

# Similkameen News Leader

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Tuesday, January 21, 2014

Canada WE ACKNOWLEDGE THE FINANCIAL SUPPORT OF THE GOVERNMENT OF CANADA THROUGH THE CANADA PERIODICAL FUND OF THE DEPARTMENT OF CANADIAN HERITAGE.



Mayor Frank Armitage (standing, centre) conducted the meeting January 15th at Riverside Centre with many downtown business owners/operators. Concerns over economic conditions prompted the forum to work on solutions. \*

## SOHC shares progress

by Ed Staples  
SOHC President

The Princeton Health Care Steering Committee held its fourth monthly meeting at Princeton General Hospital on December 17th. The Committee has achieved many of its goals and continues to work on its mandate to develop and sustain an

effective health care model for people living in and around Princeton.

The following is a list of some of our achievements to date:

**Automated External Defibrillators (AED)**

An AED is a portable electronic device used in cases of life ..... continued on Page 18

## Council wants to help local business

A total of 25 attended a meeting January 15th at Riverside Centre that was being promoted as a Downtown Business Forum.

Concerns over the economic state of downtown Princeton prompted the meeting which saw members of Town Council and Staff reach out to the business community in an effort to discover possible solutions to a variety of issues.

"We want to hear from you tonight," Mayor Frank Armitage stated.

"That's the bottom line."

Armitage continued by saying concerns over the regression in the downtown core have been a hot topic throughout the community and said there are currently a total of 17 empty storefronts out of seventy-five buildings in the business sector.

He made it clear that the session was not to lay blame.

"We all know what the problem and issues are," he said.

"We are looking for solutions."

Armitage said it wasn't going to be easy and quoted Similkameen News Leader Owner/Publisher George Elliott who described it in a recent issue as being "a complex problem."

Ideas and suggestions from the floor were many and included such things as signage (both in the town and along Highway 3), modification of bylaws to make Princeton more business-friendly, changes to business, zoning, parking and lighting bylaws, incentives to attract development in the industrial/business park, a review and changes to business licensing procedures, retail rental requirements and the

snow removal program.

"It's going to take effort on the part of everyone," Armitage emphasized.

Chamber of Commerce President Brenda Crawford responded to comments about commercial and residential rents with, "Rentals have always been an issue here," and a suggestion from former business owner Keith Olsen was to, "take out the roadblocks that are hindering business."

Downtown building owner Jaymie Atkinson said there's a need to "promote the recreation in the area" as it is considered a large economic draw to the community and

surrounding region.

At one point the discussion shifted to frustration local businesses experience when customers flock to the nearest big city to shop.

"We've got to educate our people on what is here," the Mayor offered in response.

A committee was struck from the meeting with five people volunteering to meet the mandate of prioritizing the long list of suggestions recorded during the forum, developing a definitive plan of action and reporting back to business operators at future meetings to show progress and to provide updates on what is being done.

## Racing Days seeks volunteers

Planning for horse racing this year has begun. At the January 16 meeting of Princeton Racing Days Association, committees were struck and some positions filled. The Association will be actively seeking volunteers for a variety of positions, from tote board management to pari-mutual operators to front gate management.

President Karrie Crucil announced that the race days

Princeton applied for have not yet been confirmed, although the BC Horse Racing management committee is working on it. Race dates for Hastings Park (Vancouver area) take priority.

The wording of sponsorship letters was approved and the letters will go out in the near future.

More interest is being shown in Racing Days Association by people in the community. Two new

members are expected to sign on at the February meeting, which will be held February 20 at the library meeting room.

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A close up of a frost covered fence the morning of January 17th. \*

## Water Ambassador splashes into 2014

The Regional District of Okanagan-Similkameen's water ambassador gives herself a "B

grade" for work accomplished in 2013.

Zoe Kirk will give herself an "A" in 2014.

"We held a very successful public presentation involving water experts Robert Sanford and Scott Smith, developed funding partnerships that allowed the program to be greater than the sum of its individual parts, and offered rain barrel and composting projects," said Kirk.

"But we're going to have to do more to help homeowners learn more about climate adaptation — how to deal with years of scarcity and years of abundance."

That work is already underway as Kirk plans to take her water conservation messaging further afield in 2014.

"For starters, we'll be broadening the programs into Skills for Rural Living," she explained, adding she'll be taking the program into the Similkameen — "further south

and further west," as she puts it.

That includes scheduling additional rainwater harvesting workshops for Keremeos, Faulder and Hedley, developing a Knowledge Garden at the RDOS Building in Penticton and creating more written and electronic media for distribution.

Kirk also hopes to add a school-age program to teach young people about the importance of water conservation.

The Water Ambassador program involves a number of public and private partners, including the Okanagan Basin Water Board, RBC Blue Water Project, Fortis BC and Friends of the Summerland Ornamental Gardens.

The program's objectives are to raise water awareness, conservation and behavior modification.

"This is where the workshop component shines," said Kirk.

"Once attendees have been educated, it is hard for them to be inattentive to their own habits." - submitted



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**SOBC Princeton bocce athlete Mary Sol is now training to compete at the 2014 Special Olympics Canada Summer Games!**

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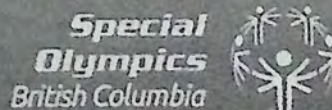
When: Thursday, January 23, 7 to 8 p.m.

Where: Princeton Chamber of Commerce, 105 Crowsnest Hwy

For more information, please contact:


Kelsey Keglovic, Local Coordinator

Tel 250.295.0442 Email kelsey.keglovic@gmail.com



RDOS Water Ambassador Zoe Kirk. - photo submitted

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## Flip Of The Coyne

by Spencer Coyne

I think everyone attending the town of Princeton's business forum the other night left feeling a little glimmer of hope. The mood was positive, or so it seemed. Did the

meeting really do anything to find solutions for our dwindling downtown marketplace? I'm not sure. I hope that Council was listening to the concerns and suggestions listed.

There was a committee struck at the end of the meeting comprised of some great local business people, and the Town is going to have staff work with the committee to priori-

tize the list created at the meeting. Sounds great, right? We have a committee on the case. We are going to see results, right?

I don't want to seem like I am "picking on anyone" but I am a little hesitant to start jumping up and down with joy that Council has decided to strike a committee to prioritize suggestions brought to them by the business people present at the meeting on Wednesday night. I think if our councillors really wanted to get the ball rolling, they could do so really quickly. First they could fix something that was created by the Council that adopted the Official Community plan and allow the business that is formally known as Irly Bird to not have to jump through a number of hoops so that they can expand their footprint and their business. The owners are a couple of great people who have made a commitment to invest in this community but it hasn't been too easy for them. In fact, there are a number of businesses in that part of town that really have been given an unfair deal. I can see the wisdom behind a long term residential growth strategy but did it have to be at the expense of a number of successful businesses?

I know it might sound like I am being a little hard on council these

days but let's be honest, it's my job, just like it's their job to not create bylaws that harm or restrict business. I will give Council some kudos, when people started to raise their voices about the situation in town, they did provide a platform to allow people to speak their minds. It takes guts to open the door to what could have been a very heated evening. I thank them for that. That being said, a lot of what I heard on Wednesday night was not new. It has been the same thing that has been said for decades and they have a chance right now before the committee prioritizes the list of recommendations. Council can review their bylaws, review the OCP and make some needed changes to allow investment to happen right now. Council has that power. They do not need consultants to come in and tell them how it should be done. They do not need to spend thousands of dollars on some survey. They just need to sit down as a council with their staff and look at the OCP and write up some zoning amendments, table them at the next meeting, hold a public meeting and pass them.

I want to have faith that Council really wants to make change happen for the better. I want to believe ..... continued on Page 23



Meet the 2014 executive for Princeton Hospital Auxiliary. From left, 2nd Vice President Penny Davidson, Vice President Sandra Wilson, President Laila Bird, Secretary Maggie Trehearne and Treasurer Virginia Brock. \*

### MINING LEASE APPLICATION

Take notice that North America Mining Inc., 120-4611 Viking Way, Richmond, British Columbia, V6V 2K9, free miner certificate client number 260568, has applied to the Chief Gold Commissioner for the Province of British Columbia, for a mining lease of minerals identified by the mineral claims listed below. The mineral claims have been surveyed by Scott Rhodes, BCLS, whose field notes and plans have been approved by the Surveyor General.

The following mineral claims are subject to the mining lease application:

- Tenure Numbers 842489 and 845885
- Mineral Titles Map Number 092H046
- Plan Number EPC792
- Yale Division Yale District

Posted at the Chief Gold Commissioner's office in Victoria, British Columbia, this 7th Day of January, 2014.

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# Editorial Page News Leader

Similkameen News Leader, 226A Bridge Street, PO Box 956, Princeton, BC V0X 1W0

## My Turn...

### A Room Full of Promise

For a meeting that was basically thrown together in a matter of days, with efforts made to include as many (if not all) local business operators as possible, I think Town Council did quite well with their Downtown Business Forum last Wednesday night.

Some businesses were not represented partly due to the short notice that came with the meeting. Word was being circulated on a Friday that the meeting was the following Wednesday.

Read what you want into that timeline.

I don't buy that Town Council wanted to rush it to shut some of us up about downtown Princeton's current state.

I believe that they wanted to waste no time and jump on the grenade before the rest of the town started to get hit by shrapnel once the final store closes and someone wandering downtown is left with the task of turning out the lights and locking the door.

Clearly Town Council is concerned.

I know, there's rumblings about them snapping to attention because it's an Election Year, but if you weren't at last week's meeting you didn't see the interest expressed in wanting to make it all better.

A good cross section of businesses were represented and out of it was formed a five person committee faced with the task of working on a plan based on suggestions from the floor.

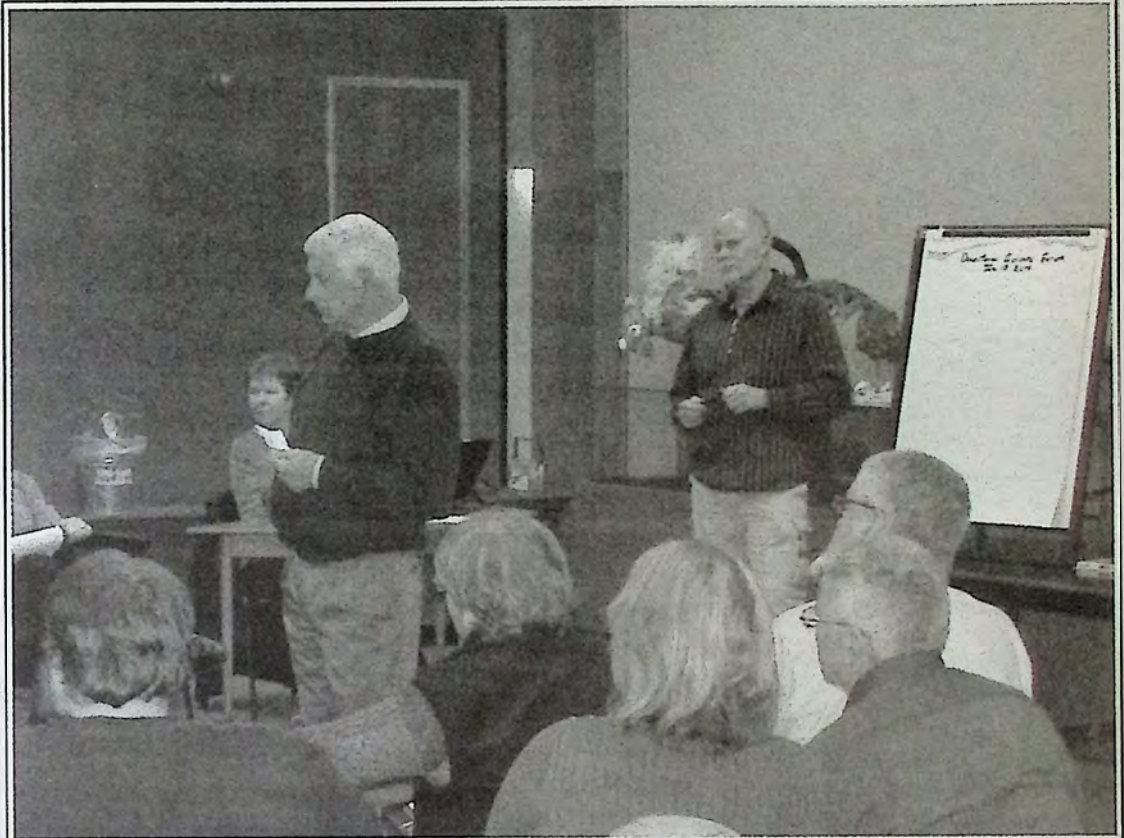
That's one committee I'm glad I'm not on – not because of the seemingly impossible task ahead of them, but because they are now accountable to you and me and especially the other people struggling in business downtown.

I applaud their bravery and interest in getting the ball rolling.

It's been a sad thing to watch your downtown slowly deteriorate with businesses closing. There are a lot of issues at play here and there is no single solution, but as is usually the case here, when something needs to be fixed it's usually Princeton that ends up saving Princeton.

It's because I believe so strongly in the strength of the character of this community that I am still here.

With the way things went in last week's Downtown Business Forum, I'm even more excited about how our community will save itself and grow stronger.



A lot of feedback was offered to Town Council from local downtown business owners/operators January 15th. \*

## ...Your Turn

### Letters And E-Mails Received This Week

To The Editor:

First – I want to give recognition to Princeton's CAO, Rick Zerr, for "planning" a Downtown Business Forum for the evening of Wednesday, January 15th – sadly, a meeting I learned about on the evening of January 15th – as I read the story on the front page of the News Leader – a little too late to attend! The concept of the meeting was excellent – the "planning", not so much! Invitations to the meeting apparently were delivered, by CAO Zerr to downtown merchants in person last Friday, and by mail, late last week. What, suddenly, was the hurry?

This story first hit the front page of the News Leader on December 31st, when the headline "Store

Closures Trouble Council" emerged from the December 16th council meeting. No kidding – guess what council – these closures trouble many of us!

At the time I was amazed to read the advice offered to our stricken merchants by councilor Kim Maynard. He advised them, and I paraphrase, to get with modern times, do a better job of advertising and get involved with the Similkameen tourism initiative – a thoughtless and heartless suggestion!

Good Grief people – this is a much, much bigger problem than can be solved by fleeting summer tourists! This problem goes to the very heart of the Princeton community!

Everyone, including Town Council, should be mindful that the Princeton business community is much bigger than the downtown merchants! These merchants are, of course, the most visibly hit by our hard times – but everyone who delivers a service of any sort in the area, suffers from the same malaise!

My husband and I are renovators, builders, landlords – and Princeton consumers. We have been negatively impacted by the downturn, as have virtually all our associates in the construction field. The domino effect is on the move for all of Princeton!

