

Similkameen News Leader

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Tuesday, March 4, 2014

Canada WE ACKNOWLEDGE THE FINANCIAL SUPPORT OF THE GOVERNMENT OF CANADA THROUGH THE CANADA PERIODICAL FUND OF THE DEPARTMENT OF CANADIAN HERITAGE.



Students and staff at Princeton Secondary School pose for a group photo to mark Pink Shirt Day, February 26th. *

Police confirm stabbing

Just before 5:00 PM on Wednesday, February 26th, RCMP were called to a restaurant location on Tapton Avenue for a report of a stabbing in progress.

"As police arrived at the location a man was observed holding a knife and allegedly cutting his own throat," states Princeton RCMP Sgt. Barry Kennedy.

"Two women were also located with stab wounds. The women have received medical attention for their injuries."

Kennedy says the man who

allegedly cut his own throat is in critical condition.

RCMP investigators from the Penticton Serious Crime Unit are investigating. The investigation is in the early stages and no further details are available at this time.

"Anyone that may have witnessed this incident that has not yet spoken to an investigator is asked to contact police," Sgt. Kennedy adds.

The Princeton RCMP Detachment can be reached at 250-295-6911 or anonymous tips can be called in to CrimeStoppers at 1-800-222-8477.

Ideas flow at meeting

There were a lot of ideas discussed for activities at the September Fall Fair. Members met Tuesday, February 25, to form plans for this year's fair, the forty-ninth annual Fall Agricultural Fair. Among the ideas were a watermelon eating contest, old-time races for youngsters, dunk tank, farmer's market, milking cow, and chicken bingo.

Due to poor attendance at last year's fair, one of the problems

facing the Fair Board this year is a lack of funds to do anything major. All of the usual displays of handicrafts, canning, baking, vegetables, fruits and flowers will be part of the fair, but this year the focus will shift to greater involvement of the community.

The Fair Board will be looking for people to do demonstrations, particularly those who are involved in some local organization. Any group wishing to do some kind of

demonstration should contact Fran Murphy (250-295-6993), or come to the March 25 regular meeting at the library at 6:30 PM. Any group wishing to participate in the Fall Fair should attend this meeting.

Vendors will be welcome at the fair, and vendor forms are available now.

These forms will be distributed at the Cowboy Festival in Kamloops for all groups using the fairgrounds this year.

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Granite Creek
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MEETS
1:00 PM
THIRD THURSDAY
OF EACH MONTH

Princeton Museum
Archive Room
(upstairs)

EVERYONE WELCOME

*Special to the News Leader
by John Moorhouse
Penticton Herald*

It will be at least a couple more months before a trial date is determined for a Princeton murder suspect.

John Koopmans faces two counts of murder and one charge of attempted murder using a firearm in connection with a March 30, 2013 shooting on a semi-rural property in Princeton.

Justice Allan Betton put the matter over to April 28 to fix a trial date following a brief hearing in B.C. Supreme Court in Penticton on

Monday, February 24th. Koopmans was committed to stand trial on the charges at the end of a preliminary hearing last week.

Keith Wharton, 44, and Rose Fox, 32, were killed and a 48-year-old Princeton man was wounded in the shooting at a residence on Old Hedley Road.

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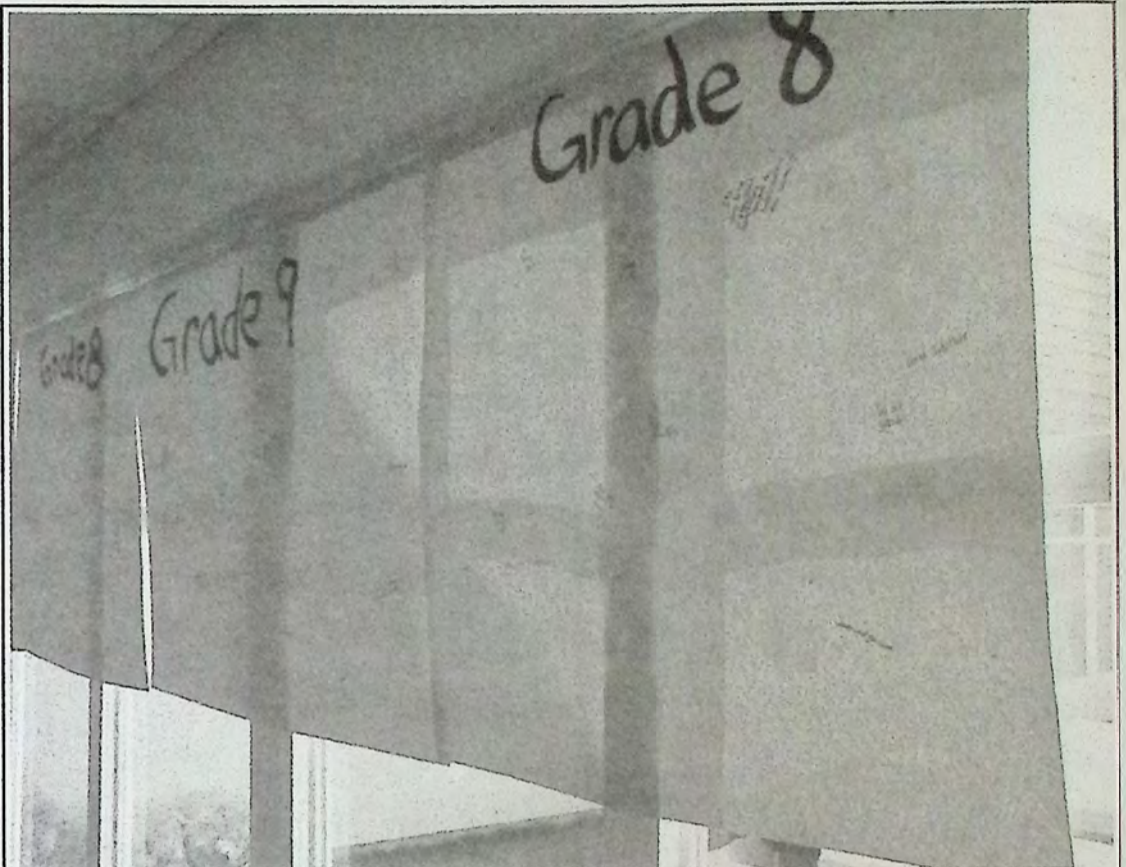
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Grade 8 and 9 students signed hand prints in support of Pink Shirt Day February 26th. They were on display in the foyer of Princeton Secondary School as a pink banner speaking out against bullying. *



NOTICE OF PUBLIC HEARING

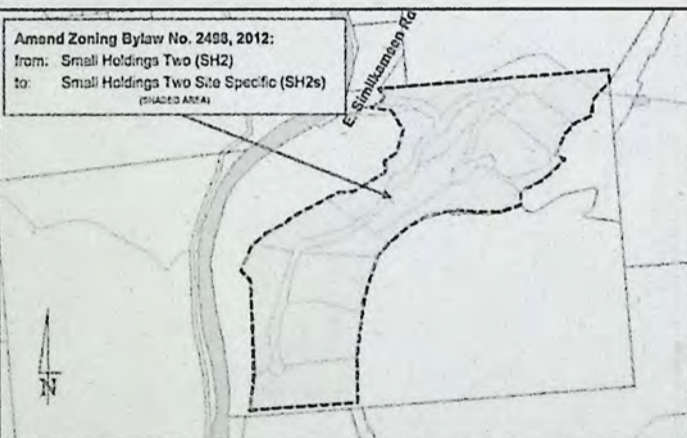
Zoning Bylaw Amendment Application
Lots 1-12, Plan KAS3856, District Lot 709, SDYD
590 East Similkameen Road, Electoral Area 'H'

Date: Thursday, March 13, 2014
Time: 7:00 PM
Location: Riverside Centre, Lounge Area
148 Old Hedley Road, Princeton

PURPOSE: to amend the Electoral Area 'H' Zoning Bylaw No. 2498, 2012, in order to introduce "carriage house" as a permitted "accessory use" on the subject parcels.

Amendment Bylaw No. 2498.02, 2014: seeks to amend the Zoning Bylaw by:

- introducing a new definition of "carriage house" at Section 4.0 (Definitions);
- introducing a new set of regulations pertaining to "carriage house" development at Section 7.0 (General Regulations); and
- changing the zoning designation of the subject property from Small Holdings Two (SH2) to Small Holdings Two Site Specific (SH2s).



VIEW COPIES OF THE DRAFT BYLAWS & SUPPORTING INFORMATION AT:

Regional District of Okanagan-Similkameen
101 Martin Street, Penticton, BC
on weekdays (excluding statutory holidays)
between the hours of 8:30 AM to 4:30 PM

Anyone who considers themselves affected by the proposed bylaw amendments can present written information or speak at the public hearing. All correspondence for the public hearing to be addressed to: Public Hearing Bylaw No. 2498.02, c/o Regional District of Okanagan-Similkameen. No letter, report or representation from the public will be received after the conclusion of the public hearing. This public hearing has been delegated to a Director of the Regional District.

FOR MORE INFORMATION PLEASE CONTACT DEVELOPMENT SERVICES:

Telephone: 250-490-4107 Fax: 250-492-0063
e-mail: planning@rdos.bc.ca Web: www.rdos.bc.ca

Donna Butler, MCIP
Manager of Development Services

Bill Newell
Chief Administrative Officer

MP angry at feds

Alex Atamanenko, MP (BC Southern Interior) is appalled that an NDP motion to hold cross-country hearings on the government's election reform bill C-23, was defeated February 25th by the Conservatives.

The Conservatives have repeatedly broken Canada's election laws and the BC MP believes the government introduced Bill C-23 to

avoid being held accountable.

"Why else would they bring in a scheme that will reduce the Chief Electoral Officer's powers and make voting more difficult for hundreds of thousands of Canadians," declared Atamanenko.

Atamanenko noted that petitions with 53,000 signatures from Canadians opposed to this anti-democratic legislation were deliv-

ered by the organization Leadnow to the House of Commons on February 25th.

"The government was clearly unmoved," stated Atamanenko.

"They have made it quite clear they are prepared to ram this bill through and could care less what Canadians think."

According to Atamanenko Bill C-23 will, among other things, strip Elections Canada (EC) of its investigative power and its ability to engage Canadians in the electoral process. Voter ID cards which are credited with enfranchising thousands of students, seniors and First Nations people, will no longer be accepted to confirm identification at the polls. The bill will also put an end to vouching practices which were used by approximately 100,000 Canadians in the last election to exercise their vote.

The BC MP says that when a government plans to make sweeping legislative changes to the very core of our democracy Canadians have a right to be consulted.

"I hope Canadians of all political stripes will loudly denounce Bill C-23," concluded Atamanenko.

"We cannot let the Conservative government continue in its plan to erode the very foundation of our democracy."

Council supports art grant application

Barb Gagnon attended the February 17 Town Council meeting to ask for Council's support for a grant application she is preparing. The grant, called Artists for Life, provides equipment for people who are lonely or physically challenged in some way, such as the elderly or disabled.

The grant would cover the expenses

for setting up a program to introduce them to artistic endeavours. This type of program has been successfully used to enhance the lives and self-expression of persons living in care facilities such as the long term care facility, Sherbrooke, in Saskatchewan.

Council agreed to provide a letter of support.

Council okays dropping fees

A group of Osprey Lake residents, represented by Terry Tellier, wrote to Town Council to request that landfill fees be waived on May 24. The group of volunteers plans a spring roadside clean-up on that day. It will be the seventh consecutive year Friends of Osprey Lake

have picked up roadside litter from Osprey Lake to Shinnish Road. In the past, Town Council has waived the landfill fees to assist these volunteers.

At the February 17 Town Council meeting, Council took little time to decide to grant the request.

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We've seen it many times, but it never ceases to amaze us - a cabin inside Princeton Museum! *

Flip Of The Coyne

by Spencer Coyne

Princeton. To many we are just a town on the way to some place else. To the rest of us it is home. Princeton is nearly as old as British Columbia, which says a lot in this part of the country. Princeton has not had an easy road. We have seen our ups and downs, our booms and busts, but Princeton is resilient. Every time you think this is going to be the last time we get knocked down, we get up again. Our landscape is dotted with the reminders of our good times and our bad. Our local Ghost Towns stand as a reminder that our economy has seen the glory of the rush and the heartache of the bust, yet here we are some 154 years after. We were named after the future King Edward VII in honour of his trip to Eastern Canada. Some may question why we still exist. Why, after so many ups and downs, can a place like Princeton still be here? The answer is simple. We are a determined people, just like our founding fathers. Those of us who have stayed through the bad times are in it for the long haul, and with new blood coming to work and settle here, we will do it again.

I like to think that there is some-

thing special about Princeton, not only because my ancestors are from here and I am related to the first settler, but because no matter what our community faces, we unite and we overcome. It has always amazed me that we as a community can squabble from time to time, but when we are pushed into a corner, we come out swinging, not one at a time, but as one unified force. Look at our mining history. How many times has Copper Mountain opened and closed, yet here we are again, mining the same ore that my Great Grandfather went underground for three generations ago. How about Blakeburn with so much history? There are so many ups and downs, yet still we see it tries to make a comeback yet again.

Our local economy has been knocked to the floor over and over again yet here we are still going. When we opened the Coquihalla and Highway 5 became 5A, we watched as tourism dried up, yet we came back. When the mine closed in the 90's, again we saw families leave in search for jobs and we stayed open. Things got lean, but we remained. Maybe it is that pioneer spirit we have in Rural BC that

has kept us moving forward. It is that spirit that lets us move forward and that keep-going mentality that continued on Page 22

www.thenewsleader.net

SD School District No. 58
(Nicola-Similkameen)
"wants to hear your voice"

Strategic Planning Website and Survey

www.sd58.bc.ca

We want your opinions on what you think should be a focus for preparing our young people for success in a changing world.

Share your opinion by completing the online survey on future priorities in education at www.sd58.bc.ca between now and March 7th.

Participate in one of the many partner group meetings taking place between now and April 15, 2014.

March 31, April 1, 2, 3 and 7, 8, 9
Partner Groups - Time and location to be determined and advertised.

April 14, 2014 - Princeton
Community Voice on Education in SD 58 6:30 PM (location to be determined)

April 15, 2014 - Merritt
Community Voice on Education in SD 58 6:30 PM (location to be determined)

School District No. 58 (Nicola-Similkameen) has committed to a broad and extensive public consultation process to determine strategic priorities for the next five years.

For more information and updates be sure to visit our Strategic Planning Website at www.sd58.bc.ca



WHEAT IN THE BARLEY

7:30 PM Friday, March 14
Riverside Theatre

Tickets at Sunflower Gallery, Thomasina's or at the door
\$30 Adults - \$20 Students/Seniors - \$10 Under 17



This is Canadian roots music with a major make-over. Crack songwriting and stunning instrumental solos unite under the banner of a savvy eclecticism that's always been the band's guiding light. The Wheat in the Barley pulls together a lot of great influences into one package: Celtic, Slavic, French Canadian, Yiddish, Cajun and more. With an impressive array of instruments at their command, the band puts on a show that's as danceable as it is listenable.

