

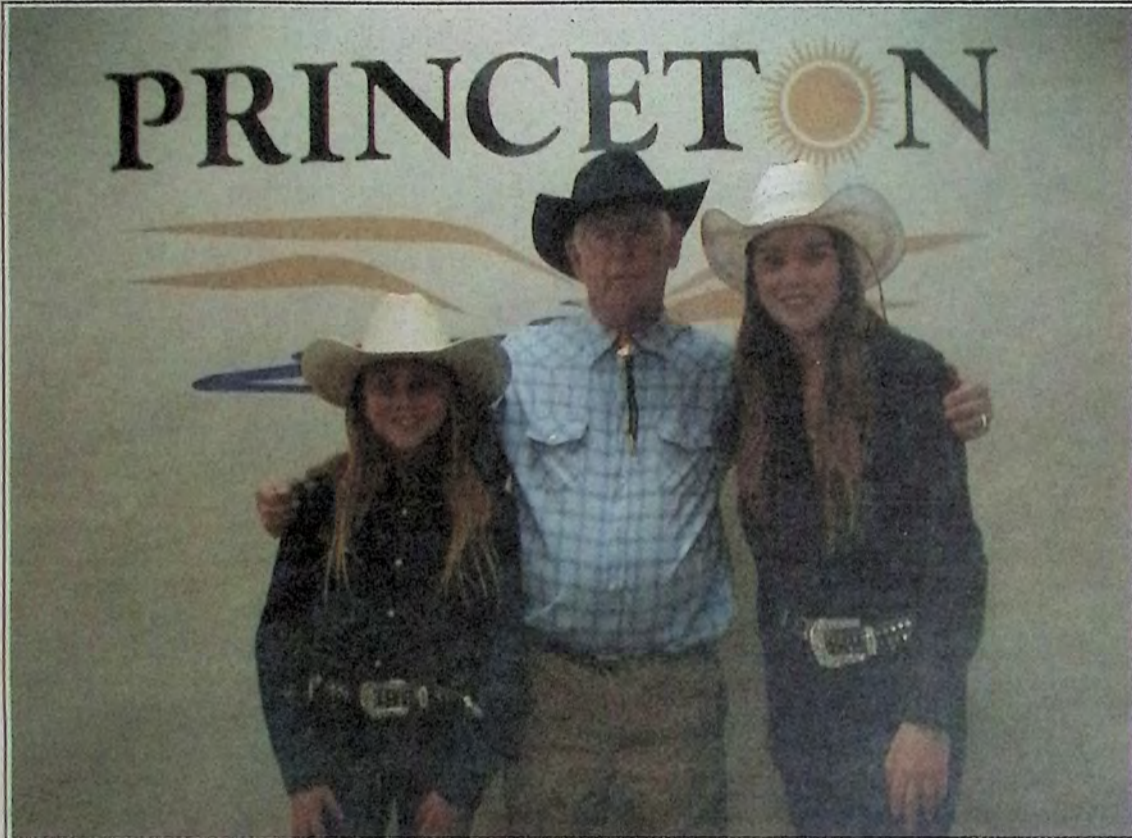
# Similkameen News Leader

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Tuesday, May 6, 2014

Canada WE ACKNOWLEDGE THE FINANCIAL SUPPORT OF THE GOVERNMENT OF CANADA THROUGH THE CANADA PERIODICAL FUND OF THE DEPARTMENT OF CANADIAN HERITAGE.



Town Council proclaims this as Rodeo Week and encourages everyone to wear their western gear. From left, Princeton Rodeo Princess Willow Littlejohn, Mayor Frank Armitage and Rodeo Queen Kaci Van Horlick. Photo: Dawn Johnson

## Ride a bull this weekend

If you ever wanted to try your luck at bull riding, go to the rodeo in Princeton this weekend.

Princeton Rodeo features a mechanical bull geared to entertain all ages. It is professionally operated and will be on site from 12 Noon on Saturday until the rodeo starts, and will be available again after the rodeo.

For kids, there is stick horse racing during the breaks. For the ladies, there is the Best Butt in Blue Jeans Contest. Ladies can nominate a contestant.

Look for a table in the refreshment area to record nominees. Judges are still needed for this event. Call 250-295-6063 and leave your name if you want to judge the Best Butt.

## CMMC releases 2014 Q1 results

Copper Mountain Mining Corporation (TSX: CUM) (the "Company" or "Copper Mountain") announced last week sales of 19.8 million pounds of copper, 6,500 ounces of gold and 98,600 ounces of silver to produce revenues of \$61.2 million after pricing adjustments and treatment charges, which is net of a \$9.8 million negative pricing adjustment for the three months ended March 31st,

2014.

Jim O'Rourke, President and CEO of Copper Mountain, remarked "This quarter marks our 6th consecutive quarter of improved production. This continued improvement is a result of the mines focus on integrating the three temporary portable crushers into the circuit to pre-crush a portion of the SAG mill feed. These temporary solutions have been successful in increasing

throughput and will remain in place until the permanent secondary crusher is installed this summer. The 2014 first quarter production results are in line with our annual production guidance of 80 -90 million pounds of copper, despite some unscheduled downtime in March. The operational highlights for this first quarter include better than expected grade, improved mill availability and steady progress in mill throughput. These combined factors contributed to record production during the quarter".

O'Rourke continued, "Overall, construction of the secondary crusher is progressing on budget and on schedule for a mid-summer 2014 start-up. Structural steel is being erected and foundations for the new conveyor systems are in progress."

During the period, the company completed a total of three shipments of concentrate containing approximately 19.7 million pounds of copper to Japan for smelting and recorded revenues, net of smelter charges and pricing adjustments, of \$61.2 million, realizing a gross profit of \$1.1 million. The total cash cost of copper sold for the three

months ended March 31, 2014 was US\$2.08 per pound of copper after gold and silver by-product credits.

The Copper Mountain Mine achieved record first quarter copper production. Total production for the three months ended March 31st, 2014 at Copper Mountain Mine was 19.1 million pounds of copper, 5,400 ounces of gold and 105,300 ounces of silver. This represents a 35% growth in copper production from the same period last year.

SAG Mill throughput was improved during the quarter as a result of adding the third portable crusher late last year. Copper production during the quarter was in line with guidance, despite some unscheduled down time in March resulting from a ball mill transformer failure.

Mill crews completed repairs in a timely manner and identified the root cause of the transformer failure. A permanent solution has been identified and will be implemented across all six mill transformers over the next four months. During the quarter the mill averaged 91% availability.

A permanent secondary crusher is

being installed at the site at a capital cost of \$40 million. Progress is on budget and on schedule for a mid-summer start-up. This crusher will replace the three temporary high cost portable crushers and will provide 100% minus 2 inch feed to the SAG mill. Currently the mill is operating at the planned capacity of 32,000 tpd with about 35% of the mill feed being crushed to the 2 inch size range.

Mining activities continued to shift more towards Pit 3 during the quarter and mining in the Pit 2 area shifted more towards the southwest end of the Pit. During the quarter a total of 13.6 million tonnes of material was mined, including 4.1 million tonnes of ore and 9.5 million tonnes of waste. The mine moved an average of approximately 160,000 tonnes of material per day.

..... continued on Page 3

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### PRINCETON POSSE EXECUTIVE SUMMARY



FULL DETAILS ON PAGE 22

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Mrs. Low's kindergarten class went to Mr. O'Malley's at PSS to make pizzas and cookies as part of the JA Kitchen Kids project recently. Enjoying the event are, from left, Trisha I, Brie Lindley, Halli Brewer, Sylvie Thomas. Photo: Shirley Low

# Alex Atamanenko, MP

## The Unfair Elections Act - Part 1

**The Unfair Elections Act:**  
*A Page from the Republican Dirty Tricks Book - Part I*

In a recent speech at the National Action Network convention in New York City, U.S. President Barack Obama addressed the issue of voter suppression and voter ID laws.

President Obama echoed Canadian election experts who point out that voting fraud is almost non-existent and there is simply no justification for introducing new, highly restrictive voter ID laws – as Republicans have done in the States and Pierre Poilievre and the Conservatives are doing right now in Canada.

“So let’s be clear. The real voter fraud is people who try to deny our rights by making bogus arguments about voter fraud.” - President Barack Obama, April 11, 2014

Sadly, the Unfair Elections Act is doing exactly what President Obama is warning about.

Conservatives persist in making bogus arguments about voter fraud, despite the fact almost all the irregularities investigated by Elections Canada are administrative errors. As a result, they are ramming through an unfair bill that could disenfranchise hundreds of thousands of Canadians.

Canadians deserve a government that encourages people to vote, not the opposite.

To put it bluntly, Bill C-23 is a threat to our democracy, the latest in a series of attacks on what I would call “our Canadian way of Life”. We must not let the Conservatives get away with this unprecedented attack on our democratic process.

Our Prime Minister would have Canadians believe Elections Canada

is being strengthened, when in fact, the opposite is true. The Unfair Elections Act is a thinly-veiled pursuit of a vendetta against the Chief Electoral Officer. Look no further than Bill C-23's removal of the right of the Chief Electoral Officer to engage in democracy promotion and general public education which targets the more marginalized groups whose members are less likely to vote. Look also at how in C-23 the Chief Electoral Officer is put on the list of those expressly covered by the Conflict of Interest Act, when no other officer of Parliament is so singled out.

My colleague, Craig Scott, our Democratic Reform critic has identified at least 20 serious problems with C-23. To assist us in understanding what is happening he has grouped the problems into three themes:

**1. Voter Suppression**

The Unfair Elections Act removes two methods of voting that have proven effective in enfranchising voters who do not have standard I.D. documents, have no fixed address, or otherwise cannot meet the identity-proving requirements in the current Canada Elections Act. The long-standing Canadian practice of vouching allowed 120,000 people to vote in 2011. Elections Canada also expanded the use of its Voter Identification Cards (VICs) in three contexts in 2011 – youth attending university, seniors in residence, and Aboriginal people living on reserves. The exercise showed just how much potential there is for the use of VICs with a second piece of I.D. in allowing more people to vote.

The Conservatives have concocted claims that vouching and VICs are

the source of widespread fraud by citizens – with NO evidence to back up this claim – and then use this as the ‘rationale’ to prohibit these forms of identifying voters. This method comes straight from the voter-suppression playbook of the US Republican Party.

The Unfair Elections Act also prohibits the Chief Electoral Officer from engaging in general public education and democratic outreach to groups less likely to vote. According to C-23, The Elections Canada civics-outreach Student Vote Program (SVP) will now be illegal for the Chief Electoral Officer to run. During the 2011 general election, over 500,000 students across Canada cast mock ballots through SVP in an effort designed to encourage them to vote when they turn 18.

Well over a year ago, MPs were briefed by the Chief Electoral Officer that, in the 2015 election, Elections Canada would continue to expand its efforts to enhance voter turn-out by placing polling stations on over 20 university and college campuses across Canada, as well as in, or near, urban Aboriginal Friendship Centres or similar facilities. According to Craig Scott who was present during this briefing, the Conservative MPs were not pleased with this news.

Based on this initial reaction, I would say that the voter suppression provision of C-23 should come as no surprise.

In Part II of this column I will look at the other two themes: “Pretending to Fight Electoral Fraud” and “Worsening the Distorting Impact of Money Politics on Our Democracy”.

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PSS Student of the Month for April is Hillary Riel. The Grade 12 student was nominated for her cheerful attitude. The Student of the Month program is sponsored by Princeton Secondary School PAC. \*

## Flip Of The Coyne

by Spencer Coyne

There is a dark side to the internet. The anonymity provided by hiding behind a keyboard without a face allows people to say things that they would not normally say in public. We see this everywhere there is public comment allowed. We see it on Facebook, news websites, forums, You Tube, blog comment sections, anywhere comments are allowed. We see people attack their neighbours in ruthless disregard of people's feelings. There are some people who are referred to as trolls. These people just float around from forum to forum, board to board looking to start fights. These people used to be just teenagers who had more time on their hands than they should, but today it is adults. Maybe they are those teenagers from the 90's who really perfected that art of trolling.

One thing that has really gotten me worked up are the racist comments on news stories on major news media outlets websites and social media posts. Not only are the comments sick but they make me ashamed of my countrymen. As Canadians we do have this smugness when it comes to thinking about how nice and great we are. If you ask anyone what makes us different than Americans, most people will say we are nicer. I don't know if this is true. I think maybe Canadians in public keep it more civil than Americans, but the internet has allowed the true colours of our countrymen to surface.

After 9/11 the internet became very anti-Muslim and anyone who looked middle eastern became a target for attacks. I ended up blocking people from my facebook page and

removing them from my personal life because of their racist comments and social media posts. So much for being those nice Canadians who look down on those mean Americans.

More recently it is First Nations issues that have brought out the darker side of Canada. In a recent article about First Nations Chiefs calling on Ottawa to repeal the First

Nations Education Act, the comments were appalling. There was one post where the author of the comment said that the government should send in the army and kill them all. Kill them all! Other posts were not as sinister but they were just as disturbing. Is this not the year 2014? I thought that we have moved forward. I thought that as

## CMMC 2014 Q1 results

..... continued from Front Page  
The Komatsu haul fleet continues to have favourable mechanical availability.

About Copper Mountain Mining Corporation:

Copper Mountain's flagship asset is the Copper Mountain mine located in southern British Columbia near the town of Princeton. The Company has a strategic alliance with Mitsubishi Materials Corporation who owns 25% of the mine.

The Copper Mountain mine com-

menced production in the summer of 2011 and has continued to improve its operations since startup. The 18,000 acre site has a large resource of copper that remains open laterally and at depth.

The mine has significant exploration potential that will need to be explored over the next few years to fully appreciate the properties full development potential.

Additional information is available on the Company's web site at [www.CuMtn.com](http://www.CuMtn.com). - submitted

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# Editorial Page News Leader

Similkameen News Leader, 226A Bridge Street, PO Box 956, Princeton, BC V0X 1W0

## My Turn...

### Pins And Needles

I heard the other day that someone found a needle in a park on Allison Flats. When I say they 'found' it, they accidentally stepped on it.

It doesn't matter who you are and what you do, finding a used needle in that way is not going to be a good experience. I know if it was me I'd be freaking out and losing sleep until all test results were conclusive. It's the kind of bad luck I would not wish on anyone and I truly hope the prognosis is good.

That being said, I'm disappointed in the finger pointing and blame shifting that has developed following the needle discovery. I even went down to the park hours later and gave it a good scouring myself to see if the situation was as bad as it was being portrayed online.

I found nothing.

That doesn't mean much as it was late in the day and contrary to the way the debate was developing on social media it wasn't like needles were falling from the sky at random.

I did contact the town the following morning and discovered that while there have been needles found in and around the community, it wasn't as if there was a sudden rash of them. Besides, I'm sure the town crew has encountered even more potentially dangerous things in their rounds than used needles. I think leaking transformers and 'mystery' containers would rank up there with used needles.

It doesn't mean any discovery of a used needle should be taken lightly, either. The town crew has a procedure they follow for the recovery and disposal of such things and that is who I'd call if I found one. I'd also call the RCMP to make them aware of the find.

As for the current belief that a mass underground drug trade is forming in and around the community, where have you been the last twenty or thirty years? It's been here all along and Princeton is no different to any other community in the province. The only difference is that in a small town these things are easier to see.

As for the complaints about the Town of Princeton and RCMP not doing their job in regards to these things, I strongly suggest the vocal parties step up to the plate and start reforming neighbourhood watch programs.

We live in a world where we have to be proactive to get things done and I see nothing wrong with that.

However, getting results usually means doing something other than shooting arrows from a computer and I wonder how many residents are prepared to do that.



The 2014/15 Princeton Youth Ambassador Candidates pause before the annual Ambassador Fashion Show on May 1st at PSS Gym. From left, Owen Bartlett (Copper Mountain Mine), Zach Jwaszko (Princeton Rotary Club), Alex Burke (Princeton Lions Club) and Cassidy McCutcheon (Weyerhaeuser). \*

## ...Your Turn

### Letters and E-Mails Received This Past Week

To The Editor;

As the owners of the Fenchurch/Sunset West property that lost two rental homes last month, we can't thank the firefighters enough for their incredibly swift response and thus ability to stop further devastation of neighbouring properties.

When we got the word the next

morning, some of the firemen, especially Chief Eric Gregson and the RCMP staff were still there and obviously tired after a long night but working diligently to make sure all was safe so further investigations could proceed as needed.

Thank you also to Chris Nice, Princeton's ESS Director, who was able to make sure both of our fam-

ilies were clothed and provided with food and shelter for the 72 hours provided by ESS. Allan Kovaltsenko's help and care were, and still are, invaluable.

To other unsung heroes, thank you, especially the neighbour who kept banging on Daniel's door to wake him up. How no one was injured is beyond belief and we know that both sets of tenants were more than appreciative.

To say how overwhelming the support was for the four affected families is an understatement but are we surprised? Not at all but we were at how quickly things got going.

