

Similkameen News Leader

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Tuesday, May 27, 2014

Canada WE ACKNOWLEDGE THE FINANCIAL SUPPORT OF THE GOVERNMENT OF CANADA THROUGH THE CANADA PERIODICAL FUND OF THE DEPARTMENT OF CANADIAN HERITAGE.



Plants - Soil - Fertilizer



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A \$300,000 repair job to a section of Old Hedley Road is underway. The project, which will see a 4-inch surface along with other cosmetic changes (corner straightening, lane widening and intersection redesign), is jointly funded by the Town of Princeton, Princeton Co-Gen and Weyerhaeuser. Heavy truck traffic at those sites have made the repairs necessary. *

Retention and recruitment committee forms

The Princeton Health Care Steering Committee (PHCSC) held its regular monthly meeting on Tuesday, May 20 at Princeton General Hospital. The meeting was attended by representatives from Area H (RDOS), the Town of Princeton, hospital administration, health care practitioners, Interior Health, Princeton seniors, and SOHC.

PHCSC has formed a Retention and Recruitment Sub-Committee, charged with the responsibility of securing a full complement of five physicians and one nurse practitioner for our community. The recent

approval by IH of a fifth physician for Princeton and Area and the announcement that Dr. Idanwekhai ("Dr. Eva") will be leaving us at the end of July, emphasizes the importance of retention and recruitment of practitioners and health care staff in our community. The new committee will be working closely with IH and our team of practitioners to expedite the process of filling the two vacancies.

Cherie Whittaker, PGH administrator, reported that the artwork donated by local artist, Sandy continued on Page 12

PXA looks at new deal

The Town of Princeton has offered Princeton Exhibition Association (PXA) a new funding deal. The PXA, a volunteer board managing Princeton's exhibition grounds, has relied on grants, donations, grants and volunteer work parties to maintain and expand the fairgrounds facility. Town Council has decided to include the fairgrounds as part of the Town parks and recreation budget, which is cost-shared with

Regional District. President Paul Bedard made the announcement at the May 20 PXA meeting. He explained he and other board members met twice with members of Town Council and staff to discuss how the PXA will manage in 2014, as the new funding plan does not begin until 2015. The PXA has received no funds from the Town for 2014, and due to unexpected demands by the fire marshall for upgrades to the

grandstand, ongoing projects would leave the PXA bankrupt. The Town has asked for a submission from the PXA outlining what the costs will be to complete the projects and pay expenses. Under the new funding arrangement, the PXA must submit a budget for 2015 by September 2014.

In other PXA business, President Bedard praised Princeton Rodeo Club for putting on an excellent event and commended all of the volunteers who worked before the rodeo to prepare the grounds.

Paul Bedard has been working on spreading material on the infield to inhibit knapweed growth. The material is donated by Weyerhaeuser and will have a further layer of manure generated on the grounds as a result of horse stall rentals. At some point, this new base of material will be seeded

with natural grasses of our area.

A new practice arena has been constructed in the infield. This area will take the pressure off the main arena, preserving the quality of footing for competitive events. This practice arena was constructed in one week by volunteers and the logs used to border the new arena were donated.

New plans

Racing Days Association reported plans set for June 28 and 29. Despite lack of funds for horse racing, there will be a big event at the fairgrounds. Little Britches Rodeo will be held that weekend, along with logger sports, mini golf, a clown, and an ATV Awareness workshop for youngsters with will include rides on ATVs and safety instructions. On Saturday evening, there will be a dance to the music of Dale Seaman and the mechani-

cal bull will be featured.

Members of PXA discussed what they might do as an entry into the Rotary Club parade scheduled for Friday, June 27. Stephanie Antonick is organizing horseback riders for the parade. The parade theme is Community Spirit, a quality very evident in the PXA members and the many volunteers and donors who have kept the fairgrounds going for 50 years.

The next meeting of the PXA takes place on June 17. This organization welcomes new members at any time.

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Year In Review

Princeton & District Chamber of Commerce

Princeton & District Chamber of Commerce President Brenda Crawford presented the following report to Town Council at their May 20th regular meeting.

The Princeton and District Chamber of Commerce started as the Princeton Board of Trade on December 31, 1913. The Certificate of Formation was signed by 31 businessmen including, brokers, merchants, traders, insurance agents, bank managers and a broker. The district covered was comprised within a radius of twenty miles from the Post Office in Princeton. The population of said district was not less than 1,500.

We had a busy 2013 and have got things moving along.

We did some Social Media workshops for the very beginner just to get some of us started on setting up

our own Facebook page and checking ourselves out on the web. In this class I realized that every business should Google themselves at least monthly to ensure there is no detrimental information about them out there somewhere on the world wide web. Fortunately, I have been practicing safe computing but my advise to you is - go check yourself out on Trip Advisor, Yelp and Google!

CHAMBER PROJECTS AND EVENTS

- We assisted Copper Mountain Mine with their Mining Day business luncheon at the Golf Course and Family Fun Days in Veterans Square. Mining Day this year was May 7.

- We put on three WorldHost Workshops this year - February 12, June 10, and October 11 = 33 participants.

- We did Princeton packages for the car shows, the music festival, hockey tournaments, the North Vancouver Field Naturalists and Hiking Club, and the Gold Wing Motorcycle Group.

- Christmas Light-up was very successful again this year. The decorated tree competition could use more entries but we hope as time goes on it will gain momentum. The merchants who entered were well received, but not a lot entered - we will try for more next year. Our shop local "Passport" campaign is working well but if you have any ideas to make it bigger and/or better, please let us know. Our craft sale was also successful - but next year we will make it a whole day rather than half a day. New this year was our Community Christmas Dinner - it was very well attended and a great time was had by all. I think we need more events like this to get our Community Spirit going strong.

- We loaned the PXA over 100 photos of events happening at the PXA to use in a slide show for the Trade Show at the Kamloops Cowboy Heritage Festival in Kamloops. We also helped them with our TV, a pop-up display board and with

some big photos of the Princeton area.

- We sent in a number of photos of Princeton that were used in the July Small Town BC segment.

We try to assist with the Town Events - and are trying to encourage businesses to get involved by putting on specials, decorating, putting on sidewalk sales, anything to draw the public into their stores. Put up a "Welcome Festivalgoer" sign to show support and to help enhance the event - this would also give the attendees some kind of recognition and welcome to Princeton. Our events are a huge draw for Tourism, and the more the businesses become involved the larger the event will become.

We attended the Community HealthCare Consultation with Dr. Barbara Pesut from UBCO School of Nursing who facilitated the consultation with a team of researchers. We were put into 4 groups and each group was asked questions on: healthcare achievements in our community; healthcare challenges and barriers; and ideas and innovations that might improve our healthcare model.

The information collected was analyzed by the research team who prepared a report for the Community.

We have been doing Welcome Packages for the new Doctors Sandu, Black and Monro as well as Dr. Sit who was fast-tracked to locum status when our local doctor was sick and the Hospital was looking at closing. The packages consist of a welcome letter from the Chamber, information on what to do in the area, a Cowbby Coffee Gift certificate and a beautiful fruit basket from Cooper's.

We try to get them to them on their first day of work to ensure they know they are very welcome to Princeton.

We did an All Candidates Forum for the Provincial Election with the Liberals, Conservatives, NDP and Green Parties in attendance.

We have a very large Gold Pan continued on Page 23

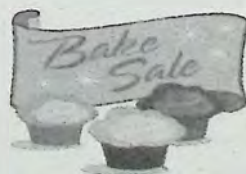
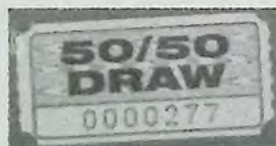
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Brent Davidson of Princeton, left, started working last week with Princeton Museum Operations Manager Robin Lowe, right, as one of her 'summer students.' The 27-year old Davidson graduated from Princeton Secondary School in 2004 and is studying Anthropology at the University of Victoria. Lowe has more positions to fill at the facility. *

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Flip Of The Coyne

by Spencer Coyne

In the midst of the western economic alienation of Russia, in retaliation for the annexation of Crimea, Russia has turned to one of their older allies, China. Russia supplies Europe with a lot of oil and gas, and now Russia is going to sell it to China. This could have a direct impact on the BC and Alberta economy. As Russia diverts oil and gas from Europe to China, demand for Canadian product could slow down. Russia will build pipelines faster than Canada and it will get to China a lot faster than Alberta oil on tankers.

As Ottawa tries to play the tough guy with Putin, they may be kicking the Canadian economy in the kneecaps at the same time. To top it all off Washington may be indirectly putting Ottawa at odds with China over the FBI's charges of Chinese military agents for cyber-espionage. Ottawa is in a lose/lose situation on this front. China has

clearly stated that if the US goes forward with the charges it will hurt relations between the two countries. Canada is trying to get the Keystone Pipeline passed in the US so they need to stay on the good side of Washington if they wish for it to pass, yet siding with the US on this issue could put us at odds with Beijing, and with Russia committing to increasing oil and gas to China, it can become very easy for Chinese investments into Canadian oil to slow or dry up for a while.

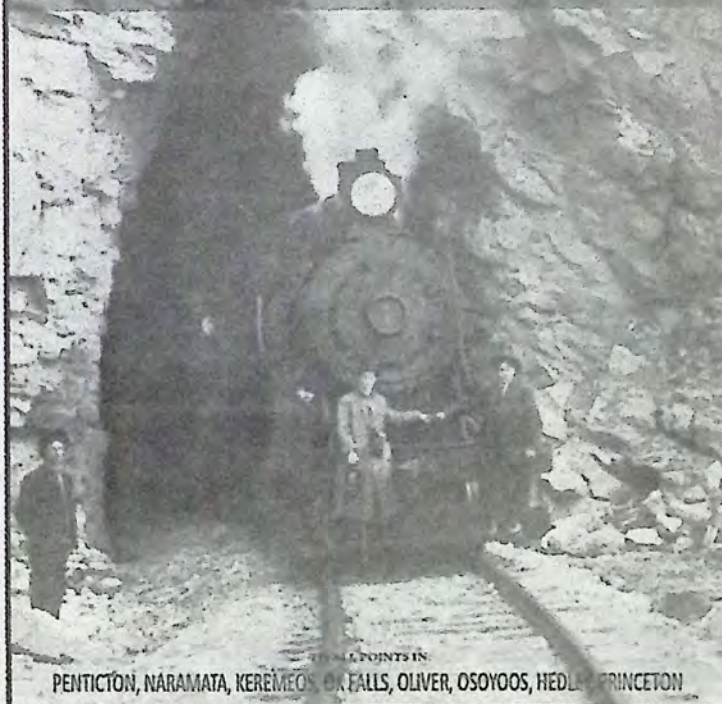
If Chinese interest in Canadian oil and gas dries up we will have no choice but to look South, and since there is so much opposition to the oil sands in the United States, our entire economy could cool in no time. So what does Ottawa do?

We look South. Although the US economy has not rebounded to where it should, the US is our own backyard. They are our number one ally and it is the safest place to send

our oil. If Canada wants to put in the infrastructure to move our oil, we should be looking south and we should be looking east. There is no reason that Canada imports oil and gas when we are one of the top producers in the world, and it would not take much to be self sufficient. Our American allies need our oil, so we enter into negotiations and actually listen to their concerns and work to mitigate the problems by working together. Ottawa has failed in this department. They like to take this tough guy stance on every issue and it isn't working.

I have never thought that we should be sending our oil and gas to places like China. I have been a strong believer in the idea that we look after our own backyard first. Since both Canada and the US import oil from areas of the globe that are not too friendly to us, we need to secure our own sources of continued on Page 21

2014 REGIONAL HERITAGE STRATEGIC PLAN



POINTS IN
 PENTICTON, NARAMATA, KEREMEOS, BR FALLS, OLIVER, OSOYOOS, HEDLEY, PRINCETON

EVK Little Tunnel above Naramata Photo Courtesy of Penticton Museum and Archives PMA6151

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UP COMING OPEN HOUSES:

May 28 4:00-8:00 Leir House - Penticton May 30 4:00-8:00 Keremecos Grist Mill
 May 29 4:00-8:00 Osoyoos Museum May 31 10:00-2:00 Princeton Museum

For More Information go to our Website: www.rdos.bc.ca or Call Toll Free: 1.877.610.3737



Editorial Page News Leader

Similkameen News Leader, 226A Bridge Street, PO Box 956, Princeton, BC V0X 1W0

My Turn...

Just Another Day

An interesting request was turned down at the May 20th regular meeting of Town Council.

The agenda package available for that meeting had a prepared, ready-to-go proclamation in it detailing the request to have May 29th proclaimed 'Day of the Honey Bee' and all it needed was approval from Town Council and a signature from the mayor.

By the looks of the paperwork in the agenda package there was an assumption that since we live in the Similkameen Valley where the world's top organic produce comes from, it would only be fitting to ram through a request to honour the hard work of those sometimes under rated pollinators.

It sounded pretty straightforward to me until the item came up for discussion. Councillor Marilyn Harkness made a motion to receive and file the request. For those of you not well versed in meeting procedures, a receive and file motion effectively takes an item out of the agenda and places it in the garbage never to be seen again.

I think it caught at least one member of council by surprise and it certainly got my attention as I was looking for something to write about and up to that point it was a rather uneventful meeting.

As it turns out, to her credit, Councillor Harkness stated that the honeybee request was not what she considered something that had a large impact on the region. I am paraphrasing here, but she had a good point reminding council that they receive requests from all kinds of people requesting all kinds of proclamations and sooner or later it gets to be too much.

I get that.

What I don't get is where the honeybee has less importance in the region than Western Week or Mining Day or any other proclamations declared, requested and granted in recent weeks.

So now I'm writing about it.

As stated above, without the honey bee, and for that matter all the bees who flit from blossom to blossom at this time of year I think the Similkameen Valley economy would be in far worse shape than it already is. The next time you stop at a fruit stand in Keremeos or Cawston and buy a bag of (fill in the blank) grown in the valley rest assured you couldn't do that without the help of a swarm of bees.

Don't ask me to measure the importance of that against Western Week.

All I know is I probably should re-think my plan to have Town Council proclaim next month as "Support Your Independently-Owned Local Newspaper Month."



Expect minor delays on Old Hedley Road near the intersection with Highway 5A as a joint project repairs a short stretch of the road in the area. The project is expected to be complete by the middle of June. *

...Your Turn

Letters and E-Mails Received This Past Week

To The Editor;

This is in reply Ed Staples, whose letter was in reply to my initial article.

What has become quite obvious to me, is that many local people that I have approached about this very important subject, do not have the background information as to the present roles that the Federal Government vs Provincial Government have in the running of our health care. So before we go any further let me just give a summary of what the situation is as it stands at the present moment.

Basically health care (Medicare) has been under the so called "Health Accord" which was started by Paul Martin and all the First Ministers of Canada who signed

the Accord 10 years ago in an agreement known as the "The Health Care Accord". This accord has just expired in March this year (10 years later).

The basic tenets of the accord were:

- 1) Reduce waiting times
- 2) Increase the supply of health care professionals
- 3) improve access to home care and community care
- 4) boost health care funding to the Territories
- 5) creating a Health Council to measure performance.

The accord has of course been a dismal failure. There has been no reduced time for waiting for surgery, no improved access to family physicians and no reduction

in cutting the amount of visits to the ER and after hour clinics. Ottawa has stepped away from this accord and has effectively transferred power to the Provincial governments. Ottawa will pay (6% every year up to 2017) and the provinces will administer whatever it costs them. So with the federal government handing over more and more power and autonomy to the Provinces, by inference, one is going to be left with either a strong system of health care that assures universal access to high quality health care wherever you live, whatever you earn (if the Provinces can get it right), or there will be 13 systems in decline with huge disparities. The transferring of money to the Provinces is now on a strict per capita basis (with no need component) following the end of the accord which happened in March of this year 2014. This means that some provinces are getting no increase and the more populous provinces are getting more. In other words Ottawa has effectively declined to take a leadership role in coordinating health care policy across the country. It is
..... continued on Page 22

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EDITORIAL GUIDE
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Current Comment

Look At Our Valley Food Supply



Dawn Johnson
editor@thenewsleader.ca

After attending the Community Conversation in Hedley where I listened to Dr. Kent Mullinix talk about food shortages we can anticipate in the future, I have done some serious thinking about our present and future food supply in the Similkameen Valley.

I was raised on a poultry farm in this valley. Our farm supplied eggs to stores, households and restaurants in Princeton and Hedley. We had an average of 1,200 laying hens at any given time and in an average week, our chickens produced 6,000 eggs. The valley population was lower then. Let's say our valley population is 10,000 in the next few years. One person consumes an average of four eggs per week (including baked goods). We will need 40,000 eggs per week. Right now, our valley cannot produce that many

eggs, and even if we tried, the lower mainland egg marketing board would want to shut down these businesses which cannot meet the quotas established by the marketing board. The quotas are set according to lower mainland standards and do not take our colder winters into consideration.

I believe our valley could supply us with all the beef we would need, but we do not have an abattoir to butcher the cattle. I believe we could produce much more goat meat and lamb, but we would need that abattoir.

Our valley is a good place to raise goats. Goats eat nearly anything that grows and much of our valley is not suited for intensive agriculture. Goats are a good source of meat and can thrive in an environment of wild grasses, weeds and bushes, making a productive form of livestock for rough land unsuited to other forms of agriculture. Goat milk and goat cheese could be additional food products.

Most families like to eat chicken about once a week. A population of 10,000 would require approximately 210,000 chickens a year.

Right now, our valley could not supply even one chicken a week to our present population. One of the problems in the Similkameen Valley today is lack of food for chickens. Although chickens eat almost anything, they need grain, par-

ticularly in winter. We import grain now, but when I was a youngster, we bought grain from local growers, as well as growing some grain ourselves.