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Editorial Page

News Leader

Similkameen News Leader, 226A Bridge Street, PO Box 956, Princeton, BC V0X 1W0

My Turn...

Somewhere In The Deep End

It took a life of its own a few weeks ago.

Social media lit up with talk of another plan for an aquatic centre for Princeton. For those of you who don't frequent social media sites online, you may have heard the rumblings downtown echoing off the walls of empty storefronts that we need a giant new indoor pool.

The arguments are compelling.

THINGS ARE DIFFERENT NOW, and that's reason enough to start kicking the issue around again, is what I'm hearing (or more accurately, reading) online.

Sure, things are different than back in 2011 when the pool referendum went down in defeat.

At the time there was talk that Princeton would never attract doctors because THERE'S NO INDOOR POOL!

Somehow, with a whole lot of effort and a financial bribe (of sorts) from the BC government, Princeton attracted MORE DOCTORS THAN WE CAN SAFELY HOUSE in the local medical centre. I hear it's so crowded up there that you have to actually leave the building in order to change your mind.

The copper mine is now up and running and SETTING RECORDS EACH QUARTER for production (or throughput as they like to call it) with a full compliment of staff, and some new hires and we STILL DON'T HAVE AN INDOOR POOL!

I know, I can't believe it either. I would shudder at the thought of what our town would be like IF WE HAD AN INDOOR POOL!

It's like some magical, mythical piece of the puzzle that seems to COME OUT OF NOWHERE at, oddly enough, ELECTION TIME!

You must be tired of my voice echoing off of all THE EMPTY STOREFRONTS!

I'm not saying we don't need a pool. I live exactly 56 steps away from the Similkameen River. I can't remember the last time I swam in it (falling in does not count) and I doubt I'm going to jump in it anytime soon even if we do BUILD AN INDOOR POOL!

But I do think the once or twice I might consider swimming in the river I would rush over to the NEW INDOOR POOL!

Seriously, I would. The problem with the last attempt at an aquatic centre was the desire for a Cadillac design in a town that could (at the time) only afford a really bitchin' Honda-style. But, as I pointed out earlier THINGS ARE DIFFERENT!

I like the fact that a group has come together to look at the issue once more. I also like that it's an issue that won't go away, which means there could be something to it. Is this the right time for an indoor pool? I guess we'll find out soon enough if it gets to the point where a vote is taken to make the final decision.



A peaceful corner honouring local churches in Princeton Museum.*

...Your Turn

Letters And E-Mails Received This Week

To The Editor;

Health care in Princeton has experienced some very positive changes in the past year. It's exciting to have three new physicians working with our existing health care team at the Cascade Clinic. As we all know, any major change can be difficult and we've had our share of growing pains. I want to share what we are doing at the clinic and through the Princeton Health Care Steering Committee to address these issues.

Cascade Clinic is in the process of hiring additional administrative staff to assist with the growth in tasks that came from the merging of three physician clinics. Posting, interviewing and hiring new employees takes time, so we've been providing some support from Penticton to help the admin team at

the clinic while we work to hire new staff. You should be seeing at least one new face at the clinic in the next few weeks. This will allow us to answer phones and book patients into appointments in a timelier manner. In the meantime, we ask for your patience as our staff are working hard to respond to the needs of patients and physicians.

Longer wait times for doctors' appointments have come about because every appointment between doctor and patient has been a new relationship. In order to ensure high quality medical care, it is necessary to take a bit more time at these first appointments. We're starting to see wait times for appointments decreasing and it's anticipated this will continue to improve over the next couple of

months.

The Princeton Health Care Steering Committee meets monthly to address issues and to move forward on planning for improvements to health care. The Committee includes representation from elected officials, health care practitioners and staff, BCAS, South Okanagan Similkameen Division of Family Practice and community members. We're excited to see new initiatives starting including addressing transportation issues, improving access to specialists, and building healthy community initiatives. We are always interested in hearing your thoughts and ideas and these can be submitted to the Committee via e-mail at Comments@PrincetonHealth.ca.
- Susan Brown R.N., BScN, MHS
CIHS Administrator Community Integration, Interior Health

..... More Letters on Page 22

Similkameen
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EDITORIAL GUIDE

We would like you to write to us, but please remember to abide by anti-discrimination laws. The News Leader reserves the right to refuse to print any letter which is not signed by the writer or is slanderous, libelous or of uncommon sense. The Editor reserves the right to condense any letter or to substitute proper language for improper language.



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Current Comment

England's Footprints Change History



Dawn Johnson
editor@thenewsleader.ca

The work of Richard Leakey and his family changed our perception of how long humans have been on Earth. Working at Lake Turkana in northeast Africa, the Leakeys discovered human remains dating back 1.7 million years. For a few decades, a theory has prevailed on the migration of early humans out of Africa began 70,000 years ago. The theory is that these early humans migrated from Africa to the Arabian peninsula to the Middle East and on to Europe and Asia.

This migration theory has been blown apart with the discovery of ancient fossil footprints in

England. The first of these was found on the south coast, but even more ancient are the footprints discovered last year on the east coast of England. These footprints date back 800,000 years. Mitochondrial DNA tells us all humans came from Africa originally, but they left Africa ten times earlier than the 70,000 year migration theory explains.

Other discoveries are shattering theories about the ancestors of modern man. The Cro-Magnon Man was believed to be one of our ancestors, but rather than being an ancestor, Cro-Magnon characteristics are alive and well in people living in northern Africa near the Mediterranean sea. The difference between the majority of us and the Cro-Magnon was the skull: ours has four sections, Cro-Magnon has two. Now that we know there are living people who have that type of skull, can we call them ancestors? It is further believed today that Cro-Magnons probably built the amazing structures on Malta that pre-date most of the structures found in the Mediterranean area.

Neanderthal Man was once referred to as the "cave man", one of our human ancestors who was supposed to have been so primi-

tive we would scarcely view him as human. That perception was shattered with the discovery of Neanderthal remains from which DNA could be extracted. DNA showed Neanderthal people were much like us, lighter skinned than Africans, and capable of speech. Recent comparisons of DNA show we carry one to three percent of Neanderthal genes. Yes, they are among our ancestors, but they are also us, particularly if we have fair skin.

Another kind of human has been discovered in Spain. Very little information has been released about this new discovery.

Archaeologists believed humans did not occupy Europe until about 40,000 years ago. The fossil footprints found in England clearly show the presence of humans in England nearly one million years ago. The British Museum news release states there were five distinct sets of footprints. The largest footprints belonged to a male who stood about five feet nine inches tall and wore a British size 8 shoe (American size 9). The smallest was three feet tall. This was a family group walking together across wet sediment that eventually became covered and the footprints were preserved.

A family group tells us something really important about what humans were doing on what is today English soil. A family group implies a society, a settlement. Where you have family, you are likely to find a social network of some kind. This means there was some kind of settlement in northern Europe nearly one million years ago, not a mere 40,000 years ago.

The journey of mankind around this planet began far earlier than we dreamed possible a few decades ago. It would appear our ancestors set out to explore Earth nearly a million years ago. Who knows what else we will find about our ancient history? For most of us, the pyramids of Egypt were considered ancient, dating back 4,000 years. Then we discovered ancient history in China dating back 8,000 years.

Mankind has survived nearly two million years of the upheavals of this turbulent planet and nearly one million years of roaming the planet. We need to grasp that fact and look at ourselves in a whole new way.

Arts Council presents magic

Despite snowy weather, Princeton Arts Council had a good crowd out to see the illusionist show featuring Ted and Marion Outerbridge on February 23. It was the first time Outerbridge's Clockwork Mysteries had played Riverside theatre, and he was deservedly well received. He and Marion brought magic to the audience.

Outerbridge did a series of small tricks with ropes, a 'psychic' reading, a time capsule in which wishes from the audience magically appeared, a ring trick, and a trick in which a running shoe was burnt in a box then reappeared in a megaphone.

Outerbridge did a levitation trick in which a crate he occupied lifted from the platform dolly. The most amazing illusions were when he made Marion disappear, or seemed to kill her. She went into a basket

and he put swords through the basket, then Marion reappeared from the basket quite unharmed. She was cut in half, then in quarters, and emerged from her box as good as ever. She was put into a time machine and disappeared, then reappeared later in a different costume.

Some of the audience was astounded at the speed Marion showed in her costume changes. To open the show, she spun around behind Outerbridge and emerged in seconds in a completely different costume.

The final Arts Council concert in this winter's series will be Wheat in the Barley on the evening of March 14. Wheat in the Barley is a Vancouver band that specializes in drawing from folk music from around the world - Celtic, Yiddish, Cajun, and Canadian.

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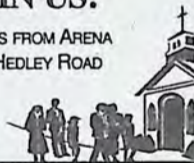
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AND NOW...A LITTLE GOOD NEWS!

"Gentleness and self-control.
Against such things there is no law." - Galatians 5:23

Lower Valley News

Keremeos - Cawston - Olalla



Alysha Harker reminds us it won't be long before Keremeos and Cawston area farms will be producing crops. Some farmers have already been preparing their land for the new season. *

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RDOS issues meeting notes

Highlights from February 20 Regional Board meeting

Here are selected highlights from the regular meeting of the Board of Directors of the Regional District of Okanagan-Similkameen held Thursday, February 20.

Complete minutes of the meeting will be made available to the public following adoption at the next scheduled Board meeting March 6, 2014.

The Board of Directors gave second reading to the 2014 budget, formally known as the 2014-2018 Five year Financial Plan.

Amendments and surplus updates applied to the budget since first reading in December

2013 reduced the tax requisition by \$117,768. A third and final reading of the budget bylaw is required prior to March 31.

Bus riders travelling between Naramata and Penticton will receive a modest fare break for at least the next 12 months with a decision to create a transfer system between transit systems servicing the two communities.

Both the City of Penticton and Regional District will lose \$2 per round trip, but improved customer experience was touted as beneficial for users.

The transfer system will be reviewed at the end of the 12-month trial period.

The Board of Directors awarded a \$49,950 contract to Counter

Point Communications and Urban Forum Associates to develop an economic development revitalization strategy for the Okanagan Falls town centre. The Area 'D' Economic Development Office received five responses and four RFP submissions.

The Regional District will ask the provincial government for a License of Occupation for four sections of the former Kettle Valley Railway near Gallagher Lake in order to improve a trail network in the South Okanagan. The Regional District recognizes the value of trails and the opportunities they create for tourism, social interaction and well-being.

The Regional District will ask the Okanagan Basin Water Board to consider 10 projects for water conservation and quality improvement grants.

For the 2014/15 program, about \$64,000 in grant funding is available to the Regional District and its member municipalities. Successful grant applications will receive between \$3,000 and \$50,000.

The Regional District will also apply for up to \$100,000 in grant funding through the RBC Blue Water Project Leadership Grant. Funding, if acquired would be used for water conservation and rain water capture education programming.

-submitted

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MP Alex Atamanenko

Canada - Honduras Free Trade Agreement - Pt. 1

There has been a great deal of speculation over the past year on various trade agreements Canada wishes to sign.

Although the Conservatives like to brag about the trade agreements they have concluded in the last eight years, the facts tell a different story. In truth, they have concluded a total of six trade agreements with the following countries: Jordan, Panama, Peru and Colombia, as well as a goods-only agreement with four small European countries including Liechtenstein and Iceland.

The question arises therefore, how do we know if a trade agreement is beneficial for our country or not?

My party (NDP) believes that we should apply three important criteria to assess trade agreements:

First, is the proposed partner a democracy that respects human rights, adheres to acceptable environmental standards and Canadian values, and if there are challenges regarding these, can it fairly be said that they are on a positive trajectory toward these goals?

Second, is the proposed partner's economy of significant and strategic value to Canada?

Third, are the terms of the proposed agreement acceptable?

The proposed free trade agreement with Honduras fails this test.

Honduras is a country with a seriously flawed human rights record; weak institutions; corrupt police and army; and a history, both entrenched and recent, of repressive, undemocratic politics. The last democratically elected government, that of President Manuel Zelaya, was toppled by a military coup in June 2009. This coup was staged by the Honduran army under the pretext of a con-

stitutional crisis that had developed between the supreme court and the president. Following the coup, the government suspended key civil liberties, including freedom of the press and assembly. In the ensuing days, security forces responded to peaceful demonstrations with excessive force and shut down opposition media outlets, causing deaths, scores of injuries, and thousands of arbitrary detentions. The coup was widely condemned around the world, including by all Latin American nations, the European Union, the United States, and the UN General Assembly.

In January 2010, Porfirio Lobo Sosa assumed the presidency through what has overwhelmingly been deemed undemocratic and illegitimate means. Most foreign governments and election-monitoring agencies refused even to send observers, and many countries rejected the results of the election. The recent election held in November 2013 has similarly been condemned by independent observers.

Since 2009, there has been documentation of serious human rights abuses; extra-judicial killings; kidnappings of political figures; intimidation of citizens; severe restrictions on public demonstrations, protest, and freedom of expression; and interference in the independence of the judiciary are well established in Honduras.

Transparency International ranks Honduras as the "most corrupt country in Central America", which is no small feat. It is a major drug-smuggling centre, and it has the worst income equality in the region. The U.S. state department estimates that 79% of all cocaine shipments originating in

South America lands in Honduras.

In 2012, Honduras became the murder capital of the world, reaching a record high of 7,172 homicides, or 81 per 100,000 people.

By signing a free trade agreement with Honduras, we basically give Honduras the repressive regime a legitimacy that it does not deserve.

Part Two of this column will provide more of an update on the political situation in this country.

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Hired Equipment Registration - Final Notice Okanagan Shuswap District

The Okanagan Shuswap District of the Ministry of Transportation and Infrastructure is creating its list of registered Equipment for Hire for the fiscal year of 2014/2015, which begins April 1, 2014. This district geographically covers the area from the United States border, east to Osoyoos, west of Princeton and north of Salmon Arm.

All individuals or companies registered in 2013 will have received invitations by mail to re-register hired equipment for 2014. If you have new equipment to be added to your profile, you can register online at www.bcbid.ca or contact the District Office in Kelowna to obtain the appropriate forms. Any individuals who were not registered in 2012/2013, but wish to have equipment listed are hereby invited to contact the District Office, either in person or by phone, to obtain the appropriate registration forms.

Note that while you do not need to have Commercial (Comprehensive) General Liability Insurance or up-to-date WorkSafe BC coverage to register, you will have to meet these requirements prior to working on any ministry projects.

Only owned or lease-to-own equipment is eligible for registration. Equipment may only be registered in one area in any given year. Seniority is not transferable from area to area.

The deadline for new registrations is midnight on Friday, March 14, 2014.

Late registrations will be accepted, but may appear at the bottom of the open list.

Note that there is no charge for registering new equipment, or for changing or deleting equipment information already listed.

Register through the Okanagan Shuswap District Office at:
1358 St. Paul Street, Suite 300, Kelowna BC V1Y 2E1
You can also phone 250 712-3660 or send a fax to 250 712-3669
to have the forms mailed or faxed to you.



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SD
FIFTY-EIGHT
Nicola Similkameen

**SCHOOL DISTRICT NO. 58
(NICOLA-SIMILKAMEEN)**

BUDGET INFORMATION MEETINGS

In conjunction with the School District's desire to provide information regarding the budget planning process, there will be a budget and enrollment projection presentation for interested stakeholders, including all members of the public. This meeting will review provincial funding, district projections for enrollment and provide more specific information regarding the district's annual budget.

