# Similkameen INCLUDES GSTI

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Tuesday, January 7, 2014

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Hayes Creek Fire Rescue members, from left, Peter Grizer, Vic Bartel, Bob McMurtrie and Hermann Zorn, start patrol of their neighbourhood resulting from cougar attacks reported January 1st. - photo submitted

# New Year starts with cougar attacks

by Rob Miller Hayes Creek Fire Rescue

Christmas and New Year's has been a very busy time at Osprey and Link Lakes, 40-kilometers east of Princeton with hundreds of folks enjoying the holidays at their homes and cabins with skidoos and ATV's and walking and skiing the Trans-Canada Trail and around the local roads and lakes.

At 2:30 PM on Wednesday, January 1st on Link Lake Kim Rampfl surprised a stalking cougar and had a stand off with her three dogs.

Kim remembered to "make herself big and yell" by putting her arms over her head and doing just that. The cat ran off with no injuries to her pets.

At 5:30 PM a couple riding a snow machine double on Link Lake Road with their 9-year old son riding another machine were attacked by probably the same cat. The father kicked the cat and it then went after the boy. The father yelled at the boy to "scoot" which he did with the cat in hot pursuit and you can imagine how the parents felt seeing their child rapidly disappear into the dark night with peril close behind.

That was when Hayes Creek Fire was called by a hysterical mother with a tale of a lost child in grave danger being chased by a cougar.

After a search the child was found and no one had suffered any injuries.

RCMP and the BC Conservation Service were then notified but neither responded.

At this time Hayes Creek Fire members began patrols in one of their fire trucks and began notifying neighbors to keep dogs and children indoors.

At 6:00 PM two adult males on snow machines were confronted by cat at Tee Pee Lake Store. Both men kicked the cat in head to try and scare it off. No injuries.

> Similkameen News Leader Bengel Publishing Inc.



## B.C. mining remains strong in 2013, adds new jobs

B.C.'s mining industry continues to grow and expand as new projects, construction starts and expansions drove job creation and investment throughout the mining industry in 2013.

The most important highlight of 2013 was the celebration of a new mine going into production in August. Mt. Milligan mine north of Prince George, a \$1.5-billion project with 350 permanent jobs, shipped its first copper ore in late summer and celebrated its commissioning in October.

Additionally, a number of operating mines made improvements to their operations. Both Gibraltar mine in the Cariboo and Line Creek in the Kootenays received Mines Act permit amendments that resulted in almost \$400 million in investment and ensured jobs for 650 workers.

Mine construction dominated industry progress in 2013 with a number of large projects well on their way to becoming producing mines. Red Chris mine in the Northeast is well on its way. The \$500-million project is expected to start producing ore in 2014. Roman mine, near Tumbler Ridge, also started construction and the company is working toward production in 2014.

Both industry and the Province continue to work closely with First

Nations on resource development, setting out clear expectations for the consultation process and working toward more revenue-sharing agreements. Mining employs more First Nations than any other industry in B.C.

The Province has signed 10 economic and community development agreements with First Nations to date. In 2013, the first cheques were delivered to First Nations for agreements with New Afton, Copper Mountain and Highland Valley mines.

Mining continues to be one of B.C.'s safest heavy industries and has a lower injury rate than most of the other resource and industrial sectors.

Since the BC Jobs Plan was released, two new mines are in operation, and five more are under construction or permitted. The Province also has approved seven major expansions of existing mines.

"The B.C. mining industry continues to be a major economic driver in this province. Many new jobs at operating mines were created this past year - these are high-quality jobs that support our families and help build strong communities for many years to come," stated Bill Bennett, Minister of Energy and Mines and Minister Responsible for Core Review.

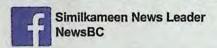
"I look forward to the coming 2014. It is more important than ever to make sure that British Columbia's mining industry remains well positioned, keeping our economy growing and strong is our government's number one priority."

Key Facts:

Similkameen Loads

Weekly, Independent, Local, Newspaper,





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BC Southern Interior MP Alex Atamanenko is a frequent visitor to the Similkameen Valley and is often found performing in various venues sharing his musical talent. Photo: Brenda Engel

# Alex Atamanenko, MP

#### **GMOs - No Scientific Consensus - Part 2**

In Part I of this column I talked about the motion passed by the Union of BC Municipalities to make BC a GE free area and presented an overview of GE crops grown in Canada. I noted the potential economic consequences to farmers and the environmental dangers of introducing uncontainable GE alfalfa and the GE Arctic Apple.

If a GE crop looks tastes and smells the same as its non-GE counterpart, then it is deemed to be 'substantial equivalent' and completely safe. This was a regulatory gift by our government to the biotech industry to help them avoid any need for testing. This approval procedure has been criticized and rejected by many important bodies of scientists including the Royal Society of Canada (RSC).

In their 2001 report 'Elements of Precaution: Recommendations for the Regulation of Food Biotechnology in Canada', the RSC stated that it is scientifically unjustifiable to presume that GM foods are safe without rigorous testing because when new genes are introduced there can be unanticipated changes in the expression of other genes, the pattern of proteins produced and/or metabolic activities.

The RSC report listed 58 regulatory recommendations, one of which included mandatory labeling, but most have been ignored by our government.

This year's World Food Prize, which is meant to recognize individuals who have increased the quality, quantity, or availability of food in the world, was awarded to three biotech scientists. One recipient works for Monsanto (the com-

pany donated \$5 Million to WFP); another who worked for Syngenta (also a company sponsor of the prize) while the third is the president of the lobby group European Federation of Biotechnology.

"We need to make people understand the technology has been tested and the safety has never been compromised." stated the WFP recipient Robb Fraley, Monsanto's executive vice president and chief biotechnology officer.

A flood of articles appeared in newspapers and commentators gushed that the scientific debate about GM food is over and all agree that they are safe.

The conflict of interest in this choice of award recipients and the commentary which followed, prompted 93 world renowned scientists, and other professionals relative to the legal, social and safety aspects of GE crops to counter with 'Statement: No Scientific Consensus on GMO Safety', (easily found on the web).

They note that a literature review on the safety assessment of GE plants found an equal number of studies between those which found harm and those that didn't. And, you guessed it: those that concluded GM foods were as safe and nutritious as any obtained by conventional breeding were performed by the biotech companies responsible for their commercialization.

# DEVELOPMENT OF A PEST MANAGEMENT PLAN Application #: FLNR-S-INTERIOR-2014

Applicant: Ministry of Forests, Lands and Natural Resource Operations, Range Branch

441 Columbia Street, Kamloops, BC, V2C 2T3

Agent: SMC Consulting, 1582 Lawrence Avenue, Penticton, BC, V2A 3C1

Tel/Fax: 250-492-6193, email: smcconsulting@shaw.ca

The purpose of the proposed multi-agency Pest Management Plan (PMP) is to manage invasive alien plants and/or noxious weeds on provincial Crown land in the southern interior of B.C.

The PMP applies to areas located within the Thompson Nicola, Cariboo, Central Coast, Squamish Lillooet, Columbia Shuswap, North Okanagan, Central Okanagan, Okanagan Similkameen, Kootenay Boundary, Central Kootenay and East Kootenay Regional Districts.

The PMP applies to areas in the vicinity of the communities of Bella Coola, Alexis Creek, Quesnel, Williams Lake, 100 Mile House, Lillooet, Clinton, Cache Creek, Blue River, Clearwater, Kamloops, Salmon Arm, Revelstoke, Golden, Merritt, Vernon, Kelowna, Penticton, Oliver, Osoyoos, Princeton, Grand Forks, Castlegar, Kaslo, Nakusp, Nelson, Trail, Salmo, Creston, Cranbrook, Invermere, Fernie and Sparwood.

The pest management methods proposed for use include mechanical, cultural and biological control and the use of herbicides within the area to which the PMP applies. The common name and examples of the trade names of the herbicides proposed for use under this plan include aminopyralid (Milestone), clopyralid (Lontrel), dicamba (Vanquish), diflufenzopyr (Overdrive), glyphosate (Vantage Plus Max), imazapyr (Arsenal), mecoprop-p (Dyvel DX), metsulfuron methyl (Escort), picloram (Tordon 22K), 2,4-D Amine (2,4-D Amine 600) and triclopyr (Garlon XRT). Selective application methods include wick/wipe-on, injection, squirt bottle, cut surface, and foliar applications using backpack or vehicle mounted sprayer.

The proposed duration of the PMP is from May 1, 2014 to April 30, 2019.

A draft copy of the proposed PMP and map of the proposed treatment area may be examined in detail at: Ministry of Forests, Lands and Natural Resource Operations, Range Branch, 411 Columbia Street, Kamloops, BC, V2C 2T3, online at http://www.for.gov.bc.ca/HRA/Plants/ or by contacting the Agent listed above.

A person wishing to contribute information about a proposed treatment site, relevant to the development of the pest management plan may send copies of the information to the applicant (c/o SMC Consulting, Agent, at the address listed above), within 30 days of the publication of this notice.



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# Valentine's Day Stock Arrives This Week!



Rick Law and Lucy. Rick immediately jumped on the cat disregarding his own safety to save his loving pet in a cougar attack outside his home January 1st. Both are healing very well but the dog is having nightmares and sticking like glue to her owner. - photo submitted

being held by the throat by the cat. Rick went to the aid of "Lucy" and got the cat off her, but not before he and the dog were injured. Rick is also a Hayes Creek firefighter and medical first responder.

Hayes Creek members instantly responded to give medical aid and to search for the cat with firefighter Peter Grizer with radio, light, reflective clothing and a rifle tracking the big cat into the bush with no success.

Neither Rick or Lucy were seriously hurt and it was at this point that RCMP and the BC Conservation Service said they would attend with RCMP on scene at 8:00 PM and the CO at 8:45 PM.

This highlights where small communities are often not as well "serviced" and left to fall back on there own resources, and also the folly of closing the Princeton Conservation Office and leaving thousands of residents and thousands of square kilometres of wildlife resources depending on Conservation Officers stationed two hours away.

This cougar appeared to be a 2-year old cat about 60-pounds. This is common where cats are abandoned by their mothers at this time as the mother is looking for a mate and the young ones must "sink or swim" hunting on their own and are often starving and sometimes with other siblings.

The Conservation Officers searched for the cat with no success and planned to be back the next day with hounds and trackers. They tried predator calls with no luck and were unsuccessful on tracking the cat and a houndsman is on call and ready if any new sightings occur.

And that is where it sits now. Local residents are very nervous delaying or not doing usual outdoor activities or if they are they carry sticks, bear spray or a firearm or are in groups for added security.

# Flip Of The Coyne

#### by Spencer Coyne

I was so excited when I saw that council had finally become concerned with the state of Princeton's downtown. I thought to myself that finally, our leaders down at Town Hall are going to take action to do something to revitalize the downtown core and encourage business growth and development. Maybe they would be announcing tax incentives to owners to spruce up their buildings or maybe they got a grant to fix sidewalks to make it easier for those with mobility issues to get to and from their vehicles to local shops. My mind ran wild with all the things that might be happening.

Then I read the article, and although council was acknowledging that there is a problem, it didn't seem that everyone on council grasps the magnitude of the problem. Let me quote from last week's News Leader, "Business owners in Princeton had not seen the advantage of buying into the Similkameen tourism initiative in which each business can set up a website...They are out of step with modern marketing techniques."

I would like to say that this quote came from someone from the gallery, but instead it came from one of the sitting councillors. Now I understand this councillor may have some frustration since he appears to be the town's representative on the Similkameen Valley Planning Society and the Tourism Advisory Committee, but by trying to simplify the problem down to the lack of buy-in from Princeton on the valley-wide approach to tourism is not really the issue here. The councillor claims that by participating in this tourism website, businesses will get a website. This isn't really true either. They get a business listing page, far different from a website.

There is another problem with the idea that, if local businesses all had websites, the problem would be fixed. This idea does not factor in local market trends. For the record, Princeton has a very active business community on social media. If the councillor who made the remarks above understood current market trends, then he would know that our local businesses (home

based and brick and mortar) do very well in this area. I don't think it would matter what advertising workshops the Chamber of Commerce was to hold. It isn't going to be the silver bullet that is going to save the downtown, nor are hospitality courses.

Since certain members of council want to lay the blame of the failing local economy at the feet of the people who are working day in and day out to keep it afloat, let's take a look at the great leadership coming from Town Hall. Whatever happened to that new signage program that the town had the leisure and cultural services department working on? It had been three years or more since that started. Where is the signage to show people on the highway that there is a downtown? Why has council not seen it as a priority to slow traffic down and get them off the strip along Highway 3 and bring them into town? How much did they spend on a fancy new downtown, library, museum, and now Town Hall when there has been nothing done to bring people off the highway into downtown?

Then there is the issue of a downtown that looks abandoned once everyone has closed up shop. When the lights on the light posts are out, why would anyone want to explore our little town after hours? Lets not even start on basic infrastructure like sidewalks that are like roller coasters, potholes that take out front ends, and so on.

Sure you guys spent a dump truck

full of money on some Similkameen Valley tourism guide where Princeton is tucked away in the back and a website that doesn't lay out correctly in more than half the browsers I have viewed it in, not to mention how little it actually says about Princeton. It doesn't even come up on the first two pages when one googles the word \_\_\_\_\_\_ continued on Page 18

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# NEWS Leader

Similkameen News Leader, 226A Bridge Street, PO Box 956, Princeton, BC V0X 1W0

## My Turn...

#### White Line Fever

A conversation a few nights ago turned into an interesting rant of sorts about highways.

The main concern was about the condition of the markings on the pavement with Highway 3 the specific target.

The 'more seasoned' drivers remembered highway centre lines being marked in white paint and a quick search online confirms that the switch from white in the centre to yellow took place in the early 1970's in many places in Canada with white being used on the outside to basically indicate where pavement ended and ditch was about to begin.

Interestingly enough, the white 'outside' lines are commonly known as 'fog lines' and a night of driving in thick fog banks just east of Princeton had a lot to do with the start of the conversation on highway markings.

In the conversation it was becoming clear that even in the fog not only are the yellow centerlines invisible, the fog lines were well, lost in the fog.

Two words come to mind: reflective paint.

Even if the pavement is partly covered in snow or slush the reflective lines can still be seen enough to help even the most frightened driver correct their position in the lane while driving well below the posted speed limit to match the conditions, as all of us automatically do, right?

I know there has been a move in the past couple of years to add a 'rumble strip' to enhance the centerlines in and around the area and my guess is that's why the lines we all encountered last week were so hard to see as they probably didn't get painted because they are on that 'get around to it' rumble strip list.

I sort of like and dislike the rumble strips.

I like that they warn me I've crossed the centerline if I've taken a corner a bit too tight. I dislike that once filled with snow and ice they become just about as useless as the invisible fog lines in a heavy fog.

Either way, I would much rather not be on the road in fog, but we don't always get a choice in that matter.