Could we produce enough milk, cream, butter and yogurt to feed our population? No. When I was a child, we had two local dairies in Princeton. Again, a marketing board quota might be a problem to re-establishing a dairy operation.

There are few hogs raised in our valley. We think of hogs as pork and ham, and bacon, too, as well as a wide variety of sausages. We do not produce pork products in our valley.

Could we grow enough food crops to feed ourselves year round? Yes, if land was put into production to do so. As it is, the Keremeos/Cawston growers produce enough of some fruits and vegetables to export to the city. Could we preserve enough to feed us?

Yes, we could.

Food can be canned, frozen, dried, put in cold storage or in root cellars.

I think of the \$173 million leaving our valley because we import so much food, and I think of what a boost to our economy it would be if we could keep \$100 million of it right here in our valley. We would still import flour, sugar, tea, coffee and cereal products, but if we guaranteed our food supply in our valley, all of us would be much better off. Agriculture generates jobs as well as food.

Each of us would be better off if we utilized our land for food production. We can grow apples and pears in Princeton. Instead of costly useless lawns, we could be producing our food. Instead of vacant lots and unused land, we could be growing vegetables or raspberries. Granted, we would have to put up a lot of fencing, but our harvest would pay for it, especially if we look at the increasing cost of food.

As food costs increase, we are going to have to change the way we think about our food supply. We are going to have to think in terms of what we can produce right here. Many people say they do not want to become involved in agriculture but if you eat you are already involved in agriculture.

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George Elliott
OWNER/PUBLISHER
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Brenda Engel
OFFICE ADMINISTRATOR
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"In One Accord"

"When the day of Pentecost came, they were all together in one place"

ACTS 2:1

The Living Water Foursquare Church and Princeton Pentecostal Tabernacle are very pleased to invite the community to join them as they worship together to celebrate the Day of Pentecost 2014.

Both churches identify with the outpouring of God's Holy Spirit on the church at the Day of Pentecost.

*A Church without God's Power is like
A Fire squad without water
A School without books
A tradesman without tools*

Christians, let's be open to the Holy Spirit

COME JOIN US in WORSHIP

June 8th 10:30am

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A LUNCH TO FOLLOW

AND NOW...A LITTLE GOOD NEWS!

"Do not be anxious about anything, but in everything, by prayer and petition, with thanksgiving, present your requests to God." - Philippians 4:6

Lower Valley News

Keremeos - Cawston - Olalla



Sometimes it's about feeling good about giving back. This volunteer firefighter in Keremeos was busy sweeping the floors of the firehall May 20th in anticipation of the evening fire practice. Keeping things clean, maintaining equipment and polishing things up is a huge part of being a volunteer firefighter. It just feels good to be part of something bigger than oneself. Photo: Arlene Arlow

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Heritage Players create dirty work

'Dirty Work at the Stopping Place' played to audiences outdoors Sunday May 11th and Sunday May 18th at the Keremeos Grist Mill and Gardens.

The Heritage Players have re-fashioned and performed the late Victorian melodrama as their first

venture.

The amateur theatre ensemble formed this spring to bring old time entertainment to audiences at the Grist Mill and at other venues in the Similkameen and South Okanagan. They intend to add short musical pieces, dance, poetry and spoof to

the mix as they move through to the Summer season.

"We're a partnership of Similkameen Family Literacy and the Grist Mill Heritage Club", says troupe coordinator, Dave Cursons of Cawston.

The Heritage Club is a committee of the non-profit Grist Mill Foundation and Similkameen Family Literacy is partly funded with BC Gaming proceeds.

The Heritage Players are available to perform for free, just asking a donation to defray travel costs. The theatrical troupe presently consists of eight members and is putting out the call for more recruits.

"We'd like each member to be able to step into a couple of acting roles as well as helping backstage," says Cursons, who adds that the troupe will be looking for other short pieces with some historical elements that relate to the Similkameen Valley. Local playwrights are welcome to offer their work.

Contact number for the Heritage Players is 250-499-5417.



Backstage in the Grist Mill Gardens are some members of the Heritage Players. Left to right they are Elam Wills, Bob MacAtamney, Jaquine Manet, Maggie MacDonald, Gaby Villecourt and George Peters. - photo submitted



Princeton's Kokanee Swim Club attracts a crowd wherever they go! Photo: Susan Jakubec Photography

Swim club continues to grow

Princeton Kokanees Swim Club has had a fun and busy four weeks of swimming already this season. Thank you to the RDOS and Town of Princeton for an early pool opening. While most people are still sleeping snug in their beds, senior swimmers (and parents) are at the pool weekday mornings for a 6:15 AM practice. The team also trains weekday afternoons.

Did you know the average senior swimmers' training time per week is 12 hours? Why so much time in the water? Princeton Kokanees Swim Club participates in 8 competitive swim meets this summer. With a short outdoor training season it is a vigorous schedule to get ready to compete.

The club is NUMBER strong this year — very proud and exciting to

be increasing. As a growing team the annual Kokanee Black and Blue fun meet saw 46 swimmers participate. The Black and Blue competition is a great place for our swimmers and parents to learn how a meet is run. It is a fun and lighthearted meet where the entire Kokanee team is split into two groups: Black and Blue. Many of our youngest turtle swimmers raced for the first time at the fun meet. During the Individual Medley our experienced senior swimmers showed style.

Our Black and Blue teams also competed in a fundraising bottle drive. Each team collected empties and the biggest mountain of bottles won. The Black team's was tallest. Many of our swimmers came dressed in team costume colours. The Black team costume winner

was Tauren Baird, and our Blue team winner was Lukas Jakubec. Way to show team spirit guys!

Our swim team is looking fast this year. Many swimmers are already beating their previous years' best times. We are in Penticton June 31 and June 1 for this season's first out of town meet. Wish our competitors luck.

You are invited to come to the pool any time during practice (weekdays 4:45-7:30 PM) and show your support for the Princeton Kokanees Swim Club. Come watch our upcoming Invitational swim meet on Saturday, June 7. Kokanees are hosting several out of town clubs for a fun day in the water. Princeton has an amazing group of swimmers and any support you show will only increase our swimmers' pride. -submitted



Kokanee Swim Club members show their stuff! Photo: Susan Jakubec Photography

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Repairs to Old Hedley Road started last week. The project, funded in part by the Town of Princeton, Weyerhaeuser and Princeton Co-Gen, will see improvements to the section of the road near those industrial sites. Photo: Brenda Engel

Saddles 'n' Spurs

by Pastor George Donovan

When we had time to play we had three favourite sports.

#1 - Jousting.

We would take a burlap sack and put in enough sawdust to make a large ball, about 1/3 of the sack and tie the sack tight near the ball and we would hold the sack at the top and set ourselves about a hundred feet apart, run at a full gallop and attempt to knock the other rider off with the sack swinging.

The fall wasn't all that bad because the paddock was also sawdust but it was definitely a pretty rough sport and was always better if the girls were watching.

#2 - Trick falling off the backs of horses.

You may remember some of the old westerns and how riders would fall off the backs of the horses when shot and land in the dirt.

Well we got pretty good at that too. Some of us figured we were ready for the movies. No serious injuries here.

#3 - Bare back wrestling.

My favourite for sure. We would be in our training ring, gates closed, and of course no saddles, only a bridle and the reigns tied so as not to fall and get broken. The more guys the better, usually 15 - 20 riders.

The object was to knock, push or shove others off their horses into the

dirt until one rider was left. It didn't matter what or whose horse you ended up on because you could jump on behind and push the rider off or do whatever it took.

Sometimes the odd rider, after

falling off might get stepped on but we would have to keep our macho image and put our cowboy hats back on for the girls. They loved it and after all cowboys don't cry.

..... continued next week

Living Past 100

The First Fruit of Spring

Rhubarb is the first 'fruit' of springtime, although rhubarb is not really fruit. It is the stalk of a plant. Rhubarb is good for you. There is a saying you will never have gallstones if you eat rhubarb, but it is also true that if you do have gallstones, rhubarb can cause trouble by breaking down the gallstones causing bits of gallstones to begin moving. This causes pain.

Rhubarb blocks breast tumors, but you would have to eat a lot of it to be effective. Rhubarb is effective in keeping the bowels moving, so is excellent food for those who suffer from constipation. A tincture made of rhubarb root and Oregon grape root has been effective in soothing psoriasis and arthritis pain.

Rhubarb is excellent in healing digestive tract disorders, and is especially effective in treating acute pancreatitis. Eating rhubarb can be effective in preventing digestive problems. Rhubarb root can be made into a medicine to lower cholesterol.

Most people do not know what to do with rhubarb when it is in season. You could make a rhubarb pie, or blend rhubarb with strawberries or apples in a pie or in a crumble or cobbler. You could add rhubarb to a coffee cake recipe and enjoy a real treat, or you could make rhubarb muffins. Rhubarb can be stewed, preserved in jars, or frozen. Rhubarb can be made into juice to be mixed with other juices. Rhubarb juice can be frozen. Rhubarb can be made into a chutney or it can become jam for your toast.

Rhubarb protects tooth enamel. It is high in potassium and calcium, and contains phosphorus, which occur in rhubarb juice, and this juice seems to coat tooth enamel to protect and strengthen the enamel.

Rhubarb originated in South Siberia, and is common in China and India. Chinese rhubarb is used primarily for medicine, but garden varieties are cultivated for their stalks and are what we commonly call 'rhubarb'. Rhubarb is a very hardy plant and is attacked by only one insect. Rhubarb leaves are somewhat poisonous and only the stalk should be eaten. Rhubarb leaves can be boiled, strained through a jelly bag, and the water used as an environmentally safe insecticide.

This is Rhubarb season, so enjoy it, and preserve it as canned stewed rhubarb, or freeze it raw in small amounts for baking.

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Entertainment

Similkameen News Leader TV Guide Listings - May 27 - June 2, 2014



Local riders attend Summerland event

Saturday and Sunday May 3rd and 4th proved to be a weekend of excellence at the Summerland Spring Discovery show in Summerland BC. A total of six Princeton equestrians participated and competed in hunter, jumper and dressage classes.

Local riders enjoyed excellent judging by Mary Ellen Laidlaw of Winfield, who offered suggestions,

advice, and encouragement throughout the weekend. Young riders from Princeton included Miranda Crucil, Kami French and Tallis Dixon; Adult riders included Stephanie Antonick, Lana Anderson, and Cindy Rochoon.

All of the ladies received a myriad of ribbons, including a number of first placings, and participated in as many as eight events per day.

Many might not be aware of the incredible English riders we have in Princeton.

Competing in hunter, jumper, cross country jumping and dressage events means disciplined training for both horse and rider; often having to transport horses out of town, camp out, and ensure that both horses and riders are in excellent physical condition, impeccably groomed and pre-

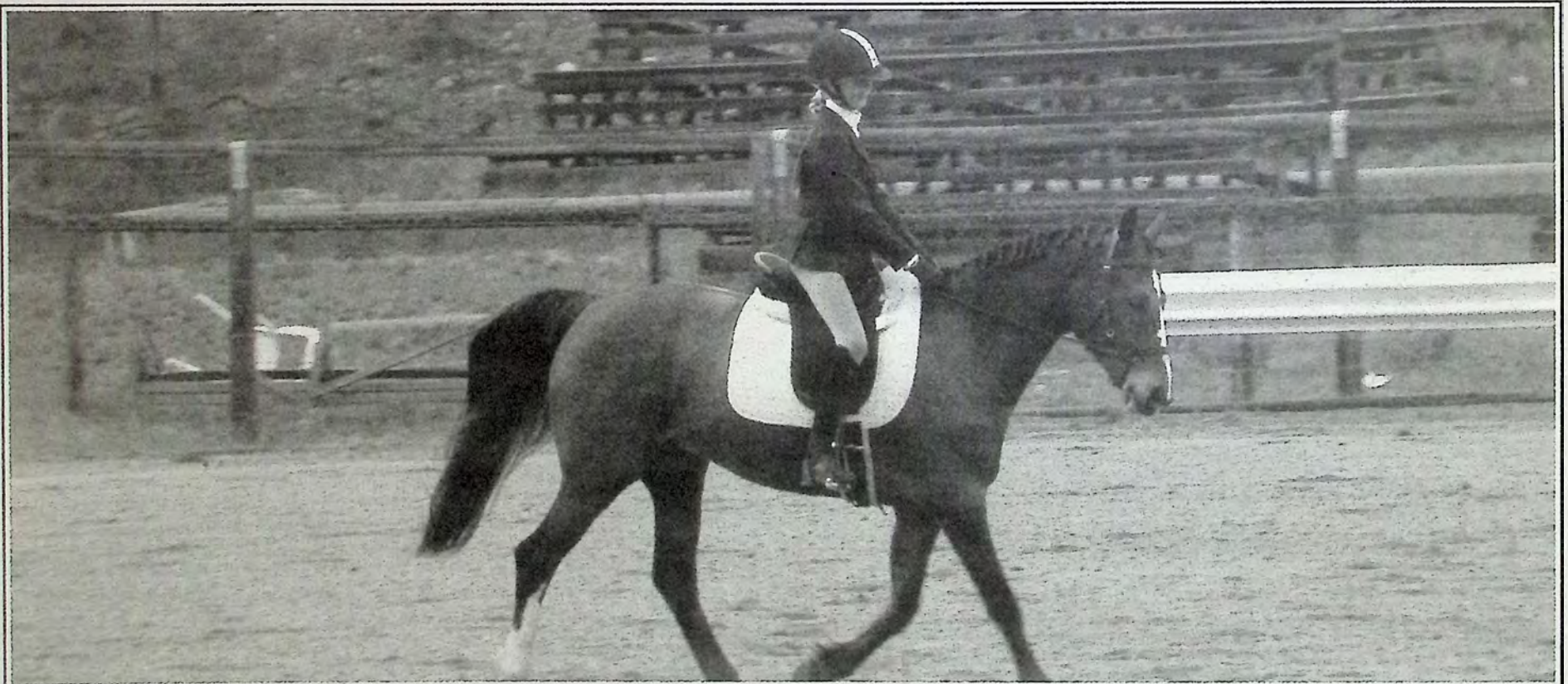
pared for the pressures of competition.

While the Summerland Discovery show enjoys a more relaxed event style, allowing for riders of all ages to compete in a supportive environment, many shows are much more competitive. Keep an eye on these local athletes, as their futures in this equestrian sport are very bright. Congratulations to everyone who

represented Princeton in Summerland, and the very best of luck in the 2014 season.

The photos appearing here were taken by Sandra Dixon and feature Kami French, above, riding 'Ponder' and Tallis Dixon on 'London,' below. -submitted

News Leader Classifieds
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Tuesday Movies

AFTERNOON

12:30 pm SPIKE ch.44 "Coming to America" (1988, Comedy) Eddie Murphy. Pampered Prince Akeem of Zamunda comes to New York with his royal sidekick to find a true-love bride. (In Stereo) (CC)

5:30 pm SPIKE ch.44 "Coming to America" (1988, Comedy) Eddie Murphy. Pampered Prince Akeem of Zamunda comes to New York with his royal sidekick to find a true-love bride. (In Stereo) (CC)

EVENING

9:00 pm KNOW ch.5 "Mighty Jerome" (2010, Documentary) Claire Burns. Canadian track star Harry Jerome makes a comeback from a gruesome leg injury. (CC)

11:00 pm WTBS ch.3 "The Ring Two" (2005, Horror) Naomi Watts. A female journalist must prevent evil Samara from taking possession of her son's soul.

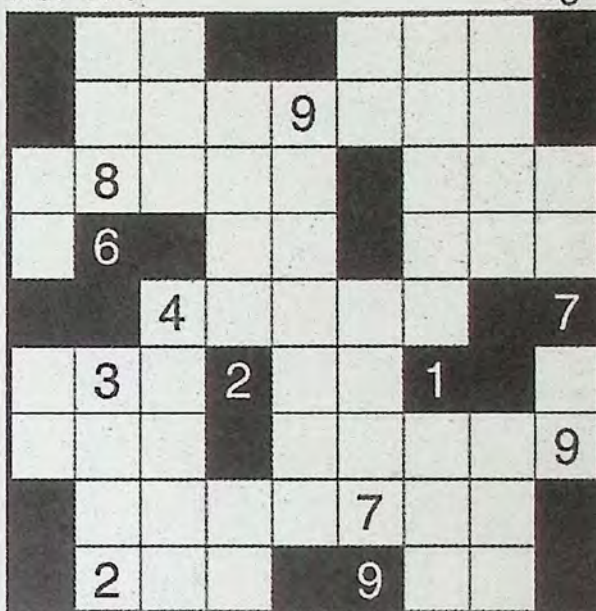
News Leader Str8ts

STR8TS

No. 179

Tough

Previous solution - Medium



	2	3	1	5	7	6		
1	7	3	2		6	5	4	
2	3	1	6	5	4	9	7	8
3	2	9	5	4		6	8	7
6	5	4		7	8	9		
5	6	4		8	9		2	1
4	5	6	9	7	8	3	1	2
		7	8	9	3	4	5	
9	8	7				2	3	4

How to beat Str8ts - Like Sudoku, no single number can repeat in any row or column. But... rows and columns are divided by black squares into compartments. These need to be filled in with numbers that complete a 'straight'. A straight is a set of numbers with no gaps but can be in any order, eg [4,2,3,5]. Clues in black cells remove that number as an option in that row and column, and are not part of any straight. Glance at the solution to see how 'straights' are formed.

You can find more help and strategies at www.str8ts.com along with more puzzles, Apple apps and books.