Meetings have been scheduled as follows:

MERRITT - 5:30 PM, Monday, March 10, 2014
Merritt School Board office

PRINCETON - 5:30 PM, Tuesday, March 11, 2014
Princeton board office

All interested members of the public are invited to attend

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Even covered in snow it's a spectacular sight at the entrance to Princeton Airport. *

Saddles 'n' Spurs
by Pastor George Donovan

On to Alta Lake. This time we made some time the first day out on a fairly good trail and the ride was beautiful but uneventful. We found a nice spot to make camp where there was water for the horses and grass for them to eat. All went well the first night. The second day there was bits of trails, a lot of the travelling was along the railroad tracks but there were several trestles on the way where we had to make our way down through the valleys on some very rugged and rocky terrain to get back to the railroad. We carried on looking for another place to camp, found a real nice spot with a creek so we set up camp. Because the woods were so thick and there was plenty of grass around we didn't bother to tie the horses figuring they wouldn't go far. In the middle of the night we heard a train go by. In the morning when we got up there was no sign of horses! So we looked for their tracks and found they obviously had been on the railroad tracks when the train came by and they took off in front of the train at a full gallop in the direction of Alta Lake. We grabbed our ropes and halter and started running down the tracks ourselves chasing down the horses, being uncertain of what kind of condition we would find the horses in. After about a mile there was a narrow path that took off to the left and the horses had turned off there. The trail ended but it was easy to track so we followed them through the woods for a couple hours. They had found another small grazing patch and were having breakfast. They were still very skittish and we didn't want to get them on the run again so we had to use caution in approaching them by leaving the ropes behind and halters tucked in

our back pocket. We finally got the halters on and lead ropes, made it back to the tracks and led them all the way back to camp. They had a frightening experience and we had an exciting one. We had no compass or idea as to how much further we had to go to Alta Lake and for the most part there were no problems with the horses again, just real rough riding, sometimes on the horse and sometimes off, sometimes on the railroad and sometimes in the bush. We were enjoying every moment of it and being careful to check the

horse's hooves, making sure the shoes were staying on. It took us two and a half days to get to Alta Lake and we camped right on the shore of the lake. The railroad ran by the lake and there were a couple of cabins on the lake but no road in either direction. Several years later we went back to Whistler and it is hard to imagine the changes. My first impression in riding there was - who would ever want to live in this place, it is just a pile of rocks? The ride back was basically uneventful, we didn't say anyone but was a great experience. continued Next Week

Living Past 100
Your Brain Can Renew Itself

There has been a longstanding belief that brain cells cannot be replaced. In other words, when brain cells die, that's it, the brain cannot renew itself as other organs do. This is totally false according to the discoveries of modern medical research, yet the myth continues. There is a specific fatty acid called docosahexaenoic acid (DHA) that instructs the DNA to create new brain cells. DHA works even better when a person engages in aerobic exercise such as walking, dancing and other types of aerobic exercise. DHA is an Omega 3 fatty acid and is a primary structural component of the human brain, skin, sperm, testicles and the retina of the eye. DHA can be synthesized from alpha linolenic acid or obtained directly from mother's milk or fish oil. Alpha linolenic oil is found in nuts, flaxseed oil, canola oil, soybean oil, red meat and dairy products. It is noted for preventing heart disease, atherosclerosis, high cholesterol, and is believed to help prevent prostate cancer. It is used to treat auto-immune diseases such as rheumatoid arthritis and lupus. Omega 3 fatty acids can be taken as a supplement, generally in the form of fish oil capsules. Maintaining brain health is a major concern these days due to the increasing number of people who develop dementia and Alzheimer's disease. Prevention is extremely important. Adhering to a daily diet that includes fish oils, and those foods containing alpha linolenic acid, is one way to ensure brain cells are renewed. Along with a good daily diet, it is important to get adequate aerobic exercise. Going for a walk every day is just one simple way to get that exercise. Make sure your body is generating new brain cells all of the time! Without a healthy brain, the rest of your body is at risk.



News Leader

Entertainment

Similkameen News Leader TV Guide Listings - March 4 - 10, 2014



Princeton Posse took control of their last game of the season beating Grand Forks 10 to 5. *

Posse send vets out in style

Princeton Posse hosted Grand Forks Border Bruins February 22nd in their last regular game of the 2013/14 KIJHL season. As the team did not make the playoffs, the pressure was off to make an impression in the last game, however, that didn't stop the coaching staff from turning the event into a

fun game. The four 'retiring' 20-year old vets saw a lot of ice time during their final game in Princeton Posse jerseys. The foursome of Eric Kubis, Eric Schmidt, Andrew Stack and Mason Chew also collected a combined total of 14-points. The entire team also worked together to

earn Kubis his third franchise record.

The Posse scored first at 5:09 of the opening period with a goal scored by Kurtis Klinger with an assist going to Eric Kubis.

They added their second goal at 10:11 (Devan Suidy from Eric continued on Page 23



Players gathered on ice to say farewell to their loyal fans in Princeton Arena. *

Princeton Posse 2013/14

Clip 'n' Save Game Schedule

Similkameen News Leader

Date	Time	Away	Home
Exhibition Season			
Sat Aug 31	7:30 PM L	Princeton 3	Summerland 5
Sat Sep 7	7:00 PM L	100 Mile House 7	Princeton 0
Sun Sep 8	2:00 PM W	Grand Forks 1	Princeton 2
Regular Season			
Fri Sep 13	7:00 PM W	Kelowna 3	Princeton 4
Sat Sep 14	7:00 PM OT L	N Okanagan 4	Princeton 3
Wed Sep 18	7:35 PM L	Princeton 1	Osoyoos 6
Fri Sep 20	7:00 PM L	Kamloops 5	Princeton 4
Sat Sep 21	7:00 PM L	Princeton 0	Kelowna 6
Sun Sep 22	3:00 PM	CANCELLED Princeton @ N Okanagan	
Fri Sep 27	7:30 PM L	Princeton 3	Summerland 4
Sun Sep 29	2:00 PM W	Osoyoos 2	Princeton 4
Fri Oct 4	7:00 PM L	Kelowna 4	Princeton 1
Sat Oct 5	7:00 PM L	Summerland 4	Princeton 1
Fri Oct 11	7:35 PM L	Princeton 2	Osoyoos 6
Sat Oct 12	7:00 PM OT W	Sicamous 4	Princeton 5
Tue Oct 15	7:00 PM L	Princeton 4	Kelowna 5
Sat Oct 19	7:00 PM OT W	Spokane 2	Princeton 3
Fri Oct 25	7:00 PM W	Revelstoke 0	Princeton 6
Sun Oct 27	2:00 PM L	Kelowna 6	Princeton 4
Sat Nov 2	5:00 PM L	Summerland 4	Princeton 2
Sun Nov 3	3:00 PM W	Princeton 8	N Okanagan 4
Fri Nov 8	7:00 PM OT W	Princeton 6	Nelson 5
Sat Nov 9	7:00 PM L	Princeton 3	Castlegar 5
Fri Nov 15	7:00 PM L	Nelson 7	Princeton 4
Sat Nov 16	7:00 PM OT L	Beaver Valley 4	Princeton 3
Sun Nov 17	5:00 PM OT L	Princeton 4	Kamloops 5
Fri Nov 22	7:00 PM L	Princeton 2	Kelowna 4
Sat Nov 23	7:30 PM L	Princeton 1	Summerland 5
Wed Nov 27	7:00 PM L	Osoyoos 6	Princeton 2
Fri Nov 29	7:00 PM L	100 Mile House 4	Princeton 3
Fri Dec 6	7:00 PM W	Princeton 4	N Okanagan 2
Sat Dec 7	7:00 PM L	Castlegar 3	Princeton 2
Fri Dec 13	7:00 PM W	Princeton 5	Chase 3
Sat Dec 14	7:00 PM W	Princeton 3	Sicamous 2
Sun Dec 15	2:00 PM W	Princeton 8	Revelstoke 4
Wed Dec 18	12 Noon W	Osoyoos 0	Princeton 5
Fri Dec 20	7:00 PM L	Kelowna 5	Princeton 3
Fri Jan 3	7:30 PM L	Princeton 2	Summerland 6
Sat Jan 4	7:35 PM L	Princeton 1	Osoyoos 7
Tue Jan 7	7:00 PM W	Summerland 2	Princeton 6
Fri Jan 10	7:00 PM L	Princeton 5	Grand Forks 7
Fri Jan 17	7:30 PM L	Princeton 0	Beaver Valley 7
Sat Jan 18	7:00 PM OT L	Princeton 2	Spokane 3
Tue Jan 21	7:00 PM L	N Okanagan 5	Princeton 3
Fri Jan 24	7:30 PM OT L	Princeton 2	Summerland 3
Sat Jan 25	7:00 PM L	N Okanagan 10	Princeton 3
Fri Jan 31	7:00 PM L	Princeton 1	100 Mile House 2
Sun Feb 2	3:00 PM W	Princeton 5	N Okanagan 3
Tue Feb 4	7:00 PM L	Princeton 1	Kelowna 3
Fri Feb 7	7:00 PM L	Osoyoos 9	Princeton 4
Sun Feb 9	2:00 PM OT L	Chase 6	Princeton 5
Wed Feb 12	7:35 PM L	Princeton 5	Osoyoos 7
Fri Feb 14	7:00 PM W	N Okanagan 3	Princeton 7
Sat Feb 15	7:00 PM L	Summerland 5	Princeton 1
Wed Feb 19	7:00 PM L	Princeton 2	N Okanagan 9
Sat Feb 22	7:00 PM W	Grand Forks 5	Princeton 10

Tuesday Movies

EVENING

for U.S. president and unexpectedly wins.

9:30 pm WTBS ch.3 "The House Bunny" (2008, Comedy) Anna Faris. An exiled Playboy bunny tries to help socially clueless sorority sisters attract pledges and keep their house by teaching them about makeup and men.

11:30 pm WTBS ch.3 "Man of the Year" (2006, Comedy) Robin Williams. Tom Dobbs, the satirical host of a political talk show, runs

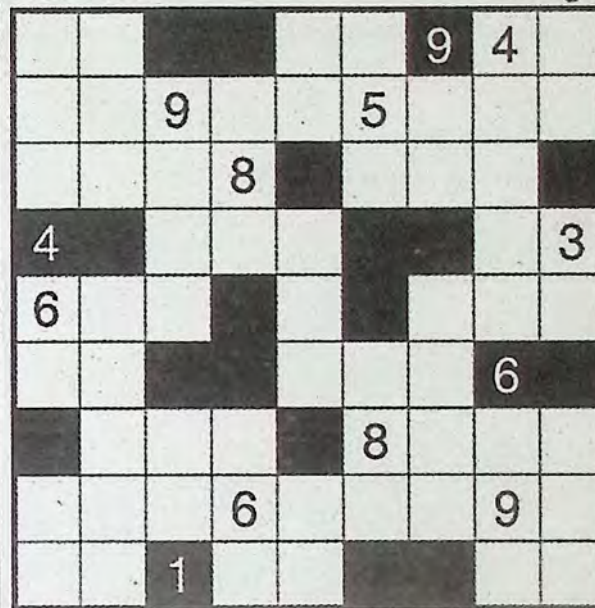
News Leader Str8ts

STR8TS

No. 167

Tough

Previous solution - Medium



How to beat Str8ts - Like Sudoku, no single number can repeat in any row or column. But... rows and columns are divided by black squares into compartments. These need to be filled in with numbers that complete a 'straight'. A straight is a set of numbers with no gaps but can be in any order, eg [4,2,3,5]. Clues in black cells remove that number as an option in that row and column, and are not part of any straight. Glance at the solution to see how 'straights' are formed.

You can find more help and strategies at www.str8ts.com along with more puzzles, Apple apps and books.

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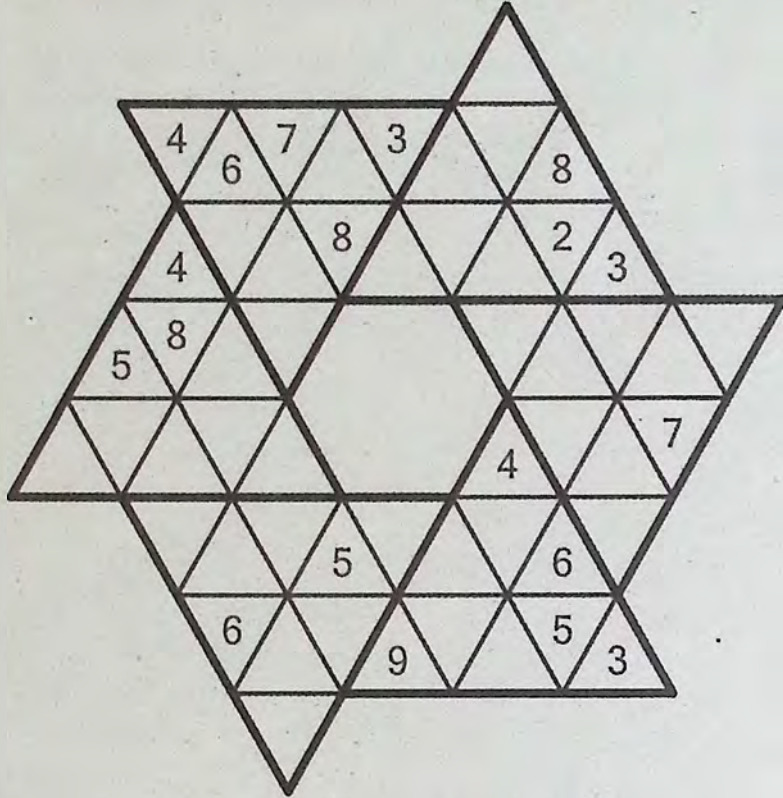
TUESDAY, MARCH 4, 2014