Thank you to everyone involved whether as setting relief programs up or supporting as contributors. Princeton Rocks!!

- Pam and Larry Legault, Princeton

P.S. We were also pleased to see that this "wake up call" made many realize how important it is to have Tenant's Contents Insurance.

No, it won't replace emotional items lost but think of the value of what you are wearing at this moment and will tomorrow. It adds up very quickly.

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#### EDITORIAL GUIDE

We would like you to write to us, but please remember to abide by anti-discrimination laws. The News Leader reserves the right to refuse to print any letter which is not signed by the writer or is slanderous, libelous or of uncommon sense! The Editor reserves the right to condense any letter or to substitute proper language for improper language.



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# Current Comment

## The Great Sport of Rodeo



**Dawn Johnson**  
editor@thenewsleader.ca

A rodeo is a sports event developed in North America's west during the days when every ranch had cowboys. Rodeos were an opportunity for cowboys to show off their skills and strength, and they were a social and cultural event. Today, rodeos are still a sports event, a social event and a cultural event.

Today, as more and more people grow up in cities, rodeos are increasingly a rural event. City people often see a rodeo as violent and cruel to animals. This leads to a lot of misunderstandings. What looks violent to a city dweller is, in fact, no more violent than racing cars or playing football or hockey. Professional football and hockey are more violent, person to person, than a rodeo. The violence of a rodeo emerges from pitting the cowboy against an animal who is 10 or 20 times more powerful than the cowboy.

I have laughed at people who see calf roping and think "poor little calf". Having been butted and kicked by those darling little calves, I can assure you they are twice as powerful as a man. It is the skill of the cowboy that makes it possible to rope them and tie them.

Last year, one of the people helping at the calf chute had his ribs broken by one of those darling little calves while just trying to push it into the chute.

Part of the sport of rodeo events such as calf roping, steer wrestling (bulldogging), team roping and barrel racing is the skill of the cowboy or cowgirl in training the horse who helps them win an event. Day after day, year after year, horses are trained to work with the rider. When a calf is roped, the cowboy leaps off the horse and runs to the calf, and the horse is trained to keep the rope tight or the calf could easily break free. In steer wrestling, the horse is trained to follow the steer in a certain way that gives the cowboy the best advantage as he leaps to grab the steer's horns. The training of the horse is part of the skills of rodeo events that is rarely noticed by spectators who are uninformed.

When it comes to bronc busting and bull riding, the crowd is thrilled by the skill of the cowboy who can stay on for eight seconds. Anyone who has ever tried those sports knows these eight seconds is the longest eight seconds in the world, and the announcer frequently reports "No time for the cowboy". This means the cowboy did not stay the eight seconds, so he will make no points. He loses his entry fee as well as losing his ride.

Most players of professional sports have their uniforms and gear paid for by the team management. The cowboy is an individual. He provides his own gear, and if he competes in events requiring a trained horse, he provides for the horse. The pick-up truck, horse trailer, feed, truck maintenance, saddle and other tack are paid for by the cowboy or, in barrel racing, by the cowgirl.

Danger waits for every rodeo competitor. Barrel racers are subject to broken bones as much as the bronc rider, steer wrestler, or bull rider. Falling off the back of a horse, whether it is bucking or not, can mean broken bones. Falling off a bull, if the bull is particularly angry, can mean being gored to

death.

At least one bull rider dies every year at the mercy of an angry bull. Rodeo clowns or "bullfighters" have the job of keeping the bull's attention while the downed cowboy gets to his feet and out of the way of the bull's horns. The bullfighter takes great risks, too. A maddened bull is extremely dangerous to anyone on foot in the rodeo arena and many are the times cowboys leap for the top of the fence when a bull is on the rampage.

Animal lovers frequently protest rodeos. They may have seen an animal die in the rodeo arena. It happens. Most often it is a calf or a steer, but I have seen horses die, too. The death of a rodeo horse is truly a sad thing, and a cowboy will mourn the loss of a good horse in a way most people mourn the loss of a favourite pet. The calves and steers that die are generally victims of an accident. I object to those who protest these deaths as inhumane. What they do not realize is that these animals are going to end their lives as steaks and hamburgers if not part of the rodeo sport. I have known a number of animal rights people who think nothing of ordering a hamburger or a steak. They seem to see no connection between the animal and the food we eat.

I will go to the rodeo this weekend, and I hope lots of people go. I often wonder how long this sport can endure now that so few young men and women want to do rodeo sports. Maybe, in 20 years, there will be no rodeos, and we will recall the rodeos we have attended as part of our culture that died.

And while I'm writing about cowboys, I want to make one more plea for correct pronunciation of the word that describes those leather pants coverings cowboys wear over their jeans. They are called "shaps" even if they are spelled chaps. Chaps are a group of Englishmen who are chums. Cowboys do not wear Englishmen, they wear chaps (shaps). The leather pant coverings originated in Mexico and the pronunciation comes from a Spanish word.

Rodeos are still a social as well as cultural event. Plan to enjoy the Saturday night "after rodeo" fun, spend time talking to old friends, meet some new friends, and enjoy the music.

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# Lower Valley News

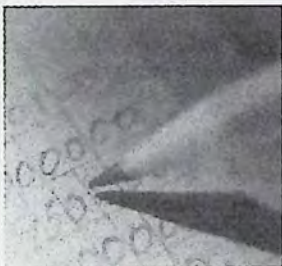
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Dike improvements along the Similkameen River in Princeton are of interest to residents living downstream in communities such as Hedley and Keremeos. . Photo: Brenda Engel

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# Mother's Day Walk happens May 11th

On the 100th Anniversary of the commencement of the "War to End All Wars" (WWI) Americans and Canadians celebrate the 31st Annual Mother's Day Walk for Peace.

The event happens on Sunday afternoon, May 11th, Mother's Day.

The walk commences on the American side at the Oroville Library at 12 Noon with a walk along Highway 97 to the border.

Canadians meet at 1:00 PM at Haynes Point Provincial Park and walk Highway 97 south to the border.

Proceedings are from 2:00 PM to 4:00 PM and feature short speeches, poetry, skits, song and dance, all in celebration of the quest for a more peaceful and just world.

The Mother's Day Walk began in 1983 when Canadians arranged to deliver a paper mache mock up of a Pilotless Cruise Missile to an

American contingent which then delivered the 'missile' back to the manufacturer, Boeing, in Seattle. The first strike missiles were being tested at Cold Lake, Alberta.

Since 1983 The Canadians and American have met every year on Mother's Day to renew their mutual commitment to peace and justice.

Border officials on both the US and Canadian side have been helpful in seeing to it that the event is able to proceed without any hitches. The last time there was any problem was when the automatic sprinkler system went on during the celebration in 1991. The crowd weathered the brief shower happily.

New Mother's Day Walkers are always welcome. Bring a folding chair or blanket and light snacks.

Inquiries for Americans go to Joseph and Dorinda at 509-476-4072.

Canadians in Okanagan-Similkameen can call Dave at 250-499-5417 or those wishing to participate and live in the Boundary Area, J. J. Verigin at 250-442-8252.

- submitted



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"Food Systems and Food Security" was the topic of discussion April 25th and 26th at a Community Conversations meeting hosted in Hedley. Photo: Dawn Johnson

## The Future of Food

A Three-Part Series - By Dawn Johnson

Imagine a big earth quake hitting on our coast, a 9 on the Richter scale. Imagine what would happen to our food supply if all routes from the Fraser Valley were closed by slides. The average supermarket carries only a three day supply of food. What would you eat?

Do not think driving to Penticton or Kamloops would solve the problem. Most of our food comes from the big warehouses in the lower mainland. Think about what you have seen on television when a hurricane warning is in effect in the United States. The first thing people do is rush to the supermarket and stock up on food and drinking water. Remember those bare shelves? They are stripped in one day, not three days.

I started thinking about this sort of disaster when I went to Community Conversations in Hedley on April 25 and 26. The topic was Food Systems and Food Security. The focus was on our food in the Similkameen Valley, but guest expert Dr. Kent Mullinix, a Director

of Sustainable Food Systems at Kwantlen Polytechnic, told his audience a great deal about what is waiting for all of us in the future. Our food system in the Similkameen Valley is not sustainable, and neither is the global food system, unless we form our own regional food security systems.

Dr. Mullinix has spent 40 years in the agricultural business, beginning with his roots in Missouri and extending across the United States to Wenatchee. He is now in Surrey, BC, where he is showing students and others how to utilize vacant land to produce food.

The people who came to hear Dr. Mullinix were from the Similkameen Valley, but several had traveled from the South Okanagan and from Rock Creek and Midway. Their presence was testimony to the concerns people have about our future food supply. In Midway, an organization has been formed already to deal with planning for future food shortages.

Dr. Mullinix began by saying we must conduct enterprise with future generations in mind, we must care for Mother Earth.

"Food is the basis of sustaining human life," Dr. Mullinix said.

This sounds obvious, but we tend to live in the illusion of abundance, our supermarket shelves and freezers filled with food forever.

We learned some important facts about our present food system, which is only about 50 years old, despite the fact that agriculture began 11,000 years ago. Today's food system depends on industrial agriculture and uses only 75 plant species, lacks genetic adaptability and resilience to such things as climate change and insect invasion. Industrial agriculture used to be an energy gain but today it takes 5 units of energy to produce one unit of food energy, a huge energy loss.

Small family farms are being lost, partly because of land speculation which drives up the price of agricultural land to the point young, begin-

ning farmers cannot buy farmland. To add to the problem, our farmers are aging, and will not be able to sustain existing farms. Only six percent of BC farmers are under age 30. With the young unable to get into agriculture, who will produce food in the future?

There has been a 25 percent loss in the number of farms. The steady decline is due to farms growing bigger. Family farms are going out of business. Only 1.5 percent of our population is engaged in farming.

Farmers are earning less today and have more debt. When you go to the supermarket and buy food, you think the farmer must be getting a lot of money because food prices are climbing far faster than the general inflation rate. You would be wrong. Fifty years ago, the farmer received 40 cents of every food dollar you spent. Today, the farmer receives eight cents of every dollar you spent on food. The remainder goes to marketing and one of the four major corporations who control our retail food

stores.

Food is becoming increasingly expensive, but it is not as nutritious as it used to be. Industrial methods have reduced the nutrient content of most foods, including milk. Food consumers are paying a lot more for lower quality.

Food is becoming an economic equality issue.

Food today is controlled by major corporations such as Monsanto, Dupont Pioneer, Coca Cola, Pepsi and others whose names are familiar to all of us.

Change is coming in the next few years, and the change is going to challenge our food supply.

I asked you to imagine a disaster where the supermarket shelves had no food to sell. Now imagine going to a supermarket that had little food to sell, and you cannot afford to buy any of it. That is a distinct possibility for our future unless we begin to do things a different way.

Next week:

Looming Game Changers

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Mrs. Low's kindergarten class went to Mr. O'Malley's at PSS to make pizzas and cookies as part of the JA Kitchen Kids project recently. Enjoying the experience are, from left, Owen Kaiser, Hayden Hogg, Taydra Reichart, Renee Hartwell, Liam Hartwell. Photo: Shirley Low

# Saddles 'n' Spurs

by Pastor George Donovan

On weekends we would often have large crowds around the riding center with kids running everywhere and most of the folks not having much of a clue about horses and the danger of getting hurt.

We had been sued twice already for small incidents and each time doubled our insurance so we wanted to keep things safe and happy for everyone.

Dude horses get very spoiled very easily and can get quite cranky. Our hitching post was one long cedar tree filled with several eye bolts where we would tie the horses after getting them ready for when the dudes started to arrive.

We had to warn people not to walk behind the horses and surprise them because they could get kicked. Some of the horses would get to the point that they kicked at anything and anyone that came in from behind.

My cure for this bad behaviour was that I would put a rope around the horse's lower jaw, thread it down through the stirrup and tie it to the fetlock of their back leg leaving enough slack in the rope so that when they kicked out with their back leg there was enough power in the kick to give them a big surprise.

Then I would fool around behind them so they would try and kick. The message to the horse was, "Gee it hurts my mouth when I kick!" A couple of times doing that and they would never kick again.

We had to use that trick on several

horses and it never failed to cure the problem but we did not do this while guests were around the centre. We didn't want to upset the customers. Maybe this would work on children too.

..... continued Next Week

## Living Past 100

### Poor People Live Shorter Lives

Studies done across the world show that the poorer the person, the shorter the life. Poverty affects lifespan for two specific reasons: nutrition and health care. Poor people tend to eat less healthy foods or do not eat enough food. In poor countries, where there is no national health care program, the poor have much shorter lives than the rich.

There is another factor that makes the poor more likely to die younger: they tend to be those employed in heavy industry where physical strength is demanded. Continuous heavy labour tends to shorten life.

Research has shown that countries which are considered prosperous tend to have less obesity, but this is not true of the United States and Australia, two nations where obesity is on the rise and has increased dramatically during the past few years. This is not the result, in Australia, of poor national health care but rather a case of poor lifestyles, and the same may be said of the United States, plus poor national health care.

The poor tend to eat too many starches, not enough fresh vegetables, and tend to drink more alcoholic beverages and use tobacco.

In some countries which are not considered rich, people walk more, which increases their lifespan, and they eat better quality foods, that is, foods fresh from the farm.

Canada does not rank among the top 10 countries in the world with the longest lifespan. Obesity and Type 2 diabetes are major health problems in Canada, both of which are related to poor diet and lifestyle. This is not to say Canadians eat too much, but rather, they eat too much of the wrong foods, too much sugar, too much starch, too many soft drinks and probably too much beer (Canadians drink a lot of beer!).

Health care for the elderly also plays a part in lifespan. Good care for the elderly, plus an adequate old age pension, makes quite a difference between living longer and dying sooner. Adequate services for the elderly which allow them to remain in their own homes as long as possible, an active social life, and exercise programs for the elderly make a great difference in a healthy lifespan. For example, in one state in the USA, older patients are given advice on lifestyle and are given a 50 percent discount in gyms where they are assisted in exercise programs specifically designed for persons over 65 years of age.

There is one other factor affecting average lifespan in any country: war. Switzerland is one of the top 10 nations for longer life, and part of the reason is that Switzerland does not go to war. Any nation whose citizens go to war has an average lifespan shorter than those nations not engaged in war. The majority of the top 10 nations are very small nations who do not engage in war.

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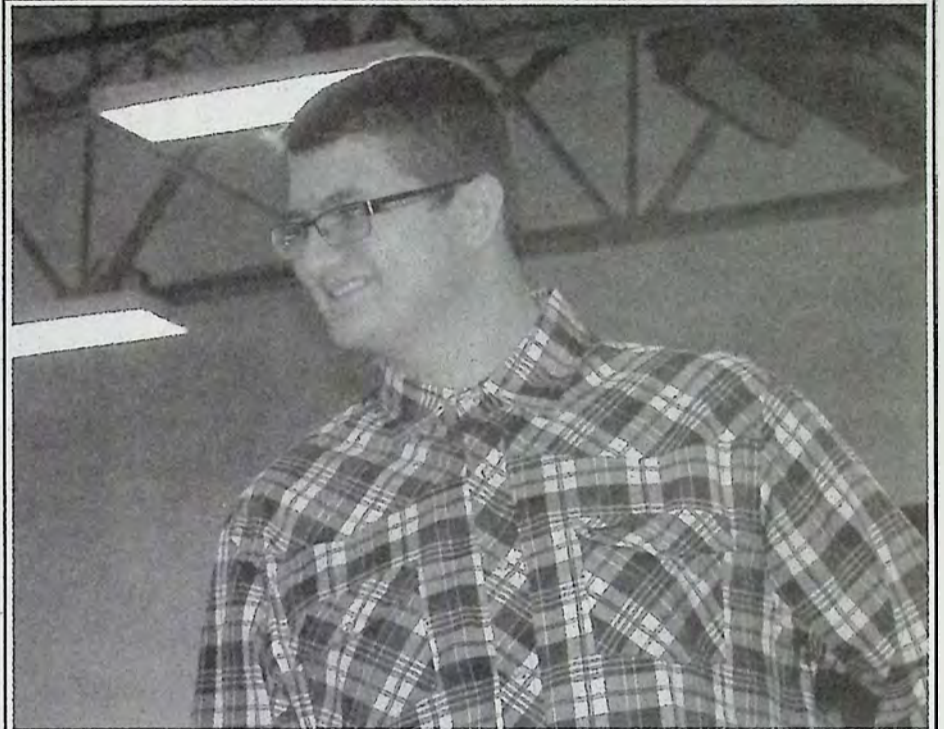
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# Entertainment

Similkameen News Leader TV Guide Listings - May 6 - 12, 2014



2013/14 Youth Ambassador Carmen Brodie modeled an outfit from Field's Store during the annual Youth Ambassadors Fashion Show May 1st at Princeton Secondary School gym. \*



Princeton Rotary Club Youth Ambassador Candidate Zach Jwaszko looked sharp in gear supplied by local clothing outlets during the annual Youth Ambassador Fashion Show May 1st. \*

## Term 3 Honour Roll announced last week

PSS - Princeton Secondary School released their Term 3 Honour Roll last week.