I thank George Elliott for highlighting the business decline with his "Saving Downtown" series that has appeared in subsequent papers – and Spencer Coyne for highlighting the issue in his column, "Flip of the Coyne". Keep up the good work!

When my husband and I first came to Princeton in 2003, Princeton still had a fairly vibrant downtown. Now it seems that every third store front is blank. Most of the merchants still soldier..... continued on Page 22

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W. George Elliott - Owner/Publisher \*  
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Spencer Coyne - Columnist

**EDITORIAL GUIDE**  
We would like you to write to us, but please remember to abide by anti-discrimination laws. The News Leader reserves the right to refuse to print any letter which is not signed by the writer or is slanderous, libelous or of uncommon sense! The Editor reserves the right to condense any letter or to substitute proper language for improper language.

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# Current Comment

## Stats Tell Us About Being Canadian



**Dawn Johnson**  
editor@thenewsleader.ca

Canadians are having fewer children is the huge increase in the cost of food during the past 10 years. The cost of milk doubled, the cost of a loaf of bread more than doubled, and the cost of one kilo of apples increased 60 percent. These are just a few of the items on the Stats Can grocery list. The cost of any grain products and any milk products has increased along with the cost of milk and bread.

The poor, such as single parents and single old age pensioners, will tell you the cost of groceries is much higher today than it was 10 years ago. In the past 18 months, the number of people using food banks has increased 23 percent.

Another reason young adult Canadians may not be having children is the high cost of housing. Having more than one child generally means leaving apartment living and finding a house. Buying a house costs 60 percent more in Canada this year than it did in 2004, but wages and salaries have not increased by 60 percent. Due to the higher cost of houses, rents go up accordingly. Whether a couple rents or buys a house, the cost is much higher today.

Wage increases in Canada during the past 10 years have not kept pace with inflation. Despite significant increases in minimum wage rates across Canada since 2004, the huge increase in the cost of food and housing was greater. Minimum wage, on average, is now 30 percent higher when compared with 2004 minimum wage, but with the cost of housing increases, and bread costing 120 percent higher and milk costing 100 percent higher, the increase in minimum wage does not mean an increase in standard of living for minimum wage earners.

In 2004, the Liberal government

under Prime Minister Jean Chretien had a \$1.4 billion surplus. After 2008, and two Conservative governments, Canada is \$18.7 billion in debt. You will read and hear about the high cost of medicare and old age security, but these are not causes of the huge debt. The debt is the result of bailouts of banks, auto manufacturers and insurance companies in 2008, and perhaps partly the result of the failure to ensure Canadian taxpayers are totally reimbursed. In the financial crisis of 2008, not only did our government engage in bailouts, it set up job incentive programs that cost a bundle.

The frequent references to "costly" medicare and old age security are an indication the government may want to cut these benefits in an effort to reduce the debt, but considering how the debt was caused, reducing benefits to Canadians who are old or ill would be asking the weakest members of our society to pay for corporate bungling that took place six years ago.

I have given you a brief overview of what it means to be a Canadian now compared with 10 years ago. This may not be news to you, but it is worth thinking about for the rest of the year. The average Canadian is poorer this year, not because of anything that average Canadian did, but because of something banks, insurance companies and other corporations did to the world in 2008. The average Canadian is also poorer due to the high cost of food.

All of this has a political impact as well as a personal impact. Is it time for us to look at some of the causes of higher food costs? Is it time to question the causes of the higher cost of housing? What might we want to change? How might we want to change it?

As we begin another year, it is interesting to compare this year with 10 years ago and Statistics Canada did that. What Stats Can does not do is tell us a lot about what the statistics mean.

Population growth was roughly four percent per year, from 31,752,842 in 2004 to 35,185,304 by the end of 2013. This is not a high growth rate. If we look at another statistic, it tells us one out of every five Canadians is a member of a visible minority. This tells us most of our population growth is due to immigration from nations in Africa and Asia. Another visible minority is our own First Nations people, whose numbers have grown much more rapidly than other groups.

The number of Canadians age 25 to 54 dropped slightly, but the number of Canadians over age 55 has shown an increase. What is more telling is the number of Canadians under age 24: the growth rate is minimal. We are having fewer children. That fact will impact health care and pensions in the future, unless we bring in more immigrant families or Canadians start having more children.

Perhaps one of the reasons

## L.A. welcomes new members

Two new members, Laurie Johnson and Simone Vermette, were initiated into the Legion Ladies Auxiliary on January 14. Another new member, Crystal Alstad, was welcomed. She transferred from Kamloops.

President Charlene Longdo

installed Evelyn Cook to the Executive Committee.

The main business of the meeting involved plans for upcoming events. The Ladies Auxiliary agreed to cater a funeral tea on January 25, and a birthday celebration in March. Plans were devel-

oped for the Ladies Auxiliary spaghetti and meatball dinner on March 15. This is a repeat of the successful spaghetti dinner held last year. The number of tickets to the dinner will be limited to 80, and tickets will go on sale in February.

After the meeting, members enjoyed an opportunity to socialize at a tea organized by Charlene Longdo, Ann Bauder and Faye Niska.

# Similkameen News Leader

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## AND NOW...A LITTLE GOOD NEWS!

"In all your ways acknowledge him,  
and he will make your paths straight." - Prov 3:6

# Lower Valley News

Keremeos - Cawston - Olalla



The first meeting of the Similkameen Sizzle Planning Committee for the 2014 Keremeos pepperfest was held January 15th. \*

## Sizzle off to an early start

The first meeting of 2014 for the planning committee for the annual Keremeos pepper festival was January 15th.

Joan McMurray and Traci Russell will continue to co-chair the group, which organizes the activities that take place during the daylong Similkameen Sizzle in September.

Last week's meeting examined the celebration in an attempt to correct problems long before they arise.

Russell suggested developing a volunteer bank where Similkameen Country members can register to assist. It was hoped that having members commit to

helping with local events would not only assist the planning committee, it would present an opportunity for community involvement.

Once the first phase is complete, the volunteer bank will reach out to area residents for inclusion.

Similkameen Country Manager Colleen Christensen explained during the meeting that all major sponsors who committed to a three-year sponsorship program were still in place, with many entering their final year in that program.

The three-year sponsorship pro-

gram was introduced to establish a longer annual commitment from a number of businesses. It also provides start up funds necessary for a number of activities required in advance of the September celebration.

A few items discussed revolved around 'fine tuning' events scheduled during the day of Similkameen Sizzle. The day will start with a pancake breakfast as usual. The time of the chili cook off will change to start just later than it has ordinarily to allow for late

arrivals. Chili quantities will increase to allow for more tasting and more votes in the selection of the winners in various categories.

Entertainment was touched on briefly with a possible change from last year, although no firm decision was made at the meeting.

Locals and visitors who have enjoyed Similkameen Sizzle in the past will be happy to know that the committee is not looking at any drastic changes to the celebration. However, based on feedback from volunteers and observations made the day of the pepperfest, attempts are being made to keep the event from becoming stale and uninteresting.

The committee will meet monthly from March with meetings increasing in frequency to every two weeks as the September event date draws nearer.

2014 will mark the 13th year for Similkameen Sizzle which will run all day Saturday, September 20th in Memorial Park, in downtown Keremeos.

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Here's an extreme close up look at the condition of one sign on Highway 3. It needs to be replaced and is apparently on a list for just that. Photo: Brenda Engel

## Saving Downtown Princeton...

...An Ongoing Series by George Elliott

This ongoing series is intended to get you thinking about your local downtown.

The businesses operating downtown are all in the same boat, regardless of what they tell you. Revenue is down across the board and there are a lot of reasons why that is.

Obvious reasons include out-of-town shopping, online shopping and the one I probably dislike the most: shifting business away from a merchant for some petty reason.

How many times have you heard or even said to someone, "I'll never shop there again because of (fill in the blank with your favourite reason)."

The sad thing is, we all do it.

There's a particular clerk at one local store I would prefer not to be served by, but the last time I was, it wasn't so bad and I decided maybe the problem I was having was actu-

ally my problem and not theirs.

However, there is something common in a number of local businesses that we hear about every now and then when a customer comes into our office to vent.

Some business owners have not quite figured out that your staff not only helps you put money in your till, they also represent you and your business.

If a customer has a problem of any kind, they will hold it against you and your business and probably have no clue who the clerk was a week later. But by then they will have decided to never shop in your store again.

I spend a lot of time in local businesses.

Nothing beats a quick hello as soon as you enter a business.

I know I'm guilty in our office of not always hopping out of my seat to greet customers when I'm the

only person there, but I will at least fling out a 'hello' or 'how are yah' so whoever walked in knows there is some life in the building.

As our business is a bit different that your average retail, we don't have customers coming in looking for an item other than the current issue of the paper. We have other office services we provide, but we don't need staff standing around to assist you in buying a classified ad when you walked in as chances are pretty good you were coming in to do that anyway. But when it comes to retail, customer service is what builds repeat business and you often get only one chance to either do it right or screw it up.

I have been in big box stores where my thoughts echo in the aisles and have walked out of more than one of them because I wandered around for far too long and no one noticed the big sign on my

chest that said 'customer who needs help.'

For the most part, I'd be hard pressed to identify any local businesses that are in need of brushing up in this department, and if I ever did encounter it, I wouldn't be writing about it here - I'd tell the business owner so they know that maybe they need to make a change or do some extra training.

The other side of the coin is what I call the wildcard.

A wildcard is that customer that can't be pleased regardless of how far you've bent over. Some customers are like that. As frustrating as it is, I like to think that maybe they were having a bad day and I just happened to be a bit too perky for them at that moment and I set off a trigger I didn't know I had access to.

The wildcard is also that clerk or customer service rep that just rubs

you the wrong way for whatever the reason.

In Princeton we are pretty lucky to have a number of small and medium sized businesses that are run by people and are staffed by people who could present some serious competition to the big boys in the big cities. But we all have our bad days.

What we need to remember is that complaints are not a bad thing as they remind us that we need to try a bit harder sometimes with those difficult customers. But our customers also need to remember that it's also perfectly acceptable to tell staff and their bosses when they did a good job.

Ultimately, we need to keep in mind we live in a small town and it is a struggle for many local businesses in downtown Princeton. It doesn't hurt to cut us all a bit of slack once in a while.

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From Fur Traders to Miners to the Railroad



SCHOOL DISTRICT NO. 58  
(NICOLA-SIMILKAMEEN)

## BOARD MEETING DATES

Regular Meetings of the Board of Education  
will be held as follows:

- February 12, 2014 - Princeton
- March 12, 2014 - Merritt
- April 16, 2014 - Princeton
- May 7, 2014 - Merritt
- June 11, 2014 - Princeton

Meetings are held in the School Board Office  
and start at 6:00 PM.



Wind has created a wavy pattern in the snow at the parking lot in the day use area of Bromley Rock Provincial Park. \*

# Saddles 'n' Spurs

by Pastor George Donovan

The morning routine around the barn and with the horses started at 6:00 AM. I would open the back doors of the main part of the barn which was all tie stalls and as I unstrapped the ties the horses would all head out to the creek for water and a time of stretching while I cleaned and mucked out the barn, and put new bedding and feed in the mangers.

When I was finished I would stand at the back door and whistle and they would all come running back to the barn. Sometimes one or two would try to sneak in and get an extra mouthful of oats out of another horse's stall. When I saw that I would holler "HEY"! They would stop and get out into their own stall and eat up getting ready for the day's work.

There also were some box stalls on the outside of the barn where we kept some horses that were boarded and one of our studs for breeding. A buckskin mare was the smartest of the bunch and a real pest sometimes. The lower door was latched by a 2 x 4 that was lowered into a notch.

She learned how to lift it up and then get out and she would go down

the rest of the stalls and let all the horses out. I hated that. I figured I would outsmart her so I drilled a hole through the notch and the 2 x 4 and I put an 8 inch spike on a string so I wouldn't lose it and pushed it into the hole - now she couldn't lift

the bar. She outsmarted me again by grabbing the string in her teeth, pulled out the nail, lifted the latch and did the same for all the other horses. I had to move her to a tie stall inside the barn - I won!

..... continued Next Week

## Living Past 100

### Memory Loss Poses Many Questions

January is Alzheimer's month. Alzheimer's disorder is part of a large body of memory loss problems associated primarily with aging. Today, senile dementia and Alzheimer's are loosely gathered together as one ailment, but there are many differences in how individual patients experience this disorder. For some, the progress of memory loss is swift, for others it is very gradual, taking many years to reach the stage where it becomes a problem.

Patients suffering from memory loss do not constitute a problem to themselves and others until they begin to forget how to do everyday things such as cooking, keeping themselves and their surroundings clean, and paying attention to time, dates, and weather conditions. The problem becomes more serious as they forget longtime friends, family members, and well-known locations. Location disorientation can pose genuine hazards as patients forget where they are and fail to recognize familiar surroundings. An example of this is an elderly gentleman living in B.C. who was moved to a local care facility. After being settled into his room, he looked out at the winter landscape and said, "Thank God, they've sent me back to Saskatchewan!"

All of us have heard such amusing stories, but for families and friends dealing with senile dementia patients, there is nothing funny about the worries that go along with trying to care for a person who forgets everything and has little recognition of time passing. The constant concern about the patient's safety can be very stressful.

The cause of memory loss can be explained in patients who lack sufficient oxygen, but for most patients, there is still no real explanation of the cause of the dementia and there is still no cure for it. Despite advances in research and some medications that slow the progress of dementia, nothing has been found that stops the progress and nothing that reverses it. However, it is not hopeless, as new techniques and medications are being researched continuously.

The research will be increased this year as senile dementia is reaching epidemic proportions. The longer we live, as a population, the higher the percentage of our population exhibits senile dementia, or Alzheimer's disorder. The cost to families and the health care system is very high, as patients exhibiting severe memory loss require 24 hour supervision, whether at home or in a facility.

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# News Leader Entertainment

Similkameen News Leader TV Guide Listings - January 21 - 27, 2014



Princeton's Lane French hits the ice at Rogers Arena. Photo: Keaton Ashley

## French displays skills

PSS student Lane French has had a pretty amazing 2014 so far. On January 5th, Lane's hockey team, the Penticton Bantam Vees Tier 2 won the 46th Kamloops International Bantam Ice Hockey tournament, and has been undefeated for the entire 2013/14 season.

On January 11th, the Bantam Vees were the only team in the province selected to spend the day with the Vancouver Canucks, and participate in the Canucks Super Skills Competition at Rogers Arena for over 10,000 fans. Lane (#7) participated in the "Fastest Skater Contest" and placed second with

16 seconds.