	WTBS ch.3	CHBC ch.4	KNOW ch.5	KSPS ch.6	KHQ ch.7	KREM ch.8	A&E ch.9	KXLY ch.10	BCTV ch.11	CITY ch.12	CBC ch.13	YTV ch.18	TSN ch.19	VTV ch.22	DISC ch.24	FAM ch.26	CITY ch.29	SPIKE ch.44	DTOUR ch.45
6 AM :30	In the Heat of the Night	Morning News (N) 30	Wibbly Pig Monkey	Clifford Martha	KHQ News 6AM (N)	KREM 2 Morning News	Criminal Minds (N) 30	Morning Northwest	Morning News (N) 30	(5:00) Morning News (N)	CBC News Now (N) (N)	Kid vs. Kat Rescue	Sports Centre 30	CTV Morning Live (N) (N)	Junk Raiders 30 Phineas	Stella-Sam (N) 30	CityLine (N) 30	Ink Master (N) 30	Eat St. (N) 30
7 AM :30	Law & Order: SVU		Ella the EI Wild Kratts	Arthur Wild Kratts	Today (N) (N) 30	CBS This Morning (N) (N) 30	Criminal Minds (N) 30	Good Morning America (N) 30			Tiger Arthur 30	Super Evil Sidekick	Sports Centre 30		Mighty Ships 30 Bering Sea Gold 30	Shake It ANT Farm	Let's Make a Deal 30	Ink Master (N) 30	Disaster Disaster
8 AM :30	Law & Order: SVU		PAW Patrol Doozers	Curious Cat in the			CSI: Miami (N) 30		Morning Huntley		Bo On/Go Busytown	Pokémon Beyblade	Curling: Tim Hortons Brier, Draw 8. (N) (Live) 30		Jessie 30 Wizards	The Price Is Right (N)	Ink Master (N) 30	Security Security	
9 AM :30	Millionaire Millionaire	Morning Huntley	Dinosaurs Rob Robot	Peg Dinosaur		The 700 Club (N) 30	CSI: Miami "Dissolved"	Live! Kelly and Michael	Morning Huntley	The Doctors (N) 30	Super Why! Napkin	Monster Squirrel		Livel Kelly and Michael	Salvage Hunters 30	Little Manny	Jdg Judy Jdg Judy	Ink Master (N) 30	Bggg Bttls Bggg Bttls
10 AM :30	Divorce Divorce	The Doctors (N) 30	Ella the EI Jelly Jamm	Sesame Street (E)		The Price Is Right (N)	Criminal Minds 30	The View (N) 30	The Doctors (N) 30	AnnaOlson Debt/Part	Bookaboo Doodlebop	Invasion Almost		The View (N) 30	Auction Auction	Never Land Sofa	The Chew (N) 30	Ink Master (N) 30	Security Security
11 AM :30	Judge Alex Judge Alex	AnnaOlson Debt/Part	G. Shrinks Clifford	Tiger Sit & Be Fit	Jdg Judy Noddy	Young & Restless	Criminal Minds 30	Paid Prog. Paid Prog.	AnnaOlson Debt/Part	Noon News Hour (N)	Heartland 30 (DVS)	Flamingo Squirrel	Motoring	Marilyn Denis	How/Made How/Made	Phineas ANT Farm	General Hospital (N) (N)	Ink Master (N) 30	Airport Airport
12 PM :30	King King	Noon News Hour (N)	PAW Patrol Dinosaurs	Charlie Rose (N) 30	Workout Paid Prog.	News Bold	The First 48 (N) 30	The Chew (N) 30	Noon News Hour (N)	Days of our Lives (N)	CBC News Now (N) (N)	Kid vs. Kat Sidekick	SportsNation (N) 30	CTV News (N) (N) 30	Myth-Busters (N) 30	Wingin' It Wizards	Katie (N) 30	Ink Master (N) 30	Eat St. (N) 30 Eat St. (N) 30
1 PM :30	Community Community	Days of our Lives (N)	Rob Robot Dragon	Painting Brain-Change-Perlmutter	Days of our Lives (N)	The Talk (N) 30	The First 48 (N) 30	General Hospital (N) (N)	Days of our Lives (N)	The Talk (N) 30	Republic of Doyle (N)	Rated A Monster	Hockey Curling: Tim Hortons Brier, Draw 9. (N) (Live) 30	The Social (N) 30	Bering Sea Gold 30	Wizards Good Luck	CityLine 30	Ink Master "Holy Ink" 30	Bizarre Foods America
2 PM :30	Seinfeld The Middle	The Talk (N) 30	Ella the EI Wibbly Pig		Katie (N) 30	Let's Make a Deal (N)	The First 48 (N) 30	Queen Latifah	The Talk (N) 30	Queen Latifah	Steven and Chris (N) (N)	Kid vs. Kat Super Evil		Dr. Phil (N) 30	Highway Thru Hell	Shake It ANT Farm	CityNews at 5 (N) 30	Ink Master "Buck Off" 30	Waterparks Waterparks
3 PM :30	The Middle Mod Fam	Queen Latifah	Diva, Oily Jelly Jamm	Sid Peg	Ellen DeGeneres Show	Dr. Phil (N) 30	Storage Storage	Rachel Ray (N) 30	Queen Latifah	Young & Restless	Recipes Stefano	Sidekick Squirrel		Bethenny (N) 30	How/Made How/Made	Jessie 30 Austin	CityNews at 6 (N) 30	Ink Master (N) 30	Disaster Disaster
4 PM :30	Big Bang Big Bang	Young & Restless	Maya Bee Arthur (N)	Wild Kratts WordGirl	Jdg Judy Jdg Judy	The Dr. Oz Show 30	Storage Storage	The Doctors (N) 30	Young & Restless	Early News Global Nat.	Canada Reads	SpongeBob Chucks	SportsCentre (N) 30	Ellen DeGeneres Show	Daily Planet (N)	Good Luck Gravity	Mod Fam Mod Fam	Ink Master (N) 30	Security Security
5 PM :30	Browns Payne	News (N) 30	Jack 30 Wild Kratts	News Business	News NBC News	News CBS News	Storage Storage	News ABC News	Early News Global Nat.	(4:59) News Hour (N)	News News	Parents SpongeBob	NHL on TSN	CTV News at Five (N)	Gold Rush - The Dirt (N)	Phineas Shake It	Glee "Trio" (N) (N)	Ink Master (N) 30	Treasures Decoded (N)
6 PM :30	Browns Payne	Global Nat. News	Hope for Wildlife 30	PBS News-Hour (N) 30	News Millionaire	KREM 2 News at 6 (N)	Storage Storage	News at 6 News	(5:59) News Hour (N)	ET Canada	News News	Japanz!z Carly 30		CTV News (N) (N) 30	Gold Rush (N)	ANT Farm Austin	New Girl Brooklyn	Ink Master (N) 30	Monumental Mysteries
7 PM :30	Mod Fam Seinfeld (N)	Ent ET Canada	Sinking a Destroyer (N)	Hearbeat of Home (N) 30	Jeopardy! Wheel	Inside Ed. Access H.	Storage Storage	Ent The Insider	Ent ET Canada	Chicago Fire (N) (N)	George S Coronation	Sam & Cat Mr. Young	Tim Hortons Brier, Draw 10. (N) (Live) 30	etalk (N)	Cold Water Cowboys	Dog Jessie 30	Mind Games (N) 30	Ink Master (N) (N) 30	America Declassified
8 PM :30	Family Guy Family Guy	NCIS "Dressed to Kill"	Last Day-World War I		The Voice (N) (N) 30	NCIS "Dressed to Kill"	Storage Storage	Agents of S.H.I.E.L.D.	NCIS "Dressed to Kill"	NCIS "Dressed to Kill"	22 Minutes	Mr. Young Boys		Agents of S.H.I.E.L.D.	Dangerous Flights	Good Luck ANT Farm	CityNews-Tonight (N)	Tattoo Tattoo	Museum Secrets (N)
9 PM :30	Amer. Dad Movie: **	NCIS: Los Angeles (N)	Emergency	3 Steps to Incredible Health-	About-Boy Fisher	NCIS: Los Angeles (N)	Storage Storage	Goldbergs Trophy	NCIS: Los Angeles (N)	NCIS: Los Angeles (N)	Arctic Air (N) 30 (DVS)	Gags Gags	Sports	Trophy	Gold Rush 30	Wingin' It Next Step	Jimmy Kimmel Live (N)	Tattoo Tattoo	Monumental Mysteries
10 PM :30	"The House Bunny" (2008, Comedy)	Chicago Fire (N) (N)	(10.05) Hair India 30	Joel Profiles	Chicago Fire (N) (N)	Person of Interest (N)	Storage Storage	Mind Games (N) 30	Chicago Fire (N) (N)	News Hour Final (N)	The National (N) 30	Babysitting Splatalot	SportsCentre (N) 30	Person of Interest (N)	Cold Water Cowboys	Good Luck Jessie 30	EP Daily Reviews on	Ink Master (N) 30	America Declassified
11 PM :30	"Man"	News Hour Final (N)	Sinking a Destroyer (N)	Charlie Rose (N) 30	News J. Fallon	News Letterman	Storage Storage	KXLY 4 J. Kimmel	News Hour Final (N)	ET Canada The Test	CBC News George S	Mr. Young Boys	SportsCentre 30	News-Lisa CTV News	Dangerous Flights	Wizards Life Derek	Paid Prog. Paid Prog.	Tattoo Tattoo	Museum Secrets (N)

News Leader Sudoku 495

HOSHI SUDOKU - About The Puzzle

Sudoku - also known as "Number Place" - is a logic-based, combinatorial number-placement puzzle. The aim of Sudoku is to enter a number from 1 through 9 in each cell of a grid, most frequently a 9x9 grid made up of 3x3 subgrids. Each row, column and region must contain only one instance of each number. This Sudoku variant is called "Hoshi Sudoku". It contains six large triangles. The numbers 1 to 9 must be placed into the cells of each large triangle. Every line of any length - even uncontinuous - must contain every number not more than once.



www.sudoku-puzzles.net

THIS WEEK'S SOLUTION: Page 20

Wednesday Movies

MORNING

11:00 am SPIKE ch.44 "Fletch" (1985, Comedy) Chevy Chase. An undercover Los Angeles reporter investigates a businessman who wants him to kill him. (In Stereo)

Vaughn. Four couples find that paradise comes at a price when they must participate in therapy sessions at a tropical resort. (In Stereo)

10:00 pm SPIKE ch.44 "Coming to America" (1988, Comedy) Eddie Murphy. Pampered Prince Akeem of Zamunda comes to New York with his royal sidekick to find a true-love bride. (In Stereo) (CC)

11:30 pm WTBS ch.3 "Eurotrip" (2004, Comedy) Scott Mechlowicz. A teenager and his friends have misadventures in Europe while trying to meet one's pen pal.

AFTERNOON

1:30 pm SPIKE ch.44 "Coming to America" (1988, Comedy) Eddie Murphy. Pampered Prince Akeem of Zamunda comes to New York with his royal sidekick to find a true-love bride. (In Stereo) (CC)

4:00 pm SPIKE ch.44 "Couples Retreat" (2009, Comedy) Vince Vaughn. Premiere. Four couples find that paradise comes at a price when they must participate in therapy sessions at a tropical resort. (In Stereo)

EVENING

7:00 pm SPIKE ch.44 "Couples Retreat" (2009, Comedy) Vince

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WEDNESDAY, MARCH 5, 2014

	WTBS ch.3	CHBC ch.4	KNOW ch.5	KSPS ch.6	KHQ ch.7	KREM ch.8	A&E ch.9	KXLY ch.10	BCTV ch.11	CITY ch.12	CBC ch.13	YTV ch.18	TSN ch.19	VTV ch.22	DISC ch.24	FAM ch.26	CITY ch.29	SPIKE ch.44	DTOUR ch.45
6 AM	In the Heat of the Night	Morning News (N) ☺	Wibbly Pig	Clifford	KHQ News 6AM (N)	KREM 2 Morning News	Criminal Minds ☺	Morning Northwest	Morning News (N) ☺	(5:00) Morning News (N)	CBC News Now (N) ☺	Kid vs. Kat Rescue	(5:00) NHL on TSN - Trade Centre (N) (Live) ☺	CTV Morning Live (N) ☺	Junk Raiders ☺	Stella-Sam Phineas	CityLine (N) ☺	Bar Rescue ☺	Eat St. ☺
7 AM	Law & Order: SVU		Ella the EI	Arthur	Today (N) ☺	CBS This Morning (N) ☺	Criminal Minds ☺	Good Morning America (N) ☺			Tiger	Super Evil			Mighty Ships ☺	Shake It	Let's Make a Deal (N)	Bar Rescue ☺	Disaster
8 AM	Law & Order: SVU		PAW Patrol	Curious			CSI: Miami ☺			Morning Huntley	Bo On/Go	Pokémon			Dangerous Flights	Jessie ☺	The Price Is Right (N)	Cops ☺	Money
9 AM	Millionaire	Morning	Dinosaurs	Peg		The 700 Club ☺	CSI: Miami ☺	Livel Kelly and Michael	Morning Huntley	The Doctors ☺	Super Why! Napkin	Monster		Livel Kelly and Michael	Salvage Hunters ☺	Little Manny	Jdg Judy	Bar Rescue ☺	Museum Secrets ☺
10 AM	Divorce	The Doctors ☺	Ella the EI	Sesame Street ☺ (EI)		The Price Is Right (N)	Criminal Minds ☺	The View ☺	The Doctors ☺	AnnaOlson	Bookaboo	Invasion		The View ☺	Auction	Never Land	The Chew ☺	Bar Rescue ☺	Monumental Mysteries
11 AM	Judge Alex	AnnaOlson	G. Shrinks	Tiger	Jdg Judy	Young & Restless	Criminal Minds ☺	America	AnnaOlson	Noon News Hour (N)	Heartland ☺ (DVS)	Flamingo		Marilyn Denis	Gold Rush - The Dirt ☺	Phineas ANT Farm	General Hospital (N) ☺	Movie: *** "Fletch" (1985, Comedy) Chevy Chase. ☺	America Declassified
12 PM	King	Noon News Hour (N)	PAW Patrol	Charlie Rose ☺	Paid Prog.	News	The First 48 ☺	The Chew ☺	Noon News Hour (N)	Days of our Lives (N)	CBC News Now (N) ☺	Kid vs. Kat Sidekick		CTV News (N) ☺	Gold Rush ☺	Wingin' It	Katie ☺	Eat St. ☺	Eat St. ☺
1 PM	Community	Days of our Lives (N)	Rob Robot	Oil Painting	Days of our Lives (N)	The Talk ☺	The First 48 ☺	General Hospital (N) ☺	Days of our Lives (N)	The Talk ☺	Republic of Doyle ☺	Rated A	NHL on TSN	The Social ☺	Cold Water Cowboys	Wizards	CityLine ☺	Movie: *** "Coming to America" (1988) Eddie Murphy. ☺	Bizarro Foods America
2 PM	Seinfeld	The Talk ☺	Ella the EI	With Nancy: Sew-Scarves	Katie ☺	Let's Make a Deal (N)	The First 48 ☺	Queen Latifah	The Talk ☺	Queen Latifah	Steven and Chris (N) ☺	Kid vs. Kat Super Evil	Trade Centre Recap	Dr. Phil ☺	Dangerous Flights ☺	Shake It	CityNews at 5 (N) ☺	Movie: *** "Coming to America" (1988) Eddie Murphy. ☺	Waterparks
3 PM	The Middle	Queen Latifah	Dive, Oily	Sid	Ellen DeGeneres Show	Dr. Phil ☺	Wahlburgers ☺	Rachael Ray ☺	Queen Latifah	Young & Restless	Recipes Stefano	Sidekick	Sports Centre (N) ☺	Bethenny ☺	How/Made	Jessie ☺	CityNews at 6 (N) ☺	Disaster	Disaster
4 PM	Big Bang	Young & Restless	Maya Bee	Wild Kratts	Jdg Judy	The Dr. Oz Show ☺	Duck D.	The Doctors ☺	Young & Restless	Early News	Canada Reads	SpongeBob	NHL Hockey: Toronto Maple Leafs at New York Rangers. (N)	Ellen DeGeneres Show	Daily Planet	Phineas	Mod Fam	Movie: ** "Couples Retreat"	Money
5 PM	College Basketball: Tennessee at Auburn. (N)	News (N) ☺	Jack ☺	News	News	News	Duck D.	News	Early News	(4:59) News Hour (N)	News	Parents	CTV News at Five (N)	Bear Grylls: Dog	Dog	Revolution (N) ☺	(2009) Vince Vaughn. Premiere. ☺	Collectors	
6 PM	Mod Fam	Ent	Sinking a Destroyer ☺	PBS News-Hour (N) ☺	News	KREM 2 News at 6 (N)	Duck D.	News at 6	(5:59) News Hour (N)	ET Canada	News	Hathaways	CTV News (N) ☺	Salvage Hunters ☺	Phineas	Mod Fam	Cougar	Museum Secrets ☺	
7 PM	Mod Fam	Ent	Canada: Over the Edge	Trains Around North America's railroad history. ☺	Jeopardy!	Inside Ed.	Duck D.	Ent	Ent	Chicago PD (N) ☺	George S	Sam & Cat	Big Bang	Myth-Busters ☺	Good Luck	Nashville (N) ☺	Movie: ** "Couples Retreat"	Museum Secrets ☺	
8 PM	Family Guy	Survivor (N) ☺	Wild China (N) ☺	America's railroad history. ☺	Revolution (N) ☺	Survivor (N) ☺	(8:01) Bates Motel ☺	The Middle Suburg.	Survivor (N) ☺	Survivor (N) ☺	Dragons' Den (N) ☺	Mr. Young	Arrow "The Promise"	How/Made	Good Luck	CityNews-Tonight (N)	(2009) Vince Vaughn, Jason Bateman. ☺	Museum Secrets ☺	
9 PM	Amer. Dad	Big Brother Canada	Muscle and Monarchy		Law & Order: SVU	Criminal Minds (N) ☺	Duck D.	Mod Fam	Big Brother Canada	Big Brother Canada	Recipe to Riches (N) ☺	Gags	Criminal Minds (N) ☺	Bear Grylls: Next Step	Wingin' It	Jimmy Kimmel Live (N)		Museum Secrets ☺	
10 PM	Payne	(10:01) Chicago PD (N)	(10:05) Our Queen ☺	Warriors ☺	(10:01) Chicago PD (N)	CSI: Crime Scene	Duck D.	Nashville (N) ☺	(10:01) Chicago PD (N)	News Hour Final (N)	The National (N) ☺	Babysitting Splatatol	Sports Centre (N) ☺	CSI: Crime Scene	Salvage Hunters ☺	Good Luck	Reviews on	Movie: *** "Coming to America"	Museum Secrets ☺
11 PM	Payne	CHBC News Final (N)	Canada: Over the Edge	Charlie Rose (N) ☺	News	News	Duck D.	KXLY 4	News Hour Final (N)	ET Canada	CBC News	Mr. Young	Sports Centre ☺	News-Lisa	Myth-Busters ☺	Wizards	Paid Prog.	(1988) ☺	Museum Secrets ☺