Students must be enrolled in at least three courses at the school to be eligible for the Honour Roll. PSS Honour Roll designations are: Principal's List (86-100%), Gold List (73-85%) and Honourable Mention (67-72%).

**Grade 8**  
**Principal's List**

Nathan Silbernagel, Gabe Oliver, Trey Smith, Haley Anderson, Nicholas Cimbaro, Miranda Crucil.

**Gold List**  
Shelby Bothe-Nylund (tied with) Megan Mintzler, Larissa Simon, Jake McCutcheon, Madison Hassell, Veronica Gudbransen, James Hunt, Candice Currier, Ashlin White.

**Honourable Mention**  
Ryan Francis, Marcus Brodie (tied with) Hannah Fidler, Blake Herrick.

**Grade 9**  
**Principal's List**  
Taylor Sanderson, Eric Holland, Michael White, Saki Irie, Bethany Herting (tied with) Eric Ogrinc, Hanna Gould.

**Gold List**  
Isabella Brodie, Shayna Thompson, Adam Kastor, Kyle Barbeler, Chase Rempel, Gale Hatchen, Cody Fidler, Corey Thompson.

**Honourable Mention**

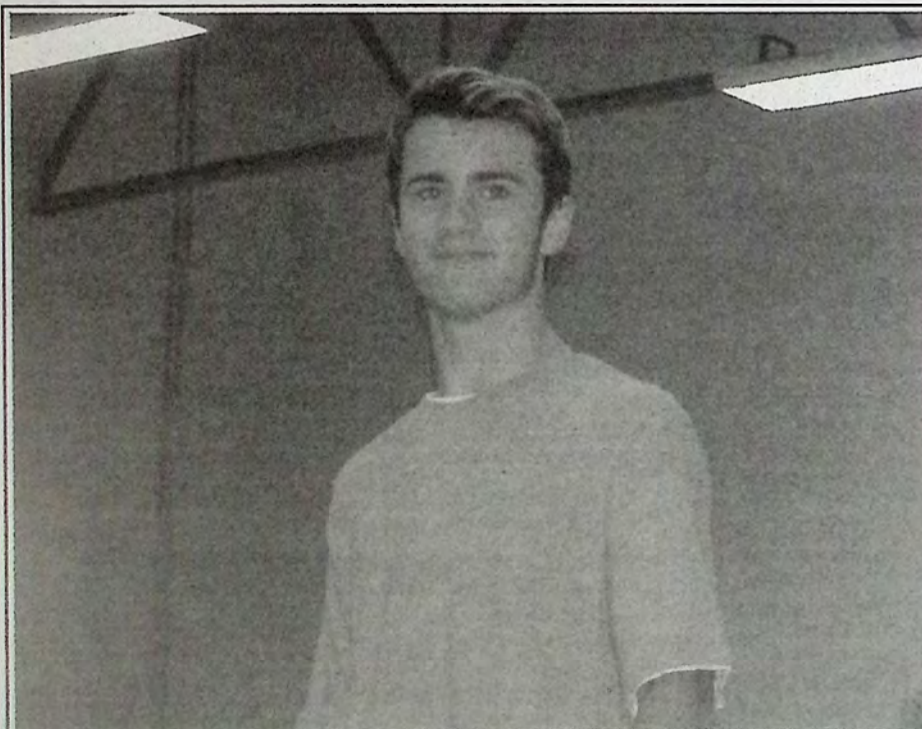
Kodi Lindley, Kyle Baird, Lane French, Samantha McEwen, Hailey Darby.

**Grade 10**  
**Principal's List**  
Zoe Douglas, Bailey O'Donnell, Tristen VanderMeulen, Danika Whelpton, Will Zheng, Alexia Boyd, Jessica Musgrove, Bret Shields, Emily McConnell, Brolin Antonick, Jacob Mintzler, Cassidy Westran.

**Gold List**  
Parker Thibert, Abby Phillips, Cache Cook, Darby Adams (tied with) Dylan Paquette, Tyler Warner, Dayton Wales, Seth Cathro, Kelsey Fuller, Sabrina Harris-Kobelsky, Caitlynn Pateman, Tanner Sulentic, Colber-Lee Hepting, Taydra Reichert.

**Honourable Mention**  
Bill Preston.

..... continued on Page 23



Princeton Youth Ambassador Candidate Owen Bartlett gave a speech on his sponsor, Copper Mountain Mine, before the start of the annual Ambassador Fashion Show May 1st at PSS Gym. \*



2013/14 Youth Ambassador Destiny Earle shows some style during the annual Ambassador Fashion Show held the evening of May 1st at Princeton Secondary School Gym. \*

# Tuesday Movies

**EVENING**

9:00 pm KNOW ch.5 "Oil Sands Karaoke" (2013, Documentary) Five oil field workers compete in a karaoke contest. (CC)  
 11:00 pm WTBS ch.3 "Memoirs of a Geisha" (2005, Drama) Ziyi

Zhang. A girl works as a servant in a geisha house and grows up to become one of Japan's most celebrated paid companions.

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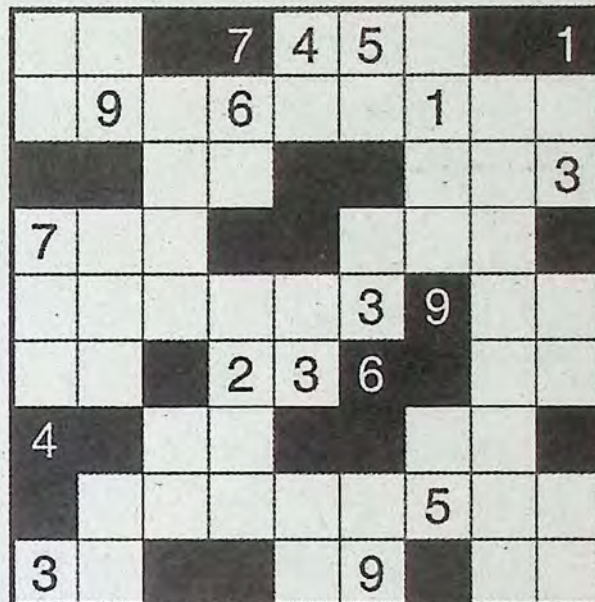
# News Leader Str8ts

## STR8TS

No. 176

Medium

Previous solution - Tough



How to beat Str8ts - Like Sudoku, no single number can repeat in any row or column. But... rows and columns are divided by black squares into compartments. These need to be filled in with numbers that complete a 'straight'. A straight is a set of numbers with no gaps but can be in any order, eg [4,2,3,5]. Clues in black cells remove that number as an option in that row and column, and are not part of any straight. Glance at the solution to see how 'straights' are formed.

You can find more help and strategies at [www.str8ts.com](http://www.str8ts.com) along with more puzzles, Apple apps and books.

THIS WEEK'S  
**News Leader Str8ts**  
 SOLUTION WILL APPEAR  
 IN NEXT WEEK'S ISSUE

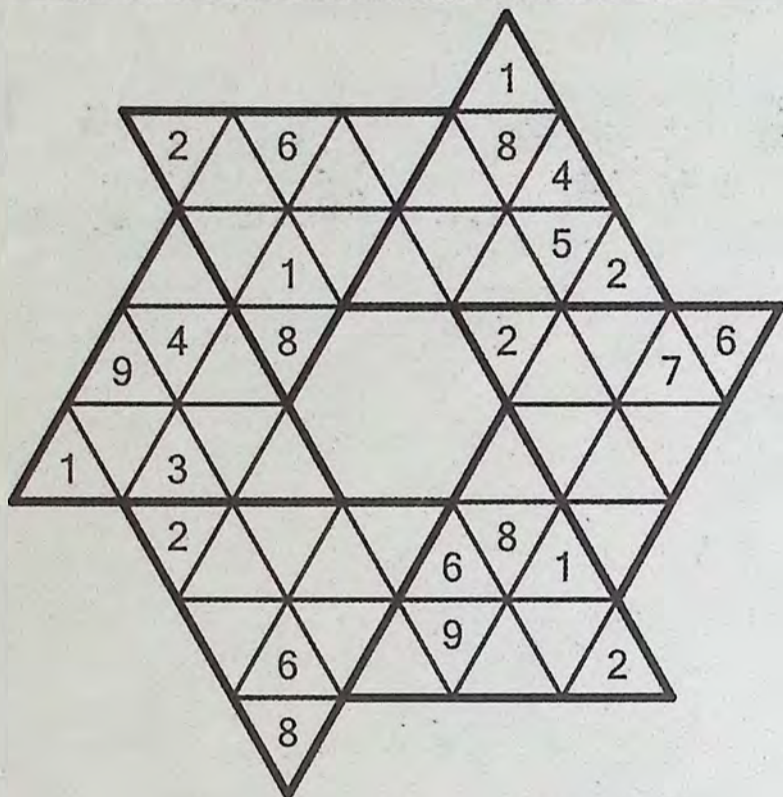
**TUESDAY, MAY 6, 2014**

	WTBS ch.3	CHBC ch.4	KNOW ch.5	KSPS ch.6	KHQ ch.7	KREM ch.8	A&E ch.9	KXLY ch.10	BCTV ch.11	CITY ch.12	CBC ch.13	YTV ch.18	TSN ch.19	VTV ch.22	DISC ch.24	FAM ch.26	CITY ch.29	SPIKE ch.44	DTOUR ch.45
6 AM	In the Heat of the Night	Morning News (N) ☐	Wibbly Pig Monkey	Clifford Martha	KHQ News 6AM (N)	KREM 2 Morning News	Criminal Minds ☐	Morning Northwest	Morning News (N) ☐	(5:00) Morning News (N)	CBC News Now (N) ☐	Kid vs. Kat Rescue	SportsCentre ☐	CTV Morning Live (N) ☐	Highway Thru Hell	Stella-Sam ANT Farm	CityLine (N) ☐	Bar Rescue ☐	Eat St. ☐
7 AM	Law & Order: SVU		G. Shrinks Wild Kratts	Arthur Wild Kratts	Today Larry King; Aaron Taylor-Johnson (N) ☐	CBS This Morning (N) ☐	Criminal Minds ☐	Good Morning America (N) ☐			Tiger Arthur ☐	Super Evil Sidekick	SportsCentre ☐		Airplane Repo ☐	Shake It Austin	Let's Make a Deal (N)	Bar Rescue ☐	Disaster
8 AM	Law & Order: SVU		PAW Patrol Doozers	Curious Cat in the Hat			CSI: Miami ☐			Morning Huntley St.	Bo On/Go Busytown	Pokémon Storm	SportsCentre ☐		Jacked! "Chicken Run"	Jessie ☐ Wizards	The Price Is Right (N)	Hungry Investors ☐	Roseanne
9 AM	Millionaire	Morning Huntley St.	Dinosaurs Rob Robot	Peg Dinosaur		The 700 Club ☐	CSI: Miami ☐	Livel Kelly and Michael	Morning Huntley St.	The Doctors ☐	Super Why! Napkin	Monster Spliced ☐	SportsCentre ☐	Livel Kelly and Michael	Mighty Ships ☐	Little Manny	Jdg Judy	Ink Master "Earn It"	Friends ☐
10 AM	Divorce	The Doctors ☐	Ella the EI Jelly Jamm	Sesame Street ☐ (EI)		The Price Is Right (N)	Criminal Minds ☐	The View ☐	The Doctors ☐	Pitchin' In Pitchin' In	Bookaboo Doodlebop	Invaslon Almost	Gruden's QB Camp (N)	The View ☐	Auction Auction	Never Land Sofia	The Chew (N) ☐	Ink Master "Bug Out"	Secret
11 AM	Judge Alex	Pitchin' In	G. Shrinks Clifford	Tiger Sit & Be Fit	Jdg Judy	Young & Restless	Criminal Minds ☐	Paid Prog. Paid Prog.	Pitchin' In Pitchin' In	Noon News Hour (N)	Dragons' Den ☐	Flamingo Squirrel	World Poker Tour	Marilyn Denls	How/Made How/Made	ANT Farm Jessie ☐	General Hospital (N) ☐	Ink Master ☐	Bord. Rico
12 PM	King	Noon News Hour (N)	PAW Patrol Dinosaurs	Charlie Rose ☐	Paid Prog. Paid Prog.	News Bold	The First 48 ☐	The Chew (N) ☐	Noon News Hour (N)	Days of our Lives (N)	CBC News Now (N) ☐	Kid vs. Kat Sidekick	SportsNation (N) ☐	CTV News (N) ☐	Bering Sea Gold ☐	Wingin' It Wizards	Katie ☐	Ink Master ☐	Eat St. ☐
1 PM	Community	Days of our Lives (N)	Wibbly Pig Dragon	Painting Quilting	Days of our Lives (N)	The Talk ☐	The First 48 ☐	General Hospital (N) ☐	Days of our Lives (N)	The Talk ☐	Republic of Doyle ☐	Rated A Monster	That's Hockey 2 Nite	The Social ☐	Jacked! "Chicken Run"	Wizards Good Luck	CityLine ☐	Ink Master ☐	Roseanne
2 PM	Seinfeld ☐	The Talk ☐	Ella the EI Rob Robot	Thomas Super Why!	Katie ☐	Let's Make a Deal (N)	After the First 48 ☐	Queen Latifah	The Talk ☐	Queen Latifah	Steven and Chris ☐	Kid vs. Kat Super Evil	Off Record Interruption	Dr. Phil ☐	Rods N' Wheels ☐	Good Luck Shake It	CityNews at 5 (N) ☐	Ink Master ☐	Friends ☐
3 PM	The Middle	Queen Latifah	Dive, Oily Jelly Jamm	Sid Peg	Ellen DeGeneres Show	Dr. Phil ☐	Barry'd Barry'd	Rachael Ray ☐	Queen Latifah	Young & Restless	Coronation Stefano	Sidekick Squirrel	SportsCentre (N) ☐	The Dr. Oz Show ☐	How/Made How/Made	Shake It ANT Farm	CityNews at 6 (N) ☐	Ink Master ☐	Disaster
4 PM	Big Bang	Young & Restless	Maya Bee Arthur ☐	Wild Kratts WordGirl	Jdg Judy	The Dr. Oz Show ☐	Storage	The Doctors ☐	Young & Restless	Early News Global Nat.	NHL Hockey: Conference Semifinal: Teams TBA. (N) ☐ (Live)	SpongeBob Chucks	Hockey NHL Hockey: Conference Semifinal: Teams TBA. (N) ☐	Ellen DeGeneres Show	Daily Planet (N)	Phineas Dog	Mod Fam	Ink Master ☐	Security
5 PM	Browns	News (N) ☐	Martha Wild Kratts	News Business	News NBC News	News CBS News	Storage	News ABC News	Early News Global Nat.	(4:59) News Hour (N)	Cache Japaniz!	Parents SpongeBob	Hockey: Conference Semifinal: Teams TBA. (N) ☐	CTV News at Five (N)	Licence to Drill: Louis	Jessie ☐ Jessie ☐	Glee (N) ☐ (DVS)	Ink Master ☐	Secret
6 PM	Browns	Global Nat. News	Hope for Wildlife ☐	PBS News-Hour (N) ☐	News Millionaire	KREM 2 News at 6 (N)	Storage	News at 6 News	(5:59) News Hour (N)	ET Canada Ent				CTV News (N) ☐	Deadliest Catch	Austin Austin	New Girl Mindy	Ink Master ☐	Mysteries-Museum
7 PM	Mod Fam	Ent ET Canada	Marine Machines ☐	Pioneers of Television	Jeopardy! Wheel	Inside Ed. Access H.	Barry'd Barry'd	Ent The Insider	Ent ET Canada	Chicago Fire (N) ☐	CBC News: Vancouver	Boys Mr. Young	NHL Hockey: Conference Semifinal: Teams TBA. (N) ☐	etalk (N) Big Bang	Deadliest Catch (N) ☐	Win, Lose Good Luck	Broke Girl Broke Girl	Ink Master (N) ☐	Castle Secrets
8 PM	Family Guy	NCIS (N) ☐ (DVS)	John McCrae's War	Secrets of the Dead ☐	The Voice ☐	NCIS (N) ☐ (DVS)	Storage	Agents of S.H.I.E.L.D. ☐	NCIS (N) ☐ (DVS)	NCIS (N) ☐ (DVS)	To Be Announced	Vampire Haunting	Semifinal: Teams TBA. (N) ☐	Agents of S.H.I.E.L.D. ☐	Deadliest Catch	Good Luck ANT Farm	CityNews-Tonight (N)	Tattoo	Secret
9 PM	Amer. Dad	NCIS: Los Angeles (N)	Movie: "Oil Sands Karaoke" (2013)	Frontline ☐	About-Boy Fisher	NCIS: Los Angeles (N)	Storage	Goldbergs	NCIS: Los Angeles (N)	NCIS: Los Angeles (N)		Haunting Mr. Young	Goldbergs	Deadliest Catch	Wingin' It Next Step	Jimmy Kimmel Live (N)	Tattoo	Ghost Adventures ☐	
10 PM	Jeffersons	Chicago Fire (N) ☐	Down Here	Extraordinary Women	Chicago Fire (N) ☐	Person of Interest (N)	Storage	Celebrity Wife Swap (N)	Chicago Fire (N) ☐	News Hour Final (N)	The National (N) ☐	Gags Gags	SportsCentre (N) ☐	Person of Interest (N)	Deadliest Catch ☐	Good Luck Jessie ☐	EP Daily Reviews on	Ink Master ☐	Castle Secrets
11 PM	"Memoirs of a Geisha"	News Hour Final (N)	Marine Machines ☐	Charlie Rose (N) ☐	News J. Fallon	News Letterman	Barry'd Barry'd	KXLY 4 J. Kimmel	News Hour Final (N)	ET Canada The Test	CBC News Vancouver	Vampire Haunting	SportsCentre ☐	News-Lisa CTV News	Deadliest Catch	Wizards Life Derek	Recovery Paid Prog.	Tattoo	Mysteries-Museum

# News Leader Sudoku 504

## HOSHI SUDOKU - About The Puzzle

Sudoku - also known as "Number Place" - is a logic-based, combinatorial number-placement puzzle. The aim of Sudoku is to enter a number from 1 through 9 in each cell of a grid, most frequently a 9x9 grid made up of 3x3 subgrids. Each row, column and region must contain only one instance of each number. This Sudoku variant is called "Hoshi Sudoku". It contains six large triangles. The numbers 1 to 9 must be placed into the cells of each large triangle. Every line of any length - even uncontinuous - must contain every number not more than once.



www.sudoku-puzzles.net

THIS WEEK'S SOLUTION: Page 20

## Wednesday Movies

### EVENING

9:30 pm SPIKE ch.44 "The Marine" (2006, Action) John Cena. A discharged soldier returns home from Iraq and finds that his wife has been kidnapped by the gang of a murderous thug. (In Stereo)  
11:00 pm WTBS ch.3 "Bridget Jones: The Edge of Reason" (2004,

Romance-Comedy) Renée Zellweger. An attractive lawyer and Bridget's former boss threaten her newfound happiness with Mark Darcy.