Amazing accomplishment for this local kid who has worked so hard, and made such a huge commitment to his sport!

The entire Super Skills event can be seen at <http://www.youtube.com/watch?v=zMIM1NrJ4SE>

His event is at the 10:50 mark.



Princeton's Lane French lets one go during the Kamloops International Bantam tourney. Photo: Keaton Ashley

## Princeton Posse 2013/14 Clip 'n' Save Game Schedule Similkameen News Leader

Date	Time	Away	Home
<b>Exhibition Season</b>			
Sat Aug 31	7:30 PM L	Princeton 3	Summerland 5
Sat Sep 7	7:00 PM L	100 Mile House 7	Princeton 0
Sun Sep 8	2:00 PM W	Grand Forks 1	Princeton 2
<b>Regular Season</b>			
Fri Sep 13	7:00 PM W	Kelowna 3	Princeton 4
Sat Sep 14	7:00 PM OT L	N Okanagan 4	Princeton 3
Wed Sep 18	7:35 PM L	Princeton 1	Osoyoos 6
Fri Sep 20	7:00 PM L	Kamloops 5	Princeton 4
Sat Sep 21	7:00 PM L	Princeton 0	Kelowna 6
Sun Sep 22	3:00 PM	CANCELLED Princeton @ N Okanagan	
Fri Sep 27	7:30 PM L	Princeton 3	Summerland 4
Sun Sep 29	2:00 PM W	Osoyoos 2	Princeton 4
Fri Oct 4	7:00 PM L	Kelowna 4	Princeton 1
Sat Oct 5	7:00 PM L	Summerland 4	Princeton 1
Fri Oct 11	7:35 PM L	Princeton 2	Osoyoos 6
Sat Oct 12	7:00 PM OT W	Sicamous 4	Princeton 5
Tue Oct 15	7:00 PM L	Princeton 4	Kelowna 5
Sat Oct 19	7:00 PM OT W	Spokane 2	Princeton 3
Fri Oct 25	7:00 PM W	Revelstoke 0	Princeton 6
Sun Oct 27	2:00 PM L	Kelowna 6	Princeton 4
Sat Nov 2	5:00 PM L	Summerland 4	Princeton 2
Sun Nov 3	3:00 PM W	Princeton 8	N Okanagan 4
Fri Nov 8	7:00 PM OT W	Princeton 6	Nelson 5
Sat Nov 9	7:00 PM L	Princeton 3	Castlegar 5
Fri Nov 15	7:00 PM L	Nelson 7	Princeton 4
Sat Nov 16	7:00 PM OT L	Beaver Valley 4	Princeton 3
Sun Nov 17	5:00 PM OT L	Princeton 4	Kamloops 5
Fri Nov 22	7:00 PM L	Princeton 2	Kelowna 4
Sat Nov 23	7:30 PM L	Princeton 1	Summerland 5
Wed Nov 27	7:00 PM L	Osoyoos 6	Princeton 2
Fri Nov 29	7:00 PM L	100 Mile House 4	Princeton 3
Fri Dec 6	7:00 PM W	Princeton 4	N Okanagan 2
Sat Dec 7	7:00 PM L	Castlegar 3	Princeton 2
Fri Dec 13	7:00 PM W	Princeton 5	Chase 3
Sat Dec 14	7:00 PM W	Princeton 3	Sicamous 2
Sun Dec 15	2:00 PM W	Princeton 8	Revelstoke 4
Wed Dec 18	12 Noon W	Osoyoos 0	Princeton 5
Fri Dec 20	7:00 PM L	Kelowna 5	Princeton 3
Fri Jan 3	7:30 PM L	Princeton 2	Summerland 6
Sat Jan 4	7:35 PM L	Princeton 1	Osoyoos 7
Tue Jan 7	7:00 PM W	Summerland 2	Princeton 6
Fri Jan 10	7:00 PM	Princeton @	Grand Forks
Fri Jan 17	7:30 PM	Princeton @	Beaver Valley
Sat Jan 18	7:00 PM	Princeton @	Spokane
Tue Jan 21	7:00 PM	N Okanagan @	Princeton
Fri Jan 24	7:30 PM	Princeton @	Summerland
Sat Jan 25	7:00 PM	N Okanagan @	Princeton
Fri Jan 31	7:00 PM	Princeton @	100 Mile House
Sun Feb 2	3:00 PM	Princeton @	N Okanagan
Tue Feb 4	7:00 PM	Princeton @	Kelowna
Fri Feb 7	7:00 PM	Osoyoos @	Princeton
Sun Feb 9	2:00 PM	Chase @	Princeton
Wed Feb 12	7:35 PM	Princeton @	Osoyoos
Fri Feb 14	7:00 PM	N Okanagan @	Princeton
Sat Feb 15	7:00 PM	Summerland @	Princeton
Sat Feb 22	7:00 PM	Grand Forks @	Princeton

# Tuesday Movies

**EVENING**

9:30 pm WTBS ch.3 "Righteous Kill" (2008, Crime Drama) Robert De Niro. Two veteran detectives hunt a vigilante whose crimes resemble those of a killer they put behind bars long ago.

10:00 pm KNOW ch.5 "I Am a Woman Now" (2011, Documentary) The first generation of transsexuals who had sex changes in Casablanca back in the mid-1950s discuss their lives and

experiences as women.  
11:30 pm WTBS ch.3 "The Last Castle" (2001, Suspense) Robert Redford. A court-martialed general leads a revolt against a corrupt warden in a military prison.

# News Leader Str8ts

## STR8TS

No. 161

Easy

Previous solution - Medium

4		5		8	9		2
	8		9	5			
				2			7
1	5						6
					7		
2		9					5
	5				1		
					2		8

8	7	6		3	4	5		
5	7	6	8		1	2	3	4
4	6	5	9	8	2	7	1	3
6		8	7	9	4	3	2	
	3	4		5	7	6		2
3	2		4	7	6	5	9	8
2	4	1	3	6	5		8	9
1		3	2	4		9	6	7
		2	1	3		8	7	

**How to beat Str8ts -**  
Like Sudoku, no single number can repeat in any row or column. But... rows and columns are divided by black squares into compartments. These need to be filled in with numbers that complete a 'straight'. A straight is a set of numbers with no gaps but can be in any order, eg [4,2,3,5]. Clues in black cells remove that number as an option in that row and column, and are not part of any straight. Glance at the solution to see how 'straights' are formed.

You can find more help and strategies at [www.str8ts.com](http://www.str8ts.com) along with more puzzles, Apple apps and books.

THIS WEEK'S  
**News Leader Str8ts**  
SOLUTION WILL APPEAR  
IN NEXT WEEK'S ISSUE

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**TUESDAY, JANUARY 21, 2014**

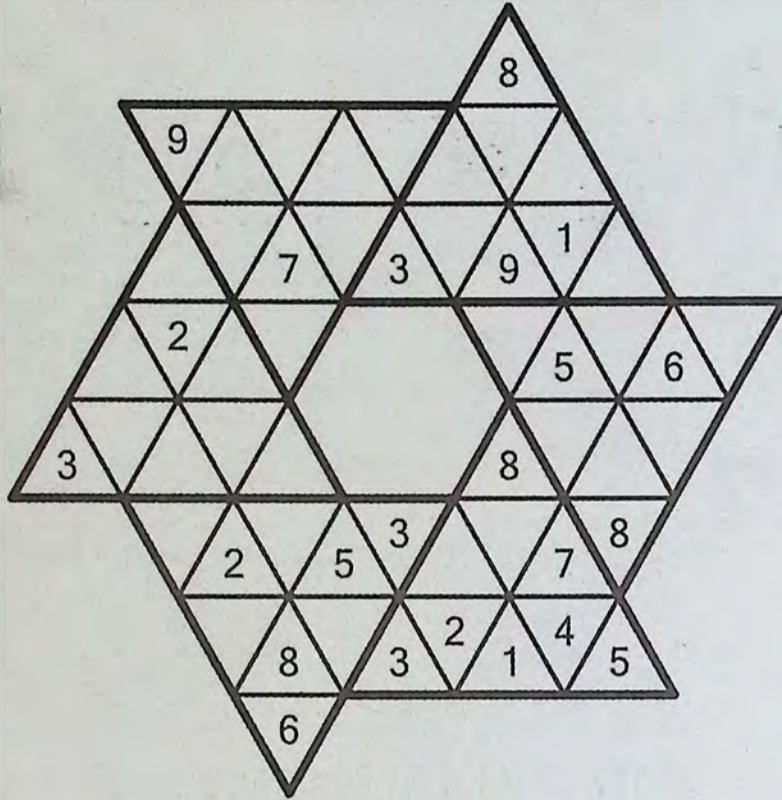
	WTBS ch.3	CHBC ch.4	KNOW ch.5	KSPS ch.6	KHQ ch.7	KREM ch.8	A&E ch.9	KXLY ch.10	BCTV ch.11	CITY ch.12	CBC ch.13	YTV ch.18	TSN ch.19	VTV ch.22	DISC ch.24	FAM ch.26	CITY ch.29	SPIKE ch.44	DTOUR ch.45
6 AM :30	In the Heat of the Night	Morning News (N) 80	Wibbly Pig G. Shrinks	Clifford Martha	KHQ News 6AM (N)	KREM 2 Morning News	Criminal Minds (N) 80	Morning Northwest	Morning News (N) 80	(5:00) Morning News (N)	CBC News Now (N) 0	Kid vs. Kat Rescue	SportsCentre 80	CTV Morning Live (N) 0 80	Mighty Planes 80	Stella-Sam Phineas	CityLine (N) 80	Bar Rescue 0	Eat St. 0
7 AM :30	Law & Order: SVU		Ella the EI PAW Patrol	Arthur Wild Kratts	Today Zac Efron; Michael B. Jordan. (N) 0 80	CBS This Morning (N) 0 80	Criminal Minds (N) 80	Good Morning America (N) 80			Tiger Arthur 80	Super Evil Sidekick	SportsCentre 80		Mighty Ships 80	Shake It ANT Farm	Let's Make a Deal 80	Bar Rescue 0	Disaster Disaster
8 AM :30	Law & Order: SVU		Maglc Bus Dinosaur	Curlous Cat in the			CSI: Miami (N) 80		Morning Huntley		Bo On/Go Busytown	Storm Beyblade	SportsCentre 80		How/Made How/Made	Jessie 80 Wizards	The Price Is Right (N)	Bar Rescue 0	Security Security
9 AM :30	Millionaire Millionaire	Morning Huntley	Dragon Dinosaurs	Peg Dinosaur		The 700 Club (N) 80	CSI: Miami (N) 80	Livet Kelly and Michael	Morning Huntley	The Doctors (N) 80	Super Why! Napkin	Monster Squirrel	SportsCentre 80	Livet Kelly and Michael	Overhaul'n (N) 80	Strawberry Manny	Jdg Judy	Cops 80	Bggg Bttls
10 AM :30	Divorce Divorce	The Doctors (N) 80	Poppy Cat Pajanimals	Sesame Street (E)		The Price Is Right (N)	Criminal Minds 80	The View (N) 80	The Doctors (N) 80	World Vision 80	Bookaboo Doodlebop	Invaslon Almost	Rally NFL Prime-Time (N) 80	The View (N) 80	Gold Rush -The Dirt 0	Never Land Sofia	The Chew (N) 80	Cops 80	Security
11 AM :30	Judge Alex Judge Alex	World Vision 80	Rolie Polie Mr. Moon	Tiger Sit & Be Fit	Jdg Judy Noddy	Young & Restless	Criminal Minds (N) 80	Paid Prog.	World Vision 80	Noon News Hour (N)	Heartland (DVS)	Flamingo Squirrel	2014 Australian Open Tennis	Marilyn Denis	Gold Rush	Phineas ANT Farm	General Hospital (N) 0	Cops 80	Airport
12 PM :30	King King	Noon News Hour (N)	Dino Dan Making	Charlie Rosa (N) 80	Dlts 2.0 Paid Prog.	News Bold	The First 48 80	The Chew (N) 80	Noon News Hour (N)	Days of our Lives (N)	CBC News Now (N) 0	Kid vs. Kat Sidekick		CTV News (N) 0 80	Klondike Fortune seekers travel to Dawson City.	Wingin' It Wizards	Katie (N) 80	Cops 80	Eat St. 0
1 PM :30	Community Community	Days of our Lives (N)	Dragon Pajanimals	Painting Quilting	Days of our Lives (N)	The Talk (N) 80	The First 48 80	General Hospital (N) 0	Days of our Lives (N)	The Talk (N) 80	Republic of Doyle (N) 0	Rated A Monster		The Social (N) 80		Wizards Good Luck	CityLine (N) 80	Cops 80	Bizarre Foods America
2 PM :30	Seinfeld (N) The Middle	The Talk (N) 80	Big Bear PAW Patrol	Thomas Super Why!	Katie (N) 80	Let's Make a Deal 80	The First 48 80	Queen Latifah	The Talk (N) 80	Queen Latifah	Steven and Chris (N) 0	Kid vs. Kat Super Evil	Off Record Interruption	Dr. Phil (N) 80	Highway Thru Hell	Shake It ANT Farm	CityNews at 5 (N) 80	Cops 80	Extreme Wild Parties
3 PM :30	The Middle Mod Fam	Queen Latifah	Clifford G. Shrinks	Sid Peg	Ellen DeGeneres Show	Dr. Phil (N) 80	Storage Storage	Rachael Ray (N) 80	Queen Latifah	Young & Restless	Recipes Stefano	Sidekick Squirrel	SportsCentre (N) 80	Bethenny (N) 80	How/Made How/Made	Jessie 80 Austin	CityNews at 6 (N) 80	Cops 80	Disaster
4 PM :30	Big Bang Big Bang	Young & Restless	Maya Bee Arthur (N)	Wild Kratts WordGirl	Jdg Judy Jdg Judy	The Dr. Oz Show 80	Storage Storage	The Doctors (N) 80	Young & Restless	Early News Global Nat.	Dragons' Den (N)	SpongeBob Chucks	NHL Hockey: Ottawa Senators at Washington Capitals. 80	Ellen DeGeneres Show	Daily Planet (N)	ANT Farm ANT Farm	Mod Fam	Cops 80	Security
5 PM :30	Browns Payne	News (N) 80	Martha Wild Kratts	News Business	News NBC News	News CBS News	Storage Storage	News ABC News	Early News Global Nat.	(4:59) News Hour (N)	News News	Parents SpongeBob		CTV News at Five (N)	Gold Rush -The Dirt 0	Austin Austin	Dads (N)	Cops 80	Treasures Decoded (N)
6 PM :30	Browns Payne	Global Nat. News	Hope for Wildlife 80	PBS News-Hour (N) 80	News Millionaire	KREM 2 News at 6 (N)	Storage Storage	News at 6 News	(5:59) News Hour (N)	ET Canada Ent	News Mercer	Japanz!z Sam & Cat		CTV News (N) 0 80	Klondike Food and supplies run low. (N)	Good Luck Good Luck	New Girl	Cops 80	Monumental Mysteries
7 PM :30	Mod Fam Seinfeld (N)	Ent ET Canada	Frontiers of Not Yet Begun to Fight	Jeopardy! Wheel	Access H.	Storage	Storage	Ent The Insider	Ent ET Canada	Chicago Fire (N) 80	George S Coronation	Boys Mr. Young	2014 Australian Open Tennis: Men's and Women's Quarterfinals. From Melbourne, Australia. (N) (Live) 80	talk (N) Big Bang	Shake It Good Luck	Killer Women "Warrior"	Cops 80	Mysterles-Museum	
8 PM :30	Family Guy Family Guy	NCIS: Los Angeles (N)	The First World War	American Experience	The Biggest Loser (N) 0 80	NCIS "Seek" (N) 80	Bad Ink Bad Ink	Agents of S.H.I.E.L.D.	NCIS: Los Angeles (N)	NCIS: Los Angeles (N)	Mercer 22 Minutes	Funnlest Home Videos		Agents of S.H.I.E.L.D.	Dangerous Flights	Good Luck ANT Farm	CityNews-Tonight (N)	Cops 80	Museum Secrets (N)
9 PM :30	Amer. Dad Movie: "Righteous Kill" (2008) Al Pacino	NCIS "Seek" (N)	Emergency	Salinge: American Masters (N) 0 80		NCIS: Los Angeles (N)	Storage Storage	Goldbergs Trophy	NCIS "Seek" (N)	NCIS "Seek" (N)	Arctic Air (N) 80 (DVS)	Babysitting Splatalot		Goldbergs Trophy	Klondike Food and supplies run low. (Part 2 of 3)	Wingin' It Connor	Jimmy Kimmel Live (N)	Bar Rescue (N)	Monumental Mysteries
10 PM :30		Chicago Fire (N) 80	"I Am a Woman Now"		Chicago Fire (N) 80	Person of Interest 80	Storage Storage	Killer Women "Warrior"	Chicago Fire (N) 80	News Hour Final (N)	The National (N) 80	Splatalot Zoin'kd! (N)		Person of Interest 80	Good Luck Jessie 80	Reviews on	EP Daily	Bar Rescue (N)	Mysterles-Museum
11 PM :30		News Hour Final (N)	Frontiers of Sky Island		News Jay Leno	News Letterman	Storage	KXLY 4	News Hour Final (N)	ET Canada The Test	CBC News George S	Mr. Young Boys		News-Lisa CTV News	Dangerous Flights	Wizards Princess	Paid Prog. Paid Prog:	Bar Rescue (N)	Museum Secrets (N)