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Hikers find deep snow at Stemwinder

by Janis Wright, VFFN

Vermilion Forks Field Naturalists held yet another snowshoeing field trip on Saturday, February 22, this time up Stemwinder Mountain. Nine of us took a circular route up to Kilometre 7 and back again to the cabin.

Many thanks to John Henry who took the lead through very deep snow, and created a nice trench in

which the rest of us could follow! Tip helped out by giving John a break every now and then, when conditions were right.

The scenery was beautiful as we wound our way through the woods, amongst trees heavily laden with snow, with the sun trying hard to peek out at us. We spotted tracks of moose, deer, coyotes, rabbits, squirrels and chipmunks, as well as bear

claw markings up several trees.

Laughter and cheers rang out for those of us who had difficulty righting ourselves after falling into the soft, extensive pillows of snow, and it was with exuberance that we ended our outing at the cabin with lunch and hot chocolate.

Our next field trip is scheduled to be at lower Allenby on Saturday, March 8, led by John Henry. This will be a moderate hike with a focus on geology, however, everything hinges on snow conditions, so there may be changes. We will meet at Billy's Restaurant at 10:00 AM. Please con-

tact John at 250-295-7154 for more information.

VFFN's next meeting will be held Tuesday, March 11, 7:00 PM at Riverside Centre, when Tanya Luszczyk from Penticton will give a presentation on birds. Please join us for an interesting and social evening!



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The Evening Grosbeak population in the region has taken a huge hit in recent years. Residents in Tulameen are noticing these hungry little birds are feeding on the side of the road approaching the community. Concern is that some may be hidden behind snow, get startled by oncoming traffic and fly into the path of a vehicle. You can help by setting up a feeding station in your yard and by driving with caution when approaching Tulameen. This photo, of a young Grosbeak chick, left, being fed by an adult male on a feeder, was taken last August in Princeton. *

SO COUNTRY INTERNET RADIO

FOLLOW DENNIS WALKER ONLINE - NEWS, WEATHER, MUSIC, INTERVIEWS - www.socountry.ca



The ice is free at Tulameen's outdoor skating rink. Conditions were still excellent early last week. Photo: Mark Jones

Thursday Movies

EVENING

9:30 pm WTBS ch.3 "The Beaver" (2011, Drama) Mel Gibson. Following a failed suicide attempt, a deeply depressed toy executive communicates through a beaver puppet and tries to get his life back on track.

11:15 pm WTBS ch.3 "Not Another Teen Movie" (2001,

Comedy) Chyler Leigh. A high-school quarterback bets a rival he can transform an unpopular student into a prom queen.

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THURSDAY, MARCH 6, 2014

	WTBS ch.3	CHBC ch.4	KNOW ch.5	KSPS ch.6	KHQ ch.7	KREM ch.8	A&E ch.9	KXLY ch.10	BCTV ch.11	CITY ch.12	CBC ch.13	YTV ch.18	TSN ch.19	VTV ch.22	DISC ch.24	FAM ch.26	CITY ch.29	SPIKE ch.44	DTOUR ch.45
6 AM	In the Heat of the Night	Morning News (N)	Wibbly Pig Monkey	Clifford Martha	KHQ News 6AM (N)	KREM 2 Morning News	Criminal Minds	Morning Northwest	Morning News (N)	(5:00) Morning News (N)	CBC News Now (N)	Kid vs. Kat Rescue	Sports SportsCentre	CTV Morning Live (N)	Junk Ralder Phineas	Stella-Sam Phineas	CityLine (N)	CSI: NY	Eat St.
7 AM	Law & Order: SVU		Ella the EI Wild Kratts	Arthur Wild Kratts	Today (N)	CBS This Morning (N)	Criminal Minds	Good Morning America (N)			Tiger Arthur	Super Evil Sidekick			Mighty Ships	Shake It ANT Farm	Let's Make a Deal (N)	CSI: NY "A Man a Mile"	Disaster Disaster
8 AM	Law & Order: SVU		PAW Patrol Doozers	Curious Cat in the Hat			CSI: Miami			Morning Huntley	Bo On/Go Busytown	Pokémon Beyblade			Myth-Busters	Jessie	The Price is Right (N)	Wildest Police Videos	Collectors Collectors
9 AM	Millionaire	Morning Huntley	Dinosaurs Rob Robot	Peg Dinosaur		The 700 Club	CSI: Miami	Livel Kelly and Michael	Morning Huntley	The Doctors	Super Why! Napkin	Monster Squirrel	Tim Hortons Brier, Draw 14. (N) (Live)	Livel Kelly and Michael	Salvage Hunters	Little Manny	Jdg Judy Jdg Judy	Cops	Museum Secrets
10 AM	Divorce	The Doctors	Ella the EI Jelly Jamm	Sesame Street		The Price is Right (N)	Criminal Minds	The View	The Doctors	AnnaOlson Debt/Part	Bookaboo Doodlebop	Invasion Almost		The View	Auction Auction	Never Land Sofia	The Chow	Cops	Museum Secrets
11 AM	Judge Alex Judge Alex	AnnaOlson Debt/Part	G. Shrinks Clifford	Tiger Sit & Be Fit	Jdg Judy	Young & Restless	Criminal Minds	Paid Prog. America	AnnaOlson Debt/Part	Noon News Hour (N)	Heartland	Flamingo Squirrel	24 CH (N)	Marilyn Denis	How/Made How/Made	Phineas ANT Farm	General Hospital (N)	Cops	Museum Secrets
12 PM	King King	Noon News Hour (N)	PAW Patrol Dinosaurs	Charlie Rose	AntiAging Wen Halr	News Bold	The First 48	The Chew	Noon News Hour (N)	Days of our Lives	CBC News Now (N)	Kid vs. Kat Sidekick	SportsNation (N)	CTV News (N)	Bear Grylls: Wizards	Wingin' It Wizards	Katie	Cops	Eat St.
1 PM	Community Community	Days of our Lives (N)	Rob Robot Dragon	Painting 30 Days to a Younger Heart-Masley	Days of our Lives (N)	The Talk	The First 48	General Hospital (N)	Days of our Lives (N)	The Talk	Canada Reads	Rated A Monster	Hockey Curling: Tim Hortons Brier, Draw 15. (N) (Live)	The Social	Salvage Hunters	Wizards Good Luck	CityLine	Cops	Bizarre Foods America
2 PM	Seinfeld The Middle	The Talk	Ella the EI Wibbly Pig	Katie	Let's Make a Deal (N)	The First 48	Queen Latifah	The Talk	Queen Latifah	Queen Latifah	Steven and Chris (N)	Kid vs. Kat Super Evil		Dr. Phil	Myth-Busters	Shake It ANT Farm	CityNews at 5 (N)	Cops	Waterparks Waterparks
3 PM	The Middle Mod Fam	Queen Latifah	Dive, Oily Jelly Jamm	Sid Peg	Ellen DeGeneres Show	Dr. Phil	The First 48	Rachael Ray	Queen Latifah	Young & Restless	Recipes Stefano	Sidekick Squirrel		Bethenny	How/Made How/Made	Jessie	CityNews at 6 (N)	Cops	Disaster Disaster
4 PM	Big Bang Big Bang	Young & Restless	Maya Bee Arthur	Wild Kratts WordGirl	Jdg Judy	The Dr. Oz Show	Duck D.	The Doctors	Young & Restless	Early News Global Nat.	NHL Hockey: Los Angeles Kings at Winnipeg Jets. (N)	SpongeBob Rabbids	SportsCentre (N)	Ellen DeGeneres Show	Daily Planet (N)	Austin Austin	Mod Fam Mod Fam	Cops	Museum Secrets
5 PM	Browns Payne	News (N)	Jack	News Business	News NBC News	News CBS News	Duck D.	ABC News	Early News Global Nat.	(4:59) News Hour (N)	That's Hockey! (N)	Parents SpongeBob	Thunder	CTV News at Five (N)	Cold Water Cowboys	Shake It ANT Farm	Community Parks	Cops	America Declassified
6 PM	Browns Payne	Global Nat. News	Canada: Over the Edge	PBS News-Hour (N)	News Millionaire	KREM 2 News at 6 (N)	Duck D.	News at 6 News	(5:59) News Hour (N)	ET Canada Ent	Hathaways	Sam & Cat Japanizi	Curling: Tim Hortons Brier, Draw 16. (N) (Live)	CTV News (N)	Moonshiners: Outlaw	Good Luck Austin	(6:01) Seed Crazy	IMPACT Wrestling (N)	Places Places
7 PM	Mod Fam Seinfeld	Ent ET Canada	Park Take Me	Celtic Woman: Emerald	Jeopardy! Wheel	Inside Ed. Access H.	Wahlburgr Wahlburgr	Ent The Insider	Ent ET Canada	Elementary (N)	NHL-A Season	Mr. Young Japanizi		etalk (N)	Moonshiners (N)	Jessie	Scandal (N)		Sturgis "Cops"
8 PM	Family Guy Family Guy	About-Boy The Millers	Joanna Lumley	Community Parks	Big Bang The Millers	Bad Ink	Once Wonder-land	About-Boy The Millers	About-Boy The Millers	CBC News Coronation	Mr. Young Boys			Big Bang Spun Out	How/Made Next Step	Good Luck Next Step	CityNews-Tonight (N)	Countdown Ink Master	When Vacations Attack America Declassified
9 PM	Amer. Dad Movie: *** "The Beaver"	Rake "Three Strikes"	Down From the Mountain Excerpts.	Easy Yoga: The Secret	Hollywood Game Night	Two Men Crazy	Duck D.	Grey's Anatomy (N)	Rake "Three Strikes"	Doc Zone	Gags Gags	Sports	Motive "Raw Deal"	Moonshiners: Outlaw	Good Luck Jessie	EP Daily Reviews on	Jimmy Kimmel Live (N)	Cops	Places Places
10 PM	"Not Teen Mv"	CHBC News Final (N)	Park Take Me	Charlie Rose (N)	News J. Fallon	News Letterman	Wahlburgr Wahlburgr	KXLY 4 J. Kimmel	News Hour Final (N)	ET Canada The Test	CBC News George S	Mr. Young Boys	SportsCentre	News-Lisa CTV News	Moonshiners	Wizards Life Derek	Paid Prog. Paid Prog.	Ways Dia Ways Dia	Sturgis "Cops"

Friday Movies

EVENING

6:00 pm YTV ch.18 "Rio" (2011, Comedy) Voices of Anne Hathaway. Animated. A domesticated macaw and his human friend travel to Rio de Janeiro to meet the last surviving female of his kind. (In Stereo) (CC)
 8:39 pm FAM ch.26 "Soccer Mom" (2008, Comedy) Missi Pyle. A single woman pretends to be a former soccer star to coach her daughter's team. (In Stereo) (CC)
 9:30 pm WTBS ch.3 "The Love Guru" (2008, Comedy) Mike Myers.

An American-born swami must get a hockey player's marriage back on track so the man can help his team win the Stanley Cup.
 10:10 pm FAM ch.26 "Cow Belles" (2006, Comedy) Alyson Michalka. Forced to work for their wealthy father, two teenagers try to save his business when money goes missing. (In Stereo) (CC)
 11:15 pm WTBS ch.3 "D.O.A.: Dead or Alive" (2006, Action) Devon Aoki. Four rivals at an invitation-only martial-arts tournament join forces against a sinister threat.

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News Leader Recipe 602

Hash Brown Omelette

Information: Serves 4. Cooking Time 25 minutes.

Ingredients

- 6 slices turkey bacon, diced
- 1 Tbsp (15 mL) canola oil
- 3 cups (750 mL) frozen hash brown potatoes
- 1/2 cup (125 mL) chopped green pepper
- 1/3 cup (75 mL) onion relish
- 6 eggs
- 1/4 cup (50 mL) milk
- 1 cup (250 mL) shredded Cheddar cheese
- to taste salt and pepper

Directions

In large skillet, cook turkey bacon until desired crispness. Remove from skillet and drain on paper towel. Add oil and hash browns and cook until heated through, stirring occasionally. Add green pepper and onion relish. Cover and cook on medium heat for another 10 minutes or until heated through and underside begins to brown.

Beat eggs and milk together in a medium size bowl. Season with salt and pepper. Stir in turkey bacon and cheese. Pour evenly over hash browns and help mixture to seep through to skillet, using spatula. Cover and cook on

low heat 8 to 10 minutes or until eggs are set and cheese is melted. Loosen edges and cut into wedges. Serve with tomato slices, if desired.