That being said, I need to also remember that putting my trust in the driver ahead of me and following their tail lights isn't such a bad idea at times – providing they can see the lanes and don't suddenly fall off the road with me still using them to navigate my way through the fog.



W. George Elliott - Owner/Publisher \*

MEMBER - CANADIAN ASSOCIATION OF JOURNALISTS

Brenda Engel - Office Manager

caj

Dawn Johnson - Reporter Lynette Boyd - Office Assistant Arlene Arlow - Lower Valley Reporter Spencer Coyne - Columnist

#### EDITORIAL GUIDE

We would like you to write to us, but please remember to abide by artidiscrimination taxis. The News Leader reserves the right to refuse to print any letter which is not signed by the writer or is standarous; libelous or of uncommon sense! The Editor reserves the right to condense any letter or to substitute proper language for improper language.





June Hope, Secretary Nienke Klaver, Vice President Spencer Coyne, Director Judy Short and President Ed Staples. \*

## ... Your Turn

#### **Letters And E-Mails Received This Week**

To The Editor;

On behalf of the Support Our Health Care Society, I would like to wish all our members a Happy and Healthy New Year. 2013 has been a very positive and productive year for healthcare in our community. Most notably, we were blessed with the addition of three new doctors to the team of health care practitioners at the Cascade Clinic. The past year also saw the formation of the Princeton Health Care Steering Committee, charged with the responsibility of implementing the Health Care Action Plan.

As we look to the year ahead, we see many exciting projects and several important challenges. SOHC will be continuing its work with Dr. Barbara Pesut and her team of researchers from UBC Okanagan, as we develop a framework to study chronic illness and end of life care in Princeton. As part of this important work, we will be conducting a Community Asset Mapping project that will provide our team with a complete list of the valuable assets available to the residents of Princeton and Area H,

SOHC will continue its work on the Steering Committee as it develops an improved and sustainable health care model for our community. The Committee has achieved many of the goals identified in the Action Plan, including the recruitment and retention of four family physicians and one nurse practitioner, the establishment of a telehealth station at Princeton General Hospital, the installation of AED's at Riverside Community Centre and the Princeton Curling Club, and the development of a community plan to address health care transportation issues. Work is now in progress to upgrade and improve the facilities at Cascade Clinic, to meet the needs of the five practitioners and the resulting increase in patient volume. The Steering Committee is committed to achieving its goals by the end of its mandate in September of this

At the November meeting of the SOHC executive, it was felt that we had outgrown our old mission statement and needed a new one. Although it's a "work in progress", the following is what we came up with so far:

"Working together to develop a healthy community where all residents attain a safe and sustainable quality of life."

We also established the following goals for the coming year:

...... continued on Page 21

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# **Current Comment**

#### **Baboons Led The Way To Truth**



Dawn Johnson editor@thenewsleader.ca

Thanks to extensive research of the cause and effects of stress, we may have to change how we live if we want to live longer, healthier lives.

A researcher studying baboons in Africa discovered there is a high stress level in baboon society. In case you are not sure what a baboon is, it is a primate, sharing many genetic characteristics with all other primates, including us. Baboon society is very stressful due to a ranking order, or pecking order, affecting every member of the baboon society. The big alpha males are at the top of the society, casually abusing females, lesser males and youngsters. These super-macho males terrorize others, and attack any baboons that do not seem subservient enough. The stress levels are high among the lower ranks, and evidence has shown these downtrodden baboons have health problems related to

Carrying this concept that rank affects well-being, British health researchers studied a large group of civil servants. These civil servants are ranked based on their particular jobs. In England, civil servants have the same access to health care regardless of rank, so the study was considered only on the basis of rank. The study showed those whose rank was lower experienced higher levels of stress and were ill more often than those at the top. For example, a Level 1 was healthier and had less stress than a Level 2, who was healthier and less stressed than Level 3, and so on.

Another researcher discovered those under stress tend to be more obese, and put on fat around the mid-section of the body, where fat is most dangerous to health. In fact, among the less favored rank of baboons, they too get fat around the mid-section.

Following up on this research into the effects of stress, brain researchers discovered those who are experiencing stress do not produce healthy brain cells in the area of the brain which creates memory. The brain cells in an unstressed person tend to have many branches which store memory. The stressed person produces brain cells with few branches, limiting their memory capacity and their learning capacity. This may change our thinking about dementia in seniors, which is an expanding health concern. Are increasing numbers of seniors under enough stress to cause memory problems? Our thinking may change about children being raised in a stressful environment. Could they perform better in school if they were less

An expert on the study of telom-

# December weather: Not too cold

Princeton's weather in December 2013 was not the warmest December, but not the coldest, either. The first 10 days of December saw some low temperatures, going down to -24C, but set no records. The coldest temperatures recorded in December occurred in 1968, when temperatures on December 29 and 30 fell to -42.2C and -42.8C. That is COLD!

The warmest first week of December occurred in 1939, with temperatures up to 7.8C. December 14, 1974 set a record

7.4C, but December 15 may have set a record with 9.3C. The record for highest temperature in December was set in 1980 at 11.5C, beating the 1942 temperature of 11.1C.

The highest Christmas Eve temperature was set in 1936 at 6.1C, and the lowest Christmas Eve temperature was -35C, set in 1983. The highest Christmas Day temperature occurred in 2005 when a record 7.3C was set. The lowest Christmas Day temperature was -29.4C, set in 1964.

...... continued on Page 21

eres (ends of our chromosomes which determine how long we will live) discovered that stress causes our telomeres to start deteriorating, that is, aging at the cellular level. However, the telomeres can be repaired when a substance called telomerase is released by the body. Telomerase is released when we are happy, when we care for others, and when others care for us. Could we live longer, healthier lives if we were a more caring society?

A strange thing happened to the baboon study group. Most of the alpha males died. Suddenly, the pressure eased for all members of the baboon group. Individuals began treating each other better. They no longer tolerated alpha male behaviour. They were kinder to each other, and when young males from other baboon groups entered the first group, they were soon trained to adopt much more caring behaviours. The new baboon society was healthier and stress hormones had dropped substantially. It is too soon for solid evidence that they will live longer.

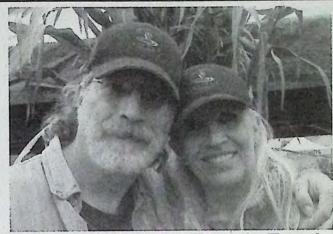
One researcher said it is not important what rank the rest of society gives us, but rather the way we rank ourselves, and whether we rank ourselves. How many people compare themselves to others in some way and feel they are 'less than' or 'better than' those with whom they compare themselves? If a person does a comparison and ranks himself or herself as 'less than' others, that person has created his or her own stress. It is the competition for social status that creates stress. Some people are obsessed with a need to be 'top dog' either in terms of money, prestige from what they know or what they can do, or in terms of how physically attractive or how popular they are.

The key to reducing stress is to see each person as valuable, without making comparisons. That seems to be hard to do in our society, particularly when some people make a point of putting down others. If we want to live in a society in which people are healthier and happier, each of us has to give up the notion that we should be ranked.

Changing our society is always difficult, but think of the money we could save, think of the suffering we could prevent, if we downstressed the way we live.

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**PrincetonBCNews** 

# Lower Valley News

**Keremeos - Cawston - Olalla** 



Some of the Lower Similkameen Community Committee is pictured here with Community Foundation staff at the Cawston Community Hall. From left, Aaron McRann (Executive Director, Community Foundation), Wilfrid Mennell (Chair of the Lower Similkameen Community Committee), Sarah Trudeau (Regional Development Coordinator, Community Foundation) and Lower Similkameen Committee Members; John Armstrong, Judy Chisholm, Kim English, Donna Bartlett and Arlene Arlow. - photo submitted

## Anonymous donation establishes foundation

An anonymous donor has stepped forward with a generous gift of \$5,000 to establish the Lower Similkameen Community Fund with the Community Foundation of the South Okanagan Similkameen. The donor hopes to inspire other local citizens to think about the future of their community and support the building a local endowment fund that would pro-

vide perpetual funding for the community.

"Community Funds are a great way for local citizens to help build a legacy for the community they care passionately about," said Sarah Trudeau, Regional Development Coordinator for the Community Foundation of the South Okanagan Similkameen.

"The Lower Similkameen

Community Fund ensures that all grants made from the fund will be used to support projects in the communities of the Lower Similkameen region. Donations made in these communities stay in these communities and continue to provide support forever.

The Foundation has been working with communities throughout the South Okanagan and Similkameen to develop committees that support local granting and fund development under the Smart & Caring Communities program, an initiative of Community Foundations of Canada. In March

of 2013 the Lower Similkameen Community Committee formed to advise the Community Foundation on local grant applications and fund development.

"The committee has been working hard to educate local citizens about the benefits of having a community fund that would support all areas of need in the Lower Similkameen area," said Wilfrid Mennell, Chair of the Lower Similkameen Community Committee.

"The anonymous donor is familiar with the work of the committee (Lower Similkameen Community Committee) and sees the donation as the first step in bringing local citizens together to imagine how they can make their community more Smart & Caring," said Trudeau.

The Community Foundation of the South Okanagan Similkameen has served the region for over 21 years, working with donors to create lasting impact in the areas of greatest need for the communities served.

Grants are distributed from income earned on investments, preserving the endowment capital to ensure a perpetual stream of funds. submitted

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# Family Centre launches Teen Drop-In Program

Lower Similkameen area teens will have some space to get together, to share a light meal, to watch a movie, to get some help with homework and even get some one to one counseling at the Family Centre on Thursday evenings.

Starting January 16th the kitchen, lounge and some homework space will be available at the Family Centre in Keremeos each Thursday evening from 4:30 PM until 8:00 PM.

The teen drop-in is open to young people 14 to 18 years of age. The

program will accommodate up to 16 young people at once in an evening.

Table games are welcome. There are some already on hand at the Family Centre,

Volunteers with interest, time and energy are welcome. New ideas and involvement are especially welcome.

Some extra activities during March 17 to 28 School Spring Break will rely on volunteers.

The Family Centre is located in the Lower Similkameen

Community Services building at 310 Veterans Avenue, Keremeos. The Family Centre entrance is across from the health unit on Third Avenue,

The Thursday evening Teen Drop In will run through School Spring Break, resume following the break and run to April 24th, possibly beyond.

For further information, or to offer assistance, about Thursday Teen Drop In you are asked to contact Dave Cursons at 250-499-2352 Local 107.

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# The Similkameen People

#### Special Feature by Dawn Johnson

Unless you have lived in the Similkameen Valley for some time, you are probably unaware you drive through Similkameen Indian Reserves as you go to Keremeos and Penticton. Many people living in Princeton are unaware there is Indian Reserve land right in Princeton, nor are they aware of driving through Indian Reserve at two locations along Old Hedley Road.

The Similkameen Indian Bands are part of our physical environment and most certainly part of our economic and political environment.

The Similkameen First Nations people are members of Upper Similkameen Indian Band and Lower Similkameen Indian Band. The Upper Similkameen territory extends from Manning Park and Tulameen to about halfway between Hedley and Keremeos. From that point to the international border is Lower Similkameen territory. The Upper Similkameen administration offices are on the top floor of Snazist Centre in Hedley, and the Lower Similkameen administration building is on the main street in Keremeos.

Both Upper and Lower Similkameen Indian Bands are part of the vast Okanagan Nation. Their common language is Interior Salish, and both their language and culture extend south into Washington State and north to Enderby. The network of individual Indian Bands work together on big issues affecting all of them, but each Indian Band is responsible for caring for the needs and aspirations of their own Band. Differences between Bands is largely a matter of location and economics. For example, the Similkameens have been primarily engaged in ranching and logging, while the Osoyoos Band is involved in vineyards and tourism and the West Bank Band is involved in real estate development.

Members of each Indian Bands elect their chief and councillors, and the chiefs become delegates to the Okanagan Nation meetings where one chief is chair of the organization. At these meetings, there is discussion related to cultural, environmental, economic and political matters. The Okanagan Nation is represented in the Council of BC Indian Chiefs and on national councils.

#### HISTORY

The Okanagan Nation was among

the last of the First Nations people of Canada to become involved in contact with non-native people. Elders of the Similkameens relate verbal history they learned from their parents and grandparents about what happened before non-native people arrived. They are relating a history that tells of when the non-natives first arrived a little more than 200 years ago.

First contact with non-natives was with the fur traders. While Similkameens and other bands were willing to trade for goods, particularly for rifles, fur traders complained these Indians were not diligent about trapping and hunting for furs. The reason for this lack of enterprise was the fact that they had horses to trade. The Similkameens and many other Okanagan bands had horse ranches long before nonnatives arrived, and the fur traders and explorers needed horses as well as furs. The horses brought a better deal, and the Okanagans and Similkameens were good at trade. Why spend a lot of time trapping for furs when you could trade one horse in a good deal?

One thing distinguished the experi-...... continued on Page 18



A number of pictographs can be found along Old Hedley Road. This one you have to hunt for. Photo: Brenda Engel

# Mining stays strong in BC

highest ever. With exploration spending remaining strong in 2013, mining remains one of the province's more important economic drivers.

- Every British Columbian uses almost 23,000 kilograms (about 50,000 pounds) of mined products each year. When you brush your teeth, turn on a light, drive a car, ride your bike, put on the television, use a camera or telephone you are supporting the mining industry.

- In 2012, more than 30,000 people were employed in mining, mineral exploration and related sectors. This is significant growth since 2001 when only 14,700 people were employed in mining.

- Mining contributes hundreds of

millions of dollars in revenue that help pay for government services like health care and education.

- Today B.C. has 19 operating mines (nine coal and 10 metal). In 2001, there were 15 operating mines (seven coal and eight metal).
- Mining takes up a very small portion of B.C.'s land - less than one per cent - but it makes a tremendous impact on the B.C. economy.

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A windy little snowstorm blew into downtown Princeton late in the morning of January 3rd. It didn't stay. \*

# Saddles 'n' Spurs

#### by Pastor George Donovan

While I'm talking about my Dad there is another story. We had approx. 35 horses and we were deworming them one day.

We would tie a rope to their halter and over the rafters in the barn to raise the horse's head. We used a steel syringe and a large direx pill in the end of it, about the size of a man's thumb, and then inserted it deep in the horse's throat and eject it and held their head up until they swallowed it.

Generally it was relatively fast and no fuss.

That was until we came to a horse named Sahara, a beautiful gelding that we had for years.

When I inserted the syringe I had my right arm over his neck. He reared up and came down full force, slipping on the concrete floor and went down and drove the syringe into his larynx.

It was a bad situation so we called the vet and he came right out.

After examination he said that the chance of the horse living was one in a million and recommended euthanizing him. My dad was there at the time and he said if I was

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horse and be responsible for it.