THIS WEEK'S
News Leader Str8ts
SOLUTION WILL APPEAR
IN NEXT WEEK'S ISSUE

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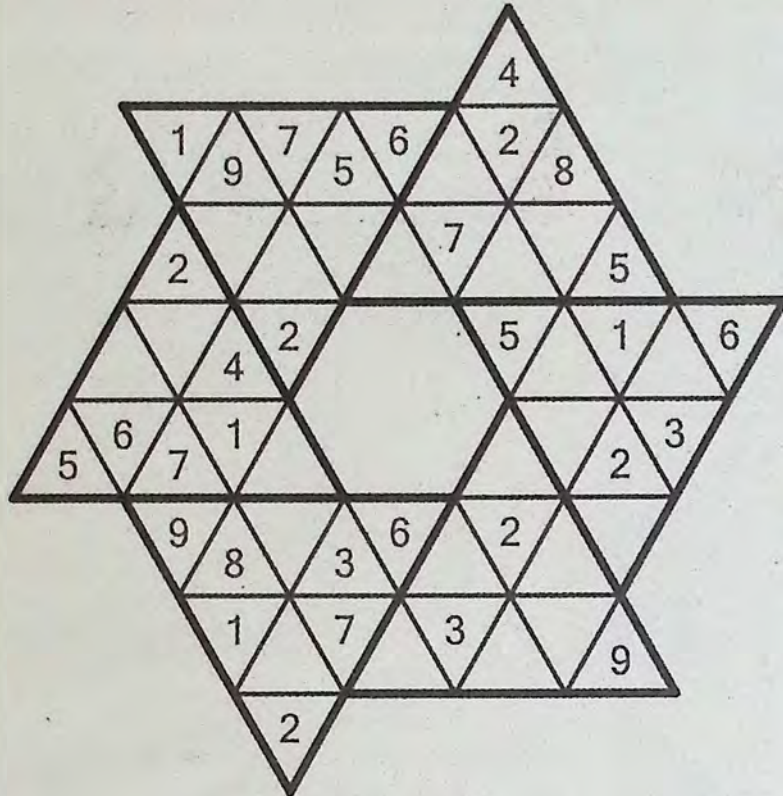
TUESDAY, MAY 27, 2014

	WTBS ch.3	CHBC ch.4	KNOW ch.5	KSPS ch.6	KHQ ch.7	KREM ch.8	A&E ch.9	KXLY ch.10	BCTV ch.11	CITY ch.12	CBC ch.13	YTV ch.18	TSN ch.19	VTV ch.22	DISC ch.24	FAM ch.26	CITY ch.29	SPIKE ch.44	DTOUR ch.45
6 AM	In the Heat of the Night	Morning News (N)	Wibbly Pig	Clifford	KHQ News 6AM (N)	KREM 2 Morning News	Criminal Minds	Morning Northwest	Morning News (N)	(5:00) Morning News (N)	CBC News Now (N)	Kid vs. Kat	SportsCentre	CTV Morning Live (N)	Highway Thru Hell	Stella-Sam	CityLine (N)	Bar Rescue	Eat St.
7 AM	Law & Order: SVU		G. Shrinks	Arthur	Today Howie Mandel;	CBS This Morning (N)	Criminal Minds	Good Morning America (N)			Tiger	Super Evil	2014 French Open Tennis: First Round. From Roland Garros Stadium in Paris. (N)		Alplane Repo	Shake It	Let's Make a Deal (N)	Bar Rescue	Disaster
8 AM	Law & Order: SVU		Wild Kratts	Wild Kratts	Cher Lloyd; Jenn Falik. (N)		CSI: Miami				Arthur	Sidekick			Jacked! (DVS)	Jessie	The Price Is Right (N)	Bar Rescue	Roseanne
9 AM	Millionaire	Morning	PAW Patrol	Curious			CSI: Miami	Liv! Kelly and Michael	Morning	The Doctors	Super Why!	Monster			Jacked! (DVS)	Jessie	The Price Is Right (N)	Bar Rescue	Roseanne
10 AM	Divorce	The Doctors	Doozers	Cat in the			CSI: Miami		Huntley St.	Huntley St.	Napkin	Spliced			Jacked! (DVS)	Jessie	The Price Is Right (N)	Bar Rescue	Roseanne
11 AM	Judge Alex	Pitchin' In	Dinosaurs	Peg			CSI: Miami				Bookaboo	Invasion			Jacked! (DVS)	Jessie	The Price Is Right (N)	Bar Rescue	Roseanne
12 PM	Judge Alex	Pitchin' In	Rob Robot	Dinosaur			CSI: Miami				Dragon's Den	Squirrel			Jacked! (DVS)	Jessie	The Price Is Right (N)	Bar Rescue	Roseanne
1 PM	King	Noon News Hour (N)	Clifford	Sit & Be Fit	Jdg Judy	Young & Restless	Criminal Minds	The View	The Doctors	Pitchin' In	Dragons' Den	Flamingo	Motoring	Marilyn Denis	How/Made	ANT Farm	General Hospital (N)	Bar Rescue	Bord. Rico
2 PM	King	King	PAW Patrol	Charlie Rosa	Pain Free	News	The First 48	The Chew	Noon News Hour (N)	Days of our Lives (N)	CBC News Now (N)	Kid vs. Kat	SportsNation (N)	CTV News (N)	NeverEver	Wingin' It	Katie	Repo	Eat St.
3 PM	Community	Days of our Lives (N)	Dinosaurs	Youthful	Bold		The First 48	The Chew	Noon News Hour (N)	Days of our Lives (N)	CBC News Now (N)	Sidekick		NeverEver	Wizards			Repo	Eat St.
4 PM	Community	Days of our Lives (N)	Dragon	Quitting			The First 48	General Hospital (N)	Days of our Lives (N)	The Talk	Republic of Doyle	Rated A	Hockey	The Social	Jacked! (DVS)	Wizards	CityLine	Repo	Eat St.
5 PM	Community	Days of our Lives (N)	Dragon	Quitting			The First 48	General Hospital (N)	Days of our Lives (N)	The Talk	Republic of Doyle	Rated A	Hockey	The Social	Jacked! (DVS)	Wizards	CityLine	Repo	Eat St.
6 PM	Seinfeld	The Talk	Ella the El	Thomas	Katie	Let's Make a Deal (N)	The First 48	Queen Latifah	The Talk	Queen Latifah	Steven and Chris	Kid vs. Kat	Off Record	Dr. Phil	BikerLive	Good Luck	CityNews at 5 (N)	Repo	Disaster
7 PM	The Middle	The Middle	Rob Robot	Super Why!			The First 48	Queen Latifah	The Talk	Queen Latifah	Steven and Chris	Super Evil	Interruption	Dr. Phil	BikerLive	Good Luck	CityNews at 5 (N)	Repo	Disaster
8 PM	The Middle	Queen Latifah	Dive, Oily	Sid	Ellen DeGeneres Show	Dr. Phil	Storage	Rachael Ray	Queen Latifah	Young & Restless	Coronation	Sidekick	SportsCentre (N)	The Dr. Oz Show (N)	How/Made	Shake It	CityNews at 6 (N)	Repo	Disaster
9 PM	Big Bang	Young & Restless	Jelly Jamm	Peg			Storage	Rachael Ray	Queen Latifah	Young & Restless	Coronation	Squirrel		How/Made	ANT Farm			Repo	Disaster
10 PM	Big Bang	Young & Restless	Jelly Jamm	Peg			Storage	Rachael Ray	Queen Latifah	Young & Restless	Coronation	Squirrel		How/Made	ANT Farm			Repo	Disaster
11 PM	Big Bang	Young & Restless	Jelly Jamm	Peg			Storage	Rachael Ray	Queen Latifah	Young & Restless	Coronation	Squirrel		How/Made	ANT Farm			Repo	Disaster

News Leader Sudoku 507

HOSHI SUDOKU - About The Puzzle

Sudoku - also known as "Number Place" - is a logic-based, combinatorial number-placement puzzle. The aim of Sudoku is to enter a number from 1 through 9 in each cell of a grid, most frequently a 9x9 grid made up of 3x3 subgrids. Each row, column and region must contain only one instance of each number. This Sudoku variant is called "Hoshi Sudoku". It contains six large triangles. The numbers 1 to 9 must be placed into the cells of each large triangle. Every line of any length - even uncontinuous - must contain every number not more than once.



www.sudoku-puzzles.net

THIS WEEK'S SOLUTION: Page 20

Wednesday Movies

MORNING

6:00 am SPIKE ch.44 "Billy Madison" (1995, Comedy) Adam Sandler. Premiere. An adult goof-off goes back to elementary school in order to run his father's company. (In Stereo)
 8:00 am SPIKE ch.44 "Billy Madison" (1995, Comedy) Adam Sandler. An adult goof-off goes back to elementary school in order to run his father's company. (In Stereo)

AFTERNOON

12:30 pm SPIKE ch.44 "Couples Retreat" (2009, Comedy) Vince Vaughn. Four couples find that paradise comes at a price when they must participate in therapy sessions at a tropical resort. (In Stereo)

EVENING

7:00 pm CITV ch.12 "Angels and Demons" (2010) Olu Jacobs. Premiere. (CC)

8:00 pm CHBC ch.4 BCTV ch.11 "Angels and Demons" (2010) Olu Jacobs. Premiere. (CC)
 10:00 pm SPIKE ch.44 "Couples Retreat" (2009, Comedy) Vince Vaughn. Four couples find that paradise comes at a price when they must participate in therapy sessions at a tropical resort. (In Stereo)
 11:00 pm WTBS ch.3 "Righteous Kill" (2008, Crime Drama) Robert De Niro. Two veteran detectives hunt a vigilante whose crimes resemble those of a killer they put behind bars long ago.

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WEDNESDAY, MAY 28, 2014

	WTBS ch.3	CHBC ch.4	KNOW ch.5	KSPS ch.6	KHQ ch.7	KREM ch.8	A&E ch.9	KXLY ch.10	BCTV ch.11	CITY ch.12	CBC ch.13	YTV ch.18	TSN ch.19	VTV ch.22	DISC ch.24	FAM ch.26	CITY ch.29	SPIKE ch.44	DTOUR ch.45
6 AM	In the Heat of the Night	Morning News (N) ☺	Wibbly Pig	Clifford	KHQ News 6AM (N)	KREM 2 Morning News	Criminal Minds ☺ ☺	Morning Northwest	Morning News (N) ☺	(5:00) Morning News (N)	CBC News Now (N) ☺	Kid vs. Kat Rescue	SportsCentre ☺	CTV Morning Live (N) ☺	Pyros	Stella-Sam ANT Farm	CityLine (N) ☺	Movie: * "Billy Madison" (1995, Comedy)	Eat St. ☺
7 AM	Law & Order: SVU		G. Shrinks	Arthur	Today Colin Cowie; Rixton; Ryan Eggold. (N) ☺	CBS This Morning (N) ☺	Criminal Minds ☺ ☺	Good Morning America (N) ☺			Tiger	Super Evil	2014 French Open Tennis: Second Round. From Roland Garros Stadium in Paris. (N) (Live) ☺		Last Frontier	Shake It Austin	Let's Make a Deal (N)		Disaster
8 AM	Law & Order: SVU		PAW Patrol	Curious			CSI: Miami ☺ ☺			Morning Huntley St.	Bo On/Go	Pokémon		Dangerous Flights	Jessie ☺	The Price Is Right (N)	Movie: * "Billy Madison" (1995) ☺	Roseanne	
9 AM	Millionaire	Morning Millionaire	Dinosaurs	Peg		The 700 Club ☺ ☺	CSI: Miami ☺ ☺	Livel Kelly and Michael	Morning Huntley St.	The Doctors ☺ ☺	Super Why! Napkin	Monster	NHRA Drag Racing: Kansas Nationals. From Topeka, Kan. (Taped) ☺	Livel Kelly and Michael	Mighty Ships ☺	Little Wizards	Jdg Judy		Friends ☺
10 AM	Divorce	The Doctors ☺ ☺	Ella the El Jelly Jamm	Sesame Street ☺ (EI)		The Price Is Right (N)	Criminal Minds ☺ ☺	The View ☺ ☺	The Doctors ☺ ☺	Pitchin' In	Bookaboo	Invasion		The View ☺ ☺	Auction	Never Land	The Chew ☺ ☺	Tattoo	Security
11 AM	Judge Alex	Pitchin' In	G. Shrinks	Tiger	Jdg Judy	Young & Restless	Criminal Minds ☺ ☺	Paid Prog. Youthful	Pitchin' In	Noon News Hour (N)	Dragons' Den ☺ ☺	Flamingo	NHRA Drag Racing: Kansas Nationals. From Topeka, Kan. (Taped) ☺	Marilyn Denis	Fool's Gold	ANT Farm	General Hospital (N) ☺	Tattoo	Bord. Rico
12 PM	King	Noon News Hour (N)	PAW Patrol	Charlie Rose ☺ ☺	Paid Prog. Youthful	News	The First 48 ☺ ☺	The Chew ☺ ☺	Noon News Hour (N)	Days of our Lives (N)	CBC News Now (N) ☺	Kid vs. Kat Sidekick	NHRA Drag Racing: Kansas Nationals. From Topeka, Kan. (Taped) ☺	CTV News (N) ☺ ☺	Deadliest Catch	Wingin' It	Katie ☺ ☺	Tattoo	Eat St. ☺
1 PM	Community	Days of our Lives (N)	Wibbly Pig Dragon	Oil Painting Sewing	Days of our Lives (N)	The Talk ☺ ☺	After the First 48 ☺ ☺	General Hospital (N) ☺	Days of our Lives (N)	The Talk ☺ ☺	Republic of Doyle ☺	Rated A Monster		The Social ☺ ☺	Deadliest Catch ☺	Wizards	CityLine ☺ ☺	Movie: ** "Couples Retreat" (2009) Vince Vaughn, Jason Bateman. ☺	Roseanne
2 PM	Seinfeld ☺	The Talk ☺ ☺	Ella the El Rob Robot	Thomas Super Why!		Let's Make a Deal (N)	The First 48 ☺ ☺	Queen Latifah	The Talk ☺ ☺	Queen Latifah	Steven and Chris ☺	Kid vs. Kat Super Evil	Off Record	Dr. Phil ☺ ☺	Cold Water Cowboys	Good Luck	CityNews at 5 (N) ☺	Friends ☺	
3 PM	The Middle	Queen Latifah	Dive, Oily	Sid	Ellen DeGeneres Show	Dr. Phil ☺ ☺	The First 48 ☺ ☺	Rachael Ray ☺ ☺	Queen Latifah	Young & Restless	Coronation Stefano	Sidekick	SportsCentre (N) ☺ ☺	The Dr. Oz Show (N) ☺	How/Made	Shake It	CityNews at 6 (N) ☺	Disaster	
4 PM	Big Bang	Young & Restless	Maya Bee	Wild Kratts	Jdg Judy	The Dr. Oz Show (N) ☺	Duck D.	The Doctors ☺ ☺	Young & Restless	Early News	Gags	SpongeBob	Hockey	Ellen DeGeneres Show	Daily Planet (N)	Phineas	Mod Fam	Tattoo	Security
5 PM	Browns	News (N) ☺	Martha	News	News	News	Duck D.	News	Early News	(4:59) News Hour (N)	NHL Hockey: Los Angeles Kings at Chicago Blackhawks. (N) ☺ (Live) ☺	Parents	Top 10	CTV News at Five (N)	Sons of Guns ☺ ☺	Jessie ☺	The Middle	Tattoo	Security
6 PM	Browns	Global Nat. News	Marine Machines ☺	PBS NewsHour (N) ☺	Millionaire	News KREM 2 News at 6 (N)	Duck D.	News at 6	(5:59) News Hour (N)	ET Canada	Ent	Hathaways	NBA Basketball: Miami Heat at Indiana Pacers. (N) (Live) ☺	CTV News (N) ☺ ☺	Deadliest Catch ☺	Austin	Mod Fam	An All-Star Comedy Tribute to Don Rickles	Airport
7 PM	Mod Fam	Ent	Canada: Over the Edge	Nature Bald eagle. ☺	Jeopardy!	Inside Ed.	Duck D.	Ent	Ent	Movie: "Angels and Demons" (2010) Olu Jacobs. Premiere. ☺	CBC News	Assembly	SportsCentre (N) ☺ ☺	So You Think You Can Dance	How/Made	Good Luck	CityNews-Tonight (N)	Movie: ** "Couples Retreat" (2009) ☺	Bord. Rico
8 PM	Family Guy	Movie: "Angels and Demons" (2010) Olu Jacobs. Premiere. ☺	Charlie Bird Explores	NOVA Sunken Allied ships in France. (N) ☺	Fisher	Hawaii Five-0 "Pukana"	Duck D.	The Middle	Movie: "Angels and Demons" (2010) Olu Jacobs. Premiere. ☺		To Be Announced	Haunting	Hockey	"Auditions No. 1"	Sons of Guns ☺ ☺	Wingin' It	Jimmy Kimmel Live ☺	Ghost Adventures ☺	
9 PM	Amer. Dad	Amer. Dad	Jazz Bebop eclipses big-band sound. ☺ (DVS)	Escape-Pacific	World Music Awards (N) ☺ ☺	Criminal Minds ☺	Duck D.	Mod Fam		News Hour Final (N)	CBC News	Gags	SportsCentre (N) ☺ ☺	CSI: Crime Scene	Highway Thru Hell	Good Luck	EP Daily	Movie: ** "Couples Retreat" (2009) ☺	Bord. Rico
10 PM	Jeffersons	Jeffersons				CSI: Crime Scene	Duck D.	Motive (N) ☺ (DVS)		ET Canada	The National (N) ☺	Vampire	SportsCentre ☺	News-Lisa	Fast N' Loud ☺ ☺	Wizards	Paid Prog.	Airport	
11 PM	Movie: "Righteous Kill"	CHBC News Final (N)	Canada: Over the Edge	Charlie Rose (N) ☺	News	News	Duck D.	KXLY 4	News Hour Final (N)	The Test		Haunting		CTV News	Life Derek	Paid Prog.		Airport	

Princeton Posse Report

Posse Players Have Success at Boston Pre-Draft Tourney

Four players from the Princeton Posse, two from the Campbell River Storm and one from the Westshore Wolves all had a strong showing in the New England Pre

Draft Tournament earlier this month.