For more great turkey recipes visit the Manitoba Turkey Producers website at www.turkey.mb.ca.

FRIDAY, MARCH 7, 2014

	WTBS ch.3	CHBC ch.4	KNOW ch.5	KSPS ch.6	KHQ ch.7	KREM ch.8	A&E ch.9	KXLY ch.10	BCTV ch.11	CITY ch.12	CBC ch.13	YTV ch.18	TSN ch.19	VTV ch.22	DISC ch.24	FAM ch.26	CITY ch.29	SPIKE ch.44	DTOUR ch.45
6 AM	In the Heat of the Night	Morning News (N) ☺	Wibbly Pig	Clifford	KHQ News 6AM (N)	KREM 2 Morning News	Criminal Minds (N) ☺	Morning Northwest	Morning News (N) ☺	(5:00) Morning News (N)	CBC News Now (N) ☺	Kid vs. Kat	Sports	CTV Morning Live (N) ☺	Greatest Know-It-All	Stella-Sam Phineas	CityLine (N) ☺	Bar Rescue	Eat St. ☺
6:30			Monkey	Martha								Rescue	SportsCentre ☺						Eat St. ☺
7 AM	Law & Order: SVU		Ella the EI	Arthur	Today (N) ☺	CBS This Morning (N) ☺	Criminal Minds (N) ☺	Good Morning America (N) ☺				Yu-Gi-Oh!	Sports		Greatest Know-It-All	Shake It	Let's Make a Deal (N)	Bar Rescue	Disaster
7:30			Wild Kratts	Wild Kratts							Arthur ☺	Sidekick			ANT Farm				Disaster
8 AM	Law & Order: SVU		PAW Patrol	Curious			Criminal Minds (N) ☺			Morning	Bo On/Go	Pokémon	Sports		Flying Wild Alaska ☺	Jessie ☺	The Price is Right (N)	Bar Rescue	The Dead Files (N) ☺
8:30			Doozers	Cat in the					Huntley	Bustown	Beyblade	Curling: Tim Hortons Brier, Draw 17. (N) (Live) ☺				Wizards			
9 AM	Millionaire	Morning	Dinosaurs	Peg		The 700 Club (N) ☺	Criminal Minds (N) ☺	Livel Kelly and Michael	Morning	The Doctors (N) ☺	Super Why!	Monster		Livel Kelly and Michael	Salvage Hunters ☺	Little	Jdg Judy	Bar Rescue	America Declassified
9:30	Millionaire	Huntley	Rob Robot	Dinosaur					Huntley		Napkin	Squirrel			Manny	Jdg Judy			
10 AM	Divorce	The Doctors (N) ☺	Ella the EI	Sesame Street (EI)		The Price is Right (N)	Criminal Minds (N) ☺	The View (N) ☺	The Doctors (N) ☺	AnnaOlson	Bookaboo	Invasion		The View (N) ☺	Auction	Never Land	The Chew (N) ☺	Bar Rescue	Places
10:30	Divorce		Jelly Jamm							Debt/Part	Doodlebop	Almost			Auction	Sofia			Places
11 AM	Judge Alex	AnnaOlson	G. Shrinks	Tiger	Jdg Judy	Young & Restless	Those Who Kill "Pilot"	America	AnnaOlson	Noon News Hour (N)	2014 Paralympic Winter	Flamingo		Marilyn Denis	How/Made	Phineas	General Hospital (N) ☺	Bar Rescue	When Vacations Attack
11:30	Judge Alex	Debt/Part	Clifford	Sit-Be Fit	Tree Fu			Paid Prog.	Debt/Part		Squirrel	Premier		How/Made	ANT Farm				
12 PM	King	Noon News Hour (N)	PAW Patrol	Charlie Rosa (N) ☺	Pain Free	News	Bates Motel (N) ☺	The Chew (N) ☺	Noon News Hour (N)	Days of our Lives (N)	Games: Opening Ceremony.	Kid vs. Kat	SportsNation (N) ☺	CTV News (N) ☺	Cold Water Cowboys	Wingin' It	Katie (N) ☺	Bar Rescue	Eat St. ☺
12:30	King		Dinosaurs	Hate Hair?	Bold						From Sochi, Russia.	Sidekick			Wizards				Eat St. ☺
1 PM	Community	Days of our Lives (N)	Rob Robot	Color	Days of our Lives (N)	The Talk (N) ☺	TBA	General Hospital (N) ☺	Days of our Lives (N)	The Talk (N) ☺	From Sochi, Russia.	Rated A	That's Hockey 2 Nite	The Social (N) ☺	Moonshiners: Outlaw	Wizards	CityLine ☺	Cops ☺	Bizarre Foods America
1:30	Community		Dragon	Super Brain With Dr. Rudy Tanzi (N)			First 48					Monster				Good Luck			
2 PM	Seinfeld (N) ☺	The Talk (N) ☺	Ella the EI	Dr. Rudy Tanzi (N)	Katie (N) ☺	Let's Make a Deal (N)	The First 48 (N) ☺	Queen Latifah	The Talk (N) ☺	Queen Latifah	Steven and Chris ☺	Kid vs. Kat	Off Record	Dr. Phil (N) ☺	Moonshiners (N) ☺	Shake It	CityNews at 5 (N) ☺	Cops ☺	Waterparks
2:30	The Middle		Wibbly Pig									Super Evil	Interruption		ANT Farm		Jail ☺		Waterparks
3 PM	The Middle	Queen Latifah	Dive, Oily	Sid	Ellen DeGeneres Show	Dr. Phil (N) ☺	The First 48 (N) ☺	Rachael Ray (N) ☺	Queen Latifah	Young & Restless	Recipes	Sidekick	SportsCentre (N) ☺	Bethenny (N) ☺	How/Made	Jessie ☺	CityNews at 6 (N) ☺	Cops ☺	Disaster
3:30	Mod Fam		Jelly Jamm	Peg							Stefano	Squirrel			How/Made	Austin			Disaster
4 PM	Big Bang	Young & Restless	Maya Bee	Wild Kratts	Jdg Judy	The Dr. Oz Show ☺	The First 48 (N) ☺	The Doctors (N) ☺	Young & Restless	Early News	Dragons' Den (N) ☺	SpongeBob	24 CH ☺	Ellen DeGeneres Show	Daily Planet (N)	Phineas	Mod Fam	Cops ☺	Ward or What?
4:30	Big Bang		Arthur (N)	WordGirl	Jdg Judy					Global Nat.		Kung Fu	World Poker Tour		Good Luck	Mod Fam	Cops ☺		
5 PM	Browns	News (N) ☺	Jack ☺	News	News	News	The First 48 (N) ☺	News	Early News	(4:59) News Hour (N)	News	Parents	World Poker Tour	CTV News at Five (N)	Salvage Hunters (N)	Dog	Last Man	Cops ☺	Murder in Paradise (N) ☺
5:30	Payne		Wild Kratts	Business	NBC News	CBS News		ABC News	Global Nat.		News	SpongeBob			Jessie ☺	Last Man	Cops ☺		
6 PM	Browns	Global Nat.	Park	PBS News-Hour (N) ☺	News	KREM 2 News at 6 (N)	The First 48 (N) ☺	News at 6	(5:59) News Hour (N)	ET Canada	News	Movie: *** "Rio" (2011, Comedy) (N) ☺		CTV News (N) ☺	Dangerous Flights (N)	Liv-Mad.	Enflated (N)	Bellator MMA Live (N) (Live)	The Dead Files (N) ☺
6:30	Payne	News	Take Me	Millionaire				News		Ent	Mercer				Austin	Raising			
7 PM	Mod Fam	Ent	Our Queen (N) ☺	Wash	Jeopardy!	Inside Ed.	Beyond Scared Straight	Ent	Ent	Parenthood (N) (N) ☺	George S	Coronation		etalk (N)	Mayday "Speed Trap"	ANT Farm	Hannibal "Sakizuk" (N)		The Dead Files (N) ☺
7:30	Seinfeld (N) ☺	ET Canada		Moyers	Wheel	Access H.		The Insider	ET Canada					Big Bang		The Next Step (N)			
8 PM	Family Guy	Kitchen Nightmares (N) ☺	The Village (N) ☺	Heartbeat of Home (N) ☺	Dateline NBC (N) ☺	Undercover Boss (N) ☺	(8:01) Those Who Kill	Last Man	Kitchen Nightmares (N) ☺	Kitchen Nightmares (N) ☺	M'ketplace	Assembly		Spun Out	Mayday ☺	(8:39) Movie: "Soccer Mom" (2008)	CityNews-Tonight (N)	Best of Glory	The Dead Files (N) ☺
8:30	Family Guy							Neighbors			Mercer	Assembly		Kirstie ☺					
9 PM	Amer. Dad	Hawaii Five-0 (N) ☺	(9:05) Lewis "Dark Matter" (N) ☺		Grimm (N) ☺ (DVS)	Hawaii Five-0 (N) ☺	(9:01) The First 48 (N) ☺	Shark Tank (N) (N) ☺	Hawaii Five-0 (N) ☺	Hawaii Five-0 (N) ☺	the fifth estate (N) ☺	Japanzi	Sports	Grimm (N) ☺ (DVS)	Dangerous Flights		Jimmy Kimmel Live (N) ☺	(9:15) Cops	The Dead Files (N) ☺
9:30	Movie: * 1/2 "The Love Guru"																		
10 PM		Parenthood (N) (N) ☺	A Ripple of Hope (N) ☺	(10:01) Hannibal (N) (N) ☺	Blue Bloods (N) (N) ☺	(10:01) The First 48 (N) ☺	(10:01) The First 48 (N) ☺	(10:01) 20/20 (N) ☺	Parenthood (N) (N) ☺	News Hour Final (N)	The National (N) ☺	Babysitting	SportsCentre (N) ☺	Blue Bloods (N) (N) ☺	Salvage Hunters (N) ☺	(10:10) Movie: *** "Cow Belles"	Reviews on	Ways Die	The Dead Files (N) ☺
10:30												Spiatalot							
11 PM	"D.O.A.: Dead or Alive"	CHBC News Final (N)	Architects	Charlie Rose (N) ☺	News	News	Beyond Scared Straight	KXLY 4	News Hour Final (N)	ET Canada	CBC News	Mr. Young	SportsCentre ☺	News-Lisa	Mayday "Speed Trap"	Life Derek	Paid Prog.	Ways Die	The Dead Files (N) ☺
11:30			Our Part	J. Fallon	Letterman			J. Kimmel		The Test	Games	Boys							



Tulameen Community Club reports it has been an awesome season for the recently covered outdoor ice rink in that community. Public skating is still available at no cost as the ice has lasted far later this year than in previous ones. The former 'record' for ice in the Tulameen arena was Valentine's Day. Photo: Mark Jones

Monday Movies

AFTERNOON

12:00 pm YTV ch.18 "The SpongeBob SquarePants Movie" (2004, Comedy) Voices of Tom Kenny. Animated. SpongeBob and Patrick head for Shell City to retrieve King Neptune's stolen crown and save the life of Mr. Krabs. (In Stereo) (CC)

"Kill" (2008, Crime Drama) Robert De Niro. Two veteran detectives hunt a vigilante whose crimes resemble those of a killer they put behind bars long ago.

EVENING

9:30 pm WTBS ch.3 "Lara Croft: Tomb Raider" (2001, Adventure) Angelina Jolie. A beautiful globe-trotter battles otherworldly creatures for possession of a powerful artifact.

11:30 pm WTBS ch.3 "Righteous

Princeton Area Ghost Towns - The DVD



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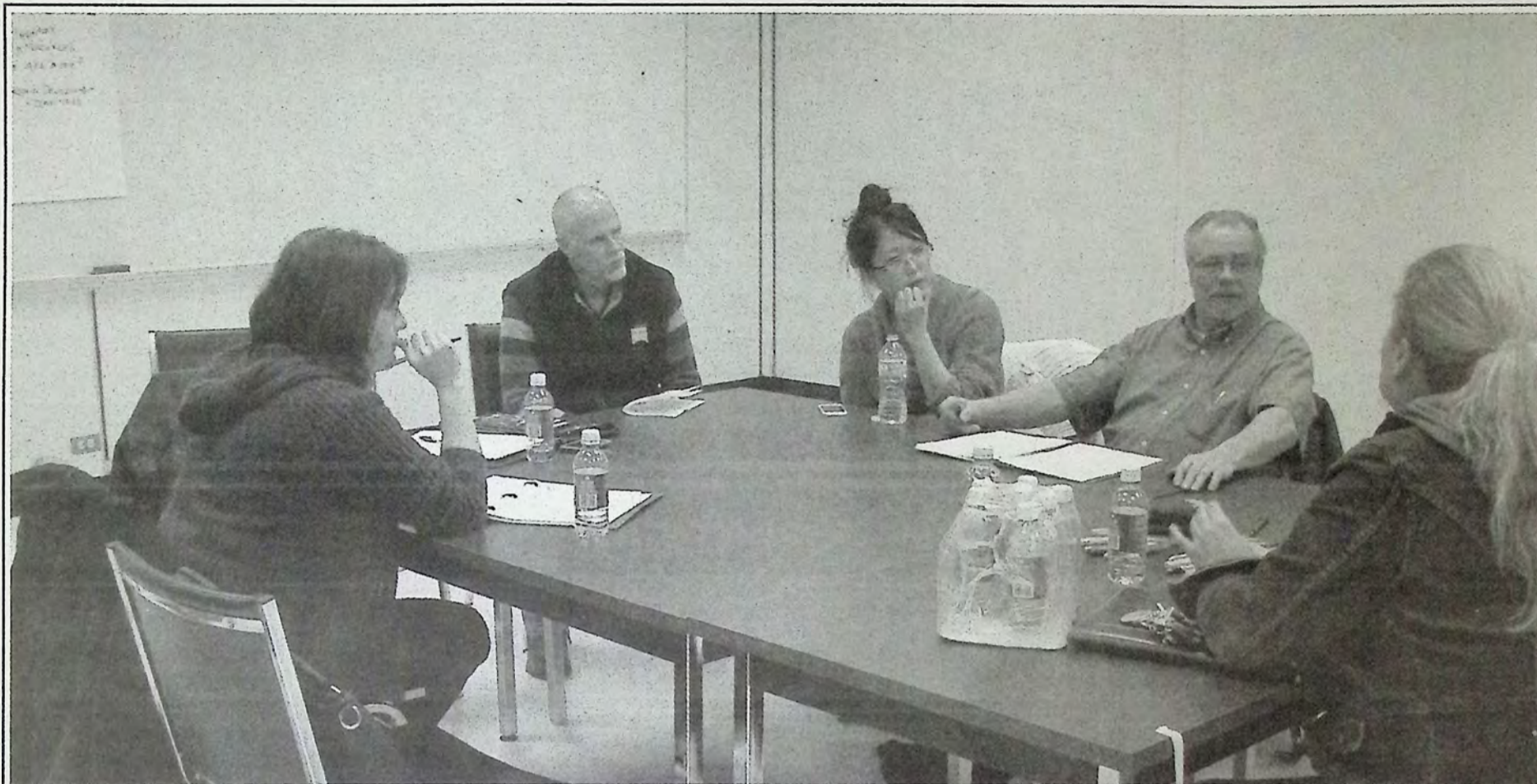
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Explore The History Of Mining - Gold, Copper and Coal