He had a big heart for animals. We not the horse in a higger stell and

going to do that he would take the

put the horse in a bigger stall and put a sling under him so he could get up and down. Dad had the vet come every day to check on him and to feed him intravenously. It took months of hard work keeping him clean in the stall and lifting him up and down but the horse finally fully recovered and was ridden for many more years.

I never asked Dad how much it

..... continued Next Week

## **Living Past 100**

#### **Make The Most of Winter**

Most of us gain weight in winter. This goes against the normal pattern of thousands of years of human experience. Until the Industrial Revolution, and for a century past it, winter was a time to lose weight. People had to exercise more in winter, walking to work in the cold, or putting harnesses on horses to pull wagons and sleighs through the cold. They had to gather coal and wood, bring it indoors, and stoke the fire to keep warm. Most people lived in a rural environment, so they had to feed livestock in the winter. Just dealing with the cold results in burning more calories, and working in the cold burns even more.

Why turn into a couch potato in winter? Yes, it is cold out there, but the air is fresh, and you can still go for a walk, even if you do not engage in winter sports. Shoveling snow burns calories, while sitting in front of the television or computer burns few calories and to make matters worse, the urge to snack adds calories.

Even while remaining indoors, most people could make better use of winter hours. Winter is a good time to clean house. Cleaning out closets, cupboards, and washing walls is good exercise and prepares the household for spring. When the good weather comes, who wants to be stuck indoors doing house cleaning?

Winter is a good time to clean the garage or storage shed, too. It is a good time for hobbies. Winter is a good time to sort through possessions and prepare for a yard sale in spring.

Gardeners can make use of winter by planning next summer's garden, and smart travelers use winter to plan vacation trips.

The goal of using winter well means keeping active, even if it is just to clean and sort. When these activities are finished, going to a gym is a good way to tone up for spring.

The last thing you need to do is sit and do nothing. Be active, whether it is in winter sports, going for a walk or a hike, cleaning house, or cleaning the garage. Make the best use of winter. Spring will come sooner than you expect!

# Entertainment Entertainment

Similkameen News Leader TV Guide Listings - January 7 - 13, 2014



The Beatles tribute band 'Fab Fourever' was well received in Princeton. Photo: www.fabfourever.com

# **Arts Council reviews year**

The Arts Council Concert Series in 2013 was particularly successful. March brought the De Danaan School of Irish Dance. The full house thrilled to the staccato rhythms of the dancers' feet. Some of the audience will have noted that one of the dancers, Freddie Ngyen, was especially adept and we are proud to report that he went on to the International championships in Ireland and has now joined a troupe of dancers based in Ireland.

In April we offered Alpha Yaya

Diallo, a multiple Juno award winner. Classic acoustic guitar combined with African drummers for an exciting performance from an internationally recognized musician. Then June brought a total change of pace - Concertante Chamber Players, a string quartet, gave us a sublime evening of classical pieces. This fall we kicked off our new series with Fab Fourever, who played to another full house. Their take on early Beatles music was superb and their Liverpool accents well-rehearsed as they practiced a Beatles style of banter with the audience.

Scheduled for February and March this year are 'Outerbridge: Clockwork Mysteries', a high energy magical adventure for the whole family (check tedouterbridge.com) and 'Wheat in the Barley', a group of six musicians playing a mixture of music from around the world in all kinds of genres on a wide variety of instruments (visit wheatinthebarley.com)

Meanwhile, we are currently seeking to book performances for the 2014- 2015 concert series and we ask you to give us your suggestions

of who or what kind of shows you would like to see. We have been fortunate to qualify for grant funding to assist in the cost of bringing in artists but it is important that we are meeting the demands of you, our audience.

You are requested to e-mail your suggestions to princetonartscouncil-bc@gmail.com or call Marjorie Holland at 250-295-6718. - submitted



Princeton Arts Council has already planned a full season of performances for 2014 including 'Wheat In The Barley' (above). Photo: www.wheatinthebarley.com

# Princeton Posse 2013/14 Clip 'n' Save Game Schedule NEWS Leaner

Date	Time	Away	Home
Exhibition	Season		
Sat Aug 31	7:30 PM L	Princeton 3	Summerland 5
Sat Sep 7	7:00 PM L		se 7 Princeton 0
Sun Sep 8	2:00 PM W	Grand Forks	Princeton 2
Regular Sea	ason		
Fri Sep 13	7:00 PM W	Kelowna 3	Princeton 4
Sat Sep 14	7:00 PM O		
Wed Sep 18	7:35 PM L	Princeton 1	Osoyoos 6
Fri Sep 20	7:00 PM L	Kamloops 5	Princeton 4
Sat Sep 21	7:00 PM L	Princeton 0	Kelowna 6
Sun Sep 22	3:00 PM C	ANCELLED Princeton	@ N Okanagan
Fri Sep 27	7:30 PM L	Princeton 3	Summerland 4
Sun Sep 29	2:00 PM W	Osoyoos 2	Princeton 4
FIGURE	TOO DAY	W.1.	D. C. C.
Fri Oct 4	7:00 PM L	Kelowna 4	Princeton 1
Sat Oct 5	7:00 PM L	Summerland	
Fri Oct 11	7:35 PM L	Princeton 2	Osoyoos 6
Sat Oct 12	7:00 PM O	Control of the Contro	Princeton 5
Tue Oct 15	7:00 PM L 7:00 PM C	Princeton 4	Kelowna 5
Sat Oct 19 Fri Oct 25	7:00 PM W		Princeton 3
Sun Oct 27	2:00 PM L	Kelowna 6	Princeton 6 Princeton 4
Sat Nov 2	5:00 PM L	Summerland	
Sun Nov 3	3:00 PM W		N Okanagan 4
Fri Nov 8	7:00 PM O	The state of the s	Nelson 5
Sat Nov 9	7:00 PM L	Princeton 3	Castlegar 5
Fri Nov 15	7:00 PM L	Nelson 7	Princeton 4
Sat Nov 16	7:00 PM C		
Sun Nov 17	5:00 PM O		Kamloops 5
Fri Nov 22	7:00 PM L	Princeton 2	Kelowna 4
Sat Nov 23	7:30 PM L	Princeton 1	Summerland 5
Wed Nov 27	7:00 PM L	Osoyoos 6	Princeton 2
Fri Nov 29	7:00 PM L	100 Mile Hou	se 4 Princeton 3
Fri Dec 6	7:00 PM W	Princeton 4	N Okanagan 2
Sat Dec 7	7:00 PM L	Castlegar 3	Princeton 2
Fri Dec 13	7:00 PM W		Chase 3
Sat Dec 14	7:00 PM W		Sicamous 2
Sun Dec 15	2:00 PM W		Revelstoke 4
Wed Dec 18	12 Noon W		Princeton 5
Fri Dec 20	7:00 PM L	Kelowna 5	Princeton 3
Wed Jan 1	2:00 PM C	ANCELLED N Okana	gan @ Princeton
Fri Jan 3	7:30 PM	Princeton @	Summerland
Sat Jan 4	7:35 PM	Princeton @	Osoyoos
Tue Jan 7	7:00 PM	Summerland	
Fri Jan 10	7:00 PM	Princeton @	Grand Forks
Fri Jan 17	7:30 PM	Princeton @	Beaver Valley
Sat Jan 18	7:00 PM	Princeton @	Spokane
Fri Jan 24	7:30 PM	Princeton @	Summerland
Sat Jan 25	7:00 PM	N Okanagan	
Fri Jan 31	7:00 PM	Princeton @	100 Mile House
Sun Feb 2	3:00 PM	Princeton@	N Okanagan
Tue Feb 4	7:00 PM	Princeton @	
Fri Feb 7	7:00 PM	Osoyoos@	Kelowna Princeton
Sun Feb 9	2:00 PM	Chase @	Princeton
Wed Feb 12	7:35 PM	Princeton@	Osoyoos
Fri Feb 14	7:00 PM	N Okanagan @	
Sat Feb 15	7:00 PM	Summerland @	
Sat Feb 22	7:00 PM	Grand Forks@	Princeton

## Tuesday Movies

**EVENING** 

9:00 pm KNOW ch.5 "Unmistaken Child" (2008, Documentary) Nepalese monk Tenzin Zopa scours his country's Tsum Valley for the reincarnation of revered Buddhist master, Geshe Lama Konchog, (CC)

Lama Konchog. (CC)
9:30 pm WTBS ch.3 "Race to
Witch Mountain" (2009,
Adventure) Dwayne Johnson. A
Las Vegas taxi driver unexpectedly
becomes the guardian of two runaways who possess paranormal

powers.

10:30 pm SPIKE ch.44 "Rambo" (2008, Action) Sylvester Stallone. John Rambo calls upon his long-buried but lethal skills to rescue a missionary and her comrades from the Burmese army. (In Stereo)

11:30 pm WTBS ch.3 "The Mist" (2007, Horror) Thomas Jane. Trapped townspeople face monsters inside and out after a super-

natural fog engulfs their Maine

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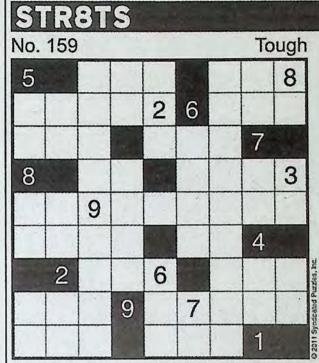
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# News Leader

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## News Leader Str8ts



You can find more help and strategies at www.str8ts.com along with more puzzles, Apple apps and books.

How to beat Str8ts —
Like Sudoku, no single number can repeat in any row or column. But...
rows and columns are divided by black squares into compartments. These need to be filled in with numbers that complete a 'straight'. A straight is a set of numbers with no gaps but can be in any order, eg [4,2,3,5]. Clues in black cells remove that number as an option in that row and column, and are not part of any straight. Glance at the solution to see how 'straights' are formed.

