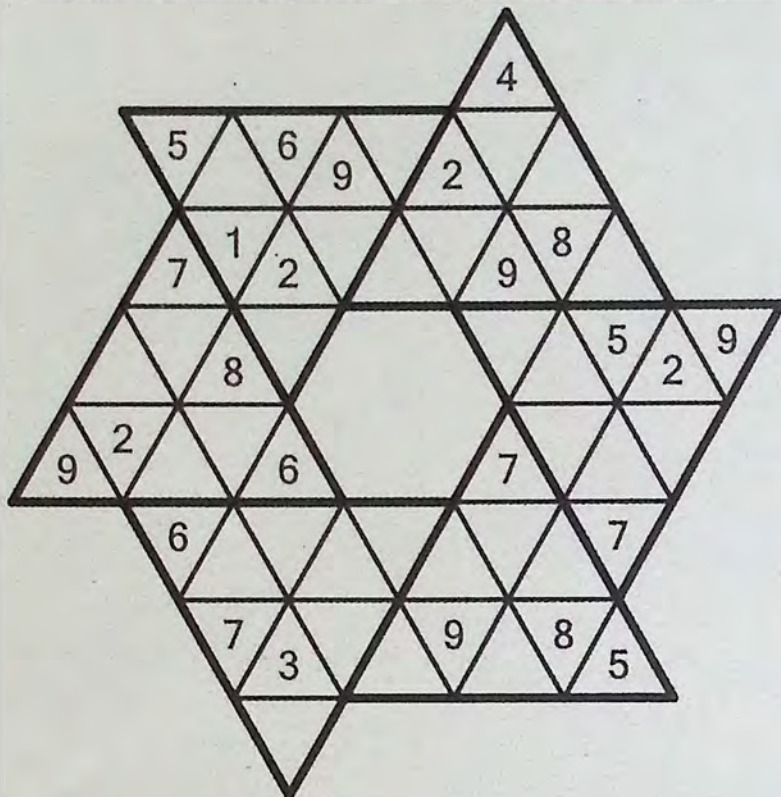
TUESDAY, AUGUST 20, 2013

	WTBS ch.3	CHBC ch.4	KNOW ch.5	KSPS ch.6	KHQ ch.7	KREM ch.8	A&E ch.9	KXLY ch.10	BCTV ch.11	CITY ch.12	CBC ch.13	YTV ch.18	TSN ch.19	VTV ch.22	DISC ch.24	FAM ch.26	CITY ch.29	SPIKE ch.44	TROP ch.45
6 AM	In the Heat of the Night	Morning News (N) 88	To School G. Shrinks	Thomas Clifford	KHQ News GAM (N)	KREM 2 Morning News	Criminal Minds 88	News	Morning News (N) 88	(5:00) Morning News (N)	CBC News Now (N) 88	Being Ian	SportsCentre	CTV Morning Live (N) 88	Mighty Planes 88	Stella-Sam Mickey	CityLine (N) 88	Tenants	Canadian Pickers 88
7 AM	Justice	Justice	Arthur 88 Magie Bus	Arthur Martha	Today The Today Book Club; Mark Bittman. (N) 88	CBS This Morning (N) 88	Criminal Minds 88	Good Morning America (N) 88			Tiger Monster	Rescue Super Evil	SportsCentre		Highway Thru Hell	Never Land Hannah	Let's Make a Deal 88	Tenants	Earth: Final Conflict 88
8 AM	Judge Alex	Judge Alex	Tre Fu Dinosaur	Curious Cat in the			CSI: Miami 88			Morning Huntley	Bo On/Go Busytown	Sidekick Beyblade	SportsCentre		Backyard Backyard	Suite/Deck Suite/Deck	The Price Is Right (N)	Tenants	Canadian Pickers 88
9 AM	Millionaire	Morning Huntley	WordWorld Peep, Big	Super Why! Dinosaur		The 700 Club 88	CSI: Miami 88	LIVE! Kelly and Michael	Morning Huntley	The Doctors 88	Super Why! Cat in the	Pokémon Storm	SportsCentre	LIVE! Kelly and Michael	Licence to Drill	Wizards Wizards	Access Hollywood Live	Tenants	Canadian Pickers 88
10 AM	Law Order: CI	The Doctors 88	Dinosaurs Rolie Polie	Sesame Street 88 (E)		The Price Is Right (N)	Criminal Minds 88	The View 88	The Doctors 88	Chef/Home Debt/Part	Bookaboo Doodlebob	Squirrel Super Evil	NHRA Drag Racing: Lucas Oil Nationals. From Brainerd, Minn. (Taped) 88	The View 88	How/Made How/Made	ANT Farm ANT Farm	The Chew 88	Tenants	Gold Girls
11 AM	Law Order: CI	Chef/Home Debt/Part	Berenstain Big Bear	Tiger Sit & Be Fit	Judge B. Judge B.	Young & Restless	Criminal Minds 88	Paid Prog. Paid Prog.	Chef/Home Debt/Part	Noon News Hour (N)	Steven and Chris 88	Super Evil Kid vs. Kat	SportsCentre	Marilyn Denis	Mighty Planes "Trump"	Shake It Shake It	General Hospital (N) 88	Tenants	3's Co.
12 PM	Excused	Noon News Hour (N)	Dino Dan Rob Robot	Charlie Rose (N) 88	HOPE FIT Paid Prog.	News Bold	The First 48 88	The Chew 88	Noon News Hour (N)	Days of our Lives (N)	CBC News Now (N) 88	Kid vs. Kat Team		CTV News (N) 88	Mighty Ships 88	Austin Austin	CityLine 88	Tenants	Carey
1 PM	There Yet?	Days of our Lives (N)	Clifford Miss BG	Painting Quitting	Days of our Lives (N)	The Talk 88	The First 48 88	General Hospital (N) 88	Days of our Lives (N)	The Talk 88	Heartland "Passages"	Rated A Rated A	SportsNation (N) 88	Anderson Live 88	Backyard Backyard	Jessie 88 Jessie 88	Katie 88	Tenants	3rd Rock
2 PM	King	The Talk 88	Lilly Dinosaur	Barney WordWorld	Katie 88	Let's Make a Deal 88	The First 48 88	The Jeff Probst Show	The Talk 88	The Rick Lake Show	Steven and Chris 88	Almost Super Evil	Off Record Top 10	Dr. Phil 88	Shred! Shred!	Good Luck Good Luck	CityNews at 5 (N) 88	Ink Master 88	Roseanne
3 PM	The Office	The Rick Lake Show	Rob Robot Jungle B'k	Sid WordGirl	Ellen DeGeneres Show	Dr. Phil 88	Storage Storage	Rachael Ray 88	The Rick Lake Show	Young & Restless	Recipes Stefano	Sidekick Squirrel	SportsCentre (N) 88	The Dr. Oz Show 88	How/Made How/Made	Shake It Shake It	CityNews at 6 (N) 88	Ink Master 88	Canadian Pickers 88
4 PM	Big Bang	Young & Restless	G. Shrinks Arthur 88	Wild Kratts Electric	Jdg Judy Jdg Judy	The Dr. Oz Show 88	Storage Storage	The Doctors 88	Young & Restless	Early News Global Nat.	Dragons' Den 88	Parents Parents	Hockey Top 10	Ellen DeGeneres Show	Licence to Drill	Shake It Shake It	How I Met 30 Rock	Ink Master 88	Canadian Pickers 88
5 PM	Browns	News (N) 88	Martha Wild Kratts	News Business	News NBC News	News CBS News	Storage Storage	News ABC News	Early News Global Nat.	(4:59) News Hour (N)	News News	Parents Parents	Movie: *** "Rudy" (1993) Sean Astin. 88	CTV News at Five (N)	How/Made How/Made	Shake It Shake It	Rules Seed 88	Ink Master 88	Canadian Pickers 88
6 PM	Browns	Global Nat.	Animals Dogs/Jobs	PBS News-Hour (N) 88	News Millionaire	KREM 2 News at 6 (N)	Storage Storage	News News	(5:59) News Hour (N)	ET Canada	News Mercer	ICarly 88 Boys		CTV News (N) 88	Ice Cold Gold (N) 88	Good Luck Good Luck	America's Got Talent Twelve acts perform. (N)	Ink Master 88	Canadian Pickers 88
7 PM	Seinfeld 88	Ent ET Canada	Be the Creature	The Life of Muhammad	Jeopardy! Wheel	Inside Ed. Access H.	Barter Kings (N) 88	Ent Insider	Ent ET Canada	Elementary "M." 88	George S Coronation	Babysitting Zink'd! 88	SportsCentre (N) (Live)	Big Bang etalk (N)	Loaded (N)	Good Luck	Ink Master (N) 88	Canadian Pickers 88	
8 PM	Family Guy	NCIS "Shiva" 88	The Minotaur's Island	The Life of Muhammad	Hollywood Game Night	NCIS "Shiva" 88	(8:01) Barter Kings 88	Extreme Weight Loss "Ashley" (N) 88	NCIS "Shiva" 88	NCIS "Shiva" 88	Mercer 22 Minutes	Splatatlot Zink'd! 88	Off Record	So You Think You Can Dance (N Same-day Tape)	River Monsters 88	Good Luck Good Luck	CityNews-Tonight (N)	Tattoo	Debt/Part ET Canada
9 PM	Amer. Dad	NCIS: Los Angeles	"Amos Oz: The Nature"	The Life of Muhammad	America's Got Talent Twelve acts perform. 88	NCIS: Los Angeles	Storage	Storage	NCIS: Los Angeles	NCIS: Los Angeles	Arctic Air 88 (DVS)	Wipeout Canada 88	Amazing Race	Ice Cold Gold 88	Wingin' It	Jimmy Kimmel Live (N)	Ink Master 88	3's Co.	
10 PM	Movie: *** "1408" (2007) John Cusack.	Elementary "M." 88	"Sayed Kashua"	Moyers & Company 88	Person of Interest 88	Storage	Storage	Body of Proof 88	Elementary "M." 88	News Hour Final (N)	The National (N) 88	Prank Ptrl Prank Ptrl	SportsCentre (N) 88	Saving Hope (N) 88	Loaded Loaded	Lizzie So Raven	Mauri (N) 88	Ink Master 88	Carey
11 PM	"Larry"	CHBC News: Final (N)	(11:10) Be the Creature	Charlie Rose (N) 88	News Jay Leno	News Letterman	(11:01) Barter Kings	News J. Kimmel	News Hour Final (N)	ET Canada	CBC News George S	Weird Splatatlot	SportsCentre 88	News-Lisa CTV News	How/Made	Cory Princess	Paid Prog. EP Daily	Tattoo	3rd Rock