MONDAY, MARCH 10, 2014

	WTBS ch.3	CHBC ch.4	KNOW ch.5	KSPS ch.6	KHQ ch.7	KREM ch.8	A&E ch.9	KXLY ch.10	BCTV ch.11	CITY ch.12	CBC ch.13	YTV ch.18	TSN ch.19	VTV ch.22	DISC ch.24	FAM ch.26	CITY ch.29	SPIKE ch.44	DTOUR ch.45
6 AM	In the Heat of the Night	Morning News (N) [D]	Wibbly Pig	Clifford	KHQ News 6AM (N)	KREM 2 Morning News	Criminal Minds (N) [D]	Morning Northwest	Morning News (N) [D]	(5:00) Morning News (N)	CBC News Now (N) [D]	Kid vs. Kat Rescue	SportsCentre [D]	CTV Morning Live (N) [D]	Dangerous Filings	Stella-Sam Phineas	CityLine (N) [D]	Bar Rescue (N)	East St. [D]
7 AM	Law & Order: SVU		Ella the EI	Arthur	Today (N) [D]	CBS This Morning (N) [D]	Criminal Minds (N) [D]	Good Morning America (N) [D]			Tiger Arthur [D]	Super Evil Sidekick	SportsCentre [D]		Cash Cab	Gravity	Let's Make a Deal [D]	Bar Rescue (N)	Disaster
8 AM	Law & Order: SVU		PAW Patrol	Curious			Those Who Kill "Pilot"		Morning Huntley		Bo On/Go	Pokémon	SportsCentre [D]		Dangerous Filings	Wizards	The Price Is Right (N)	Bar Rescue (N)	Are You Fitter
9 AM	Millionaire	Morning Huntley	Dinosaurs	(9:11) Peg Plus Cat [D]		The 700 Club (N) [D]	Bates Motel (N) [D]	Live! Kelly and Michael	Morning Huntley	The Doctors (N) [D]	Super Why! Napkin	SpongeBob	SportsCentre [D]	Live! Kelly and Michael	Salvage Hunters	Shake It	Jdg Judy	Contractor	Lost-Sold
10 AM	Divorce	The Doctors (N) [D]	Ella the EI	Dinosaur		The Price Is Right (N)	Criminal Minds (N) [D]	The View (N) [D]	The Doctors (N) [D]	AnnaOlson	Bookaboo	SpongeBob	Motoring	The View (N) [D]	Auction	ANT Farm	The Chew (N) [D]	Bar Rescue (N)	Roadside Adventures
11 AM	Judge Alex	AnnaOlson	G. Shrinks	Sesame Street	Jdg Judy	Young & Restless	Criminal Minds (N) [D]	America	AnnaOlson	Noon News Hour (N)	Our Vancouver [D]	SpongeBob	World Poker Tour	Marilyn Denis	Airplane Repo	Jessie [D]	General Hospital (N) [D]	Bar Rescue (N)	Ext. Super-structures
12 PM	King	Noon News Hour (N)	PAW Patrol	Charlie Rose (N) [D]	AntiAging	News	The First 48 (N) [D]	The Chew (N) [D]	Noon News Hour (N)	Days of our Lives (N)	CBC News Now (N) [D]	"SpongeBob SquarePants"	SportsNation (N) [D]	CTV News (N) [D]	Dude, You're Screwed	Austin	Katie (N) [D]	Bar Rescue "Chumps"	East St. [D]
1 PM	Community	Days of our Lives (N)	Rob Robot	Paint This	Days of our Lives (N)	The Talk (N) [D]	The First 48 (N) [D]	General Hospital (N) [D]	Days of our Lives (N)	The Talk (N) [D]	Republic of Doyle (N)	SpongeBob	Hockey	The Social (N) [D]	Deadliest Catch [D]	Lab Rats	CityLine [D]	Bar Rescue (N)	Bizarro Foods America
2 PM	Seinfeld	The Talk (N) [D]	Ella the EI	Thomas	Katie (N) [D]	Let's Make a Deal [D]	The First 48 (N) [D]	Queen Latifah	The Talk (N) [D]	Queen Latifah	Steven and Chris (N) [D]	SpongeBob	Off Road	Dr. Phil (N) [D]	How/Made	Good Luck	CityNews at 5 (N) [D]	Bar Rescue (N)	Waterparks Best
3 PM	The Middle	Queen Latifah	Dive, Oily	Sid	Ellen DeGeneres Show	Dr. Phil (N) [D]	Duck Dynasty (N) [D]	Rachael Ray (N) [D]	Queen Latifah	Young & Restless	Recipes Stefano	SpongeBob	SportsCentre (N) [D]	Bethenny (N) [D]	How/Made	Liv-Mad.	CityNews at 6 (N) [D]	Bar Rescue (N)	Disaster
4 PM	Big Bang	Young & Restless	Maya Bee	Wild Kratts	Jdg Judy	The Dr. Oz Show [D]	Duck D.	The Doctors (N) [D]	Young & Restless	Early News Global Nat.	Paralympics	SpongeBob	Hockey	Ellen DeGeneres Show	Daily Planet (N)	A.N.T. Farm (N) [D]	Mod Fam	Bar Rescue (N)	Lost-Sold
5 PM	Browns	News (N) [D]	Jack [D]	News	News	News	Duck D.	News	Early News	(4:59) News Hour (N)	CBC News	SpongeBob	Hockey: Nashville Predators at Ottawa Senators. [D]	CTV News at Five (N)	How/Made	Good Luck	How I Met	Bar Rescue (N)	Security
6 PM	Browns	Global Nat.	Animals	PBS News-Hour (N) [D]	News	KREM 2 News at 6 (N)	Bates Motel (N) [D]	News at 6	(5:59) News Hour (N)	ET Canada	CBC News	Sam & Cat		CTV News (N) [D]	Myth-Busters (N) [D]	Good Luck	Mike	Bar Rescue (N)	Bggg Bttls
7 PM	Mod Fam	Ent	Hope for Wildlife [D]	Suze Orman's Financial	Jeopardy!	Inside Ed.	Those Who Kill (N) [D]	Ent	Ent	Elementary (N) [D]	George S	Thunder	SportsCentre (N) (Live) [D]	etalk (N)	Bering Sea Gold (N)	Good Luck	Shameless (N) [D]	Contractor	Airport
8 PM	Family Guy	Bones (N) [DVS]	Tudor Monastery Farm	Solutions For You [D]	The Voice Vocalists take part in blind auditions.	How I Met	(8:01) Those Who Kill	The Bachelor (Season Finale) (N) [D]	Bones (N) [DVS]	Bones (N) [DVS]	Murdoch Mysteries (N)	Babysitting	That's Hockey 2 Nite	MasterChef Canada (N)	How/Made	I Didn't	CityNews-Tonight (N)	Bar Rescue (N)	Security
9 PM	Amer. Dad	Remedy [DVS]	(9:05) The World of Nat King Cole (N) [D]	Classical Rewind Classical masterpieces. (N) [D]		Mike	Duck D.		Remedy [DVS]	Remedy [DVS]	Mr. D (N)	Gags	The Following (N)	Myth-Busters (N) [D]	Wingin' It	Jimmy Kimmel Live (N)	Bar Rescue (N)	Bggg Bttls	
10 PM	Movie: ** "Lara Croft: Tomb Raider" (2001)	Elementary (N) [D]			(10:01) Believe "Pilot"	Intelligence (N) [D]	(10:01) Bates Motel (N)	(10:01) The Bachelor (N)	Elementary (N) [D]	News Hour Final (N)	The National (N) [D]	Babysitting Splatat	SportsCentre (N) [D]	Intelligence (N) [D]	Bering Sea Gold [D]	Good Luck	EP Daily	Bar Rescue (N)	Airport
11 PM	"Right Kill"	CHBC News Final (N)	Hope for Wildlife [D]	Charlie Rose (N) [D]	News	News	(11:01) Those Who Kill	KXLY 4	News Hour Final (N)	ET Canada	CBC News	Mr. Young	SportsCentre [D]	News-Lisa	How/Made	Wizards	Paid Prog.	Bar Rescue (N)	Lost-Sold



A handful of subcommittees were born from meetings of local business owners/operators. They started meeting individually last week. *

Saving Downtown Princeton...

...An Ongoing Series by George Elliott

What has suddenly become a regular weekly meeting of local business owners and operators saw a serious shift in gears Wednesday, February 26th at Riverside Centre.

Again, the number sitting around the table was fewer than has been the norm, but all in attendance are obviously ready to get down to work.

I'll be honest with you, I've been waiting for everyone to dive in from the start, but it's taken three weeks of exercises and 'getting to know you' sessions to get this far. While that may not sound very complimentary, I will qualify that statement by adding a lot of ground has been covered and after the sub-committees were 'built' the previous week I could see where things were going to get a bit more focused and add to our workloads.

Two sub-committees met last week. I chose to sit on the 'Resource Utilization/Capacity

Building' group. It was my second choice. My first choice was 'Industrial Park' and as it turns out, each of us sits on two different sub-committees.

The tasks given to each sub-committee in their first meeting included selecting a chair, or spokesperson, and a recorder, or secretary. Once those tasks were complete the sub-committees were left to decide where they would meet and how often with all sub-committees coming together for a group meeting once a month.

My 'Resource Utilization/Capacity Building' sub-committee had three people in it who actually signed up to be a part of it and actually showed up for last Wednesday's meeting. We had two representatives from the Town of Princeton join us as observers.

I have slowly watched the line blur on my role in this whole thing over the past few weeks of meet-

ings where the media was originally invited to attend to report on the activities. That morphed into the media getting pulled into the committee structure as participants.

I've been wrestling with that from the start. I made it clear to my sub-committee at the very beginning I was not going to chair the group nor was I going to be the meeting recorder. I have no real problem with participating in the process, as I do own a small business in downtown Princeton that is directly affected by the decaying downtown core. It is for that reason, and that reason alone that I speak up during the meetings and offer my (sometimes more than) two cents.

With that out of the way the chair for our sub-committee was chosen, with a tip of the hat to Corry Oerlemans for stepping up to do that. Audrey Blanchette is the recorder and we launched into a focused discussion on what we

needed to do with our group.

The overall plan, for our specific sub-committee, is to compile a complete inventory of resources in Princeton. To some that may sound easy, to others, it may seem close to impossible. It depends on what you classify as a resource.

Personally, I added Highway 3, the Similkameen River, low taxes and close proximity to larger centres as just four things I consider resources. I am pretty sure our list will be lengthy and before the next meeting we will have to break the list into groups and come to consensus on what our top two or three items are. Once we do that, our focus will shift to working on finding ways to have those 'chosen resources' better utilized.

The other sub-committee that met last week was the one dealing with the 'Regulations' issues. That covers everything from zoning, parking and signage to permits and

issues related to noise and other bylaws that see enforcement. That group came back at the end of the evening with a structure and a plan, which revolves around education.

That is to say, some people don't know there's guidelines related to signage and the first step to compliance is education. I seem to recall there was talk about an information package being put together to aid with the educating part that would be made available to new businesses and others.

That may not sound like a lot of anything, but when you consider about an hour and a bit is actually how long the weekly Wednesday night meetings last, then in actual fact there is a lot of progress being made.

Will it save downtown Princeton?

I am still having difficulty seeing exactly how that is going to happen, but if I remind myself the Continued on Page 21

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School District No. 58 (Nicola-Similkameen) is accepting applications for Relief Noon Hour Supervisors (1 hour per school day). Previous experience dealing with students would be an asset.

Application forms are available at the School Board Office, 1550 Chapman Street, Merritt, BC, or on-line at www.sd58.bc.ca, click on Jobs, Support Positions, and Current Job Opportunities (Job Code #133684).

Applications, including a detailed resume with a minimum of three references, will be accepted until March 7, 2014.

Please forward to:

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Notices

Vermilion Trails AGM March 11, 7:00 PM in the Chamber building basement. Mar 11

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Spaghetti & Meatball Dinner
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Princeton Legion Hall.
Tickets \$10 at the Legion.

Help Wanted

Princeton & District Community Services is in urgent need of qualified home support workers. Prospective home support workers must be registered with the BC Care/Aide Community Health Worker Registry. Successful applicants must have access to a vehicle, a clear criminal record check, a TB skin test and an aptitude for working with seniors. Application forms are available at 47 Harold Avenue (Princeton) and resumes may be mailed to Box 1960, Princeton, BC VOX 1W0 or e-mailed to: mail@pdcss.com. Feb 11-Apr 01

Princeton Museum Membership Drive is on! Clip out this form and submit it with your payment to Princeton Museum at the address noted!

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Exercise Class 10:15 AM
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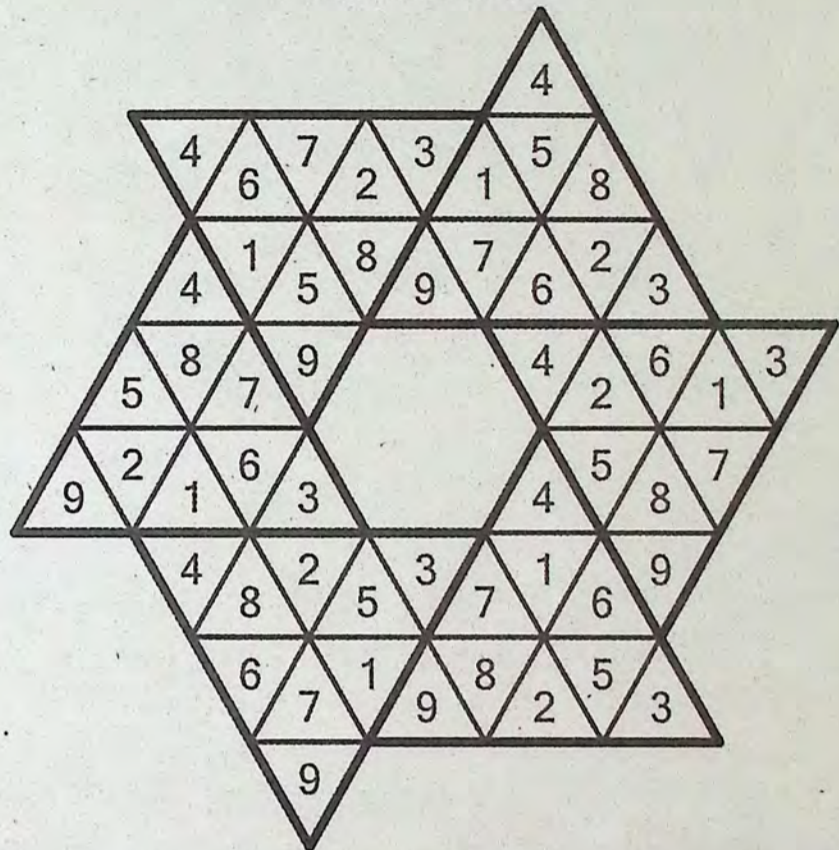
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What Was Considered News 100 Years Ago

Princeton Museum Archives

The chef's tried friend : Princeton coal.