# THIS WEEK'S **News Leader Str8ts**

SOLUTION WILL APPEAR IN NEXT WEEK'S ISSUE

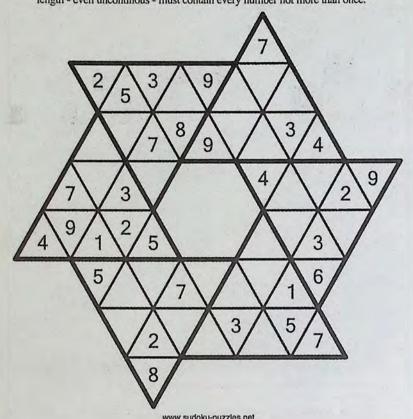
#### TUESDAY, JANUARY 7, 2014

		WTBS ch.3	CHBC ch.4	KNOW ch.5	KSPS ch.6	KHQ ch.7	KREM ch.8	A&E ch.9	KXLY ch.10	BCTV ch.11	CITV ch.12	CBC ch.13	YTV ch.18	TSN ch.19	VTV ch.22	DISC ch.24	FAM ch.26	CITY ch.29	SPIKE ch.44	DTOUR ch.45
6	AM	In the Heat	Morning	Wibbly Pig	Clifford	KHQ News	KREM 2	Criminal	Morning	Morning	(5:00) Morn-	CBC News	Kid vs. Kat	SportsCen-	CTV Morn-	Mighty	Stella-Sam	CityLine	Deadlest	Eat St. 0
6	:30	of the Night	News (N) iss	G. Shrinks	Martha	6AM (N)	Morning News	Minds O RG	Northwest	News (N) III	Ing News (N)	Now (N) O	Rescue	tre 🗯	Ing Live (N)	Planes 20	Phineas	(N) @D	Warrior Rd	Eat St. O
7	AM	Law & Or-		Ella the El	Arthur		CBS This	Criminal	Good Morn-			Tiger	Super Evil	SportsCen-		Mighty	Shake It	Let's Make	Deadliest Warrior	Disaster
1	:30	der: SVU		PAW Patrol	Wild Kratts		Morning (N) の 認可	Minds A RE	Ing America (N) 🐯			Arthur @0	Sidekick	tre #0		Ships "Becrux"	ANT Farm	a Deal (60	Warrior	Disaster
0	AM	Law & Or-		Maglc Bus	Curious	(N) O EQ		CSI: Mlami			Morning	Bo On/Go	Pokémon	SportsCen-		Bering	Jessie (2)	27.02.01.03.02.03.02.0		Security
8	:30	der: SVU		Dinosaur	Cat In the			"Dishonor"			Huntley	Busytown	Beyblade	tro ICC		Sea Gold: Under	Wizards	Right (N)	Warrior	Security
0	AM	Millionaire	Morning	Dragon	Peg	-	The 700	CSI: Miami	Livel Kelly	Morning	The Doc-	Super Why!	Monster	SportsCen-	Live! Kelly	Overhaulin'	Little	Jdg Judy	Deadliest	Bggg Bttls
9	:30	Millionaire	Huntley	Dinosaurs	Dinosaur		Club () (Ed	O RG	and Michael	Huntley	tors O &C	Napkin	Squirrel	tre 80	and Michael	O CC	Manny	Jdg Judy	Warrlor	Bggg Bttls
10	AM	Divorce	The Doc-	Poppy Cat	Sesame		The Price Is		The View	The Doc-	AnnaOlson	Bookaboo	Invasion	PBA Bowl-	The View	Auction	Never Land	The Chew	Deadliest	Security
10	:30	Divorce	tors n ao	Pajanimais	Street ()		Right (N)	Minds () KQ	O GE	tors () Rd	Debt/Part	Doodlebop	Almost	Ing: World Tour, Finals.	O EE	Auction	Sofia	O TEST	Warrior	Security
44	AM	Judge Alex	AnnaOlson	Rolle Polle	Tiger	LazyTown	Young &	Criminal	I Hate My	AnnaOlson	Noon News	Heartland	Flamingo	(Taped) 🕬	Marilyn	How/Made	Phineas	General	Deadliest	Airport
ור	:30	Judge Alex	Debt/Part	Mr. Moon	Sit & Be Fit	Noddy	Restless	Minds O 83	Hairi (60	Debt/Part	Hour (N)	"Do or Die"	Squirrel		Denis	How/Made	ANT Farm	Hospital (N) O	Warrior	Airport
	PM	King	Noon News	Dino Dan	Charlie	M. Williams	News	The First	The Chew	Noon News	Days of our	CBC News	Kld vs. Kat	SportsNa-	CTV News	Auction	Wingin'tt	Katie "Life	Deadliest	Eat St. O
12	:30	King	Hour (N)	Making	Rose (N) SE	Pald Prog.	Bold	48 80	0 80	Hour (N)	Lives (N)	Now (N) O	Sidekick	tion (N) ®0	(N) O Ed	Auction	Wizards	After Loss"	Warrior	Eat St. O
	PM	Community	Days of our	Dragon	Painting	Days of our	The Talk	The First	General	Days of our	The Talk	Republic of	Rated A	Hockey	The Social	Bering	Wizards	CityLine to	Deadliest	Bizarre
1	:30	Community	Lives (N)	Pajanimais	Quilting	Lives (N)	O RC	48 160	Hospital (N) O	Lives (N)	O ES	Doyle ()	Monster	Hockey	U RD	Sea Gold: Under	Good Luck		Warrior	Foods
	PM	Seinfeld O	The Talk	Blg Bear	Thomas	Katle "Life	Let's Make	The First	Queen	The Talk	Queen	Steven and	Kid vs. Kat	Off Record	Dr. Phil	Highway	Shake It	CityNews at	Deadliest	America
2	:30	The Middle	U RC	PAW Patrol	Super Why!	After Loss"	a Deal (N)	48 00	Latifah	0 80	Latifah	Chris (N) O	Super Evil	Interruption	0 80	Thru Hell	ANT Farm	5 (N) Rd	Warrior	RVs O ES
-	PM	The Middle	Queen	Clifford	Sid	Ellen	Dr. Phil	Storage	Rachael	Queen	Young &	Recipes	Sidekick	SportsCen-	Bethenny	How/Made	Jessie III	CityNews at	Deadliest	Disaster
3	:30	Mod Fam	Latifah	G. Shrinks	Peg	DeGeneres Show	O RE	Storage	Ray (N) 80	Latifah	Restless	Stefano	Squirrel	tre (N) 1883	(N) O 000	How/Made	Austin	6 (N) 80	Warrior	Disaster
-	-	Big Bang	Young &	Maya Bee	Wild Kratts	Jdg Judy	The Dr. Oz	Storage	The Doc-	Young &	Early News	Dragons'	SpongeBob	NHL	Ellen	Dally Planet	ANT Farm	Mod Fam	Deadliest	Security
4	:30	Big Bang	Restless	Arthur O	WordGirl	Jdg Judy	Show (N) O	Storage	tors o no	Restless	Global Nat.	Den O	Chucks	Hockey:	DeGeneres	(N)	ANT Farm	Mod Fam	Warrior	Security
	PM	Browns	News (N) 30		News	News	News	Storage	News	Early News	(4:59) News	News	Parents	New York Islanders	Show CTV News	Gold Rush	Austin	Dads (N)	Deadliest	Treasures
5	:30	Payne		Wild Kratts	Business	NBC News	CBS News	Storage	ABC News	Global Nat.	Hour (N)	News	SpongeBob	at Toronto Maple Leafs.	at Five (N)	-The Dirt O	Austin	Brooklyn	Warrior	Decoded (
	PM	Browns	Global Nat.	Hope for	PBS News-	News .	KREM 2	Storage	News at 6	(5:59) News	ET Canada	News	Japanizi	mapis Lodis.	CTV News	Gold Rush	Good Luck	New Girl	Deadliest	Monumen
6	:30	Payno	News	Wildlife RG	Hour (N) BE	Millionalre	News at	Storage	News	Hour (N)	Ent	Mercer	Sam & Cat	NHL Pre	(N) O RE	(N) 30	Good Luck	Mindy	Warrior	tal Myster-
	PM	Mod Fam	Ent	Lace Bite	The	Jeopardy!	6 (N) Inside Ed.	Shipping	Ent	Ent	Chicago	George S	Victorious	NHL	etalk (N)	Yukon Men	Shake It	Killer	Deadllest	les Mysteries-
7	:30	Seinfeld O	ET Canada	(N) 0 20	Polsoner's	Wheel	Access H.	Shipping	The Insider	ET Canada	Fire (N) SC	Coronation	ICarly III	Hockey:	Blg Bang	(N) O 860	Good Luck	Women	Warrior	Museum
	PM		NCIS KIII	The First	Handbook: American	The Biggest		Shipping	Agents of	NCIS KIII	NCIS "KIII	Mercer	Funniest	Pittsburgh Penguins at	Agents of	Dangerous	Good Luck	CityNews-	Deadliest	Museum
8		Family Guy	Chain" (N)	World War	Experience	Loser A	Chain* (N)	Shipping	S.H.I.E.L.D.	Chain" (N)	Chain" (N)	22 Minutes	Home	Vancouver	S.H.I.E.L.D.	Flights	ANT Farm	Tonight (N)	Warrior	Secrets III
-	:30		Real Sto-	Movie: ***	Frontline	kettlebell beach chal-	Intelligence	Storage	Goldbergs	Real Sto-	Real Sto-	Arctic Air ()	Videos	Canucks. Ittl	Intelligence	Cold Bush		U MI	Dog Wood	
9	PM	Amer. Dad	ries RC	*Unmistaken	(N) 0 BC	lenge.	"Pilot" 30	-		ries NG	ries Mil	3C (DVS)	Gags	Caarta	"Pilot" 30	(RE)	Wingln' It	Jimmy Kim- mel Live O	Deadliest Warrior	Monumen-
	:30	Movie:	011	Child* (2008)		Obline		Storage	Trophy	Oblassa	N- 11-	-	-	Sports	D	W. L	Connor			les
10	PM	to Witch Mountain"	Chicago Fire (N) 86		Moyers & Company O	Chicago Fire (N) and	Person of Interest (N)	Storage	Killer Women	Fire (N) &C	News Hour Final (N)	The National	Splatalot	SportsCen- tre (N) RE	Person of Interest (N)	Yukon Men	Good Luck	Maury O 88		Mysteries- Museum
	:30	Wountain						Storage	0 80			(N) %E	Zolnk'dl ()				Jessie 🖾		Movie: **	
11	PM		News Hour Final (N)	Cace Bite	Charlie Rose (N) se	News	Nows	Shipping	KXLY 4	News Hour Final (N)	ET Canada	CBC News	Mr. Young	SportsCen- tre (60)	News-Lisa	Dangerous Flights	Wizards	Paid Prog.	(2008) 0	Museum Secrets ##
	:30	The Mist			1	Jay Leno	Letterman	Shipping	J. Kimmel		The Test	George S	Boys		CTV News	1	Princess	Pald Prog.	L	

# News Leader Sudoku 487

### **HOSHI SUDOKU - About The Puzzle**

Sudoku - also known as "Number Place" - is a logic-based, combinatorial number-placement puzzle. The aim of Sudoku is to enter a number from 1 through 9 in each cell of a grid, most frequently a 9x9 grid made up of 3x3 subgrids. Each row, column and region must contain only one instance of each number. This Sudoku variant is called "Hoshi Sudoku". It contains six large triangles. The numbers 1 to 9 must be placed into the cells of each large triangle. Every line of any length - even uncontinous - must contain every number not more than once.



### THIS WEEK'S SOLUTION: Page 20

## Wednesday Movies

**EVENING** 

7:30 pm SPIKE ch.44 "Rambo" (2008, Action) Sylvester Stallone. John Rambo calls upon his long-buried but lethal skills to rescue a missionary and her comrades from the Burmese army. (In Stereo) 9:30 pm SPIKE ch.44 "Colors" (1988, Crime Drama) Sean Penn. A veteran policeman and his rookie partner fight Los Angeles street gangs. (In Stereo)

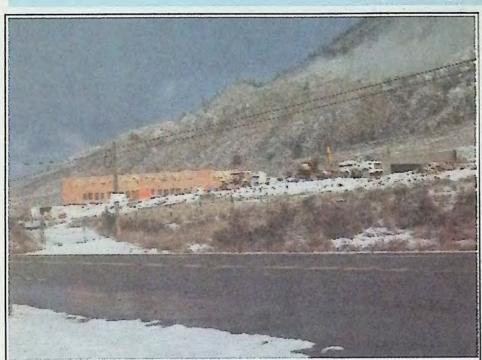
11:30 pm WTBS ch.3 "Along Came a Spider" (2001, Mystery) Morgan Freeman. A detective and a Secret Service agent investigate the abduction of a senator's daughter from a school.



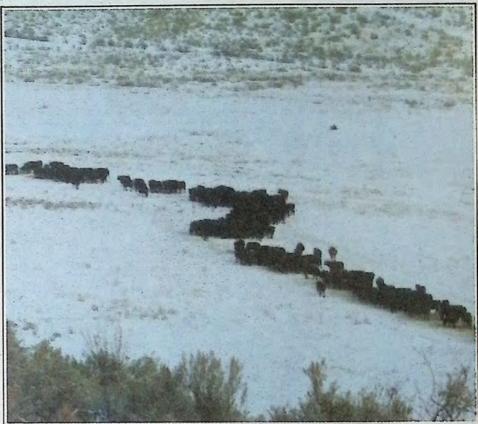
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		Divorce		Pajanimals							Debt/Part	Doodlebop	Almost	vs. Adonis		Auction	Sofia			les
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5	:30	Basketball: Georgia at		Wild Kratts	Business	NBC News	CBS News	Duck D.	ABC News	Global Nat.	Hour (N)	News	SpongeBob	nadiens at	at Five (N)	You're Screwed	Jessie 80	(N) O 35	Ways Die	Collectors
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6	:30	(N)	News	OBE	Hour (N) SE	Millionaire	News at 6 (N)	Duck D.	News	Hour (N)	Ent	Mercer	Sam & Cat		(N) O 350	Hunters 🕮	Phineas	Super Fun	Ways Die	Houseboat
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		Payne	Choice	The Four	Truth Exer-	(10:01)	Choice	Duck D.	David	Choice	Choice	The	Splatalot	SportsCen-	CSI: Crime	Salvage	Good Luck	Maury O III	"Colors" (1988)	Extreme
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11	:30	"Along"	Final (N)	Cities	Rose (N)	Jay Leno	Letterman	Duck D.	J. Kimmel	Final (N)	Final (N)	George S	Boys	tre BC	CTV News	Hunters at	Princess	Pald Prog.		Vegas O E

# Around The Similkameen!

#### What's Happening in Your Neighbourhood



Construction of the LSIB (Lower Similkameen Indian Band) Community Building is humming along. This picture was taken January 3rd at 10:50 AM along Highway 3 east of Cawston. The project is slated to cost \$6 million. Part of the funding was made available from Health Canada. A loan from the Bank of Montreal was acquired for the shortfall. In April of 2013 Copper Mountain Mine in Princeton signed an agreement to provide annual funding to the LSIB (Lower Similkameen Indian Band) and the USIB (Upper Similkameen Indian Band). The Copper Mountain Mine project is expected to remain open for 17 years, thus it is an opportune time for the LSIB to embark on the needed Community Building - they will quite likely have the cash to make their loan payments. Photo: Arlene Arlow



The cattle at the Elkink Ranch on the Richter Pass are pretty smart: as the rancher spreads feed for them the snaking trail of feed gets longer and longer. Smart cows (yes, you heard it here first) were seen departing ranks to run further up in the food chain where the rancher had left more food. The black, snaking spectacle was visible from the heights of Richter Pass January 3rd. Photo: Arlene Arlow

# Princeton Posse Report

#### **Club President Dean Johnston**

#### Posse clean up past business

By now the Posse story this season is relatively well known. Previous long term coach leaves, new board, new coach, new season. before you know it, Happy New Year!

Going into the Christmas break, on ice the Posse is coming back after having their season best road trip, a positive 5-2 record in December and a solid 4-1 in the last 5 games. The light in the tunnel ahead actually looks like taillights rather than a train coming head on even though the team lost their first two games in 2014 on the road (January 3 6-2 to Summerland and January 4 7-1 to Osoyoos).

Off ice the quest to find the Posse's role in the community continues. Some games the atmosphere is definitely on the right track - the noon game with the elementary schools was enough to make the board reconsider thoughts of discontinuing the annual treat. However, the feeling needs to be generated for every game in order to justify the luxury of junior hockey in such a small community.

Impossible? Absolutely no way. But to be clear one must work hard to afford luxuries, and small town hockey is no different.

To that end the Posse put to rest two issues that remained high on the priority list of the new board.

Dale Hladun coached here for seven seasons, well over half of the Posse's eleven seasons in Princeton. Much of our community has a 'Duner' story, good or bad. I for one have many more of the good. It has certainly not been a secret that Mr. Hladun left Princeton with disputes over his contract.

Prior to Christmas the organization and Duner officially put to rest all differences and the Posse wishes him well with both his current (Fernie Ghostriders) and future coaching challenges.

The current board endorsed early a position that operation of a junior

hockey club would no longer include operating a bus charter business as a primary source of revenue. Five months later, after much attention to detail by at least one board member, and again right before Christmas, the Posse sold it's second, and older of the two buses.

Patience to wait for a fair offer returned a value near the highest end of pre-sale estimated value.

One by one the organization is knocking down some of the major off ice hurdles identified by community volunteers operating as the Posse board.

Another one that as of yet is an

untold success story, is that of the commitment to success displayed by the 2014 coaching staff. Look for more on this topic later.

The Posse organization wishes a Happy New Year to the town and area around Princeton, to all fans, volunteers, sponsors, billet families, players, and anyone else we have missed.

And here's to supporting our devoted coaching staff and players as they start the relentless hunt of that last playoff spot.

Home games in January are Tuesday January 7, Tuesday January 21 and Saturday January 25. All games start at 7:00 PM.

## **Princeton Posse 2014 Home Games**



7:00 PM Tuesday, January 7 - Summerland
7:00 PM Tuesday, January 21 - North Okanagan
7:00 PM Saturday, January 25 - North Okanagan
7:00 PM Friday, February 7 - Osoyoos
2:00 PM Sunday, February 9 - Chase
7:00 PM Friday, February 14 - North Okanagan
7:00 PM Saturday, February 15 - Summerland
7:00 PM Saturday, February 22 - Grand Forks



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## Thursday Movies

**EVENING** 

9:00 pm KNOW ch.5 "Grass" (1999, Documentary) Harry S. Robins. Filmmaker Ron Mann looks at the history of marijuana, from early government propaganda newsreels to Ronald Reagan's war on drugs. Narrated by Woody Harrelson. (CC)
9:30 pm WTBS ch.3 "Final Destination 3" (2006, Horror)

Mary Elizabeth Winstead. A high-school senior and her friends must deal with repercussions of cheating death when they survive a terrible roller-coaster accident.

11:30 pm WTBS ch.3 "The Forbidden Kingdom" (2008, Action) Jackie Chan. A teenage fan of Hong Kong cinema finds a Chinese relic and travels back in time to help legendary martial-artists free the Monkey King.