In addition to the KIJHL and VIJHL presence, was also alumni of the Pursuit of Excellence

Hockey Academy and Okanagan Hockey Academy. The tournament consisted of 76 teams from around the world in a chance to show scouts one last time what they are

capable of before the NHL draft. Players in the tournament range from Major Junior to Prep School/Major Midget Calibre.

Kurtis Klinger, Devan Suidy, Brandon Workun and Brandon Schaber all represented the Posse on Team Canada West White, which was coached by Posse coaches Bill Rotheisler and Mark McNaughton who put together the team with Cowichan Capitals Head Scout Lou Gravel.

Joining the Posse players were other top junior B players including Brett Lervold (Westshore Wolves), Alex Brewer and Gage Colpron (Campbell River Storm) from the VIJHL. In addition to the Junior B crew, there were junior A players on the team from the AJHL, MJHL, Switzerland and Sweden; along with the USPHL and WSHL.

Full roster and stats can be found online at: <http://www.proamhockey.com/>

The team first met in Boston on Wednesday, May 7 for meetings where most attended a Red Sox game to start the bonding process. Thursday consisted of a practice and an exhibition game in which the Team Canada West White won a tight 3-2 battle. The day also consisted of the players touring both

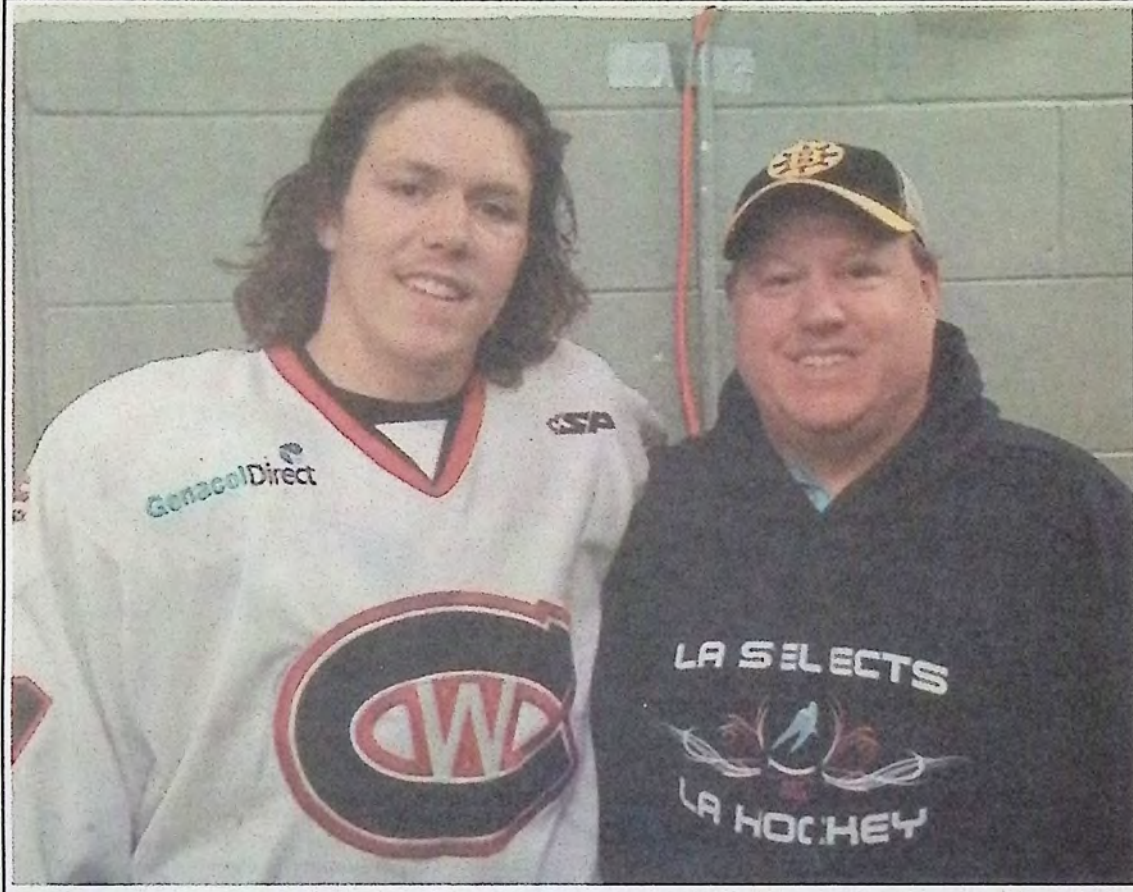
Boston University and Boston College.

The tournament officially began on Friday with the Posse boys winning their first official game by a 5-2 score. Campbell River Storm defenseman Alex Brewer scoring in the contest. Saturday morning saw a very tight contest. With Brandon Workun out with a lower body injury, Campbell River Storm defenseman Trent Johnson filled in to help the Team Canada boys break a game long deadlock in the final frame to finish with a 2-1 win. The third official game in the round robin came Saturday late afternoon, where goals from Posse defenseman Brandon Workun (2), Posse captain Kurtis Klinger (1) and Storm Forward Gage Colpron (1) would give Team Canada the 6-3 win to secure a perfect 3-0 record in the tournament, 4-0 including the exhibition game, and first place in their pool, and only team in their pool to move on to the playoffs.

Despite attending a motivating Stanley Cup Playoff game the night before, Sunday morning the boys would be handed their first loss of the trip. Team Canada West White bowed out 5-1 in a sudden death game to a team that had NCAA division 1 commitments into the double digits, which is more than most BCHL teams have. Posse winger Devan Suidy had the lone goal for the western Canadians.

Team Canada West White Coach Bill Rotheisler commented; "It was a great experience to see our (Princeton) boys play as well as they did and definitely exceed expectations. The fact that the strong character KIJHL and VIJHL players that we took did so well against some very tough teams will do an incredible amount for their chances to move forward in the game.

"In addition, for the returning players, it has put their confidence to a point that will increase their own individual level of play, contributing to their respective team's results and overall league calibre."



Princeton Posse's Kurtis Klinger, left, with his father Scott. - photo submitted

Retention and recruitment committee forms

..... continued from Front Page Spring, has been displayed at the Cascade Medical Centre. The Committee would like to thank Sandy and her husband Bill, for their generous contribution. The artwork has done much to create a more welcoming and appealing space for patients in the Clinic.

Susan Brown, Community Administrator, South Okanagan reported on Shared Care, a joint initiative of Doctors of BC and the BC Ministry of Health. Princeton Access to Specialists is a project of Shared Care. The aim of this project is to provide easier access to specialist care for people living in Princeton and area. The specialist

areas that have been covered so far are psychiatry for adults and seniors, pediatric care and internal medicine - nephrology and respirology. This project started in January 2014 and is under development. More information will be shared with the public as the projects develops.

Dr. Colleen Black reported on an initiative called the Rapid Access Clinic that will be launched as a pilot program at Cascade Medical Centre in the near future. This program will provide fast access to a consultation with a physician or nurse practitioner for conditions that do not involve lengthy appointments. Dr. Black described

the program as being similar to a walk-in clinic, where each practitioner would designate a period of time each week for Rapid Access patients. More information on the program will be shared with the public when details have been finalized.

The Princeton Hospital Auxiliary provided information that they have committed \$37,400 toward the purchase of three new pieces of equipment for PGH; \$30,000 for half the cost of a CR reader for the X-ray department, \$4,500 for a new Tono-Pen for measurement of intraocular pressure (IOP), and \$2,900 for an ambulatory blood pressure monitor.

Laila Bird, Hospital Auxiliary President, expressed her thanks to the people of Princeton for their generous and ongoing support which has made these purchases possible.

In order to continue its work to develop and sustain an effective health care model for the people of Princeton and Area, the Steering Committee has agreed to extend its mandate for another year.

At its next meeting in June, PHCSC will begin a review of its Action Plan to determine present accomplishments and future initiatives. A full report will be shared with the public once the review is complete.

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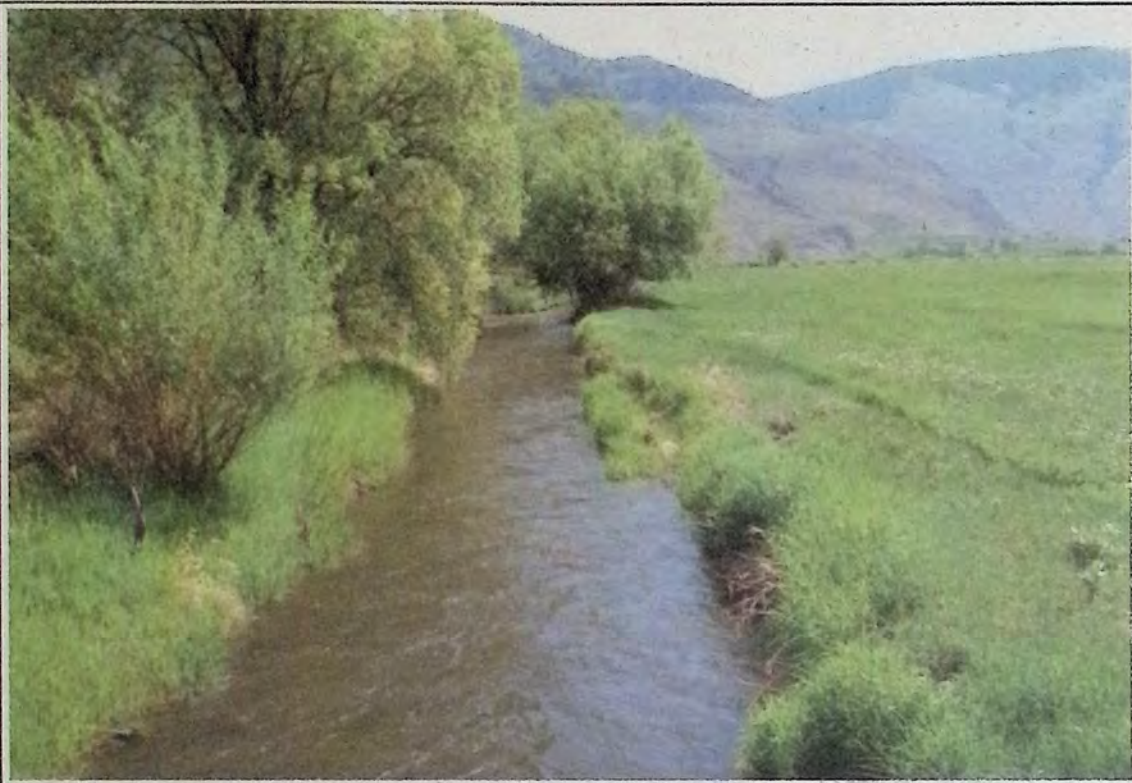
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Thursday Movies

EVENING

wander too far from his car.

11:00 pm WTBS ch.3 "Transporter 3" (2008, Action) Jason Statham. Mob courier Frank Martin and the subject of his assignment, a cynical Ukrainian woman, are fitted with shackles that will explode if they

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Keremeos Creek is swollen as usual this time of year and presents a lovely scene surrounded by the lush greens of summer in Cawston this week. *

THURSDAY, MAY 29, 2014

	WTBS ch.3	CHBC ch.4	KNOW ch.5	KSPS ch.6	KHQ ch.7	KREM ch.8	A&E ch.9	KXLY ch.10	BCTV ch.11	CITY ch.12	CBC ch.13	YTV ch.18	TSN ch.19	VTV ch.22	DISC ch.24	FAM ch.26	CITY ch.29	SPIKE ch.44	DTOUR ch.45
6 AM	In the Heat of the Night	Morning News (N) 30	Wibbly Pig	Clifford	KHQ News 6AM (N)	KREM 2 Morning News	Criminal Minds 30	Morning Northwest	Morning News (N) 30	(5:00) Morning News (N)	CBC News Now (N) 30	Kid vs. Kat Rescue	SportsCentre 30	CTV Morning Live (N) 30	Mighty Planes 30	Stella-Sam ANT Farm	CityLine (N) 30	Repo	Eat St. 30
7 AM	Law & Order: SVU		G. Shrinks	Arthur	Today John Malkovich; Maria Elia. (N) 30	CBS This Morning (N) 30	Criminal Minds 30	Good Morning America (N) 30			Tiger Arthur 30	Super Evil	2014 French Open Tennis: Second Round. From Roland Garros Stadium in Paris. (N) (Live) 30		Cold Water Cowboys	Shake It Austin	Let's Make a Deal (N)	Repo	Disaster
8 AM	Law & Order: SVU		PAW Patrol	Curious			CSI: Miami "Manhunt"			Morning Huntley St.	Bo On/Go	Pokémon		Highway Thru Hell	Jessie 30	The Price Is Right (N)	Repo	Roseanne	
9 AM	Millionaire	Morning	Dinosaurs	Peg		The 700 Club 30	CSI: Miami 30	Livel Kelly and Michael	Morning Huntley St.	The Doctors 30	Super Why! Napkin	Monster Spliced 30		Livel Kelly and Michael	Nerve Center	Little Manny	Jdg Judy	Repo	Friends 30
10 AM	Divorce	The Doctors 30	Ella the Elf	Sesame Street 30 (EI)		The Price Is Right (N)	Criminal Minds 30	The View 30	The Doctors 30	Pitchin' In	Bookaboo	Invasion		The View 30	Auction	Never Land	The Chew 30	Cops 30	Airport
11 AM	Judge Alex	Pitchin' In	G. Shrinks	Tiger	Jdg Judy	Young & Restless	Criminal Minds 30	Paid Prog.	Pitchin' In	Noon News Hour (N)	Dragons' Den 30	Flamingo	Fishing	Marilyn Denis	How/Made	ANT Farm	General Hospital (N) 30	Jail 30	Back. Gold
12 PM	King	Noon News Hour (N)	PAW Patrol	Charlie Rose 30	Paid Prog.	News	The First 48 30	The Chew 30	Noon News Hour (N)	Days of our Lives (N)	CBC News Now (N) 30	Kid vs. Kat Sidekick	SportsNation (N) 30	CTV News (N) 30	Sons of Guns 30	Wingin' It	Katie 30	Cops 30	Eat St. 30
1 PM	Community	Days of our Lives (N)	Wibbly Pig	Painting	Days of our Lives (N)	The Talk 30	The First 48 30	General Hospital (N) 30	Days of our Lives (N)	The Talk 30	Republic of Doyle 30	Rated A	Hockey	The Social 30	Mighty Ships 30	Wizards	CityLine 30	Cops 30	Roseanne
2 PM	Seinfeld 30	The Talk 30	Ella the Elf	Thomas	Katie 30	Let's Make a Deal (N)	The First 48 30	Queen Latifah	The Talk 30	Queen Latifah	Steven and Chris 30	Kid vs. Kat Super Evil	Off Record	Dr. Phil 30	Fast N' Loud 30	Good Luck	CityNews at 5 (N) 30	Cops 30	Friends 30
3 PM	The Middle	Queen Latifah	Dive, Oily	Sid	Ellen DeGeneres Show	Dr. Phil 30	The First 48 30	Rachael Ray 30	Queen Latifah	Young & Restless	Coronation Stefano	Sidekick	SportsCentre (N) 30	The Dr. Oz Show 30	How/Made	Shake It	CityNews at 6 (N) 30	Cops 30	Disaster
4 PM	Big Bang	Young & Restless	Maya Bee	Wild Kratts	Jdg Judy	The Dr. Oz Show 30	The First 48 30	The Doctors 30	Young & Restless	Early News	Gags	SpongeBob	Hockey	Ellen DeGeneres Show	Daily Planet (N)	Phineas	Mod Fam	Cops 30	Museum Secrets 30
5 PM	Browns	News (N) 30	Martha	News	News	News	The First 48 30	News	Early News	(4:59) News Hour (N)	NHL Hockey: Montreal Canadiens at New York Rangers. (N) (Live) 30	Parents	Thunder	CTV News at Five (N)	Fast N' Loud	Jessie 30	Hell's Kitchen (N)	Cops 30	Canadian Pickers 30
6 PM	Browns	Global Nat. News	Canada: Over the Edge	PBS News-Hour (N) 30	News	KREM 2 News at 6 (N)	The First 48 (N) 30	News at 6	(5:59) News Hour (N)	ET Canada	Canadiens at New York Rangers. (N) (Live) 30	Thunder	NBA Basketball: Thunder at Spurs	CTV News (N) 30	Fast N' Loud (N) 30	Austin	Seed 30	IMPACT Wrestling (N) 30	Back. Gold
7 PM	Mod Fam	Ent	Planet Earth 30	NW Prof!	Jeopardy!	Inside Ed.	(7:01) The Killer Speaks	Ent	Ent	Elementary "Tremors"	Cache	Japanzi	Spurs	etalk (N)	Vegas Rat Rods (N)	Win, Lose	Murdoch Mysteries 30		Hid. City
8 PM	Family Guy	Fisher	Brazil With Palin	New Tricks	Hollywood Game Night	Big Bang	(8:02) The First 48 30	The Bachelor 30	Fisher	Fisher	CBC News	Vampire		Big Bang	How/Made	Good Luck	CityNews-Tonight (N)	Hungry Investors 30	Sturgis "Cops" 30
9 PM	Amer. Dad	Engels	Tupperware! 30	Foyle's War A murder.	Undateable	Two Men	(9:01) The First 48 30	Bad	Bad	Bad	To Be Announced	Haunting	Haunting	Gang Related (N) 30	Fast N' Loud	Wingin' It	Jimmy Kimmel Live 30	An All-Star Comedy Tribute to Don Rickles	Ghost Adventures 30
10 PM	Jeffersons	(10:01) Elementary 30	Doris Day Superstar	Coming Back With Wes	Last Comic Standing	(10:01) Elementary 30	(10:01) The First 48 30	Black Box "Forget Me"	(10:01) Elementary 30	(10:01) News Hour Final	CBC News	Gags	SportsCentre (N) 30	Motive "For You I Die"	Fast N' Loud 30	Good Luck	EP Daily	Reviews on	Hid. City
11 PM	Movie: "Transporter 3"	CHBC News Final (N)	What's That About?	Charlie Rose (N) 30	News	News	The Killer Speaks 30	KXLY 4	News Hour Final (N)	ET Canada	The National (N) 30	Vampire	SportsCentre 30	News-Lisa	Vegas Rat Rods	Wizards	Paid Prog.	Bar Rescue 30	Sturgis "Cops" 30

Friday Movies

AFTERNOON

4:30 pm SPIKE ch.44 "Walking Tall" (2004, Action) The Rock. A former Special Forces soldier becomes sheriff and deputizes an old friend to help rid their town of thugs. (In Stereo)

EVENING

6:00 pm FAM ch.26 "The Muppets" (2011, Comedy) Jason Segel. Premiere. Kermit, Miss Piggy and the other Muppets join forces with their fans to raise \$10 million to save Muppet Studios from a greedy Texan who wants to raze the building and drill for oil. (In Stereo) (CC)
 7:00 pm YTV ch.18 "Tooth Fairy 2" (2012, Comedy) Larry the Cable Guy. Premiere. Larry tries to impress a woman by helping at her after school program. His plan backfires when he accidentally tells the children the tooth fairy is make believe, forcing him to don a tutu costume and collect teeth to make up for his

careless words. (In Stereo) (CC)
 10:00 pm FAM ch.26 "Vacation With Derek" (2010, Comedy-Drama) Michael Seater. With help from her stepbrother, a girl must save her grandmother's resort from a land developer. (In Stereo) (CC)
 11:00 pm WTBS ch.3 "Rogue" (2007, Action) Jet Li. A federal agent seeks revenge on an elusive assassin after his partner and family are killed, but the target ignites a war between rival Asian mobsters.