News Leader Sudoku 468

HOSHI SUDOKU - About The Puzzle

Sudoku - also known as "Number Place" - is a logic-based, combinatorial number-placement puzzle. The aim of Sudoku is to enter a number from 1 through 9 in each cell of a grid, most frequently a 9x9 grid made up of 3x3 subgrids. Each row, column and region must contain only one instance of each number. This Sudoku variant is called "Hoshi Sudoku". It contains six large triangles. The numbers 1 to 9 must be placed into the cells of each large triangle. Every line of any length - even uncontinuous - must contain every number not more than once.



www.sudoku-puzzles.net

THIS WEEK'S SOLUTION: Page 20

Wednesday Movies

MORNING

9:00 am SPIKE ch.44 "Doom" (2005, Science Fiction) The Rock. Soldiers use heavy firepower to battle mutants at a high-tech research facility on Mars. (In Stereo)

job, a single mother takes her brood to Georgia for her father's funeral and meets his uproarious clan for the first time.

11:30 pm WTBS ch.3 "Miracle at Oxford" (1996, Docudrama) Johan Leysen. Tension and discord surround members of Oxford's rowing team as they train to avenge an embarrassing loss to Cambridge.

EVENING

9:30 pm WTBS ch.3 "Meet the Browns" (2008, Comedy-Drama) Tyler Perry. Soon after losing her

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WEDNESDAY, AUGUST 21, 2013

	WTBS ch.3	CHBC ch.4	KNOW ch.5	KSPS ch.6	KHQ ch.7	KREM ch.8	A&E ch.9	KXLY ch.10	BCTV ch.11	CITY ch.12	CBC ch.13	YTV ch.18	TSN ch.19	VTV ch.22	DISC ch.24	FAM ch.26	CITY ch.29	SPIKE ch.44	TROP ch.45
6 AM :30	In the Heat of the Night	Morning News (N)	To School	Builder	KHQ News 6AM (N)	KREM 2 Morning News	Criminal Minds	News	Morning News (N)	(5:00) Morning News (N)	CBC News Now (N)	Being Ian	SportsCentre	CTV Morning Live (N)	Don't Drive Here	Stella-Sam	CityLine (N)	Tattoo	Weird or What?
7 AM :30	Justice		G. Shrinks	Clifford												Mickey		Ways Die	
8 AM :30	Judge Alex		Arthur	Arthur	Today The professionals; medical questions. (N)	CBS This Morning (N)	Criminal Minds	Good Morning America (N)											
9 AM :30	Judge Alex		Magic Bus	Martha															
10 AM :30	Millionaire	Morning	Tree Fu	Curious			CSI: Miami												
11 AM :30	Millionaire	Huntley	Dinosaur	Cat In the Hat															
12 PM :30	Law Order: CI	The Doctors	Dinosaurs	Sesame Street															
1 PM :30	Law Order: CI	Chef/Home	Berenstein	Tiger	Judge B.	Young & Restless	Criminal Minds	I Hate My Hair!	Chef/Home	Noon News Hour (N)	Steven and Chris	Super Evil	PGA Tour: FedEx	Marilyn Denis	Mayday	Shake It	General Hospital (N)	Deadliest Warrior	3's Co.
2 PM :30	Excused	Noon News Hour (N)	Dino Dan	Charlie Rose	Paired Prog.	News	The First 48	The Chew	Noon News Hour (N)	Days of our Lives (N)	CBC News Now (N)	Kid vs. Kat	Numbers Never Lie (N)	Ice Cold Gold	Austin	CityLine	Deadliest Warrior	70s Show	
3 PM :30	There Yet?	Days of our Lives (N)	Clifford	Oil Painting	Days of our Lives (N)	The Talk	The First 48	General Hospital (N)	Days of our Lives (N)	The Talk	Republic of Doyle	Rated A	SportsNation (N)	Anderson Live	Loaded	Jessie	Katlo	Deadliest Warrior	3rd Rock
4 PM :30	King	The Talk	Lilly	Barney	Katie	Let's Make a Deal	The First 48	The Jeff Probst Show	The Talk	The Ricd Lake Show	Steven and Chris	Almost	Off Record	Dr. Phil	River Monsters	Good Luck	CityNews at 5 (N)	Cops	Roseanne
5 PM :30	King		Dinosaur	WordWorld								Super Evil	Top 10			Good Luck	CityNews at 6 (N)	Cops	Roseanne
6 PM :30	The Office	The Rick Lake Show	Rob Robot	Sid	Ellen DeGeneres Show	Dr. Phil	The First 48	Rachael Ray	The Rick Lake Show	Young & Restless	Recipes	Sidekick	SportsCentre (N)	The Dr. Oz Show	How/Made	Good Luck	CityNews at 6 (N)	Cops	Weird or What?
7 PM :30	The Office		Jungle B'k	WordGirl							Stefano	Squirrel			How/Made	Good Luck		Cops	Weird or What?
8 PM :30	Big Bang	Young & Restless	G. Shrinks	Wild Kratts	Jdg Judy	The Dr. Oz Show	Duck D.	The Doctors	Young & Restless	Early News	Dragons' Den	SpongeBob	Hockey	Ellen DeGeneres Show	Mighty Planes	Good Luck	How I Met	Cops	Weird or What?
9 PM :30	Big Bang		Arthur	Electric	Jdg Judy		Duck D.			Global Nat.		SpongeBob	Top 10		Good Luck	30 Rock	Cops		
10 PM :30	Browns	News (N)	Martha	News	News	News	Duck D.	News	Early News	(4:59) News Hour (N)	News	SpongeBob	World Series	CTV News at Five (N)	Don't Drive Here	Good Luck	America's Got Talent	Cops	Weird or What?
11 PM :30	Payne		Wild Kratts	Business	NBC News	CBS News	Duck D.	ABC News	Global Nat.		News	SpongeBob				Good Luck	Charlie	Cops	Weird or What?
12 PM :30	Browns	Global Nat.	Animals	PBS News-Hour (N)	Millionaire	KREM 2 News at 6 (N)	Duck Dynasty	News	(5:59) News Hour (N)	ET Canada	News	Victorious	World Series	CTV News (N)	Don't Drive Here	Austin	America's Got Talent	Cops	Weird or What?
1 PM :30	Seinfeld	Ent	Frontiers of Nature (DVS)	Jeopardy!	Inside Ed.	Duck D.	Ent	Ent	(7:01) Camp (N)	George S	Babysitting	SportsCentre (N) (Live)	Big Bang	Myth-Busters	Austin	Mod Fam	Fight Master	Weird or What?	
2 PM :30	Seinfeld	ET Canada		Wheel	Access H.	Dads	Insider	ET Canada		Coronation	Zink'd		etalk (N)		Austin	Cougar			
3 PM :30	Family Guy	Big Brother (N)	Mekong: Soul of a	NOVA (DVS)	America's Got Talent	Big Brother (N)	Dads	The Middle	Big Brother (N)	Big Brother (N)	Dragons' Den	Splatat	MasterChef (N)	Loaded	Austin	CityNews-Tonight (N)	Deadliest Warrior	Debt/Part	
4 PM :30	Family Guy						Duck D.	Last Man				Zink'd		Loaded	Austin			ET Canada	
5 PM :30	Amer. Dad	Divorced	Jazz Bebop eclipses big-band sound.	NOVA (DVS)	America's Got Talent	Criminal Minds	Duck D.	Mod Fam	Divorced	Divorced	Republic of Doyle	Wipeout	Top 10	Don't Drive Here	Wingin' It	Jimmy Kimmel Live (N)	Deadliest Warrior	3's Co.	
6 PM :30	Movie: "Meet the Browns" (2008)	(10:01) Camp (N)		Designing Healthy	(10:01) Camp (N)	CSI: Crime Scene	(10:01) Duck Dynasty	ABC's The Lookout	(10:01) Camp (N)	News Hour Final (N)	The National (N)	Prank Ptri	SportsCentre (N)	The Listener (N)	Don't Drive Here	Lizzie	Maury (N)	Deadliest Warrior	70s Show
7 PM :30							Duck D.	Neighbors	Divorced	Divorced		Prank Ptri			So Raven			Ways Die	70s Show
8 PM :30		CHBC News Final (N)	Frontiers of Nature (DVS)	Charlie Rose (N)	News	News	Duck D.	News	News Hour Final (N)	ET Canada	CBC News	Weird	SportsCentre	News-Lisa	Myth-Busters	Cory	Paid Prog.	Ways Die	3rd Rock
9 PM :30				Jay Leno	Letterman	Dads	J. Kimmel			J. Probst	George S	Splatat		CTV News		Princess	Paid Prog.	Ways Die	3rd Rock