# News Leader Sudoku 489

# Wednesday Movies

## HOSHI SUDOKU - About The Puzzle

Sudoku - also known as "Number Place" - is a logic-based, combinatorial number-placement puzzle. The aim of Sudoku is to enter a number from 1 through 9 in each cell of a grid, most frequently a 9x9 grid made up of 3x3 subgrids. Each row, column and region must contain only one instance of each number. This Sudoku variant is called "Hoshi Sudoku". It contains six large triangles. The numbers 1 to 9 must be placed into the cells of each large triangle. Every line of any length - even uncontinuous - must contain every number not more than once.



www.sudoku-puzzles.net

THIS WEEK'S SOLUTION: Page 20

### EVENING

11:30 pm WTBS ch.3 "The Ring Two" (2005, Horror) Naomi Watts. A female journalist must prevent evil Samara from taking possession of her son's soul.

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### WEDNESDAY, JANUARY 22, 2014

	WTBS ch.3	CHBC ch.4	KNOW ch.5	KSPS ch.6	KHQ ch.7	KREM ch.8	A&E ch.9	KXLY ch.10	BCTV ch.11	CITV ch.12	CBC ch.13	YTV ch.18	TSN ch.19	VTV ch.22	DISC ch.24	FAM ch.26	CITY ch.29	SPIKE ch.44	DTOUR ch.45
6 AM	In the Heat of the Night	Morning News (N) ☑	Wibbly Pig G. Shrinks	Clifford Martha	KHQ News 6AM (N)	KREM 2 Morning News	Criminal Minds ☑	Morning Northwest	Morning News (N) ☑	(5:00) Morning News (N)	CBC News Now (N) ☑ Rescue	Kid vs. Kat Rescue	SportsCentre ☑	CTV Morning Live (N) ☑	Airplane Repo ☑	Stella-Sam Phineas	CityLine (N) ☑	Tattoo Tattoo	Eat St. ☑ Eat St. ☑
7 AM	Law & Order: SVU		Ella the El PAW Patrol	Arthur Wild Kratts	Today Ice hockey; Martha Stewart. (N) ☑ ☑	CBS This Morning (N) ☑	Criminal Minds ☑ ☑ CSI: Miami ☑ ☑	Good Morning America (N) ☑			Tiger Arthur ☑	Super Evil Sidekick	SportsCentre ☑		Mighty Ships ☑	Shake It ANT Farm	Let's Make a Deal ☑	Tattoo Tattoo	Disaster Disaster
8 AM	Law & Order: SVU		Magie Bus Dinosaur	Curious Cat In the Hat					Morning Huntley	Morning Huntley	Bo On/Go Busytown	Storm Beyblade	SportsCentre ☑		Don't Drive Here	Jessie ☑ Wizards	The Price Is Right (N)	Tattoo Tattoo	Money Money
9 AM	Millionaire	Morning Huntley	Dragon Dinosaurs	Peg Dinosaur		The 700 Club ☑ ☑	CSI: Miami ☑ ☑	Livel Kelly and Michael	Morning Huntley	The Doctors ☑ ☑	Super Why! Napkin	Monster Squirrel	Sports PBA Bowling: Round 1 Japan Cup. From Tokyo.	Livel Kelly and Michael	Overhaulin' ☑ ☑	Strawberry Manny	Jdg Judy Jdg Judy	Tattoo Tattoo	Museum Secrets ☑
10 AM	Divorce	The Doctors ☑ ☑	Poppy Cat Pajanimals	Sesame Street ☑		The Price Is Right (N)	Criminal Minds ☑ ☑	The View ☑ ☑	The Doctors ☑ ☑	Operation Smile ☑	Bookaboo Doodlebob	Invasion Almost		The View ☑ ☑	Auction Auction	Never Land Sofia	The Chew ☑ ☑	Tattoo Tattoo	Monumental Mysteries
11 AM	Judge Alex	Operation Smile ☑	Rolle Polle Thomas	Tiger Sit & Be Fit	Jdg Judy Jdg Judy	Young & Restless	Criminal Minds "Jones"	Paid Prog.	Operation Smile ☑	Noon News Hour (N)	Heartland "Glory Days"	Flamingo Squirrel	2014 Australian Open Tennis: Quarter-final. ☑	Marilyn Denis	Gold Rush - The Dirt ☑	Phineas ANT Farm	General Hospital (N) ☑	Tattoo Tattoo	Mysteries-Museum
12 PM	King	Noon News Hour (N)	Dino Dan Making	Charlie Rose (N) ☑	Paid Prog. Paid Prog.	News	The First 48 ☑	The Chew ☑ ☑	Noon News Hour (N)	Days of our Lives (N)	CBC News Now (N) ☑	Kid vs. Kat Sidekick	CTV News (N) ☑ ☑	Klondike Food and supplies run low. (Part 2 of 3)	Wizards Wizards	Wingin' It Wizards	Katie ☑ ☑	Tattoo Tattoo	Eat St. ☑ Eat St. ☑
1 PM	Community	Days of our Lives (N)	Dragon Pajanimals	Oil Painting Sewing	Days of our Lives (N)	The Talk ☑ ☑	After the First 48 ☑	General Hospital (N) ☑	Days of our Lives (N)	The Talk ☑ ☑	Republic of Doyle ☑	Rated A Monster		The Social ☑ ☑	Good Luck	CityLine (N) ☑	Cops ☑ Cops ☑	Bizarre Foods America	
2 PM	Seinfeld ☑	The Talk ☑ ☑	Big Bear PAW Patrol	Thomas Super Why!	Katie ☑ ☑	Let's Make a Deal ☑	The First 48 ☑	Queen Latifah	The Talk ☑ ☑	Queen Latifah	Steven and Chris (N) ☑	Kid vs. Kat Super Evil	Off Record Interruption	Dr. Phil ☑ ☑	Dangerous Flights	Shake It ANT Farm	CityNews at 5 (N) ☑	Cops ☑ Cops ☑	Extreme Towns ☑ ☑
3 PM	The Middle	Queen Latifah	Clifford G. Shrinks	Sid Peg	Ellen DeGeneres Show	Dr. Phil ☑ ☑	The First 48 ☑	Rachael Ray ☑ ☑	Queen Latifah	Young & Restless	Recipes Stefano	Sidekick Squirrel	SportsCentre (N) ☑	Bethenny ☑ ☑	How/Made How/Made	Jessie ☑ Austin	CityNews at 6 (N) ☑	Cops ☑ Cops ☑	Disaster
4 PM	Big Bang	Young & Restless	Maya Bee Arthur ☑	Wild Kratts WordGirl	Jdg Judy Jdg Judy	The Dr. Oz Show ☑	Duck Dynasty ☑	The Doctors ☑ ☑	Young & Restless	Early News Global Nat.	Dragons' Den ☑ ☑	SpongeBob Monsters	NHL Hockey: Montreal Canadiens at Pittsburgh Penguins. ☑	Ellen DeGeneres Show	Daily Planet (N)	Liv-Mad. Liv-Mad.	Mod Fam Mod Fam	Cops ☑ Cops ☑	Money Money
5 PM	College Basketball: South	News (N) ☑	Martha Wild Kratts	News Business	News NBC News	News CBS News	Duck D. Duck D.	News ABC News	Early News Global Nat.	(4:59) News Hour (N)	News News	Parents SpongeBob		CTV News at Five (N)	Dude, You're Screwed	Jessie ☑ Jesse ☑	Revolution (N) ☑	Cops ☑ Cops ☑	Collectors Collectors
6 PM	Carolina at Georgia.	Global Nat. News	Frontiers of	PBS News-Hour (N) ☑	News Millionaire	KREM 2 News at 6 (N)	Duck D. Duck D.	News at 6 News	(5:59) News Hour (N)	ET Canada Ent	News Mercer	Hathaways		CTV News (N) ☑ ☑	Klondike Bill finds the murderer. (N) (Part 3 of 3)	Liv-Mad. Liv-Mad.	Mod Fam Super Fun	Cops ☑ Cops ☑	Extreme RVs ☑ ☑
7 PM	Mod Fam	Ent ET Canada	Waterfront Cities	Nature (N) ☑ (DVS)	Jeopardy! Wheel	Inside Ed. Access H.	Duck D. (7:31) Wahlburgers ☑	Ent The Insider	Ent ET Canada	Chicago PD (N) ☑	George S Coronation	Boys Assembly	2014 Australian Open Tennis: Women's Semifinals. From Melbourne, Australia. (N) (Live) ☑	The Tomorrow People	Arrow "Blind Spot" (N)	Liv-Mad. Liv-Mad.	Nashville (N) ☑ (DVS)	Cops ☑ Cops ☑	Extreme Yachts (N) ☑
8 PM	Family Guy	Bomb Girls ☑ (DVS)	Asia's Monarchs	NOVA "Killer Typhoon"	Revolution (N) ☑	Crazy Mom ☑	Duck D. Mayne	Bomb Girls ☑ (DVS)	Bomb Girls ☑ (DVS)	Dragons' Den (N) ☑	Funnest Home Videos			Arrow "Blind Spot" (N)	How/Made How/Made	Good Luck ANT Farm	CityNews-Tonight (N)	Jail ☑ Jail ☑	Extreme Restaurants
9 PM	Amer. Dad	Sean Save	Boris Berezovsky In Recital (N) ☑	Chasing Shackleton (N)	Law & Order: SVU	Criminal Minds (N) ☑	Duck D. Duck D.	Mod Fam Super Fun	Sean Save Fox Show	Sean Save Fox Show	Republic of Doyle (N)	Splatalot		Criminal Minds (N) ☑	Klondike Bill finds the murderer. (Part 3 of 3)	Wingin' It Connor	Jimmy Kimmel Live (N)	Jail ☑ Jail ☑	Extreme RVs ☑ ☑
10 PM	Payne	(10:01) Chicago PD (N)	Harlem	Make Me ☑ ☑	(10:01) Chicago PD (N)	CSI: Crime Scene	Duck D. Duck D.	Nashville (N) ☑ (DVS)	(10:01) Chicago PD (N)	News Hour Final (N)	The National (N) ☑	Splatalot Zolnk'd! ☑		CSI: Crime Scene	Good Luck	Good Luck	EP Daily	Jail ☑ Jail ☑	Extreme Yachts ☑
11 PM	Payne	CHBC News Final (N)	Waterfront Cities	Charlie Rose (N) ☑	News Jay Leno	News Letterman	Duck D. Wahlburg	KXLY 4 J. Kimmel	News Hour Final (N)	ET Canada The Test	CBC News George S	Mr. Young Boys	SportsCentre ☑	News-Lisa CTV News	Close Close	Wizards Princess	Paid Prog. Paid Prog.	Jail ☑ Jail ☑	Extreme Restaurants

# Around The Similkameen!

## What's Happening in Your Neighbourhood



What looks as if it could be a high security razor wire fence is actually a display of hoar frost in Princeton last week. Residents woke up to an incredible display January 17th. \*

The morning of January 17th was a morning not unlike any other so far this season. It was overcast and -7C by 8:00 AM and if you had a camera nearby you couldn't resist snapping photos of the incredibly large spike-like crystallized formations in your yard.

We've heard of hoar frost and wasn't exactly sure what caused it until we did some research. Thanks to the contributors at Wikipedia, here is a pretty good description:

Hoar frost (also called radiation frost or hoarfrost or pruina) refers to the white ice crystals, loosely deposited on the ground or exposed objects, that form on cold clear nights when heat is lost into the open sky causing objects to become colder than the surrounding air. A related effect is flood frost or frost

pocket which occurs when air cooled by ground-level radiation losses travels downhill to form pockets of very cold air in depressions, valleys, and hollows.

Hoar frost can form in these areas even when the air temperature a few feet above ground is well above freezing. Nonetheless the frost itself will be at or below the freezing temperature of water.