News Leader Recipe 614

Cajun Turkey Caesar Salad - Deconstructed

Serves: 4 Cooking Time: Approx. 8 minutes

Ingredients:

- 4 Canadian Turkey cutlets or Steaks (approx. 1 lb/500 g total)
- 1/3 cup (75 mL) Oil
- 3 tbsp (45 mL) light Mayonnaise
- 2 tbsp (25 mL) Lemon Juice
- 1 tbsp (15 mL) Dijon Mustard
- 1/2 tsp (2 mL) Anchovy Paste
- 1 large clove Garlic, sliced
- 1 tbsp (15 mL) Paprika
- 1 tsp (5 mL) Onion Powder
- 1/2 tsp (2 mL) each of Black Pepper, dried Oregano, dried Thyme, and ground Cumin
- 1/4 tsp (1 mL) each of Cayenne and Salt
- 1 head Romaine Lettuce, torn into bite size pieces
- 1/3 cup (75 mL) grated Parmesan Cheese

Directions:

- Combine oil, mayonnaise, lemon juice, Dijon mustard, anchovy paste and garlic in blender or food processor, process until smooth.
- Mix paprika, onion powder, black pepper, oregano, thyme, cumin, cayenne and salt together on a large plate. Coat both sides of cutlets or steaks with this mixture.
- Toss romaine lettuce with salad dressing. Divide salad evenly among 4 plates.
- Barbeque on medium-high until no longer pink in centre (about 3-4 minutes each side).
- Slice turkey into strips and arrange on top of salad. Sprinkle with grated Parmesan.

Nutritional Information (Per serving): Calories 364; protein 34 g; fat 24 g; carbohydrates 3 g.

Recipe courtesy of Turkey Farmers of Canada

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FRIDAY, MAY 30, 2014

	WTBS ch.3	CHBC ch.4	KNOW ch.5	KSPS ch.6	KHQ ch.7	KREM ch.8	A&E ch.9	KXLY ch.10	BCTV ch.11	CITY ch.12	CBC ch.13	YTV ch.18	TSN ch.19	VTV ch.22	DISC ch.24	FAM ch.26	CITY ch.29	SPIKE ch.44	DTOUR ch.45
6 AM :30	In the Heat of the Night	Morning News (N) 30	Wibbly Pig Monkey	Clifford Martha	KHQ News 6AM (N)	KREM 2 Morning News	The First 48 30	Morning Northwest	Morning News (N) 30	(5:00) Morning News (N)	CBC News Now (N) 0	Kid vs. Kat Super Evil	SportsCentre 30	CTV Morning Live (N) 0 30	Nerve Center	Stella-Sam ANT Farm	CityLine (N) 30	Ways Die	Eat St. 0
7 AM :30	Law & Order: SVU		G. Shrinks Wild Kratts	Arthur Wild Kratts	Today James Earl Jones and Boyd Gaines. (N) 0 30	CBS This Morning (N) 0 30	The First 48 30	Good Morning America 50 Cent performs. (N)			Tiger Arthur 30	Yu-Gi-Oh! Digimon	2014 French Open Tennis: Third Round. From Roland Garros Stadium in Paris. (N)		Last Car Standing	Shake It Austin	Let's Make a Deal (N)	Ways Die	Disaster
8 AM :30	Law & Order: SVU		PAW Patrol Doozers	Curious Cat in the Hat			The First 48 30		Morning Huntley St.		Bo On/Go Busytown	Pokémon Storm		Flying Wild Alaska 30	Jessie 30	The Price Is Right (N)	Ways Die	Roseanne	
9 AM :30	Millionaire Millionaire	Morning Huntley St.	Dinosaurs Rob Robot	Peg Dinosaurs		The 700 Club 0 30	The First 48 30	Liv! Kelly and Michael	Morning Huntley St.	The Doctors 0 30	Super Why! Napkin	Monster Spliced 0		Liv! Kelly and Michael	Nerve Center	Little Manny	Jdg Judy	Ways Die	Friends
10 AM :30	Divorce Divorce	The Doctors 0 30	Ella the Elf Jelly Jamm	Sesame Street 0 (E)		The Price Is Right (N)	The First 48 30	The View 0 30	The Doctors 0 30	Pitchin' In Pitchin' In	Bookaboo Doodlebop	Invasion Almost		The View 0 30	Auction Auction	Never Land Sofia	The Chew 0 30	Ways Die	Treasures Decoded 0
11 AM :30	Judge Alex Judge Alex	Pitchin' In Pitchin' In	G. Shrinks Clifford	Tiger Sit & Be Fit	Jdg Judy	Young & Restless	The First 48 30	Paid Prog. Paid Prog.	Pitchin' In Pitchin' In	Noon News Hour (N)	Dragons' Den 0 30	Flamingo Squirrel	Motorcycle Score Golf	Marilyn Denis	How/Made How/Made	ANT Farm Jessie 30	General Hospital (N) 0	Cops 30	Ghost Adventures 30
12 PM :30	King King	Noon News Hour (N)	PAW Patrol Dinosaurs	Charlie Rose 0 30	Pain Free Paid Prog.	News Bold	The First 48 30	The Chew 0 30	Noon News Hour (N)	Days of our Lives (N)	CBC News Now (N) 0	Kid vs. Kat Sidekick	SportsNation (N) 30	CTV News (N) 0 30	Fast N' Loud	Wingin' It Wizards	Katie 0 30	Cops 30	Eat St. 0
1 PM :30	Community Community	Days of our Lives (N)	Wibbly Pig Dragon	Wyland's Scrapbook	Days of our Lives (N)	The Talk 0 30	The First 48 30	General Hospital (N) 0	Days of our Lives (N)	The Talk 0 30	Republic of Doyle 0	Rated A Monster	Hockey Hockey	The Social 0 30	Fast N' Loud 30	Wizards Good Luck	CityLine 30	Cops 30	Roseanne
2 PM :30	Seinfeld 0 The Middle	The Talk 0 30	Ella the Elf Rob Robot	Thomas Super Why!	Katie 0 30	Let's Make a Deal (N)	The First 48 30	Queen Latifah	The Talk 0 30	Queen Latifah	Steven and Chris 30	Kid vs. Kat Super Evil	Off Record Interruption	Dr. Phil 0 30	Vegas Rat Rods	Good Luck Shake It	CityNews at 5 (N) 30	Cops 30	Friends
3 PM :30	The Middle Mod Fam	Queen Latifah	Dive, Olly Jelly Jamm	Sid Peg	Ellen DeGeneres Show	Dr. Phil 0 30	The First 48 30	Rachael Ray 0 30	Queen Latifah	Young & Restless	Coronation Stefano	Slidekick Squirrel	SportsCentre (N) 30	The Dr. Oz Show 30	How/Made How/Made	Shake It ANT Farm	CityNews at 6 (N) 30	Cops 30	Disaster
4 PM :30	Big Bang Big Bang	Young & Restless	Maya Bee Arthur 0	Wild Kratts WordGirl	Jdg Judy	The Dr. Oz Show 30	The First 48 30	The Doctors 0 30	Young & Restless	Early News Global Nat.	Movie 0 30	SpongeBob Kung Fu	Hockey Interruption	Ellen DeGeneres Show	Daily Planet (N)	Phineas Good Luck	Mod Fam	Cops 30	Treasures Decoded 0
5 PM :30	Browns Payne	News (N) 30	Dino Dan Wild Kratts	News Business	News NBC News	News CBS News	The First 48 30	News ABC News	Early News Global Nat.	(4:59) News Hour (N)		SpongeBob NBA	Top 10	CTV News at Five (N)	Car Hoards	Austin Jessie 30	The Carrie Diaries 30	Surviving Evil 0	
6 PM :30	Browns Payne	Global Nat. News	What's That About?	PBS News-Hour (N) 30	News Millionaire	News KREM 2 News at 6 (N)	The First 48 30	News at 6 News	(5:59) News Hour (N)	ET Canada Ent	NHL Hockey: Chicago Blackhawks at Los Angeles Kings. (N) 0 (Live) 30	SpongeBob	Indiana Pacers at Miami Heat. (N) (Live) 30	CTV News (N) 0 30	NeverEver NeverEver	Movie: ** * "The Muppets" 0	Murdoch Mysteries 0	(6:35) Bar Rescue	
7 PM :30	Mod Fam Seinfeld	Ent ET Canada	Coast 30	Wash Moeyers	Jeopardy! Wheel	Inside Ed. Access H.	The First 48 30	Ent The Insider	Ent ET Canada	Crossbones 0 30		Movie: "Tooth Fairy 2" (2012) Premiere. 0 30	etalk (N) Big Bang	Mayday 30	Mayday 30	Next Step	Mantracker 30 (DVS)	(7:35) Bar Rescue	
8 PM :30	Family Guy Family Guy	Kitchen Nightmares 0	(8:05) New Tricks 30	Mr. Stink 0 30	Dateline NBC (N) 0 30	Undercover Boes 30	(8:02) The First 48 30	Shark Tank 0 30	Kitchen Nightmares 0	Kitchen Nightmares 0			SportsCentre (N) 30	Shark Tank 0 30	Mayday 30	Dog Liv-Mad.	CityNews-Tonight (N)	(8:35) Bar Rescue	
9 PM :30	Amer. Dad Amer. Dad	Hawaii Five-0 0 30	(9:10) Lewis "The Rambler" Boy' 30	National Memorial Day Concert 30		Hawaii Five-0 0 30	(9:01) The First 48 30	What Would You Do? 0 30	Hawaii Five-0 0 30	Hawaii Five-0 0 30	CBC News To Be Announced	Super Evil Japanizi	Hockey Top 10	CSI: Crime Scene	NeverEver NeverEver	I Didn't Austin	Jimmy Kimmel Live 0	(9:35) Bar Rescue	
10 PM :30	Jeffersons Jeffersons	Crossbones 0 30		Land	Crossbones 0 30	Blue Bloods 0 30	(10:01) The First 48 30	20/20 0 30	Crossbones 0 30	News Hour Final (N)		Cook'd 0 Assembly	SportsCentre (N) 30	Blue Bloods 0 30	Car Hoards	Movie: "Vacation With Derek" 0	EP Daily	(10:35) Bar Rescue	
11 PM :30	Movie: ** "Rogue"	CHBC News Final (N)	Inside Disaster: Haiti	Charlie Rose (N) 30	News J. Fallon	News Letterman	(11:01) The First 48 30	KXLY 4 J. Kimmel	News Hour Final (N)	ET Canada The Test	CBC News TBA	Mr. Young Boys	SportsCentre 30	News-Lisa CTV News	Mayday 30	Life Derek	Paid Prog.	Ways Die	Ghost Adventures 30

News Leader Weekend - Saturday Movies

MORNING

6:00 am SPIKE ch.44 "Billy Madison" (1995, Comedy) Adam Sandler. An adult goof-off goes back

to elementary school in order to run his father's company. (In Stereo)
9:00 am WTBS ch.3 "Spirit: Stallion of the Cimarron" (2002, Adventure) Voices of Matt Damon. Animated. A mustang journeys

through the American frontier, befriends a Lakota brave and finds love with a mare.
10:30 am SPIKE ch.44 "Walking Tall" (2004, Action) The Rock. A former Special Forces soldier becomes

sheriff and deputizes an old friend to help rid their town of thugs. (In Stereo)
10:45 am WTBS ch.3 "Chicken Run" (2000, Comedy) Voices of Mel Gibson. Animated. A dashing rooster and the hen he loves lead an escape from a farm in 1950s England.

Cooper. After a wild stag party in Las Vegas, three hazy groomsmen must find their missing friend and get him back to Los Angeles in time for his wedding.
CITY ch.29 "Wushu Warrior" (2008, Action) Matt Frewer. In 19th-century China, a man unwittingly kidnaps the daughter of a brutal lord. (CC)



Arch Villain, Fargo Fink, right, played here by Dave Cursons hatches a vile plot with the Shady Jedediah Donovan, left, played by George Peters in The Heritage Players' 'Dirty Work at the Stopping Place.' - photo submitted

AFTERNOON

12:00 pm FAM ch.26 "Super Buddies" (2013, Comedy) John Ratzenberger. Premiere. Five puppies use their newfound superpowers to save Earth from a shape-shifting bully from outer space. (In Stereo) (CC)

12:30 pm WTBS ch.3 "Almost Famous" (2000, Comedy-Drama) Billy Crudup. An aspiring teenage rock journalist gets his big break when he follows an up-and-coming band on its tour.

EVENING

6:00 pm WTBS ch.3 "The Hangover" (2009, Comedy) Bradley

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8:00 pm YTV ch.18 "9" (2009, Adventure) Voices of Elijah Wood. Animated. In a post-apocalyptic world, a sentient rag-doll convinces its comrades that they must take the offensive against the machines that threaten to destroy them. (In Stereo) (CC)

DTOUR ch.45 "M*A*S*H" (1970, Comedy) Donald Sutherland. Hip Army surgeons Hawkeye and Trapper John make their own rules in the chaos of Korea. (In Stereo) (CC)

10:00 pm WTBS ch.3 "School for Scoundrels" (2006, Romance-Comedy) Billy Bob Thornton. A downtrodden meter-reader enrolls in a confidence-building class in the hope of winning the gal of his dreams, then he discovers that his professor loves the same woman.