48th Annual Princeton & District AGRICULTURAL FAIR

**Saturday & Sunday
August 24 & 25, 2013**



PRINCETON EXHIBITION GROUNDS (SUNFLOWER DOWNS)

- Concession
- Refreshment Garden
- Exhibits
- First Nations Exhibits
- Musicians
- Demonstrations
- Junior Fair
- Kids Play Area
- *Mat Duffus*
- Marron Valley Drill Team
- Livestock Displays
- Vendors
- Scarecrow Contest
- Bingo
- Horseshoe Tournament
- Bike Parade
- Pet Parade

****SUNDAY AUCTION****

**Entries & Registration for
the Fair:**

**Thursday, August 22
from 4 p.m. - 7 p.m.**

**Friday, August 23
from 2 p.m. - 7 p.m.**

**Featuring:
LITTLE
BRITCHES
RODEO**

LASER TAG



Gates open at 9:00 am daily.

Pancake Breakfast served until 10:30 am.

**Come dance to some fantastic music on Saturday night
provided by**



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Herb Castle's centre ice logo for the 2013/14 Princeton Posse KIJHL Season features horses. This is how it looked near completion late August 12th. The Posse will host two camps this week (Minor Hockey August 19-22 and Posse Junior Prep August 23-25), with the Posse Main Camp set to run from August 28-30. *

Thursday Movies

MORNING

6:30 am SPIKE ch.44 "Robin Hood" (2010, Adventure) Russell Crowe. In 13th-century England, a skilled archer and his men confront a despot in a local village and set out to prevent their homeland from erupting in civil war. (In Stereo)

Drama) Kathy Bates. Secrets and scandals test the friendship of a wealthy socialite and a working-class woman, upsetting both their families.

11:30 pm WTBS ch.3 "Tyler Perry's Why Did I Get Married Too?" (2010, Comedy-Drama) Tyler Perry. While on vacation in the Bahamas, the unexpected arrival of an ex-husband causes some longtime friends to examine their own marriages.

EVENING

9:30 pm WTBS ch.3 "Tyler Perry's the Family That Preys" (2008,

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THURSDAY, AUGUST 22, 2013

	WTBS ch.3	CHBC ch.4	KNOW ch.5	KSPS ch.6	KHQ ch.7	KREM ch.8	A&E ch.9	KXLY ch.10	BCTV ch.11	CITY ch.12	CBC ch.13	YTV ch.18	TSN ch.19	VTV ch.22	DISC ch.24	FAM ch.26	CITY ch.29	SPIKE ch.44	TROP ch.45
6 AM	In the Heat of the Night	Morning News (N)	To School	Thomas	KHQ News 6AM (N)	KREM 2 Morning News	Criminal Minds (N)	News	Morning News (N)	(5:00) Morning News (N)	CBC News Now (N)	Being Ian	SportsCentre	CTV Morning Live (N)	Nerve Center	Stella-Sam Mickey	CityLine (N)	Auction	SugarStars
7 AM	Justice	Justice	Arthur (N)	Arthur	Today Bergdorf Goodman's personal shopper. (N)	CBS This Morning (N)	Criminal Minds (N)	Good Morning America (N)			Tiger	Rescue	SportsCentre		Licence to Drill	Never Land Hannah	Let's Make a Deal	Movie: "Robin Hood" (2010, Adventure)	Earth: Final Conflict (N)
8 AM	Judge Alex	Judge Alex	Tree Fu	Curious	Dinosaur	CSI: Miami			Morning	Bo On/Go	Slidekick	Slidekick	SportsCentre	Highway Thru Hell	Suite/Deck	Suite/Deck	The Price Is Right (N)	Russell Crowe, Cate Blanchett. (N)	Four Weddings Canada
9 AM	Millionaire	Morning	WordWorld	Super Why!		The 700 Club (N)	CSI: Miami	Livel Kelly and Michael	Morning	The Doctors	Super Why!	Pokémon	SportsCentre	Livel Kelly and Michael	Pyros "It Ain't Cricket"	Wizards	Access Hollywood Live		SugarStars
10 AM	Law Order: CI	The Doctors (N)	Dinosaurs	Sesame Street (E)		The Price Is Right (N)	Criminal Minds (N)	The View (N)	The Doctors (N)	Chef/Home	Bookaboo	Squirrel	NASCAR Racing	The View (N)	How/Made	ANT Farm	The Chew (N)	Ways Die	Gold Girls
11 AM	Law Order: CI	Chef/Home	Berenstain	Tiger	Judge B.	Young & Restless	Criminal Minds (N)	Paid Prog.	Chef/Home	Noon News Hour (N)	Steven and Chris	Super Evil	Amazing Race	Marilyn Denis	Pyros "Congo"	Shake It	General Hospital (N)	Ways Die	3's Comp.
12 PM	Excused	Noon News Hour (N)	Dino Dan	Charlie Rose (N)	Stop Pain	News	The First 48 (N)	The Chew (N)	Noon News Hour (N)	Days of our Lives (N)	CBC News Now (N)	Kid vs. Kat	Golf: Canadian Women's	CTV News (N)	Don't Drive Here	Austin	CityLine (N)	Ways Die	Frasler (N)
1 PM	There Yet?	Days of our Lives (N)	Clifford	Painting	Days of our Lives (N)	The Talk (N)	The First 48 (N)	General Hospital (N)	Days of our Lives (N)	The Talk (N)	Republic of Doyle	Rated A	Open: First Round. (N) (Live)	Anderson Live (N)	Don't Drive Here	Jessie	Katie (N)	Ways Die	3rd Rock
2 PM	King	The Talk (N)	Lilly	Barney	Katie (N)	Let's Make a Deal	The First 48 (N)	The Jeff Probst Show	The Talk (N)	The Ricki Lake Show	Steven and Chris	Almost		Dr. Phil (N)	Myth-Busters (N)	Good Luck	CityNews at 5 (N)	Cops	Roseanne
3 PM	The Office	The Ricki Lake Show	Rob Robot	Sid	Ellen DeGeneres Show	Dr. Phil (N)	The First 48 (N)	Rachael Ray (N)	The Ricki Lake Show	Young & Restless	Recipes	Slidekick	SportsCentre (N)	The Dr. Oz Show	How/Made	Wizards	CityNews at 6 (N)	Cops	Four Weddings Canada
4 PM	Big Bang	Young & Restless	G. Shrinks	Wild Kratts	Jdg Judy	The Dr. Oz Show	The First 48 (N)	The Doctors (N)	Young & Restless	Early News	Dragons' Den (N)	Parents	CFL Pro	Ellen DeGeneres Show	How/Made	Wizards	30 Rock	Cops	SugarStars
5 PM	Browns	News (N)	Martha	News	News	News	The First 48 (N)	News	Early News	(4:59) News Hour (N)	News	Parents	Football: BC Lions at Montreal Alouettes. (N) Subject to Blackout	CTV News at Five (N)	Fast N' Loud (N)	Wizards	America's Got Talent	Cops	Eat St. (N)
6 PM	Browns	Global Nat.	Animals	PBS News-Hour (N)	News	KREM 2 News at 6 (N)	After the First 48 (N)	News	(5:59) News Hour (N)	ET Canada	News	Mr. Young		CTV News (N)	Fast N' Loud (N)	Dog	Person of Interest (N)	IMPACT Wrestling (N) (Live)	Eat St. (N)
7 PM	Seinfeld (N)	Ent	Ancient Clues	Uncharted Territory (N)	Jeopardy!	Inside Ed.	Panic 9-1-1 (N)	Ent	Ent	(7:01) Roolde Blue (N)	George S	Babysitting		Big Bang	Sons of Guns (N)	Dog	Murdoch Mysteries		Eat St. (N)
8 PM	Family Guy	Glee "Lights Out" (N)	Extraordinary Journey	New Tricks (N)	America's Got Talent	Big Bang	(8:01) Panic 9-1-1 (N)	Wipeout (N)	Glee "Lights Out" (N)	Glee "Lights Out" (N)	The Nature of Things	Splatalot		Big Bang	Shred!	Dog	CityNews-Tonight (N)	Deadliest Warrior	Debt/Part
9 PM	Amer. Dad	(9:01) Big Brother (N)	Tupperware!	Inspector George Gently	Hollywood Game Night	(9:01) Big Brother	(9:01) The First 48 (N)	Motive "Brute Force"	(9:01) Big Brother (N)	(9:01) Big Brother	Doc Zone (DVS)	Wipeout Canada (N)	Score Golf Television	Motive "Brute Force"	Fast N' Loud (N)	Wingin' It	Jimmy Kimmel Live (N)	Deadliest Warrior	3's Comp.
10 PM	"Tyler Perry's the Family That Preys"	(10:01) Rookie Blue (N)	Glowing in the Dark	Healthy	Hollywood Game Night	Elementary "M."	After the First 48 (N)	(10:01) Rookie Blue (N)	(10:01) Rookie Blue (N)	(10:01) Rookie Blue (N)	The National (N)	Prank Ptri	SportsCentre (N)	Hollywood Game Night	Fast N' Loud (N)	Lizzie	Maury (N)	Deadliest Warrior	Frasler (N)
11 PM	"Married"	CHBC News Final (N)	Ancient Clues	Charlie Rose (N)	News	News	(11:01) Panic 9-1-1 (N)	News	News Hour Final (N)	ET Canada	CBC News	Weird	SportsCentre	News-Lisa	Sons of Guns (N)	Cory	Paid Prog.	Ways Die	3rd Rock