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### WEDNESDAY, MAY 7, 2014

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6 AM	In the Heat of the Night	Morning News (N) ☑	Wibbly Pig Monkey	Clifford Martha	KHQ News 6AM (N)	KREM 2 Morning News	Criminal Minds ☑	Morning Northwest	Morning News (N) ☑	(5:00) Morning News (N)	CBC News Now (N) ☑	Kid vs. Kat Rescue	SportsCentre ☑	CTV Morning Live (N) ☑	Pyros ☑ (DVS)	Stella-Sam ANT Farm	CityLine (N) ☑	Bar Rescue ☑	Eat St. ☑
7 AM	Law & Order: SVU		G. Shrinks Wild Kratts	Arthur Wild Kratts	Today Seth Rogan; Elizabeth Olsen. (N) ☑	CBS This Morning (N) ☑	Criminal Minds ☑	Good Morning America (N) ☑			Tiger Arthur ☑	Super Evil Sidekick	SportsCentre ☑		Last Frontier	Shako It Austin	Let's Make a Deal (N)	Bar Rescue ☑	Disaster
8 AM	Law & Order: SVU		PAW Patrol Doozers	Curlous Cat in the Hat			CSI: Miami ☑		Morning Huntley St.		Bo On/Go Busytown	Pokémon Storm	SportsCentre ☑		Dangerous Flights	Jessie ☑ Wizards	The Price Is Right (N)	Bar Rescue ☑	Roseanne
9 AM	Millionaire	Morning Millionaire	Dinosaurs Rob Robot	Peg Dinosaur		The 700 Club ☑	CSI: Miami ☑	Livell Kelly and Michael	Morning Huntley St.	The Doctors ☑	Super Why! Napkin	Monster Spliced ☑	SportsCentre ☑	Livell Kelly and Michael	Mighty Ships ☑	Little Manny	Jdg Judy	Bar Rescue ☑	Friends ☑
10 AM	Divorce	The Doctors ☑	Ella the Elf Jelly Jamm	Sesame Street ☑ (EI)		The Price Is Right (N)	Criminal Minds ☑	The View ☑	The Doctors ☑	Pitchin' In Pitchin' In	Bookaboo Doodlebop	Invasion Almost	QB Camp	The View ☑	Auction	Never Land Sofia	The Chew ☑	Hungry Investors ☑	Security
11 AM	Judge Alex	Pitchin' In	G. Shrinks	Tiger	Jdg Judy	Young & Restless	Criminal Minds ☑	Health Pald Prog.	Pitchin' In	Noon News Hour (N)	Dragons' Den ☑	Flamingo Squirrel	QB Camp	Marilyn Denis	Licence to Drill: Louls	ANT Farm Jessie ☑	General Hospital (N) ☑	Bar Rescue ☑	Bord. Rico
12 PM	King	Noon News Hour (N)	PAW Patrol Dinosaurs	Charlie Rose ☑	Stop Aging America	News Bold	The First 48 ☑	The Chew ☑	Noon News Hour (N)	Days of our Lives (N)	CBC News Now (N) ☑	Kid vs. Kat Sidekick	English Premier League Soccer	CTV News (N) ☑	Deadliest Catch	Wingin' It Wizards	Katie ☑	Cops ☑	Eat St. ☑
1 PM	Community	Days of our Lives (N)	Wibbly Pig Dragon	Oil Painting Sewing	Days of our Lives (N)	The Talk ☑	The First 48 ☑	General Hospital (N) ☑	Days of our Lives (N)	The Talk ☑	Republic of Doyle ☑	Rated A Monster		The Social ☑	Deadliest Catch ☑	Wizards Good Luck	CityLine ☑	Hungry Investors ☑	Roseanne
2 PM	Seinfeld ☑	The Talk ☑	Ella the Elf Rob Robot	Thomas Super Why!	Katie ☑	Let's Make a Deal (N)	The First 48 ☑	Queen Latifah	The Talk ☑	Queen Latifah	Steven and Chris ☑	Kid vs. Kat Super Evil	Off Record Interruption	Dr. Phil ☑	Dangerous Flights	Good Luck Shake It	CityNews at 5 (N) ☑	Bar Rescue ☑	Friends ☑
3 PM	The Middle	Queen Latifah	Dive, Oily Jelly Jamm	Sid Peg	Ellen DeGeneres Show	Dr. Phil ☑	The First 48 ☑	Rachael Ray ☑	Queen Latifah	Young & Restless	Coronation Stefano	Sidekick Squirrel	SportsCentre (N) ☑	The Dr. Oz Show ☑	How/Made	Shake It ANT Farm	CityNews at 6 (N) ☑	Cops ☑	Disaster
4 PM	Big Bang	Young & Restless	Maya Bee Arthur ☑	Wild Kratts WordGirl	Jdg Judy	The Dr. Oz Show ☑	Duck D.	The Doctors ☑	Young & Restless	Early News Global Nat.	NHL Hockey: Conference Semifinal: Teams TBA. (N) ☑ (Live) ☑	SpongeBob Nerds	Hockey: NHL Conference Semifinal: Teams TBA. (N) ☑	Ellen DeGeneres Show	Daily Planet (N)	Phineas Dog	Mod Fam	Bar Rescue	Security
5 PM	Browns	News (N) ☑	Martha Wild Kratts	News	News	News	Duck Dynasty ☑	News	Early News Global Nat.	(4:59) News Hour (N)		Parents	CTV News at Five (N)	Sons of Guns ☑	Jessie ☑	Revolution (N) ☑	Bar Rescue	Security	
6 PM	Browns	Global Nat.	Marine Machines ☑	PBS News-Hour (N) ☑	News Millionaire	KREM 2 News at 6 (N)	Duck D.	News at 6	(5:59) News Hour (N)	ET Canada		Hathaways	Thunder	CTV News (N) ☑	Deadliest Catch ☑	Austin Jessie (N)	Mod Fam Cougar	Bar Rescue	Airport
7 PM	Mod Fam	Ent	Canada: Over the Edge	Nature ☑ (DVS)	Jeopardy! Wheel	Inside Ed. Access H.	Duck D.	Ent	Ent	Chicago PD "My Way"	CBC News: Vancouver	Assembly	SportsCentre (N) (Live) ☑	etalk (N) Big Bang	Deadliest Catch	Win, Lose Lego	Nashville (N) ☑	Bar Rescue	Bord. Rico
8 PM	Family Guy	Survivor (N) ☑	Beijing-Imperial Capital	NOVA (N) ☑ (DVS)	Revolution (N) ☑	Survivor (N) ☑	Duck D.	The Middle Suburg.	Survivor (N) ☑	Survivor (N) ☑	To Be Announced	Vampire	Arrow "Streets of Fire"	How/Made	Good Luck	CityNews-Tonight (N)	Bar Rescue	Security	
9 PM	Amer. Dad	Engels	Jazz Benny Goodman; Billie Holiday	Nazi Mega Weapons	Law & Order: SVU	Criminal Minds (N)	(9:01) Duck Dynasty ☑	Mod Fam	Engels	Engels		Mr. Young	Plays	Criminal Minds (N)	Sons of Guns ☑	Wingin' It Next Step	Jimmy Kimmel Live (N)	Movie: * "The Marine" (2006) John Cena.	Ghost Adventures
10 PM	Jeffersons	(10:01) Chicago PD (N)	Harlem	War/Comfort	(10:01) Chicago PD (N)	CSI: Crime Scene	Duck D.	Nashville (N) ☑	(10:01) Chicago PD (N)	News Hour Final (N)	The National (N) ☑	Gags	SportsCentre (N) ☑	CSI: Crime Scene	Highway Thru Hell ☑	Good Luck Jessie ☑	EP Daily	Reviews on	Bord. Rico
11 PM	"Bridget Jones: The Edge"	CHBC News Final (N)	Canada: Over the Edge	Charlie Rose (N) ☑	News J. Fallon	News Letterman	Duck D.	KXLY 4 J. Kimmel	News Hour Final (N)	ET Canada	CBC News Vancouver	Vampire	SportsCentre ☑	News-Lisa CTV News	Myth-Busters ☑	Wizards Life Derek	Recovery Paid Prog.	Ways Dia	Airport



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## Annual General Meeting

**Wednesday May 14, 2014**  
**7:00 PM at Billy's Family Restaurant**  
**301 Vermillion Avenue, Princeton**

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A pair of Swallows, the male on the left, rest in a yard in South Princeton after a morning of house hunting. The couple will find a suitable place to nest and start a family soon. This yard features a number of nesting boxes. Photo: Brenda Engel

## Thursday Movies

### EVENING

9:00 pm KNOW ch.5 "Food, Inc." (2008, Documentary) Authors Eric Schlosser and Michael Pollan expose corporate monopolies in food production, which could lead to serious health and environmental problems. (CC)

11:00 pm WTBS ch.3 "The Tuxedo" (2002, Comedy) Jackie

Chan. A chauffeur embarks on a covert mission after a tuxedo from a secret agent gives him extraordinary abilities.

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### THURSDAY, MAY 8, 2014

	WTBS ch.3	CHBC ch.4	KNOW ch.5	KSPS ch.6	KHQ ch.7	KREM ch.8	A&E ch.9	KXLY ch.10	BCTV ch.11	CITY ch.12	CBC ch.13	YTV ch.18	TSN ch.19	VTV ch.22	DISC ch.24	FAM ch.26	CITY ch.29	SPIKE ch.44	DTOUR ch.45
6 AM	In the Heat of the Night	Morning News (N)	Wibbly Pig Monkey	Clifford Martha	KHQ News 6AM (N)	KREM 2 Morning News	Criminal Minds	Morning Northwest	Morning News (N)	(5:00) Morning News (N)	CBC News Now (N)	Kid vs. Kat Rescue	SportsCentre	CTV Morning Live (N)	Mighty Planes	Stella-Sam ANT Farm	CityLine (N)	Wildest Police Videos	Eat St.
7 AM	Law & Order: SVU		G. Shrinks Wild Kratts	Arthur Wild Kratts	Today Zoe Saldana; Cathy LaGrow. (N)	CBS This Morning (N)	Criminal Minds	Good Morning America (N)			Tiger Arthur	Super Evil Sidekick	SportsCentre		High Tech Rednecks	Shake It Austin	Let's Make a Deal (N)	Wildest Police Videos	Disaster
8 AM	Law & Order: SVU		PAW Patrol Doozers	Curious Cat in the Hat			CSI: Miami			Morning Huntley St.	Bo On/Go Busytown	Pokémon Storm	SportsCentre		Highway Thru Hell	Jessie	The Price is Right (N)	World's Worst Drivers	Roseanne
9 AM	Millionaire	Morning Huntley St.	Dinosaurs Rob Robot	Peg Dinosaur		The 700 Club	CSI: Miami "Bad Seed"	Livel Kelly and Michael	Morning Huntley St.	The Doctors	Super Why! Napkin	Monster Spliced	SportsCentre	Livel Kelly and Michael	Mighty Ships	Little Manny	Jdg Judy	World's Worst Drivers 2	Friends
10 AM	Divorce	The Doctors	Ella the Elf Jelly Jamm	Sesame Street		The Price is Right (N)	Criminal Minds	The View	The Doctors	Pitchin' In	Bookaboo Doodlehop	Invasion Almost	QB Camp	The View	Auction	Never Land Sofia	The Chew	Prison Out of Control	Alrport
11 AM	Judge Alex	Pitchin' In	G. Shrinks Clifford	Tiger Sit & Be Fit	Jdg Judy	Young & Restless	Criminal Minds	Hate Hair? Adam	Pitchin' In	Noon News Hour (N)	Dragons' Den	Flamingo Squirrel	World Poker Tour	Marilyn Denis	How/Made	ANT Farm Jessie	General Hospital (N)	Cops	Back. Gold
12 PM	King	Noon News Hour (N)	PAW Patrol Dinosaurs	Charlie Rose	Paid Prog. Pain Free	News	The First 48	The Chew	Noon News Hour (N)	Days of our Lives (N)	CBC News Now (N)	Kid vs. Kat Sidekick	SportsNation (N)	CTV News (N)	Sons of Guns	Wingin' It Wizards	Katie	Cops	Eat St.
1 PM	Community	Days of our Lives (N)	Wibbly Pig Dragon	Painting Knit	Days of our Lives (N)	The Talk	The First 48	General Hospital (N)	Days of our Lives (N)	The Talk	Republic of Doyle	Rated A Monster	That's Hockey 2 Nite	The Social	Mighty Ships	Wizards Good Luck	CityLine	Cops	Roseanne
2 PM	Seinfeld	The Talk	Ella the Elf Rob Robot	Thomas Super Why!	Katie	Let's Make a Deal (N)	The First 48	Queen Latifah	The Talk	Queen Latifah	Steven and Chris	Kid vs. Kat Super Evil	Off Record Interruption	Dr. Phil	Myth-Busters	Good Luck Shake It	CityNews at 5 (N)	Cops	Friends
3 PM	The Middle	Queen Latifah	Dive, Oily Jelly Jamm	Sid Peg	Ellen DeGeneres Show	Dr. Phil	The First 48	Rachael Ray	Queen Latifah	Young & Restless	Coronation Stefano	Sidekick Squirrel	SportsCentre (N)	The Dr. Oz Show	How/Made	Shake It ANT Farm	CityNews at 6 (N)	Cops	Disaster
4 PM	Big Bang	Young & Restless	Maya Bee Arthur	Wild Kratts WordGirl	Jdg Judy	The Dr. Oz Show	The First 48	The Doctors	Young & Restless	Early News Global Nat.	NHL Hockey: Conference Semifinal: Teams TBA. (N)	SpongeBob Rabbids	Hockey NHL Hockey: Conference Semifinal: Teams TBA. (N)	Ellen DeGeneres Show	Daily Planet (N)	Phineas Dog	Mod Fam	Cops	Museum Secrets
5 PM	Browns	News (N)	Martha Wild Kratts	News Business	News NBC News	News CBS News	The First 48	News at 5 ABC News	Early News Global Nat.	(4:59) News Hour (N)	ET Canada	Thunder Sam & Cat	Parents SpongeBob	CTV News at Five (N)	Fast N' Loud	Jessie	Hell's Kitchen (N)	Cops	Canadian Pickers
6 PM	Browns	Global Nat. News	Canada: Over the Edge	PBS News-Hour (N)	News Millionaire	KREM 2 News at 6 (N)	The First 48 (N)	News at 6 News	(5:59) News Hour (N)	ET Canada		Cache Japanizi	NHL Hockey: Conference Semifinal: Teams TBA. (N)	etalk (N) Surviving	Vegas Rat Rods (N)	Win, Lose Next Step	Murdoch Mysteries		Back. Gold
7 PM	Mod Fam	Ent ET Canada	Mega Builders	Reflections-River	Jeopardy! Wheel	Inside Ed. Access H.	(7:01) The Killer Speaks	Ent The Insider	Ent ET Canada	Elementary (N)	CBC News: Vancouver	Vampire Haunting	Semifinal: Teams TBA. (N)	Big Bang Two Men	How/Made	Good Luck ANT Farm	CityNews-Tonight (N)	Ink Master	Sturgis Raw
8 PM	Family Guy	Fisher The Millers	Tipping Points	Father Brown	Hollywood Game Night	Big Bang The Millers	(8:02) The First 48	Grey's Anatomy	Fisher The Millers	Fisher The Millers	To Be Announced	Haunting	Grey's Anatomy (N)	Fast N' Loud	Wingin' It Next Step	Jimmy Kimmel Live (N)	Cops	Ghost Adventures	
9 PM	Amer. Dad	Engels Bad	Movie: *** "Food, Inc." (2008)	Foyle's War	American Comedy Awards (N)	Two Men Bad	(9:01) The First 48	Grey's Anatomy (N)	Engels Bad	Engels Bad		Mr. Young	Sports	Motive (N)	Fast N' Loud	Good Luck EP Daily	Cops	Hid. City	
10 PM	Jeffersons	(10:01) Elementary (N)	Southwestern Gems Park	News	News	(10:01) The First 48	Black Box (N)	(10:01) Elementary (N)	(10:01) News Hour Final	The National (N)	Gags	SportsCentre (N)	Motive (N)	Fast N' Loud	Good Luck Jessie	Reviews on	Cops	Hid. City	
11 PM	Movie: "The Tuxedo"	CHBC News Final (N)	Mega Builders	Charlie Rose (N)	News J. Fallon	News Letterman	The Killer Speaks	KXLY 4 J. Kimmel	News Hour Final (N)	ET Canada The Test	CBC News Vancouver	Vampire Haunting	SportsCentre	News-Lisa CTV News	Vegas Rat Rods	Wizards Life Derek	Recovery Paid Prog.	Jail	Sturgis Raw