FAM ch.26 "16 Wishes" (2010, Comedy) Debby Ryan. The wishes of a teenager magically come true on her 16th birthday. (In Stereo) (CC)

11:00 pm DTOUR ch.45 "M*A*S*H" (1970, Comedy) Donald Sutherland. Hip Army surgeons Hawkeye and Trapper John make their own rules in the chaos of Korea. (In Stereo) (CC)

SATURDAY, MAY 31, 2014

	WTBS ch.3	CHBC ch.4	KNOW ch.5	KSPS ch.6	KHQ ch.7	KREM ch.8	A&E ch.9	KXLY ch.10	BCTV ch.11	CITY ch.12	CBC ch.13	YTV ch.18	TSN ch.19	VTV ch.22	DISC ch.24	FAM ch.26	CITY ch.29	SPIKE ch.44	DTOUR ch.45
6 AM	Paid Prog.	Ancestors	Wibbly Pig	Heartland	Today (N)	CBS This Morning	Criminal Minds	Paid Prog.	Ancestors	Saturday Morning News Shane Jones (N)	Our Vancouver (N)	Sidekick Super Evil	SportsCentre	Juicebox	NeverEver	Slug Terra	Kitchen	Movie: "Billy Madison" (1995)	Live Here
6:30 AM	Paid Prog.	Fishful	Monkey	Fly Tying															Paid Prog.
7 AM	Browns	Saturday Morning News Lynn	Ella the El	MotorWeek	KHQ News Saturday (N)	Lucky Dog	Longmire	Good Morning America	Saturday Morning News Lynn		Animal	Alien	SportsCentre		Alplane Repo	Gravity	Eye/Asla		Security
7:30 AM	All. Eats		Jelly Jamm	Greener		Dr. Chris					Super Why!	Nerds				Wizards	Integration		Security
8 AM	The Office	Collier, Welsa	Upside	Trains Around North America		Reclpe	Longmire	Hanna	Colliar, Welsa		Artzooka	Chucks	SportsCentre	Canada AM Weekend	Mayday	ANT Farm	Polish Studio	Bar Rescue	Airport
8:30 AM	Paid Prog.	Wong, & Jay Janower (N)	PAW Patrol			J. Oliverr		Ocean	Wong, & Jay Janower (N)		Cross	Rabblids			Shake It	Shake It			Airport
9 AM	"Spirit: Stallion of the Cimarron"		Magie Bus	America	2014 French Open	All In	Longmire	Explore		Fishn	Absolutely Canadian	SpongeBob	2014 French Open Tennis: Third Round (N) (Live)	Marilyn Denis	Bering Sea Gold	Good Luck	Travels	Repo	Castle Secrets
9:30 AM			Maya Bee		Changers		"Tuscan Red"	Rescue		Real Fish.		Monsters		Children	Mayday	Austin	Downright	Repo	Bord. Rico
10 AM	(10:45) Movie: "Chicken Run" (2000)	Powerboat	Martha	Kitchen	Tennis: Men's and Women's Third Round	Pain Free	Longmire	Wildlife	Fishn	Powerboat	Doc Zone	Sanjay		Living		Dog	Shopping Channel	Movie: "Walking Tall" (2004)	Bord. Rico
10:30 AM		Driving TV	Martha		Third Round	Paid Prog.		Expedition	Real Fish.	Driving TV	the fifth estate	Bread		Is Written	Mayday	Liv-Mad.	Shopping Channel	The Rock	Security
11 AM		News Hour	Animals	Cook's	College Rugby	PGA Tour Golf: Memorial Tournament, Third Round (N) (Live)	Criminal Minds "P911"		News Hour	PGA Tour Golf: Memorial Tournament, Third Round (N) (Live)	Recipes	Pokémon	30 for 30	SportsCentre	Yukon Men	Movie: "Super Buddies" (2013)	Travels		Security
11:30 AM				Garden		IndyCar Racing: Chevrolet Indy Dual in Detroit, Race 1 (N)				Stefano	Power			The Social	Car Hoards	IndyCar Racing: Chevrolet Indy Dual in Detroit, Race 1 (N)	Cops	Cops	Castle Secrets
12 PM	Movie: "Almost Famous" (2000) Billy Crudup.	PGA Tour Golf: Memorial Tournament, Third Round (N)	Parks	Antiques Roadshow	Track and Field: Prefontaine Classic.					Lang & O'Leary	Yu-Gi-Oh!	B-Daman		Canada's Worst Driver	NeverEver	Phineas	Race 1 (N)	Cops	Bord. Rico
12:30 PM		Marine Machines	Dr. Wayne Dyer: I Can See							Gags	Splatatlot	MLS Soccer: Columbus Crew at Toronto FC (N)	Cash Cab	How/Made	Good Luck	CityNews Weekends	Cops	Disaster	
1 PM	Community	House "Holding On"	Canada: Over the Edge	Clearly Now: Determining one's life purpose.	Jdg Judy	Paid Prog.	Criminal Minds	Ambassadors of Hoops	House "Holding On"	Simpsons	The National (N)	Splatatlot	Splatatlot	Celebrity	How/Made	Next Step	Cops	Disaster	
1:30 PM	Community				Chica	Paid Prog.		Beer Geek	Simpsons	Simpsons	Gags	Chucks	30 for 30	Celebrity	Fool's Gold	Jessie	Out There	Cops	Security
2 PM	King	Simpsons	Great Migrations		Noodle	Access Hollywood (N)	Criminal Minds	McCarver	Simpsons	Simpsons	Gags	Chucks		Movie	Fool's Gold	Dog	Out There	Cops	Security
2:30 PM	King	Simpsons			Justin				Simpsons	Global Nat.	HNIC	Chucks		etalk	NeverEver	Shake It	Murdoch Mysteries	Cops	Security
3 PM	The Middle	Simpsons	Brazil With Palin	Easy Yoga: The Secret	News	News	Criminal Minds	News	Simpsons	News Hour (N)	NHL Hockey: New York Rangers at Montreal Canadiens (N) (Live)	Chucks	NBA Basketball: Thunder	App	NeverEver	Austin		Cops	Security
3:30 PM	The Middle	Global Nat.			NBC News	CBS News		ABC News	Global Nat.			Chucks	Assembly	CTV News (N)	Deadliest Catch	Good Luck	Movie: "Wushu Warrior" (2008) Matt Frewer.	Cops	Ghost Adventures
4 PM	Movie: "The Hangover" (2009) Ed Helms	(5:59) News Hour (N)	(6:05) Hope for Wildlife	The Big Band Years (My Music)	Jeopardy!	Paid Prog.	Criminal Minds "Hit"	The Insider	(5:59) News Hour (N)	16x9	Rangers at Montreal Canadiens (N) (Live)	Cache	Mr. Young	W5 (DVS)	Fast N' Loud	I Didn't	Next Step	Cops	Ghost Adventures
4:30 PM	Ed Helms	(6:55) BC Children's Hospital	Science of Cats	Big Band hits.	Criminal Minds	Burn Notice	Criminal Minds "Run"	Entertainment Tonight	(6:55) BC Children's Hospital	American Dream Builders	Movie	Movie: "9" (2009, Adventure)	SportsCentre (N)	Mixology	The Devils Ride (N)	Shake It	CityNews Weekends	Cops	Movie: "M*A*S*H" (1970) Donald Sutherland.
5 PM	Family Guy	Family Guy	Heartbeat "Wise Guys"	Yanni: World Without Borders	Dateline NBC	Mike	Friends	Bet on Your Baby	Miracle Weekend Telethon (N) (Live)	Engels			Shorts	The Listener	Deadliest Catch	Next Step	The Office	Tattoo	
5:30 PM	Family Guy	Family Guy											Hockey						
6 PM	Seinfeld	Seinfeld	A Touch of Frost "Stranger in the House"	Tommy Emmanuel and Friends: Live	The Blacklist	48 Hours (N)	(10:01) Criminal Minds	Sing Your Face Off (Series Premiere) (N)	(10:01) Criminal Minds	News Final	Mercer	Mr. Young	SportsCentre (N)	Motive "For You I Die"	Fast N' Loud	Movie: "16 Wishes" (2010)	The Office	Tattoo	Security
6:30 PM	Seinfeld	Seinfeld									(10:35) Saturday Night Live	Mr. Young	SportsCentre	News	NeverEver	Paid Prog.	Don Rickles	Movie: "M*A*S*H"	
7 PM	Movie: "School for Scoundrels" (2006)	News Final	Canada: Over the Edge	Austin City Limits	News	News	(11:01) Criminal Minds	Castle	News Final	News Final	M'ketplace	Boys	News	CTV News	NeverEver	Lilo Derek	Paid Prog.		
7:30 PM	Movie: "School for Scoundrels" (2006)	SNL			SNL	The Closer			SNL	SNL	George S	Boys							

News Leader Weekend - Sunday Movies

MORNING

7:00 am A&E ch.9 "We Were Soldiers" (2002, War) Mel Gibson. Premiere. A lieutenant colonel and approximately 400 U.S. troops battle 2,000 North Vietnamese in 1965. (In Stereo) (CC)

8:00 am DTOUR ch.45 "M*A*S*H" (1970, Comedy) Donald Sutherland. Hip Army surgeons Hawkeye and Trapper John make their own rules in the chaos of Korea. (In Stereo) (CC)

9:00 am WTBS ch.3 "Eight Below" (2006, Adventure) Paul Walker. Members of a scientific expedition must leave their beloved sled dogs behind in the frozen wilderness of Antarctica.

9:30 am A&E ch.9 "Hellboy" (2004, Fantasy) Ron Perlman. Premiere. The son of the devil helps a top-secret organization investigate and destroy paranormal creatures. (In Stereo) (CC)

11:30 am WTBS ch.3 "Observe and Report" (2009, Comedy) Seth Rogen. A mall security officer tries to impress his dream girl and prove his worthiness for a coveted spot at the police academy by collaring a flasher.

AFTERNOON

12:00 pm A&E ch.9 "GoodFellas" (1990, Crime Drama) Robert De Niro. In the 1950s an Irish-Italian hoodlum joins the New York Mafia, but his mob career is not what he expected. (In Stereo) (CC)

VTV ch.22 "The Sorcerer's Apprentice" (2010, Fantasy) Nicolas Cage. A wizard trains a reluctant

protege in the art of magic to help him protect Manhattan from a powerful adversary. (In Stereo) (CC)

FAM ch.26 "Rebound" (2005, Comedy) Martin Lawrence. Suspended after a public outburst, a college basketball coach accepts a short-term job with a team of middle schoolers. (In Stereo) (CC)

1:15 pm WTBS ch.3 "Paul Blart: Mall Cop" (2009, Comedy) Kevin James. When crooks shut down a suburban New Jersey shopping mall, a security officer must find his inner policeman to save the day.

YTV ch.18 "Home Alone 2: Lost in New York" (1992, Comedy) Macaulay Culkin. Once again left behind by his family, the boy hero lands in Manhattan and battles two burglars he faced before. (In Stereo) (CC)

3:45 pm YTV ch.18 "Home Alone 3" (1997, Comedy) Alex D. Linz. A clever boy stymies spies seeking a toy car with a top-secret computer chip hidden inside. (In Stereo) (CC)

EVENING

6:00 pm WTBS ch.3 "The Sum of All Fears" (2002, Suspense) Ben Affleck. Jack Ryan and the CIA director try to stop terrorists who are planning a nuclear attack.

YTV ch.18 "The Three Stooges" (2012, Comedy) Sean Hayes. Premiere. Knuckleheads Larry, Curly and Moe become embroiled in a murder plot and stumble into

starring roles in a TV reality show while trying to save their childhood home. (In Stereo) (CC)

8:00 pm KSPS ch.6 "Happy" (2011, Documentary) Narrated by Marci Shimoff. Filmmaker Roko Belic travels to more than a dozen countries, searching for the meaning of happiness. (In Stereo) (CC)

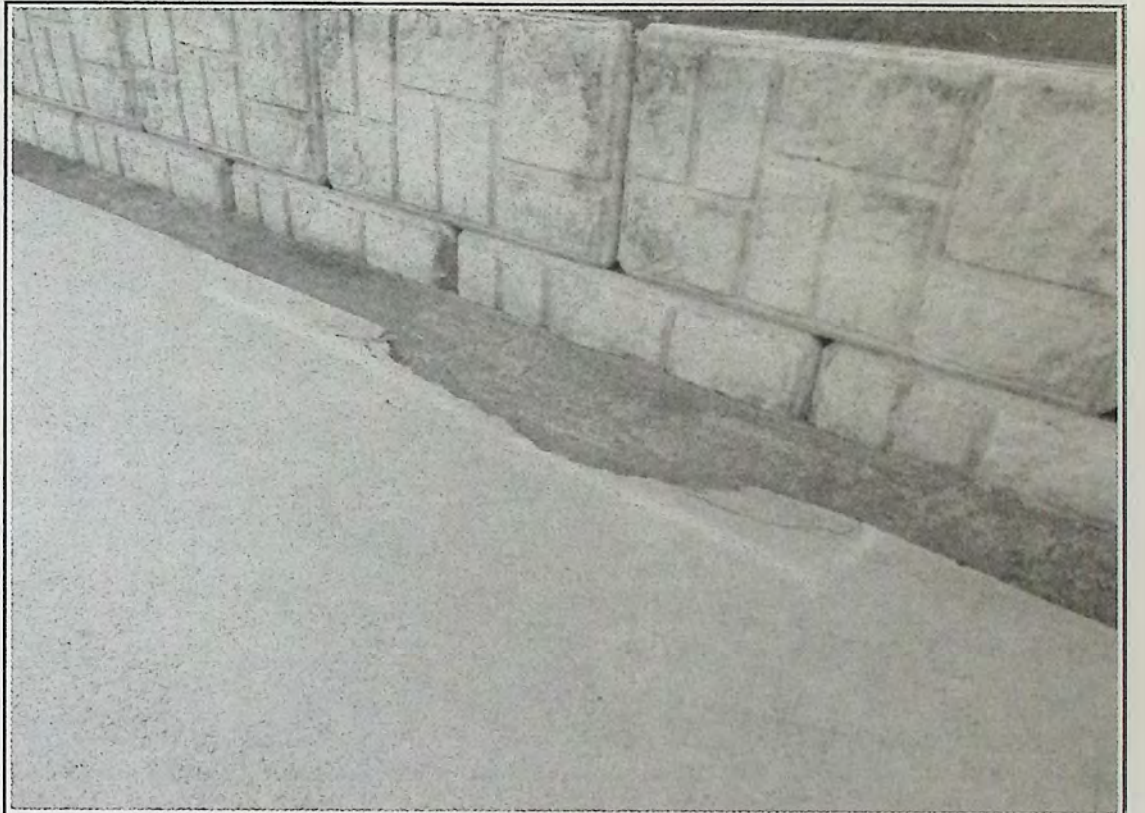
10:00 pm FAM ch.26 "Life Is Ruff"

(2005, Comedy) Kyle Massey. A teenage slacker adopts a stray as part of a plan to win a large cash prize at an upcoming dog show. (In Stereo) (CC)

10:30 pm WTBS ch.3 "Biker Boyz" (2003, Action) Laurence Fishburne. A young prodigy threatens the undefeated champion of an underground club of motorcycle racers.

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A close up of markings on the Similkameen River dike project noting where patch work will be required. Photo: Brenda Engel

SUNDAY, JUNE 1, 2014

	WTBS ch.3	CHBC ch.4	KNOW ch.5	KSPS ch.6	KHQ ch.7	KREM ch.8	A&E ch.9	KXLY ch.10	BCTV ch.11	CITY ch.12	CBC ch.13	YTV ch.18	TSN ch.19	VTV ch.22	DISC ch.24	FAM ch.26	CITY ch.29	SPIKE ch.44	DTOUR ch.45	
6 AM	On Spot	Miracle Telethon	Wibbly Pig	Mr. Rogers	Today (N)	Paid Prog.	Criminal Minds	Paid Prog.	Miracle Telethon	Sunday Morning News (N)	Super Why!	Slidekick	SportsCentre	Canada AM Weekend	Don't Drive Here	Slug Terra	R Schuller	Off Road	Fishful	
6:30 AM	Coolcat		Monkey	WordWorld		Paid Prog.		Paid Prog.			Poko	Super Evil				Wingin' It	ChurchRock	Engine	Paid Prog.	
7 AM	P. Affairs	Sunday Morning News (N)	Ella the El	Barney	KHQ News	CBS News	Movie: "We Were Soldiers" (2002) Mel Gibson.	Good Morning America	Sunday Morning News (N)		News	Squirrel	Reporters	Cash Cab	Hidden Kingdoms	Gravity	Eye/Asia	TruckTech	Deck Wars	
7:30 AM	All. Eats		Jolly Jamm	Space	Invest	Sunday Morning (N)		This Week			Artzooka	Pet Shop	SportsCentre	The Social		Wizards	Dharti	Muscle		
8 AM	The Office		Upside	Curious	Meet the Press (N)	The Nation					Coronation	Pet Shop		Question Period (N)	Hidden Kingdoms	ANT Farm	Pakistan	Bar Rescue	Movie: "M*A*S*H" (1970) Donald Sutherland.	
8:30 AM	Paid Prog.		PAW Patrol	Cat in the				Hollywood			Coronation	Assembly	Sports			Shake It	Festival Italiano di Johnny Lombardi	Bar Rescue		
9 AM	Movie: "Eight Below" (2006, Adventure)		Dino Dan	Biz Kid\$	Youthful	Paid Prog.					Coronation	Sam & Cat	Score Golf	World Vi-sion	Hidden Kingdoms	Good Luck		Bar Rescue		
9:30 AM	Paul Walker.		Arthur	The Impact	Paid Prog.	Paid Prog.	Movie: "Hellboy" (2004) Ron Perlman.	Hometime			Context	Coronation	Hathaways	NASCAR Racing: Sprint Cup Series: FedEx 400	Overhaul'n	Dog		Bar Rescue		
10 AM	Block	BC Children's Hospital	Wild Kratts	Inside Olympia	2014 French Open	Whacked		Paid Prog.	Block	J. Osteen	Coronation	Assembly		Worst Handyman		Jessie		Bar Rescue	Moves	
10:30 AM		Miracle Weekend Telethon (N) (Live)	Little	Moyers	Tennis: Men's and Women's Fourth Round.	Paid Prog.		Paid Prog.	BC Children's Hospital	Paid Prog.	M'ketplace	Mr. Young		Kevin New-man Live	NeverEver	Liv-Mad.	Shopping Channel	Bar Rescue	Mysteries-Museum	
11 AM	Movie: "Observe and Report" (2009)		Marco Polo	Europe Jrm	PGA Tour Golf: Memorial Tournament, Final Round.	Cash Cab		World of X Games (N)	Miracle Weekend Telethon (N) (Live)	Canadian	Our Van-couver	Boys		NeverEver	I Didn't			Bar Rescue		
11:30 AM			Dogs/JoBs	To Be An-nounced	College Rugby: Collegiate Sevens Championship.	PGA Tour Golf: Memorial Tournament, Final Round. (N) (Live)	Movie: "GoodFellas" (1990) Robert De Niro, Ray Liotta.	IndyCar Racing: Chevrolet Indy Dual in Detroit, Race 2. (N)		PGA Tour Golf: Memorial Tournament, Final Round. (N) (Live)	Land/ Sea	Cache		Movie: "The Sorcerer's Apprentice" (2009)	Deadliest Catch	Movie: "Rebound" (2005)	Travels	Hungry In-vestors	Mysteries-Museum	
12 PM	(1:15) Movie: "Paul Blart: Mall Cop" (2009)		Can. Rivers								Q With Jan Ghomesli	(1:15) Movie: "Home Alone 3" (1997) Alex D. Linz.	Boxing	Fast N' Loud	Wander		Hungry In-vestors	Mysteries-Museum		
1 PM			Can. Rivers								The Nature of Things			Cash Cab	Dude, You're Screwed	A.N.T. Farm		Bar Rescue	Mysteries-Museum	
2 PM	Big Bang		Hope for Wildlife	Joel	Wheel	Paid Prog.	Duck D.	Remington Steele		TV-Torrens	To Be An-nounced			First Story	Cash Cab		CityNews	Bar Rescue	Disaster	
3 PM	Big Bang		Shooting the War	Brain-Change-Permitter	LazyTown	Backroads	Duck D.	Beer Geek		Simpsons	Mosque			Steele	Cash Cab	Next Step	CityNews	Bar Rescue	Disaster	
4 PM	Big Bang		Monty Don's French	50s & 60s Party Songs (My Music)	News	News	Duck D.	News		Global Nat.	Mr. D			How/Made	How/Made	Dog	Funnest Home Videos	Bar Rescue	Deck Wars	
5 PM	Mod Fam		What's That About?	Lent at Ephesus	America's Got Talent "Audition"	60 Minutes (N)	Duck D.	Funnest Home Videos		(4:59) News Hour (N)	NHL Hockey: Los Angeles Kings at Chicago Blackhawks. (N) (Live)	Movie: "The Three Stooges" (2012)		W5 (DVS)	Monster Squid: The Giant Is	Shake It	How I Met	Bar Rescue	Pawnathon Canada	
6 PM	Movie: "The Sum of All Fears" (2002) Ben Affleck.		Great Mi-grations	Believe "Revelation" (N)	The Good Wife	Duck D.	Duck D.	Estate		The Good Wife (N)	Kings at Chicago Blackhawks. (N) (Live)			CTV News (N) (Live)	Real (N)	Good Luck	Community	Hungry Investors (N)	Pawnathon Canada	
7 PM			Monarch of the Glen	Movie: "Happy" (2011)	Elementary	Duck D.	The Bachelor Home Videos			Amer. Dad	Amer. Dad			Big Bang	Myth-Busters	I Didn't	Crisis "Pilot" (N)	Bar Rescue	Back. Gold	
8 PM	The Closer		Waking the Dead	Scott & Bailey	Crisis "Found" (N)	The Mentalist	Duck D.	Agents of S.H.I.E.L.D.		Simpsons	Simpsons	Movie: "Super Evil"		Cleveland	Myth-Busters	ANT Farm	Shake It	CityNews Weekends	Bar Rescue	Pawnathon Canada
9 PM			To Be An-nounced	Believe "Revelation" (N)	The Good Wife	Duck D.				Cosmos-Space	Cosmos-Space	Cache		Believe "Revelation" (N)	Monster Squid: The Giant Is	Next Step	Shahs of Sunset (N)	Hungry In-vestors	Pawnathon Canada	
10 PM	Movie: "Biker Boyz" (2003)		Waking the Dead	Scott & Bailey	Crisis "Found" (N)	The Mentalist	Duck D.	Agents of S.H.I.E.L.D.		News Final	Gags	Mr. Young		Motoring	Real (N)	Movie: "Life Is Ruff" (2005)	The Office	Bar Rescue	Back. Gold	
10:30 PM			Science of Cats	Conducting Hope	News	News	Duck D.	KXLY 4		The Good Wife	Block	Boys		The Mentalist	Myth-Busters	Life Derek	The Office	Bar Rescue	Back. Gold	
11 PM										Paid Prog.	Van Impe	Block		CTV News			Paid Prog.	Bar Rescue	Mysteries-Museum	