SIMILKAMEEN



Post Nubila Phoebus : Clouds roll by, lol the sun of prosperity

15th Year No. 10

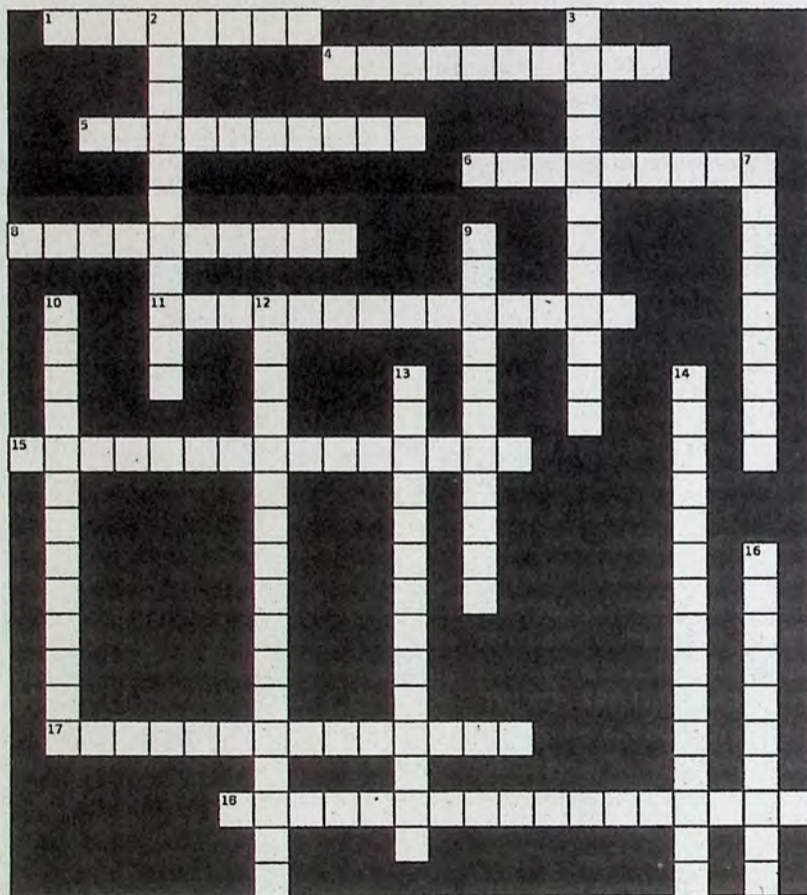
PRINCETON, B.C., FRIDAY, MARCH 6, 1914.

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Similkameen News Leader Puzzler

Use the February 25 News Leader to find Answers Below...



- | | |
|---|--|
| <p>Across</p> <p>1 He's the local CrimeStoppers Director.</p> <p>4 Who does Town Council remember?</p> <p>5 This local girl cooks up a storm!</p> <p>6 He's the retiring Princeton Posse Assistant Coach.</p> <p>8 This skater is highlighted on Page 17.</p> <p>11 Name the Posse's Fan Favourite.</p> <p>15 There's a Membership Form in the paper for here.</p> <p>17 Name the Posse's Most Sportsmanlike Player.</p> <p>18 What are we trying to save?</p> | <p>Down</p> <p>2 Identify the January Student of the Month.</p> <p>3 Headline: "Council says no _____"</p> <p>7 This Posse player is now the proud owner of three franchise records.</p> <p>9 It's not your regular sudoku.</p> <p>10 She was a guest reader at Bedtime and Books.</p> <p>12 Name the Posse's Most Improved Player.</p> <p>13 Name the Posse's Unsung Hero.</p> <p>14 Name the team that beat Princeton Posse February 15th.</p> <p>16 Name the Posse's Hardest Working Player.</p> |
|---|--|

Similkameen **News Leader** PUZZLER #164
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MINING OUTLOOK IS VERY BRIGHT FOR THIS DISTRICT

MINES AND MINING

Copper mountain has acquired a new interest now that it is definitely known that the financial resources of the B. C. Copper Co. are on a plane that will make this camp a permanent producing one. With 4,000,000-tons of copper-gold ore blocked out and in reserve the future is most bright for active mining. Railway transportation must now follow quickly to keep pace with the requirements of the mining company. A concentrator for treatment of the ores is planned for erection as soon as possible and with it a large power plant will be installed furnishing light and motion for machinery and underground work. The power may be generated from the waste or slack coal obtained from shipping mines. It is possible that the power plant may be located at Princeton the coal here being rich in gas, this motive power to be used in engines of the latest economic design.

Saving Downtown

...an ongoing series

..... continued from Page 18 focus of the sub-committees is the goal of "Bringing Princeton's population to 5,000" then I see where an inventory of resources may assist in identifying something that may be the piece of the puzzle that sets everything else in motion.

Believe me, it's becoming clear to me that everything being discussed at the sub-committee level fits together with something else in order to be successful.

What's taking time is discovering what those pieces are.

..... continued Next Week

OUTBACK JACKS

NEW DATES!
May 3 & 4

HORSE RESCUE

NEW DATES!
May 3 & 4

5th ANNUAL YEAR-END FLEA MARKET

Now is the time to start planning for the 5th Annual Year-End Flea Market hosted by Outbackjacks Horse Rescue at the ranch on Highway 3. This year's event will take place NEW DATE! Saturday, May 3 and Sunday, May 4 from 10:00 AM to 5:00 PM both days. Book your spot at \$20 for the weekend and you can camp at the rescue ranch as well. Two action packed days. Over 100 tables. All day entertainment and live music, food vendors and more. Admission is FREE. Unwanted item donations welcome. Volunteers needed! Contact Gena to book your space at 250-295-0775.

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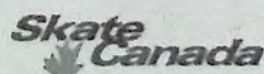
SUNDAY
MARCH 9TH

1:00 PM

PRINCETON ARENA

ADMISSION

\$5/ PERSON
\$20/ FAMILY



...Your Turn

Letters And E-Mails Received This Week

Dear Editor,

Right now, there's a legal attack before the courts that could turn Canada's Medicare system into a US-style system.

The attack is driven by Dr. Brian Day, owner of a Vancouver for-profit surgical clinic, Cambie Surgery Centre, known for unlawfully billing patients and the taxpayer-funded Medical Services Plan.

If Dr. Day wins this case, we'll lose the public health care system that we all rely on. Expensive private insurance will become the new norm, like in the United States where it costs the

average family \$16,000 a year. Most bankruptcies in the US are due to medical bills - we don't want to see a system in Canada where we risk losing our homes or go deep in debt when we get sick or injured.

We have to make sure Dr. Day is defeated. Poll after poll show that Canadians favour investment and innovation in public health care to improve the system for everyone, not the expansion of for-profit health care that benefits only a very wealthy elite.

Are there problems that need to be addressed in our public health care

system?

Absolutely, and there are also a host of public innovations and efficiencies that can be implemented across the system to decrease wait times where needed and further improve quality of care. Let's focus on strengthening our treasured system, rather than replacing it with a US-style system that would ultimately lead to poorer, more expensive care for all of us. Go to www.savemedicare.ca for more information.

- Rick Turner, Co-Chair
BC Health Coalition, Kamloops Health Coalition

Flip of the Coyne

Spencer Coyne

..... continued from Page 3 is going to save our community. It is going to be those people who have said "enough inaction" who are going to make things happen.

I hear a lot of complaining, and

let's face it, complaining is easy and it makes you feel better. What makes you feel even better is to get involved. There are a lot of things in the works to bring our economy back from the brink. There is a lot

of discussion happening. If you are a business and are not part of the Chamber of Commerce, join! Once you are a member, go to meetings, get involved. If there isn't something happening, take the bull by the horns and help make it happen. There was talk of recreation opportunities that we once had that are no longer available. Start it up. It was our parents who ran our soccer, baseball and other programs.

If you see an area that needs help and you have the skills to help, put your name forward. Princeton needs you!

I have said it before and I will say it again: this road to recovery is not going to be an overnight thing and there is no silver bullet that will fix nearly 30 years of decline, but we can do it. We as a community can turn things around. We can't look to someone else to solve our problems. It is time to take the bull by the horns and take responsibility for our own futures and move Princeton forward.

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Princeton Posse 'vets' and coaching staff get together for a final photo following the last Posse game of the season. From left, Eric Schmidt, Associate Coach Mark McNaughton, Eric Kubis, Head Coach/General Manager Bill Rotheisler, Andrew Stack, Assistant Coach Dave Clare and Mason Chew. Photo: Bob Marsh marshphotography.ca

..... continued from Page 9
Kubis and Kurtis Klinger).

Grand Forks replied with a goal at 12:16 (Tucker Brown from Mitchell Dolman) and tied the game at 16:11 (Jackson Purvis from Michael Rand).

Princeton took back the lead with 32.5-seconds left in the frame (Eric Kubis from Kurtis Klinger and Eric Schmidt).

The second period saw the Posse take complete control of the game scoring their fourth goal only 15-seconds into the frame (Devan Suidy from Brandon Schaber) and allowing Grand Forks a single goal at 4:46, an unassisted short-handed marker scored by Michael Rand.

Princeton hammered their way back on the scoreboard with a goal at 15:54 (Devan Suidy from Eden Dubchak and Paul Ramsey) and added their sixth goal of the night with just 24.1-seconds left (Brandon Schaber from Trevor

Pereverzoff and Andrew Stack).

After two periods Princeton led the Border Bruins 6-3 and had barely out shot them 24-23 after 40-minutes of play.

The third period saw Grand Forks battle back to snag a fast power play goal 49-seconds into the period (Connor Gross from Max Newton and Cam McLennan) but the comeback was short-lived as the Posse hit overdrive with the record setting goal of Eric Kubis at 6:53. Assists went to Andrew Stack and Devan Suidy with the goal marking the third franchise record held by Kubis in his three seasons with the team.

The Posse power play unit then grabbed attention with two goals (11:45 - Eric Schmidt from Paul Ramsey and Andrew Stack and at 12:46 - Andrew Stack from Eric Schmidt and Mason Chew). The second goal was a painful one to watch. Border Bruin goalie Kai

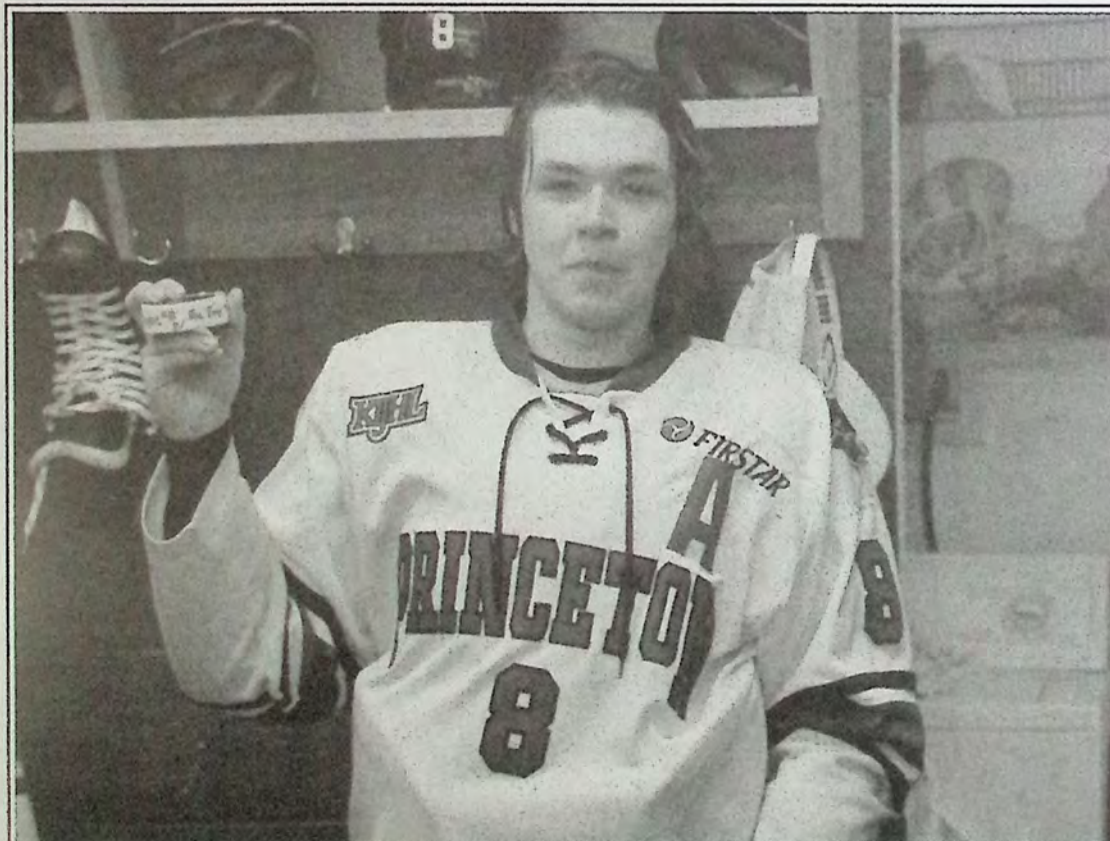
McDonald dropped to his knees to block the shot and the puck found a sliver of space between his legs and slid in super slo-mo outside his legs and across the goal line.

Princeton hit double digits with their tenth goal with 25.9-seconds left in the game (Eric Schmidt from Kendal Biro and Andrew Stack).

Grand Forks came back with another goal with 10.6-seconds to play (Jackson Purvis from Connor Gross and Kyle Dolly) and time soon expired.

Final score: Princeton 10, Grand Forks 5. Shots on Goal: Grand Forks 34, Princeton 33. Penalties in Minutes: Princeton 9 for 45-minutes, Grand Forks 5 for 21-minutes.

Eric Kubis finishes his Princeton Posse career with impressive stats. He played a total of 145 regular season games and holds the Posse franchise records for career goals (60), career assists (95) and career points (155).



Princeton Posse's Eric Kubis proudly displays the puck that gave him his third franchise record. Photo: Bob Marsh

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This Compact Ranch design is packed with quality of life features, from 2 Bathrooms and 3 Bedrooms to the big, flat back yard. The huge carport easily keeps two vehicles and everything else dry and secure in the winter and cool and clean in the summer. This open-concept house, allows you to "change it up" with placement of the furniture. Good quality custom blinds, vinyl siding, newer hot water tank tucked under the oasis of a metal roof. **MLS#147397**

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2227 Princeton/S'land Road \$109,000



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A gorgeous lake FRONT property awaits you and your new cabin or full time home! This property is almost 1 acre, has a drilled well, and electricity to the lot line. Chain Lake is home to some of the best trout fishing in BC. Plus should that not be enough, there are numerous other lakes and trails nearby for recreation fun. PLUS, Princeton is only about 3 hours from Vancouver, so don't spend all your time driving. Spend your time with your family and friends having fun! **MLS#141973**

44 Kenley Avenue \$258,000



Looking for a home? Looking for an investment? You've found both! This home is on a nice corner lot located downtown close to everything. The main floor has 2 bedrooms plus den, the basement has the 1 bedroom mortgage helper. Both suites are currently rented and bringing in nice monthly income. Contact the listing representatives for more information. **MLS#143231**

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