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LOCAL - REGIONAL - NATIONAL - WORLD NEWS

ALWAYS FREE...ALL THE TIME

		WTBS ch.3	CHBC ch.4	KNOW ch.5	KSPS ch.6	KHQ ch.7	KREM ch.8	A&E ch.9	KXLY ch.10	BCTV ch.11	CITV ch.12	CBC ch.13	YTV ch.18	TSN ch.19	VTV ch.22	DISC ch.24	FAM ch.26	CITY ch.29	SPIKE ch.44	DTOUR ch.45
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	.50	The Middle	Queen	Clifford	Sid	Ellen	Dr. Phil	The First	Rachael	Queen	Young &	Recipes	Sidekick	SportsCen-	Bethenny	How/Made	Jessie 🖾	CityNews at		Disaster
3	PM	The second	Latifah	G. Shrinks	Peg	DeGeneres	O BE	48 (80)	Ray (N) 60	Latifah	Restless	Stefano	Squirrel	tre (N) BE	(N) O EC	How/Made	Austin	6 (N) B0	Cops &	Disaster
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6	PM		News	Cities	Hour (N) E	Millionaire	News at	nasty (CC)	News	Hour (N)	Ent	Mercer	Sam & Cat	Knicks.	(N) O BE	ers: Outlaw	Shake It	Pckge Deal	Wrestling	"San Diego"
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	:30	Family Guy	1	England's	Father		Access H. Blg Bang	(8:01)	The Taste	Howle Do	Howie Do	The Nature	Funnlest	Basketball:	Big Bang	How/Made	Good Luck	CityNews-	Wildest Po-	Extreme
8	PM			Early	Brown O SC	Parks	The Millers	Rodeo Girls	"My Life on	The Millers	The Millers	of Things	Home	Oklahoma City Thunder	Two Men	How/Made	ANT Farm	Tonight (N)	lice Videos	Collections
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9	:30	Amer. Dad Movie:	Sean Save Fox Show	"Grass" (1999) 8s	Foyle's War &	Sean Save	Two Men	Duck D.		Fox Show	Fox Show	(N) O	Gags	Nuggets.	Hope En	tier	Wingin' It	mel Live O	lice Videos	Foods America
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## Friday Movies

#### **EVENING**

7:00 pm YTV ch.18 ``Gulliver's Travels" (2010, Comedy) Jack Black. While a man is on assignment in the Bermuda Triangle, a vortex transports him to Lilliput, a magic land of

little people. (In Stereo) (CC) 8:00 pm FAM ch.26 "Wizards of Waverly Place: The Movie" (2009, Comedy) Selena Gomez. A young wizard conjures a spell that puts her family in jeopardy. (In Stereo) (CC) 9:30 pm WTBS ch.3 ``Head of State" (2003, Comedy) Chris Rock. An alderman becomes a presidential candidate and chooses his unsophisticated brother as a running

10:00 pm FAM ch.26 "The Cheetah (2003, Comedy-Drama) Raven. Four diverse New York teenagers hope their music group will hit the big time. (In Stereo) (CC) 11:30 pm WTBS ch.3 "The Mothman Prophecies" Suspense) Richard Gere. A reporter investigates the sightings of a strange creature and other strange phenomena in a small town.

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# WS Leader

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**KSPS** 

ch.6

Lincoln

Center

Rose (N) 30

(N)

(10:01)

Dracula

(N) 502

Blue

Bloods (N)

KNOW

ch.5

KHQ

ch.7

**KREM** 

ch.8

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KXLY

ch.10

Shark Tank

20/20 0 150

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(10:01) The (10:01)

First 48

First 48 to

ch.11

FRIDAY, JANUARY 10, 2014

CHBC

ch.4

**WTBS** 

ch.3

:30 Movie:

PM of State

:30 (2003) Chris Rock.

:30 "Mothman"

(10:01)

Dracula

Final (N)

CHBC News Architects

of Change

# News Leader Recipe 594

#### Slow Cooker Frozen Stuffed Turkey Breast Roast

Perfect for a small turkey dinner with little effort, but great taste!

Prep time: 10 minutes | Cooking time: 5.5 hours | Serves: 6-8.

- 1 Granny's Seasoned Stuffed Turkey Breast\*
- 2 1/2 cups (600 mL) baby potatoes, halved or quartered
- 1 cup (250 mL) peeled baby carrots
- 1/2 cup (125 mL) low sodium turkey or chicken stock
- 1/2 tsp (2 mL) sea salt
- 1/4 tsp (1 mL) freshly ground black pepper
- 2 tbsp (30 mL) mild paprika
- 1 tsp (5 mL) ground coriander seed
- 1/2 tsp (2 mL) dried ground rosemary

Microwave potatoes on high for 4.5 minutes; place in bottom of a 6-7 quart slow cooker. Microwave carrots on high for 2.5 minutes; add to cooker. Mix in stock, salt and pepper. Remove the roast from plastic bag; do not remove netting. Place the roast on its side on top of the vegetables in the slow cooker. Mix paprika with coriander and rosemary and sprinkle over roast.

Cook on high setting for 5.5 hours.

\* Granny's Seasoned Stuffed Turkey Breast roast is available at Safeway.

Recipe courtesy of Turkey Farmers of Ontario.

CITY

ch.12

CBC

ch.13

For more great turkey recipes visit the Manitoba Turkey Producers website at www.turkey.mb.ca.

YTV

ch.18

TSN

ch.19

VTV

ch.22

Grimm (N)

Bloods (N)

News-Lisa

CTV News

Blue

Sports

SportsCen-

tre (N) Rd

SportsCen-

Splatalot

Mr. Young

National

**CBC News** 

George S

(N) 100

Dangerous

Salvage

Hunters

Close

Jimmy Kim- Cops 200

Paid Prog. Jall (80)

Paid Prog. Jail 1883

mel Live O

Good Luck

Movie: \*\*

The Chee-

tah Girls" ()

The Dead

Files () 50

The Dead

DISC

ch.24

FAM

ch.26

CITY

ch.29

SPIKE

ch.44

DTOUR

ch.45

#### In the Heat **Wibbly Pig** KHQ New KREM 2 Storage Morning (5:00) Mom **CBC News** Kld vs. Kat Morning SportsCer CTV Morn-Stella-Sam CityLine Eat St. O Mighty ink Master Morning of the Night 6AM (N) Planes E (N) 80 Northwest Now (N) O ng Live (N) :30 G. Shrinks Martha Rescue Storage Eat St. O Phineas Yu-Gl-Oh! Law & Or Ella the El Arthur Today An **CBS This** Storage Good Morn-Tiger **SportsCen** Mighty Shake It Let's Make Ink Master Disaster Morning (N ing Americ Ships & re (c) a Deal (N) 0 200 :30 **PAW Patrol** Wild Kratts Storage Arthur (8) Sidekick ANT Farm (N) (KE) Magic Bus Curlous Morning Bo On/Go Flying Wild der: SVU :30 Cat in the Busytown Beyblade Wizards AM Millionaire Dragon Storage Livel Kelly Livel Kelly Peg Morning The Doc Super Whyl Monster Little **SportsCen** Overhaulin Jdg Judy Ink Master Bizarre Buck Off" Millionaire Huntley Storage :30 Dinosau Huntley **Dinosaurs** Napkin Squirrel Manny Jdg Judy The Doc-AM Divorce Poppy Cat Sesamo The Price Is Storage The View The Doc-AnnaOlson Bookaboo Invasion 24 CH 60 Auction Ink Master The View tors () 300 Right (N) San Diego Storage :30 Divorce **Palanimals Debt/Part** Doodlebop Sofia Almost Auction (EI) AM Judgo Alex AnnaOlson Rolle Polle Jdg Judy Pald Prog. AnnaOlsor Ink Master How/Made Phineas General Extreme Restless Full Circle :30 Judge Alex Debt/Part Sit & Be Fi Jdg Judy Storage Paid Prog. Squirrel How/Made **ANT Farm** Pald Prog. The Chew Storage Noon News **CBC News** News Days of our Kld vs. Kat **CTV News** Ink Master Figure Last Fron-Wingin' It Katle O 33 Eat St. O Rose (N) Now (N) O (N) O 22 Making :30 King Pald Prog. Bold Storage Sidekick Wizards Eat St. O PM Community Days of our Dragon Watercolo Days of our The Talk The First General Days of our The Talk Republic of Rated A The Social Moonshin-Wizards CityLine @ Ink Master Bizarre Hospital lves (N) 48 EG Lives (N) Doyle () ers: Outlaw Foods :30 Community **Pajanimals** Scrapbool Monster America PM Seinfeld 0 The Talk Big Bear Thomas Katie O RE Let's Make The First The Talk Off Record Kid vs. Kat Dr. Phil Shake It Cops & CityNews at Extreme a Deal (N) 48 00 Latifah Latifah Chris 30 Super Why :30 The Middle **PAW Patrol** Super Evil Interruptio ANT Farm Jall 80 PM The Middle Clifford Dr. Phil The First Rachael Queen Sidekick Bethenny Young & Recipes SportsCen How/Made Jessie 180 CityNews at Cops ( Disaster DeGeneres 48 30 Latifah (N) 0 20 Ray (N) 30 re (N) 80 5 (N) to :30 Mod Fam G. Shrinks Peg Stefano Squirrel How/Made Austin Jall Rd Disaster Show PM Blg Bang Wild Kratts Mod Fam Young & Maya Bee Jdg Judy The Dr. Oz The First The Doc-Young & **Early News** SpongeBob Hockey Ellen Daily Planet Phineas Welrd or Dragons' ors O ag DeGenere Den O 30 What? :30 Big Bang Arthur O Biz KidS Jdg Judy Global Nat. Kung Fu Cops & Ing: 2014 News (N) BE | Martha The First PM Browns News Early News News (4:59) New **CTV New** Last Man Cops 30 Murder in Hour (N) Hunters (N) 48 110 at Five (N) Wild Kratts Business ABC News :30 Payno **NBC News CBS News** National Global Nat. SpongeBol Good Luck Back in Cops 30 KREM 2 News at 6 (5:59) News SpongeBob CTV News News Dangerous Dog Raising Cops Ita The Dead 48 50 Hour (N) Flights Files () BO :30 Payno Ent Our Part News Mercer SpongeBob Austin Enlisted O Cops & 6 (N) First 48 (N) The Insider 1 :30 Seinfeld O ET Canada Moyers Wheel Access H. Coronation Close Jessle 20 Liquidator Pittsburgh Penguins at PM Family Guy Bones (N) Murder Call the Dateline Undercover (8:01) The Last Man Bones (N) M'ketplace Mike CityNews-Cops III The Dead NBC (N) 25 Boss (N) O First 48 KG Midwife an BE (DVS) :30 Family Guy Neighbors Nelghbors Cops 20 Point\* PM Amer. Dad Hawall Five- The Inspec- Live From Grimm (N) Hawaii Five- (9:01) The the fifth es-

Hawaii Five- Hawaii Five-

The Test

Final (N)

## News Leader Weekend - Saturday Movies

#### MORNING

8:00 am WTBS ch.3 "The Boys Are Back" (2009, Comedy-Drama) Clive Owen. Still reeling from the death of his wife, a man adopts an unconventional method of raising his two sons.

#### **AFTERNOON**

12:00 pm FAM ch.26 "The Wizards Return: Alex vs. Alex" (2013, Comedy) Selena Gomez. While visiting Tuscany, Italy, a young wizard accidentally creates an early version of hearest (In an evil version of herself. (In Stereo) (CC)

2:00 pm CITV ch.12 "Thor" (2011, Action) Chris Hemsworth. After his reckless actions reignite an ancient war, the Norse god is

stripped of his powers, cast out of Asgard and forced to live among humans. (CC) (DVS)

3:00 pm CHBC ch.4 BCTV ch.11
"Thor" (2011, Action) Chris
Hemsworth. After his reckless actions reignite an ancient war, the Norse god is stripped of his powers, cast out of Asgard and forced to live among humans. (CC) (DVS)

#### **EVENING**

6:00 pm WTBS ch.3 "Hot Tub Time Machine" (2010, Comedy) John Cusack. Following a night of drinking in a ski-resort hot tub, four pals awake in 1986, getting a

chance to rewrite the past. CITY ch.29 "Fubar" (2002, Comedy) Paul Spence. A documentary filmmaker chronicles the daily

activities of two hard-drinking fans of heavy-metal music. (CC) (DVS) 8:00 pm KSPS ch.6 "Giant" (1956, billion pm RSPS ch.6 Gant" (1956, Drama) Elizabeth Taylor. A cattleman and his spoiled wife watch an upstart oilman try to take over Texas. (In Stereo) (CC) YTV ch.18 "The Last Airbender" (2010, Fantasy) Noah Ringer. A being with the ability to manipulate the four elements ions forces with a

the four elements joins forces with a waterbender and her brother to restore balance to their war-torn

world. (In Stereo) (CC)
DTOUR ch.45 "A Fistful of
Dollars" (1964, Western) Clint Eastwood. Sergio Leone's classic about a mysterious drifter's involvement with warring factions in a Mexican border town. (In Stereo) (CC)

9:00 pm WTBS ch.3 "Heart

Condition" (1990, Suspense) Bob Hoskins. A racist policeman receives the transplanted heart, and soul, of a black lawyer he doesn't like.

10:00 pm FAM ch.26 "16 Wishes" (2010, Comedy) Debby Ryan. The wishes of a teenager magically come true on her 16th birthday. (In Stereo) (CC)

11:00 pm WTBS ch.3 "Hardball" (2001, Drama) Keanu Reeves. A sports junkie agrees to coach Little League Baseball in Chicago in order to pay his gambling debts.