Hoar frost may have different names depending on where it forms. For example, air hoar is a deposit of hoar frost on objects above the surface, such as tree branches, plant stems, wires; surface hoar is formed by fernlike ice crystals directly deposited on snow, ice or already frozen surfaces; crevasse hoar consists of crystals that form in glacial crevasses where water vapour can

accumulate under calm weather conditions; depth hoar refers to cup shaped, faceted crystals formed within dry snow, beneath the surface.

The name hoar comes from an Old English adjective for showing signs of old age, and is used in this context in reference to the frost which makes trees and bushes look like white hair. It may also have association with hawthorn when covered in its characteristic white spring blossoms.

Surface hoar is a cause of avalanches when it forms on top of snow. Conditions are ideal for the formation of hoarfrost on cold clear nights, with a very light wind that is able to circulate more humidified air around the snow surface. Wind that is too abrupt will destroy the crystals. When buried by subsequent snows they may remain standing for easy identification, or become laid down, but still dangerous because of

the weakness of the crystals. In low temperatures surface hoar can also be broken apart and blown across the surface forming yukimarimo.

Hoar frost also occurs around man-made environments such as freezers or industrial cold storage facilities. It occurs in adjacent rooms that are not well insulated against the cold or around entry locations where humidity and moisture will enter and freeze instantly depending on the freezer temperature.



This backyard suet feeder almost looks like a torture device thanks to a frosty night January 16/17. \*

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## Thursday Movies

### EVENING

8:00 pm SPIKE ch.44 "Coming to America" (1988, Comedy) Eddie Murphy. Pampered Prince Akeem of Zamunda comes to New York with his royal sidekick to find a true-love bride. (In Stereo) (CC)

9:00 pm KNOW ch.5 "Holy Rollers: The True Story of Card Counting Christians" (2011, Documentary) A blackjack team made up of devoted Christians wins millions from casinos as they try to find a place for faith and God in the arena of high stakes gambling.

## Naturalists discover winter

by Janis Wright, VFFN

Although the mild temperatures experienced lately equate to melting snow, Vermilion Forks Field Naturalists managed to find enough of the fluffy white variety for snowshoeing on Saturday, January 11th.

John Henry and Mary Masiel led us out to Wolfe Belgie Road, beyond the Copper Mountain mine, where we trekked along in a series

of mini-blizzards, in fact. The snow fell so heavily that the thirteen of us were, at times, covered in white, almost as heavily laden as the trees alongside the trail.

It was truly a winter wonderland, and after two hours of climbing we stopped for lunch under the protection of trees (see photo at left). Within a minute John, most impressively, had a small fire started, and

..... continued on Page 15

### THURSDAY, JANUARY 23, 2014

	WTBS ch.3	CHBC ch.4	KNOW ch.5	KSPS ch.6	KHQ ch.7	KREM ch.8	A&E ch.9	KXLY ch.10	BCTV ch.11	CITV ch.12	CBC ch.13	YTV ch.18	TSN ch.19	VTV ch.22	DISC ch.24	FAM ch.26	CITY ch.29	SPIKE ch.44	DTOUR ch.45
6 AM	In the Heat of the Night	Morning News (N) ☑	Wibbly Pig	Clifford	KHQ News 6AM (N)	KREM 2 Morning News	Criminal Minds ☑ ☑	Morning Northwest	Morning News (N) ☑	(5:00) Morning News (N)	CBC News Now (N) ☑	Kid vs. Kat Rescue	SportsCentre ☑	CTV Morning Live (N) ☑ ☑	Airplane Repo ☑	Stella-Sam Phineas	CityLine (N) ☑	Wildest Police Videos	Eat St. ☑
7 AM	Law & Order: SVU		Ella the El	Arthur	Today Vanessa Hudgens. (N) ☑ ☑	CBS This Morning (N) ☑ ☑	Criminal Minds "Jones"	Good Morning America (N) ☑			Tiger	Super Evil	SportsCentre ☑		Mighty Ships ☑	Shake It ANT Farm	Let's Make a Deal ☑	Wildest Police Videos	Disaster
8 AM	Law & Order: SVU		Magie Bus	Curious			CSI: Miami ☑ ☑			Morning Huntley	Bo On/Go	Storm	SportsCentre ☑		Fantom-Works ☑	Jessie ☑	The Price Is Right (N)	DEA ☑	Collectors
9 AM	Millionaire	Morning	Dragon	Peg			The 700 Club ☑ ☑	CSI: Miami ☑ ☑	Livel Kelly and Michael	Morning Huntley	Super Why! Napkin	Monster Squirrel	SportsCentre ☑	Livel Kelly and Michael	Overhaul'n' Parts Guy	Strawberry Manny	Jdg Judy	DEA ☑	Extreme RVs ☑ ☑
10 AM	Divorce	The Doctors ☑ ☑	Poppy Cat	Sesame Street (N)			The Price Is Right (N)	Criminal Minds ☑ ☑	The View ☑ ☑	The Doctors ☑ ☑	World Vision ☑	Bookaboo	Invasion	Top 10	Auction	Never Land	The Chew ☑ ☑	DEA ☑	Extreme Yachts ☑
11 AM	Judge Alex	World Vision ☑	Rolie Polle	Tiger	Jdg Judy	Young & Restless	Criminal Minds ☑ ☑	Paid Prog.	World Vision ☑	Noon News Hour (N)	Heartland ☑ (DVS)	Flamingo		Marilyn Denis	How/Made	Phineas	General Hospital (N) ☑	DEA "Flip The Stripper"	Extreme Restaurants
12 PM	King	Noon News Hour (N)	Dino Dan	Charlie Rose (N) ☑	Facelift!	News	After the First 48 ☑	The Chew ☑ ☑	Noon News Hour (N)	Days of our Lives (N)	CBC News Now (N) ☑	Kid vs. Kat Sidekick	2014 Australian Open Tennis: Men's First Semifinal. ☑	CTV News (N) ☑ ☑	Klondike Bill finds the murderer. (Part 3 of 3)	Wizards	Katie ☑ ☑	DEA Juarez Cartel. ☑	Eat St. ☑
1 PM	Community	Days of our Lives (N)	Dragon	Painting	Days of our Lives (N)	The Talk ☑ ☑	The First 48 ☑	General Hospital (N) ☑	Days of our Lives (N)	The Talk ☑ ☑	Republic of Doyle ☑	Rated A Monster		The Social ☑ ☑		Wizards	CityLine (N) ☑	DEA ☑	Bizarre Foods America
2 PM	Seinfeld ☑	The Talk ☑ ☑	Big Bear	Thomas	Katie ☑ ☑	Let's Make a Deal ☑	The First 48 ☑	Queen Latifah	The Talk ☑ ☑	Queen Latifah	Steven and Chris (N) ☑	Kid vs. Kat Super Evil	Off Record	Dr. Phil ☑ ☑	Close	Shake It	CityNews at 5 (N) ☑	Cops ☑	Ext. Hawaiian Escapes
3 PM	The Middle	Queen Latifah	Clifford	Slid	Ellen DeGeneres Show	Dr. Phil ☑ ☑	The First 48 ☑	Rachael Ray ☑ ☑	Queen Latifah	Young & Restless	Recipes Stefano	Sidekick Squirrel	SportsCentre (N) ☑	Bethenny ☑ ☑	How/Made	Jessie ☑	CityNews at 6 (N) ☑	Cops ☑	Disaster
4 PM	Big Bang	Young & Restless	Maya Bee	Wild Kratts	Jdg Judy	The Dr. Oz Show ☑	Duck D.	The Doctors ☑ ☑	Young & Restless	Early News Global Nat.	Dragons' Den ☑ ☑	SpongeBob Rabbids	Hockey Draft	Ellen DeGeneres Show	Daily Planet (N)	Austin	Mod Fam	Cops ☑	Museum Secrets ☑
5 PM	Browns	News (N) ☑	Martha	News	News	News	Duck D.	News	Early News	(4:59) News Hour (N)	News	Parents	NHL Hockey: Toronto Maple Leafs at Dallas Stars. (Live) ☑	CTV News at Five (N)	Last Frontier	Dog	Community	Cops ☑	Bizarre Foods America
6 PM	Browns	Global Nat.	Waterfront Cities	PBS News-Hour (N) ☑	News	KREM 2 News at 6 (N)	Duck D.	News at 6	(5:59) News Hour (N)	ET Canada	News	Thunder	Sam & Cat	CTV News (N) ☑ ☑	Moonshiners: Outlaw	Shake It	Crazy	IMPACT Wrestling (N) ☑ ☑	Brew Dogs (N) ☑ ☑
7 PM	Mod Fam	Ent	Park	Northwest Profiles ☑	Jeopardy!	Inside Ed.	Crazy Hearts: Nashville	Ent	Ent	Real Stories ☑	The Nature of Things	Boys		etalk (N)	Moonshiners (N) ☑	Shake It	Suburg.		Sturgis Raw (N) ☑ ☑
8 PM	Family Guy	Howie Do	Joanna Lumley	Father Brown ☑ ☑	Community	Big Bang	Crazy Hearts: Nashville	The Taste "Street Food" (N) ☑	Howie Do	Howie Do	Doc Zone "Oliceland"	Funnest Home Videos	SportsCentre (N) (Live) ☑	Big Bang	How/Made	Good Luck	CityNews-Tonight (N)	Movie: *** "Coming to America"	Roadside Adventures
9 PM	Amer. Dad	Rake "Serial Killer" ☑	"Holy Rollers: The True Story"	Foyle's War ☑	Sean Save	Big Bang	Duck D.	Rake "Serial Killer" ☑	Rake "Serial Killer" ☑	NHL-A Season	Babysitting	That's Hockey 2 Nite	Saving Hope (N) ☑	Last Frontier	Wingin' It	Connor	Jimmy Kimmel Live (N)	(1988) Eddie Murphy. ☑	Bizarre Foods America
10 PM	Movie: ** "Step Up 3" (2010) Rick Malambri.	Real Stories ☑	Snapshot	African Americans	Parenthood (N) ☑	(10.01) Elementary ☑	Duck D.	Shark Tank ☑ ☑	Real Stories ☑	News Hour Final (N)	The National (N) ☑	Splatalot	SportsCentre (N) ☑	Law & Order: SVU	Good Luck	Jessie ☑	Reviews on	Deadliest Warrior	Brew Dogs ☑ ☑
11 PM	"Road"	CHBC News Final (N)	Park	Charlie Rose (N) ☑	News	News	Crazy Hearts: Nashville	KXLY 4	News Hour Final (N)	ET Canada	GBC News	Mr. Young	SportsCentre ☑	News-Lisa	Moonshiners ☑ ☑	Wizards	Paid Prog.	Deadliest	Sturgis Raw ☑ ☑

# Friday Movies

**EVENING**

7:00 pm YTV ch.18 "Akeelah and the Bee" (2006, Drama) Laurence Fishburne. Akeelah, an 11-year-old girl living in South Los Angeles, discovers she has a talent for spelling, which she hopes will take her to the National Spelling Bee. (In Stereo) (CC)

8:00 pm FAM ch.26 "Phineas and Ferb: The Movie: Across the 2nd Dimension" (2011, Comedy) Voices of Vincent Martella. Animated. Along with their pet platypus, step-brothers Phineas and Ferb battle evil Dr. Doofenshmirtz. (In Stereo) (CC)

9:30 pm WTBS ch.3 "D.O.A.: Dead or Alive" (2006, Action) Devon Aoki. Four rivals at an invitation-only martial-arts tournament join forces against a sinister threat.

10:00 pm FAM ch.26 "Hatching

Pete" (2009, Comedy) Jason Dolley. A teenager becomes a big hit when he dons a chicken suit to become a high-school mascot. (In Stereo) (CC) 11:15 pm WTBS ch.3 "Domestic Disturbance" (2001, Suspense) John Travolta. A troubled boy claims he witnessed his new stepfather commit a murder, prompting his father to investigate.

# News Leader Recipe 596

## Thallicious Turkey Stir-Fry

Serves: 4 - 6, Prep Time: 20 minutes, Cooking Time: 20 minutes

- 1 cup (250 mL) turkey or chicken stock
- 1/4 cup (60 mL) low-sodium soy sauce
- 1 tbsp. (15 mL) oyster sauce
- 1 tbsp. (15 mL) fresh lime juice
- 1 tbsp. (15 mL) fresh ginger, grated
- 2 cloves garlic, minced
- 1 tbsp. (15 mL) packed brown sugar
- 1 hot chili pepper, seeded and finely chopped
- 1 lb (454 g) boneless, skinless turkey breast, cut into bite size pieces
- 1 tbsp. (15 mL) canola oil
- 1 bag (1.5 lbs/750 g) frozen Thai or Asian style vegetable mix
- 1 can (8 oz/227 mL) sliced bamboo shoots, drained
- 2 tbsp. (30 mL) cornstarch (if using fresh vegetables, reduce to 4 tsp/20mL)

In a bowl, whisk together turkey stock, soy and oyster sauces, lime juice, ginger, garlic, sugar and hot chili pepper. Pour half of the marinade into a resealable bag and add turkey. Seal bag and move turkey around in bag to coat completely. Refrigerate for at least 30 minutes or up to 8 hours. Alternatively, freeze marinated turkey for up to 1 week. Cover and refrigerate remaining marinade for up to 1 week.

In wok or large non-stick skillet, heat oil over medium-high heat. Add turkey to skillet and brown for 3 minutes. Add vegetables and bamboo shoots to skillet and cook, stirring for 2 minutes.

Meanwhile, whisk cornstarch into reserved marinade. Pour into skillet and cook, stirring for about 5 minutes or until vegetables are tender crisp and turkey is no longer pink inside.

Nutritional Information (per serving): Calories 395; Protein 14 g; Fat 11g; Carbohydrates 60 g.