# Friday Movies

**EVENING**

7:00 pm YTV ch.18 "Alpha and Omega" (2010, Adventure) Voices of Justin Long. Animated. After park rangers relocate them halfway across the country, a carefree wolf and his stern companion must find a way back to their pack to prevent a war. (In Stereo) (CC)

8:00 pm FAM ch.26 "Avalon High" (2010, Fantasy) Britt Robertson. A high-school student believes that her new classmates are reincarnations of King Arthur and members of his court. (In Stereo) (CC)

10:00 pm KSPS ch.6 "Jake Shimabukuro: Life on Four Strings" (2012, Documentary) The life of ukulele virtuoso Jake Shimabukuro, from his childhood to

his rise to international stardom. FAM ch.26 "Jump In!" (2007, Drama) Corbin Bleu. A promising young boxer joins an all-girl team to compete in double Dutch jump-roping. (In Stereo) (CC)

11:00 pm WTBS ch.3 "Kiss the Girls" (1997, Mystery) Morgan Freeman. After escaping from a serial killer, a doctor helps police and a forensic psychologist track the madman.



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# News Leader Recipe 611

## Almond Cinnamon Rolls

(NC) Nothing says "good morning" better than a batch of warm-from-the-oven almond cinnamon rolls, so here's a recipe created for the Almond Board of California by Emily Richards, author of Get In The Kitchen and COOK. This nutritious and delicious treat combines sweet cinnamon with crunchy scrumptious almonds making them the perfect addition to any brunch - or to enjoy with a coffee and mom on her special day. Serves 16.

**Ingredients**

- 2 1/4 cups (550 mL) whole wheat flour (approx.)
- 1/2 cup (125 mL) wheat bran
- 1/4 cup (60 mL) ground almonds
- 1/4 cup (60 mL) packed brown sugar
- 1 packet (8 g) instant or quick rise yeast
- 1 cup (250 mL) almond milk, warmed
- 3 tbsp (45 mL) canola oil

**Filling:**

- 1/4 cup (60 mL) packed brown sugar
- 2 tsp (10 mL) ground cinnamon
- 1/4 cup (60 mL) natural almond butter
- Liquid honey or icing sugar (optional)

**Directions**

In a large bowl, combine 2 cups (500 mL) of the flour, almonds, wheat bran, sugar and yeast. Make a small well in the middle of the flour mixture and pour in oil and almond milk. Using a wooden spoon, stir well to form soft sticky dough. Turn out dough onto a floured surface and knead, adding remaining flour, for about 3 minutes or until smooth soft dough forms. Cover and let rest for 30 minutes. Roll out dough to 12 x 16 inch (30 x 40 cm) rectangle.

Filling: In a small bowl, combine sugar and cinnamon. Spread almond butter evenly over top of dough and sprinkle with sugar mixture. Starting at one long side roll up jelly roll style and pinch seam to close. Using a serrated knife cut into 16 pieces and place in paper muffin liners on a baking sheet. Cover and let stand for 30 minutes.

Bake in 375 F (190 C) oven for about 20 minutes or until golden. Serve warm. Drizzle with honey or dust with icing sugar to serve if desired. Tip: For a light vanilla flavour, look for vanilla almond milk in the dairy case.

This recipe has been evaluated by the Heart and Stroke Foundation registered dietitians and is part of a healthy diet based on recommendations in Canada's Food Guide.

- www.newscanada.com

**FRIDAY, MAY 9, 2014**

	WTBS ch.3	CHBC ch.4	KNOW ch.5	KSPS ch.6	KHQ ch.7	KREM ch.8	A&E ch.9	KXLY ch.10	BCTV ch.11	CITY ch.12	CBC ch.13	YTV ch.18	TSN ch.19	VTV ch.22	DISC ch.24	FAM ch.26	CITY ch.29	SPIKE ch.44	DTOUR ch.45
6 AM	In the Heat of the Night	Morning News (N) 30	Wibbly Pig	Clifford	KHQ News 6AM (N)	KREM 2 Morning News	The First 48 0 30	Morning Northwest	Morning News (N) 30	(5:00) Morning News (N)	CBC News Now (N) 0	Kid vs. Kat	Sports	CTV Morning Live (N) 0 30	Nerve Center	Stella-Sam ANT Farm	CityLine (N) 30	Ways Die	Eat St. 0
7 AM	Law & Order: SVU		G. Shrinks	Arthur	Today Kim Goldman; Ellen Prager; Carey Hart. (N) 0 30	CBS This Morning (N) 0 30	The First 48 0 30	Good Morning America (N) 30			Tiger	Yu-Gi-Oh!			Last Car Standing	Shake It Austin	Let's Make a Deal (N)	Ways Die	Disaster
8 AM	Law & Order: SVU		PAW Patrol	Curious			The First 48 0 30			Morning Huntley St.	Bo On/Go	Pokémon		Flying Wild Alaska 30	Jessie 30	The Price Is Right (N)	Ways Die	Roseanne	
9 AM	Millionaire	Morning Millionaire	Dinosaurs	Peg			The 700 Club 0 30	The First 48 "Silenced"	Livel Kelly and Michael	Morning Huntley St.	The Doctors 0 30	Super Why! Napkin	Monster	SportsCentre 30	Livel Kelly and Michael	Mighty Ships 30	Little Manny	Jdg Judy	Friends 0
10 AM	Divorce	The Doctors 0 30	Ella the El	Sesame Street 0 (EI)			The Price Is Right (N)	After the First 48 30	The View 0 30	The Doctors 0 30	Pitchin' In	Bookaboo	Invasion	Premier	The View 0 30	Auction	Never Land 0 30	The Chew 0 30	Treasures Decoded 0
11 AM	Judge Alex	Pitchin' In	G. Shrinks	Tiger	Jdg Judy	Young & Restless	The First 48 0 30	Paid Prog. America	Pitchin' In	Noon News Hour (N)	Dragons' Den 0 30	Flamingo		Marilyn Denis	How/Made	ANT Farm	General Hospital (N) 0	Ways Die	Ghost Adventures 30
12 PM	King	Noon News Hour (N)	PAW Patrol	Charlie Rose 0 30	Paid Prog.	News	After the First 48 30	The Chew 0 30	Noon News Hour (N)	Days of our Lives (N)	CBC News Now (N) 0	Kid vs. Kat		CTV News (N) 0 30	Fast N' Loud	Wingin' It	Katie 0 30	Ways Die	Eat St. 0
1 PM	Community	Days of our Lives (N)	Wibbly Pig	Wyland's	Days of our Lives (N)	The Talk 0 30	The First 48 0 30	General Hospital (N) 0	Days of our Lives (N)	The Talk 0 30	Republic of Doyle 0	Rated A Monster	That's Hockey 2 Nite	The Social 0 30	Fast N' Loud 0 30	Wizards	CityLine 30	Cops 30	Roseanne
2 PM	Seinfeld 0	The Talk 0 30	Ella the El	Thomas	Katie 0 30	Let's Make a Deal (N)	After the First 48 30	Queen Latifah	The Talk 0 30	Queen Latifah	Steven and Chris 30	Kid vs. Kat	Off Record	Dr. Phil 0 30	Vegas Rat Rods	Good Luck	CityNews at 5 (N) 30	Cops 30	Friends 0
3 PM	The Middle	Queen Latifah	Dive, Oily	Sid	Ellen DeGeneres Show	Dr. Phil 0 30	The First 48 0 30	Rachael Ray 0 30	Queen Latifah	Young & Restless	Coronation	Sidekick	SportsCentre (N) 30	The Dr. Oz Show 30	How/Made	Shake It	CityNews at 6 (N) 30	Cops 30	Disaster
4 PM	Big Bang	Young & Restless	Maya Bee	Wild Kratts	Jdg Judy	The Dr. Oz Show 30	The First 48 0 30	The Doctors 0 30	Young & Restless	Early News	NHL Hockey: Conference Semifinal: Teams TBA. (N) 0 (Live)	SpongeBob	Hockey	Ellen DeGeneres Show	Daily Planet (N)	Phineas	Mod Fam	Cops 30	Treasures Decoded 0
5 PM	Browns	News (N) 30	Dino Dan	News	News	News	The First 48 0 30	ABC News	Early News	(4:59) News Hour (N)	Semifinal: Teams TBA. (N) 0 (Live)	SpongeBob	Hockey: Conference Semifinal: Teams TBA. (N) 0 30	CTV News at Five (N)	Sons of Guns: Locked	Austin	Last Man	Cops 30	Surviving Evil 0
6 PM	Browns	Global Nat. News	Mega Builders 30	PBS News-Hour (N) 30	News	KREM 2 News at 6 (N)	The First 48 0 30	News at 6	(5:59) News Hour (N)	ET Canada	Semifinal: Teams TBA. (N) 0 (Live)	SpongeBob	Hockey: Conference Semifinal: Teams TBA. (N) 0 30	CTV News (N) 0 30	Sons of Guns (N) 30	(5:27) Jessie 0 30	Suburg.	Bellator MMA Live (Season Finale) (N) 0 (Live)	The Dead Files 0 30
7 PM	Mod Fam	Ent	Coast 30	Wash	Jeopardy!	Wheel	The First 48 0 30	Ent	Ent	21st Annual Inspire Awards 30	CBC News: Vancouver	Movie: "Alpha and Omega" (2010) 0 30	SportsCentre (N) (Live) 30	etalk (N)	Mayday (N) 30	Music Awards	Suburg.	(7:01) Hannibal (N) 0 (Live)	The Dead Files 0 30
8 PM	Family Guy	21st Annual Inspire Awards 30	New Tricks 0 30	Call the Midwife 30	Dateline NBC (N) 30	Unforgettable (N) 30	(8:02) The First 48 30	Shark Tank 0 30	Dream Builders	To Be Announced				Spun Out	Mayday 30	Movie: "Avalon High" (2010) 0	CityNews-Tonight (N)	(8:15) Cops 30	Ghost Adventures 30
9 PM	Amer. Dad	Hawaii Five-0 0 30	Lewis "The Indelible Stain" 30	Silk-Ensemble	Grimm (N) 30 (DVS)	Hawaii Five-0 0 30	(9:01) The First 48 30	Shark Tank (N) 0 30	Hawaii Five-0 0 30	Hawaii Five-0 0 30		Cache	That's Hockey 2 Nite	Kirstie (N)	Grimm (N) 30 (DVS)	Sons of Guns: Locked	Jimmy Kimmel Live 0	Cops 30	Ghost Adventures 30
10 PM	Jeffersons	Dream Builders	"Jake Shimabukuro: Our Part"	(10:01) Hannibal (N) 0	Blue Bloods "Exiles"	(10:01) The First 48 0	(10:01) The First 48 0	(10:01) 20/20 0 30	Dream Builders	News Hour Final (N)	The National (N) 30	Japanizl	SportsCentre (N) 30	Blue Bloods "Exiles"	Sons of Guns 0 30	Movie: "Jump In!" (2007) 0 30	EP Daily	Jail 30	The Dead Files 0 30
11 PM	Movie: "Kiss the Girls"	CHBC News Final (N)	Architects of Change	Charlie Rose (N) 30	News	News	(11:01) The First 48 0	KXLY 4	News Hour Final (N)	ET Canada	CBC News Vancouver	Mr. Young	SportsCentre 30	News-Lisa	Mayday 30	Life Derek	Recovery	Jail 30	Ghost Adventures 30



# News Leader Weekend - Sunday Movies

**MORNING**

8:00 am DTOUR ch.45 "Conan the Destroyer" (1984, Adventure) Arnold Schwarzenegger. An evil queen wants Conan to fetch a jewel-encrusted horn that can awaken the dead. (In Stereo) (CC)  
 9:00 am WTBS ch.3 KXLY ch.10 "The Water Horse" (2007, Fantasy) Emily Watson. A lonely boy finds the egg of a mythical Scottish sea creature.  
 11:00 am WTBS ch.3 "The Gift" (2000, Suspense) Cate Blanchett. Telling fortunes to support herself and her daughter, a psychic widow assists the police in a missing persons case.  
 YTV ch.18 "Cheaper by the Dozen" (2003, Comedy) Steve Martin. While his wife is away on business, a college football coach must handle the chaos surrounding his 12 children. (In Stereo) (CC)

**AFTERNOON**

12:00 pm VTV ch.22 "A Cinderella Story" (2004, Romance-Comedy) Hilary Duff. A teenager with a wicked stepmother develops an online relationship with a popular high-school quarterback. (In Stereo) (CC)  
 FAM ch.26 "Lemonade Mouth" (2011, Musical) Bridgit Mendler. Five high-school students form a music group and prepare to compete against a popular rock band. (In Stereo) (CC)  
 1:00 pm WTBS ch.3 "The Mexican" (2001, Comedy-Drama) Brad Pitt. A bungling gangster

must reform to please his girlfriend but still has one last job to fulfill.  
 1:15 pm YTV ch.18 "Cheaper by the Dozen 2" (2005, Comedy) Steve Martin. While on vacation, Tom Baker discovers old rival Jimmy Murtaugh and his family are also there; the Bakers and Murtaughs find themselves in less-than-friendly competition. (In Stereo) (CC)  
 2:00 pm KSPS ch.6 "Mulberry Child" (2011, Documentary) Narrated by Jacqueline Bisset. Jian Ping uses a memoir of her childhood to try to help her Americanized daughter understand what life was like during China's Cultural Revolution. (In Stereo) (CC)  
 CBC ch.13 "Booky Makes Her Mark" (2006, Drama) Tatiana Maslany. A spunky 15-year-old Canadian girl dreams of becoming a writer during the Great Depression. (In Stereo) (CC)  
 3:15 pm YTV ch.18 "Mrs. Doubtfire" (1993, Comedy) Robin Williams. Estranged from his wife, an out-of-work actor masquerades as a nanny to be with his children. (In Stereo) (CC)

**EVENING**

6:00 pm WTBS ch.3 "Body of Lies" (2008, Drama) Leonardo DiCaprio. A CIA operative hatches a dangerous plan to catch the leader of a terrorist organization, but conflicts with his two closest allies may cost him his life.  
 YTV ch.18 "Soccer Mom" (2008,

Comedy) Missi Pyle. Premiere. A single woman pretends to be a former soccer star to coach her daughter's team. (In Stereo) (CC)  
 9:00 pm KSPS ch.6 "Murder on the Home Front" (2013, Crime Drama) Patrick Kennedy. With help from his secretary, a pathologist employs new forensic techniques to help catch a serial killer

in 1940s London. (In Stereo) (CC)  
 10:00 pm FAM ch.26 "Johnny Kapahala: Back on Board" (2007, Comedy) Brandon Baker. A snowboarder from Vermont goes to Hawaii for the wedding of his grandfather, a legendary surfer. (In Stereo) (CC)  
 10:30 pm WTBS ch.3 "The Box" (2009, Horror) Cameron Diaz. A

husband and wife receive a simple wooden box which will grant them \$1 million, but simultaneously, it will cause the death of someone elsewhere in the world.