DTOUR ch.45 "A Fistful of Dollars" (1964, Western) Clint Eastwood. Sergio Leone's classic about a mysterious drifter's involvement with warring factions in a Mexican border town. (In Stereo) (CC)

WEEKLY LOCAL CHURCH SERMONS livingwaterchurch.info

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#### SATURDAY, JANUARY 11, 2014

		WTBS ch.3	CHBC ch.4	KNOW ch.5	KSPS ch.6	KHQ ch.7	KREM ch.8	A&E ch.9	KXLY ch.10	BCTV ch.11	CITV ch.12	CBC ch.13	YTV ch.18	TSN ch.19	VTV ch.22	DISC ch.24	FAM ch.26	CITY ch.29	SPIKE ch.44	DTOUR ch.45
10.01	AM	Paid Prog.	Ancestors	Peep, Big	Heartland	(5:30) Today	CBSThis	Criminal	Pald Prog.	Ancestors	Saturday	Our	Sidekick	SportsCen-	Julcebox	Dangerous	Slug Terra	Kitch.	Bigfoot	Live Here
6	:30	Paid Prog.	Fishful	Thomas	FlyTylng	(N) O 22	Morning	Minds O RE	Pald Prog.	Fishful	Morning News Shane	Vancouver (N) ES	Super Evil	tre 🖾	0 650	Flights	Wingin' It	Panorama	Bounty	Paid Prog.
	AM	The Office	Saturday	Rolle Polle	MotorWeek	KHQ News	Lucky Dog	FlipThis	Good	Saturday	Jones. (N)	Animal	Allen	NFL Count-		Ice Cold	Gravity	Eye/Asia	Bar Rescue	Security
7	:30	Atl. Eats	Morning	Tree Fu	Greener	Saturday (N) 20	Dr. Chris	House 22	Morning	Morning News Lynn		Super Why!	Parents	down (N) (Live) 🚳		Gold 80	Phineas	Payke Iran	0	Security
100	-	Movie: **>	News Lynn Colliar,	Ella the El	Woodsmith	(14) acc	Recipe	FlipThis	America Hanna	Colliar,		Artzooka	Chucks	(Cive) as	Canada AM	Close	Phineas	Pollsh	Bar Rescue	The Dead
8	:30	"The Boys	Welsa Wong, & Jay	PAW Patrol	Rough Cut		J. Oliverr	House &C	Ocean	Welsa Wong, & Jay		Cross	Rabbids		Weekend	Close	Shake It	Studio 86	0	Files () BO
	AM		trong, wouy	Dino Dan	Hometime		All In	Filpping	Explore	Janower. (N)	Flshn	Absolutely	SpongeBob	Motoring	Marilyn	Airplane	Good Luck	EP Weekly	Bar Rescue	Ghost
9	:30			Arthur O	Old House	English	Changers	Vegas 🐯	Rescue		Real Fish.	Canadian O	Monsters	24 CH (N)	Denis	Repo 📾	Liv-Mad.	Reviews on	0	Adventures
	AM	The Office	Fishn	Pingu 80	Old House	Premier	Hate Hair?	Rodeo Giris	Control of the	Fishn	Powerboat	Doc Zone	Sanjay	Curling:	Sick Kids	Mayday	ANT Farm	Travels	Bar Rescue	Ghost
10		College	Real Fish.	Jungle B'k	Kitchen	League	Whacked	80	Expedition	Real Fish.	Driving TV	0 60	Korra	Travelers All-	Is Written	Turning	Jessie 🖾	Ed's Up	0	Adventures
		Basket-	2000	Marco Polo	Jazzy		Pald Prog.	Rodeo Girls	Deg 1 -Care 1 hr	Powerboat	House	the fifth	Turtles	Star Skins Game, First	Junk Raid-	Point*	Austin	Shopping	Cops ICC	Security
11	200	at South	Driving TV	Wild Kratts	Chefs Life		NFL Tradi-	RE	TBA	Driving TV	"Transplant"	estate O BD	BeyWar.	Semifinal. (N) (Live) EE	ers O RG	Close	Dog	Channel &	Cops 80	Security
		Carolina. (N)		Animals	Cook's	Figure Skat-	tions	Storage	World of X	Noon News	Moves	FIS Ski	Pokémon	(IA) (CIAB) ac	To Be An-	Naked and	*Wizards	Shopping	Cops ()	America
12	:30	(Live)	Hour (N)	Animals	Garden	Ing: U.S.	College	Storage	Games (N)	Hour (N)	Simpsons	Jumping	Rangers		nounced	Afraid ©C	Return:	Channel 35	Cops 20	Declassi-
		College	Moves	Parks	Antiques	Champion- ships. From	Basketball:	Storage	ESPN	Moves	Simpsons	FIS Alpine	Yu-Gl-Ohl	Figure		Salvage	Alex"	Pald Prog.	Cops 🗺	Airport
1	:30	Basketball:	Simpsons	Parks	Roadshow	Boston. (N)	Kentucky at Vanderbilt.	Storage	Sports Sat-	Simpsons	Simpsons	Skilng	B-Daman	Skating	NFL Foot-	Hunters	Phineas	Pald Prog.	Cops &C	Airport
	10000	Alabama at Georgia. (N)	Simpsons	Frontier of	Secrets of	(Live) ac	(Time tenta-	Storage	urday (N)	Simpsons	Movie:	FIS Free-	Japanizi		ball: NFC	Dangerous	Gravity	Travels	Cops Rd	Extreme
2	:30		Simpsons	Construc-	Highclere	tive).	uve).	Storage		Simpsons	*** "Thor"	style Skiing	Japanizi		Divisional Playoff	Flights	ANT Farm	Ed's Up	Cops (E)	Collections
		Community	Movie:	tion Waterfront	Globe Trek-	Jdg Judy	Focus T25	Storage	To Be An-	Movie:	(2011) Chris Hemsworth.	National	Japanizi	SportsCen-	- TBA at	How/Made	Good Luck	CityNews	Cops &d	Disaster
3	PM		*** "Thor"	Cities	ker O	Chica	Paid Prog.	Storage	nounced	*** "Thor"	EE (DVS)	HNIC	Japanizi	tre (N) 30	Seattle Seahawks.	How/Made	Next Step	Weekends	Cops &	Disaster
	:30	Community	(2011) Chris Hemsworth.	National	Steves	Noodle	Backroads	Bad Ink		(2011) Chris Hemsworth.		NHL	Babysitting	Figure Skat-	(N) KC	Cash Cab	Jessie 🐯	Murdoch	Cops (20)	Security
4	PM	Family Guy	සස (DVS)	Geographic	WA. Grown	Justin	NFL	Bad Ink	Beer Geek	図 (DVS)	Global Nat.	Hockey:	Babysitting	Ing: 2014	The OT (N)	How/Made	Dog	Mysteries	Cops RE	Security
	:30	Family Guy		England's	Last/Wine	News	NFL Foot-	Bad Ink	News		News Hour	Regional Coverage.	Babysitting	Canadian National	NFL Foot-	Gold Rush	Shake It	Murdoch	Cops Rd	Ghost
5	PM	The Middle	News	Enrly	Walt	NBC News	ball: AFC	Bad Ink	ABC News	Global Nat.	(N)		Babysitting	Champion-	ball: AFC	Rel	Austin	Myster-	Cops 20	Adventures
	:30		Global Nat.	Queens Hope for	Lawrence	News	Divisional Playoff -	Bad Ink	News	(5:59) News	16x9 30		Assembly	ships. 20	Divisional Playoff	Bering	Good Luck	les () Movie: **	Cops RU	Ghost
6	PM	Movle: *** "Hot	News	Wildlife (10)	Welk	Jeopardy!	TBA at New	Bad Ink	The Insider	Hour (N)	1023 20		Mr. Young	Curling:	TBA at New	Sea Gold:	Wingin' It	"Fubar"	Cops KG	Adventures
	:30	Tub Time Machine*	16x9 EE	Amazing	Keep Up	Criminal	England Patriots. (N)	Bad Ink	Entertain-	16x9 80	Perfect	NHL	Japanizi	Travelers	England Patriots. (N)	Under Yukon Men	Wizards	(2002) Paul Spence.	Cops 🕬	Ghost
7	PM	(2010)	1029 000	Planet	As Time	Minds O BS		Bad Ink	ment	IOAS SW	Storms	Hockey:	Babysitting	All-Star Skins Game		0 30	ANT Farm		Cops SC	Adventures
	:30	The Oleans	Perfect	Heartbeat	Movie:	Flgure Skat-	To Bo An	Bad Ink	Tonight The Bach-	Perfect	Continuum	Pittsburgh Penguins	Movie: *%	Second	Big Bang	Moonshin-	Shake It	CityNews	Cops 35	Movie: ***
8	PM	The Closer	Storms	"Intuition"	*** * "Gi-	Ing: U.S.	nounced	Bad Ink	elor Juan	Storms	2C	at Calgary	The Last	Semifinal. (Taped) 83	Anger	ers o sc	Austin	Weekends	Cops 20	"A Fistful
	:30		0	***************************************	ant" (1956, Drama)	Champion- ships. From			Pablo meets the women.	Cantinum	Tour Culma	Flames. (N) %0	Airbender* (2010) O		The Mental-	Bering	Really Me	The Office	Cops se	of Dollars" (1964) O
9		Movie:	Continuum 30	Midsomer Murders	Elizabeth	Boston. (N		Bad Ink	36	Continuum	True Crime Scene ()	HNIC After	1	Sports	Ist O 30	Sea Gold:	Wingin' It	The Office	Cops &C	
	:30	Condition* (1990)	Tour Calman	"The Night of the Stag"	Taylor, Rock Hudson.	Same-day Tape) O		Bad Ink	Killer	True Crime	News Final	Hours	Super Evil	SportsCen-	Saving	Under Yukon Men	Movie: **	The Office	Bigfoot	Ghost
10	PM	(1990)	Scene ()	20	0 20			Bad Ink	Women	Scene O	(10:35)	News	Boys	tre (N) 32	Hope (CC)	O BC	"16 Wishes"	The Office	Bounty	Adventures
-	:30	Movie:	News Final	Waterfront		News	News	Bad Ink	Sanctuary	News Final	Saturday	NHL	Mr. Young	SportsCen-	(DVS) News	Gold Rush	(2010)	Paid Prog.	Police	*A Fistful of
	PM										Night Live									

## News Leader Weekend - Sunday Movies

#### MORNING

7:00 am DTOUR ch.45 "A Fistful of Dollars" (1964, Western) Clint Eastwood. Sergio Leone's classic about a mysterious drifter's involvement with warring factions in a Mexican border town. (In

Stereo) (CC) 8:00 am WTBS ch.3 "The Firm" (1993, Drama) Tom Cruise. A lawschool grad uncovers a sinister secret about the Tennessee firm that made him an offer he couldn't

#### **AFTERNOON**

12:00 pm FAM ch.26 ``Starstruck" (2010, Drama) Sterling Knight. A Midwestern girl visits Los Angeles and spends time with a rising Hollywood pop star. (In Stereo)

1:30 pm YTV ch.18 "Peter Pan" (2003, Adventure) Jason Isaacs. Peter Pan leads Wendy and her two brothers on an adventure involving Captain Hook and his band of pirates. (In Stereo) (CC) (DVS)

2:00 pm CITV ch.12 "Something Borrowed" (2011, Romance-Comedy) Ginnifer Goodwin. After imbibing too much at a party, an unhappily single woman falls into bed with the fiance of her best friend.

3:00 pm CHBC ch.4 BCTV ch.11 "Something Borrowed" (2011, Romance-Comedy) Ginnifer Goodwin. After imbibing too much at a party, an unhappily single woman falls into bed with the

fiance of her best friend. 4:00 pm YTV ch.18 "Arthur 2: The Revenge of Maltazard" (2009, Adventure) Voices of Selena Gomez. Animated. Arthur receives a distress call from Princess Selenia and flies to her rescue, but Emperor Maltazard has a nefarious plan to ensnare the young hero. (In Stereo) (CC)

5:00 pm CBC ch.13 ``101 Dalmatians'' (1996, Adventure) Glenn Close. London fashion maven Cruella DeVil steals pups for her newest creation, Dalmatian coat. (In Stereo) (CC)

#### **EVENING**

6:00 pm WTBS ch.3 `The Last Castle" (2001, Suspense) Robert Redford. A court-martialed general leads a revolt against a corrupt

warden in a military prison. YTV ch.18 ``Arthur 3: The War of the Two Worlds" (2010, Adventure) Voices of Selena Gomez. Animated. Shrunken to only two inches tall, Arthur has to battle evil Maltazard, who decreases his size with the help of Selenia and Betameche. (In Stereo) (CC)

9:30 pm SPIKE ch.44 "Elektra" (2005, Action) Jennifer Garner. Premiere. Hired to kill a man and his daughter, an assassin instead protects them while battling formidable adversaries. (In Stereo)
10:00 pm FAM ch.26 "The Cheetah Girls: One World" (2008, Comedy-Drama) Adrienne Bailon. The Cheetah Girls go to India to appear

in a Bollywood musical, but the director can choose only one of them for the role. (In Stereo) (CC)

10:30 pm WTBS ch.3 "The Mexican" (2001, Comedy-Drama) Brad Pitt. A bungling gangster must reform to please his girlfriend

but still has one last job to fulfill. 11:30 pm CBC ch.13 `The Phantoms" (2012, Docudrama) Tyler Johnston. One year after an

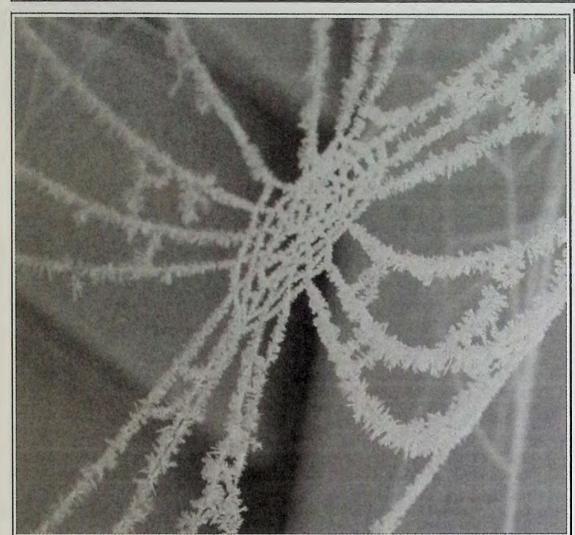
accident claims the lives of highschool basketball players, members of the team compete for the championship. (In Stereo) (CC)



If you haven't 'got the foggiest' what this is, you'd be close. It is what fog looks like from inside a bank of it located along Similkameen River December 31st just a few kilometres east of Princeton. Photo: Brenda Engel