Recipe courtesy of Turkey Farmers of Canada

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**FRIDAY, JANUARY 24, 2014**

	WTBS ch.3	CHBC ch.4	KNOW ch.5	KSPS ch.6	KHQ ch.7	KREM ch.8	A&E ch.9	KXLY ch.10	BCTV ch.11	CITY ch.12	CBC ch.13	YTV ch.18	TSN ch.19	VTV ch.22	DISC ch.24	FAM ch.26	CITY ch.29	SPIKE ch.44	DTOUR ch.45
6 AM :30	In the Heat of the Night	Morning News (N) 30	Wibbly Pig G. Shrinks	Clifford Martha	KHQ News 6AM (N)	KREM 2 Morning News	Beyond Scared Straight	Morning Northwest	Morning News (N) 30	(5:00) Morning News (N)	CBC News Now (N) 1	Kid vs. Kat Rescue	SportsCentre 30	CTV Morning Live (N) 1 30	Airplane Repo 30	Stella-Sam Phineas	CityLine (N) 30	Deadliest Warrior 30	Eat St. 1 Eat St. 1
7 AM :30	Law & Order: SVU		Ella the EI PAW Patrol	Arthur Wild Kratts	Today Posture-improving products. (N) 1 30	CBS This Morning (N) 1 30	Beyond Scared Straight	Good Morning America (N) 30			Tiger Arthur 30	Yu-Gi-Oh! Slidekick	SportsCentre 30		Mighty Ships 30	Shake It ANT Farm	Let's Make a Deal 30	Deadliest Warrior 30	Disaster Disaster
8 AM :30	Law & Order: SVU		Magic Bus Dinosaur	Curious Cat in the Hat			Beyond Scared Straight			Morning Huntley	Bo On/Go Busytown	Storm Beyblade	SportsCentre 30		Flying Wild Alaska 30	Jessie 30 Wizards	The Price is Right (N)	Deadliest Warrior 30	The Dead Files 1 30
9 AM :30	Millionaire	Morning Huntley	Dragon Dinosaurs	Peg Dinosaur			Beyond Scared Straight	Live! Kelly and Michael Huntley	Morning Huntley	The Doctors 1 30	Super Why! Napkin	Monster Squirrel	SportsCentre 30	Live! Kelly and Michael	Overhaul'n	Strawberry Manny	Jdg Judy	Deadliest Warrior 30	Bizarre Foods America
10 AM :30	Divorce	The Doctors 1 30	Poppy Cat Pajanimals	Sesame Street 1 (EJ)		The Price is Right (N)	Beyond Scared Straight	The View 1 30	The Doctors 1 30	Operation Smile 30	Bookaboo Doodlebop	Invasion Almost	Fishing Premier	The View 1 30	Auction Auction	Never Land Sofia	The Chew 1 30	Cops 30 Cops 30	Brew Dogs 1 30
11 AM :30	Judge Alex	Operation Smile 30	Rolie Polie Thomas	Tiger Sit & Be Fit	Jdg Judy	Young & Restless	Beyond Scared Straight	Paid Prog.	Operation Smile 30	Noon News Hour (N)	Heartland 30 (DVS)	Fleming Squirrel	24 CH 30	Marilyn Denis	How/Made How/Made	Phineas ANT Farm	General Hospital (N) 1	Cops 30 Jail 30	Roadside Adventures
12 PM :30	King	Noon News Hour (N)	Dino Dan Making	Charlie Rose (N) 30	Pain Free Facellit!	News Bold	Beyond Scared Straight	The Chew 1 30	Noon News Hour (N)	Days of our Lives (N)	CBC News Now (N) 1	Kid vs. Kat Slidekick	2014 Australian Open Tennis: Men's Second Semifinal. 30	CTV News (N) 1 30	Last Frontier	Wingin' It Wizards	Katie 1 30	Cops 30 Jail 30	Eat St. 1 Eat St. 1
1 PM :30	Community	Days of our Lives (N)	Dragon Pajanimals	Color Scrapbook	Days of our Lives (N)	The Talk 1 30	The First 48 30	General Hospital (N) 1	Days of our Lives (N)	The Talk 1 30	Republic of Doyle 1	Rated A Monster		The Social 1 30	Moonshiners: Outlaw	Wizards Good Luck	CityLine (N) 30	Cops 30 Jail 30	Bizarre Foods America
2 PM :30	Seinfeld 1	The Talk 1 30	Big Bear PAW Patrol	Thomas Super Why!	Katie 1 30	Let's Make a Deal 30	The First 48 30	Queen Latifah	The Talk 1 30	Queen Latifah	Steven and Chris (N) 1	Kid vs. Kat Super Evil	Off Record Interruption	Dr. Phil 1 30	Moonshiners 1 30	Shake It ANT Farm	CityNews at 5 (N) 30	Cops 30 Cops 30	Extreme Vegas 1 30
3 PM :30	The Middle Mod Fam	Queen Latifah	Clifford G. Shrinks	Sid Peg	Ellen DeGeneres Show	Dr. Phil 1 30	The First 48 30	Rachael Ray 1 30	Queen Latifah	Young & Restless	Recipes Stefano	Slidekick Squirrel	SportsCentre (N) 30	Bethenny 1 30	How/Made How/Made	Jessie 30 Austin	CityNews at 6 (N) 30	Cops 30 Cops 30	Disaster Disaster
4 PM :30	Big Bang Big Bang	Young & Restless	Maya Bee Arthur 1	Wild Kratts WordGirl	Jdg Judy	The Dr. Oz Show 30	The First 48 30	The Doctors 1 30	Young & Restless	Early News Global Nat.	Dragons' Den 1 30	SpongeBob Kung Fu	Hockey NHL	Ellen DeGeneres Show	Daily Planet (N)	Phineas Good Luck	Mod Fam	Cops 30 Cops 30	Weird or What?
5 PM :30	Browns Payne	News (N) 30	Martha Wild Kratts	News Business	News NBC News	News CBS News	The First 48 30	News ABC News	Early News Global Nat.	(4:59) News Hour (N)	News News	Parents SpongeBob	Hockey: Montreal Canadiens at Detroit Red Wings. 30	CTV News at Five (N)	Salvage Hunters (N)	Dog Jessie 30	Last Man Back In	Bigfoot Bounty	Murder in Paradise 1
6 PM :30	Browns Payne	Global Nat. News	Park Our Part	PBS News-Hour (N) 30	News Millionaire	KREM 2 News at 6 (N)	The First 48 30	News at 6 News	(5:59) News Hour (N)	ET Canada	News Mercer	Rock SpongeBob		CTV News (N) 1 30	Dangerous Flights (N)	Liv-Mad. Austin	Raising Enlisted 1	Bigfoot Bounty	The Dead Files 1 30
7 PM :30	Mod Fam Seinfeld 1	Ent ET Canada	Coast "Cork to Dublin" Moyers	Wash Wheels	Jeopardy! Wheel	Inside Ed. Access H.	The First 48 30	Ent The Insider	Ent ET Canada	Dracula 1 30	George S Coronation	Movie: *** "Akeelah and the Bee" (2006, Drama) 1 30	SportsCentre (N) (Live) 30	etalk (N) Big Bang	Close Close	Austin Austin	Family Liquidator	Bigfoot Bounty	The Dead Files (N) 30
8 PM :30	Family Guy Family Guy	Bones (N) 30 (DVS)	Murder Myster.	Call the Midwife 30	Dateline NBC (N) 30	Undercover Boss 30	(8:01) The First 48 30	Last Man Neighbors	Bones (N) 30 (DVS)	Bones (N) 30 (DVS)	M'ketplace Mercer		Off Record Neighbors	Mike Neighbors	Mayday 30	"Phineas and Ferb: The Movie"	CityNews-Tonight (N)	Bigfoot Bounty	The Dead Files 1 30
9 PM :30	Amer. Dad Movie: "D.O.A.: Dead or Alive"	Hawaii Five-0 "Ho'opio"	Lewis "The Great and the Good"	The Real Mary Poppins	Grimm "The Wild Hunt"	Hawaii Five-0 "Ho'opio"	(9:01) The First 48 30	Shark Tank (N) 1	Hawaii Five-0 "Ho'opio"	Hawaii Five-0 "Ho'opio"	the fifth estate 1 30		E:60 30 Top 10	Grimm "The Wild Hunt"	Dangerous Flights	Jessie 30	Jimmy Kimmel Live 1	Bigfoot Bounty	The Dead Files 1 30
10 PM :30		(10:01) Dracula 1 30	Going Stro	Music Makes a City (N)	(10:01) Dracula 1 30	Blue Bloods "Warriors"	(10:01) The First 48	(10:01) 20/20 (N) 30	(10:01) Dracula 1 30	News Hour Final (N)	The National (N) 30	Splatalot Zolnk'd! 1	SportsCentre (N) 30	Blue Bloods "Warriors"	Salvage Hunters 30	Movie: "Hatching Pete" (2009)	EP Daily Reviews on	Bigfoot Bounty	The Dead Files 1 30
11 PM :30	"Domestic Dstrb"	CHBC News Final (N)	Architects of Change	Charlie Rose (N) 30	News Jay Leno	News Letterman	(11:01) The First 48	KXLY 4 J. Kimmel	News Hour Final (N)	ET Canada The Test	CBC News George S	Mr. Young Boys	SportsCentre 30	News-Lisa CTV News	Close	Princess	Paid Prog.	Deadliest Warrior	The Dead Files 1 30







# News Leader Monday Movies

**MORNING**

6:00 am A&E ch.9 "The Mummy" (1999, Adventure) Brendan Fraser. A young man opens a tomb unleashing a mummy seeking revenge for a curse laid upon him 3,000 years earlier. (CC)  
 9:00 am A&E ch.9 "The Mummy

Returns" (2001, Adventure) Brendan Fraser. Two evil forces believe the 9-year-old son of adventurer Rick O'Connell is the key to the reincarnation of Isis. (CC)  
 SPIKE ch.44 "Man on Fire" (2004, Crime Drama) Denzel Washington. Hired as a bodyguard for a young

girl, a retired CIA agent takes revenge on her kidnapers in Mexico City. (In Stereo)

**AFTERNOON**

12:00 pm SPIKE ch.44 "Smokin' Aces" (2007, Action) Ben Affleck. Two FBI agents must protect an

entertainer from a motley crew of assassins after the guy agrees to testify against the Las Vegas mob. (In Stereo)

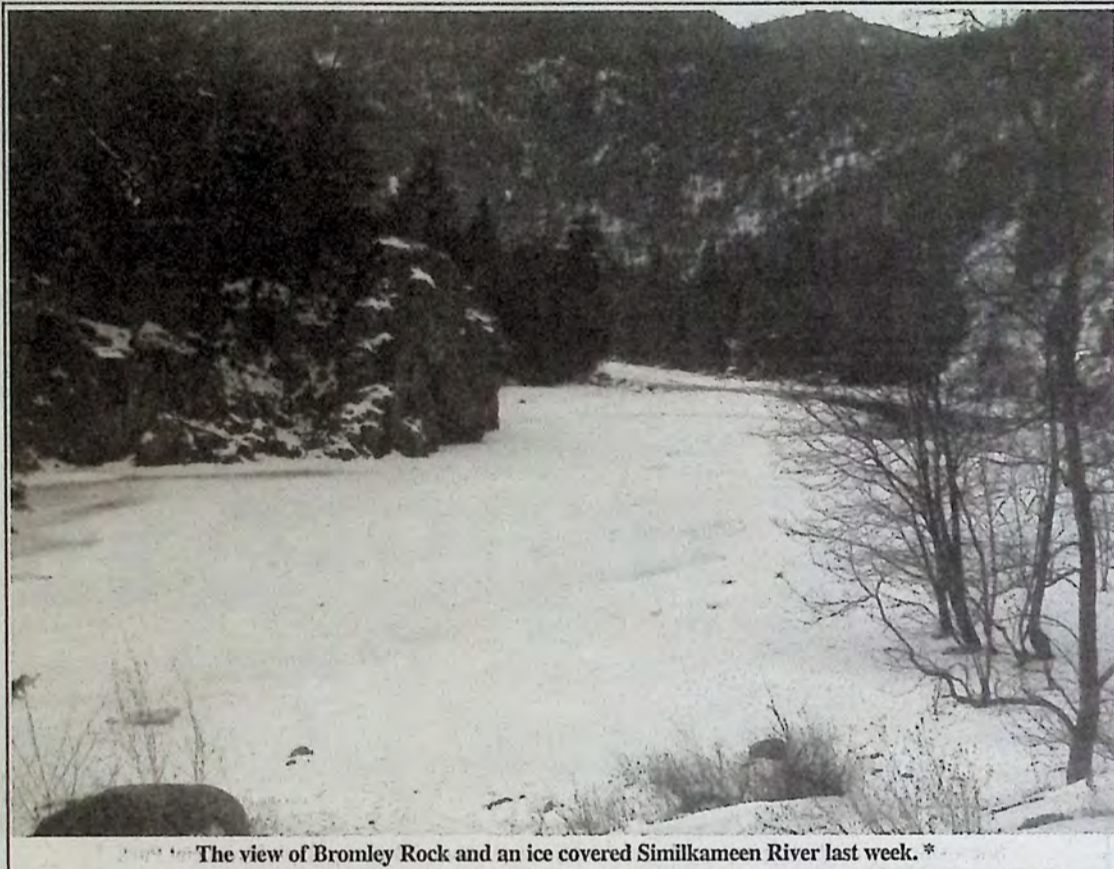
3:00 pm SPIKE ch.44 "Smokin' Aces" (2007, Action) Ben Affleck. Two FBI agents must protect an entertainer from a motley crew of assassins after the guy agrees to testify against the Las Vegas mob. (In Stereo)

**EVENING**

7:30 pm SPIKE ch.44 "Alpha Dog" (2006, Crime Drama) Bruce Willis. Premiere. A teenage dealer and his friends kidnap the impressionable

younger brother of a junkie who won't pay for the drugs. (In Stereo)  
 9:30 pm WTBS ch.3 "Red" (2010, Action) Bruce Willis. Retired CIA agents reassemble for survival after the agency sends assassins to silence them and the secrets they carry.

11:30 pm WTBS ch.3 "Tyler Perry's Why Did I Get Married Too?" (2010, Comedy-Drama) Tyler Perry. While on vacation in the Bahamas, the unexpected arrival of one's ex-husband causes some longtime friends to examine the strength of their own marriages.



The view of Bromley Rock and an ice covered Similkameen River last week. \*

## Sunday Movies

..... continued from Page 16  
 corrupt Los Angeles narcotics officer who wants to include him in his schemes. (In Stereo)

10:00 pm FAM ch.26 "Johnny Kapahala: Back on Board" (2007, Comedy) Brandon Baker. A snowboarder from Vermont goes to Hawaii for the wedding of his grandfather, a legendary surfer. (In Stereo) (CC) (DVS)

10:30 pm WTBS ch.3 "Transporter 3" (2008, Action) Jason Statham.

Mob courier Frank Martin and the subject of his assignment, a cynical Ukrainian woman, are fitted with shackles that will explode if they wander too far from his car.