Mrs. Low's kindergarten class went to Mr. O'Malley's at PSS to make pizzas and cookies as part of the JA Kitchen Kids project recently. The high school students assisted the younger ones and all had a great time! Pictured from left are: Tjay Smith, Natasha Smith, Dante Rudd, Kelsey Fuller, Conrad Sill, Matthew Williams, Mr. Williams. Photo: Shirley Low

**SUNDAY, MAY 11, 2014**

	WTBS ch.3	CHBC ch.4	KNOW ch.5	KSPS ch.6	KHQ ch.7	KREM ch.8	A&E ch.9	KXLY ch.10	BCTV ch.11	CITY ch.12	CBC ch.13	YTV ch.18	TSN ch.19	VTV ch.22	DISC ch.24	FAM ch.26	CITY ch.29	SPIKE ch.44	DTOUR ch.45	
6 AM	On Spot	In a Name	Wibbly Pig	Mr. Rogers	Today (N)	Paid Prog.	Criminal Minds	Paid Prog.	In a Name	Sunday Morning News (N)	Super Why!	Sidekick	Formula One Racing	Canada AM Weekend	Don't Drive Here	Slug Terra	R Schuller	Off Road	Fishful	
6:30	Cooltest	World	Monkey	WordWorld	Ⓜ	Paid Prog.		Paid Prog.	World		Poko	Super Evil				Wingin' It	ChurchRck	Engine	Paid Prog.	
7 AM	P. Affairs	Sunday Morning News (N)	Ella the El	Barney	English Premier League	CBS News Sunday Morning (N)	Criminal Minds "Coda"	Good Morning America	Sunday Morning News (N)		News	Squirrel	Reporters	App	Hidden Kingdoms	Gravity	Eye/Asia	Truck Tech	Deck Wars	
7:30	All. Eats		Jelly Jamm	Space							Artzooka	Pet Shop	Barclays	The Social		Wizards	Dhartl	Muscle	Ⓜ	
8 AM	The Office		Upside	Curious	Soccer: Relegation Sunday	The Nation	Criminal Minds	This Week			Coronation	Pet Shop	English Premier League	Question Period (N)	Hidden Kingdoms	ANT Farm	Pakistan	Bar Rescue	Movie: ** "Conan the Destroyer" (1984)	
8:30	Paid Prog.		PAW Patrol	Cat in the Hat	Teams TBA. (N)						Coronation	Parents	Soccer: Teams TBA. (N)	Operation Smile	Hidden Kingdoms	Shake It	Festival Italiano di Lombardi	Bar Rescue	Ⓜ	
9 AM	Movie: *** "The Water Horse" (2007)		Dino Dan	Biz Kid\$		Pain Free	Bates Motel "The Box"	Movie: *** "The Water Horse" (2007)		Block	Coronation	Parents	30 for 30	Worst Handyman	Dangerous Flights	Good Luck Austin	Bar Rescue	Bar Rescue	Ⓜ	
9:30			Arthur	The Impact		Paid Prog.				Context	Coronation	ICarly								
10 AM		Block	Wild Kratts	Inside Olympia	Prem Goal Zone	Cash Cab	Bates Motel		Block	Simpsons	Coronation	ICarly		Kevin Newman Live	Licence to Drill: Louis	Dog	Radio Disney Awards	Shopping Channel	Bar Rescue	Moves
10:30		Context	Little			Paid Prog.			Context	Simpsons	M'ketplace	ICarly				(10:45)			Ⓜ	
11 AM	Movie: *** "The Gift" (2000) Cate Blanchett.	PGA Tour Golf: The Players Championship, Final Round. (N)	Little	Moyers	PGA Tour Golf: The Players Championship, Final Round. (N)	Cash Cab	Barry'd	World of X Games (N)	PGA Tour Golf: The Players Championship, Final Round. (N)	PGA Tour Golf: The Players Championship, Final Round. (N)	Our Vancouver	Movie: *** "Cheaper by the Dozen" (2003)		MLS Soccer: Los Angeles Galaxy at Portland Timbers. (N)	Bering Sea Gold	Movie: "Lemonade Mouth" (2011)	Travels	Bar Rescue	Ghost Adventures	
11:30			Hedgehog	Europe Jml		Whacked	Barry'd				Land/ Sea			Movie: ** "A Cinderella Story" (2004)	Fast N' Loud	Movie: "Lemonade Mouth" (2011)	Get Stuffed	Bar Rescue	Ghost Adventures	
12 PM	Movie: *** "The Mexican" (2001) Brad Pitt.	Movie: *** "The Mexican" (2001) Brad Pitt.	Dogs/ Jobs	Wings for Maggie Ray		Fishing	Storage	NBA	Basketball: Playoffs, Conference Semifinal: Teams TBA.		Q With Jian Ghomeshi	(1:15) Movie: ** "Cheaper by the Dozen 2"					Murdoch Mysteries	Bar Rescue	Ghost Adventures	
12:30			Dogs			Bull Riding: PBR Last Cowboy Standing. (Taped)	Storage				Movie: "Booky Makes Her Mark" (2006)							Bar Rescue	Ⓜ	
1 PM			Rivers	E Haku Inoa: To Weave		Storage	Storage				Movie: "Booky Makes Her Mark" (2006)							Bar Rescue	Ⓜ	
1:30			Rivers			Storage	Storage											Bar Rescue	Ⓜ	
2 PM			Mega Builders	"Mulberry Child" (2011)		Paid Prog.	Duck D.	Paid Prog.										Mod Fam	Hungry Investors	Ghost Adventures
2:30						Paid Prog.	Duck D.	Paid Prog.										Mod Fam	Bar Rescue	Ⓜ
3 PM	Big Bang		Hope for Wildlife	Simple Piece		Paid Prog.	Duck D.	Paid Prog.										Wander	Hungry Investors	Disaster
3:30	Big Bang					Paid Prog.	Duck D.	Paid Prog.										Parent's	Bar Rescue	Ⓜ
4 PM	Big Bang	Simpsons	Fighting the Blue	Extraordinary Women	LazyTown	Backroads	Duck D.	The Insider	Simpsons	Simpsons	NHL Hockey: Conference Semifinal: Teams TBA. (N) (Live)							Countdown	How/Made	Bar Rescue
4:30	Big Bang	Simpsons			Zou (E)	Inside Edit.	Duck D.	Estate	Simpsons	Global Nat.								How/Made	Bar Rescue	Ⓜ
5 PM	Mod Fam	Simpsons	Henry VIII: The Mind	Mother In Law	News	News	Duck D.	News	Simpsons	(4:59) News Hour (N)								Countdown	Bar Rescue	
5:30	Mod Fam	News			KHQ News	CBS News	Duck D.	ABC News	Simpsons	Hour (N)								Countdown	Bar Rescue	
6 PM	Movie: *** "Body of Lies" (2008)	Global Nat.	Mega Builders	Doc Martin	News	KREM 2 News at 6 (N)	Duck D.	News at 6	(5:59) News Hour (N)	The Good Wife (N)								Countdown	Bar Rescue	
6:30		News			Wheel	News at 6 (N)	Duck D.	Red Carpet										Countdown	Bar Rescue	
7 PM	Leonardo DiCaprio.	Burgers	Secret Cities	Call the Midwife (N)	Dream Builders	60 Minutes (N)	Duck D.	Funnest Home Videos	Burgers	Burgers	To Be Announced							Countdown	Bar Rescue	
7:30		Amer. Dad					Duck D.		Amer. Dad	Amer. Dad								Countdown	Bar Rescue	
8 PM		Simpsons	Monarch of the Glen	Masterpiece Classic (N)	Dateline NBC (N)	The Amazing Race (N)	(8:02) Duck Dynasty	Once Upon a Time (Season Finale) (N)	Simpsons	Simpsons								Countdown	Bar Rescue	
8:30	The Closer	Family Guy							Family Guy	Family Guy								Countdown	Bar Rescue	
9 PM		Cosmos-Space	Waking the Dead	Movie: "Murder on the Home Front"	Rosemary's Baby (N)	The Good Wife (N)	Duck D.		Cosmos-Space	Cosmos-Space								Countdown	Bar Rescue	
9:30	The Closer						Duck D.											Countdown	Bar Rescue	
10 PM		The Good Wife (N)	Waking the Dead	DCI Banks	News	The Mentalist (N)	Duck D.	(10:01) Revenge	The Good Wife (N)	News Final								Countdown	Bar Rescue	
10:30	Movie: ** "The Box" (2009)	News Final	Crocodile King	"Wednesday's Child"	News		Duck D.	KXLY 4	News Final	Paid Prog.								Countdown	Bar Rescue	
11 PM		Block			Paid Prog.	Family Guy	Duck D.	Van Impo	Block	Paid Prog.								Countdown	Bar Rescue	
11:30																		Countdown	Bar Rescue	

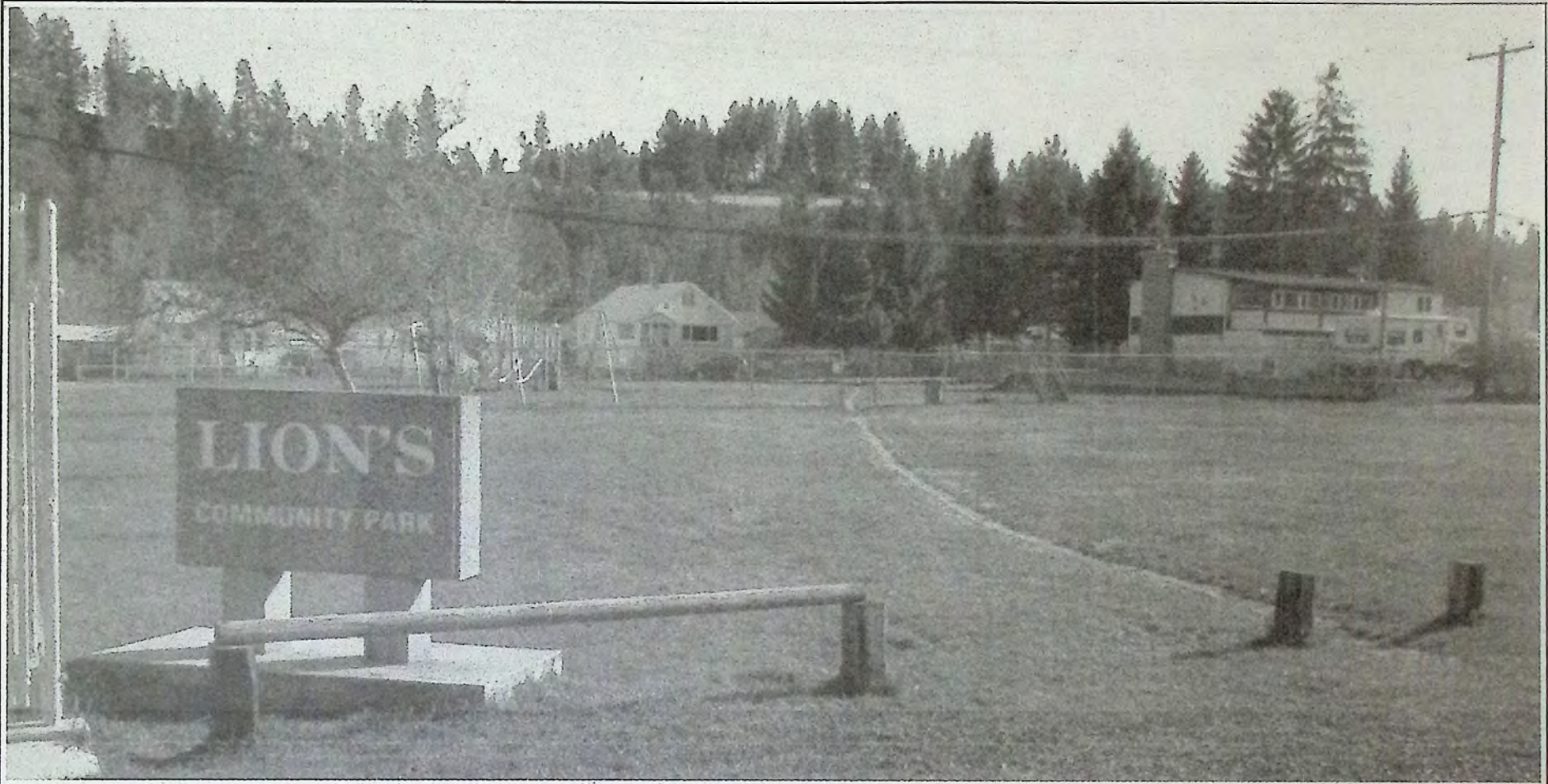




2013-14 Youth Ambassadors Carmen Brodie, left, and Destiny Earle, right, and Friendship Ambassador Morgan Whelpton, centre are getting close to the end of their 'term in office.'\*

MONDAY, MAY 12, 2014

	WTBS ch.3	CHBC ch.4	KNOW ch.5	KSPS ch.6	KHQ ch.7	KREM ch.8	A&E ch.9	KXLY ch.10	BCTV ch.11	CITY ch.12	CBC ch.13	YTV ch.18	TSN ch.19	VTV ch.22	DISC ch.24	FAM ch.26	CITY ch.29	SPIKE ch.44	DTOUR ch.45
6 AM	In the Heat of the Night	Morning News (N) [DVS]	Wibbly Pig	Clifford	KHQ News 6AM (N)	KREM 2 Morning News	Criminal Minds "Coda"	Morning Northwest	Morning News (N) [DVS]	(5:00) Morning News (N)	CBC News Now (N) [DVS]	Kid vs. Kat Rescue	SportsCentre [DVS]	CTV Morning Live (N) [DVS]	Shred!	Stella-Sam	CityLine (N) [DVS]	Bar Rescue [DVS]	Eat St. [DVS]
7 AM	Law & Order: SVU		G. Shrinks	Arthur (N)	Today (N) [DVS]	CBS This Morning (N) [DVS]	Criminal Minds [DVS]	Good Morning America (N) [DVS]			Tiger	Super Evil	SportsCentre [DVS]		Cash Cab	Shake It	Let's Make a Deal (N)	Bar Rescue [DVS]	Disaster [DVS]
8 AM	Law & Order: SVU		Wild Kratts	Wild Kratts			CSI: Miami [DVS]			Morning Huntley St.	Bo On/Go	Pokémon	SportsCentre [DVS]		Canada's Worst Driver	Jessie [DVS]	The Price Is Right (N)	Bar Rescue [DVS]	Roseanne [DVS]
9 AM	Millionaire	Morning	Dinosaurs	Peg															
10 AM	Divorce	The Doctors [DVS]	Ella the Elf	Sesame Street [DVS]															
11 AM	Judge Alex	Pitchin' In	G. Shrinks	Tiger	Jdg Judy	Young & Restless	Criminal Minds [DVS]	Paid Prog.	Pitchin' In	Noon News Hour (N)	Our Vancouver [DVS]	Flamingo		Marilyn Denis	Overhauled [DVS]	ANT Farm	General Hospital (N) [DVS]	Hungry Investors [DVS]	Bggg Bttls [DVS]
12 PM	King	Noon News Hour (N)	PAW Patrol	Charlie Rose [DVS]	NuWave	News	The First 48 [DVS]	The Chew (N) [DVS]	Noon News Hour (N)	Days of our Lives (N)	CBC News Now (N) [DVS]	Kid vs. Kat		CTV News (N) [DVS]	River Monsters [DVS]	Wingin' It	Katie [DVS]	Bar Rescue [DVS]	Eat St. [DVS]
1 PM	Community	Days of our Lives (N)	Wibbly Pig	Paint This	Days of our Lives (N)	The Talk [DVS]	The First 48 [DVS]	General Hospital (N) [DVS]	Days of our Lives (N)	The Talk [DVS]	Republic of Doyle	Rated A	That's Hockey 2 Nite	The Social [DVS]	River Monsters [DVS]	Wizards	CityLine [DVS]	Cops [DVS]	Roseanne [DVS]
2 PM	Seinfeld [DVS]	The Talk [DVS]	Ella the Elf	Thomas	Katie [DVS]	Let's Make a Deal (N)	The First 48 [DVS]	Queen Latifah	The Talk [DVS]	Queen Latifah	Steven and Chris [DVS]	Kid vs. Kat	Off Record	Dr. Phil [DVS]	How/Made	Good Luck	CityNews at 5 (N) [DVS]	Cops [DVS]	Friends [DVS]
3 PM	The Middle	Queen Latifah	Dive, Oily	Sid	Ellen DeGeneres Show	Dr. Phil [DVS]	The First 48 [DVS]	Rachael Ray [DVS]	Queen Latifah	Young & Restless	Coronation	Sidekick	SportsCentre (N) [DVS]	The Dr. Oz Show [DVS]	How/Made	Shake It	CityNews at 6 (N) [DVS]	Cops [DVS]	Disaster [DVS]
4 PM	Big Bang	Young & Restless	Maya Bee	Wild Kratts	Jdg Judy	The Dr. Oz Show [DVS]	Duck D.	The Doctors [DVS]	Young & Restless	Early News	NHL Hockey: Conference Semifinal: Teams TBA. (N) [DVS]	SpongeBob	Hockey	Ellen DeGeneres Show	Daily Planet (N)	Phineas	Mod Fam	Cops [DVS]	Live Here [DVS]
5 PM	Browns	News (N) [DVS]	Martha	News	News	News	Duck D.	News	Early News	(4:59) News Hour (N)	Semifinal: Teams TBA. (N) [DVS]	Parents	MLB Baseball: Chicago Cubs at St. Louis Cardinals. (Live) [DVS]	CTV News at Five (N)	How/Made	Jessie [DVS]	Broke Girl	Cops [DVS]	Bggg Bttls [DVS]
6 PM	Browns	Global Nat.	Animals	PBS News-Hour (N) [DVS]	News	KREM 2 News at 6 (N)	Duck D.	News at 6 (N)	(5:59) News Hour (N)	ET Canada		Sam & Cat		CTV News (N) [DVS]	NeverEver	Austin	Mike	Cops [DVS]	Bord. Rico [DVS]
7 PM	Mod Fam	Ent	Hope for Wildlife [DVS]	2012	Jeopardy!	Inside Ed.	Duck D.	Ent	Ent	The Blacklist [DVS]	CBC News: Vancouver	Hathaways		etalk (N)	Jacked! (N) [DVS]	Win, Lose	The Bridge "10" (N)	Cops [DVS]	Security [DVS]
8 PM	Family Guy	Bones (N) [DVS]	The Fairytale Roadshow (N)	Antiques Roadshow (N)	The Voice	Broke Girl	Duck D.	Dancing With the Stars American icons night. [DVS]	Bones (N) [DVS]	Bones (N) [DVS]	To Be Announced	Vampire	SportsCentre (N) [DVS]	The Voice	How/Made	Good Luck	CityNews-Tonight (N)	Cops [DVS]	Live Here [DVS]
9 PM	Amer. Dad	24: Live Another Day	Fake or Fortune? [DVS]	Antiques Roadshow [DVS]	perform. [DVS]	Mike	Duck D.	24: Live Another Day	24: Live Another Day	24: Live Another Day		Haunting	That's Hockey 2 Nite	NeverEver	Wingin' It	Jimmy Kimmel Live [DVS]	Jail [DVS]	Ghost Adventures [DVS]	
10 PM	Jeffersons	(10:01) The Blacklist [DVS]	Inside Disaster: Haiti	Independent Lens (N) [DVS]	(10:01) The Blacklist [DVS]	NCIS "Gut Check" [DVS]	Duck D.	(10:01) The Castle [DVS]	News Hour Final (N)	The National (N) [DVS]		Gags	SportsCentre (N) [DVS]	(10:01) Castle [DVS]	Jacked! [DVS]	Good Luck	EP Daily	Jail [DVS]	Security [DVS]
11 PM	Movie: "Speed Racer"	CHBC News Final (N)	Hope for Wildlife [DVS]	NW Profil	J. Fallon	Letterman	Duck D.	KXLY 4	News Hour Final (N)	ET Canada	CBC News Vancouver	Vampire	SportsCentre [DVS]	News-Lisa	How/Made	Wizards	Recovery	Jail [DVS]	Bord. Rico [DVS]