Friday Movies

AFTERNOON

3:30 pm SPIKE ch.44 "Rambo" (2008, Action) Sylvester Stallone. John Rambo calls upon his long-buried but lethal skills to rescue a missionary and her comrades from the Burmese army. (In Stereo)

EVENING

7:00 pm YTV ch.18 "Robots" (2005, Comedy) Voices of Ewan McGregor. Animated. A robot leads a revolution against a corporate bigwig who wants to send older-model cyborgs to the scrap heap. (In Stereo) (CC)

8:00 pm FAM ch.26 "Teen Beach Movie" (2013, Musical) Ross Lynch. Two young surfers find romance when they magically become part of a movie musical. (In Stereo) (CC)

SPIKE ch.44 "A Bronx Tale" (1993, Drama) Robert De Niro. The son of an honest bus driver

looks up to a local mob boss amid racial tension in 1960s New York. (In Stereo)

9:30 pm WTBS ch.3 "Journey to the Center of the Earth" (2008, Adventure) Brendan Fraser. A science professor and his nephew encounter strange creatures and stranger lands as they travel beneath the Earth's surface.

10:00 pm FAM ch.26 "Vacation With Derek" (2010, Comedy-Drama) Michael Seater. With help from her stepbrother, a girl must save her grandmother's resort from a land developer. (In Stereo) (CC)

11:30 pm WTBS ch.3 "Monster-in-Law" (2005, Romance-Comedy) Jennifer Lopez. A woman fights back when her fiancé's shrewish mother tries to destroy their relationship.

News Leader Recipe 575

Harissa Spiced Scallops

(NC) Seared scallops spiked with harissa spice, a Moroccan flavour, sit atop a mélange of spring vegetables. A dish that's fancy enough for a restaurant, but easily done at home.

Look for products carrying the Marine Stewardship Council eco-label as it indicates that it has been sustainably sourced. MSC is an international non-profit organization that developed the world's leading environmental standard for independent, third-party scientific certification of sustainable and well-managed, wild-capture fisheries.

By choosing an MSC certified product like the PC brand of Nova Scotia sea scallops used in this recipe, you know your fish is sustainably sourced.

Ingredients

- 1 cup (250 mL) thinly sliced carrots
- 1 cup (250 mL) frozen peas
- 1 cup (250 mL) diced leeks
- 2 cups (500 mL) sugar snap peas, trimmed and halved on diagonal
- 1 pkg (400 g) PC Blue Menu Wild Nova Scotian Frozen Sea Scallops, thawed and patted dry
- 1 tbsp (15 mL) olive oil
- 2 tsp (10 mL) PC black label harissa spice blend
- 1/4 cup (50 mL) chicken stock
- Half lemon

Instructions

In a saucepan of boiling water, cook carrots for 2 minutes. Add peas, leeks and snap peas and return to a boil. Cook for 2 minutes. Drain vegetables and gently rinse with cold water. Set aside.

Remove and discard small side muscle from scallops. In bowl, toss together scallops, olive oil and harissa spice blend. Heat large nonstick frying pan over medium-high heat until very hot. Arrange scallops, flat surface down, in a single layer in pan. Sear for 1 or 2 minutes, depending on thickness. Turn scallops over and sear for 1 to 2 minutes or until cooked through. Transfer scallops to a plate and keep warm.

You can learn more about sustainable seafood on any of these websites: www.msc.org, www.wwf-canada.com, www.oceansfortomorrow.ca or www.loblaw.ca/seafood.

- www.newscanada.com

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FRIDAY, AUGUST 23, 2013

	WTBS ch.3	CHBC ch.4	KNOW ch.5	KSPS ch.6	KHQ ch.7	KREM ch.8	A&E ch.9	KXLY ch.10	BCTV ch.11	CITY ch.12	CBC ch.13	YTV ch.18	TSN ch.19	VTV ch.22	DISC ch.24	FAM ch.26	CITY ch.29	SPIKE ch.44	TROP ch.45
6 AM :30	In the Heat of the Night	Morning News (N) [CC]	To School	Builder	KHQ News 6AM (N)	KREM 2 Morning News	The Glades	News	Morning News (N) [CC]	(5:00) Morning News (N)	CBC News Now (N) [CC]	Being Ian	SportsCentre [CC]	CTV Morning Live (N) [CC]	How/Made	Stella-Sam	CityLine (N) [CC]	Deadliest Warrior [CC]	Security
7 AM :30	Justice		Arthur [CC]	Arthur	Today One Direction performs; Tanya Holland. (N) [CC]	CBS This Morning (N) [CC]	The Glades	Good Morning America			Tiger	Yu-Gi-Oh!	SportsCentre [CC]		Pyros "It Ain't Cricket"	Never Land	Let's Make a Deal [CC]	Deadliest Warrior	Earth: Final Conflict [CC]
8 AM :30	Judge Alex		Treo Fu	Curious			The Glades	The Wanted perform. (N)		Morning	Bo On/Go	Sidekick	SportsCentre [CC]		Don't Drive Here	Suite/Deck	The Price Is Right (N)	Deadliest Warrior	Outlaw Bikers [CC]
9 AM :30	Millionaire	Morning	WordWorld	Super Why!		The 700 Club [CC]	The Glades	Livel Kelly and Michael	Morning	The Doctors [CC]	Super Why!	Pokémon	SportsCentre [CC]	Livel Kelly and Michael	Mighty Planes [CC]	Wizards	Access Hollywood Live	Deadliest Warrior	Security
10 AM :30	Law Order: CI	The Doctors [CC]	Dinosaurs	Sesame Street [CC]		The Price Is Right (N)	The Glades	The View [CC]	The Doctors [CC]	Chef/Home	Bookaboo	Squirrel	World Series	The View [CC]	How/Made	ANT Farm	The Chew [CC]	Deadliest Warrior	Gold Girls
11 AM :30	Law Order: CI	Debt/Part	Berenstein	Tiger	Judge B.	Young & Restless	The Glades	Paid Prog.	Chef/Home	Noon News Hour (N)	Steven and Chris [CC]	Super Evil	World Series	Marilyn Denis	Licence to Drill	Shake It	General Hospital (N) [CC]	Deadliest Warrior	3's Co.
12 PM :30	Excused	Noon News Hour (N)	Dino Dan	Charlie Rose (N) [CC]	Paid Prog.	News	The Glades	The Chew [CC]	Noon News Hour (N)	Days of our Lives (N)	CBC News Now (N) [CC]	Kid vs. Kat	Golf: Canadian Women's	CTV News (N) [CC]	Fast N' Loud [CC]	Austin	CityLine [CC]	Deadliest Warrior	King
1 PM :30	There Yet?	Days of our Lives (N)	Clifford	Gary Spetz	Days of our Lives (N)	The Talk [CC]	The Glades	General Hospital (N) [CC]	Days of our Lives (N)	The Talk [CC]	Republic of Doyle [CC]	Rated A	Open: Second Round. (N) (Live) [CC]	Anderson Live [CC]	Fast N' Loud [CC]	Jessie [CC]	Katie [CC]	Deadliest Warrior	3rd Rock
2 PM :30	King	The Talk [CC]	Lilly	Barney	Katie [CC]	Let's Make a Deal [CC]	The Glades	The Jeff Probst Show	The Talk [CC]	The Rick Lake Show	Steven and Chris [CC]	Almost		Dr. Phil [CC]	Don't Drive Here	Good Luck	CityNews at 5 (N) [CC]	Deadliest Warrior	Roseanne
3 PM :30	The Office	The Rick Lake Show	Rob Robot	Slid	Ellen DeGeneres Show	Dr. Phil [CC]	Storage	Rachael Ray [CC]	The Rick Lake Show	Young & Restless	Recipes	Sidekick	SportsCentre (N) [CC]	The Dr. Oz Show [CC]	How/Made	Gravity	CityNews at 6 (N) [CC]	Ways Die	Outlaw Bikers [CC]
4 PM :30	Big Bang	Young & Restless	G. Shrinks	Wild Kratts	Jdg Judy	The Dr. Oz Show [CC]	Storage	The Doctors [CC]	Young & Restless	Early News	Dragons' Den [CC]	Kung Fu	CFL Pre	Ellen DeGeneres Show	You Couldn't Do This	Gravity	How I Met	Security	"Rambo" (2008) Sylvester Stallone.
5 PM :30	Browns	News (N) [CC]	Martha	News	News	NFL Preseason Football:	Storage	News	Early News	(4:59) News Hour (N)	News	Turtles	CFL Football: Calgary Stampede at Toronto Argonauts. (Live)	CTV News at Five (N)	Sons of Guns [CC]	Dog	Funnest Home Videos	Deadliest Warrior	SugarStars
6 PM :30	Browns	Global Nat.	Animals	PBS News-Hour (N) [CC]	News	Seattle Seahawks at Green Bay Packers. (N) [CC]	Storage	News	(5:59) News Hour (N)	ET Canada	News	SpongeBob		CTV News (N) [CC]	Don't Drive Here	Shake It	Parks	Deadliest Warrior	SugarStars
7 PM :30	Seinfeld [CC]	Ent	The Blue Planet	Wash	Jeopardy!		Storage	Ent	Ent	16x9 (N) [CC]	George S	Movie: *** "Robots" (2005, Comedy) [CC]	SportsCentre (N) (Live) [CC]	Big Bang	Mayday [CC]	ANT Farm	Mantracker [CC] (DVS)	Ways Die	SugarStars
8 PM :30	Family Guy	Bones [CC] (DVS)	Murder Myster.	Doc Martin [CC]	Betty	Inside Ed.	Storage	Last Man	Bones [CC] (DVS)	Bones [CC] (DVS)	Mr. D [CC]			Shark Tank [CC]	Mayday [CC]	Movie: "Teen Beach Movie" (2013) Ross Lynch.	CityNews-Tonight (N)	Movie: *** "A Bronx Tale" (1993) Robert De Niro, Chazz Palminteri.	Debt/Part
9 PM :30	Amer. Dad	Hawaii Five-0 [CC]	George Gently	American Masters [CC]	Dateline NBC (N) [CC]	Seinfeld	Storage	Shark Tank [CC]	Hawaii Five-0 [CC]	Hawaii Five-0 [CC]	the fifth estate [CC]	Mr. Young	World Series	Orphan Black "Instinct"	Don't Drive Here	Movie: "Vacation With Derek" [CC]	Jimmy Kimmel Live [CC]		3's Co.
10 PM :30	"Journey to the Center of the Earth"	16x9 (N) [CC]	Italian Job	Lost State		Paid Prog.	Storage	(10.01) 20/20 [CC]	News Hour Final (N)	The National (N) [CC]	Boys	SportsCentre (N) [CC]	CSI: NY [CC]	Sons of Guns [CC]		Maury (N) [CC]			King
11 PM :30	"Monster"	CHBC News Final (N)	Architects of Change	Charlie Rose (N) [CC]	News	News	Storage	News	News Hour Final (N)	ET Canada	CBC News	The Next Star [CC]	SportsCentre [CC]	News-Lisa	Mayday [CC]	Princess	Paid Prog.	Ways Die	3rd Rock