#### SUNDAY, JANUARY 12, 2014

		WTBS ch.3	CHBC ch.4	KNOW ch.5	KSPS ch.6	KHQ ch.7	KREM ch.8	A&E ch.9	KXLY ch.10	BCTV ch.11	CITV ch.12	CBC ch.13	YTV ch.18	TSN ch.19	VTV ch.22	DISC ch.24	FAM ch.26	CITY ch.29	SPIKE ch.44	DTOUR ch.45
0	AM	On Spot	In a Name	Peep, Blg	Mr. Rogers	Today (N)	Paid Prog.	Criminal	Paid Prog.	In a Name	Sunday	Super Whyl	Sidekick	Sports	Canada AM	Pyros *Fire	Slug Terra	R Schuller	Off Road	Fishful.
6	:30	Coolest	Operation	Thomas	WordWorld	0.00	Pald Prog.	Minds () Ed	Pald Prog.	Operation	Morning News (N)	Poko 🖾	Super Evil	Reporters	Weekend	and Ice"	Wingin' It	ChurchRck	Engine	Paid Prog.
-	AM	P. Attairs	Sunday	Rolle Polle	Barney	KHQ News	CBS News	Rodeo Giris		Sunday	,,,,	News	Squirrel	NFL Count-	Operation	How the	Gravity	Eye/Asla	Muscle	Movie: **
1	:30	Atl. Eats	Morning News (N) KG	Upside	Clifford	Invest	Sunday Morning	æa	Morning America	Morning News (N) (K)		Artzooka	Squirrel	down (N) (Live) 🖾	Smile @0	Earth Works	Phineas	Dharti	Truck Tech	"A Fistful of Dollars"
0	AM	Movle:		Ella the El	Curious	Meet the	(N) EQ	Rodeo Girls			1	Coronation	Kld vs. Kat		Question	How the	Phineas	Pakistan	Jall Ktl	(1964) 0
8	:30	*** "The Firm" (1993,		PAW Patrol	Cat in the	Press (N) RO	The Nation	eg .				Coronation	T.U.F.F.		Period (N) O	Earth Works	Shake It	Festival	Ways Die	
0	AM	Drama) Tom Cruise,		Dino Dan	DragonFly	Tree Fu	To Be An-		Hometime		Block	Coronation	SpongeBob		(Off Air)	Highway	Good Luck	Italiano di Johnny	Extreme	Ghost
9	:30	Jeanne		Arthur O	The Impact	PGA Tour	nounced	Œ	Pald Prog.		Context	Coronation	SpongeBob			Thru Hell	Liv-Mad.	Lombardi (In Italian) 80	Horse.	Adventure REI
10	AM	Tripplehorn.	Block	Wild Kratts	Inside	Snow-			Hate Hair?	Block	J. Osteen	Coronation	Parents	Curling:		Dangerous	ANT Farm	(in italian) se	Trucks! ()	Bggg Bttls
10	:30		Context	Little	Olympia RO	boarding: Northstar	College	RG	Pald Prog.	Context	Jeremiah	M'ketplace	Monsters	Travelers All- Star Skins	College	Flights	ANT Farm		MuscleCar	Bggg Bttls
11	AM	Women's	J. Osteen	Little	Moyers	Grand Prix. (Taped) O	Basketball: lowa at Ohio	Rodeo Giris	THE RESERVE AND THE PARTY OF TH	J. Osteen	16x9 Rd	Our	Sam & Cat	Game, Final. (N) (Live) 📾	Basketball: lowa at Ohio	Gold Rush	Good Luck	Shopping	Jail se	Extreme
11	:30	College Basketball	Jeremiah	Marco Polo	Europe Jrnl	(raped) ()	State. (Time tentative).	(63)	Hollywood	Jeremiah		Vancouver (N) ktl	Hathaways	(IA) (LIVE) ME	State. (Time tentative).	ŒŒ	Dog	Channel Ed	Deadliest	Yachts 20
10	PM		Noon News	Dogs/Jobs	After Words		(N)	Rodeo Giris	2 900 Chargo 900 Charles	Noon News	Moves	Land/ Sea	Thunder		(N)	Bering	Movie: **	Travels	Warrior	Extreme
12	:30		Hour (N)	Dogs	O RE	Skating: U.S. Cham-		æq	nounced	Hour (N)	Simpsons	One/One	Assembly			Sea Gold: Under	"Starstruck" (2010) O	Get Stuffed	Deadllest	Vegas () B
4	PM	Browns	Moves	Rivers	Glacier	plonships. (N) 30	NFL	Shipping		Moves	Simpsons	Q With Jian	Japanizi	Pregame	NFL	Yukon Men		Murdoch	Warrior	Security
1	:30	Payne	Simpsons	Can. Rivers	Park	(14) 32	NFL Foot-	Shipping		Simpsons	SImpsons	Ghomeshi	Movle:	NFL Foot-	Sports	0 20	Phineas	Myster- les O	Deadlest	Security
2	PM	King	Simpsons	Park	The Reagan	Paid Prog.	ball: AFC Divisional	Shipping	The Bach-	Simpsons	Movle: *%	The Nature	*** "Peter Pan" (2003)	ball: NFC Divisional	Worst	Moonshin-	Phineas	Mod Fam	Warrior	Bggg Bttls
~	:30	King	Simpsons	Our Part	Presidency	Wheel	Playoff TBA at	Shipping	elor O 30	Simpsons	"Something Borrowed"	of Things	Jason Isaacs. O	Playoff TBA at	Handyman	ers O 30	ANT Farm	Mod Fam	Deadliest	Bggg Bttls
2	PM	Big Bang	Movie: *%	Hope for Wildlife 30	The Reagan Presidency	Paid Prog.	Denver	Shipping		Movie: *%	(2011) Kate Hudson	Recipes	isaacs, 17	Carolina	First Story	Cash Cab	Good Luck	CityNews	Warrior	Disaster
3	:30	Big Bang	Borrowed*	Wilding as	Fresidency	Paid Prog.	Broncos. (N) (Live) 36	Shipping		"Something Borrowed"	riadson	Stefano		Panthers. (N) (Live) RG	Steele	Cash Cab	Liv-Mad.	CityNews	Deadlest	Disaster
Λ		Blg Bang	(2011) Kate Hudson	The First World War	The Reagan Presidency			Duck D.	Beer Geek	(2011) Kate Hudson		Mosque	Movie: "Ar- thur 2: The		Figure Skating	Manufact.	Jessie XX	Funniest Home	Warrior	Collectors
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Jack Frost was hanging around Keremeos New Year's Day. It took about 15 tries to get this picture: digital cameras have a tendency to focus on everything that you don't want and thus about half the pictures were of the wall behind the spiderweb. The picture was taken from a distance of about three feet with a Canon G1X camera. Being that the occupants of the home go south every winter, and being that spiders can successfully attach themselves to surfaces such as a side mirror on an automobile and climb across the mirror at 60 miles per hour while being buffeted about by the wind the spider is likely sunning himself outside a Park Model in Arizona. For privacy concerns the name and address of the spider are being withheld. Photo: Arlene Arlow

## **Monday Movies**

#### MORNING

8:00 am SPIKE ch.44 "The Punisher" (2004, Action) Thomas Jane. An FBI agent becomes a guntoting vigilante after a crooked businessman orders hit men to murder his family.

murder his family.

10:30 am SPIKE ch.44 "Punisher: War Zone" (2008, Action) Ray Stevenson. After an encounter with the Punisher leaves him horribly disfigured, mob boss Billy Russoti changes his name to Jigsaw and sets out for revenge.

#### AFTERNOON

1:00 pm SPIKE ch.44 "The Incredible Hulk" (2008, Action) Edward Norton. As Bruce Banner seeks to rid himself of The Hulk forever, a powerful enemy known as The Abomination arises to wreak havoc on the human race.

#### **EVENING**

9:30 pm WTBS ch.3 "The Gift"

(2000, Suspense) Cate Blanchett. Telling fortunes to support herself and her daughter, a psychic widow assists the police in a missing per-

11:30 pm WTBS ch.3 "Gran Torino" (2008, Drama) Clint Eastwood. An unlikely friendship forms between a bigoted war veteran and an Asian boy who tried to steal the man's treasured automo-



	WTBS ch.3	CHBC ch.4	KNOW ch.5	KSPS ch.6	KHQ ch.7	KREM ch.8	A&E ch.9	KXLY ch.10	BCTV ch.11	CITV ch.12	CBC ch.13	YTV ch.18	TSN ch.19	VTV ch.22	DISC ch.24	FAM ch.26	CITY ch.29	SPIKE ch.44	DTOUR ch.45
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# The Similkameen People

#### Special Feature by Dawn Johnson

...... continued from Page 7 -ence of the Okanagan Nation people from other native people: on contact with non-natives, the Okanagan Nation did not fight them, they learned from them. Within a few short years after the founding of Fort Okanagan in Washington State, the Okanagan Nation had learned how the newcomers did things and were doing them, too. The Okanagans were not surprised by the coming of the nonnative people. The Okanagans had been trading with the coastal and Fraser Valley native people as well as native people to the east and south. The Okanagans had had contact with the Spanish explorers who had tried to make slaves of them, and paid the ultimate price for doing so. The Okanagans had learned a great deal about the fur traders from other native people to the east and south who had traded with the newcomers. There was a great advantage to learning how to deal with the new element moving

Explorer and trader David Thompson described the people of the Okanagan Nation as scrupulously honest. Despite the fact that the possessions of Thompson's crew were highly valuable to the Okanagan people, no attempt was

made to steal from them. Unlike other native people, the Okanagans did not offer their women to any of the Thompson crew. Thompson was impressed with the dignity and respect shown by the Okanagans. Thompson recorded ".... every part of their conduct was with decency and good order."

Fort Okanagan was established in 1811, at the invitation of the Okanagans, at the confluence of the Okanagan and Columbia Rivers. The fur traders from Fort Okanagan began exploring the Okanagan territory and met with Chief N'Kwala at the head of Okanagan Lake (Kelowna). This chief is also known as Nicola and Incola. He was an Okanagan native who showed just how fast the Okanagans learned from the fur traders. He actually managed the fort for two years in the absence of any fur traders from the east to manage the fort and the local fur

The primary goal of the Okanagan Nation in relation to the fur traders was to obtain rifles and ammunition. The goal of those who governed the fur trade was to make the native people totally dependent on the fur trade through selling them goods as well as liquor, but the people of the Okanagan Nation avoid-

ed dependence on the fur traders as soon as they had rifles, ammunition and axes. They were not interested in becoming dependent on white man's goods or his liquor, but they had a keen interest in learning how the white man did things.

Fort Okanagan was guaranteed meat, fish and protection by the Okanagans, but there was little other food. Gardening began, and fields of grain were established. Cattle were brought to the fort. Members of the Okanagans and Similkameens worked at the fort, learned about growing vegetables

and raising cattle. Soon the native people obtained seeds and cattle and were using what they had learned. Chief N'Kwala had made a ploughshare out of wood and planted a field of potatoes. By 1840, N'Kwala grew such an excess of potatoes that he took 600 pounds to the fort for trade.

Gardening, farming and ranching were not the only skills the Okanagans and Similkameens were learning from the fur traders. They began using wagons as an addition to the usual method of moving goods via pack trains of horses.

Among the Okanagan Nation, entrepreneurial skills grew rapidly. THE RESERVE SYSTEM

Never a conquered people, the Indian Reserve system did more to defeat and subjugate the Okanagan Nation than war might have done.

## Flip of the Coyne

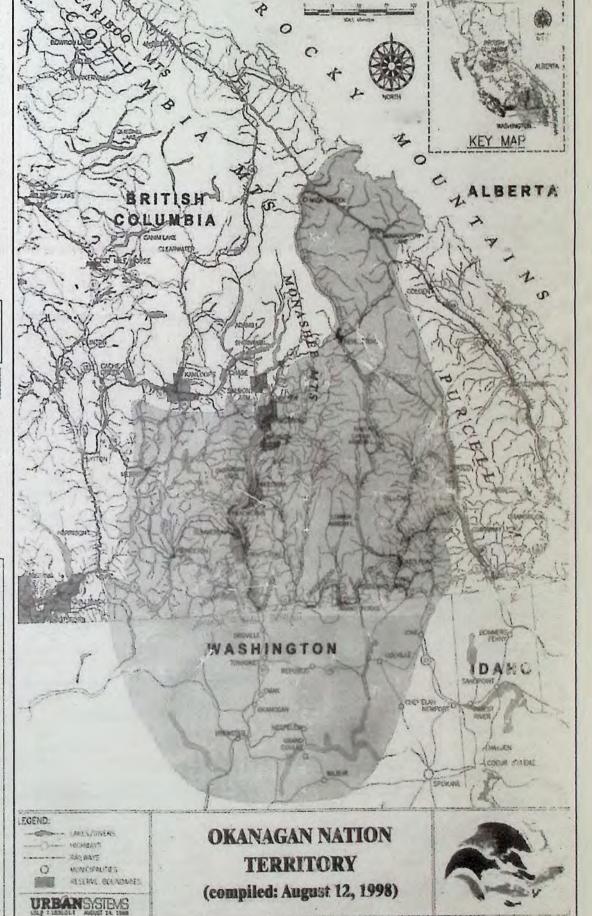
#### **Spencer Coyne**

"Princeton."

There is a great big empty industrial park that is costing taxpayers to keep the road maintained and the streetlights running. And what happened to the plans to make our airport a going concern?

Now I know it is election year and

some of you may be thinking about re-election or taking a stab at the big chair, so you may want to try and redirect the condition of our community towards someone else. You can try, but local business owners work hard at keeping the downtown alive since their businesses depend on it.





Phone: 250-295-4149 Fax: 250-295-4103

e-mail: george@thenewsleader.ca brenda@thenewsleader.ca

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## THANK YOU!

A number of full and part-time (seasonal) residents who call the Three Lakes area our home would like to thank Hayes Creek Volunteer Fire Department and First Responders for the excellent job they do in protecting our neighbourhood. We would also like to thank them for their recent actions following cougar sightings and attacks in this area January 1st. We appreciate all you are doing for us!

Lost

REWARD offered for the return of a favourite pair of ladies black leather gloves. Lost sometime before Christmas in downtown Princeton. Call 250-295-2066.

Read Spencer Coyne's 'Flip of the Coyne' weekly in the Similkameen News Leader!

Notices.

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## THANK YOU!

I want to thank the Princeton Crisis Society for choosing to provide my family with a Christmas Hamper this past December.

You will never know how much it truly impacted our Christmas and we thank you and all who donated to the program so that some of us can have some happiness.

- L. J. & N. R.

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Weekly.

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Solutions

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162 Angela Avenue
4:30 PM Sales Start
5:30 PM 1st 47 Bonanza #'s
SPECIALS, REGULAR GAMES, ODD &
EVEN, PROGRESSIVE SNOWBALL &
LOONIE POT, "LUCKY 7" WON EVERY
MONDAY (MIN. \$50.00 GUARANTEED)
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"KNOW YOUR LIMIT. PLAY WITHIN IT"

## FRIDAYS SCA Branch #30

Exercise Class 10:15 - 11:30 AM Painting Class 9:00 AM - 12 Noon Cards, Pool, etc. ALL DAY Games Night 7:00 PM Potluck. 5:30 PM last Friday of month

OPEN 9:00 AM - 4:00 PM LUNCH 11:30 AM - 1 PM

Narcotics Anonymous

#### OPEN MEETINGS

7:30 PM Wednesdays & Sundays at the InfoCentre on Highway 3

Info: (250) 295-7919 OR 295-6531, 295-6723

## INDIVIDUALLY

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#### Drinking a problem?

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Weekly.

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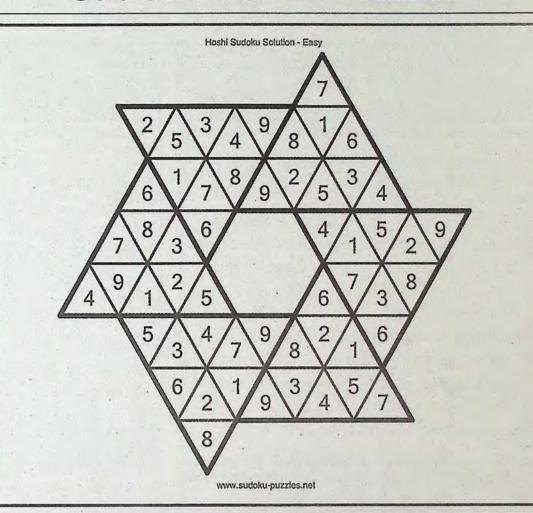
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## Sudoku 487 - Solution



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News Leader 250.295.4149

## ... Your Turn

#### Letters And E-Mails Received This Week

To The Editor,

In mid-December, approximately a dozen highly committed members of the Hedley Senior Centre worked feverishly to create a successful potluck experience for some 80 attendees. Very likely, similar events took place in other commu-

..... continued from Page 4

· provide support for people who

are disadvantaged by mental,

· recruit and coordinate health

care volunteers in our community

· work in cooperation with

Princeton Community Services

and other organizations dedicated

to providing a safe and healthy

· continue to be a supportive

environment in our community

social, or physical disability

nities. And almost certainly, the number of guests far exceeded the number of those who organized the event and served. After the Hedley potluck, a member of the Senior Centre said to me, "We're getting old. We need younger bodies."