11:30 pm CBC ch.13 "Adoration" (2008, Drama) Scott Speedman. An imaginative high-school student takes a class assignment a step further by putting himself into the story of a failed terrorist plot. (In Stereo) (CC)



PrincetonBCNews

**MONDAY, JANUARY 27, 2014**

	WTBS ch.3	CHBC ch.4	KNOW ch.5	KSPS ch.6	KHQ ch.7	KREM ch.8	A&E ch.9	KXLY ch.10	BCTV ch.11	CITY ch.12	CBC ch.13	YTV ch.18	TSN ch.19	VTV ch.22	DISC ch.24	FAM ch.26	CITY ch.29	SPIKE ch.44	DTOUR ch.45
6 AM	In the Heat of the Night	Morning News (N)	Wibbly Pig	Clifford	KHQ News 6AM (N)	KREM 2 Morning News	Movie: *** "The Mummy" (1999) Brendan Fraser, Rachel Weisz.	Morning Northwest	Morning News (N)	(5:00) Morning News (N)	CBC News Now (N)	Kid vs. Kat Rescue	SportsCentre	CTV Morning Live (N)	Airplane Repo	Stella-Sam Phineas	CityLine (N)	Bar Rescue	Eat St. <sup>o</sup>
7 AM	Law & Order: SVU		Ella the El	Arthur	Today (N)	CBS This Morning (N)		Good Morning America (N)			Tiger	Super Evil	SportsCentre		Cash Cab	Shake It	Let's Make a Deal	Bar Rescue	Disaster
8 AM	Law & Order: SVU		PAW Patrol	Wild Kratts							Arthur	Sidekick		How/Made	ANT Farm				Disaster
9 AM	Millionaire	Morning	Magic Bus	Curious							Bo On/Go	Pokémon	SportsCentre	Dangerous Flights	Jessie	The Price Is Right (N)	Bar Rescue	Are You Fitter	
10 AM	Divorce	The Doctors	Dinosaur	Cat in the Hat							Busytown	Beyblade			Wizards				
11 AM	Judge Alex	Operation Smile	Dragon	Peg							Monster	SportsCentre	Livel Kelly and Michael	Overhaul'n'	Strawberry	Jdg Judy	Movie: *** "Man on Fire" (2004)	Lost-Sold	
12 PM	King	Noon News Hour (N)	Dino Dan	Charlie Rose (N)	Paid Prog.	News	The First 48	The Chew	Noon News Hour (N)	Days of our Lives (N)	CBC News Now (N)	Kid vs. Kat Sidekick		CTV News (N)	Last Frontier	Wingin' It	Katie <sup>o</sup>	Movie: *** "Smokin' Aces" (2007)	Eat St. <sup>o</sup>
1 PM	Community	Days of our Lives (N)	Dragon	Paint This	Days of our Lives (N)	The Talk	After the First 48	General Hospital (N)	Days of our Lives (N)	The Talk	Republic of Doyle	Rated A		The Social	Deadliest Catch	Wizards	CityLine (N)	Ben Affleck	Bizarre Foods America
2 PM	Seinfeld	The Talk	Big Bear	Thomas	Katie <sup>o</sup>	Let's Make a Deal	The First 48	Queen Latifah	The Talk	Queen Latifah	Steven and Chris (N)	Kid vs. Kat Super Evil		Dr. Phil	How/Made	Shake It	CityNews at 5 (N)	Ways Die	Coaster
3 PM	The Middle	Queen Latifah	Clifford	Sid	Ellen DeGeneres Show	Dr. Phil	Bad Ink	Rachael Ray	Queen Latifah	Young & Restless	Recipes	Sidekick		Bethenny	How/Made	Jessie	CityNews at 6 (N)	Movie: *** "Smokin' Aces" (2007)	Disaster
4 PM	Big Bang	Young & Restless	PAW Patrol	Super Why!							Stefano	Squirrel		Ellen DeGeneres Show	Daily Planet (N)	Jessie	Mod Fam	Lost-Sold	
5 PM	Browns	News (N)	Clifford	Peg	Jdg Judy	The Dr. Oz Show	Duck D.	The Doctors	Young & Restless	Early News	Dragons' Den	SpongeBob		CTV News at Five (N)	How/Made	Phineas	How I Met	Deadliest Warrior	Security
6 PM	Browns	Global Nat.	Wild Kratts	Business	NBC News	CBS News	Duck D.	ABC News	Global Nat.	(4:59) News Hour (N)	News	Parents		CTV News (N)	Myth-Busters (N)	Phineas	Broke Girl	Bggg Bttls	
7 PM	Mod Fam	Ent	Animals	PBS NewsHour (N)	Millionaire	KREM 2 News at 6 (N)	Bad Ink (N)	News at 6	(5:59) News Hour (N)	ET Canada	News	Sam & Cat			Phineas	Mike	Mom (N)	Deadliest Warrior	Bggg Bttls
8 PM	Family Guy	Parenthood "Promises"	Hope for Wildlife	Your Turn	Jeopardy!	Inside Ed.	Mayne	Ent	Ent	The Blacklist (N)	George S	Hathaways	To Be Announced	etalk (N)	Bering Sea Gold: Under	Phineas	Shameless	Movie: *** "Alpha Dog" (2006) Bruce Willis.	Airport
9 PM	Amer. Dad	Parenthood (DVS)	Antiques Roadshow (N)	Hollywood Game Night	How I Met	Mayne	The Bachelor (N)	Parenthood "Promises"	Parenthood "Promises"	Murdoch Mysteries (N)	Splatat	Japanizi		Blg Bang	How/Made	Phineas	CityNews-Tonight (N)	Security	
10 PM	Movie: *** "Red" (2010) Bruce Willis.	The Blacklist (N)	Architects of Change	Independent Lens (N)	The Blacklist (N)	Intelligence (N)	Bad Ink	(10:01) Castle (N)	The Blacklist (N)	News Hour Final (N)	The National (N)	Splatat	SportsCentre	The Following	Auction	Phineas	Jimmy Kimmel Live	Bggg Bttls	
11 PM	"Married"	CHBC News Final (N)	Hope for Wildlife	Well Read	Jay Leno	Letterman	Mayne	KXLY 4	News Hour Final (N)	ET Canada	CBC News	Mr. Young	SportsCentre	Intelligence (N)	Bering Sea Gold: Under	Good Luck	EP Daily	Wildest Police Videos	Airport
												Boys	CTV News	News-Lisa	Myth-Busters	Wizards	Paid Prog.	Wildest Police Videos	Lost-Sold
														CTV News	Princess	Paid Prog.			Lost-Sold

# OUTBACK JACKS

## HORSE RESCUE

### 5<sup>th</sup> ANNUAL YEAR-END FLEA MARKET

Now is the time to start planning for the 5th Annual Year-End Flea Market hosted by Outbackjacks Horse Rescue at the ranch on Highway 3. This year's event will take place Saturday, March 15 and Sunday, March 16 from 10:00 AM to 5:00 PM both days. Book your spot at \$20 for the weekend and you can camp at the rescue ranch as well. There will be about 60 tables available and last year 700 people attended. Admission is FREE. Vendors and entertainers welcome. Contact Gena to book your space at 250-295-0775.

# SOHC shares progress

..... continued from Front Page threatening cardiac arrhythmia, otherwise known as a heart attack. The device uses simple audio and visual commands to instruct the layman in the use of the AED. Rapid treatment by defibrillation can save the life of heart attack victim.

Working in conjunction with the BC Ambulance Service, two AEDs have been installed in our community. With advice and assistance provided by Steering Committee member Paul Swain, it was decided to install one at the Princeton Curling Club (to be relocated to the Princeton Golf & Country Club during the summer months) and the other at Riverside Community Centre. These new devices are added to existing AEDs located at the Princeton Arena and in all smaller communities in rural Princeton (Area H).

#### Transportation

In cooperation with Dr. John Adams and Lynn Pelly of Princeton Community Services, the Steering Committee reviewed Princeton's health care transportation options.

Subsequently, a brochure was developed, outlining the variety of options available for getting to medical appointments in Princeton and Penticton. Transportation assistance can be requested by calling 250-295-6666.

#### Area H Representative

At its December meeting, the Steering Committee unanimously accepted Brad Hope's recommendation that John Akerley become the representative for Area H. Akerley joins representatives Judy Short and Walter Hogg who were appointed by Town of Princeton. Akerley's first meeting will be on January 20th.

#### Local Artwork

One of the goals of the Steering Committee is to partner with local artists to create a more welcoming and healing space for patients in the health care buildings. As a first step toward achieving that goal, the Committee has recently received several prints of paintings by watercolour artist Sandy Spring. This generous donation is in addition to rotating art displays to be organized by Marjorie Holland and the Princeton Arts

Council.

#### Princeton General Hospital and Cascade Clinic

The Steering Committee recognizes the excellent work being done by the health care professionals and staff at Princeton General Hospital and the Cascade Clinic. Over the past few months, three Doctors, one Registered Nurse, and two Licensed Practical Nurses have joined the team at the clinic and hospital, providing primary, acute, emergency, and hospice care to our community. With the recent retirement of Dr. John Adams and Dr. David Smith, this outstanding team has assumed the monumental responsibility of becoming familiar with the needs of their new patients and transitioning their records to the Cascade Clinic.

To accommodate the increase in the number of practitioners and the resultant increased flow of patients, the facilities at Cascade Clinic are undergoing improvements. One new office has been added and further renovations are planned. The telephone system has been upgraded and adjustments are

being made to make the system more efficient.

In response to a letter to the editor in one of our local papers, a new handicapped parking stall has been added to the parking lot at the Cascade Clinic.

#### HART

The South Okanagan's High Acuity Response Team, or HART as it's commonly known, was launched on March 14, 2012 and serves the communities of Princeton, Keremeos, Oliver and Summerland.

The team consists of six highly trained critical care nurses based at Penticton Regional Hospital, who respond with a BC Ambulance Service (BCAS) basic life support ambulance team to provide ground transport for acutely ill and injured patients from outlying rural and remote communities needing higher levels of care. Respiratory therapists are also called in to assist when required. One of the greatest benefits of the HART program is that it alleviates the need for doctors or nurses to leave their home community to accompany patients on high acuity transfers. Instead,

they remain in their community to continue providing care to other local patients. The acutely ill or injured patient is then transferred by HART to a regional facility like Penticton Regional Hospital or a major hospital in Kelowna or Kamloops. Up to December 31, 2013, the HART team had provided 39 transfers from Princeton General Hospital since its launch in March 2012.

The Penticton Regional Hospital HART team is holding regular Clinical Outreach sessions for staff. The purpose of the sessions is to review transport processes, recent transfers, and provide staff in-service training on management of acutely ill and injured patients. While there, the HART members are also an extra pair of hands to assist PGH staff with patient care.

#### Contact the Steering Committee

The Princeton Health Care Steering Committee would like to hear from you. Members of the public can share their comments or concerns by sending an email to [comments@princetonhealth.ca](mailto:comments@princetonhealth.ca) or by mail to P.O. Box 257, Princeton.

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**News Leader**



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e-mail: [george@thenewsleader.ca](mailto:george@thenewsleader.ca) [brenda@thenewsleader.ca](mailto:brenda@thenewsleader.ca)



# News Leader Classified Ads

25 Words - \$9.00 (includes GST) - Pay for two weeks, the third week is FREE!

Help Wanted

Help Wanted

For Rent

Services

Services

**MEDICAL OFFICE MANAGER POSITION - Princeton B.C.**  
Full time position - 40 hours per week

The Cascade Medical Clinic in Princeton B.C. is seeking a Medical Office Manager.

The successful candidate will have a minimum of 2 years experience in a medical office, be responsible for all aspects of maintaining the day to day non-medical aspects of the clinic and supervision of Medical Office Assistants.

The contract is term specific for 6 months from commencement date, with the likelihood to be extended into a permanent position.

Please e-mail resume and references to: sosdivision@shaw.ca or fax 778-476-5992. Closing date: Friday, February 7, 2014 at 4:00 PM.

Furnished apartment in Princeton. Available NOW! Excellent references and damage deposit required. No pets, must be quiet. Rent starts at \$525.00/month. Phone 250-295-1006 for details or leave a message with the best time to call back. Jan 07-21

146 Haliford Avenue. 2-bedroom home, fridge, stove, washer, dryer. No pets. Call 250-295-6340. Jan 21

For Sale

1991 F150 XLT, great running condition, no rust, 217,000km. Comes with topper and winter tires. Asking \$1,500.00. Call 250-840-8639. Jan 14-28

Read Spencer Coyne's 'Flip of the Coyne' weekly in the Similkameen News Leader!

FARM FRESH EGGS delivered to your door. \$3.75/dozen. 250-295-0420. to Jan 23

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Notices

Notices

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Follow the News Leader on Twitter  
**@PrincetonBCNews**

RE: 236 Cement Street. Personal items not owned by property owner must be removed by January 31, 2014. After this date items will be removed at the owner's expense. Please contact by e-mail 236cement@mail.com prior to removal. Jan 14-23

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Souvenirs

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www.thenewsleader.net



Explore The History Of Mining - Gold, Copper and Coal

Notices

Notices

Notices

Princeton Museum Membership Drive is on! Clip out this form and submit it with your payment to Princeton Museum at the address noted!

**PRINCETON MUSEUM**

**MEMBERSHIP FORM**

Annual Membership \$12 per year

Yes, I'd like to join the society:

Name \_\_\_\_\_ Date \_\_\_\_\_

Address \_\_\_\_\_ Postal Code \_\_\_\_\_

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(Circle) Cheque Cash

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Tel: 250-295-7588 Email: princetonmuseum@gmail.com

Notices

**MONDAY NIGHT BINGO  
IN PRINCETON  
SENIOR CITIZENS BR. #30**

162 Angela Avenue  
4:30 PM Sales Start  
5:30 PM 1st 47 Bonanza #'s  
SPECIALS, REGULAR GAMES, ODD &  
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**TUESDAYS  
SCA Branch #30**

Snooker Tourney 10:00 AM  
2nd Tuesday each month  
Pool Tourney 10:00 AM  
4th Tuesday each month

OPEN 9:00 AM - 4:00 PM  
Lunch: 11:30 AM - 1:00 PM

**Narcotics Anonymous**

**OPEN MEETINGS**

7:30 PM  
Wednesdays & Sundays  
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Highway 3

Info: (250) 295-7919 OR 295-6531, 295-6723

Notices

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Natural character chart - \$25.  
Basic chart plus predictive - \$50.