News Leader Weekend - Saturday Movies

MORNING

8:00 am WTBS ch.3 "The Princess Diaries 2: Royal Engagement" (2004, Romance-Comedy) Anne Hathaway. While living with her royal grandmother, a young

princess must find a suitable husband in 30 days or give up the throne.

10:00 am WTBS ch.3 "Riding in Cars With Boys" (2001, Comedy-Drama) Drew Barrymore. From 1961-1986, a woman experiences

life as a teenage mother, divorcee and aspiring writer.

AFTERNOON

12:00 pm FAM ch.26 "Teen Beach Movie" (2013, Musical) Ross Lynch.

Two young surfers find romance when they magically become part of a movie musical. (In Stereo) (CC) 1:30 pm SPIKE ch.44 "Rambo" (2008, Action) Sylvester Stallone. John Rambo calls upon his long-buried but lethal skills to rescue a missionary and her comrades from the Burmese army. (In Stereo)

4:00 pm YTV ch.18 "Robots" (2005, Comedy) Voices of Ewan McGregor. Animated. A robot leads a revolution against a corporate bigwig who wants to send older-model cyborgs to the scrap heap. (In Stereo) (CC)

4:30 pm SPIKE ch.44 "Rambo" (2008, Action) Sylvester Stallone. John Rambo calls upon his long-buried but lethal skills to rescue a missionary and her comrades from the Burmese army. (In Stereo)

5:00 pm WTBS ch.3 "The Dark Knight" (2008, Action) Christian Bale. Batman has to keep a balance between heroism and vigilantism to fight a vile criminal known as the Joker, who would plunge Gotham City into anarchy.

EVENING

6:00 pm CITY ch.29 "My Father and the Man in Black" (2012, Documentary) Johnny Cash and his troubled personal manager, Saul Holiff, help a boy search for his father. (CC) (DVS)

7:00 pm CITY ch.12 "Not My Life" (2006, Suspense) Meredith Monroe. A married woman hires a detective after she has visions of living with another man. (CC) (DVS)

8:00 pm CHBC ch.4 BCTV ch.11 "Not My Life" (2006, Suspense)

Meredith Monroe. A married woman hires a detective after she has visions of living with another man. (CC) (DVS)

YTV ch.18 "Gremlins" (1984, Fantasy) Zach Galligan. An inventor gives his son an odd little creature which multiplies into monsters which wreck the town. (In Stereo) (CC)

8:15 pm WTBS ch.3 "Watchmen" (2009, Action) Billy Crudup. After his former colleague is murdered, a masked vigilante uncovers a plot to discredit and destroy the world's superheroes.

9:00 pm FAM ch.26 "Soccer Mom" (2008, Comedy) Missi Pyle. A single woman pretends to be a former soccer star to coach her daughter's team. (In Stereo) (CC)

10:30 pm CBC ch.13 "The Decline of the American Empire" (1986, Comedy-Drama) Dominique Michel. Four men and four women discuss sexual escapades, then meet later and continue the discussion together. (In Stereo) (CC)

10:31 pm FAM ch.26 "How to Eat Fried Worms" (2006, Comedy-Drama) Thomas Cavanagh. Bravado lands an 11-year-old boy in a predicament at a new school when he accepts the challenge of a bully to eat 10 worms in a single day. (In Stereo) (CC)

11:00 pm WTBS ch.3 "1408" (2007, Horror) John Cusack. A writer who specializes in debunking supernatural phenomena experiences true terror when he spends a night in a reputedly haunted room of a hotel.



An ant crawls on a plant between rainstorms last week. This macro shot shows details not normally visible to the naked eye of both the ant and the plant it is on. Sometimes you need to stop and smell the roses, don't you? *

SATURDAY, AUGUST 24, 2013

Table with 21 columns (Time, Channel, Program Name) and 24 rows (6 AM to 11:30 PM) listing TV programs for Saturday, August 24, 2013.

News Leader Weekend - Sunday Movies

MORNING

7:00 am TROP ch.45 'Police Academy' (1984, Comedy) Steve Guttenberg. The new mayor's policy puts badges on misfits...

Assignment' (1985, Comedy) Steve Guttenberg. The zany graduates attempt to stop rampant acts of vandalism when they take to the meanest beat on the streets...

Guttenberg. The misfits try to stop the penny-pinching governor from shutting down their academy. (In Stereo) (CC)

AFTERNOON

12:00 pm WTBS ch.3 'Righteous Kill' (2008, Crime Drama) Robert De Niro. Two veteran detectives hunt a vigilante whose crimes resemble those of a killer they put behind bars long ago...

(2003, Adventure) Jason Isaacs. Peter Pan leads Wendy and her two brothers on an adventure involving Captain Hook and his band of pirates. (In Stereo) (CC) (DVS)

EVENING

6:00 pm YTV ch.18 'Gulliver's Travels' (2010, Comedy) Jack Black. Premiere. While a man is on assignment in the Bermuda Triangle, a vortex transports him to Lilliput, a magic land of little people. (In Stereo) (CC)

would threaten global security. 8:00 pm CBC ch.13 'Gnome and Juliet' (2011, Comedy) Voices of James McAvoy. Animated. Love-struck garden gnomes become part of a feud between rival neighbors in Stratford-Upon-Avon, Shakespeare's birthplace. (In Stereo) (CC)

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SUNDAY, AUGUST 25, 2013

Table with 20 columns (WTBS ch.3 to TROP ch.45) and 12 rows (6 AM to 11:30 PM). Each cell contains the program name and channel number for that time slot.



Naturalists hike Hedley Creek

by Janis Wright
 Vermilion Forks Field Naturalists kept cool on the warm morning of August 10 by hiking the scenic and shaded trail along Hedley Creek. Beryl Wallace and Marg Hamblin led this fascinating field trip that allowed us to connect with some of our Hedley club members and view some remnants of the area's mining history. Several wooden water flumes still exist along the creek,

which was a northern route to the KVR at the turn of the 19th century, when mining companies dammed the creek for water supply to their reduction mill.