One way to save downtown Princeton is how we spread news about activities going on in and around our community.\*

## Saving Downtown Princeton...

...An Ongoing Series by George Elliott

I have spent a lot of time discussing economic issues with fellow business owners off and on over the past few months. The conversations in the past week have been confirming what I've experienced in our business as well.

It has been a tough winter.

The upside is that the business owners I've talked to in the past week have all experienced a bit of an increase in revenue since the weather started to improve. In addition to that, a lot of us need a pretty good summer to get back on track in order to salvage the year.

One of the things that continues to hurt the local economy is attitude.

I've mentioned it before, but I need to look a bit deeper in how things that are said and spread online can have a negative affect on the perception of our community from outside the area.

Recent rumblings online about various issues eating at the minds

and thoughts of many residents cover the spectrum. Many of them are extremely valid concerns, but I'm not so sure airing them over the internet is always such a wise idea.

I'm usually pretty careful what debates I get involved in online, as I know for many I'm not just a 'person' in Princeton. I am almost always associated with the 'newspaper' and so that makes it sometimes difficult for me to be as vocal as I would like to be.

On the other hand, that is also a good thing.

An example is a series of posts on a social media site related to an incident involving the discovery of a used needle.

Trust me, it's not the first time this has happened in the twenty-six years I've lived here. It also isn't as if it happens daily, either but by the tone of the online banter someone thinking of moving here stumbling across it would have reason to reex-

amine that choice.

Common sense would hopefully kick in and the prospective new resident would do some extra research to get a better look at the whole picture instead of using that single incident to form an opinion about Princeton. This is just one example.

Anytime there's disaster-type bad news in the region, that's what the big city media outlets latch on to, as that's what sells papers and brings viewers. I completely understand the mechanics behind that, but it also portrays the community unfairly.

This is why I think that if we really are proud of our community, we should be talking about that a lot more online, in e-mails, on the street and when we go out of town. Good news should be shared and I'm going to start with some right here.

I applaud the recent new business operators who have launched their dreams in Princeton. I am thinking

particularly of Nick and Renee Goreas for re-opening a restaurant and Lady TamAírah for taking on a hair salon. Both of these businesses deserve the support of locals to show we are proud of entrepreneurs who aren't afraid to take the risk of going into business in a tough economic climate and in a community that sometimes ignores local business.

It also means that when you support these businesses, and have a good experience, you should talk about it. Nothing is more encouraging to new (and existing) businesses than to have good feedback come back to them in the form of new customers.

Just the other day I had heard good things said about my business. It happened on a day when I absolutely needed to hear it. Compliments confirm that we are all doing something right.

How does this save downtown

Princeton?

The addition of new business is one of many ways to save the downtown core. But, remember, it is not the only way to save downtown Princeton. By supporting these new businesses whenever we can and talking positively about them not only shows civic pride, it spreads a positive attitude.

That positive attitude does many things and one of them is that it makes our community appear attractive to visitors and investors.

Dwelling on negatives just sucks that energy into a vacuum.

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# News Leader Classified Ads

25 Words - \$9.00 (includes GST) - Pay for two weeks, the third week is FREE!

Obituary

Obituary

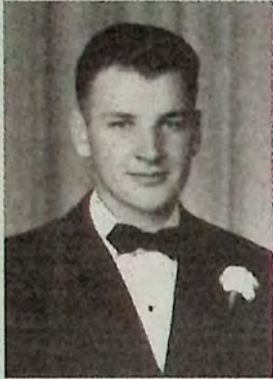
Help Wanted

Help Wanted

Help Wanted

## David Paterson Brown

1932 - 2014



After a long and courageous struggle with Parkinson's Disease, David passed away peacefully in Princeton on February 5, 2014.

A full obituary will be published once his family finds the words to describe the life and spirit of this remarkable man.

People who knew David are invited to join his family for a celebration of his life at 2:00 p.m. on Saturday, May 10, 2014 at Branch 56 of the Royal Canadian Legion in Princeton, B.C.

Princeton Golf Club is looking for full-time/part-time servers, \$10.50 to start. Relief Cook \$14.00 - \$16.00 depending on experience. Apply by fax to 250-295-6246 or e-mail [pgcmrg@eastlink.ca](mailto:pgcmrg@eastlink.ca) May 05-20

For Rent

Furnished apartment in Princeton. Available NOW! Excellent references and damage deposit required. No pets, must be quiet. Rent starts at \$530.00/month. Phone 250-295-1006 for details or leave a message with the best time to call back. Jan 20-May 01

1-bedroom apartment. Clean with great view. No smoking. Asking \$580/month. 2-bedroom apartment. Bright and clean, nice view of downtown park, high ceilings, dining room and living room. 1 storefront \$500/month. 1 storefront \$650/month includes utilities. Close to park and library. No smoking. Call 250-295-4113. May 05-20

Yard Sale

Large multi-family yard sale Saturday, May 10th 305 Fenchurch Avenue. Collectibles, antiques, building supplies, tools, fabrics, knitting machine, electronics, lawn mower, pottery, free stuff and more!

Notices

**Shirley's Arts & Crafts Yard Sale and Smash and Burn Party!**  
8:30 AM May 10th

Anything not sold by 10:00 AM gets smashed or burned!!

Shirley's Factory seconds, experiments, duplicate paintings and anything that has been around too long!

Country location at 1102 Highway 5A. Campfire coffee & Hobo Bread. Roasted marshmallows and other goodies!

Everyone Welcome!!!



Care A Lot Home Support is currently seeking caring individuals for the following positions: RN, LPN, Care Aides, Receptionist, book-keeper and housekeepers.

Individuals must be positive and work well as a team. Resume can be dropped of Fridays 1:00 to 2:00 PM and Saturdays 1:00 to 2:00 PM at 121 Vermilion Avenue, Princeton. to May 05

## MEDICAL OFFICE ASSISTANT

Princeton, BC

Full time position - 40 hours per week

The Cascade Medical Clinic in Princeton B.C. is seeking a Medical Office Assistant to work as part of their team in their fast paced medical office environment. Candidate must have successfully completed an MOA program or have relevant experience and education.

The successful candidate will require a strong knowledge of computers. Experience working with Med Access is an asset but not required.

Please email resume and references to: [sosdivision@shaw.ca](mailto:sosdivision@shaw.ca)  
Or fax: 778-476-5992. Closing date: Friday, May 16, 2014

## PRINCETON MUSEUM - Now Hiring

Two Positions for the 2014 summer season

Museum Archive Assistant - Museum Supervisor

Looking for a summer job? Are you a student (15 years or older) who is enrolled for classes in the 2014/15 school year (secondary or post)? If so, we would love to meet you!

Drop off, mail or e-mail your resume to:

[princetonmuseum@gmail.com](mailto:princetonmuseum@gmail.com)  
Princeton Museum, P. O. Box 281, Princeton, BC, V0X 1W0  
Phone: 250-295-7588

For Rent

For Rent

## MONTHLY RENTALS

Room fully furnished, includes utilities	\$ 400/\$ 450 month
2 Bedroom apartment, includes utilities	\$1,000 month
4 Bedroom Cabin, includes utilities	\$1,800 month
RV, includes utilities	\$ 500 month

Also 2/3 Bedroom house, 207 Angela Avenue Princeton with huge lot to river, fully furnished, excludes utilities \$1,000 month

**CASTLE RESORT - 250-295-7988**

Notices

Notices

FAX SERVICE. Send or receive. Confidentiality guaranteed. Stop in to the News Leader office (next to CIBC) or call Brenda for details. 250.295.4149. Jul 31-14

FAX SERVICE. Send or receive. Confidentiality guaranteed. Stop in to the News Leader office (next to CIBC) or call Brenda for details. 250.295.4149. Jul 31-14

Help Wanted

Help Wanted



## Employment Opportunity

The Town of Princeton has an immediate opening for a Mechanic in the Public Works Department.

The position is suited for a self-motivated, well organized individual that can work with minimal supervision. Excellent communication and team skills are a must.

- Applicants must hold a current valid BC Mechanic Journeyman Certificate with a minimum 3 years experience and a Class C welding ticket.

- Preference will be given to certification in Motor Vehicle Inspection.

- Grade 12 and a valid BC driver's license Class 5 with air endorsement is required. A driver's extract may be requested.

- A valid first aid certificate is an asset.

A complete job description is available on our website at [www.princeton.ca](http://www.princeton.ca)

This position is within the jurisdiction of the Town of Princeton and CUPE Local 608 Collective Agreement.

Please forward your resume by May 16, 2014 to:

Kevin Huey, Director of Infrastructure and Parks  
Town of Princeton  
PO Box 670  
151 Vermilion Ave  
Princeton, BC V0X 1W0

Or email to [jobs@princeton.ca](mailto:jobs@princeton.ca)

The Town of Princeton thanks all applicants for their interest and advises that only those to be interviewed will be contacted.

BRENDA IN NICARAGUA:

[elimpactodebren.com](http://elimpactodebren.com)

Classified Ad Deadline: 12 Noon Fridays - All Classified Ads MUST be paid in advance  
Payment Options: Cash, Cheque, Debit, Visa, Mastercard  
Phone: 250.295.4149 - Fax: 250.295.4103



Notices

**MONDAY NIGHT BINGO  
IN PRINCETON  
SENIOR CITIZENS BR. #30**

162 Angela Avenue  
4:30 PM Sales Start  
5:30 PM 1st 47 Bonanza #'s  
SPECIALS, REGULAR GAMES, ODD &  
EVEN, PROGRESSIVE SNOWBALL &  
LOONIE POT, "LUCKY 7" WON EVERY  
MONDAY (MIN. \$50.00 GUARANTEED)  
BC Gaming License #109667  
"KNOW YOUR LIMIT. PLAY WITHIN IT"

**TUESDAYS  
SCA Branch #30**

Snooker Tourney 10:00 AM  
2nd Tuesday each month  
Pool Tourney 10:00 AM  
4th Tuesday each month

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Narcotics Anonymous

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THIRD THURSDAY  
OF THE MONTH

1:00 PM Princeton  
Museum

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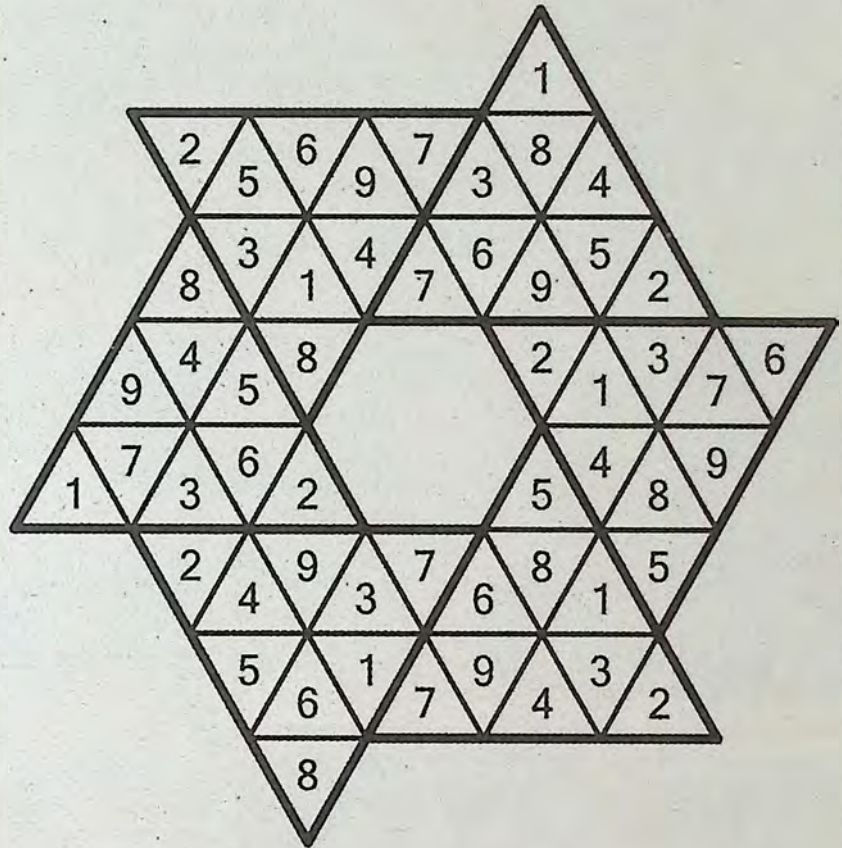
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Princeton's Megan Liddicoat during her set Saturday, May 3rd as part of the two-day Outbackjacks Horse Rescue Flea Market held on Highway 3 just east of Princeton. \*

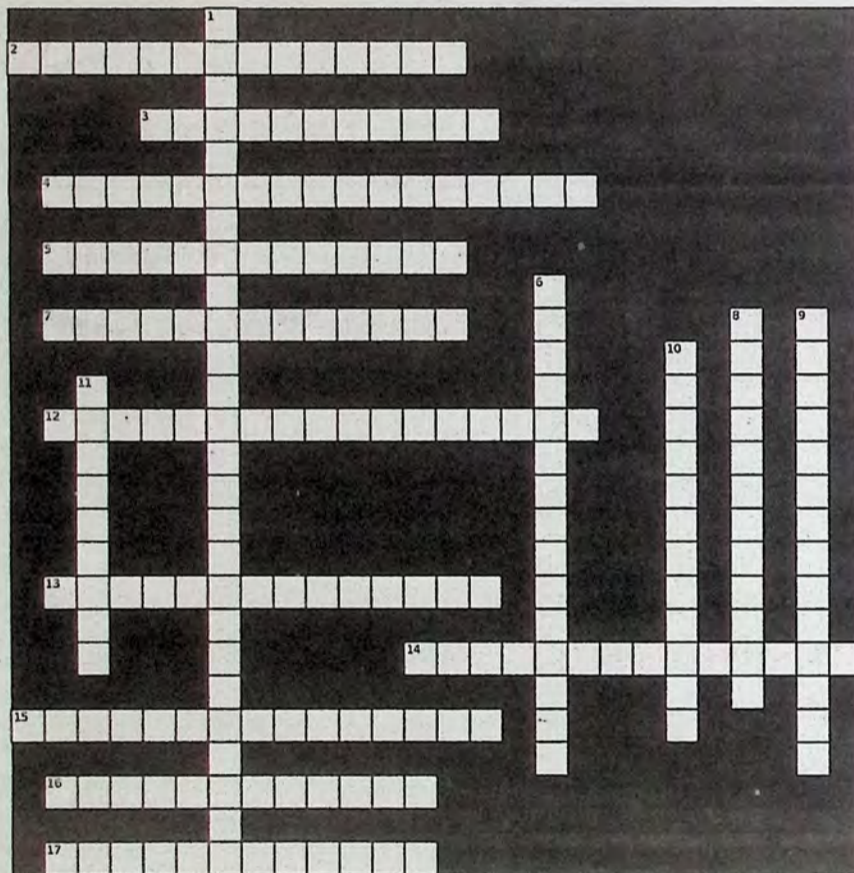


The setting was fabulous for an outdoor flea market as was experienced May 3rd and 4th on Highway 3 just east of Princeton at Outbackjacks Horse Rescue. \*

THANK YOU FOR SUPPORTING SIMILKAMEEN NEWS LEADER

Similkameen  
**News Leader Puzzler**

Use the April 29 News Leader to find Answers Below...