You can tell a lot about a man by his tools. These tools adorn the interior of the Grist Mill near Keremeos. And no doubt they have been well-used of late. The Grist Mill is getting a lot of TLC at the hands of Cuyler Page. The results will have to be seen in-person. Visit www.oldgristmill.ca for details and scheduling. Photo: Ariene Arlow

Monday Movies

EVENING

11:00 pm WTBS ch.3 "Take the Lead" (2006, Musical) Antonio Banderas. Renowned ballroom

dancer Pierre Dulaine takes a job at a New York City public school and helps his students meld hip-hop and classical styles to create a dance form.

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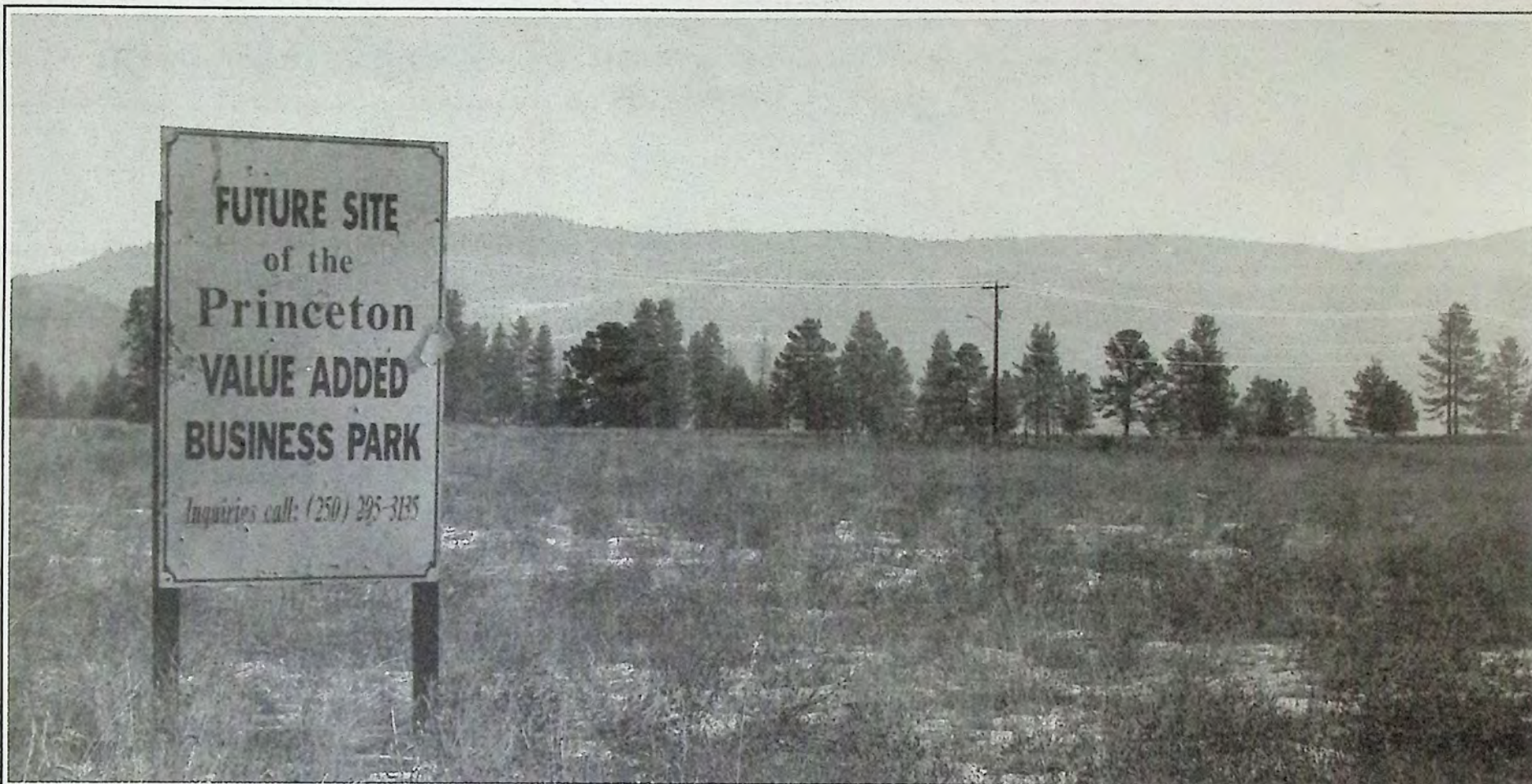
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Explore The History Of Mining - Gold, Copper and Coal

MONDAY, JUNE 2, 2014

	WTBS ch.3	CHBC ch.4	KNOW ch.5	KSPS ch.6	KHQ ch.7	KREM ch.8	A&E ch.9	KXLY ch.10	BCTV ch.11	CITV ch.12	CBC ch.13	YTV ch.18	TSN ch.19	VTV ch.22	DISC ch.24	FAM ch.26	CITY ch.29	SPIKE ch.44	DTOUR ch.45
6 AM	In the Heat of the Night	Morning News (N)	Wibbly Pig	Clifford	KHQ News 6AM (N)	KREM 2 Morning News	Criminal Minds	Morning Northwest	Morning News (N)	(5:00) Morning News (N)	CBC News Now (N)	Kid vs. Kat	SportsCentre	CTV Morning Live (N)	Shred!	Stella-Sam	CityLine (N)	Bar Rescue	Canadian Pickers
7 AM	Law & Order: SVU		G. Shrinks	Wild Kratts	Today (N)	CBSThis Morning (N)	Criminal Minds	Good Morning America (N)			Tiger	Super Evil	2014 French Open Tennis: Round of 16. From Roland Garros Stadium in Paris. (N) (Live)	Loaded	Cash Cab	Shake It	Let's Make a Deal (N)	Bar Rescue	Disaster
8 AM	Law & Order: SVU		Wild Kratts	Wild Kratts			Longmire			Morning	Arthur	Sidekick		How/Made	Austin	The Price Is Right (N)	Bar Rescue	Disaster	
9 AM	Millionaire	Morning	PAW Patrol	Curious						Huntley St.	Bo On/Go	Pokémon		Canada's Worst Driver	Jessie	The Price Is Right (N)	Bar Rescue	3rd Rock	
10 AM	Divorce	The Doctors	Doozers	Cat In the Hat							Busytown	Storm		Livest Kelly and Michael	Nerve Center	Little	Jdg Judy	Hungry Investors	3rd Rock
11 AM	Judge Alex	Bomb Girls	The 700 Club								Super Why!	Monster		The View	Auction	Never Land	The Chew	Hungry Investors	Security
12 PM	King	Noon News Hour (N)	The Price Is Right (N)	Longmire "Tuscan Red"							Napkin	Spliced		Auction	Sofia				Security
1 PM	Community	Days of our Lives (N)	The View	The Doctors	Bomb Girls	Noon News Hour (N)	Our Vancouver	Kid vs. Kat	Motoring	Marilyn Denis	Overhaulin'	ANT Farm	General Hospital (N)	Cops	Bord. Rico				
2 PM	Seinfeld	The Talk	PAW Patrol	Charlie Rose	Paid Prog.	News	Longmire	The Chew	Noon News Hour (N)	Days of our Lives (N)	CBC News Now (N)	Chucks	SportsNation (N)	CTV News (N)	River Monsters	Wingin' It	Katie	Cops	Museum Secrets
3 PM	The Middle	Queen Latifah	Dinosaurs								Rated A	Hockey	The Social	River Monsters	Wizards	CityLine	Cops	3rd Rock	
4 PM	Big Bang	Young & Restless	Dragon	Fit 2 Stitch	The Talk	General Hospital (N)	Days of our Lives (N)	The Talk	Republic of Doyle	Steven and Chris	Kid vs. Kat	Off Record	Dr. Phil	How/Made	Good Luck	CityNews at 5 (N)	Cops	Friends	
5 PM	Browns	News (N)	PAW Patrol	Paint This	Days of our Lives (N)	The Talk	Longmire	Queen Latifah	The Talk	Queen Latifah	Super Evil	Interruption	How/Made	Good Luck	Shake It	CityNews at 6 (N)	Cops	Disaster	
6 PM	Browns	Global Nat.	Clifford	Sit & Be Fit	Jdg Judy	Young & Restless	Paid Prog.	Bomb Girls	Noon News Hour (N)	Our Vancouver	Squirrel	Motorcycle	Overhaulin'	ANT Farm	Jessie	General Hospital (N)	Cops	Bord. Rico	
7 PM	Mod Fam	Ent	Clifford	Sit & Be Fit	Jdg Judy	Young & Restless	Paid Prog.	Bomb Girls	Noon News Hour (N)	Our Vancouver	Squirrel	Motorcycle	Overhaulin'	ANT Farm	Jessie	General Hospital (N)	Cops	Bord. Rico	
8 PM	Family Guy	Psych	Clifford	Sit & Be Fit	Jdg Judy	Young & Restless	Paid Prog.	Bomb Girls	Noon News Hour (N)	Our Vancouver	Squirrel	Motorcycle	Overhaulin'	ANT Farm	Jessie	General Hospital (N)	Cops	Bord. Rico	
9 PM	Amer. Dad	24: Live Another Day	Clifford	Sit & Be Fit	Jdg Judy	Young & Restless	Paid Prog.	Bomb Girls	Noon News Hour (N)	Our Vancouver	Squirrel	Motorcycle	Overhaulin'	ANT Farm	Jessie	General Hospital (N)	Cops	Bord. Rico	
10 PM	Jeffersons	Rookie Blue	Clifford	Sit & Be Fit	Jdg Judy	Young & Restless	Paid Prog.	Bomb Girls	Noon News Hour (N)	Our Vancouver	Squirrel	Motorcycle	Overhaulin'	ANT Farm	Jessie	General Hospital (N)	Cops	Bord. Rico	
11 PM	** "Take the Lead"	CHBC News Final (N)	Clifford	Sit & Be Fit	Jdg Judy	Young & Restless	Paid Prog.	Bomb Girls	Noon News Hour (N)	Our Vancouver	Squirrel	Motorcycle	Overhaulin'	ANT Farm	Jessie	General Hospital (N)	Cops	Bord. Rico	



Work continues to target a program at promoting the industrial/business park as a means to enhance local population through job creation. *

Saving Downtown Princeton...

...An Ongoing Series by George Elliott

I attended a meeting last week of the downtown business owners/operators. It was poorly attended. I was one of five people there. A sixth local business owner did stop in, but did not stay.

There are a number of reasons for the apparent lack of interest at this point of the process although there was many more involved in the beginning. I would like to think that most of us are so busy with an increase in traffic that none of us have the time to sit in meetings discussing plans on how to save downtown Princeton. While part of this is true, there is another part of the equation.

The handful of sub-committees that were formed as part of this master group have gone off and starting meeting on their own with individual goals in place.

For example, one of the sub-committees I'm on, which is working on the beautification of the west entrance to town along Highway 3

near Vermilion Avenue, has been constantly working on setting priorities and trying to get things going on a couple of goals. We spend a bit of time communicating back and forth via e-mail, at least twice a week and I think we will soon see some action on at least one of our projects.

The other sub-committee I sit on has to do with the industrial/business park. Make no mistake that is a big project with a lot of stakeholders wanting input. There should be some progress to report from this group before too long but what is the entire business owners/operators group up to now?

I can tell you that a working relationship has been formed with the Chamber of Commerce and the Chamber President, Brenda Crawford, made it clear at last week's business group meeting that the partnership will bring strength to the Chamber.

One could easily argue that the

whole business of advocating for local business falls under the list of duties of the Chamber of Commerce, but until now they have not had the manpower to concentrate on this.

Expect the business owners/operators group to become a committee of the Chamber of Commerce, which is the logical next step.

Once this happens there will be an active group of businesses involved in matters concerning them and their future and as they will be working as part of the Chamber of Commerce, they will enhance each other's work.

Since this is an election year I'm still concerned about the lifespan of the business group. Town Council started the dialogue and has had some physical presence throughout most of the process. I'm concerned that once the merge of the tribes takes place the active role of Town Council will be reduced to the point where they risk being voted off the island.

I suggested at last week's meeting

that I feel the business owners/operators group, whether as an entity of its own or part of the Chamber of Commerce, needs to be a regular delegation at Town Council meetings. This is where the accountability part of all this work kicks into gear as far as I'm concerned. The regular public exposure of the business group at council meetings will serve a number of purposes including keeping all parties up to speed on progress being made on various initiatives and keeps the channel of information sharing and cooperation open and functioning.

It also gives an ongoing track record of visitations where requests made of Town Council can be tracked and recorded. I also would like to toss in my own selfish reason why I think there has to be regular meetings with Town Council starting as soon as possible: because there is always the chance that after the November election there could be a whole new set of

faces in Council Chambers and I'd hate to see the work done in the past few months have to be reviewed at length to bring the newbies up to speed.

What does all of this have to do with saving downtown Princeton?

This time last year the Chamber of Commerce really didn't have a committee that focused on local business that was represented by local business. With a committee coming into the fold it gives the Chamber a stronger presence in the community and gives both the Chamber and downtown businesses the extra support they need to effectively push for changes by Town Hall to make Princeton more business friendly.

A business friendly municipal government working together with the Chamber and local business will be attractive to some business owners either looking to move to the area or for local start-ups, which benefits all of us.

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The Town of Princeton has an opportunity for a student labourer in the Public Works Department.

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Reporting to the Public Works Foreman, this person will be responsible for maintaining a high standard of quality and will perform a number of functions within the public works department. General maintenance duties will include manual tasks involving physical effort.

Grade 12 and a valid Class 5 BC driver's license with a safe driving record are required. A driver's abstract may be requested. You must be physically fit and capable of using power equipment. Good public relations and interpersonal skills are essential. Excellent communication and team skills are a must. A valid first aid certificate is an asset.

This is a seasonal temporary position intended for students who will be attending a post secondary education program in September. The ideal candidate may be considering a career in civil engineering or landscape horticulture or other related fields. This position is within the jurisdiction of the Town of Princeton and CUPE Local 608 Collective Agreement. The rate of pay is \$15.00 per hour.

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151 Vermillion Avenue
Princeton, BC V0X 1W0
Or email to jobs@princeton.ca

The Town of Princeton thanks all applicants for their interest and advises that only those to be interviewed will be contacted.