A series of bridges was built at the same time, but a 1972 flood during spring runoff wiped out all the bridges as well as the dam. Consequently, our picturesque route took us only as far as the location of the first bridge, which lies intact on

the opposite bank. The trek in this beautiful area merely whetted our appetites for a later hike in the fall, when it should be possible to ford the creek and explore further up the canyon.

Our next field trip will take us to Lightning Lakes on August 24 for hiking and kayaking. It could be a full day!
 Please give me a call at 250-295-7560 for more information.

Monday Movies

MORNING

11:00 am SPIKE ch.44 "A Bronx Tale" (1993, Drama) Robert De Niro. The son of an honest bus driver looks up to a local mob boss amid racial tension in 1960s New York. (In Stereo)

EVENING

9:00 pm SPIKE ch.44 "A Bronx Tale" (1993, Drama) Robert De Niro. The son of an honest bus driver

looks up to a local mob boss amid racial tension in 1960s New York. (In Stereo)

9:30 pm WTBS ch.3 "Bewitched" (2005, Romance-Comedy) Nicole Kidman. An actual witch and a neurotic movie star land the lead roles in a television remake of the 1960s sitcom.

11:30 pm WTBS ch.3 "Biker Boyz" (2003, Action) Laurence Fishburne. A young prodigy threatens the undefeated champion of an underground club of motorcycle racers.

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MONDAY, AUGUST 26, 2013

	WTBS ch.3	CHBC ch.4	KNOW ch.5	KSPS ch.6	KHQ ch.7	KREM ch.8	A&E ch.9	KXLY ch.10	BCTV ch.11	CITY ch.12	CBC ch.13	YTV ch.18	TSN ch.19	VTV ch.22	DISC ch.24	FAM ch.26	CITY ch.29	SPIKE ch.44	TROP ch.45
6 AM	In the Heat of the Night	Morning News (N) ♾	To School G. Shrinks	Builder Clifford	KHQ News 6AM (N)	KREM 2 Morning News	Longmire ♾	News	Morning News (N) ♾	(5:00) Morning News (N)	CBC News Now (N) ♾	Being Ian	SportsCentre ♾	CTV Morning Live (N) ♾	Shred!	Stella-Sam	CityLine (N) ♾	CSI: NY ♾	Moves
7 AM	Justice		Arthur ♾	Arthur	Today (N) ♾	CBS This Morning (N) ♾	Longmire ♾	Good Morning America (N) ♾			Tiger	Rescue	SportsCentre ♾		Cash Cab	Never Land	Let's Make a Deal ♾	CSI: NY "Clean Sweep"	World's
8 AM	Judge Alex		Tree Fu	Curious			Longmire "Tell It Slant"		Morning	Bo On/Go	Sidekick	SportsCentre ♾			Canada's Worst Driver	Sulte/Deck	The Price Is Right (N)	CSI: Crime Scene	Eat St. ♾
9 AM	Millionaire	Morning	WordWorld	Super Why!		The 700 Club ♾	Longmire ♾	Livel Kelly and Michael	Morning	The Doctors ♾	Super Why!	Pokémon	SportsCentre ♾	Livel Kelly and Michael	Nerve Center ♾	Wizards	Access Hollywood Live	CSI: Crime Scene	Hotel Impossible ♾
10 AM	Law Order: CI	The Doctors ♾	Dinosaurs	Sesame Street ♾	The Price Is Right (N)	Longmire ♾	The View ♾	The Doctors ♾	Chef/Home	Bookaboo	Squirrel	Motoring	The View ♾	How/Made	ANT Farm	The Chew ♾	CSI: Crime Scene	Hotel Impossible ♾	
11 AM	Law Order: CI	Chef/Home	Berenstain	Tiger	Judge B.	Young & Restless	Longmire "Tuscan Red"	Paid Prog.	Chef/Home	Noon News Hour (N)	Steven and Chris ♾	Super Evil	Top 10	Marilyn Denis	Mighty Ships "Solitaire"	Shake It	General Hospital (N) ♾	Movie: *** "A Bronx Tale" (1993)	Hotel Impossible ♾
12 PM	Excused	Noon News Hour (N)	Dino Dan	Charlie Rose ♾	Paid Prog.	News	Longmire ♾	The Chew ♾	Noon News Hour (N)	Days of our Lives (N)	CBC News Now (N) ♾	Kid vs. Kat	English Premier League	CTV News (N) ♾	Mighty Planes ♾	Austin	CityLine ♾	Robert De Niro, Chazz Palminteri.	Hotel Impossible ♾
1 PM	There Yet?	Days of our Lives (N)	Clifford	Paint This	Days of our Lives (N)	The Talk ♾	Longmire ♾	General Hospital (N) ♾	Days of our Lives (N)	The Talk ♾	Republic of Doyle ♾	Rated A	Soccer	Anderson Live ♾	Mayday ♾	Jessie ♾	Katie ♾	Hotel Impossible ♾	
2 PM	King	The Talk ♾	Lilly	Barney	Katie ♾	Let's Make a Deal ♾	Longmire ♾	The Jeff Probst Show	The Talk ♾	The Ricki Lake Show	Steven and Chris ♾	Almost	Off Record	Dr. Phil ♾	Myth-Busters ♾	Good Luck	CityNews at 5 (N) ♾	Cops ♾	Hotel Impossible ♾
3 PM	The Office	The Ricki Lake Show	Rob Robot	Sid	Ellen DeGeneres Show	Dr. Phil ♾	The First 48 ♾	Rachael Ray ♾	The Ricki Lake Show	Young & Restless	Recipes	Sidekick	SportsCentre (N) ♾	The Dr. Oz Show ♾	Canada's Worst Driver	Dog	CityNews at 6 (N) ♾	Cops ♾	Hotel Impossible ♾
4 PM	Big Bang	Young & Restless	G. Shrinks	Wild Kratts	Jdg Judy	The Dr. Oz Show ♾	Duck D.	The Doctors ♾	Young & Restless	Early News	Dragons' Den ♾	SpongeBob	2013 U.S. Open Tennis: First Round. From the USTA National Tennis Center in Flushing, N.Y. (N)	Ellen DeGeneres Show	Daily Planet (N)	Dog	How I Met	Cops ♾	Hotel Impossible ♾
5 PM	Browns	News (N) ♾	Martha	News	News	News	Duck D.	News	Early News	(4:59) News Hour (N)	News	Parents	CTV News at Five (N)	Auction	Dog	How I Met	Cops ♾	Trip Flip	
6 PM	Browns	Global Nat.	Animals	PBS News-Hour (N) ♾	News	KREM 2 News at 6 (N)	The Glades "Tin Cup"	News	(5:59) News Hour (N)	ET Canada	News	Sam & Cat	CTV News (N) ♾	Auction	Shake It	Broke Girl	Cops ♾	Airport	
7 PM	Seinfeld ♾	Ent	Rescue	The Café	Jeopardy!	Inside Ed.	Longmire ♾	Ent	Ent	Under the Dome (N) ♾	George S	The Next Star (N) ♾	Big Bang	Backyard	Shake It	Shahs of Sunset ♾	Cops ♾	Hotel Impossible ♾	
8 PM	Family Guy	Psych ♾	Goldman Sachs: The	Antiques Roadshow	American Ninja Warrior	How I Met	(8:01) Longmire ♾	Shark Tank ♾	Psych ♾	Psych ♾	Murdoch Mysteries ♾	Wendell	SportsCentre (N) ♾	Satisfact	Auction	Shake It	CityNews-Tonight (N)	Cops ♾	Moves
9 PM	Amer. Dad	Get Out Alive With Bear	Fantastic Mr Dahl	Antiques Roadshow	Get Out Alive With Bear	Broke Girl	Duck D.	Castle ♾	Get Out Alive With Bear	Get Out Alive With Bear	Cracked ♾ (DVS)	Wipeout	NASCAR Racing	Amazing Race	Wingin' It	Jimmy Kimmel Live (N)	Movie: *** "A Bronx Tale" (1993)	Trip Flip	
10 PM	"Bewitched" (2005) Nicole Kidman.	Under the Dome (N) ♾	Architects of Change	POV '5 Broken Cameras" (N) ♾	Siberia (N) ♾	Under the Dome (N) ♾	(10:01) The Glades ♾	(10:01) Mistresses (N)	Under the Dome (N) ♾	News Hour Final (N)	The National (N) ♾	The Next Star ♾	SportsCentre (N) ♾	(10:01) Mistresses (N)	Backyard	Lizzie	Maurly ♾	Robert De Niro, Chazz Palminteri.	Airport
11 PM	"Biker	CHBC News Final (N)	Rescue	NW Prof!	Jay Leno	Letterman	(11:01) Longmire ♾	News	News Hour Final (N)	ET Canada	CBC News	Weird	SportsCentre ♾	News-Lisa	Fast N' Loud ♾	Cory	Paid Prog.	Hotel Impossible ♾	

Princeton Traditional Music Festival

August 16 - 18



Music for the Friday night street dances on Veterans Way August 16th was once again provided by Psycho Acoustic Ceili Band (John Gothard, Annie Brown and Dave Marshall).