Phone 295-6063  
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**Drinking a problem?**

Alcoholics Anonymous  
Meets 7:30 PM Thursdays  
Princeton Baptist Church  
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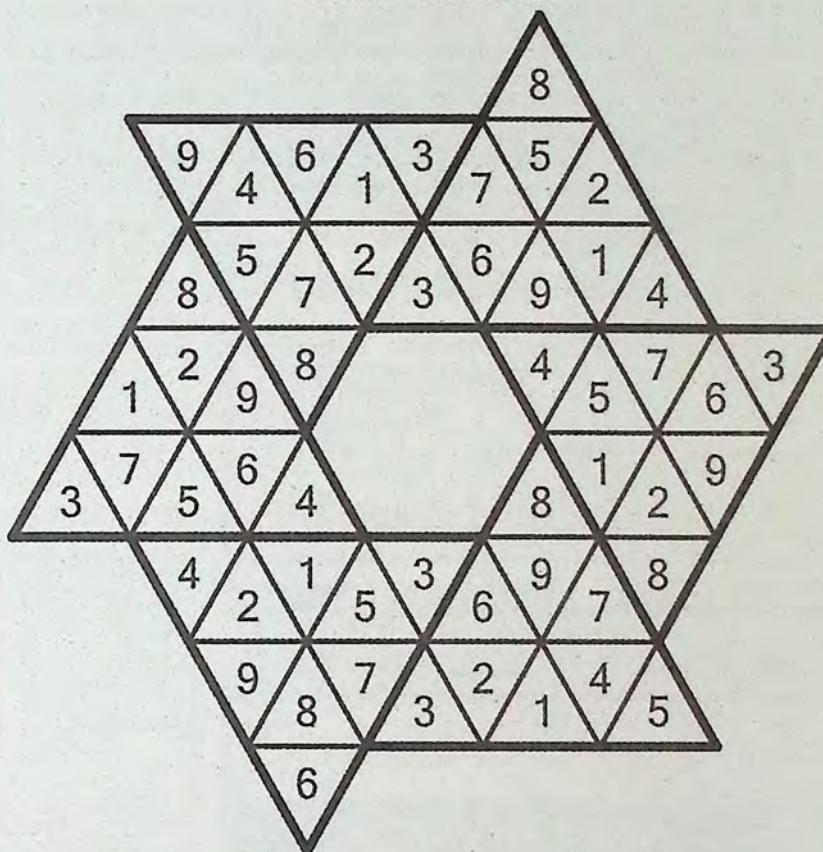
Solutions

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**Sudoku 489 - Solution**

Hoshi Sudoku Solution - Medium



www.sudoku-puzzles.net

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If you live in the Princeton area you can drop into our office weekly to pick-up your Similkameen News Leader. You could pay us a dollar each time or you could just pay for a 'Pick-Up Subscription' and spend even less. It's your decision.

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**RELY ON CANADA POST - AND SAVE**

If you live in the Similkameen Valley you can have the Similkameen News Leader mailed to you every week - and it's still cheaper than buying it each week at our office or at your favourite local newsstand. For a few bucks more we'll even send you the Similkameen News Leader anywhere in Canada. Including the prairie provinces and Quebec!

**Princeton/Keremeos (VOX) Mail - \$45.00**  
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News Leader 250.295.4149**

# What Was Considered News 100 Years Ago

Princeton Museum Archives

Princeton coal high in fixed carbon, sub-bituminous

# SIMILKAMEEN



Love, humility and patience make the plainest faces beautiful

15th Year No. 4

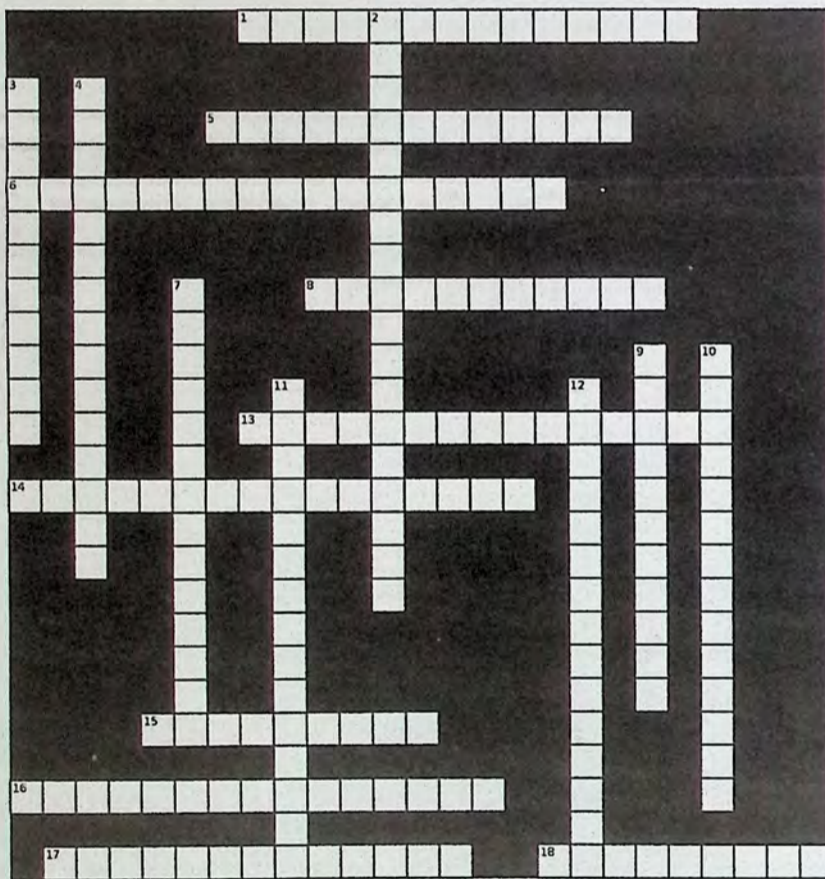
PRINCETON, B.C., FRIDAY, JANUARY 23, 1914.

PER YEAR: 50 Cents  
Single Copy 20c

## Princeton-Hope trunk road should be completed this year

### Similkameen News Leader Puzzler

Use the January 14 News Leader to find Answers Below...



- |   |  |
|---|--|
| <p><b>Across</b></p> <p>1 Identify the 2014 Princeton Legion L. A. Vice President.</p> <p>5 She is pictured presenting a prize to a winner on Page 21.</p> <p>6 School District 58 represents this geographic region.</p> <p>8 Identify the News Leader's Court Reporter.</p> <p>13 The 'BC' in SOBC.</p> <p>14 The 'PH' in PHES.</p> <p>15 Identify the 2014 Princeton Legion President.</p> <p>16 Name the newspaper that was in publication in Princeton 100 years ago.</p> <p>17 She won the PDMHA Christmas Draw.</p> <p>18 She was the SOS Raffle First Prize Winner.</p> | <p><b>Down</b></p> <p>2 North Valley Hospital is located here (Princeton's Sister City).</p> <p>3 Which elementary school will get cookin'?</p> <p>4 The 'SO' in SOBC.</p> <p>7 Identify the 2014 Princeton Legion Past President.</p> <p>9 This heritage site hosts 'Arts At Play' in Keremeos.</p> <p>10 Identify the 2014 Princeton Legion L. A. President.</p> <p>11 A membership form appears on Page 19 for this organization.</p> <p>12 Who did Princeton Posse beat January 7th?</p> |
|---|--|

## MAIN LINE OF K.V. WILL COME TO PRINCETON

### EXTENSION TO COPPER M'T'N

Word received from Vancouver states that the main line of the Kettle Valley railway will touch Princeton. Change in the route was made on suggestion of L. W. Shatford, M.P.P. Guthrie, McDougall & Co. have the contract from Osprey lake to Princeton. The line will tap Copper mountain.

## Similkameen Hotel

SUMMERS & WARDLE

PROPRIETORS

Large and New building, well Furnished and Plastered; Comfortable; Quietude.

Sample Rooms, spacious, in hotel.

Hotel is situated near Great Northern Railway station.

Vermilion Avenue,  
Princeton, B.C.

This century old ad promotes the Similkameen Hotel as being a "large and new building" located on Vermilion Avenue.

# SUPPORT LOCAL BUSINESS!

## Similkameen News Leader

Weekly. Independent. Local. Newspaper.

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### ADVERTISING WORKS... OR YOU WOULDN'T BE READING THIS!

ASK US HOW WE CAN PUT ADVERTISING  
TO WORK FOR YOUR BUSINESS OR EVENT!

## 250-295-4149

## ...You Turn

### Letters And E-Mails Received This Week

..... continued from Page 4  
-ing on eke out a mere living!

Yes, brave people try to start a business downtown, but most soon fail. From a woman's perspective, it is sad indeed, that until recently, there was no place left to purchase a nice, quality garment - other than our thrift stores, where you can luck into some amazing things. Kudos to Susan MacDonald for having the courage to start "Suzie's Shoppe" on Bridge Street - a bright and classy place that offers new and near perfect consignment garments, trendy footwear, plus all sorts of cool accessories and trinkets - all at

terrific prices. May her courage be rewarded! Live long and prosper!

Empty has become the key word - Empty stores, empty office buildings, empty professional offices. Homes sit on the market unsold and new residential project languish on the market.

The decline is, indeed, a mystery. It should be the best of times in Princeton!

We have gained new employers and well-paid jobs - the copper mine, the coal mine - and the Weyerhaeuser expansion! Yet our population is in decline and the number of children in our class-

rooms grows ever fewer. We must question why it is that these new employees prefer to commute long distances or stay away from home and family for extended days - rather than move to Princeton!

The Downtown Business Forum was a good start, I hope - but some in-depth, thorough and meaningful research is needed to isolate the reasons for such a dramatic failure of our business core.

What are the problems that drive our merchants into failure? Are rents too high, taxes too high, regulations too onerous - all of the

above? What can be done to mitigate these damaging variables? Let us also investigate why some businesses have not renewed their Business Licenses. Will we find the same stories?

Let us survey the wishes of Princeton consumers. Let us ask them what sort of businesses they see as need or wanted. What would make Princeton consumers stay here - to purchase or have done - instead of spending much of a day, at least three hours driving and a half tank of gas on a trip to Penticton? Let us then promote

these possibilities!

Finally - Let us also consider the sad possibility that Princeton has lost much of the small town community spirit - that emotional essence of the heart that makes us proud of who and what we are as a unique Town; that undefined feeling which lets us look beyond ourselves and take joy in the success of the whole. I sure hope not!

Let us all hope instead that together Princeton can rise to the challenge of rebuilding itself!

Yours truly,  
Karin Green, Princeton

To The Editor:

Letter of thanks and appreciation

I wish to thank the Town of Princeton (Mayor and Councilors) (Residents and Businesses) for instigating the "Downtown Businesses" concerns.

I was impressed with the involve-

ment, attendance and discussions had. To have instigated the placement of a committee to further input and action is refreshing.

I as a concerned citizen, a previous and possible future business person within our community, look forward to the possibilities to keep our busi-

ness core growing, as well as maintaining and sustaining in all aspects of happy residents and prospering local businesses. We have in our community, expertise, talents and skills that abound. Let's keep on growing.

Thank you,  
W. George Harry, Princeton



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### How to make your income last a lifetime

In retirement, you'll primarily rely on pensions and savings to cover your expenses. None of us know for sure how long we'll need those savings to last and mistakes like not investing wisely or withdrawing too much money can be difficult to fix.

I can help you understand where you are today, determine the income you'll need in retirement and recommend changes to help make it last your lifetime.

Let's talk about growth potential, tax-efficiency, guarantees on your capital and innovative payout strategies. Call me today to get started on your plan.



Al Anderson, BBA, CFP, TEP  
Financial Consultant

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Investors Group Financial Services Inc.



Junior Girls Basketball action from January 18th at PSS. Keremeos (white) against Chase. Photo: Dawn Johnson



A peaceful glimpse of the Similkameen River looking upstream from Bromley Rock Provincial Park. \*

# Larry Zeller - The Man You Didn't Know

Larry Zeller was a familiar face around Keremeos until the Fall of 2013. Larry was often seen sitting on his scooter outside the local grocery store in Keremeos. In his latter years, he was gruff in both appearance and demeanour.

Larry earned his keep as a farm worker. He was quite artistic and enjoyed painting on canvas. His artwork was destroyed, however, when a fire destroyed his farm living quarters many years ago. In recent years he had lived in a holiday trailer adjacent to Dan's Automotive. Another trailer was acquired after the floor collapsed and the second trailer was parked adjacent to the walking trail behind Ambry Self Storage.

But Larry's health was deteriorating. A friend found Larry collapsed

and dehydrated on the floor of his trailer in 2012 and he was rushed to hospital. After coming home from hospital, his friends moved him to better accommodations.

Larry was born Gerhard Manfred Zeller, August 13, 1938 in Weiner Neustadt, Austria. He immigrated to New York as a young man, lived for a time in Edmonton, Alberta, moved to Vancouver Island, and settled down in the Similkameen Valley. He had a reputation for knowing more about orcharding than almost anyone else. Except for cherries. When cherry season came around, Larry would disappear.

For over 25 years, Larry worked for several Similkameen orchards. He like his wine, and would occasionally not show up for work. But when he was working, he was the

best. One local farmer said, "In my mind, I fired him many times. But he was such a good worker I kept him on."

He always paid his debts, he offered condolences when a member of the First Nations community passed away, he told young kids to get an education, offered up advice to those who asked, and had treats for the kids. In his latter years when he was unable to work, he would reluctantly accept donations of food from friends but would keep only what he needed, "The rest can go to someone who needs it more than me," he would say.

Larry's ankles were crushed in a farming accident when he was run over by a tractor many years ago. In the Fall of 2013, he ran over one of his feet with his scooter. Two

friends who had dropped by to check on him a few days later noticed his toes were turning black. He was sent to hospital again but required amputation to save his legs. Ultimately, doctors advised him that due to other health problems he might not survive surgery. Larry decided to face the music and

not have surgery. A close friend was at his bedside reading scripture when he died on December 5, 2013 at the Penticton Hospital. A Celebration of Life was held at the Keremeos Community Church January 16th. He is not believed to have surviving next-of-kin. Keremeos has lost a landmark.

## Flip of the Coyne

### Spencer Coyne

..... continued from Page 3 that, if the committee does come up with a list of recommendations then it will not be just some useless exercise to try and make people sit back down and accept the status quo. I want to think that there is a deeper reason you guys were open

to meeting with us all on Wednesday night. Show us that there was.

Show us that the business forum was not just a way to distract the growing discontent of the community. Fix the problems and allow growth to take place.



It takes a lot of volunteer hours to take care of the skating rink in Keremeos. As of January 16th the skating rink was back on schedule, even with the warm spell. Public skating is Saturday and Sunday from 1:00 PM to 3:00 PM; Monday, Wednesday and Thursday from 3:00 PM to 5:00 PM; and Tuesday, Friday and Saturday from 7:00 PM to 9:00 PM. The rink will close at the end of January so lace up your skates while you have the chance. Photo: Arlene Arlow

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# Sign o' the times



According to the Princeton Public Works Department, this and other signs on Highway 3 will be replaced this year by the Ministry of Transportation and Highways. This sign, near the Burton Avenue intersection, dates back to the 1950's and has obviously reached the end of its useful lifespan. Photo: Brenda Engel

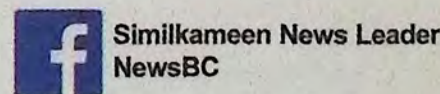
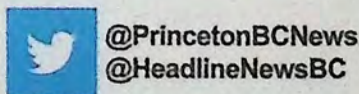
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# Similkameen News Leader



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