- |   |   |
|---|---|
| <p><b>Across</b></p> <ul style="list-style-type: none"> <li>2 The 'VF' in VFFN.</li> <li>3 Identify Princeton's Fire Chief.</li> <li>4 The 'MA' in MABC.</li> <li>5 A new Town of Princeton bylaw permits these.</li> <li>7 He presented digital copies of the News Leader to the Princeton Museum.</li> <li>12 What are we trying to save?</li> <li>13 She was highlighted during Candles and Coffee.</li> <li>14 Name the Town of Princeton Director of Finance.</li> <li>15 The 'BC' in MABC.</li> <li>16 Jackie Tegart is the MLA for what riding?</li> <li>17 Princeton Rodeo is named in honour of this volunteer.</li> </ul> | <p><b>Down</b></p> <ul style="list-style-type: none"> <li>1 They hosted an Easter potluck breakfast.</li> <li>6 Name the Princeton Arts Council President.</li> <li>8 Name a contest planned for Fall Fair.</li> <li>9 Name the Princeton race track.</li> <li>10 Identify the President of Princeton Racing Days.</li> <li>11 She is Princeton Museum's Operations Manager.</li> </ul> |
|---|---|

Similkameen  
**News Leader** PUZZLER #173  
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**Hospital Aux. News**

**Doreen Poulsen**

What a wonderful beginning of Spring! So far this month we have earmarked over \$37,300. for the purchase of equipment for Princeton Hospital. \$30,000. for half the cost of a C.R. Reader for our Xray department, \$4,500. for a pen that tests internal eye pressure, and \$2,900 for an ambulatory blood pressure monitor!

We trust these will speed up and improve health care for us all in Princeton!

Again this year we will be awarding \$2,000. in scholarship funds to one or more deserving Princeton High School students.

We had four new members join us last month and we welcome them all and hope they enjoy their time with us.

Remember we are always looking for new members, so drop into the Thrift Store and see what we're all about!

Last year at this time the Province

of B.C. Issued a Proclamation to all, that the B.C. Association of Health Care Auxiliaries be recognized.

Now MAY 10th each year will be known as 'HEALTH-CARE AUXILIARY DAY' It acknowledged our 87 auxiliaries with 6,700 adult and 740 youth members. Also 1,315,000 volunteer hours and \$8,025,000. donated to our health care and well being!

Nice to be recognized don't you think?

Upcoming events: we will hopefully be repeating the success of our Fashion show and tea in 2015. We have just started planning for a spring and summer show for May! Also look for us at the Fall Fair, September 6th and 7th we will have a booth there! If your into Google look for us there soon as we will be putting in our own web page!

Thanks again to all our wonderful customers who support our shop and fund-raising efforts!

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Similkameen  
**News Leader**

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# Posse Report

## President Dean Johnston

### Princeton Posse - Excitement in the Air

The Princeton Posse board recently held its final sit down in preparation for Wednesday's AGM. In review the season was declared a success. Previous articles I focused on some of the feel good moments last season. But in reality, it comes down to financial performance and analytic review.

Bus charters were curtailed, one bus was sold, the other almost paid off, ticket prices were lowered, player and mezzanine area was

upgraded, past differences with coach Hladun were resolved, pregame tailgate dinners were offered - but what did it all translate into, what did it really mean?

In a detailed financial analysis, the season not only produced a marginally successful financial result but paved a path for future growth. The trends clearly indicated what worked. And clearly demonstrated what happened when energy ran out. Rather than be a negative the board focused on what could be if a dependence on precious volunteer

time could be eliminated as a weight on the organization's shoulders.

What if once started, successful events or concepts could be built on rather than being reduced to a learning exercise for what might have been?

While change sometimes is embraced with apprehension and concern of the unknown, the board reviewed the data and fully endorsed a plan that would see the addition of a year round paid position. Without a constant attention to

detail on a sustained vision, the local team would never rise above the drained energy level of a dedicated few on weekends or weeks where they had the time to make a difference.

This year's board unanimously chose a new direction, and embraced the opportunity to see the Posse mature into a valued and proud community asset.

I share the optimism by those returning to the board that the Posse 'is' a valued community asset. I also share the belief that staying the course is not sustainable. Life interrupts and volunteers wear down. Not a negative but a recognition that to realize any untapped potential, the Posse must accept the responsibility that to run any business, there must be a solid foundation and backbone.

The board can provide the founda-

tion, but can no longer be a bottomless pit of doing it all. The backbone can no longer be whenever someone has a few hours. Follow through on ideas, a commitment to building on promotions that worked, year round presence in the community, fundraising that also adds value rather than coming across as a handout. And most important, building the atmosphere in the arena on game night in a manner that is relevant to the local community. And loud. And fun. And what Princeton often touches, just not often enough, or consistent enough.

That is our vision. That is our belief of what is easily possible.

I invite any with a few moments to join us in presenting the new vision on Wednesday, May 14 at 7:00 PM in Billy's Restaurant at the AGM.

## Posse Executive Summary

The Princeton Posse has been a part of the KIJHL for 12 seasons. The KIJHL includes teams from communities throughout BC and Spokane, Washington.

Hockey is a part of Canadian culture particularly in climates where we enjoy four seasons. Our parents and our grandparents played hockey and we are good at it.

Fast paced and physically demanding, junior hockey is a terrific spectator and participative sport for the entire family.

Princeton's ice arena includes seating for 500, food and beverage concessions, and ample parking. Posse Hockey provides exciting on-ice competition, supported by off ice contests and special events.

New sponsors and repeat sponsors are willing to support the team financially and otherwise. Boosting on game days, tail gate parties, puck toss, beer garden, merchandise sales, employee/customer/vendor events are amongst the methods we will use to increase attendance and provide excellent value to both spectators and sponsors.

Coaching stability and expertise is

supplied with the return of Bill Rotheisler and Mark McNaughton, and training and conditioning excellence is provided by Denis Thibert, Sean MacDonald and Pete MacDonald.

A strong core of volunteers backs the team up supplying talent and skill in the timekeeping and statistical functions, play-by-play web-casting, arena announcements, music, merchandise kiosk, ticket and door sales, and a number of other functions needed to ensure the ongoing success of the community team.

Last year a call to arms was made for assistance, and eighteen people stepped up to help on our board of directors. The response from the community was overwhelming and ensured a successful year.

We worked together to promote hockey excellence, education and life skills on and off the ice.

We made it!

In 2014/15 we will build upon the enthusiasm and support of last year. Our plan for continuous improvement includes:

..... continued on Page 23



## Interior Health

To Princeton area residents, regarding Nurse Practitioner (NP) coverage at Cascade Medical Clinic.

On June 17, 2014 a new NP will be in place for one year while the current NP is on leave. From May 5 to June 17 there will not be a Nurse Practitioner at the clinic, until the one-year placement arrives. In the interim, patients can be seen by one of the physicians at the clinic.

For more immediate health concerns, patients may report to the Emergency Department at the Princeton Regional Hospital.

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Live entertainment performed both days during the Outbackjacks Horse Rescue Flea Market May 3 and 4 on Highway 3 just east of Princeton. It was a good weekend for all. \*



Tables filled the yard as well as vendor tents and booths as part of the Outbackjacks Horse Rescue Flea Market on Highway 3 just east of Princeton. Traffic was steady both days. \*

# Posse Executive Summary

..... continued from Page 22

- Continue to build a winning team through effective drafting, coaching, training and development.
- Build a tradition that players and participants can be proud of through a Wall of Fame and celebration of our achievements.
- 8 Directors on the Board to set the strategy and finalize the business plan for 2014/15 – goal setting allows for focus and accountability, and helps share the load.
- A new chair to be elected by the Board from the Board of Directors
- Posse Booster position – contract basis for one year. A capable and experienced marketer, willing to embrace

the team and execute the plan for increased sponsorship and community participation with an emphasis on adding value!

- Utilize the energy and willingness of sponsors to build on and off ice entertainment and events.
- Establish a fresh image giving full

value to sponsors within the rink.

- Learn from the best practices of other rinks and community groups.

This may be the most exciting year in the history of the Posse! Come on out and support the Princeton Posse at the Annual General Meeting on May 14th, 2014, at Billy's Restaurant 7:00 PM.

## Flip of the Coyne

Spencer Coyne

..... continued from Page 3

adults we could actually think before we opened our mouths or in this case typed. I guess I was sadly mistaken.

Its not just racism that has popped its ugly head up with the facelessness of the internet. We have all seen the news stories of teens killing themselves because of online bullying. Bullying happens day in and day out online. Someone makes a comment and then others attack them on it and I am not only talking about teens. Go check out your favorite news website and look at the comments. You will see people targeting others for their posts. Facebook has a ton of these types of attacks and unless the page admin deals with it, Facebook does very little. They don't even remove most of the racist posts. They will remove a

picture of a mother breast feeding but not someone saying that another ethnic group should be exterminated.

Don't get me wrong, the internet and social media are not all dark and gloomy. There are a lot of great things that happen online: the exchange of ideas and information, people supporting others in their ideas, dreams and goals. There is a lot more good than bad online, but there still is that dark side, but it can change.

When you see an attack online, stop that person in their tracks. Report their post. Block them. Do what you have within your power to show that it is unacceptable to be racist or a bully or just a nasty little troll. We are all supposed to be grownups maybe we can all try to act like it.

## Honour roll

..... continued from Page 9

**Grade 11**  
**Principal's List**  
 Ryan Grgich, Morgan Grigg, Morton Johnston, Brooke Botcher, Reuben Howarth, Shaylyn Douglas, Dylan McEwen, Alex Burke, Brynn Johnson, Kyla Coyne.  
**Gold List**  
 Kassidy McCutcheon, Kennady Holland-Krenn, Stacey Hunt, Trysten Drewes, Bree Lindley, Brooke Kassa (tied with) Kolten Smith, Mason Michaud, Jes Sandli, Justeen McIntosh.  
**Honourable Mention**  
 Cameron Vinthers, Breeanna Hyslop, Brett Herrick.

**Grade 12**  
**Principal's List**  
 Kassandra Montgomery, Carmen Brodie, Alyssa Leiding, C. J. Cromarty.  
**Gold List**  
 Andrew Silbernagel, Layne Robillard, Hillary Riel, Trista Draeger, Shania Bertucci, Tierra McIvor, Morgan Whelpton, Hayley Berbeler.  
**Honourable Mention**  
 Chance Clarke, Leigh Grenier, Greyson Antonick.

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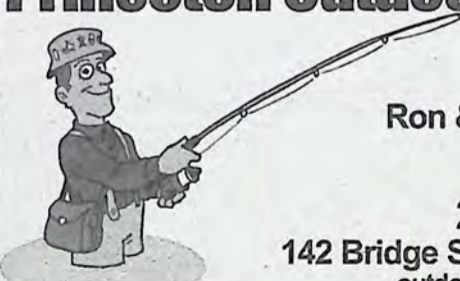
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**JUDY KLASSEN**



250-295-JUDY  
judyklassen@remax.net

**2238 Princeton/S'land Road \$544,000**



Private treed 8 acres located about 22 KM north east of Princeton along a maintained paved road. This property backs onto crown land to allow you freedom of many outdoor possibilities! Beautiful open concept home built in 1995. 2 bedrooms on the main floor, with another bedroom on the lower floor with possibility of another bedroom on this level. 12 appliances included. Covered front deck adds 300sq ft of entertaining area through french doors from living room and dining room. The well designed kitchen is perfect for entertaining. **MLS#143973**

**15-453 Taylor Mill Road \$ 45,600**



Just outside of town for the country feel, close to the river and the Golf Course, a Renovated, Clean, 3 Bedroom home awaits. Largest yards with cheapest pad rates around mean you will look forward to owning your home outright faster! Why rent when you can own.? Why spend more on electric heat when you can enjoy the warmth of a new WETT inspected Woodstove? Why worry about the roof over your head, When this one is Metal.? Why not look into a place that has What you need.? **MLS#146368**

**510 Auburn Crescent \$225,000**



Perfect family home! Perhaps time to downsize? This home fits the bill for everyone! Everything is on one level, you don't find many homes like this today. Well laid out 2 bedroom home plus an office in a quiet neighbourhood. There is a paved driveway with carport and alley access. Fenced backyard. Great well maintained home, come and take a look today! **MLS#148583**

**DEAN STINSON**



250-295-8537  
dean@thedean.ca

**272 Lachine Avenue \$103,800**



Solid older home on Allison Flats zoned RD which means that the lot which is approximately 66x100 could be used for a duplex. This home is in relatively good shape, needs some repairs and updating. About 912 sq.ft., unusual design and features makes it a real character house. If you are into renovating and fixing up, then this is for you. Priced just above lot value it even comes with a workshop garage. Call Listing Representative for all the details. **MLS138812**

**52 Fenchurch Avenue \$175,500**



Superior 3 bedroom, 2 bathroom home set on a quiet corner lot just steps away from the downtown core. Zoned RM4 allows this to be multifamily once the basement is finished. Great mortgage helper for the first time home owners. Large enclosed porch for the work clothes or storage for the bikes. Lots of newer updates including energy efficient windows, some new wiring, newer furnace and hot water tank, paint and flooring. The yard is landscaped and fenced. Home Energy Efficiency Report puts this older home in top 5% of its class. Call Listing Realtor for details on this beauty. Tenant in place so 24 hour requirement for all showings. **MLS#147831**

**224 Coalmont Road \$285,000**



Fantastic 4 plus acres complete with a beautiful 2010 Manufactured 3 bed, 2 bath home. Country style kitchen dining and living area, big windows throughout with large sliding door to outside deck for the beautiful sunsets. Large Master with ensuite, kitchen has a big sweeping island with lots of cupboard space. Good producing well, new septic and field. Parcel was once part of a farm and has 2 to 3 feet of topsoil so a garden is no problem. Remember, it's always about the land. Just a minute from town. Call Listing Agent for details. **MLS#145490**

**HEATHER DOBBS**




250-295-8025  
hdobbs@telus.net

**126 Charles Road \$450,000**



**703 Highway 3 \$493,800**



Country living at its finest. Gorgeous log home on 10 beautiful acres with superior lawns and landscaping, magnificent trees fronting home complete with hayfield. Approximately 2000 sq. ft. with open country living, tall big windows throughout, huge master with en-suite and walk out patio, covered patio's on 3 sides of home, stunning fireplace, wood stove, vaulted ceilings, 2 beds down with big bed loft above with its own balcony, metal roof and good well. Just minutes from Princeton and centrally located 2 hours from the Mainland, 1 hour from Penticton and Merritt. This is a must see property so call the Listing Agent today for a viewing and all the details. Ask why we call this A Smart built home. **MLS#148579**

Home, acreage, workshop and so close to town. Live on a beautiful 9.27 acres, and be only a 3 minute drive to downtown Princeton. This 3 bedroom double wide manufactured home has been lovingly maintained and ready to move into. You'll love the beautiful views of the valley from your kitchen window and the nice sized deck off the dining room. Nicely laid out home with a partial basement for storage and your wood / electric furnace. The huge bonus here is the 40 x 60 steel Quonset workshop and as a bonus all tools, welding equipment and the back hoe are included in the sale price! You'll love living here! Call the listing representative now! **MLS#148732**

**SANDI MANSFIELD**



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