Vendors lined Vermilion Avenue throughout the weekend selling various arts, crafts and collectibles as well as a handful of food vendors during the Traditional Music Festival. *



Chris Roe was the first artist to perform at the Museum Stage on Saturday, August 17th. Performances went until 6:00 PM and ran from 10:00 AM to 6:00 PM the following day. *



Princeton Highland Dancers hosted a Pancake Breakfast in Veterans Square to start Saturday morning, August 17th. Music performances started at 10:00 AM on three different stages. *



In addition to musicians there were various street performers including Sound & Fury Morris and Sword, a group from Seattle making their first appearance in Princeton. *



Here's a photo-op you don't get often - street dancers (Sound & Fury Morris and Sword) not moving but posing with Princeton's Youth Ambassadors in the middle of Vermilion Avenue. *



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Services	Services
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Princeton Skating Club and PSS Junior Rebels Basketball would like to thank the following businesses for their donation to our Golf Fundraiser held August 10, 2013:

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- Desert Golf Academy
- Essential Massage
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- Mac's Auto Parts
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The South Similkameen Arts Society (SSAS) is a non-profit formed in May 2013 to bring together all visual and performance artists, musicians, sculptors, painters, quilters, and other craftspersons in the area.

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To join call 250-499-5199 or drop us a line at ssartsociety@gmail.com

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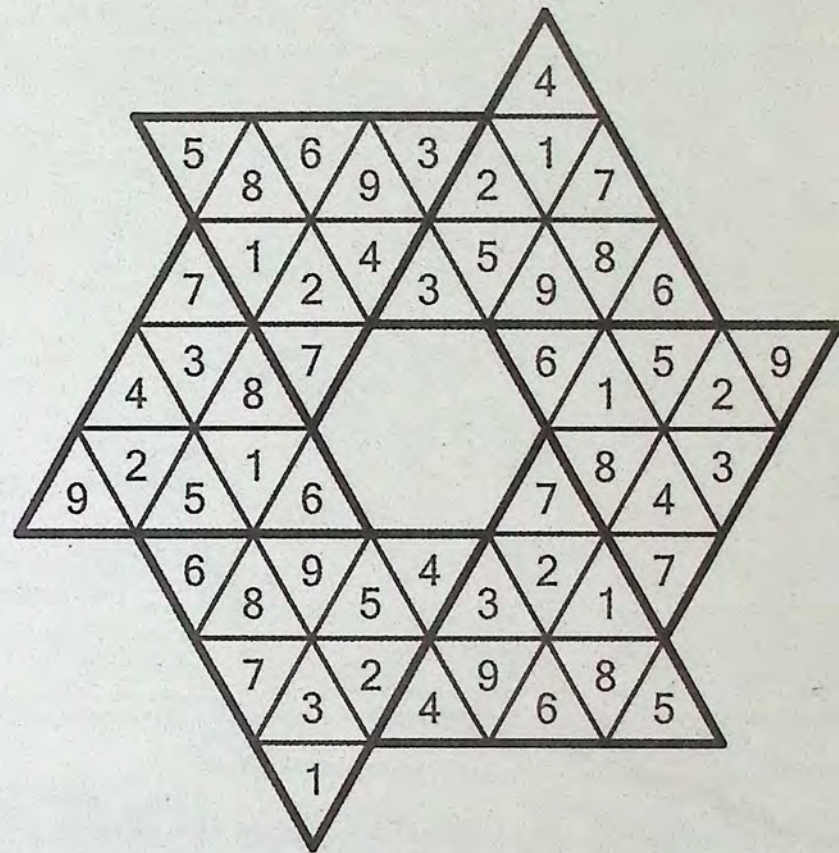
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RDOS Area H Director Brad Hope welcomes visitors to the Princeton Traditional Music Festival during opening ceremonies August 16th. *

Posse News

President Dean Johnston

Ice Returns August 19

That's correct. 'Tis the season. Just when you thought summer was in full swing, it's hockey time again! With the ice in, no rest is in sight for the new Posse coaching staff.

August 19-22 is the Posse Minor Hockey camp for players from Tykes to Bantam age, August 23-25 is the Posse Jr Prep Camp - Midget age and Older, August 28-30 is Posse Main Camp - to fill remaining holes in Posse Roster, September 7 Posse only home exhibition game, September 13, 14 Home opener weekend.

Posse Jr Prep Camp August 23-25

Local players Morton Johnston and Craig Thompson have spent

last week participating in the Osoyoos Coyotes prep camp. Craig left for 100 Mile Main Camp Aug 18-20.

Both will return for the Posse prep camp this weekend. They will be joined by fellow local midget players Brett Herrick, Ryan Grgich, Tristan Vandermeulen, Parker Thiebert and Clayton Obey.

Rounding out participants will be other midget junior players alike looking for preseason conditioning.

Fans are encouraged to drop in and have a sneak preview. Ice times are 11:00 AM and 4:00 PM.

Posse Main Camp August 28-30

Fans are reminded that first look of 2014 version of the Posse will

be during main camp. Thursday and Friday evening will offer fans opportunity to see live scrimmages as players vie for a spot on the roster.

A Huge Thank you to Volunteers

Last week was a buzz of activity as the new look Posse dressing room took form. The Posse wants to thank Elaine, Richard and Taylor White, Tracy Elko, Carol and Mort Johnston, Linda and Craig Thompson. A new look team now has a new look stable!

Lastly, look for upcoming information outlining opening weekend festivities including tailgate parties with the Weyerhaeuser tent, food, music and a hopefully completed new look upstairs lounge.

Town announces Court House project

The Town of Princeton wishes to announce that we have begun to prepare the Court House Site and Building for the relocation of the Town Offices from its current location at 169 Bridge Street to the main floor of the Historic Court House Building.

The move has been precipitated by the negative air quality tests resulting from contamination by the former dry cleaning site adjacent to the Town Hall. The impact of the tests would require significant investment in the building to correct the problem. Having weighed the alternatives Council has authorized an upgrade of the Court House Building to accommodate the Town Hall function until a more permanent alternative can be implemented.

The extent of the renovation required to make the space useable for delivery of services to the public will include the following:

- Upgrading of the front entry and roof coverage of the existing steps,
- Upgrading of the rear entry for handicapped accessibility and pro-

vision of handicapped parking, Refreshing the look of the building exterior including minor repairs and a complete paint application,

· Updating the interior of the main floor of the building including some limited floor plan improvements to accommodate all of the town hall functions except a Council Chamber (Council meetings will continue to be held at the Library until a more permanent Town Hall facility becomes available),

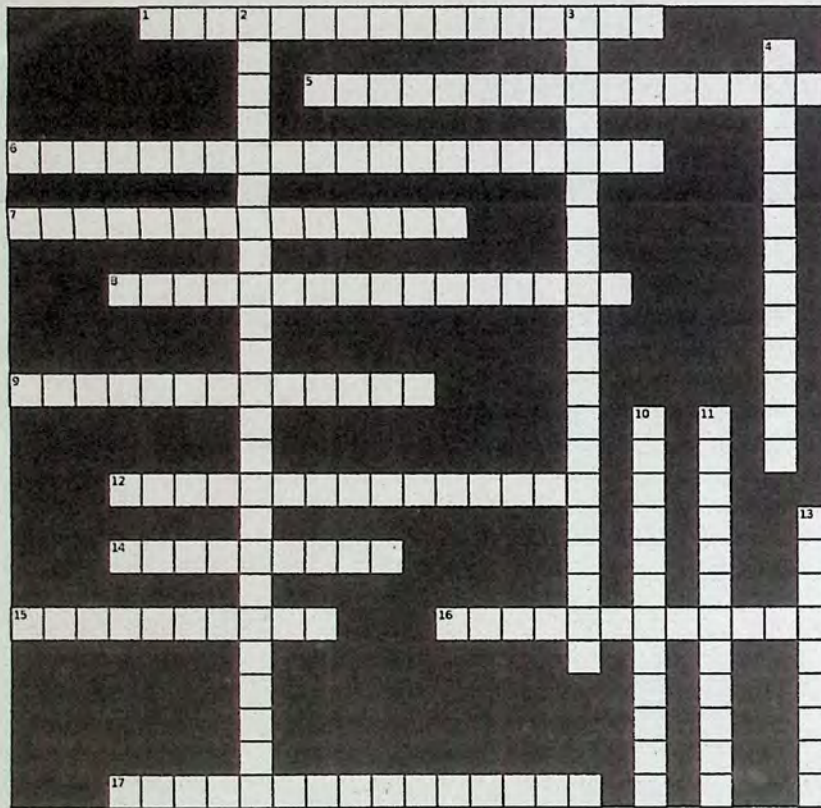
· Updating the functionality of the space with a new customer service counter, new flooring and new paint,

· Undertaking some landscaping improvements in keeping with the character of the building and the streetscape,

So if you happen to walk by the Princeton Court House Building Renovation Project you will be seeing a lot of activity over the next couple of months as we plan to move our Town Hall operation as soon as the work is complete. - submitted

Similkameen News Leader Puzzler

Use the August 13 News Leader to find Answers Below...