Most small communities are kept

member of the BC Health

Coalition and the Rural Health

Services Research Network of BC

· support the work of the

Princeton Health Care Steering

· work in collaboration with

UBCO team of researchers in the

study of chronic illness and end of

· establish an Artists for Life pro-

gram, based on the Eden

life care in Princeton and Area

Committee

alive by giving, participating citizens. For a community to be vibrant, it needs the ideas, energy, and skills of many people.

Having been active in volunteering roles most of my adult life, I know that when we give our time and talents to society, we will almost cer-

Alternative philosophy and initiated by the Sherbrooke Community Centre and artist Jeff Nachtigall

As the President of SOHC, I am very optimistic that the year ahead will see many important, positive changes in our community. I look forward to your support as we work together to achieve our goals.

To your health, Ed Staples, Princeton tainly derive unexpected benefits. We gain new skills and experiences. We meet other active people. My wife and I have gained close friends through volunteering. And the sense of satisfaction and fulfillment that comes from giving far exceeds any monetary value.

Community organizations can only survive and thrive if people participate. If everyone does something, no one needs to do it all. And by making a contribution now, we will pass on to our children a more interesting, compassionate and cohesive community.

A decision to volunteer would make a worthy New Year's Resolution.

- Art Martens, Hedley

## Alex Atamanenko, MP

#### GMOs - Part 2

..... continued from Page 2 associated with GM food consumption. Of course, without GM labeling anywhere in North America it would be scientifically impossible to trace patterns of consumption and its potential impacts. Could this be why Monsanto spends millions upon millions of dollars lobbying officials and issuing false and misleading ad campaigns to squash labeling initiatives such as those that were defeated in the recent California and Washington referendums? I have personally had meetings with two of the signatories to the Statement, Dr. Ann Clark and

Dr. Gilles Seralini, and admire them for their scientific integrity. It is disturbing to see the relentless personal attacks that they and other independent scientists are forced to endure at the hands of this corrupt industry.

When it comes to the science behind technologies and products which can affect our health and environment, there should be zero tolerance for such obvious conflicts of interest. Our regulators are failing all of us when they refuse to challenge industry science and propaganda with thorough and longterm independent testing.

#### Not so cold December

...... continued from Page 5

The outstanding weather fact about December 2013 was the lack of snow.

The record amount of snow on the ground in December was on December 30, 1996, when the snow measured 100cm in depth after two major dumps of snow on December 28 and 29 measuring just over 30 cm on each day. A close second was in 1990 with 65 cm, and 60 cm. in 1955.

There are no records for the least amount of snow, but December 1993 would certainly have been a contender. There was little snow all winter, and 1994 proved to be a serious drought year marked by many forest fires and water shortages throughout southern British Columbia and Washington State.

Weather records for Princeton begin in late 1936, 77 years ago.

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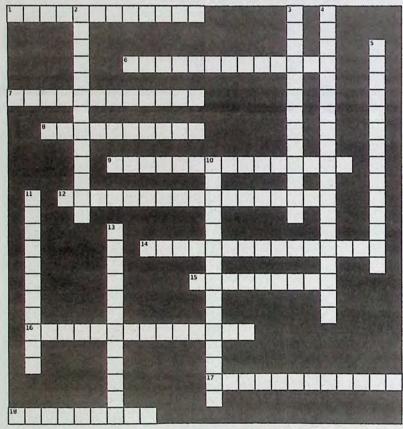
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# News Leader Puzzler

Use the December 31 News Leader to find Answers Below...



- Identify the new Princeton Racing Days Treasurer.
  According to a headline, what troubles Council?
  The 'GC' in GCPS.

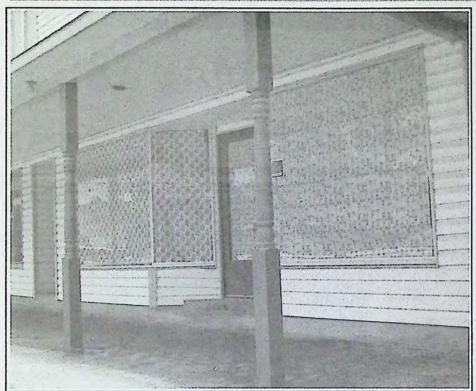
- Identify the Princeton Exhibition Association (PXA) President. According to a headline, what did
- the mayor enjoy? A new series in the News Leader is called: "Saving
- 14 Identify the animal in the photo
- Days Vice President.
- How long has the News Leader been in business? Identify the new Princeton Racing
- Days President. Identify the Princeton Exhibition Association (PXA) Vice President.

- Identify the RDOS Director for Area
- Identify the Similkameen News Leader Owner/Publisher. The 'PS' in GCPS. Identify the Princeton Chamber of
- Commerce President.
  Identify the new Princeton Racing
  Days Secretary.
  Identify the author of the 2013 Year
- n Review article. 13 Identify who snipped the ribbon to officially open Miners Climb.

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# Saving Downtown Princeton...

#### ...An Ongoing Series by George Elliott





As we continue the series of articles on how to put life back into downtown Princeton we want to remind you the intention of these articles are to get you thinking. We are not proposing any of the ideas presented here will be the perfect fix to a problem that has taken a period of time to get to where it is now.

Also, not all of the ideas shared here are ours. Some of them have come from our customers, who obviously feel the same way we do that something needs to be done to save downtown Princeton.

This week we look at promotion and in particular, signage.

Have you walked or driven down Bridge Street late on a winter afternoon say, around 3:00 PM?

With the exception of a few locations, a lot of downtown businesses look closed just by the way they appear from the street.

It's time for a face-lift.

say anything about being a newspaper office with the cluttered window dressings. It's an issue we have looked at many times in recent months and intend to solve this year, but what about the rest of the businesses that look dark with the exception of a flashing neon-like 'Open' sign in the front window?

Here's a little bit of history for you: When downtown Princeton went through its most aggressive revitalization back in 1986 the theme chosen for the look of the business core was Edwardian. It was believed at the time that a theme would attract visitors and enhance the local economy much like small towns over the border (Winthrop and Leavenworth, Washington as examples) had done and experienced a great deal of success with.

At the time there were bylaws drawn up that basically dictated everything from permissible exteriStreet facing facades. Some grant money was available to assist businesses that bought into the concept.

On paper it sounded brilliant. In practice however, there has never been a 100% buy-in from downtown businesses and to this day only a small percentage of local businesses have followed those guidelines. As far as we know, they are still in place, but do not appear to be actively enforced.

One of the largest hurdles related to the Edwardian theme was streetlights and exterior business lighting. Neon lights, which were not around in that era, were taboo as were anything bright and flashing. Now you know why downtown Princeton looks so dark at 3:30 PM in late December.

Speaking of signage, there have been questions about the placement of the downtown electronic information sign.

Now that Town Hall has moved to

the former courthouse building on Vermilion Avenue it is a safe bet that the recently vacated 'former' Town Hall building on Bridge Street will be knocked down and become an extension of the parking lot already

Extra parking in the downtown core would be a good idea, but why is that sign there?

We feel that electronic sign with all the wonderful local information on it should be located on Highway 3 near the Weyerhaeuser Roundhouse or somewhere along that strip of land on either side of the Bridge Street intersection promoting all that it currently is plus such obvious statements as "Shop Downtown Princeton - Next Intersection" or whatever gets the message across.

The businesses along the Highway 3 corridor already have the visibility but drivers passing by the community often have no clue there's more retail business here, if they only had some warning and knowledge there's more to Princeton, and even if a small percentage of them chose to take the corner and travel down Bridge Street, it could be part of the puzzle in saving downtown Princeton.

We hear it often in our office when a visitor says, "We had no idea these stores were here, and we've been driving by Princeton for years."

That single statement says it all they've been driving by the town for years and had no idea there was a downtown.

Sometimes we need to look at our town in ways that others do to understand why some changes are needed to improve our community.

Over the next few weeks we will continue to look at Princeton, downtown in particular, and share with you our thoughts and those of our readers. Together we can come up with ways to direct our elected officials to take control and correct the problems that have turned the downtown core into a virtual ghost town.



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# The Similkameen People

#### Special Feature by Dawn Johnson

..... continued from Page 18 Unfortunately for the native people of the colony, British Columbia joined Canada and the Indian Reserve system came into being. The native people no longer had access to all of their territory, but were confined to Indian Reserves. Native businesses that had flourished before the Reserve system were no longer able to operate and the Okanagan Nation became much poorer. For example, the Antoine family of Merritt lost an excellent

freighting business because they were confined to the Reserve.

Along with the Reserve system came the pressure to send children to residential schools. After a brief experience with that system, the Similkameens pulled their children from the schools and sent them to school at whatever small local schools were established. In Hedley, for example, the Indian Band gave land for a school which their children would be entitled to attend along with the gold miners'

children, one of the first integrated schools in British Columbia.

The Catholic Church had major influence among the Okanagan Nation Indian Bands, and churches were built in many communities. The Similkameens were highly resistant to being converted to Catholicism, and no church was built in the Similkameen Valley until 1894. These two churches are still standing: St. Anne's in Hedley and the old church in Chopaka, near the international border.

TODAY'S SIMILKAMEENS

There has been an upsurge of the need to preserve the cultural traditions of the Similkameen people, along with the rest of the Okanagan Nation. Although there is little to distinguish the lifestyle of members of the Similkameen Indian Bands from their non-native neighbours, there is a cultural difference based on greater value placed on kinship, and a tradition of respecting and caring for elders and children. Enterprise and economic gain are still important, but caring for and sharing with the community have grown in importance as the cultural tradition has overtaken the culture at large.

Education of Indian Band children takes place within the public school system, but teaching of the Okanagan Salish language and culture is part of the curriculum for First Nations children. Health care and social services are part of the Band responsibility. Social problems are addressed by the Band and the Okanagan Nation assists with legal matters.

After long years of confinement on Indian Reserves, the Similkameen people lobbied for greater freedom from restrictions imposed by the Reserve system and have made good use of their increased responsibility for their own welfare. The fact that a number of Similkameens fought for Canada during World War II gave added strength for their argument to abolish the restrictions. With the easing of rules and regulations following the end of the war, and increases in funding, the Similkameens add a great deal to the economic, political and cultural values of their valley.

(historic data source: Okanagan Sources published by Theytus Books)



The USIB hosts an annual Spirit Festival in Princeton where members proudly share their culture with others. \*

# Police Report

#### **Princeton RCMP Detachment**

On Wednesday, January 2nd at 11:00 approximately Princeton RCMP received a report of a theft from a vehicle which occurred sometime overnight in the First Bench area of Princeton.

"Stolen was a yellow and black snowmobile helmet and yellow Skidoo goggles, along with a dark blue Air Pro Plus helmet camera and an iPhone speaker," says Princeton RCMP Cst. K. Slocombe in a news release.

It also appears that the vehicle, a Ford F250 pickup truck was attempted to be stolen, as the ignition had been tampered

Police believe the truck was 'targeted' as it had an attached trailer with two snowmobiles on

The incident is still under inves-

"Snowmobiles appear to be a high volume theft item, particularly in the winter months," adds

"The Princeton RCMP would like to remind the general public to secure their vehicles, including snowmobiles, and to keep valuable items out of vehicles also to use anti-theft devices when available and to park in well-lit locations."

If you have any information and/or knowledge of the incident on the First Bench you are requested to contact the Princeton RCMP Detachment at 250-295-6911 or if you would rather leave an anonymous tip you can do so by contacting CrimeStoppers toll free at 1800-222-TIPS.

#### NEVER PAY FOR ONLINE NEWS AGAIN

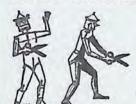
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2477 Princeton-Summerland Road



CONTINGENT. Court approval required and Schedule A to be included in all offers. This 3,232 sq. ft. Rancher is at lock up stage and sits on 9.8 creek front acres 20 minutes from Princeton. This home had some in house flooding occur and as a result had to be remediated completely. An Environmental Assessment Report has been completed on the home and is on file in the office.

# 218 Tulameen Avenue \$ 69,000

CONTINGENT. Court ordered sale and subject to Court approval. This older corner lot home is ideally placed just minutes from downtown Princeton and a park. This home needs some work but in general is in good shape. At this price it would make an ideal first owner home and or a contractor looking for an investment. Call Listing Agent for all details.

#### 1080 Highway 5A



Comes with Allison Creek Water Rights as well as a drilled well. This home is set up for the fun-loving empty nesters. Current owner is using the main floor bedroom as a Hobby Room and they have taken over the entire loft area as the Master bedroom. Don't get me wrong, there is potential for this to be a family home; but I say let them get their own house because this one is perfect for just you and me and our horse and our dog and maybe a kitty.

#### 1094 Highway 5A \$575,000



Two houses for One Price! Over 21 acres + Irrigated, commercial sprinkling sys tem + Revenue income with 2 bdrm self-sustained house complete with laundry and wrap around covered deck + Primary home is three bdrm, 2 bath, electric forced air furnace, and Brand new fireplace+ double carport 22 X 26 + lovely private decks to take in gorgeous views and covered BBQ area + 30 X 32' shop + lumber shed/vehicle port with 6 stalls + 10 X 10 carriage house, office or wine-bottling room + 8 X 8 potting shed + custom smoke house with Meat Hanger/Cold Storage and now add in Allison Creek Front!

MLS#140716

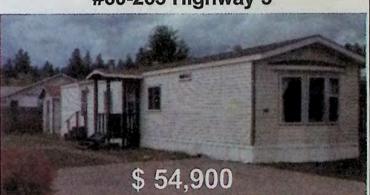
### 119 Lupine Road, Manning Park



God's little half acre! Great lot in Eastgate, only minutes to the ski-hill and other recreational activities at Manning Park. This property has been approved for 2 septic systems, there is a community water system available. The power for the property is at the lot line. There is a chance you could sub-divide this property into 2! While you are building, there is a construction trailer that you can stay in during the building time. Manning Park is only a 2 1/2 hour drive from Vancouver, don't waste time driving, enjoy your time off!

MLS#145616 driving, enjoy your time of

#### #60-263 Highway 3



CONTINGENT, Court approval required, Schedule "A" to be included on all offers. Newer mobile home located in the nicest park in Princeton, the Pines Mobile Home Park. This mobile has a great floor plan, bedrooms at each end of the home, plus ensuite in the master and full bath near the front of the home. Very spacious open layout. Home needs maintenance, flooring and a really good clean up. But, if you are willing to do a little work, you could have a very nice home, close to the river, and low maintenance. Call now to view and more details. MLS#143346

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