1-bedroom apartment in Princeton. Available NOW. Level access in a quiet building. Excellent references and damage deposit required. No pets, can furnish if needed. Rents start at \$540.00/month. Call 250-295-1006 for detail or leave message with the best time to call back. May 27

40 acres of pasture. Lots of grass and water. Call 250-295-7861 for more information. May 27-Jun 10

3-bedroom, 2-bath home close to downtown. New appliances, energy efficient furnace and hot water. Very clean and comfortable. No pets! Must have excellent references. Asking \$1,000.00/month plus utilities and damage deposit. Call 250-295-6408. May 20-Jun 03

Bachelor suite in downtown Princeton. Asking \$400.00/month plus utilities. Excellent references required. Prefer non-smoker and no pets, must be quiet and clean. Available July 1st. Call 604-484-2783 and leave a message with best time to call back. May 27-Jun 10

For Sale

Earthlite massage table. Asking \$100.00. Call 250-295-1416. May 27-Jun 10

ADVERTISING WORKS
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Similkameen News Leader
250.295.4149

Notices

Attention: Kollin Parks, represented by Angie Millar. Please remove your property from Apt. #201-117 Vermillion Avenue, Princeton, BC by June 5, 2014 midnight. After this date all the property will be moved at owner's expense. May 27

Services

RESUME SERVICE. New or updating existing resume. Also providing fax and e-mail service. Call Brenda or stop into the News Leader office for details. 250.295.4149. Jul 31-14

Advertising.

Similkameen
News Leader

We have an immediate opening for an Advertising Sales Representative. This position is part-time and will be commission-based. It would be perfect for someone looking for some extra cash on top of another part-time or casual job. We will provide you with the tools you'll need to get you started. If you think you have the right stuff to join our team, drop off your resume at our office:

226A Bridge Street, Princeton
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For Sale

2002 Buick LeSabre Custom. All power start \$4,500.00 OBO. Like new Hot Tub, 7 x 7 x 36, 6-7 person. Includes chemicals, top, auto top lifter, wiring and stairs. Must sell. \$4,500.00 OBO. Call 250-295-6444. May 27-Jun 10

Garage Sale

GARAGE & MOVING SALE
9:00 AM - 1:00 PM
Saturday, May 31 & Sunday, June 1
390 Burton Avenue
Furniture, tools, electric boat loader, new snowblower, air conditioner and miscellaneous items.

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www.thenewsleader.net

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Drop off, mail or e-mail your resume to:
princetonmuseum@gmail.com
Princeton Museum, P. O. Box 281, Princeton, BC, V0X 1W0
Phone: 250-295-7588

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**MONDAY NIGHT BINGO
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162 Angela Avenue
4:30 PM Sales Start
5:30 PM 1st 47 Bonanza #'s
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Exercise Class 10:15 - 11:30 AM
Painting Class 9:00 AM - 12 Noon
Cards, Pool, etc. ALL DAY
Games Night 7:00 PM
Potluck 5:30 PM last Friday of month

**OPEN 9:00 AM - 4:00 PM
LUNCH 11:30 AM - 1 PM**

Narcotics Anonymous

OPEN MEETINGS

7:30 PM
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Info: (250) 295-7919 OR 295-6531, 295-6723

Notices

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Natural character chart - \$25.
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Drinking a problem?

Alcoholics Anonymous
Meets 7:30 PM Thursdays
Princeton Baptist Church
160 Old Hedley Road
Fred 295-7272/Marena 295-7663

**Granite Creek
Preservation Society**

MEETS THE
THIRD THURSDAY
OF THE MONTH

1:00 PM Princeton
Museum

Everyone Welcome!

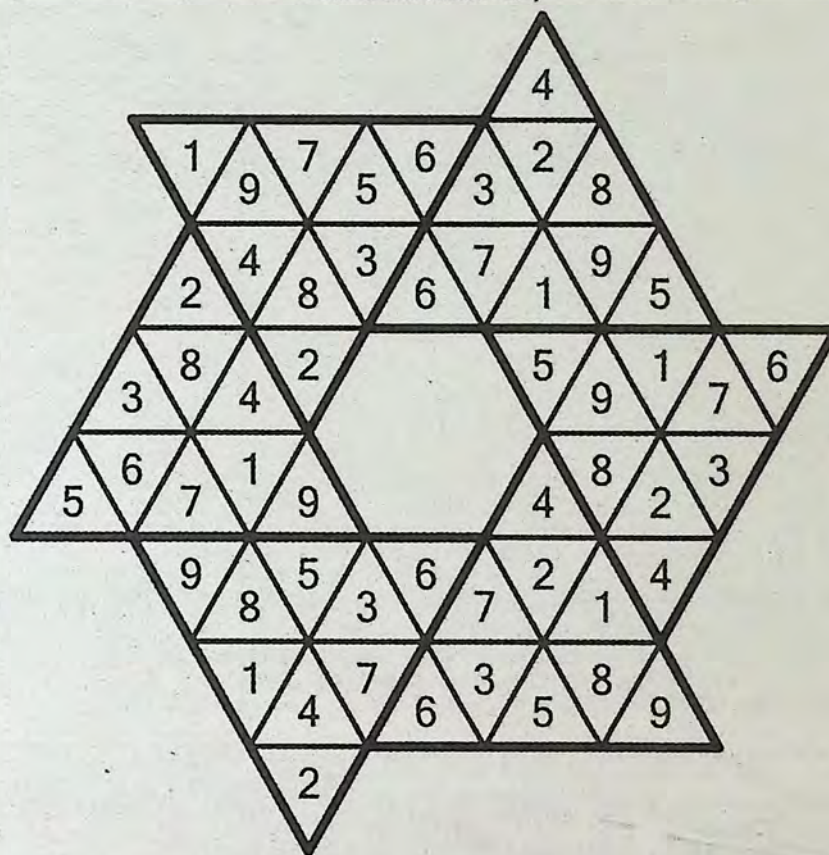
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If you live in the Similkameen Valley you can have the Similkameen News Leader mailed to you every week - and it's still cheaper than buying it each week at our office or at your favourite local newsstand. For a few bucks more we'll even send you the Similkameen News Leader anywhere in Canada. Including the prairie provinces and Quebec!

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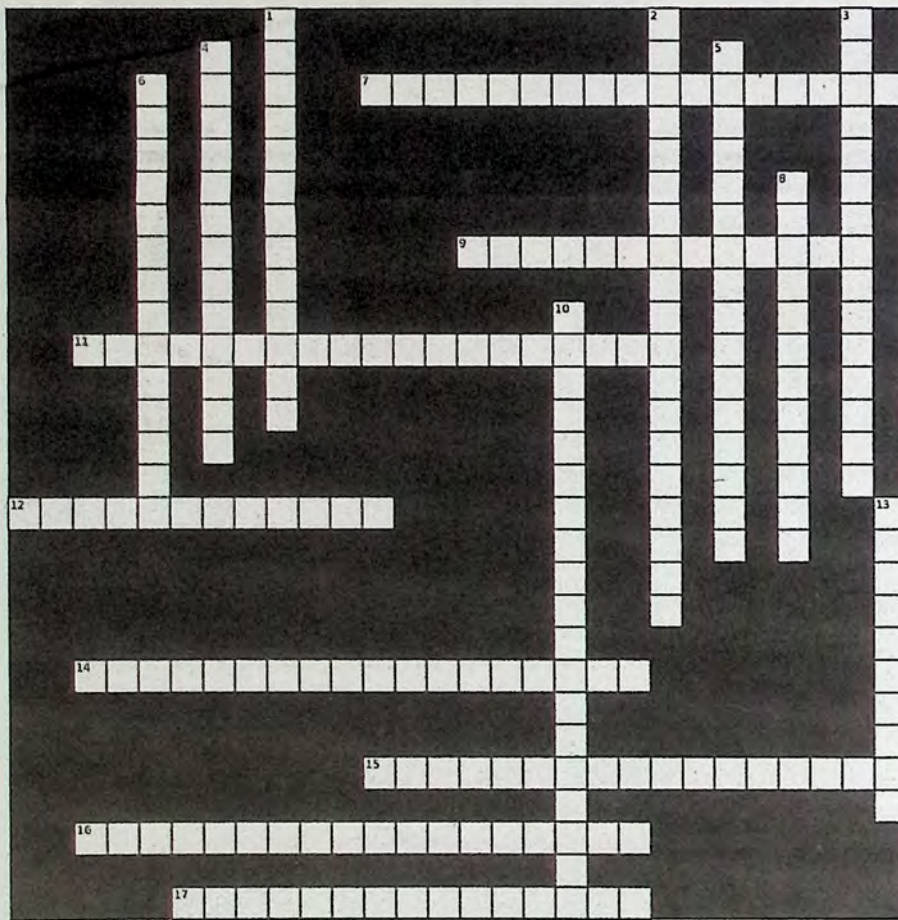
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Crews were just getting set up along Old Hedley Road when we checked on the project early last week. Expect minor delays for a couple of weeks. Photo: Brenda Engel

Similkameen
News Leader Puzzler

Use the May 20 News Leader to find Answers Below...



- Across
- 7 What was posted at properties at Kennedy Lake?
 - 9 Her Letter to The Editor appears in the May 20th issue.
 - 11 We all know him as simply Dr. Eva.
 - 12 She's a breakaway roper from Quesnel.
 - 14 Identify Princeton's federal riding.
 - 15 Headline: "_____ wants your recipes."
 - 16 The 'SS' in OSSS.
 - 17 One of the main streets downtown.

- Down
- 1 Better known as Recipe #613.
 - 2 Identify the company that owns this newspaper.
 - 3 Dawn Johnson wrote this three-part series.
 - 4 This flows into the Similkameen River.
 - 5 Identify the big event in Tonasket, Washington May 30 and 31.
 - 6 Identify who represents Princeton in Ottawa.
 - 8 Identify the Mayor of Tonasket, Washington
 - 10 The 'OS' in OSSS.
 - 13 This flows into the Tulameen River.

Flip of the Coyne

Spencer Coyne

..... continued from Page 3
natural resources that will reduce our risk of being cut off or facing shortfalls because of political instability or war. Like it or not, Canada and the United States are tied at the hip when it comes to geopolitics. Yes we differ, but overall what one does the other is sure to follow, mainly what they do, we follow. This means we are at risk if the US is at risk, so why not reduce that risk by eliminating it by using domestic

or friendly supplies of those resources.

Since 9/11 the world is not the same as it once was, and like it or not, the Russia/Ukraine situation is pushing the world into a cold war stance. This cold war will be an economic war and those who control the raw materials will be the ones who come out on top. The scary part is we exported our manufacturing capabilities to those who we are quickly turning into our opposition.

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Come and make your choice now.
Lots selling from \$25.00 to \$100.00

Fire Life and Accident Insurance

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Real Estate

Princeton

With real estate starting to sell again in the Princeton area we had to share this ad from the May 29, 1914 issue of the Similkameen Star promoting lots at Ashnola for as little as \$25. We found this at Princeton Museum. *

...Your Turn

Letters And E-Mails Received This Week

..... continued from Page 4
now increasingly obvious that the Federal Government is trying its best to get out of Health Care as it is a proverbial "hot potato".

So how are the Provinces doing? Well all of them are suffering financially with the price of Health care raising exponentially. Health care spending has increased every year from 1975 (\$39.7 billion) to 2009 (\$137.3 billion) with expected numbers close to \$200 billion next year!

- 1) *Manitoba has been praised for exemplary work in regulating long-term care delivery*
- 2) *Ontario has tried hard to bring the price of medications down - partially successful.*
- 3) *BC is working on Home Care solutions*
- 4) *and to be fair, all Provinces are trying hard to curtail costs, but in reality that's it!*

Canadians aren't suffering from health care underfunding; they're suffering from health care underper-

formance.

And it gets worse. Changing demographics mean Canada's health care system will have a funding gap of \$537 billion (<http://www.fraserinstitute.org/research-news/news/display.aspx?id=19060>) next year (OECD statistics).

While health care is costly and underperforming today, in the absence of reform the future will either hold large increases in taxes, further reductions in the availability of medical services, further erosion of non-health care government services, or all of the above.

But the worst part is that things don't have to be this way. While Canadians are getting a raw deal for their health care dollars, patients in Belgium, France, Germany, Japan, Luxembourg, the Netherlands, and Switzerland receive universal access to health care without lengthy queues (<http://www.oecd.org/health/waitingtimepolicies.htm>

). Patients in Australia, Japan, Sweden, Switzerland, and France enjoy better outcomes (<http://www.fraserinstitute.org/research-news/display.aspx?id=13104>) from the health care process than Canadians from their universal access health care systems. And vitally, payers in these countries all face a smaller bill (<http://www.fraserinstitute.org/research-news/news/display.aspx?id=19553>) for health care than Canadians.

That combination of superior performance for less cost comes from more pragmatic approaches to health care policy. Each of these nations universal access health care systems -- every one of them -- has a larger role for the private sector in financing and delivery than Canada with cost sharing, private competition in the delivery of health care services, and private parallel health care and health care insurance.

..... continued on Page 23

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Closer examination of the license plate on this bike reveals a blue band on the left side with a circle of stars and the letter "D". The blue band and stars indicates the European Union. The "D" indicates this bike is from Germany. The lack of attention exhibited by this motorcycle driver May 9th along Highway 3A could jeopardize his safety: motorcyclists are supposed to take the "dominant lane position" to be visible to other traffic. He should be at the left side of his lane when travelling in the right-hand lane. In contrast, the dominant position for the left lane is the right side of the lane. Statistics prove that taking a dominant position results in fewer accidents (no, they don't drive on the left side of the road in Germany). Photo: Arlene Arlow

Year In Review

Princeton & District Chamber of Commerce

..... continued from Page 2
Reserve on both the Similkameen and Tulameen Rivers that runs right through the Town of Princeton. There are three sections, owned by the Chamber, the Town and Service BC. Prospectors keep trying to take away parts of this Reserve by staking claims and every time we have to prove ownership. We have consulted with the Minister of Mines and the Mining Inspectors and they are fixing the on-line registration so people cannot claim over our Reserve. As this is such a big reserve it is vital that we keep it for our Tourism.

We have been working on getting a Municipal and Regional District Hotel Tax in Princeton. This 2% tax would go towards Tourism in

Princeton. We need agreement from 60% of the Motels that have 60% of the Rooms - at this moment we only have 60% of the Motels - not the rooms.

OUR PLANS

- To get the word out that we work as a Business Advocate. Any issues you may have with the Town or another business can be brought to us and we will privately and confidentially take the issue to the relevant party.

- To work on a shoulder season event to keep people in Town and to promote local shopping - if you have any suggestions or ideas contact our Manager.

- We are open to workshops, member surveys, secret shopper programs, and whatever else we come up with

to support your business. Any ideas you may have.

WHAT WE ARE DOING

Director Coyne has built a Chamber of Commerce website to help promote your businesses. He is now working on adding a Tourism Info site to it. Check out the site at princetonchamber.ca.

Spencer has also spearheaded a Shop Local Programme -Think Local. We started with Shop Local February, we added shop local and eat local Valentine's, and now we are at Think Local Saturday. We are getting good comments and people seem to be talking and spending more locally. We do not want the campaign to stale and will be adding more to our Local campaign in the next month or so.

...Your Turn

Letters and E-Mails Received This Past Week

..... continued from Page 22
Contrary to claims made by Canadian fear-mongers (please attend the conference arranged here in Princeton next month if you want to hear them), none of these nations has abandoned universality or suffered poorer health system performance and higher cost as a result. Rather, these nations all manage to deliver on the noble goal of universal access to high quality care in a time frame that provides comfort and peace of mind. That's something Canada's provinces, with their government-dominated monopolistic approach, fail to accomplish.

So Mr Staples, the bottom line is that we have a situation here where

the Federal Government is abrogating more and more of its health care responsibilities over to the Provinces. The Provinces are not coping with keeping ahead of the game - just look around you if you think that is an unjustified comment (35 small towns in BC looking for doctors, 11 ER's in dire need of urgent help, long wait lists to see the doctor, hip replacement surgery wait time 8 months, doctors not taking more patients especially in the cities where patients have to attend walk-in-clinics so as to get any sort of medical attention etc. etc.) It's obvious to all that we cannot carry on the way that we are. The Federal Government sure isn't,

and I am not so sure that the Provinces are going to cope (well certainly not the have-not Provinces!). So what alternatives do we have?

Well I think that we have to wait and see what happens to the Dr Day case, and then we will talk again.

The immortal words of John Donne ring more and more significantly each year - "send not to know for whom the bell tolls, it tolls for thee"!

(Stats and quotes from OECD Health Statistics, the Fraser Institute, the Globe & Mail, the Financial Mail and from the Rural Locum Program)
Dr David Smith, Princeton



PrincetonBCNews



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**New Town Hall
Grand Opening
151 Vermilion Ave.**

Mayor and Council cordially invite the community to our Open House/Grand Opening of the New Town Hall on June 11th, 2014 from 10:00 am to 3:00 pm. Formal celebrations will take place between 11:00am and noon.

We look forward to seeing you at our Grand Opening Celebrations.



***Do you care
about Medicare?***

PUBLIC FORUM

Wednesday, June 4, 7:00 pm
Riverside Community Centre

Dr. Brian Day, owner of Vancouver's for-profit Cambie Surgery Centre and leading proponent of privatized health care, has launched a constitutional challenge to break Medicare via the courts and establish a US-style system in Canada. Plan to attend the Public Forum to learn why parties in this case, including the BC government, are calling this the most significant constitutional challenge in Canadian history.

Panelists:

Dr. Duncan Etches - Canadian Doctors for Medicare

Mr. Rick Turner - Co-Chair, BC Health Coalition

Mr. Ed Staples - President, Support Our Health Care

Moderator:

Mr. Brad Hope - Area H Regional Director