- | | |
|--|---|
| <p>Across</p> <p>1 Name the type of festival hosted in Princeton August 16-18.</p> <p>5 It's no longer a Fall Fair. Now it's called this.</p> <p>6 Name a team in the same division as Princeton Posse.</p> <p>7 Name a team in the same division as Princeton Posse.</p> <p>8 She will supervise a daycare service at Living Water Community Church.</p> <p>9 Name a team in the same division as Princeton Posse.</p> <p>12 Centennial Pool hosted this event August 7th.</p> <p>14 He is a summer student at the Keremeos InfoCentre.</p> <p>15 FortisBC wants you to do this.</p> <p>16 Headline: "Enjoy your _____"</p> <p>17 Name a team in the same division as Princeton Posse.</p> | <p>Down</p> <p>2 The 'DES' in SCIDES.</p> <p>3 The 'SCI' in SCIDES.</p> <p>4 They sold lemonade in their Third Bench neighbourhood recently.</p> <p>10 She is a summer student at Keremeos Museum.</p> <p>11 She writes on behalf of the Traditional Music Society.</p> <p>13 Another name for Princeton's alternate education school.</p> |
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Princeton Skating Club and the PSS Junior Rebels Basketball Club joined forces and hosted a Golf Tournament Saturday, August 10th which saw a total of 44 golfers hit the links. - photo submitted

Fundraiser pulls two groups together

On Saturday, August 10th, forty-four golfers set out on the Princeton Golf Course to participate in an 18-hole joint fundraiser for two local youth sport clubs. This year the Princeton Skating Club and the PSS Junior Rebels Basketball program joined forces to organize this fun golf tournament. Event organizers, Suzanne Holland and Barb Gould, received generous local business support for the event and they are truly appreciative of all the donations.

Capri Insurance sponsored the Putting Contest. There was a four-way tie so the golfers tried one more time to sink a long challenging putt. The event ended with Richard White sinking the putt and winning the \$150 prize.

Westland Insurance sponsored a \$10,000 Hole-In-One on the 7th hole and Valley First Insurance sponsored a \$10,000 Hole-In-One prize on the 15th hole - one golfer, Dave Holland, came closest to sinking the dream shot on the 15th green but the grand prize remained unclaimed.

Chef Peter provided an outstanding BBQ dinner buffet for all the participants to enjoy. After the dinner prizes were awarded and Richard White, Rob Hicks and Al and Shar Anderson were first to select from the prize table for low score. Linda Thompson, Suzanne Holland, Lisa Coulter and Marv Carlson were up next to select followed by Aaron and Hanna Gould and Dave and Eric Holland. The

remaining participants were selected by draw.

Shar Anderson won the Ladies Longest Putt prize and the Ladies Long Drive (0-29 HCP) and Loretto Emmons won the Ladies Long Drive (30+ HCP). Shar and Al Anderson won the Pick-A-Card Long Drives.

Glen Weissbach won Men's Long Drive and the Men's KP. Kelsey Keglovic won the Ladies KP. Craig Thompson won the Junior KP.

Silent Auction items were bid on throughout the evening and door prizes were also handed out.

Thank you to all the families and friends who came out to golf and who give their support throughout the year. -submitted

Princeton Court News

News Leader Court Reporter - Dawn Johnson

Judge opts for probation

James Eisnor appeared in Provincial Court in Princeton on August 15 to plead guilty to charges of assault and mischief to property belonging to Weldon Scott Hassell. Eisnor's lawyer told Judge G. Sinclair that Eisnor had been attending counseling to deal with anger issues. He asked for six

months probation.

Judge Sinclair opted for nine months probation with several conditions, including no contact with Hassell or Debra Lemottie, no firearms or other weapons, counseling as recommended by the probation officer, and to submit a DNA sample to be entered into the national data bank. In addition, Eisnor must pay \$700 restitution to Hassell.

contact with the complainant.

Breach brings big fine

A 24 year old lower mainland resident, Colton Christopher Hudson, appeared in Provincial Court in Princeton on August 15 to plead guilty to a charge of breach of probation. Hudson had been convicted of possession of marijuana and had been given a conditional discharge. One of the conditions was that he not consume alcohol.

He was found lying on the street on Boucherie Road in Kelowna. Police and Emergency Services were called to attend, and it was learned that Hudson had passed out on the sidewalk as a result of consuming alcohol. Hudson was ordered to pay-a \$500 fine.

Peace bond settles case

Ronald James Stroud appeared in Provincial Court in Princeton on August 15 to enter a guilty plea to a charge of assault. The matter was settled by Stroud entering into a peace bond agreement for one year during which he is to have no

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Princeton Traditional Music Festival

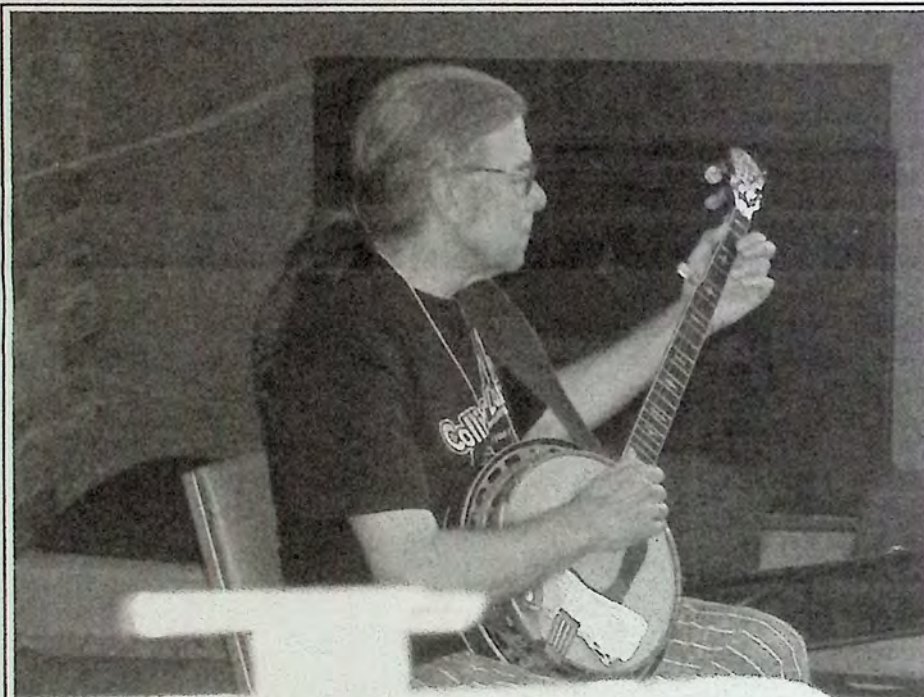
August 16 - 18



Princeton's very own Kettle Valley Switchmen played a variety of traditional blues songs August 17th on the stage at Veterans Square during the Traditional Music Festival. *



Princeton Youth Ambassadors Destiny Earle, left, and Carmen Brodie, right, along with Friendship Ambassador Morgan Whelpton, centre, welcomed visitors all weekend. *



For the first time ever, Okanagan Library provided an indoor stage for acoustic performers in the Princeton Branch. Barry Hall performed folk and blues on his banjo in cozy comfort. *



Brian Robertson was another acoustic performer featured in the Princeton Branch of the Okanagan Regional Library. The setting was perfect for listening to live music. *



Port Na Gael kept things lively with a lot of snappy Irish tunes when they were on stage Saturday, August 17th. Performances ran 10:00 AM to 6:00 PM Sunday as well on two downtown stages. *



BC Southern Interior MP Alex Atamanenko, left, sang Russian folk songs on Saturday, August 17th to a large crowd shaded by giant tents next to Princeton Museum on Vermillion Avenue. *

Brenda Crawford



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April Earle



april@bcland.net
(250) 295-5346

Sandra Simpson



sandra@bcland.net
(250) 499-9414

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125 Tipton Avenue



First time offered for sale! Lots of possibilities with this home zoned RM4, in town with upper 2 bedroom suite. Remodelled from the inside out, it is one you have to see to appreciate the work done. 2 bedrooms on the main, freshly remodelled bathroom, spacious kitchen with tons of storage. Screened in porch for enjoying the outdoors. **MLS@143919 \$339,000**

4304 Princeton/S'land Road



Want the best of everything for the ultimate get a way! Then you have found the perfect match! A beautiful cabin/home with 5 bedrooms, 3 bathrooms, open plan kitchen/living area, industrial wood flooring, pine vaulted ceiling, stylish kitchen with stainless steel appliances and hickory cabinets. Master suite has walk in closet and jetted tub. **MLS@142136 \$699,000**

2615 Otter Avenue



TULAMEEN!

Just a few blocks from Otter Lake you will find this fabulous lot in Tulameen. Known as a year round sports and recreation destination, Tulameen offers the best opportunities to get your family involved with nature. Water ski the lake, relax on the beach, snow mobile the mountains or hop on your bike and navigate the Trans Canada Trail. **MLS@141838 \$150,000**

Lot 3 Hidden Valley Road



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